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VOUCHER: PAGE 12

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TACTICAL VOTING



Our guide to kicking out Tories

SEE PAGES 8&9

ANGUISH Mum Debbie with missing teen Jay
SEE PAGE 7



We won't give up on our Jay

Family vow as police end search

FANS PUT THROUGH HELL

ENGLAND KEEP DREAM ALIVE

BY ANDY LINES & PAUL BYRNE in Germany

ENGLAND scraped into the Euros quarter-final last night after near humiliation by Slovakia.

Only a late Jude Bellingham equaliser and extra-time Harry Kane winner spared blushes.

FULL STORY: PAGES 2,3,4,5 & SPORT



WE KNOW HOW YOU FEEL, JUDE Bellingham's face says it all after Kane's goal in 2-1 win over Slovakia

... JUST

Bellingham magic saves Three Lions at Euros... now it's Switzerland up next

ENGLAND SQUEAK THROUGH

the brink



BATTLE CRY
Bellingham after overhead kick with just seconds to go



CAPTAIN FANTASTIC
Kane scores in extra time



STANDING ROOM ONLY
Fans and team on the whistle



after the Real Madrid star's late leveller and the strains of Football's Coming Home rang around the German arena, with popstar Ed Sheeran among those joining in.

But after Ivan Schranz had stunned those supporters into silence with an opening goal in the 25th minute, it looked like the England squad would be the only thing going home.

Southgate had walked on to the pitch to applaud fans for their passion before kick-off but was met with boos.

However, there was a carnival atmosphere later as the crowd headed back into the city on trams.

But Josh, 20, from Manchester, was less than impressed. He added: "I

don't think we deserved it. We were diabolical in the first half. But then Jude Bellingham turned up at the death." Sarah Taylor, of Bradford, West Yorks, was at the game with her husband Steven, 47, daughter Emily, 16, and son Joe, 15.

She said: "It thought we were going home. But now I think we can go all the way to the final."

Emily added: "We were lucky but we are through, that's all that matters."

Electrician Paul Robinson, 51, from Darlington, said: "We can go all the ways. We've got momentum now. Berlin here we come."

Property developer Craig Stevens, 36, from Castle Vale near Birmingham,

added: "I'm much more interested in them winning than playing beautiful football and so it's good that it's a victory but this is what they should be doing, winning."

Schoolboy Max Ash, 13, from Bromsgrove, Worcs, had written "Come on England" on his sunspecs.

His dad Hays, 51, a tax accountant said: "We've taken him out of school for a couple of days. He's even been learning German. It's an experience of a lifetime for him."

Player wives and families who were in the crowd behind the dugout celebrated wildly at the final whistle as



LUCKY LAD Max, 13

the squad rushed to join them. FA president Prince William posted: "Emotional rollercoaster. Quarter finals here we come."

Labour leader Keir Starmer joked about the result: "Never in doubt."

England's quarter-final will be in Dusseldorf with kick-off at 5pm. Around 45,000 fans are expected to make the trip there.

Before the game, there was a party atmosphere in Gelsenkirchen.

England fans, many in fancy dress, sang loudly in bars and terraces under the sun – after the predicted

heavy rain stayed away. Glenn Hawkins, 59, from Cholsey, Oxon was with his son Howard, 29.

Glenn, who's brother Chris, 45, was also in the city with his seven-year-old son Emilio, said: "We are just so pleased we came to cheer the team on to a win. What a result."

Pals Richard Dawes, 59, Paul Stanscombe, Tony Walker, both 60, and Paul Bull, 57, came to the city dressed as knights.

Richard said: "This is our first game of the tournament. We brought the lads some luck."

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VOICE OF THE MIRROR: PAGE 6

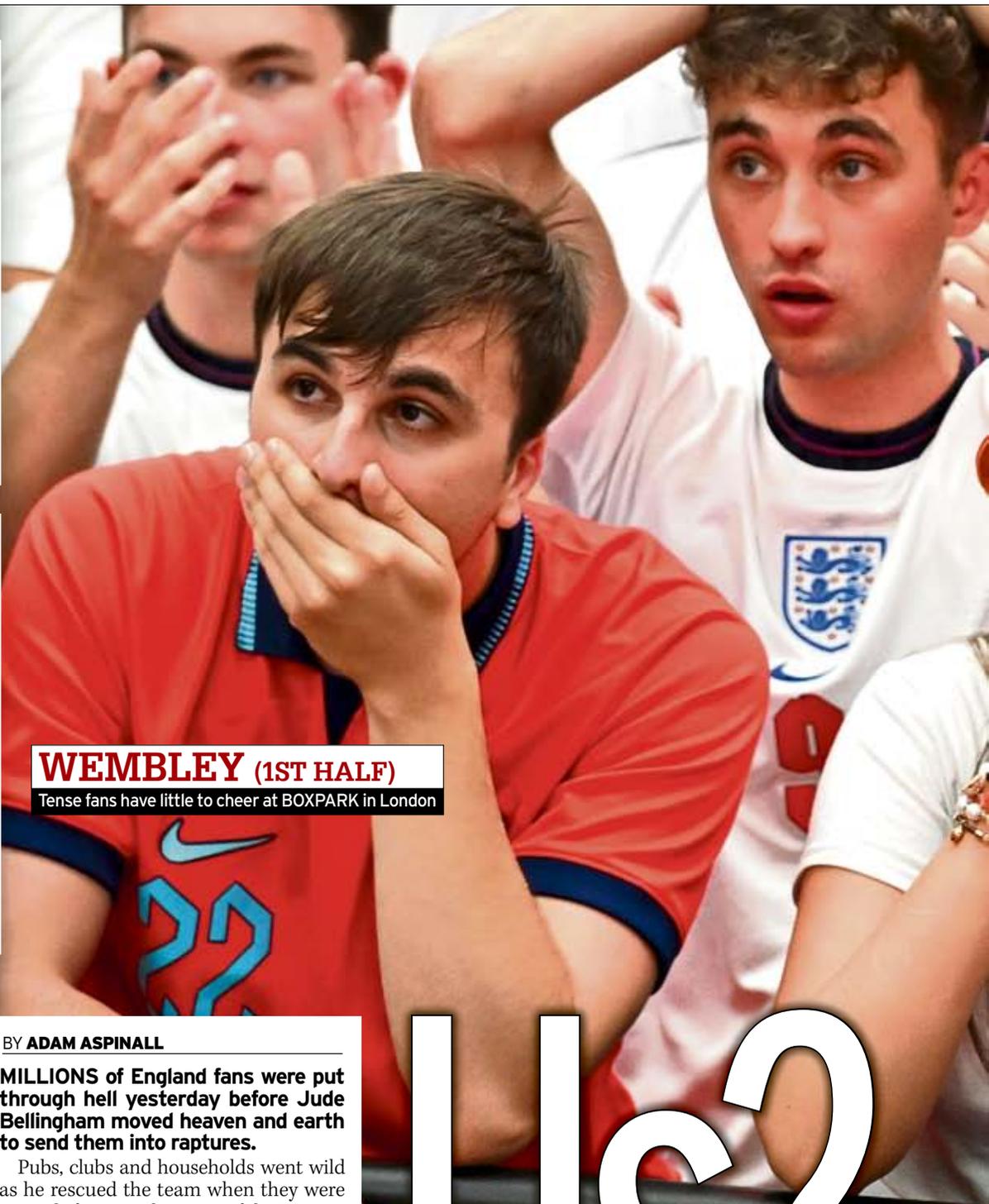
US? WORRIED?: PAGES 4&5



EURO 2024

TYNESIDE

Pals have fun at Dougie's Tavern in Hebburn



WEMBLEY (1ST HALF)

Tense fans have little to cheer at BOXPARK in London



BLACKPOOL

Relief at the Winter Gardens as England goal goes in

BY ADAM ASPINALL

MILLIONS of England fans were put through hell yesterday before Jude Bellingham moved heaven and earth to send them into raptures.

Pubs, clubs and households went wild as he rescued the team when they were seconds from crashing out of the Euros.

Long-suffering England followers were in even better spirits as the team scored again in extra time to sneak over the line.

Loyal supporters, who have had to endure the team's tame displays at the tournament, tried their best to remain positive after the win... with mixed results.

In Manchester, Alex Hemmings, 51, said: "That was massively fluky.

"We've stunk this tournament out. This team and the English VAR officials have been the worst thing about the whole tournament. Still, a win's a win, eh?"

NERVES

In Birmingham, Patrick Stepkowski, 24, an engineer from the city, said: "It was not a good game but we got the result we deserved. With a bit of confidence, we can go all the way to the final."

And social media manager Chris Brown, 38, said: "It should have been a comfortable win but we had nerves - I knew we could pull through."

Across the country - including at BOXPARK Wembley in North London and at Glastonbury in Somerset - fans went from despair to delight.

It is estimated that 21 million people watched the game on TV and around 7.3 million drinks were downed.

adam.aspinall@mirror.co.uk X@MirrorAsp
SAVED BY THE BELL: SEE SPORT

US?

England fans put through the wringer once again



BIRMINGHAM

Loyal supporters Ciara Moloney, Kirsten Moloney and Sophie George at Luna Springs outdoor bar in Deritend



LEEDS

Anxiety at Millennium Square



GLASTO

Grim viewing at Somerset festival

BRING ON THE SWISS



LEEDS

Mayhem in Millennium Square as England score



BIRMINGHAM

Pals salute Harry Kane's decisive goal

Worried?



MANCHESTER

Wild scenes at Diecast as Harry Kane clinches victory



WEMBLEY (EXTRA TIME)

Elation at BOXPARK as England seal the win over Slovakia



Ignore lies.. go Labour

FATALLY out-of-touch Rishi Sunak claims we're better off after 14 years of Tory rule.

This delusional proposition will be tested to destruction by voters on Thursday.

All polls point to a majority Labour government with Keir Starmer as PM and Sunak out of a job alongside scores and scores of his MPs.

The scale of Labour's victory – and of the Tory defeat – are of enormous importance.

And that is why we urge every adult reader to ignore blatant Tory lies about the danger of a big Starmer majority and to vote for change.

Where Labour can win, give them your vote. That includes in some seats where the party has had little chance in the past.

And where Labour has no real prospect of winning, use our tactical voting guide to get rid of another incompetent Tory jobsworth.

Starmer and Labour will thrive on a resounding victory... and the Tories deserve everything that's coming to them.

Best medicine

THE appalling state in which the Tories have left our NHS is one of the main reasons they deserve kicking out.

More than half of GPs say they no longer have enough time to assess patients.

One in six appointments lasts five minutes or less. This increased pressure risks increased mistakes. And despite family doctors seeing six million more people a year than they did in 2019, delays remain frighteningly common.

It's no better in hospitals. The Royal College of Nursing says there aren't enough staff to fill ward rotas on two in every three shifts.

For all these reasons and more, Labour is just the tonic the NHS needs.

Time to peak

ENGLAND left it agonisingly late but Southgate's men are now two matches from the final and three from the trophy.

Hope burns eternal despite a string of frustrating performances.

Relieved fans can dream that quarter final opponents Switzerland, who knocked out Italy, are a mountain their team will scale.

JUST SAYING..

You know, we only ever win under a Labour government..



DMIST



KEVIN MAGUIRE

Stalking the corridors of power

yourvoice@mirror.co.uk
X @kevin_maguire

POINTS OF DISORDER #1

On the to-do list for an incoming Labour government is facing down Tata Steel, which is threatening to shut Port Talbot coke blast furnaces in July instead of September.

Unions wonder if the Indian corporation is bluffing ahead of a strike to save jobs in South Wales, considering it would cost £500million to stop supplying the likes of Jaguar Land Rover, JCB and Heinz earlier.

Cleaner electric arc furnaces are the future but Tata holding workers to ransom is an early test of industrial policy with a firm that is also receiving a £500m public subsidy.

GOING UP

Pat McFadden is nailed on for a top role in Starmer's first Cabinet after a star election role clearing up Labour messes and hammering the Tories.



GOING DOWN

Business Minister Kevin Hollinrake for betting on the Tories to WIN the election.



No10 door open and opportunity knocks

LABOUR minds are turning to the first 100 days in government, even as the party declares there must be no complacency ahead of Thursday's General Election.

The public caution is understandable when the party is used to losing contests, last winning in 2005.

Keir Starmer would be only the seventh Labour Prime Minister in a country that has had 57 since Robert Walpole debuted in 1721.

Yet privately, the leader's senior lieutenants accept what is left to play for is the scale of the triumph.

No-drama Starmer wouldn't be human if he didn't think ahead.

His vow to "hit the ground running" illustrates a recognition that early impressions are lasting, whether Labour's majority is a single MP or, as many large polls are projecting, tops Tony Blair's 1997 record of 179 seats.

Battered Rishi Sunak may wrongly believe Britain is better than in 2010 when it plainly isn't (cost of living, knackered NHS, rising poverty, Brexit,



housing crisis, potholes, violent crime, etc, etc, etc) but many Tories doubt that even this outgoing PM really thinks they are in with a shout.

A sagacious veteran of the last Labour government – hoping to play a role in the next – confided that Starmer, the cautious Arsenal fan who carefully carried that precious Ming vase over a polished floor, will in Downing Street be able to change the mood music.

To invert a slogan of US politician Mario Cuomo, Starmer campaigned

in prose to govern in poetry. Under-promising in the manifesto to over-deliver in office is a strategy intended to receive high marks when Labour's homework is marked by voters in four or five years.

The flurry of announcements in July leading to a King's Speech on the 17th – building houses and improving job rights high on the list – will accelerate momentum from the election result.

Ending the junior doctors' strikes would be early evidence of dealing with the inherited mess. Interest rates falling, as they're likely, will be a boost. Scrapping Rwanda saves money, with few buying it would stop the boats.

Progress on Starmer's missions will zig-zag, he admits quietly, but maintaining the direction of travel will deliver dividends. Labour winning power after inheriting the fewest seats since 1935 is a hell of an achievement.

Government is no walk in the park but Labour reshaping Britain for the better was out of reach in opposition. From Friday, opportunity knocks.

» MY coal miner dad would turn in his grave had we not cremated him but, if I lived in Clacton, I'd vote Tory to halt poisonous Nigel Farage. Labour's candidate has such little chance, the party last week ordered him to campaign in the Midlands rather than Clacton. When the choice is between Tory actor Giles Watling and Farage, I'd hold my nose for the vicar from Bread with little risk of the Cons winning nationally.

URINAL COUNTDOWN

TREASURY bigwigs discussing whether to remove a urinal in the Chancellor's private toilet underlines the significance of Labour's Rachel Reeves replacing Tory Jeremy Hunt.

The politics and policies of change are obvious, shifting from blue to red and a surge for growth after 14 years of chronic anaemia.

Reeves would be only the second economist to hold the post since the Exchequer emerged in the 16th century, Reeves cutting her teeth at the Bank of England.

The other was Hugh Dalton, surviving two years in Clement Attlee's post-war Labour team before a Budget blab earned him a P45.

The urinal is an issue because the 111th Chancellor would be the first

woman, all 110 predecessors blokes. The comp girl running the Treasury, council flat boy Wes Streeting, pregnant schoolgirl Angela Rayner, casino croupier and bunny girl's son Jonathan Ashworth, free school

meals kid Bridget Phillipson and firefighter's lad Jonathan Reynolds would make Labour's the most working class Cabinet for generations.

Keir Starmer – a toolmaker and nurse's son from a pebble-dashed semi with a Ford Cortina out front – is a working class boy made good.

And that will be the rule, not the exception, when the world is turned upside down on Friday and we finally wave goodbye to the Tory privileged era.



BUSTED FLUSH
Jeremy Hunt

POINTS OF DISORDER #2

Companies linked to Tory donors collectively receiving £8.4billion in public money in the same eight years they gave the Cons £53.7million is quite a coincidence.

Bigot Frank Hester, who said Diane Abbott should be shot, gifted them £15.3m and won £427.7m in health contracts.

The anti-corruption charity calling for a ban on parties accepting cash from firms that are awarded public contracts – to bring Britain into line with EU countries and the USA – should be asked to write the new law.

SPEAKER'S CORNER

“Who put that up there?” Invasion apologist Nigel Farage's face betrayed his anger when Led By Donkeys activists lowered a banner showing a smirking Putin saying “I love Nigel” at an Essex rally. It was the funniest, and most revealing, moment of the campaign.

» The 2.5 million people currently paying tax on state pensions nail Sunak's lie that he would spare the elderly from paying it for the first time.

Boosted by Serps and other schemes topping the current £11,502 a year basic, they are among the pensioners taxed on public and private retirement incomes, with another 1.6 million due to join them within five years under Tory income tax threshold freezes.

Figures show the average tax grabbed is around £1,000 a year. Loose change to a PM richer than the King.

» Biden's drugs kicked in a day late when he was jumping at a North Carolina rally after disastrously losing his way 24 hours earlier with Donald Trump.

With the fascistic National Rally lurching France to the Right, the Democrats must dump Biden now.





HEARTBREAK Mum Debbie with Jay

BY **PATRICK HILL** in Tenerife

JAY Slater's distraught family have vowed to keep hunting for the missing teenager until he is found after Spanish police called off the search yesterday.

And they have been urged to bring in a separate team of experts to try to locate the apprentice bricklayer, who disappeared a fortnight ago.

The family are said to be "devastated" and "heartbroken" by the decision to stop the search.

Rachel Hargreaves is a close friend of 19-year-old Jay's mum Debbie Duncan, 55, and dad Warren Slater, 58, and is on Tenerife to help.

Her son Brad, 19, who was on holiday with Jay and another pal Lucy Law, 18, said on Friday he saw his friend slip on some rocks during a video call as Jay walked home from a night out on the morning June 7, the day he vanished.

Rachel, who runs the Facebook page set up to gather information on the missing lad, said: "Nothing has changed. We're still going to go out and search. No one is leaving until we find Jay. We stay, we do what we need to."

Spanish police on Friday appealed for volunteers to help search the area where Jay was last known to be.

But they found nothing and called off the hunt, while insisting the case "remains open". Former British police officer and TV sleuth Mark Williams-Thomas, 54, who is working with Jay's family, last night said he has told the family to use cash from a GoFundMe appeal to pay for experts to launch a fresh search.

He said: "The police have put considerable resources into searching for Jay and of course it is very disappointing for the family that the search by the police has now ended.

"I have advised the family to use the GoFundMe money to bring in a large team of experts to flood the area from where we know Jay last was."

The page was set up by Lucy and had last night reached nearly £44,000.

TikTok star and amateur mountaineer Paul Arnott, 29, has also been helping and yesterday pledged to carry on.

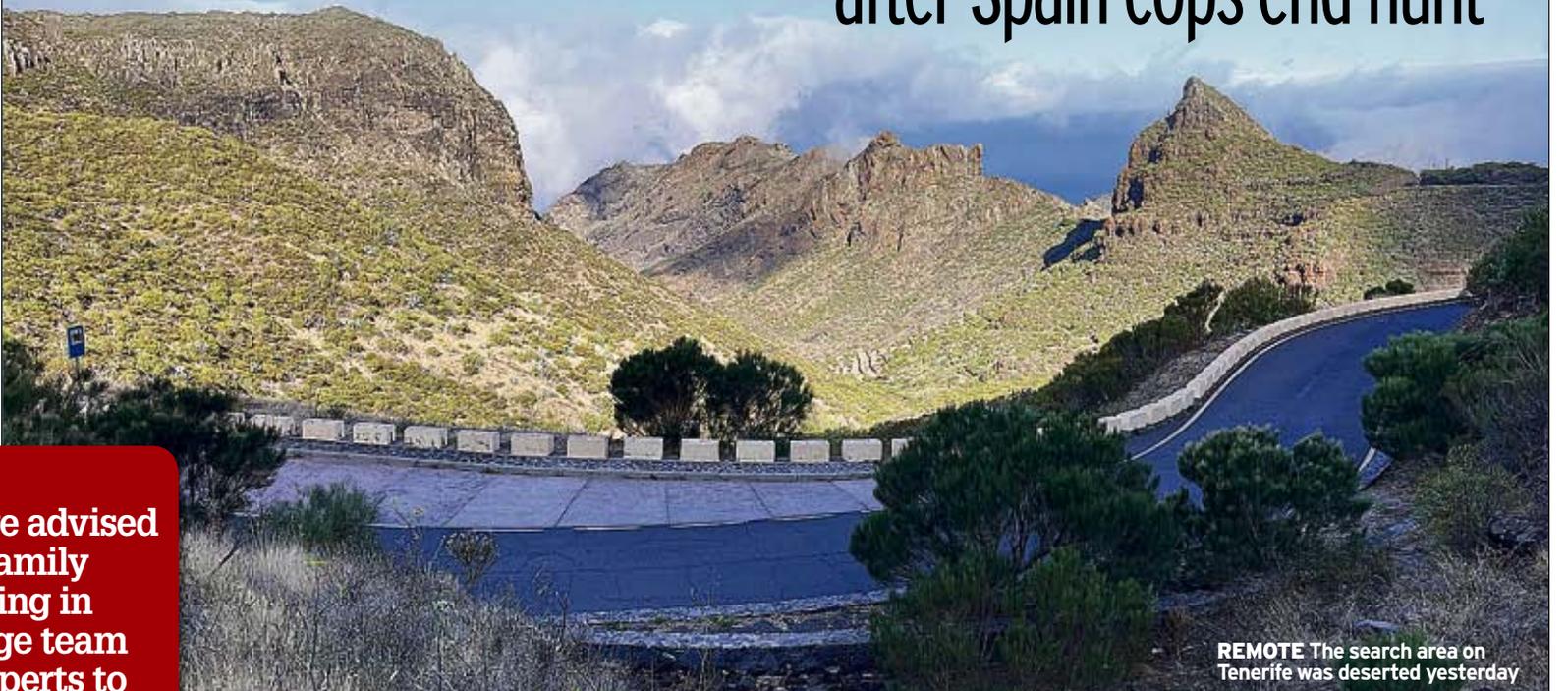
He said: "I think I'm going to move the search to a new area tomorrow, Monday,



HELPING HAND TV sleuth Mark Williams-Thomas

We stay.. we do what we need to

Jay family's search pledge after Spain cops end hunt



REMOTE The search area on Tenerife was deserted yesterday

"I have advised the family to bring in a large team of experts to flood the area"

MARK WILLIAMS-THOMAS
FORMER COP AND TV SLEUTH



DETERMINED Paul said he will carry on island hunt



HOPING Dad Warren, second from right, with son Zak, centre, and police in Tenerife on Saturday

or this evening." Paul, of Bedfordshire – who was due to take part in a fund-raising walk for Scottish Mountain Rescue before he heard the search plea – also raised the idea of bringing in experts from Britain.

He added: "I wish we could start a GoFundMe and send search and rescue guys from Scotland.

"Maybe Monday I can contact Scottish Mountain Rescue and see if we can have a chat about things, but at the moment this

is ridiculous. This is mad." And Paul blasted Saturday's police search, in which just six volunteers joined around 30 rescuers. He branded it "a massive PR thing".

School finance officer Debbie is said to have been told of the police's decision to stop before they confirmed it at 10am yesterday. Jay, from Oswaldtwistle, Lancs, had been at a festival the night before he vanished. Two older British men drove him

20 miles to their holiday rental in Masca, before he was seen leaving on foot the next morning. Police said the pair had "no relevance" to his case.

Brad, 19, of Accrington, Lancs, told

of the video call with his pal as he tried to get home when he slid on rocks. He added: "I knew he went off the road because I could hear like when you walk on gravel." But he said they were "both laughing" as Jay was not concerned.

A source close to Spain's Civil Guard said after the search was called off: "If any information comes in that merits a new search though it will be acted upon."

"Maybe I can contact Scottish Mountain Rescue and have a chat, but this is ridiculous"

PAUL ARNOTT ALSO URGES FAMILY GET EXTRA HELP WITH HUNT

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ELECTION 2024

THE country is facing a stark choice at this election. Five more years of Conservative chaos, dishonesty and sleaze, or the chance to press reset, rescue the NHS and get the UK back on its feet again.

The NHS is on its knees after years of shameful neglect. I have listened to countless stories of people waiting hours for an ambulance, weeks to see their GP or months to start cancer treatment.

That is why the Liberal Democrats have put fixing the NHS and care at the heart of our campaign. We would give people new legal rights to see a

Give us hand foiling Sunak

ED DAVEY
Leader of the Lib Dems



GP within a week and start cancer treatment within two months. And we'd offer free care to the elderly and disabled in their own homes.

When I became leader, I made

clear my job was to get rid of this appalling government. Since then we've won four historic by-elections and beat the Conservatives into third place at the local elections.

But we cannot take anything for granted. We know the Tories will do anything to cling to power.

This is an ABC election, anyone but the Conservatives. And in many seats across the country, the Liberal Democrats are in second place.

So I have a message to Labour supporters in these seats: lend us your vote, to help deliver the change the country is crying out for.



Vote **LIB DEM**

in Godalming and Ash where Paul Follows could get rid of Jeremy Hunt

WHERE TO VOTE LIB DEM...

Where Labour voters should vote Lib Dem to unseat the Tories...

BICESTER AND WOODSTOCK

VOTE: CALUM MILLER

ST IVES

VOTE: ANDREW GEORGE

TUNBRIDGE WELLS

VOTE: MIKE MARTIN

FROME AND EAST SOMERSET

VOTE: ANNA SABINE

MAIDENHEAD

VOTE: JOSHUA REYNOLDS

HENLEY AND THAME

VOTE: FREDDIE VAN MIERLO

WITNEY

VOTE: CHARLIE MAYNARD

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5 FOR £5



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Vote **LIB DEM**

in Chichester where Jess Brown-Fuller could get rid of Gillian Keegan

Vote **LIB DEM**

in Fareham and Waterlooville where Bella Hewitt could get rid of Suella Braverman

VOTE GREEN

Where voting Green will get rid of the Tories...

NORTH

HEREFORDSHIRE
VOTE: ELLIE CHOWNS

WAVENEY CENTRAL
VOTE: ADRIAN RAMSAY



Vote **LABOUR**

in Rochdale where Paul Waugh could get rid of George Galloway

Where Lib Dems and Greens should vote Labour to unseat the Tories in marginal seats...

HARWICH AND NORTH ESSEX
VOTE: ALEX DINER

ISLE OF WIGHT EAST
VOTE: EMILY BROTHERS

AMBER VALLEY
VOTE: LINSEY FARNSWORTH

NEWARK
VOTE: SAJ AHMAD

FINCHLEY AND GOLDERS GREEN
VOTE: SARAH SACKMAN

ROCHESTER AND STROOD
VOTE: LAUREN EDWARDS

GREAT GRIMSBY AND CLEETHORPES
VOTE: MELANIE ONN

MORECAMBE AND LUNSDALE
VOTE: LIZZI COLLINGE

HITCHIN
VOTE: ALISTAIR STRATHERN

BASSETLAW
VOTE: JO WHITE

CONGLETON
VOTE: SARAH RUSSELL

SWINDON NORTH
VOTE: WILL STONE

MAKE YOUR VOTE COUNT

Kick 'em out

Your seat-by-seat guide to getting rid of the Tories

BY MIKEY SMITH and NADA FARHOUD

WE want to ensure the Tories who have wrecked Britain over the past 14 years are finally ousted on Thursday.

That is why we have developed this seat-by-seat tactical voting guide to give Britain what it needs – a Labour government.

We are urging Labour and Liberal Democrat supporters in key marginal seats to defy their political instincts and form an anti-Tory alliance. If you are in an area where your party cannot win, simply vote for the other side.

Lib Dem leader Ed Davey said: "We know the Tories will do anything to cling to power, pumping millions of pounds from their mega-rich donors into seats that are on a knife edge.

"This is an ABC election, anyone but the Conservatives. And in many seats, the Liberal Democrats are in second place and in pole position to defeat the Conservatives.

"So I have a message to Labour supporters in these seats: lend us your vote on July 4."

By following our plan, voters could see a huge Labour landslide and many Tory cabinet ministers lose their seats. GetVoting.org has also developed a tool to show you who to vote for, which can be accessed via mirror.co.uk.

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VOICE OF THE MIRROR: PAGE 6

Vote LABOUR

in South West Norfolk where Terry Jermy could get rid of Liz Truss



Vote LABOUR

in Richmond and Northallerton where Tom Wilson could get rid of Rishi Sunak

Vote LABOUR

in Portsmouth North where Amanda Martin could get rid of Penny Mordaunt

Vote LABOUR

in Tatton where Ryan Jude could get rid of Esther McVey

Vote LABOUR

in North East Somerset and Hanham where Dan Norris could get rid of Jacob Rees-Mogg

Vote LABOUR

in Witham where Rumi Chowdhury could get rid of Priti Patel

VOTE LABOUR...

The key marginal seats where you can help unseat senior Tories by voting Labour...

CENTRAL DEVON

VOTE: OLIVER PEARSON TO GET RID OF MEL STRIDE

PLYMOUTH MOOR VIEW

VOTE: FRED THOMAS TO GET RID OF JOHNNY MERCER

CROYDON SOUTH

VOTE: BEN TAYLOR TO GET RID OF CHRIS PHILP

WHERE TO VOTE LABOUR...

MANSFIELD
VOTE: STEVE YEMM
KINGSTON UPON HULL
WEST AND HALTEMPRICE
VOTE: EMMA HARDY
ALDERSHOT
VOTE: ALEX BAKER
DERBYSHIRE DALES

VOTE: JOHN WHITBY
BROMSGROVE
VOTE: NEENA GILL
BRACKNELL
VOTE: PETER SWALLOW
BOGNOR REGIS AND LITTLEHAMPTON
VOTE: CLARE WALSH

HASTINGS AND RYE
VOTE: HELENA DOLLIMORE
BEXLEYHEATH AND CRAYFORD
VOTE: DANIEL FRANCIS
DARTFORD
VOTE: JIM DICKSON
GRAVESHAM

VOTE: DR LAUREN SULLIVAN
GILLINGHAM AND RAINHAM
VOTE: NAUSHABAH KHAN
HARLOW
VOTE: CHRIS VINCE
SUTTON COLDFIELD

VOTE: ROB POCOCK
STAFFORD
VOTE: LEIGH INGHAM
FOLKESTONE AND HYTHE
VOTE: TONY VAUGHAN
NORTH EAST DERBYSHIRE
VOTE: LOUISE JONES
MORECAMBE AND LUNESDALE
VOTE: LIZZI COLLINGE
BLACKPOOL NORTH

AND FLEETWOOD
VOTE: LORRAINE BEAVERS
STAFFORDSHIRE MOORLANDS
VOTE: ALASTAIR WATSON
DARLINGTON
VOTE: LOLA MCEVOY
STOCKTON WEST
VOTE: JOE DANCY
REDCAR
VOTE: ANNA TURLEY

BROXTOWE
VOTE: JULIET CAMPBELL
SCARBOROUGH AND WHITBY
VOTE: ALISON HUME
SHEFFIELD HALAM
VOTE: OLIVIA BLAKE
BRENTWOOD AND ONGAR
VOTE: DR GARETH BARRETT

Don't forget your photo ID when you go to vote

DELUDED: PAGES 10&11

ELECTION 2024 SUNAK DEFENDS



ON STAGE Mr Farage at rally

It's a barrage from Farage..

BY SOPHIE HUSKISSON & DAVE BURKE

NIGEL Farage lost his temper on air as he was accused of being willing to turn a blind eye to people who use racial slurs.

He shot back at Sky News host Sir Trevor Phillips: "That is totally and utterly untrue. You damn well know, having known me for 20 years."

His party, Reform UK, has dropped three election candidates after reports they made offensive comments.

TikTok suspended the livestream of a Reform rally at the National Exhibition Centre near Birmingham yesterday. The social media giant said its 30-minute block on footage from Mr Farage's account was due to a "moderation error".

Knife-holding kids rise 84%

EXCLUSIVE BY LIZZY BUCHAN

SOME 14 children a day were caught with a knife last year, shock figures show.

Police data reveals 5,239 under-18s were found carrying a blade in England and Wales, an 84% rise since 2018.

The total, obtained by Labour, is likely to be higher as 12 forces did not provide figures, including the Met Police and those in Scotland and Northern Ireland.

Shadow Home Secretary Yvette Cooper said: "Knife crime is rising, there is a mental health crisis in our schools and gangs have easy access to purchasing dangerous knives and weapons online. Labour will change this."

The Mirror has been campaigning to end the knife crime epidemic.



HEAR THEIR STORIES

THEY have grown up under Tory rule, so we asked austerity's children to finish the sentence: "If I were in No10..."

Summer McGough, 14, from North Lanarkshire, said: "I would make sure there was free transport for young people like we have in Scotland."

The ScotPass gives free bus travel to anyone aged five to 21.

Summer said: "Before the bus passes we had to pay to get to school and that could be costing people a lot. These practical measures can make a big difference."



10

UNDER STRAIN Mr Sunak hears from viewers



“It is a better place to live than in 2010. Of course, the last few years have been difficult

RISHI SUNAK PRIME MINISTER ON 14 YEARS OF TORY RULE

BY LIZZY BUCHAN Deputy Political Editor

RISHI Sunak yesterday claimed Britain was a better place after 14 years of Tory rule, only to be confronted by voters telling him the country was on its knees.

The out-of-touch Prime Minister desperately tried to defend his party's record in government as he was grilled on BBC's Sunday with Laura Kuenssberg.

Asked if the UK was a better or worse place to live than in 2010, Mr Sunak said: "It's a better place to live than it was in 2010. Of course, I understand that the last few years have been difficult for everyone."

"We've had a once-in-a-century pandemic followed by a war in Ukraine that drove up everyone's bills. Of course that's been difficult."

But the PM was then presented with messages from viewers laying bare the daily challenges they face living in Tory Britain.

Julian said: "Why oh why, isn't

anything working? It grieves me sorely to see the state this country has degenerated into?"

And another viewer, Michael, wrote: "Why does my son's school not have enough money for glue-sticks? Why do I have potholes on almost every road I drive on?"

"Why can't I get a doctor's appointment? Why are the beaches



ANGER Mr Ashworth

closed when it rains and the rivers polluted beyond measure?"

Sheila, another voter, added: "Our worry isn't about tax. It is about having the basics."

Asked if he understood how they felt, Mr Sunak insisted: "Yes, of course I do."

"In my first answer to you I acknowledged the frustration that

people felt. Of course it's been difficult when inflation rises to the highest level we've seen in decades, when energy bills double because of the war in Ukraine."

"Of course that has an impact on Sheila and everyone else."

He said he was working hard to deliver financial security and vowed to cut taxes for people at every stage of their lives. But he failed to mention that the overall tax burden

Voters do not fear 'supermajority'

EXCLUSIVE BY LIZZY BUCHAN

A LABOUR supermajority will mean the party will "be able to get things done" voters feel.

Our weekly poll shows 53% think a landslide win would mean Labour "would be able to get things done while in government". The poll, by

Whitestone Insight, also found 40% think a massive Labour majority would mean less division in Parliament, while 28% disagreed.

It comes after the Tories tried to claw back wavering voters by warning Labour

could have unchecked power with a massive Commons majority.

Yesterday deputy PM Oliver Dowden acknowledged that people were frustrated.

He pleaded: "Don't think about the anger just now, right at this moment."



LEADING Starmer

GOVERNMENT'S DISMAL RECORD

Deluded



» PM thinks UK is better after 14 years of Tory rule : » Angry voters ask him: Why is nothing working?

hit a post-war high on his watch. Challenged on that point, he said the pandemic required massive levels of public spending, adding: "Very understandably, we have to pay that back."

Shadow Paymaster General Jonathan Ashworth said: "It's excruciating to watch Rishi Sunak just gloss over the



CAMPAIGN McFadden

concerns of ordinary working people. Rishi Sunak has no remorse for his record: prices are up in the shops; NHS waiting lists have rocketed; mortgages have soared. "He just doesn't understand what the Conservatives have inflicted on voters over the past 14 years. Britain simply cannot afford five

more years of the Tories." Labour today unveils a new election poster, warning voters of the risk of another term of Conservative government. As the campaign enters its final days, Labour is sending out ad vans and plastering billboards across the UK with a picture of Rishi Sunak in bed, warning: "Don't wake up to five more years of the Tories."

Pat McFadden, Labour's National Campaign Coordinator, said: "This week, people across the country face a clear choice – five more years of chaos with the Conservatives, or Keir Starmer's changed Labour Party offering to turn the page and start to rebuild."

"If people don't want to wake up on July 5 to five more years of economic chaos, to wake up knowing that all the future offers is the same as the recent Tory past, then they have to vote Labour and vote for change on Thursday."

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Rishi gets richer

EXCLUSIVE BY DAVE BURKE

RISHI Sunak's Santa Monica penthouse has soared in value to £6.4million.

New documents from the LA County property assessor show the beachfront home rose by over £125,000 in a year.

Mr Sunak and his wife Akshata Murty paid more than £73,500 in US property taxes in the year to June 2024 – more than eight times the council tax on two London homes and a Yorkshire mansion. The PM insists he'll stay in the UK if he loses the General Election.

Bets MP 'may be lord'



WAGERS Mr Jack

BY DAVE BURKE Political Correspondent

OUTGOING Scottish Secretary Alister Jack, who admitted betting on the General Election date, could be made a lord by the PM, it has been reported.

An insider said: "It's extraordinary that, having criticised Liz Truss for giving some of her team gongs for failure, they're going to do the exact same thing."

Mr Jack, who quit as an MP, says he broke no rules.

ELECTION '24 COUNTDOWN
3 DAYS TO GO

Mirror Chicken's Diary



Failed PM **Liz Truss** was booed by locals drinking yesterday in The Whalebone in Downham Market, Norfolk, and whisked away by her security team.

Warwick University Conservative Association was forced to apologise after members sang a German marching song used by the Nazis during the Second World War at a black-tie do.



ON MARCH Thornberry

Labour's **Emily Thornberry** joined London's Pride parade at the weekend handing out Never Kissed a Tory stickers.

Reform candidate **Liam Booth-Isherwood** has defected to the Conservatives saying that there's a "significant moral issue within certain elements of the party".

REMINDER

Don't forget to bring ID to vote on polling day. If you don't have a passport or driving licence, apply for a free voter ID certificate at gov.uk/apply-for-photo-id-voter-authority-certificate.

You'll also need to apply for a certificate if you no longer look like the photo or if your name on your ID is different to the electoral register.

Far-Right le Pen hammers Macron in French elections

BY KEITH PERRY

FRANCE'S far-right party has hammered President Emmanuel Macron in the first round of snap parliamentary elections, moving the country closer to a potential nationalist government.

The Rassemblement National party led by Marine le Pen pushed Mr Macron's centrist alliance into third place.

