

THOUGHT FOR THE DAY
Don don't want to talk about it!

FREE HORSE RACING TICKETS



WITH



racing league

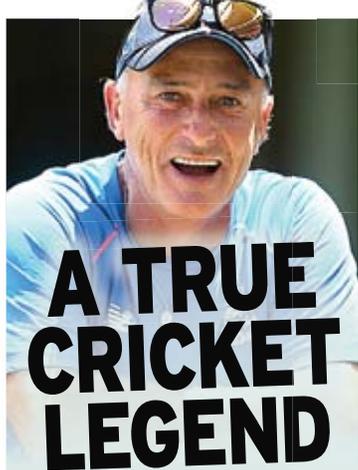
SEE PAGE 12, TERMS AND CONDITIONS APPLY

TUESDAY, AUGUST 6, 2024

PROUD TO LOVE ANIMALS

95P

DO YA THINK I'M ORANGE?



A TRUE CRICKET LEGEND

GRAHAM THORPE 1969-2024

PAGE 4 & STARSPORT



'I shouldn't be here'

PAGE 5



QUEEN KEELY

PAGE 11



Rod Stewart upsets Trump camp with fake tan stage skit

by AARON TINNEY
ROCKER Sir Rod Stewart sparked a backlash after mocking Donald Trump's fake tan at a gig in America. Don's been Tango'd!
Full story: Page 7

TANGO WARS!

TODAY'S WEATHER

TODAY: Early cloud and rain will clear from the south-east today. Turning brighter from the west with lengthy spells of sunshine, however, a scattering of showers will develop, mostly across the north-west and may be locally heavy.

OUTLOOK: There will be heavy rain and scattered showers across Scotland tomorrow. Sunny spells elsewhere but there will be showers in the west. Heavy rain in the south on Thursday.

WED
THU
FRI

| AIR QUALITY | | |
|---|---|---|
| Air pollution levels Low (1) Very high (10) uk-air.defra.gov.uk | | |
| Highlands | 2 | 2 |
| North East Scotland | 2 | 2 |
| Central Scotland | 2 | 2 |
| Scottish Borders | 2 | 2 |
| Northern Ireland | 2 | 3 |
| North West & Mersey | 2 | 2 |
| North East | 2 | 3 |
| Yorkshire & Humber | 2 | 2 |
| North Wales | 2 | 2 |
| West Midlands | 2 | 2 |
| East Midlands | 2 | 2 |
| South Wales | 2 | 2 |
| South West | 2 | 3 |
| South East | 2 | 2 |
| Eastern | 2 | 3 |
| Greater London | 2 | 2 |

Truss tips Tories for extinction

CHAOS Prime Minister "Lettuce" Liz Truss has warned her party "could effectively die" as she criticised Rishi Sunak's leadership.

The ex-PM's Edinburgh Festival Fringe show saw her share her dislike for her successor who is due to stand down.

Truss said the Reform Party could replace the Tories as the party representing the "right".

BOFFIN: GREENLAND THAW TO SINK CITIES



MELTING FAST: Sheet ice

SCIENTISTS claim we are underestimating the risks of "catastrophic" sea-level rises.

Boffins have found that Greenland's ice melted away during a warm period within the last one million years.

The new study provides the first evidence that the centre - rather than just the edges - of the island's ice sheet thawed.

And sediment from the bottom of a two-mile-deep ice core shows that the island was then home to a green, tundra landscape. If it melts again populations would be at risk.

Professor Paul Bierman, of the University of Vermont in the US, warned: "Look at Boston, New York, Miami, Mumbai - or pick your coastal city around the world - and add 20-plus feet of sea level. It goes underwater.

"Don't buy a beach house."

DOVER CROSS OVER..

PEOPLE wearing life jackets arrive in Dover as more than 17,000 migrants have crossed the Channel this year, Home Office figures say.

The arrivals were getting off a Border Force vessel at the Kent port, with some carrying belongings and others covered in blankets.



CORRECTIONS & COMPLAINTS

ipso Regulated

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THE HEALTH LOTTERY

| | |
|-------------------------------------|-------------------|
| Big Win numbers Saturday, August 03 | 09 18 29 30 40 19 |
| Big Win numbers Friday, August 02 | 09 19 23 24 25 37 |
| Big Win numbers Thursday, August 01 | 08 18 20 25 48 41 |
| Big Win numbers Wednesday, July 31 | 18 24 33 37 39 46 |
| Big Win numbers Tuesday, July 30 | 07 09 11 16 20 31 |

2ND CHANCE DRAW, WEDNESDAY, JULY 31: 10, 36, 39, 40, 44
2ND CHANCE DRAW, SATURDAY, AUGUST 3: 04, 11, 34, 41, 49
ALL OR NOTHING, TUESDAY, JULY 30: 1, 7, 8, 9, 12, 14, 15, 17, 19, 21, 22, 24

NATIONAL LOTTERY

SATURDAY, AUGUST 03

Prizes rolled down. Tomorrow's top prize is £2m.

LOTTO 06 19 20 26 28 45 07 1,783,712 tickets won a prize

EURO 05 07 12 33 46 03 12 Friday, August 02. No jackpot winner. Tonight's top prize is an estimated £32m

MILLIONAIRE MAKER: XZPQ65057

SET FOR LIFE: MONDAY, AUGUST 05: 08, 23, 31, 38, 47 LIFE BALL: 09
THUNDERBALL, SATURDAY, AUGUST 03: 02, 11, 12, 23, 24 T'BALL 07

BRITS URGED TO LEAVE LEBANON



IN FLIGHT: Beirut Airport

UK military aids evacuation

THE UK is among a string of countries urging their citizens to flee Lebanon.

It comes as fears of a wider conflict in the war-torn Middle East continue to grow.

Iran has vowed "severe" retaliation against Israel, blaming them for the death of Hamas political chief Ismail Haniyeh in Tehran last Wednesday.

The country's Supreme Leader Ayatollah Ali Khamenei said they would suffer a "harsh punishment" for the killing.

His assassination came hours after Israel killed Hezbollah senior commander Fuad Shukur in Beirut.

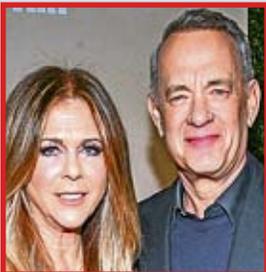
Diplomats fear that development will make Lebanon a no-go zone for foreigners.

Alongside the UK, the US, Australia, France, Canada, South Korea, Saudi Arabia, Japan, Turkey and Jordan are among countries urging their nationals to leave Lebanon.

The UK is sending extra military personnel and consular staff to help with evacuations. Two Royal Navy ships are already in the region.

Foreign Secretary David Lammy said the regional situation may "deteriorate rapidly".

by DAVID O'DORNAN



VICTIMS: The couple

Tom LA house's burgled

TOM Hanks and wife Rita Wilson have been targeted by burglars, according to reports.

The couple's home in Los Angeles is believed to have been broken into by thieves who smashed glass to gain access to a guest house on the property, which they then ransacked.

It is said to have taken place "a few weeks ago" and the burglars did not manage to gain access to the main house.

Although it's not yet clear what was taken, police are investigating but have made no arrests yet.

Hot TV

ALL THE TOP TELLY NEWS
 See Page 27



MEMORISED: Chris

Fantastic walk-on a Storm

CHRIS Evans turned down cue cards on the set of the *Deadpool & Wolverine* film because his dialogue was fun to memorise.

The actor was offered a cameo in the movie by star Ryan Reynolds and he got the chance to revive his *Fantastic Four* character Johnny Storm.

Chris, 43, was adamant he didn't need prompts for his lines.

He said: "I was like, 'Cue cards? I'm showing up off-book! I don't get to say dialogue like this.'

"Trust me. I'm going to enjoy every second of this. Memorised."



Billie

★ BEAUTIFUL Billie is dressed for the heatwave.

★ The Herne Bay hottie, 24, is enjoying her latest purchase. She says: "I love my new hat, it'll keep my face safe from the sun."

★ Well Billie, it's going to take a bit more than a big hat to put you in the shade.

DAILY STAR
FANCY BEING A PAGE 3 GIRL?
 WANT to be one of our fabulous Daily Star Page 3 girls? Send your bikini picture to jeansavage@yahoo.co.uk

Picture: JEANY SAVAGE

Dawn's electric shocker by dad!



STAR GIVEN WILLIES BY TROUBLING SIGHT

DAWN French was left traumatised after seeing her dad's willy when he rushed to her aid as a kid.

by JAMES CAVEN

The comic's electric blanket had malfunctioned and threatened to burst into flames.

Her father then saved the family from potential death, leaping out of bed to throw the dodgy electrics out the window.

The *Vicar of Dibley* star, 66, above, revealed: "I woke up in the night and I smelt this weird smell. The bottom part of my bed was very hot. Wherever I put my feet it was just hot.

"My father jumped out of bed. This was a very alarming

moment that I will never forget in my life - because he was naked - and it's the first time I'd seen my dad's willy.

"My dad ran into my bedroom, opened the window, and he got hold of my mattress and threw it out of the window.

"And as it went out of the window the whole thing went up in flames, because my little electric blanket, the pipes had mashed together and it was melting.

"I've got over the trauma of seeing the blanket exploding - but I haven't got over the trauma of seeing my dad's willy."

James.caven@dailystar.co.uk

EW: I DIDN'T SEE THRONES

HOUSE Of The Dragon star Ewan Mitchell says he's never watched *Game Of Thrones*.

The actor, right, who plays Prince Aemond Targaryen in

HBO's prequel series, said he didn't want to be "influenced" by characters from the original.

Mitchell says his ignorance didn't even come up in an inter-

view for the role in the show, which is set 200 years earlier.

The 27-year-old added: "I wanted to bring something fresh and something raw."



Black snacks

JACK Black has to shower right after a meal because food gets stuck in his massive beard.

The actor and comedian, 54, said that a napkin alone won't get his facial hair clean.

He told the *Conan O'Brien Needs A Friend* podcast: "So much of my food goes into my beard nowadays."

EV car targets 'at risk'

THE proportion of new cars expected to be pure electric has been downgraded due to falling demand by private buyers.

The Society Of Motor Manufacturers And Traders estimates that pure electrics will take an 18.5% market share in 2024.

In April the figure was expected to be 19.8%.

SMMT chief executive Mike Hawes said: "More people than ever are buying and driving EVs but we still need the pace of change to quicken.

"Or else the UK's climate change ambitions are threatened and manufacturers' ability to hit regulated EV targets are at risk."

Cops in Stop Oil arrests

FOUR Just Stop Oil protesters have been arrested near Manchester Airport on suspicion of conspiring to cause a public nuisance.

Greater Manchester Police said a "proactive operation" yesterday prevented a targeted attack.

It added those detained - three women aged 21, 30, and 53, and a man of 23 - had items it believed would be used to cause disruption to the airport.

Chief Supt Mark Dexter, said: "The right to protest must be respected, but we have a duty to balance that against the rights of the public to go about their lives without unacceptable disruption."

Badger jabs to stop TB

A BADGER vaccination trial in Cornwall raises hopes that it could humanely help tackle the spread of bovine tuberculosis.

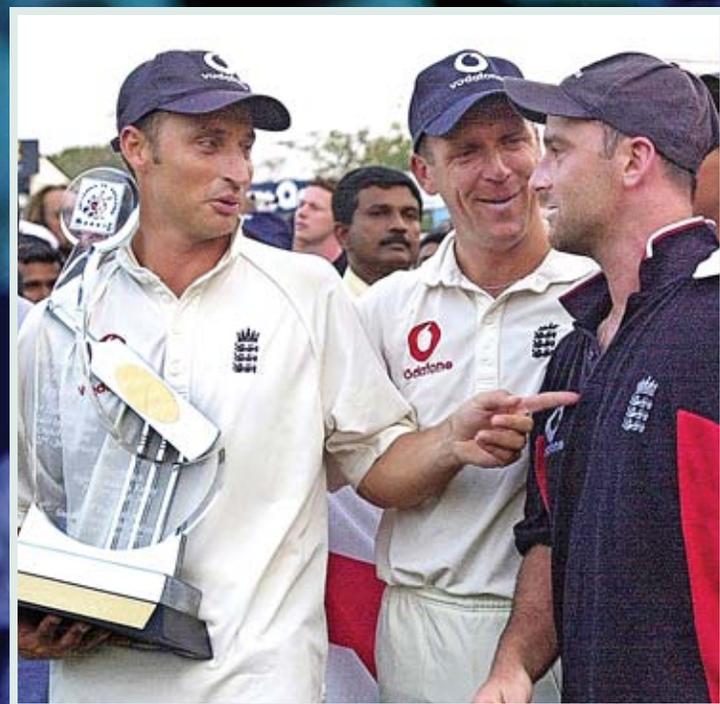
A four-year study on 12 cattle farms that could be used as an alternative to culling the wild animals shows it can be "practicable, technically effective and acceptable to farmers".

Project lead Professor Rosie Woodroffe from the Zoological Society of London said: "Everyone wants to see this disease eradicated.

"Our hope is that this work will help to move bTB control into a place where farmers and wildlife groups can work together towards this shared goal."



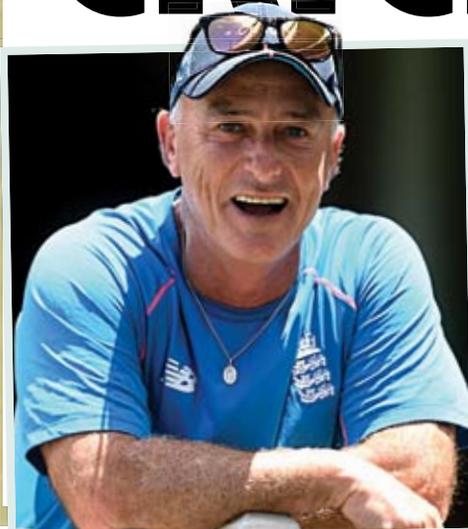
GRAHAM THORPE 1969-2024



STYLISH: Batting for England. Above right, cheers with Vaughan and Flintoff, top. Right, with Nasser Hussain and Alec Stewart

FAREWELL TO A CRICKET LEGEND

ECB: One of our finest batters



THE cricketing world is in mourning after England ace Graham Thorpe died aged 55.

The dad-of-four played 100 Tests between 1993 and 2005, as well as 82 one-day internationals.

Nicknamed "Thorpey" by his team-mates, the stylish left-handed batter scored 6,744 Test runs for England, including 16 centuries.

He also scored a century on his first Ashes appearance.

Michael Vaughan, who skippered

by DAVID O'DORNAN

Thorpe towards the end of his Test career, wrote on X: "RIP Thorpey. Thanks for all the advice throughout my career, you were a great player and a brilliant team-mate. You have gone far too young but you leave as an England cricket legend."

England opener Ben Duckett added: "Heartbreaking. He was one of my heroes growing up and I was fortunate to work with him."

In May the Professional

Cricketers' Association revealed Thorpe had fallen seriously ill with an unclear diagnosis. His cause of death has not yet been revealed.

Thorpe is survived by his second wife Amanda, whom he married in 2007, and four children, Henry, Amelia, Kitty and Emma. He separated from first wife Nicola in 2002.

England and Wales Cricket Board described Thorpe as "one of England's finest-ever batters".

news@dailystar.co.uk



I genuinely should not be here after what happened

FLINTOFF OPENS UP ABOUT CRASH PAIN

FREDDIE Flintoff has revealed his horror crash left him with mental health issues that were so bad he could not leave the house.

■ by ED GLEAVE

The cricket legend, 46, suffered multiple injuries during the accident while filming Top Gear in December 2022.

about just how badly it affected him. He admitted: "I thought I could just shake it off. But it's not been a case of that, it's been a lot harder than I thought."

Since then he has suffered from anxiety and had harrowing flashbacks.

"I struggle with anxiety, I have nightmares, I have flashbacks. It has been so hard to cope with. But I'm thinking, 'If I don't do something, I'll never do owt'. I've got to get on with it."

Freddie bravely opened up about his ordeal for his new series on the BBC in footage of him just a week and a half after the accident.

And Freddie fears the accident has changed him forever.

Covered in bruises, he tells the camera: "Genuinely I should not be here after what happened."

He added: "I am what I am now. I'm different to what I was. I'll have to deal with it for the rest of my life."

"This is going to be a long road back and I have only just started and I am struggling already. I need help. I really do."

"I don't want to sit here and feel sorry for myself. I don't want sympathy."

"I'm not the best at asking for it. I need to stop crying every two minutes."

Freddie will be making a sensational return to TV with a new run of his show Field Of Dreams, which sees him jet to India just months after his accident.

In a chat, filmed seven months on from the crash at Dunsfold Aerodrome in Surrey, Freddie then opens up

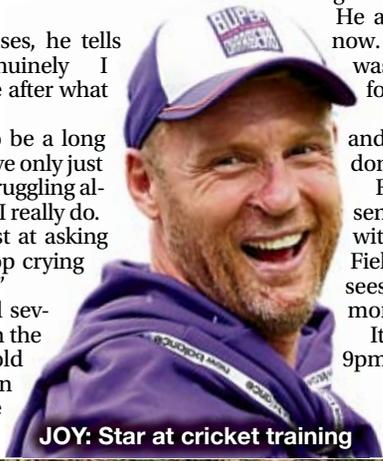
It kicks off on August 13 at 9pm on BBC One.

The Star Says: Page 6

edward.gleave@dailystar.co.uk



BRAVE: Freddie in 2022. Above, him now



JOY: Star at cricket training



INJUNCTION: Camping Ban on tents at airshow

VISITORS who have been banned from camping at an annual airshow have branded the authorities "spoilsports".

A High Court injunction prevents plane-spotters from staying in tents or caravans at the Clacton Air Show in Essex this month.

One unnamed aero fan, who had planned to camp, said: "It's for one night only and the people who stay in the town provide a huge boost in income to local places like cafes, restaurants and pubs."

Tendring District Council, which organises the event, estimates that 200,000 people will flock into the resort.

STAR BURST
THRILLSEEKERS will get the chance to meet chart toppers **Ladbaby** - couple Mark and Roxanne Hoyle - at **Alton Towers** during **National Rollercoaster Day** next week.



PETROL: 'Too high' Our fuel prices 'rip-off'

FUEL prices were "stubbornly static" in July amid claims by experts that motorists were overcharged.

Lower wholesale prices justify cuts at the forecourt, according to the RAC.

Average prices for a litre of petrol and diesel at UK forecourts last month remained steady at 145p and 150p respectively.

The RAC's Simon Williams said: "It's disappointing to see fuel prices remain far higher than they should be, especially after the Competition and Markets Authority announced at the end of July that drivers were overcharged by an astonishing £1.6 billion last year."

DAILY STAR Says

Freddie a Top fella

FREDDIE Flintoff has been a hero for a long time.

Not only is he known for his remarkable cricketing triumphs, but he's repeatedly shown true bravery.

He's done this by speaking out about the difficulties he's faced in his life.

In doing so, he has helped others to feel that they're not so alone.

The sporting legend has now opened up about his horror Top Gear crash for the first time. It sounds like an utterly terrifying ordeal.

He says he "should not be here" and admitted he fears the accident has changed him forever.

To be so candid about such a traumatic time will not have been easy.

But he should be applauded for his courage. A world without him is unimaginable.

Good on you, Freddie.

Trump is wailing..

IT'S the celebrity spat we didn't see coming.

Sir Rod Stewart has gone to war on Donald Trump. The British rocker pulled no punches as he accused the ex-president of "turning orange".

He launched his brutal assault during a Las Vegas show.

The Maggie May crooner is clearly made of steel to do so in the middle of a country currently polarised ahead of the presidential election.

His dig followed Trump's comments about Kamala Harris' racial identity.

Unsurprisingly, Trump's fans haven't responded to it well.

And you can rest assured that the orange manbaby won't be best pleased either.

He's not one known for having a thick skin. However he reacts though, you can be sure Sir Rod probably won't be too bothered.

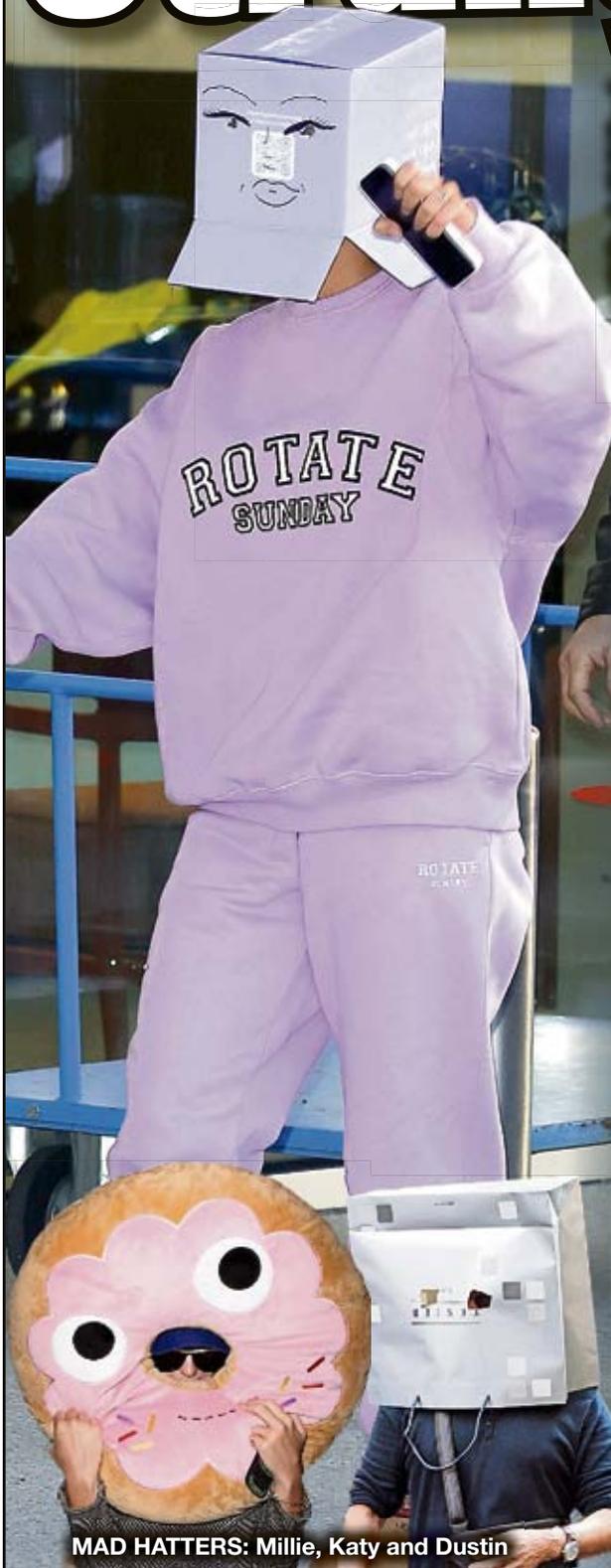
He'll go sailing on into the night!

The air of the dog..

BREWERS have created the perfect breakfast beer to wash down your fry-up before going on holiday.

Just as long as you don't enjoy it too much and miss your flight!

HERE'S 12 CELEBRITY HEADCASES Strange looks



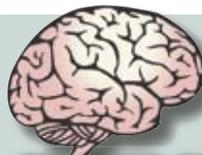
MAD HATTERS: Millie, Katy and Dustin

★ **SOME** of their red-carpet looks have drawn questions over whether they've been designed by an infant but when it comes to show-stopping outfits famous people are always guaranteed to give flash-bulb moments.

★ However, when they claim they're feeling camera shy and want to go incognito they turn to daft gear such as a bucket hat covered in mushrooms which, as we revealed yesterday, backfired on Alan Cumming and made more people look at him. Here **KIM CARR** reveals some of the stupidest clobber celebs have worn to dodge paparazzi...



- 1 She shaved her head for Stranger Things but once while on a stroll with hubby Jake Bongiovi - son of rocker Jon Bon Jovi - British actress Millie Bobby Brown stuck a lavender cardboard box, with a smiley face drawn on it, over her head. The shade perfectly matched her tracksuit suggesting it wasn't a spontaneous run to stock up on supermarket packaging.
- 2 **His music is a knock-out if you're a teenage girl but Justin Bieber went one step further than probably necessary when he donned a gas mask for a stroll in London while in the capital on tour in 2013.**
- 3 **Legendary actress Judy Garland wasn't fooling anyone when she turned up at a film premiere and tried to sneak into her seat by hiding her mosh behind a hankie in 1962.**
- 4 **Mistress of outrageous outfits on stage, Katy Perry is equally equipped with wacky costumes to wear when she's not performing. The Woman's World songbird left a US chat show in 2022 rocking a poop costume and in 2009 strolled through an airport with a donut pillow on her noggin.**
- 5 Shopping in Paris in 2006, actor Dustin Hoffman clearly got confused when he put a paper bag over his head instead of placing his purchases inside the thing.
- 6 **Using their fame for the greater good, former flames Spider-Man actor Andrew Garfield, who grew up in Surrey, and Emma Stone held up signs plugging charities they supported across their faces when the cameras caught up with them while out and about in LA.**
- 7 A creepy clown mask is definitely not going to draw the ladies' attention as much as Leonardo DiCaprio's naturally beautiful visage, so it was a good effort as he tried to avoid being recognised in 2018.
- 8 **Was she in need of 40 winks or simply trying to make us Smile? Singer Lily Allen wrapped herself in a duvet when leaving a hotel in 2009.**
- 9 His coffee must have tasted really woolie when in 1995 Brad Pitt decided to step out of a Starbucks café wearing a knitted beanie over his famously handsome face.
- 10 **Dashing around the Sundance Film Festival, Tobey Maguire's spidey senses must have detected cameras so he pulled his snow-covered snowboard up high to hide himself, which failed miserably.**
- 11 Game for a laugh actresses Melissa McCarthy and Sandra Bullock hid behind fishermen outfits in 2013.
- 12 **Madonna thought a show programme would hide her at the 2006 Fashion Week in Paris.**



THE BRAINBOX

BRAINS OF BRITAIN

We asked you for a film starring Meryl Streep. No she wasn't in some:

- 1 Mamma Mia!
- 2 The Deer Hunter
- 3 Kramer Vs Kramer
- 4 The Devil Wears Prada
- 5 Out Of Africa
- 6= Death Becomes Her, The French Lieutenant's Woman, Mrs Doubtfire, Chucky's Revenge, Lemony Snicket's A Series Of Unfortunate Events, Evil Angels, Julia & Julia, Monster In Law, The River Wild, Barry: The Film

- 1 Which Friends character famously used the chat-up line "How you doin'?"
- 2 Who is the disappointed footballer featured in the picture?
- 3 Which American singer won both the best-selling

- album and best International artist BRIT Awards in 1984?
- 4 Which sort of currency always turns up according to the old proverb?
- 5 How many solid blue triangles are there on the flag of Scotland?

ASK US ANOTHER

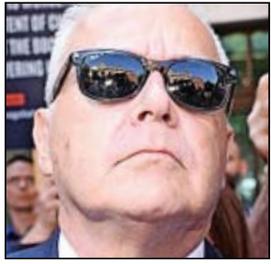
Text DSTAR with your question and name to 63333. Cost 50p + network rate

ANSWERS:

(1) Joey Tribbiani; (2) Kyle Walker; (3) Michael Jackson; (4) A bad penny; (5) Four.



SO NEAR: But not this time



SCANDAL: Edwards

'Career worries' for Huw

HUW Edwards admitted he was nervous about his career being ruined just 11 days before the story about his photo scandal broke.

The newsmen, 62, made the confession to the Daily Star at a London awards ceremony in June 2023.

Soon afterwards he was accused of paying a teenager to send him sexually explicit photos.

And, last week he pleaded guilty to making indecent images of children in a separate case.

In the 2023 interview, Edwards said he was scared to use social media over fears it would damage his reputation.

He told us: "I have to be careful about what I say.

"I can't be in a position where I'm straying into something political.

"So I do far less on social media than I used to do. I don't go on social media unless I'm careful.

"People are always on the lookout to make trouble and BBC presenters are right in the firing line."

FACT OF

THE word for the colour orange didn't appear in English until after the fruit was imported into Britain in the Middle Ages.

THE DAY

RFK Jr: I buried NY bear

US Presidential candidate Robert F Kennedy Jr has admitted dumping a dead bear cub in Manhattan.

The incident baffled New Yorkers 10 years ago.

Kennedy said a woman killed the bear with her car when he was driving behind her outside the city.

He put it in his van with the intention of eating it. But after a late dinner he had to go to the airport and did not want it left behind.

Kennedy, 70, added: "I had an old bike in my car. I said, 'Let's go put the bear in Central Park, and we'll make it look like he got hit by a bike.' He then laughed, adding it would be "amusing" for whoever found it.

ROD'S PROD AT ORANGE TRUMP

Cate on double

★ CATE Blanchett rocks a double denim look as she promotes her new film *Borderlands*.

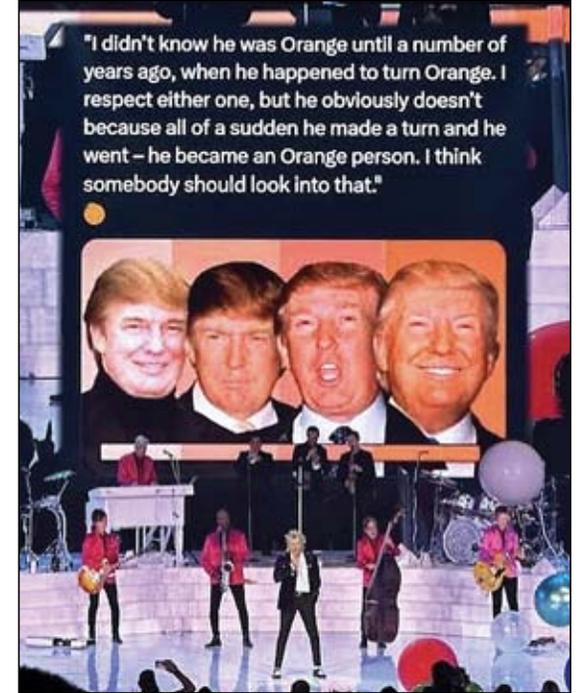
The Aussie actress was snapped before appearing on US telly to plug the movie.

★ Cate, 55, used a gold-trimmed heart as a buckle to separate the denim-on-denim type outfit.

An onlooker said: "Only a style icon like Cate could pull off such a bold fashion statement."



Pictures: GC IMAGES



TRUMP CARD: Rod the mocker's projection

Rock 'n' droll star Stewart enrages Tango man's fans

by AARON TINNEY

SIR Rod Stewart has angered Donald Trump supporters by mocking the orange manbaby for his Tango complexion.

The Do Ya Think I'm Sexy rocker, 79, used a Las Vegas performance to pour scorn on Trump.

He hit out after the 78-year-old presidential hopeful criticised his White House rival Kamala Harris for "all of a sudden" turning "black".

Rod, who has often been seen with his own glowing tan, stopped a gig in Sin City to put up a giant projection behind him on stage with four different pictures of Trump.

It showed how the MAGA loudmouth's complexion had gone from pasty white to tangerine.

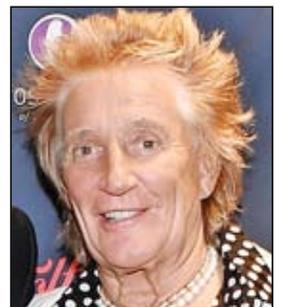
Rod referenced Trump's Kamala outburst on the huge caption he plastered on top of the image.

Trump falsely claimed Kamala, 59, the first black woman and Asian American to serve as vice president in the US, had previously only promoted her Indian heritage.

He has yet to comment on Rod's mockery but Trump supporters told Rod to "shut up".

The Star Says: Page 6

news@dailystar.co.uk



GIG GAG: Stewart



HERITAGE: Kamala



Eau de pawfam

A LUXURY perfume for dogs is on sale.

Makers Dolce And Gabbana call the scent, Fefe, which retails at £85, a "masterpiece".

But animal welfare expert Fabian Rivers described it as a waste of money.

GULL-DENEYE



STARE: Psycho

■ by ANDREW JAMESON
A BOFFIN claims you should "stand against a wall like James Bond" to stop seagulls stealing chips.

Expert in animal behaviour Paul Graham says pointing at the feathered menaces and making eye contact with them can scare them off.

But he says doing the

'Chip thieves' put off by 007 stance

fictional 007 spy's stance will prevent the birds dive-bombing.

He said: "Nobody has their chips stolen twice, it

is a tax you pay as a tourist when you arrive at a sea-side town.

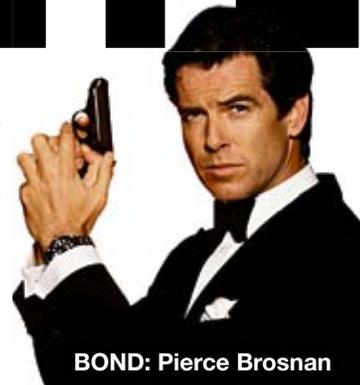
"You get caught once and then you find a place

to stand with your back against a wall that stops the gull from having a line of attack for your chips.

"Animals that steal are aware of the attention of the individual they are trying to steal from.

"Just simply staring at that bird and pointing at it will stop it from coming towards you."

andrew.jameson@dailystar.co.uk



BOND: Pierce Brosnan

We've designed a new logo especially for our customers

Specsavers



Picture: GRAHAM HUNT/BNPS

Vanilla thriller dive bomber..

A PSYCHO seagull swoops to take a bite out of a shocked tourist's ice cream.

The man was strolling on the seafront with his wife, having just bought the £3 treat, when the peckish bird pounced.

As he went to take a lick, the gull clamped its beak around the

■ by JAMES CAVEN

ice cream. The robbery happened in Lyme Regis, Dorset, where seagulls frequently dive-bomb tourists.

A young Swedish girl needed hospital treatment, including a tetanus jab, after a gull bit her while pinching her croissant.

TORTOISE ESCAPE ACT

A GIANT runaway tortoise was discovered half a mile from its home.

Samantha Dickson was out with her kids when she came across 19-year-old Rosie, right.

The 34-year-old took to



Facebook to locate the pet's family in Alsager, Cheshire.

Samantha said: "The

owner came to collect her.

"Apparently they are known for escaping. She'd never escaped before but she's always trying."



SEARCH: For gold

Copter hunt for treasure

AN air search for signs of buried precious minerals starts in the UK today.

A gold exploration company will use a helicopter to carry out a week-long aerial examination 150m above the ground in the hope of striking it rich.

Several mining companies have been interested in what lies hidden beneath the surface in Argyll and Bute.

Western Gold Exploration is continuing the quest to search potential sites of interest, using the aerial geophysical survey to look at large areas of rock concealed beneath soil and discover what they are made of.

WORD OF

TANGO: A dance, a bright orange fizzy drink, the letter T in the international alphabet... or the chosen skin colour of a mad manbaby.

THE DAY



PAINFUL: Headache

Mental strain is a drain

IT really does hurt to think sometimes, according to research.

Boffins say in many situations mental exertion appears to be associated with unpleasant feelings.

Prof Erik Bijleveld, of Radboud University in The Netherlands, said: "Managers encourage employees, and teachers often encourage students, to exert mental effort.

"On the surface, this seems to work well - employees and students do often opt for mentally challenging activities.

"But our results suggest this conclusion would be false. In general, people really dislike mental effort."



Pictures: NORTH NEWS & PICS/GETTY

Sweeping away hate



MORE volunteers take to the streets to clean up the mess left by far-right race riots.

Neighbours armed with brooms, shovels and bin bags swept up the debris after hate mobs caused

mayhem - this time in Middlesbrough.

One helper in the town stopped to hug local Ditu Barua, originally from Bangladesh, whose window was smashed by thugs.

Another clean-up was carried out at the Holiday Inn Express in Rotherham.

There has been damage across the UK after protests turned to violence in the wake of the Southport stabbings last month.

No-go Britain

FOREIGN VISITORS TOLD UK IS 'RISKY'

FOREIGN visitors are being warned by their governments to steer clear of parts of Britain because of the widespread disorder.

Several countries have updated their risk advice for the UK, with Malaysia being the first to issue advice.

The country urged its people travelling here to "stay away from protest areas, remain vigilant and follow the latest updates and guidance provided by local authorities".

