

SHOWBIZ
IT'S A BABY GIRL FOR PRINCE NARULA AND YUVIKA CHAUDHARY P3

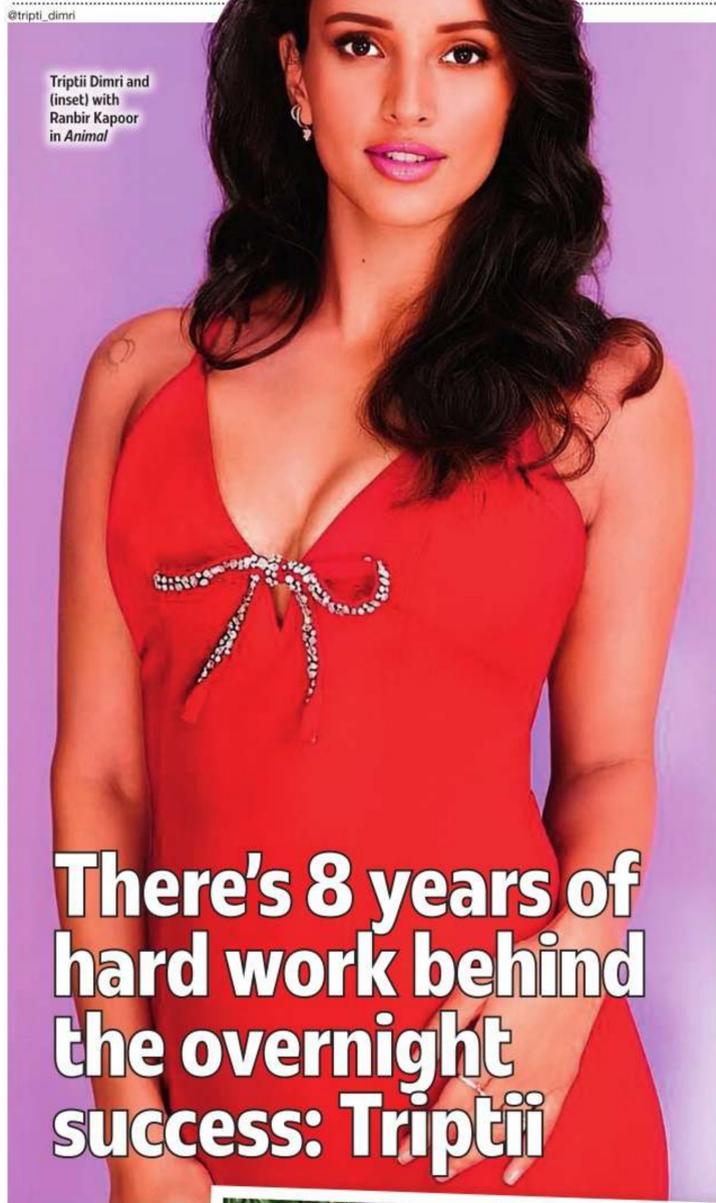
Bombay Times

MONDAY, OCTOBER 21, 2024
ADVERTORIAL, ENTERTAINMENT INDUSTRY
PROMOTIONAL FEATURE



BACK BEAT
SELF-DEFENCE ISN'T JUST ABOUT FIGHTING BACK, IT'S ABOUT BUILDING CONFIDENCE: RICHHA

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Triptii Dimri and (inset) with Ranbir Kapoor in *Animal*

There's 8 years of hard work behind the overnight success: Triptii

Vinay MR Mishra

Triptii Dimri's rise to fame may seem sudden, but the actress admits that years of hard work has gone into that one magical film and moment that changed the course of her career. She stepped into showbiz eight years ago with *Laila Manju*, followed by *Bulbul*, for which she won critical acclaim. However, Ranbir Kapoor-starrer *Animal* changed the game for her. In a conversation with us, Triptii talks about rejection, criticism, success and thriving in chaos.



There were days when I would be putting wallpaper on my walls because I had nothing to do. I would tell myself that a phase will come when you won't have time to do this. I have a lot of gratitude that those days have come

CONTINUED ON P 2

I'm happy *Laapataa Ladies* is India's official Oscars entry: Payal Kapadia



Oscars give you that window to a wider audience, but it's the people who give you the validation

RANA DAGGUBATI

PAYAL KAPADIA

Renuka Vyavahare

Payal Kapadia's film *All We Imagine As Light* (AWIAL), won the prestigious Grand Prix award at Cannes film festival this year. Predicted to be an Oscar frontrunner, the selection of Kiran Rao's *Laapataa Ladies* over *AWIAL*, a Malayalam language-Indo-French production set in Mumbai, sparked a debate. Meanwhile, France chose Jacques Audiard's *Emilia Pérez* as its Oscar entry for the International Feature category.

CONTINUED ON P 3



A still from *All We Imagine As Light*

BOMBAY TIMES FASHION WEEK 2024

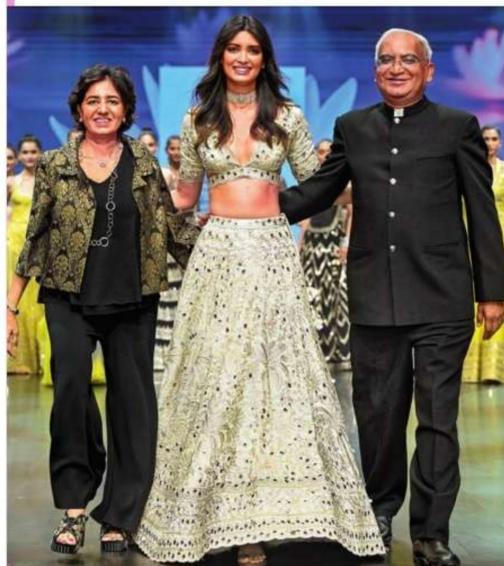
Pics: Prathamesh Bandekar & Tejas Kudtarkar

BTFW KICKS OFF IN STYLE

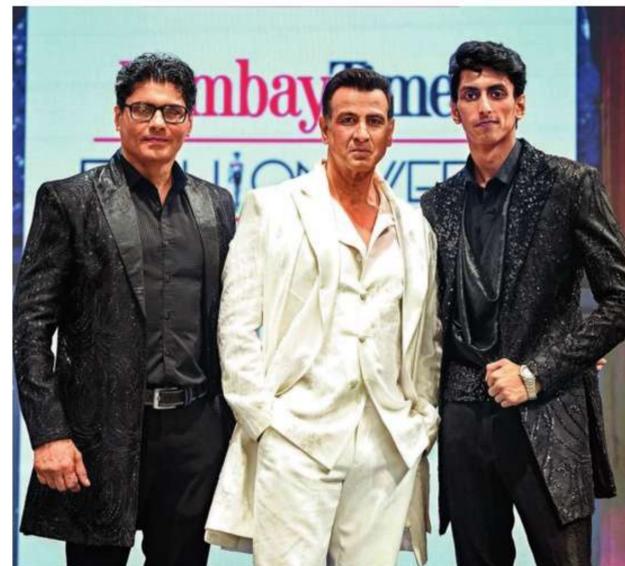
Day 1 of the fashion extravaganza was high on glamour as celebrities took to the ramp



Day 1 of BTFW at Grand Hyatt Mumbai witnessed Hetal Shah's stylish ensembles bringing together the elegance of Indian heritage with contemporary flair. Showstoppers for this mesmerising collection by The Royaleum were Tara Sutaria and Taha Shah Badusha



Gopi Vaid presented her new collection titled *Jhilmil*. Walking as showstopper in a striking white outfit was the gorgeous Diana Penty. Also seen on the ramp is Ashish Vaid (CMD, A G Superstructures Pvt Ltd)



Ronit Roy turned showstopper for Reshma Riyaz Gangji Libas and made his ramp debut on Day 1 of BTFW. Ronit looked dapper in an ivory white Indo-Western attire. Seen here with him are designers Riyaz Gangji and Aman Gangji

FOR MORE, TURN TO P 6 & 7

DANCE TROUPE FILES FIR AGAINST REMO D'SOUZA



P8

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'There were days when I wondered, is acting not for me?'

