



ON THE DAY
BRITAIN GOES TO
THE POLLS, IT'S...

TIME FOR A NEW MANAGER

THE SUN
SAYS:
PAGE 10

(AND WE DON'T MEAN)
SACK SOUTHGATE!



SIR KEIR SET TO AXE SCHEME

5 GO TO RWANDA: THE LAST CHAPTER?



Early release? ... for lags

High-risk lags 'may be freed'

By RYAN SABEY

SIR KEIR Starmer has refused to rule out freeing high-risk offenders early – or releasing most inmates after less than half their sentence.

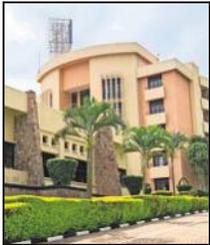
The Labour leader was pressed on tackling prison overcrowding, as calls grow for more criminals to be let out early.

He has previously challenged Rishi Sunak over a scheme to cut jail time.

In a heated Prime Minister's Questions, Sir Keir brought up an example of an inmate said to pose a danger to children having their release date brought forward.

Yesterday, he said: "I'm not going to get ahead of myself on what we'll do."

"It's a very serious problem when the Government has allowed the system to get so full that we have to release people who should be in prison."



Ready for migrants ... hostel

JUST five failed asylum seekers have been sent to Rwanda as Sir Keir Starmer gears up to axe the scheme.

They are likely to be the only migrants to leave the UK for the country under the policy – at a cost to the taxpayer of £74million a head.

Labour has vowed to scrap it "on day one" if the party wins the election. The Sun

EXCLUSIVE
by JULIA ATHERLEY

previously revealed two people took up an offer of £3,000 to fly on commercial flights in a voluntary departure scheme.

And now a further three have taken the same route to the east African country.

While their departures come under the Rwanda plan, it is distinct from the deportation of small boat migrants which failed to get off the ground.

In March, the Home Office revealed the voluntary route

was for anyone without a right to be in Britain – with hostels set up for deported asylum seekers in Rwanda.

More than 13,000 people have now arrived in overcrowded boats since January.

The plan to relocate people has cost at least £370million, the National Audit Office says.

We revealed the plan was ready in April but it has been blighted by legal challenges and court orders.

It was thwarted by the House of Lords before Rishi Sunak finally pushed the

Safety of Rwanda Bill through. But court documents show the earliest date small boat migrants can be deported is July 24 – if Mr Sunak wins.

Sir Keir has argued that scrapping the Rwanda scheme will free up £75million to smash the gangs facilitating small boat crossings.

When the first migrant was flown to Rwanda in April, the Home Office said: "This deal allows people with no immigration status to be relocated to a safe third country."

julia.atherley@the-sun.co.uk

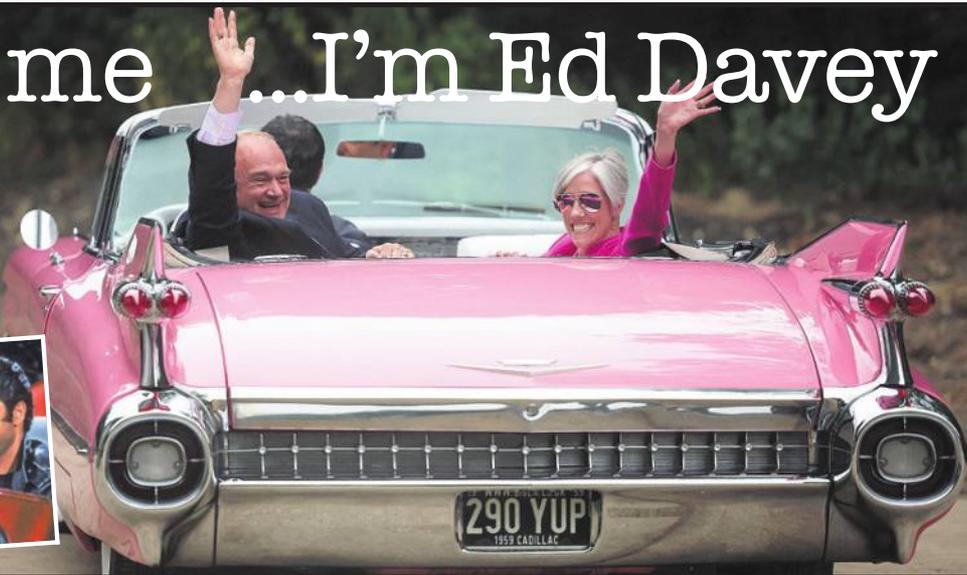
Look at me ... I'm Ed Davey

By LUKE CHAFER

LIB DEMS are hoping for some summer lovin' from voters — as leader Sir Ed Davey heads off like Greased Lightnin'.

The party boss and deputy Daisy Cooper were driven away in a Grease-style pink Cadillac after delivering his final election speech in Harpenden, Herts, yesterday.

Their latest in a series of General Election stunts took inspiration from the hit 70s film, starring John Travolta and Olivia Newton-John, right. Ms Cooper said: "Every stunt we do comes with a very serious message."



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IPSO Regulated

Expats in vote woe

EXPATS were caught up in postal vote chaos last night as it emerged ballots had not been delivered early enough to mail them back to the UK.

Thousands of British citizens failed to get their voting slips in time.

Bruce Darrington, chair of the British Overseas Voters Forum, said: "There are more voting from overseas now, so it's a more significant issue."

Ballots in 90 constituencies in the UK were also reportedly affected.

'TAX OAPS' CALL

A LABOUR adviser risked a tax backlash by suggesting OAPs should be hit for more than working-age people.

Ex-HMRC chief Sir Edward Troup said: "If the public finances are in a bit of a state, perhaps wealthy pensioners should be giving up their full state pension."

He added those working

beyond state pension age "should be taxed at least as hard" as working age.

Sir Edward, an adviser to Shadow Chancellor Rachel Reeves, told LBC: "Inheritance tax will have to be on the agenda. But it will be unpopular."

Labour insisted: "These are not party policies."

SARNIE-LOVER PM EYES A PIE

RISHI Sunak plans to tuck into an election pie from a local butcher as results come in — but says his favourite meal is sandwiches.

He told ITV's *This Morning* he gets in the cheese-topped pork pie for election nights but added: "I'm a big sandwich person"

BETTER BREX BID

SIR Keir Starmer has played down the chances of Britain rejoining the European single market or customs union in his lifetime.

He said he believed the UK could get a better Brexit "than the botched deal we got under Boris Johnson".

But he said there would be no return to freedom of

movement. Sir Keir, who voted Remain, previously ruled out an EU return.

Asked about a possible single market return, Sir Keir said: "No, I don't think that is going to happen."

A senior Shadow Cabinet minister has also confirmed the party would not "reopen the wounds of the past".

TALK TV WEATHER

With NAZANEEN GHAFFAR

TODAY: Light scattered showers are expected, especially in Scotland. Patchy cloud cover will allow for sunny intervals across England and Wales.

TONIGHT: A few isolated light showers, particularly in Scotland. Some spells of cloud at times, though there will be clear skies now and then.

OUTLOOK: Rain in southern England and Wales tomorrow, as well as some light showers in Scotland. More showers expected on Saturday, sometimes locally heavy.

FRI 20°

SAT 19°

SUN 18°

MON 18°

SUJIKO

PLACE the numbers 1-9 in the spaces so that the number in each circle is equal to the sum of the four surrounding spaces. Solution on Puzzles page.

	14	18	
5			30
	22		
4			

PUZZLES: PAGE 40

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TODAY'S BIRTHDAYS

DJ JO WHALEY, 59, left, rapper POST MALONE, 29, right, Mexican boxing great JULIO CHAVEZ, 62, actor NEIL MORRISSEY, 62, singer JOHN WAITE, 72, and Bridgerton's LUKE THOMPSON, 36.

● Last night's National Lotto numbers: 1, 8, 42, 46, 50, 58. Bonus ball: 51. Health Lottery: 9, 18, 19, 35, 36. Bonus ball: 3.



Picture: ALEXANDER TAMARGO/GETTY IMAGES FOR SPORTS ILLUSTRATED

NADLY IN LOVE

By JACK HARDWICK

MODEL Brooks Nader shows off her suitably majestic physique before hooking up with royalty. The US beauty, 27, seen posing in a pink bikini for Sports Illustrated, cosied up with Prince Constantine Alexios of Greece, 25, right, at a Rhode Island wedding. It follows her split from businessman hubby Billy Haire.



OH CRUMBS!

Jammie Bodgers

BISCUITS HAVE NO ERM..JAM IN THEM



Dodged the jam . . . two empty biscuits were found together at end of pack

A BISCUIT-lover was devastated to find no jam in his Jammie Dodger.

By SAM CREEED

Richard Freeman had settled down for a cuppa when he realised he had been short-changed on his shortcake sandwich.

He explained: "It was towards the end of the packet when I discovered two biscuits together without any jam. It was traumatic to say the least." Zoologist Richard, 53, added: "I've been attacked by a cobra, stalked by a tiger in Sumatra and caught in a tornado in the Gobi desert. But when a man can't have a whole jammie dodger with his cup of tea, then something is wrong."

He blames a lack of quality control at Burton's Biscuits, which has produced the family favourite for more than 60 years.

Richard, of Exeter, added: "Standards are going downhill. They need people in the factories to step up to the

mark." Russell Smith, brand lead at Jammie Dodgers, said an updated recipe had caused problems on the production line, adding: "We extend our deepest apologies for any upset.

"We always strive to give customers the stickiest, jammiest splat in our shortcake sandwiches.

"After all, what's a Jammie Dodger without the jam? Just a dodger . . .

"And it seems this time, the jam has truly dodger-ed."

More than 500 Jammie Dodgers are consumed every minute in Britain, with a quarter of households stocking up on the sweet treat each year.

And Richard is not alone. MJ Foster tweeted: "My biscuit decided to play hide and seek with the jam! I'll get over this . . . eventually."

Richard is thinking of starting a Jammie Devils support group for people hit by biccy bungles.

He said: "What's next, a custard cream without the custard? Where do we draw the line?"

samuel.creed@news.co.uk

Biccy blow . . . Richard



A PENNY FOR YOUR THOUGHTS, GERARD!



bizarre

PAGES 20 & 21

ELECTION 2024

YOUNGOV BOOST TO



Smiles clear . . . Sir Keir, Mr Gething and Labour candidate Ms O'Neil in Carmarthenshire

RISHI Sunak must have been thinking "tatt's my lot" as a final poll showed Sir Keir Starker on course for the biggest landslide in 192 years.

By HARRY COLE, JACK ELSOM and RYAN SABEY

The PM yesterday put on a brave face as he met Britain's most inked mum, Becky Holt, when they appeared on This Morning.

But a YouGov survey projects Labour to thunder into No10 with 431 seats compared with 102 for the Conservatives.

It would give Sir Keir a majority of 212 – eclipsing Tony Blair's 179-seat win in 1997, the biggest landslide since universal suffrage. The all-time record is the Whigs' 224 majority in 1832.

The YouGov poll also put the Lib Dems on 72, the SNP on 18, and Nigel Farage's Reform Party on three seats.

Other polls echoed a resounding defeat for the Conservatives after 14 years in power. Sir Keir last night insisted he is "ready for government" and poised to "hit the ground running on day one".

He added: "Nothing is going to be easy, almost everything is in a pretty poor state, but we have to be ready for it and I'm confident we will."

Sir Keir sat in Gareth Southgate's plane seat as he visited three counties on the last day of campaigning. Learning the rented jet was the one used by the England team, he said: "It's fantastic to be sitting in his seat, to draw inspiration. This is a boyhood dream."

Sir Keir began the day in Carmarthenshire with Welsh Labour leader Vaughan Gething and candidate Martha O'Neil. He then headed to Scotland to take part in a rally in Glasgow.

Cabinet election casualties could include Chancellor Jeremy Hunt, Coronation sword-wielder Penny Mordaunt and Common Sense minister Esther McVey.

And Tory recriminations began last night, with Nadine Dorries telling our Never Mind The Ballots show that Boris Johnson would have beaten Sir Keir.

She also criticised Mr Sunak over his 11th-hour plea to Mr Johnson to help his faltering campaign, suggesting the ex-PM had been blocked from doing so sooner.

Both wannabe PMs continued trading blows late last night.

Sir Keir said: "Today, Britain can begin a new chapter. A new age of hope and opportunity after 14 years of chaos and decline."

"This is a great nation, with boundless

potential. The British people deserve a government that matches their ambition. Today is the chance to begin the work of rebuilding Britain with Labour."

Mr Sunak refused to throw in the towel but said he would take full responsibility whatever the result.

And he insisted he could sleep easy knowing he had worked hard for the good of Britain. Quoting his billionaire father-in-law, he said a "clear conscience is the softest pillow". He added: "As long as I can look in the mirror and know I am working as hard as I can, doing what I believe is right for the country, that is how I get through, and that is what I believe I am doing."

In one of the strangest scenes of the campaign, Mr Sunak met Ms Holt – in thong bikini and dressing gown – after their stints on the This Morning sofa.

She said: "He was really nice and really, really polite. He asked how much my tattoos were worth, and which was the most painful. It was short and sweet and we shook hands."

Mr Sunak also visited Braishfield Primary School in Romsey, Hants.

Meanwhile, his rival Sir Keir was not taking anything for granted despite Tory Cabinet minister Mel Stride conceding defeat and suggesting that Labour was heading for a record-breaking majority.

Sir Keir said: "There are a lot of undecided voters.

"Lots of constituencies that will come down to a few hundred votes that make the difference. And people need convincing change is possible, and that they can vote for change."

He added of Mr Stride's comments: "You can see what the Tories are up to. They are trying to invite people not to exercise their democratic right to go out and vote. That is a terrible place for the Tory party to have got to."

"A once-respected party is now saying with 24 hours to go nothing that is positive, everything is negative, effectively, to run a campaign to suppress the vote."

"My message has been positive throughout – if you want change you have to go out and vote for it."

"I do know there are undecideds out there that need convincing that change is possible, that need convincing to vote."

Sir Keir also said he'd remain fiercely protective of his two children, aged 16 and 13, if he moved into No10 as PM.

This is a great nation with boundless potential.. a new age of hope

—SIR KEIR STARMER, YESTERDAY

KEY DECLARATION TIMES

12.15am: Tory chairman Richard Holden could be the first big beast to lose, in the Basildon and Billericay constituency.

2.00am: Tory leadership fave Kemi Badenoch is expected to win the new seat of North West Essex.

2.45am: Deputy PM Oliver Dowden is fighting to hang on in Hertsmere.

3.00am: Jeremy Corbyn could lose the Islington

By JULIA ATHERLEY

North seat, which he has held since 1983.

3.30am: Penny Mordaunt's Portsmouth North seat could be under threat.

3.30am: Jeremy Hunt could be the first sitting Chancellor to be ousted in Godalming and Ash.

4.00am: Nigel Farage finds out if he has finally become an MP in Clacton.

4.00am: PM Rishi Sunak should win his Richmond and Northallerton seat.

4.00am: Reform chairman Richard Tice is hoping for victory in Boston and Skegness.

4.15am: Sir Keir Starmer will comfortably win in Holborn and St Pancras.

5.00am: Former PM Liz Truss will learn if she has hung on to her Norfolk South West seat.

RISHI INKS IT'S ALL OVER



Defiant . . . Mr Sunak on visit to school yesterday

● POLL GIVES KEIR HISTORIC 212 WIN

● PM URGES: VOTE TO STOP MAJORITY

LABOUR AS NATION VOTES



Art-to-art chat ... Mr Sunak and most tattooed mum Ms Holt on This Morning

NEVER MIND THE BALLOTS ..HERE'S THE GOSS

QUOTE OF THE DAY

“My favourite meal, generally, is sandwiches?”

Rishi Sunak when asked on This Morning if he has a special meal planned for election night

WINNER OF THE DAY

BORIS Johnson received a hero's welcome at one of Rishi Sunak's last rallies before polling day. The former PM put his mega grudge with Mr Sunak aside and received roars of applause from the Tory faithful as he told them not to leave their party reduced to rubble.



LOSER OF THE DAY

LATTE lovers in leafy Islington with a penchant for communism are facing upset. YouGov's latest poll predicts Jeremy Corbyn, who is sitting as an independent, will lose his seat to Labour.



ELECTION WHISPERS

RACHEL Reeves has become well known for her razor-sharp suits as she declares Labour ready for business. But we hear the Chancellor-in-waiting has bought a new number for election day. If Labour do not win, however, she plans to send it back to the shop — now that is fiscal prudence.

RISHI Sunak got one back at the journalists who have bombarded him with tricky questions during the campaign. On Tuesday, the PM forced them up at 3am for an event in a fridge of a warehouse in Luton. The faces of the hacks were far less smug as they shivered through the 20-minute ordeal.

SIR Keir Starmer has said that he will continue to carve out time away from work to be with his wife and children — and went on to suggest that everyone else should try and do the same. But, realising what he had said, the Labour leader quickly clarified and added: “Not with my wife!”



Put 'em up ... Farage and boxer Chisora

NIGEL'S POP AT FA OVER CHANTS

By MARTINA BET, Political Correspondent

NIGEL Farage sparked a fresh row with the Football Association yesterday — as he remained on course to win his Clacton seat.

The Brexit champion accused the FA of emasculating male supporters by banning some chants at matches. He insisted this was why he and controversial influencer Andrew Tate had big followings with young men.

Yesterday, he met boxing star Derek Chisora at a gym in Clacton, before speaking to hundreds of people on the pier of the Essex resort.

It is Mr Farage's eighth attempt to become an MP and a poll yesterday predicted he was finally set to win.

YouGov found Reform UK would win three seats, giving his campaign a huge boost. Mr Farage told reporters yesterday: “I think a lot of young men feel emasculated. Look at the football. They're told to go to Germany. ‘Please don't drink more than two pints’ — you what? The Football Association giving out these messages — ‘Don't chant at a football match’.

“If I couldn't drink beer and chant at a match at 21, I wouldn't go.

“We are trying to stop young men being young men — that's why Tate's got the following he's got. What I'm doing is a similar phenomenon.”

Mr Farage also insisted he would stay on as Reform leader if he lost.

He added: “This time next week you will find that Labour have got 37 per cent and their biggest ever majority.

“Reform will have got a huge number of votes and seats. And the demand for electoral reform will be in full cry. It's coming.”

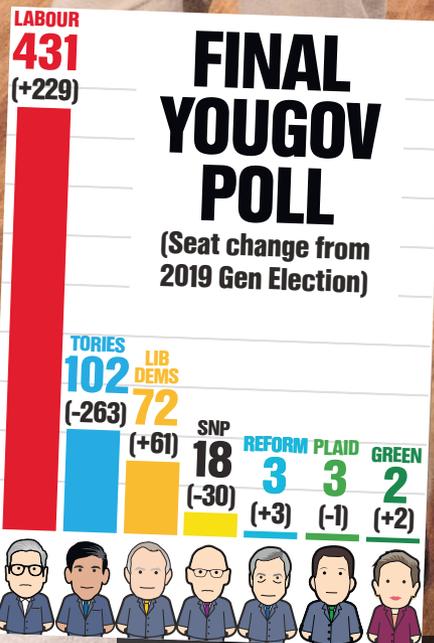
Fight for Tory top job starts

THE Tory leadership race roared into life yesterday before voters even set foot in a polling station.

Boris Johnson loyalist Nadine Dorries launched an attack on Kemi Badenoch, telling The Sun's Never Mind The Ballots show she would “continue the chaos” and be an “absolute disaster”.

Business Secretary Ms Badenoch is a frontrunner to succeed Mr Sunak.

Ex-Home Secretary Suella Braverman, another leadership hopeful, said the party needed to prepare for “the reality and frustration” of Opposition.



CYCLING LEGEND MARK'S

Family man . . .
Sir Mark celebrates
on the podium
with his children

● EPIC FEAT AMID
INJURY & ILLNESS

● HUG FROM WIFE,
SUN FAVE PETA



CAV'S TOUR DE FORCE

35

all-time record Tour
de France stage wins,
beating Belgian
legend Eddy
Merckx



Legend . . . Merckx

SIR Mark Cavendish made sporting history yesterday with a record 35th Tour de France stage victory — 16 years after his first.

The 39-year-old sprint great, who postponed his plans to retire last year, raised his arms as he crossed the line in one of his trademark dashes. Sir Mark, knighted just days ago, was ill in the opening stage of cycling's greatest race, which began on Saturday. And his achievement yesterday left him in tears of disbe-

By **SAM CREED**

lief, with former Sun Page 3 model wife Peta and their children there to embrace him in Saint-Vulbas. Sir Mark, who overhauled the Tour stage win record held by one of the sport's all-time greats, Belgian Eddy Merckx, said afterwards: "I'm in a bit of disbelief." He went on: "You sprint as hard as you can until you get to the finish and maybe your life changes if you cross that line first, maybe it doesn't if you don't." "That is the nature of this race and what makes it so beautiful." Mark won his first Tour de

France stage in 2008 and equalled Merckx's record of 34 in 2021. He has been chasing another since despite a series of setbacks. In November 2021, he was threatened by robbers at knife-point while he was home with his wife and children at Ongar, Essex. The Olympian was overlooked for the 2022 Tour de France and then joined cycling team Astana Qazaqstan, with his sights set on the record for the 2023 race. He announced plans to retire at the end of last season. But Isle of Man-born Sir Mark — nicknamed the Manx Missile — crashed during the eighth stage and broke his col-

larbone, leading many to think his chance had gone. However Sir Mark, who has also opened up about his struggles with depression, decided to extend his contract for another year and have another go. But it was a horrible start to this year's Tour, as he suffered from heat sickness during the first stage. He said afterwards: "That was so hard. I was seeing stars." His record-breaking victory came in yesterday's relatively flat fifth stage, which stretches for 177.5km and finishes in Saint Vulbas. His chain bounced off as he crossed the line — and his victory sparked an outpouring of emotion

and tributes. Tour race director Christian Prudhomme called him "the yellow jersey of the sprinters". He said: "Everybody thought it was too late but him. It is a wonderful story. Everyone has a smile today — even Eddy Merckx." Former teammate Geraint Thomas believes he may even extend his record further. He said: "It's unbelievable. It is great he has the record and is not sharing it with anyone. I said, 'Mate, if you win this stage just drop your bike and walk away.'" "But he's like, 'Nah, lad. If I win the first one, then I'll want to win more'. He's definitely going to hang

Unbeatable price on uniform

STAGE WIN RECORD



Way out in front ... Cavendish celebrates beating the stage win record in France yesterday



I never wanted him to sit at home and wonder if he could have done it
 — WIFE PETA AFTER MARK GOT THE RECORD

Emotional ... wife Peta and children with Mark at the finish line

around. I wouldn't put it past him to win another." Sir Mark was joined by his four children with Peta, who told ITV: "When Mark decided to do another year, we all knew it meant all-in. He's never not all-in. We haven't seen him a lot this year. "I never wanted it to be a sad story to look back at the Tour. It's his ultimate love affair. I never wanted him to sit at home and wonder if he could have done it." It continues an excellent year for the Brit, knighted last month in the King's birthday honours.
 samuel.creed@news.co.uk
 See SunSport

16 YRS IN MAKING



First Tour win . . . 2008

2008: Announces himself on the world cycling scene with his first stage win at the Tour de France.
2009: Enters first classic race, Milan-San Remo, and wins in dramatic fashion. Wins six Tour de France stages, setting a new British record for overall stage wins.
2011: Becomes first person to win the final stage of the Tour de France three years running. He is also crowned World Road Race Champion and bags the BBC

By JOE MORGAN
2016: Dons Yellow Jersey at the Tour de France for the first time. Wins a silver medal at the Rio Olympics for the omnium.
2023: Announces decision to retire at end of season before an injury causes him to reconsider.
2024: Wins a world record 35th stage in the Tour de France, overhauling Eddy Merckx.

ms... we've done the maths!



SPORTING HEROES SERVE UP



Rice line and length . . . midfielder's delivery beats Harry Kane, leading him to celebrate

OH BAILS! KANE'S OUT

ENGLAND captain Harry Kane was bowled over by Declan Rice during a training session with a difference. The Three Lions pair battled off criticism of the side's form at Euro 2024 by playing cricket ahead of Satur-

THE EUROS

day's quarter-final showdown with Switzerland. And Arsenal ace Rice, 25, left his skipper swishing at thin air as the ball whacked

into the stumps, before wheeling away in celebration. Kane, 30, made light of his dismissal, reposting England's social media video of the delivery, and said, with laughing emojis: "I had made my century already."



WIMBLEDON

By ANDY ROBINSON

TENNIS ace Emma Raducanu trounced her opponent at Wimbledon yesterday — and is set to doubles partner Sir Andy Murray.

The 21-year-old ex-US Open winner beat Belgian Elise Mertens 6-1 6-2 and said: "I think I played some really good tennis today. I'm over the moon." Fans went "Murracanu" wild when the draw showed her joining Andy, 37, for his Championships swansong as mixed doubles wild cards.

The Scot dropped out of the men's singles on Tuesday, having had spinal surgery 12 days ago to remove a cyst.

But he will play with Emma for the first time against China's Shuai Zhang and Salvadoran Marcelo Arevalo on Friday or Saturday.

He said she was "top of the list" for doubles partners. Emma called it "a dream" to play with "hero" Andy.

But asked if she would vote before practice today, Emma admitted being unaware of the election date — and said: "I think I'll have a lie in."

Sir Andy will also play doubles again with elder brother Jamie this afternoon on Centre Court.

Sonay Kartal, 22, yesterday became the first Brit into the last 32 of the ladies singles by beating France's world No45 Clara Burel 6-3 5-7 6-3.

See Sun Sport

Picture: PAUL EDWARDS

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SOME ACE GAMES



RADU CANDO!

'Over the moon' ... Emma wins at Wimbledon yesterday



TAKE A WALK

Capt Tom daughter banned by charity

By ROB PATTINSON

CAPTAIN Tom Moore's daughter has been banned from running a charity after a probe into the foundation set up in his name.

Hannah Ingram-Moore, 53, and husband Colin, 67, yesterday revealed they had been served with an order barring them from acting as trustees.

But they hit out at the Charity Commission decision, saying it was made before it had completed its investigation into the foundation.

The couple said: "Failure to conclude the inquiry prolongs our deep distress. The process may have evolved into a relentless pursuit."

"They came under scrutiny when they illegally built a spa in their garden in Marston Moretaine, Bucks, where Tom raised £38.9million for the NHS in lockdown by walking 100 laps.

He was knighted in 2020 and the Captain Tom Foundation was set up after he died in 2021. The Ingram-Moores got permission for a



Knighted... Sir Tom and Hannah

building to support its charitable objectives but were told to pull it down as it was larger than planned.

The Charity Commission was contacted for comment.

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or or

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**Big on quality
Lidl on price**

2 Polo Shirts + Sweatshirt + your choice of Regular Fit Trousers, Skirt or Regular Fit Shorts) between 04.07.24 and 04.08.24. Prices checked daily at Aldi, ASDA, Tesco, Sainsbury's. Price changes may take up to 24 hours to come into effect. If you can provide proof of a

THE Sun SAYS



Time for change

Supported both Labour and Conservative parties.

Our commitment has always been to hold the Government's feet to the fire.

And that is what we're going to do every day of the next Parliament.

There is everything at stake for our country in this election.

Common sense values are what The Sun believes in.

Britain as a meritocracy where people regardless of background can get on in life, through their own hard work.

Freedom of speech, a free Press and freedom for our journalists to expose hypocrisy and wrongdoing.

Free trade. Freedom for businesses to thrive and create jobs, and for consumers to buy what they want.

Strong borders for controlled immigration. Decent public services that provide taxpayers with a great education and medical care.

Prime Minister Rishi Sunak has many policies which we support.

The Rwanda plan to stop the small boats. His commitment to scrap the National Insurance tax on jobs. The ban on teaching harmful gender ideology in schools. Putting the brakes on the head-

WE'RE BACKING LABOUR ...TORIES ARE EXHAUSTED

long rush towards Net Zero. His long-held and principled commitment to our Brexit freedoms.

He has done his best to right the economic mess he inherited, much of which was caused by the Covid pandemic and the war in Ukraine.

Inflation was running at 11 per cent when he became PM. He has got it down to two per cent – in part because he resisted wild trade union pay demands.

But the insurmountable problem faced by the Tories is that – over the course of 14 often chaotic years – they have become a divided rabble, more interested in fighting themselves than running the country.

By the time Rishi Sunak moved into No10, Britain had had five Prime Ministers in just 12 years. In 2022 alone, there were four Home Secretaries, four Chancellors and five Education Secretaries.

All this upheaval, backstabbing and mayhem came at a price.

The Tories allowed a work-from-home Civil Service "blob", activist quangos and human rights lawyers and judges to run rings around them, thwarting sensible policies. Illegal and legal immigration have not been kept under control. Taxes have ballooned to the highest

level since World War Two. Plotting against the leadership has been endless. Sleaze scandals – most recently gambling on the timing of the election – have broken public trust.

Put bluntly, the Tories are exhausted.

They need a period in Opposition to unite around a common set of principles which can finally bring to an end all the years of internal warfare.

It is time for a change.

Nigel Farage's manifesto – lower taxes, less immigration, slashing the size of the bloated State – has struck a chord with millions, including many hard-working voters who supported Boris Johnson in 2019.

But Reform is a one-man band which at best can win only a handful of MPs and can never implement its policies.

The Liberal Democrats, meanwhile, are a joke – with a leader who has spent this most depressing of campaigns pulling ridiculous stunts.

Which means that it is time for Labour.

There is no doubt Sir Keir Starmer has fought hard to change his party for the better, even if it is still a work in progress. The anti-Semitism that was rife under Jeremy Corbyn is largely gone, and Sir Keir has distanced himself from crazy Marxist Corbynista policies and MPs.

Sir Keir has been solid in his support of Ukraine and also Israel – despite coming under significant

pressure from left-wing Labour MPs who were quick to forget the October 7 atrocity inflicted by terrorist organisation Hamas.

Shadow Chancellor Rachel Reeves has successfully worked hard to win the support of business. They insist they will govern as moderates, whose core ambition is to turbo-boost economic growth. The Sun supports this.

Labour is strong in its support for the Union and strengthening the ties that bind together our United Kingdom.

Shadow Health Secretary Wes Streeting promises radical reinvention to make the NHS put patients first, not managerial staff. The leadership promises to ignore the concerns of NIMBYs to enforce the building of the millions of new houses and infrastructure we need.

There are still plenty of concerns about Labour.

They do not have a clear plan for getting a grip on immigration, legal or illegal.

They have ruled out increases to VAT, income tax and National Insurance – but, as independent think tanks agree, under Labour taxes are going up. They just haven't admitted which ones yet.

Sir Keir, an ex-Remainer, now talks of wanting closer ties with Brussels – which could mean sacrificing some of our newly-won Brexit freedoms.

He has a mountain to climb, with a disillusioned electorate and low approval ratings.

But, by dragging his party back to the centre ground of British politics for the first time since Tony Blair was in No10, Sir Keir has won the right to take charge.

We will hold Labour to account, without fear or favour.

But we wish them every success.





Renovation... Jeremy

Clarkson pub plan backed by locals

By ALEX WEST

VILLAGERS have backed Jeremy Clarkson's plans to renovate a pub, despite increased traffic fears. The Grand Tour host, 64, paid "less than one million" for The Windmill and five acres of land in the Cotswolds.

He hopes to re-open the former wedding venue near Burford, Oxfordshire, this year.

Locals support the plan, despite criticism over the noise and disruption caused by his Diddy Squat Farm Shop in nearby Chadlington.

Farmer Tom Walker, 51, said: "He's already spoken to some of us and talked about using our produce. 'I am worried about the traffic, but I think it'll do more good than harm.'"

Airbnb owner Derek Netherton, 79, said: "We're excited, but we're apprehensive about the noise."

Sculptor Chris Townsend, 50, added: "It could be really positive for the area."



Gormley... yesterday

Love Isle trio deny financial plug rap

By MIKE SULLIVAN

THREE ex-Love Islanders yesterday denied plugging a high-risk foreign exchange scheme.

Rebecca Gormley, 26, Jamie Clayton, 32, and Biggs Chris, 32, were allegedly paid to promote the venture to 4.5million Instagram followers.

They denied issuing unauthorised communications of financial promotions when they appeared before Westminster JPs.

They were charged by the Financial Conduct Authority with six others - including Towie cast members Lauren Goodger, 37, and Yazmin Oukhellou, 30, Celebrity Big Brother's Scott Timlin, 36, Love Island's Eva Zapico, 25, Holly Thompson, 33, and Emmanuel Nwanze, 30, who allegedly ran the scheme.

Gormley, Clayton and Chris were bailed to appear with them at Southwark crown court next Thursday.

Pictures: CLICK NEWS



SHOW IS OR-SOME

By JACK HARDWICK

SINGER Rita Ora makes waves in a sheer £22 Primark dress as she goes bra-less to watch Girls Aloud. The Anywhere hitmaker, 33, was joined by ex-Pussycat Doll Ashley Roberts, 42, and TV star Denise van Outen, 50, right, at the priority gig by the band, below, at O2 Shepherd's Bush Empire, West London.



EXCLUSIVE

Rollen in der Tiefe*

*ROLLING IN THE DEEP



ADELE'S GERMAN HIT

POP superstar Adele is secretly learning German to win over fans at gigs next month.

By HOWELL DAVIES

The Rolling In The Deep singer has been working with fluent speakers to master key phrases before a residency in Munich.

She has vowed to impress crowds with her mastery of the language, having chosen the Bavarian capital because it is in the middle of Europe.

A music insider said: "Adele has been working on what to do in Munich since April. 'She wants to converse with the crowd in German.'

"And rather than serving up a line here and there, she has been preparing full sentences. 'She wants to make the audiences feel at home and show she has made a respect-

ful effort. But English fans shouldn't worry.

"She will be talking about her life and telling funny stories in her native tongue."

Adele, 36, will perform the first show at the open-air Munich Messe on August 2, with nine further dates at the venue throughout the month.

Organisers say the star will play to 80,000 fans a night.

But with ticket prices as high as £431 - and VIP packages costing more than £600 - the shows have yet to sell out.

Announcing the residency in January, Adele said: "I haven't played in Europe since 2016.

"I couldn't think of a more wonderful way to spend my summer and end this beautiful phase of my life with shows closer to home. Guten tag, babes."

howell.davies@the-sun.co.uk





Cutting it... couple

Charles revelling in a slice of culture

By MATT WILKINSON

THE King and Queen kicked off Edinburgh's 900th anniversary celebrations with a Madeira cake made by Bake Off winner Peter Sawkins. The baker, whose creation had meringue buttercream and jam, said: "I gave them a bag of shortbread I made, too." The couple's visit ended with a showcase of the city's heritage, including Bollywood-style dancing at Edinburgh Castle. They sampled a dram of single malt, with Camilla saying: "That hit the spot, that hit the spot." The couple also watched Ihayami, a dance troupe of Scottish women with an Asian heritage. Dancer Eshita Danouri told him: "This is our way of recognising our Scottish heritage." Detective stories writer Sir Alexander McCall Smith, knighted by the King on Tuesday, read a poem about the city.



Scene... cops with girls

Kids left in hot car as father fled cops

By TOM MALLEY

A BRITISH baby and her seven-year-old sister were found abandoned in a hot, locked car with just "a bag full of yoghurts and juice". Cops are now searching for a 38-year-old man, believed to be their dad, who "lied" to officers at the scene and then fled. The incident took place in Los Cristianos, Tenerife, on Monday, June 17, but details have only just been released. A local woman, 34, raised the alarm after seeing the car outside a shopping centre with the youngsters inside. Cops convinced the girl to unlock the car, and identified her and her sister from passports and a rental contract inside. The girls' mother, a 27-year-old British tourist, collected them after being contacted by police. Their dad is now wanted for the alleged abandonment of minors.

SIX ACTRESSES UNDER 30 HAVE



Aimee Lou Wood

AIMEE LOU WOOD is set for her biggest break to date next year on season three of award-winning Sky Atlantic telly hit, *The White Lotus*. The star, 29, has already won a Bafta for best female comedy performance in *Sex Education*, *inset*, while critics hailed her portrayal of Sonya in 2020 film *Uncle Vanya*, which was shot during the pandemic. She is soon to appear in Netflix drama *Toxic Town*, based on the Corby polluted waste scandal, alongside acting heavyweights Robert Carlyle and Jodie Whittaker. Aimee, of Stockport, Cheshire, recently had a supporting role in acclaimed TV drama *Alice & Jack*, co-starring Domhnall Gleeson and Andrea Riseborough – and picked up the best takeover performance gong for her part in *Cabaret* at the *WhatsOnStage Awards*.

Emily Carey

SHOWBIZ runs in the family for Emily Carey, who began helping backstage at her grandmother's theatre shows when she was just a young child. Now the 21-year-old, from Barnet, North London, has notched up top acting credits – including playing teen Harriet Manners in Netflix hit *Geek Girl*, *inset*. The Brit-Canadian series got to No2 in the streaming giant's Global Top Ten list of English shows in its second week. It comes after Emily played a young version of Alicant Hightower – Olivia Cooke portrays the character as an adult – in *House Of The Dragon* in 2022. Emily was also in West End productions of *Shrek The Musical* and *The Sound Of Music*. She played Grace Beauchamp in *Casualty*, a young Lara Croft in *Tomb Raider* and *Wonder Woman* as a child in the 2017 film.

Bella Ramsey

AFTER joining the *Game Of Thrones* cast aged 11, non-binary Bella Ramsey won legions of fans for their portrayal of Lyanna Mormont in the HBO series. Nottingham-born Bella, now 20, went on to play Mildred Hubble in CBBC's *The Worst Witch*, before landing their biggest role in end-of-the-world drama *The Last Of Us*, *inset*. Starring with Pedro Pascal, they were praised for having crafted "a complex, turbulent blend of childlike innocence and white-hot violence". Among many accolades, Bella has been nominated for an Emmy and Golden Globe, and won two Critics' Choice Super Awards. They also featured on the Time 100 Next list, which highlights top rising stars. And with a second series of *The Last Of Us* in the works for 2025, the future is looking bright.

HOLLYWOOD is home to some of the world's biggest stars - but many of its finest young actors are UK born and bred. From *House Of The Dragon* to *The Last Of Us* and *Fallout*, casting agents in the US can't get enough of talented Brits who cut their teeth in our top-class drama schools and theatres. Here, JOSH SAUNDERS looks at six homegrown celebs who are taking the States by storm.

The fresh pr

STORMED U.S. TV...AND THEY'RE ALL BRITS



Olivia Cooke

IN *Game Of Thrones* spin-off *House Of The Dragon*, Olivia Cooke plays Queen Alicent Hightower, *inset* – and in showbusiness, the Oldham-born star, 30, also reigns supreme.

She landed her first agent at 14 and went on to appear in a 2012 tour video for One Direction, in which she got a piggyback ride from Harry Styles. That same year, she left school before finishing her A-levels after landing her first big role in BBC drama *Blackout* alongside Christopher Eccleston.

Olivia was turned down by acting school Rada and rejected by soaps *Hollyoaks* and *EastEnders*, but refused to be deterred.

Instead, she moved to New York to star in TV's *Bates Motel*, a prequel to *Psycho*, before her breakthrough role as a cancer-hit teen in 2015 film *Me And Earl And The Dying Girl*. It led to her being hand-selected by Steven Spielberg for the lead in film *Ready Player One* and further plaudits for her starring role in ITV's *Vanity Fair*.



Emma Laird

DESPITE having just six acting credits to her name, Emma Laird has been tipped for big things. The star, 25, from Chesterfield, Derbys, set tongues wagging after being hailed as a Brit to watch by *Variety* magazine in 2021.

It followed her accepting a lead role in the Paramount+ series *Mayor Of Kingstown*, *inset*, which co-stars Jeremy Renner. In the US series, which is currently airing its third season, she plays Iris, a charming dancer and escort who initially works for the Russian mafia. She has also starred with *Spider-Man*'s Tom Holland and *Amanda Seyfried* in *The Crowded Room*, and Kenneth Branagh, *Jamie Dornan* and *Tina Fey* in *A Haunting In Venice*.

Emma found fame as a model after being scouted in Leeds. She was unveiled as the face of jewellery brand *Pandora* in 2019.

She switched to acting around six years ago after becoming disillusioned with the industry.



Ella Purnell

AROUND a decade ago, Ella Purnell considered quitting acting for good to become either a writer, therapist or teacher.

But now the 27-year-old, from Bethnal Green, East London, is the star of Prime Video's second most-watched show, *Fallout*, *inset*, which was viewed by 65million people in just 16 days.

Ella attended the acclaimed *Sylvia Young Theatre School* at nine and beat hundreds of girls to star in *Oliver!* at London's Theatre Royal three years later. The role led her to be cast as younger versions of Hollywood A-listers including Angelina Jolie in Disney's *Maleficent*, Keira Knightley in *Never Let Me Go* and Margot Robbie in *The Legend Of Tarzan*.

At 18, Ella took time out and says returning to acting felt "bittersweet at first", but it would prove a wise and lucrative decision.