The RN party won 34.5% of the vote, with the left-wing

VICTORY Marine le Pen



Nouveau Front Populaire alliance set to come in second with 28.5%. Macron's Ensemble alliance secured just 22.5%.

The RN and its allies could win a majority in the National Assembly in the final round of voting on July 7, forcing Mr Macron to share power.

Many voters support the RN's focus on the cost of living and immigration. The far right was last in power 80 years ago when the Vichy regime worked with the Nazis.

Posties face bites ordeal

THE number of attacks by dogs on postal workers rose to 42 a week last year, up 15% in 12 months.

Those causing serious injury totalled 82, against 33 the previous year.

The highest-risk locations included Belfast, Bristol and Portsmouth.

One in five attacks were through letter boxes, which can lead to prosecution.

Elizabeth Lloyd, Royal Mail's health and safety director, said: "Dog attacks have a devastating effect on our people."



NADA FARHOUD

Environment Journalist of the Year



AMBITION Waveney leaders

Labour needs to listen to Greens to make impact

THIS time next week Keir and Victoria Starmer should have unpacked their belongings in Downing Street, as the new Prime Minister starts the mammoth task of trying to put this country back together again.



BIG WEEK Keir and Vic

After 14 years of rule-breaking and chaos, the alternative does not bear thinking about.

But despite being a card-carrying member of the Labour Party on and off since 1995, in a few pockets across the country I am also hoping for a smattering of green.

The party has a good chance of winning two seats in this election – Brighton Pavilion, where former party leader Caroline Lucas is standing down, and Bristol Central.

But it is in two traditionally Conservative areas that the Greens need your help.

The rural seat of North Herefordshire has been held by the Tories for more than 100 years but polls suggest they have a fight on their hands.

One of the UK's most beautiful but threatened rivers, the Wye, runs through it. This special area of conservation is suffering due to its location at the centre of intensive poultry production involving over 20 million birds.

We hear a lot about water companies and overflow of human sewage, but animal muck is causing a bigger problem.

It's one of the issues Green candidate Ellie Chowns promises to tackle if elected

on Thursday. Disenchantment with the Tories in another part of rural England has put Green party co-leader Adrian Ramsay ahead in the polls for the newly created Waveney Valley seat on the Norfolk-Suffolk border. Here farmers and local communities are looking for better ways to restore nature.

Over a cup of tea last week, Caroline Lucas told me: "Labour is going to win – and win big. We want the next government to succeed and we want its ambitions and achievements to be bold. This is the task of our next generation of Green MPs, to push

Labour in government to be bolder, braver, and more ambitious – and to put new issues on the agenda.

"It is going to need every sensible voice possible to undo all of the damage of this reckless Conservative Government."

She's right. No one expects the Greens to form the new government but we do need them to hold Labour to account to ensure the climate crisis is dealt with the urgency it requires.

This is going to be ever more important if Reform wins seats and the Tories launch further to the right – continuing to politicise the green agenda to win cheap support.

If you live in Waveney Valley and North Herefordshire and you want to evict the Tories – and see more environmental policies pushed in Westminster – this is the most effective way to use your vote on Thursday.

Two Tory seats need a green vote to push environment in Westminster

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*Source: Kantar Total Market, UK, 52 weeks ending 24/12/2023. Boots No.7 Value Share of Mass Female/Unisex Skincare. Email ukgb@boots.co.uk to verify

Dying alone as shortage of nurses is now 'critical'



IN PERIL Patients are being neglected

BY HOLLIE BONE

HOSPITAL patients are being left to die alone because of nurse shortages, research has revealed.

The Royal College of Nursing survey of more than 11,000 staff found only one third of shifts had enough registered nurses on duty.

The RCN said nurses were often caring for dozens of patients at a time, leaving them demoralised from being unable to keep everyone safe.

Significant numbers in A&E and outpatient departments reported having more than 51 patients to care for.

The report called for safety-critical limits on the maximum number of patients a single nurse can be responsible for.

UNSEEN

A nurse working in the community in the south-west of England, said: "We have days when we have 60 visits unallocated because we don't have enough staff."

A community nurse in the south of England, said: "We leave over 50 patients requiring nursing care unseen on a daily basis due to poor staffing. It leads to increases in hospital admissions and death."

One nurse in a Midlands hospital said: "I have not been able to sit with patients who are dying, meaning they have been left to die alone."

"I have not had the time to make sure patients are fed properly and have adequate drinks."

A midwife in Yorkshire said: "The standards of what is acceptable care have fallen so low, the benchmark is survival."

RCN acting general secretary Professor Nicola Ranger said: "Nursing staff are fighting a losing battle to keep patients safe."

"We desperately need investment in the nursing workforce but also to see safety-critical nurse-patient ratios enshrined in law."

Patients at risk over lack of time

GPs' urgent warning as they do more with less



HEALTH FEARS GPs say workload is a concern

EXCLUSIVE BY MARTIN BAGOT Health and Science Editor



ABOUT 60% of GPs say they do not have time to properly assess patients during appointments.

Roughly the same amount say they don't have time to build relationships with patients to provide quality care.

And around 75% of GPs said their excessive workloads are compromising patient safety, according to the study.

Professor Kamila Hawthorne, chair of the Royal College of General Practitioners, which carried out the research, said: "We desperately want to spend more time with our patients – to treat the whole person and provide the continuity many of our patients need – but our time is so constricted."

"Each fully qualified, full-time GP is now, on average, responsible for 198 more patients than five years ago."

"This is not manageable and has a huge impact on how much time we can spend with our patients."

General practice is providing record numbers of appointments despite having almost 500 fewer family doctors

than five years ago. Analysis by the House of Commons Library last year showed one in six GP appointments in England lasted five minutes or less.

In April, GPs and their teams got through 30.3 million appointments, which is six million more than in April 2019. The number of patients each family doctor is responsible for has risen to 2,298 on average in England.

The new Royal College of General Practitioners survey of 2,000 UK family doctors also reveals 60% of job-seeking GPs report struggling to find a vacancy to apply for in the past year.

The RCGP says funding is being diverted as part of reforms to recruit more "non-doctor" staff into GP surgeries, such as physiotherapists, pharmacists and physician associates.

Professor Hawthorne said: "General practice is... the bedrock of the NHS. When we are struggling, every other branch feels the strain."

"Given the proper support, we could be working with patients to identify illness early and embedding prevention in the community – all of which would alleviate pressures on the rest of the health service. Instead, thanks to



"We can barely keep our heads above water"
PROF HAWTHORNE ON OVERSTRETCHED DOCS

decades of underfunding and poor workforce planning, we can barely keep our heads above water."

There has been a decade of broken Tory promises to drastically increase GP numbers.

In 2015, the then-Health Secretary Jeremy Hunt pledged to have 5,000 more GPs working in the NHS in England by 2020 – but numbers fell.

In 2019, the then-PM Boris Johnson promised 6,000 more doctors in general practice in England by 2024/25.

Latest figures show that in May there were 27,649 fully trained, full-time equivalent GPs in England – about 480 fewer than in December 2019.

Research by the House of Commons Library calculated that inflation has meant family doctors have experienced

a real-terms cut in their funding from NHS England in recent years.

This is despite the increasing demand for care that has been caused by the ageing and growing population, Covid and long Covid.

The analysis found general practice funding was 3.3% lower in 2022/23 than in 2018/19, and that funding for each patient had fallen by £12 on average over the same period after taking inflation into account.

Labour is vowing to divert more NHS funding to general practice if elected.

A Tory Party spokesman said: "We will continue to take bold action to increase the number of GP training places from 4,000 to 6,000 every year through our Long Term Workforce Plan, expand Pharmacy First, and build and modernise 250 GP surgeries over the next Parliament so that patients can receive the care they need."

"Only Rishi Sunak and the Conservatives have a clear plan and will take the bold action needed to boost general practice and improve care for patients."

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VOICE OF THE MIRROR: PAGE 6





We fell in love with them on Normal People... and Paul Mescal and Daisy Edgar-Jones were reunited at a Charli XCX gig with the pair spotted deep in conversation. Paul was earlier seen in the posh Soho House outpost The Hideaway drinking picantes... but looking slightly out of place in a scruffy T-shirt and shorts.



This year's festival was one of the most political yet with a "migrants" stunt by Banksy the biggest talking point. An inflatable raft full of blow-up mannequins was spotted at the IDLES show being passed over the crowd. It popped up again during the finale of Little Simz's set on the Pyramid stage. Earlier, The Last Dinner Party urged fans to vote out the Tories.

SHANIA TWAIN on the Pyramid Stage

As over-the-top entrances go, Shania Twain's arrival on to the Pyramid Stage certainly took some beating.

The country legend was flanked by drag queens and giant hobby horses.

And that sense of flamboyance was very much the theme for the set in front of a sea of people.

"I feel and I see your support, thank you so much for having me," she said. "I will treasure this for ever."

The hits, including You're Still The One and Man! I Feel Like a Woman!, come thick and fast.

As does the banter. It seems Shania, 58, feels the pain of all us festival-goers.

"When you're in a community setting like this, you're faced with a lot of very unusual things, like where am I going to shower? How do you make it to pee when you've been standing out there? Basic things."

Yes, she couldn't hit some of the high notes any more, and the sound quality left a little to be desired.

But as a pick-me-up for the tens of thousands of jaded music lovers on Day Three of the greatest musical festival on the planet, Shania provided the perfect tonic.



Cruz Beckham went public with his new girlfriend Jackie Apostel, walking hand in hand through the hospitality section. Looking like a happy couple, the pair were also joined by Lila Moss, and the trio were later spotted ordering pie and mash at a stall.



Celebs staying at posh pad Babington House - with tennis courts, lake and even a cricket pitch - were whisked into the festival in blacked-out Land Rovers. Guests included Dua Lipa's boyfriend Callum Turner and Dr Who actor Matt Smith.



FROM THE HEART
Michael J Fox plays guitar next to singer Chris during Coldplay's headline slot



The main reason we are a band is watching Michael in Back To The Future



SPECIAL MOMENT
Michael and the band have fun on Pyramid Stage

THIS TIME IT'S OK, CYNDI

Her set was an unmitigated disaster beset with sound issues... but Cyndi Lauper put it all behind her as she partied at Glastonbury's debauched nightspot NYC Downlow, a replica of a seedy New York warehouse circa 1982.

The singer did an impromptu performance of Girls Just Want to Have Fun and there was no repeat of the issues which plagued her Other Stage show, which sparked a mass walkout.

A source said: "Cyndi has clearly got very thick skin as she went again... but with much better results."

It was so different earlier on. At times, she appeared to be having a bust-up with the production team by the stage.

Social media was ablaze with criticism. For the first few songs, she was drowned out by rumbling bass.

Time After Time was a particular low point.



Michael J Fox was the surprise star of this year's Glastonbury after joining Coldplay on stage during their electric headlining performance.

The actor, who has Parkinson's disease, came on stage in a wheelchair and played guitar during the band's song Fix You.

His appearance was the biggest talking point this year and provided an emotional climax to Coldplay's show.

The collaboration was kept secret with only a handful of people knowing.

Michael and Chris Martin have been close friends since the Back to the Future star joined the band on stage in 2016.

And during Saturday night's show, Chris said: "The main reason we are a band is watching Back to the Future. Thank you to our hero for ever, Michael J Fox." Earlier,

in their Pyramid Stage show, Chris referenced the song Johnny B Goode, which Michael's character, Marty McFly, performs in the first film, released in 1985.

The singer has previously spoken about the 2016 show at the MetLife Stadium in New York, where he came on stage to perform the Chuck Berry classic.

Chris said at the time: "Him coming to play Johnny B Goode and stuff was wonderful. That's what made me want to be in a band, you know? That scene."

"I grew up in real farmland of England, before the internet. So any music on TV... The first thing I recorded was The A-Team. I had a cassette recorder against the TV to record the theme tune."

Star Michael, 63, was diagnosed with young-onset Parkinson's a year after Back To The Future Part III was released in 1990. He announced his retirement from on-screen work in 2020, and in 2023

THE **DIARY** *at Glastonbury*

with Tom Bryant... out in the field

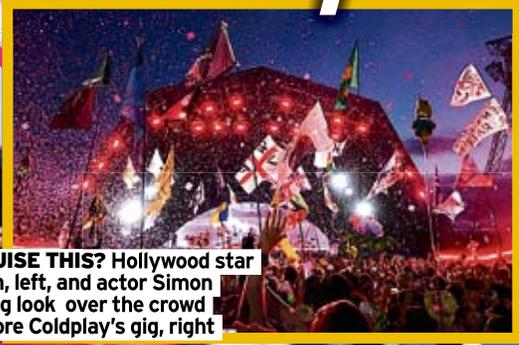
...and I will try to **Fox** you

HOT STUFF
Coldplay's Chris Martin wows his massed fans

5
the number of costume changes during **Dua Lipa's** headline show



CRUISE THIS? Hollywood star Tom, left, and actor Simon Pegg look over the crowd before Coldplay's gig, right



starred in the Apple+ documentary Still: A Michael J Fox Movie, exploring how Parkinson's affected his life.

During the two-hour set, which started late because of technical problems, Chris also called for world peace.

Thanking the crowd, one of the biggest seen at the Pyramid Stage, he added: "It's just amazing to see, and especially at what could be perceived to be a very divided time. Thank you for giving us and me restored faith that most humans can gather together very peacefully with all different flags, different colours, different genders, sexualities, ages, everything, and just sing and have a good time."

"Thank you for being inspiring and hopefully we're sending this out into the world as a beacon of togetherness."

The final day of the Somerset festival featured a headline performance from US R&B singer **SZA**, with Canadian pop star

Shania Twain filling the coveted Legends slot.

Speaking to the Glastonbury Free Press, the festival's newspaper, Glastonbury organiser **Emily Eavis** said of the future: "We're taking a fallow year in 2026 to give the land a rest."

She added: "The festival before a fallow year is always a fun one to plan because you almost have to fit two years into one. We're already in talks with some acts for it. It's exciting."

Coldplay's Chris Martin was on "very bouncy form" as the band hosted a party backstage. Guests of honour included **Jameela Jamil, Little Simz and Tom Cruise**. Insiders say frontman Chris flitted from person to person asking what they thought of Coldplay's headliner slot. A source said: "He was just buzzing about how the show went."

Dua Lipa doesn't mess around when it comes to getting into the Glasto spirit. After revealing she had wanted to headline on Friday night to enable her to enjoy the rest of the weekend, she was seen up drinking until 3.30am at club NYC Downlow to celebrate her performance.

However she still managed to make it back on site at lunchtime the next day, where she was looking loved-up with boyfriend **Callum Turner**, and positively glowing despite the late night.

Saturday night Dua was at it again, letting her hair down in several VIP areas, including behind the Park Stage.

OUR DAILY PUB QUIZ

- 1 What is the missing word in this famous quote from Terminator 2: Judgment Day (1991) "Hasta la vista _____"
- 2 Name the capital city of Kenya.
- 3 Who got to UK number one with Vertigo in 2004?
- 4 Who wrote the classic novel Anne of Green Gables?
- 5 What did the Hollywood sign in Los Angeles originally say?

ANSWERS: PAGE 38

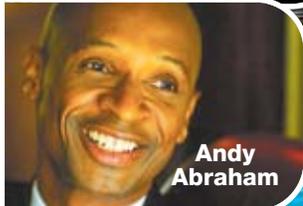
I was tall and skinny at school.. the kids called me Olive Oyl



SPECS APPEAL
Naomi hosts V&A tribute launch night

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Naomi says dance helped her embrace supermodel figure

BY MARK JEFFERIES Showbiz Editor

NAOMI Campbell says she was picked on at school because she was tall and skinny.

The supermodel revealed children called her Olive Oyl after the wiry Popeye cartoon character.

But she said she eventually managed to embrace her 5ft 10in figure by learning to dance.

Naomi, 54, said: "I wasn't at ease with myself because I was very skinny and quite tall for my age."

"And they used to call me Olive Oyl. And, you know, kids call each other names. My neck's quite long, so I used to try to shrug my neck down so it wouldn't be so long. I felt awkward."

Naomi, who grew up in South London, recalled how dance helped her shine in front of fashion photographers.

She told the Cambon podcast: "I would pose

the movements and the poses I did for dance, and that got me through.

"And creativity too. It's something that I loved and yeah, that will never change with me.

"My mother gave me a few pointers in the hallway of our home when I was a teenager and I remember even the music we were walking to was Lionel Richie and to listen to the rhythm."

Naomi is celebrating 40 years in the industry with an exhibition about her career at the V&A in London, which runs until next April.

“My neck's quite long, so I used to shrug [it] down so it wouldn't be so long

Looking back, she admitted she was never shy to tackle discrimination. Naomi said: "I had a voice and I would speak out if there was something that was unfair. Especially if I was working the same hours, doing the same job, but not being paid the same."

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BY CHRIS HUGHES
Defence and Security Editor

It took a year for Iraqi and Kurdish infantry to drive Islamic State out of Mosul, after starting their attack from 10 miles outside the city.

Starting with the Battle of Bashiqa, on the road to Iraq's second city, IS's lunatics fought to the very end.

We witnessed the opening shots heralding the beginning of the end of Abu Bakr al-Baghdadi's brutal Caliphate back in 2016.

This month marks a decade since the most feared terror kingdom launched its bloody and depraved reign in Mosul.

For several years IS was entrenched in Syria and Iraq, plotting wider attacks far beyond Iraq's borders.

Kidnapping women and using them as sex slaves, extorting banks and businesses, and launching a black market of stolen booty built up a war chest of several billion dollars.

They even stole oil to sell at cut prices in Turkey, making the group a fortune to feed its endless thirst for warfare on the rest of the world.

Even now, Iraqi Special Forces are fighting IS in their caves and secret hideouts as they plot terror attacks, their militant tentacles stretching all the way to the UK.

Only last year the head of Special Forces there, Abdel Wahab al-Saadi, told me in Baghdad: "We know IS have been talking to UK-based terrorists and we know what they are planning. It is a big attack."

Thankfully, that plot to attack a major gathering in the UK was thwarted by MI5 and police, after Baghdad officials tipped them off.

A few hundred IS junior commanders and their fighters are believed to be hiding in the desert, with sleeper cells also in Syria.

But it may be years before their threat is wiped out, having spread all the way to Pakistan, Afghanistan, Africa and into Europe.

Islamic State was an offshoot of al-Qaeda, made up of jihadists thrown out of Osama bin Laden's group as they were too violent.

Spawned amid the chaos of post-war Iraq, their leader and beheader-in-chief was Jordanian thug Abu Musab al-Zarqawi.

He was killed by US forces in 2006 after running a brutal campaign against Iraqi Shia, Christians and western forces.

Then the group was known as al-Qaeda in Iraq, former drug dealer al-Zarqawi having met bin Laden during a stint as a jihadist in Afghanistan.

Iraqi-born hate cleric al-Baghdadi took over and in 2010 was announced as the group's "emir," spearheading one of the bloodiest-ever waves of killings in Iraq.

In 2013, al-Baghdadi changed the Al-Qaeda in Iraq name to Islamic State in al-Sham, a reference to his desire to make a land-held caliphate across the Middle East.

Thousands of Iraqi police were



FORCE OF EVIL
An Islamic State jihadi holding flag in 2015

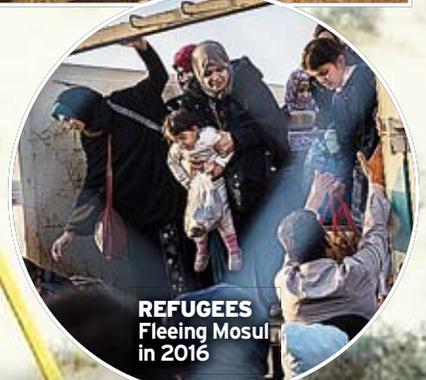
BIG BLAST
Front line in the Battle of Bashiqa in 2016

Pictures: ROWAN GRIFFITHS

FIREPOWER Rocket launch near Mosul, 2016



FEARSOME Iraqi special forces troops in training last year



REFUGEES Fleeing Mosul in 2016



DECLARATION Abu Bakr al-Baghdadi in Mosul in 2014



FIGHTING Iraqi tank near Mosul in 2016

TEN YEARS OF TERROR

Islamic State militants remain a danger to UK

slaughtered as IS rampaged across Iraq's Sunni triangle. IS then streamed north to Mosul, where al-Baghdadi had his big moment.

In June 2014, he stood in Mosul's al-Nuri mosque and announced himself the Caliph of Islamic State, which governed the city and its Syrian HQ Raqqa. Anyone associated with the Shia sect was slaughtered.

Scores of terror plots were hatched

in the Middle East, including knife and car-ramming attacks in Westminster and London Bridge.

A year after we covered the Battle of Bashiqa, 10 miles outside Mosul, Iraqi and Kurdish troops, backed by western special forces, reached the city's outskirts.

Photographer Rowan Griffiths and I entered Mosul old town as the remnants of IS were wiped out and RAF jets pummelled the jihadists with bombs.

A teenage boy carrying ammo to the front line told us: "We're taking 10,000 bullets to the troops every hour. This is the final battle. These terrorists won't die."

The IS sleeper cells that remain in the region are trying to gain a new foothold. An Iraqi counter-terror source said: "They still dream of launching an attack against western targets and, yes, they will try to do something in the UK. "Any attack in the West serves as a recruiting tool for IS, so they have to be stopped."



WARNING Chief Al-Saadi

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Secret service

Family to auction medals of heroic SAS man sent in as WWII saboteur



HONOURS Hero's niece had the medals framed

BY HOLLIE BONE
THE medals of an SAS hero who spent 22 days wreaking havoc behind enemy lines around D-Day are up for sale.

Corporal Kenneth Bateman was part of a crack team of 55 elite soldiers parachuted into occupied France hours before the landings on June 6, 1944.

The undercover mission, called Operation Bulbasket, was so secret that the details only emerged following the release of

classified documents several decades later.

Serving with B Squadron, Kenneth, 24, and his comrades worked with the French Resistance to blow up railway lines and identify fuel depots for RAF bombers to target near Poitiers.

He was eventually captured by German troops on June 28 and executed by firing squad nine days later on Hitler's orders.

Decades after his death, his niece claimed the six service

medals awarded to Kenneth, who was from Salford, Gr Manchester – the France and Germany Star, 1939-1945 Star, 1939-1945 War Medal, Defence Medal, The Africa Star and The Italy Star.

Kenneth's great-niece, who lives in Swadlincote, Derbys, and prefers not to be named, said: "Mum dug into the story and found out what happened."

"She applied for the medals from the government and had

them framed. Mum always wanted to visit Kenneth's grave in France but, sadly, she never made it over there.

"We are now not in the best of health and would sooner the medals go to someone who will appreciate them."

The collection is expected to fetch between £800 and £1,200 at Richard Winterton Auctioneers, in Staffordshire, on July 10.

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ELITE MISSION
 Cpl Bateman was executed by Germans

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CHATTY Singer Ed Sheeran

Mr Perfect's tip for happy marriage: It's good to talk

BY MARK JEFFERIES
Showbiz Editor

POP singer Ed Sheeran says the secret to his happy marriage is having "small uncomfortable conversations" that save arguments.

Ed, 33, has been married to Cherry Seaborn since 2019 and they have two daughters. Their romance inspired his song Perfect.

On the This Past Weekend podcast, Ed said: "We're with each other all the time so we talk a lot."

"If anything ever comes up we'll just nip it in the bud there and then rather than let resentment build.

BRICKS

"You have to kind of see it as bricks in a backpack.

"You've got loads of bricks in your backpack and if you can take a brick out quickly then you lighten the load."

Ed also revealed that Cherry has no issue with his worldwide pop fame.

Ed said: "We went to high school together so we've known each other for 22 years now and all of our mates are the same friends, we have a little Suffolk cohort."

"She's very comfortable. She's known me through everything so there's not really self-consciousness."

Man killed in Tesla and bus horror crash

A MAN has died and five people were injured in a collision between a double decker bus and a car.

The passenger in the Tesla Model 3, a 31-year-old man, died at the scene.

The car's driver, a man aged 32, was seriously injured and taken to hospital. Three other passengers in the Tesla, along with the bus driver, received minor injuries.

Rescue crews were called out at about 9.20am on Saturday, to the scene in Rufforth, North Yorks.

Police confirmed that the deceased man is from the Newcastle area. They have also appealed for information and dashcam footage from other drivers.

My private party with the Queen

Amputee youngster's palace treat

BY HOLLIE BONE

AN inspirational young amputee enjoyed a private tea party with Queen Camilla after missing out on a previous visit to the palace.

Tony Hudgell, nine, has raised £1.8million for charity after suffering unspeakable cruelty at the hands of his birth parents.

He was set to attend the King's Garden Party last month to honour him but his adoptive mum Paula revealed they had been unable to make it after a lorry fire on the M20.

Palace officials asked the Pride of Britain award winner if he could go on another day. But instead of a crowded garden party, the youngster enjoyed a tea date with Queen Camilla and Lyla

O'Donovan, 11, another young fundraiser who has a rare brain tumour.

The children and their families watched Changing the Guard before sitting down with the Queen.

She presented Tony, who lost his legs as a baby after an assault by his birth parents, with a British Empire Medal for services to prevention of child abuse.

Paula, of Maidstone, Kent, said: "We were extremely honoured to have been invited. Tony chatted to the Queen as if they were old friends."

Lyla's dad Paul, from Catterick, North Yorks, said: "Lyla loved every second of the trip."

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WINNER Tony with PoB award



VISITORS Lyla and Tony saw guards



HONOURED Queen greets Tony and Lyla

ROYAL TREAT Camilla with Lyla & Tony at the palace

Nominate a hero

WE need your help to make sure the UK's most deserving unsung heroes are on the stage for the 25th Pride of Britain awards.

Nominations for the 2024 ceremony, again hosted by Carol Vorderman, are now open for all eight categories. They include

HOW TO NOMINATE



TSB Community Hero Award, ITV Fundraiser of the Year and the This Morning Emergency Services Award. We also want to recognise younger people making a huge difference in their communities through our Good Morning Britain

Young Fundraiser of the Year and Child of Courage awards. If you know someone who has done something incredible, visit prideofbritain.com and fill in a short form before August 11.

Alternatively, you can scan the QR code, left, to be taken straight to the form.



AWARDS HOST Carol Vorderman

THE MATCHES TO

GETTING WIGGY WITH IT



YOU CANNOT BE SERIOUS, MAN
John McEnroe reprised his 1980s look as he filmed an advert on Saturday



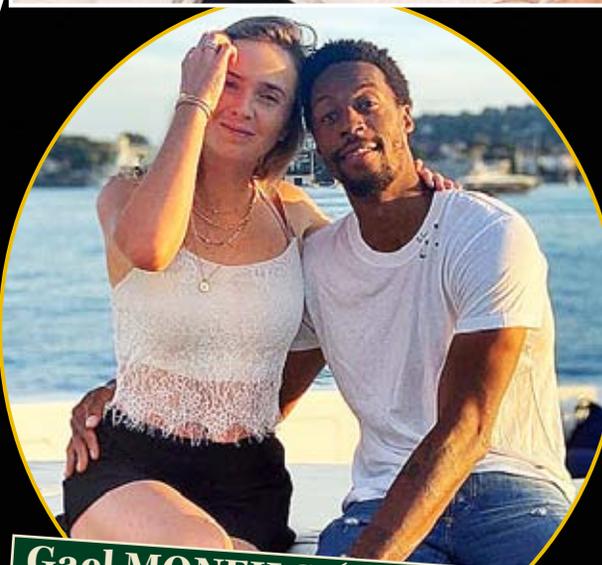
LINE CALL Fans were queuing for tickets yesterday, camping out in chilly weather to be sure of getting in today



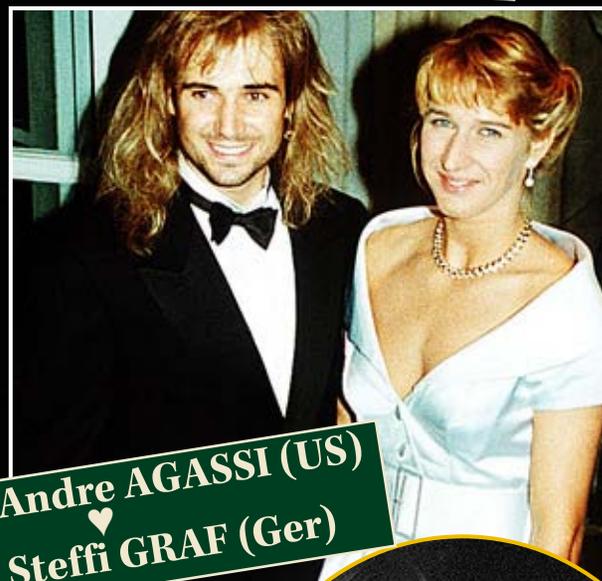
FOOTIE FAULT Emma Raducanu was wearing an England strip during practice yesterday, ahead of her first game today



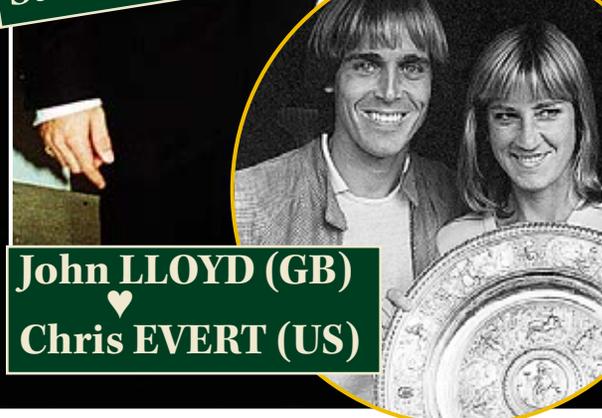
Stefanos TSITSIPAS (Gre)
♥
Paula BADOSA (Spa)



Gael MONFILS (Fra)
♥
Elina SVITOLINA (Ukr)



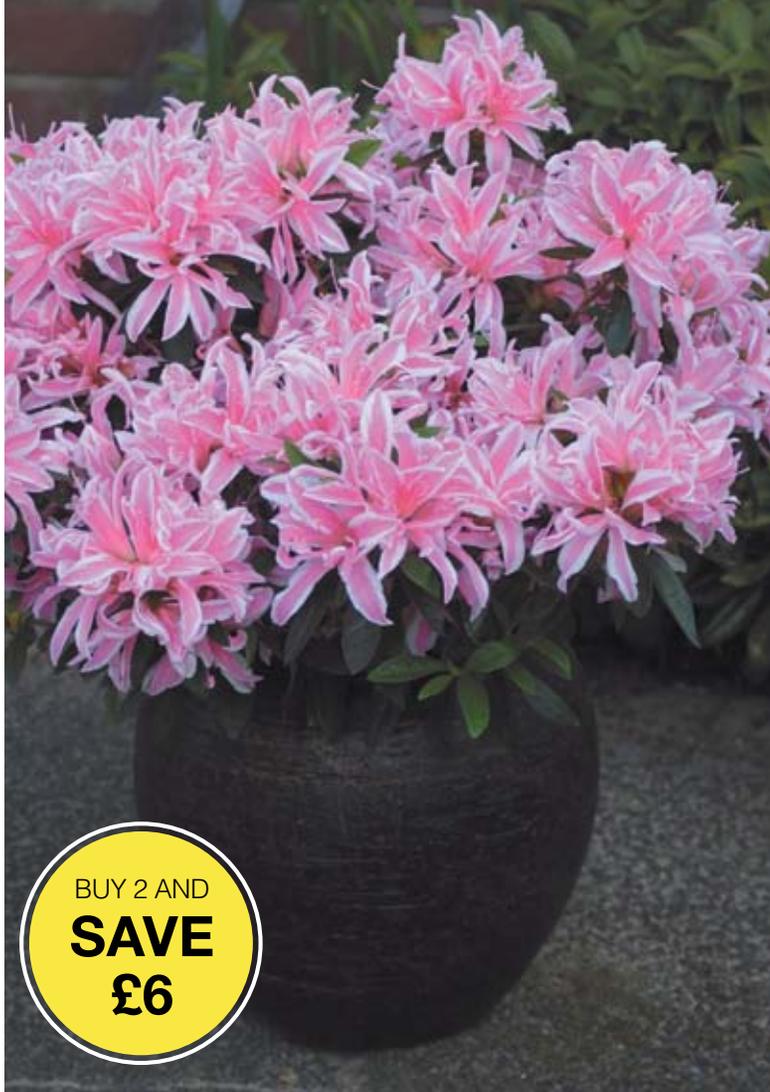
Andre AGASSI (US)
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WATCH OUT FOR AT WIMBLEDON

Game to love

It's OUT! The truth about romances on the tennis circuit

EXCLUSIVE
BY NEIL MCLEMAN

Wimbledon starts today and all the talk is of the hottest tennis matches ... on and off the courts at SW19.

According to Annabel Croft, player turned BBC pundit, there are so many romances between players, it's like the 1970s and 80s all over again. She said: "It's fun to watch and people love gossip."

Back in the day, our favourite mixed doubles were Chris Evert and Jimmy Connors – though she later wed John Lloyd – and Andre Agassi and Steffi Graf.

Now it's all about British No1 Katie Boulter, 27, who has been going out with Australia's Alex de Minaur, 25, since 2020.

They actually played in the Wimbledon mixed doubles together last year.

Then there is the new world No1, Italian Jannik Sinner, 22, and his romance with Russian star Anna Kalinskaya, 25.

Or the Greek Stefanos Tsitsipas, 25, who recently got back with Spain's Paola Badosa, 26. Some matches are made to last.

The Canadian Denis Shapovalov, 25, is engaged to Swede Mirjam Bjorklund, also 25, while Frenchman Gael Monfils, 37, and Elina Svitolina, 29, of Ukraine are married with a child.

Former British No1 Annabel, 57, said: "It reminds me of when I was a kid and my parents booked me tickets to the Love Doubles in Battersea Park.

"It was Björn Borg and his fiancée Mariana Simionescu playing a charity match against John Lloyd and Chris Evert.

"It was really fun. Tennis players have a very circus lifestyle. It helps that your partner knows how difficult losses are."

Katie Boulter agrees, and says her relationship with world No9 Alex has helped her game. She said: "I have learned so much from him, how he works and trains."

Asked about *Challengers*, the box office champion that stars Zendaya as a tennis player in a three-way match, Katie said: "I am a huge fan of Zendaya and it was a pretty cool movie. The relationship stuff? Oh, I don't know, I don't get involved in that. I am set in my ways – one way."

Scottish tennis legend Andy Murray saw the film with wife Kim and gave his verdict: "We had seen brilliant reviews, but I didn't really understand it to be honest."