Canada has also raised the risk level of the UK due to a "threat of terrorism", warning further attacks

by WILL STONE

are "likely". Australia updated its advice to say travellers should "exercise a high degree of caution in the UK due to the threat of terrorism".

The warnings come after a weekend of violent riots that saw police injured and hotels housing asylum seekers in Rotherham and Tamworth attacked.

South Yorkshire mayor Oliver Coppard labelled the rioters a "violent far-right mob".

He added: "What we're seeing is not protest, it is brutal thuggery directed against some of the most vulnerable people in society."

will.stone@dailystar.co.uk



STARMER 'COP ARMY' SET UP

A "STANDING army" of specialist police officers is being assembled to crack down on rioting.

The Prime Minister made the announcement as he called for perpetrators to be named and shamed.

Sir Keir Starmer vowed to "ramp up criminal justice". So far, almost 400 people have been arrested and many charged since the violence broke out on Tuesday.



RIOTING YOBS 'TO PAY PRICE'

FAR-right mobs have been warned by the Home Secretary there "will be a reckoning" following a weekend of carnage across the country.

Yvette Cooper, left, condemned the "disgraceful scenes of violence and thuggery" which saw shops looted, rioting and buildings torched by mobs. She said: "We should be clear... those criminals will pay the price."



STACEY: Page

Jo 'lips sealed' on plot

GAVIN & Stacey star Joanna Page is "terrified" after finally getting the top secret script for the show's Christmas special.

The chatterbox actress, who plays Stacey, fears she will give the plot away.

Writers Ruth Jones and James Corden revealed the storyline for the show's final episode to Page.

Joanna, 47, said: "I'm so terrified - it was fine at first, before we got the script, because I could be asked stuff and I'd be like: 'Well, I genuinely don't know'.

"Now I know, I am so frightened in anything I say that it's sort of best to just not say anything at all."

The last episode in 2019 ended on a cliffhanger when Nessa, played by Jones, proposed to Smithy, played by Corden.

Asked about it, Joanna added: "My lips are sealed."



ROUGH RIDE: McClure

Vicky in family's shocker

VICKY McClure was moved to tears hearing what her great-grandfather Harry Millership endured in a Japanese prisoner of war camp in Taiwan.

The Line Of Duty star, 41, solves not one but two family mysteries in the new BBC series of Who Do You Think You Are?

And she is horrified to hear how harshly her mum Carol's grandad was treated after being taken prisoner in Singapore along with 130,000 others in 1942.

The actress describes the episode, which takes her around the country and also on a 17-hour flight to the far side of Asia, as an "incredible, disturbing, life-changing experience".

She added: "It's so much to take in but I feel terrible because he was alone and he didn't make it home."

'Soothing' Irish accents

can go on, go on, go on

■ PRAISE BE: Dublin-born actress Eve Hewson. Right, Father Ted cast including "ah go one" catchphrase character Mrs Doyle



TED TALK BY DUBLINERS IS SEXY WINNER

■ by AARON TINNEY

DUBLINERS like Father Ted have the sexiest accent in the UK and Ireland, a new study of love-seekers found.

The Irish capital's brogue - sported by late actor Dermot Morgan in the classic Channel 4 sitcom - is officially the most desirable as it's considered soothing and seductive.

Cockneys like Danny Dyer were ranked the second-biggest turn-on, followed by the Welsh accent like Sex Bomb singer Tom Jones.

It was bad news for Glaswegians, like Rab C. Nesbitt and Brummies like Jude Bellingham as they were ranked the worst.

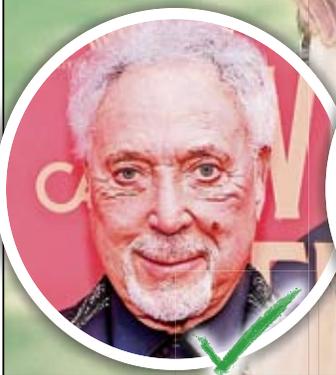
The singletons survey was commissioned ahead of the launch of new Netflix show Love Is Blind UK.

Its co-host Emma Willis, 48, said: "As a born and bred Brummie, I'm gutted to hear that people think the friendly tones of the West Midlands is the least attractive accent - it's my absolute favourite!"

"It is really interesting though to see how accents make a huge difference to the laws of attraction."

news@dailystar.co.uk

Picture: KEVIN MAZUR/MG24/GETTY





ANOTHER GLORIOUS DAY

Call for medals money

TEAM GB athletes want to be paid a bonus for winning Olympic medals.

The GB Rowing Team says it hopes to pay cash rewards in future via sponsors.

The eight rowing medals at Paris, including three golds, is the third best result in Olympic history.

UK Sport, the government agency that distributes National Lottery money to elite athletes, does not currently pay bonuses to medal winners.

Team USA pays gold medallists £30,000, and France pays £70,000.

'Holly's a food hero...'

ADAM Peaty has revealed girlfriend Holly Ramsay channelled celebrity chef dad Gordon by cooking for Team GB's swimmers.

Peaty, 29, who narrowly missed out on a gold medal in Paris, said Holly had been inviting the swimmers round and cooking "team breakfasts".

He told radio host Mark Wright she had played an important role behind the scenes.

An enthusiastic Peaty added: "She's been absolutely just so, so brilliant and part of these performances."

Finally going for gold

FORMER runner Lashinda Demus is set to finally receive her 2012 gold medal after her rival was disqualified for doping.

The US star took silver in the 400m hurdles but in 2020 the Athletics Integrity Unit charged Russian winner Natalya Antyukh with doping offenses.

The International Olympic Committee will now stage a medal ceremony at the foot of the Eiffel Tower on Friday.

Demus said it will be a "dream come true" to receive her gold medal with rightful silver and bronze medallists Zuzana Hejnová and Kaliese Spencer.



IT'S TEARS AND JOY.

KEELY Hodgkinson collapsed in tears after being crowned Britain's Olympic golden girl last night.

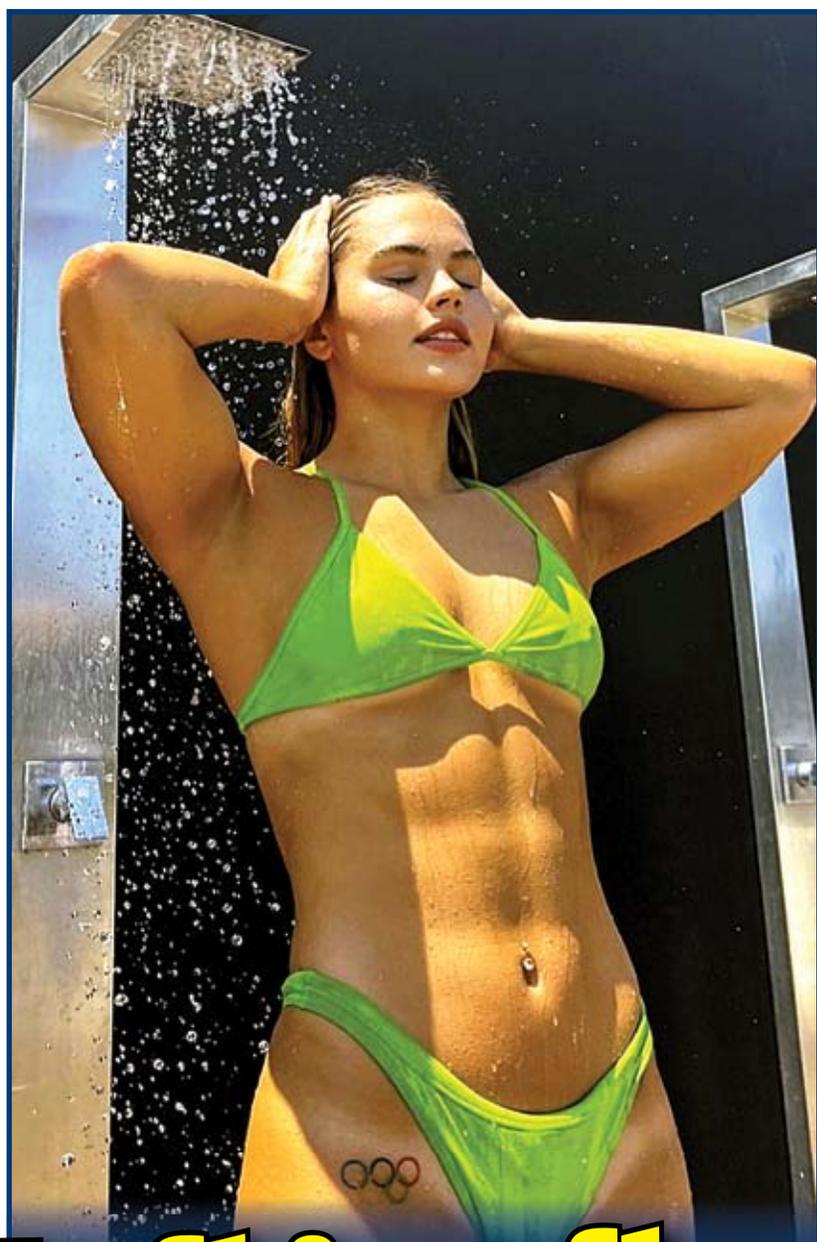
The 22-year-old blonde stormed to gold in the women's 800 metres in Paris with a dominant run from the front.

After crossing the winning line she broke down sobbing – then sported into an enormous grin as she clutched a Union Jack and set off on a victory lap of the Stade de France.

Sophie Capewell, Katy Marchant and Emma Finucane, left, set a new world record in the Women's Team Sprint at the National Velodrome.



WINNER: Keely Hodgkinson



Left in a flap

★ BUTTERFLY swimmer Luana Alonso has been accused of "creating an inappropriate atmosphere" and kicked out of the Olympic village.

The Paraguayan, who posted a pic of herself in the shower on Instagram, came sixth in the 100m butterfly before announcing her shock retirement at age 20.

★ Team Paraguay have now asked her to leave the Olympic village saying she had created "an inappropriate atmosphere", although the exact incident wasn't confirmed.



BECKY'S FRIGHTY MOUSE

Olympic legend lets out a squeak at hotel of horrors

by JERRY LAWTON in Paris

PARIS 2024 is fast turning into the Olym-pest Games – after swimming legend Rebecca Adlington was startled by a mouse.

The 2008 double Olympic champion – who is in France covering the action for the BBC – was horrified when she opened the bin in her hotel apartment and the furry fiend leapt out on to her hand.

Posting a video of the drama on Instagram, Rebecca, 35, said: "Oh my God. I'm in my apartment and a mouse jumped out of the bin, landed on my hand, jumped on to the floor and has gone inside the kitchen cupboard."

"I phone reception. He is so chilled. He is like, 'Yeah, can I phone you back in 15 minutes?' No. This mouse is in my room and I'm like freaked out."

"The hotel have kindly moved my room. So at least I can try and sleep."

It is not the only pest to turn up at the Games in Paris.

We revealed last week how storms which hit the opening ceremony had driven the capital's six million rats from the sewers on to the streets, scaring visitors and poisoning the River Seine with their urine.

The men's triathlon was postponed after water tests showed pollution levels were too high for the swimming leg to take place.

A Belgian who took part in the wom-



A mouse jumped out of the bin.

TRAUMATISED: Adlington's post en's has since been hospitalised after being infected with E. Coli.

That came after pest control experts launched a pre-Olympic fumigation campaign to rid city hotels of bedbugs which had rocketed to record numbers, while fans have also complained of finding colonies of ants in their rooms.

WILL: '00s A CHALLENGE

WILL Young had plenty to get off his chest as he addressed the challenges of being a gay male pop star in the noughties.

The singer struggled to find his place in the pecking order compared to straight peers like **Robbie Williams**.

Will pondered: "I was aware of the limitations and so I quite enjoyed just playing with it."

"If you're Robbie with your top off, you're virile,

strong, sexual. If you've got your top off as a gay man, you're camp and you're flouncing."

On **Rylan's How To Be In The Spotlight** podcast, Will also revisited the palaver over his 2009 video for *Let It Go*.

He added: "There's one point I'm dancing with a male mannequin and the record company wanted to cut that out - too gay!"

Will's new LP *Light It Up* is out Friday.



WIRED
HOLLY Humberstone will support **Taylor Swift** at **Wembley Stadium** on **August 16**. The rising star, who joins **Paramore** on the bill, said: "The hardest secret I've ever had to keep. I can't f***ing wait!"

WIRED
YOU can count on **Lil Silva** and **Shy One** to get the party started at **Notting Hill Carnival** on **August 25**. They'll headline the new **Red Bull Selector** stage and celebrate the sounds of **Caribbean music**.

WORLD

WORLD



Not Fair to say I am nepo baby

IF you want Lily Allen to throw her toys out the pram, keep calling her a "nepo baby".

The *Not Fair* singer, 39, finds it annoying when naysayers claim she only made it because of her parents, actor **Keith Allen** and film producer **Alison**.

Lily, married to thesp **David Harbour**, said: "People still call me a nepo baby, and attribute all of my success either to dad, or now my husband."

"You know, 'She wouldn't be anywhere without her dad, or without her husband, silly, stupid, little girl.' It's very infantilising. Nepo baby? I'm nearly 40, can we stop!"

The chart-topper, who has three UK no.1 singles to her name, also spoke of her regret at not finishing school.

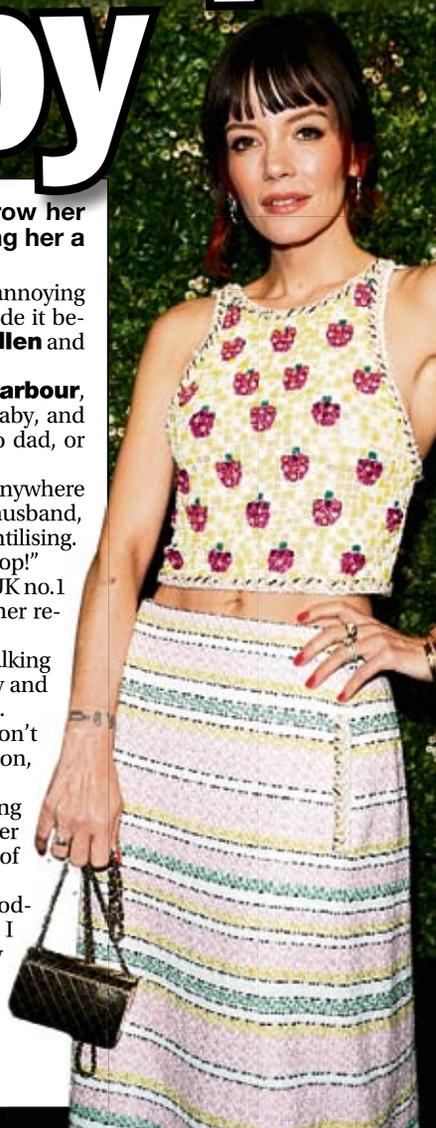
She added: "When people start talking about where they went to university and stuff, I do go into a self-hatred spiral."

"I left school when I was 15. I don't have one GCSE, not one qualification, and I am ashamed of it."

Lily noted that her lack of schooling prevented her from exploring a career outside of music after the stillbirth of son **George** in 2010.

Opening up on her *Miss Me?* podcast, she said: "After **George** died, I really wanted to go into midwifery or obstetrics."

"But because I didn't have any diplomas, GCSEs, or A-levels, it seemed too difficult, too much. I was too lazy, and too embarrassed."



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WITH racing league

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THURSDAY AUG 29, 2024

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Terms and Conditions: 1. Offer is open until all tickets are redeemed or until midnight on Thursday, August 22, 2024; whichever occurs first. 2. This is a syndicated offer across the Daily Star and dailystar.co.uk, Chronicle, Journal and chroniclive.co.uk and the Nottingham Post and Nottinghamshire Live. 3. Tickets are limited for each event, subject to availability and offered on a first come first served basis. 4. Limited to one pair of tickets per customer for one event only. 5. Redemption must be made for the event you choose via the link provided above. A valid email address is required to redeem these tickets. 6. Proof of identity will be required at the racecourse alongside the e-ticket provided. Tickets not for resale and have no cash value. 7. There is the option to subscribe to newsletters, this is not mandatory and your information will not be used for marketing purposes. 7. For full terms and conditions, please see URL cited in the How to Claim section.

★ **ALL** is good and well as **Zac Efron** did some bicep curls after being whisked to hospital on holiday. Things didn't go swimmingly for the *Baywatch* actor when he was involved in a "minor" incident involving the pool at his villa in Ibiza.

★ However, beefcake Zac assured concerned fans that he was doing just fine by posting pics of himself pumped-up and enjoying a workout. "Happy and healthy. Thanks for the well wishes," he wrote, setting the benchmark for recovery rates.

JAMES CABOOTER'S

IRELAND

with TOM STICHBURY



Tom's Perfect

BLOSSOMS almost **Ogden** said: "We nipped their latest tune **Perfect Me** in the bud - because, well, they didn't think it was perfect. Bandmate **Myles Kellock** added: "I thought there was a generic element to it... then I actually listened to the lyrics and was like, I get it."

The indie-rockers, from Stockport, spilled that the track, from forthcoming LP **Gary**, was a late bloomer. Frontman **Tom**

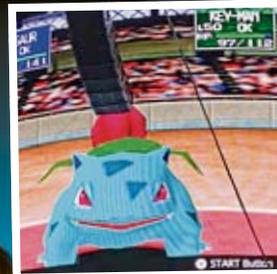


TINASHE'S A SPLASHIE..

AND the winner of the wet T-shirt contest is... **Tinashe!**

The American singer might need to brush up on her bathroom etiquette as she drank directly from the shower head fitting. Tinashe must have been really thirsty - and the water went everywhere, soaking her tee featuring the "match my freak" lyrics from her smash song **Nasty Girl**.

She'll soon make even more of a splash with LP **Quantum Baby**, out August 16, the follow-up to last year's **BB/Ang31**.



Ed not Pik-y

POKÉMON super-fan **Ed Sheeran** doubts he would have had his, ahem, **Pikachu** of women if he hadn't gotten into singing.

Taking a break from his tour, the megastar posted a clip of himself playing the video game on a giant screen inside an empty stadium.

Happily-married Sheeran, who shares daughters **Lyra** and **Jupiter** with wife **Cherry**, quips: "If I wasn't a musician, I'd be a virgin."

It's fair to say that fame hasn't gone to his Ed!



BIRTHDAY girl **Charli XCX** celebrated turning 32 in style - she was joined by a Brat-pack of her pals. The Brit singer partied with **Lorde**, **Billie Eilish**, **Rosalia** and actress **Anya Taylor-Joy** at the wild bash.

Lorde only took a handful of photos, notably a sweet mirror selfie of

herself, **Charli** and Swedish star **Tove Lo**. Footage from the shindig also shows **Lorde** and **Chaz** dancing along to their **Girl, So Confusing** remix, which charts the ups and downs of their complicated friendship.

We're glad they're no longer confused about where they stand with each other.

It's lucky 13 for Tay's LP

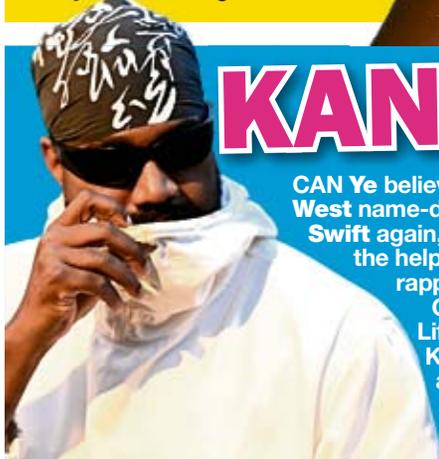
TAYLOR Swift's album **The Tortured Poets Department** has spent a 13th non-consecutive week at no.1 - an extra-special accolade given 13 is the superstar's favourite number.

Turns out the doomsday digit is, in fact, lucky for some as the record returned to the summit of the **Billboard 200**.

TayTay's latest LP - released in April - spent its first 12 weeks atop the US chart before being unseated by **Eminem's** **The Death of Slim Shady (Coup de Grace)**.

The last offering to spend at least 13 weeks in peak position was country fave **Morgan Wallen's** **One Thing At A Time**.

KAN GIVES KEL HELL



CAN Ye believe it... **Kanye West** name-dropped **Taylor Swift** again, this time with the help of fellow rapper **Lil Wayne**.

On the song **Lifestyle**, from Kanye's surprise album **Vultures 2**, reference is made to

Swift's relationship with a certain US football star. "I twist my Taylor spliffs tight at the end like **Travis Kelce**," Wayne raps, a nod to Kelce's playing position as a tight end for the **Kansas City Chiefs**.

Of course, it's not the first time Ye's taken a pot shot at Swift - their feud ramped up

when he dropped 2016's **Famous**, featuring the line: "I made that b*tch famous."

Kanye's LP, a collab with **Ty Dolla \$ign**, is currently winging its way into the UK's top 10, according to the **Official Charts Company**.





M-WAY EXIT: Mum Izzy with a healthy Aura

I GAVE BIRTH ON M2

Aura pops out on the hard shoulder

by AMY REAST
A MUM gave birth on the hard shoulder of the M2 – forcing her partner to tie the umbilical cord with his shoelace.

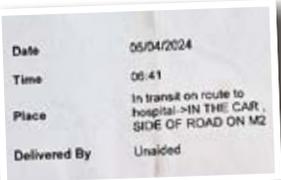
Izzy Farrell had a 22-hour labour with her first born so when she began to get cramps second time round she thought there was no rush.

But when the cramps got stronger she and partner Christian Guthrie swiftly headed down the M2. Christian was forced to pull over on to the hard shoulder and only just managed to scramble out of the car fast enough to grab newborn Aura.

The call handler told Christian to tie the umbilical cord with his shoelace as it had split.

Izzy, 34, said: "There was nowhere else to stop. I could see the head crowning, so we had no choice."

The mum, of Whitstable, Kent, said: "I gave birth as a punk band played on the car radio but could barely



hear it over my screams as I pushed.

"It's not what we planned but we got a happy, healthy baby at the end."

news@dailystar.co.uk



SCRAMBLE: Christian was just in time to catch the baby

Pictures: ISOBEL FARRELL/SWNS





TEAM GB





ALDI

OFFICIAL SUPERMARKET



Pictures: PA



Banksy new tall story

★ A NEW Banksy has appeared showing a goat balancing precariously on a tall, thin wall.

It appears to be moments from falling, with rocks tumbling down.

★ Soon after the artwork appeared near Kew Bridge in west London, Banksy confirmed it was his on Instagram.

Art teacher and fan Amber Doffman, 26, said: "I think it's to do with the environment and how we've ruined it to the point that animals don't know where to go any more."



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2 pints & a full English please!



COOKING UP A STORM: Fry-up and a bevvie BREKKIE BEER HITS MARKET

BREWERS have created the "perfect" breakfast beer to kick off their sunshine holidays.

The millions of holidaymakers who love drinking before flights have been told the 3.4% tipples Breakfas7 Brew is a dream combination with a full English.

Brewer Seven Bro7hers created the low-alcohol beer along with package break firm On The Beach after a survey found 86% of Brits said a tipples to go with a fry-up was at the top of their holiday wishlist.

Zoe Harris, of On The Beach, said about its launch: "Whether it's 3am, 6am or 5pm, we all know that having a pre-holiday beer is a true British tradition."

"So we decided to work with a local brewery and create the ultimate breakfast beer - the first of your holidays that matches perfectly with brekkie."

The Breakfas7 Brew's fla-

■ **by AARON TINNEY**
vours are said to blend perfectly with bacon, sausage and egg.

Its makers say it has "notes of citrus" to "marry with your morning orange juice and brekkie for a refreshing, wavy taste."

The Star Says: Page 6

news@dailystar.co.uk

Festive cheer over bookings

PUBS and restaurants are already getting booked up for Christmas - more than four months before the big day.

Early festive reservations are up by 54% compared to last year, new data shows, bringing good tidings to struggling eateries and boozers.

Christmas Day accounts for more than half of bookings, according to hospitality tech firm Zonal.



FOSSIL HUNTER DINOSAUR DEAL

AN amateur fossil hunter who discovered a dinosaur is selling it for £15,000.

Mark Linne, a 39-year-old IT worker from Exeter, found the 195million-year-old ichthyosaur during a stroll on a beach in West Dorset.

Chris Surfleet, of Adam Partridge Auctioneers in Devon, said: "To find a 95% complete fossil is very rare."



AMAZING: Mark Linne with his fossil

Tears roll on the job

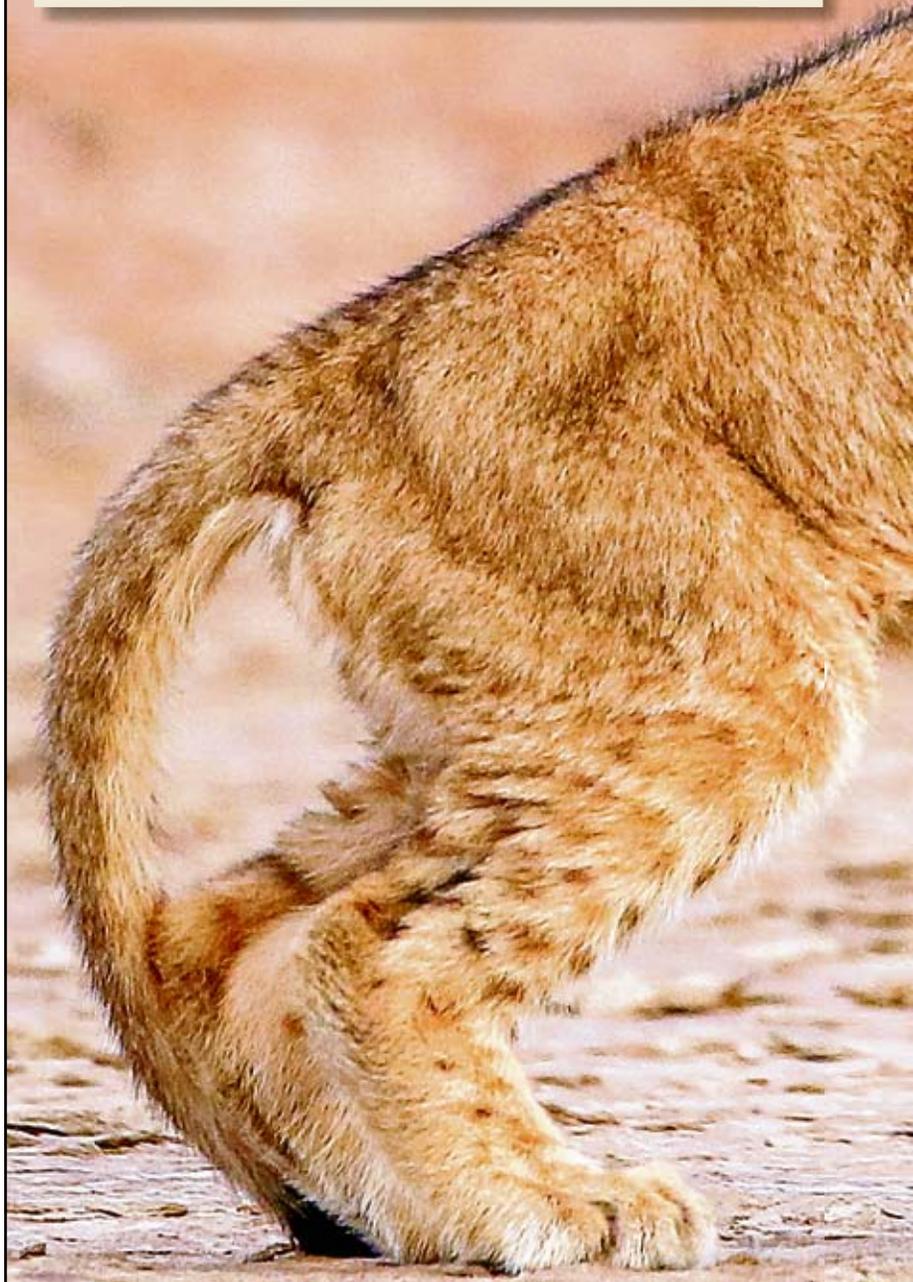
STRESS and personal issues are making us cry at work, a study has found.

A third weep at work, twice as many women as men, research by Vision Direct revealed.

Bird sound is off track

TRAIN bosses are using bird sounds to help customers go to the loo.

But some say the tweeting and squawking is "putting them off" at London's Liverpool Street Station.



Showing off family duels

★ TWO young lions show their sibling rivalry as they get stuck into a play-fight. South African John Mullineux, 40, took the stunning pics in the Kalahari Desert and said: "The cubs from the same litter spent a time practising hunting tech-

■ by WILL STONE niques, including pouncing and pulling the other to the ground. ★ "After a while, the one cub stopped wanting to play but was forced into it by another attack. Cubs are kittens and kittens like to play."

Reader Offer in partnership with **Yimbly.com**

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Pictures: JOHN MULLINEUX/SOLENT NEWS



Summer sales on the rise

THE late arrival of summer and people buying clothes and beauty products for their holidays returned retail sales to growth.

Total retail sales increased by 0.5% year-on-year in July, although this was relatively subdued against 2023's 1.5% growth, according to the British Retail Consortium.

BRC chief executive Helen Dickinson said: "The late arrival of British sunshine led to a better month as shoppers prepared for days out with friends and holidays away."

Picture: IOW COUNTY PRESS/SOLENT



MUM'S BLIND PANIC



FRIGHT: Janine with son James and husband David

MUM Janine Watson got the fright of her life when she found an exotic snake in her blinds. She called for help but the 2ft intruder was identified as a harmless corn snake, belonging to a house up the road in Ryde, Isle of Wight.



TANGY: Worcestershire sauce on cheesy toast

Splash craving of Brits abroad

by ANDREW JAMESON
WORCESTERSHIRE sauce is one of the most craved-after foods for Brits living abroad.

The Lea & Perrins condiment was only beaten by traditional scones, a study found.

Other much-missed staples include Yorkshire puddings, Marmite and crumpets, choccie digestives, fish fingers and Bakewell tart.

Marmalade, Scotch eggs and Bovril also leave expats pining for home.

There are nearly 300,000 Google searches for the tangy sauce each month, according to nicotine alternative firm Alternix.

The study was carried out across 25 countries and the sauce beat scones as the most searched-for foodstuff in the Philippines and United Arab Emirates, which both have large expat populations.

Alternix said: "There are some British staples that people clearly can't live without, with popular cravings including scones, Worcestershire sauce and Yorkshire puddings."

Other typically British foods missed while on foreign soil include Im Bru pop, Jaffa Cakes and a full English breakfast.

andrew.jameson@dailystar.co.uk



MISSED: Scones & pud



TOP 20 TREATS

- | | |
|------------------------|------------------------|
| 1 Scone | • 11 Bovril |
| 2 Worcestershire sauce | • 12 Creme Egg |
| 3 Yorkshire puddings | • 13 Pimm's |
| 4 Marmite | • 14 English breakfast |
| 5 Crumpets | • 15 Sausage roll |
| 6 Chocolate digestives | • 16 Jaffa Cakes |
| 7 Fish fingers | • 17 Irn Bru |
| 8 Bakewell tart | • 18 Hobnobs |
| 9 Marmalade | • 19 Branston Pickle |
| 10 Scotch egg | • 20 HP Sauce |

Time is called

AN alcohol-free bar is shutting after less than a year. Manchester's Love From said the country needs a "mind-set change" on its approach to drinking.

The bar's owner, Karl Considine, 39, said the "financial situation" and the "wildly competitive" bar sector meant it was time to call time, adding "So many people have been shocked. So many people have been like 'Oh but everyone's alcohol-free now.'"

WHAT'S UP?

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Disney plus for big fan

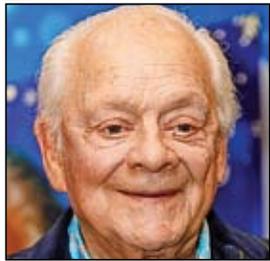
A DISNEY superfan has spent £10,000 collecting merchandise - including 700 cuddly toys.

Ronni Carter, 19, has collected thousands of items after asking for anything Disney-related every birthday and Christmas.

The fan from Greenwich, south-east London, said: "I love to display all my Disney items in my bedroom and I move them around regularly."

"I have to store some in a cabin in the garden. I have no idea what will happen when I run out of space."

DAILY STAR TOPS FOR TELLY **DAILY STAR** TOPS FOR TELLY



CHEQUES: Sir David

Del Boy 'repeat' fortune

SIR David Jason will be picking up "nice little earners" from repeats of *Only Fools And Horses*.

Former cast member Geoff Leesley has revealed he still gets "generous" pay for his single episode.

Geoff played a policeman in a classic 1985 episode which sees Jason's Del Boy wreck his brother Rodney's dreams of pop stardom.

The actor, 75, said: "I've earned a fortune over the years, you know, having just done one episode and suddenly I'll get a nice repeat cheque for something because it's been shown again somewhere."

"David must be earning a fortune what with the number of times it's been repeated and also Frost and things like that."



FESTIVAL: Bowman

Glusto blasto at BBC

TV HOST Edith Bowman has questioned whether the BBC's money should go on showing us "another headline set of Coldplay" at Glastonbury.

DJ and presenter Bowman, who previously fronted the Beeb's festival coverage, thinks it should spend money elsewhere.

She said the BBC shouldn't put all its eggs in one basket and show smaller concerts.

Speaking on the podcast *Beyond The Title*, Bowman said: "I love Coldplay, but it's like, do I need to watch another headline set of Coldplay?"

"I just wish the BBC would spread their money more out throughout the year to, I mean, do some shows from little venues."



OUT OF SIGHT: Chris. Above, Luba and Dianne are back on show. Below, JB

Chris: I'll be Strictly dancing in the dark



BOLD STEPS: Comic

CHRIS McCausland has admitted he is nervous about being Strictly's first blind contestant.

The comedian, who lost his sight aged 22, is worried that his attempts to dance on live TV will end in disaster.

Chris, 47, joked: "If anybody out there is thinking, 'How the hell is he going to do that?' then rest assured that I am thinking exactly the same thing! I don't

by ED GLEAVE

dance, I haven't danced, I can't dance, I can't see the dancing I will have to do.

"What can possibly go wrong? OK, don't answer that!"

Chris now has weeks to prepare for his first routine, but he is still nervous.

He added: "I don't know what I'm getting myself into."

"I've never watched it, obviously. It's just some music."

Singer JB Gill, 37, of JLS has also confirmed he will be a contestant on the series, which will kick off next month on BBC One.

The star, who has his own farm, signed up more than a decade after competing on a *Strictly Christmas* show.

He said: "I'm raring to go and looking forward to showing off some new skills to the JLS boys."

"From muddy wellies on the fields of my farm to sequins

and glitter balls, I'm here to embrace it all!"

It has not been announced which of the pro dancers, who include Luba Mushtuk and Dianne Buswell, they will be partnered with.

Other stars rumoured to be taking part include ex-footballer Paul Merson, DIY SOS presenter Nick Knowles and *The X Factor* winner Shayne Ward.

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Gen Z blokes leading chase for 'cougars'

AGE GAP ROLES REVERSED

by DAVID O'DORNAN

IN relationships between older women and younger men, it's the blokes doing the chasing these days.

More and more Gen Z fellas are pursuing women 10 years their senior or more, an expert says.

Professor Treena Orchard argues we need to reconsider calling women cougars - a term given to older women seeking out younger men.

The boffness argues that roles are now often reversed with blokes "pursuing" older women.

Ms Orchard, a professor at Western University in Canada, quoted an Ipsos poll which found many US



YOUNGER AND BOLDER: The Graduate and A Family Affair

adults have dated someone with an age difference of more than 10 years.

She said: "We need to rethink stereotypes... particularly when it's the younger men doing the pursuing."

"More than 50 years after The

Graduate, a film where Mrs Robinson, an older woman, propositions a young man, Netflix's A Family Affair, with Nicole Kidman and Zac Efron, repurposed the same age gap."

news@dailystar.co.uk

We can see your Andes

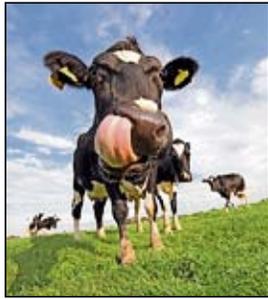
★ A CLOWN tree frog tries to hide behind a leaf - but its beady eyes and shiny "hands" give the game away.

