

Monsoon session of Assembly to be held from July 15

THE GOAN | NETWORK

**PANAJI**  
The Pramod Sawant-led Cabinet on Thursday approved holding the monsoon session of Goa Legislative Assembly starting July 15.

In the first Cabinet held after the Lok Sabha polls, the CM further announced that the session would be full-fledged spanning 21-22 days, which will extend into the second week of August.  
“It will be a full session. The days won’t be reduced. The business advisory committee will decide the schedule,” he said.  
Earlier, the Budget session was held on February 2 but it came under criticism as the session was reduced to a week.

IN SHORT >>

Govt amends scheme for shelter homes

**PANAJI:** The State government has notified the amended scheme for Shelter Homes for Women to give shelter and rehabilitation to those women who have no social support systems due to family problems, mental strains, social ostracism, exploitation and other causes. The assistance includes Rs 10 lakh for staff salary annually, other expenses.

Road mishaps claim 6 in Ponda in 20 days

**PONDA:** Roads in Ponda have claimed six lives in the last 20 days and locals have felt that authorities have not done enough to curb road mishaps in the taluka. On May 23, a scooter rider was killed following a collision between a scooter and a cargo truck near the Top Cola factory at Borim. On the next day, a motorcycle rider rammed into an electricity pole on the flyover at Curti, killing the rider on the spot.  
» See **PG 5**

POCSO case: NBW against Yeddiyurappa

**BENGALURU:** A Bengaluru court on Thursday issued a non-bailable arrest warrant against former Chief Minister and senior BJP leader B S Yeddiyurappa in a POCSO related case. The CID, probing the POCSO case against Yeddiyurappa, had earlier summoned him for questioning. He, however, had sought time to appear before the officials.

WEATHER >>

Max: 27 C

Min: 25 C

Humidity: 89%

TIDES

Low: 09.40 23.46

High: 04.13 16.42

# Centre scraps NEET grace marks of 1563 candidates

## TELLS APEX COURT THEY HAVE OPTION OF RE-TEST ON JUNE 23 OR FORGO COMPENSATORY MARKS

PTI

**NEW DELHI**  
Amid a raging row over the NEET-UG examination, the Centre told the Supreme Court on Thursday it has cancelled the grace marks given to 1,563 candidates who took the examination for admission to MBBS and other such courses. They will have the option to either take a re-test or forgo the compensatory marks awarded to them for loss of time.

Refusing to stall the counselling for NEET-UG, 2024, scheduled to commence from July 6, the top court made it clear that the admission of successful candidates to medical colleges and other institutions will be subject to the outcome of the petitions which have sought reliefs like cancellation of the examination held on May 5 on grounds of

### No evidence of paper leak in NEET-UG, Opposition spreading lies: Pradhan

**NEW DELHI:** Union Education Minister Dharmendra Pradhan on Thursday rejected allegations of paper leak or rigging in the medical entrance exam NEET-UG, saying there is no evidence to substantiate the claims, and accused the opposition of spreading lies without knowing facts.

“No concrete evidence of any kind of rigging, corruption or paper leak has been found so far in the NEET exam. All the facts related to this are before the Supreme Court and are under consideration. The kind of politics being done on this issue is only an attempt to spread confusion and it affects the mental peace of the students,” Pradhan said.

question paper leak and other malpractices.

A vacation bench of justices Vikram Nath and Sandeep Mehta termed as “fairly reasonable” the decision to cancel the grace marks awarded

to 1,563 candidates on the recommendation of a panel set up to look into the grievances voiced by the petitioners.

The National Testing Agency (NTA) conducts the all India pre-medical entrance test.

At the outset, lawyer Kanu Agarwal, appearing for the Centre and the NTA, said the committee set up to look into the grievances decided on June 12 to “allay the fears of the students”. It was of the view that the grace marks be withdrawn and replaced with an option of re-test for these candidates which will be conducted on June 23. A notification to this effect will be issued during the day.

He said the committee was of the view that the award of grace marks on grounds of loss of time while taking the test resulted in a “skewed situation” as it had to be limited only to the questions that remained un-attempted.

