



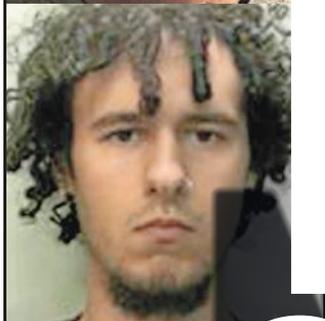
## TAYLOR TERROR PLOT FOILED

SEE PAGE 8

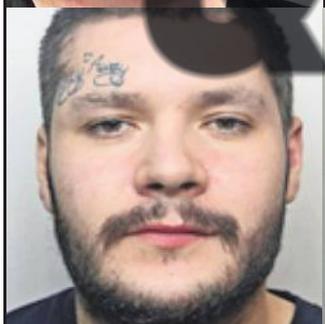
# CRACKDOWN ON VIOLENT YOBS



● RIOTERS ARE LOCKED UP IN INSTANT JUSTICE  
● BIGGEST MOBILISATION OF POLICE IN UK HISTORY



# NAILED & JAILED



By **THOMAS GODFREY**  
**SHAMED** rioters were handed swift justice yesterday as courts went into overdrive to restore order to the streets. One got a three-year jail term for punching a cop during violence in Southport. Dozens were found guilty and imprisoned awaiting sentence. Last night the biggest police mobilisation in British history was in force to combat further planned carnage by hoodlums at 100 sites.  
*Full Story – Pages 4, 5, 6 and 7*



# PAIN AFTER OAP CASH AXED

# WINTER FUEL BILLS TO ROCKET BY 10%

**WINTER fuel bills are set to soar ten per cent — in a particularly bitter blow to pensioners stripped of cold weather payments.**

Ten million old people who no longer get help of up to £300 a year will now be among those facing a £140 annual jump in energy costs.

Regulator Ofgem will reveal its latest price cap — the maximum suppliers can charge for gas and electricity — in less than three weeks. It will

By **ASHLEY ARMSTRONG**, Business Editor

come into force in October. Analysts at energy consultancy BFY Group forecast it will rise ten per cent, from the current £1,568 to £1,700. Cornwall Insights predict a similar leap.

It comes after Chancellor Rachel Reeves announced the axing of the winter benefit, ranging from £100 to £300 depending on a pensioner's age and whether they live alone. The payment had been in place since 1997.

The government decision was slammed by charity Age UK, which warned two million poorer pensioners "will be in serious trouble as a

result". Its protest petition has more than 270,000 signatures.

Energy bills have fallen dramatically from their peak of £2,500 last year — but still remain at least £500 more than the average level in 2021.

Consumer experts have recommended trying to save money by finding a fixed energy deal to cushion any price cap increase. But price comparison website Uswitch warned customers to check if such deals had exit fees before signing up.

And several big energy firms have already withdrawn their cheapest fixed-rate deals.

ashley.armstrong@the-sun.co.uk

**£1,700**  
Predicted new price cap, up from current **£1,568**



Sparked row... Tory

## Anger at Jenrick's arrest call

By **NOA HOFFMAN**

TORY leadership hopeful Robert Jenrick sparked a row yesterday by suggesting protesters who shout "Allahu Akbar" should be "immediately arrested".

The ex-immigration minister made the comment after accusing Sir Keir Starmer of being too lenient on Islamists.

He later clarified his remarks, saying: "Allahu Akbar is spoken peacefully and spiritually by millions of British Muslims in their daily lives."

But he said "extremists routinely abuse common expressions for their own shameful ends".

It came as minister Jim McMahon denied billionaire Elon Musk's claim the UK has two-tier policing. The row ramped up on Monday when cops backed away from Asian protesters in Birmingham.

Riot Thugs Caged — Pages 4&5

# REEVES BID FOR MORE WORKERS

CHANCELLOR Rachel Reeves has vowed to get more jobless Brits back into work as the £306billion welfare bill spirals "out of control".

She will launch a crackdown on benefits spending as the workless crisis in the country puts the brakes on the economy booming.

Her intervention comes as 9.4million are economically inactive — not working or looking for a job — and 2.83million are off on long-term sickness.

Speaking on a trip to meet UK investors in North America, Ms Reeves said yesterday: "We are going to give local leaders, the people who know the area and the local job market best, more powers and responsibilities to get people into work."

"We need to get this right, because helping the people get into work and stay in work will help fix the foundations of our economy to rebuild Britain and make every part of the country better off."

Treasury officials will be tasked with looking at issues such as health and child-care, which

**EXCLUSIVE**  
by **RYAN SABEY**

are stopping many people from working and helping the economy.

Welfare costs have increased 64 per cent since 2010 — when the bill stood at £187billion.

Economists predict the bill could reach £326billion by 2028-29.

Ms Reeves is also concerned with benefits "fraud and error" — which cost some £10billion a year — and are set to continue rising.

The Sun Says — Page 12

Plan... Reeves



# FOREST FURNACE

**A FIREFIGHTER battles a huge wildfire in California — but it shows no sign of letting up.**

The crew member was trying to create a break by destroying a corridor of vegetation near Mill Creek, in Tehama County,

By **JOE HADDEN**

yesterday. The blaze started in San Bernardino on Tuesday.

Within hours it had consumed around 100 acres, stoked by temperatures of up to 38C. The

wildfire, the fourth largest in the state's history, has engulfed homes and triggered mass evacuations.

Investigators are working to find out what sparked the blaze amid fears it could be arson.

## CORRECTIONS & CLARIFICATIONS

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## £32m for A.I. plans

HIGH-TECH projects will get a £32million funding hike in a bid to improve sluggish public services. The Government yesterday confirmed more than 200 firms are set for a cash boost for artificial intelligence plans.

Initiatives include systems to help cut train delays and improve NHS prescription delivery times via AI algorithms.

Minister for AI, Feryal Clark, said: "We want tech to boost growth and deliver change."

**GLASGOW** 18  
**EDINBURGH** 17  
**NEWCASTLE** 17  
**LEEDS** 17  
**MANCHESTER** 17  
**LIVERPOOL** 17  
**BIRMINGHAM** 20  
**NORWICH** 23  
**CARDIFF** 21  
**PLYMOUTH** 20  
**BRISTOL** 19  
**LONDON** 21  
**SOUTHAMPTON** 21

## Sun WEATHER

**TODAY:** Early sunny spells but clouds will build bringing showers to the west. Heavy and persistent rain will push across northern Britain later.

**TONIGHT:** Rain will clear northwards overnight to reveal clear periods, variable amounts of cloud cover and a threat of some showers developing.

**OUTLOOK:** Bright but breezy tomorrow with lots of sunshine. A scattering of showers will develop, mostly across the north-west. Sunny spells on Saturday.

**FRI 25°**   **SAT 25°**   **SUN 28°**   **MON 24°**

### SUJIKO

PLACE the numbers 1-9 in the spaces so that the number in each circle is equal to the sum of the four surrounding spaces. Solution on Puzzles page.

3	17	18
	16	21

PUZZLES: PAGE 40

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### TODAY'S BIRTHDAYS

**FORMER** boxer **CHRIS EUBANK**, 58, left, retired racing ace **NIGEL MANSELL**, 71, Harry Potter actress **KATIE LEUNG**, 37, right, East 17 singer **BRIAN HARVEY**, 50, and Falklands War vet **SIMON WESTON**, 63.

● Last night's National Lotto numbers: 10, 11, 22, 42, 49, 56. Bonus ball: 58. Health Lottery: 3, 8, 32, 33, 48. Bonus ball: 12.



Picture: NEENA SWIM

# BRI'S DEAD GORGEOUS

FANS of model Briana Smith are lucky she turned her back on a career as a funeral director.

Briana, in a Neena Swim bikini, was training with her mortician uncle and working as a Hooters waitress when she

By JACK HARDWICK

won the US restaurant chain's beauty pageant in 2019. The 25-year-old said of her experience as an undertaker: "It taught me to enjoy life to its fullest."

## MATCH FIT

# WATCH WEIGHT ON TV



## Viewing sport burns as many calories as exercise

By SAM BLANCHARD

**WATCHING** sport from the sofa could keep fans in trim as it can burn as many calories as exercise, say scientists.

They claim the bodily reactions during a 90-minute football match on the telly were equal to the effects of a 45-minute run.

Fans weighing 80kg burnt up to 540 calories by fidgeting, jumping, air-punching or shouting for three quarters of the match.

A tennis fan cheering and clapping during a three-hour match could burn up to 432 calories, the

same as an hour's swim. And athletics fans watching for an hour while pacing for a quarter of it could burn up to 162 calories – the same as a 30-minute walk.

The formula was devised by sports scientist Dr Dale Eslinger at Loughborough University.

He found 42 per cent of fans watching sport at home reported an increased heart rate, an adrenaline rush (30 per cent) or an inability to sit still (38 per cent).

Dr Eslinger said: "The research provides further support that watching sport is positively associated with wellbeing and vitality." [sam.blanchard@the-sun.co.uk](mailto:sam.blanchard@the-sun.co.uk)

## HEARTBREAK FOR LEWIS



**bizarre**

PAGES 20 & 21

# COURTS IN SWIFT ACTION

## VILE DOZEN CAGED AT HEARINGS

THE courts have moved quickly to lock up those involved in the riots of the past week. These are the first 12 guilty of public order offences. Those not jailed were remanded in custody to be sentenced in the coming days and weeks.



Liam Ryan, 28, of Bradford, remanded



Derek Drummond, 58, of Liverpool, three years



Andrew Smith, 41, of Sunderland, remanded



Liam Riley, 40, of Liverpool, 20 months



Bradley Makin, 21, of Sunderland, remanded

**THUGS** who were caught rioting on camera were among a string of yobs locked up yesterday.

Some wept after they were nailed for offences including arson, racially aggravated assault and violent disorder.

More than 120 people have been charged and 430 arrested as prosecutors work "round the clock" to catch as many demonstrators and far-right hate-stirrers as possible.

Last night police chiefs vowed the number would rise following widespread violence, adding: "Be warned - if you have played a role, you can expect a knock at the door."

Yesterday Derek Drummond, 58, was jailed for three years for punching a cop in Southport last Tuesday, 24 hours after three girls were killed at a dance class.

The haulier from Liverpool, since sacked, called officers "s\*\*\*houses" then hit PC Tom Ball in the face. Liverpool crown court heard he had a history of violence.

He will be joined by Declan Geiran, 29, who was jailed for 30 months after being caught on CCTV torching a police van in Liverpool city centre last Saturday. Geiran also sent threatening messages to a woman who slammed him online, for which he got two months.

Liam Riley, 41, who drunkenly joined a march through the city, admitted violent disorder and a racially aggravated public order offence and got 20 months.

The trio are the latest to be jailed after 18-year-old James Nelson was caged for two months in Manchester on Tuesday.

Sir Keir Starmer said: "This is the swift action we're taking."

"If you provoke violent disorder on our streets or online, you will face the full force of the law."

In the South West, yobs nicked during a march in Plymouth on Monday night appeared in the local magistrates' court.

Daniel Maguire, 45, and Michael Williams, 51 - both seen dragged off by police during the disorder - admitted public order offences. Lucas Skeaping, 29, shoved a 17-year-old boy to the floor. They all face jail time at sentencing today.

Another caught on camera was Cole Stewart, 18, who was seen "celebrating" after hurling bricks at officers in Darlington on Monday, injuring one.

He then yelled "I'm a child!" as he was



## Guilty riot thugs nabbed on camera

## Three get 7yrs jail total, 430 arrested

arrested. The teen admitted violent disorder at Newton Aycliffe magistrates' court and will be sentenced at Teesside crown court tomorrow. Police chief Gavin Stephens last night urged parents to warn kids of the potential consequence of attending protests. He said: "Once arrested, and even if you have no prior convictions, we promise you that you will be remanded into custody. You won't be going home to see your family and friends."

Elsewhere, a man seen on TV wielding a stick as part of a counter-protest against the far-right was also remanded in custody. Shehraz Sarwar, 46, was arrested in Birmingham on Monday. He denies possession of an offensive weapon and will appear at the city's magistrates' court again next week.

Meanwhile, Liam Ryan, 28, who attacked a black passer-by during violence in Manchester, was seen shaking and crying in the dock as he admitted violent disorder.

He had travelled from his home in Bradford to "play an active role in the disorder", Manchester magistrates' court was told.

He was remanded in custody for sentencing next week.

Another thug who live-streamed himself ranting and using racial slurs outside a migrant hotel in Stockport also pleaded guilty.

Aaron Johnson, 32, told staff he would "smash their face in". He was remanded in custody and will be sentenced at Minshull Street crown court on August 21.

Another accused of violent disorder lashed out after being refused bail. Matthew Wilson, 31, denied racially aggravated assault

and making homophobic comments. As he was remanded in custody he punched the glass of the dock and shouted obscenities at the judge.

He was hauled back to apologise after being threatened with a week-long jail term for contempt of court.

Others in court yesterday included Charlie Bullock, 21, said to be "the main instigator" of a group pushing against police in Middlesbrough. He admitted violent disorder at Teesside magistrates' court and faces jail tomorrow at the crown court.

On Tuesday, Bradley Makin, from Sunderland, admitted violent disorder during riots in his home city. He was also later found in possession of cocaine and heroin. He admitted the offences at South Tyneside magistrates' court and will be sentenced this week.

Joshua Simpson, 25, was also warned he faces jail after kicking a cop during rioting near Rotherham. He will be sentenced at Sheffield magistrates' court later this month.

On Monday, two men and a woman who rioted in Sunderland were also facing jail.

Leanne Hodgson, 43, of Sunderland, and Josh Kellett, 29, of Washington, admitted violent disorder at South Tyneside magistrates' court.

Andrew Smith, 41, of Sunderland, also admitted the same offence at Newcastle crown court. All three will be sentenced next month.

Dozens more riot suspects will be hauled before courts today.

Last night the CPS warned it will tackle social media posts after The Sun's call to clamp down on hate and lies. Stephen Parkinson, Director of Public Prosecutions, said: "Anyone stirring up hateful or threatening activity on social media is potentially contributing to the violent disorder."

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# CAUGHT IN

# AGAINST VIOLENT MOB



Lucas Ormond-Skeaping, 29, of Devon, remanded



Leanne Hodgson, 43, of Sunderland, remanded



Josh Kellett, 29, of Washington, remanded



James Nelson, 18, of Bolton, two months



Declan Geiran, 29, of Liverpool, 30 months



Aaron Johnson, 32, of Stockport, remanded



Joshua Simpson, 25, of Cleethorpes, remanded



**GUILTY**



Daniel Maguire, left, and Michael Williams hauled off in Plymouth

**GUILTY**



Cole Stewart, 18, seen throwing bricks at Darlington police



Sun's call . . . yesterday's front

## Tech firms' Ofcom rap on anarchy

By MARTINA BET and NOA HOFFMAN

SOCIAL media bosses were warned last night as Ofcom demanded immediate action to tackle the surge of online hate.

Britain's media watchdog blasted platforms for not doing enough to protect users from harmful videos.

In an open letter, the regulator reminded them stricter rules under the Online Safety Act are just a few months away. But it added: "There is no need to wait to make your sites and apps safer for users."

Government figures blasted major firms for failing to stop hate and incitement of violence.

The Sun yesterday called on sites including Facebook, X, Instagram and TikTok to "clean up the social media sewer".

MPs also called for more government action.

Former Home Secretary Dame Priti Patel said: "Misinformation is undermining the police's attempt at quelling the horrific violence and disorder."

"That is why Parliament must be recalled, so MPs can scrutinise the Government's work to stop misleading online content and understand how they are co-operating with social media."

Meanwhile, app Telegram has pledged to remove all posts and channels inciting thuggery.

The encrypted messaging service will use proactive monitor servers, while also making use of AI detection tools.

One server with 15,000 members listed the targets for last night's demos, before being removed on Sunday.

The National Security Online Information Team will be assessing social media amid the riots. It has experience monitoring anti-lockdown campaigners.

The Sun Says — Page 12

# THE ACT

# MASSIVE COP OPERATION

## HORROR DEATHS INQUEST OPENS

By THOMAS GODFREY

AN inquest into the deaths of the three girls in the Southport knife attack heard it was "impossible to articulate the devastating lifelong effects of the truly tragic events".

Bebe King, six, and Elsie Dot Stancombe, seven, died in a horrific knife rampage at a Taylor Swift-themed dance party last Monday. Nine-year-old victim Alice da Silva Aguiar died in hospital the following morning.

The inquest was formally opened and adjourned at Bootle Town Hall in Merseyside yesterday. It heard 26 children were

in the Hart Space dance studio when the attacker set upon multiple people, fatally wounding the three girls and seriously injuring ten others, including eight children.

Coroner's assistant James Martindale told the court: "Elsie was identified by Police Constable Anthony Holden on July 29 by confirmation of the clothing she was wearing and a recent photograph."

"Her death was pronounced at 1.53pm in the dance studio."

He added: "Bebe King was identified by Police Constable Claire Williams by confirmation of the clothing she was wearing and a recent photograph."

Senior coroner Julie Goulding, who said it was "impossible to articulate the devastating lifelong effects" of the attack, added that the opening of the inquest was a "short, sombre, formal process".

Full inquests are likely to be held next year after criminal proceedings end. Axel Rudakubana, 18, has been charged with the three girls' murders and the attempted murder of ten others.

## Thugs terror charge threat

BRITAIN'S top counter-terror cop last night warned rioters: "We are watching and will not hesitate to use our powers."

Met Assistant Commissioner Matt Jukes said far-right violence is being assessed to see if agitators can be prosecuted under terrorism legislation.

It also emerged even first-time offenders who riot will be locked up under tough measures to deter violence. Police have been told to avoid bailing suspects and to put them before courts so they can be remanded in jail.



**SOUTHEND**

Workers board up charity shop amid anti-immigration protest fears



**BRISTOL**

Hundreds mass for a counter-demonstration in city centre street

## King asks to be kept updated



# CLASH

**THE biggest police mobilisation in British history rolled on to the streets last night to combat planned carnage at 100 sites by far-right thugs.**

All but two of the 43 forces in England and Wales were on alert for more demonstrations in the wake of the Southport tragedy, with 6,000 elite officers braced for chaos. Banks of police riot vans were in position from 5pm as King Charles made a formal request to be kept updated on the evolving situation after thugs vowed to target scores of migrant centres.

Early hopes the violence may not develop were boosted however, as the first planned demonstration scheduled for 1pm saw only two protesters out of

By ROB PATTINSON, SAM CREED, THOMAS GODFREY & TOM DUFFY

hundreds expected turn out at Thompson Park in Burnley.

In Brighton, 2,000 counter-protesters far outnumbered an anti-immigration group of only four people. No arrests were made.

Around 500 arrived to protect an asylum rights legal firm in Queens Road after just five turned up to attempt to ransack it.

There were at least a dozen counter-protests held across the country, overwhelming others attempting to fan the flames.

Hundreds took to the streets in Bristol, where a counter-protester was held for throwing a brick at a police car. More counter-demonstrators gathered in Birmingham and Walthamstow in North West London.

In nearby North Finchley, orange posters bearing the words "refugees welcome" appeared around

the high street. A large group gathered in Hackney, East London, as the capital's mayor Sadiq Khan urged people to show "care and compassion".

Anti-immigrant crowds were massing last night in Sheffield, Derby and Middlesbrough where, along with Carlisle, Lincoln and Durham, dispersal orders were in place to combat trouble.

Businesses nationwide shut early, including a late-night Tesco Metro in Birmingham below one of the named 100 migrant centre targets.

Shops in Liverpool, Tamworth, Staffs, Bristol and Southend in Essex also closed.

A video on Twitter/X showed workers boarding up windows in Northampton.

In Manchester, police cars were parked next to Piccadilly Gardens, scene of disorder on Saturday.

Supermarkets, including Tesco, were on high alert, while broadcaster Sky had extra security at its

campus in Osterley, West London. Staff were told to leave work early and avoid nearby rail stations.

Several pubs in Wigan, Gtr. Manchester, agreed to close early over fears alcohol was playing a role in spurring on thugs.

A spokesman for the Lincolnshire Community Foundation said the organisation was "deeply saddened" by riots planned for Lincoln. Three arrests were made but there was no major unrest.

In South Yorkshire, Muslim leader Abrar Javid said locals in Rotherham were frightened about a repeat of Monday's violence when a hotel housing asylum-seekers was attacked.

No far-right yobs turned up, but he said: "People are on edge."

"Mothers just going about their daily business, shopping, are asking us if it's safe to go outside."

Saira Hussain, who runs HAD, an architectural practice with offices in Manchester, Burnley,

# TO TACKLE UP TO 100 RIOTS

## Huge counter protest on streets



Outnumbered... cops protect far-right group from demonstrators in Brighton, and right, a sign seen in city



### WALTHAMSTOW

Counter-demonstrators with flags gather ahead of rumoured riot



### NORTHAMPTON

Shop's windows are boarded up in East Midlands town

# WEDNESDAY

Blackburn and North London, described last week's demos as "really upsetting".

She said a shop in central Manchester next to HAD's offices had its windows put through while neighbouring businesses have had their shutters down all week.

Yesterday, fears of a counter-protest were sparked after fake news appeared on social media of an "acid attack" against a Muslim in Bolton, Gtr Manchester.

MP Yasmin Qureshi clarified: "I spoke to the superintendent at 12.40 and can assure you this is categorically NOT true."

But across the North West last night tensions appeared to calm as promised riots did not materialise.

In Blackpool, just one arrest was made as 50 far-right demonstrators took to the streets chanting "EDL", while in Oldham an immigration centre that had been listed as a target went untouched.

A threatened march in Sheffield

also failed to materialise. Eight people were arrested in Croydon, South London, but the Met Police said they were "not linked to protest" and that it appears to be "pure anti-social behaviour".

In Portsmouth, a 17-year-old anti-racism protester was arrested for blocking a road.

Last night, messages in far-right Telegram groups used to plan the botched marches began making excuses for why their plans failed.

One wrote: "You can take these things as demoralisation or you can view it as a tactical approach that wrongfooted thousands of far-left activists and minority allies to mob up and cause serious concerns to the wider population."

Police said thoughts are now turning to tomorrow and the weekend, where they think there is "potential for trouble" when the Championship football season begins.

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## Tragic cabbie is 'devastated'

EXCLUSIVE by THOMAS GODFREY

A CABBIE who drove Axel Rudakubana before the teen allegedly knifed three children to death and wounded eight more is "devastated", his wife said.

Gary Poland, 55, of Southport, picked up the suspect, *inset*, in his taxi before last Monday's attack.

Yesterday his wife Lynn said he "feels responsible". She said: "He's unable to talk about it. All he's thinking is what happened to those children." Neighbours said Gary is a "lovely person".



### BRIGHTON



Anti-immigrant protester gives V-sign as cops shield him

# TAYLOR CONCERTS AXED AFTER TERROR ARRESTS



**THREE Taylor Swift concerts were cancelled last night after two men were arrested on suspicion of plotting Islamist terror attacks.**

Police in Austria held the pair in the capital Vienna. A 19-year-old Austrian was arrested yesterday morning after chemicals were found at his home. The second arrest happened in the afternoon. The cancelled Vienna gigs were scheduled for tonight, Friday and Saturday. A large police operation took place in Ternitz, where the 19-year-old lived. Houses nearby were evacuated while his home was searched. General director

By **JOE HADDEN**

for public security Franz Ruf said: "According to the current status of the investigation, the two suspects became radicalised via the internet." He said the 19-year-old made "an oath of allegiance" to so-called Islamic State at the beginning of July. Vienna police chief, Gerhard Purstl, said 65,000 people had been expected to attend the concerts each day, as well as 22,000 fans outside the venue. A

statement from concert organisers Barracuda Music said: "Due to confirmation by government officials of a planned terrorist attack at the Ernst Happel Stadium, we have no choice but to cancel the three planned shows for everyone's safety." One fan said: "I can't believe the concert I've been waiting over ten years for is gone. Don't think I'll ever get over this." Swift will play five nights in London starting next Thursday.

statement from concert organisers Barracuda Music said: "Due to confirmation by government officials of a planned terrorist attack at the Ernst Happel Stadium, we have no choice but to cancel the three planned shows for everyone's safety." One fan said: "I can't believe the concert I've been waiting over ten years for is gone. Don't think I'll ever get over this." Swift will play five nights in London starting next Thursday.

Safety fears . . . Swift



Closed . . . Tavistock

## Doctors rap BMA in trans kids row

By **SAM BLANCHARD**

DOCTORS turned on the British Medical Association over its "unethical" demand for kids wanting to change gender to be given puberty-blockers. The union has vowed to oppose implementation of the Cass report, which called for tougher safeguards on such treatments. But doctors have sent an open letter to the BMA saying they disagree with its hardline stance. They write: "We say, 'not in my name.'" The NHS is to take "a more cautious approach" on sex hormones for children. And six regional clinics will replace the controversial Tavistock Centre after it closed. The NHS will also launch its first ever service for trans patients wanting to return to their birth gender.

## Tributes for pilot

TRIBUTES have been paid to a "true gent" who died in a replica Spitfire. Experienced pilot Peter Hughes, 71, crashed shortly after take-off. Peter, the only person on board the plane, was declared dead at Enstone Airfield, Chipping Norton, Oxfordshire. His family said they were devastated, adding: "Pete was an extremely good man who was deeply generous in so many ways." Pal Trevor Hyde called him a "true gentleman" who will be greatly missed. An investigation into the cause of the crash on July 28 is under way.

## London's grub low

LONDON restaurants have the lowest average hygiene ratings in the UK, says a study. They scored 4.36 out of five while the typical rating nationally was 4.66. Shockingly, 186 eateries in the capital got zero and 802 scored just one. If London boroughs were counted as towns, they would take the bottom three slots in a list compiled by High Speed Training. Waltham Forest averaged 3.74, Ealing 3.92 and Barking and Dagenham 3.95. Report author Dr Richard Anderson urged customers to "check all food hygiene ratings".

## ABBEY GRAB IT

Burglars stole religious artefacts worth thousands from 1,300-year-old Saxon Sherborne Abbey, Dorset, on Tuesday night.

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Animal magic . . . fans posing for selfies

**TRIO FOR BANKSY**

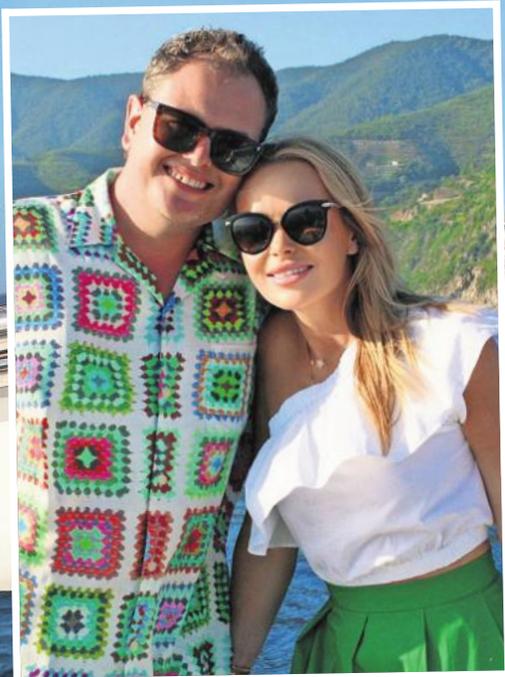
By **SAM CREED**

MYSTERY artist Banksy's in the swing of it with his third animal work in days. A black silhouette of three monkeys appeared yesterday on the bridge of an East London station. Fans swarmed Brick Lane to grab pictures of the work. On Tuesday an image of two elephants appeared on a building in Chelsea and on Monday a mural of a mountain gazelle was revealed in Kew, West London.

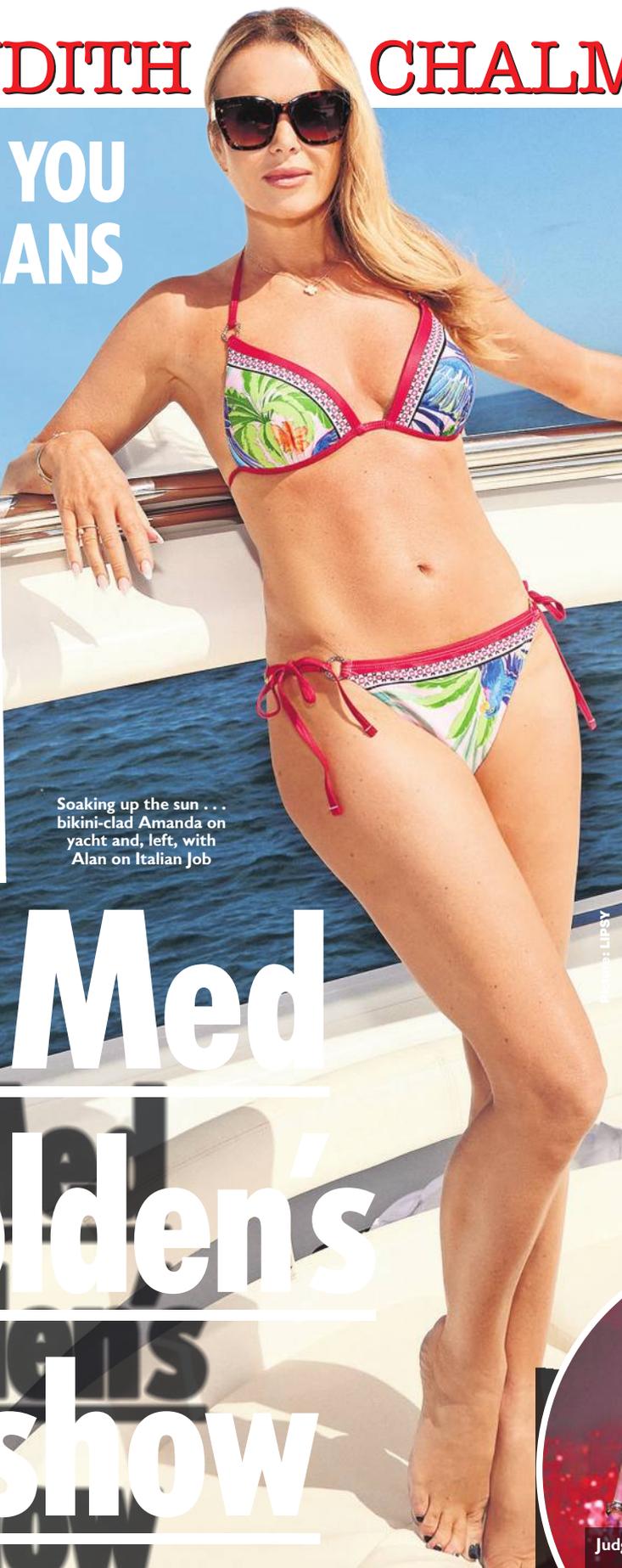
First two . . . gazelle, left, and two elephants

# A NEW JUDITH CHALMERS?

## BOSSSES' WISH YOU WERE HERE PLANS



Soaking up the sun... bikini-clad Amanda on yacht and, left, with Alan on Italian Job



**EXCLUSIVE**  
by **ROD MCPHEE**, TV Editor

**ITV bosses are eyeing up Amanda Holden and Alan Carr for a similar holiday programme to their hit BBC travel show.**

They believe the Britain's Got Talent judge and her comedian chum can recreate the huge success of Amanda & Alan's Italian Job, where they help to renovate properties around the Med.

Alan, 48, and Amanda, 53, have recently filmed a third series, where they journey into Spain.

But they could be offered a lucrative deal on ITV – former home of Wish You Were Here...?, the long-running holiday show first hosted by Judith Chalmers in 1974.

A TV insider said: "You're talking about a potential 21st-century version of Wish You Were Here...?".

"It is ironic because Alan has joked that Amanda – who's often pictured holidaying in a luxurious foreign resort – is a modern-day Judith Chalmers.

"But in recent years many of her journeys abroad have been with Alan by her side, and their friendship has grown deeper while making the three series of the Mediterranean travel shows.

"The duo are even on holiday together now in Greece and the most recent video of them messing around in the Med has been watched eight million times.

"Their pairing is a winning combination – she brings the glamour, he brings the giggles."

ITV have signalled how much they admire the pair by hiring them to host the Royal Variety Performance in November.

Alan could also be invited to be a stand-in judge alongside Amanda on BGT in October, when regular Bruno Tonioli may be away in the US for Dancing with the Stars.

Amanda is viewed by ITV as a home-grown star after appearing on drama Wild at Heart in 2006, before becoming a BGT judge.

But in recent years she has been doing increasing amounts of work with the BBC, Channel 4 and Sky.

Meanwhile, Alan has similarly flitted between networks after fronting his Chatty Man chat show on Channel 4 from 2009 to 2017.

He made two series of his autobiographical drama Changing Ends for ITV as well as gameshow Picture Slam and Interior Design Masters, both for BBC One.

Series one of Amanda & Alan's Italian Job, which was filmed in Sicily, aired in 2023, while the sequel, made in Tuscany, was released earlier this year.

Amanda & Alan's Spanish Job, set in Andalucia, is expected to go out later this year or early in 2025.

ITV declined to comment.

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# ITV's Med for Holden's hols show



Judges... BGT's Amanda & Alesha Dixon

## EAGLE CHICKS SOAR

TWO white-tailed eagles which last year had the first chick in England since 1780 have had another two.

The parents, among 37 of their kind released on the Isle of Wight in 2020, have now seen three males fly the nest.

Another three pairs from the group, taken from Scotland where they have

been successfully re-introduced, have established territories in southern England but have yet to breed.

Forestry England and the Roy Dennis Wildlife Foundation called the new chicks' arrival "tremendously exciting".

The 8ft wingspan birds had been wiped out by human persecution.

**Sun**

A **STATUE** of the novelist Jane Austen will go up in the grounds of Winchester Cathedral – despite critics likening it to "a drunk leaning on a table".

**SPOT**

## JACK'S POT OF £11M

COMEDIAN Jack Whitehall's company saw its value rocket to £11.4million last year, figures reveal.

Accounts for the aptly named Jackpot Productions Ltd show funds are up from £9.6m in 2022 – a £34,000-a-week increase. The star, 36, has raked in big money from gigs and panel shows. Jack,

who has a child with model girlfriend Roxxy Horner, has also acted in TV shows including Fresh Meat, and movies such as Clifford the Big Red Dog.

He became sole director of the company in 2009 before he was joined in 2020 by businessman dad Michael, who is estimated to be worth £10million,

# SADDLE



**TEAM GB** celebrated winning their 1,000th medal in Olympic history last night.

By **ROBIN PERRIE** and **JULIA ATHERLEY**

The men's cycling pursuit team achieved the milestone in Paris with a silver – after the women's quartet had earlier got a bronze. The men narrowly missed out on gold after Ethan Hayter

slipped off the front of his saddle in the closing stages.

They had been tussling with the world record holders Australia throughout the 16-lap race held at the Saint-Quentin-en-Yvelines Velodrome.

They were within two tenths of a second of the Aussies throughout the duel and were closing

the gap as they raced for the line at speeds of around 40mph.

But exhausted Hayter suddenly slipped forward on the final lap and was unable to climb back.

Australia eventually won by more than two seconds.

Hayter, 25, Ethan Vernon, 23, Charlie Tanfield 27, and Daniel Bigham, 32, were devastated to miss out on gold but were still happy with silver.

Hayter said: "We were so close and I could see it. It was nearly



Daring finale... Tom

## Cruise in Games end stunt

By **ROBIN PERRIE**

HOLLYWOOD star Tom Cruise will perform a jaw-dropping Mission: Impossible-style stunt when the Olympics draws to a close on Sunday.

The 62-year-old actor is set to slide down a rope from the roof of the Stade de France and land on the pitch holding the Olympic flag.

A pre-recorded film will then show him carrying it across the Atlantic on a plane before skydiving down to the Hollywood sign.

The elaborate routine will be the culmination of the closing ceremony, as France hands the baton to Los Angeles for the 2028 Games.

The Hollywood section of the stunt was filmed back in March.

Onlookers spotted Cruise at the famous sign, but assumed he was filming an advert at the time.



Tricks... Macdonald

## Boarder, 51, oldest to skate

By **JULIA ATHERLEY**

TEAM GB's 51-year-old skateboarder said the sport keeps him young after he failed to make it to the final yesterday.

Andy Macdonald had a dream to make the Olympics after the debut of skateboarding in 2021.

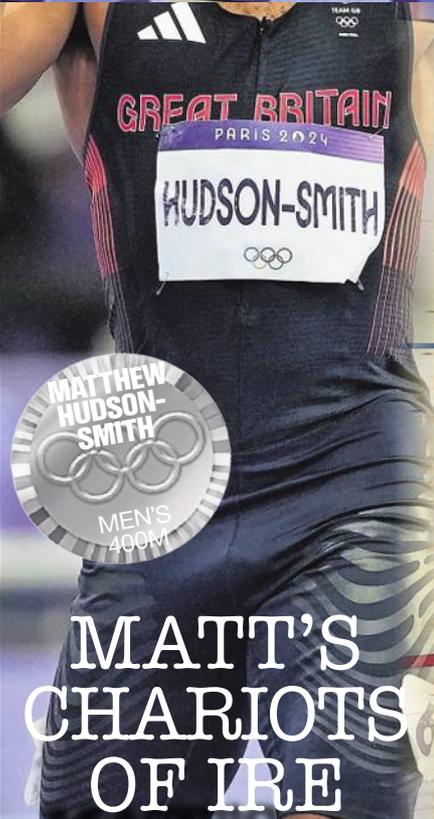
He is from San Diego, US, but his dad was born in Britain and he chose to compete under the Union Flag.

He performed a series of stunts yesterday – but fell doing a backflip.

Andy, who qualified for the Team GB team alongside 16-year-olds Sky Brown and Lola Tambling, finished 18th out of 22 and made history as the oldest ever Olympic skateboarder.

He said: "It was just about getting to represent the fun that skateboarding is. Skateboarding is my fountain of youth."

Heartbreak... Matthew at finish line



## MATT'S CHARIOTS OF IRE

By **JULIA ATHERLEY**

MATTHEW Hudson-Smith angrily swore as he was pipped to gold by just four-hundredths of a second last night in a devastating end to the 400m final.

TV cameras captured the Wolverhampton runner shout "F\*\*\*!" as he fell short of re-creating Eric Liddell's victory 100 years ago, immortalised in film Chariots Of Fire.

He was a strong tip for gold but USA's Quincy Hall overtook him at the very end.

The Brit, 29, still broke the record to become the fastest ever European runner in a 400m race, finishing in 43.44 – the fifth fastest time in history.

Hudson-Smith said afterwards: "This is just the start. My time is going to come."



Overtaken... US and Team GB sprinters



Flashpoint... Mills among runners sent sprawling and, inset, with star dad Danny

# UP 1,000<sup>TH</sup> OLYMPIC MEDAL

# DO NICELY



Medal push . . GB women's team, left, on way to bronze, &, below, the men's team racing to silver



five laps at the end and I just really gave too much, and my whole body went weak and I really struggled to hold myself on the bike in the end.  
 "Sorry to the guys but I think we gave everything and we can be proud of that silver medal.  
 "We were super happy to win a silver medal but it was really there for the taking for us and we kind of knew that.  
 "We went out to get it but just came short in the end, so it's a

shame." Bigham was greeted by his wife, fellow cyclist Joss Lowden, and their baby son Theo.  
 Bigham said of the tot: "He is just learning to stand up and he is looking over the barrier. It is pretty cool, pretty, pretty cool."  
 He added: "We rode the fastest ride we have ever done.  
 "At the end of the day Ethan is still human and it is on us to make sure we deliver him in that best place and we maybe gave him a bit too much work to do there." The

women's pursuit team of Elinor Barker, 29, Josie Knight, 27, Anna Morris, 29 and Jessica Roberts, 25, staged a superb fightback to triumph in the bronze medal race against Italy.  
 They had trailed by more than a second in the first race of the event but pulled it back to prevail by more than two seconds.  
 The achievement was even more impressive after they had to make a late change to the team when two-time Olympic champion Katie

Archibald was ruled out with an ankle break two months ago.  
 The Team GB medal tally later hit 1,001 from Summer and Winter Games after Matthew Hudson-Smith won a silver in the men's 400 metres at the Stade de France.  
 The number of medals won has rocketed since National Lottery funding began — 360 have come since the 1998 Winter Games when the cash injection began.  
 Team GB has competed at every Olympic Games in the modern era

since they began in 1896 and are the only nation to have won gold at every Summer Games.  
 Mark England, Team GB's Chef de Mission, said: "Watching the men's team pursuit win silver to secure Team GB's 1,000th medal this evening was incredibly special.  
 "I have been lucky enough to witness a number of Team GB medal moments and I hope there are many more to come in Paris over the coming days."  
*robin.perrie@the-sun.co.uk*

## MILLS & BOOM



**By ROBIN PERRIE**  
**FURIOUS** Brit George Mills yesterday squared up to a 5,000 metres rival he blamed for sending him crashing to the ground.  
 Mills, far left — son of fiery ex-Leeds footballer Danny Mills — was shoulder to shoulder with Frenchman Hugo Hay with 100m to go. Four athletes were left sprawling on the track.  
 Mills, 25, got up to finish 18th in the qualifier, nearly 30 seconds behind the winner.  
 He shrugged off Hay's attempt to put an arm around him and appeared to tell him to "f\*\*\* off". But he got a place in Saturday's final after officials reviewed race footage.



Fag free yesterday . . & US Open

## PUTT OFF SMOKING

**By JULIA ATHERLEY and ROBIN PERRIE**  
**TEAM GB's** smoking golfer Charley Hull was stubbed out at the Olympics yesterday.  
 She had feared a ban on cigarettes on the Paris course would hamper her game as she uses the habit to cope with ADHD.  
 The 28-year-old, of Kettering, Northants, finished nine over par in round one of the women's individual event. She previously said: "Everyone in my family smokes."

# THE Sun SAYS

## No way back

**THERE was never a reasonable case for jihadi bride Shamima Begum to return to the UK.**

From her refugee camp, Begum tried to rehabilitate herself as a victim with a series of polished TV interviews which were nothing more than shallow makeovers.

Her liberal Left cheerleaders fell over themselves to paint her as a naive 15-year-old who was trafficked for sex.

But the simple truth is that she was a fanatic and remained an ongoing security risk to our country.

She meticulously planned her escape from Bethnal Green to Syria.

While there, she cheered Islamic State's reign of terror while its gunmen went on orgies of rape and torture.

This country gave Begum opportunities and freedoms that women in some parts of the world could only dream of. She turned her back on all of it.

In yesterday refusing to hear yet another appeal, the Supreme Court has brought to an end a British legal circus that has cost as much as £7million – including £250,000 of legal aid.

But – and there is almost always a but when it comes to Begum's use of the legal system – she will now try to lodge a fresh case at the European Court of Human Rights.

**Surely even the Euro judges must understand that overturning the will of our own courts, and forcing us to let her back in, would be an outrage from which their reputation would never recover?**

## Get to work

**BRITAIN simply cannot afford to allow millions of people to sit idle at home.**

Yet more than nine million people in this country are jobless.

As a result our welfare bill has ballooned from £187billion to £306billion in just over a decade – some of it down to Covid which fostered a culture of worklessness.

So Chancellor Rachel Reeves is right to tackle this bloated system, starting with slashing the eye-watering £10billion lost in fraud and computer error.

But that loss is just a fraction of our total welfare spending.

**The Government must also find ways to persuade Covid's lost generation – many claiming mental health benefits – that they can and should return to work.**

## Tech action

**OFCOM says it will next year have the power to impose significant fines on social media giants who promote or incite hate content of the type fuelling the riots.**

But it urges the likes of Facebook and X to act now, rather than wait for the law to be enforced in January.

**It's a fine idea. But, given their long track record of irresponsibility, who really expects the big tech firms to listen?**

# CAMPAIGNER URGES PM, GET TOUGH



**WE are living through the last phase of the Wild West of social media.**



In the same way we look back on giving cigarettes to children, we will look back on the current lack of regulation of social media as a huge and disastrous social experiment.

And we are already paying the price for this experiment.

Teenagers who are increasingly anxious or suicidal after spending all their time online, seeing how their idealised/filtered friends' lives look on Instagram or Facebook compared to the reality of their own.

The spurring on of anti-Muslim, racist and fascist attacks on the streets of our country based on active disinformation.

The fact that the Russian state has whole "troll factories" of intelligence officers working to spread fear, hatred and division in our society via social media should tell us all we need to know about the potency of the threat and our perceived vulnerability to it.

### Outright lie

When it comes to disinformation, it is clear how pivotal it has been to spreading hatred and fear on the streets in the past week.

Outright lies about who perpetrated the attack on young children, live streaming of attacks on mosques, migrants, refugees and frankly anyone who looks different, justification of the violence.

This has come from the usual suspects – hard-right headbangers, overseas and domestic neo-Nazis, Russian bots.

It has also been amplified by what used to be mainstream politicians such as Nigel Farage peddling conspiracy theories – people who should know better.

We will always have people like these, ready to lie to promote their agenda or simply willing to be irresponsible for attention.

But what they all have in common is the platforms they use to spread their bile: The Wild West of social media. From X to

Facebook, TikTok to Snapchat and Telegram, these sites are spewing hatred into our society.

The defence of these multibillion pound companies is that they are just a platform. They don't decide content, they just provide a platform for free speech.

That is an outright lie.

In fact, what these companies do is build algorithms which actively promote particular content to your feed and the content that they promote is conflict, hatred and violence.

They haven't done this in most cases because they have evil intent.

It is simply that promoting that kind of content gets people to stay online longer, which boosts their advertising revenues. The end result is pretty stark: Promoting violence and extremism to earn cash.

Perhaps the worst example at the moment is X, the platform that was previously Twitter.

Under its new ownership, it has sacked most of the teams responsible for taking down the most extreme content.

Not only that, it is allowing people to pay for promotion on the site without any checks on their accounts and, unsurprisingly, among the first to take up the offer are the neo-Nazis, white supremacists and violent thugs.

If it wanted to stop this, it could.

It's amazing how good the outlets are at spotting copyright infringement when you post a video with a song in the background – because they know they will get sued. They

don't want to take down this violent content because it gets engagement – like watching a car crash, it's hard to look away.

And that's where government comes in. It is time to hold social media companies to account for spreading lies, disinformation and, ultimately, violence.

If that means drastic action, so be it, the threat to our society is significant enough to justify it. Such measures targeting the companies doesn't take away anyone's free speech. Everyone can say what they like as long as it doesn't break incitement laws.

What it does is hold platforms responsible when lies are told and promoted by them.

The past few weeks has brought shame on our country.

One of the most tolerant countries in the world has had its global reputation sullied by a handful of racist thugs. Communities which have lived together for years have been devastated by marauding gangs intent on violence.

### Rebuild our reputation

Rebuilding our communities and our country's reputation will take some time.

It will require holding to justice those who participated in attacks and those who spurred them on. It will need a much wider effort and resourcing to rebuild connections in communities.

But unless we also tackle the poisonous social media system that has promoted and spread these vile attacks, the foundations will be built on sand.

I am optimistic that our country can deal with the racist thugs, can rebuild its reputation as one of the most tolerant places to live in the world, and that we will look back on this era as a social experiment gone horribly wrong, but one that we learnt lessons from.

One of the main lessons will be to end the Wild West of social media and ensure people who spread hatred and violence are held accountable.

●Brendan Cox is a campaigner and widower of murdered MP Jo Cox.



Brave... Gwendolen

## Daredevil gran, 91, has blast on zipline

By SAM CREED

A THRILLSEEKING gran aged 91 has taken on Britain's longest zipline.

Gwendolen Ackrill whizzed down the 2,375ft line at 60mph.

Her daughter Susan Eames said: "I was very worried but the doctors said it was safe and it was up to her if she wanted to do it."

"I tried to talk her out of it for a long time but she wanted to go ahead. She doesn't have much fear. I was more worried for her than she was."

Gwendolen, who lives in Stone, Kent, raised £700 for Diabetes UK with her daredevil act at the Hangloose Skywire in nearby Rotherhithe.

Susan added: "At that age, what she has done is remarkable."

"It is inspiring I think for other older people who maybe do not think they can do things like this any more. If they feel they can, they can."



Mugshot... Nelly

## Rapper Nelly in ecstasy pill arrest

By JOE HADDEN

RAPPER Nelly has been arrested for possession of ecstasy pills.

The Hot In Herre and Country Grammar singer, 49, was pulled over by highway patrol cops in Maryland Heights, a suburb of St Louis, Missouri, at 4.45am local time on Wednesday.

He was arrested and cited for possession of four ecstasy pills and driving without any car insurance, before being released.

In his mugshot, first obtained by US gossip website TMZ, the rap music star slightly smiled.

Nelly, full name Cornell Haynes Jr, is currently expecting a baby with his wife, singer Ashanti. He recently completed a US-wide tour as Janet Jackson's support act.

The three-times Grammy Award-winner boasts four UK No.1 singles, including Dilemma, his duet with Kelly Rowland.



Picture: JONNY MARLOW FOR WOMEN'S HEALTH

# JIHADI BRIDE

# BEGUM'S TAKING PLEA TO EUROPE

## Bid to be let back in UK

By MICHAEL HAMILTON

**JIHADI bride Shamima Begum hopes to turn to Euro judges after the UK's Supreme Court yesterday refused to hear her latest bid to regain citizenship.**

Three top judges said her challenge to a Court of Appeal ruling in February "did not raise an arguable point in law".

Begum - who left the UK with pals to join terror group IS in 2015 - began her battle after being stripped of UK citizenship on national security grounds.

She has so far claimed £250,000 in Legal Aid trying to reverse the decision, though the full cost of her cases is feared to run into millions.

Last night solicitor Mark Stephens, an expert in human rights and constitutional affairs, said: "That's it as far as British courts are concerned."

Begum's lawyers Birnberg Peirce said: "We will continue to take every legal step including to petition the European Court of Human Rights."



Defeat... Begum in Syrian camp

However, Europe may not take the case as Syria is not in its jurisdiction and Begum has no citizenship.

Now 24, she was 15 when she left Bethnal Green, East London. She wed an IS fighter and had three children, none of whom survived.

