

THOUGHT FOR THE DAY
Anyone else fancy a cup of Horlicks?

MONDAY, JULY 22, 2024

PROUD TO LOVE ANIMALS

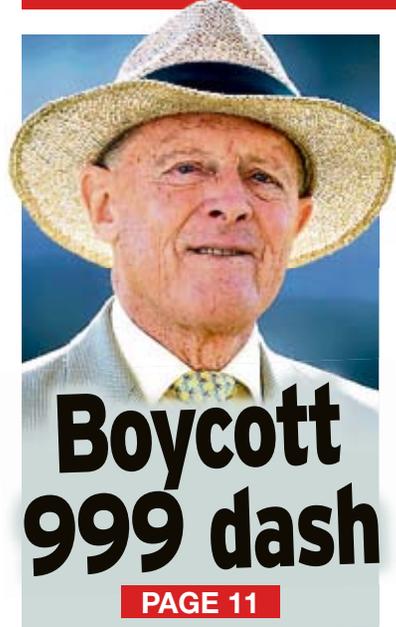
95P



Airport & package holiday chaos

PAGE 7

BIDEN QUITS RACE



Boycott 999 dash

PAGE 11

WIN
4 SUMMER PASSES TO
OXYGEN
ACTIVEPLAY
TRAMPOLINE PARKS



5 LUCKY WINNERS

Terms and conditions apply. See p22 for details



Gulls on the lash

PAGE 8

Sleepy

Joe:

It's time

for a nap!

PREZ HEADING OFF TO BED AFTER ENDLESS COCK-UPS



■ by ANDREW JAMESON
WALKING gaffe-machine Joe Biden, 81, has pulled out of the US election battle, saying the not-very-shocking move was for the "sake of my country". Zzzzzzzzzzzz.
Full story: Page 5

TODAY'S WEATHER

TODAY: A cloudy start although periods of sunshine will break through during the day, the best of these will be across southern areas. A scattering of showers will develop too and will be most frequent in the north, some heavy.

OUTLOOK: There will be sunny spells and a scattering of light showers tomorrow but clouds will thicken from the west later. Largely dry on Wednesday with spells of sunshine and patchy cloud.

TUE

WED

THU

AIR QUALITY			
Air pollution levels Low (1) Very high (10) uk-air.defra.gov.uk			
Highlands	2	North Wales	2
North East Scotland	2	West Midlands	2
Central Scotland	3	East Midlands	2
Scottish Borders	2	South Wales	2
Northern Ireland	2	South West	2
North West & Mersey	2	South East	2
North East	2	Eastern	3
Yorkshire & Humber	2	Greater London	2

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MPs get security alarms

ALL new MPs have been given panic alarms as part of "welcome packs" amid unprecedented threats to their safety.

Commons security officials have supplied the devices for the first time as they beef up security measures to protect politicians.

Many MPs are facing intimidation and even death threats.

One veteran politician said: "There is an assumption that there's a level of risk for all parliamentarians that never existed before."

The pocket alarms contain GPS trackers that alert the police when activated.

A panel gain for citizens

RANDOMLY selected "citizens panels" should help set Government policy to combat populism and disillusionment with politics.

Cross-party think tank Demos urged the Government to "embark on a new era of public participation in policy making".

Miriam Levin, one of the report's authors, said: "Our political system isn't equipped to deal with the scale of the challenges we face, nor the looming threat of populism."

"We need a new layer of participation embedded at the heart of our political system to renew our democracy."

'Offline' is brain booster

PEOPLE can reduce their dementia risk by relying less on the internet, claims an AI expert.

Prof Mohamed Elmasry says simple daily habits such as daytime naps, memory "workouts" and not reaching for a smartphone can improve the odds of staying healthy in later life.

In his new book, iMind: Artificial And Real Intelligence, he claims focus has shifted too far away from RI - natural, or real - intelligence in favour of artificial intelligence.

He said: "Your brain-mind is the highest-value asset you have, or will ever have."

Tempest time

★ **FUTURE** flagship fighter jet Tempest has been unveiled.

The supersonic stealth fighter is set to join the RAF fleet from 2035, replacing the Typhoon.

★ Nations of the Global Combat Air Programme - UK, Italy and Japan - will show off the design today at the Farnborough airshow.

Herman Claesen, of joint-manufacturer BAE Systems, said: "We'll continue to test and evolve the design, as we move to the next phase."

Pictures: BAE SYSTEMS/SWNS

REEVES IN PAY RISES PROMISE



SUMS: The Chancellor

Public workers' boost

CHANCELLOR Rachel Reeves has said the Government will "make sure the sums add up" if public sector workers are given above-inflation pay rises.

Reports suggest independent pay review bodies have recommended a 5.5% rise for teachers and around 1.3million NHS staff. The Chancellor said she valued public service workers and that "people won't have long to wait for a decision". She added:

■ by **ANDREW JAMESON**

"There is a cost to not settling, a cost of further industrial action, and a cost in terms of the challenge we face recruiting."

"We will do it in a proper way and make sure the sums add up."

Paul Johnson, director of the influential Institute for Fiscal Studies, said pay rises would cost an extra £3billion for schools and the NHS alone.

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NEWSPAPERS SUPPORT RECYCLING The recycled paper content of UK newspapers in 2021 was 65.7%

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THE HEALTH LOTTERY

Big Win numbers Saturday, July 20	06 14 20 34 45	13
Big Win numbers Friday, July 19	13 20 34 37 43	19
Big Win numbers Thursday, July 18	03 07 19 22 26	13
Big Win numbers Wednesday, July 17	03 12 30 39 41	27
Big Win numbers Tuesday, July 16	03 04 15 16 18	07

2ND CHANCE DRAW, SATURDAY, JULY 20: 01, 05, 12, 34, 38
2ND CHANCE DRAW, WEDNESDAY, JULY 17: 17, 19, 20, 38, 43
ALL OR NOTHING, FRIDAY, JULY 19: 3, 7, 10, 11, 13, 14, 15, 16, 17, 21, 23 & 24

NATIONAL LOTTERY

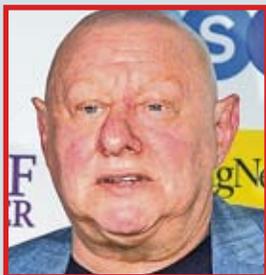
SATURDAY, JULY 20

One jackpot winner. Wednesday's top prize est. £2m

LOTTO	09 19 22 41 55 58	44	989,230 tickets won a prize.
EURO	15 22 35 44 48	06 07	Friday July 19. Tomorrow's estimated jackpot £14million.

10 UK MILLIONAIRES: SEE WEBSITE

SET FOR LIFE: THURSDAY JULY 18: 05, 07, 27, 38, 46 LIFE BALL: 08
THUNDERBALL: SATURDAY JULY 20: 12, 13, 14, 16, 18 T'BALL 03



**SCHOOL FAIL: Ryder
Shaun's
acid trip
brain lift**

HAPPY Mondays hellraiser Shaun Ryder reckons taking acid taught him more than his school teachers.

The singer, 61, says the dangerous brain-bending drug unlocked his mind.

He said: "Acid did more for me than five years at secondary school."

"I came out not knowing my alphabet, I hadn't learned anything I hadn't at junior school."

"Left school at 15, I took acid and I learnt a lot and I wanted to learn."

"I'm not saying that's for everybody but it certainly helped me, same as smoking cannabis."

STARS
YOUR DAILY HOROSCOPE
with Russell Grant
P33



**DELIGHT: Lovebirds
Dan and
Jarrod
to marry**

DANI Dyer is engaged to her footballer boyfriend of three years Jarrod Bowen.

The couple shared their news on Instagram after getting her dad Danny's blessing to get hitched.

Dani posted a photo of the couple, both 27, posing on a yacht after England and West Ham star Jarrod got down on one knee.

Smiling Dani showed off her engagement ring with a caption: "Us forever."

Dani and Jarrod share twin daughters Summer and Star, while Dani also has Santiago, three, from her relationship with Sammy Kimmence.

Elton and Julio are alright for fighting.



Gemma

★ **GEMMA** wanted to make an impact on her Page 3 debut so kept her outfit a secret from everyone.

★ The 25-year-old from Sussex said: "It's my dream to be in the Daily Star! Hope you all like my choice of lingerie."

★ Well you have been keeping us all in suspenders, but we're glad you went hell for leather.

DAILY STAR
FANCY BEING A PAGE 3 GIRL?
WANT to be one of our fabulous Daily Star Page 3 girls? Send your bikini picture to jeanyssavage@yahoo.co.uk

Picture: JEANY SAVAGE



POOL DUEL: Elt and, top, Julio. Below, Sinitta and George

SINITTA: I TRIED TO BREAK UP LEGENDS IN SUNBEDS BATTLE

SINGER Sinitta says she had to break up a poolside row between Elton John and Julio Iglesias - over sunbeds.

The star played peacemaker when the music legends clashed after the Brit nabbed all the cabanas - beds with tents to provide shade - at an exclusive hotel on Spanish isle Ibiza.

The So Macho star, 60, said that she heard the Saturday Night's Alright For Fighting singer "screaming" at the Spanish crooner.

Sinitta said: "I used to visit Ibiza regularly, performing at Insomnia, Ku and other

clubs. I would stay at the Pikes hotel and one day in 1987 heard a commotion outside.

"From my balcony, I saw Elton John screaming at Julio Iglesias. They were arguing over cabanas because Elton had taken them all and Julio needed some for his guests."

"I went to try to placate the situation and saw George Michael there too."

Her other travel misadventures included being robbed in Portugal, getting arrested in Dubai and being offered a Rolls-Royce to "spend the evening with a gentleman" in Abu Dhabi.

jerry.lawton@dailystar.co.uk



Daley mystery

OLYMPIC hero Daley Thompson has questioned why he's never been knighted.

He won decathlon gold in 1980 and 1984 and broke the world record for the event four times - but has never been made a Sir.

The 65-year-old said: "They, whoever they are, obviously think I'm not worthy and that's OK. It's their call, not mine."

Covid: Hunt in apology

JEREMY Hunt has apologised for failures in the UK's pandemic preparations highlighted by the Covid Inquiry.

The former health secretary said he "absolutely" wanted to apologise.

He said: "I was one of the many ministers, many officials, many scientists who were part of a groupthink where we overprepared for pandemic flu, we didn't think about other types of pandemic."

"And we should have challenged that groupthink. I apologise unreservedly to the families. That was the most terrible tragedy that happened to this country during Covid."

Body is found in river

THE body of a 44-year-old man has been recovered from a river.

Emergency services were called to Wilford Toll Bridge on the River Trent in Nottingham on Saturday following a 999 call.

The force's dive team searched the river and, after a lengthy search, the body was recovered.

Insp Dan Buckle, of Nottinghamshire Police, said: "My thoughts are with this man's family at this incredibly sad time."

"They are being supported by officers."

"The death is not being treated as suspicious and a file is being prepared for the coroner."

'Lethal' drones watches

TROOPS are now able to control drones via smart watches.

The timepieces are part of a rollout of up-to-the-minute battlefield tech.

Dr Paul Hollinshead, CEO of the Defence Science and Technology Laboratory that is developing the gadgets, said the unit's mission was "transforming our Armed Forces" to make them "more capable and lethal".

Soldiers from the Second Battalion The Royal Anglian Regiment in Leics have already tried and tested the drone-controlling watches.

It comes after mad Vlad's war in Ukraine was characterised by record drone deployments.



HOME TIE FOR ADELE

★ ADELE is back at home in the UK to watch a basketball game alongside her sports agent partner Rich Paul.

The Hello singer, 36, sat court-side for the clash between Team USA and South Sudan at London's O2 Arena.

★ The US side, which features Rich's client LeBron James, is preparing for the Olympics in Paris.

Picture: NBAE VIA GETTY

Perv MPs still get pensions

OAP CONS BAG £1M

JAILED and convicted politicians have reportedly been allowed to keep bumper taxpayer-funded pensions.

■ by WILL STONE
ing the NHS, police and local government where payments can be withheld.

Two former MPs convicted of sexual offences are set to gain thousands of pounds when they retire, according to a report in the Telegraph.

Four others who were locked up over the parliamentary expenses scandal are also entitled to receive their full pension benefits.

Current pension rules mean MPs can only have them stripped for the most extreme crimes such as treason.

This is at odds with most other public pension schemes includ-

Charlotte Nichols, Labour MP for Warrington North, said Prime Minister Sir Keir Starmer has committed to addressing ethics and propriety in public office.

She said: "This must include a standards regime with robust sanctions for gross misconduct in line with the rest of the public sector."

The total figure claimed by all MPs convicted of false accounting since reaching retirement age could be around £990,000, the analysis suggests.





MEMORIES: Singer Gaga's tribute to Tony

LADY Gaga has paid tribute to Tony Bennett on the first anniversary of his death and said she is grateful for "the legacy of jazz music he left".

Jazz singer Bennett, who was a long-time collaborator of the US pop star, died in July 2023 at the age of 96 after suffering Alzheimer's.

Gaga, 38, real name Stefani Germanotta, shared a photo of her and Bennett on Instagram, writing: "It's been one year since Tony passed away. This picture says it all."

"I'm so grateful for my continued friendship with his wife Susan - the legacy of jazz music he left - and for the community of jazz musicians I still work with who all knew and loved Tony."

"We're gonna keep on swingin'. Miss you. Life is a beautiful thing."



FORGETFUL: Richards Keef is clueless on bass

ROLLING Stones rocker Keith Richards has no idea about the notes he wrote on many of his biggest hits the band play on tour.

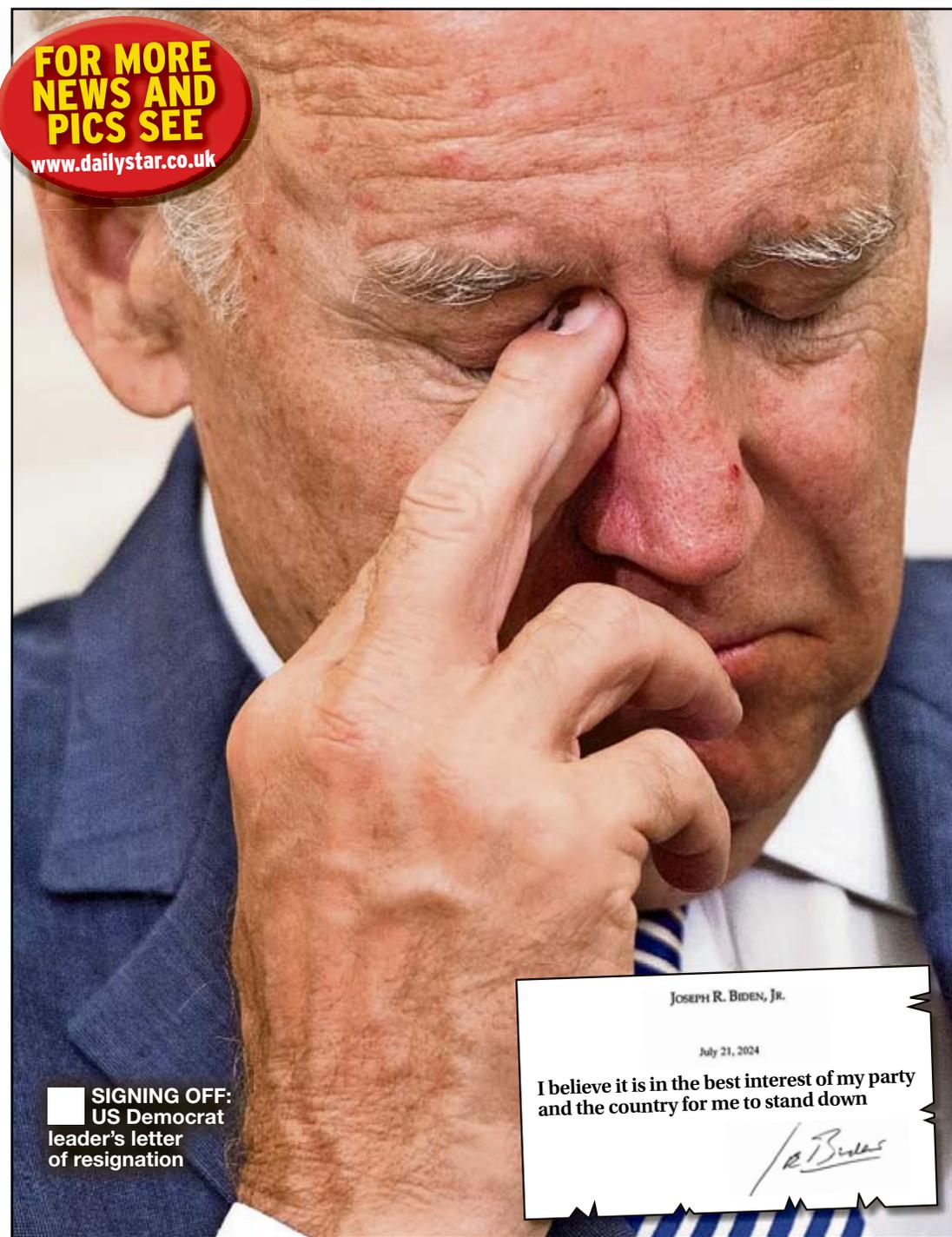
Guitarist Keef has forgotten many of the basslines, which he created on some of their classic songs - although he does know his lead guitar lines.

That is the insight of the group's tour bassist Darryl Jones, who has been working with the legendary rockers for over two decades.

Darryl revealed: "The first time I rehearsed with them, I asked Keith, 'Hey man, did you play bass on this song?'"

"And he said, 'Yeah.' I said, 'So what's the bassline?' and he was like: 'I don't know, man. You're the bass player. You tell me what the bassline is!'"

BYE! SLEEPY JOE SAYS GOODNIGHT



FOR MORE NEWS AND PICS SEE www.dailystar.co.uk

JOSEPH R. BIDEN, JR.
July 21, 2024
I believe it is in the best interest of my party and the country for me to stand down

SIGNING OFF: US Democrat leader's letter of resignation



JOVER & OUT: Leader falling on stage last year

President Biden, 81, pulls out of race with Trump

SLEEPY Joe Biden sensationally pulled out of the presidential race after weeks of pressure.

solely on fulfilling the duties as President for the remainder of my term."

The Democrat is ending his campaign for re-election last night "in the best interest of my party and my country".

It came after his symbolic debate performance last month, plus clips showing him freeze, get names wrong and be unsteady on his feet.

Biden, 81, endorsed Vice President Kamala Harris to replace him in the race.



Former president Barack Obama said he and wife Michelle wanted to thank "Joe for leading us so ably and courageously during perilous times."

In a letter posted on X last night, he said it had been the greatest honour of his life to serve as president.

The Clintons said Biden had "lifted America" out of the pandemic.

President Biden added: "And while it has been my intention to seek reelection, I believe it is in the best interest of my party and the country to focus

Harris said: "I am honoured to have the president's endorsement."

The Star Says: Page 6

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Picture: PHIL HARRIS

STICKING POINT: Trump swaps gauze, left, for plaster on his ear

DONALD: PREZ UNFIT

TRUMP branded Joe Biden "not fit" to stand and accused the President of being a liar.

in the 2020 election, and ranted about his former rival.

The orange man-baby blasted: "Crooked Joe Biden was not fit to run for president, and is certainly not fit to serve - and never was!"



Republican Trump let rip in a post to Truth Social, repeating his favoured insult for the man who beat him

He said: "He only attained the position of president by lies, fake news, and not leaving his basement."

"All those around him, including his doctor and the media, knew that he wasn't capable of being president, and he wasn't. And

now look what he's done to our country, with millions of people coming across our border, totally unchecked and unvetted, many from prisons, mental institutions, and record numbers of terrorists.

"We will suffer greatly because of his presidency, but we will remedy the damage he has done very quickly."

It came after Trump told a rally he took "a bullet for democracy" when he was shot in the ear, and wore a plaster at the event rather than the previous bandage.



Joe's done right thing

SO Sleepy Joe has finally called for his mug of Horlicks.

And not before time.

It has been painful to watch him over the last couple of months.

The world has been holding its breath as to whether this dodderly old fella would really stand again to become the leader of the free world.

Even if he has, as it seems, been pushed, it's still a difficult and honourable thing to do – to give up the most powerful job in the world.

And we wish him all the best, especially if his health is struggling.

But there was no way this would have been anything but a joke election with him as a candidate.

Although given America's track record, we'll have to wait and see who gets the nod to fight Trump in November.

We're sure they're scouring the nation's allotments and bowls clubs for them now!

Air chiefs must pay

YOU have to feel so sorry for everyone caught up in holiday hell over this global IT outage.

Many will have saved up for months to get away and relax.

Yet due to a tech fail, their hard-earned breaks have in many cases been ruined.

Thousands are out of pocket as they desperately try to save their getaways.

The least they would expect is some compensation.

But surprise, surprise, as always there's a bit of a hitch.

Civil Aviation Authority bosses say "extraordinary circumstances" mean they will likely be able to avoid paying affected passengers any compo.

It stinks to high heaven. The CAA literally exists to protect our rights.

Why does it always feel like the world is skewed to protect big business rather than ordinary folk?

Out of tune

ELTON John once had a massive row with Julio Iglesias over their sun loungers, according to Sinitta.

Apparently sorry seemed to be the hardest word!

HERE'S A DOZEN WORLD BRAIN DAY FACTS



A mind of their own



IS yours firing on all cylinders as you read your favourite newspaper or a bit tired after a busy weekend? However you're feeling, it's time to celebrate World Brain Day because we all have one – even animals! Now get your noggin around **KIM CARR's** 12 brilliant animal brain facts...



SURPRISING: The natural world comes in all shapes and sizes on land and in water

1 A dog's brain is the same size as a tangerine and it can react to human medication for anxiety in the same way we do because they too can feel depressed. But their brain is around 40 times larger in the area where smells are processed.

2 People who fear spiders might have a good reason after learning this – their brain is too big for their bonce so it spills into their legs, which is why boffins think they have the skills to make webs.

3 Squid need to nibble their food into small pieces because their oesophagus goes through a hole in their doughnut-shaped brains and if they're not careful they can cause brain damage with large chunks.

4 With all that head bashing on trees it's no surprise woodpeckers have strong heads to protect their brains. Their special spongy skull and flexible neck muscles keep the brain cushioned from constant whacking and they also have a third eyelid to keep their eyeballs from popping out.

5 Sea squirts have the ability to turn from creatures that resemble tadpoles into, erm, sea squirts by eating their own brain once they have found where they want to attach to and live their days out.

6 While they have massive bodies which can weigh around 90,000lb, sperm whales' brains are so weenie they

account for a mere 0.00019% of their body weight.

7 Along with having nine pairs of testes, leeches have individual brains in each of the 32 parts of their insides.

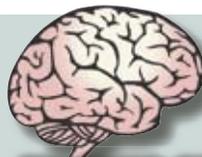
8 We need a good kip to help our brains process information but killer whales only switch off half of theirs when they get shuteye. The section which controls breathing stays awake along with one eye remaining open – a practice also carried out by sea lions and dolphins.

9 Using sea water, not blood, to push nutrients through their body and a central nervous system which goes through their arms, starfish don't have centralised brains.

10 The size of sticklebacks' brains depends on whether they are male or female. Boffins think it's because males have to build nests and guard offspring when females lay eggs – they have increased brain power over the years.

11 Not known for being the brightest of birds, ostriches might have long legs and necks but their massive eyeballs mean there's not much brain space. In fact their peepers are bigger than their grey matter.

12 Shaped like and similarly sized to a walnut, a cat's brain is said to be of similar intelligence to that of a toddler. Cats store long-term memories better than short-term ones, which is why they can remember where to go to hunt.



THE BRAINBOX

BRAINS OF BRITAIN

We asked for something you'd see on a Chinese takeaway menu:

- 1 Sweet and sour chicken
- 2 Chicken chow mein
- 3 Chop suey
- 4 Crispy chilli beef
- 5= (Peking) duck, rice
- 7= Egg foo yung, satay, salt and pepper chicken, beef curry, chicken and cashews, beef in black bean sauce

Join the BoB panel. Email StarLetters@dailystar.co.uk to get the next batch of questions

- 1** Who is the telly personality featured in the picture on the right?
- 2** Which Scottish forward best known for spells at both Manchester clubs played for Italian team Torino in 1961-62?

- 3** Who married John Lennon in Gibraltar in 1969?
- 4** No Way Home was the subtitle of a film featuring which superhero?
- 5** What product do the online subscription firm Gousto specialise in?

ASK US ANOTHER

Text DSTAR with your question and name to 63333. Cost 50p + network rate

ANSWERS:

(1) Ben Shephard; (2) Denis Law; (3) Yoko Ono; (4) Spider-Man; (5) Food/meals.



GOOD MORNING: Who is he?



FBI: The Duke

Philip in 'link' to scandal

PRINCE Philip was named in top-secret US spy files about the Profumo affair in the early 1960s.

The FBI were told claims the late Duke of Edinburgh was personally "involved" with Christine Keeler and Mandy Rice-Davies, the two women at the centre of the infamous sex scandal.

The US Department of Justice files show how the lurid allegations were made in a crucial memo penned by the then FBI director J Edgar Hoover.

The scandal in 1963 surrounded married UK minister John Profumo's affair with teenager Keeler, who was also sleeping with a Russian military attache.

FACT OF

THE founder of Microsoft is Bill Gates, 68. He left the company board in 2020 and is said to be worth more than \$134billion.

THE DAY



BORN TO EARN: Star

Boss is in billion bracket

BRUCE Springsteen has been ranked as a billionaire.

The Born To Run rocker, 74, has an estimated net worth of at least \$1.1billion (£850million.)

Business bible Forbes reckons the Boss has banked the fortune after tallying up a "conservative" estimation of his riches.

Most of it has come from his last few years' earnings, with Bruce selling his entire music catalogue in 2021 to Sony for a reported \$500m (£390m.)

Bruce is also still raking it in from touring, flogging more than 1.6m concert tickets last year alone, generating \$380m.



STUCK: Crowds at Stansted. Above, agents help customers in Atlanta, Georgia



WAITING PAIN: Passengers in the check-in area hit by delays at Gatwick



Pictures: GETTY/MARCIN NOWAK/LNP

80k stranded Brits

told: NO COMPO!

FRESH COMPUTER GLITCH MISERY

HOLIDAYMAKERS could be denied payouts over flights hit by the global IT outage.

Hundreds of planes have been cancelled in the UK after the glitch crippled systems - leaving at least 80,000 passengers marooned on Friday alone.

Dozens more flights were yesterday axed across Britain in the wake of US cybersecurity firm CrowdStrike's botched software update. But industry

by AARON TINNEY

watchdog the Civil Aviation Authority told airline bosses the glitch is likely to be seen as "extraordinary circumstances". It means there would be no obligation to pay out to affected passengers.

The CAA's letter said: "As a result, passengers are unlikely to be entitled to fixed-sum compensation." Paul Charles, of travel consultancy the PC Agency, blasted: "If the regulator can't protect

passengers in this case and agree compensation, what is it truly for?"

Tui apologised as it yesterday axed some holidays after grounding 64 flights in and out of the UK on Friday.

CrowdStrike says it is "close to rolling out an automatic fix" - but IT experts warn it could take weeks for tech infrastructure to recover.

The Star Says: Page 6

news@dailystar.co.uk



HOLS CANCELLED: Tui planes



HOOKED: Kaplinsky

Natasha fudges her diet

TV'S Natasha Kaplinsky has revealed she's hooked on fudge - even scoffing it for breakfast.

The 51-year-old former newsreader - the first winner of Strictly in 2004 - said she couldn't resist the sweet treat made of sugar, milk, cream and butter.

The mum-of-two, who is now the president of the British Board of Film Classification, told how she gets up at 6.30am.

She says she has a menagerie of animals on her 200-acre farm, including six dogs, two cats, six sheep, 10 ducks, 30 chickens, nine alpacas and a Highland cow, which all need feeding.

But before that she says she has a cup of coffee and some fudge.

She said: "I get up at 6.30 and don't really bother with breakfast... maybe a coffee, some fudge. I do like fudge."

"I don't really bother with lunch. I'm a snacker... coffee, nuts, more fudge."

Asked in the Sunday Times magazine yesterday what she "wished she'd known", she replied: "That fudge is addictive."

EXTREMISM CLASH

POLICE detained 53 people as anti-fascists clashed with a march by right-wing extremists in Vienna, Austria, ahead of elections.

DRUNK GULLS ARE ANT AND WRECKED



Stock' car for Madge

★ MADONNA shows a glimpse of stocking - which is nowhere near as shocking as she usually is. The 65-year-old singer sprawled over the front seat and checked her hair in the mirror.

★ Madge was snapped in a 1968 Jaguar after travelling to London. The star wrote on Instagram alongside the pics: "Mood in Lndn." Mad for Ryan: Wired



SLOSHED: Flying insects make seagulls groggy

Birds staggering across the roads

MOTORISTS have been urged to watch out for "drunk" seagulls staggering into the road.

The tipsy birds are causing chaos after getting plastered by gobbling flying ants, which contain "poisons" that make the birds groggy.

An East Sussex Wildlife Rescue and Ambulance Service spokesperson said: "Some gulls are eating the many flying ants around and becoming disorientated due to the toxins ants carry. We're getting inundated with road casualty gulls."

Gulls are tucking into the millions of ants suddenly swarming due to the 31C heatwave.

Ecologist Dr Rebecca Nesbit has said: "Some of the odd behaviour we see from gulls could be as a result of eating ants - it could leave the gulls slightly drunk. We know some ants produce formic acid, and it could be having an effect" "Flying ant day", when

by ANDREW JAMESON

swarms of the insects take off to create new colonies, has started across the UK.

And RSPB gull expert Tony Whitehead has said: "Gulls are mad for ants when they emerge. They are little treats for them."