Guy Edwards, of Dorchester, Dorset, took the snap in the Andes, Ecuador.

★ The 60-year-old said: "We only spotted two the entire trip. They are much rarer than the other frogs in the forests."

Pictures: GUY EDWARDS/ANIMAL NEWS AGENCY





STINKERS: Herd

Pills can help cut cow gas

COWS could be given pills to stop their climate-destroying burps and farts.

The tablets would be 60 times cheaper than other efforts to cut greenhouse gas emissions, experts say.

A new study has claimed the pills that reduce methane from dairy herds could bring down emissions by around 30%.

The Green Alliance also said the cost would only add half a penny to a pint of milk and should be backed in new eco-farming subsidies.

Senior policy analyst Liam Hardy added: "We urgently need to cut methane emissions."

"Methane suppressants are a simple, cheap solution."



Can you guess the year from these five clues?

1. Bond movie *You Only Live Twice*, starring Sean Connery as 007, opens in cinemas.
2. The Beatles release the songs *Penny Lane* and *Strawberry Fields Forever*.
3. Colour TV begins broadcasting in the UK, but only on BBC2.
4. The Grand National is won by a 100-1 outsider, Foinavon.
5. In the US singer Elvis Presley marries Priscilla Beaulieu in Las Vegas.

No Googling! Answer in tomorrow's paper. Yesterday's year: 1973

Stabbing at festival

A MAN is in a "critical condition" in hospital following a stabbing at a festival.

He was attacked at the Reggae Land event in Milton Keynes, Bucks, at 8.50pm on Sunday.

Thames Valley Police believe the incident was a targeted attack and say there was no risk to anyone else.

Alert lad, 12 a lifesaver

A QUICK-thinking boy has been acclaimed for saving an elderly neighbour's life.

Seth Ball, 12, heard beeping coming from next door in Denton, Greater Manchester.

by JAMES CAVEN

He alerted his parents, who could not hear anything, and he insisted they phone 999.

Firefighters found a 94-year-old woman unconscious in her

kitchen after a fire broke out and filled it with smoke.

Seth was presented with a commendation medal from the Greater Manchester Fire and Rescue Service.



Picture: JASON ROBERTS/MANCHESTER EVENING NEWS

VLAD DRONES SPY ON BRITISH BASES

Army fears 'eye in sky' Russian spooks



SECRETS: Putin

UK defence chiefs fear Russian spooks could be using drones to spy on our military bases.

Army soldiers have been warned that Soviet spies are desperate to obtain information about Ukrainian troops.

A guide has been given to British troops alerting them to Russian intelligence services

by DAVID O'DORNAN

seeking details of Operation Interflex, the codename for the training of 34,000 Ukraine recruits.

The Field Army Threat Handbook details for the first time attempts by Moscow to infiltrate British military support for Ukraine.

It stated: "RIS [Russian intelligence services] routinely employs

a range of physical reconnaissance and technical capabilities.

"TTPS [tactics, techniques and procedures] include the use of remotely piloted aircraft systems."

The Army has used sites right across the UK to train Ukrainian troops, including Salisbury Plain, Dorset, Kent, Devon, East Anglia and the Scottish Highlands.

Germany has already admitted

that Ukrainian soldiers were monitored by unidentified drones while undergoing training.

A Ministry of Defence spokesperson said: "This government takes the security of our military establishments very seriously."

"There are a range of robust measures to protect our people and sites."

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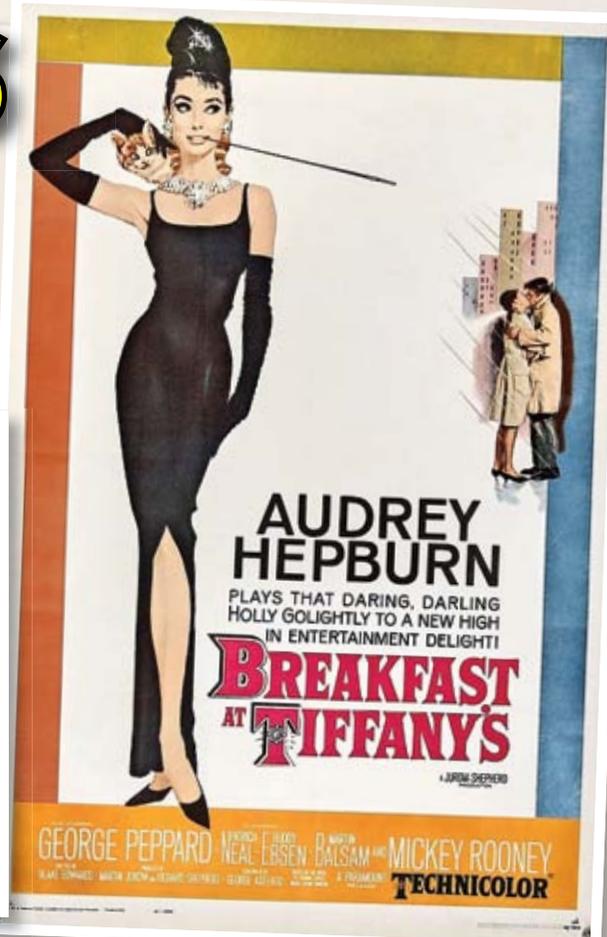
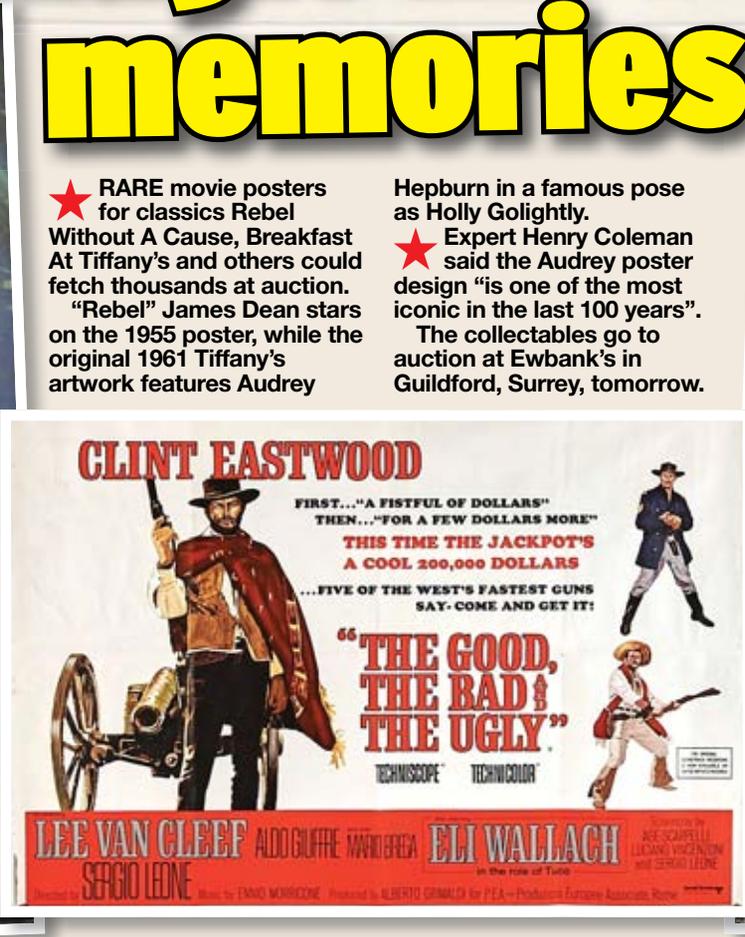
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★ RARE movie posters for classics Rebel Without a Cause, Breakfast At Tiffany's and others could fetch thousands at auction. "Rebel" James Dean stars on the 1955 poster, while the original 1961 Tiffany's artwork features Audrey Hepburn in a famous pose as Holly Golightly. ★ Expert Henry Coleman said the Audrey poster design "is one of the most iconic in the last 100 years". The collectables go to auction at Ewbank's in Guildford, Surrey, tomorrow.

CLASSICS: The sale includes old posters for Rebel Without a Cause, Breakfast At Tiffany's, right, 2001: A Space Odyssey, left, and The Good, The Bad & The Ugly, centre

DUO FIND WEIGH TO HIT THE RIDES

TWO stars from Channel 5's Big Brits Go Large series have gone viral after testing out popular theme parks to see if they are "fat friendly". Jo Frost, 38, and Nat Forshaw, 44, are known for their stint on the show in 2022, where they organised a plus-sized bikini shoot. The clothing brand owners dealt with backlash for "promoting" bigger bodies. But now the duo have

by STAR REPORTER

taken to TikTok to review the most popular theme parks - with one video racking up 700,000 views. Jo, from Manchester, said: "We've been to Drayton Manor, Flamingo Land and Disneyland. "The staff have been incredible. We've had teenage boys looking and giggling - but we just hold our heads high."



FUN: Jo at one park

Sale boom and bust

A RARE marble bust of Admiral Lord Nelson has sold for £52,000 - despite having a damaged nose. Bidders drove the fee up to nearly triple the estimate in Cirencester, Gloucs.

By look or by crook..

A SUSPECTED burglar has been mocked... for looking like a stereotypical burglar! CCTV images show him wearing a black and white striped top during a raid in Woodley, near Reading.

BOFFINS: MARS MISS

Space out of

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IT'S ABOUT TO KICK OFF

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INSIDE FRIDAY'S



FORGET AI being the brains of Britain - space travel has the power to save humanity and help us discover how to rid Earth of non-curable diseases.

Boffins are already working on out-of-this-world experiments that will revolutionise and secure the future of humanity.

Dr Alice Bunn, Chief Executive of the Institution of Mechanical Engineers and President of UKSpace says: "We can find cures for diseases we don't have at the moment - the benefits are for this planet."

"There's some really interesting pharmaceutical novel drugs that can be produced in zero gravity."

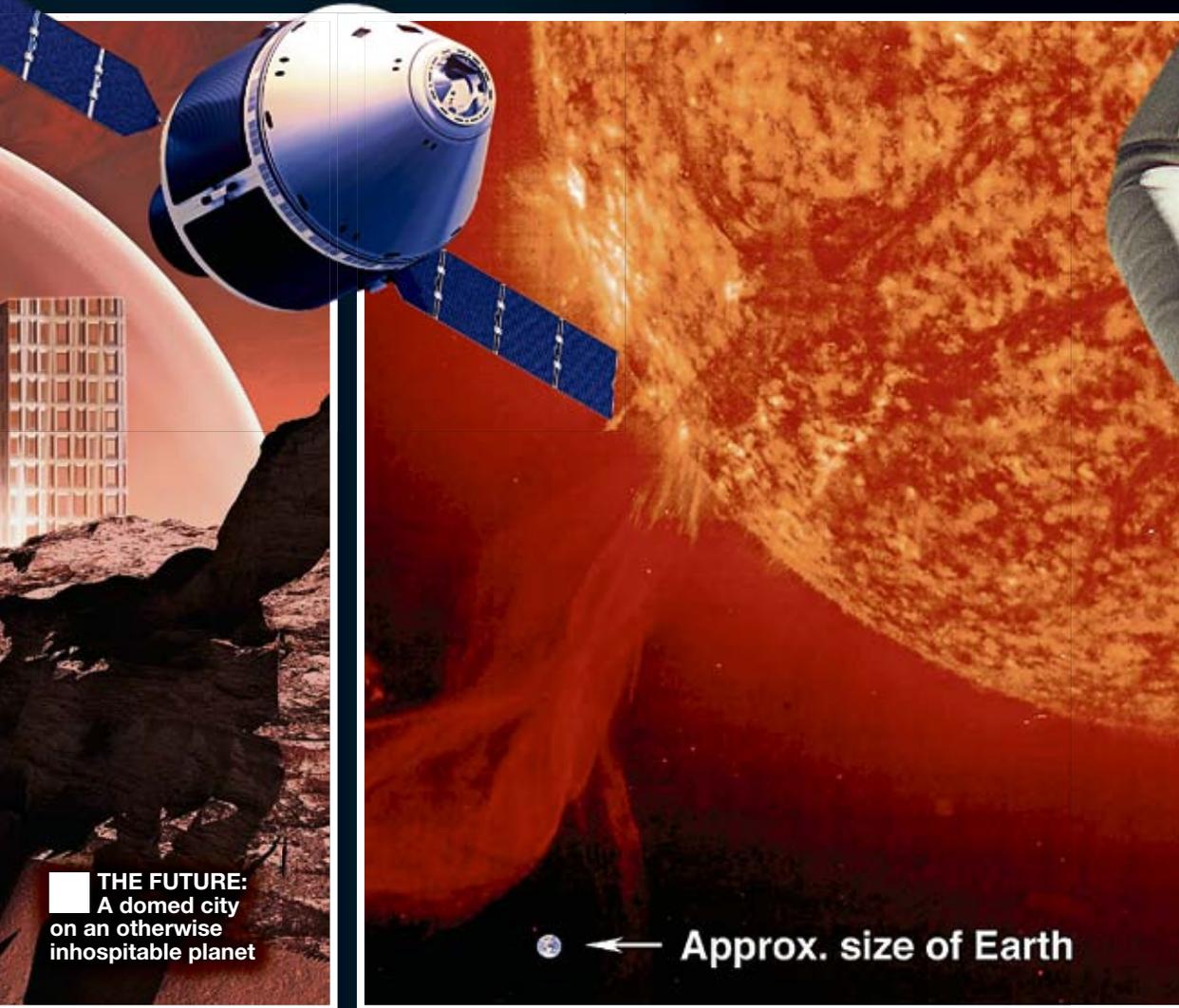
"When something goes from a solid to a liquid or a gas to a solid its density changes."

"If you've got gravity, the way things change will be affected."

"If you take gravity away and do

ION COULD RID EARTH OF INCURABLE DISEASES

Science is this world



THE FUTURE:
A domed city
on an otherwise
inhospitable planet

← **Approx. size of Earth**

EXCLUSIVE by KIM CARR

...new level...
...to dis-
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same thing in space you get these amazing structures and get some amazing benefits in their power to fight disease.”

Due to the scale of such missions, much-mooted plans to get moon boots on Mars are going to take collaborations between nations to secure lift-off, believes Dr Bunn.

She says: “Inevitably countries will be working together due to the cost and scale of any human trip to Mars. “We’ve got a lot to learn before we can even entertain that idea, not least being able to survive the space environment.

“Things like electromagnetic storms and solar flares are very frequent. “We now have an ability to monitor them, before we didn’t in the Apollo era.

“It’s quite nerve-racking when you

look back and understand what was happening.

“You can draw the conclusion that those Apollo astronauts were pretty lucky not to be fried in space because they didn’t know when those solar eruptions were going to happen.

“Happily none did when they were in space, but they could have.

“We need to be able to monitor that and develop shielding that would protect human life in that harsh environment.

“There’s a very long way to go.”

There are currently exciting things happening in the orbits near Earth.

Dr Bunn continues: “The International Space Station, that’s



HOPEFUL:
Dr Alice Bunn

been a phenomenal international co-operation success but it’s largely been a research station – is a big laboratory in space.

“Now there is some commercial manufacture happening in space.

“Fibre optic cables for example, it’s worth getting up to space and manufacturing them and bringing them back down to Earth.

“That will be true of many other materials, particularly thinking of things we’re growing short of.”

And how will artificial intelligence further help our quest in searching for life on other planets?

Dr Bunn says: “When it comes to things like AI we’re (the UK) likely to be ahead of the curve.

“Artificial intelli-

gence is a form of machine learning and that’s a form of being able to handle huge data sets.

Space missions generate vast quantities of data, when you’re looking at climate, environmental, positional navigation or timing signals.”

Space makes a massive contribution in our ability to monitor climate change.

Dr Bunn says: “We wouldn’t know what was happening with climate change if it wasn’t for space. Of the essential climate variables 50% can only be measured from space.

“We only understood about the greenhouse gas effect from studying the atmosphere around Venus.

“All of our understanding around climate stems from space missions.”

Geoengineering – which could see artificial clouds designed to cool down the planet – is being explored by boffins.

Dr Bunn adds: “UK space-based solar power would be a very large solar panel in orbit around the Earth positioned so it’s always in the light of the sun.

“You’d have 24 hour night or day, rain or shine access to solar power.

“There’s really big upfront infrastructure costs in terms of getting a 2km wide solar panel in space assembled and working but if you can get that right there’s enormous benefits.

“People are really excited about that because it will contribute to base load energy provision i.e. it isn’t dependent on if the sun is shining or if the wind is blowing.”

DAILY STAR

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CHEEKY: Sexist Olympics

Women's swimming costumes too skimpy

RE olympics the mens volley-ball they wear what looks like basketball kits, the women gotta wear skimpy bottoms, and dont even get me started on the state of the british female divin swim suits. **Jem**

NOAH LYLES USA 100 meters Olympic champion sees him '10m from the finishing line with no medal' but 5000th of a second sees him a 9.79 Gold medalist photo finish ringing the Notre Dame bell. Start line 'wait' drama / finish line drama too. Cometh the hour cometh the man Sensational entertainment. **Brian Linford Pontefract**

why do some athletes feel the need to bite their medals? Do they think they're chocolate? It's annoying please stop. **stig2**

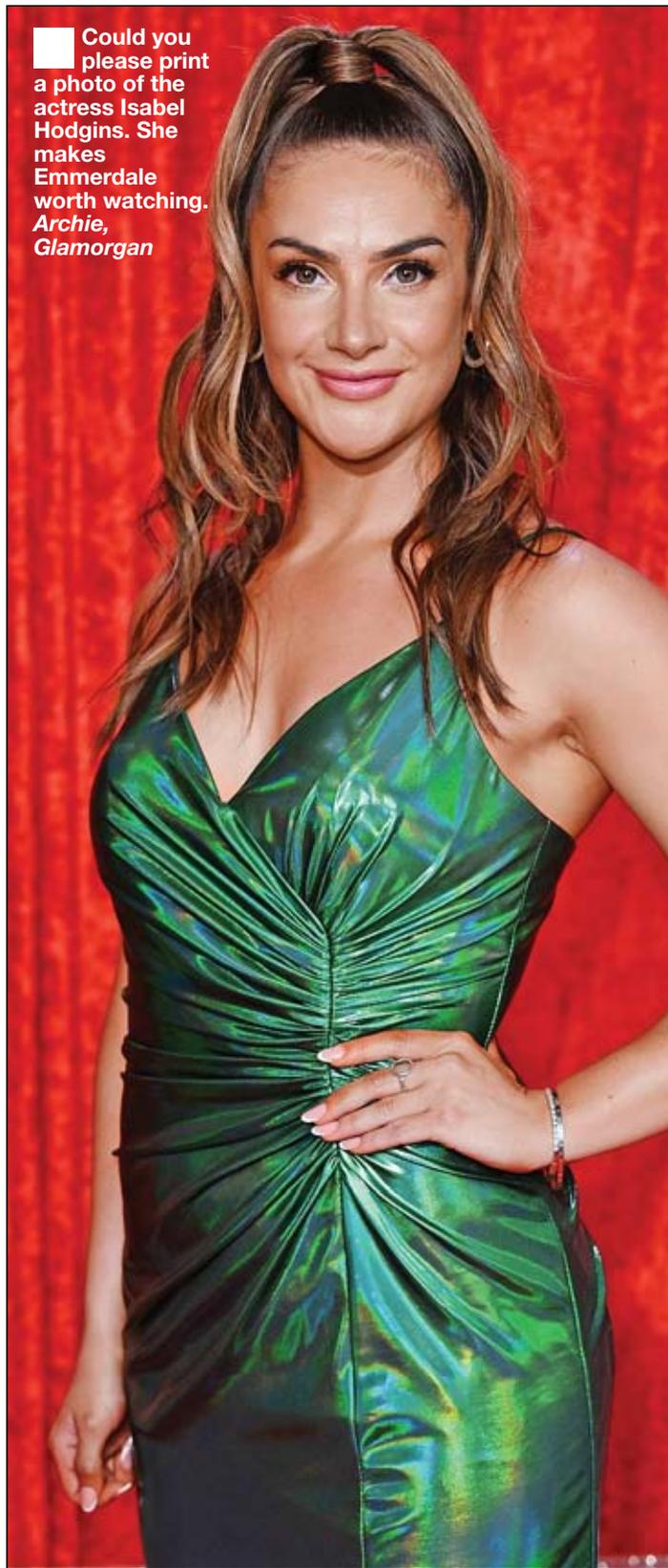
When are TV channel bosses going to get it, we are sick of these permanent back to back re-runs. Frasier, Cheers, Raymond, the Simpsons and MASH to name a few. Channel 4 are even showing 3 separate repeat series of Frasier every morning. The list goes on and I'm on the verge of putting my TV in the rubbish skip. It's time the TV licence was scrapped. **Gordon, Sunderland**

great piece by fiaz rafiq about jimmy tarbuck in the star on saturday. as carly simon once put it. nobody does it better. keep up the great work jim. u r a true legend. **big dave osborne enfield**

Andy Murray blew it a few years ago! remember ABE, anybody but England, we have long memories, a sir don't make me laugh, wouldn't cross the road to watch him. **Notts magpie**

Totally agree with Ratboy on Andy Murray and please don't put a statue of him at Wimbledon, leave it the other side of the border. **Big Les**

Could you please print a photo of the actress Isabel Hodgins. She makes Emmerdale worth watching. **Archie, Glamorgan**



Time to ban intimidating balaclavas

An order can be made by police which requires anyone to remove face coverings that conceal their identity known as a 60AA order, i am sure if it was made law country wide to not conceal your identity it would make the job of the police a lot more successful in bringing people to justice who hide themselves behind these face coverings masks, balaclavas, scarves and so on, it is very intimidating when people such as this ride around at night dressed all in black, there can only be one reason for this - law breaking. **Mr. C.**

Since when has violence been the solution to violence especially when the attack is wrongly targeted? There are so many unanswered questions here but one thing is certain, social media has again misled people and caused even more pain. The apparent use of this incident by far right protesters is offensive. Leave it to the legitimate authorities, the police and the courts. Why is there now so much violence and what can be done about it? **Dennis Fitzgerald**

more violence over the weekend, the anger and tension seems to be everywhere, as useless as these riots are, there is a reason for the anger, and it would be good if instead of throwing the old far right or lefty insults people started listening and talking, not screaming and shouting, find the common ground look for the similarities stop focusing on the differences, people bleat on about inclusivity, we are all included in humanity, we're one species, though there do seem to be those intent on

forging division, and those who take the bait and riot could unwittingly lead us all into a world of digital i'd's and round the clock surveillance, violence only breeds violence, we need to not give in to those intent on chaos, ignore the race baiters on all sides, find common ground and build something positive for all our childrens sake. **john challenger**

folk who incite urban terrorism shud b classed as an enemy of the state. & locked up 4 good. **ANGST**

The way to deal with these a-holes rioting is bring in the army riot police allow them full authority to batter the rioters and the police just collect the injured and jail them for 5yrs I have no doubt the do gooders won't like that. **Stockton jeff**

Our rules & customs are what makes us who we are, it's about survival. To erase them would be a perilous act of betrayal. The UK must stop kissing arse & listen to the British public. What a gagged country we live in. **Den,**

Perth
 So the junior doctors are getting their pay rise by me + thousands of old people losing their heating allowance. They can show me their gratitude when treating me for pneumonia or hypothermia, well done Starmer! **JAISTAR. Blackpool**

jeremery clackson is saying about pot holes in our roads they bad yes because of 14 years of tory neglect the party he surports. **wild bill**

It's been suggested to raise more tax we pay per mile. This wouldn't work as people would simply drive less, and it would hit hard those who have to travel, and it would stop people visiting families who live some distance away. The real reason they want pay per mile is to stop us moving around. **Dave Wigan**

Anon - Vets get away with exorbitant charges as they rely on the fact that we love our animals. They should be ashamed of themselves when care for pets costs MORE than caring for humans. **HAZ**

3 weeks ago i sent my hearing aid in for repair i've heard nothing since! **Tony worksop**

Doctor: 'Are you sexually active?' My mate: 'Yes, in the sense that Mount Etna is an active volcano, but hasn't erupted for years!' **Andy Rimmer**

JOKE OF THE DAY

I'm fed up being single for so many years. On Monday I'm gonna wear my best suit & tie ... go down to the divorce courts and see if I can see any decent ones!
Fran McMahon Liverpool

SNAP HAPPY



Puffin at Bempton Cliffs

SEND us your photos of anything you like - It can be you with a top celeb, some funny looking food, a fantastic view, or maybe your artistic side is coming out? Email with details of what's going on in the pic, who you are and where you're from.



Lily is hiding from us. **Paul, Eccles**

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HOT TV

ALL THE TOP TELLY NEWS

with ED GLEAVE

edward.gleave@dailystar.co.uk



RETURN: Lipscomb

'Royals scandal just fun'

ANOTHER series of **The Royals: A History of Scandals** is in the works.

Suzannah Lipscomb is returning as host of the Channel 4 show for the six-part run, which will air later this year.

The history professor said: "It's a joy to be working with a brilliant team on series two.

"The stories are even more deliciously scandalous and our locations are just spectacular.

"Above all, it's just so much fun and my hope is that sense of fun will make it equally enjoyable for our audience."



PERSONAL: Cooper

Charl's daytime TV ban

CHARLIE Cooper has a bizarre fear of daytime telly.

The **This Country** star worries that watching any of it means his life is a mess.

He told the Radio Times: "I have a phobia of daytime TV because it's a reminder that I'm not really doing anything with my life.

"If I hear the opening credits to **This Morning**, I think, 'God, I need to get out. I need to get changed. I need to make the bed!'

"That's my own personal issue..."



KELLY'S DOWN TO EARTH..

KELLY Brook ditched the glamour when she filmed **Celebrity Race Across The World**.

The model had to get down and dirty to do jobs including this one planting saplings on a mangrove belt.

And as you can see, she was in her element.

Doing the BBC One show alongside hubby Jeremy Parisi was a chance for her to stop worrying about how she looked.

She told Radio Times: "I was confident enough to be a bit more open about who I am. For the last few weeks, I wore a really unflattering, but very comfy, jumpsuit.

"I never travelled on public transport because I was paranoid about being recognised, but I got back from the race and went straight on the Tube.

"I get buses and trains everywhere now and it's so liberating."

● **The series kicks off on August 14 at 9pm.**



David has big issues playing it for laughs

STAR LOVES COMEDY FUN



GIGGLES: Aimee Lou Wood and David

DAVID Morrissey struggled to film scenes for his new comedy **Daddy Issues** because he kept getting the giggles.

The actor's co-star Aimee Lou Wood, who plays his daughter in the series, kept making him laugh during takes.

He said: "Myself and Aimee get on very well and that's essential.

"We had the freedom to improvise and play around which is really important.

"One of the big problems we have working together is that we make

each other laugh, so that's always tough at times!"

The pair play a dad and daughter in the series and they got to do plenty of silly scenes together.

Heavy

David was thrilled to do something fun after doing so many dark roles over the years.

He said: "When **Daddy Issues** came along, I was looking for something a bit different as I do quite a lot of heavy dramas.

"I'd just done **The Long**

Shadow (about the hunt for the Yorkshire Ripper) and **Sherwood** and they were both really brilliant, but quite dramatic.

"So this came at the right time. I was looking for something that was a bit more comedic.

"I'm always looking to change things.

"What I want to do is usually the thing I've not just done.

"It's been a challenge but I've been really loving it."

● **The series starts on August 15 at 9pm on BBC Three.**

Turn back a page for today's HOT TV news

All programmes are listed in British Summer Time (BST).

film ratings

★★★★★ Brilliant
 ★★★★ Very Good
 ★★★ Good
 ★★ Average
 ★ Bad

(R) Repeat

BBC One

6.00am Breakfast News headlines.
8.00 LIVE Olympics: Paris 2024 JJ Chalmers and Jeanette Kwakye present live coverage as the women's 1500m, the men's javelin and men's 400m hurdles all get under way. There's also coverage from the Chateau de Versailles, with the individual equestrian jumping final to be decided. Britain's Ben Maher is bidding to become the first rider to retain the individual Olympic crown since the event began 124 years ago in Paris.
1.00pm BBC News; Weather
1.45 LIVE Olympics: Paris 2024 Further coverage of events on day 11, featuring the women's 10m platform diving final, women's park skateboarding and women's team pursuit track cycling. The diving final at 2.00 will hopefully feature Britain's Andrea Spendolini-Sirieix, while Team GB's Sky Brown is vying for another skateboarding medal at 4.30.
6.00 BBC News at Six; Weather
6.30 Regional News; Weather

BBC Two

6.30am A to Z of TV Gardening (R)
7.15 Sign Zone: The Bidding Room With Nigel Havers. (R)
8.00 Breakfast News headlines.
9.00 Dom Does America (R)
9.30 Wanted Down Under Revisited (R)
10.15 A Countryside Summer (R)
10.45 The Farmers' Country Showdown In Powbourn. (R)
11.15 Homes Under the Hammer More property auctions. (R)
12.15pm Bargain Hunt (R)
1.00 LIVE Olympics: Paris 2024 Continued coverage from day 11, with sailing and hockey.
1.45 Make Me a Dealer (R)
2.30 The Customer Is Always Right A family card game. (R)
3.00 Escape to the Country (R)
3.45 Ricky & Ralf's Very Northern Road Trip (R)
4.30 The Repair Shop (R)
5.15 Flog It! In Somerset. (R)
6.00 LIVE Olympics: Paris 2024 The men's team sprint track cycling final begins at 6.55. Plus, it's the first round of the men's team pursuit from 6.14.

ITV1

6.00am Good Morning Britain A lively mix of news, current affairs and lifestyle features.
9.00 Lorraine Chesney Hawkes talks about his chart return.
10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion. Including Local Weather.
12.30pm Loose Women The first-ever Loose Women prom.
1.30 ITV News; Weather
1.55 Regional News; Weather
2.00 Dickinson's Real Deal David and his team of dealers, Mark Stevens, Karen Dalmeny, Stewart Hofgartner and Tim Hogarth, are in Leeds. (R)
3.00 Tenable A family team from Lincolnshire take on a series of top 10 list questions. (R)
3.59 Regional Weather
4.00 Tipping Point Quiz, hosted by Ben Shephard. (R)
5.00 The Chase Contestants Robert, Nina, Jack and Helen work as a team to take on one of the ruthless Chasers. (R)
6.00 Regional News; Weather

Channel 4

6.20am Cheers Double bill. (R)
7.10 Everybody Loves Raymond Four episodes. (R)
9.00 Frasier Four episodes. (R)
11.00 The Simpsons Double bill. (R)
12.00noon Channel 4 News Summary Headlines.
12.05 Paris 2024 Paralympics: Meet the Athletes (R)
12.10 A New Life in the Sun (R)
1.10 Car S.O.S A 1993 Toyota Supra Mk4 owned by a former motorcycle racer. (R)
2.10 Countdown Clara Amfo is in Dictionary Corner.
3.00 A Place in the Sun (R)
4.00 The Great House Giveaway Electrician Dan and carpenter Gareth transform a detached four-bedroom stone cottage.
5.00 A New Life in the Sun: Where Are They Now? Simon and Monica expand their painting holiday company into a new continent in France.
6.00 Come Dine with Me Bike enthusiast Nathan plans an night of motoring mayhem. (R)
6.30 The Simpsons Marge puts on a play written by Lisa. (R)

Channel 5

6.00am Milkshake! Children's TV.
9.15 Jeremy Vine Discussion.
11.30 Storm Huntley Debate on the day's talking points continues.
12.45pm Friends Double bill. (R)
1.40 5 News at Lunchtime
1.45 Home and Away Levi is in danger at the hospital. (R)
2.15 FILM Who Killed Our Father? (2023, PG) After her father's death, a woman goes on a journey to find the sister she never knew. Thriller, starring Kirsten Comerford and Devin Cecchetto. ★★
4.00 The Cruise: Fun-Loving Brits at Sea The cruise ship Regal Princess arrives in the Italian city of Naples. (R)
5.00 5 News at 5 Headlines.
6.00 Amazing Railway Journeys with Nick Knowles The presenter travels from Mount Vesuvius to Mount Etna on a journey from Naples to Sicily. He hears how both Pompeii and nearby Herculaneum were buried in ash in AD 79, and learns about a million-dollar reward (R); 5 News Update



7pm, OLYMPICS: PARIS 2024: Gabby Logan



7pm, RICHARD OSMAN'S HOUSE OF GAMES: Richard



9pm, VERA: Brenda Blethyn



10pm, FIRST DATES: Sarah and Dan



7pm, OUR GREAT YORKSHIRE LIFE: Rob and Dave Nicholson

7

7.00 LIVE Olympics: Paris 2024 The conclusion of the men's track cycling team sprint at the Saint-Quentin-en-Yvelines Velodrome is followed by an evening of athletics, as the women's 200m champion is crowned. Gabby Logan introduces the action, with some of the biggest names in the mix for a spot on the podium - Jamaica's Shericka Jackson was a pre-event favourite in the 200m, as was all-conquering Greek Miltiadis Tentoglou in the men's long jump. The schedule features the women's 400m hurdles semi-finals at 7.07, men's long jump final from 7.15, men's 1500m final at 7.50, women's 3,000m steeplechase final at 8.10 and the women's 200m final at 8.40, while the women's hammer final takes place throughout the evening.

7.00 Richard Osman's House of Games Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West take part. (R)
7.30 EastEnders Eve decides to propose to Suki in front of everyone in the Vic. Reiss lies to Sonia to get out of trouble.

6.30 ITV Evening News A round-up of the headlines; Weather
7.30 Emmerdale Drama from the Dales. Lydia arrives with news from Samson's plea hearing, Pollard has a confession to make, and Kim admits that her marriage is crumbling.

7.00 Channel 4 News A round-up of all the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's leading sports stories and up-to-the-minute weather reports.

7.00 Our Great Yorkshire Life Barnsley farmers Rob and Dave Nicholson head to Halifax to find out more about their mum's side of the family, and in Horsforth, local chef Matt Healy looks to extend his menu; 5 News Update

8

8.00 Inside the Factory Gregg Wallace learns the secrets of rice pudding on a visit to the Ambrosia factory in Lifton, Devon, where up to 360,000 tins are produced every day. Meanwhile, Ruth Goodman explores school dinners. (R)

8.00 Cooking with the Stars Emma Willis and Tom Allen host as Katherine Ryan, Christopher Biggins, Linford Christie and Ellie Simmonds produce gourmet dishes using only tinned, frozen and pantry ingredients.

8.00 Worst House on the Street Luke and Shurel completely overhaul their dated, single-glazed, decor-clashing house. Can they turn it into the home they crave without breaking the bank? Scarlett and Stuart Douglas offer the pair advice.

8.00 The Yorkshire Vet: At Home with the Greens Peter Wright takes a look at the Greens' 10-year-old collie-cross-whippet, and Steve and Jean explore the world of glamping with the help of Rob and Dave Nicholson.

9

9.00 Murder Trial: The Disappearance of Renee and Andrew MacRae First of a two-part programme. The trial of William MacDowell for the murders of Renee MacRae and her three-year-old son Andrew in 1976. (R)

9.00 Vera DCI Vera Stanhope, leads her team as they face a series of murder mysteries set against the Northumberland landscape. The detective investigates a daring robbery at a port and uncovers a web of intrigue when it turns out to be an inside job. However the insider's motivation isn't just money, as his son has been kidnapped to make sure everyone sticks to the plan, which soon goes wrong. (R)

9.00 The Body Detectives Ex-detective Dave Grimstead travels to Germany after a forensic garment analyst, an oceanographer and a forensic psychologist help to identify a man who was found dead in the North Sea 30 years ago.

9.00 Your Kitchen: 60 Years of Fads & Gadgets The story of Britain's kitchens from the 1980s to the present day, with a look at the microwave and how the population began cooking foreign food at home. Last in series.

10

10.00 BBC News; Weather
10.30 Regional News; Weather
10.40 Olympics: Paris 2024 - Tonight at the Games Isa Guha and Mark Chapman recap the day from the French capital, as 15 events reached their conclusion. The women's 200m promised to be tonight's highlight on the athletics track, while there were British medal hopes in track cycling and diving. Elsewhere, Ireland's Kellie Harrington was also looking for a fairytale end to her career in the boxing ring.