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X@DailyMirror



SMASH
Zendaya in hit tennis movie *Challengers*

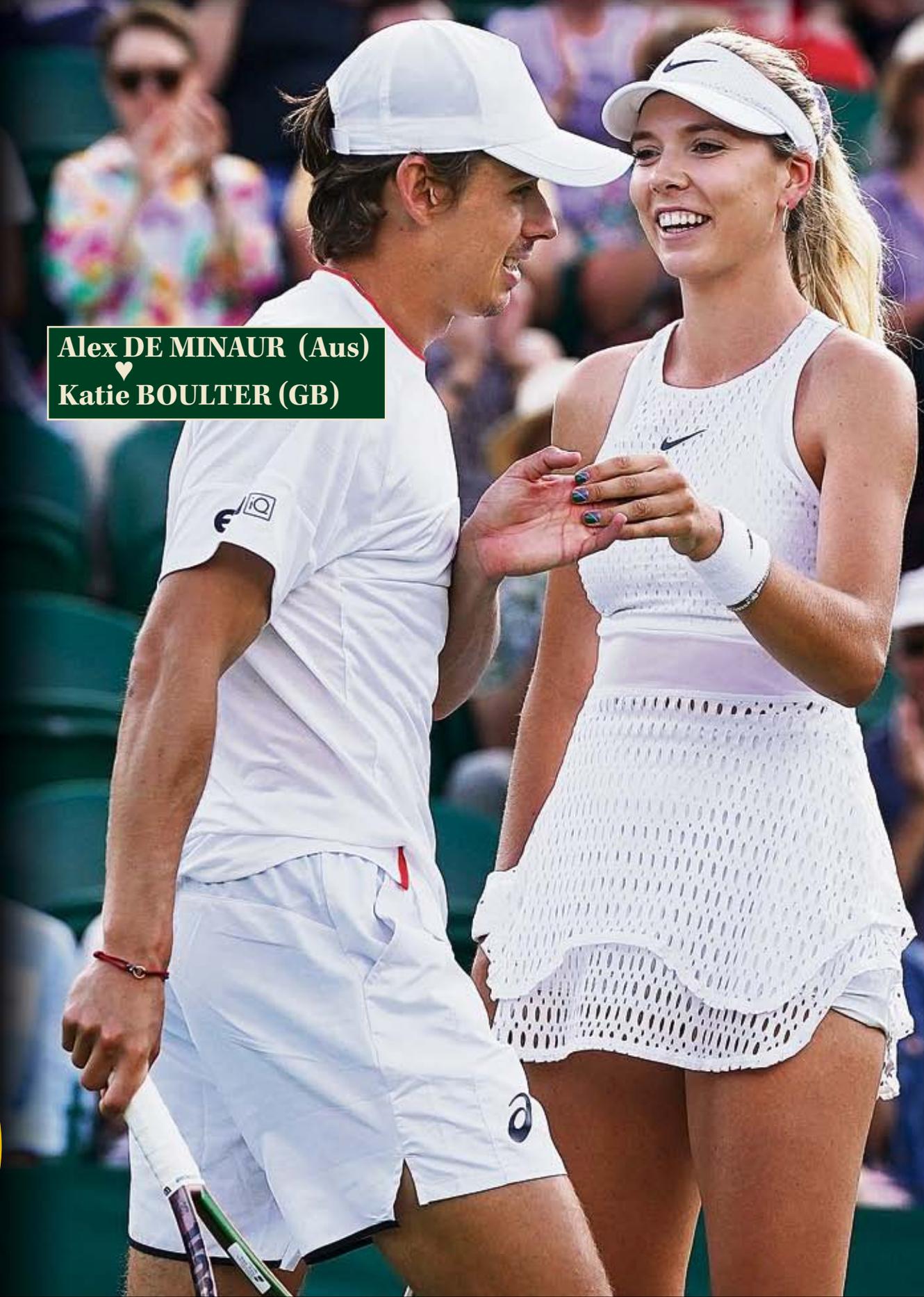


MEMORIES BBC pundit Annabel



Mirjam BJORKLUND (Swe)
♥
DENIS SHAPOVALOV (Can)

Alex DE MINAUR (Aus)
♥
Katie BOULTER (GB)



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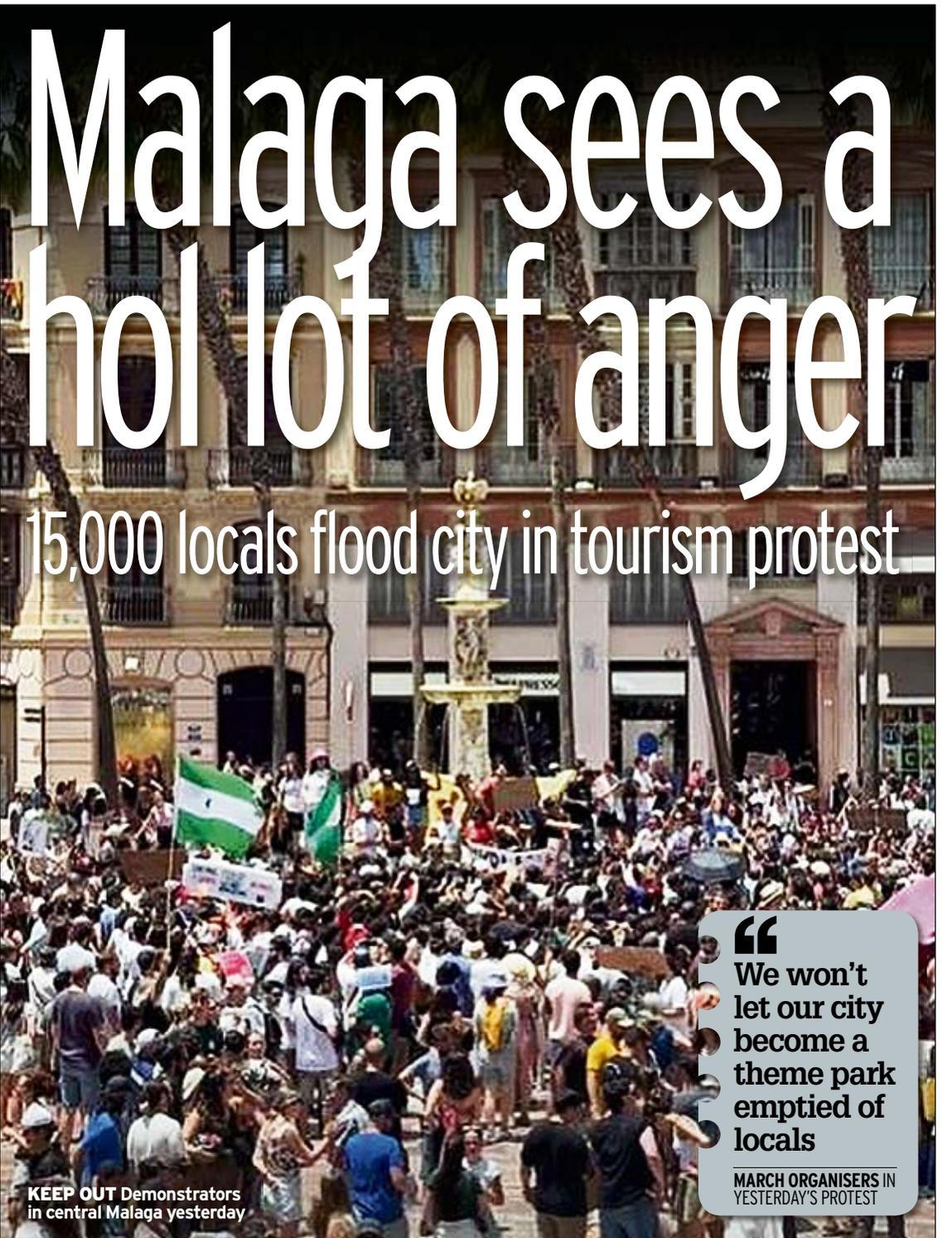
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Malaga sees a hol lot of anger

15,000 locals flood city in tourism protest

KEEP OUT Demonstrators in central Malaga yesterday

“
We won't let our city become a theme park emptied of locals
”
MARCH ORGANISERS IN YESTERDAY'S PROTEST

BY **ADAM ASPINALL** and **NATALIE PENZA**

ANOTHER big protest against mass tourism has rocked Spain, this time in Malaga.

More than 15,000 flooded the Mediterranean hotspot with banners reading “We're strangers in our own city” and “One more tourist is one less local resident”.

The demo mirrors those held already this year in Majorca, Ibiza, Menorca and the Canary Islands.

Organised by the Malaga Tenants Union, it was backed by more than 50 organisations including Greenpeace and Oxfam.

Its slogan was “Malaga para vivir, no para sobrevivir” – “Malaga to live in, not survive in”.

Some banners read, “Malaga is for the people of Malaga, tourism forces us out”.

Others said, “Padlocks out of our neighbourhoods” – a reference to coded key holders outside tourist apartments.

A right-wing group tried to hijack the protest soon after it left the central Plaza de la Merced.

They shouted: “Council housing for nationals.” But they were met with calls of “Fascists out of our neighbourhoods” and disbanded.

The march through the city ended at Constitution Square with the reading of a manifesto.

Protest organisers said: “We're not going to let ourselves be expelled from our own city.”

“We're staying put. We are not going to allow Malaga to become a theme park emptied of local residents. We are not going to allow

shops to be replaced by franchises, pavements with terraces and rents with eviction letters.”

Marcher Santiago Perez, 67, said: “I'm not against tourism but I want it to be regulated so we have quality tourism and not the drunken type the holiday rentals attract.”

Millions of Britons flock to the Andalusian city every year for culture tours, day trips or on their way to the Costa Del Sol resorts.

Earlier this year stickers were plastered over the front of tourist apartment blocks with messages in Spanish saying, “F*** off from here”.

A second anti-mass tourism protest is planned for Palma in Majorca on July 21. During the first one on April 25, holidaymakers were booed and insulted along the demo route.

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HUGE March winds round city



ANGER No to cruise stop-offs



BANNERS Locals say tourism is pushing them out



RELEASE BID Daniel Lynch

Katie Piper's acid attack ex to go before Parole Board

BY ADAM ASPINALL

THE rapist ex-boyfriend who ordered the acid attack on TV presenter Katie Piper is up for parole.

Daniel Lynch was convicted 15 years ago of arranging for Stefan Sylvestre to throw the liquid at the former model in March 2008.

It left her blind in one eye and needing more than 400 operations to try to repair the damage.

Lynch was jailed for life with a minimum of 16 years in May 2009 for raping Katie and setting up the acid attack on her.

HAUNTED

The Parole Board confirmed yesterday there will be a private hearing for him on July 23 and 24.

Katie, 40, told last June how she was haunted by the prospect of Lynch's release. She said: "I'm 40 this year. Am I going to die in the next 10 years? I don't actually know."

"The people that attacked me will be released. Are they going to kill me? I'm not sure."

Sylvestre was released on licence after serving nine years but was recalled to prison in 2022 after breaching his conditions.

Woman due in court over jail sex video

A WOMAN is due in court today after a video on social media allegedly shows a prison officer having sex with an inmate in a cell.

Thirty-year-old Linda De Sousa Abreu has been charged with misconduct in public office, the Metropolitan Police said.

De Sousa Abreu, of Fulham, South West London, is in custody and will appear at Uxbridge magistrates court today.

A police investigation was launched on Friday after officers were made aware of a video, said to have been filmed inside HMP Wandsworth.

Ex-prison officer De Sousa Abreu was arrested the same day.

Just the ticket

Savvy Andy uses £2 bus fare cap to travel 1,000 miles and visits 82 towns over 13 days

BY ADAM ASPINALL

HERE'S one traveller who knows how to holiday on the buses...

Andrew Cowell, 48, used the £2 fare cap to visit 82 towns in a 1,000-mile trek that took him just 13 days.

The railway operations planner used 80 buses for his adventure across England and Wales. He left his home in Allestree, Derby, on June 10 and travelled 115 miles to Lancaster in one day on six routes.

Andrew said: "It's a wonderful way to travel because you can take everything in and when there is a stop in a town or I have to change I have a chance to explore somewhere I wouldn't normally."

"I used 80 buses in total. The original plan was 81 but in typical bus fashion, some routes and times had changed. It only took 13 days which I was surprised

considering the miles I covered. On the whole the buses were reliable."

Andrew's total travel bill came to just £165 and he spent around £200 on cheap B&Bs near the bus stations.

His most expensive day of travelling added up to £14 and the cheapest £6.

He revealed his journey was "partly a personal challenge" but added: "It's also to highlight where you can get on buses and to use them. I do have a car. But I use the bus as well. We need them."

ANDREW'S BUS ODYSSEY: Day 1 Derby - Lancaster; Day 2 Lancaster - Scarborough; Day 3 Scarborough - King's Lynn; Day 4 King's Lynn - Ipswich; Day 5 Ipswich - Canterbury; Day 6 Canterbury - Portsmouth; Day 7 Portsmouth - Weymouth; Day 8 Weymouth - Polperro; Day 9 Polperro - Newquay; Day 10 Newquay - Minehead; Day 11 Minehead - Cardiff; Day 12 Cardiff - Bangor; Day 13 Bangor - Allestree.

adam.aspinall@mirror.co.uk X@MirrorAsp



LINCOLN



KESWICK



ST IVES



PORTSMOUTH

Friend whose food was worth the hazardous journey

FOR the life celebration of dear friend Chris Lawrence, we travelled over the Pennines to Todmorden, a town that likes to be different.

And so did she, a native of pit village Methley, near Castleford, where becoming an admired school teacher was beyond the ambition of most girls born in the 30s.

I only knew her later in her life, as a member of the Cowling village book club, where her judgment was as sharp as a razor. She was the best. Sometimes, I felt

PAUL ROUTLEDGE LIFE GOES ON



like one of her pupils at South Craven school who hadn't done his homework properly, with "you can do better than that" on my report.

Yorkshire writer Gervase Phinn, then a school inspector, described her Hamlet lesson as the best he had heard. Poet

Simon Armitage praised her cake, visiting on his Pennine Way walk.

That was the other joy. Eating in her kitchen in Wood House, the remote cottage she shared with science teacher husband Doug, was a feast of home baking and cooking.

Sometimes you had to stumble over slippery, ice-covered stones, ever fearful of tumbling in the beck, but it was worth it.

This was the first time I'd been to what you might call a humanist funeral,

organised by Natural Endings and held in Todmorden's old post office depot.

Without hymns or prayers but with music and memories read by celebrant Lisa Foster, it was deeply moving. As a parting gift, the family wrapped some of Chris' books in her favourite William Morris design paper to take away.

There must have been 80 people there. If I attract as many, and leave as large a hole in the lives of family and friends, I'll be lucky. But then, I'll never know.

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FIREFIGHTERS In Vilnius

3 kids among dead as Putin missiles kill 7 in town blitz

BY **CHRIS HUGHES**
Defence and Security Editor

RUSSIAN missiles killed seven in a Ukraine town and injured dozens more.

Official photos showed bodies, three of them children, under blankets in a park in Vilnius alongside craters, blackened earth and a charred building.

Another 36, including nine children, were hurt.

Yesterday was declared a day of mourning in the town 50 miles from the front line in the region of Zaporizhzhia.

DRAIN

Governor Ivan Fedorov said Saturday evening's strike hit a shop, housing and unspecified "critical infrastructure".

Moscow has stepped up air strikes in a bid to drain Ukraine's resources, often targeting energy facilities and other infrastructure.

At the same time in Ukraine's eastern Donetsk region, eight died and 14 were injured as near-daily shelling continued.

Shelling also killed one civilian and wounded five others in the southern Kherson region.

Ukrainian's President Zelensky called for more Western aid for air defence.

Wimbo fans facing tram strike delays

TENNIS fans are being urged to avoid using trams during Wimbledon due to strikes by some staff.

Maintenance workers in the Unite union began their action yesterday, with it due to end next Monday.

They will then strike again from July 11 to 15 in a dispute over pay, saying their salary is up to £10,000 less than colleagues on London Underground.

Transport for London said it expects a reduced and disrupted service on the whole network for some of those days.

London Trams boss Navid Golshan said: "We urge Unite to work with us to find a resolution and call these strikes off."



VIGIL IN WHITE Women on yesterday's London march

Families of murdered women join huge march for change

Safe in our hearts



VICTIM Multiple failures led to Zara Aleena's death

BY **MATTHEW YOUNG**

FAMILIES of women killed by men yesterday joined the aunt of murdered Zara Aleena in a huge march calling for change.

Farah Naz spoke bravely about her niece, 35, killed by Jordan McSweeney as she walked home from a night out.

She was joined by the parents of Sarah Everard and family representatives of Sabina Nessa and Jan Mustafa.

Also there was Mina Smallman, whose daughters Nicole, 27, and 46-year-old Bibaa were killed by devil worshipper Danyal Hussein, 19.

Farah told marchers: "Let's walk with Zara in our hearts. Let's walk with all murdered women in our hearts."

"Let's hold them in our hearts and let them live again."

She led the crowd in a silent vigil before stopping at the scene of her niece's killing in Ilford, East London.

She told tearful followers: "This is the place Zara was apprehended and murdered. Perhaps we can spend a moment holding her in our hearts."

A minute's silence was followed by a 10-minute walk to where law student Zara lived. Marchers wore white, as requested, and carried placards reading "never forgotten".

Her murderer was freed from jail on licence nine days before the attack. An inquest found failures

across "multiple agencies" contributed to Zara's murder.

Farah said the inquest was incredibly difficult but added: "Now we carry on and we keep on changing things. The work has to be done by all of us. Share all of these stories. You are the change. Zara is here, inside of us. Do the work, please."

Mina Smallman said: "I campaign for women of colour but also for all women. We will never give up until we have a world and culture we deserve."

Her girls were murdered in a park in Wembley, North London, in 2020

Met officers Deniz Jaffer, 49, and Jamie Lewis, 34, assigned to protect the murder scene, were jailed for taking photos of the bodies

and sharing them with colleagues. Sarah Everard, 33, was abducted, raped and murdered by Met police officer Wayne Couzens in 2021.

In the same year Sabina Nessa, 28, was killed by Koci Selamaj in Kidbrooke, South East London.

Jan Mustafa, 38, vanished in 2018 and was found the following year in the freezer of Zahid Yunis in Canning Town, East London.

Anjum Mouj from Violence against Women and Girls who was at the march said: "We demand an end to the violence that took Zara."



SET FREE EARLY Killer McSweeney



BRAVE From left, Anjum, Farah and Mina

“The work has to be done by all of us. Share all of these stories.. you are the change

ZARA ALEENA'S HEARTBROKEN AUNT FARAH NAZ

m.young@mirror.co.uk
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Pictures: PHIL HARRIS

JOIN THE
WOMEN'S
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LIFE live it well

The beauty myth buster

It's time to rethink everything you thought you knew about beauty, skin and make-up. Expert Dr Michelle Wong. Here she sorts fact from fiction...



With more than 20 years of experience in science education and as a cosmetic chemist, Dr Michelle Wong has amassed a huge following as the voice of reason in the beauty industry.

Her insightful videos for her 550,000 Instagram and 560,000 YouTube followers (@LabMuffinBeautyScience) debunk myths about everything from exfoliants to eyeshadow.

Now the Australian-born expert has written *The Science of Beauty*, an eye-opening book in which she sorts fact from fiction to reveal the truth behind marketing claims, TikTok trends and treatments such as Botox.

She deploys evidence to explain which ingredients do what they say on the tin, and the ones to avoid so you don't waste your cash. Here, she busts some of the biggest beauty myths...

MYTH: You get what you pay for

Good news – effective skincare products needn't break the bank.

"The most evidence-based ingredients in skincare aren't that expensive," she says. "Retinol, niacinamide, and vitamin C, which are very effective, are reasonably cheap."

"Brands including Neutrogena, L'Oreal, and Olay invest a ton of money into research but, because of economy of scale, they can sell them a lot more cheaply than the really expensive skincare brands."

MYTH: You should never sleep in make-up

We don't need to follow a 10-step Korean cleansing routine just to avoid breakouts.

"The pigments in make-up generally aren't particularly irritating so sleeping in it isn't that bad," she says.

"But if you had your make-up on all day, it probably collected a lot of pollutants so wiping it off is a good idea. In fact, sleeping in make-up isn't that different to sleeping in a moisturiser that has collected those pollutants."

MYTH: Natural products are safer

There's no beauty industry consensus on what "natural" means, Dr Wong explains. "Lots of things in nature aren't good for us, from allergens to toxins, and a lot of ingredients that people are allergic to are natural ingredients found in essential oils and fragrances."



MYTH: Drink water for clear skin

Chugging eight glasses of water isn't the secret to a perfect complexion.

"If you don't have liver or kidney disease then your body is going to clear out toxins naturally," she says. "Drinking water just dilutes your urine. But it's still good to drink it or you'll get headaches."

MYTH: Dirty hair cleans itself

Hair doesn't magically shed its own dirt and grease, despite what you may have

heard. "Your hair and scalp can't sense how much oil is there," she says. "When people say they don't need to shampoo as often, that could be because they got used to that level of oil."

MYTH: You can't get rid of wrinkles

"Retinol reduces wrinkles by increasing collagen deep beneath the skin," says Dr Wong. "And hydroxy acids, which are chemical exfoliants, smooth out upper layers of your skin. Moisturiser will reduce the appearance of wrinkles too."

Prevention is always better than cure.

"The biggest preventable cause of wrinkles is sun exposure, so wearing a daily sunscreen is a good idea. It's a lot cheaper and a lot more effective to prevent wrinkles than to try to undo them later."

MYTH: Silicones and sulfates damage hair

In fact, silicones and sulfates, chemicals found in shampoo and conditioner, can

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MYTH: Acne is caused by diet

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hydrates, such as ultra processed
can increase acne.
airy might also worsen acne. But it
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“
The biggest cause of wrinkles is sun exposure, so wear sunscreen

food. If you suspect a particular ingredient might be causing your acne, try taking it out and see what happens."

MYTH: Facial oils make skin less greasy

"There is this theory that using oils on your skin can signal to your skin to produce less oil," says Dr Wong.

"But your skin doesn't sense that you're putting more oil on your skin. If you have oily skin and put extra oil on your face, you won't have less oil on your skin. You'll just have different oils.

"But a lot of people find them helpful as moisturisers, especially if they have dry skin."

MYTH: Clinically tested products are more effective

It sounds impressive, but "clinically tested" is a meaningless term.
"It usually means the product has been tested but it doesn't tell you how"

So you need to do a deep dive online to find out more.

"Make sure it was tested on a skin type similar to yours. Usually they'll you the age of the people, their skin tone and how long it was tested for. Sometimes they've just tested on three people."

MYTH: You can treat cellulite

It's time to make your peace with orange-peel skin.

"Cellulite happens deep in your skin as bands of connective tissue pull your skin down towards the muscle," says Dr Wong. "That's what causes the dimples in cellulite."

Any benefits of cellulite treatment are unlikely to last more than a couple of hours. "It's a temporary effect from spreading out fluid collecting under your skin."

MYTH: Steaming clears pores

Placing your face over a bowl of boiling water is an age-old beauty treatment. But Dr Wong says: "The pores on our

face don't open and close with different amounts of heat.

"Steaming can be helpful because getting your face wet lubricates pores and makes it easier to get out dirt. But steam is also hot so it can irritate skin."

MYTH: Buy hypoallergenic products for sensitive skin

Dr Wong warns that not every potential allergen is tested in products marketed as hypoallergenic.

"When a brand says a product is hypoallergenic, they mean they avoided using common allergens. And brands don't always test their products on people with sensitive skin."

MYTH: Sunscreen causes vitamin D deficiency

Though sunscreen blocks some of the UVB rays that help skin to produce vitamin D, there's no scientific evidence linking sunscreen and a deficiency.

"Most likely, because you aren't wearing sunscreen all over your skin,

there are gaps where sun can get through and produce enough vitamin D. Usually vitamin D deficiency is associated with not going outside or wearing protective clothing all the time," she says.

MYTH: Make-up with SPF does the same job as sunscreen

"The SPF on any product is the protection you get if you apply about a quarter teaspoon to your face. But foundation isn't designed to be worn that thickly and you can't apply that much without looking very strange.

"With SPF in moisturisers, if you can apply a quarter teaspoon to your face then you're covered."

MYTH: Cruelty-free products are ethical

"Most cosmetic products aren't tested on animals," says Dr Wong. "But there are other ethical issues with cosmetics that 'cruelty free' doesn't capture.

"Animal testing is designed to ensure the safety of workers handling bulk ingredients, so avoiding animal testing is possibly unethical.

"Some ingredients use child labour and slave labour and that's not covered by 'cruelty free' either."

MYTH: Hair dryers damage hair

Using a hair dryer can be less damaging than allowing hair to dry naturally.

"Wet hair is more fragile. Air drying your hair means your hair is wet for longer," she says. "In general, air drying



and using a blow dryer on a low heat are probably equally damaging, and not very damaging at all."

MYTH: You only need sunscreen outdoors

"There are two types of UV radiation. UVB causes more burning but UVA is linked to ageing skin, darker pigment and some forms of skin cancer.

"UVA can penetrate glass so if you're sitting close to a window and the sun is shining on your skin then you probably need sunscreen."

MYTH: Gel nails are damaging

Gel nails aren't a problem, it's the removal process that can cause harm.

"If you start peeling off your gel nails, that can peel off the top layers of your nail," she says.

"For safe removal, get cotton wool, dip it in acetone, wrap it around the nail and soak it for 15 minutes. Then you should be able to push the gel off with no force."

In fact, gel nails are beneficial if your nails are weak.

"They can reinforce the nail and prevent chipping and breakage."

■ **The Science of Beauty by Dr Michelle Wong, £16.99, is published by DK**

INTERVIEW BY **CHARLOTTE HEATHCOTE**

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DR MIRIAM STOPPARD



Prioritising a phone can erode your relationship



Urethritis

What is it?

When the urethra, the tube that carries pee from the bladder out of the body, becomes swollen, sore and inflamed, it's called urethritis.

It's often caused by a sexually transmitted infection (STI), such as chlamydia or gonorrhoea.

Non-gonococcal urethritis (NGU) or non-specific urethritis, is when the infection is caused by something other than gonorrhoea.

What are the symptoms?

Pain or a burning feeling when you pee, white or cloudy discharge from the vagina or penis, sore, red tip of the penis.

With a sexually transmitted infection, symptoms may not appear for a while after having sex.

What are the causes?

It could be down to having unprotected sex with someone who has an STI.

Sometimes no cause for the urethritis can be found nor are there any symptoms.

What's the treatment?

Urethritis is usually treated with antibiotics but it may take a week or two for your symptoms to disappear completely.

If you have an STI, you should tell all of your current sexual partners so they can be treated.

Avoid having sex, including oral sex, until you and any partners have finished treatment and the symptoms have gone.

You know when your partner concentrates on their phone, ignoring you in the process, something called "phubbing" (phone snubbing)? Well, it doesn't just stop you connecting with each other and strain your relationship.

Much worse, it affects women's creativity while doing their jobs in the workplace.

A study from Bath University, Aston, and IESE Business School sheds light on the negative effects of phubbing, such as its detrimental impact on relationships and mental wellbeing. A new study of working couples in the US points to repercussions in the workplace as well, but only for female partners.

"Phone usage is eroding the connection between couples and hindering their capacity to discuss and address stresses and concerns that are playing on their mind," said Professor Yasin Rofcanin from the University of Bath's Future of Work research centre.

He adds: "Supportive interactions at home have a positive crossover effect on partners, enhancing their creativity in the workplace. However, this spiral of support is lost when individuals are absorbed in phone scrolling, missing



“Supportive interaction at home benefits work creativity”

out on these valuable moments of connection."

Phubbing actually disrupts how a couple balances work and family responsibilities. Analysis of diary entries spanning 15 working days, from 65 full-time, dual-income heterosexual couples with children, in the US, reveals that phone use is disrupting social interaction and the support couples usually provide each other.

It's a two-way street. Supportive

interactions with co-workers extend to the home environment, benefiting partners in loving relationships and contributing to enhanced creativity in the workplace.

However, it works only for women. Researchers say women seem more adept at translating this support into workplace creativity, possibly because expectations on women to juggle home and work push them to pursue support networks and seek out family friendly work policies. The support

spiral enables women to be more resourceful at work – to engage in proactive "job-crafting" that enhances job satisfaction, such as seeking out new challenges, building stronger relationships with colleagues, and choosing a positive perspective on their role, which all contribute to enhanced creativity at work.

As organisations navigate post-pandemic working arrangements, Prof Rofcanin believes "it's crucial to consider the impact of home dynamics on employee productivity and wellbeing".

The researchers hope their findings will help employers to be flexible about using technology for working out of hours, and to support work-family balance with flexible working schedules.

Dr Siqi Wang from Aston Business School summarises: "In fostering a supportive work-family environment, close collaboration between HR managers and employees' first-line supervisors is essential. Employers can benefit from work-family training programmes emphasizing communication and limiting technology use, particularly for work purposes."

Ask Dr Miriam

Q My mum has early dementia and one of our neighbours who belongs to a local choir has suggested she goes with her. Do you think this is a good idea?

A I most certainly do because music can provide valuable communication to people with dementia. Furthermore, the ability to make or play music, whether by singing or by playing an instrument, can continue even when people living with dementia have lost other abilities and means of communication.

We know that joining a choir is linked to better memory and thinking skills in older age.

Playing the piano or learning to play the piano is especially good for a better brain in people over 40.

Singing is also linked to better brain health and with a choir, the social aspects of being part of a group also play a helpful role for someone with dementia.

Anne Corbett, professor of dementia research at Exeter University, believes music could be a way of harnessing the brain's agility and resilience, known as cognitive reserve.

So encourage your mum to sing and let your neighbour take her to the choir.



WHAT'S THE DIFFERENCE...

...between mineral and chemical sunscreens?

Chemical sunscreen
This is the familiar kind of sunscreen most of us use containing chemical ingredients that absorb damaging UV rays so they can't harm your skin. The ingredients convert harmful UV rays into harmless heat, which is then released from the skin.

Mineral sunscreen
The ingredients in mineral sunscreens are different. They actually form a physical barrier that protects the skin. Mineral sunscreens physically filter and block UV rays with a protective film on the skin's surface that reflects UV rays before they can harm the skin.

CHARITY OF THE WEEK

July is Sarcoma Awareness Month. Sarcoma is a cancer of muscles and bones that can appear anywhere in the body, the most common symptom being a lump that's growing or changing. Sarcoma UK is a national charity that funds vital research, offers support for anyone affected by sarcoma cancer, and campaigns for better treatments. It is the only cancer charity in the UK focusing on all types of sarcoma. sarcoma.org.uk

DID YOU KNOW?

Green spaces can help to improve kids' mental health

We already know being in nature is beneficial to the mental health of adults. Now a US study has looked to see if the same is true in children.

No surprise – it is. The research couldn't come soon enough, following a worrying survey that showed one in five children

and young people in England aged eight to 25 had signs of mental disorder last year.

In America, researchers asked parents of 2,000 kids to report on their children's mental health using checklists. They compared this data with how much green space was near their

home. They found kids aged two to five near green areas had fewer mental health symptoms. In children aged six to 11, no relationships were found between green spaces and mental health.

This may be because young people that age spend less time at home.



dearcoleen@mirror.co.uk



DEAR COLEEN

Fiancee's friends say our wedding will be too lavish

Dear Coleen

I'm a 40-year-old man and I'm getting married to the love of my life at the end of August. This is a second marriage for both of us and our dating history is very similar.

We both married in our 20s and got divorced in our 30s, and neither of us has kids with our exes. We met each other via a dating app, sparks immediately flew and it's been great ever since.

My problem is, there seems to be quite a lot of negativity around our wedding from friends of hers and even her sister, who said the celebrations sounded "over the top for a second wedding".

I have gone to town a bit because I want to make my fiancee happy – a big marquee at a country house, bands, DJs, fireworks, the full nine yards. But why not?

Neither of us had a big wedding first time round because we were young and our families couldn't afford it, but I've got a good job and so does my fiancee, so why not make it a day to remember?

I can tell she's upset by what she's heard and the general lack of enthusiasm from people who are supposed to care about her.

One of her friends, who's also a bridesmaid, is being difficult about arrangements for getting to the venue – she's behaving like the whole thing is an inconvenience. Please advise.



Coleen says

How great that you found each other – and congratulations. Look, if I had a penny for every letter I've had from stressed-out brides and grooms over the years, I'd be a rich woman.

If you have a big wedding and invite a lot of people, inevitably some of the guests are going to be a pain. But who cares?

You're going to a lot of effort and spending a lot of money to celebrate each other and give your guests a fabulous day. Ignore the negativity, stay focused on your plans, do it your way and anyone who complains doesn't have to come to the wedding. That includes the whiney

bridesmaid – it's not her special day!

It sounds like jealousy and gossipy nonsense to me, which I agree is a shame, but you mustn't let it spoil the vibe.

Trust me, when you see your fiancee walking down the aisle towards you and you're dancing at the reception later and

hearing all the lovely things people have to say about you both, all this other stuff will fade into insignificance.

Just keep being positive with your fiancee – tell her it's going to be a great day and you can't wait to be married to her.

You don't have to justify your choices to anyone. You both deserve to have the best day of your lives.

"I've booked a country house, bands, DJs, the full nine yards"

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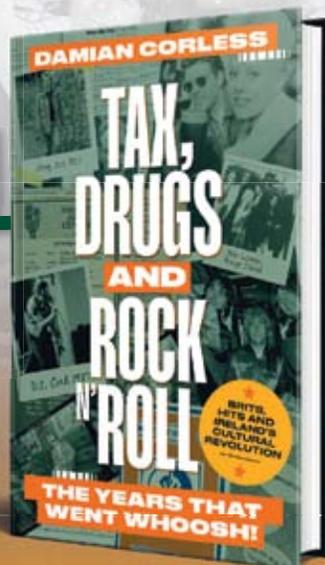
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COLEEN'S

WORDS OF WISDOM

If you have something important coming up like an exam or a job interview, it's important to go into it with a positive attitude. Prepare as well as you can, but also start visualising how good it will feel to do well and achieve your goal.

PROBLEMS?

Tell Coleen Nolan about them and she'll give you an honest answer... every weekday in the Daily Mirror

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Let's do this together

Edited by **SIOBHAN McNALLY**



The Dark Lord took a welcome break from her gruelling exam timetable... no, not by staying in and revising nicely, but by going to a big fancy dress party in London.

Her best friend turns 17 and is throwing a bash for what feels like 100 of her closest friends.

The theme is Pick a Decade, so TDL is going 1970s. The other girl in their circle has chosen 1980s, and the more creative one of the group is going as... 1870s. There's always one.

As well as the glossy red platform boots that she nearly knocked herself out with on the top of the door jamb, the rest of her party outfit turned up from Vinted - a frilly red satin shirt and disco ball earrings. I have warned her to avoid naked flames wearing that particular non-flame retardant combo.

Obviously, I don't think of the 1970s and 1980s as being a very long time ago, especially as I have pairs of shoes that are older than my daughter. But in terms of distance from their birth, it's like me going to a 1940s tea dance, or my mum going to a Victorian organ recital. Both of which sound quite fun actually, especially as the guests at TDL's party also have to sing two karaoke songs from the period they're dressed in.

When I asked TDL what she was singing, she said, "Er, I think songs by Abba and David Bowie."

"Really? I think your outfit is more The Jackson 5 than Bowie," I told her.

"How do you know what people wore?" demanded TDL.

"Well I was born then, and if I remember rightly," I mused, "we mostly wore cream and brown, and had lapels the size of airplane wings."

"Well THAT would look silly," she decided, hobbling off in her six-inch stilts.

■ Email siobhan.mcnally@mirror.co.uk or write to Community Corner, PO Box 791, Winchester SO23 3RP.

➔ Please note, if you send us photos of your grandchildren, we'll also need permission of one of their parents to print them... Thanks!

Yours, Siobhan



When the weatherman tells you to dress for the mid-70s!

Join in and be a part of our amazing community. Share your tips, pictures and hobbies, tell us the quote you live by, or nominate your hero of the day. Whatever is happening in your life and whatever you're talking or thinking about, we want to hear it. Email us at siobhan.mcnally@mirror.co.uk, or write to Community Corner, PO Box 791, Winchester SO23 3RP



"Meet our new eight-month-old chihuahua, Bobby. We've only had him for two weeks, and he already knows several words, like 'no', 'leave it', and 'stop!'" writes Sylvia Baker of Lake, Isle of Wight.

The family already has a 12-year-old chihuahua called

Zac, who wasn't impressed with the new arrival at first.

"But now they run round the garden together," says Sylvia, who is also going through the pains of settling in the new puppy. "I have seen some lovely sunrises at

5am when we're in the

garden, but at least he settles down again for a few hours," she says.

"He's very sweet natured and keeps us entertained."

■ We love a doggy-of-the-day. Send your pawtraits to siobhan.mcnally@mirror.co.uk

Write to reply

■ The funny meme on your page (Mirror June 26) asking to write a sentence with the word 'ignominious' in it reminded me of an old joke that did the rounds some time ago. When a schoolboy was asked to use a sentence with the word 'fascinate', after a few moments of deep thought, he replied, "My mother bought me a duffle coat with 10 toggles on it but I could only fascinate of them."

Terry Morris, Blackwood, South Wales
Ed: Ha ha! Very good, Terry. Top of the class.

■ I would like to dedicate these golden oldies to Rishi Sunak.
California Here I Come - Freddie Cannon
Don't Laugh At Me (Cause I'm a Fool) - Norman Wisdom
End Of The Line - Traveling Wilburys
For Whom the Bell Tolls - Metallica
I Gotta Go Now - The Kinks

Alan Parkin, Sheffield

Ed: Well done, Alan, and let's not forget Yesterday Man by Chris Andrews.

■ I wanted to tell you how I still chuckle about a fun day out we had with the family. My husband Tony was winding up my dear late dad, Ivor, and his response as he looked out to sea was, "Take a walk out there until your hat floats!" We still laugh about it now.

Glen Trick, Plymouth, Devon

Ed: Ah great one, Glen. Crafting the perfect roast for a family member is one of life's great joys. My late dad Jackie used to love telling me to go "boil my head". I'd love to hear any more funny family insult stories if readers have them.



THOUGHT OF THE DAY

Self-esteem comes from what you think of you, not what other people think of you.

GLORIA GAYNOR

There once was a...

Queen of limericks, Lynda Mackenzie from Clackmannan, Scotland, can even rustle up one about penning limericks.

*A song will often be lyrical,
A formula may be empirical,
But to write a good rhyme,
In a short space of time,
Now that really would be a miracle.*

■ Send your nonsense rhymes in to me at siobhan.mcnally@mirror.co.uk

Stupid ADVERTS

The only thing more annoying than insurance adverts are 'compare' insurance adverts - apart from the meerkats. We love the meerkats.

"All those smug smiling faces whistling just because they have sorted out their insurance with Confused.com drive me round the bend," says Ann Doman with a grimace.

And the one that drives her mad are the AA bank robbers, which is not in the slightest bit accurate. "I know the police can be slow but not that slow," adds Ann.

I bet they're not slow at all when someone's robbing a bank, Ann. If it was your bike, that's another matter.

Concerned about the sort of nation we are becoming, Pete Perry in Stevenage, Herts, has a serious point to make.

"What really bothers me are the number of ads for betting companies that are being shown, not just on TV (where they even

sponsor programmes and sponsor sporting events) but also all over social media.

"The number of gambling addicts is on the increase, and there's even some of them, allegedly, in the main

political parties!"

And Pete adds, "I know of many people who can't go into a shop without buying a lottery ticket."

Back to cars, reader Bernard McGee takes personal exception to the We Buy Any Car advert.

"It annoys me because I sold them my old car for £100 - but they charged me a £50 administration fee," he says. "Now when the ad comes on, I sing, 'You stole my car' to their jingle 'Just sold my car.'"

Ahhh... you gotta read those old pesky T&Cs, Bernard.

■ Which ads get your nerves? Email siobhan.mcnally@mirror.co.uk



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AA's bank robbers and We Buy Any Car



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TODAY'S TV



with SARA WALLIS

BEST MATES
Molly and Paddy



PADDY & MOLLY:
SHOW NO MERSEY

BBC3, 9pm



FAMILY
Paddy and wife Laura



POWER
Molly in action

Paddy 'The Baddy' Pimblett and Molly 'Meatball' McCann are Liverpool legends and two of the biggest names in Ultimate Fighting Championships. Proud Scousers and best mates, the charismatic MMA (Mixed Martial Arts) fighters are making a massive impact in UFC, which is hailed as one of the fastest growing sports in the world.

This frank and funny series follows the pair as they enter the next phase of their professional and personal lives, all while juggling relationships with friends and family.