After examining all aspects, the panel concluded that it would be appropriate

>Continued on **P5**

# Govt to HC: Settlement of forest rights by July 24

## 8 more anti-poaching camps set up; govt in process of complying with all directions, court told

THE GOAN | NETWORK

**PANAJI**

The State government has informed the Bombay High Court at Goa that claims under Forest Rights and Scheduled Tribes Rights for residents of the Mhadei and nearby wildlife sanctuaries will be settled by July 24, 2024.

This submission, made on June 10, was in response to a contempt petition filed by the Goa Foundation against the Goa government for failing to notify the tiger reserve.

During the hearing before the Division Bench of Justices M S Karnik and Valmiki Menezes, Advocate Norma Alvares, representing the petitioner, stated that the court had issued several directions, including the notification of the tiger reserve, which is currently pending before the Supreme Court.

Advocate General Devidas Pangam informed the court that eight additional



anti-poaching camps have already been established and that the government is in the process of complying with the directions dated July 24, 2023.

On July 24, 2023, the High Court directed the government to notify a tiger reserve in the Mhadei Wildlife Sanctuary and other contiguous areas within three months and to determine and settle the rights and claims of Scheduled Tribes and other forest dwellers within a year while hearing a Public Interest Litigation filed by Goa Foundation.

“It is submitted that the State Government is directed to comply with... the judgment and order for determining and settling the rights and claims of the Scheduled Tribes and other forest dwellers following the law as expeditiously as possible within 12 months from the date of the judgment and order. The 12-month period is expiring on July 24, 2024,” the Court observed while accepting the submission by the AG. The Bench has scheduled the next hearing for the contempt application on July 30.

### AS DEMAND FOR PROFESSIONAL COURSES RISE...

# Colleges clamour for hike in Science stream seats

## DHE CONSIDERING REQUESTS ON CASE-TO-CASE BASIS

THE GOAN | NETWORK

**PANAJI**

Even as admissions for medical, pharmacy, engineering and nursing courses are ongoing, nearly all undergraduate colleges offering Science streams have requested an increase in seats due to the growing demand among students aspiring for these professional courses.

The Directorate of Higher Education (DHE) is allowing seat increases on a case-by-case basis. “This is an annual trend. The demand for BSc courses arises because admissions for professional colleges, including medicine, pharmacy, and agriculture, among others conclude in August-September. To be on the safer side, students initially take admissions for BSc and then opt out once they secure places in their preferred courses,” said an official wishing anonymity.

While the demand for Science courses is high, the increase in seats for Commerce is minimal and almost non-existent for Arts. “This is nothing new. The number of seats across all streams typically remains the same, except during the admission

### WHAT THE GUIDELINES SAY...

- Min strength for students in multidisciplinary courses set at 30
- Skill enhancement courses (including all Science courses, psychology, and geography) require 20 students
- If student numbers exceed upper limit, institutions need to request increase in seats
- If student numbers fall below the minimum



prescribed by DHE, the institution must seek relaxation

■ If any program has less than 10 students in any two of the last three years, it will be discontinued

process,” the official added.

According to guidelines issued to colleges, the minimum strength for students in multidisciplinary courses is set at 30, while skill enhancement courses (including all Science courses, psychology, and geography) require 20 students.

For Commerce and Arts, the minimum is 30 students. Value-added courses also have a minimum strength of 30 students, except for NCC, where the actual strength will be accepted.

When asked about varia-

tions in student numbers, the official stated that institutions must obtain permission for relaxation. “If student numbers exceed the upper limit, institutions request an increase in seats, as is currently happening in the Science stream. If student numbers fall below the minimum prescribed by the DHE, the institution must seek a relaxation, which is then reviewed by the DHE,” the official explained.

For other major and minor courses in all disciplines,

>Continued on **P5**

## Extension sought till June 30 for completion of Smart City works

THE GOAN | NETWORK

**PANAJI**

The Imagine Panaji Smart City Development Limited (IPSCDL) has sought an extension until June 30 to complete the remaining works including the 150-meter Taad-Maad road in St Inez.

The agency made this submission before the Bombay High Court at Goa after the government’s statement to the Bench indicating a need for more time to complete the 150-meter road stretch from the Taad Maad temple to STP in Tonca.

