

THE SUNDAY TIMES
August 4, 2024

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queen of
comedy

Julia Louis-Dreyfus

on *Veep*, *Seinfeld*
and what she told
Kamala Harris

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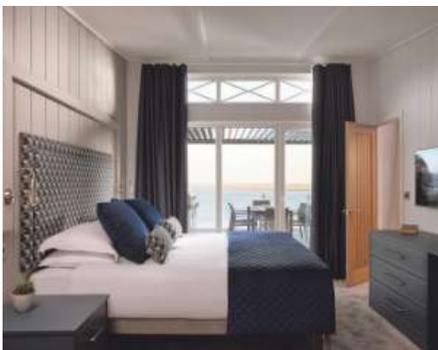
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My Picks of the Week

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Charlotte Ivers

- I've developed an Edith Wharton habit. I'm spending my summer reading about the absolute worst people in early 20th-century New York: vapid, profligate and above all hideously, soul-crushingly bored. Delicious.
- For a modern account of awful people, try the podcast *Blocked and Reported* from the American journalists Jesse Singal and Katie Herzog. It's like *The Rest Is History* but instead of Napoleon they cover niche internet fights taking place on the front line of the culture wars. Did you know that the online knitting community is intensely politically fraught? You will soon.
- Summer is mainly about live music, and it's been a good one. The National, Taylor Swift – and I joined the dads of London at Wembley Stadium to watch Bruce Springsteen prove that he's still the best. Later this year I'm seeing Bleachers, the band of Jack Antonoff, the superproducer behind Lorde, Lana Del Rey and Swift. They are worth a listen. Start with *Chinatown*, on which Springsteen is a guest. If it's good enough for the Boss...

Charlotte Ivers is the restaurant critic and a features writer for *The Sunday Times*

Cover Julia Louis-Dreyfus photographed by Leor Wild/Trunk Archive



The Georgian Ballet is coming to Britain
Dance p18

Arts

4 Cover story Julia Louis-Dreyfus tells Hadley Freeman how *Seinfeld* could have been different and why Veep ended

6 Podcasts Mark Kermode and Simon Mayo discuss their three decades of broadcasting bromance

10 Art Marina Abramovic on a health scare, facing her fears and her new mission

Critics

14 Film Does the animation of Michael Morpurgo's *Kensuke's Kingdom* win over our critic?

16 Art Waldemar Januszczak says satire can still have plenty of bite in the right hands

Books

20 Book of the week Jess Phillips's anti-Tory rant is the year's worst-timed publication

22 History Max Hastings on Roosevelt's wartime legacy

24 Housing Meet the 25-year-old activist on a mission to fix Britain's homes crisis

28 Historical fiction Vivaldi's forgotten protégée

TV & Radio

29 The best guide to the week's programmes

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Discover this month's selection of free books

This August, you can read *Quint* by Robert Lautner and the hottest debut of the summer, *I Hope This Finds You Well* by Natalie Sue. This month's audiobook is The Sunday Times bestselling *Hitler, Stalin, Mum and Dad* by Daniel Finkelstein.



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Hadley Freeman
Interview



Julia Louis-Dreyfus is considering what advice her alter ego, Selina Meyer – the fictional vice-president who becomes the first female president of the United States after the incumbent stands down for personal reasons – would give to Kamala Harris, the non-fictional vice-president who ... Well, let's not get ahead of ourselves.

"Let me just say this," Louis-Dreyfus begins, sounding so much like a politician that initially I'm unsure if she's answering as herself or Meyer, whom she played for seven years in the deliciously savage political satire *Veep*. "If Selina had any advice for Kamala, she had best not take it. I think Kamala is so intelligent she wouldn't take the call."

She definitely would. Harris – like everyone else – knows that *Veep* has an astonishing track record of predicting what will happen in American politics. Antivax panics, vote-rigging conspiracies, an awkward and unpopular vice-president who finds herself up for the big job – *Veep* coined these storylines years before they became headlines. In 2022 Harris posted a photo of herself with Louis-Dreyfus at a state dinner with the caption, "Great to see you, Madam Vice-President." What did they talk about when they met?

"We talked about – how shall I say? – how much *Veep* got right in terms of the culture of Washington, both behind the curtain and in front of the curtain. She was a big fan of the show."

Veep won 17 Emmys, but ended in 2019. "We couldn't satirise anything any more – the Trump presidency was doing a better job." Another way of putting it is that reality overtook *Veep*.

"I think in the last few years the culture of politics has become much more venal. When we started we were pushing against reality, but now less so, certainly in terms of the nastiness of the communication," she says.

One example of that is JD Vance, Trump's chosen vice-president, referring to Harris in 2021 as a "childless cat-lady". What did Louis-Dreyfus make of that? "I thought, 'You poor f***ing idiot.' These guys can't help it. They can't help it!" she says with a cackle.

After Harris announced her bid for the presidency – under circumstances not a million miles away from the *Veep* storyline, in which the president resigns early because of his wife's health – viewership in the US of the first season of the show shot up more than 350 per cent. Louis-Dreyfus describes herself as "gobsmacked, as you guys would say". Although she too



Veep got so much right

Julia Louis-Dreyfus played an unpopular vice-president who found herself up for the big job. She talks politics, *Seinfeld* and why her new film's a tear-jerker

acknowledges the overlaps between *Veep*'s fantasy and America's reality. "My husband and I were talking today about [the Florida congressman] Matt Gaetz and we were saying, 'He's very Jonah Ryan.'" And it's true: the divisive Republican is undeniably reminiscent of the appalling Jonah, who became Meyer's vice-president.

Yet it's Meyer whom people are saying is reminiscent of Harris, with

“**Seinfeld was very male but that felt familiar. I knew how to navigate it**”

her clumsy syntax and mid-speech laughs. Harris's oft-repeated phrase, "What can be, unburdened by what has been" is pure Meyer. Louis-Dreyfus won the Emmy for outstanding lead actress in a comedy series for a fully deserved six consecutive years for her performance as Meyer (she also won Emmys for her roles in *The New Adventures of Old Christine* and, of course, *Seinfeld*). Armando Iannucci, who created *Veep*, has said that Meyer was not "in any way modelled on Harris", but conceded that the comparisons "are inevitable". Louis-Dreyfus insists that any similarities people notice between Meyer and Harris have less to do with Harris and more to do with how women in the public eye are perceived.

"Female candidates are more scrutinised," she says. "That is the reality and we used it to our comedic advantage. There is an episode in which a character suggests Selina open a speech with 'As a woman' and she said, 'I can't identify as a woman! People can't know that! Men hate that and women who hate women hate that, which I believe is most women.' So we used that for a lot of fodder."



Reality show From left, Julia Louis-Dreyfus as Selina Meyer in *Veep*; with Kamala Harris; with the cast of *Seinfeld* in 1990. Below, with Lola Peticrew in *Tuesday*



Nicole Holofcener film *Enough Said*, a character who constantly lies to her boyfriend (James Gandolfini, in his final performance). Louis-Dreyfus has never feared playing unlikeable characters.

"God, no. I base my career on it. Fallibility is always good for drama or comedy. And with *Tuesday*, to have that kind of conflict is phenomenal for storytelling," she says.

When Holofcener called her in 2015 to ask if she would star in a skit on Amy Schumer's sketch show, *Inside Amy Schumer*, about how actresses over a certain age are no longer considered attractive, Louis-Dreyfus instantly said yes. "It just seemed to me so cuckoo bananas and something I could really sink my teeth into," she says.

In the sketch, called *Last F***able Day*, which immediately went viral, Louis-Dreyfus, who was 54 at the time, Patricia Arquette, 47, and Tina Fey, 45, celebrate no longer being seen as f***able. Yet in *Tuesday* Louis-Dreyfus is playing a woman at least a decade younger than she is; in *Veep* she always wore tight dresses and high heels; and she's just finished filming her fourth Marvel project, *Thunderbolts*. Hollywood still clearly sees you as f***able, I say.

"Thank you," she says and laughs again. "It is a weird thing to watch yourself age on camera, like when I see old clips of *Seinfeld* and I was – Jesus Christ, was I in my twenties? Yeah, I guess so. Anyway, it's jarring for sure. So I know I'm older, but I feel young. I'm not going to play the 25-year-old ingenue, but I never did play those roles, so it's fine."

To have created one TV character who becomes a cultural reference point – Selina Meyer – would be impressive. But Louis-Dreyfus has created two; her first was the peerless Elaine Benes. One of the smartest things about *Seinfeld* is

that Jerry and Elaine never become a couple – they are just friends.

"Oh, the network wanted it! They wanted a will-they, won't-they, all that crap. But Larry [David, the show's co-writer] was just immovable on that point. The show was built on doing things that were outside the norm, so doing something stereotypical would have been atypical of the show."

She was the one woman in *Seinfeld*, and it was largely written by men. Did it feel like a boys' club? "Yeah, it was very male, but that felt familiar to me so I knew how to navigate it," she says. "When I started out in showbusiness in the 1980s, there was no awareness about trying to ... I was going to say diversify, as if adding women is a diversification, but it is. But now there is awareness, and that's a good thing."

Louis-Dreyfus grew up in Washington DC. Her mother was a writer and her father was a Jewish French-American businessman who escaped the Holocaust as a child, and whose father fought in the French resistance. It was thought the family were descended from Alfred Dreyfus, the French officer wrongly convicted of a crime in one of the most notorious antisemitic scandals in the 19th century, but Louis-Dreyfus isn't sure that's true. Given her family history, what does she think of the rise of antisemitism in the US? "I'm very worried about it, and I'm very worried about fascism, and I think it looms," she says.

Her earliest comedy influence was Archie Bunker (Carroll O'Connor) in the 1970s sitcom *All in the Family* – the American version of Alf Garnett (Warren Mitchell) in *Till Death Us Do Part*. "He got in my bones, and you watch it now and his character is just heinous. And yet it's funny."

It's hard to imagine the racist Bunker – or Garnett – on TV today. Jerry Seinfeld recently faced criticism for saying that the "extreme left" and "PC crap" are ruining comedy. What does Louis-Dreyfus think? "My feeling is that being sensitive is ultimately a good thing, from a cultural and societal point of view," she says, sounding a little like a politician again.

But presumably *Seinfeld* was talking about how people can be banished for a mistake when it's put online, I say. For example, Michael Richards, who played Kramer on *Seinfeld*, experienced that in 2006 when someone filmed him at a comedy club calling hecklers the n-word.

"I don't know if he was trying to say that, so I really can't comment on what he was trying to say. But I do think we created a monster with social media and at some point we're going to have to reconcile that," she says.

Meyer – and Harris – can only aspire to pull off such a smooth political pivot.

Tuesday is in cinemas from Friday

POLITICAL COMEDY YOU CAN WATCH NOW

Yes Minister 1980

This satirical swipe at Westminster was Margaret Thatcher's favourite show. It charts the rise of Jim Hacker MP (Paul Eddington) and his running battles with his civil servants. *ITVX*

The New Statesman 1987-94

Rik Mayall excels as the Tory MP Alan B'Stard in this lewd, rude sitcom about a politician who will stop at nothing in pursuit of power. *ITVX*

The Thick of It 2005-12

Armando Iannucci described his British political satire as "Yes Minister meets Larry Sanders". It paved the way for *Veep*. *iPlayer*

Tim Glanfield

Yet surely there will be even more confusion between Meyer and Harris because Louis-Dreyfus says she "will be extra-involved" in the Harris campaign. Immediately after our interview she is recording an advert telling Americans abroad how to vote. Will she be at the Democratic National Convention in Chicago this month? She hesitates, wary of revealing a spoiler. "I probably will be, yes," she says eventually.

Louis-Dreyfus, 63, is talking to me from her home in Los Angeles. She is surrounded by photos of her two adult sons and her husband, Brad Hall, an actor and film-maker whom she met at university. Her life appears gloriously stable, unlike the often very unstable characters she plays. We're talking today because she has a film coming out, a tear-jerker called *Tuesday* in which she plays the mother of a teenager (Lola Peticrew) with a fatal illness. Initially, Louis-Dreyfus's character, Zora, is in such denial about the situation that she avoids her daughter and naps outside the house.

Despite being a dramatic role, Zora fits in with Louis-Dreyfus's stable of self-deluding characters, from Meyer to Elaine in *Seinfeld* to Eva in the 2013

Laura Pullman
Interview



The podcast titans Simon Mayo and Mark Kermode have reached a big anniversary: three decades of broadcasting bliss together. “We sort of found out by mistake,” Kermode says of the milestone. “Then I was upset that Simon hadn’t remembered. I thought, ‘You didn’t send me a card, didn’t bring me a present, didn’t get me flowers.’”

Mayo takes the bait. “You didn’t get me anything,” he says. “We could have a big show in a theatre, which is all about saying how great we are, but it doesn’t really appeal.” Cue Kermode: “It appeals to me.”

So, there it is, within moments, that easy banter and gentle bickering that the duo are famous for. It is endlessly emulated on other podcasts, but devilishly tricky to pull off properly. “Like a fine wine, Kermode and Mayo get better every year,” reads one recent online review of *Kermode & Mayo’s Take*, the film podcast that they launched after leaving BBC Five Live in 2022.

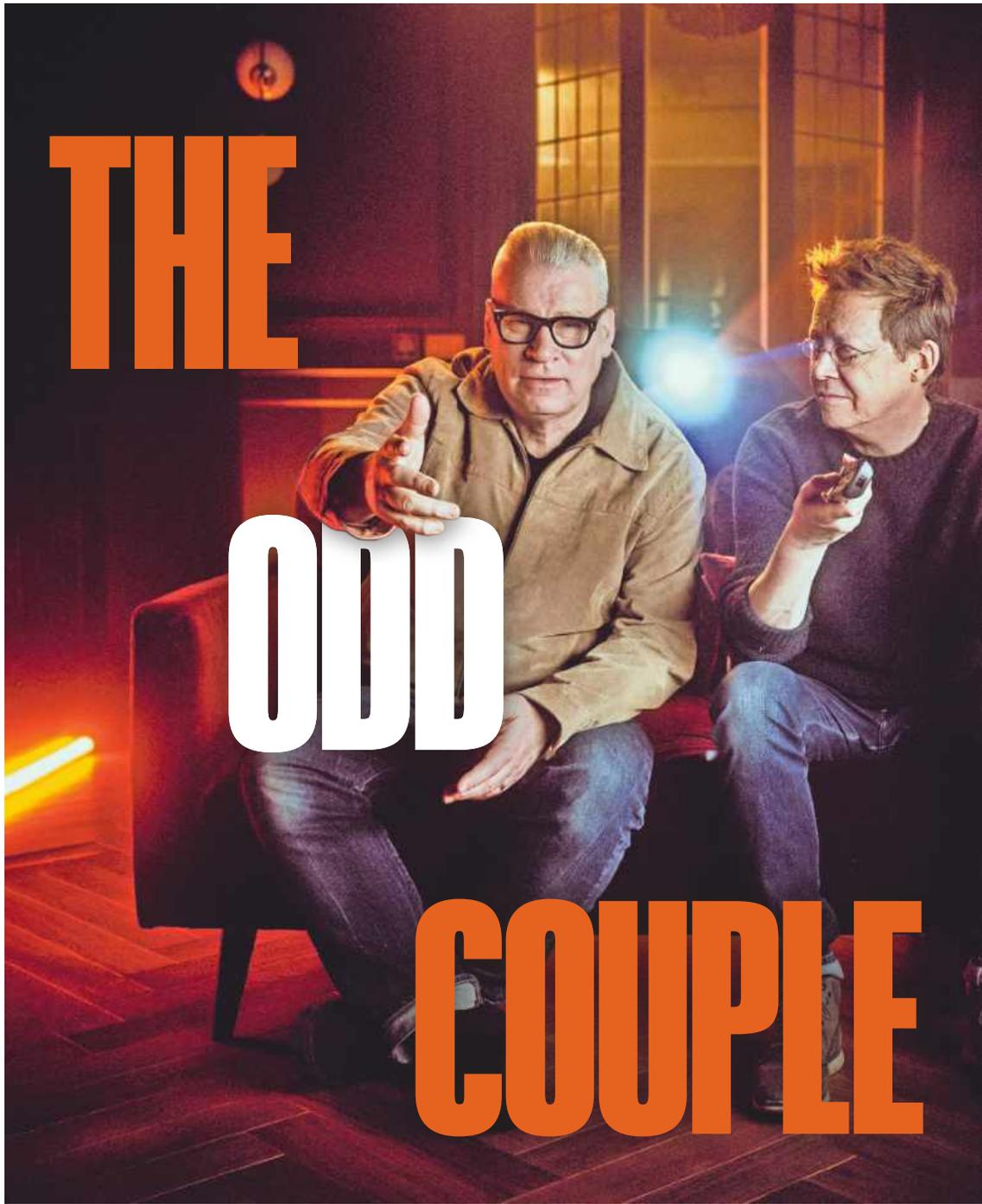
Their show is a winning combination of pull-no-punches reviews (“Nobody gets into criticism to make friends,” Kermode says), debates about cinema etiquette (“If you wouldn’t do it in a church, don’t do it in a cinema” is Kermode’s rule), dad jokes in the “Laughter Lift” and banter with “heritage” listeners who have grown up/grown old with the show.

“If it works it is because Mark doesn’t tread on my toes and I don’t tread on his. Not normally, anyway,” Mayo says. Kermode, 61, is the passionate critic with an extraordinary breadth of knowledge. Mayo, 65, is the calm foil who keeps everything on track, reins in the occasional Kermodian rant and interviews the talent.

What has Mayo learnt about actors? “Some of them can do promotion and some of them can’t,” he says, with no need to mull over the question. “My fear for the future is that TikTok is going to spoil this for a younger generation of actors and they’ll only want to do 30-second interviews.”

Tom Hanks and Kenneth Branagh are always a delight to grill; other stars not so much. “Steven Seagal is a tosser, just an idiot,” Mayo recalls. (“And yet such a great musician,” Kermode says.) “It was a live interview on Five Live, I had nowhere to go, I just had to fill the time.”

Rewind 30 years to 1994: Mayo was presenting a mid-morning programme on Radio 1 and Matthew Bannister, the controller of the station at that time, suggested that Kermode be trialled for the new film review slot. The rest is



Mark Kermode and Simon Mayo have been delivering punchy verdicts about the movies they love and loathe – and bickering with each other – for 30 years. They say it takes guts to deliver honest opinions

history (to name a rival podcast). “I’ve said this a million times before and I’ll say it again, I bless the day that Matthew allowed me to shackle my wagon to his star,” Kermode says. The pair later moved to Radio Five Live where they stayed for 21 years until jumping ship; their podcast is now in the Sony Music Entertainment stable.

Winning combination
Mark Kermode and Simon Mayo

Talk turns to how everyone’s appetites for films change. For example, as a mother to a toddler, I can no longer stomach missing-child plotlines. Mayo jumps in: “I’d choose not to watch some films and TV shows, or read books, if they’re of a kind that I know I’ll find difficult.” Having a grandchild now informs how he reacts:



"I loathe and detest serial killer books and films because, in my experience, they have always been used as a way to degrade women. So I try and avoid them."

For Kermode, having two children meant watching films with a fresh gaze through their eyes. "I must have seen *Mary Poppins* 100 times because our first child just loved it. I realised after you've watched it about 50 times, you

You have to go into every film thinking, this might be *Citizen Kane*

FRANK FEBER

actually start to think it's a masterpiece. And I think it probably is, it's just flawless." He confesses to being a *Twilight* film fan too. "One of the reasons I've loved the *Twilight* movies is I've seen the *Twilight* movies with people who love the *Twilight* movies, and I've seen how they react to them," he says. "I also think it's a lot of sneering by old men."

Their podcast is a sneer-free zone, but, inevitably, Kermode occasionally thrashes a film to pieces. For example, the new blockbuster *Twisters*, which stars Daisy Edgar-Jones and Glen Powell, and is a "stand-alone sequel" to the 1996 film *Twister*. "The plot of *Twister* is there are people who run towards tornados; the plot of *Twisters* is there's a lot more people who run towards a lot more tornados," Kermode railed despairingly in a recent episode. "Where are [the *Twister* stars] Helen Hunt and Bill Paxton when you need them?"

Other critics gave *Twisters* four or five stars. "In the screening, people went nuts. I had no idea what they were going nuts about," he says. "In the end, you can't lie about what your experience of it was. There are films that I have loved that other people have detested." He thought *Twin Peaks: Fire Walk With Me*, the 1992 horror flick, was a masterpiece. "When all these reviews started coming out saying it's the worst film ever made, I thought, 'Did we see the same film?'"

Does he relish giving a stinking review? "It is easier to kick the crap out of a film than it is to appraise it in a way that actually makes sense," Kermode says, mentioning that he recently rewatched *Sex and the City 2* (for work rather than sadomasochistic purposes). "It's detestable, morally bankrupt and wicked, but the thing that gets you into trouble isn't that [criticism], the thing that gets you into trouble is" – and here he starts recalling people's criticisms aimed towards him – "You've seen *The Exorcist* 150 times, you must be an idiot.' You find *Minions* funny. Oh, how terrible."

"The older I've got," Kermode says, "the more I've discovered that you put yourself on the line when you say, 'I love this,' because that opens you up to ridicule and all manner of things."

Although, unsurprisingly, both cinemaphiles are somewhat sick of some things. "Everything's a trilogy," Kermode says, firing up. "That Kevin Costner western, *Horizon*. It was however long it was [three hours] and all it did was go, 'Oooh, there's an interesting film coming. Not here, but it's coming.'" *Horizon: An American Saga – Chapter 2* was supposed to come

QUICKFIRE MOVIE QUESTIONS

Mark Kermode
61, married, lives in Cornwall. Proudly loves *Roller Boogie* (1979).

Simon Mayo
65, married, lives in London. Proudly loves *Patch Adams* (1998).



Who's playing you in Kermode & Mayo: The Movie?

MK Jason Isaacs.

SM Zoe Ball once said to me, "You're like an older Brad Pitt." But a lot depends on how much older she was thinking.



More pumped for Paddington in Peru or Gladiator II?

MK I'm equally excited. You have to go into everything thinking this might be *Citizen Kane*. The minute you stop doing that, you need to stop [reviewing].

SM You can guarantee *Paddington* will be a joy. I'm slightly concerned about *Gladiator II* because in the trailer some of the CGI looked a bit shonky.



Exciting British talent on your radar?



MK Janis Pugh, who just made *Chuck Chuck Baby*, a low budget British movie that's heartwarming and full of passion.

SM Josh O'Connor. A young British actor who's at the beginning of everything, and could probably do anything.



out this month, but has been delayed.

Meanwhile, Mayo is weary of the limping-along Marvel universe. "Even Marvel fans are getting bored. We've got to a point where they're going to have to do something amazing to resurrect the general interest," he says. "We are into the law of diminishing returns."

We talk about bum-numbingly long movies that are made for streamers like Netflix or Apple rather than a cinema release. "Each film has an ideal length," Kermode says. "The problem is not that films are too long, the problem is that short films can be made too long."

Do they have films that they are embarrassed to love? Answer: absolutely not. "The whole idea of guilty pleasures is appalling," Mayo says. And the survival of

cinemas? Kermode predicts that the bog-standard multiplexes will struggle. "The cinemas that cater to what an audience actually wants will continue to thrive," he says, bigging up his local independent cinema, Newlyn Filmhouse, in Cornwall. A few days after we speak, Cineworld announces that it is closing six cinemas across the UK.

Our time is running out: Kermode has a horror film screening to get to and Mayo's drive-time show on Greatest Hits Radio is approaching. First, though, we discuss the easy-peasy issue of AI, Hollywood and the worst and best case scenarios of what's coming down the road for cinema. "Two things are true: first, AI is not going away. Secondly, no one knows what that is going to do,"

Kermode says. "We have asked people in the industry who ought to know more than we do, and they say, 'Who knows? What happens in the next few years is anyone's guess.'"

It's probably like the beginning of the internet, sending an email and going, 'I wonder how this is all going to work out.'

Mayo recalls hearing Christopher McQuarrie, the director of *Mission: Impossible* movies and writer of *The Usual Suspects*, on a podcast arguing that AI removes writers' chance to be average. "Everyone has to be able to be a bit ho-hum at the beginning, and then you hone your craft and get better. But [McQuarrie] said that AI can do average right now. You want an average script about any particular scenario? AI can do it, you don't have to pay a writer," Mayo says. "But how do those writers get to be absolutely brilliant if they can't make mistakes and be average?"

Thankfully, our time is up before we can talk AI chatbots versus veteran podcasters.

Kermode and Mayo's Take is available on Apple Podcasts, Spotify and Amazon Music

My grandfather fled the Nazis

To my great delight I have just got to know my grandfather, even though he died 12 years before I was born.

To explain: my grandfather Alfred Kerr was a leading writer in Weimar Berlin who is still well known in Germany. He wrote essays and political commentary, but was best known as Berlin's leading theatre critic. He was nicknamed the Culture Pope (or *Kulturpapst*) for the incorruptible honesty of his reviews. He was renowned for his humour and writing style, which combined very un-German short, pithy sentences with invented words and dialect from his native Silesia. Sadly, this style was far beyond my O-level German and I couldn't read a word. It is also hard to translate. None of his works has made it into English.

Until now. To my delight, *I Went to England* has just been published. It recounts Kerr's first years in London as a refugee from 1935 to 1940. Yet it is not a memoir so much as a set of observations, as he tried to comprehend the English – a people he grew to love – and struggled to warn them of the Nazi threat to which many were blind.

Previously, I knew of Kerr through my mother, who was the children's writer Judith Kerr, the author of *Mog* and *The Tiger Who Came to Tea*. She often talked of her father, whom she remembered with great warmth. He understood her passion for drawing, which her mother and brother often did not. She and he were also temperamentally alike: undramatic and determinedly positive.

She wrote about her father in her autobiographical novel *When Hitler Stole Pink Rabbit*, recounting how he mocked the Nazis in print and radio broadcasts, which they loathed. He was high on their first blacklist and survived their rise to power thanks to an anti-Nazi Berlin policeman who warned him that his passport was about to be confiscated.

Something that did not make it into my mother's writing, although it was the stuff of fiction, was Kerr's bitter feud with his father-in-law, Robert Weissmann, a powerful politician whom my mother disliked no less than her father did. Unusually, Kerr was older than his father-in-law. When



Family Alfred Kerr with his daughter Judith, who wrote and illustrated *When Hitler Stole Pink Rabbit*, below and right



The children's author Judith Kerr revealed glimpses of her childhood in *When Hitler Stole Pink Rabbit*. Now her son, *Matthew Kneale*, has discovered what really happened

he married he was 52 and my grandmother was 19. Poor optics, especially these days. Although to be fair to them both, younger men were scarce after the slaughter of the First World War, and it was she who was keenest on the match.

And it was not Kerr's cradle-snatching that aggrieved Weissmann so much as his religion. Jewish by ancestry, the Weissmanns had converted to Protestantism – although they were still not accepted into German society – while Kerr, despite having lost belief, had been raised in Judaism. Weissmann resented his daughter for marrying a non-Christian. Kerr, in turn, loathed Weissmann because he knew he was a womaniser and corrupt.

This mutual enmity came to a head four years after Kerr's marriage. In a moment of remarkable ill judgment, Weissmann used his influence to have his mistress cast as the lead in a new play. As ever, Kerr was asked to write a review. The play was terrible and he pulled no punches. But then, having savaged the acting of the female lead, he went altogether further, explaining who had caused her to be cast in the role and why. Weissmann, livid, hired two thugs to beat Kerr up. But my grandfather, who clearly had much charm, talked them out of it and convinced them that they should all go for a beer instead.

If this story sounds familiar, it should do. A variation of it appears in Orson

Welles's masterpiece *Citizen Kane*. It's probably no coincidence. The film's screenwriter, Herman Mankiewicz, could well have heard the tale from one of the many German refugees scratching a living in Hollywood. The whole episode would be comical if it weren't for its sequel. Kerr's young wife – my grandmother – who had two small children, attempted suicide. Horrified, Kerr thereafter tried his best to keep the peace with his detested in-laws. My mother's childhood was eventful even before Hitler took power.

Now, having known my grandfather through her words, I have met him through his own. What sort of person was he? Some lines may jar a little to modern readers. Kerr's praise of young London women with their long, elegant legs sits uneasily in an account by someone turning 80. Mostly, however, his narrative survives time well. His learning is prodigious. Although the Nazis had stolen his Berlin library, he quotes numerous German and French writers from memory.

He also had a good eye for detail. He observed that 1930s London beggars dressed almost formally, wearing bowler hats and dirty but well-cut coats. And he was entranced to see that, rather than holding out their hats for money, they would sing.

He tells of a day when London's fog was so thick that he saw it spreading



mutton, which he found everywhere. “I am pursued by two forces, brown in Germany, woolly in England.”

From my mother’s accounts, I had imagined that his poor English – he was too old to learn it well – left him isolated in a world of fellow refugees, but no. He was an impressive networker. He recounts going to parties at grand London townhouses and to lunches at ancient country seats and he kept up with writers he had known in his pre-exile days, including HG Wells.

Kerr’s greatest London literary friendship, with George Bernard Shaw, whom Kerr had known and admired for decades, was also his most fraught.

When, in 1935, Shaw wrote an article that dismissed British democracy as a sham and praised Hitler and Mussolini, Kerr spurned him. Four years later, when Shaw began to backtrack, Kerr paid him a visit and confronted him.

As Shaw giggled and wriggled, Kerr tried to understand what had led such an intelligent man to such folly. His assessment was shrewd. Partly, he felt, Shaw had been swayed by vanity, as the Nazis flattered him and staged his plays. But Kerr also saw another force at work that seems eerily familiar in our own social-media age.

Throughout his career, Shaw had kept himself in the limelight by writing against things and being shocking.

“He looked around: what now? Fight against the squalid brutality of Hitler’s gang? Against the comic parade of the Roman fascia? Others were already taking care of that. Thus, he wrote against himself – against himself.” Shaw had gone down the rabbit hole. Kerr forgave him. He saw that, although Shaw was 83, there was something childlike about the man.

“I ask myself: how can one be angry with a schoolboy?”

Kerr was only a couple of years younger than Shaw, yet his writing is full of journalistic energy.

The main story he pursued was understanding the English soul. He sought this out in politics, in legal cases and in conversations in homes, on trains and on the steps of the British Museum.

What did he find? Watching huge crowds calmly disperse after the coronation of George VI, Kerr wrote: “These people are, without the slightest doubt, the most considerate and reasonable in the world. They never get worked up.”

He felt that at the heart of Englishness lay a puritanical decency that could manifest itself in the most unexpected places. Kerr detected it in the murder trial of an English Bonnie and Clyde who, facing the

noose, showed remarkable selflessness: each testified that they had been the killer and insisted the other was innocent.

Kerr was also well aware of the bleaker side of the English soul. He was shocked that 18 million British people lived affluent, unstressed lives, while the other 22 million struggled to survive. And he was disdainful of snobbish rules of taste, such as that soup should be consumed with the bowl tipped away, “a nonchalant, upper-class way to mask the fear of staining one’s trousers”.

What distressed Kerr most was how many well-educated Londoners expressed admiration for Hitler. Repeatedly he was told that the Nazis were a bulwark against Bolshevism. Kerr replied that they were another version of Bolshevism, even stupider than the original.

Kerr was remarkably prescient. Although he adored France, which was his home before reaching England and where he could speak the language like a native, he had no desire to return to live there. He saw its vulnerability. When English friends assured him that there was no danger of war since the Nazis could not afford it, Kerr answered that they would make war pay, looting an enchained Europe – which they duly did. He even predicted that, if war came, Britain’s class divide would weaken, and “there will only be natives”.

He saw the Nazis for exactly what they were: stupid yet cunning, fawning and brutal, sadistic, grasping, fanatical chancers. Their chief trick was crude yet, Kerr saw, highly effective. It was, “the dinning in, dinning in, persistent dinning in of untruths. The benighted eventually accept them.” It is an observation that seems troublingly relevant in the age of Trump.

Most of all, my grandfather was passionate. In the autumn of 1938, after Munich, when most English considered that war would never happen, Kerr, knowing that terrible things were occurring unchecked across central Europe, wrote that he felt ashamed to be alive.

Yet as Neville Chamberlain’s conviction to resist rose, so did Kerr’s spirits. When war was finally declared, he remembered having predicted, on his arrival in England, that the country could save the world. After years of exasperation and doubt, he saw that he had been right. “England has saved what is most humane for humanity – from Hitlerdom, which is the cruelest, most energetic kind of stupidity. What the island race did must never, never be forgotten.”

In this age of new travails, we could do with a few more Alfred Kerr.

I Went to England by Alfred Kerr, translated by Alan Bance, is published by Peter Lang at £45

“
Alfred was distressed by how many well-educated Londoners admired Hitler

through his study, lightening a brown armchair and making pictures on the walls fade. Later he recounts the instant, during the Blitz, when a bomb struck his home as he lay in bed. “A pause. The world stands still. You ascertain, below the conscious level, that you are still alive. Remarkable.”

He is amusing about the discomforts of British life. He despaired at puritanical licensing laws, which meant he could not get a drink after the theatre, and he struggled with English food, especially



I got everyone talking

The artist Marina Abramovic has courted controversy for 50 years. She's filmed herself nude, being stabbed and playing with fire. What's her next trick? By *Susannah Butter*

They are going to kill me in Britain," Marina Abramovic says with a naughty grin. The 77-year-old performance artist with five decades of controversies behind her is telling me about an exhibition she is planning in Manchester, about Balkan erotic epics from the 3rd century to the present. "I am going to have 120 people performing across 14 stages in a factory – and lots of nudity," she explains, revelling in the word "lots". She won't reveal much more other than "it's about how sexual organs are used and connect to divine energy. Give them some vaginas to contemplate."

It's typical Abramovic. The Serbian star makes headline-grabbing art that is often painful to look at. She has filmed herself being burnt, slapped and stabbed, invited the public to do what they like to her body, and in 1974 passed out from lack of oxygen when she lay inside a star made of

sawdust and set it on fire. She says she wants "to encourage people to confront their fears" and her art elicits a powerful response, from people having to look away in horror, wondering why she puts herself through it, to tearful spiritual awakenings.

I expected the woman who makes such intense art to have a similarly severe personality but Abramovic is warm and quick to laugh. "The moment you put me in a box, I jump out," she says. Last year she became the first female artist to be given a solo show in the 256-year-old Royal Academy's main galleries. She is outraged about this: "Tracey Emin should have had a show."

One of her show's talking points was a recreation of her 1977 work, *Naked Gates*, where visitors had to squeeze between two nude models to enter a room. Abramovic proudly tells me "it got every newspaper in Britain talking about nudity". At a press conference for the

opening of the show when it went on tour in Amsterdam, she asked a journalist what his biggest fear was. He said to be nude in public, so she challenged him to take his clothes off there and then. He took her up on it and they've since met up: "He has courage, he's my kind of person."

The London show was delayed for health reasons. In May last year Abramovic nearly died from a pulmonary embolism caused by blood clots on her lungs. She had nine blood transfusions and six weeks in intensive care. Her lungs are "fine now, actually I feel great", she says briskly. But it "has woken me up".

"I do lots of dangerous things in my work but I know my limits," she says. "When something physical happens and you are not in control you want to take care of your health. Ageing is OK, you just have to be healthy." She eats lots of fish and steamed vegetables and doesn't drink.

Feel the fear Marina Abramovic. Above left: Performance for the Oceans, which will be auctioned for charity

Her boyfriend, the producer Todd Eckert, is 21 years younger than her and she has said she wants women to know that an age gap is "OK". Retirement is not an option. "I want to do art all my life and have moments of total action then complete rest."

She couldn't fly after the embolism so she had to travel by cruise ship from her home in New York to the Royal Academy show. "I hated it," she says. "It was 10 per cent young people who refuse to fly and the rest were on the last journey of their life – it was like a sanatorium on water. They showed movies, I saw *The Pink Panther*, which is actually not a bad movie. And there was a quiz. Everyone knew the name of James Bond's dog except me, then they asked who painted *Guernica* and nobody knew except me. But I didn't want to show off."

Our interview is about a limited edition print she is auctioning for the ocean

“A writer told me he was afraid of nudity so I made him take off his clothes”



She uses the word “inspire” a lot but despite this intention some of her work is eye-wateringly masochistic. Does she regret any of it?

“I don’t like pain in my real life,” she says. “I stage these situations to free myself from fear of pain but I need the energy of the public to do it. When you perform you are not poor, fragile little Marina, it’s your super-self, which can do anything.” Afterwards, she doesn’t like to talk about what she has done. “You want an ice cream and to be held by friends.”

She has spoken about the influence of her childhood, in Belgrade in the former Yugoslavia. Her mother came from a rich, powerful, religious family, while her father was from a poor background. Her childhood was shaped by the idea of sacrifice, thanks to her religious grandmother, and she was beaten by her mother “for showing off”.

Some of her most difficult work was made with the German artist Ulay, her lover and collaborator, from 1976 until 1988. *Rest Energy* (1980) has her holding a bow with him clutching the arrow. The smallest twitch from him and it would have gone through her heart. She says now: “Our collaboration was only 12 years. I had 55 years of work in the Royal Academy.”

He died in 2020 after lymphatic cancer and she has a show next year in Slovenia to mark, “our birthday” (they both born on November 30). “It will be very romantic” but not tinged with nostalgia. “What is past is past,” she says. “It’s difficult to be in the moment – your brain only shuts down when you sneeze or orgasm, but my philosophy is being here and now.”

She tells me she’s continually inspired by a monk she met in India in 1994. “He was small, fat and square like a cube and he jumped in the air, in a mask, falling in total stillness. I asked ‘fatty square’ how he did it and he said that’s not me, when I wear the god mask I can do anything. The body doesn’t matter because divine energy is present. That was a huge lesson.”

The Blue: Art for the Ocean auction will be during Frieze Art Fair week, Oct 9-13, bluemarinefoundation.com

conservation charity Blue Marine Foundation. There are three and each is valued at about £100,000. They show her standing in the ocean at Fire Island near New York, “giving unconditional love to the water”. “Oceans are dying, fish are going extinct and it’s getting worse,” she says. “Look at the Maldives, the coral reef will disappear in the next 20 years if we don’t take action.”

Abramovic became concerned about the ocean on holiday in the Maldives some years ago. She noticed the crabs were crawling inside the lids of bottles because the shells they lived in had been sold to tourists. Abramovic bought five bags of shells and took them back for the crabs. “But they preferred the coloured plastic.”

What practical steps would she like politicians to take? “We are constantly talking about problems,” she says. “I am asking people what are you going to do? I hope to inspire.”

My Cultural Firsts

Erin Doherty

She played Princess Anne in *The Crown* — but loves car boot sales. By *Jake Helm*

First film I saw at the cinema

Pixar’s **Finding Nemo**. My mind was blown by how they animated the water scenes.

First film I cried over

I love the feeling of crying. If there’s a film that I know will make me cry I’m drawn to it even more. There’s a weird joy in knowing other people can be heartbroken. The introduction of Pixar’s **Up** broke me. Recently I saw *Inside Out 2* and ended up in pieces.

First TV show I enjoyed

I was obsessed with **Friends**. I would go to car boot sales to try to find videos of certain episodes. David Schwimmer as Ross was my favourite. That show is like a warm bath.

First actor I admired

Meryl Streep. Growing up, my dad would give me a stack of DVDs all based around a certain actor, from Emma Thompson to Dustin Hoffman. Streep stood out, particularly in *Kramer vs Kramer*. I rewatch that film whenever I need inspiration.

First book I loved

I loved the **Harry Potter series** by JK Rowling. My elder sister Grace owned the second book in the series, *The Chamber of Secrets*, so I read that first.

First famous person I met

In my first year at the Bristol Old Vic Theatre School, the actress and alumna **Olivia Colman** came to talk to us. I was too nervous to ask her anything. It was such a surreal moment — which came full circle when I got to work with her on *The Crown*.

First pop-inspired fashion trend I followed

My spare time was filled with playing football or going to drama club so I didn’t really think about what I wore. I did, however, really love the Spanish singer **Enrique Iglesias** at one point. He wore this knitted beanie and I just felt that need to copy him. I look back now with shame.

First moment I realised I wanted to be an actress

My parents took me to **Sunday drama classes** in West Sussex from the age of four. I’ve always been quite socially anxious but I guess acting became a way I could express myself. I don’t know what I would do without it.

My first stage performance

In a production of **Mary Poppins** for my drama school where I played Jane and my elder sister was Michael. She was so nervous that she was sick before going on stage. I have the recurring dream that I’m on stage and have forgotten my lines, but I don’t tend to get nervous.

First album I bought

Probably **Spice** by the Spice Girls. I was a massive fan of them and spent a lot of my childhood imitating them.

First moment I realised I’d made it

I don’t know if I have made it. The closest I’ve come is when I was in the make-up trailer for *The Crown* sitting next to **Helena Bonham Carter**. I told her about how much I loved Harry Potter and she turned to me and said the spell Avada Kedavra as her character Bellatrix Lestrange. I thought: what is my life? It still makes me feel speechless today thinking about it.

SEE IT
Erin Doherty is in **Death of England: Closing Time, @sohoplac, London W1, Aug 22-Sep 28**



DAVE BENETT/GETTY IMAGES

MAIN IMAGE: CHANTAL HEIJNEN; INSET: © MARINA ABRAMOVIC; PHOTOGRAPH BY MARCO ANELLI

The Critics



Camilla Long



Tom gets kids' TV treatment

Olympic diving coverage was high on emotion, low on insight — just give me more Hazel Irvine

I'm watching Tom Daley in the **Olympics**. Bong, bong, splash. He's just lost to the Chinese — but why? All the commentator did was scream, "That is SENSATIONAW", and then — flash of bums — China did exactly the same dive (to my eyes), and the same person said it was a "masterclass". And then they won. But why was it brillianter?

I accept it's a difficult gig, commentating. A quick flick shows the BBC is fielding nearly 2,000 minutes of live coverage a day. It can't all be the men's final at Wimbledon. Over on the extra channel, though, there's showjumping — sorry, "eventing" — at Versailles (heavenly setting) and the commentary is much better; careful, knowledgeable, engrossing, obsessed, telling us that you don't, oooh, usually see "stallions" in this event. Tina Cook reminds me of my beloved Hazel Irvine: calm, measured, pure quality.

On the diving, they seemed to have drafted in a bunch of bouncy, inexperienced children's presenters — sub-Clare Baldings — to deliver only the emotional story, how Tom's diving partner Noah should be "so, so proud of himself", especially since his coach died. Almost no insight. "They were absolutely class," one woman moaned meaninglessly as the camera panned back to the studio, with its slightly industrial Wonka factory/blueberry view of the Eiffel Tower. One of them

Olympics
BBC1, BBC2, iPlayer

Atomic People
BBC2, Wed

Saucy: Secrets of the Sex Comedy
Channel 4, Sun

summarised the action as: "Hold my beer." Finally: "The pressure was on for these guys." What drivell.

Atomic People, a documentary about Hiroshima, occupied a strange place in the schedules. Why now? It's the 80th anniversary of the terror next year; we had the perfect excuse for a documentary last year with *Oppenheimer*. If you recall, that film, unlike this documentary, was rather wanting on the human cost of it all. There was nothing about the real victims, unless you counted J Robert Oppenheimer himself, poor love — so many long sighs into the camera, and then, of course, the tasteless "Now I am become death" sex scenes. Nothing says remorse like three solid hours of nuclear boner.

Many people in this saddening TV show, by contrast, couldn't even have children. It was one of those documentaries that relied mostly on interviews. I wonder, how easy is it to remember what happened 79 years ago? Some of the women in it were biblically ancient: 99, 21 when the bomb fell. They sat quietly at the bottom of the screen like wizened little ortolans. But immediately you realised: they were recalling scenes that you'd never forget.

One of them said she remembered a baby, "burnt black as coal", being gripped by his mother, whose "back was dripping from being burnt".

Bong bong splash Tom Daley and Noah Williams dive for Olympic silver

Another saw her friends coming in to school with black "seaweed" strands trailing off their legs, "skin which had peeled and collected around their ankles." They died, and she had to bury them.

There was a swaying woman whose "entire body was ripped open, and she was holding her internal organs, with both her hands". One boy, now ancient, was thrown 30m into a river, and when he came up he saw his friend's skin "hanging off his face like an old cloth. Rain fell and "it hurt".

And then, after losing whole families, after watching their relatives sicken and die, they were shunned, unable, in many cases, to marry or have children, also "forced to keep silent".

Perhaps it is the Japanese way, but they didn't seem that angry. Many of these interviews felt timid, faint, almost apologetic. As a documentary, it was burbling, slow, tasteful. Barely anyone criticised the Americans, even though it was the Americans who had launched this hell on them. Then, realising what foulness they'd created, they stopped anyone from talking about it, shutting down newspapers, censoring letters, even setting up the Atomic Bomb Casualty Commission (ABCC) to research the effects of the terrible

“

Channel 4's latest sex documentary appears under the guise of culture

radiation they'd inflicted, but offering no treatment, ie pure evil.

"Can we talk about the ABCC?" one woman whispered, politely.

Can you imagine the nonstop screaming protest there'd be in the West at this sort of injustice? In this documentary we had to content ourselves with slow-mo pictures of forests, plinking water, leaves, philosophy, the interviewees being told to pose in the park as if they were looking at something in the sky. Who asks a Hiroshima victim to pretend anticipating a bomb, for entertainment? We should all die of shame.

On Channel 4 there was **Saucy: Secrets of the Sex Comedy**, a two-parter about 1970s films. This was one of those documentaries that appears under the guise of essential "culture" or "education" or "politics", when it was just another opportunity to get as many bouncing tits across the screen as possible.

Was there any serious point to it? Many of the talking heads – a gripping grand guignol of sun-damaged actors, fading bottle blondes, emphysematic producers, who told us about the tremendous box office success of these weird films – did seem to regard themselves as significant political figures, "pushing boundaries all the time", fighting tirelessly to get as many naked French maids/nurses/nuns falling over vicars/butlers/tradesmen on British screens as they could in the wake of censorship laws being relaxed.

Any casualties were cried over, held up as martyrs, most notably the country's first porn star, the tragic Mary Millington. The show never asked what made her want to do pornography: she just loved it, we were told. Hmmm.

Other women were keen to convince us they were "serious" actresses. "There's no film with my pubes in it," bleated one. But the problem wasn't whether they felt they had choice in the moment – many of them told us they'd refused to go naked – but the ecosystem; the overall choice of decent, respectable roles available to women. TL;DR, there weren't any. If you wanted to work, you had to say yes to, say, *Eskimo Nell* ("the *Citizen Kane* of naughty films"). But this was drowned out by men telling us how wonderful, friendly and egalitarian this world was, and how they missed it.

Technically, the show wasn't great, hastily thrown together, much like the films, and sloppy. There was endless, shameful hyperbole: one man, a producer, told us his mother, Hazel Adair, was "probably one of the most famous writers of all time". Really? Well, she wrote "*Virgin Witch*, *Sex Clinic*, *Can You Keep It Up for a Week?*"

The only point of comparison I could see with, say, George Eliot was that she used a male pseudonym too, usually "Elton" or "Klaus".

With muscle came moobs

Bodybuilder William Dillon didn't just take steroids, he dealt them

Sarah Ditum



How far would you push yourself to achieve physical perfection? That's the question asked by **Extreme: Muscle Men** (Radio 4, Mon; BBC Sounds), which flashes back to the 1980s gym boom – and the shady world of steroid trading that grew alongside it.

Body building was just beginning to go mainstream, largely thanks to the 1977 film *Pumping Iron*, which introduced a young Arnold Schwarzenegger to a wider public. For William Dillon, this was an inspiration. Working out had turned him from a bullied weed into a godlike specimen. Now he realised it could be a career as well as a lifestyle.

He headed west to California from a nowhereville small town in Illinois, and his strict carbs and protein diet and training soon brought success in competitions. But he needed more than chicken, potatoes and self-discipline to make it as a bodybuilder. He needed steroids, and in the 1980s that wasn't quite as dodgy as it sounds today. Steroids weren't illegal, although they were a prescribed medicine, putting them in a grey area.

Doctors still claimed, ridiculously, that these drugs did nothing to enhance athletic performance. Users like Dillon could see that was a lie, which led them to be blasé about other health warnings. "The only things I experienced from steroids was I got really big and really strong," Dillon said.

But he did have one exotic side-effect: excess breast tissue. He required surgery to remove his "bitch tits" (think Meat Loaf in *Fight Club*). Dillon sounded remarkably cheerful

Poseur Arnold Schwarzenegger in the 1977 film *Pumping Iron*

about this, but he has probably learnt to be philosophical about a lot of things.

He didn't just take steroids: he dealt them, helping to found the largest steroid ring in the US, before a government crackdown brought him down. It's a great story, with a fascinatingly seamy setting and (literally) huge characters. I couldn't get enough of it.