In 2021, she moved to Los Angeles to film *Yellowjackets*, about a girls' football team whose plane crashes in the Rocky Mountains.

Princesses of Bel Air

Car park bill's a lot

AN Audi A3 driver has clocked up £228,730 of unpaid parking fines — believed to be the most on record in Britain. The unnamed motorist amassed 1,138 penalties between 2017 and 2021 in Islington, North London. Meanwhile, a BMW driver racked up a bill of £101,468 for 684 tickets in Barking, East London. Neither driver has been traced, possibly owing to use of doctored plates. Their debts were revealed in an information request to councils. In Leeds, the owner of a Qatar-registered Land Rover failed to pay all 150 tickets they received last year totalling £10,550.

121 killed in crush

A CRUSH that killed 121 in India has been blamed on 250,000 devotees surging forward to see a Hindu preacher. The deaths sparked a police hunt for the organisers as authorities had given permission for just 80,000 people to attend. The stampede came as devotees gathered to see Suraj Pal Singh at Phulrai Mughal Garhi in Hathras district in Uttar Pradesh on Tuesday. Witnesses said thousands rushed forward on slippery ground when Singh left in his car. The dead included 112 women and seven children, with another 31 people injured.

ALZ DRUG BOOST

Medicine can slow mental decline by up to 60%



HOPES are rising that a drug said to slow memory decline in Alzheimer's patients will soon be available on the NHS.

Donanemab, which clears the brain of toxic proteins, has been approved in the US. Clinical trials found it slowed brain decline by up

By ALICE FULLER

to 60 per cent over 18 months. It was most effective for people in the earliest stages of Alzheimer's. The UK's Medicines and Healthcare products Regulatory Agency is expected to rule on NHS use before the end of the year. Samantha Benham-Hermetz, left, from Alzheimer's Research UK, said: "This marks another important milestone in the global effort

to tackle dementia. We are hopeful that a decision will be made later this year for Great Britain." Donanemab is the third drug approved in the US for clearing toxic proteins out of the brain. The UK's MHRA rejected the first, aducanumab, and is set to decide on the second, lecanemab. But doctors warn that diagnosis in Britain needs to speed up to take advantage of the new drugs. They are calling for more staff

and scanners. Fiona Carragher, from the Alzheimer's Society, said: "There are still many hurdles before donanemab could be available on the NHS. This drug is only suitable for people in the early stages of Alzheimer's. "Until we fix dementia diagnosis in the UK, only small numbers of people will get the early, accurate diagnosis needed to access the treatment if it's approved here." alice.fuller@the-sun.co.uk

7 DEAD AS HURRICANE HITS



Barbados boats . . . and, right, Union Island



By PAUL SIMS

HURRICANE Beryl tore through the Caribbean yesterday, killing at least seven people. With winds reaching 165mph, it marked the earliest Category 5 Atlantic storm on record. Homes across Grenada, Venezuela and St Vincent and the Grenadines were flattened. Last night, the Cayman Islands — a British Overseas Territory — was braced, with the UK standing ready to assist, its governor said.

Every blue token helps.

Use yours in store to fund healthy food & activities for kids.



Stronger Starts **TESCO** Every little helps

DAD PLEA OVER MISSING TEEN



Inquiry . . . elite unit

Deleted 'SAS kill' mails are retrieved

By JEROME STARKEY

AN inquiry into claims the SAS murdered prisoners has found copies of top secret files after the originals were destroyed. The elite unit is accused of shooting more than 50 captives on night raids in Afghanistan.

But emails about the missions were deliberately deleted, the judge-led inquiry heard last year.

Lead counsel Oliver Glasgow said the SAS had drives probably were loaded with "highly relevant emails".

Now, investigators led by Lord Haddon-Cave have back-ups of the originals, the BBC said.

An inquiry spokesperson said: "We can confirm that during the evidential hearings in December, information came to light relating to back-ups of the server."

"We are now exploring a solution to retrieve and review the data to determine its relevance."



Arrested . . . Betro

'Gun hit' suspect found in Armenia

By MIKE SULLIVAN

A SUSPECTED hitwoman hunted by British police has been arrested.

Aimee Betro, 44, wanted over a murder attempt in Birmingham in 2019, was found in Armenia.

She was allegedly living in a rented one-bed flat on the outskirts of the capital, Yerevan.

Police in the city swooped in a dawn raid, with footage showing her being led away.

West Midlands Police said it was aware of the development and officers were liaising with the relevant authorities.

Betro was allegedly hired by Mohammed Aslam, 56, and son Mohammed Nazir, 30, to shoot a business rival.

Their trial was told Betro, from Wisconsin, wore a hijab as a disguise but her gun jammed outside the target's home.

Aslam and Nazir, from Derby, will be sentenced next month for conspiracy to murder.



Mystery visit . . . holiday pad Jay, left, went to with two men

Why did two men take my Jay back to villa?

MISSING Jay Slater's baffled dad wants police to do more to find out how his teenage son ended up at a remote Airbnb with two older men.

Warren Slater believes the investigation into his 19-year-old lad's disappearance in Tenerife should now focus on the holiday let to which he was taken.

Jay was at the £40-a-night rental in Masca with two British men he met while partying at the NRG music festival hours earlier.

Warren, 58, said: "My only question is - and this is where you start the investigation from - why did two grown men take a young boy to a valley to a bed and breakfast? I can't understand that. Why? Why? You need to ask them why and then start from there."

From RYAN PARRY, in Tenerife

His comments come after a TV investigator helping the family revealed Jay left the Airbnb on June 17 feeling "scared".

Ex-detective Mark Williams-Thomas claims the lad did not want to return to the Airbnb - despite needing water and having little charge left on his phone battery.

He told friends he "couldn't do that" and that he was already 30 minutes' walk away.

Mr Williams-Thomas also claimed Jay admitted on a Snapchat message hours earlier he had stolen a £12,000 Rolex.

Police are investigating a brawl outside the Papagayo Beach Club during which a burly Eastern European allegedly had his pricey watch stolen, although it is not clear whether Jay was involved.

Dad Warren, who was

yesterday scouring a narrow mountain ravine with Jay's older brother Zak, admitted police were not telling him much.

He said he has become frustrated and angry that more had not been done.

He said: "I've gone past sadness and I'm angry, if that makes any sense."

"The police here are doing their own investigations."

"They're not really telling us anything - we're in the dark."

"All I'm doing is a Columbo bit myself. You just don't disappear. He's a young boy. He's fit. It's just a mystery. It's baffling."

But he said he was happy to leave the decision-making to the Spanish authorities, adding: "They know best. Do you think they should be still searching? If it was England, I'd be causing a stink but we're in a foreign country. We've got to leave it to people who know best."

Addressing criticism the family has received for wanting to withdraw part of the GoFundMe donations, which have now reached nearly £50,000, he said: "We just want to pay for our hotel."

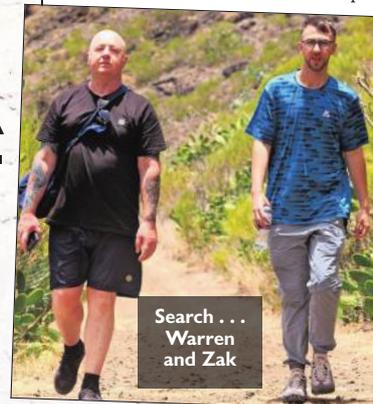
And asked if he would stay for as long as it took to find his son, he said: "His mum wants to but you can't stay forever."

It comes as the first picture of a Briton who rented the Airbnb emerged.

Ayub Abdul booked online and later hosted missing Jay at the property.

Spanish police have spoken to him and his unnamed friend. Both were described as "not relevant" to their investigation.

ryan.parry@thesun.co.uk



Search . . . Warren and Zak

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**Today,
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in putting
the country
first and
voting
for change.**

A handwritten signature in black ink, which appears to be "Keir Starmer".

SCAN ME



labour.org.uk/
firststeps

Vote Change

Vote Labour

TODAY

Rod Liddle



rod.liddle@the-sun.co.uk

I WAS out canvassing on my local High Street. The sun was shining and I had a spring in my step. I saw a little old lady coming towards me with her shopping trolley.

"Good morning madam! What a beautiful day! Can I count on your vote in the forthcoming election?" I asked, beaming.

"You should be bloody hanged," she replied, and went into Morrisons.

I can tell you, that deflated my optimism for a moment.

Truth be told we've had a great reception out on the streets. Mostly.

She's the only person who actually thought I should be killed, anyway. Well, the only one who **TOLD** me I should be killed. Maybe there's thousands of them. Hmm.

The thing I hear most often is about Labour.

If I had a pound for every time someone has said: "Well, they can't be any worse, can they?" I wouldn't need to get my deposit back.

That's the overall message. People are probably going to vote for the Labour Party.

But they are not doing so with any great enthusiasm. The least awful of two pretty bad options.

Believe me, nobody has said: "Ooh, that Keir Starmer's absolutely terrific, isn't he? What a guy."

They said that about Tony Blair in 1997.

There's no great feeling around that Sir Keir's Labour Party will change the way we live for the better, as there was back then.

Just a relief that we might be able to get rid of the Tories, at last. People are tired of them. Tired of the incompetence and arrogance.

I hear that an awful lot, as I pound the streets. Tories only in it for themselves. Conservatives lining their pockets through contracts.

Or by betting on the election date. Tories on the make, Tories on the take.

But nobody at any time in this campaign has said to me, "well, I really like Labour's policy on..." then named an issue.

THIS, then, is the great default election. The negative election. With most people not actually voting FOR someone. Just against them.

I've been campaigning in Middlesbrough South and East Cleveland. On paper it's a straight fight between the sitting Tory MP and the Labour challenger.

Labour's candidate is first rate. A young, local lad with a background of working for the community. He would make a fine MP.

And I suspect he will get in.

But there is an appetite for greater change than what Labour seems to be offering nationally.

I'm standing for the Social Democratic Party – we're a tiny, if fast-growing, party. But there's been a lot of genuine interest in what we stand for.

A radical, reforming party which is anti-woke and pro-British.

There's also quite a bit of support for Reform – who aren't standing here, they're backing me instead.

Some of the stuff which the pollsters and London media seem to think are the most important issues haven't figured here at all.

What they do care about are local issues. Policing comes very near top of the agenda. The voters are sick of anti-social behaviour.

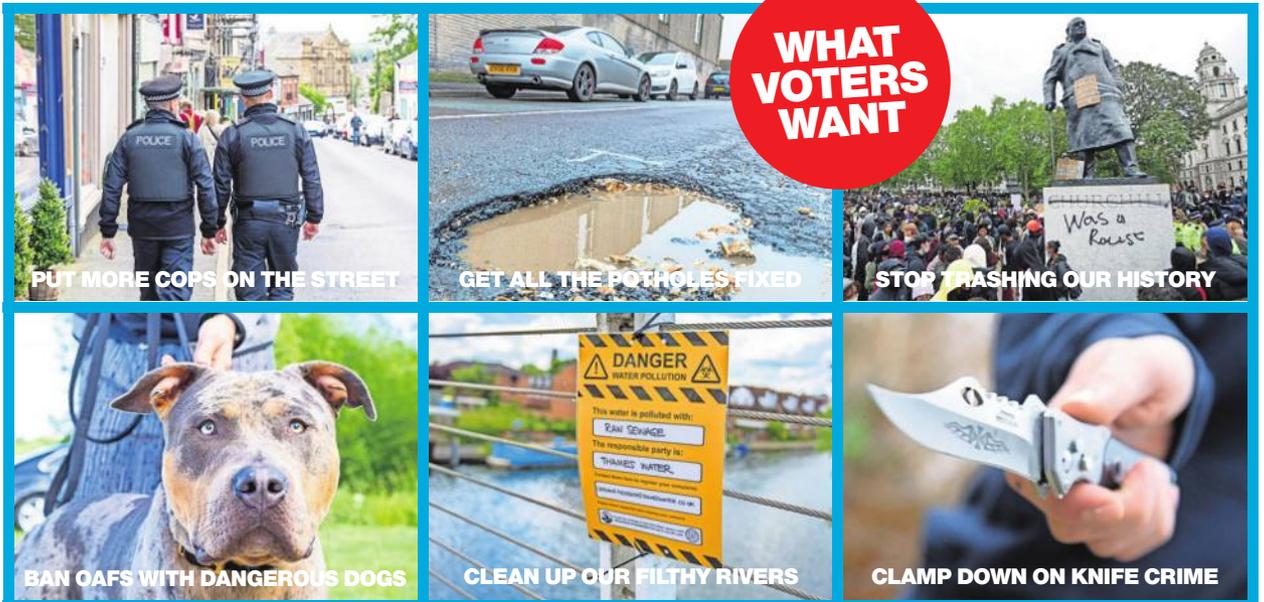
Oafs with dangerous dogs they can't control. Quad bikes and off-road motorbikes tearing up the footpaths. Horrible little scrotes frightening old people.

Oh, and of course, the druggies. They want a bigger police presence on the streets.

And there's all the little stuff, which really matters. Drivers who break an axle on a pothole.

The traffic jams getting into Middlesbrough. And rising up the

What I learned out canvassing: 'Well, they can't be any worse, can they?'



WHAT VOTERS WANT

PUT MORE COPS ON THE STREET

GET ALL THE POTHOLES FIXED

STOP TRASHING OUR HISTORY

BAN OAFS WITH DANGEROUS DOGS

CLEAN UP OUR FILTHY RIVERS

CLAMP DOWN ON KNIFE CRIME

agenda, pollution of our rivers and seashores.

We've got it quite bad up here on the North East coast.

The singer Feargal Sharkey turned up to campaign with Labour candidates on behalf of Surfers Against Sewage.

Someone should tell Feargal that Labour will do nothing radical about our awful water companies.

Incredibly, they don't even plan to take them into public ownership.

The biggest things bothering the voters, though – once you've removed "Tory utter uselessness" from the equation – is the cost of living and immigration.

For too long this area, and the country in general, has suffered from chronically low wages.

People are skint. Their living standards have dropped.

And those low wages are a direct consequence of that other thing the Tories failed magnificently on: unrestricted immigration.

People are aghast at the sheer numbers of people coming into our country every year.

They are not "anti-immigrant", as the Left would like to portray it. They just think that as a country

we cannot cope. And importing low-waged workers into the UK depresses wages still further.

And in later years it will cause us heaps of problems in social care and so on.

There is a strong kick-back, too, about the progressive agenda. The jiggery-wokery.

One bloke said to me as we walked along the Guisborough Forest path: "How can I vote for a party whose leader can't make his mind up about whether a woman has a todge or not?"

They are appalled by the radical agenda of the pro-trans lobby.

And they don't like seeing our country trashed and its history written off as "racist".

None of those odious, divisive, identity politics so beloved by Labour have any purchase up here.

Which is why Labour have shut up about it recently.

I don't think they have any purchase nationally, to be honest. Except among a tiny tranche of perpetually infuriated nutjobs and rabble rousers.

People say to me, time after time, that the people we should be looking after are those who try to

do the right thing. The young married couples, the people who work hard for long hours and receive low pay.

Yet neither of the two main parties seems to give a monkeys about families.

And they will continue to reward people who stay at home all day watching Abandoned Engineering on the Yesterday channel. Instead of finding a job.

MY guess is that this election will be a little tighter than the polls currently predict. I think some people are embarrassed to admit that they are still thinking of voting Conservative.

I suspect that the Tory vote is being a little underestimated.

Labour will probably get its majority, but it won't be the big-bollocked super-majority they are expecting. Good.

And I suspect that more and more people will turn to the smaller parties – for a proper

change. And that an awful lot of people will stay at home and not vote at all.

I would guess that the vote shared between Labour and Tory will be the smallest for a good half-century or more and the turnout down.

People sense that our politics is broken. That the divide between Right and Left is past its sell-by date, like a pair of rotting kippers. They want something else, but our electoral system doesn't really allow it.

I should probably have done some publicity-grabbing stunt to boost my vote here.

Maybe a bungee jump, like Ed Davey of the Lib Dems did.

But the problem is I still have a semblance of dignity and I'm not nine years old.

One way or another, though, our politics is changing – and needs to change. I am not sure at all that a Labour government will work out for the best.

And there is something a little sad and despairing in that oft-repeated quote: "Well, they can't be any worse, can they?"

They can and quite possibly will.

WE TEST BEST FLAPJACKS IN SUPERMARKETS

Bakery Flapjack Bites, £2.45

THE Co-op's own brand of mini oat bites are rather steeply priced, with 18 flapjacks going for a quite costly 13p each.

Made with 37 per cent oats and sweetened with golden syrup and butter, the texture was rather sticky and some parts weren't baked evenly.

There are far better flapjack options out there for your money.



1/5

Flapjack Bites, £2.50

YOU will find this pack of 20 bites from Tesco okay for value but they're definitely not the most economical option.

Each square is made with 39 per cent oats with condensed milk, butter and syrup, which unsurprisingly results in a very sickly scoff. Golden-brown, they have a nice even bake and a rather crumbly texture.



2/5

Rowan Hill Mini Bites, £1.49

A GREAT-value box of 20 bites from Lidl. These contained the equal-highest amount of oats of all the treats I tried, (alongside Asda) at 45 per cent.

They tasted incredibly sweet without tasting too artificial.

A lovely, appetising colour, these could probably even be taken for home-made.



4/5



STICKY, chewy and delicious, flapjacks are one of our most popular snacks, with oaty origins harking back to 17th Century kitchens.

This month, syrup brand Lyle's launched its own

original ready-to-eat bar. But is it worth splashing out for the big brand bite, or should you stick with a supermarket option?

LAURA STOTT, left, chomped on a selection of the chews to find out.



Oaty Flapjacks, £1.20

MADE with 45 per cent oats, these five individually wrapped bars from Asda rank high for grain content, with only Lidl offering as high a percentage.

Labelled "so syrupy", the flavour definitely lives up to the description. They have a nice home-made look, and I liked the chunky, and dense texture.



3/5

Flapjack Slices, £1.20

THIS pack of five wrapped slices from Sainsbury's is perfect if you're on the go. I really enjoyed the chewy texture.

Made with a decent oat quantity of 41 per cent, they are small and dense enough to still be enjoyable without leaving you too full of sugar.

Very tasty – and top value too.



5/5

Village Bakery Choc, £1.49

THIS Aldi 20-pack version comes with a milk choc topping. Considering the rock-bottom price, the quality doesn't feel compromised, with a nice oaty texture.

Each morsel is generously sized. With only 33 per cent grains, these have a lower oat content than others, but it's well balanced out with the cocoa.



4/5

All Butter Mini Bites, £3.75

M&S is famous for its popular sharing tubs of cake cubes, and this container of 25 mini flapjacks is a crowd pleaser.

There is plenty to go around but alas this is far from the cheapest option.

The quality is very good though, made with 40 per cent oats, butter and golden syrup. Very tasty and worth splashing out on if you feel like treating yourself.



3/5

Lyle's Multipack, £2.50

THESE new flapjack slices from syrup brand Lyle's look very smart on the shelf.

Made with 39 per cent oats, its famous syrup and condensed milk, the result is a squishy, gooey oat cake bar which is far softer than some others, so ideal if you like a less dense texture.

You are getting a generous portion with each of the five bars. Very nice, but a little on the spendy side.



3/5

Healer's lad guilt

A SELF-styled healer in court over the death of a diabetic woman was previously convicted over a six-year-old boy's death, a court was told.

Hongchi Xiao, 61, who advocates slap therapy, is accused of the manslaughter of Danielle Carr-Gomm, 71, in 2016.

He is said to have congratulated Ms Carr-Gomm, of Lewes, East Sussex, for stopping her insulin medication.

Winchester crown court heard the healer was convicted in Australia after a boy's death in 2015. He told the lad's mum to stop his insulin.

Xiao, from California, denies manslaughter. His trial continues.

Wine's a large one

THE number of vineyards in Britain has gone past 1,000 for the first time.

Last year, 87 new sites were registered as the country bucked a global decline in wine-making.

There are now 1,0309 vineyards, covering 4,209 hectares of land – more than double the area from ten years ago.

And the UK's wine-makers had their busiest year, producing the equivalent of 21.6million bottles.

Meanwhile, English and Welsh wine sales have soared by ten per cent in two years, said WineGB.

It added: "This growth is against the wider trend of falling UK and global consumption."

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£70 .. WISH YOU WEREN'T DEAR!

By RICHARD MORIARTY
FASHION house Balenciaga is selling postcards — for £70. The set of seven is available on the French designer's website and features images of Paris landmarks, including the Eiffel Tower and the Moulin Rouge. One shopper said: "The fashion world is renowned for bonkers prices but £70 is madness."

MADDIE SUSPECT 'FREE IN A YEAR'

THE Madeleine McCann prime suspect edged closer to release from jail after judges threw out his arrest warrant.

Rapist Christian Brueckner — currently on trial in Germany for five sex crimes — could now be freed as early as next year.

Judges ruled there was no reason to keep him behind bars longer than necessary because they think he is unlikely to be guilty of the five charges, which are not connected to Madeleine.

They cancelled the arrest warrant, meaning that if he is cleared, he could walk free at the end of the jail term he is serving for raping an American woman in Portugal in 2005. Brueckner, 47, has been named as a suspect over three-year-old Madeleine's disappearance in Portugal in 2007.

By ROB PATTINSON

But he has not been charged — and at his trial in Braunschweig denies the five allegations, including the 2004 knife-point rape of Irish travel rep Hazel Behan in Portugal.

His trial continues but, if cleared, he cannot be kept locked up after his rape sentence.

But prosecutors could appeal over the warrant or charge him on Madeleine.



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Picture: PAUL MADELEY



SYD TOPS THE QUIT PARADE

SHE is £250,000 richer after winning Britain's Got Talent and is about to embark on her debut nationwide tour.

But **SYDNE CHRISTMAS** still has one pressing matter at the top of her to-do list before she sets off – quitting her day job.

In an exclusive chat, she told me: "I did my audition and went back to work in the gym. Funnily enough, I am still on the rota. I need to go in for a meeting and say I definitely can't work now."

I doubt Sydnie, who has new single *Starlight Express* and an album coming soon, will ever be back, given she has the world at her feet now thanks to her success on the talent show.

She will kick off her *My Way* tour in Gateshead on October 5, before playing 14 more UK dates

that month including Nottingham, Sheffield, London and Liverpool.

Sydnie is so refreshingly down to earth, she admits she has no idea what a rider is – the nickname for the dressing room requests artists put in for gigs – and has moved back in with her parents in Kent to save money on rent.

She added: "When I got told about the tour, I thought I was just going to be someone's warm-up."

"When they told me it was my tour, I was like, 'Oh my God.'"

With a management team in place ready to steer her career, I asked if BGT boss **SIMON COWELL** gave her any advice.

"He told me to choose my own path and to take control," Sydnie said with a smile.

Tickets for Sydnie's *My Way* tour go on sale on Friday, July 12.

DEBUT SO DREAMY FOR JADE

LONDONER **KAMILLE** has lent her backing to **JADE THIRLWALL**'s solo career after the **LITTLE MIX** star, below, confirmed her debut single, *Angel Of My Dreams*, will be out on July 19.

The pair are long-time collaborators, with Kamille helping to write the group's hits including *Black Magic* and *Shout Out To My Ex*.

In an exclusive chat at an F1 x Lenovo event, Kamille said: "Oh, you are not ready for the new Jade music. It's very dreamy, airy. No one is going to expect this."

"I've only heard a few songs and it's worth the wait."

Kamille isn't the first to hype up the tracks, with loads of my pals in the music biz telling me to expect big things, so I'm excited to hear what Jade has to offer.



DEEP PURPLE's latest song is ideal for the tardy person in your life. *Lazy Sod* is from new album =1, out July 19.

Frontman **IAN GILLAN** said: "A young journalist asked me how many songs I had written in my life."

"I replied that the last time my assistant counted, 20 years ago, it was over 500."

"She pointed out **DOLLY PARTON**'s 5,000 songs, while calling me a lazy sod. I couldn't not agree."

TAYLOR STUNT AN ERA ACHE

TRAVIS KELCE says he was terrified of dropping his girlfriend **TAYLOR SWIFT** when he carried her across the stage during his surprise appearance at one of her Eras Tour shows at London's Wembley Stadium last month. On his *New Heights*



podcast, Travis said: "[I kept telling myself, 'Do not drop the baby. Hold on to the baby.'"

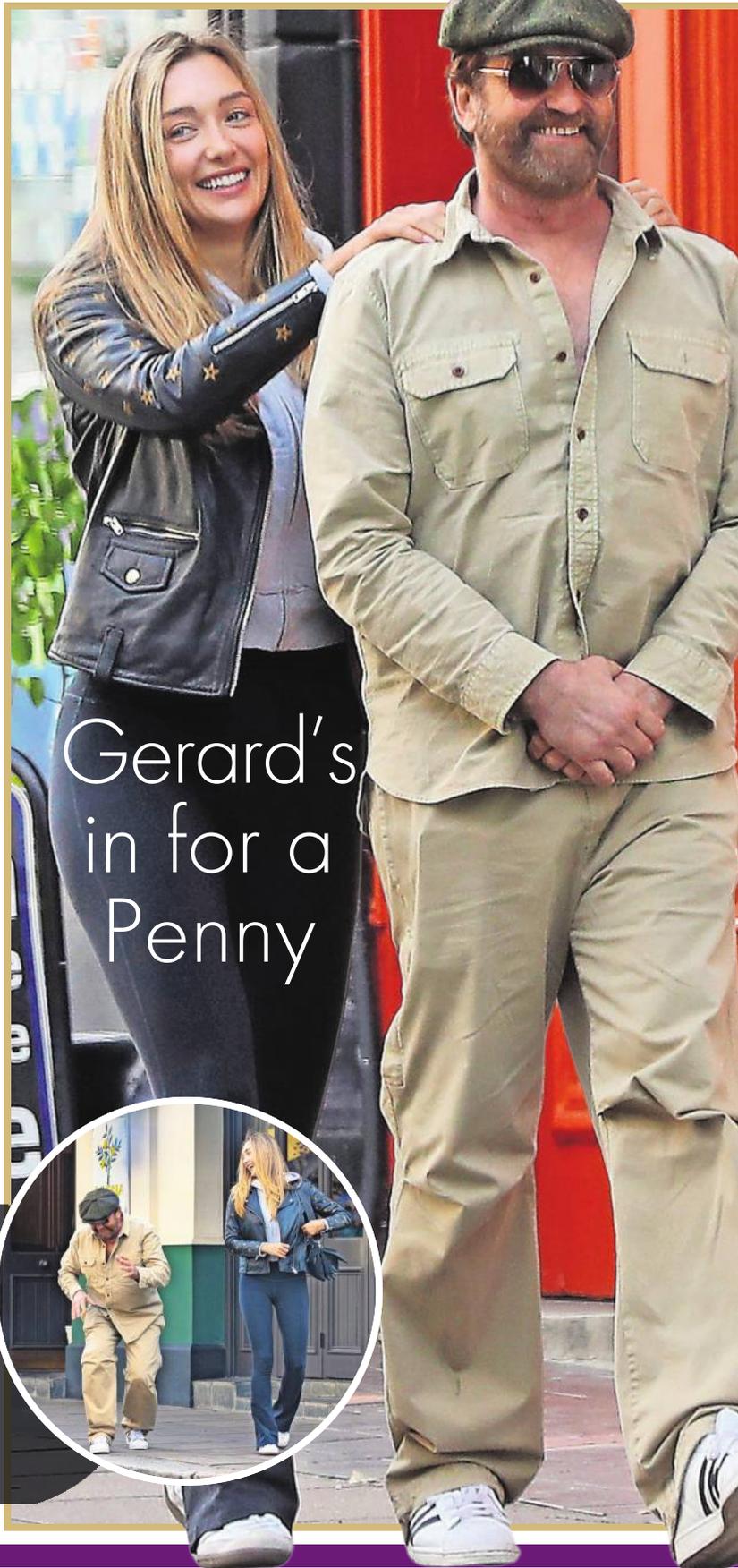
Revealing the stunt, left, was his idea, he said:

"I was like, 'How fun would it be if I rolled out on one of the bikes during the 1989 era?'"

"She started laughing and was like, 'Would you seriously be up for doing something like that?'"

"I was like, 'What?' I would love to do that. I've seen the show enough. Might as well put me to work here."

Travis teased: "Who knows, it might not be the last time."



Gerard's in for a Penny

HE plays **BST** Hyde Park tonight but US country star **MORGAN WALLLEN**'s career could have been very different.

The singer was on course to be a baseball pro, but his manager said an injury "derailed that dream" and he went back to music.

Speaking before he hit the stage, Morgan said of his huge **BST** set: "Last fall was my first time in the UK and man, I loved it. I saw so much while I was there, and the people were incredible."

"To play where legendary artists like **PINK FLOYD** and the **ROLLING STONES** have played is a huge honour for me and my band – we can't wait to be back."

KELLY: I REGRET AXEING MUSIC

KELLY OSBOURNE has revealed she still kicks herself for quitting music.

The nepo baby had a short-lived stint in the industry between 2002 and 2005.

Her collaboration *Changes* with her **BLACK SABBATH** rocker father **OZZY** made No1 in 2003 but her two studio albums were commercial flops.

Kelly reckons she was led astray before she could properly hit the big time.

Quizzed on whether she has thought of returning to singing, Kelly said: "I've definitely thought about it and what life would have been like if I hadn't stopped."

"It's definitely a regret. Will I do anything about that regret? I don't know."

Asked on *The Osbournes* podcast why she quit, she added: "I was doing so much TV, I was doing so much touring and publicity and so many interviews and I just wanted to go out and have fun."

"I didn't want it to be all work and no play and I didn't know how to have any balance. It was bad."

ELLIE HENMAN'S

Camille

With
HOWELL
DAVIES
& JACK
HARDWICK

JOVI JOY AS JESSE WEDS TOO

JON BON JOVI's bank balance has taken a hammering, after two of his sons married within weeks of each other. After his lad JAKE married MILLIE BOBBY BROWN in a top-secret ceremony in May, I can reveal that last month, his son JESSE celebrated his marriage to Jesse Light at the swanky Soho Farmhouse in Oxfordshire. A source said: "The family took over

Soho Farmhouse. Millie and Jake were both there, along with stars like DAKOTA FANNING. Jesse and Jesse eloped to Las Vegas in May, but hired out Soho Farmhouse for their reception. They had a pool party and a massive tennis tournament between all the guests." Millie shared a snap from the bash online yesterday and said of Jake: "My forever wedding date."

GLASTO KEPT ME SO CAM

Brilliant revellers helped singer beat pre-gig jitters

SHE gave a triumphant performance at Glastonbury, where she was hailed as one of the weekend's best acts.

But **CAMILA CABELLO** has revealed she was almost put off playing festivals entirely after one disastrous set at the rival Isle of Wight event. During a chat with Bizarre's Howell Davies in London this week – after posing for a snap together – the Havana singer said of her Glasto set: "It was a huge crowd. I am always a little nervous before festivals generally because it's not necessarily people there who are coming to see just you. I always expect the worst, but I was so pleasantly surprised."

"People were being so warm and engaging. "It was hot, so I could completely understand it if everyone was cranky and had had their arms crossed. "I've actually played some festivals that were like that. I remember Isle of Wight was difficult."

Pretending to cry, she continued: "I remember being like, 'Festivals are hard. I don't want to do festivals any more.'"

Unfortunately, Camila had no chance to stick about on Worthy Farm after her set on Saturday, as she has been zooming around the world promoting her brilliantly bonkers new album C.XOXO, which came out on Friday and is due to hit the Top Ten tomorrow.

She said of Glasto: "It's very intense. It smells like a farm. There were a lot of tents. "We actually had a crazy experi-

ence where we were in Denmark the night before and landed at six in the morning, that morning. "I wish I could have stayed there, but I would have literally passed out. I was exhausted."

That didn't stop her hitting The Box nightclub in London on Tuesday, right, for a party thrown by Bacardi in honour of her new record.

The album sees Camila explore a hip-hop sound for the first time, including collaborations with **DRAKE** and **LIL NAS X**, but it was not all plain sailing when it came to making it.

'Nervous breakdown'

In fact, she said it felt like she was having frequent "nervous breakdowns". Camila explained: "With any project, there's

just waves where everything is amazing and three days where it's like, 'Wow, I just wrote this song in 30 minutes and I wrote this song in three hours and it's so easy'.

"Then the next week, you're like, 'I don't know how to do this. I don't know how to put words together. I think that was it'."

"There were waves of crippling s*** where I thought that might be my last good day."

"I think I had a nervous breakdown probably, like, once a month."

At least she can see the funny side now.



FAN FAVE... Camila and Howell



GERARD BUTLER has a good reason to smile.

The Olympus Has Fallen actor couldn't hide his delight as he cosied up to Sports Illustrated beauty PENNY LANE.

The model, who is 25 years his junior, joined Gerard on a romantic day out in London's posh Primrose Hill.

Dressed down in a beige shirt and trousers, the Hollywood ace grinned as he got a playful massage from his beau.

Penny switched up her usual look of a skimpy bikini, right, to wear skinny jeans and a leather jacket.

Keen to see the sights, the duo jumped on bikes to whizz around the swanky neighbourhood.

Later in the day, Gerard and Penny took a leaf out of my book and were spotted unwinding in a beer garden.

It proves his on-off nine-year romance with interior designer MORGAN BROWN is over, the pair having not been seen together for more than a year.

He certainly doesn't look down in the dumps about it now that he's with Penny.

TRIO EYE SUMMER STUNNER

JAX JONES has teamed up with JOEL CORRY and JASON DERULO for a summer smash.

The unlikely trio have released new track Tonight (D.I.Y.A) as Jax

starts globe-trotting for a series of major shows. Jax said: "This track is all about those electrifying summer nights. We've packed it with high energy and

good vibes." Joel and Jax previously teamed up in 2021 hit Out Out. Joel added: "I've been in the studio lots, so I'm buzzing we finally have a release together."

Pictures: EROTEME

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The people who think they run Britain are happy to see Keir Starmer pass through Downing Street's revolving door and replace Rishi Sunak because it's not a change of government. It's a change of middle management.

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And that's just the start. Over the next five years, I am serious about building a mass popular movement for real change.

A vote for Reform UK is not a protest vote, it's not a fantasy vote. It's a vote to change Britain for good.

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Make your voice heard, join the people's revolt. Vote Reform UK on Thursday.

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Don't 'cue at the cash point!



ENJOY SUMMER BBQs WITHOUT A BIG BILL

MILLIONS of households will enjoy lower bills now the energy price cap has been cut by £122 a year.

The typical annual charge is now £1,568, however, the exact amount depends on your gas and electricity usage.

Costs tend to be lower in warmer months, but watch out for the summer appliances that can drain power...

BARBECUE: Sunny days mean firing up outdoor grills.

If you're considering buying a new barbecue, check running costs as they vary.

Gas grills are typically the most expensive – running one for two hours to feed a family of

By LANA CLEMENTS

four costs an average £2.70, according to the Energy Saving Trust, compared with £1.40 for charcoal models and £1 for electric barbecues.

PATIO HEATERS: Summer evenings can turn chilly. If you want to stay warm in your outdoor space, patio gas heaters are a pricey option at £9.20 for two hours' use, according to the EST.

Fire pits cost £6.20 over the same timeframe, while electric infrared heaters come in at £2.70.

Of course, the cheapest way to stay toasty is to cut energy use by planting hedges or adding decorative panels to block chilly winds and keeping a stash of warm blankets ready for use outside.

HOT TUBS: They are increasingly common in British gardens, but can be a

real energy drain costing up to £8 a session to run.

Keep costs down by insulating the tub to reduce heat loss. Hard-shell models are usually better at retaining the heat than inflatables. Use an insulated cover when not in use.

Place the tub in a sheltered location to protect it from wind and cold weather, which can increase heating costs.

Aim to find the lowest comfortable temperature and use the hot tub's eco or energy-saving mode, if it has one.

Larger volumes cost more to heat so choose a tub that is no larger than needed.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

TOP SWAP

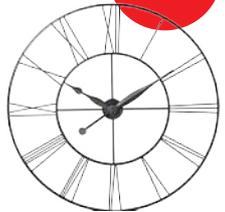


£80

TELL the time with this skeleton wall clock, £80, from John Lewis, above. Or count the pennies with Wilko's vintage-style wall clock, £19.50, below.

SAVE: £60.50

£19.50



What's new?

ITALIAN restaurant chain Prezzo has launched a breakfast menu. Dishes start from £4 and include breakfast pizzulata, full italiano, and a dolce pizzulata.



Little helper



GET ahead with Lidl's £5 school uniform offer. Pick two polo shirts, a sweatshirt and a choice of trousers, skirt or shorts all for a fiver.

THE Sun

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HOT RIGHT NOW

GRAB an easy snack on the go with Kabuto pot noodles with chilli stir-in sauce, £1.50, from Asda.



Badge . . . Met Police

Top gun cop held on rape charges

EXCLUSIVE
by **MIKE SULLIVAN**

A SENIOR armed police officer has been arrested on suspicion of rape. The veteran inspector was reportedly taken into custody in front of shocked colleagues at a firearms training base. A Met Police spokesman said he was held on suspicion of rape and other offences alleged to have been committed over a ten-year period. The unnamed officer – due to retire soon – was bailed until September pending further inquiries. He has been suspended from duty. A source said the officer was arrested at a base in Gravesend, Kent. He said: "It sent shockwaves through the base as he is a big cheese in the firearms unit." The officer is a member of the Met's MO19 firearms command unit, which provides gun cover across London and deals with terrorist incidents.



'Healthy' . . . new snack

Wotsits' chickpea varieties 'a rip-off'

EXCLUSIVE
by **ALEX WEST**

WOTSIT makers have been accused of ripping off their woke varieties from a bunch of hippies. Walkers has unveiled healthier, vegan versions of the cheesy snack and Monster Munch made with chickpeas. But it is allegedly copied from Hippeas – which has been making similar puffs since 2016. Hippeas, backed by actor Leonardo DiCaprio, have 40 per cent chickpea flour, while Wotsits have only 18 per cent. The company's MD, Sam McDonald, told The Sun: "Imitation is the best form of flattery. Our crisps have lower salt, lower fat, higher protein. "They're paying lip service to the 'better for you' snack but they're not actually doing it." Walkers brand owner PepsiCo has not commented on the claims but has said: "We can't wait to hear feedback."



MONE THE MERRIER

Baroness bliss . . . Mone has a giggle at posh restaurant



SCANDAL-hit Michelle Mone is all smiles as she parties the night away with pals at a plush restaurant. The bra tycoon, 52, danced in a jewel-encrusted dress with family and friends on holiday. Baroness Mone, who is being investigated with hubby Doug Barrowman, 59, right, over Covid PPE deals, was at the exclusive Alambique in Almancil, Portugal. A fellow diner said: "Michelle was having a whale of a time. She was up and about and dancing the night

EXCLUSIVE by MICHAEL HAMILTON
away. You would never have thought she was under investigation." Baroness Mone and Mr Barrowman have had £75million of assets frozen while the National Crime Agency investigates fraud and bribery allegations, which the couple deny. Mr Barrowman's PPE Medpro won £203million of contracts allegedly after his Tory peer wife lobbied the Government. He is then said to have supplied faulty PPE.



FIX YOU A MASSIVE CHEQUE?

COLDPLAY

Band fork out fortune to settle manager row

COLDPLAY have had to pay a seven-figure sum to a former manager who had sued them for £10million. The Fix You stars parted ways with Dave Holmes in 2022 after over two decades, sparking a vicious legal battle. Last year, he claimed to be owed

EXCLUSIVE by ELLIE HENMAN
£10million in unpaid commission for Coldplay's tenth and eleventh albums, which are both unreleased. But Coldplay, led by Chris Martin, countersued for £14million, claiming Mr Holmes lost control of budgeting for their Music of the Spheres world tour, overspending by £17.5million. Now, paperwork filed at London's

High Court confirms in May the band agreed an undisclosed seven-figure settlement to prevent private details being made public in court. A source said: "Chris and the band are happy they've drawn a line in the sand but it has come at a price. The settlement cost them millions. They just want to move on." Chris's best pal, Phil Harvey, who helped fund their first recording and

was then known as the band's fifth member, has stepped in to lead their management team. Coldplay performed at Glastonbury on Saturday night in front of 120,000 fans. As actor Michael J Fox joined them on stage, Chris told the crowd: "The main reason we're in a band is because of Back to the Future. Thank you to our hero forever." ellie.henman@the-sun.co.uk



At Glasto . . . Chris, and, left, ex-boss Dave

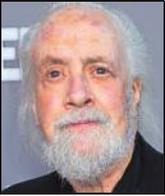


Wife killer... Rahman

Guilty of body in suitcase murder

By **MIKE SULLIVAN**

A CHEF was yesterday found guilty of murdering his wife in front of their two young children – and throwing her in a river in a suitcase. Aaminan Rahman, 47, strangled Suma Begum, 24, with her scarf over an affair she had on TikTok. He video-called her online lover, Shahin Miah, 24, during the attack, the Old Bailey heard. With his wife lying motionless behind him, furious Rahman told him on the call: “Because of you, this has happened.” He crammed her into a suitcase and dumped it in the Lea river near their flat in Docklands, East London. His wife, whose kids were two years old and four months old, may have still been alive. Rahman, who came to Britain from Bangladesh 20 years ago, denied but was convicted of murder. He admitted preventing a lawful burial and will be sentenced on July 31.