Begum remains in a camp controlled by armed guards in Syria. In an interview in 2022, she said she was "ashamed of myself for being so stupid" and had a "lot of regret".

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The Sun Says - Page 12

# STRESS AS A DAISY

By JACK HARDWICK

STAR Wars star Daisy Ridley goes in at the deep end - just like in her latest nail-biting film role.

The 32-year-old actress - who was Rey in the sci-fi sequel trilogy, *right* - plays US Olympic swimmer Gertrude "Trudy" Ederle in *Young Woman and the Sea*.

Ederle was the first woman to swim the English Channel, completing it in 14 hours and 34 minutes in 1926.

But speaking to *Women's Health* magazine, *inset*, Daisy revealed: "First time I swam for the role, I started panicking. It was a classic lied-on-the-CV moment."





Hurt on ride ... Kate

## Family of 3 injured in crash at funfair

By THOMAS GODFREY

A MUM and her three-year-old girl suffered head injuries after a spinning teacup detached at an amusement park.

Terrified Kate Davies, 38, and Poppy were flung forward when their ride crashed against railings.

Kate had blurred vision and a bruised arm while Poppy suffered a head bump at Dreamland Margate in Kent.

Son Freddie, eight, who was in another teacup, was also shaken by vibrations, cutting his lip.

Kate, a teacher from Bromley, said last Wednesday's accident was "horrible", adding: "For my children it was pretty traumatic because we'd gone for a fun day out."

Hubby William, 41, took them to hospital.

Dreamland said the ride "has been repaired and certified safe" and the family are invited back. But Kate said Freddie is now too scared.



Police ... at the scene

## Arrest as mum, 26, dies after stabbing

By ROB PATTINSON

A MOTHER of three has been stabbed to death in a town centre.

Cops found the victim, 26, with serious injuries at 7pm on Tuesday. She was later pronounced dead at the scene.

Police cordoned off an area near the main railway station and Orwell river in Ipswich.

A National Police Air Service fixed-wing plane also circled the town for three hours in a hunt for clues and a suspect.

A 27-year-old man was arrested yesterday and taken in for questioning on suspicion of murder.

Supt Andy Martin, of Suffolk Police, said the victim and suspect were "well known to each other". Two potential weapons, both knives, were recovered.

Supt Martin said: "Residents will continue to see an increased police presence in the area as our investigation continues."

# THE LITTLE-KNOWN CELEBRITIES



IN DEMAND ... Tasha models for Ann Summers

Picture: ANN SUMMERS

**DESPITE a football legend, an Olympian and a beloved actress in the pack, it is to be expected that some celebrities on this year's Strictly Come Dancing line-up will be a little less known.** But you would be wrong to write off the contestants that many fans have

deemed "Z-list" additions to the class of 2024 - reality TV stars Tasha Ghouri and Pete Wicks. While she rose to fame on Love Island and he through The Only Way is Essex, both are now among the highest earners of the lot. But their value goes far beyond that, as each has blazed a trail away from the spotlight, doing good for society.

# Tasha and Strictly

## ISLE STAR CAMPAIGNS FOR DEAF AWARENESS

TASHA checked into Love Island with all the ingredients to emerge a star.

She had already modelled for online giant Asos and was gaining momentum with her career as a street dancer, having appeared in a pop video for MNEK.

But all that promise was almost derailed by her villa boyfriend's actions during the dating show's infamous Casa Amor relationship test.

Despite reaching the show's final with Andrew Le Page, it meant she emerged to derision after he was intimate with a Casa "bombshell" contestant, and his phrase that he "licked her t\*, or whatever" became one of Love Island's most notorious moments.

Yet two years on, the couple are stronger than ever.

Now she will become Strictly's second Love Islander after Zara McDermott broke new ground last year.

And that reality TV background means she will hit the dancefloor with a huge following already behind her.

Tasha has 1.4million fans on Instagram, 884k on TikTok and 53k on YouTube.

That backing has helped her become a millionaire since leaving the ITV2 dating show, as she was immediately booked by big-name brands including eBay, Ann Summers and L'Oréal Paris.

While other Islanders have fallen out of the spotlight and lost their deals, Tasha remains a major player. She recently commanded £50k to shoot a few photos for a brand and post them online, such is her appeal to firms who rate her squeaky-clean image.

Her earning potential is staggering and, thanks to savvy management from respected agency Off Limits, she has been able to work with increasingly important partners.

Yet aside from her wealth, Tasha's real value lies in her integrity.

She was born deaf and had to learn British Sign Language to communicate before she



PROUD ... modelling with cochlear implant

was fitted with a cochlear implant in her right ear at the age of five.

Feeling it was important to highlight her difference, while working for Asos she insisted the implant remained in the images as she modelled earrings.

Last year, she launched her own podcast, Superpowers With Tasha, where she chatted to famous faces about their own issues, including fellow Islander Dr Alex George on mental health and Made In Chelsea's Liv Bentley on alopecia.

But she has also enacted real change by working with the Department for Education to get BSL introduced as a GCSE choice from 2025.

In an interview this year, Tasha said: "I've definitely found myself deep down, who I really am. I feel more at ease now, more settled."

"I know my worth and I think that's a big one, especially in this industry."

"You need to know who you are and really stick with it."

"I'd love to see more representation on TV as a whole."

"We're definitely taking a step in the right direction, but I think it's still not quite there."

"It still feels like box-ticking. I want to continue that momentum by questioning why we can't have, say, two deaf people on a show, or more than one person in a wheelchair."

"It's about making inclusivity not a surprise."

**'I've definitely found myself deep down, who I really am. I feel more at ease, more settled. I know my worth and that's a big one, especially in this industry'**

TASHA GHOURI



TESTED ... Tasha and boyfriend Andrew

# WORTH A MINT, WITH HEARTS OF GOLD

Born deaf, Tasha has worked tirelessly to support disability awareness and Pete's passion projects include animal welfare.

They are credentials that will be welcomed by the under-fire BBC dance show, which has been rocked in recent months with allegations of toxic behaviour backstage.

Yesterday The Sun unveiled the full list of 15 celebrities taking part,

including former Arsenal and England footballer Paul Merson, gold medal-winning Olympic swimmer Tom Dean and Miranda star Sarah Hadland.

The full list and their odds to win are on the right.

Here, Deputy TV Editor **FELICITY CROSS** looks at how Tasha and Pete have become the most influential celebrities you have never heard of – until now.

# Pete are Sainthly



**TO THE RESCUE...**  
Pete on his new show, For Dogs' Sake

## TOWIE HUNK SAVED HUNDREDS OF DOGS

PETE has most often been pictured in The Sun attached to the arm – or lips – of a gorgeous girl.

Just this week we reported that he had been seen snogging Love Island's Maura Higgins over drinks in London's Soho.

He found fame as a reality TV hunk on The Only Way Is Essex, romancing castmates Jess Wright and Megan McKenna, and has gone on to feature on almost as many reality shows as Joey Essex, including Celebs Go Dating, SAS: Who Dares Wins, The Circle and The Real Full Monty.

But he is no dimwit. Before embarking on a TV career, he was director of a recruitment company supplying consultants to the NHS.

And he has raked it in through new business ventures including his podcast, Staying Relevant, with his best mate, I'm A Celeb winner Sam Thompson, which just wrapped a highly lucrative tour.

Recent financial documents suggest he has just closed down two companies, one handling his media fees and another on a defunct clothing range, with £1million debt, but his personal wealth is estimated to be close to £3million.

Yet it is away from the spotlight that Pete has set himself apart

from other reality stars. He has worked tirelessly with the Humane Society International, with whom he helped shut down a dog meat farm in South Korea, saving more than 170 canines.

As an ambassador for French Bulldog Saviours, he has travelled to China to rescue more.

Having two rescue dogs of his own, Eric and Peggy, at home, he has worked with the HSI to campaign in Parliament for animal welfare. Now he is filming a new show for UKTV alongside Dogs Trust, called Pete Wicks: For Dogs' Sake, where he highlights the rehabilitation process involved in rehoming pooches.

Pete said: "Anyone who knows me knows I prefer animals to people."

"I've been single most of my life, and until I got my dogs, had a kind of a party boy life."

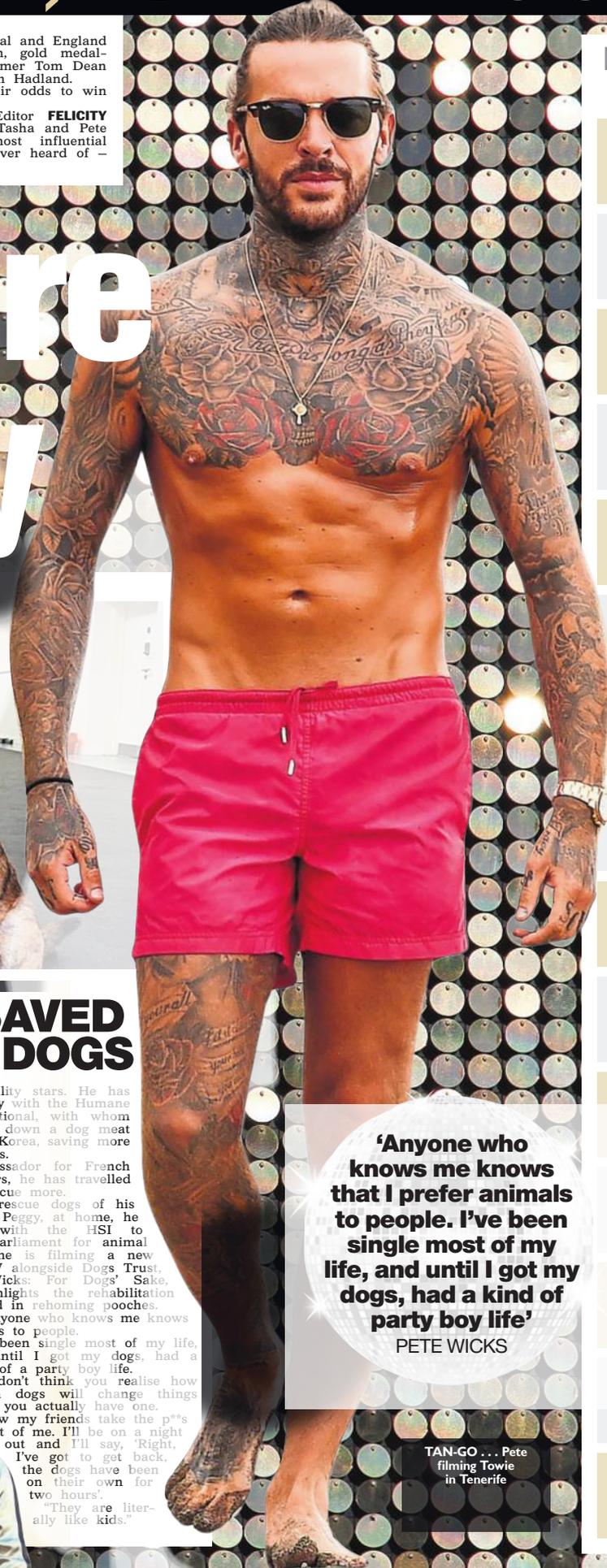
"I don't think you realise how much dogs will change things until you actually have one."

"Now my friends take the p\*\*s out of me. I'll be on a night out and I'll say, 'Right, I've got to get back, the dogs have been on their own for two hours'."

"They are literally like kids."



**REALITY COUPLE...**  
with ex Megan McKenna



**'Anyone who knows me knows that I prefer animals to people. I've been single most of my life, and until I got my dogs, had a kind of party boy life'**  
PETE WICKS

**TAN-GO...** Pete filming Towie in Tenerife

## DANCEFLOOR FAVOURITES

Odds supplied by Ladbrokes

**JB Gill**  
**4/1**  
JLS pop star

**Shayne Ward**  
**5/1**  
X Factor winner

**Tasha Ghouri**  
**6/1**  
Love Island contestant

**Sam Quek**  
**7/1**  
Olympian and TV host

**Tom Dean**  
**8/1**  
Olympic swimmer

**Pete Wicks**  
**10/1**  
Reality TV star

**Jamie Borthwick**  
**12/1**  
EastEnders actor

**Montell Douglas**  
**14/1**  
TV Gladiator Fire

**Punam Krishan**  
**16/1**  
Telly doctor

**Toyah Willcox**  
**20/1**  
Actress and singer

**Chris McCausland**  
**25/1**  
Comedian

**Sarah Hadland**  
**25/1**  
Actress

**Wynne Evans**  
**33/1**  
Go Compare opera singer

**Nick Knowles**  
**33/1**  
DIY SOS TV presenter

**Paul Merson**  
**55/1**  
Footie legend

# Fear over opioid fix

UP to one in three people on opioid painkillers show signs of being hooked, a study says.

Experts fear they are prescribed too readily for long-term pain, when they are least effective.

Analysis found 9.3 per cent on them for more than three months were addicted. And 29.6 per cent displayed "symptoms" of dependence.

Drugs containing opioids include tramadol, codeine and fentanyl, with misuse declared an emergency in the US.

Prof Kyla Thomas, at the University of Bristol, warned they are used by GPs here "so much more than they should be".

# Girl hit by bus dies

A NINE-year-old girl has died after she and her five-year-old brother were hit by a bus on Saturday.

The unnamed girl lost her fight for life in hospital on Monday.

Police said that "despite the best efforts of medical staff, she sadly died in the afternoon".

Her brother was taken to hospital as a precaution but has since been discharged.

The bus driver, who was arrested on suspicion of dangerous driving and drug-driving, has been bailed until November.

The Met Police are appealing for witnesses to the crash in Bexleyheath, South East London.

# TANK RAID 'PROVOCATION'

By MICHAEL HAMILTON

**UKRAINIAN troops have launched daring cross-border raids and bombing blitzes deep into Russian territory — leaving President Vladimir Putin humiliated.**

Around 1,000 soldiers backed by air power staged the surprise assaults into Russian border region Kursk, in the biggest incursion so far by Ukraine.

Yesterday, furious Putin — who ordered the unprovoked 2022 invasion of his country's neighbour — called the raids a "large-scale provocation".

He sat stony-faced as Russia's chief of general staff General Valery Gerasimov told him in a televised meeting how the Kyiv government's troops had stormed in, but were later halted.

Eleven Ukraine tanks, 20 armoured personnel carriers and hundreds of soldiers smashed across the border on Tuesday.

Russia was forced to evacuate civilians as fighting raged around villages, before Ukrainian forces were pushed back by airstrikes.

Russian officials said the town of Sudzha, about six miles inside



Attack... fighter jets fly in

the Russian border, had been attacked. Images allegedly showed huge damage, including a downed Russian helicopter and a destroyed convoy of tanks on trailers. Dashcam footage showed fighter jets overhead.

Kyiv's forces continued aerial attacks yesterday.

Moscow said Russian reserves were drafted in.

*mike.hamilton@thesun.co.uk*



Blasted... home damaged during attack

# Shameless Putin complains Ukraine's invaded Russia

# VLAD KARMA



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# Rod Liddle



rod.liddle@the-sun.co.uk

## Pray that America wakes up to risk of woke White House



RISK... Beirut, Lebanon

### HORROR HOLIDAY

THE Government is drawing up plans to evacuate 16,000 Brits from Lebanon.

The country looks like it might soon be at war with Israel.

But even when it's not at war with Israel, it's hardly the safest place in the world, is it?

What are the Brits doing there? Are they on some sort of special package deal holiday?

"We're sick of being hated by the Spanish, so our travel agent found a lovely little hotel."

"It's called The Hezbollah Jihadist Palms and it's in a place called Beirut."

"We can't wait!"



APPARENTLY it's going to tank it down over the next couple of days. Just another part of our Summer of Rain.

Anyway, here's my bet. The riots will dwindle in size considerably. It's always a good test of the seriousness of protests if they give up when it's p\*\*\*ing down.

Also, the new football season kicks off on Saturday. And I will bet most of the hoolies will be back on the terraces.

I'M beginning to get seriously worried that the poor Americans will spend the next four years doing the Kamala Walz.

I know the US election maybe isn't at the top of your list of stuff to worry about right now.

But it's deadly important. Not just for the Yanks, but for us too.

And the polls right now are shifting fairly firmly in favour of the former Vice President Kamala Harris, who is denser than a sack of spanners. And her running mate – the even worse Tim "Wokey Wokey" Walz.

Just a month or so ago Donald Trump looked as if he were going to cruise to victory against a senile sitting President, Joe Biden.

Now, I know that in normal times that might not be something to celebrate. But boorish as Trump may be, his tenure as President was a damn sight better than anything we've seen from the almost dead Biden.

Back then, Trump was ahead in the polls. More importantly he was quite a distance ahead in the crucial swing states where American elections are usually decided.

The Democrats staged a fairly vicious coup. Senior Democrats told Joe he'd have to step down. Or they'd confiscate his catheter and steal his Werther's Originals, or something.

And so Biden went and Kamala Harris, who has been a spectacularly useless vice



HOPELES... Harris and Walz

president, and was only put there to keep the lefties happy, has been installed instead.

And the bad news keeps on coming. Because now Kamala has chosen a running mate who seems to me even dimmer than she is. And even further to the left.

Walz is the governor of Minnesota, which has always been a fairly left-wing state. But even the lefties are sick of him there.

He was a disaster as governor. Crime has soared under his watch – not least because he takes the left-wing line that we should probably abolish the police completely and let everybody police themselves.

That's the policy which has turned all of America's liberal cities into crime-ridden hellholes.

Turns out that if you defund the

police, the local crims don't turn into saints and stop nicking stuff. They do it all the more.

Anyway, folks are getting the hell out of Minnesota at a remarkable rate. Largely because of the appalling crime rate. All this in what was once one of the USA's safer states to live in.

Student achievement has also dropped alarmingly. Some say this is the consequence of "progressive" policies to increase ethnic diversity and so on.

You can expect all that dangerous rubbish to be on the agenda for the Harris-Walz presidency. Every bit of right-on rubbish that has plagued the country for two decades.

If that was the sum total of the problems, we could just leave the Yanks to get on with it.

Sadly, though, it isn't. The problem for us is that a Harris-Walz presidency would be hostile to our interests.

Democrat presidents usually are – even the half decent ones like JF Kennedy. And the further left they are, the more hostile to the UK they become.

The last thing we want in the White House is an administration which will give us trouble over trade, defence and international relations generally.

So, if you have a minute to spare, offer a small prayer that the Americans wake up soon.

And send Walz back to Minnesota to cause more damage there.



RESCUED... Wagyu calf

### LOTS AT STEAK

HERE'S a heart-warming story.

A vet called Polly Dugmore rescued a whole herd of calves which were in danger of drowning.

The animals had wandered on to a beach in Cornwall. And were trapped by the incoming tide.

Bit of a mixed blessing for the calves, mind. Because these were Wagyu beef calves, prized for their succulent flavour.

So probably a case of: "OK you calves. You're all safe. Now, if you wouldn't mind climbing up that ramp into the lorry, please. One at a time, chop chop. So to speak."

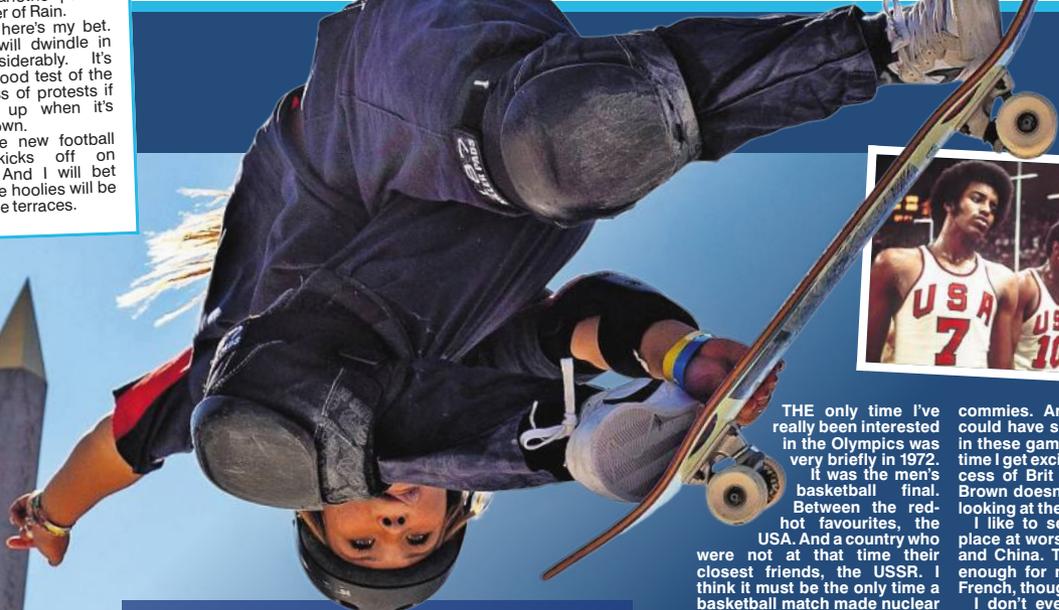
I JUST read that some 5,700 kids are waiting for transgender care treatment in the UK.

All under 18 years old and one of them younger than five.

Now, hang on a minute. I thought all of this dangerous nonsense was meant to have been stopped?

Remember the Cass Review of transgender services?

Why is this sort of thing still taking place?



COMPETITIVE... Team GB skater Sky Brown. Inset, 1972 USA basketball team



THE only time I've really been interested in the Olympics was very briefly in 1972. It was the men's basketball final. Between the red-hot favourites, the USA. And a country who were not at that time their closest friends, the USSR. I think it must be the only time a basketball match made nuclear war more likely.

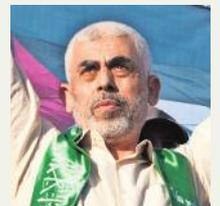
The Russkies won by one point with the last throw of the game. And there was uproar – it was almost certainly a fix by the

commies. Anyway, I wish we could have something like that in these games. The only other time I get excited – even the success of Brit skateboarder Sky Brown doesn't do it for me – is looking at the medal table.

I like to see Britain in third place at worst, behind the USA and China. This time it will be enough for me if we beat the French, though.

I don't even care about the Aussies, for a change.

Just beat the French, on their own ground. With their worm-infested food and poo-infested river.



LEADER... Yahya Sinwar

### BLOODY STUPID

THE problem with executing the criminal leader of a terrorist group is that the terrorist group will almost certainly choose someone worse to take his place.

That is exactly what has happened with Hamas. Israel assassinated its leader Ismail Haniyeh.

And now Hamas has chosen Yahya Sinwar to take over.

Oh! Yahya may sound like a character from Viz. But he's a bloodthirsty hardliner. He makes Ismail Haniyeh look like Ed Davey.

Things never get better out there, do they?

Board of Paris Olympics without the drama of 1972

# £6M ROADWORKS STOPPED BY MICE

A MAJOR roadworks project has been suspended – after a dormouse nest was discovered.

The £6million revamp for one of Kent's busiest roundabouts was due to start this summer.

But the work, at the Key Street junction in Sittingbourne, was suspended before it even began once the nest was discovered.

Dormice are a protected species, meaning it is an offence to disturb them or damage any place used for their shelter or protection.

Once the rodents are found on a site, a special licence is needed if work is to be

Protected... dormouse



By ANDY ROBINSON

allowed to go ahead. Guidelines state that the creatures' habitats should be protected and retained.

Where this is not possible, other measures can include creating new habitats or, as a last resort, clearing vegetation to displace the animals.

Kent County Council said: "An application for a dormouse licence was sent to Natural England. We are expecting to receive the licence in September."

But there are fears that delaying the project until winter could lead to further hold-ups as it is then likely to be affected by the weather.

## Stab rap for lad, 14

A SCHOOLBOY has been arrested on suspicion of attempted murder after a stabbing in a park.

Officers arrested the 14-year-old and an 18-year-old man over the knife attack in Banbury, Oxfordshire, on Sunday.

An 18-year-old man is in a serious condition in hospital after the attack.

The 14-year-old, from Banbury, was bailed until October 24. The 18-year-old, also from Banbury, remains in custody.

### SIMPLY WELL-READ

Simply Red singer Mick Hucknall has received an honorary degree from Manchester Met Uni for his musical career.

# TOT'S BEEN TO



NORWAY

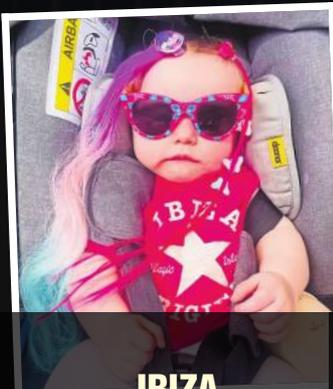


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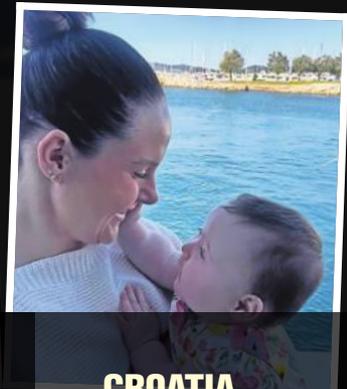


First flight... Benjamin and Lauren in cockpit with Francesca, in vintage pilot outfit

# Nappy landings



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# 24 COUNTRIES



DISNEYLAND PARIS



TURKEY

## COUNTRIES VISITED



1 ENGLAND	13 SWEDEN
2 DOMINICAN REPUBLIC	14 NETHERLANDS
3 FRANCE	15 TURKEY
4 NORWAY	16 GREECE
5 IRELAND	17 PORTUGAL
6 SWITZERLAND	18 MALTA
7 BELGIUM	19 ROMANIA
8 SPAIN	20 HUNGARY
9 CROATIA	21 CZECH REPUBLIC
10 ITALY	22 WALES
11 GERMANY	23 SCOTLAND
12 DENMARK	24 CYPRUS



A ONE-YEAR-OLD could be the world's most well-travelled baby, as she heads for her 24th destination next week.

Francesca Drabble, off to Cyprus on her first birthday next Monday, has seen more countries than many adults will visit in a lifetime.

Her list includes the Dominican Republic, her first flight at just seven weeks old. She was pictured in the plane cockpit in a vintage pilot's outfit.

She has also been to Turkey, Croatia, Dublin, Milan, Ibiza and Amsterdam.

Francesca, right, crawled for the first time in Romania, and her first solid food was fresh octopus in Greece.

Mum Lauren Blake, 33, of Manchester,



EXCLUSIVE by JADA BAS

said: "She has to eat what we eat as I want her to try all the different foods." Lauren, an advanced clinical practitioner, has been squeezing in the travel during her maternity leave.

Her partner Benjamin Drabble, 32, joins them when he can get time off his work as a heating and plumbing engineer.

Lauren said: "It's a lifetime of memories and I'll never get this time back. People say she won't remember, but I will."

Last year we told how New Zealander Atlas Montgomery had been to 23 countries within 11 months of his birth.



DUBLIN



MILAN

# KNACKERED DOCS CUT BACK HOURS

ONE in five NHS doctors have cut their hours complaining of exhaustion, a survey found.

Nearly a quarter – 23 per cent – have taken time off for stress in the past year, and 41 per cent will not do overtime. One in three said they were struggling to manage at work.

Hospitals could be understaffed and patients endangered if trends continue, said the General Medical

By SAM BLANCHARD

Council, which analysed survey responses from 4,288 doctors.

It follows strike action over pay and conditions by nearly every grade of NHS medic in the past 18 months. Junior doctors have walked out 11 times and consultants four times.

GPs have voted to work to rule. GMC boss Charlie

Massey said doctors were "taking steps to protect their well-being".

He added: "They shouldn't feel their only option is to reduce their working hours."

"This adds further pressure to already stretched services."

"If the UK's health services are to retain more doctors, which will be vital to tackling waiting lists, it is critical to reverse these extremely concerning trends."

sam.blanchard@thesun.co.uk



Concern... Mr Massey

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Picture: @HAUSLABS

PLENTEY of people complain that all pop stars sound the same nowadays – and they're starting to look identical too. **LADY GAGA** – on the left, if I need to identify her for you, posted this snap on Instagram as she promoted the new liquid eyeliner from her make-up brand Haus Labs. But everyone was saying the same thing in the comment section, that she looks just like fellow chart topper **AVA MAX**, right. Sweet But Psycho singer Ava has often been accused of copying the superstar but now the roles are reversing. That said, being mistaken for someone who is eight years younger than you must be quite the ego boost for Gaga.



# MEL B'DAY DIG

**GERI HORNER** celebrated her 52nd birthday with messages from her husband **CHRISTIAN HORNER**, telly's **RYLAN CLARK** and, of course, her **SPICE GIRLS** bandmates. But while **VICTORIA BECKHAM**, **EMMA BUNTON** and **MELANIE C** paid sweet tributes online to **Ginger Spice**, I doubt she was smiling when she saw what **MEL B** had to say on her social media. The notoriously naughty singer shared Instagram stories which all poked fun at her,

having previously joked that Geri was lying about her age because no one had seen the date of birth in her passport. Over one pic of them together, Mel wrote: "Happy 75th bday Ginge." She also posted a photograph of Geri in her famous Union Jack dress, with the caption "girl power", yet appeared to make a dig by using the song **Boss Bitch** by **DOJA CAT** over the top. But in a move which I am sure will have really ground the birthday girl's gears, Mel once



**ED SHEERAN** could land his third Christmas No1 after writing the track *Under The Tree* with his composer brother Matthew for **RICHARD CURTIS**'s new animated movie *That Christmas*. Ed said of the Netflix film, out on December 6 starring **BRIAN COX**, **JODIE WHITTAKER** and **BILL NIGHY**: "It felt so good to create something my children would watch with their uncle." Ed had *Not* with **Perfect** in 2017 and *Sausage Rolls For Everyone* with **LADBABY** and **ELTON JOHN** in 2021. Let's hope for a hat-trick.

# CORINNE ALL ABOUT THE – NEW – MUSIC

**CORINNE BAILEY RAE** was all smiles last month when she was announced as a nominee for this year's Mercury Prize Award. But now the singer of *Put Your Records On* from 2006 has told us she isn't actually interested in chasing chart hits and gongs. Corinne, *inset*, said: "I try not to focus on reviews or awards. It's nice to be acknowledged but success for me is the feeling I have when I play the music. I never read reviews, which I think is really good advice for any artist. "You can't absorb all the good things and you also don't want to get affected by the negative ones." Corinne's fourth album, *Black Rainbows*, will go up against 11 other records for Album of the Year, which will

be announced next month including **CHARLI XCX**'s killer record *Brat* and **THE LAST DINNER PARTY**'s *Prelude To Ecstasy*. Corinne also revealed she already has an album-worth of tracks ready to go for the follow up. She said: "The first record feels like a lifetime ago but then they still feel very present because I am still playing those songs all the time. I am working on new music. I have ten more songs I wrote for *Black Rainbows* which I'm still working on. I am trying to work on new ideas and be free with new music as well, rather than just obsessing on production for those songs."



**JUSTIN TIMBERLAKE** stunned Manchester locals after being spotted working out in an £18 per month *PureGym*. The singer, worth £250million, appeared to be bringing *Sexy Back* on a budget after jetting in for the latest leg of his world tour. Rather than using his hotel gym – or swankier nearby options – Justin hit up the bargain facility on Tuesday. Last month, one gym-goer complained about "buckets all around the gym floor" after the roof leaked. I'm sure it'll give **BRITNEY SPEARS** a laugh.




# Wine

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# Scanner time



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# Carrie

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Blake has big hint for Britney

**GIVEN BRITNEY SPEARS** is looking for actresses to play her in the new film about her life, I think **BLAKE LIVELY** is giving off a pretty strong hint about wanting the job.

The actress wore the same colourful Versace gown Britney showed off in 2002, *far right*, at the premiere of her film *It Ends With Us* in New York on Tuesday. Blake then went on to pay tribute to Britney and her best-selling memoir, *The Woman In Me*, saying: "Britney, us millennials all have a story of a moment, or of years that you made us want to shine and inspire awe, with strength, and joy, and immensely hard work. "Thank you for your example and your contribution to women telling their stories. So excited about your biopic\* and all you have to come." \*Cough . . . give me the job.

## AT GERI

again brought up her claim that they had a lesbian fling in the early days of the band – something which Geri has always denied.

Scary Spice, who is bisexual, shared a 20-year-old snap of Ginger Spice.

In the pic, Geri is wearing a T-shirt which reads "dip me in chocolate and throw me to the lesbians," which she wore to perform at a gay bar.

Alongside it, she wrote, "yaaaaa" and included rapper LIL KIM's song *How Many Licks* – about performing an intimate sex act on a woman – to soundtrack the post.

Mel B probably shouldn't expect a pressie from Geri when she turns the big 5-0 next year . . .

Picture: MATTHEW SPROUT FOR VARIETY



Sabrina's so please, please, pleasing

HER sixth studio album *Short N' Sweet* is just 15 days away so I'm not surprised **SABRINA CARPENTER** is having a lie down before it all kicks off.

The American singer, whose songs *Espresso* and *Please, Please, Please* have dominated the charts this summer, posed in a black jacket and red tights for a new interview with *Variety* mag, where she told all about her friendship with **TAYLOR SWIFT**.

Sabrina opened Taylor's Eras tour shows in Australia, Singapore and Latin America and said the *Blank Space* hitmaker had been helping her cope with the madness of the music industry.

"She's one of my best, best friends," Sabrina said. "We grab dinner or text and catch up like you would with your best friend."

"It's so cool for me to get a perspective on this whole process from her and the community of artists that I feel I'm close to, to get advice from them on stuff that you can't just ask the internet."

Asking the internet always leads to disaster, so I'd definitely stick to texting Taylor.

## Capaldi splits from love Ellie

**HE** is the king of the heartbreak ballad and, sadly, it seems **LEWIS CAPALDI** might be singing about his own on his next record.

I have been told the Scottish singer has split from his girlfriend of two years, actress **ELLIE MACDOWALL**.

I last saw the pair together at Universal Music's Brit Awards after-party last year and they looked madly in love.

But friends have revealed their romance has run its course, with the couple struggling to make time for each other.

An insider said: "Lewis and Ellie had some long conversations and decided it was best for them to end things. It was a mutual decision. They are still friends and have been talking, so all is not lost."

"Ellie is still based in Edinburgh and Lewis lives in London so it's been hard for them to see each other."

"It's sad but ultimately Lewis and Ellie had a wonderful time together. It just wasn't to be."

We revealed in June that *Someone You Loved* singer Lewis was back at work a year after announcing he was taking an indefinite hiatus from music.

### Back in the studio

He returned to the studio to start working on new songs and last month spent time writing with brothers Connor and Riley McDonough, who helped pen **MIMI WEBB**'s *Red Flags* and **JOHN LEGEND**'s *Wonder Woman*. The pair have also worked with **ANNE-MARIE**, **JASON DERULO** and **BENSON BOONE**.

Lewis announced he was taking a step back last June, after his second album, *Broken By Desire To Be Heavenly Sent*, hit No.1. The record, which I played on loop for weeks, featured No.1 singles *Wish You The Best*, *Pointless* and *Forget Me*.

Ahead of going back into the studio, I saw Lewis letting his hair down at Glasto and standing in the sun with pals.

He looked happier than he had in a long time.

When he returns I'm sure whatever he comes up with will turn to gold – or platinum, just like his other records.

**BREAK-UP** . . . Lewis and Ellie



# IT'S NOT ME, IT'S LEW

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## NO-BAKE DESSERTS WILL CUT HOLIDAY MEAL COSTS



# Sweet solution

**SERVE up an impressive sweet treat while keeping food and energy bills in check.**

No-bake desserts are perfect for finishing off a summer meal. Here are some ideas that cost less than £1 a serving.

**LEMON POSSET:** This recipe from Asda is quick to make and serves eight at 77p each. First, simmer 300ml of double cream and 75g of sugar in a pan for three minutes. Then whisk in the juice and zest from two lemons before pouring into small pots to chill for three hours. Blitz 100g of strawberries to make a sauce and mix with another 100g before topping the chilled posset.

By LANA CLEMENTS

**HONEY NUT CHEESECAKE:** Whip up this no-bake cheesecake recipe from Tesco. It serves eight, costing 47p a portion.

Pulse 120g of digestive biscuits with 50g of pistachios. Melt 65g of butter and mix with the biscuits and nuts. Spoon into your tin, pressing down to compress and leave in the fridge for 20 minutes. Beat together 200g of cream cheese with 200g of Greek yoghurt, 50g of honey, the juice of half a lemon, two tablespoons of caster sugar and one teaspoon of vanilla extract. In a small bowl sprinkle a teaspoon of powdered gelatine into two tablespoons of hot water, dissolve, then add to the cream cheese mix. Pour over the biscuit base and leave to set in the fridge for another four hours. Sprinkle with crushed pistachios.

**LIME STRAWBERRY FOOL:** This adapted recipe from Sainsbury's costs 76p per serving, for six.

Add 200g of strawberries and 30g of caster sugar to a pan, stirring over a low heat for five minutes. Add the juice of one lime and chill for an hour.

Stir 200g of strawberries and 30g sugar in a bowl and chill for 30 minutes.

Beat 60ml of whipping cream, then fold in 200g of low-fat yoghurt along with the zest from half a lime and the strawberry sauce. Spoon the mixture into serving dishes, alternating with strawberries. Finish with sprinkled lime zest.

● All prices on page correct at time of going to press. All deals and offers subject to availability.

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£4.99



## What's new?

PRIMARK has teamed up with Kappa to release a sportswear collection, including this sweatshirt, £18.



## Little helper

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THE Sun

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Stressful . . . holidays

## Half 'long for break' after hols

By WILL BARKER

ALMOST half of us feel like we need another break after a holiday, a survey has revealed.

And although having a rest is one of the main reasons people travel, one in ten said they didn't sleep well abroad.

High temperatures, the noise, uncomfortable beds, unfamiliar surroundings and a change in diet were all blamed for a lack of shut-eye.

And more than half said the stress of travel affected their sleep.

Masato Arai, director at Japanese home store Muji which commissioned the survey of 2,000, said: "It's important to get prepared before you jet off.

"Assessing the climate and environment when picking a destination, should be as automatic as reading your euros for a European city break.

"Fantastic memories can only be created if we choose the destination for a good night's sleep."

## Buy lot of odd stuff

A MUMMIFIED hand, a stuffed lion and a mole holding a chainsaw are in a macabre collection up for auction.

The hand, brought to Britain from Egypt by a vicar in 1897, is set to fetch £1,000 while the lion could raise £4,000 and the mole £60.

The most expensive of the 600 items in The Science, Natural History and Curiosities sale is due to be the mounted head of a 19th century Bengal tiger, valued at £8,000.

Tomorrow's sale in Battle, East Sussex, also includes a smoker's lungs.

# THE NEW ETH...

Picture: BACKGRID

By EMILIA HAWKINS

**FORMER** England manager Gareth Southgate looks relaxed after a lazy lunch on holiday.

The 53-year-old wore shades in the sunny Algarve, Portugal, right, where he was joined by his wife Alison and their kids.

Southgate is on a break after the Euros, where the joy of beating the Dutch in the semi-final, left, was followed by heartbreak against Spain and his resignation.

England under-21s boss Lee Carsley is tipped to take over.

Relaxed . . . with his wife Alison

# SHARK IN ST IVES HARBOUR CORNISH NASTY

By ALEX WEST

**THIRTY children and teenagers fled from a Cornish harbour in terror this week — to escape an approaching 10ft shark.**

The group — some swimming, others on paddle boards — ran from the shallow water screaming after spotting the creature's dorsal fin approaching.

Yet boat trip worker Andy Narbett, 49, quickly twigged it was a juvenile basking shark and posed no threat.

He said: "I had finished my trips for the day and was walking around St Ives' harbour

## It's spotted just feet from shore

front when I spotted it next to the harbour wall. The poor kids in the water must have only been 20ft away. They didn't realise it was harmless so they started screaming and got straight out of the shallow water.

"It was incredible to see it so close and very rare as we've not seen any basking



sharks in the bay for years." The scare was at 9pm on Tuesday evening. Basking sharks, which can reach 40ft, are the UK's biggest fish and the world's second largest after the whale shark. They only eat plankton and visit shallow water in summer to feed.

alex.west@the-sun.co.uk

Drawing near . . . shark

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**GET OFFER**

# WHEEZYJET PLAN TO HIRE OVER-50s

**EASYJET** hopes to see the number of “silver stewards and stewardesses” take off — by hiring more over-50s as cabin crew.

A recruitment drive includes free online career information and taster sessions at the airline’s Gatwick training centre. The “returnships” scheme comes as a survey shows nearly half of those over 50 and working had

By **WILL BARKER**

considered switching careers. And two thirds of those who had retired said they had thought of going back to work.

Yet in a survey of 2,000 Brits aged 50 or over, 71 per cent believed their age would put off employers.

Most thought cabin crew jobs were for younger people, with 16 per cent think-

Blue-rinse skies . . . airline

ing they could not apply if aged over 30. EasyJet already employs double the number of over-50s and four times the number of over-60s that it did two years ago.



Michael Brown, director of cabin services, said the airline wanted to “tackle misconceptions about the job and broaden horizons for talented people looking for new opportunities”. He said: “Cabin crew can be a job for anyone with the skills, no matter their age.”

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Collecting” on the Sun Superdays – Warwick Castle page.

- 3 Collect FIVE Sun Savers codes. We will print one daily until August 15. Today's is on page 22. Enter or scan your FIVE Sun Savers codes on the app or website as you collect them.

- 4 Booking is now open. Click “Redeem booking code” and hit “Book” and you will then be directed to the Sun Superdays Warwick Castle website to book your tickets.

TERMS AND CONDITIONS: 18+ UK only (exc. IoM & CI). Multiple code collect August 3 – 15, 2024. 2 tickets per household, all bookings must be made in pairs. Non-transferable, non-refundable, strictly subject to availability, and daily allocation limits apply. 47,350 total tickets available, including 9,000 no-cost tickets, remaining tickets available from £10 (adult) – £25 per ticket. Online access required. Saving against advanced adult online prices and varies per date. Dates and periods are subject to change without notice until November 22, 2024. Saving correct at time of print. Full T&Cs including ticket prices and allocation breakdown, See [sunsavers.co.uk](http://sunsavers.co.uk)



Cancer-free . . . Bea

## Rare skin cancer's 'verruca', GP said

By SAM BLANCHARD

A MUM of twins has told how she survived a rare and aggressive skin cancer, which was initially dismissed as a verruca.

Bea Buckley, 39, developed a mole on her foot while pregnant that was "bigger than a freckle".

In a matter of months the lesion had grown to the size of a 10p coin.

She said: "I went to a pharmacy who said it was probably a verruca.

"But it doubled in size and started bleeding.

"So I went to my GP thinking this could be nasty" but even they thought it was a verruca."

Ms Buckley then saw a dermatologist.

She said: "They too thought it was probably nothing but took a biopsy.

"To my shock it was a malignant melanoma."

Doctors found cancer had spread to the lymph nodes. After three surgeries and targeted therapy Ms Buckley, of Reading, is now cancer-free.



Scene . . . Magaluf beach

## 2nd Brit raped on beach in Majorca

By NATALIA PENZA

A SECOND British tourist has been raped on a beach in Majorca in just eight days, police revealed yesterday.

In the latest reported attack, the victim was found lying drunk by a street seller on the Punta Ballena party strip in Magaluf, it is said.

He carried her to the beach where he sexually assaulted her and stole her mobile phone, it was reported yesterday.

Spanish police, who are analysing CCTV in a bid to identify the attacker, have only now released details of the 4am incident on July 24.

They are also investigating the alleged rape of a 30-year-old Brit on a beach in capital Palma.

She told cops she agreed to have sex with one man but a second turned up and forced himself on her early last Thursday. They fled with her belongings.



Picture: MARK BUCKLER / CATERS

# CERNE ABBAS DONG'S GONE

# A GIANT COCK-UP

## Trust let privates grass over

By SAM CREED

**THE famous Cerne Abbas Giant needs some serious manscaping after long grass was allowed to cover his best known feature.**

The 180ft chalk figure etched into a Dorset hillside attracts visitors from across the country and is often seen as a fertility symbol.

But site owners The National Trust have let him get too shaggy, blaming an "exceptionally wet summer" for hiding his 30ft willy.

Heading stiff opposition, tourist Helen Corben moaned: "Sad to see the ruin of the Cerne Abbas Giant today." Barry Howe agreed: "Worst I have ever seen it and I have passed it many times. There's no attraction there."

Another visitor added: "I was quite shocked at how bad it was.

"People travel from far and wide to see it but they will be disappointed."

But resident Lisa Eaton said: "He just needs a tidy-up." Local Neil Croton explained: "The site holds some nationally important flora and fauna. It has to be carefully managed for them, not just tourists and sightseers."

The Giant, one of Britain's biggest hillside figures, was first documented in 1694, though it remains unclear exactly how old he is. Superstitious couples are known to have had sex on his appendage in the hope of conceiving.

The Trust, who have owned the site since 1920, this week let loose a flock of sheep as the hillside is too steep to mow safely.

A spokesman said: "Caring for the Giant, its archaeology and the Site of Special Scientific Interest that surrounds him, is a complex task.

"This year the exceptionally wet summer has boosted the grass growth and temporarily reduced visibility. Following grazing, our small ranger team will undertake annual maintenance – cleaning, weeding and edging – ensuring he remains in peak condition.

"The more the ground is disturbed, the quicker the Giant erodes."

sam.creed@news.co.uk



**NOW YOU SEE IT...**

**...NOW YOU SEE DON'T**

Cover-up . . . Giant is a bit hard to see

Where's willy?

# WHO'S A PRETTY CLEVER BOY, THEN?

**A TALKING bird has earned the Guinness World Record for the most items identified by a parrot in three minutes.**

Four-year-old African grey Apollo, who has 2.8million followers on TikTok, named 12 items including a book, a rock, a ball and a sock.

His owners, Dalton and Victoria Mason, both 25, said: "Our mission

**By GRAY GIBSON**

is to spread awareness of the natural intelligence found in animals. "We hope that our title can change the meaning behind the phrase 'bird brain'."

The pair bought him from a pet shop in December 2020 and knew he would be part of the family. They talk to Apollo as they would Chatty... Apollo

to a human child and have trained him to recognise colours, words and objects. He can count, communicate clearly, answer queries and even ask questions. The pet is rewarded with pistachios.

The couple, who live in St Petersburg, Florida, say they are raising him to be the "smartest parrot ever", adding: "There is really no limit to what we hope Apollo will learn."



# HOW GLAMOROUS

By **OLIVER HARVEY**  
Chief Feature Writer

**DRIVING through country lanes in her flashy white Audi, Lynne Leyson seemed a glam figure in her Welsh farming village.**

Always "impeccably dressed" and with fancy hairstyles, one local said she travelled the narrow, tree-lined roads "as if she owned them".

But now the byways of idyllic Capel Dewi are quiet once more.

For middle-aged mum Leyson has become a fugitive from justice and is on the Most Wanted list.

Fleeing a cocaine dealing rap, the crime Godmother hasn't been seen by police since skipping bail more than a year ago. Some believe she may be in Thailand, others Spain.

Or could she be holed up in the valleys of rural South Wales?

Few locals in Capel Dewi, Carmarthenshire, doubted how the 52-year-old drug mastermind paid for her lifestyle, given the pungent smell of marijuana that wafted from the Leyson family's ramshackle small-holding guarded by a pack of ferocious Dobermans.

But neighbours were taken aback when it emerged just how big a player in the criminal underworld Leyson really was.

When cops raided her property in October 2021, they found more than £60,000 worth of cocaine, cannabis with a value of almost £16,000, cash and a semi-automatic pistol.

Dyfed-Powys police said the Leysons, headed by mum Lynne, sold "large quantities of cocaine and cannabis to sub-dealers across south west Wales". And they warned the family "were capable of using violence and intimidation to enforce their illegal activities".

## 'Like the Wild West'

Later, Leyson's husband Stephen, 56, and son Samson, 23, were jailed for a total of 17 years for their part in what police called a major organised crime group.

Yet the mum, described by a trial judge as the "dominant force" in the drug dealing empire, never showed up for her sentencing hearing.

Jailed for nine years in her absence, she has seemingly vanished from the face of the Earth.

Like a Sicilian Mafia moll, Lynne Leyson is on the run with a bounty on her head. Welsh police revealed this week that Crimestoppers is offering a £1,000 reward for news of her whereabouts – and she has been added to their Most Wanted list.

So how did this middle-aged mum end up a gangster?

Once the nerve centre of her drug dealing operation, there were grey Atlantic clouds over the Leyson smallholding, Pibwr Farm, yesterday.

On the edge of sleepy Capel Dewi, the collection of wooden, single-storey buildings surrounded by abandoned vehicles and car parts, is reached by a single-track road.

It is hardly the sort of place you would expect a major coke dealing operation to be based. With country cottages set in rolling farmland, the usually peaceful village of dairy farmers and retirees is five miles east of Carmarthen, west Wales.

Red kites nest while visitors seek out the nearby National Botanic Garden of Wales. But locals say Leyson's farm saw little in the way of legitimate agricultural work.

"Unless you count cannabis," one revealed. "We weren't bothered about cannabis. But we didn't know they were into the hard stuff."

The Leysons moved to the property some six years ago. Locals referred to them as "the druggies", saying they used quad bikes to run narcotics through a forested area to couriers on the nearby A48 main road.

A neighbour explained: "That's how they were running drugs. They would turn up at an arranged lay-by on the A48, hand the cocaine over and be gone. It was all over in a few seconds, so it was very hard for the police to detect what was going on."

The Leysons didn't mix much with other locals. But as one villager

**'They would turn up at an arranged lay-by on the A48, hand the cocaine over and be gone. It was all over in a few seconds, so it was very hard for the police to detect what was going on.'**

—ANONYMOUS NEIGHBOUR



**SERENE** — but locals say the Leysons ruined the peace



**MUM**  
Lynne Leyson

recovered from an accident, the family gave them iced cupcakes laced with cannabis "to help with the pain".

Another resident said: "Stephen was obviously a bad lot, but he was charming with it." They added that Lynne was "always beautifully dressed" and "impeccably made up" with her "hair done".