While the bodybuilders were pushing the limits of the flesh, Peter White explored a different intersection between humans and technology in **50/50 Vision** (Radio 4, Sun; BBC Sounds). White has presented *In Touch*, Radio 4's magazine show for the blind and partially sighted, for 50 years; this retrospective looked at what had changed over that time.

The headline story was one of success. Braille e-readers can make any book or paper legible to the visually impaired reader: a huge improvement on one contributor's memories of begging his siblings to read him the news. A blind teenager spoke of her hope that AI advances would enable her to have a career in medicine.

Elsewhere, the picture was mixed. One man lost his job

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It's a story with seamy settings and (literally) huge characters



after his employer moved to a computer system he couldn't access. Although the shift to online rather than in-branch banking was welcome for some (no more patronising tellers loudly announcing how overdrawn you are), others couldn't navigate the apps.

Technology had opened up the world, but were blind people losing some of their survival strategies and being left ultimately more vulnerable? It was a genuine dilemma, and White, 77, who has been blind from birth, was the right person to investigate it.

Attitudes to disability have transformed over the past half century, and *In Touch*, with its "nothing about us without us" philosophy, has played its part in that. This show was a reminder of what a great broadcaster White is, avuncular but with a steely edge. It takes both to have a successful career in journalism, especially as a disabled person in the bad old pre-inclusion days.

When he talked to David Blunkett, there was the impression of longstanding sparring partners who still enjoyed a bout with each other. Blunkett, the first blind secretary of state, had objected on principle to *In Touch*. "I was really arsey. I hated the idea that we'd be put in a box," Blunkett said, before conceding that it had been a good thing after all.

From the New Yorker, a third series of **In the Dark**, the magazine's investigative podcast. The subject this time is the 2005 Haditha massacre, in which 24 Iraqi civilians were killed by US marines – none of whom served a day in prison.

The details are harrowing; the pace is glacial. Americans do love some girth in their reporting. Like the muscle men of *Extreme*, maybe they need to learn that there's more to life than sheer bulk.

Patricia Nicol is away



A nuclear family film for the holidays

Michael Morpurgo's story of a lost boy living in the shadow of Hiroshima may not sound ideal for children but this is bold, charming and beautiful

Jonathan Dean



Kensuke's Kingdom
Neil Boyle, Kirk Hendry, PG, 84min

★★★★

How do you draw the moment an atomic bomb takes the lives of thousands of people for an animated film aimed at children? That is a question faced in *Kensuke's Kingdom*, which is based on the Michael Morpurgo novel and, like the best of the author's beloved books, mixes real-world trauma with cute, if scared, animals. In *War Horse* there was a stallion in the trenches. *Kaspar: Prince of Cats* had a cat in a shipwreck. Here, we have a dog in a movie featuring the obliteration of Hiroshima and Nagasaki.

On the page, such a weighty theme leaves a child's imagination to do the heavy lifting. It is harder to hide the terror on screen. In 1983 that masterpiece of Japanese animation *Barefoot Gen* captured the horror of apocalypse vividly as dogs melted, buildings collapsed and eyeballs tumbled out of their sockets.

But that was for grown-ups. *Kensuke's Kingdom* takes a different, understated approach that is no less powerful. Beautifully hand-drawn in 2D, mostly in colour, by the British animation veteran Neil Boyle – with a script by Frank Cottrell-Boyce – this has a classy, old-fashioned style that is all the more effective for not chucking the latest technology at the screen.

First, in the sequence with the atomic attack, come the falling bombs. Then, silence.

Not Disney
A scene from *Kensuke's Kingdom*



After the atomic attack drawings are gently rubbed away, line by line

★★★★★ KO
★★★★ A-OK
★★★ OK
★★ So-so
★ No-no

Next, everything that is drawn in the barest of black-and-white sketches – trees, houses, some people – is gently rubbed away, line by line, using an effect that works like an artist's eraser. By homing in on the tiny details, the technique makes you think of each individual, rather than the cities as a whole. It is a stark contrast to how Steven Spielberg directed his adaptation of *War Horse*, layering on strings and schmaltz. Often, in cinema, a little goes a longer way.

The bombing only lasts a few minutes, but it is among the year's most powerful cinematic moments, a scene that would have been hugely impactful in Christopher Nolan's Oscar-winning *Oppenheimer* (film trivia: one of the Kensuke voiceovers is provided by Cillian Murphy, who played the scientist in Nolan's epic).

Kensuke's Kingdom may sound like a bold choice of family film for the summer holidays, but it is a mightily rewarding one that does justice to an author whose books have stood the test of time.

Morpurgo's story was published in 1999, and tells of a young boy called Michael (a fictionalised version of the author) who is sailing round the world with his parents who have recently been made redundant. Soon, a brutal storm knocks Michael and his dog into the ocean, washing them up on a tropical island where sheer white Dover-style cliffs cradle a land of big lizards and red bananas. There they meet Kensuke, a mysterious, helpful man with a haunted past voiced in the film by the go-to actor for built-in wisdom and world weariness, the star of *The Last Samurai* and *Tokyo Vice* Ken Watanabe.

Boyle draws his humans with a certain weightlessness, allowing the lush, surrounding nature to feel heavier and more isolating. That makes his characters feel alone. It is a clever technique that allows the usual Morpurgo message to be put across: we the people are just one part of this wild planet and so need to treat it with the respect that we expect to be treated with ourselves – or else.

Tom Shone is away

Doctor, this calls for drama

The creation of the NHS was more exciting than this play makes out

Dominic Maxwell



The Promise
Minerva Theatre, Chichester
★★

Facts facts facts facts facts. There are a lot of them doing the rounds in *The Promise*, a play in which Paul Unwin, one of the creators of *Casualty*, goes back almost 80 years to the postwar Labour government and the formation of the National Health Service. He's not the first to do so this year. Nye, a lengthy bioplay at the National, had Michael Sheen's Nye Bevan lolloping his way through his early years for hours before finally getting round to setting up the NHS. Surely Unwin and his director, Jonathan Kent – on a good day as handsome a handler of a theatrical weather system as we have – could squeeze more dramatic juice from this pivotal moment in British life?

The Promise proves to be unwieldy infotainment, though. Too much of it is a talky amalgam of character sketches of key figures in the Labour cabinet, with tossed-out lines telling of the setting up of this or the political or financial implication of that. Yes, Bevan has some scene-stealing moments, a shabbily suave socialist superhero in his brown suit as he looks at his equivocating colleagues as if they were the virus and he were the vaccine. Richard Harrington gives him a nerdy panache, and does pretty well with a lot of new-dawn-coming grandstanding.

But it's not quite Bevan's show this time. Unwin's sort-of hero is Ellen Wilkinson – I wish she had been his outright hero; that might have given him a sharper structure. Less well remembered than

Dreaming big Clive Wood as Ernest Bevin and Clare Burt as Ellen Wilkinson

her mealier-mouthed colleagues, this fiery radical, aka “Red Ellen”, served as the minister of education from 1945 to 1947. Only the second female cabinet minister, she didn't suffer fools. Her affair with Herbert Morrison – the deputy to Clement Attlee, played by Reece Dinsdale as an ambitious, loud, not-quite-top-tier politician – is said to have led to her tempering some of her Marxist ways. Here, she spends much of her stage time upbraiding anyone who dares to dilute the socialist dream.

Her achievements, like everyone else's, risk getting lost in the flurry of events. Clare Burt plays her with three parts never-say-die megavigour to one part will-soon-die-actually hacking cough. If that sounds callous – she died, some argue at her own hand, in February 1947 – I can only say that despite Burt's best efforts there's just not enough space for a human being to emerge who does more than take a position. And she has to queue up alongside sundry high-ranking men in nice Forties suits and overcoats telling each other who they are, what they stand for, and what the general status quo is in 1945, 1946 and finally 1947.

The play starts with an incredibly loud speech from Wilkinson, and from that point on the first half just keeps filling you in. The nature of the national government ... the gentlemanly diffidence of Attlee and the firmer hand of his Conservative-voting wife ... the need to balance radicalism with pragmatism. No dramatist cramming a lot into an evening can avoid the odd bit of people telling each other what they already know, but the introductions stack up high.

“Clem, you've led the party exceptionally for 12 years but we need change,” one politician rages. “I am the illegitimate son of a farmer from Somerset,” another says. Morrison namechecks “Mr Keynes ... a very clever economist, you know.” They stand around the cabinet table banging on at one another, and it feels like a nightmarishly long introduction to people at a party, at the end of which you can't remember anyone's name.

There is much arguing in *The Promise*, but little actual drama. No time. Too much ground to cover. Everything is high stakes, which makes everything low stakes. Theatre does feelings better than it does facts, but how are we meant to feel about any of this, beyond pride in the NHS and those who fought for it? The few moments of quieter conflict in the second half tease a more streamlined, satisfying telling of the tale.

It's fluidly staged and about as well acted as it could be. Yet for all this yacking I left *The Promise* with only a vague sense of how the NHS got formed, of the nature of the conflict between pragmatism and pig-headed idealism. And I really don't know what to make of the lengthy and dismissive speech that a vision of Winston Churchill gives Wilkinson as she slowly dies in the snow. *The Promise* told me a lot of things, yet gave me little to hold on to.

“**Bevan looks at colleagues as though they were the virus and he was the vaccine**”



For tickets, visit thetimes.com/tickets



ALSO RELEASED

The Ministry of Ungentlemanly Warfare
Guy Ritchie, 16+, 120min
Prime Video from Jul 25



What's going on with Guy Ritchie? Is he struggling with especially high mortgage repayments? There must be some explanation for his relatively recent reinvention as a slapdash purveyor of quickie B-list dross, writes Kevin Maher. This latest misfire cuts the deepest because it so clearly lies within Ritchie's purview. Like *Lock, Stock* meets *Where Eagles Dare*, it's the true story of a wartime mission in which an eccentric band of British special forces soldiers must steal enemy supply ships from a west African island.

They include a gay Danish bodybuilder (Alan Ritchson) who cuts out the hearts of his Nazi victims and a suave mass-murdering lawbreaker (Henry Cavill). Ritchie simply plods through the mission, across cheap sets and with oodles of machinegun battles. It unfolds like the worst schoolboy homage to *Inglourious Basterds*.

HELEN MURRAY

ON RECORD

Unsettling seduction

Chrystabell & David Lynch
Cellophane Memories

★★★★
Sacred Bones



Hollywood may no longer be willing to finance films by a unique cinematic

voice but, undeterred, David Lynch has translated his vision — dreamlike, unsettling, hinting at hidden truths — into music. There are parallels to the beloved *Twin Peaks* soundtrack: Chrystabell's deep, mournful voice rolls up and down the vowels much like Julee Cruise's did, and

Lynch adopts a similar use of space and atmosphere as the composer Angelo Badalamenti. But there is also a quality all of the pair's own; a sense of calm, but with a suggestion of something horrible happening just out of view, which is evoked by stretched hums of synthesizer notes, dusty guitar twangs and Chrystabell's seductive lull. So *Much Love* evokes a fairytale romance that will end in disaster, *Sublime Eternal Love* finds her gentle tones layered into a mournful harmony. For Lynch fans, this is the same Chrystabell who starred as Agent Tammy Preston in *Twin Peaks: The Return*. **Will Hodgkinson**



Going for a song?

NEWS This week Hipgnosis Songs Fund, famous for buying up back catalogues of the world's biggest songwriters, delisted from the London stock exchange. The company was sold to Blackstone for \$1.6 billion, marking the end of a song-ownership gold rush, during which Bruce Springsteen sold his back catalogue for \$500 million. **WH**

Book ASAP for DC

TOUR Fontaines DC are one of the most compelling bands to emerge from Ireland in years. Now they're also one of the biggest. They are heading to a few UK arenas with their unexpectedly superb new album *Romance*. **WH** *Alexandra Palace, London N22, Nov 22 & 23; Utilita Arena, Cardiff, Nov 24; Plymouth Pavilions, Nov 26; Motorpoint Arena, Nottingham, Nov 27*

From the Olympics to Edinburgh

CLASSICAL Nobody told Alexandre Kantorow his performance of Ravel's *Jeux d'eau* (*Water Games*) at the opening ceremony of the Paris Olympic Games was going to be immersive. But there the 27-year-old was, playing gorgeously as the rain ruined the instrument.

There are still tickets left for Kantorow's recital debut at the Edinburgh International Festival on August 8 — pretty



remarkable given that he, along with the South Korean Yunchan Lim, is one of the hottest twentysomething pianists. Lim won the Cliburn competition in Texas in 2022; three years earlier Kantorow became the first French pianist to win the gold and the Grand Prix at the Tchaikovsky Competition in Moscow. Who's better? The world is big enough for both without raining on either virtuoso's parade. **Neil Fisher**

SASHA GUSOV

Art turns its guns on the politicians

Banksy, Cold War Steve and the king of doomy photomontage Peter Kennard prove what a powerful weapon protest can be

Waldemar Januszczak



We appear to be in a golden age of political protest in art. OK, perhaps "golden age" is pushing it. But it's definitely a fine time for artistic moaning.

Pretty much every day on what was Twitter and now is X, the energetic agitator Cold War Steve (the pen name of Christopher Spencer) is laying into Farage, Trump, Putin and God's newest gift to political satire JD Vance with relentless pictorial comedy. The graffiti artist Banksy found a new way to annoy the captain of the village bowls team by launching a boatload of inflatable refugees across the sea of spectators at Glastonbury. And now the Whitechapel Art Gallery has given a retrospective to Peter Kennard — the king of doomy photomontage.

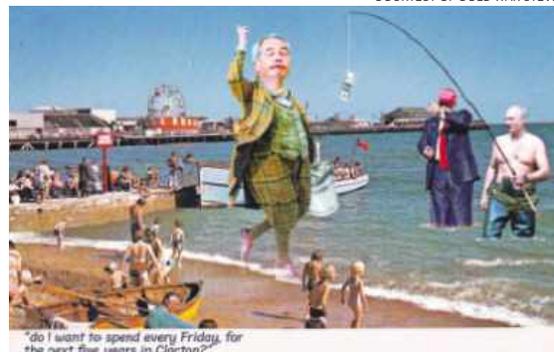
Some will find it annoying that these creative subversives keep popping into their eyeline to opine on matters outside their artistic lane. But not me. Artistic protest is a sign of

healthy national aesthetics, and has been since the days of Hogarth and Goya. Give me an artist taking pops at the establishment any day rather than cowardly narcissists spraying pictures in museums or fouling historic monuments. Use art, don't abuse it.

I was walking round Notre-Dame last week, not the famous cathedral in Paris but the less famous gothic masterpiece in Dijon, when I came face to face with the leftovers of the iconoclasm of a previous era, above the entrance porch to the church. Once, there was a classic Last Judgment there, weighty and emotional, a gothic assessment of human worth, with good people, bad people, saints, angels and Jesus. After the French revolutionaries had finished attacking it in 1794 all that remained was a sea of broken stones with jagged edges. Everything recognisable had been hammered off.

So I remembered the oil protesters dousing Van Gogh's *Sunflowers* with tomato soup and smearing Stonehenge with orange slop. I remembered the Taliban in Afghanistan blowing up the Bamiyan Buddhas. I

COURTESY OF COLD WAR STEVE



“
Cold War Steve lays into his subjects with pictorial comedy



remembered Mary Richardson, the suffragette with a meat cleaver who attacked Velazquez's *Rokeby Venus* and went on to head the women's section of Oswald Mosley's British Union of Fascists. What is it about art that triggers the destructive instincts of iconoclastic vigilantes?

The question stayed on repeat as I made my way round the grumpy, brooding Kennard display at the Whitechapel where it constitutes some sort of reverse summer treat. Why dream of sunshine and piña coladas when you can be reminded at every step of man's inhumanity to man, the horrors of war, the greed of big business, the despoliation of the land by the energy giants? They are all classic Kennard subjects. And every time he airs them he

Art of war

Haywain with Cruise Missiles, 1980, and Union Mask, 2007, by Peter Kennard. Below left: A work by Cold War Steve. Below: Banksy's inflatable refugees at Glastonbury

emphasises what a powerful weapon art can be when you seek to employ it rather than destroy it.

Born in 1949, Kennard has plenty to remember. His chief weapon, photomontage, was invented early in the 20th century when photography and printed images became widely available. By clipping out pictures from magazines and newspapers, and rearranging them – the original cut-and-paste job – artists could send the familiar world in unfamiliar directions.

Photomontage was first employed by the dadaists during the First World War to point out the absurdity of global conflict. In Germany it was taken up brilliantly by John Heartfield, Hannah Höch and George Grosz to bash the Nazis. In Bolshevik Russia it became

the signature style of poster makers and propagandists. A good piece of photomontage arrows into you and makes its point instinctively; stirring optics delivering an explosive message. Kennard's most famous work, a rethink of Constable's *The Hay Wain* in which the wooden cart is ferrying cruise missiles across the pond, was made in the 1980s as a response to US bases storing nuclear weapons in East Anglia – Constable country. At CND marches and the rousing Greenham Common protests of the Thatcher era, his punchy photomontages dominated the placards.

Why is photomontage so effective? I think it's something to do with its relationship to the everyday. In a photomontage you are moving around the furniture rather than replacing it; tinkering with familiar realities rather than inventing new ones. If, like Kennard, you are old-fashioned enough to favour black-and-white imagery as your source, then your work also has a spectral quality to it; something ghostly and profound.

A gas mask with missiles emerging from its mouth; nuclear silos growing on a glowing Earth – the Earth as seen from the first moon



“
Kennard's take on *The Hay Wain* was a response to US nukes in Suffolk nuclear bases

landing; a giant hand brandishing a giant bomb; a skeleton taking off its Margaret Thatcher mask. Every picture in the Whitechapel show is intent on proving it is worth a thousand words, but the blackness and whiteness gives them a nostalgic air as well: a distant whiff of Michael Foot.

It's an atmosphere you don't get with Cold War Steve, whose daily attacks on Farage in Clacton or Trump golfing with Putin have something of the naughty seaside postcard about them. They lack the gravitas of Kennard's dark art; the biblical air.

One of the points made by this doomy Whitechapel event, arranged as an archive spanning Kennard's career, is that the artist has had to flit around to get his accusations aired. Once his work appeared in newspapers and on the covers of political magazines. Not any more. There's a sense here of an age that has passed. Cold War Steve and the internet go together in ways that Peter Kennard and the internet never will.

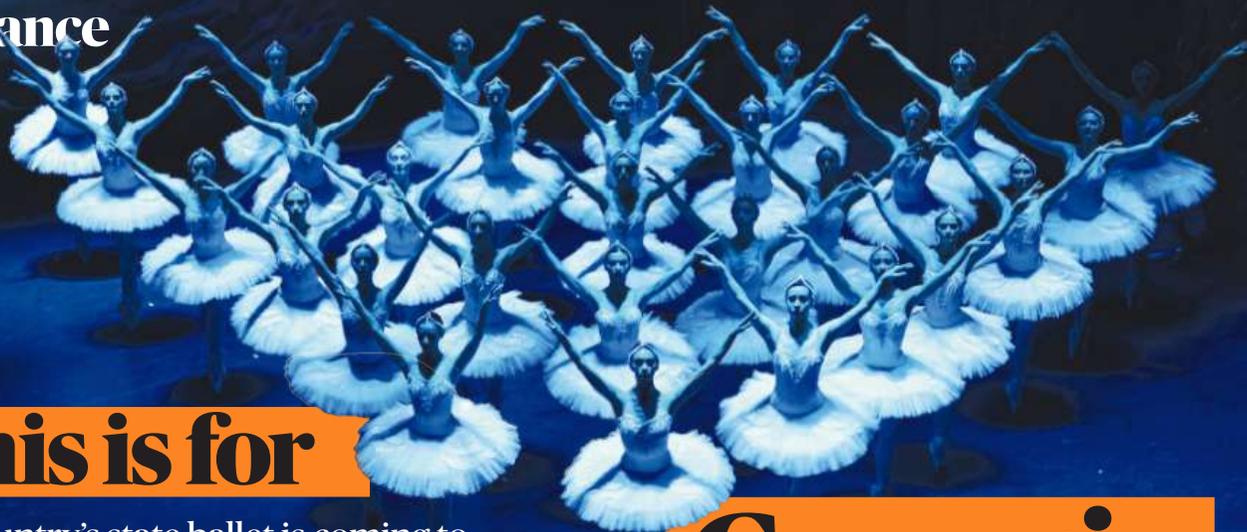
Dammit. Even political nostalgia isn't what it used to be.

Peter Kennard: Archive of Dissent is at the Whitechapel Gallery, London E1, to Jan 19



LUKE BRENNAN/REDFERNS

“
Banksy found a new way to annoy the captain of the village bowls team



This is for

The country's state ballet is coming to London for the first time — and sending a message, says *Blanca Schofield*

Georgia

When Nina Ananiashvili was dancing with the Bolshoi ballet in the Eighties, the Soviet authorities had control over her movements. “When we finished our tour they always took our passports and they were locked in the office,” the Georgian former ballerina says. After the fall of the USSR she found out about invitations that had been hidden from her, such as from John Neumeier, the director of the Hamburg Ballet. She has fond memories of dancing in London when “we became free” and finally meeting the great choreographer Kenneth MacMillan in 1990. “It’s a different feeling when you are free,” she says. “It’s really difficult to explain.”

Ananiashvili, 61, is now the artistic director of the State Ballet of Georgia and is bringing her company to London for the first time in its 175-year history, to perform *Swan Lake* at the London Coliseum. She is clear about her aim for the performances: “I want to show our level of classical ballet; I want to show Georgia is international.”

Ananiashvili is talking to me from her office in Tbilisi between rehearsals. She is joined by the principal ballerina, Nino “Nini” Samadashvili, who says: “I’m very excited and nervous. We’re going to show our country, our company to the audience.”

With the Bolshoi and the Mariinsky, who used to be regulars in the UK, banished, there is a gap to be filled. And

now is a significant time to be showcasing Georgian identity. The country is caught between Europe and its Soviet past, with a Putin-linked oligarch wielding power and mass protests this summer over a “foreign influence” law that many worry is similar to that used in Russia and is already affecting EU-Georgian relations.

“I was protesting. Everybody in my generation went out to fight for our independence,” Samadashvili, 31, says. “I don’t know what’s going to happen and now I’m trying to concentrate on ballet.” Ananiashvili didn’t go to the protests, but her family did, including her husband, Grigol Vashadze, an opposition politician who recently quit. “It was really stressful for all of us,” she says quietly.

Yet throughout most of the interview Ananiashvili is determinedly positive about Georgia. She says it’s “wonderful” that they live in a democratic country where young people “can say everything”, and talks about the transformation she has seen since moving back in 2004 after her work for the Bolshoi and the American Ballet Theatre. “[When] I moved to Tbilisi there were no lights, no heat, no cars in the street. It was such a bad period in Georgia. People didn’t have food, they didn’t have a salary. Years later, the country has changed ... our streets now have better lighting than any other country. It’s really pretty and beautiful.”

Take a bow
The Georgian State Ballet’s *Swan Lake*.
Below: Nina Ananiashvili

She mentions lights because there is a memory that stands out from 1987 during her time working for the Bolshoi. “It was in Paris, I’m dancing *Raymonda* and *Giselle*. I see beautiful Christmas lighting in the street and I say, ‘Oh my God, it’s so sad that my family cannot see this beauty – how beautiful it is to have lighting this good on streets and shops.’ I was so upset.”

She still has friends in Russia. Samadashvili also has lots of Russian friends from ballet, although they have moved away because they don’t support the war in Ukraine. Ananiashvili mentions the Russian invasion of the northern Georgian territories of South Ossetia and Abkhazia in 2008 and talks about her longing for “Ukrainian freedom”. But she refuses to be antagonistic.

“We want to enjoy Europe because we feel part of this family. This doesn’t mean we want to fight Russia. We want to be neighbours,” she says. “We are just four million [people] ... we want to save our language, our culture, our everything. All our history; we’re fighting for that.”

And so to the forthcoming spotlight on Georgia in London.

Why did they choose *Swan Lake*? It’s a ballet with a weighty history. Soviet state-controlled TV channels played it to block news coverage of the coup against Gorbachev in 1991. In 2022 the independent channel TV Rain used it to sign off when it had to stop

broadcasting after pressures from the Russian authorities. The four ballerinas from the *Dance of the Cygnets* have appeared as protest graffiti in Russia and the group Pussy Riot released a music video called *Swan Lake* in 2023.

But Ananiashvili offers an apolitical explanation for her choice. “If people see *Swan Lake* danced well, it means the level of the company is good.” I ask Samadashvili if she takes inspiration from any particular production or dancer. “Did you see this picture?” she replies, smiling adoringly as she points to a photograph hanging on the wall behind them of Ananiashvili as Odette. The two are close, and Ananiashvili calls her dancers “my children”.

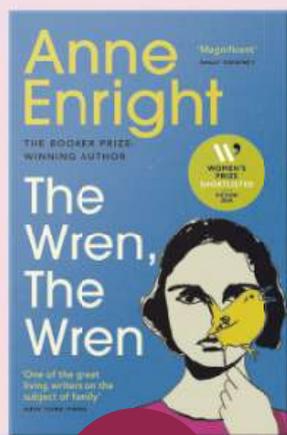
Ananiashvili has staged *The Nutcracker* in a Georgian context, moving the story to early 20th-century Tbilisi and including some traditional dances. But, she insists, don’t expect that here. This *Swan Lake* “is a full classical production”. She tells me that the Coliseum producers, one of whom she knows from her Bolshoi days, are taking a risk inviting them over.

“We are not Bolshoi, Mariinsky, Royal Ballet. We don’t have a name in the ballet world where people would go and immediately buy tickets. So it’s very difficult,” she says. “But I’m so thankful. They do this for me personally, I feel, and for my country.”

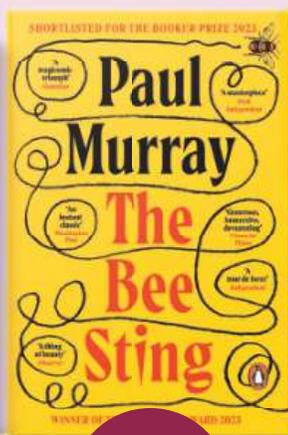
The State Ballet of Georgia performs Swan Lake at the Coliseum, London WC2, Aug 28-Sep 8, londoncoliseum.org

“**We want to enjoy Europe, we feel part of this family**”

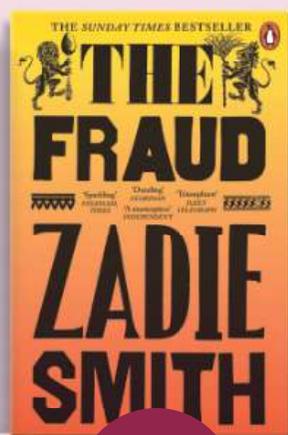




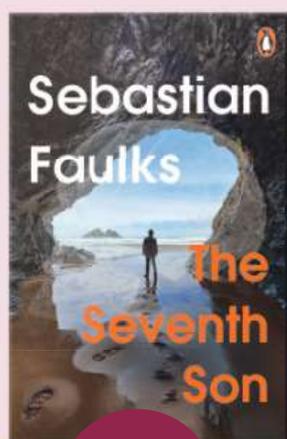
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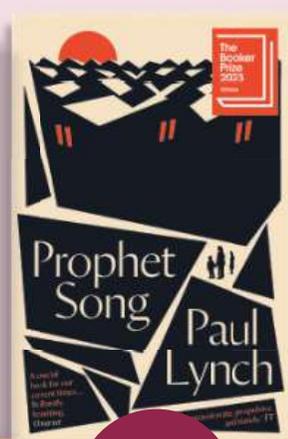
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Books

One last rant from the sidelines

The colourful Labour MP Jess Phillips rails entertainingly against Tory duplicity – but now that she’s a minister we expect more than a stand-up routine

Book of the week

Let's Be Honest
Truth, Lies and Politics
by Jess Phillips
Gallery £20 pp256

Charlotte Ivers

Jess Phillips's *Let's Be Honest* is billed as a treatise on political lying. This is a treatise with a solution. "The only way forward," Phillips writes, "is to end the era of political lying once and for all." If only someone had thought of that before!

The premise of this book is that Phillips – a well-known Labour MP – will take us through the many ways in which politicians lie: by disassembling, distracting and telling half-truths. As it turns out, this book is itself an example of the phenomenon

Phillips describes. The premise of this book is a lie. *Let's Be Honest* is not really about lying.

This book would more honestly be advertised as a random collection of the author's thoughts on politics, current affairs and the world in general. That, however, is rather harder to sell to a publisher. Particularly, no doubt, when the author in question has already published three books that fit that description. So "lies in politics" it is. Just about.

In fairness, throughout there are some gestures towards the theme. Politicians emphasise culture war issues to divert attention from more challenging problems; slogans are pointless unless they are followed up by action. It's the type of thing you might overhear at the pub, but here it carries just slightly more weight because Phillips is an

MP, so has seen these things at close quarters.

Phillips has spent nearly a decade as a colourful and disarming opposition voice. At the election she held on to her Birmingham Yardley seat with a majority of just 693. She faced competition from a pro-Gaza Workers' Party candidate during a bruising campaign: she was heckled at her count and a campaign activist's tyres were slashed. This despite resigning from her shadow ministerial role last November to vote for a ceasefire in the Israel-Hamas war.

Now she has been reinstated and is a minister in the Home Office with a focus on safeguarding and preventing violence against women and girls. "I don't want to blow my own trumpet," Phillips writes, dishonestly, in *Let's Be Honest*, "but there is literally no one

elected in the UK and much of the world who would be better suited to this job than me." To be fair to her, she is probably not wrong. Her career has been dedicated to these issues, and before entering politics she ran refuges for victims of domestic violence in the West Midlands.

This book, however, was written during her time as an opposition backbencher, when we had a Conservative government. To no great surprise, most of the problems Phillips finds with our political system come down to the presence of that government. Consequently, *Let's Be Honest* reads like a relic from a forgotten age. A book that might six months ago have elicited clichés like "searing critique" and "urgent and necessary" reads like a Peter Kay stand-up set. "Oooh, who remembers Liz Truss?"

“

The premise of this book is a lie – it's not really about lying



“Who remembers the one-term Tory MP Nick Fletcher, who got a little too into the culture wars?”

Not me, Jess. Not anyone, really. It’s over to your lot now. *Let’s Be Honest* is a gallop through some of the Tory sins of the past decade. But those looking for a proper insight into our government institutions – and why they do not work and did not work for much of the past decade – would be better served by reading Rory Stewart’s memoir *Politics on the Edge* (last year’s Times politics book of the year). This is for the simple reason that Stewart was actually for a time part of that government so has more inside knowledge of what went wrong.

Phillips, meanwhile, is left guessing. She proposes, for example, that the chancellor Jeremy Hunt touted the



abolition of inheritance tax this year not because he wanted to do so, but because he was trying to “create a dividing line”. Phillips writes: “It was merely an act of division. He did it because he wanted the Labour Party to come out and slag it off.” The Conservatives “had no intention of abolishing

inheritance tax, they just wanted to let it be known for the sake of electioneering that they think you should keep all the money you have.”

Perhaps. But then perhaps Hunt actually wants to get rid of inheritance tax. I don’t know for sure, and Phillips doesn’t either because neither of us worked with Hunt in the Treasury. Accusing your opponents of nefarious motives without proof is exactly one of those subtle ways in which politicians dissemble and subtly lie – which this book is supposed to be combating. We saw a similar spat between Hunt and Rachel Reeves this week – Reeves now able to claim the benefit information gleaned by being in government, Hunt claiming she is also dissembling.

“Jeremy Hunt’s inheritance announcement is a f***ing stupid idea, it will not happen,” Phillips writes. (The word “f***” – for what it’s worth – appears 25 times in this book in its multifarious forms, once every ten pages. The word shit, 40 times: mostly as a suffix of “bull”). This at least is correct because now Labour is in power and it is Labour’s turn to come up with ideas for opposition backbenchers to call “f***ing stupid”.

It is thanks to this that Phillips’s book remains a valuable read. She has clearly thought deeply about what she intends to do in government, and anybody with an interest in preventing violence against women – which is, presumably, all of us – would be well served to read the chapter on that theme.

Phillips also identifies a few key structural challenges that this new government will face. She is correct to highlight the “computer says no” attitude of many parts of the British state: an unwillingness to move fast and break things. “There is absolutely nothing I have tried to change in the decade I have been an elected representative where I haven’t been pushed back with a million reasons why the thing I want is not possible.”

As a nation, she writes, our “expectations are at the same time phenomenally low and far too high”. To take the area of criminal justice as an example, we have been “trained to accept that if our

3 BOOKS TO UNDERSTAND POLITICS

Politics on the Edge

by Rory Stewart

Stewart’s memoir of his time as a government minister. The ultimate recent insider account of the institutional barriers politicians face to actually getting anything done. *Jonathan Cape*

Power Trip

by Damian McBride

Gordon Brown’s spin doctor’s memoir of the previous Labour government is the best account I’ve read of how power works. *Biteback*

Head North

by Andy Burnham and Steve Rotherham

I really enjoyed this part memoir, part manifesto from the Greater Manchester and Liverpool mayors. *Trapeze Charlotte Ivers*

house was burgled, it is perfectly normal to wait seven days for a police officer to visit our home”.

She also says: “UK politics’ inability to take a long-term view into the future and to bring people with them is an utter curse that leads to masses of spending on short-term sticking plasters.” Correct. In the next few years Labour will be forced to make difficult decisions about the future of, for example, the NHS. Does it choose a simple, popular quick fix? Or does it risk temporary unpopularity in the hope of long-term improvement of the country? The Conservatives, Phillips rightly points out, often chose the former. What will her party do? We don’t yet know.

Overall, this is an entertaining book that suffers from having been published at precisely the wrong time. Still, I suspect that, given the choice, Phillips would rather have a Labour landslide and a slightly irrelevant book than vice versa. *Let’s Be Honest* is the book of someone shouting from the sidelines, whose author now has the power to change things. Good luck to her.

Swearing in
Jess Phillips
and, left, on
Have I Got
News for You

“
The f-word appears 25 times in this book, the s-word 40 times



The battle for the best wartime leader

An American historian argues that FDR was the greatest strategist of 1939-45 — but surely Stalin was more effective

History

The Strategists Churchill, Stalin, Roosevelt, Mussolini and Hitler — How War Made Them, and How They Made War by Phillips Payson O'Brien
Viking £25 pp554

Max Hastings

One of the more popular counterfactuals about the Second World War is founded on the thesis: what if Chamberlain had cosied up to Stalin in the 1930s instead of giving him the cold shoulder? There would have been no 1939 Nazi-Soviet Pact, thus Hitler would not have dared to invade Poland.

As the American-born historian and University of St Andrews strategic studies professor Phillips Payson O'Brien recounts in his new book, *The Strategists*, Stalin professed eagerness to join a western anti-German pact. All that was needed to make it happen was for Britain and France to pay his minimum

tariff: acceptance of the absorption of Latvia, Lithuania and Estonia into the Soviet Union.

The author writes: "To the practical Stalin, western reluctance to sign away these small, weak states was astounding." It is a perpetual characteristic of history, vividly in evidence during the Second World War, that national leaders display cultural incomprehension of each other.

Hitler refused to believe that Britain would continue to fight him after its humiliation in France in 1940, then wildly underrated the power of the Soviet Union and the US. Mussolini made a wise call in 1939 by refusing to join Hitler's war, then switched to a suicidal one the next year, by following the Nazis in their march across Europe in a jackal's pursuit of a share of the spoils.

Stalin made a series of catastrophic blunders before and after Hitler launched Operation Barbarossa against him, but then learnt to delegate to able commanders and emerged from the war having forced the western

allies to bow to his will about the fate of eastern Europe.

Churchill placed a faith in French military might that in June 1940 was confounded. Thereafter, however, he displayed wisdom and got most of his way about Anglo-American strategy until he was marginalised and humiliated by Stalin and Roosevelt during the later stages of the conflict.

FDR is the hero of O'Brien's tale: the man whose belief in the dominance of air-sea power in a global conflict was triumphantly vindicated. Long before Pearl Harbor he set about creating huge American naval and air forces, which during 1944-45 became invincible across the oceans of the world, dwarfing British maritime forces.

The author is committed to rehabilitating the reputation of FDR's chief of staff, Admiral William Leahy, of whom he has published a revisionist biography. Leahy was regarded by many of his contemporaries, especially British warlords, as a lightweight alongside the towering army chief George Marshall and the navy's monstrous tyrant Admiral Ernest King.

O'Brien, by contrast, considers Leahy the president's intimate partner, who translated Roosevelt's vision

Warring heads

Hitler, Stalin, Roosevelt, Churchill and Mussolini



The US in 1945 was the only nation to make a cash profit out of the struggle



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into operational strategy and during the final months of the president's life even drafted important missives in his name. This book's most important argument is that the western allies, and especially the US, were proved decisively right in viewing the Second World War as an oceanic struggle. Meanwhile, Hitler's belief that he could triumph through land blitzkriegs was proved disastrously mistaken.

O'Brien's early chapters address the military and naval experiences of his protagonists before 1939, which did so much to form their ideas of strategy when they became warlords. Hitler, an undistinguished soldier in the First World War, became wedded to a belief in his own genius and the notion that the biggest and heaviest tanks, guns and warships must be best.

If he had focused his navy's building programme on submarines, rather than creating the vast Bismarck and Tirpitz battleships that achieved almost nothing, the Battle of the Atlantic might have unfolded differently, the author says. As it was, there were never enough U-boats for Germany to possess a realistic chance of severing the vital link between Britain and the US.

Mussolini and Churchill

shared a belief in the power of the will to overcome, even when material means were in short supply on the battlefield. The Italian leader's catastrophic mistake was to enter the war at all; had he kept neutral he might have died in his bed at a ripe old age, as did his fellow fascist General Francisco Franco of Spain.

O'Brien writes that Roosevelt was "one of the most far-sighted and prepared of all the grand strategists," and applauds his judgment in paying lip service to the Churchillian doctrine of "Germany first" – by far the more dangerous adversary – while in reality committing roughly equal US resources to the Pacific theatre. Many writers, including me, are less impressed by Roosevelt's performance as a warlord, focusing instead on his huge moral authority and his nation's dominant industrial might.

But it is entirely right for each generation of historians – and O'Brien is two decades younger than me – to think anew about everything. His most important criticism of Roosevelt is that, while he thought much about ways and means of winning the war these "seemed disconnected from the ends". FDR and Churchill allowed Stalin almost free rein in eastern Europe. This was, first, because they felt unready to join the campaign on the continent until June 1944, and second, because the leader of the US had no coherent postwar view.

The book makes the best possible case for Roosevelt's supremacy as a strategist, but Stalin's claims to that title seem, to some of us, greater. It has been often remarked that while the leaders of Britain and the US sometimes got their way in the wartime councils of the allies, Stalin always did.

We may qualify that by acknowledging that the Soviet Union's tyrant failed to bludgeon the western warlords into launching D-Day in 1942 or 1943. But while America in 1945 had become the only nation to make a handsome cash profit out of the struggle, Russia was rewarded by western acquiescence in its vast land grab – spoils it retains to this day. Britain got some glory, which is still paraded by Faragian jingoes, at the price of bankruptcy.

Confessions of a psychotherapist

Natalie Cawley treats phobias, PTSD and porn addictions – while battling her own demons

Memoir

Just About Coping
A Real Life Drama from the Psychotherapist's Chair

by *Natalie Cawley*
Picador £16.99 pp336

Helen Davies

Life is messy. If you need help – and more of us seem to in the 21st century – then confessing your deepest fantasies and anxieties and seeking solutions (even absolution) is now more likely to take place on the therapist's couch than in a church confessional.

In small, nondescript rooms all over the country, desperate people try to fix themselves. The goal is rewarding, but the process can be a risk for the patient and the professional, as Natalie Cawley's debut, *Just About Coping*, details.

This coming-of-age memoir deals with twentysomething fears, life in London, drunken nights out and staying up till dawn with friends attempting to find themselves. It mixes it with the 400 clinical hours and 80,000 word PhD on self-harm required for her training as a psychotherapist – as well as her experience of receiving therapy.

Cawley has a likeable, self-deprecating tone and writes engagingly about the darker aspects of life. One of the first patients she meets is Adam, 6ft 6in tall, with treatment-resistant schizophrenia, who arrives in hospital after throwing himself from the top of a two-storey car park, believing he would fly. (He had delusions of being Pegasus.) Each member of staff is assigned to safeguard a specific part of his body when he routinely charges at a concrete pillar in the ward.

Talk it over Natalie Cawley plumbs the darker side of life

Cawley is cheerily honest about her profession.

"Therapists sit on a continuum from fantastic to downright crap," she says. She will also admit her mistakes, such as the time she said, "Nice you've brought your mum along," and the woman said: "I'm the wife."

The disclosures are as diverse as they are diverting. There are betrayals, breakdowns, borderline personality disorders and the "eye poppers": patients who feel almost addicted to having children (one had 18), and the



Some patients feel almost addicted to having children (one had 18)

deceivers who are living double lives. There's Harry who likes wearing ladies' silk underwear, and Mike, a former police officer who lost his job when he went to a brothel when he should have been on duty and is a porn addict, watching seven hours a day.

Her interventions are compassionate and often creative. There's a little boy who has type 1 diabetes and a needle phobia who is treated by watching videos of men

running at full speed into cacti. "At least that's not me," he says.

Among the most heartbreaking is Tom, a London Underground technician who suffers from PTSD after he witnessed the decapitation of a cleaner when an escalator wasn't switched off properly. He is left barely able to sleep and shouting out names of Tube stations.

And Peggy, a young girl whose arms "are a patchwork of pain" and who once swallowed five razor blades. She is a prolific self-harmer and her self is fragmented into so many parts that she struggles to have them all work together.

It turns out that Cawley, who admits to being "racked with internalised shame and paranoia and self-doubt", is also struggling. She confesses that she has to breathe into a paper bag to cope with her panic attacks and that her focus on other people's feelings was a coping mechanism as she hid from her own.

We hear of a six-year university relationship with Steve that ended just before they were due to move in together with a four-word text, "I can't do this," and gaslighting Raff, who paid Italian strangers in drinks so they would pretend to be his family. It's fair to say that being a therapist does not shield you from pain. Indeed one of the most profound and piercing recollections in the book is the news that her mentor and supervising psychologist took her own life.

"I marvel at how she brought peace to so many others, me included, when all the while she was battling her own devastating inner turmoil," Cawley writes and the shock compounds her own trauma. The details are hazy for legal reasons, but Cawley was crushed at a party and an x-ray revealed she had broken her neck in two places. She was extraordinarily lucky – and unlucky – and her recovery is both a mental and a physical one.

For those who want tips, they are woven in: Everyone has a negative internal monologue at some point, other people's grief can be re-traumatising, sleep is healing, alcohol really isn't, and talking really does help.



How to fix the housing crisis

Kwajo Tweneboa grew up in shoddy council flats – and wants to make them better

Housing

Our Country in Crisis
Britain's Housing
Emergency and How
We Rebuild
by Kwajo Tweneboa
Trapeze £20 pp288

James Riding

“Some people underestimate the power of having shelter or a roof over your head,” writes Britain’s pre-eminent housing campaigner, Kwajo Tweneboa. After one night of play-acting, I believe him. In March I slept outside for a charity fundraiser. Even with a sleeping bag, it was shatteringly cold. I managed about two hours of dazed half-sleep; morning came

as a miracle. As I staggered off to work, I contemplated how anyone could go through such disruption and live a life beyond pure survival.

Tweneboa does not need to play at homelessness. He was 12 when his family were first evicted from their home in south London and forced to sleep in a succession of hostels. In *Our Country in Crisis*, his memoir-manifesto, he recounts how at one point “we slept in one of those big yellow storage units, on top of the furniture that was being stored there from our old flat”.

After years of bidding for council housing and a spell living in a converted garage, Tweneboa’s father, Kwaku, who has since died, was given a housing association property.



Only 15 per cent of people in social housing are foreign-born

But the home was in “complete disrepair”, decayed with damp, mould and vermin. Later that year Kwaku was diagnosed with oesophageal cancer. Tweneboa began to post videos online of the abject conditions.

He became the voice of his estate and then social renters across the country, shaming housing providers into issuing overdue repairs and public apologies. The 25-year-old is now a fluent and commanding broadcaster who addresses MPs in parliament and discusses homelessness with Prince William, while continuing to wear his trademark tracksuit.

In his first book, Tweneboa sets out to show that the housing emergency “isn’t just a faceless entity, but real people with real pain”. He visits

nightmarish social housing where “you could feel the weight of the damp on your chest” and a family home where cockroaches seethe under the children’s bed. The infestation was so bad that engineers refused to visit. “I found it astounding that you could consider a house being unsafe for engineers, but fine for a mum with young kids to live in,” he writes. He meets a



The Sunday Times Bestsellers

● The week’s runaway bestseller is Colleen Hoover’s 2016 novel *It Ends With Us*. Readers are catching up on the plot before they head to the cinemas to see Blake Lively star in the film adaptation next week.

● Cinema fans of a different persuasion have turned to *The Book of Elsewhere*, the debut novel by Keanu Reeves, co-written with China Miéville. The *John Wick* actor is now a box office and bestseller hit.

The lists are prepared by and the data is supplied by (and copyrighted to) Nielsen BookScan, and are taken from the TCM for the week ending 27/07/24. Figures shown are sales for the seven-day period.

General hardbacks

		Last week	Weeks in top 10
1	The Power in You Rachaele Hambleton (Robinson £20) The family campaigner and social media star shares self-help advice (2,430)	—	1
2	Autocracy, Inc Anne Applebaum (Allen Lane £20) The rise of new authoritarian powers is explored by the historian and journalist (1,920)	—	1
3	This Is Me Katie Price (John Blake £22) The former glamour model reflects on the highs and lows of her life and career (1,565)	1	2
4	Taylor Swift: Era by Era Caroline Sullivan (Michael O’Mara £16.99) The author and music journalist’s biography of the pop music phenomenon (1,375)	2	5
5	Paris ‘44 Patrick Bishop (Viking £25) A new account of the liberation of Paris, told through the eyes of its participants (1,220)	—	1
6	MILF Paloma Faith (Ebury Spotlight £22) The award-winning singer-songwriter explores what it is to be a woman (960)	3	8
7	Lucky Louise Thompson (Ebury Spotlight £22) The <i>Made in Chelsea</i> star reflects on her childhood and overcoming challenges (860)	8	4
8	Ask Not Maureen Callahan (Mudlark £25) On the Kennedy men’s legacy of physical and psychological abuse of women (825)	15	3
9	Why Has Nobody Told Me This Before? Julie Smith (Michael Joseph £18.99) Clinical psychologist’s advice for navigating life’s ups and downs (775)	5	102
10	The Diary of a CEO Steven Bartlett (Ebury Edge £20) The entrepreneur reveals his principles for business and life (760)	7	23

General paperbacks

		Last week	Weeks in top 10
1	Oh Miriam! Miriam Margolyes (John Murray £10.99) More stories and revelations from the outspoken Bafta-winning actress (7,290)	2	4
2	Politics on the Edge Rory Stewart (Vintage £10.99) The challenges and absurdities of political life are revealed by the former MP (6,480)	1	8
3	Ultra-Processed People Chris van Tulleken (Penguin £10.99) Investigating the science and economics of highly processed food (4,415)	3	13
4	Diddy Squat: Pigs Might Fly Jeremy Clarkson (Penguin £10.99) The ups and downs experienced in another year at Clarkson’s Cotswolds farm (4,380)	10	2
5	Emperor of Rome Mary Beard (Profile £11.99) An exploration of what it was like to rule and be ruled in the ancient Roman world (3,940)	4	4
6	Friends, Lovers, and the Big Terrible Thing Matthew Perry (Headline £10.99) The <i>Friends</i> star on fame, fortune and his struggles with addiction (3,830)	7	5
7	Unruly David Mitchell (Penguin £10.99) Tales of England’s monarchs from the Cambridge history alumnus (3,365)	9	10
8	How They Broke Britain James O’Brien (WH Allen £10.99) The radio presenter and podcaster on the downfall of Britain and who is to blame (3,025)	11	13
9	Atomic Habits James Clear (Random House Business £17.99) The minuscule changes that can result in life-altering outcomes (2,850)	12	155
10	Things No One Taught Us About Love Vex King (Bluebird £10.99) Strengthen relationships by loving yourself first (2,810)	14	11



STEFAN ROUSSEAU/UPA

disabled tenant who had to defecate in plastic bags for a year because no one had come to repair his toilet.

Naming and shaming works. Thanks in part to the author's campaigning in 2022 after the inquest into the death of a two-year-old boy, Awaab Ishak, from exposure to mould, the landlords have belatedly embarked on huge maintenance programmes. The

Flat broke At only 25, Kwame Tweneboah has campaigned with Prince William about homelessness

law is about to force providers to fix dangerous repairs within strict time frames.

