



KOBE BRYANT AND DAUGHTER GIANNA HONoured WITH STATUE

Bombay Times

MONDAY, AUGUST 5, 2024
ADVERTORIAL, ENTERTAINMENT INDUSTRY
PROMOTIONAL FEATURE

DALLJET KAUR FILES FIR AGAINST ESTRANGED HUSBAND NIKHIL PATEL AMID CHEATING ALLEGATIONS

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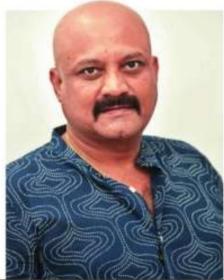
Dhruva's Martin trailer drops today in Mumbai



Dhruva Sarja in a still from the film; (inset) Uday Mehta

Martin, an upcoming film featuring Dhruva Sarja, is set to release in multiple languages – such as Kannada, Hindi, Tamil, Telugu, and Malayalam, along with several international languages. Directed by AP Arjun and produced by Uday Mehta, under Vaasavi Enterprise, the film promises to be a groundbreaking project in Indian cinema. The production team has organised India's first-ever international press meet which will also include the trailer launch in Mumbai today.

"Through Martin, we aim to redefine action in Indian cinema," states Uday as he explains



his vision for the film. The film's lead actor, Dhruva Sarja, shared his enthusiasm, saying, "Being part of this film is a proud moment for me as a Kannadiga, and I'm excited to bring this story to audiences worldwide."

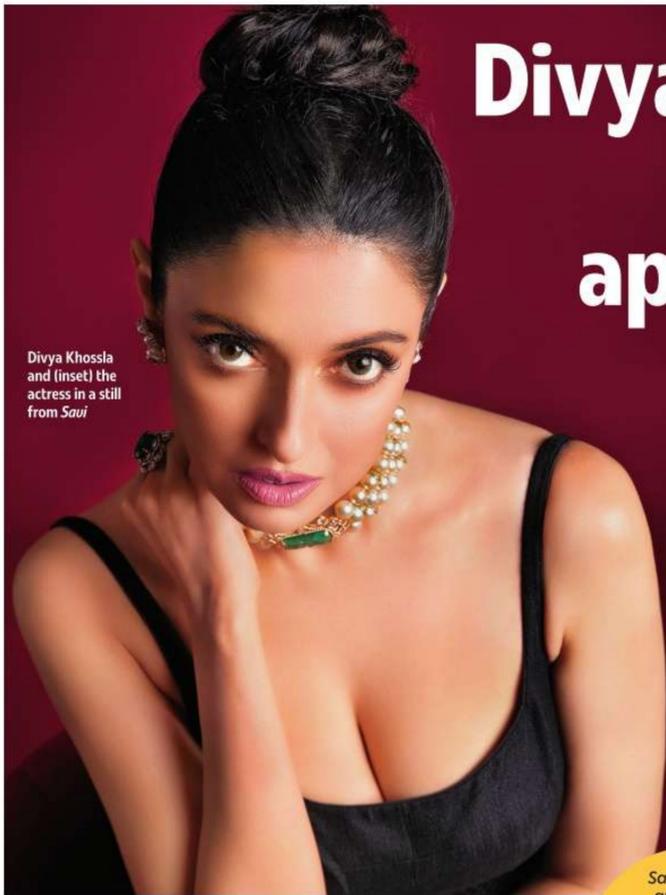
"The film's climax action sequences, choreographed by action directors Dr K Ravi Verma and the duo Ram Laxman, were filmed over an intense 42-day schedule. These sequences, a highlight of the movie, will be showcased in the much-anticipated trailer. The film is poised to be a landmark in the action genre," says the team.

SIMONE BILES' COMEBACK PUTS FOCUS ON MENTAL WELL-BEING OF ATHLETES



P3

Divya Khossla's Savi wins appreciation globally



Divya Khossla and (inset) the actress in a still from Savi



Divya Khossla's film Savi has been topping the charts in more than 15 countries after its release on an OTT platform. Apart from her performance, the audience has also appreciated the film for its gripping story. The actress also played a big role in promoting the film, handling a lot of the responsibility herself. Her efforts helped Savi reach international audiences when it was released on Netflix recently.