CONTINUED FROM P. 1

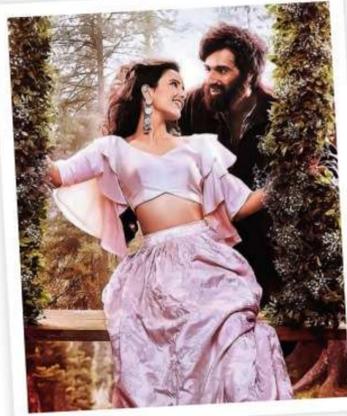
'LIFE'S BEEN HECTIC, BUT IT'S BEEN A LOT OF FUN'

Success didn't come to Triptii easily, her journey so far was dotted with rejections, disappointment, and then, a sudden spike and wave of success. The *Laila Majnu* actress says, "I'm enjoying every day of work, and God has been kind. I've prayed for such days. Life's been hectic, but it's been a lot of fun. It's been quite a journey. Some people think it happened overnight, in a way, yes, it did happen with one film (*Animal*), but there's eight years of hard work behind it. Eight years on the field and another two years of auditioning and being rejected. But I don't complain, and I don't want to be because that was the fun part."

'I PREFER THIS CHAOS IN MY LIFE NOW'

Recalling a particularly disheartening experience, Triptii reveals how a hurtful comment fuelled her determination. She shares, "Someone taunted me and said something very mean, and that was the day I thought I can't leave the city without making it. When you are new to this industry, you don't know a lot of things, and you are confused because you often don't know what's right or wrong. Something that might be right for another person and must have worked for them, might not work for you. Those days, there was a lot of confusion and chaos. There is a

Someone once taunted me and said something very mean, and that was the day when I thought I can't leave the city without making it



lot of chaos now, too, but I prefer the current chaos over that chaos. Now, I have no time to breathe, eat or sleep."

'YOU NEED TO KNOW WHAT YOUR TRIGGER POINTS ARE AND WHAT MAKES YOU UNCOMFORTABLE'

The last few months have been quite hectic for Triptii and at the same time, extremely overwhelming. Ask her how she's coping with all the attention and pace at which life is unfolding, and the *Bulbbul* actress explains, "You need to know yourself. You need to know what your trigger points are

and what are the situations that make you uncomfortable. It's not something you find out on day one, it's a process. You must go through it to get through it. There are days, of course, when you lose your calm, and you're like, what is happening? You talk to your friends and family, and gradually, try to understand yourself as well and get a hold of things. I keep myself busy with acting workshops, meditation and journaling. There was a phase where I was meditating heavily and journaling every day."



TRIPTII DIMRI

and (inset) a still from *Laila Majnu*

Keep tabs on you favourite stars with [bombaytimes](#)

'There have been days when I was out of work'

Triptii's mantra is clear: Enjoy the process and cherish the journey. "I always feel that you should enjoy the process and the journey. There have been hardships. There have been days when I was out of work. There have been days where every audition that I was going to, I was being rejected and I would wonder what is happening? Is it (acting) not for me? And then, there were days where I was not supposed to go for an audition, and I somehow landed there and cracked it," she says.

Diwali is sparkling on the global festive map

It probably started during George W Bush's tenure in 2003. The ceremonial lighting of a Diwali brass lamp as a hat tip to the growing socio-cultural impact of Indians in the US. Since then, successive POTUSes have left their signature on the festivities. In 2023 Vice President Kamala Harris hosted a full-blown bash, complete with marigolds and Indian treats for more than 200 influential guests at the White House. It coincided with former UK PM Rishi Sunak and his family showing the Brits how desi families celebrate the festival of lights.

The optics of politics apart, there is something about the festival going global that rivals our feat in cinema, music and yoga. Take for example the arrival of glittering, colourful stiletos by Christian Louboutin, the shoe-maker to the world's richest and the most stylish women. The creator of the signature red soles has named it the Diwali Edit, creating much excitement among the fashionistas.

Elsewhere, the annual Diwali Bash in New York saw the creme de la NRI creme turn up in their sharpest best. Aptly named the All That Glitters Diwali Ball, it was a curation of stylish, fun, electric individuals - designers, actors, entertainers, entrepreneurs, fund managers and prima donnas. Sort of an Indian Met Gala that made it to the most read party pages and vlogs.

But nowhere is the evolution of Diwali from a Made for India festival to global pop culture event more evident, than in the shopping aisles around the world. Whether you are in Singapore or Switzerland you cannot miss Diwali *diy*as and colourful decor right next to Halloween pumpkins and faux spider webs. Sweet boxes and stuffed Mejdool dates jostling for space with Harry Potter candies. Diwali pop-ups featuring *lehengas* and *shararas*, next to trench coats and Christmas stockings.

The importance of the festive economy is a matter of discussion these days. And Global Diwali, thanks to the sheer number of Indians who have nested in almost every part of the world, is a happy commentary on how culture can be porous, inclusive and travel well. Especially if it brings people together with a pinch of *desi tadka*.



Agree? Disagree? Got a POV idea? Write to us with your name and city at: pov@timesofindia.com

LEISURE

SUDOKU CHALLENGE

Level: Medium

7		3		8				1
		3						4
		9	2		5	7		
4								5
1			9		6			4
2								7
		8	6		1	3		
		1				6		
6		8		3				7

HOW TO PLAY
Fill in the grid so that every horizontal row, every vertical column and every 3x3 box contains the digits 1-9, without repeating the numbers in the same row, column or box. You can't change the digits already given in the grid. Every puzzle has one solution.

TIMES HITORI

4	3	2	5	3	1	7	3
4	8	2	9	3	4	1	5
7	7	7	3	7	4	2	5
1	6	9	7	8	5	1	2
2	2	1	2	5	1	4	6
3	1	5	4	7	8	6	3
4	2	2	6	3	9	7	3
6	4	7	8	9	2	5	1

HOW TO PLAY
1. A number may appear just once in each row or column. Eliminate repeat numbers by darkening cells. (see example)
2. Darkened cells must never be adjacent in a row or column.
3. Unmarked cells must create a single continuous area, undivided by darkened cells.
4. Every time you darken a cell, you can automatically circle its vertical and horizontal neighbours, which means they cannot be eliminated.
5. Any cell "sandwiched" between neighbours of the same value can be circled. (e.g. 6, 4, 6)
6. A "triple" is a special case of sandwich. Circle the centre cells, and darken the ends. (e.g. 6, 6, 6)

LOOP THE LOOP

RULES
• Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A).
• Crossovers or branches are not allowed (As shown by dotted lines in Fig B).
• Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines.
• You can't draw lines around zeroes.
• Each puzzle has just one unique solution.

HOW TO BEGIN:
Example (Fig A) - Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a deadend (Fig B).