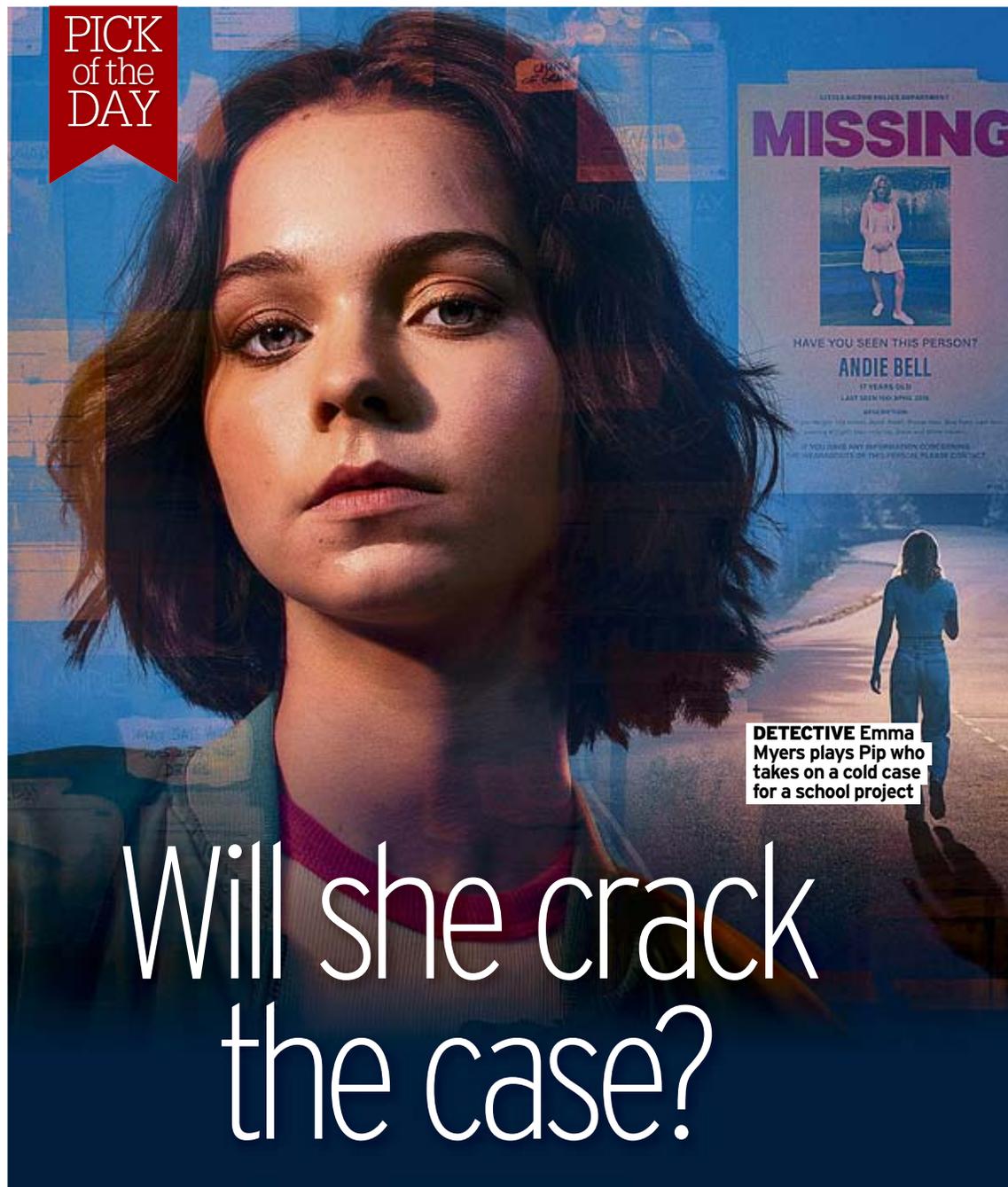
Paddy is married to Laura, who is pregnant with twins, while Molly is engaged to Ellis.

Can the fighters find time for quality family time alongside their careers?

It starts in Vegas, with the most important fight of Paddy's career as he faces Tony Ferguson in the Octagon.

And Molly trains and fights her way back to Vegas, the epicentre of UFC, after two big losses that set her back.

PICK
of the
DAY



DETECTIVE Emma Myers plays Pip who takes on a cold case for a school project

Will she crack the case?

A GOOD GIRL'S
GUIDE TO MURDER

BBC iPlayer

BASED on Holly Jackson's hit young adult novel, this is a twisty whodunit about a murdered schoolgirl.

Five years ago, Andie Bell was killed by her boyfriend Sal Singh. He sent a text confessing to the murder before being found dead, seemingly having taken his own life.

Andie's body was never found. Case closed, right?

Not according to Pip Fitz-Amobi, played by American Emma Myers, who decides to crack open the cold case for her school research project.

It's the summer holidays, so she has plenty of time to make a nuisance of herself in Little Kilton, stirring up old rivalries and new mysteries.

Pip declares: "I'm going to solve the Andie Bell case. The whole world thinks Sal Singh's guilty but he never had a trial and they never even found Andie's body."

"Sal was a good guy. Good guys don't kill people. Whoever it was might still be out there."

Cut to the blank bedroom wall you just know will soon be a crime board covered with posters and Post-its.

Watch out for Anna Maxwell Martin as Pip's mum; Gary Beadle as Pip's stepdad; Zain Iqbal as Ravi Singh, Sal's younger brother; Asha Banks as Cara, Pip's best friend; and Mathew Baynton as Elliot Ward, Pip's English teacher and Cara's dad.

Emma says: "This show is different from a lot of other crime shows, namely because the detective is a teenage girl."

Author Holly, who executive-produced the show, adds: "The book is cinematic, so it lends itself really well to a TV show."

In the **DAILY MIRROR** Saturday



LOVE All the new shows, soap news and 7-day listings

More TV and film news online at mirror.co.uk/tv



BIG HITTERS
Qasa, Clare, Isa and, inset, Carlos

WIMBLEDON 2024
BBC1/BBC2, from 10.30am

We live in a country where for a fortnight every year it's perfectly acceptable - even expected - to sit around watching daytime TV while eating strawberries and cream, and drinking Pimm's.

It's Wimbledon, which means summer has officially arrived as the world's greatest players take to the pristine lawns of the All England Club.

Defending champion Carlos Alcaraz opens the action on Centre Court on day one of the championships. However, there have

been question marks over the participation of former champion Novak Djokovic who has been fighting to recover from an injury - he's been made the No 2 seed.

For a British contender, all eyes will be on Emma Raducanu, as well Jack Draper.

And, of course, there are celebrities and royals to spot.

Isa Guha, Qasa Alom and Clare Balding host live coverage all day, along with highlights in the Today At Wimbledon programme at 9pm tonight on BBC2.

There'll be action from the biggest matches, along with analysis and discussion of the main talking points.

SKINT: THE TRUTH
ABOUT BRITAIN'S
BROKEN ECONOMY
WITH TIM HARFORD

Channel 4, 9pm

Britain feels underfunded and falling apart. Potholes remain unfilled, sewage is overflowing, hospital waiting times are lengthening.

Politicians are arguing over the reasons, but do any of them have a realistic plan to fix Britain's broken economy?

On the eve of the general election, Tim Harford, "Undercover Economist" at the Financial Times, and presenter of Radio 4's More or Less, cuts

through the half-truths by looking at what the numbers really tell us about the state we're in.

More than any other, he reckons there is one economic factor that has got us into this situation - growth. Or rather, the lack of it.

Tim helps understand why things have gone so badly off the rails, why it's so difficult to fix, and suggests how Britain might climb out of the hole we've got ourselves into.

Featuring powerful real-life stories and testimony from expert witnesses, Tim provides a fresh analysis that's notably missing from the election coverage.



OPINION
FT's Tim Harford

Today's TV previews are on the previous page

All programmes are listed in British Summer Time (BST).

film ratings

- ★★★★★ Brilliant
- ★★★★ Very Good
- ★★★ Good
- ★★ Average
- ★ Bad

(R) Repeat

BBC ONE

6.00am Breakfast News headlines.
9.30 Morning Live Magazine.
10.45 Scam Interceptors The Interceptors go online dating.
11.15 Homes Under the Hammer The progress of properties in London and Kent. (R)
12.15pm LIVE Wimbledon 2024 Coverage of play on the outside courts on day one of the Grand Slam tournament from the All England Club, featuring men's and ladies' singles first-round matches.
1.00 BBC News at One; Weather
2.00 LIVE Wimbledon 2024 Isa Guha and Clare Balding present further coverage of day one from the All England Club, as the first round continues in the men's and ladies' singles. Wild card Elina Svitolina impressed on Centre Court at this stage last year, claiming a 6-4, 6-3 victory over five-time champion Venus Williams. Over on the No 1 Court, top seed Iga Swiatek prevailed over Zhu Lin 6-1, 6-3.
6.00 BBC News Headlines.
6.30 Regional News; Weather

BBC TWO

6.30am Garden Rescue: Top of the Plots (R)
7.15 Bargain Hunt (R)
8.00 Sign Zone: The Repair Shop Experts restore the garden gate of what used to be Roald Dahl's mother's house. (R)
9.00 BBC News Headlines.
10.30 LIVE Wimbledon 2024 Isa Guha presents coverage of the opening day of the tournament from the All England Club, featuring men's and ladies' first-round matches.
12.15pm Politics Live Updates.
1.00 LIVE Wimbledon 2024 Isa Guha and Clare Balding present further coverage of day one of the Grand Slam tournament from the All England Club, featuring men's and ladies' first-round matches. Carlos Alcaraz will get proceedings under way on Centre Court, as is tradition for the reigning men's champion, having ended Novak Djokovic's streak of winning the title in each of the past four stagings of the tournament by defeating him in the final.

ITV1

6.00am Good Morning Britain A lively mix of news, current affairs and lifestyle features.
9.00 Lorraine Entertainment and the latest fashion news.
10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion. Including Local Weather.
12.30pm Loose Women Celebrity interviews and topical debate.
1.30 ITV News; Weather
1.55 Regional News; Weather
2.00 Cooking with the Stars With Johnny Vegas, Shirley Ballas and Naughty Boy. (R)
3.00 Catchphrase Gameshow, with Stephen Mulhern. (R)
3.45 LIVE UEFA Euro 2024 France v Belgium (kick-off 5.00pm). Coverage of the last-16 match from Dusseldorf Arena, between two nations who have underperformed so far in the tournament. France finished second in Group D, following up a 1-0 victory against Austria with draws against the Netherlands and Poland.

CHANNEL 4

6.25am Cheers Double bill. (R)
7.15 Everybody Loves Raymond Four episodes. (R)
9.05 Frasier Four episodes. (R)
11.05 Great Canal Journeys (R)
12.05pm Channel 4 News Summary Headlines.
12.10 Help! We Bought a Village A couple from Norwich find shoes in their bread oven. (R)
1.10 Car S.O.S Tim and Fuzz get help from James Nesbitt. (R)
2.10 Countdown Ranvir Singh is in Dictionary Corner.
3.00 A Place in the Sun Searching in Marbella. (R)
4.00 Renovation Nation Tracey and Rob try to restore a chapel in a Scottish castle.
5.00 A New Life in the Sun: Where Are They Now? Zak and Tony face up to the realities of managing a busy B&B at their chateau. (R)
6.00 Four in a Bed The first destination of the week is the Golden Grove Retreat in Carmarthenshire. (R)
6.30 The Simpsons Homer gets trapped in a cave. (R)

CHANNEL 5

6.00am Milkshake! Children's TV.
9.15 Jeremy Vine Discussion.
11.15 Storm Huntley Debate on the day's talking points.
12.45pm Friends Double bill. The pals gather for Phoebe's birthday; Ross disagrees with Rachel's choice of nanny. (R)
1.40 5 News at Lunchtime
1.45 Home and Away Harper comes clean to Tane. (R)
2.15 FILM Twisted House Sitter (2021, 12) A woman crosses paths with a beautiful, affluent, entrepreneur, and decides to take over her life. Thriller, with Crystal-Lee Naomi. ★★
4.00 Bargain-Loving Brits in the Sun A woman who runs a rescue horse retreat. (R)
5.00 5 News at 5 Headlines.
6.00 Party Election Broadcast By the Conservative Party.
6.05 Police Interceptors An ill wind blows through Worksop when a Ford Focus seemingly fails to stop for Lewis and Rich, and police dog Quantum follows his nose to an outdoor toilet (R); 5 News Update



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THE CHASE IS ON

7

7.00 The Bidding Room Items brought in by the public include an unusual piece of Japanese design.

7.30 LIVE MOTD: UEFA Euro 2024 Portugal v Slovenia (kick-off 8.00pm). Coverage of the last-16 match from Frankfurt Arena, where the sides meet for the first time in a competitive fixture. The Portuguese have built another talented squad after being crowned champions at Euro 2016, and secured top spot in Group F with a game to spare following victories over Czechia and Turkiye. They did slip up in the last fixture against Georgia, but will still start as favourites here. Their opponents managed to draw all three of their group matches, including a goalless draw against England.

8

7.00 LIVE Wimbledon 2024 Further coverage of day one of the Grand Slam tournament, as the first round continues in the men's and ladies' singles. Coco Gauff has been a popular player at SW19 since her debut in 2019, but she had a tournament to forget here last year, falling at the first hurdle to compatriot Sofia Kenin. However, she has since won her maiden Grand Slam at the 2023 US Open and also reached the semi-finals of both the Australian and French Opens this year.

9.00 Today at Wimbledon Qasa Alom presents highlights of the opening day's play, where the first round got under way in the men's and ladies' singles. Carlos Alcaraz was scheduled on Centre Court to begin the defence of the title he won.

9

10.10 BBC News at Ten
10.40 Regional News; Weather
10.50 Peacock Double bill. Liz has disappeared leaving an empty space at the gym that Andy and Jay compete to fill but with his body positivity classes struggling and his relationship drifting, Andy can't afford to lose; Andy starts his new job at a different gym but is soon spooked by high-energy fitness influencer Kara's talk of high standards. (R)

11.50 FILM My Week with Marilyn (2011, 15) A film student gets a job on a movie starring Marilyn Monroe and becomes a confidant of the troubled star. Drama, with Michelle Williams and Eddie Redmayne. ★★★★★

1.20am MOTD Top Ten - Defenders
1.50 Euro 2024 Match Replay
3.40 Weather
3.45-6.00am BBC News

10.00 The Royle Family Denise is a bag of nerves as her wedding day arrives, while Antony is being teased. Alone in the house after the others have left, Jim is tender in soothing Denise's nerves. (R)

10.30 Newsnight Headlines.

11.05 FILM The Peanut Butter Falcon (2019, 12) A young man with Down's syndrome runs away from his care home to pursue his dream of becoming a wrestler. Light-hearted adventure, starring Shia LaBeouf. ★★★★★

12.35am Sign Zone: The Panorama Interviews with Nick Robinson. Nick Robinson probes the policies of the Liberal Democrats in an interview with the party leader Ed Davey. (R) **1.05 Sign Zone: Countryfile** (R) **2.00 Sign Zone: Springwatch** (R) **3.00-6.30am This Is BBC Two**

10

11

12 midnight

7.30 Regional News; Weather
7.45 ITV Evening News A round-up of all the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's sports stories and weather reports.

8.00 Emmerdale Cain and Moira reconcile, and Belle panics.
8.30 Bradley & Barney Walsh: Breaking Dad The duo embark on the final leg of their European road trip as they explore more of Italy, engaging in gladiatorial combat. (R)

9.00 Coronation Street Kit goes behind Bernie's back to introduce himself to Paul and Gemma, Cassie helps Steve to take revenge on Tommy, George gets an update on Glenda's life from Michael, and Toyah disapproves of Leanne.

10.00 ITV News at Ten; Weather
10.30 Regional News; Weather
10.45 UEFA Euro 2024 Highlights Mark Pougatch presents action from the fifth and sixth last-16 matches in Germany, featuring France v Belgium and Portugal v Slovenia.

11.45 Boris Becker: The Rise and Fall The story of the bankruptcy trial of three-time Wimbledon champion Boris Becker and how he ended up being sentenced to two and a half years in prison for hiding assets and loans. (R)

12.40am Shop on TV
3.00 Tour de France Highlights. Gary Imlach presents action from stage three, featuring a route from Plaisance to Turin in Italy. With commentary from Ned Boulting and David Millar. **3.50 Unwind with ITV**
5.05-6.00am Ainsley's World Cup Flavours (R)

7.00 Channel 4 News A round-up of all the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's sports stories and weather reports.

7.55 Party Election Broadcast
8.00 Bake Off: The Professionals Liam Charles and Ellie Taylor welcome back the best three teams from each set of heats as they come together in a chocolate-fuelled pursuit. The first challenge is to create two batches of chocolate bars.

9.00 Skint: The Truth About Britain's Broken Economy with Tim Harford The writer and radio presenter provides a fresh analysis of Britain's broken economy ahead of the General Election and presents his ideas on how to fix it.

10.00 24 Hours in A&E Seventy-nine-year-old Carole is rushed to A&E with signs of a stroke. Plus, Aiden, 10, comes to paediatrics with his mum after hurting his foot, and wrestlers Kieran and James come in after Kieran injures his knee.

11.05 The Killer Nanny: Did She Do It? Documentary re-examining the trial of Louise Woodward 25 years on. Featuring contributions from jury members, who discuss the factors that influenced their decision.

12.05am The Killer Nanny: Did She Do It?: double bill
1.55 Ramsay's 24 Hours to Hell and Back. A Korean-inspired restaurant in Arkansas. (R) **2.40 The Simpsons** (R) **3.05 Car S.O.S** (R) **3.55 Grand Designs** (R) **4.50 Escape to the Chateau** (R) **4.55 Frasier:** double bill (R) **5.45-6.25am Countdown** (R)

7.00 Traffic Cops A woman is suspected of drink-driving at 10am, while Andy Swift goes on the trail of a driver who has allegedly failed to stop. Plus, PC Boniface is almost hit by a car while he is clearing away debris (R); 5 News Update

8.00 Motorway Cops: Catching Britain's Speeders PC Martain Anderson hunts for a van linked to drug dealing and organised crime, while PC Will Hunter spots a van and is sure the driver is trying not to get noticed by the police.

9.00 Casualty 24/7: Every Second Counts A lorry has tipped over on its side in a country lane and the driver is taken to the hospital, plus an 82-year-old is rushed in after they were found collapsed at home.

10.00 Trauma Room One James, 63, is losing feeling and function in his hands and fingers, so surgeons at Liverpool's Walton Centre must act fast to remove disc and bone from his neck. Last in series. (R)

11.05 Police: Suspect No 1 A man is found in the early hours badly beaten at the side of the road with significant facial injuries and little recollection of what happened. DS Marriner and DC Weir start hunting for images from that night. (R)

12.05am Traffic Cops (R) **1.00 PlayJO Live Casino Show**
3.00 Call the Bailiffs: Time to Pay Up (R) **3.50 Incredible Reunions: Pets & Their Owners** (R) **4.40 Wildlife SOS** (R) **5.05 House Doctor** (R) **5.30 Entertainment News on 5**
5.35 Milkshake! Monkey (R) **5.45-6.00am Paw Patrol** (R)

ITV2 Freeview 6

6.00am CITV **9.00** World's Funniest Videos **9.30** Totally Bonkers Guinness World Records **10.00** Love Bites **12.00noon** Dress to Impress **1.00** Deal or No Deal **2.00** Supermarket Sweep **3.00** Charmed **4.00** Dawson's Creek. Pacey and Joey return. **5.00** Dress to Impress

6.00 **Celebrity Catchphrase** With Tom Allen, Fleur East and Simon Gregson.

7.00 **Deal or No Deal** Gameshow, hosted by Stephen Mulhern.

8.00 **The Masked Singer US** This special episode recaps the ninth series so far.

9.00 **Love Island** Week five in paradise and the pressure is rising for the islanders.

10.05 **Olivia Attwood: The Price of Perfection** Olivia meets brave women willing to discuss their vaginas.

11.05 **Family Guy** Double bill.

12.05am American Dad! **1.05** Celebrity Karaoke Club **2.05** Totally Bonkers Guinness World Records **2.40** Unwind with ITV **3.00-6.00am** Teleshopping

ITVBe Freeview 28

6.00am Unwind with ITV **6.30** Teleshopping **7.00** Unwind with ITV **7.05** Sugar Showdown **7.35** The Real Housewives of Cheshire **8.35** Masters of Flip **9.35** Buying and Selling **10.35** The Real Housewives of Cheshire **11.35** The Real Housewives of Atlanta **12.30pm** The Real Housewives of New Jersey **1.20** The Only Way Is Essex **2.05** Dinner Date **3.05** Million Dollar Listing: LA **4.05** The Real Housewives of Atlanta **5.00** The Real Housewives of Salt Lake City

6.00 **Masters of Flip** Kortney and Dave turn a craftsman house into a luxury retreat.

7.00 **Million Dollar Listing: LA** James and David struggle to get a word in edgeways.

8.00 **Dinner Date** Shakir from Liverpool.

9.00 **Emergency Nurses: A&E Stories**

10.00 **The Real Housewives of Miami** Lisa and Larsa confront Lenny.

11.00 **The Only Way Is Essex**

11.45 **Singlestown** Meg and Nat arrive.

12.45-1.00am Unwind with ITV

BBC3 Freeview 23

7.00pm **Voting for the First Time?: Election 2024** Need-to-know information ahead of polling day.

7.30 **Eating with My Ex** Too Hot to Handle's Chloe Veitch is desperate to know why she was ditched.

8.00 **Top Gear** Richard Hammond tries out a £340,000 Lexus.

9.00 **NEW Paddy & Molly: Show No Mersey** Double bill. The lives and careers of two MMA fighters from Liverpool; Molly is in training for her own fight in Vegas.

10.00 **Eddie Hall: The Beast v the Mountain** Behind-the-scenes access to Hall's preparations for a bout with Hafthor Bjornsson.

11.00 **Him & Her** Double bill.

12.00m't Paddy & Molly: Show No Mersey **1.00** Eddie Hall: The Beast v the Mountain **2.00** The Plymouth Shootings **2.45** Him & Her **3.45-3.55am** Press X to Continue

BBC4 Freeview 9

7.00pm **Sicily: The Wonder of the Mediterranean** Part one of two. Michael Scott traces the history of Sicily, from the first arrival of ancient Greek settlers 3,000 years ago to the arrival of the Byzantine Empire.

8.00 **Digging for Britain** The discovery of an 8,000-year-old Neolithic underwater settlement.

9.00 **Archaeology: A Secret History** Discovering more about the ancient common man. Last in series.

10.00 **Stonehenge: The Lost Circle Revealed** A hidden secret of the bluestones of Stonehenge.

11.00 **Art on the BBC: The Story of the Nude** How TV has influenced understanding of the arts.

12.00m't Treasures of the Indus **1.00** Sicily: The Wonder of the Mediterranean **2.00** Archaeology: A Secret History. Last in series. **2.55-3.55am** Digging for Britain

5 USA Freeview 21

9.00am NCIS **10.55** Entertainment News on 5 **11.00** NCIS **12.00noon** Law & Order **2.55** Entertainment News on 5 **3.00** Law & Order

6.00 **NCIS Triple bill.** The agents investigate the suicide of a professor; Parker discovers he's a victim of identity theft. Gary Cole stars; an old pal of Torres' disappears.

9.00 **NCIS: Hawaii** An experimental Naval aircraft crashes on Oahu, and Jane Tennant and her team must find who is behind it before classified state secrets are exposed.

10.00 **Law & Order: Special Victims Unit** Double bill. The unit is brought into conflict with the Pentagon; a woman is left beaten and raped with no memory of what happened.

12.00m't Law & Order: Special Victims Unit: double bill **1.55** L.A.'s Finest **3.50** Entertainment News on 5 **4.00-6.00am** Teleshopping

DAVE Freeview 19

7.10am Whose Line Is It Anyway? USA **8.00** Special Ops: Crime Squad UK **9.00** Top Gear **12.00noon** Storage Hunters UK: four episodes **2.00** Extreme Fishing with Robson Green **3.00** Top Gear **5.00** Hairy Bikers Everyday Gourmets

6.00 **Rick Stein's Long Weekends**

7.00 **Would I Lie to You?** With Ben Miller, Henning Wehn and Doon Mackichan.

7.40 **Would I Lie to You? The Unseen Bits** Previously unseen material.

8.20 **Richard Osman's House of Games** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.

9.00 **QI XL** With guests Robert Webb, Phill Jupitus and Ronni Ancona.

10.00 **Have I Got a Bit More News for You**

11.00 **Taskmaster** With Jo Brand.

12.00m't Mock the Week **12.40** Alan Davies: As Yet Untitled **1.40** Dave Gorman: Modern Life Is Goodish **2.45** Whose Line Is It Anyway? USA **3.35-4.00am** Travel Man: 48 Hours in Berlin

DRAMA Freeview 20

6.00am Teleshopping **7.10** London's Burning **8.00** Doctors **9.20** Classic Holby City **10.40** Classic Casualty **11.40** The Bill **12.40pm** Classic EastEnders **2.00** London's Burning **3.00** Lovejoy **4.10** Tenko **5.15** Birds of a Feather

6.00 **Waiting for God** Tom and Diana take on a scheming estate agent.

6.40 **Are You Being Served?** The staff enter a dancing competition.

7.20 **Last of the Summer Wine** Compo's funeral day dawns.

8.00 **The Brokenwood Mysteries** Mike and his team investigate the murder of the Brokenwood Savings Bank manager.

10.00 **New Tricks** The team investigates the unsolved murder of a pornographer.

11.00 **Soldier, Soldier** A worrying event back home forces Michael Stubbs to contemplate his priorities.

12.10am Footballers' Wives **1.15** Call the Midwife **2.15** Classic Holby City **4.00-6.00am** Teleshopping

E4 Freeview 13

6.00am Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs **10.00** Young Sheldon **11.00** Modern Family **12.00noon** The Big Bang Theory: four episodes **2.00** The Goldbergs **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory: four episodes

7.00 **Hollyoaks** A shooting in the village throws suspicion on Freddie.

7.30 **Come Dine with Me** The first in a week of dinner parties from Hull.

8.00 **Dance Moms** Cathy seeks revenge.

9.00 **Gogglebox** The Eurovision Song Contest is among the shows appraised.

10.00 **Naked Attraction** A model and a veterinary student choose dates.

11.05 **First Dates** A reiki healer is set up on a date with a children's entertainer.

12.10am The Big Bang Theory **1.05** Brooklyn Nine-Nine **2.05** Modern Family **2.55** Dance Moms **3.45** Ramsay's Kitchen Nightmares USA **4.35** The Neighborhood **5.25-6.00am** Brooklyn Nine-Nine

MORE4 Freeview 18

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It **12.30pm** Come Dine with Me: five episodes **3.10** Four in a Bed: five episodes **5.50** Chateau DIY

6.55 **Car S.O.S** The boys head to Somerset to restore a Jeep Grand Cherokee.

7.55 **Grand Designs** Kevin McCloud meets retired racehorse breeder John.

9.00 **PopMaster TV** Ken Bruce presents the last episode before the grand final, challenging contestants to recall facts and stats about their favourite chart toppers.

10.00 **8 Out of 10 Cats Does Countdown** With David Mitchell, Katherine Ryan and the Brett Domino Trio joining the panel.

11.05 **24 Hours in A&E** A 40-year-old woman arrives having been knocked over while crossing a road.

12.10am 999: On the Front Line. A man who has had a seizure. **1.15** Emergency Helicopter Medics **2.50** 24 Hours in A&E **3.25-3.55am** A Place in the Sun

VARIATIONS & S4C

WALES As BBC1 except: **1.35-1.45pm** BBC Wales Today. Headlines; Weather **6.30** BBC Wales Today. Headlines; Weather **7.00-7.30** Wales' Home of the Year. Owain, Mandy and Glen announce the winner of Wales' Home of the Year. **10.40** BBC Wales Today; Weather **10.50** The Abuser Headteacher **11.20** Peacock **11.50** Peacock **12.15-1.50am**

FILM My Week with Marilyn (2011, 15) Fact-based drama, starring Michelle Williams, Eddie Redmayne and Kenneth Branagh. ★★★★★

MERIDIAN As ITV1 except: **1.55-2.00pm** ITV News Meridian **7.30-7.45** ITV News Meridian **10.30-10.45pm** ITV News Meridian

CENTRAL As ITV1 except: **1.55-2.00pm** ITV News Central **7.30-7.45** ITV News Central **10.30-10.45pm** ITV News Central. Headlines.

ITV WALES As ITV1 except: **1.55-2.00pm** ITV News Cymru Wales **7.30-7.45** ITV News Wales at Six **10.30-10.45** ITV News Cymru Wales **11.45pm-12.40am** Sharp End. Headlines.

WEST As ITV1 except: **1.55-2.00pm** ITV News West Country **7.30-7.45** ITV News West Country **10.30-10.45pm** ITV News West Country

ANGLIA As ITV1 except: **1.55-2.00pm** ITV News Anglia **7.30-7.45** ITV News Anglia **10.30-10.45pm** ITV News Anglia

WESTCOUNTRY As ITV1 except: **1.55-2.00pm** ITV News West Country **7.30-7.45** ITV News West Country **10.30-10.45pm** ITV News West Country. The latest headlines.

S4C **6.00am** Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Caru Siopa **12.30** Heno **1.00** Prynghawn Da **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Tour de France **4.25** Anifeiliaid Bach y Byd **4.35** Dreigiau Cadi **4.45** Dal Dy Ddannedd **5.00** Stwnsh **6.00** Cegin Bryn. Chef Bryn Williams showcases game.

6.30 Rownd a Rownd. Cai realises that he and Trystan are facing a big problem. **6.57** Newyddion S4C **7.00** Heno. Magazine. **7.30** Newyddion S4C a'r Tywydd **8.00** Y Byd yn ei Le **8.25** Garddio a Mwy. The team visit Sioned and Iwan Edwards garden in Pont y Twr. **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio. Agricultural issues. **9.30** Rlali+. The seventh round of the World Rally Championship. **10.00** Seiclo: Tour de France **10.30** Gerddi Cymru **11.00pm-12.05am** Prosiect Pum Mil



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Sport

SKY SPORTS MAIN EVENT

6.00am SSN Euro Report **7.00** Good Morning Euros **10.00** SSN Euro Matchday **10.00pm** SSN Euro Report **10.30** Back Pages Tonight **11.00pm-6.00am** SSN Euro Report

SKY SPORTS CRICKET

6.00am ICC Men's T20 World Cup **8.00** Jimmy Anderson's Greatest Spells **8.15** Best of ICC WT20 **9.00** ICC Men's T20 World Cup **1.10pm** Best of ICC WT20 **1.30** ICC Men's T20 World Cup **5.40** Best of ICC WT20 **6.00** ICC Men's T20 World Cup. South Africa v India. Another chance to see this year's final from Kensington Oval in Bridgetown, Barbados. **10.40** Best of ICC WT20 **11.00** Women's International One-Day Cricket **1.00am** Best of ICC WT20 **2.00** ICC Men's T20 World Cup **5.00-6.00am** Best of ICC WT20

SKY SPORTS FOOTBALL

6.00am EFL Cup Highlights **8.45** EFL Greatest Games **10.00** Championship Season Review **11.00** EFL Cup Highlights **11.30** EFL **6.30pm** Bundesliga Highlights Show. Action from the opening round of fixtures from the 2023-2024 Bundesliga season. **7.30** Women's Championship Show. News and highlights from the second division of women's football in England. **8.00** Women's Championship Show **8.30** Old Firm Derby Best Goals. A look at some of the very best goals scored in Old Firm derby clashes between Celtic and Rangers over the years. **9.00** EFL. Crystal Palace v Watford in the 2012/13 Championship play-off final. **10.00** EFL. Brentford v Yeovil Town in the 2012/13 League One play-off final. **11.00** EFL. Bradford City v Northampton Town in the 2012/13 League Two play-off final. **12.00m't** Retro League One **2.00** EFL Cup Highlights **2.30** EFL Greatest Games **4.00** EFL Cup Highlights **5.00-6.00am** EFL

TNT SPORTS 1

1.00pm Training Day **1.30** Gallagher Premiership Rugby Union **2.00** UEFA Europa League & Conference League Magazine **4.00** ABB FIA Formula E World Championship Highlights **5.00** ABB FIA Formula E World Championship Highlights. The Portland E-Prix second race. Action from the 14th round of the season at Portland International Raceway. **6.00** WRC Review **7.00** MLB Highlights **8.00** **LIVE** MLB Toronto Blue Jays v Houston Astros (Start time 8.07pm). Coverage of the American League match from Rogers Centre. **11.15** MLB Plays of the Week. A look at the most exciting plays from the past week's matches. **11.45** What I Wore. Liverpool star Thiago Alcanatara describes his passion for football via the shirts which have defined his life. **12.00m't** WWE SmackDown Highlights **1.00** **LIVE** WWE Monday Night Raw Watch CM Punk, Drew McIntyre, Seth Rollins, Rhea Ripley, Becky Lynch and more of your favourite WWE Superstars face-off inside the ring. **4.15** Ariel Helwani Meets. An interview with former WWE star The Undertaker. **5.15-6.00am** What I Wore. Michael Owen describes his passion for football via the shirts which have defined his life.

TNT SPORTS 2

6.00am MotoGP **9.30** MotoGP Chequered Flag **10.15** Badminton Weekly **10.30** Hockey **6.30pm** **LIVE** Ultimate Pool Coverage of Group 3 of the Ultimate Pool Pairs Cup, which takes place at the Players Pool & Snooker Lounge. **9.30** Fight Week. A look back at UFC 303. **10.00** UFC. Alex Pereira v Jiri Prochazka. **1.00am** UFC Reloaded **5.15** Crouchy and Cole **5.45-6.00am** Badminton Weekly

EUROSPORT 1

6.00am Tour de France - The Breakaway **6.30** Climbing World Cup **7.30** Golden Trail World Series **8.30** Cycling: Tour de France **9.30** Tour de France - The Breakaway. A round-up of the action and all the news following stage two. **10.00** **LIVE** Cycling: Tour de France Coverage of stage three, featuring a route of 230.5km from Plaisance to Turin in Italy. This stage is a longer third stage than the one that took place last year, when the competitors rode from Amorebieta-Etxano in Spain to Bayonne, a total of 193.5km. That stage was won by Jasper Philipsen, one of four stages that the Belgian managed to win across the course of the event in 2023. **4.45pm** Cycling: Tour of Flanders. Action from the men's one-day race. **5.00** Climbing World Cup. The men's and women's lead finals. **6.00** Archery World Cup. Action from the compound competitions in Antalya, Turkey. **7.00** Climbing Show **7.30** Marathon. Action from the Transvulcania Marathon. **8.00** Cycling: Tour de France **9.00** Tour de France - The Breakaway **9.30** Climbing Show. All the latest news from the world of competitive climbing. **10.00** Speedway Grand Prix. Action from round six in Gorzow, Poland. **11.00** Cycling: Tour de France. Stage three from Plaisance to Turin. **12.00m't** Tour de France - The Breakaway. News and comment following stage three. **12.30** Tennis: Wimbledon. Action from day one. **2.00** Cycling: Tour de France **3.00** Tour de France - The Breakaway **3.30** Tennis: Wimbledon **5.00-6.00am** Cycling: Tour de France

Entertainment & Factual

ITV3 Freeview 10

6.00am Classic Emmerdale **7.00** Classic Coronation Street **8.05** Agatha Christie's Poirot **10.30** The Royal **11.40** Heartbeat **1.40pm** Classic Emmerdale **2.40** Classic Coronation Street **3.50** Inspector Morse **6.00** Heartbeat **8.00** McDonald & Dodds. The duo are sucked into the world of Formula 1. **10.00** Wire in the Blood **11.50** The Royal **12.40am** Upstairs, Downstairs **2.25-2.30am** Unwind with ITV

ITV4 Freeview 26

6.00am Minder **6.55** The Sweeney **7.55** Dempsey and Makepeace **9.55** Magnum, PI **10.55** Kojak **12.00noon** BattleBots **1.00** Tour de France Highlights **2.00** **LIVE** Tour de France Live **4.45** Hot Shots **4.55** The Sweeney **6.00** BattleBots **7.00** Tour de France Highlights **8.00** MotoGP Highlights **9.00** River Monsters **10.05** **FILM** The Expendables 3 (2014/15) Action thriller sequel, starring Sylvester Stallone and Mel Gibson. **12.30am** Motorsport UK **1.30** Auto Mundial **1.55** Motorsport Mundial **2.25-3.00am** Unwind with ITV

5STAR Freeview 32

8.00am Bargain-Loving Brits in the Sun **10.00** Nightmare Tenants, Slum Landlords **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Dogs Behaving (Very) Badly **6.00** Home and Away **7.00** GPs: Behind Closed Doors **8.00** Dogs Behaving (Very) Badly **9.00** When Holidays Go Horribly Wrong & Other Travel Nightmares. Stories of disastrous vacations. **10.35** Accused: Murdered My Tenant or Self Defence? **11.30** Serial Killer Wives **12.30am** Accused: Killer Mom or Innocent Parent? **1.25** Skin A&E **2.20** Casualty 24/7: Every Second Counts **3.10-4.00am** GPs: Behind Closed Doors

REALLY Freeview 17

6.00am Fantasy Homes by the Sea **7.00** Cruise TV with LoveitBookit **8.00** The Yorkshire Auction House **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Celebrity Antiques Road Trip **5.00** Celebrity Yorkshire Auction House **7.00** Antiques Road Trip **9.00** The Travelling Auctioneers **10.00** The Repair Shop **11.00** Help! My House Is Haunted **12.00m't** Unexplained: Caught on Camera **1.00** Paranormal: Caught on Camera **2.00** Teleshopping **4.00-6.00am** Dr Jeff: Rocky Mountain Vet

5ACTION Freeview 33

9.00am Car Pound Cops **9.30** Outback Trucker **10.30** Traffic Cops **11.30** Police Interceptors **12.35pm** **FILM** Day of the Evil Gun (1968/PG) **2.25** **FILM** Drums Across the River (1954/PG) **3.35** **4.00** Outback Trucker **5.00** Traffic Cops **6.00** Police Interceptors **9.00** Quantum Leap **10.55** **FILM** Executive Decision (1996/15) **1.40am** Fights, Camera, Action! **2.40** Trucking Hell **3.35-4.00am** Car Pound Cops

SKY ARTS Freeview 36

6.00am Andre Rieu: Welcome to My World **7.00** Musical Masterpieces **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Glenn Close **12.00noon** The Joy of Painting **1.00** Tales of the Unexpected

BBC RADIO 1

97.6-99.8MHz **6.57am** Newsbeat **7.00** Radio 1 Breakfast with Sam and Danni **11.00** Rickie, Melvin and Charlie **12.45pm** Newsbeat **1.00** Matt and Mollie **3.30** Newsbeat **3.32** Going Home with Vick, Katie and Jamie on Radio 1 **5.45** Newsbeat **6.00** Radio 1's New Music Show with Jack Saunders **8.00** Radio 1's Future Artists with Sian Eleri **10.00** Radio 1's Power Down Playlist with Sian Eleri **11.00** Rock Show with Daniel P Carter **1.00am** BBC Introducing Rock on Radio 1 with Alyx Holcombe **2.00** Radio 1's Future Alternative **3.00-4.00am** Radio 1 Relax in Love **4.00-5.00am** Radio 1 Dance

BBC RADIO 2

88-91MHz **6.30am** The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00** Scott Mills **4.00** OJ Borg **6.30** OJ Borg's Half Wower **7.00** Jo Whaley's Shiny Happy Playlist **7.30** Jo Whaley **9.00** The Blues Show with Cerys Matthews **10.00** Trevor Nelson's Magnificent 7 **10.30** Trevor Nelson's Rhythm Nation **12.00m't** Phil Williams **3.00-4.00am** Pick of the Pops

BBC RADIO 3

90.2-92.4MHz **6.30am** Breakfast **9.30** Essential Classics **1.00pm** Classical Live **4.00** Composer of the Week **5.00** In Tune **7.00** Classical Mixtape **7.30** Radio 3 in Concert **9.45** The Essay: Forever Songs **10.00** Night Tracks **11.30** Round Midnight **12.30-6.30am** Through the Night



The Cleaning Lady
Sky Witness, 9pm
We're past the halfway point in the second season, and Detective Flores (Diane Villegas, left) looks into Marco's death. Plus, Thony, Arman and Garrett team up to bring down Kamdar.