The film is a gripping crime thriller that keeps the audience engaged till the last minute. Savi is trending in more than 15 countries, including India, Bahrain, Bangladesh, Kuwait, Maldives, Singapore, Malaysia, Mauritius, Oman, Pakistan, Qatar,

Saudi Arabia, Sri Lanka and UAE.

Divya also won the Best Actress of the Year award for her performance in the film at a recent award show. This recognition highlighted her talent and dedication, which have been praised by the audiences and critics. Her role in the film has cemented her status as a significant actor in the industry.

With Savi's success, she has made a name for herself as a talented actor. The film centres on Savitri Sachdev (Divya), whose husband

Savi revolves around the challenges faced by Savitri Sachdev (Divya Khossla), who is trying to prove the innocence of her wrongfully-convicted husband Nakul (Harshvardhan Rane)

Nakul (Harshvardhan Rane) is wrongfully convicted of murder and sentenced to life imprisonment in the UK. Determined to prove his innocence, she embarks on a dangerous journey that ends in a daring prison break. The film, directed by Abhinay Deo, captures the essence of a housewife's relentless determination. Talking about her role and the appreciation she has got for her performance, Divya says, "It was a challenging role, and I'm glad I could do justice to it. It feels wonderful when you get to know that your hard work has been appreciated by the audience. I am incredibly grateful to my fans."



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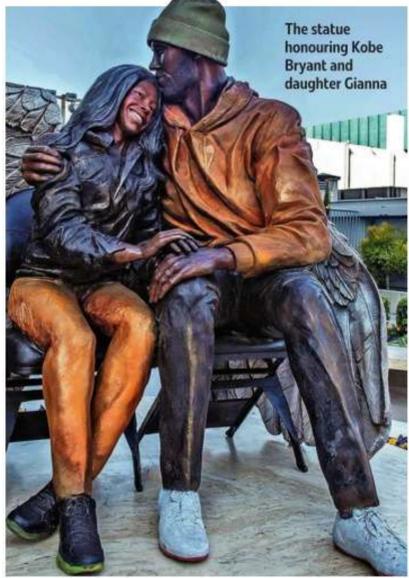
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Kobe Bryant and daughter honoured with a statue



The statue honouring Kobe Bryant and daughter Gianna

The Los Angeles Lakers unveiled the second of three statues commissioned to honour late basketball player, Kobe Bryant yesterday. The new statue depicts Bryant alongside his daughter Gianna. The two were among seven people who died in a Southern California helicopter crash on January 26, 2020. Bryant was 41 when he died; Gianna was 13. This date was chosen because 8 and 24 were the numbers Bryant wore in his Hall of Fame career for the Lakers and 2 was the number Gianna wore.

Reuters

Level: Medium SUDOKU CHALLENGE

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 2 | | 8 | | | | |
| | | 6 | 4 | | 2 | 5 | | |
| | | 5 | | | 1 | 6 | 9 | |
| 1 | | 2 | | | 3 | | | |
| 9 | 3 | | | | | | 1 | 2 |
| | | 4 | | 9 | | | | 6 |
| 4 | 1 | 2 | | 6 | | | | |
| 5 | 9 | | 4 | | 2 | | | |
| | | 3 | | 9 | | | | |

HOW TO PLAY
Fill in the grid so that every horizontal row, every vertical column and every 3x3 box contains the digits 1-9, without repeating the numbers in the same row, column or box. You can't change the digits already given in the grid. Every puzzle has one solution.