Oscar-winner... Towne

‘Greatest’ film writer Towne is dead, 89

By **SAM CREED**

ONE of Hollywood’s greatest screenwriters – Chinatown creator Robert Towne – has died at 89. He won an Oscar for the 1974 thriller starring Jack Nicholson and its script has since become a staple of writing classes. Towne was nominated for three other Oscars – for Shampoo, The Last Detail and Greystoke. Many films featured his native Los Angeles, where he died on Monday surrounded by family. He called it a “place of last resort, where people go to make dreams come true. And they’re forever disappointed.” Towne was working on TV shows when he met Warren Beatty via their psychiatrist. He helped on Beatty’s 1967 hit Bonnie and Clyde, and scripted a scene for 1972’s The Godfather. Shampoo actress Lee Grant said: “There isn’t another like him. There won’t be again.”

TENNIS NEWCOMER DRAPER OUR BE



By **GRANT ROLLINGS**

HAVING claimed victory on the hallowed turf of Wimbledon’s Centre Court, in place of crooked Andy Murray, young pretender Jack Draper had a humble message to fans.

He told the cheering crowd: “I know you probably wanted to see Andy out here but you’re stuck with me instead.” Plenty of female fans would disagree.

They are more than happy to see the 22-year-old male model taking over from Sir Andy as the darling of British tennis.

The 6ft 4in South Londoner has already appeared in glossy shoots for Vogue and Tatler magazines and is signed with the world-renowned IMG modelling agency.

He told Vogue last month: “I quite enjoy being in front of the camera.”

And the cameras certainly can’t get enough of the handsome newcomer, who is the country’s best hope at Wimbledon this year.

He has an army of young fans on TikTok and Instagram gushing over his good looks and is already worth more than £2million thanks to sponsorship deals with Dunlop, Vodafone and Nike.

The all-rounder has also studied criminology at degree level through the Open University and showed his potential skill in football by joining Chelsea’s youth set-up aged 11.

But it is his talent with a racket that is generating the most excitement.

He is the British No1, ranked 28 in the world, and recently beat Wimbledon champ Carlos Alcaraz on grass.

He also won his first ATP title last month, defeating Matteo Berrettini at the Stuttgart Open.

Former fan favourite Tim Henman believes Jack has what it takes to win an all-important major just as Murray did.

He said: “I see him as a future Grand Slam champion with the progress he’s making.”

With ex-world No1 Murray pulling out of the Wimbledon singles due to injury earlier on Tuesday, Jack switched from No2 court to centre.

His five-set first-round win against Sweden’s Elias Ymer means he now faces fellow Brit Cameron Norrie today. As the

previous British leading hope, 28-year-old Norrie will be a tough opponent, having reached the semi-finals at SW19 two years ago. Jack, though, was born to play the sport.

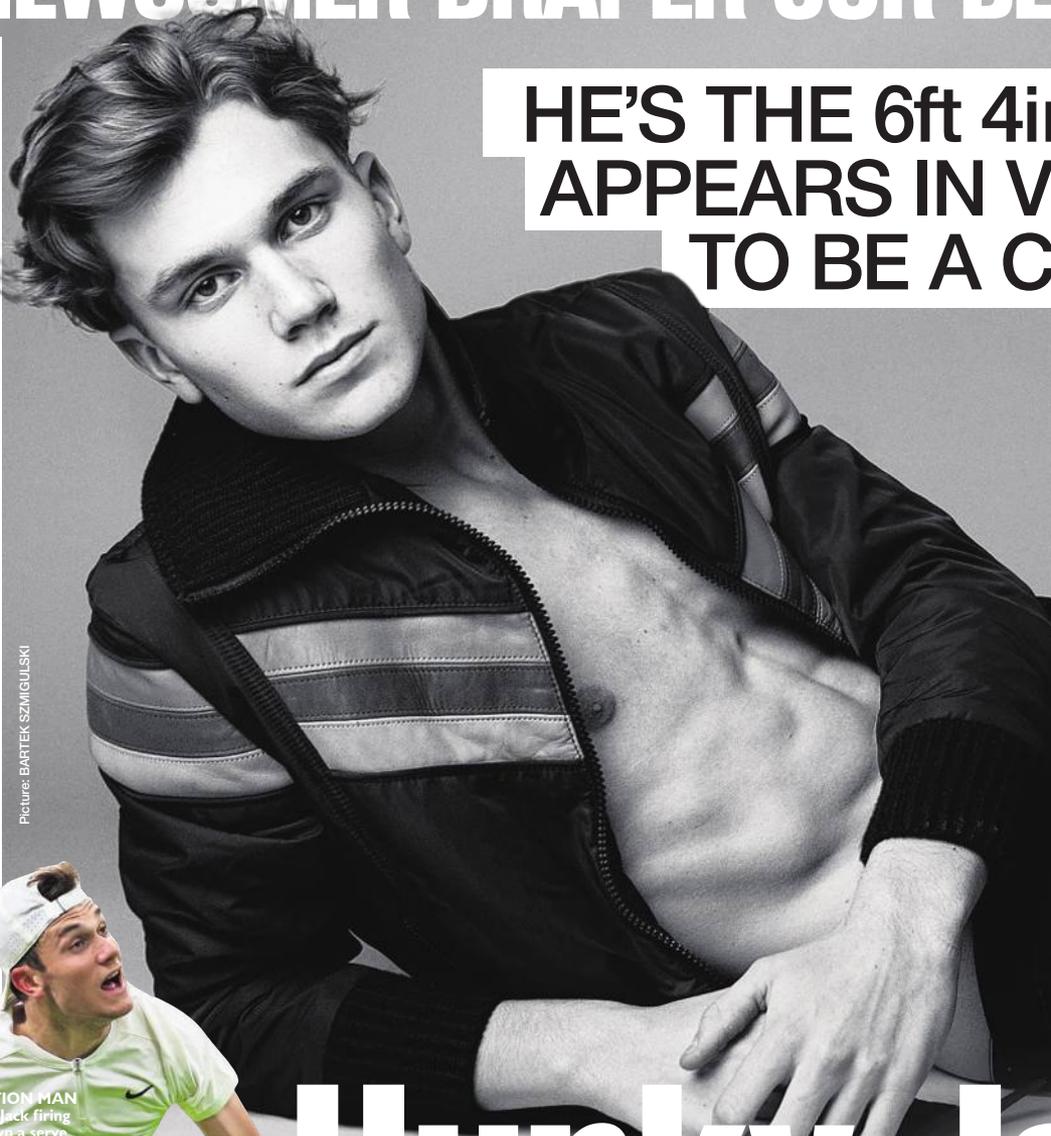
His mum Nicky was a junior national tennis champion who now coaches the game.

His dad Roger was chief executive of the Lawn Tennis Association for seven years and brother Ben, 25, gained a tennis scholarship at Berkeley University in California.

Jack said: “My tennis journey started when I was really young, probably two years old.”

“My mum was a tennis coach, and when she was coaching, my brother and I would hang around trying to entertain ourselves. I quickly picked up a racket and started hitting against the wall.”

Unusually, the right-handed sportsman chose to use his left



Picture: BARTTEK SZMIGULSKI



ACTION MAN
... Jack firing down a serve at Wimbledon in 2022

**HE’S THE 6ft 4in
APPEARS IN V
TO BE A C**

Hunky Ja the court

hand to hold the racket. That approach did no harm to 22-time Grand Slam champion Rafael Nadal. Born in Sutton, Jack, whose parents are divorced, grew up in the village of Ashted, Surrey, and attended the nearby private Parkside School from the age of four. There, he was coached twice a week by Justin Sherring, whose previous students include former British No1 Johanna Konta. Sherring says Jack was “crazy competitive, a natural-born sort of fighter.” That drive was evident when his brother Ben

won against him in an official match. Jack said: “When we were younger, the only time we played against each other – he beat me and that just killed me, even though he’s four years older than me.” Playing for fun with Ben helped improve his game, as did the time the rest of his family put in. Sherring said: “We’d spend hours and hours, his mum and I, just working with him. “I’d be coaching and she’d be picking up the balls. Then his dad would come and hit a few balls with him, so it was a real family effort all the way through.” In his younger days, some rivals thought Jack was there thanks to his dad’s powerful position in tennis. He recalled: “There was quite a lot of jealousy when I was younger. I would often go to junior tournaments

and have 15 boys on the balcony – people I’d never seen before – willing me to lose, making noises before I served, all that sort of stuff.” But no parent can win games for you and the youngster went on to prove himself on the courts. In 2018 he reached the junior boys’ singles final at Wimbledon, narrowly losing out to top seed Tseng Chun-hsin in a closely fought match. That success automatically led to more financial support from British tennis’s governing body, which dad Roger had stepped down from five years earlier. Rising up the youth ranks at the same time was Emma Raducanu, and the pair are still good pals. Emma, 21, who won the US Open when she was just 18, has known Jack since he was ten and they once shared the same agent. Jack, who has

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BEST HOPE AT WIMBLEDON NOW ANDY'S OUT

MALE MODEL WHO OGUE AND WANTED CRIMINOLOGIST...

Jack is in of appeal

ad in Putney, South London, is
ently single and concentrating on
game.
s said it is "tough to sustain any
of relationship" in tennis, where
ers travel across the globe
peting in tournaments.
ke Emma, he has overcome some
or injury setbacks.

'It's a brutal sport'

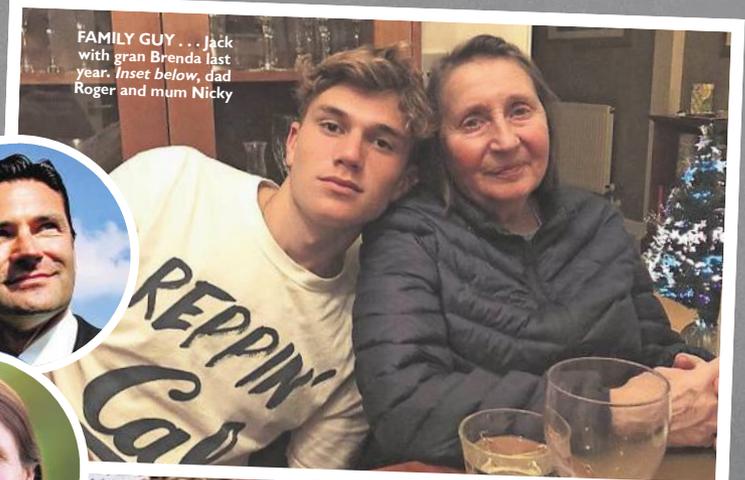
dominal, hip and shoulder
blems kept him off court and
aged his ranking, forcing him to
e during matches.
n earlier spell of Covid - in
ary 2021 - which Jack described
an "aggressive" case of the virus,
ined him for two weeks.
st two months later he collapsed
an exhaustion in sweltering heat at
Miami Open and needed medical
ort. Last year, a shoulder injury

he suffered in practice at the French
Open in May saw him take the
difficult decision to miss Wimbledon.
At the time he said: "It's really
frustrating. It's a brutal sport. I hate
being the guy who is injured a lot."
But he looks a lot stronger now.

As fans can see from his honed
muscles, Jack built up his body
strength to cope better with what can
be an arduous activity, when players
are on court for hours on end.
It was an injury woe that saw
Murray bow out of the tournament -
the former Wimbledon champ having
had an operation on a spinal cyst.
It is now highly unlikely the
37-year-old Scot will take part in a
men's singles match at Wimbledon
ever again, although he intends to
compete in the men's doubles with
brother Jamie and the mixed doubles
with Emma. Jack has already proved

he is a good prospect for success by
defeating Andy at the Indian Wells
Masters in March last year.
He also displays some of the sport-
ing legend's fiery temperament -
smashing his racket in frustration at
the Miami Open four months ago.
Tennis is a solitary game where
psychological strength in tough
moments is as important as a player's
physical tenacity.
Jack recognises it takes a certain
kind of person to play the sport.
He said: "If you asked the people
around me, they'd probably say I'm a
little bit nuts. In all honesty, being a
professional athlete, especially being
a tennis player, you have to be a
bit nuts."
One person who sadly, won't get to
truly appreciate his achievements is
his gran Brenda, who was diagnosed
with dementia ten years ago and no

longer knows who Jack is. He said:
"If my tennis matches are on TV, it
doesn't register with her any more."
A win over Norrie today will see
expectations grow that Jack can
head a new era of British
tennis, following the end of
Murray's dominance.
That places a lot of pressure
on Jack's broad shoulders.
But he isn't shying away
from the challenge.
After Tuesday's Centre
Court triumph, Jack said: "It's
going to be tough to emulate
what Andy's achieved."
"It's obviously unbelievable.
He's won here a couple
of times."
*"If I just keep on improving,
keep on doing my best, I don't see
why I can't be a great player like
Andy has been."*



FAMILY GUY ... Jack with gran Brenda last year. Inset below, dad Roger and mum Nicky



VOLLEYBALL ... Winning national title as a teen



STARBUCKS ... Andy Murray salutes Jack and Emma after the pair won the Prime Video Tennis Talent Awards in 2019



DOUBLE ... Jack, with Andy, this year's Wimbledon



- 6am Breakfast (S)**
- 9.30 Morning Live** Gethin Jones and Rav Wilding host the weekday magazine show. (S)
- 10.45 Scam Interceptors** The team assists a mother and daughter who have let scammers take control of their mobile phone. Presented by Rav Wilding. (R,S)
- 11.15 Homes Under The Hammer** Properties are renovated in East Sussex, Nottinghamshire and County Durham. (S)
- 12.15 Bargain Hunt** Charlie Ross hosts as two teams set out to bag bargains at Detling Antiques Fair in Kent with Steph Connell and John Cameron on hand to advise them on their purchases. (S)
- 1.00 BBC News (S)**
- 1.45 Wimbledon 2024** Coverage of day four of the prestigious grass-court tournament from the All England Club, where second-round matches are scheduled to be played in the men's and ladies' singles. (S)
- 6.00 BBC News (S)**
- 6.30 Regional News (S)**



12.15pm Steph Connell guides a team as they take on the Bargain Hunt challenge

- 7.00 Wimbledon 2024** Further coverage of day four of the Grand Slam tournament from the All England Club, where the second round of the men's and ladies' singles is scheduled to conclude. Andy Murray took to Centre Court at this stage last year and play ended for the evening with him 6-7, 7-6, 6-4 up against fifth seed Stefanos Tsitsipas. However, the match was to end in disappointment for Murray. (S)
- 9.25 Not Going Out** (3/6) Frank announces his engagement, but Lee cannot believe that any woman would want to marry his father. (R,S)
- 9.55pm-6am Election 2024** Live coverage of the night's results, presented by Laura Kuenssberg and Clive Myrie. Political editor Chris Mason leads the correspondents reporting from each corner of the United Kingdom, Reeta Chakrabarti analyses the results as they come into New Broadcasting House and Jeremy Vine broadcasts from Cardiff with his famous swingometer. Kirsty Wark is in Glasgow, Andrea Catherwood is in Belfast and Fiona Bruce, Victoria Derbyshire, Naga Munchetty, Nick Watt and Alex Forsyth are among the well-known faces reporting from key locations. Professor John Currice, the 'expert's expert' joins Laura, Clive, Chris and Reeta to offer his vast psephological knowledge and insights. (S)

- 6.45 am Beechgrove Garden (R,S)**
- 7.15 Garden Rescue: Top Of The Plots (R,S)**
- 8.00 Sign Zone: Gardeners' World** Monty Don tackles some pruning needed on one of his favourite crabapples. (R,S,SL)
- 9.00 BBC News (S)**
- 11.00 Wimbledon 2024** Isa Guha and Clare Balding present coverage of day four of the Grand Slam tournament from the All England Club, where the second round of the men's and ladies' singles competition is scheduled to continue. British wild card Liam Broady took on fourth seed Casper Ruud of Norway in the first match on Centre Court at this stage last year and Broady delighted the crowd by claiming a shock five-set victory. (S)
- 3.00 Wimbledon 2024** Isa Guha and Clare Balding present further coverage of day four of the Grand Slam tournament from the All England Club, featuring more second-round matches in the men's and ladies' singles competitions. (S)



8pm Gardeners' World comes from the RHS Hampton Court Palace Garden Festival

- 7.00 EastEnders** Double bill. Nugget regains consciousness but is told he may need long-term dialysis and the pressure is piled on when his parents and the police ask who supplied the drugs. Then, Teddy and Sharon share a flirty drink, but Stevie worries getting involved with Phil's ex is a bad idea, and Jean tries to convince Harvey his plan is the wrong choice for everyone. (S)
- 8.00 Gardeners' World** (16/32) The team reports from the RHS Hampton Court Palace Garden Festival, where Nick Bailey and Arit Anderson share highlights of the show gardens and floral marquee. (S)
- 9.00 The North York Moors: A Wild Year** (3/3) An exploration of the upland area of North Yorkshire. (R,S)
- 9.25 Live At The Apollo** (2/7) Ed Gamble hosts with Tom Davis and Judi Love. (R,S)
- 9.55 Gimme Gimme Gimme** (5/6) Tom and Linda go clubbing. (R,S)
- 10.25 Moulin Rouge!** An idealistic writer arrives in Paris to join the bohemian revolution and falls in love with a courtesan. Romantic musical starring Ewan McGregor, Nicole Kidman and Jim Broadbent. (2001) (S)
- 12.25 Today At Wimbledon (S)** **1.25** Sign Zone: Springwatch (R,S,SL) **2.25-3.25am** Andy Murray: Will To Win (R,S,SL)

- 6am Good Morning Britain (S)**
- 9.00 Lorraine** Entertainment and fashion news. (S)
- 10.00 This Morning** Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health and beauty advice and more. (S)
- 12.30 Loose Women** The women put the world to rights and invite a celebrity guest to chat about what they are up to. (S)
- 1.30 ITV News (S)**
- 1.55 Regional News (S)**
- 2.00 James Martin's Great British Adventure** The chef goes on a culinary road trip around the UK. (R,S)
- 3.00 Lingo** Quiz hosted by Adil Ray. (R,S) Followed by **Local Weather**
- 4.00 Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
- 5.00 The Chase** Quiz show hosted by Bradley Walsh. (R,S)
- 6.00 Regional News (S)**
- 6.30 ITV News (S)**



5pm Bradley Walsh challenges more contestants to take on The Chase

- 7.00 Bradley & Barney Walsh: Breaking Dad** (2/6) The duo continue their European adventure in Germany and head to Frankfurt, where Brad is pushed to the edge – literally – as he attempts to abseil down the side of a building. (R,S)
- 7.30 Emmerdale** Charles is determined to get to the truth, Matty risks opening up, and Mandy is unimpressed with her double date. (S)
- 8.30 Tom Kerridge Cooks Britain** The chef hits the road in his 1950s food truck, and discovers what it takes to produce the food on our plate as well as cooking with the British ingredients he finds along the way. Tom begins by heading to Kent and Cambridgeshire, where he is in search of beetroot. (S)
- 9.00 Douglas Is Cancelled** (2/4) The furore around the joke continues. Douglas needs to be coached on how to handle the questions he's facing. But who should do the coaching? His wife or his co-presenter? (S)
- 9.50pm-6am Election 2024 Live: The Results** Tom Bradby presents throughout-the-night coverage of the battle for Number 10 Downing Street, revealing who will lead the country for the next five years. Tom will be joined in the studio throughout the night by a team of political insider guests, including George Osborne, Ed Balls and Nicola Sturgeon. (S)

- 6.15 am Cheers (R,S)**
- 7.05 Everybody Loves Raymond** Four episodes. (R,S)
- 9.05 Frasier (R,S)**
- 11.05 Help! We Bought A Village** Documentary. (R,S)
- 12.05 C4 News (S)**
- 12.10 Help! We Bought A Village** A couple from Norwich get married at their hamlet in the Limousin. (R,S)
- 1.10 Car S.O.S** Tim and Fuzz team up with race legend Paddy Hopkirk to fix up their first rally car. (R,S)
- 2.10 Countdown (S)**
- 3.00 A Place In The Sun** A couple planning a move to rural France to run their own gite. (R,S)
- 4.00 Renovation Nation** Faye and David create an art-deco-inspired cinema room. (S)
- 5.00 A New Life In The Sun: Where Are They Now?** An update on Sue and Joe's French astronomy-themed retreat. (R,S)
- 6.00 Four In A Bed** The week's final visit is to Hartridge Springs in Pottery in Devon. (R,S)
- 6.30 The Simpsons** The family recounts three stories about disasters at sea. (R,S)



8pm Supervet Noel Fitzpatrick provides expert treatment to sick and injured pets

- 7.00 C4 News (S)**
- 8.00 The Supervet: Noel Fitzpatrick** (4/5) A Marbella-based seven-month-old expat French bulldog is flown in by private jet from Spain with his family after surgery to fix his broken elbow proved unsuccessful. (S)
- 9.00 24 Hours In Police Custody** (2/5) Detectives from Bedfordshire Police investigate when a 76-year-old man is arrested following allegations of historical child sex abuse dating back to the 1970s. (R,S)
- 9.45pm-6am Britain Decides With The Rest Is Politics And Gogglebox** As the polls close, Krishnan Guru-Murthy and Emily Maitlis presents news and analysis as the votes are counted, while ex-Labour strategist Alastair Campbell and former Conservative MP Rory Stewart steer viewers through what many are predicting to be a game-changing moment in British politics. Cathy Newman anchors from locations across London and reporters attend key counts across the country, while political editor Gary Gibbon offers continuous analysis. Mathematics professor Hannah Fry crunches the data at the big screen, helping to make sense of the numbers and tell the story of the night. Going beyond Westminster, Gogglebox favourites provide their take on the election campaigns, while an audience of voters give their take as the night unfolds. (S)

- 6am Milkshake!**
- 9.05 Milkshake! Story Den** Olivia is in the Story Den to read Spring to the Rescue. (R,S)
- 9.15 Jeremy Vine** The broadcaster discusses the issues of the day. (S)
- 11.15 Storm Huntley** Debate on the day's talking points continues. (S)
- 12.45 Friends** Double bill. Rachel meets her work stand-in. Then, Gavin surprises Rachel. (R,S)
- 1.40 5 News (S)**
- 1.45 Home And Away** Theo quickly surmises that Stevie is the girl Remi is waiting for. (R,S)
- 2.15 A Deadly Mother** A woman worries that her new neighbour is trying to steal her teenage daughter from her. Thriller starring Monica Rose Betz. (2020) (S)
- 4.00 Bargain-Loving Brits In The Sun** Tracey and Neil Harvey test out their new saunas. (R,S)
- 5.00 5 News At 5 (S)**
- 6.05 Police Interceptors** The knife-crime team targets drug hotspots. (R,S) Followed by **5 News Update**



9pm Comedian Susan Calman explores the Channel Islands in Grand Day Out

- 7.00 Happy Campers: The Caravan Park** At Holiday Resort Unity, new Park Wardens husband and wife team Antoinette and Brian are welcoming arrivals when an extended family gets separated from each other. (S) Followed by **5 News Update**
- 8.00 Supermarket Own-Brands: The Big Taste Test** Examining the difference between leading brands and supermarkets' own versions, and which customers prefer, beginning with one of the world's most famous soft drinks. (S)
- 9.00 Susan Calman's Grand Day Out** The comedian sets out to discover the Channel Islands, meets a sixth-generation Jersey farmer, and learns about the art of potato harvesting. (S)
- 10.00 Only Fools And Horses: Secrets & Scandals** Behind-the-scenes stories of how Only Fools and Horses was made, and how the cast could have looked very different. (R,S)
- 11.05 Fast & Furious Presents: Hobbs & Shaw** Action adventure with Dwayne Johnson. (2019) (S)
- 1.35 PlayOJO Live Casino Show (S)**
- 3.35 Yorkshire Tea Vs PG Tips: Battle Of The Brews (R,S)** **4.20** Inside The Balmoral Hotel (R,S)
- 5.10** House Doctor (R,S,SL)
- 5.30** Entertainment News On 5 (S)
- 5.40** Milkshake! Monkey's Amazing Adventures (R,S,SL)
- 5.45-6am** Paw Patrol (R,S,SL)

REGIONAL VARIATIONS

S4C: 6am Cyw 12.00 Newyddion S4C A'r Tywydd 12.05 Bois Y Rhondia 12.30 Cerys Matthews A'r Goeden Faled 1.00 Prynawn Da 1.55 Newyddion S4C A'r Tywydd 2.00 **ITV3** Seicic: Tour De France 4.00 Pablo 4.50 Ston Y Chef 5.00 Stwnsh: Oil Osgar 5.10 Y Doniolis 5.15 Byd Rwlsh Dai Potsh 5.30 Tekkers 6.00 Dan Do 6.30 Arfordir Cymru: Bae Ceredigion 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C A'r Tywydd 8.00 Pabol Y Cwm 8.25 Rownd A Rownd 8.55 Newyddion S4C A'r Tywydd

9.00 Seicic: Tour De France 9.30 Y Gêm 9.55 Etholiaid 2024 2.00-6am Etholiaid 2024 BBC ONE WALES: 9.25pm Kirf's TV Flashback 9.55 Election Wales 2024 2.00-6am Election Wales 2024 BBC TWO WALES: 9.55pm Election 2024 2.00-6.00am Election 2024



By **ROD McPHEE**
TV Editor

My team:
FELICITY CROSS
and **JESS LESTER**
Email:
rod.mcphee
@the-sun.co.uk

The Sun **tvbiz**

KILLER ROLE... Tracy-Ann CHRISSIE ENDERS RETURN

TRACY-ANN OBERMAN is returning to EastEnders as Chrissie Watts after almost two decades. She will reprise her role later this year. It comes after I revealed a number of old faces would be returning to Albert Square ahead of the BBC One soap's 40th anniversary. Chrissie left Walford in 2005 after killing hubby Den. She buried him under The Queen Vic with help from Sam Mitchell and Zoe Slater. She left a heap of drama in her wake, making a long list of enemies along the way. Tracy-Ann said: "Chrissie Watts was such a great character to play – a victim or a villain. She is a real fan favourite. When they asked me to come back and see what has happened in the last 19 years, I jumped at the chance. "The scripts are fantastic and I hope the viewers enjoy her as much as I am enjoying playing her again."

ITV has announced a deal with US reality streamer Hayu to bring shows to the UK. More than 750 hours of content will be added to ITVX in Hayu Select, with plans to update with more every six months. Among shows making their debut will be Keeping Up With The Kardashians and Top Chef.

DERMOT CHANNEL HOPPER

DERMOT O'LEARY is the latest name to take up a major gig away from ITV. He will host big-budget game show Silence Is Golden with KATHERINE RYAN, which launches on UKTV's Dave next year. Each episode will begin with the audience being given £250,000 to share. To hold on to it, they must keep a straight face as 30 comics bid to make them giggle. Dermot, who has been with ITV for 17 years, said: "When a show like this falls into your lap, you can't believe your luck. Looking forward to having lots of fun." Executive producer RICHARD BACON added: "The feeling when you're not allowed to laugh at a funeral? It's that – the game show." Other ITV staples to take jobs with other channels include AMANDA HOLDEN and HOLLY WILLOUGHBY.

More listings:
Pages 30 & 31

Is Si losing his Midas Touch?

TOON BOYBAND AUDITIONS SCRAPPED



SEARCH... Simon and One Direction, inset above

THE ONE DIRECTION boys had to join queues packed with thousands of wannabes at one of dozens of audition days when they made their X Factor debut.

But that's not quite the case with SIMON COWELL's new bid to find the next big boyband, which could feature in a Netflix documentary called The Midas Touch. I can reveal the two Newcastle dates, where they planned to kick off the "nationwide hunt" today, have been quietly axed, shrinking the number of auditions from nine to seven. Simon surprised the indus-

try after announcing he was launching the tour, first in Newcastle, then Liverpool, Dublin and London. He even admitted: "There's always a high degree of risk and I genuinely have no idea what's going to happen. "We might uncover an incredible group, we might not get there. What if no one shows up to auditions? That could be awkward." When the process began last month, Simon boasted about how much he wanted to be in the capital of the North East, which has previously provided talent including CHERYL TWEEDY and JAMES ARTHUR. Only a few weeks ago he was praising the local cuisine, in the form of Greggs chicken bakes,



and added: "I wanted to go to places with fun people, so Newcastle, yeah. I like the people from Newcastle." Yesterday, Simon's representatives said the Newcastle dates had not been officially cancelled, because no venues had been booked for the auditions. Instead, it was down to their "travel schedule". Simon has also been forced to take the unusual step of promoting the search itself, by booking TikTok and Instagram stars to plug the opportunity. Producers reached out to a number of creators and asked them to post content about the try-outs. Once upon a time, hopefuls would queue overnight for a chance to audition for Simon.

KRISHNAN IS STRICTLY STRONG

KRISHNAN GURU-MURTHY credits scary Strictly dances for toughening him up as he prepares to lead Channel 4's election coverage tonight. The presenter, who took part in the BBC One show last year, said: "Strictly builds your resilience. "It is a huge show and for me, an unknown world very different to anything I'd done before and the stakes were very high. The potential for disaster and humiliation was massive. It's nerve-wracking but you learn to deal with that kind of fear. It makes you more resilient in being terrified of doing something big and scary." Krishnan added: "I suspect there will be a lot of politicians looking at reality telly this year. But I would be surprised if Strictly has one. I got the feeling when I was there that they don't want them." He hosts election coverage alongside EMILY MANTILIS from 10pm.



NERVES... with dance partner Lauren Oakley



LOCKED LIPS... Wil and Lucy make out

ISLE PLAY AWAY

THEY call Love Island's Casa Amor the "ultimate relationship test" – and this lot are totally flunking it. Ayo, Sean and Wil will be in big trouble for cracking on with newcomers while their established partners are away in a second villa. Last night, ITV2 viewers saw them lock lips with three gorgeous arrivals – Lucy,



CRACKING ON... Ayo and Jess S



SEALED WITH A KISS... Grace and Moziah snog



SMOOCH... Sean with Diamante

Jess S and Diamante – despite having been happily coupled up for nearly a month. But it is not just the lads having their fun. Over at Casa, Grace and Jess have been playing tonsil tennis too. But the difference is that both of them are currently single. All the more twists and turns for us viewers, though!

GOGGLEBOX will air two special editions tonight looking back at the General Election's key moments up until voting. The armchair critics will offer their views on the policies, politicians and performances that got the nation talking. The episodes are on Channel 4 from 9.45pm.

LOUIS IN SELFIES STRIFE

LOUIS THEROUX struggles to make documentaries in the UK – because his fame means he's a target for selfie hunters. But in the US, where he is not such a household name, it is less of a problem. He said on the This Past Weekend podcast: "You think, 'I'm supposed to be a serious journalist, slightly flying under the radar, and here I am doing selfies at a riot.' "I'm like, 'I really need to be filming this right now. So sorry, someone's being arrested over there.' 'Oh, just a quick selfie, come on, mate.' "In America, I'm just going around Miami jail. No one's going to ask me for a selfie there. And I love that part."



PICS... Louis

Thursday

4-PAGE SECTION

FREEVIEW

BBC THREE *freeview 23*
7pm Celebrity MasterChef **7.30** The Fast And The Farmer-ish: The Catch Up **8.00** **FILM** The Maze Runner. Sci-fi adventure starring Dylan O'Brien. (2014) **9.45** Glastonbury **11.45** Dreaming Whilst Black **12.35** Paddy & Molly: Show No Mersey **1.35-2.35am** Top Gear

BBC FOUR *freeview 9*
7pm Canal Boat Diaries **7.30** **FILM** North By Northwest. An innocent man mistaken for a spy by a foreign agent is drawn into a world of espionage and adventure. Hitchcock thriller starring Cary Grant, James Mason and Eva Marie Saint. (1959) **9.40** **FILM** On The Waterfront. A former boxer reduced to working for a gangster has his conscience pricked when he sees his boss's thugs kill a man. Drama starring Marlon Brando and Lee J. Cobb. (1954) **11.25** Listen To Me **1.05** Canal Boat Diaries **1.35-2.25am** Full Circle With Michael Palin

ITV2 *freeview 4*
6am CITY: Craig Of The Creek **6.15** Teen Titans Go! **6.40** Batwheels **6.50** Mr Bean: The Animated Series **7.25** Scooby-Doo! Mystery Incorporated **7.50** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35** Scooby-Doo And Guess Who? **9.00** World's Funniest Videos **9.30** Totally Bonkers Guinness World Records **10.00** Love Bites **12.00** Dress To Impress **10.00** Deal Or No Deal **2.00** Supermarket Sweep **3.00** Charmed **4.00** Dawson's Creek **5.00** Dress To Impress **6.00** Celebrity Catchphrase **7.00** Deal Or No Deal **8.00** The Masked Singer **9.00** Love Island **10.05** Tell Me Everything **11.05** Family Guy **12.05** American Dad! **1.05-2.10am** Karaoke Club: Drag Edition

ITV3 *freeview 10*
6am Classic Emmerdale **7.00** Classic Coronation Street **8.05** Poirot **10.30** The Royal **11.40** Heartbeat **1.40** Classic Emmerdale **2.40** Classic Coronation Street **3.50** Inspector Morse **6.00** Heartbeat **8.00** Vera **10.00** The Tower **11.00** Poirot **11.55** The Royal **12.45-2.30am** Upstairs, Downstairs

ITV4 *freeview 26*
6am The Derby Through The Years **6.15** The Sweeney **7.20** Minder **8.20** Dempsey And Makepeace **9.20** Magnum, PI **10.20** Kojak **11.25** Made In Britain **11.55** BattleBots **1.00** Tour De France Highlights **2.00** Live Tour De France Live. Coverage of stage six, from Macon to Dijon. **5.00** Great Raceshow **5.20** Mr Bean **5.55** BattleBots **7.00** Tour De France Highlights **8.00** **FILM** Octopussy. James Bond investigates the mysterious death of a fellow agent in East Berlin and uncovers a plot to start the third world war. Spy adventure starring Roger Moore and Maud Adams. (1983) **10.45** **FILM** Rocky. Oscar-winning boxing drama starring Sylvester Stallone. (1976) **1.00** The Sweeney **1.55-2.20am** Auto Mundial

E4 *freeview 13*
6am Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs **10.00** Young Sheldon **11.00** Modern Family **12.00** The Big Bang Theory **2.00** The Goldbergs **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Come Dine With Me **8.00** Dance Moms **9.00** Gogglebox **10.00** Naked Attraction **11.05** First Dates **12.05** The Big Bang Theory **1.05** Rick And Morty **1.35-2.10am** Smiling Friends



PIPE DREAM . . . Field Marshal Montgomery band hope to bag top spot

MORE4 *freeview 18*
8.55am A Place In The Sun **10.25** A New Life In The Sun **11.25** Find It, Fix It, Flog It **12.30** Come Dine With Me **3.10** Four In A Bed **5.50** Château DIY **6.55** Car S.O.S **7.55** Grand Designs **9.00** Perfect Pub Walks With Bill Bailey **10.00** 24 Hours In A&E **12.10** 999: On The Front Line **11.5-2.20am** 24 Hours In A&E

SKY MIX *freeview 11*
7am Border Security: Canada's Front Line **8.00** Nothing To Declare **9.00** Motorway Patrol **10.00** Highway Patrol **11.00** Stop, Search, Seize **12.00** Motorway Patrol **1.00** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing To Declare **4.00** Stargate Atlantis **5.00** Star Trek: Enterprise **6.00** Star Trek: Deep Space Nine **7.00** Star Trek: Voyager **8.00** Hawaii Five-0 **9.00** S.W.A.T **10.00** The Twilight Zone **11.00** Killer In My Village **12.00** Grimm **1.00-2am** Nothing To Declare



BBC Three 8pm Dylan O'Brien stars in sci-fi adventure The Maze Runner

DAVE *freeview 19*
7.10am Whose Line Is It Anyway? USA **8.00** Special Ops: Crime Squad UK **9.00** Top Gear **12.00** Storage Hunters UK **2.00** Extreme Fishing With Robson Green: At The Ends Of The Earth **3.00** Top Gear **5.00** The Hairy Bikers' Northern Exposure **6.00** Rick Stein's Long Weekends **7.00** Would I Lie To You? **7.40** Richard Osman's House Of Games **9.00** Qi XL **11.00** Taskmaster **12.00** Would I Lie To You? **12.40** Alan Davies: As Yet Unlifted **1.40-2.45am** Dave Gorman: Modern Life Is Goodish

DRAMA *freeview 20*
7.10am London's Burning **8.00** Doctors **9.15** Classic Holby City **10.40** Classic Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** London's Burning **3.00** Born And Bred

SKY ATLANTIC

6am The Guest Wing **7.55** Six Feet Under **10.05** Gomorrah **12.15** Game Of Thrones **1.20** The Sopranos **3.30** Six Feet Under **5.45** Gomorrah **7.55** Game Of Thrones. Ned confronts Cersei about Jon Arryn's death. **9.00** House Of The Dragon. Daemon arrives at Harrenhal to raise an army. **10.20** Band Of Brothers. Easy Company overruns Hitler's Bavarian retreat. **11.30** Succession **12.40** Watchmen **1.45-2.55am** The Deuce

SKY NEWS

6am Sun, Sea And A&E **7.00** Border Patrol **8.30** Stop, Search, Seize **9.00** Highway Patrol **9.30** Caught Red Handed **11.00** Blue Bloods **12.00** New Amsterdam **1.00** Private Eyes **2.00** FBI: Most Wanted **3.00** Caught Red Handed **4.30** Nothing To Declare **8.00** Blue Bloods. Danny and Baez investigate the murder of a wealthy college student. **9.00** The Rookie. The team comes together to celebrate John and Bailey's wedding. **10.00** The Good Doctor. Claire learns to communicate with Shaun. **11.00** Chicago Fire **12.00** FBI: Most Wanted **1.00-2am** Departure

GOLD

7.25am The Fosters **8.20** The Green Grass **9.40** My Hero **10.20** Are You Being Served? **11.00** Still Open All Hours **11.40** Last Of The Summer Wine **1.00** The Green Grass **1.35** My Hero **2.15** Still Open All Hours **2.50** Dad's Army **3.30** Are You Being Served?

4.20 Tenko **5.20** Birds Of A Feather **6.00** Waiting For God **6.40** Are You Being Served? **7.20** Last Of The Summer Wine **8.00** Father Brown **9.00** A Small Light **10.00** New Tricks **11.00** Soldier, Soldier **12.10** Footballers' Wives **1.15-2.25am** Call The Midwife

REALLY *freeview 17*

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** The Bidding Room **1.00** Money For Nothing **2.00** The Repair Shop **3.00** Antiques Road Trip **5.00** Celebrity Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Who Do You Think You Are? **10.00** Alex Polizzi: The Fixer **11.30** Ghost Bait **12.00** Unexplained: Caught On Camera **1.00-2am** Paranormal: Caught On Camera

YESTERDAY *freeview 27*

6.10am Train Truckers **8.00** Abandoned Engineering **10.00** The World At War **11.00** Secret Nazi Bases **12.00** Great British Railway Journeys **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** The World At War **5.00** Secret Nazi Bases **6.00** Antiques Roadshow **7.00** Bangers & Cash: Restoring Classics **8.00** Bangers & Cash **9.00** Bangers & Cash: Restoring Classics **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00** Great British Railway Journeys **1.00-2am** Train Truckers

W *freeview 25*

6.10am MasterChef Australia **8.00** Tipping Point **11.00** DIY SOS: The Big Build **1.00** Tipping Point **2.00** Celebrity Tipping Point **3.00** Tipping Point: Lucky Stars **4.00** My Dream Home **6.00** Tipping Point: Lucky Stars **7.00** Celebrity Tipping Point **8.00** Nick Knowles' New Year Clearout **10.00** One Born: Twins And Triplets **11.00** Stacey Dooley On The Psych Ward **12.00** Stacey Dooley: Back On The Psych Ward **1.25-2.15am** 16 Kids And Counting

QUEST *freeview 12*

6am How Do They Do It? **6.30** Shed And Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12.00** How Do They Do It? **2.00** Salvage Hunters **3.00** Shed And Buried **4.00** Find It, Fix It, Flog It **5.00** Salvage Hunters: The Restorers **6.00** Wheeler Dealers **8.00** Salvage Hunters: Classic Cars **9.00** Richard Hammond's Workshop **10.00** Shed And Buried **11.00** How Do They Do It? **12.00** Wheeler Dealers **1.00-2am** Wheeler Dealers: Dream Car

4.10 Last Of The Summer Wine **5.30** Still Open All Hours **6.05** The Green Green Grass **6.40** Dad's Army **8.00** Blackadder Goes Forth. Capt Blackadder pretends to be insane. **8.40** Only Fools And Horses. One of Del's old flames turns up out of the blue. **9.15** The Young Ones. The housemates appear on University Challenge. **10.00** Paul Whitehouse's Sketch Show Years. A look at the biggest names in sketch comedy to emerge in the 1980s. **10.35** Victoria Wood As Seen On TV **11.20** The Lenny Henry Show **12.40** Only Fools And Horses **1.20-2.10am** The Young Ones

COMEDY CENTRAL

8am Most Ridiculous **9.00** Guessable? **10.00** Impractical Jokers **10.55** Home Improvement **12.00** Last Man Standing **1.00** Friends **9.00** **FILM** This Means War. Comedy starring Reese Witherspoon. (2012) **11.00** Impractical Jokers: The Inspired Unemployed **11.30** South Park: The Streaming Wars **12.35** The Pep Talk. Tips on asking for help. **12.40** Russell Howard & Mum: Globetrotters **1.40-3.20am** Jimmy Carr In Concert

ALIBI

7.15am Murdoch Mysteries **9.00** The Doctor Blake Mysteries **10.00** Elementary **11.00** Shakespear & Hathaway: Private Investigators **12.00** Father Brown **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** Elementary **5.00** Father Brown **6.00** Shakespear & Hathaway: Private Investigators **7.00** Elementary. Holmes investigates the grisly murder of a bioengineer.

