

POLICE BLUNDERS LET MANIAC KILL 3



EXCLUSIVE
by EMILY-JANE HEAP
SHOCKING police blunders which left Valdo Calocane free to kill three people are today exposed by The Sun.
Full Story — Pages 4 and 5



REAL MADRID V MAN CITY

PEP:
WE'VE
GOT A
REAL
CHANCE

SEE SUNSPORT

DUCHESS FACING PAIN IN SPAIN

Mayor in Majorca says Meg's doing what she shouldn't oughta

BRAND LOGO 'NICKED OFF TOWN BADGE'

EXCLUSIVE
by MATT WILKINSON

THE Duchess of Sussex has been accused of copying a Majorcan town's coat of arms for the logo of her new lifestyle brand. Francisca Mora Veny, mayor of Porreres, is considering legal action and has called for its removal.

The Duchess of Sussex, 43, revealed her new "As ever" project and logo — with palm tree and two birds — in a cringing online post yesterday.

The mayor was stunned by similarities to the Porreres badge, said to date from 1370. She said: "We don't want it perverted."

Full Story — Page Seven

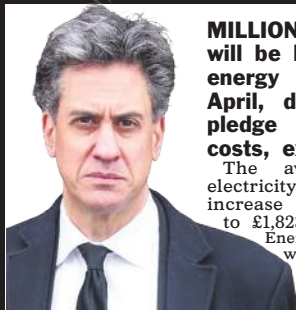
MEG'S LOGO



**MAJORCA
LOGO**

'Copy' ... palm tree & birds. Top, Meghan vid

ANOTHER KICK IN THE ED ENERGY BILLS ARE GOING UP BY £85



MILLIONS of families will be hit with an £85 energy bills rise in April, despite Labour's pledge of cheaper costs, experts say.

The average gas and electricity bill is forecast to increase by five per cent to £1,823 a year.

Energy regulator Ofgem will set the new price cap on Tuesday, pushing up house-

By ASHLEY ARMSTRONG

holds' bills, although final charges depend on usage. The higher costs are also set to fuel inflation, with official figures today expected to show a rise in the rate of consumer price increases.

Energy Secretary Ed Miliband, left, had previously promised his clean power push would cut bills by £300.

But analysts Cornwall Insight forecast the latest increase. It said owing to the challenge of the planned transition it could be years before house-

holds see a decrease in energy costs. The bills increase has been blamed on a sharp surge in gas prices as storage levels have fallen across Europe, with cold weather causing a surge in demand for heating.

Meanwhile, still weather has meant less energy has been produced by solar or wind power, which creates even greater demand for gas.

Energy bills have fallen since the crisis in 2022 caused by Russia's invasion of Ukraine.

However, they remain about £1,000 higher than they were four years ago. Mr Miliband

yesterday argued that bills were set to rise "because of our reliance on global fossil fuel markets controlled by petrostates and dictators".

But British businesses are already complaining the UK has the highest electricity costs in the world, which is already hurting them and households.

Mr Miliband has also written to Ofgem chief Jonathan Brearley to urge it to crack down on inaccurate bills and speed-up reforms to give the option of no standing charges on bills.

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Fibs... Reynolds

Second minister's 'CV lies'

By HARRY COLE

A SECOND Cabinet minister has been accused of sexing-up their CV.

Business Secretary Jonathan Reynolds has repeatedly described himself as a solicitor despite never qualifying.

Tories said last night he might have broken the law as impersonating a lawyer was an offence.

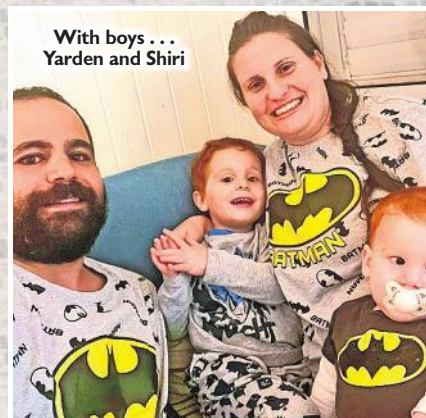
Mr Reynolds claimed he was a solicitor before becoming an MP but he was only a trainee, the Guido Fawkes blog said.

In 2011 he tweeted: "I find being an MP better for work/life balance than being a solicitor."

And in a speech in 2014 he claimed he had "worked as a solicitor in Manchester city centre".

It comes after Chancellor Rachel Reeves was forced to change her CV after boasting of being a Bank of England economist for a decade. She was there only six years.

'MUM AND KIDS DEAD'



With boys... Yarden and Shiri

Hostage... Kfir. Below, dad Yarden is freed

By ROBIN PERRIE, Chief Foreign Correspondent

THE family of a mum and her two sons held by Hamas said they were in turmoil yesterday after it was claimed they were dead.

The bodies of Shiri Bibas, 33, Ariel, five, and Kfir, two, will be among four returned to Israel tomorrow, the terror group says.

The boys' dad, Yarden, 35, who was also taken hostage, has been released alive under the ceasefire

deal. The Bibas family said the announcement by Hamas sent them "into turmoil". But they added: "Until we receive definitive confirmation, our journey is not over."

Six living hostages will be released by Hamas on Saturday.

BBC Gaza kid 'son of Hamas minister' - P22



JUDGE No10 RAP

DOWNING Street hit back at England's top judge yesterday after she claimed she was "deeply troubled" by the PM's remarks on an immigration tribunal decision.

Lady Chief Justice Baroness Carr criticised a Commons exchange last week.

Keir Starmer had called the tribunal "wrong" to let a

Gaza family stay after they applied through a scheme for Ukrainian refugees.

Baroness Carr said Government should "respect the independence of the judiciary." A No10 spokesman said: "Where we think the law isn't working, the Government will take action."

The Sun Says - Page Ten

POPE HIT BY PNEUMONIA

THE Vatican yesterday cancelled Pope Francis's weekend audiences as it confirmed he has pneumonia.

The pontiff, 88, has been in Rome's Gemelli hospital since Friday with bronchitis. A spokesman said he had pneumonia in both lungs but was "in good spirits".

LOST ON WASTE

A CABINET minister was flummoxed when confronted by woke uni research her own Government is funding.

Transport Secretary Heidi Alexander was asked about The Sun's exclusive over taxpayer money being frittered on Ontology and Ownership of Internet Dance studies at Coventry

University. She replied: "I'm not even sure I understand what those things are and what that research is doing, if I'm honest."

She added on Times Radio: "I'm not going to comment on it because I almost don't understand the sentences. What's ontology? I don't know what it is."

3m let off job hunt

MORE than three million people receive Universal Credit handouts without any requirements to look for work.

That is a 319 per cent increase from 2020, government figures show.

Welfare Secretary Liz Kendall last night pledged reforms within weeks, saying: "Businesses are missing out on untapped talent, and our economy is suffering."

Knife firm jail threat

COMPANY bosses face two years in jail if children can buy knives from their firms online.

The government crackdown will also force suppliers to report bulk blade orders which may go to gangs or terrorists.

It came as Home Secretary Yvette Cooper echoed ex-PM Tony Blair and vowed to be "tough on crime and tough on the causes of crime".

Sun WEATHER

TODAY: Cloudy in Northern England, scattered showers in the West. Southern England remains mostly dry, with sunny intervals in the South-east.

TONIGHT: Rain in North-West and South-West England, cloudy elsewhere. Risk of frost in North-East England with possible fog development.

OUTLOOK: Thursday remains mild with increasing cloud cover. Friday sees persistent rain, clearing by evening with cooler temperatures and breezy winds expected.

THU 11° FRI 11° SAT 9° SUN 9°

5 ABERDEEN
7 GLASGOW
EDINBURGH
11 BELFAST
NEWCASTLE
6 LEEDS
LIVERPOOL
MANCHESTER
11 DUBLIN
11 BIRMINGHAM
NORWICH
8 CARDIFF
11 BRISTOL
8 LONDON
11 PLYMOUTH
SOUTHAMPTON

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.

	11	16	
	23	23	
6			7

PUZZLES: PAGE 38

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TODAY'S BIRTHDAYS

STRANGER Things actress **MILLIE BOBBY BROWN**, 21, left, musician **SEAL**, 62, right, hardman actor **RAY WINSTONE**, 68, Black Sabbath co-founder **TONY IOMMI**, 77, and actress **LISA FAULKNER**, 53.

● Last night's EuroMillions numbers: 5, 14, 25, 26, 40. Lucky Stars 5, 7. Health Lottery: 8, 14, 38, 42, 46. Bonus ball: 33.

ERIVO SHOCK

JESUS! Wicked witch to play Christ

By **HOWELL DAVIES**
Associate Bizarre Editor

WICKED star **Cynthia Erivo** has conjured up a religious storm by being cast as **Jesus**.

The Londoner – up for the Best Actress Oscar for playing green witch Elphaba in the hit *Oz* movie – will be the lead in *Jesus Christ Superstar*.

The Andrew Lloyd Webber rock-opera is set to be performed at the Hollywood Bowl in California in August.

But casting a woman as Jesus has caused fury among many, who say the move is woke and lacks respect.

Angry online comments included: "Absolutely blasphemy. You're mocking Christ the King," and "This is just plain disrespectful."

One outraged person wrote: "Please stop with this nonsense of doing EVERYTHING inclusive or woke! Have some respect. This is just mockery."

Cynthia, 38, shared the news on social media, saying: "Just a little busy this Summer. Can't wait."

Her fans are behind her, with one posting online: "That's going to be a powerhouse performance!" Another said: "JCS has pushed boundaries since inception. That's the point."

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As Elphaba...
Cynthia, below



Won-derful couple...
Love Island victors
Gabby and Casey

MY OH MAYA

By **JESS LESTER**

HOST Maya Jama landed the glamour prize in a suitably show-stopping gown for the final of *Love Island All Stars*.

She produced a highlight of her own in a gold cut-out dress as Gabby Allen and Casey O'Gorman were crowned the reality show's winners on Monday night.

The 30-year-old now looks set to rake in even more deals on top of lucrative tie-ins with Rimmel and Dolce & Gabbana.

ANA DE CHARMAS



What is it about her that attracts so many Hollywood A-list men?

PAGES
12 & 13

EXCLUSIVE: REPORT SLAMS

By EMILY-JANE HEAP
and MIKE SULLIVAN

VICTIMS' families have accused cops of having blood on their hands for 11 blunders which left Nottingham attacker Valdo Calocane free to kill.

A police watchdog report obtained by The Sun reveals officers failed to properly investigate Calocane's attack on two work colleagues at a warehouse weeks before his June 2023 rampage.

That case was earmarked for the bin a day before the paranoid schizophrenic fatally stabbed students Barnaby Webber and Grace O'Malley-Kumar, both 19, and school caretaker Ian Coates, 65.

On May 5, 2023, two Leicestershire Police officers were called to a warehouse in Kegworth.

Agency worker Calocane, 33, had allegedly pushed over one employee and punched another in the face at Arvato Supply Chain Solutions.

He was asked to leave and reached for a knife shortly after the assault, said witnesses.

The officers are accused of failing to act on that information, saying they were not told of a blade.

They failed to download CCTV footage of the attack to a USB stick, claiming each other had it on their body-worn camera.

They made no attempt to arrest Calocane or interview witnesses.

The cops failed to even check the Police National Computer which would have revealed Calocane was wanted for a 2022 attack on a police officer in Nottinghamshire.

The 11 total mistakes emerged in a report by the Independent Office of Police Conduct (IOPC).

It concluded the investigation was "exceptionally poor" and "a missed opportunity" which may have prevented the Nottingham attack.

Victims' families told The Sun: "The damning failures exposed by this investigation are just another example of how our loved ones were badly failed by the authorities."

"If the police had just done their jobs properly by performing a simple check on the Police National Computer, Barnaby, Grace and Ian might still be alive today."

"Their failure to do even the most basic of policing means they have to live with the consequences of what happened."

Previous inquiries found mistakes by Nottinghamshire cops, and that medics failed to ensure Calocane got medication for his illness.

Last night the families said Leicestershire cops "have blood on their hands just as much".

They branded the IOPC investigation of "very poor quality" and said they feel let down by the outcome.

They added: "The police force in question and the watchdog supposed to hold them to account are not fit for purpose."

It is understood the Leicestershire officers face a misconduct meeting behind closed doors this month.

But they will not lose their jobs as the watchdog has drawn short of recommending gross misconduct charges for which they could have been sacked.

One was a female rookie PC, the other an experienced male PC acting as her tutor. They were supervised by a male sergeant from the office. By the time the PCs arrived

● **Police could have stopped triple killer**

● **Victims' families: 'Blood on cops' hands'**

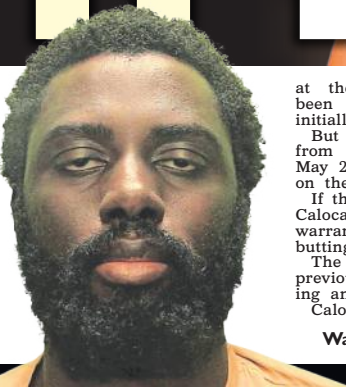


Fury... victims' families slammed IOPC report



VICTIM:
BARNABY
WEBBER, 19

11 DEADLY



at the warehouse Calocane had been led away. The officers were initially given his wrong name.

But after obtaining his details from the recruitment agency on May 24, they did not look him up on the police computer.

If they had, they would have seen Calocane had an outstanding arrest warrant for punching and head-butting a police officer in 2022.

The computer also detailed six previous incidents including stalking and attacking housemates.

Calocane also kicked a neighbor's front door - causing her to jump out of an upstairs window to escape him. The IOPC report concluded officers were "not responsible for the harm caused to the victims" of the Nottingham attack.

But investigators said if more efforts had been made to obtain evidence, check the computer or arrest Calocane, he'd have been "detained, prevented or deterred" from carrying out the horror.

The report said the PCs were shown CCTV of the warehouse attack but failed to download it on a USB stick, with both claiming the other had recorded it on their

body-worn video. Neither saved the evidence and it was ultimately wiped from servers so could not be seen by the Nottinghamshire force.

The officers also failed to save body-worn video footage of the initial verbal accounts given by the Romanian warehouse victims.

No written accounts were taken because the PCs headed to another job. And at no stage did they call in a translator, said the report.

Despite repeated attempts to contact the victims via email and through their manager, neither officer visited them again in person. And there is no evidence the list

Doughnut miss out on a

FAILURES OVER CALOCANE



VICTIM:
IAN COATES, 65

If the police had just done their jobs properly by performing a simple PNC check, Barnaby, Grace and Ian might still be alive today

—VICTIMS' FAMILIES



VICTIM:
GRACE O'MALLEY-KUMAR, 19

BLUNDERS

of witnesses provided to them were ever contacted for statements. As a result, no arrest attempts were made. On June 12 the victims were messaged to tell them the matter would be filed by June 15 if they did not make contact.

Calocane went on the rampage the day after that message was sent.

The Arvato training coordinator who rang police told IOPC investigators her colleagues thought they had seen Calocane bending to pick up a knife as he was told to leave.

She said she mentioned this to the officers, but claimed they simply "peeked underneath the track to

look where the knife was but they did not do anything else with the knife". Both PCs denied being told Calocane had reached for a blade.

But the watchdog ruled this information "could suggest further risk that does not appear to have been recorded".

In her interview under caution, the junior officer admitted she could have made more attempts to contact witnesses and retrieve CCTV.

She told the IOPC: "I'm really sorry that I didn't do any of that."

The female officer said she did not treat the case as a priority owing to a large workload, and

blamed her mistakes on being brand new and having "no idea" how to handle the case.

The more experienced PC admitted there was "no hiding" from the fact they did not carry out intelligence checks quickly enough and that they could have been more robust in making an arrest attempt.

The sergeant failed to conduct a review of the case. He told the probe he was overworked, not lazy.

In January 2024 Calocane admitted manslaughter by diminished responsibility and was sentenced to a hospital order with restrictions.

Last August a Care Quality Com-

mission review into the NHS trust where he was treated revealed officials missed at least eight chances to stop him killing.

One doctor warned he could kill three years before the Nottingham attack but the trust discharged him to his GP in September 2022.

This month, an independent report commissioned by NHS England said the risk the triple killer posed was "not fully understood, managed, documented or communicated" by medics. It revealed doctors allowed him to refuse antipsychotic medication because he did not like needles.

The Sun Says — Page Ten

BUNGLES THAT LEFT HIM FREE

1. THE police officers assigned to investigate Valdo Calocane's attack on two warehouse work colleagues took 18 minutes to arrive at the scene — exceeding the target minimum response time of 15 minutes.

2. ON arrival, they were reportedly told by a witness that Calocane had grabbed for a safety knife before he was escorted off the premises — but they are accused of failing to act on that information.

Both officers deny ever being told the suspect had reached for a blade.

3. THE investigating officers failed to download CCTV footage of the attack on a USB stick.

Both claim the other recorded the CCTV on their body-worn cameras, but neither saved it evidently and the recording was ultimately wiped from the warehouse firm's servers.

4. THE police officers also failed to save body-worn camera video footage of the initial verbal accounts given by the victims.

5. NO written statements or accounts were taken by cops from either victim at the scene or following the incident, as the officers were assigned to another job and had to leave.

6. ATTEMPTS to contact the training co-ordinator who called 999 and the two victims of the assault in the weeks that followed were limited to email and telephone. Neither officer visited them in person after the incident.

7. DESPITE one victim speaking limited English and the other speaking no English, a translator was not called in to help them communicate with police.

8. OFFICERS were also given a list of witnesses to the assault, but there is no evidence any of them were ever contacted or had their statements taken.

9. NO Police National Computer or Police National Database checks on Calocane were completed at any stage of the investigation.

As a result, the officers were unaware there was an outstanding warrant for his arrest. They were also unaware of several other recorded mental health and assault incidents.

10. NO attempts to arrest Calocane were ever made during the police probe.

11. THE sergeant supervising the investigation was responsible for conducting a crime review of the case, but failed to do so.

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● CRINGEY VID FOR NEW BRAND ● MAJORCA: DON'T USE OUR LOGO



EXCLUSIVE
by **MATT WILKINSON**

THE Duchess of Sussex posted a cringeworthy video to announce the new name of her jam-making brand — before getting into yet another sticky legal mess.

Meghan, 43, gushed about her lifestyle project "As ever" which had been hastily rebranded after a trademark row.

But its new logo — featuring a palm tree and two birds — infuriated a Majorcan mayor who said it was a blatant copy of her town's coat of arms, believed to be 655 years old.

Francisca Mora Veny has called for Meghan to remove the logo as it "plagiarises" the historic symbol of Porreres.

She told The Sun: "We don't want our coat of arms to be perverted because it belongs exclusively to Porreres."

"The only difference with their logo and our coat of arms is that theirs shows two hummingbirds and in ours are either swallows or pigeons — historians cannot agree. We will ask Meghan to remove the logo from their website."

She admits they may not be able to afford a legal battle — but she invited Meghan to her small Balearic town. She will then "show her all the places where the coat of arms is engraved so she can see it is something that's been in our town for thousands of years".

US sources say the tree represents Santa Barbara, California, near Meghan's home in Montecito. Prince Harry claimed he saw a hummingbird after the death of Queen Elizabeth.

Meghan had planned to call her brand American Riviera Orchard, but was told locations cannot be trademarked.

Undeterred, she posted a 70-second Instagram video yesterday, apparently filmed by Harry who is heard saying: "It's recording." She said the original name would have limited what she could sell.

Meghan went on: "This new chapter is an extension of what has always been my love language, beautifully weaving together everything I cherish — food, gardening, entertaining, thoughtful living, and finding joy in the everyday."

It is the latest in a string of rebrands and business failures for the former actress.

PR expert Mark Borkowski said: "This is organised chaos."

A spokesman for Meghan was approached for comment.

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JANE MOORE'S VERDICT: PAGE 15

Royal gush...
Meghan in OTT
Instagram video

We don't want
our coat of arms
to be perverted.
We will ask
Meghan to
remove it
— **MAYOR FRANCISCA
MORA VENY**



**MEGHAN'S
'AS EVER' LOGO**



**MAJORCAN
TOWN'S LOGO**

Palm tree and birds design shocked
Porreres mayor Francisca, left

As ever, Meghan talking Balearics

DR WHOKE



We reveal the right-on
storylines that are
exterminating the show

PAGES
26 & 27

KYIV DEFIANT AT START FIGHT TO



Response... Trump in US last night

From **NOA HOFFMAN** in Kyiv,
JEROME STARKEY & HARRY COLE

UKRAINIAN military chiefs yesterday vowed to "fight Russia until the last death" — regardless of ceasefire calls by Donald Trump.

Their defiance came as US and Russian officials agreed a four-point plan to bring peace to a country ravaged by war for the past three years.

Ukraine was not invited to join the talks in Saudi Arabia and President Volodymyr Zelensky insisted he would not accept a deal if his nation was not directly involved.

In the Saudi capital Riyadh, US Secretary of State Marco Rubio met with a delegation from Moscow.

The two sides agreed to:

- **REOPEN** diplomatic missions in each other's countries;
- **SET** up a high-level negotiation team to agree peace terms;
- **DISCUSS** co-operation that could help resolve the conflict;
- **REMAIN** engaged in the process.

But Russian foreign minister Sergei Lavrov later insisted Moscow will not accept peacekeeping forces from Nato countries in Ukraine or Kyiv joining the defence alliance.

The negotiations, which sidelined Ukraine, sparked fury across the country's army high command.

A senior army source told The Sun: "We will fight until the last death. We have nothing to lose. We are not going anywhere."

He said Ukraine would keep battling "idiot" Russian leader Vladimir Putin until a deal can be reached that guarantees Nato membership.

A senior armed forces leader, who cannot be named for security reasons, said: "The war is not about Ukraine and it won't stop in Ukraine. Putin's coming to Europe."

Last night US President Mr Trump hinted Mr Zelensky might have to go as the price of peace.

If Ukraine wanted a "seat at the table" it would need an election as Mr Zelensky only had a four per cent approval rating, he claimed when responding to yesterday's Riyadh talks from his Mar-a-Lago home in Florida.

He said he was "all for" Euro peacekeeping troops in Ukraine but insisted Europe was heading for World War Three until he initiated talks. He aims to meet Putin later this month.

In Ukraine's western city of Lviv, military leaders vowed not to be bullied into a deal with Russia.

They conceded Nato membership will not be achieved "for two to five years" but repeated Mr Zelensky's vow that joining is essential.

Earlier, PM Sir Keir Starmer pledged to consider putting UK troops on the ground, a move praised by Ukraine's military chiefs.

Sources said British Typhoon jets could also patrol the skies as part of a peacekeeping mission.

One Kyiv military leader told The Sun: "Even hearing the words British boots, before anything has happened, is a huge morale boost."

They praised the UK as a leader in offering military support.

But they said the key to winning the war is air attack and defence tech, and implored Britain to help Ukraine build an army of drones and missiles.

Lavrov, meanwhile, said it was "very useful" that Russia and the US had agreed to appoint ambassadors to Moscow and Washington.

But he flatly rejected suggestions that Britain, Europe or Nato nations



Peace talks... Russian and US teams in Saudi Arabia yesterday



● **Ukrainian
vow as cut
out of talks**

● **Russia &
US agree 4
point plan**



Anger... Zelensky, right, was shut out of talks with Putin, left

could deploy peacekeeping troops. According to Russian state media, "the Russian delegation explained to the American interlocutors that the appearance of Nato troops in Ukraine is unacceptable."

Earlier, while backing the idea of peacekeeping troops, Sir Keir and Defence Secretary John Healey stressed that only American military might could stop tyrant Putin.

Mr Healey said: "It will require a backstop from the US, because in the end it is only the US that can provide the deterrence to Putin that will prevent him attacking again."

The discussions about normalising relations sparked fears that the US could be ready to lift sanctions on Russia. EU leaders insisted the bloc would keep theirs in place. Trump

blindsided allies earlier this month by announcing peace talks after a phone call with Putin.

But there was anger yesterday at Kyiv being cut out of discussions.

Mr Zelensky said he feared a stitch-up, adding: "It seems Russia and the US are preparing an ultimatum to Ukraine, talking about Ukraine without Ukraine. We didn't accept ultimatums in 2022, when the situation was much more serious, and I have no intention of accepting any ultimatums now."

The US said officials had agreed to appoint "high level" negotiating teams. The State Department said: "President Trump wants to stop the killing; the United States wants peace and is using its strength to bring countries together." But it

warned: "One phone call followed by one meeting is not sufficient to establish enduring peace."

There was also anger yesterday after Lavrov hit out at claims that Russia was targeting civilians.

He told Russian media: "The US proposed a moratorium on attacks on energy facilities at the talks, Russia explained that it does not attack civilian facilities."

A UK defence source called his comments "nonsense". And General the Lord Richard Dannatt, a former Chief of the General Staff, said: "It proves you cannot trust Russia."

The UK's Defence Intelligence said last month that Russia fired 2,400 drones which "primarily targeted energy infrastructure".

The Sun Says — Page Ten

CALLS FOR A BORDER WALL

UKRAINE should build a wall on its border with Russia like Israel's barrier with Gaza, a Kyiv military leader said.

He argued Ukraine needs complete physical separation from its enemies, adding: "Every Russian is complicit."

The chief added: "Russia is running a zombie army. They cannot be reasoned with."

OF SUMMIT TO END WAR

LAST DEATH



Ready for action
... British troops
go through drills
in Romania

BRITISH TROOPS 'READY'



**BY THOMAS
GODFREY**
in Smârdan, Romania

THE Sun dodged bullet casings and ducked for cover as British troops stormed trenches, forests and buildings in a huge war game exercise only miles from the Ukrainian border.

Senior officers revealed the Steadfast Dart operation, with 10,000 soldiers from eight Nato armies, was a warning shot to Vladimir Putin – and troops told us they were ready to form a peacekeeping force if called upon.

Some 3,000 British troops practised close combat fighting in Nato's largest drill of the year at Smârdan, eastern Romania.

We watched from just a few feet away as the 4th Scottish Regiment, alongside Romanian troops, demonstrated how they hunt and kill rival soldiers at close range inside trenches and inflatable buildings designed to mimic enemy fortresses.

Brigadier Andy Watson, of the Allied Reaction Force, said: "The UK and its partners through Operation

Interflex have trained over 50,000 Ukrainian soldiers. We've learned an awful lot from them.

"Our soldiers have learned how to fight in trench systems and how the war's being fought right now in Ukraine.

"My engineers have built this complex through working with the Ukrainians."

Brigadier Watson also revealed his troops were "very prepared" if sent to Ukraine, adding: "The goal here is to provide options to ministers if and when required."

"Is this brigade ready to conduct a range of operations? Absolutely. We're rather well-resourced and part of a well-resourced coalition."

Captain Christopher Boyle, who took part in the drills, added: "It's been good to work with the Romanian armour and increase our own lethality."

Royal Artillery Lt Col Harry Waller, commander of the Multi-National Fires Group, said: "It's a message that we're ready to project multinational force over large distances within days to meet any threat."



Training... UK forces

Picture: ANDREI PUNGOVSKI/GETTY

TOASTED YET ROASTED

SIR Keir Starmer's pledge to deploy "British boots in Ukraine" has been met with jubilation in Kyiv.

But in Britain it has raised more questions than answers as to how Europe must respond to the war.

The PM knows he desperately needs to set out a path to spending 2.5 per cent of GDP on defence.

How is it feasible for thousands of troops to come and help desperate Ukrainians when Sir Keir has not even explained how he will fund them?

In an empty restaurant in quiet Lviv, I watched as five Ukrainian security chiefs

guzzled shots of vodka. It was around their fourth toast of night – easy work for these hard-as-nails military men.

Having drunk to the health of their country and army, this next drink was for Britain. They had heard Sir Keir's pledge. And for that they were elated.

What they were not seeing was the chaos the PM's announcement had

sparked. Former British Army chief Lord Dannatt warned the UK military was so run down it could not lead any future peacekeeping mission to Kyiv.

In Paris last night, at an emergency meeting of leaders to work out Europe's response, German Chancellor Olaf Scholz slated Sir Keir's proposal – calling it "completely premature".

Sir Keir's words and intentions are welcomed at least in Ukraine – but it will be his plan of execution that really has any bearing on the devastating war. So far that is missing.



Analysis by
NOA HOFFMAN
Political Correspondent



Warpaint... Brit soldier

THE Sun

SAYS

Lethal errors

WE knew homicidal brute Valdo Calocane slipped through the fingers of negligent medics. Now we know how bungling police left him free to kill.

Had three cops properly probed an assault he committed at work, he would almost certainly not have been able to kill Barnaby Webber, Grace O'Malley-Kumar and Ian Coates in Nottingham six weeks later.

Crucially, they even neglected to check his name on their national database. That would have revealed an outstanding arrest warrant for assaulting a cop.

Yet the Independent Office of Police Conduct considers the officers' failure too slight to merit sacking them.

Really? The cops admit being slapdash. That had terrible, lethal consequences. It was, the IOPC said, a "missed opportunity which may have prevented those attacks".

The victims' distraught relatives have been failed by the system at every turn, from the NHS to the CPS which accepted Calocane's manslaughter plea instead of trying him for murder.

Now even the police watchdog lets off the blundering cops with a slap on the wrist and considers that job done.

The families are right to be outraged.

Fund our forces

KEIR Starmer's talk of putting British peace-keeping troops into Ukraine is commendable if a little premature.

Those arguing that Ukraine is not our fight are short-sighted. Putin's imperialism must be contained for our sakes too.

But no one yet knows what US-brokered deal might yet be struck. More worryingly, the PM is failing so far to put our money where his mouth is.

It is bizarre to commit troops amid so many warnings of our dire need to rearm and recruit. Sir Keir must order the Treasury immediately to find billions for that – and cut elsewhere.

The bloated welfare and aid budgets are indefensible hallmarks of our complacency which we simply cannot now afford.

Rule by judges

LIBERAL judges seem to think they OWN immigration law. And their boss confirms it.

The Lady Chief Justice is outraged that Keir Starmer and Kemi Badenoch dared to attack the abysmal court ruling that a Gazan family rejected for asylum should be given sanctuary here anyway on human rights grounds.

It's "unacceptable", snipes Baroness Carr. She apparently wants judges to continue using the ECHR to override Government asylum policy, all while shielded from pesky politicians' barbs.

Well, belt up, Baroness. As the PM rightly says: "It should be Parliament that makes the rules on immigration."

The problem is judges do too, thanks to human rights laws he is wedded to.

How does he intend to tackle that?

AVIATION EXPERTS SAY RISK IS SMALL

IT feels like a month does not go by without another aviation disaster, or near-miss.

Last year was one of the worst for such tragedies that anyone can remember and 2025 has certainly not begun well.

After a Delta passenger jet flipped over following its crash-landing at Toronto Pearson International Airport on Monday afternoon, it was a miracle that all 80 people on board survived – although at least 18 were injured.

It comes after a string of recent air

By TOM BRYDEN

incidents in which those on board were not as lucky.

Last month all 64 people on board an American Airlines passenger jet, and the three occupants of a military helicopter, died after the two aircraft collided over Washington DC and plunged into the city's Potomac River.

It followed a crash in South Korea that killed all but two of the 177 on board in December.

These disasters are affecting prospective

travellers too. A recent survey by analytics company Quantum Metric found one in four of us plan to take fewer flights due to safety concerns.

So is it safe to fly? Air safety expert Julian Bray reckons it is – telling The Sun: "Flying is six times safer than going out in your car."

Below, with the help of Julian and ex-pilot Marco Chan, we look at some of the issues around safety in the skies, from increased turbulence and ropey aircraft manufacturing, to strained air-traffic control and war-zone missiles...



MIRACLE... new pic of survivors leaving upside-down aircraft



RESCUE... a passenger is helped off the doomed plane

After Delta plane flip ...is flying still safe?

TURBULENCE

IT'S a fact of flying but worsening. Duration of severe turbulence in the North Atlantic is up by more than 50 per cent since 1979 – especially around jet streams – research at the University of Reading found.

In May last year, a 73-year-old man died and 40 people were injured, many seriously, after a Singapore Airlines flight was violently propelled upward nearly 400ft. "It's wrong place, wrong time," says Marco Chan, a former

airline pilot and a senior lecturer in aviation at Buckinghamshire New University, and he added: "Us pilots can't see turbulence. It's just wind, there's no detection on our radar."

Airlines use jet streams to save fuel and fly faster, so flights could get more unsteady as air temperatures rise. But in the last 30 years only a handful of deaths have been caused by turbulence.

MANUFACTURING

THE last few years saw Boeing embroiled in scandal over poor aircraft design and manufacture. In January 2024, a packed flight over the US narrowly escaped disaster when a side panel tore off. An investigation found critical bolts were missing. Whistleblower Sam Mohawk called the factory floor "chaos", with faulty parts potentially getting into aircraft. It came after a total of 346 died in two incidents

in 2018 and 2019 that each saw a Boeing 737 Max airliner crash minutes after take-off, one in Indonesia and the other in Ethiopia.

Boeing last year agreed to admit criminal fraud in development of the Max and pay fines of hundreds of millions of dollars. It is now seeking to regain its reputation for safety. Julian says: "It used to be run by marketing men, marking its own homework. An engineer is now chairman, they are going in a different direction."

TIPS

MARCO advises to always keep belted up, and that sitting mid-plane near the wings reduces turbulence – although the rear is safest in a crash. And check the evacuation card for your nearest exit, and your reservation for what type of jet you are on.

AIR TRAFFIC CONTROL

AFTER last month's Washington DC crash, it emerged an air-traffic controller had left their post early on the night of the incident. This reportedly left just one person monitoring traffic. An investigation continues.

More worrying, 90 per cent of air-traffic control facilities in the US have been operating below Federal Aviation Administration (FAA) recommended staff levels, according to media reports. Julian adds: "For years, America

has been saying their airspace is safe. But they've jammed an awful lot into it."

A day of cancellations can also lead to later traffic congestion. Marco says: "With more flights than usual operating, airspace can become overcrowded," and he adds: "Compressed turnaround times may increase the risk of operational errors, maintenance oversights, or mechanical issues."

CONFLICT

LAST Christmas, 38 people died when an Azerbaijan Airlines flight crash-landed in Kazakhstan after a Russian missile accidentally hit it.

As conflict spreads around the globe, more and more airspaces are becoming too risky to fly into. Julian says: "Back in the day, missiles didn't go high enough – but now they can. Conflict zones spring up quickly, or you might find a country will close its

airspace even when you've got aircraft in the sky. Very quickly your aircraft has to divert – but has it got enough fuel to do it?"

And now, rogue rebel groups increasingly have weapons and equipment capable of hitting airliners – with scant concern for the diplomatic consequences.

The safety of flights bound for the UK relies on strong security measures being in place abroad, but standards can vary around the globe.

UK AIRLINES ARE AMONG THE BEST IN WORLD

By SOPHIE SWIETECHOWSKI
Assistant Travel Editor

RECENT airline horror stories involving severe turbulence, mid-air collision and a plane over-turning on landing have left flyers nervous about whether or not they should left abroad for their annual holiday.

But the truth is, flying is pretty much the safest method of transport there is. Aside from trains, perhaps.

To put it into perspective, about 1.19million deaths occur globally each year as a result of road traffic incidents, while the figure for plane fatalities is in the hundreds. This

means that your daily commute to work probably puts you at greater risk than your summer holiday flight.

Rest assured, airline staff make painstaking safety checks ahead of take-off, while thorough maintenance procedures are carried out every few hundred flights.

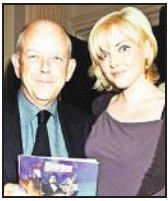
We are lucky to have some of the safest airlines right here in the UK, with Ryanair and

easyJet named two of the best in the world in the latest annual round-up from consumer site AirlineRatings.com.

Wizz Air, Jet2 and British Airways also scored well.

If you're still feeling uneasy, the best way to keep yourself safe is to listen to the safety demonstrations and wear your seatbelt when seated.

It's understandable that people are fretting, but do try to let the statistics reassure you that flying really is safe.



Julian... and Dahl

Sophie's Carry On actor dad dies at 80

By WILL BARKER

CARRY On movie star Julian Holloway has died aged 80.

The father of former model and author Sophie Dahl passed away on Sunday in hospital in Bournemouth following a brief illness, his theatrical agency said.

The Oxfordshire-born actor played various characters across many of the Carry On films.

Other TV appearances included Doctor Who, Whatever Happened To The Likely Lads?, Porridge and Minder.

His latest film roles were in A Christmas Carol with Jim Carrey in 2009 and 2011's The Rum Diary, with Johnny Depp. Julian was son of My Fair Lady film legend Stanley Holloway.

He had Sophie with actress Tessa Dahl, daughter of children's author Roald Dahl.

His voiceover agency, Damn Good Voices, said he would be missed.



In demand... Wayne

Amazon try to net Rooney as pundit

EXCLUSIVE by CHARLIE WYETT

AMAZON Prime wants football legend Wayne Rooney to be one of its star pundits - while he decides whether to return to the game.

The former England captain, 39, made his debut as an Amazon football buff for Manchester City's Champions League first leg play-off with Real Madrid last week.

Rooney, 39, has already proved to be popular with his honest views on Sky Sports and BBC.

Amazon, although set to lose Premier League rights at the end of this season, will continue to show Champions League football until 2027.

The ex-Manchester United striker, who was sacked by Plymouth last month, will do as much work as he wants for Amazon in his new deal.

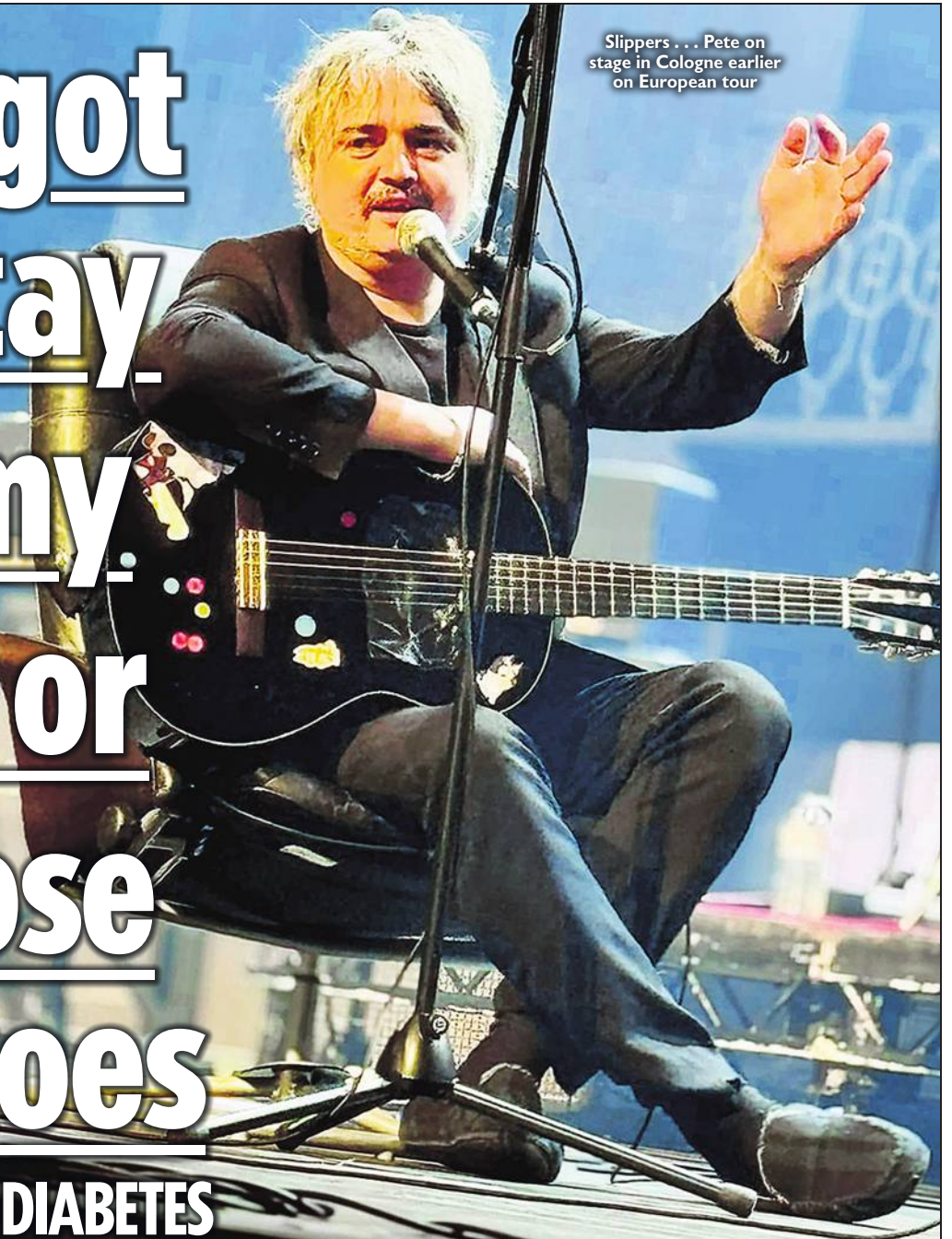
He is currently deciding his next steps having also managed Derby, DC United and Birmingham.