Yet Tweneboah traces the root of the crisis far deeper, to what he calls the "rampant" stigma that persists around council housing. "When you rely on housing from the state, it is viewed as an indicator of poverty or a lack of personal achievement," he writes. "It is sad considering social housing was once looked at as something to be proud of."

The number of social homes in England has shrunk by a quarter over the past 40 years, from 5.5 million in 1979 to 4.1 million in 2022, chiefly due to the "right to buy" policy. Stigma leads to neglect, disrepair and "victim-blaming". Shockingly, Ishak's landlord initially blamed the boy's death on his family's "ritual bathing" practices, when in fact 80 per cent of the housing association's homes had damp or mould.

Taxpayers are still paying to house low-income families, but



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their money is increasingly being funnelled through housing benefit to unregulated private landlords who are providing even more hazardous homes than their social counterparts.

So, having exposed the very worst of social housing, Tweneboah pivots to prove that it deserves investment and that we need more of it. He describes the housing sector as a bicycle wheel, with private rents and ownership as the rubber tyre supported by the metal frame of social housing. Rather than council homes somehow fostering delinquency, he argues that secure, affordable tenancies

can ease the cost of living and "prevent crime before it ever has the chance to manifest".

He also debunks the myth that social housing is dished out willy-nilly to asylum seekers: only 15 per cent of people in social housing are foreign-born, including British citizens, while just 1.5 per cent of tenants arrived in the UK in the past five years.

Politics moves fast, and it is a shame the book does not address the general election result. We now have a housing secretary who grew up in a council home: that feels like an important moment.

Our Country in Crisis blazes with conviction. It is worth reading whether you have spent a night in a cardboard box or not, and especially if you are inclined not to believe that state-provided homes are an antidote to the housing crisis. Tweneboah is unsparing on the flaws of social housing, yet utterly convincing that it must be part of the answer.

Fiction hardbacks

		Last week	Weeks in top 10
1	 When the Moon Hatched Sarah A Parker (HarperVoyager £20) A rebel assassin is rescued from certain death by a dragon rider (6,535)	5	7
2	The Book of Elsewhere Keanu Reeves and China Miéville (Del Rey £22) An immortal warrior strives to find a way to free himself from existence (4,575)	—	1
3	You Are Here David Nicholls (Hodder & Stoughton £20) Will love blossom between two middle-aged divorcees on a coast-to-coast walk? (3,460)	3	13
4	Iron Flame Rebecca Yarros (Piatkus £22) Violet Sorrengail's second year at Basgiath War College; sequel to <i>Fourth Wing</i> (2,430)	7	30
5	The Book of Bill Alex Hirsch (Hyperion £25) The interdimensional demon Bill Cipher from <i>Gravity Falls</i> tells his side of the story (2,315)	—	1
6	The Eyes Are the Best Part Monika Kim (Brazen £16.99) A Korean-American student struggles to stop indulging in her worst impulses (1,975)	—	1
7	What Have You Done? Shari Lapena (Bantam £18.99) In a sleepy town in Vermont a high school student is found dead in a field (1,765)	8	2
8	The Suspect Rob Rinder (Century £20) A junior barrister investigates the death of a beloved British TV presenter (1,385)	10	4
9	All the Colours of the Dark Chris Whitaker (Orion £20) The search for an abductor and an abductee takes place over decades (1,365)	6	2
10	Blue Sisters Coco Mellors (4th Estate £16.99) Three estranged siblings return to their childhood home to stop its sale (1,340)	13	3

Fiction paperbacks

		Last week	Weeks in top 10
1	 It Ends With Us Colleen Hoover (Simon & Schuster £9.99) A first love's reappearance threatens a woman's relationship (15,670)	6	107
2	The Wrong Sister Claire Douglas (Penguin £9.99) A death occurs after two sisters leading very different lives decide to swap places (15,505)	1	4
3	Murder on Lake Garda Tom Hindle (Penguin £9.99) A guest with a killer secret strikes at a lavish wedding on a private island (12,455)	2	4
4	Yellowface Rebecca F Kuang (Borough £9.99) A struggling writer publishes her recently deceased friend's novel as her own (11,055)	4	12
5	A Thousand Broken Pieces Tillie Cole (Penguin £9.99) Strangers go from friends to lovers on a trip around the world for grieving teens (10,960)	12	1
6	A Court of Thorns and Roses Sarah J Maas (Bloomsbury £8.99) A terrifying creature demands retribution after a huntress kills a wolf (10,835)	7	7
7	The Last Word Elly Griffiths (Quercus £9.99) The trail of a dead author leads investigators to a sinister writers' retreat (9,270)	13	1
8	Atlas Lucinda Riley and Harry Whittaker (Pan £9.99) The <i>Seven Sisters</i> saga draws to its conclusion with the story of Pa Salt (9,060)	3	2
9	The Last Devil to Die Richard Osman (Penguin £9.99) The Thursday Murder Club probe the murder of an old friend in the antiques trade (8,640)	8	12
10	The Housemaid Is Watching Freida McFadden (Poisoned Pen £8.99) A former maid is wary of her new neighbours (8,635)	10	7

Children's

1	The Majorly Awkward BFF Dramas of Lottie Brooks Katie Kirby (Puffin £14.99) A new boyfriend means Lottie has little time for her best friends (11,145)	Last week 1	Weeks in top 10 2
2	Reckless Lauren Roberts (Simon & Schuster £9.99) Paedyn Gray is on the run after surviving the Purging Trials; sequel to <i>Powerless</i> (7,245)	Last week 4	Weeks in top 10 4
3	Taylor Swift: Maria Isabel Sánchez Vegara and Borghild Fallberg (Frances Lincoln £9.99) Illustrated biography of the American singer (6,555)	Last week 3	Weeks in top 10 8
4	A Good Girl's Guide to Murder Holly Jackson (Electric Monkey £8.99) A student digs into a cold case, convinced the killer is still at large (6,070)	Last week 5	Weeks in top 10 66
5	Bunny vs Monkey: The Impossible Pig Jamie Smart (David Fickling £9.99) A new but strangely familiar evil genius takes over the woods (5,975)	Last week 6	Weeks in top 10 4

Science

The Underworld Journeys to the Depths of the Ocean
by Susan Casey

Hutchinson Heinemann
£10.99 pp352

James McConnachie

Among the many astonishing things in this book is a fact about money: the US government has an agency for the sea and the air, the National Oceanic and Atmospheric Administration, and for every dollar it receives Nasa gets \$150.

It is a tangible sign of our long neglect of the ocean – our “haunted basement”, as Susan Casey calls it – but that neglect is ending. In the past few years exploration of the sea’s most profound depths has been transformed by cutting-edge submersibles.

Casey is the Canadian author of ocean science thrillers. She has written about great white sharks, rogue waves and swimming with dolphins. Now she turns to the exploration of the twilight, midnight, abyssal and hadal zones, those parts of the ocean below 200m where light disappears.

She shadows scientists and explorers going where, well, no man has gone before. From screens on the surface support ship she watches entranced as a sub goes below 10,000m in the Tonga Trench. The descent starts early in the morning and the pilot is still falling (at a metre per second – roughly the speed of a lift) as the crew have lunch. At the very bottom the water exerts a pressure of 16,000lb per square inch. Casey compares it to the weight of 292 fully fuelled jumbo jets – stacked on top of you.

Her account of these dives must be described as immersive – as well as adrenaline-inducing. Yet what motivates the book is not shallow excitement but heartfelt wonder. In the deepest deep she finds that “everything shimmered with a languid beauty, an uncanny gentleness, an amniotic calm”.

The weird deep-sea creatures, especially, inspire fine writing. When Casey gets to dive in a submersible herself – to the twilight zone, just above 1,000m – she is fascinated by jellyfish. “One



Forget space, explore the sea

This is a thrilling picture of the weird creatures in the deepest parts of our oceans – and the adventurers who are plumbing our world’s unexplored depths

was an opaque gold crown that throbbed like a heart. One was a balloon trailing multiple strings. One was a child’s drawing of the sun.”

She describes the astounding tubeworms found in the so-called Lost City, a forest of smoking vents at the bottom of the Atlantic. Some have “feathery oxblood plumes and violet-white tubes kinked like antique plumbing”, others secrete their own metal armour.

There’s the cusk eel, a “Hindenburg of a creature with beady pinhole eyes and a huge pouty mouth”. There’s the sleeper shark, which has “an oddly gentle vibe, a body as bridled as old granite” and eyes that are blind because a parasite eats its corneas. There are ultra-black fish that absorb 99.5 per cent of light. There’s even a robust assfish.

The human characters in the book – ocean scientists and private equity types – come across less well. Casey seems too bedazzled by them to be objective. The technicians for the submersible building company Triton, for instance, include a tall, tough Floridan

Fishy business

The common fangtooth.
Below: Susan Casey

with “a ‘no bullshit, I’ve seen it all’ Southern drawl” and an Aussie with “curly auburn hair, an athletic build and the sunny vibe of someone whom life had deposited exactly where he wanted to be”.

In particular, she is indebted to the Five Deeps team set up by Victor Vescovo, a navy reservist turned private equity investor. He sounds like a Bond villain: “A lean, kinetic man, six feet tall, with ice-blue eyes.” To be fair, Casey does mention criticism of his goal of descending solo to the deepest places in the world’s five oceans.

Even if Vescovo is



macho, he is brave. At the bottom of the Horizon Deep, the second deepest place on earth, an alarm goes off in his sub. It is an electrical fire. Vescovo calmly shuts off everything he can and continues to explore. On his return, he likens the experience to flying a misbehaving helicopter. Yes, if its engine was on fire, Casey thinks. The risks are real. In June last year the submersible Titan imploded on a dive to the Titanic wreck, killing all five on board.

The real hero of the book, though, is the ocean itself. Casey introduces us to the Denmark strait cataract, a 100-mile-wide current that plunges for 11,500ft between Greenland and Iceland – all below the surface. She describes the nocturnal migration of trillions of fish and crustaceans from the twilight zone to the surface, where they feed before descending again at dawn, “as though the ocean itself were breathing”.

And alongside all this is a welter of historical material, from Charles Wyville Thomson dredging up “splendid goblins” on HMS Porcupine in 1869 to William Beebe, the swashbuckling curator of the Bronx Zoo, who in 1930 made it to half a mile down in his bathysphere. “Only dead men have sunk below this,” he said.

The book ends with the newest threat to the deep ocean – the proposed mining of the seabed for manganese nodules. Casey paints a picture of reckless, extravagant destructiveness and excoriates the UN’s International Seabed Authority, which has approved every application for a mining exploration contract in defiance of scientists’ pleas.

The future of deep-sea exploration may not be romantic, then. It is also likely to be largely robotic. Swarming fleets of drones and soft-bodied robots modelled on snailfish already exist, Casey says, as well as “humanoid mer-bots with stereoscopic eyes and touch-sensitive hands”.

At the same time manned submersibles may become available to people who aren’t scientists or billionaires. A glass-hulled sub may be possible within ten years. I doubt that many of us will get to space, but maybe we can go somewhere better.

An heir to *Gone Girl*

The bestselling writer plays it safe with another twisty family saga



Fiction

Same As It Ever Was
by Claire Lombardo

Weidenfeld & Nicolson £20 pp512

Laura Hackett

Let's call it the *Gone Girl* effect. Gillian Flynn's 2012 bestseller pulled off an incredible twist: switching perspectives halfway through from the husband to the wife. It's a fantastic form for a thriller, but points to a deeper truth: you never truly know your partner.

Same As It Ever Was, by the American author Claire Lombardo, is the latest of *Gone Girl*'s heirs. The novel is split into three parts. In the first we meet Julia, a wealthy

suburban mother of two grown-up children. But as a young, struggling mother, we discover, she befriended an older woman named Helen and had an affair with Helen's handsome son. Meanwhile, Julia's ever-patient husband, Mark, swooped in to rescue her from her folly and forgives everything. Julia, we are led to believe, is selfish, foolish and ill-suited to marriage and motherhood.

But of course, it's not so simple. Over the next two parts, we learn more about Julia's difficult upbringing, the pressure she faced from Mark to marry, as well as his own indiscretions. With the novel constantly flicking back and forth through time, it is hard to remember to worry about the

couple's present concerns, namely, their daughter getting into a substandard college, and their son impregnating his young girlfriend, occasioning a hasty marriage.

Lombardo does a great line in cutting descriptions – one character has “a ponytail that looked like it would whisper about you when you left the room” – and she excels at depicting the compromises required to make a marriage work, the “complicit awareness of not wanting to ruin a good thing whether or not it was the *best* thing, because the best thing didn't exist”. I'm just not convinced this is enough to carry a novel that runs to more than 500 pages.

Lombardo's first book, *The Most Fun We Ever Had*, was an instant New York Times bestseller and a Reese Witherspoon book club pick. It also followed the problems of a wealthy family and was

criticised by some reviewers for being “apolitical, all-white, all-straight”. Lombardo has nodded to these complaints in her second novel, primarily by making Julia's daughter gay and vegetarian. But her heart isn't in it, and the book at times feels chokingly claustrophobic: I was gasping for a breath of air from the world outside their suburb.

Lombardo wants to write about tense dinner parties, the price of wine, neighbourhood rivalries and middle-aged sex between two married people with generous pension funds. I don't really have a problem with that – middle-aged sex and generous pension funds are often just what I want from a beach read, and I expect this book will be just as successful as Lombardo's first. But much worse than the limited scope of this novel is the wasted potential: it seems a shame that Lombardo hasn't used her talents to try something new.

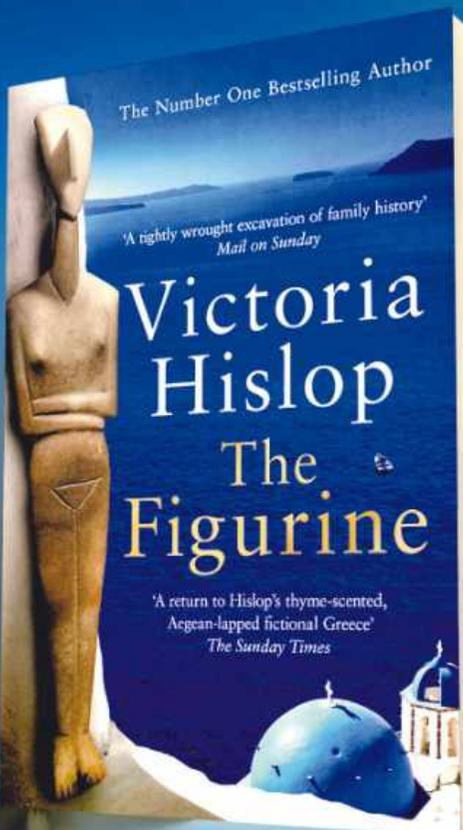
Suburban strife Claire Lombardo



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NINA SUBIN



The Number One Bestselling Author

'A nightly wrought excavation of family history'
Mail on Sunday

Victoria Hislop

The Figurine

'A return to Hislop's thyme-scented, Aegean-lapped fictional Greece'
The Sunday Times

'A born storyteller... her love and passion for Greece shines through with every word she writes. A beautiful, moving and thought-provoking story.'

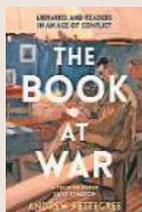
★★★★★

Don't miss the *Sunday Times* bestseller

Now in paperback



PAPERBACKS OF THE WEEK



The Book at War
Libraries and Readers in an Age of Conflict
by Andrew Pettegree
Profile £12.99 pp480

In this magisterial study Andrew Pettegree surveys how books have been put to work during times of crisis. He roams widely, starting with the Roman general Sulla parading through Rome with Aristotle's library as a looted spoil of war. He also takes in Mao's early work as a librarian (hardly any wonder that once in power, the chairman decided to issue his diktats in the form of the Little Red Book). Then there's the fact that Stalin had more than 15,000 volumes in his private library.
Kathryn Hughes

One Fine Day Britain's Empire on the Brink
by Matthew Parker
Abacus £12.99 pp608

September 29, 1923, was the day that the British Empire had reached its maximum territorial extent, ascending a peak of power that is almost unmatched in history. Concentrating on this day, with occasional excursions backwards and forwards in time, Matthew Parker paints a vast picture of the British imperial landscape, from the tiniest islands of the Pacific to the corridors of Whitehall.
Dominic Sandbrook



ST DIGITAL
For more picks, and our choice of the best of 2024, go to [thetimes.com/culture](https://www.thetimes.com/culture)

The forgotten prodigy who rivalled Vivaldi

HISTORICAL FICTION ROUND-UP

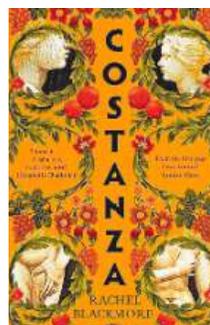
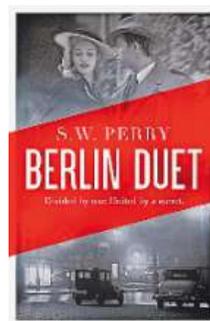
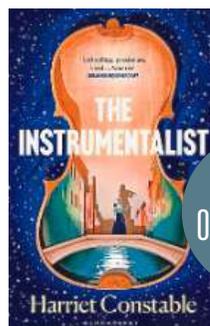
Nick Rennison

The Instrumentalist
by Harriet Constable

Bloomsbury £16.99 pp336
Harriet Constable's impressive debut novel, based on the life of a real woman, conjures up the tumultuous life of Venice in the early years of the 18th century in vivid detail. Her protagonist, Anna Maria, is abandoned as a baby by her mother, a prostitute, at the Ospedale della Pieta, an orphanage and music school run by nuns. As she grows up she shows herself to be a musical prodigy, her gifts as a violinist only enhanced by her synaesthesia – her ability to “see” sounds as colours. Under the tutelary eye of Vivaldi, one of the city's finest composers, she flourishes, but, with her talent and single-minded determination to make the most of it, she threatens to outshine her mentor. Further challenges await her. Constable succeeds in telling an absorbing story of musical rivalry and ambition, and rescuing an unjustly forgotten woman of genius from history's dustbin.

Berlin Duet
by SW Perry

Corvus £18.99 pp448
SW Perry's previous historical fiction has been set in Elizabethan England. With his latest novel he moves to the 20th century. Its central character, Anna Cantrell, leaves a childhood spent in silent-era Hollywood and travels with her mother to Europe. In Vienna, now a young woman and budding photojournalist, she meets Ivo Wolff, a charismatic fascist in the making, and falls for his vulpine charms. Only when they are married with small children and living in Hitler's Berlin does Anna realise the mistake she has made. Helped by Harry Taverner, an English spy who loves and admires her, she escapes the marriage, but the war separates her from her children. Later, amid the rubble of Berlin in 1945, she struggles to discover their fates. Perry is almost too ambitious in



PICK OF THE MONTH

his desire to encompass as much as he can of the era through which Anna lives, but has nonetheless written a powerful, panoramic novel of war and its aftermath.

Costanza
by Rachel Blackmore

Renegade £20 pp432
Costanza Piccolomini is a young woman living in 17th-century Rome, married to a journeyman sculptor named Matteo. He has begun working in the studio of Lorenzo Bernini, the city's most famous sculptor and a man of power and genius. When Costanza meets her husband's new employer, the attraction between them is immediate. Her marriage is in the doldrums, blighted by family pressure to produce children and Matteo's flagging passion for her. Bernini can offer passion aplenty and they embark on a dangerous affair, made more so when the artist uses Costanza as his model. Violence and betrayal await her, but, in Rachel Blackmore's striking fictional retelling of this true history, Costanza refuses to accept a fate as nothing more than a victim of male exploitation.

The Seventh Veil of Salome
by Silvia Moreno-Garcia

Arcadia £20 pp336
In 1950s Hollywood the most coveted female role is that of Salome in a sword-and-sandals epic based on the life of the woman who demanded the head of John the Baptist as a reward for her sensuous dancing. An unknown Mexican woman, Vera Larios, is chosen by the director, but her sudden elevation to stardom arouses the envy of others, most notably Nancy Hartley, a “professional party girl more than an actress”, who is determined to see her own name in lights. Interestingly, Silvia Moreno-Garcia, the author of *Mexican Gothic*, juxtaposes this tale with the “real” story of the biblical Salome. Her writing is lively and convincing when it deals with Tinseltown rivalries, decadence and scandals, but often loses these qualities when she plunges into the distant past of the first-century Middle East.



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SEVEN DAY LISTINGS
AUGUST 4-10

TV & Radio

PICK
OF THE
WEEK



THE OLYMPICS

BBC1 & 2, iPlayer, Discovery+

Will the 800m sensation Keely Hodgkinson, 22, from Wigan, become Team GB's first Olympic champion in the event for two decades? Find out tomorrow night as the two-time European champion tries to emulate Kelly Holmes at the 2004 Athens

Games. Medal chances for Great Britain this week could also come from Zharnel Hughes in the 100m final (Sunday), Dina Asher-Smith in the 200m final (Tuesday) and Matthew Hudson-Smith in the 400m final (Wednesday). Katarina Johnson-Thompson will go for heptathlon glory (Thursday). *Tim Glanfield*

Golden girl? Hodgkinson is aiming for her first Olympic gold

AND IF YOU WANT A BREAK FROM THE GAMES, TRY THESE...

Gladiators

(Sun, Sky Nature/Now, 8pm)

Sean Bean narrates this natural history series that takes viewers around the world to witness epic wildlife battles, from tiny ants to big grizzly bears.



On The Edge

(Mon, C4, 10pm)

The award-winning drama series is back to look at real life in modern Britain, with some of the best new UK film-making talent. Starring Iwan Rheon, right



First Dates

(Tue, C4, 10pm)

Fred Sirieix, below, plays cupid once again for this heart-warming and fun match-making show, which this week features a couple who have never dated anyone before.



Brief Encounter

(Thu, Sky Arts/Now, 8pm)

The *Classic Movies* series tells the story behind the making of David Lean's 1945 film. Celia Johnson, right, and Trevor Howard star.



Blue Ribbon Baking

(Fri, Netflix)

Move over *Great British Bake Off*. In this Netflix series ten top pastry chefs in the US battle it out for \$100,000. Hosted by Jason Biggs, right. TG



BBC 1

- 6.00 Breakfast** Headlines.
- 8.00 Olympics** JJ Chalmers and Jeanette Kwakye introduce live coverage of the first events on day nine in Paris. Team GB are seeking another equestrian crown in the individual dressage Grand Prix freestyle; the tennis competition reaches its climax at Roland Garros with the men's singles and women's doubles finals; the remaining male golfers tee off on their final round at Le Golf National; and British stars Dina Asher-Smith and Daryll Neita are set to feature in the women's 200m heats
- 1.00 News; Weather** Reports.
- 1.15 Olympics** Live coverage continues with three gold medals on offer in artistic gymnastics — the men's vault, the men's rings and the women's uneven bars. The men's singles champion will be crowned in the tennis at Roland Garros, while the men's golf event and the women's cycling road race both reach their conclusion.
- 5.00 News; Weather** Reports.
- 5.25 Olympics** Live coverage as the swimming reaches a conclusion and the men's 100m takes place on the track. Other races scheduled are the opening round of the men's 400m, the women's high jump final, the men's 100m semi-finals, the men's hammer final, the women's 800m semi-final and the semi-finals of the men's 1500m. In the pool, events include the 4x100m medley final, the women's 50m freestyle, the men's 1500m freestyle and the women's 4x100m medley relay final.
- 10.00 News; Weather** Reports.
- 10.30 Olympics — Tonight At The Games** A recap of events from day nine.
- 11.50 FILM: Booksmart** Stars Kaitlyn Dever and Beanie Feldstein. Two academic superstars realise they should have worked less and played more. Stylish comedy. (2019, 15)
- 1.30-6.00 Joins BBC News**

SCOTLAND 11.50 Sports scene.
1.05 FILM: Booksmart. **2.45 News.**

BBC 2

- 6.35 Glorious Gardens From Above** In Cumbria. (R)
- 7.20 Countryfile** The Fens. (R)
- 8.15 The Lake District — A Wild Year** Insights. (R)
- 9.15 Beechgrove Garden** (R)
- 9.45 Saturday Kitchen Best Bites** Series highlights.
- 11.15 Coast To Coast Food Festival** In York. (R)
- 11.45 FILM: Pride And Prejudice** Stars Laurence Olivier and Greer Garson. A headstrong woman is introduced to an aloof gentleman, and a romance develops. Striking adaptation. (1940, U, B/W)
- 1.40 Songs Of Praise** The 150th anniversary of the Salvation Army in Wales.
- 2.15 CHOICE The Hundred** Live coverage of London Spirit Men v Oval Invincibles Men. (See Critics' choice)
- 5.30 Flog It!** Selling items. (R)
- 6.00 Cornwall With Simon Reeve** The explorer takes a trip through the county, discovering the impact of Covid-19 on its tourist industry. (1/2, R)
- 7.00 Countryfile** Joe Crowley is on the lookout for some of the UK's most elusive animals at Thursley National Nature Reserve, in Surrey, one of the largest remaining areas of heathland.
- 8.00 Antiques Roadshow** Fiona Bruce heads to the waterfront beside the V&A Dundee design museum, and explores the story of the landmark museum. (R)
- 9.00 CHOICE Vienna Blood** Return of the crime drama, with Juergen Maurer and Matthew Beard. Oskar is baffled when the director of security agrees to a secret rendezvous with a recently captured criminal. (1/2; see Critics' choice)
- 10.30 CHOICE All The President's Men** Stars Robert Redford, Dustin Hoffman and Jason Robards. The story of Bob Woodward and Carl Bernstein, who brought the Watergate scandal to light. (1976, 15; see Film choice)
- 12.45 The Bidding Room** A 1960s brass whippet. (Signed, R)
- 1.30 Clean It, Fix It** (Signed, R)
- 2.15-2.45 Spent** (Signed, R)

ITV 1

- 6.00 James Martin's French Adventure** In Bresse. (R)
- 6.30 James Martin's Saturday Morning** With the Rev Richard Coles. (R)
- 8.25 Jimmy & Shivi's Farmhouse Breakfast** With guest Nina Wadia.
- 9.25 News; Weather** Reports.
- 9.30 Love Your Weekend** (R)
- 11.30 Tom Kerridge Cooks Britain** In Scotland. (R)
- 12.00 News; Weather** Update.
- 12.15 MotoGP** The British Grand Prix MotoGP and Moto2 races, live from Silverstone. Start-times 1.00 and 2.30.
- 3.30 You've Been Framed** (R)
- 4.00 Tipping Point — Best Ever Finals** Compilation. (R)
- 4.35 News; Weather** Update.
- 4.55 Regional News** Headlines.
- 5.10 FILM: Harry Potter And The Goblet Of Fire** Stars Daniel Radcliffe and Robert Pattinson. The wizard is chosen to represent Hogwarts in a magical tournament. Sparkling adventure. (2005, 12)
- 8.00 McDonald & Dodds** With Tala Gouveia. A wedding ends in tragedy when the vicar is found murdered in the vestry and McDonald's suspicions focus on not only the bride, but her father and her sisters. (Last in series)
- 10.00 News; Weather** Update.
- 10.15 FILM: Mission: Impossible** Stars Tom Cruise and Jon Voight. A secret agent is accused of betraying his fellow spies, and sets out on a mission to clear his name. Jaw-dropping action thriller. (1996, PG)
- 12.30 Teleshopping** Goods.
- 3.00 Motorsport UK** (R)
- 3.50 Unwind** Daily relaxation.
- 5.05-6.00 Ainsley's National Trust Cook Off** Tyntesfield. (Last in series, R)



Tala Gouveia (ITV1, 8pm)

Channel 4

- 6.00 Frasier** Sitcom. (R)
- 7.40 Everybody Loves Raymond** Comedy. (R)
- 9.30 Sunday Brunch** With guests including Paul Feig, Yungblud, Taj Atwal, Phil Dunster and Tom Hughes.
- 12.30 The Simpsons** Cartoon. (R)
- 2.30 Four In A Bed** B&Bs. (R)
- 5.15 News; Weather** Reports.
- 5.45 Paris 2024 Paralympics — Meet The Athletes** (R)
- 5.50 CHOICE The Italian Job** Stars Mark Wahlberg and Charlize Theron. Criminals plot a daring revenge on the former partner who double-crossed them. (2003, 12; see Film choice)
- 8.00 CHOICE Titanic In Colour** Documentary about the doomed ship, featuring photographs and footage that have been specially colourised for this series, many for the very first time. (1/2; see Critics' choice)
- 9.00 Britain Behind Bars — A Secret History** Rob Rinder concludes his investigation in Somerset and Shepton Mallet, one of the country's oldest prisons and once home to the notorious Kray twins. (Last in series)
- 10.00 Saucy! Secrets Of The British Sex Comedy** How x-rated movies entered the mainstream, until the advent of home video and cheaply made pornography brought the cinema sex industry crashing down. (2/2)
- 10.55 The Man With A Penis On His Arm** The story of a man who, having lost his penis, had a new one constructed on his arm, ready to transfer to his groin. (R)
- 11.55 FILM: Fire Island** Stars Joel Kim Booster. Friends gather for their annual week of love and laughter, but a change of events might make this their last summer in paradise. Heartfelt. (2022, 18)
- 1.40 Ramsay's Kitchen Nightmares USA** In Scottsdale, Arizona. (R)
- 2.25 Come Dine With Me** (R)
- 3.20 Paris 2024 Paralympics — Meet The Athletes** (R)
- 3.25 Grand Designs** (R)
- 4.20 Food Unwrapped** (R)
- 4.50 Frasier** Sitcom. (R)
- 5.40-6.20 Countdown** (R)

Channel 5

- 6.00 Milkshake!** Children's fun.
- 8.50 Spongebob** Animation. (R)
- 9.05 Entertainment News**
- 9.10 Eggheads** Team quiz. (R)
- 9.30 Cruising With Susan Calman** Four editions. (R)
- 1.10 The Hotel Inspector** Alex Polizzi visits the Grant Arms Hotel in Ramsbottom, Manchester. (R) **2.10 The Hotel Inspector** Alex Polizzi visits the Little Thatch Inn in Gloucester. (R)
- 3.05 Coastal Devon & Cornwall** Michael Portillo explores the South West Coast Path. (R) **4.05 Coastal Devon & Cornwall** Michael starts the final stretch in Cornwall. (R)
- 5.05 When Holidays Go Horribly Wrong** Package holiday disasters. (R)
- 6.30 News; Weather** Reports.
- 6.35 Bradley Walsh's Greatest Double Acts** The actor celebrates his favourite double acts of all time, including the Two Ronnies and French & Saunders. (R)
- 8.00 22 Kids & Counting** Chloe arranges a girls' trip away with Sue and Katie for Sophie's 30th birthday, with the four women heading to the party city of Amsterdam.
- 9.00 Mums On Strike** Two more couples swap who does the household chores, including a woman who shares her immaculate home with her partner and daughter, but his messiness convinces her that they do not respect her desire for a cleaner home.
- 10.00 The World's Most Luxurious Cruise** The Seven Seas Splendor is sailing around the Mediterranean, but the crew are on tenterhooks as one of the industry's most influential travel writers is on board.
- 11.00 Most Shocking Moments:** 1988. Jan Leeming narrates a look at controversies, scandals and surprises in TV, music and politics. (R)
- 1.00 Casino Show** Gambling.
- 3.00 Carol Klein's Great British Gardens** Insights. (R)
- 3.50 Secrets Of The Royals On Tour** Documentary. (R)
- 4.40 Wildlife SOS** Animals. (R)
- 5.05 House Doctor** Advice. (R)
- 5.30 Entertainment News**
- 5.35-6.00 Children's Shows**

Variations

BBC2 WALES 5.30 Wynne's Welsh 70s **6.00** Weatherman Walking — The Welsh Coast **6.30 SOS — Extreme Rescues** **BBC Scotland 7.00** The Seven **7.15** Sportscene — Premiership Highlights **8.30** Icons Of Football **9.00** Island Crossings **10.00** Still Game **10.30** Karen Dunbar **10.55** Paramedics On Scene **11.55-12.00** Loop **STV 6.00** James Martin's French Adventure **6.30** James Martin's Saturday Morning **8.25** Jimmy & Shivi's Farmhouse Breakfast

9.25 News; Weather **9.30** Love Your Weekend **11.30** Tom Kerridge Cooks Britain **12.00** News; Weather **12.15** MotoGP. Live **3.30** You've Been Framed **4.00** Tipping Point — Best Ever Finals **4.35** News; Weather **4.55** Regional News **5.10** FILM: Harry Potter And The Goblet Of Fire. Stars Daniel Radcliffe **8.00** McDonald & Dodds **10.00** News; Weather **10.15** FILM: Mission: Impossible **12.30** Piglets **12.50** Teleshopping **3.00** Motorsport UK **3.50** Unwind **5.05-6.00** Ainsley's National Trust Cook Off

S4C 6.00 Cyw: Sali Mali **6.05** Dreigiau Cadi **6.15** Timpo **6.25** Fferm Fach **6.40** Odo **6.50** Ein Byd Bach Ni **7.00** Pablo **7.15** Ahoi! **7.30** Oconotons **7.45** Deian A Loli **8.00** Blero Yn Mynd I Ocido **8.10** Ne-wff-ion **8.25** Sion Y Chef **8.35** Dal Dy Ddannedd **8.50** Penblwyddi Cyw **9.00** Eisteddfod Genedlaethol Cymru **7.15** Adre **7.45** Newyddion A Chwaraeon **8.00** Y Gymanfa Ganu **9.30** Eisteddfod Genedlaethol Cymru. A review of the day **10.30** Pobol Y Cwm Omnibws **11.35-12.40** Eisteddfod Genedlaethol Cymru

You say

Love It Or List It (C4) is a good concept with two very engaging presenters. Over the years I have watched many episodes. Why does Channel 4 insist on recycling and topping up episodes for a "new run" as billed on your TV guide? It does not serve C4 well. Do they believe the public haven't noticed it wasn't hugely expensive television initially, but adding in a couple of cheap-to-produce revisits by Kirstie and Phil and presenting it as "new" is disingenuous.

Sarah Garwood

Send your comments to telly@sunday-times.co.uk

Critics' choice

Titanic In Colour (C4, 8pm)

Peter Jackson's vivid First World War documentary *They Shall Not Grow Old* (2018) set the bar high for colourised documentaries. This two-parter aims to achieve the same uncanny immediacy for the tragedy of the Titanic, which sank on April 15, 1912, killing more than 1,500 people. To turn a story that was filmed in black-and-white into colour is a powerful magic, collapsing the distance between past and present. In this first episode, for example, viewers will be able to marvel at the new ship's famously lavish interior restored to its former colourful glory. Memories from the passengers' relatives deepen the colours in a different way, and there is a chance to see footage of the Titanic's construction in Belfast, as well as the final photograph taken before it set off on its doomed journey. Maybe black and white best suits this sad narrative after all.

Victoria Segal



Crowds watch the Titanic depart Southampton on April 10, 1912

American Greats At The Proms (BBC4, 8pm)

The conductor John Wilson guides the Sinfonia of London through this crowd-pleasing programme of US hits. George Gershwin's *Rhapsody in Blue* is given a salute for its 100th birthday, while there is also space for Samuel Barber's 1936 composition *Adagio for Strings*, Aaron Copland's wild-western *Billy the Kid* ballet suite and the dream-inspired *Harmonielehre* by John Adams. Proms devotees will know this is not Wilson's first Americana rodeo. While he made the Sinfonia of London's presence felt in 2023 with Rachmaninov's Second Piano Concerto, in previous years he has also conducted a Prom dedicated to Frank Sinatra, a celebration of MGM film musicals, performances of songs from *Oklahoma!* and *West Side Story* and a tribute to "the Broadway sound". Georgia Mann presents. VS

Gladiators (Sky Nature/Now, 8pm)

Set in four habitats ("arenas") on four continents, this promises "showdowns" and "rivalries", which (together with the title) suggests a lot of duel-like fights such as bear v bear. Yet the opener at an African waterhole is more about predators hunting prey than well-matched animal gladiators. Still, the photography is terrific, and there's a cross-section of the ecosystem, from lions to ants. Sean Bean narrates.



Beard and Maurer (BBC2, 9pm)

Vienna Blood (BBC2, 9pm)

Eighteen months after our previous visit to pre-1914 Vienna, series four begins (and ends) with a single story split into two extended episodes. With Max (Matthew Beard) often sidelined, *The Mephisto Waltz* is a thriller led by Oscar (Juergen Maurer), which starts with the bowler-hatted bobby accompanying a top official to a secret rendezvous with a crook. Later he's tasked with identifying the traitor, known as Mephisto, at the heart of the empire.

The Hundred (BBC2, 2.15pm)

Oval Invincibles, the reigning champions, visit London Spirit in a derby match at Lord's – where the former took the trophy last summer. As well as airing the men's match too (2.30pm), Sky Sports's Main Event and Cricket channels show the morning game between the teams' women's XIs (11am).

John Dugdale

On demand

● Sherlock Holmes (ITVX)

Beyond Jeremy Brett's peerless performance as the waspish titular sleuth, few dramas remain as reliably comforting as ITV's grand ten-year run of big-budget Conan Doyle adaptations. The budgets are high and the guest stars exemplary, while the two actors who played Dr Watson to Brett's mercurial detective (David Burke and Edward Hardwicke) brought a necessary

warmth and wit to that often overlooked role. If this is your first time exploring, head for the start – but as standalone episodes go you can't beat 1987's feature-length adventure, *The Sign of Four*.

● Pact Of Silence (Netflix)

It's a gender-swapped *Mamma Mia*: *The Musical* retooled as a dark Mexican revenge noir. Doesn't that sound amazing? A young, headstrong influencer, Brenda Rey (Camila Valero), discovers that she

was abandoned as a baby by four schoolchildren. She sets out to find which one was the real mother before exacting her terrible revenge. Located somewhere between the Latin American telenovela/soap opera and a big-budget Harlan Coben thriller, this is as daft as a bag of squirrels yet somehow utterly compelling. The Mexican telenovela formula is a powerful one. The first season runs to 18 episodes.

Andrew Male

Olympics: Day 9 Today's Highlights

The **men's 100m final (8.50pm)** is always a must-watch. Hopefully Team GB's Zharnel Hughes will be in with a medal chance. **Golf** fans can follow the **individual final (from 8am)** and there are sure to be big names in the men's **tennis final (11am)**. There are medals up for grabs in **gymnastics (from 2.40pm)** with the women's uneven bars and men's vault finals. In the **women's skeet final (2.30pm)**, Amber Rutter will be shooting for Team GB.

Tim Glanfield

Amber Rutter



Film choice

The Italian Job (C4, 5.50pm)

Updating a 1960s British classic to modern-day LA was always a dubious notion. A miscast Mark Wahlberg takes over Michael Caine's cheeky criminal mastermind role, while the director F Gary Gray makes a brave attempt to recreate the original's lively mix of caper comedy and car stunts. Charlize Theron and several shiny new Mini Coopers also star. (2003)

Ghost Rider (Film4, 9pm)

Nicolas Cage plays Johnny Blaze, the motorcycle stuntman who, since he traded his soul to the devil in a moment of desperation, has suffered from cranial combustion. Eva Mendes is a TV reporter, Roxanne Simpson, and Johnny's first love. It's affably silly stuff and Cage is a likeable lunk. (2007)

All The President's Men (BBC2, 10.30pm)

Alan J Pakula's taut account of the investigation by two journalists, played by Robert Redford and Dustin Hoffman, into the Watergate affair remains one of the greatest political thrillers. In the run-up to the 1972 presidential election Bob Woodward (Redford) is assigned to cover what initially seems to be a minor story – a break-in at the Democratic Party headquarters – but the more he delves, the deeper into the heart of the Republican Party runs the chain of guilt. (1976)

BBC 3

- 7.00pm Rapman — Back Of The Bus** A tour in London.
- 7.10 EastEnders** Double bill.
- 8.10 Shark Tank — Dragons' Den US** A feeding tool for hummingbirds. **8.50 Shark Tank — Dragons' Den US** Lighting for sporting equipment.
- 9.30 Stacey Dooley Sleeps Over** A YouTube family.
- 10.15 FILM: Pride** Stars Ben Schnetzer. Gay rights activists gather in London for a Pride march in 1984. Rousing drama. (2014, 15)
- 12.10 Corey Baker's Dance Race**
- 12.15 Eating With My Ex**
- 12.45 Birdsong** Short film.
- 1.00 High — Confessions Of An Ibiza Drug Mule**
- 2.10 Drugs Map Of Britain**
- 3.10-3.55 Wagspiracy — Vardy v Rooney**

U&Drama

- 3.20pm Catherine Cookson's The Girl** Period drama, with Siobhan Flynn. A dying woman takes her daughter to the home of her former lover, who looks after the child.
- 6.40 Last Tango In Halifax** Drama, with Derek Jacobi and Anne Reid. Two old friends fall in love again when they are reunited over the internet after 60 years. (Series 1, ep 1)
- 8.00 Sister Boniface Mysteries** Crime drama, with Lorna Watson. (Series 1, ep 1)
- 9.00 Silent Witness** The team and their new boss examines a woman's disfigured body. (S17, ep 1)
- 11.20-2.20 Taggart** The detective tries to defend a friend recently released from prison. (Series 8, ep 1)

Films

- SKY CINEMA PREMIERE**
- 4.30pm Robin And The Hoods** (2024, PG) **6.20 Trolls Band Together** (2023, U) **8.00 Parallel**. A grief-stricken woman meets a version of herself from a parallel universe. (2024, 15) **9.45-12.00 Concrete Utopia**. Survivors from a huge earthquake struggle for a new life in Seoul. (2023, 15)
- SKY CINEMA THRILLER**
- 3.45pm Angels & Demons** (2009, 12) **6.05 Hanna**. A teenage assassin travels the world on a secret mission. (2011, 12) **8.00 Inferno**. A professor suffering from amnesia tries to stop a lethal virus. (2016, 12) **10.05-12.30 The Manchurian Candidate**. A war veteran is drawn into a conspiracy. (2004, 15)
- SKY CINEMA GREATS**
- 3.45pm Far And Away** (1992, 15) **6.10 Top Gun** (1986, 12) **8.00 Forrest Gump**. A simple soul bumbles his way through a series of adventures. (1994, 12) **10.25-1.25 The Wolf Of Wall Street**. A stockbroker enjoys a debauched lifestyle. (2013, 18)

BBC 4

- 7.00pm Discovering Rhapsody In Blue — George Gershwin** An analysis and performance of the Gershwin classic.
- 8.00 CHOICE American Greats At The Proms** John Wilson conducts Gershwin's Rhapsody In Blue and Barber's Adagio For Strings. (See Critics' choice)
- 9.40 Gershwin's Summertime — The Song That Conquered The World** A look at how the song Summertime became a standard around the world.
- 10.40 Imagine: Bill Viola — The Road To St Paul's**. A profile.
- 11.45 Kill Your TV — Jim Moir's Weird World Of Video Art**
- 12.45 Mark Kermode's Secrets Of Cinema — Cult Movies**
- 1.45 As 7pm**
- 2.45-3.45 As 9.40pm**

Sky Arts

- 5.15pm Andre Rieu — Live At The Royal Albert Hall** The acclaimed violinist performs works by Johann Strauss II on New Year's Eve 2001.
- 7.00 Jeff Beck Live At Ronnie Scott's** The guitarist performs at the jazz club, and is joined by guest artists Joss Stone, Imogen Heap and Eric Clapton.
- 9.00 Jeff Beck — Still On The Run** The life history of the musical maverick, featuring interviews with Beck as well as an array of his peers and collaborators, including Jimmy Page and Joe Perry.
- 11.00-12.00 The Art Of Film** Ian Nathan look at biopics, and the different ways in which film has presented the real-life stories of significant figures.

- SKY CINEMA SELECT**
- 5.00pm War Of The Worlds** (2005, 12) **7.00 Justice League**. Batman enlists the help of other heroes in the fight against a super villain. (2017, 12) **9.00 Black Adam**. A former slave is freed from his earthly tomb. (2022, 12) **11.10-1.00 Goosebumps** (2015, PG)
- SKY CINEMA DRAMA**
- 4.15pm Jarhead** (2005, 15) **6.20 Bridget Jones's Diary**. A woman resolves to find love and give up her bad habits. (2001, 15) **8.00 Bridget Jones's Baby**. The now single fortysomething falls pregnant. (2016, 15) **10.05-12.25 Jerry Maguire**. An idealistic sports agent finds himself forced to set up business on his own. (1996, 15)
- FILM 4**
- 4.00pm Bumblebee** (2018, PG) **6.20 Valerian And The City Of A Thousand Planets**. Two special operatives race to identify a menace threatening the future of the universe. (2017, 12) **9.00 CHOICE Ghost Rider**. A curse turns a stuntman into a demonic biker. (2007, 12; see Film choice) **11.15-1.35 10 To Yuma** (2007, 15)

ITV 2

- 6.00pm Wheel Of Fortune**
- 7.00 Catchphrase** A charity edition of the gameshow, with Sarah Millican, Vernon Kay and Joel Dommett.
- 8.00 FILM: Tomb Raider** Stars Alicia Vikander. A kickboxing heiress risks her life to save her missing father. Clichéd action adventure. (2018, 12; includes FYI Daily)
- 10.25 Family Guy** Three fairy tales are retold Quahog-style. (Series 12, ep 10)
- 10.55 Family Guy** Peter discovers he has a vestigial twin. (Series 12, ep 2)
- 11.25 American Dad!** Hayley and Steve start a fake ID business. (S9, ep 7) **11.55-12.25 American Dad!** Klaus discovers his original human body. (S8, ep 19)

Sky Max

- 4.55pm The Walking Dead** Morgan recounts the time he met a lone survivor with a mysterious 'code'. (Series 6, ep 4, R) **6.05 The Walking Dead** A walker herd besieges Alexandria. (R) **7.00 The Walking Dead** Daryl, Abraham and Sasha encounter a new threat. (R) **8.00 The Walking Dead** Rick works with Morgan to form a plan to drive the undead horde away from the town. (R) **9.00 The Walking Dead** Peace in Alexandria is broken by a threat. (R)
- 10.00 The Walking Dead — Daryl Dixon** Daryl washes up in France and sets off a violent chain of events. (1/6, R)
- 11.10-12.10 Brassic** A German man comes looking for Tommo. (Series 5, ep 3, R)

Entertainment

- ITV 4**
- 3.30pm LIVE Racing**. Coverage of the fifth round of the Sky Bet Series at Haydock Park **7.00 Sharpe** **9.10 FILM: Sudden Death**. Stars Jean-Claude Van Damme **11.25 Auf Wiedersehen, Pet** **12.30 The Motorbike Show** **1.25-2.15 Lost Car Rescue**
- MORE 4**
- 5.50pm Four In A Bed**. B&Bs **8.00 Emergency Helicopter Medics**. Heli-medics struggle to free a man trapped in his mangled car **9.00 999 — On The Front Line** **10.00 Surgeons — Life In Their Hands** **11.00 Emergency Helicopter Medics** **12.05 999 — On The Front Line** **1.05-2.05 Surgeons — Life In Their Hands**
- GOLD**
- 5.15pm Only Fools And Horses** **7.05 Dad's Army** **7.45 Only Fools And Horses** **10.25 Ghosts** **12.15-2.55 Britain's Greatest Comedy Character**
- SKY COMEDY**
- 6.00pm Will & Grace** **6.30 The US Office** **9.00 Josh Widdicombe — Bit Much ... At The London Palladium** **10.15 Barry** **1.35-2.45 Girls**

ITV 3

- 5.55pm Wycliffe** A fatal shooting taxes Wycliffe's know-how. (Series 2, ep 3)
- 7.00 Wycliffe** Two grieving widows lay rival claims to a corpse found washed up on the beach.
- 8.00 The Real Crown — Inside The House Of Windsor** A look at the events shaping the fortunes of the royal family during Elizabeth II's reign. (1/5)
- 9.00 Joanna Lumley's Home Sweet Home — Travels In My Own Land** The final episode takes Joanna from North Wales to St Michael's Mount, ending in her home city of London.
- 10.00-12.05 Poirot** Hastings asks Poirot to help him solve the baffling murder of his friend, the wealthy heiress Mrs Inglethorp. (S3, ep 1)

Sky Atlantic

- 5.40pm The Sopranos** Junior is appointed boss of the DiMeo crime family. (S1, ep 6) **6.40 The Sopranos** AJ gets into trouble.
- 7.40 Chernobyl** Valery Legasov, Boris Shcherbina and Ulana Khomyuk risk everything to expose the truth about Chernobyl. (Last in series)
- 9.00 House Of The Dragon** Daemon puts pressure on Oscar Tully to raise up his bannermen. (Series 2, ep 7)
- 10.20 Yellowjackets** Drama, with Juliette Lewis and Christina Ricci. A plane carrying the members of a high-school girls' soccer team crashes. (S1, ep 1)
- 11.35-12.40 Big Little Lies** Madeline gets under Renata's skin in retaliation for snubbing Ziggy; and Jane opens up. (S1, ep 3)

- 5 STAR**
- 6.00pm Police Interceptors** **9.00 FILM: Dracula Untold**. Stars Luke Evans **10.50 FILM: RoboCop**. Stars Joel Kinnaman. Sci-fi thriller remake **1.15-2.15 It's Your Fault I'm Fat**
- 5 USA**
- 5.05pm NCIS** **6.05 NCIS** **7.05 Jesse Stone — Sea Change** **9.00 NCIS: Hawai'i** **10.00 Law & Order: Special Victims Unit** **1.55-3.35 Law & Order**
- SKY WITNESS**
- 6.00pm Nothing To Declare** **8.00 Elsbeth** **9.00 Fire Country**. A fire camp inmate escapes from Three Rock **10.00 The Cleaning Lady** **11.00 The Rookie** **12.00 Law & Order: Special Victims Unit** **1.00 Transplant** **2.00-3.00 The Cleaning Lady**
- U&W**
- 5.40pm Michael McIntyre's The Wheel** **7.00 Inside The Operating Theatre** **9.00 Love Me**. Clara and Aaron meet their father's new love interest **10.00 Brothers & Sisters** **12.00 Katie Price — What Harvey Did Next** **1.25-2.15 Bang On Budget**
- COMEDY CENTRAL**
- 5.55pm Friends** **6.25 Friends** **7.00 FILM: Robin Hood — Men In Tights**

E4

- 5.55pm FILM: Men In Black II** Stars Will Smith and Tommy Lee Jones. An alien disguised as a lingerie model threatens to destroy humanity. Competent sci-fi comedy. (2002, PG)
- 7.35 Young Sheldon** The genius realises he is the weakest student in his class. (Series 7, ep 2) **8.00 Young Sheldon** Missy tries to pull a fast one on George Sr.
- 8.30 Animal Control** Dispatch radios the team about a sighting of a cougar. (3/12)
- 9.00 FILM: Bad Boys For Life** Stars Will Smith and Martin Lawrence. A Miami detective is targeted for assassination. Fast-paced action sequel. (2020, 15)
- 11.30-12.35 Gogglebox**

TPTV

- 6.00pm Those British Faces** Profile of Yvonne Mitchell.
- 6.35 FILM: Robinson Crusoe** Stars Dan O'Herlihy. Adventure. (1954, U)
- 8.25 A Lifetime Ago With The Baim Collection** The spectacular coastline of the French Riviera.
- 9.00 Love For Lydia** Richardson and Lydia part company.
- 10.05 FILM: Waterloo Road** Stars John Mills. A soldier discovers his wife is having an affair and heads home to save his marriage. Great wartime drama. (1944, PG, B/W)
- 11.40 FILM: They Live** Stars Roddy Piper. Satirical sci-fi adventure. (1988, 15; ends at 1.30)

- 9.00 FILM: Walk Hard — The Dewey Cox Story**. Stars John C Reilly. Spoof biopic **10.55 Michael McIntyre — Showtime** **12.00 Jon Richardson: Old Man — Live** **2.00-3.20 Al Murray — The Only Way Is Epic**
- U&YESTERDAY**
- 6.00pm Find It, Fix It, Flog It** **8.00 'Allo 'Allo!** Wartime comedy **10.05 Bangers & Cash** **11.05 Secrets Of The London Underground** **12.05-1.05 Retro Electro Workshop**
- U&DAVE**
- 6.00pm Greece With Simon Reeve** **7.00 Special Ops — Crime Squad UK** **9.00 Have I Got A Bit More News For You**. Jack Dee hosts **10.00 QI** **10.40 Mock The Week** **12.00 Live At The Apollo** **1.00 Hate Thy Neighbour** **2.00-4.00 Room 101**
- Factual**
- NATIONAL GEOGRAPHIC**
- 6.00pm Operation Arctic Cure** **7.00 Seconds From Disaster** **8.00 Border Protection Spain**. A potential bomb mobilises multiple Guardia Civil units **9.00 Car SOS** **12.00 Construction Fails** **1.00-2.00 Air Crash Investigation — Special Report**

Team GB star of the day Zharnel Hughes

Today's event
Men's 100m final.