"Eating ants makes gulls very happy."

"They are distracted and focusing on eating ants rather than, for example, looking out for cars."

andrew.jameson@dailystar.co.uk



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TYRANT: Kim Jong-un

Conflict is full of hot air..

NORTH Korea has launched more balloons carrying rubbish towards South Korea.

It comes two days after the South restarted blaring anti-Pyongyang propaganda broadcasts across the border in retaliation.

South Korea's Joint Chiefs of Staff said the North Korean balloons were flying north of Seoul, the South Korean capital.

North Korea's leader Kim Jong-un argues the initial balloons were launched in response to South Korean activists sending political leaflets to the North via balloons.

This is seen as a major threat to its leadership as the country prohibits official access to foreign news for most of its 26million people, experts say.

WORD OF

MELTDOWN: A disastrous collapse or breakdown.

THE DAY



CRINGE: Snotty nose

Pollen's sneezy date fail

HAY fever sufferers are most embarrassed by their incessant sneezing on a first date.

More than 40% fear their flying snot is a turn-off for potential partners.

Almost a third of Brits with allergies (32%) said the cinema or theatre was the most mortifying place to sneeze, followed by the office (19%) and the gym or swimming pool (9%).

A spokeswoman for Allevia, which held the study, said: "While many members of the public feel embarrassed about sneezing in certain environments, it's also extremely common to suffer from an airborne allergy."

Pictures: REX/SHUTTERSTOCK



Trip's ring hint

THE wife of England ace Kieran Trippier is seen without her wedding ring amid split rumours.

Charlotte Trippier, 34, also posted a cryptic message on Instagram.

But Newcastle United ace Kieran, 33, wore his band at the Euros.



COUPLE: The pair together in April 2022



HOLIER THAN THOU: Jude's distinctive socks

Canny Dan patent plan to cash in on socks symbol Jude

A CANNY businessman hopes to cash in on Jude Bellingham's fad of tearing his football socks by flogging them ready-ripped.

Dan Beck reckons he has spotted a gap in the market for snagged socks and hopes to fill it.

He has just filed documents with the UK's Intellectual Property Office to patent the idea.

The patent bid reads: "Football socks with holes for the calf. Helps with prevention of cramps."

It usually costs around £10,000 in fees and legal advice to get a patent over the line.

But it would allow Dan sole control over marketing the product.

A host of stars such as Jude, his England team mate Kyle Walker and Brazil striker Neymar have been turning their socks into Swiss cheese before matches in a bid to reduce the risk of an injury.

Dr Stefaan Vossen, founder of UK high performance healthcare HQ Core Clinics, said because

by JERRY LAWTON players wear new socks every game it can make them feel tight when they have not been worn in.

"As the match goes on footballers' calves will swell as they fill with blood due to exertion," he said.

"The last thing players want to do is restrict blood supply in their legs so over-tight socks could be a real issue."

jerry.lawton@dailystar.co.uk

Village violence

SEVEN people were arrested after a mass village brawl in which a number of people suffered "minor stab wounds".

The large-scale clashes in High Street, Stokenchurch, Bucks, at around 1am yesterday.

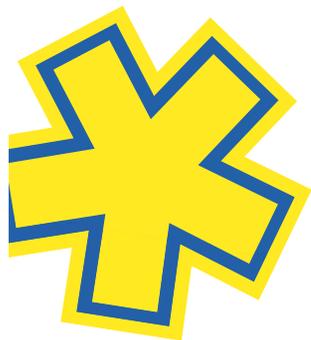
A spokeswoman for Thames Valley Police said: "Some of those injured required hospital treatment but their wounds are not believed to be serious."

Supt Euan Livingstone, of the Bucks local command unit, said: "We are in the very early stages of this investigation and working to establish exactly what took place."



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Pictures: NORTH NEWS

Fit the beach..

★ LIFE'S a beach for this group of fitness fans who took to the sand for a yoga session in the sunshine. The well-attended community event was held at picturesque

■ by NADEEM BADSHAH King Edward's Bay in Tynemouth, North Tyneside. ★ It came as temperatures reached 23C in some parts of the nation yesterday.



BRAINWASH: Homer Future drama

THE Simpsons are brainwashing Britain, 1.8million Brits believe. People think Homer and his family are preparing us for the future. That equates to 4.8% of the adult population believing in an oddball conspiracy theory about space colonies and AI, a poll by bingo site MrQ found. The firm's Rosie Maskell said: "We were shocked at just how many people believe the media is being used to programme them for the future through popular shows like The Simpsons."

Cancer fight Boycott is rushed to hospital



PNEUMONIA: Sir Geoffrey

FEARS FOR CRICKET LEGEND

ENGLAND cricket legend Sir Geoffrey Boycott was fighting pneumonia in hospital last night. It comes just days after the former opening batsman, 83, underwent surgery for throat cancer. He was released from hospital 48 hours later - having first battled the disease back in 2002. But on Sunday afternoon his devastated family revealed the Yorkshire icon had been rushed from home back to hospital after being struck down with

■ by CHRIS RICHES pneumonia. Daughter Emma Boycott posted: "Thank you all for the well wishes, we've been blown away by the sheer number of them! Unfortunately things have taken a turn for the worse and my father has developed pneumonia and is unable to eat or drink so is back in hospital on oxygen and a feeding tube for the foreseeable." Fans were quick to send their best wishes, with one saying: "Prayers for his speedy recovery, get well soon sir"

While another posted on X, formerly known as Twitter: "Sending best wishes and love, He's not short of stubborn determination and will dig in." Sir Geoffrey, who was first diagnosed with throat cancer in 2002, played for Yorkshire and averaged 56.83 with more than 48,000 runs, and 151 centuries. He played in 108 Tests between 1964 and 1982, scoring 8,114 runs including 22 centuries. He then spent 14 years with the BBC's commentary team.

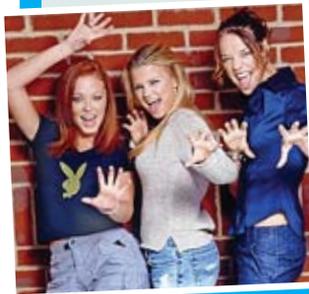
BRIT KIT-HIT NO

ATOMIC Kitten's Natasha Hamilton sharpened her claws when **Britney Spears** wanted to record 2000 hit *Whole Again*. Back in the day, the gals weren't so keen on the idea of the pop princess putting her spin on the catchy ditty. Natasha said: "Britney wanted to release *Whole Again* in America and we said, 'Not a chance, that's ours.' "It had been a hit in the UK but we hadn't been over to America yet so we had to say, 'Back off, bitch!'"

The band's former label boss, **Hugh Goldsmith**, also thought a certain **Kylie Minogue** earworm would've been purr-fect for them.

Nat told NME: "Hugh was fuming because he knew *Can't Get You Out Of My Head* was going to be a smash and he wanted it for us.

"But it was shown to Kylie first. There's no way we could have done it the way Kylie did."



★ **AMEN** to that! **Madonna** gave **Ryan Reynolds** permission to use *Like A Prayer* in the *Deadpool & Wolverine* film.

Far from Hung Up about the pitch, Madge even gave the actor a few pointers on how to employ the 1989 classic in the superhero flick.

★ **Ryan** said: "Madonna doesn't just licence the song. So it was a big deal to ask for it and certainly a bigger deal to use it.

"We went over and met with her and showed her how it was being used and where and why, and she gave me a great note."



I'm not making a t*t of myself!

KATY DEFIANT

DESPITE making a bit of a boob of her big pop comeback, **Katy Perry** is teasing her sexiest LP yet.

Shrugging off the backlash to her questionable feminist anthem *Woman's World*, the superstar said she still has plenty to get off her chest.

Doubling down, Katy spilled: "I'm owning my sexuality. I am owning it. I am standing in it. I feel really responsible. I don't feel ashamed.

"I'm, like, t*ts out, and happy about it. Like, my t*ts give life. I brought a child into this world, and she is alive because of them t*ties, so let's celebrate them!"

Some critics felt the cleavage-heavy music video for the track - produced, controversially, by **Dr Luke** - was more disempowering than empowering. However, Katy insisted that it was satirical.

Hoping to keep abreast of the competition, the chart-topper believes she has grown as

an artist since welcoming daughter **Daisy** into the world with **Orlando Bloom**.

Katy continued: "My life has changed a lot. I have a daughter who is almost four. I became a mother and feel like... I became even more of a woman."

She'll release new album 143 - the numerical expression for love - on September 20, and assured fans the record will be jam-packed with bangers.

Katy, who also plans to tour soon, told French TV: "It is dance-pop. It's got so much energy and rhythm. It's really up and positive and bright and sexy.

"It's cut into three parts. One is a little more like *Dark Horse*.

"Another is like *Walking On Air* meets *Never Really Over* meets *Teenage Dream*.

"And then the other part is very quintessential me. It's like *Hot N Cold* and *California Gurls*."

It sounds Perry promising!



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GOT A STORY?

JAMES CABOOTER'S

WIRED

with TOM STICHBURY

All week

WIRED

DAISY Edgar-Jones had a panic attack when she tried weed for the first time with a pal in Amsterdam. She said: "I fully don't know what happened. I think I passed out and I came to in an ambulance!"

WIRED

THE 2024 Mercury Prize Album Of The Year nominees will be announced on Thursday. Among the judging panel - who will whittle down the list to 12 - are **Jamie Cullum**, **MistaJam** and **Will Hodgkinson**.

WORLD

WORLD

★ **WELL**, it's by no means been a Cruel Summer for **Taylor Swift** as she celebrates the absolute chart dominance of her LP *The Tortured Poets Department*. Across the pond, the record has spent a whopping 12 weeks atop the **Billboard 200** - a feat that didn't pass **TayTay** by.

★ She told fans: "I am completely blown away... that's never happened to an album of mine before, not even close. You're the greatest."

Morgan Wallen's *One Thing At A Time*, and **Songs In The Key Of Life** by **Stevie Wonder** spent 12 weeks at No1.



KEHLANI has been thinking outside the box as she joins forces with girl group **FLO**. Keeping us guessing, the singer said she and the ladies have something special to share.

"It's true... we have an announcement next week," she teased, alongside a snap of her partying with the trio.

Kehlani has already confirmed **Jorja, Stella** and **Renee** would be supporting her on a tour, but now fans are rooting for a collaboration.



JADE Thirlwall received some pearls of wisdom from **Mel C** before launching her solo career. Sporty enjoyed huge success with hits like *Never Be The Same Again* and *I Turn To You* after the **Spice Girls** split.

Former **Little Mix** star Jade said: "I've seen Mel quite a few times out and about, and she's so lovely giving advice, like, 'Are you feeling ready for it?'"



JESY Nelson didn't put the work in for her final song with **Little Mix**, 2020's *No Time For Tears*. Nelson had already clocked off by the time they came to record the song, claims producer **Tré Jean-Marie**.

Over the weekend the tune was certified gold and Tre wrote: "Fun: All of Jesy's BVs [backing vocals] and even one of the leads on *No Time For Tears* are somebody else impersonating her because she was over it."



★ **THINGS** didn't go all that swimmingly for **Kim Petras** at **Gucci's** star-studded summer party, after she dropped her jewellery in the pool.

A fashion emergency was declared when the newly brunette singer, looking ace in a chic tennis dress, lost her golden bracelet.

★ Kim breathed a huge sigh of relief when staff quickly came to the rescue, armed with some skimmers, to retrieve the piece.

The design house's annual shindig in West Hollywood was co-hosted by **Miley Cyrus**.

★ Earlier this year Kim took a break from performing for health reasons but it seems she is on the mend.



SAM Smith really was *In The Lonely Hour* when the singer's 2014 Glastonbury set clashed with **Dolly Parton**.

Sam sighed: "Dolly was playing at the exact same time as me. I think that's the worst set-time ever in the history of Glasto. I still got a crowd but I'm kind of, like, hardwired now."

Next month, Sam will perform at the **BBC Proms** at London's **Royal Albert Hall** - and they won't be wearing anything outrageous.

Sam told *Sidetracked's* **Nick Grimshaw**: "I'm not going to get my clothes off... can you imagine if I turned up in a thong at the Proms?!"



LAT IT LIE, ICE

RAPPER Latto may have long-standing beef with **Ice Spice** - but she's happy to let the situation stew.

Posing in a leopard-print corset for a cover shoot for **Billboard**, the American doubts their rivalry will rev into a **Drake/Kendrick Lamar**-style rap battle. She said: "If I was to do it, it would have to be with somebody I feel like *Imma go tit for tat* with. I really don't mean it as shade. Would she even want to do that? I feel like she's doing her in her lane."

Latto, whose LP *Sugar Honey Iced Tea* is out in August, added: "Everybody gon' take their lil jabs in the music, and it's not even that serious to me."

Tensions have been simmering between the pair over the last few months, with each dropping sneaky diss tracks seemingly aimed at one another.

Maybe it's not too late - or Latto - to make amends.



Pictures: CHRISTIAN CODY

Athlete threats

ARMED Shin Bet security agents have arrived in Paris to protect Israel's Olympic team.

Athletes have received email death threats and via phone.

One threatened a repeat of the 1972 Munich atrocity when 11 Israelis were slain.

Israel Olympic Committee chair Yael Arad said: "It was clear such a troll would come."

RINGS OF STEEL



by JERRY LAWTON in Paris
ONE of the biggest security operations since World War Two has been launched in Paris to safeguard the Olympics.

More than 45,000 police officers, 10,000 soldiers, a squadron of Rafale fighter jets, surveillance planes, Reaper drones and sniper-carrying

Paris ramps up security for Olympics ceremony

choppers will patrol the French capital.

And cameras loaded with AI software will scour the streets

for abandoned packages and crowd surges. A 93-mile exclusion zone will be set up around the city for Friday's opening

ceremony when the teams will parade down the River Seine.

Counter terror deputy commander General Eric Chasboeuf said residents were used to the sight of armed patrols after a string of terror attacks.

"At the beginning it was very strange," he said. "Now, it's in the landscape."

jerry.lawton@dailystar.co.uk

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JOBS GURU

James Innes, best-selling careers author and founder of The CV Centre, solves your work problems...

I don't want online 'pals'

Dear James,

I AM quite a private person but I keep getting friend and follow requests on various social media channels like Facebook and Instagram from people at work.

I feel pressured to accept these people rather than single myself out as unfriendly or difficult, but I also worry it's an intrusion into my private life and that the ones I don't know or necessarily get on with simply want to be nosy. Personally I would rather keep my personal photos and life outside of the office to my real friends. What's the best way round this?

Carl, Leeds

James says:

YOU are perfectly entitled to be a relatively private person, Carl.

On the other hand, more, shall we say, gregarious, people might have difficulty understanding that...

You could get clever with your



INTRUSIVE: Social media

privacy settings on Facebook to control who sees what - and then you can maybe accept colleagues as friends.

But why bother?! Personally, I would leave any such friend requests "hanging" i.e. don't accept them but don't delete them either. And, if anyone asks, say casually that you hardly use Facebook and hadn't noticed their request.

You can just fob anyone off with the excuse that you're not really into social media.

Top tip

IF you're a user of social media then do take advantage of a professional "social scrub" service to clean up your digital footprint. One dodgy drunken photo on Facebook could cost you a job offer.

PULL OUT THE STOPS

LINKEDIN has taken off like a rocket over the past decade and now has well over half a billion users.

The UK ranks fifth in the world in terms of the total number of users in a country but is second only to the USA in terms of the percentage of the population. As a proportion of the so-called "working-age population" it's nearly two thirds.

So it doesn't take a brain surgeon to see why I very strongly recommend getting yourself on LinkedIn and, if you're on there already, why I suggest you pull out all the stops to make sure that your profile stands out from the crowd.

GOT A QUESTION FOR JAMES?

Email: dailystar@cvcentre.co.uk YouTube: @jamesinnes

DAILY STAR TOPS FOR TELLY **DAILY STAR** TOPS FOR TELLY



BIRTHDAY: Dancers
Anton Strictly Gio pal

ANTON Du Beke appeared to ignore any recent Strictly drama as he took to the stage with pal Giovanni Pernice on his 58th birthday.

The Llandudno crowd sang Happy Birthday to the judge on the BBC One dancing show.

Anton said it was "a wonderful serenade" in north Wales while appearing in the Anton And Giovanni: Together tour.

It came as Strictly bosses consider hiring intimacy coaches as well as chaperones after bullying claims about pro dancers such as Pernice and Graziano Di Prima.

An insider said: "Some of them need the boundaries of how normal people behave explained."

"They've been doing it since they were eight."



COMEDY: Corden
Gav & Stacey 'done'

JAMES Corden has "finished" the final rewrites for the Christmas special of Gavin & Stacey.

The 45-year-old has admitted it has only just hit him and co-creator Ruth Jones, 57, that they will "never" again pen material for their beloved characters.

James grew emotional as he said: "We were like, 'Oh that's it now."

"We've finished. We'll never write anything Pam says again... never come up with an interesting thing Bryn's done.' We looked at each other and were like, 'Wow, isn't that amazing?'"



CLASHES: Garage in the Jungle with Sam Thompson, Josie Gibson and Tony Bellew

No more Nigels for the Jungle!



SHOW'S POLITICIAN BAN

I'M A Celebrity bosses have banned politicians from this year's series – as viewers have had enough of seeing them.

■ by NADEEM BADSHAH

The ITV show expects deposed Tory MPs, such as Jacob Rees-Mogg and "Lettuce" Liz Truss, to jostle for a spot in the Jungle.

"They're not doing politicians this year. It's been a heightened year for everyone when it comes to politics, what with the General Election.

But they have decided to bar them after the Nigel Garage controversy last year.

"People have definitely had enough of seeing them on their screens."

The Reform UK MP clashed with the show's bosses, accusing them of censoring him, slashing his airtime and showing him naked while showering in the Jungle. A telly insider said:

Ex-health secretary Matt Hancock finished third in 2022.

Ex-Tory MP Edwina Currie was a contestant in 2014, while Nadine Dorries, left, the former culture secretary, appeared in 2012.

Boris "Bozo" Johnson's dad Stanley was on the show in 2017.

nadeem.badshah@dailystar.co.uk



GET ME IN: Coco and Bozo's dad

MIKE WARD'S BIG STREAM



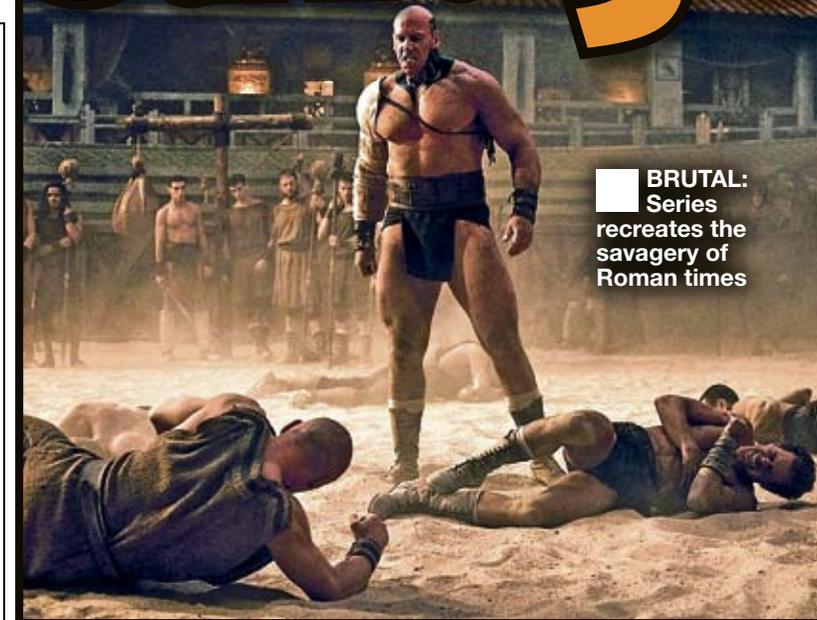
SNEAKERHEAD (BBC iPlayer box set from Thursday)

★★★★
STARRING Big Zuu, Hugo Chegwin and Lucia Keskin, this brilliant workplace sitcom (also available on U) is set in a fictional Peterborough sports store.

Chegwin plays assistant Russell, a loveable lightweight who reckons people's trainers are "the gateway to their souls" – but not the "s***" ones they sell at this place where he works.

Which is kind of awkward, because he's about to be promoted to manager.

Bloody Savage



BRUTAL: Series recreates the savagery of Roman times

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FOR THOSE ABOUT TO DIE

(Prime Video) ★★★★★
ACCORDING to the laws of association football, a player must leave the pitch for treatment if he or she is bleeding.

Which seems fair enough. Lots of other sports have a similar rule.

And yet it hasn't always been that way. Indeed, in the sporting arenas of Ancient Rome, pretty much the opposite applied. The more you bled, the better. Give the crowds what they'd come to see.

A sick bunch, those Romans. Set in 79AD, this new 10-part drama portrays that world in all its gory glory. Starring Anthony Hopkins as the Emperor Vespasian, with Tom Hughes

and Jojo Macari as his treacherous sons Titus and Domitian, it takes us back to a time when satisfying public demand meant putting on the most brutal of battles – from terrifying chariot races to full-on gladiatorial stuff with whopping great swords and all that – to entertain the bloodthirsty masses.

And very few encounters were decided on points. The show's creators actually reckon the roots of today's sports fandom can be traced back to these savage Roman games.

"I know of no other period in history," says writer Robert Rodat, "that has so many echoes and resonances with today's world."

WHITSTABLE PEARL: SERIES TWO

(U box set) ★★★★★
IF we believe the likes of Gordon Ramsay and Tom Kerridge, running a restaurant is a slog.

And yet Whitstable restaurateur Pearl Nolan (Kerry Godliman) not only manages it but also somehow has enough hours free to go solving local crimes.

In series one, she also found time to get more than just chummy with



down-from-Londoner Mike (Howard Charles) – a proper cop.

As we start series two, the pair have decided it's best they stay just friends. In fact, each has already moved on.

Pearl is seeing sweet-but-dull supply teacher Tom (Robert Webb), while Mike is dating the smiley, chirpy Kat (Emily Head).

But are their hearts really in these new relationships? Let's wait and see. For now, they have a missing boy to hunt down...

YOUNG WOMAN AND THE SEA

(Disney+) ★★★★★
FIRST shown in cinemas a couple of months ago, this inspiring film tells the true story of Trudy Ederle (played by Daisy Ridley), the first woman to swim across the English Channel.

Since it's set nearly 100 years ago, you won't be too surprised to hear what Trudy was up against. There was the actual sea, sure,

but also lots of people – mostly blokes – telling her she shouldn't attempt such a feat, that there was no way she'd make it.

Obviously we already know how it ends. But that's not really the point.

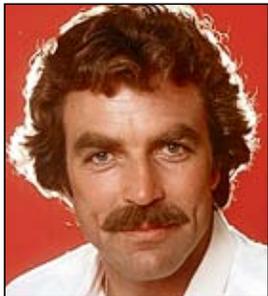
Reaching that goal is only part of the story. It's more about the guts it takes for her to get there.



*Return coach travel from an extensive network of pickup points in England & Wales. Pickup point locations vary and are subject to departure date. Please note that a small number of pickup points will incur a supplement of £15 or £30pp. Operated by Just Go Holidays Ltd. Coach package holidays and short breaks are subject to Just Go! Holidays terms and conditions. Your booking is protected by Bonded Coach Holidays (BCH) and the Association of Bonded Travel Organisers Trust Limited (ABTOT); this is a government approved consumer protection scheme. Tours offered subject to availability. Errors and omissions excepted. Prices are correct at the time of printing and will be honoured for bookings made on or before 27.07.2024. Prices after this date are subject to fluctuation. Prices are per person, based on two people sharing a double/twin room. Single supplements apply. Calls to 033 numbers are free within inclusive minutes packages otherwise standard rates apply. Please see website or call for further details.



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FACE FUR: Selleck

'Taches are real turn-off'

MOUSTACHES - just like the one sported by Magnum, P.I. star Tom Selleck - have been voted the biggest turn off.

The style came top of the "ickiest" facial hair, followed by long beards and goatees, a poll found.

Those taking part were shown photos of blokes with an array of face fuzz and asked to choose the most and least attractive.

But despite mousers being the "least favoured", many blokes - 11% in the UK - still had one.

A spokesman for Wilkinson Sword, which ran the poll, said: "The moustache seems to be a contentious style. It's been voted the least favoured style by people attracted to men, yet it's the fourth most worn style."



WHAT'S UP?

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KIDS' HOLS BLOW

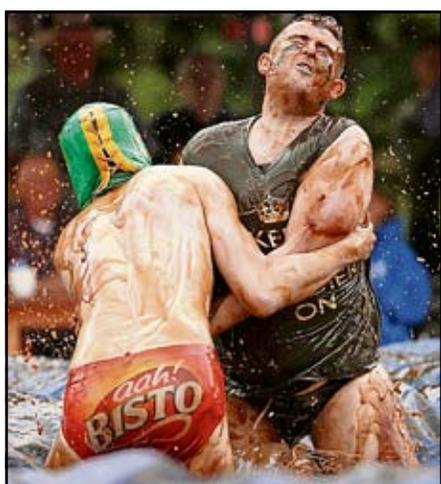
A HOLIDAY is beyond the budget of more than half of UK parents this summer, research by Action for Children found.



Pictures: PA/SEAN HANSFORD/MANCHESTER EVENING NEWS

SAUCE CODE:
Organisers insist competitors keep family day out fun

AARGH BISTO!



JUICES FLOWING: Wrestlers in action

Gravy wrestling plea

WORLD Gravy Wrestling Championships bosses have put a plea out for Bisto-loving Hulk Hogan types to compete in the event.

A drought of gravy gladiators weeks before the 16th run of the annual event has left organisers scratching their heads.

Contest boss Andy Holt said: "It is not about serious wrestling - it is just about having fun."

"We are struggling a bit for competitors this year for some strange reason.

"The judges are marking on en-

■ by AARON TINNEY

tainment value more than anything. It is a great community day."

The tournament is set to be held on August 26 at the Rose 'N' Bowl pub in Stacksteads village, Lancs.

It raises cash for the East Lancashire Hospice, with participants wrestling in fancy dress inside a pool filled with gravy.

Organisers of the family event said: "Serious aggressiveness, roughness or unsportsmanlike conduct will result in disqualification."

news@dailystar.co.uk



BEEF STAKES: Trophy and £50 to winner

Settee's bite hell for dad

A DAD says he has been "riddled" with insect bites after buying a settee.

Bakehouse operative Andrew Wolff, 53, said he was covered in blistered bites from a suspected flea-infested ScS three-seater.

He claims he bought the sofa for half-price - £300 - with staff at the Wakefield, West Yorks, shop saying a "dog jumped on it".

ScS insists Andrew was told it had been "returned" from another customer when he bought it.

Weeding out drug

CANNABIS plants spotted in a community flower bed have been removed.

A shocked resident saw the drug near a Co-op in Ryde, Isle of Wight.

Council clerk Lisa Dyer said: "We would like to thank people for their vigilance in reporting this."

"It was speedily removed and we encourage residents to contact the authorities regarding any and all drug-related issues."

The Dirty Dozen



£230K WRECK

A SUPERCAR is abandoned after the driver who hired it "crashed into a pole and fled". The £230k Lamborghini Huracan was left on Wapping High Street, London. A bystander said the car "almost hit a pedestrian".

Picture: SWNS



CRISIS: Gangs of shoplifters 12 MOBS IN SHOP RAIDS

by NADEEM BADSHAH
JUST 12 gangs are fuelling Britain's shoplifting crisis, it was claimed yesterday.

A joint operation between police and 15 retail giants found a quarter of all offences in England and Wales are carried out by criminal networks.

And it is being fuelled by a dozen mobs - crooks flying in from overseas to steal and then fleeing the same day.

Sussex Police and Crime Commissioner Katy Bourne, national lead on the taskforce called Project Pegasus, said: "A number of arrests have already been made and police forces are collaborating on targeting and disrupting identified groups."

nadeem.badshah@dailystar.co.uk

DAILY STAR SHOP

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Never buy expensive trimmer line again! Lawn Barber uses convenient double-sided blades, you'll never bump or fiddle to extend expensive trimmer line again!

Cordless convenience: Lawn Barber is completely cordless so you can trim all over your entire garden with no more tangled cables or extension cords.

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50 minute run time: trim your entire garden on one charge! Lawn Barber charges in less than three hours, too.

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Adjustable angle trimming head: reangle the trimming head with just a click for more versatile trimming.

13cm cutting diameter: trim with precision thanks to the controlled cutting area.

One handed operation: the trigger and lock require just one hand to operate and the ergonomic hand grip is so comfortable you'll get the job done easily, fast and with less strain!

Features optional stability handle: for extra control you can easily attach the Stability Handle for a super secure grip.

Built-in debris shield: the integrated Debris Shield is designed to stop debris flicking up while you're trimming your garden.

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ASLEEP: Eye mask

Snooze goodies for lags

LAGS were handed lavender bags, ear plugs and eye masks to help them get better kip.

A total of 40 inmates at HMP Askham Grange, a women's open prison in North Yorks, were handed the goodies during a "sleep event".

Prisoners also took part in a quiz and received other lavender products, including soaps.

But despite the workshop, some still find it hard to get a good night's sleep due to "thin" mattresses, an Independent Monitoring Board report from inspectors revealed.

A Prison Service spokesman said: "Askham Grange is for women who are a low risk to society. Improving prisoners' mental health is key to reducing reoffending and events like this encourage good behaviour."



LOST FORTUNE: Sharp

A wash out for Pat pot

FUN House legend Pat Sharp lost a fortune investing in a car wash business.

The star, famed for his previous mullet hairstyle as well as hosting the kids' game show from 1989 to 1999, said it was his "worst ever" financial mistake.