10.00 Bad Education First episode of the comedy, written by and starring Jack Whitehall. Unconventional teacher Alfie is distracted from his work by the news that colleague Miss Gulliver is now single. (R)
10.30 Newsnight Headline analysis.

10.45 ITV News; Weather The major stories of the day.
11.20 Regional News; Weather
11.35 British Touring Car Championship Highlights Action from the sixth round of the season at Croft Circuit in North Yorkshire, where the 16th, 17th, and 18th races of the season took place.

10.00 NEW First Dates Heavily tattooed Sarah is hoping to find a nice man to take her bins out on a Tuesday in Dan, while William and Zara meet on their first ever dates. Plus, fire performer Hayley sits down with business owner Glen.

10.00 A Killer Makes a Call Yoga teacher Dawn Lewis calls 999 and says that she has stabbed her lodger Glenn Richards in self-defence. Richards had a history of violence, so Lewis' story seems believable, but some details don't add up.

11

11.05 Atomic People Documentary exploring the human cost from the first and last atomic bombs used in an act of war, when the United States dropped atomic bombs on two Japanese cities in 1945 - Hiroshima and Nagasaki. (R)

12.50am Shop on TV 3.00 On Assignment. James Mates, Barnaby Papadopoulos and Faye Barker report on current affairs in Santorini, Cyprus and rural Spain. (R) 3.30 Big Zuu's 12 Dishes in 12 Hours (R) 4.05 Unwind with ITV 5.10-6.00am Ainsley's Taste of Malta. On Gozo. Last in series. (R)

11.05 Love in the Limelight: UNTOLD In the latest episode of the documentary series, former Love Island star Chloe Burrows explores what life is really like for some well-known reality couples living out their romances in the public eye.

11.05 Killer at the Crime Scene Factual crime documentary series. Police find the bodies of two young women in a freezer, possibly lured to their death by the same murderer, and hope forensic analysis will help identify the killer. (R)

12

12.00m't Kin. Double bill. Family loyalties are tested as Bren's influence seeps into each member of the Kinsella clan, while Viking receives unsettling news; Amanda is feeling the pressure as Bren continues to undermine her power. (R) 1.40 Weather for the Week Ahead 1.45-6.00am BBC News

12.35am Sign Zone: The Turkish Detective. Double bill. Suleyman and Ayse are sent to investigate a fire; the team finally learns the truth about Kayra Khan, but bringing someone to justice will be tough. Last in series. (R) 2.10 Sign Zone: Dom Does America (R) 2.40-6.30am This Is BBC Two

12.05am Women on Death Row 1.00 The Rise and Fall of Boris Johnson (R) 2.25 Ramsay's Kitchen Nightmares USA (R) 3.15 Love It or List It Australia (R) 4.10 Find It, Fix It, Flog It (R) 4.20 Food Unwrapped (R) 4.50 Frasier (R) 5.40-6.20am Countdown. Clara Amfo guests in Dictionary Corner. (R)

12.05am Motorway Cops: Catching Britain's Speeders. A child is knocked off his bike by a car. (R) 1.05 PlayOJO Live Casino Show 3.05 Secrets of the Royals on Tour (R) 3.50 Ketchup vs HP Sauce (R) 4.40 House Busters (R) 5.05 House Doctor (R) 5.30 Entertainment News 5.35-6.00am Paw Patrol (R)

ITV2 Freeview 6

- 6.00am** CITV **9.00** World's Funniest Videos
- 9.30** Totally Bonkers Guinness World Records **10.00** Love Bites **12.00noon** Dress to Impress **1.00** In with a Shout **2.00** Supermarket Sweep **3.00** Charmed **4.00** Dawson's Creek **5.00** Dress to Impress. Dating fashion challenge.
- 6.00** **Celebrity Catchphrase** Stephen Mulhern hosts the gameshow, with Dion Dublin, Rachel Riley and Tim Vine.
- 7.00** **In with a Shout** Families from Cambridgeshire and Carlisle compete, shouting out their answers to questions hidden within a montage of images.
- 8.00** **Bob's Burgers** Double bill. Linda plans a big day for her friend Ginger's visit; Bob helps Gene with a project.
- 9.00** **Family Guy** Five episodes.
- 11.30** **American Dad!** The family takes a disastrous trip to a theme park.
- 12.00m't** American Dad! **12.30** Bob's Burgers: double bill **1.30** Deal or No Deal **2.35-3.00am** Unwind with ITV

U&Dave Freeview 19

- 7.10am** Whose Line Is It Anyway? USA **8.00** Border Force: America's Gatekeepers **10.00** Rick Stein's Mediterranean Escapes **11.00** Rick Stein's Cornwall **12.00noon** Storage Hunters UK **2.00** Extreme Fishing with Robson Green **3.00** Top Gear **5.00** Rick Stein's Mediterranean Escapes
- 6.00** **Rick Stein's Cornwall** Double bill.
- 7.00** **Would I Lie to You?** Rhod Gilbert, Kelly Hoppen, Carol Vorderman and Hal Cruttenden join the regular captains.
- 7.40** **Richard Osman's House of Games**
- 9.00** **Battle in the Box** Jimmy Carr hosts as Jamie Laing and Nabil Abdulrashid face Ellie Taylor and Jess Knappett.
- 10.00** **Have I Got a Bit More News for You** David Tennant hosts the panel quiz.
- 11.00** **Taskmaster** The contestants fell rubber ducks and destroy a cake.
- 12.00m't** Mock the Week **12.40** Would I Lie to You? **1.20** Room 101 **2.00-4.00am** Whose Line Is It Anyway? USA

E4 Freeview 13

- 6.00am** Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs **10.00** Young Sheldon **11.00** Modern Family **12.00noon** The Big Bang Theory: four episodes **2.00** The Goldbergs **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory: four episodes
- 7.00** **Hollyoaks** A discarded gift leads to Dilly discovering the truth.
- 7.30** **Come Dine with Me** The second host in Essex is bridal-shop owner Alison.
- 8.00** **Below Deck** Fraser learns a lesson about not judging a book by its cover.
- 9.00** **Gogglebox** Watching Hollyoaks.
- 10.00** **Naked Attraction** Couple Abbie and Charlie are looking for another woman.
- 11.05** **First Dates: Valentine's Special 2020** Singletons hope to find love.
- 12.10am** The Big Bang Theory **1.05** Brooklyn Nine-Nine **2.05** Modern Family **2.55** Below Deck **3.40** Ramsay's Kitchen Nightmares USA **4.30** The Neighborhood **5.20-6.00am** Brooklyn Nine-Nine

Variations & S4C

- WALES As BBC1 except: 1.30-1.35pm** BBC Wales Today. The latest news stories; Weather **6.30-7.00** BBC Wales Today; Weather **10.30-10.40pm** BBC Wales Today; Weather
- WALES As BBC2 except: 8.00pm** Weatherman Walking: The Welsh Coast. Derek Brockway walks from Little Haven to Solva. **8.30** SOS: Extreme Rescues. A walker is injured after slipping down a steep bank in South Eryri. **9.00** Firebombers. Part one of two. Arson attacks on holiday homes in Wales in the 1980s. **10.00-10.30pm** Rewind: 60 Years of Welsh Pop. A whistle-stop journey through Welsh number one hits, featuring many of Wales' best loved artists.
- MERIDIAN As ITV1 except: 1.55-2.00pm** ITV News Meridian **6.00-6.30** ITV News Meridian **11.20-11.35pm** ITV News Meridian
- CENTRAL As ITV1 except: 1.55-2.00pm** ITV News Central **6.00-6.30** ITV News Central **11.20-11.35pm** ITV News Central
- ITV WALES As ITV1 except: 1.55-2.00pm** ITV News Cymru Wales **6.00-6.30** ITV News Wales at Six. The latest news making the headlines. **11.20-11.35pm** ITV News Cymru Wales

Telly movies

- THE LAVENDER HILL MOB** ★★★★★ (1951) Film4, 5.10pm Unassuming bank worker Henry Holland (Alec Guinness) meets souvenir manufacturer Pendlebury (Stanley Holloway) and together they plan to steal a million in gold bullion from Holland's bank, melt it down, turn it into ornaments in the shape of the Eiffel Tower, and smuggle it out of the country. They recruit a couple of experienced criminals to help, but the heist goes awry.
- TROPIC THUNDER** ★★★★★ (2008) Film4, 10.50pm Inept British director Damien Cockburn (Steve Coogan) strands his pampered stars – Tugg Speedman (Ben Stiller), Jeff Portnoy (Jack Black), Kirk Lazarus (Robert Downey Jr), Kevin Sandusky (Jay Baruchel) and rapper Alpa Chino (Brandon T Jackson) – in the jungle, hoping to capture the raw fear as they battle the elements for real.

HotTV CHOICE With **Mike Ward**



Eighties, one of which you can see tonight on YOUR KITCHEN: 60 YEARS OF FADS & GADGETS (8pm, Channel 5), were the same size as the typical garden shed.
OK, maybe it's a slight exaggeration to say that – or, if you prefer, a "lie" – but my point is that old-fashioned

tech of every kind looks freakishly outsized by modern standards
But, as we're also reminded on this week's episode, consumers were happy to make room for these new contraptions in their kitchens, sold on the idea that a microwave could pretty much make them an entire three-course meal from scratch. Back then, no-one said: "I reckon we'll end up just using this thing to defrost mince, re-heat our coffee and prick'n'ping a tikka masala." Nope, they were convinced they'd be able to cook any food they fancied in these newfangled contraptions.

Which wasn't technically wrong, of course. More relevant was whether they'd want to eat it.
Celebrity contributors Jenny Eclair, Danny John-Jules and Janet Ellis are set the task of making one course each, using a Toshiba device from the Middle Ages. Jenny does corn on the cob, Danny zaps a steak and Janet makes some sludge containing what used to be bananas.
Meanwhile, this week's challenge on the M&S sponsored **COOKING WITH THE STARS** (9pm, ITV) is to dish up meals on a budget. So I assume they'll be shopping at Aldi.

Follow Mike on Twitter @mikewardontv

GB News F'view 236

- 6.00am** Breakfast with Eamonn and Isabel **9.30** Britain's Newsroom **12.00noon** Good Afternoon Britain **3.00** Martin Daubney. Debates.
- 6.00** **Dewbs & Co** Plain-speaking, straight-talking – Michelle Dewberry delivers her take on the day's news.
- 7.00** **Farage** Nigel Farage doesn't hold back in his GB News prime-time show. Hear his views and give your own in an hour of discussion.
- 8.00** **Jacob Rees-Mogg's State Of The Nation** Join Jacob for his unmissable take on the day's news.
- 9.00** **Patrick Christys Tonight**
- 11.00** **Headliners** Join the all-star comedy cast for an intelligent look at tomorrow's headlines tonight.
- 12.00m't** Farage Replay **1.00** Jacob Rees-Mogg's State Of The Nation Replay **2.00** Headliners Replay **3.00** Patrick Christys Tonight Replay **5.00-6.00am** Headliners Replay

More4 Freeview 18

- 8.55am** Food Unwrapped **9.30** A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It **12.30pm** Come Dine with Me **3.10** Four in a Bed: five episodes **5.50** Chateau DIY
- 6.55** **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1965 German classic car.
- 7.55** **Grand Designs** Colin Mackinnon and Marta Briongos take on an ambitious project to build a bespoke metal home next to an airfield runway, but their plans are hit by bad weather.
- 9.00** **24 Hours in A&E** A patient with a rare condition is rushed in to St George's in south west London, struggling to breathe.
- 10.00** **Rescue: Extreme Medics** Medics in Glasgow rush to the scene of a farmer who has suffered a serious head injury.
- 11.05** **24 Hours in A&E** A man is rushed in after collapsing on a tennis court.
- 12.10am** 24 Hours in A&E **1.15** Rescue: Extreme Medics **2.20** 24 Hours in A&E **3.25-3.50am** Food Unwrapped

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Sport

SKY SPORTS MAIN EVENT

6.00am Sky Sports News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** Sky Sports News. The headlines.
11.00 LIVE The Hundred Manchester Originals Women v Oval Invincibles Women (Start time 11.30am). At Emirates Old Trafford, Manchester.
2.30pm LIVE The Hundred Manchester Originals Men v Oval Invincibles Men (Start time 3.00pm).
6.00 LIVE The Hundred Birmingham Phoenix Men v Northern Superchargers Men (Start time 6.30pm).
9.30 LIVE Tennis The WTA and ATP Tours.
12.00m't LIVE Tennis The WTA and ATP Tours.
4.00-6.00am Sky Sports News. Headlines.

SKY SPORTS CRICKET

6.00am The Hundred **9.30** The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred Bitesize **10.15** The Hundred Bitesize **10.30** The Hundred Bitesize **10.45** The Hundred Bitesize
11.00 LIVE The Hundred Manchester Originals Women v Oval Invincibles Women (Start time 11.30am). At Emirates Old Trafford, Manchester.
2.30pm LIVE The Hundred Manchester Originals Men v Oval Invincibles Men (Start time 3.00pm).
6.00 LIVE The Hundred Birmingham Phoenix Men v Northern Superchargers Men (Start time 6.30pm).
9.30 The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred Bitesize **10.15** The Hundred Bitesize **10.30** The Hundred Bitesize **10.45** The Hundred Bitesize **10.55** Best of England v Sri Lanka **5.30** The Hundred Bitesize **5.45-6.00am** The Hundred Bitesize

SKY SPORTS FOOTBALL

6.00am EFL **9.00** SPFL Highlights **9.30** EFL Greatest Games **10.00** Retro League One **12.00noon** WSL **12.30** Bundesliga **1.00** SPFL Highlights **2.00** EFL Highlights **5.00** Henrik Larsson: 20 Years On **6.00** Scottish Premiership Round-Up **6.30** SPFL Highlights **7.30** EFL Highlights **8.00** EFL Highlights **8.15** EFL Highlights **8.45** EFL Highlights **9.15** SPFL Highlights **9.30** EFL **10.30** Mission to Burnley **11.30** Scottish Premiership Round-Up **12.00m't** EFL Cup Retro **2.00** EFL Trophy Football **2.30** EFL Greatest Games **4.00** EFL **4.30** Jimmy Glass: The Great Escape **5.00-6.00am** SPFL

TNT SPORTS 1

6.00am Fishing: On the Bank **7.00** WRC Review **8.00** Badminton Unlimited **8.30** Classic Premier League **3.00pm** Original Documentary
3.45 LIVE GT20 Cricket Brampton Wolves v Bangla Tigers Mississauga. Coverage of the T20 match at CAA Centre in Brampton, Ontario.
7.45 One Day International Cricket **8.45** TNT Sports Cricket Reload **9.00** WWE Monday Night Raw **11.30** MLB Lead Off **12.00m't** LIVE **MLB** Atlanta Braves v Milwaukee Brewers (Start time 12.20am). Coverage of the National League match at Truist Park.
3.00 MLB Closer. The best action. **3.30** UFC: The Ultimate Fighter **4.30** UFC Fight Flashback **5.00-6.00am** Down the Clubhouse

TNT SPORTS 2

6.00am FIM JuniorGP Championship **10.30** Gallagher Premiership Rugby Union **11.00** AFL **3.00pm** Classic Premier League **6.30** Premier League Stories **7.00** Badminton Weekly **7.15** MotoGP Rewind **7.30** Badminton Unlimited **8.00** In My Blood **8.30** Around the Block **8.45 LIVE GT20 Cricket** Surrey Jaguars v Montreal Tigers. Coverage of the T20 match, Ontario.
12.45am Fishing: On the Bank **1.45** WRC Review. The latest action. **2.45** Badminton Weekly **3.00-6.15am** LIVE **MLB** Los Angeles Dodgers v Philadelphia Phillies (Start time 3.10am).

EUROSPORT 1

7.00am Bonjour Paris. A preview of day 11.
8.00 LIVE Volleyball: Summer Olympic Games Paris 2024 The first women's quarter-final.
9.00 LIVE Athletics: Summer Olympic Games Paris 2024 Coverage of the sixth day of events.
12.00noon LIVE Skateboarding: Summer Olympic Games Paris 2024 Coverage of the preliminary rounds of the women's park event.
12.10 LIVE Canoeing: Summer Olympic Games Paris 2024 Quarter-finals of the men's and women's canoe double 500m and kayak double 500m.
1.50 LIVE Diving: Summer Olympic Games Paris 2024 Coverage of the women's 10m platform final, held at the Aquatics Centre.
3.30 LIVE Sailing: Summer Olympic Games Paris 2024 The men's and women's dinghy finals.
4.25 LIVE Skateboarding: Summer Olympic Games Paris 2024 Coverage of the final.
5.35 LIVE Wrestling: Summer Olympic Games Paris 2024 From Champ-de-Mars Arena.
6.15 LIVE Athletics: Summer Olympic Games Paris 2024 Coverage of the sixth day of events.
9.00 Bonsoir Paris **10.30** Diving: Summer Olympic Games Paris 2024 **11.30** Sailing: Summer Olympic Games Paris 2024 **12.30am** Athletics: Summer Olympic Games Paris 2024 **2.00** Diving: Summer Olympic Games Paris 2024 **3.00** Sailing: Summer Olympic Games Paris 2024 **4.00** Athletics: Summer Olympic Games Paris 2024 **5.30-7.00am** Bonsoir Paris

BEST OF THE REST - LIVE SPORT

7.55-10.00pm LIVE **Betfred Super League** Wigan Warriors v Leigh Leopards (kick-off 8.00pm). (Sky Sports Action)

Entertainment & Factual

BBC THREE Freeview 23

7.00pm Top Gear **8.00** Shark Tank: Dragons' Den US **8.45** Becoming - Dumbledore **9.00** Stacey Dooley Sleeps Over **9.45** High: Confessions of an Ibiza Drug Mule **10.20** This Country **11.20** Brickies **12.20am** Top Gear **1.20** High: Confessions of an Ibiza Drug Mule **1.55** This Country **2.55-3.55am** Brickies

BBC FOUR Freeview 9

7.00pm Great British Railway Journeys **7.30** Gareth Edwards' Great Welsh Adventure **8.00** Keeping Up Appearances **8.30** Butterflies **9.00** Ardal O'Hanlon: Tomb Raider **10.00** **NEW** Corridors of Power: Should America Police the World? Documentary. **11.00** The Mysterious Career of Lee Harvey Oswald: Timewatch **12.45am** Great British Railway Journeys **1.15** Gareth Edwards' Great Welsh Adventure **1.45** Corridors of Power: Should America Police the World? **2.45-3.45am** Rebuilding Notre-Dame: The Next Chapter

5USA Freeview 21

9.00am NCIS **10.55** Entertainment News on 5 **11.00** NCIS **12.00noon** Law & Order: Criminal Intent **6.00** NCIS **9.00** Law & Order: Crime drama. **10.00** Law & Order: Special Victims Unit **1.55am** Law & Order **3.30-4.00am** Criminals: Caught on Camera

ITV3 Freeview 10

6.00am Classic Emmerdale **7.00** Classic Coronation Street **8.05** Agatha Christie's Poirot **10.15** The Royal **11.20** Heartbeat **1.30pm** Classic Emmerdale **2.40** Classic Coronation Street **3.50** A Touch of Frost **6.00** Heartbeat **8.00** Agatha Christie's Poirot. An aristocrat's wife is stabbed to death. **10.00** Cracker **12.00m't** The Royal **12.50** Upstairs, Downstairs **2.00-2.30am** Bless This House

ITV4 Freeview 26

6.00am Dramatic Finishes **6.05** Minder **7.15** The Professionals **8.15** Dempsey and Makepeace **9.15** The Champions **10.25** Kojak **11.25** BattleBots **12.25pm** Dempsey and Makepeace **1.30** The Champions **2.35** Kojak **3.40** Minder **4.50** The Professionals **6.00** BattleBots **7.00** The Chase Celebrity Special **8.00** World Rally Championship Highlights **9.00** Beat the Chasers **10.00** All Elite Wrestling: Rampage **11.10** **FILM** Rocky Balboa (2006/12) **1.05** Auto Mundial **1.30** Motorsport Mundial **1.55** Minder **2.50-3.00am** Unwind with ITV

REALLY Freeview 17

6.00am Celebrity Fantasy Homes **7.00** Cruise TV with LoveitBookit **8.00** Salvage Hunters **10.00** A Place in the Sun **12.00noon** Money for Nothing **2.00** The Repair Shop **3.00** Antiques Road Trip **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Dr Pimple Popper **11.00** Help! My House Is Haunted **12.00m't** Paranormal: Caught on Camera **1.00** The Dead Files **2.00** Teleshopping **4.00-6.00am** Salvage Hunters

SKY ARTS Freeview 36

6.00am Anyone Can Sing **7.00** Reinventing the Orchestra with Charles Hazlewood **8.00** The Joy of Painting: double bill **9.00** Tales of the Unexpected: double bill

BBC RADIO 1

97.6-99.8MHz 6.57am Newsbeat **7.00** Radio 1 Breakfast with Greg James **11.00** Rickie, Melvin and Charlie **12.45pm** Newsbeat @ 12: 45 **1.00** Matt and Mollie **3.30** Newsbeat **3.32** Going Home with Vick, Katie and Jamie on Radio 1 **5.45** Newsbeat @ 17: 45 **6.00** Radio 1's New Music Show with Jack Saunders **8.00** with Sian Eleri and Daniella Gualtieri **10.00** Radio 1's Power Down Playlist with Sian Eleri **11.00** Martha **1.00am** Radio 1's Drum & Bass Mix **1.30** Radio 1's Drum & Bass Mix **2.00** Radio 1's Dance Anthems **3.00** Radio 1 Anthems **4.00** Radio 1 Pop Anthems **5.00-6.57am** Radio 1 Early Breakfast with Dean McCullough

BBC RADIO 2

88-91MHz 6.30am The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whitley's Shiny Happy Playlist **7.30** Jo Whitley **9.00** The Jazz Show with Jamie Cullum **10.00** Trevor Nelson's Magnificent 7 **10.30** Trevor Nelson's Rhythm Nation **12.00m't** Ellie Brennan **3.00** Power of Jazz **4.00-6.30am** Owain Wyn Evans

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast **9.30** Essential Classics **1.00pm** Classical Live **4.00** Composer of the Week: Musical Olympians - Joseph Bologne **5.00** In Tune **7.00** BBC Proms 2024 **10.00** Night Tracks **11.30** 'Round Midnight **12.30-6.30am** Through the Night



Live The Hundred Sky Sports Main Event, 6pm
 Harry Brook (left) will be hoping to impress with the bat. The England star will lead out the Northern Superchargers Men's side against Birmingham Phoenix.

10.00 Alfred Hitchcock Presents **11.00** Discovering Film **12.00noon** The Joy of Painting **1.00** Tales of the Unexpected **2.00** The Art of the Garden **3.00** Classic Literature & Cinema **4.00** Discovering: Ryan Gosling **5.00** The Joy of Painting **6.00** Tales of the Unexpected **7.00** Painting Birds with Jim and Nancy Moir **8.00** Lily and Lolly: The Forgotten Yeats Sisters **9.30** Landscape Artist of the Year National Trust Favourites **10.30** **FILM** Escher: Journey Into Infinity (2018/PG) **1.05** **FILM** Hopper: An American Love Story **1.15** **FILM** The Painter and the Thief (2020/15) **1.15** **FILM** Sky Arts Book Club **4.10** Cheltenham Literature Festival **5.10-6.00am** The Art of Architecture

GOLD

7.05am The Fosters **7.35** The Thin Blue Line **8.05** Keeping Up Appearances **9.25** Ever Decreasing Circles **10.05** Are You Being Served? **10.45** Porridge **11.25** Last of the Summer Wine **12.45pm** Keeping Up Appearances **1.25** Ever Decreasing Circles **2.05** Porridge **2.45** Dad's Army **3.20** Are You Being Served? **4.00** Last of the Summer Wine **5.20** Porridge **6.00** Keeping Up Appearances **6.40** Dad's Army **8.00** The Thin Blue Line **8.40** The Vicar of Dibley **9.20** Harry Enfield and Chums **10.00** Bottom **10.40** The Royle Family **11.20** The Thin Blue Line **12.00m't** The Vicar of Dibley **12.40** Harry Enfield and Chums **1.15** Bottom **2.00** The Royle Family **2.30** The Vicar of Dibley **3.15-4.00am** Sandylands

U&YESTERDAY Freeview 27

6.10am Classic Car Garage **7.10** Inside the Christmas Factory **8.00** Abandoned Engineering **10.00** World War Two from Above **11.00** Adolf Hitler's War **12.00noon** Find It, Fix It, Flog It **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** World War Two from Above **5.00** Adolf Hitler's War **6.00** Antiques Roadshow **7.00** Find It, Fix It, Flog It **8.00** Secrets of the London Underground **9.00** Bangers & Cash **11.00** Abandoned Engineering **12.00m't** Great Continental Railway Journeys **1.00** Classic Car Garage **2.00-3.00am** Inside the Christmas Factory

ALIBI

7.10am Murdoch Mysteries **9.00** The Doctor Blake Mysteries **10.00** Elementary **11.00** Hudson & Rex **12.00noon** Father Brown **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** Shakespeare & Hathaway: Private Investigators **5.00** Father Brown **6.00** Hudson & Rex **7.00** Elementary

Radio

CHOICE

Inside The Wasp Factory Radio 4, 4pm
 When it was first published in 1984, Iain Banks' controversial debut novel The Wasp Factory, was described as 'a work of unparalleled depravity' and also 'a masterpiece'. Actor Simon Pegg, who chose this book on Desert Island Discs, is now finding out how it became such a phenomenon.

BBC RADIO 4

FM 92.4-94.6MHz 6.00am Today **9.00** The Life Scientific **9.30** Inside Health **10.00** Woman's Hour **11.00** Screenshot **11.45** Battle Grounds: Culture Wars in the Countryside **12.00noon** News **12.04** Call You and Yours **12.57** Weather **1.00** The World at One **1.45** How They Made Us Doubt Everything **2.00** The Archers **2.15** Drama: Wholesome **3.00** Becoming German **3.30** Beyond Belief **4.00** Inside The Wasp Factory **4.30** You're Dead to Me **5.00** PM **5.57** Weather **6.00** News **6.30** Do Gooders **7.00** The Archers **7.15** Front Row **8.00** Retracted **8.45** In Touch **9.00** Crossing Continents **9.30** Great Lives **10.00** The World Tonight **10.45** Book at Bedtime: Enlightenment **11.00** Jon Holmes Says the C-Word **11.30** Lights Out **12.00m't** News **12.30** Battle Grounds: Culture Wars in the Countryside **12.48** Shipping Forecast **1.00** As BBC World Service

8.00 Death in Paradise **9.00** **NEW** The Company You Keep. Romantic drama. **10.00** So Help Me Todd **11.00** Elementary **12.00m't** Hudson & Rex **1.00** Murdoch Mysteries **3.00-4.00am** Why Women Kill

SKY MAX

8.00am Supergirl **9.00** Stargate SG-1 **11.00** NCIS: New Orleans **12.00noon** Supergirl **1.00** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** SEAL Team **6.00** Stargate SG-1 **8.00** A League of Their Own Road Trip: Southeast Asia **9.00** Agatha Raisin **11.00** The Walking Dead: Daryl Dixon **12.10am** An Idiot Abroad **2.15** The Walking Dead **2.30** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00-6.00am** Highway Patrol

SKY ATLANTIC

6.00am Urban Secrets **8.00** Riviera **10.10** Britannia **12.10pm** Game of Thrones **1.20** The Sopranos **3.35** Riviera **5.45** Britannia **7.45** Game of Thrones **9.00** The Staircase **10.10** House of the Dragon **11.35** The Sopranos **12.40am** Winning Time: The Rise of the Lakers Dynasty **1.45** The Leftovers **3.00** Game of Thrones **4.10-6.00am** Urban Secrets

SKY WITNESS

8.00am Stop, Search, Seize **9.00** Highway Cops **10.00** Caught on Dashcam **11.00** Blue Bloods **12.00noon** The Rookie **1.00** Chicago Fire **2.00** FBI: Most Wanted **3.00** Caught on Dashcam **4.00** Nothing to Declare **8.00** Blue Bloods **9.00** Elsbeth **10.00** FBI: Most Wanted **11.00** Chicago Fire **12.00m't** Law & Order: Special Victims Unit **1.00** Fire Country **3.00** For Life **4.00** The Force: Manchester **5.00-6.00am** Bondi Rescue

SKY COMEDY

8.00am Will & Grace **9.00** The Conners **10.00** In the Long Run **10.30** Barry **11.55** Young Rock **12.55pm** Dice **2.10** Barry **3.30** Young Rock **4.30** In the Long Run **5.00** Will & Grace **6.00** The Office (US) **7.00** The Conners **8.00** Will & Grace **9.00** Curb Your Enthusiasm **11.00** Josh Widdicombe: Bit Much... **12.10am** Breeders **1.10** Enlightened **2.30** Flight of the Conchords **3.50-5.00am** Dice

DISCOVERY

8.00am Blowing Up History **9.00** How the Universe Works **10.00** Iron Resurrection **11.00** Wheeler Dealers **1.00pm** Alaska: Homestead Rescue **3.00** Mystery at Blind Frog Ranch **4.00** Flying Wild Alaska **5.00** Salvage Hunters **6.00** Iron Resurrection **7.00** Jeremy Wade's Dark Waters **8.00** Wheeler Dealers **9.00** Gold Rush **10.00** **NEW** Hoffman Family Gold **11.00** Outback Truckers **12.00m't** Mysteries of the Deep **1.00** Gold Rush **2.00** Hoffman Family Gold **3.00** Gold Rush **4.00-5.00am** Moonshiners

NATIONAL GEOGRAPHIC

8.00am Food Factory USA **9.00** Air Crash Investigation: Special Report **10.00** Tut's Toxic Tomb **12.00noon** Air Crash Investigation **2.00** Vikings: The Rise and Fall **4.00** Seconds from Disaster **5.00** Car S.O.S **6.00** Air Crash Investigation **8.00** Apocalypse: The Fall of Hitler **10.00** Hitler's Teen Killers **11.00** Air Crash Investigation **12.00m't** Banged Up Abroad **1.00** Airport Security: Colombia **2.00** Bid & Destroy **2.30** Lords of War **3.20-4.10am** Food Factory

BBC RADIO 5 LIVE

693/909kHz 6.00am 5 Live Breakfast **9.00** Nicky Campbell **10.00** Naga Munchetty **1.00pm** 5 Live Olympics **3.30** 5 Live Olympics **6.30** 5 Live Olympics. Kelly Cates presents coverage of the track cycling events. **10.00** Gordon Smart **1.00am** Dotun Adebayo **5.00-6.00am** Wake Up to Money

BBC RADIO WALES

FM: 94.6MHz 6.00am Radio Wales News Update **6.05** Wake Up with Radio Wales **6.30** Radio Wales Rewind **7.00** Radio Wales Breakfast **9.00** Wynne Evans **12.00noon** The Phone In **2.00** Behnaz Akhgar **5.00** Radio Wales Drive **6.30** Science Cafe **7.00** Molly Palmer **10.00** Nathan Sussex **12.00m't** Relax with Radio Wales **1.00-6.00am** As Radio 5 Live

CLASSIC FM

100-102MHz 6.30am Classic FM Breakfast with Aled Jones **9.00** The Classic FM Hall of Fame Hour with Aled Jones **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Relaxing Evenings **10.00** Calm Classics **1.00am** Bill Overton **4.00-6.30am** Early Breakfast

ABSOLUTE RADIO

DAB 6.00am Dave Berry. Moirning show. **10.00** Sophie K **1.00pm** Ben Burrell **4.00** Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00-6.00am** Dan Noble

Movies

FILM4

11.00am **The Call of the Wild** (2020/PG) Adventure, starring Harrison Ford. **★★★★**
1.00pm **Muppets from Space** (1999/U) Family comedy, starring F Murray Abraham. **★★★★**
2.45 **The Karate Kid** (1984/12) Martial arts drama, starring Ralph Macchio. **★★★★**
5.10 **The Lavender Hill Mob** (1951/U) Ealing comedy, starring Alec Guinness. **★★★★★**
6.50 **Flight of the Phoenix** (2004/12) Action, with Dennis Quaid and Tyrese Gibson. **★★★**
9.00 **Nobody** (2021/15) Crime drama, starring Bob Odenkirk and Connie Nielsen. **★★★★**
10.50 **Tropic Thunder** (2008/15) Comedy, starring Ben Stiller and Jack Black. **★★★★**
1.00-2.55am **Songs My Brothers Taught Me** (2015) Drama, starring John Reddy and Jashaun St John. **★★★**

SKY CINEMA PREMIERE

7.10am **Robin and the Hoods** (2024/PG) See 2.40pm for details. **★★★**
9.00 **Trolls Band Together** (2023/U) See 4.30pm for details. **★★★**
10.40 **Parallel** (2024/15) See 8.00pm for details. **★★**
12.25pm **Concrete Utopia** (2023/15) See 11.40pm for details. **★★★**
2.40 **Robin and the Hoods** (2024/PG) Comedy, starring Naomie Harris. **★★★**
4.30 **Trolls Band Together** (2023/U) Animated musical, featuring the voices of Anna Kendrick and Justin Timberlake. **★★★**
6.05 **Mean Girls** (2024/12) Musical adaptation of the 2004 cult classic, starring Angourie Rice and Renee Rapp. **★★★**
8.00 **Parallel** (2024/15) Fantasy thriller, starring Danielle Deadwyler and Edwin Hodge. **★★★**
9.40 **The Nun II** (2023/15) Horror sequel, with Taissa Farmiga and Jonas Bloquet. **★★★**
11.40 **Concrete Utopia** (2023/15) Drama, with Lee Byung-hun and Park Seo-joon. **★★★**
2.00am **Deep Sea** (2023/PG) Animated adventure, featuring the voices of Brian Flaccus and Angela Malhotra.

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** Source: The Royal British Legion, Lost Voices' report, 2014

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JUST JANE



JANE O'GORMAN SOLVES YOUR PROBLEMS TODAY ... AND EVERY DAY

Callous rat back with ex

MY boyfriend has gone back to his ex.

He and I were supposed to be moving in together. It feels like my whole world has come crashing down.

He's cruelly posting insensitive pictures of him and her on social media and telling the world he's never been happier, and I'm back home with my mum and dad.

I was ecstatic last October when he suggested us getting a place together. I found the perfect location and bought loads of stuff. But then I got an email telling me that he'd changed his mind.

How am I supposed to cope?

JANE SAYS: *Punch your pillow, go for brisk walks and get your energy and anger out of your system. Then, when you're feeling strong again, vow to rise up and take back control of your life.*

The rat wasn't right for you. His cowardly behaviour proved that.

You had a decent life before him, and you can have an even better one now he's gone. Draw up a wish list of everything you wish to do and then make it happen.

Now your best form of "revenge" is sparkling success. Go for it and leave him to post away to his heart's content.

My 'girls' give me blissful sex kicks

FELLA HAS NO DESIRE

I ENJOY regular sex with other women.

My boyfriend doesn't like it but, surely this doesn't count as cheating.

My guy and I are in a tricky place right now. He's having a tough time with work and family and has lost all interest in sex.

Yet he resents me going out and finding other lovers for kicks and giggles. He thinks I should wait for him to regain his libido.

But why should I? Life is for living, right?

The reality is that being with girls is so refreshing. They get me, they understand my humour and turn me on.

At the moment I'm seeing a much older GP who has bedded over 50 women in her time.

What she doesn't know about the female orgasm is no one's business.

She loves my raw energy and eagerness to learn. We often spend hours in her bed together simply kissing, stroking and caressing. Bliss.

As well as her, there's a hardcore woman I used to work with who is tough and experimental with an eye-watering collection of sexual aids.

Then there's the bisexual massage therapist who comes to my house when my guy is at work and makes me scream.



Picture posed by models

FUN TIMES: But she doesn't see her flings with women as cheating

Between the three of them I've curated a perfect circle of fun and filth. But, my boyfriend doesn't like it. I've never lied in my life and I'm not one for hiding my actions or behaviour.

I speak up every time I'm about to meet one of "the girls". I tell him where I'm going and how long for. Everything is out in the open.