How to watch
8.50pm, BBC1.

Age 29.

From The Valley, Anguilla.

Previous Olympics
Tokyo 2020:
100m finalist.

Biography

Born on the Caribbean island of Anguilla, the sprinter competes for Team GB as a resident of a British Overseas Territory. He trains in Jamaica and has previously run alongside Usain Bolt. In 2023 Hughes smashed Linford Christie's 100m British record, clocking a lightning fast 9.83 seconds. He made it to the final of the Tokyo 2020 100m, but was disqualified after a false start. He'll be hoping to get across the finish line in 2024 and perhaps find himself on the podium.

Tim Glanfield



DISCOVERY

6.00pm Gold Divers **7.00** How To Build... Everything **8.00** Alaskan Bush People **9.00** Alaska — The Last Frontier **10.00** Shorty's Dream Shop **11.00-12.00** Last Chance Garage

PBS AMERICA

4.50pm Chivalry And Betrayal — The Hundred Years War **7.20** 1968 — The Year That Changed America **10.55-12.00** Mafia's Greatest Hits

SKY DOCUMENTARIES

4.45pm Rise Of The Superheroes **7.00** The Alpinist **8.50** My Icon: Linford Christie. Athlete profile **9.00** Chernobyl — The Lost Tapes **11.00-1.15** Life Of Crime 1984-2020

SKY NATURE

6.00pm Africa's Hunters **7.00** David Attenborough's Rise Of Animals — Triumph Of The Vertebrates **8.00** CHOICE Gladiators. Nature's toughest fighters (See Critics' choice) **9.00** The Predator's Playbook **10.00** Africa's Hunters **11.00-12.00** Attenborough's Journey

DISCOVERY HISTORY

6.00pm HMS Ark Royal **8.00** Salvage Hunters. Two editions **10.00-12.00** Shed And Buried

Sport

SKY SPORTS MAIN EVENT

6.00am News **7.00** Super League Gold **7.05** LIVE NRL: Canterbury Bulldogs v Canberra Raiders. Kickoff at 7.05 **9.00** Good Morning Sports Fans **10.00** News **10.30** LIVE The Hundred: London Spirit Women v Oval Invincibles Women **12.30** LIVE SPFL: Dundee United v Dundee. Kickoff at 1.30 **4.00** LIVE SPFL: Celtic v Kilmarnock. Kickoff at 4.30 **7.00** LIVE The Hundred: Northern Superchargers Men v Manchester Originals Men **9.00** LIVE Tennis. The Washington Open finals **12.00** LIVE LPGA Tour Golf. The Portland Classic **1.00-6.00** News

TNT SPORTS 1

6.00am LIVE AFL: Essendon Bombers v Fremantle Dockers. Bounce-up 6.20 **9.00** Cricket Reload **9.45** LIVE ODI Cricket: Sri Lanka v India **6.30** Cricket Reload **6.45** MotoGP **9.00** LIVE MLB: Oakland Athletics v LA Dodgers. Start-time at 9.07 **12.15** Classic PL **1.15** Ultimate Pool **2.45** Fishing **3.45** WRC **4.15** Reload **4.45** Badminton **5.00-6.00** T100 Triathlon World Tour

Radio & Podcasts

● Becoming German (Radio 4, 7.15pm)

In a quietly beautiful programme, Lois Pryce looks at the thousands of Britons who have become German citizens via the restoration programme for the descendants of German Jews who had their nationality taken away from them by the Nazis. She discusses the moral argument behind their decisions and talks to Ben Elton about their mutual relative, the Nobel prizewinning physicist Max Born. Matt Lucas remembers his German grandmother and his own citizenship ceremony, after which he was presented with an Anglo-German badge and a bag of gummy bears.



Third-generation German Matt Lucas with Lois Pryce

● BBC Proms (Radio 3, 11am/3pm/7pm)

The morning concert is *Songs and Dances with the Kanneh-Masons*. It features Braimah and Sheku Kanneh-Mason on violin and cello respectively, with the Brazilian guitarist Plinio Fernandes, performing folk

songs, dances, prayers and incantations with the Fantasia Orchestra. At 3pm Newport hosts the Vision string quartet from Berlin performing with Mahan Mirarab.

● Rock'n'Roll Birder (podcast)

Matt Spracklen is the cool birder who takes listeners on a weekly bird-watching walk and has just started his second series. He's joined in every episode by a lover of birds and wildlife; be it his wife, the newbie spotter Sarah, or someone with more specialised knowledge. In the first show he is joined by Jack Baddams of *Springwatch* for a stroll in Sherwood Forest. *Clair Woodward*

TIMES RADIO

10.00 Sunday Morning **1.00** Henry Bonus **4.00** Carole Walker With Times Radio Drive **7.00** The Best Of Times Radio **8.00** The Story **8.30** Highlights From Times Radio **10.00** Darryl Morris **1.00** The Story **1.30** The Best Of Times Radio

To get in touch with the Times Radio studio, text *TIMES* plus your message to 87222. Texts cost your standard message charge.

RADIO 4

10.00 Desert Island Discs. Lauren Laverne talks to Mark Knopfler **11.00** The Archers **12.15** Growing Solo (R) **12.30** Mark Steel's In Town (R) **1.00** The World This Weekend **1.30** Living Without Our Smartphones — The Adults' Turn. Following adults giving up their smartphones **2.00** Gardeners' Question Time (R) **2.45** Opening Lines. John Yorke takes a look at Donna Leon's 1992 murder mystery Death at La Fenice **3.00** Drama: Death At La Fenice, by Donna Leon. Inspector Brunetti looks into the murder of a conductor at La Fenice opera. With Julian Rhind-Tutt **4.00** Bookclub. Ayobami Adebayo talks to James Naughtie about her novel Stay With Me **4.30** The 3rd Degree **5.00** Witness History. The ice bucket challenge craze of 2014 **5.10** The Food Programme (R) **5.54** Shipping **6.00** News **6.15** Pick Of The Week **7.00** The Archers **7.15** Becoming German. Lois Pryce, Matt Lucas and Ben Elton reflect on the stories of British Jews taking back their German citizenship **7.45** Communicating With Ros Atkins (R) **8.00** Feedback (R) **8.30** Last Word (R) **9.00** Toast (R) **9.25** Appeal (R) **9.30** From Our Own Correspondent (R) **10.00** The Westminster Hour **11.00** The Human Subject. The story of a teenager subjected to mind control experiments **11.30** Frontlines Of Journalism (R) **11.45** Short Works (R) **12.00** News **12.15** Crossing Continents (R) **12.45** Bells (R) **12.48** Shipping **1.00** World Service

RADIO 4 EXTRA

10.00 The Pasadenas' Almanac **10.30** MacFlintock's Palace **10.45** Mrs Dale's Diary — A Look Back: 1954-1955 **11.00** Grandma And Mrs Chatterjee **12.00** Poetry Extra **1.00** Me And Robin Hood **1.45** An Englishman's Home **3.00** The Pasadenas' Almanac **3.30** MacFlintock's Palace **3.45** Mrs Dale's Diary — A Look Back: 1954-1955 **4.00** Delta Sly Honey **4.30** The Twelve Maidens **5.00** Grandma And Mrs Chatterjee **6.00** Poetry Extra **7.00** Me And Robin Hood **7.45** An Englishman's Home **9.00** The Pasadenas' Almanac **9.30** MacFlintock's Palace **9.45** Mrs Dale's Diary — A Look Back: 1954-1955 **10.00** Tim Key's Late Night Poetry Programme **10.30** The Simon Day Show **11.00** Laura Solon — Talking And Not Talking **11.30-12.00** The Party Party

LBC

10.00 Lewis Goodall **12.00** Ali Miraj **3.00** Vanessa Feltz **6.00** Rachel Johnson **9.00** The LBC Consumer Hour **10.00** Nick Abbot **1.00** Richard Spurr **4.00** Ian Payne

RADIO 3

9.00 Sunday Morning **11.00** BBC Proms. Live at the Royal Albert Hall, Katie Derham presents a concert of folk songs, dances, prayers and incantations, featuring Braimah and Sheku Kanneh-Mason and Plinio Fernandes **1.00** Music Map **2.30** New Generation Artists. Niamh O'Sullivan sings Dvorak's Gypsy Melodies **3.00** BBC Proms. Verity Sharp presents a live concert from Newport's Riverfront, with Vision String Quartet and Mahan Mirarab performing Bloch's Prélude and Dvorak's Quartet No 13 **5.30** Words And Music. Adrian Lester reads from the novels and essays of James Baldwin, set alongside music and archive recordings of the African-American writer and civil-rights activist **6.45** Sunday Feature. Hetta Howes investigates why artists from Chaucer to Taylor Swift have found creative inspiration in restless nights and interrupted dreams (R)

7.00 BBC Proms. A live concert from the Royal Albert Hall, with Steven Osborne joining John Wilson and his Sinfonia of London in Wynton Marsalis, Ives, Adams, Copland, Barber and Gershwin **10.00** Night Tracks. Music by Jlin, Frank Bridge, Dom La Nena, Schoenberg, Arushi Jain and Annie Wu, Woldemar Bargiel and Shostakovich (R) **11.30** Unclassified. Sounds emanating from New York City (R) **12.30** Through The Night

CLASSIC FM

10.00 Aled Jones **1.00** Joanna Gosling. Amy Beach's Gaelic Symphony is today's choice **4.00** Stephen Mangan **7.00** Zeb Soanes **10.00** Ritula Shah **1.00** Bill Overton **4.00** Lucy Coward

RADIO 2

9.00 Love Songs With Michael Ball **11.00** OJ Borg **1.00** Elaine Paige. In honour of National Sisters Day and National Friendship Day, a selection of tunes that celebrate kith and kin **3.00** Sounds Of The 70s **5.00** Rob Beckett **7.00** Tony Blackburn **8.00** 21st Century Folk **10.00** Radio 2 Unwinds **12.00** Ellie Brennan **3.00** Alternative Sounds Of The 90s **4.00** Owain Wyn Evans

VIRGIN RADIO

10.00 Tom Allen **1.00** Dick & Dom **4.00** Graeme Smith **7.00** Bam **10.00** Olivia Jones **1.00** Sean Goldsmith **4.00** Steve Denyer

TALKSPORT

6.00 Olympic Breakfast **10.00** Sunday Edition **12.00** Warm Up **2.00** Olympic Sunday Session **6.00** Olympic Kick-Off **10.00** Trans Europe Express **1.00** Extra Time With Paul Ross

RADIO 4 FM 92.4-94.6 MHz LW 198 kHz (1515m), MW 720 kHz **LBC** FM 97.3 MHz **RADIO 3** FM 90.2-92.4 MHz **CLASSIC FM** FM 100-102 MHz **RADIO 2** FM 88-90.2 MHz **TALKSPORT** MW 1053, 1071, 1089, 1107 kHz

BBC 1

6.00 Breakfast Headlines.
6.45 Olympics JJ Chalmers and Jeanette Kwakye introduce live coverage of day 10 at the Games, featuring action from the triathlon mixed relay, pole vault and the women's 400m hurdles; plus, the women's badminton singles final at the Porte de la Chapelle Arena, and the last day of the artistic gymnastics, with the finals of the men's parallel bars. **11.00 Olympics** JJ Chalmers and Jeanette Kwakye introduce live coverage of artistic gymnastics, including the women's beam event, and men's horizontal bar, held at the Bercy Arena.
1.00 News; Weather Reports.
1.45 Olympics Hazel Irvine introduces continued live coverage of the concluding artistic gymnastics final, as the medals are decided in the women's floor final. Elsewhere, the women's and men's kayak-cross finals take place; track cycling kicks off with the qualifying round and round one of the women's team sprints, and qualifying for the men's team pursuit; at the Aquatics Centre, the women's 10m platform finalists will be confirmed; and the first of two semi-finals in the men's football take place at Marseille Stadium.
6.00 News; Weather Reports.
6.30 Regional News Update.
7.00 Olympics Live coverage of athletics from the Stade de France, featuring the finals of the men's pole vault, and the women's discus, 5,000m and 800m. There is also coverage of the first round of the men's 200m and the women's 200m semi-finals.
10.00 News; Weather Reports.
10.40 Olympics — Tonight At The Games A look back at day 10 from Paris.
12.00 Kin Crime drama, with Aidan Gillen. (Series 2, ep 1, R) **12.50 Kin** All hell breaks loose with the shock arrival of a family member. (R)
1.45-6.00 Joins BBC News
SCOTLAND 6.30 Reporting Scotland; Weather. Update.

BBC 2

6.45 Breakfast Headlines.
9.00 Dom Does America (R)
9.30 Wanted Down Under Revisited Insights. (R)
10.15 A Countryside Summer (R)
10.45 The Farmers' Country Showdown (R)
11.15 Homes Under The Hammer Auctions. (R)
12.15 Bargain Hunt Curios. (R)
1.00 Olympics The artistic gymnastics schedule reaches a conclusion with the women's floor final, live.
1.45 Make Me A Dealer (R)
2.30 The Customer Is Always Right Inventions. (R)
3.00 Escape To The Country (R)
3.45 Ricky & Ralf's Very Northern Road Trip (R)
4.30 The Repair Shop (R)
5.15 Flog It! Selling items. (R)
6.00 Olympics Further live coverage of day 10 of the Games, featuring the men's pole vault final and the first track cycling medals will be decided in the women's team sprint.
7.00 House Of Games Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West test their skills. (R)
7.30 EastEnders Reiss panics when Phil demands a return on his fake investment scheme; and Nish surprises Suki with a face from their past.
8.00 Grand Tours Of Scotland's Rivers Paul Murton visits the Annan in Dumfries and Galloway, from where it rises above the Devil's Beef Tub all the way to the Solway Firth. (R)
9.00 Forensics — The Real CSI When an armed gang robs £300,000 worth of gold from a Birmingham jewellery store, police need to use forensic evidence to track down the gold. (R)
10.00 CHOICE Spent Mia steps up as guardian for Ella when Chrissy is taken ill. (5/6; see Critics' choice)
10.30 Newsnight Headlines.
11.05 CHOICE The Piano Stars Holly Hunter and Anna Paquin. A mute Scottish widow embarks on a passionate affair with a gruff settler. (1993, 15; see Film choice)
1.00 Countryfile (Signed, R)
1.55-2.40 The Bidding Room A golfing statue. (Signed, R)

ITV 1

6.00 Good Morning Britain
9.00 Lorraine Lifestyle chat.
10.00 This Morning Features.
12.30 Loose Women Debate.
1.30 News; Weather Reports.
2.00 Dickinson's Real Deal (R)
3.00 Tenable Quiz show. (R)
4.00 Tipping Point Game. (R)
5.00 The Chase Quiz show. (R)
6.00 Regional News Update.
6.30 News; Weather Reports.
7.30 Emmerdale Will and Kim mistrust each other; Samson finally finds the bravery to stand up to Josh; and Brenda is horrified by Eric's actions.
8.00 Coronation Street Lauren fears for the life of her baby; Hope dumps Sam and turns her attention to Jack; and Craig and Kit intercept Beth's delivery of counterfeit T-shirts.
9.00 Long Lost Family — False Identities Davina McCall and Nicky Campbell present the stories of two men born in Ireland to unmarried mothers at a time when having children outside of marriage was seen as sinful. (R)
10.00 News At Ten Bulletin.
10.45 TikTok — Murder Gone Viral After surviving an attempt on her life, TikToker star Sania Khan went viral campaigning for South Asian women's rights, but this ended up putting her in mortal danger from her ex-husband. (2/3, R)
11.40 Piglets The recruits get to wear their uniforms for the first time; Dev reveals a deeply personal issue that Steph offers to help with; and Paul gets a second shot at his mission. (3/6, R)
12.00 Teleshopping Goods.
3.00 Family Fortunes (R)
3.50 Unwind Daily relaxation.
5.05-6.00 Jimmy's Taste Of Florida The west coast. (R)



Luna Mwezi (C4, 10.35pm)

Channel 4

6.20 Cheers Comedy. (R)
7.10 Everybody Loves Raymond Comedy. (R)
9.00 Frasier Sitcom. (R)
11.00 The Simpsons Cartoon. (R)
12.00 News; Weather Reports.
12.05 Paris 2024 Paralympics — Meet The Athletes (R)
12.10 A New Life In The Sun (R)
1.10 Car SOS Revamps. (R)
2.10 Countdown Game.
3.00 A Place In The Sun (R)
4.00 The Great House Giveaway Property.
5.00 A New Life In The Sun — Where Are They Now? New run of the series.
6.00 Come Dine With Me (R)
6.30 The Simpsons Cartoon. (R)
7.00 News; Weather Reports.
8.00 Yorkshire By The Sea New series charting the lives of locals living on Yorkshire's coastline. The first episode features a family from Bridlington who have been fishing the North Sea for generations. (1/4)
9.00 24 Hours In A&E A pedestrian is rushed to Queen's Medical Centre in Nottingham with multiple life-threatening injuries.
10.00 CHOICE On The Edge: Wet Look. New run of the anthology, beginning with the story of a human and a mermaid navigating a burgeoning relationship.
10.35 On The Edge: Letting Go. With Luna Mwezi. A foster father cannot bear to give up the teenage girl he has raised.
11.10 On The Edge: The Final Countdown. An old man refuses to accept the reality of his wife's dementia. (See Critics' choice; last in series)
11.40 The Great Catherine plays a dangerous game with herself. (S3, ep 9) **12.40 The Great** A court scientist announces that a comet is about to pass through Russia. (Last in series)
1.40 FILM: Proxima Stars Eva Green and Matt Dillon. Decent drama. (2019, 12)
3.25 Becoming Elizabeth Edward plans to marry off his sisters. (7/8, R)
4.20 Paris 2024 Paralympics — Meet The Athletes (R)
4.25 Food Unwrapped (R)
4.50 Frasier Sitcom. (R)
5.40-6.20 Countdown (R)

Channel 5

6.00 Milkshake! Children's fun.
9.15 Jeremy Vine Debate.
11.30 Storm Huntley Opinions.
12.45 Friends US sitcom. (R)
1.40 News; Weather Reports.
1.45 Home And Away Levi's condition takes a turn. (R)
2.15 Mummy's Deadly Son Thriller, with Rene Ashton. A woman is in a desperate battle to save her only son and must fight for his life to prove his innocence. (R)
4.00 The Cruise — Fun-Loving Brits At Sea (R)
5.00 News; Weather Reports.
6.00 Amazing Railway Journeys Nick Knowles explores Prague, Bratislava and Budapest. (R)
6.55 News; Weather Reports.
7.00 Traffic Cops A focus on officers on patrol in North Yorkshire, as they clamp down on young drivers causing danger on the county's roads. (R)
7.55 News; Weather Reports.
8.00 Motorway Cops — Catching Britain's Speeders A sergeant races to the scene when a child is knocked off his bike by a car outside a school in Gateshead, but the waiting time for an ambulance is three hours.
9.00 CHOICE Lucy Letby — Did She Really Do It? A look at the case against the former neonatal nurse, who was found guilty of killing seven babies and trying to kill six more between June 2015 and June 2016. (See Critics' choice)
10.00 999 — Police Hour Of Duty A man reports that his housemate is threatening to kill him and his partner, but the suspect denies the allegations, before saying he, not the caller, is the victim. (R)
11.05 Police 999 — Clear & Present Danger Hampshire police break into a house to free a woman from a knife-wielding intruder; and a collision leads to an escape on foot. (R)
12.05 Traffic Cops Crime. (R)
1.00 Casino Show Gambling.
3.00 The Royals In Wartime Documentary. (1/2, R)
4.40 Wildlife SOS Animals. (R)
5.05 House Doctor Advice. (R)
5.30 Entertainment News
5.35-6.00 Children's Shows

Variations

BBC2 WALES 8.00 Weatherman Walking — The Welsh Coast **8.30 SOS — Extreme Rescues** **9.00** Sian Phillips At 90 **BBC SCOTLAND 2.00** Sign Zone: Beechgrove Garden **2.30** Scotland's Home Of The Year **3.00-4.00** Scotland's Sacred Islands **7.00** Paramedics On Scene **8.00** Life On The Bay **8.30** Janey And Ashley Get A Real Job **9.00** The Nine **10.00** River City **10.30** Picture Slam **11.15** Norwegian Fling **11.45-12.00** Rewind 2000s

STV 6.00 Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30** Loose Women **1.30** News; Weather **2.00** Dickinson's Real Deal **3.00** Tenable **4.00** Tipping Point **5.00** The Chase **6.00** Regional News **6.30** News; Weather **7.30** Emmerdale **8.00** Coronation Street **9.00** Long Lost Family — False Identities **10.00** News; Weather **10.30** Regional News **10.45** TikTok — Murder Gone Viral **11.40** Love & Death **12.35** Teleshopping **3.00** Family Fortunes **3.50** Unwind **5.05-6.00** Jimmy's Taste Of Florida

S4C 6.00 Cyw **8.00** Olobobs **8.05** Ysbyty Cyw Bach **8.20** Patrol Pawennau **8.35** Digbi Draig **8.45** Ben Dant **9.05** Blociau Lliw **9.10** Shwshaswyn **9.20** Twt **9.30** Eisteddfod Genedlaethol Cymru **12.00** News **12.05** Eisteddfod Genedlaethol Cymru **2.00** News **2.05** Eisteddfod Genedlaethol Cymru **6.00** Cynefin **7.00** Heno **7.30** News **8.00** Eisteddfod Genedlaethol Cymru **9.25** News **9.30** Canu Gyda Fy Arwr **10.30** Ralio+. Action from the Rally Finland **11.00** Y Babell Len **12.00-1.30** Eisteddfod Genedlaethol Cymru

You say No! Don't knock **The Great British Sewing Bee** (BBC1). It's been the only thing worth watching in the past few weeks. It's made me dust off my sewing machine.
Judith Tudgay
 That's it. I've heard enough carping about sport on TV — 22 million watched the Euros final. The silent majority just watch and enjoy. The noisy minority just scoff and bluster. Get over yourselves.
Stuart Taylor
 Send your comments to telly@sunday-times.co.uk

Critics' choice

House Of The Dragon (Sky Atlantic/Now, 2am/9pm)

The final episode of the second season of the fantasy drama – based on George RR Martin's prequel to the novel series behind *Game of Thrones* – has been set up as a bloody showdown in the civil war between rival branches of the Targaryen dynasty, and feuding claimants to the iron throne. Loyal to Rhaenyra (Emma D'Arcy), the Blacks include her wicked uncle and husband, Daemon (Matt Smith), while the Greens support the claims of Rhaenyra's half-brother Aegon (Tom Glynn-Carney), and have been led by his brother Aemond (Ewan Mitchell). So you might expect the carnage in the finale to encompass some big names. Yet we know a third series is in the works – and Martin has spoken of a fourth one – and hence culling audience favourites wouldn't make sense. So maybe dragons will be the only casualties.

John Dugdale



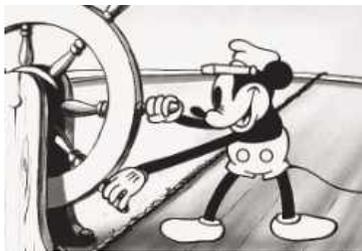
Facing many challengers: Emma D'Arcy as Rhaenyra Targaryen

On The Edge (C4, from 10pm)

Channel 4 says the idea of "care and caring" links the fourth season of its anthology. The three plays share protagonists forced to accept the reality of their situations, not how they'd prefer them to be. In Toby Parker Rees' **Wet Look (10pm)** – said to be a parable about disability – Gwynn (Tanya Reynolds) is a mermaid marooned, tailless, on dry land, whose boyfriend (Iwan Rheon) does his best to help. Beru Tessema's **Letting Go (10.35pm)** centres on Gabriel (Anthony Welsh), a boxing coach reluctant to let his foster-daughter (Luna Mwezi) go back to her birth mother. Natalie Burt's **The Final Countdown (11.10pm)** stars Eileen Davies and Paul Copley as an elderly couple – Dora has dementia and Ray is in denial about her condition. Their grandson, Terry (Joseph Payne), pushes him to agree to her going into residential care. *JD*

How Disney Built America (Sky History/Now, 9pm)

Other countries may not have quite the same love for all things Disney as does the US, but it's always interesting to see how America tells its stories. Admiringly, judging by this entertaining documentary series that shows Walter Elias Disney browbeat his brother Roy into pursuing his ambitious vision for animation. Strangely, it is not in the slightest bit visual, just the usual combination of historical reconstructions and talking heads.



Steamboat Willie (Sky History, 9pm)

Lucy Letby — Did She Really Do It? (C5, 9pm)

In August last year the neonatal nurse Lucy Letby was found guilty of murdering seven babies and attempting to kill six more at the Countess of Chester Hospital's neonatal unit between June 2015 and June 2016. The 33-year-old was given a whole-life jail term. However, since then some critics have raised doubts about the safety of the conviction, and this documentary is set to outline the main issues.

Spent (BBC2, 10pm)

With her mum having come off her medication and landed back in hospital, Mia, a woman who has eschewed all responsibility since she was a teenager, finds herself responsible for Chrissy's foster child. It's Ella's 15th birthday soon, and when Mia offers her a party, she gladly accepts.

Helen Stewart

On demand

● Icarus (Netflix)

If you need a little more intrigue and drama in your Olympic viewing schedule then try this 2017 documentary, directed by and starring the American playwright and activist Bryan Fogel. It begins as a relatively small affair with Fogel, a high-level cyclist, fascinated by how competitive cyclists such as Lance Armstrong were able to dodge positive drug

tests. Once Grigory Rodchenkov, who was director of the Anti-Doping Laboratory in Moscow, enters the picture, Fogel's film morphs into a paranoid Hollywood thriller. It's edge-of-your-seat stuff.

● Dramarama (YouTube)

Not to be confused with the modern animated kids' TV show *Total Dramarama*, this was an anthology series of short plays for teens, shown on ITV between 1983 and 1989. A showcase for budding

writers (Paul Abbott, Kay Mellor) and young actors (David Tennant, Gary Oldman), the series is best remembered for its supernatural episodes, which were, by and large, far too scary for its after-school audience. Best of the bunch are *The Exorcism of Amy* and the deeply strange *Snap*, about a young photographer who is pursued across Romney Marsh by his own double, who keeps asking: "Let me be you." *Brrr.*

Andrew Male

Olympics: Day 10 Today's highlights

One of Team GB's brightest stars, Keely Hodgkinson goes for gold in the **800m final (8.45pm)** while the Brit Toby Roberts will hoping to reach new heights in the **climbing (9am)**. Team GB's women should do well in the **track cycling (4pm)** and on the water there's **kiteboarding** and the **women's and men's kayak cross finals (3.43pm/3.48pm)**. There's also the **men's pole vault (6pm)**. Joe Fraser is a Brit to watch in the **parallel bars (10.45am)**.

Tim Glanfield

Joe Fraser



Film choice

The Piano (BBC2, 11.05pm)

Jane Campion's peerless triple Oscar-winner is almost the perfect film, with Michael Nyman's never-better score and Stuart Dryburgh's gorgeous cinematography, but there are elements that might have passed you by. Sam Neill is a revelation as Stewart, the prissy colonialist who attempts to subdue his new, mute wife, Ada (Holly Hunter). Harvey Keitel is bleakly funny as Ada's illicit suitor, Baines. (1993)

Attack The Block (Film4, 11.35pm)

In the writer-director Joe Cornish's entertaining sci-fi comedy a full-scale alien attack is launched against the residents of a London tower block, but the extraterrestrials have underestimated the tenacity and sheer bloody-mindedness of the kids who live there. (2011)

Wings Of Desire (Film4, 1.20am)

Wim Wenders' astonishing, award-winning fantasy drama depicts life in a divided Berlin through the eyes of angels. Wrapped up in dark trench coats, Daniel (Bruno Ganz) and Cassiel (Otto Sander) watch over the city, listening to the thoughts of the human inhabitants and trying to offer comfort to the desperate and lonely souls they encounter, including Marion (Solveig Dommartin), a trapeze artist. (1987)

BBC 3

- 7.00pm Top Gear** Motoring.
- 8.00 Shark Tank — Dragons' Den US** Peter Jones joins his American counterparts.
- 8.45 Becoming... Furiosa** With guest Anya Taylor-Joy.
- 9.00 Stacey Dooley Sleeps Over** Meeting a Brighton couple who believe their children do not need rules.
- 9.50 High — Confessions Of An Ibiza Drug Mule** Michaelaella spends time behind bars.
- 10.25 Him & Her** Becky, Steve and friends watch the lottery. (S2, ep 5) **10.50 Him & Her** Becky and Steve are late for the cinema.
- 11.15 Drugs Map Of Britain**
- 12.15 Eating With My Ex**
- 12.45 Quiet Life** Comedy short.
- 1.00 Top Gear** Magazine.
- 2.00 As 9.50pm**
- 2.35 My Mate's A Bad Date**
- 3.00-4.00 Him & Her**

BBC 4

- 7.00pm Great British Railway Journeys** In Northumbria.
- 7.30 Gareth Edwards' Great Welsh Adventure** The rugby star and his wife take charge of a narrowboat on the Llangollen Canal.
- 8.00 Art Of France** Examining how Impressionism developed. (Last in series)
- 9.00 Rebuilding Notre-Dame — The Next Chapter** The restoration of the cathedral.
- 10.00 Paris Underground** movements that have defined the city in the 20th century. (Last in series)
- 11.00 Becoming Matisse** The 20th-century artist.
- 12.00 Art On The BBC: Van Gogh — Life And Art**
- 1.00 As 7pm**
- 1.30 As 7.30pm**
- 2.00 Becoming Matisse**
- 3.00-4.00 Art Of France**

ITV 2

- 6.00pm Catchphrase** With Kadeena Cox, Adam James and Ellie Taylor.
- 7.00 In With A Shout** Game.
- 8.00 Bob's Burgers** The Belchers tell their own versions of an infamous incident. (S12, ep 16) **8.30 Bob's Burgers** Louise hides a spider in her room.
- 9.00 Family Guy** Brian's son Dylan turns up. (S12, ep 11) **9.30 Family Guy** Peter meets an elderly friend of his mother. **10.00 Family Guy** Chris learns he is the heir to Carter's fortune. (S12, ep 14) **10.30 Family Guy** Quagmire becomes a sex slave. (S12, ep 3) **11.00 Family Guy** Meg is threatened by a new pupil.
- 11.30-12.00 American Dad!** Roger is able to see into the future. (Series 9, ep 9)

ITV 3

- 6.00pm Heartbeat** A music manager is found dead after his wedding reception. **7.00 Heartbeat** Carol asks Joe for help when suspicions mount against her following the death of a pensioner.
- 8.00 Vera** The detective investigates the death of a teenager who disappeared during the 1984 miners' strike. (Series 5, ep 2)
- 10.00 Cracker** Crime drama, with Robbie Coltrane. Fitz tries to establish if a murder suspect is genuinely suffering from amnesia. (Series 1, ep 1) **11.05-12.00 Cracker** Pressure mounts on Fitz as he tries to unravel the roots of the murder suspect's amnesia by inviting him into his home.

E4

- 6.00pm The Big Bang Theory** Leonard and Howard send Sheldon on a train trip. (Series 10, ep 15) **6.30 The Big Bang Theory** Amy is furious with Sheldon.
- 7.00 Hollyoaks** Chester soap.
- 7.30 Come Dine With Me** Dinner-party challenge from in and around Essex.
- 8.00 Below Deck** Captain Lee plays a prank on a guest; and Ross and Katie define their relationship.
- 9.00 Gogglebox** Opinions on programmes including The Wheel, Top Gear and Jamie's £1M Wonders.
- 10.00 Naked Attraction** A sex therapist and a content creator choose potential partners from looks alone.
- 11.05-12.05 First Dates** A 71-year-old widow goes on her first date in 51 years.

U&Drama

- 5.25pm Birds Of A Feather** The boys are released from prison. (Series 7, ep 3)
- 6.05 Desmond's** The barber hopes the arrivals of Shirley's older sister from Jamaica will cheer her up. (Series 1, ep 4)
- 6.40 Are You Being Served?** Mr Humphries catches a rare tropical disease.
- 7.20 Last Of The Summer Wine** A hang-gliding enthusiast crashes down in the village.
- 8.00 The Brokenwood Mysteries** A band's van mysteriously explodes after Brokenwood's first drum 'n' bass festival. (S8, ep 2)
- 10.00 New Tricks** Ucos is halted and threatened with closure. (Series 12, ep 10)
- 11.00-1.05 Silent Witness** Pathologist Sally Vaughan disappears. (Series 21, ep 1)

Sky Arts

- 6.00pm Tales Of The Unexpected** An elderly aristocrat reveals a shocking secret. **6.30 Tales Of The Unexpected** A businessman ignores valuable advice.
- 7.00 Painting Birds** Jim and Nancy Moir explore the Cairngorms on the hunt for the crested tit.
- 8.00 Andre Rieu — Live In Brazil** A performance by the Dutch violinist in Sao Paulo.
- 10.00 Golden Age — Milos At Blenheim Palace** The guitarist plays at the country house in Woodstock, Oxfordshire.
- 11.10-12.20 Nigel Kennedy — The Four Seasons** The violinist performs Vivaldi's work with the English Chamber Orchestra.

Sky Max

- 6.00pm Stargate SG-1** A sleepy seaside town hides a sinister secret. (Series 6, ep 5, R) **7.00 Stargate SG-1** Colonel O'Neill is taken prisoner. (R)
- 8.00 Freddie Fries Again** Andrew Flintoff and Rob Penn visit Newmarket. (R)
- 9.00 Mr Bigstuff** Lee reveals more about the men who are after him. (4/6, R)
- 9.30 The Walking Dead** Glenn and Michonne try to lead the survivors back to Alexandria, with a roaming herd of walkers hot on their tails. (Series 6, ep 3, R)
- 10.30 Warrior** Big Bill spots a way to pay off his gambling debts. (Series 1, ep 4, R)
- 11.30-12.30 The Force — Manchester** Officers raid a property believed to house a cannabis factory. (R)

Sky Atlantic

- 5.55pm Britannia** A mysterious traveller arrives at Aulus' castrum asking questions about Lucius. (Series 2, ep 3) **6.55 Britannia** Cait and Divis make their way to a new safe haven following their narrow escape.
- 7.55 Game Of Thrones** Lord Walder Frey plays host to a long-awaited wedding. (Series 3, ep 9)
- 9.00 CHOICE House Of The Dragon** Fantasy drama, with Emma D'Arcy. (See Critics' choice; last in series)
- 10.25 The Last Of Us** Joel and Ellie draw the attention of a vindictive rebel leader while driving through Kansas City. (4/9)
- 11.25-12.50 House Of The Dragon** Fantasy drama, with Matt Smith and Emma D'Arcy. (Last in series)

TPTV

- 6.00pm For The Love Of Ada** Ada is annoyed when Walter refuses to go dancing with her. (S1, ep 5)
- 6.30 Out Of Town** Jack Hargreaves watches woodland pigs foraging.
- 7.00 The Footage Detectives** Featuring footage of London in the 1940s and dancing in the 1960s.
- 8.00 Enemy At The Door** A headline general accuses Richter of being too lenient with the islanders.
- 9.05 Murder East — Murder West** One-off thriller about refugee smuggling during the Cold War.
- 11.10 FILM: Wicked As They Come** Stars Arlene Dahl and Philip Carey. Great crime drama. (1956, PG, B/W; ends at 1.05)

Films

- SKY CINEMA PREMIERE**
- 4.30pm Trolls Band Together** (2023, U) **6.15 Parallel.** A grief-stricken woman meets a version of herself from a parallel universe. (2024, 15) **8.00 Mean Girls.** Musical adaptation. (2024, 12) **10.00-12.10 Concrete Utopia.** Survivors from a huge earthquake struggle for a new life in Seoul. (2023, 15)
- SKY CINEMA THRILLER**
- 6.00pm Now You See Me.** Four magicians use their lavish stage shows to cover heists. (2013, 12)
 - 8.00 Now You See Me 2.** Magicians turned criminals expose the activities of a ruthless businessman. (2016, 12) **10.15-12.05 10 Cloverfield Lane.** A woman is trapped in a bunker by a man claiming the world is about to end. (2016, 12)
- SKY CINEMA GREATS**
- 5.35pm Forrest Gump** (1994, 12)
 - 8.00 Spider-Man.** A teen bitten by a genetically engineered spider develops superhuman powers. (2002, 12) **10.15 Clerks** (1994, 15)
 - 11.50-2.00 Blade** (1998, 18)

- SKY CINEMA SELECT**
- 4.50pm Black Adam** (2022, 12)
 - 7.00 Ready Player One** (2018, 12)
 - 9.25 Transformers — Rise Of The Beasts.** Robot creatures fight alongside the Autobots to thwart a deadly Deceptions. (2023, 12)
 - 11.35-1.05 Scooby-Doo** (2002, PG)
- SKY CINEMA DRAMA**
- 5.55pm The Danish Girl** (2015, 15)
 - 8.00 Ferrari** (2023, 15) **10.15-12.40 A Few Good Men** (1992, 15)
- FILM 4**
- 4.50pm One Million Years BC** (1966, PG) **6.50 Sister Act 2 — Back In The Habit.** Comedy sequel. (1993, PG) **9.00 xXx.** A convict agrees to take on a terrorist gang. (2002, 12) **11.35-1.20 CHOICE** Attack The Block (2011, 15; see Film choice)
- Entertainment**
- ITV 4**
- 6.00pm BattleBots** **7.00 The Chase** **8.00 MotoGP Highlights** **9.00 FILM: Rambo — First Blood Part II.** Adventure sequel **11.05 The Motorbike Show** **12.00 Motorsport UK** **1.00 Auto Mundial** **1.25 Motorsport Mundial** **1.50-2.40 From Dusk Till Dawn**

- MORE 4**
- 5.50pm Chateau DIY** **6.55 Car SOS** **7.55 Grand Designs** **9.00 Help! We Bought A Hotel** **10.00 Trains From Hell — Caught On Camera** **11.05 24 Hours In A&E** **12.10 Paris 2024 Paralympics — Meet The Athletes** **12.15 Emergency Helicopter Medics** **1.20-2.20 999 — On The Front Line**
- GOLD**
- 6.00pm** Keeping Up Appearances **6.40 Dad's Army** **8.00 The Thin Blue Line** **8.40 The Vicar Of Dibley** **9.30 Harry Enfield And Chums.** Sketches **10.10 Men Behaving Badly** **10.50 The Royle Family** **11.30 The Thin Blue Line** **12.10 The Vicar Of Dibley** **1.00 Harry Enfield And Chums** **1.40-2.15 Men Behaving Badly**
- SKY COMEDY**
- 6.00pm** The US Office **7.00 The Conners** **8.00 Will & Grace** **9.00 Last Week Tonight** **9.45 Silicon Valley** **11.00 Last Week Tonight** **11.45 Sex And The City** **12.55 And Just Like That** **1.40-3.00 Fantasma**
- 5 STAR**
- 6.00pm** Home And Away **7.00 GPs** — Behind Closed Doors **8.00 Casualty** **24/7 — Every Second Counts**

- 9.00 Ambulance — Code Red** **10.00 999 — Critical Condition** **11.05 Wayne Couzens — Killer In Plain Sight.** Documentary **12.40 Cold Case Killers** **1.40-2.35 Skin A&E**
- 5 USA**
- 6.00pm** NCIS **9.00** NCIS: Hawai'i **10.00** Law & Order: Special Victims Unit **1.50-3.35** Law & Order
- SKY WITNESS**
- 6.00pm** Nothing To Declare **8.00 Blue Bloods** **9.00** The Cleaning Lady. Thony takes things into her own hands to take Kamdar down **10.00** Coroner **11.00** Chicago Fire **12.00** The Good Doctor **1.00-3.00** Elsbeth
- U&W**
- 6.00pm** Tipping Point — Lucky Stars **8.00** Amanda & Alan's Italian Job **8.40** Sort Your Life Out With Stacey Solomon **10.00** The Gentle Art Of Swedish Death Cleaning **11.00** Louis Theroux Interviews: Rita Ora **12.00** Ambulance Australia **1.00** Bang On Budget **2.00-3.00** The Undateables
- COMEDY CENTRAL**
- 6.00pm** Friends **8.00** Most Ridiculous **9.00** Dara O Briain — Craic Dealer **10.00** Jimmy Carr — Being Funny **11.00** Lee Evans Live At Wembley

- 1.00** Ed Byrne — Spoiler Alert **2.00-3.00** Andrew Maxwell — Yo Contraire
- U&YESTERDAY**
- 6.00pm** Antiques Roadshow **7.00** Find It, Fix It, Flog It **8.00** Abandoned Engineering **9.00** Agatha Christie — Lucy Worsley On The Mystery Queen **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00-1.00** Great Continental Railway Journeys
- U&DAVE**
- 6.00pm** Rick Stein's Cornwall **7.00** Would I Lie To You? **7.40** House Of Games **9.00** QI XL. Stephen Fry hosts **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week **12.40** Would I Lie To You? **1.20-2.00** Room 101
- Factual**
- NATIONAL GEOGRAPHIC**
- 6.00pm** Air Crash Investigation **8.00** Construction Fails **9.00** Air Crash Investigation — Special Report **10.00** Air Crash Investigation **12.00** Banged Up Abroad **1.00-2.00** Wicked Tuna
- DISCOVERY**
- 6.00pm** Iron Resurrection **7.00** Jeremy Wade's Dark Waters

Team GB star of the day Toby Roberts

Today's event

Climbing: men's boulder and lead combined.

How to watch

9am, BBC1.

Age 19.

From Elstead, Surrey.

Previous Olympics

None.

Biography

Roberts has been climbing almost as long as he's been walking, with his first recorded climb on a family day out aged three. A child prodigy, he became the youngest Brit to climb the 8a Raindogs route at Malham Cove in North Yorkshire at just ten years old. Coached by his dad, Tristian, Toby climbed through Covid-19 on a wall in his back garden – with his dedication rewarded by becoming the first Brit to win a lead World Cup medal in 28 years, in 2022. Victory in the European qualifiers made him the first British male climber to secure a place at the Olympics.



Tim Glanfield

8.00 Wheeler Dealers **9.00** Shorty's Dream Shop **10.00** Last Chance Garage **11.00** Outback Truckers **12.00** Mysteries Of The Deep **1.00-2.00** Shorty's Dream Shop

PBS AMERICA

5.35pm WWII In Color — Road To Victory **6.40** Ancient Apocalypse **7.50** The Lost Colony Of Roanoke **8.50** Battle Of Little Bighorn. A look at the 1876 battle **9.55** WWII In Color — Road To Victory **11.00-12.00** The Lost Colony Of Roanoke

SKY DOCUMENTARIES

6.00pm The Vietnam War **7.00** OJ — Made In America **8.50** My Icon: Kadeena Cox **9.00** The Inventor — Out For Blood In Silicon Valley **11.15-12.15** Mission To Burnley

SKY NATURE

6.00pm Upton Otters **7.00** Monkey Life **8.00** Extreme Africa **9.00** Wild Israel **10.00** Upton Otters **11.00-12.00** Beasts Of The Big Blue

DISCOVERY HISTORY

6.00pm Combat Dealers **7.00** Expedition Unknown **8.00** America — Facts vs Fiction **9.00** Combat Dealers **10.00** Salvage Hunters **11.00-12.00** Find It, Fix It, Flog It

Sport

SKY SPORTS MAIN EVENT

6.00am News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** News **12.00** Transfer Talk **1.00** Lunchtime Live **2.00** Sports Desk **2.30** LIVE The Hundred: Welsh Fire Women v Southern Brave Women **6.00** LIVE The Hundred: Welsh Fire Men v Southern Brave Men **7.30** LIVE SPFL: St Johnstone v Aberdeen. Kickoff 8.00 **10.30** Back Pages Tonight **11.00-6.00** News

TNT SPORTS 1

6.00am Champions Cup **7.00** In My Blood **7.30** Ultimate Pool **9.00** ODI Cricket **11.00** Uefa Champions League **11.30** Between The Lines **12.00** Uefa Europa League **1.00** Uefa Conference League **1.30** Documentary **2.15** PL World Beaters **2.45** ODI Cricket **3.45** LIVE GT20 Cricket: Surrey Jaguars v Bangla Tigers Mississauga **7.45** WRC **8.45** LIVE GT20 Cricket: Toronto Nationals v Montreal Tigers **12.45** Uefa Champions League Goals Reload **1.00** LIVE WWE **4.15** Ariel Helwani Meets **5.15** Sport In Focus **5.30-6.00** Rugby Union

Radio & Podcasts

● CMA Fest 2024 (BBC Sounds)

Radio 2's coverage of last month's Nashville country music festival, attended by more than 200,000 fans, is fronted by four female performers. The British country star Kezia Gill reports on her first visit to the festival, and other shows are presented by the singers Hannah Dasher and Brittney Spencer, who features on Beyoncé's *Cowboy Carter* album, and the singer-songwriter Lindsay Ell, who is Shania Twain's guitarist. Between them they attended the nightly shows at the four-day event and talked to many of the biggest names in the country scene.