Pat, 62, who has been a DJ on Radio 1, Capital FM, and Heart, said the losses meant he had to downgrade his motor.

He said: "My worst financial decision was investing in a car wash company, which went sour."

"I lost a few tens of thousands of pounds - money I'd put aside to pay my tax." "I had to claw it all back and ended up driving a very small car for a long time."

But the petrolhead added that he now drives a £65,000 F-Type Jaguar.



Pictures: NATIONAL WORLD/SWNS

Mega fan is laid to jest..

BLACKPOOL fan Malcolm Brocklehurst has been buried in a tangerine, aeroplane-shaped coffin to fulfil his final wish. The 89-year-old grandad-of-nine - a renowned aircraft expert from Weeton, Lancs - even rehearsed his send-off on Channel 5 show Bizarre Burials in 2013. Celebrant Richard Spedding said it was "quirky".

EARLY BRITIS ON TO A GRINNER!

Morning chores a boost to your mood



RISE & SHINE: Morning tasks bring joy

BUSY Brits love waking up early and getting stuff done.

Despite our reputation as a nation of moaners, a study has found 74% of us are grinning by breakfast time thanks to completing a "marathon" of chores.

Around 35% of us get more than a dozen ticked off by 9am.

Research from Emmi Caffè Latte found 91% view accomplishing morning tasks - including getting the kids to

school on time and surviving the commute - as joyful "victories".

Also lifting the nation's mood is finishing dull tasks including making the bed and putting out the bins.

But Emmi found Brits still need a boost by around 9.05am to keep their peckers up.

On the downside of the research, 13% of Brits say they hate small talk

in the morning so much that they prefer to get through to lunchtime without speaking.

Other grumpy-pants respondents admit they struggle to get out of bed on time for work - while 12% say they "loathe" their daily commute.

A fifth of those surveyed say they find it difficult to get to their place of work on time.

ANDRE ROYALLY SPILLED BEANS

4 dead after car hits tree

SINGER Peter Andre wrecked a carpet at Buckingham Palace when he spilled a cup of coffee.

The 51-year-old, best known for his 1996 hit song Mysterious Girl, said he was invited to the palace for a Prince's Trust bash in 2019.

He said: "I was telling a joke when I knocked over my black coffee and it stained this beautiful red

■ by STIAN ALEXANDER carpet. One of the staff joked, 'One square metre of this carpet costs more than your house.'

"We laughed, but I was devastated.

"As I left, a security guard at the front gate said, 'Her Majesty is not going to be happy.'

"They all knew about it before I'd left the building."



CUP LOSS: Peter

FOUR men have died after a car crashed into a tree.

Police found the black Renault Clio on the A436 while on patrol shortly before 2am on Sunday.

They believe the vehicle had left the road and collided with a tree in Ullenwood, near Cheltenham, Glos.

Officers said urgent work is being undertaken to identify those involved and notify their next of kin.



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A shaggy rug story

■ by ANDREW JAMESON

★ A GOLDEN retriever looks ready to have a little lie down on this pooch-shaped rug – until it springs to life, below.

The mind-bending pic of the Russian wolfhound in the grass was posted on a Chinese social media site.

★ It sparked a storm online with some concerned folk who viewed it mistakenly thinking the person who posted the snap had actually turned the cardboard cutout-looking canine into a soft furnishing.



Glee for tree king

TREE hugging champ Jim Tubbs-Galley says he achieved "a lifelong ambition".

The hypnoanalyst, 59, of Pangbourne, Berks, won the adult category of the Scottish Tree Hugging Championships.

He said: "I did my face up as a tree, wore tree trousers, to all intents and purposes I was a tree."

LIVING THE STEAM

A DAD says he looks half his age because he drinks water from his veg steamer.

Julius Abraham, 54, from Bristol started 18 years ago.



Spec it be

★ A PAIR of John Lennon's glasses are tipped to sell for £3,000. The specs were taken from Abbey Road Studios in London by a fan in 1968.

★ Unseen photos of The Beatles are also in a sale by Catherine Southon Auctioneers on July 31.



Picture: PA



WIN

A SUMMER OF BOUNCING FUN WITH OXYGEN ACTIVEPLAY

5 LUCKY WINNERS

We've teamed up with Oxygen Activeplay to give five families the chance to jump into an epic summer!

Over the school holidays, Oxygen is making it easier than ever to ditch the devices and get active at one of 11 trampoline parks across the UK: York, Romford, Rayleigh, London at the O2, Derby, Croydon, Acton, Wilmslow,

Leicester, Nottingham and Coventry.

Five lucky families can get their hands on a Summer Pass (4 per winner - worth a total of £260!) which lets them bounce every weekday during the holidays, that's up to 30 bouncing sessions! Plus, they'll be able to enjoy a Feed the Family meal in the cafe once a week.

Packed with interconnected trampolines, giant airbags, soft play areas and more, Oxygen is bringing some big-time fun. Each park also has a programme of special sport-themed activities, exciting games and prizes and a chance to climb the podium every session.

For more information, visit: oxygenactiveplay.co.uk

HOW TO ENTER

Visit dailystar.co.uk/oxygencomp and fill out the form for your chance to win. Entries close at midnight on Thursday August 1, 2024.



Terms and conditions: This competition closes at midnight on August 1, 2024. 5 winners will be selected at random from all submissions after the closing date and will be contacted by email within 7 days of the closing date to arrange claiming the prize. The winner has 7 days from the notification email to claim their prize, failure to respond at this time will result in forfeiture of the prize. For the avoidance of doubt there are 5 prizes to give away. The prizes are 4 Summer Passes per winner, along with a Feed the Family lunch deal once a week, for 6 weeks. If your group is more than 4 people, you can book additional people in advance or on the day, subject to availability and bookings terms. The Summer Passes are valid at any Oxygen, Boost or Red Kangaroo Park, with the exception of Reading. The Oxygen parks are located in York, Romford, Rayleigh, London at the O2, Derby, Croydon, Acton, Wilmslow. The Boost park is located in Leicester. The Red Kangaroo parks are located in Nottingham and Coventry. The passes are valid on weekdays during the summer holidays. For full terms, visit dailystar.co.uk/oxygencomp



BLAST ORDERS FOR 50 BOOZERS

Burned down pubs scourge

■ by MARC WALKER
CAMPAIGNERS have revealed a list of almost 50 pubs subject to redevelopment plans that have been razed to the ground.

The Campaign for Real Ale unveiled the research ahead of the first anniversary of The Crooked House fire.

It shows how cherished pubs earmarked for housing, retail and other uses routinely burn down.

Volunteers investigated the scourge after Staffordshire's Crooked House - known as Britain's wonkiest pub - was burned to the ground and allegedly demolished without permission.

Camra is calling for a statutory duty on local authorities to investigate and remedy breaches of planning law.

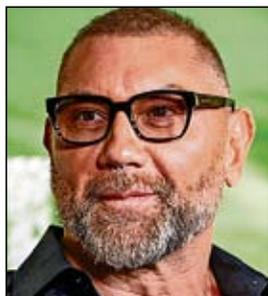
It also wants legislation that compels the restoration of unlawfully demolished pubs through a "brick by brick" rebuilding order, and for the destruction of a pub to become a specific criminal offence.

Camra's Paul Ainsworth said: "We're pursuing these changes to provide greater protection for the nation's pubs, which sadly are closing in their droves."

news@dailystar.co.uk



DOWN AND OUT: Crooked House



FILM IN-JOKE: Bautista

Dave's still got moves

DAVE Bautista tries to "sneak" his signature wrestling move into all of his movies.

The Guardians Of The Galaxy star - who retired from the WWE in 2019 - said his famed "Bautista Bomb" features in a fight sequence in his new action comedy sequel My Spy: The Eternal City.

Dave, 55, admitted he wants to use it in as much of his work as possible to pay tribute to his past career.

He said: "It's one of those Easter eggs. I think if I can get it into every film, I will."

"It's just a nod to my career. A nod to the fans."



Can you guess the year from these five clues?

1. BBC TV's A Question Of Sport, starring boxer Henry Cooper as a captain, makes its debut.
2. British Leyland launch the new luxury Range Rover car.
3. The Beatles release their last album named Let It Be.
4. Donald Sutherland stars in the new movie M*A*S*H set in the Korean War.
5. England's Bobby Moore is wrongly arrested in Colombia, ahead of the World Cup.

No Googling! Answer in tomorrow's paper. Friday's year: 1964

Arrest for city rapes

A MAN in his 40s is being held and quizzed over a series of city centre rapes.

Detectives investigating four incidents in Manchester this year arrested the man in the early hours of yesterday.

Police said the "truly horrific crimes" involved intoxicated men and women, who were also robbed.

Picture: LEWISJOHNSTONE/BNPS



Mystery crops up

★ THIS massive crop circle with five points radiating out from the centre mysteriously appeared in a south coast field.

Photographer Lewis Johnstone used his drone to snap the symmetrical ring, which was found in the appropriately named Badbury Rings, Dorset.

★ A recent survey showed more than 40 football pitches' worth of arable land has been ruined by crop circles in England since 2018.

VENUS COULD BE HOME TO ALIENS

'Signs of life' on white-hot planet



BOFFINS say the discovery of two gases on Venus suggest possible life on the planet.

Phosphine and ammonia were detected in clouds in larger amounts than expected from Venus's chemistry.

On Earth, both of these gases are produced by plants and animals. And there are currently no other known

by NADEEM BADSHAH

natural processes that could create them on 450C Venus.

The gases could be made by cloud-living microbes which adapted to aerial life after the planet's surface got too hot.

Prof Jane Greaves, of Cardiff University, said: "It could be evidence that microbes are saving themselves from corrosion. If

this was an observation of an exoplanet around another distant star we would probably have passed the gold standard for evidence of life."

Dr Dave Clements, from Imperial College London, added: "It may be chemistry that we don't understand. Or possibly life."

nadeem.badshah@dailystar.co.uk

STILL TO COME, FOLKS

JUST JANE



	1			4	6
		6	5	3	
7		2		3	9
7	9	2		6	
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MEGA PUZZLE PAGE

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PANTING POOCHES TO STAY SAFE THIS SUMMER

Keep your dog chill in the sun

★ THE great big ball of fire in the sky has finally been sharing its shine which means we can all finally enjoy the great outdoors. But while you're soaking up the rays, it's important to

remember the risks they can pose to our pets. ★ Here Star Paws columnist **CATHERINE LAMB** shares how to keep our furry friends safe over the summer...

HOW TO KEEP THEM SAFE FROM THE SUN

Top tips for pet owners on sweltering days...

- Avoid the midday sun. Walk your pooch early in the morning or late in the evening to avoid the hottest part of the day.
- Keep them in the shade. Take your dog for walks in wooded areas and create a shaded area in your garden for them to chill in.
- Watch their paws. As we previously reported, artificial grass and pavements can burn our pets' paws. To check if it's too hot for them, place the back of your hand down on the surface for seven seconds.
- Provide plenty of fresh water. Refill their water bowl regularly and bring a water bottle and portable bowl with you on walks and car journeys.
- Keep their skin protected. Use a dog-friendly sun cream on their exposed areas to stop your furry friend from burning.
- Never leave your dog in a hot vehicle. Cars quickly overheat, even when they're parked in the shade with the windows open. Many motorway services are now dog-friendly so all of you can go inside.
- Stay at home. If the weather is too hot then skip the walk. Keep them busy indoors with toys and mental stimulation instead.
- Remember the signs of overheating. These include excessive panting, drooling, drowsiness, vomiting, diarrhoea and collapsing. If you suspect your dog is suffering from heatstroke, move them into a shaded area, bring their temperature down using cool water and ring your vet immediately.

THINGS TO KEEP PETS COOL

Here are some great products to keep your furry friend cool this summer...

- Freezer toys are a great way to keep your dog entertained when it's too hot for walkies. The Frosty Cone Freezer Toy from PetSafe® (£5.99 at uk.petsafe.net) is a good choice. All you need to do is fill it with water and pop it in the freezer.
- Paddling pools are a must to cool down pups who love the water! They'll have loads of fun splashing about in them, and the water will keep them nice and cool.
- Cooling mats like Chillax Cool Pad from Rosewood Pet (RRP £25, available at Pets At Home) are a quick and easy way to cool down your hound. There's no need to chill this one either - just lie it on the floor so your pooch feels the cooling effect.
- Cooling coats and bandanas will keep pups cool on a hot summer's day. Simply dunk in water and then put it on your hound as you would a normal coat or bandana.



DOGGIE RECIPES

Here are some refreshing recipes you can make for your pup to bring their temperature down...

STRAWBERRY ICE CREAM

This recipe from The Kennel Club is easy to make and super yummy...

- Add 165g strawberries to a blender and blitz.
- Mix in 125g plain yoghurt and a teaspoon of honey.
- Pour into ice lolly moulds and freeze for at least five hours.



COOL-AS-A-CUCUMBER CRUNCHIES

Your pooch is sure to love this mouthwatering recipe, which is also from The Kennel Club...

- Chop one medium cucumber into small pieces.
- Put in a blender with 110g Greek yoghurt and

a teaspoon of honey, then blitz together.

● Pour the mixture into bone or paw-shaped moulds then put in the freezer for four hours.

● Take the treats out of the freezer a few minutes before giving to your pooch to ensure they're not too hard for their teeth.

FROZEN FILLING IDEAS

Keep your pooch refreshed and entertained by popping their favourite treat dispenser in the freezer.

Here are some ideas of what you can fill them with...

- Mix some plain yoghurt with xylitol-free peanut butter for a yummy treat.
- Freeze your pup's wet food to make a revitalising dinner that lasts longer.
- Blend some frozen fruit and mix with yoghurt to make a scrumptious canine cooler.



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PAST CARING: O'Sullivan

Ronnie's threat to quit - it's so boring

yawn yawn yawn...the mega boring Ronnie O'Sullivan saying he may quit snooker to play pool...NOBODY CARES... **TETS**

Battle of the Bagpipes. BRILLIANT. Make it yearly viewing please. **ANON ESSEX**

As if Emmerdale's hard-as-nails Kim would be driven out her own home by that bunch of live-in dysfunctional misfits. The sooner she returns to her ruthless business woman self, the better & sends them all packing. **Den, Perth**

totally agree with Craig Charles bring back the old food crispy pancakes and also toast toppers great food .. hate sourdough rubbish. **Stig2**

Joyce, you do know Emmerdale is made up, right? **Mr T**

What a joke that nobody Katie Price making a documentary about her life! Is it going to replace Crufts? **ANGIE B**

never mind a 6 month ban. rashford should have been given a 6 month {at least} prison sentence. what kind of a example is he to kids? **mcf bluecoats**

I love the Harry Brent column agree with everything he says. **Rob Hull**

Dear oh dear ED, imagine sending my last missive of "sir lewis" hoping it would make "joke of the day" only for it to have a pic and capitals!.. fell for that one DINCHA?! **Des in wolves**

so i'm an anon now am i ed, interesting very interesting, re stingrays if you don't already know. **john challenger (This one had your name on. Ed)**

joke of the day from, Crazy Carl. London, "the No-bell one", best one for a while. Keep them coming, **Bazboy**

Worldwide IT crash shows we shouldn't rely on tech



Can I have a pic of a great actress michelle hardwick. *Poetic Justice Luton*

Tech' great wen working at 100%, a complete pain wen not. The global outages, a warning not 2b fully reliant on it... **ANGST**

To lowpay, if cash is no longer ncessary, then, as the it, system has crashed, shops not accepting cards, debit or credit, airport systems down, just a sec, can we start ww111 after it's up & running again or will you accept cash. **Laurence**

so parents are going to continue taking kids out of school for holidays. Don't find them £100 make it £2000 per child. It's ridiculous as parents our children were never taken out of school for a flipping holiday. And no we were not well off. Not setting a good example are they. **EC&AC**

In a victory for common sense, five Just Stop Oil Tarquins have been sent to prison, including Roger Hallam, the co-founder of Extinction Rebellion and Just Stop Oil. Hopefully, these sentences will act as a deterrent against future eco-protesters. **Dave Pinfold, Stockport**

Whats wrong with the thinking of politicians? Firstly they want to build on our precious green belt, then put monster wind farms on peoples doorstep, what the hells wrong with these idiotic nits. Solar panels on roofs is the answer! Help people to implement this logical plan. **Guitarman**

I drive a 10 year old car because that's all I can afford sadly there are no handouts for such as me white working class retired paid all my taxes most of which are necessary because of incompetence in government yet there are lunatics out there that are upset labour didn't abolish the 2 child support for me I

would limit it to one. It's simple If you can't afford more than one child you are NOT entitled for the rest of us to pay for your indulgence. In this day and age where child mortality is a thing of the past I would argue I is enough and no more than 2. Where has the common sense gone in this country? **Pomfretian**

re:Southampton Steve, their interwoven history is long and complex and not for us to be involved. We cannot afford the essentials for our own people let alone finance yet another "rescue". You said it yourself that Hamas keep giving the Israeli forces an excuse to attack. The terrorists are the minority we're led to believe, so that means non terrorists are vastly superior in numbers. Why aren't they overthrowing the bad guys then? **Bedford Boy**

wot a load of old twaddle. Trump says god was on my side. SO THEN, wot had Lincoln, Garfield, McKinley, JFK dun wrong 2 the magic man in the sky? THERE IS NO MMITS. Grow up & face logical reality! **Bantaman**

joe biden etha needs a proper fried brecky or hiz battrys changed. **ARFAGREEK**

JOKES OF THE DAY

What is a ghost's favourite football position? **Ghoulkeeper! Nick Fletcher**

Where did Noah keep his Bees? **In his Ark hive. Phil Southend**

anybody else think the Trump incident was fixed. **God help us. Zip**

Norman, Norwich: so you want freedom of speech and opinions on your terms only? **NFFC**

re: Dennis Fitzgerald, you probably mean well, but your theory about restricting gun access in America is flawed. The reason they all have guns is that it's their right and always has been. In a world where politicians constantly strip away your rights and freedoms, do you honestly think they'll hand over all the guns? Even the most law abiding people won't, because you can 100% guarantee the gangsters, drug dealers and crooks won't! The police would not have the manpower to protect the whole nation if they took away the guns of the law abiding {and self protecting} people. **BB**

Very often when watching TV soaps viewers are warned that some scenes may be upsetting and if you've been affected ring this number. Why don't they warn people that when watching darts on TV some faces that MVG pulls will scare the s*** out of kids? **Willo**

SNAP HAPPY



Dudders is after a treat

SEND us your photos of anything you like - it can be you with a top celeb, some funny looking food, a fantastic view, or maybe your artistic side is coming out? Email with details of what's going on in the pic, who you are and where you're from.



A pic of a host I took in North Yorkshire. **Nick Fletcher**

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SNACKS: Allen

Tom: 'I am big nibbler'

TOM Allen put on weight while filming **Cooking With The Stars** because he kept snacking on set.

The comedian couldn't resist trying many of the dishes made by the celeb contestants.

He said: "We help ourselves to whatever is lying around on the work surfaces and then after the chefs have judged, we nip in and get a taste of what's been made. All the food is so delicious."

"I wear suits that are quite close fitting, so I know when there's more of me. If I'm wearing a waistcoat, it does a lot of hard work."

"But I wouldn't change the show for the world. It's such a dream. It's the best fun. We have a right laugh."

The ITV1 series kicks off on July 30 at 8pm.

★ **The final of The Great British Sewing Bee** has been delayed by 24 hours. Instead of airing in its usual slot tomorrow, it will air on Wednesday at 9pm on BBC One.



HOST: Armstrong

HOST Alexander Armstrong is looking for contestants to compete on quiz show **Pointless**.

New episodes of the hit BBC series are being recorded in the autumn. Apply at bbc.co.uk/takepart

Peggy back to share Hi-de-Hi's and lows



FINN'S CHEEKY PEEKY

FINN Cole is really making a splash with his latest role.

The **Peaky Blinders** hunk plays an Olympic swimmer in stage show **Red Speedo**.

And, as you can see, that means showing off his rippling physique by wearing just some tiny trunks.

It's a world away from the smart outfits he wore to play scheming Michael Gray on **Peaky Blinders** for eight years.

The show has had rave reviews since opening at London's Orange Tree Theatre.



ICONIC: Telly fave Su Pollard

SU'S OFF ON TOUR

SU Pollard is set to reprise her role as **Hi-de-Hi!** favourite Peggy Ollerenshaw.

The TV legend is reviving the iconic character for an Audience With-style stage show.

It will be as part of a sketch during the production.

Su said: "The show will be celebrating my 50 years in showbusiness. Peggy will be making an appearance, she will be there."

"I'll be doing a sketch in the iconic costume. I'm looking forward to it."

Su will also be reviving characters she played on other TV hits including Ivy Teasdale on **You Rang, M'Lord?** and Ethel Schuman on **Oh, Doctor Beeching**.

She said: "The show will have a bit of everything."

"I'll be doing songs and revealing stuff that happened backstage... things that people don't know about."

"I can't cover everything I've done in my career because then the show would last for four nights. People would nod off... they'd miss their bus home. But I'll do as much as I can in the time frame."

The show will tour the country from September.



Turn back a page for today's HOT TV news

All programmes are listed in British Summer Time (BST).

film ratings

★★★★★ Brilliant
★★★★ Very Good
★★★ Good
★★ Average
★ Bad

(R) Repeat

BBC One

6.00am Breakfast News headlines.
9.30 Rip Off Britain (R)
10.15 Expert Witness (R)
10.45 Close Calls: On Camera (R)
11.15 Homes Under the Hammer Property auctions in Coventry, Folkestone and Maidstone. (R)
12.15pm Bargain Hunt Charlie Ross visits the Royal Armouries Museum in Leeds, while Izzie Balmer and David Harper assist the teams in Wetherby.
1.00 BBC News at One; Weather
2.00 Rick Stein's Cornwall The chef visits a deer farm near Bodmin Moor. (R)
2.30 Animal Park A pygmy goat goes into labour. (R)
3.00 Escape to the Country Briony May Williams helps a retired couple who live just outside Belfast move closer to their family in Herefordshire.
3.45 The Repair Shop The experts restore a barber's chair. (R)
4.30 The Finish Line Quiz. (R)
5.15 Pointless Quiz show, with co-host Gyles Brandreth. (R)
6.00 BBC News at Six; Weather
6.30 Regional News; Weather

BBC Two

6.30am Saturday Kitchen Best Bites Highlights. (R)
8.00 Sign Zone: Rick Stein's Food Stories (R)
8.30 Sign Zone: Great Coastal Railway Journeys (R)
9.00 BBC News
12.15pm Politics Live
1.00 Impossible Quiz. (R)
1.45 Make Me a Dealer (R)
2.30 The Customer Is Always Right (R)
3.15 Coastal Defenders The dive team try to clear shellfish that are blocking a ship's pipes. (R)
3.45 B&B by the Sea Shirley Ballas is the next well-known face to check in to the villa. (R)
4.15 Cornwall: This Fishing Life Changes for Cornwall's biggest fishing port. (R)
5.15 Flog It! From Powderham Castle near Exeter. (R)
6.00 Robson Green's Weekend Escapes Sara Davies takes Robson gorge-walking. (R)
6.30 Great Continental Railway Journeys Michael Portillo travels from Stockholm to the Arctic Circle. (R)

ITV1

6.00am Good Morning Britain A lively mix of news, current affairs and lifestyle features.
9.00 Lorraine Entertainment and the latest fashion news.
10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion. Including Local Weather.
12.30pm Loose Women Celebrity interviews and topical debate.
1.30 ITV News; Weather
1.55 Regional News; Weather
2.00 Cooking with the Stars Emma Willis and Tom Allen host the celebrity cookery competition. (R)
3.00 Tenable Five golfing friends from Shropshire answer a series of Top 10 list questions for the chance to win £125,000 in the quiz show hosted by Warwick Davis. (R)
3.59 Regional Weather
4.00 Tipping Point Ben Shephard hosts the popular arcade-themed quiz show. (R)
5.00 The Chase Quiz show, hosted by Bradley Walsh. (R)

Channel 4

6.25am Cheers Double bill. (R)
7.15 Everybody Loves Raymond Four episodes. (R)
9.05 Frasier Four episodes. (R)
11.05 Paris 2024 Paralympics: Meet the Athletes (R)
11.10 Undercover Boss USA (R)
12.05pm Channel 4 News Summary Headlines.
12.10 A New Life in the Sun (R)
1.10 Car S.O.S A 1929 Rolls-Royce Doctors Coupe. (R)
2.10 Countdown Katharine Merry is in Dictionary Corner.
3.00 A Place in the Sun (R)
4.00 NEW The Great House Giveaway Joiner Grant and lettings agent Kelly are paired up to transform a three-floor period terrace in Llanymynech.
5.00 A New Life in the Sun: Where Are They Now? With gite owners in France. (R)
6.00 Come Dine with Me The first host in Swansea is postal worker Rachel. (R)
6.30 The Simpsons Bart feels neglected when Homer and Lisa bond over the book, To Kill a Mockingbird. (R)

Channel 5

6.00am Milkshake! Children's TV.
9.15 Jeremy Vine Discussion.
11.30 Storm Huntley Debate.
12.45pm Friends Double bill. (R)
1.40 5 News at Lunchtime
1.45 Home and Away Mackenzie battles trust issues. (R)
2.15 FILM Stolen Baby: The Murder of Heidi Broussard (2023, 12) Premiere. Fact-based drama about Heidi Broussard, who was kidnapped and murdered by her friend Magen Fieramusca, who then faked a pregnancy and tried to pass off Heidi's baby as her own. Starring Anna Hopkins. ★★★
4.00 Bargain-Loving Brits in the Sun Entertainer Rocking Stephanie is a huge fan of music legend Shakin' Stevens, and has a new look to debut at her gig. (R)
5.00 5 News at 5 Headlines.
6.00 Police Interceptors A suspect heads onto the M1, weaving all over the road at more than 120mph (R); Followed by 5 News Update



8.30pm, SURVIVING THE POST OFFICE: Will Mellor



8pm, THE BATTLE TO BEAT MALARIA: Umesh Shaligram



9pm, LONG LOST FAMILY: Davina McCall and Nicky Campbell



8pm, JAMIE: WHAT TO EAT THIS WEEK: Jamie Oliver



9pm, POLICE: SUSPECT NO 1: DC Heather Butler

7

7.00 The One Show Live magazine show, hosted by Alex Jones and Jermaine Jenas.
7.30 EastEnders Reiss comes up with a new plan as his money troubles mount and Linda struggles to cope on the day of Dean's plea hearing.

7.00 Today at the Test England v West Indies. Action from day five of the second Test in the three-match series. The last time these two teams met in a Test series was back in 2020, when the series took place behind closed doors.

6.00 Regional News; Weather
6.30 ITV Evening News A round-up of the day's headlines; Weather
7.30 Emmerdale Billy finally confesses to Dawn, Rose's behaviour alarms Billy, and Charity is concerned.

7.00 Channel 4 News A round-up of all the latest headlines.
7.55 Paris 2024 Paralympics: Meet the Athletes Boccia player Claire Taggart talks about her love of the game and why she thinks it's the most inclusive sport in the world.

7.00 Traffic Cops A look at incidents involving alcohol or drug abuse. Andy Swift is on the trail of a driver who has allegedly failed to stop after a collision and the officer suspects the driver has been smoking cannabis. (R); 5 News

8

8.00 Panorama In-depth current affairs report covering a story behind the headlines.
8.30 Surviving The Post Office Will Mellor meets some of the real-life sub-postmasters whose lives have been torn apart by the scandal.

8.00 The Battle to Beat Malaria Documentary telling the inside story of the development of a new malaria vaccine that could change the very nature of the fight against the disease. Filmed with access to key scientists on four continents.

8.00 Coronation Street Leanne tackles Rowan about his past, Nick joins Toyah at a nerve-racking appointment with her consultant, Stu encounters a bloodied and battered Mason, and Joel ushers Lauren out of his flat.

8.00 Jamie: What to Eat this Week Jamie Oliver picks the first of the season's tomatoes, combining them with some early potatoes and chorizo in a sauce to make a delicious sticky chicken traybake. Plus, a creamy rice pudding.

8.00 Motorway Cops: Catching Britain's Speeders Outside Newcastle, PC Brian Camsell stops a car with suspected cloned number plates, with the driver claiming to have bought the car that morning for cash – with no receipt.

9

9.00 The Jetty Ember is forced to confess to her family that human bone fragments were found in the boat hut, while a new development propels her into dangerous territory. Crime drama, starring Jenna Coleman. Last in series.

9.00 The Turkish Detective Suleyman goes undercover as a rubbish collector to try to find the serial killer before they strike again, while Ayse turns to an unlikely source for help.
9.45 QI XS Highlights featuring clips on the theme of travel. (R)

9.00 Long Lost Family Davina McCall and Nicky Campbell present the story of Sue Stalley, who was a teenager when she became pregnant and whose mother was so ashamed she would not allow her to keep her son.

9.00 Sophie Morgan's Fight to Fly Sophie Morgan sends a group of disabled travellers to expose the shocking service they can experience when flying. Sophie also becomes the first British female paraplegic to take a zero-gravity flight.

9.00 Police: Suspect No 1 Documentary. In Hull, people are terrorised by a knife-wielding intruder and less than 24 hours later, the same victims are targeted again, but this time by two attackers, and left traumatised.

10

10.00 BBC News at Ten
10.30 Regional News; Weather
10.40 We Hunt Together Double bill. Haunted by visions from her past, Freddy makes a deadly confession that leaves her with no way out. Lola and Jackson investigate a shocking new lead, which throws up more questions; with the Birdman in their sights, Freddy, Jackson and Lola race to unmask the killer once and for all. Psychological thriller, with Eve Myles and Hermione Corfield. Last in series.