This area reported the collapse of a just-constructed drain on Monday morning, sparking public anger and demands from opposition parties for an investigation into the alleged corruption in the Smart City projects.

The PILs on the matter are scheduled for further hearing on June 18.

During the last hearing on Tuesday, IPSCDL Chief General Manager Eduardo Pereira submitted a compliance report to the Court, stating that the closure of the incomplete 150-meter St Inez road segment does not significantly inconvenience the public and cited alternative arrangements.

However, the report did not make any reference to the drain collapse.

### AFTER KALA ACADEMY CONTROVERSY...

# Leaking Assembly building roof new headache for govt

## PWD UNDERTAKES ₹2 CR WATERPROOFING WORK

THE GOAN | NETWORK

**MAPUSA**

Following the recent controversy over the leaking roof at the Kala Academy, Goa’s primary cultural centre, the State Assembly building, the main seat of power, has also been found to be leaking.

The roof has been leaking at several places, including the central assembly hall, library, and various cabins, for the past several years.

Senior officials from the Public Works Department (PWD) have informed that waterproofing work on the roof, costing approximately Rs 2 crore, is nearly complete.

The State Assembly Complex, inaugurated in 2000 by former prime minister late Atal Bihari Vajpayee, has completed 24 years but has shown signs of wear and tear.

Damp patches have appeared on the roof, and water leakage has damaged paneling and walls in several areas.

Sources within the Secretariat revealed that the building’s leakage issues stem from its design.

The roof, comprising a dome and flat sections, coupled with an inadequate



Waterproofing work being carried out at the State Assembly building.

drainage system, has exacerbated the problem. Water has seeped inside, causing significant damage over the years.

Despite these issues, no structural audit has been conducted on the building to date.

The situation worsened when the central assembly hall’s roof began to leak, causing inconvenience to Members of the Legislative Assembly (MLAs) during the monsoon session.

Leakage was also reported in the library, some cabins, and other halls within the building.

In response to the crisis, the government has taken pre-emptive measures by initiating waterproofing of the roof.

Chief Minister Pramod Sawant and Speaker of the Goa Legislative Assembly Ramesh Tawadkar recently assessed the situation and held meetings with PWD officials. Instructions were issued to immediately undertake the necessary repairs.

Due to time constraints, only the waterproofing of the dome has been completed in

>Continued on **P5**

# GMR gets more time to pay revenue share of airport

THE GOAN | NETWORK

**PANAJI**

Considering the Covid pandemic in 2020, the State Cabinet on Thursday granted an extension to GMR International to pay the State’s gross revenue from Manohar International Airport (MIA) at Mopa. The revenue share of 36.99 per cent would now be payable from December 7 onwards instead of the earlier date of May 31 as per the concession agreement.

The decision was taken during the Cabinet meeting on Thursday wherein Chief

### Govt had sought an opinion from Advocate General Devidas Pangam, who said an extension of the date of commencement of annual premium of 180 days may be granted

Minister Pramod Sawant refuted Opposition allegations regarding revenue sharing between GMR and the government.

“Goa government’s share of 36.99% of the gross revenue from MIA will be payable from December 7, 2024. The delay is

due to the petition before the Supreme Court and previously due to the Covid-19 pandemic, which affected overall operations,” he told reporters after the meeting.

In November 2016, the State government entered into an agreement with GMR Goa International Airport for the construction and development of a greenfield airport on a PPP basis. The airport is to be developed in four phases with a design capacity of 4.4 million passengers per annum (mppa) in Phase I, and

>Continued on **P5**

# ‘Fake police’ stumped by language barrier in Goa

THE GOAN | NETWORK

**MARGAO**

Konkani appears to have spared many unsuspecting parents from falling into the trap of fraudsters across the State even as there has been no decrease in the number of calls made by the “fake police” to parents.

For, the callers identify them as police in Hindi, without realizing that majority of Goa police officers and personnel communicate with the citizens in their mother tongue.

A parent told The Goan that he became suspicious when the caller spoke in Hindi.