THE DAILY CROSSWORD

By Zhoujin Burnikel 21/10/2024

ACROSS
1 Wrap party party
6 C and D in D.C.
9 Muscat's country
13 "Say Anything..." director Cameron
14 At the summit of
15 Bring back to health
16 Brass player's recital piece
18 "¿Cómo ___ usted?"
19 Gulp down
20 Concave navel
21 Barely known celebs
22 Port on the Strait of Gibraltar
25 Worker without lungs
26 Pumpkin
27 Emails covertly
30 Networking device
33 FaceTime platform
35 Thai language
36 Anise-flavored Italian liqueur
38 Digit covered by a sock
39 Address in a hyperlink
40 Flannel pattern
41 NASCAR great Petty
42 Makes fuzzy
44 Prefix sometimes paired with "het"
46 Classic Chaney horror film
52 Happen next
53 Got out of 63-Across
54 Aircraft carrier letters
56 Wild animal's den
57 Debut sport at the Paris Olympics, or what 16-, 22-, 36-, and 46-Across do to their circled letters
59 Item used onstage
60 "It's the least ___ do!"
61 "From the top!"
62 ___ serif
63 Place to sleep

Saturday's Puzzle Solved

H	E	I	R	C	L	E	S	O	A	P	S		
A	C	C	E	N	T	R	U	G	I	N	U	R	E
W	H	A	L	E	S	O	N	G	P	E	T	I	T
N	O	L	O	O	K	P	A	S	S	S	O	D	S
A	P	E	S	H	I	D	E	M	A	S			
A	B	I	D	E	D	B	E	T	A	C	A	M	S
T	E	N	E	T	F	I	L	E	D	T	O		
H	O	L	D	B	I	L	L	S	C	O	N	N	
O	R	A	S	I	R	E	S	A	U	N	T	Y	
S	I	L	E	N	T	H	E	S	E	L	I	S	H
G	A	L	O	S	H	A	M	E	S				
L	I	L	A	Y	O	U	B	E	T	I	C	A	N
I	N	A	P	P	S	T	A	R	A	N	I	S	E
M	A	N	S	E	A	S	Y	P	E	A	S	Y	
E	L	D	E	R	S	H	H	S	O	T	O		

GARFIELD

THEY HAD A BIG SALE ON FLAVORED COFFEE

THIS ONE IS CALLED "SUMMERTIME"

TASTES LIKE CHLORINE AND SUNSCREEN

ARCHIE

BEEPA DOOPA BLEEP!

CRUNCH CRUNCH CRUNCH CHEW CRUNCH CHOMP!

HOT DOG'S MISTAKEN YOUR CELL PHONE FOR A CHEW TOY AGAIN!

SPELLATHON

Today's Ratings:
05-average | 06-good | 08-outstanding

How many words of four or more letters can you make from the letters shown in today's puzzle? In making a word, a letter can be used as many times as it appears in the puzzle. Each word must contain the central letter. There should be at least one seven letter word. Plurals, foreign words and proper names are not allowed. British English Dictionary is used as reference.

C O E
T O R
L

DENNIS THE MENACE

"CAN I SEE YOUR MIDLIFE CRISIS CAR? MY DAD WANTS TO GET ONE WHEN HE CAN AFFORD IT."

SCRAMBLE

Rearrange the letters in the four word jumbles, one letter to each square/circle, to make four ordinary words

DEVIO
OOOWDS
ACHSUM
DEERRW

Better than the strength of men and horses is our ___ - Xenophanes (6)

HOW TO PLAY
Now arrange the letters in the circles to form the answer to the riddle or to fill in the missing word as indicated

FINOLEX FORTUNE

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9822042295 or anupamvkapil@gmail.com

See what the stars have in store for you - according to your moon sign.

ARIES: Your ability to understand others comes through again. Curb a tendency to be possessive or demanding. If you feel insecure, look around and recognise how important you are to others and how cared-for you really are.

TAURUS: You may feel pressured by both a family issue and a professional matter. Take time to weigh the pros and cons of each situation and determine what needs to be done. A loved one's advice might not be helpful.

GEMINI: It may not be a memorable day. You need to restrain yourself from going too far with any indulgence. If a friend or partner does something totally out of character, it may be prudent to respond with support instead of judgment. Your negativity could cause damage.

CANCER: Understand what is happening around you. Your imagination will carry you through some rough patches, but only if you can understand where others are coming from. Be careful, as you could be prone to accidents.

LEO: You may be concerned with your dreams, and you don't want them to impinge on the real world. Look for ways to add excitement to your life without turning it upside down. You may be good enough at controlling your mood swings

today that you can prevent a meltdown.

VIRGO: You could be seeing a situation differently from how those around you see it. What started out as a creative enterprise quickly might become a burden. Focus on the job and on getting the necessary work done.

LIBRA: Focus on completing as much as you can. You could be overwhelmed by everything that you need to do. Keep smiling, and refuse to become uptight. A smile will make a big difference to a friend or loved one.

SCORPIO: Refuse to be taken for granted. Someone has a way of stepping on you or demanding that you agree with him or her. If you feel uncomfortable, say so. A loved one comes through for you, though you might not appreciate this interference.

SAGITTARIUS: Your vision of what might be workable could be disrupted by the fact that someone has given you false information. Your instinct usually guides you, but you would be best off not following your intuitive hunches.

CAPRICORN: Accept responsibilities and clear them out as quickly as possible. The afternoon presents a wonderful opportunity to get to know someone better. A budding friendship could be developing between you.

AQUARIUS: When you initially avoided mentioning potentially tricky issues, it was to prevent upsetting others, and they didn't seem that important. However, now that these topics are being discussed, it's crucial to share your views and understand what those around you think - sooner rather than later.

PISCES: The time has come to talk over certain persistent issues and, if necessary, to take a stand on them. It's unlikely you'll find a way to bypass these potentially explosive differences while still organising future arrangements with others. The more willing you are to face a confrontation, the less likely it is to happen.

SOLUTIONS TO GAMES/PUZZLES

TIMES SUDOKU

1	7	5	3	2	9	4	8	6
9	2	7	6	1	5	3	4	8
6	4	1	5	9	8	2	7	3
7	6	1	4	9	5	9	3	2
4	2	9	7	5	8	1	6	3
5	9	8	9	1	2	7	6	4
3	8	2	5	1	2	6	9	7
4	5	2	6	9	1	8	7	3
1	9	1	6	8	4	3	7	5

LOOP THE LOOP

TIMES HITORI

1	5	2	6	8	4	7	3
1	5	2	6	8	4	7	3
9	8	7	6	5	4	3	2
9	8	7	6	5	4	3	2
2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9

SCRAMBLE
Answer: Video, sumpach, redrew
Words: Video, sumpach, redrew
horses is our wisdom - Xenophanes
Answer: Better than the strength of men and horses is our wisdom - Xenophanes

Mumbai is a complex city with a lot of contradictions: Payal Kapadia



A still from *All We Imagine As Light*



Rana Daggubati and Payal Kapadia

CONTINUED FROM P 1

The film opened the MAMI Mumbai Film Festival 2024 on Friday, ahead of the film's countrywide release. In an exclusive interview with Bombay Times, Payal and Rana Daggubati, who has the distribution rights of the movie, spoke about the validation that comes with an Oscar nomination, Mumbai as a muse and more.

AWIAL opened the festival this year. It took you five years to make this film and after winning big at Cannes (first Indian film in 30 years), it has finally come home. What are your thoughts?