10.00 Spent Mia struggles to keep a roof over her head using a high-end hustle, but a welcome distraction comes in the shape of David, the rabbi's brother, who takes her on a date. Michelle de Swarte stars.
10.30 Newsnight Analysis.

10.00 ITV News at Ten; Weather
10.30 Regional News; Weather
10.45 Goodwood Festival of Speed Highlights A celebration of motor racing from its beginnings to the present from Goodwood Estate in West Sussex.

10.00 Celebrity Gogglebox A rolling cast of famous faces watch Five Star Kitchen: Britain's Next Great Chef, The 1% Club, Hijack, Antiques Roadshow, The Yorkshire Vet, 90 Day Fiance UK and This Morning. (R)

10.00 999: Police Hour of Duty The return after a break of the documentary following Derbyshire police. After a two-day manhunt, officers track down a man suspected of carrying out a series of terrifying armed robberies. (R)

11

11.05 The Apartheid Killer Documentary exploring the investigation into a series of shootings in 1980s South Africa, when private security guard Louis van Schoor killed at least 39 people, all of them black.

11.40 Love & Death After a charged moment at a church volleyball match, Candy Montgomery proposes that she and Allan Gore have an affair. Fact-based crime drama, starring Elizabeth Olsen and Jesse Plemons. (R)

11.05 The Great Double bill. Catherine must decide what to do about unrest in the regions, but Velementov is in no state to help her. Peter is tormented; Catherine tries to persuade Peter to come home. Elle Fanning stars.

1.05am Ramsay's Kitchen Nightmares USA. An upmarket bistro in the Chicago suburbs. (R) **1.55 The Simpsons:** double bill (R) **2.45 Becoming Elizabeth** (R) **3.45 Grand Designs** (R) **4.35 Kirstie's Fill Your House for Free** (R) **4.55 Frasier:** double bill (R) **5.45-6.25am Countdown** (R)

11.05 Police 999: Clear & Present Danger Following an assault, armed police chase down a gun-wielding suspect. Officers urgently need to capture a murder suspect, and a police officer is brutally attacked with a machete. (R)

12

midnight

12.10am The Weakest Link. Olympic and Paralympic special of the quiz show, featuring Greg Rutherford, Sally Gunnell, Pete Reed, Sam Quek, Tessa Sanderson, Will Bayley, Jade Jones and Rhona Martin. Last in series. (R) **12.55 Weather** for the Week Ahead **1.00-6.00am** BBC News

12.20am Sign Zone: Countryfile. Charlotte Smith and Sean Fletcher present from Hengistbury Head in Dorset. (R) **1.15 Sign Zone: The Bidding Room.** People try to sell items to five dealers. (R) **2.00 Sign Zone: The Jetty.** Ember offers to help Riz. (R) **3.00-6.30am** This Is BBC Two

12.35am Shop on TV **3.00 Family Fortunes.** Gino D'Acampo hosts the game show, with the Joneses of Liverpool going up against the Bakers of Nottingham for a chance to win the £30,000 jackpot prize. (R) **3.50 Unwind with ITV** **5.05-6.00am** Jimmy's Taste of Florida (R)

1.05am Ramsay's Kitchen Nightmares USA. An upmarket bistro in the Chicago suburbs. (R) **1.55 The Simpsons:** double bill (R) **2.45 Becoming Elizabeth** (R) **3.45 Grand Designs** (R) **4.35 Kirstie's Fill Your House for Free** (R) **4.55 Frasier:** double bill (R) **5.45-6.25am Countdown** (R)

12.05am Traffic Cops (R) **1.00 PlayJO Live Casino Show** **3.00 Riot in the UK: Caught on Camera** (R) **3.50 Inside the Balmoral: Scotland's Finest Hotel** (R) **4.40 Wildlife SOS** (R) **5.10 House Doctor** (R) **5.35 Entertainment News on 5** **5.40 Milkshake!** Monkey (R) **5.45-6.00am Paw Patrol** (R)

ITV2 Freeview 6

6.00am CITV **9.00** World's Funniest Videos
9.30 Totally Bonkers Guinness World Records **10.00** Love Bites **12.00noon** Dress to Impress **1.00** Family Fortunes **2.00** Supermarket Sweep **3.00** Charmed **4.00** Dawson's Creek **5.00** Dress to Impress. With flight attendant Iyren.
6.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition, with Beverley Callard, Kirsty Gallacher and Stephen K Amos taking part.
7.00 **The Masked Singer US** Past and present contestants take part.
9.00 **Love Island** After eight weeks of flirting, fighting and fun in the Spanish sun, the finish line is now in sight.
10.05 **Family Guy** Animated triple bill.
11.35 **American Dad!** Stan is forced to issue Roger with an ultimatum.
12.05am **American Dad!** **12.35** Shopping with Keith Lemon **1.35** Totally Bonkers Guinness World Records **2.35** Unwind with ITV **3.00-6.00am** Teleshopping

U&Dave Freeview 19

7.10am Whose Line Is It Anyway? USA **8.00** Border Force: America's Gatekeepers **9.00** Top Gear **10.00** Extreme Salvage Squad **12.00noon** Storage Hunters UK: four episodes **2.00** James May's Top Toys **3.00** Top Gear **5.00** Gordon's Great Escape
6.00 **Rick Stein's Far Eastern Odyssey** The chef ends his adventure in Bangladesh.
7.00 **Would I Lie to You?** Panel show.
7.40 **Richard Osman's House of Games** Double bill. Trivia-based games.
9.00 **Have I Got a Bit More News for You** Jo Brand hosts, with guests Reginald D Hunter and Charlene White.
10.00 **Have I Got a Bit More 2023 for You** A compilation of the popular news quiz that looks back at the big news of 2023.
11.00 **Taskmaster** With Katherine Ryan.
12.00m't Mock the Week **12.40** Would I Lie to You? **1.20** Big Zuu's Big Eats **2.00** Whose Line Is It Anyway? USA: four episodes **4.00-6.00am** Teleshopping

E4 Freeview 13

6.00am Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs **10.00** Young Sheldon **11.00** Modern Family **12.00noon** The Big Bang Theory: four episodes **2.00** The Goldbergs **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory: four episodes
7.00 **Hollyoaks** Tony wants to do something special for Diane.
7.30 **Celebrity Come Dine with Me** First to host this week is Anthea Turner.
8.00 **Below Deck** Fraser confronts Camille.
9.00 **Gogglebox** The critics opinions on Britain's Got Talent and One Night Stand.
10.00 **Naked Attraction** Featuring singletons from Glasgow and Edinburgh.
11.05 **First Dates** Diners include an Italian restaurant-owner and a plumber's mate.
12.05am The Big Bang Theory **1.05** Brooklyn Nine-Nine **2.00** Modern Family **2.50** Below Deck **3.40** Ramsay's Kitchen Nightmares USA **4.30** The Neighborhood **5.20-6.00am** Brooklyn Nine-Nine

Variations & S4C

WALES As BBC1 except: **1.35-1.45pm** BBC Wales Today; Weather **6.30-7.00** BBC Wales Today; Weather **10.30** BBC Wales Today **10.40** Elis James: Funny Nation **11.10** We Hunt Together **11.55** We Hunt Together **12.40am** The Weakest Link **1.25-6.00am** BBC News
MERIDIAN As ITV1 except: **1.55-2.00pm** ITV News Meridian **6.00-6.30** ITV News Meridian **10.30-10.45pm** ITV News Meridian
CENTRAL As ITV1 except: **1.55-2.00pm** ITV News Central **6.00-6.30** ITV News Central **10.30-10.45pm** ITV News Central
ITV WALES As ITV1 except: **1.55-2.00pm** ITV News Cymru Wales **6.00-6.30** ITV News Wales at Six **10.30-10.45pm** ITV News Cymru Wales
WEST As ITV1 except: **1.55-2.00pm** ITV News West Country **6.00-6.30** ITV News West Country. The latest headlines. **10.30-10.45pm** ITV News West Country. The latest headlines.
ANGLIA As ITV1 except: **1.55-2.00pm** ITV News Anglia **6.00-6.30** ITV News Anglia **10.30-10.45pm** ITV News Anglia
WESTCOUNTRY As ITV1 except: **1.55-2.00pm** ITV News West Country. Headlines.

Telly movies

THE WORLD'S END ★★★★★ (2013) **ITV4, 10.45pm** The World's End is the concluding chapter of director Edgar Wright and actor Simon Pegg's so-called Three Flavours Cornetto Trilogy. The film follows a group of childhood friends who reunite after 20 years to recreate an epic pub crawl in their home town, culminating at The World's End pub. The sci-fi comedy sees the friends' plans disrupted when they discover the town has been taken over by robots.
GIFTED ★★★★★ (2017) **Film4, 6.55pm** A precocious six-year-old girl with a beautiful mind is the glittering prize of an acrimonious custody battle in Marc Webb's deeply moving drama. Gifted gives leading man Chris Evans a meaty dramatic role, in a film laden with delightful surprises - including a stellar performance from 10-year-old McKenna Grace as the quick-witted mathematical prodigy.

GB News F'view 236

6.00am Breakfast with Eamonn and Isabel **9.30** Britain's Newsroom **12.00noon** Good Afternoon Britain. Headlines. **3.00** Martin Daubney
6.00 **Dewbs & Co** Plain-speaking, straight-talking - Michelle Dewberry delivers her take on the day's news.
7.00 **GB News Tonight**
8.00 **Jacob Rees-Mogg's State Of The Nation** Join Jacob for his unmissable take on the day's news.
9.00 **Patrick Christys Tonight**
11.00 **Headliners** The paper review that won't put you to sleep (like the others). Join the all-star comedy cast for an intelligent and insightful look at tomorrow's headlines tonight. Hosts Simon Evans & Dominic Frisby.
12.00m't GB News Tonight **1.00** Jacob Rees-Mogg's State Of The Nation Replay **2.00** Headliners Replay **3.00** Patrick Christys Tonight Replay **5.00-6.00am** Headliners Replay

More4 Freeview 18

8.55am Food Unwrapped **9.30** A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It **12.30pm** Come Dine with Me: five episodes **3.10** Four in a Bed **5.50** Chateau DIY
6.55 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a small car.
7.55 **Grand Designs** Converting a cowshed into a three-bedroom home.
9.00 **Help! We Bought a Hotel** The transformation of an Italian palazzo into a classy hotel starts to pay off.
10.00 **Jobs from Hell: Caught on Camera** A change to watch real-life footage of challenging situations in the workplace.
11.05 **24 Hours in A&E** A patient has broken his leg playing American football, while a resident at a neurological hospital is examined for signs of a stroke.
12.10am **Help! We Bought a Hotel** **1.10** Jobs from Hell: Caught on Camera **2.15** 24 Hours in A&E **3.20-3.50am** Food Unwrapped. Perfectly shelled walnuts.

HotTV CHOICE With **Mike Ward**



SOPHIE MORGAN'S FIGHT TO FLY (9pm, Channel 4) exposes just how appallingly disabled people can find themselves being treated when they head to an airport to board a plane. Campaigner Sophie has hired a group of volunteers to go undercover and record their own experiences on various routes (she's become too prominent a campaigner on this issue to be able to travel incognito herself)

— and, as you'll see, some of their footage is truly shocking. Airlines which I daresay pride themselves on being progressive and forward-thinking seem largely clueless when it comes to accommodating wheelchair users, often making them feel like little more than inconvenient cargo. Who knows, maybe it's not a fashionable enough cause? While equipment exists that can certainly help, all too often it'll turn out that the plane or even the airport doesn't have it. And while there are airline staff who clearly want to do their best to assist, it doesn't look as

though training them for the task has exactly been the company's top priority. There are other staff, meanwhile, whose sheer rudeness you just wouldn't believe. Well, not unless you've been to airport yourself at any time in your life, in which case you probably would. You know the sort of staff I mean, right? When she dares to question the somewhat clumsy treatment she's receiving, one young wheelchair user is warned: "You're going on and on and on. You're now becoming one of the most awkward customers I've ever had."

Follow Mike on Twitter @mikewardontv

DAILY STAR TRAVEL

AMAZING CITY BREAKS & GETAWAYS

3 NIGHTS FROM **£119** PER PERSON



4★ PRAGUE

DEPARTS AUG 2024 - MAY 2025

The Czech Republic's capital is often called the City of a Hundred Spires. At well over a thousand years old, a holiday to Prague is a must for those who love history and architecture. Drink in city views from Prague Castle and stroll through Pruhonice Park - the largest landscaped park in Europe. The hotel is located just only in 5 minute's walk from the Czech National Museum which is just in front of Wenceslas Square.

PRICE INCLUDES

- 3 nights in the St George Hotel
 - Bed & Breakfast
 - Christmas Market Dates available Nov 2024 - Jan 2025
 - Available from 9 UK departure airports
 - Other Durations also available.
- Selected dates FROM: AUG'24 £119 | SEP'24 £119 | OCT'24 £119 | NOV'24 £119 | DEC'24 £119 | JAN'25 £119 | FEB'25 £119 | MAR'25 £119 | APR'25 £119 | MAY'25 £119.

3* ROME Select Dates AUG 24 - MAY, 25

- PRICE INCLUDES**
- BED & BREAKFAST
 - AllInclusive available w/supplement
 - Available from 9 UK departure airports
 - 3 nights in the Rome Garden

3 NIGHTS FROM **£129** PER PERSON

*Selected dates FROM: Nov'24, Dec'24, Jan'25, Feb'25 from £129 | Mar'25 from £159 | Aug'24, Oct'24, Apr'25, May'25 from £239 | Sep'24 from £339.

4* MARRAKECH Select Dates Aug 24 - Apr 25

- PRICE INCLUDES**
- ALL INCLUSIVE
 - Other Durations also available.
 - 4 nights in the Labranda Targa Club Aqua Park
 - Solo Travellers welcome, please call

4 NIGHTS FROM **£179** PER PERSON

*Selected dates FROM: Jan'25, Feb'25 from £179 | Nov'24, Dec'24 from £199 | Mar'25 from £229 | Sep'24 from £259 | Oct'24 from £299 | Aug'24, Apr'25 from £359.

4* BENIDORM Select Dates AUG - DEC 24 & FEB - MAY 25

- PRICE INCLUDES**
- ALL INCLUSIVE
 - From 12 UK departure airports
 - 7 nights in the Rosamar

7 NIGHTS FROM **£299** PER PERSON

*Selected dates FROM: Nov'24, Dec'24 from £299 | Feb'25, Mar'25 from £379 | Oct'24, Apr'25 from £459 | Sep'24 from £559 | May'25 from £659 | Aug'24 from £699.

5* TURKEY Select Dates AUG - NOV 24 & MAR - APR 25

- PRICE INCLUDES**
- ALL INCLUSIVE
 - From 8 UK departure airports
 - 7 nights in the Mukarnas Resort & Spa Hotel

7 NIGHTS FROM **£299** PER PERSON

*Selected dates FROM: Nov'24, Mar'25 from £299 | Apr'25 from £399 | Oct'24 from £499 | Sep'24 from £659 | Aug'24 from £799.

TO BOOK CALL 0203 598 8694

Terms and Conditions: Calls cost 5 p from a BT landline. You may also be charged a connection fee. Mobile and other providers' charges may vary. Monday - Friday 8 am - 10 pm, Saturday 8 am - 9 pm, Sunday 9 am - 9 pm. Prices are per person, based on two people sharing, and are subject to availability. Flights based on London departures, and regional departures are available as a supplement. Excludes baggage and transfers unless stated. Excludes school/peak holidays. The star ratings that are shown are the tour operators' own. Different countries have different standards; so a three-star hotel in one country may not be the equivalent to another country. City tax may be payable in the resort. DCC no charge, Amex Card Charges 0% and CCC 0%. The image might not reflect the actual holiday experience. Holidays are operated by and subject to the booking conditions of Best Online Holidays, TTA 06238 ATOL12016 protected, a company independent of Reach PLC. When you respond, Reach PLC and other companies in the Reach PLC Group may contact you with offers/services that may be of interest. Please give your mobile or email details if you wish to receive such offers by SMS or email. We will not give your details to other companies without your permission; please let us know if you are happy for us to do so.



Sport

SKY SPORTS MAIN EVENT

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** Test Cricket Bitesize
10.15 **LIVE** Test Cricket England v West Indies. Coverage of day five of the Second Test in the three-match series, held at Trent Bridge. The last time these two teams met in a Test series was back in 2020, when the Covid-19 pandemic meant that the series had to take place behind closed doors, with the hosts winning the series 2-1. The final Test in this series starts on Friday, as the series heads to Edgbaston in Birmingham.
7.00pm **LIVE** Tennis Coverage of the day's action on the WTA and ATP Tours, as the season continues with a number of clay and hard-court tournaments around the world.
10.00 Sky Sports News **10.30** Back Pages Tonight **11.00pm-6.00am** Sky Sports News

SKY SPORTS CRICKET

6.00am Vitality T20 Blast Cricket **7.00** Test Cricket **8.00** Test Cricket Bitesize **8.15** The Hundred Bitesize **8.30** Test Cricket **9.25** Stuart Broad - My Greatest Spells **9.50** Best of England v Windies **10.00** Test Cricket Bitesize
10.15 **LIVE** Test Cricket England v West Indies. Coverage of day five of the Second Test in the three-match series, held at Trent Bridge. The last time these two teams met in a Test series was back in 2020, when the Covid-19 pandemic meant that the series had to take place behind closed doors, with the hosts winning the series 2-1. The final Test in this series starts on Friday, as the series heads to Edgbaston in Birmingham.
7.00pm Every Ball Counts **7.30** Every Ball Counts **8.00** Test Cricket **9.00** Every Ball Counts **9.30** Every Ball Counts **10.00** Test Cricket **11.00** Test Cricket Bitesize **11.15** Secrets of Success
12.00m't Test Cricket **1.00** T20 Blast 2010 **4.00** Inside Southern Brave **5.00** The Hundred Bitesize **5.15** The Hundred Bitesize **5.30** The Hundred Bitesize **5.45-6.00am** The Hundred

SKY SPORTS FOOTBALL

6.00am Retro League One **8.00** EFL Cup Highlights **8.30** EFL Trophy Football **9.00** EFL Greatest Games **10.00** EFL Cup **11.00** EFL
12.00noon Bundesliga Highlights Show
1.00 WSL **1.30** Women's Championship Show **2.00** Scottish Premiership Round-Up **2.30** Championship Season Review **3.30** EFL Goals **5.30** EFL Greatest Games
6.00 Bundesliga **6.30** Bundesliga Highlights Show **7.30** WSL **8.00** Women's Championship Show **8.30** Scottish Premiership Round-Up **8.45** Scottish Premiership Round-Up **9.00** Championship Season Review **10.30** EFL
12.00m't EFL Highlights **1.00** EFL **2.00** EFL Highlights **3.00** EFL Greatest Games **4.00-6.00am** Championship Retro

TNT SPORTS 1

6.00am T100 Triathlon World Tour **6.30** The Football's On **8.30** International Rugby Union **10.00** AFL **4.00pm** T100 Triathlon World Tour **4.30** Major League Cricket Highlights **5.00** MLB **6.00** **LIVE** MLB New York Yankees v Tampa Bay Rays (Start time 6.05pm). The American League East match from Yankee Stadium.
9.15 MLB Plays of the Week **9.45** Born Racers **11.00** WWE Raw Highlights **12.00m't** WWE
1.00 **LIVE** WWE Monday Night Raw
4.15 What Went Down **4.45** UEFA Champions League - Stories of the Finals **5.00-6.00am** Andrew Mensah's Stand Up Kickabout

TNT SPORTS 2

6.00am UEFA Champions League
6.30pm **LIVE** Ultimate Pool Coverage of Group 6 of the Ultimate Pool Pairs Cup, which takes place at the Players Pool & Snooker Lounge in Newcastle-under-Lyme.
9.30 Fight Week **10.15** Tom Aspinall's Fight Lab. The Interim UFC Heavyweight Champion previews UFC 304 at Co-op Live in Manchester, which will see him defend his title against Curtis Blaydes in the co-main event. **11.15** UFC Fight Flashback. A look back at the best of the action from the UFC 278 rematch between Kamaru Usman and Leon Edwards as they fought in Salt Lake City, Utah, USA for the welterweight title.
12.45am Major League Cricket Highlights. Los Angeles Knight Riders v MI New York.
1.15 **LIVE** Major League Cricket San Francisco Unicorns v Washington Freedom. Coverage of the T20 match from Grand Prairie Stadium in Grand Prairie, Texas.
5.15 Crouchy and Cole **5.45-6.00am** What I Wore

EUROSPORT 1

6.30am Snooker: Shanghai Masters **8.30** Cycling: Tour de France **9.30** Tour de France - The Breakaway **10.00** Climbing World Cup
12.00noon Snooker: Shanghai Masters **2.00** Cycling: Tour de France **3.00** Tour de France - The Breakaway **3.30** Olympic Games: The Power of the Olympics. Stories concerning the Games. **4.00** Climbing World Cup
6.00 Snooker: Shanghai Masters **8.00** Cycling: Tour de France **9.00** Ultra Trail: World Tour **10.00** Cycling: Second to None **10.45** Skateboarding: Concrete Dreams **11.00** Climbing World Cup **1.00am** SailGP **2.00** Snooker: Shanghai Masters **4.00-6.00am** Olympic Games: La Vie Sportive

Entertainment & Factual

BBC THREE Freeview 23

7.00pm Celebrity MasterChef **8.00** Gavin & Stacey **8.30** Ghosts US **8.50** The Catch Up **8.55** Ryan Tricks on the Streets **9.00** Paddy & Molly: Show No Mersey **10.00** The Instagram Effect **10.50** Pobl Bachyn **11.00** Him & Her **12.00m't** Gavin & Stacey **12.25** Paddy & Molly: Show No Mersey **1.25** Hunting the Catfish Crime Gang **2.25** Sky High Club: Scotland and Beyond **2.55-3.55am** Him & Her

BBC FOUR Freeview 9

7.00pm Coastal Path **7.30** Railway Walks with Julia Bradbury **8.00** Art of France **9.00** Rebuilding Notre-Dame **10.00** Paris **11.00** Private Life of a Masterpiece **11.50** Michelangelo: The Good, The Bad, and The Ugly **12.50am** Coastal Path **1.20** Railway Walks with Julia Bradbury **1.50** Rebuilding Notre-Dame **2.50-3.50am** Art of France

5USA Freeview 21

9.00am NCIS **11.55** Entertainment News on 5 **12.00noon** Law & Order **3.00** Law & Order: Criminal Intent **6.00** NCIS **9.00** NCIS: Hawai'i **10.00** Law & Order: Special Victims Unit **1.55am** Law & Order **2.50** Criminal Minds **3.35-4.00am** Criminals Caught on Camera

ITV3 Freeview 10

6.00am Emmerdale **7.00** Classic Coronation Street **8.05** Agatha Christie's Poirot **10.30** The Royal **11.35** Heartbeat **1.40pm** Classic Emmerdale **2.40** Classic Coronation Street **3.50** Inspector Morse **6.00** Heartbeat **8.00** Vera **10.00** Unforgotten **11.50** The Royal **12.40-2.30am** Upstairs, Downstairs

ITV4 Freeview 26

6.00am World of Sport **6.10** Minder **7.10** The Professionals **8.15** Dempsey and Makepeace **9.15** The Champions **10.20** Kojak **11.25** The Protectors **12.00noon** Tour de France Highlights **1.00** Made in Britain **1.35** The Champions **2.40** Kojak **3.45** Minder **4.50** The Professionals **5.55** BattleBots **7.00** The Chase Celebrity Special **8.05** **FILM** The Living Daylights (1987/PG) **★★★** **10.45** **FILM** The World's End (2013/15) **★★★★★** **12.50am** Motorsport UK **1.45** Auto Mundial **2.15** Motorsport Mundial **2.40-3.00am** Unwind

REALLY Freeview 17

6.00am Fantasy Homes by the Sea **7.00** Cruise TV with LoveitBookit **8.00** Salvage Hunters **11.00** Antiques Road Trip **12.00noon** Money for Nothing **2.00** The Repair Shop **3.00** Antiques Road Trip **5.00** The Edinburgh Auction House **7.00** Antiques Road Trip **9.00** **NEW** The Derbyshire Auction House **10.00** The Repair Shop **11.00** Help! My House Is Haunted **1.00am** Dead Files **2.00** Teleshopping **4.00-6.00am** Salvage Hunters

SKY ARTS Freeview 36

6.00am Andrea Bocelli: The Journey **7.15** The South Bank Show Originals **7.45** The Joy of Painting **8.55** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Brad Pitt **12.00noon** The Joy of Painting **1.00** Tales of the Unexpected **2.00** Brunelleschi's Impossible Dome **4.00** Discovering: Matt Damon **5.00** The Joy of Painting **6.00** Tales of the Unexpected **7.00** Painting Birds with Jim and Nancy Moir

BBC RADIO 1

97.6-99.8MHz **6.57am** Newsbeat **7.00** Radio 1 Breakfast with Greg James **11.00** Rickie, Melvin and Charlie **12.45pm** Newsbeat **1.00** Matt and Mollie **3.30** Newsbeat **3.32** Going Home with Vick, Katie and Jamie on Radio 1 **5.45** Newsbeat **6.00** Radio 1's New Music Show with Jack Saunders **8.00** Radio 1's Future Artists **10.00** Radio 1's Power Down Playlist **11.00** Rock Show **1.00am** BBC Introducing Rock on Radio 1 **2.00** Radio 1's Future Alternative **3.00** Radio 1 Relax **4.00** Radio 1 Pop Anthems **5.00-6.57am** Radio 1 Early Breakfast with Dean McCullough

BBC RADIO 2

88-91MHz **6.30am** The Breakfast Show **9.30** Gary Davies **12.00noon** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whaley's Shiny Happy Playlist **7.30** Jo Whaley **9.00** The Blues Show with Cerys Matthews **10.00** Trevor Nelson's Magnificent 7 **10.30** Trevor Nelson's Rhythm Nation **12.00m't** OJ Borg **2.30** One Hit Wonders with OJ Borg **3.00** Class of '84 **3.30** Class of '84 **4.00-6.30am** Owain Wyn Evans

BBC RADIO 3

90.2-92.4MHz **6.30am** Breakfast **9.30** Essential Classics **1.00pm** Classical Live **4.00** Composer of the Week **5.00** In Tune **7.00** Classical Mixtape **7.30** BBC Proms 2024 **10.00** Night Tracks **11.30** 'Round Midnight **12.30-6.30am** Through the Night



The Cleaning Lady
Sky Witness, 9pm
 As Arman and Nadia plan their most dangerous scheme yet, Thony (Elodie Yung, left) begins to question her alliances. Meanwhile, Garrett zeroes in on a suspect in Maya's death.

8.00 Battle of the Bagpipes **9.00** Andre Rieu: Romantic Paradise **10.45** Andre Rieu: Welcome to My World **11.45** Classic FM Live: Classical Anthems **1.45am** Academy of Ancient Music: Vivaldi's Four Seasons **3.15** **FILM** Janine Jansen: Falling for Stradivari (2021/U) **★★★** **4.10** Cheltenham Literature Festival **5.10-6.00am** The Art of Architecture

GOLD

8.05am Only Fools and Horses **8.40** Keeping Up Appearances **9.20** Ever Decreasing Circles **10.00** Are You Being Served? **10.40** Porridge **11.20** Last of the Summer Wine **12.40pm** Keeping Up Appearances **1.20** Ever Decreasing Circles **2.00** Porridge **2.35** Dad's Army **3.15** Are You Being Served? **4.00** Last of the Summer Wine **5.20** Porridge **6.00** Keeping Up Appearances **6.40** Dad's Army **8.00** Blackadder II **8.40** Only Fools and Horses **9.20** The Young Ones **10.05** Victoria Wood as Seen on TV **10.45** Blackadder II **11.30** Only Fools and Horses **12.10am** The Young Ones **12.55** Victoria Wood as Seen on TV **1.35** The Cockfields **2.10** The Two Ronnies **2.55-4.00am** Hi-de-Hi!

U&YESTERDAY Freeview 27

6.10am Space Shuttle: Triumph and Tragedy **7.10** Underground Worlds **8.00** Abandoned Engineering **10.00** Buildings That Fought Hitler **11.00** Secret Nazi Bases **12.00noon** Find It, Fix It, Flog It **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** The Buildings That Fought Hitler **5.00** Secret Nazi Bases **6.00** Antiques Roadshow **7.00** Find It, Fix It, Flog It **8.00** Abandoned Engineering **9.00** Agatha Christie: Lucy Worsley on the Mystery Queen **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00m't** Great British Railway Journeys **1.00-3.00am** Secrets of the Railways

ALIBI

7.15am Murdoch Mysteries **9.00** The Doctor Blake Mysteries **10.00** Elementary **11.00** Hudson & Rex **12.00noon** Father Brown **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** Elementary **5.00** Father Brown **6.00** Hudson & Rex **7.00** Elementary **8.00** Death in Paradise **9.00** Father Brown **10.00** Pretty Hard Cases **11.00** Elementary **12.00m't** CSI: Vegas **1.0-3.00am** Murdoch Mysteries

SKY MAX

6.00am NCIS: New Orleans **7.00** SEAL Team **8.00** The Flash **9.00** Stargate SG-1 **11.00** NCIS: New Orleans **12.00noon** The Flash **1.00** MacGyver **3.00** Hawaii Five-0

Radio

CHOICE

Gary Davies Radio 2, 9.30am
 Gary sits in for Vernon Kay, and all this week he will be joined by award-winning singer-songwriter Delta Goodrum who will be sharing her Tracks Of My Years. Delta is a and one of the highest-selling Australian artists in history, and she will be performing at Radio 2 In The Park in Preston this September.