STAR PETE HEALTH WARNING

I've got to stay off my feet or I'll lose my toes

FEARS OVER DIABETES

Slippers... Pete on stage in Cologne earlier on European tour



Soft shoes... in Zurich last week

ROCKER Pete Doherty has been warned by doctors he risks having his toes amputated as he struggles with type 2 diabetes.

The Libertines star, 45, has performed from a chair for five dates of a European tour.

He told fans in Munich, Germany: "I saw the doctor today and he said you need to stay off your feet as much as you can otherwise you'll lose your toes."

The Can't Stand Me Now singer had been wearing slippers or socks on stage but since Friday has been in strip-fastener orthopaedic shoes.

At a show in Cologne, his bandmate Carl Barat was photographed helping him off stage.

Earlier this month, Pete also held a walking stick at a gallery launch in Berlin. The singer, who dated Kate Moss, right, from 2005-7, said last year he had been diagnosed with type 2 diabetes.

The condition raises the risk

EXCLUSIVE by HOWELL DAVIES

of serious foot problems and amputation. Last spring he said: "I've been diagnosed with type 2 diabetes. And at the moment, I'm lacking the discipline to tackle cholesterol."

He is believed to be more at risk because of years of drug abuse.

He said in 2022: "I was pushing the limits. There were close calls. I nearly lost my feet and horrible things like that. It was very close, just because of the injecting."

"That's what happens when you run out of veins."

"It all seems so long ago now though but it was a hell of a ride."

In November 2023 he said years of addiction

had taken their toll. Months before his diabetes diagnosis, he told Louis Theroux: "You are looking at a very sick man. I've battered it, caned it."

"The heroin and crack I surrendered to that. Then it was cocaine, smoking and alcohol. Now it's cheese and the saucisson, and the sugar in the tea... it's all gotta go."

"They told me a while ago if you don't change your diet you're going to have diabetes and cholesterol problems. Death's lurking."

Diabetes UK said: "Over time raised blood sugar levels can damage the vessels that supply the nerves in your feet."

"This stops nutrients reaching the nerves. You can lose feeling - peripheral neuropathy - and damage feet without noticing. Blood supply to the feet is also reduced. Cuts and sores may struggle to heal. You may get cramps and pain."

"Left untreated, these problems can lead to foot ulcers, infections and, at worst, amputations."

Pete was approached for comment.

ODO you have a story about a star? Call us on 0207 782 4104, email exclusive@the-sun.co.uk or text/whatsapp 07423 720 250.





Edvard ... and Lisa

Valentine pub killer 'rang to confess'

By **MIKE SULLIVAN**
and **DANIEL HAMMOND**

A DAD suspected of shooting his wife dead on Valentine's Day rang to confess his crime, his friend has claimed.

Leslie Thompson said he received a call from Edvard Stockings after Lisa Smith was gunned down outside a pub.

He claimed motor dealer Stockings carried out the attack in Knockholt, Kent, after suffering a mental breakdown.

Mr Thompson said his friend rang him shortly afterwards, saying: "She's dead, I love you. I'll see you on the other side."

He said Stockings told him: "I can't live, we've all gone together" and that "armed police will probably shoot me".

Lisa, 43, was shot dead around 7pm on Saturday.

Cops believe Stockings then jumped into the Thames from the QE2 Bridge near Dartford. His body has not been found.



MBE ... Strictly star

Amy: My cancer chat with the King

By **FREYA PARSONS**

STRICTLY pro Amy Dowden said she discussed her cancer fight with King Charles as he made her an MBE at Buckingham Palace.

The Welsh dancer, 34, was diagnosed with breast cancer in 2023, shortly after returning from her honeymoon.

Amy, who has Crohn's disease, was honoured yesterday for her fundraising and raising awareness of the inflammatory bowel condition.

She confirmed she discussed her diagnosis with Charles, who was treated for cancer last year as was his son's wife, the Princess of Wales.

She added: "We spoke about my recovery from chemotherapy and the impact of chemotherapy on my body."

Of receiving her honour, she added: "It's really surreal, it's been like an out-of-body experience but it's a true honour to get an MBE."

WHAT'S BOND GIRL GOT



ALL GUNS BLAZING... as Paloma and alongside Daniel Craig, left, in *No Time To Die*, 2021

HER FILMS

By **GRANT ROLLINGS**
and **ALEX DIAZ**

WHEN Ana de Armas was spotted dining with Tom Cruise on Valentine's Day, the rumour mill naturally started turning.

But there was nothing romantic about the late-night get-together in London.

Instead, insiders say the 62-year-old Mission: Impossible actor is just the latest Hollywood great keen to appear alongside the Cuban-born actress.

Ana, 36, is known as the Leading Man Whisperer for her ability to get A-listers to appear alongside her.

Keanu Reeves and Chris Evans have both worked with her three times, while Daniel Craig, Adrien Brody and Ryan Gosling have shared the screen with her twice.

The only co-star she has become romantically involved with though is Ben Affleck after the pair fell for each other while making 2022 erotic thriller *Deep Water*.

Having started her career in Spanish cinema, Ana came to global attention as secret agent Paloma in 2021 Bond film *No Time To Die*.

She then secured an Oscar nomination for a controversial portrayal of Marilyn Monroe in 2022 film *Blonde*.

This summer she is set to establish herself as an action star with the main role of an assassin in *Ballerina*, a spin-off to the John Wick series featuring Keanu.

'Captivated by her'

A source who has worked with Ana tells *The Sun*: "Of course Tom Cruise wants to do a movie with her, she's successfully worked with almost every one of his rivals just over the last five or six years."

"And Ana also has that personality quirk, similar to Tom's exes Nicole Kidman and Penelope Cruz, where she doesn't give a flying f*** what people say about her or think about her."

Ana has certainly had to show guts and determination to get to this point. She was born in 1988 in communist Cuba, where she was not allowed to watch Hollywood movies and did not have a telephone, DVD player or access to the internet.

Having decided to become an actress, she joined Cuba's National Theatre aged 14.

Travelling abroad is restricted in the repressive dictatorship, but thanks to her Spanish grandparents she was able to head for Madrid at the age of 18. She became a celebrity in Spain thanks to her long-running part in popular TV series *The Boarding School*.

But it was after moving to Los Angeles in 2014 that she hit the big time.

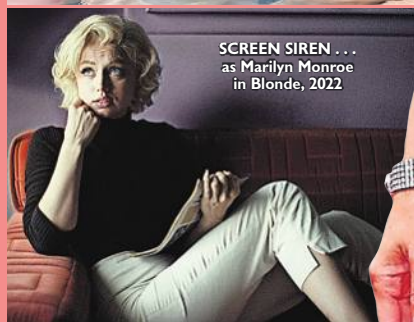
Our insider says: "Anna's been on a rocket ship in the business over the last ten years, primarily due to her easygoing personality and her incredible ability to work with these middle-aged, A-list leading men who just become totally captivated by her."

"You can legitimately call her The Leading Man Whisperer because she connects so well with these men, and some of them are 20 years older than she is."

Her first A-list leading man was Keanu in 2015 thriller *Knock Knock*,



WET GAINS ... with Ben Affleck in 2022's *Deep Water*



SCREEN SIREN ... as Marilyn Monroe in *Blonde*, 2022



HOT SHOT ... in forthcoming action movie *Ballerina*

IN DEMAND ... Ana at Toronto Film Festival last year

Ana The

which included the pair in a threesome.

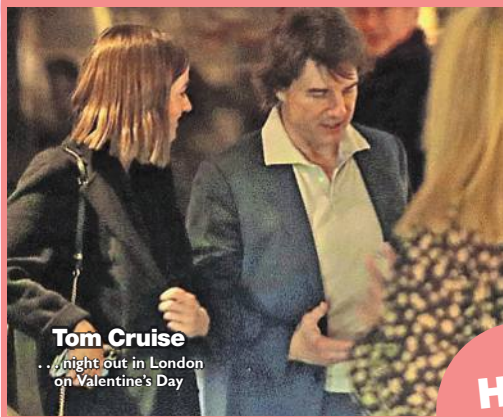
The following year she was working with *The Matrix* actor again in detective movie *Exposed* – and he will be making a cameo in her John Wick spin-off.

Before arriving in the States, Ana had been married – and divorced – to Spanish actor Marc Clotet, 44. Their union lasted two years from 2011.

It looked like Ana might walk down the aisle again quickly when she got engaged to Hollywood talent agent Franklin Latt in 2015, but the relationship ended before any vows were exchanged.

Her first genuine blockbuster came in 2017, playing Ryan Gosling's love interest in *Blade Runner 2049*. The pair teamed up again in 2023 for Netflix action

THAT LURES ALL THESE A-LIST BLOKES?



Tom Cruise

...night out in London on Valentine's Day



Brad Pitt

... at Venice Film Festival for *Blonde* in 2022



Keanu Reeves

... at screening for 2015 thriller *Knock Knock*

HER FELLAS



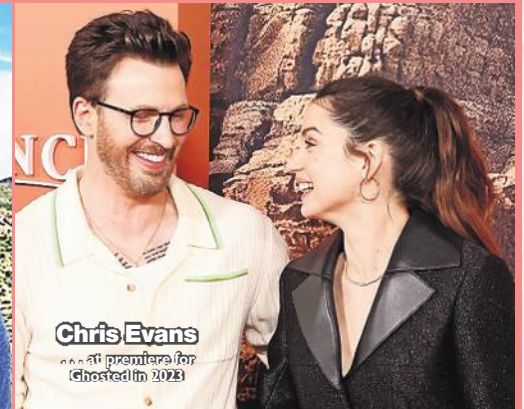
Ryan Gosling

... special screening of *The Gray Man* in London in 2022



Ben Affleck

... pair dated after meeting on set of *Deep Water* in 2019



Chris Evans

... at premiere for *Cheated* in 2023



Adrien Brody

... Marilyn Monroe film *Blonde* premiere in 2022



Daniel Craig

... launch for filming of *No Time To Die* in 2019

Man Whisperer

movie *The Gray Man*. She starred opposite Daniel Craig in 2019 comedy murder mystery *Knives Out*.

He praised her, saying "She's got the chops. She can do it all," which led to a part being written specifically for her in *No Time To Die*, Daniel's last outing as 007.

Ben Affleck, 52, wanted to be more than just a co-star after working with her on *Deep Water* in 2019. The couple holed up together during the Covid lockdown, with the pair spotted kissing through their face masks during a romantic stroll.

By 2021 it was over and in 2023 she was seeing Paul Boukadakis, an executive at dating app Tinder.

Part of Ana's attraction – romantically and professionally in Tinseltown, is her down-

to-earth attitude. She is not a prima donna and likes to have a laugh.

Our source says: "When you hang out with Ana, you feel like you're getting away with something, because she has this endlessly mischievous charm and a sense of humour. And she always lets you in on the joke."

"In real life, she's just not the femme fatale she sometimes plays in movies and has a very healthy attitude about all the Hollywood stuff going on around her."

"Even now as things seem to be moving towards a big new peak for her this year, she refuses to take herself too seriously and is the opposite of a control freak when she's on set."

Ana, who is an ambassador for Louis Vuitton jewellery, rarely posts

messages on social media about her personal life and has largely avoided negative headlines.

The only time her choices have been questioned are when Monroe fans complained about the obsession with Marilyn's sex life in the graphic 2022 movie *Blonde*, produced by Brad Pitt, and again now over her current choice of boyfriend.

'Some of that mojo'

Some Cubans are not impressed that Ana has been seen out with lawyer Manuel Anido Cuesta, 27, who is the stepson of her homeland's President, Miguel Diaz-Canel.

In 2018 Manuel was seen dancing at a party with dictator Diaz-Canel, whose regime is said to have

locked up hundreds of protesters since he took power in 2019.

On Monday Ana was spotted walking arm in arm with Manuel in Madrid, who would have been her true Valentine rather than Tom.

The fact she was sharing a platonic date with the *Top Gun* actor on that day gives a clue to how dedicated she is to networking.

There are few more powerful actors than Cruise.

Our source says: "Daniel Craig gives Ana a ton of credit for helping him find his comedic footing in *Knives Out* and I'm sure Tom Cruise wants some of that mojo to rub off on him."

However, there is no news of a formal collaboration between Tom and Ana.

And there is plenty of demand from elsewhere for her big-screen

presence. Disney's Marvel studios are said to be keen for Ana to have a major role in their reboot of the *Avengers* superhero series.

If John Wick spin-off *Ballerina* is a hit when it is released in cinemas in June, even more producers will be after her.

Our insider adds: "Ballerina is going to be a big deal for her. She's never been the lead of a summer action blockbuster before, and the filmmakers have spent the year and a half since they shot the movie to tweak the action sequences to absolute perfection."

"There's a reason Keanu Reeves is making a guest appearance in that movie."

"He's absolutely blown away by Ana's work and he insisted on showing up on camera to give her his John Wick seal of approval."



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ARREST... Foremans

IRANIAN ORDEAL OF OWN MAKING

WITH the UK weather so nippy, you're probably dreaming of the summer and scrolling through options of where you might venture on holiday. A British resort, perhaps? Or maybe a short hop to the Costa del Sol? But what's the betting none of you are thinking: "Hmmm, I hear that Iran is lovely for a quick getaway?" And even if you were mad enough to even contemplate it, a cursory glance at the Foreign Office website would tell you that it "advises against" there.

To hammer it home, there's a map of the region coloured in red for danger and the warning that British nationals are "at significant risk of arrest, questioning or detention". Yet all of the above was disregarded by British couple Craig and Lindsay Foreman who, by their own admission, decided to travel there "despite the advice of friends, family, and the FCDO".

Get them back

"Yes, we're aware of the risks," they posted. "But we also know the rewards of meeting incredible people, hearing their stories, and seeing the breathtaking landscapes of these regions could far outweigh the fear... We hope to share the beauty, hospitality and humanity that often go unnoticed." Sigh. Their belief the presence of incredible people negates the chances of encountering the corrupt and opportunistic within a tyrannical regime is naive, and they have now been arrested and reportedly charged with espionage.

Their poor family – whose concerns they ignored – are distressed, concerned and having to focus on trying to get them back.

Meanwhile, the Foreign Office – whose warnings also went unheeded – is now in contact with the authorities in Iran, so let's wait and see what the deal is.

But what's the betting that it won't be, "Oh sorry, honest mistake, we'll release them with no strings attached."

I sincerely hope it gets resolved and, in the meantime, that they're being treated well.

But the fact remains this regrettable situation was entirely avoidable.

HERE we go again... Meghan invading her own privacy with a cutesy, seemingly off-the-cuff (as if) video posted to her 1.8million Instagram followers.

The "Duchess of Sussex" has announced that her fledgling brand American Riviera Orchard has already been renamed "As ever".

Whatever. If the patent applications are anything to go by, she's about to start flogging us not just "fruit preserves" (aka jam) but

everything from napkins and haircare to trowels and pruning forks. Hold me back.

As ever (see, it's catching on already), Meghan is centre stage of the project, which will capitalise on the release of her imminent Netflix show *With Love, Meghan*, in which she will let us in on all her little home-making secrets.

Step one: Marry a British prince who can afford a nine-bed, 16-bathroom mansion in California. Talking of which, Prince Harry



IRONY... Meghan in video

who, lest we forget, vented at his family in the self-pitying memoir *Spare*, is reduced to an out-of-sight bit part, handing her the phone with the words, "it's recording".

Oh the irony. *Spare* indeed.

But then, being happily married with two gorgeous children is all part of the deal when it comes to selling an idyllic home life to the buying public.

Hence the girly giggle to her off-camera husband and the cover photo for *As ever's* website, which shows Meghan running hand in hand with daughter Lilibet across a lawn.

You can't see the child's face but if, as the couple have repeatedly said, you want complete privacy for your kids, then it's probably best to leave them out of any public-facing initiatives altogether.

As an actress, Meghan is clearly accomplished at speaking to camera as if she's been caught in an unguarded moment.

And this short recording of her looking casual in a white shirt, jeans and ponytail is a classic example of that.

It's a reminder that, had she stayed in the UK as part of the Royal Family, she would have been a great asset to various charity initiatives.

But the decision to walk out and plough their own furrow rapidly led to realisation that, in the dog-eat-dog world of corporate America, being an ex-royal doesn't cut the mustard if there's no other skill set to go with it.

And that their expensive lifestyle doesn't pay for itself.

Hence why Meghan is now trying to flog us over-priced mustard etc to pay the bills.

She and Harry want the cake of constantly bleating about their need for privacy while eating up whatever profit they can make by flogging themselves to the highest bidder.

As ever.



WHEN Ryan Reynolds and Blake Lively tried to laugh off their feud with Justin Baldoni at a star-studded event in LA, it was reported that onlookers Kevin Costner and Cher looked less than amused.

Oh I don't know. These self-celebratory sleb-fests can go on a bit, so one suspects Yellowstone actor Kevin was yearning for his bed and merely trying to see the time on someone else's watch.

And as for Cher, she's had the same expression for the past 20 years... so who knows?



MIX... Sugar and Ekin-Su

SHOW IDEA SO DATED

A NEW TV show is reportedly in development that's being described as the spawn of *The Apprentice* and *Love Island*.

Called *The Ultimate Power Couple*, it will put lovers through challenges to uncover the best business duo.

Ye Gods. Is there any TV format that has been milked as dry as the dating/relationship genre?

Not even middle-aged blokes doing buddy travel shows comes close.

Ever since *Blind Date* was a smash hit, we've had *Love Island*, *Love Is Blind*, *Married At First Sight*, *Temptation Island*, *Ex On The Beach*, *Dating Around*, *Dated And Related*, *The Later Daters*, *The Boyfriend*, *Perfect Match*, *Too Hot to Handle*, *Beauty And The Geek*, *The Bachelorette*... I could fill this page with examples.

And now it's bleeding in to the challenge formats.

Whatever next... Traitors: Couples Special?

Where do I send the invoice?

THE research proof is in – young people are confused by food labels and, consequently, waste a lot of produce that's perfectly edible.

Pretty much every Boomer parent could have told them this.

In Britain alone we waste 10million tonnes of food, much of it because people are "overly precautionary" about sell by/best before/use by dates.

Having been brought up by a war baby who would happily cut off the mould from a loaf and declare "it's fine", the only dates I pay heed to are "use by" on fish and chicken.

The rest of the time I use the best indicators of all for restricting food waste – my eyes and nose.

DON'T BOOB

NEW research reveals that 21 per cent of women are skipping breast cancer scans because they are either worried about going topless, haven't found a lump, or think it will hurt.

Trust me, none of the above will come even close to being told that you have advanced breast cancer and you could have caught it early.



Lovely lippy is a good start, Maura

MY delightful I'm A Celebrity campmate Maura Higgins is the face of Mac make-up's newest campaign for "nude" lipsticks.

And bless her, she's sent me a goody bag of samples.

Thanks Maura. Now, can you please send me the face and body to go with it?

CAMP MATES... Jane and Maura in jungle

JAM'S DRUMMER RICK DEAD AT 69

THE Jam's drummer Rick Buckler has died aged 69 after a short illness.

He played on the trio's hits such as *Going Underground* and *In The City* from their formation in 1972 to 1982 split. Bandmates Paul Weller and Bruce Foxton led tributes.

Singer Weller, 66, wrote: "I'm shocked and saddened by Rick's passing. I'm thinking back to us all rehearsing in my bedroom in

By **ETHAN SINGH**

Stanley Road, Woking. To all the pubs and clubs we played at as kids, to eventually making a record. What a journey! We went far beyond our dreams and what we made stands the test of time. My deepest sympathy to all family and friends. P.W x."

Bassist Foxton, 69, and
Iconic... Paul, Bruce & Rick

Buckler continued to tour after a fall out with Weller saw him leave to form The Style Council.

Foxton said of Rick: "I was shocked and devastated to hear the very sad news. He was a good guy and a great drummer whose innovative drum patterns helped shape our songs."

On February 1 Rick's team posted that his health had led him to cancel a forthcoming spoken-word tour.



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IS ROMANCE OVER?

If your partner is always busy, glued to their phone or watches your favourite TV show without you, it can seem they are avoiding you – and it may be so. Research found 69 per cent of people unhappy in

their relationship spend more time alone. **NATALIE CLARKE** hears from behavioural psychologist Jo Hemmings, right, about signs your partner may hate you...



CALL IT QUITS

...if your partner would rather scroll on their phone than chat



7 signs that your partner hates you

1 THEY'VE STOPPED NAGGING:

You might see this as positive, but how wrong you are. I see it in clients all the time when their relationship is breaking down. Your partner has gone from belittling you and being critical to saying nothing. You think, "That's a relief, I'm not being nagged". But it is sinister. They can't be bothered even to undermine you any more, they don't care enough to nag. It is a sign they've almost checked out, and is difficult to come back from.

2 ALWAYS ON THEIR PHONE:

When your partner is suddenly glued to their screen, the immediate thought is: "They're cheating." But very often it's not that they're texting someone else, rather that they're using their phone as a shield to protect themselves from you.

3 THEY WATCH YOUR FAVOURITE TV SERIES WITHOUT YOU:

Viewing a show together means snuggle-up time. But if your partner now tunes in alone or with friends, it's again about avoidance. They don't want to sit on the sofa with you. If their hand or knee accidentally touches yours, they will recoil.

Watching the show with friends avoids intimacy and even having to have a conversation about it. Your partner can't be bothered to engage with you, even about that. If necessary, they will watch the show alone – but they know that might invite difficult questions.

4 THEIR EYES ROLL WHEN YOU SPEAK:

One of the first things that people do when they start to hate their partner is avoid eye contact. But another sure sign is eye-rolling. People often aren't even conscious they're doing it, but if you catch your partner's eyes heading skyward it's a definite red flag.

5 THEY COULDN'T CARE LESS ABOUT NEXT YEAR'S HOLIDAY:

Your partner's favourite topic used to be next year's sunshine getaway, but now they don't care if it's Spain or Italy – or anywhere at all. That's because they're not planning on going away with you next year.

CHORE BORE... instead of sex



They don't see a future with you. In their mind, they're somewhere else – away from you.

A lack of interest in something they were interested in before is a danger sign – and another can be if they encourage you to go off somewhere nice on your own. They sound like they're being kind but they just want space away from you.

One survey found 23 per cent of people encouraged their other half to pursue solo activities when not happy in the relationship.

6 THEY'VE STARTED USING WEIRD JARGON:

It sounds unusual but is true. A study found people use formal language as a means to suppress emotional intimacy. You are now treated like someone at work. They might say phrases like, "Let's table this", or, "Let's put a pin in it for now".

It sabotages any emotional connection, putting you in a different role – colleague rather than lover. People do it subconsciously but it's a subtle sign they're moving aside from the relationship.

7 THEY DO CHORES ON SUNDAY MORNING – ONCE YOUR TIME FOR SEX:

If your partner knows Sunday mornings are time you set aside for intimacy, they'll arrange something else. They might start DIY jobs they once put off at any cost. Keeping busy around the house means no risk of intimacy. Or they might take up golf or running – to avoid you.



Trial... TV auctioneer

Hanson 'I'll lay off you' text

By DANIEL HAMMOND

BARGAIN Hunt star Charles Hanson promised his wife he would never lay a finger on her again days before his arrest, a court heard yesterday.

The BBC star allegedly messaged it to Rebecca on June 5, 2023, before adding: "Let's just give it a go, we have been through a lot in 13 years. "Let me show what a good husband I can be."

But she replied: "You'll never change."

When the auctioneer, 46, asked for a two-week cooling off she said: "Past that point I'm afraid."

She later texted she wanted to separate after he "pushed her too far", Derby crown court heard.

Her mum, Jacqueline Ludlam, said the marriage was normal initially but Hanson's outbursts became more frequent.

The star, of Mackworth, denies assault and coercive behaviour from 2012 until his arrest on June 14, 2023. Trial continues.

£1m lotto dawdler

A LOTTERY winner has finally claimed their £1million winnings – four months after the draw.

The lucky ticket holder scooped the cash in the EuroMillions UK Millionaire Maker on October 18.

Once the ticket is validated, the winner can decide whether they want their identity known.

Andy Carter, from National Lottery operator Allwyn, said: "Whatever the reason for the delay, it's now all about celebrating our newest National Lottery millionaire."

A return for otters

OTTERS have returned to a rural estate for the first time in nearly 70 years.

A mum and pup have been spotted on camera playing, swimming and scent marking.

It is the first confirmed sighting at Ewhurst Park, a 925-acre Hants estate, since the 1950s, when otter populations were all but wiped out by chemicals and pesticides.

Last year, beavers also bred there for the first time in 400 years.

Owner Mandy Lieu, a former model, said: "It's been amazing to watch."



Outside an Iranian mosque... Craig and Lindsay

On A New Life in the Sun in 2022... the Foremans

A BRITISH couple arrested in Iran while on a round-the-world motorcycle trip have been charged with spying.

Craig and Lindsay Foreman have been accused of gathering information on behalf of Western intelligence agencies, the Iranian judiciary said yesterday.

They now face years behind bars in the hardline Islamic republic, which has a track record of using detainees as bargaining chips in negotiations with Western countries.

Nazanin Zaghari-Ratcliffe, 46, spent six years in prison there before being released in March 2022.

The Foremans, both aged 52, were detained last month

By ROBIN PERRIE

after posting online that they were entering Iran against the advice of family, friends and the Foreign Office. They moved from East Sussex to Andalusia, Spain, in 2019 and appeared on Channel 4's A New Life in the Sun in 2022.

Their latest adventure involved riding through Europe and Asia on their way to Australia.

They entered Iran from Armenia

on December 30 when life coach Lindsay posted: "One of the most challenging – and let's be honest, slightly scary – sections of our journey, Iran and Pakistan."

"Yes, we're aware of the risks. But we also know the rewards of meeting incredible people, hearing their stories and seeing breathtaking landscapes could far outweigh the fear."

She was carrying out a psychology research project on the trip, asking people what made for a "good life".

They were due to reach Pakistan by January 4 but were arrested in the south-eastern province of Kerman by the Islamic Revolutionary Guard Corps. Iran's state-run media

Lindsay recognised risks... in post in December

yesterday reported that they had now been charged with espionage.

Judiciary spokesman Asghar Jahangir said the pair had posed as tourists to gather information.

They are accused of collaborating with Western intelligence services and Kerman chief justice Ebrahim Hamidi added: "Additional investigations are still ongoing."

The Foreign Office said: "We are deeply concerned by reports that two British nationals have been charged with espionage in Iran. We continue to raise this case directly with the Iranian authorities."

"We are providing them with consular assistance and remain in close contact with their family members."

Earlier this week their family said in a statement: "The emotional burden of this weighs heavily on us."

robin.perrie@thesun.co.uk



dr.lindsayforeman Which image speaks loudest to you? We're about to tackle one of the most challenging—and let's be honest, slightly scary—sections of our journey: Iran and Pakistan.

Despite the advice of friends, family, and the FCDO (which strongly advises against travel to Iran for British nationals), we've chosen to keep moving forward.

GAMING BRAIN LIFT

VIDEO games improve your brain functions, research suggests.

The finding is from a study of the cognitive ability of players of Counter-Strike, a long-running team-based shooting game requiring navigational skills.

Experienced players made quicker, more effective decisions than novices in

tasks, University of Sheffield researchers found. They believe further study can help people outside gaming, including doctors and air traffic controllers.

Prof Claudia von Bastian said: "Video games can give us a safe arena in which to examine how our cognitive abilities respond to high-pressure situations."

Sun

BRUMMIES are peanut butter nutters, wolfing down an average of 18 jars every year and more than anywhere else in Britain, a survey shows.

SPOT

A RUBBISH EXCUSE

A COUNCIL has failed to clear up industrial fly-tipped waste near a nature reserve because driving a van to get it would be a health and safety risk, it has been claimed.


The rubbish, including a toilet, has been dumped in Corfe Mullen, Dorset, for about six months. Resident Ray-

mond Russell says he was told Dorset council would not send a vehicle as "there are overgrown bushes with some brambles and branches" on the lane.

A council spokesman said it had requested a 4x4 vehicle with a trailer and the waste would be "removed and disposed of shortly".

buzz

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James travels to his gig by Tube

(AND NO ONE RECOGNISED HIM)

JAMES BLUNT shunned a posh car in favour of taking the Tube to his O2 gig. And by the looks of these snaps, not one person realised it was him. He went incognito on the Underground before playing to a crowd of 20,000. I was there in London watching James on his Back To Bedlam 20th anniversary tour and he was on top form, revealing his debut album was conceived in a drug-fuelled haze. He said: "I actually find it really hard to describe and come out like a normal human being. "Because High, well, what do you f***ing think it's about? There was an acid trip in Devon."



OBLIVIOUS... on Tube




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GARRIX ON A 10-YEAR IBIZA RUN

THE world's No1 DJ **MARTIN GARRIX** is returning to Ibiza this summer to mark ten years of entertaining crowds at megaclub Ushuaia.

He will perform every Thursday from June 19 to September 25.

Martin said: "The first time I came to the island was back in 2012 and it's felt like home ever since. This summer will mark ten years of my residency at Ushuaia Ibiza."

"A full decade, and I couldn't be more grateful for it. Counting down the days now for the season to start, and I'll bring some fun surprises."

BRIDGET Jones: Mad About The Boy has broken the record for the best opening weekend for a romcom in the UK and Ireland, beating 2004's **Bridget Jones: The Edge Of Reason**.

It made £11.8million in its first four days of release.

That surpassed the £10million the second movie made in the same period.



ZOE BACK IN RADIO 2 SHAKE-UP

ZOE BALL has announced her return to Radio 2 a couple of months after leaving the breakfast show.

The presenter had been in the early morning slot for six years before she stepped down just before Christmas.

Zoe, above, is coming back to the airwaves from 1pm to 3pm on Saturday afternoons as part of a shake-up for the station's weekend schedule, which will happen in May.

MARK GOODIER's Pick Of The Pops moves from Saturday afternoon to 5pm to 7pm on Sundays.

ELLIE HENMAN'S

MOBO

AWARDS

With
HOWELL
DAVIES
& JACK
HARDWICK

JACK BRITS PAYBACK

JACK WHITEHALL is returning to host the Brits because he has unfinished business after last fronting the awards as we emerged from lockdown.

The comedian is taking the reins for a fifth time after first doing so in 2018.

He felt that his run ended with a "whimper" because it was a socially distanced evening with no raucous behaviour.

Jack said: "The last show I did was in 2021, which had a fair few restrictions due to Covid."

"So it always felt like, due to circumstances beyond my control, I'd maybe gone out with a little bit of a whimper."

"I think the Brits 2025 is going to make up for that and be a really big night."

"When I first started out I was just like, 'Jack, don't mess this up. This is

such a big opportunity'. You don't want to say the wrong thing and insult someone and then get taken off air."

"Then I got to a point where I was like, 'It's probably best now to not outstay my welcome'."

"And now, here I am, back again."

It doesn't sound like he will be knocking back many shots with **SAM FENDER** or getting lairy with **SABRINA CARPENTER** before showtime on March 1, though.

Jack added: "It's quite zen backstage when I'm trying to get ready."

"I will probably be in there, just doing a sound bath or humming and trying to do some breathwork to keep myself nice and calm."

"But then I go off like a coiled spring and bounce on to the stage."

COVID REGRETS
... host wants to make up for his last Brits ceremony



ZARA MCDERMOTT has taken the ultimate picture for her dating profile.

The newly single TV presenter wore a sequined skirt and yellow crop top on holiday in Dubai. When she's not making BBC documentaries, Zara is a keen singer and has got an amazing set of pipes on her. She uploaded a video of her singing **BILLIE EILISH**'s L'Amour De Ma Vie to TikTok last week and absolutely nailed it.

If the telly work ever dries up, Zara could easily make it as a singer.

Zara
is on
shine
form



VICK HOPE

AMBER GILL

WANNABE A K-POP STAR

Spice Girls on Korean reality show

AYRA STARR was one of the big winners at the MOBO Awards – and looked like one on the red carpet.

The Nigerian singer, who has had hits with Rush and My Love alongside **LEIGH-ANNE**, was named Best International Act and Best African Music Act.

She joined stars including Radio 1's **VICK HOPE**, Love Islander **AMBER GILL** and model **LEOMIE ANDERSON** at the Utilita Arena in Newcastle to collect the awards, but she wasn't the only double winner.

Rapper and singer **DARKOO**, who was also born in Nigeria but raised in South London, won Best Female Act and Song of the Year for Favourite Girl.

CENTRAL CEE won Best Male Act and **BASHY**, who performed at the ceremony, had reason to celebrate as he picked up Album of the Year for Being Poor Is Expensive and Best Hip-Hop Act. Jamaican dancehall performer **VYBZ KARTEL** was honoured with the Impact Award at the event.

The whole show was streamed live on YouTube. But if you missed it, watch MOBO Awards 2025: Access All Areas, hosted by DJ **TARGET**, on BBC One at 11.25pm this Friday.

THREE decades after they first got together, the SPICE GIRLS are helping other music Wannabes – on TV in South Korea.

I can reveal **EMMA BUNTON** and **MEL B** secretly flew to Seoul in November to take part in a reality show where they sang with K-pop idols.

The series called **KPOPPED**, which is expected to air later this year, will feature a different Western act in each of the eight episodes, collaborating with big names from the world of K-pop to re-imagine



SUPPORT
... Emma

one of their biggest hits. I personally feel like the Spice Girls back catalogue is already top tier, so I'm not sure turning any of them into a high-octane banger will do many favours.

One of the other big names taking part will be Eighties legend **BOY GEORGE**, so they are clearly pushing the boat out when it comes to star power.

A music insider said: "A Spice Girls reunion is a way off. So having Emma and Mel back on stage singing a Spice Girls song together might be the closest fans get to a comeback, even though it will be with K-pop stars rather than **GERI HORNER**, **MELANIE C** and **VICTORIA BECKHAM**."

"They flew to South Korea at the end of last year and were on set for quite a few days as they

battled it out with other pop veterans.

"With them alone on board, it is a big show. But there's also Boy George and loads of other chart-topping stars, which will be enough to encourage people to tune in."

LIONEL RICHIE is an executive producer on the Apple TV+ show, which will also feature rapper **MEGAN THEE STALLION** and Gangnam Style singer **PSY**.

'Get things right'

Next year will mark three decades since Spice Girls released their debut album Spice, and Melanie C reckons a reunion could well be on the cards.

She said earlier this month: "There has to be something befitting of 30 years since Wannabe. Once a Spice Girl, always a Spice Girl."

"We all feel like that. But we now are getting together because we know if we're going to do anything, we have to start planning things to get things right."

I'll only believe it when I see it.



BLUE DO YOU THINK YOU ARE... Mel B leaving a TV studio in Salford this week

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SMARTEN up an outfit and step out in style with these buckled boots, down from £30 to £15 at Matalan.
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GIVE your sofa a mini spring refresh with this daisy-print throw, half price at £5 at onlinehomeshop.com.

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Pet projects

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RUSTLE up a tasty dinner in this 2.5-litre casserole pot, above, £49 from Next. Or get a little more bang for your buck with the Livarno cast iron 4.7-litre dish, £29.99, below, at Lidl from tomorrow.
SAVE: £19.01

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What's new?

BISTO has hidden three lab-grown blue diamonds, worth £1,500 each, in special Wallace & Gromit packs of its Favourites gravy.



COLD and wet weather can make February half term hard for entertaining kids.

And soft play or other indoor attractions where they can stay dry and warm can be expensive. But many shops have free or cheap fun for kids, and you can maybe shop too.

Here are some ideas...

PET SHOPS: Look up local shops that have animals the children can look at. Try a reptile store for lizards and aquariums. Pets at Home has free workshops throughout half term. Kids can meet small animals, and maybe enjoy some colouring and puzzles. See petsathome.com/workshops.

By LANA CLEMENTS

GROCERY SHOP: Taking smaller kids with you when you buy the weekly food can often be hard work. But Lidl's child-size trollies help to ease the pain. This lets you to do your shopping while keeping the little ones entertained. Kids love pushing the mini-trollies around the store.

GARDEN CENTRE: Dobbies is running its free Little Seedlings holiday club where youngsters can learn all about flowers and where they come from.

The sessions last 60 minutes and children will need to be accompanied by a parent or guardian. Book online at dobbies.com/events.

IKEA: The furniture store runs free events for children over half term. You can expect teddy bear store trails or

bedtime story competitions with no registration required.

Loyalty members can also access free workshops such as make-and-take bedtime boxes. Dates and events vary by store. Find your nearest at ikea.com.

JOHN LEWIS: Selected branches of John Lewis run free regular meet-ups to help new parents connect.

Adults get a complimentary hot drink, and a glass of juice is on offer for pre-schoolers who can also play with toys. Dates vary.

To find out more or book, see experiences.johnlewis.com.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

Little helper

PRIMARK'S travel cup holder is £5 and makes it much easier to take your favourite drink on the go. Featuring an adjustable strap, it is available in this ombre colourway, left, or in light pink.



SHOP & SAVE



ADD a little flair to your wardrobe with this red leopard-print dress, down from £62 to £43.40, at silkfred.com.
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Protected... evil Sharif

Sara dad shielded by jail's Islamists

EXCLUSIVE by
MICHAEL HAMILTON

SARA Sharif's killer dad is being protected in jail by an Islamist gang.

Eight extremists have warned lags off Urfan Sharif, 43, at Frankland Prison, Co Durham.

Last month Sharif, serving life for the 2023 murder of Sara, ten, in Woking, Surrey, was slashed with a jagged tuna tin lid at previous jail Belmarsh, in London. A source said: "He's not been touched at Frankland, largely down to this Muslim gang. They're on his wing and have said anyone trying anything must deal with them."

"It's warped but they say what went on in Sharif's house was a family matter. He's a Muslim so as far as they are concerned he's one of them."

Our source said Sharif spends most of his time in his cell. He has grown his hair and lost weight to become painfully thin.



As gangster... Cillian

TV writer: hit show Peaky 'is not over'

By ROD MCPHEE, TV Editor

PEAKY Blinders creator Steven Knight has dropped a huge hint that the show could return for another series.

The BBC gangster drama featuring Cillian Murphy was a massive hit from 2013 up to the finale in 2022.