The Leysons, both from South Wales, married in Swansea in 1998. Lynne went to Dynevor School, which counts former Archbishop of Canterbury Rowan Williams and the Conservative MPs Nigel Evans and Julian Lewis among its former pupils.

The couple had three kids and moved to a council house in Kidwelly, around 13 miles south of Capel Dewi. According to neighbours, Stephen — fresh from a prison sentence for GBH — and the family would cause mayhem. One said the

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# MUM ENDED UP ON MOST WANTED LIST

up at an  
e A48, hand  
I be gone'  
BOUR



WEAPON FIND . . .  
pistol was stashed in  
a cabin at family farm

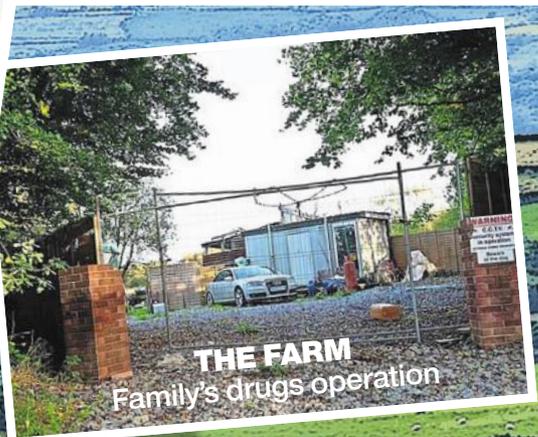


DAD  
Stephen Leyson



SON  
Samson Leyson

**'It was like the Wild West. Two of them may have been locked up but people are still frightened'**  
-ANONYMOUS NEIGHBOUR



THE FARM  
Family's drugs operation

Pictures: WALES NEWS

# Hunt for 'The Godmother' who turned sleepy farm into drug dealing den

ON THE RUN . . .  
Leyson skipped bail  
and vanished more  
than a year ago



se was "filthy", while the howls in their 13 Alaskan malamute dogs re ear-splitting.  
Lynne worked as a carer but was scouted for theft after being sorted for stealing from her clients. Locals say the Leysons an selling drugs from an ice am van.  
An ex-neighbour told The Sunday nes: "He used to drive and she'd ve, but they were serving more n ice cream, put it that way."  
Then, one Friday, men in suits and London accents turned up manding cash from Stephen. A hbour recalled one saying: "You've three days to get my money."  
y the Monday the Leysons had ished, relocating to Capel Dewi, ere Stephen's father owned land. y set about investigating their major g supply network. A neighbour,

too frightened to be named, said: "It was like the Wild West living close to that lot - people were scared stiff. Two of them may have been locked up but people are still frightened of them."  
In the early hours of October 27, 2021, police raided Pibwr Farm, searching the smallholding and its various buildings, sheds, storage units and caravan over two days.  
**Painstaking search**  
Cops found 120g of cannabis in the main building, more than £17,000 in cash and digital weighing scales with traces of white powder. Another 290g of cannabis was found in a dog shed and a further kilo was concealed in a suitcase in the corner of a meadow.  
Police sniffer dog Billy was taken for a walk in the field for a break

and picked up the acrid scent of cocaine.  
Following the trail, Billy led his handler to a hedge, where a green bag containing £60,000 worth of the Class A drug was discovered.  
A painstaking search of a cabin at the scruffy smallholding revealed a 9mm semi-automatic self-loading pistol in a small canvas bag hidden in a ceiling cavity space. Modified to fire live ammunition, it's believed to be the first weapon of its kind ever found in the Dyfed-Powys police area.  
When questioned, the Leysons claimed the cash was from "a house sale". Stephen denied the handgun was his, adding that he "intended to hand it in to the police".  
Cops then identified street dealers selling Leyson's narcotics, including one nicknamed Mr Pickles. Last May, Lynne, Stephen and Samson were

convicted of conspiracy to supply Class A and B drugs. Stephen was also convicted of firearm possession.  
He was sentenced to 11 years behind bars and Samson to six in July 2023. But Lynne skipped bail and failed to show for sentencing.  
More than a year later, police still have no idea of her whereabouts.  
Detective Chief Inspector Rhys Jones said this week: "I urge anyone with information of Leyson's whereabouts to come forward."  
"You can speak to Crimestoppers anonymously, which is offering a reward of up to £1,000 for information leading to her arrest."  
"She is known to have connections in the Carmarthen and Swansea area, but may have travelled further afield."  
Her half brother Patrick Brooke, 56, said: "Nobody has had anything to do with her. No one even knew anything

about the court case. I didn't even know she was married.  
"My dad had a place in Thailand. It is in a village."  
"She may be heading to Thailand. She won't be coming to us."  
Simon Brooke, 64, another half brother, said: "We do not know why she ended up like this."  
So could Leyson be hiding in the South Wales hills she knows so well?  
Back at the farm, a man answering the door yesterday, believed to be a relative, insisted: "She's not here, I don't know where she is."  
And a villager, who didn't want to be named, said: "I heard she's gone abroad, it may have been Spain."  
Despite her mugshot being issued to all UK police forces, they appear to have so far drawn a blank.  
*The cocaine queen of little Capel Dewi is still cheating justice.*



**6am Breakfast** News, entertainment and weather reports. (S)

**8.00 Olympics: Paris 2024** **LIVE** Jeanette Kwakye and JJ Chalmers present the opening coverage on day 13 with much of the British focus on the start of Katarina Johnson-Thompson's quest for heptathlon gold. (S)

**1.00 BBC News (S)**

**1.45 Olympics: Paris 2024** **LIVE** Diving and track cycling take centre stage as day 13 continues in Paris, featuring the men's 3m springboard final from **2.00** at the Aquatics Centre. Jack Laugher is appearing at his fourth Olympics and became the first British diver to win two medals at the same Games in 2016, but is likely to a formidable challenge from the Chinese contingent here. Over at the Saint-Quentin-en-Yvelines Velodrome, the track cycling features the early stages of the men's omnium and individual sprint, and the women's keirin. Hazel Irvine hosts. (S)

**6.00 BBC News (S)**

**6.30 Regional News (S)**



**7pm** Jade Jones aims to be in gold medal contention in Olympics: Paris 2024

**7.00 Olympics: Paris 2024** **LIVE** Gabby Logan introduces live taekwondo and athletics coverage as day 13 concludes, with five champions set to be crowned in the track and field events at the Stade de France. A rare and hotly-anticipated showdown between women's 400m hurdles world record holder and reigning champion Sydney McLaughlin-Levrone of the USA and Dutch world champion Femke Bol is expected to be among the highlights, while Noah Lyles starts as favourite in the men's 200m and India's Neeraj Chopra will be hoping to retain his Olympic title in the men's javelin. The schedule for this evening's final features the women's long jump from **7.00**, men's javelin from **7.25**, men's 200m at **7.30**, women's 400m hurdles at **8.25** and men's 110m hurdles at **8.45**, along with the heptathlon 200m at **7.55**. Over at the Grand Palais, the men's -68kg Taekwondo final is at **8.19** and the women's -57kg at **8.37**, with British contenders Brady Sinden and Jade Jones hoping to be involved in their respective events. (S)

**10.00 BBC News (S)**

**10.30 Regional News (S)**

**10.40 Olympics: Paris 2024: Tonight At The Games** Isa Guha and Mark Chapman introduce highlights. (S)

**12.00 Kin (R,S)** Followed by **Weather For The Week Ahead**

**1.45-6am** BBC News (S)

**6.30 am Sign Zone: Great Coastal Railway Journeys (R,S,SL)**

**7.00 Gardeners' World (R,S,SL)**

**8.00 Breakfast (S)**

**9.00 Dom Does America (R,S)**

**9.30 Wanted Down Under Revised** With Nicki Chapman. (R,S)

**10.15 A Countryside Summer (R,S)**

**10.45 The Farmers' Country Showdown (R,S)**

**11.15 Homes Under The Hammer** With Martin Roberts. (R,S)

**12.15 Bargain Hunt (R,S)**

**1.00 Olympics: Paris 2024** **LIVE** Coverage of the conclusion of the women's kite sailing at Marseille Marina. (S)

**1.45 Make Me A Dealer (R,S)**

**2.30 Beechgrove Repotted (R,S)**

**2.45 The Hundred** **LIVE** Welsh Fire Men v Northern Superchargers Men. Start-time at **3.00**. Coverage of the match at Sophia Gardens in Cardiff. (S)

**6.00 Olympics: Paris 2024** **LIVE** The conclusion of the women's keirin and men's omnium track cycling events at the Saint-Quentin-en-Yvelines Velodrome with strong British medal hopes in both disciplines. (S)



**7pm** The host welcomes Myra DuBois in Richard Osman's House Of Games

**7.00 Richard Osman's House Of Games** (19/100) Bonnie Langford, Myra DuBois, Charlie Hedges and Tyler West test their skills. (R,S)

**7.30 EastEnders** Linda receives a blackmail letter and Freddie and Anna take Mo birdwatching to cheer her up. (S)

**8.00 Why Bridges Collapse: The Genoa Disaster** An investigation into the Ponte Morandi disaster in August 2018, telling the stories of people on the bridge that day and look at what caused it to fail catastrophically. (R,S)

**9.00 Interview With The Vampire** (2/8) In post-war Paris, a visit to the revelatory Théâtre des Vampires disrupts Louis's quiet life and enraptures Claudia, despite a link to Lestat. (S)

**9.50 Live At The Apollo Bites** (4/6) Featuring Ardal O'Hanlon, Lou Sanders and Kae Kurd. (S)

**10.00 Not Going Out** (6/6) Lucy and Lee aim to answer an age-old question. (R,S)

**10.30 Newswight** Headline analysis with Katie Razzall. (S) Followed by **Weather**

**11.05 Colin From Accounts** (6/8) Ashley takes Gordon to her birthday dinner. (R,S)

**11.35 Mud** **FILM** Drama starring Matthew McConaughey and Reese Witherspoon. (2012) **★★★★** (S)

**1.40 Sign Zone: Miriam Margolyes: A New Australian Adventure** (R,S,SL) **2.40-3.10am** Dom Does America (R,S,SL)

**6am Good Morning Britain (S)**

**9.00 Lorraine** Entertainment and fashion news. (S)

**10.00 This Morning** Celebrity chat and lifestyle features. (S)

**12.30 Loose Women** The women return to put the world to rights once more and invite a celebrity guest to chat about what they are up to. (S)

**1.30 ITV News (S)**

**1.55 Regional News (S)**

**2.00 Dickinson's Real Deal** David Dickinson is joined in Swindon by his dealers Alison Chapman, Fay Rutter, Simon Schneider and Tracy Thackray-Howitz. (R,S)

**3.00 Tenable** A family of five get their chance to win a bumper cash prize in the quiz show. (R,S)

Followed by **Local Weather**

**4.00 Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)

**5.00 The Chase** Quiz show hosted by Bradley Walsh. (R,S)

**6.00 Regional News (S)**

**6.30 ITV News (S)**



**8.30pm** The chef heads heads to Powys in Tom Kerridge Cooks Britain

**7.30 Emmerdale** Victoria meets a relative stranger, Jimmy is concerned, and Mandy is determined to resolve her debts when Gail gives her an idea. (S)

**8.30 Tom Kerridge Cooks Britain** The chef heads up the border between England and Wales starting in Powys, where he searches for chicken. (S)

**9.00 Irvine Welsh's Crime** (2/6) There's a development in the case when a body turns up with similar injuries to the victim of the rumoured hotel attack. The deceased is a beloved community GP but the message carved into his body suggests he was hiding a dark secret. (S)

**10.00 ITV News At Ten (S)**

**10.35 Regional News (S)**

**10.45 Mission: Impossible** **FILM** Secret agents suspect there is a traitor in their organisation when their latest assignment ends in disaster. The sole survivor is accused of being the mole, forcing him to go on the run to clear his name. However, in the process, he discovers a former Russian spy is selling information about the world's leading undercover operatives. Action thriller based on the 1960s TV series starring Tom Cruise, Jon Voight and Ving Rhames. (1996) **★★★★** (S)

**12.35 Shop On TV 3.00** Big Zuu's 12 Dishes In 12 Hours (R,S,SL)

**3.35** Unwind With ITV (S) **5.00** In For A Penny (R,S,SL) **5.30-6am** Gino's Italian Express (R,S,SL)

**6.20 am Cheers (R,S)**

**7.10 Everybody Loves Raymond** Four episodes. (R,S)

**9.00 Frasier (R,S)**

**11.00 The Simpsons (R,S)**

**12.00 C4 News (S)**

**12.05 Paris 2024 Paralympics: Meet The Athletes (R,S)**

**12.10 A New Life In The Sun** In Spain, a last-minute dash for some yoga room furnishings hits the buffers. (R,S)

**1.10 Car S.O.S** The boys take on a 1963 Citroen HY Van. (R,S)

**2.10 Countdown (S)**

**3.00 A Place In The Sun (R,S)**

**4.00 The Great House Giveaway** Simon O'Brien presents, as sales manager Shantelle and telecommunications engineer Kieran are given a house in Melbourne, Derbyshire. (S)

**5.00 A New Life In The Sun: Where Are They Now?** A return to the Algarve to see how Cheryl and Graham's riverside B&B is faring. On the Costa del Sol, a turn in fortune may be on the cards for Louisa. (S)

**6.00 Come Dine With Me (R,S)**

**6.30 The Simpsons (R,S)**



**9pm** George travels to a glampsite in George Clarke's Amazing Spaces

**7.00 C4 News (S)**

**8.00 The Supervet: Noel Fitzpatrick** (4/4) Eight-month-old Labrador puppy Ollie is rushed in as a late-night emergency after being hit by a car, while four-year-old bull mastiff Bayleigh is referred to Noel with a suspicious and painful lump near her ankle. Cassie and Ashley thought their only option was to have their cat's leg amputated, but a chance encounter with Noel has given them hope that it could possibly be saved. (R,S)

**9.00 George Clarke's Amazing Spaces** (8/8) The architect meets a pair converting a rusty ship's wheelhouse into head-turning accommodation for their Welsh glampsite, then shows off his own amazing space. (S)

**10.00 Ramsay's Kitchen Nightmares USA** (2/10) The acerbic chef tries to transform six-month-old New Jersey gastropub Bask 46, which is in jeopardy due. (S)

**11.00 8 Out Of 10 Cats Does Countdown** (3/5) Alan Carr and Munya Chawawa take on Sarah Millican and Gary Delaney. (R,S)

**12.00 Gogglebox (R,S,SL) 1.00** Ramsay's Kitchen Nightmares USA (R,S,SL) **1.50** **FILM** **Primal**. Action thriller starring Nicolas Cage. (2019) **★★★** (S) **3.25** Love It Or List It Australia (R,S)

**4.20** Food Unwrapped (R,S,SL) **4.50** Frasier (R,S) **5.40-6.20am** Countdown (R,S)

**6am Milkshake!**

**9.15 Jeremy Vine (S)**

**11.30 Storm Huntley (S)**

**12.45 Friends** Double bill. Chandler's date ignores him. Then, Ross's pet monkey reaches puberty. (R,S)

**1.40 5 News (S)**

**1.45 Home And Away** Dana's suspicions over Bronte are piqued again, and Leah attempts to convince Joseph to drop his lawsuit. (R,S)

**2.15 Murder And Matrimony** **FILM** A wedding planner takes on her estranged brother's upcoming nuptials, only to be drawn into a web of potentially deadly deceit. Thriller starring Kristen Vaganos. (2021) **★★★** (S)

**4.00 The Cruise: Fun-Loving Brits At Sea** The Regal Princess arrives at Turkey's Aegean coast. (R,S)

**5.00 5 News At 5 (S)**

**6.00 Amazing Railway Journeys With Nick Knowles** Nick tours Morocco, taking in Casablanca, Marrakesh and the Atlas Mountains. (R,S)

Followed by **5 News Update**



**9pm** The comedian travels to Eastbourne in Susan Calman's Grand Day Out

**7.00 Bank Scams: Don't Get Caught Out** Alexis Conran and his team look into the banking app infiltrated by criminals. (R,S)

Followed by **5 News Update**

**8.00 Fresh Vs Frozen: Which Is Better?** A look at how a groundbreaking fast-freezing process revolutionised the food industry, and how the potato waffle still uses that system today. (S)

**9.00 Susan Calman's Grand Day Out** The comedian visits Eastbourne on the southeast coast, beginning at the beautiful golden pier, before taking a boat to the iconic chalk sea cliff of Beachy Head. (S)

**10.00 The Child Snatcher: Manhunt** Documentary about the investigation into serial killer Robert Black, who abducted and murdered Jennifer Cardy, Susan Maxwell, Caroline Hogg and Sarah Harper in the 1980s. (R,S)

**11.55 Cold Case Killers** Investigating the murder cases of Samo Paul and Tracey Turner from the 1990s. (R,S) Followed by **Entertainment News On 5**

**1.00 PlayOJO Live Casino Show (S)**

**3.00** Tyrant: The Rise Of Adolf Hitler (R,S) **3.50** Britain's Great Cathedrals With Tony Robinson (R,S,SL) **4.40** House Busters (R,S,SL) **5.05** House Doctor (R,S,SL) **5.30** Entertainment News On 5 (S) **5.35-6am** Paw Patrol (R,S,SL)

**REGIONAL VARIATIONS**

S4C: 6am Cyw 10.00 Eisteddfod Genedlaethol Cymru 2024 12.00 Newyddion S4C A'r Tywydd 12.05 Eisteddfod Genedlaethol Cymru 2024 2.00 Newyddion S4C A'r Tywydd 2.05 Eisteddfod Genedlaethol Cymru 2024 5.10 Eisteddfod Genedlaethol Cymru 2024 7.30 Newyddion S4C A'r Tywydd 7.50 Eisteddfod Genedlaethol Cymru 2024 9.30 Am Dro! 10.30-11.35pm Y Babell Lân 2024 BBC TWO WALES: 8pm Eisteddfod 2024 With Huw Stephens

FILMS **★★★★** Brilliant **★★★** Very Good **★★** Good **★** Not Bad **★** Poor (R) Repeat (S) Subtitles (SL) Sign Language



By **ROD McPHEE**  
TV Editor

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# **Sun** **tvbiz**

GEARED UP... Joel in helmet

## JOEL'S SO GLAD TO HUG BRAD

JOEL DOMMETT can finally get his dream hug from BRADLEY WALSH after it was confirmed he has signed up for *Celebrity Gladiators*.

The *Masked Singer* host accidentally hinted he would be in the BBC One special earlier this year, when he flexed his biceps on social media.

He sent fans into a frenzy with a photo in a white vest, writing: "Ultimately, we all just want to be a Gladiator and be hugged by Bradley Walsh."

The comedian later denied he would be taking part in the show, saying he "messed up" over what he thought was "a good photo with a good caption".

But as predicted, Joel, *below* – dubbed the fittest funnyman in the UK by *Men's Health* – was unveiled as part of the line-up yesterday.

And he has at long last been able to show off this actual behind-the-scenes photo after signing up

alongside **ROB BECKETT**, **LOUISE MINCHIN** and **ELLIE TAYLOR**.

Joel wrote: "It's happening – and it's REALLY hard."

Just wait until you face the fearsome Gladiators, Joel.

## IT'S DEEP FEELINGS FOR INDIA

QUEEN Charlotte's **INDIA AMARTEIFIO** has won another leading role.

The actress, who rose to fame in the *Bridgerton* prequel, will be joined by Maxton Hall's **DAMIAN HARDUNG** in the coming-of-age drama *Into The Deep Blue*. It follows friends Fiona and Nick, who cross paths at a

group therapy session for people who have struggled with loss.

A weekend trip together sees deeper feelings start to brew.

It marks India's first role since the success of the Netflix hit. But despite the huge popularity, it is not due for a second series.

Show creator **SHONDA RHIMES** is instead working on the fourth series of *Bridgerton*, which follows Benedict and will start filming later this year.

**More listings:**  
**Pages 30 & 31**

Pictures: SPLASH/CLUCKY/PAW



HAPPY HOLY DAYS... Josh O'Connor and Andrew joke

## ANDREW AND A SET OF KNIVES

**ANDREW SCOTT** is used to being the hot priest – but the *Fleabag* actor seems to have met his match with **JOSH O'CONNOR** while filming their new *Knives Out* movie.

He chatted to Josh, who was in religious robes for the latest murder mystery instalment from Netflix. It also features **GLENN CLOSE**, **KERRY WASHINGTON**,

and **CAILEE SPAENY**. The third film in the franchise, which follows **DANIEL CRAIG** as private investigator Benoit Blanc – "the world's greatest detective" – will be called *Wake Up Dead Man*.

It follows the success of 2019 film *Knives Out*, and its 2022 follow-up *Glass Onion*.

Andrew, dressed in a checked shirt, joked with Josh as they

filmed in Epping Forest, Essex, alongside *No Country For Old Men* actor **JOSH BROLIN**, who was also in priest robes.

But they probably won't be laughing for long, as filmmakers revealed the storyline will be Benoit's most dangerous case yet.

The film will hit screens in 2025.

CLOSE ENCOUNTER... Glenn with Josh Brolin, also below

FILMING... Kerry

## SCOTT'S ACROSS TO BEAR

**CELEBRITY Race Across The World** is designed to test the navigational skills and endurance of competitors.

But for **SCOTT MILLS** and his then-fiancé Sam, taking part in the BBC One show was more a test of their relationship.

The series starts off in northern Brazil next Wednesday and Scott, whose wedding was in June, said: "Before we get married, everyone says the holiday test is you know you could be with somebody if you go on holiday with them. This is like that – times a thousand."

"Not that I have any doubts Sam is the one for me, but there will be times in this, I imagine, when it will get stressful."

"We'll struggle without our dog, talking to family, and EastEnders. We watch that every night, so that's going to be a struggle, not knowing what's going on. We're a good team I think. Well, we'll find out."

TEST... couple

CHANNEL 4 has confirmed *Celebs Go Dating* will kick off its 13th series from August 19, running Monday to Thursday. Love Island's **CHRIS TAYLOR**, ex-Coronation Street actress **HELEN FLANAGAN**, Gogglebox's **STEPHEN LUSTIG-WEBB** and singer **JAMELIA** will be among those taking part.

## SIMON IN NEW LOOK ORDER

THINGS are looking a little less traditional for **SIMON BIRD** and his on-screen son **HARRY CONNOR** as they return for a second run of *Everyone Else Burns*.

They have swapped their smart suits for bright orange trackies for the new series.

Despite protests from dad David, Harry's character Aaron tries to drag their religious sect *The Order* into the modern day. The Channel 4 series follows the God-fearing Lewis family, who are part of a puritanical Christian sect. The six new episodes are expected to air next year.

**KATE O'FLYNN** returns as mum Fiona and **AMY JAMES-KELLY** is daughter Rachel. New cast members include *Fleabag*'s **SIAN CLIFFORD**.



BRIGHT IDEA... Lewis pair

# Good morning to you, Trisha

## GODDARD BACK TO GUEST-HOST ON GMB

**SHE** was once the queen of the morning schedules, so it seems fitting **TRISHA GODDARD** is back on our screens with breakfast TV.

I can reveal that the one-time presenter of chat show *Trisha* will be stepping in to guest-host ITV's *Good Morning Britain* twice next week.

And she will be dropping in to the studio today to confirm her new gig and talk about living with cancer. A TV

insider said: "Trisha's personal story is a real tale of determination and the perfect piece of inspiration for people going through a similar ordeal."

"Despite everything she has been through, she is back doing what she does best – getting into the thick of news and current affairs on a big show."

Trisha ran on ITV from 1998 to 2004, then on Channel 5 from 2004 to 2010. It had a huge following across the country.

Towards the end of the series she was diagnosed

with breast cancer, which she beat. But this year she revealed it returned in 2022. Trisha, 66, confirmed that although it was treatable, it had spread to another part of her body and was no longer curable. She said six months ago: "With that knowledge comes grief and fear. But I must keep enjoying what I have always enjoyed."

"I'm a journalist. I don't want to be 'the story'. I don't want to be interviewed someone and for them to say to me, 'I'm so sorry'."

I look forward to seeing Trisha back doing what she does best next week.



STUDIO... Trisha

# Thursday

**4-PAGE SECTION**

## FREEVIEW

**BBC THREE *Freeview 23***  
**7pm** Top Gear **8.00** Dragons' Den US: Shark Tank; The Catch Up **8.45** Becoming: The Batman **9.00** Who Stole Tamara Ecclestone's Diamonds? The 2019 burglary of Tamara Ecclestone and Jay Rutland's home. **10.00** Sneakerhead **10.30** Man Like Mobeen **11.45** Who Stole Tamara Ecclestone's Diamonds?  
**12.40** Top Gear **1.40-2.05am** Man Like Mobeen

**BBC FOUR *Freeview 9***  
**7pm** Great British Railway Journeys **7.30** Gareth Edwards' Great Welsh Adventure **8.00** Eyewitness To History: Norma Percy On Watergate **8.10** Watergate **9.00** **FILM** All The President's Men. Fact-based political drama about investigative journalists Bob Woodward and Carl Bernstein, who brought the Watergate scandal to light. Starring Robert Redford and Dustin Hoffman. (1976) **11.15** Watergate To Trump: Amol Rajan Interviews **12.00** Paris **1.00** Great British Railway Journeys **1.30-2am** Gareth Edwards' Great Welsh Adventure

**ITV2 *Freeview 4***  
**6am** CITV: Craig Of The Creek **6.15** Teen Titans Go! **6.40** Bugs Bunny Builders **6.50** Mr Bean: The Animated Series **7.25** Scooby-Doo! Mystery Incorporated **7.50** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35** Scooby-Doo! And Guess Who? **9.00** World's Funniest Videos **9.30** Totally Bonkers Guinness World Records **10.00** Love Bites **12.00** Dress To Impress **1.00** Celebrity Wheel of Fortune **2.00** Supermarket Sweep **3.00** Charmed **4.00** Dawson's Creek **5.00** Dress To Impress **6.00** Celebrity Catchphrase **7.00** Ant & Dec's Limitless Win **8.00** Bob's Burgers **9.00** Family Guy **11.30** American Dad! **12.30** Bob's Burgers **1.30-2.35am** Deal Or No Deal

**ITV3 *Freeview 10***  
**6am** Classic Emmerdale **7.00** Classic Coronation Street **8.05** Poirot **10.15** The Royal **11.20** Heartbeat **1.30** Classic Emmerdale **2.40** Classic Coronation Street **3.50** A Touch Of Frost **6.00** Heartbeat **8.00** Vera. The detective investigates the death of a businessman who was working as an informant for HM Revenue and Customs offering information on his own company. **10.00** Cracker **12.00** The Royal **12.50-2am** Upstairs, Downstairs

**ITV4 *Freeview 26***  
**6am** Minder **7.00** The Professionals **8.05** Dempsey And Makepeace **9.10** The Champions **10.20** Kojak **11.20** BattleBots **12.20** Robin Of Sherwood **1.25** The Champions **2.30** Kojak **3.35** River Monsters **4.05** The Professionals **5.15** Live ITV Racing: Racing League Live. Coverage from Cheltenham. **8.45** Football Rivales **9.00** Auf Wiedersehen, Pet **10.10** **FILM** Alien Resurrection. Sci-fi thriller sequel starring Sigourney Weaver. (1997) **12.15** The Professionals **1.20-2.15am** Minder

**E4 *Freeview 13***  
**6am** Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs **10.00** Young Sheldon **11.00** Modern Family **12.00** The Big Bang Theory **2.00** The Goldbergs **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Come Dine With Me **8.00** The Great Celebrity Bake Off For Stand Up To Cancer **9.00** Gogglebox **10.05** Naked Attraction **11.05** First Dates **12.10** The Big Bang Theory **1.10-1.40am** Rick And Morty



**NICE RING TO IT . . . married hosts Matt and Emma launch show**

## LOVE IS BLIND UK *Netflix*

LOOKS, brains, a connection on a deeper level . . . all those factors go out of the window when you're an Arsenal fan and the bloke you are chatting up through a wall supports Spurs. That's what happened during the opening episode of Love Is Blind UK – hosted by Emma and Matt Willis – when footie rivalries meant a relationship was an instant no-go. The Netflix concept has been a hit worldwide so a British version was pretty inevitable, and the first four episodes were made available yesterday. Viewers increasingly fed-up with the egos on shows like

# last night

Love Island may find themselves getting into this show as, on first glance, the contestants seem likeable. Indeed, they're that bit older (*most are in their thirties*), so their judgmental days are potentially behind them, and you get the feeling they've signed up for the show for genuine reasons, not just to boost their follower account. For those new to the concept, the singletons are split into genders and have their own living quarters. The

contestants spend a few weeks dating one another in sealed pods, communicating via a speaker in the wall. Once a singleton has built a strong connection with someone, they can propose and only then will the couple finally get to see each other. After the engagement, the pair go on honeymoon and spend a month living together before deciding whether to go through with the wedding. There's something quite compelling about watching

## MORE4 *Freeview 18*

**8.55am** Food Unwrapped **9.30** A Place In The Sun **10.25** A New Life In The Sun **11.25** Find It, Fix It, Flop **12.30** Come Dine With Me **3.10** Four In A Bed **5.50** Château DIY **6.55** Car S.O.S. **7.55** Grand Designs **9.00** 24 Hours In A&E. A 15-year-old is rushed in after going over the handlebars of his bike and a 73-year-old is in extreme pain having dislocated her shoulder months ago. **11.05** Surgeons: Life In Their Hands **12.00** 999: On The Front Line **1.05-2.10am** 24 Hours In A&E

## SKY MIX *Freeview 11*

**7am** Border Security: Canada's Front Line **8.00** Nothing To Declare **9.00** Monkey Life **10.00** UK Border Force **11.00** Highway Patrol **12.00** Motorway Patrol **1.00** Border Patrol **2.00** Monkey Life **3.00** Nothing To Declare **4.00** Star Trek: The Next Generation **5.00** Star Trek: Enterprise **6.00** Star Trek: Deep Space Nine **7.00** Star Trek: Voyager **8.00** Hawaii Five-0 **9.00** Strike Back: Retribution **10.00** The Twilight Zone **11.00** Killer In My Village **12.00** Caught On Dashcam **1.00-2am** Nothing To Declare



**BBC3 10pm** Russell faces his biggest managerial challenge yet in Sneakerhead

## U&DAVE *Freeview 19*

**7.10am** Whose Line Is It Anyway? USA **8.00** Border Force: America's Gatekeepers **10.00** Rick Stein's Mediterranean Escapes **11.00** Rick Stein's Cornwall **12.00** Storage Hunters **3.00** 2.00 Extreme Fishing With Robson Green **3.00** Top Gear **5.00** Rick Stein's Mediterranean Escapes **6.00** Rick Stein's Cornwall **7.00** Would I Lie To You? **7.40** Richard Osman's House Of Games **9.00** Qi XL **10.00** Have I Got A Bit More News For You **11.00** Battle In The Box **12.00** Mock The Week **12.40** Would I Lie To You? **1.20-2am** Room 101

## U&DRAMA *Freeview 20*

**7.10am** London's Burning **8.00** Doctors **9.10** Classic Holly City **10.35** Classic Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** London's Burning **3.00** Born And Bred **4.10** Howards' Way **5.20** Birds Of A Feather **6.05** Desmond's **6.40** Are You Being Served? **7.20** Last Of The Summer Wine **8.00** Annika **9.00** Whistable Pearl **10.00** New Tricks **11.20** Silent Witness **1.25-2.35am** Footballers' Wives

## REALLY *Freeview 17*

**6am** Celebrity Fantasy Homes **7.00** Teleshopping **8.00** Salvage Hunters **10.00** A Place In The Sun **12.00** Money For Nothing **2.00** The Repair Shop **3.00** Celebrity Antiques Road Trip **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Who Do You Think You Are? Two episodes. **11.00** Help! My House Is Haunted **12.00** Paranormal: Caught On Camera **1.00-2am** The Dead Files

## U&YESTERDAY *Freeview 27*

**6.10am** Inside The Factory **8.00** Abandoned Engineering **10.00** World War Two From Above **11.00** Nazi Hunters **12.00** Find It, Fix It, Flop **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** World War Two From Above **5.00** Nazi Hunters **6.00** Antiques Roadshow **7.00** Find It, Fix It, Flop **8.00** Bangers & Cash **9.00** Dream Car Fixers **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00** Great Continental Railway Journeys **1.00-2am** Inside The Factory

## U&W *Freeview 25*

**6.10am** Inside The Ambulance **7.00** Property Brothers: Family Flashback **8.00** Tipping Point **11.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** My Dream Home **6.00** Tipping Point: Lucky Stars **8.00** Nick Knowles' Better Homes. Nick and his team of experts tackle organisation in the home, offering tips on ordering kitchen cupboards. **9.00** The Gentle Art Of Swedish Death Cleaning **10.00** DIY SOS: The Big Build **11.00** Nurses On The Ward **12.00** Ambulance Australia **1.00-2am** Bang On Budget

## QUEST *Freeview 12*

**6am** Fantomworks **8.00** American Pickers **10.00** The Repair Shop **12.00** How Do They Do It? **2.00** Find It, Fix It, Drive It **3.00** Find It, Fix It, Flop **5.00** Wheeler Dealers **7.00** Salvage Hunters: Classic Cars **8.00** Salvage Hunters: The Restorers **9.00** Wheeler Dealers **10.00** Downey's Dream Cars **11.00** The Repair Shop **1.00-2am** Wheeler Dealers

## SPORT



**Sky Sports Main Event 9.30pm** Lucas Glover tees off in the PGA Tour Golf

## SKY SPORTS MAIN EVENT

**6am** Sky Sports News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** Sky Sports News **11.00** **LIVE** The Hundred. Welsh Fire Women v Northern Superchargers Women. Start-time at **11.30**. **2.30** **LIVE** The Hundred. Welsh Fire Men v Northern Superchargers Men. Start-time at **3.00**. **6.00** EFL: Start Of Season Launch **7.30** **LIVE** The Hundred. Oval Invincibles Men v Southern Brave Men. Start-time at **6.30**. Full coverage of the match is available on Sky Sports Cricket. **9.30** **LIVE** PGA Tour Golf. The Wyndham Championship. Coverage of day one. **11pm-4am** **LIVE** Tennis. Coverage of the day's action on the WTA and ATP Tours, as the season continues with a number of clay- and hard-court tournaments around the world.

## SKY SPORTS PREMIER LEAGUE

**6am** PL Greatest Games **7.00** PL Legends **8.00** Premier League Best Goals **9.00** PL 100 Club **10.00** Premier League Icons **11.00** PL Greatest Games **12.00** Transfer Talk **1.00** PL Years **3.00** PL Retro **5.00** The Transfer Show **5.30** Gary Neville's Soccerbox **6.00** Premier League 100: Peter Schmeichel **6.30** PL 100 Club **7.00** Premier League Icons **7.30** Premier League Stories **8.00** Gary Neville's Soccerbox **9.00** Premier League Icons **9.30** Premier League Stories **10.00** Premier League Icons **11.00** PL Years **1.00-3am** PL Retro

## SKY SPORTS FOOTBALL

**8am** EFL Highlights **9.00** Scottish Premiership **9.30** EFL Greatest Games **10.00** Championship Retro **12.00** Championship Season Review

## 1.30 EFL 2.30 EFL Highlights 4.30

Bundesliga Clubs **6.00** EFL: Start Of Season Sports Fans **7.30** Championship Season Review **9.00** EFL: Start Of Season Launch **10.30** Mission To Burnley **11.30** EFL Greatest Games **12.00-2am** SPFL Greatest Games

## SKY SPORTS ACTION

**8am** NFL Highlights **9.00** Fight Night **10.00** NFL Highlights **11.00** Fight Night **12.00** NFL Highlights **1.00** Good Morning Football **3.00** Top Rank Boxing Archive **4.00** NFL Highlights **5.00** Fight Night International **6.00** NFL Highlights **7.00** NFL Bitsize **7.30** NFL Highlights **8.30** NFL Bitsize **9.00** NFL Hard Knocks: Bears **10.00** NFL Highlights **11.00** NFL Hard Knocks: Bears **12.00** Betfred Super League Highlights **12.15-1.15am** NFL Highlights

## SKY SPORTS +

**6am** Sky Sports News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** Sky Sports News **12.00** Transfer Talk **1.00** Luncheonette **2.00** Sports Desk **5.00** The Transfer Show **5.30** Sky Sports News **6.00** EFL: Start Of Season Launch **7.30** **LIVE** Betfred Super League. St Helens v Salford Red Devils. Kick-off at **8.00**. **10.15pm-4am** **LIVE** Tennis. Coverage of the day's action on the WTA and ATP Tours, as the season continues with a number of clay- and hard-court tournaments around the world.

## SKY SPORTS CRICKET

**6am** The Hundred **9.30** The Hundred Bitsize **11.00** **LIVE** The Hundred. Welsh Fire Women v Northern Superchargers Women. Start-time at **11.30**. **2.30** **LIVE** The Hundred. Welsh Fire Men v Northern Superchargers Men. Start-time at **3.00**. **6.00** **LIVE** The Hundred. Oval Invincibles Men v Southern Brave Men. Start-time at **6.30**. **9.30** The Hundred Bitsize **9.45** The Hundred Bitsize **10.30** The Hundred **1.35-5.05am** The Hundred

## SKY SPORTS GOLF

**8am** Europe! Europe! **10.00** European Challenge Tour Golf **10.30** Christo Lamprecht: Tall Order **10.45** PGA Tour: The Cut **11.15** European Challenge Tour Golf **11.45** **LIVE** PGA Tour Golf. The Wyndham Championship. Coverage of the early stages of day one. **8.00** **LIVE** PGA Tour Golf. The Wyndham Championship. Coverage of day one. **11.00** The Players Championship Official Film **12.00** Golf Academy **1.00-2am** PGA Tour Golf

## ENTERTAINMENT



**SKY SHOWCASE 8pm** The duo present Rob & Romesh vs Team GB: Part 2

## SKY SHOWCASE

**6am** Sky News Breakfast **7.00** Breakfast With Anna Jones **8.00** Stop, Seize **9.00** Stargate SG-1 **11.00** Orangetan Jungle School **12.00** Supergirl **1.00** MacGyver **2.55** Live The Hundred Live. Oval Invincibles Women v Southern Brave Women. **6.00** EFL: Start Of Season Launch **7.30** The Simpsons **8.00** Rob & Romesh Vs Team GB: Part 2 **9.00** The Walking Dead: Daryl Dixon **10.10** **FILM** Safe. A former cage fighter protects a 12-year-old girl holding valuable information that several criminal factions want. Action thriller, starring Jason Statham and Catherine Chan. (2012) **12.10** Never Mind The Buzzcocks **12.55-2.15am** Sex And The City

## SKY ATLANTIC

**6am** Fish Town **8.10** Riviera **10.20** Britannia **12.25** Game Of Thrones **1.45** The Sopranos **3.55** Riviera **5.55** Britannia **7.55** Game Of Thrones. The day of King Joffrey's wedding to Margaery Tyrell arrives. **9.00** House Of The Dragon. Fantasy drama starring Matt Smith and Emma D'Arcy. Last in the series. **10.25** Yellowjackets. Misty uses her first-aid knowledge to tend to the injured. **11.30** Succession **12.40** Winning Time: The Rise Of The Lakers Dynasty **1.45-2.55am** Watchmen

## SKY WITNESS

**6am** Bondi Rescue **7.00** Border Patrol **8.00** Stop, Seize **9.00** Highway Cop **10.00** Caught On Dashcam **11.00** Blue Bloods **12.00** The Rookie **1.00** Chicago Fire **2.00** FBI: Most Wanted **3.00** Caught On Dashcam **4.00** Nothing To Declare **8.00** Nothing To Declare. The work of customs officers in Australia. **8.30** Nothing To Declare. The work of customs officers in Australia. **9.00** The Rookie. The team search for two missing teenagers. **10.00** The Good Doctor. Shaun's limitations put lives at risk during a robbery. **11.00** Chicago Fire **12.00** For Life **1.00-2am** FBI: Most Wanted

## GOLD

**7.25am** The Thin Blue Line **8.00** Keeping Up Appearances **9.20** Ever Decreasing Circles **10.00** Are You Being Served? **10.40** Porridge **11.20** Last Of The Summer Wine **12.40** Keeping Up Appearances **1.20** Ever Decreasing Circles

**2.00** Porridge **2.40** Dad's Army **3.20** Are You Being Served? **4.00** Last Of The Summer Wine **5.20** Porridge **6.00** Keeping Up Appearances **6.40** Dad's Army **8.00** The Thin Blue Line. Patricia protests against a proposed bypass. **8.40** The Vicar Of Dibley. Alice shocks Geraldine with a pre-wedding revelation. **9.20** Harry Enfield And Chums. Featuring the Camp Jockeys. **10.00** Bottom. The bachelors have a run-in with a burglar. **10.35** The Royle Family. The Royleys celebrate Antony's 18th birthday. **11.15** The Thin Blue Line **11.55** The Vicar Of Dibley **12.30** Harry Enfield And Chums **1.10** Bottom **1.50-2.30am** The Royle Family

## COMEDY CENTRAL

**8am** Home Improvement **9.00** Friends **11.00** New Girl **1.00** Friends **9.00** Lee Evans: Live In Scotland. A performance by the comedian. **10.30** Kevin Bridges: A Whole Different Story. The Scots comedian on stage during his 2015 tour. **11.30** Michael McIntyre: Hello Wembley! **12.35** Amy Schumer: Comedy Central Live **1.00** The Bonnaroo Experience **1.55-2.50am** Bo Burnham: Words, Words, Words

## ALIBI

**7.10am** Murdoch Mysteries **9.00** The Doctor Blake Mysteries **10.00** Elementary **11.00** Hudson & Rex **12.00** Father Brown **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** Shakespeare & Hathaway: Private Investigators **5.00** Father Brown **6.00** Hudson & Rex **7.00** Elementary. A bomb explodes in the city morgue.

**8.00** Death In Paradise. An archaeologist is poisoned during a dig. **9.00** So Help Me Todd. Margaret and Todd defend Lyle's mother Jaqueline. **10.00** The Company You Keep. Romantic drama starring Milo Ventimiglia and Catherine Haena Kim. **11.00** Elementary **12.00** Hudson & Rex **1.00-2am** Murdoch Mysteries

## SKY COMEDY

**8am** Will & Grace **9.00** The Conners **10.00** Crashing **10.40** Barry **11.55** Young Rock **12.55** Dice **2.05** Barry **3.25** Young Rock **4.25** Crashing **5.00** Will & Grace **6.00** The US Office **7.00** The Conners **8.00** Will & Grace **9.00** Girls **10.00** Fantasmas **11.20** Sex And The City **12.35** Breeders **1.35-2.35am** And Just Like That

## DISCOVERY

**6am** How It's Made **7.00** How Do They Do It? **8.00** Blowing Up History **9.00** How The Universe Works **10.00** Iron Resurrection **11.00** Wheeler Dealers **1.00** Alaska: Homestead Rescue **3.00** Mystery At Blind Frog Ranch **4.00** Flying Wild Alaska **5.00** Salvage Hunters **6.00** Iron Resurrection **7.00** Jeremy Wade's Dark Waters. Jeremy searches for a giant halibut in Alaska. **8.00** Wheeler Dealers. Mike and Ant welcome a zippy little 1974 Fiat X1/9 sports car to the workshop. **9.00** In The Eye Of The Storm. Hurricane Ida slammed the Louisiana coast in 2021. **10.00** Naked And Afraid: Last One Standing. Survivalist search elephant dung and test their bushcraft skills. **12.00** Mysteries Of The Deep **1.00-2am** In The Eye Of The Storm

## RADIO



**Virgin Radio 4pm** Ricky Wilson hopes to end your afternoon with a good laugh

## VIRGIN RADIO *DAB virginradio.co.uk*

**6.30am** Angela Scanlon **10.00** Vogue Williams **1.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Bam 10.00 Olivia Jones **1.00** Graeme Smith **4.00-6.30am** Steve Denyer

## TALKRADIO *DAB talkradio.co.uk*

**6.30am** Mike Graham **10.00** Alex Phillips **1.00** Ian Collins **4.00** Peter Cardwell **7.00** Kevin O'Sullivan **10.00** Andre Walker **1.00** Paul Ross **5.00-6.30am** James Max

## TALKSPORT *1053, 1089AM talksport.com*

**6am** Alan Brazil **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Baker **4.00** TalkSPORT Drive **7.00** Olympic Kick-Off

people get to know one another without clapping eyes on the potential other half.

Some know from the off that it's a no-go – there's no spark, or there's a red-zone lifestyle choice, like not wanting kids or supporting a rival football team.

But others really connect, like Brummie gym owner Steven and Sabrina, a Northern Irish marketing exec, whose deep chats created a seemingly unbreakable bond.

She was even willing to ignore his penchant for Speedos, as long as she can "walk ten feet behind him" when he dons them.

That really is love.

**STUART PINK**



**SUNDAE SQUAD . . . taste test**

**SUSAN CALMAN'S GRAND DAY OUT, Channel 5, 9pm:** Oh, she does like to be beside the seaside. And this week Susan is in sunny *(sometimes)*

Eastbourne, where she highly rates the Victorian pier and discovers its history, before heading along the decking to the tea rooms for a coronation chicken sandwich, scone and a slice of orange chocolate cake.

Well, she is on her holidays. Susan's bed for the night can only be described as . . . wow.

Then it's off for a ride on a model railway, before sampling vegan "fish" and chips made from banana blossom.

But the highlight has to be when she goes head to head with Aled Jones in an ice-cream

contest, independently judged by "seaside sundae master" Lisa.

It's surprisingly competitive and Aled offers to sing Walking In The Air. And there we were thinking he wanted to win!

**TOM KERRIDGE COOKS BRITAIN, ITV1, 8.30pm:** The final leg of Tom's foodie adventure sees him arrive in Powys to meet farmer Billy, who supplies free-range chickens to Marks & Spencer.

Billy shows Tom how he creates the perfect environment for the birds on his huge farm,

**Sun TV picks**

inspiring the chef as he whips up a succulent roasted chicken thigh dish. Next, he visits Lancashire and is very excited to learn about growing shiitake mushrooms in a lab.

He celebrates the ingredient by creating mushroom and bacon eggs Benedict. Delicious.

**FRESH VS FROZEN: WHICH IS BETTER?, Channel 5, 8pm:** It's an age-old question for some foodies – is fresh food the way to go or can frozen be as good?

This new show attempts to settle the debate, as it delves into

the history of how freezer grub changed the food industry.

Plus experts, scientists and shoppers have their say – and there's an all-important cook-off.

**GEORGE CLARKE'S AMAZING SPACES, Channel 4, 9pm:** Few home improvement series are as inspiring and surprising as Amazing Spaces. So it is with a heavy heart that we reach the end of the current series.

George closes proceedings with a visit to a couple converting a rusty ship's wheelhouse into some unconventional glamping digs in Wales. And he finally gets to unveil his cabin in the sky, which is just as spectacular as he had hoped.

**GEMMA GRAHAM**

**TNT SPORTS 1**  
**8am** Test Cricket **9.00** Classic Premier League **12.30** One Day International Cricket **1.30** Cricket Reload **1.45** Test Cricket **2.45** **LIVE** Test Cricket, West Indies v South Africa. **11.00** One Day International Cricket **12.00** Reload **12.30** MLB Highlights **1.30** MLB Plays of the Week **2.30-5.45am** **LIVE** MLB, Seattle Mariners v Detroit Tigers. Start-time at 2.40.

