

SATURDAY, MAY 10, 2025

Grappling training, selection camps

GUWAHATI, May 9: With the National Grappling Championship around the corner, the Grappling Association of Assam has launched a six-day intensive training and selection camp to scout and prepare top talent to represent the State at the national event in Nashik, Maharashtra.

The camp, running from May 8 to 13, is being held across two major venues in Guwahati and brings together some of the region's finest grapplers, experienced coaches, and sports professionals. The first phase of the camp, being held on May 8 and 9 at Bidang MMA, is under the mentorship of internationally recognised MMA fighter Bhabajeet Choudhury. Known for his global exposure and technical mastery, Choudhury is offering critical insights into takedown

techniques, ground control, transitions, and submission strategies, giving athletes a rare opportunity to learn from a world-class expert.

The second phase, scheduled for May 10 and 11, shifts to Dispur College and is organised in collaboration with the institution. This segment also doubles as the official selection trial. The camp is being organised due to the initiative taken by Dr Nava-jyoti Borah, Principal, Dispur College. Under the supervision of Dr Binoy Chetia, Faculty In-Charge of Major Games at Dispur College, and President Pankaj Medhi, the camp is being led by national grappling medallist and coach Hirak Jyoti Rabha.

Over these two days, athletes will undergo detailed assessments – from physical conditioning and technical drills to mental prepared-

ness. The goal is not only to select the best but also to prepare them comprehensively for the national stage. The final two days, May 12 and 13, will focus on advanced strategy, team building, and intensive conditioning for those selected to represent Assam. These sessions are expected to cement team synergy and push athletes toward peak performance.

Speaking about the initiative, Nur Alom Sarkar, secretary of the Grappling Association of Assam and joint secretary of Grappling Federation of India, said, "Assam has always been a land of great fighters. This camp is about giving them the structure, training, and exposure they need to perform at the highest level. We're excited to see new faces step up and represent the state." This was stated in a press release.