Show writer Steven has been turning the show into a film for Netflix but yesterday suggested Peaky Blinders might be back in the near future.

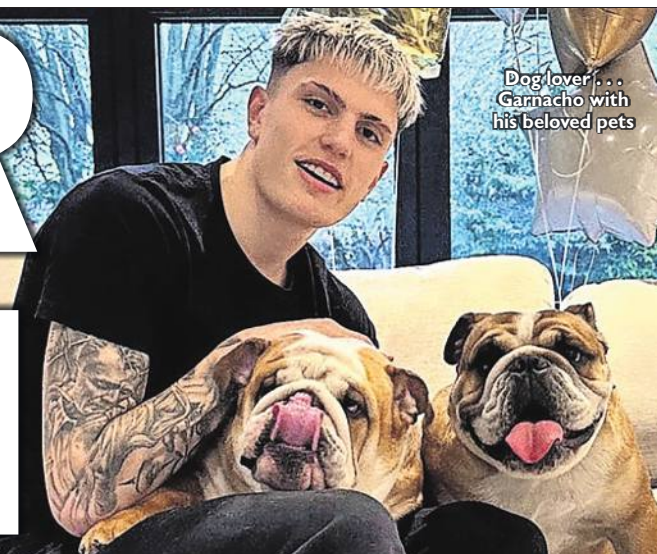
On BBC Breakfast, he said: "It's not over, let's just put it like that. I'm not allowed to announce it. But I'm just saying that the world of Peaky will continue."

He said the upcoming film would be "a very fitting way to end this part of the Peaky story."

But Steven, who was promoting his new Disney+ period drama A Thousand Blows, would not specify what he meant when he referred to "this part" of the story.

UTD FAN'S GARNACHO WIN

ROVER THE MOON



United fan... Leah

EXCLUSIVE by RICHARD MORIARTY

A MUM got a tour of Manchester United's training ground for finding Alejandro Garnacho's dogs.

United supporter Leah Smith, 26, and her children Leah also got match day tickets from the grateful Argentina international.

Leah was driving with daughter Eliza, ten, when she saw two mutts on the loose near the star's mansion.

She managed to get them in her car and recognised them from pics the winger posted on social media.

Leah then drove to United's Carrington training ground where they let her and her daughter inside to watch the first team going through their paces.

An assistant told them the dogs were indeed Freko and Burrows, who live with the star, his partner Eva and their

Ace treats mum and kids to tour after she finds his dogs

one-year-old son Enzo in Bowdon, Gtr Manchester. Leah told The Sun: "Once they confirmed the dogs belonged to Garna, they politely asked if I could take them back to his home, which I did. His partner, Eva, was waiting and was very grateful."

The following day the couple phoned Leah to thank her - and gave her tickets for the players' family area at Old Trafford for their Premier League game against Southampton.

Leah, Eliza and her brother Jensen, seven, saw Prem strugglers United win

3-1 on January 16. Leah said: "My children will never forget this day. Thank you Garna & Eva." Leah, who lives five minutes from Garnacho's home, has since bumped into the footie ace while he was walking his dogs.

Fans praised Garnacho, 20, for his generous response but one joked: "Nobody should be made to sit and watch a United game."

Garnacho joined United's academy in 2020 from Spanish club Atletico Madrid and made his first-team debut in 2022. richard.moriarty@thesun.co.uk

ERLING'S £250K DEBUT



Norse power... Haaland, and car

By SARAH RIDLEY

ERLING Haaland has treated himself to a £250,000 motor following his record-breaking new deal.

The Man City striker, 24, left training in a Porsche 911 GT3 as adoring fans looked on.

The Norwegian goal ace agreed a £260million ten-year contract last month. His new Porsche cost half a week's wages. His fleet of supercars includes a £250,000 Mercedes-Maybach and a rare Mercedes AMG One, said to have cost a mind-boggling £2.7million.



Retiring wait fear

SEVEN in ten professionals expect to delay retirement over money worries, a poll shows. They fear they will not have enough cash once they give up work. Three in ten retirees have returned to work in the past 18 months – nearly half of them to make ends meet, the poll for Robert Walters found. CEO Chris Eldridge said: “Un-retirement was driven by high living costs and flexible work.”

CIPHERING CASH

A code-ciphering WW2 Enigma machine, found in 2017 in a shed in Belgium, is set to sell for £160,000 at a US auction.

BBC GAZA KID 'IS SON OF HAMAS MINISTER'



Hamas minister... Al-Yazouri

THE BBC was accused of being a propaganda tool for Hamas yesterday in a furious row over a documentary.

Its prime-time Gaza: How to Survive a Warzone featured children living in the strip since the October 7 attack on Israel. But the main narrator – 13-year-old

By **ROBIN PERRIE**

Abdulla Eliyazouri – is reportedly the son of Hamas deputy minister of agriculture Dr Ayman Al-Yazouri. And one of the cameramen is said to have previously posted messages saluting the October 7 massacre and videos showing off Hamas weapons. The hour-long documentary was broadcast on Monday on BBC2 and is available for the next year on iPlayer.

Investigative journalist David Collier, who revealed the identities of those involved, said: “How did the BBC let a son of a Hamas minister walk around looking for sympathy and demonising Israel for an hour in a documentary?”

“The BBC is publishing Hamas propaganda. “The current hierarchy at the BBC has turned a once respected state broadcaster into a propaganda outlet for a radical Islamic terror group.”

Tory peer Baroness Foster also blasted the Beeb, saying: “A total lack of accurate research resulted in an hour of propaganda and lies.”

Abdulla previously featured in a Channel 4 report in November 2023, soon after Israel's bombardment of Gaza began. He appeared under a different name with a man called Khalil Abushammala, who was said to be his father.

But Abushammala is actually his uncle and director of a group which campaigns for Palestinian prisoners. It has links to the terror group Popular Front for the Liberation of Palestine (PFLP), according to Collier.

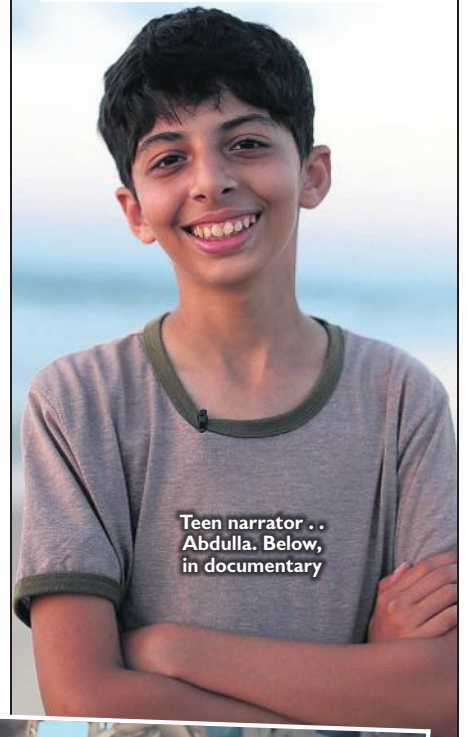
The PFLP took part in the October 7 attacks alongside Hamas.

A BBC spokesman said: “The documentary was produced in line with our editorial guidelines and the BBC had full editorial control.”

“It was edited and directed from London, as independent international journalists are not allowed into Gaza.” robin.perrie@thesun.co.uk



Abdulla... lad in the 2023 C4 report with Abushammala



Teen narrator... Abdulla. Below, in documentary



CHILLI 'ATTACK'

SHOPPERS were treated for stinging eyes and itchy skin after a home-made chilli spray attack.

They were targeted in a Costco wholesale store, where members of the public detained a teenage lad before he was arrested by police.

He was one of ten people affected by the irritant, thought to have been a mixture containing chilli oil.

No one needed hospital treatment following the attack in Avonmouth, Bristol, on Monday evening.

Sun

COTTON-top tamarin monkey twins have been born at Yorkshire Wildlife Park, Doncaster, boosting hopes for the species down to fewer than 6,000 in the wild.

SPOT

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Tribunal... Dybowski

Christian teacher fired after woke dig

By ALEX WEST

A CHRISTIAN teacher was frogmarched out of school for railing against gender swaps and wokery, a tribunal heard. Ben Dybowski got into a blazing row with head Marc Belli, telling him a boy identifying as a girl is not a girl and there were only two sexes.

When told he was being offensive, Mr Dybowski, in his 50s, said: "You're the wokest headmaster I've worked with."

Afterwards, he was marched out of Bishop of Llandaff Church in Wales High School in Cardiff and sacked.

Anti-woke campaigner Mr Dybowski sued the school for harassment and discrimination because of his Christian beliefs, but lost.

The tribunal in Cardiff ruled the school was right to expect him to keep his personal views to himself.



Recovering... Collette

Tourist's threat of arrest for heart op

By RICHARD MORIARTY

A MUM who had a heart attack while on holiday abroad has been threatened with arrest if she does not pay £22,000 in medical bills.

Collette Robinson, 58, was on a break in Morocco when she was taken ill by her hotel pool.

The mum of four was taken to a Marrakesh hospital, where doctors discovered she had had a heart attack and fitted her with a stent.

Former pub landlady Collette is still in the Clinique Averroès hospital a week later and needs to raise £22,000 to pay her bills.

Her son, Jack Gilder, said: "I've compared prices in Morocco and no one pays that much. 'She is now being threatened with arrest.'"

Jack said that Collette, of Manchester, forgot to update her travel cover after a previous heart attack - which meant she was not insured.

MY BUTTY'S TOO PIG

He's never been rasher



Pictures: KENNEDY NEWS



By WILL BARKER

A DAD ordered what he believes was Britain's biggest bacon sarnie - butty bit off more than he could chew.

Pub owner Craig Harker, 27, stunned staff at Greggs by asking for 100 rashers in a giant white bun.

The 9in tall, 8,000-calorie "bacon Mount Everest" cost £60 in Stockton-on-Tees, County Durham.

But food blogger Craig, of Hardwick, could only scoff 38 rashers before giving the rest to hungry loved ones. He said: "Even the big eaters in the world would struggle to eat something like that."

"I never want to look at a piece of bacon again."

DELIVERY FIRM CONFESSION

GOING TO LOSE 22K PACKAGES DAY

EVRI



PARCEL giant Evri admits it will lose eight million packages this year - 22,000 a day.

The delivery company, which estimates it will handle 800million parcels in 2025, predicts it will lose track of one per cent of them.

That equates to 153,846 lost parcels every week. Some will eventually reach their destination after a delay. But others will not arrive at all thanks to being damaged or stolen. Evri last year delivered more than 730million parcels.

Thanks to an investment boost of £32million in operations and customer services, it claims to have a 99 per cent success rate. Evri counts late or lost parcels under the same category - making up the one per cent.

The scale-up saw the firm deal with 12million customers per week last year. And more than 7.3million parcels a year did not reach their destination on time or at all in 2024 - 20,000 a day.

Evri delivers 4,000 parcels to UK households every minute during peak delivery periods.

Now some are questioning whether the sudden

EXCLUSIVE
by RYAN PARRY

scale-up has impacted on customer service.

Professor Edmundson-Bird, of Manchester Metropolitan University, said: "When businesses expand too quickly without proper infrastructure and planning, customer service often becomes a significant casualty of growth."

Evri said its couriers are rated 4.7 out of five by customers and it is "on track" to handle 800million parcels this financial year - with more than 99 per cent successfully delivered on time.

ryan.parry1@thesun.co.uk

ADVENTURER ON MENTAL HEALTH FIGHT



HOLIDAY... Ben and Marina with Iona and Ludo

By
ROSS KANIUK

WE know him as the tough-guy adventurer who is either climbing Mount Everest, racing to the South Pole or running a marathon through the desert.

But Ben Fogle has revealed how the stillbirth of his son Willem in 2014 turned him into a control freak – and eventually led to the mental health breakdown he suffered last year.

The 51-year-old TV presenter, whose shows include *Countryside* and *New Lives In The Wild*, said: “A number of years ago, my wife and I lost a son, who was stillborn. And it’s amazing how you deal with a loss like that.”

“My wife Marina was very raw with her emotions. Mine were much more measured. It doesn’t mean I felt it any less, but I probably kept them within.”

“And one of the big things that happened to me was that I became obsessed about control, because I’d lost control there.”

“I was actually in Canada when it happened, and I had to take a flight to get back. I didn’t know if my wife was going to survive.”

“It was like one of the periods in my life, I’ve had a few, when I had lost all control. And what my brain, this amazing thing, did was it made me absolutely obsessed about control. And I wanted to control everything.”

Ben, who has son Ludo, 15, and daughter Iona, 13, added: “I wanted to control how happy my children were. I couldn’t bear it if they weren’t happy. “But you can’t. You can give hugs and kisses. But if a child is sad, you can’t just magic happiness.”

“And I think when you try to control things when you are in the public eye and in modern life, that’s really, really difficult. “And that for me was also one of the problems. It was like a clash. A perfect storm of circumstances that all culminated together. I think it was a perfect storm.”

I think what happened in 2023 is that I overdid it.

“I was being over-stimulated, I was absorbing too much, I was doing too much, I was expecting too much of myself.”

“It was losing control of my emotions. It was that lack of control that eventually led to a point where I had to press the pause button.”

Ben, whose symptoms included crippling paranoia and anxiety, was then diagnosed with ADHD, and said that one of his first remedies was to delete social media apps from all his devices.

Speaking for a forthcoming episode of the *High Performance* podcast, he added: “It was definitely a chaotic period that I haven’t completely got over.”

Asked what the first warning signs



DOCUMENTARY... in Falklands

of him not being well were, Ben, BBC One reality show *Castaway*, said it was when he was about to head to Antarctica for a month recreating the journeys of explorers Captain Scott and Ernest Shackleton.

He said: “On the lead-up to that – it was over the Christmas period, I left on Boxing Day – I was agitated. A bit like if you have a dog and you see the dog walking in circles.”

“I felt restless and sick. I didn’t want to go and I couldn’t really put my finger on why I was feeling that way. Now in hindsight I realise it was probably what is sometimes described as a panic attack.”

“I probably should have not done it. I did it. I loved it. It was an amazing, amazing experience. I then came back and I was almost over-elated.”

“My emotions were see-sawing up and down. There was almost too much elation. That was the point of

**We lost a child,
I lost control...
then I became
obsessed with
controlling
everything**

Says BEN FOGLE

these sort of yo-yoing emotions that in hindsight I realise were my body saying, “Do you know what, you just need to slow down, stop being hard on yourself.”

Explaining what made him seek help, he added: “It was lots of tiny little alarm bells. It was a period of moments.”

“I just realised I needed to do something and to ask someone who perhaps was more knowledgeable in this field.”

Doom scrolling

“I saw a psychiatrist to kind of explain what I was feeling, how I was struggling a little bit.”

“I think the whole thing probably lasted in its kind of storm-like period a couple of weeks. And then I’d say it took quite a while to kind of clear that up – a couple of months probably. It’s probably an ongoing thing.”

“I deleted social media apps from all my devices. Like everyone, I was doom scrolling.”

“I think there’s an assumption –

because of what I do, I’m constantly out in the wilderness, I’m constantly extolling the virtues of living in an analogue world, of switching off – that I am somehow completely immune to that.”

“But I spend an hour coming into London on the train, scrolling and looking and looking at the news.”

Now he tries to avoid his phone on trains and leaves it behind when he is running or walking the dog. He has also cut back on work, turning down offers he would previously have accepted.

And he spends an astonishing ten hours every day outside, even when the weather is freezing.

He said: “I live in the countryside. I’ve got lots of dogs, we’ve got horses, and I am probably outside, let’s say, of a 12-hour conventional day when I’m home, we and the family are outside probably ten hours of that – even in the winter with torches out.”

● Ben Fogle’s full interview can be heard on the *High Performance* podcast on Monday on all major platforms.

TAKING IT EASY
... Ben and Marina
at Chelsea Flower
Show last year



Age UK... Abrahams

MPs: We must end ‘culture’ of ageism

By **JACK ELSOM**

AGEISM is widespread and discrimination laws are failing older people, MPs have said.

The “ageist culture” is not treated as seriously as other prejudices, the Women and Equalities Committee found.

Issues for the more than 11million over-65s in England and Wales include digital exclusion, with services such as healthcare and banking going online.

A report by the committee said the Government must develop a strategy to ensure there are offline alternatives.

MPs also called for the creation of an Older People’s Commissioner to speak up for the elderly.

And they want beefed-up protections against age discrimination – which are enforced.

Caroline Abrahams, of Age UK, said: “Ageism is so ‘in with the bricks’ of our culture many of us do not even recognise it.”



Confused... over bins

Half still stumped on what’s recycled

By **SAM CREED**

NEARLY half of people are still baffled when it comes to recycling, a survey has revealed.

And we want easier-to-understand guidelines to boost our confidence in picking the right bin.

More than a fifth of 2,000 polled say they still do not know that aerosol cans may be recycled.

And more than four in ten wrongly think polystyrene can be, despite the packaging having to go in with general waste.

One in six were unaware metal bottle tops could be recycled.

One in eight thought tins could not be, according to the survey for waste company Biffa.

It comes ahead of new recycling rules for businesses, which start from March 31.

Biffa said: “UK Recycling rates have broadly stagnated. It’s crucial we all play our part in helping the public understand what can be recycled.”

INXS VERSUS SAS

Band boss £1.2m court fight with ex-army hubby

A FORMER manager of rockers INXS has won a bitter court fight to halt a £1.2million payout to her ex-SAS husband.

Maria-Christina Copinger-Symes, 54, agreed to pay the sum after her marriage collapsed in 2022.

But the settlement was quashed by a court yesterday

By PAUL SIMS

after it emerged her super-rich family had secretly gifted him £27.6million. And now the businesswoman is demanding half of Major James Copinger-Symes' new-found fortune.

The couple, *right*, married in 1998 and lived with their four children in a £3million home in Chelsea, West London.

When they split in 2022, Ms

Copinger-Symes – the European manager for Never Tear Us Apart hitmakers INXS – agreed to pay £1.2million. But she failed to cough up and was ordered to return to court in 2023.

It then emerged her estranged parents, shipping magnates Bobby and Felicité Perez De La Sala, had sided with her husband, 57.

Judge Edward Hess told the Central Family Court:

"This is very much an exception to the normal rule that blood is thicker than water."

But the judge backed Ms Copinger-Symes, saying her ex knew he was getting the money before signing the settlement as he was looking at luxury homes to buy.

The case will return to court later this year when he is pursued by his ex for £14million.



Hitmakers . . . INXS

£25k rail swindler

A FRAUDSTER has admitted taking part in a £25,000 rail ticket scam.

Abiole Emmanuel, 45, used stolen credit card details to buy tickets so they could be sold on.

The racket ran from 2019 to 2021, netting more than £25,000, Inner London crown court heard.

Emmanuel, of Oldham, Gtr Manchester, admitted fraud but claimed he played only a minor role and made just £4,500.

He will be sentenced on March 10.

BLOOD THIRSTY

Dave Charles, 74, has donated his 150th pint of blood, having started so he could enjoy a beer or two after in Grantham, Lincs.

Picture: ROLLAS/KAT IRLIN



Stuck . . . Mr O'Reilly

Warning on 'killer M-ways'

By JOHN LUCAS

A DRIVER stranded on a smart motorway when his car ran out of fuel died after being struck by a lorry, an inquest heard.

Kevin O'Reilly, 58, of Coventry, was stuck beside his Mitsubishi in the fast-moving traffic.

He suffered a brain injury when he was hit by a Volvo HGV and died seven months later.

The crash happened in June 2023 in Staffs near junction 12 of the M6, which had all lanes open but emergency stopping bays only every 1.6 miles.

His death prompted the coroner to warn Highways England – which maintains major routes – other lives could be at risk on smart motorways.

In a prevention of future deaths report, Emma Serrano wrote: "There was no area for vehicles to stop and the all-lanes-open motorways were not monitored."

Verdict: Road accident.

Five hero dog nods

A BLOOD donor dog who has saved 168 fellow canines is among the five finalists for the Kennel Club's Hero Dog Award.

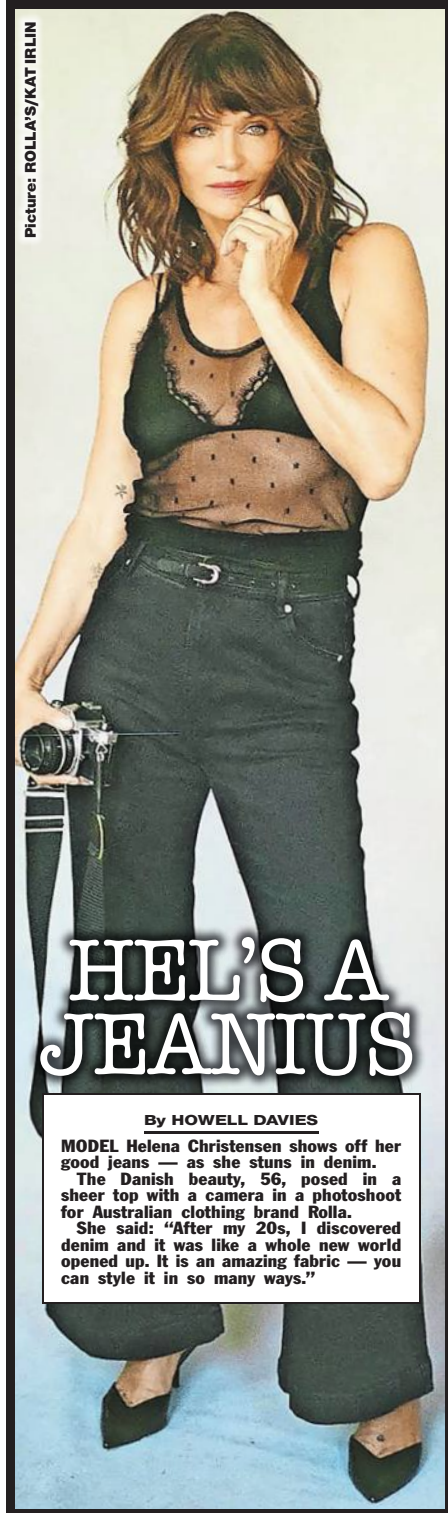
Others include a pooch who hiked for seven months with his grieving owner and a police dog who lost a leg after being hit by a suspect's car.

Another is a Pomeranian who supports her eight-year-old owner who cares for her severely autistic brother and a therapy dog who was abandoned as a puppy.

The winner will be named at Crufts in Birmingham on March 9.

BUTT IT'S BANNED

Seven in ten smokers and vapers admit puffing in banned spots including trains, hotel rooms, pubs and at work, a poll says.



HEL'S A JEANIUS

By HOWELL DAVIES

MODEL Helena Christensen shows off her good jeans – as she stuns in denim.

The Danish beauty, 56, posed in a sheer top with a camera in a photoshoot for Australian clothing brand Rolla.

She said: "After my 20s, I discovered denim and it was like a whole new world opened up. It is an amazing fabric – you can style it in so many ways."

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Risk... young vaper

Stars in warning on vapes to teens

By SAM BLANCHARD

TEENS will be urged not to vape in a campaign by online influencers.

Videos aimed at 13 to 18-year-olds will feature doctor and DJ Bodalia and scientist and musician Big Manny.

Their warnings will be on YouTube and Instagram as part of the Love Your Lungs programme.

The Department of Health and Social Care's campaign is the first in England to inform young people about vaping and nicotine addiction.

A video has already been commissioned which depicts a woman in a toxic relationship, which turns out to be her vape.

Meanwhile a ten-year study from UK Research and Innovation will track the effects of vaping on the health of 100,000 eight to 18-year-olds.

Health minister Ashley Dalton said: "It's crucial we have clear evidence on long-term health harms."



Injury... greyhounds

Dog race ban 'as soon as possible'

By DANIEL HAMMOND

WALES is to become the first UK country to ban greyhound racing.

It will be outlawed "as soon as practicable possible", Deputy First Minister Huw Irranca-Davies announced yesterday.

But no date has been given, with the minister saying there was work to do to safeguard the welfare of dogs, owners and others in the sport.

The RSPCA says racing leads to hundreds of dog deaths and thousands of injuries a year in the UK.

Mr Irranca-Davies said of the ban: "I believe now is the right time."

"We are proud to be the first nation in the UK to do this."

"I want a ban as soon as practicable possible."

The move has cross-party support and is backed by a 35,000-signature public petition.

Wales has one independent track, in Ystrad Mynach, Caerphilly.

AS WE REVEAL DR WHO FACES



FLAT NOTE... Jinkx Monsoon as musical arch villain Maestro

DRAG QUEEN Starring RuPaul champ as a villain

The Devil's Chord
May 2024

AMERICAN drag artist and former RuPaul's Drag Race winner Jinkx Monsoon plays arch villain Maestro.

The Doctor and his companion Ruby Sunday, played by Millie Gibson, go to see The Beatles in 1963, only to find the world has mysteriously lost interest in music. Maestro,

they discover, is summoned by playing The Devil's Chord and sucks up the essence of music.

She says: "Every song that goes unsung feeds me. I get stronger and stronger until I can reach out and steal the music of the spheres. Then the universe will stop turning."

But that still doesn't explain why Maestro was played by a drag artist.

QUESTION: What's the only thing more woke than a show with drag queen baddies and trans heroes?

Answer: A show with drag queen baddies, trans heroes AND Daleks who feel they are the victim of racism.

Welcome, loyal viewers of 62 years, to the modern-day version of Doctor Who – a programme the BBC has locked in a woke choke with scripts that now read like suicide notes. The Sun



My View by
ROD MCPHEE
TV Editor

exclusively revealed yesterday how the show was facing the axe, with lead actor Ncuti Gatwa poised to quit and staff on the show now working on the basis that it won't be returning.

The BBC seems to have managed the same feat it did with A Question Of Sport and Football Focus – trashing our television classics with wokery. It maintains no decision has been

taken on Doctor Who corporation chiefs say elements will be made and series under the lords airs later this year.

But it will need spectacular U-turn viewing figures of series last year, which try two to three million on Saturday nights.

Blistering s

Compare that to the levels that used to be shown under favourite nant and Matt Smith.

And don't let the wink you into believe on-the-night viewer irrelevant figure in



IN TROUBLE... Sun story on plans to ditch series



HOLY MOLY...
Doctor, Ncuti
Gatwa, in
middle of war

CHRISTIANITY Lecture against 'brainwash' religion

Boom
May 2024

ON a planet called Kastarion 3, a war is apparently being fought between Christian men and women and an enemy that doesn't actually exist.

It turns out the conflict is entirely fabricated and the illusion is just a way to make money out of people's misery by selling arms.

The episode takes a huge swipe at Christianity – and no

other religion – for playing its part in brainwashing its troops.

The Doctor says: "Most armies would notice they were fighting smoke and shadows, but not this lot. You know why? Because they have faith. Faith."

"The magic word that keeps you never having to think for yourself."



PHYSICS LESSON... Doc and Donna. Above, Sir Isaac

GAY DOCTOR He falls in love with Isaac Newton

Wild Blue Yonder
December 2023

AFTER a meeting with Sir Isaac Newton, played by It's A Sin actor Nathaniel Curtis, the Doctor, portrayed by David Tennant, realises he has a bit of crush on the famous physicist.

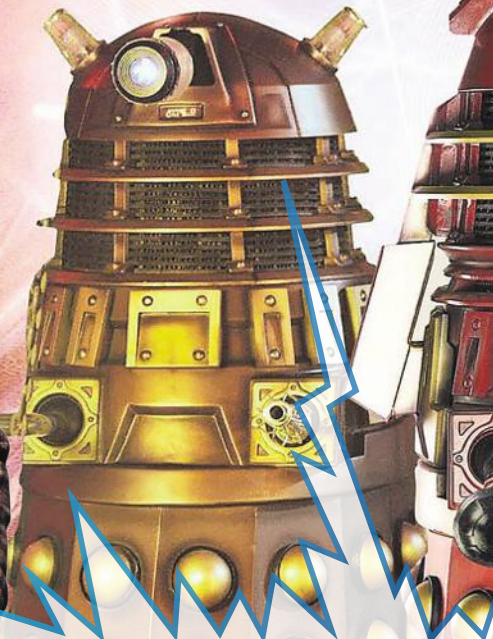
Realising he has regenerated into a gay man, he ends up casually coming out to his companion Donna Noble, played by Catherine Tate. It

begins on board an alien spacecraft when she asks: "Was it me or was Sir Isaac Newton hot?"

The Doctor replies: "He was, wasn't he? SO hot. Is that who I am now?"

Donna realises what he's saying and suggests she probably knew the truth all along, adding: "Well, it was never that far from the surface, I thought."

TIME TO GO...
Ncuti Gatwa
is poised to
leave the show



DISCER DISCER

Racism against Da right-on plots that

S AXE...HOW WOKERY IS KILLING IT

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Beeb hood-
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the age of

catch-up and on-demand. Like
Strictly Come Dancing, Doctor
Who is supposed to be a BBC
blockbuster, providing event TV
that the whole family sit down at
the same time on a weekend to
watch. But as we reach peak
wokery, the show has hit rock
bottom and the viewers are turn-
ing off in droves.

Who can blame them?
As a kid watching Doctor Who,
I'd quiver behind a cushion in
fear of Davros and the Cybermen.
Now I do the same for fear of the
blistering sermon screaming at
me from my telly.

Even more frustrating is the fact
that fans were already complain-
ing about the PC storylines under
Jodie Whittaker and showrunner

Chris Chibnall from 2018 to 2022.
But then when Russell T Davies
took over as show boss, he
seemed to double down on the
wokery.

Like millions of viewers who've
now turned their backs on the
programme, I'm not racist, homo-
phobic, transphobic or xenophobic.

What I am is someone who
wants Doctor Who to be a fight
between a good guy (or gal) and
some evil monsters who want to
destroy the universe.

I don't even mind a subliminal
message simmering under the
surface. But what I do mind is a
politically correct agenda being
forced down my throat like a
goose destined to be foie gras.

For the Beeb bosses who just

don't understand what the prob-
lem is here, there's one simple
message: Give us our Doctor Who
back, please.

I don't particularly care what
the Time Lord's racial origin is, or
their sexuality, or their gender for
that matter. He or she just has to
be an eccentric genius dazzling us
with bonkers gadgets and sci-fi
gibberish.

He isn't a lecturer taking a
seminar in socio-political studies
at a left-wing polytechnic - he's
just an intergalactic sheriff polic-
ing the universe.

And if you still don't believe
Doctor Who is being choked by
wokery, just consider these story-
lines from the show over the past
five years...



ON ANOTHER PLANET
... Doctor flees. Right,
mutant beast

ENVIRONMENT Warning of future dead Earth

Orphan 55
January 2020

THE Doctor lands on a
mysterious, desolate planet
filled with terrifying and
mutated creatures.

Humans are forced to live in
a small, enclosed space due to
the toxic atmosphere.

But this dead world, called
Orphan 55, turns out to be
Earth in the future after it has
been ravaged by ecological
disaster and nuclear war.

Talking to her companions
from the 21st Century, the
Doctor - actress Jodie
Whittaker - says: "It's one
possible future, it's one
timeline. Unless people face
facts and change, catastrophe
is coming."

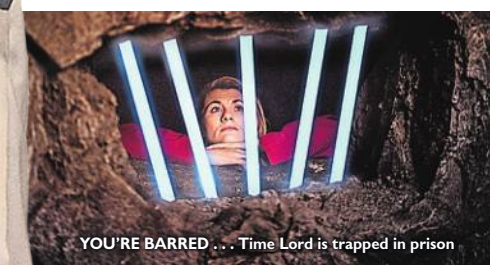
"But it's not decided. The
future is not fixed."

"Humans, I think you forget
how powerful you are."

"People can save planets or
wreck them. That's the choice."



MAIDEN JOURNEY
... Jodie Whittaker
became first woman
in lead role in 2017



YOU'RE BARRED ... Time Lord is trapped in prison

PREJUDICE Minority Daleks are victimised

Revolution of the
Daleks, January 2021

AFTER a year
dominated by the
Black Lives Matter
protests, Doctor Who
appeared to tackle the
thorny topic of
prejudice.

The episode featured a
minority of Daleks who
were victimised by the
wider Dalek community
because they consider

them to be "genetically impure."
In an impassioned speech, the
then Doctor Jodie Whittaker
explains: "Daleks mean hate -
and like hate they will spread if
they're not stopped."

She also highlights the
hypocrisy involved in any form
of prejudice, even one shown
by groups of fictional aliens
wheeled around in metal bins.

"For a race born out of
mutation," she notes, "they're
pretty obsessed with purity."



ALIEN STRIFE
... Rose, played
by Yasmin Finney,
and Meep

TRANS PRONOUNS Doc told off for saying 'male'

The Star Beast
November 2023

WHEN aliens threaten to
destroy London by opening up
a giant fiery chasm through the
capital, it isn't the Doctor,
played by David Tennant, who
can rescue the city. It's Donna
Noble's daughter, Rose.

Because the character,
played by Yasmin Finney, is
trans, she has a similar genetic
make-up as the Doctor - who

can move from male to female -
and therefore plug into life-
saving extraterrestrial tech.

The episode also features a
scene in which the Doctor is
scolded by Rose for referring to
the alien creature, The Meep,
as a male.

The Time Lord says: "Good
point - are you a he or she or
they?" To which the creature
replies: "My chosen pronoun is
the definite article."

leks...and five more of the
will exterminate the show

BBC
ONE
BBC
TWO
itv1
4
5
6am Breakfast (S)
9.30 Morning Live (S)
10.45 Critical Incident (R,S)
11.15 Homes Under The Hammer
 Danny Sebastian hosts from Eccleston, Lancashire. (R,S)

12.15 Bargain Hunt Danny Sebastian hosts the show from Eccleston, Lancashire. (R,S)

1.00 BBC News (S)
2.00 The Big Idea Works Jen presents her idea to help pushchair users navigate stairs. (S)

2.30 Rick Stein's Food Stories The chef visits Kent. (R,S)

3.00 Escape To The Country Sonali Shah helps a couple find a home in Perth and Kinross. (R,S)

3.45 Antiques Road Trip Irita Marriott and Danny Sebastian hit the shops of Oxfordshire. (S)

4.30 The Repair Shop On The Road In Dundee, the team helps save Britain's oldest wooden ship. (S)

5.15 Pointless Quiz hosted by Alexander Armstrong and Liza Tarbuck. (S)

6.00 BBC News (S)
6.30 Regional News (S) Followed by **Party Political Broadcast By The Liberal Democrats**

9.30pm Nic and Dan try couples therapy in **Am I Being Unreasonable**
7.00 The One Show

Clara Amfo and Lauren Laverne present the magazine. (S)

7.30 EastEnders

Hour-long episode. A tragic disaster engulfs Albert Square, leaving lives in peril. Linda is on a mission to help a friend in need and Denise faces a huge decision. (S)

8.30 Wynne & Joanna: All At Sea (4/6) Wynne Evans and Joanna Page travel from Carmarthenshire Bay to the charming town of Tenby in Pembrokeshire, where they receive a warm welcome from the local male voice choir. (S)

9.00 Amandaland

(3/6) Amanda gets a job at Kichen's Kitchens and Bathrooms and Della and Fi launch their new restaurant – Double Shin. Anne takes on the task of teaching teenagers. (S)

9.30 Am I Being Unreasonable?

(3/6) Worried about the effect their separation is having on Ollie, Nic and Dan decide to try couples therapy and Dan is surprised to learn what really happened to Mr Meowgi. (S)

10.00 BBC News (S)
10.30 Regional News (S)
10.40 UEFA Champions League MOTD
 Gabby Logan presents action from the play-off round second-leg matches, including Bayern Munich v Celtic and Real Madrid v Manchester City. (S)

12.00 Who Do You Think You Are? (R,S) Followed by **Weather**
1.05-6am BBC News (S)

6.30 am Antiques Road Trip (R,S)
7.15 The Repair Shop On The Road
 Pram racing in Sussex. (R,S)

8.00 Sign Zone: Celebrity Antiques Road Trip (R,S,SL)
9.00 BBC News (S)
1.00 Impossible (R,S)
1.45 Bridge Of Lies (R,S)
2.30 The Tournament (R,S)
3.15 Dynasties David Attenborough narrates footage of a lion pride on Kenya's Masai Mara, where the two remaining adult females must defend their young after the males desert them. (R,S)

4.15 Secret Britain The presenters explore Kent. (R,S)

5.15 Flog It! In Capesthorpe Hall, Cheshire, Anita Manning discovers a valuable teddy bear looking for a new home and Mark Stacey latches on to a hefty vintage padlock. (R,S)

6.00 Richard Osman's House Of Games With Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb. (S)

6.30 Robson Green's Weekend Escapes Joe McEldeery joins Robson on a two-day trip into the wilds of Northumberland. (S)

10pm Esther spends the day with Sue in **The Cockfields**
7.00 Celebrity Antiques Road Trip

(9/20) Actors Michael Brandon and Glynis Barber join experts Roo Irvine and Izzie Balmer, antiques hunting from Kendal to Keswick. (S)

8.00 Great British Menu

(11/29) Chefs from the north east of England and Yorkshire compete over mains and desserts, which celebrate great Britons of the past. (S)

9.00 Murder Case: The Hunt For Mary McLaughlin's Killer
 Detectives take on a decades-long mystery when they reinvestigate the 1984 murder of Mary McLaughlin. A new suspect comes to the fore, but it raises more questions than answers. (S)

10.00 The Cockfields

(4/6) Simon goes on a bike ride with Larry while Esther spends the day with Sue, fielding questions about the wedding. Esther helps David get ready for his date. (S)

10.30 Newsnight

 Analysis of the day's events presented by Victoria Derbyshire. (S) Followed by **Weather**
11.05 Unspun World With John Simpson
 Major news stories. (S)

11.35 Gaza: How To Survive A Warzone

The experiences of four young people trying to survive the Israel-Hamas war. (R,S)

12.35 Sign Zone: Great British Menu (R,S,SL) **1.35-2.35am** Death In Paradise (R,S,SL)

6am Good Morning Britain News, current affairs and lifestyle features. (S)

9.00 Lorraine Entertainment and fashion news. (S)

10.00 This Morning Celebrity chat and lifestyle features. (S)

12.30 Loose Women Another helping of topical studio discussion from a female perspective, featuring celebrity interviews. (S)

1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal David Dickinson presents from the RAF Museum in north London as one seller travels all the way from Brighton with his Moorcroft collection just to meet Alison Chapman. (S)

3.00 Lingo Adil Raj hosts the battle of words. (R,S)

 Followed by **Local Weather**
4.00 Tipping Point Quiz hosted by Ben Shephard. (R,S)

5.00 The Chase Quiz show hosted by Bradley Walsh. (S)

6.00 Regional News (S) Followed by **Party Political Broadcast By The Liberal Democrats**
6.30 ITV News (S)

9pm Alphy discovers that a young woman has gone missing in **Grantchester**
7.30 Emmerdale

There is chaos at the hospital as villagers are admitted, times are harrowing for some, and Noah's situation is worrying. (S)

8.00 Coronation Street

Ryan overhears Bobby arranging to pick up some cash, Lisa is questioned about Rob, Abi bumps into a familiar face at therapy, and Todd persuades Billy to attend a singles event. (S)

9.00 Grantchester

(7/8) Alphy is stunned to discover that a young woman he knows has gone missing. Soon after, an aspiring student journalist is found dead. Alphy and Georgie race to find answers to the two troubling mysteries. Meanwhile, Leonard grows concerned regarding Sam's increasing influence over Daniel. Starring Robson Green and Rishi Nair. (S)

10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Who Wants To Be A Millionaire? Celebrity Special
 Jeremy Clarkson hosts a celebrity version of the big-prize quiz in which Steph McGovern and Dion Dublin answer questions to win cash for their chosen charities. (R,S)