2.00 The Sky Arts Book Club Summer Reads Special **3.00** Harold Lloyd: Hollywood's Timeless Comedy Genius **4.00** Discovering: Tim Robbins **5.00** The Joy of Painting **6.00** Tales of the Unexpected **7.00** Alfred Hitchcock Presents **8.00** Andre Rieu: Love in Venice **11.20** Darbar Festival 2023 **12.20am** Isle of Wight Festival 2024 **2.20** Nina Simone: The Lost Album **3.45** National Trust: National Treasures **5.00-6.00am** The Art of Architecture

GOLD

7.20am The Fosters **8.20** Last of the Summer Wine **9.00** The Green Green Grass **9.40** My Hero **10.20** Are You Being Served? **11.00** Still Open All Hours **11.40** Last of the Summer Wine **1.00pm** The Green Green Grass **1.40** My Hero **2.20** Still Open All Hours **3.00** Dad's Army **3.40** Are You Being Served? **4.20** Last of the Summer Wine **5.35** Still Open All Hours **6.15** The Green Green Grass **6.50** Dad's Army **8.00** The Black Adder **8.50** Only Fools and Horses **9.25** The Young Ones **10.15** Victoria Wood as Seen on TV **10.55** The Black Adder **11.40** The Lenny Henry Show **1.00am** Only Fools and Horses **1.40** The Young Ones **2.25** Victoria Wood as Seen on TV **3.00-4.00am** The Lenny Henry Show

YESTERDAY Freeview 27

6.10am Train Trucker **8.00** Abandoned Engineering **10.00** The World at War **11.00** World War Weird **12.00noon** Great British Railway Journeys **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** The World at War **5.00** World War Weird **6.00** Antiques Roadshow **7.00** Bangers & Cash **8.00** Abandoned Engineering **9.00** American History's Biggest Fibs with Lucy Worsley **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00m't** Great British Railway Journeys **1.00-3.00am** Train Trucker

ALIBI

7.15am Murdoch Mysteries **9.00** The Coroner **10.00** Elementary **11.00** Shakespeare & Hathaway: Private Investigators **12.00noon** Father Brown **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** Elementary **5.00** Father Brown **6.00** Shakespeare & Hathaway: Private Investigators **7.00** Elementary. Joan searches for a missing woman. **8.00** Father Brown **10.00** Death in Paradise. A chef is stabbed to death. **11.20** Elementary **12.20am** CSI: Vegas **1.20** Murdoch Mysteries **3.10-4.00am** Why Women Kill

Radio

CHOICE

The Essay: Forever Songs Radio 3, 9.45pm
Folk singer Karine Polwart tells the story of how she crafted an elegy in song for Al Beck, a local legend of rural East Lothian, just weeks before his death from cancer in 2020. In this first essay, Karine describes making the offer of the private gig and being overwhelmed by Al's positive response.

BBC RADIO 4

FM 92.4-94.6MHz **6.00am** Today **9.00** Start the Week **9.45** Oliver Burkeman's Inconvenient Truth **10.00** Woman's Hour **11.00** Behind the Crime **11.45** Obsessed with the Quest **12.00noon** News **12.04** You and Yours **12.57** Weather **1.00** The World at One **1.45** Buried: The Last Witness **2.00** The Archers **2.15** Fags, Mags and Bags **2.45** Gambits **3.00** A Good Read **3.30** The Failure of the Future **4.00** The Deadly Business of Democracy **4.30** Revinder **5.00** PM **5.57** Weather **6.00** News **6.30** Mark Steel's in Town **7.00** The Archers **7.15** Front Row **8.00** The Briefing Room **8.30** BBC Inside Science **9.00** Start the Week **9.45** Assume Nothing: The Shankill Gold Rush **10.00** The World Tonight **10.45** Book at Bedtime: Glorious Exploits **11.00** The System **11.30** Split Ends **12.00m't** News **12.30** Obsessed with the Quest **12.48** Shipping

Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer for the Day **5.45-6.00am** Farming Today

BBC RADIO 5 LIVE

693/909kHz **6.00am** 5 Live Breakfast **9.00** Nicky Campbell **11.00** Naga Munchetty **1.00pm** Tennis **4.00** 5 Live News **4.30** 5 Live Sport **7.00** 5 Live Sport **8.00** 5 Live Sport **10.30** Gordon Smart **1.00am** Dotun Adebayo **5.00-6.00am** Wake Up to Money

BBC RADIO WALES

FM: 94.6MHz **6.00am** Radio Wales News Update **6.05** Wake Up with Radio Wales **6.30** Radio Wales Arts Show **7.00** Radio Wales Breakfast **9.00** Wynne Evans **12.00noon** The Phone In **2.00** Behnaz Akhgar **5.00** Radio Wales Drive **6.30** Olivia Breenis Paris Diary **7.00** Huw Stephens **10.00** Eleri Sion **12.00m't** Relax with Radio Wales **1.00-6.00am** As Radio 5 Live

CLASSIC FM

100-102MHz **6.30am** Classic FM Breakfast with Dan Walker **9.00** The Classic FM Hall of Fame Hour with Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Relaxing Evenings **10.00** Calm Classics **1.00am** Bill Overton **4.00-6.30am** Early Breakfast

ABSOLUTE RADIO

DAB 6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00-6.00am** Dan Noble

SKY MAX

6.00am NCIS: Los Angeles **7.00** SEAL Team **8.00** The Flash **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12.00noon** The Flash **1.00** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** SEAL Team **6.00** Stargate SG-1 **8.00** Rob & Ramesh vs Ballet **9.00** The Walking Dead **10.00** Flintoff: Lord of the Fries **11.00** The Force: North East **1.00am** Brit Cops: Law & Disorder **2.00** Road Wars **3.00** Hawaii Five-0 **4.00-5.00am** S.W.A.T

SKY ATLANTIC

6.00am Fish Town **7.55** Six Feet Under **10.05** Gomorrah **12.15pm** Game of Thrones **1.20** The Sopranos **3.30** Six Feet Under **5.45** Gomorrah **7.55** Game of Thrones **9.00** House of the Dragon **10.20** The Sympathizer **11.25** House of the Dragon **12.45am** Succession **1.55** The Deuce **3.05** Game of Thrones **4.05-6.00am** Fish Town

SKY WITNESS

6.00am Sun, Sea and A&E **7.00** Border Patrol **8.00** Stop, Search, Seize **9.00** Highway Patrol **9.30** Caught Red Handed **11.00** Brit Cops: Rapid Response **12.00noon** New Amsterdam **1.00** Private Eyes **2.00** FBI: Most Wanted **3.00** Caught Red Handed **4.30** Nothing to Declare **8.00** Blue Bloods **9.00** The Cleaning Lady **10.00** Coroner **11.00** Chicago Fire **12.00m't** Departure **2.00** The Equalizer **3.00** The Force: North East **4.00-5.00am** Paramedics Australia

SKY COMEDY

8.00am Will & Grace **9.00** The Conners **9.30** American Auto **10.00** Sort Of **10.30** Veep **11.40** Ballers **12.50pm** Eastbound & Down **2.10** Veep **3.20** Ballers **4.30** Sort Of **5.00** Will & Grace **6.00** The Office (US) **7.00** American Auto **8.00** Will & Grace **9.00** Silicon Valley **10.20** Real Time with Bill Maher **11.30** Sex and the City **12.50am** Nikki Glaser: Good Clean Filth **2.05** Sort Of **2.35** 2 Dope Queens **3.50-5.00am** Eastbound & Down

DISCOVERY

6.00am How It's Made **7.00** Deadliest Catch **8.00** Blowing Up History **9.00** Combat Dealers: Reloaded **10.00** Texas Metal **11.00** Wheeler Dealers **1.00pm** Railroad Alaska **3.00** America's Backyard Gold **4.00** Flying Wild Alaska **5.00** Homestead Rescue: Raney Ranch **6.00** Texas Metal **7.00** Bitchin' Rides **8.00** Garage Squad **9.00** Wheeler Dealers World Tour **10.00** Roadworthy Rescues **11.00** Outback Trucker **12.00m't** Mystery at Blind Frog Ranch **1.00** Wheeler Dealers World Tour **2.00** Roadworthy Rescues **3.00-4.00am** Gold Rush

NATIONAL GEOGRAPHIC

8.00am Food Factory **9.00** Air Crash Investigation **10.00** WW2: Hell Under the Sea **11.00** Erased: WWII Heroes of Colour **12.00noon** Car S.O.S **1.00** To Catch a Smuggler **2.00** Air Crash Investigation **3.00** Hitler's Last Stand **4.00** Seconds from Disaster **5.00** Car S.O.S **6.00** Air Crash Investigation **8.00** Construction Fails **9.00** To Catch a Smuggler **10.00** Air Crash Investigation **12.00m't** Banged Up Abroad **1.00** Airport Security: Peru **2.00** Abandoned **2.30** Food Factory **3.20** Money Meltedown **4.10-5.00am** When Sharks Attack

Movies

FILM4

11.00am El Dorado (1966/PG) Western, with John Wayne and Robert Mitchum. **★★★★★**
1.35pm Father Brown (1954/U) Comedy drama, starring Alec Guinness. **★★★**
3.20 Storm Over the Nile (1955/U) Period adventure, starring Laurence Harvey. **★★**
5.30 7th Cavalry (1956/U) Western, with Randolph Scott and Jay C Flippen. **★★★**
7.05 Clueless (1995/12) Comedy, starring Alicia Silverstone and Stacey Dash. **★★★★**
9.00 Colombiana (2011/15) Action thriller, starring Zoe Saldana and Cliff Curtis. **★★**
11.10 Office Christmas Party (2016/15) Festive comedy, with Jason Bateman. **★★★★**
1.20-3.40am Another Round (2020/12) Comedy drama, starring Mads Mikkelsen and Thomas Bo Larsen. **★★★★**

SKY CINEMA PREMIERE

6.00am Sometimes I Think About Dying (2023/12) Comedy drama, starring Daisy Ridley and Dave Merheje. **★★★★**
7.40 Drift (2023/15) See 4.25pm for details. **★★★**
9.20 Am I OK? (2022/15) Romantic comedy drama, starring Dakota Johnson. **★★★**
10.55 A Sacrifice (2024) See 6.00pm for details. **★★★**
12.50pm The Great Escaper (2023/12) Drama, starring Michael Caine. **★★★★**
2.30 LaRoy, Texas (2023/15) See 10.00pm for details. **★★★**
4.25 Drift (2023/15) Drama, starring Cynthia Erivo and Alia Shawkat. **★★★**
6.00 A Sacrifice (2024) Drama, starring Eric Bana and Sylvia Hoeks. **★★★**
8.00 Meg 2: The Trench (2023/12) Thriller sequel, starring Jason Statham. **★★★**
10.00 LaRoy, Texas (2023/15) Comedy crime caper, starring Steve Zahn. **★★★**
11.55 Five Nights at Freddy's (2023/15) Horror thriller, with Josh Hutcherson. **★★★**
1.50am The Royal Hotel (2023/18) Thriller, with Julia Garner and Jessica Henwick. **★★★★**
3.25 American Star (2024/15) Thriller, starring Ian McShane and Nora Arnezeder. **★★★**
5.15-7.05am A Sacrifice (2024) See 6.00pm for details. **★★★**

SKY CINEMA DRAMA

5.30pm Catch Me If You Can (2002/12) Drama, with Leonardo DiCaprio. **★★★★★**
8.00 Steve Jobs (2015/15) Biopic, with Michael Fassbender and Kate Winslet. **★★★★★**
10.05 Born on the Fourth of July (1989/18) Drama, starring Tom Cruise. **★★★★★**
12.35am Whiplash (2014/15) Drama, starring Miles Teller and JK Simmons. **★★★★★**
2.30 Hardball (2001/12) Drama, starring Keanu Reeves and Diane Lane. **★★★**
4.20-6.25am Mrs Harris Goes To Paris (2022/PG) Comedy, starring Lesley Manville. **★★★★★**

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YOUR VOICE

Edited by AMANDA EVANS

YOUR MEMORIES



■ This is a photo of my parents Jim and Mae Tracey at their golden wedding celebration on June 23, 1993, pictured with my sister Marie, brother Chris and myself, plus numerous grandchildren.

We had a gloriously sunny, happy family day, despite my mother having terminal cancer and passing away the following year aged 72. Her father had been a prisoner of war in Germany during the First World War and sadly died from injuries sustained during the conflict when she was just months old in 1922.

The family will forever be grateful to the Royal British Legion coming to my grandmother's rescue as she did not qualify for a War Widow (er) pension, being widowed too long after the end of hostilities.

Patrick Tracey, Carlisle

■ If you'd like to send us a photo of a cherished loved one, please email us at the address below with a picture and some information about who they are and where it was taken. Please do not send original photos as we cannot guarantee they will be returned.

Farewell Sunak, it's all over now

■ I watched the TV debate between Sunak and Starmer, and I was amazed at how rude the PM was by interrupting Keir on almost every occasion. The situation wasn't helped by the weak presenter who should have been more in control.

Rishi Sunak is supposed to be a statesman but he displayed none of the attributes needed to have such responsibility. When he negotiates with international leaders, does he also interrupt them and shout over them when they speak?

After seeing the true Sunak in action, I know who I would prefer to see representing Britain on the international stage!

John Loughlin, Gravesend, Kent

■ Thank goodness the General Election head-to-heads have come to an end. Only a few days to polling day now and then a golden opportunity to rebuild our shattered country for the better.

Britain is bitterly divided as never before. The rich have become richer, the poor very much poorer. It is essential citizens exercise their right to vote on Thursday. If the dishevelled Tories remain in power then more and more people will be queuing at food banks. The only solution is to boot the Nasty Party into touch.

Bill Cook, Teignmouth Devon

■ Sir Keir Starmer and Rishi Sunak have had their last debate on TV. It looked as if Sunak has had some professional coaching. He kept on saying to the public, "Don't surrender to the Labour Party"

THE BIG ISSUE

Rishi Sunak and Keir Starmer have taken part in their last head-to-head debate before Thursday's General Election. The Labour leader delivered a brutal swipe at Sunak telling him he "might not be quite so out of touch" if he actually listened to voters, before the PM resorted to shouting over him and constantly interrupted. You say...



over and over again, but we have already surrendered our NHS and police forces to these Tories.

We have had four prime ministers in the last five years, one of whom virtually crashed the economy with a £45bn giveaway to the rich, which we are all paying for.

Tony Howard, Salford, Manchester

■ Having watched the latest TV debate, Rishi Sunak came up with the same old promises and lies.

We should trust the Tories with the economy and immigration! If Labour get in, they will increase our taxes and allow immigration to sky rocket!

He also came across as a man who knows his time is up. He interrupted Keir Starmer all the time and talked over his answers. He acted like a spoilt brat. Come the election, the public will decide once and for all. We have had enough of 14 years of hurt and will vote the Tories out.

Alan Gill, Widnes, Cheshire

■ I was a little puzzled when I watched the BBC leadership debate. Instead of Sunak vs Starmer, it appeared to be Sunak and the presenter Mishal Husain vs Starmer. Mr Sunak was allowed to

talk over Sir Keir with impunity and when the latter was finally allowed to speak, Ms Husain kept interjecting to undermine him or defend Mr Sunak.

For example, when Keir alluded to Sunak's support for former PM Liz Truss, Ms Husain interrupted him to raise his support for Jeremy Corbyn at the last election.

Figures on the right often complain about the so-called left-wing bias of the BBC. But what about this blatantly pro-Tory performance by Ms Husain?

Paul Johnson, Ilford, Essex

■ In none of the recent changes of Prime Minister have the British people had any say in who should lead our country. Although unlikely, if Sunak is elected in this week's General Election, within a year he could be ditched by Tory MPs and replaced by someone else!

Neil Davies, Teddington South West London

■ Keir Starmer put in a solid performance during the BBC debate, in contrast to Rishi Sunak who acted like a petulant child. We've had enough now and just want to get on and vote. The Tories are finally on their way out.

Len Maddox, Cleveland, Yorkshire

Deaf to NHS waiting lists

■ Tell the Prime Minister that one way to get NHS waiting lists down is simply to take people off them without explanation. This happened to me when I was down for a cochlear implant. I suppose I'll just have to keep on saying "pardon?" all day long.

Luckily I can still enjoy music, thanks to my headphone amplifier and a wonderful app available from Microsoft Store called fx sound. What a wonderful guy Rishi Sunak is!

Richard Plowden Chingford, Essex

Tweet of the day



Labour candidate Stella Creasy speaks out on Europe...

@stellacreasy - Europe coordinating to hold off far right and nationalists, picking leadership that recognises our challenges best solved together. Join us in @labour4europe campaigning to ensure UK stands with them against such forces and the instability and hatred they burn into our nations.

■ A recent trial by the University of Reading showed that exam markers were fooled by AI answers.

But what if the exam markers were replaced with AI bots and they could recognise which answers were from students and which were AI generated and rewarded them with better marks?

It is not as unrealistic as people might think as a number of educational organisations are considering AI correction as a money saver.

Dennis Fitzgerald Melbourne, Derbyshire

THE BIG QUESTION

Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at [mirror.co.uk](https://www.mirror.co.uk)

Joe Biden and Donald Trump faced off in the first presidential debate of the 2024 election season, leaving the country with a dire decision to make - the old man or the con man.

Do you think Trump won the debate?

YES 67%

NO 33%

Yes. Democrats must now scramble to see if there's enough support for a replacement candidate.
SCRUNCHER

No. Much like the UK only worse, the US has to choose between two candidates with neither being all that popular except with their most fervent supporters.
BENI23456

Yes. Biden is just too old. How can he possibly be a president at that age? He should just retire. He shouldn't be putting himself through this.
MGT45

No. Trump told so many lies during the debate. It's hard to believe that people can't see this and will still vote for him.
OURSTANLEY

Yes. Biden's going to be replaced very soon. The man's clearly got issues.
YOUAREWRONG8

No. America 2024 could be, in the words of the REM song, The End Of The World (As We Know It), if Trump is elected.
GHOSTWRITER

Wishing hardest working royal well

I wish Princess Anne a speedy recovery after she received minor injuries and concussion after an incident with a horse. At 73, it must have been frightening. She is one of the hardest working royals and has served the country well. I hope we see her up and about when she is ready.

It was lovely to see her husband Sir Tim Laurence and daughter Zara visiting her in hospital. That must have given her a boost.
Valerie Ricketts Swindon

Pub quiz answers

How many of our daily pub quiz brainteasers did you manage to get right?

1. Baby
2. Nairobi
3. U2
4. LM Montgomery
5. Hollywoodland

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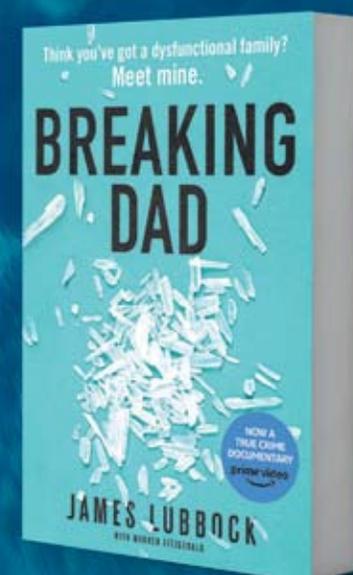
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HANDY WORK Tom Curry (left) with Gabriel Oghre during an England training session



KEY: ENGLAND ALL FOCUSED ON HUGE TEST

Sinfield excited for New Zealand clash

FROM ADAM HATHAWAY in Auckland
KEVIN SINFIELD has warned England their tour starts now as they prepare to face the All Blacks on Saturday in Dunedin.

The skills and kicking coach – who will head home on Friday for Rob Burrow’s funeral before returning Down Under – revealed Steve Borthwick’s side have been drawing on the experience of players and staff who have been here before.



They have not toured here since 2014 although some of the squad drew 1-1 against the Kiwis, with a Test drawn, during a Lions tour in 2017.

Felix Jones, the defence coach, won in New Zealand with South Africa and a couple of the

squad have strong links to the Land of the Long White Cloud.

Sinfield (below) and a few players went to Mount Smart Stadium on Saturday to watch the local league team, the Warriors, beat the Brisbane Broncos 32-16 in the NRL to get a feel for the area’s rugby obsession.

England have won twice in New Zealand and Sinfield has told his squad the next two weeks will show them their position in the hierarchy of world rugby.

The 43-year-old said: “This tour will give us an idea of where we’re at and where we’re travelling.

“We come from a country where football is our main sport – here it’s rugby. There’s a difference straight away. We have

really experienced guys who have been out here on Lions tours like Jamie George, Joe Marler and Dan Cole in particular, who’ve had some brilliant experiences and tough times, too.

“We’ll make sure they give insight to our younger players.”

New All Blacks boss Scott Robertson won seven titles with the Crusaders, but the jury is still out on him in the eyes of the New Zealand public and Saturday is his first game in charge.

Sinfield added: “Scott Robertson is a successful guy who’s won wherever he has been, so we will be respectful but also want to get better and improve.

“It’s a balance. We won’t be making any rash, bold statements, but we’re really looking forward to the games.”

BEAU'S PREM PROMISE

FROM ADAM HATHAWAY
KIWI superstar Beauden Barrett has refused to rule out a move to the Premiership when he finally calls time on his All Blacks career.

The full-back, who has 123 caps and was World Player of the Year in 2016 and 2017, has just returned home from a stint with Toyota Verblitz in Japan.

The 33-year-old has signed for the Blues in Auckland, and NZ Rugby, until 2027 but would command massive wages in the Premiership or the French



Top 14. And Barrett (below) admitted he is still open to offers to move north when the time is right and his international days are up.

He said: “I guess I’ve ticked off Japan. I’m not getting any younger but of course it’s always in the back of my mind.”

Barrett is one of three brothers in the All Blacks squad, including centre Jordie who is having a spell with Leinster in the URC next season. And lock Scott is captain for the Test series against England.

ATHLETICS COUNTDOWN TO THE OLYMPICS

DINA LAPS UP PARIS PLACE



DINA ASHER-SMITH showed her class ahead of the Olympics while 17-year-old Phoebe Gill produced a stunning performance yesterday to book a trip to Paris.

Asher-Smith (top, right) won her head-to-head with Daryll Neita in the women’s 200 metres at the Microplus UK Athletics Championships in Manchester.

A-Level student Gill, meanwhile, held off

Jemma Reekie in the 800m to earn a place on Team GB.

Laura Muir, Georgia Bell, Amber Anning, Charlie Dobson (below) and Neil Gourley were among the others to secure Games spots on a chilly final day at



the British Olympic trials. Asher-Smith’s clash with Neita, who won the 100m on Saturday, was billed as one of the highlights of the weekend, and the Londoner did not disappoint as she triumphed in a

championship record 22.18 seconds. Neita came second in a season’s best of 22.46.

Asher-Smith, 28, said: “Now I’m going to my third Olympics. I’m really excited.”

With Olympic 800m

medal prospect Keely Hodgkinson opting to run the 400m, the way appeared clear for Reekie to take the national title over the two-lap distance.

But it was rising star Gill who prevailed in a time of one minute 58.66sec, edging a tight battle with Reekie in the home straight. Both athletes will join Hodgkinson in the line-up for Paris.

And Gill admitted: “It means the world to me. It is a dream come true.”

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RESULTS & PRICES

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1.10: SHARINAY (R Whelan 2-1f) 1; Arabic Legend (4-1) 2; Thor's Hammer (6-1) 3. 8 ran. 1 1/4, 1/2. (M Halford & T Collins). Tote: €3.00; €1.40, €1.65, €1.95. Tote Exacta: €11.90. Tric...
1.40: HENRI MATISSE (W M Lordan 8-1) 1; The Strikin Viking (7-2) 2; Arizona Blaze (6-1) 3. 5 ran. 11-8f. (Lunbridge Wells). 1/2, 3/4. (A P O'Brien). Tote: €9.15; €1.85, €1.35, €1.70. Tote Exacta: €39.90. Trifecta: €125.60. CSF: €34.49. NRs: Red Evolution, The Parthenon.

1.10: FIVEONEFIVE (J Gainford 5-1) 1; King Otis (12-1) 2; Book of Secrets (20-1) 3. 12 ran. 9-2f. Je T'ai Porte. 2 3/4, 3 1/2. (C Collins (IRE)). Tote: €6.00; €2.10, €3.20, €5.10. Tote Exacta: €74.40. Tric...
3.45: CHARLIE UBERALLES (D McMenamin 3-1f) 1; Bella Bliss (4-1) 2; Francky Du Berlais (11-2) 3. 10 ran. 2l. 4 1/4. (D Sayer). Tote: €4.00; €1.60, €2.10, €1.90. Tote Exacta: €13.40. Tric...
4.20: DR SANDERSON (R McLernon 6-5f) 1; Lemnos Legend (8-2) 2; Thank You Blue (10-1) 3. 9 ran. 15f. 7 1/2. (B Haslam). Tote: €2.20; €1.20, €1.60, €2.90. Tote Exacta: €7.10. Tric...
4.55: ROLL WITH IT (S Bowen 4-1) 1; Cash Again (11-1) 2; Calahil (16-1) 3. 10 ran. 7-2f. Lights Are Green. 1/2, 7/8. (P & M Bowen). Tote: €5.10; €1.90, €2.90, €4.50. Tote Exacta: €46.00. Tric...
1.35: FIDELIUS (R Dawson 8-11f) 1; Smooth Slesie (25-1) 2; Diligent Henry (40-1) 3. 6 ran. 2 1/2, 2l. (R Cowell). Tote: €1.63; €1.10, €5.50. Tote Exacta: €10.60. Tric...
1.10: ROGUE KING (S D Bowen 4-1) 1; All Greek To Me (8-4f) 2; Implacable (7-2) 3. 6 ran. 1 1/4, 1 1/4. (James Owen). Tote: €5.00; €2.30, €1.60. Tote Exacta: €13.50. Trifecta: €47.50. CSF: €13.02.

2.50: AMAZON LADY (W J Lee 22-1) 1; Green Flower (22-1) 2; Lethal Nymph (5-1) 3; Jim Jungle (9-1) 4. 16 ran. 3-1f. Sturlasson. 1 1/2, 1/2, shd. (W McCreery). Tote: €35.00; €8.40, €7.75, €2.05. Tote Exacta: €767.10. Tric...
3.25: LORD MASSUSUS (G F Carroll 10-1) 1; Atlantic Coast (8-1) 2; Azada (evens) 3. 8 ran. 2 1/2, 1 1/2. (Joseph G Murphy). Tote: €11.00; €2.25, €2.05, €1.20. Tote Exacta: €62.30. Trifecta: €147.50. CSF: €64.08. NR: Romina Power.

1.35: FIDELIUS (R Dawson 8-11f) 1; Smooth Slesie (25-1) 2; Diligent Henry (40-1) 3. 6 ran. 2 1/2, 2l. (R Cowell). Tote: €1.63; €1.10, €5.50. Tote Exacta: €10.60. Tric...
1.10: ROGUE KING (S D Bowen 4-1) 1; All Greek To Me (8-4f) 2; Implacable (7-2) 3. 6 ran. 1 1/4, 1 1/4. (James Owen). Tote: €5.00; €2.30, €1.60. Tote Exacta: €13.50. Trifecta: €47.50. CSF: €13.02.

1.20: GALE MAHLER (H Brooke 11-8f) 1; Flying Fortune (2-1) 2; Paddy De Pol (100-30) 3. 8 ran. 2 1/2. (A Keatley). Tote: €2.40; €1.10, €1.10, €1.30. Tote Exacta: €4.70. Trifecta: €10.60. CSF: €4.64.

1.35: FIDELIUS (R Dawson 8-11f) 1; Smooth Slesie (25-1) 2; Diligent Henry (40-1) 3. 6 ran. 2 1/2, 2l. (R Cowell). Tote: €1.63; €1.10, €5.50. Tote Exacta: €10.60. Tric...
1.10: ROGUE KING (S D Bowen 4-1) 1; All Greek To Me (8-4f) 2; Implacable (7-2) 3. 6 ran. 1 1/4, 1 1/4. (James Owen). Tote: €5.00; €2.30, €1.60. Tote Exacta: €13.50. Trifecta: €47.50. CSF: €13.02.

1.30: PYYFO (K Brogan 11-2) 1; Porter In The Park (7-1) 2; Halifax (14-1) 3. 13 ran. 5-1f. Juan Bermudez. 1/2, 2 1/2. (Jonjo & A O'Neill). Tote: €6.50; €2.40, €2.60, €1.40. Tote Exacta: €36.90. Tric...
1.40: BREAKING WAVES (K Woods 28-1) 1; Police Academy (12-1) 2; Muskoka (15-2) 3. 13 ran. 5-1f. (Clara Rose). 8l, 3/4. (A Hales). Tote: €31.00; €7.70, €3.90, €2.30. Tote Exacta: €425.40. Tric...
1.50: RISKINTHEGROUND (H Skelton 11-5f) 1; Drispey Moon (5-1) 2; Will Carter (9-2) 3. 5 ran. nk. 7l. (D Skelton). Tote: €3.20; €1.50, €2.40. Tote Exacta: €13.20. Trifecta: €49.70. CSF: €12.59.

1.35: FIDELIUS (R Dawson 8-11f) 1; Smooth Slesie (25-1) 2; Diligent Henry (40-1) 3. 6 ran. 2 1/2, 2l. (R Cowell). Tote: €1.63; €1.10, €5.50. Tote Exacta: €10.60. Tric...
1.10: ROGUE KING (S D Bowen 4-1) 1; All Greek To Me (8-4f) 2; Implacable (7-2) 3. 6 ran. 1 1/4, 1 1/4. (James Owen). Tote: €5.00; €2.30, €1.60. Tote Exacta: €13.50. Trifecta: €47.50. CSF: €13.02.

1.30: LETTERSTON LILY (S Bowen 3-1) 1; Not Now Nathaniel (4-5f) 2; Hard As Nails (11-4) 3. 6 ran. 4 1/4, 2 1/4. (P & M Bowen). Tote: €4.10; €1.60, €1.10. Tote Exacta: €6.70. Trifecta: €7.50. CSF: €3.60. NRs: Jumping Susie, Nellie Blush.

1.35: FIDELIUS (R Dawson 8-11f) 1; Smooth Slesie (25-1) 2; Diligent Henry (40-1) 3. 6 ran. 2 1/2, 2l. (R Cowell). Tote: €1.63; €1.10, €5.50. Tote Exacta: €10.60. Tric...
1.10: ROGUE KING (S D Bowen 4-1) 1; All Greek To Me (8-4f) 2; Implacable (7-2) 3. 6 ran. 1 1/4, 1 1/4. (James Owen). Tote: €5.00; €2.30, €1.60. Tote Exacta: €13.50. Trifecta: €47.50. CSF: €13.02.

DAILY MIRROR LIVE RACING COMMENTARIES AND RESULTS with Sports Radio CALL 0901 609 0416 (65p per min) GREYHOUND COMMENTARIES AND RESULTS CALL 0901 609 0434 (65p per min)

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LOS IS THE BOSS

BY DAVID YATES
LOS ANGELES turned round Epsom running with Ambiente Friendly to give Aidan O'Brien a record-extending 16th triumph in the Dubai Duty Free Irish Derby.

three-quarter-length victory as Sunway rattled home to deny the Epsom runner-up by half a length for second. Leicester novice stakes winner Matsuri justified Roger Varian's move up to Group 1 level by taking fourth place, just a neck away.

next Saturday and Coolmore Stud supremo John Magnier added: "The race paid a compliment to him - it's good to have the Epsom form held up." While David Menuisier was "absolutely over the moon" with Sunway's silver medal, Ambiente Friendly is now set to come back in distance. "He just got outstayed," lamented the third home's trainer, James Fanshawe.



WINDSOR

5.45 COLENKO FAST TRACK HANDICAP (5) (3-Y-0) 5f Winner £4,397 (6 run)
1 (3) 68-127 CLOUD KING (37) (H) R Cowell 9-0 (BF, D) O Murphy 82 ST
2 (5) 3-2445 MAKE IT EASY (9) N Tinkler 9-0 (D) R Scott 86 ST

7.45 DOWNLOAD THE FITZDAIRES APP NOW HANDICAP (3) 1m 2f Winner £9,631 (7 run)
1 (5) 167521 COMPOSITE (4) (B) G Boughey 4 10-4 (SF) W Buick 89 G
2 (3) 3/162 AEROSPACE (28) A Watson 5 9-13 (D) (F) H Doyle 92 GF

NEWSBOY
5.45 BIG TIME RASCAL
6.15 WOODHAY WHISPER
6.45 SEEK AND DESTROY
7.15 SHAAGRAAN (NB)
7.45 COMPOSITE
8.15 MUJID
8.45 DIAMOND DREAMER

GOING: Good to Firm. COURSE: Figure-of-eight course on a 1m 4f, straight final 5f, 6f races start on an extension to the straight. DRAW: Low best up to a mile. TOP TRAINERS: R Hanlon 36-262 (13.7%), A Balding 32-166 (19.3%), R Beckett 27-139 (19.4%), W Haggas 26-101 (25.7%), J & T Gosden 22-72 (30.6%), E J-Houghton 21-150 (14.0%), C Hills 19-91 (20.9%), C Cox 18-149 (14.0%), B Millman 16-144 (11.1%), A Carroll 16-212 (7.5%).

6.15 BRITISH EBF RESTRICTED MAIDEN STAKES (4) (2-Y-0) 5f Winner £5,373 (15 run)
1 (1) 84 BALZARINI (20) S C Williams 9-7 S M Levey 69 G
2 (3) 7 EIGHTEENCARATGOLD (7) E J-Houghton 9-7 C Bishop 65 G

8.15 DOWNLOAD THE RACING APP 43 NOW HANDICAP (6) 1m Winner £3,768 (12 run)
1 (2) 584-61 MUJID (28) J Tickle 9 10-0 (CD) (EW) Taylor Fisher (3) 59 G
2 (6) -02572 ADACE (13) D Ivory 6 9-13 (BF, CD) Jimmy Muir (6) 59 G

1ST TIME BLINKERS: 6:45 Bursinel. CHEEKPICES: 6:45 The King's General*, 7:45 Aerospace*, Spirit Of The Bay, 8:15 Adace, Got No Dollars, Mujid, Rival, Wahkan*, Weston Court, 8:45 Airshow, Prince Of Bel Lir.

LONGEST TRAVELLER
Trainer Jake Coulson sends WILLWEEKPHIM and LEGOSTAR (both 2.25) on a 241-mile trip from Rushton Spencer, Staffordshire to Worcester.

6.45 SAFETY NET STRENGTH IN STRIDES MAIDEN STAKES (5) 1m 2f Winner £4,320 (10 run)
1 (5) 7 COTSWOLD COTTAGE (21) Miss H Knight 4 9-11 C Bishop 53 FM
2 (4) 09 AMIGO VAQUERA (10) R Cook & J Bridger 3 9-6 Molly Gunn (7) - -

8.45 MAGNET FORENSICS EUROPE HANDICAP (5) 6f Winner £4,397 (12 run)
1 (6) 412667 AIRSHOW (48) (H) B Millman 9 10-3 (D) O Searle (5) 73 ST
2 (4) 5568-5 HELLO ZABEEL (37) M Blake 6 10-3 (D) O Murphy 70 ST

1ST TIME HOODS: 5:45 Cloud King, 5:45 PROFITABLE RACES FOR FAVS: 5.45.

FAB 4 TIPS
NORTHERNER'S NAP
DOOMSDAY (4.05 Pontefract)
TOPSPOT
LATE ARRIVAL (4.15 Pontefract)
NEWMARKETS BEST
LOVEABLE ROGUE (5.25 Wolverhampton)
SPEEDHORSE
STREET LIFE (8.00 Wolverhampton)

7.15 FITZDAIRES SPRINT SERIES HANDICAP (2) 6f Winner £15,462 (8 run)
1 (3) 10-545 ROHAAN (58) P Evans 6 10-2 (D) N Callan 102 GS
2 (4) 32-282 ARAMIS GREY (23) R Guest 7 9-10 (CD) C Shepherd 103 GF

8.45 MAGNET FORENSICS EUROPE HANDICAP (5) 6f Winner £4,397 (12 run)
1 (6) 412667 AIRSHOW (48) (H) B Millman 9 10-3 (D) O Searle (5) 73 ST
2 (4) 5568-5 HELLO ZABEEL (37) M Blake 6 10-3 (D) O Murphy 70 ST

TRAINERS: A Honeyball 3-7 (43%), W Kittow 3-7 (43%), R Cowell 5-13 (38%), D Skelton 5-14 (36%), M Blake 2-6 (33%), P & M Bowen 4-12 (33%), S Corbett 2-6 (33%), S Dixon 4-14 (29%), K Ryan 9-35 (26%), P Kirby 5-19 (26%), Daisy Hitchens 1-4 (25%), Miss S West 1-4 (25%), W Haggas 14-56 (25%), E Bethell 5-22 (23%), Sir M Prescott 5-22 (23%), B Millman 4-18 (22%), M Appleby 8-38 (21%).

Table with 4 columns: Race Name, Time, Jockey, Trainer, Odds. Includes races like PONTFRACT - PF, WINDSOR - WN, WOLVERHAMPTON - WO, WORCESTER - WO.

TODAY'S ABC GUIDE TO FOUR UK MEETINGS

Table with 4 columns: Race Name, Time, Jockey, Trainer, Odds. Includes races like PONTFRACT - PF, WINDSOR - WN, WOLVERHAMPTON - WO, WORCESTER - WO.



BIG CHANCE Shagraan is tipped at Windsor today

Virtual has real chance

NEWSBOY'S DAILY DOUBLE

VIRTUAL HUG is fancied to rack up a fourth victory at Wolverhampton by landing the Get The Inside Track With raceday-ready.com Handicap (8.30) at Dunstall Park this evening.

To get his head in front, the Nikki Evans-saddled six-year-old must put a rare dull showing at Haydock last time behind him.

But Virtual Hug had put together a

consistent body of work earlier in the campaign, including two wins over a mile and a half at tonight's venue.

The return to the West Midlands is a definite plus for Paddy Bradley's mount - from 13 visits, my selection not only has three successes, including a course-and-distance score last November, but six in-the-frame efforts besides.

A British Horseracing Authority rating of 57, although 3lb above his last winning mark, looks within range and, with few of his rivals coming into this race at the top of their game, Virtual Hug gets the Nap vote to return to winning ways.

At Windsor, SHAGRAAN has plenty going for him in the Fitzdares Sprint Series Handicap (7.15, nb).

Mick Appleby's (above) three-year-old has kept some decent company in all three starts this season, including fifth in the Palace of Holyroodhouse Handicap at Royal Ascot 10 days ago, and this assignment is less demanding.