TIMES HITORI

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 6 | 2 | 9 | 6 | 2 | 4 | 5 | 7 |
| 6 | 4 | 9 | 7 | 1 | 8 | 5 | 2 |
| 5 | 5 | 5 | 9 | 1 | 6 | 5 | 3 |
| 1 | 7 | 2 | 6 | 4 | 4 | 3 | 1 |
| 6 | 3 | 5 | 8 | 2 | 1 | 4 | 6 |
| 3 | 8 | 9 | 1 | 9 | 3 | 2 | 7 |
| 1 | 1 | 3 | 2 | 5 | 9 | 7 | 8 |
| 9 | 6 | 9 | 3 | 9 | 7 | 5 | 1 |

HOW TO PLAY
1. A number may appear just once in each row or column. Eliminate repeat numbers by darkening cells. (see example)
2. Darkened cells must never be adjacent in a row or column.
3. Unmarked cells must create a single continuous area, undivided by darkened cells.
4. Every time you darken a cell, you can automatically circle its vertical and horizontal neighbours, which means they cannot be eliminated.
5. Any cell "sandwiched" between neighbours of the same value can be circled. (e.g. 6 4 6)
6. A "triple" is a special case of sandwich. Circle the centre cells, and darken the ends. (e.g. 6 6 6)

LOOP THE LOOP

RULES
• Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A).
• Crossovers or branches are not allowed (As shown by dotted lines in Fig B).
• Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines.
• You can't draw lines around zeroes.

HOW TO BEGIN:
Example (Fig A) - Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

LOOP THE LOOP

HINTS: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a deadend (Fig B).

Did You Know?

Bengaluru was the first Asian city to use electrical street lamps

Until 1905, Bengaluru's roads were lit up by kerosene lamps. After nine months of laying groundwork for the electrification project, Bengaluru witnessed its watershed moment in street lighting at KR Market where over 100 lamps lit up the night sky on August 5, 1905.

GARFIELD

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ARCHIE

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...AND ANOTHER THING... YOU'RE NOT A BOYFRIEND! YOU'RE A COMPLAINT DEPARTMENT!

DENNIS THE MENACE

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SPELLATHON

Today's Ratings: 11-average | 13-good | 15-outstanding

How many words of four or more letters can you make from the letters shown in today's puzzle? In making a word, a letter can be used as many times as it appears in the puzzle. Each word must contain the central letter. There should be at least one seven letter word. Plurals, foreign words and proper names are not allowed. British English Dictionary is used as reference.

SCRAMBLE

Rearrange the letters in the four word jumbles, one letter to each square/circle, to make four ordinary words

BGNAE
EPVOR
KORUCN
AAENKW

People generally pay attention to what they already about and what they about. - Ethan Zuckerman (4,4)

HOW TO PLAY
Now arrange the letters in the circles to form the answer to the riddle or to fill in the missing word as indicated

POV

That one question you should never ask a woman

"Why Were You Out At 7:30?" Noida Cops Allegedly Tell Sex Attack Victim

It is one thing for concerned parents to check on a young girl, but quite another for law enforcers to question why an adult woman is out on her own at a time of her choice. Especially when she tries to register a case of sexual assault at a police station. Like it happened in the case of a Noida woman, who was reportedly asked, "Why were you out at 7.30pm?" when she tried to file a complaint against a stranger who molested her right outside her house.

No time is a good time for a woman to be out and about. Self-appointed guardians did not spare the young Pune woman killed in the infamous Porsche accident, wondering why she was out at 2.15am with a friend. There was also the horrific day-light mob assault on a woman riding pillion with a male friend through the waterlogged streets of Lucknow. Had it not been for the viral video and the reactions it triggered, the victim may have had to face such intrusive (and non-legal) interrogation at the nearest police station, that has no relation to the crime.

Our new criminal laws are designed to make it easier for women to register FIRs, whether in person or online. Priority has to be given to investigations into crimes against women and they are entitled to regular updates on the progress of their case within 90 days. Theoretically all this sounds great, but implementation is a different battle. Because even today, we continue to draw inviolable lines around women. Whether it is about places she must not be seen at, or timelines she ought to follow.

There is little to distinguish between policing and moral policing, making it look perfectly legit to ask a woman who is a victim of assault or an accident: Why were you out at this time anyway?