“I became alert when the caller spoke to me in Hindi. The Hindi language and their

## Do not fall prey to fraudsters, Sawant tells parents

**PANAJI:** Close on the heels of several instances of parents complaining of calls from ‘fake police’, Chief Minister Pramod Sawant on Thursday advised parents not to panic or pay money to fraudsters who call and inform them that their child has been kidnapped.



“No such kidnapping cases have been reported in the State. Home department is keeping a strict watch... Cybercrime Cell is also investigating the matter. The State is also in touch with the Centre to block the VPNs from where such calls originate”, Sawant said.

accent indicated the callers cannot be Goa police officers or personnel”, the parent said.

Another parent pointed out that the caller disconnected the call after he told the caller that he can meet him at the police station.

A day after the Goa police

issued an advisory that people should not take calls of the fraudsters, there seemed no let up in the calls made by the “fake police” to parents of students on the ground their wards have landed in trouble in fraud and other cases.

While many a parent from

Chinchinim village had received the calls from the fake police in the last couple of days, many a parent from Navelim village have come under the scanner of the miscreants as they have started receiving similar calls.

Former Margao Municipal

Chairperson Savio Coutinho received a call identifying himself as a police officer. Conversation between the caller and Coutinho revealed that the caller, speaking in Hindi, first sought to know whether a particular girl is her daughter or not. The caller went on to instill fear that his daughter is in the police custody having been arrested in a fraud case.

Coutinho was asked by the caller whether he would like to talk to his daughter, but when Coutinho insisted on speaking to her, one could hear cries of a girl in the backdrop.

As Coutinho kept insisting on talking to his daughter, the caller had no option than to shout at the former, before disconnecting the call.







# Health checks reveal illegal biz operations at Karaswada

HEALTH CENTRE TO INFORM MAPUSA CIVIC BODY ABOUT UNSANITARY CONDITIONS

THE GOAN | NETWORK

## MAPUSA

A team of officials from the Mapusa Urban Health Centre on Thursday conducted a thorough inspection of several alleged illegal business establishments at Karaswada junction.

The inspection revealed that nearly all the establishments were operating without the necessary health No Objection Certificates (NOCs) and in unhygienic conditions.

A senior health official stated, "There is no question of issuing health NOCs to the shops and kiosks at this junction, as almost all of them are illegal."

The official emphasised that while the health department could not directly take action against these businesses, a report detailing the unsanitary conditions would be sent to the Mapusa Municipal Council (MMC), which holds the authority to make the final decision on the matter.



Health officials conducting inspection of business units at the Karaswada junction, Mapusa on Thursday.

The inspection followed a complaint lodged by local resident Atmaram Gadekar, who urged authorities to ensure that the establishments either obtain the required trade licenses or cease their operations.

Gadekar expressed concerns that the lack of government intervention not only undermines the rule of law but also raises serious questions about corruption and accountability within local

governance.

For over two decades, at least a dozen business establishments, including several restaurants, have been operating illegally at the Karaswada junction. These businesses have been functioning without the mandatory trade licenses from the civic body.

Reports suggest that the establishments have been shielded by a councillor, which has prevented previous attempts at demolition.

## CONCERNS ABOUT PUBLIC HEALTH

■ Many of the establishments were found to be operating in unsanitary conditions, raising concerns about public health and safety

■ The officials noted the absence of basic hygiene practices, which could potentially pose health risks to consumers and the local community

■ The health department's inability to take direct action has placed the responsibility squarely on the Mapusa civic body

■ Reports suggest that the establishments have been shielded by a councillor, which has prevented previous attempts at demolition

During the inspection, health officials observed significant violations of health and safety regulations.

Many of the establishments were found to be operating in unsanitary conditions, raising concerns about public health and safety. The officials noted the absence of basic hygiene practices, which could potentially pose health risks to consumers and the local community.

The health department's inability to take direct action

has placed the responsibility squarely on the Mapusa civic body.

The health department's inspection and subsequent report to the Mapusa Municipal Council mark a significant step towards resolving the long-standing issue. The local community now awaits the council's decision, which will determine the future of the illegal establishments and their compliance with health and safety regulations.