WORCESTER

| NEWSBOY | |
|-----------------------|--|
| 2.25 JAC JUMPER | |
| 2.55 BBOLD | |
| 3.30 ALL INN HAND | |
| 4.00 VOCITO | |
| 4.30 PERFECT ARCH | |
| 5.00 ELECTRIC EDDY | |
| 5.30 INSPECTOR LYNLEY | |

GOING: Good-Good to Firm in places.
COURSE: Left-handed 1m 5f oval, flat with long straights and easy turns. There are nine fences per circuit and a run-in of 220 yards.
TOP TRAINERS: F O'Brien 40-194 (20.6%), N Mulholland 28-189 (14.8%), P & M Bowen 23-101 (22.8%), Jonjo & A O'Neill 21-136 (15.4%), N Twiston-Davies 20-92 (21.7%).
TOP JOCKEYS: Sam Twiston-Davies 44-243 (18.1%), Sean Bowen 32-150 (21.3%), Harry Cobden 24-99 (24.2%), Kieran Woods 20-105 (19.0%).

2.25 FBC MANBY BOWDLER HANDICAP CHASE (5) 2m 4f Winner £3,248 (14 run)

| | | | | | |
|----|--------|--|---------------------|-----|----|
| 1 | PP6-P | JAC JUMPER (18) Deborah Cole 5 12-0 (F) | C Ward (3) | 97 | S |
| 2 | 316-21 | CALVIC (18) S Edmunds 8 12-0 (CD) (SF) | C Hammond | 97 | S |
| 3 | P738-3 | SOMEKINDOFSTAR (29) M Crawley 11 11-8 (D) | J Quinlan | 97 | G |
| 4 | /125-4 | BEST MATE DAVE (30) D J Jeffreys 7 11-5 (CD) | S Twiston-Davies | - | - |
| 5 | 026-61 | TRIBSMANS GLORY (32) C Down 10 10-12 (D) | James Davies | 100 | GF |
| 6 | 257-53 | GONE IN SIXTY (30) A Hales 7 10-8 (EW) | N Woods | 104 | H |
| 7 | 675-0P | WILLKEKEPHIM (27) J Coulson 6 10-4 | Tabitha Worsley (3) | - | - |
| 8 | 0-7P96 | ALWAYS FORCE IT (19) (H) B Brown 5 10-3 | B Godfrey | 71 | GF |
| 9 | 2P3-05 | SEVENOFUS (26) C J Gray 8 10-2 | Elizabeth Gale (7) | 103 | GF |
| 10 | /OPP-8 | LEGOSTAR (58) (V) J Coulson 9 10-2 | William Maggs (5) | - | - |
| 11 | 5P55P- | SHE HAS NOTIONS (150) M Keighley 7 10-2 | S Bowen | 91 | GF |
| 12 | 44-5P7 | SILVER ATOM (10) A Watson 6 10-2 | B Poste | 72 | GF |
| 13 | 4863-2 | TESTFLIGHT (17) Mrs S Gardner 7 10-2 | J Best | 96 | GS |
| 14 | P7/P0- | DRUMLEES PET (67) G Harris 9 10-2 | C Ring | 57 | GF |

2.55 GET BEST ODDS GUARANTEED AT PLANETSPORTBET HANDICAP CHASE (4) 2m 7f Winner £4,700 (7 run)

| | | | | | |
|---|--------|--|------------------|-----|----|
| 1 | 2PP-2P | AJP KINGDOM (18) F O'Brien 7 12-0 (CD) (SF) | C Brace | 119 | S |
| 2 | 1433-4 | GOOSE MAN (29) J Snowden 12 11-13 | G Sheehan | 127 | GY |
| 3 | 4241-4 | HIDDEN DEPTHS (F24) N Mulholland 9 11-13 | J Bowen | 122 | FM |
| 4 | 33-331 | BBOLD (13) (B) Daisy Hitchins 10 11-10 (D) (F) | H Reed | 119 | FM |
| 5 | 6222-1 | ALMAZHAR GARDE (23) C Longson 9 11-10 (D) | Paul O'Brien | 117 | G |
| 6 | P48-4 | YES INDEED (25) V Jonjo & A O'Neill 7 11-9 | Jonjo O'Neill Jr | 121 | S |
| 7 | 611-32 | URBAN GRIT (40) Mrs L Hill 7 10-5 | H Cobden | - | - |

3.30 SUMMER ANTHEMS PITCHCROFT FAMILY EVENT 13/07/2024 MARES' OPEN NH FLAT RACE (5) 2m Winner £2,451 (12 run)

| | | | | | |
|----|-----|---|--------------------|-----|---|
| 1 | P2- | BACK IN THE BAY (72) D Pipe 5 11-2 | J Tudor | - | - |
| 2 | 0-3 | HOLA HERMOSA (43) F O'Brien 5 11-2 (SF) | J Burke | 96 | G |
| 3 | 6 | LIZZIE'S STAR (31) J Tickle 5 11-2 | Mr C Pritchard (7) | - | - |
| 4 | 5- | SHAKIYA (350) F O'Brien 5 11-2 (BP) (EW) | J Hogan (3) | 88 | G |
| 5 | 3 | ALL INN HAND (16) P & M Bowen 4 10-12 (F) | S Bowen | 102 | S |
| 6 | 5 | COUNTY ROYAL B Case 4 10-12 | H Bannister | - | - |
| 7 | 8 | EMERALD QUEST N Mulholland 4 10-12 | J Bowen | - | - |
| 8 | 46 | GRANNY SMITH (16) D Pipe 4 10-12 | D Noonan | 95 | S |
| 9 | 6- | KALIZE (86) A Honeyball 4 10-12 | S Twiston-Davies | 62 | H |
| 10 | 10 | PUT A LID ON IT F O'Brien 4 10-12 | M Kendrick | - | - |
| 11 | 23- | QUEEN OF THE VALE J Snowden 4 10-12 | G Sheehan | - | - |
| 12 | 12 | TRALEE BAY S Hodgson 4 10-12 | N Schofield | - | - |

PONTEFRACT

| NEWSBOY | |
|----------------------|--|
| 2.10 UNPLUGGED | |
| 2.40 ASTAPOR | |
| 3.15 ARDEUR | |
| 3.45 OLD COCK | |
| 4.15 DICK THE LEGEND | |
| 4.45 TRUE NATION | |

2.10 22ND WILFRED UNDERWOOD MEMORIAL AMATEUR JOCKEYS' H'CAP (5) 1m 2f Winner £3,477 (8 run)

| | | | | | | |
|---|-----|--------|---|------------------------|----|----|
| 1 | (4) | 247-82 | UNPLUGGED (24) M & D Easterby 8 11-4 (CD) | Miss Serena Brotherton | 59 | GF |
| 2 | (8) | 885805 | VISIBILITY (8) S Dixon 7 11-1 (CD) | Mr F Tett | 59 | SF |
| 3 | (3) | 361114 | LIFE ON THE ROCKS (17) V R Fahey 6 11-0 (D) (F) | Mr E Cagney | 60 | G |
| 4 | (7) | 056009 | ROYAL OBSERVATORY (18) K Frost 4 10-5 | Miss Lauren Frost | 58 | ST |
| 5 | (2) | 7-3375 | FIFTYSHADESARESDREV (18) M Hammond 5 10-4 | Miss Becky Smith | 61 | GS |
| 6 | (1) | 878-11 | LENNON (8) G Boughy 3 10-4 (CD) (SF) | Mr Jack Callan (7) | 53 | GF |
| 7 | (6) | 23-582 | RAYENA (11) R Fahey 4 9-11 (EW) | Miss L Teal | 53 | GF |
| 8 | (5) | 6-7468 | HARLINGTON (18) R J Smith 3 9-2 | Miss Leanne Ferguson | 45 | ST |

2.40 NAPOLEONS CASINO BRADFORD HANDICAP (6) 5f Winner £3,140 (12 run)

| | | | | | | |
|----|------|--------|--|--------------------|----|----|
| 1 | (2) | 18-745 | CAVALIER APPROACH (9) (B) E Bethell 4 10-2 (D) (F) | Rossa Ryan | 68 | G |
| 2 | (8) | 30144 | LET'S GO HUGO (23) O Pears 4 10-1 (D) | Brandon Wilkie (5) | 70 | ST |
| 3 | (9) | 47644 | SOUND REASON (19) (B) D O'Meara 6 10-1 (D) (SF) | D Tudhope | 69 | G |
| 4 | (7) | 0-0843 | MERESIDE ANGEL (13) D & N Barron 5 9-13 (D) | C Rodriguez | 69 | G |
| 5 | (12) | 69-810 | ASTAPOR (25) J Riches 6 9-11 (CD) | Rhys Elliott (7) | 70 | G |
| 6 | (10) | 6-7972 | HAVAGOMMA (18) (B) M Dods 6 9-11 (BF, D) | C Beasley | 71 | G |
| 7 | (6) | 80966 | G A SUB (26) P Midgley 5 9-10 (C) | Mark Winn (3) | 70 | G |
| 8 | (1) | 67-221 | GLORY HYDE (15) R Fell & S Murray 3 9-10 (D) (EW) | Billy Loughnane | 69 | GF |
| 9 | (5) | 16-215 | SECRET COMMAND (15) Adrian Nicholls 3 9-9 (D) | C Murtagh | 70 | G |
| 10 | (3) | 06689 | NEVER THIS WAY (10) R Carr 4 9-8 | JP Sullivan | 73 | ST |
| 11 | (11) | 540124 | PROTEST RALLY (7) L Bailey 4 9-7 (BF, D) | B Garritty | 70 | GF |
| 12 | (4) | 00-669 | MR STANLEY (137) P Kirby 5 9-3 | A Elliott | 67 | G |

3.15 TATTERSALLS 40,000 EBF SPINDRIFTER FILLIES' NOVICE STAKES (2) (2-Y-0) 6f Winner £20,616 (6 run)

| | | | | | | |
|---|-----|-----|-------------------------------------|-----------------|----|----|
| 1 | (4) | 41 | ARDEUR (21) R Beckett 9-7 (CD) (SF) | Rossa Ryan | 85 | G |
| 2 | (2) | | GUNS FIRING R Fahey 9-2 (F) | B Garritty | - | - |
| 3 | (3) | | INDY'S ANGEL P Kirby 9-2 | C Beasley | - | - |
| 4 | (1) | 2 | SHE WENT WHOOSH (12) R Hannon 9-2 | C Rodriguez | 76 | G |
| 5 | (5) | 27 | SUNSHINE SOUL (17) G Boughy 9-2 | Billy Loughnane | 88 | GF |
| 6 | (6) | 321 | UNSPOKEN LOVE (18) K R Burke 9-2 | D Tudhope | 86 | GF |

3.45 BETTINGSITES.CO.UK BETTING SITES HANDICAP (4) 1m Winner £5,234 (9 run)

| | | | | | | |
|---|-----|--------|---|-----------------|----|----|
| 1 | (6) | 200-07 | BENNETT (32) D O'Meara 5 10-4 | D Tudhope | 79 | VS |
| 2 | (2) | -51279 | ON THE RIVER (15) H Bethell 5 9-12 (CD) | J Fanning | 87 | S |
| 3 | (3) | 24615- | TELE RED (237) K R Burke 7 9-10 (C, D) | S Feilden (7) | 85 | G |
| 4 | (7) | 19397- | FREEDOM DAY (274) (H) M Wallford 4 9-9 (BF, D) | J Garritty | 84 | GS |
| 5 | (9) | 061-0 | MAGNUM OPUS (66) S & E Crisford 3 9-6 (D) | Billy Loughnane | 75 | ST |
| 6 | (1) | 411 | OLD COCK (24) E Bethell 3 9-5 (D) (SF) | C Rodriguez | 84 | GF |
| 7 | (5) | 2-15 | SAVVY EXCHANGE (21) S Woods 3 9-2 (CD) | Rossa Ryan | 82 | FM |
| 8 | (8) | 022 | AVIEMORE (14) C Johnston 3 9-1 (EW) | J Hart | 84 | GS |
| 9 | (4) | 241-46 | COLORADA DANCER (17) R Fahey 3 8-12 (BF, D) (F) | B Garritty | 81 | G |

4.00 PJ NICHOLLS KGM KOREA GENUINELY MADE NOVICES' HURDLE (4) 2m Winner £4,193 (12 run)

| | | | | | |
|----|--------|---|---------------|-----|----|
| 1 | 365-12 | CAPTAIN ATTRIDGE (38) Henry Oliver 6 11-8 (BF, D) (F) | L Edwards | 110 | GF |
| 2 | P25-21 | VOCITO (18) O Murphy 6 11-8 (CD) (SF) | S Bowen | 113 | GS |
| 3 | P7-P75 | SELECTIVELISTENING (5) T Ellis 5 11-1 | F Gillard | 91 | G |
| 4 | F- | SIXFIVESEVEN (225) R G Hawker 4 10-11 | H Reed | - | - |
| 5 | 567-5 | SPITFIRE BRIDGE (F23) Miss S West 4 10-11 (BF) | M Goldstein | 93 | FM |
| 6 | 7-P | JAZZMINA QUEEN (30) D Skelton 5 10-8 | H Skelton | - | - |
| 7 | | VERTICAL (F29) (H) S Humphrey 6 10-8 | J Best | - | - |
| 8 | 08-P | BRIEF ENCOUNTER (17) (H) N Hawke 4 10-4 | L Murtagh | - | - |
| 9 | 7U | DAWN PARADE (17) D Skelton 4 10-4 | T Durrell (3) | - | - |
| 10 | 10 | JO'S RAINBOW (38) D Skelton 4 10-4 (EW) | L Harrison | 82 | GF |
| 11 | P | MOLLY MISCHIEF (40) J Candlish 4 10-4 | Sean Quinlan | - | - |
| 12 | 57-1 | MOONSCAPE GIRL (5) O Murphy 4 10-4 (D) | K Brogan | - | - |

4.30 EVENTMASTERS.CO.UK HANDICAP HURDLE (5) 2m 7f Winner £3,248 (14 run)

| | | | | | |
|----|--------|--|--------------------|-----|----|
| 1 | /85P0- | ROCCO ROYALE (F3) Jonjo & A O'Neill 6 12-0 | Jonjo O'Neill Jr | 80 | S |
| 2 | 471-32 | GETAWAY GLORY (23) O Greenall & J Guerrero 5 11-12 | Toby Wynne (3) | 94 | G |
| 3 | /255-2 | FINE BY ME (27) N Twiston-Davies 7 11-8 (D) | J Brace (7) | 101 | H |
| 4 | 4421-1 | JOLIE BAIE (32) (H) Miss J Davis 5 11-8 (C) (F) | N Schofield | 98 | FM |
| 5 | /308P- | PRIVATE PIKE (166) B C Longson 6 11-6 | J Turner (7) | 99 | GS |
| 6 | 9458-6 | BORDERLINE (30) (H) J Scott 6 11-6 (EW) | L Williams | 105 | G |
| 7 | F43P-P | CATUABA (30) (B) C Longson 6 11-5 | J Best | 98 | G |
| 8 | P42-P1 | HUGUENEAU (41) D Skelton 7 11-3 (SF) | Mr B Sutton (7) | 100 | G |
| 9 | P76-02 | CASPERS COURT (33) K Woolacott 10 11-2 | Mr C Pritchard (7) | 102 | S |
| 10 | 0869-2 | PERFECT ARCH (24) S G West 7 11-1 | B Lynn (3) | 99 | H |
| 11 | 8843-5 | FORTUITOUS FAVOUR (105) (B) A Honeyball 6 11-1 | B Godfrey | 92 | S |
| 12 | 536-56 | ROYAL SAM (30) M Blake 7 11-3 (BF) | H Cobden | - | - |
| 13 | FUS-P5 | INDIAN SUNBRID (24) Sara Ender 7 10-12 | H Bannister | 103 | G |
| 14 | P87-25 | STRIP OF HONOUR (27) (V) A Day 11 10-10 (CD) | Charlie Price (3) | 100 | GS |

5.00 RADIO WYVERN, WHERE WORCESTER COMES FIRST HANDICAP HURDLE (5) 2m Winner £3,248 (12 run)

| | | | | | |
|----|--------|---|-------------------|-----|----|
| 1 | 267-33 | THE SAD SHEPHERD (3) A Ralph 7 12-0 | D Bass | 97 | G |
| 2 | 178-67 | AFTA PARTY (17) (B) M Gillard 6 11-13 | F Gillard | 98 | H |
| 3 | 85-37 | KENTUCKY BLUEGRASS (25) M Hawke 4 11-12 (EW) | L Murtagh | 91 | GF |
| 4 | 690-46 | GERARD MENTOR (24) (V) K Bailey 8 11-11 (D) | G Sheehan | 97 | GF |
| 5 | 594-73 | ELECTRIC EDDY (26) N Twiston-Davies 6 11-10 (F) | S Twiston-Davies | 99 | GY |
| 6 | /P5P-5 | CALDWELL (55) J Candlish 7 11-10 (BF, D) | Sean Quinlan | 86 | G |
| 7 | 01P7- | VIRGINIA LODGE (194) D Skelton 4 11-8 (D) | H Skelton | 92 | S |
| 8 | 5-3226 | FERRYBRIDGE (13) (H) James Owen 6 11-8 (D) (SF) | C P O'Shea (7) | 95 | GF |
| 9 | 309-68 | JYSUIS (20) S G West 5 11-6 | B Lynn (3) | 95 | S |
| 10 | 5/79-9 | WHAT A FLIRTH (16) D Skelton 7 11-6 | T Durrell (3) | 88 | GF |
| 11 | 14F47 | MAGGIE O (68) M Cain 6 11-1 | William Maggs (5) | 95 | GF |
| 12 | 3423-7 | LOGISTICAL (F19) S Hodgson 4 10-10 | N Schofield | 109 | FM |

5.30 COUNTRY RACENIGHT 18TH JULY CONDITIONAL JOCKEYS' NOVICES' LIMITED H'CAP HURDLE (5) 2m 4f Winner £3,248 (12 run)

| | | | | | |
|----|--------|--|---------------------|-----|----|
| 1 | 446-64 | EASTER JUNCTION (23) D Mc Cain 6 11-12 | William Maggs (3) | 102 | G |
| 2 | 9PUP-5 | HAZELS DELIGHT (24) Jonjo & A O'Neill 5 11-9 (D) (EW) | Benjamin Macey (10) | 97 | G |
| 3 | /38-68 | RECORD ART (32) R J Smith 5 11-5 | C Quinn | 100 | GS |
| 4 | 577-9P | SECRET SAUCE (F7) H Dickinson 4 11-2 | B Harris (3) | 89 | S |
| 5 | 835-52 | MAYS HILL (18) F O'Brien 6 11-1 (F) | J Hogan (3) | 101 | S |
| 6 | 7P7-44 | JOKER DU CHENET (16) James Owen 5 10-13 | C P O'Shea (7) | 92 | S |
| 7 | 896-46 | BOOT 'N' SHOE (24) R Menzies 6 10-12 | A Anderson | 96 | H |
| 8 | 86P9-6 | GREAT WARFOR (27) J Candlish 5 10-12 | L Stones | 78 | H |
| 9 | 540-P | DRAGONBALL PRINCE (27) (B) O Greenall & J Guerrero 4 10-10 | Toby Wynne (3) | 91 | H |
| 10 | 345P-2 | INSPECTOR LYNLEY (53) N Mulholland 7 10-9 (SF) | D Johnston | 99 | G |
| 11 | /PP-47 | HAPPY COUNTY (20) S G West 7 10-8 | B Lynn | 93 | G |
| 12 | 36PP-P | MRS KINSELLA (30) R Potter 8 10-8 | F Lambert | - | - |

PONTEFRACT

| NEWSBOY | |
|----------------------|--|
| 2.10 UNPLUGGED | |
| 2.40 ASTAPOR | |
| 3.15 ARDEUR | |
| 3.45 OLD COCK | |
| 4.15 DICK THE LEGEND | |
| 4.45 TRUE NATION | |

4.15 NORTHERN COMMERCIALS ORDER YOUR NEW IVECO VEHICLE HANDICAP (5) 6f Winner £3,664 (9 run)

| | | | | | | |
|---|-----|--------|---|------------------|----|----|
| 1 | (5) | -01362 | LATE ARRIVAL (24) M & D Easterby 7 10-3 (CD) (SF) | Joanna Mason | 72 | ST |
| 2 | (6) | 584221 | DAYTONA LADY (20) R Carr 4 10-2 (D) | JP Sullivan | 71 | ST |
| 3 | (4) | 1-2463 | DICKO THE LEGEND (19) L Bailey 4 10-2 (D) (F) | B Garritty | 69 | ST |
| 4 | (7) | 0689-7 | MOTAGALLY (16) S Dixon 8 10-10 (D) | C Lee | 70 | GF |
| 5 | (1) | 141-30 | MACARONE (15) Craig Lidster 3 9-7 | F Norton | 64 | ST |
| 6 | (3) | 428/7- | SPEAR FIR (429) S Whitaker 5 9-5 | P Dennis | - | - |
| 7 | (1) | 3-0325 | RAIN CAP (14) (V) J Riches 7 9-4 (D) (EW) | Rhys Elliott (7) | 70 | GF |
| 8 | (1) | 01576 | CRACK THE KODE (23) (B) K Ryan 3 9-3 (D) | T Eaves | 63 | GS |
| 9 | (2) | 916654 | VARIETY ISLAND (7) S Whitaker 5 8-11 (D) | C Beasley | 66 | SF |

4.45 WAYNE CONWAY MEMORIAL HANDICAP (6) 1m Winner £3,140 (13 run)

| | | | | | | |
|---|-----|--------|---|-------------------|----|----|
| 1 | (8) | 69-012 | TRUE NATION (19) R Fahey 4 9-10 (D) (SF) | Ethan Tindall (7) | 61 | G |
| 2 | (5) | 400428 | TONAL (35) J Williams 4 9-9 (BF) | P Mulrennan | 62 | ST |
| 3 | (6) | 6-0882 | INDICATION ROCKET (8) R Menzies 4 9-7 (D) (F) | C Lee | 60 | ST |
| 4 | (9) | -06076 | MOUSH (12) L Bailey 4 9-7 | D Tudhope | 60 | SF |
| 5 | (2) | 704300 | MUSICAL MAQUEREAU (35) M & | | | |

RL FRANCE 8 ENGLAND 40



OLLIE HAS A JOLLY ON HIS FRANCE TRIP

BY DAVE CRAVEN

IT might not have been the most spectacular of occasions for an England debut but Oliver Wilson was not complaining.

The Huddersfield prop (above, with France's Hugo Salabio) made his Test bow coming off the bench in Saturday's win in Toulouse.

The game itself came in for huge criticism given its low-profile. Played in front of a disappointingly small crowd, only broadcast on a little-known streaming channel and, essentially, as a curtain-raiser for a Championship fixture between Toulouse and Featherstone, it hardly set the pulses racing.

Let's not forget, even England coach Shaun Wane was absent having needed to stay at home following an ankle operation.

But this mid-season international meant the world to Wilson, one of four debutants in his side.

The 24-year-old said: "It was a dream come true. The whole week was just magic. Parts of the game felt similar to Super League. But you get an extra oomph when representing your country."

His side were 8-0 down after an underwhelming first quarter when fired-up France looked capable of inflicting a first defeat on England since 1981.

Fortunately, Jack Welsby (inset) stepped up to drag the visitors out of their go-slow.

He scored their first try and then had a hand in both of Leeds winger Ash Handley's brace, the brilliant Tom Johnstone rounding off an electric spell of four tries in just 11 minutes.

Matty Nicholson and skipper George Williams got on the scoresheet after the break with Welsby and Johnstone both completing doubles.

But as their only hit-out of the year before facing World Cup finalists Samoa in the autumn's two-Test series, it brought up all the old questions of how best to get England some decent, regular competition.

Those questions aren't for Wilson, though. He was just able to revel in having a blast for his country.

Wilson said: "I didn't really get in the England Under-16s that much.

"I managed the 19s a bit more against Australia and got a couple of England Knights squads but never actually played.

"Now I've had that England call-up, though. It's been a long journey but I've appreciated the struggles as it makes the highs better."



SMITH GETS THE NOD

Surrey keeper Smith is in but Bairstow, Foakes and Leach are out of favour

England squad for the first two Tests against the West Indies:

B Stokes (c), J Anderson (first Test only), G Atkinson, S Bashir, H Brook, Z Crawley, B Duckett, D Lawrence, D Pennington, O Pope, M Potts, J Root, J Smith, C Woakes.



TON-UP KEATON GETS A FOURTH

KEATON JENNINGS' fourth hundred of the campaign steered Lancashire to 344 for eight against Nottinghamshire at Southport.

The England batter (right) made an unbeaten 183 off 258 balls after the visitors had threatened to take charge following lunch in their Vitality County Championship Division One

clash. Lyndon James shone with three for 53 as a sell-out crowd were denied the opportunity of seeing James Anderson in action for Lancashire one more time.

Jamie Smith produced the perfect dress rehearsal for his England debut on day one of Surrey's top-of-the-table clash with Essex. Named

yesterday morning as the only wicketkeeper in England's 14-man squad for the first Test against the West Indies a week on Wednesday, Smith struck his second century of the season.

The 23-year-old made exactly 100 with two sixes and 14 fours as the hosts reached 248 for eight on a rain-shortened day at The Oval.

CRICKET

ENGLAND v WEST INDIES
FIRST TEST LORD'S, JULY 10

REBOOT CAMP

Now it's Bazball 2.0 as Bairstow, Foakes & Leach axed from Test squad for West Indies clashes



BY RORY DOLLARD

JONNY BAIRSTOW has been axed from England Test duty in a radical shake-up of Ben Stokes's side.

Ben Foakes and Jack Leach have also been dropped as the selectors called up three uncapped players.

Wicketkeeper-batter Jamie Smith is joined by two new seamers, Gus Atkinson and Dillon Pennington, for the forthcoming series against the West Indies, while spinner Shoaib Bashir has been preferred to his Somerset team-mate Leach.

In what appears to be a watershed moment for the team, and the first stage of Bazball 2.0, head coach Brendon McCullum and captain Stokes have carried out major surgery on their squad.

Having already decided to call time on the career of record wicket-taker James Anderson after the first Test at Lord's, a hard call taken with one eye trained firmly on rebuilding the team for the 2025/26 Ashes, they have now gone even further. Bairstow is the most high-profile

casualty, dropped on exactly 100 caps, with the highly-rated Smith beating off a crowded field to take the keeper's spot.

Smith, who made his ODI bow against Ireland last September, is one of the most exciting prospects in the domestic game but his selection behind the stumps will attract scrutiny given he is not even first-choice gloveman for Surrey.

Foakes does that job for the Brown Caps, and also featured in all five games of the winter tour in India, but he has also been cut. A 4-1 defeat in that series seems to have sparked change, with Bairstow's top score of 38 in 10 innings placing him in the firing line.

The selection panel, chaired by director of cricket Rob Key, have also had to restructure the bowling group.

With Stuart Broad retiring at the end of last summer and Anderson following close behind, they need to fill the gap left by two greats who boast a combined 1,304 Test wickets. Chris Woakes, returning for the

first time since being named player of the series in last summer's Ashes, will lead the attack in the short term, but the real interest is in the fresher faces.

The field has been thinned by fitness problems with the likes of Sam Cook, Josh Tongue, Jamie Overton and Saqib Mahmood, but Sussex seamer Ollie Robinson has still been overlooked.

Instead, England go back to Durham's Matthew Potts, a gutsy seamer who made a strong start to his England career in 2022 and has 23 wickets at 29.26 in his six caps. Atkinson, an unused squad member in India, steps up as does Nottinghamshire's Pennington.

The decision to back 20-year-old off-spinner Bashir over Leach is perhaps surprising. Stokes has shown great loyalty to the left-armed, but it was his injury that allowed Bashir to earn a fast-track debut in India. He took 17 wickets in three Tests.

Even so, he has not overtaken Leach at Taunton and went out on loan to Worcestershire in June seeking first-team cricket.

Maia makes it so special

MAIA BOUCHIER spoke of her "special" England hundred - the first century of her professional career.

Bouchier (right) made an unbeaten 100 from 88 balls as England took an unassailable 2-0 lead in their three-match ODI series against New Zealand with an eight-wicket win at Worcester. "The relief was there, I've put a lot of work to get to

that point," said player-of-the-match Bouchier.

"My hundred for England is so special."

Bouchier, 25, was helped by Nat Sciver-Brunt reining in her attacking instincts. She made an unbeaten two from 12 balls so Bouchier had just enough runs left before New Zealand's 141 was overtaken in just 24.3 overs.



FORMULA ONE

AUSTRIA GRAND PRIX RED BULL RING

CYCLING LE TOUR Tad & Jo run show



BANGING WHEELS
Verstappen and Norris clash and both cars end up going off the track

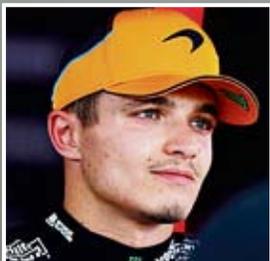


HOW THEY FINISHED...

- 1 G Russell (Gbr) 1:24:22.798
- 2 O Piastri (Aus) +1.906
- 3 C Sainz Jr. (Spa) +4.533
- 4 L Hamilton (Gbr) +23.142
- 5 M Verstappen (Ned) +37.253
- 6 N Hulkenberg (Ger) +54.088
- 7 S Perez (Mex) +54.672
- 8 K Magnussen (Den) +1:00.355
- 9 D Ricciardo (Aus) +1:01.169
- 10 P Gasly (Fra) +1:01.766
- 11 C Leclerc (Mon) +1:07.056
- 12 E Ocon (Fra) +1:08.325
- 13 L Stroll (Can) at 1 lap
- 14 Y Tsunoda (Jpn) at 1 lap
- 15 A Albon (Tha) at 1 lap

DRIVERS' STANDINGS

- 1 Verstappen Red Bull 237
- 2 Norris McLaren 156
- 3 Leclerc Ferrari 150
- 4 Sainz Jr. Ferrari 135
- 5 Perez Red Bull 118
- 6 Piastri McLaren 112
- 7 Russell Mercedes 111
- 8 Hamilton Mercedes 85
- 9 Alonso Aston Martin 41
- 10 Tsunoda RB 19



MAD MAX, FURY ROAD

Duelling Verstappen and Norris KO each other in fierce track battle... and delighted Russell is gifted prize



WOUNDED BULL
Verstappen's car lost a tyre in the clash

BY DANIEL MOXON
GEORGE RUSSELL just laughed as he watched back the incident which gift-wrapped his second career F1 win.

The Mercedes driver secured just his second career victory at the Red Bull Ring and the team's first since his maiden win in Brazil in 2022.

And he could not believe his luck after Lando Norris and Max Verstappen collided while fighting for the lead with seven laps to go.

After several laps of furious fighting, with Norris' McLaren all over the back of the Red Bull, they touched and both cars picked up punctures which forced them both into the pit lane. Russell had been trundling around in third but was

suddenly haring towards the chequered flag to take the victory.

Shown a replay as he waited for the podium ceremony, he shared a giggle with Oscar Piastri and Carlos Sainz as the British ace reflected on his win.

He said: "I saw on the TV that Max and Lando were going pretty hard and I knew Lando would want to get that race win.

"The team has done an amazing job to get us in this fight. You've got to be there to pick up the pieces and we were.

"I knew it was a possibility, you're always dreaming. I'm just so proud to be back on the top step."

Verstappen copped a 10-second penalty, the stewards

deciding he was the one at fault.

He got back out on track to finish fifth after a change of tyres, while the furious Norris jumped out of his McLaren and



LUCKY BREAK Russell on the podium after taking first place

didn't make it to the end. The Briton has been putting Verstappen under pressure for weeks now and, before yesterday, it had all been clean between two drivers who saw each other as best friends in the paddock.

But Norris admits that relationship could be shattered by this incident and felt "let down" by Verstappen.

He said: "I was looking forward to a strong, fair battle, but I wouldn't say that's what it was in the end.

"It was a mistake-free race from my side and I felt like I did a good job, but I got taken out of the race.

"He ruined his own race just as he ruined mine and there was nothing more I could do. If he says he did nothing wrong,

I'll lose a lot of respect for that. He was being a bit stupid and running into me and just being a bit reckless.

"It's still a tough one to take, while fighting for the win while trying to be fair from my side and he just wasn't."

Verstappen said he needed to review the incident before saying who was at fault.

His frustration was focused on a slow pit stop which allowed Norris to close the gap and begin their duel.

He said: "We put ourselves in this position and that's the worst thing about it. We created it for ourselves."

Lewis Hamilton finished fourth ahead of Verstappen, while Nico Hulkenberg rose to sixth as Haas secured an impressive double points finish.

TADEJ POGACAR and Jonas Vingegaard took only two days to show that are in a class of their own in the Tour de France.

Pogacar (below) attacked from the peloton up the second ascent of the brutally steep San Luca in yesterday's stage two - and only Vingegaard was able to follow him. By the top of the climb, they had opened a 40-second gap.



The move meant that Pogacar took the leader's yellow jersey from Saturday's stage one winner Romain Bardet.

Primož Roglic, another expected overall contender, dropped 21 seconds behind.

Vingegaard said: "I can be very happy that I was able to follow Tadej on the second time of San Luca, because this is probably one of the stages we feared the most."

Breakaway rider Kevin Vauquelin made it two French victories in two days by coming home first in the hilly 124-mile route in Italy that featured six categorized climbs.

DARTS WORLD CUP England on target

BY MIKE WALTERS
LUKE HUMPHRIES led England to glory at the Bet Victor World Cup of Darts in Frankfurt and admitted it gave him the "biggest buzz" since he conquered Ally Pally.

Cool Hand Luke and Michael Smith beat Austrian dark horses Mensur Suljovic and Rowby-John Rodriguez 10-6.

Humphries took out four hundred-plus checkouts as the top seeds lifted the trophy for the first time since 2016.

The PDC world champion said: "I felt the biggest buzz I've had since the Worlds. We really wanted this, we really believed we could win it.

"You've got world No.1 and No.3 against the field - it's quite tough for everyone else, but after our first game we just clicked."

Humphries and Smith split the £80,000 winners' pot after racing into a 5-1 lead, with the former nailing 151 and 121 in consecutive legs.



WIMBLEDON 2024



WHAT'S NEW AT SW19 IN 2024

BY NEIL McLEMAN

● Total prize money has hit the £50million mark with each singles champion banking £2.7m - and first-round singles losers now getting £60k, while the wheelchair and quad wheelchair events will share a record £1m pay-out.

● There are 19 British players in the singles draws - the most since 1999.

● A General Election will be held on a single day for the first time during the Championships. There were three 19th Century elections that each lasted close to a month during early Wimbledons.

Spectators will be allowed to wear party badges but AELTC chief executive Sally Bolton warned: "If you're creating a disturbance, that's when we would address it."

● The flagship Wimbledon Shop under Court 1 has been refurbished and will be open from 10am to 10pm during the tournament. And there is a new Amex Pavillion and Stella Artois Perfect Serve Experience on a revamped Henman Hill.

● There is a new Championships referee and the first-ever female to fill the role - former pro Denise Parnell from Manchester. Andrew Wynne is the new Chief Umpire.

● A London-based company championed by Prince William - Notpla - will provide plastic-free and 100 percent biodegradable boxes for strawberries and cream for the first time.

● The queue will be split into three phases for the first time: a welcome area, a ticket purchase phase and a Queue Village.

What's not new

● No Euro 2024 football matches will be shown on the big screens.

IT'S COME EM HOME

Raducanu wants to be crowning glory of an incredible summer of sport by landing her second Grand Slam title

BY NEIL McLEMAN
@NeilMcLeman



EMMA RADUCANU is set for a normal Wimbledon with less "less stress or chaos" - but wants to play her part in an extraordinary fortnight in British sport.

The Bromley-based star, now 21, first made headlines when she reached the fourth round here just weeks after her A-levels. The following year, as reigning US Open champion, she won her race to shake off a side strain before playing her first two matches on Centre Court.

Now, after missing last year following surgery, she is back for only her seventh match at the All England Club against Russian No.22 seed Ekaterina Alexandrova (circle).

Raducanu has insisted she is in a "good place" as she is physically fit, working with her childhood coach, and free of the frenzied expectation that followed her shock Grand Slam success.

"I feel a lot more comfortable this year," she said. "There's a lot less going on. There's a lot less stress or chaos. I'm more just coming here, doing my

practice, playing the match. There's not much else to it whereas in 2022 I was in a big rush. Would I be able to play? Would I not? And then last year, missing it, and in 2021 I lost in a Brit Tour a month before so I was not really feeling amazing. So this is the most settled I've been in a while."

Raducanu is one of 19 British players in the singles draw at SW19 at the start of a two-week stretch which will also see the climax of Euro 2024 and the British Grand Prix.

"I would love to be a part of it. It's an amazing summer of sport. It's football, it's F1, it's tennis, the races.

There are so many things going on. I've been saying that every day on site right now at Wimbledon is a blessing. I'll just enjoy the buzz that's going around."

After skipping qualifying for the French Open, Raducanu reached the semi-finals in Nottingham and beat world No.5 Jessica Pegula in Eastbourne with a backhand slice and grass-court tactics from the Andy Murray playbook.

"I haven't been studying him but to be compared to Andy is a pretty good compliment so

I'll take that," she said. "He plays unbelievably well on this surface because he uses variety that makes it really hard for the opponent, especially when it stays so low on these courts. Is there anyone I model my game on? I would say I want to play like Carlos Alcaraz but I can't!"

But Raducanu hopes to be studying at Oxbridge in years to come after visiting Oxford with her pal Fran Jones last month.

"I just love it," said the grammar-school girl. "I love the area. It's just my escape from London. It's really picturesque.

"You feel like you go back in time and you can feel the history and culture there. But I was always a very keen student and so Oxbridge was always up there on my bucket list in life.

"And I carry that on whether that's during my career or after my career. I know that that is something that I want to do in the future."

Raducanu is the favourite at 4-5 to beat her Russian opponent, who is evens. The Brit is 20-1 to win the singles title, with Aryna Sabalenka the 3-1 favourite, followed by Iga Swiatek at 4-1.



GRIN THE MOOD

Patriotic Raducanu in the mood to do her country proud as she battles at SW19

WATSON'S IN DRIVING SEAT TO GET BRITS OFF TO A WINNER

BY NEIL McLEMAN

HEATHER WATSON has been driven crazy by her insurance company before bidding to jumpstart a run of British singles wins at Wimbledon.