**TNT SPORTS 2**  
**6am** FIM JuniorGP Championship **10.30** MotoGP Highlights **11.30** Sign Up – Into Football **12.30** Reload **12.45** Badminton Weekly **1.00** Fight Night Live **3.00** Badminton Unlimited **3.30** MLB Plays of the sWeek **4.00** MLB Highlights **5.00** **LIVE** MLB, Atlanta Braves v Milwaukee Brewers. Start-time at 5.20. **8.15** MLB: Off the Bat **8.45** MLB Plays of the Week **9.15** MotoGP Rewind **9.30** Reload **10.00** UFC: The Ultimate Fighter **11pm-2am** UFC

**TNT SPORTS 3**  
**6am** Premiership Rugby Union **7.30** Badminton **1.30** Classic Premier League **5.00** WWE Friday Night SmackDown **6.30** WWE Monday Night Raw **9pm-6am** Classic Premier League

**PREMIER SPORTS 1**  
**8am** Transworld Sport **9.00** URC Highlights **10.00** LaLiga Specials **11.00** Premier Sports Cup **1.00** LaLiga Specials **1.30** Sporting Countdowns **2.00** NHL Ice Hockey **4.00** Football **8.00** LaLiga Specials **8.30** Football **10.30** Top 14 Match Highlights **11.30** URC Highlights **12.30-1am** F1H2O World Championships

**EUROSPORT 1**  
**7am** Bonjour Paris **8.00** **LIVE** Open Water Swimming: Summer Olympic Games. The women's 10km open water swimming event. **9.00** **LIVE** Athletics: Summer Olympic Games. Day eight. **12.00** **LIVE** Canoeing: Summer Olympic Games **1.00** **LIVE** Golf: Summer Olympic Games. The second round of the women's tournament. **1.45** **LIVE** Diving: Summer Olympic Games. The men's 3m springboard final. **3.45** **LIVE** Sailing: Summer Olympic Games. The men's and women's kiteboarding finals. **4.15** **LIVE** Football: Summer Olympic Games. The men's bronze medal match. **6.00** **LIVE** Athletics: Summer Olympic Games. Day eight. **9.00** Bonoir Paris **10.30** Diving: Summer Olympic Games **11.30** Sailing: Summer Olympic Games **12.30-2am** Athletics: Summer Olympic Games

**10.00** The Sports Bar **1.00** Extra Time With Paul Ross **5.00-6am** Early Sports Breakfast

**TALKSPORT2** *DAB talksport.com*  
**6am** Sportsday **9.00** Exclusives **1.00** The TalkSPORT 2 Social **5.00** Exclusives **12.00** Exclusives **5.00-6am** Early Sports Breakfast

**TIMES RADIO** *DAB thetimes.co.uk/radio*  
**6am** Aasmah Mir And Stig Abell With Times Radio Breakfast **10.00** Ed Vaizey **1.00** Ayesha Hazarika **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar With Times Radio Drive **7.00** The Evening Edition **10.00** Henry Bonus **1.00** The Story **1.30** The Best Of Times Radio **5.00-6am** Rosie Wright With Early Breakfast

**RADIO 1** *97.6-99.8FM bbc.co.uk/radio1*

**6.57am** Newsbeat **7.00** Breakfast With Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat @ 12: 45 **1.00** Matt And Mollie **3.00** Pop Anthems **3.30** Newsbeat **3.32** Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat @ 17: 45 **6.00** Jack Saunders **8.00** Arielle Free **10.00** BBC Introducing Dance **11.00** Residency **1.00** Danny Howard Club Mix **2.00** Chillout Anthems **3.00** Happy **4.00** Workout Anthems **5.00-6.57am** Early Breakfast With Sam & Danni

**RADIO 2** *88-91FM bbc.co.uk/radio2*

**6.30am** Zoe Ball **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **7.00** Jo Whiley **9.00** Bob Harris **10.00** Trevor Nelson **12.00** Ellie Brennan **3.00** Sounds Of The 90s (R) **4.00-6.30am** Owain Wyn Evans

**MOVIES**



**Sky Cinema Premiere 8pm** Zack Morris stars in the thriller Jericho Ridge

**SKY CINEMA PREMIERE**

**9.25am** Mean Girls (12, 2024) ★★★ **11.25** Trolls Band Together (U, 2023) ★★★ **1.00** Robin And The Hoods (PG, 2024) ★★★ **2.50** Parallel (15, 2024) ★★★ **4.30** Trolls Band Together (U, 2023) ★★★ **6.05** Mean Girls (12, 2024) ★★★ **8.00** Jericho Ridge (15, 2023) ★★★ **9.45** Parallel (15, 2024) ★★★ **11.30** Concrete Utopia (15, 2023) ★★★ **1.45-3.45am** Uproar (12, 2024) ★★★

**SKY CINEMA ADVENTURE**

**7.35am** Johnny English Reborn (PG, 2011) ★★★ **9.20** Pan (PG, 2015) ★★★ **11.20** The Legend Of Zorro (PG, 2005) ★★★ **1.35** The Super Mario Bros. Movie (PG, 2023) ★★★★★ **3.20** The Flash (12, 2023) ★★★★★ **5.50** The Mummy (15, 1999) ★★★★★ **8.00** Dungeons & Dragons: Honour Among Thieves (12, 2023) ★★★★★ **10.20** The Hangover (15, 2009) ★★★★★ **12.05-1.50am** The Hangover Part II (15, 2011) ★★★

**SKY CINEMA ACTION**

**9.25am** Shaolin Soccer (PG, 2001) ★★★ **11.05** The Cinema List: Bourne **11.25** Gunpowder Milkshake (15, 2021) ★★★★★ **1.30** The Scorpion King (PG, 2002) ★★★ **3.15** Inception (12, 2010) ★★★★★ **5.55** Terminator Salvation (12, 2009) ★★ **8.00** Mission: Impossible: Dead Reckoning Part One (12, 2023) ★★★★★ **10.50-1.05am** American Night (15, 2021) ★★★

**FILM4** *freeview 14*

**11am** Stardust (PG, 2007) ★★★★★ **1.35** Percy Jackson & The Lightning Thief (PG, 2010) ★★★ **3.55** The Legend Of Zorro (PG, 2005) ★★★★★ **6.30** Mortal Engines (12, 2018) ★★★★★ **9.00** Old (15, 2021) ★★★ **11.0** The Running Man (18, 1987) ★★★ **1.10-3am** Cube (15, 1997) ★★★★★

**TALKING PICTURES** *freeview 82*

**11.05am** Doctor In The House (PG, 1954) ★★★★★ **12.55** Knock On Any Door (PG, 1949) ★★ **3.00** Crown Court **4.30** Enemy At The Door **5.35** 36 Hours (PG, 1953) ★★★ **7.20** The Spare Tyres (U, 1967) ★★★ **8.00** The Brothers **9.05** Van Der Valk **10.05-12.05am** A Month Of Sundays (PG, 1989) ★★★

**GREAT! MOVIES** *freeview 34*

**9am** The Other Mother (PG, 1995) ★★★★★ **10.55** Another Man's Wife (15, 2011) ★★ **12.50** A Date With Murder (15, 2008) ★★ **2.35** Asteroid-a-geddon (PG, 2020) ★★★ **4.30** Asteroid: Final Impact (12, 2015) ★★ **6.25** Match Point (12, 2005) ★★★★★ **9.00** Lucky Number Slevin (18, 2006) ★★★★★ **11.20pm-1.55am** Bunraku (15, 2010) ★★★

**GREAT! ACTION** *freeview 42*

**9am** End Of The World (PG, 2018) ★★ **10.50** Coast Guard Alaska **11.50** War Machines **1.00** The Walking Hills (PG, 1949) ★★★ **2.45** McLintock! (U, 1963) ★★★ **5.30** Wild West Chronicles **6.00** Cops Uncut **6.30** Air Rescue **7.00** Coast Guard Alaska **9.00-11.50pm** Silverado (PG, 1985) ★★★★★

**THE Sun**

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# dear deidre

Edited by **SALLY LAND**

No matter what the issue, I answer every single problem

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS, CHLOE STRATTON

## PARTNER LIT UP ON HOLS AND IT'S LEFT ME FUMING

Dear Deidre

WHEN my partner said she fancied a cigarette during our holiday, I saw red. She knows I'm vehemently anti-smoking because my father died of lung cancer. We ended up having a huge row, and now we aren't speaking. I'm 38 and she's 36. We've been together for ten years.

My partner smoked when she was younger but gave up after we met. By that time, my dad was already gravely ill.

Last month, we went on holiday to Italy. One evening, she got out a packet of cigarettes.

I was horrified. She knows how much I hate the smell, not to mention the fact smoking kills you.

She said I was overreacting and being a control freak. She told me she had no intention of starting smoking regularly again, it was just a holiday thing.

But I know how addictive it is. I can't believe how selfish she was, when she knows how awful it was to watch my dad die. Now I can barely look at her. Am I overreacting?

**DEIDRE SAYS:** Your feelings about smoking are valid. It is addictive and dangerous. Given what happened to your dad, it's not surprising you feel strongly about it.

Make your partner see that your reaction came from fear and love rather than anger. Tell her you want her to be around for as long as possible.

My support pack Looking After Your Relationship should help you talk.

# Sex with ex but now I'm jealous

Dear Deidre

**ALTHOUGH we have split up, I'm still having regular sex with my former girlfriend.**

But her phone calendar suggests she's sleeping with another ex too – and I'm jealous as hell about it. I'm 26 and she is 24. We dated for a few months before moving into a flat together. But six months in, she told me she didn't think the relationship was working, so we should just be friends.

I was gutted and moved out. When I went to collect my things, we ended up kissing, then having sex on the sofa. She said we still had great chemistry and that she still fancied me, even if she didn't see a future for us. So why not enjoy each other?

Then she suggested a "friends with benefits" arrangement. Even though what I really wanted was to get back together, I agreed.

Since then, I've gone round about once a week for sex, often late at night when she messages me.

It's like it was at the start of our relationship – exciting, passionate and naughty. But a few days ago, she

**HERE TO HELP YOU**

**IF YOU** are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response within one working day.

**deardeidre@the-sun.co.uk**

was showing me some pictures on her phone, when her calendar alert popped up announcing her ex's birthday party that night.

She was with him before we met and, as far as I was aware, they were no longer in contact. Plus, she

had told me she was seeing her best friend that evening, so I couldn't come over.

She quickly swiped it away, making excuses, which seemed even more suspicious.

Now I'm paranoid that she's having sex with him, too.

I know we're not together but it feels like I'm being lied to and used. What should I do?

**DEIDRE SAYS:** Stop having sex with your ex. It's keeping you emotionally tied to her, which is why you feel so jealous. Casual sex only works if deep feelings are not involved. You agreed to this arrangement because it was a way of staying close to her.

Maybe she is sleeping with her ex. Perhaps it's her pattern.

Unfortunately, she's made her position clear, so you have no right to demand exclusivity from her.

Tell her you need space, and stop going round to your old flat.

Time apart will help you to start getting over her properly, which will free you up to meet someone new – someone who wants more from you than sex.

See my support pack Moving On for more advice.

## FED UP OF THE MESS LEFT BY MY GIRLS

Dear Deidre

I'M so fed up with my slovenly teenage daughters, who drop their underwear on the bathroom floor.

They leave the loo in a filthy state every day, despite my pleas for them to clean it. I now want to find a suitable punishment.

I'm a 45-year-old single mother. My daughters are 14 and 16. Even though I have brought them up to clean, tidy and have respect for our home, they live like pigs.

After they have been in the bathroom, there are clumps of hair everywhere, as well as toothpaste and leaking shampoo bottles.

Wet towels lie where they have dropped them, and sometimes there are even used sanitary towels. They never clean the toilet.

It is disgusting. All I want is a clean and well-kept bathroom. But if I ask them to clear up after themselves, they just scoff. I am fed up being their skivvy.

How can I get them to behave?

**DEIDRE SAYS:** Your daughters are old enough to clean up their own mess. They are being selfish.

Try talking to them again. My support pack, Standing Up For Yourself, should help you to have this talk. But if they won't listen, I suggest next time they leave mess all over the floor, instead of cleaning it yourself, scoop it up into a pile and put it on their beds. They should get the message. My support pack Stressed With The Kids will also give you some advice.

**THE Sun**

**YOUR FREE TV MAG**

**Work of HEART**

EXCLUSIVE

With Matt and Emma Willis

THIS WEEK, MATT AND EMMA WILLIS ON WHY THEY'RE HOSTING LOVE IS BLIND: UK TOGETHER AND HOW THEY EACH KNEW THEY'D FOUND THE ONE.

**EVERY SATURDAY ONLY IN THE Sun**

**stories** deidre's photo casebook | **JODIE'S JEALOUS STREAK: DAY 4**

**BABE, HAS ANYTHING EVER HAPPENED BETWEEN YOU AND SAM?**

**WHAT? OF COURSE NOT. WHERE IS THIS COMING FROM?**

**OH, DON'T BE SILLY, SHE'S LIKE MY SISTER!**

**ARE YOU SURE SHE DOESN'T LIKE YOU?**

**LONG TIME NO SEE, IT'S GREAT TO HEAR FROM YOU...**

**YEAH, SORRY, I'VE BEEN A BIT M.I.A. I'VE MISSED YOU THOUGH. HOW'VE YOU BEEN?**

**ALL RIGHT. A LOT BETTER NOW I'M WITH YOU, THOUGH**

**STOP IT, YOU!**

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

**Dear Deidre**

My homophobic husband cut off our daughter when she came out as gay, and I can't forgive him. To punish him, I have now decided I will never have sex with him again. But I'm so miserable. I'm 47 and my husband is 49. Our daughter is 18. Although I am not a believer, my husband is a strict Catholic. Despite our differences, his religious beliefs weren't a problem in our marriage. Then, three months ago, our daughter revealed she's a lesbian. I have long suspected this, so it was no surprise and I told her I would always be there for her. But her dad said he couldn't accept it – that she was no longer a part of our family and should leave.

**HUBBY REJECTS GAY DAUGHTER**

Our daughter was devastated, and I was horrified at his reaction. Since then he has relented, saying she can live at home, but he doesn't ever want to know if she dates a woman. I find his attitude so offensive and cruel. I have decided if she is not "allowed" to have sex, then neither is he. But I'm so unhappy and I'm not sure I want to continue in the marriage.

**DEIDRE SAYS:** It sounds like you never believed your husband would put his religious

beliefs before his love for your daughter. This has shocked you and changed your feelings for him, even though he has partially relented. Keeping your anger inside and going on a sex strike is not healthy and will not help your relationship. It is important to talk to your husband about how you feel, and work out whether there is a way forward for your marriage. Couple counselling would be a good idea for you both. It will allow you to discuss your feelings and differences in a safe space. Contact [tavistockrelationships.org](http://tavistockrelationships.org) (020 7380 1960). My support pack on Counselling will tell you more about this.

**hot topic**

GETTING a good night's sleep is as important as eating a balanced, nutritious diet and exercising. While sleep needs vary for everyone, the majority of adults require between seven and nine hours a night. In the UK, one in three people sometimes struggle with insomnia. If you find it difficult to get a full night's rest, my support pack Sleep Problems has plenty of practical advice and tips to help.

**GET IN TOUCH** If you are worried about something, my team is here to help. Please contact and follow us. **Online:** [thesun.co.uk/deidre](http://thesun.co.uk/deidre) **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial **X:** @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

# Fab DAILY

BEAUTY & CELEBRITY

Old-school weight-loss tactics are back, so writer and yoga teacher Natasha Harding from Bude, Cornwall gave 90s fave SlimFast a go



**IN MARCH**  
12st 13lb,  
dress size  
14/16

## I LOST 11½st BUT IT WAS RETRO DIET THAT SHIFTED THOSE LAST 7lbs



**NOW**  
11st,  
dress size  
10/12

**STRUGGLING to zip up my favourite size 14 jeans, I knew that it was finally time for me to make some lifestyle changes.**

No matter how much I breathed in, I couldn't get them on. I knew I still looked OK but at 5ft 9in and just under 13st, I was officially overweight, I didn't like my reflection or how I felt.

I was beginning to feel self-conscious when teaching my yoga classes and finding it hard to talk about how great yoga is when I was overweight myself.

I turn 50 in January and I want to look and feel my best.

So in March, I'd started exercising and eating more healthily. But after four months and losing a stone and a half, I hit a wall and my weight loss plateaued.

That's when I decided to give SlimFast a go. I remember my mum's friends using it back in the Nineties, usually as a quick pre-holiday slimming fix, back when flawless supermodels such as Cindy Crawford and Elle "The Body" MacPherson reigned supreme.

SlimFast has had a tricky time of late, though. Sales plummeted by a third in the US last year, believed to be due to the rise of "miracle" weight-loss jabs like Ozempic.

But recently it has become a hit with the TikTok generation, with videos of Gen Z SlimFast fans clocking up in excess of 20million views.

The diet brand's latest ads featuring model Kelly Brook and TV star Big Narstie posing up a storm in a tongue-in-cheek rap video spoof had caught my eye on social media.

Kelly always looks amazing, so perhaps a couple of weeks sipping shakes could be just

what I needed to shift those stubborn remaining pounds. SlimFast's 1-2 plan recommends you have one "sensible" meal, two meal replacement shakes, smoothies, bars, and three snacks per day.

Each shake contains around 22 calories, 23 vitamins and mineral and 14g of protein.

It sounded convenient and, crucially, doesn't involve lots of cooking or meal prep. But I still had pretty low expectations. I assumed the shakes would taste grim and that would be starving most of the time.

How wrong I was. The chocolate and cafe latte varieties were both deliciously creamy and simple to make. You just mix two scoops of powder into skimmed milk and use a whisk, to avoid any lumps.

I had a shake in the morning, lunch I'd have something like jacket potato with tuna and sweetcorn, or skinless breast air fried with a few new skipping the oil and butter.

Then I'd have another shake in the evening. A lot of the time I didn't need me and rarely felt hungry.

But on the days when I was teaching, I'd have a snack, either a caramel or SlimFast bar which has 99 calories and a handful of berries.

The results were pretty awesome. I lost 4lbs in the first week, giving me an extra push I needed.

By day ten, I'd lost 5lbs and it didn't feel as though I was trying.

For me, this weight loss is all about myself a fighting chance as I approach my 50th birthday.

Both my parents died in their 50s, although neither of their deaths was

**Continued over page**

# Fab DAILY

## BODY & BEAUTY

Edited by **LYNSEY CLARKE** and **JOEL COOPER**

**THE FAB DAILY TEAM:** Digital Commissioning Editor Claire Dunwell, Contributing Editor Nikki Watkins, Senior Feature Writers Kirsten Jones and Alex Lloyd, Feature Writer Yasmin Harisha, Fashion Editor Clemmie Fieldsend, Deputy Fashion Editor Abby McHale



Sun writer **CLEMMIE MOODIE**, 42, braved the beauty Golden Ratio test – and is pretty pleased with the results

### I MISSED MY WEEKEND MEALS OUT

**From previous page** From previous page

weekends were harder. On Fridays, I usually enjoy dinner out at the pub with my husband Paul, 55, who works in insurance, and our children Zak, 18, and Lexi, ten.

And because I teach most evenings, I had to take the ready-made bottles with me as I couldn't make up a shake at the studio.

At £10 from Amazon for six, they are pretty pricey.

The cans of powder cost £8 for 16 meals, so in two weeks I spent £26 on cans and bottles of shakes, as well as buying a box of six SlimFast bars for around £3.

I also missed eating proper meals and I'm usually a stickler for five portions of fruit and veg a day but it's hard to do that on the plan because I didn't feel I could fit that much into my one meal and I rarely had the additional snacks.

The shakes are said to be nutritionally balanced, but I don't think it's a coincidence that I developed one of the worst colds I've ever had while on this diet.

It also hit my social life as so much revolves around meeting friends for coffee or going for meals.

But, in the short term, SlimFast is convenient. I would recommend it if you want to kickstart a weight-loss regime or are trying to lose weight but have hit a wall.

I am planning on continuing with the plan as I want to be the weight I was before I had Zak – just under ten stone.

But now I'll only do it for five days a week so I won't miss out on weekend dinners with family.

So, with my weight being the highest it had ever been, I started tracking what I was eating on the MyFitnessPal app and then reduced my calorie intake to between 1,200 and 1,400 a day.

The weight started coming off at an average rate of 2lbs a week.

By the beginning of July, I'd lost a stone and a half, bringing me down to 11st 7lbs.

I still had another 3lbs to lose to be the weight I was before I had my daughter. It's only taken me ten years to lose the baby weight.

But it felt unachievable.

It was in shifting those remaining few pounds that SlimFast really helped. It has its downsides, though.

Despite being convenient during the week,

weekends were harder. On Fridays, I usually enjoy dinner out at the pub with my husband Paul, 55, who works in insurance, and our children Zak, 18, and Lexi, ten.

And because I teach most evenings, I had to take the ready-made bottles with me as I couldn't make up a shake at the studio.

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Despite being convenient during the week,



#### NATASHA'S BEFORE AND AFTERS

**THEN**  
**Breakfast:** Cup of tea  
**Lunch:** Beans on toast with grated cheese  
**Dinner:** Shepherds pie with veg, or spaghetti bolognese  
**Snacks:** Bar of chocolate, biscuits, fruit

**NOW**  
**Breakfast:** SlimFast shake  
**Lunch:** Jacket potato, tuna and salad  
**Dinner:** SlimFast shake  
**Snacks:** SlimFast bar, handful of berries, veg



# IT'S OFFICIAL ... I'M AS GORGEOUS AS KATE MOSS AND PRINCESS OF WALES



Princess of Wales, 42

(WELL, ALMOST)



Kate Moss, 50

**NOW, I've never really paid much heed to my chin, eyebrows or, indeed, forehead.**

As far as I was blissfully concerned, I was no Bruce Forsyth (RIP), no Denis Healey (ditto for the Seventies Chancellor) and no Ant McPartlin so life was fine.

And then a leading plastic surgeon "digitally mapped" my face, in the process comparing it to the top ten most beautiful women of the world – and my hitherto halcyon facial dreams were shattered.

In Golden Ratio terms – the maths formula used to assess beauty – I score a measly 78 per cent for my eyebrows, 80 per cent for my forehead and 83 per cent for my chin.

Queen's Gambit star Anya Taylor-Joy averaged over 94 per cent, for reference. So, for my nose at least, I

am 16 per cent less palatable than Anya Taylor-Joy. Still, nothing a mini-facelift can't change.

Elsewhere, though, I was ecstatic to find out I did pretty well – averaging a total of 86.26 per cent.

Sure, I may not be 2024's answer to Nefertiti, but according to leading facial plastic surgeon Dr Julian De Silva (who may well be sorting my chin, brows and forehead out with his little scalpel soon) I'm no munter.

Officially, My Golden Ratio score is about just one per cent off that of the Princess of Wales (the living one) and Kate Moss.

Ah, but which Kate? Waify, Vogue cover star and supermodel circa 2004, or as she looks today?

"The latter," I'm told.

Oh. Still, Dr Julian's remarks on my (flattering) byline photograph are heartening. "Clemmie has an exceptionally beautiful face and her score of 86.26 per cent compares with some of the most beautiful women in the

world," he says, clearly angling for a nice plug of his Harley Street Centre for Advanced Cosmetic and Plastic Surgery.

"The Princess of Wales, with a score of 87.45 per cent, was only just over one per cent above her.

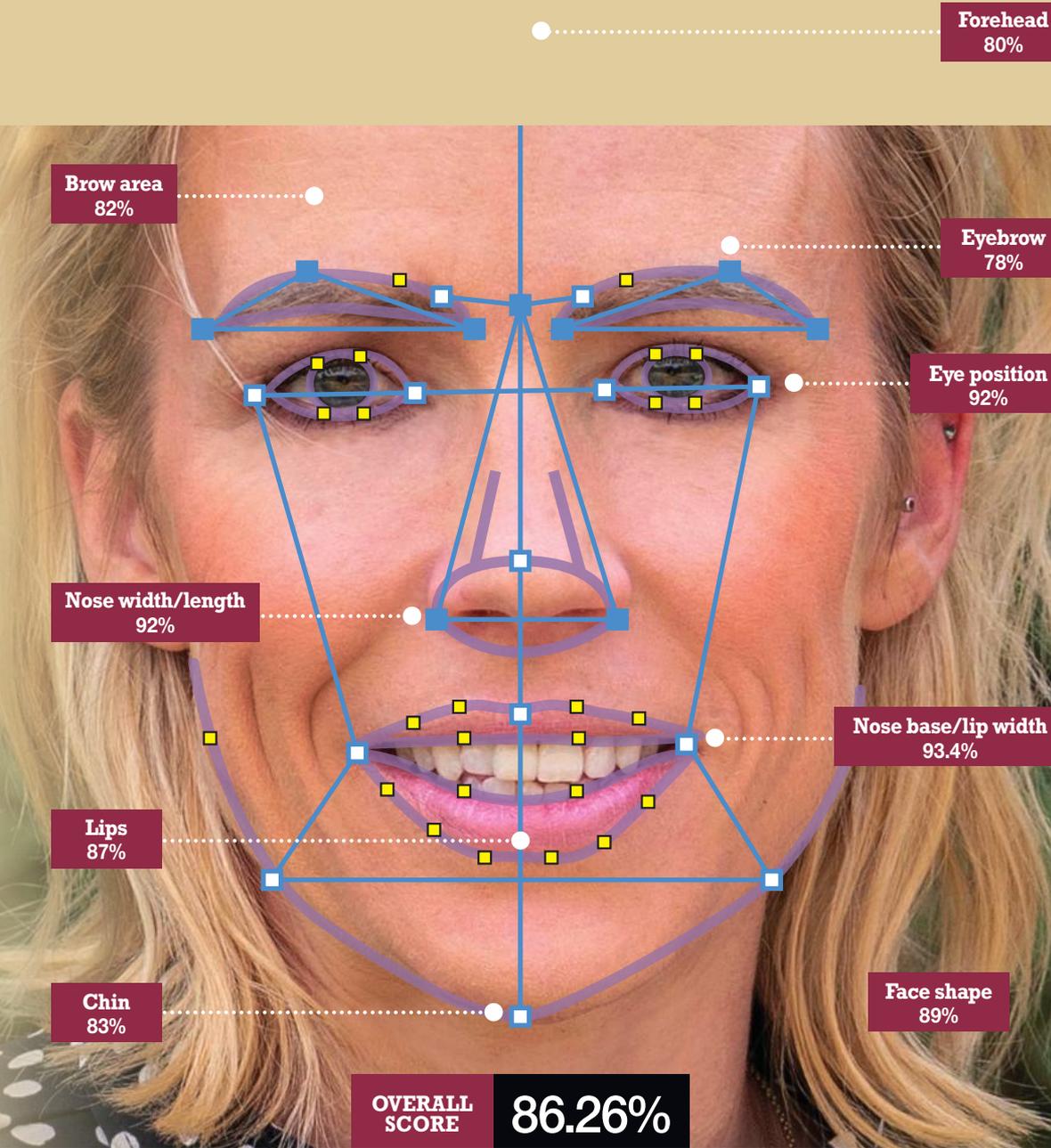
"Why is Clemmie so beautiful?" (Keep talking, Dr Julian, keep on talking). "She scores very highly for the gap between her nose base and lips which gives her face symmetry.

"She has a beautifully shaped nose (thank you, all my own) and this is reflected in her score of 92 per cent for her nose width and length.

"Her eye position is excellent with a score of 92 per cent. Clemmie's scores across all the categories were well above average and she would have been elevated into my list of the 50 highest-ranking women alongside 2024's overall winner, Anya Taylor-Joy, if the scores for her eyebrows and forehead had been higher."

Gah, that pesky forehead again.

# CLEMMIE'S SCORE



## THE WORLD'S TOP BEAUTIES ...SAYS RATIO

Actress, 28 Anya Taylor-Joy	Actress, 27 Zendaya
94.66%	94.37%

Model, 27 Bella Hadid	Actress, 34 Margot Robbie
94.35%	93.43%

Actress, 42 Song Hye-Kyo	Singer, 42 Beyonce
92.67%	92.44%

Singer, 34 Taylor Swift	Actress, 45 Zhang Ziyi
91.64%	91.51%

Actress, 31 Alia Bhatt	Actress, 44 Nazanin Boniadi
91.14%	90.89%

Still, I am pretty chuffed with these results and just hope the next time I'm marauding around a bar on a Friday night, someone approaches me with a ruler to measure my pleasingly symmetrical face.

Ah, but here lies the problem. Although undoubtedly very striking and beautiful, is Anya *really* the world's most gorgeous woman?

### Nose-lip base length

Is she two per cent more beautiful than, say, Beyonce? Or hotter than Margot Robbie, whom I would kill with my own bare hands to look like. (To clarify, I wouldn't kill Margot Robbie to look like Margot Robbie, but maybe a small rodent or grass snake).

Because, let's face it, while we can all arbitrarily agree that these women are all insanely good-looking, attractiveness lies way beyond the epidermis.

Charisma – or rizz, as Gen Z say – is far, far more important in my (92 per cented) eyes. As are humour, kindness

and intelligence. All of these make someone sexy. A satisfactory nose-lip base length does not do it for me but the complete package – personality, confidence and looks – does.

And no ruler or digital software can gauge that. Nonetheless, plastic surgeons are increasingly using the Golden Ratio formula when inspecting would-be patients' faces.

A visually balanced face is apparently approximately 1.618 times longer than it is wide – meaning 1.618 is the magic number.

Similarly, the distance from the top of the nose to the centre of the lips should be around 1.618 times the distance from the centre of the lips to the chin, while the hairline to the upper eyelid is classically 1.618 times the length of the top of the upper eyebrow to the lower eyelid.

And so on. But, again, what does this all mean, really?

I could look at a photoshoot of a model

and think they're hot then meet them in the flesh and be left utterly cold.

My first crushes were Jason Donovan, who had a mullet at the time, and Gary Lineker who, by his own admission, has ears like jugs.

Neither of them would have scored a perfect 100 per cent on the Golden Ratio but to my young, untrained eye they were veritable Adonises.

Today, if I could look like any woman in the world it would probably be Emma Stone, who doesn't feature anywhere in the Top Ten but has an insanely sexy voice and an unquantifiable charisma.

But back to me. Having established it's all nonsense, I am still deeply tempted to add 86.26 per cent to my CV, my Instagram and X handles, LinkedIn, and send it to those nice chaps at Wikipedia to see if they can update my page.

Failling that, and with a shandy down me, I'm going to start introducing myself as "beautiful Clemmie, eight per cent uglier than Bella Hadid".

● **THE Dartford Crossing on the M25 in Essex rakes in £209million a year. More than a third of that comes from fines from drivers forgetting to pay. Tell me about it.**



● **TWO blokes in a Ford Mustang Mach-E travelled 569 miles on a single charge, setting a Guinness World Record. Seriously, who cares? Guinness records should be stupid and amazing.**

**KEEP your Costa and your Starbucks - this is a bit of me.**

A mountain-top pit stop serving proper Italian coffee and grub at "not Costa prices".

Even better, whichever way you look, you're surrounded by rally memorabilia.

There's a reason for that. We had to drive up some classic Rallye Sanremo roads to get here, in conditions not unlike a WRC game on your PlayStation.

Narrow, twisty, bumpy, technical, one minute sunny, one minute foggy, dodging four-legged locals on the way. Major adrenalin rush.

Natural environment for a quattro. Which is exactly what we did it in.

We borrowed a medium-spice Audi S3 Sportback - 333hp with quattro four-wheel drive - to send it up the Italian Alps like the legendary Audi Quattro Group B rally car once did.

The car that made quattro, quattro. The don.

**Grippier version**

Audi tamed Rallye Sanremo three times in the Eighties, with Michele Mouton in '81, Stig Blomqvist the following year and Walter Rohrl in '85.

To this day, Mouton is the only woman to win at the sport's highest level.

Photos on the cafe walls capture their heroics, along with a framed 1985 Rallye Sanremo rally plate, which was too big to smuggle in my rucksack.

The S3 isn't a rally car. It's a family car with rally car DNA. Smooth and easy when you drive it normally.

Armfuls of entertainment when you don't.

It's a lower, faster, grippier version of the regular A3 and little brother to the supercar-slaying RS3 with its 400hp five-cylinder engine.

But here's the thing. The recently updated S3 is closer than ever to the RS3.

Power is up 23hp to 333hp, gearshifts are quicker, the brakes are bigger and it's

**Key facts:**

**AUDI S3 SPORTBACK**

Price: **£50,570**

Engine: **2-litre turbo petrol**

Power: **333hp**

0-62mph: **4.7 secs**

Top speed: **155mph**

Economy: **33mpg**

CO2: **194g/km**

Out: **Now**



**LEGEND... Audi Quattro**

now endowed with a torque splitter on the rear axle.

That's a direct lift from the RS3. In normal use, the torque splitter can shift power from wheel to wheel, increasing agility and high-speed stability.

Then there's Dynamic mode, which sends as much power as possible to the outside wheel to help you drift like a pro.

That same mode increases the idle speed of the engine by 200rpm to 1,300rpm to add a shot of espresso to the traffic light grand prix.

Pops and bangs from the quad exhausts add to the excitement.

It's not as Asbo as the RS3, but not much is, unless you double your spend.

The cabin is typical Audi. Beautifully executed.

The right mix of screens and hard controls. The Sport seats hug you in place. Google Maps is your co-driver.

There's room in the back for the ankle-biters and a boot for all the usual family debris.

I don't remember much else because I was too busy having fun.

I wouldn't choose banana yellow, though.

I'd go black. Like my coffee.



**Holy cow!**

**QUATTRO'S UDDERLY BRILLIANT**



● **HERE'S Ollie Watkins with his new motor. He's got an electric BYD Seal like his England team-mates Phil Foden and Kyle Walker. 3 Seal Lions? I'm told Wayne Rooney has one too. BYD sponsored Euro 2024 and is almost certain to back Euro 2028.**



● **THIS is good. Vauxhall has lowered Astra prices by £2,775 AND loaded it with lots of useful kit. The new Astra Griffin petrol is £24,795, or £399 a month over four years, with £2k deposit. Kit list: Adaptive cruise control, heated seats and steering wheel, wireless smartphone charging.**

● **THIS is really good. Astra Griffin Electric, also £399 a month with £2k deposit, but over five years. Vauxhall is working hard to encourage drivers to switch to electric. Astra has a 258-mile range and costs less to run per mile than a petrol, especially if you can recharge at home.**

**ELECTRIC £399**

**PETROL £399**



**Edited by  
ROB GILL**



**FORD** is still top dog with Puma in the new car sales charts and holds 1-2-3 for vans. The 1-tonne Transit Custom even beats the Volkswagen Golf as Britain's fourth best-selling vehicle. Seven of the top ten cars are crossover/SUVs.

**TOP TEN CARS**

1. Ford Puma
2. Kia Sportage
3. Nissan Qashqai
4. Volkswagen Golf
5. Nissan Juke
6. Audi A3
7. MG HS

8. Hyundai Tucson
9. BMW 1 Series
10. Volkswagen T-Roc

**TOP TEN VANS**

1. Ford Transit Custom
2. Ford Transit
3. Ford Ranger

4. Mercedes Sprinter
5. Vauxhall Vivaro
6. Volkswagen Transporter
7. Renault Traffic
8. Citroen Berlingo
9. Ford Transit Connect
10. Vauxhall Combo



# TOUAREG DE FORCE



FADS come and go in the motoring world – MPVs, for instance, and three-wheelers.

But large, luxury SUVs seem destined to stay.

Volkswagen has been knocking out Touareg for 24 years, the poorer relation to the fancier Audi Q7 and the Porsche Cayenne.

But that was its saving grace. It was cheaper.

Not now. This new one starts at £68,065, whereas a brand-spanking Audi Q7 with the same engine costs £66,690.

But to give VW credit, the updated Touareg is definitely a posher prospect than it was before.

The front end gets a deeper, more assertive looking grille with slick new matrix LED headlamps and a lightbar.

While round the back is another lightbar, this time in red of course, and the first illuminated VW badge.

Inside, the materials have taken a welcome upgrade, giving the cabin a more business-class look and feel.

**Blissfully comfy**

And the facelift isn't just skin deep. The suspension has also been revamped. But honestly, the Touareg's ride is just as blissfully comfy as I remember it ever was.

It's just a shame that when you put your foot down to uncork the plentiful four-wheel-driven torque on offer, there is a frustrating lag in delivery.

Engaging "Sport" mode does help deal with this to a degree.

But unless you go for the full-beans Touareg R with its 462hp and £80k price tag, this really isn't the kind of car you will drive with unerring urgency all the time.

Some clever new tech features have also arrived on board, and given the popularity of the Touareg with those that tow, the active trailer assist is a must-have.

All-wheel steering is another neat option. It makes the heavyweight SUV feel easier to wield about town, effectively tightening the turning circle by a good metre.

Available in five powertrains – all featuring three litres, four-wheel-drive, six cylinders and an eight-speed tiptronic gearbox – there are two diesels

**Key facts:**

**VOLKSWAGEN TOUAREG**

Price: **£68,065**

Engine: **3-litre V6**

turbo diesel

Power: **231hp, 500Nm**

0-62mph: **7.7 secs**

Top speed: **137mph**

Fuel economy: **34mpg**

CO2: **215g/km**

Out: **Now**



(231hp and 286hp), one petrol (340hp) and two plug-in hybrid petrols (381hp and 462hp) which can add up to 31 miles of zero-emission driving.

Touareg wasn't supposed to break the mould, it was the mould.

And, to that extent, it still is – an undramatic, under-the-radar, luxury SUV that is brilliantly built to serve the family with aplomb.

It's just not as cheap as you might hope it would be.

**ROB LEWIS**



**ANOTHER** boatload of Chinese EVs are heading our way. They're made by a firm called Leapmotor and will be sold by Stellantis dealers (Vauxhall, Peugeot, Citroen, Fiat, etc.). I'll report back when we try them next month.



**OLYMPIC** champ Keely Hodgkinson promised herself a beige Porsche if she won the 800m final. Nah, mate. Gold looks much better on you.

**THE** perfect race car has a central driving position (good weight distribution), four sticky tyres and lots of shove. BMW is starting kids early with this special edition pushchair.





**DIESEL CLAIM**  
NO WIN, NO FEE COMPENSATION

# JAGUAR LANDROVER CAR OWNERS

**YOU COULD RECEIVE UP TO  
£10,000 IN COMPENSATION**

**Jaguar Landrover emissions claim will close soon -  
make sure you're not too late! Don't delay, claim now!**

**JLR Claims Deadline: Midnight, August 9, 2024.**

In 2015, the DieselGate scandal sent shockwaves through the automotive industry, revealing the use of Diesel Cheat Devices to bypass emission regulations in both the United States and Europe. Volkswagen Audi Group (VAG) paid a substantial £193 million in May 2022 as compensation. To date, they've disbursed over €40 billion in settlements, all without any admission of guilt.

Our legal partners are now checking vehicles across 9 manufacturers and your vehicle could be eligible.

- ✓ **BMW**
- ✓ **JAGUAR**
- ✓ **PEUGEOT**
- ✓ **CITROEN**
- ✓ **LAND ROVER**
- ✓ **RENAULT**
- ✓ **FORD**
- ✓ **NISSAN**
- ✓ **VAUXHALL**

If you have leased or owned a diesel vehicle from; BMW, Citroen, Ford, Jaguar, Land Rover, Nissan, Peugeot, Renault and Vauxhall, between September 2009 - 2018, you could be eligible for compensation.

To determine whether your vehicle was affected, simply input  
your registration into our Reg Checker.

**check-my-vehicle-reg.co.uk**



# Letters @the-sun.co.uk

The page where you tell Britain what you think

I WHOLLY agree with columnist Clemmie Moodie's support of Algerian Olympic boxer, Imane Khelif, pictured, who has been subject to online abuse over baseless theories that she is a man.

In Algeria, people who are suspected of being gay or trans face imprisonment. Posts by author JK Rowling supporting these theories could pose a grave risk to Ms Khelif's safety.

Rowling should celebrate the success of women and, as Ms Moodie says, stop "stirring up her cauldron of hatred".

**KEELEY CAVENDISH**  
West Dulwich, London  
AN expert in The Sun



on Tuesday suggested staring at a seagull to stop it stealing food.

When I was in Torquay, Cornwall, I stared at a seagull when he tried to peck at my pastry.

He flew away . . . then proceeded to poop on me because he didn't get his dinner.

Next time, I will just get extra chips for these crafty birds!

**DARREN MILNER**  
Stoke-on-Trent, Staffs

**RISHI SUNAK** had the idea of National Service for all 18-year-olds. But how about all migrants, illegal or legal, complete Nat-



ional Service for two years? They would receive the same amount of money they do now, but it may go some way to easing anger over handouts.

**CHRIS TORODE**  
Richmond, North Yorks

**GOOD** on Rod Stewart, pictured, for wanting to gift his beloved 1,500 sq ft train set to the nation instead of leaving it in his will.

He has requested that his local council in Essex get it so all can enjoy it.

What a generous gesture.

**SAMMY REDICAN**  
Killyleagh, Co Down

# Take control of web hate

**£50 LETTER**  
THE SUN is right. Social media fuels extreme opinions and hate speech.

You only have to look at ongoing riots. When the internet was created, nobody could predict its effect on society.

Authors of extreme opinions receive disproportionate support and start believing that society agrees with them.

Social media platforms need to be ahead of the game and clean up the garbage.

**BETHANY WEBB**  
Aberwheeler, Clwyd

HOW right the Sun is to call social media a sewer. It has consistently failed to control its content, leading to all manner of lies which many idiots take as gospel and act upon.

Keir Starmer's warning for social media bosses not to allow their platforms to incite violence will be treated with the usual contempt. Social media in the wrong hands is highly dangerous and tougher laws must be brought in to control it.

**ALEX SAMS**  
Kenton, Tyne & Wear

OWNERS of trouble-stirring social media websites should be held responsible for allowing posts that incite riots and unrest. If a member of the public did this, they would be jailed.

**PHIL HINDE**  
Great Yarmouth, Norfolk

THE people involved in the riots are no more than thugs. If a war broke out and they were called up to defend their country, they would be first to run and hide.

**GEORGE POTTS**  
Canonbie, Dumfries

**TXT US ON**  
**07537 410199**

Don't forget to include your name. Standard text rates from your provider apply

**DONALD TRUMP** doesn't seem to realise that by personally attacking Kamala Harris he is proving he is a man of low IQ.

**KIT**, Liverpool  
I GUESS a large number of those involved in the rioting are only doing it for the excitement.

**MICK HARGREAVES**, Wrexham  
THE quickest way to stop the riots is to stop the boats and control immigration.

**A ZAB**, Lincoln  
KEIR STARMER will not recall Parliament as he is scared to have a debate about immigration and two-tier policing.

**GEOFF**, Bristol

DO social media bosses like Mark Zuckerberg possess a conscience? If so, they should act swiftly against the rubbish peddled on their sites.

How can they do nothing after lies on their platforms causes chaos and anarchy?

**JANE FISHER**  
Newcastle

THE ignorant Elon Musk should be arrested for inciting the violence in our country.

How dare he say a UK civil war is imminent. The rioters are using his site X to stir up hatred. Musk, like Trump, has a big mouth with no brain cells.

**KEVAN RODWELL**  
Bedford, Beds

IT'S getting totally out of hand! We must bring out the water canyons and tear gas - and arm our police. These thugs do not represent Britain.

We have been a multicultural country since the Fifties and normal people, regardless of skin colour or creed, are law-abiding.

**KATH COOKE**  
Chester, Cheshire

ISN'T it time to get the Army on the streets to contain these riots? How about some water cannons?

**ELAINE ADEY**  
Washington, Tyne and Wear

IF ever there was a reason for Scottish independence, it's the riots in England.

There have been NONE here, yet countries are warning citizens to avoid the UK, even though Scotland and Wales are unaffected.

**JUDITH DUNKLEY**  
Dunfermline, Fife

THESE awful riots could have been avoided if consecutive Governments had listened to the mood of the nation.

The Brexit vote should have warned them.

The massive Reform vote should have further warned them.

Taking the stance of detachment and ignoring public opinion has resulted in these terrible riots. Will they ever learn?

**HELEN ROWLAND**  
Harwich, Essex

I AM not trying to promote the EU but, whilst we were members, I can't recall hearing much about people crossing the Channel in small boats.

Could this be because we had a proper arrangement for dealing with such matters which Boris Johnson and Brexit minister David Frost failed to renegotiate?

**DAVID ROSE**  
Linton, Cambs

# Mystic Meg

with **MAGGIE INNES**

**ARIES** March 21 - April 20



Mercury and Venus get closer than close, and you can start to make sense of confusing feelings. This can be a day to let your heart talk freely. Instead of rushing forward, just pause and listen. The moon enters your making-good sector and you can mend everything, from relationships to cash holes.

**TAURUS** April 21 - May 21



From first light today, the rebel impulses of Uranus are at work in your chart. You can find yourself saying a strong no, where usually you would give a weak yes. And instead of accepting roles at work or home that are left for you, you find something that perfectly suits your skills. Luck links two "L" addresses.

**GEMINI** May 22 - June 21



When Pluto gets involved, sparks will surely fly. For you today, this happens in your learning zone. If you see a faster and more fun way to get to the skills or knowledge goal you need, this is your day to say so. Meanwhile, love may have put down more commitment roots than you realise. You will find out tonight.

**CANCER** June 22 - July 22



Stay home or travel towards a new horizon? This is just one question in your chart as Neptune makes its mark. It may be an unsettling day in some ways, but only because your true destiny can be about to appear. Love asks a lot of you, but in ways that reinforce the foundation of romance. Single? Look for red glasses.

**LEO** July 23 - August 23



When you get the feelings of your heart into harmony with the wishes in your mind, you will know you are on the right personal path. Signs are strong this can happen today. It is important to take the time you need to think. Your sociability star is on the rise and you're in demand later, maybe to fill a prize team gap.

**VIRGO** August 24 - September 22



The sensitive influence of Neptune can make you want to do too much for too many people, leaving little room for yourself. Try to step back and see a situation from the outside before you wade in. Love-wise, you as you are can be everything a choosy Aquarius is looking for. Partners start to see an alternative future.

**LIBRA** September 23 - October 23



Daring to dream may be one thing you have rationed recently, until today. You have a chart of infinite possibilities, as soon as you stop limiting your goals in love and at work. If you are coupled up, Venus takes your connection to a new level and hesitation falls away. Single? A fun-loving Leo is ready to be wowed.

**SCORPIO** October 24 - November 22



Start your day with a friends-and-enemies recap. You may be stuck in a rut with how you think about certain people. The ones you overlook could be your best allies. This is the message of maverick planet Uranus. In love? Reinforce two-way trust and don't leave room for doubts. Single? The One is a gifted mimic.

**SAGITTARIUS** November 23 - December 21



Setting goals may not be how you usually operate, being a sign of sudden impulses. But sitting down and mapping out exactly where you'd like to go can reveal strengths and shortcuts. Love-wise, you see that what you have now could be even better. Single? Decide you can be happy and it can happen.

**CAPRICORN** December 22 - January 20



Pluto may appear to put obstacles in the way of a money change. But when you look closer, you can see they may be in your own mind. When you focus on what you can do, rather than what you can't, progress comes. A moon of clear emotional goals can make you braver later, ready to bring up sensitive subjects.

**AQUARIUS** January 21 - February 18



Maybe you feel a family will never understand you. But today your chart asks how hard do you try to understand them? Meeting in the middle can happen when you let go of rigid rules, but still stay 100 per cent true to yourself. Venus takes love deeper, to a place that may briefly feel strange. Luck circles "F".

**PISCES** February 19 - March 20



Thinking too much about love, and reading too much into words and actions, can stop you connecting as your true self. Just for today, try to let go of doubts and stay on the surface of a bond - Venus and Mercury will support you. Single? Instead of listing all the reasons why you cannot approach someone special, just do it.

Phone Meg's psychics for a chat on **0905 005 8102**

Or to pay by credit/debit card call **08000 356 684** or mobile users call **020 7111 6406**

Text a psychic. Just text **MEG** then a space and your question to **60016**

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inverraak.com, PO Box 10015, CM1 9HJ.

**THE SUN BINGO!** PLEASE PLAY RESPONSIBLY

PLAY smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Visit [sunbingo.co.uk/smart-tips](http://sunbingo.co.uk/smart-tips) to find out more

BeGambleAware.org

# puzzles

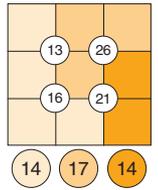
## BRAINBUSTER

What do the following have in common?

D, 7, spy, X, Y

## SUKO®

Enter the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.



## We've got all your favourite brain teasers

PAGE 2 SUJIKO SOLUTION: Top line 382 middle 517 bottom 649

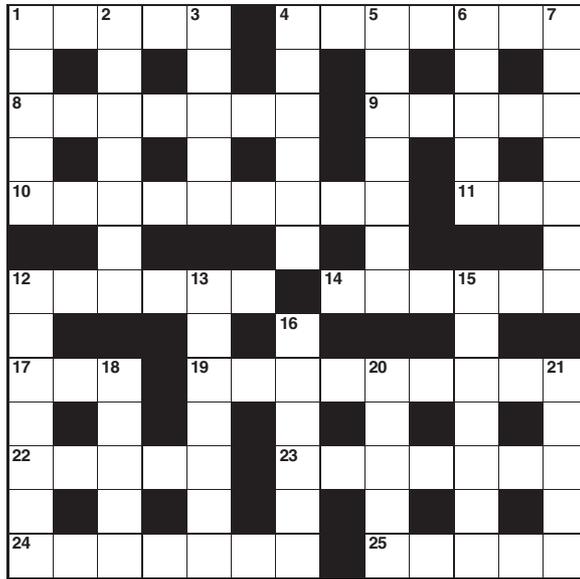
## TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

### Cryptic clues

- ACROSS**
- Double drained in pub makes airman legless (5)
  - Mostly repulsive time in retreat (7)
  - Free paw poking fish or bird (7)
  - One lad pens one war story (5)
  - Green film about working for financial specialist (9)
  - Unfinished display behind is low (3)
  - Scattered beams with energy (6)
  - Old people, about fifty in shrine (6)
  - Light meal Athena regularly provides (3)
  - Self-centred person has come again to party (9)
  - Submarine about to explode (1-4)
  - Showing impatience as cabbie in London district? (7)
  - Hobbyist from East in terrible trauma (7)
  - Lines recited, for instance, in cathedral (5)

- DOWN**
- Call taken by English beauty (5)
  - Envoy's no time to get certificate (7)
  - Thick-skinned sort making cash (5)
  - A skinful on Burns Night? (6)
  - Gap crossed by the German wanderer (7)
  - Leader snatched from platform? That's hatred! (5)
  - Animal to leap explosively over delta (7)
  - Fruit posed a gripping problem (7)
  - Respect changing for royal staff (7)
  - Hint about one fault in cookery (7)
  - Sailor hat (6)
  - Silver and gold brought to a Greek assembly (5)
  - Place person in Accident & Emergency (5)
  - Secretive: like composer John? (5)



### Coffee time

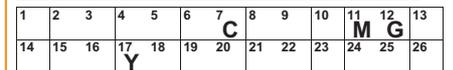
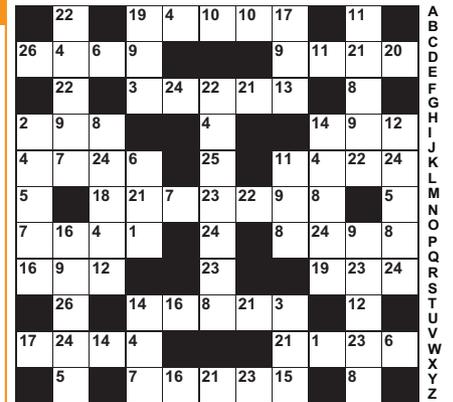
- ACROSS**
- WW2 pilot Sir Douglas (5)
  - Lair (7)
  - Peewit (7)
  - Homeric epic (5)
  - Resources expert (9)
  - Bovine sound (3)
  - Meagre (6)
  - Delphic prophecy (6)
  - Oolong, eg (3)
  - Narcissist (9)
  - Wolfpack member (1-4)
  - Honking a horn (7)
  - Dilettante (7)
  - Plaintive poem (5)

- DOWN**
- Pretty woman (5)
  - Educational qualification (7)
  - Large herbivore (5)
  - Scottish dish (6)
  - Vagrant (7)
  - Abhorrence (5)
  - Larval frog (7)
  - Small orange (7)
  - Ceremonial baton (7)
  - Culinary art (7)
  - Straw headwear (6)
  - Ancient market (5)
  - Domicile (5)
  - Not forthcoming (5)

Check today's answers before midnight by calling 0905 757 0150 for Across and 0905 757 0151 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

Purchase the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 from the HarperCollins website harpercollins.co.uk or phone 0141 306 3100

## WORD WORKOUT



THIS is the world's best brain teaser. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will print the answers tomorrow.