Hannah Dasher is one of the hosts for BBC Sounds

● How They Made Us Doubt Everything (Radio 4, 1.45pm)

In the second series of the programme that investigates how tactics used by industries can delay regulation and cast doubt over science, Phoebe Keane reports on how the

dangers of talc – in talcum powder and cosmetics – including how it could be linked to cancer. She talks to Hannah Fletcher, diagnosed with a rare form of the disease, which is linked to asbestos exposure that she discovered could be linked to the material.

● Commons — Inside Kabul (podcast)

This Canadian series is an adaptation of an award-winning French podcast in which twentysomething Afghani women Raha and Marwa exchange hundreds of voice notes with a journalist, Caroline Gillet, over the course of a year since the re-emergence of the Taliban regime in 2021. *Clair Woodward*

TIMES RADIO

5.00 Rosie Wright With Early Breakfast **6.00** Aasmah Mir And Stig Abell With Times Radio Breakfast **10.00** Ed Vaizey **1.00** Ayesha Hazarika **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar With Times Radio Drive **7.00** The Evening Edition **10.00** Darryl Morris **1.00** The Story **1.30** The Best Of Times Radio

To get in touch with the Times Radio studio, text *TIMES* plus your message to 87222. Texts cost your standard message charge.

RADIO 4

5.30 News **5.43** Prayer **5.45** Farming Today **6.00** Today **9.00** Orwell vs Kafka (R) **9.30** Natalie Haynes Stands Up For The Classics. Creating comedy routines about Aesop **10.00** Woman's Hour **11.00** Policing Protest **11.45** Battle Grounds — Culture Wars In The Countryside (R) **12.00** News **12.04** You And Yours **1.00** The World At One **1.45** How They Made Us Doubt Everything. A new run begins with the story of a woman exposed to asbestos through make-up **2.00** The Archers (R) **2.15** Ed Reardon's Week (R) **2.45** Gambits (R) **3.00** Great Lives. In the first of a new series, Miriam Margolyes chooses her hero, Charles Dickens **3.30** Extreme. The influence of the cult bodybuilding figure Dan Duchaine **4.00** Living Without Our Smartphones — The Adults' Turn (R) **4.30** Alexei Sayle's Strangers On A Train (R) **5.00** PM **6.00** News **6.30** The Unbelievable Truth. New series. With Tony Hawks, Lucy Porter, Zoe Lyons and Justin Edwards **7.00** The Archers **7.15** Front Row **8.00** The Briefing (R) **8.30** Inside Science (R) **9.00** History's Secret Heroes (R) **9.30** To Catch A Scorpion (R) **10.00** The World Tonight **10.45** Book At Bedtime **11.00** Harland. By Lucy Catherine (R) **11.30** Lights Out (R) **12.00** News **12.30** Battle Grounds — Culture Wars In The Countryside (R) **12.48** Shipping **1.00** As World Service

RADIO 4 EXTRA

5.00 The Pasadenas' Almanac **5.30** MacFlintock's Palace **5.45** Mrs Dale's Diary — A Look Back: 1954-1955 **6.00** Lord Jim **6.30** Monty's Revolver **6.45** The One About The Social Worker **7.00** Anything Legal **7.30** Stop Messing About! **8.00** In And Out Of The Kitchen **8.30** No Room For Secrets **8.45** Where Angels Fear To Tread **9.00** Mark Steel's In Town **9.30** New Storytellers **9.45** Daily Service **10.00** Radiolab **10.55** Inheritance Tracks **11.00** Lord Jim **11.30** Monty's Revolver **11.45** The One About The Social Worker **12.00** Anything Legal **12.30** Stop Messing About! **1.00** In And Out Of The Kitchen **1.30** No Room For Secrets **1.45** Where Angels Fear To Tread **2.00** Just A Minute **2.30** Snap **3.00** The Carlingford Chronicles — Miss Marjoribanks **4.00** Radiolab **4.55** Inheritance Tracks **5.00** Lord Jim **5.30** Monty's Revolver **5.45** The One About The Social Worker **6.00** Anything Legal **6.30** Stop Messing About! **7.00** In And Out Of The Kitchen **7.30** No Room For Secrets **7.45** Where Angels Fear To Tread **8.00** Just A Minute **8.30** Snap **9.00** The Carlingford Chronicles — Miss Marjoribanks **10.00** Mark Steel's In Town **10.30** Goodness Gracious Me **11.00** Catherine Bohart — TL:DR **11.30-12.00** The Ape That Got Lucky

LBC

7.00 Nick Ferrari **10.00** James O'Brien **1.00** Vanessa Feltz **4.00** Tom Swarbrick **6.00** Tonight With Andrew Marr **7.00** Iain Dale. Debate **10.00** Ben Kentish **1.00** Richard Spurr **4.00** Ian Payne

RADIO 3

6.30 Breakfast **9.30** Essential Classics **1.00** Classical Live. Tom McKinney presents another chance to hear Saturday night's Prom featuring the contralto Jess Dandy, the cellist Senja Rummukainen, the BBC Symphony Chorus and BBC Symphony Orchestra **4.00** Composer Of The Week: Musical Olympians — Joseph Bologna **5.00** In Tune. Music and arts news

7.00 Classical Mixtape. A selection of classical favourites mixed with jazz, folk and music from around the world **7.30** BBC Proms. Live at from the Royal Albert Hall, the London Philharmonic Orchestra perform Rachmaninov's Symphononic Dances, and Benjamin Grosvenor is the soloist in Busoni's Piano Concerto **10.15** Night Tracks. Sara Mohr-Pietsch with an immersive soundtrack for late-night listening, from classical to contemporary and everything in between **11.30** 'Round Midnight. Saxophonist Soweto Kinch presents the best in jazz, with a focus on the British scene **12.30** Through The Night

CLASSIC FM

6.30 Aled Jones **9.00** The Hall Of Fame Hour **10.00** Alexander Armstrong **1.00** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** John Brunning **10.00** Ritula Shah **1.00** Bill Overton **4.00** Lucy Coward

RADIO 2

6.30 The Zoe Ball Breakfast Show **9.30** Vernon Kay. Sheryl Crow picks tracks **12.00** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **7.00** Jo Whaley **9.00** The Blues Show. Moby sits in for Cerys Matthews **10.00** Trevor Nelson's Magnificent **7** **10.30** Trevor Nelson's Rhythm Nation **12.00** Ellie Brennan **2.30** One Hit Wonders **3.00** Power Of Jazz (R) **4.00** Owain Wyn Evans

VIRGIN RADIO

6.30 Angela Scanlon on The Chris Evans Breakfast Show **10.00** Vogue Williams **1.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Bam **10.00** Olivia Jones **1.00** Sean Goldsmith **4.00** Steve Denyer

TALKSPORT

5.00 Early Sports Breakfast **6.00** Talksport Breakfast With Jeff Stelling **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** Talksport Drive With Andy Goldstein And Darren Bend **7.00** Olympic Kick-Off **10.00** The Sports Bar **1.00** Extra Time

BBC 1

- 6.00 Breakfast** Headlines.
8.00 Olympics Live coverage as day 11 gets under way. Kenyan Faith Kipyegon and Britain's Laura Muir will look to make safe passage in the women's 1500m at the Stade de France, while Olympic champions Neeraj Chopra and Karsten Warholm begin the defence of their titles in the men's javelin and men's 400m hurdles respectively. Plus, coverage from the Chateau de Versailles with the individual equestrian jumping final to be decided.
- 1.00 News; Weather Reports.**
1.45 Olympics Further live coverage of events on day 11, featuring the women's 10m platform diving final at the Aquatics Centre. At La Concorde Team GB's Sky Brown is vying for another skateboarding Olympic medal, having become the nation's youngest-ever medallist with a bronze in Tokyo. The day's track cycling gets under way at the Saint-Quentin-en-Yvelines Velodrome with the women's team pursuit qualifying sessions.
- 6.00 News; Weather Reports.**
6.30 Regional News Update.
7.00 Olympics Live coverage continues with the conclusion of the men's track cycling team sprint at the Saint-Quentin-en-Yvelines Velodrome, followed by an evening of athletics at the Stade de France, as the women's 200m champion is crowned. Plus, the women's 400m hurdles semi-finals, men's long jump final, men's 1500m final, women's 3,000m steeplechase final, and the women's hammer final.
- 10.00 News; Weather Reports.**
10.40 Olympics — Tonight At The Games A recap of all the headlines from day 11 in the French capital.
- 12.00 Kin** Viking receives unsettling news. (Series 2, ep 3, R) **12.50 Kin** Bren continues to undermine Amanda's power. (R)
- 1.45-6.00 Joins BBC News**
- SCOTLAND 6.30** Reporting Scotland; Weather. Update.

BBC 2

- 6.30 A To Z Of TV Gardening** With Carol Kirkwood. (R)
- 7.15 The Bidding Room** With Nigel Havers. (Signed, R)
- 8.00 Breakfast** Headlines.
9.00 Dom Does America (R)
9.30 Wanted Down Under Revisited (R)
- 10.15 A Countryside Summer** Britain's beaches. (R)
- 10.45 The Farmers' Country Showdown** (R)
- 11.15 Homes Under The Hammer** Auctions. (R)
- 12.15 Bargain Hunt** Curios. (R)
- 1.00 Olympics** Continued live coverage from day 11, as sailing medal races and the first men's hockey semi-final get under way.
- 1.45 Make Me A Dealer** (R)
2.30 The Customer Is Always Right Product tests. (R)
3.00 Escape To The Country Pembrokeshire. (R)
3.45 Ricky & Ralf's Very Northern Road Trip (Last in series, R)
4.30 The Repair Shop (R)
5.15 Flog It! Selling items. (R)
6.00 Olympics Live coverage continues with the men's team sprint track cycling final at the Saint-Quentin-en-Yvelines Velodrome.
- 7.00 House Of Games** (R)
7.30 EastEnders Eve makes a big decision; and Reiss lies to Sonia to get out of trouble with Phil.
- 8.00 Inside The Factory** Gregg Wallace learns the secrets of rice pudding on a visit to the Ambrosia factory in Lifford, Devon, where up to 360,000 tins are produced every day. (R)
- 9.00 CHOICE Murder Trial — The Disappearance Of Renee And Andrew MacRae** The trial of William MacDowell for the murders of Renee MacRae and her three-year-old son Andrew in 1976. (1/2; see Critics' choice, R)
- 10.00 Bad Education** First episode of the comedy, with Jack Whitehall. (S1, ep 1, R)
- 10.30 Newsnight** Headlines.
11.05 Atomic People The human cost of atomic bombs used in an act of war. (R)
12.35 The Turkish Detective Thriller. (7/8, R)
- 1.20 The Turkish Detective** (Signed, Last in series, R)
2.10-2.40 Dom Does America Insights. (Signed, R)

ITV 1

- 6.00 Good Morning Britain**
9.00 Lorraine Lifestyle chat.
10.00 This Morning Features.
12.30 Loose Women Debate.
- 1.30 News; Weather** Reports.
2.00 Dickinson's Real Deal (R)
3.00 Tenable Quiz show. (R)
4.00 Tipping Point Game. (R)
5.00 The Chase Quiz show. (R)
6.00 Regional News Update.
6.30 News; Weather Reports.
7.30 Emmerdale Lydia arrives with news from Samson's plea hearing; Eric has a confession to make; and Kim admits that her marriage is crumbling.
- 8.00 Cooking With The Stars** Contestants Katherine Ryan, Christopher Biggins, Linford Christie and Ellie Simmonds are challenged to produce gourmet dishes using only tinned, frozen and pantry ingredients.
- 9.00 Vera** The detective investigates a daring robbery at a port and uncovers a web of intrigue when it turns out to be an inside job, however the insider's motivation is not just money as his son has been kidnapped to make sure everyone sticks to the plan, which goes horribly wrong. (Series 11, ep 3, R)
- 10.45 News; Weather** Reports.
11.35 British Touring Car Championship Highlights Highlights of the sixth round of the season at Croft Circuit in North Yorkshire, where the 16th, 17th, and 18th races of the season took place.
- 12.50 Teleshopping** Goods.
3.00 On Assignment (R)
3.30 Big Zuu's 12 Dishes In 12 Hours The rapper takes Will Poulter on a culinary tour of Bologna. (R)
4.05 Unwind Daily relaxation.
5.10-6.00 Ainsley's Taste Of Malta (Last in series, R)



Ellie Simmonds (ITV1, 8pm)

Channel 4

- 6.20 Cheers** Comedy. (R)
7.10 Everybody Loves Raymond Comedy. (R)
9.00 Frasier Sitcom. (R)
11.00 The Simpsons Cartoon. (R)
12.00 News; Weather Reports.
12.05 Paris 2024 Paralympics — Meet The Athletes (R)
12.10 A New Life In The Sun (R)
1.10 Car SOS Revamps. (R)
2.10 Countdown Game.
3.00 A Place In The Sun (R)
4.00 The Great House Giveaway A carpenter and an electrician transform a four-bedroom detached stone cottage.
5.00 A New Life In The Sun — Where Are They Now?
6.00 Come Dine With Me A bike enthusiast plans an evening of motoring mayhem for his guests. (R)
6.30 The Simpsons Marge puts on a play written by Lisa when she gets a big job at the theatre. (R)
7.00 News; Weather Reports.
8.00 Worst House On The Street Homeowners in Nottingham completely overhaul their dated, single-glazed, decor-clashing house.
9.00 The Body Detectives A forensic garment analyst, an oceanographer and a forensic psychologist piece together the evidence to identify a man found dead in the North Sea 30 years ago.
10.00 CHOICE First Dates New series. A heavily tattooed woman is hoping to find a nice man to take her bins out; and a couple meet on their first ever dates. (See Critics' choice)
11.05 Love In The Limelight — Untold Former Love Island star Chloe Burrows looks at what life is like for reality couples living out their romances in the public eye.
12.05 Women On Death Row Emilia Carr reflects on her crimes and her experience on death row. (3/6)
- 1.00 The Rise And Fall Of Boris Johnson** (R)
2.25 Ramsay's Kitchen Nightmares USA (R)
3.15 Love It Or List It Australia In Melbourne. (R)
4.10 Find It, Fix It, Flog It (R)
4.20 Food Unwrapped (R)
4.50 Frasier Sitcom. (R)
5.40-6.20 Countdown (R)

Channel 5

- 6.00 Milkshake!** Children's fun.
9.15 Jeremy Vine Debate.
11.30 Storm Huntley Opinions.
12.45 Friends US sitcom. (R)
1.40 News; Weather Reports.
1.45 Home And Away Cash is tiring of unemployed life, admitting to Eden he needs something to do. (R)
2.15 Who Killed Our Father? Thriller, with Kirsten Comerford. After her father's death, a woman sets out to find the sister she never knew. (R)
4.00 The Cruise — Fun-Loving Brits At Sea (R)
5.00 News; Weather Reports.
6.00 Amazing Railway Journeys The presenter Nick Knowles makes a journey from Mount Vesuvius to Mount Etna. (R)
6.55 News; Weather Reports.
7.00 Our Great Yorkshire Life Rob and Dave Nicholson try to find out more about their mum's side of the family. (Series 3, ep 7)
7.55 News; Weather Reports.
8.00 The Yorkshire Vet — At Home With The Greens Peter Wright takes a look at the Greens' 10-year-old collie-cross-whippet; and Steve and Jean explore the world of glamping with the help of their friends Rob and Dave Nicholson from Cannon Hall Farm.
9.00 Your Kitchen — 60 Years Of Fads & Gadgets The story of Britain's kitchens from the 1980s to the present day, including a look at the microwave and how the population began cooking foreign food at home. (Last in series)
10.00 A Killer Makes A Call A Glastonbury yoga teacher calls 999 to say that she has stabbed her lodger in self-defence.
11.05 Killer At The Crime Scene Police discover the bodies of two young women in a freezer. (R)
12.05 Motorway Cops — Catching Britain's Speeders Insights. (R)
1.05 Casino Show Gambling.
3.05 Secrets Of The Royals On Tour Documentary. (R)
3.50 Ketchup vs HP Sauce (R)
4.40 House Busters (R)
5.05 House Doctor Advice. (R)
5.30 Entertainment News
5.35-6.00 Children's Shows

Variations

BBC2 WALES 8.00 Weatherman Walking — The Welsh Coast. Derek Brockway walks from Little Haven to Solva **8.30 SOS** — Extreme Rescues. A walker is injured after slipping down a steep bank in South Eryri **9.00** Firebombers **10.00** Rewind — 60 Years Of Welsh Pop **BBC SCOTLAND 7.00** River City. Alex grows concerned about Lenny **7.30** Our Lives: Pink Dreams. The life of a tribute act to the American pop star Pink **8.00** Island Crossings **9.00** The Nine

10.00 Rip It Up **11.00-12.00** Darren McGarvey's Class Wars **STV 6.00** Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30** Loose Women **1.30** News; Weather **2.00** Dickinson's Real Deal **3.00** Tenable **4.00** Tipping Point **5.00** The Chase **6.00** Regional News **6.30** News; Weather **7.30** Emmerdale **8.00** Cooking With The Stars **9.00** Vera **10.45** News **11.20** Regional News **11.35** All Elite Wrestling — Dynamite **12.50** Teleshopping **3.00** On Assignment **3.30** Big Zuu's 12 Dishes In 12 Hours

4.05 Unwind **5.10-6.00** Ainsley's Taste Of Malta **S4C 6.00** Cyw **10.30** Eisteddfod Genedlaethol Cymru. Heledd Cynwal and Tudur Owen present the morning's events **12.00** Newyddion A'r Tywydd **12.05** Eisteddfod Genedlaethol Cymru **2.00** Newyddion **2.05** Eisteddfod Genedlaethol Cymru **7.30** Newyddion A'r Tywydd **7.50** Eisteddfod Genedlaethol Cymru. The competition continues with the folk dance parties under the age of 25 and the youth choirs **10.30-11.35** Y Babell Len

You say

Will the people at the BBC who watch programmes before transmission — and are responsible for giving us warnings such as “contains strong language” etc — please include “contains mumbling”. I watched **The Jetty** and it contained lots of mumbling. This was followed by the evening news and that was clear as a bell. So it's not my hearing, or my television — it's the programme makers.

Jeff Kirton

Send your comments to telly@sunday-times.co.uk

Critics' choice

Corridors Of Power — Should America Police The World? (BBC4, 10pm)

This political series from Dror Moreh, an Oscar-nominated Israeli director, was broadcast in America in 2022, after the Russian invasion of Ukraine but before the Hamas attack on Israel and the country's ensuing action in Gaza. Over eight sobering episodes it covers conflict in Iraq, Bosnia, Rwanda, Kosovo, Darfur, Libya and Syria, asking of the US in particular what responsibility it has as a world power to intervene to prevent genocide. Interviewees such as former politicians and diplomats George Shultz, Henry Kissinger, James Baker, Hillary Clinton and Madeleine Albright explain that everything, particularly the timing of any action, is more complicated than it might appear. "I believe in peace, but I'm not a pacifist," explains Albright, explaining that war can be a force for good.

Helen Stewart



Former US president Barack Obama features in archive footage

Murder Trial — The Disappearance Of Renee And Andrew MacRae (BBC2, 9pm)

BBC Scotland's third case in this series follows the trial at Inverness High Court of 80-year-old William MacDowell, who is wheeled into court every day by his loyal wife of some 48 years. He stands accused of the murder of his lover Renee and her son, Andrew, 45 years earlier. With only her burning BMW and some blood in the boot of his vehicle, there is not much for the prosecution to go on. In 1976 she was the wife of a wealthy Highland builder and mother of two boys. This is people-watching par excellence, from the accused's apparent frailty and the prosecution's skilful probing of witnesses – painstakingly, almost boringly – putting together the jigsaw puzzle of evidence to remind the jury that MacDowell was once a young man with a great deal to lose. HS

First Dates (C4, 10pm)

Dating shows don't always have a reputation for delicacy, but this programme displays a gentle belief in the power of love, hoping that a shared interest in the royal family or a mutual fondness for facial tattoos might be grounds enough for attraction. Tonight's romantics throwing themselves on the mercy of Fred Sirieix's match-making team include two twentysomethings with no dating experience between them and a fire performer hoping for sparks.



Sarah and Dan (C4, 10pm)

Country House Auction (More4, 9pm)

A strange cross between *Downton Abbey* and *Bargain Hunt*, this series follows Tessa and Robin, the owners of Castle Durrow in Co Laois, Ireland, as they prepare for an auction in their 300-year-old house. The sale includes a signed Rolling Stones guitar and a Tibetan phurba, or ceremonial dagger – and even if you have no desire for a marble chimney piece, high auction-room tensions always play well on TV.

The First World War — The People's Story (PBS America, 8.30pm)

Originally shown on the BBC to mark the 100th anniversary of the Armistice, this documentary series draws its material from more than 200 archive interviews with those who survived the battlefields and those left at home.

Victoria Segal

On demand

● Tokyo Vice (BBC iPlayer)

When this beguiling thriller first arrived, its title and the involvement of the producer and director Michael Mann meant many assumed it was *Miami Vice* relocated to the capital of Japan. Yet this is a rich, complicated urban noir about organised crime, based on the exploits of the real-life journalist Jake Adelstein (Ansel Elgort). With a crack cast of

Japanese actors and interlinking plots set within the seedy Tokyo underworld, this felt like a series that would run and run. Yet in June it was cancelled, leaving behind two perfectly formed seasons.

● The Painter And The Thief (Sky/Now)

When the Czech painter Barbora Kysilkova had two of her hyper-realist paintings stolen from an Oslo gallery in 2015, she did something odd. She befriended

one of the thieves and asked him to pose for a series of paintings. So begins Benjamin Ree's strange and moving documentary about an unlikely friendship that, through a series of unexpected plot twists, evolves into an emotionally complex story of pain, redemption, addiction and love. Told without voiceover, edited like a Christopher Nolan thriller, this is 21st-century documentary film-making at its absolute best.

Andrew Male

Olympics: Day 11 Today's highlights

The **showjumping individual final (9am)** kicks off a busy day with lots of British interest. Sky Brown will hope for gold in the **skateboarding (4.30pm)** and Dina Asher-Smith will be aiming to medal in the **200m final (8.40pm)**. Josh Kerr is a favourite in the **1,500m final (7.50pm)**, Michael Beckett will look to continue British dominance on the water in the **dinghy medal race (2.43pm)** and the **men's team sprint final (6.55pm)** will be the highlight at the velodrome. Tim Glanfield

Josh Kerr



Film choice

Muppets From Space (Film4, 1pm)

In this enjoyable romp Gonzo the Great receives messages from his breakfast cereal. They inform him that, rather than just the oddball weirdo of the Muppet world, he belongs to an alien race of oddball weirdos. Shady government agents start to track him after he announces the news on Miss Piggy's talk show. (1999)

Tropic Thunder (Film4, 10.50pm)

As well as directing and co-writing this satirical action comedy, Ben Stiller plays Tugg Speedman, a former A-lister. Together with Jack Black's madcap comedian (and raging drug addict) and Robert Downey Jr's multi-Oscar-winning Australian actor, Tugg is appearing in a war movie. Except what they think is a realistic approach to film-making is actual warfare. (2008)

Songs My Brothers Taught Me (Film4, 1am)

In the debut from Chloé Zhao, all the antecedents of her Oscar-nominated *Nomadland* are there, including the use of non-professional actors, the beautiful nature footage and a sympathetic approach to marginalised lives. In this case it's a family of siblings on a reservation in South Dakota. We follow a wayward teenager (John Reddy) as he prepares to leave his beloved sister for an uncertain life in Los Angeles. (2015)

BBC 3

- 7.00pm Top Gear** Motoring.
- 8.00 Shark Tank — Dragons' Den US** Innovative ideas.
- 8.45 Becoming — Dumbledore** Interview with Jude Law.
- 9.00 Stacey Dooley Sleeps Over** The presenter spends time with a Brighton couple who believe their children do not need rules.
- 9.45 High — Confessions Of An Ibiza Drug Mule** Michaela McCollum recounts the prospect of 15 years behind bars.
- 10.20 This Country** An infamous Mucklowe family member returns. (Series 3, ep 3)
- 10.50 This Country** Kurtan receives some sad news.
- 11.20 Brickies** Two editions.
- 12.20 Top Gear** Motoring.
- 1.20 As 9.45pm**
- 1.55 This Country** Comedy.
- 2.55-3.55 Brickies** Insights.

BBC 4

- 7.00pm Great British Railway Journeys** Taking a trip from Falkirk to Dundee.
- 7.30 Great Welsh Adventure** Gareth Edwards and his wife trade their canal boat engine for a horse.
- 8.00 Keeping Up Appearances** Comedy.
- 8.30 Butterflies** Comedy.
- 9.00 Ardal O'Hanlon — Tomb Raider** Archaeological finds in Ireland's history.
- 10.00 CHOICE Corridors Of Power — Should America Police The World?** New series. The US's complicated relationship with Iraq. (1/8; see Critics' choice)
- 11.00 The Mysterious Career Of Lee Harvey Oswald**
- 12.45 As 7pm**
- 1.15 As 7.30pm**
- 1.45 As 10pm**
- 2.45-3.45 Rebuilding Notre-Dame — Next Chapter**

ITV 2

- 6.00pm Catchphrase** Dion Dublin, Rachel Riley and Tim Vine take part.
- 7.00 In With A Shout** Game.
- 8.00 Bob's Burgers** Bob and the children help Nat with a limo competition. (Series 12, ep 18)
- 8.30 Bob's Burgers** Bob offers to help Gene with a school project.
- 9.00 Family Guy** Peter takes up smoking. (Series 12, ep 15)
- 9.30 Family Guy** Brian passes on herpes to Stewie.
- 10.00 Family Guy** Peter becomes an intelligent, classy person.
- 10.30 Family Guy** The Griffins visit Italy. (Series 12, ep 5)
- 11.00 Family Guy** Stewie and Brian travel back to 17th-century Westminster.
- 11.30-12.00 American Dad!** The family take a disastrous trip to a theme park. (S9, ep 10)

ITV 3

- 6.00pm Heartbeat** Two new residents put PC Mason in an awkward position.
- 7.00 Heartbeat** An encounter with a gang of armed men presents Miller with a difficult decision.
- 8.00 Poirot** With David Suchet. An aristocrat's wife is stabbed to death during an archaeological dig in North Africa. With guest stars Tim Curry and John Hannah. (S11, ep 4)
- 10.00 Cracker** With Robbie Coltrane and Barbara Flynn. Fitz helps the police track down a couple on a murderous rampage. (Series 1, ep 3)
- 11.05-12.00 Cracker** Fitz draws up a profile of Sean and Tina, but the publicity it brings focuses the murderous couple's anger on the police.

E4

- 6.00pm The Big Bang Theory** Leonard, Penny and Raj adjust to their new living arrangements. (Series 10, ep 19)
- 6.30 The Big Bang Theory** Sheldon pushes himself to the limit when he commits to two projects.
- 7.00 Hollyoaks** Chester soap.
- 7.30 Come Dine With Me** The second host in Essex is a bridal-shop owner.
- 8.00 Below Deck** St David sets off for the final charter of the season. (S10, ep 17)
- 9.00 Gogglebox** Opinions on I'm a Celebrity, Hollyoaks and University Challenge.
- 10.00 Naked Attraction** A married couple look for another woman to join their relationship.
- 11.05-12.10 First Dates** A 59-year-old woman embarks on her first-ever same-sex date.

U&Drama

- 5.20pm Birds Of A Feather** Tracey and Darryl try to rekindle their passion.
- 6.05 Desmond's** Porkpie feels left out when Shirley celebrates her birthday.
- 6.40 Are You Being Served?** Captain Peacock has suspicions about his wife.
- 7.20 Last Of The Summer Wine** The gang are enlightened by a handyman from Hull.
- 8.00 Mrs Sidhu Investigates** With Meera Syal. Mrs Sidhu is asked to be an in-house caterer, but it is not long before the CEO is found dead at his desk. (3/4)
- 10.00-12.00 New Tricks** Pilot episode of the drama. The team re-examines the case of a man whose conviction for murder 20 years ago has just been overturned. (Series 1, ep 1)

Sky Arts

- 6.00pm Tales Of The Unexpected** A woman persuades a naive writer to buy her lunch.
- 6.30 Tales Of The Unexpected** Three thrifty ladies entertain a surprising guest.
- 7.00 Painting Birds** Jim and Nancy Moir go in search of little terns in Leinster.
- 8.00 Lily And Lolly — The Forgotten Yeats Sisters** The story of WB Yeats' two sisters, who helped revive Irish literature in the 1920s.
- 9.30 Landscape Artist Of The Year National Trust Favourites** Viewers' top 10 paintings from the series.
- 10.30 FILM: Escher — Journey Into Infinity** Documentary exploring the life and work of the Dutch graphic artist. (2018, PG; ends at 12.05)

Sky Max

- 6.00pm Stargate SG-1** Jonas begs the Pentagon for help. (S6, ep 7, R)
- 7.00 Stargate SG-1** The Goa'uld captures the team, whose fate lies in the hands of two research scientists. (R)
- 8.00 A League Of Their Own Road Trip — Southeast Asia** With Jamie Redknapp and Micah Richards. (R)
- 9.00 Agatha Raisin** The sleuth reluctantly promises to attend James's wedding, but the nuptials take a sinister turn when a body is found on the morning of the big day. (S4, ep 4, R)
- 11.00-12.10 The Walking Dead — Daryl Dixon** Daryl washes ashore in France and sets off a violent chain of events that inadvertently puts a young boy in danger. (1/6, R)

Sky Atlantic

- 5.45pm Britannia** Harka sends Love on a heart-breaking mission. (Series 2, ep 5)
- 6.45 Britannia** Philo and Brutus spike the water supply of an encampment.
- 7.45 Game Of Thrones** Mercy comes from a surprising source in Dragonstone; and Joffrey stands up to his grandfather. (S3, ep 10)
- 9.00 The Staircase** As Michael and his attorney piece together their defence, Michael's children grapple with shocking information about their father. (2/8)
- 10.10 House Of The Dragon** Fantasy drama, with Matt Smith and Emma D'Arcy. (Last in series)
- 11.35-12.40 The Sopranos** Tony receives a retirement request; and Hesh seeks revenge. (Series 6, ep 1)

TPTV

- 5.55pm The Beverly Hillbillies**
- 6.30 Scotland Yard** Drama.
- 7.05 Batman** Drama. (2/2)
- 7.35 Dangerous Assignment** Mitchell travels to Greece in search of a secret list of Nazi bank accounts.
- 8.05 Rumpole Of The Bailey** The lawyer defends an MP accused of sexual assault.
- 9.10 FILM: Night Of The Eagle** Stars Janet Blair and Peter Wyngarde. A teacher and his wife are subjected to supernatural persecution caused by a macabre form of black magic. Incredibly scary. (1961, 15, B/W)
- 11.00-12.55 Amityville Horror — The Evil Escapes** The demonic forces in the Amityville house transfer to an ancient lamp which ends up in California.

Films

- SKY CINEMA PREMIERE**
- 4.30pm Trolls Band Together** (2023, U)
 - 6.05 Mean Girls** (2024, 12)
 - 8.00 Parallel**. Grief-stricken after the loss of her child, a woman meets a version of herself from a parallel universe. (2024, 15)
 - 9.40 The Nun II**. Sister Irene is reacquainted with demonic Valak at a boarding school in France, where she battles for the students' souls. (2023, 15)
 - 11.40-12.00 Concrete Utopia** (2023, 15)
- SKY CINEMA THRILLER**
- 5.20pm The Firm** (1993, 15)
 - 8.00 Vanilla Sky**. The laid-back life of an arrogant playboy is shattered by an attempt to murder him. (2001, 15)
 - 10.20-12.10 Eye In The Sky**. A mission goes awry when a girl enters the blast radius of a planned drone strike. (2015, 15)
- SKY CINEMA GREATS**
- 5.55pm Spider-Man** (2002, 12)
 - 8.00 Interstellar**. Space explorers go in search of a new home for the human race. (2014, 12)
 - 10.50-12.55 Blade**. A half-vampire tackles an undead renegade. (1998, 18)

- SKY CINEMA SELECT**
- 5.50pm Shazam! Fury Of The Gods**. Shazam and his allies get thrust into a battle for survival. (2023, 12)
 - 8.00 The Green Hornet**. A playboy media mogul decides to become a masked crime-fighter. (2011, 12)
 - 10.00-12.20 Hulk**. Exposure to a huge dose of radiation transforms a scientist into a formidable monster. (2003, 12)
- SKY CINEMA DRAMA**
- 5.15pm Zero Dark Thirty** (2012, 15)
 - 8.00 The Unlikely Pilgrimage Of Harold Fry**. A man embarks on a 500-mile trek to see a terminally ill former work colleague. (2023, 12)
 - 9.55-12.10 The Blind Side**. A couple take in a homeless teenager and help him fund his education to be an American-football player. (2009, 12)
- FILM 4**
- 5.10pm The Lavender Hill Mob** (1951, U)
 - 6.50 Flight Of The Phoenix**. Air-crash survivors try to build a new aeroplane from the wreckage. (2004, 12)
 - 9.00 Nobody**. A quiet and unassuming family man slowly reveals his true character after his house is burgled. (2021, 15)
 - 10.50-1.00 CHOICE Tropic Thunder** (2008, 15; see Film choice)

Entertainment

- ITV 4**
- 6.00pm BattleBots**
 - 7.00 The Chase**
 - 8.00 World Rally Highlights**
 - 9.00 Beat The Chasers**
 - 10.00 All Elite Wrestling — Rampage**
 - 11.10 FILM: Rocky Balboa**
 - 1.05 Auto Mundial**
 - 1.30 Motorsport Mundial**
 - 1.55-2.50 Minder**
- MORE 4**
- 5.50pm Chateau DIY**
 - 6.55 Car SOS**
 - 7.55 Grand Designs**
 - 9.00 CHOICE** Country House Auction. New series. (See Critics' choice)
 - 10.00 Millionaire Hoarders**
 - 11.05 24 Hours In A&E**
 - 12.10-1.15 Country House Auction**
- GOLD**
- 6.00pm Keeping Up Appearances**
 - 6.40 Dad's Army**
 - 8.00 The Thin Blue Line**
 - 8.40 The Vicar Of Dibley**
 - 9.20 Harry Enfield And Chums**
 - 10.00 Bottom**
 - 10.40 The Royle Family**. Nana comes to stay
 - 11.20 The Thin Blue Line**
 - 12.00 The Vicar Of Dibley**
 - 12.40 Harry Enfield And Chums**
 - 1.15 Bottom**
 - 2.00-2.30 The Royle Family**
- SKY COMEDY**
- 6.00pm The US Office**
 - 7.00 The Connors**
 - 8.00 Will & Grace**
 - 9.00 Curb Your Enthusiasm**

- 11.00 Josh Widdicombe — Bit Much...**
 - 12.10 Breeders**
 - 1.10-2.30 Enlightened**
- 5 STAR**
- 6.00pm Home And Away**
 - 7.00 GPs — Behind Closed Doors**
 - 8.00 Casualty 24/7 — Every Second Counts**
 - 9.00 Skin A&E**
 - 10.00 A&E After Dark**
 - 11.00 999 — Emergency Call Out**
 - 12.00-2.15 The Baby Scandal That Shocked The World**
- 5 USA**
- 6.00pm NCIS**
 - 9.00 Law & Order**
 - 10.00 Law & Order: Special Victims Unit**
 - 1.55-3.30 Law & Order**
- SKY WITNESS**
- 6.00pm Nothing To Declare**
 - 8.00 Blue Bloods**
 - 9.00 Elsbeth**. A reality star is found dead in a bathtub
 - 10.00 FBI — Most Wanted**
 - 11.00 Chicago Fire**
 - 12.00 Law & Order: Special Victims Unit**
 - 1.00-3.00 Fire Country**
- U&W**
- 6.00pm Tipping Point — Lucky Stars**
 - 8.00 The Gentle Art Of Swedish Death Cleaning**
 - 9.00 DIY SOS — The Big Build**
 - 10.00 Louis Theroux Interviews: Rita Ora**
 - 11.00 Nurses On The Ward**
 - 12.00 Ambulance Australia**
 - 1.00 Bang On Budget**
 - 2.00-3.00 The Undateables**

- COMEDY CENTRAL**
- 6.00pm Friends**
 - 9.00 Kevin Bridges — A Whole Different Story**
 - 10.00 Reginald D Hunter Live**
 - 11.00 Comedy Central Live: Kevin Hart**
 - 11.30-12.00 Comedy Central Live: Amy Schumer**
- U&YESTERDAY**
- 6.00pm Antiques Roadshow**
 - 7.00 Find It, Fix It, Flog It**
 - 8.00 Secrets Of The London Underground**
 - 9.00 Bangers & Cash**
 - 11.00 Abandoned Engineering**
 - 12.00-1.00 Great Continental Railway Journeys**
- U&DAVE**
- 6.00pm Rick Stein's Cornwall**
 - 7.00 Would I Lie To You?**
 - 7.40 House Of Games**
 - 9.00 Battle In The Box**
 - 10.00 Have I Got A Bit More News For You**. From April 2021
 - 11.00 Taskmaster**
 - 12.00 Mock The Week**
 - 12.40 Would I Lie To You?**
 - 1.20-2.00 Room 101**
- Factual**
- NATIONAL GEOGRAPHIC**
- 6.00pm Air Crash Investigation**
 - 8.00 Apocalypse — The Fall Of Hitler**
 - 10.00 Hitler's Teen Killers**
 - 11.00 Air Crash Investigation**
 - 12.00 Banged Up Abroad**
 - 1.00-2.00 Airport Security: Colombia**

Team GB star of the day Sky Brown

Today's event
Skateboarding:
women's park final.

How to watch
4.30pm, BBC1.

Age 16.

From Miyazaki,
Japan.

Previous Olympics
Tokyo 2020:
bronze medal.

Biography
Born to a Japanese mother and British father, Brown became the youngest athlete to win a medal for Team GB in Tokyo – at just 13 years and 28 days old. A YouTube and Instagram star, Brown won bronze at the World Championships in 2019 and made history by taking gold at the World Championships in 2023. It's been far from an easy ride for the young skateboarder, who suffered major injuries after a fall in 2020 and has battled back from injury again this year to make it to Paris. Can she upgrade her medal from bronze to gold?

Tim Glanfield



DISCOVERY

6.00pm Iron Resurrection **7.00** Jeremy Wade's Dark Waters **8.00** Wheeler Dealers **9.00** Gold Rush **10.00** Hoffman Family Gold **11.00** Outback Truckers **12.00** Mysteries Of The Deep **1.00-2.00** Gold Rush

PBS AMERICA

5.05pm WWII In Color **6.20** Ancient Apocalypse **7.25** The Lost Colony Of Roanoke **8.30 CHOICE** The First World War — The People's Story (See Critics' choice) **9.40** WWII In Color **10.50-12.00** Lost Colony Of Roanoke

SKY DOCUMENTARIES

6.00pm The Vietnam War **7.00** OJ — Made In America **9.00** Gascoigne **10.50-12.50** Mission To Burnley

SKY NATURE

6.00pm Deadly Australians **7.00** Monkey Life **8.00** Islands. A look at Borneo **9.00** Africa's Hunters **10.00** Deadly Australians **11.00-12.00** Beasts Of The Big Blue

DISCOVERY HISTORY

6.00pm Combat Dealers **7.00** Expedition Unknown **8.00** America — Facts vs Fiction **9.00** Combat Dealers **10.00** Salvage Hunters **11.00-12.00** Find It, Fix It, Flog It

Sport

SKY SPORTS MAIN EVENT

6.00am News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** News **11.00** LIVE The Hundred: Manchester Originals Women v Oval Invincibles Women **2.30** LIVE The Hundred: Manchester Originals Men v Oval Invincibles Men **6.00** LIVE The Hundred: Birmingham Phoenix Men v Northern Superchargers Men **9.30** LIVE Tennis. Coverage of the day's action on the WTA and ATP Tours **12.00** LIVE Tennis. Day one of the Cincinnati Open **4.00-6.00** News

TNT SPORTS 1

6.00am Fishing — On The Bank **7.00** WRC Review **8.00** Badminton Unlimited **8.30** Classic Premier League **3.00** Documentary **3.45** LIVE GT20 Cricket: Brampton Wolves v Bangla Tigers Mississauga **7.45** ODI Cricket **8.45** Cricket Reload **9.00** WWE Monday Night Raw **11.30** PL Stories **12.00** LIVE MLB. Action from Major League Baseball **3.15** UFC — The Ultimate Fighter **4.15** UFC Fight Flashback **4.45** Sport In Focus **5.00-6.00** Down The Clubhouse

Radio & Podcasts

● Quite A Good Sport (podcast)

From the team behind *QI* and its hit podcast spin-off, *No Such Thing As A Fish*, comes a new weekly series that sets out to delight both sports fans and those who aren't really interested with fabulous facts about a variety of pursuits. The hosts, James Harkin and Anna Ptaszynski, explore one activity each week, beginning with rowing. They take a deep, deep dive into the facts and stats and speak to Team GB's Imogen Grant (lightweight sculls) and Eve Stewart (coxed eights) – and try out the sport themselves. The hosts' chemistry makes this a lot of fun.



Anna Ptaszynski and James Harkin dive into sports

● Assignment (BBC World Service, 9.30am/8.06pm)

Sofia Bettiza visits the Italian town of Monfalcone, a focal point on how the country treats its legal migrants. More than 6,000 workers from Bangladesh provide cheap labour in shipyards, but the town's

mayor has tried to close down their worship at Islamic centres and even tried to stop cricket being played in the town.

● Artist Takeover (Scala Radio, from 7am)

For the second of its series in which the station hands control to a special guest, the pianist Isata Kanneh-Mason chooses favourite pieces and talks about her career. On Catherine Carr's **Relatively** podcast, discussing sibling relationships, Isata and her brother, the cellist Sheku Kanneh-Mason, talk about growing up in an creative home that has nurtured a family of musicians, and working on an album together. *Clair Woodward*

TIMES RADIO

5.00 Rosie Wright With Early Breakfast **6.00** Aasmah Mir And Stig Abell With Times Radio Breakfast **10.00** Ed Vaizey **1.00** Ayesha Hazarika **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar With Times Radio Drive **7.00** The Evening Edition **10.00** Darryl Morris **1.00** The Story **1.30** The Best Of Times Radio

To get in touch with the Times Radio studio, text *TIMES* plus your message to 87222. Texts cost your standard message charge.

RADIO 4

5.30 News **5.43** Prayer **5.45** Farming Today **6.00** Today **9.00** The Life Scientific **9.30** Inside Health **10.00** Woman's Hour **11.00** Screenshot (R) **11.45** Battle Grounds — Culture Wars In The Countryside (R) **12.00** News **12.04** Call You And Yours **1.00** The World At One **1.45** How They Made Us Doubt Everything. A memo proves Johnson and Johnson knew about their asbestos issues **2.00** The Archers (R) **2.15** Drama: Wholesome, by Georgia Affonso. A sixtiesomething retiree befriends a heartbroken 22-year-old and the pair bond over various activities. With Olwen May and Amber Grappy **3.00** Becoming German (R) **3.30** Beyond Belief **4.00** Inside The Wasp Factory. Simon Pegg explores Iain Banks' controversial novel, *The Wasp Factory* **4.30** You're Dead To Me (R) **5.00** PM **6.00** News **6.30** Do Gooders **7.00** The Archers **7.15** Front Row **8.00** Retracted. Rosa Ellis speaks to Steve Shafer about publishing scientific research **8.45** In Touch **9.00** Crossing Continents **9.30** Great Lives (R) **10.00** The World Tonight **10.45** Book At Bedtime **11.00** Jon Holmes Says The C-Word **11.30** Lights Out. Personal accounts of women who joined the Greenham Common protests in 1984 **12.00** News **12.30** Battle Grounds — Culture Wars In The Countryside (R) **12.48** Shipping **1.00** As World Service

RADIO 4 EXTRA

5.00 The Carlingford Chronicles — Miss Marjoribanks **6.00** The Decoy **6.45** The One About The Social Worker **7.00** Greywing **7.30** The Goon Show **8.00** Miracles R Us **8.30** No Room For Secrets **8.45** Where Angels Fear To Tread **9.00** Do Gooders **9.30** New Storytellers **9.45** Daily Service **10.00** A Good Read **10.30** The Women Who Wrote Rock **11.00** The Decoy **11.45** The One About The Social Worker **12.00** Greywing **12.30** The Goon Show **1.00** Miracles R Us **1.30** No Room For Secrets **1.45** Where Angels Fear To Tread **2.00** The Personality Test **2.30** Tickets Please **3.00** The Carlingford Chronicles — Miss Marjoribanks **4.00** A Good Read **4.30** The Women Who Wrote Rock **5.00** The Decoy **5.45** The One About The Social Worker **6.00** Greywing **6.30** The Goon Show **7.00** Miracles R Us **7.30** No Room For Secrets **7.45** Where Angels Fear To Tread **8.00** The Personality Test **8.30** Tickets Please **9.00** The Carlingford Chronicles — Miss Marjoribanks **10.00** Do Gooders **10.30** The Consultants **10.45** Warhorses Of Letters **11.00** Clare In The Community **11.30-12.00** Dave Podmore's World Of Cricket

LBC

7.00 Nick Ferrari **10.00** James O'Brien **1.00** Vanessa Feltz **4.00** Tom Swarbrick **6.00** Tonight With Andrew Marr **7.00** Iain Dale. Debate **10.00** Ben Kentish **1.00** Richard Spurr **4.00** Ian Payne

RADIO 3

6.30 Breakfast **9.30** Essential Classics. Georgia Mann plays a selection of music and features **1.00** Classical Live. With exclusive recordings from the Edinburgh festival, and a chance to hear the Sinfonia of London, conducted by John Wilson, at the Proms, in a concert introduced by Tom McKinney **4.00** Composer Of The Week **5.00** In Tune. Sean Rafferty is joined by guest Guy Verrall-Withers, the artistic director of Waterperry Festival Opera

7.00 BBC Proms. Live at the Royal Albert Hall, Paul Agnew conducts Les Arts Florissants in a performance of Purcell's *The Fairy Queen*, based on Shakespeare's *A Midsummer Night's Dream*. With Paulina Francisco (soprano), Georgia Burashko (mezzo-soprano) and Rebecca Leggett (mezzo-soprano) **10.00** Night Tracks. Sara Mohr-Pietsch presents a soundtrack for late-night listening, from classical to contemporary and everything in between **11.30** 'Round Midnight. Saxophonist Sowerby Kinch presents the best in jazz, with a focus on the British scene **12.30** Through The Night

CLASSIC FM

6.30 Aled Jones **9.00** The Hall Of Fame Hour **10.00** Alexander Armstrong **1.00** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** John Brunning **10.00** Ritula Shah **1.00** Bill Overton **4.00** Lucy Coward

RADIO 2

6.30 The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **7.00** Jo Whaley **9.00** The Jazz Show. A session track by Jasmine Myra **10.00** Trevor Nelson's Magnificent 7 **10.30** Trevor Nelson's Rhythm Nation **12.00** Ellie Brennan **3.00** Power Of Jazz (R) **4.00** Owain Wyn Evans

VIRGIN RADIO

6.30 Angela Scanlon on The Chris Evans Breakfast Show **10.00** Vogue Williams **1.00** Jaye Middlemiss **4.00** Ricky Wilson **7.00** Bam **10.00** Olivia Jones **1.00** Sean Goldsmith **4.00** Steve Denyer

TALKSPORT

5.00 Early Sports Breakfast **6.00** Talksport Breakfast With Jeff Stelling **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Baker **4.00** Talksport Drive With Andy Goldstein And Darren Bent **7.00** Olympic Kick-Off. The latest updates **10.00** Sports Bar. With Jamie O'Hara and Jason Cundy **1.00** Extra Time With Paul Ross

BBC 1

6.00 Breakfast Headlines.
8.00 Olympics JJ Chalmers and Jeanette Kwakye present opening live coverage on day 12 in Paris, including athletics heats — featuring high jump and the men's 5,000m — kite sailing, track cycling action including the men's sprint qualifying, and the first round of the women's keirin and team pursuit, and sport climbing's speed final.
1.00 News; Weather Reports.
1.45 Olympics Hazel Irvine introduces further live coverage starting with the first women's hockey semi-final continuing at the Yves-du-Manoir Stadium, before the action moves to the South Paris Arena for weightlifting and the men's 61kg discipline. Over at the Saint-Quentin-en-Yvelines Velodrome, the men's sprint and women's keirin continue in the early stages, plus the finals of the men's and women's team pursuit.
6.00 News; Weather Reports.
6.30 Regional News Update.
7.00 Olympics The final live action from day 12 includes athletics at the Stade de France, with the women's pole vault among the events to be decided, plus the men's 400m and discus. In the boxing ring at Roland Garros, Sofiane Oumiha, Lasha Guruli and Ireland's Dean Clancy headline the men's 63.5kg category, while Arlen Lopez of Cuba is aiming for a third straight Olympic gold in the men's 80kg weight.
10.00 News; Weather Reports.
10.40 Olympics — Tonight At The Games Isa Guha and Mark Chapman look back on day 12 in Paris, including athletics, boxing, track cycling and skateboarding.
12.00 Kin Viking is put in an impossible position; the police move closer to the Kinsellas; and Amanda loses trust. (S2, ep 5, R)
12.50 Kin Bren seeks out Anna against Michael's wishes; and Viking's allegiances are tested. (R)
1.45-6.00 Joins BBC News
SCOTLAND 6.30 Reporting Scotland; Weather. Updates.