The reality is that nothing I do takes away the feelings I have for him. The girls are not a threat but I'm not prepared to live a sex-free life for anyone.

It's not as if I'm seeing other men. That's reasonable and understandable, isn't it?

JANE SAYS: *You can dress it up anyway you like, and justify your behaviour until the cows come home, but you know you're not being fair.*

Your guy is struggling with personal and professional issues yet you're going out and painting the town red with a selection of exotic women.

Sex is sex – no matter who it's with and if your guy considers you a cheat, then he's entitled to be heard.

Instead of playing away from home, aren't you inclined to help and support him? Can't you just stop and listen and advise?

If not, then why are you still with him? What part of being in a committed relationship don't you get?

I'm not surprised he's struggling with his own sex drive when you're so active with others.

Stop messing around and start acting like an adult.

Apologise for hurting him and admit that you've been selfish, because you have.

I get it that your head is in the clouds and you're having some amazing sexual experiences right now, but there's a right way and a wrong way of treating people.

Noisy lover is a faker

I'VE never liked the noises my girl makes at the point of orgasm.

She's too loud and insincere. I always get the impression that she's acting.

One time we stayed with my parents and my mum had a word with me at breakfast because my girl had been so noisy.

Recently, we had a row over money and my girl said she's never experienced an orgasm with me.

She's faked it every time. Who does that?

JANE SAYS: *Your girl has missed out on so much. She should have told you how she felt so you could have worked on this matter together.*

It's often said that women need up to 45 minutes of stimulation before the point of orgasm.

If you and she have been rushing things and not including enough lubrication or foreplay, then no wonder she's felt the need to play a role.

Suggest you get back to basics. What can you do for her? Would some early nights, erotic fiction or sex toys help? Ask her to articulate her needs so that you can enjoy pleasurable climaxes together.

Also, point out that humiliating you in front of your parents wasn't fair or kind.



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Jealousy hell

WRITE to Just Jane, Daily Star, One Canada Square, London E14 5AP or email jane.o'gorman@dailystar.co.uk
Please note that Jane cannot respond to individual letters and not all problems will be published.

Partner pulls off cruel move

WHEN my girlfriend gave up her place in a flat share and came to stay with me, I thought she'd moved in for good.

But now she's found a new place to live and is moving out. I feel rejected. She says she's not dumping me but is looking forward to her own space. What about me?

JANE SAYS: *If your girlfriend is someone who cherishes her freedom and privacy, then moving on is her prerogative. If you feel she has abused your hospitality, then air your grievance.*

Do you believe she owes you a better explanation? If she doesn't want the same things as you, then what's the point in sticking with her? Have you both arrived at a significant crossroads?

PHOTO CASEBOOK

WHAT'S SHE HIDING?

DAY 2



CONTINUES TOMORROW

RUSSELL GRANT

DON'T MISS RUSSELL EVERY DAY IN THE DAILY STAR

ARIES March 21 to April 20
 IF you're hoping an official will back your ideas, a positive approach will be more effective than a negative one. It would be nice to believe others shared your enthusiasm for a new project but you're starting to realise they are unlikely to give any support.
 Call one of my dedicated astrologers on **0905 789 3801****

GEMINI May 22 to June 21
THERE is tension between you and a partner or friend. They might tell you nothing is wrong but you disagree. Your approach to expressing emotions has been sincere, caring and authentic and you expect similar from those closest to you.
 Call one of my dedicated astrologers on **0905 789 3803****

LEO July 24 to August 23
 IT can feel as if the sun is being overshadowed by dark clouds. Your usual positive outlook is clouded by negativity. You are allowing doubts to consume your thoughts, preventing you from finding peace and making the most of opportunities.
 Call one of my dedicated astrologers on **0905 789 3805****

TAURUS April 21 to May 21
YOU'RE holding off from making a big decision. It isn't that you are ignoring the fact that you have a choice to make but it is because you believe valuable information is being withheld. This could assist you in making an informed decision.
 Call one of my dedicated astrologers on **0905 789 3802****

CANCER June 22 to July 23
WHILE hoping to get quick results, being too forceful with lazy workmates and housemates is not going to get them to like you. Someone will get defensive and refuse to give you any help at all. Stubbornness is causing issues in relationships.
 Call one of my dedicated astrologers on **0905 789 3804****

VIRGO August 24 to September 23
FEELING uneasy is natural when being teamed up with new colleagues. Someone who is aggressive might seem to pose a threat. You might wonder how these changes will affect your work. Give it time to get used to each other's ways.
 Call one of my dedicated astrologers on **0905 789 3806****

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LIBRA September 24 to October 23
SOMETIMES you have to let go of ideas that are proving to be a waste of time and energy. You were hoping to get started on home related activities with your family but obstacles, including financial ones, keep getting in the way.
 Call one of my dedicated astrologers on **0905 789 3807****

SAGITTARIUS November 23 to December 21
RESTRAIN your enthusiasm in order to handle a situation where progress is inconsistent. This is mainly due to a workmate's lack of experience. Despite not being able to depend on others, you will dedicate long hours to achieve your objectives.
 Call one of my dedicated astrologers on **0905 789 3809****

AQUARIUS January 21 to February 19
ARRANGEMENTS for a big family reunion are going reasonably well. Just be sure to address any potential disagreements with others to prevent them from escalating. A youngster will have imaginative ideas but they could be costly.
 Call one of my dedicated astrologers on **0905 789 3811****

SCORPIO October 24 to November 22
BE determined and stay focused to accomplish goals. By being flexible and making good decisions you will get through more than expected. Those in high places will be supportive and will not impede your progress as you may have been anticipating.
 Call one of my dedicated astrologers on **0905 789 3808****

CAPRICORN December 22 to January 20
STRAYING from your usual habits and routines won't be a bad thing. This could lead to exciting new opportunities you never imagined were possible. Embrace the sense of anticipation this brings.
 Call one of my dedicated astrologers on **0905 789 3810****

PISCES February 20 to March 20
YOU have always been able to trust your intuition and today will be no exception. Not only can you pick up information from the atmosphere around you but you have the ability to detect problems early and deal with them promptly.
 Call one of my dedicated astrologers on **0905 789 3812****

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PUZZLE FACTOR



***HELPLINE: 0333 202 3390 (9AM - 5.30PM)**
SERVICE PROVIDER: SPOKE

KRISS KROSS

To hear the words that appear in the shaded squares call 0901 322 5360. *Calls cost 75p plus your telephone company's network access charge.

Fit all the listed words into the grid. One word has been placed to start you off.

ALPHAPUZZLE™

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 10 | | 25 | | 1 | | | | 20 | | 5 | | 5 | |
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| 3 | | 10 | | 16 | | 24 | | 23 | | 1 | | | 17 |
| 1 | 21 | 22 | 25 | 6 | 6 | 2 | | 10 | 16 | 9 | 10 | 15 | |
| 16 | | 9 | | 6 | | 23 | | 16 | | 3 | | | 23 |
| 11 | 23 | 22 | 15 | | 7 | 9 | 3 | 25 | 6 | | | | |
| 2 | | 1 | | 13 | | 1 | | 20 | | 5 | | | 25 |
| | | | 24 | 23 | 25 | 20 | 15 | | 13 | 15 | 11 | 1 | |
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A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

EACH grid number in Alphapuzzle® stands for a letter. Every letter of the alphabet is used. Use the given letter or letters - below the main grid - to start. Solution tomorrow. **Difficulty:** 6/10 **Target Time:** 20 minutes **Clue:** Good French is used inside Buffalo.

YESTERDAY'S SOLUTION

Across: Exclaim, Nomad, Prods, Scarlet, Undercut, Etch, Differ, Wizard, Bulk, Relapses, Prosaic (clue), Knave, Ditty, Paragon.

Down: Expound, Biped, Cloud, Fallout, Assorted, Wary, Mosque, Teacup, Near, Hijacker, Militia, Slang, Ditch, Discern.

EXTRA LETTER CLUES:
0905 817 2648*

Hear up to six Extra Letters. Deduct two minutes from today's Target Time for each clue letter heard.

Full Solution: 0907 181 2594*

*Calls cost 80p per minute plus your telephone company's network access charge.

Alternatively, for 6 extra clues to your mobile, text DSALPHA to 64343. Texts cost £1 plus your standard network rate.

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3 letters

- BOY
- CAR
- ERA
- EYE
- GAP
- GUM
- OAK
- OLD
- OUR
- RAT
- SAD
- TWO
- YOU

5 letters

- ATLAS
- FINER
- GIDDY
- IMAGE
- WATCH

6 letters

- COARSE
- EDITOR
- HOTTER
- IGNORE
- REWARD

7 letters

- NUCLEUS
- RECIPES

8 letters

- ANYWHERE
- DECEMBER
- ECONOMIC
- OFFERING
- PERSUADE
- STUBBORN

4 letters

- BEER
- CODE
- CORN
- DOLT
- EARN
- LADY
- ONCE
- OVER
- POLO
- RING

SUDOKU

| | | | | | | | | | | | | |
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| | 3 | 6 | | 4 | | | | | | | | |
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| | 8 | | | 1 | | 6 | | | | | | |
| 7 | 6 | | 9 | | | 8 | | 5 | | | | |
| | 7 | | | 2 | | 3 | 6 | | | | | |
| | 2 | | 7 | | | | | 4 | | | | |
| | | | 3 | | | 2 | 8 | | | | | |

FILL the grid so that every column, row and 3x3 square includes all the digits from one to 9.

LEVEL: Moderate, 22 Mins
YESTERDAY'S SOLUTION

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 5 | 4 | 1 | 9 | 3 | 6 | 2 | 8 |
| 8 | 3 | 9 | 6 | 5 | 2 | 7 | 1 | 4 |
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| 3 | 8 | 1 | 5 | 2 | 7 | 4 | 9 | 6 |
| 2 | 4 | 6 | 9 | 8 | 1 | 5 | 3 | 7 |
| 5 | 9 | 7 | 4 | 3 | 6 | 2 | 8 | 1 |
| 6 | 1 | 3 | 2 | 7 | 9 | 8 | 4 | 5 |
| 4 | 2 | 8 | 3 | 6 | 5 | 1 | 7 | 9 |
| 9 | 7 | 5 | 8 | 1 | 4 | 3 | 6 | 2 |

Extra clues: 0901 322 5606 *Calls cost 75p plus your telephone company's network access charge.

Today's Solution: 0907 181 2616 *Calls cost 80p per minute plus your telephone company's network access charge.

YESTERDAY'S SOLUTION

ARROWWORD

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| E | S | M | U | M | S | | | | | | |
| L | O | O | S | E | R | E | A | S | O | N | |
| E | M | T | A | G | S | K | I | | | | |
| S | P | H | E | R | E | E | A | S | E | L | S |
| H | A | T | R | N | L | P | | | | | |
| B | A | S | I | C | A | T | H | L | E | T | E |
| N | M | A | I | D | E | A | T | E | N | | |
| O | T | H | E | R | D | I | A | M | O | N | D |
| S | S | E | W | S | L | E | N | D | S | | |

Answers in tomorrow's **DAILY STAR**

TWO-WAY TEASER

CALL 0907 181 2623 FOR TODAY'S SOLUTION

*Calls cost 80p per minute plus your telephone company's network access charge.

TWO sets of clues but the answers are the same...

CRYPTIC CLUES ACROSS

- 1 Aftermath of force (6)
- 4 Sad reminder from the war (6)
- 7 We hear this poet is forbidden (4)
- 8 The prototype of a girl in love, possible (8)
- 9 Gave a signal and slowed down (7)
- 12 It supports one in retirement (3)
- 14 Time to take pig on a bus? (6)
- 15 One engaged in sharp trade practice? (6)
- 16 Some games of tennis get harder (3)
- 18 It appears to produce fright or respect perhaps (7)
- 22 He makes an offer to support Rose somehow (8)
- 23 It runs into the sea (4)

- 24 My wish is for something fancy (6)
- 25 Bill is alone without comfort (6)

DOWN

- 1 Bears arms when involved in trouble (9)
- 2 Van driver's warning on the promenade (9)
- 3 Hothead in Chinese secret society gets the lash (5)
- 4 Forgo a farewell gesture, we hear (5)
- 5 Leave without a thing (4)
- 6 Business deal (5)
- 10 Right in the middle of one's land (5)
- 11 Put off with a letter to

YESTERDAY'S SOLUTION:

- ACROSS:** 1 Sparring, 5 Wasp, 8 Lope, 9 Alliance, 10 Tangles, 12 Curry, 13 Domino, 15 Greens, 17 Barry, 18 Bloater, 22 Chickens, 23 Harp, 24 Skid, 25 Directed.
- DOWN:** 1 Saluted, 2 Aspen, 3 Image, 4 Golf, 6 Aintree, 7 Piety, 11 Lenny, 12 Curio, 14 Martini, 16 Striped, 17 Backs, 19 Laser, 20 Tract, 21 Weed.

- a relative (5)
- 12 Ran a libel about a female dancer (9)
- 13 Is it never found in light cavalry? (4,5)
- 17 Slight change of heart for space traveller (5)
- 19 Not a ruddy thing to eat (5)
- 20 Army group threshing crops (5)
- 21 Wartime food, starting off with sausage, peas and mash (4)

QUICK CLUES ACROSS

- 1 Consequence (6)
- 4 Garland (6)

- 7 Poet (4)
- 8 New (8)
- 9 Paved (7)
- 12 Resting place (3)
- 14 On a ship (6)
- 15 Dealer in knives (6)
- 16 Collection (3)
- 18 Ghost (7)
- 22 Mover of a motion (8)
- 23 Jetty (4)
- 24 Fancy (6)
- 25 Comfort (6)

DOWN

- 1 Disconcert (9)
- 2 Van (9)
- 3 Strip of leather (5)
- 4 Forgo right (5)
- 5 Way out (4)
- 6 Commerce (5)
- 10 Area measures (5)
- 11 Discourage (5)
- 12 Female classical dancer (9)
- 13 Unknown competitor (4,5)
- 17 World (5)
- 19 Pie (5)
- 20 Army group (5)
- 21 Spiced ham (4)

ANSWERS IN TOMORROW'S PAPER

StarWins

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DAILY STAR SHOP

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Protect your flowers: with one click the built-in Flower Guard locks into place. It's a protective shield to prevent you cutting your favourite flowers and helps extend the life of your trimmer blades by preventing damage from rocks, walls or other solid objects.

Never buy expensive trimmer line again! Lawn Barber uses convenient double-sided blades, you'll never bump or fiddle to extend expensive trimmer line again!

Cordless convenience: Lawn Barber is completely cordless so you can trim all over your entire garden with no more tangled cables or extension cords.

Double Blades spin at 10,000 RPM: the dual sided cutting blade spins at an incredible speed to make trimming your garden a breeze.

Adjustable, telescopic pole: the adjustable pole can be made the perfect length for virtually anyone with a simple click.

50 minute run time: trim your entire garden on one charge! Lawn Barber charges in less than three hours, too.

Lightweight: Lawn Barber weighs less than 2 kilograms.

Adjustable angle trimming head: reangle the trimming head with just a click for more versatile trimming.

13cm cutting diameter: trim with precision thanks to the controlled cutting area.

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Features optional stability handle: for extra control you can easily attach the Stability Handle for a super secure grip.

Built-in debris shield: the integrated Debris Shield is designed to stop debris flicking up while you're trimming your garden.

Includes: 5 double-sided blades.

Also Available: 10 x replacement blades, be sure to never be caught short! (£4.99).

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AS SEEN ON TV

13 PAGES OF SUPERB STARSPORT START WITH RACING

Sprinter set to Con-Quer

QUERCUS (4.00, nap) is napped to land his sixth course success at Catterick.

The gelding loves the North Yorkshire track and was chinned in the final strides 13 days ago.

That was a return to form and he can go one better under Joe Fanning (right) if he can break quickly from a poor draw.

At Ffos Las SPIRIT OF THE ROSE (4.15, nb) has the

look of an improving three-year-old and can strike for Clive Cox and Rossa Ryan.

The in-form jockey could land a treble with victories on

BOLD IMPACT (3.05) and FINE INTERVIEW (3.40).

GREEN ICON (7.17)

caught the eye on his debut when he was backed into favourite.

He can be another for Billy Loughnane at Chelmsford.



CHELMSFORD Racing TV

5.47 HANDICAP (FEMALE AMATEUR JOCKEYS) Class 5 1m 2f (8 runners) £4,793

- 1 (1) 6L12 ROGER HENRY (10)(C,D,A,S) G Kelleway 4 10 11 Miss Serena Brotherton 64
2 (5) 5232 CHARLIE'S CHOICE (33)(A) D M Simcock 4 10 10 Miss Judith Dickinson 65
3 (8) 1132 BEAUTIFUL CROWN (17)(BF,D3,A,S) Jack Jones 6 10 7 Miss M Jordan 66
4 (2) 4606 MAYSONG (14)(A,G,S) Alice Haynes 7 10 7 Miss Becky Smith *70
5 (5) 0024 RED TREASURE (14)(A,G)(B) E Dunlop 4 10 5 Miss Karen Dietjens 65
6 (6) 6130 DELTA LEGEND (14)(A) G Kelleway 4 10 4 Miss Giulia Pellegrini 65
7 (3) 1456 SEMSER (38)(C,D2,A)(P) G & J Moore 7 9 12 Miss Jenny Langhard 64
8 (4) -006 MRS MEADER (26)(D2,G,S) J Feilden 8 9 9 Miss Tereza Bravcovicova 65

Star Betting: 5-2 Roger Henry, 3 Beautiful Crown, 4 Charlie's Choice, 6 Red Treasure, 8 Delta Legend, 14 Mrs Meader, 16 Others.

6.17 6 HORSES CHALLENGE AT BET365 HANDICAP Class 5 3YO 1m 2f (7 runners) £5,051

- 1 (1) -414 ASHARIBA (31)(BF,D,S) D Muiser 9 8 ... T Marquand 84
2 (2) -431 HEAT OF PASSION (8)(A) Sir M Prescott 9 8(6ex) ... L Morris *88
3 (5) 6002 HISTORIC CITY (36)(BF)(V) S bin Suroor 9 7 ... S De Sousa *83
4 (4) -261 DASHINWHITESARGENT (29)(A) H Morrison 9 6 ... H Crouch 85
5 (3) 464- DEEP BLUE (29)(A) J Osborne 9 5 ... S Osborne 79
6 (7) 3-45 WINDCRACK (26)(H) A Balding 9 5 ... O Murphy 81
7 (6) 63-0 WILLY CAMPBELL (26) S Kirk 9 4 ... L Keniry 79

Star Betting: 6-4 Heat Of Passion, 4 Historic City, 5 Dashinwhitesargent, 13-2 Windcrack, 7 Ashariba, 8 Deep Blue, 50 Willy Campbell.

2023: Wadacore Gomez 9 4, Franny Norton 11-2 (C Johnston), drawn (5), 12 ran.

STARFORM HEAT OF PASSION 2-1fav (9-10) Raced keenly, made all and set steady pace, went clear turning in, rider looking round for non-existent dangers final 2f, kept on strongly, unchallenged, won at Southwell 1m 3f hcap (5) in Jul beating Rogue King (9-11) by 5l, 8 ran.

Historic City 4-1fav (9-2) Took keen hold, chased leaders, pushed along over 2f, led over 1f out, hung left inside final furlong, headed final 50yds, kept on, 2nd of 10, nk behind Rosenzoo (9-9) at Wolverhampton 1m 1f 3yo hcp 0-75 (5) in Jul. Dashinwhitesargent 6-4fav (9-4) Made all, driven over 1f out, pressed inside final furlong, always doing enough, won at Wolverhampton 1m 1f nov auc stks (5) in Jul beating Thorntonlede Max (9-2) by nk, 10 ran.

Windcrack 7-1 (8-10) Held up in mid-division, headway over 3f out, driven over 2f out, no impression over 1f out, no extra inside final furlong, 5th of 8, 8l behind Vanish (9-4) at Newbury 1m 2f nov auc stks (4) qs in Jul.

6.47 RESTRICTED MAIDEN STAKES (DIV 1) Class 5 2YO 7f (13 runners) £4,187

- 1 (4) CHANNAGIDE M Botti 9 7 ... Billy Loughnane -
2 (5) 40 CHESNEYS CHARM (40) M Bell 9 7 ... H Crouch *72
3 (12) 3 DALMALLY (61) H Morrison 9 7 ... O Murphy 70
4 (13) DON'T GET CAUGHT Miss A Murphy 9 7 ... F Larson (3) -
5 (2) IRISHIKO M Attwater 9 7 ... P Bradley -
6 (6) 33 JACK ANDREA (34) R Eddery 9 7 ... D Keenan 68
7 (10) NAHASH James Horton 9 7 ... A Farragher -
8 (8) 00 PERFECT SIGHT (8) E Dunlop 9 7 ... C Shepherd 42
9 (3) POKE THE BEAR Miss A Murphy 9 7 ... J Peate (3) -
10 (1) TRUADOUR BLUE G Kelleway 9 7 ... S Osborne 55
11 (11) 0 CEIRA G (17) G Kelleway 9 7 ... L Morris 55
12 (7) LL FLAINE (15) T Dascombe 9 2 ... P L Jamn -
13 (9) YOUR GRACE S Pearce 9 2 ... R Dawson -

Star Betting: 7-4 Dalmally, 4 Jack Andrea, Chesneys Charm, 10 Nahash, Channagide, 12 Don't Get Caught, 16 Poke The Bear, 20 Truadour Blue, 25 others.

2023: No corresponding race.

STARFORM: DALMALLY DANGER: Chesneys Charm

7.17 RESTRICTED MAIDEN STAKES (DIV 2) Class 5 2YO 7f (13 runners) £4,187

- 1 (8) CITY CAPTAIN S Kirk 9 7 ... L Keniry -
2 (5) CUBAN STAR (11) Jack Jones 9 7 ... J Peate (3) 45
3 (3) ELMAST K P De Foy 9 7 ... B Sayette -
4 (1) GREEN ICON (40)(BF) Owen Burrows 9 7 ... Billy Loughnane 64
5 (2) LOUIE THE LEGEND (40) D Cunha 9 7 ... R Dawson 59
6 (6) METRO DUBAI (45)(V) S & E Crisford 9 7 ... T Marquand *78
7 (7) NEBROOK DREAM Miss A Murphy 9 7 ... S De Sousa -
8 (12) NIMBLE NASHER I Furtado 9 7 ... Elle-May Croot (7) -
9 (10) NO RELEASE E Dunlop 9 7 ... C Shepherd -
10 (11) SILVER PUCA J Osborne 9 7 ... S Osborne -
11 (13) TOP BILLER J Osborne 9 7 ... W Carver (3) -
12 (9) BESOS DE LEJOS M Attwater 9 7 ... P Bradley -
13 (4) 0 NORA BARNACLE (27) D F Davis 9 2 ... K O'Neill 44

Star Betting: 11-8 Metro Dubai, 3 Green Icon, 8 Elmast, 10 Nebrook Dream, Louie The Legend, 14 No Release, 20 Silver Puca, Cuban Star, City Captain, 25 others.

7.47 RACING VALUE AT BET365 HANDICAP Class 6 7f (15 runners) £4,004

- 1 (4) R-LL IMPERIOUSITY (15)(A,S) S A Harris 4 9 12 ... Laura Pearson 28
2 (9) 2420 HEERATHTRACK (59)(D,C,D,A)(V) M Usher 5 9 12 ... G Rooke 62
3 (3) 1140 HOMBRE (13)(BF,S)(P,T) Parr 4 9 11 ... S De Sousa *63
4 (14) 6365 NORTHBOUND (120)(D2,A,G) P Niven 6 9 11 ... C Shepherd 61
5 (12) 2213 KONDRATIEV WAVE (35)(D,A,G,S)(P) A Carroll 7 9 11 ... J Doughty (5) 60
6 (6) 0122 TWILIGHT JAZZ (7)(BF,D2,G) Charalambous & J Clutterbuck 4 9 9 L Morris 59

Star Betting: 3 Twilight Jazz, 5 Maverick Style, 13-2 Kondratiev Wave, 8 Northbound, 10 Mayo County, Solo Solataire, 12 Hombre, 16 Heerathtrack, Miss Billie, Just Typical, Havana Sky, 20 others.

2023: Thomas Equinas 4 9 5, Robert Havlin 5 2 (D Ivory), drawn (10), 9 ran.

STARFORM MAVERICK STYLE 12-1 (9-2) Raced wide, prominent, ridden and every chance 2f out, stayed on one pace, 2nd of 12, 2/3/4 behind My Clementine (8-13) at Chepstow 7f 3yo hcp 0-60 (6) gs in Jul.

Twilight Jazz 1-1fav (9-9) Wore hood to post, led, pushed along and forged clear over 2f out, ridden 1f out, kept on, reduced lead inside last, headed final stride, well clear of rest, 2nd of 11, nk behind Time Tested (9-2) at Yarmouth 7f Classified Stakes (0-50) (3yo+) (6) gf in Jul.

Kondratiev Wave 7-2 (9-7) Led, headed 3f out, led over 2f out, soon headed, 3rd and no extra inside final 100 yards, 2nd of 8, 4l behind Split Elevens (9-3) at Brighton 7f hcp (6) gf in Jul.

Northbound 8-1 (9-8) Tracked leaders, ridden 2f out, kept on same pace, 5th of 12, 1 3/4l behind Odd Socks Havana (9-5) at Newcastle 7f hcp (0-55) (6) in Apr.

Mayo County 10-3fav (9-5) Raced wide tracked leaders, ridden to chase leader approaching final furlong, weakened inside final furlong, 6th of 10, 5l behind Georgie Wooster (9-10) at Redcar 7f 3yo hcp 0-60 (6) gf in May.

Solo Solataire 13-2 (9-11) Raced wide tracked leader until 6f out, tracked leaders, pushed along 2f out, weakened inside final furlong, 8th of 12, 10l behind Newfangled (9-5) at Wolverhampton 1m 1f hcp (0-55) (6) in Jul.

Hombre 10-3fav (9-7) Held up in rear, pushed along over 2f out, no impression, 8th of 11, 9l behind Tilsworth Ony Ta (9-6) at Lingfield 6f hcp (6) gf in Jul.

Havana Sky 14-1 (9-1) Steadied and went right start, raced keenly in rear, headway far side of group over 2f out, ridden and weakened final furlong, 8th of 9, 7l behind Kodebreaker (9-7) at Doncaster 1m hcp 0-60 (6) gd in Jul.

STARFORM: MAVERICK STYLE DANGER: Twilight Jazz

JASON HEAVEY STAR TIP

- Maysong 5.47 Roger Henry (nb)
Heat Of Passion 6.17 Heat Of Passion (nap)
Chesneys Charm 6.47 Chesneys Charm
Green Icon (treble) 7.17 No Release
Twilight Jazz 7.47 Solo Solataire
Son Of Wind 8.17 Poet's Peace
Almavillalobas 8.47 Doves Of Peace

GOING: STANDARD

PLACEPOT FIRST SIX RACES

8.17 CCR SUPPORTS AUTISM IN RACING NURSERY Class 6 2YO 5f (10 runners) £4,004

- 1 (6) L063 SON OF WIND (7) Mohammed 9 9 ... T Marquand 62
2 (5) L60 TOP STAR (22) R Hughes 9 9 ... G Rooke *63
3 (4) 354 FLY LIBERTY (27) M Botti 9 8 ... M Ghiani 60
4 (10) 000 PRADA ON PAROLE (20) Miss A Murphy 9 6 ... J Peate (3) 61
5 (7) L603 ROSY HOPE (13)(P) Alice Haynes 9 6 ... K O'Neill 61
6 (8) 3165 PREMIUM PASS (20) A Watson 9 6 ... L Morris 59
7 (1) L501 POET'S PEACE (20) E Dunlop 9 5 ... S De Sousa 55
8 (3) 600 DAWN AWAKENING (21)(T) I Furtado 9 4 ... J Haynes 60
9 (9) 000 THE MAGIC TURTLE (27)(H) D Donovan 6 10 ... S D Bowen (3) 55

Star Betting: 3 Top Star, 4 Son Of Wind, 6 Fly Liberty Fly, 7 Rosy Hope, 8 Prada On Parole, 10 Poet's Peace, Premium Pass, 14 The Magic Turtle, Dawn Awakening, 16 Angel At Midnight.

2023: No corresponding race.

STARFORM: SON OF WIND DANGER: Rosy Hope

8.47 CLASSIFIED STAKES Class 6 6f (9 runners) £4,004

- 1 (3) L0-5 ALMAVILLALOBAS (64) R Woodman 4 9 9 ... C Howarth (3) 49
2 (9) 4344 DEQUINTO (35) A Carroll 5 9 9 ... Jack Doughty (5) 54
3 (8) 3334 DOVES OF PEACE (159)(P) M Bell 4 9 9 ... H Crouch *60
4 (7) 1401 FAI FAI (10)(D3,A,G)(H,T) D Steele 5 9 9 ... G Rooke 50
5 (1) 4060 FANTASY NAVIGATOR (4)(D2,A)(B) M Appleby 5 9 9 R Dawson 51

Star Betting: 2 Fai Fai, 9-4 Doves Of Peace, 4 Dequinto, 10 La Verite, 12 Fantasy Navigator, 16 Lynwood Lad, 20 Almavillalobas, 25 War Zone, 33 Another Jack.

2023: Nazca 4 9 9, Callum Shepherd 22-1 (Miss L Perratt), drawn (7), 10 ran.

STARFORM: DOVES OF PEACE DANGER: Almavillalobas

KEY TO THE CARDS: our racecards are designed to give you a better, easier to understand guide to the runners. Brackets after the racecard number indicate the draw in Flat races. In the form figures, an 'L' indicates the horse finished in last place and a # indicates Bumper form. Figures in brackets after each horse's name indicate the number of days since the horse last ran. (C) indicates a course winner, (D) indicates a winner over the same distance as today's race. (B) or (V) indicates that the horse wears blinkers or a visor. (T) indicates that the horse wears a tongue strap. * indicates if wearing blinkers or visor for first time. (P) indicates that the horse is wearing a Cheek Piece. (BF) stands for beaten favourite. (F) is winner on firm going, (G) on soft going, (S) on soft going and (A) on the all weather. The figures in the last column after the jockey's name is an exclusive Clockform rating giving a guide to the horse's chance. The highest figure denotes the top rated, which is also pinpointed by a *.

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YESTERDAY'S RESULTS

LINGFIELD 2.15: 1, MISS DUBAI (T O'Shea 7-4 fav); 2, Heckmondwike (2-1); 3, Mr Cliff (12-1); 3/4l, ns. 5 ran. D Coakley. Tote: £2.75; pl £3.10, £1.50. Exacta: £5.80. Trifecta: £31.50. CSF: £5.31. NR: Small Fry.

2.45: 1, WE'RE NOT A LITTLE HERE (G Rooke 11-2); 2, Daisy Roots (5-2); 3, Harry The Haggler (85-40 fav), nk, 4l, 8 ran. D Steele. Tote: £6.50; pl £1.70, £1.40, £1.10. Exacta: £22.60. Trifecta: £38.42. Trifecta: £62.60. CSF: £19.87. NR: Chico Dulce.

3.15: 1, MARAYEL (T P Queally 15-8 fav); 2, Hellavape (22-1); 3, Meng Tian (4-1); 1/4l, nk, 9 ran. G & J Moore. Tote: £2.90; pl £1.60, £3.50, £1.40. Exacta: £24.90. Trifecta: £154.05. Trifecta: £242.90. CSF: £46.67.

3.45: 1, DIAMOND DREAMER (T Marquand 5-1); 2, Chiedoio (4-1); 3, Zeno (10-1); 6-5 fav Pablo Del Pueblo. 1/4l, 2l, 7 ran. P Chamings. Tote: £6.00; pl £2.40, £2.30. Exacta: £26.30. Trifecta: £185.09. Trifecta: £157.90. CSF: £23.81. NR: Spirit La Adelta.

4.15: 1, COAST (Mikkel Mortensen 4-1); 2, Big Bard (4-1); 3, Kento (17-2).

10-3 fav Lahina Bay. 1/4l, 1l, 13 ran. S Dixon. Tote: £5.00; pl £2.00, £2.10, £2.70. Exacta: £24.50. Trifecta: £138.47. Trifecta: £155.30. CSF: £20.73.

4.45: 1, APOTHEOSIS (J Mitchell 5-6 fav); 2, Faro Di Notte (9-1); 3, Granger Bay (7-4); 3/4l, hd, 8 ran. S & E Crisford. Tote: £1.84; pl £1.10, £1.60, £1.10. Exacta: £8.80. Trifecta: £14.50. CSF: £10.21. NR: Upscale.

5.18: 1, KING CABO (Jack Dace 11-2); 2, Valtella (7-2); 3, Buy The Dip (11-10 fav); 1/4l, 1/4l, 5 ran. L Dace. Trifecta: £13.50. PLACEPOT: £21.00

RIPON 2.30: 1, TOOMUCHFORME (C Lee 13-2); 2, Lovely Spirit (7-2); 3, Miss Hathaway (6-4 fav); 3l, 3/4l, 8 ran. K R Burke. Tote: £7.50; pl £2.00, £1.20, £1.20. Exacta: £26.70. Trifecta: £66.00. CSF: £28.73.

3.00: 1, CARIBBEAN WIND (C Rodriguez 4-6 fav); 2, Doralee (17-2); 3, Glowchester (11-1); 2l, 1/4l, 7 ran. J Channon. Tote: £1.67; pl £1.50, £2.50. Exacta: £5.50. Trifecta: £22.00. CSF: £7.13. NR: Bubbles Up.

3.30: 1, JE NE SAIS QUOI (S James 16-1); 2, Origintrail (4-1); 3, Hoof It Hoof It (28-1); 5-4 fav Woobay. 1/4l, 1/4l, 8 ran. G Tuer. Tote: £17.00; pl £3.60, £1.20, £4.90. Exacta: £67.10. Trifecta: £1800.67. Trifecta: £1301.80. CSF: £79.59.

4.00: 1, FORTAMOUR (P Mulrennan 11-2); 2, Kings Merchant (5-2); 3, Twelfth Knight (1-1); 2-1 fav International Girl, nk, 1/4l, 6 ran. B Haslam. Tote: £6.50; pl £2.20, £1.60. Exacta: £16.20. Trifecta: £113.20. CSF: £19.79.

4.30: 1, EY UP ITS THE BOSS (D Nolan 4-1); 2, Secret World (3-1 fav); 3, Poet's Dawn (10-3); 1/4l, 1/4l, 6 ran. Tony Boyle & Kaine Wood. Tote: £5.00; pl £1.80, £2.00. Exacta: £17.40. Trifecta: £56.60. CSF: £15.43.

5.00: 1, STRATOCRACY (C Lee 12-1); 2, Due Consideration (5-1); 3, Rogue State (5-2 fav); 1/4l, 1/4l, 8 ran. K Frost. Tote: £13.10; pl £2.70, £1.70, £1.10. Exacta: £74.10. Trifecta: £201.51. Trifecta: £249.30. CSF: £70.08. NR: Havana Prince.

QUADPOT: £38.90 PLACEPOT: £49.40

5.13: 1, WATER OF LEITH (Amie Waugh 6-1); 2, Danzart (9-2); 3, Sirius White (18-1); 4-1 fav Giselles Izzy. 1/4l, 1/4l, 10 ran. J Goldie. Tote: £7.00; pl £2.00, £1.80, £5.50. Exacta: £27.90. Trifecta: £470.66. Trifecta: £584.00. CSF: £32.59. NR: Biplane, High Velocity, Pockley.

5.50: 1, MERRIJIG (Gina Mangan 5-1); 2, Made For You (17-2); 3, Poms Aelius (6-1); 7-2 fav My Chiquita. 1l, 1/4l, 12 ran. J Berry. Tote: £6.00; pl £1.30, £3.70, £3.20. Exacta: £50.60. Trifecta: £265.82. Trifecta: £277.20. CSF: £47.49. NR: Queensland Boy.

6.20: 1, GRAZE ON PHOENIX (N Currie 18-1); 2, Bohemian Breeze (7-2); 3, Dark Mystery (11-2); 11-4 fav Hot Team. 1/4l, 1/4l, 8 ran. J & S Quinn. Tote: £20.20; pl £4.40, £1.70, £2.30. Exacta: £90.00. Trifecta: £402.82. Trifecta: £536.40. CSF: £80.54. NR: Fourfakind.