BBC RADIO 4

FM 92.4-94.6MHz **6.00am** Today **9.00** Orwell vs Kafka **9.30** Natalie Haynes Stands Up for the Classics **10.00** Woman's Hour **11.00** Policing Protest **11.45** Child **12.00noon** News **12.04** You and Yours **12.57** Weather **1.00** The World at One **1.45** Escape from the Maze **2.00** The Archers **2.15** Ed Reardon's Week **2.45** Gambits **3.00** A Good Read **3.30** God Next Door **4.00** Donald Trump and Black America **4.30** Alexei Sayle's Strangers on a Train **5.00** PM **5.57** Weather **6.00** News **6.30** Mark Steel's in Town **7.00** The Archers **7.15** Front Row **8.00** The Briefing Room **8.30** BBC Inside Science **9.00** History's Secret Heroes **9.30** To Catch a Scorpion **10.00** The World Tonight **10.45** Book at Bedtime: Yellowface **11.00** The System **11.30** Today in Parliament **12.00m't** News **12.30** Child **12.48** Shipping Forecast **1.00** As BBC World Service

4.00 S.W.A.T **5.00** SEAL Team **6.00** Stargate SG-1 **8.00** Flintoff: Lord of the Fries **9.00** Mr Bigstuff **10.00** The Walking Dead **12.00m't** Warrior **1.00** The Force: North East **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00-6.00am** Highway Patrol

SKY ATLANTIC

6.00am Fish Town **7.55** Six Feet Under **10.05** Gomorrah **12.15pm** Game of Thrones **1.25** The Sopranos **3.35** Six Feet Under **5.45** Gomorrah **7.45** Game of Thrones **9.00** House of the Dragon **10.20** The Last of Us **11.25** House of the Dragon **12.45am** Succession **1.55** The Leftovers **2.55** Game of Thrones **4.05-6.00am** Fish Town

SKY WITNESS

6.00am Bondi Rescue **7.00** Border Patrol **8.00** Stop, Search, Seize **9.00** Highway Cops **10.00** Send in the Dogs **11.00** Blue Bloods **12.00noon** The Rookie **1.00** Chicago Fire **2.00** FBI: Most Wanted **3.00** Send in the Dogs **4.00** Nothing to Declare **8.00** Blue Bloods **9.00** The Cleaning Lady **10.00** Coroner **11.00** Chicago Fire **12.00m't** For Life **1.00** The Good Doctor **2.00** **NEW** Elsbeth **3.00** The Force: North East **4.00** Paramedics Australia **5.00-6.00am** Sun, Sea and A&E

SKY COMEDY

8.00am Will & Grace **9.00** The Conners **10.00** In the Long Run **10.30** How to Make It in America **11.40** Ballers **12.50pm** The Comeback **2.10** How to Make It in America **3.20** Ballers **4.30** In the Long Run **5.00** Will & Grace **6.00** The Office (US) **7.00** The Conners **8.00** Will & Grace **8.50** Last Week Tonight with John Oliver **9.35** Stewart Lee, Basic Lee: Live at the Lowry **11.35** Last Week Tonight with John Oliver **12.20am** Sex and the City **1.30** Real Time with Bill Maher **2.40** Silicon Valley **3.50-5.00am** The Comeback

DISCOVERY

6.00am How It's Made **7.00** Deadliest Catch **8.00** Blowing Up History **9.00** How the Universe Works **10.00** Iron Resurrection **11.00** Wheeler Dealers World Tour **12.00noon** Wheeler Dealers **1.00** Treehouse Masters **3.00** Mystery at Blind Frog Ranch **4.00** Flying Wild Alaska **5.00** Salvage Hunters **6.00** Iron Resurrection **7.00** Fish or Die **8.00** Wheeler Dealers World Tour **9.00** Shorty's Dream Shop **10.00** **NEW** Last Chance Garage **11.00** **NEW** Chasing Glory: Road to Paris 2024 **12.00m't** Mysteries of the Deep **1.00** Shorty's Dream Shop **2.00** Last Chance Garage **3.00** Gold Rush **4.00-5.00am** Moonshiners

NATIONAL GEOGRAPHIC

8.00am Food Factory USA **9.00** Air Crash Investigation **10.00** WW2: Hell Under the Sea **11.00** Nazi Megastructures **12.00noon** Car S.O.S **1.00** Pacific War Megawrecks: Drain the Oceans **2.00** Air Crash Investigation **3.00** Hitler's Last Stand **4.00** Lost Treasures of Egypt **5.00** Car S.O.S **6.00** Seconds from Disaster **7.00** Air Crash Investigation **8.00** Construction Fails **9.00** Air Crash Investigation: Special Report **10.00** Air Crash Investigation **12.00m't** Banged Up Abroad **1.00** Wicked Tuna **2.00** Lords of War **2.30** Made in a Day **3.20** Food Factory **4.10-5.00am** Exotic Animal ER: Double Dose

Movies

FILM4

11.00am Against the Wind (1948/PG) Thriller, starring Simone Signoret. **★★★**
12.55pm The Wrong Box (1966/U) Black comedy, starring Ralph Richardson. **★★★**
3.05 Barnacle Bill (1957/U) Comedy, starring Alec Guinness and Irene Browne. **★★**
4.50 The Bedford Incident (1965/PG) Cold War thriller, starring Richard Widmark. **★★★★★**
6.55 Gifted (2017/12) Drama, starring Chris Evans and Lindsay Duncan. **★★★★★**
9.00 Top Gun: Maverick (2022/12) Pete 'Maverick' Mitchell gets called back to the Top Gun academy, where he must train a new band of recruits for a deadly mission. Action drama, starring Tom Cruise. **★★★★★**
11.35 The Hunt (2019/15) Horror thriller, with Betty Gilpin and Hilary Swank. **★★★★★**
1.20-3.50am Bandits (2001/12) Comedy crime adventure, starring Bruce Willis. **★★★★**

SKY CINEMA PREMIERE

6.05am Deep Sea (2023/PG) See 2.00pm for details. **★★★**
8.10 Uproar (2024/12) See 4.00pm for details. **★★★**
10.15 Please Don't Destroy: The Treasure of Foggy Mountain (2023/15) Comedy, starring Martin Herlihy and John Higgins. **★★★★★**
12.00noon Mean Girls (2024/12) See 8.00pm for details. **★★★**
2.00pm Deep Sea (2023/PG) Animated adventure, featuring the voices of Brian Flaccus and Angela Malhotra. **★★★**
4.00 Uproar (2024/12) Drama, starring Minnie Driver and Rhys Darby. **★★★**
6.00 Anyone But You (2023/15) Romantic comedy, starring Sydney Sweeney. **★★★★★**
8.00 Mean Girls (2024/12) Musical adaptation of the cult classic, with Angourie Rice. **★★★**
10.00 LaRoy, Texas (2023/15) Comedy crime caper, starring Steve Zahn. **★★★**
11.55 Eileen (2023/15) Thriller, with Thomasin McKenzie and Anne Hathaway. **★★★**
1.40am Drift (2023/15) Drama, starring Cynthia Erivo and Alia Shawkat. **★★★**
3.20 Manodrome (2023/15) Thriller, starring Jesse Eisenberg and Adrien Brody. **★★★**
5.00-6.00am Sky Cinema Preview-July 2024

SKY CINEMA DRAMA

4.10pm Aisha (2022/15) Drama, starring Letitia Wright and Josh O'Connor. **★★★★★**
5.55 BlackBerry (2023/15) Comedy, starring Jay Baruchel and Glenn Howerton. **★★★**
8.00 Oppenheimer (2023/12) J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and end the Second World War. Biopic, starring Cillian Murphy. **★★★★★**
11.05 Meet Joe Black (1998/12) Drama, starring Brad Pitt and Anthony Hopkins. **★★**
2.10am West North West (2015/15) Drama, with Hanae Kan and Sahel Rosa. **★★★**
4.25-6.25am Der Kaiser (2022/PG) Drama, starring Klaus Steinbacher. **★★★**

SKY CINEMA FAMILY

4.00pm Goosebumps (2015/PG) Fantasy adventure, starring Jack Black. **★★★**
5.50 Scooby-Doo (2002/PG) Comedy adventure, starring Sarah Michelle Gellar. **★★**
7.25 Scooby-Doo 2: Monsters Unleashed (2004/PG) Comedy adventure, with Sarah Michelle Gellar and Matthew Lillard. **★★**
9.05 Despicable Me 3 (2017/U) Animated sequel, with the voice of Steve Carell. **★★★★★**
10.50 Patch Adams (1998/12) Drama, with Robin Williams and Monica Potter. **★★★★★**
1.00am Robo-Dog (2015/PG) Family sci-fi adventure, starring Michael Campion. **★★★**
2.40 Blithe Spirit (2020/12) Comedy, starring Isla Fisher and Dan Stevens. **★★★★★**
4.25-6.05am Pups United (2015/U) Family adventure, starring Matthew James Roberts and Kristin Carey. **★★★**

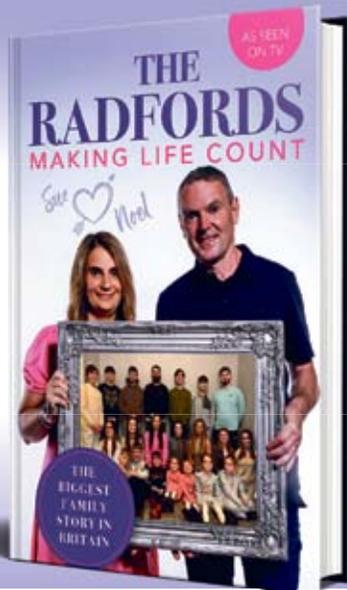
TALKING PICTURES TV

4.05pm The Thief (1952/PG) Spy thriller, starring Ray Milland and Martin Gabel. **★★★**
7.00 The Footage Detectives Documentary. **8.00** Enemy at the Door Seventies drama. **9.05** Ten Little Indians (1989/PG) Agatha Christie murder mystery, starring Donald Pleasence

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Divorce left me lonely

SINCE my divorce I'm lonelier than I've ever been.

No one fancies me. When I was married, I had loads of offers of sneaky sex, but now my admirers have evaporated.

My brother claims he was "only joking" when he said loads of his friends fancied me.

My newly divorced next door neighbour runs away whenever he spots me in the street.

I've been divorced for eight months and assumed I'd be in a new relationship by now, only I haven't had sex with anyone.

Even married female friends view me as a threat. How did it come to this?

JANE SAYS: You have to accept that this is a new beginning.

Looking back isn't an option. Take your time regarding a new romance, get to know who you really are and set yourself personal challenges.

If you've always fancied a change of career or a trip to the other side of the world then go for it because you'll then meet new people along the way.

This is an exciting time for you and it's important that you get on with living.

If your brother's friends and neighbour aren't interested in you then that's their loss.

Her mood swings leave me terrified

WRONG WORD & IT'S HELL

I CAN no longer deal with my stropy girlfriend's mood swings.

Friends assume she's the life and soul of the party. But she's a very different person at home.

Her state of mind can switch in a heartbeat. One minute we're laughing and joking about her boss or something silly on TV, the next she's breathing fire like an angry dragon.

I say the wrong word and I'm sunk. Her eyes narrow and I'm ordered to explain myself. I stutter that I'm sorry but the damage is done.

She accuses me of winding her up and disrespecting her, but it's not true. I love her and long for us to live in harmony without fights or friction.

At the moment she's refusing to talk to me because I made a throwaway comment about an attractive young woman who has moved into the upstairs flat.

I stupidly said she's nice during what should have been a romantic meal for our third anniversary.

My girl downed her knife and fork and just stared at me before throwing glasses and food.

I work from home, and she's convinced I have sex with our new neighbour while she's at work. This is just not true and is deeply insulting. Things have got



Picture posed by models

FINGER OF BLAME: She can go from calm to raging in just a matter of seconds

so bad she's started leaving notes around the flat ordering me to leave. The problem is that when we make up again, the sex will be phenomenally passionate, urgent and hot. And it's this crazy, make-up sex that I've kinda become addicted to...

JANE SAYS: There's no denying that make-up sex can be exciting and fun, but you can't stay in a relationship simply to experience that.

What about your safety the rest of the time? What about respect, companionship and happiness?

At the moment you and

your girlfriend are lurching from one toxic row to the next. You can't possibly carry on with this "yo-yo" relationship.

It's unhealthy and dangerous. What do you mean she was throwing glasses and food? She could have seriously hurt you. Has it occurred to you your girlfriend has mental health issues?

Racing from 0-60 in seconds is very worrying indeed. She needs to visit her GP for a professional diagnosis.

Tell her you care and wish to help. Point out that you can't help noticing how

unhappy she often is. Her wild mood swings and unreasonable behaviour affect both of you and something needs to be addressed.

You have to consider your own wellbeing. Does her behaviour need to be reported to the authorities? Are her problems actually your responsibility?

Check out the mental health charity www.mind.org.uk for further information and support.

You only get one life and, if you can't express an opinion without being leapt on, then it's time to take it back.

Phone guy's a bad call

MY boyfriend enjoys a love affair with his mobile phone.

It's always in his hand and he sleeps with it under his pillow too.

His addiction drives my parents crazy. They've branded him rude and childish.

Recently, during a family meeting to discuss my late grandma's funeral, he fiddled with it while my dad was speaking. My dad, went mad and ordered him out. My guy dared to argue back, calling him a dinosaur, and it all kicked off.

Now I'm being ordered to take sides. Why does he have to be so stubborn?

JANE SAYS: Can your boyfriend be reasoned with? Will he agree to only look at his phone at certain times or should he speak to his GP about an addiction?

Your parents are entitled to call the shots in their own home. If your dad was insulted by his behaviour, at an extremely sensitive time, then why wouldn't he snap back?

If your guy refuses to meet you halfway, then is he worth bothering with?

Maybe you need to date someone more mature.



JANE'S FAB ADVICE LINES

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SP: Spoke, 0333 202 3390

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Stay together

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Hate your body?

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Jealousy hell

WRITE to Just Jane, Daily Star, One Canada Square, London E14 5AP or email jane.o'gorman@dailystar.co.uk
Please note that Jane cannot respond to individual letters and not all problems will be published.

Fun in hot tub neighbour row

WE have a large hot tub in our garden. It accommodates 10 people. Last week we got home early from a holiday to find our neighbours and four friends - completely naked - splashing around.

My partner went nuclear and now we're at war because they're refusing to apologise or explain. The woman has a key to feed our cats, but how dare they?

JANE SAYS: Ask for a chat with your neighbours. Promise to keep your temper but make it clear that you don't run a public facility.

Clearly, they assumed they could do what they wanted behind your back. Suggest starting again because a feud would be uncomfortable.

PHOTO CASEBOOK

I JUST DON'T CARE ANY MORE

DAY 1



CONTINUES TOMORROW

RUSSELL GRANT

DON'T MISS RUSSELL EVERY DAY IN THE DAILY STAR

ARIES March 21 to April 20
 YOU can't ignore how restless you feel – a change in activity is needed. Before you can even think about taking time off, you must meet certain deadlines. To clear this work quickly, get on behind the scenes. This will also enable you to achieve a great deal.
 Call one of my dedicated astrologers on **0905 789 3801****

GEMINI May 22 to June 21
 WHEN it comes to setting future goals, don't procrastinate. Focus on ways to improve your career or finances. Joining forces in a business venture with a creative friend or colleague will lead to a more secure financial future.
 Call one of my dedicated astrologers on **0905 789 3803****

LEO July 24 to August 23
 A HOUSEMATE or partner has strong opinions about your friendships, community commitments and current goals. It is starting to feel as if you are going in different directions. A heart to heart might help to determine if you can ever find a compromise.
 Call one of my dedicated astrologers on **0905 789 3805****

TAURUS April 21 to May 21
 PROFITABLE ideas should be developed the moment they pop into your head. Experiment with new possibilities that unleash your creativity. Trust your instincts. When you follow your passion, success will come naturally.
 Call one of my dedicated astrologers on **0905 789 3802****

CANCER June 22 to July 23
 BE alert in a competitive setting to safeguard your own interests. One way to stay one step ahead of competitors is to stay behind the scenes. Keep an eye on all that is happening. This cautious approach will be useful in family and social situations.
 Call one of my dedicated astrologers on **0905 789 3804****

VIRGO August 24 to September 23
 EXERCISE more care and caution over long-term matters. A change in circumstances will mean adjustments are needed and this is out of your hands. All you can do is accept the delays and rearrange your schedule accordingly.
 Call one of my dedicated astrologers on **0905 789 3806****

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LIBRA September 24 to October 23
 IF someone cannot be trusted, you might feel you have no choice but to end a relationship. Now you have discovered that a certain person has been plotting against you, you are faced with the issue of how to address this problem.
 Call one of my dedicated astrologers on **0905 789 3807****

SAGITTARIUS November 23 to December 21
 TEAM up with someone to reach a goal that can only be achieved through a joint effort. You might wonder if you can trust a friend or colleague. The longer you spend in their company, the more confident you will feel you have discovered a perfect match.
 Call one of my dedicated astrologers on **0905 789 3809****

AQUARIUS January 21 to February 19
 NEGATIVE comments about your partner's friends will lead to tension in relationships. Your remarks are likely to be discussed when you aren't around. Disputes at home will mean plans are altered. Consider your words carefully.
 Call one of my dedicated astrologers on **0905 789 3811****

SCORPIO October 24 to November 22
 YOU'VE had time to think about what to do with an inheritance or insurance pay-out. Take this chance to establish long-term financial stability. Whether it's buying a house or setting up a retirement account, take this first step in investing in your future.
 Call one of my dedicated astrologers on **0905 789 3808****

CAPRICORN December 22 to January 20
 WORKING long hours or fulfilling heavy family obligations has left you exhausted. Remember, life is also about having fun and relaxing. If you keep going as you are, burnout is likely. You need to start prioritising your health.
 Call one of my dedicated astrologers on **0905 789 3810****

PISCES February 20 to March 20
 KEEP your thoughts positive and refuse to give up even if it feels like everything is going wrong. Successful people keep on going until they have overcome obstacles. Remind yourself of long-term objectives. This kind of focus will take you far.
 Call one of my dedicated astrologers on **0905 789 3812****

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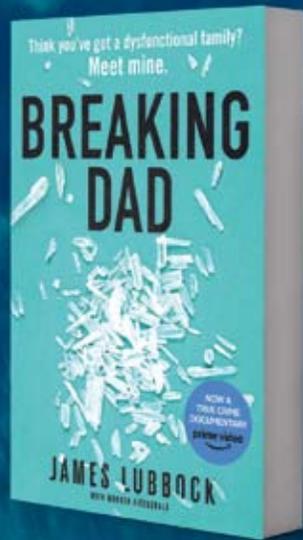
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	10	23	1	20	15	26	7		7	17	2	4	
2		3		6		20				22		17	
20	3	2	26	8		12	1	16	23	23	8	5	
19		15		5		12				1		15	
19			16	26	5	17	4			15	17	2	18
1		15		20		2		6		26			
8	13	7	3	22	8		22	16	2	17	16	26	
		8		8		16		1		15		3	
9	16	10	7		23	17	25	3	8				10
5		23				11		16		10		15	
20	5	17	14	16	22	17		24	16	2	21	20	
2		16				4		1		3		22	
14	20	2	11		12	20	5	8	17	14	2		

1	2	3	4	5	6	7	8	9	10	11	12	F	13
14	G	15	16	17	18	19	20	21	22	23	24	25	26

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

EACH grid number in Alphapuzzle® stands for a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. Solution tomorrow. **Difficulty:** 8/10 **Target Time:** 25 minutes **Clue:** 100 in a parched state are pungent.

EXTRA LETTER CLUES:
0905 817 2648*

Hear up to six Extra Letters. Deduct two minutes from today's Target Time for each clue letter heard.

Full Solution: 0907 181 2594*

*Calls cost 80p per minute plus your telephone company's network access charge.

Alternatively, for 6 extra clues to your mobile, text DSALPHA to 64343. Texts cost £1 plus your standard network rate.

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YESTERDAY'S SOLUTION

Across: Stomach, Blip, Oaths, Natives, Hutch, Slid, Excess, Marrow, Knit, Jaunt, Peevish, Broth, Kith, Amalgam.

Down: Nozzle, Kapok, Tote (clue), Accident, Musquash, Cynics, Fathom, Cannibal, Lovelorn, Soda, Posed, Weight.



***HELPLINE: 0333 202 3390 (9AM – 5.30PM)**
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ARROWWORD

TO hear the full solution call 0907 181 1076. Calls cost 80p per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390.

The arrows show the direction in which the answer to each clue should be placed.

Arranged		Hobbies		Chairs		Natural gas		Time gone before		Pharmacy workers		Social equal
Scope						Tracked						
Newest		Heavy weight		Tree				Female pronoun				Surrenders
						Major blood vessel						
And not				Dirt particles		Large mammal		Not cheap	Cassette		Encounter	
						Time for sleep						
Has an inner layer		Certain						Artist's stand				
						Modified						
IOUs		Mix with a spoon						Relaxes				

SUDOKU

	2			3	4				9
6	9			5	3				
		4	8		9				1
1	8		2					5	
5	3			6	7				8
				5		9	3		
		7			6	1			
	1	5					3	6	
9			5	1			7	4	

FILL the grid so that every column, row and 3x3 square includes all the digits from one to nine.

LEVEL: Easy, 18 mins

YESTERDAY'S SOLUTION

1	5	8	3	4	7	6	9	2
2	4	3	9	6	5	7	1	8
7	9	6	1	8	2	4	3	5
3	6	2	8	1	9	5	7	4
8	1	9	5	7	4	2	6	3
5	7	4	6	2	3	1	8	9
4	8	1	2	3	6	9	5	7
6	2	5	7	9	8	3	4	1
9	3	7	4	5	1	8	2	6

Extra clues: 0901 322 5606 *Calls cost 75p plus your telephone company's network access charge.

Today's Solution: 0907 181 2616 *Calls cost 80p per minute plus your telephone company's network access charge.

PUZZLE PLANET EXTRA
Fantastic puzzles section in your No.1
DAILY STAR Sunday

TWO-WAY TEASER

CALL 0907 181 2623 FOR TODAY'S SOLUTION

*Calls cost 80p per minute plus your telephone company's network access charge.

TWO sets of clues but the answers are the same...

CRYPTIC CLUES ACROSS

- Fieldsman in a deficient cricket side? (5,3)
- Works by turns (4)
- Speed of charge (4)
- A ruddy duck, this bird? (8)
- Ostensible place for unconscious patients? (7)
- The Italian day out is a regular thing (5)
- Deal with a story about a heartless crook! (6)
- Did he also paint the back of the canvas? (6)
- Points a marshal out as being full of gossip (5)
- Urged to be a news editor (7)
- Protector of a worm wriggling in a little compartment (8)
- Aunt's fishy fiddle (4)
- Where Oriental places are right on the map (4)
- Move a girl's home (8)

DOWN

- Separate the kind not allowed (4,3)
- Can be played notably when out of court with a broken toe (5)
- Crashed flier, imprisoned (5)
- As an objective, shot Capone! (4)
- Send a prisoner a token (7)
- Initially sapphire blue, as the tale goes (5)
- Relieve everyone, but not for a whole day! (5)
- To put out, cheat and exploit (5)
- Western types who subdue young lads (7)
- Make light transmissions with a certain warmth (7)
- Pearl's parent's northern

area (5)

- You'd certainly need some bread to buy one! (5)
- Girl going to S. Africa for a steam bath (5)
- Had to hold the key to a top job (4)

QUICK CLUES ACROSS

- Close fielding position (5,3)
- Deeds (4)
- Evaluate (4)
- Wading bird (8)
- External (7)
- Regularly (5)
- Equipment (6)
- Lathe operator (6)
- Topically interesting (5)
- Squeezed (7)
- 'Oliver ---' (8)

- Food fish (4)
- Orient (4)
- Shift, depose (8)

DOWN

- Classify (4,3)
- Group of eight (5)
- Long term prisoner (5)
- Target, aim (4)
- Send (7)
- Tale (5)
- Alleviate (5)
- Extinguish (5)
- Range riders (7)
- Shine out (7)
- Mother-of-pearl (5)
- Trundles (5)
- Steam bath (5)
- Top teacher (4)

YESTERDAY'S SOLUTION:

ACROSS: 1 Ascend, 4 Buckle, 7 Line, 8 Excuse me, 9 Commons, 12 Con, 14 Tripod, 15 Sallow, 16 Dot, 18 Derange, 22 Dispatch, 23 Book, 24 Energy, 25 Septet.
DOWN: 1 Allocated, 2 Conscript, 3 Dream, 4 Bacon, 5 Cast, 6 Limbo, 10 Moeed, 11 Spain, 12 Called out, 13 Newmarket, 17 Onion, 19 Entry, 20 Ashes, 21 Spar.

1		2			3		4		5	6		7
8					9							
10					11				12			
13		14						15				16
17							18	19			20	
22											23	
24												

ANSWERS IN TOMORROW'S PAPER

11 PAGES OF SUPER STARSPORT START WITH HORSE RACING

PUNTER POINTERS

WHO'S HOT, WHO'S NOT

TERRIFIC TRAINERS: (Most wins last 14 days) A Balding 16; D O'Meara 11; K R Burke 9; T Easterby 9; K Ryan 8; G Boughey 7. SUFFERING STABLES: (Runners since last win) B Rothwell 222; R K Watson 130; M Barnes 88. HOT JOCKS: (Most wins last 14 days) Oisín Murphy 20; Rossa Ryan 10; Kieran Shoemark 9. RIDE OUT OF LUCK: (Rides since last win) Laura Pearson 85; Jimmy Quinn 69; Rob Hornby 58; Charlotte Jones 51; Andrew Breslin 40.

HEAVEY'S NAP

ETERNAL SUNSHINE (4.15 Ayr) is in great form and is improving as she has won her last two races. She is 6lb higher in the weights but may have sufficient improvement in her locker to notch the hat-trick.

BEST EACH-WAY

SECRET SECRET (140 Cartmel) looked the likely winner two flights from home on his latest start when he travelled over her rivals. Didn't quite get the job done but today offers a great chance to atone.

STARFORM TREBLE

NAP: CARCACI CASTLE (3.55 Cartmel) NB: BALZARINI (5.18 Windsor) TREBLE: SEEK AND DESTROY (7.50 Windsor)

MAGIC COMBINATIONS

AYR: None. BEVERLEY: R Sexton rides 7.30 Elettaria, 8.30 Dandy's Angel for J Wainwright, previous combinations 3 wins from 4 mounts 75% strike rate at course. CARTMEL: Danny McMenamin rides 2.10 The Navigator for D Sayer, previous combinations 6 wins from 20 mounts 30% strike rate at course. WINDSOR: Callum Shepherd rides 5.50 Heaven Knows, 8.50 Salaamaat for R Guest, previous combinations 3 wins from 9 mounts 33% strike rate at course. Neil Callan rides 5.50 Dubai Magic for J Tate, previous combinations 2 wins from 6 mounts 33% strike rate at course. Oisín Murphy rides 5.18 Ran Amok for H Palmer, previous combinations 2 wins from 7 mounts 29% strike rate at course.

NEW QUARTERS

AYR: 4.15 Piper's Fort (A Watson to K Scott). BEVERLEY: 6.00 Solar Biricz (R Fahey to E Ellison), 8.00 Bestie (A Keatley to B Haslam). CARTMEL: 2.45 Fairmac (Anthony Chanton to L Russell), 2.45 Jolie Coeur Allen (W P Mullins to P Haslam), 5.00 Karapiro Doug (Kathleen Binks to D Brooke). WINDSOR: 6.20 Lion Wait (J Snowden to B Lund), 6.20 The Hun (K R Burke to R Eddery), 8.50 Break The Spell (M Atwater to D J Jeffreys), 8.50 Villeurbanne (L Carter to A Irvine).

WIND SURGERY

CARTMEL: Fairmac (2.45), Thunder Gap (2.45), Judicial Review (5.00).

WINDSOR sky sports racing

JASON HEAVEY STAR TIP

Table with 2 columns: Name and Odds. Includes Balzarini (5.18), Castro Aurum (5.50), Calumet (6.20), Houston (6.50), Nogo's Dream (7.20), Seek And Destroy (7.50), Golden Phase (8.20), Carey Street (8.50).

GOING: GOOD-TO-FIRM

JACKPOT AND PLACEPOT FIRST SIX RACES TRACKFACTS Figure-of-eight course of 1m 4f, straight final 5f, 6f races start on an extension to the straight. Stalls today 1m Inside; Remainder Centre.

5.18 THE RACEDAY READY APP NURSERY

Racing results table for 5.18 The Raceday Ready App Nursery. Includes names like Balzarini, Ran Amok, and various odds.

5.50 EBF FILLIES' RESTRICTED NOVICE STAKES

Racing results table for 5.50 EBF Fillies' Restricted Novice Stakes. Includes names like Castro Aurum, Dubai Magic, and various odds.

TOP TRAINERS (with mounts) R Hannon 33 winners, (12.9% strike rate), -£32.68, A Balding 32, (19.4%), -£16.47, R Beckett 28, (20.4%), +£14.40, W Haggas 27, (25.7%), +£2.25, J & T Gosden 23, (31.1%), +£15.70, E J-Houghton 22, (14.7%), -£38.46, C Cox 19, (13.3%), -£42.33, C Hills 18, (20.0%), +£62.28, R Varian 15, (22.4%), -£5.31, A Carroll 14, (6.9%), -£23.00, M Bell 13, (16.7%), -£1.00.

6.20 THE RACING APP 43 MAIDEN STAKES (DIV 1)

Racing results table for 6.20 The Racing App 43 Maiden Stakes (Div 1). Includes names like Lion Wait, Calumet, and various odds.