BBC 2

6.30 Great Coastal Railway Journeys Travel series. (R)
7.30 See Hear (Signed)
8.00 Breakfast Headlines.
9.00 Dom Does America (R)
9.30 Wanted Down Under Revisited Catching up with a couple three years after their trial week. (R)
10.15 A Countryside Summer (R)
10.45 The Farmers' Country Showdown Insights. (R)
11.15 Homes Under The Hammer Auctions. (R)
12.15 Bargain Hunt Curios. (R)
1.00 Olympics Continued live coverage from day 12 of the Games, with the first of the women's hockey semi-finals taking place at the Yves-du-Manoir Stadium.
1.45 Make Me A Dealer (R)
2.30 The Customer Is Always Right Inventions. (R)
3.00 Escape To The Country (R)
3.45 Natural World (R)
4.30 The Repair Shop (R)
5.15 Flog It! Selling items. (R)
6.00 Olympics Continued live coverage of day 12, as Great Britain try to regain the women's team pursuit title, at the Saint-Quentin-en-Yvelines Velodrome.
7.00 House Of Games With Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West. (R)
7.30 EastEnders Freddie tries to cheer up Mo after Stevie's departure.
8.00 The Repair Shop The experts restore a velvet poster, a metal garden ornament, a grandfather's camera and a pair of sandals from the 1800s. (R)
9.00 Murder Trial — The Disappearance Of Renee And Andrew MacRae The trial of William MacDowell continues and the jury hear the testimony of Renee's best friend. (2/2, R)
10.00 Man Like Mobeen The reformed drug dealer receives a visit from the police. (Series 1, ep 1, R)
10.20 Jobless Comedy. (R)
10.30 Newsnight Headlines.
11.05 Miriam Margolyes — A New Australian Adventure The actress explores one of her favourite countries. (R)
12.05 See Hear (Signed, R)
12.35 Ambulance (Signed, R)
1.35-3.05 Atomic People Documentary. (Signed, R)

ITV 1

6.00 Good Morning Britain
9.00 Lorraine Lifestyle chat.
10.00 This Morning Features.
12.30 Loose Women Debate.
1.30 News; Weather Reports.
2.00 Dickinson's Real Deal (R)
3.00 Tenable Quiz show. (R)
4.00 Tipping Point Game. (R)
5.00 The Chase Quiz show. (R)
6.00 Regional News Update.
6.30 News; Weather Reports.
7.30 Emmerdale Mandy's financial worries are acute; Tracy is nearly overcharged at the salon; and Will's feelings get hurt.
8.00 Coronation Street Stu's decision to employ Mason proves highly unpopular; Hope asks the doctor for contraception; Betsy demands cash from Joel; and Fiz bumps into Alina while out shopping.
9.00 CHOICE Irvine Welsh's Crime New run of the drama, with Dougray Scott. When a former colleague is assaulted, DI Ray Lennox suspects the incident is linked to a gruesome hotel attack on a high-ranking Establishment figure, but when he is warned off the case by a senior Whitehall official, he worries a cover-up is at play. (Series 2, ep 1; see Critics' choice)
10.00 News At Ten Bulletin.
10.45 McDonald & Dodds A wedding ends in tragedy when the vicar is found murdered in the vestry and McDonald's suspicions focus on the bride, her father and her sisters as all of them had a close relationship with the deceased. (Last in series, R)
12.25 Teleshopping Goods.
3.00 Champions — Full Gallop Following the drama on and off the racetrack. (R)
3.50 Unwind Daily relaxation.
5.05-6.00 Wheel Of Fortune



Dougray Scott (ITV1, 9pm)

Channel 4

6.20 Cheers Double bill. (R)
7.10 Everybody Loves Raymond Comedy. (R)
9.00 Frasier Sitcom. (R)
11.00 The Simpsons Cartoon. (R)
12.00 News; Weather Reports.
12.05 Paris 2024 Paralympics — Meet The Athletes (R)
12.10 A New Life In The Sun (R)
1.10 Car SOS A 1973 Dennis fire engine is rescued. (R)
2.10 Countdown Game.
3.00 A Place In The Sun (R)
4.00 The Great House Giveaway A spray painter and an electrician take on a house in Chester.
5.00 A New Life In The Sun — Where Are They Now? Holiday villa owners host a group of tennis players.
6.00 Come Dine With Me A family man plans to stun his guests with an international fusion menu. (R)
6.30 The Simpsons Lisa's college fund goes missing from under the sink. (R)
7.00 News; Weather Reports.
8.00 CHOICE Love It Or List It — Brilliant Builds Kirstie Allsopp and Phil Spencer look back at renovations where the homeowners had to alter their plans due to rising costs and a threat to their land. (See Critics' choice; last in series)
9.00 CHOICE Trump vs Harris — The Battle For America Matt Frei examines the candidates and breaks down the election, looking at how President Biden's withdrawal could affect the race. (See Critics' choice)
10.00 Gogglebox Omnibus of the two part-special for Stand Up To Cancer. (R)
11.05 First Dates A heavily tattooed woman is hoping to find a nice man to take her bins out. (R)
12.05 24 Hours In A&E (R)
1.05 The Rise And Fall Of Boris Johnson Insights. (R)
2.00 Ramsay's Kitchen Nightmares USA (R)
2.45 CHOICE Honey Boy Stars Shia LaBeouf. A movie star struggling with alcohol addiction must look back at a childhood shaped by his unpredictable father. (2019, 15; see Film choice)
4.20 Food Unwrapped (R)
4.50 Frasier Sitcom. (R)
5.40-6.20 Countdown (R)

Channel 5

6.00 Milkshake! Children's fun.
9.15 Jeremy Vine Debate.
11.30 Storm Huntley Opinions.
12.45 Friends US sitcom. (R)
1.40 News; Weather Reports.
1.45 Home And Away Irene apologises to Leah. (R)
2.15 My Killer Reunion Thriller, with Brittney Q Hill. Married couple Claire and James attend a reunion, where they reconnect with a woman who is obsessed with James.
4.00 The Cruise — Fun-Loving Brits At Sea The cruise ship Regal Princess arrives in the Port of Heraklion. (R)
5.00 News; Weather Reports.
6.00 Amazing Railway Journeys Nick Knowles tours Romania, and visits the region's top tourist attraction, Bran Castle. (R)
6.55 News; Weather Reports.
7.00 Reuben & Clive — Beyond The Yorkshire Farm Clive Owen and his son Reuben embark on an exciting digging business venture together. (R)
7.55 News; Weather Reports.
8.00 Cumbria — The Lakes & The Coast The new manager of Muncaster Castle has a plan to diversify by opening the doors to rooms previously shut to the public and offering exclusive stays.
9.00 Cause Of Death Paramedics are called to the home of an elderly couple, only to find the wife dead on a stairlift and the husband severely injured at the bottom of the stairs. (Last in series)
10.00 Casualty 24/7 — Every Second Counts Sister Jane helps a man who has been arrested for being drunk and disorderly. (R)
11.05 Lucy Letby — Did She Really Do It? Examining the case against the former neonatal nurse. (R)
12.05 Police Interceptors — Pursuit And Capture Ops spot a stolen car and alert traffic units to intercept. (R)
1.00 Casino Show Gambling.
3.00 Tyrant — The Rise Of Adolf Hitler Documentary. (R)
3.50 Britain's Great Cathedrals Salisbury Cathedral. (R)
4.40 House Busters Insights. (R)
5.05 House Doctor Advice. (R)
5.55-6.00 Entertainment News

Variations

BBC2 WALES 8.00 Weatherman Walking. Abergwyngregyn to Conwy **8.30 SOS** — Extreme Rescues **9.00** Firebombers. How the 1980s arson attacks extended into England (2/2) **11.05** New Voices From Wales **11.20** A New Australian Adventure. Miriam Margolyes explores Perth **12.20** Coast **BBC SCOTLAND 7.00** The Mart **7.30** Norwegian Fling **8.00** Great Escapes **8.25** Beechgrove Repotted **8.30** Wild Cameramen At Work **9.00** The Nine. Updates

10.00 River City **10.30** Two Doors Down **11.00** Rab C Nesbitt **11.30-12.00** Best Of Chewin' The Fat **STV 6.00** Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30** Loose Women **1.30** News; Weather **2.00** Dickinson's Real Deal **3.00** Tenable **4.00** Tipping Point **5.00** The Chase **6.00** Regional News **6.30** News; Weather **7.30** Emmerdale **8.00** Coronation Street **9.00** Irvine Welsh's Crime **10.00** News; Weather **10.30** Regional News **10.45** McDonald & Dodds **12.25** Teleshopping **3.00** Champions — Full Gallop

3.50 Unwind **5.05-6.00** Wheel Of Fortune **S4C 6.00** Cyw **8.35** Digbi Draig **8.45** Ben Dant **9.05** Blociau Lliw **9.10** Shwshaswyn **9.20** Twt **9.30** Crawl A'i Ffrindiau **9.45** Awyr Iach **10.00** Olobobs **10.05** Blero Yn Mynd I Ocido **10.20** Ein Byd Bach Ni **10.30** Eisteddfod Genedlaethol Cymru **12.00** Newyddion A'r Tywydd **12.05** Eisteddfod Genedlaethol Cymru **2.00** Newyddion A'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru **7.30** Newyddion **7.50** Eisteddfod Genedlaethol Cymru **9.30** Pawb A'i Farn **10.30-11.35** Y Babell Len

You say

Why have some TV news programmes adopted annoying phrases? "Stay with us" — we're not dangerously unwell patients. "Plenty more to come" — you're not hosting an entertainment feature. We don't all have a short attention span and need reminding to keep watching.
Sylvia Harman

Could BBC Radio 3 producers find the volume control for their presenters, as I can't hear a word they are saying.
David Bell

Send your comments to telly@sunday-times.co.uk

Critics' choice

Trump vs Harris — The Battle For America (C4, 9pm)

When Joe Biden withdrew from the 2024 presidential race on July 21 after weeks of speculation about his health and capabilities, it felt like a bursting of tension, a change that instantly shifted the mood and the direction of the campaign. The expected adoption of vice-president Kamala Harris, 59, as the new Democratic candidate leaves Donald Trump, 78, as the oldest presidential nominee in US political history. In this new film, 12 days before the Democratic convention, Matt Frei asks whether Harris can unify and galvanise voters to beat Trump, digging into her political beliefs, her policies and her differences from the present Potus. With only three nerve-racking months left to go until polling day, Frei also asks how the Republicans will adapt their campaign to tackle this significant new threat to their plans.

Victoria Segal



Has Harris got what it takes to beat former president Trump?

Irvine Welsh's Crime (ITV1, 9pm)

From the opening *Blue Velvet*-like shot of ants crawling over a rusted tap, it's clear that the second series of this thriller is unlikely to foster a cheerier view of human beings and their place in the world than season one's serial-killer plot. Originally on ITVX, *Crime* has Dougray Scott return as DI Ray Lennox, a man for whom the description "troubled cop" is something of an understatement. A missing sex worker and a mysterious incident in a high-class hotel are sent to try him professionally, but as his therapist (played by Laura Fraser) strongly suggests, his personal trials are more emotionally taxing. A lumpen take on gender doesn't help to speed the action along, but roles for Ken Stott and Joanna Vanderham combined with Scott's ferocious portrayal of a tormented renegade ensures that *Crime* just about pays. VS

Love It Or List It — Brilliant Builds (C4, 8pm)

Kirstie Allsopp and Phil Spencer conclude the fifth run of their spin-off series by catching up with two families featured last year. In both cases the man wanted to sell and move while the woman preferred to spruce up and stay put: Ed and Lexie in Nottingham were finding their existing home too cramped and Heather and Tim in Edinburgh were weighing up whether to buy a house with a better layout and more land.



Spencer, Ed and Lexie (C4, 8pm)

Spanish Empire — Rise And Fall (National Geographic, 8pm)

After chronicling the voyages of Columbus, the colonisation of the Caribbean and Hernán Cortés's humbling of the Aztec emperor Montezuma, the series focuses on the vast and populous Inca empire. Initially leading a force of only 180 men, Francisco Pizarro conquered Peru in the early 1530s, executed the last effective Inca emperor, Atahualpa, and founded Lima. But he was later assassinated in a civil war between the conquistadors.

Jonathan Creek (BBC4, 10pm)

From 1997, this first episode of David Renwick's cosy crime drama stars Alan Davies as the titular magician's assistant with a sideline as a sleuth. In *The Wrestler's Tomb* he joins forces with Caroline Quentin's journalist, Maddy, in the investigation of the death of an artist.

John Dugdale

On demand

● Love Is Blind UK (Netflix)

The original US version of this dating show began in 2020 and was initially marketed as some kind of benign social experiment — a chance to find out whether single men and women can fall in love without seeing each other face to face. Four years and six seasons later, it has evolved into a cruel and absurdist version of *Married At First Sight*, fast-tracking immature

strangers into legally binding partnerships with often worrying results. This new UK version bases itself on the latest US model. Your enjoyment may come with a profound feeling of self-reproach.

● Grown-ish (Disney+)

Kenya Barris and Larry Wilmore's campus comedy drama was a witty, intelligent delight for its first three seasons. A spin-off from Barris's sitcom, *Black-ish*, about the joys and struggles of an upper-middle-

class black family, the Johnsons, this college-set series follows their firstborn daughter Zoey (Yara Shahidi) through her coming-of-age at a California Arts College. Sadly, students have to graduate sometime and with season five, Zoey made way for her less interesting brother Andre (Marcus Scribner) as the college hopeful. The show took a dip in quality and now, with season six, we bid it a fond if necessary farewell.

Andrew Male

Olympics: Day 12 Today's highlights

In the **men's and women's cycling pursuit finals (from 5.04pm)** Team GB could be in the frame. The golfers battle it out in the **women's individual stroke play (8am)**. John Gimson and Anna Burnet sail for gold in the **mixed multihull (1.43pm)** and Andy Macdonald is in the **skateboarding men's park (11.30am)**. In the stadium, Matt Hudson-Smith is a GB hope in the **400m final (8.20pm)** and the **women's 100m hurdles heats (9.15am)** begin.

Anna Burnet and John Gimson



Film choice

Interstellar

(Sky Cinema Greats, 5.10pm)

Christopher Nolan's epic sci-fi film starts out on Earth in the near future. Life on Earth is no longer looking like a long-term prospect. Cooper (Matthew McConaughey), a former Nasa pilot, is one of a band of adventurers sent to try to find somewhere else for humanity to colonise. But when the space-time continuum starts to bend, strange things happen. (2014)

Glass (Film4, 9pm)

Glass is the final part of M Night Shyamalan's trilogy of deconstructed superhero movies, featuring David Dunn (Bruce Willis), a security guard blessed with invulnerability; Mr Glass (Samuel L Jackson), a super-intelligent villain; and Kevin Crumb (James McAvoy), a man with multiple personalities. They are patients in a psychiatric hospital in which a doctor is determined to prove that they are suffering delusions of grandeur. (2019)

Honey Boy (C4, 2.45am)

Shia LaBeouf is James Lort, an army veteran, recovering alcoholic, registered sex offender and former rodeo clown. His son, Otis (Noah Jupe), is a successful child actor who employs James as a chaperone and has scars of his own. These have multiplied by the time Otis reaches his twenties, when he is portrayed by Lucas Hedges. (2019)

BBC 3

- 7.00pm Top Gear** A vehicle for elderly people is designed.
- 8.00 Shark Tank — Dragons' Den US** A healthier version of a breakfast favourite.
- 8.45 Becoming — Nathan Drake** With Tom Holland.
- 9.00 The TikTok Effect** Evidence that unusual behaviour on TikTok has started spilling out into the real world.
- 9.55 FILM: Booksmart** Stars Kaitlyn Dever. On the eve of their high-school graduation, two friends realise they should have worked less and played more. Top marks. (2019, 15)
- 11.30 Fleabag** Two episodes.
- 12.25 Drugs Map Of Britain**
- 12.55 The TikTok Effect** Insight.
- 1.50 Top Gear** Motoring show.
- 2.50 Fleabag** Comedy series.
- 3.45-3.55 Press X To Continue**

BBC 4

- 7.00pm Great British Railway Journeys** Travelling from Dundee to Aberdeen.
- 7.30 Great Welsh Adventure** Gareth Edwards and his wife Maureen explore the Brecon Beacons.
- 8.00 Pole To Pole** Michael Palin sets off across the Sudan.
- 8.50 Glacier Mountain Goats**
- 9.00 Catching Britain's Killers — The Crimes That Changed Us** How a 1970s miscarriage of justice led to a new method of police interrogation. (Last in series)
- 10.00 CHOICE Jonathan Creek** Mystery, with Alan Davies and Caroline Quentin. (S1, ep 1; see Critics' choice)
- 11.30 Ruby With Alan Davies**
- 12.15 As 7pm**
- 12.45 As 7.30pm**
- 1.15 Pole To Pole** The Sudan.
- 2.05-3.05 As 9pm**

ITV 2

- 6.00pm Catchphrase** James Jordan, Fiona Wade and Louis Walsh play for charity.
- 7.00 In with a Shout for Soccer Aid** Joel Dommett hosts.
- 8.00 Bob's Burgers** Tina writes about a futuristic world where she is a robot. (S12, ep 21)
- 8.30 Bob's Burgers** Tina goes on a risky mission.
- 9.00 Family Guy** Peter takes Meg to a college for an interview. (Series 12, ep 19)
- 9.30 Family Guy** Cleveland returns to the town.
- 10.00 Plebs** Marcus becomes Grumio's slave for the day. (Series 1, ep 3)
- 10.30 Plebs** Marcus befriends a cat.
- 11.00 Family Guy** Peter and Quagmire become a musical duo. (S12, ep 7)
- 11.30-12.00 American Dad!** Stan becomes a heroic do-gooder. (Series 9, ep 11)

ITV 3

- 6.00pm Heartbeat** A notorious burglar escapes from prison and returns to Aidsfield.
- 7.00 Heartbeat** Carol tries to help a struggling single mum while dealing with the shock that a woman claiming to be her own mother has turned up.
- 8.00 Vera** With Brenda Blethyn. When a suspected poacher is found dead from a single gunshot wound, Vera must unearth the truth behind his return to Northumberland following a 15-year absence. (Series 4, ep 3)
- 10.00 Cracker** Tina breaks down under interrogation and confesses she knows who Sean is, and that her sister will be his next target. (S1, ep 5)
- 11.05-12.00 Cracker** Fitz helps police investigate a teenager's murder.

E4

- 6.00pm The Big Bang Theory** Amy is offered a fellowship at Princeton University. (Series 10, ep 23)
- 6.30 The Big Bang Theory** Sheldon's former admirer Ramona Nowitzki resurfaces.
- 7.00 Hollyoaks** Chester soap.
- 7.30 Come Dine With Me** A dentist hosts the third dinner party in Essex.
- 8.00 The Great Celebrity Bake Off For Stand Up To Cancer** James Blunt, Alison Hammond, Alex Jones and Joe Sugg take part.
- 9.00 Gogglebox** Opinions on The Crown, Family Fortunes, Mammals, Love Is Blind and This Morning.
- 10.00 First Dates** A former roadie is looking for someone to settle down with.
- 11.05-12.05 Naked Attraction** Two singletons pick a date.

U&Drama

- 6.00pm Desmond's** The barber receives some bad news.
- 6.35 Are You Being Served?** An in-house magazine causes rifts among staff.
- 7.20 Last Of The Summer Wine** Barry's car breaks down.
- 8.00 Hope Street** An arson attack at the home of a retired judge uncovers a much more insidious crime. (Series 1, ep 6)
- 9.00 Shakespeare & Hathaway — Private Investigators** Frank and Lu investigate death threats made against a former soap star. (S1, ep 6)
- 10.00 New Tricks** Sandra and the team reinvestigate the murder of a policewoman that happened 17 years previously. (Series 1, ep 2)
- 11.15-1.20 Silent Witness** An American diplomat is shot dead. (Series 21, ep 3)

Sky Arts

- 6.00pm Tales Of The Unexpected** Double bill.
- 7.00 Alfred Hitchcock Presents: The Belfry.** A man kills the fiancé of the schoolteacher he loves.
- 7.30 Alfred Hitchcock Presents: The Hidden Thing.** A man's fiancée is killed in a hit-and-run.
- 8.00 Landscape Artist Of The Year 2022** Joan Bakewell and Stephen Mangan return to the Eden Project.
- 9.00 Cleo Laine — The Unseen Home Movies** An interview with the jazz, pop and classical singer.
- 10.00 Johnson & Knopfler's Music Legends** The duo are joined by Tom Jones.
- 11.00 The Ronnie Wood Show** With Mick Hucknall.
- 11.30-2.30 The Rolling Stones — Grrr Live!** A 2012 concert.

Sky Max

- 6.00pm Stargate SG-1** An invisible assassin jeopardsies refugees at the Alpha site. (Series 6, ep 9, R)
- 7.00 Stargate SG-1** An alien world offers Earth a medicine with the power to cure any illness. (R)
- 8.00 An Idiot Abroad** Reluctant traveller Karl Pilkington boards the Trans-Siberian Express to China. (R)
- 9.00 Mr Bigstuff** Lee takes drastic action when he realises that his past has caught up with him. (5/6)
- 9.30 The Walking Dead** A walker herd besieges Alexandria. (S6, ep 5, R)
- 10.30 Brassic** A young German man comes to town looking for Tommo. (S5, ep 3, R)
- 11.30-12.30 Banshee** Job manages to find Mr Rabbit's hiding place. (S2, ep 8, R)

Sky Atlantic

- 5.45pm Britannia** A traumatised Vitus returns to the castrum with a message from the Dead Man. (Series 2, ep 7)
- 6.45 Britannia** Aulus outrages Domitius when he makes a confession about who he truly serves.
- 7.45 Game Of Thrones Jon** Snow finds himself on trial at Castle Black; and Arya runs into a familiar face. (Series 4, ep 1)
- 9.00 The Last Of Us** Joel and Ellie end up drawing the attention of a vindictive rebel leader while driving through Kansas City. (4/9)
- 10.05 Big Little Lies** Madeline gets under Renata's skin in retaliation for snubbing Ziggy. (Series 1, ep 3)
- 11.05-12.20 The Wire** Avon has a run-in with a rival trafficker. (Series 1, ep 9)

TPTV

- 5.20pm Bonanza** A woman is eager to leave the protection of her father.
- 6.25 The Texan** Bill has to hunt down an old friend who has robbed the Cattleman Association.
- 7.00 Dixon Of Dock Green** Two female con artists target men having affairs.
- 8.05 The Human Jungle** Dr Corder is brought in to find out why a test pilot chose to deliberately crash his plane.
- 9.05 Crime Story** A 16 year-old girl becomes a pen pal to a convict, and is later killed.
- 10.10 FILM: Castaway** Stars Oliver Reed and Amanda Donohoe. A woman agrees to live as a publisher's wife in the tropics. Nice to look at. (1986, 15; ends at 12.30)

Films

- SKY CINEMA PREMIERE**
4.30pm Parallel (2024, 15) **6.15** Trolls Band Together (2023, U) **8.00** Mean Girls. Teenager Cadly Heron is a hit with a school clique when she makes the mistake of falling for Aaron Samuels. (2024, 12) **10.00-12.15** Concrete Utopia. Survivors from a massive earthquake struggle for a new life in Seoul. (2023, 15)
- SKY CINEMA THRILLER**
5.50pm Ocean's Thirteen. Crime caper. (2007, PG) **8.00** Miami Vice. Two detectives pose as smugglers in an effort to infiltrate a powerful drug cartel. (2006, 15) **10.15-12.20** American Gigolo (1980, 18)
- SKY CINEMA GREATS**
5.10pm CHOICE Interstellar. Stars Matthew McConaughey. (2014, 12; see Film choice) **8.00** A Beautiful Mind. Charting the life story of the brilliant but troubled mathematician John Nash. (2001, 12) **10.20-12.05** The End Of The Affair. An accidental meeting between a woman's jilted lover and her husband leads to tragedy. (1999, 18)

- SKY CINEMA SELECT**
5.40pm Hulk (2003, 12) **8.00** The Flash. Barry Allen uses his super speed to change the past, but his attempt to save his family creates a world without superheroes. (2023, 12) **10.30-12.20** RoboCop (1987, 18)
- SKY CINEMA DRAMA**
4.10pm Erin Brockovich (2000, 15) **6.25** Miss Potter (2006, PG) **8.00** Catch Me If You Can. A dogged FBI agent pursues a teenage conman. (2002, 12) **10.25-12.25** Promising Young Woman. A traumatised waitress seeks vengeance on those who crossed her. (2020, 15)
- FILM4**
5.55pm Transformers — Age Of Extinction. The robots emerge from hiding when the human race is under threat. (2014, 12) **9.00 CHOICE** Glass (2019, 15; see Film choice) **11.35-1.20** Stand By Me (1986, 15)
- Entertainment**
ITV4
5.55pm BattleBots **7.00** The Chase. Quiz show **8.00** Monster Carp **9.00** FILM: Sudden Death **11.15** All Elite Wrestling **1.10-2.05** The Professionals

- MORE4**
5.50pm Chateau DIY **6.55** Car SOS **7.55** The Dog House **9.00** Great British Home Restoration **10.00** 999 — On The Front Line **11.05** 24 Hours In A&E **12.10** Paris 2024 Paralympics — Meet The Athletes **12.15** Emergency Helicopter Medics **1.20-2.20** 999 — On The Front Line
- GOLD**
5.25pm Porridge **6.05** Keeping Up Appearances **6.45** Dad's Army **8.00** The Thin Blue Line **8.40** The Vicar Of Dibley **9.15** Harry Enfield And Chums **9.55** Bottom **10.35** The Royle Family **11.15** The Thin Blue Line **11.55** The Vicar Of Dibley **12.30** Harry Enfield And Chums **1.10** Bottom **1.50-2.30** The Royle Family
- SKY COMEDY**
6.00pm The US Office **7.00** The Conners **8.00** Will & Grace **9.00** Katherine Ryan — Missus **10.20** Breeders **11.25** Entourage **12.35** And Just Like That **1.25-2.40** Silicon Valley
- 5 STAR**
6.00pm Home And Away **7.00** GPs — Behind Closed Doors **8.00** Casualty 24/7 — Every Second Counts **9.00** A Killer Makes A Call

- 10.00** Murder In Amish Country. New series. Stories of homicide investigations within the Amish community **11.00** Adults Only **12.00** Killer At The Crime Scene **1.00** Cause Of Death **2.00-2.50** Casualty 24/7 — Every Second Counts
- 5 USA**
6.00pm NCIS **9.00** Criminal Minds Unit **1.55-3.35** Law & Order
- SKY WITNESS**
6.00pm Nothing To Declare **8.00** Blue Bloods **9.00** Fire Country **10.00** 9-1-1 **11.00** Chicago Fire **12.00** Law & Order: Special Victims Unit **1.00-3.00** The Rookie
- U&W**
6.00pm Tipping Point **8.00** DIY SOS — The Big Build **9.00** Love Me **10.00** Nurses On The Ward **12.00** Ambulance Australia **1.00** Bang On Budget **2.00-3.00** The Undateables
- COMEDY CENTRAL**
6.00pm Friends **9.00** Michael McIntyre — Hello Wembley! A 2009 performance **10.00** Al Murray Live — Barrel Of Fun **11.35** Jimmy Carr — Being Funny **1.45-2.45** Dara O Briain — Craic Dealer. Stand-up show

- U&YESTERDAY**
6.00pm Antiques Roadshow **7.00** Find It, Fix It, Flog It **8.00** Great Coastal Railway Journeys **9.00** Find It, Fix It, Flog It **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00-1.00** Great Continental Railway Journeys
- U&DAVE**
6.00pm Rick Stein's Cornwall **7.00** Would I Lie To You? **7.40** House Of Games **9.00** Battle In The Box **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week **12.40** Would I Lie To You? **1.20** Room 101 **2.00-4.00** Whose Line Is It Anyway? USA
- Factual**
NATIONAL GEOGRAPHIC
6.00pm Air Crash Investigation **8.00** CHOICE Spanish Empire — Rise And Fall. (See Critics' choice) **9.00** Bloody Tales From History **11.00** Air Crash Investigation **12.00-1.00** Banged Up Abroad
- DISCOVERY**
6.00pm Iron Resurrection **7.00** Jeremy Wade's Dark Waters **8.00** Wheeler Dealers. A V6 2007 Mustang

Team GB star of the day Matt Hudson-Smith

Today's event
Men's 400m final.

How to watch
8.20pm, BBC1.

Age 29.

From
Wolverhampton.

Previous Olympics
Rio 2016: eighth.
Tokyo 2020: injured.

Biography
One of the world's best 400m runners, Hudson-Smith has unfinished business at the Olympics after finishing eighth at Rio and being ruled out by injury for Tokyo 2020. His elite career began with a silver medal at the European Championships in 2014, followed by 4 x 400m gold at the Commonwealth Games in Glasgow. After a first Olympics in 2016 and a bronze 4 x 400m medal at the World Championships a year later, hopes were high for him in Tokyo. He'll be hoping to improve his Olympic fortunes tonight.

Tim Glanfield



9.00 Deadliest Catch. Sig deploys a Norwegian secret weapon
10.00 Sin City Tow **11.00** Outback Truckers **12.00** Mysteries Of The Deep **1.00-2.00** Deadliest Catch

PBS AMERICA
5.05pm WWII In Color — Road To Victory **6.15** Grand Tours Of Scotland **6.55** Vikings — The Rise And Fall **7.50** Britain's Great Cathedrals. With Tony Robinson **8.50** The First World War — The People's Story **9.55** WWII In Color — Road To Victory **11.00-12.00** Britain's Great Cathedrals

SKY DOCUMENTARIES
5.55pm The Vietnam War **7.00** OJ — Made In America **9.00** Wild Wild Space **11.00-12.50** Apollo 11

SKY NATURE
6.00pm Deadly Australians **7.00** Monkey Life **8.00** Gladiators **9.00** Tales From Zambia **10.00** Deadly Australians **11.00-12.00** Beasts Of The Big Blue. Following pilot whales

DISCOVERY HISTORY
6.00pm Combat Dealers **7.00** Expedition Unknown **8.00** America — Facts vs Fiction **9.00** Combat Dealers **10.00** Salvage Hunters **11.00-12.00** Find It, Fix It, Flog It

Sport

SKY SPORTS MAIN EVENT
6.00am News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** News **12.00** Transfer Talk **1.00** Lunchtime Live **2.00** Sports Desk **2.30 LIVE** The Hundred: Trent Rockets Women v London Spirit Women **6.00 LIVE** The Hundred: Trent Rockets Men v London Spirit Men **9.30 LIVE** Tennis. Coverage of the day's action on the WTA and ATP **Tours 4.00-6.00** News

TNT SPORTS 1
6.00am Ariel Helwani Meets **7.00** WWE Monday Night Raw **9.30** Classic Premier League **1.00** MLB Highlights **2.00** Premier League Stories **2.30 LIVE** Test Cricket: West Indies v South Africa. The first day of the first Test in the two-match series at Queen's Park Oval in Trinidad and Tobago **11.00** Cricket Reload **11.30** Packer — The Man Who Changed Cricket **1.00** WRC Review **2.00** MLB Highlights **3.00-6.15 LIVE** MLB: Los Angeles Dodgers v Philadelphia Phillies. From Dodger Stadium. Start-time at 3.10

Radio & Podcasts

● **Perfect Day With Jessica Knappett (podcast)**
Knappett's new weekly interview show focuses on how her guests spend their daily lives and what they consider to be their perfect day. This then becomes a launchpad to explore topics wider than that, including how her first guest, Romesh Ranganathan, has had a dustcart named after him. Future guests include Emerald Fennell, Jessica Gunning and Adam Buxton. Knappett is a warm and fun host, but the issue with such series is that listeners end up hearing from a revolving carousel of guests. How many wacky tales can they retell?



Jessica Knappett: writer, actress and comedian

● **Retracted (Radio 4, 11am)**
Rosa Ellis investigates the subject of "publish or perish", where scientists publish papers that are fabricated. She speaks to Steven Shafer, the editor of a US medical journal, whose readers suspected

a study he had published was too good to be true. It was, and Shafer looked further into the practice. Ellis also finds that AI can create fabricated reports.

● **Tom Slick — Mystery Hunter (podcast)**
Owen Wilson stars in this scripted series based on the life of the real-life American adventurer Slick, "the most interesting man you've never heard of". His best-known expedition was his 1958 hunt for the Yeti in Nepal, and his life is told through tapes discovered by his granddaughter (Schuyler Fisk) in her mother's (Sissy Spacek) attic. It's real *Boy's Own* stuff. *Clair Woodward*

TIMES RADIO

5.00 Rosie Wright With Early Breakfast **6.00** Aasmah Mir And Stig Abell With Times Radio Breakfast **10.00** Ed Vaizey **1.00** Ayesha Hazarika **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar With Times Radio Drive **7.00** The Evening Edition **10.00** Darryl Morris **1.00** The Story **1.30** The Best Of Times Radio

To get in touch with the Times Radio studio, text *TIMES* plus your message to 87222. Texts cost your standard message charge.

RADIO 4

5.30 News **5.43** Prayer **5.45** Farming Today **6.00** Today **9.00** Sideways **9.30** Worse Than Murder **10.00** Woman's Hour **11.00** Retracted (R) **11.45** Battle Grounds: Culture Wars In The Countryside (R) **12.00** News **12.04** You And Yours **1.00** The World At One **1.45** How They Made Us Doubt Everything. Talc companies figure out a plan to check their product for asbestos **2.00** The Archers (R) **2.15** Drama: Contender **3.00** Reflections (R) **3.30** The Drug Death Detective. New science documentary **4.00** The Media Show **5.00** PM **6.00** News **6.30** Ian Smith Is Stressed. New series. The comedian talks about things that stress him out **7.00** The Archers **7.15** Front Row **8.00** The Moral Maze **9.00** The Life Scientific (R) **9.30** Inside Health (R) **10.00** The World Tonight **10.45** Book At Bedtime **11.00** The Lovely Boys Talk Good. New series. Surreal and silly sketch show from online double act The Lovely Boys **11.15** Maisie Adam — The Beautiful Game (R) **11.30** Lights Out (R) **12.00** News **12.30** Battle Grounds: Culture Wars In The Countryside (R) **12.48** Shipping **1.00** As World Service

RADIO 4 EXTRA

5.00 The Carlingford Chronicles: Miss Marjoribanks **6.00** Someone Dangerous **6.45** The One About The Social Worker **7.00** Ballylenon

7.30 The Missing Hancock's **8.00** Tom Wigglesworth's Hang-Ups **8.30** No Room For Secrets **8.45** Where Angels Fear To Tread **9.00** Geoff Norcott's Working Men's Club **9.30** New Storytellers **9.45** Daily Service **10.00** Boy, Oh Boy, He's Going Down **11.00** Someone Dangerous **11.45** The One About The Social Worker **12.00** Ballylenon **12.30** The Missing Hancock's **1.00** Tom Wigglesworth's Hang-Ups **1.30** No Room For Secrets **1.45** Where Angels Fear To Tread **2.00** Wordaholics **2.30** Elephants To Catch Eels **3.00** The Carlingford Chronicles: Miss Marjoribanks **4.00** Boy, Oh Boy, He's Going Down **5.00** Someone Dangerous **5.45** The One About The Social Worker **6.00** Ballylenon **6.30** The Missing Hancock's **7.00** Tom Wigglesworth's Hang-Ups **7.30** No Room For Secrets **7.45** Where Angels Fear To Tread **8.00** Wordaholics **8.30** Elephants To Catch Eels **9.00** The Carlingford Chronicles: Miss Marjoribanks **10.00** Geoff Norcott's Working Men's Club **10.30** Chain Reaction **10.55** The Comedy Club Interview **11.00** Seekers **11.30** Yours Truly, Pierre Stone **11.45-12.00** The Pin

LBC

7.00 Nick Ferrari **10.00** James O'Brien **1.00** Vanessa Feltz **4.00** Tom Swarbrick **6.00** Tonight With Andrew Marr **7.00** Iain Dale. Debate **10.00** Ben Kentish **1.00** Richard Spurr **4.00** Ian Payne

RADIO 3

6.30 Breakfast **9.30** Essential Classics **1.00** Classical Live. Tom McKinney with recordings from European festivals, including Leif Ove Andsnes and Bertrand Chamayou in Schwarzenberg and the Kanneh-Masons at the Proms **3.00** Choral Evensong **4.00** Composer Of The Week. A look at when Chevalier de Saint-Georges made his first forays into opera **5.00** In Tune. With the Scottish Chamber Orchestra's principal conductor Maxim Emelyanychev **7.00** Classical Mixtape

7.30 BBC Proms 2024. Live from the Royal Albert Hall the BBC Philharmonic and John Storgards perform Tchaikovsky's Fourth Symphony, and joined by Stefan Dohr for Hans Abrahamsen's Horn Concerto **10.00** Night Tracks. Sara Mohr-Pietsch presents a soundtrack for late-night listening, from classical to contemporary and everything in between **11.30** 'Round Midnight. Saxophonist Soweto Kinch presents the best in jazz, with a focus on the British scene **12.30** Through The Night

CLASSIC FM

6.30 Aled Jones **9.00** The Classic FM Hall Of Fame Hour With Aled Jones **10.00** Alexander Armstrong **1.00** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** John Brunning **10.00** Ritula Shah **1.00** Bill Overton **4.00** Lucy Coward

RADIO 2

6.30 The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whitley's Shiny Happy Playlist **7.30** Jo Whitley. Music and chat **9.00** The Folk Show **10.00** Trevor Nelson's Magnificent 7 **11.30** Trevor Nelson's Rhythm Nation **12.00** Ellie Brennan **3.00** Alternative Sounds Of The 90s With Dermot O'Leary (R) **4.00** Owain Wyn Evans

VIRGIN RADIO

6.30 Angela Scanlon On The Chris Evans Breakfast Show **10.00** Vogue Williams **1.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Bam **10.00** Olivia Jones **1.00** Sean Goldsmith **4.00** Steve Denyer

TALKSPORT

5.00 Early Sports Breakfast **6.00** Talksport Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** Talksport Drive With Andy Goldstein And Darren Bent **7.00** Olympic Kick-Off **10.00** Sports Bar. Reaction and analysis **1.00** Extra Time With Paul Ross

BBC 1

6.00 Breakfast Headlines.
8.00 Olympics Jeanette Kwakye and JJ Chalmers present the opening live coverage on day 13 in Paris. The first of the day's medals will be decided in the women's 10km marathon swimming, before attention switches to the 100m hurdles and high jump disciplines of the heptathlon. At the Vaires-sur-Marne Nautical Stadium, the canoe sprint continues with the finals of the men's canoe double and the men's and women's kayak four, and the women's kite sailing gold will be decided at Marseille Marina.
1.00 News; Weather Reports.
1.45 Olympics Hazel Irvine presents live coverage of day 13 as diving and track cycling take centre stage, featuring the men's 3m springboard final at the Aquatics Centre, while over at the Saint-Quentin-en-Yvelines Velodrome, the track cycling features the early stages of the men's omnium and individual sprint, and the women's keirin.
6.00 News; Weather Reports.
6.30 Regional News Update.
7.00 Olympics Gabby Logan introduces live taekwondo and athletics coverage as day 13 concludes, with the women's 400m hurdles and men's 200m among the highlights. The schedule for this evening also features the women's long jump, men's javelin, men's 110m hurdles, the heptathlon 200m, the men's -68kg Taekwondo final and the women's -57kg.
10.00 News; Weather Reports.
10.40 Olympics — Tonight At The Games Isa Guha and Mark Chapman introduce highlights from day 13.
12.00 Kin The chaos created by Bren reaches its peak and the Kinsellas are driven to mayhem. (Series 2, ep 7, R)
12.50 Kin Michael and Jimmy find common ground; and Amanda proposes a partnership for survival. (Last in series, R)
1.45-6.00 Joins BBC News
SCOTLAND 6.30 Reporting Scotland; Weather. Updates.

BBC 2

6.30 Great Coastal Railway Journeys (Signed, R)
7.00 Gardeners' World With Monty Don. (Signed, R)
8.00 Breakfast Headlines.
9.00 Dom Does America (R)
9.30 Wanted Down Under Revisited Reality. (R)
10.15 A Countryside Summer (R)
10.45 The Farmers' Country Showdown Insights. (R)
11.15 Homes Under The Hammer Auctions. (R)
12.15 Bargain Hunt Curios. (R)
1.00 Olympics Continued live coverage of day 13 in Paris, including the conclusion of the women's kite sailing, and the men's bronze-medal hockey match.
1.45 Make Me A Dealer (R)
2.30 Beechgrove Repotted (R)
2.45 The Hundred: Welsh Fire Men v Northern Superchargers Men. Coverage of the match at Sophia Gardens in Cardiff.
6.00 Olympics The conclusion of the women's keirin and men's omnium track cycling events, live.
7.00 House Of Games Bonnie Langford, Myra DuBois, Charlie Hedges and Tyler West test their skills. (R)
7.30 EastEnders Johnny and Linda investigate when she receives a blackmail letter.
8.00 Why Bridges Collapse — The Genoa Disaster An investigation into the Ponte Morandi disaster in August 2018, telling the stories of people on the bridge that day. (R)
9.00 Interview With The Vampire A visit to the revelatory Theatre des Vampires disrupts Louis's quiet life and enraptures Claudia. (Series 2, ep 2)
9.50 Live At The Apollo Bites Featuring Ardal O'Hanlon, Lou Sanders and Kae Kurd.
10.00 Not Going Out Lucy commits an indiscretion while drunk. (S5, ep 6, R)
10.30 Newswight Headlines.
11.05 Colin From Accounts Ashley takes Gordon to her birthday dinner. (6/8, R)
11.35 CHOICE Mud Stars Matthew McConaughey. (2012, 12; see Film choice)
1.40 A New Australian Adventure (Signed, R)
2.40-3.10 Dom Does America Documentary. (Signed, R)

ITV 1

6.00 Good Morning Britain
9.00 Lorraine Lifestyle chat.
10.00 This Morning Features.
12.30 Loose Women Debate.
1.30 News; Weather Reports.
2.00 Dickinson's Real Deal David Dickinson is joined in Swindon by his dealers. (R)
3.00 Tenable Quiz show. (R)
4.00 Tipping Point Gameshow, with by Ben Shephard. (R)
5.00 The Chase Quiz show. (R)
6.00 Regional News Update.
6.30 News; Weather Reports.
7.30 Emmerdale Victoria meets a relative stranger; Jimmy is concerned; and Mandy is determined to resolve her debts when Gail gives her an idea.
8.30 Tom Kerridge Cooks Britain The chef heads to the border between England and Wales starting in Powys — a place he used to visit as a child to play rugby but where he is today on the search for free-range chicken.
9.00 Irvine Welsh's Crime With the discovery of another body, Lennox's suspicions that he is dealing with a serial attacker are confirmed when the perpetrator makes contact with him. (Series 2, ep 2)
10.00 News At Ten Bulletin.
10.45 FILM: Mission — Impossible Stars Tom Cruise. A secret agent is accused of betraying his fellow spies, and is forced to go on the run to clear his name. Stylish action flick. (1996, PG)
12.35 Teleshopping Goods.
3.00 Big Zuu's 12 Dishes In 12 Hours The rapper takes Anna Maxwell Martin on a tour of Amsterdam. (R)
3.35 Unwind Daily relaxation. (R)
5.05 In For A Penny Games. (R)
5.30-6.00 Gino's Italian Express (Last in series, R)

McConaughey (BBC2, 11.35pm)

Channel 4

6.20 Cheers Double bill. (R)
7.10 Everybody Loves Raymond Comedy. (R)
9.00 Frasier Sitcom. (R)
11.00 The Simpsons Cartoon. (R)
12.00 News; Weather Reports.
12.05 Paris 2024 Paralympics — Meet The Athletes (R)
12.10 A New Life In The Sun (R)
1.10 Car SOS Revamps. (R)
2.10 Countdown Game.
3.00 A Place In The Sun (R)
4.00 The Great House Giveaway A sales manager and a telecommunications engineer renovate a four-bedroom house.
5.00 A New Life In The Sun — Where Are They Now? Catching up with a couple who swapped life in Surrey to run a B&B in the Algarve.
6.00 Come Dine With Me A financial advisor is keen to impress his guests with a Sheffield-themed menu. (R)
6.30 The Simpsons Marge uses healing crystals on Bart. (R)
7.00 News; Weather Reports.
8.00 The Supervet A Labrador puppy is rushed in after being hit by a car; and a four-year-old bull mastiff is referred to Noel Fitzpatrick with a painful lump near its ankle. (Last in series, R)
9.00 CHOICE Amazing Spaces George Clarke meets a couple converting a rusty ship's wheelhouse into glampsite accommodation, then shows off his own amazing space — a cabin in the sky. (Last in series) (See Critics' choice)
10.00 CHOICE Kitchen Nightmares USA Gordon Ramsay tries to transform a New Jersey gastropub Bask 46, which is in jeopardy due to its fiery head chef. (See Critics' choice)
11.00 8 Out Of 10 Cats Does Countdown Alan Carr and Munya Chawawa take on Sarah Millican and Gary Delaney. (R)
12.00 Gogglebox Opinions. (R)
1.00 Kitchen Nightmares USA In Queens, New York. (R)
1.50 FILM: Primal Stars Nicolas Cage and Famke Janssen. Action thriller. (2019, 15)
3.25 Love It Or List It Australia A 1960s home in Perth. (R)
4.20 Food Unwrapped (R)
4.50 Frasier Sitcom. (R)
5.40-6.20 Countdown (R)

Channel 5

6.00 Milkshake! Children's fun.
9.15 Jeremy Vine Debate.
11.30 Storm Huntley Opinions.
12.45 Friends US sitcom. (R)
1.40 News; Weather Reports.
1.45 Home And Away Mali calls in big sister Elandra to help track down their brother. (R)
2.15 Murder And Matrimony Thriller, with Kristen Vaganos. A wedding planner agrees to take on her estranged brother's upcoming nuptials, only to be drawn into a web of potentially deadly deceit. (R)
4.00 The Cruise — Fun-Loving Brits At Sea Reality. (R)
5.00 News; Weather Reports.
6.00 Amazing Railway Journeys Nick Knowles is in Casablanca, Marrakesh and the Atlas Mountains. (R)
6.55 News; Weather Reports.
7.00 Bank Scams — Don't Get Caught Out Alexis Conran and his team look into the banking app infiltrated by criminals, and a woman tricked out of the sale of her new Spanish home. (R)
7.55 News; Weather Reports.
8.00 CHOICE Fresh vs Frozen — Which Is Better? A look at how a groundbreaking fast-freezing process revolutionised the food industry, and how teenage favourite the potato waffle still uses that system today. (See Critics' choice)
9.00 Susan Calman's Grand Day Out The comedian pays a visit to Eastbourne on the southeast coast of England, beginning at the golden pier, before taking a boat to the chalk sea cliff of Beachy Head.
10.00 The Child Snatcher — Manhunt The investigation into the serial killer Robert Black, who abducted and murdered four women during the 1980s. (R)
11.55 Cold Case Killers A look at the murder cases of Samo Paul and Tracey Turner from the 1990s. (R)
12.55 Entertainment News
1.00 Casino Show Gambling.
3.00 Tyrant — The Rise Of Adolf Hitler Documentary. (R)
3.50 Britain's Great Cathedrals Durham Cathedral. (R)
4.40 House Busters Insights. (R)
5.05 House Doctor Advice. (R)
5.30 Entertainment News
5.35-6.00 Children's Shows

Variations

BBC2 WALES 8.00 Eisteddfod. With Huw Stephens **8.30** SOS — Extreme Rescues **10.00** Rewind — 60 Years Of Welsh Pop **BBC SCOTLAND 7.00** River City **7.30** The Island That Saved My Life **8.00** Beechgrove Garden **8.30** Return To Uist **9.00** The Nine **10.00** Edinburgh Unlocked **10.30** The Karen Dunbar Show **11.00-12.00** The Agency — Unfiltered **STV 6.00** Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30** Loose Women

1.30 News; Weather **2.00** Dickinson's Real Deal **3.00** Tenable **4.00** Tipping Point **5.00** The Chase **6.00** Regional News **6.30** News; Weather **7.00** Animal 999 **7.30** Emmerdale **8.30** Tom Kerridge Cooks Britain **9.00** Irvine Welsh's Crime **10.00** News; Weather **10.35** Regional News **10.45** FILM: Mission — Impossible **12.35** Teleshopping **3.00** Big Zuu's 12 Dishes In 12 Hours **3.35** Unwind **5.05** In For A Penny **5.30-6.00** Gino's Italian Express **S4C 6.00** Cyw **6.40** Sall Mali **6.45** Asra **7.00** Cymylaubychain

7.10 Sam Tan **7.20** Crads Bach Y Traeth **7.25** Pablo **7.40** Ahoi! **8.00** Bing **8.10** Caru Canu A Stori **8.20** Gwdihw **8.35** Octonots **8.45** Sbarc **9.00** Brethyn A Fflwff **9.05** Sion Y Chef **9.20** Byd Tad-Cu **9.30** Pentre Papur Pop **9.45** Deian A Loli **10.00** Eisteddfod Genedlaethol Cymru **12.00** Newyddion A'r Tywydd **12.05** Eisteddfod Genedlaethol Cymru **2.00** Newyddion A'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru **7.30** Newyddion **7.50** Eisteddfod Genedlaethol Cymru **9.30** Am Dro! **10.30-11.35** Y Babell Len

You say

I recently watched **The Night Caller** (C5). What a superb drama showing how life can go wrong so easily. Surely Robert Glenister deserves a Bafta for his performance?
Alec James

Piglets (ITV1) — Awful silliness... doesn't bring home the bacon.
Joe Cowley

Send your comments to telly@sunday-times.co.uk

Critics' choice

Classic Movies: *The Story Of Brief Encounter* (Sky Arts/Now, 8pm)

Classic Movies made its debut with an account of the making of *The Third Man*. A year on, Ian Nathan's series returns with *Brief Encounter* (1945), a David Lean film from four years earlier. Based on a play by Noël Coward, this tale of plummy-voiced passion stars Celia Johnson as Laura, a middle-class woman with a boring husband, and Trevor Howard as Alec, a doctor who is also married. Besides providing links, Nathan marshals a team of pundits who describe the contributions of Lean, his cast, Coward (the chief screenwriter and the voice of the station announcer), the composer Sergei Rachmaninoff, and Carnforth railway station in Lancashire – the location of the couple's trysts, although their accents clearly show that "Milford" is meant to be in the home counties.