Payal: For my film to be the opening film at MAMI was special because this is a festival that I have been attending since 2006, when I was a student at St Xavier's College, Mumbai. Back then, this was our only window to independent world cinema. There's an Argentine filmmaker called Lucrecia Martel, who I really love. When she came to this festival, I started crying and asked her for a photo. From those days to getting my film screened as the opening film this year, it has been quite a journey.

Rana: I have been a MAMI board member. If you go to the West, there is a festival circuit, and people get to watch these films way before the commercial release. The festival is doing that here, which is great for independent voices.



<< The *All We Imagine As Light* team - Kani Kusruti, Chhaya Kadam, Payal Kapadia and Divya Prabha - at the Cannes Film Festival

The Oscars are one tick off the box. How can you get people to watch these films is important. Not many watch Oscar-winning films. That culture needs to change. We need to watch cinema that's not a classic song and dance, but a slice of life with great storytelling. India needs to

understand India, and there is no other way to achieve that except through cinema. Oscars give you that window to a wider audience, but ultimately, it's the people who give you that validation.

Payal: Cannes gave us so much attention in India, and the nicest thing is that recognition gave me distribution. There is no bigger joy than screening your film in cinemas, which people can buy a ticket for and watch. I have done that all my life for films that I liked. People wanting to watch a film in cinemas or film festivals is the reason we want to make films. **Do you plan to enter the Oscar race as an independent entry, the route which RRR took?**

Rana: The film will take its course. *RRR* was not an official entry either, but it found its way and reached there on merit. Our journey has just begun.

Payal: The film will be released in India and the US next month, so we will see how people respond to it. Will we send the film independently? It's not really in my hands. I am happy that *Laapataa Ladies* has been selected as India's official entry to the Oscars. It's such a fun, wonderful movie. As an audience, I am happy about it. I also loved Kiran Rao's previous film *Dhobi Ghat*. Whatever my film gets, it's a bonus for me.

Films like *Salaam Bombay*, *Wake Up Sid*, *Slumdog Millionaire*, *Dhobi Ghat*, and now *AWIAL*, have Mumbai as their muse. What is it about the city that inspires filmmakers?

Payal: Even *Luck By Chance* is a wonderful movie set in Mumbai. It is a complex city. It's a land of opportunities, and people come here from everywhere. It becomes a microcosm of the country. It's a city where you get different points of view, languages and different ways to reach your dreams, but it can also be cruel and harsh for many to be able to work and sustain here. I wanted to talk about that contradiction through my movie. I am critical of the 'spirit of Mumbai' or Mumbai's resilience sentiment because what we perceive as happiness stems from no choice. You have to get on with your life because you have no choice.

Rana: I am not from Mumbai, but every time I come here, the kind of diversity I see blows my mind. From makeup artists, supermodels, actors, office goers - everyone just goes on with their lives. It is a microcosm of the country. What also causes hardship is the fact that there are so many people living in this city.

There has been a debate around *AWIAL* being snubbed by India and France as their respective official Oscar entry. What does Oscar validation mean to you?

Rana: Oscars are not classically Indian. They are American. India is breaking through, there is an India movement happening in the West. AR Rahman won his first Oscar for *Jai Ho*, but for most of us who have been his fans, that song was probably not the best thing that we have heard from him. He has so many great songs, but they heard that song at that point in time. *Natu Natu* is the most unabashed Telugu song out there. Whatever films you believe in fully, you have to unabashedly make them, which is what Payal has done and that gives you recognition irrespective of the Oscars.

Not many watch Oscar-winning films. That culture needs to change. We need to watch cinema that's not a classic song and dance, but a slice of life with great storytelling

- Rana Daggubati

It's a baby girl for Prince Narula and Yuvika Chaudhary



Yuvika Chaudhary and Prince Narula welcomed their baby girl on Saturday evening. Prince's father, Joginder Narula, confirmed the news and said, "We are very blessed and happy." Yuvika and Prince's love story began on the sets of the reality TV show *Bigg Boss 9* in 2015. Their friendship blossomed into romance, and tied the knot in 2018. In June this year, Prince shared the news of their pregnancy on social media. Talking about parenthood, in a previous interview, Yuvika said, "We both are ready to take this new responsibility and are excited to experience this beautiful phase of life."

Vinay MR Mishra

Yuvika Chaudhary and Prince Narula

Kajol celebrates 29 years of DDLJ



Kajol and (inset) a still from *Dilwale Dulhania Le Jayenge*

It's been 29 years since Shah Rukh Khan and Kajol's *Dilwale Dulhania Le Jayenge* was released. Interestingly, the occasion coincided with Karva Chauth yesterday. Marking the 29th year of the film, Kajol shared a still from the film and wrote, "29 years to the OG of Karva Chauth... wishing everyone a very hungry and successful Karva Chauth... maybe go to Maratha Mandir and see the film (sic)." The film, which featured Shah Rukh Khan and Kajol in the lead roles, was directed by Aditya Chopra.

Don't leave tennis, man: Novak to Rafa



Tennis legend Rafael Nadal, who recently announced his retirement, bid adieu to his incredible and intense rivalry with Novak Djokovic, facing his longtime competitor one last time at the Six Kings Slam exhibit in Riyadh

In a personal way, you helped me go over my limits during almost 15 years. Without that, I wouldn't be the player I am today

- Rafael Nadal



Don't leave tennis, man... It's been an incredible honour and an incredible pleasure to share the court with you. The rivalry has been incredible and very intense, so I hope that we'll have a chance to maybe sit in the beach somewhere have a little drink, reflecting on life

- Novak Djokovic

In light of Liam's demise, Zayn postpones US tour



Former boy band sensation One Direction

Zayn Malik

Zayn Malik has announced the postponement of the US leg of his *Stairway To The Sky* tour following the death of Liam Payne. The former One Direction bandmate took to his Instagram stories and shared an update. He wrote, "Given the heartbreaking loss experienced this week, I've made the decision to postpone the US leg of the *STAIRWAY TO THE SKY* Tour. The dates are being rescheduled for January and I'll post them as soon as it's all set in the next few days." In an earlier post, expressing his grief over the loss, the singer had shared, "I lost a brother when you left us, and can't explain to you what I'd give to just give you a hug one last time and say goodbye."

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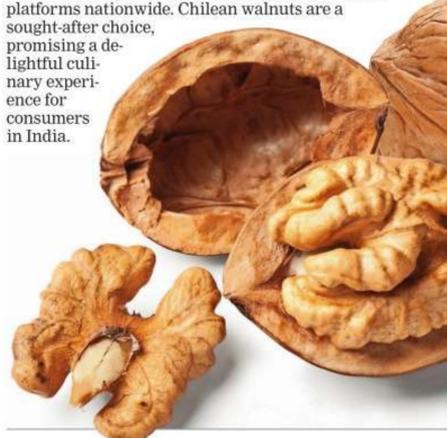
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Relish these flavourful walnuts to bring freshness to your plate

Chilean walnuts are known for their counter-seasonal freshness, light hue, and flavour. Situated in the Southern Hemisphere, Chile perfectly complements India's walnut season, ensuring a fresh supply during festive times, notes a rep from Chile Walnuts Association.

They add, "This counter-seasonality not only benefits the Indian market but also harmonises with Northern Hemisphere sources supplying to India." The walnuts are available at dry fruit stores and major e-commerce platforms nationwide. Chilean walnuts are a sought-after choice, promising a delightful culinary experience for consumers in India.