# Ferreira pushes for clarity in process of issuing OCI cards

Highlights case of minor in UK who got show-cause notice questioning renewal of Indian passport

THE GOAN | NETWORK

## MAPUSA

Aldona MLA Carlos Ferreira has raised concerns over the Indian government's process for issuing Overseas Citizen of India (OCI) cards to individuals of Goan origin who have acquired Portuguese nationality.

Ferreira highlighted the case of a minor residing in the UK, who received a show-cause notice from the Indian High Commissioner for allegedly contravening rules by obtaining an Indian passport after birth registration in Portugal.

According to Ferreira, the minor had obtained an Indian passport in March 2015 as a minor, followed by Portuguese registration in September 2015. Despite renewing the Indian passport in 2020, the minor acquired a Portuguese passport in December 2023 before reaching adulthood in January 2024. An application for an OCI card was filed in January 2024, and subsequently, a show-cause notice arrived in May 2024 questioning the re-

## THE CASE

■ According to Ferreira, the minor had obtained an Indian passport in March 2015 as a minor, followed by Portuguese registration in September 2015

■ Despite renewing the Indian passport in 2020, the minor acquired a Portuguese passport in December 2023 before reaching adulthood in January 2024

■ An application for an OCI card was filed in January 2024, and subsequently, a show-cause notice arrived in May 2024 questioning the renewal of the Indian passport post-Portuguese registration

nawal of the Indian passport post-Portuguese registration.

Ferreira criticised the inconsistency in requirements from Indian missions abroad, where renunciation certificates are demanded even af-

ter passport surrender due to birth registration in Portugal, complicating the OCI application process.

He cited constitutional Article 9, stating that acquiring foreign citizenship results in the automatic cessation of Indian citizenship. Ferreira argued for clarity from the central government, emphasising that those registering births in Portugal should automatically cease to be Indian citizens without the need for additional renunciation certificates.

Ferreira called for a one-time amnesty scheme for Goans who registered births in Portugal but continue to reside in India without utilising their Portuguese citizenship rights fully.

He highlighted potential challenges faced by such individuals in property ownership, banking, employment, and business transactions under foreign exchange regulations.

The MLA urged the central government to provide clear guidelines to avoid international confusion and ensure consistent application of citizenship laws.

# INDIA bloc activists confront PWD, WRD over water supply woes

Officials cite lack of NOC to draw Gaunem dam water

THE GOAN | NETWORK

## CANACONA

INDIA bloc activists from Canacona confronted the WRD (Water Supply) officers for their failure to supply water despite completing the Gaunem Dam seven years ago, making it difficult for residents of Gaondongrim and Cotigao villages to get water for their daily needs.

WRD officials, however, washed off their hands and said the department completed the construction of Gaunem dam in 2017 itself, and since then, has been waiting for PWD (Water Supply) to make necessary provisions (pump-house, storage tanks, etc) to draw water from the dam, and to commission the dam for public use.

On the other hand, PWD (Water Supply) Officers expressed their helplessness to draw water from the dam as their efforts to obtain an NOC to set up a pump-house, storage tanks, water treatment plant/tank for the Gaunem dam had been unsuccessful.

"Almost thrice before, we have prepared estimates, but every time the files come back for want of a suitable place to set up the required plant/tank for the Gaunem dam," said Canacona PWD (WS) Assistant Engineer Sanjay Thopil, while interacting with the INDIA block activists on Wednesday.



INDIA bloc activists in discussion with PWD (Water-Supply) Assistant Engineer and Junior Engineer. Kathy Fernandes

## TANK BUILT, BUT IN VAIN

■ Gaondongrim Panch Anand Gaonkar blamed Speaker and Canacona MLA Ramesh Tawadkar for his inability to obtain necessary NOCs to set up a pump house, tanks, laying of supply pipelines and other related measures

■ A tank is already built but we are told that seven people are not giving their NOCs, and the government has not done anything for the last 7 years, making people suffer

■ Vikas Bhagat said they are willing to approach the 7 landowners who are allegedly holding residents of Gaondongrim-Cotigao to ransom by denying NOCs to set up pump house, OH tanks, pipelines, etc

"Recently, our talks are underway with a prominent Devalaya to allocate a piece of land (approximately 4,000-5,000 sqm), and if everything goes well, we expect to complete the work and begin supplying water from the Gaunem

dam to the people of Gaondongrim and Khotigao in two years time."