John Dugdale



Celia Johnson and Trevor Howard star in the Oscar-nominated film

The Umbrella Academy (Netflix)

The smart superhero saga – which blends sci-fi, fantasy, action and black comedy – begins its fourth and final season with the Hargreeves siblings. They were left by season three's twisty finale, at the Hotel Oblivion and in a new timeline, because Allison (Emmy Raver-Lampman) pushed a button there to reset the universe. We can be pretty confident that in later episodes they'll face new enemies and a threatened apocalypse, since that's been the case in previous outings, but will they regain their superpowers? And how will the siblings now relate to their shared adoptive father, Sir Reginald (Colm Feore), who coached them to be crime-busters, but turned into a murderous arch-villain. Megan Mullally and Nick Offerman play college professors, while Elliot Page, Tom Hopper and David Castañeda also star. JD

Fresh vs Frozen — Which Is Better? (C5, 8pm)

The answer according to this lightly frosted foodie documentary is not as simple as one might think. Paying tribute to the work of Clarence Birdseye, the show charts the history of high-speed refrigeration using the humble potato waffle. Kate Hall, a "freezer expert", advises on how to maximise sometimes limited space and use our "filing cabinets of joy" to store leftovers as single portions for lazy days.



Gordon Ramsay (C4, 10pm)

Kitchen Nightmares USA (C4, 10pm)

"Shut it down, shut it down!" screams the hot-tempered hygiene advocate Gordon Ramsay as he finds slimy raw chicken wings in yet another restaurant refrigerator. This week he's in New Jersey, temporarily closing a gastropub named Bask 46, struggling with a self-taught chef who styles himself the Culinary Gangster and whose "famous homemade" sauces are bought-in. "He's the kitchen nightmare," says the owner.

Amazing Spaces (C4, 9pm)

It's the final episode of George Clarke's long-running renovation show and he and Will Hardie will finally reveal their project to the world. Also, an ambitious couple of Welsh campsite owners (inevitably styled as a glampsite) is converting a ship's wheelhouse into, one must hope, appealing accommodation.

Helen Stewart

On demand

Deadwood (Prime Video)

With any truly great TV show the temptation is to call it "influential". Yet it would be incorrect to say that David Milch's ultra-vivid revisionist western drama truly influenced anything. Yes, characters such as Ian McShane's saloon-bar pimp Al Swearengen and Robin Weigert's Calamity Jane live on as internet memes. But overall the ensemble cast of complex amoral characters,

its elliptic plotting, its fractured pseudo-frontier dialogue, its operatically baroque foul language and its skewering of base American capitalism all remain part of a unique viewing package yet to be equalled or bettered.

Coupling (BBC iPlayer)

Given his subsequent achievements, Steven Moffat's early-Noughties attempt at a British version of a US "group" sitcom has been somewhat forgotten, despite

gathering awards and accolades. Based on the exploits of six young friends, it's a show that played around with the kind of quirky storylines that Moffat would excel at in *Sherlock* and *Doctor Who*. Moffat's jokes are another matter, closer to Whitehall farce than the barbed wit of *Friends* or *Seinfeld*. If his comedy-drama *Douglas Is Cancelled* is anything to go by, it's a sense of humour that has remained firmly intact.

Andrew Male

Olympics: Day 13 Today's highlights

Team GB have a good chance of making the **men's hockey final (6pm)** and Ethan Hayter could do well in the **men's omnium cycling (6.27pm)**. All eyes will be on British star Katarina Johnson-Thompson in the **heptathlon day one (from 9.05am)**, while two of the biggest men's running events will bring excitement: the **men's 200m final (7.30pm)** and **110m hurdles (8.45pm)**. In the pool, Jack Laugher will look to medal in the **men's 3m springboard (2pm)**.

Tim Glanfield

Ethan Hayter



Film choice

The Legend Of Zorro (Film4, 3.55pm)

The year is 1850 and California is about to become the 31st state. Zorro (Antonio Banderas) risks life and limb to further the cause of democracy. Unfortunately an enemy of freedom is planning to jeopardise the vote. Worse still, the former Mrs Zorro (Catherine Zeta-Jones) has taken to hanging out with an unsavoury Frenchman (Rufus Sewell). (2005)

Kingpin

(Sky Cinema Comedy, 6.05pm)

This crass Farrelly brothers film stars Woody Harrelson as Roy Munson, a former bowling prodigy who was led astray by his mentor, Big Ern (Bill Murray). Fast-forward 20 years and Roy now has a hook for a hand and a career in sales. Then he spots a bowling talent to rival his own – Ishmael (Randy Quaid). He is determined to recapture past glories using Ishmael's ball-handling skills. (1996)

Mud (BBC2, 11.35pm)

Deep down the Mississippi River, two 14-year-old boys encounter the mysterious Mud (Matthew McConaughey), and an adventure of the Huckleberry Finn sort ensues. The boys fall into Mud's secret world. The tale is set in the present day but has a timeless childhood nostalgia that turns into something more disturbing as Texan thugs close in on Mud. (2012)

BBC 3

- 7.00pm Top Gear** Testing high-performance hatchbacks.
- 8.00 Dragons' Den US — Shark Tank** DoorDash CEO Tony Xu makes his first appearance in the Tank.
- 8.45 Becoming — The Batman**
- 9.00 Who Stole Tamara Ecclestone's Diamonds?** The 2019 burglary of Tamara Ecclestone and Jay Rutland's London home.
- 10.00 Sneakerhead** Mulenga gets in a fight. (3/3)
- 10.30 Man Like Mobeen** Comedy, with Guz Khan.
- 11.45 Who Stole Tamara Ecclestone's Diamonds?**
- 12.40 Top Gear** The Kia Cee'd.
- 1.40 Man Like Mobeen**
- 2.55 FILM: It's What She Would Have Wanted** Stars Holly Hall. (2022)
- 3.05-4.00 As 9pm**

BBC 4

- 7.00pm Great British Railway Journeys** A journey from Elgin to Loch Ness.
- 7.30 Great Welsh Adventure** Gareth Edwards discovers the lost canals of Swansea and Neath. (Last in series)
- 8.00 Eyewitness To History — Norma Percy On Watergate** A look back.
- 8.10 Watergate** The 1972 break-in at the Democratic Party's headquarters.
- 9.00 FILM: All The President's Men** Stars Robert Redford and Dustin Hoffman. A compelling story. (1976, 15)
- 11.15 Amol Rajan Interviews**
- 12.00 Paris** The history of the city.
- 1.00 As 7pm**
- 1.30 As 7.30pm**
- 2.00 Watergate** Documentary.
- 2.50-3.50 Ardal O'Hanlon — Tomb Raider** The Celts.

ITV 2

- 6.00pm Catchphrase** Game.
- 7.00 Ant & Dec's Limitless Win Quiz**, hosted by the duo.
- 8.00 Bob's Burgers** Louise, Gene and Tina try to find a long lost family recipe. (S12, ep 20) **8.30 Bob's Burgers** Mr Fischoeder enlists the Belchers to get his brother to admit to theft. (Series 13, ep 1)
- 9.00 Family Guy** Stewie finds himself reborn into a British household. (S12, ep 21)
- 9.30 Family Guy (1/2)** The Griffins find themselves stuck in Springfield. **10.00 Family Guy (2/2)** **10.30 Family Guy** Peter loses his job. (Series 12, ep 9) **11.00 Family Guy** Three fairy tales are retold Quahog-style.
- 11.30-12.00 American Dad!** Roger forms a plan to help Steve get a date. (S9, ep 12)

ITV 3

- 6.00pm Heartbeat** Mason visits a travellers' camp as he investigates attacks on two hippies. **7.00 Heartbeat** Dawson is accused of theft following a raid; and Bernie receives shocking news about a past love.
- 8.00 Vera** With Brenda Blethyn. The detective investigates the death of a businessman who was working as an informant for HM Revenue and Customs. (S4, ep 4)
- 10.00 Cracker** Fitz secures a confession of guilt from Cassidy, but later realises the declaration is false — forcing him to confront his own personal demons. (Series 1, ep 7) **11.05-12.00 Cracker** A particularly violent murder leaves the police baffled — and Fitz refuses to help. (S2, ep 1)

E4

- 6.00pm The Big Bang Theory** Sheldon and Amy struggle to pick a wedding date. (S11, ep 3) **6.30 The Big Bang Theory** Leonard's mother befriends Penny.
- 7.00 Hollyoaks** Chester soap.
- 7.30 Come Dine With Me** An Egyptian-themed evening on the fourth night in Essex.
- 8.00 The Great Celebrity Bake Off For Stand Up To Cancer** Carol Vorderman, Kelly Brook, Rob Rinder and Mo Gilligan take part.
- 9.00 Gogglebox** Programmes reviewed include The Crown, You Won't Believe This and the World Cup.
- 10.05 Naked Attraction** Singletons from Mansfield and Ireland look for love.
- 11.05-12.10 First Dates** Two divorcees go in search of a more successful match.

U&Drama

- 5.20pm Birds Of A Feather**
- 6.05 Desmond's** The barber is taken ill. (Series 2, ep 1)
- 6.40 Are You Being Served?** The employees go on strike.
- 7.20 Last Of The Summer Wine** Clegg plans a quiet birthday lunch at a nice hotel.
- 8.00 Annika** A scientist's body is found in Loch Katrine — and it soon turns out that the victim had many enemies. (Series 1, ep 3)
- 9.00 Whitstable Pearl** Molly Stratton asks Pearl for help when she receives anonymous threats. (Series 2, ep 3)
- 10.00 New Tricks** A painting in the Queen's private collection is found to be a fake. (Series 1, ep 3)
- 11.20-1.25 Silent Witness** A woman is killed in a car crash. (Series 21, ep 4)

Sky Arts

- 6.00pm Tales Of The Unexpected** A man murders his friend. **6.30 Tales Of The Unexpected** A Vietnam veteran gets a chance for revenge.
- 7.00 Alfred Hitchcock Presents: The Legacy.** A prince takes a romantic interest in a housewife. **7.30 Alfred Hitchcock Presents: Mink.** A woman buys a stolen mink coat.
- 8.00 CHOICE Classic Movies:** The Story Of Brief Encounter. New series. (See Critics' choice)
- 9.00 The Directors** David Lean.
- 10.00 Kubrick By Kubrick** A profile of Stanley Kubrick.
- 11.35-1.35 Have You Got It Yet? The Story Of Syd Barrett And Pink Floyd** Charting the life and career of the band's original frontman.

Sky Max

- 6.00pm Stargate SG-1** A reporter threatens to expose a secret military project. (Series 6, ep 11, R)
- 7.00 Stargate SG-1** Thor enlists the team's help when an Asgard planet is overrun by replicators. (R)
- 8.00 Rob & Romesh vs K-Pop** The duo enter the world of the music phenomenon. (R)
- 9.00 The Walking Dead — Daryl Dixon** Daryl and his allies face trouble on the road towards the Nest. (2/6)
- 10.10 Never Mind The Buzzcocks** With Gregory Porter, Amy Gledhill and Chesney Hawkes. (R)
- 10.55 The Walking Dead** Daryl encounters a new threat. (Series 6, ep 6, R)
- 11.50-12.50 Last King Of The Cross** Sam finds fraternity in a new family. (6/10, R)

Sky Atlantic

- 5.55pm Britannia** Divis is given one last chance to try and prove himself. (Series 2, ep 9) **6.55 Britannia** Druid brothers Veran and Harka finally face each other in a dramatic challenge.
- 7.55 Game Of Thrones** The day of King Joffrey's wedding to Margaery Tyrell arrives. (Series 4, ep 2)
- 9.00 House Of The Dragon** Fantasy drama set 200 years before the events of Game of Thrones, with Matt Smith and Emma D'Arcy. (Last in series)
- 10.25 Yellowjackets** Misty uses her advanced first-aid knowledge to tend to the injured. (Series 1, ep 2)
- 11.30-12.40 Succession** Logan and team head to Virginia for a conservative political conference. (Series 3, ep 6)

TPTV

- 5.35pm FILM: 36 Hours** Stars Dan Duryea. Typical crime drama. (1953, PG, B/W)
- 7.20 FILM: The Spare Tyres** Stars Terence Alexander. Short comedy. (1967, U)
- 7.55 Cinebox Memories**
- 8.00 The Brothers** Jennifer accuses Barbara and Mary of ruining any chance she had at happiness.
- 9.05 Van Der Valk** The detective investigates when an artist dies in mysterious circumstances.
- 10.05 FILM: A Month Of Sundays** Stars Hume Cronyn. A senior citizen is asked to join his scheming daughter's household Poignant comedy drama. (1989, PG; ends at **12.05**)

Films

- SKY CINEMA PREMIERE**
- 4.30pm Trolls Band Together** (2023, U) **6.05 Mean Girls** (2024, 12) **8.00 Jericho Ridge** A cop must fight for her life when her remote office is targeted by lethal enemies. (2023, 15) **9.45 Parallel**. A woman meets a version of herself from a parallel universe. (2024, 15) **11.30-1.45 Concrete Utopia** (2023, 15)
- SKY CINEMA THRILLER**
- 5.50pm Hotel Mumbai** (2018, 15) **8.00 The Commuter**. A former police officer finds himself caught up in a conspiracy. (2018, 15) **9.50 Layer Cake**. A dealer trying to go straight is sent to find a mobster's daughter. (2004, 15) **11.40-1.40 Along Came A Spider** (2001, 15)
- SKY CINEMA GREATS**
- 5.35pm A Beautiful Mind** (2001, 12) **8.00 Erin Brockovich**. A single mother working at a law firm investigates a shady corporation. (2000, 15) **10.15-12.20 American Beauty**. A suburban family man becomes infatuated with a friend of his teen daughter. (1999, 18)

- SKY CINEMA SELECT**
- 5.50pm The Mummy** (1999, 15) **8.00 Dungeons & Dragons — Honour Among Thieves**. Action adventure. (2023, 12) **10.20-12.05 The Hangover** (2009, 15)
- SKY CINEMA DRAMA**
- 6.00pm Dallas Buyers Club** (2013, 15) **8.00 Lady Bird**. An artistic teen has a difficult relationship with her mother. (2017, 15) **9.40 Dear John**. With Channing Tatum. (2010, 12) **11.30-1.40 Spotlight** (2015, 15)
- FILM4**
- 3.55pm CHOICE** The Legend Of Zorro (2005, PG; see Film choice) **6.30 Mortal Engines** (2018, 12) **9.00 Old**. A vacationing family discovers the beach where they are relaxing is causing them to age rapidly. (2021, 15) **11.10-1.10 The Running Man** (1987, 18)
- Entertainment**
- ITV4**
- 5.15pm LIVE** ITV Racing — Racing League **8.45** Football Rivalries **9.00** Auf Wiedersehen, Pet **10.10** FILM: Alien Resurrection **12.15** The Professionals **1.20-2.15** Minder

- MORE4**
- 5.50pm** Chateau DIY **6.55** Car SOS **7.55** Grand Designs **9.00** Bill Bailey's Australian Adventure **10.00** 24 Hours In A&E **11.05** Surgeons — Life In Their Hands **12.00-9.99** — On The Front Line **1.05-2.10** Bill Bailey's Australian Adventure
- GOLD**
- 6.00pm** Keeping Up Appearances **6.40** Dad's Army **8.00** The Thin Blue Line **8.40** The Vicar Of Dibley **9.20** Harry Enfield And Chums. Comedy sketches **10.00** Bottom **10.35** The Royle Family **11.15** The Thin Blue Line **11.55** The Vicar Of Dibley **12.30** Harry Enfield And Chums **1.10** Bottom **1.50-2.30** The Royle Family
- SKY COMEDY**
- 6.00pm** The US Office **7.00** The Conners **8.00** Will & Grace **9.00** Girls **10.00** FANTASMAS **11.20** Sex And The City **12.35** Breeders **1.35-2.35** And Just Like That
- 5 STAR**
- 6.00pm** Home And Away. Double bill **7.00** GPs — Behind Closed Doors **8.00** Casualty 24/7 — Every Second Counts **9.00** A&E After Dark **10.00** Trauma Room One

- 11.00** Ambulance — Code Red **12.00** Skin A&E **1.00** It's Your Fault I'm Fat **2.00-2.50** Casualty 24/7 — Every Second Counts
- 5 USA**
- 6.00pm** NCIS **9.00** Blue Bloods **10.00** Law & Order: Special Victims Unit **1.55-2.50** Criminal Minds
- SKY WITNESS**
- 6.00pm** Nothing To Declare **9.00** The Rookie **10.00** The Good Doctor. Medical drama **11.00** Chicago Fire **12.00** For Life **1.00** FBI — Most Wanted **2.00-4.00** Road Wars
- U&W**
- 6.00pm** Tipping Point **8.00** Nick Knowles' Better Homes **9.00** The Gentle Art Of Swedish Death Cleaning **10.00** DIY SOS — The Big Build **11.00** Nurses On The Ward **12.00** Ambulance Australia **1.00-2.00** Bang On Budget
- COMEDY CENTRAL**
- 6.00pm** Friends **9.00** Lee Evans — Live In Scotland **10.30** Kevin Bridges — A Whole Different Story **11.30** Michael McIntyre — Hello Wembley! **12.35** Amy Schumer — Live **1.00** The Bonnaroo Experience **1.55-2.50** Bo Burnham — Words, Words, Words

- U&YESTERDAY**
- 6.00pm** Antiques Roadshow **7.00** Find It, Fix It, Flog It **8.00** Bangers & Cash **9.00** Dream Car Fixers **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00-1.00** Great Continental Railway Journeys
- U&DAVE**
- 6.00pm** Rick Stein's Cornwall **7.00** Would I Lie To You? **7.40** House Of Games **9.00** QI XL **10.00** Have I Got A Bit More News For You **11.00** Battle In The Box **12.00** Mock The Week **12.40** Would I Lie To You? **1.20** Room 101 **2.00-4.00** Whose Line Is It Anyway? USA
- Factual**
- NATIONAL GEOGRAPHIC**
- 6.00pm** Air Crash Investigation **8.00** Car SOS **9.00** Wicked Tuna **10.00** Alaska — The Next Generation **11.00** Air Crash Investigation **12.00** Banged Up Abroad **1.00-2.00** Airport Security — Colombia
- DISCOVERY**
- 6.00pm** Iron Resurrection **7.00** Jeremy Wade's Dark Waters **8.00** Wheeler Dealers **9.00** In The Eye Of The Storm. Hurricane Ida in 2021

Team GB star of the day

Katarina Johnson-Thompson

Today's event
Heptathlon.

How to watch
From 9.05am, BBC1.

Age 31.

From Liverpool.

Previous Olympics
London 2012: 13th.
Rio 2016: 6th.
Tokyo 2020: DNF.

Biography:

One of the new stars of London 2012, this will be Johnson-Thompson's fourth Olympics attempting to win a medal in one of the most gruelling events. She was forced to withdraw from Tokyo 2020 after an achilles tendon injury flared up, but the 2019 world champion has not been put off, taking the Commonwealth title in 2022 and another world title in 2023. Her determination and achievements were recognised by coming third at the 2023 BBC Sports Personality of the Year awards, but can she add an Olympic medal to her career highlights?

Tim Glanfield



10.00 Naked And Afraid — Last One Standing. A bird trap challenge
12.00 Mysteries Of The Deep
1.00-2.00 In The Eye Of The Storm

PBS AMERICA

5.10pm WWII In Color — Road To Victory **6.15** Grand Tours Of Scotland
6.55 Vikings — The Rise And Fall **7.55** Britain's Great Cathedrals. With Tony Robinson **8.50** The First World War — The People's Story **10.00** WWII In Color — Road To Victory **11.00-12.00** Britain's Great Cathedrals

SKY DOCUMENTARIES

5.55pm The Vietnam War **7.00** OJ — Made In America **9.00** David Holmes — The Boy Who Lived **10.50-12.35** When We Were Kings

SKY NATURE

6.00pm Deadly Australians **7.00** Monkey Life **8.00** New Kids In The Wild. A cheetah cub **9.00** Ocean Parks **10.00** Deadly Australians **11.00-12.00** Beasts Of The Big Blue

DISCOVERY HISTORY

6.00pm Combat Dealers **7.00** Expedition Unknown **8.00** America — Facts vs Fiction **9.00** Combat Dealers **10.00** Salvage Hunters **11.00-12.00** Find It, Fix It, Flog It

Sport

SKY SPORTS MAIN EVENT

6.00am News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** News **11.00** LIVE The Hundred: Welsh Fire Women v Northern Superchargers Women **2.30** LIVE The Hundred: Welsh Fire Men v Northern Superchargers Men **6.45** EFL — Start Of Season Launch **7.30** LIVE The Hundred: Oval Invincibles Men v Southern Brave Men **9.30** LIVE PGA Tour Golf. The Wyndham championship **11.00** LIVE Tennis. Action from the WTA and ATP Tours **4.00-6.00** News

TNT SPORTS 1

6.15am MLB Plays Of The Week **6.45** Reload **7.00** ODI Cricket **8.00** Test Cricket Highlights **9.00** Classic Premier League **12.30** One Day International Cricket **1.30** Test Cricket Highlights **2.30** LIVE Test Cricket: West Indies v South Africa **11.00** ODI Cricket **12.00** Reload **12.30** MLB Highlights **1.30** MLB Plays Of The Week **2.00** MLB — Off The Bat **2.30** LIVE MLB: Seattle Mariners v Detroit Tigers. Start-time at 2.40 **5.45-6.00** MotoGP Rewind

Radio & Podcasts

● Open Country (Radio 4, 3pm)

In the first of a new series, Martha Kearney presents a delightful visit to the Fens to investigate how its landscape has changed since the poet John Clare (1793-1864) wrote about it, speaking to those who know the area well and historians who discuss the changes. What makes this programme so lovely and refreshing is to hear people as passionate about the area as Clare — the son of a farm labourer — and hearing them read his work, particularly those who are involved in restoring a landfill site to the way he would have seen it, complete with sheep.



Clare was born at the edge of the Lincolnshire fens

● The Documentary (BBC World Service, 9.30am/8.06pm)

In *Erasing Hong Kong* the historian Paul French looks at how Hong Kong's history is being revised since its 1997 handover to China. The changes are being brutally enforced, with

libraries, media, schools, universities and art galleries being "reviewed" and censored for anything regarded as anti-communist. Those who are seen as protesting against the regime have been jailed.

● Not Just The Tudors (podcast)

Professor Suzannah Lipscomb's *History Hit* series returns with a four-parter on the Medici dynasty, the original family of nepo babies. Subjects range from inbreeding in the Habsburg dynasty to the history of the condom and, yes, plenty about those Tudors, but from more creative angles. *Clair Woodward*

TIMES RADIO

5.00 Rosie Wright With Early Breakfast **6.00** Aasmah Mir And Stig Abell With Times Radio Breakfast **10.00** Ed Vaizey **1.00** Ayesha Hazarika **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar With Times Radio Drive **7.00** The Evening Edition **10.00** Henry Bonsu **1.00** The Story **1.30** The Best Of Times Radio

To get in touch with the Times Radio studio, text *TIMES* plus your message to 87222. Texts cost your standard message charge.

RADIO 4

5.30 News **5.43** Prayer **5.45** Farming Today **6.00** Today **9.00** The Briefing Room **9.30** The Long History Of Ignorance — From Confucius To Q-Anon **10.00** Woman's Hour **11.00** The Infinite Monkey Cage. Brian Cox and Robin Ince diffuse themselves into the intriguing world of gasses **11.45** Battle Grounds — Culture Wars In The Countryside (R) **12.00** News **12.04** You And Yours **12.30** Dough. Sam White looks at the business behind irons **1.00** The World At One **1.45** How They Made Us Doubt Everything **2.00** The Archers (R) **2.15** Drama: Belgrano (R) **3.00** Open Country. New run. Martha Kearney visits Fen Edge in Cambridgeshire **3.27** Appeal (R) **3.30** Feedback **4.00** Across The Red Line **4.30** Inside Science **5.00** PM **6.00** News **6.30** The Train At Platform 4 **7.00** The Archers **7.15** Front Row **8.00** The Media Show (R) **9.00** Loose Ends (R) **9.45** Empire Of Tea (R) **10.00** The World Tonight **10.45** Book At Bedtime **11.00** The Today Podcast **11.30** Lights Out (R) **12.00** News **12.30** Battle Grounds — Culture Wars In The Countryside (R) **12.48** Shipping **1.00** As World Service

RADIO 4 EXTRA

5.00 The Carlingford Chronicles: Miss Marjoribanks **6.00** Someone Dangerous **6.45** The One About The Social Worker. Drama

7.00 Our Man At Wembley **7.30** Dad's Army **8.00** My Teenage Diary **8.30** No Room For Secrets **8.45** Where Angels Fear To Tread **9.00** The Train At Platform 4 **9.30** New Storytellers **9.45** Daily Service **10.00** Great Lives **10.30** The Greatest Ever Faker **11.00** Someone Dangerous **11.45** The One About The Social Worker **12.00** Our Man At Wembley **12.30** Dad's Army **1.00** My Teenage Diary **1.30** No Room For Secrets **1.45** Where Angels Fear To Tread **2.00** Dilemma **2.30** No Commitments **3.00** The Carlingford Chronicles: Miss Marjoribanks **4.00** Great Lives **4.30** The Greatest Ever Faker. Welsh literary forger Edward Williams **5.00** Someone Dangerous **5.45** The One About The Social Worker **6.00** Our Man At Wembley **6.30** Dad's Army **7.00** My Teenage Diary. Rufus Hound goes through the teenage diaries of Jan Ravens **7.30** No Room For Secrets **7.45** Where Angels Fear To Tread **8.00** Dilemma. Panel show **8.30** No Commitments **9.00** The Carlingford Chronicles: Miss Marjoribanks **10.00** The Train At Platform 4 **10.30** Knowing Me, Knowing You **11.00** Britain In Bits With Ross Noble **11.30-12.00** I've Never Seen Star Wars

LBC

7.00 Nick Ferrari **10.00** James O'Brien **1.00** Vanessa Feltz **4.00** Tom Swarbrick **6.00** Tonight With Andrew Marr **7.00** Iain Dale. Debate **10.00** Ben Kentish **1.00** Richard Spurr **4.00** Ian Payne

RADIO 3

6.30 Breakfast **9.30** Essential Classics **1.00** Classical Live. Tom McKinney presents another chance to hear Monday night's Prom featuring the pianist Benjamin Grosvenor playing Busoni's Piano Concerto **4.00** Composer Of The Week. Donald Macleod follows Joseph Bologne on the cusp of the French Revolution **5.00** In Tune. Live music and interviews from the world's finest classical musicians **7.00** Classical Mixtape. A sequence of music

7.30 BBC Proms. BBC Phil and Anja Bihlmaier perform music by Brahms and Gibson, and they are joined by Tobias Feldmann for Beethoven's Violin Concerto **10.15** Night Tracks. Sara Mohr-Pietsch presents a soundtrack for late-night listening, from classical to contemporary and everything in between **11.30** 'Round Midnight. Saxophonist Soweto Kinch presents the best in jazz, with a focus on the British scene **12.30** Through The Night

CLASSIC FM

6.30 Aled Jones **9.00** The Classic FM Hall Of Fame Hour With Aled Jones **10.00** Alexander Armstrong **1.00** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** John Brunning **10.00** Ritula Shah **1.00** Bill Overton **4.00** Lucy Coward

RADIO 2

6.30 The Zoe Ball Breakfast Show **9.30** Vernon Kay. Sheryl Crow chooses her Tracks of My Years **12.00** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whaley's Shiny Happy Playlist **7.30** Jo Whaley **9.00** The Country Show With Bob Harris **10.00** Trevor Nelson's Magnificent **7** **10.30** Trevor Nelson's Rhythm Nation **12.00** Ellie Brennan **3.00** Sounds Of The 90s With Fearné Cotton (R) **4.00** Owain Wyn Evans

VIRGIN RADIO

6.30 Angela Scanlon on The Chris Evans Breakfast Show **10.00** Vogue Williams **1.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Bam **10.00** Olivia Jones **1.00** Sean Goldsmith **4.00** Steve Denyer

TALKSPORT

5.00 Early Sports Breakfast **6.00** Talksport Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Baker **4.00** Talksport Drive With Andy Goldstein And Darren Bent **7.00** Olympic Kick-Off **10.00** The Sports Bar. Reaction and analysis **1.00** Extra Time With Paul Ross

BBC 1

- 6.00 Breakfast** Entertainment, news and weather reports.
- 8.00 Olympics** Jeanette Kwakye and JJ Chalmers present live coverage as day 14 of the Games gets under way, with the long jump and javelin disciplines of the heptathlon among the events taking place at the Stade de France. There is also coverage of the men's and women's 4x400m relay heats, the semi-finals of the men's 800m and the women's 100m hurdles. Action continues with the men's boulder and lead final in sport climbing, held at La Bourget Sport Climbing Venue.
- 1.00 News; Weather Reports.**
- 1.45 Olympics** Hazel Irvine hosts further live coverage, which includes diving at the Aquatics Centre, featuring the women's 3m springboard final. Over at the track cycling at the Saint-Quentin-en-Yvelines Velodrome, the individual sprint, men's individual sprint finals and women's madison are taking place.
- 6.00 News; Weather Reports.**
- 6.30 Regional News** Update.
- 7.00 Olympics** Gabby Logan introduces a packed live schedule of athletics at the Stade de France as day 14 of the Games concludes, including the heptathlon 800m and the men's 400m hurdles. There are also finals in the women's 400m, men's triple jump and women's 10,000m.
- 10.00 News; Weather Reports.**
- 10.40 Olympics — Tonight At The Games** Isa Guha and Mark Chapman look back at the day's action, in which 33 gold medals across 17 sports were given out, including diving, hockey, track cycling and athletics.
- 12.00 FILM: Green Book** Stars Viggo Mortensen and Mahershala Ali. In the 1960s, a working-class bouncer becomes the driver of an African-American classical pianist. Captivating. (2018, 12)
- 2.05-6.00 Joins BBC News**

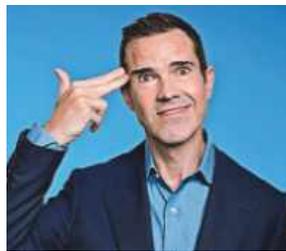
SCOTLAND 6.30 Reporting Scotland; Weather. Update.

BBC 2

- 6.15 A To Z Of TV Gardening (R)**
- 7.00 Dr Xand's Con Or Cure** Health tourism. (Signed, R)
- 7.30 Big Little Crimes** A murder investigation. (Signed, R)
- 8.00 Breakfast** Headlines.
- 9.00 Dom Does America (R)**
- 9.30 Wanted Down Under Revisited** Insights. (R)
- 10.15 A Countryside Summer (R)**
- 10.45 The Farmers' Country Showdown (R)**
- 11.15 Homes Under The Hammer** Auctions. (R)
- 12.15 Bargain Hunt** Curios. (R)
- 1.00 Olympics** Further live coverage of the men's and women's individual sprint track cycling.
- 1.45 Make Me A Dealer (R)**
- 2.30 The Customer Is Always Right** Inventions. (R)
- 3.00 Escape To The Country (R)**
- 3.45 Natural World** Animals. (R)
- 4.30 The Repair Shop (R)**
- 5.15 Flog It!** Selling items. (R)
- 6.00 Olympics** Live coverage of the opening athletics finals of the evening, as the medals are decided in the women's and men's 4x100m relays.
- 7.00 House Of Games** Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West take part. (R)
- 7.30 Beechgrove Garden** Lizzie Schofield and Ruth Vichos look at the different varieties of bamboo.
- 8.00 CHOICE Gardeners' World** Adam Frost gets on with a few timely tasks at home in his garden, and shares top tips on how to build a green roof on a log store. (See Critics' choice)
- 9.00 A New Australian Adventure** Miriam Margolyes scouts the freedom hotspot of Byron Bay on the easternmost point of Australia.
- 10.00 CHOICE Gavin & Stacey** After flirting for months on the phone, Stacey travels from London to meet Gavin in person. (Series 1, ep 1; see Critics' choice, R)
- 10.30 Newsnight** Headlines.
- 11.05 CHOICE Children Of Men** Stars Clive Owen. A former activist tries to protect the only pregnant woman in a future world. (2006, 15; see Film choice)
- 12.45 Ambulance** (Signed, R)
- 1.45-3.15 Linford** (Signed, R)

ITV 1

- 6.00 Good Morning Britain**
- 9.00 Lorraine** Lifestyle chat.
- 10.00 This Morning** Features.
- 12.30 Loose Women** Debate.
- 1.30 News; Weather** Reports.
- 2.00 Dickinson's Real Deal** David Dickinson and his dealers are in Burton. (R)
- 3.00 Tenable** Quiz show. (R)
- 4.00 Tipping Point** Gameshow, with Ben Shephard. (R)
- 5.00 The Chase** Quiz, hosted by Bradley Walsh. (R)
- 6.00 Regional News** Update.
- 6.30 News; Weather** Reports.
- 7.30 Emmerdale** John ruffles feathers; Mandy sets up her online profile; and Jimmy is left unsettled when an inspector arrives.
- 8.00 Coronation Street** Cassie kidnaps Alina to contrive a meeting with Tyrone; Rowan bestows extra responsibility on Leanne; and Mason is annoyed at Betsy for stirring up trouble.
- 9.00 Champions — Full Gallop** Paul Nicholls and former assistant Dan Skelton go head-to-head in a series of big-money races at Cheltenham festival, including the Gold Cup.
- 10.00 News At Ten** Bulletin.
- 10.45 FILM: Mission — Impossible 2** Stars Tom Cruise and Dougray Scott. A secret agent battles a criminal mastermind intent on stealing a virus. Reasonable. (2000, 15)
- 12.45 Teleshopping** Goods.
- 3.00 Love & Death** A sense of normality returns after Candy is forced to take stock of her marriage; but Pat soon makes a discovery that leads him to seek answers from Sherry. (Series 1, ep 3, R)
- 4.00 Unwind** Daily relaxation.
- 5.10-6.00 Jimmy & Shivi's Farmhouse Breakfast** With Nina Wadia. (R)



Jimmy Carr (C4, 10pm)

Channel 4

- 6.20 Cheers** Double bill. (R)
- 7.10 Everybody Loves Raymond** Comedy. (R)
- 9.00 Frasier** Sitcom. (R)
- 11.00 The Simpsons** Cartoon. (R)
- 12.00 News; Weather** Reports.
- 12.05 Paris 2024 Paralympics — Meet The Athletes (R)**
- 12.10 A New Life In The Sun (R)**
- 1.10 Car SOS** Revamps. (R)
- 2.10 Countdown** Game.
- 3.00 A Place In The Sun (R)**
- 4.00 The Great House Giveaway** Renovating a two-bedroom red-bricked terraced house in Derby.
- 5.00 A New Life In The Sun — Where Are They Now?**
- 6.00 Come Dine With Me** An operations manager provides an evening of Afro-Caribbean food. (R)
- 6.30 The Simpsons (R)**
- 7.00 News; Weather** Reports.
- 8.00 PopMaster TV** Ken Bruce hosts a celebrity edition of the music quiz, with contestants Toyah Willcox, Richard Blackwood, Sally Lindsay, MistaJam and Kimberly Wyatt. (R)
- 9.00 8 Out Of 10 Cats Does Countdown** Jimmy Carr hosts a hybrid of the panel show and the words-and-numbers quiz, as Jon Richardson and Katherine Ryan take on Richard Ayoade and Laura Smyth.
- 10.00 I Literally Just Told You** Jimmy Carr presents the gameshow in which four contestants are given every answer to the questions being written as the show is happening.
- 11.05 Gogglebox** The critics share their views on shows including Planet Earth, The Curse of Robert the Doll and Little Trains and Big Names. (R)
- 12.10 Ramsay's Kitchen Nightmares USA (R)**
- 1.00 CHOICE The Kid Detective** Stars Adam Brody. A former child sleuth, now 32, continues to solve the same trivial mysteries, until one day a client brings him his first 'adult' case. (2020, 15; see Film choice)
- 2.40 Ramsay's Kitchen Nightmares USA (R)**
- 3.30 Come Dine With Me (R)**
- 5.45-6.10 Everybody Loves Raymond** Comedy. (R)

Channel 5

- 6.00 Milkshake!** Children's fun.
- 9.15 Jeremy Vine** Debate.
- 11.30 Storm Huntley** Opinions.
- 12.45 Friends** US sitcom. (R)
- 1.40 News; Weather** Reports.
- 1.45 Home And Away** Bree checks over a badly beaten Iluka; and Mali and Elandra face an anxious wait. (R)
- 2.15 Murder By Design** Thriller, with Sarah Armstrong. An up-and-coming interior designer hires the young woman who saved her life to be her assistant.
- 4.00 The Cruise — Fun-Loving Brits At Sea** Exploring the Greek island of Mykonos. (R)
- 5.00 News; Weather** Reports.
- 6.00 Amazing Railway Journeys** Nick Knowles embarks on a trip through Slovenia and Croatia. (R)
- 6.55 News; Weather** Reports.
- 7.00 Motorway Cops — Catching Britain's Speeders** Two officers hunt for a wanted Range Rover, with one taking up the chase on foot when one of the suspects decide to make a run for it. (R)
- 7.55 News; Weather** Reports.
- 8.00 Motorway — Hell On The Highway** Focusing on disasters caused by road rage, including the driver who used his pick-up to ram another vehicle off the freeway in California, and a van and car veering wildly across a busy carriageway as they try to take each other out in North Carolina.
- 9.00 CHOICE Terror At 30,000 Feet** The story of an evening in 1989, and a commuter flight from Heathrow to Belfast that is in crisis when flames are seen in one of the engines. (See Critics' choice)
- 10.00 When TV Stunts Go Horribly Wrong** Jonathan Pearce narrates edge-of-the-seat stunts from around the globe, including terrifying car smashes, base jumps and weird and wonderful world record attempts. (R)
- 1.00 Casino Show** Gambling.
- 3.00 Tyrant — The Rise Of Adolf Hitler** Insight. (R)
- 3.50 Nightmare New Builds (R)**
- 4.40 House Busters** Insights. (R)
- 5.05 House Doctor** Advice. (R)
- 5.30 Entertainment News**
- 5.35-6.00 Children's Shows**

Variations

BBC2 WALES 7.30 SOS — Extreme Rescues **BBC SCOTLAND 7.00** The Seven **7.30** SportsScene — Championship: Ayr United v Airdrieonians. Live, kickoff 7.45. Live **10.00** Still Game **10.30** Two Doors Down **11.00-12.00** TRNSMT **STV 6.00** Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30** Loose Women **1.30** News; Weather **2.00** Dickinson's Real Deal **3.00** Tenable **4.00** Tipping Point **5.00** The Chase **6.00** Regional News **6.30** News; Weather

7.00 What's On Scotland **7.30** Emmerdale **8.00** Coronation Street **9.00** Champions — Full Gallop **10.00** News; Weather **10.30** Regional News **10.45** FILM: Mission — Impossible 2. Stars Tom Cruise. A secret agent battles a criminal mastermind intent on stealing a virus **12.45** Teleshopping **3.00** Love & Death **4.00** Unwind **5.10-6.00** Jimmy & Shivi's Farmhouse Breakfast **S4C 6.00** Cyw: Odo **6.10** Bendibwmbwls **6.20** Guto Gwningen **6.35** Tomos A'i Ffrindiau **6.45** Cacamwnci **7.00** Timpo **7.10** Ein Byd Bach Ni

7.20 Blero Yn Mynd I Ocido **7.35** Anifeiliaid Bach Y Byd **7.45** Ne-wff-ion **8.00** Olobobs **8.05** Jen A Jim A'r Cywiadur **8.20** Patrol Pawennau **8.35** Digbi Draig **8.45** Ben Dant **9.05** Blociau Lliw **9.10** Nos Da Cyw **9.15** Twt **9.30** Eisteddfod Genedlaethol Cymru **12.00** Newyddion A'r Tywydd **12.05** Eisteddfod Genedlaethol Cymru **2.00** Newyddion A'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru **7.30** Newyddion A'r Tywydd **7.50** Eisteddfod Genedlaethol Cymru **10.30-11.35** Y Babell Len

You say

Once again huge recognition must go to the technical team behind the televised **Proms**. The camera angles are numerous; the score is anticipated perfectly so that individual instrumentalists are highlighted on their moment; each shot, either whole orchestra or in part, is slowly and constantly tracking. Considering what a complex subject a live orchestra concert is, the BBC camera coverage is superb. It makes the performances a visual as well as an aural feast.

Henry Edgecombe

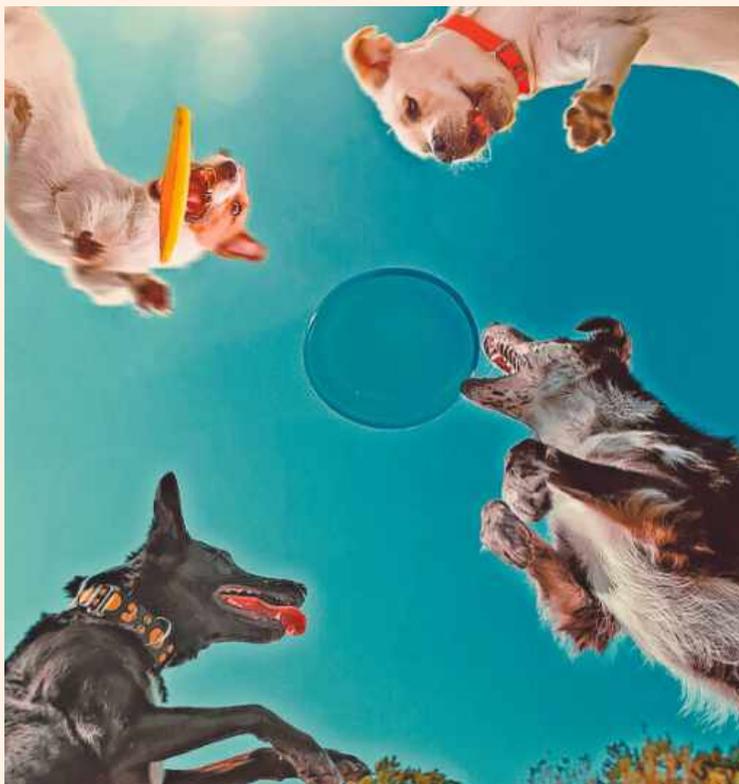
Send your comments to telly@sunday-times.co.uk

Critics' choice

Inside The Mind Of A Dog (Netflix)

With canine clips on YouTube (balls! Sticks! Other doggies!) and a specialist subscription channel promising “relaxing music and video” (tunes! Balls! Sticks! Other doggies!) that promises to cure separation anxiety, Netflix knows it's on to a winner in offering the owners of the world's 471 million domesticated wolves some insight into their hairy pals. Rob Lowe, the star of the 2023 film *Dog Gone*, narrates this joyful documentary and Andy Knight Mitchell, an Emmy-nominated director and cinematographer, keeps the camera low to capture impressive eyeliner shots. As for the science, it's fairly soft stuff, but adorable. Sure, dogs have 16 facial expressions, they can smell our stress and have been successful due to the evolutionary concept “survival of the friendliest” – we knew that already but it's a doggie treat to go over it again.

Helen Stewart



Inside The Mind Of A Dog is a follow-up to Inside The Mind Of A Cat

Olympics: Day 14 Today's highlights

Team GB have a good track record in the **4 x 100m relay finals (from 6.30pm)**. The **heptathlon (9.05am)** concludes. Away from the track, the **men's 10km marathon swim (6.30am)** will be quite a spectacle in the Seine, assuming the water quality isn't poor. New for 2024, **breaking (3pm)** will bring dance routines to Paris. Team GB and Lewis Richardson will vie for medals in a series of **men's and women's boxing finals (from 8.30pm)**.

Tim Glanfield

Lewis Richardson



A Kanneh-Mason Playlist At The Proms (BBC4, 8pm)

Sheku and Braimah Kanneh-Mason certainly know how to put an evening of music together – and having thrilled the crowd at the Royal Albert Hall the brothers will no doubt dazzle tonight's TV viewers. The folk pieces of Brahms, Bartok and Dvorak feature, making the most of the duo's talent on violin and cello, but it's the more modern pieces that surprise and delight. Amply aided by the debuting Fantasia Orchestra under the direction of its founder Tom Fetherstonhaugh and the charming Brazilian guitarist Plinio Fernandes, they and their fans dance and sway through their arrangements of songs such as *I Say A Little Prayer* by Burt Bacharach, Bob Marley's *Redemption Song*, Stevie Wonder's *I Wish* and a spectacular version of Nile Rodgers and Bernard Edwards' *Good Times*. Imaginative choices. *HS*

Gardeners' World (BBC2, 8pm)

Never mind the wonders of nature – this show's endless ability to renew itself, finding fresh ways to push up through the schedules every week, is a small miracle. In this edition Adam Frost explains how to build a green roof on a log store, while Arit Anderson meets a nurseryman who is shaking up the world of houseplants (try not to imagine Audrey from *Little Shop of Horrors*, or the talking aspidistras from the cult kids' show *The Adventure Game*).



The Kanneh-Masons (BBC4, 8pm)

Terror At 30,000 Feet (C5, 9pm)

On January 8, 1989, less than three weeks after the horror of the Lockerbie bombing, Flight 092 from Heathrow to Belfast caught fire. The flight diverted to East Midlands airport and was preparing for an emergency landing when the remaining engine lost all power. Survivors recall the disaster (it sounded like “somebody outside with a hammer trying to get in”), while aviation experts offer insights into the causes of the accident.

Gavin & Stacey (BBC2, 10pm)

This repeat might be a symptom of laissez-faire Olympics scheduling but at least it allows fans of Ruth Jones and James Corden's sitcom to revisit the first episode of the show from 2007. After months of telephone flirtation Mathew Horne's Gavin and Joanna Page's Stacey finally meet in London. *Victoria Segal*

Film choice

Marnie (Sky Thriller, 8pm)

In the controversial Hitchcock classic, the troubled thief Marnie (Tippi Hedren) ticks along by charming employers before robbing them, but when she tries it with Mark (Sean Connery) the two wind up in an uncomfortable bind as he tries to unpick her backstory. Marnie is running from her past but she can't run from Mark's slobbering chops. The rape scene caused the film's original screenwriter to leave the project. (1964)

Children Of Men (BBC2, 11.05pm)

Alfonso Cuarón's direction of this gloomy vision of the near future is exemplary. The premise is that the human race stopped producing children and the UK is run like a police state. When a young refugee gets pregnant, she becomes a precious commodity. Clive Owen is the jaded former bureaucrat who finds himself guarding the last hope of humanity. (2006)

The Kid Detective (C4, 1am)

The debut feature of the writer-director Evan Morgan follows the misfortunes of a semi-alcoholic thirtysomething deadbeat called Abe (Adam Brody), who lives in a small American town and was once a celebrated preteen private eye. Abe is given one last shot at redemption when he is hired by a teenager to find the person who murdered her boyfriend. (2020)

On demand

● Poirot (ITVX)

From Alfred Molina to John Malkovich, many great actors have been defeated in their attempts to portray Agatha Christie's fastidious little Belgian detective. What David Suchet got right – across the 70 episodes of the British crime drama that ran between 1989 and 2013 – was the realisation that Poirot himself was a performer, poised between the casual and the

fastidious, the ridiculous and the deadly serious. With that many episodes there are bound to be some duds (avoid season 13's *The Labours of Hercules*), but the strike rate is incredibly high and Suchet is always *très charmant*.