11.40 Made In Britain

(1/11) Making Wagon Wheels biscuits and Dr Martens. Narrated by Jimmy Nail. (R,S)

12.05 Shop On TV 3.00 Ainsley's National Trust Cook Off (R,S,SL) **3.50** Unwind With ITV (S) **5.05-6am** Wheel Of Fortune (R,S,SL)

6.25 am Cheers (R,S)
7.45 Everybody Loves Raymond
 Triple bill of the comedy. (R,S)

9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA (R,S)
12.05 C4 News (S)
12.10 Sun, Sea And Selling Houses
 Double bill. The programme catches up with earlier buyers to see how they settled in. Then, in Almeria, Sharon Garner and son Shaun visit one of the largest crystal caves ever found. (R,S)

2.10 Countdown Colin Jackson is in Dictionary Corner. (S)

3.00 A Place In The Sun A holiday home in southern France. (R,S)

4.00 A New Life In The Sun
 Renovations reach a milestone at Tom and Terry's B&B. (S)

5.00 Four In A Bed Pamela hosts the third visit of the week at Cairngorms Glamping. (S)

5.30 Come Dine With Me Medical trainer Jen hosts a pink-themed party in Leeds. (S)

6.00 A Place In The Sun Lee Juggernaut helps Sue and Albert from Chatham find a holiday home in Benalmadena. (S)

9pm Extending a run-down house in George Clarke's **Building Homes**
7.00 C4 News (S)
8.00 Kirstie And Phil's Love It Or List It

Kirstie Allsopp and Phil Spencer head to Stevenage where Steven and Adeola seek an intervention to resolve their three-year debate on whether to renovate or sell their house. (S)

9.00 George Clarke's Building Home

(3/4) George meets Kazal and Eleena, who are taking on the challenge of restoring and extending a run-down house in a street near their home after spending 14-years living in Dubai. (S)

10.00 Dubai: Buying The Dream

(5 & 6/6) Double bill. New sales recruits Michael and Nia have a fight on to get to the top of the board and young broker Michael is struggling to make sales. Nia's feeling homesick. Then, the agents race to get sales over the line in time to win Broker of the Year with Karolina, Evelyn and Noa working on closing high value deals. (S)

12.05 Gogglebox Opinions on shows including **Celebrity Bear Hunt**. (R,S,SL) **1.00** **FILM** **The Secret Of Marrowbone**. Horror starring George MacKay and Anya Taylor-Joy. (2017) **2.45** **FILM** **While We Watched**. Documentary exploring how independent news reporting in India is under threat. (2022)

3.00 **FILM** **4.20** Jamie's One-Pan Wonders (R,S) **4.30** Frasier (R,S) **5.45-6.25am** Countdown (R,S)

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm Huntley (S)
12.45 GPs: Behind Closed Doors A patient struggling with stiffness and neck pain visits the surgery. (R,S)

1.40 5 News (S)
1.45 Home And Away Abigail teeters on the edge, Bree gets a call and Levi runs to the rescue. (R,S)

2.15 The Girl Before A young woman lands an assistant job with a major fashion designer, who is not what everybody thinks she is. Thriller starring Maeve Quinlan, Madison Crawford and Revell Carpenter. (2022) **2.45** **FILM**
4.00 Bargain-Loving Brits In The Sun Paula Ballentine prepares to open her new beachside bar in Benidorm and calls in friends to help transform the premises into the perfect pub. (R,S)

5.00 5 News At 5 (S)
6.00 Our Great Yorkshire Life
 Dean Andrews and Liam Fox investigate the city of York's Roman past. (R,S) Followed by **5 News Update**

9pm Aaron Ranasinghe prepares for surgery in **Surgeons: A Matter Of Life Or Death**
7.00 GPs: Behind Closed Doors

 (24/40) Schoolgirl Ayesha needs treatment for a rash on her hands. (R,S) Followed by **5 News Update**
8.00 Supermarket Own Brands: The Big Taste Test

This edition takes a look at how supermarkets are attempting to produce cakes and bakes that can compete with the big brands, such as Mr Kipling and Krispy Kreme. (S)

9.00 Surgeons: A Matter Of Life Or Death

At the University Hospitals Birmingham, cardiac surgeon Aaron Ranasinghe receives news of a potential donor heart for mother of three, Katie. (S)

10.00 999: Emergency Call Out

Emergency service workers help a woman who has been flung from a horse, attend the scenes of two separate road collisions and assess a man left unconscious from alcohol consumption. (R,S)

11.05 Bridget Jones's Diary **FILM**

 A woman begins a new year by resolving to find love and give up her bad habits. Romantic comedy with Renee Zellweger. (2001) **1.00** **FILM**
1.00 PlayOJO Live Casino Show (S)
3.00 Tony Robinson's History Of Britain (R,S) **3.50** Million Pound Motorhomes (R,S) **4.40** House Busters (R,S,SL) **5.10** Wildlife SOS (R,S,SL) **5.35**

Entertainment News On 5 (S)

5.40 Paw Patrol (R,S,SL) **5.50-6am** Pip And Posy (R,S,SL)

REGIONAL VARIATIONS

S4C: 6am Cwyl 11.00 Cwyl 12.05 Sain Ffagan 12.30 Heno 1.00 Codi Hwyl America 1.30 Cegin Bryn: Yn Ffrainc 2.00 Newyddion S4C A'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C A'r Tywydd 3.05 Am Drol 4.00 Awr Fawr: Og Y Ddraig Hapus 4.10 Blero Yr Mynd I Ocio 4.20 Ein Byd Bach 4.30 Joni Jet 4.45 Kim A Cai A Cranc 5.00 Sŵmsh: Laria 5.05 Arthur A Chriw Y Ford Gron 5.15 Academi Gomed 5.35 Li Ban 5.50 Newyddion NI 6.00 Rallio- 6.30 Rownd A Rownd 6.57 Newyddion S4C 7.00 Heno 7.30

Newyddion S4C A'r Tywydd 8.00 Pobol Y Cwm 8.25 Cartrefi Cymru 8.55 Newyddion S4C A'r Tywydd 9.00 Troseddau Cymru Gyda Sian Lloyd 10.00 Gwesty Adnodd 11.00-11.35pm Welsh Whisperer: Ni'n Teithio Nawr! BBC ONE WALES: 6.55-7pm Party Political Broadcast By The Welsh Liberal Democrats 10.40 Scrump V Top 5s 11.00 UEFA Champions League MOTD 12.30am Who Do You Think You Are? 1.30-6am BBC News

FILMS ★★★★★ Brilliant ★★★ Very Good ★★ Good ★★ Not Bad ★★ Poor (R) Repeat (S) Subtitles (SL) Sign Language



By **ROD McPHEE**
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HIT... Hawes in Bodyguard YES, JULIA IS KEELEY A GONER

FANS have long speculated over whether KEELEY HAWES' Julia Montague did really die in Bodyguard.

Many believed the fictional politician survived the explosion that seemingly killed her in the 2018 BBC One drama, as no funeral was shown. The theory grew more legs after Keeley's appearance as the character in a Comic Relief skit the following year.

Now, she has set the record straight, saying bosses had run out of cash to give her a big send-off.

She told Waitrose's Dish podcast: "Everybody thought I was still alive, but in the script there was, not a state funeral, but a big funeral because of her being the Home Secretary, but then they didn't have the budget to shoot it."

"If there had been a bit more budget, there wouldn't have been that question about whether I was coming back."

● JUST days after the sixth series was won by Pufferfish **SAMANTHA BARKS**, ITV has confirmed The Masked Singer will be back next year. A source said of the ratings hit: "The calibre of celebrities have been really high and there are hopes to maintain those levels for the next series."

CARAVAN DICEY FOR DYERS

DANNY and DANI DYER may have secured a new series all about the Great British holiday – but that doesn't mean they think it's going to be any good.

I exclusively revealed yesterday that the father-daughter duo are creating their dream mobile home destination for new Sky series The Dyers' Caravan Park, launching later this year.

Discussing the show, Danny said: "I love a caravan, I love a caravan site, so I will try and make the greatest of British holidays cool again. Now this could be a triumph or a complete f***ing failure. But there's only one way to find out and that's to roll the f***ing dice."

Dani added: "Has my dad got what it takes to make a success of this? I think he has, just so long as people don't decide to go to Magaluf."

**More listings:
Pages 30 & 31**

Matt & Em get some therapy

PAIR HOST REAL COUNSELLING SHOW

MATT and EMMA WILLIS have been open about having therapy during bumpy times in their 16-year marriage – and now they are dropping in on strangers' counselling sessions.

The couple, who co-host Netflix dating show Love Is Blind, will go behind the scenes of real-life therapy in a new series for the BBC.

The four-parter will see the duo joined by individuals looking to improve their lives in what will be the first time cameras capture therapy in action for British TV.

From the makers of Channel 4's First Dates, Inside Therapy will also feature some of Britain's leading counsellors.

An insider told me: "Matt and Emma are digging deep to gain an insight

into what it is like to go through therapy, with unprecedented access to some leading mental health experts.

"What happens inside therapy sessions must normally stay within those sessions, but some brave individuals have agreed to showcase the experience. The clinic will capture their breakthroughs in real time."

"It will cover topics from grief and anxiety to relationship struggles and crippling phobias."

"Matt and Emma make the perfect hosts for this, as both of them have been very open about their own transformative experiences with therapy, including marriage counselling."

and Emma added: "Therapy has played a huge role in our lives. It's given us the tools to understand ourselves and each other better. With this series we'll hear from experts and see what really happens in therapy, to help break down the stigma and start conversations."

"We know therapy isn't always easy to access, so by bringing it to TV, we hope to give people a window into the process and share tools that could help them navigate their own challenges."

The series, which is currently in the works, will air on BBC One. It follows Matt's BBC documentary Fighting Addiction, in which the Busted star discussed his struggle with drugs and alcohol addiction.



CLINIC... hosts Emma and Matt



DYNAMIC DUO... Rose and Suranne as Kirsten and Amy

SURANNE'S ARCTIC ROLE

FANS of **SURANNE JONES** rejoice – because I can exclusively reveal that she is returning for a third series of military murder thriller Vigil.

The actress is reprising her role as Detective Chief Inspector Amy Silva, who we were introduced to in 2021, with a sequel two years later.

Also returning for the new series, which will start filming later this year in Scotland, is **ROSE LESLIE** as Detective Inspector Kirsten Longacre, who is also Amy's lover.

Suranne said: "I can't wait to return to Vigil series three, see our brilliant team in Scotland and work with Rose again."

Rose added: "I'm excited to get stuck into another season of Vigil. This time, Kirsten joins Amy on what's set to be Vigil's

most high-stakes mission yet!" The first episode of the most recent series of Vigil had a total of 8.8million viewers which is impressive, as the finale of 2023's I'm A Celebrity – which rivalled the BBC One show on a Sunday night – got the smaller figure of 8.7million.

The new case in series three takes us to an Arctic research station, where a member of a covert British special forces mission has been shot dead.

The pair must catch the killer and defuse an international conflict, framed by the power struggle for resources in the polar climate, with their careers and relationship on the line.

If that all sounds too serious, Suranne will also be appearing in BBC Three comedy drama Film Club later in the year.

RETURN... DCI
Amy is hunting
another killer in
new series



RUSSELL COPS 7/7 DRAMA

RUSSELL TOVEY will play a senior Met police officer in a new drama series about the 7/7 London bombings.

Suspect: The Shooting Of Jean Charles De Menezes will tell the story of the Brazilian man wrongly labelled a terrorist suspect and killed by police a fortnight after 52 people lost their lives in the attack on three Tube lines and a

London bus. Russell plays deputy assistant commissioner Brian Paddick, alongside EMILY MORTIMER as senior police officer DAME

PART... Tovey
CRESSIDA DICK in the years before she was Met Police chief. Game Of Thrones' CONLETH HILL plays Met commissioner Ian Blair, and Mad Dog's MAX BEESLEY is his assistant Andy Hayman.

Line Of Duty's DANIEL MAYS features as a forensic officer, Gavin and Stacey's LAURA AIKMAN is an admin worker turned whistleblower and EDISON CLAUNE as victim Mr de Menezes. The series will air on Disney+ in the spring.

● **ROB BECKETT** has quit his BBC Radio 2 show, three years after he took it over from late presenter **PAUL O'GRADY**. The comic will step down in April. In a statement yesterday he said: "As my tour schedule heats up and my family forget what I look like, I've decided to step away from a weekly show."

IT MUTTS BE LOVE, CASEY

THEY survived weeks in the villa while others were voted off, but Love Island: All Stars winners **CASEY O'GORMAN** and **GABBY ALLEN** face their greatest relationship test.

The duo will head home from South Africa to start their life as a couple back on UK soil.

But it could spell disaster if Gabby's number-one boy – her dog – doesn't approve.

She said: "If Oscar doesn't like Casey, he's got to go! I'm so excited to see him, and he loved everyone but when you come through the door, you have to greet him, give him a cuddle and sit with him – and he sleeps on the bed."

Casey added: "I love dogs, and I've got two labs so fine by me (if he sleeps on the bed). He's the boss!"



Wednesday


**4-PAGE
SECTION**

FREEVIEW

BBC THREE *freeview 23*

7pm Top Gear: The Catch Up **8.00** Glow Up: Britain's Next Make-Up Star **9.00** Hunting The Catfish Crime Gang. Documentary. **10.00** Disclosure: Matched With A Predator **10.30** Normal People **11.35** Starstruck **12.45** Top Gear **1.45-2am** Zen Motoring

BBC FOUR *freeview 9*

7pm The Architecture The Railways Built **7.45** The Flying Gardener **8.00** Himalaya With Michael Palin **9.00** Secrets Of Size: Atoms To Supergalaxies. With Jim Al-Khalili. **10.00** Vivien Heilbron Remembers: Cloud Howe **10.15pm-2.05am** Cloud Howe

ITV2 *freeview 6*

6am CITV: Teen Titans Go! **6.25** Batwheels **6.40** Bugs Bunny Builders **6.55** Looney Tunes Cartoons **7.20** Scooby-Doo! Mysteries Incorporated **7.45** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35** Scooby-Doo And Guess Who? **9.00** World's Funniest Videos **10.00** Secret Crush **12.00** Dinner Date **1.00** Deal Or No Deal **2.00** Supermarket Sweep **3.00** Charmed **4.00** Gilmore Girls **5.00** Dinner Date **6.00** Celebrity Catchphrase **7.00** Deal Or No Deal **8.00** Gordon Ramsay's Food Stars USA **9.00** Georgia Harrison: Porn, Power, Profit **10.00** Olivia Attwood: Getting Filthy Rich **11.00** Family Guy **12.05** American Dad! **1.05-2.05am** Bob's Burgers

ITV3 *freeview 10*

6am Classic Emmerdale **7.00** Classic Coronation Street **8.10** Inspector Morse **10.35** The Royal **11.40** Heartbeat **1.40** Classic Emmerdale **2.40** Classic Coronation Street **3.40** Inspector Morse **5.55** Heartbeat **8.00** Grace. The detective and his team are called to the scene of a fatal crash. **10.00** Endeavour **12.00-2.05am** Trial & Retribution

ITV4 *freeview 26*

6am Minder **7.05** The Professionals **8.10** The Memoirs Of Sherlock Holmes **9.20** Magnum, PI **10.20** Kojak **11.25** BattleBots **12.30** The Memoirs Of Sherlock Holmes **1.35** Magnum, PI **2.40** Kojak **3.45** Minder **4.50** BattleBots **5.55** Beat The Chasers **7.00** The Motorbike Show **8.00** FILM Diamonds Are Forever. James Bond spy adventure starring Sean Connery. (1971) **10.25** All Elite Wrestling: Collision **12.25** Dark Side Of The Ring **1.15-2.10am** BattleBots

E4 *freeview 13*

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Ramsay's Kitchen Nightmares USA **8.00** Brooklyn Nine-Nine **9.00** Young Sheldon **10.00** The Big Bang Theory **11.00** Modern Family **12.30** The Big Bang Theory **2.00** Young Sheldon **3.00** Modern Family **4.00** The Simpsons **5.00** The Big Bang Theory **6.30** The Simpsons **7.00** Hollyoaks **7.30** Modern Family **8.00** The Simpsons **9.00** Celebrity Gogglebox **10.00** Gogglebox **11.05** First Dates **12.10** Naked Attraction **1.15-2.15am** Celebrity Gogglebox

MORE4 *freeview 18*

8.55am Kirstie's Handmade Treasures **9.15** A Place In The Sun **10.05** A New Life In The Sun **11.05** Find It, Fix It, Flog It **1.05** Car S.O.S. **2.05** Four In A Bed **4.45** Château DIY **5.50** Car S.O.S. **7.55** Grand Designs **9.00** Griffin's Great Australian Rail Trip **10.00** Car S.O.S. **11.05** 24 Hours In A.E. **1.15-2.20am** Emergency Helicopter Medics

ENTERTAINMENT



Sky Witness 9pm McCall investigates a death in crime drama *The Equalizer*

SKY SHOWCASE

6am Sky News Breakfast **8.00** Border Patrol **9.00** Stargate SG-1 **11.00** Wildlife ER **12.00** The Flash **1.00** S.W.A.T. **3.00** NCIS: Los Angeles **4.00** Magnum P.I. **5.00** The Simpsons **6.00** The US Office **7.00** The Simpsons **8.00** Landscape Artist Of The Year. The fifth heat is staged at Llanberis Slate Quarry **9.00** Never Mind The Buzzcocks. With Mel B, Alex James, Julian Clary and Sister Bliss. **10.00** Hacks. Double bill. Ava gains insight into Deborah's past. Then, Ava comes to better understand Deborah and DJ's relationship. **11.20** Karl Pilkington: The Moaning Of Life **12.20** The Force: Manchester **1.15-2.10am** Brit Cops: Law & Disorder



THE MORGANS . . . Carol and Allen, who had her murdered

SKY MIX *freeview 11*

7am Nothing To Declare **9.00** Bondi Rescue **10.00** The Force: Manchester **11.00** Highway Patrol **12.00** Motorway Patrol **1.00** Border Patrol **2.00** Monkey Life **3.00** Nothing To Declare **4.00** Star Trek: The Next Generation **5.00** Stargate SG-1 **6.00** Stargate Atlantis **7.00** Star Trek: Voyager **8.00** Landscape Artist Of The Year. From Llanberis Slate Quarry. **9.00** The Rookie **11.00** Britain's Most Evil Killers **12.00** Snapped **1.00-2am** Nothing To Declare



More4 9pm Griff rides the Indian Pacific on his Great Australian Rail Trip

U&DAVE *freeview 19*

7.15am Hairy Bikers Everyday Gourmets **8.00** Cops On The Rock **10.00** Trawlemen: Hunting The Catch **12.00** American Pickers **2.00** The Boat That Guy Built **3.00** Top Gear **5.00** Hairy Bikers' Best Of British **6.00** Rick Stein's Long Weekends **7.00** Would I Lie To You? **7.40** Richard Osman's House Of Games **9.00** Qi XL **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA *freeview 20*

7.10am All Creatures Great And Small **8.00** Droids **9.15** Classic Holly City **10.35** Classic Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Eldorado **3.15** Bergerac **4.20** All Creatures Great And Small **5.20** The Upper Hand **6.30** As Time Goes By **7.05** Last Of The Summer Wine **8.20** Shakespeare & Hathaway: Private Investigators **10.25** New Tricks **11.45** Bergerac **12.45-2.10am** Lovejoy

REALLY *freeview 17*

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Salvage Hunters **11.00** A Place In The Sun **1.00** Money For Nothing **3.00** Antiques Road Trip **5.00** The Yorkshire Auction

SKY ATLANTIC

6am Richard E Grant's Hotel Secrets **8.05** True Blood **10.15** Billions **12.20** Game Of Thrones **1.25** Big Love **3.35** True Blood **5.45** Billions **7.55** Game Of Thrones. Dontos spirits Sansa out of King's Landing. **9.00** The White Lotus. New luxuries await in Thailand. **10.10** Homicide: Life On The Street. The cops investigate a drug-related murder. **11.10** Succession **1.40-2.55am** Band Of Brothers

SKY WITNESS

6am Stop, Search, Seize **7.00** Motorway Patrol **8.00** Border Patrol **9.00** Send In The Dogs **10.00** Border Security: Canada's Front Line **10.30** Border Security: America's Front Line **11.00** The Good Doctor **12.00** FBI **1.00** FBI: International **2.00** FBI: Most Wanted **3.00** Stop, Search, Seize **4.00** Nothing To Declare **8.00** FBI: Most Wanted. The team race against the clock to track down a young anti-government terrorist. **9.00** The Equalizer. McCall investigates when a woman is found dead in an apparently haunted building. **10.00** Elsbeth. A country club wedding ends in the golf cart death of the groom. **11.00** The Rookie **12.00** Law & Order: Organized Crime **1.00-2am** FBI: Most Wanted

U&GOLD

7.35am Last Of The Summer Wine **8.10** The Vicar Of Dibley **9.30** The Green Green Grass **10.10** Are You Being Served? **10.50** The Vicar Of Dibley **11.25** Last Of The Summer Wine **12.40** The Green Green Grass **1.20** The Good

House **7.00** Antiques Road Trip **9.00** Body Bizarre **11.00** Dr Pimple Popper **12.00-2am** Help! My House Is Haunted

U&YESTERDAY *freeview 27*

6.10am Antiques Roadshow **8.00** Secret Nazi Bases **9.00** Living With Hitler **10.00** The Architecture The Railways Built **12.00** Joanna Lumley's Trans-Siberian Adventure **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** Living With Hitler **6.00** Antiques Roadshow **7.00** How Britain Worked **8.00** Great Coastal Railway Journeys **9.00** Great Canal Journeys **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00** Joanna Lumley's Trans-Siberian Adventure **1.00-2am** Secrets Of The London Underground

U&W *freeview 25*

6.10am Inside The Ambulance **7.00** My Dream Home **8.00** Tipping Point **11.00** DIY SOS: Grenfell **12.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** My Dream Home **6.00** DIY SOS: The Big Build **7.00** MasterChef USA **8.00** Pete Wicks: For Dogs' Sake **9.00** Hungry For It. The cooks compete to get their marinades on Nando's menus. **10.20** At Home With Katherine Ryan **11.20** Emma Willis: Delivering Babies **12.20** Freddie Flintoff: Living With Bulimia **1.35-2.25am** Wedding Valley

QUEST *freeview 12*

6am Chasing Classic Cars **8.00** American Pickers **9.00** Aussie Gold Hunters **12.00** The Repair Shop **3.00** Shed And Buried **4.00** Find It, Fix It, Flog It **6.00** The Repair Shop **8.00** Salvage Hunters **10.00** Salvage Hunters: Georgian House Restoration **11.00** How Do They Do It? **1.00-2am** Chasing Classic Cars

THAT'S TV *freeview 56*

8am That's 60s: Best Music Live **8.05** Birds Of A Feather **8.30** Never The Twain **9.00** Duty Free **9.30** Rising Damp Christmas Special **10.00** You Rang, M'Lord? **11.05** Home To Roost **11.35** Just Good Friends **12.15** Whatever Happened To The Likely Lads? **12.50** Yes, Prime Minister **1.25** History Of The RAF **2.25** Gladiators Of World War Two **5.25** Heroes Of World War II **5.55** That's 60s: Best Music Live **6.10** Steptoe And Son **6.45** Bread **7.25** Barbara **7.55** Rising Damp Christmas Special **8.25** Whatever Happened To The Likely Lads? **9.00** Benidorm **9.55** Shameless **10.55** Just Good Friends **11.35** Whatever Happened To The Likely Lads? **12.10** Benidorm **1.10-2.10am** Shameless

THE REAL UNFORGOTTEN ITV1

POPULAR detective drama series Unforgotten captivates audiences with fascinating crime stories and tense reveals of fictional mysteries.

Now, The Real Unforgotten sees the drama transposed to real-life cases, by looking at some killings that inspired the stories that feature in the show.

Bridging the gap between fiction and fact, the lens is turned on the families and investigators haunted by loss, stripping away the safety of a telly drama, and trading it for genuine heartache.

Episode one of two is centred around the tragic case



last night

of Carol Morgan, a shopkeeper murdered in Linslade, Bedfordshire, in 1981 – a crime that remained unsolved for more than 40 years.

In 2024, following a reopened six-year investigation, her husband, Allen Morgan was finally convicted of conspiring to kill her, by paying another man to do the dirty work.

His alibi, and one reason he was able to escape justice for decades, was that he was at the cinema with their children

when his wife was taken out by the hitman.

Chilling in itself, but made even more so because police still do not know who actually did the deed.

The two-parter mirrors the mood of the drama series, with its dark, muted tones and heavy silences between the voices of solemn detectives and the bereaved family members explaining their involvement in the case.

Through this, viewers gain insight on just how difficult it is

SPORT



Sky Sports Main Event 8.30am Babar Azam and Pakistan take on New Zealand

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** **LIVE** Tennis. The WTA Dubai Tennis Championships. **8.30** **LIVE** ICC Champions Trophy Cricket. Pakistan v New Zealand. **5.30** **LIVE** Tennis. Coverage from the WTA and/or ATP Tours. **7.30pm-2am** **LIVE** Tennis. The ATP Rio de Janeiro Open.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** PL Highlights **8.00** SNF **8.30** PL Highlights **9.00** SNF **9.30** PL Highlights **10.00** The Football Show **12.00** Gary Neville's Soccerbox **1.00** PL Highlights **2.30** SNF **3.00** PL Highlights **5.00** Premier League Best Goals **6.00** PL 100 Club **6.30** Premier League 100: David James **7.00** Premier League Stories **7.30** PL 100 Club **8.00** Gary Neville's Soccerbox **9.00** Premier League Stories **9.30** Premier League 100: Michael Owen **10.00** Premier League Icons **11.00** PL Years **1.00-3am** PL Retro

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.45** EFL Greatest Games **10.00** Championship Season Review **11.00** EFL Cup Highlights **11.30** EFL Trophy Football **12.00** WSL **12.30** Scottish Premiership Round-Up **12.45** SPFL Highlights **1.00** EFL Highlights **2.00** Bundesliga Highlights Show **3.00** EFL Highlights **4.30** Scottish Premiership Round-Up **4.45** SPFL Highlights **5.00** WSL **5.30** EFL Highlights **6.45** WSL **7.15** Scottish Premiership Round-Up **7.30** SPFL Highlights **7.45** EFL Highlights **8.00** Bundesliga Highlights Show **9.00** EFL Trophy Football **9.30** EFL Highlights **10.00** WSL **10.30** EFL Highlights **11.30** EFL Greatest Games **12.00**

latest case. **9.00** Death In Paradise. A treasure hunter is found dead after a valuable discovery. **10.00** Father Brown. A celebrity florist brings glamour and murder to Kempleford. **11.00** The Mentalist **12.00** White Collar **1.00** CSI: Vegas **1.55-2.55am** So Help Me Todd

SKY COMEDY

8am Bored To Death **9.15** The Connors **10.15** Hung **11.35** High Maintenance **1.05** Curb Your Enthusiasm **1.45** Hung **3.05** High Maintenance **4.30** Bored To Death **5.50** The US Office **6.50** The Connors **7.50** Mr Mayor. Arpi and Neil meet in the televised mayoral recall debate. **8.20** Curb Your Enthusiasm. Nancy and Larry have a misunderstanding. **9.00** SNL50: Beyond Saturday Night **11.25** Kevin Hart: Reality Check **12.35** Entourage **1.45-2.25am** High Maintenance

DISCOVERY

6am How Do They Do It? **7.00** Building Off The Grid **9.00** Bitchin' Rides **11.00** Wheeler Dealers **1.00** Alaska: Homestead Rescue **3.00** Gold Divers **5.00** Deadliest Catch **6.00** Wheeler Dealers **7.00** Salvage Hunters. A 900-year-old abbey in Somerset. **8.00** Kindig Customs. One of Kev's favourite cars has arrived, and he leads the charge on the build. **9.00** Gold Divers. Vernon's crew attempts their first dive, but tempers explode. **10.00** America's Backyard Gold. Double bill. Dave shows where the gold is in Oregon, and how to get it. Then, Dave journeys to the Black Hills of South Dakota. **12.00** Street Outlaws: Locals Only **1.00-2am** Gold Divers

RADIO



Virgin Radio 1pm Jayne Middlemiss returns with lively music and chat

VIRGIN RADIO *DAB virginradio.co.uk*

6.30am Chris Evans **10.00** The Ryan Tubridy Show **1.00** Jayne Middlemiss **4.00** Leigh Francis **7.00** Graeme Smith **10.00** Olivia Jones **1.00** Sean Goldsmith **4.00-6.30am** Steve Denyer

TALKRADIO *DAB talkradio.co.uk*

6am Mike Graham **10.00** Julia Hartley Brewer **1.00** Ian Collins **4.00** Jeremy Kyle **7.00** Kevin O'Sullivan **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Front Pages

TALKSPORT *105.3 1089MW talksport.com*

6am TalkSPORT Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** Andy Goldstein And

to work on a case more than 40 years old, and just how much effort goes in behind the scenes to solve these crimes.

It's a reminder too of how messy life can be. These cases aren't like fictional episodes that can wrap up without drawing too much focus on the affect on the wider community.

While they concentrate on the people centre stage, a lot more are deeply affected in such horrifying circumstances.

Where Unforgotten provides a sense of resolution to viewers, The Real Unforgotten has a more unsettling offer – an understanding that not all murders are neatly resolved.

JESS LESTER



NEW JOB . . Lucy as Amanda

AMANDALAND, BBC One, 9pm: Life takes another unsavoury turn for Amanda (Lucy Purnell) tonight when her beloved Tesla is towed away, leaving the divorced mother of two in desperate need of a job.

Her new boss has no idea what he's letting himself in for as he snaps her up as a sales assistant for his kitchen and bathroom store – a role she enthusiastically passes off as an uber-creative 'collab' with her questionably named Instagram lifestyle page, Senuous.

Of course, she is immediately keen for local celebrity chef Della, the prickly owner of fancy new restaurant Double Shin, to endorse Daniel's beloved waste disposal unit, the one and only



picks

"sinkliminator". Good luck with that, Amanda.

MURDER CASE – THE HUNT FOR MARY McLAUGHLIN'S KILLER, BBC Two, 9pm: This disturbing documentary examines the cold case investigation into the murder of 58-year-old Mary McLaughlin in Glasgow in 1984.

Mary was last seen walking home from the pub, with an unknown man following her. This was a time before DNA evidence and investigating officers failed to identify the man.

Mary's case remained unsolved until forensic advances in 2014 allowed vital DNA to be extracted from items preserved from the crime scene.

This fresh evidence at last points to a potential suspect. Can the investigating team finally bring Mary's killer to justice?

GRANTCHESTER, ITV1, 9pm: In this penultimate episode of the series, Reverend Alphie has a shock in store after a student he had slept with vanishes.

The case takes a further disturbing turn when a journalist

pal of the missing woman is found dead soon afterwards.

Alphie and DI Georgie join forces to unearth the truth behind both troubling cases.

AM I BEING UNREASONABLE?, BBC One, 9.30pm: A week into their separation, Nic and Dan are giving couples therapy a go, hoping to move forward in a positive fashion as they continue co-parenting Ollie.

Their counselling doesn't get off to the best of starts, however, after Dan lets slip something that's happened at home – sending Nic into a spiral.

Jen offers Nic a shoulder to cry on, prompting a cliffhanger of an ending.

RIANNE ISON

TNT SPORTS 1

6am ABB FIA Formula E World Championship **8.00** PL Netbusters **8.30** Premier League Stories **9.00** A-League Highlights **9.30** A-League Women Highlights **10.00** Fishing **11.00** The Pioneers **11.15** What I Wore **11.45** Sign Up – Into Football **12.30** The Football's On **1.30** Massive **3.00** Premier League **4.30** PL Netbusters **5.00** Premier League Stories **5.30** Premier League Reload **5.45** What I Wore **6.00** The Football's On **7.00** **LIVE** UEFA Champions League. Real Madrid v Manchester City. Kick-off at **8.00**. **10.30** UEFA Champions League Highlights **11.30** Toprak Razgatlioglu: El Turco **1.00-2.30am** Ultimate Pool

TNT SPORTS 2

6am UEFA Champions League **9.00** UEFA Europa League & Conference League Magazine **10.00** UEFA Champions League **1.00** UEFA Europa League & Conference League Magazine **2.00** UEFA Champions League Highlights Show **2.30** Ninja A-League Women Highlights **3.00** Isuzu A-League Highlights **3.30** What I Wore **4.00** Ultimate Pool **5.30** UEFA Champions League Highlights Show **6.00** Between the Lines **6.30** **LIVE** Premier League. Aston Villa v Liverpool. Kick-off at **7.30**. **10.00** Match Officials Mic'd Up **10.30** Fight Night **11.30pm-2.30am** UFC

TNT SPORTS 3

6am One Day International Cricket **9.00** T20 Cricket **12.00** WRC Review **1.00** ABB FIA Formula E World Championship **3.00** Fishing **4.00** Women's Bundesliga **5.00** WRC Review **6.00** Serie A – Full Impact **6.30** TNT Sports Reload **7.00** Sign Up – Into Football **7.45** **LIVE** UEFA Champions League. PSV Eindhoven v Juventus. Kick-off at **8.00**. **10.00** Serie A – Full Impact **10.30** A-League **11.00** A-League Women Highlights **11.30** TNT Sports Reload **12.00-4am** UEFA Champions League

PREMIER SPORTS 1

6am Asian Le Mans Series **8.00** Transworld Sport **9.00** URC In 60 **10.00** DTM Highlights **11.00** MotorSport **12.00** Sporting Greats **1.00** LaLiga **2.30** Downhill Skateboarding **3.00** URC In 60 **4.00** NASCAR Highlights **5.00** Downhill Skateboarding **5.30** LaLiga **7.30** Women's Football Weekly **8.00** Asian Le Mans Series **10.00** Transworld Sport **11.00** URC In 60 **12.00** LaLiga **1.00** Top 14 Rugby Union Highlights **1.30-2am** Downhill Skateboarding

Darren Bent **7.00** GameNight **10.00** Sports Bar **1.00** Paul Ross **5.00-6am** Early Sports Breakfast

TALKSPORT2 *DAB talksport.com*

8am On Track **9.00** Women's Football Show **10.00** EFL All Access **11.00** Fight Night Extra **12.00** Following On **1.00** Racing Live **3.00** The Social **5.00** EFL All Access **6.00** Fight Night Extra **7.00** Cult Heroes With Danny Kelly **7.30** Champions League Live **10.00** Following On **11.00** On Track **12.00-8am** My Sporting Life

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Kate McCann And Stig Abell **10.00** Hugo Rifkind **1.00** Trevor Phillips **2.00** Jane Garvey **4.00** John Plenaar **7.00** Kait Borsay **10.00** Carole Walker **1.00** The Story **1.30** The Best Of Times Radio **5.00-6am** Rosie Wright

RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

7am Greg James **10.30** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Vick, Katie And Jamie **5.45** Newsbeat **6.00** Jack Saunders **8.00** Maia Beth **10.00** Sian Eleri **11.00** Benji B **1.00** Dance Presents **2.00** Anthems **4.00** Pop Anthems **5.00-7am** Early Breakfast With Dean McCullough

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am Scott Mills **9.30** Vernon Kay **12.00** Tina Daheley **2.00** Trevor Nelson **4.00** Sara Cox **7.00** Jo Wiley **8.45** R2 Piano Room **9.00** The Folk Show **10.00** The Good Groove **12.00** Phil Williams **3.00** Dance Sounds Of The 90s (R) **4.00-6.30am** Owain Wyn Evans

MOVIES



Film4 9pm Olivia Colman stars in Florian Zeller's *The Father*

SKY CINEMA PREMIERE

6.25am Chuck Chuck Baby (15, 2024) ★★ ★★ **8.15** Turn Me On (15, 2024) ★★ ★★ **10.15** The Garfield Movie (U, 2024) ★★ ★★ **12.00** The Line (15, 2023) ★★ ★★ **2.00** A Place Called Silence (15, 2024) ★★ ★★ **4.10** The Bikeriders (15, 2023) ★★ ★★ **6.15** The Garfield Movie (U, 2024) ★★ ★★ **8.00** Furiosa: A Mad Max Saga (15, 2024) ★★ ★★ **10.35** The Line (15, 2023) ★★ ★★ **12.25-2.40am** The Killer (15, 2024) ★★ ★★

SKY CINEMA AWARDS SEASON

7.55am Crouching Tiger, Hidden Dragon (12, 2000) ★★ ★★ ★★ **10.05** Zero Dark Thirty (15, 2012) ★★ ★★ ★★ **12.45** Defiance (15, 2008) ★★ ★★ **3.05** Mission: Impossible: Dead Reckoning Part One (12, 2023) ★★ ★★ ★★ **5.50** Transformers: Rise Of The Beasts (12, 2023) ★★ ★★ **8.00** The Hobbit: The Battle Of The Five Armies (15, 2014) ★★ ★★ ★★ **10.30** Back To The Future (PG, 1985) ★★ ★★ ★★ **12.30-2.50am** Defiance (15, 2008) ★★ ★★

SKY CINEMA ACTION

6.30am S.W.A.T (12, 2003) ★★ ★★ ★★ **8.35** Gran Turismo (12, 2023) ★★ ★★ **10.55** Man Of Steel (12, 2013) ★★ ★★ **1.25** Superman Returns (12, 2006) ★★ ★★ **4.00** The Huntsman: Winter's War (12, 2016) ★★ ★★ ★★ **6.00** Madame Web (12, 2024) ★★ ★★ **8.00** Terminator Salvation (12, 2009) ★★ ★★ **10.00** Gran Turismo (12, 2023) ★★ ★★ **12.15-2.10am** Top Gun (12, 1986) ★★ ★★

FILM4 freeview 14

11am The Long Ships (PG, 1963) ★★ ★★ **1.35** An Affair To Remember (U, 1957) ★★ ★★ ★★ **3.50** Anzio (PG, 1968) ★★ ★★ **6.10** Independence Day (12, 1996) ★★ ★★ ★★ **9.00** The Father (12, 2020) ★★ ★★ ★★ **10.55** Fury (15, 2014) ★★ ★★ ★★ **1.35-4am** Shayda (15, 2023) ★★ ★★

TALKING PICTURES freeview 82

12.15pm The Voice Within (PG, 1946) ★★ ★★ **1.45** Look At Life **1.55** The Brothers 3.00 Daniel Boone, Trail Blazer (PG, 1956) ★★ ★★ **4.35** Early Western **4.45** The Life And Legend Of Wyatt Earp **5.20** The Adventures Of Jim Bowie **5.55** The Texan **6.30** The Road To D-Day **7.00** Z Cars **8.00** Manhunt **9.05** Maigret **10.55** In Suspicious Circumstances **12.00-1.05am** Maigret

GREAT! MOVIES freeview 34

1pm Dangerous Bestie (PG, 2018) ★★ ★★ **3.00** In Bed With A Killer (PG, 2019) ★★ ★★ **5.00** Lost Letter Mysteries: Second Chances (PG, 2014) ★★ ★★ **7.00** Perception **9.00** Six Days Seven Nights (12, 1998) ★★ ★★ **11.00pm-1.25am** It Could Happen To You (PG, 1994) ★★ ★★

GREAT! ACTION freeview 42

1pm Bite The Bullet (PG, 1975) ★★ ★★ **3.45** The Lone Gun (PG, 1954) ★★ ★★ **5.30** Wanted: Dead Or Alive **7.00** The High Chaparral **8.00** The Avengers **9.00** Acts Of Violence (15, 2018) ★★ ★★ **11pm-12.55am** The Hunter's Prayer (15, 2017) ★★ ★★

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dear deidre

Edited by **SALLY LAND**

No matter what the issue, I answer every single problem

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

BOYFRIEND'S LIED ABOUT KICKING HIS CRACK HABIT

Dear Deidre

EVEN though my boyfriend told me he has been clean for three years, I saw a crack pipe sticking out of his coat pocket. He swore blind it wasn't his.