BATTLE OF THE BAGPIPES

Sky Arts
FRESH from another Euros disappointment, at least the Scots can take solace from the fact they're world beaters at another sport.
 And the World Pipe Band Championships is a sporting spectacle according to its competitors, who fought it out every year to be crowned No1.
 This three-parter, which kicked off last night, follows the fortunes of the leading Grade 1 pipe bands vying for top spot at the tournament.
 Bands are getting better every year we're told and so are the rivalries, which viewers will

last night

get a feel for later in the series. However, there's no fistfights and pipe snapping going on.
 Although the audition process for some of the bands, be it military or civilian, can be, at times, brutal.
 The opener gets a bit of housekeeping out of the way first, taking in the history of the bagpipes and lasting legacy, which takes up a fair chunk of the hour-long episode.
 But it's when we meet the teams and the big personalities driving them, that it comes to life. It would have been easy to make it in a mockumentary style, but there's no hint of sarcasm here as seriousness of the competition becomes apparent.
 There's the reigning world champions Field Marshal Montgomery from Northern Ireland, expertly led by pipe major Richard Parkes, who suffered a stroke in 2004, but has battled back to lead his team to more glory.
 And another pipe major Stuart Liddle, widely regarded

SPORT



Sky Sports Golf 11.30am Thruston Lawrence in action in DP World Tour Golf

SKY SPORTS MAIN EVENT

6am SSN Euro Report **7.00** Good Morning Euros **10.00** SSN Euro Report **11.30** **LIVE** DP World Tour Golf. The BMW International Open. Coverage of day one from the Golfclub Munchen Eichenried in Germany. **5.00** **LIVE** Ladies European Tour Golf. Coverage of day two of the Aramo Team Series event from London's Centurion Club. **6.00** The F1 Show **7.00** **LIVE** Ladies European Tour Golf. Coverage of day two of the Aramo Team Series event from London's Centurion Club. **7.30** **LIVE** PGA Tour Golf. The John Deere Classic. Coverage of the early stages of day one. **9.00** **LIVE** PGA Tour Golf. The John Deere Classic. Coverage of day one of the tournament at TPC Deere Run in Silvis, Illinois. **12.00-6am** SSN Euro Report

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** Good Morning Euros **10.00** PL Years **12.00** Gary Neville's Soccerbox **1.00** Premier League Best Goals **2.00** PL Highlights **5.00** PL Review **7.00** Premier League Icons **7.30** Premier League Stories **8.00** SSN Euro Report **10.30** Back Pages Tonight **11.00** Class Of '92: Full Time **12.00-2am** PL Retro

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.00** 1983: When Aberdeen Ruled Europe **9.00** EFL Greatest Games **10.00** Championship Season Review **11.00** Best Goals: EFL Cup 2021-22 **11.30** EFL Trophy Football **12.00** Bundesliga Highlights **SWP 1.00** Women's Championship Show **1.30** SWPL **2.00** SPFL **2.30** EFL **5.30** EFL

Greatest Games **6.00** Bundesliga Analysis **6.30** Bundesliga Highlights Show **7.30** WSL **8.30** SPFL **9.00** EFL Play-off Final C'Ship **15/16** **10.00** EFL Play-off Final League 1 **15/16** **11.00** EFL Play-off Final League 2 **15/16** **12.00** Craig Brown: My Scotland **12.30** Best Scottish Premiership Goals 2023/24 **1.00** Best Scottish Premiership Goals 2022/23 **1.30-2am** Best Scottish Premiership Goals 2021/22

SKY SPORTS ACTION

6am Fight Night International **8.00** NFL Highlights **9.00** Fight Night International **10.00** NFL Highlights **11.00** Fight Night International **12.00** NFL Highlights **2.00** Fight Night International **4.00** Super Bowl LVIII Highlights **5.00** NFL Highlights **6.00** Fight Night International **7.00** NFL Highlights **8.00** The Darts Show **8.30** Fight Night International **10.00** The Darts Show **10.30** Fight Night International **11pm-2am** NFL Highlights

SKY SPORTS ARENA

6am Bftrd Super League **8.05** My Icon: Linford Christie **8.15** Bftrd Super League Highlights **9.00** PDC Classics **10.00** Fight Night International **11.00** State Of Origin Rugby League **12.00** Bftrd Super League **2.05** My Icon: Linford Christie **2.15** Bftrd Super League Highlights **3.00** PDC Classics **4.00** Fight Night International **6.00** State Of Origin Rugby League **7.00** PDC Classics **8.00** Bftrd Super League **10.05** My Icon: Linford Christie **10.15** Bftrd Super League Highlights **11.00** Fight Night International **1.00-3.05am** Bftrd Super League

SKY SPORTS CRICKET

6am Women's International One-Day Cricket **9.00** Best Of ICC WT20 **9.30** ICC Men's T20 World Cup **10.00** ICC T20 World Cup 2021 **10.30** ICC 2016 World T20 Final **11.00** ICC Men's T20 World Cup **7.00** Secrets Of Success **9.15** Pushing Boundaries: To The Hundred And Beyond **10.30** Dreams Of A Nation **11.30pm-2.30am** Women's International One-Day Cricket

SKY SPORTS GOLF

6am Ladies European Tour Golf **10.00** England Golf: Get Into Golf **10.30** PGA Tour: The Cut **11.00** European Challenge Tour Golf **11.30** **LIVE** DP World Tour Golf. The BMW International Open. **5.00** **LIVE** Ladies European Tour Golf. Coverage of day two. **7.30** **LIVE** PGA Tour Golf. The John Deere Classic. **12.00** Golf **1.00-2am** Playing Lessons

ENTERTAINMENT



Sky Showcase 8pm Rob and Romesh continue their F1 journey in Monaco

SKY SHOWCASE

6am Sky News Breakfast **7.00** Breakfast With Anna Jones **8.00** Stop, Search, Seize **9.00** Stargate SG-1 **11.00** Malawi Wildlife Rescue **12.00** The Flash **1.00** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** The Simpsons **6.00** Live The F1 Show. A look ahead to the 2024 British Grand Prix. **7.00** The Simpsons **8.00** Rob & Romesh Vs F1. The boys continue their Formula 1 journey in Monaco. **9pm-2am** The Battle For Number 10: Election Night Live. Kay Burley presents coverage of the General Election results as they come in, with reaction and analysis from Andy Burnham, Ruth Davidson, Beth Rigby, Trevor Phillips and Ed Conway.

RADIO



Virgin Radio 6.30am Gabby Logan chats with breakfast host Chris Evans

VIRGIN RADIO

6.30am Chris Evans **10.00** Vogue Williams On The Ryan Tubridy Show **10.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Bam **10.00** Olivia Jones **1.00-4am** Sean Goldsmith
TALKRADIO **DAB** talkradio.co.uk
6.30am Mike Graham **10.00** Julia Hartley Brewer **1.00** James Max **4.00** Jeremy Kyle **7.00** Kevin O'Sullivan **10.00** Julia Hartley Brewer **1.00** Mike Graham **4.00-7am** Ian Collins
TALKSPORT **1053** 1053talksport.com
6am TalkSPORT Breakfast With Alan Brazil **10.00** Euro GameDay Warm Up **1.00** Euro GameDay Live **4.00** Euro GameDay Drive **7.00**

as one of the best in the world, is profiled as he heads up one of the other tournament favourites Inveraray & District.

Plus there's the quietly fancied underdogs Peoples Ford Boghall & Bathgate. Before the competition begins in earnest there are some pre-showpiece events for teams to fine tune their performances – including the Piping Live Festival, where thousands of bagpipe players descend onto the streets of Glasgow.

But it's the big one they all care about and with competition at the top so intense, the stakes have never been higher.

STUART PINK



LONG NIGHT . . . Clive and Laura

ELECTION NIGHT 2024, BBC One, ITV1, Channel 4 and Sky News, times vary: Are you somebody who can't wait to find out Britain's decision about our next government, and so will stay up all night to watch the results trickle in?

Well, if you haven't got decision fatigue after casting your vote, it is now time to choose which channel to watch the coverage on.

Laura Kuenssberg and Clive Myrie will be presenting long into the night for the BBC, while Tom Bradby will be offering his (at times acerbic) commentary on events for ITV. Krishnan Guru-Murthy and Emily Maitlis head up Channel 4's coverage, while over on Sky News, Kay Burley and



picks

Sophy Ridge take the helm. But who to watch? You decide . . .

TOM KERRIDGE COOKS BRITAIN, ITV, 8.30pm: "Sometimes you need to get out of those four walls and head out into the countryside," says celebrity chef Tom.

He gets behind the wheel of his trusty food truck – which doubles as a kitchen – and travels across the country to meet the farmers and producers putting the food on our plates.

Tom begins in the Fens, Cambridgeshire, where he visits

one of the biggest beetroot farms in Britain, before whipping up a tasty beetroot and pearl barley salad.

SUSAN CALMAN'S GRAND DAY OUT, Channel 5, 9pm: She's the nation's tour guide, and Susan is back for another batch of day-trip inspiration in her campervan.

Tonight, the self-governed dependences of Britain, Jersey and Guernsey (which are actually nearer to France), are Susan's double-destination and, of course, there are plenty of references to cows and potatoes.

But she also goes on a hunt for Jersey's lesser-known treasure, the "Mother of Pearl" omer . . . that's sea snail to us!

DOUGLAS IS CANCELLED, ITV1, 9pm: After that cliffhanger last week, in which Douglas was determined to confront Madeleine about her explosive tweet, she convinces him that she was only trying to help. So much so, she talks him into sharing her "supportive" post online.

With Douglas' interview with the Hay Festival fast approaching, it is time for some much-needed prep. But who will he choose to help him – his wife Sheila, or Madeleine? Another cracking episode.

GEMMA GRAHAM

TNT SPORTS 1

6am Ultimate Pool **7.30** Badminton **9.30** Training Day **10.00** World Championship of Legends Cricket **12.00** **LIVE** World Championship of Legends Cricket. England v South Africa. **4.00** **LIVE** World Championship of Legends Cricket. West Indies v Pakistan. **8.30** TNT Sports Cricket Reload **9.00** **LIVE** MLB. Seattle Mariners v Baltimore Orioles. Start-time at 9.10. **12.15** Born Racers **1.30-2.30am** UEFA Europa League

TNT SPORTS 2

6am Hockey **10.00** Between the Lines **10.30** AFL **2.30** Ultimate Pool **4.00** Premier League Stories **4.30** MLB Highlights **5.30** MLB: Off the Bat **6.00** **LIVE** MLB. New York Yankees v Cincinnati Reds. Start-time at 6.05. Coverage of the inter-league match from Yankee Stadium. **9.15** MotoGP Rewind **9.30** Born Racers **10.45** MotoGP Highlights **11.15** TNT Sports Reload **11.30** Training Day **12.00-3.15am** **LIVE** MLB. Atlanta Braves v San Francisco Giants. Start-time at 12.20.

TNT SPORTS 3

6am UEFA Europa League **11.30** Classic Premier League **2.30** MotoGP Rewind **2.45** Badminton **4.45** Badminton Weekly **5.00** **LIVE** Badminton. The Canada Open. **1.30-2am** Badminton Unlimited

PREMIER SPORTS 1

6am Copa America **10.00** LaLiga Specials **10.30** Copa America Highlights **11.30** Copa America **1.30** Copa America Highlights **1.50-4.35am** **LIVE** Copa America. Argentina v Ecuador. Kick-off at 2.00. Coverage of the first quarter-final from NRG Stadium.

EUROSPORT 1

6am Tour De France: The Breakaway **6.30** Ultra Trail: World Tour **7.30** Tennis: Wimbledon **9.00** Olympic Games: Chasing Glory **10.00** Archery World Cup **10.30** Cycling: Tour De France **11.30** Tour De France: The Breakaway **12.00** **LIVE** Cycling: Tour De France. Coverage of stage six, from Macon to Dijon. **5.00** Mountain Biking **5.30** Powerboat Racing World Championship **6.00** Golden Trail World Series **7.00** SailGP **8.00** Cycling: Tour De France **9.00** Tour De France: The Breakaway **9.30** August 4th: An Olympic Odyssey **10.00** British Speedway **11.00** Cycling: Tour De France **12.00** Tour De France: The Breakaway **12.30-2am** Tennis: Wimbledon

Euro GameDay Live **10.00** Euro Sports Bar **1.00** Extra Time **5.00-6am** Early Breakfast

TALKSPORT2 *DAB talksport.com*

6am Sportsday **9.00** TalkSPORT Exclusives **1.00** The TalkSPORT 2 Social **5.00** TalkSPORT Exclusives **7.00** TalkSPORT Exclusives **12.00-5am** TalkSPORT Exclusives

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Aasmah Mir And Stig Abell **10.00** Mornings On Times Radio **1.00** Andrew Neil **2.00** Fi Glover **4.00** John Pienaar With Times Radio Drive **7.00** The Evening Edition With Kait Borsay **10pm-6am** Election Live

RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

7am Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Mollie **3.00** Rap Anthems **3.30** Newsbeat **3.32** Going Home With Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat **6.00** New Music Show **8.00** Rave-Up With Arielle Free **10.00** BBC Introducing **Dance 11.00** Residency **1.00** Dance Presents **2.00-3am** Glastonbury 2024-Live Sets

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am Gaby Roslin **9.30** Vernon Kay **12.00** Tina Daheley **2.00** Scott Mills **4.00** Sara Cox **7.00** Jo Whitley's Shiny Happy Playlist **7.30** Jo Whitley **9.00** The Country Show With Bob Harris **10.00** Trevor Nelson's Magnificent **7 10.30** Trevor Nelson's Rhythm Nation **12.00** Phil Williams **3.00-4am** Alternative Sounds Of The 90s With Dermot O'Leary (R)

MOVIES



Sky Cinema Premiere 12midnight Ian McShane stars in American Star

SKY CINEMA PREMIERE

8.35am Drift (15, 2023) ★★★ **10.20** The Shamrock Spitfire (12, 2024) ★★★ **12.20** LaRoy, Texas (15, 2023) ★★★ **2.20** A Sacrifice (15, 2024) ★★★ **4.20** Meg 2: The Trench (12, 2023) ★★★ **6.20** Drift (15, 2023) ★★★ **8.00** LaRoy, Texas (15, 2023) Comedy crime caper. ★★★ **10.00** A Sacrifice (15, 2024) ★★★ **12.00-1.50am** American Star (15, 2024) ★★★

SKY CINEMA SPIES

12.15pm Hanna (12, 2011) ★★★★★ **2.10** The Bourne Identity (12, 2002) ★★★★★ **4.10** The Bourne Supremacy (12, 2004) ★★★★★ **6.00** The Bourne Ultimatum (12, 2007) ★★★★★ **8.00** The Bourne Legacy (12, 2012) ★★★★★ **10.25** Mission: Impossible: Dead Reckoning Part One (12, 2023) ★★★★★ **1.10-2.50am** The Men Who Stare At Goats (15, 2009) ★★★

SKY CINEMA ACTION

12.40pm The Green Hornet (12, 2011) ★★ **2.45** The Cinema List: Bourne **3.05** Batman V Superman: Dawn Of Justice (12, 2016) ★★ **5.45** Pain & Gain (15, 2013) ★★ **8.00** Black Adam (12, 2022) Fantasy adventure. ★★★★★ **10.20** Mad Max (18, 1979) ★★★★★ **12.10-2.10am** The Next Karate Kid (PG, 1994) ★★★

FILM4 *freeview 14*

11am Nothing But The Best (PG, 1964) ★★★★★ **1.05** Time Lock (PG, 1957) ★★ **2.35** Comanche Station (PG, 1960) ★★★★★ **4.10** Hell Is A City (PG, 1960) ★★★★★ **6.05** Clear And Present Danger (12, 1994) ★★★★★ **8.50** Inglourious Basterds Interview Special **9.00** Inglourious Basterds (18, 2009) ★★★★★ **12.10-1.55am** Zola (18, 2021) ★★★★★

TALKING PICTURES *freeview 82*

11.20am The Shillingbury Blowers (U, 1980) ★ **1.00** The Day The Earth Caught Fire (PG, 1961) ★★ **3.00** Crown Court **4.30** Enemy At The Door **5.35** Miranda (U, 1948) ★★ **7.10** MR James: A View From A Hill **8.00** The Brothers **9.05** Van Der Valk **10.05** Yield To The Night (15, 1956) Drama starring Diana Dors. ★★ **12.05-1.55am** Ransom (PG, 1975) ★★

GREAT! MOVIES *freeview 34*

12.12pm Island Of Shadows ★★ **1.00** Garage Sale Mystery (PG, 2013) ★★★ **2.55** Garage Sale Mystery: All That Glitters (PG, 2014) ★★ **5.00** Garage Sale Mystery: The Deadly Room (PG, 2015) ★★ **7.05** Garage Sale Mystery: The Wedding Dress (PG, 2015) ★★ **9.00** Kill Bill: Volume 2 (18, 2004) ★★★★★ **11.50pm-2.40am** Godzilla (PG, 1998) ★★★

GREAT! ACTION *freeview 42*

12noon Wild West Chronicles **1.00** The Nebraskan (PG, 1953) ★★ **2.25** Shadow On The Mesa (12, 2013) ★★ **4.20** Battle Of Kursk **5.15** Mach 2 (18, 2001) ★★ **7.10** NYC: Tornado Terror (12, 2008) ★★ **9.00** Reprisal (15, 2018) ★★ **11pm-1.15am** The Expatriate (15, 2012) ★★

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dear deidre

Edited by **SALLY LAND**

No matter what the issue, I answer every single problem

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS, CHLOE STRATTON

WIFE SUCH A TURN-ON BUT I CAN'T LAST TWO MINUTES

Dear Deidre

WHENEVER I have sex with my wife, I finish far too soon and it leaves us both feeling frustrated.

But when I want to try again, it takes hours to get another erection.

I'm 43 and my wife is 40. We've been together for ten years and this has always been an issue.

I have no problem getting aroused. My wife is gorgeous and really turns me on.

Yet once we start, I always ejaculate within two minutes, although this never happens when I masturbate.

My wife says it's OK but I can tell she is upset about it, as she is not even near orgasm at that point. What can I do to get over this problem?

DEIDRE SAYS: So many men have this experience. In fact, about half of them only last two minutes.

Unfortunately, it is a vicious circle. The more you worry about it, the more it's likely to happen.

See my **Lasting Longer** support pack for self-help steps and techniques to deal with this.

When you masturbate, practise delaying your orgasm by bringing yourself to the edge and then stopping. This can train your brain and body to better control your orgasm response.

It is normal not to be able to achieve an erection immediately after sex, unless you are a very young man.

Ensure you engage in lots of foreplay, so you can make sure your wife is satisfied.

Hubby's now a sex-chat cheat

Dear Deidre

I TOOK my husband back after he had a midlife crisis and left me for another woman.

But now I've discovered he's on sex-chat sites and I'm so humiliated.

My head is telling me to throw him out but my heart says I should give our marriage one last shot.

I'm 44 and he's 46. We have two children who are ten and 12.

Five years ago, my husband suddenly decided he didn't love me any more and wanted to leave.

We separated and I learned he was seeing a woman from work, which hurt me deeply, but we had to get on for the kids' sake.

Then, two years ago, his relationship ended and he said he'd realised he made a huge mistake.

He put it down to turning 40, and questioning his life choices. He begged to come back so we could be a proper family again. I agreed to give him another chance.

For a while, things were great. But recently he's been moody, stopped

HERE TO HELP YOU

IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response within one working day.

deardeidre@the-sun.co.uk

making an effort and doesn't communicate. Last week, he went out with friends and I decided to find out what was going on.

I went on his laptop and easily guessed his password. I discovered he'd been emailing another woman.

It led to a chat site where he was talking to several women and sending explicit pictures.

He'd been doing it for years. I felt so sick. When he arrived home, I confronted him.

He begged me not to kick him out, saying he would never do it again, and deleted his accounts and the email address in front of me.

But I can't forgive him. I think it's time to end our marriage once and for all. But how can I break my kids' hearts again?

DEIDRE SAYS: Not only has this man cheated, he is no longer invested in you and is taking you for granted. It's not surprising you feel like walking away.

Do not stay just for the children. They will not thrive in an unhappy relationship. See my support pack, **When Parents Fall Out**.

Be honest with yourself. Do you really think he is capable of proving his commitment to you?

You will be the best person to decide this. Either way, couples' counselling would help you both work through your feelings.

You should Contact Tavistock Relationships (tavistockrelationships.org, 020 7380 1975).

I'VE BEEN GHOSTED BY MY MR PERFECT

Dear Deidre

AFTER months of mixed signals and back and forths, the man I love has ghosted me for someone else.

I'm 27, he's 29 and we've been dating on and off for nine months.

We first met at a mutual friend's birthday party and had instant chemistry.

For months we went on great dates, had fantastic sex and even started to meet each other's friends. I was falling head over heels for him and thought he felt the same.

But then he began to disappear from time to time. Whether it was days or weeks, there were periods when I'd hear nothing from him.

At the time I convinced myself it was fine, that he must be busy. He always came back, after all.

Yet now, after weeks of being ignored again, he has shared a photo online of him and a new woman.

I had always suspected he may be seeing other people, but he had always reassured me when I brought it up.

Now I feel so broken. How could he do this to me?

DEIDRE SAYS: This is really a blessing in disguise.

That man was never going to be good enough for you. You deserve someone who can totally commit and prioritise you, not disappear for weeks on end.

My support pack **Moving On** will help you pick up the pieces, then when you're ready, my pack **Finding The Right Partner For You** will help you find a better match.

THE Sun

YOUR FREE TV MAG

DAVINA

IT'S A FAMILY AFFAIR

Davina McCall reveals why Long Lost Family has such an impact on her life and how she's healed from her complicated childhood

EVERY SATURDAY ONLY IN THE Sun

stories deidre's photo casebook | **SAM'S STALKER COLLEAGUE: DAY 4**

...WOAH. THIS IS MENTAL. ANNIE'S LIKING ALL MY INSTAGRAM POSTS - EVEN THOSE FROM YEARS AGO...

...HOW DID SHE FIND MY SOCIAL MEDIA?

SHE'S CONSTANTLY ON MY SOCIAL MEDIA AND I KEEP BUMPING INTO HER

INTENSE! SHE SOUNDS MORE LIKE A STALKER

I DON'T THINK SO. WE'VE ONLY JUST MET!

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

STARTING a relationship when you are young can be nerve-racking as well as very exciting.

With plenty of pressure and expectation coming from friends, family and society, many young people feel unsure about how to establish that special connection.

A third of teenagers aged 13 to 17 have dated or been romantically involved with someone.

If you want to learn more about this important phase, my support pack **Learning To Love** can help you.

Dear Deidre

My alcoholic dad is ruining our lives and driving Mum into an early grave.

Last week he had a fall and ended up in hospital. I'm ashamed to say it might have been better for everyone if he'd died.

I'm a 38-year-old married man, with three young children. My father is 65 and has been alcoholic for 20 years. He drinks every day, often into oblivion.

He's been told by his doctor to stop drinking many times, but however many times he promises to try, he never manages it.

At the weekend, he drank so much that he fell and hit his head, concussing himself. My mum,

DRUNKEN DAD IS DANGER TO MUM

who is 63, found him in a pool of blood and rushed him to hospital, where he spent several days.

As soon as he came out, he hit the bottle again. My mum is desperately unhappy but scared to leave him, as she fears he will die. She says she is his only carer, and if she goes, he will have no one.

But I feel she is wasting her life on him. He doesn't deserve her.

Sometimes I can't help thinking it would be a blessing if he did drink himself to death. I worry

about them all the time when I should be focusing on my children. What should I do?

DEIDRE SAYS: Sadly, you can't make your dad stop drinking or seek help unless he wants to. And it sounds like he is in denial.

My support pack, **Dealing With A Problem Drinker**, will tell you more about this, and where your dad can go for help, if he agrees to.

Let your mum know you are there for her, but make it clear how worried you are about her. She can still help your dad, even if she leaves him.

You both need support too. Talk in confidence to Al-Anon, for people affected by someone else's drinking (al-anonuk.org.uk, 0800 0086 811).

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.

Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial **X:** @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Fab DAILY

BODY & BEAUTY

‘Proceeded to eat my way through the sort of menu that would make a sumo wrestler proud’

Picture: DAVID CUMMINGS

After a report that one in four women now binge drinks at least once a month, writer **MEL FALLOWFIELD**, a 51-year-old mum of two from London, reveals why she’s turning her back on boozing

LIFTING my head cautiously from my pillow, I feel like I’m going to be sick.

The room is swimming in front of my eyes and I feel so rough I can barely reach out to grab the glass of water beside my bed.

I’d love to pretend it was flu or something else worthy of sympathy.

But my condition is self-inflicted, down to the two bottles of wine I’d happily swigged in the sunshine the previous day.

The only thing I knew would make me feel better was food – specifically junk food – so I proceeded to eat my way through the sort of menu that would make a sumo wrestler proud.

It started with two mozzarella and tomato croissants at 6.30am, thanks to Deliveroo, and finished with a 10pm Pot Noodle.

In between, there were fruit gums, pies and chocolate.

The next day, still feeling the effects of the wine, I ate even more junk, starting with a bacon sandwich for breakfast, a cheese and salami baguette for lunch and fish and chips for supper.

I worked out I must have eaten more than 7,000 calories over the two days – a huge hike from my norm of around 1,200 a day.

The booze assault on my body resulted in nearly a week of feeling ill.

Emotionally, I hated what it had done to myself. I was exhausted and even my bones ached. Oh, and I put on 5lb.

A couple of those were water weight and fell off within the week, but the other three stayed, and that soon adds up.

Perhaps I felt so awful because I don’t drink regularly. For 99 per cent of the

time, I’m supremely healthy. I walk 10,000 steps a day, swim for half an hour every morning and only eat between 12 and 8pm. My drink of choice is sparkling water with a squeeze of lemon, or a green juice made from spinach, kale, ginger and lemon that I force myself to drink, despite finding it revolting.

So I find solace in knowing I’m not the only one that lapses occasionally.

British women top the list of the world’s biggest female drinkers. A report by the Organisation for Economic Co-operation and Development indicated that 26 per cent of us consume at least six drinks in one session every month.

The latest available figures show that binge drinking among middle-aged women increased by 57 per cent between 2016 and 2019. I can’t help but worry about the toll it must take on our bodies. Unlike our generation, youngsters appear to have woken up to perils of booze.

No ill effects as student

Alcohol charity Drinkaware surveyed more than 5,200 young adults aged 18-24 across the UK and found that an increasing number of them are ditching drink, rising from 14 per cent in 2017 to 21 per cent in 2023.

I’ve always had a tendency to binge, which is classified as drinking more than three pints of medium-strength beer, or five small glasses of wine, in one sitting.

As a student, I felt no ill effects. I’d brush myself off after knocking back pints of beer all night.

In my 20s, ladette culture exploded, with celebrities including Zoe Ball and Denise van Outen proving women could party just as hard as men.

I was working as a journalist by then and if I walked into the office with a Diet Coke and a bacon sarnie, colleagues knew what I had been up to the night before. This would be followed by crisps.

Continued on next page



BOOZE SORRY NOW . . .
Mel regrets binges, inset, out on the town with pals

WEIGHT GAIN, BLURRED VISION AND ACHING BONES...WHAT HAPPENS WHEN I BINGE DRINK

How to get pop star Sabrina Carpenter’s hair with £4 Superdrug buy. At fabulousmag.co.uk

Fab DAILY

BODY & BEAUTY

Edited by LYNSEY CLARKE and JOEL COOPER

THE FAB DAILY TEAM: Digital Commissioning Editor Claire Dunwell, Contributing Editor Nikki Watkins, Senior Feature Writers Kirsten Jones and Alex Lloyd, Feature Writer Yasmin Harisha, Fashion Editor Clemmie Fieldsend, Deputy Fashion Editor Abby McHale

PALS LAUGH AT AMOUNT I EAT

From previous page chocolate and more sandwiches until I waddled my way home. But my metabolism was speedy back then and I rarely went above a size eight. I've also had long periods where I haven't touched a drop of booze. When I was pregnant with my sons – now 17 and 14 – I was teetotal. And in their early years, I rarely drank – I couldn't face a hangover with two lively boys needing my attention. I was diagnosed with breast cancer in 2017 and stopped drinking completely while having treatment. More recently, I ditched booze



ROLL CALL... Mel's grub

when preparing for a hysterectomy in February – and for weeks afterwards, to give myself the best chance of healing. Despite being plunged into menopause, I felt better than ever. My clothes grew loose on me, my skin glowed and I felt on an even keel. Despite that, I've been out a couple of times since, warning my husband Brian, 52, who works in marketing, that he's on parent duty. With my mates, the drinks will flow. At our age, we're coping with teenagers, elderly parents, menopause, work worries and friends falling ill. So it's good to let it all

out and have a laugh. But the next morning, I really suffer. The daily swim goes out of the window and Deliveroo comes through the door. My friends laugh at the amount I can eat and demand WhatsApp lists of what I've scoffed. But I hate falling off the wagon. I feel sluggish, my clothes feel tight and my face puffy. At my age, weight goes on alarmingly quickly and comes off painfully slowly. And I'm very aware of the health implications. Technically, I'm not lying when I tell my GP I drink rarely. But who am I kidding? There are ten units in a bottle of wine, so by drinking two in a night, I'm well over the recommended 14 per week. And the assault on my liver is worse when it's such a concentrated amount. I want to be one of those people that has a glass of wine with a meal and then potters home. But it just isn't the way I operate. Although it's rare for me to have a blowout, I know it isn't good for me – and my scales agree. So I think the booze binges will get further and further apart – until they finally stop altogether.

Botox out, anti-ageing pills in

DEMAND for Botox leapt a staggering 124 per cent in 2022 compared to the previous year. But Sharon believes jabs will fall from favour over the coming years, with experts developing a pill that could give exactly the same effect. "I don't believe we're heading for self-injecting – it's too horrifying a thought," she says. "But I do believe that over the

coming years, we'll be taking a tablet that will reverse the ageing gene and give the same results. "Botox use will fall and vitamin drips and natural anti-ageing treatments, such as injectable regenerative medicine, will rise. "And one tablet, to naturally increase Klotho, the gene that produces anti-ageing proteins and regulates the ageing process, will be the key."



Scars a thing of the past

MANY people avoid surgery because of the risk of scarring. But researchers have already begun trying to eradicate scars completely – potentially revolutionising surgical procedures. Earlier this year, scientists were able to perform scar-free skin repairs on rats by printing multi-

layered, living skin directly onto the rats' injuries to test how well it works. And Sharon believes that is just the start. She says: "Scarring has always been a big reason why a lot of people avoid surgery, but in the future there will be no such thing as a scar. "They will have found a way to boost the genes that stop scarring and surgeons will be able to make the scar realign properly and just heal naturally. "It's really not too far away and will usher in a new era in safe, surgical procedures."



Ditch the hair dye

ACCORDING to one survey, 72 per cent of women "dread" turning grey, compared to 36 per cent of men. It is little wonder millions reach for the dye to roll back the years. Only 18 per cent of women surveyed said they had never changed their hair colour, with many opting to dye their locks to conceal grey strands. But Sharon believes there is hope on the horizon when it comes to hair care and colour. She says: "There's a lot of work being done on

hair care right now. And finding the key to stopping grey hairs appearing in the first place won't be a long way away at all. "It's likely that within a few years we will have a treatment to reactivate the cells that produce pigment, which could be in the form of a cream. "Who knows, you could even be looking at a single pill that stops greying altogether. "There will be no need for dye, as it'll come from within."

How it all adds up

- DAY ONE**
- 2 mozzarella and tomato croissants – 644 calories (322 each)
 - 1 chocolate brownie – 291 cals
 - 1 packet of salt and vinegar crisps – 206 cals
 - 1 macaroni cheese ready meal – 680 cals
 - 1 chicken pie – 733 cals
 - 1 spinach and feta pastry – 237 cals
 - 1 small packet of peanuts – 200 cals
 - 2 pitta breads with taramasalata – 502 cals
 - Handful of fruit gums – 150 cals
 - ¼ chocolate orange – 400 cals
 - 1 mini Magnum – 144 cals
 - 1 Pot Noodle – 442 cals
 - 7up and Sprite Zero x 4 small bottles – 0 cals
- TOTAL: 4,629**
- DAY TWO**
- 2 bacon sandwiches – 800 cals each
 - Cheese and salami baguette – 400 cals
 - Fish and chips – 861 cals
 - Salt and vinegar crisps – 206 cals
 - Fruit gums – 150 cals
 - Peanuts – 200 cals
- TOTAL – 2,617**
GRAND TOTAL – 7,246

Expert view

DR CHARLOTTE Norton, Chief Medical Officer of The Slimming Clinic, the UK's largest online weight-loss clinic, says: "It doesn't surprise me that Mel gained 5lb in the week after her binge. "The foods on her list are all high-sugar, high-fat options and are also full of heavily processed, simple carbohydrates. "By day two, the alcohol would be mostly eliminated from her system, but the eating behaviours of the day before would have contributed to her continuing to crave carb-rich food. "Hearing what Mel's normal behaviours are – eating healthily and exercising regularly – this was a short term response to an overindulgence and she was quickly back on track. "And her normal 1,200 calorie-a-day diet wouldn't necessarily make the alcohol hit her harder – it's more the gap between when you've last eaten and when you drink that makes a difference. "Also everybody metabolises alcohol differently. A level of tolerance occurs if people drink regularly, so if, like Mel, you don't drink to excess normally, you'll find alcohol has more of an effect."

Goodbye razor



WOMEN are done with the razor and embrace their body hair, a recent poll revealed. One in five said they were more than happy to let their leg hair, armpit fuzz and bikini lines grow out. And 22 per cent said they were "more likely" to leave body hair unshaven due to the inconvenience of constantly shaving, waxing or epilating.

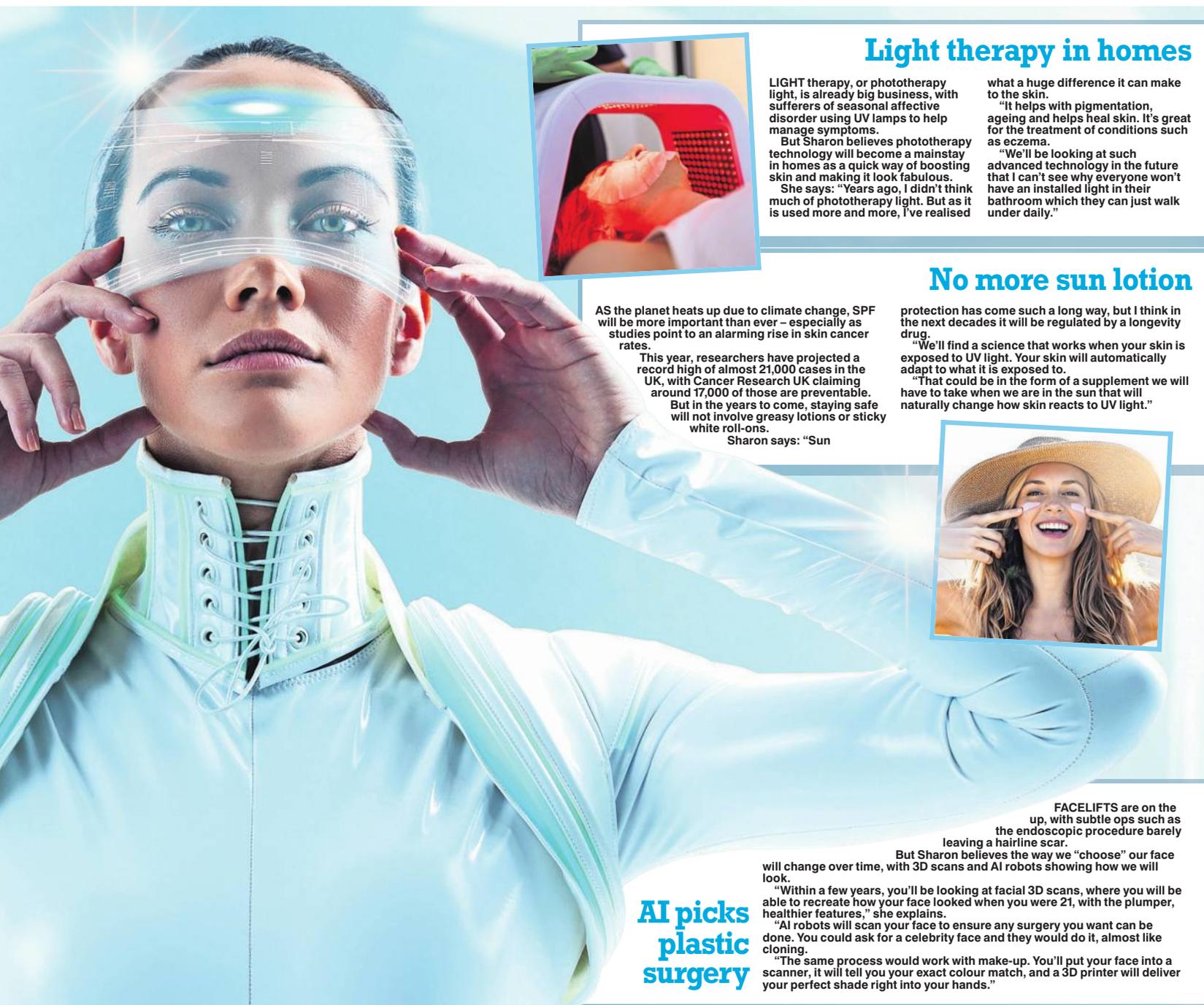
"Shaving will be a thing of the past," says Sharon. "We're looking at technology so advanced that you'll just need to apply some cream and it will immediately stop hair growth in unwanted places, hopefully for ever but certainly for a long period of time. "This would mean razors and laser hair removal would be obsolete."

Spit test to help skin

IT is one of the most exciting developments Sharon believes we will see – a multi-purpose capsule that gives you everything your body and skin needs. How will you know what that is, exactly? Not from blood tests or a GP visit, but with a spit test and AI tech, which will determine what goes into your personalised tablet. "Love it or hate it, we are going to be governed by AI technology,

especially when it comes to skincare," Sharon says. "In the future, you'll be able to have a simple saliva test, put it into AI and it will deliver exactly what your skin needs, including the inflammatory markers, why you are ageing and what you need to eat to stop ageing. "I think that all those things will be combined in a multi-purpose pill. What a time to be alive, if we still are."





Light therapy in homes



LIGHT therapy, or phototherapy light, is already big business, with sufferers of seasonal affective disorder using UV lamps to help manage symptoms.

But Sharon believes phototherapy technology will become a mainstay in homes as a quick way of boosting skin and making it look fabulous.

She says: "Years ago, I didn't think much of phototherapy light. But as it is used more and more, I've realised

what a huge difference it can make to the skin.

"It helps with pigmentation, ageing and helps heal skin. It's great for the treatment of conditions such as eczema.

"We'll be looking at such advanced technology in the future that I can't see why everyone won't have an installed light in their bathroom which they can just walk under daily."

No more sun lotion

AS the planet heats up due to climate change, SPF will be more important than ever – especially as studies point to an alarming rise in skin cancer rates.

This year, researchers have projected a record high of almost 21,000 cases in the UK, with Cancer Research UK claiming around 17,000 of those are preventable.

But in the years to come, staying safe will not involve greasy lotions or sticky white roll-ons.

Sharon says: "Sun

protection has come such a long way, but I think in the next decades it will be regulated by a longevity drug.

"We'll find a science that works when your skin is exposed to UV light. Your skin will automatically adapt to what it is exposed to.

"That could be in the form of a supplement we will have to take when we are in the sun that will naturally change how skin reacts to UV light."



FACELIFTS are on the up, with subtle ops such as the endoscopic procedure barely leaving a hairline scar.

But Sharon believes the way we "choose" our face will change over time, with 3D scans and AI robots showing how we will look.

"Within a few years, you'll be looking at facial 3D scans, where you will be able to recreate how your face looked when you were 21, with the plumper, healthier features," she explains.