6.50 THE RACING APP 43 MAIDEN STAKES (DIV 2)

Racing results table for 6.50 The Racing App 43 Maiden Stakes (Div 2). Includes names like Dubai Harbour, Gabrielle, and various odds.

7.20 FITZDARES SPRINT SERIES HANDICAP

Racing results table for 7.20 Fitzdares Sprint Series Handicap. Includes names like Sixties Chic, Supreme King, and various odds.

TOP JOCKEYS (with mounts) Tom Marquand 59 winners, (18.9% strike rate), +£116.09, Oisín Murphy 48, (19.8%), -£43.28, Rossa Ryan 35, (17.4%), +£13.61, Rob Hornby 29, (11.2%), -£47.35, Sean Levy 25, (14.0%), +£29.29, Kieran Shoemark 24, (15.7%), -£3.56, Silvestre De Sousa 22, (23.9%), +£41.57, Hollie Doyle 22, (12.8%), -£63.73, Hector Crouch 18, (16.8%), -£2.57, Richard Kingscote 17, (10.1%), -£55.29.

7.50 BRITISH STALLION STUDS EBF FILLIES' HCAP

Racing results table for 7.50 British Stallion Studs EBF Fillies' Hcap. Includes names like Naaey, Mother Mary, and various odds.

8.20 DOWNLOAD THE FITZDARES APP NOW HCAP

Racing results table for 8.20 Download The Fitzdares App Now Hcap. Includes names like Shalfa, New Dayrell, and various odds.

8.50 RACEDAY-READY.COM HANDICAP

Racing results table for 8.50 Raceday-Ready.com Handicap. Includes names like Always Fearless, Nasim, and various odds.

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More than 30 years tipping and still going strong. Top class information shared on our line daily. During the flat season we give 2 or 3 solid bets most days. Call 0906 150 5914. (Press 1 for UK Racing)

YESTERDAY'S RESULTS

Newton Abbot results: 2.05: 1, FINAL ENTRY (J Tudor 11-2), 2, Kalkaroo (7-2), 3, Golden Path (8-13 fav), 4, Ryders Rock (11-1), 11, 5/21, 12 ran. D Pipe. Tote: £6.50; pl £2.00, £1.50. Exacta: £19.50. Trifecta: £26.50. CSF: £23.39. 2.35: 1, KARANNELLE (J Bowen 12-1), 2, Outback Frontiers (9-2), 3, Good Impression (11-2), 6-4 fav. Eurkash. 1/21, 1/41, 12 ran. D Rees. Tote: £17.20; pl £3.50, £1.80, £1.70. Exacta: £83.00. Tricasta: £338.33. Trifecta: £427.20. CSF: £63.18. 3.05: 1, KONIGIN ISABELLA (S Twiston-Davies 4-1 fav), 2, Get The Value (10-1), 3, Ryders Rock (11-1), 11, 5/21, 12 ran. A Honeyball. Tote: £5.00; pl £1.80, £2.90, £3.30. Exacta: £30.40. Tricasta: £412.22. Trifecta: £616.50. CSF: £41.01. 3.35: 1, GROVE ROAD (S Bowen 11-4 fav), 2, Saint Bibiana (9-2), 3, Crossing The Bar (10-1), hd, 31, 10 ran. James Owen. Tote: £3.75; pl £1.60, £2.00, £3.10. Exacta: £20.40. Tricasta: £108.47. Trifecta: £172.60. CSF: £16.12. NR: Mourzouk. 4.10: 1, ZHANG FEI (Bern O'Brien 10-1), 2, Braveshinenedobe (12-1), 3, Kilcummin (25-1), 11-4 fav. Merton Mossy. 12/1, 5/1, 12 ran. F O'Brien. Tote: £4.34; pl £1.70, £4.00, £1.80. Exacta: £49.00. Tricasta: £883.57. Trifecta: £909.60. CSF: £38.95. 4.45: 1, HOLD YOUR FORT (J Best 7-2), 2, Dripsy Moon (3-1), 3, Glynn (14-1), 11-10 fav. Jeremiah. hd, 1/41, 6 ran. D Hamer. Tote: £4.60; pl £2.00, £1.70. Exacta: £14.00. Trifecta: £61.20. CSF: £14.21. 5.20: 1, NOAH'S LIGHT (L Stones 18-1), 2, Radhare Na Slaine (20-1), 3, Laverthorpe (50-1), 7-4 fav. Limerick Leader. 8/1, 4/1, 14 ran. Mrs R Ford. Tote: £22.80; pl £5.70, £5.80, £10.30. Exacta: £408.30. Tricasta: £16272.38. Trifecta: £2653.40. CSF: £324.85. NR: Holerday Ridge. QUADPOT: £50.20. PLACEPOT: £486.80. REDCAR 1.47: 1, BRASTIAS (D Tudhope 9-4 fav), 2, Bellator Bullet (13-2), 3, Treble Winners (33-1), 1/21, 1/41, 11 ran. D O'Meara. Tote: £3.25; pl £1.30, £2.40, £5.70. Exacta: £15.40. Trifecta: £285.20. CSF: £16.88. 2.17: 1, WHAT'S SHE AT (H Doyle 2-1), 2, Ezdaan (6-4 fav), 3, Caledonian Dream (22-1), 3/1, 2/41, 9 ran. A Watson. Tote: £2.90; pl £1.10, £1.10, £4.20. Exacta: £5.50. Trifecta: £36.90. CSF: £4.45. NR: Smithy. Smithy Rule 4 applies to All Bets, deduct 5p in the pound. 2.52: 1, HAVANA PRINCE (D Costello 11-1), 2, Sir Garfield (9-2), 3, War Memorial (17-2), 3-1 fav. Kode Secret. 1/21, shd, 14 ran. Tony Coyle & Kaine Wood. Tote: £12.30; pl £3.60, £1.80, £3.20. Exacta: £75.70. Tricasta: £468.02. Trifecta: £587.60. CSF: £58.25. 3.22: 1, FLIGHT RADAR (P-L Jamin 13-8), 2, Pinsent (11-1), 3, Longhair General (11-10 fav), 3/21, 1/21, 8 ran. K R Burke. Tote: £2.63; pl £1.10, £2.20, £1.10. Exacta: £18.80. Trifecta: £30.60. CSF: £19.62. 3.52: 1, COPPULL HALL LANE (C Rodriguez 2-1 fav), 2, Savvy Exchange (7-1), 3, Swift Sultan (7-1), 2-1 fav. Bubbles Wonky. nk, 3/41, 5 ran. E Bethell. Tote: £3.00; pl £1.50, £3.20. Exacta: £16.40. Trifecta: £66.80. CSF: £15.55. NR: Cerulean Bay, Magico. 4.27: 1, GARIFULLINA (S B Kirrane 16-5 fav), 2, Gunnerside (33-1), 3, So Grateful (5-1), nk, hd, 14 ran. J J Davies. Tote: £4.20; pl £1.60, £8.90, £2.20. Exacta: £125.40. Tricasta: £535.54. Trifecta: £1472.00. CSF: £133.22. NR: Urban Dandy. 5.02: 1, JEZ BOMB (Oisín Orr 9-2), 2, Whatwoudyouknow (17-2), 3, Jo's (4-1), 10-3 fav. Temper Trap. 1/21, 1/41, 12 ran. S England. Tote: £5.80; pl £2.50, £7.80, £1.10. Exacta: £13.60. Trifecta: £398.90. Tricasta: £171.30. Trifecta: £176.50. CSF: £43.24. NR: Gregorianna, Strike Rate. 5.37: 1, GASTRONOMY (Rhys Elliott 5-2), 2, Bulldog Spirit (7-4 fav), 3, Mythical (8-1), 1/41, nk, 7 ran. P Kirby. Tote: £3.50; pl £1.80, £1.50. Exacta: £8.10. Tricasta: £26.17. Trifecta: £31.90. CSF: £6.83. NR: Gilsbide. QUADPOT: £16.70. PLACEPOT: £39.40. STRATFORD 1.50: 1, ROYAL PRETENDER (T Cannon 11-2), 2, Honneur D'Aoñe (15-2), 3, G A Henry (5-2 jtfav), 5-2 jfav. Kick Up A Storm. 5/1, 1/41, 8 ran. A King. Tote: £6.30; pl £1.80, £1.80, £1.40. Exacta: £42.30. Tricasta: £128.61. Trifecta: £132.30. CSF: £46.15. NR: Gwash, Lunar Power. 2.25: 1, FINE BY ME (J Brace 5-1), 2, Propelled (4-1), 3, Bright Sunbird (11-1), 13-8 fav. Side Stepper. 8/21, 18/1, 9 ran. M Twiston-Davies. Tote: £6.40; pl £1.60, £1.60, £2.30. Exacta: £27.30. Tricasta: £207.08. Trifecta: £186.70. CSF: £25.17. 2.55: 1, CARUBA (Elizabeth Gale 5-2 fav), 2, Dancing theedge (11-4), 3, Moro Rock (8-1), 6/1, 17-8 ran. C Longsdon. Tote: £3.50; pl £1.60, £1.40, £2.20. Exacta: £11.00. Tricasta: £46.13. Trifecta: £55.00. CSF: £10.22. NR: Hollow Row. 3.25: 1, MATTERHORN (N De Boinville 7-4 fav), 2, In This World (15-

Newton Abbot results (continued): Tote: £4.20; pl £1.60, £8.90, £2.20. Exacta: £125.40. Tricasta: £535.54. Trifecta: £1472.00. CSF: £133.22. NR: Urban Dandy. 5.02: 1, JEZ BOMB (Oisín Orr 9-2), 2, Whatwoudyouknow (17-2), 3, Jo's (4-1), 10-3 fav. Temper Trap. 1/21, 1/41, 12 ran. S England. Tote: £5.80; pl £2.50, £7.80, £1.10. Exacta: £13.60. Trifecta: £398.90. Tricasta: £171.30. Trifecta: £176.50. CSF: £43.24. NR: Gregorianna, Strike Rate. 5.37: 1, GASTRONOMY (Rhys Elliott 5-2), 2, Bulldog Spirit (7-4 fav), 3, Mythical (8-1), 1/41, nk, 7 ran. P Kirby. Tote: £3.50; pl £1.80, £1.50. Exacta: £8.10. Tricasta: £26.17. Trifecta: £31.90. CSF: £6.83. NR: Gilsbide. QUADPOT: £16.70. PLACEPOT: £39.40. STRATFORD 1.50: 1, ROYAL PRETENDER (T Cannon 11-2), 2, Honneur D'Aoñe (15-2), 3, G A Henry (5-2 jtfav), 5-2 jfav. Kick Up A Storm. 5/1, 1/41, 8 ran. A King. Tote: £6.30; pl £1.80, £1.80, £1.40. Exacta: £42.30. Tricasta: £128.61. Trifecta: £132.30. CSF: £46.15. NR: Gwash, Lunar Power. 2.25: 1, FINE BY ME (J Brace 5-1), 2, Propelled (4-1), 3, Bright Sunbird (11-1), 13-8 fav. Side Stepper. 8/21, 18/1, 9 ran. M Twiston-Davies. Tote: £6.40; pl £1.60, £1.60, £2.30. Exacta: £27.30. Tricasta: £207.08. Trifecta: £186.70. CSF: £25.17. 2.55: 1, CARUBA (Elizabeth Gale 5-2 fav), 2, Dancing theedge (11-4), 3, Moro Rock (8-1), 6/1, 17-8 ran. C Longsdon. Tote: £3.50; pl £1.60, £1.40, £2.20. Exacta: £11.00. Tricasta: £46.13. Trifecta: £55.00. CSF: £10.22. NR: Hollow Row. 3.25: 1, MATTERHORN (N De Boinville 7-4 fav), 2, In This World (15-

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5 FOR FUN Who scored a try and kicked two conversions for Castleford against Hull KR in the Super League XXIX defeat at the Mend-A-Hose Jungle? Which Premier League rival has signed midfielder Tim Iroegunam from Aston Villa? Who won the 2024 Women's PGA Championship? Which Ryan Moore mount won the Ascot Gold Cup in 2022 and 2024? Who took pole, drove fastest lap, and was runner-up in the 2024 F1 Spanish Grand Prix? ANSWERS: Page 43

SPORTWORD ACROSS 1. Jan Poland, Southampton and 2013-17 Lech Poznan defender; Euro 2020 ever-present (8) 7 and 10 Across. Leigh Leopards prop formerly with Melbourne Storm and New Zealand Warriors (5,4) 8. 2014-15 Serie B champions (5) 9 and 19 Across. US golfer; winner of the 2023 Fortinet Championship and, with Tom Hoge, the 2022 QBE Shootout tournament (6,8) 10. See 7 Across. 12. Ceremonial dance performed by the All Blacks (4) 14. Ken 1989-92 Chelsea, 1992-99 Southampton and 1999-2001 Huddersfield defender (6) 17. Basic attacking move in fencing (5) 18. 2003 Portugal and 2003-06 Wolves midfielder (5) 19. See 9 Across. DOWN 1. Paul 1980-91 Aston Villa and 1991-96 Wolves midfielder (5) 2. Massimo 2007-09 Celtic and 2016-18 Hamilton Academical midfielder (6) 3. Jorge 1998-99 WBO lightweight champion (4) 4. Steve 1963-74 Fulham and 1974-78 Leicester attacker (5) 5. Kurtis 2018 and 2022 Commonwealth Games pole vault gold medalist (9) 6. Resort, golf course that hosted the 2024 US Open Championship (9) 11. Type of off-spin delivery in cricket (6) 13. Bev 1984 European Indoor Championships 60m gold medalist (5) 15. Charlotte 2018 Winter Olympics 15km skiathlon cross-country skiing gold medalist (5) 16. David 2019 Spain and 2013-15 Leicester Tigers scrum-half (4) 3.25: 1, MATTERHORN (N De Boinville 7-4 fav), 2, In This World (15-

1000 crossword puzzle grid with numbers 1-19.

*Calls will cost £1.50 per minute plus your telephone company's network access charge. 18+ only. SP: Spoke. Helpdesk: 03332023390.

CARTMEL Racing TV

Jason Heavey Star Tip table with race details and tips for Secret Secret, Trailblazer, Cavern Club, City Derby, Carcaci Castle, and Iikedwayurthinkin.

GOING: SOFT, GOOD-TO-SOFT IN PLACES

PLACEPOT FIRST SIX RACES

2.45 HENRY CAVENDISH BIRTHDAY HCAP HURDLE Class 5 (11 flights) 2m 6f (10 run) £3,248

2.10 BURLINGTON STONE HANDICAP HURDLE Class 5 (8 flights) 2m 1f (10 run) £3,248

2.45 WOMENS COMMUNITY MAIDEN HURDLE Class 4 (8 flights) 2m 1f (12 run) £3,921

Table of race results for 2.45 Womens Community Maiden Hurdle, including jockeys and horses like Fairmac, Reach for the Moon, Thunder Gap, etc.

3.20 CHAMPAGNE LOUIS ROEDERER HCAP HURDLE Class 4 (12 flights) 3m 1f (14 run) £4,146

Table of race results for 3.20 Champagne Louis Roederer Hcap Hurdle, including jockeys and horses like Townhill, Saint Bibiana, BoomsLang, etc.

3.55 NOVICES' LIMITED HANDICAP CHASE Class 3 (12 fences) 2m 1f (6 run) £6,205

Table of race results for 3.55 Novices' Limited Handicap Chase, including jockeys and horses like Lupa, Carcaci Castle, Forcing Bull, etc.

STARFORM CARCACI CASTLE 7-2 (11-11) Mid-division in 4th, headway into 2nd 2 out, led approaching last, ridden and readily drew clear run-in, won at Hexham 2m hcp chs 0-120 (4) gd in Jun beating Findthetime (12-0) by 2 3/4, 6 ran.

Forcing Bull 6-1 (11-4) Led narrowly early, headed before 5th (usual 7th as open ditched omitted), led again 7th, quickened 3 out, ridden to assert before 2 out, went further clear after last, stayed on well run-in, won at Uttoxeter 2m 4f hcp chs 0-120 (4) sft beating Get Up Mush (11-11) by 9l, 4 ran. Lupa K 6-5fav (11-3) Held up towards rear, not fluent 8th, closed on leaders from home turn, every chance when blundered badly and unseated rider 2 out, in a race won by The Big Lense (11-0) at Southwell 2m 4f hcp hdl 0-120 (4) gs in Jun, 6 ran. The Gypsy Davey 5-2 (11-13) Led, ridden and headed 3 out, kept on, no chance with easy winner, 2nd of 6, 131 behind Planned Paradise (11-11) at Perth 2m 4f hcp chs 0-110 (4) gd. STARFORM: CARCACI CASTLE DANGER: Forcing Bull

4.30 STRATHMORE HOTELS HANDICAP CHASE Class 4 (18 fences) 3m 1f 107yds (10 run) £4,832

Table of race results for 4.30 Strathmore Hotels Handicap Chase, including jockeys and horses like Colquhoun, Likedwayurthinkin, Waddell Dundalk, etc.

5.00 BOWNESS BAY HANDICAP CHASE Class 5 (14 fences) 2m 5f (12 run) £3,617

Table of race results for 5.00 Bowness Bay Handicap Chase, including jockeys and horses like Dr Sanderson, Animore, Grand Soufle, etc.

ECO WARRIOR'S FRENCH TARGET

ECONOMICS is set to make his eagerly awaited return to action in France next month after William Haggas ruled out an appearance at York next Saturday.

The chestnut son of Night Of Thunder has not run since marking his third start with a six-length victory in the Group Two Dante Stakes at York in May. Haggas was mulling over an entry in the Group Two Sky Bet York Stakes on the Knavesmire this weekend but, after shelving plans to work Economics in Newmarket this weekend, said: "He's not going to be entered at York on Saturday - he's not going to be ready."

The Prix Guillaume d'Ornano, a Group Two race for three-year-olds, at Deauville on August 15 and the Group One Juddmonte International back at York six days later are twin options for Economics' next outing, with Haggas leaning towards the former for the Sheikh Isa

AMATEUR rider Alice Procter, 21, is being treated in intensive care after a fall at Cartmel. She was airlifted to Royal Preston Hospital on Saturday and is in the care of the spinal team, said the Injured Jockeys' Fund.



GAUL TO PLAY FOR: Economics could head to France for his next start

AYR Racing TV

Jason Heavey Star Tip table with race details and tips for Hammer The Hammer, Pinpoint, Eternal Sunshine, Braes Of Doune, and Cisco Disco.

GOING: GOOD, GOOD-TO-FIRM IN PLACES

PLACEPOT FIRST SIX RACES

2.30 RACING TV APPRENTICE HANDICAP Class 5 1m 5f (7 runners) £4,187

Table of race results for 2.30 Racing TV Apprentice Handicap, including jockeys and horses like Ravenscraig Castle, It's All About You, Ayr Poet, etc.

3.05 IRISH EBF MAIDEN STAKES (GBB RACE) Class 4 2YO 5f (5 runners) £4,860

Table of race results for 3.05 Irish EBF Maiden Stakes, including jockeys and horses like Hammer The Hammer, Lexington Blitz, etc.

3.40 WESTERN HOUSE HOTEL HANDICAP Class 6 3YO 5f (8 runners) £3,664

Table of race results for 3.40 Western House Hotel Handicap, including jockeys and horses like Zapha, Classy Claretts, La Boo, etc.

4.15 JOIN RACING TV NOW HANDICAP Class 6 6f (10 runners) £3,664

Table of race results for 4.15 Join Racing TV Now Handicap, including jockeys and horses like Newyorkstateofmind, Rosenpur, etc.

4.50 RACING TV HANDICAP Class 6 7f (13 runners) £3,664

Table of race results for 4.50 Racing TV Handicap, including jockeys and horses like End Zone, Tarjama, Pembrokehire, etc.

5.25 RACING TV HANDICAP Class 5 1m (7 runners) £4,187

Table of race results for 5.25 Racing TV Handicap, including jockeys and horses like Hale End, Wildfell, Lyle Lyla, etc.

BEVERLEY Racing TV

GOING: GOOD-TO-FIRM, GOOD IN PLACES

PLACEPOT FIRST SIX RACES

TRACKFACTS Right-handed, sharp, oval course of 1m 3f, 3f uphill run-in. The 5f course bends right at halfway and is uphill and testing, especially on soft ground. Stalls today inside. TOP TRAINERS (with runners) T Easterby 45 winners, (8.7% strike rate), -£196.48, R Fahey 38, (15.0%), -£46.51.

6.00 RACING TV EBF RESTRICTED MAIDEN STAKES Class 5 2YO 5f (12 runners) £4,050

Table of race results for 6.00 Racing TV EBF Restricted Maiden Stakes, including jockeys and horses like Bonnie's Boy, Sensorium, etc.

6.30 JAMIE KERR MEMORIAL HANDICAP Class 6 5f (12 runners) £4,004

Table of race results for 6.30 Jamie Kerr Memorial Handicap, including jockeys and horses like Golden Rainbow, Toptime, etc.

JASON HEAVEY STAR TIP

Table of tips for Jason Heavey, including Sensorium, Refuge, Ugo Gregory, Alice's Impact, Twilight Jazz, Lincoln Royal, Princess Niyla, Bonnie's Boy, Mrs Trump, Park Street, Timely Chance, Bestie, Chicago Gal, Cakewalk.

7.00 GO-RACING-IN-YORKSHIRE HANDICAP Class 4 7f (11 runners) £6,621

Table of race results for 7.00 Go-Racing-in-Yorkshire Handicap, including jockeys and horses like Master Richard, Enola Grey, Tropez Power, etc.

7.30 TOMAHAWK STEAKHOUSE HANDICAP (DIV 1) Class 6 7f (10 runners) £4,004

Table of race results for 7.30 Tomahawk Steakhouse Handicap (Div 1), including jockeys and horses like Gordonstoun, Ellettaria, Rum Runner, etc.

8.00 TOMAHAWK STEAKHOUSE HANDICAP (DIV 2) Class 6 7f (9 runners) £4,004

Table of race results for 8.00 Tomahawk Steakhouse Handicap (Div 2), including jockeys and horses like King Sharja, Twilight Jazz, Cubanista, etc.

8.30 MATT HAMPSON FOUNDATION HANDICAP Class 6 1m 2f (11 runners) £4,004

Table of race results for 8.30 Matt Hampson Foundation Handicap, including jockeys and horses like Chicago Gal, Three Platoon, Dandy's Angel, etc.

9.00 RACING AGAIN NEXT TUESDAY HANDICAP Class 5 1m 2f (9 runners) £4,527

Table of race results for 9.00 Racing Again Next Tuesday Handicap, including jockeys and horses like Where's Jeff, Casilli, Bohemian Breeze, etc.

Sun set to shine

ETERNAL SUNSHINE (4.15, Nap) is on a roll and can complete a hat-trick at Ayr today.

Jim Goldie's filly has won her last two with a bit in hand and a 6lb rise in the weights should not prevent her from going in again. At Cartmel local heroes Jimmy Moffatt and Charlotte Jones can combine to win the first with SECRET SECRET (1.40, trb).

The gelding was a close fourth at the track on his last run when he travelled like the winner for much of the way. CARCACI CASTLE (3.55, nb) was a useful novice hurdler and is starting to get it together over fences. He scored cosily at Hexham and has a great chance of winning again.

He looks a better beast than his current handicap rating of 120.

FLAT TABLES

Table with columns for Jockeys, Trainers, wins, 14 days, and £stake, listing names like Oisín Murphy, Rossa Ryan, William Buick, etc.

DARTS

WORLDWIDE LUKE

LUKE OF A CHAMPION: Humphries lifts World Matchplay trophy

Double joy for Humphries

LUKE HUMPHRIES was close to tears after clinching his fifth TV major in nine months.

'Cool Hand' became only the second player in history to win the World Matchplay as reigning world champion with a tense 18-15 victory against Michael van Gerwen in the final.

And as he lifted the Phil Taylor Trophy at Blackpool's sold-out Winter Gardens, Humphries said: "When I take this trophy home with me, it will mean the world."

"I got a bit of luck near the end when Michael missed a few doubles, but I am really blessed to be up on this stage and to hold a trophy won by so many great players, especially Phil Taylor."

"To do it in the same year as winning the World Championship is amazing."

"It's been a fantastic tournament with more 100-plus averages than ever, which shows how high a standard is required

by MIKE WALTERS

to win it" Humphries, who sealed his triumph with an audacious tops-tops combination, was a worthy winner after sustaining a tournament three-dart average of 102.04.

And since breaking his duck in TV majors at the World Grand Prix last October, he has now won more than £1m in prize money alone.

Runner-up Van Gerwen said: "When you make mistakes, it's a painful game sometimes. But I need to look forward and I will never give up."

Earlier, Beau Greaves retained the women's World Matchplay title with a 6-3 win against Fallon Sherrock.

But she will pass up the chance to pit her talents against the men at Alexandra Palace in the PDC World Championship in December.

Greaves, who averaged an impressive 98.75 against Sherrock, said: "I just don't think we will ever be good enough to play against the likes of Luke Humphries, Michael van Gerwen or Luke Littler."

Pog hails his Tour triumph

TADEJ POGACAR by DARREN WELLS

showed his class to finish his historic Tour de France triumph in style.

The UAE Team Emirates rider carried a lead of over five minutes into the final stage with his third yellow jersey practically secure.

While it was a dream finish for Pogacar, it was an emotional ending for Mark Cavendish, who admitted it was "likely" his final race.

Pogacar (inset) dominated the 33.7km time trial up to Nice as he romped home over a minute quicker than dethroned champion Jonas Vingegaard to claim his sixth stage.

The 25-year-old's win completed a historic double as he became

the first man in 26 years to claim both the Giro d'Italia and the Tour de France in a season and cement his place among the greats of cycling.

"I'm super happy. It's incredible," said the Slovenian.

"People might think the Giro was a safety net if I didn't succeed in the Tour, but winning both is another level."

Cavendish, 39, postponed his planned retirement to return this season in pursuit of a record-breaking 35th career

Tour stage victory, and achieved that feat with his win on stage five.

After his final ride, the 'Manx Missile' said: "I've been very lucky to have the career I've had."



Table with 4 columns: Race Name, Distance, Time, and Winner. Includes races like A - Ayr B - Beverley, C - Carmel W - Windsor, etc.

Table with 4 columns: Race Name, Distance, Time, and Winner. Includes races like Inoue, It's All About You, Jack Of Clubs, etc.

Table with 4 columns: Race Name, Distance, Time, and Winner. Includes races like Miss Billie, Motticello, Motowahiji, etc.