6.55: 1, FINN RUSSELL (S Osborne 5-1); 2, Jewel Maker (3-1 fav); 3, Ayr Poet (12-1); 1l, 1l, 7 ran. I Williams. Tote: £6.00; pl £2.60, £2.10. Exacta: £22.20. Trifecta: £166.60. Trifecta: £165.60. CSF: £19.49. NR: Medici Pass.

7.25: 1, AMAZING WINNIE (Louise Akehurst 16-1); 2, Inspiring Speeches (7-2); 3, Whatwouldyouknow (10-3 fav); hd, 1/4l, 9 ran. K Ryan. Tote: £17.60; pl £4.30, £1.60, £1.50. Exacta: £82.70. Trifecta: £238.20. Trifecta: £304.80. CSF: £70.54. NR: Elettaria, Mr Coco Bean.

7.55: 1, SEAHORSE SYD (Miss C Brooks 5-1); 2, Albee's Impact (11-2); 3, Chinese Spirit (5-1); 3-1 fav Haalim. 3/4l, 1/4l, 6 ran. O Pears. Tote: £5.75; pl £2.50, £2.30. Exacta: £29.20. Trifecta: £98.83. Trifecta: £146.10. CSF: £25.48. NR: Captain Corelli, Going Underground, Musical Masquerade, Sirius White, Musical Masquerade.

Rule 4 applies to All Bets, deduct 5p in the pound. 8.30: 1, REDARNA (Gina Mangan 7-1); 2, Barley (5-2); 3, Charencey (6-5 fav); nk, 1/4l, 5 ran. D Sayer. Tote: £8.30; pl £2.70, £1.40. Exacta: £22.30. Trifecta: £33.30. CSF: £23.48. NR: Enola Grey, Little Empire.

QUADPOT: Not won, pool of £27,278.18 carried over. QUADPOT: £130.50 PLACEPOT: £96.90

5 FOR FUN Who scored two tries for Wigan Warriors in the Super League XXIX home win over Leigh Leopards? West Ham defender Max Kilman played for which non-League club from 2015-18? Which Belgian tennis player replaced Andy Murray in the 2024 Wimbledon singles? Who won both races in Round 6 of the 2024 MotoE World Championship in Germany? Which British heavyweight boxer is nicknamed the Romford Bull?

SPORTWORD ACROSS 1 and 17 Down. 1996 Formula One champion (5,4) 4. See 15 Across. 7 and 22 Across. 1952-55 F1 driver; 1952 Indianapolis 500 Rookie of the Year (3,5) 8. SC, six-time Mitropa Cup winners (5) 9. Alberto .., 1988 Olympics slalom skiing gold medalist (5) 10 and 23 Across. 1999-2001 Leeds Rhinos coach (4,5) 11. Floyd, West Indies 2019 ICC Cricket World Cup head coach (6) 14. Venkatesh, 1996-2001 Test and 1994-2001 ODI bowler for India (6) 15 and 4 Across. 1982 Commonwealth Games women's shot put gold medalist (4,5) 18 and 2 Down. Germany and Bayern Munich midfielder (5,7) 20. Gokhan, 2006-15 Switzerland and 2015-16 Leicester midfielder (5) 21. Organisation merged with the NFL (1,1,1) 22. See 7 Across. 23. See 10 Across.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23

ANSWERS: Page 41

Call 0907 181 2622 for today's solution. Calls cost 80p per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390. Turn to Page 41 for yesterday's answers.

CATTERICK Racing TV

2.15 EBF MAIDEN STAKES (GBB RACE) Class 5 2YO 7f (8 runners) £4,050

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Archie's Dream, Archie Bay, Black Sky, Grecian Legacy, Harry Palmer, Hot Property, Showstorm, Newton Lass.

Star Betting: 5-4 Grecian Legacy, 3 Hot Property, 9-2 Archie's Dream, 12 Showstorm, 14 Black Sky, 16 Archie Bay, 20 Harry Palmer, 25 Newton Lass.

2023: Ice Max 9 7, Clifford Lee 5-6 Fav (K R Burke), drawn (7), 7 ran.

STARFORM: HOT PROPERTY DANGER: Grecian Legacy

2.50 CLASSIFIED STAKES Class 6 7f (13 runners) £4,004

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Doomsday, Chateau Village, Coconut Bay, Desert Dream, Chirack Walker, John Kirkup, Rain Cap.

Star Betting: 10-3 Rum Runner, 5 Doomsday, 11-2 Coconut Bay, 6 Rebecca's Girl, Rain Cap, 7 John Kirkup, 10 Rockin Rosa, 14 Ribkana, 20 others.

2023: Rum Runner 8 9 2, Shane Gray 10-1 (G Harker), drawn (4), 13 ran.

STARFORM: DOOMSDAY DANGER: Rebecca's Girl

3.25 HUGH JAMES HANDICAP Class 6 2m (9 runners) £4,187

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Zephlyn, Myboymax, Lord Torranaga.

Star Betting: 3 Zephlyn, 7-2 Lord Torranaga, 4 Max Of Stars, Myboymax, 6 The Resdev Way, 10 Baby Sham, 33 Third Avenue, Robeam, 50 Fast Deal.

2023: Easter Icon 4 9 2, Connor Beasley 5-1 (J Channon), drawn (2), 8 ran.

JASON HEAVEY STAR TIP

Table with 2 columns: Horse Name, Odds. Includes Grecian Legacy, Rebecca's Girl, Myboymax, Quercus (nap), Twoforthegutter, Mecca's Duchess.

GOING: GOOD TO FIRM

JACKPOT AND PLACEPOT FIRST SIX RACES

STARFORM MAX OF STARS 3-1 (9-9) Led over 3f, pressed leader, ridden and every chance when carried head high from 2f out, lost 2nd 1f out, rallied into 2nd again final 110 yards and kept on, not reach winner, 2nd of 6, 1/2l behind Opticality (9-5) at Southwell 1m 3f hcp (0-55) (6) in Mar.

Myboymax 7-1 (9-0) Mid-division, pushed along and headway 3f out, switched left over 2f out and chased leaders, soon ridden and hung right, no telling impression until ran on towards finish, 3rd of 7, 1 1/2l behind Achnamara (9-9) at Musselburgh 2m hcp 0-65 (6) gd in Jul.

Zephlyn 9-1 (8-13) Tracked front pair; went 2nd over 3f out, ridden over 1f out, strongly pressed leader and every chance inside final furlong, denied on nod, 2nd of 7, shd behind Achnamara (9-9) at Musselburgh 2m hcp 0-65 (6) gd in Jul.

Lord Torranaga 5-2fav (9-6) Mid-division, headway 3f out, pushed along over 2f out, ridden and chased winner 1f out, stayed on, no telling impression, 2nd of 12, 1 1/4l behind Achnamara (9-6) at Catterick 2m hcp 0-60 (6) sft in Jul.

STARFORM: MAX OF STARS DANGER: Myboymax

4.00 HANDICAP Class 6 6f (12 runners) £4,187

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Quercus, Carlini And Co, Astapor, Dream Deal, One Of Our Own.

Star Betting: 1-3 Fine Interview, 6 Centurion Dream, 15-2 Call Time, 12 Johnny Johnson, 66 Classy Hopes.

2023: Wade's Magic 6 9 4, David Allan 10-3 Fav (T Easterby), drawn (6), 11 ran.

STARFORM: FINE INTERVIEW DANGER: Call Time

4.15 MORGAN ENVIRONMENTAL HANDICAP Class 6 7f (8 runners) £2,983

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Dakota Power, L6LO Overnight Oats, Mnsieur Patat, Spirit Of The Rose, Lady Ava, Sarakana, Port Noir.

Star Betting: 6-4 Spirit Of The Rose, 10-3 Mnsieur Patat, 4 Port Noir, 15-2 Forever A Diamond, 14 Dakota Power, 16 Others.

2023: Mnsieur Patat DANGER: Spirit of the Rose

4.50 PREVENTAPEST HANDICAP Class 5 3YO 1m (6 runners) £3,716

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Salamanca Lad, Arkhalia Flynn, Dasher Whitesargent, Run For The Sun, Questionable, Faster Bee.

Star Betting: 15-8 Salamanca Lad, 3 Dasher Whitesargent, Arkhalia Flynn, 5 Run For The Sun, 10 Questionable, 33 Faster Bee.

STARFORM LADY BOUQUET 6-4fav (9-6) Tracked clear leader, pushed along and closed 2f out, ridden and every chance inside final furlong, led close home, won at Hamilton 5f hcp 0-55 (6) gd in Jul beating Missterious (8-10) by nk, 6 ran.

Quercus 15-2 (9-13) Led, ridden 2 lengths clear over 1f out, headed close home, 2nd of 11, 1/2l behind One Of Our Own (9-7) at Catterick 6f hcp 0-60 (6) gf in Jul.

Carlton And Co 11-4 (9-1) Made virtually all, asked for effort over 2f out, kept on well inside final furlong, gamely, won at Leicester 6f app hcp 0-60 (6) gf in Jul beating My Boy Jack (8-6) by 1/2l, 7 ran.

One Of Our Own 5-2fav (9-6) Took keen hold early, prominent, pushed along over 2f out, stayed on inside final furlong, 4th of 7, 1 3/4l behind Carlton And Co (9-1) at Leicester 6f app hcp 0-60 (6) gf in Jul.

Redrosezorro 12-1 (9-7) Close up, ridden to chase leader over 2f out, ridden and stayed on one pace final furlong, 3rd of 11, 1 1/4l behind One Of Our Own (9-7) at Catterick 6f hcp 0-60 (6) gf in Jul.

Fircombe Hall 11-1 (9-4) Close up, ridden and headway over 1f out, kept on same pace final furlong, 4th of 11, 3l behind One Of Our Own (9-7) at Catterick 6f hcp 0-60 (6) gf in Jul.

STARFORM: LADY BOUQUET DANGER: Quercus

4.35 HANDICAP Class 6 1m 4f (7 runners) £4,004

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Sonning, Twoforthegutter, Foursome, Peripeteia, Normandy Vista, Jamih, Casa Luna.

Star Betting: 9-4 Peripeteia, 5-2 Jamih, 11-4 Twoforthegutter, 10 Foursome, 12 Normandy Vista, Casa Luna, 20 Sonning.

2023: Thises Ones For Fred 5 10 0, Ben Curtis 9-2 (P Evans), drawn (7), 7 ran.

STARFORM: JAMIH DANGER: Twoforthegutter

5.10 RACING AGAIN 19TH AUGUST HANDICAP Class 6 5f (10 runners) £4,004

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Three Beauz, Mecca's Duchess, Dunnington Lad, Dandy Fitz, Golden Prosperity.

Star Betting: 2 Three Beauz, 9-2 Dandy Fitz, Dash Gordon, 15-2 Mecca's Duchess, 8 Golden Prosperity, 10 Others.

2023: Shesadabber 7 9 13, Phil Dennis 11-8 Fav (P Evans), drawn (3), 8 ran.

STARFORM: THREE BEAUZ DANGER: Mecca's Duchess

MOULIN TARGET FOR ROSALLION

SUPERSTAR miler Rosallion is "a lot brighter" a week on from his shock last minute withdrawal from Glorious Goodwood.

A respiratory infection cost Richard Hannon's star his chance of more Group One riches in the Qatar Sussex Stakes.

Odds-on with bookmakers, the miler was pulled out on the eve of the £1million showpiece.

"Rosallion is well on his way to getting better," Hannon (right) said yesterday. "He looks brighter and his results have been more encouraging."

"It all depends on how long it takes to recover from something like this, but he's only three so he should get over it quite quickly."

The setback robbed fans of his rematch with 2,000 Guineas

conqueror Notable Speech, in arrears when Rosallion lifted the St James's Palace Stakes at Royal Ascot.

Trained by Charlie Appleby, Newmarket's Classic hero took advantage of his rival's absence and had the race won with a sharp injection of pace.

When Rosallion is back to full fitness, Hannon intends to consider a return trip to Longchamp, the scene of his charge's top level breakthrough in the 2023 Qatar Prix Jean-Luc Lagardere.

"He's in the Prix Du Moulin and we will take a rain check nearer the time," he added.

OUTGOING BHA leader Julie Harrington said she was "deeply saddened" by the death of Paul Darling.

The 64-year-old Levy Board chairman died suddenly on Friday.



ON THE MEND: Rosallion is getting better after his setback



FFOS LAS sky sports racing

2.35 BJL RACING AMATEUR JOCKEYS' HANDICAP Class 4 1m 6f (10 runners) £4,719

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Throne Hall, Songo, Taritino, Boldly, Roost, Charles St, Lion Wait, Cubana Habana, Eagle One, Atalanta Breeze.

Star Betting: 5-2 Boldly, 4 Taritino, 5 Cubana Habana, 7 Eagle One, 8 Charles St, 12 Roost, 14 Others.

2023: Devil's Point 9 7, Oisain Murphy 8-11 Fav (D Menuisier), drawn (1), 10 ran.

STARFORM: BOLDLY DANGER: Taritino

3.05 EBF MAIDEN STAKES (GBB RACE) Class 4 2YO 7f (11 runners) £5,211

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Bold Impact, Boubyan, Driptsin, Fernando, Hawaii Five O, Misty Memories, Oldbury Lad, Respiro Solitario, Seven Symphonies, Sofian, Stark Warning, Tawny Porter, Private Island.

Star Betting: 10-11 Bold Impact, 9-2 Seven Symphonies, 5 Boubyan, 13-2 Stark Warning, 14 Others.

2023: Devil's Point 9 7, Oisain Murphy 8-11 Fav (D Menuisier), drawn (1), 10 ran.

STARFORM: BOLD IMPACT 8-13fav (9-7) Midfield, ridden and headway over 2f out, stayed on well inside final furlong, went 2nd final stride, 2nd of 12, 1/2l behind Aparajee (9-7) at Windsor 6f 2yo nov stk (5) gf in Jul.

Stark Warning Ullysses colt out of Voltion.

Seven Symphonies Sergei Prokofiev colt out of Music Lesson.

Boubyan Churchill colt out of Double Fantasy.

Misty Memories Kodiak colt out of Adoring.

Private Island Twilight Son filly out of Red Box.

Driptsin Phoenix Of Spain colt out of Askania Nova.

Fernando 11-1 (9-7) Took keen hold, midfield, ridden over 2f out, no impression entering final furlong, soon faded, 9th of 13, 12l behind Royal Playwright (9-7) at Salisbury 7f 2yo nov stk (4) gd in Jul.

STARFORM: BOLD IMPACT DANGER: Stark Warning

3.40 EBF RESTRICTED MAIDEN STAKES (GBB RACE) Class 5 6f (5 runners) £3,942

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Call Time, Centurion Dream, Classy Hopes, Johnny Johnson, Fine Interview.

Star Betting: 1-3 Fine Interview, 6 Centurion Dream, 15-2 Call Time, 12 Johnny Johnson, 66 Classy Hopes.

2023: Wade's Magic 6 9 4, David Allan 10-3 Fav (T Easterby), drawn (6), 11 ran.

STARFORM: FINE INTERVIEW DANGER: Call Time

4.15 MORGAN ENVIRONMENTAL HANDICAP Class 6 7f (8 runners) £2,983

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Dakota Power, L6LO Overnight Oats, Mnsieur Patat, Spirit Of The Rose, Lady Ava, Sarakana, Port Noir.

Star Betting: 6-4 Spirit Of The Rose, 10-3 Mnsieur Patat, 4 Port Noir, 15-2 Forever A Diamond, 14 Dakota Power, 16 Others.

2023: Mnsieur Patat DANGER: Spirit of the Rose

4.50 PREVENTAPEST HANDICAP Class 5 3YO 1m (6 runners) £3,716

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Salamanca Lad, Arkhalia Flynn, Dasher Whitesargent, Run For The Sun, Questionable, Faster Bee.

Star Betting: 15-8 Salamanca Lad, 3 Dasher Whitesargent, Arkhalia Flynn, 5 Run For The Sun, 10 Questionable, 33 Faster Bee.

JASON HEAVEY STAR TIP

Table with 2 columns: Horse Name, Odds. Includes Taritino, Bold Impact, Fine Interview, Spirit Of The Rose (nb), Dasher Whitesargent, King Affection.

GOING: GOOD TO FIRM - GOOD IN PLACES

JACKPOT AND PLACEPOT FIRST SIX RACES

STARFORM SALAMANCA LAD 7-2fav (9-11) Led and disputed, narrowly headed before half-way, led again inside final 2f, ridden and pressed inside final furlong, found extra towards finish, won at Sandown 1m 3yo hcp 0-70 (5) gf in Jul beating Never Mind Me (9-0) by 1/2l, 10 ran.

Dasher Whitesargent 6-4fav (9-4) Made all, driven over 1f out, pressed inside final furlong, always doing enough, won at Wolverhampton 1m 1f nov auc stks (5) in Jul beating Thorntonle Dale Max (9-2) by nk, 10 ran.

Arkhalia Flynn 4-1 (9-4) Raced keenly, in touch, ridden along 2f out, headway over 1f out, went third inside final furlong, kept on well, 3rd of 8, 2 1/2l behind Daring Legend (9-2) at Yarmouth 7f app hcp (4) gd in Jul.

Run For The Sun 4-1 (9-1) Close up in rear, pushed along and headway over 1f out, ridden and kept on same pace, 3rd of 5, 3l behind Escape Act (9-2) at Doncaster 1m 3yo hcp 0-70 (5) sft in Jul.

STARFORM: SALAMANCA LAD DANGER: Dasher Whitesargent

5.20 HANDICAP Class 6 1m 4f (10 runners) £2,983

Table with 3 columns: Rank, Horse Name, Jockey, Trainer, Odds. Includes Trojan Truth, The Pug, Mujid, Sonnet Star, Taxing, Knight Shootout, Penalty Shootout, Elforleather.

Star Betting: 4 Elforleather, 13-2 Mujid, 15-2 Knight Templar, 8 Trojan Truth, Penalty Shootout, 10 The Pug, Sonnet Star, Taxing, 12 Others.

2023: No corresponding race.

STARFORM: I DARE YOU DANGER: Mujid

WHO'S HOT, WHO'S NOT

TERRIFIC TRAINERS: (Most wins last 14 days) R Beckett 9; M Dods 8; A Balding 8; K R Burke 7; M Appleby 7; C Johnston 6; M & D Easterby 5; D & C Kubler 5; Sir M Prescott 5; D Cunha 5; S & E Crisford 5; G Boughey 5; P Evans 5; R Carr 4; Alice Haynes 4; J Osborne 4.

SUFFERING STABLES: (Runners since last win) B Rothwell 225; M Attwater 51; M Murphy & M Keady 77; C Teague 48; Miss L Parratt 43; R G Hawker 43; T Easterby 38; K Jewell 36; Ewan Whillans 34; Oly Williams 29; Mrs N Evans 28.

HOT JOCKS: (Most wins last 14 days) B Loughnane 13; Oisain Murphy 11; Saffie Osborne 10; Paul Mulrennan 9; Rossa Ryan 9; Joe Fanning 8; Tom Marquand 8; Luke Morris 8; Silvestre De Sousa 8; Callum Shepherd 6; Hollie Doyle 6.

RISE OUT OF LECK: (Rides since last win) Laura Pearson 93; Jack Garrity 52; Joey Haynes 31; Aiden Brookes 24; Miss Jessica Llewellyn 23; Morgan Cole 22; David Allan 21; Frederick Larson 21; Jason Hart 18; Kaiya Fraser 18; Charlie Bennett 16.

HANDICAP BLOT

REBECCA'S GIRL (2.50 Catterick) had a dozen runs when trained in Ireland and showed a glimmer of ability off higher handicap marks. This is her UK debut and she goes straight into Class 6 company off a career-low rating of 50. The betting could be informative but she looks very well trained.

HEAVEY'S NAP

QUERCUS (4.00 Catterick) is a standing dish at the North Yorkshire track having won five times. He bounced back to form 13 days ago with a close second over the course and distance, only been reeled in in the final few strides. He has a poor draw but has plenty of early speed and Joe Fanning will aim to trap smartly.

BEST EACH-WAY

ALMAVILLALOBAS (8.47 Chelmsford) is worth a look at a big price in the last race at the Essex track. She showed nothing in three starts on the sand last year but did catch the eye at Brighton recently when she flew home late.

PUNTER POINTERS NEW QUARTERS

HORSES having their first runs for new trainers.

CATERICK: None.

CHELMSFORD CITY: 7.47 Sheila Tequila (Fionn McSharry to A West), 8.47 Lynwood Lad (J Portman to G & J Moore).

FFOS LAS: 3.40 Classy Hopes (Phillip Makin to J Butler), 5.20 Knight Templar (Sir M Prescott to R Stephens).

LONGEST TRAVELLERS

CATERICK: Baby Sham (3.25) 265miles.

CHELMSFORD CITY: Mayo County (7.47), Northbound (7.47) 216miles.

MUST NEXT TIME

BIG BARD is ready to win again. The sprinter was a close second at Lingfield yesterday after using up lots of energy getting across from a moderate draw to the rail. Looked the likely winner a furlong out but can soon make amends.

WORK WHISPER

CHESNEYS CHARM (6.47 Chelmsford) was well backed on his racecourse debut at Leicester when he showed some promise after being slowly away. He hung his chance away at Nottingham last time and the switch to the all-weather may work the oracle.

STARFORM TREBLE

NAP - HEAT OF PASSION (6.17 Chelmsford).

NB - ROGER HENRY (5.47 Chelmsford).

TRB - BOLD IMPACT (3.05 Ffos Las).

WIND SURGERY

None Today

THIS WEEKEND'S POOLS

Table with 2 columns: Pool Name, Odds. Includes Community Shield, Sky Bet League Two, Sky Bet Championship, Sky Bet League One, The Scottish Championship, The Scottish League One, The Scottish League Two.

BRITAIN'S No.1 UFC COLUMN

COUNTRY PRIDE

Herbert's so at home in octagon

'THE Black Country Banger' Jai Herbert proved he has plenty more tread on the tyres as he put himself in pole position in his contract negotiations.



THE ULTIMATE INSIDER
UFC with GARY HITCHCOCK

As exclusively revealed in Saturday's *Starsport*, the Wolverhampton lightweight was entering the final fight of his current deal in Abu Dhabi last weekend as faced Rolando Bedoya.

Despite that added pressure, Herbert, who was stepping into the octagon for the first time in more than a year, produced an impressive display as he outlanded his opponent, proving too quick and canny for the tough Peruvian.

After earning a unanimous decision, the 36-year-old former Cage Warriors champion is now 2-1-1 in his last four fights and is looking forward to extending his four-year stay in the UFC.

He said: "Having got signed in 2020, I have had some ups and

downs, but it has all been about learning. I wouldn't change anything for the world. It has made me a better person, a better man and a better fighter.

"But I will definitely look to be a lot more active. Getting in three or four fights a year would be great. That's what I want and that's what I need. At this point in my career I want to be as active as I can.

"While I have thought about the end of my career, I feel great and I feel like I am getting better all the time. Athletically, I feel like I am getting a lot better."

"While I can still keep doing it, I am going to carry on, because it is a short period of your life and you need to crack on and enjoy it."

Having fought four times in a row in London, the Etihad Arena on Yas Island provided a welcome change of scene for Herbert, who even took inspiration from the Paris Games as he made his final preparations against a game opponent.

He added: "That was me at about 50 per cent. Next time I get in the cage I am going to pick it up and get even better. I assumed it was going to be close because Bedoya is a tough, tough kid.

"He was coming down from welterweight and he has been in the cage with some killers in that division.

"I knew he could take a punch so that I might not be able to get him out of there. So I stuck with my boxing, using my long range and my jab.

"I even mixed in a couple of judo takedowns as well. I had been in the hotel all week watching judo at the Olympics and so I thought I'd try some out!"



TAKE IT ON THE CHIN: Brit Jai Herbert is first to the punch in Abu Dhabi

UP NEXT UFC Vegas 95: Sunday, 12am. Heavyweight Marcin Tybura of Poland takes on Moldova's Serghei Spivac at the Apex.

MONEY MATCH Catch the prelims and back Stephanie Luciano, who faces Talita Alencar, and Yana Santos, who takes on Chelsea Chandler, in a double (7/4). Odds and full UFC betting available at BetMGM.co.uk.

FINAL SAY "First kick of the first round broke my fibula... another six weeks in this boot." Liverpool's Molly McCann gives an injury update after her points loss to Bruna Brasil in Manchester last month.

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|-------------------------------|------------------------------|--------------------------------|
| Cc - Chelmsford City | Bold Suitor.....Cc 7.47 | Cuban Star.....Cc 7.17 |
| Ct - Catterick | Boldy.....F 2.35 | Cubana Habana.....F 2.35 |
| F - Ffos Las | Boubayan.....F 3.05 | Dakota Power.....F 4.15 |
| Almavillobas.....Cc 8.47 | Brazen Belle.....Cc 5.10 | Dalmally.....Cc 6.47 |
| Angel At Midnight.....Cc 8.17 | Call Time.....F 3.40 | Dandy Fitz.....Cc 5.10 |
| Another Jack.....Cc 8.47 | Captain Bentley.....Cc 5.10 | Dandy Lichious.....Cc 4.00 |
| Apostle.....F 5.20 | Carlton And Co.....Cc 4.00 | Dash Gordon.....Cc 5.10 |
| Archie Bay.....Cc 2.15 | Casa Luna.....Cc 4.35 | Dashinwhitesargent.....Cc 6.17 |
| Archie's Dream.....Cc 2.15 | Ceira Gao.....Cc 6.47 | Dashinwhitesargent.....F 4.50 |
| Archalia Flynn.....F 4.50 | Centurion Dream.....Cc 3.40 | Dawn Awakening.....Cc 8.17 |
| Asharba.....Cc 6.17 | Channagide.....Cc 6.47 | Deep Blue.....Cc 6.17 |
| Astapor.....Cc 4.00 | Charlie's Choice.....Cc 5.47 | Desert Legend.....Cc 8.47 |
| Atlanta Breeze.....F 2.35 | Chattell Village.....Cc 2.50 | Desert Dream.....Cc 5.10 |
| Baby Sham.....Cc 3.25 | Chesnes Charm.....Cc 6.47 | Don't Get Caught.....Cc 6.47 |
| Beautiful Crown.....Cc 5.47 | City Captain.....Cc 7.17 | Doomsday.....Cc 2.50 |
| Besos De Lejos.....Cc 7.17 | Classy Hopes.....F 3.40 | Doves Of Peace.....Cc 8.47 |
| Black Sky.....Cc 2.15 | Coconut Bay.....Cc 2.50 | Dream Deal.....Cc 4.00 |
| Bold Impact.....F 3.05 | | |

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|-------------------------------|-------------------------------|------------------------------|------------------------------|-----------------------------|
| TODAY'S ABC | | | | |
| Driftspin.....F 3.05 | Forever A Diamond...F 4.15 | I Dare You.....F 4.15 | Milaikka.....Cc 7.47 | Northbound.....Cc 7.47 |
| Dunnington Lad.....Cc 5.10 | Foursome.....Cc 4.35 | Fromlythecydualk.....Cc 4.00 | Miss Billie.....Cc 7.47 | Oldbury Lad.....Cc 3.05 |
| Eagle One.....F 2.35 | Gimcrack Warrior.....Cc 2.50 | Imperiously.....Cc 7.47 | Misty Memories.....F 3.05 | One Of Our Own.....Cc 4.00 |
| Elforleather.....F 5.20 | Golden Prosperity.....Cc 5.10 | Irish Dancer.....Cc 5.10 | Lion Wait.....F 4.15 | Overnight Oats.....F 4.15 |
| Elmast.....Cc 7.17 | Grecian Legacy.....Cc 2.15 | Irishko.....Cc 6.47 | Louella.....Cc 4.00 | Penalty Shootout.....F 5.20 |
| Fai Fai.....Cc 8.47 | Green Icon.....Cc 7.17 | Jack Andrea.....Cc 6.47 | Louie The Legend.....Cc 7.17 | Penny Ghent.....F 5.20 |
| Fantasy Navigator.....Cc 8.47 | Harry Palmer.....Cc 2.15 | Jamih.....Cc 4.35 | Lynwood Lad.....Cc 8.47 | Myboymax.....Cc 3.25 |
| Fast Deal.....Cc 5.47 | Havana Sky.....Cc 7.47 | John Kirkup.....Cc 3.40 | Maverick Style.....Cc 8.47 | Nahash.....Cc 6.47 |
| Faster Bee.....F 4.50 | Hawaii Five O.....F 3.05 | Johnny Johnson.....F 3.40 | Max Of Stars.....Cc 3.25 | Nebrook Dream.....Cc 7.17 |
| Fernando.....F 3.05 | Heat Of Passion.....Cc 7.47 | Just Typical.....Cc 7.47 | Mayo County.....Cc 7.47 | Newton Lass.....Cc 2.15 |
| Fine Interview.....F 3.40 | Heathertrack.....Cc 7.47 | King Affection.....F 5.20 | Maysong.....Cc 5.47 | Nimble Nasher.....Cc 7.17 |
| Fircombe Hall.....Cc 4.00 | Historic City.....Cc 6.17 | Knight Templar.....F 5.20 | Mecca's Duchess.....Cc 5.10 | No Release.....Cc 7.17 |
| Flaine.....Cc 6.47 | Hombre.....Cc 7.47 | Kondratiev Wave.....Cc 7.47 | Metro Dubai.....Cc 7.17 | Nora Barnacle.....Cc 7.17 |
| Fly Liberty Fly.....Cc 8.17 | Hot Property.....Cc 2.15 | La Verite.....Cc 8.47 | Mews House.....Cc 5.10 | Normandy Vista.....Cc 4.35 |

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| Quercus.....Cc 4.00 | Selby's Joy.....Cc 2.50 | The Pug.....F 5.20 |
| Questionable.....F 4.50 | Semser.....Cc 5.47 | The Resdue Way.....Cc 3.25 |
| Rain Cap.....Cc 2.50 | Seven Symphonies...F 3.05 | Third Avenue.....Cc 3.25 |
| Rebecca's Girl.....Cc 2.50 | Shella Tequila.....Cc 7.47 | Three Beaz.....Cc 5.10 |
| Red Treasure.....Cc 5.47 | Showstorm.....Cc 2.15 | Throne Hall.....Cc 2.35 |
| Redrosezorro.....Cc 4.00 | Silver Puca.....Cc 7.17 | Top Biller.....Cc 8.17 |
| Respiro Solitario.....F 3.05 | Sofian.....F 3.05 | Top Star.....Cc 7.17 |
| Ribkana.....Cc 2.50 | Solo Solataire.....Cc 7.47 | Troubadour Blue.....F 5.20 |
| Robeam.....Cc 3.25 | Son Of Wind.....Cc 8.17 | Twoforthegutter.....Cc 4.35 |
| Rockin Rosa.....Cc 2.50 | Sonnet Star.....F 5.20 | Twoforthegutter.....Cc 2.50 |
| Roger Henry.....Cc 5.47 | Sonnet.....F 5.20 | War Zone.....Cc 8.47 |
| Roost.....F 2.35 | Spirit Of The Rose...F 4.15 | Wild Campbell.....Cc 6.17 |
| Rosy Hope.....Cc 8.17 | Spirit Warning.....F 3.05 | Windcrack.....Cc 6.17 |
| Run Runner.....Cc 2.50 | Tarantino.....F 2.35 | Willie Campbell.....Cc 6.17 |
| Run For The Sun...F 4.50 | Taxiing.....F 5.20 | Your Grace.....Cc 2.47 |
| Salamanca Lad.....F 4.50 | Taxiing.....F 5.20 | Zephyln.....Cc 6.47 |
| Sarakana.....F 4.15 | The Magic Turtle.....Cc 8.17 | |

GREYHOUNDS

| | |
|--------------------------------------|----------------------|
| SHEFFIELD | |
| 11.01 CRYSTAL IMPACT (nap) (6)..... | Movet Moveit (5) |
| 11.18 EDENCURRA MARKER (nb) (4)..... | Whyaye Pet (5) |
| 11.34 MAGNA PHOENIX (3)..... | Darby's Sunset (6) |
| 11.52 SLIPPIY RITA (3)..... | Forallweekno (6) |
| 12.09 DIRTY VELVET (1)..... | Rosehill Bubbles (5) |
| 12.26 BALLYMAC CASEY (5)..... | Wholovesye (1) |
| 12.42 DRUMBANE WHAT (3)..... | Easy Ruby (4) |
| 12.59 SPORTING PATRIOT (1)..... | Crystal Amber (6) |
| 1.17 MILLVIEW CONAN (4)..... | Sues Boher (1) |
| 1.33 NOWHEREMAN (6)..... | Rolo Lotto (4) |
| 1.51 STRICTLY JESTER (5)..... | Boegcross Alana (2) |
| 2.07 EASY GEORGE (4)..... | Magna Chloe (2) |

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|-----------------------------------|----------------------|
| ROMFORD | |
| 2.23 PUTTFOR MIM (4)..... | Loris Girl (5) |
| 2.41 ATLANTA (1)..... | Hot Sauce Dude (2) |
| 3.01 HAVERHILL MATT (1)..... | Topper Razzler (4) |
| 3.19 SEOMRA ROXIE (nb) (4)..... | Knockalton Fly (5) |
| 3.38 DRUMCROW SASHA (2)..... | Uncle Robo (6) |
| 3.57 PANTONE ALLEY (nap) (2)..... | Jet Stream Blitz (4) |
| 4.16 KEEPERHILL MEEK (5)..... | Bubby Charm (2) |
| 4.34 GROUCHOS STAN (4)..... | Essex Jewel (1) |
| 4.53 ICECOOL ALBIE (2)..... | Seven Of Nine (3) |
| 5.12 PETROMA MAY (1)..... | Tiermana Ziggy (3) |
| 5.31 BRANDY LOVE (1)..... | Fire Gate (2) |
| 5.49 GLOSSA BEECH (6)..... | Young Millie (5) |

MONMORE

| | |
|-------------------------------------|----------------------|
| 2.29 VIXONS PROMISE (3)..... | Longacres Blanc (6) |
| 2.48 KILARA HONEY (nap) (1)..... | Winterfield Mary (6) |
| 3.07 DRUMDOIT MURPHY (6)..... | Relentless Chip (1) |
| 3.26 SILVERSPRING SUE (4)..... | Jive Bunny (1) |
| 3.44 DRUMDOIT FINN (1)..... | Skyfall Boss Man (4) |
| 4.03 ROXHILL MERCHANT (nb) (2)..... | Droopys Bring It (6) |
| 4.22 SWIFT OCTAVIA (1)..... | Longacres Dealer (3) |
| 4.41 UPTOWN GIRL (4)..... | Skyfall Spark (5) |
| 4.59 HILTON MARY (6)..... | Zari Whippy (3) |
| 5.18 SPORTING ACADEMY (1)..... | Vixons Milka (5) |
| 5.37 BRUIN (6)..... | Straight Fire (4) |
| 5.56 WILLOWS BILL (5)..... | Mustang General (4) |

PERRY BARR

| | |
|--------------------------------|----------------------|
| 2.36 SKYWALKER ISAK (6)..... | Snooty Rose (4) |
| 2.54 BURGESS CLAIRE (6)..... | Girl Ina Rush (2) |
| 3.13 BUSY MODEL (nap) (4)..... | Cats Magic (1) |
| 3.22 CRYSTAL CHICK (2)..... | Patriot Missile (6) |
| 3.51 ON TIP TOES (2)..... | Ballycian Bubba (5) |
| 4.09 DRAHBEG DANCER (5)..... | Drumcrow Eric (1) |
| 4.28 TAFFY DISNEY (6)..... | Baggios Storm (3) |
| 4.47 HEADFORD JAKE (1)..... | Apollo Lightyear (2) |
| 5.06 PALLY ALLY (3)..... | Patsy Magic (4) |
| 5.24 KILOWEEN BEAUTY (1)..... | Cold Knight (6) |
| 5.43 SHORTWOOD NANCY (3)..... | Knock Voodoo (5) |
| 6.02 SWIFT ZEBU (nb) (2)..... | Magical Sonny (3) |