The world No.199 had her Range Rover stolen from her home in Chelsea Harbour just before last year's tournament and finally had her vehicle

returned last week. Watson (left) said: "I did get my car back - one year later. It was found three days after it was stolen. They found it a few miles away. Still in London. They took my loose change but left the sunglasses.

"I got it a few days ago, it was finally ready to be picked up by the garage.

"My advice for everyone - don't get a car. Period. The amount of things

that go with having a car, it has been a nightmare. That was purely insurance incompetence. I will leave that there.

"I have used Lime bikes but I will use the courtesy cars to get into Wimbledon, save my legs for the match."

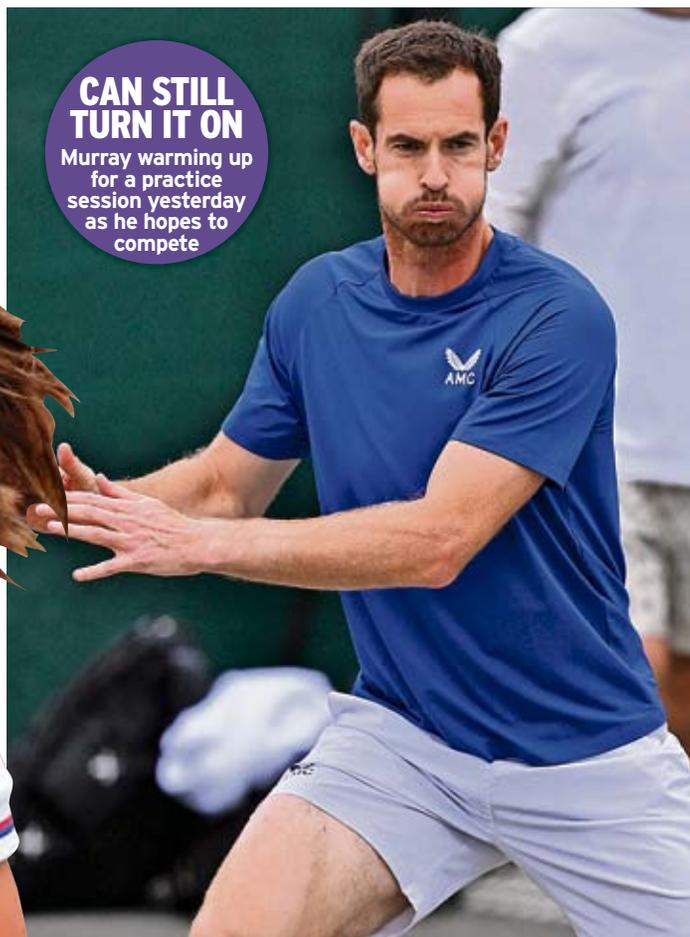
Watson, who reached the fourth round at SW19 in 2022, will be the first of 19 British singles competitors in

action when she plays her doubles partner Greet Minnen of Belgium in the first match on Court 18 at 11am today.

"The plan is to get us all off to a winning start," said Watson, before her 14th Wimbledon.

"I'm happy I am first on. I'm sick of training. I'm ready to play a match. But we know each other's games so well. She is a great player."





CAN STILL TURN IT ON

Murray warming up for a practice session yesterday as he hopes to compete

Murray wants to feel buzz of Wimbledon for very final time

LEGEND'S LEAVING IT UNTIL LAST MINUTE TO SEE IF HE WILL PLAY

BY NEIL McLEMAN

ANDY MURRAY revealed he wants to feel "the buzz" of Wimbledon a final time - and get "a bit of closure" - as he takes his battle to play his farewell singles to the last minute. Murray said he will wait until after training today to decide if he is fit enough to play Tomas Machac in the opening round. But he is ready to delay the huge call until tomorrow to increase his chances of walking out on Centre Court.

The double Wimbledon champion only underwent spinal surgery to remove a cyst nine days ago and still has stitches in his back.

He reported there is a "risk" the "wound" from keyhole surgery will reopen. Yet he said: "I'm okay with a few stitches coming loose or whatever."

Asked what he is hoping to gain by going through all this pain, Murray (right) fought back tears to declare: "The opportunity to play here again for the last time, that's kind of it.

This is a place that's obviously been really good to me over the years.

"I guess the last few years you've had Serena (Williams) finished playing, Roger (Federer) finished playing, and Rafa (Nadal) obviously has spoken a lot recently about the struggles he's gone through.

"Everyone has their idea of how they want to finish their career, how they would want it to go. My idea would have seen

that happening probably at Wimbledon. Obviously I have the Olympics coming up. But I would love the opportunity to play here one more time. That's what I'm looking to get out of it.

"I'm hoping for, when it comes to the end, maybe a bit of closure.

"I just want the opportunity to play one more time out there hopefully on Centre Court and feel that buzz.

"Whether afterwards I feel it was the right thing to do or not, I

don't know. But right now I feel like I want that opportunity."

Murray's uncertain state of mind was reflected by changing the time of his pre-tournament press conference four times yesterday.

Even by his standards, it has been a crazily unpredictable few days since he limped out of Queen's Club on June 19.

He reported he no longer suffers "back pain", adding: "I've been practising for the last few days. I played a set today. It went

pretty well, but I still don't have 100 percent sort of feeling and sensation in my leg yet.

"I have just been trying to do everything that I can to try and get ready to start the tournament here.

"I don't know if that's going to be enough. I don't want to be in a situation like at Queen's. I don't want to go on the court and it be awkward or not be able to at least be competitive."

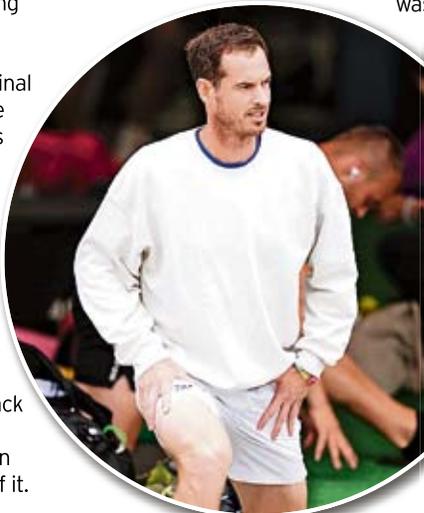
Playing doubles with his brother Jamie could yet be his goodbye here but he said: "It's getting better every single day.

"I'm hopeful that that continues and it's going to be enough to be on the court on Tuesday."

The All England Club is ready to pay tribute to his career when he does announce his retirement and John McEnroe has called for a statue. The Australian Open played a video montage tribute in 2019 just five years too early.

Murray, 37, added: "I know obviously what happened in Australia a few years ago was a bit awkward.

"Yeah, it's different this time."



TODAY'S ORDER OF PLAY...

CENTRE COURT 1.30PM START

Carlos Alcaraz (Spain) v Mark Lajal (Q) (Est)
Emma Raducanu v Ekaterina Alexandrova (22) (Russia)
Coco Gauff (USA) v Caroline Dolehide (USA)

NO.2 COURT 11AM START

Second match: Stan Wawrinka (Switz) v Charles Broom (WC)

COURT 12

Third match: Liam Broady (WC) v Botic van de Zandschulp (NL)

COURT 15

Third match: Sonay Kartal (WC) v Sorana Cirstea (Rom)

COURT 16

Second match: Arthur Fery (GB) v Daniel Altmaier (Ger)

Third match: Lily Miyazaki (WC) v Tamara Korpatsch (Ger)

COURT 18

First match: Heather Watson (WC) v Greet Minnen (Bel)

BRIT BROADY'S HELL AFTER FREAK ACCIDENT

BY NEIL McLEMAN

LIAM BROADY has revealed he suffered dizziness and slurred speech after suffering a freak concussion injury.

The British No.6 (left) reached the Wimbledon third round last year when he shocked world No.4 Casper Ruud in five sets.

But the Stockport star admitted

he feared he would miss a return to SW19 after his latest injury setback recently. "I was in a NCP car park and as I opened the boot, a load of tennis balls fell out and, when I stood after picking them up, I knocked my head," the wild card recalled. "It hurt so much.

"The next day I practised and after 45 minutes I got a migraine

and my eyes went a bit funny. I couldn't really see.

"I checked my phone and it was like I had dyslexia, I couldn't read words. I was slurring my speech. I felt really nauseous.

"I was out for 13 or 14 days and I had a bit of an egg on my head."

Broady, who faces Dutchman Botic van de Zandschulp today,

missed the Australian Open with an ankle injury which became a stress fracture in March.

"It has been the most frustrating six months of my life," he said. "I was worried that I would miss Wimbledon. It was the last week of my ankle rehab and I couldn't put the load into that recovery. I am glad I have made it in one piece."

European Championship Round of 16

ENGLAND (0) 2 SLOVAKIA (1) 1
Bellingham 90 Schranz 25
Kane 91

AET - Score after 90 mins 1-1.

SPAIN (1) 4 GEORGIA (1) 1
Rodri 39, Fabian 51 Le Normand 18 (og)
Williams 75, Olmo 83

Copa America Group A
ARGENTINA (0) 2 PERU (0) 0
L Martinez 48, 87 Att: 64,972
CANADA (0) 0 CHILE (0) 0
Att: 24,481

| | P | W | D | L | F | A | Pts |
|-----------|---|---|---|---|---|---|-----|
| Argentina | 3 | 3 | 0 | 0 | 5 | 0 | 9 |
| Canada | 3 | 1 | 1 | 1 | 1 | 2 | 4 |
| Chile | 3 | 0 | 2 | 1 | 0 | 1 | 2 |
| Peru | 3 | 0 | 1 | 2 | 0 | 3 | 1 |

CRICKET

2ND ODI—England Women v New Zealand Women (New Road): New Zealand 141 (41.5 overs; S Ecclestone 5-25). England 142-2 (24.3 overs; M E Bouchier 100no). England beat New Zealand by 8 wickets.

COUNTY CH'SHIP - DIVISION ONE
Durham v Worcestershire (Riverside): Durham 190 (48.3 overs; N G Smith 4-36) and 33-3 (12.0 overs) Worcestershire 112 (33.0 overs; K Ali 55; M J Potts 4-29).

Hampshire v Kent (The Rose Bowl): Hampshire 301-3 (83.0 overs; J M Vince 149no, B C Brown 106no).

Lancashire v Nottinghamshire (Southport): Lancashire 344-8 (96.0 overs; K K Jennings 183no).

Somerset v Warwickshire (Taunton): Warwickshire 373-8 (96.0 overs; M G K Burgess 126no, E Barnard 92, M Pretorius 4-72).

Surrey v Essex (The Oval): Surrey 248-8 (79.0 overs; J L Smith 100).

DIVISION TWO
Derbyshire v Yorkshire (Chesterfield): Derbyshire 76 (27.4 overs; M V T Fernando 5-30, J A Thompson 4-31). Yorkshire 283-5 (58.0 overs; J H Wharton 116no).

Gloucestershire v Glamorgan (Cheltenham): Gloucestershire 179 (44.4 overs; T van der Gugten 5-59). Glamorgan 133-7 (45.1 overs).

Leicestershire v Middlesex (Leicester): Leicestershire 179 (49.3 overs; T S Roland-Jones 4-63, R F Higgins 4-35). and 40-1 (9.0 overs) Middlesex 86 (32.3 overs; B W M Mike 5-22).

Northamptonshire v Sussex (Northampton): Sussex 143 (47.2 overs; C J White 4-23). and 83-2 (23.0 overs) Northamptonshire 97 (20.1 overs; O E Robinson 4-42).

TOUR DE FRANCE (Cesenatico to Bologna, 200km)—Stage 2: 1 K Vauquelin (Fra) Arkea-B&B Hotels 4h 43m 42s, 2 J Abrahamson (Nor) Uno-X Mobility +36s, 3 Q Pacher (Fra) Groupama-FDJ +49s.

Overall: 1 T Pogacar (Slo) UAE Team Emirates 9h 53m 30s, 2 R Evenepoel (Bel) Soudal Quick-Step, 3 J Vingegaard (Den) Team Visma |

Lease a Bike all at same time, 9 T Pidcock (Gbr) INEOS Grenadiers +21s. Today, Stage 3: Plaisance to Turin, 230.8 km.

DARTS
WORLD CUP (Germany)—Quarter-Finals: Austria bt Croatia 8-7, Belgium bt Italy 8-7, England bt N Ireland 8-4, Scotland bt Sweden 8-7. Semi-Finals: Austria bt Belgium 8-3, England bt Scotland 8-4. Final: England bt Austria 10-6.

GOLF
DP WORLD TOUR ITALIAN OPEN (Ravenna)—Final Rnd (Gbr & Irl unless stated): 274 M Siem (Ger) 69 68 66 71 (wins Play-off on the 1st hole), T McKibbin 71 70 68 65, 275 S Crocker (USA) 66 71 70 68, J De Bruyn (Ger) 67 67 72 69.

LADIES EUROPEAN TOUR SWISS OPEN (Risch-Rotkreuz)—Final Rnd (Gbr & Irl unless stated): 202 A Hewson 68 69 65, T Malik (Ind) 68 68 66 (Hewson won play-off at 1st hole), 203 L Walsh 71 68 64, F Fernandez (Spa) 68 66 69.

MOTORCYCLING
GRAND PRIX OF NETHERLANDS (Assen)—MotoGP: 1 F Bagnaia (Ita) Ducati 40m 7.214s, 2 J Martin (Spa) Ducati +3.676s, 3 E Bastianini (Ita) Ducati +7.073.

Overall: 1 Martin 200pts, 2 Bagnaia 190.

RUGBY LEAGUE
Betfred Championship: Barrow 0 Wakefield 36, Dewsbury 12 Bradford 38, Halifax 38 Whitehaven 18, Widnes 16 Batley 24, York 10 Sheffield 18.

TENNIS
All England Lawn Championships (Wimbledon, London).

TODAY'S DIARY
European Championship Round of 16
France v Belgium (5pm)
(Live on ITV 1)
Portugal v Slovenia (8pm).....
(Live on BBC 1)

Copa America Group C: Bolivia v Panama (Premier Sports, 2am Tuesday), USA v Uruguay (Premier Sports, 2am Tuesday).

TENNIS
All England Lawn Championships (Wimbledon, London).

Bees are stung in Gray bid



BY DAVID ANDERSON

TOTTENHAM are in pole position to sign Archie Gray from Leeds after they rejected Brentford's offer.

Leeds had originally accepted the Bees bid on Saturday and gave Gray permission to travel down to London for his medical to complete the deal.

But Leeds pulled the plug yesterday and it is understood they were unhappy with Brentford's payment structure, even though the move might have been worth £40million.

Brentford's failure to land the defender (above) has opened the door to Tottenham and Chelsea - and Spurs have forged ahead in the race.

It was expected Leeds would have to cash in on the 18-year-old to meet with the EFL's financial guidelines when they failed to win promotion.



ENGLAND 2

Bellingham 90+5, Kane 91 ET

SLOVAKIA 1 (AET)

Schranz 25

JUDE: I FEEL OVER-JOYED

FROM BACK PAGE

be up there. There's a few nice ones, goals that mean a lot to me personally, like my first goals for Birmingham, Dortmund, Madrid.

"But this was a feeling like no other. In international football, knockout football, it's the worst feeling when you are no more than 30 seconds from going home and having to listen to all the rubbish.

"You feel like you've let a nation of people down and, 30 seconds later, with one kick of the ball, everything can change.

"It's 20 or 30 seconds until we're out of the European Championship. It's hard to deny that it's one of the most important moments of my career so far."

England were on the receiving end of boos and criticism from fans but now go into a quarter-final against Switzerland on Saturday.

And Bellingham hinted that supporters expect too much from a side who reached the final in 2021.

He said: "Playing for England should be one of the proudest moments of a footballer's career, but at times it's quite difficult.

"There's a really intense pressure. The fans expect a lot from us, regardless of what happened in recent tournaments or years and years ago.

"People talk a lot and you do take it personally a bit. Sometimes it doesn't go well and sometimes it feels like there's a bit of a pile-on. It's not nice to hear but you can always use it. It's always nice to throw something back to some people."

Kane, Rice and leaders who



KIERNAN IN BLUES MOVE

KIERNAN DEWSBURY-HALL is to link up with former manager Enzo Maresca after Chelsea agreed a £30million fee with Leicester.

The midfielder, 25, (below) is set to have a medical at the club.

Maresca led Leicester back into the Premier League last season with Dewsbury-Hall playing a key role.

And after succeeding former Blues boss Mauricio Pochettino, he has now secured a player he knows well.

Dewsbury-Hall, who had also been linked with Brighton, scored 12 times and had 14 assists in the Championship last season.



Luiz goes out the Villa door



BY NEIL MOXLEY

DOUGLAS LUIZ has completed a £50million move to Juventus.

The Brazil international has been sold to keep Villa within the Premier League's Profit and Sustainability rules following weeks of negotiations.

Villa finalised the switch - five years after midfielder Luiz's (above) arrival from Manchester City - with just hours to spare before the midnight cut-off, meaning the transfer fell within the financial year necessary for the calculations.

And that means boss Unai Emery can now concentrate on bolstering his own resources, with the signing of winger Samuel Iling-Junior and midfielder Enzo Barrenechea from Juve expected to be concluded within the next few days.



TAKE YOUR PICK

Pickford, Bellingham and Rice all stood tall with England facing a humiliating Euros exit



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EURO 2024, RD OF 16
ARENA AUF SCHALKE

Bellingham... three lost turned into Three Lions



DID YOU DOUBT THEM?
England's goal heroes Bellingham and Kane found that extra level when it was needed

GARETH SOUTHGATE and England love a leadership group but for over an hour and a half of an utterly dreadful performance, the group was missing.

And three prominent members – Harry Kane, Declan Rice and Jude Bellingham – were nowhere to be seen. Or as good as nowhere to be seen.

If you did catch a glimpse, they looked ponderous, nervous and clueless.

But even in the most dire of sporting situations, leaders have deep wells of resolve, deep wells of defiance, deep wells of determination.

And, more importantly, they have a muscle memory that lifts them above the run-of-the-mill player.

How else can you explain Bellingham's extraordinary equaliser deep into injury-time? How else can you explain Kane's predatory winner early in extra-time?

Let's be honest, Kane had been terrible in regulation time. If, as he claims, he really is fully fit and his back is not giving him any grief, it is hard to explain why he has developed the turning circle of an oil tanker. For large parts of England's campaign,



ANDY DUNN

Britain's best Sports Writer in Gelsenkirchen

Kane's movement has been laboured, to say the least. For large parts of England's campaign, it has been excruciating to watch him.

Yet he has now scored twice, the second securing England's place in the quarter-final.

And it was all about instinct and all about never thinking your chance was never going to come.

That is leadership for you.

Rice has played 127 matches for club and country in the past two years and, for most of this contest, it showed.

That ludicrous workload had suddenly hit him with sledgehammer force, it seemed.

The Schalke pitch was dry and bumpy to the eye but treacle to Rice.

Yet, somehow, he refilled his lungs and became a defensive midfielder

with a shield and a sword, taking responsibility by hunting down most Slovaks that moved.

That is leadership for you.

And what can you say about Bellingham, the Ballon D'Or contender who already has goldenballs?

There are some who have questioned his attitude in this tournament, some who suggest he might have gone a little bit big-time.

The problem is he IS big-time, 21 on Saturday and already in that

ultra-elite bracket of players. And when he does not perform to the standard of that bracket of players, it is painfully obvious.

Painfully obvious to us, painfully obvious to him – that is why he spent

so much time showing his frustration, shouting at team-mates, waving his arms at the bench, moaning at the referee.

But Southgate (left) leaves him on the field for a reason.

Bellingham's penchant for decisive late goals in massive games is becoming



a real thing. Just ask Barcelona. And that is because he has such composure and, more significantly, a towering self-belief – a towering self-belief the likes of which we have not seen in English football for some time.

Seriously, who else would scream 'WHO ELSE?' after scoring an equaliser of such brilliance and such importance?

That is leadership for you.

If you care to forensically examine this game in its entirety, the contribution of the substitutes will be highlighted.

Rightly so.

Ivan Toney gave a physically imposing attacking presence that had been missing, Cole Palmer kept possession in forward areas in a way that showcased his Manchester City education and Eberechi Eze produced a really intelligent cameo.

Jordan Pickford also deserves a mention for being the loudest, angriest, yet, somehow, calmest man on the pitch. That is some achievement.

But when England needed them most, the leaders who had been missing were the ones that saved their manager's skin. And a nation's hopes.



ENGLAND 2

Bellingham 90+5, Kane 91

SLOVAKIA 1

Schranz 25

HEAD OVER

Seconds from humiliation.. England turned this crazy game around with a 'David Platt moment' of genius from Jude before Kane sealed miracle comeback



| ENGLAND | | SLOVAKIA | |
|---------|------------------|----------|---|
| 64% | POSSESSION | 36% | |
| 2 | SHOTS ON TARGET | 3 | |
| 4 | SHOTS OFF TARGET | 6 | |
| 9 | CORNERS | 1 | |
| 1 | OFFSIDE | 2 | |
| 11 | FOULS | 19 | |
| 0 | CARDS | 5 | 0 |

Referee: Umut Meler (Turkey)



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EURO 2024, LAST 16
ARENA AUFSCHALKE

HEELS



11

JUDE'S LATE SHOW

Bellingham pulls off a stunning scissors kick to level in the 95th minute

BY **JOHN CROSS**
Chief Football Writer
[@johncrossmirror](#)

FROM the jaws of defeat and utter despair came sheer joy and glory.

It should go down as one of England's all-time miracle comebacks because they were heading home in humiliation.

Then Jude Bellingham provided a moment of genius and salvation to send the Three Lions into a quarter-final with Switzerland in Dusseldorf on Saturday.

Bellingham's overhead kick in the fifth minute of stoppage time deserves to be up there with David Platt's last-gasp winner against Belgium in Italia '90 as an iconic moment.

Harry Kane then scored the winner in extra time with England still counting their lucky stars because we should not forget how bad they were for so long in this match.

And, by the end, the England fans were singing Sweet Caroline again. What a rollercoaster of emotions.

Let's not dress this up as anything other than a great escape because how they got away with it is anyone's guess.

Make no mistake, Gareth Southgate was probably thinking about his exit strategy because defeat would have spelt the end of his reign.

It really was that close. England and Southgate were on the brink. But big moments call for big players and Bellingham (far left) was on cue.

Incredibly, his leveller was England's first shot on target.

Now the hope has to be that the Three Lions somehow use this as a springboard for the rest of the tournament because finally – when all hope was lost – they dug deep and showed the heart and passion they have been missing.

The England fans celebrated wildly as the goals flew in and at the end of 120 exhausting and often torturous minutes.

No one deserves it more than them. Yes, they have turned on Southgate but their support for

the team cannot be questioned. It is a shame the love affair has turned sour but at least Southgate will get to 100 games in charge even if his 99th, this one against Slovakia, was far too close for comfort.

England's supporters were screaming for substitutions and Southgate did wait painfully long to make changes. But Cole Palmer made a difference, Eberechi Eze was positive and Ivan Toney was brilliant.

Maybe, just maybe, one of them has played their way into the next starting XI.

Because, looking at England for so much of this match, they do need a change.

They looked like rabbits in the headlights early on while Slovakia were sharper, better and menacing.



Slovakia could have scored twice even before they went ahead after 28 minutes. England were sloppy defensively, David Strelec played in Ivan Schranz and the forward

slotted past Jordan Pickford. England were booed off at half-time – and no wonder. It was embarrassing.

They thought they had equalised when Phil Foden scored but VAR cut short the celebrations as he was offside.

Pickford had a lucky escape when Strelec nearly caught him off his line. Declan Rice hit the post and Kane headed wide from point blank range. All hope looked lost.

Then, came the drama. Kyle Walker's throw-in was flicked on by Marc Guehi and Bellingham produced an incredible overhead kick, smashing the ball into the bottom corner.

What a moment. It took the game into extra-time and in the first minute of it, Eze's mishit shot was flicked on by Toney and then Kane (celebrating with Bellingham, circle) headed in for the winner.

But Southgate's men retreated again and were hanging on.

Eventually, the final whistle... and England finished as the most unlikely heroes.

RATINGS by SIMON MULLOCK
[mirror.co.uk/sport/football](#)

ENGLAND

PICKFORD 6
Given no chance by Schranz for the goal but lucky to escape when Strelec was inches wide

WALKER 5
Endured a torrid time at the hands of Haraslin in the first half and very little of usual threat going forward

STONES 5
Caught out of position when Slovakia took the lead and the centre-back was ponderous in possession

GUEHI Booked 5
Picked up a booking that means he is banned for quarter-final and failed to track Schranz for Slovakia's goal

TRIPPIER 6
Wasted a decent early chance but then came to England's rescue with a goalline clearance

MAINOO Booked 7
Just 93 days after winning his first cap the teenage midfielder put others to shame with his performance

RICE 6
Sent a late shot from long distance thumping against the post but too often chose the wrong pass

SAKA 5
Bullied by the aggressive Hancko and only rarely posed a threat. Eventually asked to fill in at left-back

BELLINGHAM Booked **MOTM** 8
Made a mockery of a performance full of frustration by equalising with an overhead kick

FODEN 5
Up against a 37-year-old right-back who plays in the German second division – and found it a struggle

KANE 7
Proved that a goalscorer never loses the knack by heading home the extra-time winner

SUBS
Palmer (Trippier 66).....7
Eze (Mainoo 84).....6
Toney (Foden 90)
Gallagher (Kane, 116)
Konza (Bellingham 116)

SLOVAKIA

Dubravka6
Pekarik Booked6

Vavro Booked6
Skriniar Booked6

Hancko7
Kucka Booked6

Lobotka7
Duda6

Schranz7
Strelec6
Haraslin6

SUBS
Suslov (Haraslin 61, 6), Bozenik (Strelec 62, 6), Benes (Duda 81), Bero (Kucka 81), Gyomber (Schranz 90), Tupta (Pekarik 109)

[mirror.co.uk/sport/football](#)

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SEE PAGE 45

LANDO TUSSE... THEN IT'S RUSSELL



INSIDE: A GREAT EURO '24 PULLOUT

» **ENGLAND 2 SLOVAKIA 1** (AET)



EURO 2024 LAST 16

SAVED BY THE BELL



CRIS OF RELIEF
Bellingham and Kane rescued England from a horror exit at the Euros

FROM **SIMON MULLOCK** in Gelsenkirchen
HERO Jude Bellingham said his late wondergoal was driven by a determination to silence England's critics.
The Three Lions were staring down the barrel of Euros elimination against Slovakia when Bellingham equalised with an overhead kick and Harry Kane's header sealed the win. On his goal, Bellingham said: "It's got to
TURN TO PAGE 48

Bellingham's magic rescues England... and Kane seals it



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PUZZLES



Speedbreaker

Target time:
21:59
mins

Test your codecracking skills against us! We took 21 minutes and 59 seconds to complete this puzzle – can you do better? We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The completed grid will include all letters of the alphabet. If you find it hard to get going, call the Extra Letter line where you will also find a little bit of extra help. Remember, none of the answers are proper nouns.

Solutions in Wednesday's Daily Mirror

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | | S | | | | | | | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | | | A | | | H | | | | | | |

£75
to be
won!

Which letter is represented by the number '1' in today's Speedbreaker? Call **0903 681 3000** (£2/call) or text **SPEED** and your answer, name and postcode to **61011** (£2/text)

Last Monday's winner: Hazel Knight, Somerset

SOLUTIONS

Call **0903 659 6060** (80p/min) for 5 extra letters or the full solution, or text **SPEEDCLUE** to **61011** (£1/text) for 5 extra letters. Deduct one minute from the target time for each extra letter used.

Calls to solutions line cost 80p/min + network access charge and texts cost £1 + 1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 + 1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpdesk 0330 880 6060. Full T&C's at www.mirror.co.uk/rules.

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 15 | 11 | 23 | 6 | 11 | 14 | 3 | 9 | | 22 | 17 | 8 | 8 |
| 9 | | | 17 | | 1 | | 5 | | 11 | | | 13 |
| 18 | | | 3 | | 9 | | 20 | 14 | 18 | 4 | 17 | 19 |
| 14 | 1 | 3 | 20 | 17 | 21 | 9 | 1 | | 3 | | | 19 |
| 5 | | 7 | | | 9 | | 13 | | | 8 | | 13 |
| | 4 | 14 | 6 | 13 | 1 | | 4 | 23 | 17 | 26 | 11 | 1 |
| 3 | | 17 | | | | | | | | 12 | | 12 |
| 25 | 11 | 24 | 5 | 11 | 24 | | 3 | 24 | 11 | 11 | 19 | |
| 13 | | 25 | | | 17 | | 4 | | | 5 | | 17 |
| 1 | | | 22 | | 2 | 16 | 17 | 10 | 3 | 9 | 9 | 15 |
| 2 | 13 | 10 | 17 | 5 | 9 | | 6 | | 17 | | | 6 |
| 14 | | | 26 | | 23 | | 19 | | 23 | | | 13 |
| 16 | 13 | 9 | 3 | | 3 | 16 | 13 | 6 | 13 | 9 | 3 | 5 |

Just a bit of fun

Which one of our three definitions is correct?

SULCUS

- Groove, furrow
- Train of followers
- Tarnish

Solutions in tomorrow's Daily Mirror

Scribble pad

Wordsearch

Can you find all the listed sheep breeds in the grid?
Solutions in tomorrow's Daily Mirror

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | E | W | B | H | H | T | B | M | E | R | I | N | O | R |
| A | M | I | M | I | B | A | D | G | E | R | F | A | C | E |
| Y | A | O | S | L | L | N | S | D | H | A | K | D | L | T |
| K | R | F | R | L | D | W | R | J | U | F | K | O | K | S |
| W | J | J | I | R | W | Y | W | O | L | B | D | R | K | E |
| L | N | X | E | A | S | Y | R | V | M | P | I | C | C | C |
| D | Z | R | L | D | Z | A | W | R | N | N | I | H | L | I |
| L | C | U | A | N | O | W | N | M | O | W | E | N | G | E |
| O | Z | L | D | O | N | L | A | I | D | V | W | Y | R | L |
| W | E | N | E | R | A | A | N | R | I | C | Q | E | O | A |
| S | W | W | L | W | E | G | E | O | T | P | A | L | M | R |
| T | P | L | A | V | O | H | T | V | F | B | R | L | A | R |
| O | W | S | W | L | U | K | A | R | A | K | L | Q | R | U |
| C | S | M | S | M | A | N | C | H | E | G | A | E | K | H |
| I | B | O | C | A | J | C | G | B | Z | T | X | X | S | C |

- | | |
|-------------|-----------|
| AWASSI | JACOB |
| BADGER FACE | KARAKUL |
| CHEVIOT | LEICESTER |
| CHURRA | LLEYN |
| COTSWOLD | MANCHEGA |
| DRYSDALE | MERINO |
| GALWAY | ROMNEY |
| GROMARK | SOAY |
| HERDWICK | SWALEDALE |
| HILL RADNOR | ZWARTBLES |

Arrow Word

Arrow Words are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows.

Solutions in tomorrow's Daily Mirror

| | | | | | | | | | |
|------------------------------------|---------------|-------------------------------|-------------------------|-------------------------------|-----------------------------|----------------------------------|---------------------------------|-------------------------|---------------------|
| Just Pill | Wooden shoe | Immediately (2,4) | Wonderment | Of lines Quick sharp knock | Defeated | | | | |
| | | | Use a pen | | | | | | |
| Komodo lizard type | Chopping tool | Billy singer | | | Ancient Greek city | | | | |
| | | | Rise from the saying | Nuisance | | | | | |
| Frocks | Groove | Former French coin | Place an upper limit on | | Primate Chime | | | | |
| | | | | Pieces of grain husk | | | | | |
| Play a guitar casually | Regrets | Gibson, actor | Gardening tool | | Lendl, former tennis player | In the past Object of worship | Pop of deco | Retain | |
| | | | Nitrous oxide (8,3) | Go to law Perform | | | | | |
| Spanish dish | Assistant | Foreign country (2,8) Girl | | | | | | Stiff bristle on barley | |
| | | | | Born as | City in India | Logan, pictured | Faucet Ranter (anag.) | | |
| Individual savings account (abbr.) | | | Free from knots | | | | | In short, university | Plaything |
| Untidy state | Wise man | | | Sticks to | Force to leave (4,3) | Smallest of a litter | | | |
| | | | Form of indigestion | | | | | | Edinburgh is Auld _ |
| | | | One twelfth of a foot | Smear | | | Spacious Of hearing or sound | | |
| | | | | Reynolds, pictured | | | | Word or phrase | Lie buried |
| Jelly type | | | Creature of folk tales | | | Complete | | | |
| | | | | Strange | | | Stretch | | |
| Venomous snakes | | Australian bird | | | Elba, English actor | | | | |
| | | | | Cardinal number | | | Film, When Harry _ Sally | | |



Niner

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

- 67238 gives a boy's name
9412252 gives a girl's name
676712 gives a girl's name

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|---|---|---|---|---|---|---|---|---|

Su-doku corner

EASY SU-DOKU

9x9 grid for Easy Su-doku with some numbers pre-filled.

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE

9x9 grid for Su-doku Toughie with some numbers pre-filled.

The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.

Solutions in tomorrow's Daily Mirror

KILLER SU-DOKU

9x9 grid for Killer Su-doku with numbers in some cells and dots in others.

Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

FUTOSHIKI

5x5 grid for Futoshiki with numbers and comparison symbols (>, <).

Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are the "greater than" (>) and "less than" (<) signs.

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5 NUMBER CLUES or FULL SOLUTIONS to the easy and toughie su-dokus. Or text EASYCLUE or TOUGHCLUE to 61011 (£1/text) for 5 CLUES.

Word Ladder

Word Ladder puzzle with a ladder shape and words: Relax, Foundation, Roast, Brand, Created, MODE.

Brickwork

Brickwork puzzle with a grid of squares and numbers 1-7.

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- 1 Zero
2 Rivet
3 Italian city
4 Evil
5 Urchin
6 Principal
7 Target

Solutions in tomorrow's Daily Mirror

Bingo

Bingo card for Mon Jul 1 2024 Game 25 Day 1 with numbers in circles.

HERE are the numbers for Day 1 of Game 25 on your Bingo card.

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SATURDAY'S SOLUTIONS

EASY SU-DOKU

Solved Easy Su-doku grid.

SU-DOKU TOUGHIE

Solved Su-doku Toughie grid.

KILLER SU-DOKU

Solved Killer Su-doku grid.

GOGEN 1

Solved Gogen 1 grid.

GOGEN 2

Solved Gogen 2 grid.

CELLS

Solved Cells grid.

WORDSEARCH

Solved Wordsearch grid.

FILL IN

Solved Fill in grid.

FUTOSHIKI

Solved Futoshiki grid.

JIGSAW SU-DOKU

Solved Jigsaw Su-doku grid.

KAKURO

Solved Kakuro grid.

LOOP

Solved Loop grid.

BATTLESIPS

Solved Battleships grid.

DOUBLE JIGWORD

Solved Double Jigword grid.

STING LAP

Solved Sting Lap grid.

COLOSSAL CROSSWORD

ACROSS: 12 Copper beech, 13 Mutter, 14 Hailed, 16 Once, 17 Collected, 18 Claim, 19 Turn, 20 Hands down, 22 Swore, 23 Makes good, 27 Special, 30 Saddle, 31 Tony, 32 Testy, 35 Were, 36 Come now, 38 Darn, 39 Confirm, 42 Castor, 45 Carve, 46 Present, 47 Rave, 48 Fair, 50 Freight, 52 Pater, 54 Rattle, 56 Chinese, 57 Tall, 59 Retreat, 61 Cuff, 64 Spray, 66 Snip, 67 Supine, 69 In a spot, 72 Picking up, 73 Knock, 74 Hammering, 79 Stop, 81 Get at, 82 Filling in, 83 Vice, 85 France, 86 Office, 87 Blood orange.

DOWN: 1 Moan, 2 Spread, 3 Traced, 4 Bellows, 5 Ached, 6 Dunderhead, 7 Stock, 8 Great-aunt, 9 Shammed, 10 List, 11 Bears out, 15 Stowed, 21 Apple, 24 Goes for, 25 Manner, 26 Starve, 28 Cheat, 29 Arc, 33 Smacked, 34 Potter, 37 Wrest, 40 Revel, 41 Hearten, 43 Abash, 44 Refuse, 46 Piper, 49 Ransack, 51 Grasps, 53 Toting, 55 Tacks, 58 Losing face, 60 Ten, 62 Frown, 63 Intuition, 65 Pointers, 68 Pickle, 70 Snigger, 71 Hangs on, 75 Mentor, 76 Reveal, 77 Staff, 78 Pills, 80 Punt, 84 Cage.

PATHFINDER: Ben Cohen, Mike Tindall, Jason Robinson, Martin

30-SEC BRAIN TEASER

Beginner 69; Intermediate 12; Advanced 339.

HONEYCOMB

1 Parked, 2 Railed, 3 Deacon, 4 Occult, 5 Lament, 6 Empire, 7 Ermine, 8 Niggle, 9 Elands, 10 Napped, 11 Prince, 12 Denied.

ANAGRAM CROSSWORD

ACROSS: 1 Arcade, 4 Ufos, 8 Energy, 9 Stymie, 11 Tiara, 12 Yearned, 13 Chromas, 19 Thereby, 21 Drive, 22 Beings, 23 Itself, 24 Lyre, 25 Crater. DOWN: 2 Coeval, 3 Digraph, 5 Fatwa, 6 Simony, 7 Pleads, 8 Eats, 10 Synonym, 14 Auditor, 15 Stable, 16 Serial, 17 Silent, 18 Leaf, 20 Eager.

BRICKWORK

Leg, Glen, Angle, Wangle, Glean, Lane, Ale.