Introduce your pets gradually to prevent fighting



The key to stopping your pets from fighting may lie in how you first introduce them to each other, says a study. "It should be done gradually. Make sure the cat doesn't feel threatened by the puppy. And teach the pup to be calm in the presence of the cat," says Dr

Rachel Casey, an animal behaviour specialist. About one-fifth of pet owners introduce a new puppy to their cats immediately, and 18.9% do it in less than two hours. However, gradual introductions significantly increase the likelihood of them getting along.

Read labels, target skin concerns: Pick the right skincare products



Aakanksha Ahire

From serums, toners, cleansers, moisturisers to masks and scrubs—today, skincare products are largely diversified. With a myriad of options present in the market, picking the right products can be confusing. To make skincare shopping hassle-free, we dialed skincare gurus who shared some friendly tips.

DO YOUR RESEARCH

- Read the label of the products before buying. Research about ingredients mentioned on the product label
- Look for ingredients that will benefit your skin type and target your skin concerns



- Avoid buying strong, fragrant products or those having harsh chemicals. Avoid the ones containing parabens and sulfates
- Products with certifications like 'organic', or 'natural' are usually chemical-free
- If the product packaging contains third party certifications, it indicates that the product is free from harsh chemicals
- Check customer reviews before buying the products (As suggested by Dr Rupika Singh, dermatologist)

KNOW YOUR SKIN TO BUY THE RIGHT PRODUCTS

Dry skin ● Choose an oil-based and hydrating cleanser. Buy products with ingredients like hyaluronic acid, glycerin or ceramides
 ● Use oil-based moisturisers to deeply nourishes the skin. Opt for the ones that have Shea butter, squalane or ceramides
 ● Use serums with hyaluronic acid or glycerin to lock in moisture on dry skin. Ditch serums with high concentrations of Vitamin C, niacinamide, or retinoic acid



Oily skin ● Use a cleanser containing alpha hydroxy acids (salicylic acid or glycolic acid) or

benzoyl peroxide
 ● Choose non-comedogenic, lightweight and oil-free moisturising cream
 ● To control oil production, use serums having salicylic acid, niacinamide, retinoic acid, adapalene, or Vitamin A

Sensitive skin ● Use gentle, non-fragrant cleansers to avoid skin irritation
 ● Opt for hypoallergenic moisturisers that contain soothing ingredients like Aloe vera, Chamomile, or Shea butter
 ● Pick serums with similar calming ingredients free from fragrance and alcohol

The Indian skincare market is saturated with numerous brands. Every other day, new brands emerge, all heavily marketing their products. Consequently, people end up purchasing trending products without understanding if they are the right fit for their skin

— Dr Trishna Gupte, dermatologist



AVOID THESE MISTAKES

- Skipping patch test: Allergic reactions can occur with certain ingredients depending on the skin type. Always do a patch test
- Not reading expiry dates: Check for product's expiry date to prevent allergic reactions
- Product overuse: Overusing products can cause skin irritation. Follow an instruction manual for a balanced skincare routine

PICK PRODUCTS THAT TARGET YOUR SKIN CONCERNS



Acne

- Use non-comedogenic moisturisers to prevent clogging of pores. Choose products with ingredients such as salicylic acid, benzoyl peroxide or retinoids

Hyper-pigmentation

- Use creams and serums enriched with ingredients like glycolic acid, lactic acid, Vitamin C, alpha arbutin, azelaic acid or niacinamide to help brighten the skin

Dark spots and dark circles

- Use products with vitamin C, vitamin A, kojic acid, hydroquinone, hyaluronic acid or retinoids. Choose an under eye cream with caffeine, vitamin C or peptides. Don't use multiple creams or serums at once. Choose one product and be consistent

Ageing

- Select a product that contains retinoids and peptides. They stimulate the production of collagen and eliminate fine wrinkles and lines
- Opt for serums and moisturisers containing hyaluronic acid and Vitamin C. Apply broad-spectrum SPF 30+ sunscreen daily

SHOPPING MART



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US Constitution's rare copy sells for ₹74 cr



A rare copy of the US Constitution printed 237 years ago and sent to the states to be ratified was sold for \$9 million at an auction in North Carolina recently. Brunk Auctions sold the document, the only copy of its type thought to be privately owned, at a private auction. The name of the buyer was not immediately released.
 Bidding took just over seven minutes, with bids coming in at \$50,000 (₹41.5 lakhs) intervals mostly over the phone. There was a pause at \$8.5 million (₹70.55 crores), then another after someone on the phone bid \$9 million (₹74.7 crores).
 The auction was originally set for Sept. 28 but was delayed after Hurricane Helene caused catastrophic damage throughout

About the copy

In 1787, after the Constitutional Convention, about 100 copies of the proposed government framework were printed by Congress Secretary Charles Thomson. Only eight remain, with seven publicly owned. Two years ago, a rare copy was found in Edenton, North Carolina, along with a letter from George Washington urging ratification and compromise.

Asheville and western North Carolina. "It's a privilege to have it here. It's been quite a ride," auctioneer and document owner Andrew Brunk said.

Stray dog spotted atop Giza pyramid

A man paragliding over Egypt's Great Pyramid of Giza recently spotted a barking dog atop the oldest of the Seven Wonders of the World. The footage shows Marshall Mosher soaring in the desert sky when he zooms in on the top of the pyramid to find a dog casually having his day. "A dog climbed all the way up the Great Pyramid of Giza!" Mosher wrote in amazement, with his clip going viral on Instagram.



FESTIVE SPECIAL



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Ladies' Wing of
IMC
Chamber of Commerce and Industry

PRESENTS

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TUE 22ND & WED 23RD, OCTOBER, 2024
11:30 AM TO 8:00 PM

PAVILION-1, JIO WORLD CONVENTION CENTRE, G-BLOCK, BKC, MUMBAI
(ENTRY FROM GATE NO. 20)

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LISTA JEWELS
LUSTRE JEWELLERY
MAYA SANGHAVI JEWELS
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PAULOMI KASHYAP
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SHEETAL LOHIA - REINVENTING JADAU
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SHRI PARAMANI JEWELS
SHRIHARI DIAGEMS BY ANIRUDH
SILVEREDGE (FINE SILVER JEWELRY)
SOMIRA DIAM
THE JEWEL WORKS
THEJA FINE JEWELRY BY SUDHA & RASHI BESWAL

FASHION JEWELLERY

AKULYA JEWELS
DAGA ACCESSORIES
HOUSE OF TUHINA
JOYPUR JEWELS BY SMITA SANGHI - JAIPUR
KAZHAL DESTINATION JEWELS
LOTUS SUUTRA JEWELRY
MIRAGE JEWELS
NIMAI
RUMRI HANDCRAFTED JEWELLERY
SAKSHI JHUNJHUNWALA
STACKABLES BY NISHA JHANGIANI

FASHION

1997 DESIGN
AADITI BERIWALA
ABABIL - BANDHANI BY DESIGN
ALFABOLIC ATHLEISURE
ALKA NATH
ALTEREGO
AM BY ANITA MITTAL
AMOUR FAITH HOPE
ANA BY ARCHANA REDDY BANGALORE
ANAYA BY AKRUTHI
ANDAAZ BY JYOTI DHAWAN