We've got a toddler son and a baby boy and I don't want them anywhere near this stuff, or near a father who is on drugs.

He lives with bipolar and I got used to his manic mood swings. He doesn't work because he has regular episodes where he can't get out of bed and I am officially his carer. But now, I can't trust him.

We are both 32. He leaves the house for hours and our little boy gets upset if he's not at home before he goes to sleep.

Our toddler has started to wet the bed again as he is so unsettled.

My boyfriend's benefit money seems to disappear. I don't believe what he tells me. I'm convinced he's back on crack. I don't want this relationship any more.

■ DEIDRE SAYS: The trust is gone. Living with an addict is stressful. You are his carer but you care for him living with his condition, not his addiction.

Your children have no choice about who they live with – but you do. He has blown his chances of a family life.

Find out about next steps and your financial situation through rightsforwomen.org.uk, which helps with domestic abuse, divorce, housing and family law, among other things.

My support pack Ending A Relationship will help you to bring things to a close.

Do I go back to my useless ex?

Dear Deidre

I DUMPED my boyfriend after he kept letting me down, but I miss him so much. Should I call him?

He moved in with me after his mum kicked him out two years ago. He's 29, smokes a lot and is a heavy drinker. However, he promised not to do these things in my house.

I'm 32 and barely touch booze after growing up with alcoholic parents. While emptying his gym bag to put a wash on one day, I found empty vodka bottles.

I confronted him and he said they were really old. But I know he had bought that bag weeks earlier.

The final straw was when he didn't bother turning up to watch me in a half-marathon I'd trained hard for.

Everyone from my running club had partners there. I felt so let down when he said he couldn't afford the petrol. I had looked forward to the day for months but when it arrived, I couldn't wait for it to be over.

He didn't even ask how I got on. We went shopping recently and he

HERE TO HELP YOU



IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response within one working day.

deardeidre@the-sun.co.uk

got cross because he couldn't find what he wanted, so he took it out on me, shouting and yelling in the shop, saying I was embarrassing.

He went out with a mate and was gone all night and, when I asked where he'd been, he said he went

back to a girl's house as he "couldn't get a taxi". He said he'd known her for years and they were "friends", but I've never even heard of her.

He had stopped contributing to our bills and we weren't even having sex, so I ended it last week. He's gone.

I've had two other failed relationships. One was with a narcissist and the other was physically abusive.

This guy was a big improvement by comparison. Was I too hasty to end things?

■ DEIDRE SAYS: No. Take some time out to be single for a while. You'll appreciate the peace it brings.

This man's own mother threw him out for the same reason that you finished with him – he has no regard for anybody but himself.

A good relationship is about supporting one another. He was a no-show when you had something important going on, he has been abusive, he gaslights you and doesn't pay his way.

Somebody who loved you wouldn't want to hurt you and would support you. He is one of life's freeloaders.

My support pack, Finding The Right Partner For You, will help you to see that it's time to move on.

WIDOWED FRIEND IS TURNING TO DRINK

Dear Deidre

MY best friend is a widower and he is really struggling to be a single parent to his daughter, who is 16 and seems out of control.

I'm worried for him because he seems to be going down a dark path. He really has lost his zest for life.

We have been friends for ten years, having met at work.

Although I no longer work with him, I know from former colleagues that he has been turning up late to the office, or sometimes not at all.

I'm 47 and he's 45.

His wife had cancer and it's been awful to watch him dealing with that.

We used to meet for a quiet pint on a Friday night, and still do, but now he just gets totally wasted.

He says his daughter has been suspended from school for bullying and she's lazy and not helping him at home, even though he's out at work.

He complains about her but I'm worried about him too – he's so flat and seems to be on a spiral of self-destruction.

■ DEIDRE SAYS: Go to see him and explain how worried you are. He's grieving, of course, and so is his daughter. They've been through a very tough time.

Meeting you will be a good outlet for him to offload but maybe going out for a pizza or watching some sport would mean there's less of a pull to drink.

He and his daughter can find six weeks of free bereavement counselling through Sue Ryder (sue Ryder.org, 0808 164 4572).

hot topic

JUST like drug or alcohol dependence, sex addiction can be a highly dangerous condition and can affect a person's mental health and quality of life, and cause distress and harm to their personal relationships.

Sex addicts will frequently experience excessive sexual thoughts, desires, urges or behaviours and are often unfaithful to their partners.

Worried you may have a problem? My support pack Addicted To Sex? can help.

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CONTINUES TOMORROW

Dear Deidre

WHEN it comes to my wife and my parents, I am stuck between a rock and a hard place. They don't get along.

We have two toddlers who are two-and-a-half and 18 months old and we live with my parents.

I met my wife on a work trip to Thailand. She is 29 and the most beautiful woman I have ever met.

I am 34 and I had never had a long-term relationship, but this woman fell for me and she moved to the UK to be with me five years ago.

We had our children in quick succession and we never had time to save for a deposit to buy a house. My mother and my wife are both hot-headed and

HOT-HEADED PAIR MAKE LIFE AWFUL

my wife bad-mouths my mother all the time. She kicks off if I try to defend her. It's awful. It's driving a wedge between my wife and I and we've talked about separation. When my parents go on holiday, the house feels completely different.

Our children are attached to me, which is the reason we stay together. I have not been happy for three years and neither has my wife.

What can we do to work this out? I'm scared she will leave me and take our kids back to Thailand.

■ DEIDRE SAYS: Staying with parents when you have children, or even just as a couple, can be fraught with difficulties.

If you can find a compromise where you agree different times to use the kitchen, for instance, it may help.

Living in a house full of tension is very damaging for your children, so make a concerted effort to save some money so you can move out. Perhaps your parents would forego your bed and board payments so that you can afford your own place.

You can find a safe way of resolving conflict through National Family Mediation (nfm.org.uk, 0300 4000 636).

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.

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Fab DAILY

HOMES & FAMILIES

Mum-of-three Clare O'Reilly, 45, from Plymouth has a controversial view of family life as her children get older...

WHEN my 14-year-old daughter, Annie, told me last week that I gave her the "ick", I rightly guessed it wasn't a compliment.

Closing her bedroom door, I reached for my phone and Googled the definition: "Causing someone to suddenly feel a strong sense of disgust or repulsion towards you, often due to a specific behaviour or trait." Ouch.

The action that had triggered such indignation? Simply asking if she wanted to join me and our three dogs for a walk.

While I should have just got the fresh air and calm I very much needed, I flung open her door and reminded her she once loved me so much she'd follow me to the toilet.

She barely looked up from her phone, but I definitely spotted an eye roll as I closed her door and headed out into the elements with my dogs Huck, Bluebell and Luna, who still love me unconditionally.

Despite the combined 68 hours I spent in labour giving birth to Annie and her two brothers, becoming a mother was the best thing I ever did – until now.

I miss the days of my kids' unwavering love, but more than that, I miss when they were easy to love.

That golden era of cuddles and dreamy-eyed looks as they fell asleep in my arms – now replaced by sassiness, eye rolls and sarcastic comments.

Multiple studies have found the hardest age to parent is 15 years old and with a child on either side of that magic number, I wholly agree.

I know from friends I'm not alone, either.

Lego kisses

Our teenagers seem to push us to breaking point almost daily, which makes it hard to love them like I did when they were easier and adored me – rather than cringing at my very presence.

Put simply, I honestly wonder whether I love them as much in their teen incarnations as I did when their little hands fit into mine and I was the centre of their universe.

Annie insists on being dropped at least a hundred metres from where she's meeting her friends, while my middle son, Sammy, 16, informed me last week that the Instagram reels I send him are "cringe" and can I stop in case someone on the school bus sees them.

This from the boy who, at four years old, made me a whole box of Lego kisses because I was his favourite thing in the world.

I tell myself I am their boxing ring. They can push on the ropes of me as much as they want because they know I'll love them no matter what.

But deep down I would be lying if I said my love for them hasn't changed since they were tiny.

While I'm undeniably proud of them, I long for the days where we bonded with cuddles, raspberries blown on little fat bellies and shared jelly and ice cream.

My infinite patience taught them to ride bikes, tie their shoelaces, say their pleases and thank yous. No parenting task was too much.

My love for them was limitless until I started annoying them – despite my behaviour not changing

at all. My eldest son Eddie, 21, was the same as his younger siblings during his teenage years and it turns out I'm not alone in feeling like I was scraped off my progeny's shoes at times.

Even J.Lo has teenage children who ignore her.

The 55-year-old star admitted last month that her "heart hurts" over the fact that her twins Max and Emme, 16, want little to do with her.

How I empathise with her. By

the age of 12, Annie had gone from wanting to hang out with me to telling me I wanted too many hugs and was embarrassing her when her friends came over.

I started feeling like she was the cool girl at school and that I was my goofy, nerdy teen self again. I'd pluck up the courage to knock on her bedroom door to see if she wanted to watch a movie on a Friday night, nervously stumbling over my words.

I'd then feel dejected when she

said she was busy. I love all three of my kids equally, but I am feeling increasingly sick and tired of the way they treat me.

It is impossible to love them as unconditionally as I did when they were tiny.

However, child psychologist Catherine Hallissey says the teen years are a much-needed developmental phase – and one I shouldn't be too hard on.

She explains: "As a parent, these years are simply about navi-

gating the changing relationship. Their developmental task is to individuate from their family, to begin to discover who they really are, separate from you.

"They're biologically driven to push away because it prepares them for leaving the nest."

"If you take their comments and eye rolls at face value, it will really negatively impact your relationship."

I hate feeling so negative

Continued on next page



GROWING PAINS...
Clare with children
Sammy, 16, Annie, 14,
and Eddie, 21, and,
below, with Annie



Picture: LORNA ROACH

I LOVE MY KIDS LESS NOW THEY'RE TEENS

FabDAILY

HOMES & FAMILIES

Edited by **LYNSEY CLARKE** and **JOEL COOPER**

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I HOPE THAT ONE DAY I WON'T GIVE THEM THE 'ICK'



TRYING TIMES . . . left, Clare, Sammy and Annie and, above, with her eldest son, Eddie

From previous page towards the human beings I birthed and it's hard not to berate myself for feeling like I do.

I ask myself: "Was my parenting love for them only based on their unconditional love for me? Did I only love them when they were little because they thought the sun rose and set with me?"

"Shouldn't I love them unconditionally, regardless of how they treat me? Parental love surely shouldn't rely on reciprocity?"

These are the questions that go through my mind repetitively as I try to walk the line between loving them, but liking them less than I ever have. Catherine says: "What's really important is that we give feedback constructively. So, if you are coming from a place of hurt, your feedback is likely to be more emotional, whereas if you're coming from a steady, sturdy place, you'll see that this is a phase. You can say things like: 'Did you mean to come across that way? Can you think of another way to say it?'"

"That's one bit of corrective feedback. Or: 'Is this something you want me to stop doing? Let

'Did I only love them when they were little because they thought the sun rose with me?'

me know.' The relationship is on us as parents, though.

"It's not up to a child to work for a parent's relationship. Give feedback in a way that's both firm and kind together."

I've got eight more years combined of Annie and Sammy both being teenagers before they emerge into adulthood like my eldest, Eddie, did.

He and I are close now and he lets me hug him again, after rejecting me when he was his siblings' age. We cook together and play cards and watch movies and it's the hope they'll return to me that gives me faith I won't always feel like this about them.

I'll have parented teenagers for 18 years by the time Annie turns 20 in 2031. The years of them being limps will have long passed. I'll have back the personal space I

yearned for when they sat watching me on the toilet.

While I really don't like them much right now, I'll hold on to the thought that the love we share runs underneath the rude and snarky comments that float on the surface.

And I'll cling to the thought that, one day, I won't give them the "ick".

Start planting now



Be bold with bulbs



Sharpen your tools



Prune like a pro



SPRING is just weeks away - and below ground, your garden is getting ready for a glow up.

Whether you plant in pots on patios, on your windowsill, or in beautiful beds, there are jobs that need doing **NOW** to make your outside space look lovely this spring and summer.

Plant vibrant blooms like ranunculus, sweet peas and wildflowers, while sneaking in herbs and edible flowers.

Mulch creatively, upcycle quirky planters and start a bug hotel for helpful insects.

Gardening needn't be back-breaking, either. In fact, studies show it reduces stress and anxiety, and can even boost sleep.

So it's an ideal way to banish those winter blues if you're lucky enough to have access to outdoor space. Plus, none of these tips costs a lot of money and some are even free.

If your green fingers are itching, gardening editor **VERONICA LORRAINE** has ten jobs you can tackle right now.

GO BOLD WITH BULBS

IT'S time to think about all the showy flowers that will bring the biggest and best blooms to your outside space. Many garden centres are doing the job for you, with bags of 100 to 300 summer bulbs starting to appear on the shelves.

But if you prefer to make your own choices, flowers like begonias, gladioli, lilies, crocosmia, peonies and calla lilies are a good place to start. Get your collection together now and plant them as soon as the soil warms up - hopefully within the next few weeks.

SHARPEN YOUR TOOLS

CHANCES are you'll have chucked all your tools in the back of the shed, caked in mud, with the best of intentions to clean them at the end of last summer. And they still look a sorry mess.

But a good gardener never blames their tools and now is the time to get them all in order, ready for the growing season.

A squirt of WD40 is perfect for keeping items like pruners working smoothly, while sandpaper or iron wool, rubbed gently on tools, will get rid of rust. A cheap sharpening stone can get your secateurs and shears back on point.

MOW TO MAKE YOUR LAWN LUSH

MORE likely than not, your grass is looking a little *for-lawn*, so start thinking about getting it in order.

There's nothing wrong with cutting your grass now, despite what all the mowing companies claim. Just make sure you have your machine on the highest level and only mow when grass is dry. You can start sorting out the edges with a half moon tool to get a good, clean finish and repair the bare patches.

Finally, give it a good feed using autumn/winter fertiliser. Keep fallen leaves and other detritus off with regular raking and you should start to see the difference as the weather warms up.

BRING IN THE BIRDS

OUR feathered friends are the perfect pest control - and now is the time to encourage them in, before they disappear off to nest.

Put up bird feeders and nest boxes to keep them coming back for more and they will reward you by eating slugs, snails and plant-bothering insects during the year.

Nesting season starts around now and really picks up next month, so you want to have boxes in place for any that are scoping out your space.

Top tip: Sparrows and most tits prefer small entrance holes. But robins, wrens and pied wagtails like open-fronted boxes. Place them at least a metre off the ground and don't put them too close to bird feeders as the activity could disturb nesting pairs.

MAKE PEAS WITH YOUR GARDEN

IT'S time to sow sweetpeas. These fragrant beauties like space for their roots, so rather than splash out on deep pots, use old toilet roll tubes. You can then plant them straight in the soil without disturbing the new roots.

The cardboard will rot down and add to your soil structure, so it's a win-win.

And you can plant garden peas for eating straight into the ground. Soak the seeds overnight to give them a good start. Ideally ensure you get your support in place when you plant them, rather than trying to work around the pea shoots when they are bigger. Any old sticks will do, arranged in a teepee or A-frame shape.



WHY **NOW** IS THE PERFECT TIME TO PREP YOUR GARDEN FOR SUMMER

GET PLANTS FOR FREE

THIS is the perfect time to divide large clumps of snowdrops or ornamental grasses if you have them in your garden.

Dig them up and use a sharp knife, a spade or a hori hori – a Japanese weeding knife – to split them into however many clumps you need, making sure the roots stay intact.

Then replant them and voila – you have free plants! We're also coming into Seed Swap time – so check local social media groups to see who is up for adding to their collection.

GO FOR BARE-ROOT ROSES

FEBRUARY is a good time to get bare-root roses in. These are roses that arrive without a pot or soil, with just their roots showing. Not only are they cheaper than pot-bound roses, but they often establish much quicker and grow faster.

You've got a few more weeks to do this – just avoid planting them in waterlogged or

frozen soil. They will start to come out of dormancy around March.

PRUNE LIKE A PRO

WHILE your roses, wisteria, grapevines, and apple and pear trees are dormant – meaning the period before they resume growing – cut them back with newly sharpened secateurs.

Roses can take a hard hit. It doesn't matter what you do, they nearly always come back.

But don't take off more than a third of your apples, or they will grow loads of water shoots – thin shoots which sprout from trunks and branches and rarely, if ever, produce fruit.

And there's an artform to wisteria. Cut it back to two or three buds.

When pruning, just remember the three Ds – dead, diseased and damaged – and you can't go wrong.

START YOUR WAR ON SLUGS NOW

USE a homemade garlic drench to put off slugs while your seedlings come up. Use one

garlic bulb – 55p in Tesco right now – per litre of water and boil it up.

Mash it up with the back of a fork when it's gone soft and sieve out the garlic skin and any bits. Once it's cool, dilute two to three tablespoons of the liquid in a filled watering can. Soak your soil, pots or plants with it now, especially if you know slugs have a favourite nook or cranny, and it should go some way to deterring them.

GIVE YOUR DAHLIAS A HEAD START

THERE'S a school of thought that to get your dahlias flowering earlier – and in a stronger place for when the slugs really start to multiply – you should get them into pots now, but indoors or in a greenhouse.

Put them sprout side up – and cover loosely with a well-draining potting mix.

Keep them moist, but not wet, in a cool, sunny spot. Don't plant them outside until May when the last frosts have passed.



Picture: OLIVIA WEST

KEEN ON GREEN... Sun gardening editor Veronica gives readers her tips

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“Very Comfortable Shoes” ★★★★★
Bought a navy pair for my holiday. They were so comfortable that I bought the purple ones when I came back. I suffer with sore feet and these have been brilliant. By A, 28 Aug 2021

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letters

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The page where you tell Britain what you think

ELON MUSK is one of the world's richest men yet by paralysing the work of USAid he essentially threatens the lives of millions of the poorest.

CHRISTOPHER CLAYTON
Chester

TWO Men On A Bike on More4 is great fun to watch. Comedians Hugh Dennis and David Baddiel, pictured, really put the world to rights while giving us a much-needed laugh.

LUKE RUSSELL
Wakefield, West Yorks

HOW the mighty are fallen. Getting rid of Boris Johnson was the biggest mistake the Conservative



Party have ever made. With one new leader after another, they have allowed Reform to overtake them in the polls.

A refusal to listen to the public's anger over migration has put the Tories on the road to destruc-

tion and obscurity. Reform, who listen, are soaring.

HELEN ROWLAND
Harwich, Essex

CORONATION Street was taking the mickey with Rob Donovan's ridiculous accident. The way he "fell" over the stair banister was unnatural, unrealistic and very over-dramatic.

MARION E BRIDGES
Scunthorpe, Lincs

I SEE Wayne Rooney has reached his level, trying to coach kids. Let's hope he has more success than his attempt to train adults.

DAVID O'BRIEN
Sheffield

Wake up on woke waste

£50 LETTER
WHILE most of us struggle with the cost-of-living crisis, our government squanders millions on projects such as studying TikTok dance videos.

The Sun is quite right to highlight such waste, along with the £15billion being spent on foreign aid. This is a real slap in the face for the British taxpayer.

We need a government that looks out for our interests. We can then, from a position of strength, help worthwhile causes. This country is on its knees and this utter waste of money is making things much worse.

STEPHEN TURNBULL
Consett, Co Durham

AS a taxpayer you like to think your well-earned money will go towards essential things such as the NHS.

But learning how so much of it goes on barmy, woke projects and foreign aid does leave a bad taste in the mouth.

I very much doubt TikTok dance routines are helping the NHS cope. The taxpayer is being fleeced.

SAMANTHA SOMMERS
Kircubbin, Co Down

WE are not a country in a fit financial position to throw money around the world.

Foreign aid should be aid given to help countries that suffer natural disasters, such as earthquakes and volcanic eruptions. Not to aid wokery.

KEITH BLADES
Haslemere, Surrey

SO Labour will scrutinise every penny to get value for taxpayers? How come millions are available for "research" into the wokest

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OH the irony. Lib Dem leader Ed Davey calls Reform MPs "Trump bootlickers". This from a bloke who is himself an EU bootlicker.

GLENN, St Albans

CHANCELLOR Rachel Reeves should be on Celebrity Traitors - she'd be great at telling untruths.

ROB SHIPSTONE, Nottingham

DON'T send our Armed Forces to Ukraine. Their role is to defend our country not police the world.

DENIS, Essex

ALL governments should detail where our foreign aid cash goes. Then the people should get a vote on these payments.

JUNE, Liverpool

imaginable frivolity then? This is a make-or-break year for the Labour government, and I feel they are making many mistakes, stripping OAPs of their winter fuel payment, blighting farms with inheritance tax, jeopardising the food trade, etc.

AMIE YARDLEY
Burwell, Cambs

I AGREE with Donald Trump telling Europe to sort themselves out with regard to their military and not to rely on America to do their dirty work.

But there is no way the UK should be involved in supporting or supplying resources.

We should not provide troops for a European army, especially in Ukraine, as Europe would just

see the UK as a poor man's version of America and put the British troops in the frontline ahead of their own.

The same goes for the UK supporting America in their fights around the world.

The so-called "special relationship" has been dead for a long time now. Let's start looking after ourselves and stop getting involved in other people's fights.

DAVID HADDEN
Maidstone, Kent

KEIR STARMER said he would send British troops to fight and defend Ukraine from Russian attack. He cannot even defend our own borders. What a joke the man is.

MARK TWIDDY
Forest Gate, East London

I'M all in favour of Donald Trump mediating a peace between Russia and Ukraine, but it sounds like he is going to stitch Ukraine up, just like Harry S Truman did with Poland by allowing the USSR to take control of it in 1945.

Letting Russia hold on to Ukraine territory it has occupied is not mediation - it is letting Russia win.

MICK MAY
Basildon, Essex

IF Russia has no intention of invading Ukraine in the future, what difference does it make to them if Ukraine joins Nato?

MARIE FARRELLY
Penrith, Cumbria

IF these Lib Dem clowns in Bath and North East Somerset council want to fine "non-compliant" fire engines for entering clean air zones, then it's time for the clueless voters to wake up and remove them.

The Lib Dems have always had sponges for brains. This proves it.

EDDIE MARRIS
Doncaster

Mystic Meg

with **MAGGIE INNES**

ARIES March 21 - April 20



About-turns from people you trust can be tough to take, with the moon and Uranus in opposition - but you are up to the challenge. If you do decide to offer another chance, this time must be the last time. Venus intensifies love. It may not always be obvious in words, but passion can shine through in any actions.

TAURUS April 21 - May 21



Simple words work best to dilute Mars' complex influence, so resist dressing love feelings up too much. At work, keep conversations short and focused. At home, repeat your point of view just one more time before you expect a response. Most vital of all, turn your inner self-talk positive and silence that critical voice.

GEMINI May 22 - June 21



There's a wild streak in your health sector as the moon and Uranus clash, so beware of running unnecessary risks. Stop and think, and seek advice from experts or someone you trust. Choices you make today can re-route your physical future. In passion terms, value what you have, before you look outside it.

CANCER June 22 - July 22



Pluto brings you a day to play with unusual colours in clothes and surroundings, so you can transform the image you present to the world. A business idea that has simmered for months in your mind can suddenly be on your lips. Love is surprising - don't try to label it, just enjoy it.

LEO July 23 - August 23



How bonds form and operate at home is what occupies the moon and Saturn today. A calm review of who does what can inspire a system that is more equal but more efficient too - and more fun. Your observant eye can see straight to the heart of a passion question. So love stays steady, even if life gets stormy.

VIRGO August 24 - September 22



How you reach out to people is what makes you special - because you leave everyone feeling great. But Saturn's word of caution is to avoid clinging to stale bonds or habits that you know you have outgrown. A moon of clear emotional truth asks you to examine work and love motives honestly, and work with what you find.

LIBRA September 23 - October 23



You have a chart of inner and outer knowledge. You know who or what you most need, the challenge is finding ways to get it. Uranus may spring surprising ideas on your unsuspecting mind, but there can be a solid core of success here. In love, silence feels powerful but it may weaken you. You are ready to be the strong one.

SCORPIO October 24 - November 22



The me-first sector of your chart lights up with the moon, so you can win bigger when you take time to reflect rather than rushing into instant choices. You know yourself so well right now. If you're attached, show a partner you value love exactly as it is. Single? Glance behind you on an up escalator.

SAGITTARIUS November 23 - December 21



Your work and wellbeing zone is stirred up by planet clashes - so yes, there are choices to make. Deep down you know what they should be. Any day schedule that includes more personal challenges can be a perfect mix for who you are now. Passion is open and encouraging. Communication really sings.

CAPRICORN December 22 - January 20



There's positive friendship potential in your chart - and several new bonds to be cemented. Helping with a work task, or a local charity, can be the key. Someone with very colourful clothes can play a key part in your future. You're coming out of your shell in love. Insisting on a two-way flow of honesty is a great move.

AQUARIUS January 21 - February 18



Hidden ambitions can emerge when you don't expect it. As you talk in public about your goals, in private you can start to see their potential. Love, whatever stage it may be at, is strongest when two partners move together, rather than one trying to keep up. So adjust the pace of a relationship if necessary.

PISCES February 19 - March 20



Parent-child bonds might have felt tested recently, but Mars is helping you to keep them strong. So continue doing what feels right. In love terms, Venus highlights personal loyalty, so you might need to lead, even if it's not your natural choice. Draw up a set of passion rules or make the first move towards "B".

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Two sets of clues but the answers are the same

Cryptic clues

ACROSS

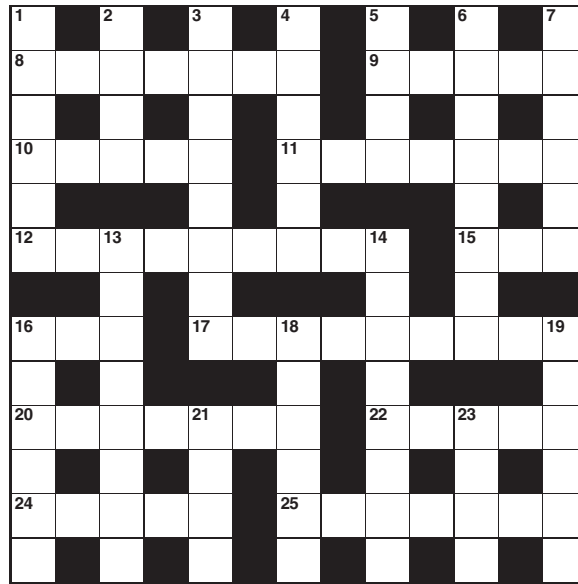
- 8 EU acted wrongly to inform (7)
9 Secret: keep away from publican (5)
10 Excellent duke back to home land (5)
11 Nice tax might be imprecise (7)
12 Set up Labour's underlying structure? (9)
15 Sailor in Eilat arrested (3)
16 Bend seen in larches (3)
17 Overworked boss at Shoreditch paper? (9)
20 Shambles: time to communicate (7)
22 Glean on gabled houses between (5)
24 Port initially judged as wine (5)
25 Firm in rush to cause suffering (7)

DOWN

- 1 Live! Crazy life shows feeling! (6)
2 100p for some tobacco (4)
3 Tarzan: he rebuilt city (8)
4 Wizard dispensing with fifty old sheep (6)
5 Thought to have a first political adviser (4)
6 Child tracks men on foot (8)
7 R-react badly in depression (6)
13 Cat snore irritated forefather (8)
14 Go out with anorak and jumper (8)
16 Dig and mark a grave outside (6)
18 Clothes line? (6)
19 Sticking point: good seen in poor grade (6)
21 First person up from Ramadan (4)
23 Fine artist showing African plant (4)

Check today's answers before midnight by calling 0905 757 0150 for Across and 0905 757 0151 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

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Coffee time

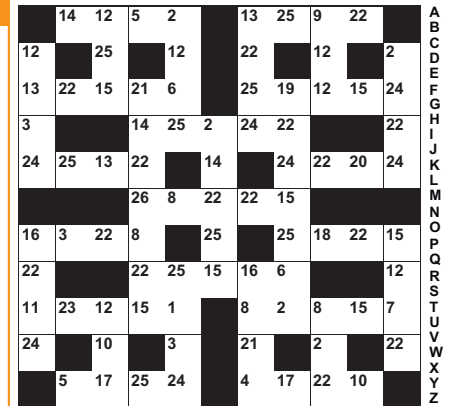
ACROSS

- 8 Teach (7)
9 Private (5)
10 Populous land (5)
11 Not accurate (7)
12 Skeleton (9)
15 Pitch (3)
16 Curve (3)
17 Trite or banal (9)
20 Missive (7)
22 Surrounded by (5)
24 La ____, Spanish region (5)
25 Bane (7)

DOWN

- 1 Credo (6)
2 Pound (4)
3 Biblical town (8)
4 Australian ovine breed (6)
5 Ministerial assistant (4)
6 Troops (8)
7 Impact site (6)
13 Predecessor (8)
14 Large marsupial (8)
16 Regard with respect (6)
18 Wrinkle (6)
19 Stiletto or dirk (6)
21 Eve's man (4)
23 Lady's fingers (4)

WORD WORKOUT



THIS is the world's best brain teaser. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will print the answers tomorrow.
YESTERDAY - ACROSS: But, Hull, Hooves, Executed, Pylon, Admit, Tweezers, Glider, Farm, Yet. DOWN: Quarry, Blue, Threw, Jocund, Here, Dot, Pat, Overdo, Ignore, Berry, Walk, Soft.

For 4 Extra Clues Call 0901 293 6299

Calls cost £1 plus network access charge.

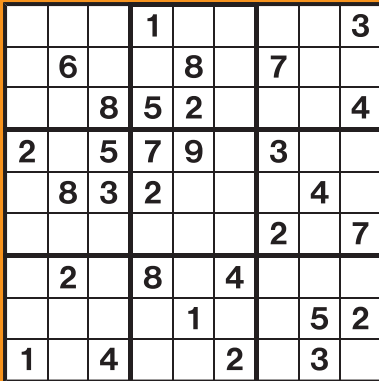
or text SUNWORD to 64343.

Texts cost £1 plus your standard network rate.

DOUBLE Sun DOKU

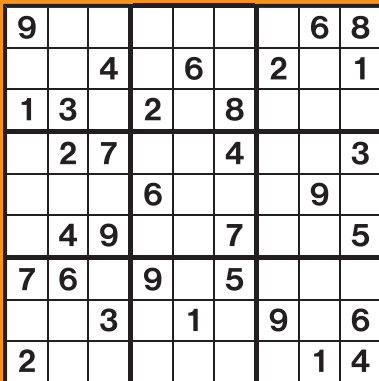
TODAY'S TEASER

Call 0905 757 0156 for clues or solutions. Cost £1 per minute plus network access charge.



TODAY'S TOUGHIE

Call 0905 757 0152 for clues or solutions. Cost £1 per minute plus network access charge.



Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary).
Helpline: 0333 202 3390 (9am-5.30pm).
Service provider: Spoke, W1T 4HD

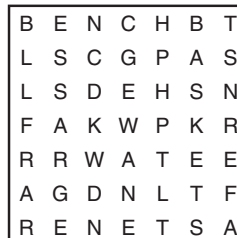
WORDSEARCH

Find seven words about the garden. Words can run forwards, backwards or diagonally. Solution below.



NEWSPAPERS SUPPORT RECYCLING

The recycled paper content of UK newspapers in 2023 was 45.5%



THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an actor:



- 1 & 5 Scientist who presented the eighties TV series Cosmos
6 & 8 Serbian-born inventor of the induction motor known for his contributions to the design of the AC electricity supply
9 & 2 Actress who won an Oscar for the film The Piano
7 & 3 Mr Jones, singer of New Song and What Is Love? (second and fifth letters of name)
4 Mr Bentinck, Earl of Portland and actor who plays David Archer in the long-running radio series (second letter of name)

● Yesterday: Historical figure HIAWATHA (Angela (Hartnett), Adele, Harry Houdini, William Tell, Charlie (Hamilton James)). Another Name Game in The Sun tomorrow.
■ If you can't wait until tomorrow for the answers, just call 0901 293 6298. Calls cost £1 plus your telephone company's network access charge.

30-SEC NUMBERCRUNCH

HERE is our fantastic puzzle, the 30-second NumberCrunch. There's no better way to keep your brain trained than playing our great teasers. So if you want to stay ahead of the game, you will love this challenge.

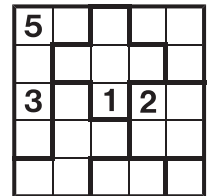
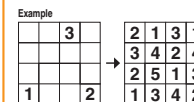
Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't reach for your calculator - that would be cheating! Write your final answer in the last box of the line. You should be aiming to complete each round in about 30 seconds. Good luck!

Answers below, right.

EASY										
97	+38	+9	+286	÷7	-39	×12	+117	÷5	+177	ANSWER
MEDIUM										
114	Third of it	+457	÷9	-47	×5	+282	Half of it	-85	3/4 of it	ANSWER
HARDER										
324	+7/9 of it	÷4	+1168	÷16	-78	Square root of it	×12	+4271	20% of it	ANSWER

SUGURU®

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below.



SUNDIAL



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals

BRILLIANT: 30. EXCELLENT: 26. GOOD: 19. GREAT SCORE FOR KIDS: 14.

YESTERDAY: Cine, cite, cited, civet, coin, coined, conceit, convict, dice, diet, dine, dint, dive, divot, edict, edit, envoi, evict, iced, icon, into, nice, notice, noticed, novice, occidit, otic, ovine, tide, tied, tine, timed, tonic, vein, vice, video, vied, vine, vino, voice, voiced, void, CONVICTED.

ending in 's'. Words from Collins Concise Dictionary.

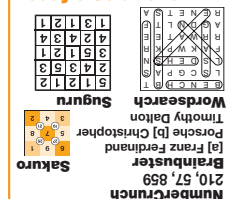
Check today's answers by calling 0905 757 0155 before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

YESTERDAY'S SOLUTIONS

Teaser	4 2 8 6 9 7 1 5 3 9 6 5 2 1 3 7 8 4 7 3 1 5 8 4 2 6 9 1 5 6 7 2 9 4 3 8 2 4 3 8 5 6 9 1 7 8 7 9 3 4 1 6 2 5 5 8 4 9 6 2 3 7 1 3 1 2 4 7 5 8 9 6 6 9 7 1 3 8 5 4 2
Toughie	6 2 4 8 9 3 7 1 5 7 9 5 4 6 1 3 8 2 8 3 1 2 5 7 4 6 9 5 4 6 7 3 8 2 9 1 3 1 9 5 2 4 8 7 6 2 8 7 6 1 9 5 3 4 4 7 2 1 8 6 9 5 3 1 5 3 9 7 2 6 4 8 9 6 8 3 4 5 1 2 7

Two-Speed Crossword
ACROSS: 1 Scarce, 5 Mad-ras, 8 S-pud, 9 A la carte, 10 Firewood, 11 Edna, 12 C-h-o-o-s-en, 15 Rep-eat, 17 Able (Abel), 19 Tire-l-ess, 22 A-trem-ble, 23 Voie, 24 Stat-u-e, 25 E-r-r-and.
DOWN: 2 Capri, 3 Red-r-ss, 4 Era-to, 5 Me-a-nder, 6 Drage, 7 Antenna, 13 Habitat, 14 No-table, 16 Pal-aver, 18 E-j-e-ct, 20 Reeve, 21 Sal(m)on.

Today's Solutions



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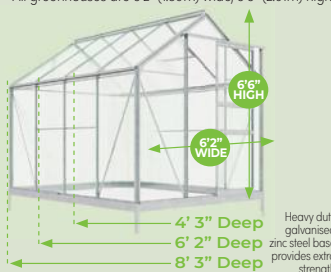


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G0467	Greenhouse 6.2x6.2x6.6ft GREEN £499.99	£299.99		
G0468	Greenhouse 6.2x8.3x6.6ft GREEN £599.99	£359.99		

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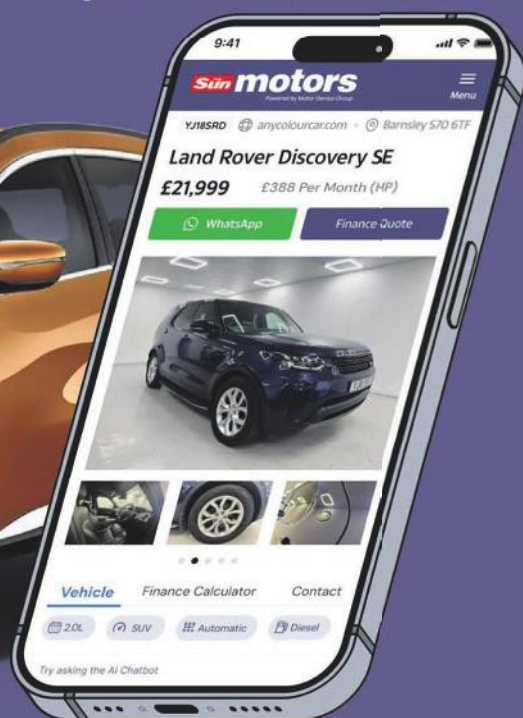
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DOWN
1.28
TO
8,766.73

Sun business

By **ASHLEY ARMSTRONG**

✉ ashley.armstrong@the-sun.co.uk

🐦 @AArmstrong_says

£ =
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OIL
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Brent Crude barrel
Petrol: **139p**
Diesel: **146p**



IHG owned... Holiday Inn

IHG'S INN TO SNAP UP RUBY

HOLIDAY INN owner IHG has snapped up a boutique hotel chain for £87million alongside posting a jump in sales and profits.

IHG, which has 355 hotels in the UK and 5,629 around the world, posted a 7 per cent rise in revenues to £1.83billion while operating profits lifted by 10 per cent to £890million.

IHG said that overall it was able to charge 3 per cent more for its rooms, but China remains weak with revenues per room falling by almost 5 per cent.

Alongside revealing a £713.4million share buyback, IHG also made its 20th acquisition, buying small hotel chain RUBY, which has 20 hotels across Europe, including three in London.

The Ruby brand sells itself on its "lean luxury" approach. It has ten more hotels in the pipeline and plans to have more than 120 over the next 10 years.

SHARES

BARCLAYS
up 3.80 to 308.20
BP
down 0.35 to 462.40
CENTRICA
down 0.45 to 135.90
HSBC
up 16.80 to 898.10
LLOYDS
up 0.34 to 63.26
M&S
down 11.50 to 347.00
NATWEST
up 6.20 to 445.20
ROYAL MAIL
down 0.40 to 365.20
SAINSBURY'S
down 10.40 to 251.00
SHELL
down 7.00 to 2680.00
TESCO
down 14.70 to 382.30

9K BRITS GO BROKE

THE number of people becoming insolvent jumped by 12 per cent in January compared to the previous year, stats show.

The total was 9,706, with the majority of people entering into debt relief orders.

These give a breathing space on their debts up to £50,000, but still appear on credit files.

Meanwhile, there were 1,971 company insolvencies registered, the numbers from the Insolvency Service showed.

This was 6 per cent up from the previous month.



BUYING UP THE FAMILY SILVER

A SCRAMBLE for silver has meant stores of it in London's vaults have fallen to the lowest levels in a decade.

Thousands of tons have been flown to New York since Christmas in a race to get ahead of possible US tariffs.