**YESTERDAY - ACROSS:** Tsar, Cork, Craze, Bijou, Often, Dodo, Curd, Loose, Hobo, Nova, Genus, Vinyl, Peace, Twee, Name. **DOWN:** Sea, Reef, Cube, Raj, Acid, Quad, Zoology, Incense, Thorn, Have, Apex, Elise, Upon, Now, Aim.

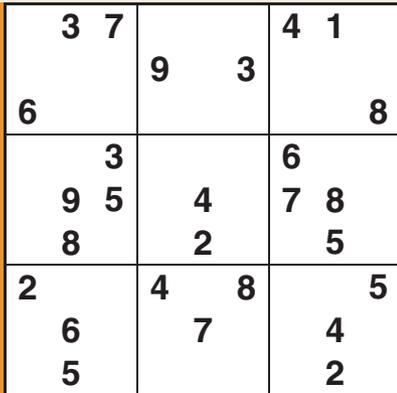
For 4 Extra Clues Call 0901 293 6299

or text SUNWORD to 64343.

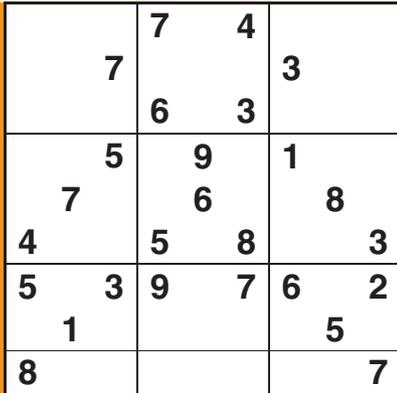
Texts cost £1 plus your standard network rate.

## DOUBLE Sun DOKU

**TODAY'S TEASER** Call 0905 757 0156 for clues or solutions. Cost £1 per minute plus network access charge.



**TODAY'S TOUGHIE** Call 0905 757 0152 for clues or solutions. Cost £1 per minute plus network access charge.



Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary). Helpline: 0333 202 3390 (9am-5.30pm). Service provider: Spoke, W1T 4HD

## WORDSEARCH

Find seven freshwater fish. Words can run forwards, backwards or diagonally. Solution below.



NEWSPAPERS SUPPORT RECYCLING

The recycled paper content of UK newspapers in 2023 was 45.5%



**THE NAME GAME** EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a film director:



- 9 & 6 Actress who played Violette alongside her real-life sister in the TV series Mr Selfridge
- 8 & 10 Mr Vee, original singer of The Night Has A Thousand Eyes (second and last letters of name)
- 7 & 4 Mr Pitt, Britain's youngest ever prime minister (first two letters of name)
- 2 & 5 Actress who starred in the seventies TV show Police Woman
- 1 & 3 Danny, actor who played Arnie's twin in a 1988 film (first and third letters of name)

● Yesterday: Footballer SVEN BOTMAN (Meryl Streep, Neil Buchanan, Aisha Tyler, Jonnie Peacock), (Ernest Bevin). Another Name Game in The Sun tomorrow.

■ If you can't wait until tomorrow for the answers, just call 0901 293 6298. Calls cost £1 plus your telephone company's network access charge.

## 30-SEC NUMBERCRUNCH

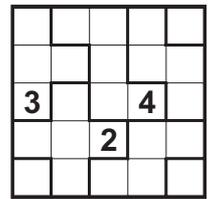
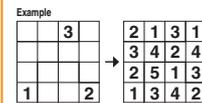
HERE is our fantastic puzzle, the 30-second NumberCrunch. There's no better way to keep your brain trained than playing our great teasers. So if you want to stay ahead of the game, you will love this challenge.

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't reach for your calculator - that would be cheating! Write your final answer in the last box of the line. You should be aiming to complete each round in about 30 seconds. Good luck! Answers below, right.

BEGINNER	INTERMEDIATE	ADVANCED
74	105	191
Half of it	+ 213	- 106
- 29	Half of it	÷ 17
× 11	+ 193	+ 919
+ 131	÷ 11	4/7 of it
÷ 3	+ 156	÷ 13
- 25	3/4 of it	- 78
÷ 12	- 54	20% of it
× 7	Third of it	+ 4468
- 19	+ 283	
ANSWER	ANSWER	ANSWER

## SUGURU®

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below.



## SUNDIAL



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals

BRILLIANT: 22. EXCELLENT: 18. GOOD: 13. GREAT SCORE FOR KIDS: 8.

**YESTERDAY:** Deeper, deer, er, erred, herd, here, nerd, peer, peered, preen, preened, reed, rend, render, REPRESENT.

ending in 's'. Words from Collins Concise Dictionary.

Check today's answers by calling 0905 757 0155 before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

## YESTERDAY'S SOLUTIONS

**Teaser**

7	3	9	5	4	2	1	6	8
6	5	8	7	1	9	3	2	4
1	2	4	3	8	6	7	5	9
5	6	4	2	1	9	7	3	
2	4	7	9	5	3	8	1	6
9	1	3	6	7	8	5	4	2
4	6	1	8	3	7	2	9	5
8	9	2	1	6	5	4	3	7
3	7	5	2	9	4	6	8	1

**Toughie**

6	8	7	9	5	4	1	3	2
9	4	5	3	1	2	7	6	8
3	1	2	8	6	7	4	5	9
8	9	3	7	2	5	6	1	4
7	2	6	1	4	8	5	9	3
1	5	4	6	9	3	8	2	7
5	3	1	4	7	9	2	8	6
4	6	9	2	8	1	3	7	5
2	7	8	5	3	6	9	4	1

**Two-Speed Crossword**

**ACROSS:** 8 Set-free, 9 A-ve-r-1, 10 A-is-14, 11 Trac-tor, 12 De-l-r-ime-nt, 15 Ode, 16 (p)Raw(n), 17 Ginger-nut, 20 Servant, 22 Stage, 24 Ernie, 25 C-arrage.

**DOWN:** 1 Is-land, 2 Otis, 3 Greeting, 4 Bee-tle, 5 Dat-a, 6 Me-ld-own, 7 Star-ve, 13 Towering, 14 Tr-easury, 16 Rash-er, 18 N-of-ice, 19 T(w)eeter, 21 Amen(d), 23 Alas.

**Today's Solutions**

**Wordsearch**

**Suguru**

**NumberCrunch**

9,312,4515  
Brainbuster  
They are all homophones for  
British rivers (Doe, Severn,  
Spoke, Exe, Wey).  
Suko

The Bradford Exchange presents the  
*Disney Once Upon a Slipper*  
Ornament Collection



*'Cinderella – A Timeless Treasure'*



*'Snow White – The Reflection Of Beauty'*



*Beautiful Disney artwork abounds from every angle!*

Only  
**£17.49\***  
per ornament  
(sold in sets  
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Shown larger than actual size of approx. 2.25 inches (5.7 cm) in height.  
Golden hanging cords included.

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**A new way to treasure your favourites!**

The Bradford Exchange is proud to present the *Disney 'Once Upon A Slipper' Ornament Set* – a wonderful sculptural ornament that celebrate the magic of Disney.

**Fully-sculpted slippers become a wondrous world of their own**

Combined of: *'A Timeless Treasure'* and *'The Reflection Of Beauty'*, this set pays tribute to two long-time favourites. Cast in fine artist's resin and handpainted, each slipper features authentic Disney art to create a 'realistic' fantasy background. Intricate, fully-sculpted characters from each film bring a magical touch, as tiny scenes are posed on the toe of each slipper. Tiny sculpted bows and buckles are fashioned as mementos of each heroine, relating to her own story.

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This set of two is accompanied by a Certificate of Authenticity and our famous 365-day money back guarantee. Order now at the issue price of just £34.98 (plus £6.99 S&S)\*. Pay nothing now – simply complete and return your Priority Order Form today!

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**Or call on 0333 234 3687**  
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**Please Respond Promptly**

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You Could Be Owed Thousands!

**REVEALED**

# The Great British Car Finance Rip-off Which Could Reach '£16 BILLION' in Refunds.

Millions of British drivers stand on the brink of massive payouts which has been described as 'PPI scale'.

The Financial Conduct Authority (FCA) launched an investigation into claims of overpriced car finance. It means the car finance scandal could reach over £16 billion.

The new enquiry centres on allegations that car dealers, incentivised by higher commissions, manipulated interest rates, potentially fleecing consumers by driving up costs on their vehicle loans for cars, vans, motorbikes and motorhomes.

The average claim is **£5,318.25\***

This controversial commission model, which was banned by the FCA in 2021, is said to have unjustly enriched dealers at the expense of millions of consumers, costing drivers an estimated £165 million annually.

It's been reported that nine in ten customers pay for new cars on finance in the UK, but people who bought second hand cars on finance agreements, either PCP or HP, can also claim.

One way to check for a car finance claim, and to **see if you could be owed £1,000s** is to contact The PCP Experts; find out in as little as 60 seconds.



**FREE ELIGIBILITY CHECK HERE**

Text **'SUNPCP'** to **88 44 0**

Scan me with your mobile phone camera for more information



\*This is our average claim value as of 29/05/2024.

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**FTSE 100**  
UP  
140.19  
TO  
**8,166.88**

# Sun business



By **ASHLEY ARMSTRONG**

✉ ashley.armstrong@the-sun.co.uk

🐦 @AArmstrong\_says

£ =  
**€1.16 \$1.27**  
**OIL**  
**\$76.54**  
Brent Crude barrel  
Petrol: **144p**  
Diesel: **149p**



Success... Inside Out 2

## DISNEY'S PROFIT IS INSIDE JOB

THE success of Inside Out 2 has helped boost DISNEY's profits after it became the highest-grossing animated film of all time.

The entertainment giant said that since the Pixar sequel was released, more than 1.3million people had signed up to its streaming service to watch the original movie, first released in 2015.

Disney has also turned its first profit from its streaming business, which includes Disney+, Hulu and ESPN and has 118million subscribers.

It reported a £36million gain from streaming, which chief financial officer Hugh Johnston called "great progress... we were losing \$1billion a quarter not that long ago".

Disney made £18billion in revenues in the first quarter and returned to a profit of £2.4billion from a £105million loss a year ago. But it suffered a fall in visits to its theme parks.

## SHARES

**BARCLAYS**  
up 6.55 to 214.75  
**BP**  
up 6.55 to 437.25  
**CENTRICA**  
up 1.85 to 125.20  
**HSBC**  
up 12.60 to 640.60  
**LLOYDS**  
up 1.84 to 57.00  
**M&S**  
up 7.40 to 320.50  
**NATWEST**  
up 11.60 to 334.60  
**ROYAL MAIL**  
up 0.20 to 337.00  
**SAINSBURY'S**  
up 5.20 to 271.40  
**SHELL**  
up 62.00 to 2,770.50  
**TESCO**  
up 9.10 to 329.30

## PROPERTY PRICES UP

HOUSE prices jumped by 0.8 per cent in July and are set to keep rising as mortgage rates become more affordable, according to HALIFAX.

The average UK house price is now £291,268, 2.3 per cent higher than a year ago — the biggest increase in the annual growth rate this year.

Separate figures from ZOOPLA found buyers typically spend just 20 minutes viewing a property before deciding whether to make an offer.

# THAMES IS PUT INTO SPECIAL MEASURES A BREACH OVER TROUBLED WATER

**THAMES WATER has been put into special measures by the water regulator to avoid another hefty fine for breaching licence conditions.**

The UK's biggest water company will now have an "independent monitor" appointed by watchdog Ofwat to check its financial records, turnaround progress and steps to raise cash. The unprecedented move comes after the firm breached its legal licence condition when its debt was down-

graded to "junk" by two credit rating agencies. Ofwat could have fined Thames another 10 per cent of its turnover for the breach, which would have worsened its finances further.

Ofwat chief executive David Black said: "We are clear Thames Water needs to remedy its licence breach, turn around its operational performance and secure backing from investors to restore its loss of investment-grade credit rating."

Thames, which provides services to 16million customers, was slapped with a £104million penalty on Tuesday for routinely using storm overflows to pump

sewage into rivers. Over two-thirds of its waste treatment works had serious operational problems and Ofwat's probe revealed it had not been monitoring 312 of its overflows for years.

Water firms can use overflows to release diluted sewage in exceptional circumstances such as heavy rain, to avoid flooding homes.

But chronic under-investment over a decade has meant Thames discharged sewage 16,990 times last year, a 112 per cent rise on 2022.

Yesterday, Thames' own

map showed three overflows were discharging sewage, despite no rain.

Thames has said it needs to raise funds from investors to fix its issues and only has 11 months of cash left.

Ofwat turned down its request to hike bills by 44 per cent to help cover investment, limiting it to 22 per cent.

It is still investigating Thames' payment of a £150million dividend in March, which was made despite the regulator saying such payments should not be paid if a firm is not financially resilient.



# PUMA HAS A RIRI HARD TIME

A TRAINER collaboration with pop star Rihanna has not been enough for PUMA to style out supply chain and foreign currency challenges.

The sportswear brand said its multi-year Fenty x Puma deal with the Barbadian singer had continued to "drive brand heat" — and it recently launched a sell-out shoe collection with her partner, US rapper A\$AP Rocky.

Puma also has a partnership with Brazilian footballer Neymar Jr and said its new Future 7 boot had helped the firm gain market share in the sport.

But yesterday, the company said that while sales had risen by 2.1 per cent to £1.8billion, the past three

months saw its profits slump by a quarter to £35million.

Shares in the German brand fell by 11.4 per cent yesterday to their lowest level since 2018, after the company warned that earnings would be at the lower end of expectations.

Boss Arne Freundt said Puma remained on track, despite "an environment of increased currency headwinds, stressed supply chains and macroeconomic and geopolitical challenges that are weighing on consumer sentiment around the world".

Deals... Rihanna & Neymar Jr, right



## SHOE'S BLUES OVER RIOT DAMAGE

THE boss of SHOE ZONE, which had its Hull store looted and torched in this week's riots, has told The Sun how "frustrating and senseless" it is for high streets to be under attack.

Rioters smashed windows, stole goods and used piles of shoes to start a blaze that melted the metal shopfront sign.

Anthony Smith, the firm's CEO, said: "What is the point

of it? We are serving the community, we are investing here. Hull and the high street doesn't need any more pain."

He added: "They are nicking low-value shoes and setting them alight — what's that all about? It's nothing to do with

protest — just mindless violence and a bit of excitement.

"The police told our staff to leave and lock up two hours before so they knew it was coming. You would think that they could have stopped it."

The British Retail Consortium

held riot talks with the Home Office, Department for Business and Trade and police yesterday.

Footfall at stores in Bristol, Leeds and Manchester is down 17 per cent and by 13 per cent in Liverpool on days when trouble took place, stats show.



**GOT A STORY?**

✉ ashley.armstrong@the-sun.co.uk

🐦 @AArmstrong\_says

Contact me...we're always open for **Sun**business

# Brown's had it with Horner

**ZAK BROWN** revealed why he cannot be friends with Red Bull rival Christian Horner.

Brown is still angry at Horner, 50, over his team's 2021 breach of F1's budget cap which the McLaren chief insisted "constituted cheating".

The two teams are now fighting for this season's constructors' world title, with McLaren just 42 points behind Red Bull.

And Brown, 52, declared: "I've known Christian for 30 years. We used to race against each other. We used to get on."

"I believe in transparency. I believe in putting your hand up when you get something wrong."

"The cost cap, the excuses behind that, I never heard a 'we just got

By ISABELLE BARKER

it wrong'. I heard excuses and not taking ownership. "When someone breaches the cost cap, and doesn't seem to take it seriously, that's hitting the integrity and core of the sport."

Horner's Red Bull were fined just over £6million and handed a ten per cent reduction in wind tunnel time for the 2023 season.

And Brown told the BBC: "It's not personal, it's protecting our sport."

"And when I see things inconsistent with our values, I'm going to speak up about it."

"I realise that's not always going to be popular. But as long as I'm friends with McLaren, our fans, our partners, that's what's important to me."



## JOE GIVES 'EM MELL

**JOE MELLOR** is unsure if he should give Salford a speedy start or blitz rivals from the bench after his reinvention as a hooker.

Fourth-placed Salford head to St Helens tonight with Mellor, 33, having shone since switching from half-back.

But he admitted: "In my head, there are certain games I'd like to come off the bench and ones when I'd like to start."

"I wouldn't say I'm a natural hooker."

"I've always been a half back but put me anywhere and I'll try to play the same as I do at nine."

NO HALF MEASURES ... Mellor

# Fury foe caged

**FRANCIS NGANNOU** will switch away from big-time boxing to cage fighting when he makes his Professional Fighters League debut this autumn.

The former UFC heavyweight champion, who gave Tyson Fury a fright before losing to Anthony Joshua, faces Renan Ferreira on a pay-per-view super-fight card on October 19, possibly in Saudi Arabia.

Cameroon-born Ngannou, 37, knocked Fury down in the third round of their clash in Riyadh last year before slipping to a controversial split-decision defeat.

Ngannou last fought in MMA in January 2022, defending his UFC title against France's Cyril Gane.

## SPORTS ROUND-UP: RESULTS & FIXTURES

### FRIENDLY MATCHES

**ARSENAL** 4 **BAYER LEV** 1  
Zinchenko 8, Trossard 9, Hlozek 76  
Gabriel Jesus 38  
Havertz 65

**ASTON VILLA** 3 **ATH BILBAO** 2  
Ramsey 4  
Philogene-Bidace 60, Guruzeta 71  
Archer 89

**REAL MADRID** 2 **CHELSEA** 1  
Vazquez 19, Diaz 27, Madueke 39

### CRICKET

#### FIRST TEST MATCH

**West Indies v South Africa**

Port of Spain: South Africa 45-1

#### THIRD ONE DAY INTERNATIONAL

**Sri Lanka v India**  
Colombo: Sri Lanka 248-7, India 138. Sri Lanka win by 110 runs. Sri Lanka win Series 2-0.

#### THE HUNDRED - MEN

**Trent Rockets v London Spirit**

Trent Bridge: Trent Rockets 166-4 (100 balls; A. Hales 68); London Spirit 144 (97 balls; Rashid Khan 4-24). Trent Rockets (2pts) beat London Spirit by 22 runs.

#### WOMEN

**Trent Rockets v London Spirit**

Trent Bridge: Trent Rockets 158-5; London Spirit 127-7. Trent Rockets (2pts) beat London Spirit by 31 runs.

#### ONE-DAY CUP - GROUP A

**Hampshire v Derbyshire**

The Rose Bowl: Hampshire 295-8 (J. Weatherley 93). Derbyshire 152 (D.C. Kelly 5-19). Hampshire (2pts) beat Derbyshire by 143 runs.

**Northamptonshire v Somerset**

Northampton: Northamptonshire 155 (Sail Zaib 57). Somerset 156-3 (A.R.I. Umeed 63). Somerset (2pts) beat Northamptonshire by 7 wickets.

### Worcestershire v Kent

**New Road: Kent** 259 (G. Stewart 78, C.H. Sibbo 72). **Worcestershire** 260-7 (J.D. Lilley 75, R.P. Jones 57). **Worcestershire (2pts) beat Kent by 3 wickets (D/L Method).**

#### GROUP B

**Gloucestershire v Sussex**

**Bristol: Sussex** 132-9 (A.S. Dale 4-15). **Gloucestershire** 133-2. **Gloucestershire (2pts) beat Sussex by 5 wickets (D/L Method).**

**TODAY'S SPORT**

(7.45 unless stated)

**EUROPA LEAGUE**

**3RD QUALIFYING ROUND 1ST LEG**

CM Celje v Shamrock Rovers ... 7:15

**EUROPA CONFERENCE LEAGUE**

**3RD QUALIFYING ROUND 1ST LEG**

Balkani v Larne ... 7:0

Kilmarnock v Tromso ... 7:0

St Mirren v Brann ... 7:0

St Patrick's Athletic v Sabah Baku ... 7:0

**CRICKET**

**The Hundred: Welsh Fire** v Northern Superchargers (Cardiff, Women 11.30, Men 3.0); Oval Invincibles v Southern Brave (The Oval, Women 3.0, Men 6.30).

**One-Day Cup - Grp A: Lancashire** v Middlesex (Old Trafford, 11am). **Grp B: Warwickshire** v Glamorgan (Edgbaston, 11am); **Yorkshire** v Leicestershire (Scarborough, 11am).

**GOLF**

**USPGA Tour Wyndham Championship** (Greensboro, North Carolina).

**RUGBY LEAGUE**

**Betfred Super League (8.0): St Helens** v Salford.

**SPEEDWAY**

**Rowe Motor Oil Premiership R2:** Leicester v Birmingham (7.30), Sheffield v Ipswich (7.30).

# Ricc's ready to rock

By JORDAN DAVIES

**MIKEL ARTETA** is confident new boy Riccardo Calafiori and Jurrien Timber will be fit for the start of the season after missing Arsenal's 4-1 thumping of Bayer Leverkusen.

The Gunners thrashed the Bundesliga Invincibles, with goals from Oleksandr Zinchenko, Leandro Trossard, Gabriel Jesus and Kai Havertz, in a pre-season friendly at the Emirates last night.

There were concerns pre-match after defensive duo Timber and £42million summer signing Calafiori were absent.

Timber has only just returned from an ACL injury that saw him miss all but two Prem games last term, while Italian Calafiori arrived on July 29 from Bologna.

But boss Arteta said the pair should feature in the Emirates Cup match against Lyon on Sunday.

Arteta said: "Jurrien had a little discomfort in his feet and, after the amount of time he has been out, we didn't want to take any risks."

"With Riccardo, so much has happened to him in one week."

"Hopefully for Sunday, he will be available."

Adam Hlozek scored for Leverkusen, while Gunners old boy Granit Xhaka (left, with Arteta) got a warm welcome at the Emirates.



GIFT OF GAB ... Jesus is hailed by pal Jorginho after making it 3-0

# CITY STARS BACK

# CANSELLO

## Joao returns but wants move

**JOAO CANCELO** returned to Manchester City training – four months after accusing the club of "telling lies" about him.

The £60million Portugal defender is still on the Etihad books, even though he last played for the Prem champions in January 2023.

His relationship with boss Pep Guardiola unravelled that month and he was loaned to Bayern Munich then Barcelona last season.

Cancelo, 30, wanted a permanent Nou Camp move – but Barca's financial problems prevented that.

In March, on international duty, he gave an explosive interview claiming City and Guardiola had told 'lies' about his departure.

He hit back at claims he had fallen behind Nathan Ake and Rico Lewis in Pep's pecking order. Speaking in the spring, he said: "City were a bit ungrateful to me when they said that. I was a very important player for them."

But Cancelo knows he is unlikely to win a reprieve from Guardiola so must hope a move can be worked out.

He was among a dozen players who featured in the knockout stages of Euro 2024 who returned to City training on Tuesday.

Meanwhile, City midfielder Rodri has been hit with a one-

By MARTIN BLACKBURN and TOM BARCLAY

game suspension for chanting "Gibraltar is Spanish" during Spain's Euro 2024 triumph celebrations.

Rodri's ban will affect his next Uefa fixture but as City's Champions League campaign does not kick off until the middle of next month, he will not miss a match for his club.

Instead, he is out of Spain's first game since beating England 2-1 in the Euros final – a Nations League clash in Serbia on September 5.

International team-mate and AC Milan striker Alvaro Morata was given the same punishment.

Rodri, 28, was seen singing the Gibraltar taunt on stage in front of tens of thousands of fans the day after their final victory.

Morata, 31, later encouraged the crowd to join in with the chant.

Gibraltar, on Spain's southern tip, has been under British rule since 1713 but its neighbours have long called for its return.



HAIRO ... Kevin De Bruyne looks like he was inspired by Erling Haaland as he returned to training sporting slicked-back long hair. It's Haal the rage, apparently



VELIZ ... out on loan

# DOM

From Back Page

cost an initial £50m two years ago, but SunSport understands a move for Solanke is not dependent on the Brazilian's sale.

Spurs are also considering Lille's Jonathan David, Brentford's Ivan Toney and Sporting Lisbon's Viktor Gyokeres — though the latter's price tag of £80m would likely be too steep.

Bournemouth have lined up "two or three" replacements just in case.

Cherries signed Solanke for £19m in 2019 from Liverpool, who have a 20 per cent sell-on clause.

A winger is also on Spurs' hit list — with Wolves' Pedro Neto and Crystal Palace's Eberechi Eze among those admired.

They have made four additions so far. Midfielder Archie Gray, 18, joined for £30m from Leeds, while Swede Lucas Bergvall was an £8.5m recruit.

Timo Werner is back on loan and South Korea's Yang Min-hyuk, 18, arrives in January.

Striker Alejo Veliz was yesterday loaned to Spanish club Espanyol, while defender Emerson Royal is close to joining AC Milan.

Manor Solomon could go out on loan. Leicester, Ipswich and Southampton like midfielder Oliver Skipp.

## 32-PAGE PREMIER LEAGUE GUIDE



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# ZUBI

From Back Page

happy at Sociedad. The playmaker shone when he replaced Manchester City's Rodri at half-time during Spain's Euro 2024 final win over England.

It would be a coup for new sporting director Richard Hughes, who has had dealings with Zubimendi's agents Idub Global.

Hughes recruited Bournemouth boss Andoni Iraola — another of Idub Global's clients — when technical director at the Cherries last year.

And Zubimendi's arrival would likely spark the exit of Japanese midfielder Wataru Endo, 31, who is wanted by Marseille.

# TRAGIC KEEPER

# Mati's

# mural

# tribute

# MILLWALL TO HONOUR SARKIC



HERO... Lions keeper Sarkic died aged 26 in June

**HEARTBROKEN** Millwall players, staff and fans will pay a touching tribute to their much-loved keeper Matija Sarkic this weekend.

The 26-year-old tragically passed away after suffering a heart failure in June while on holiday with partner Phoebe in his dad's native Montenegro.

His untimely death left the whole Millwall community stunned – just one year after their American owner John Berylson died in a car crash and two years since lifelong fan and SunSport journalist Paul Jiggins passed away suddenly, aged 50.

Ahead of their Championship opener against Watford, the club will unveil a mural in Sarkic's honour, funded by the Millwall Supporters' Club.

The Lions are also retiring his No20 shirt and a new gong called the Matija Sarkic Save of the Season Award will be competed for across the first team, academy and Lionesses.

A memorial tree is being planted at the players' entrance at the request of the squad and Sarkic's family will be welcomed pitchside pre-match.

Goalkeeper coach Andy Marshall, 49, worked closely with Grimsby-born Sarkic, first at Aston Villa nine years ago, before linking up again at The Den.

Marshall (right) told SunSport: "I met Mati when he was 17 and brought him over to the UK from Belgium.

"He was a smart young man and that was the first thing that hit me about him – always eager to learn. He was desperate to absorb all the information you could give him.

"And it was that, along with his work-rate and determination to succeed that made me think, 'this lad is going all the way to the very top.'

"He had everything you wanted. The size of the lad, determination but the best thing about him was that he had the ability to have a fun side towards it.

"He enjoyed what he was doing. He realised how to become successful and what was needed to become successful plus he could enjoy himself at the same time."

Marshall will never forget the early

By **JUSTIN ALLEN**



morning phone call that broke his heart, from Sarkic's grieving father Bojan.

The Lions coach said: "There are poignant moments in people's lives when certain things happen and people remember. I was laying at home in bed and at exactly 6.57am my phone rang and I saw it was Bojan.

"I didn't quite get to the phone in time to answer but text to ask him if everything was OK, because when someone calls you just before 7am you know something's not right. He called straight back and as I picked the phone up, I knew Mati had died and that was tough. It was awful.

"I'll forever remember the conversation, what he said to me, that Mati had died and that was very, very tough to hear. I had to take ten to 15 minutes to try to absorb it, which was impossible.

"I was thinking he was a 26-year-old man who four weeks earlier I had been in Turkey and also in Spain training him.

"I also drove over to Belgium to watch him play for Montenegro just ten days before his death.

"Matija was like a son to me. I was close to his family, too.

"So when I found out this after all the years I have spent with him, it hit me like a juggernaut. I was extremely emotional for a long time after.

"It's hard to accept someone so young has passed away."

Lions defender Joe Bryan (above), 30, was close friends with Sarkic.

He said: "As is often the case in tragic circumstances, you hear people talking about a wonderful, incredible person – and with Mati that is true. He was a happy, smiley, wonderful person.

"He was always the first one in to the training ground every morning and had a big smile on his face. He loved his

coffee. I'm also into coffee and he was telling me about all the places that he and Phoebe were going to visit.

"He loved his cortado. He always said, 'The shorter the coffee, the more sophisticated the man'. We'd always laugh about that.

"Mati had this Pilates machine in the canteen that he used to always be sitting on doing his hamstring stretches.

"Whenever I think about it, it makes me laugh. It looked so out of place in the canteen under the darts board.

"It's been so difficult for us all. We're just used to seeing him wandering around here with a coffee in his hand smiling. That's the Mati I remember and it's difficult moving forward to come to terms with the fact we'll not see him again."

Millwall boss Neil Harris believes Sarkic had all the talent to reach the very highest level and would have played a key role this season.

But he said Sarkic's sad passing has brought everyone even closer together in what was already a tight-knit dressing room.

He said: "When we came back into the building, the first couple of days we started to use it as a mourning period for Mati.

"It gave us a chance to laugh, shed a tear, to remember, to talk.

"We had a group meeting which I led and then had a minute's silence out on the pitch in the goal area. It felt right to do it in the goal area rather than anywhere else – that helped, it gave us a chance to reflect.

"This isn't about being a professional footballer, this is about being a human being and how you deal with adversity and difficult moments in your life.

"We're here to help, the club have been hugely supportive to everybody but the players have also been exceptional and continue to be exceptional.

"It's been a difficult couple of years with Jiggo, who was a good friend of mine, passing and then John, who was also a mate as well as my boss.

"We will always remember these great people and it's fitting that the club are doing so much to pay tribute to Mati. He deserves that."

# James Green light



**JAMES TRAFFORD** is a step closer to joining Newcastle after Etienne Green signed for Burnley.

The Toon failed in a £16million bid for Clarets keeper Trafford (left), 21, the hero of England's U21 Euros triumph last year.

But the arrival of fellow stopper Green, 24, from Saint-Etienne should signal another approach.

Burnley also await a firm bid for midfielder Sander Berge, a shock target of Manchester United.

ALL THE GOSSIP

ALL THE NEWS

ALL THE DEALS



# Broja will cost Armand leg

By **JACK ROSSER**

**WOLVES** are favourites to sign £25million-rated Armando Broja.

The Chelsea striker, 22, was left out of the squad for the final game of the Blues' American tour against Real Madrid and wants a permanent move away.

There is interest from Everton, though only if Dominic Calvert-Lewin leaves this summer.

Chelsea returned from their pre-season tour yesterday and the Albania international will meet with Blues boss Enzo Maresca in the coming days.

Asked about Broja's omission, Maresca said: "It was just a decision. He's not injured."

Broja (right) spent the 2021-22 season on loan at Southampton who were interested – but Saints did not have the funds to meet Chelsea's asking price.



# NEWS TICKER

**FULHAM** have let defender Tim Ream leave and join MLS side Charlotte FC on a free transfer.

American Ream, 36, joined the Cottagers nine years ago and made 312 appearances in total. He said: "I'll always be a fan of Fulham."

**SHEFFIELD UNITED** sealed the loan of Chelsea defender Alfie Gilchrist, 20, in time for their Championship opener at Preston tomorrow.

Blades boss Chris Wilder said: "Everyone in the game is aware of Alfie and his abilities."

**WEST HAM** centre-back Kurt Zouma is a target for Dubai-based Shabab Al-Ahli.

Zouma, 29, is into the last year his deal and could fall down the Hammers' pecking order after the £40million buy of Max Kilman from Wolves.

**BRIGHTON** are selling striker Deniz Undav to Stuttgart for £26million plus add-ons.

The German, 28, scored 19 goals on loan with the Bundesliga side last season before making his country's squad for their home Euros.

# Lucas to Dig in

**ASTON VILLA** defender Lucas Digne has rejected a year-long loan move to Turkish giants Galatasaray.

The French left-back, 31, wants to stay to fight for his place – despite the Midlands signing Ian Maatsen from Chelsea for £37million.

Villa were open to letting Digne leave as he is one of their top earners on £120,000 a week.

Boss Unai Emery has allowed right-back Kaine Kesler-Hayden, 21, to join Championship side Preston on a season-long loan.

# The Little Theatre

**MANCHESTER UNITED do not plan to demolish Old Trafford when they move to a new £2billion stadium — and it could become a home for their women's team.**

The Red Devils are set to switch to a 100,000-capacity venue on land adjacent to their current ground — and plan to have it ready by 2030. However, the plan is to scale down the Theatre of Dreams' capacity from 74,000 to a 30,000-seater arena which can be used for

By **NEIL CUSTIS**

women's and academy matches. That would mean the history remains, with statues and the Munich clock and memorial plaque all most likely staying in their current positions. Keeping Old Trafford in some form would be good news for fans, who have an emotional attachment to what has been the Red Devils' home since 1910. However, it is believed that a club of United's standing needs a new

state-of-the-art facility. It would be part of a regeneration of that whole area of Trafford. United are currently looking at funding for the project and there is the chance of a sponsors' name being linked to the new stadium. Current shirt sponsors Snapdragon have expressed an interest in that. One man hoping to play at Old Trafford in the more immediate future is Jadon Sancho. And former United winger Lee Sharpe, 53, reckons manager Erik

ten Hag needs to put an arm round Sancho's shoulder. The England ace remains up for sale for £40million, even though he is back training with United after his bust-up with Ten Hag last year. Sharpe, who won three Prem titles in the 1990s, told Safest Casino Sites: "Hopefully Erik ten Hag will have given him an arm round the shoulder to assure him he's wanted. "And now Sancho needs to pay him back on the pitch in a United shirt. On his day, he is unplayable."



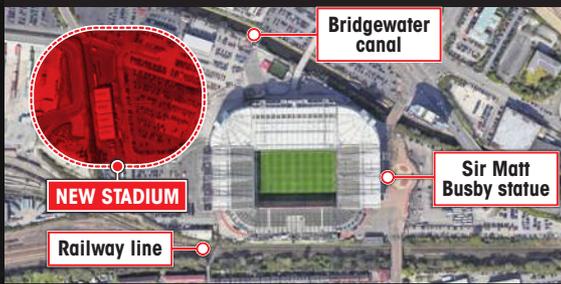
RATCLIFFE... PSR plan

## Utd £40m Covid bill beats rap

By **DAN KING**

**RED DEVILS** chiefs will avoid a financial rap — after claiming £40million of Covid-related losses. Football finance expert Stefan Borson had told talkSPORT only "relatively exceptional" allowances would prevent Manchester United breaching Profit and Sustainability Rules. This was for the period that ended last season. Borson said their £40m Covid claim for 2021-22 was way bigger than rivals. He warned without that leeway, and being allowed to omit the £35m costs of Ineos' deal to buy into the club, United would break the £105m limit for losses over a three-year period. But SunSport understands they were not the only team to claim big Covid losses, even after the pandemic ended, to avoid a PSR breach. Although some clubs like United declared those losses in publicly-available accounts, others submitted private Covid figures. Premier League bosses accepted United had lost £40m in 2021-22 when still the highest-earning club in England. Some sponsors failed to meet payments or ended partnerships due to their own pandemic-hit finances. Lack of a 2021 summer tour also hurt United. In February, Sir Jim Ratcliffe's Ineos sealed a £1.03billion deal to buy a stake from the Glazers. The club said they incurred £35m in fees and costs. United believe this was not part of the football business and can be omitted from PSR calculations. It is thought Chelsea may have taken the same approach with costs from their own 2022 takeover. But strict confidentiality around PSR means details only come to light if a club are charged. A United spokesperson said: "We're fully compliant with the PSR rules."

## MAN UTD'S NEW 'WEMBLEY OF THE NORTH'



BIG DREAMS... Old Trafford now and (inset) plans for a future 100,000-seat stadium

## PREM

## TOUR BLUES

# ENZ OF THE LINE



HIGH POINT... boss Maresca wants to pull back Blues' defensive line

**ENZO MARESCA** reckons Chelsea's poor defending is a hangover from Mauricio Pochettino's time in charge.

The Blues have shipped goals at a worrying rate in pre-season — 12 in five games — as they grapple with the new manager's approach.

Maresca is concerned by the alarmingly high line that his side are playing, which has been exploited during their tour of the USA.

The trip concluded with a 2-1 defeat by Real Madrid on Tuesday night.

But the Italian says it is a habit from last season, when Chelsea set a club record for goals conceded in a Premier League campaign with 63.

Maresca said: "It's a problem we are trying to solve from pre-season, since day one."

"One of my first meetings with the squad was about the amount of goals we conceded last year with the defensive line very high.

"It's something we are trying to work on. "Offensively, we are there — the patterns are there. We created chances.

"The problem is defensively. I don't just mean the defensive line but in general — all the players. "Overall, now this tour is

From **JACK ROSSER** in **CHARLOTTE**



finished We head back to London, we have Inter and then an official game against Manchester City."

He added: "We're not working on defensive lines so high. "It's a habit from last year, or years ago. We are trying to drop the defensive line a little bit, about four or five metres. "Hopefully we can solve it very soon."

Chelsea face City on the opening day of the Prem season having been beaten 4-2 by the champions on this tour.

Maresca is confident that Cole Palmer and Marc Cucurella — who have returned to Cobham this week after time off following the Euros — will be able to feature in that game.

However, England midfielder Conor Gallagher was due to fly to Madrid last night ahead of a medical at Atletico.

And Blues last night agreed a £34.5million deal with the LaLiga giants for Spanish striker Samu Omorodion, 20, to move in the opposite direction.

Chelsea accepted a £33m bid for Gallagher from Atletico last month as they risked losing the 24-year-old on a free transfer in less than a year's time.

Gallagher had been offered a new Blues deal on three occasions but only on terms of two years plus a year's option.

He rejected those and has now said yes to the Atletico switch.

CHELSEA PRE-SEASON SO FAR				
<b>JULY 24</b> v Wrexham <b>D2-2</b>	<b>JULY 27</b> v Celtic <b>L4-1</b>	<b>JULY 31</b> v Club America <b>W3-0</b>	<b>AUG 3</b> v Man City <b>L4-2</b>	<b>AUG 6</b> v Real Madrid <b>L2-1</b>

# No Maur sloppy defending, vows Maresca

**PREM COUNTDOWN** 8 DAYS TO GO

**WOLVES** No8 Joao Comes (below) made 128 tackles in the Premier League last season. Only his Portuguese compatriot Joao Palhinha, now of Bayern Munich, made more, while in the colours of Fulham.



# Far from home

## AFGHAN REFUGEE MANSOURI GOT HIS KICKS WITH GB HELP



**AN Afghan taekwondo star who fled the Taliban and lived in a refugee camp will fight at the Paris Games — thanks to head-kicking skills honed in Manchester.**

Farzad Mansouri carried the Afghanistan flag at the Opening Ceremony in Tokyo.

But this time he will appear as part of the 37-strong Refugee Olympic Team.

That is because he has been displaced from his homeland since a 2021 coup in Kabul.

The martial arts expert, 22, then left the province of Parwan with his immediate family in fear of nationwide reprisals by the Taliban.

Mansouri's next eight months were spent in a refugee camp in the United Arab Emirates desert — as the family all lived together in two small rooms.

He had no access to fighting or training equipment until he moved on a special sportsman's visa to the UK, where he has benefited from British Taekwondo's facilities.

Mansouri said: "It wasn't easy. It was a crazy situation.

"It was really quick. We moved to the airport and after one day, we'd moved to Abu Dhabi. My family left the

### From **ROB MAUL** in PARIS



country for me. They said, 'You're a good athlete, you have a good future.'

"At the time, there were Covid-19 problems. You weren't allowed to go outside your room.

"After two months, I talked with the security, I told them I'm a professional athlete, I shouldn't stop my sport.

"It's really hard because in taekwondo, you need a lot of facilities to carry on your sport. 'It wasn't easy to train. But I still had a dream of going to these Olympics.

"We didn't have much protection or pads in the camp.

"I did my running and skipping for my body. The only problem was I couldn't compete for eight months.

"In our sport, you have to go everywhere for competition and to be ready to collect Olympic and world ranking points."

Over the past two years, his parents and one brother and one sister emigrated to the US, while his eldest brother lives in Reading with Mansouri's niece.

The hope is that long before the LA Olympics in 2028 he will be reunited with his mum and dad Stateside. During his

time in Manchester, where he has learned to deal with the many rainy days, he has worked closely with a coach from Liverpool.

But he said: "When I came here in 2022, it was really hard for me to understand him.

"He speaks very fast, and the Liverpool accent is really hard. 'But now I'm really happy I can talk with him and communicate during fights.

"I don't feel like a refugee, I feel like a British person. I have been two years training there. It has been really good for me."

Each member of the Refugee Olympic Team has an incredible story to tell and there is a special kinship between them.

The whole squad will be cheering him on against American CJ Nickolas in the first round of the men's -80kg category tomorrow morning at the Grand Palais.

Mansouri said: "My message to all refugees in the world — never give up. If you have any dreams, follow them."

"Everyone knows the situation is hard for refugee people. But I believe one day everything will be great.

"Of course, I'm trying to win a medal. I believe in myself.

"I'd tell fans to make a prayer for me."

● Follow the athletes' journey @RefugeeOlympicTeam and show support for the team with #ForThe100Million

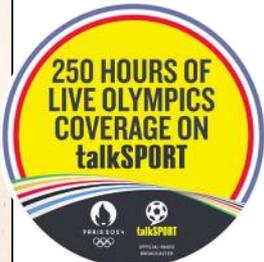
## Jade has gold aim

**JADE JONES** is determined to shrug off controversy over her missed drugs test and become a three-time Olympic taekwondo champion.

Jones, 31, refused to take a drugs test on December 1 but escaped a ban from the UK Anti-Doping Agency due to "very exceptional circumstances" relating to confidential medical records.

She later provided a sample to a separate tester, which was negative.

The Welsh fighter, Olympic champ in London and Rio, begins her Paris bid with an opening -57kg clash against Milijana Reljickij of North Macedonia.



## Laughter title shot

**JACK LAUGHER** will "take a shot" at China's dive kings in today's 3m springboard final.

China have taken all five diving golds so far and are odds-on for a clean sweep.

But after qualifying third behind Wang Zongyuan and Xie Siyu, Harrogate star Laughter, 29, wants to cause an upset.

Laughter, who took individual silver and bronze at the last two Games, said: "If I do everything as well as I can, I've got a shot at trying to beat them."

Team-mate Jordan Houlden, who was fifth, vowed: "I've got more to come." Grace Reid and Yasmin Harper both qualified for the women's semi-final.

# THANK FOOTBALL IT'S BACK

MORE LIVE EFL RADIO COMMENTARIES THAN ANYWHERE ELSE. STARTING TOMORROW.







**BRING IT ON**

# OLYMPICS

# HAYTER SO LOW

## Craig 'sorry'

AUSSIE hockey star Tom Craig issued an apology after being arrested for allegedly buying cocaine.

Craig, released from custody with a warning, declared: "I'd like to apologise for what occurred in the last 24 hours. 'I made a terrible mistake. I take full responsibility and I'm truly sorry.'"

The Australian, 28, won a silver medal at Tokyo 2020 and has played more than 100 games for his country.



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### TODAY'S GB MEDAL HOPES

More medals to be won in the velodrome with Emma Finucane (*below*) eyeing gold in the women's Keirin (4.15pm) while Ethan Hayter is in the men's Omnium (4pm).

The 3m men's springboard diving final could be a chance for Jack Laugher to claim a fifth Olympic medal (2pm).

World champ and Tokyo silver medallist Bradley Sinden plus London and Rio gold star Jade Jones both go in the taekwondo (from 9.59am).

### BRITS TO WATCH

The heptathlon begins at 9am with Katarina Johnson-Thompson and Jade O'Dowda taking on the 100m hurdles, high jump, shot put and 200m today.

The 4x100m men's and women's relays start with round one this morning (from 10.10am).

And golfers Georgia Hall and Charley Hull have their second round (from 8am).

### GLOBAL STARS TODAY

The men's US basketball team face Serbia at 8pm hoping to book their place in the final.

The all-conquering Netherlands take on Germany for men's hockey gold (6pm).

There will be a host of track superstars in the finals, with the men's 200m (Noah Lyles, *right*) and men's 110m hurdles (Grant Holloway) golds all up for grabs from 7pm.

### FANCY SOMETHING DIFFERENT?

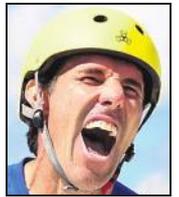
Still time to get some beach volleyball with the semi-finals from 4pm right by the Eiffel Tower.

Alternatively, the women's handball semis begin at (3.30pm).

### STATS MAD

Kiteboarding's Olympic debut reaches its finale today with Brit Ellie Aldridge chasing a medal. Boarders can reach up to 50MPH as they are pulled by giant kites.

UNSEATED... Hayter was in tears (inset) after the GB cycling star slipped off the saddle (right) in the final lap of the team pursuit gold medal race



MACDONALD... rad

## Andy is the old park pro

From JOSHUA JONES

RAD DAD Andy Macdonald feels he won gold despite failing to qualify for the final.

Team GB's veteran, 51, did the fathers proud with his inspirational effort in the men's park event — as he became the Olympics' oldest skateboarder.

After falling at the end of his first run, he nailed his second run with his own trademark trick and finished in style by landing a backflip dismount.

The popular dad-of-three went even better in his third and final routine. But his score of 77.66 was not enough to progress and prompted boos from the crowd for the judges.

And the adopted Brit, who has lived his whole life in America but has British ancestry, said: "If they're giving away gold medals for whoever has the most fun, I got it wrapped up."

"I honestly didn't look at the scores. I had to ask what place I got."

"I heard the crowd booing about scores. They saw me do a backflip, which is easy, but it's a crowd-pleaser, not a points thing. It's just for fun."

"In my second run, I added a Nollie Heelflip, which is a trick I invented."

"I was nervous because I didn't want to fall in the Olympics on the trick I invented — but I got it done."

Macdonald was roared on by his wife, son and best pal Tony Hawk at La Concorde.

And Macdonald added: "Skateboarding is the coolest, funnest, most inclusive thing you can do and I'm lucky enough that it's my livelihood."

"It's such an experience just being an Olympian."

## Lin win's X-rated

LIN YU-TING booked her spot in the Olympic final with a third unanimous points win — before her defeated rival made an X sign with her fingers.

The No 1 seed's route to the 57kg featherweight final has been overshadowed by the gender row alongside Imane Khelif.

But the Chinese Taipei boxer, 28, beat Turkey's Esra Yildiz Kahraman, who then made the X symbol.

Svetlana Staneva did the same after losing her quarter-final — an apparent reference to women having XX chromosomes.

The IBA allege Lin and Khelif have failed sex tests due to XY chromosomes.

# ASADDLE SORE ONE

## Ethan's pain after costly slip

**ETHAN HAYTER** apologised after blowing GB's chance of team pursuit gold.

Hayter (*below, second from right*) was leading from the front with Charlie Tanfield and Dan Bigham powering in his wake as the remaining trio — after Ethan Vernon had pulled off — were just one lap from overhauling Australia.

But the effort was too much as Hayter fell off the front of his saddle and on to the crossbar of his bike.

Londoner Hayter, 25, admitted: "I had the race in my hands a bit, it was what we wanted. We were so close but I literally tied up."

"I went pretty deep and my arms went weak and I fell off. It's embarrassing. Sorry to the guys."

Hayter's team-mates — reserve Oliver Wood, Vernon, Tanfield and Bigham (*left to right*) — blamed themselves for asking him to ride out a fraction too far as they attempted to stun the new world record holders.

Bigham, 32, said: "We knew we had to go out at world record pace and hope we had it in the back end of the race."

"That's pretty much how it was. We just gave half a lap too much to Hayter. Normally we give him four and a quarter but this was

From **MARTIN LIPTON** in PARIS



four and three quarters. He literally found the limit and off the saddle."

Bigham added: "We genuinely thought we could pull it back."

"It was one of those classic GB-Aussie fight outs, that's basically been a staple of the Olympics for 20 years now."

"To be within two-tenths with a lap to go was exactly where we thought we needed to be."

"It's just frustrating to have it so close and fall away from you in that moment."

Geordie Bigham also revealed how close he had been to pulling out of the Games after a horror training crash on the top bend of the Saint-Quentin en Yvelines Velodrome last Friday.

He said: "I crashed at 65kmh when I pulled out and hit a sprinter I hadn't spotted."

"I was laying there in a lot of pain thinking 'I've f\*\*\*ed it!'"

"My shoulder is in a lot of pain

and it cost performance, I can't lie. That could have been the difference between gold and silver."

That silver represented GB's 1,000th medal at summer and winter Games.

And the 1,001st soon followed as the women's pursuit team of Jessica Roberts, Anna Morris, Josie Knight and Elinor Barker (*below, left to right*) pulled off a thrilling late comeback ride to take bronze from Italy.

The team lost leader Katie Archibald to a freak garden accident just a month ago.

And her housemate Barker, 29, admitted: "When I arrived back at my house and Katie wasn't there but in A&E it really felt the Olympic dream had gone down the drain."

"But we've managed to come up with a new strategy and then nailed it."

"It's almost as good as a gold, a new national record as well."

"We always felt we could pull them back in because the finish is our strongest point. But I'll admit they pushed us a little closer than we'd have liked."

In other track action, speed queens Emma Finucane and Katy Marchant went through to the business end of the Keirin with Jack Carlin and Hamish Turnbull both into today's sprint quarter-finals.



## Charley hell

CHARLEY HULL suffered a nightmare start to the Olympic golf, as a nine-over-par 81 left her 58th of the 60 starters.

World No 11 Hull went into it concerned a smoking ban would affect her medal chances as cigarettes help her relax.

The Brit hit seven bogeys after a double bogey at the first when finding water.

Hull's GB team-mate Georgia Hall shot a two-over 74 — nine shots behind first-round leader Celine Boutier of France.