"AI robots will scan your face to ensure any surgery you want can be done. You could ask for a celebrity face and they would do it, almost like cloning.

"The same process would work with make-up. You'll put your face into a scanner, it will tell you your exact colour match, and a 3D printer will deliver your perfect shade right into your hands."

AI picks plastic surgery

By SARAH MORTON

WHERE a dash of lippy was once enough to make most women feel glam, these days the beauty industry is bursting with fresh ideas on how to look and feel our best.

But with ever-changing products, new technology and exciting science paving the way, what does this mean for cosmetics and treatments in the future?

Sharon Hilditch, *right*, who founded British brand Crystal Clear Skincare almost three decades ago, has been watching the evolving trends for years. She says: "The future of skincare as we know it will completely change.

"We'll see longevity clinics on every street corner within a decade."

Futurist Sharon reveals why multi-purpose pills and light therapy will be an integral part of our regime in the decades to come.



All-purpose pills, AI surgery and celebrity face scans - the future of beauty revealed

HOW ROBOTS WILL MAKE US LOOK 21 AGAIN

BABY vroom.
Popular car names for boys – Austin, Cooper, Hudson, Leon, Axel. And for girls – Nova, Ariya, Elise, Octavia, Clio. Data from the Office for National Statistics.



DEAL OF THE WEEK – Kia Niro EV, no minimum deposit, £1,500 Kia discount and 2.9 per cent APR. Big range. Big-car kit. Now even B-I-G-G-E-R value.

email: rob.gill@the-sun.co.uk

twitter: @robgilluk

motors



POLESTAR 4

CARS think they're pretty clever.

Well, they're not. They beep and bong and flash up warnings when they think you're speeding. When you're not.

They twitch and vibrate when they think you're straying over the white lines.

When really you are trying to give a cyclist some space.

They slam on the emergency brakes out of nowhere when they think you are going to hit something in front.

I have got eyes. They do work. I was driving when cars still had chokes.

You need to prod, swipe and scroll through submenus to find simple controls.

Not easy when you're doing 70mph on the M1.

Then it flashes up "Driver fatigue alert, take a break."

I'm wide awake. I'm wound up.

Sometimes the robot woman chips in when you're having a conversation with your passenger. Mind your business.

Now here's a car that's loaded with even more unnecessary and expensive tech.

It's a roof-mounted camera that replaces the rear window.

I repeat. THIS CAR HAS NO BACK WINDOW. Like a really expensive Transit van.

Is that progress? I don't think so.

The main reason Polestar –

Key facts:

POLESTAR 4

Price: **£59,990**

Battery: **94kWh**

Power: **272hp**

0-62mph: **7.1 secs**

Top speed: **124mph**

Range: **385 miles**

Charging: **30 mins to 80%**

CO₂: **0g/km**

Out: **September**

the cooler, Swedish Tesla – didn't tick the option box for a rear window on Polestar 4 is to create SUV-like headroom for back-seat passengers but still give it a designer coupe look on the outside.

In that respect, job done. It works. It's not another jelly-mould SUV.

Cool and classy

But I don't think you will get on with a digital camera replacing your own eyes and a proper window. It's just not real – and the perspective is off.

For example, when reversing to turn around, it looked like I was a gnat's whisker from a gate post. When really I was two metres away. I could lie down flat between the two.

So then you doubt yourself and a regular three-point turn becomes an Austin Powers

33-point turn. People laugh at you and say: "That rich bloke can't drive. What an idiot."

Some of which is true. Another thing. It feels a bit claustrophobic back there, even with the light interior.

Polestar execs can start reading from here on out because, obviously, there is some good stuff to share about Polestar 4.

Up front, it's a nice place to be. A really nice place to be.

Cool and classy. Think upmarket Ikea.

Responsible materials inspired by sportswear and fashion will keep Greta happy and we like the precision and attention to detail, like the oversized pause and play button for music. It's comfy and well insulated in here.

Coasts nicely. And, like most electric cars, rapid when you hurry it.

The £60k version is single-motor rear-wheel drive with 272hp and passive suspension.

The official WLTP range is 385 miles. Even in the real world you should get well north of 300 miles.

The £67k version is dual-motor all-wheel drive with 544hp and active suspension and is best for towing, up to two tonnes.

If you can live without a rear window and don't reverse much, get a Polestar 4.

Otherwise, save yourself £20k and get a Polestar 2.



O-MG!

MG will reveal a sensible family SUV and a crazy all-electric hypercar with built-in parachutes at next week's Goodwood Festival of Speed. Which one will be Insta gold? D'ya think? MG has secured the famous main display outside the house itself to mark its 100th anniversary. The single-seat EXE181 is a nod to EX181 (note this missing E), the land-speed record car driven by Sir Stirling Moss in the Fifties.



SKODA'S electric car range is adopting the budget airline philosophy.

The passengers travel cheaply, but luggage costs extra.

By the end of this year Skoda will have THREE electric motors.

We have been driving a prototype of the new Elroq that sits below the existing Enyaq and Enyaq Coupe.

They have the same wheelbase, the length between front and rear wheels. So legroom is just fine, for the driver and anyone behind.

But the new Elroq is 17cm shorter overall, mostly because the tail is

ROQ STAR

shorter and boot smaller – 470 litres versus 585.

For that, you will save about £7,000 against the Enyaq. The Elroq will start at little over £30k when it launches late this year.

So d'you really need those extra three extra pieces of hand-baggage?

The Elroq will be available with all the same fancy equipment as the

bigger car too. Except for a glass roof. These pictures of the wrapped-up prototype show its proportions, but hide the sleek new nose.

It has a strip of LEDs right across the upper edge, with the headlights below.

The interior is very like the Enyaq's. A stitched upholstery strip runs across the dash.

All versions have a big 13in

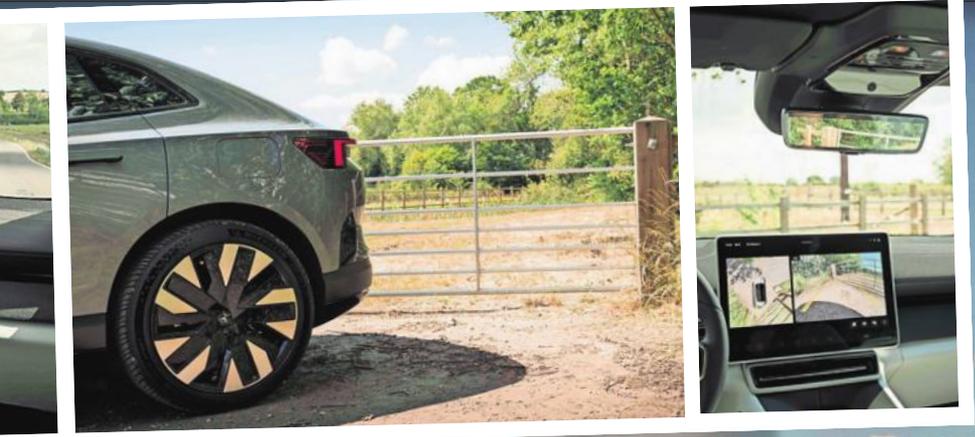


Edited by
ROB GILL

● AVOID the M1 between J14 and J15, both ways, on a Friday. That stretch of road has the highest number of breakdowns with Fridays being the worst for knock-on delays, says Green Flag. Other hotspots are the M62, J11 and J12, and the M6, J14 and J15.



● LOVE a Black Edition. This VW Polo has £2,765 of extra kit for £500 more than the R-Line. Black styling, heated seats, wireless charging and more. Fresh out today for £24,815. Also available in black.



**COOL ELECTRIC CAR
...BUT THEY FORGOT
THE REAR WINDOW**



touchscreen. There are plenty of storage bins. All good.

Skoda has kept plenty of actual switches rather than pushing all functions on to the screen. Which actually makes it feel more expensive and easier to use than related VW models.

Ah, the relations. At least a dozen distinct cars from Skoda, VW, Audi, Cupra – and even the new Ford Explorer – all use a very closely related set of unseen parts.

It's the same menu of motors, batteries, suspension and steering,

electronics and more. Which means the way the Elroq drives is no surprise. Each brand only gets to do detailed tuning.

Skoda has opted for pretty cushy suspension, so it rides quietly and takes the edges off most potholes.

The steering is light so it feels handy in town, and has a very tight turning circle.

But on faster roads it could do with a stronger return to straight ahead.

The brake pedal is pretty squishy too. Sure, it stops you, but your foot sinks a

long way. Still, they have time to tweak this before production.

Better news for acceleration, which is smooth and well-calibrated.

We tried the quickest rear-motor version, likely good for a real-world 260-300 miles range.

There is also a twin-motor 4WD, plus less powerful RWD ones with smaller batteries to give that entry price and about 190 miles.

It's like easyJet's policies for baggage, seating, boarding and catering.

Skoda makes you pay only for what you need.

**FIRST
DRIVE**



GIMME i5

ESTATES are back. We hope. Volvo has done a U-turn and will reintroduce the V60 and V90 shortly.

Now the first serious electric estate has hit the market courtesy of BMW.

I say serious as MG already has the budget MG5, but that's chalk and cheese compared to this premium German effort.

Capable of over 300 miles on a single charge, carrying 570 litres of luggage with the rear seats up (1,700 with them down), and doing so with remarkable comfort and pace, this does exactly what you want from an estate just without the emissions.

Costing a £2,250 premium over its less practical sister, the BMW i5 saloon, it retains the devilishly good chiselled looks plus some added beef round the back which makes it, to me at least, more handsome still.

It's available from launch in two states of tune. Entry-level eDrive40 is rear-wheel drive, delivers 340hp, 0-62mph in 6.1 seconds and has a range of up to 333 miles with an 84kWh battery.

Bejeweled cocoon

While the bells and whistles M60 xDrive is four-wheel drive, delivers 601hp, 0-62mph in 3.9 seconds and has a range of up to 310 miles with an 84kWh battery.

Glorious statistics across the board then, until you look at the price. It starts at £69,945 and rises to, er, £111,795. That's too much.

Unsurprisingly, at this price point, the i5 Touring is a tour de force in the tech department including hands-free motorway lane changing (in countries where it's legal) overtaking by just looking at the wing-mirrors, and smartphone-controlled remote summoning to extricate your 5m long, 2.2m wide wagon from a tight parking spot while you watch.

Your smartphone also replaces the car keys for up to five users.

The cabin is a complicated affair, however. A far cry from Tesla's extreme one-screen-to-rule-them-all minimalism there is a lot going on to get your head around in this overly illuminated and bejeweled cocoon.

On the road, you'll be pleased to learn things are refreshingly less fussy. The i5 Touring, even in its "entry-level" form, handles beautifully as you hunker down and string a series of bends together in the 2.4 tonne executive non-SUV. And in the case of the M60 xDrive, incredibly so. If you've



Key facts:

BMW i5 TOURING
Price: £69,945
Battery: 84kWh
Power: 340hp
0-62mph: 6.1 secs
Top speed: 120mph
Range: 333 miles
Charging: 30 mins to 80%
CO2: 0g/km

never driven an electric car before, because there wasn't an estate, you simply must try the i5 Touring because, once you do, you won't be looking back to fossil-fueling again.

That said, if you're a seasoned BMW wagoner, you'll mourn the fact the rear window no longer opens independently from the rest of the tailgate.

A loss put down to "efficiency gains". So will this impressive modern take on traditional motoring mark the end of the ubiquitous electric SUV?

Obviously not. That tide is unturnable. But it's a start – a genuine alternative.

And a bloody good one at that.

ROB LEWIS

Key facts:

SKODA ELROQ
Price: £38,000
Battery: 77kWh
Power: 210hp
0-62mph: 8 secs
Top speed: 112mph
Range: 330 miles
CO2: 0g/km
Out: December



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Letters

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The page where you tell Britain what you think

£50 LETTER

WHY is it a rude gesture to grab your crotch as Jude Bellingham did after scoring his goal for England on Sunday, but when pop star Michael Jackson, pictured, did it back in the day in front of his adoring fans it was acceptable? Get a life, moaners!

VINCE COOMBS
Bristol

FOOTBALLER Andy Carroll is no better than a football hooligan after drunkenly shouting,



"You f***ing want some?" to bystanders in the street. His family must be so proud! Not!

EMMA-MAY WARD
Dromore, Co Down

WHY all the fuss about David and Victoria Beckham's 25th wedding anniversary today? My wife and I celebrated 60 years last year, now that is something to celebrate.

ERNEST TILL
Ipswich
THE Switzerland

football manager, Murat Yakin, wasn't far wrong when he compared England's performances to Scotland's.

We are lucky to be where we are, we don't seem to have any desire to go forward, only sideways and back.

RICHARD PARRIS
Axminster, Devon

I CAN'T believe after having Netflix for five years I have only just started watching sci-fi show Stranger Things.

I was never a huge fan of Winona Ryder, but she is brilliant in this series.

IAN OWEN
Wallington, Surrey

Buck stops with France

WHY are we still paying France to stop the migrant boats when it is doing absolutely nothing?

The Home Office refuses to reveal whether work has begun on a migrant detention centre in Calais because it doesn't want to upset the French.

What about the UK taxpayers forking out a fortune in the belief that France is doing its bit? Is no one concerned about upsetting us?

LOUISE BIDEWELL
Newcastle upon Tyne

WE must be the laughing stock of the world with how much money we give France. Have they even started to build a migration detention centre at Calais?

One wonders what is happening with the half a billion pounds that we have pledged over three years. Taxpayers' money is being used irresponsibly, it seems.

We can't make France help us sort out immigrants but, if we keep giving them money, then we deserve to know exactly what they are spending it on.

JENNA SUMNER
Muswell Hill, North London

HERE we go again, spending our hard-earned cash on lost causes. We promised France £500million to tackle the small boats crisis and stop migrants crossing the Channel.

Some money was also for a new detention centre in Calais. The Home Office has mug written all over its face.

What a pity the public cannot vote on big decisions concerning money spent. The country would be much richer if we could.

JULIE DAVIS
Wells, Somerset

KEIR STARMER boldly says that he's going to stop the boats by

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THE carbon footprint is lost on the WAGs all using separate private jets to fly to their partners. Could they not have shared just the one plane?

MICHAEL KEBLEY, Canvey Island

PERHAPS President Joe Biden's family are not telling him it is time to step down as they like the trappings of fame and power.

E TALBOT, Luton

I DON'T care if it was an "inside joke" with pals. It was a rude gesture and unnecessary. Jude Bellingham was there to play football, nothing else.

MAUREEN, Swindon

prosecuting the smuggling gangs. Has he seen the waiting lists in our courts lately?

We will be overrun by cases by the time the first suspect makes it into the dock.

ERNEST CHARLES WILLIAMS
Cardiff

IF our overcrowded prisons lead to delayed jail terms, more suspended sentences and letting prisoners out early, it will be another headache for the next Government.

Whoever wins today's election needs to add building new jails to the already lengthy list of priorities.

DAVID SWANN
Newcastle upon Tyne

I DON'T know how US President

Joe Biden can blame his car-crash debate performance on jet lag. It's incredible to believe that someone so disorientated is in charge of the most powerful country in the world.

He even needed help getting off stage at the end. If Biden remains the Democratic candidate, Donald Trump will only have to appear awake to win.

MATTHEW WILSON
Wolverhampton

BORIS JOHNSON was right to warn the country about sleepwalking into Starmergeddon and the dire consequences of a Labour supermajority.

LESLEY EVANS
Walsall

HOW dare Rishi Sunak ask Boris Johnson to give a speech. The knife wound in BoJo's back surely isn't healed yet.

PETER TOOLE
Newton Aycliffe, Durham

I WAS disgusted to read that some of the England WAGs took separate private jets to Germany.

It just shows how obscenely paid our Premier League players are. Why could their partners not take commercial flights like normal people? It beggars belief.

The environmentalists will have a field day.

RICHARD HART
Plymouth

I SUPPOSE those WAGs who flew to Germany to be with their husbands/partners during the Euros will probably be banging on about the climate in a couple of years' time.

No doubt they will conveniently have "forgotten" about how they flew to Germany in not one, but six, private jets.

Maybe there are no regular flights from England to Germany!

HAYDEN WHITTAKER
Wigan

Mystic Meg

with **MAGGIE INNES**

ARIES March 21 – April 20



Deep ideas about love and life may have felt a challenge to line up lately, but today you start to see the light. Letting some minor plans go and focusing on the one that really holds your heart, can be your breakthrough choice. Passion is calm and clear. Try not to confuse things by going too fast, too soon.

TAURUS April 21 – May 21



Maybe you are starting to realise that friends – even family – don't all share your values. This is not something to ignore. On your personal independence day, planets surround you and help you take action. As for passion, some words you assume are casual can carry a deep layer of forever longing.

GEMINI May 22 – June 21



Your personal moon allure grows through the day and you can be drawing the perfect partner towards you. Your chart just asks you to give everyone an equal chance – including someone you may have discounted. If you're settled with a partner, the right words may come at the wrong time, but do still listen to them.

CANCER June 22 – July 22



Your own sign shines as the sun and Venus make a brilliant bond – and remind you to celebrate all that's good about love. When you stay positive inside your own heart, what's outside can start to look so different. A house in a dream may be out of your reach but focus on the number on the door.

LEO July 23 – August 23



You can really feel the organised, no-nonsense effects of Mercury at work in your own sign, getting what's felt like a random series of decisions into order. This is a day for things falling into place and creating a sense of purpose. But in love terms, do the opposite – rip up "the rules" and follow your heart.

VIRGO August 24 – September 22



The best goals for this time can combine simple fun and serious ambition – and this can highlight a pathway towards the world of entertainment. You have knowledge and experience you can share with the world. Are you ready to begin? Love-wise, big feelings can be concealed behind a cool, almost uncaring image.

LIBRA September 23 – October 23



Emotional adventure is the theme of your day. The moon supports you to be more truly yourself, and reveal those parts of you that you are never sure others will like. Now you see the only opinion that matters is your own. Forming a loyal Libra fan club of one is your way forward at work, home and in dating.

SCORPIO October 24 – November 22



Putting creative or disruptive ideas out there carries with it a need to accept feedback, both good and bad. When you are ready for this, you are ready to grow. But if the time is not yet right, step back and do some more research or work on your approach. In love? A two-part journey can deepen a bond.

SAGITTARIUS November 23 – December 21



The learning power of Mercury and the luck power of Jupiter work together in your chart. They help you put together exactly the right team, of two people upwards, to take on the world. You will not repeat past mistakes. Mars fires up fitness energy and you can spot exactly the right outlet for this.

CAPRICORN December 22 – January 20



A day of effort and showing how much you care can channel into an evening of pure passion bliss. This can be a day of reaping rewards all round, not just in romance, but only when you are prepared to put in the time. This can include stepping away from one or more people who encourage slapdash shortcuts.

AQUARIUS January 21 – February 18



Relaxing cash rules may not feel comfortable at first but do keep trying. If you know the old ways are no longer working for you, a new way can be ready to show itself. Mercury takes charge of official and emotional connections, and the first task is to make things more equal in terms of give and take.

PISCES February 19 – March 20



Your chart mix of Mercury and Jupiter can be a game-changer at home – as the people who have done the most get in line for the main rewards. At work, too, this can be a day of true talents being finally seen and given a chance. Love-wise, Venus boosts romance ratio and the simplest moments can mean the most.

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Text a psychic. Just text **MEG** then a space and your question to **60016**

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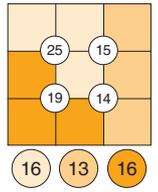
puzzles

BRAINBUSTER

Which late designer's name is an anagram of NEW DEVOTION WIVES?

SUKO®

Enter the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.



We've got all your favourite brain teasers

PAGE 2 SUJIKO SOLUTION: Top line 213 middle 568 bottom 479

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

Cryptic clues

- ACROSS**
- Boozer reflecting on beer belly (5)
 - Mostly imbibe sort of wine that's sweet (7)
 - Shunned GI returning stray drone (7)
 - Dreadful panto readily available (2,3)
 - Really good 40-day period on beat (9)
 - Animal jumping in river with two ducks (3)
 - Small fish creates horrid odour (6)
 - Keen knight in shaped metal (6)
 - Traitor in Blair Atholl (3)
 - Factory worker is in match that's frenetic (9)
 - American expert seizing power without delay (5)
 - Admit fly initially found in baked scones (7)
 - Wrongly presume to be most important (7)
 - Irritable man not allowed booze inside (5)
- DOWN**
- Biter bothered native group (5)
 - God gets over pain in style (7)
 - Country sport: run length around area (5)
 - Unexpected upset after university ousts adult (6)
 - Island monster back to enthrall a land (7)
 - Swimmer more sexy for Cockneys? (5)
 - Divorcee one in bed offering adventure (7)
 - Outclass as Spurs beaten (7)
 - Arrive having entered favourite in race (7)
 - Illustrious inn: meet to get pickled (7)
 - Winter eavesdropper? (6)
 - Slope seen after time in hike (5)
 - Topless Victor becomes intimate (5)
 - Some chipolatas typically yummy (5)

Coffee time

- ACROSS**
- Habitual drinker (5)
 - Simple sugar (7)
 - Disregarded (7)
 - Stored in barrels (2,3)
 - Outstanding (9)
 - Marsupial, informally (3)
 - Unpleasant odour (6)
 - Bemoan (6)
 - Rodent (3)
 - Industrial operative (9)
 - Swiftly (5)
 - Disclose sins (7)
 - Chicken dish (7)
 - Easily riled (5)
- DOWN**
- Clan (5)
 - Applomb (7)
 - Pastoral or bucolic (5)
 - Without warning (6)
 - European country (7)
 - Marine mammal (5)
 - Heroic deed (7)
 - Be better than (7)
 - Vie (7)
 - Distinguished (7)
 - Frozen spike (6)
 - Vagrant (5)
 - Secret (5)
 - Scrumptious (5)

WORD WORKOUT

THIS is the world's best brain teaser. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will print the answers tomorrow.

YESTERDAY - ACROSS: Long, Wish, Juice, Oiler, Assay, Rasp, Mild, Squib, Taxi, Oval, Zonal, Flier, Using, Levy, Tyke. DOWN: Obi, Goes, Whoa, Ski, Ajar, Trod, Capsize, Symbols, Spurn, Tiff, Logo, Orgy, Aunt, Ice, Ilk.

For 4 Extra Clues Call 0901 293 6299

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DOUBLE Sun DOKU

TODAY'S TEASER Call 0905 757 0156 for clues or solutions. Cost £1 per minute plus network access charge.

			1
		9 6	5 3
		1	4 7
4 6	3	8 1	
		9	2
5 8 2			
6 1 5			
2 7 8			
3 9 1 7			

TODAY'S TOUGHIE Call 0905 757 0152 for clues or solutions. Cost £1 per minute plus network access charge.

3 5		2 7
2 4		9 6
6 9	1 7	3 4
1 8	5 1	
7 6	8 3	5

Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary). Helpline: 0333 202 3390 (9am-5.30pm). Service provider: Spoke, W1T 4HD

WORDSEARCH

Find seven words about the Moon. Words can run forwards, backwards or diagonally. Solution below.



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O	S	O	D	L	C	E
R	L	U	L	R	P	S
B	B	U	A	F	K	P
I	F	T	N	W	I	I
T	E	E	N	A	W	L
R	D	A	R	K	R	C
N	S	O	T	A	E	E

THE NAME GAME EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an impressionist:

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

- 9 & 10 She was Team GB's only medalist at the 2010 Winter Olympics, winning a gold medal in the skeleton
- 8 & 7 She had a hit in the sixties with Walkin' Back To Happiness
- 4 & 6 He replaced Nick Hewer as one of Lord Sugar's aides on the TV show The Apprentice
- 1 & 5 Ms Wilson, creator of Tracy Beaker (first and fifth letters of name)
- 3 & 2 Zachary, actor who plays Mr Spock in the revived Star Trek series of films (fourth and last letters of name)

● Yesterday: Footballer GARETH BALE (Gemma Arterton, Eric Bana, Tom Heap, Alice Roberts, Kelly (Hoppell)). Another Name Game in The Sun tomorrow.

■ If you can't wait until tomorrow for the answers, just call 0901 293 6298. Calls cost £1 plus your telephone company's network access charge.

30-SEC NUMBERCRUNCH

HERE is our fantastic puzzle, the 30-second NumberCrunch. There's no better way to keep your brain trained than playing our great teasers. So if you want to stay ahead of the game, you will love this challenge.

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't reach for your calculator - that would be cheating! Write your final answer in the last box of the line. You should be aiming to complete each round in about 30 seconds. Good luck! Answers below, right.

BEGINNER	INTERMEDIATE	ADVANCED
51 + 36 ÷ 3 + 142 ÷ 9 + 133 Half of it - 28 ÷ 6 × 11	90 ÷ 10 + 456 Third of it - 79 3/4 of it + 327 ÷ 12 + 297 ÷ 7	804 ÷ 6 - 57 ÷ 11 × 12 + 3997 6/7 of it + 2394 Third of it + 2810

SUGURU®

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below.

Example

		3	
1		2	

2	1	3	1
3	4	2	4
2	5	1	3
1	3	4	2

			4	
			3	
			4	
				5
3				

SUNDIAL



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals

BRILLIANT: 13. EXCELLENT: 11. GOOD: 8. GREAT SCORE FOR KIDS: 8.

YESTERDAY: Aching, arch, arching, birch, branch, chagrin, chain, chair, char, chin, china, hair, hang, haring, inch, nigh, ranch, ranching, rich, BRANCHING.

ending in 's'. Words from Collins Concise Dictionary.

Check today's answers by calling 0905 757 0155 before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

YESTERDAY'S SOLUTIONS

Teaser

5	8	9	2	4	1	6	3	7
2	7	1	6	8	3	4	5	9
4	3	6	7	9	5	1	8	2
7	4	5	1	6	8	9	2	3
6	1	8	3	2	9	5	7	4
9	2	3	4	5	7	8	1	6
1	9	4	8	7	2	3	6	5
8	5	7	9	3	6	2	4	1
3	6	2	5	1	4	7	9	8

Toughie

3	1	9	2	7	6	5	8	4
4	5	2	8	1	9	3	6	7
6	7	8	3	5	4	1	2	9
2	9	1	7	4	5	8	3	6
7	3	5	6	2	8	4	9	1
8	4	6	1	9	3	2	7	5
1	8	3	5	6	7	9	4	2
5	6	4	9	3	2	7	1	8
9	2	7	4	8	1	6	5	3

Two-Speed Crossword

ACROSS: 8 Antonia, 9 A-mp-le, 10 Add up, 11 C-hem-is-e, 12 Eye-shadow, 15 Ill, 16 R-a-n, 17 Tolerated, 20 Settler, 22 O-as-is, 24 Sh/rime, 25 Essen-c-e.
DOWN: 1 Sa-v-e-gg, 2 Stud, 3 Snap-shot, 4 Ram-cid, 5 D-ale, 6 Opt-i-mist, 7 Car-a-l, 13 Einstein, 14 Warhorse, 16 Res-is-t, 18 Lard-er, 19 Dispel, 21 Lee-k, 23 Sing.

Today's Solutions

Suguru

1	2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9	1
3	4	5	6	7	8	9	1	2
4	5	6	7	8	9	1	2	3
5	6	7	8	9	1	2	3	4
6	7	8	9	1	2	3	4	5
7	8	9	1	2	3	4	5	6
8	9	1	2	3	4	5	6	7
9	1	2	3	4	5	6	7	8

Wordsearch

NumberCrunch

Brainbuster

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Eileen M ★★★★★



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"The AirRAM Platinum and Multi Platinum are perfect partners. We've combined our newest innovations to create the ultimate cleaning solution, as well as being robust and stylish too. Ideal for modern homes."

Nick

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By **ASHLEY ARMSTRONG**

✉ ashley.armstrong@the-sun.co.uk

🐦 @AArmstrong_says



Planned tie-up... Vodafone

A SMART IDEA AIDS £15BN BID

VODAFONE is trying to allay fears about its £15 billion merger with **THREE** by giving up some mobile spectrum to rivals **VIRGIN MEDIA O2**.

Mobile phone companies need a range of frequencies – known as spectrum – for users to make phone and video calls and access the internet.

Increasing smartphone and social media use has seen the need for faster spectrum.

Vodafone and Three's planned tie-up would give the enlarged business 46 per cent of the UK's mobile phone spectrum, according to **KAREN EGAN**, analyst at **ENDERS**.

She said that this dominance would "have been problematic for Ofcom". Vodafone said that by giving up more spectrum to Virgin Media O2 it would "ensure quality mobile connectivity, choice and competition is enhanced".

Ofcom is expected to give its initial verdict on the plans later this summer.

SHARES

- BARCLAYS**
up 7.40 to 218.15
- BP**
down 2.05 to 482.65
- CENTRICA**
up 2.35 to 138.45
- HSBC**
down 3.60 to 685.30
- LLOYDS**
up 0.94 to 55.88
- M&S**
up 3.70 to 288.80
- NATWEST**
up 4.40 to 321.50
- ROYAL MAIL**
up 5.80 to 329.20
- SAINSBURY'S**
up 4.20 to 254.60
- SHELL**
down 18.50 to 2,851.00
- TESCO**
down 0.20 to 304.20

A GAME CHANGER

VIDEO games developer **KEYWORD STUDIOS** has backed a £2.1 billion takeover offer in a move that will see yet another London-listed company being taken private.

Swedish private equity firm **EQT** made a £24.50-a-share bid, a 66.7 per cent premium to Keyword Studio's share price before talks became public.

Keyword provides services and software for blockbuster games including **Fortnite** and **Assassin's Creed**.

A BLEAK PICTURE

JESSOPS – the camera chain owned by **Dragons' Den** entrepreneur **Peter Jones** – has been served a winding-up petition by **HMRC**.

It has filed for insolvency three times in four years. **HMRC** served notice on Tuesday to shut down **Jessops**

if it does not pay due taxes. The notice can be withdrawn if **Jessops** pays, according to **The Times**, which first reported the case.

Accounts show the firm, which was first rescued by **Jones** in 2013, has more than £12 million in liabilities.

£ MORE than 20,000 **TESCO** workers will share a £30 million windfall due to the supermarket's rising share price. Staff in its "save as you earn" scheme can buy shares at a discounted £1.88 and profit from them hitting £3.06 this week.

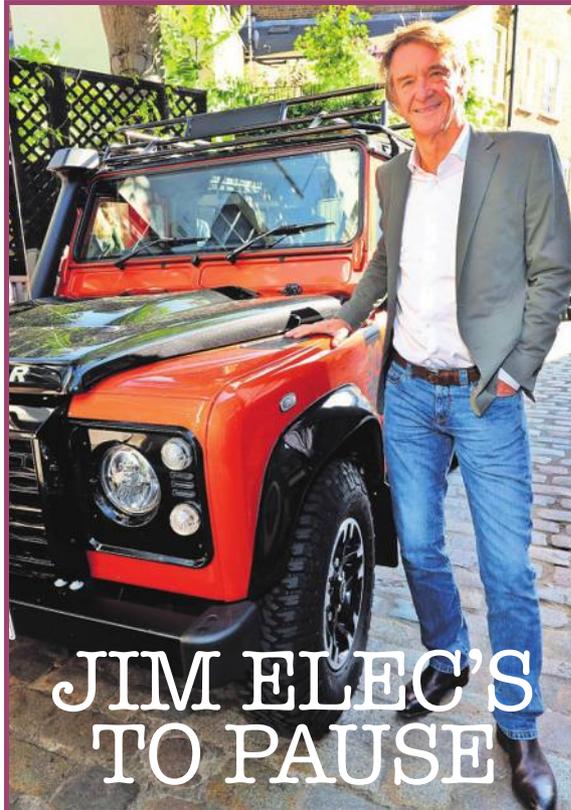
TOPPSY-TURVY

PEOPLE are cutting back on home improvements, prompting a slump at flooring retailer **TOPPS TILES**.

It said sales have fallen 9.7 per cent in the last three months due to "subdued demand" from consumers. **Topps** has suffered a slow-

down in the past year as customers spent less due to high inflation and with interest rates having been raised to their highest level since 2008.

The firm said the UK tile market is down between 10 per cent and 15 per cent compared with last year.



JIM ELEC'S TO PAUSE

SIR Jim Ratcliffe has halted plans for his latest electric sports car with his **INEOS GROUP** – blaming slumping demand for battery-powered vehicles and tariff uncertainty.

The **MANCHESTER UNITED** co-owner, above, had planned to launch a **Fusilier** sports utility vehicle, below, in 2027.

Ineos said it was delaying the launch due to "reluctant consumer uptake of EVs and industry uncertainty around tariffs, timings and taxation".

It added that as its EV would include a petrol engine "range extender", it would technically be banned by 2030 under **Labour's** Net Zero plans.

Vauxhall maker **STELLANTIS** last week said it would have to shut its UK car factories if tariff hikes on petrol cars do proceed.



HEDGE FUNDS BETTING ON WATER REGULATOR DECISION

A DELAYED verdict on water bill price rules will be of big interest to Labour – as well as to hedge funds.

Water regulator OFWAT will reveal on July 11 if firms will be able to raise bills by as much as they would like to fix pipes and sewage spills.

The decision was delayed due to the election – leaving troubled **THAMES WATER** and its current investors in limbo.

It has asked to raise bills by 56 per cent – taking bills to £733 by 2030. Meanwhile, **SOUTHERN WATER** has proposed a 70 per cent hike.

Thames Water is in £18 billion of debt, its parent firm has already defaulted on £400 million of debt.

Its investors have declared the company is "uninvestable" and have refused to put further money in unless **Ofwat** approves its business plan.

There is also the threat of **Ofwat** fining **Thames Water** for paying a £150 million in dividend which would damage its precarious finances further.

The risk is that if investors walk away, it will be put into "special administration" – whereby the government and the taxpayer take responsibility.

Jonathan Reynolds, shadow business secretary, has indicated **Labour** would oppose renationalising it. But, industry sources say there is a slim chance of any other investor wanting to keep **Thames** afloat in the current situation.

It is not just **Thames Water** facing challenges as all UK water companies are now facing a flood of legal challenges over sewage discharges, following a **Supreme Court** ruling earlier this week.

A case brought against **UNITED UTILITIES** for "untreated foul water" has meant other water companies could be open to claims too.

Hedge fund **GLG** has a £4 million bet against **Severn Trent** and a £38 million bet against **United Utilities**, according to analysis of short filings.

These short positions are bets their share prices will fall further in value.



ALL WETS ARE OFF

GOT A STORY?

✉ ashley.armstrong@the-sun.co.uk

🐦 @AArmstrong_says

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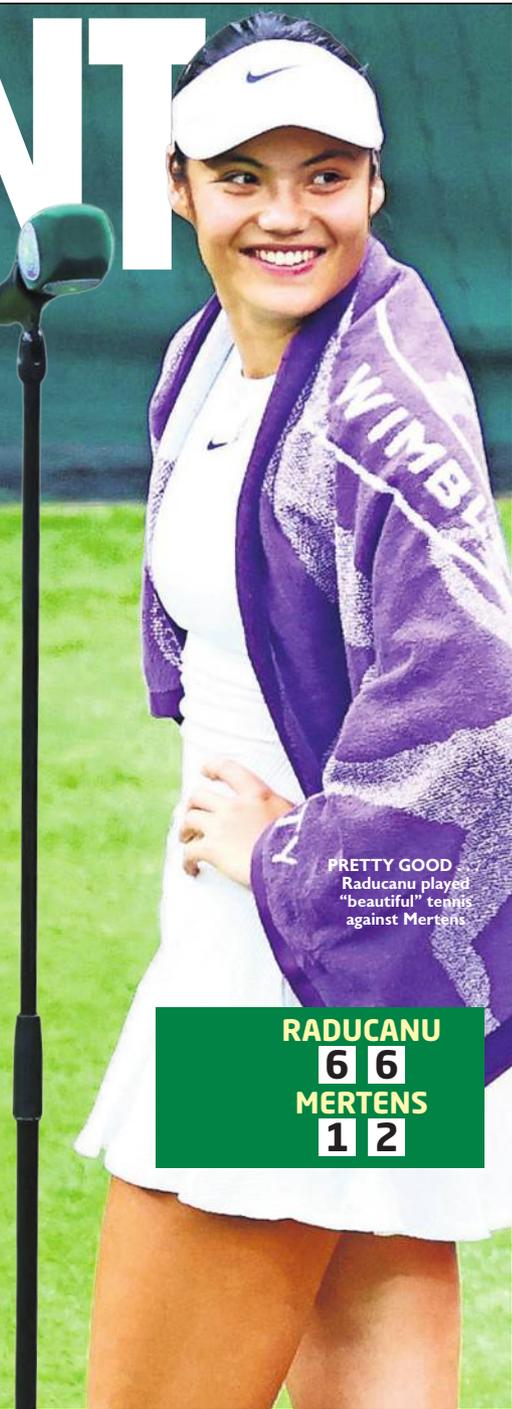
WIMBLEDON 2024



ALL OF THE

RADIANT

Em's 'beautiful' win sets up serious SW19 title tilt



PRETTY GOOD
Raducanu played "beautiful" tennis against Mertens

RADUCANU	
6	6
MERTENS	
1	2

YESTERDAY'S RESULTS

Men's Singles 1st rnd
E Ruusuvuori (Fin) bt M McDonald (USA) 7-6 (8-6) 4-6 5-7 7-6 (8-6) 6-3
A Rinderknech (Fra) bt K Nishikori (Jpn) 5-7 6-4 6-7 (2-7) 6-3 6-2
(24) A TABILO (Chi) bt **D EVANS** (Gbr) 6-2 7-5 6-3, **T Machac** (Cze) bt D Goffin (Bel) 3-6 3-6 6-4 6-1 7-6 (10-5)
R Safiullin (Rus) bt **(26) F Cerundolo** (Arg) 6-7 (5-7) 3-6 7-5 6-3 6-4
T Kokkinakis (Aus) bt **(17) F Auger-Aliassime** (Can) 2-6 5-7 7-6 (11-9) 6-4 6-4
L Pouille (Fra) bt L Djere (Ser) 3-6 7-6 (7-4) 3-6 6-3 6-1
O Halys (Fra) bt C Eubanks (USA) 6-4 6-4 6-2
(21) K KHACHANOV (Rus) bt A Karatsev (Rus) 6-3 6-7 (4-7) 7-6 (13-11) 2-0 ret
Men's Singles 2nd rnd
M Kecmanovic (Ser) bt **(27) T Griekspoor** (Ned) 4-6 7-6 (9-7) 1-6 6-2 6-3
J Struff (Ger) bt **(32) Z Zhang** (Chn) 5-7 6-3 7-6 (7-1) 7-6 (10-8)
(5) D MEDVEDEV (Rus) bt A Muller (Fra) 6-7 (3-7) 7-6 (7-4) 6-4 7-5
(3) C ALCARAZ (Spa) bt A Vukic (Aus) 7-6 (7-5) 6-2 6-2
(29) F TIAFOE (USA) bt B Coric (Cro) 7-6 (7-5) 6-1 6-3
B Nakashima (USA) bt J Thompson (Aus) 6-3 6-2 6-2
(16) U HUMBERT (Fra) bt B Van de Zandschulp (Ned) 7-6 (11-9) 6-1 6-3
(12) T PAUL (USA) bt O Virtanen (Fin) 4-6 6-3 5-7 7-5 6-4
(23) A RUBLEK (Kaz) bt A Cazaux (Fra) 6-4 7-6 (7-1) 6-4
R Bautista Agut (Spa) bt L Sonogo (Ita) 6-3 3-6 6-3 6-4
F Fogniini (Ita) bt **(8) C Ruud** (Nor) 6-4 7-5 6-7 (1-7) 6-3
(1) J SINNER (Ita) bt M Berrettini (Ita) 7-6 (7-3) 7-6 (7-4) 2-6 7-6 (7-4)
Women's Singles 1st rnd
(11) D COLLINS (USA) bt C Tauson (Den) 6-3 7-6 (7-4)
M Camila Osorio Serrano (Col) bt L Davis (USA) 6-3 6-1
(20) B HADDAD MAIA (Bra) bt M Frech (Pol) 7-5 6-3
(31) B KREJCIKOVA (Cze) bt V Kudermetov (Rus) 7-6 (7-4) 6-7 (1-7) 7-5
K Volynets (USA) bt M Lourdes Carle (Arg) 6-2 7-5
J Niemeler (Ger) bt V Golubic (Swi) 6-2 6-1
(21) E SVITOLINA (Ukr) bt M Linette (Pol) 7-5 6-7 (9-11) 6-3
Women's Singles 2nd rnd
L Sun (Nzi) bt Y Starodubtseva (Ukr) 4-6 6-3 6-2
L Zhu (Chn) bt **(25) A Pavlyuchenkova** (Rus) 6-4 6-3
E RADUCANU (Gbr) bt E Mertens (Bel) 6-1 6-2
(9) M SAKKARI (Gre) bt A Rus (Ned) 7-5 6-3
(28) D YASTREMSKA (Ukr) bt V Gracheva (Fra) 6-3 6-4 7-6 (10-5)
D Vekic (Cro) bt **(3) E Andreeva** (Rus) 6-2 6-3
(7) J PAOLINI (Ita) bt G Minnen (Bel) 7-6 (7-5) 6-2
B Andreescu (Can) bt **(26) L Noskova** (Cze) 6-3 7-6 (7-5)
D Shnaider (Rus) bt S Stephens (USA) 6-1 6-1
(19) E NAVARRO (USA) bt N Osaka (Jpn) 6-4 6-1
S KARTAL (Gbr) bt C Burel (Fra) 6-3 5-7 6-3
(2) C GAUFF (USA) bt A Todoni (Rom) 6-2 6-1
Men's Doubles 1st rnd
(12) N LAMMONS (USA) & **J WITHROW** (USA) bt M Giron (USA) & A Michelsen (USA) 6-3 6-2, **(8) K KRAWIETZ** (Ger) & **T PUETZ** (Ger) bt L Darderi (Ita) & F Romboletti (Bra) 6-4 6-2, **H Heliovaara** (Fin) & **H PATTEN** (Gbr) bt S Bolelli (Ita) & A Vavassori (Ita) 6-3 6-4, **P Martinez** (Spa) & **J Munar** (Spa) bt D Lovjovic (Ser) & S Nagal (Bra) 6-2 6-2, **R Matos** (Bra) & **M Melo** (Bra) bt J FEARNLEY (Gbr) & J PINNINGTON JONES (Gbr) 6-4 7-6 (7-5), **N Barrientos** (Col) & **F Cabral** (Por) bt **(10) I Dodig** (Cro) & A Krajevic (USA) 7-6 (7-4) 7-6 (8-6), **C Frantzen** (Ger) & **H Jebens** (Ger) bt P Kotov (Rus) & G Rodriguez (Col) 7-6 (7-3) 7-6 (7-3), **(2) R BOPANNA** (Ind) & **M EBDEN** (Aus) bt S Arends (Ned) & R Haase (Ned) 7-5 6-4
Women's Doubles 1st rnd
M Kato (Jpn) & **S Zhang** (Chn) bt A Moratelli (Ita) & N Podoroska (Arg) 6-2 7-6 (7-2), **L Fernandez** (Can) & **E Shibahara** (Jpn) bt H Guo (Chn) & X Jiang (Chn) 2-6 7-6 (7-4) 6-3, **(16) U EIKERI** (Nor) & **I NEEL** (Est) bt C Rossetti (Ita) & S Samsonova (Cze) 6-3 6-7 (2-7) 6-3, **C Garcia** (Fra) & **K Mladenovic** (Fra) bt X Yu Wang (Chn) & S Zhang (Chn) 6-2 6-4, **(10) M BOUZKOVA** (Cze) & **S SORRIBES TORMO** (Spa) bt E Avanesyan (Rus) & O Kalashnikova (Geo) 6-3 6-7 (1-7) 6-2, **(2) C DABROWSKI** (Can) & **E ROUTLIFFA** (Nzi) bt M Andreeva (Rus) & A Potapova (Rus) 6-2 7-5
TODAY'S SHOW COURTS
All courts 11.30am start except Centre and No1 (1pm).
Centre Court: J Fearnley (GB) v C N Djokovic (Ser), (1) I Swiatek (Pol) v P Martic (Cro), R Hijikata (Aus) & J Peers (Aus) v A Murray (GB) & J Murray (GB).
Court 1: (32) K Boulter (GB) v H Dart (GB), (28) J Draper (GB) v C Norrie (GB), M Giron (USA) v (4) A Zverev (Ger).
Court 2: (7) H Hurkacz (Pol) v A Fils (Fra), (10) O Jabeur (Tun) v R Montgomery (USA), (4) E Rybakina (Kaz) v L Siegemund (Ger).
Court 12: Y Wang (Chn) v (12) M Keys (USA), (10) G Dimitrov (Bul) v J Shang (Chn), (13) T Frits (USA) v A Rinderknech (Fra), C Wozniacki (Den) v (30) L Fernandez (Can).
Court 18: (14) D Kasatkina (Rus) v Y Miyazaki (GB), L Harris (SA) v (14) B Shelton (USA), (15) H Rune (Den) v T Seyboth Wild (Bra), E Avanesyan (Rus) v (15) S Samsonova (Rus).