Goa Forward Party Environment Cell Chairman Vikas Bhagat said it is unfortunate that the PWD could not set up a plant/tank to utilise water

from the Gaunem dam, which was taken up for construction more than 12 years ago, and completed in 2017.

"The government must ensure that water reaches the needy and deserving people living in Gaondongrim and Cotigao villages."

Ex-Shristhal Sarpanch Pandrugang (Datta) Gaonkar said it was sad to see a 75-80 year-old man forced to carry water utensils over his head from a well located some distance away.

Gaondongrim Panch Anand Gaonkar blamed Speaker and Canacona MLA Ramesh Tawadkar for his inability to obtain necessary NOCs to set up a pump house, tanks, laying of supply pipelines and other related measures.

"A tank is already built but we are told that seven people are not giving their NOCs, and the government has not done anything for the last 7 years, making people suffer."

Vikas Bhagat said they are willing to approach the 7 landowners who are allegedly holding residents of Gaondongrim-Cotigao to ransom by denying NOCs to set up pump house, OH tanks, pipelines, etc.

Gaspar Coutinho said they would apprise newly elected South Goa MP Capt Viriato Fernandes about the government's inability to commission the Gaunem dam for seven-long years.

# Submit timeline for Usgao water projects: HC to PWD

THE GOAN | NETWORK

## PANAJI

The Bombay High Court at Goa on Thursday asked the Goa government department of Public Works to file a compliance report concerning the completion of the water supply projects at Ganjem (Usgao) along with the timelines by when the projects will be completed.

The High Court, which is hearing a public interest litigation petition filed by residents of Usgao led by one

Rohan Rauji Naik, had earlier directed officials of the PWD to personally inspect the water supply situation in the village and file a compliance report.

In its report the PWD said that while water is being substantially provided, the situation will improve no sooner the two pending projects are completed. The projects include the construction of a 25 MLD Water Treatment Plant on Mhadei River at Ganjem which is said to be in progress and 80% completed as well as

**In its report the PWD said that while water is being substantially provided, the situation will improve no sooner the two pending projects are completed**

a project for the improvement of distribution network at Palwada, Navewada and surrounding areas in Usgao Ganjem village panchayat which

is tendered and awaiting expenditure sanction.

"We expect the Respondents to indicate the timeline within which the statements made therein will be adhered to. The affidavit is to be filed by a responsible Officer of the Water Works Department within a period of two weeks from today," the High Court bench of Justices M S Karnik and Valmiki Sa Meneses said.

ROYAL TWINKLE STAR CLUB PRIVATE LIMITED & CITRUS CHECK INNS LIMITED

NOTICE OF SALE

BY SALE-CUM-MONITORING COMMITTEE CONSTITUTED BY HON'BLE SUPREME COURT SALE OF ASSETS BY SALE CUM MONITORING COMMITTEE CONSTITUTED BY SUPREME COURT OF INDIA VIDE ORDER DATED 10/05/2018 IN CASE OF ROYAL TWINKLE STAR CLUB PVT. LTD. AND CITRUS CHECK INNS LIMITED (UNDER LIQUIDATION)

Offers are invited by electronic mode through <https://ncit.auction.auctiontiger.net> to be submitted between 11:00 am to 01:00 pm on 12th July 2024 for sale of the Properties/Investments as per Annexure - A uploaded on web portal [citrusroyal.com](https://citrusroyal.com), [sebi.gov.in](https://sebi.gov.in) & <https://ncit.auction.auctiontiger.net> sale of the properties/Investments are strictly on "As is where is basis and whatever there is basis and as is what is".

| Address for Auction                                                                                  | Area                    | Reserve Price (In Lakhs) | EMD in Lakhs (10% of Reserve Price) | Date of Inspection         | Remark                              |
|------------------------------------------------------------------------------------------------------|-------------------------|--------------------------|-------------------------------------|----------------------------|-------------------------------------|
| Office No. 601 to 605, 6th Floor, Atriya Building, Near Court Junction, Altinho, Mapusa, Goa-403 507 | Built Up Area 3548 SQFT | 148.46                   | 14.85                               | 01 <sup>st</sup> July 2024 | Lien of Bank /Financial Institution |

