

THURSDAY, SEPTEMBER 11, 2025

## Lecture prog

STAFF REPORTER

GUWAHATI, Sept 10: The Department of Philosophy, Dispur College, organized an ICPR-sponsored lecture programme in commemoration of the International Day of Yoga here on Wednesday.

The programme commenced with a welcome address by Dr Navajyoti Borah, Principal, Dispur College. The event featured two distinguished resource persons, including Dr Akoijam Thoibisana, head of the Department of Philosophy, Gauhati University, who delivered a lecture on 'Embodiment as an approach to yoga', and Dr Maitreyee Sharma, Associate Professor, Department of Philosophy, Pandu College, who spoke on 'Yoga and human empowerment.'

Parismita Kalita and Zeenah Boruah, students of the 5th Semester, presented a paper on 'Yoga and philosophy'. Dr Sashi Mohan Das, HoD, and Dr Pranita Sarma, retired faculty, Department of Philosophy, Dispur, also spoke in the meeting.

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