RUTHLESS Emma Raducanu went from ugly to beautiful tennis in just 48 hours — and she can now have a good crack at the Wimbledon title.

By **ROB MAUL**

The Brit, 21, branded her opening-round win on Monday over Mexican 26-year-old Renata Zarazua as less than attractive, comparing it to England's unsightly Euros campaign.

Spain's Sara Sorribes Tormo in the third round of the New York Slam three years ago. It was the first time she had won back-to-back matches at a Major since that fairytale tournament.

This next appearance, under the No1 Court roof, was a complete contrast and far more easy on the eye.

This was her first time on Wimbledon's second-biggest court since having a panic attack against Australian Alja Tomljanovic in 2021 that curtailed her passage through the draw at the last-16 stage.

Over 75 minutes, she dropped just THREE games in a joyful 6-1 6-2 win over experienced grass-court practitioner Elise Mertens (below), 28, of Belgium.

On this form, and if she maintains this type of momentum, few would bet against her going to the fourth round again at SW19 or maybe even further.

Former players Tim Henman and Tracy Austin were left mightily impressed — claiming it was a result that would make others in the draw sit up and take notice.

Next up she plays 28-year-old Greek No9 seed Maria Sakkari whom she walloped in straight sets at the 2021 US Open semi-finals in their only meeting.

Raducanu, sidelined last year due to recovery from three surgeries, was asked how she should describe this win — her best display at a Major since the famous US Open 2021 title success.

Henman, 49, a four-time Wimbledon semi-finalist, said: "That was brilliant. Her first round was a struggle. She talked about winning ugly. She got the job done."

Before she could answer, one wag shouted "BEAUTIFUL" and then Raducanu laughed: "This guy said it, I think I played some really good tennis."

"Technically, physically and mentally, there was no let-up. "To beat a player like Mertens on a grass court in straight sets is a statement victory."

"I'm so grateful to everyone and the support. With the roof closed especially, it was super loud."

"The confidence is growing in front of our eyes. What was impressive is that Raducanu was just relentless and ruthless."

"I'm really appreciative and grateful for everyone for making a lot of noise. The reception makes me feel unbelievable. I mean I feel so, so welcome here. Honestly, Court One is my favourite court."

Two-time US Open winner Austin, 61, said: "That was a really big statement."

"I'm playing really good tennis. I'm very happy with the improvements that I have made."

"It's nice to see Emma healthy after three surgeries, which was a lot to contend with. The joy was there. That was so important. It's nice to see her play instinctive tennis again. See ball, hit ball."

"I knew that all the hard yards and the hard work I was doing in the year would lead to something."

"If she starts to play that way again, she played so well at the US Open, just so solid from every part of her game. Her serve won't knock you off the court but it will find those targets."

"I'm so happy I'm able to reap some of the rewards at Wimbledon."

"You can see that Emma is striking the ball similarly to the way that she did at the US Open."



MIXING IT UP... Andy Murray yesterday

MY MURRAY DREAM

From Back Page
 a young girl, ever since I watched the 2012 Olympics. My doubles record isn't exactly the longest or most vast. But I couldn't say no.

The end of my life, at the end of my career when I'm like 70 years old. I know I'm going to have that memory of playing Wimbledon with Andy Murray on a home Slam."

Peers third on Centre Court today in the men's doubles first round. Scotsman Andy, 37, said: "We spoke about it a few years ago during the Covid year but both of us were doing quite well in the singles and it didn't happen."

"Andy is a hero to all of us. For me, it's a real gift, a real honour that he asked me. I think some things are bigger than just tennis."

The Dream Team pairing will play the first round against China's Zhang Shuai and Marcelo Arevalo of El Salvador on Saturday.

"Thankfully I got quite a quick reply off Emma! It was quite late when I sent the message. It would have been after 9pm so I was a bit worried she might have been in bed."

"Some things are a once-in-a-lifetime memory that you're going to live for the rest of your life. To play at Wimbledon with Andy Murray, those things don't come by often. At

Raducanu could end up starring in Murray's final SW19 appearance in only her SECOND pro doubles match. Murray and elder brother Jamie, 38, play Aussies Rinky Hijikata and John

"But I got a quick reply. She said, 'Yeah, let's do it' — that was it."

FLYING THE FLAG THROUGH BRITS AT WIMBLEDON 2024



WOMEN'S
 Emma Raducanu bt Elise Mertens (Bel) 6-1 6-2

Sonay Kartal bt Clara Burel (Fra) 6-3 5-7 6-3

PLAYING TODAY

WOMEN'S
 Yuriko Lily Miyazaki v Daria Kasatkina (Rus)

ACTION FROM DAY 3



CAP IT OFF... Murrays want a fairytale ending

Last leg for Andy

By ROB MAUL

ANDY and Jamie Murray hope a leg injury does not end what may be their doubles swansong — as it happened when they first paired up 18 years ago. The British tennis star brothers face Aussies John Peers and Rinky Hijikata in round one on Wimbledon's Centre Court today. Andy, 37, will essentially play on one leg due to the after-effects of a recent back operation in what may be the first and last time he pairs with Jamie, 38, at a Grand Slam.

Their first joint outing at the 2006 Nottingham Open against Stan Wawrinka and Justin Gimelstob ended early — due to a similar issue for Jamie.

He recalled: "There was a retirement — by me! It may be the only time I have retired mid-match. "I jarred my knee or something and I couldn't move my right leg.

"Even to this day I still don't know what I did."

Hijikata, 23, plans to ruin their big day anyway. He said: "It'd be great to spoil the party but it's not going to be easy. And I'm really looking forward to it."

Djokovic is a swot

NOVAK DJOKOVIC is going to do his homework on an unknown and untested Brit. Rookie Jacob Fearnley, 22, was handed a wildcard for the Wimbledon draw.

And given his US college background, he had not been the talk of fans coming into the event.

Now he has a plum meeting with the seven-time Wimbledon champ, 37, on Centre Court.

Djokovic, who is sporting a knee brace after surgery last month, said: "I haven't seen him hit. I don't know really anything about him.

"So I'll have to do my homework. I'll analyse his first-round match and see what I'm up against.

"He's going to have the crowd. You never like to play British at Wimbledon."

SONAY'S INKING BIG v COCO

By SANDRA BROBBEY

SONAY KARTAL reckons a celebratory tattoo could be on the cards if she stuns Coco Gauff in Wimbledon's third round tomorrow.

British qualifier Kartal, 22, says facing the US Open champ is the stuff of dreams after a health scare almost derailed her tournament hopes.

The tattooed Londoner beat Clara Burel 6-3 5-7 6-3 to guarantee herself £143,000 in prize money.

And if she pulls off a shock win against Gauff, more body artwork could be on the way.

Kartal said: "There will probably be a

KARTAL
6 5 6
BUREL
3 7 3

bet in place with my coach. He also has tattoos, he's pretty covered.

"There's always a joke in the Slams that if I reach certain rounds, there will be something. I think there could be one potentially."

Kartal feared her Wimbledon dreams



SONAY DELIGHT... Kartal on her way to victory over Burel



EVANS... knee injury

Dan fires at blazers

By ROB MAUL

DAN EVANS is angry "the powers-that-be in the fancy jackets" forced him to start his Wimbledon tie on a slippery court.

Evo, 34, began his first-round match against Alejandro Tabilo late on Tuesday on Court 12 — even though covered No 1 Court was free.

The Brummie claimed conditions were unacceptable — and he was thinking about how he hurt his knee when he slipped at Queen's last month.

Evans shouted at officials: "I'm not willing to play on this court when it's wet. You don't care about players."

The match was eventually postponed — No 24 seed Tabilo led 6-2 3-3 — but the Chilean turned red hot to win in three sets yesterday afternoon.

Evans said: "Obviously my first concern is to be safe after what happened. "I didn't think the court was playable.

"The powers-that-be in the fancy jackets didn't agree with me — and we carried on.

"In any normal time I'd have been probably fine with it. But I know the sort of feeling, which is not a good one, to slip quite badly."

A Brit tense

DRAPER v NORRIE AND DART v BOULTER TODAY

By ROB MAUL

JACK DRAPER reckons Cameron Norrie will be fired up today after surrendering his tag as the Best of British.

The pair clash in the second round this afternoon, while fellow Brits Katie Boulter and Harriet Dart are also involved in a domestic dust-up on No 1 Court.

Draper is a career-high 28th in the world rankings, while Norrie has plummeted from world No 8 to 44th.

But ahead of their showdown, Sutton star Draper, 22, said: "We have huge respect for each other.

"We've practised together so many times. Been part of the Davis Cup together. I wouldn't say we're extremely close but we definitely have a great relationship.

"It's going to be an interesting match-up against him because we both know each other's games.

"We know each other personally. It's definitely going to be a tough match.

"Obviously, he won't like the fact I'm British No 1 now. I'm a lot younger. That creates a really healthy rivalry and environment.

"We're all competitors, we're all individuals. We want to win. We want to do the best we can. It's going to be a really competitive match."

Johannesburg-born Norrie, a former Wimbledon semi-finalist, is at his lowest ranking for three years.

But the 28-year-old said of Draper: "We're good friends. He's playing at his best level. It has shown in his results.

"Physically he's at the best I've ever seen him. He has a great team around him. He's at the top of his game, playing with so

much confidence, moving so well, serving rockets.

"I can go out, nothing to lose. It's been a while since I played another Brit.

"For me, it's a surprise to be the underdog for the first time in a while.

"I'm going to have to play my best level to have a chance with Jack. His results have been better than mine, especially over the grass-court season."

Leicester ace Boulter, 27, and Londoner Dart, also 27, are due to meet in the opening clash of the day on No 1 Court immediately before the British men slug it out.

The winners are guaranteed £143,000 for reaching the third round.

The women have had fiery clashes in the past and they certainly bring out the best in each other.

Boulter, the No 32 seed, said: "We both know each other's games inside-out, back-to-front at this point. We've played so many matches.

"I have a lot of respect for her on this surface. It's one of her favourite ones. This is actually her home club. She's been here since she was a tiny tot with her mum.

"You have two Brits here who are playing some very good tennis. She's someone that's going to make it very hard for me. I'm going to have to bring my A game."

Naomi's Oly jolly

By SANDRA BROBBEY

NAOMI OSAKA vowed to channel her Wimbledon disappointment into a bid for Olympic glory.

The four-time Grand Slam champion, 26, suffered a straight sets defeat with Emma Navarro beating her 6-4 6-1 in 59 minutes.

However, the Japanese star revealed: "I really want to take the time and train for the Olympics because I do want to do well."

Grumpy Russian star DANIL MEDVEDEV overcame losing the first set to ALEXANDRE MULLER to win 6-7 7-6 6-4 7-5.

The fifth seed said: "I got very frustrated with myself, so I went a little crazy."

Norway's No 8 seed CASPER RUUD lost to FABIO FOGNINI in four sets.



TOP MAN... Draper is now the British No 1



BRIT HITS... Norrie, Dart (centre) and rival Boulter

MEN'S		WOMEN'S		MEN'S	
Katie Boulter v Harriet Dart	Jacob Fearnley v Novak Djokovic (Srb)	Francesca Jones lost to Petra Marric (Cro)	Heather Watson lost to Greet Minnen (Bel)	Dan Evans lost to Alejandro Tabilo (Chi)	Henry Searle lost to Marcos Giron (US)
Jack Draper v Cameron Norrie	OUT	Arthur Frey lost to Daniel Altmaier (Ger)	Charles Broom lost to Stanislav Wawrinka (Sui)	Liam Broady lost to Botić van de Zandschlop (Hol)	Jan Choinski lost to Luciano Darderi (Ita)
		Billy Harris lost to Jaume Munar (Spa)	Paul Jubb lost to Thiago Seyboth Wild (Bra)		

RECORD

From Back Page
 was a big gamble to come here and try to win at least one stage. You know you have to go all-in and, yeah, we've done it!
 "You see what it means? The Tour de France is bigger than cycling, isn't it?"
 Isle of Man-born Cavendish postponed his retirement by a year after crashing out of the same event last season.
 He had not won on the Tour since 2021 but beat Belgian Jasper Philipsen and Norway's Alexander Kristoff to the line.
 Astana-Qazaqstan rider Cavendish, who had been sick on Stage One, said: "Honestly, I'm tired."
 "It's my 15th Tour de France and it takes a lot to get here every year."
 "I'm getting old - I've got to get in shape every year and it's hard. But I've got a lot of support."
 "My family came yesterday. Perfect timing."
 "Winning one stage can make a career and I've always felt the need to



F1 BRITISH GP - SUNDAY, 3pm

IT'S SAINT GEORGE'S DAY

Home's where his heart is

Luke's nuked

LUKE LITTLER suffered his second shock defeat in two days as he exited the Players Championship 14.
 He crashed out 6-3 to world No 92 James Hurrell, 39, in the second round in Milton Keynes.
 It came just 24 hours after losing in Players Championship 13 to 46-year-old world No 116 Robert Grundy.
 Littler, 17, had a short break after winning the Poland Darts Masters in mid-June. He wrote on his Instagram: "Glad those ProTours are over for now."
 The losses are not ideal preparation for Littler as he gets ready to make his World Matchplay debut at the Winter Gardens in Blackpool a week on Saturday.

Ad punch ban

DARTS bad boy Adam Smith-Neale has been banned for eight months after **PUNCHING** a rival.
 The world No 87, 30, was found guilty of the offence by the Darts Regulation Authority on May 15 but a statement was only released this week.
 Footage of the incident went viral in early March after the ruck at the Nuneaton Darts Open.
 The DRA said: "On March 9th, after Smith-Neale lost the match, his

By PHIL LANNING
 opponent offered his hand and Smith-Neale punched him in the face.
 "The incident was captured on CCTV and attracted media attention. Smith-Neale was suspended pending a hearing.
 "Smith-Neale accepted the charges but claimed he had felt threatened by his opponent, which was why he punched him.
 "This was not accepted by the committee."

SILVER STARS BRITISH WINNERS AT SILVERSTONE

- 8 Lewis Hamilton
- 3 Jim Clark, Nigel Mansell
- 2 Jackie Stewart, David Coulthard
- 1 Peter Collins, James Hunt, John Watson, Damon Hill, Johnny Herbert

By ISABELLE BARKER

GEORGE RUSSELL went to Silverstone in a Red Bull jumper as a kid - now he is daring to dream with Mercedes.
 The legendary home of the British Grand Prix holds a special place - in the heart of the 26-year-old born in Norfolk.
 After all, it was where he drove in his first race, tasted his first win and took part in his maiden F1 test.

It was also the very track that gave a ten-year-old Russell "goosebumps" as a fan in 2009, watching the likes of Sebastian Vettel roaring through Copse.
 He said: "There are a lot of firsts for me at Silverstone. It's the first F1 race I ever went to as a kid.
 "People camping there. I really like that, that atmosphere... and we stay on the track which, again, reminds me of when I was ten years old."

"Travelling up and down the country in the motorhome, albeit very slightly bigger now than the little one I had with my parents. It's pretty special.
 "I was standing at the edge of Copse, which was turn one. I always remember seeing the Red Bulls, Sebastian Vettel leading. The noise, the roar, getting goosebumps...
 "Believe it or not I had a Red Bull jumper on, which I've still got."

Ten British drivers have won at Silverstone since the world championship started in 1950.
 And Russell has set his sights on the top spot on the podium this Sunday - fresh off the back of only his second F1 win last time out in Austria.
 He also reckons this race has come at a perfect time for seven-time world champ Lewis Hamilton, who is still searching for a first win since 2021.
 Russell said: "If I had the choice, Silverstone would always be No 1 of a race win."

"When you go to your home race, you feel this extra energy from the crowd. You're just sort of riding this wave.
 "If somebody could say, 'You're gonna win five races this year, which five do you want to win?', Silverstone would be my first pick."
 "Lewis has often gone well at Silverstone. These are tracks that we've grown up racing around from a young age."

SPORTS ROUND-UP: RESULTS & FIXTURES

COPA AMERICA GROUP D

BRAZIL (1)	1 COLOMBIA (1)	1
Rapinha 13	Munoz 45	Att: 70,971
COSTA RICA (2)	2 PARAGUAY (0)	1
Calvo 4	Sosa 56	
Alcocer 8		

	P	W	D	L	F	A	Pts
Colombia	3	2	1	0	6	2	7
Brazil	3	1	2	0	5	2	5
Costa Rica	3	1	1	1	2	4	4
Paraguay	3	0	0	3	3	8	0

Surrey v Essex

The Oval: Surrey 262 (83.2 overs; J L Smith 100) and 278 (75.0 overs; R S Patel 107, J L Smith 70). Essex 180 (51.3 overs; P I Walter 64) and 215 (61.1 overs; D Elgar 60, P I Walter 56; T Laves 4-26). **Surrey (20pts) beat Essex (3pts) by 145 runs.**

DIVISION TWO

Gloucestershire v Glamorgan
Cheltenham: Gloucestershire 179 (44.4 overs; T van der Gugten 5-59) and 610-5dc. (116.0 overs; J R Bracey 204no, C T Bancroft 184, M A H Hammond 121, B J Webster 65no). Glamorgan 197 (61.1 overs; B J Webster 5-17) and 592 (152.0 overs; S A Northeast 187, M Labuschagne 119). **Gloucestershire (11pts) tied with Glamorgan (11pts).**

WOMEN'S THIRD ONE DAY INTERNATIONAL

England v New Zealand
Bristol: New Zealand 211-8 (42.0 overs; A C Kerr 57, L K Bell 5-37). England 212-5 (38.4 overs; N R Soliver-Burnt 70no, A E Jones 50). **England beat New Zealand by 5 wickets.**

CRICKET

COUNTY CHAMPIONSHIP - DIVISION ONE

Hampshire v Kent
The Rose Bowl: Hampshire 505-8dc. (130.0 overs; J M Vince 211, B C Brown 110; J D M Evison 4-83) and 180-4 (22.1 overs; L A Dawson 56no). Kent 543 (93.0 overs; J Leaning 118; F I N Khushi 53; K H D Barker 4-85) and 340 (118.2 overs; B G Compton 92, H Z Finch 84; K J Abbott 5-89). **Hampshire (23pts) beat Kent (4pts) by 6 wickets.**

Lancashire v Nottinghamshire
Southport: Lancashire 352-9dc. (97.0 overs; K K Jennings 187no; L W James 4-61). Nottinghamshire 126 (44.4 overs; B T Slater 64no; J M Anderson 7-35) and 270-4dc. (102.0 overs; J M Clarke 115no). **Lancashire (14pts) drew with Nottinghamshire (11pts).**

Somerset v Warwickshire
Taunton: Warwickshire 412 (109.1 overs; M G K Burgess 147, E Barnard 92, W M H Rhodes 63; M Pretorius 5-104) and 281-8dc. (83.2 overs; J Bell 66, R M Yates 57, A L Davies 50; C Overton 4-57). Somerset 284 (83.2 overs; T Banton 78, T B Abell 61; O J Hannon-Dalby 6-56) and 413-5 (91.4 overs; T B Abell 152no, T Banton 81, J E K Raw 57no). **Somerset (20pts) beat Warwickshire (7pts) by 5 wickets.**

TODAY'S SPORT

GOLF

DP World Tour BMW International Open (GolfClub Munchen Eichened, Munich, Germany).
USPGA Tour John Deere Classic (TPC Deere Run, Silvis, Illinois).

CHAMPAGNE MOMENT
 Russell is carried aloft after his win at Austria's Red Bull Ring



BRACEY... takes catch

Bracey's on hand

By JACK ROSE

JAMES BRACEY took an astonishing one-handed catch — **WITHOUT** his wicketkeeper's glove on — as Glamorgan fell one run short of a world-record chase against Gloucestershire.

Set a mammoth target of 593, the Welsh side had to settle for a tie after needing a single off the final ball of their Championship Division Two clash at Cheltenham.

Last man Jamie McIlroy edged an Ajeet Singh Dale delivery behind and Bracey pounced a stunner, after taking off his right mitt in preparation for a run-out chance.

Bracey, who played two Tests for England against New Zealand in 2021, had smashed a career-best 204 not out on day three of the four-day game as Gloucs declared at 610-5.

Sam Northeast's 187 meant Glamorgan needed two to win from the final over with one wicket left.

Mason Crane turned down an early single before scoring one from the penultimate delivery to tie the scores.

Sport

STEVE BORTHWICK led tributes to former England and Bath head coach **Jack Rowell**, who died aged 87.

The Red Rose boss said: "His contribution to rugby was enormous, he'll be sorely missed."

SHORT

Emily fun 'n Games

By ROB MAUL

EMILY CAMPBELL expects there to be lots of sex and booze in the Athletes' Village in Paris.

The Team GB weight-lifter — a bronze medalist in Tokyo — has to remain teetotal until the Olympics' final day.

Her +81kg class is set for an epic finale on Sunday, August 11.

Campbell, 30, speaking on podcast *Stirring It Up*, said: "People finish at different times in the Games.

"It's on for two weeks but the swimmers, the rowers, they'll start in the first week. I'm not until the final day.

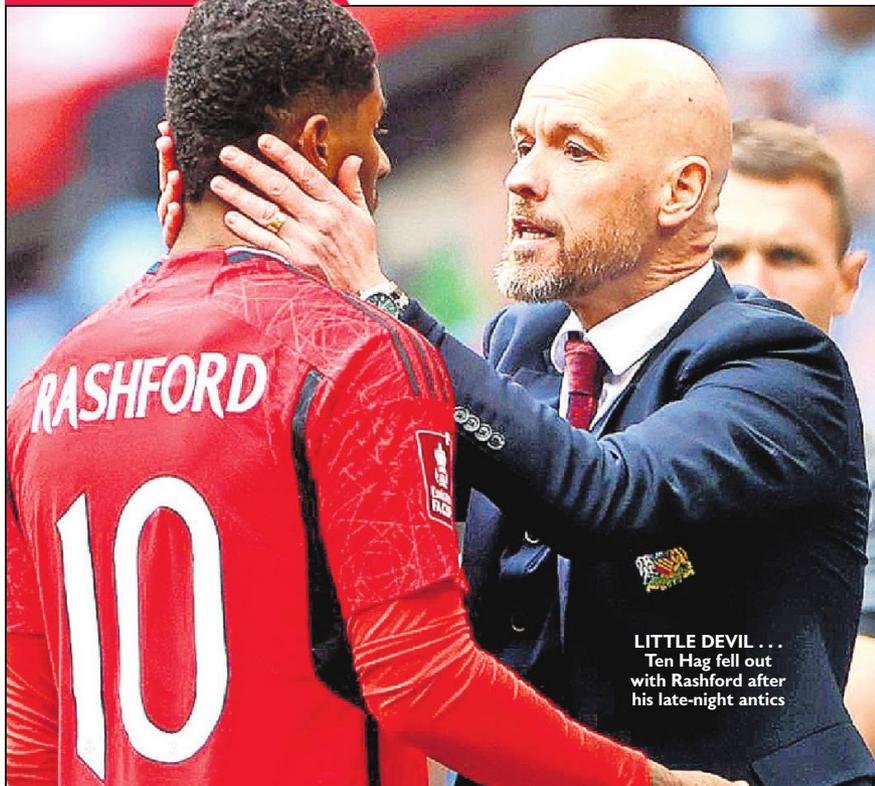
"They say there's no alcohol in the Village and everyone always gets it in.

"There are bowls of condoms around because they know it happens."

Paris chiefs have installed cardboard bed frames after some stars admitted to past orgies.

Campbell added: "They did this in Tokyo. It was for 'recycling' but everyone branded it the 'anti-sex bed' as it would break."

PREM UTD CASH IN



LITTLE DEVIL...
Ten Hag fell out with Rashford after his late-night antics

All change at No10

RASHI OUT AS ERIK RE-ELECTED

MANCHESTER UNITED will listen to offers for **Marcus Rashford** after his fall out with **Erik ten Hag**.

Now Ten Hag is staying on as boss, the club is planning to cash in on the academy graduate star.

United want £80million but may have to take nearer £60m for their No10 after last season's dip in form.

The England forward and Dutch manager were barely on speaking terms after the player

EXCLUSIVE by NEIL CUSTIS

partied in Belfast until the early hours in January when he was due to be training at Carrington later that day.

Ten Hag had warned him about off-field conduct after he hit the town following a loss to Manchester City in October.

So the gaffer fumed when he went out again in Ireland three months later just before an FA Cup tie at Newport.

Rashford, 26, rang in sick on the Friday ahead of the

Sunday clash and was axed from the squad as Ten Hag learned the full extent of what had happened.

It ruined their relationship but the boss had to continue to use the player, who thought he may get a fresh start when Ten Hag looked to be facing the sack earlier this summer.

That was before a shock FA Cup final win over Manchester City which saw United's new part-owner Sir Jim Ratcliffe make a U-turn on the manager's future.

Rashford (*above*) went from a career-best 30 goals in the 2022-23 season to just eight last term as he lost his starting spot at the club and place in the Three Lions Euro 2024 squad.

He is due back in training on Monday but unless he can make up with Ten Hag, his future looks to be elsewhere.

United are now eyeing new recruits. Bayern Munich's Holland centre-back Matthijs de Ligt, 24, who played for Ten Hag at Ajax, will be first in for £40m after his Euros end.

CAN'T TRAFFORD IT

NEARLY a quarter of staff at Manchester United are set to be made redundant.

Employees were yesterday told that up to 250 of the 1,100-strong workforce will be axed as part of sweeping budget cuts.

Sir Jim Ratcliffe's Ineos company took charge of football operations at the club in February and began a cost review.

And in an era of new financial regulations, they feel having the largest number of staff in the Prem does not reflect their current performance level on the pitch.

The cuts will save United tens of millions — with that cash to be invested in Erik ten Hag's squad.

Ndiaye a Toffee



ILIMAN NDIAYE moved to Everton for £15.6million — the Toffees' third signing of the summer.

The former Sheffield United attacker (*left*), 24, moved back to England from Marseille.

Senegal ace Ndiaye said: "I'm so excited. The main reasons I wanted to sign were the size of the club, the history and to help it in the forward direction it is going in."

Everton had already signed Jack Harrison and Tim Iroegbunam.



ALL THE GOSSIP

ALL THE NEWS

ALL THE DEALS

Palhinha gets big-Muni move

By TONY LITTLE

FULHAM midfielder **Joao Palhinha** is joining **Bayern Munich** for £47.4million.

The Cottagers' club-record sale will involve the German giants paying £43.2m, now with £4.2m in add-ons.

Palhinha, 28, is a long-time target of Bayern, who saw a deadline-day move collapse last summer.

The Portugal star (*right*), who faces France in a Euro 2024 quarter-final tomorrow, will have a medical after the tournament.

Fulham will more than double their money on Palhinha after signing him from Sporting in a deal worth £20m two years ago today.

The sale will beat Aleksandar Mitrovic's £45m move from Craven Cottage to Al-Hilal.

Bayern are also closing in on a £50m swoop for Crystal Palace winger Michael Olise, 22.



NEWS TICKER

ASTON VILLA dashed Emi Martinez's dream of playing for Argentina at the Olympics.

The keeper would miss most of pre-season so boss Unai Emery pulled rank, also blocking Lucas Digne and Moussa Diaby from France's squad.

ARSENAL are monitoring Bologna defender Riccardo Calafiori after impressing at the Euros with Italy.

The adaptable 22-year-old — valued at around £25million — is also wanted by Chelsea.

NORWICH have turned down a £4million bid from Celtic for striker Adam Idah.

The Republic of Ireland forward, 23, ended last season on loan at the Scottish giants and the Championship club value him at closer to £7m.

NEWCASTLE teen Lewis Miley has picked up a freak injury which could rule him out for the opening six weeks of the new Prem season.

The midfielder, 18, who burst on the scene last term, broke his metatarsal while out jogging.

Kieran Phils up

IPSWICH are in talks with Hull over a £35million double deal for Jaden Philogene and Jacob Greaves.

Former Aston Villa winger Philogene, 22, is a target for Barcelona while West Ham and Everton are keen on centre-back Greaves, 23.

Boss Kieran McKenna has already signed winger Omari Hutchinson for £22.5m from Chelsea and West Ham full-back Ben Johnson on a free transfer to boost his squad for a Prem survival bid.

Striker Gassan Ahadme will join Charlton for £1m.

EURO 2024 FOCUS ON 3 LIONS'

Duah leaper

BIG JUMP FOR UK-BORN KWADWO



HAMANN... damning
England of make
Bell-ieve

From DAN KING

ENGLAND are the worst team at Euro 2024 and Jude Bellingham is in danger of "starting to believe his own fairytales".

That is the damning verdict of former Germany and Liverpool midfielder Didi Hamann.

The ex-Anfield ace blasted: "With all that talent, England have been the worst team in the tournament so far.

"They have got too many big players who think they should be the top dog."

And after Real Madrid star Bellingham's controversial goal celebration against Slovakia, Hamann told Gambling Zone: "I think there is definitely a danger he is starting to believe his own fairytales.

"He hasn't been seen in the Champions League when it really matters."

● VISIT gamblingzone.com/uk/the-zone/sports/dietmar-hamann-exclusive-euro-2024/

KWADWO DUAH'S journey to a Euros quarter-final is hardly a well-trodden path.

Born in London to Ghanaian parents, he moved to Switzerland at the age of two and forged a football career before ripping it up in Bulgaria last season at Ludogorets with 15 goals.

A shock Swiss call-up in May saw the striker make his senior international debut a month later.

No one believed he would actually make Murat Yakin's final Euro 2024 squad, let alone start their opener against Hungary and score in the 12th minute on just his second appearance.

At 27, he is making up for lost time, and what a way to do it by helping Switzerland knock out England in Dusseldorf on Saturday to reach a first major tournament semi-final in the country's history.

Islington-born Duah, 27, said: "That goal against Hungary changed everything.

"It was a big moment for me and

From **JORDAN DAVIES**



my family. To score the first goal for Switzerland in a Euros, not everyone does that.

"It was beautiful. I'm very proud to wear this jersey - to play for Switzerland was a big goal for me."

In a parallel universe, maybe he could have been lining up for Gareth Southgate's Three Lions.

Having started in the 3-1 group-stage win over the Hungarians, Duah has come off the bench in two of their last three games with first-choice forward Breel Embolo, 27, now fully up to speed after recovering from knee surgery and likely to keep his place.

It will not make this occasion any less special, even if Duah suggests facing England carries no extra significance despite his upbringing and love of the Premier League. He

revealed: "I would say I am a big Chelsea fan. My idol is Didier Drogba (left)."

And like most Chelsea supporters, Duah is also surprised by the lack of game time for Blues star Cole Palmer in Germany, playing just 43 minutes in the tournament so far.

Duah added: "Palmer was very good last season, so yeah, I'm also thinking 'Why is he not playing?' because his stats were perfect. Let's see if he starts on Saturday."

Fluent in four languages, Duah is a quiet but confident man who dreams of one day playing in Serie A, falling in love with Italy while on vacations there during the off-season.

His pre-match ritual on the team bus usually consists of reading comics. He explained: "I'm a big fan. Donald Duck, Mickey Mouse. It's an unusual hobby but it calms me down."

For now, the focus is on reaching the Euros semis, with Holland or Turkey awaiting them in the last four.

And Duah is sure that England will not take this Swiss lot lightly after they earned a 1-1 draw against hosts Germany in the groups and beat Italy 2-0 in the last 16.

He said: "They watched the game against Italy. We were pretty good, so I don't think they will underestimate us. We want to show what we can. We want to do our game."

"We expect to face a very good team with big names. In the end, they did a good job to beat Slovakia in the last 16."

Duah is looking forward to coming up against boss Southgate's "world-class" talisman in Jude Bellingham, fresh off his stunning 95th-minute overhead-kick equaliser against the Slovaks.

But Duah believes Xherdan Shaqiri's long-range screamer for the Swiss against Scotland in the group stage was better. He argued: "It was more difficult and it was probably more beautiful."



PATH TO GLORY

- 1 Born London, Feb 24, 1997
Moved to Switzerland at age two

CLUB CAREER	GAMES	GOALS
2 Switzerland		
2016-19 Young Boys	13	2
2016-17 Neuchatel Xamax (loan)	11	1
2017-18 Winterthur (loan)	26	6
2018-19 Servette (loan)	11	2
2019-20 Wil	34	12
2020-22 St Gallen	75	28
3 2022 Move to Germany		
2022-23 FC Nuremberg	37	11
4 2023 Move to Bulgaria		
2023-24 Ludogorets	37	15

HUNGARY FOR MORE
... Duah enjoyed scoring Switzerland's first goal of the Euros against Marco Rossi's Magyars side (inset)



OLIVER... backed

Taylor 'n Oliver in final hunt

From MARTIN LIPTON

UEFA have backed Prem refs Anthony Taylor and Michael Oliver by handing them huge quarter-finals.

Many questioned why Taylor ruled out a potential Dutch 'winner' in their group clash with France.

Oliver was then blasted for awarding a penalty against Denmark's Joachim Andersen in their last-16 loss to Germany.

But Uefa refs' boss Roberto Rosetti has hailed both Brits and their teams.

And their appointments for Friday signal the pair are both in contention to take charge of the final if England do not get there.

Taylor and his assistants, Gary Beswick and Adam Nunn, plus VAR Stuart Attwell, will be in charge of Germany against Spain.

Then Oliver and his linesmen, Stuart Burt and Dan Cook, will be on duty for France v Portugal, with David Coote assistant VAR.

QUARTER-FINAL SHOWDOWN

IVAN: PLAY ME 'N KANE

Toney backs Klinsmann's 4-4-2 call

IVAN TONEY would love it if Gareth Southgate took Jurgen Klinsmann's advice and played two up top for England.

In his exclusive SunSport column on Wednesday (inset), legendary Germany striker Klinsmann urged the Three Lions boss to pair Toney and Harry Kane together against Switzerland.

It followed Toney's impressive cameo off the bench against Slovakia, as Southgate went gung-ho with his side 1-0 down in the last-16 clash. The Brentford forward helped free up space for Jude Bellingham to fire home his 95th-minute overhead kick to make it 1-1.

Then Toney set up Kane for the extra-time winner, convincing Klinsmann 4-4-2 may be the way to go from the start in the quarter-final on Saturday.

Toney, 28, said: "Obviously I would like to be playing as a two but that is the gaffer's choice. We have to respect that. Everyone wants to play, whether

From **TOM BARCLAY** in Erfurt

that is a two or as one I will do my best for the squad."

Toney told Kane as the team prepared for extra-time that he loves getting to the far post so "just be there for the knock-downs".

That is exactly what played out within a minute of the restart, as Toney's header across goal allowed Kane to nod home from close range.

Speaking about a potential strike partnership with the England captain, Toney added: "We've played with each other and watched each other plenty of times.

"We'll know what each other is the best at. "You put yourself about when there's two up front. "I'd knock it back to H and he could just pick up seconds and he was able to do that."

Southgate revealed that Toney was "disgusted" with him at being sent on so late, with the clock already showing 94 minutes.

Toney explained it was purely because he was itching to get on sooner. The ex-Peterborough and Northampton hitman said: "In the dying moments, it's like, 'When am I going to come on?'"

"You're looking at the clock thinking, 'Now, now'. Then it came in the

dying moments. But if I wasn't annoyed sitting on the bench, then I see it as you wouldn't have the right attitude and don't really want to play football.

"I think my face said it all! Everything is sorted now, we're friends - not like we weren't friends - but we're happy now and concentrating on the next game."

Toney revealed he leaned on the advice of a sports psychologist used by Brentford to shake off his frustration and get his head into the game.

The striker said: "There's a guy called Michael Caulfield, who is always talking about controlling your emotions, and in that moment it was time to control your emotions. "Yes, I was annoyed but still 30 minutes to play and you've got to come out of that mood and focus. Because you cannot play sport being angry, upset or annoyed. "We haven't spoken because he doesn't text me. He thinks he annoys me when he texts me!"

That control will be vital against the Swiss, as the Three Lions walk a yellow-card

tightrope. Jude Bellingham, Phil Foden, Kieran Trippier, Conor Gallagher and Kobbie Mainoo are a booking away from missing the semi-final should England get there.

Toney said: "Everybody has to be careful now.

"You have to watch your step and make sure you don't get involved in any silliness."

After narrowly escaping a shootout against Slovakia, Toney insists he would not be put off taking a penalty for fear of racist abuse if he missed.

Bukayo Saka, Marcus Rashford and Jadon Sancho were all targeted by online trolls after failing to score when England lost the Euro 2020 final to Italy on spot-kicks.

Bees star Toney said: "I'm a confident person. If I score, I score. If I miss, I miss."

"For those who racially abuse a player for missing a penalty, more fool them."