Interested Bidders are requested to register themselves with the portal and obtain login ID and Password. The interested bidders shall submit their bid along with EMD by accessing the aforesaid website through login ID and Password acquired through the portal. The EMD shall be deposited through NEFT/RTGS only into the following Bank Account Name:- Citrus Check Inns Limited (Under Liquidation), Bank Name: Kotak Mahindra Bank, Branch:-Lower Parel (W), Mumbai -400 013, Account No. 4412867152, IFSC Code KKBK0000638. Buyers holding valid User ID/Password and confirmed payment of EMD through NEFT/RTGS only shall be eligible for participating in the online auction. Interested bidders may contact between 11 am to 5 pm (Monday to Friday) who require assistance in creating login ID & password, uploading data, submitting bid etc. may contact E-Procurement Technologies (P) Limited Mr. Praveen Thavar, Mobile No. 91 9722778822 / 07988136841 / 78 / 51 Email : [praveen.thavar@auctiontiger.net](mailto:praveen.thavar@auctiontiger.net) / [Support@auctiontiger.net](mailto:Support@auctiontiger.net). For Property/Investment Information and other related queries you can contact to Harshil Agarwal Mobile No. +91 7976469025 Email: [royalsmc2018@gmail.com](mailto:royalsmc2018@gmail.com). Tender documents for detail terms and conditions for sale can be obtained from the web portals [citrusroyal.com](https://citrusroyal.com), [sebi.gov.in](https://sebi.gov.in) & <https://ncit.auction.auctiontiger.net>. The offers not conforming to the terms of sale shall be rejected. The successful purchaser, on payment of entire sale price and on completion of sale formalities, shall be issued a sale certificate. The purchaser shall bear the expenses on Stamp Duty and Registration charges, if any. The Sale Cum Monitoring Committee reserves its rights to reject any or all the offers or accept offer for one or more properties/Investments received without assigning any reasons, whatsoever.

CA Devendra Jain  
RESOLUTION PROFESSIONAL  
ON BEHALF OF  
SALE CUM MONITORING COMMITTEE

PLACE: MUMBAI  
DATE: 14/06/2024

NOTICE

- Petition for determination of tariff under Section 62 read with Section 79 (1) (d) of Electricity Act, 2003 and under Regulation 15 (1) (a) and Regulation 23 of Central Electricity Regulatory Commission (Conduct of Business) Regulations, 2023 read with Central Electricity Regulatory Commission (Terms and Condition of Tariff Regulations) 2019 for Asset-1: 01 No. 765KV 80 MVAR Single Phase Reactor at Bilaspur S/S under "PROCUREMENT OF TRANSFORMER AND REACTORS PER ERPC & WRPC RECOMMENDATIONS".
- The beneficiaries of the above-mentioned Transmission system are (a) Madhya Pradesh Power Management Company Ltd, Jabalpur (b) Electricity Department, Administration of Daman & Diu, Daman, (c) Gujarat Urja Vikas Nigam Ltd., Vadodra, (d) Electricity Department, Government of Goa, Panaji, (e) Maharashtra State Electricity Distribution Company Ltd., Mumbai, (f) Madhya Pradesh Aadyogik Kendra Vikas Nigam (Indore) Ltd., Indore, (g) Chhattisgarh State Power Distribution Co. Ltd, Raipur (h) DNH Power Distribution Corporation Limited, Silvassa
- Tariff details:

Transmission tariff for 2019-24 Tariff Block

| Name of the Asset                             | Asset-1    |
|-----------------------------------------------|------------|
| Schedule DOCO (FR)                            | 26.03.2024 |
| DOCO (Actual/Anticipated)                     | 06.10.2023 |
| Estimated Completion Cost (Rs in Lakhs)       | 673.97     |
| Tariff for 2019-24 Tariff Block (Rs in Lakhs) |            |
| 2023-24                                       | 47.18      |
- A copy of the application made for the determination of the tariff is posted on the applicant's website at [www.powergrid.in](http://www.powergrid.in).
- The suggestions and objections, if any, on the proposals for determination of tariff contained in the application be filed by any person, including the beneficiary below the Secretary, Central Electricity Regulatory Commission 6th, 7th & 8th Floors, Tower B, World Trade Centre, Nauroji Nagar, New Delhi-110029 (or other address where the office of the Commission is situated), with a copy to the applicant at the address of its corporate office within 30 days of publication of this notice.