**BRITAIN'S SPORTS STARS IN SHINE**

# Climb it change

**From DAVE KIDD**



**CHIEF SPORTS WRITER IN PARIS**

**WELL, that escalated quickly.**

Great Britain are at the apex of world climbing – the only nation to have two finalists in tomorrow's Olympic men's boulder and lead final. Toby Roberts, the 19-year-old Surrey lad who qualified in second place, says he enjoys doing 'insane stuff' – and therefore he has certainly found the right sport.

This discipline drives you up the wall. The ascent of victory is in his nostrils now, an Olympic medal within his grasp.

And these boys have a decent grip, by the way.

Yesterday morning, Roberts found himself clambering across what looked like a succession of boiled eggs on a wall in front of 6,000 screaming supporters – including Felipe VI, the King of Spain and a worldwide TV audience of millions – in the beating sun of the north Paris suburbs.

These men and women, who do whatever a spider can, are competing in a brutal game in which you're always upwardly-mobile until you slip and you're dangling from a rope, up to 15 metres in the air.

The sport is being held before an Olympic crowd for the first time, having debuted at the Covid-riddled Ghost Games of Tokyo three years ago. And who knows? Perhaps sport climbing has saved some of these people from a lifetime of apple-scramping or cat burglary.

Roberts and his fellow Team GB clamberer, Hamish McArthur – who qualified in eighth – are scaling great heights here at the Site d'escalade du Bourget.

If you've watched any of this madness on TV, this lot are in the slower, methodical discipline – as opposed to speed climbers who scamper up their walls in five seconds flat like something off a TV game show.

Is climbing an actual sport?

Can anything be a real sport when it is contested to a soundtrack of Fat Boy Slim's The Rockafeller Skank?

That's a matter of opinion but check it out now...funk soul brother or not.

Climbing certainly tests muscularity, brainpower and concentration levels to the limit.

Especially given the infuriating, over-enthusiastic commentator who accompanies their every move.

When the climbers fall, many with their Olympic dreams shattered, they are greeted by the MC roaring: "Off the wall! Off the wall!"

It's a wonder that nobody chins him. Roberts is glad his dangerous game now has Olympic status.

He said: "I got into it at an after-



## BRITS ARE SCALING THE HEIGHTS

**FOOTHOLD...** teen Toby Roberts hopes to clamber to a medal at Site d'escalade du Bourget (inset)

school club at seven years old. Before that I loved climbing up all kinds of things and then I realised that it was a sport and was like 'oh, that's perfect'.

"This was a great experience. It feels mad to be competing in an Olympic stadium with such a big crowd.

"I kept a clear head. The noise could be distracting but once I get up there, it's just me and the wall."

At the start of the session, the 20 competitors are led on to the stage, like a group of curious tourists, to assess what the route-setters have devised for them.

Roberts explained: "We try to identify the hard bits of the route."

"We try to figure it out in the six minutes observation time we have."

"But when we get on to the wall it's more about figuring it out along the way."

This one, said Roberts, was 'a really difficult route – it was savage'.

This was the 'lead' event, two days after the 'boulder' bit.

In the final, the eight remaining competitors must do the lead and the boulder all in one session. Roberts

added: "It is completely different in the final. It's going to test people's energy levels."

First they start with the boiled eggs – and if you slip off a boiled egg, you're toast.

Then come some black shards, then some blue boulders, points scored for reaching every one.

And the very best, including Roberts, reach the black and white ones near the summit before they tumble.

The only man to qualify ahead of the Brit was Sorato Anraku – a Japanese fella who looked like he must have been climbing Mount Fuji as soon as he was out of nappies.

But only the Brits have two through to tomorrow's big one – thanks to 22-year-old Yorkshireman McArthur climbing as far as the blue bits.

Roberts said: "I'm proud there are two of us through to the final, it's awesome."

"More and more people are getting into the sport in the UK and it's great to see."

Climbing is on the up. And Roberts is aiming for the very peak.



**TIGHT GRIP...** McArthur is also in the final

**ARTISTIC SWIMMING**

**Team Final:** 1 China 996.1389pts, 2 United States 914.3421, 3 Spain 900.7319.

**ATHLETICS**

**Men's 400m Final:** 1 Q Hall (USA) 0:50sec, 2 M Hudson-Smith (GBR) 0:54, 3 M Samukonga (Zam) 0:57.4, 4 J Edwards (Tto) 0:57.75, 5 K James (Gm) 0:58.7, 6 Bailey (USA) 0:58.7, 7 S Ogazi (Ngr) 0:59.3, 8 M Norman (USA) 0:59.62.

**Men's 3000m Steeplechase Final:** 1 B Bakalli (Mar) 8min 06.05sec, 2 K Brooks (USA) 8:06.41, 3 A Kibiwot (Ken) 8:06.47.

**Men's Discus Throw Final:** 1 R Stona (Gm) 70.00m, 2 M Alekna (Ltu) 69.97, 3 M Perry (Aus) 69.31.

**Men's 110m Hurdles Semi-Final 2:** 7 Jora (Gbr) 13.47sec.

**Men's 400m Hurdles Semi-Final 3:** 1 Chalmers (Gbr) 56.52sec.

**Men's 800m Round 1 - Heat 4:** 2 E O'S (Gbr) 1min 45.93sec, Heat 5: 1 B Atkinson (Gbr) 1min 45.56sec, Heat 6: 1 Burchin (Gbr) 1min 45.36sec.

**Men's 5000m Round 1 - Heat 1:** 13 P Dever (Gbr) 14min 13.48sec, 18 C Mills (Gbr) 14:37.08, Heat 2: 16 S Atkin (Gbr) 14mins 02.46sec.

**Women's Pole Vault Final:** 1 N Kennedy (Aus) 4.80m, 2 K Moon (USA) 4.85, 3 A Newman (Can) 4.85.

**Women's 100m Hurdles Round 1 - Heat 2:** 2 C Sembler (Gbr) 12.72sec.

**Women's 400m Semi-Final 1:** 5 V Ohuruogu (Gbr) 51.14sec. **Semi-Final 2:** 3 L Nielsen (Gbr) 50.69sec. **Semi-Final 3:** 2 A Anning (Gbr) 49.47sec.

**Women's 1500m Repechage Round - Heat 2:** 2 R Walcott-Nolan (Gbr) 4mins 06.73sec.

**Mixed Marathon Race Walk Relay:** 1 Spain 2hrs 50mins 31sec, 2 Ecuador 2:51:22, 3 Australia 2:51:38.

**BASKETBALL**

**Women's Quarter-Finals:** Serbia 67 Australia 85, Spain 66 Belgium 79, Germany 71 France 84.

**BOXING**

**Women's 57kg - Semi-Finals:** Y Lin (Tpe) bt E Yildiz Kahraman (Tur) 5-0, J Szeremeta (Pol) bt N Petecio (Phi) 4-1.

**CYCLING TRACK**

**Men's Team Pursuit Bronze Final:** Italy 3mins 44.197sec bt Denmark 3:46.138.

**Men's Team Pursuit Final:** Australia 3mins 42.067sec bt Great Britain 3:44.394.

**Men's Sprint - Qualifying:** 5 J Carlin (Gbr) 9.247sec, 7 H Turnbull (Gbr) 9.346.

**Men's Sprint - 1/32 Finals:** J Carlin (Gbr) bt T Forke (Can), H Turnbull (Gbr) bt Y Zhou (Chn).

**Women's Team Pursuit Bronze Final:** Great Britain 4mins 06.382sec bt Italy 4:08.961.

**Women's Team Pursuit Final:** United States 4mins 04.306sec bt New Zealand 4:04.927.

**Women's Team Pursuit, First Round:** United States 4mins 04.629sec bt Great Britain 4:04.908.

**Women's Keirin - First Round Heat 1:** 3 K Marchant (Gbr), Heat 5: 1 F Finucane (Gbr), Repechages: 2 K Marchant (Gbr).

**DIVING**

**Men's 3m Springboard Semi-Final:** 3 J Laugher (Gbr) 467.05pts, 5 J Houlden (Gbr) 445.55.

**Women's 3m Springboard Preliminary:** 5 G Reid (Gbr) 303.25pts, 9 Y Harper (Gbr) 295.75.

**GOLF**

**Women's Individual Stroke Play First Round:** 1 C Boulter (Fra) 65, 2 A Buhai (Rsa) 68, 3 G Lopez (Mex) 70, 4 M Metraux (Sui) 70, 5 M Uribe (Col) 70, 6 L Vu (USA) 70, 7 C Borge (Nor) 71, 8 X Lin (Chn) 71, 9 D Dagar (Ind) 71, 10 M Lee (Aus) 71, 11 M Yamashita (Jpn) 71, 12 A Sharp (Can) 71, 34 C Hull (Gbr) 74, 58 C Hull (Gbr) 81.

**HOCKEY**

**Women's Semi-Finals:** Netherlands 3 Argentina 0, Belgium 1 China 2 (SO).

**SAILING**

**Men's Dinghy - Final Standings:** 1 M Wearn (Aus) 40pts, 2 P Kontides (Cyp) 56, 3 S Pesciera (Per) 80, 6 M Beckett (Gbr) 87.

**Women's Dinghy - Final Standings:** 1 M Bouwmeester (Ned) 38pts, 2 A Rindom (Den) 61, 3 L Host (Nor) 75, 12 H Snelgrove (Gbr) 108.

**SKATEBOARDING**

**Men's Park Final:** 1 K Palmer (Aus) 93.11pts, 2 T Schaar (USA) 92.23, 3 A Aho (Bra) 91.85.

**Men's Park Prelims:** 17 A MacDonald (Gbr) 77.66pts.

**SPORT CLIMBING**

**Men's Boulder & Lead Semi-Finals:** 3 T Roberts (Gbr) 54.1pts, 8 H McArthur (Gbr) 34.2.

**Women's Speed Bronze Final:** A Kaluka (Pol) bt R Salsabilah (Ina).

**Women's Speed Gold Final:** A Miroslaw (Pol) bt L Deng (Chn).

**WEIGHTLIFTING**

**Men's 61kg:** 1 F Li (Chn) 310kg, 2 T Silachai (Tha) 303, 3 H Morris (USA) 298.

**Women's 49kg:** 1 Z Hou (Chn) 206kg, 2 M Camba (Rou) 205, 3 S Khanbar (Tha) 200.

## Wrestle with weight

**INDIA** wrestler Vinesh Phogat lost the chance to go for gold and was HOSPITALISED after extreme tactics to make the weight including a HAIRCUT.

Phogat won three bouts in the women's freestyle 50kg but was 100 grams over the weight limit and booted out yesterday.

The 29-year-old tried desperately to get below the 50kg mark and reportedly had intense sauna sessions, fasted for 24 hours, drew blood and chopped off her locks.

Phogat was placed on a drip and was recovering well in hospital. Cuban Guzman Lopez,

**From ROB MAUL**

beaten by Phogat in the semi, replaced her in the final against USA's Sarah Hildebrandt.

Dinshaw Paudiwala, chief medical officer of the Indian Olympic contingent, said: "She was given some water to prevent dehydration before her bouts on Tuesday."

"And subsequently her weight increased more than normal."

"We had tried all possible drastic measures throughout the night, including cutting off her hair, shortening her clothes but despite all of this we could not make it."



**BECKETT...** restart woe

## Judges take Micky

**WELSH** sail ace Micky Beckett saw bronze slip away – after his medal race was abandoned just three minutes before he would have claimed a podium spot.

Beckett needed to finish four places ahead of Peru's Stefano Pesciera in the Ica 7 dinghy double-points race to claim third behind dominant Aussie Matt Wearn.

That looked a certainty until the judges abandoned the heat, citing shifting winds.

But when they restarted on a different course off Marseille harbour, Beckett was forced to

**From MARTIN LIPTON**

make THREE penalty 360-degree turns and finish LAST in the race and sixth overall.

Beckett, 28, said: "The race chewed me up and spat me out. "I went from fourth with a really good chance of bronze to sixth, which is a bit crushing."

Winds meant the Nacra catamaran medal race – with John Gimson and Anna Burnet hoping for silver – was put back to today.

Formula Kite was also affected so Ellie Aldridge, 27, is seeded directly to the four-woman final.

# OLYMPICS

# AGONY ON TRACK

# SO HUD



**CONCERN . . .** world-record holder Lamecha Girma in neck brace after huge fall in 3,000m steeplechase final

## KJT fits the Bill for medal push

**KATARINA JOHNSON-THOMPSON** has watched two violent, blood-squirting Quentin Tarantino films as part of her Paris prep.

From **ROB MAUL**

There are scenes in films Kill Bill Volume 1 and 2 – which star Uma Thurman as a sword-wielding heroine seeking revenge for the murder of her husband – that resonate with KJT.

During the last Olympics in Tokyo – where some scenes are set – she had to quit with injury, eight months after she had ruptured an Achilles heel and needed a moon boot for recovery.

As part of her pre-race ritual, she has watched the Tarantino-directed cult classics back-to-back.



Bizarrely, the reigning world heptathlon champ sees similarities with how the main character comes back from the dead to kill all the villains.

She laughed: “I understood the emotions that the bride felt when she was in the bathroom after she completed killing everyone!”

The Liverpool athlete, 31, continued: “It started in 2021 when I had my Achilles rupture and I was preparing for Tokyo. “When she comes out

of the coma and tries to wiggle her big toe, that was literally what I was trying to do leading up to the Olympics. Then she goes to Tokyo and gets on the plane.

“It resonated with me so much. Kill Bill 1 and Kill Bill 2 have a lot of motivational and inspiring lines. I can’t pick between them – so I watch both each time.”

Following the 2016 Rio Games, KJT changed coaches and moved to Montpelier in France for five years.

There she enjoyed the simpler things in life.

KJT said: “The Team GB camp in Saint-Germain feels like Montpelier with its slow southern vibe.

“It has been a perfect place for me to get good sensations, good feelings, and to practise my French, which was always terrible.

“Before the Games, I was very uptight. Being in France for that long, surrounded by the people I was with, has definitely relaxed me.”

That laid-back approach will be tested today and tomorrow over seven events but she told Eurosport: “I’ve had a good run of training, so I’m feeling good.”

## Kerr’s fast-track into new league

**JOSH KERR** will run in Michael Johnson’s new Grand Slam Track League – and then he will hear wedding bells.

From **ROB MAUL**

The Scotsman, 26, took 1500 metres silver on Tuesday night as he and rival Jakob Ingebrigtsen were blinded on the home straight by American winner Cole Hocker.

Kerr, who ran 3min 27.79sec to smash Mo Farah’s 11-year-old national record, has signed up to Johnson’s inaugural TV series for 2025.



There will be four annual Slams – with at least one in Europe – a bit like the majors in golf and tennis.

It will kick-off in April, the action will take place over three days and overall prize money across the events will top £10million. Speaking after a “hand-

ful of pints” on Tuesday night, Kerr revealed: “I am the first guy to sign with that league.

“I’m really excited to be involved in all four meets. “It sounds like we’ll have some great athletes going head-to-head every month or so.” Kerr

intends to try 3,000m and 5,000m events and added: “It’ll be nice to do that instead of time-trialling every month.”

Future plans also include Kerr’s wedding to his fiancée Larimar Rodriguez.

Kerr (above) said: “We’ve lived apart for the last 12 months because of her dermatology residency.

“We’re back living in the same place now, so we can finally start to prepare a bit better.”



**LEAN PICKINGS . . .** Team GB ace Hudson-Smith is narrowly beaten following a late charge from Hall

### MEDAL TABLE

	G	S	B	TOT
USA	27	35	32	<b>94</b>
China	25	23	17	<b>65</b>
Australia	18	12	11	<b>41</b>
France	13	16	21	<b>50</b>
Great Britain	12	17	20	<b>49</b>
South Korea	12	8	7	<b>27</b>
Japan	12	6	13	<b>31</b>
Italy	9	10	8	<b>27</b>
Holland	9	5	6	<b>20</b>
Germany	8	5	5	<b>18</b>
Canada	6	4	9	<b>19</b>
Ireland	4	0	3	<b>7</b>



**DOWNFALL . . .** Mills is second athlete to take a tumble

# MILLS' ILL

**RAGING** George Mills launched a furious rant at an Olympic 5,000 metres rival for making him crash on to the Stade de France track.

Mills, son of ex-England footballer Danny, let rip at Frenchman Hugo Hay after being felled – along with three other athletes – in the final 100m of a chaotic opening heat.

In extraordinary scenes the fuming Brit, 25, confronted Hay at the finish line, pointing his finger and aggressively grabbing the host country runner.

Hay tried to put a friendly arm around Mills but was pushed away. Harrogate-born Mills admitted he

From **ROB MAUL**

was “probably not allowed to say” on live TV what he yelled at Hay in the heat of the moment.

The European silver medallist stormed: “This guy [Hay] took me out – he stepped out and took me out.

“The race turned into a sprint finish. I dodged one fall coming into the bell, just about missed that and then I get taken out about 80m out.

“I was tucked in on the inside, where I wanted to be, because I knew some sort of gap would open up.

“It did and I was ready to put my

# IN STADE DE FRANCE

# TWO TAKE

## Matt's chariot of fire hits skids as Hall edges him into second

**WE had been hoping to strike up the Vangelis music for a glorious re-run of Chariots of Fire, from the Paris Olympics a century ago.**

Instead we watched an agonising repeat of the previous night, as another British gold-medal hope clocked the time of his life – only to be pipped by an American at the Stade de France. For Josh Kerr in the 1500 metres on Tuesday, read Matthew Hudson-Smith in the 400m on Wednesday. Olympic sprint medals are a rare currency for British athletes so Hudson-Smith's achievement is not to be sniffed at.

Especially as his time of 43.44sec was the fastest lap of a running track ever recorded by a European. And yet, despite charging down the final straight in the lead, the 29-year-old from Wolverhampton was edged out by world champion Quincy Hall with a winning margin of just 0.04.

Hudson-Smith was attempting to become the first British man to win this event since Eric Liddell in Paris 100 years ago. Liddell, a devout Christian who refused to run his favoured 100m in Paris because it was being held on a Sunday, was the subject of the 1981 Oscar-winning film Chariots of Fire.

But there will be no silver-screen treatment for Hudson-Smith after Hall produced the killer finish.

After crossing the line, Hudson-Smith looked up at the big screen and visibly uttered a four-letter word. It wasn't 'gold'.

Later, he was in tears trackside,

From **DAVE KIDD**

CHIEF SPORTS WRITER IN PARIS

where he was consoled by friends and family.

It was horribly reminiscent of the experience endured by Kerr just 24 hours earlier.

The Scotsman was shocked in the last few strides by American outsider Cole Hocker in the metric mile.

This time, at least, the victor was more predictable.

Hall was always going to be Hudson-Smith's chief rival.

It meant a second consecutive day without a gold medal for Team GB at the Paris Games.

And the Brits are regressing across these Olympics.

They have 12 golds, will not reach

their Tokyo haul of 22 victories and will probably also suffer the ignominy of finishing behind Australia in the final medals table.

Still this was no mean feat for Hudson-Smith.

He had been driven to a suicide attempt in 2021 after injuries and mounting medical bills left him suffering from severe depression during Covid lockdown.

Since those desperate times, he has clocked up Olympic silver as well as silver and bronze at the Worlds in three consecutive summers.

His potential has always been sky high but he has rarely had a clean bill of health.

The former Asda check-out man – a nifty zapper of barcodes – was in the Wolves football academy until the age of 11, admitting that pace, rather than ball control, was his chief asset.

He considered a career in the army but athletics was always his calling.

As well as hoping to emulate Liddell, Hudson-Smith had also been bidding to become the first British sprinter to claim Olympic gold since Linford Christie in Barcelona in 1992.

Yet while the former room-mate of newly-crowned Olympic 100m champion Noah Lyles overtook Trinidad's Jerem Richards off the final bend, Hall arrived like a train to defeat him. Hudson-Smith had arrived in Paris as the fastest man in the world over one lap this year.

He had beaten his own European record by clocking 43.74 at London's Diamond League meeting last month.

And the Brit had breezed to victory in his semi-final on Tuesday night, pretty much jogging the last 50m because he was so far clear.

The omens were good and, on form, he was the favourite for gold.

Roger Black, a silver medalist in Atlanta in 1996, had been the only British man to even reach the Olympic podium in this event since the Second World War.

But Hudson-Smith always looked likely to at least equal Black.

It had promised to be a big night for Britain at the Stade de France.

World indoor pole-vault champion Molly Caudery was well fancied – but failed to qualify for the finals.

So it was down to Hudson-Smith to bring home the precious metal.

Surprisingly, this wasn't the final race of the night with the 3,000m steeplechase topping the bill – something that would not have happened in Michael Johnson's day.

Hudson-Smith emerged with a single finger raised, aiming for the No1 spot.

Then the heartbeat soundtrack pulsed, a gunshot rang out and Hudson-Smith made a fine start.

He had seemed to time his run to perfection – only for Hall to prove even more perfect still.

# SCREAM

From Back Page

me. I thought I had it. I thought I'd cleared the field and didn't see Quincy coming.

"I hit the gear a little too late and he got me on the line and nicked it. It happens.

"I am not angry, I am not upset, I was like oh, f\*\*\* it. It's life. He's the better man."

The brave Brit (left), who has battled back from depression and mental health issues, clocked a blistering 43.44sec – the fifth fastest in history

– to smash his own European record by half a second.

He added: "I saw everyone in the crowd. They know that it has been a rough journey." Zambia's Muzala Samukonga took bronze.

No British man has won Olympic 400m gold since Chariots of Fire's Eric Liddell in 1924 – also in Paris.

And it was the second time in 24 hours a Brit was pipped on the line by a Yank after Josh Kerr's 800m heartbreak.



CHALMERS... tumble

## No lucky Chalm in his semi

From **ROB MAUL**

ALASTAIR CHALMERS could not get his leg over in the City of Love as he face-planted the Olympic track.

His men's 400 metres hurdles semi-final ended in disaster when he hit the deck after clattering into the seventh obstacle.

It means there will be no GB representation in tomorrow night's final.

But Chalmers, 24, got back up and still completed the circuit.

The Guernsey star said: "Honestly, I'm fine. I'm happy to make the semi-final. I lost concentration

on hurdle six to seven, which is a bit frustrating.

"It's always really hard in lane nine. I just didn't go long enough off hurdle six which is stupid of me.

"That's what happens when you get caught trying to leg it down the back straight and keep up with these guys.

"I probably should just have concentrated on my lane more."

Londoner **TADE OJORA** failed to make the 110m hurdles final after the 24-year-old was seventh in his heat.

**AMBER ANNING**, 23, will be the sole Brit in the women's 400m final as she produced a personal best 49.47sec in the third semi-final.

Brit pals **VICTORIA OHURUOGU** and **LAVIAI NIELSEN** both missed out on a place in tomorrow night's showpiece.

## Noah's a little off

**NOAH LYLES'** "sluggish" 200 metres semi-final display was blamed on his blabbermouth.

Paris' Olympic 100m champion is a talkative chap and would have enjoyed his time since earning gold on Sunday.

Yet he only qualified third fastest for tonight's final, clocking 20.08sec, which was behind Botswana's Letsile Tebogo (19.96) and American Kenneth Bednarek (20.00).

Michael Johnson, BBC pundit and ex-Olympic 200m champ, said: "Noah Lyles did not look good in that semi-final race. He looked a little sluggish.

"It wouldn't surprise me if he has been busy with appearances.

"And talking and talking and more talking in the last couple of days since he won that gold.

"He will continue to believe in himself."

# FEELING AT SPILL

foot down but, all of a sudden, boom – I hit the deck."

Asked if there would be a team protest, Mills replied: "I hope so but it's out of my control. Being in France and a French guy taking me out, I can't see much happening."

However, Paris chiefs **HAVE** handed Mills and the other fallers a reprieve – and all will be allowed to compete in Saturday's final.

Mills – who was accidentally tripped during last month's Diamond League race in London – headed to the warm-up track assuming his Olympics were over. But within an hour, officials

gave him a lifeline, reinstating him and the other fallers for the final.

After a review by the video referee, they agreed that they had all been disadvantaged, so advanced them.

However Hay, 27, claimed he was an innocent man, insisting: "There was a big collision. But it wasn't me, somebody pushed me.

"Something happened. I turned around and everyone was on the floor."

There was also drama in the second heat when world champion Jakob Ingebrigtsen had to dodge a dozy cameraman who was standing on the track.

He was actually filming the high

jump and had wandered into the lanes in mid-race. Norwegian Ingebrigtsen – who won the heat – 23, revealed: "It happened very fast. Typical, it happened on a curve.

"I'm just enough behind to avoid it. I see something is happening. It's a big camera, so it was bad for many.

"Sometimes things happen on the track. Maybe cameramen are full of adrenaline and they jump on it.

"But it shouldn't be happening – it's the Olympics.

"He understood very fast but the damage was already done. In the worst case, runners get their race destroyed."



ACCUSED... Hay gets rant from the Brit

# ZUBI READY TO SLOT IN

By KEN LAWRENCE

LIVERPOOL manager Arne Slot is poised to make Martin Zubimendi his first signing.

The Real Sociedad star (right), who helped Spain to Euros glory, has a £51million release clause.

Slot has scoured Europe for a holding midfielder as part of his plan to play a more possession-based style – and Zubimendi ticks all his boxes.

The 25-year-old has also been on Arsenal and Manchester United's radar.

But talks have begun between the Reds and Sociedad and Anfield chiefs are hopeful they can get a deal over the line, despite reports that Zubimendi is

Turn to Page 44



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# SPURS' NEW SOL MAN

By TOM BARCLAY

TOTTENHAM are advancing with talks to sign £65million Bournemouth striker Dominic Solanke.

Boss Ange Postecoglou wants a centre-forward after deploying winger Son Heung-min up front last season.

Spurs are understood to have now stepped up their interest in Solanke (left), who hit 19 Prem goals last term.

The 26-year-old has a £65m release clause in his Cherries contract.

Should Spurs trigger that they would break their transfer record – Tanguy Ndombele cost them £55m in 2019.

There has been interest from the Saudi Pro League for striker Richarlison, who

Turn to Page 44



# YANKS SNATCH AWAY ANOTHER GOLD



HALL OR NOTHING... Brit Hudson-Smith is pipped on the line by USA star Hall

From ROB MAUL in Paris

DEVASTATED Matthew Hudson-Smith broke down in tears as his Olympic gold dream was snatched from him just inches from the finish.

TV cameras captured the former Asda till operator screaming "f\*\*\*" after American Quincy Hall pipped him to 400 metres glory by just 0.04sec.

Silver medallist Hudson-Smith, 29, sobbed as he was comforted by mum, dad and friends inside the Stade de France.

The Wolverhampton runner said: "I saw my family. I didn't even know that they were here."

"It was a shock. Mum and Dad don't watch me because they hate it, just as much as I hate them watching

Turn to Page 51

# Silver scream

# 'F\*\*\*!' MATT PIPPED ON LINE



FEELING BLUE... Hudson-Smith curses after seeing gold snatched from his grasp



# 'Sulking' Jura KO'd

**GUTTED** George Scott has ruled his big gun Isle Of Jura out for the rest of the season.

His star (right) stuffed subsequent runaway King George winner Goliath at Royal Ascot and Scott had been dreaming of a big finish to the year.

But a tendon injury has put paid to that with Scott now eyeing up some big prizes next season. Newmarket-based

**EXCLUSIVE** By OWEN GOULDING

Scott, 35, said: "He'll miss the rest of the season. I didn't dwell on it too much, I took it surprisingly well, but I don't think the same can be said for Isle Of Jura.

"He has been sulking, he loves his racing and has taken a while to get used to not revving up.

"He's slowly settled into life on the sofa and we

Turn To Page 6



## WIN A VIP NEWBURY TRIP

Win a Sunracing VIP day out for four at Hungerford Stakes Day and Dizze Rascal on August 17 including lunch at your own table in the Hennessy Restaurant. Turn to Page 6 for the details.

# Ryan gets Ins call

**RYAN MOORE** will take over from Kieran Shoemark on Inspiral in the Prix Jacques Le Marois on Sunday.

Under pressure Shoemark, 27, has partnered the horse twice this season but is yet to come out on top.

And now owners Cheveley Park have called-up Moore (right) who is not needed by his gov'nor Aidan O'Brien.

Trainer John Gosden is understood to have wanted to continue to use his new No.1

**EXCLUSIVE** By CALLUM JAMIESON

Shoemark and is frustrated with the growing criticism of Shoemark.

He has previously urged his owners to stick by his jockey who had the thankless task of replacing Frankie Dettori this season.

Inspiral, bidding for a third win in the race in a row, will take on seven rivals including Queen Anne winner Charyn and Wathnan's Haatem.



Thursday, August 8, 2024

THE HOME OF RACING

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# HUGHES ARE YA

**ITV's Chris Hughes can't wait to get one over telly rival Matt Chapman in tonight's Racing League.**

Former Love Island-returned presenter Hughes is manager of Team East — who broke a Racing League record last week with **FIVE** winners on a single night. Sunracing's Chappers is top dog at London & South but they trail in fourth, 136 points behind Hughes' table toppers.

The live ITV4 league battle heads to Chapp-stow for the third round of action and Hughes, 31, is loving every minute. He grinned: "Poor old Chappers. He hates to

By LUZ WOLLOCOMBE

lose, especially to me. "But the hard truth is his team have not performed yet and that comes down to the manager's tactics! Chappers needs to up his game."

Chapman, who has seen his team win just one league race so far, is not taking that lying down.

He said: "We're not even halfway through yet and Chris is acting like his team have already won the title!"

"It's still all to play for. We're not done with yet, just wait and see, Chris." Luke Morris (above) and Daniel Muscutt both rode doubles at Wolverhampton last week as Team East roared clear. It means they have already won eight races. Turn to Page 2.

East boss Chris takes a pop at Chappers as league rivalry hots up



**RIVALS . . .** Chris Hughes (right) wants to get one over Sun man Matt Chapman (above)



# SHAKE UP THE END OF THE WEEK

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# Favourite NO1 COLOUR CARDS START HERE

## BRIGHTON CHALLENGE CUP DAY GOOD TO FIRM (GOOD)

### TEMPLEGATE

- 2.30 LITTLE BOY BLUE (map)
- 3.00 Praetorian
- 3.30 Marsh Benham
- 4.00 Zhang Fei
- 4.30 Temur Khan
- 5.00 Hawajes

### TOM PEPPER

- 2.30 Local Bay
- 3.00 Praetorian
- 3.30 Lifestyle
- 4.00 Open Secret
- 4.30 Foinix
- 5.00 Heer's Sadie

### TIC-TAC: L-H horseshoe-shape course of 14f, undulating and slightly uphill 3f run-in. DRAW: Low best at 5f, high best over 6f.

**FAVOURITES:** 2019-2024: 211 have won out of 631 races (33%). At corresponding meetings, four have won out of 35 races (11%). **LIVE ON SKY SPORTS RACING**

### HOT 'N NOT

**TRAINERS with best record in last 14 days:** M Wigham 3 winners from 14 runners; J Owen 5 from 24; G Baker 4 from 21; G & J Moore 2 from 19; A Watson 4 from 39; E J-Houghton 3 from 34; C Johnston 6 from 81.

**JOCKEYS with best record in last 14 days:** N Currie 2 wins from 9; G Mangan 4 from 25; M Ghiani 3 from 23; R Dawson 3 from 25; T P Quaeally 2 from 17; Jack Doughty 4 from 34; H Doyle 6 from 54.

**TRAINERS who have had the most runners since last win:** J Bennett 118; M Attwater 81; J & S Best 49; R G Hawker 43.

**JOCKEYS who have had the most rides since last win:** W Cox 25; W Carson 19.

### TOP TRAINERS

2019-2024 A Carroll 59-486, G & J Moore 25-146, E J-Houghton 20-92, J Gallagher 18-116, R Hannan 15-99, G Baker 15-90, J Boyle 13-97, M Attwater 13-111, E Watson 11-82, J Feilden 6-51.

### TOP JOCKEYS

2019-2024 H Doyle 23-93, M Ghiani 20-199, T P Quaeally 13-66, W Carson 12-93, F Norton 10-72, N Currie 9-37, A Keeley 9-67, R Dawson 8-41, J Doughty 6-25, G Mangan 6-38. **THIS SEASON:** J Doughty 6, G Mangan 3, H Doyle 3, C Howarth 3.

### TRAINER TRACE

**FIRST RACE FOR NEW YARD:** 4.00 Songo M Harris to R G Hawker; Zhang Fei J Gallagher to F O'Brien. **FACEFAX:** A Carroll won 5.00 in 2022 & 2023.

### IN THE MONEY

**MONEY TALKS:** Sir Titan (5.00) opened 7f, unplaced at 4-1; Zhang Fei (4.00) opened 5-1 won at 10-3; Tatabe (4.00) opened 14-1, unplaced at 11-1; Temur Khan (4.30) opened 18-1, won at 16-1. **TOP EARNERS:** 3.30 Poetic Force £115,674; 3.30 Harbour Vision £106,741; 2.30 Little Boy Blue £90,587.

### UNDER ORDERS

**SEVEN-DAY WINNERS:** None. **BLINKERED FIRST TIME:** 3.00 OJ Lifestyle; 4.30 Chelsea Flower. **VISORED FIRST TIME:** None. **FIRST RUN SINCE WIND OP:** None. **WEIGHTWATCHER:** 2.30 Macs Dilemma (won off 74, down 6lb to 69); 3.30 Poetic Force (won off 68, down 4lb to 64); 4.00 Dundry (won off 72, down 3lb to 69); Zhang Fei (won off 74, down 4lb to 70). **JOB JOCKEY:** H Doyle rides Hill Station (4.00) for Dr R Newland & J Insole, 4 from 7, 57%.

### 2.30 STAR PROPERTY GROUP APPRENTICE HANDICAP (4); £4,972; 7f (5 runners)

- 1 508-14 LITTLE BOY BLUE 21 (CD) W Turner 9-10-3 ..... Fred Day (7) 98  
Runs: 59 Wins: 9 (2S,A,5F,G) Places: 14 £90,587  
Game win on return, better than bare result since, this easier, chance
- 2 311613 LOCAL BAY 13 (C,D) A Carroll 6-9-6 ..... Jack Doughty (3) 99  
Runs: 39 Wins: 8 (2F,4A,G,S,G) Places: 7 £39,983  
In cracking form, still on a fair mark, goes well here, dangerous
- 3 5-5465 MACS DILEMMA 13 (C,D) J O'Shea 6-9-4 ..... Gina Mangan 85  
Runs: 42 Wins: 7 (3F,A,G,S,2G) Places: 6 £41,879  
Out of form, needs a drop in trip to revive off lower mark, best watch
- 4 22-2448 KING OF WAR 20 (CD) M Wigham 5-9-2 ..... Connor Planas 92  
Runs: 31 Wins: 3 (F,G,S,G) Places: 9 £31,983  
Started well for this yard but more subdued since, must bounce back
- 5 01-6143 BATCHELOR BOY 51 (B;CD) J Gallagher 7-8-11 ..... Joe Leavy (3) 96  
Runs: 50 Wins: 8 (6F,3A) Places: 5 £49,324  
Course regular, loves it here but recent form a bit poor, not ruled out

**BETTING:** 5-2 Local Bay, 3 Little Boy Blue, 10-3 Batchelor Boy, 9-2 King Of War, 11-2 Macs Dilemma

**WHERE FAVOURITES FINISHED:** 2 5  
2023: Poetic Force 9-9-4, M Phillips 9-1 (A Carroll), dr 1, 7 ran.

### Sunracing FORM

**LITTLE BOY BLUE** (10-1) 16-1 disputed lead, ridden 2f out, headed 1f out, stayed on final furlong, 4th of 10 (btm 6f 4/4) to Lady Flora (9-0) (Epsom 7f hcsp (4) £3,018 good).

**LOCAL BAY** (9-6) 5-1 in touch, pushed along and headed 2f out, ridden and stayed on finish, 3rd of 6 (btm 4 1/4) to Lady Flora (9-0) (Epsom 7f hcsp (4) £3,018 good).

**DILEMMA** (9-3) 13-2 led 2f, tracked winner, pushed along 2f out, faded final furlong, 5th (btm 6 1/4) (Chepstow 7f hcsp (5) £3,716 good to firm).

**BATCHELOR BOY** (9-7) 9-2 raced in second, chased leader 2f out, lost position when outpaced 4f out, faded final 10 yards, 3rd of 4 (btm 4) to Wrestling Reserve (9-2) (Brighton 5f hcsp (6) £2,983 good to firm).

### 3.00 STAR INSURANCE MAIDEN STAKES (5) 2-Y-O; winner £3,672; 7f (4 runners)

- 1 87 BROADHAVEN BAY 7 G Baker 9-7 ..... Nicola Currie 78  
Runs: 2 Beaten just two rivals in his two starts to date, unlikely to be a factor
- 2 322 PRAETORIAN 13 (BF) A Watson 9-7 ..... Hollie Doyle 99  
Runs: 3 Improving with this run, rated to destroy this field, impossible to oppose
- 3 77 LIRICIST 36 A Newcombe 9-5 ..... Tom Quaeally 70  
Runs: 2 Has shown very little to work with so far, makes absolutely no appeal
- 4 4 GRADUATED 19 Newland/Insole 9-2 ..... Gina Mangan (3) 88  
Runs: 1 Shaped well when flying home on debut, obvious forecast option

**BETTING:** 2-7 Praetorian, 10-3 Graduated, 20 Broadhaven Bay

**WHERE FAVOURITES FINISHED:** 2 3 2 1  
2023: Loaded Quiver 9-7, H Doyle 8-11 Fav (A Watson), dr 5, 8 ran.

### 3.30 STAR COMMUNITY HOUSING HANDICAP (6); winner £2,983; 1m (6 runners)

- 1 600243 MARSH BENHAM 12 (BF,CD) G Baker 5-9-10 ..... Nicola Currie 99  
Runs: 33 Wins: 4 (2F,S,G,S) Places: 8 £26,843  
Slow starter, in good form in better races than this, obvious appeal
- 2 462598 MUMAYAZ 13 (D) A Carroll 5-9-9 ..... Jack Doughty (5) 88  
Runs: 43 Wins: 4 (3A,G) Places: 16 £54,144  
Ran well here four back, has struggled since, best watched for now
- 3 08-6635 OJ LIFESTYLE 21 (B\*) G & J Moore 4-9-9 ..... Tom Quaeally 95  
Runs: 13 Wins: 1 (F) Places: 2 £14,602  
Well beaten this year, latest exposed in the field, blinkers on, interesting
- 4 442550 POETIC FORCE 24 (CD) A Carroll 10-9-8 ..... Molly Gunn (7) 92  
Runs: 98 Wins: 15 (5F,10A) Places: 18 £115,674  
Likes it here, drops in grade after some heavy defeats, lots of risks
- 5 218908 HARBOUR VISION 30 (V;D) S Dixon 9-9-7 ..... Mikkel Mortensen (7) 83  
Runs: 104 Wins: 12 (F,1A) Places: 22 £106,741  
Getting long in the tooth, has only regressed since last win, no appeal
- 6 882755 GALLIMIMUS 17 (B;C) J Gallagher 4-9-3 ..... Hollie Doyle 98  
Runs: 19 Wins: 3 (3F) Places: 3 £18,290  
Takes a big drop in trip, not disgraced on occasion this year, consider

**BETTING:** 11-8 Marsh Benham, 10-3 Gallimimus, 9-2 OJ Lifestyle, 6 Mumayaz, 10 Poetic Force, 16 Harbour Vision

**WHERE FAVOURITES FINISHED AND 2023:** No corresponding race.

### Sunracing FORM

**MARSH BENHAM** (9-10) 9-2 fav started slowly, well behind, good headway between horses 1f out, head high and ran on final furlong, no chance with winner, 3rd of 13 (btm 1 1/4) to Spanish Mace (8-12) (Lingfield 7f hcsp (6) £2,983 good to firm).

**MUMAYAZ** (9-1) 20-1 raced keenly, tracked leaders on rail, pushed along over 2f out, soon weakened, 8th of 10 (btm 4 1/4) to Billy Mill (9-12) (Ascot 7f hcsp (4) £10,468 good).

### PROBETS

**EYECATCHER:** MARSH BENHAM (3.30 Brighton) was unlucky when third at Lingfield 12 days ago.

### 4.00 STAR BRIGHTON CHALLENGE CUP HCAP (4); winner £10,468; 1m 4f (10 runners)

- 1 96/95- SONGO J25 (D) R Hawker 8-10-1 ..... William Cox 83  
Runs: 18 Wins: 7 (4F,A,2G) Places: 5 £32,879  
Not at his best over hurdles when last seen, would be a surprise here
- 2 321386 LEXINGTON KNIGHT 14 (D) R Hannan 6-10-1 ..... Joe Leavy (5) 94  
Runs: 49 Wins: 7 (S,F,A,G,S) Places: 17 £78,886  
Disappointed last time, in good form before that, fairly treated, in mix
- 3 251241 UNCLE DICK 1 (C) E J-Houghton 6-9-9 (Silbex/Mia Nicholls) (5) 95  
Runs: 43 Wins: 7 (S,F,A,G) Places: 12 £42,028  
Loves this place, seven-time course winner after vict here yesterday
- 4 9205- ZHANG FEI J18 F O'Brien 6-9-8 ..... Fern O'Brien (7) 96  
Runs: 26 Wins: 1 (F) Places: 10 £28,284  
Running well over hurdles of late, on a good mark on the Flat, chance
- 5 27144 TATATEO 20 (P\*) J Ferguson 3-9-7 ..... Ray Dawson 99  
Runs: 6 Wins: 1 (G) Places: 1 £7,192  
Unexposed, cheekpieces will help and has plenty more to offer, player
- 6 520-74 DUNDROY 14 (D) J O'Shea 8-9-7 ..... William Carson 92  
Runs: 48 Wins: 5 (F,S,G) Places: 12 £57,881  
Fast finisher, better run latest at this distance, should out-run odds
- 7 215425 HILL STATION 14 (D) (3) Newland/Insole 5-9-6 ..... Hollie Doyle 98  
Runs: 26 Wins: 4 (4A) Places: 5 £24,257  
Pace angle, tough sort won't mind being taken on, looks dangerous
- 8 681153 BLETCHLEY STORM 13 (C) G Baker 4-9-5 ..... Aidan Keeley (3) 95  
Runs: 19 Wins: 3 (2S,A) Places: 4 £18,247  
Won here on return, has maintained his form since, makes appeal
- 9 342274 OPEN SECRET 8 (V) C Johnston 3-9-4 ..... Franny Norton 97  
Runs: 8 Places: 3 £19,567  
Front runner, still has potential and running well this year, in the hunt
- 10 613-89 BUG BOY 21 (CD) A Newcombe 8-9-4 ..... Connor Planas (3) 85  
Runs: 50 Wins: 7 (3F,A,G,2G) Places: 10 £49,638  
Gained his last win here, has taken a nose-dive since, best left

**BETTING:** 4 Bletchley Storm, 11-2 Zhang Fei, 13-2 Open Secret, 7 Tatateo, Uncle Dick, 15-2 Hill Station, 8 Lexington Knight, Songo

**WHERE FAVOURITES FINISHED:** 3-5 1 1 5-7  
2023: Bug Boy 7-8-13, C Planas 8-1 (A Newcombe), dr 9, 9 ran.

### Sunracing FORM

**SONGO** (9-3) 14-1 rear, wide, headway to track leaders 6f out, ridden 2f out, kept on, 5th of 10 (btm 3 1/4) to Crested Lake (9-5) (Goodwood 1 1/4 m hcsp (4) £6,621 good to firm).

**LEXINGTON KNIGHT** (5-5) 9-1 handy, pushed along 3f out, ridden 2f out, rallied, ran on, 8th of 11 (btm 4 1/4) to Walter Harrington (8-9) (Yarmouth 1m 3f hcsp (4) £18,319 good to firm).

**UNCLE DICK** (9-5) 8-1 rear, switched outside 3f out, stayed on one pace 4th of 8 (btm 3 1/4) to Hello Cotal (9-0) (Epsom 1m hcsp (5) £4,449 good).

**ZHANG FEI** (9-1) 68-1 close up, ridden and headed final furlong, kept on same pace, 5th of 10 (btm 3 1/4) to Sea Of Charm (9-1) (Whampton 1 1/4 m hcsp (5) £3,873 AW).

**TATATEO** (9-7) 11-1 chasing leaders, driven and outpaced 2f out, kept on final 100 yards, 4th of 9 (btm 4 1/4) to Siempre Arturo (10-2) (Newmarket 1 1/4 m hcsp (4) £5,703 good).

### 4.30 ALFRISTON GARDENS CLASSIFIED STAKES (6); winner £2,983; 1m 4f (9 runners)

- 1 0-5000 ATWIXADAY 52 (V) G & J Moore 4-9-9 ..... Tom Quaeally 80  
Runs: 10 Beaten 70 lengths in two recent starts, makes absolutely no appeal
- 2 438787 COME ON JOHN 16 (C) M Attwater 5-9-9 ..... Paddy Bradley 88  
Runs: 44 Wins: 4 (2A,F,G) Places: 3 £23,336  
Beaten a long way when dropped to this level latest, needs extra
- 3 322654 FOINIX 12 (B) J & S Best 4-9-9 ..... Joe Leavy (5) 98  
Runs: 28 Wins: 1 (A) Places: 6 £24,662  
Consistent, strong stayer has useful form at this level, won't be far away
- 4 446044 IREZUMI 30 J Boyle 4-9-9 ..... Luke Catton (3) 95  
Runs: 19 Wins: 1 (S) Places: 1 £4,750  
Looks tripless, lacks a change of gear but this is very weak, placings
- 5 364065 LUCKY QUESTION 16 A Carroll 4-9-9 ..... Ray Dawson 96  
Runs: 14 Showed a bit more dropped to this level latest, yard does well here, ew
- 6 1409-0 SILVER ATOM J38 (D) A Watson 6-9-9 ..... Hollie Doyle 90  
Runs: 8 Wins: 1 (G,S) Places: 1 £3,460  
Out of form over both hurdles and on the Flat this year, limited appeal
- 7 7-0541 TEMUR KHAN 37 (CD) A Carroll 9-9-9 ..... Jack Doughty (5) 99  
Runs: 61 Wins: 8 (4F,3A,G) Places: 7 £46,237  
Won well when dropped to this level latest, has won here, to be beat
- 8 68360 WALK THE MOON 16 A Carroll 4-9-9 ..... Gina Mangan (3) 87  
Runs: 11 Weakened alarmingly last time, balance of form makes him risky, left
- 9 0987 CHELSEA FLOWER 36 (B\*) J Owen 3-8-13 ..... Sean D Bowen (3) 83  
Runs: 4 Went backwards very quickly on handicap debut, blinkers on, avoid

**BETTING:** 9-4 Temur Khan, 7-2 Irezumi, 4 Foinix, 7 Lucky Question, 8 Come On John, 14 Walk The Moon, 16 Silver Atom, Chelsea Flower

**WHERE FAVOURITES FINISHED:** 4 6  
2023: No Dignity 7-9-12, L Morris 16-1 (M Dunne), dr 4, 9 ran.

### Sunracing FORM

**FOINIX** (9-13) 18-1 held up in mid-division, headway out wide 2f out, ridden and chased leaders 2f out, stayed on, btm 11 by Thursday (9-13) (IREZUMI (9-13) 16-1 off the pace and always rear, 10th (btm 12) ATWIXADAY (9-13) 66-1 tracked leaders in 5th, pushed along and outpaced 3f out, weakened, 11th (btm 15) (15 ran) (Windsor 1m 3f class stks (6) £3,768 good to firm).

**LUCKY QUESTION** (9-4) 7-1 close up, pushed along 2f out, ridden and kept on same pace final furlong, 5th of 10 (btm 4 1/4) to Sunset In Paris (9-9) (COME ON JOHN (9-9) 15-2 close up, pushed along 3f out, weakened 1f out, 7th (btm 5 1/4) (10 ran) (Lingfield 1 1/4 m hcsp (6) £2,983 AW).

**FOINIX** (9-3) 11-2 keen hold, held up in rear, headway 3f out, stayed on 2f out, every chance, outpaced by winner final furlong, one pace, 4th of 8 (btm 3 1/4) to Scyllia (9-0) (Lingfield 2m hcsp (6) £2,983 good to firm).

### 5.00 ALFRISTON GARDENS CO UK CLASSIFIED STAKES (6); £2,983; 7f (9 runners)

- 1 0-2472 GONZAGA 12 J Bennett 9-9-9 ..... Laura Coughlan (3) 92  
Runs: 53 Places: 12 £15,981  
Consistent, overall record tells the story, impossible to be confident
- 2 736223 HAWAJES 1 (D) A Carroll 4-9-9 ..... Jack Doughty (5) 99  
Runs: 17 Wins: 1 (A) Places: 4 £12,908  
Shade unlucky not to get up at Chepstow latest, went well yesterday
- 3 813275 HEER'S SADIE 37 (CD) J Feilden 6-9-9 ..... Christian Howarth (3) 98  
Runs: 39 Wins: 4 (3F,G) Places: 9 £27,727  
Has run her last 14 races here, out of form of late but may bounce back
- 4 399335 REBEL REDEMPTION 24 (B) S Dixon 7-9-9 ..... Mikkel Mortensen (7) 94  
Runs: 75 Wins: 7 (F,S,A,G) Places: 16 £47,525  
Not beaten far in similar races this year, needs to find a bit more, e-w
- 5 035145 RIVER WHARFE 30 (CD) A Carroll 6-9-9 ..... Marco Ghiani 96  
Runs: 44 Wins: 5 (2F,3A) Places: 9 £29,510  
Clearcut hcsp winner here two back, ran okay here yesterday, in mix
- 6 747797 SIR TITAN 31 (D) A Carroll 10-9-9 ..... Molly Gunn (7) 82  
Runs: 65 Wins: 9 (S,3F,3A,2GS) Places: 7 £79,108  
Old boy, likes this sort of track but has been regressive this year, avoid
- 7 073608 CLEAR AIM 1 J Boyle 3-9-3 ..... Charlie Bennett 91  
Runs: 10 Places: 1 £1,362  
Ran well at Salisbury three back, down the field yesterday, needs more
- 8 543690 DANEHILL STAR 1 (1) A Carroll 3-9-3 ..... William Carson 93  
Runs: 11 Places: 2 £2,743  
Gelded before last two runs but limited effort, stone last yesterday
- 9 113544 TRES CHIC 15 (D) J Moore 3-9-3 ..... Joe Leavy (5) 98  
Runs: 19 Wins: 3 (F,2S) Places: 1 £14,076  
Rallied well at Leicester last time, well treated on these terms, player

**BETTING:** 10-3 Hawajes, 4 Gonzaga, 9-2 Tres Chic, 6 Heer's Sadie, 7 River Wharfe, 8 Sir Titan, 12 Clear Aim, Rebel Redemption

**WHERE FAVOURITES FINISHED:** 4 4  
2023: He's Our Star 8-9-8, F Norton 10-1 (A Carroll), dr 4, 10 ran.

### Sunracing FORM

**GONZAGA** (7-13) 33-1 outpaced in last pair, headway not clear run 1f out, strong run final furlong, btm 11 by Spanish Mace (9-12) (Lingfield 7f hcsp (6) £2,983 good to firm).