● Yo Gabba GabbaLand (Apple TV+)

It's strange to think that the kids who watched DJ Lance Rock (Lance Robertson) and his quintet of furry monster friends sing songs about

teeth, birthdays, fruit and littering in the Noughties preschool Nickelodeon series *Yo Gabba Gabba* might now be adults with children of their own. If so, this reboot will trigger some strange feelings of déjà vu. It's now hosted by the ebullient child presenter Kamryn Smith, but the five colourful creatures – Muno, Foofa, Brobee, Toodee and Plex – remain, and so do their crazy dances and educational songs.

Andrew Male

BBC 3

- 7.00pm FILM: The Book Of Life** With the voice of Diego Luna. Animated adventure. (2014, U)
- 8.25 The Catch Up** News.
- 8.30 The Fast And The Farmer-ish** The semi-final.
- 9.00 FILM: Point Break** Stars Keanu Reeves and Patrick Swayze. An undercover FBI agent infiltrates a Californian surfing gang to investigate a spate of armed robberies. An adrenaline rush. (1991, 18)
- 10.55 Virgil Abloh — How To Be Both** Documentary looking at the life of the designer.
- 11.50 Body On The Beach — What Happened To Annie?**
- 1.50 The TikTok Effect**
- 2.45 Becoming — The Batman**
- 3.00-3.55 As 10.55pm**

U&Drama

- 5.25pm Birds Of A Feather** Sharon and Tracey's debts get out of hand. (S7, ep 7)
- 6.05 Desmond's** The police are outside the barbershop.
- 6.40 Are You Being Served?** Old Mr Grace suspects Mr Humphries may be his son.
- 7.20 Last Of The Summer Wine** The pals encounter an old friend renowned for his eccentricity.
- 8.00 Father Brown** The father of a writer is discovered dead. (Series 3, ep 7) **9.00 Father Brown** The priest and his friends are stranded with a group of hedonists.
- 10.00 New Tricks** The team investigates the unsolved case of a peace protester found dead. (Series 1, ep 4)
- 11.20-1.25 Silent Witness** The team is called out on Christmas Day. (S21, ep 5)

Films

SKY CINEMA PREMIERE

4.30pm Trolls Band Together (2023, U) **6.15** Parallel (2024, 15) **8.00** Night Swim. A woman swimming in her pool at night is terrorised by an evil spirit. (2024, 15) **9.50-12.05** Concrete Utopia. Survivors of a massive earthquake struggle for a new life in Seoul. (2023, 15)

SKY CINEMA THRILLER

4.20pm Green Zone (2010, 15) **6.20** Dead Shot. Thriller. (2023, 15) **8.00 CHOICE** Marnie. Stars Sean Connery. (1964, 15; see Film choice) **10.15-12.05** The Lesson. A young author is hired to tutor the son of his literary idol. (2023, 15)

SKY CINEMA GREATS

4.10pm The Big Boss (1971, 18) **6.05** The Way Of The Dragon (1973, 18) **8.00** Enter The Dragon. An agent goes undercover at a crime lord's kung-fu contest to expose a drug ring. (1973, 18) **10.00** Fist Of Fury. A martial arts expert embarks on a mission of revenge against his kung fu teacher's killers. (1972, 18) **11.50-1.45** Game Of Death (1978, 18)

BBC 4

- 7.00pm Top Of The Pops** Music by Black Grape and George Michael. **7.30 Top Of The Pops** With Peter Andre.
- 8.00 CHOICE A Kanneh-Mason Playlist At The Proms** Sheku and Braimah Kanneh-Mason perform. (See Critics' choice)
- 9.20 Top Of The Pops** Featuring New Order and Sinitta.
- 9.50 Joe Jackson — Sight And Sound In Concert** The singer on stage at the Regal Theatre, Hitchin in 1983.
- 10.30 Joe Jackson — Rock Goes To College** The singer at Hatfield Polytechnic in 1979.
- 11.15 TOTP2** With Craig David.
- 11.40 Joe Jackson — That Was Then, This Is Now**
- 12.10 TOTP — The Story Of 1979**
- 1.05 Top Of The Pops** Music.
- 2.35 As 9.50pm**
- 3.15-3.55 As 10.30pm**

Sky Arts

- 6.00pm Tales Of The Unexpected** A chess game gets out of control. **6.30 Tales Of The Unexpected** A chauffeur has the solution to a scandal.
- 7.00 Alfred Hitchcock Presents:** Decoy. A man is suspected of murder. **7.30 Alfred Hitchcock Presents:** The Creeper. A killer is on the loose.
- 8.00 Fleetwood Mac — Live In Boston** A 2004 concert by the band. (1/2) **9.00 Fleetwood Mac — Live In Boston** The band perform their greatest hits. (2/2)
- 10.15 Lennon's Last Weekend** The singer's final interview.
- 11.45-2.05 Steve Martin And The Steep Canyon Rangers With Edie Brickell** A concert of music and comedy.

SKY CINEMA SELECT

6.00pm Nanny McPhee And The Big Bang. Comedy. (2010, U) **8.00** Snow White & The Huntsman. A princess joins forces with a warrior to overthrow an evil queen. (2012, 12) **10.10-12.10** The Huntsman — Winter's War. Members of an ice queen's army try to conceal their forbidden love. (2016, 12)

SKY CINEMA DRAMA

4.15pm The Girl On The Train (2016, 15) **6.15** Bonus Track. With Joe Anders. (2023, 15) **8.00** Der Kaiser. Biopic focusing on the life of German soccer player and manager Franz Beckenbauer. In German. (2022, PG) **9.55** Mr Holmes. With Ian McKellen. (2015, PG) **11.45-2.35** The Patriot (2000, 15)

FILM 4

4.50pm The Land That Time Forgot. Adventure. (1975, PG) **6.40** The Day After Tomorrow. Freak weather conditions cause devastation around the world. (2004, 12) **9.00** The Hitman's Bodyguard. A man is hired to protect a hitman about to testify at the International Criminal Court. (2017, 15) **11.20-2.10** AI — Artificial Intelligence (2001, 12)

ITV 2

- 6.00pm Catchphrase** With Richard Ayoade, Katie McGlynn and Joe Swash.
- 7.00 Ant & Dec's Limitless Win** A father and son return.
- 8.00 Bob's Burgers** Linda books the Belchers a summer holiday in a lakeside cabin. (Series 13, ep 2) **8.30 Bob's Burgers** Louise can't decide on her preferred future job for a Career Day.
- 9.00 FILM: Pitch Perfect** Stars Anna Kendrick and Rebel Wilson. A student joins an a cappella singing group made up of social misfits. On-song comedy. (2012, 12; includes FYI Daily)
- 11.15 Family Guy** Peter helps Joe to publish a book. (S13, ep 2) **11.45-12.15 Family Guy** Brian's estranged son Dylan turns up. (S12, ep 11)

Sky Max

- 6.00pm Stargate SG-1** An ancient artefact causes problems. (S6, ep 13, R) **7.00 Stargate SG-1** O'Neill is accused of assassinating a respected politician. (R)
- 8.00 A Discovery Of Witches** Benjamin's plan to bring down the De Clements is set in motion. (S3, ep 5, R)
- 9.00 A League Of Their Own Road Trip — Southeast Asia** Patrice Evra, Maisie Adam and Mo Gilligan take on challenges. (R)
- 10.00 Mr Bigstuff** Lee realises that his past has caught up with him. (5/6, R)
- 10.30 The Walking Dead — Daryl Dixon** Daryl and his allies face trouble. (2/6, R)
- 11.45-12.50 The Walking Dead** Rick and Morgan hatch a plan to drive an undead horde away. (S6, ep 7, R)

Entertainment

ITV 4

6.00pm BattleBots **7.00** World Series Of Darts — Australia Masters **11.00** All Elite Wrestling **12.55** Minder **1.55-2.25** The Protectors

MORE 4

5.50pm Chateau DIY **6.55** Car SOS **7.55** Grand Designs **9.00** The Claremont Murders **10.50** 24 Hours In A&E **11.55** Paris 2024 Paralympics — Meet The Athletes. Bly Twomey **12.00** 24 Hours In A&E **1.00-2.10** Emergency Helicopter Medics

GOLD

5.25pm Still Open All Hours **6.05** Keeping Up Appearances **6.45** Dad's Army **7.25** Dad's Army — The Lost Episodes **8.00** The Thin Blue Line **8.40** The Vicar Of Dibley **9.35** Harry Enfield And Chums. Kevin falls ill **10.15** Bottom **10.55** Mrs Brown's Boys **12.05** The Thin Blue Line **12.45** The Vicar Of Dibley **1.40-2.25** Harry Enfield And Chums

SKY COMEDY

6.00pm The US Office **7.00** The Conners **8.00** Will & Grace **9.00** Sex And The City. Two episodes

ITV 3

- 6.00pm Heartbeat** Rivalry between two brass bands gets out of hand. **7.00 Heartbeat** A widow gets caught up in her late husband's corrupt dealings; and the locals help a visitor on his romantic quest.
- 8.00 Vera** With Brenda Blethyn. The detective investigates a suspicious fire that rips through a holiday park on the coast, destroying three cabins and claiming the life of the resort owner's sister. (Series 5, ep 1)
- 10.00 Cracker** Time is running out and Fitz is convinced the legend of Albie Kinsella is set to come true. (Series 2, ep 2) **11.05-12.00 Cracker** Following DCI Bilborough's murder, the team hunts for Albie with renewed passion.

Sky Atlantic

- 5.45pm Britannia** Ania and Willa broker a meeting between Veran and Aulus. (S3, ep 1) **6.45 Britannia** Aulus struggles to remain in control now that Hemple is on the scene.
- 7.45 Game Of Thrones** Dontos spirits Sansa out of King's Landing; and Jon proposes a bold plan. (Series 4, ep 3)
- 9.00 Chernobyl** Valery Legasov, Boris Shcherbina and Ulana Khomyuk risk everything to expose the truth about Chernobyl. (5/5)
- 10.20 House Of The Dragon** Fantasy drama set 200 years before the events of Game of Thrones, with Matt Smith. (Last in series)
- 11.45-12.45 The Last Of Us** Joel and Ellie end up drawing the attention of a vindictive rebel leader. (4/9)

10.20 Katherine Ryan **11.40** Nikki Glaser — Someday You'll Die **12.55** Breeders **1.55-3.15** Silicon Valley

5 STAR

6.00pm Home And Away **7.00** GPs — Behind Closed Doors **8.00** Casualty 24/7 **9.00** FILM: RoboCop **11.20-2.05** FILM: Hannibal

5 USA

6.00pm NCIS. Naval crime drama **10.00** Law & Order: Special Victims Unit **1.55-3.35** Criminal Minds

SKY WITNESS

6.00pm Nothing To Declare **9.00** Law & Order: Special Victims Unit **11.00** Elsbeth **12.00** The Cleaning Lady **1.00** Coroner **2.00-3.00** Bull

U&W

6.00pm Tipping Point **8.00** Inside The Ambulance **9.00** 999 Rescue Squad **10.00** The Catherine Tate Show. Triple bill **12.00** Ambulance Australia **1.00** Bang On Budget **2.00-3.00** 16 Kids And Counting

COMEDY CENTRAL

6.00pm Friends **9.00** Al Murray Live **10.00** Lee Evans — In Scotland **11.30** Jimmy Carr — Being Funny **1.40-2.40** Dara O Briain — Craic Dealer

E4

- 6.00pm The Big Bang Theory** Bert teaches Sheldon a lesson. (Series 11, ep 7) **6.30 The Big Bang Theory** Bernadette suspects Ruchi is trying to steal her job.
- 7.00 Hollyoaks** Chester soap.
- 7.30 Come Dine With Me** A fish salesman is last to host.
- 8.00 The Great Celebrity Bake Off For Stand Up To Cancer** Daisy Ridley, Rob Beckett, Alexandra Burke and Tom Allen take part.
- 9.00 Gogglebox 2022** Retrospective edition recalling series highlights.
- 10.05 FILM: Bad Boys For Life** Stars Will Smith and Martin Lawrence. Detective Mike Lowrey is targeted for assassination by a crime lord's widow. Adequate. (2020, 15; ends at **12.35**)

TPTV

- 4.35pm FILM: Ladies Who Do** Stars Peggy Mount. British classic. (1963, U, B/W)
- 6.15 FILM: Dangerous Voyage** Stars William Lundigan. Thriller. (1954, U, B/W)
- 7.45 FILM: Sherlock Holmes — Terror By Night** Stars Basil Rathbone. Clever mystery. (1946, PG, B/W)
- 9.10 Hammer House Of Mystery And Suspense** Horror series. A museum's security chief protects his neighbour from a stalker.
- 10.45 FILM: A Matter Of Choice** Stars Anthony Steel. A married woman is caught up in a moral dilemma. Interesting drama. (1963, PG, B/W; ends at **12.25**)

U&YESTERDAY

6.00pm Antiques Roadshow **7.00** Find It, Fix It, Flog It **8.00** Jay's Yorkshire Workshop **9.00** Secrets Of The London Underground **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00-1.00** Great American Railroad Journeys

U&DAVE

6.00pm Rick Stein's Cornwall **7.00** Would I Lie To You? **7.40** House Of Games **9.00** QI XL **10.00** Have I Got A Bit More News For You **11.00** Battle In The Box **12.00** Mock The Week **12.40** Would I Lie To You? **1.20** Room 101 **2.00-4.00** Whose Line Is It Anyway? USA

Factual

NATIONAL GEOGRAPHIC **6.00pm** Air Crash Investigation **9.00** Airport Security — Rome **10.00** Border Protection Spain **11.00** Air Crash Investigation **12.00** Air Crash Investigation — Special Report **1.00-2.00** America's Hardest Prisons

DISCOVERY

6.00pm Iron Resurrection **7.00** Gold Rush **8.00** Wheeler Dealers **9.00** Expedition Unknown

Team GB star of the day Hector Pardoe

Today's event

Marathon swimming: men's 10km.

How to watch

6.30am, BBC1.

Age 23.

From Wrexham.

Previous Olympics

Tokyo 2020: DNF.

Biography

After winning a World Junior Open Water bronze medal in 2016, Pardoe marked himself out as a talent for the future of British open-water swimming. He swims about 85km a week in the pool to train, but it is in lakes and rivers that his long-distance swimming earns him titles. In 2023 he set a new record for the fastest end-to-end swim of Lake Windermere, and this year took bronze in the 10km race at the World Aquatics Championships. Today he'll be swimming through the French capital as he and his fellow competitors take on the River Seine.

Tim Glanfield



10.00 Alien Encounters — Fact Or Fiction. New series. A geologist uncovers debris at the Roswell crash site **11.00** Outback Truckers **12.00** Mysteries Of The Missing **1.00-2.00** Expedition Unknown

PBS AMERICA

5.30pm WWII In Color — Road To Victory **6.35** Vikings — Rise And Fall **7.35** Britain's Great Cathedrals **8.35** Heroes Of The Somme **9.55** WWII In Color — Road To Victory **11.00-12.00** Britain's Great Cathedrals

SKY DOCUMENTARIES

5.55pm The Vietnam War **7.00** OJ — Made In America **9.00** Amy. The life of Amy Winehouse **11.30-1.30** Pete Doherty — Stranger In My Own Skin

SKY NATURE

6.00pm Deadly Australians **7.00** Monkey Life **8.00** Africa's Hunters **9.00** Africa's Wild Roommates **10.00** Deadly Australians **11.00-12.00** Beasts Of The Big Blue

DISCOVERY HISTORY

6.00pm Combat Dealers **7.00** Expedition Unknown **8.00** America — Facts vs Fiction **9.00** Combat Dealers — Reloaded **10.00** Salvage Hunters **11.00-12.00** Find It, Fix It, Flop It

Sport

SKY SPORTS MAIN EVENT

6.00am News **7.00** Good Morning Sports Fans **9.00** Good Morning Transfers **10.00** Total Football **12.00** LIVE PGA Tour Golf. Action from the Wyndham championship **2.30** LIVE The Hundred: London Spirit Women v Manchester Originals Women **6.00** News **7.00** LIVE EFL: Blackburn Rovers v Derby County. Kickoff at 8.00 **10.30** Mission To Burnley **11.30** LIVE Tennis. Action from the WTA and ATP Tours **4.00** News **5.35-6.00** LIVE The Rugby Championship

TNT SPORTS 1

6.00am Ariel Helwani Meets **7.00** WWE **8.00** Test Cricket **9.00** ODI Cricket **10.00** Between The Lines **10.30** LIVE AFL: Sydney Swans v Collingwood Magpies. Bounce-up at 10.40 **1.30** Test Cricket **2.30** LIVE Test Cricket: West Indies v South Africa **10.45** ODI Cricket **11.45** Ariel Helwani Meets **12.00** WWE **1.00** LIVE WWE Friday Night Smackdown **3.00** Formula E **3.30** MotoGP **4.30-7.30** LIVE AFL: Brisbane Lions v GWS Giants. Bounce-up 4.45

Radio & Podcasts

● CrowdScience (World Service, 8.30pm)

After the tragedy of the Titan submersible implosion in 2023, a listener wants to know how fish can survive in the deep depths of the oceans. To answer this question, the scientist Alan Jamieson travels to the second-deepest place in our seas: the Tonga trench. The presenter Caroline Steel considers an array of exotic-looking deep-sea creatures and their adaptations, from fish luring unknowing prey into their fangs, to ones that can stand on the seafloor. But what is the deepest point that fish can live?

Ben Dowell



Alan Jamieson is a marine biologist and explorer

● Heart And Soul (BBC World Service, 1.30pm/10.30pm)

Nkem Ifejika, whose mother died three years ago, explores the digital "grief tech" industry, experiencing hearing an AI version of his mother's voice and talking to the

creator of the StoryFile program in which users "interact" with the dead in video interviews. Ifejika also talks to an Anglican priest who lost her son to suicide and believes that such technology prolongs the grieving process.

● Drama On 4 (Radio 4, 2.15pm)

Lucy Catherine's new five-part drama, *11 Minutes Dead*, in the *Limelight* strand, is about near-death experiences. Beth (Scarlett Brookes) has a surfing accident after which she finds herself "dead" for 11 minutes. She discovers she has developed powers — but has she brought something more sinister with her as well?

Clair Woodward

TIMES RADIO

5.00 Rosie Wright With Early Breakfast **6.00** Chloe Tilley And Calum Macdonald With Times Radio Breakfast. Headlines **10.00** Ed Vaizey **1.00** Ayesha Hazarika **4.00** Aasmah Mir With Times Radio Drive **7.00** Evenings On Times Radio **10.00** Henry Bonsu **1.00** The Story. Interviews **1.30** The Best Of Times Radio

To get in touch with the Times Radio studio, text *TIMES* plus your message to 87222. Texts cost your standard message charge.

RADIO 4

5.30 News **5.43** Prayer **5.45** Farming Today **6.00** Today **9.00** Desert Island Discs (R) **10.00** Woman's Hour **11.00** The Food Programme. Sheila Dillon heads to Finland in search of the key to happiness **11.45** Battle Grounds: Culture Wars In The Countryside (R) **12.00** News **12.04** Rare Earth **1.00** The World At One **1.45** How They Made Us Doubt Everything **2.00** The Archers (R) **2.15** Drama: 11 Minutes Dead. New series. By Lucy Catherine **2.45** Communicating With Ros Atkins. Ros Atkins talks to former White House speechwriter Sarada Peri. Last in the series **3.00** Gardeners' Question Time **3.45** Short Works **4.00** Last Word **4.30** Sideways (R) **5.00** PM **6.00** News **6.30** Catherine Bohart: TL;DR **7.00** The Archers **7.15** Screenshot. The movie audience's desire to be shocked. Last in the series **8.00** Any Questions? **8.50** A Point Of View **9.00** The Death Of The Eccentric (R) **10.00** The World Tonight **10.45** Book At Bedtime **11.00** Americast **11.30** Lights Out (R) **12.00** News **12.30** Battle Grounds: Culture Wars In The Countryside (R) **12.48** Shipping **1.00** As World Service

RADIO 4 EXTRA

5.00 The Carlingford Chronicles: Miss Marjoribanks **6.00** Prize Fighting **6.45** The One About The Social Worker. By Martin Jameson

7.00 Comedy Showcase 7.30

Share And Share Alike **8.00** Daliso Chaphonda — Citizen Of Nowhere **8.30** No Room For Secrets **8.45** Where Angels Fear To Tread **9.00** Kat Sadler's Screen Time **9.30** New Storytellers **9.45** Daily Service **10.00** Soul Music **10.30** Carnival Queens **11.00** Prize Fighting **11.45** The One About The Social Worker **12.00** Comedy Showcase **12.30** Share And Share Alike **1.00** Daliso Chaphonda — Citizen Of Nowhere **1.30** No Room For Secrets **1.45** Where Angels Fear To Tread **2.00** All The Way From Memphis **2.30** The Brothers **3.00** The Annunciation **4.00** Soul Music **4.30** Carnival Queens **5.00** Prize Fighting **5.45** The One About The Social Worker **6.00** Comedy Showcase **6.30** Share And Share Alike **7.00** Daliso Chaphonda: Citizen Of Nowhere **7.30** No Room For Secrets **7.45** Where Angels Fear To Tread **8.00** All The Way From Memphis **8.30** The Brothers **9.00** The Annunciation **10.00** Scott Agnew — Dead Man Talking **10.30** Matt Berry Interviews **10.45** Tom Mayhew Is Benefit Scum **10.55** The Comedy Club Interview **11.00** Absolute Power **11.30-12.00** As Told To Craig Brown

LBC

7.00 Nick Ferrari **10.00** James O'Brien **1.00** Vanessa Feltz **4.00** Tom Swarbrick **7.00** Iain Dale. Debate **10.00** Nick Abbot **1.00** Clive Bull **4.00** Oli Dugmore

RADIO 3

6.30 Breakfast **9.30** Essential Classics **1.00** Classical Live. Tom McKinney presents another chance to hear Wednesday night's Prom featuring horn player Stefan Dohr and the BBC Philharmonic conducted by John Storgårds **4.00** Composer Of The Week. Donald Macleod examines Bologne's life as France breaks into revolution **5.00** In Tune **6.00** BBC Proms 2024. The BBC SO conducted by Sakari Oramo in Strauss' Alpine Symphony, Saariaho's *Mirage*, and Mozart's *Jeunehomme* Concerto with the soloist Seong-Jin Cho

8.30 Andrew Davis At The Proms.

Following his death earlier this year, Radio 3 looks back at conductor and musician Andrew Davis, and his special relationship with the Proms **10.30** BBC Proms 2024. The London Sinfonietta and the Orchestra of the Age of Enlightenment revive Heiner Goebbels's *Songs of Wars I Have Seen* **11.45** 'Round Midnight **12.30** Through The Night

CLASSIC FM

6.30 Aled Jones **9.00** The Classic FM Hall Of Fame Hour With Aled Jones **10.00** Alexander Armstrong **1.00** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Jonathan Ross **9.00** Karthi Gnanasegaram **10.00** Myleene Klass **1.00** Katie Breathwick **4.00** Sam Pittis

RADIO 2

6.30 The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Scott Mills **3.30** Scott Mills' Wonder Years **4.00** Sara Cox **7.00** Michelle Visage **8.30** Michelle Visage's Handbag Hits **9.00** The Good Groove With DJ Spooky **11.00** The Rock Show With Johnnie Walker **12.00** Romesh Ranganathan — For The Love Of Hip-Hop **1.00** CMA Fest 2024 **2.00** Lost Boy — In Search Of Nick Drake (R) **3.00** Mark Knopfler At The BBC (R) **4.00** Sophie Ellis-Bextor's Kitchen Disco

VIRGIN RADIO

6.30 Angela Scanlon On The Chris Evans Breakfast Show **10.00** Vogue Williams **1.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Ben Jones **10.00** Stu Elmore **1.00** Harpz Kaur **4.00** Rich Williams

TALKSPORT

5.00 Early Sports Breakfast **6.00** Talksport Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** Talksport Drive With Andy Goldstein And Darren Bent **7.00** Olympic Kick-Off **10.00** Sports Bar Weekender **1.00** Extra Time With Martin Kelner



Rebecca McGowan (BBC1, +67kg taekwondo at 6.40pm)

BBC 1

- 6.00 Breakfast** Headlines.
- 6.45 Olympics** The 15th and penultimate day of the Games begins with live coverage of the men's marathon, which gets under way at the Hotel de Ville and finishes on the Esplanade des Invalides; the final round of the women's golf at Le Golf National; and action from the sport climbing and canoe sprint. **11.00 Olympics** Further live action sees medals decided in the women's boulder and lead sport climbing, the women's kayak single 500m, men's kayak single 1,000m and women's canoe single 200m, and the group all-around rhythmic gymnastics.
- 1.15 News; Weather** Headlines.
- 1.30 Olympics** Hazel Irvine introduces this afternoon's live coverage, with medals to be decided in the men's diving, men's and women's track cycling, women's golf and group rhythmic gymnastics.
- 5.30 News; Weather** Reports.
- 5.50 Olympics** Clare Balding and Gabby Logan present live action from the conclusion of the athletics with eight finals, including the men's high jump, men's 800m, women's javelin, women's 100m hurdles, men's 5,000m, women's 1500m, men's 4x400m relay and women's 4x400m relay; and Britain's Rebecca McGowan will be going for glory in the taekwondo.
- 10.00 News; Weather** Reports.
- 10.20 Olympics — Tonight At The Games** A review.
- 11.40 FILM: Shadow In The Cloud** Stars Chloë Grace Moretz. A female Second World War pilot travelling with top-secret documents on a B-17 Flying Fortress faces an evil presence. Pulpy fun. (2021, 15)
- 1.00 Joins BBC News** Update.
- 6.00 Breakfast** Headlines.
- 6.50-1.15 Olympics** Live coverage of the women's marathon, track cycling and modern pentathlon.

SCOTLAND 11.40 Sports scene. **12.40 FILM: Shadow In The Cloud.** **2.00** BBC News.

BBC 2

- 6.45 Breakfast** Headlines.
- 8.00 One Zoo Three** (R)
- 8.20 Blue Peter** Magazine. (R)
- 8.50 Newsround** Update.
- 9.00 Gardeners' World** (R)
- 10.00 Saturday Kitchen — Matt's Dream Dishes**
- 11.30 The Hairy Bikers' Chicken And Egg** Culinary trip. (R)
- 12.35 FILM: The Man Who Never Was** Stars Clifton Webb and Gloria Grahame. Allied forces prepare to invade Europe, devising an ingenious plan to outwit the enemy. Intriguing fact-based drama. (1956, U)
- 2.15 The Hundred:** Southern Brave Men v Trent Rockets Men. Live coverage of the encounter at the Rose Bowl in Southampton.
- 5.30 Olympics** The typically frantic 200-lap men's madison final continues, live at the Saint-Quentin-en-Yvelines Velodrome.
- 5.50 Flog It!** Selling items. (R)
- 6.20 Celebrity Antiques Road Trip** Famous faces seek out valuables to sell. (R)
- 7.20 Pointless Celebrities** A star-studded version of the general-knowledge quiz. (R)
- 8.10 Casualty** Hospital drama with the staff and patients of Holby's accident and emergency department.
- 9.00 Weather Hits At The BBC** Featuring a selection of music performances from the archives.
- 11.30 TOTP2:** Summertime Special. Featuring the Undertones, Fun Boy Three, Bryan Adams, Girls Aloud and ELO. (R)
- 12.30 FILM: Love & Mercy** Stars John Cusack, Paul Dano, Paul Giamatti and Elizabeth Banks. Charting the life of the Beach Boys' singer-songwriter Brian Wilson. Uneven biopic. (2014, 12; ends at **2.25**)
- 6.50 Breakfast** Headlines.
- 8.00 Countryfile** Reports. (R)
- 9.00 Beechgrove Garden** (R)
- 9.30 Saturday Kitchen Best Bites** Series highlights.
- 11.00 Nigel Slater's Simple Suppers** Recipes. (R)
- 11.20 FILM: The Cruel Sea** Stars Jack Hawkins and Donald Sinden. Second World War nautical adventure. (1953, U, B/W; ends at **1.20**)

ITV 1

- 6.00 Simply Raymond Blanc** (R)
- 6.50 Love Your Weekend** (R)
- 8.25 The Chris McCausland Show** Weekend chat.
- 9.25 News; Weather** Reports.
- 9.30 James Martin's Saturday Morning** Food and chat. (R)
- 11.40 Jason Atherton's Dubai Dishes** In Dubai Creek.
- 12.35 James Martin's French Adventure** In Bresse. (R)
- 1.05 Cooking With The Stars** (R)
- 2.05 News; Weather** Reports.
- 2.15 FA Community Shield:** Manchester United v Manchester City. Live action from Wembley Stadium. Kickoff at 3.00.
- 5.40 News; Weather** Reports.
- 5.50 Regional News** Updates.
- 6.00 FILM: Harry Potter And The Order Of The Phoenix** Stars Daniel Radcliffe and Gary Oldman. Spellbinding adventure. (2007, 12)
- 8.30 The 1% Club** Quiz show, hosted by Lee Mack. (R)
- 9.35 Changing Ends** Alan is miserable, despite possible promotion for Northampton Town. (Last in series)
- 10.05 Piglets** With Mark Heap. Bob gets in touch with his inner Spider Man. (4/6)
- 10.30 Love & Death** Allan grows concerned when his repeated calls to Betty go unanswered. (S1, ep 4)
- 11.30 News; Weather** Reports.
- 11.50 English Football League Highlights** Recent action.
- 1.05 Teleshopping** Goods.
- 3.00 Long Lost Family** (R)
- 3.50 Unwind** Daily relaxation.
- 5.05 Deal Or No Deal** Game. (R)
- 6.00 James Martin's French Adventure** Recipes. (R)
- 6.30 James Martin's Saturday Morning** Food and chat. (R)
- 8.25 Jimmy & Shivi's Farmhouse Breakfast**
- 9.25 News; Weather** Reports.
- 9.30 Love Your Weekend** (R)
- 11.25-12.15 Jason Atherton's Dubai Dishes** Food. (R)

Films

- SKY CINEMA PREMIERE**
- 4.30pm** Trolls Band Together (2023, U) **6.05** Mean Girls (2024, 12) **8.00** Night Swim. A woman swimming in her pool at night is terrorised by an evil spirit. (2024, 15) **9.45** Jericho Ridge. A cop must fight for her life when her remote office is targeted by lethal enemies. (2023, 15) **11.20-1.35** Concrete Utopia. Survivors from a massive earthquake struggle for a new life in Seoul. (2023, 15)
- SKY CINEMA THRILLER**
- 4.20pm** Ocean's 8 (2018, 12) **6.15** The Hurricane Heist (2018, 12) **8.00** Ferrari. During the summer of 1957, former racecar driver Enzo Ferrari embarks on a race across Italy. (2023, 15) **10.25-12.30** Extremely Wicked, Shockingly Evil And Vile. Biopic. (2019, 15)
- SKY CINEMA GREATS**
- 6.00pm** Fist Of Fury. Adventure. (1972, 18) **8.00** The Way Of The Dragon. A Hong Kong country boy defends a friend's restaurant against karate experts. (1973, 18)

Channel 4

- 6.10 Everybody Loves Raymond** Comedy. (R)
- 7.00 Rising Phoenix — Road To Tokyo** Documentary.
- 7.50 Frasier** Sitcom. (R)
- 8.45 Wedding March 5 — My Boyfriend's Back** Drama, with Jack Wagner. (R)
- 10.30 The Simpsons** Cartoon. (R)
- 12.50 Couples Come Dine With Me** In Nottinghamshire. (R)
- 1.50 Four In A Bed** B&Bs. (R)
- 4.20 A Place In The Sun** (R)
- 5.25 News; Weather** Reports.
- 5.55 Paris 2024 Paralympics — Meet The Athletes** (R)
- 6.00 Raising The Mary Rose — The Lost Tapes** A look back at the raising of Henry VIII's flagship in 1982. (R)
- 7.00 WW2 — Women On The Frontline** Documentary telling the story of women who took to the skies to defend their country.
- 8.00 Britain's Most Beautiful Road** Members of a remote community revive the much-loved Assynt Highland Games.
- 9.00 FILM: Jack Reacher — Never Go Back** Stars Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder. Slick action sequel. (2016, 12)
- 11.20 FILM: Hitman** Stars Timothy Olyphant and Dougray Scott. (2007, 15)
- 1.00 FILM: Riders Of Justice** Stars Mads Mikkelsen. (2021, 15; Danish and Arabic with subtitles)
- 2.55 Ramsay's Kitchen Nightmares USA** (R)
- 3.45 Holyoaks** Soap. (R)
- 6.10 Countdown** Game. (R)
- 6.50 Frasier** Sitcom. (R)
- 8.05 Everybody Loves Raymond** Comedy. (R)
- 9.30-12.30 Sunday Brunch**

9.55 Enter The Dragon. An agent goes undercover at a crime lord's kung-fu contest to expose a drug ring. (1973, 18) **11.45-12.05** The Cinema List: Jackie Chan

SKY CINEMA SELECT

- 6.00pm** The Huntsman — Winter's War (2016, 12) **8.00** Ocean's Eleven. A former convict assembles a gang of crooks to help him pull off a robbery. (2001, 12) **10.00-12.15** Last Action Hero (1993, 15)

FILM 4

- 4.40pm** Sister Act 2 — Back In The Habit (1993, PG) **6.55** The Nanny Diaries (2007, 12) **9.00** Déjà Vu. An agent investigating a bombing uses a device that allows him to see into the past. (2006, 12) **11.25-1.30** Spontaneous. Comedy. (2020, 15)

SKY CINEMA DRAMA

- 5.30pm** Whitney Houston — I Wanna Dance With Somebody (2022, 12) **8.00** A Beautiful Mind. Charting the life story of the brilliant but troubled mathematician John Nash. (2001, 12) **10.25-12.35** Allied. An intelligence officer falls for a resistance fighter during the Second World War. (2016, 15)

Channel 5

- 6.00 Milkshake!** Children's fun.
- 8.55 Spongebob** Animation. (R)
- 9.00 Entertainment News**
- 9.05 Bargain Loving Brits By The Sea** Documentary. (R)
- 12.00 Dogs Behaving (Very) Badly** With Graeme Hall. (R)
- 3.00 Cumbria — The Lakes & The Coast** Insights. (R)
- 4.00 Norfolk And Suffolk — Country & Coast** (R)
- 5.00 Your Kitchen — 60 Years Of Fads & Gadgets** (R)
- 6.00 News; Weather** Reports.
- 6.05 Bradley Walsh — All My Best Bits** The TV star gives a personal and honest account of his life. (R)
- 7.30 St James's Palace — The Secret Royal Residence** Taking a look at the history of the royal palace in the City of Westminster. (R)
- 9.00 Sandringham — A Royal Residence** Nigel Havers looks at how Elizabeth II prepared for her coronation in 1953; and JJ Chalmers learns what was involved in her first Christmas as queen. (Last in series)
- 10.00 Greatest TV Moments Of The 80s** Matthew Kelly takes a look back at the television that was involved in 1985, featuring 'Allo 'Allo!, Bullseye, Name that Tune and Crossroads. (R)
- 12.05 Bob Monkhouse — Master Of Laughter** (R)
- 1.30 Casino Show** Gambling.
- 3.30 Henry VIII & Trump — History Repeating?** (R)
- 4.20 Great Artists** (R)
- 4.40 House Busters** Insights. (R)
- 5.05 House Doctor** Advice. (R)
- 5.30 Entertainment News**
- 5.35 Children's Shows** Fun.
- 6.00 Milkshake!** Children's fun.
- 8.55 Spongebob** Animation. (R)
- 9.05 Entertainment News**
- 9.20 Cruising With Susan Calman** Antarctica. (R)
- 10.05-12.00 Susan Calman's Grand Week By The Sea** Two editions. (R)

Entertainment

BBC3

- 7.00pm** EastEnders **8.00** Glow Up — Britain's Next Make-Up Star **9.00** Canada's Drag Race — Canada vs The World **10.00** Two Pints Of Lager And A Packet Of Crisps **11.00** The Vivienne Takes On Hollywood **11.45** Who Stole Tamara Ecclestone's Diamonds? **12.40** Eating With My Ex **1.10-2.10** Two Pints Of Lager And A Packet Of Crisps

ITV2

- 6.00pm** Wheel Of Fortune **7.00** Catchphrase **8.00** FILM: Tomb Raider. Adventure **10.30** Family Guy **11.30** American Dad! **12.30** Celebability **1.15-2.15** All American

ITV4

- 5.00pm** World Series Of Darts. The New South Wales Masters **9.00** EFL Highlights **10.35** FILM: Rambo — First Blood Part II **12.25** The Professionals **1.25-2.20** Minder

E4

- 5.50pm** The Big Bang Theory **7.20** FILM: Men In Black II **9.00** Celebrity Gogglebox **10.00-12.05** Gogglebox

BBC 4

- 7.00pm Strictly Come Dancing**
8.00 Bruce Forsyth's Generation Game Vintage edition of the classic inter-generational gameshow.
9.00 Lily Savage's Blankety Blank Lily invites another six famous faces to help contestants fill in the blanks.
9.30 The Fight For Saturday Night Michael Grade tells a tale of skulduggery and dirty dealings as he explores how TV shows battle to win the crown for the best ratings on a Saturday night.
11.00 Parkinson Bruce Forsyth, Boris Becker and Patrick Kielty join the host on his final show for BBC One, with music by the Corrs and Jamie Cullum.
12.00 Ruby With Alan Davies Round-table celebrity chat, hosted by the American comedian Ruby Wax, who is joined by Alan Davies, Joanna Lumley and Jean-Christophe Novelli

- 12.45 Keeping Up Appearances** Hyacinth visits a stately home, where she naturally tries her hardest to meet the lord of the manor.
1.15 Butterflies Ria narrowly avoids running over a dog, and proceeds to give the animal a lecture on the Highway Code.
1.45 Strictly Come Dancing
2.45-3.50 Parkinson Chat.



Mark Heap (ITV1, 10.05pm)

MORE 4
5.50pm Four In A Bed **7.55** TBA
9.00 24 Hours In A&E **11.05**
 8 Out Of 10 Cats Does Countdown
1.15-3.00 24 Hours In A&E

GOLD
5.20pm Only Fools And Horses
6.40 The Vicar Of Dibley **7.35**
 Only Fools And Horses **9.10** Mrs
 Brown's Boys **10.30** The Lenny
 Henry Show **11.40** Toast Of London
12.45-2.00 The Lenny Henry Show
2.00-3.00 Toast Of London

SKY MAX
6.00pm A Discovery Of Witches
7.00 Freddie Fries Again **8.00** An
 Idiot Abroad **9.00** Agatha Raisin
11.00 Mr Bigstuff **11.30** Banshee
12.30 Warrior **1.30-3.30** Brit Cops

SKY COMEDY
6.00pm Will & Grace **6.30** The US
 Office **9.00** Barry **12.00** Fantasmas
1.20-3.20 Curb Your Enthusiasm

SKY WITNESS
6.00pm Nothing To Declare **9.00**
 The Rookie **10.00** FBI **11.00** Law &
 Order: Special Victims Unit **12.00**
 Fire Country **1.00** The Cleaning Lady
2.00-6.00 Nothing To Declare

Sky Arts

- 1.00pm Les Misérables — The Staged Concert** Recording of the musical based on Victor Hugo's novel.
3.50 Clint Eastwood — A Life In Film The actor discusses his life and career.
5.30 The Who — Live At Hyde Park A 2015 performance by the rock band.
7.45 Queen — Days Of Our Lives Documentary telling the story of the British rock band. (1/2) **9.00 Queen — Days Of Our Lives** The peak of the rock outfit's success, when they broke attendance records in South America.
10.20 Queen — Live At Wembley Stadium A performance from 1986.
11.40-1.20 Freddie Mercury — The Great Pretender Documentary profile of the Queen frontman.

U&Drama

- 2.00pm Pie In The Sky** Drama.
4.00 The Brokenwood Mysteries A couple stumble upon a body at an abandoned mental-health facility. (Series 5, ep 4)
6.00 The Brokenwood Mysteries Mike and his team investigate a murder at a steampunk event. (Series 6, ep 1)
8.00 Rebus The buried remains of a prostitute are found — awakening memories of a case Rebus investigated 20 years earlier. (S3, ep 1)
9.35 Ragdoll In order to protect the next person on the kill list, Rose tries to outwit the Ragdoll Killer with an unorthodox plan. (4/6)
10.35-12.30 Case Histories Jackson investigates a five-year-old suspected murder. (Series 2, ep 2)

U&W
5.40pm My Family **7.00** Miranda
9.00 Catherine Tate **11.00** Wife
 Swap USA **12.55** Bang On Budget
1.55-3.00 16 Kids And Counting

U&YESTERDAY
6.00pm Canal Boat Diaries **7.00**
 Great Continental And Indian
 Railway Journeys **9.00** Jay's
 Yorkshire Workshop **10.20** One Foot
 In The Grave **11.40** Bangers & Cash
12.40-2.35 Inside The Factory

U&DAVE
6.00pm Would I Lie To You? **7.20**
 Gavin & Stacey **9.20** Not Going Out
10.20 Not Going Out Bloopers **11.00**
 Q! **11.40** Have I Got A Bit More News
 For You **1.40-4.00** Room 101

Factual

NATIONAL GEOGRAPHIC
6.00pm World War II — Secrets From
 Above **8.00** Inside The SS. Hitler's
 private army (1/2) **9.00** Inside The SS.
 The role of the SS in the Holocaust
 (2/2) **10.00** No Man Left Behind
11.00 Drug Lords — The Takedown
12.00 Border Protection Spain
1.00-2.00 Inside Sydney Airport

Sky Atlantic

- 9.15am Riviera** Drama series.
2.40 The Sopranos Rumours of an FBI clampdown lead to panic. (Series 1, ep 8) **3.40 The Sopranos** Carmela learns Junior's intimate secrets. **4.45 The Sopranos** Tony's henchmen kill a Colombian drug dealer. **5.50 The Sopranos** Tony suspects Big Pussy is an informant. **6.55 The Sopranos** Tony is targeted by killers.
7.55 Game Of Thrones Stannis and Davos arrive in Braavos for their meeting with the Iron Bank. (Series 4, ep 6)
9.00 Game Of Thrones Tyrion makes an unlikely ally. **10.05 Game Of Thrones** Tyrion's fate is decided. **11.10-12.15 Game Of Thrones** Jon and the Night's Watch face their biggest challenge.

TPTV

- 4.55pm FILM: Jigsaw** Stars Jack Warner. Brighton policemen track down the killer of a woman found in a deserted beach house. Satisfying. (1962, PG, B/W)
7.00 Dixon Of Dock Green A mild-mannered man is given the chance to make his dreams a reality.
8.00 Budgie The petty crook is on the run from both Charlie and the police.
9.05 Margery And Gladys One-off comedy, with Penelope Keith and June Brown. Two mismatched ladies interrupt a burglary and hit the culprit over the head in a panic.
11.05-12.15 The Edgar Wallace Mystery Theatre A solicitor blackmails his unfaithful wife.

ITV3

- 12.45pm A Touch Of Frost** An armed robbery ends in murder and Frost wastes no time in arresting a known crook he saw during the getaway. (S3, ep 4)
3.00 Poirot The sleuth is summoned after the body of a murder victim is discovered surrounded by stopped clocks. (Series 12, ep 4) **5.00 Poirot** The detective investigates the murder of an elderly psychiatrist. (S13, ep 1)
7.00 Poirot The sleuth falls victim to depression after failing to prevent the murder of a society girl, but the search for a missing maid offers him a chance of redemption. (S13, ep 4)
9.00 Grantchester A vagrant is found dead in the doorway of Leonard's cafe, and Geordie cannot shake the feeling that this murder could be connected to two unsolved cases. (S7, ep 3)
10.00 Grantchester A member of Will's own congregation is found murdered just before a church fundraising event.
11.00-1.00 Endeavour The detective investigates the disappearance of a Dutch au pair and discovers a connection to an earlier unsolved case as conflict erupts between his fellow officers. (Series 3, ep 3)



Taylor (Sky Docs, 9pm)

Sport

SKY SPORTS MAIN EVENT
6.00am LIVE The Rugby Championship: Australia v South Africa. Kickoff 5.45 **7.35** My Icon. Double bill **7.55 LIVE** The Rugby Championship: New Zealand v Argentina. Kickoff at 8.05 **10.00** Soccer Saturday — Build-Up **10.30** Fantasy Football Pre-Match **11.00 LIVE** EFL: Oxford United v Norwich City. Kickoff is at 12.30 **2.45 LIVE** EFL: Milton Keynes Dons v Bradford City. Kickoff at 3.00 **5.15 LIVE** EFL: Birmingham City v Reading. Kickoff is at 5.30 **8.30 LIVE** PGA Tour Golf. The Wyndham championship **11.00 LIVE** Tennis **4.00-6.00 LIVE** Fight Night International

TNT SPORTS 1
7.30am LIVE AFL **1.30** Reload **2.00** WWE **4.30** MotoGP Rewind **4.45** Between The Lines **5.15 LIVE** Pre-Season Football: Tottenham Hotspur v Bayern Munich. Kickoff at 5.30 **7.30** PL Preview **8.30** Between The Lines **9.00** UFC **10.00 LIVE** UFC **3.30** UFC **4.00** Ultimate Pool **5.30-6.00** Reload

Radio

● **Flashpoint (podcast)**
 An examination of a US bombing campaign that began with an attack on the Atlanta Olympics in 1996. The police fixated on the wrong suspect, allowing the politically and religiously motivated criminal to plan more attacks, on abortion clinics and a gay nightclub.
 Clair Woodward

TIMES RADIO

6.00 Chloe Tilley And Peter Cardwell With Times Radio Breakfast **10.00** Hugo Rifkind **1.00** Henry Bonsu **4.00** Carole Walker With Times Radio Drive **7.00** The Best Of Times Podcasts **8.00** The Story **8.30** Highlights From Times Radio **10.00** Darryl Morris **1.00** The Story **1.30** The Best Of Times Radio

RADIO 4

5.30 News **5.43** Prayer **5.45** Frontlines Of Journalism (R) **6.00** News And Papers **6.07** Open Country (R) **6.30** Farming Today This Week **7.00** Today **9.00** The Missing Madonna (R) **9.45** Animal (R) **10.00** You're Dead To Me. The Edo period in 17th-century Japan **10.30** Alexei Sayle's Strangers On A Train **11.00** Newscast **11.30** From Our Own Correspondent **12.00** News **12.04** Toast (R) **12.30** Catherine Bohart — TL;DR (R) **1.00** News **1.10** Any Questions? (R) **2.00** Any Answers? **2.45** The Archers (R) **3.00** Drama: Mahabharata Now (R) **4.00** Weekend Woman's Hour **5.00** Saturday PM **5.30** Dough (R) **5.54** Shipping **6.00** News **6.15** Loose Ends **7.00** Growing Solo (R) **7.15** The Infinite Monkey Cage (R) **8.00** Archive On 4: Sister Blues **9.00** The Moral Maze (R) **10.00** News **10.15** The Food Programme (R) **11.00** Scott Agnew — Dead Man Talking. The comedian reveals how Glasgow saved his life **11.30** The 3rd Degree (R) **12.00** Midnight News **12.15** Bookclub (R) **12.48** Shipping **1.00** As World Service

RADIO 3

6.30 Breakfast **9.00** Saturday Morning **11.00** BBC Proms. A live organ recital at the Royal Albert Hall, with Jonathan Scott playing Wagner, Bach, Chaminade, Jules Grison, Ives and Tchaikovsky **12.30** New Generation Artists **1.00** Music Matters — Nicola Benedetti And The Edinburgh International Festival **2.00** Record Review **4.00** Sound Of Cinema **5.00** This Classical Life (R) **6.00** Music Planet. Roots-based music **7.00** New Generation Artists. The pianist Alim Beisembayev plays Haydn **7.30** BBC Proms. Live at the Royal Albert Hall, the National Youth Orchestra play Mahler's Symphony No 1; plus, Wagner, Missy Mazzoli and Dani Howard **10.00** The Lebrecht Interview. With the Norwegian soprano Lise Davidsen **10.45** New Music Show. Standard Issue play music by Lisa Illean and Joanna Bailie **12.30** Through The Night

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