The Sun can reveal the capital's silver vaults have seen the biggest outflows in ten years. Sources at Heathrow say IBI and BRINK'S have seen a massive

increase in silver shipments. Carriers, including United Airlines and Delta, are making a killing after hiking cargo rates some 200 per cent for the shipments.

The Sun understands an airline charged Brink's more than £160,000 to ferry the commodity on a recent flight.

One source said there had been around 50 tons of silver flown out of Heathrow to New York in just the past

three days. They said: "No one in the industry has seen anything like it."

Ross Norman, of Metals Daily, said the rush has been triggered by US traders wanting to avoid a 20 per cent cost increase if tariffs are imposed.

The London Bullion Market Association said the outflow has left the lowest holdings in vaults and biggest monthly decline since 2016.

JUDGE APPROVES A £3BN RESCUE BUT SLAMS £210M ADVISERS' FEES

Thames Water thrown a lifeline

A JUDGE slammed the "eye-watering" £210million paid to advisers working on THAMES WATER after reluctantly approving a £3billion lifeline.

The restructuring plan for debt-laden Thames will see bondholders provide £1.5billion of rescue financing and potentially £1.5billion more debt at a 9.75 per cent interest rate.

A legal battle was brought by junior bondholders and campaigners who accused the firm of being "held to ransom". In a 178-page

ruling, Mr Justice Leech yesterday said the restructuring of the UK's biggest water firm could proceed.

If he had ruled against it, Thames would have been taking a big step towards insolvency, with the Government stepping in.

The judge slammed the mismanagement of Thames and said costs of the debt and adviser fees were "very high".

He also highlighted well over half of the loans would "go round in a circle and back into the pockets"

of the creditors, who loaded Thames with £1.4billion of debt in the first place.

Mr Justice Leech said: "Customers who are struggling with their bills will be horrified at these costs and mystified how the Thames Water Group has been able to fund them or why it has agreed to do so."

Matthew Topham, at campaign group We Own It, said: "This is nothing but a stay of execution for Thames Water. The privatised company will limp on

for a few more months like a profit-thirsty zombie."

Thames, which already has £16billion of debt, this week filed a separate request to the competition regulator after arguing a 35 per cent increase in household bills was not enough.

It is pushing for closer to a 53 per cent jump.

Mr Justice Leech yesterday said he "might have been tempted to refuse to sanction" the plan, but there was a "public interest in facilitating the rescue of struggling companies".

Mark Lloyd, chief executive of charity The Rivers Trust, said: "A large proportion of customer bills will be spent on paying financiers rather than improving the environment."



Boost... to UK pay packets

PAY'S ON THE RISE BY 5.9%

AVERAGE wage increases have continued to rise at double the inflation rate — while the level of unemployment has remained steady, stats show.

The Office for National Statistics reported average earnings rose by 5.9 per cent between October and December compared to 5.6 per cent in the previous quarter.

Excluding bonuses the average weekly wage is £664.

Meanwhile the unemployment rate has remained broadly flat at 4.4 per cent.

The tight labour market has prompted some economists to raise concerns the Bank of England will not rush to cut interest rates amid concerns that higher wages could fuel inflation.

Governor Andrew Bailey yesterday looked to calm those fears. He said he was not that concerned by faster pay growth and the Bank was still confident that inflation would fall over the year.

ANGLO AMERICAN is selling its nickel business in Brazil to China's **MMG** for £396million. It is part of the miner's radical shake-up after fending off a £39billion takeover last year from rival **BHP**. It is still trying to offload its **DE BEERS** diamond firm.

CALL FOR DIVERSITY IN U.S. AXE

THE rush by firms to axe diversity policies after US President Donald Trump's victory has prompted a British union to call for Westminster intervention.

Tech union PROSPECT has written to the Women and Equalities Committee to scrutinise how US multinationals in the UK are making changes without consultation.

It is calling on the committee to urge bosses to comply with UK employment law and "expectations of equality".

Accounting firm DELOITTE now has different approaches for US and British staff while FACEBOOK owner META axed its diversity scheme entirely.

Rachel Curley from Prospect said: "The rollback of these policies in US-based firms will have a direct impact on UK staff where the legal framework is substantially different."

✉ ashley.armstrong@the-sun.co.uk

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- FREE BAR (7pm-10pm) on local Italian brands (beer, wine and soft drinks)**
- Wine and water with dinner in Italy
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 **BMW**
 **JAGUAR**
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Check to see if you're eligible

In 2015, the DieselGate scandal sent shockwaves through the automotive industry, revealing the use of Diesel Cheat Devices to bypass emission regulations in both the United States and Europe. Volkswagen Audi Group (VAG) paid a substantial £193 million in May 2022 as compensation.

To date, they've disbursed over €40 billion in settlements, all without any admission of guilt.

Our legal partners are now checking vehicles across 4 manufacturers and your vehicle could be eligible. If you have leased or owned a diesel vehicle from; BMW, Ford, Jaguar or Landrover between September 2009 - 2018, you could be eligible for compensation.

To determine whether your vehicle was affected, simply input your registration into our Reg Checker.



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Our Emission deadline 28th February, 2025. Cars affected manufactured between 2009 - 2018.



RADUCANU... exit

Emma's tears in defeat

By ROB MAUL

EMMA RADUCANU broke down in tears before being dumped out of the Dubai Championships.

The Brit, 22, was beaten 7-6 6-4 in the second round by Karolina Muchova.

Raducanu lost the opening two games before she rushed up to the umpire and hid behind the chair.

She was seen drying her eyes with a towel before a fan — who appeared to shout out towards her — was ejected from the venue.

The 2021 US Open champ resumed the match but had to come from 4-0 down to force a tie-break.

And she wasted a set point before the Czech ran away with it.

This was Raducanu's 13th wildcard in 18 WTA tournaments and her fifth defeat in six matches.

It is unlikely she will take an invitational spot before playing at Indian Wells and Miami next month.

● KATIE BOULTER and Raducanu have signed up to play at Queen's in June — it will be the first women's competition there since 1973.

SPORTS ROUND-UP: RESULTS & FIXTURES

CRICKET

THIRD ONE DAY INTERNATIONAL

Zimbabwe v Ireland

Harare: Ireland 240-6 (50.0 overs; A Balbirnie 64; L J Tucker 61; H T Tector 51); Zimbabwe 246-1 (39.3 overs; B J Curran 118; C R Ervine 69). **Zimbabwe win by 9 wickets** (Zimbabwe win series 2-1).

CYCLING

UAE TOUR: Stage 2 (Al Hudayriyat to Al Hudayriyat, 122km) - 1 J Talling (GB) INEOS

Grenadiers 12m 55s; 2 S Bisseger (Swi) Decathlon AG2R La Mondiale +13s; 3 T Pogacar (Slovenia) UAE Team Emirates-XRG

+18; 28 T Glog (GB) Team Visma | Lease a Bike +51s; 32 O Onley (GB) Team Picnic PostNL +55; 42 M Carthy (GB) EF Education-EasyPost +1m 7s; 64 B Swift (GB) INEOS Grenadiers +1:27. **Overall** - 1 Talling 3h

44m 29s; 2 Bisseger +13; 3 Pogacar +18; 21 Glog +51; 24 Onley +55; 34 Swift +1:27; 40 Carthy +1:53.

TENNIS

ATP QATAR OPEN (Doha): 1st Rnd - A

de Minaur (Aus) bt R Salatin (Rus) 6-1 7-5; L Nardi (Ita) bt Z Zhang (Chn) 6-4 6-3; B van der Zandschulp (Hol) bt A Shelbayh (Jor) 7-6 6-3; N Borges (Por) bt O Virtanen (Fin) 7-6 (8-6); 2 Borge (Bel) bt R Bautista Agut (Spa) 6-4 7-6 (7-4); T Griekspoor (Hol) bt J Struff (Ger) 7-6 (7-5) 7-6 (9-7); A Rublev (Rus) bt A Bublik (Kaz) 6-3 6-4; D Medvedev (Rus) bt K Khachanov (Rus) 4-6 7-5 6-3; F Auger-Aliassime (Can) bt O Hays (Fra) 4-6 6-4 7-6 (7-2); M Berrettini (Ita) bt D Djokovic (Ser) 7-6 (7-4) 6-2; H Medvedev (Rus) bt S Tsitsipas (Gre) 7-6 (8-6) 5-7 7-6 (7-5).

WTA DUBAI DUTY FREE TENNIS CHAMPIONSHIPS (UAE): 2nd Rnd - P Badosa (Spa) bt E Mertens (Bel) 6-2 6-1; J Paolini (Ita) bt E Lye (Ger) 6-4 6-3; E Rybakina (Kaz) bt M Uchijima (Jpn) 6-3 6-2; L Noskova (Cze) bt D Shnaider (Rus) 7-6 (10-8) 4-6 6-3; S Kenin (USA) bt M Kostyuk (Ukr) 5-7 7-6 (9-7) 7-6 (7-5); J Pegula (USA) bt L Samsonova (Rus) 6-0 6-4; I Swiatek (Pol) bt V Azarenka (Blr) 6-0 6-2; D Yastremska (Ukr) bt A Potapova (Rus) 6-2 6-3; M Kessler (USA) bt V Kudmetova (Rus) 6-3 6-4; K Muchova (Cze) bt E Raducanu (GB) 7-6 (8-6) 6-4; C Tauson (Den) bt E Svitolina (Ukr) 7-6 (7-5) 3-6 7-6 (7-4).

TODAY'S SPORTS

CRICKET

ICC Champions Trophy, Group A: Pakistan v New Zealand (Karachi, 9am).

ICE HOCKEY

Elite League (7.30): Glasgow Clan v Manchester Storm, Nottingham Panthers v Guildford Flames, Sheffield Steelers v Fife Flyers.

TENNIS

ATP Qatar ExxonMobil Open (Doha).

ATP Rio Open (Rio de Janeiro).

WTA Dubai Tennis Championships (UAE).

FORMULA ONE AUSSIE GP

NO STAPP

Max & George not interested in

RENEWING RIVALRIES

2024 STANDINGS

1		Max Verstappen	437
2		Lando Norris	374
3		Charles Leclerc	356
4		Oscar Piastri	292
5		Carlos Sainz	290
6		George Russell	245
7		Lewis Hamilton	223
8		Sergio Perez	152

2025 CALENDAR

Mar 16	Australia	Jul 27	Belgium*
Mar 23	China*	Aug 3	Hungary
Apr 6	Japan	Aug 31	Netherlands
Apr 13	Bahrain	Sep 7	Italy
Apr 20	Saudi Arabia	Sep 21	Azerbaijan
May 4	Miami*	Oct 5	Singapore
May 18	Emilia-Romagna	Oct 19	USA*
May 25	Monaco	Oct 26	Mexico
Jun 1	Spain	Nov 9	Brazil*
Jun 15	Canada	Nov 22	Vegas
Jun 29	Austria	Nov 30	Qatar*
Jul 6	Great Britain	Dec 7	Abu Dhabi

* - additional sprint race



NO SELFIE PITY...
Russell poses with a fan at last night's F1 75 event and (inset) Verstappen

GEORGE RUSSELL has "no intention" of burying the hatchet with Max Verstappen following their explosive row last season.

The pair went to war in last year's finale in Abu Dhabi, with the British 27-year-old claiming Verstappen threatened to put his "f***ing head in the wall" by deliberately crashing into him at the Qatar Grand Prix.

Four-time world champ Verstappen was branded a "bully" by Russell — with the Dutchman hitting back by labelling the Brit a "backstabber" and "loser" after he won the race, with his Mercedes rival trailing in fourth.

Russell — speaking at last night's F1 75 event to celebrate the sport's 75th anniversary at London's O₂ Arena — said that he and the Red Bull driver "hadn't spoken" over the winter.

He added: "I've got no intentions to, to be honest.

"That happened last year. I want to focus on myself.

"Things got out of line last year. We are not going to go back to being

By ISABELLE BARKER

best mates, that's for sure. I have no concerns about him or his driving.

"I made it pretty clear I'm not going to take it.

"But now it's 2025 and I'm focused on the job and the job is to win.

"So I'm not going to change my approach, fighting him or fighting any other drivers. The goal is the same."

And Verstappen admitted he will put the issue to one side. He said: "I have no intention to continue any beef in February."

Meanwhile, the Dutchman laid into the FIA for their new extreme swearing rules for the upcoming campaign, urging them to focus on more important issues.

Fines will range from £34,000 to £152,000, while championship points can be docked and race bans handed out for repeat offenders. In Singapore

last year, Verstappen was ordered by FIA stewards to complete community work after dropping the F-bomb to describe his car.

The 27-year-old said: "If you look at everyone's reaction to it, that says enough."

"In the heat of the moment when you get interviewed in your car, sometimes things slip out.

"We grew up playing sports, it happens, you use a swear word.

"We shouldn't take it so seriously. I'm also not going to tell them how to behave in life.

"You need to use a bit of common sense and, besides that, I prefer we actually focus on other topics — to try to improve safety, try to improve the overall performance of Formula One cars — instead of actually having to focus on all these kind of things."

Meanwhile, British McLaren driver Lando Norris says his team have "no

excuses" if they are not competing at the front of the grid right from the off this season.

McLaren won their first constructors' championship since 1998 last year but Norris (*below*) was runner-up to Verstappen, 63 points adrift in the drivers' standings.

Red Bull had dominated the first five races which ultimately left Norris with a mountain to climb.

With the countdown to the season-opening Australian Grand Prix on March 16 underway, he said: "After last year we have no excuses, I guess.

"In the past we've had our fair share but honest and true excuses.

"This year we don't have any, we have nothing to hide behind.

"We proved last year we have everything we need and everything it takes to fight at the top and be the best."



COUNTDOWN

SIGN

ending fast feud



BRIT SPECIAL... former world champs Damon Hill (left) and Nigel Mansell share a joke at the F1 75 live launch in London

REDDY

From Back Page

wait. Every time you get into a Ferrari, there's such a special feeling. "Even just working with the team, it's really unique."

"The word I'm thinking of is invigorated. I feel so full of life and so much energy as everything is new."

"I'm focused on what's up ahead and I'm so proud to be part of the team. It's exciting for me."

Hamilton met his old Mercedes boss Toto Wolff on the O2 red carpet, along with former team-mate George Russell and his own replacement, Italian driver Kimi Antonelli.

The 40-year-old announced a shock move to Ferrari in February 2024 after 12 years at Mercedes, where he won six of his seven titles.

Red Bull's Max Verstappen, bidding to emulate Michael Schumacher with a fifth consecutive crown this year, said: "It will provide him with a different scenery, a new motivation."

"Now it is almost like he is reborn. It is going to be exciting for the sport."

STOP SIGN, NO!

RIISING Formula One star Oliver Bearman FAILED his first driving test for not stopping at a stop sign.

The 19-year-old Essex boy has been handed a full-time seat with Haas for the upcoming campaign.

Bearman became the youngest British driver in F1 history with his debut in Jeddah last March at 18, when Carlos Sainz had appendicitis.

He revealed: "I passed my test second time. I didn't stop at a stop sign. I didn't burn through — I slowed down and I was crawling but you are supposed to stop."

"We don't have stop signs at a race track, so that was my first sighting of a stop sign. But typical

By ISABELLE BARKER

me — or typical racing driver, I guess — I thought I could pass my test without any lessons.

"That's probably where I went wrong. I made sure I had a few lessons before the second test."

In Jeddah, Bearman qualified 11th in Sainz's Ferrari, then made up four places in the race — two AHEAD of seven-time world champ Lewis Hamilton — having completed just a single practice session.

Hamilton called Bearman's display "phenomenal" and the youngster went on to have two further F1 drives for Haas last season.

IT WOOD BE GREAT

MARK WOOD is on a mission to complete a cricket "bucket list".

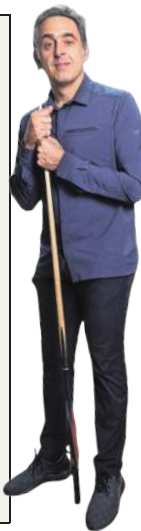
The first priority for the England pace ace is the Champions Trophy.

He will then turn to the Test series at home to India and The Ashes in Australia this year.

Wood, 35, said: "I'm not going to play every game, my body doesn't allow me to."

"But I'd love to play that India Test series and win it."

"And the ultimate for any England cricketer is to win in Australia. They would definitely be bucket list things."



Snooker hit for six as Ron pulls out again

By ROB MAUL

RONNIE O'SULLIVAN'S absence from snooker goes on — with the struggling star withdrawing from next week's World Open.

The Rocket will not travel to Yushan for the first Chinese event of 2025 as he has pulled out for medical reasons.

Seven-time world champion O'Sullivan (left) was due to face Stuart Carrington in the opening round on Sunday.

Instead the Rocket, 49, will be replaced by Daniel Womersley, the highest-ranked available player on the 2024 Q School Order of Merit.

This is the SIXTH event O'Sullivan has missed since November, also shunning the Shoot Out, Scottish Open,

Masters, German Masters and last week's Welsh Open.

The only time he has turned up this year was in Leicester's Championship League, where he snapped his cue in anger.

Though the Yushan Sport Centre is one of the most lavish venues, it is in a remote part of China that is difficult to access.

World No4 O'Sullivan is having a tough time and does not feel ready to embrace competitive action again.

Fans in China adore him and he prefers playing there than in lower-key venues in the UK.

It is not known if he will attend next month's Hong Kong's World Grand Prix.



The red team is faster. Ask Lewis.

Marcus still got nod as Borth kicker

By ADAM HATHAWAY

MARCUS SMITH will carry on kicking for England despite hooking two simple chances in the narrow victory over France.

Smith, 25, has been named at full-back again for Saturday's clash with Scotland at Twickenham.

He has a dismal 57 per cent success rate from the tee this Six Nations and was stripped of kicking duty by assistant coach Kevin Sinfield towards the end of the 26-25 Twickenham win this month.

Nerveless fly-half Fin Smith then nailed two conversions to help England over the line.

But boss Steve Borthwick claimed giving Harlequins star Smith kicking duties for this Saturday's Calcutta Cup game was a no-brainer.

Borthwick said: "He's a world-class goal kicker."

"Marcus is a player with incredible ability."

"Sometimes, the opposition focuses very much on him and that creates space for others."

Sometimes there will be a window for him to find.

"With Fin and Marcus we have two ball-players who see space in the front line and in the back-field."

The head coach went early with his team announcement yesterday – Leicester lock Ollie Chessum's promotion to the starting XV ahead of club-mate George Martin being the only change.

Chessum, 24, has fought back from shoulder and knee injuries to earn his first England start for nearly a year.

He made a huge impact off the bench against France, winning line-outs that set up tries for Fin Baxter and Elliot Daly.

Borthwick said: "He has



ABILITY ... Marcus Smith

the respect of everybody. He's had injury setbacks but worked incredibly diligently to get back.

"He has a presence and a positivity that rubs off on everyone else."

ENGLAND: M Smith, Freeman, Lawrence, Slade, Sleightholme, F Smith, Mitchell, Genge, Cowan-Dickie, Stuart, Itoje (capt), Chessum, T Curry, Earl, Willis. REPS: George, Baxter, Hayes, Martin, Cunningham-South, B Curry, Randall, Daly.



CLASH ... Wainwright tackles Dupont

Wain pain not Du to kissing

By DAVID FACEY

AARON WAINWRIGHT says he did not get his nasty scar by trying to KISS the feet of Antoine Dupont.

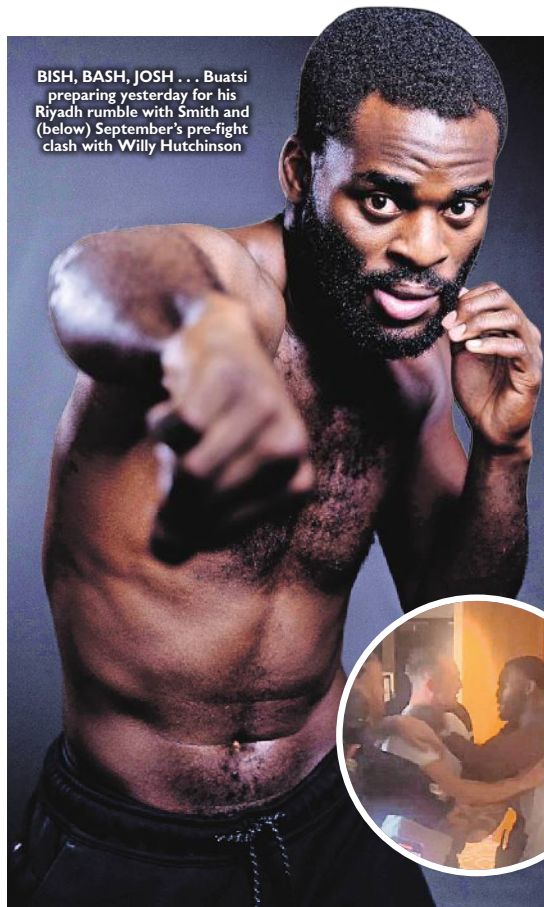
The Wales No8 (right) needed 11 stitches in a gash from his nose down to his lip after a clash with the France legend in their 43-0 defeat on January 30.

Hoping to be back in the starting line-up to face Ireland on Saturday, he explained: "My family reckon it will be a great story to tell when I've finished playing, because of the way I got it — by face-planting Dupont's boot."

"But I can categorically deny that I was trying to kiss his feet!"

Irish skipper Caelan Doris misses Saturday's tie with a knee issue.

BISH, BASH, JOSH ... Buatsi preparing yesterday for his Riyadh rumble with Smith and (below) September's pre-fight clash with Willy Hutchinson



NO SHOW BUAT TIME

JOSHUA BUATSI revealed his ruthless side just before the most dangerous fight of his career.

Croydon's light-heavyweight, 31, is one of the most decent and respectful fighters in British boxing.

The 2016 Olympic bronze winner — an early protégé of 2012 golden boy Anthony Joshua — barely puts a foot or a fist wrong, whether it is inside or outside the ring.

But September opponent Willy Hutchinson pushed the Ghana-born ace too far and the build-up to their battle was spiteful, with Buatsi grabbing the Scot by the throat after one tense face-off too many — before battering him over 12 rounds.

Ahead of Saturday's Riyadh rumble with Liverpool's Callum Smith, 34, Buatsi admitted fight fans saw a glimpse of the former bad boy against Hutchinson.

He said: "None of that was fake. People have said that I reacted differently to what they are used to from me. But the people

EXCLUSIVE
By WALLY DOWNES Jr

I grew up with knew that it was nothing new.

"There are different sides to everyone. And maybe the way he behaved brought that side of me out."

"It made the fight more interesting and it made more people watch it."

"When I was in there, I said to him, 'You said a lot of things about me and now you have to pay for it.'"

The best preparation Buatsi has had for his latest fight was sparring 40-YEAR-OLD ring legend Andre Ward at his San Francisco gym.

Buatsi revealed: "We did a few rounds just to see what I have been learning and how I am implementing it."

"I got the call and was told he was in there and I raced down — just to watch him and the little things that he does."

"He always tells us and teaches us what he did and does — but to be able to see it is so different."

DARTS HEARTBREAK

By ROB MAUL

VINCENT VAN DER VOORT'S family heartbreak lay behind his decision to step aside from the PDC.

The Dutch Destroyer relinquished his Tour Card at the start of the year and waved goodbye to professional darts after three decades.

Few fans, however, realised the truth behind his plummeting ranking in 2024. Van der Voort was frequently visiting his dying elder sister in hospital as well as comforting her three children.

The former UK Open finalist — who makes his World Seniors Championship debut tomorrow — told SunSport: "The reason I left was in my personal life."

"Two years ago, my sister was diagnosed with cancer. She passed away in July."

"Once you get diagnosed with that, then you try everything to get better. It's sometimes a fight you cannot win."

"I took a lot of responsibility for that. For her kids, who are between the ages of 12-15. To take care of a lot of stuff."

"I underestimated what it does to your head, your life and your mindset."

"In the beginning, I thought, 'I can do that — when I'm playing a tournament, I can park that'."

"But at one point, I noticed I couldn't concentrate any more."

"The further you go, you lose your confidence and you don't want to be there any more. You don't want to play."

"So, I said a year off is the best thing for me to do."

Van der Voort — close pals with Holland's three-time world champion Michael van Gerwen — is known for speaking his mind and ruffling feathers with the authorities.

It was last summer, while attending a football match at the Euros in Germany, he received the phone call that would change his life — and accelerate his departure from the PDC ranks.

The two-time World Championship quarter-finalist, 49, said: "I was going to ProTours, then coming back to the hospital every day, sitting with my sister."

"I was invited to Holland versus France at the European Championship."

"I was there and then I got a call, 'You have to come back'. So my wife drove to Leipzig."

"We drove back in the middle of the night. Then I had my last conversation with my sister."

"A week later, you have to go to the ProTours — and you have to perform. I

My agony on the oche



SAD ... Van der Voort lost his love for darts

VINCENT: I HAD TO STOP AFTER SISTER'S DEATH

noticed, 'I cannot do this'. Life can be very hard and very confronting."

"I know I have a big mouth! I say it how I see it. But this is something you cannot prepare for."

Van der Voort faces Neil Duff in the first round of the four-day World Seniors Darts Championship at the Circus Tavern in Essex.

But he insisted: "I don't think I'm the favourite for the World Seniors. There

are plenty of good players in it — the likes of Simon Whitlock, Mervyn King, Steve Beaton and John Henderson."

"I haven't played a tournament in three months. I'm playing someone who is a really good player. He's playing every week."

"If during the year the hunger doesn't come back to perform, I'll quit."

"But if it comes back, I'll give it a go. I'm 49. I don't think I'm too old."



BOA MORTE... interest

Luis eyes vacancy at Rovers

EXCLUSIVE
By JORDAN DAVIES

LUIS BOA MORTE would be interested in the vacant Blackburn job.

Championship outfit Rovers are looking for a new boss after John Eustace jumped ship for relegation-threatened Derby last week.

SunSport understands former Arsenal and Fulham midfielder Boa Morte, 47, is set to hold talks with Ewood Park chiefs in the coming days.

Boa Morte has been in charge of the Guinea-Bissau national team since March, following a three-year stint as Marco Silva's No 2 at Fulham.

But the ex-Portugal international would be swayed by the Rovers gig. Former Aston Villa and Middlesbrough midfielder George Boateng, 49, is also in the running.

Blackburn are fifth in the Championship and beat Plymouth 2-0 on Saturday with David Lowe, 59, in interim charge.

Sport

JAY STANSFIELD was rushed to hospital with a leg injury that marred Birmingham reaching the EFL Trophy final.

He scored in a 2-1 win over Bradford to book a date with Wrexham or Peterborough at Wembley.

SHORT

Skelly in Tuching distance

By CHARLIE WYETT

ARSENAL defender Myles Lewis-Skelly is close to a shock England debut — despite making just eight Premier League starts.

New Three Lions boss Thomas Tuchel, preparing for next month's World Cup qualifiers against Albania and Latvia, has been impressed by the form of the left-back, 18.

England are desperately short in that area, with Luke Shaw and Ben Chilwell having numerous injury issues.

Djed Spence has been in decent form for Tottenham at left-back, even though he is right-footed.

Yet Tuchel will prefer using players in their natural positions and Lewis-Skelly already looks at home on the left.

He has yet to feature for the Under-21s and only made his Under-19s debut in September.

Tuchel could hand first call-ups to other players, including in-form Ipswich striker Liam Delap, 22.

EMIL-ION DOLLAR MAN... Riis rifles in Preston's equaliser



MAJIC TOUCH

By ALAN NIXON

MILUTIN OSMAJIC put his recent race storm behind him to help Preston battle to a hard-fought point.

The Montenegro striker came off the bench at half-time to applause from the home fans — despite just days earlier being accused of a racist remark towards Burnley's Hannibal Mejbri.

Osmajic, who contests the claim, showed his fight as he battled for a 50-50 that led to Preston's equaliser in the 47th minute.

Emil Riis pounced and smashed in from 25 yards to

Preston.....1
Millwall.....1

cancel out a spectacular opener from Millwall.

Mihailo Ivanovic slammed in a 40th-minute free-kick — Preston were fuming as they thought Ali McCann won the ball fairly from Joe Bryan.

North End manager, Paul Heckingbottom said: "Millie is upset. He didn't sleep well but he is OK. We have to give the incident the importance that it deserves."

Lions boss Alex Neil joked: "I didn't realise Ivanovic was that good at free-kicks!"

PREM CRYING FOUL

IT'S ALL WRONG

OVERREACTION BY MYLES... Oliver dismisses Arsenal defender Lewis-Skelly

Webb raps MLS red & ref abuse



HOWARD WEBB admits Michael Oliver and VAR were **WRONG** to send off Myles Lewis-Skelly during Arsenal's 1-0 win over Wolves last month.

But the PGMOL chief said the criticism and abuse aimed at referee Oliver as a result was "wholly unacceptable".

Gunnars defender Lewis-Skelly, 18, received a first-half straight red for a cynical trip on Matt Doherty, around 80 yards from Arsenal's goal.

Oliver claimed it was "serious body play" to leave Mikel Arteta "absolutely fuming", while Sky pundit Micah Richards labelled it "the worst decision I've ever seen in Premier League football history".

Three days later, the FA overturned the three-match ban for Lewis-Skelly.

Webb said: "We'd prefer a yellow card in this situation. "Oliver saw the player move towards an opponent without

By JORDAN DAVIES

any ability or intention of playing the ball. He felt it was serious foul play.

"But we know for serious foul play, we need excessive force or brutality and what we see here is high contact glancing off the leg quickly.

"So for that reason, everybody pretty much has formed the same conclusion that this is falling short of serious foul play, because the studs don't really go right into the leg."

In the released referee audio from the match, Oliver says straight away to VAR official Darren England: "I'm going to go red card, mate. Red card on the ankle. Red card for serious foul play."

After consulting with his assistant, England concludes that the "first impact is on the Achilles, on the shin" and replied: "Confirming the on-field decision of red card for serious foul play." Webb

continued on Match Official's Mic'D Up on Sky: "VAR didn't want to re-referee it, they were mindful of the referee's call unless it's clearly and obviously wrong.

"They felt it wasn't at that level and decided to leave it as a red card. I've heard this described as a horrendous officiating decision. It's not! "I understand why the ref saw this as a serious foul-play action. It's an understandable on-field decision."

In the days after in the incident, Oliver received social-media abuse, threats towards himself and his family and needed police protection.

It is one of **NINETY** cases of abuse towards referees that police have assessed since the start of last season.

Webb said: "It's wholly unacceptable. We know that criticism comes our way. It's part and parcel of the job but there's a line, isn't there? "Nobody should be subject to threats."

FOOTBALL: RESULTS, FIXTURES AND TABLES

CHAMPIONS LEAGUE KNOCK-OUT

ROUND PLAY-OFF SECOND LEG

AC MILAN (1) 1 FEYENOORD (0) 1

Gimenez 1 Carranza 73

At: 54,749

Feyenoord win 2-1 on aggregate.

ATLANTA (0) 1 CLUB BRUGGE (3) 3

Lookman 46 Talbi 3, 27

Jutiga 45

Club Brugge win 5-2 on aggregate.

BYN MUNICH (0) 1 CELTIC (0) 1

Davies 90 Kuhn 63

Bayern Munich win 3-2 on aggregate.

BENFICA (1) 3 MONACO (1) 3

Akturkoglu 22 Minamino 31

Pavlidis 76 (pen) Ben Seghir 51

Koku 84 Ilenikhena 81

Benfica win 4-3 on aggregate.

SKY BET CHAMPIONSHIP

PRESTON (0) 1 MILLWALL (1) 1

Jakobsen 47 Ivanovic 40

At: 13,290

Leeds P W D L F A Pts

Sheff Utd 33 21 9 3 68 20 72

Sheff Wed 33 22 6 5 47 23 70

Burnley 33 17 14 2 39 9 65

Sunderland 33 17 11 5 50 30 62

Blackburn 33 15 6 12 39 51 51

West Brom 33 11 15 7 42 31 48

Coventry 33 13 8 12 44 41 47

Bristol City 33 11 13 9 41 37 46

Sheff Wed 33 12 9 12 46 50 45

Watford 33 13 6 14 43 48 45

Middlesbrough 33 12 8 12 50 43 44

Norwich 33 11 11 11 51 45 44

QPR 33 11 11 11 39 44 44

Millwall 33 10 12 11 33 44 42

Preston 33 9 15 9 35 49 42

Oxford Utd 33 9 11 13 34 47 38

Swansea 33 10 7 16 34 46 37

Portsmouth 33 9 15 11 55 36

Stoke 32 8 11 13 31 40 35

Cardiff 32 7 11 14 35 54 32

Hull 32 7 9 16 32 43 30

Derby 33 7 8 18 33 46 29

Plymouth 32 6 10 16 34 66 28

Luton 32 7 6 19 30 52 27

(Sheff Utd deducted 2 points)

SKY BET LEAGUE ONE

CRAWLEY TN (1) 1 WIGAN (1) 1

Barker 42 Taylor 39

At: 3,733

MANSFIELD (0) 0 LINCOLN C (1) 3

O'Connor 9

Clucas 83

Jefferies 89

At: 8,326

SHRWSBURY (0) 0 HUDDERSFIELD (1) 1

Koroma 82

At: 6,862

STEVENAGE (0) 0 BURTON ALB (1) 1

Webster 45

At: 2,801

WREXHAM (1) 1 L ORIENT (1) 2

Rathbone 15

Kelman 30

Dorley 50

At: 11,703

WYCOMBE (0) 2 BRISTOL R (0) 0

Humphreys 51

At: 4,419

VERTU TROPHY SEMI-FINAL

BIRMINGHAM (1) 2 BRADFORD (0) 1

Stanfield 45

Dykes 88

At: 27,066

SKY BET LEAGUE TWO

FLEETWOOD (0) 0 AFC WIMB'DN (0) 0

At: 2,106

MORECAMBE (0) 0 DONCASTER (1) 1

Street 3

NOTTS CO (1) 1 COLCHESTER (0) 1

Grant 3 Johnson 48 (og)

At: 9,467

Walsall P W D L F A Pts

AFC Wimb'dn 31 19 6 6 59 34 63

Doncaster 32 16 7 9 46 39 55

Notts County 31 15 9 7 48 30 54

Bradford 31 15 9 7 40 28 54

Port Vale 30 14 10 6 39 32 52

Crewe 32 12 13 7 36 31 49

Salford City 31 13 9 9 39 30 48

Grimsb'y 31 15 3 13 44 47 48

Chesterfield 30 11 9 10 49 37 42

Colchester 31 9 15 7 36 31 42

Bromley 31 10 12 9 41 40 42

Fleetwood 30 11 10 10 39 36 41

Cheltenham 30 11 8 11 40 43 41

Newport City 31 11 7 13 41 47 40

MK Dons 31 11 6 14 44 44 39

Swindon 32 9 11 12 46 48 38

Barrow 30 9 7 14 34 36 37

Gillingham 30 7 9 14 26 33 34

Harrogate Tn 32 9 6 17 26 42 33

Accrington 30 7 9 14 34 48 30

Tranmere 31 6 10 15 22 49 28

Morecambe 31 5 10 20 29 46 26

Carlisle 31 5 7 19 23 49 22

VANARAMA NATIONAL - AFC Fylde

Boston Utd 2, Barnet 3 York 1, Ebbsfleet United

3, Forest Green 0, Gateshead 4 Sutton Utd

3, Hartlepool 1 Altrincham 2, Oldham 0 Maid-

head Utd 1, Southend 2 Aldershot 1, Yeovil

2 Tamworth 1.

P W D L F A Pts

Barnet 33 21 7 5 66 32 70

York 31 19 6 6 60 29 63

Forest Green 32 17 12 3 50 25 63

Oldham 32 15 11 6 49 33 56

Gateshead 31 16 7 8 59 40 55

Altrincham 31 14 10 7 52 36 52

FC Halifax 31 14 9 8 38 30 51

Southend 32 12 10 10 39 34 46

Rochdale 27 15 10 19 59 53 44

Hartlepool 33 10 14 9 39 40 44

Solihull Moors 31 12 6 13 47 45 42

Sutton Utd 31 11 9 11 43 42 42

Yeovil 32 11 9 12 37 39 42

Eastleigh 30 10 11 9 40 38 41

Tamworth 32 10 9 13 37 51 39

Woking 31 8 11 12 32 44 35

Days & Red 31 8 10 13 44 44 34

Braintree Tn 31 7 15 11 42 34

Maldenhead 31 9 6 16 37 57 33

Aldershot 30 6 12 12 43 52 30

Wealdstone 30 6 11 13 34 47 29

AFC Fylde 31 8 5 18 37 62 29

Boston Utd 29 5 8 16 26 46 23

Ebbsfleet 33 1 11 21 21 69 14

VANARAMA NORTH - Farsley Celtic

Southport 2, Hereford FC 3 Warrington Town

2, King's Lynn Town 1, Oxford City 1, Leam-

ington 1 Buxton 1, Marine 3 Kidderminster 1,

Radcliffe 2 Chorley 0, Spennymoor Town 3

Alfreton Town 1.

VANARAMA SOUTH - Chesham Utd

Salisbury FC 2, Enfield Town 0 Eastbourne

Borough 5.

WILLIAM HILL CHAMPIONSHIP - Porton

2 Hamilton 0.

P W D L F A Pts

Falkirk 24 15 5 4 47 23 50

Ayr 24 16 4 4 40 28 48

Livingston 24 13 7 4 32 17 46

Partick 25 10 6 9 31 31 36

Morton 23 7 10 6 25 27 31

Raith 23 9 3 11 26 31 30

Queen's Park 24 8 5 11 26 28 29

Hamilton 24 7 3 14 29 45 24

Dunfermline 24 6 5 13 24 32 23

Airdrieonians 23 3 4 16 18 44 13

TONIGHT

(7.45 unless stated)

CHAMPIONS LEAGUE KNOCK-OUT

On your Marcs, get set...Mo

DOUBLE TROUBLE... boss Emery believes Rash and Asensio (left) can give Villa a Salah-esque boost

By GRAEME BRYCE

UNAI EMERY wants Marcus Rashford and Marco Asensio to unite and become Aston Villa's Mo Salah.

Liverpool idol Salah is enjoying the season of his life with an incredible 28 goals and 19 assists in all competitions. Emery believes the Reds' world-class forward (inset) is on a different planet to everyone else in the Premier League.

But the Spaniard hopes that together, transfer-window signings Rash and Asensio can come close to equalling one Salah by the end of the season. Villa boss Emery is weighing up whether to hand his loan stars their first starts against Liverpool tonight after two cameo appearances off the bench.

Emery said: "If they can recover their form, it's more or less what we hope for. "Salah is unique. He's feeling confident and comfortable and at his best."

"Marcus has done that before and Marco as well. My challenge is to get the best out of them again."

Rashford's best season statistically was in

Aston Villa v Liverpool

7.30pm, TNT Sports 2, **LIVESTREAM**

2022-23 during Erik ten Hag's first term at Manchester United, when the 27-year-old England forward scored 30 goals and provided nine assists in all competitions.

That was the same season 29-year-old winger Asensio – who joined Villa from Paris Saint-Germain – peaked with 12 goals and eight assists for Real Madrid.

Emery added: "Each of them has their own qualities. But Salah assists and scores more goals than anyone right now."

"If they can reach double figures for either that is a high level in the Premier League."

Ninth-placed Villa are without midfielder Boubacar Kamara, who has a hamstring injury, and Emery will make late decisions on whether to include Leon Bailey, Matty Cash and Ezri Konsa in his squad.

But Tyrone Mings is ready to partner Axel Disasi at the heart of the defence.