**HAWAJES** (9-4) 6-1 rear, headway out, every chance, kept on, btm 1/4 by Fact Of Fable (8-8) (Chepstow 1m (6) £2,983 good to firm).

**GONZAGA** (8-12) 28-1 rear, pushed along 3f out, headway 1f out, 4th and no extra, 4th of 8 (btm 4 1/4) to Split Elevens (9-9) (HEER'S SADIE (9-4) 18-1 held up rear, switched 2f out, headway 1f out, never dangerous, 5th (btm 7 1/4) (8 ran) (Brighton 7f hcsp (6) £2,983 good to firm).

**REBEL REDEMPTION** (9-9) 28-1 chased leader, pushed along 2f out, ridden 1f out, kept on one pace, 5th of 9 (btm 2 1/4) to Split Elevens (9-9) (DANEHILL STAR (8-16) 1-1 chased leaders out wide, pushed along and outpaced home turn, soon weakened, last (btm 5 1/4) by Spanish Mace (9-12) (Lingfield 7f hcsp (6) £2,983 good to firm).

**RIVER WHARFE** (9-4) 8-1 pushed along halfway, headway 2f out, ridden and one pace, 4th of 7 (btm 5 1/4) to Clear Justice (9-0) (Brighton 1m (6) £2,983 soft).

**SIR TITAN** (9-9) 4-1 mid-division, effort 2f out, switched 1f out, one pace, 7th of 11 (btm 5 1/4) to Scarfo (8-12) (Whamton 7f hcsp (6) £4,711 AW).

**CLEAR AIM** (8-0) 18-1 slowly away, always in rear, eased, 11th of 12 (btm 5 1/4) to Land Of Magic (9-0) (Epsom 7f hcsp (6) £3,402 good).

**TRES CHIC** (8-13) 6-1 in touch with leaders, chased leaders 2f out, ridden, ran on, 4th of 9 (btm 1 1/4) to First Encounter (9-0) (Leicester 1m hcsp (6) £3,140 good to firm).

### From Page One

**HUGHES** in the league so far this season and sit on 305 points — a whopping 100 clear of their nearest challengers and last year's narrow runners-up Wales & West. Hughes said: "We are flying at the moment. "Last week was brilliant, I mean it's the first time any team has won five races at one meeting in this competition so I was chuffed. "And one of those was Reaching High, a first league winner for His Majesty The King which was very special. "We are so far clear of Matt's team I really don't see them as a threat. Jamie Osborne's Wales & West team look to be the main danger, especially tonight on their home turf. "Chepstow is a long way for most of our team to travel, but we have pulled together a team of eight and if we can get one or two winners we'll be happy. "Many outsiders knock the Racing League but it is a good idea and everyone involved is really enjoying it — even more so when you are winning!"



## YARMOUTH

### 2.15 MARK HOLEY LEGEND CUP HANDICAP (Class 6); winner £3,768; 5f (5 runners)

1	-34509 VADAMIAH 16 (D)	88
(3)	P Midgley 5-9-10	Mark Winn (3)
Runs: 19	Wins: 3 (F,G,G,G)	Places: 2
Returned in good form but hasn't sustained it, looks a shade vulnerable		
2	972825 HAVAGOMECCA 6 (BF,D)	99
(1)	M Dods 6-9-8	Connor Beasley
Runs: 33	Wins: 5 (S,F,A,G,S,G)	Places: 6
Front runner, near miss two back and will get an easy time of it, player		
3	987254 FOUR ADAAY 13 (D)	97
(5)	B Millman 6-9-6	P J McDonald
Runs: 47	Wins: 6 (S,3A,2G)	Places: 12
Down to a dangerous mark, will love this ground, likely contender		
4	80-888 CONCIERGE 28 (V,D)	87
(2)	M Attwater 8-9-5	Luke Morris
Runs: 67	Wins: 8 (2S,2F,2A,2GS)	Places: 10
Not getting any younger, has looked regressive this year, best watched		
5	-20024 EXCEED 17 (D)	98
(4)	N Tinkler 4-9-1	Lewis Edmunds
Runs: 14	Wins: 1 (F)	Places: 5
Fast finisher, has returned to form of late, yard going well, dangerous		

**BETTING:** 2 Exceed, 5-2 Havagomecca, 4 Four Adaay, 5 Vadamiah, 7 Concierge

**WHERE FAVOURITES FINISHED AND 2023:** No corresponding race.

### 2.45 QUINNBT BEST ODDS FILLIES' NOVICE STAKES (4) 2-Y-0; £5,373; 7f (6 runners)

1	61 FOUETTE 35 (CD)	97
(6)	J Horton 9-9	Adam Farragher
Runs: 2	Wins: 1 (G)	Places: 3
Got up in the nick of time here on second start, more to come, chance		
2	41 ELLARIA SAND 28	98
(1)	A Watson 9-7	Luke Morris
Runs: 2	Wins: 1 (GS)	Places: 1
Rallied well to get off the mark last time, extra furlong will help, player		
3	ANNA SWAN	-
(3)	Sir M Stoute 9-2	Richard Kingscote
Looks the part on paper, yard's runners can improve for a run, interest		
4	4 HELP FROM ABOVE 20	99
(1)	R Eddery 9-2	Jamie Spencer
Runs: 1	Wins: 1 (G)	Places: 1
Ran very green on debut but shaped with lots of promise, one to note		
5	LIBERATE	-
(5)	J Horton 9-2	P J McDonald
Cost only £3,000, decent pedigree and yard can ready them, market		
6	6 TANGO IN PARIS 8	85
(2)	P Chapple-Hyam 9-0	Kieran Shoemark
Runs: 1	Wins: 1 (G)	Places: 1
Not unbacked on debut but was beaten a long way, one for handicaps		

**BETTING:** 5-2 Ellaria Sand, 11-4 Help From Above, 10-3 Fouette, 4 Anna Swan, 10 Liberate, 20 Tango In Paris

### 3.15 CARL NORWOOD MEMORIAL HANDICAP (6) winner £3,768; 1m 2f (6 runners)

1	8603 CABALLO DE MAR 17	99
(6)	G Scott 3-9-9	Liam Wright (5)
Runs: 4	Wins: 1 (A)	Places: 1
Massive eyecatcher on hcp debut, certain to improve again, player		
2	550817 FORTNUM 33 (BF,D)	92
(5)	G Boughey 3-9-9	Pat Cosgrave
Runs: 6	Wins: 1 (GS)	Places: 2
Made a winning handicap debut, folded tamely since, some risk now		
3	883 UPTON 17 (H)	90
(3)	A Balding 3-9-6	Kieran Shoemark
Runs: 3	Wins: 1 (A)	Places: 1
Has shown ability in three starts, opening mark only fair, not ruled out		
4	66725 RICH HARRY 10	88
(1)	A Haynes 3-9-6	Kieran O'Neill
Runs: 14	Wins: 1 (A)	Places: 4
Exposed, not disgraced on occasion but vulnerable to improvers		
5	708-53 OVERTURE 13 (BF)	98
(4)	Sir M Prescott 3-9-4	Luke Morris
Runs: 5	Wins: 1 (A)	Places: 3
Quirky, ran all over the place latest, more to come at new trip, chance		
6	243652 PERSIAN PHOENIX 9	97
(2)	C Johnson 3-9-3	Silvestre De Sousa
Runs: 15	Wins: 1 (A)	Places: 4
Relished a step up to this trip latest, remains on a fair mark, in the mix		

**BETTING:** 6 Overture, 7-2 Persian Phoenix, 9-2 Caballo De Mar, 5 Fortnum, 6 Upton, 12 Rich Harry

### Sunracing FORM

**CABALLO DE MAR** (9-7) 4-1 dwelt held up in rear, pushed along 2f out, ran on well, 3rd of 11 (bfn 2f) to Pledge Of Honour (9-12) (Windsor 1/4m hcap (6) £3,768 good to firm).

**FORTNUM** (9-9) 13-8 fav went 2nd 2f out, every chance, 7th of 10 (bfn 9/4) to It's Not Risky (9-5) (Nottingham 1/4m hcap (6) £3,402 good).

**UPTON** (9-9) 30-1 mid-division, pushed along 2f out, plugged on, 3rd of 9 (bfn 13f) to Galumet (9-7) (Windsor 1/4m mdn (5) £4,320 good to firm).

**RICH HARRY** (9-9) 10-1 rear, headway 2f out, ridden 1f out, 5th of 8 (bfn 5/4) to One Cool Dreamer (9-10) (Windsor 1/4m hcap (6) £3,768 good to firm).

**OVERTURE** (9-10) 2-1 fav handy, ridden 1f out, kept on, 3rd of 6 (bfn 9/4) to Monkey Miss (9-4) (Chesham 7f hcap (6) £2,983 good to firm).

**PERSIAN PHOENIX** (9-1) 9-1 headway 2f out, strongly pressed leader 2f out, every chance, kept on, held finish, bfn nk by Con Te Partiro (9-8) (8 ran) (Lingfield 1/4m hcap (6) £2,983 AW).

### 3.45 QUINNBT ACCA BONUS HANDICAP (6) 3-Y-0; winner £3,768; 1m 4f (7 runners)

1	7-97 TEATIME 49	98
(4)	J Chapple-Hyam 9-11	Jonny Peate (3)
Runs: 3	Wins: 1 (A)	Places: 1
Showed minor ability in maidens, should do better in handicaps, mix		
2	434434 KINETIC 31	95
(7)	J Owen 9-9	Silvestre De Sousa
Runs: 10	Wins: 1 (A)	Places: 1
Consistent, lacks a change of gear in finish, new yard, needs more		
3	045 AMONGST THE STARS 20	96
(5)	D & C Kubler 9-9	Richard Kingscote
Runs: 3	Wins: 1 (A)	Places: 1
Never involved in three novices, hcp debut for in-form yard, interesting		

## GOOD TO FIRM (GOOD)

### TEMPLEGATE TOM PEPPER

2.15	Exceed	2.15	Havagomecca
2.45	Help From Above	2.45	Ellaria Sand
3.15	Caballo De Mar	3.15	Caballo De Mar
3.45	Kinetic	3.45	Amongst The Stars
4.15	Gultari	4.15	Forever A Diamond
4.45	Dashing Donkey (nb)	4.45	Baroque Buoy

■TIC-TAC: Left-handed oval, flat, galloping track of 1m 4f, straight mile course. ■DRAW: High numbers best on the straight course, especially in large fields. ■LEADING TRAINERS WITH RUNNERS (2019-2024): W Haggas 33-127, R Varian 19-106, G Boughey 17-95, C Dwyer 13-80. THIS SEASON: G Boughey 4, R Varian 3, D & C Kubler 2. ■TOP JOCKEYS WITH RIDES (2019-2024): A Farragher 15-86, K Shoemark 15-83, L Morris 13-155, S De Sousa 13-107. THIS SEASON: A Farragher 7, K Shoemark 6, L Morris 2. ■LONGEST TRAVELLER: Four Aday (2.15) trained at Cullompton, Round trip of 686 miles. ■FIRST RUN SINCE WIND UP: None. ■LIVE ON SKY SPORTS RACING

4	949-54 SURFER DUDE 43	85
(2)	S Hodgson 9-4	Adam Farragher
Runs: 5	Wins: 1 (A)	Places: 1
Already on his third year, well beaten in two handicaps, limited appeal		
5	362753 KEEN INTEREST 13	83
(1)	A Haynes 9-3	Kieran O'Neill
Runs: 16	Wins: 1 (A)	Places: 3
No closer than two lengths in all 16 of his starts, would be a surprise		
6	60-055 WHITE COCO 41	87
(3)	D Simcock 9-3	Luke Morris
Runs: 6	Wins: 1 (A)	Places: 1
All but tailed off in three starts this year, stamina to prove, best watched		
7	77-043 LADY BIRDIE 21	99
(6)	A Balding 9-3	William Carver (3)
Runs: 6	Wins: 1 (A)	Places: 1
Shaped well when very green on handicap debut, do better, chance		

**BETTING:** 3 Keen Interest, 10-3 Lady Birdie, 9-2 Teatime, 11-2 Amongst The Stars, 6 Kinetic, 8 Surfer Dude, 12 White Coco

### 4.15 QUINNBT DAILY FREE BET HANDICAP (6) 3-Y-0; winner £3,768; 6f (5 runners)

1	-17545 FOREVER A DIAMOND 29	95
(5)	Muir/Grassick 9-9	Lewis Edmunds
Runs: 12	Wins: 1 (A)	Places: 3
Close-up at Newbury two back, takes a big drop in trip, not ruled out		
2	346454 LIEUTENANT RASCAL 30	90
(4)	P McEntee 9-7	Tyler Heard
Runs: 15	Wins: 1 (G)	Places: 3
Frustrating, has looked tripless and very one-paced, best watched		
3	660-6 TWILIGHT MELODY 21	92
(3)	J Owen 9-5	Adam Farragher
Runs: 4	Wins: 1 (A)	Places: 1
Not disgraced on handicap debut, drops in trip but needs to improve		
4	524213 KURIMU 15 (D)	98
(1)	C Dwyer 9-5	Silvestre De Sousa
Runs: 10	Wins: 1 (GS)	Places: 3
Backed up his win with a solid third at Leicester, same mark, player		
5	76-532 GULTARI 15 (H)	99
(2)	W Haggas 9-3	Harry Burns (3)
Runs: 6	Wins: 1 (A)	Places: 2
Ahead of Kurimu on just second handicap start, more to come, chance		

**BETTING:** 6-4 Gultari, 5-2 Kurimu, 11-2 Forever A Diamond, 6 Lieutenant Rascal, 7 Twilight Melody

### Sunracing FORM

**FOREVER A DIAMOND** (9-10) 7-2 rear, headway 2f out, kept on, 5th of 8 (bfn 6/4) to Atlantic Gambler (9-11) (Kempton 1m hcap (6) £3,140 AW).

**LIEUTENANT RASCAL** (9-7) 3-1 close 3rd, ridden 2f out, soon beaten, 4th of 5 (bfn 12f) to Merrimack (8-13) (Brighton 6f hcap (6) £2,983 soft).

**TWILIGHT MELODY** (9-4) 18-1 mid-division, switched and effort 2f out, never dangerous, no extra inside

**KURIMU** (9-5) 9-2 tracked leader, pushed along 2f out, every chance 1f out, stayed on one pace, bfn 1/4 by High Violet (9-3) (KURIMU (9-5) 9-2 tracked leaders, ridden and every chance 1f out, stayed on one pace, 3rd (bfn 2/4) (9 ran) (Leicester 6f hcap (6) £3,140 good to firm).

### 4.45 SKY SPORTS RACING SKY 415 HANDICAP (6) 3-Y-0; winner £3,768; 1m (9 runners)

1	-56235 ZARIELA 16	90
(1)	S Woods 9-11	Ben Sanderson (3)
Runs: 10	Wins: 1 (A)	Places: 3
Has become frustrating, goes handicapping off fair mark, needs more		
2	05-37 BEAT THE CLOCK 49	87
(2)	D Simcock 9-11	Jamie Spencer
Runs: 4	Wins: 1 (A)	Places: 1
Ran a stinker on handicap debut when beaten 38 lengths, lots to prove		
3	722163 BAROQUE BUOY 15	95
(8)	G Scott 9-10	Liam Wright (5)
Runs: 8	Wins: 1 (A)	Places: 3
Fast finisher, ran better than bare result latest, unlikely to be far away		
4	421145 COGSWORTH 29	96
(3)	C Dwyer 9-7	Silvestre De Sousa
Runs: 15	Wins: 2 (A,G)	Places: 2
In the grips of the handicapper since back-to-back wins, each-way		
5	5734 MOAKADD 19 (BF)	99
(9)	R Varian 9-7	Cameron Noble
Runs: 4	Wins: 1 (A)	Places: 1
Unexposed, still green when flashing home on hcp debut, one to beat		
6	407 ZENZIC 20	85
(4)	T Kent 9-6	Adam Farragher
Runs: 3	Wins: 1 (A)	Places: 1
Fell out the stalls and never involved on return, hcp debut, no appeal		
7	36567 KINEMATICA 22	88
(6)	Sir M Prescott 9-6	Luke Morris
Runs: 5	Wins: 1 (A)	Places: 1
Hasn't improved for the switch to hcaps, down in distance, very risky		
8	66687 ICECAP 10	82
(7)	P Owens 9-3	Tyler Heard
Runs: 5	Wins: 1 (A)	Places: 1
Heavy defeats this year suggest she's very limited, would be a shock		
9	827114 DASHING DONKEY 21 (CD)	98
(5)	W Stone 9-0	Kieran Shoemark
Runs: 8	Wins: 2 (S,G)	Places: 1
Flew home when bidding for a hat-trick latest, up in trip, dangerous		

**BETTING:** 7-2 Moakadd, 4 Dashing Donkey, 5 Baroque Buoy, 11-2 Cogsworth, Zariela, 8 Beat The Clock, 12 Kinematica, 14 Zenzic

# HOTTO LOTTO

## Marco hails 'once in a lifetime' superstar

By OWEN GOULDING

### MARCO BOTTI hopes his 'once in a lifetime' star can win him his first Classic.

The Newmarket trainer believes top stayer **Giavelotto** has what it takes to deliver next month's Irish St Leger. Mind you, Botti, 47, already feels like he's won the Lotto with his fab five-year-old, a brilliant two-time Yorkshire Cup hero who has yet to receive the acclaim he fully deserves. Botti (*below*) confided: "He's been a real star for us and has taken us to places people dream of going. "He leaves it all out there on the track and always runs his heart out. "He's a horse of a lifetime, no doubt about that."

Botti's star has the perfect mix of speed and staying power — as shown by his demolition of solid campaigners Arrest and Time Lock over a mile and a half at Newmarket last month. The trainer said: "He's been great since that win. He takes his racing really well because he's such a strong and mature horse."

"He ran really well in Saudi Arabia behind Tower Of London. We took a chance by running him in the Gold Cup in Dubai after and he didn't quite get home over two miles. "His Yorkshire Cup wins show his perfect trip is a mile and six furlongs, but I was impressed by the way he quickened clear over shorter at the July meeting.

"We won't be running him over two miles again. Those marathons are not for him." So Botti now has his sights set on Classic glory at the Curragh on September 16. Unlike the St Leger at Donny, the Irish version is open to horses of all ages and Botti believes the race is perfect for Giavelotto. Botti, who sent out his first British runners in 2006 but is still waiting for his first Group 1 win in Britain and Ireland, said: "First things first, I am just hoping he gets there in one piece. "There are many things that can go wrong. We have to be cautious as well as optimistic and he wouldn't want the ground to be too soft."

There's also the potential for a jockey merry-go-round. Botti said: "Oisín Murphy has been brilliant on him, but he has his retainer with Qatar and we can't be sure he'll be available. "William Buick would be the second choice, but again, he also has a retainer, so it's going to be a last minute decision! "We also have the option of Ben Coen, and it's nice to have so many great jockeys open to us."



**GOT THE LOT** ... super stayer **Giavelotto** has Classic target



# Favourite BIGGEST & BEST: THE ONLY RACING PU CHEPSTOW RACING LEAGUE COLOURS ON ITV4

TEMPLEGATE		TOM PEPPER	
5.30	Dutch Decoy	5.30	Austrian Theory
6.00	Etoile d'Alexandre	6.00	Von Baer
6.30	Gisburn	6.30	Ingtra Tor
7.00	Haymaker	7.00	HAYMAKER (nap)
7.30	Walter Hartright	7.30	Wahraan
8.00	Fantasy Believer	8.00	Have Secret (nb)
8.30	Akkadian Thunder	8.30	Carrytheone

TEMPLEGATE'S TRIO: Little Boy Blue (Brighton) and Dashing Donkey (Doble, Yarmouth) with Global Esteem (Sandown). TOM PEPPER'S DOUBLE: Haymaker and Have Secret (both Chepstow). SUNRATINGS: NAP: BELIEVE YOU ME (6.00 Chepstow). SIRIUS, Sun On Sunday, nap: HAYMAKER (7.00 Chepstow).

**TRACKFAX** ...  
**TIC-TAC:** Left-handed, undulating, oval track of 2m, which joins the straight course 5f from home. All races up to a mile run on the straight course. **DRAW:** High numbers have a slight advantage in races up to a mile. **FAVOURITES:** (2019-2024), 372 have won out of 1,050 races (35%). **JACKPOT:** 1-6. **LIVE ON SKY SPORTS RACING**

HOT 'N NOT		TOP TRAINERS	
<b>TRAINERS with best record in last 14 days:</b> P Evans 5 winners from 21 rides; J Harrington 7 from 43; J Goldie 5 from 32; C Cox 4 from 27; G Boughey 5 from 39; A Balding 8 from 70; D O'Meara 6 from 59; J Williams 4 from 41; R Fahy 6 from 72.			
<b>JOCKEYS with best record in last 14 days:</b> J Fanning 8 wins from 36 rides; S Osborne 11 from 52; C Fallon 4 from 19; B Loughnane 12 from 69; O Murphy 10 from 71.			
<b>TRAINERS who have had the most runners since last win:</b> T Easterby 45; E Walker 24. <b>JOCKEYS who have had the most rides since last win:</b> D Allan 21. D Probert 3, B Loughnane 2.			

**IN THE MONEY**  
**MONEY TALKS:** King Lear (8.00) opened 6-1, unplaced at 7-2f; Get The Music On (6.00) opened 7-1, unplaced at 9-2; Believe You Me (6.00) opened 11-10, won at 10-11f; Glamorous Breeze (7.00) opened 11-2, third at 4-1; Reigning Profit (7.00) opened 9-2, won at 7-2. **TOP EARNERS:** 7.00 Alligator Alley £318,389; 8.30 Streets Of Gold £265,362; 5.30 Dutch Decoy £246,244; 8.30 Junby £225,437; 6.30 Musicka £191,095.

**TRAINER TRACE**  
**FIRST RACE FOR NEW YEAR:** None. **RACEFAX:** None. **LONGEST TRAVELLERS:** Alpine Sierra (6.00) trained by J Goldie, Glasgow, round trip of 726 miles; Bennetot (6.30), Musicka (6.30), Star Of Lady M (7.00), Alligator Alley (7.00), Akkadian Thunder (8.30) trained by D O'Meara, Upper Hemsley, round trip of 470 miles; Gis A Sub (6.30) & Ventura Express (7.00), P Midgley, Westow, round trip 462 miles.

**UNDER ORDERS**  
**SEVEN-DAY WINNERS:** Alligator Alley (7.00) won at Thirsk (5f). **Reigning Profit** (7.00) won at Hamilton (5f). **BLINKERED FIRST TIME:** None. **VISORED FIRST TIME:** 7.00 Ziggy's Queen; 7.30 The Thunderer. **FIRST RUN SINCE WIND UP:** None. **WEIGHTWATCHER:** 5.30 Youarenotforgiven (won off 7f, down 4lb to 7p); Austrian Theory (won off 9f, down 6lb to 85); 7.00 Alligator Alley (won off 85 down 5lb to 80); 7.30 Fuzrig (won off 80, down 5lb to 75); 8.30 Tanmaway (won off 9f, down 17lb to 80). **JOB JOCKEY:** D Probert rides Ingtra Tor (6.30), Rathgar (8.00) for J Channon, 14 from 68, 21%.

**RESULTS AND STANDINGS**  
**TEAMS:** There are seven teams in the Racing League competing in 42 races over six meetings. After tonight there are THREE remaining fixtures at Windsor (Aug 15); Newcastle (Aug 22); Southwell (Aug 29).  
**KEY TO THE CARD:** (YELLOW) East; (GREEN) Ireland; (PURPLE) London & South; (BLACK) North; (BLUE) Scotland; (RED) Wales & West and (GREY) Yorkshire.  
**POINTS:** 1st (25); 2nd (18); 3rd (15); 4th (12); 5th (10); 6th (8); 7th (6); 8th (3); 9th (2); 10th (1). **PRIZES:** £50,000 to winning team; £35,000 to winning team's jockeys; £20,000 to highest-scoring jockey.

**HOW THEY STAND**

TEAMS	RUNS	WINS	2ND	3RD	0	Pts
1 The East	27	8	2	0	17	365
2 Wales & West	28	4	4	2	20	263
3 Ireland	24	1	1	6	16	249
4 London & South	26	1	5	5	15	229
5 The North	22	0	1	1	20	136
6 Scotland	19	1	1	2	15	134
7 Yorkshire	19	1	0	0	18	109

**JOCKEYS**

JOCKEYS	RIDES	WINS	2ND	3RD	0	Pts
1 Billy Loughnane	11	1	1	4	5	138
2 David Probert	12	1	2	4	5	127
3 Saffie Osborne	9	2	2	0	5	97
4 Daniel Muscatt	5	2	1	0	2	78
5 Callum Shepherd	6	2	1	0	3	89
6 Oisín Orr	10	1	0	1	8	66
7 David Allan	7	1	0	0	6	63

**ALLAN HOLDS KEY**  
**YORKSHIRE** David Allan is keen to prove his team are not just Racing League also-rans. The jockey steered Longlai to their only win of the competition so far at Wolverhampton last week and now he wants more.  
 Allan, 42, said: "I really enjoy it. It's something different from your everyday stuff."  
 "It's a good craic and, for the type of prize money on offer, everyone should want to be getting involved."  
 "That said, it would be a lot more enjoyable if we were near the top of the leaderboard!"  
 "Still, it's good to be flying the

**By LUZ WOLLOCOMBE**  
 Yorkshire flag. I was born in Scotland but have spent most of my years around here."  
 Allan rides three at Chepstow and reckons **AUSTRIAN THEORY** (5.30) as his best chance of adding to Yorkshire's tally.  
 He said: "Austrian Theory was very unlucky last time. I would expect a big run that's why we've sent him down there."  
 "Leadenhall will run a big race too and is solid each-way."  
 "I won with Manilla Scouse at this meeting last year and he is only 2lb higher in the weights."

**5.30 TOTE RACING LEAGUE 15 HANDICAP (Class 4); winner £18,039; 1m (11 runners)**

1	080532 DUTCH DECOY 6 (D)	J Channon 7-10-0	Joe Fanning 98
2	5-0365 AUSTRIAN THEORY 5 (D)	T Easterby 5-9-12	David Allan 95
3	07349 BENNETOT 12	D O'Meara 5-9-11	Billy Loughnane 93
4	56-186 AZAHARA PALACE 26 (CD)	H Morrison 4-9-7	Kevin Stott 91
5	957110 EAGLE DAY 12 (D)	P Evans 4-9-6	Jack Mitchell 92
6	282465 ENOUGH ALREADY 9 (D)	A McGuinness (re) 8-9-5	Danny Sheehy 89
7	46831 YOUARENOTFORGIVEN 8 (D)	A Carroll 6-9-5 (Sibex)	Benoit Sayette 97
8	86609 CAROLUS MAGNUS 14 (D)	M & D Easterby 6-8-12	Sam James 87
9	33163 GREAT ACCLAIM 15 (D)	E J-Houghton 3-8-10	Charles Bishop 95
10	534341 LADY FLORA 13 (CD)	A Balding 3-8-8	Oisín Murphy 99
11	44672 RAINWATER 12	R Fahy 3-8-4	Cam Hardie 90

**BETTING:** 4 Lady Flora, 9-2 Dutch Decoy, 5 Youarenotforgiven, 13-2 Austrian Theory, 8 Rainwater, 12 Azahara Palace, Enough Already, Great Acclaim, Bennetot, 14 Eagle Day, 16 Carolus Magnus  
**WHERE FAVOURITES FINISHED:** 4  
 2023: Cab Of Clowns 4-9-4, Bishop 15-2 (E J-Houghton), dr 1, 12 ran.

**SUNRACING FORM**  
**DUTCH DECOY** (8-11) 20-1 in touch, headway 2f out, stayed on, btn 2f to Toimy Sun (8-9) (16 ran) (Goodwood 1m hcap (2) £77,300 good to firm).  
**AUSTRIAN THEORY** (9-1) 17-2 mid-division, pushed along 3f out, held, 5th of 10 (btn 17/4) to La Trinidad (4-9) (Thirsk 1m hcap (2) £15,702 good).  
**BENNETOT** (8-8) 28-1 rear, pushed along 2f out, soon beaten, 9th of 12 (btn 47/4) to Einajim (9-7) (Ascot 1m hcap (2) £32,400 good to firm).  
**AZAHARA PALACE** (8-10) 5-1 pushed along 2f out, kept on same pace, 6th of 11 (btn 2/1) to Surveyor (8-13) (Ascot 1m hcap (3) £10,800 good).  
**EAGLE DAY** (9-5) 9-1 dwell in rear, never on terms, 14th of 15 (btn 87/4) to The Park (9-7) (York 1m hcap (4) £13,085 good to firm).  
**ENOUGH ALREADY** (9-1) 9-1 rear, ridden and progress 2f out, kept on, 5th of 16 (btn 37/4) to Reidh (10-0) (Galway 7 hcap £10,200 yielding).  
**YOUARENOTFORGIVEN** (8-11) 6-4 fav rear, led off, ran on, btn Valkyrian (9-9) 37/4 (5 ran) (Leicester 1m hcap (3) £5,234 good to firm).  
**CAROLUS MAGNUS** (9-0) 14-1 9th of 14 (btn 7/1) to Royal Velvet (8-10) (Yarmouth 1m hcap (4) £18,319 firm).  
**GREAT ACCLAIM** (9-5) 7-1 ridden 2f out, stayed on, 3rd of 7 (btn 67/4) to Sir Gabriel (9-4) (Salisbury 1m hcap (5) £4,580 good to firm).  
**LADY FLORA** (9-0) 9-2 prominent, led 6f out, ridden two lengths clear final furlong, ran on, btn Magical Merlin (10-3) (4 ran) (Chepstow 1m hcap (5) £2,716 good to firm).  
**RAINWATER** (9-1) 18-1 led, ridden 2f out, clear final furlong, headed final 100 yards, kept on, btn 17/4 by Light Speed (10-2) (12 ran) (Chester 1m hcap (4) £7,644 good).

**6.00 TOTE RACING LEAGUE 16 HANDICAP (4) value to winner £18,039; 7f (11 runners)**

1	8-9301 CRAVEN 13 (V;D)	R Fahy 4-9-12	Oisín Orr 92
2	35039 LEADENHALL 13 (BF)	T Easterby 4-9-10	David Allan 90
3	611493 BRUNEL NATION 27 (D)	R Hughes 3-9-9	Finley Marsh 97
4	3-3371 VON BAER 13 (D)	B Meehan 3-9-8	Saffie Osborne 96
5	227447 LESSAY 13 (D)	A Balding 3-9-7	Oisín Murphy 94
6	824211 BELIEVE YOU ME 13 (CD)	H Main 4-9-6	Amie Waugh (5) 99
7	79274 GET THE MUSIC ON 15 (D)	C Cox 3-9-6	Jack Mitchell 87
8	435-12 ETOILE D'ALEXANDRE 9 (H)	G Boughey 3-9-5	Billy Loughnane 93
9	053777 LAHAB 12 (CD)	M Wigham 4-9-4	Sam James 85

**BETTING:** 8-9301 Craeven 13 (V;D), 35039 Leadenhall 13 (BF), 611493 Brunel Nation 27 (D), 3-3371 Von Baer 13 (D), 227447 Lessay 13 (D), 824211 Believe You Me 13 (CD), 79274 Get The Music On 15 (D), 435-12 Etoile d'Alexandre 9 (H), 053777 Lahab 12 (CD).  
**WHERE FAVOURITES FINISHED:** 1  
 2023: Exec Decision 3-9-13, S Osborne 5-2 Fav (J Osborne), dr 11, 11 ran.

**6.30 TOTE RACING LEAGUE 17 HANDICAP (4) value to winner £18,039; 6f (10 runners)**

1	030650 GISBURN 27 (D)	R Hannon 5-9-12	Oisín Murphy 95
2	0-5633 INGRAT TOR 14 (D)	J Channon 5-9-11	David Probert 98
3	962450 EMINENCY 12 (D)	S Williams 4-9-11	Daniel Muscatt 99
4	2401-9 DOLLY GRAY 47 (D)	D Loughnane 5-9-3	Cieren Fallon 85
5	212314 CONNIE'S ROSE 14 (CD)	G Harris 5-9-2	Jack Mitchell 88
6	2-3325 COUP DE FORCE 27 (C,D)	W Kittow 5-9-1	Trevor Whelan 91
7	163215 HAVANA RUM 7 (D)	R Fahy 4-9-0	Oisín Orr 93
8	230792 MUSICKA 13 (V;D)	D O'Meara 10-9-0	Billy Loughnane 97
9	352711 ALPINE GIRL 26 (H;D)	J Fanshawe 4-8-11	Harry Davies 97
10	966513 GIS A SUB 11 (BF,D)	P Midgley 5-8-4	Cam Hardie 90

**BETTING:** 4 Musicka, 5 Ingtra Tor, Alpine Girl, 6 Havana Rum, 8 Connie's Rose, Gis A Sub, 10 Eminency, Coup De Force, 12 Gisburn  
**WHERE FAVOURITES FINISHED:** 1  
 2023: Exec Decision 3-9-13, S Osborne 5-2 Fav (J Osborne), dr 11, 11 ran.

**SUNRACING FORM**  
**EMINENCY** (9-8) 16-1 tracked winner centre, ridden 1f out, kept on, 5th of 13 (btn 57/4) to Validated (9-0) **GISBURN** (8-12) 10-1 handy, ridden 1f out, 12th (btn 131) to Hyperforce (7 hcap (3) £15,462 good).  
**INGRA TOR** (9-10) 8-1 in touch, ridden 2f out, went second but carried off by rival on runin, kept on, 3rd of 14 (btn 17/4) to Kwaran (8-13) (Yarmouth 6f hcap (4) £18,319 good to firm).  
**EMINENCY** (8-7) 22-1 ridden 1f out, soon beaten, held, 13th of 18 (btn 51) to Northern Express (10-0) (Ascot 7 hcap (2) £77,310 good to firm).  
**DOLLY GRAY** (9-1) 14-1 prominent, pushed along 2f out, last of 9 (btn 12) to Miss Attitude (9-9) (Haydock 5f hcap (4) £6,281 good to firm).  
**CONNIE'S ROSE** (9-5) 11-1 prominent, asked for effort 1f out, one pace, 4th of 8 (btn 27/4) to Lil Guff (9-12) (Sandown 5f hcap (4) £6,019 good).  
**COUP DE FORCE** (9-0) 3-1 chased leaders, ridden in 3rd final furlong, weakened finish, 5th of 6 (btn 41) to Hyperforce (9-9) (Chester 5f hcap (4) £7,644 good to soft).  
**HAVANA RUM** (9-4) 13-2 rear, headway final furlong, stayed on well, 5th of 12 (btn 27/4) to Habobba (6-4) (Whampton 6f hcap (4) £18,039 AW).  
**MUSICKA** (9-0) 16-1 led, ridden 1f out, ran on, headed final 100 yards, btn 1f out, soon one pace, held, 5th of 12 (York 6f hcap (4) £10,468 firm).  
**ALPINE GIRL** (9-13) 7-2 J fav rear, stayed on well, led final strides, bt Q Twenty Boy (8-9) ns (8 ran) (Salisbury 6f hcap hcap (6) £9,826 good).  
**GIS A SUB** (9-1) 7-2 f fav prominent, ran on well, 3rd of 6 (btn 21) to Holbace (9-4) (Pontefract 5f hcap (6) £3,440 good to firm).

**7.00 TOTE RACING LEAGUE 18 HANDICAP (3) value to winner £25,770; 5f (12 runners)**

1	139146 RADIO GOO GOO 12	P Evans 4-9-2	Jack Mitchell 90
2	3-1916 VENTURA EXPRESS 20 (D)	P Midgley 7-9-12	Oisín Orr 87
3	2-1123 HAYMAKER 26 (D)	H Morrison 5-9-12	Kevin Stott 97

**BETTING:** 139146 Radio Goo Goo 12, 3-1916 Ventura Express 20 (D), 2-1123 Haymaker 26 (D).  
**WHERE FAVOURITES FINISHED:** 1  
 2023: Exec Decision 3-9-13, S Osborne 5-2 Fav (J Osborne), dr 11, 11 ran.

1	20444 E...	(12)	S W...
2	855321 S...	(6)	D O'...
3	51232 S...	(8)	J Ch...
4	617240 W...	(4)	T Ea...
5	939361 A...	(8)	D O'...
6	733733 G...	(5)	C M...
7	662401 R...	(1)	R Ca...
8	2-3183 A...	(5)	A Ba...
9	636054 Z...	(12)	636054 Z...

**BETTING:** 9-2 Haymaker, Apelling, Alligator Alley, Existing, 12 Glamorous Breeze  
**WHERE FAVOURITES FINISHED:** 2023: Manilla Scouse 4-9-3  
**SUNRAC**  
**RADIO GOO** (8-13) 9-2 led, headed final furlong, on 6th of 14 (btn 37/4) to Rage Of (9-8) MANILLA SCOUSE (8-9) ridden out, 12th (btn 107/4 hcap (2) £38,655 good to firm).  
**VENTURA EXPRESS** (9-12) 11-1 6th of 8 (btn 4) to Vanthema (Pontefract 5f hcap (3) £3,787 good to firm).  
**HAYMAKER** (9-2) 12-1 not much 1f out, ran on, 3rd of 17 (btn Fair Wind (9-3) EXISTENT (9-3) ridden out, 12th (btn 107/4 runs, ridden 1f out, 12th (Ascot 5f hcap (2) £51,540 good).  
**EXISTENT** (9-2) 7-1 rear, pushed 1f out, soon one pace, held, 5th of 5 (btn 2) to Jer Bat (9-4) (5f hcap (2) £38,655 good).  
**STAR OF LADY M** (9-9) 16-1 led, ridden 1f out, 12th (btn 107/4 runs, ridden 1f out, 12th (Newcastle 6f hcap (3) £12,885 good).  
**MISS ATTITUDE** (8-4) 6-1 ran

**TEMPLEGATE**  
**HAYMAKER** was a cl...  
 Ascot last time and i...  
 undulating...  
 here. He...  
 and he...  
 beaten o...  
 last wee...  
 This trip...  
 only by o...  
**STAR OF LADY M**...  
 when scorin...  
 for that is more than...  
 Last year's winner Ma...  
 mark and looks a big

**7.30 TOTE RACING LEAGUE 19 HANDICAP (3) value to winner £25,770; 5f (12 runners)**

1	746528 D...	(9)	I Wi...
2	305132 J...	(3)	J O...
3	70130 C...	(8)	D L...
4	8-0102 L...	(2)	A B...
5	34-642 E...	(4)	A B...
6	34111 W...	(7)	E D...
7	046540 T...	(1)	S W...

WOLLOUT SEVEN DAYS A WEEK! CORAL

5:30 - 8:30

GOING: GOOD TO FIRM

CONSISTENT 4 (V;D) Williams 6-9-11 Harry Davies 85 (S,2A) Places: 6 £100,698 26 runs since win, best on AW, others preferred

STAR OF LADY M 20 (V;D) Meara 4-9-10 Cieren Fallon 86 (S,F,2A,GS,2G) Places: 9 £109,429 latest, 2lb rise fair, any ground, place prospects

MISS ATTITUDE 9 (D) Cannon 4-9-6 Charles Bishop 88 (3F) Places: 3 £42,787 in stable, 2lb lower, trip ideal, the one to beat

ANILIA SCOUSE 12 (CD) Esterby 5-9-6 David Allan 98 (S,F,2A,GS,G) Places: 10 £124,967 did form this season, looks a big each-way price

ALLIGATOR ALLEY 5 (V;D) Meara 7-9-6 (4lbex) B Loughnane 86 (S,F,4A,GS) Places: 14 £318,389 31 starts, trip suits, likes fast, should be right there

LAMOROUS BREEZE 14 (CD) Cannon 6-9-4 Trevor Whelan 89 (S,F,2A,GS,G) Places: 10 £36,483 1 track suit, unlucky off this mark last time, player

REIGNING PROFIT 5 (V;D) Orr 5-8-13 (5lbex) James Sullivan 99 (S,F,2A,GS,G) Places: 10 £55,427 winning latest, trip fine, any ground, each-way shout

PEELING 13 (F) Orr 3-8-12 Oisín Murphy 86 (S,F,2A,GS,G) Places: 2 £10,695 ok at Ascot, likes it quick, 6f may just suit better

ZIGGY'S QUEEN 3 (V\*;D) Cannon 3-8-9 Cam Hardie 90 (GS) Places: 3 £20,530 son, modest run on Monday, fair bit to find

8 Star Of Lady M, 10 Radio Goo Goo, 14 Zeze, 14 Ziggy's Queen FINISHED: 1 D Allan 8-1 Fav (T Easterby), dr 6, 8 ran.

ALLIGATOR ALLEY 5 (V;D) Meara 7-9-6 (4lbex) B Loughnane 86 (S,F,4A,GS) Places: 14 £318,389 31 starts, trip suits, likes fast, should be right there

LAMOROUS BREEZE 14 (CD) Cannon 6-9-4 Trevor Whelan 89 (S,F,2A,GS,G) Places: 10 £36,483 1 track suit, unlucky off this mark last time, player

REIGNING PROFIT 5 (V;D) Orr 5-8-13 (5lbex) James Sullivan 99 (S,F,2A,GS,G) Places: 10 £55,427 winning latest, trip fine, any ground, each-way shout

PEELING 13 (F) Orr 3-8-12 Oisín Murphy 86 (S,F,2A,GS,G) Places: 2 £10,695 ok at Ascot, likes it quick, 6f may just suit better

040461 FURZIG 15 (D) R Fahey 9-8-11 Oisín Orr 97 (S,2A) Wins: 12 (S,F,2A,2G) Places: 11 £128,712 Fair form in lesser grade, trip suits, any ground, each-way contender

-59314 GANGSTER GRANNY 14 (D) J Harrington (Ire) 3-8-5 Danny Sheehy 88 (7) Wins: 1 (G) Places: 1 £10,505 Fair run last time, this trip suits, yard in top form, can't be ruled out

BETTING: 3 Walter Hartright, 9-2 Wahraan, 5 Gangster Granny, Lieber Power, 13-2 Bizarre Law, 7 Furzig, 10 Dream Harder, 25 The Thunderer, 33 Chase The Dollar WHERE FAVOURITES FINISHED and 2023: No corresponding race.

Sunracing FORM WALTER HARTRIGHT (8-9) 11-2 close up, led after 1f, made all, asserted when ridden final furlong, easily, bt BIZARRE LAW (9-5) 12-1 handy, every chance, ridden out, kept on, 21 GANGSTER GRANNY (8-4) 8-1 midfield, closed on leaders 3f out, waiting or room when switched to far rail 2f out, kept on, 4th (bt 2f)

DREAM HARDER (9-11) 11-2 rear when ridden 2f out, plugged on one pace, 8th (bt 5f) THE THUNDERER (9-1) 16-1 rear of midfield, outpaced 9f out, struggling 2f out, weakened, 10th (bt 7 1/2 f) (11 ran) (Yarmouth 1m 3f hcap (4) £16,315 good to firm).

WAHRAAN (9-5) 15-2 slowly away, behind, headed final furlong, soon led, headed final strides, bt 5h

hd by Expressionless (8-9) (9 ran) (Yarmouth 1 1/2 m hcap (3) £27,000 good to firm). CHASE THE DOLLAR (9-10) 40-1 raced wide, led, headed 3f out, weakened 2f out, last of 18 (well btn) to Lord Melbourne (9-13) (York 1 1/2 m hcap (3) £12,222 good to soft).

LIEBER POWER (9-5) 5-1 wore a red hood to post, chased leaders, driven and challenging 1f out, led final furlong, headed finish, btn ns by Great Bedwyn (10-2) (7 ran) (Newbury 1 1/2 m hcap (4) £7,328 good).

FURZIG (9-9) 11-1 close up, ridden and headed final furlong, led inside final furlong, all out, bt Freddy Robinson (8-1) ns (5 ran) (Catterick 1 1/2 m hcap (4) £8,804 good to firm).

TEMPLEGATE'S VERDICT WALTER HARTRIGHT has been hovering up lesser races but looks up to this level. He kept it simple from the front at Yarmouth's Racing League last time and has every chance again. Lieber Power scored in good company at York before losing in a photo at Newbury last time. He is best over this trip and still looks on a fair handicap mark. Jessica Harrington is always respected and her Gangster Granny went close off this mark at Yarmouth. She has solid each-way credentials. Wahraan drops in trip after a good second over 1m6f. He has a solid record over this distance and has each-way prospects under his regular rider Saffie Osborne.

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TEMPLEGATE'S VERDICT FANTASY BELIEVER had plenty left in the tank when winning at Ascot last time and can cope with a 4lb rise in the weights. He is best over this trip and handles any ground. He should be right there. Financer scored twice before a narrow defeat at Donny. He's still improving and has more to come. Have Secret went close at Yarmouth latest on the back of a big-field second at York. The handicapper has been fair and he's only 2lb higher than that Knavesmire effort which gives him every chance. It's early days for King Lear who has cheekpieces on for the first time. He needed the run after a long break at Yarmouth last time and will be better for it. Rathgar won narrowly at Yarmouth's Racing League but will have to pull out a bit more after a 4lb rise.

8.00 TOTE RACING LEAGUE 21 HANDICAP (2) value to winner £38,655; 7f (10 runners)

1 05-960 STREETS OF GOLD 50 (C,D) (10) E J-Houghton 4-9-12 Charles Bishop 98 Runs: 13 Wins: 5 (S,F,GS,2G) Places: 2 £265,362 Went close in Victoria Cup over this trip, 3lb lower, place hopeful

(1) M Bell 7-9-11 Saffie Osborne 98 Runs: 26 Wins: 4 (2G) Places: 6 £136,813 In top form over this trip, ground suits, needs luck but every chance

9-9000 JUMBY 47 (D) (7) E J-Houghton 6-9-10 Oisín Murphy 95 Runs: 30 Wins: 6 (3F,3G) Places: 6 £225,437 Been running in Group races, trip fine, fair mark, top jockey on board

-02073 RAHMI 19 (B;D) (5) J Murtagh (Ire) 5-9-5 Danny Sheehy 98 Runs: 13 Wins: 2 (GS,G) Places: 4 £99,412 Went close last time, trip and going fine, needs more up weights

245219 AALTO 12 (D) (8) Williams 4-9-4 Trevor Whelan 97 Runs: 13 Wins: 3 (A,GS,G) Places: 3 £116,696 Bunbury Cup winner, good again latest, trip ideal, right in the mix

0-4200 GORAK 26 (D) (3) C Follows 5-9-4 Harry Davies 99 Runs: 27 Wins: 3 (S,2F) Places: 6 £79,170 Hit and miss this season, likes fast ground, coming down weights

-71021 AKKADIAN THUNDER 19 (D) (6) D O'Meara 4-9-1 B Loughnane 97 Runs: 8 Wins: 3 (2A,G) Places: 1 £23,454 Improver, game win over this trip latest, 3lb rise fair, should go close

362200 GREATGADIAN 49 (T\*) (2) R Varian 6-9-0 Daniel Muscitt 85 Runs: 33 Wins: 5 (F,4A) Places: 8 £94,786 Best efforts over a mile, likes the sand, poor last time, hard to fancy

03-006 MAYWAKE 27 (D) (9) R Fahey 6-9-0 Oisín Orr 97 Runs: 27 Wins: 5 (S,2A,GS,G) Places: 12 £72,533 Solid run in hot race latest, trip suits, best efforts on softer ground

050040 TANMAWY 13 (H) (4) H Main 6-8-2 Amie Waugh (5) 97 Runs: 22 Wins: 5 (S,2F,2G) Places: 1 £47,635 Largely struggled this year, trip and ground fine, lot on his plate here

BETTING: 10-3 Rahmi, 7-2 Akkadian Thunder, 4 Carrytheone, 7 Aalto, 8 Jumbo, 10 Maywake, 12 Streets Of Gold, 14 Gorak, 20 Tanmawwy, Greatgadian WHERE FAVOURITES FINISHED: 1 2023: Ramazan 3-8-11, O Orr 9-2 Fav (R Fahey), dr 1, 12 ran.

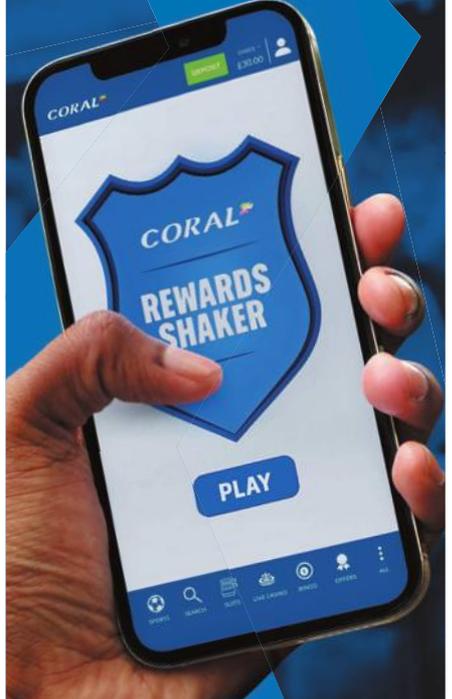
Sunracing FORM STREETS OF GOLD (9-6) 28-1 towards rear centre, never on terms, 25th of 29 (bt 18) to Wild Tiger (9-0) (Ascot 1m hcap (2) £90,195 good to firm).