THE OLD ONE-TWO ... Toney and Kane work together during training yesterday

PROMOTED CONTENT

TOP BINS



2.3m

Number of footie fans who will be packed into 10 German stadiums this summer



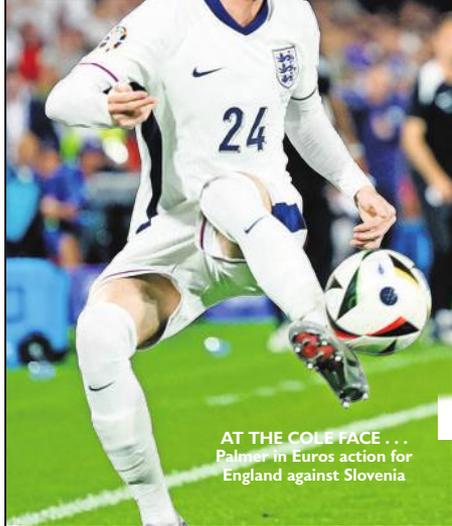
2.7m

Number of cigarette butts littering UK high streets and nearby areas at any one time



If you smoke, bin your butt

EURO 2024 QTR-FINAL ENGLAND



AT THE COLE FACE... Palmer in Euros action for England against Slovenia

COLE HIT THE BAR

COLE PALMER loved the 'madness' of watching the last Euros final down the pub with his mates.

The Chelsea star, with just one full season under his belt as a pro, can hardly believe three years later he has come of age and is playing for England.

Palmer deserves to be a part of Gareth Southgate's squad after a stellar season in which he scored 25 goals in all competitions for the Blues following his £42.5million move from Manchester City.

And his two impressive cameos in the Three Lions' last two games – a 0-0 draw with Slovenia and the 2-1 win over Slovakia – have fans calling for him to start Saturday's quarter-final with Switzerland.

From **DAN KING**

But Palmer, 22, still pinches himself he has come so far since 2021.

He said: "It came up on my phone the other day – I was sat in the pub with my mates.

"It was mad. Just people singing, standing on chairs, stuff like that.

"When you're sat there at the pub, you had people coming up to you saying, 'It's going to be you at the next Euros'.

"So to be here, it's an honour."

Palmer was part of the Young Lions team that won the Under-21 Euros last summer.

He got a first senior call-up last November after a fine start at struggling Chelsea.

Speaking to talkSPORT, Palmer added:

"Even when we were at the 21s Euros last year, we were all sat in the meeting and the manager said, 'It's nice to be at this Euros but your aim is to be at the next Euros and some of you will be'.

"You think, 'This doesn't feel real', or, 'It's not going to be me', as I'd never really played in the Premier League.

"I went to my first camp in November and I remember thinking after that I need to step up a bit more.

"Then we had Newcastle away and I had my worst game of the season.

"I thought, 'Ahhh no'. Then things took off even more.

"After the March camp, I thought 'right, one last push, and was scoring and scoring'.

"So I thought, 'Maybe I have a

chance'. It just felt like my luck was in and everything was working."

Palmer is renowned for his 'ice cool' celebration and his nerveless penalty technique.

The Chelsea star says he is ready to take one for England in a shootout but knows it is a different challenge to taking one in a normal game.

Palmer told the BBC: "I've only taken two in shootouts and missed one – in the Youth Cup with Manchester City but I was a baby.

"It is so much different. I was talking about this the other day.

"When you know you are going to take a penalty you start thinking.

"Then there is the coin toss and you have to stand there and watch everyone take it, the pressure builds up.

"In a game if you miss there is still time to do something, to score.

"Once you miss in a shootout, there isn't time to redeem yourself.

"If you miss and everyone scores, it's your fault. It's just more pressure."

The friends Palmer went to the pub with last time will be watching on Saturday.

He added: "It's good, seeing the fans' videos from back home.

"You go on social media and your mates will go, so you see their stories.

"I've been a fan, everyone's been a fan, so when something happens that you like, you're going to go mad for it. It's nice to make people feel like that."



BREEZED IT... ace's 'cold' celebration

IT'S PHIL

Three 180s at England's HQ

DARTS fan Phil Foden has thrown three 180s at the team hotel in Germany – but the country is still waiting for him to hit the target at Euro 2024.

The Manchester City man's performances in all four games have been hugely frustrating, not just for fans screaming at the TV back home but for the player himself.

And it is now crucial that against Switzerland in the quarter-final on Saturday, the Premier League's player-of-the-season delivers the type of dazzling performance we saw on a regular basis for City.

In England's media centre at Blankenhain Castle yesterday, Foden was asked why after such a terrific campaign, he was not clicking with Jude Bellingham, Harry Kane and also Bukayo Saka.

Foden, 24, said: "I don't know

From **CHARLIE WYETT**



but I've been a little frustrated. I am not going to lie.

"I want to score, to do better things for England. It has not worked out but it is about keeping a good mentality.

"I have not been the best player in the Premier League to come here and not show it. "I feel like every game, I have been moving forward and hopefully, I can put on some good performances and that has always been my aim for England."

Manager Gareth Southgate stands accused of not playing all of his players in their best positions and the obvious case is Foden.

He has been stuck out on the left, even though he has interchanged with Real Madrid star

Bellingham, 21, during games although not to much effect.

Foden's best moments in games so far, including hitting the post against Denmark and having a goal disallowed for offside against Slovakia, have come from central positions.

And he said: "For City, I have moved more centrally and the goals have gone up. I have influenced more games.

"I have always been honest about my position and seen myself as playing in mid-field.

"Even though I have started on the left for England, I've drifted into those other positions.

"It is more how we have been on the ball. They have not been able to find me because of the way the games have gone. "We have not had

many attacks in some games. We have had to dig deep and I am hoping no games are the same and that against Switzerland, I do see more of the ball and that our pressing is good.

"My first game out here was very quiet. I feel that in the games after that, I grew into the tournament.

"I came close a few times. I feel like my performances from the first game have improved."

The biggest question



POINT TO PROVE...

Foden, mocked up playing darts here, is desperate to score for England at the Euros

OUR FAULT

From **Back Page**

and be high up on the pitch and I feel like, sometimes, it has to come from the players.

"So I feel like the players have got to take some of the blame.

"There has to be some leaders to get together and find out a solution as to why it is not working.

"There is only so much the manager can do. He sets us up in a system and tells us how to press. The players have got to adapt better to what the other team is doing.

"It is something we have definitely spoken about recently and going forward, hopefully, you will see a different side, pressing-wise."

During the 2-1 last-16 late show against Slovakia, a number of England's players were arguing with each other.

That included Foden and Kieran Trippier along with Jordan Pickford and his defence. Bukayo Saka also became frustrated.

Foden added: "I think we're going to have to start a lot better than we did against Slovakia, especially after they went one goal up.

"We know we can be a lot better and start games better and it's now all about not dwelling on the past.

We're looking forward to the future and must try to make it right."

Foden looks certain to start against Switzerland despite his below-par performances here.

Meanwhile attacking pal Ollie Watkins (*below*) humiliated himself in front of Ed Sheeran, trying to do one of the star's songs at karaoke.

The singer treated the England squad to a private acoustic show after the last-16 victory.

But as his audience got involved later on, Watkins had a nightmare.

The Aston Villa striker said: "There was a mic going around.

"Everyone had a little sing. I tried to get up but I crumbled.

There's an old song I thought I knew the freestyle words to.

"I've got up and gone, 'Come on, Ed'. He's started rapping then passes me the mic for the singing bit.

"I was out of my depth. I sang the first note and I could see Jude and Trent laughing and thought, 'What am I doing here?'"

"I stopped and the whole room has gone quiet. I was so embarrassed."



AIMING FOR MORE



FODEN FOR ENGLAND BY YEAR

Games: Goals

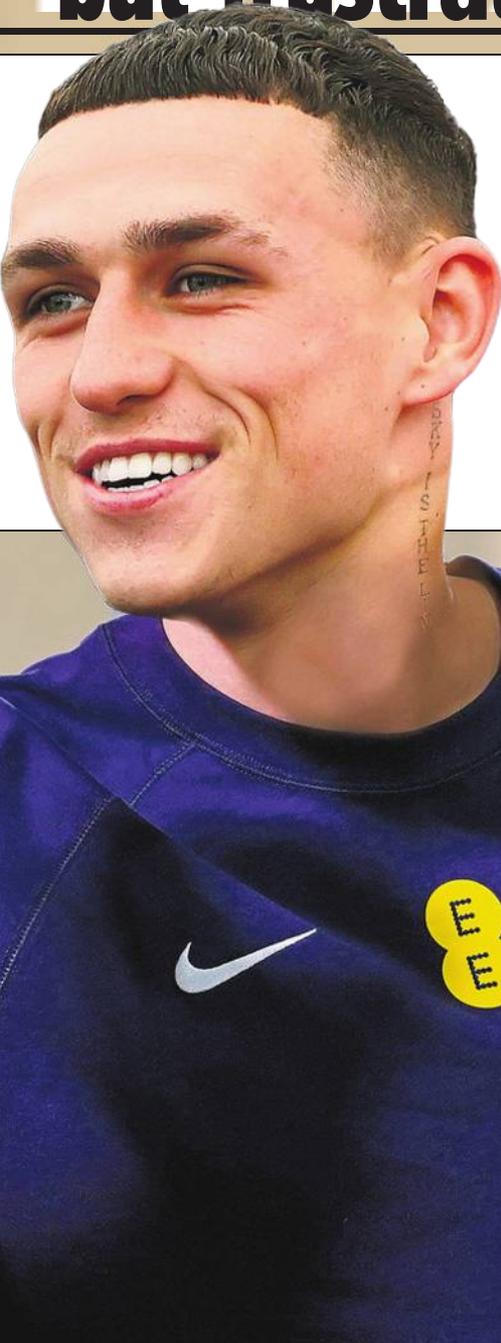


V SWITZERLAND

Saturday, 5pm
BBC 1 & **talkSPORT**

THROWWDEN

but frustrated star eyes different target



on everyone's lips is why he cannot play well with boy wonder Bellingham.

He said: "No I don't agree with that. I feel like we do work well together. It's just the way the games have gone."

"In the last game against Slovakia, we did build on things really well in terms of keeping the ball a lot more."

"We piled pressure on at the end and I feel we can click together in the next game."

One thing Foden is grateful for was Bellingham's wonder goal against Slovakia – as it meant he could avoid baby duties for a few more days.

He had returned to Germany from England after being present at the birth of his third child, a boy.

Talking about Bellingham's leveller, Foden said: "I thought I'm 30 seconds away from doing baby feeds at home... so thanks to Jude for that. It saved me there! It's unbelievable

what he did. It just sums Jude up – he never gives up until the end."

Foden revealed it had been planned that he would return to England in the build-up to the Slovakia game.

He added: "It was arranged. Gareth's really good with things like that."

"Obviously it was mad to go back home and come back out but the main focus is trying to win the Euros."

Foden, who has scored just four goals in 38 caps, knows England face a tough game against the impressive Swiss who will include his City team-mate Manuel Akanji.

He added: "From what I've seen, they've been very good on the ball."

"So we are going to have to get the press right."

"I obviously know Akanji and he is unbelievable on the ball. He is someone who shows so much composure when he is

getting pressed under pressure. He is an unbelievable player so let's hope he has an off-day."

If England do beat the Swiss, that would set up a semi-final in Dortmund on Wednesday against Holland or Turkey.

It will also mean Foden gets a few more days to challenge his team-mates on the oche.

He said: "I love darts. I started playing from about eight or nine. I always had a board up in the house."

"No one's beat me here yet. It's been going good up until now. I've had three 180s on this camp which I'm proud of."

"I've been playing Eze a lot. The more I beat him, the more he tries to play me. Which I like because that's the mentality I've got."

"When I'm losing I always want to play again and that's what he's like. Every time I beat him he's like, 'get your darts, we go again.'"



BULLSEYE...
how darts fan Foden could look at the oche

SHAKE-UP

From Back Page

dilemma, he may not know until tomorrow whether talisman Jude Bellingham will be cleared to play.

England are still waiting on the outcome of Uefa's probe into his groin-grabbing goal celebration in the last-16 extra-time win over Slovakia.

Yesterday was the first time England have practised playing with a back three in Germany as Manchester City duo

Stones and Walker lined up alongside Aston Villa's Kona (right).

Southgate used the system at the 2018 World Cup in Russia – where his side reached the semi-final – and the Euro 2020 final defeat to Italy.

The manager has used a 4-2-3-1 system in the four matches here in Germany but the Three Lions have been slammed for their dire performances.

Switzerland boss Murat Yakin employs a system with three central defenders and Southgate is mulling it over.

Stones, 30, had heavy strapping on his right knee yesterday.

And striker Ivan Toney insisted Shaw, 28, is "training well and looking ready" and added: "We'll have to see what the gaffer does."

Uefa are understood to have contacted the FA on Tuesday and given them and Bellingham three days to explain his celebration.

The Slovakian FA have also been asked for their observations.

In a message on X, Bellingham said: "An inside joke towards some close friends who were at the game. Nothing but respect for how Slovakia played tonight."

He made a similar gesture after big goals for Real Madrid this season, without any punishment from the Spanish FA.

Banned Guehi has emerged as a star at these Euros and has even earned his own song.

The Crystal Palace defender, 23, was shown online tributes with new lyrics to The Real Thing's 70s classic You To Me Are Everything.

The song goes: "You to me are everything, you're taking England to Berlin. Marc Guehi, Marc Guehi."

"And when you play with Johnny Stones, I'm sure that football's coming home, Marc Guehi, Marc Guehi."

He admitted: "For fans to be singing this, it's incredible. It's humbling. But to be getting some appreciation is very, very nice."

"And I'm glad Stoney is in the song, too, not just me."



AT EURO 2024

Games	4	Shots	8	Touches in opposition box	6
Minutes	338	(per 90 mins)	2.1	(per 90 mins)	1.6
Goals	0	Shots on target	2	Chances created	5
Assists	0	(per 90 mins)	0.5	(per 90 mins)	1.3

FOR MAN CITY 2023-24

Games	53	Shots	162	Touches in opposition box	307
Minutes	4,270	(per 90 mins)	3.4	(per 90 mins)	6.5
Goals	27	Shots on target	70	Chances created	107
Assists	12	(per 90 mins)	1.5	(per 90 mins)	2.3



TEAR DE FRANCE

Cav breaks record

By ROB MAUL

MARK CAVENDISH broke down in tears after he stormed to a record 35th Tour de France stage triumph.

The Manx Missile smashed cycling legend Eddy Merckx's tally that had stood since 1975 and admitted: "Wow, I'm in disbelief."

Cav, 39, crossed the line with a **DETACHED** bike chain (right) to grab an incredible 165th career victory – four days after he was violently sick in the saddle.

He sprinted to glory in Saint-Vulbas at the end of the 110-mile fifth stage and said: "It

Turn to Page 46



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MIXED EM&M's

Her Murray dream

By ROB MAUL

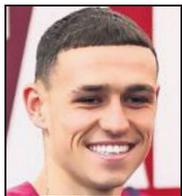
EMMA RADUCANU says it will fulfil 'a childhood dream' to play mixed doubles with **Andy Murray** during his final appearance at Wimbledon.

Muzza texted Raducanu with the offer late on Tuesday night and the 21-year-old (left) could not turn it down.

The 2021 US Open champion smashed Belgian Elise Mertens 6-1 6-2 in the second round of the singles yesterday.

She said: "It's a once-in-a-lifetime opportunity, a dream of mine since I was

Turn to Page 44



FODEN... wants better

Foden: Failings our fault

From CHARLIE WYETT

PHIL FODEN insists England's players are to blame for their poor Euro 2024 displays — after failing to follow Gareth Southgate's orders.

But the Manchester City midfielder is adamant they will raise their game for Saturday's quarter-final against Switzerland.

Asked about the Three Lions playing so negatively in Germany under boss Southgate, Foden said: "He has not set out to do that. In training, he has been telling us to press

Turn to Page 50

ENGLAND v SWITZERLAND

2 DAYS TO GO



LEAP OF FAITH... Bellingham and Shaw are set to see a new England line-up against the Swiss

BACK 3 LIONS

Gareth plots shake-up to release handbrake

GARETH SOUTHGATE is considering moving to a back three for England's quarter-final against Switzerland.

His squad — including left-back Luke Shaw — practised a 3-5-2 formation at their Euro 2024 training base yesterday.

And with centre-back Marc Guehi suspended for Saturday's last-eight showdown in Dusseldorf, manager Southgate (right) is eyeing a major tactical

From CHARLIE WYETT

switch to a back three of Kyle Walker, John Stones and Ezri Konsa.

That would see Trent Alexander-Arnold or Kieran Trippier play right wing-back with Shaw — who is still recovering from a muscle injury that has sidelined him since February — or Bukayo Saka at left wing-back.

To add to Southgate's selection

Turn to Page 51



UNITED OPEN TO RASH OFFERS

See Page 47



Haat trick for Rich

HAATEM will be given the chance to take revenge on his star stablemate Rosallion at Glorious Goodwood.

Richard Hannon will let his pair do battle in the Sussex Stakes. Rosallion has pipped Haatem twice this year but both got on the board at Royal Ascot in the St James's Palace and Jersey respectively.

Hannon, who originally wanted to keep them apart, revealed: "Both

By JACK KEENE

of them are in good form, Rosallion is definitely going to the Sussex and it is first choice for Haatem because he wants a mile and his owners are keen.

"I don't mind it — it's an occupational hazard but it has never been something I've been afraid to do. "It's good for the sport, too, to have these rivalries."



SUPER TEMPLEGATE BASHED BOOKIES WITH 13-2 WINNER
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Appleby bites back

CHARLIE APPLEBY's old boys are earning their dollars in the States — but closer to home he reckons he has a couple of youngsters who can earn their stars and stripes.

Godolphin's main man hopes rising stars Ancient Truth and Aomori City can shine at next week's July Festival. Appleby has scooped \$1.5m in America thanks to two Grade 1s from his new satellite yard. But with no runner in

By GRAHAM CLARK

the Eclipse and after drawing a blank at Royal Ascot last month, he is looking for his two-year-olds to hit back on the July Course.

Appleby (left) said: "Most of the older boys are now over in America. They would have been able to campaign here, but we felt we have a better chance of winning big pots over there. Turn To Page Two



THE HOME OF RACING Favourite

Thursday, July 4, 2024

in association with



By JACK KEENE

DESPERATE Henry Candy hopes Twilight Calls can end the trainer's SEVEN month wait for a win.

The veteran handler is in the middle of the toughest run of results in his stellar 50-year career, with no winners since last November.

Niarbyl Bay got up in the final stride to win by a nose at Wolverhampton 229 days ago, but it's been nothing but heartache since.

So Candy, 79, has called on the best in the business Ryan Moore to end the cold snap in Saturday's Coral Charge at Sandown.

He said: "They've been running well and we've had a few go close, but they aren't winning and it's very boring!"

"I've been around long enough to know that things will eventually turn in our favour, it's just a matter of time and we will keep plodding on doing the same things we've always done.

"But it is incredibly frustrating, for me and the staff who work hard. We need to get the monkey off our back and I'm sure the winners will flow."

Twilight Calls was a solid sixth in a Group 1 at Royal Ascot last month and is 7-2 for Saturday's race. Candy said: "I'm very pleased with him, he's been very lively of late.

"This is more his level and we've got the right man in the saddle in Ryan Moore to get us over the line. It will be a huge relief once we get that first win of the year, then we can all move on!"



WAIT GOES ON — Henry Candy (inset) hopes Twilight Calls can put him out of his misery at Sandown

COULD CALLS

Henry desperate to end 229-day drought

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Favourite HOME OF RACING FIRST PAST THE POST

APPLE HAYLOCK COLOUR CARD

GOING: GOOD TO SOFT

From Page One
Over here those horses we have in America would have run well and finish third, or fourth, in a Prince Of Wales's or an Eclipse.

"However, over there they can go and win those good races, which the results have already shown."

Appleby has a superb record in the Group 2 Superlative Stakes, winning it four times since 2016.

And Ancient Truth, two from two so far, is on course to try and follow in the footsteps of Classic hero Native Trail who won it in 2021.

Appleby said: "It was good to see Ancient Truth back up his maiden win on the July Course last time under a penalty stepped up to seven."

"I felt that he improved again for that run. "He needed to if he was to be a Superlative type of horse. On the back of those two runs we will step him up in class now and it's a race we like to try and win."

Before the Group 2 on July 13, Appleby also hopes Aomori City can shine in Thursday's July Stakes over six furlongs.

The colt won on his debut at Nottingham under James Doyle when backed into the 4-6 favourite having been snapped up for £260,000.

Appleby added: "Aomori City looks like one for the July Stakes on the first day. "He'd worked nicely before his win at Nottingham so we were hopeful there."

"He showed a good attitude and was professional. "You learn about them when you step them up."

2.10 YALE FILLIES' HANDICAP (Class 5) value to the winner £4,187; 1m 4f (5 runners)

- 1 333-11 QUIETNESS 23 (4) M Tregoning 4-9-9..... Rossa Ryan 099
Runs: 6 Wins: 2 (2F) Places: 3 £15,450
Two good wins this season, this trip suits, still fair mark, hard to stop.

BETTING: 8-13 Quietness, 4 Arctic Fox, 6 Dance Time, 7 Switchel, 10 Ready To Shine

WHERE FAVOURITES FINISHED: 2 2 1
2023: Typical Woman 4-9-1, W Buick 6-4 Fav (I Williams), drn 8, 10 ran.

Sunracing FORM

- QUIETNESS (9-10) 5-2 fav soon led, ridden 2f out, driven all out, but Alhatten (9-3) sh hd SWITCHEL (9-7) 50-1 rear, pushed along 2f out, never nearer, (btm 5) (10 ran) (Salisbury 1/1m hcap (4) £5,888 good to firm).

2.40 SELECTA SYSTEMS DAVE NELSON MEMORIAL APP HANDICAP (5); winner £4,187; 5f. (8 runners)

- 1 (6) 7079-00 THE RIDLER 19 (D) R Fahey 4-10-4..... Ethan Tindall (5) 96
2 (1) 6527-42 NOGOS DREAM 33 (P-D) R Hughes 4-10-0..... Ethan Jones (5) 96

2023: Refuge 6-9-4 Lewis Chalkley 15-2 (M & D Easterby) drawn 3, 8 ran.

TEMPLEGATE TOM PEPPER

- 2.10..... Quietness
2.40..... Secret Mistral
3.10..... Raison D'Etre
3.40..... Tiriac
4.10..... Cavallo Bay
4.45..... Kode Secret

TEMPLEGATE'S TRIO: Indemnity (Kempton) and New Kings Road (double, Newbury) with See That Storm (Newbury). TOM PEPPER'S DOUBLE: Smouldering and Tiriac (both Haydock). SUNRATINGS' NAP: RAATEA (3/40 Haydock). SIRIUS, Sun On Sunday, nap: NEW KINGS ROAD (9.00 Newbury)

Sunracing FORM

- THE RIDLER (9-13) 28-1 soon led, pushed along and headed over 2f out, weakened over 1f out, 9th of 20 (well btm) to Holkham Bay (9-9) (York 6f hcap (4) £10,730 good to soft).

3.10 GLOW HEATED GLASS BY TUFFY MAIDEN FILLIES' STAKES (3); 2-y-o; winner £5,400; 6f. (9 runners)

- 1 (4) BROWN GOLD N Norton 9-2..... Mark Winn (3) -
2 (1) DEFINITIVE C Cox 9-2..... Rossa Ryan -

3.40 SUPALITE GROUP HANDICAP (4) value to the winner £6,281; 6f. (13 runners)

- 1 03-067 RAATEA 28 (V*;CD) (12) J Camacho 7-9-11..... Ryan Sexton 099
Runs: 29 Wins: 4 (2F,2A) Places: 6 £78,681

2023: Elinor Dashwood 9-2 Tom Eaves 12-1 (K Ryan) drawn 8, 11 ran.

PERTH JUMPERS

2.18 MAIDEN HURDLE (Class 4); winner £4,084; 2m 4f. (12 runners)

- 1 5-14 KELLS AND CONNOR 47 G Quinn (16) 5-11-4..... S Bowen
2 212 LUCKIE SEVEN 43 N Richards 6-11-4..... D McMenamin

2.48 HANDICAP HURDLE (4); winner £4,753; 2m. (8 runners)

- 1 65-4 WELL PLANTED 50 (CD) R Smith 7-12-0..... G Sheehan
2 2-2 MAX OF STARS 32 (D) O Pears 4-11-10..... B Hughes

3.18 HANDICAP CHASE (4); winner £5,281; 2m 4f. (7 runners)

- 1 P-26 GARDE DES CHAMPRES 19 W Coltherd 10-10-2..... Sean Quinlan
2 5-41 STYLISH RECRUIT 19 (T) A Thomson 6-12-1..... R Mania

3.48 HANDICAP HURDLE (4); winner £4,753; 2m 4f. (11 runners)

- 1 3-4F PETRASTANT 10 (T,CD) D Jefferys 9-12-0..... T Bellarney
2 P-8 P VERNON SUBTLET 36 (P,T) S Leach 7-11-11..... Miss R Leach (7)

4.18 HANDICAP CHASE (5); winner £4,489; 3m. (8 runners)

- 1 7-61 CARDAMON HILL 25 (P,CD) D Sayer 7-12-0..... H Brooke
2 6-52 MEETMENTHORNING 11 (BF) A Thomson 7-11-11..... S Bowen

GOING: GOOD

TEMPLEGATE

- 2.18..... Bishop Hill
2.48..... Darkest Day
3.18..... The Gypsy Davey
3.48..... Malangen
4.18..... Cardamon Hill
4.50..... Diamond State
4.50..... Dalileo

TOM PEPPER

- 2.18..... Luckie Seven
2.48..... Annie Agnew
3.18..... The Gypsy Davey
3.48..... Earth Cry
4.18..... Up For Appeal
4.50..... Diamond State
5.20..... Side Stepper

HANDICAP HURDLE (5); winner £9,961; 3m. (10 runners)

- 1 3-47 SWALLOWS LONG 19 (BF) J Jardine 6-12-0 Johnston (5)
2 9-30 DIAMOND STATE 25 (P,T) L Williams 8-11-11..... A Doyle (5)

HANDICAP HURDLE (5); winner £9,961; 3m. (10 runners)

- 1 1-24 BUY SOME TIME 25 (H,F) R Smith 6-12-0..... S Smith (7)
2 4-1 DALILEO 25 (CD) L Harrison 9-11-12..... P Kavanagh (3)

HANDICAP HURDLE (5); winner £9,961; 3m. (10 runners)

- 1 1-24 BUY SOME TIME 25 (H,F) R Smith 6-12-0..... S Smith (7)
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GOING: GOOD

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HANDICAP HURDLE (5); winner £9,961; 3m. (10 runners)

- 1 1-24 BUY SOME TIME 25 (H,F) R Smith 6-12-0..... S Smith (7)
2 4-1 DALILEO 25 (CD) L Harrison 9-11-12..... P Kavanagh (3)

Sunracing FORM

- RAATEA (9-10) 16-1 rear, headway final furlong, never nearer, 7th of 11 (btm 4/4) to Manilla Scouse (9-0) (Hamilton 6f hcap (2) £15,462 good).

4.10 ODL QUEEN OF THE NORTH EBF NOVICE STAKES (3); 2-y-o; value to the winner £5,400; 7f. (10 runners)

- 1 (9) 51 CAVALLO BAY 14 (P-D) C Appleby 9-10..... Dougie Costello 099
2 (3) 7 BERKSHIRE SMUDGE 46 B Balding 9-4..... Clifford Lee 83

4.45 EUROCELL 'GROW WITH US' HANDICAP (5); 3-y-o; winner £4,187; 7f. (11 runners)

- 1 23231 MOSTAR DREAMS 17 (D) (3) J Jardine 9-11..... Andrew Mullen 98
Runs: 5 Wins: 1 (S) Places: 3 £11,220

5-52 ARKHALIA FLYNN 21 (H) (3) J Channon 9-9..... George Bass (3) 93

0-5211 KODE SECRET 13 (T,D) (9) T Easterby 9-3..... Duran Fentiman 099

0-12-247 PROFIT STREET 18 (7) N Tinkler 9-3..... Tom Eaves 89

0-25217 HOT FRONT 23 (8) P Evans 9-1..... Sean D Bowen (5) 87

0-52-247 AUTUMN ROSE 278 (4) A Carroll 8-13..... Jack Doughty (5) 87

774336 MAYO COUNTY 45 (BF) (10) J Camacho 8-8..... non-runner 85

BETTING: 7-2 Smouldering, 9-2 Kode Secret, 11-2 Mostar Dreams, 7 Project Geofin, 8 Arkhalia Flynn, 12 Profit Street, 16 Mudhafar, 20 Hot Front, 33 Autumn Rose

WHERE FAVOURITES FINISHED: 4
2023: Dee See Are 9-0, Tom Eaves 11-1 (K R Burke), drn 10, 10 ran.

Sunracing FORM

- MOSTAR DREAMS (9-10) 10-1 held up, headway 2f out, led if out, always enough, but Bluffertonthebus (9-3) nk (10 ran) (Carleisle 7f hcap (5) £24,387 soft).

0-5211 KODE SECRET 13 (T,D) (9) T Easterby 9-3..... Duran Fentiman 099

0-12-247 PROFIT STREET 18 (7) N Tinkler 9-3..... Tom Eaves 89

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EACH-WAY THIEF

ALBERT CEE (3/40 Haydock) was impressive here last time and will be there again. Have an each-way double with DUE TO HENRY (4.00 Yarmouth) who was improved from debut when scoring at Lingfield.

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(GOOD)

TAC: Left-handed oval of 1m 5f with a 4f light. 5f & 6f races are run on the straight. **AW:** High best in sprints on soft. **COURTES:** (2019-2024): 375 have won out of 16 races (33.6%). **LIVE ON RACING TV**

HOT 'N' NOT

WINNERS with best record in last 14 days: Appleby 6 from 24; K Ryan 8 wins from 94 runners; M Appleby 6 from 39; A Carroll 7 from 7; A Palmer 7 from 37; R Fahey 6 from 57.

KEYS with best record in last 14 days: ray 6 wins from 26; Mark Winn 4 from 22; K Doughty 3 from 17; S D Bowen 7 from 45.

WINNERS with most runners since last 14 days: R Hughes 33; R Spencer 30; R Hannan M Todhunter 26; R Teal 26; T Easterly 18.

KEYS with most rides since last win: L Owen 78; T Killy-Marshall 42; G Wood 40.

TOP TRAINERS

9-2024 R Hannan 26-178, T Easterly 22-299, Appleby 20-61, K Ryan 18 from 39; A Carroll 17-57, A Palmer 7 from 37; R Fahey 14-217, H Palmer 11-94, J Macho 9-57. **THIS SEASON:** C Cox 3.

TOP JOCKEYS

9-2024 C Rodriguez 12-66, J Hart 12-96, R Hannan 11-92, C Lee 10-29, T Eaves 8-91, J Garrity 8, D Costello 5-29, S Gray 5-49, H Doyle 5-22, Winn 4-21. **THIS SEASON:** Jack Doughty 2.

TRAINER TRACE

BEST RACE FOR NEW YARD: 3.40 Bessbrook C Johnston to A Carroll. **DEFAUC:** K Ryan won the 3.10 in 2022. **2023:** NGEST TRAVELLERS: Quietness (2.10) trained by M Tregoning, Whitsbury, round trip 16 miles; Dashing Harry (2.40), Definitive (0), Sergeant Pep (3.40), Smouldering (5) trained by C Cox, Hungerford, round of 384 miles; Olympus Point (4.10) & Gallo Bay (4.10), C Appleby, Newmarket, and trip 382 miles.

UNDER ORDERS

ORDERED FIRST TIME: 3.40 Raatea. **STRUN SINCE WIND OP:** Ready To Me (2.10).

WATCHER: 2.10 Ready To Shine (won 8 from 5lb to 63); 2.40 Level Up (won off 75 lb to 67); 3.40 Equiano Springs (won off 40 to 4lb to 77); Lucky Man (won off 91 down to 84); Hyperfoc (won off 93 down 9lb to Toussarak (won off 82 down 12lb to 70).

JOCKEY: S D Bowen rides Albert Cec (won for James Owen, 7 from 28, 25%). J Hart 5 Seagalzo (4.10) for H Palmer, 13 from 22%.



Templegate

STEVE MULLEN IS RACING'S No1 TIPSTER

CASH in on INDEMNITY (7.00 Kempton, nap). Roger Varian's hope got the job done nicely at Nottingham last time. He tanked along and James Doyle didn't have to get too serious in running out a comfortable winner over this trip.

He has gone well on the weather before and can take another step forward.

NEW KINGS ROAD looks streets ahead (9.00 Newbury, nb). He has done well since going handicapping with a win at Salisbury sandwiched between a couple of good thirds.

He is best over this mile trip and can score again under Sean Levey (left).

SEE THAT STORM can blow them away (25 Newbury, treble). He makes debut at handicap level from a firm mark of 76 having gone close to Wolver last time. Switching to turf can bring improvement too.

DARKEST DAY looks a bright bet (48 Perth). He came right back to best when a close-up second last time out.

A 3lb rise in the weights looks firm and he stays over this minimum trip that suits him best.

EMPLEGATE'S LUCKY15

- Perth.....DARKEST DAY
- Kempton.....INDEMNITY
- Newbury.....SEE THAT STORM
- Newbury.....NEW KINGS ROAD

YARMOUTH

TEMPLEGATE TOM PEPPER

- 2.30.....Blueflagflyhigh
- 3.00.....Shadow Of Light
- 3.30.....Pretty Thing
- 4.00.....Siempre Arturo
- 4.30.....Salamanca City
- 5.00.....Scarlet Lady
- 2.30.....Lucky's Dream
- 3.00.....God Of War
- 3.30.....Glistening
- 4.00.....Due To Henry
- 4.30.....Salamanca City
- 5.00.....Zaman Daar

TAC: Left-handed oval, flat, galloping track of 1m 4f, straight mile fields. **DRAW:** High numbers best on the straight course, especially in large fields. **LEADING TRAINERS WITH RUNNERS (2019-2024):** J & T Gosden 42-149, W Haggas 32-128, M Bell 20-129, R Varian 19-109. **THIS SEASON:** G Boughy 3, J & T Gosden 3, P McBride 3. **TOP JOCKEYS (2019-2024):** W Buick 36-144, J Mitchell 28-169, M Ghani 24-159, David Egan 19-165. **THIS SEASON:** K Shoemark 4, B Sayette 4, A Farragher 3. **LONGEST TRAVELLER:** Wonder Smile (4.30) trained at Malpas. Round trip of 514 miles. **FIRST RUN SINCE WIND OP:** None. **LIVE ON SKY SPORTS RACING**

2.30 QUINNBET HANDS AND HEELS APP HCAP (Class 5) winner £4,397; 1m 2f (4 runners)

- 1 58-232 BLUEFLAGFLYHIGH 9 (P;BF,D) M Bell 4-9-12.....Joe Bradnam (3) 09
- (4) M Bell 4-9-12.....Joe Bradnam (3) 09
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 25-355 TANGO MAN 9 (B*,T) G Boughy 4-9-11.....Fred Daly (5) 85
- (2) G Boughy 4-9-11.....Fred Daly (5) 85
- Runs: 7 Wins: 2 Places: 3 £5,565
- Drops in class, modest form so far, tries different headgear today

- 3 -11523 CHARLIE'S CHOICE 12 D Simcock 4-9-9.....Kyle McHugh (5) 97
- (3) D Simcock 4-9-9.....Kyle McHugh (5) 97
- Runs: 11 Wins: 2 (2A) Places: 2 £19,223
- Better on the sand, held in similar race last time, needs to find more
- 4 755-71 LUCKY'S DREAM 9 (T;CD) B Brookhouse 9-9-4 (4) Ryan Kavanagh (5) 98
- (1) B Brookhouse 9-9-4 (4) Ryan Kavanagh (5) 98
- Runs: 45 Wins: 10 (2F,7A,G) Places: 7 £76,660
- Bit in hand when scoring latest, likes it here, has every chance again

BETTING: 13-8 Blueflagflyhigh, 2 Lucky's Dream, 3 Charlie's Choice

WHERE FAVOURITES FINISHED & 2023: No corresponding race.

3.00 WEATHERBYS EBF MAIDEN STAKES (4); 2-y-o; value to the winner £5,373; 6f. (11 runners)

- 1 (3) 0 DAPPER QUEST 30 G Margaron 9-7.....Darragh Keenan 70
- (5) 0 DAPPER QUEST 30 G Margaron 9-7.....Darragh Keenan 70
- Runs: 16 Wins: 1 (G) Places: 2 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 52 HAAZEZ 31 (BF) C Fellows 9-7.....Kieran Shoemark 099
- (3) 52 HAAZEZ 31 (BF) C Fellows 9-7.....Kieran Shoemark 099
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 3 KNIGHTMARE D Cunha 9-7.....Rhys Clutterbuck
- (4) KNIGHTMARE D Cunha 9-7.....Rhys Clutterbuck
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 4 LAKERS G Boughy 9-7.....David Egan
- (6) LAKERS G Boughy 9-7.....David Egan
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 5 MAREZAN J Light 9-7.....Ross Coakley
- (7) MAREZAN J Light 9-7.....Ross Coakley
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 6 SHADOW OF LIGHT C Appleby 9-7.....William Buick
- (8) SHADOW OF LIGHT C Appleby 9-7.....William Buick
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 7 07 TOY SOLDIER 7 G Scott 9-7.....Benoit Sayette 77
- (9) 07 TOY SOLDIER 7 G Scott 9-7.....Benoit Sayette 77
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 8 ULTRASOUL R Varian 9-7.....Ray Dawson
- (10) ULTRASOUL R Varian 9-7.....Ray Dawson
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 9 0 DOTTIE DIAMOND 30 W Stone 9-2.....Marco Ghiani 71
- (11) 0 DOTTIE DIAMOND 30 W Stone 9-2.....Marco Ghiani 71
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 10 GRETTA DREAMS S Pearce 9-2.....Jack Mitchell
- (4) GRETTA DREAMS S Pearce 9-2.....Jack Mitchell
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat

BETTING: 9-4 Haazez, 11-5 Shadow Of Light, 4 Lakers, 6 God Of War, 7 Ultrasoul

WHERE FAVOURITES FINISHED: 1, 4, 2

2023: Power Mode 9-7 Kieran O'Neill 71 (Alice Haynes) drawn 6, 13 ran.

3.30 QUINNBET.COM MAIDEN FILLES' STAKES (5); 2-y-o; value to the winner £3,672; 7f. (8 runners)

- 1 (5) 4 BAILEYS HONEYMOON 41 A Murphy 9-2.....Ray Dawson 84
- (1) 4 BAILEYS HONEYMOON 41 A Murphy 9-2.....Ray Dawson 84
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 7 BINTMAHA 24 W Knight 9-2.....Marco Ghiani 73
- (3) 7 BINTMAHA 24 W Knight 9-2.....Marco Ghiani 73
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 3 EIGHTH AVENUE 22 S & E Crisford 9-2.....Harry Davies 97
- (4) EIGHTH AVENUE 22 S & E Crisford 9-2.....Harry Davies 97
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 4 EL FOX M Botti 9-2.....Jack Mitchell
- (6) EL FOX M Botti 9-2.....Jack Mitchell
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 5 6 FOUITE 35 J Horton 9-2.....Adam Farragher 80
- (8) 6 FOUITE 35 J Horton 9-2.....Adam Farragher 80
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 6 GLISTENING 15 D Loughane 9-2.....David Egan 099
- (2) GLISTENING 15 D Loughane 9-2.....David Egan 099
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 7 42 PRETTY THING 15 D Loughane 9-2.....David Egan 099
- (8) 42 PRETTY THING 15 D Loughane 9-2.....David Egan 099
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 8 6 SOPELANA 7 G Scott 9-2.....Benoit Sayette 77
- (4) 6 SOPELANA 7 G Scott 9-2.....Benoit Sayette 77
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat

BETTING: 13-8 Eighth Avenue, 9-4 Glistening, 5 Pretty Thing, 7 Fouite, 12 El Fox

WHERE FAVOURITES FINISHED & 2023: No corresponding race.