CRAYFORD

| | |
|----------------------------------|----------------------|
| 6.08 FLOWERPOT FIRE (4)..... | Speakofthedevel (5) |
| 6.26 ATHLETIC ROOSTER (5)..... | Roseville Best (1) |
| 6.42 BOMBAY COCO (2)..... | Swift Tabernacle (4) |
| 6.59 MILTOWN PEARL (nb) (3)..... | Popposnfire (5) |
| 7.16 TRAPSTYLE HAWK (6)..... | One Cool Becks (3) |
| 7.33 PRIME REACTION (3)..... | Teachers Tempest (2) |
| 7.49 EARLS ROSIE (nap) (6)..... | Kuda Ruby (1) |
| 8.07 MAGICAL OSCAR (1)..... | Good Ellie (4) |
| 8.24 SOLID HEGGO (4)..... | Gusty Boo (4) |
| 8.41 BREGOGUE RACHEL (3)..... | Glencoe (4) |
| 8.59 BALLYCRYSTAL ACE (1)..... | Turree Bruno (3) |
| 9.16 ROUGH KNIGHT (4)..... | Trapstyle Teo (5) |

CENTRAL PARK (SKY SPORTS)

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|-------------------------------------|----------------------|
| 6.48 KEEFILL COCO (2)..... | Run On King (1) |
| 7.06 COSTA DEL POTTY (6)..... | Cinderella Girl (3) |
| 7.22 MOVING PLACES (1)..... | Cinderella Tell (5) |
| 7.39 SANDLING BUNNY (nap) (1)..... | Banrion (3) |
| 7.56 BOHERNA BRUNO (6)..... | Giveusagin (4) |
| 8.13 EIRE EDDIE (3)..... | Droopys Commute (1) |
| 8.31 HOLLYOAK MINNIE (1)..... | Hollyoak Vanessa (3) |
| 8.47 SWIFT UBIQUITY (4)..... | Greenhall Tokyo (5) |
| 9.04 RIDGEDALE TERRI (6)..... | Cathals Icon (2) |
| 9.23 DONACHA MO CHARA (nb) (5)..... | Barnora Kate (4) |

BAGS WINNERS AND PRICES

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| CENTRAL PARK | |
| 2.36: Micks Best (6) 7-4 fav, Dezzy Rascal (4) 15-8, bf: £6.41, tri: (6-4-1) £0.00. 2.54: Still Have You (6) 5-1, Fawkhman Lulu (4) 11-8 fav, bf: £17.90, tri: (6-4-3) £0.00. 3.13: Nah Then Babbi (6) 15-8, Jaguar Jimmy (5) 11-8 fav, bf: £4.33, tri: (6-5-1) £0.00. 3.32: Glasheen Hunter (2) 9-2, Kilwest Daisy (1) 9-4, bf: £18.02, tri: (2-1-6) £0.00. 3.51: Charter Peggy (2) 5-6 fav, Canella Demon (4) 5-1, bf: £6.79, tri: (2-4-3) £0.00. 4.09: Nissels Charter (1) 7-2, Mo Mo Bosh (3) 11-4, bf: £16.91, tri: (1-3-2) £0.00. 4.28: Silver Medal (5) 10-11 fav, Run Rachel (6) 2-1, bf: £3.38, tri: (5-6-1) £0.00. 4.47: Karlow Vic (2) 9-4 fav, Hollyoak John (5) 9-4 jt-fav, bf: £8.88, tri: (2-5-4) £0.00. 5.06: Do It Rocket (5) 9-4, Ross Go (6) 13-8 fav, bf: £7.49, tri: (5-6-3) £0.00. 5.24: Blue Christmas (4) 15-8 fav, Galaxy On Fire (1) 10-1, bf: £21.52, tri: (4-1-4) £0.00. | |
| HARLOW | |
| 10.32: Marine One (6) 5-2, Bloos Ventures (5) 9-4 fav, bf: £9.41, tri: (6-5-2) £23.53. 10.48: Trapstyle Orchid (3) 11-8 fav, Trapstyle Dolly (5) 2-1, NR: Likely Lads (res), bf: £5.02, tri: (3-5-1) £0.00. 11.04: Eileens Magical (5) 8-1, Havana Eseques (3) 9-4 fav, bf: £41.39, tri: (5-3-6) £105.15. 11.21: Johns Marvel (6) 6-4 fav, Monraud Spark (1) 5-2, NR: Airlie Sunshine (res), bf: £6.40, tri: (6-1-5) £0.00. 11.38: Sundance Sasha (1) 13-8, Fatboyz Kobe (5) 6-1, bf: £13.74, tri: (1-5-6) £0.00. 11.54: Glenadda Poppy (5) 3-1, Bull Run Blake (3) 11-4, bf: £15.74, tri: (5-3-1) £45.38. 12.12: Ardnasool Hulk (6) 9-4 fav, Fahee Star (3) 4-1, bf: £13.42, tri: (6-3-4) £0.00. 12.29: Pushover Polly (1) 15-8, Most Interesting (3) 7-4 fav, bf: £6.16, tri: (1-3-6) £0.00. 12.46: Helters Skelter (6) 6-1, Skinner Seymour (1) 2-1, bf: £25.53, tri: (6-1-2) £0.00. 1.03: Kop End Ox (2) 4-1, Kerrylane Peppas (6) 6-1, bf: £37.78, tri: (2-5-6) £27.23. 1.19: Sylls Angel (3) 7-2, Essjay Maurice (6) 9-1, NR: Catley Marbella (res), bf: £15.02, tri: (3-6-4) £0.00. 1.37: Baggios Smasher (6) 8-1, Gothic Siouxie (5) 9-2, bf: £52.09, tri: (6-5-1) £0.00. 1.54: Minglers Sassy (5) 8-1, Franklins Pace (1) 4-1, bf: £53.42, tri: (5-1-3) £0.00. 2.11: Little Rona (6) 5-1, Clodagh's Gift (2) 7-1, bf: £50.18, tri: (6-2-4) £0.00. | |
| MONMORE | |
| 2.23: Aero Pearl (6) 9-2, Aero Tarrach (3) 5-2, bf: £22.85, tri: (6-3-2) £50.59. 2.41: Mossrich Frankie (2) 7-2, Proud Storm (3) 10-1, bf: £43.41, tri: (2-3-3) £229.59. 3.01: Crossfield Rach (5) 5-1, Jemimah (2) 10-3, NR: Meteoric Star (res), bf: £27.16, tri: (5-2-6) £0.00. 3.19: Longacres Noah (5) 5-4 fav, Crossfield Kevin (6) 3-1, bf: £6.45, tri: (5-6-2) £15.31. 3.38: Armagh Snoodge (2) Evens fav, Treacle Sponge (1) 11-1, bf: £14.35, tri: (2-1-4) £35.08. 3.57: Dhustone Dan (2) 7-1, Aero Leito (1) | |

NEWCASTLE (SKY SPORTS)

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|--------------------|---|
| 11.09 (A3) 480m | 1 4223 Brannans Fawn (r) ro.....28.90 |
| | 2 2134 Fridays Wild (r) ro.....28.97 |
| | 3 2121 BRAMBLE REVEL (NAP) (md) ep.....28.92 |
| | 4 3243 My Own Theory (wd) ro.....29.16 |
| | 5 4135 Causeway Ivy (wd) ep.....29.14 |
| | 6 1514 Blackhouse Mendi (Scr) (fw) h.....29.19 |
| | Star betting: 2 Fridays Wild, 11-4 Bramble Revel, 7-2 Brannans Fawn, 5 My Own Theory, Popper Morag, 8 Causeway Ivy. |
| 11.27 (H'cap) 480m | 1 6535 Abraakebabra Tea (13m) (ep) h.....29.13 |
| | 2 3165 Watermill Luca (7m) (md) h.....29.16 |
| | 3 3215 HIGHVIEW PEEK (6m) (md) h.....29.32 |
| | 4 2224 Watermill Aurora (4m) (fw) h.....29.51 |
| | 5 5443 Ice Got Rhythm (Scr) (fw) h.....29.34 |
| | 6 1514 Blackhouse Mendi (Scr) (md) h.....29.36 |
| | Star betting: 7-4 Blackhouse Mendi, 11-4 Watermill Aurora, 4 Abraakebabra Tea, 9-2 Highview Peek, 6 Ice Got Rhythm, Watermill Luca. |
| 11.43 (A7) 480m | 1 3443 Fine By Me (r) ro.....29.90 |
| | 2 6331 BALLYMENA BULLET (md) ro.....29.37 |
| | 3 5431 Blackhouseharper (r) ep.....29.79 |
| | 4 2226 Crooks Cindy (md) ep.....29.41 |
| | 5 6532 Brosna Jet (wd) ep.....29.59 |
| | 6 3243 Midtown Hope (wd) ep.....29.28 |
| | Star betting: 2 Midtown Hope, 3 Ballymena Bullet, 4 Crooks Cindy, Blackhouseharper, 11-2 Fine By Me, 8 Brosna Jet. |
| 12.01 (H'cap) 480m | 1 6646 Uss Argonaut (16m) (fw) h.....29.10 |
| | 2 3424 Glangar White (11m) (md) h.....29.29 |
| | 3 1461 Watermill Tink (9m) (ep) h.....29.20 |
| | 4 1245 Blackhouse Star (6m) (md) h.....28.74 |
| | 5 1 Nicolas Sparkie (2m) (ep) h.....29.32 |
| | 6 5215 BLACKHOUSE CONN (Scr) (fw) h.....29.22 |
| | Star betting: 11-4 Blackhouse Star, Blackhouse Conn, 7-2 Uss Argonaut, 9-2 Watermill Tink, 5 Nicolas Sparkie, 6 Glangar White. |
| 12.18 (A8) 480m | 1 4426 Darbys Fame (r) ep.....29.92 |
| | 2 2311 PLAN OF ESCAPE (nb) (r) ro.....29.65 |
| | 3 1422 Lisnafulla Rosie (md) ep.....29.91 |
| | 4 4655 Crooks Lets Go (md) ep.....29.71 |
| | 5 5341 Wrasbury Isak (wd) ep.....29.81 |
| | 6 3432 Eden Ronaldo (md) ep.....29.84 |
| | Star betting: 2 Plan Of Escape, 7-2 Lisnafulla Rosie, Wrasbury Isak, 5 Crooks Lets Go, 6 Darbys Fame, Eden Ronaldo. |
| 12.34 (H'cap) 480m | 1 2326 Wrasbury Rhythm (20m) (ep) h.....29.04 |
| | 2 4665 Bow Down (12m) (md) h.....29.01 |
| | 3 1542 Ice Cool Annie (9m) (fw) h.....29.40 |
| | 4 1525 Adamant Ava (6m) (fw) h.....29.27 |
| | 5 1216 Bramble Joe Mae (Scr) (fw) h.....29.44 |
| | 6 1431 ALANAS CRASH (Scr) (fw) h.....29.29 |
| | Star betting: 9-4 Bramble Joe Mae, 3 Wrasbury Rhythm, 4 Adamant Ava, Bow Down, 9-2 Alanas Crash, 6 Ice Cool Annie. |

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| 12.51 (A4) 480m | 1 3545 Hardwick Athena (r) ep.....29.26 |
| | 2 5654 A Bit Of Noah (sa) ro.....29.26 |
| | 3 1213 BRAMBLE FLOKI (r) ep.....29.25 |
| | 4 4616 Emers Fireman (md) ep.....29.13 |
| | 5 6231 Hurry Up Ivy (wd) fw.....29.23 |
| | 6 3345 Canny Adelaide (md) ep.....29.10 |
| | Star betting: 5-2 Canny Adelaide, 11-4 Hurry Up Ivy, 3 Bramble Floki, 5-2 Emers Fireman, 6 Hardwick Athena, A Bit Of Noah. |
| 1.08 (A7) 480m | 1 1644 Chiltern Amelia (r) ep.....29.61 |
| | 2 3412 Westforth Willow (md) ep.....29.86 |
| | 3 1351 Sonic Panda (r) ep.....29.76 |
| | 4 3546 Reef Savena (sa) ro.....29.60 |
| | 5 5411 WATERMILL WENDY (wd) ep.....29.73 |
| | 6 1641 Watermill Gideon (wd) ep.....29.78 |
| | Star betting: 3 Reef Savena, 10-3 Sonic Panda, 7-2 Watermill Wendy, 4 Chiltern Amelia, 9-2 Watermill Gideon, 11-2 Westforth Willow. |
| 1.26 (A4) 480m | 1 1422 Fabulous Tik Tok (r) ro.....29.99 |
| | 2 1214 Blackhouse Finn (md) ep.....29.04 |
| | 3 2521 Crooks Coco (ep) md.....29.85 |
| | 4 6131 WOO HOOS HUGO (sa) md.....28.02 |
| | 5 2322 Hunters Wild (md) ro.....28.85 |
| | 6 3345 Carols Hope (wd) ro.....29.24 |
| | Star betting: 11-4 Crooks Coco, Hunters Wild, 3 Fabulous Tik Tok, 5 Woo Hoos Hugo, 11-2 Blackhouse Finn, 6 Carols Hope. |
| 1.42 (A8) 480m | 1 3314 BELLES ON FIRE (md) ep.....30.29 |
| | 2 3436 Apple Of My Eye (ep) ro.....30.32 |
| | 3 5246 Chiltern Peach (sa) ro.....30.39 |
| | 4 5565 Drama Beauty (wd) ep.....30.34 |
| | 5 5362 Georgie Skye (sa) ro.....30.14 |
| | 6 2233 Swift Admin (wd) ep.....30.13 |
| | Star betting: 9-4 Swift Admin, 5-2 Georgie Skye, 3 Belles On Fire, 5 Chiltern Peach, 11-2 Apple Of My Eye, 8 Drama Beauty. |
| 1.59 (A5) 480m | 1 4163 Highview Dusk (r) ro.....29.31 |
| | 2 4444 Bramble Tessie (md) ro.....29.13 |
| | 3 2114 REAGROVILL MYA (r) ro.....29.14 |
| | 4 1123 Westforth Korky (sa) fw.....29. |

RUGBY LEAGUE



ULTIMATE WARRIOR

LIAM MARSHALL is ready to go through the pain barrier for Wigan if it means more glory.

Super League's top try-scorer faces Leigh tonight with Warriors in the middle of a hectic run of three games in 10 days.

The throwback to the old packed Easter schedule comes after the original contest was postponed due to Wigan's World Club Challenge involvement.

Famously beating NRL champs Penrith that night and adding the Challenge Cup means Matt Peet's side hold all four major trophies.

And lightning winger Marshall, 28, is intent on helping Wigan keep hold of as many as possible.

He said: "There's a couple of short turnarounds back to back but we are only playing this game because we got to compete in the World Club Challenge."

"And luckily enough we managed to win it. We wouldn't swap that night for anything.

"It won't be as tough as the Easter turnaround but there'll be some sore boys on Sunday after that third game [at Leeds]. It's a sacrifice we're willing to make for the World Club Challenge."

The 20-try wideman added: "It is very tight at the top. This game in hand will level it all up

Marshall will soldier through busy period

by **DAVE CRAVEN**

WIGAN v LEIGH
8pm, Sky Sports Action

and give a true reflection of where everyone's at.

"So it is a very important one. We want to be up there challenging at the end for the Grand Final."

Wigan will reclaim top spot from Hull KR if they do prosper in the latest 'Battle of the Borough'.

They have already beaten Leigh twice this term but the Leopards have won all four games since the second of those defeats.

England hopeful Marshall, fresh from signing a new four-year Wigan deal last week,

said: "Leigh are playing some great rugby.

"They're a quality side. They've got over those injuries they had early on and are now chasing the play-offs, which is extra motivation as well as it being the Borough derby.

"We're expecting their best. They will challenge anyone on their day."

Meanwhile, after loan spells with Leeds and Castleford, Wigan prop Sam Eseh has joined Hull on loan until the end of the season.

Leeds are understood to be keen on bringing their former captain Kallum Watkins back to Headingley but the England international remains under contract at Salford until the end of 2025.

Rhinos captain Cameron Smith, Salford's Tim Lafai and Hull duo Brad Fash and Jordan Lane have been hit with one-game bans.



HIGH FLIER:
Liam Marshall touches down yet again for Wigan

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RIP CRICKET HERO GRAHAM THORPE: 1969-2024

'Never forget the lion of Karachi who was dancing in the dark with Hussain'

■ ONE OF THE GREATS:
Graham Thorpe (left) and Nasser Hussain enjoy the famous Pakistan win in 2000



A CHAMPION WHO WORE HIS HEART ON HIS SLEEVE

DARKNESS was falling like a curtain on Karachi when Graham Thorpe edged the winning runs in light barely fit for mining coal.

He never got enough credit for that unbeaten 64, culminating in the Chinese cut off Saqlain Mushtaq which took England to the chequered flag in 2000, after Pakistan's time-wasting had threatened to leave them stranded agonisingly short of victory.

That year Australia celebrated swimmer Ian Thorpe's hat-trick of gold medals at the Sydney Olympics, but we had the real 'Thorpedo'.

His big mate Nasser Hussain, who once described Thorpe as a "little genius" among England's underachievers, was with him in the middle when the twilight heist was complete.

Three months later, in a Colombo furnace,

■ by MIKE WALTERS

Thorpe was England's hero again, picking his way through the minefield of Muttiah Muralitharan's corkscrew spin to seal another overseas Test series triumph against the odds.

The following year there would be a free-wheeling double century in Christchurch; in the next, a comeback hundred - after an intermission to address turbulence in his private life - at The Oval.

And in Barbados, with the hourglass on his Test career running short of sand, Thorpe's unbeaten 117 against West Indies in 2004 was an absolute masterclass where none of his team-mates managed more than 17.

Graham Thorpe, whose death at the age of 55 has plunged English cricket into mourning, was not just the best England batsman never to

TRIBUTES TO ONE OF BEST

GRAHAM THORPE has been hailed as “undoubtedly” one of England’s finest ever players as tributes were paid following his death at the age of 55.

His passing was announced yesterday after he was first revealed to be seriously ill in hospital in 2022.

During a distinguished international career, Thorpe struck 16 Test hundreds for England, including a debut century against Australia at Trent Bridge in 1993, and represented his country 182 times in all formats.

Ex-England captain David Gower told Sky Sports: “One of his highlights was the 64 not out at Karachi in 2000, where England won a series for the first time in yonks against Pakistan, in Pakistan, and they had to do it in pitch black darkness.”

“We up in the commentary box, 80 or 90 metres away, couldn’t see anything live.”

“Only the genius of TV cameras allowed us to see what was going on, but that was a good example of his grit, determination and will to win.”

“He was very talented and what bears that out are his figures against all comers.”

Shaun Udal played alongside Thorpe for

England, but also remembered the excitement which surrounded the left-handed batsman during his junior years at Surrey.

“He was such a tenacious, talented and determined cricketer. Even coming up through the age groups at 10 or 11, he was always the star man,” Udal said. “He was undoubtedly one of the best we have produced, against all oppositions, in all circumstances and in all conditions.”

“It is just such a shame, but he was a fantastic player.”

Michael Vaughan also shared a dressing room with Thorpe and said his former team-mate

had “gone far too young” but was an “England cricket legend”.

Current Test captain Ben Stokes also paid tribute to Thorpe on his social media channels, while Joe Root labelled him as a “hero, mentor

and so much more”.

Speaking on Sky Sports, Thorpe’s former England team-mate Robert Croft said: “He was the best of his generation.”

“His name will stand the test of time in English cricket.”

THORPE FACT FILE

TESTS: 100.

RUNS: 6,744 (ave 44.66).

HUNDREDS: 16.

FIFTIES: 39.

HIGHEST SCORE: 200 not out (v New Zealand, Christchurch, 2002).

DEBUT: v Australia, Trent Bridge, 1993 (6 and 114 not out).

LAST CAP: v Bangladesh, Chester-le-Street, 2005 (66 not out).

CATCHES: 105.

CAPTAINS: 7 (Graham Gooch, Mike Atherton, Alec Stewart, Mark Butcher, Nasser Hussain, Michael Vaughan, Marcus Trescothick).

TEST RECORD:

P100 W38 D33 L29.

ONE-DAY INTERNATIONALS: 82

DID YOU KNOW? Thorpe’s 118 not out against Pakistan (at Lahore in 2000) contained just two boundaries.



MASTER OF HIS CRAFT: Thorpe salutes his incredible knock in Christchurch and (above) hits out against West Indies



POPULAR FIGURE: Ben Stokes and England show support when Thorpe fell ill



win the Ashes. He was the man for all seasons, a chameleon whose technique and stamina could adjust to all conditions.

Bullied and bundled out by Aussie menace Merv Hughes in his first Test innings at Trent Bridge in 1993, he became the first England player to score a century on his Test debut since Frank Hayes 20 years earlier in the second dig.

For the next 12 years, Thorpe was England’s rock, courageous against pace and canny in a spinners’ paradise.

A breakdown of his 100 caps reveals he averaged 45.17 in home Tests, 47.85 on the subcontinent and 48.18 in Australia. In other words, the tougher the conditions, the better he played.

Although he was part of a side who veered from brilliant one-off performances to the shower who slumped to the bottom of the Test rankings in 1999, Thorpe was the spirit level in a batting unit which came up short too often.

His 288-run partnership with Hussain against Australia at Edgbaston was a glittering track

from his greatest hits compilation. And his standards remained high right until the end of his England career, with 951 runs at 73 in the calendar year of 2004, when Kevin Pietersen and Ian Bell were knocking on the door and Thorpe was the one to make way.

While as a footballer, he was once selected by England Schoolboys as a midfielder.

The nature of long tours filled with solitude can tear at the soul, though, and former England captain Mike Atherton once wrote: “Of all the players I played with, Thorpe was the one whose state of mind most affected his play.”

“A happy, contented Graham Thorpe is a world-class player, his presence beneficial to any team. If something off the field is eating away at him, he cannot put it to the back of his mind and concentrate on his cricket.”

The same could be said of Thorpe’s coaching career, where he worked with rising star Steve Smith at New South Wales before returning to the England set-up 14 years ago. He was among

the fall guys cast aside after the 4-0 defeat in 2021-22 against Australia.

When Thorpe was admitted to hospital two years ago, current England skipper Ben Stokes wore a shirt emblazoned with ‘Thorpe 564’ – his Test cap legacy number – as a public show of the players’ enduring affection for him.

He’s gone far too young, but upstairs in the celestial pavilion I hope he finds out how much he was admired.

Never forget the lion of Karachi who was dancing in the dark with Hussain.

Never forget the hero who tamed Muralitharan’s spin in overwhelming heat that left him “seeing pink elephants”.

And never forget how barren English cricket’s landscape might have been without their little genius to guide them through the darkness.



GOLDEN GRAHAM: Thorpe is all smiles during his time as an England coach

STAR SHORTS

Brave hit big Tym

CRICKET

SOUTHERN BRAVE’S bowling unit fired them clear at the top of The Hundred with victory away to Welsh Fire.

James Vince carried his bat for 73 as Brave hit 139-5 in Cardiff.

Tymal Mills took 4-16, Danny Briggs impressed with 3-14, while Chris Jordan and Craig Overton also picked up wickets in a 42-run triumph.

Twickers change

RUGBY UNION

TWICKENHAM, the English game’s HQ, will be known as Allianz Stadium from September.

The cash-strapped RFU are still feeling the after-effects of Covid and chief executive Bill Sweeney said: “The RFU and Allianz will work together to enhance visitor experiences. This is an opportunity to celebrate our stadium’s proud legacy while developing it for the future.”

ANSWERS

YESTERDAY’S SPORTWORD
Across: 1 Ally Dick; 7 Hutch; 8 Voyle; 9 Lin Dan; 10 Herd; 12 Ince; 14 Hattori; 17 Ozaki; 18 Akman; 19 Skuhravy.
Down: 1 Anton; 2 Lehman; 3 Dave; 4 Coyne; 5 Challinor; 6 Ferdinand; 11 Maivia; 13 Clark; 15 Tommy; 16 Nish.

FIVE FOR FUN

1 Bevan French, 2 Maidenhead United, 3 David Goffin, 4 Hector Garzo, 5 Johnny Fisher.

Kyren to KO curse

■ by SHANE MacDERMOTT
KYREN WILSON is already visualising breaking the famous ‘Crucible curse’ with his hypnotherapist.

“The Warrior”, 32, realised his boyhood dream of becoming world champion with a fine 18-14 win over Jak Jones in May.

No first-time winner has successfully defended their crown since the sport moved to its spiritual Sheffield home in 1977.

“I want to be a multiple world champion, I don’t want to just win it once,” said the world No.3.

“We’re already working on visualising breaking the curse. There’s a lot of positive energy, a lot of positive talk around breaking the curse.”

Wilson now has his sights set on balancing off-table opportunities with tournaments this season.

He added: “Snooker does have to be a priority. I don’t want to be a world champion who gets hammered for a year because your snooker takes the brunt end of it.”



OFF TARGET: Kepa

Real deal is a bust for Kepa

■ by MEGAN FERINGA

KEPA ARRIZABALAGA'S career is at a crossroads after Real Madrid boss Carlo Ancelotti dropped a heavy hint he would not be returning to the Bernabeu.

Chelsea made the Spaniard the world's most expensive goalkeeper when they paid Athletic Bilbao £71.6m for his services in 2018.

But the 29-year-old was sent on loan to Real Madrid last season.

Kepa has since returned to Chelsea, where he has been training with players set for moves.

The Spanish international has attracted plenty of interest this summer.

He is understood to have rejected an offer from Saudi Arabia to hold out for a potential proposal from Real Madrid.

But Ancelotti seemed to pour cold water on that possibility when asked whether Kepa could return to the Spanish giants.

"In that position, we are covered," said the Italian coach. "Kepa did really well but I don't know what's going to happen."

Meanwhile, Chelsea midfielder Conor Gallagher has agreed to join Atletico Madrid following a weekend of deliberation.

Blues in play date

■ by SIMON CASS

CHELSEA have drawn Braga or Servette in the play-off round for the group phase of the Europa Conference League.

The first leg is on August 22 at Stamford Bridge, with Enzo Maresca's Blues visiting Portugal or Switzerland a week later.

Chelsea finished sixth in the Premier League last season, but were denied a Europa League spot after eighth-placed Manchester United beat Manchester City to lift the FA Cup.

Braga, fourth in the Portuguese Primeira Liga last term, meet Servette, who were third in the Swiss Super League, on Thursday and again seven days later.

Rangers face Salzburg or Twente in the Champions League play-off round if they defeat Dynamo Kyiv in their third qualifying round tie.

SERIOUSLY football PREMIER LEAGUE

BEST BAR NONE

Slot's high standard for new Kop signings

■ by CHRIS McKENNA

ARNE SLOT has warned Liverpool will only sign players this summer if they meet the 'really high bar' to be a Reds player.

The Dutchman is happy with his squad that he inherited from Jurgen Klopp but admits sporting director Richard Hughes is scouring the market.

The Reds remain the only Premier League club not to make a signing in this window.

New Kop boss Slot said: "The bar is really high for new signings because we have so many good players. It is not so easy to first find a player to meet those standards and then is he available?"

"Then we have to find an agreement with them, so it is not always easy to find a player who can help us, but Richard is working hard on it and let's see what comes from this."

Liverpool have been linked with a number of defensive midfielders but have yet to move to sign one. They missed out on Moises Caicedo last summer and then landed Japan international Wataru Endo.

Endo started the Reds' pre-season tour in the No.6 role against Real Betis but Slot swapped him out for Dominik Szoboszlai against Arsenal and then Ryan Gravenberch against Manchester United.

That suggests the former Feyenoord boss is looking for alternatives.

"I think Ryan did really well in that



ENDO GAME: Slot has to decide on Wataru's future role in the Reds team

position today and we have other options as well," said Slot.

"The best way to judge it is when we have all the players back and we still haven't, but a club like Liverpool always keeps its eye open to see what's available, players that can strengthen the squad.

"We constantly evaluate the squad – where can we do something and what do we have?"

Slot insists he does not have a number of signings in mind and while he has been in touch with Hughes regularly, his focus has been on preparing the players he has.

Euros stars Virgil van Dijk, Cody

Gakpo, Joe Gomez and Trent Alexander-Arnold will resume full training today along with Luis Diaz and Darwin Nunez, who went to the late stages of the Copa America.

Alisson was given an extended break despite Brazil's early exit.

Alexander-Arnold's long-term future at Anfield remains in doubt ahead of the new season as he is yet to sign a new contract, with just one year left and Real Madrid linked.

Slot spoke to the right-back earlier in the summer.

He said: "We didn't speak about his commitment, we only spoke about the way I wanted him to play and how he

could fit in that style. He was mainly focused on the Euros at that moment we spoke and I saw some clips from people showing me that he looks really fit and sharp and I can't wait to see him train.

"But some others did quite well against Manchester United as well, so it is interesting to see if the others come back and the level goes up even more."

Liverpool were unbeaten in the US, claiming four wins over Betis, Arsenal and United. They face Sevilla and Las Palmas in their final warm-up games, with both matches taking place as a double-header on Sunday at Anfield.

Slot added: "We have a good platform to build from."

HE'LL DOU THE BUSINESS

UNAI EMERY reckons £50m signing Amadou Onana will only get better – as he targets establishing Aston Villa as top-four regulars.

Highly-rated Belgium midfielder Onana (left) has joined from Everton on a five-year deal to boost Villa's ranks as they prepare for life in the Champions League this season.

Emery, whose team's campaign starts at West Ham on Saturday week, said: "Amadou is a

■ by BRENDAN McLOUGHLIN player who is demanding himself, he is always trying to understand quickly what we are doing in every session we are doing and every meeting.

"He is only 22 years old, of course his potential is very interesting for us.

"His progress with us is going well.

"We want to try to progressively be stronger in our structure tactically with his skills and

characteristics." Villa defied the odds to clinch a top-four finish last season and ambitious Emery says the challenge now is staying there.

He said: "We achieved our top objective – to play this year in the Champions League.

"The process is clear. We got into Europe, first through the Conference League and now we have got Champions League.

"Now it is the highest challenge I can have and we can have at Aston Villa, which is to keep it."



Julen's Full guy

WEST HAM have completed the signing of Germany striker Niclas Fullkrug from Borussia Dortmund.

The 31-year-old (inset) has agreed a four-year contract at the London Stadium for a fee in the region of £27m, becoming the fifth summer signing brought in by new Hammers boss Julen Lopetegui.

"I'm delighted to be here and I can't wait to get out on the pitch with my new team-mates," said Fullkrug. "I think the

Premier League is the best league in the world, and for me it is the right time to move over to England and play for a big club like West Ham.

"The chance to play under the head coach is really exciting. His playing style is important for me, and I am confident that

under him I will be able to perform at my best and score lots of goals."

The Irons are close to completing the signing of free agent midfielder Guido Rodriguez, 30.





CHALLENGE: Cooper

Cooper's stepping things up

by **BRENDAN McLOUGHLIN**

STEVE COOPER has warned Leicester must be ready for the "massive step up" awaiting them on their Premier League return.

The Foxes won the Championship under Enzo Maresca.

Now Cooper is tasked with keeping them in the Premier League after the Italian quit for Chelsea.

The former Nottingham Forest manager admits there is still work to do after they lost 1-0 to Augsburg at the weekend.

Cooper said: "We know what's coming in the Premier League."

"It's a massive step up and when you're playing one vs one and you're combating up against your opponent, you've got to win more duels than you lose. I think that needs addressing a little bit."

"The guys are really engaged and working really hard every day, really trying to take on the ideas, but we need to score goals and stop conceding. That's where we're at."

"We know where we want to improve. The step up is a huge one and the guys that have been there before, including myself, need to remind ourselves of what is coming."

"And for those who are going in for the first time, we're really trying to prepare them for how it feels. We'll keep going at that and we'll continue with our work."



● **PARIS ST-GERMAIN** have completed the signing of 19-year-old Benfica midfielder Joao Neves in a deal worth up to £60m.

● **SOUTHAMPTON** have made a late move to beat Feyenoord in the race for Brighton's 19-year-old Argentina ace Facundo Buonanotte.

● **IPSWICH** have made a move to sign Leeds and Watford target Fode Ballo-Toure, 27, currently with AC Milan.

● **MANCHESTER UNITED WOMEN** are set to sign 20-year-old Canada international Simi Awujo.

● **DEFENDER Elkan Baggott, 21, has left Ipswich for Blackpool on a season-long loan.**

SERIOUSLY football PREMIER LEAGUE



HOWWAY THE DADS

DADDY COOL: Barnes celebrates and (right) with boss Eddie Howe

Father figure Howe has Barnes bouncing again

HARVEY BARNES received advice on fatherhood from Newcastle boss Eddie Howe and now he wants to make the Premier League look like child's play.

The winger endured an injury-hit debut season on Tyneside and only showed glimpses of what he is capable of following his £38m move from Leicester last summer.

Barnes suffered a serious foot injury in September last year as Newcastle beat Sheffield United 8-0, with medics giving conflicting advice on whether an operation was needed.

A period on the sidelines coupled with the upheaval of moving to the North East with his wife and baby daughter made it a difficult time for the 26-year-old.

But the support of Howe helped and now he is ready to fire on all cylinders in a black and white shirt.

Barnes said: "The manager really understands the challenges that players will face when they are moving clubs, whether from abroad or the other end of the country."

"He has a really good understanding of the family situation of each player and he can help you with that."

"If there are certain things you need, he'll always be there. He didn't help me furnish the house!"

"But he did give me a few good conversations about my daughter and the different challenges that you were

going to face as a dad. When we first had her, for sure, he's been there, he understands.

"I find it tough when I'm out. I had my daughter, Harper, a week before I got injured, so there was a lot going on at that time."

"With the injury, being a new dad, all these different things going on, it was tough and the injury itself, you have up-and-down days."

"Becoming a dad, it was a challenging time but that probably helped a lot as well. I had to switch from the injury and the football when I got home because I had to concentrate on our daughter. It was a real sort of turbulent start."

Barnes is now focused on what is ahead and is eager to prove Howe was right to splash the cash to bring him from the King Power Stadium.

And he insists he is fighting fit after a full pre-season.

Barnes added: "It obviously wasn't the start I was hoping for."

"When you come into a new club, you're always desperate to make a good impression."

"There were glimpses when I came back last season, but you're in and out of the team and your fitness probably isn't 100 per cent."

"For sure having a good off-season and a full pre-season now, it'll put me in the best place going into the new season."

by **DAVID McDONNELL** decision on Old Trafford's future is not expected until the end of the year.

One approach could be to retain the Old Trafford name and have a sponsor aligned to it, a move adopted by other iconic stadiums.

Speaking on United's US tour, Qualcomm's chief marketing officer Don McGuire said: "Old Trafford is Old Trafford, it should always be Old Trafford."

"But if there is a brand attached to that in some way,

shape or form, powered by someone – an 'at' or whatever – for example, this is Snapdragon Stadium at Bashor Field.

"We are working very closely with the team on the re-imagining of Old Trafford from a technology and innovation standpoint and Carrington."

"So if that leads to something bigger, where it would make sense for us to go even bigger – this (shirt sponsor deal) is pretty big by the way, not inexpensive – but if it makes sense, we are always looking out for opportunities."



Harvey is Scot free to switch

by **SIMON BIRD**

NEWCASTLE star Harvey Barnes could switch allegiances to Scotland if he can't revive his one-cap England career.

The Newcastle winger admits he has held "one or two conversations" about taking up his eligibility for the Tartan Army.

His 14-minute long England debut came in a friendly against Wales three years ago (below) and he has four appearances for England Under-21s.

But asked where his international future may lie, he said: "Well I'm still eligible to play for Scotland."

"There's been one or two conversations, but there's not been too much detail into that."

"To be honest, I haven't really brought it in as part of my thought process yet."

"It's not really been a serious conversation, so it's not something I've really thought too much on. But I know I am still eligible to play for Scotland."

Asked what he would do if a new chance didn't materialise with England ahead of the World Cup qualifiers, he added: "Then I'd still be eligible to play for Scotland."

FIFA's eligibility rules say there must be a three-year gap in between a player's last match for the country they wish to switch from.



SPONSOR'S SNAPPY TITLE FOR OLD TRAFFORD

MANCHESTER UNITED'S new shirt sponsor are keen to explore a potential stadium naming rights deal for Old Trafford.