WORD SPIRAL

1 Loaf; 2 Frau; 3 Ulna; 4 Aims; 5 Soft; 6 Test; 7 Trip; 8 Poor; 9 Raft; 10 Taxi; 11 Iron; 12 Near; 13 Reef; 14 Fang;

15 Gnat; 16 Tutu.

Keyword: Petunia. CIRCLEGRAM: The letter represented by the question mark is A. Madonna, Garbage, Sinatra, all artists who have sung James Bond title songs. CLOCKWORD: 1 Person, 2 Assign, 3 Dampen, 4 Deacon, 5 Yeoman, 6 Action, 7 Strain, 8 Harden, 9 Damson, 10 Obtain, 11 Worsen, 12 Napkin. Hidden name: Paddy Ashdown. QUIZWORD: ACROSS: 1 Jo's Boys, 7 Pasha, 8 Barrera, 9 Rokeby, 11 Flint, 13 Lead, 14 Ndereba, 15 Rhee, 16 Gules, 17 Snatch, 21 Running, 22 Venus, 23 On Empty. DOWN: 2 O'Callaghan, 3 Borgnine, 4 York, 5 Taro, 6 Shue, 9 Ryder, 10 Bladdernut, 12 Teeth, 13 Laburnum, 18 Ares, 19 Club, 20 Dunn. CROSSWORD: ACROSS: 1 Paddock, 7 Allow, 8 Assumes, 9 Gazebo, 11 Plate, 13 Sand, 14 Unravel, 15 Feel, 16 Speak, 17 Cygnet, 21 Chianti, 7 Strain, 8 Harden, 9 Damson, 10 Obtain, 11 Worsen, 12 Napkin. Hidden name: Paddy Ashdown. TWO-SPEED COFFEEBREAK: ACROSS: 1 Plant, 5 Strip, 9 Rag, 10 Ratio, 11 Evade, 12 Eel, 13 Cat, 14 Ace, 16 Lot,

17 Symbiosis, 18 Mars, 19 Iran, 20 The Black Forest, 21 Staffa, 22 Ireland, 23 Ottawa, 24 Belgium, 25 1970s, 26 Tennis, 27 New Zealand, 28 Hibs, 29 Eighteen, 30 15. NAME GAME: MYLES SMITH 1M, 2I, 3Y, 4M, 5L, 6H, 7S, 8S, 9E, 10T. WORD WHEEL: HAMBURGER. JUST A BIT OF FUN: 2 Hook-shaped. MIRRORGRAM CONNECTION: SUMTHING 1+9=10, 5x2=10, 5+7=12. FRIDAY'S SPEEDBREAKER: 1=P, 2=A, 3=Z, 4=E, 5=K, 6=L, 7=G, 8=S, 9=U, 10=T, 11=N, 12=V, 13=R, 14=Q, 15=H, 16=I, 17=F, 18=W, 19=J, 20=X, 21=B, 22=D, 23=Y, 24=C, 25=M, 26=O.

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horoscopes



Aries March 21-April 20

Preserving the peace within your household is not easy. Recent conflicts arising from work-related issues are starting to affect the atmosphere at home. It is increasingly difficult to refrain from discussing uncertainties with your family even though you don't want to cause them any worry.

For more call **0905 789 4171** (80p/min + network access charge)

Taurus April 21 - May 21

The communication theme continues, and mirrors recent events. Eventually, you will reach a consensus on a shared concern that has kept you awake at night. Keep your eyes open for a chance to capitalise on a lucrative offer. Providing a unique service is key to success in your career.

For more call **0905 789 4172** (80p/min + network access charge)

Gemini May 22 - June 21

If you or those around you are feeling low and dispirited, it could be due to recent challenges or arguments. Be mindful of the words you choose to use to prevent any escalation. Things will get better over time. A dedicated manager is working hard to tackle morale issues.

For more call **0905 789 4173** (80p/min + network access charge)

Cancer June 22 - July 23

A mixture of trends suggest close ties will be a little disappointing. Creative efforts will not be much better. Sensible use of your money and other resources will give you a greater measure of freedom. A long discussion with an expert favours money and career interests.

For more call **0905 789 4174** (80p/min + network access charge)

Leo July 24 - August 23

A disagreement will reveal emotions that some people have been hiding. This shows the importance of compromise in close relationships, especially in marriages and business partnerships. By maintaining a positive mindset, you can greatly enhance your relationships.

For more call **0905 789 4175** (80p/min + network access charge)

Virgo Aug 24 - Sept 23

Your partner or a housemate is going through a rollercoaster of emotions. You are trying hard to understand them even though it's a challenge not to judge them when you feel they are being difficult. You're trying to create a positive out of an awkward situation.

For more call **0905 789 4176** (80p/min + network access charge)

Libra Sept 24-Oct 23

Are coworkers prepared to embrace new protocols? Some will find it hard to adjust to proposals but the majority will acknowledge they are needed. Be prepared to talk to those in positions of power to decide on how changes can be best implemented in order to steer things in a new direction.

For more call **0905 789 4177** (80p/min + network access charge)

Scorpio Oct 24 - Nov 23

Patience isn't just sitting around waiting for things to happen. It's about guiding things along smoothly to prevent errors. It's like putting all the pieces of a jigsaw together to see the whole picture. If something is worrying you, step back and watch how others deal with this problem.

For more call **0905 789 4178** (80p/min + network access charge)

Sagittarius Nov 23 - Dec 31

Exciting changes are on the horizon. The pace is picking up, and you may soon find yourself involved in something unexpected that brings you a lot of happiness and joy. Keep an eye out for spontaneous happenings and opportunities, as you never know where they might take you.

For more call **0905 789 4179** (80p/min + network access charge)

Capricorn Dec 22 - Jan 20

New people, circumstances or possibilities will shake your life up in some strange way. This will come as either a pleasant surprise or an irritating disruption to your usual routine. Be mindful of your response to sudden events. This is your chance to gain useful experiences or learn something.

For more call **0905 789 4180** (80p/min + network access charge)

Aquarius Jan 21 - Feb 19

Reflecting on past events can feel like reopening old wounds. This is something you have to go through but it will be a challenging experience for you, family and friends. This kind of struggle is often unseen by others. Supportive friends can provide much-needed comfort.

For more call **0905 789 4181** (80p/min + network access charge)

Pisces Feb 20 - Mar 20

Being well-organised and planning increases your chances of reaching goals. Stay focused on the path you have set for yourself if you want success. Friends may not share the same enthusiasm for your hopes and dreams as your objectives differ from theirs. This makes you stand out from the rest.

For more call **0905 789 4182** (80p/min + network access charge)

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Picnic tortilla

Hot or cold tortillas make a tasty change from sandwiches in around 25 minutes

COOK:
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4tbsp olive oil
1 onion, thinly sliced
350g new potatoes, sliced
4 rashers rindless smoked back bacon, chopped
6 large eggs
85g mature cheddar, grated

1 Heat the olive oil in a small non-stick frying pan, add the onion and potatoes and fry for 8 minutes, turning the veg frequently until tender but not browned. Add the bacon and fry for a further 2-3 minutes. Meanwhile, beat the eggs in a large bowl with plenty of salt and pepper. Stir in the cheese.

2 Remove the potato mixture with a slotted spoon and stir into the eggs. Reserve most of the excess oil, leaving a little in the pan. Pour in the egg mixture and leave to cook undisturbed over a gentle heat for 8 minutes until firmly set underneath but not set on top.

3 Invert the tortilla on to a plate and return the pan to the heat with a bit more of the reserved oil. Slide the tortilla back into the pan, uncooked side down, and cook for 5 minutes until set all through. Pack for a picnic or serve in wedges with salad and bread for an easy supper.



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ENGLAND AET **2**
 SLOVAKIA **1**

FROM RYAN TAYLOR in Gelsenkirchen
HARRY KANE revealed the "crazy emotions" as his match-winner sent England into the quarter-finals of Euro 2024.

Captain Kane struck in the first minute of extra-time after Jude Bellingham's sensational last-gasp leveller in normal time.

England now face Switzerland in Dusseldorf on Saturday and Kane said: "It's one of my better wins in my career, feelings-wise for sure. What a crazy set of emotions. It was an amazing feeling."

REACTION PAGES 2-3

CAPTAIN MARVEL

Kane celebrates his winner with team-mates as England came from behind to win

SPAIN **4**
 GEORGIA **1**
REPORT AND RATINGS SEE PAGE 6

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SWISS FIAT FIESTA LEAVES SPALLETTI SPITTING FEATHERS

BY CHARLIE GORDON

CRITICISE our football all you like, but don't you dare bring our cars into this.

Italy manager Luciano Spalletti took exception to a smug Swiss journalist comparing Switzerland to a Ferrari and the Azzurri to a Fiat Panda after a memorable night in Berlin.

Remo Freuler and Ruben Vargas scored in a 2-0 victory as Switzerland (celebrating above) advanced to the Euro 2024 quarter-finals and dismissed the holders.

The comparison kicked Spalletti (inset) while he was down, and the former Napoli boss said: "We have to accept everything, even allusions in bad taste like yours. I understand that you are a person of great irony and quality."

But he did remain gracious in defeat, adding: "You're right, you were better than us, you deservedly won."

"We'll try to do better next time, since we didn't manage to make life difficult for Switzerland."

Spalletti's future was immediately called into question after a dismal

performance in Germany's capital, where Italy had only one shot on target.

But the nation's FA moved quickly to clarify things as they called an emergency press conference yesterday.

"Spalletti has our full trust and we will move forward with him," confirmed Gabriele Gravina, president of the Italian Football Federation.

"We couldn't think of winning the European Championship with guys who have zero caps.

"It is unthinkable to solve problems by abandoning a multi-year project after only eight or nine months of activity. There will be plenty to review and we will reflect deeply on the tournament. We will rise together with work."

Italy's dismal run came in sharp contrast to three years ago, where they beat England in the final.

Former Three Lions boss Fabio Capello was scathing of his countrymen's performance.

He said: "We saw nothing. There is no quality. The team made too many tactical errors."



GARETH'S



MINNOWS HAVE MUR TO OFFER

BY CHARLIE GORDON

MURAT YAKIN delighted in his Swiss stars making a statement to Euro 2024's big guns by beating Italy.

Switzerland didn't just defeat the Azzurri for the first time in 31 years, they destroyed Luciano Spalletti's men to reach the quarter-finals.

"Once again, we sent out an important message," said Switzerland manager Yakin (above).

"We didn't only clump together as a unit and sit back, we showed that we

can attack and dominate. We could even have made the most of some other chances - that shows the players are all on top form. We can't wait for our upcoming matches.

"We have achieved our results with blood, sweat and tears.

"It hasn't been through good luck, and that's crucial. We're on the right track and we're doing things the right way.

"We've made it through one round and we want to show the same strength in our upcoming tie."



| | |
|-----------------------------|-----|
| ROUND OF 16 | AET |
| ENGLAND | 2 |
| Bellingham 90+5, Kane 91 ET | |
| SLOVAKIA | 1 |
| Schranz 25 | |

FROM RYAN TAYLOR AND SIMON MULLOCK in Gelsenkirchen
GARETH SOUTHGATE revealed how England called upon the spirit of 66 to keep their Euro 2024 dream alive - and save his job.

Southgate and his staff showed the squad video footage of England's only major tournament triumph

ahead of their departure for Germany.

And Southgate (above) believes those clips inspired his players to fight until the final seconds - just as they looked to be heading home - to set up a quarter-final clash with Switzerland in Dusseldorf.

Ivan Schranz had put Slovakia ahead after 25 minutes and they looked heading to a shock win before Jude Bellingham's dramatic equaliser and Harry Kane's extra-time winner (together, left).

England boss Southgate said: "We showed the players a presentation of 1966

and how Geoff Hurst hadn't played until the quarter-finals.

"We wanted to highlight the value of the squad, players like Jimmy Greaves were playing a different role for the team and tournaments take you into strange places, difficult routes.

"That side wasn't always flying and the same applies to us.

"All of the players that came on had a big impact - they all played important roles.

"It's that spirit that's got us over the line."

Southgate claims he refused to accept elimination

ON ROUTE 66

Squad was shown video of World Cup winners to hammer home point of team spirit and togetherness says Southgate



IT'S PHIL FO-MO
Foden taps in what he thinks is a leveller but had gone too early and was offside (inset)

– despite trailing until the amazing finale in what could have been his final game at the helm.

He said: "I had belief right the way through to get the goal – it was a night where I wasn't ready to go home yet, the players weren't either. The one thing that can't be questioned is our commitment, desire or character.

"We want to be better, I'm not going to hide from that but the spirit was there for all to see and we're still in there fighting."

Southgate also revealed instrumental sub Ivan Toney, who assisted the

winner, was furious with the head coach over his lack of playing time.

He said: "I knew Ivan Toney had the hump for not putting him on but I said to him, 'This could be your moment'."

Captain Kane, who clinched a place in the last eight with his 65th international goal, hopes England have found the inspiration to really go deep in the tournament.

"When it's that late in the game and you're 1-0 down in knockout football, you need to find a way to claw yourself out of the hole," said the skipper. "Hopefully

we can use the momentum and take it forward now.

"We talk a lot about this team that we have created since Gareth has been here. Of course we know we can improve but what people and other teams underestimate is the spirit we have."

There was a brief flare-up at the final whistle involving Declan Rice and Slovakia coach Francesco Calzona.

The Italian said: "I wanted to speak to the referee and Rice was carrying on and continuing to speak to him. Then he apologised and it all ended there.

"I didn't like the way the

England team, when they were wasting time, were not punished."

Rice was in no mood to think about anything other than a famous England victory.

He said: "I cannot describe the feeling representing England. You look up at the clock and you think, 'We could be going home'.

"There is that inner fight and spirit in us. We have got that togetherness. We would do anything to protect this manager.

"Keep going and keep fighting. It's an honour to be a part of it – we are going to keep going."



HAPPY HUMP DAY
Southgate said Ivan Toney "had the hump" after being benched but it ended well

FRANCE v BELGIUM
ROUND OF 16: Dusseldorf Arena
KICK-OFF 5pm (ITV)

BY MARK JONES
DOMENICO TEDESCO is urging Belgium's players and fans to get back to singing from the same hymn sheet against France after anger and boos greeted their group stage qualification.

The Belgium boss hit out at German authorities after his side were delayed arriving in Stuttgart for their goalless draw with Ukraine, with his players unable to complete a full warm-up.

During the match laser pens were shone in the eyes of Kevin De Bruyne, who was then jeered by his own fans.

The Red Devils scraped into the last-16 in second place in Group E – but Tedesco says that is water under the bridge ahead of meeting Les Bleus in Dusseldorf.

“Anyone who knows me knows I don't like to complain, so when I do it shows how much there was to it,” said Tedesco. “The authorities and tournament organisers know that I was unhappy, but it's over now. We qualified.”

“In terms of the fans it is done and dusted now. Everybody has the right to act as they see fit. For us it was disappointing to see as it wasn't an easy game.”

“The fans are allowed to express what they feel. They are paying a lot of money for a ticket so it's OK, but it's also OK for the team to be disappointed because we qualified.”

“The moments after the game are important so of course we were a little bit broken. But what happened is not a topic any more.”

What has been a subject in the Belgian camp is the 2018 World Cup semi-final, a match that many saw as the perfect chance for the Belgian 'golden generation' to finally make their mark on international football.

France beat them 1-0 in Saint Petersburg, and Tedesco (below), who has only been boss since February last year, admits it is on the players' minds.

“It is something that is inside our players' heads of course, I've asked them,” he said. “I've never faced France and we have a lot of things that can motivate us in this game, but yes that result is inside their heads.”

Nottingham Forest midfielder Orel Mangala spent the second half of last season on loan at Lyon and hopes his experience of facing French players will stand him in good stead.

“They're all great players,” he said. “A lot play for Paris Saint-Germain and the strongest of all of them is Kylian Mbappe, even though he's now left.”

“Any game against France is one that gets me going, I can't wait, it is the type of game I've dreamed of playing and here I am.”

DOM'S PLEA: TURN JEERS INTO CHEERS



After fans boo their team and single out De Bruyne, Belgium coach asks for unity & encouragement

KEV IN CROSSFIRE
Frustrated Belgium fans let out their anger on midfield star and skipper De Bruyne

- FRANCE:** Maignan; Koude, Upamecano, Saliba, Hernandez; Kante, Tchouameni, Rabiot, Griezmann; Mbappe, Thuram
BELGIUM: Casteels, Faes, Castagne, Vertonghen, Theate, Tielemans, Onana, De Bruyne, Doku, Lukaku, Trossard
REF: Glenn Nyberg (Swe)



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IT'S TIME FOR US TO CLICK SAYS DESCHAMPS

FRANCE boss Didier Deschamps admits his side's lack of firepower is not something he can solve with a click of the fingers.

France progressed to the last 16 as runners-up in Group D, having scored just two goals in their three games.

“If you want to win the game, you have to score



the goals,” said Deschamps (below). “It happens to the best of us. Everyone's been there. It can be a month, it can be five, six games. OK, fine, but it's not with a click of my fingers that this is going to change.”

“My players are concentrated. The past is the past, it's behind us. We know exactly why we

are here and we know what the objective is tomorrow.”

Deschamps believes this is a new start for his team and has urged them to take their chances.

He said: “We're in a new phase of the competition – a competition within a competition. There are no second chances now. The teams that have qualified are better than the ones that went home.”

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BRUNO ON A REVENGE MISSION

Slovenia shock 'perfect prep'



NOT HEAR TO LOSE
Fernandes is tuned in and focused on helping Portugal get past minnows Slovenia

PORTUGAL: Costa, Cancelo, Dias, Pepe, Mendes, Palhinha, Vitorino, Fernandes, Leao, Ronaldo, Bernardo Silva.
SLOVENIA: Oblak; Karnicnik, Drkusic, Bijol, Balkovec; Stojanovic, Elsnik, Gnezda Cerin, Mlakar; Sporar, Sesko
REF: Daniele Orsato (Italy)

PORTUGAL v SLOVENIA

ROUND OF 16: Frankfurt Arena
KICK-OFF 8pm (BBC)

BY MARK JONES
BRUNO FERNANDES has warned upstarts Slovenia that they may have inadvertently provided Portugal with the perfect preparation for their last-16 meeting.

The minnows reached the knockout stages of a major tournament for the first time with their goalless draw against England, and they are currently enjoying a nine-game unbeaten run.

One of those matches was a 2-0 win over Portugal in the first meeting between the countries in a friendly in Ljubljana in March (Timi Elsnik scores the second, below) and Manchester United captain Fernandes says that result means he and his side will know what to expect.

"This team has very high-quality players and we respect them," said Fernandes. "They beat us in a friendly and that has to put us on our toes. I didn't play in the friendly but I have watched the game and we have spoken about it."

"They played a great game but we have the chance to see what we can do differently to hurt them."

Marathon man Fernandes was left out of Portugal's final game of the group stages, the 2-0 defeat by Georgia, but he will return in Frankfurt to play his 61st match for

club and country since the beginning of the last Premier League season in August.

He has dismissed fears of burn-out, though, and says that he enjoys playing so many matches as it keeps him in rhythm.

Explaining the secret of playing so regularly, he said: "A lot of power naps. That helps."

"I enjoy the constant competition. Sometimes I'll ask the technical staff how to find the right balance and be at my best."

"But I like to compete and if I play a competitive game every three days I feel I am more prepared mentally and physically for the hardships of every game. Also my love for this beautiful game helps me always be ready to play for my national team or my club."

Fernandes scored Portugal's third goal on his most recent

appearance in the group-stage win over Turkey, when he was set up by Cristiano Ronaldo.

That assist from the Portugal captain has, like a lot of things Ronaldo does, become one of the most fervent talking points from the tournament on social media, but Fernandes says he was not surprised by it. Ronaldo usually thinks passing is a crime when through on goal but he unselfishly squared to Fernandes for a tap-in.

"There are many images of Cristiano assisting team-mates," Fernandes insisted. "Cristiano isn't just focused on scoring. After the game I said if he'd shot we'd have had the same result, it's just that he'd have scored. The most important thing is the win."

Portugal are 1-3 favourites to win tonight, with underdogs Slovenia around the 10-1 mark.



CERIN: WE WON'T SLO DOWN OUR FAIRYTALE

BY RICHARD LEWIS
SLOVENIA want to keep their "fairytale" going - and have every reason to take that confidence into the last-16 clash with Portugal tonight.

In March, Slovenia beat them 2-0 in a friendly in Ljubljana as goals from Adam Cerin and Timi Elsnik secured a famous



win. But midfielder Cerin (below) admitted: "We are very well aware that this will be something else. But every team can be beaten."

"They have a plethora of excellent players. They have a great team, and they are in form."

"But we have our plan, and we believe in it. If we execute it well, we can be

successful. We are preparing in our usual rhythm. Every opponent demands a thorough tactical analysis, which we have done, and we are ready for tomorrow's game."

And Cerin knows the impression his side have made, including drawing 0-0 with England.

He said: "We know we have quality and we are capable of prolonging this fairytale here in Germany."

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RAUCOUS FANS LIFT HOSTS FOR GLORY CHARGE

FROM RYAN TAYLOR

NICO SCHLOTTERBECK claims Germany have a trump card up their sleeve - the support of a united nation.

The Borussia Dortmund centre-back, who had a fourth-minute header ruled out in the fortuitous 2-0 triumph against Denmark, is confident Julian Nagelsmann's men can go the distance at Euro 2024.

"We have triggered something in the country," said Schlotterbeck (below), admitting his team-mates are feeding off the energy of the home crowd (above). "When something comes from outside, you're really happy that you can use it as a catalyst in the game."



"We play with euphoria, we play with fun. That's the best thing about football."

Now the Waiblingen native is relishing a return to hometown Stuttgart for the quarter-finals.

He added: "I grew up five kilometres from there. All my boys will be in the stadium, my whole family. I'm really looking forward to it."

"We had crazy fans behind us against Denmark - the stadium was shaking."

"I'm used to that from playing for Dortmund, not so much from the national team."

Meanwhile, Joachim Andersen launched an astonishing attack on Premier League referee Michael Oliver after Kasper Hjulmand's side were sent packing.

The Crystal Palace centre-back looked to have put the Danes ahead after 48 minutes when he lashed

home inside the box.

However, Thomas Delaney's toe was ruled offside by VAR and 90 seconds later, Andersen conceded a penalty for blocking David Raum's cross with his arm.

Furious Andersen said: "There was no shadow of a penalty kick. It is one of the worst refereeing performances I have seen in my career."

"Offside is offside, but that he can rule on the ball in such a situation, it's absolutely crazy."

When asked if he approached Oliver to discuss either decision,

Andersen said: "I'm not allowed to.

Then you get fines and a yellow card. He can make all the

mistakes he wants, and you can't say anything."

Under a new UEFA ruling, only the captain can approach a referee to contest a decision.

Andersen added: "The rule that says we can't talk to the referee is the stupidest rule."

"You react when the referee makes a wrong decision, and I don't know how many wrong decisions he made in this match."

Denmark captain Simon Kjaer has played 132 games for his country but he did not feature at Euro 2024, much to his frustration.

When asked about his lack of involvement, Kjaer said: "You must talk to Kasper about that."

"There really isn't much more to put into it from my side. I have been ready."

"I've been an advocate for the collective and I always will be but everyone wants to play."

LIONS PAIN IS A SPAIN GAIN



HAIR-RAISING NICO
Williams makes it 3-1 last night to help Spain forget all about their early bloopers (below)

Rodri says England display helped them rally too

| ROUND OF 16 | |
|---|----------|
| SPAIN | 4 |
| Rodri 39, Ruiz 51, Williams 75, Olmo 83 | |
| GEORGIA | 1 |
| Le Normand 18 og | |

FROM MARK JONES IN COLOGNE
ACROBATICS and extra-time were not needed as a slick Spain recovered from the shock of going behind to Georgia.

And goalscorer Rodri says they were inspired by England.

After conceding to Georgia's first attack, Spain roared back through Rodri's leveller before a second-half burst finally saw off the brave Georgians.

With Spain 1-0 down, midfielder Rodri could be seen calming things down and urging his team-mates to keep their heads.

He said: "I stopped the game and I wanted us to get together, to keep cool heads. We

were starting to lose control, but we knew it would be complicated. We watched England before and it became complicated for them too."

Now they face hosts Germany in the quarter-finals on Friday in Stuttgart and of that, Rodri said: "We need to play a fantastic game, but we're confident and we'll try and win. That's our mentality."

Georgia bow out of their first major tournament after showing plenty of heart but ultimately lacked defensive stability. They will always have their opener though. It had been one-way traffic, but then the diversion in

the 18th minute. For the first time in the game Georgia got players forward, and right wing-back Otar Kakabadze sent in a bouncing cross into the area.

Robin Le Normand, aware of the presence of Khvicha Kvaratskhelia, tried his best to deal with it but could only help it into his own net. Cue bedlam.

Then just as frustration began to take hold for Spain came Rodri, always the man for such an occasion.

A packed penalty area, hovering around the D, perfect shot. It was classic Rodri, albeit with his left foot, as the Manchester City midfielder dragged his side level.

Kvaratskhelia, Georgia's star man, opened the second half with an outrageous effort from his own half that had Unai Simon breaking out in a cold sweat before it drifted wide. Spain were

steely-eyed now though, and within moments they were ahead when 16-year-old Lamine Yamal, seconds after having a free-kick saved, planted a perfect cross onto the head of Fabian Ruiz, who couldn't miss. Georgia

stuck to their task, and sub Giorgi Tsitaishvili could have done better. But then Williams brilliantly raced clear from a Ruiz pass, rode a challenge and settled the contest.

Dani Olmo added the fourth with a fine first touch and low finish into the net.

SPAIN: Simon 6; Carvajal 7 (Navas 81), Le Normand 6, Laporte 6, Cucurella 6 (Grimaldo 66, 6); Rodri 8, Pedri 6 (Olmo 53, 6), Ruiz 7 (Merino 81); Yamal 7, Morata 6 (Oyarzabal 67, 6), Williams 8.
GEORGIA: Mamardashvili 8; Kakabadze 7, Gvelesiani 6 (Kvekveskiri 79), Kashaia 6, Dvali 6, Lochoshvili 6 (Tsitaishvili 63, 5); Kiteishvili 6 (Altunashvili 41, 5), Chakvetadze 7 (Davitashvili 63, 6), Kochorashvili 7; Kvaratskhelia 7, Mikautadze 6 (Zivzivadze 79).

| SPAIN | GEORGIA |
|----------------------------------|---------|
| 74% POSSESSION | 26% |
| 13 SHOTS ON TARGET | 0 |
| 11 SHOTS OFF TARGET | 3 |
| 13 CORNERS | 3 |
| 3 OFFSIDE | 0 |
| 11 FOULS | 5 |
| 0 CARDS | 1 |
| 1 CARDS | 0 |
| Referee: Francois Letexier (FRA) | |





UEFA EURO 2024 RESULTS



| GROUP A | | GERMANY | SCOTLAND |
|-----------------------------------|-----------------------------------|---|------------------------------------|
| | | HUNGARY | SWITZERLAND |
| GERMANY 5 | HUNGARY 1 | Wirtz 20, Musiala 19, Havertz 45+1 pen, Fullkrug 68, Can 70+3 | Varga 66 |
| SCOTLAND 1 | SWITZERLAND 3 | Rudiger 87 og | Duah 12, Aebischer 45, Embolo 90+3 |
| GERMANY 2 | SCOTLAND 1 | Musiala 22, Gundogan 67 | McCommy 13 |
| HUNGARY 0 | SWITZERLAND 1 | | Shaqiri 26 |
| SWITZERLAND 1 | SCOTLAND 0 | Ndoye 28 | |
| GERMANY 1 | HUNGARY 1 | Fullkrug 90+2 | Csoboth 90+10 |

| GROUP B | | SPAIN | CROATIA |
|-------------------------------|-------------------------------|-----------------------------------|------------------------|
| | | ITALY | ALBANIA |
| SPAIN 3 | ITALY 2 | Morata 29, Ruiz 32, Carvajal 45+2 | Bastoni 11, Barella 16 |
| CROATIA 0 | ALBANIA 1 | | Bajrami 1 |
| CROATIA 2 | SPAIN 1 | Kramaric 74, Gjasula 76 og | Calafiori 55 og |
| ALBANIA 2 | ITALY 0 | Laci 11, Gjasula 90+5 | |
| CROATIA 1 | ALBANIA 0 | Modric 55 | |
| ITALY 1 | SPAIN 1 | Zaccagni 90+8 | Torres 13 |

| GROUP C | | SLOVENIA | SERBIA |
|--------------------------------|-------------------------------|--------------|---------------|
| | | DENMARK | ENGLAND |
| SLOVENIA 1 | SERBIA 0 | Janza 77 | |
| DENMARK 1 | ENGLAND 1 | Eriksen 17 | Bellingham 13 |
| SLOVENIA 1 | DENMARK 1 | Karnicnik 69 | Hjulmand 34 |
| SERBIA 1 | ENGLAND 1 | Jovic 90+5 | Kane 18 |
| ENGLAND 0 | DENMARK 0 | | |
| SLOVENIA 0 | SERBIA 0 | | |

| GROUP D | | POLAND | HOLLAND |
|-------------------------------|-------------------------------|--|--------------------|
| | | AUSTRIA | FRANCE |
| POLAND 1 | AUSTRIA 0 | Buksa 16 | |
| HOLLAND 2 | FRANCE 1 | Gakpo 29, Weghorst 83 | Wober 38 og |
| POLAND 1 | HOLLAND 0 | Piatek 30 | |
| AUSTRIA 3 | FRANCE 0 | Trauner 9, Baumgartner 66, Arnautovic 78 (pen) | |
| HOLLAND 2 | FRANCE 1 | Gakpo 47, Depay 75 | Mbappe 56 pen |
| AUSTRIA 3 | POLAND 1 | Malen 6 og, Schmid 59, Sabitzer 80 | Lewandowski 79 pen |

| GROUP E | | BELGIUM | SLOVAKIA |
|--------------------------------|--------------------------------|---------------------------------|---------------------------|
| | | ROMANIA | UKRAINE |
| ROMANIA 3 | BELGIUM 0 | Stanciu 29, Marin 53, Dragus 57 | |
| UKRAINE 0 | SLOVAKIA 1 | | Schranz 7 |
| SLOVAKIA 1 | BELGIUM 2 | Schranz 17 | Tielemans 2, De Bruyne 80 |
| UKRAINE 2 | ROMANIA 0 | Shaparenko 54, Yaremchuk 80 | |
| SLOVAKIA 1 | UKRAINE 0 | Duda 24 | |
| ROMANIA 1 | BELGIUM 0 | Lewandowski 37 pen | |

| GROUP F | | TURKEY | GEORGIA |
|---------------------------------|---------------------------------|--------------------------------------|--|
| | | PORTUGAL | CZECH REP |
| TURKEY 3 | PORTUGAL 2 | Muldur 25, Guler 65, Akturkoglu 90+7 | Hranac 69 og, Conceicao 90+2 |
| GEORGIA 1 | CZECH REP 1 | Mikautadze 32 | Provod 62 |
| GEORGIA 1 | TURKEY 0 | Mikautadze 45 (pen) | |
| CZECH REP 1 | PORTUGAL 3 | Schick 59 | Bernardo Silva 21, Akaydin 28 (og), Bruno Fernandes 56 |
| CZECH REP 1 | GEORGIA 2 | Soucek 66 | Kvaratskhelia 2, Mikautadze 57 pen |
| TURKEY 2 | PORTUGAL 0 | Calhanoglu 51, Tosun 90+4 | |

| GROUP A TABLE | | | | | | |
|---------------|---|---|---|---|---|-------|
| | P | W | D | L | F | A Pts |
| Germany | 3 | 2 | 1 | 0 | 8 | 7 |
| Switzerland | 3 | 1 | 2 | 0 | 5 | 5 |
| Hungary | 3 | 1 | 0 | 2 | 2 | 5 |
| Scotland | 3 | 0 | 1 | 2 | 2 | 1 |

| GROUP B TABLE | | | | | | |
|---------------|---|---|---|---|---|-------|
| | P | W | D | L | F | A Pts |
| Spain | 3 | 3 | 0 | 0 | 5 | 9 |
| Italy | 3 | 1 | 1 | 1 | 3 | 4 |
| Croatia | 3 | 0 | 2 | 1 | 3 | 2 |
| Albania | 3 | 0 | 1 | 2 | 3 | 1 |

| GROUP C TABLE | | | | | | |
|---------------|---|---|---|---|---|-------|
| | P | W | D | L | F | A Pts |
| England | 3 | 1 | 2 | 0 | 2 | 5 |
| Denmark | 3 | 0 | 3 | 0 | 2 | 3 |
| Slovenia | 3 | 0 | 3 | 0 | 2 | 3 |
| Serbia | 3 | 0 | 2 | 1 | 1 | 2 |

| GROUP D TABLE | | | | | | |
|---------------|---|---|---|---|---|-------|
| | P | W | D | L | F | A Pts |
| Austria | 3 | 2 | 0 | 1 | 6 | 6 |
| France | 3 | 1 | 2 | 0 | 2 | 5 |
| Holland | 3 | 1 | 1 | 1 | 4 | 4 |
| Poland | 3 | 0 | 1 | 2 | 3 | 1 |

| GROUP E TABLE | | | | | | |
|---------------|---|---|---|---|---|-------|
| | P | W | D | L | F | A Pts |
| Romania | 3 | 1 | 1 | 1 | 4 | 4 |
| Belgium | 3 | 1 | 1 | 1 | 2 | 4 |
| Slovakia | 3 | 1 | 1 | 1 | 3 | 4 |
| Ukraine | 3 | 1 | 1 | 1 | 2 | 4 |

| GROUP F TABLE | | | | | | |
|---------------|---|---|---|---|---|-------|
| | P | W | D | L | F | A Pts |
| Portugal | 3 | 2 | 0 | 1 | 5 | 6 |
| Turkey | 3 | 2 | 0 | 1 | 5 | 6 |
| Georgia | 3 | 1 | 1 | 1 | 4 | 4 |
| Czech Rep | 3 | 0 | 1 | 2 | 3 | 1 |

ROUND OF 16

| | | |
|---|---------------------------|-----------------|
| GAME 37 | GERMANY 2-0 | DENMARK |
| Havertz 53 pen, Musiala 68 | | |
| GAME 39 | SPAIN 4-1 | GEORGIA |
| Rodri 39, Ruiz 51, Williams 75, Olmo 83 | | |
| GAME 41 | PORTUGAL V | SLOVENIA |
| Frankfurt Arena TONIGHT, JULY 1, KICK-OFF 8PM (BBC) | | |
| GAME 43 | ROMANIA V | HOLLAND |
| Munich Football Arena TOMORROW, JULY 2, KICK-OFF 5PM (BBC) | | |

| | | |
|---|---------------------------------|-----------------|
| GAME 38 | SWITZERLAND 2-0 | ITALY |
| Freuler 37, Vargas 46 | | |
| GAME 40 | ENGLAND 2-1 (aet) | SLOVAKIA |
| Bellingham 90+5, Kane 91 ET | | |
| GAME 42 | FRANCE V | BELGIUM |
| Düsseldorf Arena TONIGHT, JULY 1, KICK-OFF 5PM (ITV) | | |
| GAME 44 | AUSTRIA V | TURKEY |
| Leipzig Stadium TOMORROW, JULY 2, KICK-OFF 8PM (ITV) | | |

SEMI-FINALS

| | | |
|--|---------------------------|------------------|
| GAME 49 | W45 V | W46 |
| Munich Football Arena TUESDAY JULY 9, KICK-OFF 8PM (Munich) | | |
| GAME 50 | W47 V | W48 |
| BVB Stadion Dortmund WEDNESDAY JULY 10, KICK-OFF 8PM (Dortmund) | | |
| GAME 51 | WINNER 49 V | WINNER 50 |
| Olympiastadion Berlin SUNDAY JULY 14, KICK-OFF 8PM (Berlin) | | |

QUARTER-FINALS

| | | |
|---|-------------------------|--------------------|
| GAME 45 | SPAIN V | GERMANY |
| Stuttgart Arena FRIDAY JULY 5, KICK-OFF 5PM (Stuttgart) | | |
| GAME 47 | W43 V | W44 |
| Olympiastadion Berlin SATURDAY JULY 6, KICK-OFF 8PM (Berlin) | | |
| GAME 46 | W41 V | W42 |
| Volksparkstadion Hamburg FRIDAY JULY 5, KICK-OFF 8PM (Hamburg) | | |
| GAME 48 | ENGLAND V | SWITZERLAND |
| Düsseldorf Arena SATURDAY JULY 6, KICK-OFF 5PM (Düsseldorf) | | |



EURO REKIND



CROATIA 3 SPAIN 5

Euro 2020, Round of 16
Monday, June 28, 2021

BY KEITH WEBSTER

AS 47-yard own goals go, it was one of the less spectacular ones but it rang the bell for a thrilling encounter in Copenhagen.

Teenage midfielder Pedri will forever see his name credited with a bizarre strike from near the halfway line after 20 minutes that opened the scoring in this knockout game.

In reality, however, the blame lay with Spain goalkeeper Unai Simon. The Athletic Bilbao No.1 was already looking upfield before lifting his right

foot to control Pedri's tame pass when it rolled past him and he watched in despair before bowing his head as it nestled inside the left upright.

Spain were taking flak from back home following the opening two drawn group games - 0-0 with Sweden and 1-1 against Poland.

But they ignited in the final match against Slovakia with a 5-0 blitz to qualify in second behind the Swedes.

The criticism from close quarters appeared to have galvanised them.

Midfielder Sergio Busquets leapt to the defence of his keeper, saying: "Unai Simon knows he's got our total confi-

dence. The goal was bad luck, but his mentality is very laid-back while remaining ambitious, and he showed that. He was ultra-secure after the goal and made some top saves."

Indeed he did, most notably from Andrej Kramaric in extra-time, with the game level at 3-3, when the Croatian had the goal at his mercy from seven yards only for Simon to make a fabulous stop.

Luis Enrique's side had recovered from the early blow to be level by half-time as Pablo Sarabia's

thunderous left foot ended a game of goalmouth ping-pong.

After Cesar Azpilicueta's header from a corner and a cool, low finish by Ferran Torres, they appeared to be home and dry with 13 minutes left.

But Croatia had something to say about that.

Goal-line technology confirmed Mislav Orsic had scrambled the ball over the line - barely - with five minutes left before Mario Pasalic timed a run into the box beautifully to rise majestically and glance home a header two minutes into stoppage-time to send the game to an extra 30

minutes. Simon's save from Kramaric fired Spain into action and the much-criticised Alvaro Morata put them ahead with a wonderful first touch before crashing a left-foot volley into the roof of the net from a tight angle 10 minutes into extra-time.

Three minutes later, it was all over when Mikel Oyarzabal slotted home, with no late Croatia heroics this time.

Azpilicueta said: "Boy, we had to suffer. It's been a few tournaments since we went through a knockout match. But we broke the ice against the World Cup runners-up.

"It wasn't great to be scored against twice late in normal time, but we were

the better team in extra-time." Oyarzabal summed up the mentality, saying: "All I wanted was the chance to help the team - whether I started, came on or didn't get any time. That's what we all feel like."

That team spirit pushed them through the quarter-final against Switzerland on penalties but another shoot-out in the semi-final with Italy was a step too far.

Spirited Spain bounce back to heal a self-inflicted wound

BLUNDERFUL WONDERFUL COPENHAGEN



THAT'S MOR LIKE IT
Morata hit back in extra-time after Simon (inset) had let in a sloppy own-goal opener



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