CATCH UP VILLA ACES v SALAH

LAST TWO SEASONS

ASENSIO
Games 47
Goals 7
Assists 11

RASHFORD
Games 69
Goals 15
Assists 8

Goals 22
Assists 19

SALAH THIS SEASON

Games 36
Goals 28
Assists 19

ARNE TAKES AIM AT KLOPP'S CROWN

SLOTS FIRED!

Pressure bigger than Reds' Covid title

ARNE SLOT insists his team have not suddenly been gripped by nerves in the title run-in.

But he does say that predecessor Jurgen Klopp had it far easier than him in getting his 2020 Prem success over the line – because the stadiums were empty due to Covid.

Liverpool's last two league performances have been decidedly dodgy – James Tarkowski first plundering a 98th-minute equaliser for Everton a week ago to claim a 2-2 draw.

Then on Sunday, the Reds had to hang on to beat Wolves 2-1 at a jittery Anfield.

Before that, a ten-change second-string suffered a 1-0 FA Cup humiliation at the hands of Championship strugglers Plymouth.

Liverpool will go ten points clear of Arsenal tonight if they can topple Unai Emery's Aston Villa – with Slot admitting after the Wolves game that some players were struggling with mental and physical exhaustion.

The Kop chief said: "It's because we're coming to the end of the season and not because of us."

"Yes, we've had games where we've led by one goal and in the end it was tight."

"If this happens at the end of the season, people – you guys – are going to talk about nerves."

"But to secure a win in the Premier League if you are only leading by one goal, there's

By KEN LAWRENCE

always going to be a lot of defending and a lot of hard work. In the end part of the season a lot of people talk about nerves – not me."

Slot hardly ever fails to give a nod to Klopp and the squad the German left behind when discussing the success he has enjoyed since taking over this term.

Appreciative as he is, that does not stop him pointing to the strain game he is now living through – and Klopp did not have to.

Slot reckons the current Kop crop need to



CHAMPIONS... Klopp with Prem trophy in 2020

perform at a far higher stress level than the side that celebrated a 19th league triumph.

Unlike his predecessor, the Dutchman is bidding for Liverpool's 20th in the full glare of the public – not within stadiums devoid of fans due to the Covid ban.

Slot even says neither his experience of winning the Dutch title with Feyenoord in 2023 nor the success of the players five years ago will be major factors in the run-in.

He added: "It helps if a team or a player has already won something but don't make that too big because you still have to play for it. You can't compare the circumstances."

"So the ones that won the league already, that was in Covid without fans in the stadium. They were, at a point, 25 points clear, so you can hardly talk about pressure then!"

"There was hardly any pressure then. And we do lean on the players because they have to show up and they have to bring the performances in."

Slot and his assistant coach Sipke Hulshoff are awaiting an FA verdict following their confrontation with referee Michael Oliver in the mad ending to the Merseyside derby, with at least a two-game touchline ban likely.

Forward Cody Gakpo remains unavailable against Villa with a foot injury – while defender Joe Gomez could face a lengthy lay-off should he need hamstring surgery.



THEN

Feb 2, 2020

	P	GD	Pts
1 Liverpool	25	+45	73
2 Man City	25	+36	51
3 Leicester	25	+28	49
4 Chelsea	25	+9	41

NOW

Today

	P	GD	Pts
1 Liverpool	25	+36	60
2 Arsenal	25	+29	53
3 Nottm F	25	+12	47
4 Man City	25	+17	44

IT WAS A DIFFERENT TIME... Slot believes his men are under more pressure now than in 2020

CHAMPIONS LEAGUE
PLAY-OFFS



B MUNICH 1 CELTIC 1
DAVIES 90 KUHN 63

BAYERN MUNICH
WIN 3-2
ON AGG

in association with
William HILL



WALKER... Euro exit

Sad Kyle limps out in agony

By CARL LONG

KYLE WALKER suffered Champions League agony as AC Milan crashed out to Feyenoord.

The 34-year-old's new club were held 1-1 in their play-off second leg to bow out 2-1 on aggregate.

Walker, signed from Manchester City last month, limped through the last few minutes with an abductor issue as Milan had used all their subs.

Trailing 1-0 from the first leg, Milan took just 36 seconds to level the tie through Santiago Gimenez.

But Milan's hopes took a tumble when Theo Hernandez was shown a second yellow for a dive.

Feyenoord sub Julian Carranza headed home to silence the San Siro in the 73rd minute.

The Dutch side will be paired with Inter Milan or Arsenal in Friday's draw.

There was more misery for Italian clubs as ATALANTA lost 3-1 at home to CLUB BRUGGE and went out 5-2 on aggregate.

Ademola Lookman netted Atalanta's goal but also missed a penalty.

And his boss Gian Piero Gasperini said: "Lookman is one of the worst penalty takers I've ever seen."

The elimination of two Serie A outfits boosts the Premier League's hopes of a fifth Champions League spot — taken by Italy and Germany for this season's competition.

Orkun Kokcu's late goal gave BENFICA a 3-3 draw with MONACO taking them through 4-3 on aggregate.

Bhoys' bitter pill



BUNDLED OUT...
Davies' last-gasp goal breaks Celtic hearts after Kuhn's strike for the Scots (left) had stunned Bayern

DAVIES POUNCES AT DEATH TO KO CELTS IN MUNICH



HARRY KANE'S Champions League dream is alive and kicking — just.

Alphonso Davies bundled home from a yard out deep into injury time to keep Bayern Munich's hopes of lifting the famous trophy for a seventh time in their own city intact.

Davies' strike saw the Germans squeak through 3-2 on aggregate with Celtic just moments away from securing 30 minutes of extra-time.

Bhoys skipper Callum McGregor said: "Probably one of the cruelest. We gave absolutely everything and pushed a good Bayern team all the way to the final kick."

"The performance was outstanding. I'm so proud of the players. It's a really sore one. But we come off the pitch with no regrets."

His gaffer was equally as proud of the Scottish champions' performance. Brendan Rodgers said: "We have to

By GARY STONEHOUSE

remember this is Bayern Munich and performance-wise, we were outstanding, played without any fear.

"We defended with discipline, pressed at the right moments, gave them issues and were able to be compact in the right moment."

"We didn't give away so much. Harry Kane hit the crossbar in the first half but there weren't too many glaring opportunities for them."

"It never looked like we were going to concede the goal that we did and sadly for us, we did. I can only take immense pride from the performance."

England captain Kane barely had a touch before he was taken off at half-time. Kompany confirmed that

his striker had suffered an injury but claimed it was nothing to do with the facial injury that had kept him out of training on Monday.

And the Bayern boss was unsure exactly what the problem is now.

He said: "It's a shame because Harry is going to drop out but I can't tell you for how long."

Kane still managed to hit the woodwork but he and his teammates were the fortunate ones not to be trailing at the break. Celtic made a flying start and should have been at least two up inside 20 minutes.

McGregor sliced over after being sent clean through early on. The Bhoys carved the hosts wide open again when Jota flew past Josip Stanisic and pulled it from the left to the unmarked Nicolas Kuhn.

Former Bayern man Kuhn met it left footed at the far post and beat Manuel Neuer but Raphael Guerreiro was able to clear on the line. The

hosts looked completely rattled and Celtic stunned the Allianz Arena in the 63rd minute.

Daizen Maeda's through ball should have been easy for Kim Min-jae but his poor defending was pounced on by Kuhn and he drilled a low shot past Neuer.

Celtic were level on aggregate at 2-2 but missed another huge chance to take the lead in the tie for the first time when Maeda directed a diving header straight at the keeper.

But there was a cruel twist in the fourth minute of added time when Kasper Schmeichel brilliantly saved from Goretzka's header only for Davies to react quickest to smash home.

HOW THEY LINED UP

BAYERN MUNICH: Neuer, Guerreiro (Davies 64), Kim, Upamecano, Stanisic, Goretzka, Kimmich, Gnabry (Sane 64), Musiala (Muller 90), Olise, Kane (Coman 46).

CELTIC: Schmeichel, Schlupp, Trusty, Carter-Vickers, Johnston, Hatate, McGregor, Engels, Jota (Idah 60), Maeda, Kuhn (Yang 69).

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CHAMPIONS LEAGUE

1st leg: 3-2

REAL**FIRED UP...** Bellingham training for tonight's big clash

Guarded view on Jude ref eff

PEP GUARDIOLA has entered the F-word debate that is raging throughout Spain.

After Jude Bellingham was sent off for swearing at ref Jose Luis Munuera during Real Madrid's 1-1 draw with Osasuna on Saturday, the nuances of Britain's favourite swear-word are being pored over in the Spanish capital.

Real boss Carlo Ancelotti said: "I think the referee did not understand Jude's English. He said 'f*** off', not 'f*** you' – that's way different."

A potty-mouthed Spanish newspaper carried a headline yesterday which read: "To f*** or not to f***, that is the question."

And so before tonight's Champions League play-off second leg at the Bernabeu, Manchester City boss Guardiola was asked for his take on the respective severity of f*** off and f*** you.

Guardiola – in his ninth year at the Etihad – said: "My English is good – but I've never understood (the difference between) f*** off or f*** you, so maybe I need more time in England to understand."

"The problem is not the translation, it's the intention. You should ask

From DAVE KIDD

Jude what his intention was. That's what matters. "Maybe you can insult someone with a great smile on your face and that wouldn't be that bad? "Only the player and the referee truly know what was meant."

Stand-in Real skipper Fede Valverde said of his team-mate: "Jude shows character. This time he got a red card but I like that he's giving everything and his spikiness."

Bellingham, 21, insists he directed the words 'f*** off' to himself and not the referee but he could face a domestic ban of up to 12 matches. The England midfielder man, who netted the winner in Real's 3-2 first-leg victory, is free to face City tonight.

Meanwhile Real have reported Munuera to the Spanish FA over a possible conflict of interests because he has set up a consultancy with high-profile football clients.

An investigation has now been launched – but Guardiola, former boss of Real's bitter rivals Barcelona, was not impressed.

The City chief said: "I read that there is an investigation. Wow! Come on. Just leave him alone."

Silva lining

after the

dark cloud

BERN SEES FIGHT AT END OF THE TUNNEL

THE Sun

TACTICS EXPOSED

How Pep will set up City for tie with Real

TO WATCH THE VIDEO, SCAN THIS QR CODE

THESE are the games which define the careers of some of the finest footballers and managers on the planet.

An epic saga which reaches episode ten tonight – Pep Guardiola's Manchester City against Real Madrid. And Bernardo Silva has played in each and every one of these titanic Champions League clashes.

From lighting up the Etihad with two early goals in the 2023 semi-final, to the embarrassment of having a Panenka penalty saved with the decisive spot-kick of last year's quarter-final, Bernardo has seen it all.

Chuck in City's disastrous late capitulation here at the Bernabeu in 2022 and Bernardo's second-minute opener in last season's classic 3-3 last-eight first-leg draw and it is no wonder City's little Portuguese maestro talks about 'mixed emotions' when it comes to facing Real.

But as City seek to overturn a 3-2 first-leg deficit

From DAVE KIDD

CHIEF SPORTS WRITER



in the Bernabeu tonight, Bernardo admits he cannot believe that his team's pre-Christmas meltdown has left them having to face the 15-time champions of Europe in a play-off round, merely to reach the last 16.

Bernardo, 30, said: "When a team is so successful as ours was in the last eight seasons, you lose a few games – you're not used to it."

"You have a bad few months and you don't accept it. You don't take it well."

"I do think the team is in a better moment but now still not perfect. We're not in the same dark place [as before Christmas]."

"This season has been very disappointing, for sure."

"At the start of the season, I wouldn't believe you if you'd told me we would be in this position in the Premier League [fourth place and 16

points behind leaders Liverpool] and playing Real in a play-off, not the latter stages."

"But we've put ourselves in this situation and we deserve it."

"If things don't go our way it's a lesson for the future. We still have a chance but it's a lesson."

This fixture has it all. The two greatest managers of the Champions League era – Carlo Ancelotti, with five European Cups as a manager, against Guardiola, with three.

The two most feared goalscorers on the planet – Kylian Mbappe against Erling Haaland.

Then there are the reigning footballers of the year in the Premier League and LaLiga, Phil Foden and Jude Bellingham – two men who do not seem to fit effectively into the same England team.

Of the two contenders in last season's controversial Ballon d'Or race – Vinicius Jr and Rodri – only one will be on the Bernabeu pitch.

Yet that has not stopped the spat spilling over into some serious bad

THIS JUST GOT REAL
... City ace Bernardo ponders tie

MADRID v MAN CITY

8pm,
TNT Sports 1
talkSPORT 2

in association with



HAALAND... passed fit

REALITY CHECK

CITY must win at Real for just a second time.

CITY'S PREVIOUS REAL VISITS

Sep 18 2012	L3-2	May 4 2022	L3-1
May 4 2016	L1-0	May 9 2023	D1-1
Feb 26 2020	W2-1	Apr 9 2024	D3-3

P6 W1 D2 L3 F9 A12

LIAR

From Back Page

think, you don't believe me but this time you got it right — I lied."

With a smile on his face, Guardiola added: "It's true I said it because after the match in England, we were out."

"Always it's very tough coming to the Bernabeu, with the history but we've had good moments here."

"Let's see if we can at least scare them and we'll see what happens..."

Real manager Carlo Ancelotti laughed off Pep's claims yesterday. He said: "Before the game I'll ask him if he really thinks they have a one per cent chance of winning."

"We certainly don't think we have a 99 per cent chance. We have a small advantage but have to make the most of it."

City have won at the home of the Spanish giants before — back in 2020 — and will have to repeat that to stay in the competition.

Yet one thing his team have not been short of in this troubled season is goals — with 33 coming in their last ten games in

It's tough here but we have good memories

— PEP GUARDIOLA

all competitions. They will need more if they are to get through as Madrid will fancy their chances of adding to the three they netted in the first leg.

That came after City threw away a 2-1 lead with just four minutes of normal time remaining to lose 3-2.

Guardiola said: "We have to be almost perfect but we are coming here with a situation that is not perfect. We have to attack and score goals."

"You have to play with courage, you have to be yourself. You have to play to win the game."

Madrid have only ONCE failed to go through in this competition after winning the away leg first — and that was to Erik ten Hag's Ajax in a 4-1 loss six years ago.

Guardiola said: "The pressure is there but it's welcome. You cannot perform well without it."

"It depends how we play, how we handle the moments. In the big stadiums you have to suffer the bad moments."

City have been boosted as Erling Haaland was passed fit despite jarring his knee on Saturday.

LIKELY LINE-UPS

Real Madrid v Manchester City



HIGH STAKES... Jack Grealish (far left) and Ruben Dias chat in training yesterday ahead of City's make-or-break clash with Real Madrid

blood. Real, with their glorious sense of entitlement, boycotted October's awards ceremony in Paris.

City, unwisely, chose to retaliate with a huge banner of Rodri kissing his golden ball before kick-off at the Etihad last week.

Vinicius Jr admitted this fired him up for a man-of-the-match display, including the assist for Bellingham's injury-time winner.

But Guardiola did not exactly back down last night — comparing the loss of Rodri with an anterior cruciate knee injury to the idea of being without Lionel Messi during their Barcelona days.

The City boss said: "Rodri is the best player in the world."

"Do you think we'd have won three titles with Barcelona without Messi?"

Real have been chucking toys out of the pram again this week — with vague threats of walking out of LaLiga altogether because Bellingham was sent off for swearing at a referee.

That will not happen, of course, but it typifies the arrogance of the

Spanish champions. And City will feel the full clout of this club's regal majesty in the Bernabeu tonight.

On nights like these, Real's supporters hold a supreme belief rare in world football.

It often gives Los Blancos a feeling of invincibility — such as the 2022 semi-final, when they overturned a two-goal deficit in the dying minutes, to prevail over City in extra-time.

If City fail to pull off a comeback of their own, this could be their last Champions League match for some time — given they have been charged with 130 breaches of the Premier League's financial rules, as well as their still-inconsistent form.

At least Haaland, Jack Grealish, Ruben Dias and Nathan Ake have overcome injury scares to travel to the Spanish capital.

And new signings Omar Marmoush and Nico Gonzalez could bolster Guardiola's starting line-up after excellent performances in Saturday's 4-0 thumping of Newcastle.

While Guardiola has backtracked on his previous

comments that City only have a "one per cent chance" of progressing tonight, Real are white-hot favourites.

Yet Bernardo claimed: "My team-mates don't need extra motivation against this opponent."

"In terms of what it represents to us, after so many bad results, to still have the opportunity to stay in this competition, knowing we can't win the Premier League...we're in a worse place than when the tie started but we know it's still possible."

"We believe that we can come here and give this Real team some problems."

And if City do take the tie to penalties, would Bernardo volunteer to take one again after last season's horror miss?

He said: "Definitely. I would put my hand up. You can only miss a penalty if you take one."

"The keeper was waiting for it to go down the middle. But I have no regrets."

"If it has to go to penalties, we'll do our best and qualify."



Reddy to Rumble

By ISABELLE BARKER

LEWIS HAMILTON is itching to start with Ferrari as he eyes a record eighth world title.

The Brit sizzled in a suit with a Ferrari red-coloured tie as F1 celebrated its 75th anniversary at London's O2.

When asked about racing in red, he said: "That, I'm excited about. Tomorrow I am driving the new car. I cannot

Turn to Page 45



R MADRID v MAN CITY

8pm, TNT Sports 1 & **talkSPORT**



REAL MADRID LEAD 3-2 AFTER 1st LEG

Liar, liar.. we were pants but now we're on fire

PEP: I FIBBED ABOUT 1% CHANCE, WE'LL SCARE 'EM

PEP GUARDIOLA lied when he said Manchester City only have a one per cent chance of knocking out Real Madrid tonight.

But the Spaniard still accepts his side will have to be "almost perfect" if they are to overturn a 3-2 Champions

From MARTIN BLACKBURN

League play-off round first-leg deficit at the Bernabeu.

The Etihad chief wants his players to give the Euro holders a "scare" and said: "Every time I say what I

Turn to Page 51



GOTTA BE GRIN IT TO WIN IT... City chief Guardiola



THE HOME OF RACING Favourite

Wednesday,
February 19, 2025

FREE WITH **THE Sun**

Mee time for Willie

By EAMONN HAMES

PUNTERS have decided it's all about Mee, Mee, Mee.

The Willie Mullins-trained and JP McManus-owned Kopeck De Mee has been the subject of a gamble in the County Hurdle after the Cheltenham Festival handicap entries were unveiled.

JP bought the five-year-old last year after an impressive win in France, and he has been punted into 6-1 from 20s for the County with William Hill. Willie (left) has dominated the County Hurdle in recent years with the likes of State Man and Absurde, but the horse also holds entries in the Coral Cup and Martin Pipe Hurdle.

The new Jack Richards Novices' Handicap Chase, which replaces the Grade 1 Turners, has received 61 entries.

Among them is Caldwell Potter, who will drop down in class after back-to-back defeats.



Changes at Ascot

By JACK KEENE

BRITISH CHAMPIONS DAY has had a major revamp with a new £250,000 two-year-old race added to Ascot's big end-of-season bonanza.

The six-furlong sprint will form part of a new-look seven-race card now worth a cool £4.35 million.

There has also been a boost for the Long Distance Cup, a race won by star stayer Kyprios (left) last year, which is now a Group 1 and will have a prize fund of £500,000.

British Champions Series chief Rod Street said: "A valuable two-year-old race has long been an aspiration of ours, and we now have five Group 1s across the card on Champions Day which is fantastic."

York also revealed the seven-furlong City Of York Stakes, usually run on Ebor day in August, has been bumped up to Group 1 level from Group 2.



STABLE STAR
... Miami
Magic flies the flag for Stuart Edmunds (right)

MIAMI BEACH

Stu's got big plans for rising star



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STUART EDMUNDS hopes Miami can bring the heat at Kempton this weekend.

The promising **Miami Magic** is the well-fancied 7-4 favourite for the Grade 2 Dovecot Novices' Hurdle on Saturday.

He bolted up on his last trip to Kempton in November and backed it up with a fine second in the Grade 1 Formby Hurdle at Aintree over Christmas.

Edmunds has had some good runs through his hands over the years, but the six-year-old could easily be the best he's ever trained. He said: "He absolutely has the potential to be the best

By JACK KEENE

we've had, and he is definitely the quickest horse I've ever trained over the years.

"I think the race he ran in at Aintree was pretty strong form, the horse who was behind us in third ran well over at the Dublin Racing Festival.

"He won't mind the drying ground at Kempton and he was hugely impressive on his last run there, so we have to be hopeful of a big run."

Kempton's meeting is traditionally the last pitstop for potential Festival runners before the big meeting in March. But it's highly

unlikely Miami Magic will rock up in the Supreme at Cheltenham, unless he does something extraordinary in the Dovecot.

Edmunds added: "I've no doubt he could go to Cheltenham and run very well, but you could run the race of your life in the Supreme and finish fifth behind all the Irish powerhouses.

"We will get this weekend out of the way first but I would say it's much more likely we'd wait and run him at Aintree."

■ DOVECOTE, Ladbrokes bet: 7-4
Miami Magic, 5-2 Tripoli Flyer, 5
Starcrossed Lover, Celtic Dino, 7
Andashan, 8 Roysse

FIRST PAST THE POST FOR COLOURS, TIPS AND FORM
SEVEN DAYS A WEEK, THE NATION'S FAVOURITE

Favourite THE BIGGEST AND THE BEST: THE ONLY

LUDLOW COLOURS

GOING: GOOD TO SO

2.00 RACINGTV MEMBERS DAY NATIONAL HUNT NOVICES' HURDLE (Class 4); winner £4,357; 2m. (10 runners)

1	16-1312 NO QUESTIONS ASKED 13 (D) B Pauling 7-12-0	Ben Jones	89
2	6 CAPTAIN TRIGGER 12 R Llewellyn 5-11-2	Charlie Price	73
3	14 FALCO 39 Williams 5-11-2	Adam Wedge	72
4	95 FOLLOWING CHAPTER 45 A Ralph 5-11-2	Claran Gethings	76
5	34 JOHN BARBOUR 48 (D) F O'Brien 5-11-2	Jonathan Burke	92
6	46793 TRACKING TREASURE 14 M Sheppard 5-11-2	Stan Sheppard	80
7	8-68 WELCHESTON WARRIOR 10 C Boulbee-Brooks 5-11-2	Richard Patrick	70
8	AMBERELLI 253 M Keighley 5-10-9	Sean Bowen	78
9	1 KERSHAW COUNTY 50 H Daly 5-10-9	Sean Twiston-Davies	70
10	680 THE DANCING LASS 26 M Rowley 5-10-9	Charlie Deutsch	75

BETTING: 1-3 No Questions Asked, 7-2 John Barbour, 14 Tracking Treasure, 25 Welchston Warrior, 33 Following Chapter, Kershaw County, Falco, 50 Amberelli WHERE FAVOURITES FINISHED AND 2024: No corresponding race.

2.30 LUKE WATSON MAIDEN HURDLE (4) winner £4,357; 3m (7 runners)

1	2-2223 BOLD RECRUIT 65	Gavin Sheehan	99
2	B Abrahamian 6-11-6	Planes: 6	£5,765
3	55 DOCTOR MIDAS 69	Nico De Boivine	88
4	2-74 KEEL STRAND 64	Harry Cobden	90
5	P Nicholls 5-11-6	Planes: 1	£4,048
6	74 LOCH FRISA 23	Ben Jones	89
7	B Pauling 5-11-6	Planes: 2	£5,052
8	7225 PIKE ROAD 19	Sean Bowen	97
9	M Keighley 6-11-6	Planes: 2	£4,137
10	QUEENSLAND BOY F52 (P*)	Charlie Todd	—
11	I Williams 5-11-6	Planes: 1	£4,137
12	49-5 SWIFT JET 26	Thomas Bellamy	83
13	R Phillips 7-11-6	Planes: 3	£4,137

Improving with every run, will like this longer trip, should go very close
Well beaten both runs, should like this trip, maybe wait for handicaps
Hammered on hurdle debut latest, Cobden up today, should do better
Modest hurdles debut last time, bred to stay, yard in form, outrun odds
Gone close all three hurdles runs, stays, shown enough to go close
Modest two-miler on the Flat, will need this run unless market speaks
Promising hurdles debut latest, longer trip suit, should improve again

BETTING: 6-4 Bold Recruit, 7-4 Pike Road, 13-2 Keel Strand, 8 Doctor Midas, 16 Loch Frisa, 20 Swift Jet, 33 Queensland Boy WHERE FAVOURITES FINISHED: 1 2 1
2024: Monks Meadow 6-11-6, T Bellamy Evens Fav (E Lavelle), 10 ran.

3.05 FINNEGAN MARES' HANICAP CHASE (3) winner £6,865; 2m 4f (8 runners)

1	212P42 SACRE COEUR 25 (C,D)	D Skelton 9-12-0	Harry Atkins	7	97
2	42 Wins: 8 (4S,GS,2G)	Planes: 9	£175,329		
3	2-34IU GAME ON FOR GLORY 33 (CD)	L Wadham 9-11-9	Tom Cannon	96	
4	2 Wins: 4 (2S,GS,G)	Planes: 6	£58,614		
5	2/6PG HAPPY D'EX 432	S Lewis 8-11-0	Sean Houlihan	87	
6	Wins: 4 (2S,GS,G)	Planes: 4	£26,082		
7	0-0F4P HEREWEGOHONEY 55	F'Brien 9-10-13	Tom Broughton	5	89
8	Wins: 17 (10S,GS,2G)	Planes: 1	£26,859		
9	-24146 REGAL RENAISSANCE 31 (D)	H Daly 7-10-12	Sam Twiston-Davies	94	
10	Wins: 19 (10S,GS,2G)	Planes: 3	£37,693		
11	-21157 OSTRAVA DU BERLAIS 31 (H,C)	V Williams 7-10-9	Charlie Deutsch	94	
12	Wins: 20 (10S,GS,2G)	Planes: 4	£25,490		
13	-51324 CURRENT MOOD 14 (P*,C)	E Williams 10-10-2	Adam Wedge	99	
14	Wins: 26 (10S,GS,2G)	Planes: 3	£49,497		
15	564457 RIVER ROBE 14	S Davies 6-10-2	James Best	82	
16	Wins: 23 (10S,GS,2G)	Planes: 4	£15,372		

BETTING: 7-4 Sacre Coeur, 11-4 Game On For Glory, 5 Current Mood, 6 Ostrava Du Berlais, 8 Regal Renaissance WHERE FAVS FINISHED & 2024: No corresponding race.

Sunracing FORM










SACRE COEUR (11-7) 7-2 led, ridden, better, soon headed narrowly, stayed on, no extra on flat, bit by Lime Drop (10-11) Uttoxeter 2m hcap ch (3) £6,179 good to soft.
GAME ON FOR GLORY unseated rider latest, earlier (11-11) 22-1 led, chased leader 3 out, driven 2 out, led last, ridden run-in, (to So Said) (10-13) 11-4 REGAL RENAISSANCE (11-6) 11-1 mid-division, chased leaders 2 out, kept on one pace, 4th (bt 12-13) (13 ran) (Cheltenham 2m 5f hcap ch (3) £11,090 good to soft).
HAPPY D'EX (11-3) 200-1 first hurdle, driven 5 out, weakened next, headway, 2 out, mistaked, 6th of 12 (bt 23-31) to La Malmason (12-1) (Cheltenham 2m 5f hcap ch (3) £1,616 soft).
HEREWEGOHONEY pulled up latest, earlier (12-0) 22-1 held up, not fluent 3rd, outpaced 4 out, 4th of 7 (well btm) to Skyjack Hijack (11-12) (Newcastle 3m hcap hdl (4) £4,125 good).

REGAL RENAISSANCE (11-5) 16-1 soon tracking winner, hit 12th and led 2nd, weakened quickly before next, tailed off, 6th of 11 (bt 33-3) to Telepathique (12-3) OSTRAVA DU BERLAIS (10-13) 9-1 mid-division, losing place before next, 7th (bt 12-15) (Ludlow 2m 5f hcap ch (2) £26,015 soft).
CURRENT MOOD (10-13) 12-1 disputed lead until 3 out, no extra next, 4th of 8 (bt 8-9) to Looking As You Are (11-3) RIVER ROBE (10-4) 22-1 chased leaders, took keen hold, lost place before next, 7th (bt 12-15) (Ludlow 2m 5f hcap ch (3) £5,337 good to soft).

SPUR SPEED: BRUCE BANNER (8.30 Kempton) clocked a good time when winning here last month. GAMBLER ON: SUPER SABRE SAM (5.13 Ludlow) was well backed at Windsor.

PROBETS EYECATCHER: CALIMYSTIC (2.15 Doncaster) was a good second on hurdles debut here last time out.

3.35 MICHAEL LUMSDEN MEMORIAL HCAP HURDLE (4) winner £4,753; 2m (9 runners)

	1	17-451 THE HARDEST GEEZER 42 (H;D)	P Hobbs & J White 6-12-0	Sean Houlihan	97
		Runs: 5 Wins: 2 (S,GS)			£8,434
		Well-backed winner latest, trip suits, likes soft, big weight for hcap debut			
	2	3311-4 MOON CHIME 108 (D)	D Killahena & G McPherson 7-11-2	Tom Cannon	92
		Runs: 7 Wins: 4 (S,GS,2G)	Places: 2		£22,692
		Didn't get up Carlisle hill latest, had wind up since, capable of better			
	3	4-124P HORS JEU 22	C Boulbee-Brooks 5-11-11	Richard Patrick	86
		Runs: 5 Wins: 1 (S)	Places: 1		£26,125
		Fair form in France but poor for current yard, down weights, bit to find			
	4	8-4411 CHIEF SUNDAY 35 (D)	N Twiston-Davies 5-11-9	Sam Twiston-Davies	98
		Runs: 6 Wins: 2 (2S)			£9,639
		Won both hcap starts, trip and ground fine, 4lb rise fair, on shortlist			
	5	564211 LEOLOPA 99 (D)	F O'Brien 5-11-6	Tom Broughton (5)	99
		Runs: 8 Wins: 2 (2G)	Places: 2		£12,282
		Fair hcap debut mark despite good wins, trip fine, yard in solid form			
	6	2-1366 THANKYOU RUCKYSTAR 35 (CD)	A Ralph 9-11-4	Tristan Durrell (3)	90
		Runs: 14 Wins: 2 (2G)	Places: 4		£15,699
		Best recent form over 2m4f, ground suits, below par last time out			
	7	/526-8 WASTHATOK 15 (H)	K Lee 8-11-3	Liam Harrison	87
		Runs: 8 Wins: 1	Places: 1		£8,381
		Struggling over fences and hurdles, down weights but plenty to find			
	8	1927-6 RASCAL 265	T George 7-11-1	Jonathan Burke	88
		Runs: 7 Wins: 1 (G)	Places: 2		£7,727
		Struggling in handicaps, likes this trip on soft, needs a drop in class			
	9	1PR CONTINUANCE 64 (H)	M Keighley 4-10-3	Sean Bowen	87
		Runs: 3 Wins: 1 (G)			£4,193
		Not finished twice since debut win, has talent, on very fair weight here			

BETTING: 5-2 Leolopa, 10-3 The Hardest Geezer, 5 Chief Sunday, Continuanace, 8 Moon Chime, 12 Thankyourlucky, 14 Rascal, 25 Hors Jeu, Wasthatok
WHERE FAVOURITES FINISHED: 1 1
2024: Latin Verse 4-11-2, H Reed 4-11-fav (S Hosie), 11 ran.

Sunracing FORM

THE HARDEST GEEZER (11-3) 5-4 fav chased leader, going well home turn, ridden to lead 2 out, pressed last, clear final 100 yards, kept on, bt High Fibre (11-1) (12 ran) (Taunton 2m hcap hdl (4) £4,355 soft).
MOON CHIME (11-13) 9-4 chased leaders, not fluent 2nd, mistake 4 out, pressed leader 3 out, ridden 2 out and weakened last, 4th of 10 (bt 15-1) to Sluggo (11-1) (Carlisle 2m hcap hdl (4) £7,922 good to soft).
HORS JEU pulled up latest, earlier (11-9) 6-1 in touch, pushed along 3 out, stayed on same pace, not quite pace to challenge, 4th of 9 (bt 30-1) to Kallium (11-9) (Fontwell 2-1m nov hdl (4) £4,350 soft).
CHIEF SUNDAY (11-7) 1-1 close up, shaken up to challenge 2 out, ridden to lead last with fluent, all out at finish, just held on, bt Lanesborough (11-6) hd THANKYOU RUCKYSTAR (11-1) 7-1 tracked leaders, not fluent 5th, driven 2 out, ridden along, weakened, 6th (bt 8-1) (11 ran) (Hereford 2m hcap hdl (4) £4,330 soft).
LEOLOPA (11-2) 1-4 fav made all, clear last, easily, bt A Little Something (10-1) 8-1 (6 ran) (Huntingdon 2m nov hdl (4) £3,540 good).
WASTHATOK (11-6) 80-1 well off the pace rear, never threat, 8th of 14 (bt 24-1) to Saint Anapolino (11-12) (Taunton 2m hcap hdl (4) £3,540 soft).
RASCAL (11-5) 15-2 chased leaders, ridden 2 out, no response, 8th of 9 (32-1) to Jasmin De Gruy (11-5) (Ffos Las 11-10-18 (5 ran) (Sedgefield 2m hcap hdl (4) £4,066 good).
CONTINUANCE ran out, earlier (11-2) 3-10 fav tracked leader, led 2nd, mistake 5th, clear 3 out, easily, bt Popa (11-5) hdl (4) £4,193 good).

4.10 PRINCE OF WALES AMATEURS' HANICAP CHASE (3) winner £7,450; 3m (6 runners)

1	2-531P BALLYCUMMUS 33 (D)	N Twiston-Davies 8-12-0	Mr Toby Mc-Mitchell	3	95
2	Wins: 26 (10S,GS,2G)	Planes: 8	£60,744		
3	-P03U3 BACK ON THE LASH 28 (CD)	M Keighley 11-11-1	Mr Freddie Keighley	7	98
4	Wins: 34 (10S,GS,2G)	Planes: 5	£106,150		
5	3F-700 CHAMPAGNE MYSTERY 94 (H*)	T George 11-11-10	Mr Tommie O'Brien	87	
6	Wins: 34 (10S,GS,2G)	Planes: 10	£165,064		
7	-P221F KELCE 55 (BF,D)	N Mulholland 7-11-7	Miss Gina Andrews	99	
8	Wins: 12 (10S,GS,2G)	Planes: 2	£8,034		
9	416-2U SUPERVISOR 9 (CD)	V Williams 11-11-1	Miss Lucy Turner	95	
10	Wins: 17 (10S,GS,2G)	Planes: 2	£28,137		
11	-15377 BALKARDY 16	E Williams 8-11-3	Miss Eleanor Williams	7	86
12	Wins: 6 (2S,4G)	Planes: 7	£53,929		

BETTING: 5-4 Kelce, 10-3 Back On The Lash, 4 Supervisor, 10 Ballycummus, Champagne Mystery, 14 Balkardy
WHERE FAVOURITES FINISHED: 1 1 1
2024: Rockinastor 7-10-7, G Andrews 13-8 Fav (H Daly), 6 ran.

Sunracing FORM

BALLYCUMMUS pulled up latest, earlier (11-12) 6-1 led, shaken up to lead 3 out, pushed along 2 out, ridden last, sustained duel run-in, kept on well and always doing enough, bt Minella Blueway (11-0) 7-1 (8 ran) (Market Rasen 3m hcap ch (5) £4,018 soft).
SUPERVISOR unseated rider latest, earlier (11-10) 6-4 in third, pushed along 4 out, headway and soon led, headed 2 out, rallied last where mistake, held, btm 1/4 by Special Acceptance (11-7) (4 ran) (Warwick 3m hcap ch (4) £4,955 good to soft).
BALKARDY (11-13) 14-1 mid-division, headway before 8th, not fluent next, lost place after 4 out, soon weakened, 7th of 14 (bt 22-1) to Finn Lough (11-12) (Southwell 3m hcap ch (4) £4,740 good to soft).

4.43 JOIN RACINGTV NOW NOVICES' HANICAP CHASE (5) winner £4,225; 2m (7 runners)

1	4-F385 ELECTRIC JET 139	C Longsdon 6-12-0	Sam Twiston-Davies	95
2	Wins: 9	Planes: 3	£2,639	
3	7-U351 DUNSTALL RAMBLER 64 (D)	T George 7-11-1	Jonathan Burke	99
4	Wins: 1 (GS)	Planes: 2	£8,813	
5	2-2777 GLIMPSE OF GLORY 78 (B*)	J & A O'Neill 5-11-10	Sean Bowen	95
6	Wins: 6	Planes: 3	£4,881	
7	8F4637 VOIX DE BOCELLI 15	H Knight 5-11-7	Brendan Powell	87
8	Wins: 11	Planes: 2	£3,752	
9	442425 HAZARD COLLONGES 19	G Hammer 8-11-0	James Davies	94
10	Wins: 5 (1S)	Planes: 1	£8,634	
11	026P8F SEREN Y TEIGR 24 (B*)	E Williams 6-10-3	Adam Wedge	84
12	Wins: 6	Planes: 1	£1,494	
13	2-01U7 HAAFBACK 64 (H,C,D)	E Bick 7-10-2	James Best	86
14	Wins: 10 (1S)	Planes: 1	£6,169	

BETTING: 6-4 Dunstall Rambler, 3 Glimpse Of Glory, 6 Hazard Collonges, 13-2 Electric Jet, 10 Seren Y Teigr, 14 Voix De Bocelli
WHERE FAVOURITES FINISHED: 3 4 4 5 UR
2024: Thatza Dazzler 6-10-5, C Brace 20-1 (D Brace), 10 ran.

Sunracing FORM

ELECTRIC JET (12-0) 13-2 led, hit 4 out, headed 3 out, tired 2 out, 5th of 13 (16-1) to Harnys Hope (10-12) (Southwell 2m hcap ch (5) £3,248 good).
DUNSTALL RAMBLER (11-7) 15-2 chased leaders, lost ground out, went 2nd last, ridden to lead run-in, stayed on, bt Universal Secret (10-12) 1-1 HAAFBACK (10-3) 15-2 led, headed 3 out, weakened, tailed off, 7th (bt 30-1) SEREN Y TEIGR (10-9) 40-1 midfield, never a threat, last (bt 42-1) (8 ran) (Wincanton 2m hcap ch (5) £3,829 good to soft).

5.13 BEHIND SCENES RACEDAY HCAP HURDLE (4) winner £4,753; 2m 5f (8 runners)

1	2-2903 WHATSUPWITHYOU 16 (B,C,D)	B Pauling 11-12-0	Elliott England	10	99
2	Wins: 34 (10S,GS,2G)	Planes: 13	£65,343		
3	-243-P HALONDO 22 (D)	H Dickin 8-11-13	Benjamin Poste	91	
4	Wins: 12 (1S)	Planes: 5	£17,800		
5	1344 STONE'S THROW 32	B Abrahamian 5-11-7	Gavin Sheehan	92	
6	Wins: 4 (1S)	Planes: 1	£4,509		
7	F6-183 SUPER SABRE SAM 31	N Mulholland 6-11-6	Brendan Powell	93	
8	Wins: 6 (1S)	Planes: 1	£6,623		
9	491458 D'JO DELA BARRIERE 16	E Williams 6-11-4	Isabel Williams	3	90
10	Wins: 14 (1S)	Planes: 2	£8,464		
11	U55-05 ZACONY REBEL 63 (C)	S Davies 10-11-4	James Best	83	
12	Wins: 19 (10S,GS,2G)	Planes: 1	£32,619		
13	3-3664 MIDNIGHT GINGER 22	A Martin 9-11-4	Jay Tidball	5	98
14	Wins: 35 (10S,GS,2G)	Planes: 8	£66,326		
15	58-25F SAUNTOR SURF 39	W Greatrex 6-11-2	Daire Davis	7	96
16	Wins: 9 (2S,G)	Planes: 2	£8,651		

BETTING: 9-4 Saunton Surf, 4 Midnight GINGER, 5 Whatsupwithyou, 15-2 Halondo, Stone's Throw, Super Sabre Sam
WHERE FAVOURITES FINISHED: 2 2 3-6 6 4
2024: Canty Bay 7-11-1, Thomas Bellamy 5-2 (E Lavelle), 6 ran.