CARRYTHEONE (9-9) 10-1 held up in rear, headway 1f out, stayed on one pace, 5th of 18 (bt 1 1/4) to Northern Express (9-10) AALTO (9-0) 13-2 rear, headway 1f out, keeping on when not clear, 1st final furlong, ran on well when in the clear, 9th (bt 2f) (Ascot 7f hcap (2) £77,310 good to firm).

JUMBY (9-5) 66-1 slow away, rear, last of 13 (bt 13) to Khadem (9-5) (Ascot 6f Grp 1 £567,100 good to firm).

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# Favourite PULLOUTS SEVEN DAYS A WEEK, THE ONLY LEOPARDSTOWN GROUP ACTION GOING GOOD

## EMONN HAMES

- 4.52 Shackleton
- 5.22 Ocean Manifest
- 5.52 Ylang Ylang
- 6.22 The Euphrates
- 6.52 Campari Soda (nb)
- 7.22 ROTOLO (map)
- 7.52 Alessia Fernanda
- 8.22 Elizaamsan

## TOM PEPPER

- 4.52 Kingstonian
- 5.22 Leaders Listen
- 5.52 Galen
- 6.22 Crystal Black
- 6.52 Amanirenas
- 7.22 Explorers Way
- 7.52 Copic Conforme
- 8.22 Influential Lady

**TIC-TAC:** Left-handed galloping track of 1m 6f with a run-in of 3f.  
**DRAW:** Low best in sprints.  
**FAVOURITES:** (2019-2024): 302 have won out of 926 races (33%). At corresponding meetings, 28 have won out of 67 races (42%).

## HOT N' NOT

**TRAINERS with best record in last 14 days:** R O'Sullivan 6 from 13; A P O'Brien 11 from 37; M O'Callaghan 4 from 15; M Fahey 3 from 14; J Harrington 7 from 43; J P O'Brien 9 from 66; N Meade 2 from 17; H De Bromhead 4 from 32.

**JOCKEYS with best record in last 14 days:** R L Moore 8 from 22; W J Lee 6 from 32; W M Lordan 4 from 26; G F Carroll 4 from 27; D McDonogh 5 from 35; S Foley 5 from 43; J A Heffernan 4 from 38; C T Keane 5 from 51.

**TRAINERS who have had the most runners since last win:** S Wilson 146; R P Burns 127; J F Levins 68; P A Fahy 51; P J Rothwell 51; Fergal Birrane 46.

**JOCKEYS who have had the most rides since last win:** P A Harnett 59; J M Sheridan 50; C D Maxwell 44; D W O'Connor 31.

## TOP TRAINERS

2019-2024 A P O'Brien 93-470; J P O'Brien 74-567; J Harrington 49-476; G M Lyons 45-299; D K Weld 35-231; J S Bolger 28-307; N Meade 17-225; J P Murtagh 17-230. **THIS SEASON:** A P O'Brien 16, J Harrington 6, J P O'Brien 5, G M Lyons 4.

## TOP JOCKEYS

2019-2024 C T Keane 66-399, R L Moore 44-129, S Foley 43-352, W J Lee 35-266, J A Heffernan 32-244, D McDonogh 22-219, W M Lordan 22-220, D McMonagle 19-166, R Whelan 18-218, B M Coen 14-237. **THIS SEASON:** R L Moore 8, C T Keane 8, S Foley 7, W M Lordan 6.

## TRAINER TRACE

**FIRST RACE FOR NEW YARD:** 5.22 Ina Mina v Haggas (UK) to K J Condon; 7.22 Knock Flyer D J Barry to E O'Neill; 8.22 Supreme Law M J Smith to J Bunyan; Wender's Lass E Dunlop (UK) to T Gibney.

## IN THE MONEY

**MONEY TALKS:** Purring Along (6.52) opened 81-1, third at 7-2f; Curious Bride (8.22) opened 7-1, won at 9-2f; Morning Approach (7.52) opened 13-2, second at 9-2f. **TOP EARNERS:** 5.52 Ylang Ylang €406,807; 8.22 Real Appeal €319,648; 5.52 Whiskey Sour €312,878; 5.52 Lord Massusus €282,975.

## UNDER ORDERS

**SEVEN-DAY WINNERS:** None. **BLINKERED FIRST TIME:** 6.52 Campari Soda; 6.22 Kottayam. **VIOLATED FIRST TIME:** 7.52 Tyder. **WEIGHTWATCHER:** 6.52 Chestnutter (won off 66, down 5lb to 61); Eastern Wind (won off 74, down 5lb to 69); Rock Etiole (won off 62 down 6lb to 56); Fastman (won off 62 down 13lb to 49); JOB JOCKEY: Mr J Halford rides Elizaamsan (8.22) for M Halford & T Collins, 3 from 9, 33%. C T Keane rides Ocean Manifest (5.22), Rockbury Lad (6.52), Mooretown Lad (7.52) for M O'Callaghan, 38 from 148, 26%.

## 4.52 IRISH STALLION FARMS EBF (C & G) MAIDEN; 2-y-o; value to the winner €10,800; 1m. (11 runners)

- 1 (8) ADMIRADOR A Murray 9-5 Robert Whearty (5) -
- 2 (9) 70 BUCK BARROW 13 M Fahey 9-5 Gavin Ryan 87
- 3 (10) DRIVERS SEAT 64 J O'Brien 9-5 Dylan McMonagle 89
- 4 (2) EMIT J O'Brien 9-4 Declan McDonogh 99
- 5 (4) HILL ROAD A Murray 9-5 David Egan 2
- 6 (3) KINGSTONIAN J Harrington 9-5 Shane Foley 1
- 7 (5) MEDIAEVAL NIGHT D Weld 9-5 Leigh Roche 8
- 8 (1) RYBACK 19 L O'Brien 9-5 Nathan Crossie 76
- 9 (13) SHACKLETON A P O'Brien 9-5 Ronan Whelan 9
- 10 (6) SIR JEREMY A McGuinness 9-5 Ronan Whelan 10
- 11 (7) TRINITY COLLEGE 40 A P O'Brien 9-5 Wayne Lordan 80

**BETTING:** 11-4 Shackleton, 4 Hill Road, 5 Trinity College, 6 Drivers Seat, 13-2 Medieval Night, 8 Kingstonian, 8-11, 12 Admirador

## 5.22 IRISH STALLION FARMS EBF MAIDEN; value to the winner €9,000; 1m 1f. (18 runners)

- 1 (4) POINT OF AYRE J McConnell 4-10-2 Donagh O'Connor 97
- 2 (1) 6-0 RECLAM 40 Fenean 4-10-2 Hugh Horgan (5) 72
- 3 (7) CLETIC DRUID T McCourt 3-9-8 Alyse Jane Clarke (10) -
- 4 (5) 6 DAHAB 27 D Hogan 3-9-8 Joseph Sheridan 76
- 5 (9) DANIELS DREAM T Mullins 3-9-8 Seamie Heffernan 5
- 6 (15) DANIEL ARBITRAGE T J O'Brien 3-9-8 Declan McDonogh 99
- 7 (10) GAMBINO N Meade 3-9-8 Jamie Powell (3) 8
- 8 (6) 4 LEADERS LISTEN 29 J O'Brien 3-9-8 Dylan McMonagle 92
- 9 (3) LORD TALBOT (T\*) T McCourt 3-9-8 James Ryan (5) 8
- 10 (8) 2 OCEAN MANIFEST 29 (H\*) M O'Callaghan 3-9-8 Colin Keane 99
- 11 (25) PINK ARBITRAGE T J O'Brien 3-9-8 Declan McDonogh 99
- 12 (15) 8-32 RAYDAMANN 27 J Murtagh 3-9-8 Ben Coen 97
- 13 (2) 0825920 SPORTINGSLIVERMINE 10 D Hogan 3-9-8 Amy Ju Hayes (7) 87
- 14 (2) 85 SHUNNIA 12 D Weld 3-9-3 Leigh Roche 86
- 15 (12) 45 INA MINA 38 (H\*) K Condon 3-9-3 Billy Lee 90
- 16 (11) 48 MY YONNIE 12 M Rice 3-9-3 Gary Carroll 93
- 17 (17) WHAND THE FISH P Rothwell 3-9-3 Conor Maxwell 1
- 18 (14) 8 WISTA 12 (H) S Lavery 3-9-3 Ryan Cleary 76

**BETTING:** 3 Raydamann, 7-2 Ocean Manifest, 13-2 Positive Arbitrage, 8 Leaders Listen, Eshmunia, Ina Mina, 14 Gambino, 16 Sportingslivermine

## 5.52 BAHRAIN TURF CLUB DESMOT STAKES (GROUP 3); €31,500; 1m (9 runners)

- 1 1-3113 MUTASARREF 18 (CD) G Lyons 6-9-12 Colin Keane 95
- 2 -32712 LORD MASSUSUS 18 (CD) J Murphy 4-9-9 Gary Carroll 97
- 3 -40-241 POWER UNDER ME 15 (CD) G Lyons 6-9-9 Seamie Heffernan 91
- 4 9-1267 REAL APPEAL 21 (GD) A McGuinness 7-9-9 Ronan Whelan 87
- 5 236-17 EMPRESS OF BEAUTY 40 H Bromhead 4-9-6 Shane Foley 88
- 6 -81833 BRIGHT STRIPES 21 (D) A Oliver 3-9-2 Billy Lee 88
- 7 2-211 GALEN 24 (D) J O'Brien 3-9-2 Dylan Browne McMonagle 98
- 8 12-746 MOUNTAIN BEAR 18 (BF) A P O'Brien 3-9-2 Wayne Lordan 94
- 9 931-56 YLANG YLANG 69 (BF,C,D) A P O'Brien 3-8-13 Ryan Moore 99

**BETTING:** 11-8 Ylang Ylang, 3 Galen, 6 Mountain Bear, 8 Lord Massusus, 10 Mutasarref, 12 Power Under Me, 14 Bright Stripes

## Sunracing Form

**LORD MASSUSUS** (9-10) 11-4 slipped lead, stalls, mid-way progress, never to 3rd if out, kept on, no chance with winner, btm 3/4 f by Poet Master (9-10) MUTASARREF (9-10) 7-2 mid-division, 3rd halfway, took closer order 2f out, no impression on leader in 2nd 1/2 out, one pace, 3rd (btm 5) MOUNTAIN BEAR (9-3) 9-4 fav slightly detached halfway, no impression, last (well btm) 6 (ran) (Curragh 7) Grp 2 €272,000 good).

**POWER UNDER ME** (9-10) 5-6 fav progress in 2nd 1/4 out, led final furling, edged right, bumped rider, ran on, but Warrior Brave (9-10) 5 (ran) (Naas 7) sbs €120,200 good).

**BRIGHT STRIPES** (9-10) 2-2-1 ran 4f, pushed along early straight, ridden and went 3rd if out, no extra closing stages, 3rd of 7 (btm 8/4) to Diego Velazquez (9-5) REAL APPEAL (9-9) led stalls, mid-way progress, never a factor, last (btm 16) (Leopardstown 1m 1f Grp 3 (1) €30,000 good).

**EMPRESS OF BEAUTY** (9-6) 28-1 keen, rear of mid-division at halfway, ridden 2f out, 7th of 8 (well btm) to Jan Brugehl (8-11) (Curragh 1) Grp 3 (€60,000) yielding to soft).

**GALEN** (9-9) 4-3 fav soon led, joined after 1f, nudged along to lead 3f out, ridden to assert under 2f out, clear inside final furling, easily, but Beechwood (9-13) 11 (4) ran (Killarney 1m sbs €13,200 good).

**YLANG YLANG** (9-2) 11-8 fav held up in rear, pushed along 4f out, ridden over 3f out, headway 2f out, never going pace to get on terms, 6th of 12 (btm 9/4) to Ezeliya (9-2) (Epsom 1/7m Grp 1 (1) €31,905 good to soft).

## 6.22 XIN GIN BALLYROAN STAKES (GROUP 3); winner €31,500; 1m 4f (4 runners)

- 1 1/6736 CRYSTAL BLACK 48 (D) A Murray 4-9-9 David Egan 93
- 2 31-111 CRYSTAL BLACK 48 (D) G Keane 6-9-9 Colin Keane 98
- 3 17-502 SAFECRACKER 39 (H;D) J Murtagh 6-9-9 Ben Coen 88
- 4 -24561 THE EUPHRATES 12 (V;D) A P O'Brien 3-8-13 Ryan Moore 99

**BETTING:** 10-11 Crystal Black, 6-4 The Euphrates, 7 Safecracker, Crystal Force

## Sunracing Form

**CRYSTAL FORCE** (9-3) 66-1 in touch, pushed along 2f out, 6th of 9 (btm 15) to Isle Of Jura (9-3) (Ascot 1/7m Grp 2 (1) €241,775 good to firm).

**CRYSTAL BLACK** (9-10) 11-1 ran, closer out wide 2f out, headway chasing leaders 2f out, sustained challenge under pressure to lead run-in, ran on strongly, won going away, but Epic Pro (9-4) 2/1 SAFECRACKER (9-8) 14-1 rear mid-division, pushed along and struggling 3f out, never a factor, 13th (btm 13) (19 ran) (Ascot 1/7m Grp 2) €56,694 good to firm).

**SAFECRACKER** (10-1) 11-1 8th halfway, progress 2f out, ran on in 6th 1/2 out to 2nd close home, ran on, btm nk by Star Harbour (9-7) (10 ran) (Curragh 1/7m Grp 4) €60,000 good).

**THE EUPHRATES** (9-5) 6-4 fav made virtually all, pushed along straight, ridden 1f out, stayed on well, but Kinesiology (9-5) 7/1 (ran) (Gowran Park 1/7m Listed (1) €24,000) good).

## EMONN HAMES' VERDICT

**THE EUPHRATES** can beat the favourite getting lumps of weight. The three-year-old has more to offer and gets nearly a stone from Crystal Black. Aidan O'Brien's team are running into better form now and this horse stays very well. A good test at this trip will be needed so expect Ryan Moore to cut out the running if he needs to. **Crystal Black** bolted up at Royal Ascot but needs to prove himself at this level. This trip is perfect for him though and he could yet improve. **Crypto Force** has not always brought his A-game this season but a return to form puts him in the mix here. His Group form behind White Birch is solid but he needs to prove himself at this trip. **Safe Cracker** was miles behind Crystal Black at Ascot and it would be a shock to see him win. He was better last time but needs more again.

## 6.52 UNIO FINANCIAL SERVICES HANDICAP; value to the winner €9,000; 7f. (18 runners)

- 1 (5) 5985200 SHOOT TO KILL 9 (D) J Davison 7-10-4 Cian MacRedmond (5) 86
- 2 (13) 860-077 ZABER 21 (D) J Kinsella 5-10-2 Niall McCullagh 92
- 3 (1) 0000981 AMANIRENAS 34 (CD) M Grassick 5-10-0 Yudish Geerdhardt (7) 98
- 4 (7) 5520280 BARNHILL ROSA 9 (D) D Hogan 6-9-13 Paddy Harnett (5) 89
- 5 (14) 885340 EASTERN WIND 28 (CD) T McCourt 5-9-13 James Ryan (5) 90
- 6 (10) 62004-0 TAMAZU 48 F Birrane 5-9-11 Conor Maxwell 91
- 7 (20) 377 CAMPARI SODA 56 (B\*) K Weld 3-9-5 Adam Caffrey (3) 88
- 8 (13) 131474 HURRICANE HEN 27 C Timmons 6-9-7 Gary Carroll 90
- 9 (12) 7206390 ROCKBURY LAD 12 M O'Callaghan 5-9-7 Colin Keane 95
- 10 (8) 14804 BOADICEA BELLE 48 (CD) M Smith 5-9-5 Declan McDonogh 94
- 11 (9) 9887200 CHESTNUT 13 (CD) J McConnell 5-9-5 Cian Fahy (10) 96
- 12 (2) -001830 LAND LOVER 26 (B) D Hogan 3-9-5 Daragh O'Sullivan (10) 97
- 13 (6) 1356850 MACADAM'S ROCK 27 (D) H McLoughlin 6-9-4 Ben Coen 93
- 14 (16) 092247 STARBUCK DANCER 12 (D) J McConnell 5-9-4 Siobhan Rutledge (3) 98
- 15 (3) 007075 SKONTONNOS 12 (V;D) A McGuinness 7-9-1 Ronan Whelan 99
- 16 (9) 4-00000 ROCK ETIOLE 57 A Slattery 6-9-0 Cian Horgan (7) 95
- 17 (1) 66280 8 SHAMROCK SPRIG 27 (BF) D Murphy 6-8-11 Seamie Heffernan 85
- 18 (4) 0-06533 PURRING ALONG 15 (BF;D) T Dowling 5-8-7 Nathan Crossie 93
- 19 (17) 560-470 FASTMAN 12 J McConnell 8-9-7 RESERVE 93
- 20 (5) 3098987 RHASIDAT 17 (D) P McKenna 3-8-7 RESERVE 91

**BETTING:** 5 Purring Along, 13-2 Skontonnos, 7 Hurricane Helen, 8 Scarlet Dancer

## WHERE FAVOURITES FINISHED:

2023: Barbapapa 4-8-13 James Powell 15-2 (H De Bromhead) drawn 11, 15 ran.

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## 7.22 BOYLESPOrts LENGTHEN THE ODDS HCAP (47-70) (DIV 1); winner €9,000; 1m 1f. (15 runners)

- 1 (14) 40-6067 LADY ARWEN 5 C O'Dwyer 6-10-2 Cian Horgan (7) 93
- 2 (15) 8029300 RAMPAGE 9 (CD) T McCourt 5-10-0 Robert Whearty (5) 89
- 3 (13) 1376312 EXPLORERS WAY 26 P Martin 5-9-12 James Ryan (5) 93
- 4 (6) 455-100 FOLIO 17 Flynn 5-10-0 Billy Lee 93
- 5 (10) 3516888 ZAHÉE 34 (H;C) J McConnell 9-9-9 Siobhan Rutledge (3) 88
- 6 (8) 8-44016 KILLEANEY BEAR 6 (D) A Slattery 3-9-7 Andy Slattery 98
- 7 (5) -07-305 ROTOLO 4 W Farrell 5-10-2 Dylan McMonagle 93
- 8 (9) 680 SAVFA FAD 53 J Geoghegan 3-9-2 Colin Keane 92
- 9 (7) 4769 KOOL ONE 37 C Maxwell 3-8-13 Conor Maxwell 92
- 10 (11) 90-0-70 NUISIUM JIM 118 R Burns 4-8-11 Shane Foley 85
- 11 (12) 05-1030 NAUJAN BC J Bolger 3-8-8 Rory Cleary 93
- 12 (4) 505446 SPRING COLLECTION 18 (T\*) D Kelly 4-8-9 Wayne Lordan 99
- 13 (3) 0480-7 PORTMAGEE 12 A McGuinness 4-8-8 Declan McDonogh 99
- 14 (1) 6990-7 KNOCK FLYER 31 N O'Neill 9-10-1 Leigh Roche 87
- 15 (2) 0003592 TALL STORY 29 R O'Sullivan 6-8-7 Joseph Sheridan 93

**BETTING:** 7-2 Explorers Way, 4 Tall Story, 6 Killeaney Bear, 8 Spring Collection, 10 Rotolo, 12 Savfa Fad, Nassium, Lady Arwen

## WHERE FAVOURITES FINISHED:

2023: Kampa Beach 4-8-9 R Whelan 11 (M Halford & T Collins) drawn 1, 13 ran.

## Sunracing Form

**LADY ARWEN** (9-4) 66-1 rear, not clear run if out, kept on, 7th of 14 (btm 4) to Imposing Supreme (10-1) (Galway 7) hcap €10,200 soft).

**RAMPAGE** (9-9) 11-1 faded, 12th of 17 (btm 14) to Clear Quartz (10-2) (Galway 1m hcap €120,200 yielding).

**EXPLORERS WAY** (9-1) 13-2 ridden, 21st out, kept on one pace, btm 11 by It'sonlyjustbegun (8-7) (8 ran) (Navan 1/7m app hcap €72,000 good to firm).

**FOLIO** (10-1) 17-2 13th (well btm) to Rocky Bull 3-11 (Ballinrobe 1m 5f app hcap €6,300 soft).

**RAMPAGE** (9-10) 11-2 kept on, 3rd of 14 (btm 12) to Copie Conforme 24 K Prendergast 9-8-8 Gary Halpin 899

**ZAHÉE** (9-4) 12-1 8th (btm 14) (ran) (Bellinestown 1m hcap €6,900 good).

**KILLEANEY BEAR** (10-1) 6-1 led after 2f, ridden 2f out, headed if out, 6th of 17 (btm 3/4) to Victor's Choice (9-9) (Galway 1m hcap €10,200 soft).

**ROTOLO** (8-10) 10-1 kept on, 5th of 18 (btm 9) to Courageous Strike (9-3) (Curragh 1/7m hcap €18,000 good).

**SAVFA FAD** (9-3) 150-1 10th of 16 (btm 10) to Thalar (10-1) (Gowran Park 1m fhdn €9,000 good).

**KOOL ONE** (9-4) 25-1 ridden 2f out, 9th of 15 (btm 12) to Scarlet Dancer (9-0) (Roscommon 7) hcap €5,300 good).

**NAUJAN JIM** (10-1) 15-2 mid-division on outer, ridden halfway, 11th of 14 (btm 7/4) to Feature This (9-1) (Leopardstown 1m hcap €6,300 good).

**SPRING COLLECTION** (11-1) 22-1, 6th of 13 (well btm) to Ndaawi (2-3) (Curragh 1/7m char sbs €600 good).

**PORTMAGEE** (9-2) 12-1 led early leaders, ridden in 3rd if out, soon extra final furling, 7th of 17 (btm 6) to Mayo For Sam (9-12) (Gowran Park 1m fhdn hcap €6,800 good).

**TALL STORY** (8-12) 13-2 ran on, btm 1/4 by Skontonnos (8-13) (17 ran) (Fairhyouse 7) hcap €6,000 good).

## 7.52 BOYLESPOrts LENGTHEN THE ODDS HCAP (47-70) (DIV 2); winner €9,000; 1m 1f. (15 runners)

- 1 (8) 859-5 MOORETOWN LAD 28 M O'Callaghan 4-10-2 Colin Keane 94
- 2 (12) 04-427 BLACKCASTLE STORM 8 C Smith 7-10-1 Declan McDonogh 94
- 3 (12) 73822 MORNING APPROACH 36 (C) W McCree 6-10-4 Declan McDonogh 94
- 4 (1) 558-072 MINDTHEGATE 17 (V) Leavins 4-10-3 Donagh O'Connor 98
- 5 (11) -43566 ALESSIA FERNANDA 9 Weld 4-9-12 James Ryan (5) 93
- 6 (5) 54005-4 EYEEYE 21 Mullins 4-9-12 Jack Cleary (7) 85
- 7 (6) 5457-06 TEA OLIVE 26 (T\*) N Meade 4-9-11 Ben Coen 94
- 8 (2) -48372 COPIE CONFORME 24 K Prendergast 9-8-8 Gary Halpin 899
- 9 (4) 415-105 SMOAINIEM SHY 22 (CD) J McConnell 6-9-8 James Powell (3) 95
- 10 (4) 940 VIVACIOUS LADY 41 M Halford & T Collins 3-9-8 Ronan Whelan 95
- 11 (6) 0802744 CHOPSTICKS 47 (BF) S Duffy 4-9-1 Seamie Heffernan 95
- 12 (10) 0990-031 LAURENCE'S GATE 32 (B) J Barrett 3-8-11 Shane Foley 97
- 13 (3) 000-895 BOOMERANG BILL 26 R O'Sullivan 5-8-9 Leigh Roche 94
- 14 (13) -950286 TYDER 13 (V\*) A Slattery 3-9-13 Andy Slattery 95
- 15 (15) 08890 SING A NEW SONG 49 (T\*) J Bolger 3-8-7 Rory Cleary 93

**BETTING:** 5 Morning Approach, 6 Copie Conforme, 13-2 Chopsticks, 7 St Laurence's Gate, Mooretown Lad, 8 Boomerang Bill, 10 Mindthegate

## WHERE FAVOURITES FINISHED:

2023: Celebrating Ethel 4-10-2 Luke McAteer 10-1 (A Kinirons) drawn 16, 18 ran.

## Sunracing Form

**MOORETOWN LAD** (9-6) 12-1 ridden 1f out, faded, 5th of 16 (btm 5/4) to Giuseppe Cassioli (9-7) (Leopardstown 1m hcap €9,000 good).

**ALESSIA FERNANDA** (10-0) 14-1 ridden 2f out, kept on, 6th of 17 (ran) (Curragh 1/7m hcap €6,600 good).

**VIVACIOUS LADY** (9-3) 33-1 11th of 18 (btm 15) to Siegs Of Troy (9-3) (Curragh 1/7m mdn €12,000 good).

**CHOPSTICKS** (9-3) 3-1 1f fav every chance, ran on one pace, 4th of 10 (btm 2) to Explorers Way (9-4) (Down Royal 1/7m hcap €6,300 good).

**ST LAURENCE'S GATE** (9-1) 2-1 ran on, 3rd of 12 (btm 4/4) to Newfries (9-3) (Limerick 1m hcap €6,300 good).

**BOOMERANG BILL** (9-2) 11-2 every chance, kept on one pace, 5th of 20 (btm 3) to Doctor Gate (9-13) (Navan 1/7m hcap €6,000 good to firm).

**MINDTHEGATE** (9-8) 2-0-1 ran on, btm 1/4 by Dynamic Force (9-2) (8 ran) (Killarney 1m hcap €5,800 good).

**EYEEYE** (9-9) 25-1 no extra, 4th of 6 (btm 16) to Nelda (9-4) (Killarney 1m mdn €6,900 good to firm).

**TEA OLIVE** (9-6) 26-1 (T\*) N Meade 4-9-11 (Killarney 1m hcap €6,900 good).

**TYDER** (9-4) 12-1 effort 2f out, one paced in 6th final furling, 6th of 9 (btm 6/4) to Solar Drive (9-8) (Cork 1/7m hcap €6,300 good).

## 8.22 FEGENTRI WORLD CHAMPIONSHIP (O.R.) HANDICAP; value to the winner €9,000; 1m 7f. (13 runners)

- 1 (10) 060-810 NIBIRU J37 (B) C O'Leary 9-12-4 Miss J Boyesen (5) 92
- 2 (3) 3210-48 ASTAR 63 D Weld 4-12-3 Mr J Plassard (7) 96
- 3 (12) 51-1280 RYKAMI 8 D Hogan 5-11-10 Mrs. R Plassard (7) 85
- 4 (2) 724121 RYKAMI 8 D Hogan 5-11-10 Mrs. R Plassard (7) 85
- 5 (9) 0-08900 WHISKEY SOUR 20 S Wilson 11-11-2 Mr A Lezgi (7) 82
- 6 (11) -56744 INFLUENTIAL LADY 14 J Barcoe 10-11-10 Miss E Finckenhans (5) 94
- 7 (5) 05-800 SPANISH JOHN J33 P Fahy 6-10-12 Mr B Barry (7) 92
- 8 (6) 498-425 WENDEL'S LASS J432 J Gibney 5-10-10 Ms T Grubcovitski (7) -
- 9 (6) 544-925 ELZAAMSAN 21 (B) M Halford & T Collins 9-9-9 Mr J Halford (7) 97
- 10 (7) 80750-7 KOTTAYAM 160 (B\*) J Bolger 3-9-10 Mr S Ouseally (7) 90
- 11 (3) /382-31 FUTURUM REGEM J33 (B) H Finegan 8-10-7 Mr E Finegan (7) 98
- 12 (4) 760-46 TELEVISION J13 H Finegan 6-10-7 Mr F Aired (7) 80
- 13 (1) 4-48910 SPRETT AW J32 E Bunyan 5-10-7 Ms M Kelly (7) 75

**BETTING:** 5-2 Curious Bride, 9-2 Influential Lady, 5 Elizaamsan, Futurum Regem, 7 Astar, 16 Wendell's Lass, 20 Rykamy, Nibiru

## WHERE FAVOURITES FINISHED:

2023: Barnaculla 6-11-7 Miss E Scully 2-4 (M Mulvany) drawn 6, 7 ran.

**GEORGE KO'D**

From Page 1

he bought a spa for him too - which will hopefully help his recovery." That heartache will soon be forgotten if he can get back on track, and Scott (right) will hope to make up for lost time next year. He has plenty of lofty targets, including a trip Down Under for the Melbourne Cup. Scott added: "In an ideal world, we'd love to have him back for next year's Hard-

gets a prep run in. "That run could

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## 5.05 GOING: (GOOD TO YIELDING)

**5.05 CLAIMING HURDLE, winner €6,300; 2m 2f. (9 runners)**

1 020 FELIX DESJY 510 G Elliott 11-2-0. J Kennedy  
 4-37 PONT GELLIBRAND 33 G O'Leary 5-12-0. M O'Sullivan  
 3-64 BOOM BOOM BOOM 16 C Byrnes 7-11-4. P Byrnes  
 5-14 CIRCUS ACT 16 (B) J Mullins 5-11-7. D Gilligan  
 2-28 DOLLAR VALUE F14 (C) T McCourt 9-11-4 A Harvey (7)  
 6-6 RICK DALTON F22 (P\*) C Collins 6-11-0. J Gainford  
 7 4790 ACTION MOTION 10 D Hogan 5-10-10. D King  
 7-03 SINGLE EDITION F17 (T\*) N Sleivn 6-10-10 C Millar (7)  
 8 6263 GINO DRUMMER BOY 31 G Elliott 8-10-4. S Ewing  
 Dollar Value 99, Felix Desjy 98, Gino Drummer Boy 99  
 13-8 Dollar Value, 9-4 Felix Desjy, 7-2 Boom Boom, 10 Gino Drummer Boy, 16 Action Motion, Rick Dalton

**EMAMONN HAMES**

5.05 Boom Boom Boom Tell Me This  
 5.35 Hardy Diamond Leis Fein  
 6.05 Leis Fein Pontier  
 7.35 The Truant  
 8.05 Surfin Usa

## 5.35 MARES MAIDEN HURDLE, winner €6,300; 2m 2f. (13 runners)

1 00-P BOWGATE STREET 61 M Flannery 5-11-7. D O'Keefe  
 2 F1- CLOONAINRA 117 J McConnell 5-11-7. A Harvey (7)  
 3-50 FLOIRANCE 60 (H) A McCann 6-11-7. J O'Sullivan  
 4 80-1 GET IN LINE 18 P Mullins 5-11-7. P Byrnes  
 5 F28 HERO IN THE SKY 3 D Ott 4-11-7. Mr L Burke-Ott (7)  
 7 /40 JOE HANNIGAN 327 W Murphy 6-11-7. N Moore (7)  
 7-442 KATE KNOWS BEST 20 J Ryan 6-11-7. D Mullins  
 7 KNOCKNAGORAN LADY 26 C Hughes 5-11-7. B Harvey  
 9 6-OUR JUNE 32 G Elliott 5-11-7. J Kennedy  
 10 SANTA CATERINA F6 P Gilligan 5-11-7. J Gilligan (7)  
 11 77-3 SPANISH MAID 91 F Flood 6-11-7. D Meyer  
 12 3-58 TELL ME THIS 31 R O'Sullivan 6-11-7. T Harney (7)  
 13 7-0 ANNUALHUGH 13 M McNiff 4-11-4. P Enright  
 Spanish Maide 99, Cloonainra 97, Tell Me This 97  
 11-4 Cloonainra, 3 Get In Line, 7-2 Kate Knows Best, 11-2 Tell Me This, 8 Spanish Maid, 10 Knocknagoran Lady

## TOM PEPPER

5.05 Dollar Value Get In Line  
 5.35 Spy  
 6.05 Tipp For Mac  
 7.35 Pontier  
 8.05 New Year Honours  
 Wild Mandate

## 6.05 NOVICE HURDLE, winner €9,300; 2m 2f. (7 runners)

1 7-16 ANKUD 16 (C) G Elliott 5-11-3. C Millar (7)  
 2 5-63 LINDEN ARDEN 73 M Bove 6-11-6. B Hayes  
 3 6-14 ROCKSTOWN GIRL 31 A McCann 6-11-5. J O'Sullivan  
 4 -111 RAUZAN 24 (D) E Doyle 4-11-4. H Morgan  
 5 64-7 DRUMGILL 16 J Ryan 5-10-10. D Gilligan  
 6 6-21 HARDY DIAMOND 13 G Elliott 5-10-13. J Kennedy  
 7 P-62 SPY 3 C Byrnes 5-10-13. P Byrnes  
 Linden Arden 99, Drumgill 91, Rockstown Girl 91  
 11-4 Rauzan, 7-2 Hardy Diamond, 4 Ankud, 11-2 Spy, 6 Linden Arden, 10 Drumgill, Rockstown Girl

## 7.35 HANDICAP HURDLE, winner €9,000; 2m 4f 110yds. (11 runners)

1 85-8 COUGAR 33 P Roche 5-11-12. A Kelly (5)  
 2 -111 ALL THOSE YEARS 243 C Byrnes 10-15-1. P Byrnes  
 3 P-53 LUMINOUS LIGHT 27 (H) A McCann 5-11-9 J O'Sullivan  
 4 34P- WILD SHOT F14 (P\*) J McConnell 10-11-7. B Hayes  
 5 0P-P NEW YEAR HONOURS F20 G Elliott 5-11-0. J Kennedy  
 6 -130 THE TRUANT 4 (C) P Flynn 7-10-10. P Byrnes  
 7 -413 ANDYOURBIRD CANSING 16 (C) Ryan 6-10-9. D Mullins  
 8 2152 EARLY ARRIVAL 16 (D) J Barce 9-10-9. K Callaghan (5)  
 9 F08- MON STORM 1034 (CD) V Wilson 13-10-20. D O'Keefe  
 10 8-U BLENHEIM BELLE 34 M McNiff 5-10-4. P Enright  
 11 2P-6 BALLENGAR STAR 18 Y Dunlavy 6-10-4. D King  
 The Truant 99, Luminous Light 98, Early Arrival 97  
 3 Early Arrival, 7-2 Luminous Light, 9-2 New Year Honours, 6 Andyourbirdcansing, All Those Years, 13-2 The Truant

## 6.35 HANDICAP HURDLE, winner €6,300; 2m 2f. (13 runners)

1 5095 TOMAS O MAILLE 16 M Flannery 7-11-12. A McCurtin  
 2 077- LEADING LION F27 (T\*) G Elliott 4-11-3. J Kennedy  
 3 4323 TIPP FOR MAC 24 (BF) T Cooper 7-11-10. T Kelly (7)  
 4 -560 HALLA PAROISTE 35 C Collins 4-11-7. J Gainford  
 5 -P78 NEVERMINDSTRANGER 32 D Christie 7-11-7. A Harvey (7)  
 6 0F-4 LODLIOMOCO 13 J Ryan 6-11-6. J Sleivn  
 7 70-5 FASSBENDER 76 (D) M McNiff 8-11-5. P Enright  
 8 800 KIVI KISS 31 (P\*, T\*) P Flynn 8-11-2. K Sexton  
 78-6 KILBRIDE HILL 32 J Ryan 6-11-0. Mr J Archer (7)  
 10 9P-4 LEIS FEIN 3 V O'Brien 9-10-12. G Brouder (5)  
 11 P-P GANDERSTOWN 114 C Byrnes 5-10-10. P Byrnes  
 12 80-4 TASMANIAN GIRL 16 (H) A King 4-10-10. M T O'Sullivan  
 13 0087 BANADA BRIDGE 32 D Foster 7-11-7. D Gilligan  
 Halla Paroiste 99, Banada Bridge 98, Kivi Kiss 97  
 11-8 Tipp For Mac, 3 Lodliomoco, 6 Leading Lion, Tomas O Maille

## 8.05 MARES NAT HUNT FLAT, winner €6,600; 2m 2f. (13 runners)

1 -146 BORN BRIGHT 26 C O'Connell 5-11-1. Mr D O'Sullivan (7)  
 2 4-21 DOYEN EVENING 74 C Collins 5-11-1. Mr H Swan (3)  
 3 FRENCHFORT LEGEND J Hanlon 5-11-1. Mr F Maguire  
 4 /24 KATIE DANIELS 256 G Quinn 5-11-1. Mr N McPartan  
 5 /728 LOVE AT SEA 26 P Hurley 6-11-1. Mr J Reddington (7)  
 6 8-13 MOLLYS KINGDOM 58 J Ryan 5-11-1. Mr D Doyle (7)  
 7 9 MOYCASHEL ANGEL 70 C Collins 5-11-1. Mr C A Bowman (7)  
 8 6P- PHILDANTE 21 R McGrath 7-11-1. Mr J McGrath (7)  
 9 /6-4 TARA BOE 24 C Moore 6-11-1. Mr J Gleeson (5)  
 10 3-22 WILD MANDATE 32 M McNiff 5-11-1. Mr D McGill (7)  
 11 MIDNIGHT EAGLE A King 4-11-8. C Cullinan (7)  
 12 0 MOJITOS STAR 35 P Flood 4-11-8. Miss G Benson (7)  
 13 SURFIN USA W P Mullins 4-11-8. Mr P Mullins  
 Wild Mandate 99, Born Bright 95, Doyen Evening 94  
 9-4 Surfin Usa, 7-2 Wild Mandate, 9-2 Doyen Evening, 10 Born Bright, Mollys Kingdom, Phildante, 14 Tara Boe, Love At Sea

## ABC CHECK ON ALL TODAY'S RUNNERS

KEY: B-Brighton, C-Chepstow, L-Leopardstown, Sn-Sandown, Si-Sligo, Y-Yarmouth

Aalto 8.30C Action Motion 5.05Si Admirador 4.52L Ail Dubh 7.25Si Akkadian Thunder 8.30C Al Mootamadir 7.55Sn Alessia Fernanda 7.52L All Those Years 7.35Si Alligator Alley 7.00C Alpine Girl 6.30C Alpine Sierra 6.00C Amanarines 6.52L American Bay 7.45Sn Amongst The Stars 3.45Y Andyourbirdcansing 7.35Si Annie 6.05Si Anna Swan 2.51Y Annulough 5.35Si Archie 7.00C Arthur's Realm 8.00C Astar 8.22L Atlantic Blue 8.15Sn Atwiday 4.30B Austrian Theory 5.30C Aztlara Palace 3.40C Ballagh Star 7.35Si Banada Bridge 6.35Si Barhill Rose 6.62L Baroque Buoy 4.45Y Bass Player 5.45Si Batcheslor Boy 2.30B Beat The Clock 4.45Y Beau Jardine 7.45Sn Beautiful Things 6.15Sn Beachdale 6.45Sn Believe You Me 6.00C Bennetto 5.80C Berkshire Smudge 6.45Sn Bilgavies 6.45Sn Bizare Law 7.00C Blackcastle Storm 7.52L Blenheim Belle 7.55Si Brookview Storm 4.00B Blue Yonder 5.45Sn Boadicea Belle 6.52L Bobby's Indulgences 7.05Si Bondi 6.45Sn Boom Boom Boom 5.05Si Boomerang 8.17.52L Born Bright 8.05Si Bowgate Street 5.35Si Bright Stripes 5.52L Brindley 6.00C Brookview Bay 3.00B Brunel Nation 6.00C Buck Barrow 4.52L Bug Boy 4.00B Caballo De Mar 3.15Y Campan Soda 6.52L Carroll Magnus 5.30C Carrystone 8.30C Celtic Druid 5.22L Cervetto 8.55Sn Chalk Mountain 8.15Sn Charlie's Dilemma 7.05Si Chaska The Dog 7.30C Chelsea Flower 4.30B Chestnutter 6.52L Chickadee 7.52L Circus Act 5.05Si Clear Aim 5.00B Cloonainra 5.35Si Clover Time 6.15Sn Cogsworth 4.45Y Come On John 4.30B Concierge 2.15Y Connie's Rose 6.30C Continuance 5.45Sn	Copie Conforme 7.52L Cougar 7.35Si Coup De Force 6.30C Craven 8.00C Crimson Road 7.15Sn Crypto 6.52L Crystal Black 6.22L Crystal Casque 8.15Sn Culpeper 8.22L Daah 5.22L Danehill Star 5.00B Daniels Dream 5.22L Dashing Donkey 4.45Y Destinado 5.45Sn Diderot 6.00C Dollar Value 5.05Si Dolly Gray 6.30C Doyen Evening 6.05Si Dramatic Effect 7.15Sn Dream Harder 7.30C Dreamrocker 8.15Sn Drivers Seat 4.52L Drumgill 6.05Si Dunahugh 6.45Sn Dundry 4.00B Dutch Decoy 5.30C Eagle Day 5.30C Early Arrival 7.35Si Eastern Wind 6.52L El Santarem 5.22L Elaria Sand 2.45Y Elsza 8.22L Eminence 6.30C Emil 4.52L Empress Of Beauty 5.52L Enough Already 5.30C Ethonia 5.22L Etelle D'Alexandre 6.00C Excess 4.15Y Existent 7.00C Explorers Way 7.22L Eye 7.52L Fantasy Believer 8.00C Fassbender 6.35Si Fast Steps 4.55Sn Fastman 6.52L Felix Desjy 5.05Si Flood 6.00C Flourance 5.35Si Foinix 4.30B Forever A Diamond 4.15Y Fortio 7.22L Fortium 3.15Y Fouette 2.45Y Four A Day 2.15Y Frenchfort Legend 8.05Si Furzig 7.30C Futurum Regem 8.22L Gale 5.52L Gallimimus 3.30B Gambino 5.22L Ganderstown 6.35Si Gangster Granny 7.30C Genuine Jim 7.22L Get In Line 5.35Si Get The Music On 6.00C Gino Drummer Boy 5.05Si Gis A Sub 6.30C Giabrun 6.30C Glamorous Breeze 7.00C Global Esteem 5.45Sn Gonzaga 5.00B Good Karma 7.45Sn Gorak 8.30C Gozo 5.45Sn Graduated 3.00B Great Acclaim 5.30C Greatgadian 8.30C	Guiteau 8.15Sn Guitar 4.15Y Halla Paroiste 6.35Si Harbour Vision 3.30B Hardy Diamond 6.05Si Hat Toss 8.15Sn Havanna Rum 6.30C Have Secret 8.00C Hawajes 5.00B Haymaker 7.00C Hickory 8.00C Help From Above 2.45Y Hero In The Sky 5.35Si Hill Road 4.52L Hill Station 4.00B Hold A Dream 6.15Sn Holloway 3.30B Hungry Rock 7.05Si Hurricane Helen 6.52L Ice 4.45Y Ina Mina 5.22L Inflational Lady 8.22L Ingra To Top 6.30C Irezumi 4.30B Joe Hannigan 5.35Si Jumbo 8.30C Kate Knows Best 5.35Si Katie Daniels 8.05Si Keen Intent 5.45Y Kilbride Hill 6.35Si Killeaney Bear 7.22L Kinematic 4.45Y Kinetic 3.45Y King Lear 8.00C King Of War 2.30B Kingstonian 4.52L Kiwi Kiss 6.35Si Knock 4.15Y Knocknagoran Lady 5.35Si Kool One 7.22L Kooze 7.52L Kurima 4.15Y Kynsa 8.15Sn Lady Archer 7.22L Lady Birdie 3.45Y Lady Flora 5.30C Lady Of Arabia 8.00C Lahab 6.00C Land Lover 6.52L Law Supreme 8.15Sn Leadenhall 6.00C Leaders Listen 5.22L Leaving Lion 6.35Si Leis Fein 6.35Si Leyssay 6.00C Lexington Knight 4.00B Liberate 2.45Y Lieber Power 7.30C Lieutenant Rascal 4.15Y Linden Arden 6.05Si Liricist 3.00B Little Boy Blue 2.30B Local Bay 2.30B Lodliomoco 6.35Si Lord Music 8.15Sn Lord Talbot 5.22L Love At Sea 8.05Si Love Like This 7.05Si Lucky Question 4.30B Luminous Light 7.35Si Macdonald Rock 6.52L Mac's Dilemma 2.30B Magical Merlin 8.15Sn Mania Scouse 7.05Si Marsh Benham 3.30B Maywake 8.30C Medieval Night 4.52L	Midnight Eagle 8.05Si Midnight Rumble 7.15Sn Milans Ruby 7.05Si Mindboggling 6.05Si Miss Attitude 7.00C Moakadd 4.45Y Mojitos Star 8.05Si Mollymook 6.15Sn Molly Kingdom 8.05Si Mon Storm 7.35Si Moonlit Cloud 8.15Sn Moonstone Land 7.52L Morning Approach 7.52L Morph Speed 7.05Si Mountain Bear 5.52L Moushahi Angel 8.05Si Mr Montauk 7.15Sn Munay 3.30B Murashah 7.45Sn Musicka 6.30C Mutazara 5.52L My Vornie 5.22L Naisium 7.22L Neverminderstranger 6.35Sn New Heights 8.15Sn New Year Honours 7.35Si Nibiru 8.22L Ocean Manifest 5.22L Oj Lifestyle 3.00B Open Secret 4.00B Our June 5.35Si Overture 3.15Y Pearl Of Windsor 6.15Sn Perennial 7.45Sn Persian Phoenix 3.15Y Pietic Force 3.30B Point Gallibrand 5.05Si Point Of Ayr 5.22L Portmagee 7.22L Positive Arbitrage 5.22L Power Under Me 5.52L Praetorian 3.00B Pride Of Arras 6.45Sn Pure Design 7.05Si Purring Along 6.52L Qitah 8.00C Ratooi Goo 7.00C Rage Of Thunder 6.15Sn Raimi 8.30C Rainmonds 8.15Sn Rainwater 5.30C Raydamann 5.22L Reah Appeal 5.52L Rebel Redemption 5.00B Reclaim 5.22L Reigning Profit 7.00C Rhasiad 6.52L Rich Harry 3.15Y Rick Dalton 5.05Si River Wharfe 5.00B Riyami 8.22L Rock Etolle 6.52L Rockbury Lad 6.52L Rockdown Girl 6.05Si Rotolo 7.22L Royal Blaze 7.15Sn Ryck 4.15Y Safe Cracker 6.22L Saint Riquier 5.45Sn Santa Claws 7.05Si Sayfa Fad 7.22L Scarlet Dancer 6.52L Selwan 8.00C	Shackleton 4.52L Shamrock Spring 6.52L Shoot To Kill 6.52L Siam Fox 8.15Sn Silver Auto 4.30B Sing A New Song 7.52L Sir Charles 6.05Si Sir Carnegie 7.05Si Sir Jeremy 4.52L Sir Han 6.05Si Skontonovski 6.52L Smaoinnehill 5.15Y Solomon 7.15Sn Songo 4.00B Spanish John 8.22L Spartakos 6.45Sn Spring Collection 7.22L Spring Collection 7.22L Spring Collection 7.22L Star Of Lady M 7.00C Stormy Monday 6.45Sn Tara Boe 8.05Si Supreme Law 8.22L Surfer Dude 3.45Y Surfin Usa 8.05Si Tall Story 7.22L Tamazu 6.52L Tango In Paris 2.45Y Tanmawry 8.30C Tara Boe 8.05Si Tasmanian Girl 6.35Si Tatatoe 4.00B Tea Olive 7.52L Temptation 4.45Y Tennessee Gold 7.45Sn The Ephrathes 6.22L The Thunderer 7.30C The Truant 7.35Si Tipp For Mac 6.35Si Tommaso 6.15Y Touch The Moon 7.15Sn Tres Chic 5.00B Trinity College 4.52L Twilight Melody 4.15Y Tyder 7.52L Uncle Dick 4.00B Upton 4.00B Vadamiah 2.15Y Ventura Express 7.00C Vivacious Lady 7.52L Von Baer 6.00B Wahraun 7.30C Walk The Moon 4.30B Walter Hartrich 7.30C Wanda The Fish 5.22L Wendell's Lass 8.22L Whiskey Sour 8.22L Whist 5.22L White Coco 3.45Y Wild Mandate 6.05Si Wild Nature 6.45Sn Wild Shrike 7.35Si Yeoman 8.15Sn Yang Yang 5.52L Yankee 7.35Si Zaher 6.52L Zaher 7.22L Zaher 4.45Y Zenic 4.45Y Zhang Fei 4.00B Ziggy's Queen 7.00C
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## KARL HOLDS ACES

By OWEN GOULDING

KARL BURKE is hoping to keep his Shareholder happy this season.

His two-year-old tanked his way to success in the Norfolk at Royal Ascot and is now being aimed at the Group 1 Prix Murat at Deauville on August 28.

Burke said: "He's had a nice break since Royal Ascot and he's raring to go ahead of a trip to France.

"He's still very early days with him, but I've been really pleased with his work.

"He's definitely grown, strengthened and is a horse who will keep improving this year. He's a Group 1 per-

former in the making, without a shadow of a doubt.

"He's a really, really nice horse and given his scope, he'll almost certainly train on too."

Burke (right) has more reason to smile with his Irish 1,000 Guineas hero-ine Fallen Angel nearing a return to the track.

She missed the Coronation Stakes at Royal As-

cot with bone bruising but Burke has high hopes for a strong autumn campaign.

Burke added: "She's back in training now.

"She's heading for the Matron at Leopardstown on Irish Champions Week-end. I'd say she's definitely the best horse in the yard.

"We'll then look to step her up to ten furlongs for the Prix de l'Opera. I don't think her stamina is

in doubt. If anything, I think she will improve for it."

Fallen Angel is 9-4 second-favourite behind Porta Fortuna for the Moyglare on September 14.

Burke's sprinting pair Elite Status and Swingalong are both on course for Haydock's Sprint Cup on September 7.

Hackwood winner Elite Status is 7-1 with Swingalong now just 10-1 for the Group 1 after her narrow defeat in the July Cup.



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