KEMPTON TONIGHT

5.15 FILLIES NOVICE (Class 5); 2-y-o; winner £3,672; 7f. (6 runners)

- 1 (3) 71 JAKARTA 40 P & O Cole 9-3.....T Marquand
- (2) 71 JAKARTA 40 P & O Cole 9-3.....T Marquand
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 4 LOCH LEVEN 41 O Sangster 9-2.....J Spencer
- (6) 4 LOCH LEVEN 41 O Sangster 9-2.....J Spencer
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 3 4 MODERN UTOPIA 24 G Scott 9-2.....C Shepherd
- (4) 4 MODERN UTOPIA 24 G Scott 9-2.....C Shepherd
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 4 60 MY CANDY GIRL 12 K Jewell 9-2.....E Greatrex
- (5) 60 MY CANDY GIRL 12 K Jewell 9-2.....E Greatrex
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 5 SEARCHING THEBELLS M Usher 9-2.....T Heard (3)
- (8) SEARCHING THEBELLS M Usher 9-2.....T Heard (3)
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 6 8 WAZCH 21 W Ward 9-2.....D Muscatt
- (4) 8 WAZCH 21 W Ward 9-2.....D Muscatt
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat

11-2 Jakarta, 13-8 Modern Utopia, 3 Loch Leven

5.50 FILLIES NOVICE STAKES (5); winner £3,780; 1m 3f. (10 runners)

- 1 (10) 8 AUTUMN'S BREEZE 22 G & J Moore 3-9-2.....T Queally
- (2) 8 AUTUMN'S BREEZE 22 G & J Moore 3-9-2.....T Queally
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 65 BITTALAMON 41 (BF) W Haggas 3-9-2.....T Marquand
- (3) 65 BITTALAMON 41 (BF) W Haggas 3-9-2.....T Marquand
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 3 73 DOMAINE DES COMBES 18 B Beckett 3-9-2.....R Hornby
- (4) 73 DOMAINE DES COMBES 18 B Beckett 3-9-2.....R Hornby
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 4 48 EVERYWHERE 33 Sir M Stoute 3-9-2.....R Kingscote
- (5) 48 EVERYWHERE 33 Sir M Stoute 3-9-2.....R Kingscote
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 5 0 INWISPER PEARL 27 T Ward 3-9-2.....C Shepherd
- (6) 0 INWISPER PEARL 27 T Ward 3-9-2.....C Shepherd
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 6 632 JUNE BERRY 69 (P;BF) J & T Gosden 3-9-2.....James Doyle
- (7) 632 JUNE BERRY 69 (P;BF) J & T Gosden 3-9-2.....James Doyle
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 7 0 M BURNING 49 O Burrows 3-9-2.....J Crowley
- (8) 0 M BURNING 49 O Burrows 3-9-2.....J Crowley
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 8 4 PLACE OF SAFETY 48 J & T Gosden 3-9-2.....R Havlin
- (9) 4 PLACE OF SAFETY 48 J & T Gosden 3-9-2.....R Havlin
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 9 35 SONG OF APPIN 18 B Meahen 3-9-2.....B Loughane
- (10) 35 SONG OF APPIN 18 B Meahen 3-9-2.....B Loughane
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 10 5 STRETCH 13 J Channon 3-9-2.....D Dawes (5)
- (4) 5 STRETCH 13 J Channon 3-9-2.....D Dawes (5)
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat

Juneberry, 10-3 Everywhere, 4 Place Of Safety

6.25 FILLIES NOVICE STAKES (5); winner £3,780; 1m 3f. (9 runners)

- 1 (9) 0-3 CONSUETO 28 B Beckett 3-9-2.....R Hornby
- (2) 0-3 CONSUETO 28 B Beckett 3-9-2.....R Hornby
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 7 FALSETTO A Balding 3-9-2.....J Watson
- (4) 7 FALSETTO A Balding 3-9-2.....J Watson
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 3 76 FIGHT FOR YOU 18 J & T Gosden 3-9-2.....R Havlin
- (5) 76 FIGHT FOR YOU 18 J & T Gosden 3-9-2.....R Havlin
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 4 3 LA CADALORA 232 (H*) J Fantham 3-9-2.....D Shepherd
- (6) 3 LA CADALORA 232 (H*) J Fantham 3-9-2.....D Shepherd
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 5 47 MAWAVED 23 M Tregoning 3-9-2.....J Crowley
- (7) 47 MAWAVED 23 M Tregoning 3-9-2.....J Crowley
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 6 33- ROUGE SELLER 242 (H*) Sir M Prescott 3-9-2.....L Morris
- (8) 33- ROUGE SELLER 242 (H*) Sir M Prescott 3-9-2.....L Morris
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 7 3 RUSSIAN CRESCENDO W Haggas 3-9-2.....T Marquand
- (9) 3 RUSSIAN CRESCENDO W Haggas 3-9-2.....T Marquand
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 8 5 TOP SPIN LOB 28 (H) H Charlton 3-9-2.....L Edmunds
- (10) 5 TOP SPIN LOB 28 (H) H Charlton 3-9-2.....L Edmunds
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat

Top Spin Lob 099, Rouge Seller 95, La Cadalora 85

2-5 Consuelo, 4 Rouge Seller, 13-2 Russian Crescendo, 7 La Cadalora, 8 Fight For You, Falsetto, Top Spin Lob

7.00 HANDICAP (4); winner £5,757; 1m. (12 runners)

- 1 (12) -521 INDEMNITY 21 (R) R Varian 4-9-9.....James Doyle
- (2) -521 INDEMNITY 21 (R) R Varian 4-9-9.....James Doyle
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 2 4-58 DIAMOND RANGER 14 J Osborne 5-9-8.....W Carver (3)
- (9) 4-58 DIAMOND RANGER 14 J Osborne 5-9-8.....W Carver (3)
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 3 1004 SUNDAM AMBUSH 21 (T;CD) A Balding 4-9-7.....J Watson
- (4) 1004 SUNDAM AMBUSH 21 (T;CD) A Balding 4-9-7.....J Watson
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 4 414 THRONH HALL 44 (BF) A Watson 7-9-7.....H Macdonald (7)
- (7) 414 THRONH HALL 44 (BF) A Watson 7-9-7.....H Macdonald (7)
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 5 571 PUMALIN PARK 18 (TD) Sir M Stoute 4-9-4.....R Kingscote
- (6) 571 PUMALIN PARK 18 (TD) Sir M Stoute 4-9-4.....R Kingscote
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 6 1-77 TAHITIAN PRINCE 41 (P;T;CD) G Baker 7-9-3.....N Callan
- (8) 1-77 TAHITIAN PRINCE 41 (P;T;CD) G Baker 7-9-3.....N Callan
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 7 24-5 CABINET OF CLOWNS 47 (D) E J-Houghton 5-9-3.....B Loughane
- (10) 24-5 CABINET OF CLOWNS 47 (D) E J-Houghton 5-9-3.....B Loughane
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 8 6000 TROON 8 (T;C) A West 4-9-2.....R Havlin
- (9) 6000 TROON 8 (T;C) A West 4-9-2.....R Havlin
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 9 6057 CITY OF YORK 11 (H;CD) D Simcock 4-9-2.....C Shepherd
- (10) 6057 CITY OF YORK 11 (H;CD) D Simcock 4-9-2.....C Shepherd
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 10 3008 AUTUMN FESTIVAL 19 (B;CD) E De Giles 5-9-2.....L Morris
- (11) 3008 AUTUMN FESTIVAL 19 (B;CD) E De Giles 5-9-2.....L Morris
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 11 1-10 WHITCOMBE ROCKSTAR 8 (T;CD) K Burke 5-9-2.....J Gordon
- (12) 1-10 WHITCOMBE ROCKSTAR 8 (T;CD) K Burke 5-9-2.....J Gordon
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat
- 12 -294 KING OF FURY 18 T Kent 4-9-6.....S De Sousa
- (11) -294 KING OF FURY 18 T Kent 4-9-6.....S De Sousa
- Runs: 16 Wins: 1 (G) Places: 3 £17,332
- Went close again latest, likes this trip on fast ground, the one to beat

Indemnity, 4 Pumalin Park, 7 Sudden Ambush, 8 Cabinet Of Clowns, King Of Fury, Throne Hall, 14 City Of York

GOING: GOOD

4.00 QUINNBET BEST ODDS HANDICAP (5) winner £4,397; 1m 2f (7 runners)

- 1 -21051 SIEMPRE ARTURO 19 (D) D & C Kubler 4-10-4.....David Egan 099
- (6) D & C Kubler 4-10-4.....David Egan 099
- Runs: 7 Wins: 3 (2A,GS) Places: 1 £17,969
- Up 4lb for win over this trip latest, best with some cut, won't be far away
- 2 51 DUE TO HENRY 24 E J-Houghton 3-9-8.....George Downing 86
- (1) E J-Houghton 3-9-8.....George Downing 86
- Runs: 2 Wins: 1 (G) Places: 1 £3,942
- Much improved when winning latest, up in trip here, capable of better

- 3 2-2543 GALACTIC CHARM 28 (P*) M Bell 3-9-6.....Harry Davies 85
- (5) M Bell 3-9-6.....Harry Davies 85
- Runs: 7 Wins: 1 Places: 4 £12,788
- Went close over this trip latest, shapes like further would be ideal

MEMBERSHIP TOUG

6.10 RAPID PERSONNEL APPRENTICE HANDICAP (Class 5); value to the winner £5,757.5f. (10 runners)

6.45 ENGLISH PROVENDER FILLIES' NOVICE STAKES (4); 2-y-o; winner £6,480; 6f. (9 runners)

7.20 THE KNOT AT UFTON COURT NOVICE STAKES (4); 2-y-o; value to the winner £6,480; 6f. (10 runners)

7.55 BILLINGTON FUTURE HUNDICAP (4); winner £7,328; 7f. (8 runners)

SURRACING FORM
WOODSTOCK (10-0) 11-1 in touch, pushed along and headway 2f out, ridden if out, kept on foot (9/7) to see The Dream (10/3) (Cotterick, 7) hcap (4) £25,234 good to firm.

MEMBERSHIP TOUG

4.25 FILLIES MAIDEN STAKES: 2-y-o; winner £14,999; 1m. (10 runners)

4.55 HANDICAP: 3-y-o; winner £6,300; 1m. (12 runners)

5.30 APPRENTICE HANDICAP: winner £6,300; 1m. (15 runners)

6.00 MAIDEN AUCTION STAKES: 2-y-o; winner £12,000; 5f. (12 runners)

2 Lethmify, 5-2 Sharkki, 11-2 Desert Cyclone, 8 Wise Men Say

GOING: GOOD TO FIRM

TEMPLEPEL Hurt You Never 6.10 6.45 Handicuffed 7.20 King Of Bards 7.55 Hat Toss 8.25 See That Storm 9.00 New Kings Road (nb)

TIC-TAC: LH oval track of 1m 7f, straight mile main circuit under 5f from home. DRAW: High numbers best in large fields, especially in soft. LEADING TRAINERS (2019-2024): R Hannan 53-456, W Higgins 41-1, A Balding 29-256, E Walker 22-166. THIS SEASON: W Higgins 4, R Hannan 3, TOP JOCKEYS (2019-2024): M Murphy 40-221, S M Foley 25-191, THIS SEASON: O Murphy 5, C Bishop 2, P Dobbs 2.

8.25 FUTURE SOUND AT THE BILLINGTON FOUNDATION HANDICAP (5); winner £5,757; 1m 2f. (12 runners)

9.00 BILLINGTON FOUNDATION (STR) (5); 3-y-o; value to the winner £5,757; 1m. (10 runners)

GREYHOUND ROUND-UP
SELECTIONS
NOTTINGHAM: 11.09 Tidy Up Clough (4-5) 11:27 Glideway Bono (6-5) 11:43 (4-6) 7-Jess (2-4) 12:01 Mofy 9-5 J. Johnston 9-9

EMMONS HAMES
4.25 Now 4.55 Thrifty Of Digby (nap) 5.30 Wise Men Say 6.00 Rathanranchurch 6.35 Rathanranchurch 7.10 Thefullback 7.45 Say It So (nb) 8.20 Samui

GOING: GOOD TO YIELDING

EMMONS HAMES
4.25 Now 4.55 Thrifty Of Digby (nap) 5.30 Wise Men Say 6.00 Rathanranchurch 6.35 Rathanranchurch 7.10 Thefullback 7.45 Say It So (nb) 8.20 Samui

EMMONS HAMES
4.25 Now 4.55 Thrifty Of Digby (nap) 5.30 Wise Men Say 6.00 Rathanranchurch 6.35 Rathanranchurch 7.10 Thefullback 7.45 Say It So (nb) 8.20 Samui

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4.25 Now 4.55 Thrifty Of Digby (nap) 5.30 Wise Men Say 6.00 Rathanranchurch 6.35 Rathanranchurch 7.10 Thefullback 7.45 Say It So (nb) 8.20 Samui

2 Say It So, 4 Macinaminion, 6 Hungry Rock, 8 Tom The Plasterer, 10 Yenillick, 12 Fire Coral, Futurum Regis

GOING: GOOD TO YIELDING

EMMONS HAMES
4.25 Now 4.55 Thrifty Of Digby (nap) 5.30 Wise Men Say 6.00 Rathanranchurch 6.35 Rathanranchurch 7.10 Thefullback 7.45 Say It So (nb) 8.20 Samui

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RACING RESULTS

COMMONWEALTH CUP
her Inisherin is all set for the July Cup at Newmarket. Kevin Ryan's stable star, who was sixth in the 2,000 Guineas, has relished a drop to six furlongs, winning the Sandy Lane before his easy win at Royal Ascot.

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14 Qasbar, 20 Queenie St Clair, 33 Oranmore

EMMONS HAMES
4.25 Now 4.55 Thrifty Of Digby (nap) 5.30 Wise Men Say 6.00 Rathanranchurch 6.35 Rathanranchurch 7.10 Thefullback 7.45 Say It So (nb) 8.20 Samui

goals



in association with



 Portugal v France 

Tomorrow, 8pm, BBC1 & 

EXCLUSIVE
By ALESSANDRO SCHIAVONE

ABEL XAVIER claims Cristiano Ronaldo's 'anxiety' to score at all costs in his final Euros is holding back Portugal.

But ex-Liverpool defender Xavier does not believe his compatriots would carry the same threat without the 39-year-old superstar leading their attack.

Ronaldo is yet to find the net at Euro 2024 and broke down in tears halfway through extra-time after missing a penalty in Portugal's win over Slovenia on Monday.

The former Manchester United and Real Madrid forward redeemed himself by hammering home as his side won the shootout 3-0.

Xavier (*inset*) told SunSport: "When you are anxious to produce because you feel you're still a decisive player there are moments, things don't go your way."

"But it's not a lack of confidence. If Cristiano wasn't a strong character, he wouldn't have taken the penalty in the shootout."

"He never gives up, it's his mental condition and I think that he's a great example."

"He already made a great statement saying it was his last Euros."

"That means that Ronaldo is fighting against himself, he wants to end it on a high and show he can still be a game-changer."

"That explains all the emotions in the game. In his mind he knows it's going to be his last opportunity."

"But sometimes this anxiety linked to his own personal performance affects the team."

There have been suggestions that Portugal boss Roberto Martinez feels forced to play Ronaldo due to the player's character and pedigree.

But Xavier disagrees with that – and the idea Ronaldo is too selfish.

The former full-back, who also played for Everton and Middlesbrough, said: "I don't think the

Turn to Page 3



GIVE ME STRENGTH
... Ronaldo looks to the sky against Slovenia and (*inset*) Diogo Dalot consoles tearful star after penalty miss

CAN'T DO RIGHT FOR DOING RON

Legend Xavier: CR7's just trying too hard



From JACK ROSSER in Paderborn

QUESTIONING Kylian Mbappe can be a mug's game – so here we go...

France are yet to see one of their own players score from open play at Euro 2024 and, ahead of tomorrow's quarter-final against Portugal and Cristiano Ronaldo, Les Bleus need masked-man Mbappe to come alive.

The French captain scored a penalty in the 1-1 Group D draw with Poland and the only other two occasions his side have found the net have been own goals.

Mbappe, 25, suffered a broken nose late in France's 1-0 opening win over Austria.

And Didier Deschamps' No2 Guy Stephan admits the mask he has been wearing as a result may be affecting their star forward.

He said: "We haven't paid enough attention to the trauma he had.

"It doesn't explain everything, I agree, but it was a very traumatising shock.

"He is playing with the mask which is not easy, not easy for the peripheral vision."

A disrupted end to the season with Paris Saint-Germain – ahead of his move to Real Madrid – also meant Mbappe's fitness has taken a hit.

He could not train fully in the build-up to the tournament in Germany, managing his load through France's warm-up games ahead of arriving at their Paderborn HQ.

Assistant coach Stephan added: "He had a difficult end of the season with PSG.

"Kylian is Kylian, I am not going to tell you about all the goals and assists.

"On average, he has a goal every other game with us.

"He is an amazing player at the top level, sometimes these amazing players don't have 100 per cent performance.

"He is very present, brings the team together and is good at preparing them."

Mbappe had looked electric on the ball against Austria before breaking his nose.

But there were still signs things were not quite right.

Leaving two Austrian defenders in his wake with a stunning run, he just needed to roll in a simple one-on-one – and missed.

Match sharpness was something Mbappe addressed ahead of that

The mask of sorrow

IT HAS BEEN 'TRAUMATIC' FOR MBAPPE



first game. He said: "The most important thing isn't necessarily physical, the most important thing is mental.

"How far am I prepared to go to win? I'm ready to do anything to try and win and that's the most important thing.

"I'd rather have my head than my legs. If you have both, it's better and I hope to have both.

"For the moment, what's certain is that I've got my head and we'll see if I've got my legs too.

"So the most important thing is to be connected and fully committed to our mission."

Completing that mission would not only add a European title to the World Cup Mbappe has already won but would make up for his decisive penalty shootout miss as Les Bleus crashed out in the last 16 to Switzerland in 2021.

Mbappe loiters on the edge of games, waits for his moment to strike – but that killer touch has

simply not been there so far. There will always be incredible focus on every touch and move the No10 makes.

But even more so now he will become a Real Madrid player following this tournament.

Mbappe is the closest thing the Spanish giants have had since Ronaldo's departure in 2018.

CR7, 39, is an idol to the French forward – who will now look to emulate him in LaLiga.

Mbappe famously grew up with pictures of Ronaldo plastered on his bedroom wall.

But, right now, Portugal are taking a lot of heart from the fact their opponents in Hamburg are struggling in front of goal.

Nuno Mendes, who plays for PSG, was asked to explain France's lack of goals.

He said: "I don't know – but it's good for us, it's a good sign.

"They are a team from which we can expect anything."

SAVE YOUR SPOT FOR THE QUARTERS

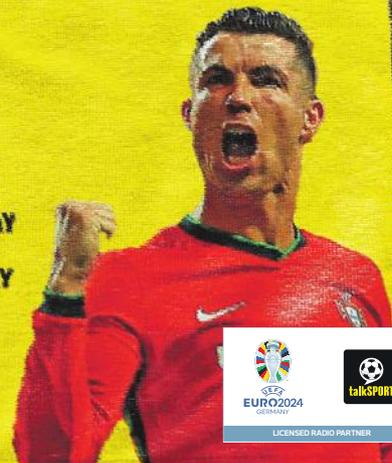
LIVE FREE COMMENTARIES

SPAIN v GERMANY 17:00 K.O TOMORROW

PORTUGAL v FRANCE 20:00 K.O TOMORROW

ENGLAND v SWITZERLAND 17:00 K.O SATURDAY

NETHERLANDS v TURKEY 20:00 K.O SATURDAY



talkSPORT NO ONE BEATS US TO THE EUROS



in association with



14

FRANCE have only lost one of their last 14 matches against Portugal (W11 D2) — although that defeat was in the Euro 2016 final. They drew 2-2 in Group F at Euro 2020.

7

THIS will be Portugal's seventh appearance in the European Championship quarter-finals — more than any other side since the stage was introduced in 1996.

MOST SHOTS

20
Cristiano Ronaldo
15
Kai Havertz
Kylian Mbappe

MOST PASSES

431
Toni Kroos
(Germany)

MOST SHOTS WITHOUT GOAL FROM OPEN PLAY

66
France

MOST TEAM SHOTS

82
Spain

HIGHEST AVERAGE POSSESSION

68.6%
Portugal

MOST SAVES

30
Giorgi Mamardashvili
(Georgia)

THE KYLIAN DOLLAR QUESTION . . . can Mbappe shrug off his injury woes and burst into life at Euro 2024?



BIG CALL . . . Xavier's handball at Euro 2000

DO RIGHT FOR RON

From Page 1

coach is under any outside pressure to start him.
"Cristiano plays because he is very important for Portugal.
"We always think he needs to score and create but Cristiano now is more mature and understands that his style of play has changed.
"Often he doesn't score but opens up spaces for other players.
"His presence attracts a lot of attention from the opposition.
"Against Turkey he could have scored as he was one-v-one with the goalkeeper but preferred to pass to Bruno Fernandes.
"This shows that a big individual figure like Cristiano Ronaldo is also playing for the team.
"If we raise our level and become more solid and strong I am sure Cristiano will start to score. We haven't played so well

and I hope the level of performance can increase.
"But now that the tournament reaches its climax, usually the greatest players step up.
"France v Portugal is an anticipated final. It's going to be not just tough for Portugal but also for France.
"Both sides have not been consistent during the Euros.
"It's an all-time rivalry, the breaking point was Euro 2000 when I was involved.
"But the Cristiano Ronaldo generation made a great statement to win the Euros in France in 2016."
Xavier notoriously handled striker Sylvain Wiltord's goal-bound effort deep into extra-time at Euro 2000 when the two countries met in the semi-final.
Thierry Henry had cancelled out Nuno Gomes' first-half opener for the Portuguese — before

Xavier conceded the 117th-minute penalty. Zinedine Zidane converted to win it and France went on to beat Italy in the final.
Now 51, Xavier explained: "It was not a penalty because I don't have any intention of touching the ball. It's the ball that hit my hand."
"The ball came fast and hit my hand which went backwards.
"If you analyse the images, my hand never goes out of movement — my hand never went up but backwards.
"The referee didn't immediately blow because he didn't see! But the pressure from France's players towards the linesman led to him making a sign to the referee who then awarded a penalty.
"But why? That is the question and a reason my career changed, it was traumatic.
"We were supposed to win that Euros because we were the best

team. It's normal that you never want to be connected with a moment like that. We're talking about a country of 12 million people with high expectations.
"From that Golden Generation of Portugal, 14 players signed big contracts after Euro 2000.
"I was doing a huge tournament and impressed huge clubs playing the Champions League like Bayern Munich and Borussia Dortmund.
"But I got banned from international football (for complaining to the referee) which denied my transfer chances.
"People remember me only because of that handball.
"If you go back in time Diego Maradona was also remembered by the handball against England.
"There are moments which define a footballer. I cannot clear my past, my history or the one of Portugal. I can only be myself."

goals EURO 2024

2 MERIH DEMIRAL is the first defender to score two goals in the same Euros or World Cup knockout game since France's Lilian Thuram against Croatia in the 1998 World Cup semi-finals.



DEMIRAL... gesture

Demiral's wolf woe

From MARTIN LIPTON

TURKEY match-winner Merih Demiral faces a likely Euro 2024 quarter-final ban for a goal celebration associated with fascist groups.

Demiral, 26, marked his first-minute opener in the thrilling last-16 win over Austria by raising the index and little finger of each hand above his head.

That is the "grey wolf" symbol of a far right extremist group linked to Turkey's Nationalist Movement Party, part of controversial President Recep Erdogan's ruling coalition.

The gesture is BANNED in Austria and France as an act supporting terrorism.

Demiral said: "I had a specific celebration in mind — something connected to my Turkish identity."

FOCUS ON GAK ATTACK

See Page 8



ARNAUTOVIC... upset

Marko is set to go

From MARTIN LIPTON

MARKO ARNAUTOVIC is ready to quit international football after Austria's Euro 2024 heartbreak.

The ex-Stoke and West Ham striker, 35, said: "I have to reflect on everything with my family now."

"But it may be the last game for me — it's madness I'm feeling inside."

Michael Gregoritsch, who got Austria's goal in the 2-1 last-16 loss to Turkey on Tuesday, said: "So many stood behind us, we appreciate that. The country can be proud of itself."

Boss Ralf Rangnick took a veiled dig at Euros heavyweights like England when he added: "I have seen other games where it was difficult to stay awake but that was not the case with our matches."



Gunok save makes all-time great list

GLOVELY JUBBLY

IT was a save that prompted sheer disbelief and will feature in Euros showreels forever more.

Turkey thought they had been denied when Christoph Baumgartner powered a header towards the far corner as Austria trailed 2-1 in the final seconds of their last-16 clash.

But Mert Gunok somehow tipped the ball away — and the stop was instantly hailed as one of the best in European Championship history.

SunSport's MARTIN LIPTON ranks his all-time top tournament saves — and adds one which will be remembered for all the wrong reasons...



1

BANKS V PELE

Guadalajara, World Cup 1970

SURELY the one save that will never be topped — at least as far as England fans are concerned.

For about the only time in this group-stage clash, Brazil's Jairzinho got past Terry Cooper and crossed to the back post.

Pele rose and thundered his header down — but Gordon Banks reached back to flip the ball over the bar. Even Pele admitted he had never witnessed anything like it... nor had anybody else.



ZOFF V OSCAR

Barcelona, World Cup 1982

MOST remember this group-stage match for the Paolo Rossi hat-trick that dumped Brazil out.

But in many ways it was Dino Zoff's moment as the 40-year-old Italy keeper made a series of superb stops.

But he saved the best until last, with just a minute to go, when Eder curled a free-kick in for Oscar to head towards the corner.

But Zoff parried and then grabbed the ball before it dribbled over the line.

3



4

MARTINEZ V KOLO MUANI

Lusail, World Cup 2022

ARGENTINA had looked in control of the 2022 World Cup final — until France's Kylian Mbappe took over.

Yet Argie keeper Emil Martinez's 123rd-minute save from Randal Kolo Muani was the key moment.

Les Bleus' Kolo Muani later admitted: "This will be in my throat for the rest of my life."

in association with



57

DEMIRAL'S opener after 57 seconds was the second first-minute goal at Euro 2024 — there had never been one in the previous 16 Euro final tournaments.

3

ALL three goals in Turkey's win over Austria were from set-pieces — the first game on record in Euro history (since 1980) to have three goals from set-plays.



TOP OF THE STOPS
GUNOK'S SAVE IN NUMBERS

Time	94m 0s
Distance of effort	7.24 yards
Ball speed	44mph
Reaction time	0.26sec
Distance moved	2.9 yards
Distance pushed away	8 yards

GUNOK AT EURO 2024

Games	3
Saves	12
Save percentage	80%
Goals conceded	3



2

GUNOK v BAUMGARTNER
 Leipzig, Euro 2024

AS the final act of a pulsating last-16 tie, this was perhaps the greatest DECISIVE save of all time. Austria's Christoph Baumgartner powered off the turf as he headed down and back across goal. It made Turkey keeper Mert Gunok's sensational reactions to read the bounce and turn the ball behind all the more remarkable (right). Devastated Austria boss Ralf Rangnick said: "It's difficult if you have Gordon Banks in goal."

5

Berlin, World Cup 2006
BUFFON v ZIDANE

MOST will point towards Zinedine Zidane's headbutt on Marco Materazzi as the key point in the 2006 World Cup final. But it could also be Italy No1 Gigi Buffon making the save of the tournament in extra-time. France's Zidane steamed in with a header from Willy Sagnol's cross but Buffon extended his arms up to turn the ball behind.

6

SCHMEICHEL v KLINSMANN
 Gothenburg, Euro 1992

PETER SCHMEICHEL'S thrilling save from Jurgen Klinsmann's late header is the one seen on the highlights reels — but the Denmark legend insists his first-half stop to deny "Klinsi" was the best of the Euro 1992 final. The German icon's shot from just outside the box was heading towards the far bottom corner but, despite seeing it late, Schmeichel dived to tip the effort behind.

LUIS SUAREZ'S 'save' in the 2010 World Cup quarter-finals kept Uruguay in the tournament. Late in extra-time, the striker stopped Ghana's Stephen Appiah — legally — on the line but then batted away Dominic Adiyiah's rebound with both hands and saw red. Asamoah Cyan smashed the resulting spot-kick against the bar — leading Suarez to celebrate wildly while Uruguay went on to win the shootout.





EURO 2024 489

TONI KROOS has had 489 touches of the ball so far at Euro 2024 — at least 100 more than any other player. England defender John Stones is next with 386, followed by Kroos' German team-mate Antonio Rudiger with 383.

YOU'LL MISS ME WHEN I'M GONG

Trophy-laden Kroos keen to delay retirement



KROO MATES . . . Toni Kroos stands proudly with club president Florentino Perez in front of his Real Madrid trophy haul just days before he lifted a fifth European Cup with Los Blancos

From **MARTIN LIPTON**

TONI KROOS is desperate to put his retirement on hold for another few days — by ending Spain's Euro 2024 hopes.

Veteran schemer Kroos, 34, will bring down the curtain on his trophy-laden career when Germany's tournament is over.

That could be as soon as tomorrow night, with Julian Nagelsmann's side facing the stand-out favourites.

Kroos left Real Madrid just four days ago after ten years at the Bernabeu where he won 23 trophies, including five European Cups, four LaLiga titles and five Club World Cups.

He also won a European Cup with Bayern Munich in 2013, three Bundesliga crowns and a hat-trick of German Cups.

And the 2014 World Cup winner wants to make sure his European Championship does not end in Stuttgart as it is the only gong he is missing from his impressive collection.

The midfielder (right) said: "Of course it goes through my head that this could be my last-ever game but it doesn't bother me.

"It's a motivation to think it's not the last game. I experienced the same thing against Denmark but that didn't worry me either.

"As I said, it's a motivation to hold out as



long as possible. It was my decision to retire after the Euros.

"I know the situation and I can handle it. There will be moments when I will miss football.

"No matter what happens after that or what hobbies I take up, there will be nothing that I will be as good at as playing football.

"So of course I am aware of that and it is not far away now. But I'm not afraid of it.

"I will be happy with a life without football but I want to hold out until the end."

Kroos recognises the challenges posed by Luis de la Fuente's men.

German boss Nagelsmann is understood to be contemplating moving to a back three with wing-backs in a bid to stifle the threat posed by Lamine Yamal and Nico Williams, as the hosts seek their first tournament win over Spain since 1988.

When it was pointed out 16-year-old Yamal was just **TWO MONTHS OLD** when Kroos made his Bayern debut in 2007, he laughed

and admitted: "That doesn't make me feel any younger! I thought I started early but things seem to be happening earlier and earlier now.

"You can rightly say that he is the best man at Barcelona and we have prepared for him and Williams.

"Our full-backs are also important but we know that we have to defend as a team and to keep him on as short a leash as possible."

Kroos suggested he expected to have a personal duel with Manchester City's Rodri, who he described as "someone who was predestined to be a Pep Guardiola

player", who was his old boss at Bayern. The German legend added: "What sets us apart is that he is clearly a No.6.

"I tend to play in the half-spaces. I look for my space elsewhere. Basically, we have a few things in common.

"Our opponents are not stupid and it's likely they will want to man-mark me.

"Spain would not be the first team to try to block me although they are more likely to use their own football and their own abilities.

"What matters is how we play. Our belief has grown, more and more over the past few months, after we had been through some difficult situations.

"We have studied Spain intensively.

"The key will be winning the midfield duels and then what we do out wide.

"But we are talking about two teams that want to have the ball. We are prepared."



JOSELU: I STOKED THE FIRE

SPAIN striker Joselu says he would not be chasing double Euro glory without those 'cold Tuesday nights in Stoke'.

The frontman scored just 11 Premier League goals across three seasons in the Potteries and then Newcastle.

But he could end this campaign with a Euro 2024 crown as well as LaLiga and Champions League medals

From **MARTIN LIPTON**

with Real Madrid. Joselu (left), 34, said: "When I was at Stoke I don't think anyone would have imagined I would end up playing for Real Madrid.

"But I never stopped dreaming and thinking I could make it.

"I always believed, no matter what happened, that I was a good person.

Nothing comes easy in football. The road was tough.

"I wish I had spent ten years at Real Madrid but I enjoyed every moment in every country I played in.

"That has helped me get here. Now I'm fulfilling the biggest dream, which is to win with Real and my country."

Joselu's double strike saw off Bayern Munich in the Champions League

semi-finals before Madrid defeated Borussia Dortmund in the final.

Now Joselu, who has signed for Al-Gharafa in Qatar, is looking for a German hat-trick by beating the national side in tomorrow's Euro 2024 quarter-final in Stuttgart.

But he warned: "Germany are going to push hard with all their fans. They have great players."

YOUR COMPLETE TOURNAMENT GUIDE



LAST 16 | GAME 2
GERMANY.....(0) 2 DENMARK.....(0) 0
Naveritz 53 (pen); Musiala 68
 (DORTMUND) MATCH TIME: 97m 07s BALL IN PLAY: 55m 06s

LAST 16 | GAME 4
SPAIN.....(1) 4 GEORGIA.....(1) 1
Rodrigo 39; Ruiz 51; Williams 76, Olmo 83 Le Normand (og) 18
 (COLOGNE) MATCH TIME: 95m 36s BALL IN PLAY: 59m 27s

LAST 16 | GAME 1
SWITZERLAND.....(1) 2 ITALY.....(0) 0
Freuler 37; Vargas 46
 (BERLIN) MATCH TIME: 95m 04s. BALL IN PLAY: 59m 36s

LAST 16 | GAME 3
ENGLAND.....(0) 2 SLOVAKIA.....(1) 1
Bellingham 90; Kane 91 (set. 1-1 30 mins) Schranz 25
 (GELSENKIRCHEN) MATCH TIME: 133m 20s BALL IN PLAY: 79m 46s

QUARTER-FINAL | GAME 1
SPAIN v GERMANY
 Stuttgart, Tomorrow, 5pm, ITV1

QUARTER-FINAL | GAME 3
ENGLAND v SWITZERLAND
 Dusseldorf, Saturday, 5pm, BBC1

SEMI-FINAL | GAME 1
QF1 WINNER v QF2 WINNER
 Munich, Tuesday, 8pm

SEMI-FINAL | GAME 2
QF4 WINNER v QF3 WINNER
 Dortmund, July 10, 8pm

FINAL
SF1 WINNER v SF2 WINNER
 Berlin, Sunday, July 14, 8pm

QUARTER-FINAL | GAME 2
PORTUGAL v FRANCE
 Hamburg, Tomorrow, 8pm, BBC1

QUARTER-FINAL | GAME 4
HOLLAND v TURKEY
 Berlin, Saturday, 8pm, ITV1

LAST 16 | GAME 5
FRANCE.....(0) 1 BELGIUM.....(0) 0
Vertonghen (og) 85
 (DUISSELDORF) MATCH TIME: 94m 10s BALL IN PLAY: 64m 52s

LAST 16 | GAME 6
PORTUGAL.....(0) 0 SLOVENIA.....(0) 0
(set. Portugal won 3-0 on pens)
 (FRANKFURT) MATCH TIME (120 mins): 128m 30s BALL IN PLAY: 71m 47s

LAST 16 | GAME 7
ROMANIA.....(0) 0 HOLLAND.....(1) 3
Calvo 20; Meulen 83, 90
 (MUNICH) MATCH TIME 98m 03s. BALL IN PLAY: 51m 56s

LAST 16 | GAME 8
AUSTRIA.....(0) 1 TURKEY.....(1) 2
Gregoritsch 68
 Demiral 1, 58
 (LEIPZIG) MATCH TIME 96m 17s. BALL IN PLAY: 59m 23s

A

	P	W	D	L	GD	PTS
GERMANY	3	2	1	0	+6	7
SWITZERLAND	3	1	2	0	+2	5
HUNGARY	3	1	0	2	-3	3
SCOTLAND	3	0	1	2	-5	1

GERMANY..... 5
SCOTLAND..... 1

GERMANY..... 2
HUNGARY..... 0

SWITZERLAND..... 1
GERMANY..... 1

D

	P	W	D	L	GD	PTS
AUSTRIA	3	2	0	1	+2	6
FRANCE	3	1	2	0	+1	5
HOLLAND	3	1	1	0	4	4
POLAND	3	0	1	2	-3	1

POLAND..... 1
HOLLAND..... 2

POLAND..... 1
AUSTRIA..... 3

HOLLAND..... 2
AUSTRIA..... 3

B

	P	W	D	L	GD	PTS
SPAIN	3	3	0	0	+5	9
ITALY	3	1	1	0	4	4
CROATIA	3	0	2	1	-3	2
ALBANIA	3	0	1	2	-1	1

SPAIN..... 3
CROATIA..... 0

CROATIA..... 2
ALBANIA..... 2

ALBANIA..... 0
SPAIN..... 1

E

	P	W	D	L	GD	PTS
ROMANIA	3	1	1	1	+1	4
BELGIUM	3	1	1	1	+1	4
SLOVAKIA	3	1	1	0	4	4
UKRAINE	3	1	1	2	-4	2

ROMANIA..... 3
UKRAINE..... 0

SLOVAKIA..... 1
UKRAINE..... 2

SLOVAKIA..... 1
ROMANIA..... 1

C

	P	W	D	L	GD	PTS
ENGLAND	3	1	2	0	+1	5
DENMARK	3	0	3	0	3	3
SLOVENIA	3	0	3	0	3	3
SERBIA	3	0	2	1	-2	2

SLOVENIA..... 1
DENMARK..... 1

SLOVENIA..... 1
SERBIA..... 1

ENGLAND..... 0
SLOVENIA..... 0

F

	P	W	D	L	GD	PTS
PORTUGAL	3	2	0	1	+2	6
TURKEY	3	2	0	1	6	6
GEORGIA	3	1	1	0	4	4
CZECH REP	3	0	1	2	-1	1

TURKEY..... 3
GEORGIA..... 1

GEORGIA..... 1
CZECH REP..... 1

GEORGIA..... 2
PORTUGAL..... 0

EURO VISION
 GUESS THE YEAR

A PENALTY so famous that any others like it bear the name of the man who took it. It was the decisive penalty in the shootout to win the Euros, and Antonin Panenka stepped up and chipped the ball over Sepp Maier to give Czechoslovakia the title over West Germany. But what was the year?

EURO STAR
 Who am I?

EURO LOTTERY
 210 LONG-RANGE hits were the talk of the town early on as 14 of the first 237 shots from outside the area at Euro 2024 were scored, including Arda Guler's fine effort for Turkey against Georgia (right). But things have changed since those early days in Germany and incredibly none of the last 210 shots struck from distance have gone in the back of the net.

STATS LIFE EURO2024

GAMES 42 TOTAL 51
 82% 18%

100 GOALS (2.27) per game
GOALS SCORED MOST GERMANY 10 FEWEST SERBIA 1
200 (4.55) per game
YELLOW CARDS MOST TURKEY 18 FEWEST UKRAINE 3

TOP SCORERS
 Cody Gakpo (Hol) (right) 3
 Georges Mikautadze (Geo) 3
 Jamal Musiala (Ger) 3
 Own goals 2

MOST ASSISTS
 Ivan Shranz (Slo) 3
 Eight players 2
 9
 Xavi Simons (Hol) (right) 3
 Michel Aebischer (Swi) 2
 Remo Freuler (Swi) 2

TIGHT AT THE TOP
 1.93, 2.73, 2.27, 2.13, 2.06, 2.74, 2.48, 2.48, 2.45, 2.12, 2.78, 2.27

AVERAGE GOALS AT EURO FINALS
 Euro 1980: 1.93
 Euro 1984: 2.73
 Euro 1988: 2.27
 Euro 1992: 2.13
 Euro 1996: 2.06
 Euro 2000: 2.74
 Euro 2004: 2.48
 Euro 2008: 2.48
 Euro 2012: 2.45
 Euro 2016: 2.12
 Euro 2020: 2.78
 Euro 2024: 2.27

ANSWERS: Euro vision: 1976
 Euro star: Xherdan Shaqiri (below)

goals EURO 2024



in association with



DELIGHT... scorer Gakpo celebrates with Simons on Tuesday

GAKPO FROM THE GET-GO!

From DAN KING

HOLLAND hero Cody Gakpo thanked Liverpool for helping him through hard periods last season.

The Dutch forward, 25, had an up and down campaign, making only 17 Premier League starts for the Reds amid fierce competition up front.

But Gakpo has hit the ground running at Euro 2024, scoring three times in four games to sit joint top of the goal charts.

Gakpo said: "Sometimes you have a spell where things don't go your way. I have a great team at Liverpool, great people that are always there for me."

"When there were those moments, they kept believing in me. In the last I don't know how many games at the club, I played good games."

"I took that with me into this competition and kept working hard. I am very happy that I can be of value to the team." Gakpo scored the opening goal in Holland's 3-0 last-16 win over Romania and set up the second for Donyell Malen.

It was the perfect response after Ronald Koeman's team were slammed for the display in the 3-2 defeat to Austria in their final group match.

Gakpo admitted: "This was the answer we had to our last performance - we had a good game, scored good goals, played good football."

"Of course we could do better but after the last game it's a good step in the right direction."

"We felt we were in control even though they were a dangerous opponent."

Captain Virgil van Dijk added: "We're happy because we played a good match."

"Defensively we were solid, we didn't give them many chances. After a turbulent week, in which a lot was said, we had to prove it. We can be proud of ourselves and the way we reacted."

"We are self-critical, we all knew we had to play better."

"Now it's time to recover quickly because we have another tough game ahead of us."

But the quarter-final will not be a rematch with Austria, after they lost 2-1 to Turkey.

Against Romania boss Koeman seemed to happen upon the right balance in his midfield.

Xavi Simons, Jerdy Schouten and Tijjani Reijnders ran the game.

And Koeman said: "Our ball possession was really good in midfield. We created big problems for the Romania team."

Hopes are growing in Holland for a repeat of their Euros win on German soil 36 years ago.

Koeman, who was part of the talented team featuring Marco van Basten and Ruud Gullit, said: "We have great talent in this team."

"Of course you need to win something, then people will be able to compare it with '88."

3 Cody goals in 4 games all down to Kop



HOLL OF A GAME... Gakpo was great for the Dutch as they KO'd Romania

Holland v Turkey

Saturday, 8pm, ITV1 & talkSPORT

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