Sunracing FORM

WHATSUPWITHYOU (11-6) 20-1 chased leader, pushed along final bend, 3rd and held 2 out, one pace, 3rd of 11 (bt 11) to Shantwopointe (11-0) D'JO DELA BARRIERE (11-7) 66-1 held up, closed 5th, weakened 2 out, 8th (bt 22) (Southwell 2m hcap hdl (4) £4,066 good to soft).
HALONDO pulled up latest, earlier (12-0) 28-1 tracked leaders, led 3 out, headed last, kept on, 3rd of 8 (bt 4) to Big Blue Moon (10-11) (Warwick 2m hcap hdl (4) £4,066 good).
STONE'S THROW (11-6) 11-4 prominent, lost position 2 out, kept on same pace last, 4th of 12 (bt 31) to Just A Rose (10-10) (Taunton 2m 3m hdl (4) £4,955 good to soft).
SUPER SABRE SAM (11-6) 16-1 mid-division, pushed along 3 out, ridden 2 out, kept on, 3rd of 10 (bt 6) to Guard Duty (11-12) (Windsor 2m hcap hdl (3) £10,562 soft).
ZACONY REBEL (11-7) 80-1 mid-division, pressed leaders 3 out, led 2 out, headed last, 5th of 8 (bt 5) to Solar System (11-9) (Ludlow 2m 5f hcap hdl (4) £4,470 good to soft).
MIDNIGHT GINGER (11-4) 14-1 chased leaders, pushed along and no extra in 4th 2 out, 4th of 11 (bt 8-1) to Boyles Hill (10-10) HALONDO (11-12) division, pressed leaders 3 out, led 2 out, pulled up 2 out, Chepstow 2m 3f hcap hdl (3) £5,651 heavy).
SAUNTOR SURF fell latest, earlier (11-10) 11-4 fav mid-division, pushed along 3 out, held up, 5th of 8 (bt 14) to Squiggles (11-4) (Doncaster 3m hcap hdl (4) £4,066 good to soft).

EACH-WAY THIEF

SKIN FULL (3.20 Doncaster) has a low weight for this return to hurdling. Have an each-way double with SHALLOW (7.30 Kempton) who battled right to the line scoring here last time and is just 2lb higher here.

TEMPLEGATE

2.00	No Questions Asked
2.30	Pike Road (nb)
3.05	Regal Renaissance
3.35	Moon Chime
4.10	Kelce
4.43	Glimpse Of Glory
5.13	Super Sabre Sam

TEMPLEGATE'S TRIO: Party Bear (Kempton with Valence D'Aumont (Doncaster). TOM PEPPER'S DOUBLE: Chief Sun (Doncaster).
SUNRATINGS' NAP: GALLIC GEORDIE (2.50 THE JUDGE: BRASIL POWER (8.00 Kempton)

TIC-TAC: Right-handed oval course of 1m in. Hurdle course is undulating and runs (2020-2025): 199 have won out of 492 races meetings, 8 have won out of 25 races (32.0%)

HOT N

TRAINERS with best record in last 14 days: N Mulholland 5 from 21; P Hobbs & J White 9 from 48; B Pauling 4 from 23; E Williams 6 from 24; J White 3 from 24; T Broughton 4 from 14; JOCKEYS who have had the most rides: Lewis 33; Andrew Martin 20; M Keighley 17; Harry Atkins 22; Sean Houlihan 20; Charlie F

TOP TRAINERS

2020-2025 F O'Brien 25-148, H Daly 23-113, V Williams 20-90, N Twiston-Davies 20-129, A Ralph 18-107, N Henderson 15-91, E Williams 14-28. THIS SEASON: E Williams 4, M Sheppard 4, B Pauling 3, M Keighley 2.

TRAINER

FIRST RACE FOR NEW YARD: 4.10 Zetterholm (Fr) to T R George. RACEFAX: LONGEST TRAVELLERS: Game On For Newmarket, round trip of 314 miles; The Har J White, Minehead, round trip of 270 miles; S-J Davies, Leominster, round trip 238 miles

IN THE M

MONEY TALKS: The Hardest Geezer (3.35) opened 7-2 unplaced at 9-4; Glimps at 7-2; Continuanace (3.35) opened 4-1 unplaced 9-2 second at 7-2. TOP EARNERS: 3.05 S Mystery £165,064; 4.10 Back On The Lash £165,064; 5.13 Whatsupwithyou £65,343; 4.10 Ballycum

UNDER C

SEVEN-DAY WINNERS: None.
BLINKERED FIRST TIME: 4.43 Seren Y Teigr FIRST RUN SINCE WIND UP: Moon Chime JOB JOCKEY: T McCain-Mitchell rides Here 9 from 24, 38%, T Broughton rides Here F O'Brien, 19 from 78, 24%, S Bowen ride Continuanace (3.35) for M Keighley, 49 from 100, 49%, T Broughton 49 from 100, 49%
Asked (2.0

RACING PULLOUT SEVEN DAYS A WEEK! Favourite

FT (SOFT)

TOM PEPPER

2.00.....No Questions Asked
2.30.....Bold Recruit
3.05.....Ostrava Du Berlais
3.35.....CHIEF SUNDAY (map)
4.10.....Back On The Lash
4.43.....Electric Jet
5.13.....Whatsupwithyou

ton) and Pike Road (double, Ludlow)

Doncaster.)

4, nine fences per circuit, 450yd run-outside chase course. **FAVOURITES:** (40.4%). At the previous corresponding **LIVE ON RACING TV**

NOT

ys: I Williams 4 winners from 15 runners; 3 from 14; V Williams 8 from 39; D Skelton from 40; P Nicholls 5 from 43. **TRAINERS:** R Patrick 3 wins from 15 rides; B J ones 4 from 24; H Cobden 6 from 38. **JOCKEYS:** S J Davies 5; Sheila rs E Bishop 14; G Hamner 12; R Phillips 10. **THIS SEASON:** T Brighton 30; J Best 23; Price 18; E Williams 11; J Burke 11.

TOP JOCKEYS

2020-2025 S Twiston-Davies 23-152, J J Burke 19-109, N De Boynville 12-58, R Patrick 11-77, T Bellamy 11-77, T Cannon 10-49. **THIS SEASON:** S Sheppard 4, J J Burke 3, G Sheehan 3, J Best 3.

TRACE

Champagne Mystery N George & A none Today. **ORGLY** (3.05) trained by L Wadham, **Red Gazer** (3.35) trained by P Hobbs & River Robe (3.05) & Zacony Rebel (5.13), none today.

MONEY

5) opened 15-8 won at 5-4; **Moon Chime** of Orgly (4.43) opened 11-2 unplaced at 11-4; **Sacre Coeur** (3.05) opened **Sacre Coeur** £182,536; 4.10 **Champagne** £106,150; 5.13 **Midnight Ginger** £66,326; none £60,744.

ORDERS

gr: 4.43 Glimpse Of Glory. (3.35), Haarback (4.43). **ALLYCAMUS** (4.10) for N Twiston-Davies, **Lovehoney** (3.05), **Lelopa** (3.35) for as **Amberelli** (2.00), **Pike Road** (2.30), 224, 22%, B R Jones rides **No Questions**, 5, 58 from 265, 22%.

egate

S NO1 TIPSTER VE MULLEN

izzily for the bookies (6.00

el for Karl Burke when making mpton last time. She was very close-up second. Her mark has pping up to seven furlongs also

Bear down on bookies

up his street. This looks a pretty weak contest and it will be disappointing if he doesn't go very close again.

ENCHANTED WAY (7.00 Kempton) has been knocking on the door over this trip.

She was a close-up third at Lingfield last time and the first-time blinkers can help her into the winners' enclosure.

low.....PIKE ROAD
caster.....VALENCE D'AUMONT
mpton.....PARTY BEAR
mpton.....ENCHANTED WAY

DONCASTER

2.15 VIRGIN BET NOVICES' HURDLE (Class 4); value to the winner £4,066; 2m 3f. (6 runners)

1 4-73921 BRODERICK 34 J Candlish 5-11-12.....Sean Quinlan 94
2 BANDERAS F54 S England 5-11-5.....Jonathan England -
3 22 CALYMISTIC 28 N Henderson 6-11-5.....James Bowen 95
4 KIT THE CHRISTIAN N Kent 5-11-5.....Charlie Hammond -
5 88 NEPTUNE HOUSE 18 L Horsfall 5-11-5.....Michael Nolan 72
6 1-1 QUEENS WISH 34 D Skelton 6-11-5.....Harry Skelton 99

BETTING: Even Queens Wish 11-4 Calymistic, 4 Broderick, 10 Banderas, 25 Neptune House, 33 Kit The Christian

WHERE FAVOURITES FINISHED AND 2024: No corresponding meeting.

2.50 VIRGIN BET HANDICAP CHASE (4) value to the winner £4,700; 2m (6 runners)

1 01242F HIDALGO DE L'ISLE 67 (D).....Brian Hughes 97
D McCain 8-12-0.....Places: 5 £35,062
Runs: 16 Wins: 3 (GS,2G) Places: 5
Beaten when falling latest, only 2lb above last win, trip fine, not out of it

2 7P3127 GLORY AND HONOUR 18 (C).....Jonathan England 92
S England 9-11-11.....Places: 11 £87,918
Runs: 36 Wins: 5 (S,A,GS,2G) Places: 11
Best form over further, on fair weight, any ground, may be outpaced

3 357-3U GALLIC GEORDIE 18 (D).....Ned Fox (3) 99
S Drinkwater 12-11-6.....Places: 5 £53,626
Runs: 28 Wins: 6 (SS,GS) Places: 5
Going well before unseat, trip and ground suit, well weighted now

4 212545 GOD'S OWN GETAWAY 106.....Harry Skelton 98
D Skelton 7-11-6.....Places: 5 £23,097
Runs: 14 Wins: 2 (2G) Places: 5
Had wind up after poor runs, 1lb above last win, may bounce back

5 31F1P SNOWY CLOUDS 67 (D).....Sean Quinlan 92
N Richards 9-11-6.....Places: 5 £21,086
Runs: 12 Wins: 4 (2GS,2G) Places: 5
Good form in a small field, very rusty here last time, now dangerous

6 742-25 TOMMY CULLEN 27 (BF).....Jack Quinlan 90
M Crawley 7-11-1.....Places: 4 £13,540
Runs: 13 Wins: 1 (G) Places: 4
Usually runs well here, not been with yard long, yet to win over fences

BETTING: 10-3 God's Own Getaway, 7-2 Gallic Geordie, 4 Hidalgo De L'Isle, 9-2 Snowy Clouds, 6 Glory And Honour, Tommy Cullen

3.20 VIRGIN BET HANDICAP HURDLE (5) value to the winner £3,248; 3m (16 runners)

1 F3-PP0 CONISTON CLOUDS 67.....Danny McMenamin 86
N Richards 9-12-0.....Places: 2 £9,880
Runs: 12 Wins: 2 (S,GS) Places: 2
Out of sorts for a while, best form over shorter, hard to fancy at present

2 2-P43P ALLTALKNOACHTON 27 (P*).....Mr William Easterby (3) 89
T Easterby 5-11-13.....Places: 1 £1,531
Runs: 6 Wins: 1 Places: 1
Checkpieces on after poor runs, early days but must find a lot more

3 P0-50 JUKEBOX FURY 62.....James Bowen 90
N Henderson 6-11-12.....Places: 5 £0
Runs: 4 Wins: 1 Places: 1
Not a stable star, well beaten latest, needs this longer trip to work

4 -67581 FARMER JIMMY 7.....Jamie Hamilton 99
M Walford 5-11-11.....Places: 1 £3,776
Runs: 6 Wins: 1 (S) Places: 1
Bit in hand winning latest, up in trip here, every chance if getting home

5 4-5124 GLORY HIGHTS 27.....William Maggs (5) 95
C Grant 9-11-10.....Places: 4 £0,312
Runs: 13 Wins: 1 (GS) Places: 4
Fair fib above last win, proven stayer, likes some out, on the shortlist

6 530-57 LUCKY SOLDIER 22.....Bruce Lynn 90
N Alexander 7-11-9.....Places: 2 £3,057
Runs: 11 Wins: 1 Places: 2
Error-prone, didn't fly home over 2m16f latest, this looks a tall order

7 P7P064 GOOD BYE 16 (B,C).....Harry Bannister 92
S Ender 10-11-6.....Places: 12 £27,542
Runs: 32 Wins: 3 (A,2G) Places: 12
Been struggling for a long time, didn't want to start latest, hard to fancy

8 -90665 CA PLANE POUR MOI 50 (BF).....Conor O'Farrell 88
N Mulholland 7-11-4.....Places: 1 £1,116
Runs: 12 Wins: 1 Places: 1
Not come close to winning lately, yard in form but he needs lots more

9 0P3-90 ON WE GO 14 (D).....Sean Quinlan 84
G Boanas 12-11-2.....Places: 7 £26,714
Runs: 58 Wins: 5 (2S,2GS,G) Places: 7
Best recent runs over further in mud, stiff ask despite falling mark

10 9FP35P TOUCAN SAM 8.....Alan Doyle (5) 91
A Hamilton 7-11-2.....Places: 3 £3,375
Runs: 5 Wins: 1 Places: 3
Poor chase effort latest, hurdles form also modest, others preferred

11 0417P3 LADY HARRIETT 16.....Shane Fenelon (5) 97
M B Bowen 6-11-5.....Places: 2 £6,594
Runs: 15 Wins: 1 (GS) Places: 2
Back to form last time, best form around 2m4f, yard in decent form

12 -079P LIZZIE REY 86.....Finn Lambert (3) 82
R Phillips 8-10-13.....Places: 3 £3,375
Runs: 5 Wins: 1 Places: 3
Had wind up after several poor runs, that needs to work wonders

13 P66-14 SO LADYLIKE 27.....Miss Natasha Cookson (7) 93
N Alexander 11-10-10.....Places: 3 £13,122
Runs: 36 Wins: 4 (S,F,GS) Places: 3
Won in June, needed comeback last time, stays, any ground, chance

14 60P253 MACKIE DEE 85.....Phillip Armonson (3) 95
R Armonson 13-10-7.....Places: 9 £21,679
Runs: 43 Wins: 3 (GS) Places: 9
One win since 2020, not disgraced last time, could nick another place

15 6058PP TURGEON DU BREUIL 53 (B*).....Lorcan Murtagh 85
F Murtagh 7-10-6.....Places: 3 £3,322
Runs: 13 Wins: 1 Places: 3
Struggling over fences, not shown much hurdling, tries blinkers here

16 0P-946 SKIN FULL 64 (BF).....Jack Tudor 94
D Pipe 6-10-5.....Places: 1 £667
Runs: 16 Wins: 1 Places: 1
Better over fences, longer trip should be ideal, has more to offer

BETTING: 4 Farmer Jimmy, 5 Skin Full, 6 Lady Harriett, 8 Mackie Dee, Ca Plane Pour Moi, 10 Glory Hights, Lucky Soldier, 14 Jukebox Fury

LONG SHOT

ZOFFANDIA (8.00 Kempton) has shown some promise in maidens and has a fair mark for this handicap debut. She doesn't need a lot more to hit the frame.

4-73921 BRODERICK 34 J Candlish 5-11-12.....Sean Quinlan 94

2 BANDERAS F54 S England 5-11-5.....Jonathan England -

3 22 CALYMISTIC 28 N Henderson 6-11-5.....James Bowen 95

4 KIT THE CHRISTIAN N Kent 5-11-5.....Charlie Hammond -

5 88 NEPTUNE HOUSE 18 L Horsfall 5-11-5.....Michael Nolan 72

6 1-1 QUEENS WISH 34 D Skelton 6-11-5.....Harry Skelton 99

TEMPLEATE

2.15.....Queens Wish
2.50.....God's Own Getaway
3.20.....Farmer Jimmy
3.58.....Super Citizen
4.33.....Diamond Koda
5.03.....Valence D'Aumont

TIC-TAC: A left-handed pear shaped course, two miles in circumference, with eleven fences and run-in of 240 yards. **FAVOURITES:** (2020-2025): 399 have won out of 1,311 races (30.4%). No corresponding meeting. **LIVE ON SKY SPORTS RACING**

HOT 'N NOT

TRAINERS with best record in last 14 days: J Candlish 7 winners from 20 runners; N Mulholland 5 from 21; M Walford 3 from 13; N Richards 3 from 14; D Skelton 9 wins from 48 runners.

JOCKEYS with best record in last 14 days: J Brace 3 wins from 6 rides; C O'Farrell 7 from 22; Sean Quinlan 8 from 26; T Wynne 3 from 13; H Skelton 6 from 28; M G Nolan 3 from 17; D Noonan 3 from 22.

TRAINERS who have had the most runners since last win: Georgie Howell 138; F Murtagh 56; N Kent 35; Sara Ender 33; A B Hamilton 33.

JOCKEYS who have had the most rides since last win: Tabitha Worsley 33; F Lambert 21; Imogen Mathias 17; J Bowen 16; William Maggs 15; N Fox 11; D McMenamin 10; B Hughes 10; D Noonan 9.

TOP TRAINERS

2020-2025 N Henderson 18-93, D McCain 17-129, N Twiston-Davies 15-73, O Greenall 8 J Guerriero 15-82, D Skelton 12-14, N Mulholland 11-61, N Richards 10-72. **THIS SEASON:** O Greenall & J Guerriero 5, N Twiston-Davies 3, D McCain 2.

TOP JOCKEYS

2020-2025 B Hughes 22-174, Sean Quinlan 13-81, H Brooke 12-67, T Bellamy 11-86, J Bowen 9-64, D Bass 8-36, D McMenamin 8-58, C Hammond 6-45, H Skelton 6-47. **THIS SEASON:** T Bellamy 7, H Brooke 5, J Quinlan 3, D McMenamin 3.

TRAINER TRACE

FIRST RACE FOR NEW YARD: No qualifiers. **RACEFAX:** None Today. **LONGEST TRAVELLERS:** Lady Harriett (3.20), Fairlawn Flyer (3.58), Pilgrims King (5.03) trained by P & M Bowen. Haverfordwest, round trip of 590 miles; Skin Full (3.20) trained by J Pipe, Wellington, round trip of 476 miles; Toucan Sam (3.20) & C'Est Quelqu'un (3.58), A B Hamilton, Carlisle, round trip 462 miles.

IN THE MONEY

MONEY TALKS: Ca Plane Pour Moi (3.20) opened 14-1 unplaced at 3-1; Valence D'Aumont (5.03) opened 4-1 won at 3-1; Dussautier (3.58) opened 11-2 unplaced at 4-1; Jukebox Fury (3.20) opened 14-1 unplaced at 9-1; Diamond Koda (4.33) opened 6-1 third at 5-1.

TOP EARNERS: 2.50 Gallic Geordie £512,233; 5.03 Valence D'Aumont £79,156; 2.50 Gallic Geordie £53,626; 4.33 Scots Poet £49,480; 3.58 Fairlawn Flyer £43,618; 5.03 Kap Auteuil £41,843.

UNDER ORDERS

SEVEN-DAY WINNERS: Farmer Jimmy (3.20) won at Wetherby (2m 4f). BLINKERED FIRST TIME: 3.20 Iurgeon Du Breuil; 3.58 Lady Pacifico; 3.58 Dussautier; 5.03 Great Ballinboris.

VISIT TO FIRST TIME: N Twiston-Davies (2.50), Lizzie Rey (3.20), Getthopet (3.58), Jamieconn (3.58), Coolmoynne (5.03).

WEIGHTWATCHER: 2.50 Gallic Geordie to open off 115 down 1lb to 112; Glory And Honour to open off 122 down 5lb to 117; 3.58 Fairlawn Flyer to open off 106 down 6lb to 100; C'Est Quelqu'un to open off 101 down 9lb to 92; 4.33 Scots Poet to open off 109 down 6lb to 103.

JOBS JOCKEY: C Maggs rides Maxiboy Dagrostis (4.33) for R Hobson, 3 from 3, 100%; D McMenamin rides Valence D'Aumont (5.03) for J Parkinson & S Smith, 3 from 9, 33%; N Fox rides Gallic Geordie (2.50) for S Drinkwater, 5 from 20, 25%; J Brace rides Touchwoodexpress (3.58) for N Twiston-Davies, 7 from 29, 24%. C O'Farrell rides Ca Plane Pour Moi (3.20) for N Mulholland, 6 from 29, 21%.

Sunracing FORM

GLORY HIGHTS (11-5) 4-1 chased leader, ridden 3 out, kept on, new on terms, 11th 3/4 (J) by Cave Hill (10-2) CONISTON CLOUDS (11-11) 18-1 mid-division, driven 8th, weakened, 11th (btm 30f) 1/6 ran (Newcastle 2/1m hcap hdl (5) £3,248 good to soft).

ALLTALKNOACHTON pulled up latest, earlier (10-11) 18-1 led, chased leading pair, 3 out, kept on, 3rd of 6 (btm 26f) to Sign Again (11-7) (Sedgefield 2/1m nov hdl (4) £4,193 good to soft).

JUKEBOX FURY (11-5) 9-1 rear of mid-division, pushed along and outpaced 5th, never a 12th of 18 (well btm) to Martalite (11-3) (Exeter 2/1m amat hcap hdl (5) £3,477 good to soft).

FARMER JIMMY (11-9) 12-1 held up, niggled 5 out, ridden and headway 4 out, led 2 out, kept on, well by Royal Rhythm (12-0) 2/1 (8 ran) (Wetherby 2/1m hcap hdl (5) £3,169 soft).

GLORY HIGHTS (11-6) 1-1 mid-division, headway 8th, no extra, 4th of 11 (btm 16f) to The Big Race (10-11) ALLTALKNOACHTON (11-7) 1st retd pulled up quickly 3 out, (Wetherby 3m hcap hdl (5) £3,169 soft).

LUCKY SOLDIER (11-3) 9-2 led until before 3 out, weakened before 2 out, 7th of 11 (btm 14f) to Authorized Mission (11-11) (Newcastle 2/1m cond nov hcap hdl (5) £3,248 soft).

GOOD BYE (11-10) 22-1 prominent, led 3 out, headed 2 out, no extra when mistake last, 4th of 11 (btm 20f) to Edgewell (11-6) (Southwell 3m hcap hdl (5) £3,248 good to soft).

CA PLANE POUR MOI (11-4) 3-1 fav chased leaders, pushed along 3 hcap hdl (5) £3,248 good to soft).

LADY HARRIETT (11-1) 18-1 led, driven 8th, pulled up, (Uttoxeter 7/1 hcap hdl (5) £3,248 good to soft).

ON WE GO (11-10) 50-1 soon headed, 3rd of 12 (well btm) to Ocean Legacy (10-3) (Sedgefield 3m hcap hdl (5) £3,248 good to soft).

TOUCAN SAM pulled up latest, earlier (10-11) 18-1 rear of mid-division, pushed along and outpaced 5th, never a 12th of 18 (well btm) to Martalite (11-3) (Exeter 2/1m amat hcap hdl (5) £3,477 good to soft).

LADY HARRIETT (10-9) 22-1 rear, headway 3 out, no threat, 3rd of 14 (11f) to Lyle View (11-2) (Southwell 2/1m hcap hdl (5) £3,248 good to soft).

LIZZIE REY pulled up latest, earlier (10-11) 33-1 rear, mistake 3 out, 9th of 12 (well btm) to Chosen Hero (11-2) (Chesham 2/1m hcap hdl (4) £4,066 heavy).

SO LADYLIKE (9-12) 28-1 led until 5th, no extra 2 out, 4th of 10 (btm 18f) to Paddy O'Mahler (11-3) (Wetherby 3m hcap hdl (5) £3,169 soft).

MACKIE DEE (10-7) 12-1 prominent, ridden 2 out, one paced, 3rd of 6 (6f) to Lunar Contact (11-9) (Southwell 3m hcap hdl (5) £3,248 good to soft).

TURGEON DU BREUIL pulled up latest, earlier (10-11) 9-1 held up, no impression, weakened, 8th of 10 (btm 8/4f) to Haply La Vie (10-7) (Ayr 3m hcap hdl (5) £3,248 good to soft).

SKIN FULL (10-3) 6-5 fav chased leaders, weakened, 6th of 8 (btm 11f) to Dunstall Ramble (11-6) (Wincanton 2m hcap hdl (5) £3,829 good to soft).

4.33 LIVESTORE BET HANDICAP HURDLE (4) winner £4,066; 2m 3f. (9 runners)

1 U2-323 DIAMOND KODA 28.....Charlie Hammond 98
N Kent 6-12-0.....Places: 8 £12,469
Runs: 9 Wins: 5 (2S,GS,2G) Places: 8
Regular in the places, likes this trip, any ground, good winning chance

2 223 BENMORE 34.....Brian Hughes 92
L Morgan 5-12-0.....Places: 3 £24,027
Runs: 7 Wins: 1 Places: 3
Solid novice form, fair mark for hcap debut, trip suits, on the shortlist

3 1-17P LUNE DE LA MER 25 (P*).....Henry Brooke 94
O Greenall & J Guerriero 8-11-9.....Places: 2 £7,707
Runs: 8 Wins: 2 (2G) Places: 2
Not built on hurdles debut win, tries cheekpieces after two poor runs

4 040730 SCOTS POET 18.....Craig Nichol 92
E Whillans 9-11-8.....Places: 2 £49,480
Runs: 29 Wins: 5 (2S,GS,2G) Places: 2
Coming down weights, best over 2m, any ground, trip a slight worry

5 3-8702 REFORME 19.....David Noonan 95
T Grettton 6-11-7.....Places: 2 £3,395
Runs: 7 Wins: 1 Places: 2
Career best last time, trip ideal, 2lb rise fair, should be on premises

6 3P8501 GWENNIE MAY STAR 34.....Harry Skelton 99
D Skelton 5-11-7.....Places: 1 £4,371
Runs: 7 Wins: 1 (GS) Places: 1
Bit in hand when winning latest, trip fine, could take a step forward

7 6P-71P KALLY DES BRUYERES 67.....Thomas Bellamy 87
D Denon 5-11-4.....Places: 2 £3,540
Runs: 5 Wins: 1 Places: 2
Novice winner, poor hcap debut latest, better than that, one to note

8 -2073P MAXIBOY DAGROSTIS 27 (T*).....Charles Maggs (5) 89
R Hobson 6-11-5.....Places: 2 £1,342
Runs: 6 Wins: 1 Places: 2
Went backwards on hcap debut, tongue tie may help, watch betting

9 06-330 IMPERIAL JADE 64 (BF).....David Bass 92
C Longson 6-10-13.....Places: 5 £11,508
Runs: 13 Wins: 1 (S) Places: 5
Didn't like mud latest, best over this trip on good, do better today

BETTING: 10-3 Diamond Koda, 9-2 Gwennie May Star, 5 Benmore, 11-2 Reforme, 8 Maxiboy Dagrostis, Scots Poet, Imperial Jade, 16 Lune De La Mer, Kally Des Bruyeres

Sunracing FORM

DIAMOND KODA (12-0) 5-1 mid-division, headway 7th, stayed on, went 3rd finish, 3rd of 12 (btm 7/4f) to Komel (10-11) 1/4 ran (Catterick 2m 3f hcap hdl (4) £5,281 good to soft).

BENMORE (11-10) 5-1 led, not fluent and headed 3rd, no impression before last, 3rd of 10 (btm 7/4f) to The Gray Ghost (11-10) (Newcastle 2/1m mdn hdl (4) £4,193 good to soft).

LUNE DE LA MER pulled up latest, earlier (10-11) 18-1 led, 5th of 12 (well btm) to Miladum (12-0) (Haydock 2m hcap hdl (3) £5,865 heavy).

SCOTS POET (11-2) 2-1 mid-division, driven before 3 out, weakened 2 out, 10th of 15 (btm 24f) to Bashful (11-2) (Musselburgh 2m hcap hdl (4) £3,878 good to soft).

REFORME (11-9) 15-1 held up in touch, ridden 2 out, went 2nd flat, no impression on winner, kept on, 3rd 3/4 by Quian (10-12) (9 ran) (Catterick 2m hcap hdl (4) £4,753 good to soft).

5.03 LIVESTORE BET HANDICAP CHASE (5) winner £3,248; 2m 4f 115yds (7 runners)

1 9567-P KAP AUTEUIL 111 (V).....Thomas Bellamy 88
T Lawes 10-12-0.....Places: 3 £41,843
Runs: 29 Wins: 6 (3S,GS,2G) Places: 3
Been on the slide for a while, yard doing better now, needs old spark

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Favourite WE'RE THE BIGGEST AND BEST

KEMPTON

4.25 UNIBET HANDICAP (RIDER RESTRICTED RACE) (DIV 1) (Class 6): winner £3,140; 6f. (9 runners)

1	(8) 907968 ROMAN EMPEROR 9-6 (D) J Ryan 4-9-9.....Laura Pearson 93
2	(4) 400-06 ZEPPEARA 35 W Muir & C Grassick 4-9-9.....Frederick Larson 88
3	(2) 400-06 MOND 30 (H) C Walls 7-8-8.....Joey Haynes 95
4	(4) 0480-32 EL HIBRI 30 (CD) Williams 6-9-5.....Ryan Kavanagh (5) 899
5	(8) 8827-44 THE COLA KID 11 (H) M Atwater 3-8-7.....William Carson 98
6	(9) 77463-7 THE COLA KID 11 (B;CD) G Harris 8-9-3.....Jordan Williams (5) 899
7	(6) 779-346 PHOENIX STAR 18 (CD) J Macey 9-9-0.....Jonny Peate 94
8	(1) 6293-8 DON'T FIGHT IT 35 (B) J & S Best 5-8-9.....Aiden Brookes (3) 92
9	(5) 9430-74 LUPSET FLOPPY POP 9 (D) G Brown 5-8-9.....Warren Fentiman (7) 95

BETTING: 10-3 El Hibri, 4 Smasher, 6 Phoenix Star, 7 The Cola Kid, 10 Lupset Floppy Pop, 12 Roman Emperor, Zeppeara, 20 Mond, Don't Fight It

4.55 UNIBET SUPPORT SAFER GAMBLING HANDICAP (DIV 2) (6f); value to the winner £1,140; 6f. (8 runners)

1	(3) 3568 (3) MIGHTY GURKHA 30 (B;CD) T Faulkner 7-9-9.....Taylor Fisher (3) 899
2	(6) 21380-5 ARLECCHINO'S GIFT 12 (D) M Usher 6-9-9.....George Bass (3) 96
3	(1) 561-725 MAN ON A MISSION 19 (CD) Charabous/Cluttbuck 6-9-8.....George Wood 97
4	(7) 5087-66 SHALAA ASKER 16 (D) C Williams 7-9-6.....Joey Haynes 90
5	(4) 35294-8 KENTO 17 A Carroll 4-9-6.....non-runner 98
6	(5) 507-330 RADIANT ANGEL 22 P Ponting 4-9-3.....Nicola Currie 96
7	(5) 88106-0 TILSWORTH TURF 46 (D) J Jenkins 5-8-9.....Ethan Jones (5) 89
8	(2) 009-896 MIDWINTERHATTHOESIS 25 (D) P McEntee 5-8-9.....Grace McEntee 87

BETTING: 10-3 Mighty Gurkha, 4 Radiant Angel, 9-2 Arlecchino's Gift, 6 Man On A Mission, 7 Shalaa Asker, 10 Midwinterhathoesis, 16 Tilsworth Turf

5.30 UNIBET/BREEDERS BACKING RACING EBF MAIDEN STAKES (5); winner £4,320; 6f. (7 runners)

1	(4) 0 WILD NEPHIM 8 P Potter 6-10-2.....Jordan Williams (5) 71
2	(4) 000-00 SPIRIT Case 3-9-1.....George Downing -
3	(7) 750-06 MOCHA 11 (H) M Palmer 3-9-1.....Jonny Peate 78
4	(6) 5-34 MASSIMO BLUE 6 P McEntee 3-9-1.....Grace McEntee 87
5	(1) RUPERT THE PRINCE P Butler 3-9-1.....Joey Haynes -
6	(7) 2232-36 TARGET MAN 19 (B;A) G Boughey 3-9-1.....Warren Fentiman (7) 95

BETTING: 9-4 Target Man, Rajwa, 11-2 Massimo Blue, 13-2 Double Mocha

6.00 UNIBET EXTRA PLACE RACES HANDICAP (6) 3-Y-0; winner £3,140; 7f. (9 runners)

1	3050-4 CRISTALINO 50
(6)	K De Foy 9-9.....Warren Fentiman (7) 97
Runs: 6	Places: 1 £1,909
Had a few chances now, simplest task yet but not the easiest to trust	
2	735-2 PARTY BEAR 39 (BF)
(8)	K Burke 9-8.....Pierre Jamin 099
Runs: 4	Places: 1 £2,853
Edged out on handicap debut when backed, doesn't need much more	
3	4805-4 DR ALI 30
(5)	J Jenkins 9-8.....George Wood 90
Runs: 6	Places: 1 £3,309
Ex-lrish, 12 for stable debut when midfield here, kept it kicking on	
4	906-73 COSMIC FORCE 30 (B;BF)
(3)	G Boughey 9-7.....Tommie Jakes (5) 97
Runs: 6	Places: 1 £982
Own worst enemy last time, no easy task for young jockey, capable	
5	94347-7 MISTER KNOCKOUT 79 (V*)
(2)	P Evans 9-4.....Jordan Williams (5) 90
Runs: 6	Places: 1 £1,784
First start for yard, freshened up, best watched unless money pours in	
6	400-83 BERNING HOT 16
(4)	M Atwater 9-3.....Ryan Kavanagh (5) 91
Runs: 7	Places: 1 £3,055
Coming down weights, encouragement last time, not one to put life on	
7	542-23 PENELOPE VALENTINE 29 (BF)
(1)	A Haynes 9-3.....Dougie Costello 92
Runs: 6	Places: 2 £4,064
Knocking at door, can hang left, places again but win is proving hard	
8	0059- DOVEY MOON 67
(7)	P Evans 9-2.....George Downing 85
Runs: 4	
Handicap debut, much to go on yet, draw could be better too	
9	65-96 HELAAALI 18
(9)	A Haynes 9-0.....Shane W Kelly 94
Runs: 4	
9-2 on cap debut at Newcastle when not landing blow, needs more	

BETTING: 3 Party Bear, 10-3 Cosmic Force, 4 Penelope Valentine, 8 Helaali, 10 Dr Ali, 12 Berning Hot, Dovey Moon, 14 Cristalino

Sunracing FORM

CRISTALINO (9-6) 11-1 chased leaders, ridden over if only, pace, 4th of 8 (b/n 3/4) to Horus (9-3) (Lingfield 6f hcap (5) £3,716 AW).
PARTY BEAR (9-3) 5-2 fav chasing leaders, ridden off out, pressing winner well final furlong, just held b/n hd by Top Biller (8-7) (11 ran) (Whampton 6f hcap (6) £3,140 AW).
DR ALI (9-6) 12-1 held up in last tri, pushed along 2f out, ran in final furlong, 3rd of 8 (b/n 7/4) to Apples Angel (8-6) (Whampton 6f hcap (5) £4,187 AW).
MISTER KNOCKOUT (9-5) 8-1 ran mid-division, driven 21 out, no run if out, never on terms, 7th of 11 (b/n 7/4) to Georgino (9-6) (Whampton 1m f hcap (6) £2,983 AW).
BERNING HOT (9-4) 33-1 held up, headway 2f out, kept on late, 3rd of 8 (b/n 3/4) to Ornatley (9-5) (Whampton 7f hcap (6) £3,140 AW).
PENELOPE VALENTINE (9-5) 5-2 fav midfield, headway 2f out, ridden final furlong, weakened quickly towards finish, 3rd of 7 (b/n 1/4) to Bantz (9-5) (Newcastle 7f hcap (6) £3,140 AW).
DOVEY MOON (9-2) 33-1 slowly into stride, always behind, 9th of 11 (b/n 8) to Trouble Man (9-7) (Whampton 5f nov stks (5) £3,402 AW).
HELAAALI (9-8) 9-2 always in rear, 6th of 7 (b/n 7/4) to Frankie's Dream (9-9) (Newcastle 6f hcap (6) £3,140 AW).

6.30 UNIBET ZERO'S MISSION RESTRICTED MAIDEN STAKES (DIV 1) (5); winner £4,320; 7f. (10 runners)

1	(10) EMERALD DOWNS (T*) L Souza 3-8-3.....Frederick Larson -
2	(4) BENNY THE BOUNCER 18 Atwater 3-8-11.....Thomas Greath -
3	(1) JOEY HAYNES.....Joey Haynes -
4	(6) PULFORD CROSS D Sharpton 3-8-11.....Dougie Costello -
5	(3) LUNANOVA 50 (H) A Perrett 3-8-8.....Jack Dace (7) 94
6	(7) METAMORA 20 (H) A Perrett 3-8-8.....Laura Pearson 80
7	(8) WISE STARS 5 Milman 3-8-8.....George Wood -
8	(7) 4-4 CHAMPAGNE BELLE 47 P Channings 3-8-6.....Tyler Head 99
9	(9) 9 MIRAFLORES 21 R Cook & J Bridger 3-8-6.....Ryan Kavanagh (5) 78
10	(8) 3-8 THREE ON THURSDAY 21 D Cunha 3-8-6.....Ethan Jones (5) 74

BETTING: 5-2 Papa Oscar, 7-2 Emerald Downs, 4 Metamora, 6 Fulford Cross, 8 Lunanova, 12 Benny The Bouncer, 16 Wise Stars, 18 Three On Thursday

7.00 UNIBET ZERO'S MISSION RESTRICTED MAIDEN STAKES (DIV 2) (5); winner £4,320; 7f. (10 runners)

1	(2) CRITICAL ACCLAIM R Hughes 3-8-3.....Shane W Kelly -
2	(10) ANANO (T*) M Betti 3-8-11.....Warren Fentiman (7) 95
3	(9) 9- DIOS DE LA GUERRA 90 S Dow 3-8-11.....Josephine Gordon 74
4	(6) 587- TUO SALAMANCA 117 O Sangster 3-8-11.....Nicola Currie 84
5	(5) 42-53 ENCHANTED WAY 12 (B*) A Watson 3-8-8.....Laura Coughlan (3) 899
6	(4) MAGNA GRECIA STAR J Tate 3-8-8.....Pierre Jamin -
7	(8) 5-100 C ALLEN 3-8-8.....Conor Pierce (3) -
8	(7) 5-100 C ALLEN 3-8-8.....Conor Pierce (3) -
9	(10) NAPA LADY M Usher 3-8-6.....Tyler Head -
10	(7) QUEEN SANSA 97 (BF) S Williams 3-8-6.....Joey Haynes 75

BETTING: 5-2 Enchanted Way, 10-3 Queen Sansa, 13-2 Magna Grecia Star, 8 Critical Acclaim, Aviano, 10 Amber Honey, 12 Dios De La Guerra, Territot

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