Agree? Disagree? Got a POV idea? Write to us at: pov@timesofindia.com

THE DAILY CROSSWORD

By Amanda Cook 05/08/2024

ACROSS
1 Person who may win an Emmy
6 Stogie
11 Toe bean spot
14 Jeweler's magnifier
15 Make amends
16 Pub quaff
17 Manually adjusted camera lens
19 Fish eggs
20 Prefix meaning 41-Across
21 Graphic consulted before a cross-country road trip, for short
22 Paid for a poker hand
24 Anticipate
26 Linger
27 Run-scoring out in baseball
32 In base eight
35 Book of Genesis shipbuilder
36 Belonging to us
37 Blueberry desserts
38 First Nations carving
40 Boring
41 Hearing organ
42 Uncommon
43 "My, my!"
44 Tech genius
48 Charged particles
49 "Try a sample!"
53 Black-and-white bamboo eater
55 Letter-shaped skirt style
57 Quarterback Tagovailoa who led the NFL in passing yards in 2023
58 Obamacare, initially
59 Heartfelt tribute, or what can be found at the ends of 17-, 27-, and 44-Across?
62 Feline
63 Offer a perspective

Saturday's Puzzle Solved

WORDS: Begun, prove, unwork, awaken they already know about and what they care about. - Ethan Zuckerman

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FINOLEX FORTUNE

crystallise and set them down later. **VIRGO:** The general ambience is characterised by the dynamism and strong will. Be happy and enjoy your day. People could perhaps come down a bit hard on your adventuresome nature. **LIBRA:** Some serious disagreements may happen. You are filled with kindness and sympathy. Sometimes it is more comfortable to be the follower rather than the followed. In your love life, today is a day for romance and poetry. **SCORPIO:** You and your colleagues are in tune and you generate a gentle strength that helps you to achieve your goals. An unexpected event will upset but in the right direction. At work, you will make sure you get everything done that needs to be done, but calmly and quietly. **SAGITTARIUS:** Life is testing your capacity to trust your dreams. You vacillate between conviction and despair today, but maintain your emotional cool and you will be on firm ground. Keep your heart open when you are travelling through uncharted territory. **CAPRICORN:** At work, the perfect equilibrium generated and guarantees that your energies will be profitably divided among the many different projects you are engaged in. You are feeling a change in your love life. Someone in a bad mood may try to draw you into a quarrel. **AQUARIUS:** You have a wonderful harmony in all your dealings with your loved ones. In your love life, today is a day for romance. It is time to spread your wings and share a moment of paradise. Your enthusiasm helps you to attain a kind of intellectual fulfillment. **PISCES:** It is a favourable time for a coming together and you impress your ideas on others tactfully but effectively. Stay in touch with your contacts. You seek balance in all things and with your current air of confidence. You can't help drawing people towards you.

SOLUTIONS TO GAMES/PUZZLES

TIMES SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 5 | 1 | 6 | 9 | 7 | 3 | 8 | 2 |
| 8 | 3 | 7 | 2 | 4 | 5 | 6 | 1 | 9 |
| 1 | 7 | 3 | 8 | 6 | 2 | 4 | 5 | 9 |
| 9 | 6 | 8 | 5 | 3 | 1 | 7 | 2 | 4 |
| 2 | 8 | 6 | 4 | 1 | 3 | 5 | 7 | 9 |
| 7 | 9 | 5 | 1 | 2 | 8 | 3 | 4 | 6 |
| 3 | 2 | 4 | 7 | 8 | 9 | 6 | 5 | 1 |
| 6 | 5 | 1 | 9 | 2 | 7 | 8 | 4 | 3 |

LOOP THE LOOP

TIMES HITORI

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 7 | 3 | 8 | 6 | 2 | 4 | 5 | 9 |
| 8 | 7 | 6 | 5 | 3 | 1 | 2 | 4 | 9 |
| 2 | 6 | 1 | 2 | 8 | 5 | 3 | 7 | 4 |
| 9 | 4 | 1 | 2 | 8 | 5 | 3 | 7 | 6 |
| 2 | 8 | 6 | 4 | 1 | 3 | 5 | 7 | 9 |
| 7 | 9 | 5 | 1 | 2 | 8 | 3 | 4 | 6 |
| 3 | 2 | 4 | 7 | 8 | 9 | 6 | 5 | 1 |
| 6 | 5 | 1 | 9 | 2 | 7 | 8 | 4 | 3 |

SPELLATHON

SCRAMBLE

'AND STILL I RISE'