GREYHOUNDS

SWINDON (SKY)

- 11.09 SMOKESTACK PIXIE (5)..... Kanturk No (1)
11.27 CHUBBYS ANGEL (nb) (3)..... Catunda Cher (2)
11.43 BALLYCLEARY LADY (3)..... Cabra Phantom (2)
12.01 DAPPER RUBY (2)..... Mohican Luigi (3)
12.18 DETROIT SONNY (1)..... Ballymac Louie (2)
12.24 SPORTING MARCO (2)..... Mohican Robert (5)
12.51 NICE GUY (6)..... Mohican Ben (3)
1.08 EXPRESS FURY (1)..... Mohican Banana (5)
1.26 GET DOWN SHEP (nap) (3)..... Classic Tiger (2)
1.42 CONGRESS ANGEL (6)..... Ashway Daisy (1)
1.59 MOHICAN SUE (4)..... Ashway Sammy (6)
2.14 AUTUMN ANGEL (3)..... Itmightbeyou (1)

ROMFORD

- 11.01 LAST DANCE LYDIA (nap) (4)..... Teaboy Bruno (6)
11.18 KINGDOM KID (nb) (5)..... Bang On Roger (2)
11.34 ALL ABOUT GOLD (1)..... Foyle News (4)
12.01 RAVESTOCK BUCK (1)..... Nanny Lynn (3)
12.09 URRY UP JIM (5)..... Bobdatortoise (4)
12.26 PANTONE ALLEY (2)..... Da Young Lad (5)
12.42 BOMBAY LEMON (1)..... Blackgirl Shek (5)
12.59 ALTESSE DESTINY (1)..... Topper Razzler (4)
1.17 TOEMS JOHNNYBOY (2)..... Airtech Al (4)
1.33 WYCHWOOD TIGER (2)..... Jeopardy Raven (3)
1.51 LAKEVIEW NIGHT (1)..... Young Snowflake (5)
2.07 JEOPARDY BLITZ (4)..... Mayses Princess (3)

CENTRAL PARK

- 2.36 ONE COOL KING (nap) (1)..... Whats Up Carmel (4)
2.54 MO MO BOSH (nb) (2)..... Galaxy On Fire (1)
3.13 TEECEE JACKIE (5)..... Feora Emily (6)
3.32 KEREIGHT SAM (2)..... Feora Honey (4)
3.51 YARMOUTH BOUND (1)..... Dalibar (4)
4.09 BELLES CROWN (1)..... Affane Bailey (3)
4.28 STOPPERS ANNIE (5)..... Hollyoak Peace (2)
4.47 SIENNA BLUE (4)..... Hollyoak Winnie (3)
5.06 CANAL RIVER (3)..... Silver Medal (4)
5.24 HOLLYOAK MABLE (5)..... Stophers Virus (1)
5.43 DEZZY RASCAL (4)..... Hollyoak Fiona (2)
6.02 CRAFTY EL PASO (6)..... Franco Devon (4)

SUNDERLAND

- 2.29 MAINEVALLEY BALE (4)..... Walk On Buddy (6)
2.48 BUDGES GIRLS (nap) (6)..... Blackberry Elle (1)
3.07 VINEGARHILL SPY (3)..... Glenside Penny (1)
3.26 AUTUMN JUPITER (1)..... Guilt Trip Alice (4)
3.44 CORBALLY KINGDOM (6)..... Olwinn Patch (3)
4.03 ONE FOR THOMAS (1)..... Young Gawnie (5)
4.22 KANTURK LEG (5)..... Teddy Thomas (6)
4.41 CLASSY PROFIT (1)..... Big Time Davy (4)
4.59 CLAGNAGH IZZY (1)..... Allowdale Solo (6)
5.18 SHOOT FIRST (nb) (1)..... Dutch Zephyr (2)
5.37 KILBREEDY SPICE (1)..... Ballintemple Bay (2)
5.56 PRIVATE ROSIE (6)..... Cloondarone Bolt (4)

YARMOUTH

- 6.14 MURROW BELLE (5)..... Tany's Bill Tiny (2)
6.31 ORCHID KINGDOM (nb) (2)..... Kingswood Magic (1)
6.48 MURROW BREEZE (nap) (3)..... Always Along (2)
7.06 GARYS BABE (3)..... Canavour Jay (6)
7.22 GARNACANTY GIRL (6)..... Manfield Sonic (3)
7.39 LAUGH ALOT (3)..... Miss Winehouse (5)
7.56 SWANLEY BOLT (6)..... Kereight Fraud (5)
8.13 GREAT PET (5)..... Good Rex (6)
8.31 SNOOTY BISCUITS (2)..... Spooky Noel (1)
8.47 ACES TO OPEN (1)..... Decoy Lulu (4)
9.04 DECOY DESIRE (5)..... Malabar Lane (6)
9.23 BLACKROSE SIMON (4)..... Wicked Freebie (1)

NOTTINGHAM

- 6.37 HONEYGAR ELLIE (4)..... Harwell Trigger (1)
6.53 KEANE (5)..... Glenside Katie (3)
7.11 HARWELL CHARLIE (4)..... The Other Wow (6)
7.27 HITTHEBOTTLENEIL (6)..... Grey Wind (1)
7.44 HEADFORD MAGIE (3)..... Bluejig Ophelia (4)
8.01 MACALPINE (2)..... Let Me Fly (3)
8.19 MILLBANK BOILER (nap) (2)..... Vale Bluebell (1)
8.36 SEVEN OUTTA TEN (6)..... Bellmore Bailey (3)
8.54 ASLAN (nb) (5)..... Blythe Blaze (2)
9.11 BALLYMAC EMO (1)..... Bellmore Cricket (6)
9.28 THE OTHER DELBOY (1)..... Flame Wood (6)
9.46 PEDRO SMURPH (1)..... Kilgarann Jay (3)

BAGS WINNERS AND PRICES

- DONCASTER
11.04: Trappers Sky (4) 10-3, Millhouse Len (5) 14-1, bf: £44.00, tri: (4-5-3) £0.00, 11.21: Ballymac Sunline (1) 5-2, Longrange Ivy (5) 7-2, bf: £13.76, tri: (1-5-6) £0.00, 11.38: Icecove (5) 4-2, Mird Countess (6) 7-1, bf: £17.63, tri: (4-6-2) £0.00, 11.54: Glitter Alan (5) 9-2, Brightstar Elle (4) 7-4, bf: £18.11, tri: (5-4-3) £0.00, 12.12: Ballymac Wade (1) 4-5 fav, Jazza Rooney (4) 9-2, bf: £6.05, tri: (1-4-2) £0.00, 12.29: Birchgrove Poppy (4) 7-4 jt-fav, Pesti Pestana (6) 7-4 jt-fav, bf: £5.80, tri: (4-6-2) £0.00, 12.46: Slippy Doreen (4) 2-1 fav, Dannya Flyer (5) 11-4, bf: £8.87, tri: (4-5-1) £0.00, 1.03: Get Up Berni (2) 8-11 fav, Send Inthe Greek (4) 9-1, bf: £9.97, tri: (2-4-5) £0.00, 1.19: Foxrock Brew (3) 7-2, Pinch of Snow (1) 3-1, bf: £16.49, tri: (3-1-2) £0.00, 1.37: Redrick Luna (6) 15-8 fav, Ardara Boss (2) 9-1, bf: £8.90, tri: (6-2-3) £22.15, 1.54: Singalong Cilla (1) Evens fav, Minnies Roco (6) 6-4, bf: £2.86, tri: (1-6-4) £0.00, 2.11: King Stevie (4) 2-1, Ballymac Acres (5) 7-2, bf: £10.54, tri: (4-5-1) £0.00.
2.23: Amber Sunrise (4) 11-4, Jossa The Dossa (3) 2-1, bf: £11.63, tri: (4-3-6) £20.63, 2.41: Mylordflashheart (3) 5-4 fav, Nunhead Joanie (2) 2-1, bf: £4.42, tri: (3-2-5) £18.22, 3.01: My Mate Hugsie (3) 12-1, Imcaptainmorgan (1) 15-8, bf: £43.96, tri: (3-1-4) £0.00, 3.19: Cookie (6) 10-1, Roll In Full (3) 11-4, bf: £54.53, tri: (6-3-4) £152.24, 3.38: Harlequin Rose (3) 2-1 fav, Mr Two Spoons (1) 9-4, bf: £8.02, tri: (3-1-2) £18.90, 3.57: Im Just Pealing (4) 3-1, Snake Gun (5) 11-4, bf: £14.90, tri: (4-5-6) £31.63, 4.16: Broncos Bullet (3) 15-8, Millbank Jojo (2) 3-1, bf: £9.19, tri: (3-2-6) £0.00, 4.34: Punk Rock Thief (2) 5-2, Airlie Creek (6) 13-8 fav, bf: £8.54, tri: (2-6-1) £0.00, 4.53: Punk Rock Harley (1) 3-1, Make An Impact (2) 13-8 fav, bf: £9.79, tri: (1-2-5) £0.00, 5.12: Fingerprint Jet (3) 5-4, Sporting Pegasus (2) 9-2, NR, Joyces Bolger (res), bf: £8.91, tri: (3-2-1) £0.00, 5.31: Headford Tadh (3) 6-4, Distant Rover (1) Evens fav, NR, Mustang Chanel (res), Distant Hiker (res), bf: £3.14, tri: (3-1-5) £0.00, 5.47: Rocking Taylor (4) 7-4, Youmeanire (3) 8-11 fav, bf: £3.23, tri: (4-3-6) £10.50, 4.04: Distant Prince (1) 7-1, Money Partner (3) 10-11 fav, NR: Errill Buddy (res), bf: £18.55, tri: (1-3-4) £0.00, 4.24: Acomb Felix (2) 11-8 fav, Stay Large (1) 13-8, bf: £4.57, tri: (2-1-4) £0.00, 4.42: Fearsome Quest (6) 10-1, Acomb Johnny (5) 2-1 fav, bf: £37.09, tri: (6-5-3) £125.18, 5.01: Wholovesye (1) 4-9 fav, Bansha Babs (2) 7-1, NR: Glenside Grace (res), bf: £5.22, tri: (1-2-3) £0.00, 5.19: Canvour Con (3) 9-4, Slippy Shane (2) 10-3, (dd-h 3rd), NR: Whichwayseasy (res), Whichwayseasy (res), bf: £11.93, tri: (3-2-5) £0.00, 5.37: Slippy Julie (2) 7-2, Pelorus Jack (1) 5-2, NR: Wasted Chance (res), bf: £14.07, tri: (2-1-5) £0.00, 5.57: She Goes Wosh (4) 5-6 fav, Geelo Dobbie (2) 5-1, bf: £7.15, tri: (4-2-3) £14.93.
SUNDERLAND
11.09: Active Present (1) 5-4 fav, Veitchsblue (4) 5-2, bf: £5.88, tri: (1-4-3) £9.30, 11.27: Faves Star (5) 6-5 fav, Emers Peggy (3) 9-1, bf: £15.05, tri: (5-3-6) £37.89, 11.43: Echo Pat (4) 5-1, Witton Babs (3) 13-8 fav, bf: £20.02, tri: (4-3-2) £36.04, 12.01: Dahungyhorse (3) 4-1, Hollyhill Coco (2) 10-3, NR: Montys Diamond (res), bf: £22.79, tri: (3-2-4) £0.00, 12.18: Sleepy Millie (6) 6-4 fav, Cash Trap (6) 6-1, bf: £11.76, tri: (5-6-2) £27.02, 12.34: Stage Man (5) 7-4 fav, Buddys Matt (4) 7-1, NR: Neptune Rams (res), bf: £16.84, tri: (5-4-3) £46.36, 12.51: Maudist (1) 2-1, Fairholme Cie (2) 7-2, bf: £9.79, tri: (1-2-3) £36.85, 1.08: Pennys Cooper (6) 15-8 fav, Witton Clem (1) 3-1, bf: £8.88, tri: (6-1-2) £32.11, 1.26: High St Stag (5) 10-3, Gringos Magico (4) 10-3, NR: Pomba Tenin (res), bf: £17.48, tri: (5-4-3) £0.00, 1.42: Witton Magnifico (2) 9-4, Emers Macie (1) Evens fav, bf: £5.06, tri: (2-1-5) £14.40, 1.59: Shinjim Magic (2) 13-8 fav, Silk Cut Loco (3) 6-1, bf: £13.35, tri: (2-3-4) £28.06, 2.14: Machico (4) 8-1, Coran Bono (5) 15-8, NR: Jaguar Wildcat (res), bf: £36.00, tri: (4-5-1) £0.00.
YARMOUTH
11.01: Blue Arminta (2) 15-8 fav, Kippagh Arrow (5) 2-1, bf: £7.09, tri: (2-5-3) £31.62, 11.18: Good Steel (3) Evens fav, Drumdoit Eliza (5) 7-2, bf: £5.87, tri: (3-5-1) £19.02, 11.34: Everleys Emerald (3) 15-8 fav, Swift Arty (5) 10-3, bf: £10.10, tri: (3-5-4) £37.24, 11.52: Indigo Slowcoach (5) 5-1, Give Me Sausage (6) 11-4, bf: £23.95, tri: (5-6-4) £40.64, 12.09: Davina (3) 11-1, Colouge Rusty (1) 7-2, bf: £60.56, tri: (3-1-2) £159.31, 12.26: Rapare Sapphire (1) 5-2, Kangobaby (6) 20-1, bf: £53.57, tri: (1-6-5) £194.84, 12.42: Charmer Peevly (2) 6-4 fav, Hashtag Bennie (5) 3-1, bf: £8.28, tri: (2-5-1) £13.03, 12.59: Yecantcodaife (3) 4-1, Drumdoit Nala (1) 7-2, bf: £21.66, tri: (3-5-1) £44.01, 1.17: Speedy Pebbles (5) 11-1, Forgotten Amber (2) 12-1, bf: £153.08, tri: (5-2-1) £387.47, 1.33: Chelms Jaguar (3) 10-3, Ballygur Mantele (2) 7-2, bf: £17.81, tri: (3-2-4) £50.80, 1.51: Kilara Trojan (4) 8-11 fav, Gambet (3) 7-1, bf: £8.14, tri: (4-3-1) £21.73, 2.07: Move Over Archie (6) 5-2, Table Talk (3) 2-1 fav, bf: £9.83, tri: (6-3-1) £0.00.

MONMORE (SKY SPORTS)

- 2.23 (A9) 480m
1 1534 Ballydoyle Pedro (fr ro).....29.38
2 2533 Kelseys Princess (fr ro).....29.30
3 6341 TRUBBYS STRIPES (fr ro).....29.61
4 516 Tax Free (md ep).....30.04
5 3443 Glenduff Grace (md ro).....29.43
6 1543 Skyfall Paradise (wd ro).....29.47
Star betting: 13-8 Kelseys Princess, 4 Glenduff Grace, Skyfall Paradise, 9-2 Ballydoyle Pedro, 8 Trubbys Stripes, Tax Free.
2.41 (D4) 264m
1 5243 Hugos Bosh (fr ep).....16.16
2 5444 Skyfall Jester (ep md).....15.88
3 Jives Mohawk (fr ro).....00.00
4 2436 Moanteen Cobra (fr ro).....15.77
5 6323 ELDERBERRY BLISS (ep wd).....16.09
6 3324 Velvet Mini (wd ro).....15.82
Star betting: 11-4 Hugos Bosh, Velvet Mini, 7-2 Elderberry Bliss, Skyfall Jester, 5 Moanteen Cobra, 8 Jives Mohawk.
3.01 (A4) 480m
1 3461 Ballinrea Bud (fr ro).....29.06
2 3312 MOSSRICH FRANKIE (fr ro).....29.30
3 3454 Bloos Boy Kerry (ep ro).....28.75
4 55 Who Am I (ep ro).....29.40
5
6 5431 Skyfall Effy (md ro).....28.76
Star betting: 9-4 Bloos Boy Kerry, Skyfall Effy, 3 Mossrich Frankie, 10-3 Ballinrea Bud, 6 Who Am I.
3.19 (A9) 480m
1 3314 Knockroe Tom (fr ep).....29.68
2 3412 DRUMDOIT STELLA (fr ro).....29.46
3 225 Aero Tara (fr ro).....29.48
4 1665 Drumdoit Mil (md ro).....29.45
5 2254 Meteoric Star (md ep).....29.18
6 2451 Remarkable Hank (sa md).....29.27
Star betting: 2 Meteoric Star, 3 Aero Tara, 10-3 Remarkable Hank, 5 Drumdoit Stella, Knockroe Tom, 8 Drumdoit Man.
3.38 (D2) 264m
1 3216 Mandolin Wind (wd ep).....15.59
2 2132 DRUMDOIT JEWEL (sa ro).....15.66
3 1365 Trubbys Cal (wd ep).....15.55
4 3343 Sporty Jaxx (md ep).....15.47
5 3861 Skyfall Doc (wd ep).....15.68
6 6631 Millbank Oreo (wd ep).....15.59
Star betting: 3 Sporty Jaxx, 10-3 Mandolin Wind, 7-2 Drumdoit Jewel, 4 Skyfall Doc, 9-2 Trubbys Cal, 5 Millbank Oreo.
3.57 (S2) 630m
1 6144 Britbul Cruiser (md ep).....38.77
2 2143 SEVEN KISSES (NAP) (fr ro).....38.49
3 1144 Logical Lady (wd ro).....38.70
4 6512 Puma Kelly (ep wd).....38.56
5 4154 Bannan Betty (ep md).....38.60
6 1215 Swift Yahoo (wd wd).....39.22
Star betting: 2 Seven Kisses, 3 Puma Kelly, 9-2 Bannan Betty, 5 Britbul Cruiser, Logical Lady, 11-2 Swift Yahoo.
4.16 (A5) 480m
1 3561 Daves Blitz (md ep).....29.15
2 3564 Romantic Cal (md ro).....29.17
3 5521 Britbul Bono (wd ep).....28.86
4 6352 Red Jollybean (wd ep).....29.92
5 4313 WILLOWS BILL (md fw).....28.70
6 1543 Skyfall Paradise (wd ro).....28.86
Star betting: 5-2 Willows Bill, 11-4 Gatchells Sky, 7-2 Britbul Bono, 5 Daves Blitz, Red Jollybean, 6 Romantic Cal.
4.34 (S4) 630m
1 4242 SWIFT OCTAVIA (md ep).....39.37
2 1513 Bron Queenie (fr ro).....39.19
3 5441 Halfway Lulu (md ep).....39.02
4 2424 Outa The Blue (md ep).....39.44
5 5566 Oakfield Magic (wd ro).....39.05
6 6655 Toems Mary (wd ro).....39.37
Star betting: 9-4 Halfway Lulu, 7-2 Bron Queenie, Outa The Blue, 4 Oakfield Magic, 9-2 Swift Octavia, 8 Toems Mary.
4.53 (D4) 264m
1 2553 Dhustone Dan (fr ro).....16.08
2 3162 DRUMDOIT SUNSET (ep ro).....16.08
3 4656 Elio Elio Lulu (md ro).....00.00
4 5424 Vivons Pipsqueak (wd sa).....15.87
5 4234 Vivons Pipsqueak (wd sa).....15.87
6 6666 Ballinaki May (md ro).....16.47
Star betting: 2 Elio Elio Lulu, 10-3 Droopys Sunset, 4 Dhustone Dan, 9-2 Vivons Pipsqueak, 5 Ballinaki May, 6 Bannan Lucky.
5.12 (S4) 630m
1 4323 GLENSIDE FLO (fr ro).....39.71
2 5541 Six Sprinkles (fr ro).....39.32
3 4523 Outdoor Ranger (md ro).....00.00
4 4225 Crossfield Rach (wd ro).....39.52
5 2323 Mitches Magician (wd ro).....39.28
6 5162 One Sizzler (wd fw).....39.68
Star betting: 5-2 Drumdoit Flo, 5-2 Mitches Magician, 10-3 Outdoor Ranger, 4 Six Sprinkles, 6 One Sizzler, 8 Crossfield Rach.
5.31 (D3) 264m
1 2311 CROSS KEYS MARIA (nb) (wd ep).....15.91
2 4656 Armagh Snoodge (md ro).....15.85
3 2132 Final Lass (md ep).....15.72
4 4525 Ob La Da (wd ep).....15.93
5
6 4143 Crossfield Kevin (md ep).....15.69
Star betting: 9-4 Crossfield Kevin, 11-4 Cross Keys Maria, 3 Final Lass, 7-2 Ob La Da, 9-2 Armagh Snoodge.
5.49 (D4) 264m
1 5413 Head And Heart (fr ro).....16.04
2 4225 Aero Azrich (fr ro).....16.04
3 4656 Lassiesforflash (wd ro).....00.00
4 2511 Do It Taylor (md ro).....16.03
5 3361 Haggies Girl (md ro).....15.94
6 2312 DRUMDOIT MILO (md ep).....15.97
Star betting: 5-2 Drumdoit Milo, 3 Haggies Girl, Head And Heart, 4 Do It Taylor, 11-2 Aero Azrich, 8 Lassiesforflash.

RUGBY LEAGUE



CROUCHING TIGER:
Tex Hoy takes on the Catalans defence

THE TEX FACTOR

Tigers ace leaves it late to KO Dragons fightback

CRAIG LINGARD could not hide his delight as Castleford edged out Catalans to maintain their resurgence.

The Tigers saw off Steve McNamara's title contenders to clinch a third straight Super League win amid jubilant scenes at the Jungle.

Castleford made an awful start to the season, but Lingard's fashioned them into a respected force.

They raced into an 18-0 lead midway through the first half and although the Dragons hit back to level, Castleford claimed a late winning try through Tex Hoy.

Lingard said: "It was a bit tight towards the end, but the boys scrambled really well to prevent Catalans scoring another try."

"To see the game out after allowing them to level at 18-18 was a real turning point for us."

"In the past we've conceded points and gone into our shells a bit, but the way we got better as the game wore on was testament to our hard work."

"We needed to change the narrative about us earlier in the season."

"This again shows we can beat teams in the top six and on our day we can challenge anybody."

Defeat raised doubts over the

by **ROSS HEPPENSTALL**

CASTLEFORD	24
CATALANS	18

Dragons' play-off hopes and was made worse by the loss of star winger Tom Johnstone to injury.

The prolific wideman scored in the first half but picked up a heavy knock and had to be helped off the field shortly before the break.

Catalans boss McNamara said: "Tom's sore and had to come off, so we'll get that checked out, but he is not looking great."

Castleford led when hooker Liam Horne touched down and half-back Jacob Miller finished superbly for a second home score.

Horne then completed his brace and Rowan Milnes converted to make it 18-0 before Johnstone touched down in the left corner to get Catalans off the mark.

Matt Ikuvalu and Arthur Mourgue scored converted tries to level matters, only for Hoy to bag the winning score eight minutes from time.

McNamara added: "The way we fought back to 18-18 was good, but for the last 12 minutes we were terrible."

Ton triple for Trump

■ SNOOKER

JUDD TRUMP claimed his first Shanghai Masters trophy with a 11-5 victory against Shaun Murphy.

The world No.2, runner-up three times, hit three centuries on his way to the title.

Having led 7-3 from the morning session, he then went on to sweep Murphy aside.

Trump had knocked out reigning champion Ronnie O'Sullivan in Saturday's semi-final.

STAR SHORTS

Rafa left at a loss

■ TENNIS

RAFA NADAL was blown away in his first final for two years - and then hinted his career is close to the end.

The 22-time Grand Slam champion, 38, (right) saw his hopes at the Swedish Open dispatched in double quick time, 6-3 6-2 by Nuno Borges of Portugal.



Virna has big plans

■ UFC

VIRNA JANDIROBA could be next in line for a strawweight title shot after her submission victory over Amanda Lemos in Las Vegas.

The Brazilian, who now has four wins in a row, got her hand raised after clamping on an armbar in round two.

She said: "I couldn't be happier. Everything went very smooth, everything went great and I think we are on to much bigger things now."

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Pascal turns it around for glory

PASCAL Wehrlein finally sealed racing redemption by becoming a world champion seven years after his axe from Formula One.

The Porsche driver (*inset*) was forced to rebuild his career when he went from wonderkid and youngest-ever DTM champ to the racing scrapheap.

Wehrlein, 29, has slowly become a challenger in Formula E and last night overcame the two Jaguars of Mitch Evans and Nick Cassidy in a nail-biting finale in London.

"I'm not thinking too much about the past," Wehrlein said. "Sometimes it goes your way, sometimes it doesn't."

"We're in a very fortunate

■ by AARON FLANAGAN

position. This year has been special. I always believed in us. "I'm happy for the team and for myself. I know how much it means to everyone."

The three championship challengers began the race separated by just four points after Cassidy took pole earlier in the day.

Ultimately, the decision for Wehrlein and Evans to wait for their mandatory attack mode deployments gave them the edge over Cassidy, who suffered a puncture.

Cassidy said: "It wasn't

meant to be. It is utterly heartbreaking. It was completely out of my control."

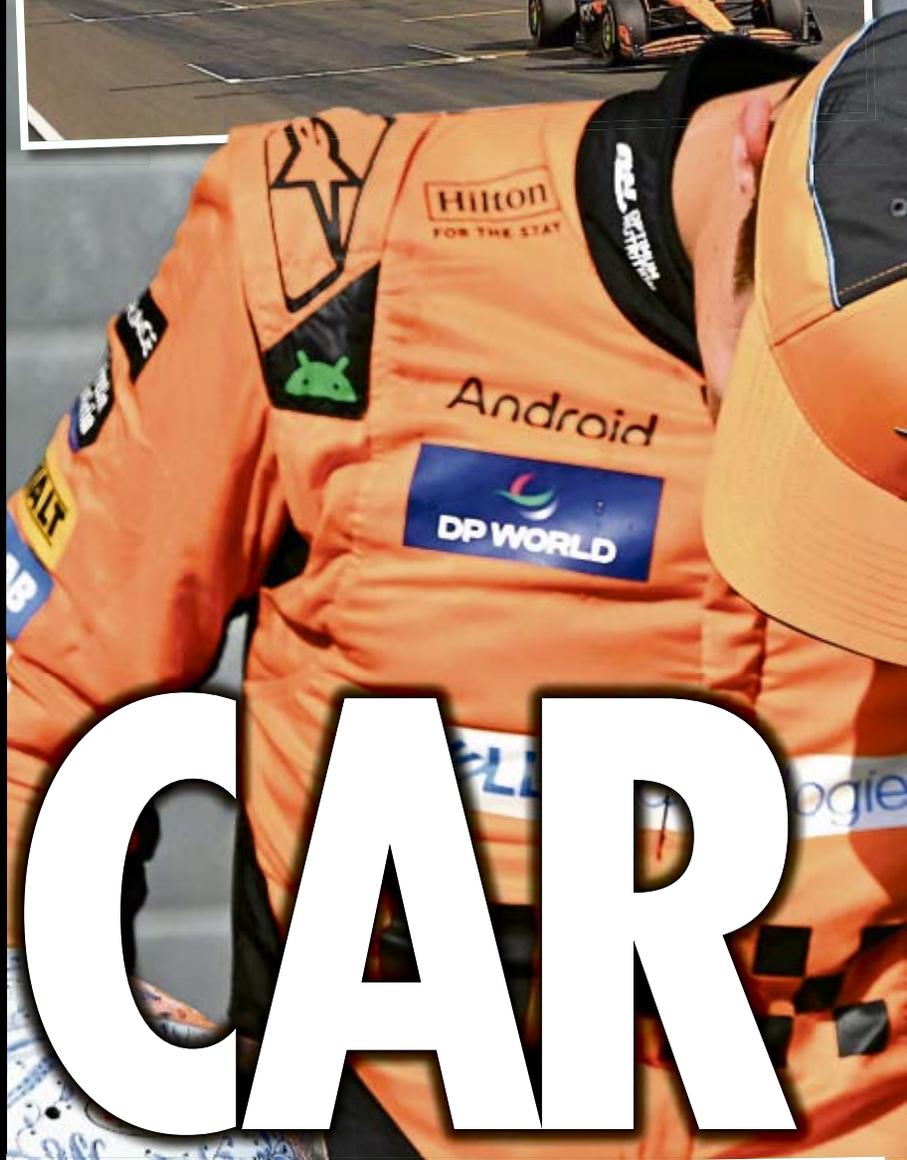
As Wehrlein and Evans took their own attack modes, Oliver Rowland came through to take an unexpected race victory.

But second place was enough for Wehrlein, who was aided by Evans having to slow down on the final lap to ensure his car finished the race in regulation conditions.

The consolation prize for the Jaguar pair is the teams' championship – the British brand's first in any racing series since 1991.



■ TEAM ORDER: Piastri takes the chequered flag ahead of McLaren pal Norris



■ FLIPPING OUT: Verstappen comes off worse in his latest clash with Hamilton

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F1: HUNGARIAN GRAND PRIX

BOWED: Norris (left) finds it hard to fully embrace race winner Piastri



Lew's joy at 200th podium

by DANIEL MOXON

LEWIS HAMILTON marvelled at Mercedes' remarkable turnaround after standing on a Formula One podium for the 200th time.

By his own admission, he never had a chance of beating the rapid McLaren drivers at the Hungarian.

But the seven-time champion (inset) did survive his skirmish with Max Verstappen to earn the right to spray them with champagne.

Hamilton, 39, became the first man in history to reach 200 F1 podiums – he now has 45 more than Michael Schumacher managed.

And it also marked five consecutive podium finishes for a Mercedes team which has made vast improvements over the season so far.

He said: "The year started out with us struggling to

finish in the top 10. So for us to be moving forward and be in the mix really feels great.

"We do need to bring more and I hope at some stage we can have the sheer pace of the guys ahead.

"If we do, then George [Russell] and I will be able to really stick it to them."



WARS

Lando told to let Piastri win as Max rants at team

LANDO NORRIS could not look Oscar Piastri directly in the eye – but he could at least muster a handshake after a frustrating Hungarian Grand Prix.

After all, the Brit felt like he was the one who should have been standing on the top step of the podium.

But he had to settle for second after finally, eventually, listening to repeated pleas from McLaren to "do the right

by DANIEL MOXON

thing". But he was nowhere near as aggrieved as Max Verstappen, who spent the race turning the radio airwaves blue.

He fumed about Red Bull's lack of pace, their "s***" strategy and then Lewis Hamilton after they collided, sending his car flipping up into the air.

That allowed Hamilton to claim a 200th podium finish with championship leader Verstappen finishing fifth.

covered off rivals. That put Norris into the lead, but he was told straight away to give the place back.

However, for more than 20 laps they had to keep asking, McLaren's desperation getting more and more evident as time went by.

Eventually, a civil war was avoided as Norris obliged with three laps to go and Piastri took the win.

Norris said it was "tough" to give up what would have been only his second career victory, but said: "I think it was fair to give the position back.

"I don't want to come across as a guy who's not fair. Oscar has done a lot for me in the past and helped me in many races.

"He drove a better race than I did, got a good start, a better start. He deserved it and it was the right thing to do.

"It hurts any time you give away a win, but I shouldn't have had it in the first place, which is the main point."

Piastri is always a calm character and insisted he never thought Norris was going to steal his thunder.

The Aussie said: "I had a lot of trust in

HOW THEY FINISHED		
1	O Piastri (Aus) McLaren	1:38:01.989
2	L Norris (GB) McLaren	+2.141
3	L Hamilton (GB) Mercedes	+14.880
4	C Leclerc (MON) Ferrari	+19.686
5	M Verstappen (Hol) Red Bull	+21.349
6	C Sainz Jr. (Spa) Ferrari	+23.073
7	S Perez (Mex) Red Bull	+39.792
8	G Russell (GB) Mercedes	+42.368
9	Y Tsunoda (Jpn) RB	+1:17.259
10	L Stroll (Can) Aston Martin	+1:17.976

STANDINGS Drivers	
1	M Verstappen (Hol) 265pts
2	L Norris (GB) 189
3	C Leclerc (Mon) 162
4	C Sainz Jr (Spa) 154
5	O Piastri (Aus) 149
6	L Hamilton (GB) 125
7	S Perez (Mex) 124
8	G Russell (GB) 116
9	F Alonso (Spa) 45
10	L Stroll (Can) 24

FASTEST LAP: Russell 1:20.305 (lap 55) **POLE:** Norris 1:15.227

INFORMATION STATION

CYCLING

TOUR DE FRANCE STAGE 21 (MONACO - NICE, 34.0KM): 1 T Pogacar (Slo) UAE Team Emirates 45m 24s, 2 J Vingegaard (Den) Team Visma | Lease a Bike +1:03, 3 R Evenepoel (Bel) Soudal Quick-Step +1:14, 4 M Jorgenson (Usa) Team Visma | Lease a Bike +2:08, 5 J Almeida (Por) UAE Team Emirates +2:18. **Final General Classification:** 1 T Pogacar (Slo) UAE Team Emirates 83hrs 38mins 56secs, 2 J Vingegaard (Den) Team Visma | Lease a Bike +6:17, 3 R Evenepoel (Bel) Soudal Quick-Step +9:18, 4 J Almeida (Por) UAE Team Emirates +19:03, 5 M Landa (Spa) Soudal Quick-Step +20:06.