ANSHIKAA JAIN - LUCKNOW
ARCHANA SHAH
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ARUSHI RAWAL
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ASHORE CONSCIOUS RESORTWEAR
AT HAUTE COUTURE
ATTIRAANTE BY RAGINI SINGHANIA
AURA KREATION
AZU CLOTHING
BEEHIVE
BEETROOT
BEHIND THE SEAMS
BEYOND THREADS BY REENA RAJPAL
BOHO QUEEN
BON BIBI
CAPISVIRLEO
CHITTY CHUI
COCOPLUM
CORALBYSEEMA
DEVASYA
DEVINA JUNEJA
DHAAGA & CO. BY SAVNIT GURNANI
DHYAN LEELA
DISHA PATIL PRET COUTURE
DIVYA BY DIVYA ANAND
DIVYA TODI, MENSWEAR, KOLKATA
E.Z.R.A
ENNSO - THE LABEL
ESCAPE BY AISHWARYA FEB 06
GOLD THREADS BY NISHA AJMERA
GULABO, NEW DELHI
HARSHNA MAKHIJA
HIRKANI
HOUSE OF IRA BY RUCHITA BHATIA
HOUSE OF SOI
INDDIVOGUE (BY NISHA & DOLLY)
ITNA DRAMA BY SAIRA
JUHI NANDA
KAJJI BUTTON
KADHUWA BANARAS BY ABHILASHA PODDAR
KAPAAS KOLKATA
KARMA
KAVITTA SANGGHVI
KHUSHBOO BAGRI
KORA
LABEL HELI
LABEL J MEN'S CO
LABEL KINJAL MODI
LABEL NAINA V
LABEL NITI BOTHRA
LILA
LOTUS SUTR BY KARISHMA JAMWAL
MAAGICCIRCLE
MADDER MUCH
MADHU.S - MUMBAI
MAHI CALCUTTA
MAIGO
MEGHA PITTI
MEGHNA PANCHMATIA
MEHAK CREATIONS - DELHI
MITYAN
MOHINI RAJANI
MULBERRY BLUE - CALCUTTA

MYST DESIGNS BY HRTTIKA AHUJA
NAINA JAIN
NAVYA
NAYAAB INDIA CHIKANKARI
NAZAR BY INDU ABBOT
NEELGAR
NEHHA NHATA
NESOLO
NESTAAB
NIDHI KHANNA
NIKU
NONA SARNA - NEW DELHI
ORU PRET
OUR LOVE
PAASCHV BY CHANDNI - JAIPUR
PALLAVI PODDAR
PAYAL DHANKI
PINK POLKA
PLEATS BY ARUNI
POOJA BHATIA COUTURE
PREETI JHAWAR
PREEVIN
PRISHO7
PRITI PRASHANT
PRIYAM
PRIYASHREE BY MADHAVI
PURVI DOSHI
QALA
R SUTRAA BY REETA KHURANA - DELHI
RICHA KHEMKA
RIWAYAT BY ASHIMA
ROCCO BY RAGHVI
ROSEMARY BY BEHNO
RUCHIKA & MALLIKA PRET WEAR
RUDDRASH
RUZHAN - DELHI
S I S A
SANAA COUTURE
SANAM TAMANNA DUBAI
SARTORIAL
SEAMS PRET AND COUTURE
SEEQ ACTIVE CLOTHING
SHADES OF SHADOW
SHANISA
SHAY BY SHUBHAM TAK
SHIVANI BHARGAVA
SHRADDHA RAMBHIA
SHRUTI RANKA
SIMONE HANDCRAFTED
SOBARIKO
SOLE AFFAIR BY SEEMA MEHRA
SON OF A NOBLE SNOB
SONAM LUTHRIA
SONIYA AHUJA - NEW DELHI
SPREE
STUDIO RADICAL
SUBHASHINII
SUCHITRA'S
SUNITA & SHAGUN NAGI
SURMAYE
TARAASH
TARINA
TAROOB
TAU TURA SWIMWEAR
THE ARAB CRAB
THE PINK MIRROR
THE TEMPLE HOUSE BY RHEA
PILLAI
TOKI DOKI
TRIBECA BY ME
TULUA

TUSSAH BY SIDDHI SHAH
URMIL BY RITIKA & PRERNA
USHA BAGRI- KOLKATA
VAGA FASHIONS -DUBAI
VARUNA GUPTA
VEDIN INDIA
VIRACHI COUTURE
VIVAAN CREATIONS
WHIMSICAL BY SHICA
ZAMORAA THE LABEL I
MUKTA SABHARWAL

FASHION FOR LITTLE ONES

BABY BARN
BONHEUR KIDS
DULAAR
FAYYON KIDS BY PREETI JATIA
GREENDIGO
PEBBLES BY MAPLE

FASHION ACCESSORIES

AANCHAL SAYAL
ANAAR
BOTTOMLINE SHOES
CINDERELLA
HOUSE OF BIO BY RITTI KHANNA
JENA
MALAGA
MAULI CASHMERE
NAYA
PARIPARI
PARUL SHAH
RUMI DESIGN STUDIO
SHAZA
WINK BY KEJAL & PURVI
WRAPTURE BY SUZANNE

LIFESTYLE

7 PETALS HOME
AAKARSSHAN BY ABHIVYAKTI GULATI
ACCENTSROOM - NEW DELHI
ASEEMA FOUNDATION
BEDOLO
BLANK SLATE HOME
BLUEBERRY HOME
BRIC A BRAC
DERE & SONS SILVERWARE
DHEER RUGS
EAT PRAY DESIGN
GOYAL CREATIONS, JAIPUR
GRACE OCCASIONS
GRIHA - THE HOUSE COUTURE (DELHI)
KARMYOG (NGO)
LONDON HOMES
MASALA WORKS
MJ LABEL
RACHNAKUMAR
SANTUSHTEE
SATIANU - HOME SPACE FRAGRANCES
SMITAM LIFESTYLE
STORIIIES BY PQ
STUDIO POTTERY
TEESA HOME
TREASURED OCCASIONS
TSS THE SILVER STORY
VEEDAA

GOURMET

APER0 BY MALVIKA
APPETIZE
BOTTEGA ITALICA
CHOKKHA FOODS - DELHI
EXQUISITE_SIDDHI_SHAH
FOOD COLLECTIVE
GENDA PHOOL
GO NUTS II
HAPPYGUT COMPANY
HOLY MILLET
HOTCHAAI
KRISPY KRAVING
LITTLE MISSCHEF BY AASHNA TULSIANI
OPEN TABLE
R.A.C.K (RACHNA'S ALL CULINARY KITCHEN)
RASA FOODS
SNAP STIR
THE SOUL KITCHEN BY MIHIKA
THE TARTIST
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KSHITJ
RAJ UPHAAR
RISTAHANDICRAFTS
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FOOT MASSAGE BY THE NATIONAL ASSOCIATION FOR THE BLIND (NAB) AT THE SEATING LOUNGE - 2



SPONSORS



CHIC ETHNIC DESIGNS RULE THE RUNWAY

Day 1 of BTFW was a fusion of ethnic & contemporary designs



Mumbai's top fashion extravaganza, Bombay Times Fashion Week 2024, kicked off in style on October 18. Co-Powered by Usha Kakade Productions, the partners this season are Grand Hyatt Mumbai Hotel and Residences (Hospitality Partner), Ashwin Sheth Group's Edmont (Associate Partner), KLS Wellness Institute (Wellness Partner), 25 Residences (Luxury Partner), Nivea (Skincare Partner), Livon (Hair Styling Partner), BMW Excellence Club (Luxury Mobility Partner), Goa Tourism (Rejuvenation Partner), Sonani Jewels (Jewellery Partner), MeghaShrey (Social Wellness Partner), FujiFilm InstaX (Selfie Partner), Evocus (Hydration Partner), Vbev (Beverage Partner), Unnati Singh The Finishing School - Beauty Education (Hair & Makeup Partner), Bubble Communication (Media & Influencer Agency Partner), Kintree (Associate Partner), Ocean95 (Water Partner)

VISHAL KAPOOR PANACHE RUNWAY - THE FASHION HOUSE

Vishal Kapoor Panache Runway opened BTFW with a collection titled Phulwari along with jewellery partner Venus Jewels by Nikita Bhimsaria. The show was opened by Meenakshi Pange and closed by Anita Sharma. Nikita's jewellery designs in diamond, polki and gemstones ensured that every piece resonated with elegance and modernity Kapoor's chic collection is for all ages, sizes and genders. With intricate embellishments on layered silhouettes, vibrant colours, 3D appliques, luxurious fabrics like organzas, satin velvets and floral prints on French satins, Phulwari is an ode to the diversity of fashion, designed to empower the wearer to express themselves.