SIMONE BILES' COMEBACK PUTS FOCUS ON MENTAL WELL-BEING OF ATHLETES



Being in a good mental spot, seeing my therapist every Thursday is kind of religious for me. So that's why I'm kind of here today
 — Simone Biles, after making the Olympic team this year

Anukriti Sharma
 I kicked off the day with a therapy session, which set a positive tone. I told my therapist I felt calm and prepared — and that's exactly how it turned out," said Simone Biles at a press interaction recently. The US gymnast has had an incredible comeback story, winning two golds at Paris 2024, and credited her performance as much to mental training as physical prowess. Back in 2021 at the Tokyo Olympics, Simone, then already a four-time Olympic medallist, had helped her team reach the finals before prematurely withdrawing from the competition citing mental health issues.



In 2021, Biles had the phrase 'And still I rise' tattooed on her collarbone, paying tribute to Maya Angelou's iconic poem of the same name. The poem is a powerful testament to maintaining confidence and self-respect in the face of adversity and criticism.

There should be patience aplenty in sports psychologists to deal with the constant mental and emotional evolution of the athletes
 — Abhinav Bindra, Olympics gold-medallist shooter, in an interview

It's important to understand the mental side, how it works for an athlete, and understand mental toughness
 — Anjum Moudgil, Indian shooter, during a recent virtual media interaction

Prioritising mental well-being isn't a sign of weakness

In 2021, when Simone withdrew from the Tokyo Olympics, many people, including media personality Piers Morgan and current Republican vice-president candidate in the US elections, JD Vance, criticised her for 'letting down her country' and 'being weak'. But Janki Rajapurkar, a sports psychologist, points out, "Sometimes, you need to give your mind a break and then come back stronger. It's like a rehab for your mind." Jini K Gopinath, a clinical psychologist, adds, "It's necessary to step back and take a break when mental health is compromised. This self-awareness and willingness is a sign of strength, not weakness."

High stakes

When the majority of focus is on an athlete's physical fitness and skills, Simone's statement brought focus to a less-talked about topic - athletes' mental health. According to Jini K Gopinath, for high-performance athletes the stakes are immense. "They're representing their country and often fulfilling a lifelong dream. This is where psychologists and coaches play a crucial role in minimising anxiety during critical periods and helping athletes maintain focus," he explains.

Therapy is a consistent process

"It's important to understand that effective therapy is an ongoing process, not a quick fix," shares Janki Rajapurkar. And when an athlete of Simone's stature speaks about it, it also helps destigmatise conversations around the topic. "When people who matter talk about their mental health woes, it encourages others to address issues and seek help," adds Janki.

2021-2024: SIMONE'S TIMELINE

July 2021: Entered the competition as part of the US team

July 2021: Announced her withdrawal from most events at the competition citing mental health issues, including 'twisties', which result in a loss of spatial awareness during routines

August 2021: Competed in the balance beam final, winning a bronze medal

August 2023: Returned to competitive gymnastics after taking a break to focus on her mental health and family

August 2024: Led the U.S. women to the team gold, and two days later, she won a gold medal in Women's Artistic Individual All-Around, marking an incredible Olympics comeback story

Sportspersons who have been vocal about mental health issues:



MICHAEL PHELPS: Spoke about battling depression, anxiety, and about contemplating suicide



GLEN MAXWELL: Opted to take an indefinite mental and physical health break during this year's IPL



LEWIS HAMILTON: Spoke about his struggle to perform and seeking therapy



NAOMI OSAKA: Withdrew from the 2021 French Open citing a battle with anxiety and depression

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OUR PARTNERS



VENUE PARTNER



Now you are a married man: Taapsee's note for husband Mathias Boe



Taapsee Pannu; (below) Mathias Boe. The couple tied the knot in March this year



After her husband and badminton coach Mathias Boe announced his retirement from coaching after Indian men's doubles duo Satwiksairaj Rankireddy and Chirag Shetty's exit from the Paris Olympics, Taapsee Pannu shared a hilarious message for him. In the note that he shared on social media, Mathias said, "For me, my coaching days end here. I'm not going to continue in India or anywhere else, for now at least. I have spent too much time in a badminton hall, and it's also pretty stressful to be a coach. I'm a tired old man (sic)."