DARTS

PDC WORLD MATCHPLAY, WINTER GARDENS, BLACKPOOL FINAL: L Humphries (Eng) bt M Van Gerwen (Ned) 18-15.

RUGBY LEAGUE

Betfred Super League CASTLEFORD..... 24 CATALAN DRAGONS.. 18 Castleford—T: Horne (2), Miller, Hoy. G: Milnes (4).

Catalans Dragons—T: Johnstone, Ikuvalu, Mourgue. G: Johnstone, Mourgue (2).

	P	W	D	L	F	A	Pts
Wigan.....	17	14	0	3	465	206	28
Warrington.....	18	13	0	5	460	241	26
Hull K R.....	18	13	0	5	441	238	26
St Helens.....	18	11	0	7	451	210	22
Catalan Dragons.....	18	11	0	7	341	258	22
Salford.....	18	11	0	7	325	344	22
Leeds.....	18	9	0	9	321	336	18
Leigh.....	17	7	1	9	326	272	15
Huddersfield.....	18	7	0	11	330	393	14
Castleford.....	18	6	1	11	304	473	13
Hull.....	18	3	0	15	252	542	6
London Broncos.....	1	0	17	182	685	2	

Betfred Championship—Barrow 8

Sheffield 6, Batley 29 Dewsbury 22, Bradford 36 York 28, Halifax 20 Widnes 24, Swinton 20 Whitehaven 22.

Betfred League 1—Cornwall RLFC 8 Workington 30, North Wales Crusaders 16 Hunslet 46, Oldham 44 Keighley 6, Rochdale 14 Midlands Hurricanes 10.

SNOOKER

SHANGHAI MASTERS, CHINA—Final: J Trump (Eng) bt S Murphy (Eng) 11-5.

TENNIS

ATP NORDEA OPEN, BASTAD, SWEDEN—Final: N Borges (Por) bt R Nadal (Spa) 6-3 6-2.

WTA HUNGARIAN GRAND PRIX, BUDAPEST—Final: D Shnaider (Rus) bt A Sasnovich (Blr) 6-4 6-4.

ATP EFG SWISS OPEN, GSTAAD—Final: M Berrettini (Ita) bt Q Halys (Fra) 6-3 6-1.

ATP HAMBURG OPEN, GERMANY—Final: A Fils (Fra) bt A Zverev (Ger) 6-3 3-6 7-6 (7-1).

TODAY'S DIARY

(7.45pm unless stated)

TENNIS

ATP Generali Open (Kitzbuhel, Austria).

ATP Plava Laguna Croatia Open Umag (Umag, Croatia).

Prague Open (Prague, Czech Republic).

Iasi Open (Iasi, Romania).

ATP Atlanta Open (Atlanta, Georgia, United States).

ANSWERS

FIVE FOR FUN

1 Rowan Milnes, 2 Everton, 3 Amy Yang, 4 Kypros, 5 Lando Norris.

Tyson is still next

by GARY HITCHCOCK

JAKE PAUL racked up another win in the ring, before calling out Mike Tyson once again.

The YouTuber turned boxer stopped Mike Perry, a former UFC star and now bare-knuckle boxer, in the sixth round in Tampa, Florida.

Paul then urged former heavyweight champion Tyson, 58, to sign a fight contract after an ulcer forced 'Iron Mike' to pull out of their original date.

The 27-year-old, who is 10-1 in the ring, said: "Mike Tyson, you're next.

"Sign the contract. I'm excited for that one, I'm going to go home and prepare for that one. It's happening – November 15.

"I'm going to get another KO and prove everyone wrong once again."

CRICKET: SECOND TEST, DAY FOUR



We can score 400 runs and we can score 400 more...

TON UP STARS: Joe Root smashes a boundary while Harry Brooks (inset) salutes the crowd



STRONGMAN: Ten Hag

Erik 'next best' to rival Pep

by ANDY NEWPORT

ERIK TEN HAG says he will be a stronger manager this season because of Manchester United's FA Cup performance.

And the Dutchman faced down his critics by pointing out that after Pep Guardiola he is the most successful manager in England over the past two seasons, having won the Carabao Cup in 2023.

United beat Rangers 2-0 on Saturday at Murrayfield before heading off on this week's US pre-season tour.

Asked if he thought the FA Cup final win over Guardiola's Manchester City had made him a stronger manager, Ten Hag said: "Of course. This club didn't win trophies, before I came, for six years.

"In two years after Guardiola, we won the most trophies in English football, so we are in a strong position."

Ten Hag made it clear he wants to resist moves to sign Scott McTominay.

The Scotland midfielder has been the subject of a £40m bid from Fulham while Tottenham are also interested.

Ten Hag said: "We want to keep him because he is a very important player for our squad."

City eye a Donna

From Back Page

have sounded out the French giants over the Italian, believing they can get their man for £50m.

The ex-AC Milan keeper is a big name in European football and helped his country to Euro 2020 glory.

Donnarumma, 25, is said to be happy in Paris and did have early conversations on a renewal of his current deal, which expires in 2026.

But he also has eyes on a switch to England and would relish a move to Pep Guardiola's men.

Donnarumma, who is 6'5", was named Player of the Tournament in Euro 2020 as he starred in Italy's penalty shoot-out win in the final against England at Wembley.

Ederson came close to joining Al-Nassr recently, but could now move to Al-Ittihad, with plenty of interest in the Brazilian.

BEN BOYS BATTER 'EM

ROOKIE spinner Shoab Bashir may have taken five wickets to seal a crushing 241-run victory - but it was England's destructive batsmen who set the platform.

Yorkshire duo Joe Root (122) and Harry Brook (109) set things up beautifully as both scored centuries on the fourth morning to leave the Windies a huge target at Trent Bridge.

And the task proved well beyond them as they crashed to a series defeat with one Test still to go.

Bashir, 20, who went into this game without a Test wicket on home soil, added to his two first-innings victims with a sparkling display second time round.

Yet he was only afforded the platform because of England's batting onslaught, which saw them score more than 400 in both Test innings for the first time in history - and that after being put in on the first day.

At the start of play, the hosts were in the driving seat but still needed to be watchful as they looked to set up a meaningful total to chase.

And this they did as first Brook and then Root wrote themselves into the history books with a record fourth-wicket partnership at this famous old venue.

Brook, resuming on 71, had played fluently as he chased down his first three figures on home soil.

He reached it from just 118 balls and seemed set for a big score, but he became Jayden Seales' first victim, caught behind.

That left Root to shoulder the burden, which he did as he became the eighth-highest run scorer in Test history.

It was a classic innings of its kind, too.

When the ex-skipper finally brought up three figures - for the 32nd time - he had done so making only seven boundaries from the 158 balls faced.

However, although England's lead had topped 300 at lunch, Root was

by NEIL MOXLEY

running short of help. Ben Stokes (inset) mistimed a pull from Seales and was caught in the deep, while Jamie Smith edged Kevin Sinclair behind.

Chris Woakes and Gus Atkinson provided sufficient support for the country's premier batter to nudge and nurdle the lead over the 350 mark.

By the time Root rather tamely slapped a drive into Kirk McKenzie's hands at short extra cover, the tourists already required a total way in excess of the highest ever chased down at Trent Bridge.

Kraigg Brathwaite and Mikyle Louis started brightly and brought up the half-century before Woakes found the edge of Louis' bat.

That breakthrough sparked a staggering collapse as the Windies lost all 10 wickets in just 23 overs.

Bashir profited from a rash shot by McKenzie and then picked up the wickets of Alick Athanaze and Kavem Hodge.

Woakes snared Brathwaite, Mark Wood bounced out Sinclair and Atkinson weighed in with two wickets in an over.

Bashir returned after Jason Holder whacked him for a four and a six to bowl the all-rounder and then wrapped up the match by castling Shamar Joseph.



Bash bliss as rookie routs Windies

From Back Page match for the first time. A delighted Stokes said: "Bash has shown the world what he can do. "That wicket offered hardly anything to the spinners on day four. "But Bash was so aggressive, his intent was always to take wickets, not to hold up

an end. And the way he can change his pace, over-spin or under-spin the ball... he showed his full bag of tricks. "The ball he got Jason Holder with was a great example of that. You could see the seam was sideways. "He's got so much talent, the ceiling is so,

so high. He's got an unbelievable desire and will to get better. "That's really good for a young guy to put in a performance that wins a Test match for England. "We're really pleased for him. He was pretty emotional at the end. To get a five-wicket haul and win the game, it's a

pretty cool day for him." Bashir said: "It was special to finish it off in a session. "In the first innings, I wasn't as consistent as I could have been. In the second, it was nice to cash in. "I'm still trying to soak everything in. It all went so quickly."

SCOREBOARD

Second Test Match
England v West Indies
(Day 4 of 5)

TRENT BRIDGE: England beat West Indies by 241 runs

ENGLAND: First Innings 416
(Pope 121, Duckett 71, Stokes 69)

WEST INDIES: First Innings 457
(Hodge 120, Da Silva 82no, Athanaze 82, Woakes 4-84)

ENGLAND: Second Innings
(Overnight 248-3)

J Root c McKenzie b Holder122
H Brook c Da Silva b Seales109
B Stokes c S Joseph b Seales8
J Smith c Da Silva b Sinclair6
C Woakes c Holder b S Joseph12
G Atkinson not out21
M Wood b Seales0
S Bashir b Seales0
B4 lb8 w1 nb417

Total (92.2 overs)425
Fall: 8, 127, 140, 329, 341, 348, 378, 419, 421.

Bowling: Joseph 20-0-103-2, Seales 22-2-197-4, Joseph 19-0-75-1, Holder 15-2-54-1, Sinclair 15-1-78-1, Brathwaite 1-0-6-0.

WEST INDIES: Second Inns

K Brathwaite c Smith b Woakes47
M Louis c Smith b Woakes17
K McKenzie c Smith b Bashir1
A Athanaze c Root b Bashir1
K Hodge lbw Bashir0
J Holder b Bashir37
K Sinclair c Crawley b Wood1
J Da Silva lbw Atkinson14
A Joseph b Atkinson0
J Seales not out8
S Joseph b Bashir8
Lb8 w19

Total (36.1 overs)143
Fall: 61, 66, 74, 75, 82, 91, 113, 113, 129.

Bowling: Woakes 8-3-28-2, Atkinson 9-1-49-2, Wood 8-2-17-1, Bashir 11.1-2-41-5.

Umpires: A Holdstock & R Tucker.

SERIOUSLY football PREMIER LEAGUE

ED BOY HALL

Lewis praying Toon boss Howe will snub England

LEWIS HALL is hoping he will have the chance to repay the faith boss Eddie Howe has shown in him this season.

That will largely depend on Newcastle being able to keep Howe out of the clutches of the FA, who are linked with wanting the Toon boss to succeed Gareth Southgate as the new England manager.

Hall said over the weekend that he and his team-mates "are desperate for Howe to stay and be our manager".

The 19-year-old left-back admits he had a tough introduction to life at St James' Park last term, initially on loan from boyhood club Chelsea.

But thanks to the man-management skills that have made Howe hot property, Hall (*below right, with Howe*) was able to pull through and take his chance at the back end of the season.

Those performances were enough to seal a permanent move this month to the club he and his family support.

Now Hall hopes he can continue to learn and progress under the watchful eye of Howe - and expressed his gratitude to the manager and his coaches.

He said: "That's the most detail I've ever had from a coach, not just the gaffer but all of his backroom staff."

"Whether it's on the pitch coaching me or off the pitch, analysing from training, it's helped me come along a lot.

"It's not just every so often - it's every day they're trying to get the best out of me and trying to improve me.

■ **by KEITH WEBSTER**

Sometimes they put me in situations where I don't feel comfortable because they want to improve me.

"Although it was frustrating sometimes, not being at the level I wanted to be at when I first came, they stuck by me and I'm so grateful for that."

Hall managed 18 Premier League games on loan and is hoping there are many more to come now that he has signed permanently.

He is also looking forward to many more walks down the tunnel at Toon's famous stadium.

"It's an important season for us," he added. "We know we have the talent to be in the league position we want to be in, which is near the top.

"We've shown we can get into the Champions League spots. We've added more great players to the squad. That's only going to help us go one way.

"On a personal note, it is a big season for me. I've had spells over the last two seasons where I have had regular minutes.

"I'm looking to get a full season under my belt. Playing football is an amazing feeling but playing at home, in front of the supporters who are so strongly into the club, there is no better feeling than walking out at St James' with all the fans behind you."

GOING PLACES: But Lewis Hall says there's no place like St James' Park



BLAST from the PAST

This week in footy back then...



Pigs do fly as Figo joins Real

LUIS FIGO joins Real Madrid from bitter rivals Barcelona for a world record £38m. Furious Barca fans make their feelings clear on Figo's return to the Nou Camp with a barrage of missiles.

Things get a little surreal two years later when a severed pig's head is hurled from the stands. Sol Campbell must have thought he got away lightly after his Spurs-Arsenal switch.

BOB'S JOB BOB PAISLEY is the new Liverpool boss. Formerly assistant to the outgoing Bill Shankly, Paisley makes the step up. The quiet, unassuming new man in charge could not be more different to the outspoken Shankly but three European Cups and six league titles will speak for themselves... loudly.



July 27, 1992



JACK WALKER'S ambition to make his beloved Blackburn Rovers the best team in the land is starting to look a lot further down the line than wishful thinking as Alan Shearer rocks up at Ewood Park for a British record fee of £3.6m. More stars like Chris Sutton, Graeme Le Saux and Tim Sherwood join the cause and in 1995 Blackburn become Premier League champions.

July 23, 2002 BACK PAGE NEWS!

RIO FERDINAND moves to Manchester United from Leeds, and the £30m deal makes him the world's most expensive defender for a second time. He forms a formidable partnership with Nemanja Vidic, netting six Prem titles and a Champions League winners' medal.

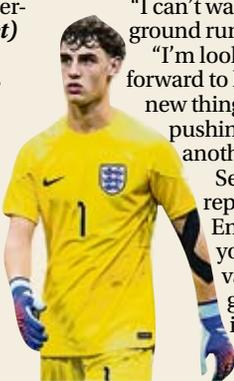
No.1 on this day in 1986 PAPA DON'T PREACH by Madonna

Tommy a Gunner

ARSENAL have signed goalkeeper Tommy Setford from Ajax.

The Dutch-born England youth international, 18, (*inset*) came through the Amsterdam club's academy.

He will join up with the Gunners' Under-21s side but will train regularly with the first team and will be part of the squad for the pre-season tour of the US.



■ **by KEITH WEBSTER**
Setford said: "I want to thank Arsenal for this opportunity.

"I can't wait to hit the ground running. "I'm looking forward to learning new things and pushing myself to another level."

Setford has represented England's youth sides at various age groups, including Under-20s.

SAUDI MOVE FOR MOUSSA

■ **by DARREN WELLS**
ASTON Villa have cashed in on winger Moussa Diaby. The Champions League qualifiers have several striking options so have sold the France international to Saudi Pro League club Al-Ittihad for £60m.

Villa have turned a profit on the 25-year-old, who was their club record £52m signing when they landed him last season from Bayer Leverkusen.

Juan not Dane yet

JUAN MATA is training with Danish club FC Nordsjaelland alongside former Chelsea team-mate Michael Essien.

Spanish midfielder Mata, 36, (*inset*) has been a free agent since leaving Japanese side Vissel Kobe in January following a brief spell where he made just one appearance.

He helped Galatasaray to the Super Lig title last year and appears to

■ **by DARREN WELLS**
be planning a return to football.

Nordsjaelland confirmed Mata had enquired about training with the club as his wife is Swedish and lives in nearby Malmo.

Essien is a coach at Nordsjaelland and played alongside Mata for Chelsea from 2011-2014, winning the Champions League and Europa League together.





BATTLE FOR THE CLARET JUG

XAND XAND

Red-hot Schauffele burns through rivals to bag title



same year was Rory McIlroy a decade ago. The same McIlroy that Schauffele is about to overtake as the new world No.2.

Throw in a winning cheque for \$3.1m (£2.4m) and it's not been a bad few weeks work for someone who has gone from the nearly man of golf to the main one.

Even world No.1 Scottie Scheffler could do nothing to stop Schauffele from taking all the glory.

Scheffler was in the chasing pack alongside fellow Americans Billy Horschel and Russell Henley, plus 2019 champion Shane Lowry, shock contender Dan Brown and South African Thruston Lawrence.

Horschel had been the overnight leader with a one-shot advantage, but despite birdying the opening hole, he never managed to get going.

Lowry spluttered around Troon as well,

finishing with a closing 68 and sixth place. While at one point it looked like the unheralded Lawrence would take the crown in Scotland.

Lawrence went out in a nerveless four-under-par 32 and stood on the 10th tee looking down on the rest.

He was one clear of Rose and two ahead of Schauffele, but bogeyed the 12th to lose his momentum as Schauffele put on the after-burners to overtake him.

As Schauffele walked up to the final hole his name was being engraved on to the base of the Claret Jug.

He'd written another chapter of a familiar story, having become the seventh American to triumph at Troon in the last eight championships here.

His family were waiting to congratulate him at the back of the 18th green, including his emotional dad Stefan.

The man who first introduced his son to cigars at the age of 10, now watching him continue to set the game of golf on fire.

CIGAR-LOVING Xander Schauffele smoked the rest of the field to be crowned Open champion.

The American was left puffing on one of his favourite Montecristo No.2s after shooting a final-round 65 to lift the Claret Jug at Royal Troon.

The American star knocked his ball around the Ayrshire links with faultless precision to see off a host of challengers.

These included Justin Rose, who threatened to become the first Englishman to win the title in 32 years, before wilting in the heat of his rival's red-hot golf on the back nine.

Rose, who is now 43, did little wrong and held the joint lead heading towards the turn following an impressive outward nine of 33.

And he raised his cap to the galleries after birdying the final hole to finish in a tie for second place with a round of 67.

But like all the rest, Rose had no answer to the birdie blitz of Schauffele down the stretch, as the San Diego native charged to the biggest title of his career.

The 30-year-old birdied three of four holes between 11 and 14 to complete a bogey-free round and finish on a winning score of nine-under par, two shots clear of the field.

The stunning triumph caps an astonishing summer for Schauffele.

Having waited years to land his first Major title and gone so close on several occasions in the past, Schauffele has now landed two in just two months.

And he will jet home to put the most famous silverware in golf on his mantelpiece alongside the Wanamaker Trophy, having won the PGA Championship at Valhalla in May.

The last player to win both of these in the



WAVES: Justin Rose is grateful to fans which included (inset) one in the sea



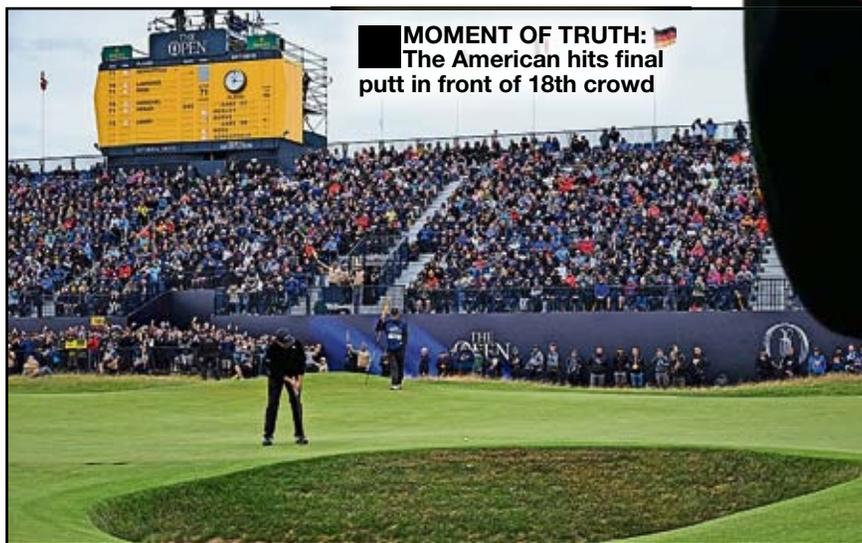
OPEN AND SHUT OUT: Shane Lowry shows his frustration



FINE LINE: Schauffele plays it cool



HAY THERE: South African Thruston Lawrence hits trouble



MOMENT OF TRUTH: The American hits final putt in front of 18th crowd

BOB'S SUNK BY 'ABSOLUTE CARNAGE'

BOB MacINTYRE says he will not return to Royal Troon in a hurry after a chastening week on the Ayrshire coast.

MacIntyre arrived last Monday still feeling the effects of his celebrations after winning the Scottish Open.

And the man from Oban finished at nine over for the tournament after a three-over-

by SAM FROST par final round playing alongside his childhood idol Phil Mickelson.

Rubbing shoulders with the six-time Major champion provided some satisfaction, but MacIntyre could take few positives from a week he will toss "straight in the bin".

"It was terrible," he said. "We

won't be back here in a hurry. This one has been absolute carnage from start to finish."

In contrast, Yorkshire's Dan Brown's had a fairy tale Open debut after qualifying and ending with a top-10 finish.

Brown had proved to be the shock story of the week, bursting into contention despite being priced as a huge outsider

with the bookmakers heading into the championship.

While he struggled to make his mark yesterday, the Englishman has guaranteed he will play in The Open at Royal Portrush next year.

He said: "At the minute it's probably a little bit more disappointment, but when I reflect, I'll be very pleased."



BIN THERE: MacIntyre says his golf at Royal Troon was terrible

DELIVER



HOLE	PAR	PLAYER	SCORE	DRAW	NTT DATA
72	4	SCHAUFFELE	275		
72	4	ROSE	277		
72	4	HORSCHTEL	277	71	
72	4	LAWRENCE	278		
72	4	HENLEY	279		
72	4	LOWRY	280		

Toasting in Claret

From Back Page said: "Red wine – we are trying to find good wine. It is a Claret Jug – the name says it. I am half French. No beer."

The Ryder Cup star took 28 attempts to win his first Major at the US PGA in May and is now halfway to a career Grand Slam.

"Before I had any Majors, it's something I've always wanted," he said.

"I'm one step closer and still have a long way to go. But if you don't see yourself doing it, you're never going to do it."

Rose had been bidding to win his second Major a record 4,053 days after his first at the 2013 US Open – and become the first English Open winner since Sir Nick Faldo in 1992.

"I felt gutted when I walked off the course and it hit me hard because I was so strong out there today," he said.

"I left it all out there. I'm super proud of how I competed.

"That's the deal I made with myself, to come off with no regrets.

"There are a lot of positives, in terms of what I'm looking for toward the end of my career.

"I'm looking for those big stage moments and today was nearly it. It was a lot of fun."

World No.1 Scottie Scheffler had a disastrous finish, with double bogeys at the ninth and the 18th. He left Troon refusing to comment.



DAD WILL DO: Schauffele shares his moment of joy with his father

CLASS ACT: Schauffele with trophy and (inset) the Troon leaderboard

GREAT SCOTT BRINGS HOME SILVER

SCOTLAND'S Calum Scott joined an illustrious group of players in winning the Silver Medal as the week's lowest-scoring amateur. Scott ended the championship at eight-over par and was given a great reception when making his way up the 18th in front of his home crowd at Royal

by JOSHUA LEES
Troon. "I did the last 100 yards just walking and I got kind of emotional," he said. "It's a memory I'll cherish for a lifetime." Scott currently plays college golf at Texas Tech University and despite his achievements this week, he will keep his amateur status

for now with the hope of earning a PGA Tour card in his final year in America. Meanwhile, Irishman Shane Lowry admitted that letting a second Major victory slip through his fingers would "hurt for a few days." Lowry, 37, was three clear after four holes of his third

round but finished Saturday with a six-over-par 77. He said: "The critics will say that I probably should have won from where I was, but it's not easy out there." "There's no two ways about it – I had a great chance of winning this Open and it's going to hurt for a few days."

GONG SHOW: Calum Scott with his medal



LEADERBOARD

- FOURTH ROUND** (Gbr & Irl unless stated, par 71): (a) denotes amateurs
- 275** X Schauffele (USA) 69 72 69 65
 - 277** B Horschel (USA) 72 68 69 68, J Rose 69 68 73 67
 - 278** T Lawrence (Rsa) 71 74 65 68
 - 279** R Henley (USA) 69 75 66 69
 - 280** S Lowry 66 69 77 68
 - 283** Sung-Jae Im (Kor) 76 72 66 69, J Rahm (Spa) 73 70 72 68, S Scheffler (USA) 70 70 71 72
 - 284** D Brown 65 72 73 74, M Jordan 71 71 71 71, A Scott (Aus) 70 77 66 71
 - 285** Byeong-Hun An (Kor) 75 71 68 71, J Day (Aus) 73 68 76 68, A Noren (Swe) 69 75 71 70
 - 286** J Catlin (USA) 76 70 69 71, M Hughes (Can) 69 74 75 68, C Morikawa (USA) 73 70 72 71
 - 287** D Burmester (Rsa) 71 69 76 71, D Hillier (Nzl) 76 71 68 72, S Sharma (Ind) 76 72 67 72
 - 288** E Ferguson 74 73 70 71, P Harrington 72 73 71 72, S Straka (Aut) 70 74 73 71
 - 289** L Canter 71 74 70 74, P Cantlay (USA) 73 68 75 73, C Connors (Can) 71 70 80 68, J Dean 69 77 71 72, R Fox (Nzl) 73 73 76 67, J Spieth (USA) 71 74 74 70
 - 290** S Burns (USA) 76 69 65 80, E Cole (USA) 72 73 72 73, D Johnson (USA) 74 69 72 75, Min-Kyu Kim (Kor) 73 71 72 74, C Kirk (USA) 70 76 69 75, M Manassero (Ita) 73 73 70 74, G Migliozzi (Ita) 73 75 71 71, J Thomas (USA) 68 78 67 77, B Todd (USA) 73 73 70 74, C Young (USA) 73 73 71 73
 - 291** K Kitayama (USA) 77 69 74 71, M Wallace 70 77 71 73
 - 292** J Campillo (Spa) 80 68 73 71, E Grillo (Arg) 71 74 72 75, M Homa (USA) 76 72 70 74, Si-Woo Kim (Kor) 76 71 71 74, B Koepka (USA) 70 73 78 71, T Olesen (Den) 72 73 76 71, C Scott 71 75 70 76
 - 293** S Crocker (USA) 72 74 69 78, H English (USA) 76 71 72 74, M Fitzpatrick 70 78 73 72, R MacIntyre 72 75 72 74, A Meronk (Pol) 73 72 73 75, M Pavon (Fra) 72 72 77 72, G Woodland (USA) 76 68 72 77, R Mansell 75 71 74 73
 - 294** A Ancer (Mex) 73 75 70 76, J Niemann (Chi) 71 71 76 76
 - 295** B Harman (USA) 73 73 72 77, R Højgaard (Den) 74 72 74 75, P Mickelson (USA) 73 74 72 76, T Morrison (USA) 75 73 74 73, Jeung-Hun Wang (Kor) 72 72 77 74, J Skov Olesen (Den) 76 71 72 76
 - 296** A Eckroat (USA) 73 73 72 78, N Højgaard (Den) 69 75 75 77, H Matsuyama (Jpn) 75 72 75 74, T McKibbin 73 72 77 74, D Thompson (USA) 74 73 71 78
 - 297** R Fowler (USA) 79 69 74 75
 - 298** T Hoge (USA) 74 70 74 80, M Siem (Ger) 73 71 77 77, Young-Han Song (Kor) 71 76 77 74
 - 299** A Cejka (Ger) 73 74 72 80, D Clarke 77 71 76 75, A Rai 73 74 75 77
 - 302** L Masaveu (Spa) 73 75 78 76
 - 303** A Ogletree (USA) 75 72 79 77
 - 306** D Fichardt (Rsa) 77 71 80 78



SCHAUFFE TIME



Xander and dad toast his victory in Claret

■ from NEIL McLEMAN at Royal Troon

XANDER SCHAUFFELE and his French father planned to drink "good red wine" out of the Claret Jug to toast his Open victory.

The new world No.2 saw off "gutted" Justin Rose and Billy Horschel to claim his second Major of the season.

And the US PGA champion immediately targeted a career Grand Slam.

But the American first wanted to celebrate his superb two-shot win at Royal Troon.

Cradling the Claret Jug, Schauffele said: "I just can't wait to drink out of it. It really is a dream come true to be holding this."

"I don't really drink a whole lot ever. I don't really get to celebrate too many things ever. This game is cruel at times.

"I can't wait to enjoy this with my family. Tonight will be awesome. It will be low key for most, but not for me.

"My father's going to have to figure out what he wants to put in there because he's taking the first gulp."

Dad Stefan Schauffele, who was born in Germany to a French mother,
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HOT SHOE SCHAUFFELE: Winner Xander kisses the Claret Jug and gets a congratulatory pat from playing partner and rival Justin Rose (left)

PEP ORDERS A LARGE DONNA

■ by IAN BAKER
MANCHESTER CITY have made an approach to sign Italy hero Gianluigi Donnarumma from PSG. The Premier League champions want the Euro 2020 winner (left), with Ederson expected to leave for Saudi Arabia this summer. And they
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BASH BLISS

BEN STOKES believes the sky's the limit for spin genie Shoaib Bashir. The youngster (left) had never even visited Trent Bridge before the second Test, but put on a magical display to take 5-41 and seal the series against West Indies with a game to spare. Kraigg Brathwaite's side crumbled and lost
Turn to Page 44

■ by NEIL MOXLEY
all 10 wickets for 82 runs in 23 madcap overs inside the final session - as the 20-year-old ripped the heart out of the tourists' batting. That was after England's own batting line-up had racked up successive scores of over 400 in both innings of a
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FORMULA ONE: LANDO HANDS IT TO TEAM MATE

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