Showstoppers Jason Shah and Mannara Chopra with designer Vishal Kapoor



Meenakshi Pange

Photos: Prathmesh Bhandekar and Tejas Kudtarkar

WHISTLING WOODS INTERNATIONAL'S SCHOOL OF FASHION AND COSTUME DESIGN



Aiyanna Reimagined: Couture Evolution, presented by the students of Whistling Woods International's School of Fashion & Costume Design, was a striking display of creativity and craftsmanship. Themed around the fusion of tradition and modernity, the showcase featured avant-garde designs that seamlessly blended timeless artistry with experimental aesthetics, embodying the future of couture. Actor and WWI alumnus, Pavail Gulati, took centre stage as the showstopper, bringing one of the standout creations to life. The innovative showstopper garment will be auctioned, with proceeds contributing to CSR initiatives, reinforcing the powerful intersection of fashion and philanthropy.



(L-R) Meghna Ghai Puri (President, Whistling Woods International), Pavail Gulati, Subhash Ghai and Jewellyn Alvares (Head, Fashion & Costume Design)

ROYAL ALLY BY SALINA SAMAL

Chiraiyaa aims to promote Odisha's handloom and heritage with a blend of Banarasi glitz. The saris in this collection are a classic blend of beautiful fabrics and craftsmanship. The use of embellishment with shells and mirrorwork says everything about the cutting-edge techniques still preserved through the ages. Royal Ally curates the ancient techniques of weaving and embroidery in a modern way while keeping its originality.



Showstopper Sanjeeda Sheikh with Salina Samal (MD, Tripathaga Textiles)



Models showcase ethnic designs

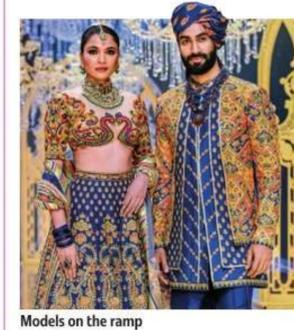
THE ROYALEUM BY HETAL SHAH



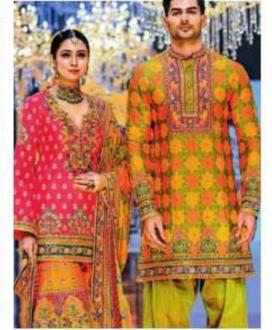
Designer Hetal Shah with showstoppers Taha Shah Badussha and Tara Sutaria

Hetal Shah's ensembles boast of stunning prints and playful elegance, where tradition meets the latest trends in a unique way. This collection brings

together the elegance of Indian heritage with a contemporary flair. Experience a blend of tradition and innovation, crafted to perfection.



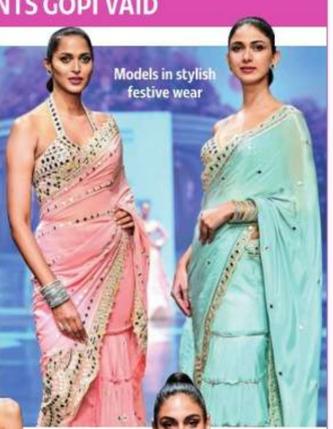
Models on the ramp



A G SUPERSTRUCTURES PVT. LTD. PRESENTS GOPI VAID

Designer Gopi Vaid's vibrant collection, Jhilmil, embodies youth, fun and sophistication. Celebrating Indian silhouettes with a modern twist, it features soft pastels and luminous mirrors that blend liveliness with elegance. Jhilmil reimagines tradition through contemporary saris, timeless lehengas and chic layering with blazers.

A G Superstructures Pvt. Ltd. is part of Ashish Group, which has successfully delivered over five million sq.ft in Mumbai. The company's motto is to build great homes with timely delivery.



Models in stylish festive wear



SPOTTED @ RELIANCE KIOSK



Subhash Ghai

SPOTTED @ ASHWIN SHETH



Sheetal Batra's designs meet Ashwin Sheth's luxury spaces at Edmont, Kandivali (W)

SPOTTED @ LIVON HAIR STYLING BOOTH



Mannara Chopra

SPOTTED @ NIVEA EXPERIENCE ZONE



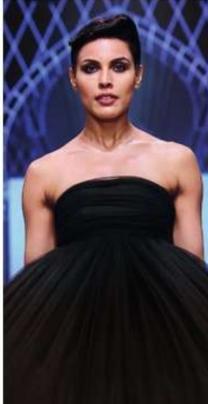
Iris Maity

SPOTTED @ GOA TOURISM KIOSK



Soundarya Sharma

LOOK OF THE DAY



A model showcases a look by HMU Partner Unnati Singh from The Finishing School - Beauty Education

SPOTTED @ SONANI LOUNGE



Vidushi Kaul spotted with Mahesh Sonani (Director) at the Sonani lounge

SPOTTED @ ULTRA LOUNGE



Vasant N Bhandari

SPOTTED @ EVOCUS LOUNGE



Tanuj Virwani

SPOTTED @ VBEV LOUNGE



Pritish Matai (Advisor, Strategy & Operations - VBev)

LIVE BAND



Live band performance by Praveer Barot

SPOTTED @ GRAND HYATT



Robert Dallimore (General Manager, Grand Hyatt Mumbai Hotel & Residences and Area Vice President, West India)

Pics: Prathamesh Bandekar and Tejas Kudtarkar

SIGNATURE BESPOKE BY UMANG MEHTA



(L-R) Karan Singh Chhabra, Vatsal Sheth, Vivek Dahiya, Umang Mehta, Shiv Thakare, Tanuj Virwani and Vivek Keshari

Umang Mehta, a designer known for his innovative approach and stylish designs, showcased a collection that is sure to make its way into your wardrobe.

Models showcase designs on the runway

RESHMA RIYAZ GANGJI LIBAS



Riyaz Gangji and Aman Gangji with showstoppers Ronit Roy and Saundarya Sharma

Saundarya Sharma walked for Reshma Riyaz Gangji Libas in a stunning pink number. The collection titled Mastana personified all things bridal and trousseau. The collection transcends through a palette of pristine whites, softened blacks and muted gold undertones. The show was a poetic journey of transformation and rediscovery. Present at the show were Aslam Sheikh, Rajeev Paul & Chandani Soni amongst others.