Supporting his decision, Taapsee humorously wrote, "But also, now you are a married man. You need to take a step back. I need to come back home from work everyday to ready dinner and cleaning in order. So chop chop! (sic)."



Dalljiet Kaur; (inset) Nikhil Patel

Dalljiet files FIR against estranged husband Nikhil amid cheating allegations

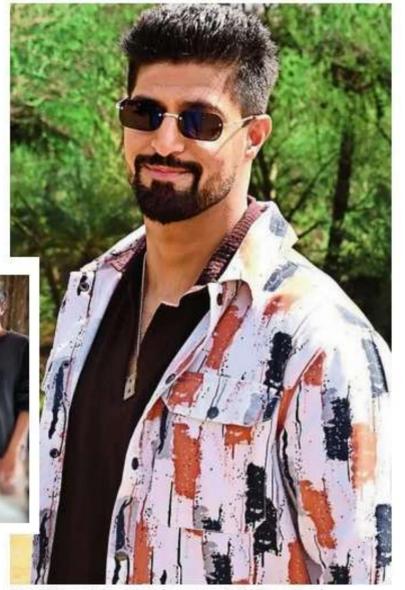
TV actress Dalljiet Kaur has filed an FIR against estranged husband Nikhil Patel on grounds of cruelty and criminal breach of trust. The Kenya-based businessman was seen in Mumbai recently with his girlfriend Safeena Nazar.



married on March 10, 2023, in Mumbai, after which she relocated to Kenya. Trouble soon erupted between the two and in January, she returned to India with her son Jaydon. In May, the actress put up a cryptic post hinting at Nikhil's extramarital affair and called him 'shameless'. Soon after that, Nikhil issued a statement saying, "We had an Indian wedding ceremony in Mumbai and while this was significant culturally, it was not legally binding. It was intended to provide comfort and assurance to Dalljiet's family about her moving to Kenya."

In a post on X, Dalljiet thanked the Mumbai Police for their support. The FIR comes two days after the actress shared images of a post featuring Nikhil and Safeena Nazar, and wrote, "No words... Just tears that won't stop..." Dalljiet and Nikhil got

I'm hoping to recover by the time our baby arrives: Tanuj Virwani



Tanuj Virwani; (inset) with parents Anil Virwani and Rati Agnihotri and wife Tanya

Tanuj Virwani met with an accident last week while playing cricket with his friends. The actor slipped and got injured due to which he had to undergo surgery for acromioclavicular joint dislocation and ligament tear. The actor, who is recovering, told us, "The surgery went well. I have to wear a sling and have a lot of movement restrictions. All my projects will be on hold for sometime. It is a long and slow road to recovery and very unfortunate because Tanya and I are expecting our first child in September and I wanted to be free around that time."



Now, I am keeping my fingers crossed and hoping to recover soon. Tanya and my parents are taking good care of me." — Tanvi Trivedi

He added, "I wanted to finish shooting for a project in August and be with Tanya in September, so that we could enjoy this new phase together."

Cupid at play in Paris Olympics

Love is in the air at the Paris Olympics 2024, with the city of love sparking romance alongside athletic brilliance, proving that love can shine just as brightly as medals

From setback to celebration

Spanish judoka Laura Martinez may have finished fifth in the women's 48kg event, but she scored big with a surprise proposal by her boyfriend and Olympic squad mate and fellow judoka Jose Arendia in front of the Eiffel Tower, proving that love conquers all. She might have missed out the medal, but she surely won in life.