Snapdragon – a subsidiary of global tech giant Qualcomm – were announced last month as United's new shirt sponsor (inset), signing a three-year deal worth £180m.

United have set up a task force to decide whether to build a new £2bn, 100,000-capacity stadium or redevelop the existing ground. A final



decision on Old Trafford's future is not expected until the end of the year.



BIG DECISION: Renaming Old Trafford will not be taken lightly

INFORMATION STATION

William Hill Scottish Prem
ST JOHNSTONE (0) ... 1 ABERDEEN (1) ... 2
 Molloy 88 (og) Devin 22 McGrath 62

| | P | W | D | L | F | A | Pts |
|--------------|---|---|---|---|---|---|-----|
| Celtic | 1 | 1 | 0 | 0 | 4 | 0 | 3 |
| St Mirren | 1 | 1 | 0 | 0 | 3 | 0 | 3 |
| Aberdeen | 1 | 1 | 0 | 0 | 2 | 1 | 3 |
| Dundee | 1 | 0 | 1 | 0 | 2 | 2 | 1 |
| Dundee Utd | 1 | 0 | 1 | 0 | 2 | 2 | 1 |
| Harts | 1 | 0 | 1 | 0 | 0 | 0 | 1 |
| Motherwell | 1 | 0 | 1 | 0 | 0 | 0 | 1 |
| Rangers | 1 | 0 | 1 | 0 | 0 | 0 | 1 |
| Ross County | 1 | 0 | 1 | 0 | 0 | 0 | 1 |
| St Johnstone | 1 | 0 | 0 | 1 | 1 | 2 | 0 |
| Hibernian | 1 | 0 | 0 | 1 | 0 | 3 | 0 |
| Kilmarnock | 1 | 0 | 0 | 1 | 0 | 4 | 0 |

Friendly Match
FULHAM (0) ... 1 SEVILLA (2) ... 2
 Smith Rowe 52 Romero 1, 45

CRICKET
THE HUNDRED WOMEN
Southern Brave v Welsh Fire (Sophia Gardens, Cardiff): **Southern Brave 84-10** (91 balls; H K Matthews 3-16); **Welsh Fire 88-3** (90 balls). *Welsh Fire win by 7 wickets.*

| | P | W | T | L | NR | RR | Pts |
|---------------|---|---|---|---|----|--------|-----|
| Fire | 5 | 4 | 0 | 1 | 0 | 0.198 | 8 |
| Superchargers | 4 | 2 | 1 | 1 | 0 | 1.351 | 5 |
| Spirit | 4 | 2 | 1 | 1 | 0 | 0.230 | 5 |
| Invincibles | 4 | 2 | 1 | 1 | 0 | -0.265 | 5 |
| Phoenix | 4 | 2 | 0 | 2 | 0 | -0.575 | 4 |
| Originals | 4 | 2 | 0 | 2 | 0 | -0.599 | 4 |
| Rockets | 4 | 1 | 0 | 3 | 0 | 0.155 | 2 |
| Brave | 5 | 0 | 1 | 4 | 0 | -0.451 | 1 |

MEN
Welsh Fire v Southern Brave (Sophia Gardens, Cardiff): **Southern Brave 139-5** (100 balls; J M Vince 73no); **Welsh Fire 97-10** (95 balls; T S Mills 4-16; D R Briggs 3-14). *Southern Brave (2pts) win by 42 runs.*

| | P | W | T | L | NR | RR | Pts |
|---------------|---|---|---|---|----|--------|-----|
| Brave | 5 | 4 | 0 | 1 | 0 | 1.056 | 8 |
| Invincibles | 4 | 3 | 0 | 1 | 0 | 0.816 | 6 |
| Superchargers | 4 | 3 | 0 | 1 | 0 | 0.128 | 6 |
| Rockets | 4 | 2 | 0 | 2 | 0 | 0.476 | 4 |
| Fire | 5 | 2 | 0 | 3 | 0 | -0.159 | 4 |
| Phoenix | 4 | 2 | 0 | 2 | 0 | -0.857 | 4 |
| Spirit | 4 | 1 | 0 | 3 | 0 | -0.409 | 2 |
| Originals | 4 | 0 | 0 | 4 | 0 | -1.464 | 0 |

UCI PRO SERIES VUELTA A BURGOS PROSERIES (Spain)—**Stage 1** (Vilviestre del Pinar-Burgos 168km): 1 P Bittner (Slo) Team dsm-firmenich PostNL 4h 2mins 26s, 2 G Nizzolo (Ita) Q36.5 Pro Cycling Team, 3 I Garcia Cortina (Spa) Movistar Team all at same time. **Overall:** 1 P Bittner (Slo) Team dsm-firmenich PostNL 4h 2m 16s, 2 G Nizzolo (Ita) Q36.5 Pro Cycling Team +4s, 3 I Garcia Cortina (Spa) Movistar Team +6.

GOLF
LPGA TOUR PORTLAND CLASSIC (Oregon, USA)—**Final rnd** (US unless stated): **266** M Jutanugarn (Tha) 67 69 64 66, **268** A Yin 66 67 66 69, Na-Rin An (Kor) 68 66 68 66, N Guseva (Rus) 64 72 64 68, **269** So-Mi Lee (Kor) 66 67 67 69, P Mack (Ger) 63 67 69 70, S Garcia (Pry) 66 70 65 68, **270** D Weber (Ned) 66 62 70 72, **271** A Jutanugarn (Tha) 69 69 68 65, G Kim (Aus) 66 65 70 70, A Lee 67 63 67 74, L Coughlin 66 69 66 70, Ji-Won Jeon (Kor) 68 66 71 66, **272** A Pano 68 64 66 74, R Liu (Chn) 67 69 68 68, M Nam 67 67 70 68, J Chang 72 65 67 68, E Talley 65 67 72 68.

TENNIS
ATP & WTA MUBADALA CITI DC OPEN (Washington DC)—**Men's Final:** S Korda (USA) bt F Cobolli (Ita) 4-6 6-2 6-0. **Women's Final:** P Badosa (Spa) bt M Bouzkova (Cze) 6-1 4-6 6-4.

TODAY'S DIARY
 (7.45pm unless stated)
UEFA Champions Lge Third Qualifying Round First Leg
 Red Bull Salzburg v Twente.....
 Lille v Fenerbahce (7.30).....
 Dynamo Kiev v Rangers (7pm).....
 Malmo v PAOK (6pm).....
 Midtjylland v Ferencvaros (6.15).....
 Karabakh v Ludogorets (5pm).....
 Sparta Prague v FCSB (7pm).....
UEFA Europa League Third Qualifying Round First Leg
 Petrocub v The New Saints FC (6pm).....
 Panevezys v Maccabi Tel-Aviv (5.30).....
UEFA Europa Conference League 3rd Qualifying Round, First Leg
 Noah v AEK Athens (5pm).....
Friendly Matches: Matlock v Mansfield, Coventry v Roma (5pm), Slough v Luton (7.30), Wolverhampton v Boldmere St Michaels (7.30).

CRICKET
One-Day Cup - Group A: Middlesex v Durham (Radlett, 11am). **Group B:** Leicestershire v Surrey (Leicester, 11am). **One-Day Cup - Group B:** Yorkshire v Essex (Scarborough, 11am).
THE HUNDRED: Edgbaston: Birmingham Phoenix v Northern Superchargers (Women 3pm, Men 6.30pm). **Emirates Old Trafford:** Manchester Originals v Oval Invincibles (Women 11.30am, Men 3pm).
RUGBY LEAGUE
Betfred Super League (8pm): Wigan v Leigh.

CROSS FIRE

with **JEREMY CROSS**
 @CROSSDAILYSTAR

OUR CHIEF SPORTS WRITER TAKES AIM AT ALL THE BIG ISSUES



Unique power of sport



MAGICAL MOMENTS OFFER AN ESCAPE

RAW EMOTION: Djokovic is overcome by his Olympic achievement and (below) golfers Fleetwood and Scheffler proudly hold onto their medals



WHAT a shame Tommy Fleetwood couldn't manage a gold medal in the Olympic golf.

He was pipped to the post by Scottie Scheffler and had to settle for silver. But had Fleetwood taken top prize, he could have paraded it around the streets of Southport, the town from where he is from. Or perhaps the local authorities could have painted a telephone box gold in his honour.

As it happens, Fleetwood might feel a tinge of relief he didn't win his tournament at the Paris Games. Because the cretinous behaviour of some people back in his hometown, in the wake of the shocking and senseless murders of three children, mean those streets are not fit to welcome home a hero.

It's doubtful any telephone boxes remain standing, either. Southport is by no means alone in hosting such criminality from these deadbeat halfwits bringing shame and suffering on the nation.

Looking on from afar here in the French capital, Britain appears broken. **But if the violence is a powerful reminder of how fractured society can be, the sporting drama in France is a strong reminder of how crucial the escapism it provides us with is, too.**

These Olympics have been far from plain sailing. There have been problems, controversies and regretful scenarios. But there have also been historic moments of magic, achievement and wonderment to behold.

Sport has never felt so powerful. And don't tell me it doesn't matter in the bigger picture of life. Try saying that to

Novak Djokovic, who unburdened his soul like never before after winning tennis gold.

The win completed the Serb star. He labelled it the greatest one of his astonishing career.

Scheffler broke down in tears as he stood on the podium listening to the Star-Spangled Banner.

Noah Lyles lit up the Stade de France like never before when winning the men's 100m final.

How about Jerome Brouillet's photograph of superstar surfer Gabriel Medina? Or when American swimming legend Katie Ledecky blitzed the pool, then made a young fan's day with a wave?

How about the golden achievements of French swimmer Leon Marchand, judo giant Teddy Riner or iconic gymnast Simone Biles?

Team GB rower Georgie Brayshaw was paralysed and in a coma as a teenager. Now she's an Olympic champion.

The list goes on and on. While division reigns elsewhere, sport unites. It gives people hope when there appears to be none.

It gives people a voice and direction, like the two female boxers involved in the gender row in Paris.

It makes dreams and breaks them. It gives people a platform to thrive, to belong and to educate.

It breaks down ignorance and it heals. It feels like, win, lose or draw, we've needed these Games like never before.

They won't solve the world's problems, of course. But for a few precious hours or even days, they will make us forget them. And if we don't have that, what are we left with?

Time to remember the genius of fearless Thorpe

IT'S perhaps a quirk of life that people are appreciated more once they're gone. And no one proves this more than former England cricketer Graham Thorpe.

And so they should, because he was one of the best batters of his generation. He was fearless against pace and the master of spin. Thorpe scored 16 hundreds in 100 Tests, including one on his debut in the second innings against Australia.

And his 118, which included just two boundaries, to help England beat Pakistan in Lahore will go down as the stuff off legend. Apart from his incredible talent, what some people also tend to forget is that he was at the peak of his

powers when the England team was a shambles. Like Nasser Hussain said, Thorpe (right) seems to "slip people's minds". It's a shame it's too late before those same people realise how bloody good he was.





PARIS OLYMPICS



PURSUIT OF HAPPINESS

UNDER the glitterball of a velodrome, partying fans waving their Union flags let it all hang out – and a star was born.

Emma Finucane, Katy Marchant and Sophie Capewell brought home the bullion as Team GB struck gold in the women's team pursuit, breaking the world record three times in as many hours.

And it really could be the start of another British gold rush in the velodrome.

Dame Laura Kenny, the first lady of the track, thinks Team GB could win as many as eight golds at Paris 2024.

And in the case of Finucane, the hype may not be misplaced.

Kenny thinks she will win a hat-trick (team sprint, individual

Terrific trio put pedal to medal

■ from **MIKE WALTERS** in Paris

sprint and keirin) and on this evidence, Finucane is the fastest woman on the planet with a bike.

The Saint Quentin-en-Yvelines velodrome is like a sauna – and the Brits are running hot again.

Marchant, 31, a sprint bronze medalist in Rio, was out of the blocks as if she was being shot out of a cannon.

"To break three world records and come away as Olympic champions, we just absolutely nailed it and I'm so proud," she said.

Capewell, who kept the fire burning on the second lap, has

cycling in the genes. Her father, Nigel, was a former Paralympic cyclist who passed away in 2021.

And then there was Finucane, who put the hammer down on the anchor leg with gratifying urgency and never looked like being caught.

Opening up with 45.472secs against the clock in qualifying for starters, they cranked up the speed in their first-round demolition of Canada, shaving 0.034secs off their first ride to set up a gold medal clash with New Zealand.

And with vast support in the stands, they saved their best for last, clocking 45.186secs, almost

half a second faster than the Kiwi trio. In team sprint, half a second is a country mile.

Finucane, from Carmarthen in Wales, is only 21 and she looks the real deal.

Next on her radar is the individual sprint, and good luck to her rivals who try to keep up with her.

In the men's team sprint, Jack Carlin rode a storming anchor leg to lead Team GB into today's knockout stages second fastest.

Ed Lowe, Hamish Turnbull and Carlin clocked 41.862secs, only for the rapid Dutch – clearly the team to beat – to go 0.583secs faster in the last ride.



■ **FLYING THE FLAG:** Capewell, Marchant and Finucane soak up the acclaim after their golden ride (right)



BILES UNBALANCED BY SHUSHING

SIMONE BILES hit out at fans for ruining her bid to win gold on the women's balance beam.

The American legend was going for a fourth gold of the Paris Games.

But she produced a shock fall to end up with a score of just 13.100 and miss out on a medal altogether as Italian Alice D'Amato took gold.

And to complete a miserable finish to what could be Biles' final Olympics she also failed to win gold in the floor final.

It was the first time in history she had been beaten

■ from **JEREMY CROSS** in Paris on the floor in a major competition.

Biles, who had to settle for silver instead behind Brazilian Rebeca Andrade, could be seen complaining to coach Cecile Landi following her failed beam routine.

Even the true greats come crashing back down to earth sometimes.

And Biles (right) did just this, to remind the world she is human after all.

But the seven-time Olympic champion revealed spectators telling fellow gymnasts to stop

cheering on their team-mates had put her off.

Biles said: "Why are they (fans) shushing? As soon as I am going, they are shushing so much. It's just annoying that the crowd also has to start shushing."

Fellow American Sunisa Lee said: "The crowd shushing us for cheering, we didn't like that because it was just so silent in there. I love hearing my team-mates cheer for me."

"We were just talking about how annoying it was to be shushed. We were just both really upset."



YESTERDAY'S RESULTS

ARTISTIC GYMNASTICS

Men's Parallel Bars Final: 1 J Zou (Chn) 16.200pts, 2 I Kovtun (Ukr) 15.500, 3 S Oka (Jpn) 15.300.

Men's Horizontal Bar Final: 1 S Oka (Jpn) 14.533pts, 2 A Barajas (Col) 14.533, 3 B Zhang (Chn) 13.966.

Women's Balance Beam Final: 1 A D'Amato (Ita) 14.366pts, 2 Y Zhou (Chn) 14.100, 3 M Esposito (Ita) 14.000.

Women's Floor Exercise Final: 1 R Andrade (Bra) 14.166pts, 2 S Biles (Usa) 14.133, 3 J Chiles (Usa) 13.766.

ATHLETICS

Men's Pole Vault Final: 1 A Duplantis (Swe) 6.25m, 2 S Kendricks (Usa) 5.95, 3 E Karalis (Gre) 5.90, 4 E Obiena (Phi) 5.90, 5 E Sasma (Tur) 5.85, 6 K Marschall (Aus) 5.85, 7 B Huang (Chn) 5.80, 8 S Guttormsen (Nor) 5.80, 9 O Zernikel (Ger) 5.70, 10 B Lita Baehre (Ger) 5.70, 11 M Vloon (Ned) 5.70, 12 V Kreiss (Lat) 5.50.

Men's 200m Round 1 - Heat 4: 7 Z Hughes (Gbr) DNS.

Men's 400m Hurdles Round 1 - Heat 5: 3 A Chalmers (Gbr) 48.98secs.

Men's Discus Throw Qualification - Group A: 12 N Percy (Gbr) 61.81m. **Group B:** 11 L Okoye (Gbr) 61.17m.

Women's 800m Final: 1 K Hodgkinson (Gbr) 1min 56.72secs, 2 T Duguma (Eth) 1:57.15, 3 M Moraa (Ken) 1:57.42, 4 S Maloney (Vin) 1:57.66, 5 R Lamote (Fra) 1:58.19, 6 W Mesele (Eth) 1:58.28, 7 J Whittaker (Usa) 1:58.50, 8 P Sekgodiso (Rsa) 1:58.8

Women's 5000m Final: 1 B Chebet (Ken) 14mins 28.56secs, 2 S Hassan (Ned) 14:30.61, 3 N Battocletti (Ita) 14:31.64.

Women's Discus Throw Final: 1 V Allman (Usa) 69.50m, 2 B Feng (Chn) 67.51, 3 S Elkasevic (Cro) 67.51.

Women's 200m Semi-final 1: 4 B Williams (Gbr) 22.58secs. **Semi-final 2:** 1 D Asher-Smith (Gbr) 22.31secs. **Semi-final 3:** 2 D Neita (Gbr) 22.24secs.

Women's 400m Round 1 - Heat 2: 2 L Nielsen (Gbr) 50.36secs. **Heat 3:** 1 A Anning (Gbr) 49.68secs.

Heat 4: 4 V Ohuruogu (Gbr) 50.93secs.

Women's 400m Hurdles Repechage Round - Heat 2: 2 J Knight (Gbr) 55.10secs.

Women's Pole Vault Qualification - Group A: 15 H Bradshaw (Gbr) 4.20m. **Group B:** 15, M Caudery (Gbr) NM.

BADMINTON

Men's Singles Bronze Final: Z Lee (Mas) bt L Sen (Ind) 2-1.

Men's Singles Final: V Axelsen (Den) bt K Vitidsarn (Tha) 2-0.

Women's Singles Bronze Final: G Tunjung (Ina) bt C Marin (Spa) w/o.

Women's Singles Final: S An (Kor) bt B He (Chn) 2-0.

BASKETBALL 3X3

Men's Bronze Final: Latvia 18 Lithuania 21.

Women's Bronze Final: Canada 13 United States 16.

Women's Final: Germany 17 Spain 16.

CANOE SLALOM

Men's Kayak Cross Final: 1 F Butcher (Nzl), 2 J Clarke (Gbr), 3 N Hegge (Ger), 4 L Rohan (Cze).

Semi-final 1: 1 J Clarke (Gbr). **Quarter-final 2:** 1 J Clarke (Gbr).

Women's Kayak Cross Final: 1 N Fox (Aus), 2 A Hug (Fra), 3 K Woods (Gbr), 4 E Lilik (Ger).

Semi-final 2: 1 K Woods (Gbr). **Quarter-final 2:** 1 K Woods (Gbr). **Quarter-final 3:** 4 M Franklin (Gbr).

CYCLING TRACK

Men's Team Pursuit, Qualifying: 2 Great Britain 3mins 43.241secs.y

Men's Team Sprint, Qualifying: 2 Great Britain 41.862secs.

Women's Team Sprint Final: Great Britain (K Marchant, S Capewell, E Finucane) 45.186secs bt New Zealand 45.659.

Women's Team Sprint Bronze Final: Germany 45.400secs bt Netherlands 45.690.

Women's Team Sprint, Qualifying: 1 Great Britain 45.472secs. **First Round:** 1 Great Britain 45.338secs, 2 Canada 46.816.

DIVING

Women's 10m Platform Semi-final: 1 H Quan (Chn) 421.05pts, 2 Y Chen (Chn) 403.05, 3 A Spendolini Sirieix (Gbr) 367.00, 13 L Toulson (Gbr) 278.50.

EQUESTRIAN Jumping Individual Qualification: 11 H Charles (Gbr) 0 pens, 12 S Brash (Gbr) 0, 28 B Maher (Gbr) 4.

HOCKEY

Women's Quarter-finals: Australia 2 China 3, Netherlands 3 Great Britain 1, Argentina 1 Germany 1. (Argentina win Shoot-out), Belgium 2 Spain 0.

SAILING

Men's Dinghy - Opening Series: 4 M Beckett (Gbr) 67pts.

Men's Kite - Opening Series: 5 C Bainbridge (Gbr) 21pts.

Women's Kite - Opening Series: 2 E Aldridge (Gbr) 8 pts.

Women's Dinghy - Opening Series: 12 H Snellgrove (Gbr) 108pts.

Mixed Multihull - Opening Series: 4 J Gimson & A Burnet (Gbr) 38pts.

SHOOTING

Men's 25m Rapid Fire Pistol Final: 1 Y Li (Chn) 32pts, 2 Y Cho (Kor) 25, 3 X Wang (Chn) 23, 4 F Peter (Ger) 20, 5 P Korostylov (Ukr) 16, 6 M Spinella (Ita) 10.

Mixed Skeet Team Bronze Final: China 44 India 43.

Mixed Skeet Team Final: Italy 45 United States 44.

SPORT CLIMBING Men's Boulder & Lead Semi-finals: 3 T Roberts (Gbr) 54.1pts, 8 H McArthur (Gbr) 34.2.

TRIATHLON Mixed Relay: 1 Germany 1hrs 25mins 39secs (gold), 2 United States 1:25:40 (silver), 3 Great Britain (Alex Yee, G Taylor-Brown, S Dickinson, B Potter) 1:25:40, 4 France 1:26:47, 5 Portugal 1:27:08, 6 Italy 1:27:11, 7 Switzerland 1:27:16, 8 Brazil 1:27:23.

BEST OF TODAY'S ACTION

ARTISTIC SWIMMING

18:30: Team Free Routine

ATHLETICS

09:05: Women's 1500m Round 1

09:20: Men's Javelin Throw Qualification

09:50: Men's 110m Hurdles Repechage Round

10:15: Women's Long Jump Qualification

10:20: Women's 400m Repechage Round

11:00: Men's 400m Hurdles Repechage Round

11:30: Men's 200m Repechage Round

18:35: Men's 400m Semi-Final

19:00: Women's Hammer Throw Final

19:07: Women's 400m Hurdles Semi-Final

19:20: Men's Long Jump Final

19:50: Men's 1500m Final

20:10: Women's 3000m Steeplechase Final

20:40: Women's 200m Final

BASKETBALL

10:00: Men's Quarter-final

13:30: Men's Quarter-final

17:00: Men's Quarter-final

20:30: Men's Quarter-final

BOXING

22:06: Women's 60kg - Final

CYCLING TRACK

16:30: Women's Team Pursuit, Qualifying

17:59: Men's Team Sprint, First Round

18:14: Men's Team Pursuit, First Round

19:02: Men's Team Sprint, Finals - For Bronze

19:07: Men's Team Sprint, Finals - For Gold

DIVING

14:00: Women's 10m Platform Final

EQUESTRIAN

09:00: Jumping Individual Final

FOOTBALL

17:00: Women's Semi-final

20:00: Women's Semi-final

HOCKEY

13:00: Men's Semi-final

18:00: Men's Semi-final

SAILING

Women's Dinghy Medal Race

Men's Dinghy Medal Race

SKATEBOARDING

16:30: Women's Park Final

PARIS OLYMPICS

Daryll: Double would be Neit

DARYLL NEITA is calling on fans to "get their popcorn ready" as two Brits line up in tonight's 200m final.

Alongside Dina Asher-Smith, Neita (*inset*) will fight to become the first female British medallist in a sprint event since Dorothy Hyman in 1960.

And after cruising through last night's semi-final, she is adamant that a spot on the podium is within reach for both.

"Once you are in that race, anything can happen and I am feeling very confident," said Neita.

"One hundred per cent a medal is up for grabs, it's an open race.

"Once we go on the start line again it's open, so I just need to

from ALAN SMITH go into that race headstrong and perform my best."

American star Gabby Thomas appears the overwhelming favourite for gold after dominating last night's semi-finals.

Asher-Smith appeared to ease up in the final metres, but Thomas came off the gas even more.

In the men's 200m, double-chasing Noah Lyles sauntered through his heat in 20.19secs.

Fellow Americans Kenny Bednarek and Erriyon Knighton laid down the biggest markers by clocking sub-20 outings.

There was no British participant after Zharnel Hughes withdrew to nurse a sore hamstring.



A SIRIEIX THREAT

TEAM GB's Andrea Spendolini-Sirieix secured her spot in the women's 10m platform final today after finishing third in the semi-finals.

Spendolini-Sirieix, 19, will be Great Britain's sole representative in the competition after Lois Toulson missed out on a qualifying place.

Five days after claiming bronze in the 10m synchronised event together, the pair returned to the Aquatics Centre yesterday.

After easing through the preliminary rounds, Spendolini-Sirieix put in a brilliant display in the semi-finals, scoring 367.00 points overall to sit behind Chinese divers Hongchan Quan and Yuxi Chen, who qualified first and second respectively.

Toulson finished strongly with a 65.60 on her last dive to push herself up the leaderboard but she fell just short of the top 12 qualifying positions in 13th place.

Gender row pair 'men' claim IBA

THE head of the International Boxing Association launched a furious rant about two female fighters in the Olympics gender row, insisting their tests show they are both men.

In a chaotic press conference in Paris, IBA president Umar Kremlev and CEO Chris Roberts said Imane Khelif and Lin Yu-ting (*inset*) would "have to prove they were born women".

The two were disqualified from the IBA-sanctioned World Championships last year after failing an unspecified gender eligibility test but

by BEN HUSBAND were able to compete in the Olympics.

They are both now guaranteed at least a bronze medal but Kremlev backed the IBA's findings and the decision to ban them.

"We don't verify what they have between their legs" he said.

"The tests show they were men. We don't know if they were born like that or if some changes were made."

Roberts said he has had two objection letters from Algeria and Chinese Taipei preventing the IBA from making the findings public but added: "You can read between the lines."



TRACK 'N

Keely's coronation is now as good as gold

ON A steamy night in northern Paris, there were tears, plenty of them - but barely a bead of sweat.

Keely Hodgkinson did not just live up to her billing as a gold medal certainty, she did so with a generational performance.

That pre-race billing brought its own ton of pressure, everyone expecting Keely's coronation.

The weight of a nation's sporting hopes were, for just under two minutes, on Hodgkinson's shoulders and she knew the rest of the field would have to conspire to stop her, rough her up, get her out of her rhythm.

But nothing can put this remarkable, super-confident athlete off her most regal of strides.

She went to the front with just over 500 metres of the 800 left to travel and dictated matters until crossing the line comfortably ahead of Ethiopia's Tsige Duguma and Kenya's Mary Moraa.

In fact, she dictated matters from the off.

As she pulled away in the home straight, Hodgkinson even had time to look up at the giant screen to see her epic finish in all its cinematic glory.

Then came the emotion, then came the celebrations.

Is there a cooler British sportsman or sportswoman right now?

There were the hugs with friends and family but then there were the selfies with youngsters hanging over the barriers, the dance routines with pals in the crowd.

Hodgkinson has long been the golden girl - only without world championship gold, without Olympic gold. Until now.

But her two successes at European Championships, her two silvers at worlds and her silver at Tokyo 2020 make you forget the athlete from Atherton, Greater Manchester, is still in the formative years of her elite career.

It is frightening to think what could lie ahead. She is box office. There is a

from ANDY DUNN in Paris

feistiness about Hodgkinson that characterises all great champions.

And a composure. She is closer to 22 than she is to 23, don't forget.

How she managed the whole night was mightily impressive. Coming out last onto the track, she almost dawdled to the start, casually taking a swig of water.

Michael Johnson, who knows a thing or two, being a four-time Olympic gold medallist, said: "The best athletes figure out how to manage that moment of pressure before the race."

Hodgkinson did just that. She kept her rivals waiting and then left them trailing.

Amongst the many wanting to embrace her was Sebastian Coe, the double Olympic champion over 1500m, who won two silvers at 800.

Coe is an all-time great of middle-distance running and that is what Hodgkinson will surely become.

She will already be favourite to defend her title in Los Angeles in four years' time, that is for sure.

For now, though, Paris belongs to Keely Hodgkinson.

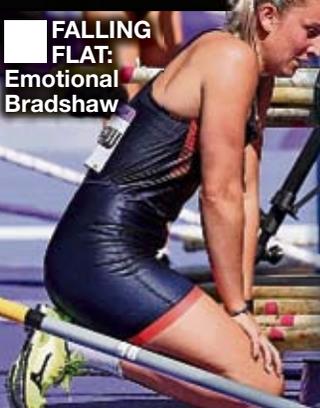


KE-LIGHTED: Hodgkinson roars with delight after leading the way (*inset*)



HELLS BELLS: Keely Hodgkinson chimes in after victory

| MEDAL TABLE | | | | |
|---------------|----|----|----|-------|
| | G | S | B | Total |
| China | 21 | 18 | 14 | 53 |
| United States | 20 | 30 | 28 | 78 |
| Australia | 13 | 11 | 8 | 32 |
| France | 12 | 16 | 18 | 46 |
| Great Britain | 12 | 13 | 17 | 42 |
| South Korea | 11 | 8 | 7 | 26 |
| Japan | 10 | 5 | 11 | 26 |
| Italy | 9 | 10 | 7 | 26 |
| Netherlands | 7 | 6 | 4 | 17 |
| Germany | 7 | 5 | 4 | 16 |
| Canada | 5 | 4 | 8 | 17 |
| New Zealand | 3 | 5 | 1 | 9 |
| Hungary | 3 | 3 | 2 | 8 |



FALLING FLAT: Emotional Bradshaw

IT POLE ENDS IN TEARS FOR

HEARTBROKEN Molly Caudery apologised after crashing out of pole vault qualification by failing to register a single successful attempt on a morning of double British disappointment.

Tokyo bronze medallist Holly Bradshaw, who will retire at the end of this season, had already fallen short of the 4.55m qualifying mark before

from ALAN SMITH in Paris Caudery took the runway. But after going close to clearing the bar with her second attempt, the pressure got to the world indoor champion on an awful final effort.

No one has jumped higher than the Cornish star (*right*) this season, prompting high expectations, but she insisted overconfidence was not to

blame. "I'm in a bit of shock," said Caudery, 24. "I'm so disappointed. I don't have any excuse."

"I'm just so sorry to everyone back at home and I just wished I could have done better for everyone."

"I felt great and in the best shape of my life, I loved the big crowd, I didn't feel overly nervous. I don't have a reason



FIELD DAY



Golden girl

From Back Page
58.3secs. And while Mary Moraa, who beat her to last year's world title, stuck around entering the home straight, Hodgkinson kicked on to leave no doubt.
Moraa faded to third with Tsige Duguma of Ethiopia taking silver. Her winning time of 1:56.72secs was some way off the 1:54secs she clocked last month.
But it was only the colour of her medal that mattered.
"I felt everyone was tired," she added. "So I just wanted to save myself for the last 100m."
"I could feel Mary pushing me on the back straight but I held my composure. But I trusted myself."
"I had a little cheeky look up at the screen just to make sure."
"But now I am the Olympic champion for the next four years and no one can take that away from me. I can't believe it. I feel like I have really grown in the last couple of years."
"This year was the year I really tried to step up. I feel like I have more there. But to cross that line. I am so pleased to do that today. The future's bright."



GUTTED HOLLY AND MOLLY

right now for what just happened. This is going to take a bit of time to process.
"When I have been jumping 4.80 and 4.90 all year round, 4.55 shouldn't have been a problem. It's just a really unfortunate day."
Bradshaw shared similar emotions having successfully vaulted 4.20m prior to three failures at 4.40m. She almost

landed on top of a cameraman when abandoning her final attempt mid-ascent and was embraced by Caudery as she broke down in tears.
"I'm crushed," said Bradshaw, 32, who has been struggling with injury and continues to grieve the passing of her father last November. "I knew this was going to be my last champs."

I'm heartbroken but to make it here, I think he would be proud."
In the men's event, super Swede Armand Duplantis soared to another Olympic gold and broke his own world record of 6.24m en route. USA's Sam Kendrick claimed silver and Greece's Emmanouil Karalis took bronze.



NO AVERAGE JOE: Clarke celebrates silver

WET AND WILD RIDE FOR BRITS

JOE CLARKE and Kimberley Woods claimed two of the first ever Olympic medals in kayak cross - and said the new event was "absolutely brilliant" and the atmosphere "insane".
The fast and furious Olympic debutant combines the speed of whitewater sport with the thrills and spills of BMX racing or ski cross.
Four competitors are launched simultaneously from a 5m high ramp at the top of the 210m course and have to go through gates and perform a kayak roll while racing against each other to the line.
Contact is allowed and chaos and carnage is guaranteed.
Clarke, who won a silver, said: "It's absolutely brilliant. I'm probably biased when I say kayaking is the best sport in the world and kayak cross is hopefully going to get kayaking out there to the masses."
Woods, who won her second bronze of the Games after finishing third in the K1 last week, added: "A lot of people have criticised it, saying it looks silly, but come

■ **from NEIL McLEMAN in Paris**
here and watch it. It's absolutely incredible."
Both Brits had been the favourites - and had won their quarter and semi-finals - but the random nature of the sport was shown in the finals.
No.1 seed Clarke was cut up out of the gate by German Noah Hegge and never recovered as Kiwi Finn Butcher won the race.
"I'm not disappointed in any way," said the Stoke star, 31. "How the final panned out with Noah coming into my lane, silver almost feels like a win."
Reigning world champion Woods was in second place but went to take out Aussie leader Noemie Fox in a bid for the gold and finished fourth. The disqualification of German Elena Lilik allowed her to win bronze.
"There was a moment where I thought I could just go for silver but I thought, 'I'm in the Olympic final, it's once every four years, I'm going to go for gold,'" said Rugby's Woods, 28.

Brave Beth just pipped at post

TEAM GB suffered yet another near miss at these Games with the triathlon mixed relay team just losing out.
In a three-way sprint, Beth Potter was pipped to the tape by Germany's Laura Lindeman and the giant scoreboard showed she had beaten American Taylor Knibb to silver.
But minutes later, after officials had studied the photo finish properly, the Brits were downgraded to bronze.
Britain led for 90 per cent of the race, and when they were denied the top step of the podium, there was one

■ **from MIKE WALTERS in Paris**
last kick in the teeth. Alex Yee, Georgia Taylor-Brown, Sam Dickinson and Potter (*inset*) all emptied the tank, while the Team GB medal-counters can be satisfied with one gold and two bronze from three triathlon races.
Potter, who won bronze in the women's race last week, said: "I got a bit detached but managed to get myself back into the mix and then I was all in for the last 200 metres. I thought we might have had the silver. We got a bronze but it's still a medal."





GOLDEN GIRLS MAKE IT A MAGIC MONDAY



CROWNING GLOORY

CORONATION TREAT: Keely Hodgkinson takes the crown in Paris

Hodgkinson finally lands big prize

■ from **ALAN SMITH** in Paris
KEELY HODGKINSON lived up to her billing as Team GB's golden girl by dominating last night's 800m and said: "That was absolutely incredible."

The 22-year-old controlled the race from gun to tape as she finally ended a painful run of second-place finishes.

Driven on by Tokyo heartbreak three years ago - plus silvers in the two world championships since - Hodgkinson was immediately overcome with emotion as she crossed the finish line.

"I have worked so hard for this over the last year," she said. "And I think you can see how much it meant to me when I crossed the line."

"I can't believe that I have finally done it. I am super happy."

Hodgkinson went through halfway at a moderate

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TEAM GB'S MEDAL HAUL IN PARIS



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WHEELY GOOD NIGHT

UNSTOPPABLE Emma Finucane started a new Team GB cycling gold rush and admitted: "I just saw red."
 Finucane's blistering final lap delivered Great Britain's first cycling gold in the velodrome at Paris 2024 in the women's team pursuit.
 And after breaking the world record three times in one night with accomplices Katy Marchant and Sophie

■ from **MIKE WALTERS** in Paris
 Capewell, she warned: "This is 100 per cent a big statement by our women sprinters."
 "Winning gold on the first night gives us all momentum and gives us confidence for the rest of the week."
 Asked what went through her mind as she set off on the anchor leg with gold on the line, Finucane smiled and said: "I literally saw red - and that's

what it takes to win. To break world records, you have to go deeper than you've ever gone before and, under huge pressure, we did that."
 Marchant was greeted afterwards by her two-year-old son Arthur.
 She said: "He's a key member of the team and a huge part of my journey."
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BIG DEALS ON WHEELS: Katy Marchant, Emma Finucane and Sophie Capewell