Models showcase designs on the ramp

SHOWBIZ

It was Ankita who suggested I try my hand at acting: Vicky



Vicky Jain; (inset) with Ankita Lokhande

'We'd definitely like to start a family at some point'

Ankita and Vicky have been married for three years and often there is buzz about the couple planning to start a family soon. To that, Vicky said, "It's such a beautiful part of life and we would definitely want that at some point. We are both very family-oriented and love spending time with our families."

Remember the TV show *Fauji* which saw Shah Rukh Khan become a household name three decades ago? Now there's a *Fauji 2* being planned and Vicky Jain is set to make his acting debut in the show. Vicky, who is a businessman and has been part of *Bigg Boss* and *Laughter Chefs* along with actress wife Ankita Lokhande, will be part of the show.

When we reached out to Vicky, he said, "I am co-producing this show and will play a small part in it as well. I play Gaahar Khan's husband."

Admitting that he is nervous about his acting debut, Vicky said, "I am very nervous because it is not an easy job... it takes a lot to portray a character on screen. Doing a reality show and playing a character in a fiction show are two different things."

When asked what prompted him to give acting a shot, he replied, "It's just one life, so might as well give it a shot... why not? I'm fortunate that I get to do what I want to. I'm a businessman and I like to take risks and enjoy challenges, so I thought of trying out acting as well. As I was producing this show, I thought it was a good idea to take up a role here. I am not playing a *fauji* in this. SRK sir was part of this show earlier and so the excitement is even more."

And what did wife Ankita have to say about his decision? "It was Ankita who suggested that I try my hand at acting with this show. She has always been supportive. This is her fraternity and her experience helps me. Post this, I plan to produce more projects. I always had a fascination towards the entertainment industry, but I never planned to be a part of it. However, things just happened. I'm a happy-go-lucky guy and I'm just enjoying my life here, nothing else."

—Hasti Doshi

I want to clarify I haven't quit television: Jigyasa Singh



@jigyasa_07

Jigyasa Singh, who became a household name as Thapki in *Thapki Pyar Ki*, quit the show's second season in February 2022 due to health reasons. What was initially meant to be a short break turned into an extended absence from the industry. Reflecting on her decision, Jigyasa shares, "I have been working continuously since 2013, and it's natural to experience physical and emotional highs and lows. I pushed myself too hard and ignored my health, leading to exhaustion. I had to step away from *Thapki 2*, a character I loved dearly. It wasn't a choice, but a necessity due to my health. I needed time to recover and reflect on things before I could return to work."

'I AM EAGER TO RETURN TO MY FIRST LOVE - TELEVISION'

However, she didn't anticipate her break would extend for nearly two years. She says, "Taking a break was the right decision, but I didn't expect it to last this long. Now, when I go for auditions, people often ask if I've quit TV and shifted to the web, which isn't true. I want to clarify I haven't quit television. I am completely fine now and eager to return to my first love - television. The medium has given me so much, and I'm grateful for the love and recognition I've received. I'm open to roles that resonate with me and offer creative satisfaction, regardless of the medium."

— Neha Maheshwari



Jigyasa Singh; (inset) in *Thapki Pyar Ki*

To stay updated on all the showbiz happenings, follow [bombaytimes](#)

'It only takes one good show to make a lasting impression'

Jigyasa signed three projects over the past year and a half, but none materialised. The actress, who has appeared in shows like *Nazar*, *Shakti - Astitva Ke Ehsaas Ki*, and *Dev*, says, "I signed three shows during these two years, but they got shelved. I've been selective about the roles because I don't want to repeat myself or take on stereotypical characters. It only takes one good show to make a lasting impression on the audience."

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The Spice Girls were originally called Touch

The band changed its name to Spice after co-writing the song *Sugar and Spice*. They eventually changed it to Spice Girls after discovering that another artist already had the name Spice.

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'I aim to take Marathi cinema to new heights'

After a string of films in a variety of genres, Pushkar Jog is set to bring another interesting story to the Marathi audience. Titled *The AI Dharma Story*, the film directed by Pushkar deals with the topic of artificial intelligence. He also features in a prominent role in the movie along with Smita Gondkar and Deepthi Lele.

Pushkar is known to bring compassionate and relevant stories to viewers with underlying themes of love, friendship and relationships. *The AI Dharma Story*, too, will bring a story that has never been seen before in the Marathi movies. Moreover, it's a film that people across age groups can enjoy.

Speaking about the film, Pushkar says, "I always try to give viewers new experiences, and this film is another step in that direction. International cinema has had a big influence on me, and my endeavour is to have the standard of Marathi films on par with global movies. The visual

I always try to give viewers new experiences, and this film is another step in that direction
— Pushkar Jog

quality, action and the overall experience will help bring the younger audience to cinemas." The actor-filmmaker adds, "We recently launched the trailer of *The AI Dharma Story*, and it promises Hollywood-style grandeur. We have been getting good feedback and are eager to see the same reflected when the film releases in cinemas."

Presented by Be You Productions and produced by Goosebumps Entertainment and Tejal Pimpley, *The AI Dharma Story* releases in cinemas on October 25.



PUSHKAR JOG

Self-defence isn't just about fighting back, it's about building confidence: Richa

Richa Chadha, along with Ali Fazal, are organising self-defence workshops for young women

Richa Chadha and Ali Fazal



DANCE TROUPE FILES FIR AGAINST REMO D'SOUZA

A case has been filed in Mumbai against Remo D'Souza, his wife, and five others for allegedly cheating a dance troupe of 11.96 crore, police reported on Saturday. The troupe claims the accused cheated them out of prize money they had won on a TV show.

PTI



Diljit Dosanjh becomes 1st Indian artiste to feature on Billboard Canada

Diljit Dosanjh has become the first Indian artiste to be featured on the cover of Billboard Canada. The magazine edition will feature exclusive content from his Dil-Luminati tour.

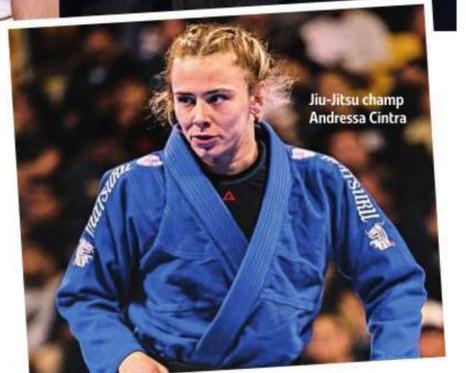
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Richa Chadha and Ali Fazal have always spoken about gender representation in the film industry, and the couple's new initiative bats for women's safety. The two, along with *Girls Will Be Girls* director Shuchi Talati, were the first to train women who wished to work as gaffers in the film industry. Now, they have reached out to an NGO (Mukkamaar), which teaches girls self-defence, and organised a Jiu-Jitsu workshop conducted by world champion Andressa Cintra in Jiu-Jitsu for them. Two more workshops will be held soon.

Richa says, "Self-defence isn't just about fighting back; it's about building confidence, resilience, and awareness. When we learned that Andressa would be interested, we put together this unique one-day workshop. We're proud to partner with this NGO that has been empowering young girls through self-defence for years." Ali adds, "I have been training in Jiu-Jitsu, and having the children of this NGO meet with Andressa meant that they'd have such a solid role model in terms of what they can become. Especially for the young girls to meet and learn from a world champ her one-on-one, even if it was for a few hours, is inspiring and fantastic."

Renuka Vyavahare



Jiu-Jitsu champ Andressa Cintra

Having the children of this NGO meet with Andressa (Cintra) meant that they'd have such a solid role model in terms of what they can become

— Ali Fazal

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