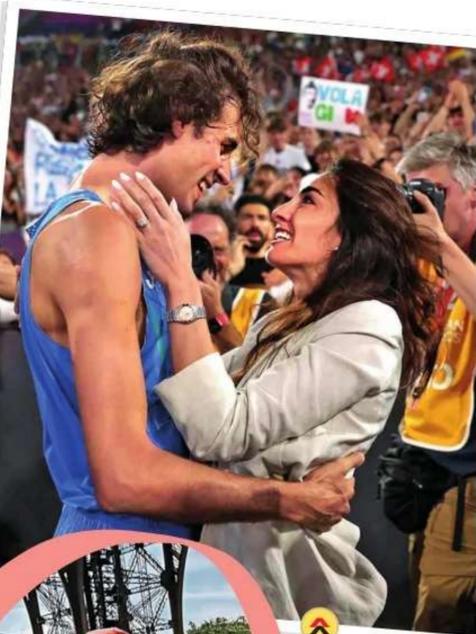
A golden moment

After winning the gold medal in the badminton mixed doubles, Chinese shuttlers Huang Ya Qiong and Zheng Siwei celebrated their victory with a heart-warming twist. As they left the podium, Huang's boyfriend, Liu Yuchen, surprised her by going down on a knee and proposing to her with flowers and an engagement ring. She said yes, of course!

A proposal at the Olympic village

During the opening ceremony, Argentina handball player Pablo Simonet created a memorable moment by proposing to his girlfriend, Pilar Campoy, surrounded by their teammates, who celebrated that beautiful moment in their lives.

— Eshna Bhattacharya



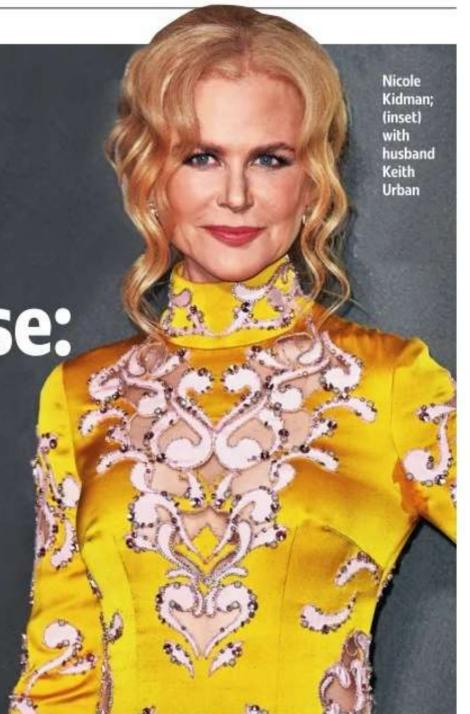
A ring in the Seine

Italian flag bearer Gianmarco Tamberi captured everyone's attention not just for his athletic prowess, but also for losing his wedding ring in the Seine river during the opening ceremony. He made up for it with a heartfelt post to his wife on Instagram that included a romantic proposal, "...if you want, we'll throw yours into that river, too, so they'll be together forever."

proposal, "...if you want, we'll throw yours into that river, too, so they'll be together forever."



Marriage requires compromise: Nicole Kidman



Nicole Kidman; (inset) with husband Keith Urban



Nicole Kidman thinks compromise is key to a happy marriage. The 57-year-old actress has been married to music star Keith Urban since 2006, and believes that any successful marriage requires some degree of compromise.

Speaking to an international magazine, Nicole said, "Marriage requires compromise. A lot. It's always trial and error, and sometimes it's imbalanced and then it gets back in balance... We don't gloat about it. People ask, 'What's your marriage advice?' We don't have

any! Everyone does their own thing and creates it. I'm not some relationship guru. I'm trying to find my own way." Nicole, who was previously married to Tom Cruise between 1990 and 2001, also credited Keith, 56, for being a stable influence in her life. She said, "He's helped me navigate the pressures of fame and success. It's such an unstable industry and he's my solace. Every day we get up in the morning, go for a walk and we hold hands. We love holding hands."

Agencies

Zac Efron doing fine after minor swimming accident

Zac Efron is doing fine after briefly being hospitalized due to a minor swimming accident while vacationing in Spain. The actor was staying at a villa in Ibiza when he got hurt while using the pool and had to be helped out by workers in the villa, his representative revealed. Efron was taken to the hospital for precautionary measures and was released the next morning.

"He is fine now," the representative said. The *Iron Claw* actor was recently seen making an appearance onstage with DJ Martin Garrix during his performance at a beach club in the Spanish city. In a video captured by fans, Efron can be seen walking onstage during one of Garrix's songs and dancing alongside him, to plenty of cheers from the crowd.

IANS



Zac Efron

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