Place: Gurugram  
Date: 07.06.2024

Sd/-  
GM (Commercial)

POWER GRID CORPORATION OF INDIA LIMITED

(A Government of India Enterprise)

Corp. Office: "Saudamini", Plot No. 2, Sector-29, Gurugram-122001, (Haryana)  
Reg. Office: B-9, Qutab Institutional Area, Katwaria Sarai, New Delhi-110016  
[www.powergrid.in](http://www.powergrid.in), CIN: L40101DL1989GOI038121

A MAHARATNA PSU

# Agri Produce & Marketing Board committee named

THE GOAN | NETWORK

## PANAJI

Goa government has appointed a Committee of Administrators to manage the affairs of Goa Agriculture Produce & Marketing Board for a period of six months. One of the functions of the Committee will be to hold the election to the Board of Directors, as the order takes effect retroactively from April 6.

Agriculture director Sandeep Fol Dessai has been appointed as Chairman while Avadhut Mahatme and Gurunath Naik are the Administrators. The Committee will manage affairs with retrospective from June 6.

The Board was constituted on September 6, 2018 for a period of five years till September 5, 2023. The term was then extended for 3 months while the election process to elect new members of the Board could not be completed.

ਪੰਜਾਬ ਨੈਸ਼ਨਲ ਬੈਂਕ

.....ਚਰੋਸੇ ਕਾ ਧਰਮੀਕ

(A GOVERNMENT OF INDIA UNDERTAKING)

punjab national bank

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Zonal SASTRA Centre, 1st Floor, Bhikhaji Cama Place, New Delhi -110066, e-mail id: [zs8343@pnb.co.in](mailto:zs8343@pnb.co.in)

SALE NOTICE FOR SALE OF IMMOVABLE PROPERTIES

E-Auction Sale Notice for Sale of Immovable Assets under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read with proviso to Rule 8 (6) of the Security Interest (Enforcement) Rules, 2002

Notice is hereby given to the public in general and in particular to the Borrower(s) and Guarantor(s) that the below described immovable properties mortgaged /charged to the Secured Creditor, the constructive/physical/ symbolic possession of which has been taken by Authorised Officer of the Bank/Secured Creditor, will be sold on "As is where is", "As is what is", and "Whatever there is" on the date as mentioned in the table herein below, for recovery of its dues due to the Bank/ Secured Creditor from the respective Borrower(s) and Guarantor(s). The reserve price and the earnest money deposit will be as mentioned in the table below against the respective properties

| Sr. No. | Name of the Branch<br><br>Name of the Account<br><br>Name and Addresses of the Borrower/Guarantors Account                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | A) Dt. Of Demand Notice u/s 13(2) of SARFAESI ACT 2002    | Description of the Immovable Properties<br>Mortgaged/ Owner's Name<br>(mortgagers of property(ies))                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | RESERVE PRICE<br><br>EMD<br>(Last date of deposit EMD)<br><br>Bid Increase Amount | DATE/ TIME OF E-AUCTION            | Name & Contact No. of Authorized Officer/ nodal Officer | Details of the encumbrances known to the secured creditors |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------|---------------------------------------------------------|------------------------------------------------------------|
|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | B) Outstanding Amount as on (Rs. in crore)                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                   |                                    |                                                         |                                                            |
|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | C) Possession Date u/s 13(4) of SARFAESI ACT 2002         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                   |                                    |                                                         |                                                            |
|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | D) Nature of Possession<br>Symbolic/Physical/Constructive |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                   |                                    |                                                         |                                                            |
| 1       | ZONAL SASTRA CENTRE DELHI<br>M/s Shree Swastik Sales Corporation Pvt.Ltd., REGD: Office: 1014 Chawri Bazar delhi-110006<br>M/s Shree Swastik Sales Corporation Pvt.Ltd., 4261 1st Floor, Ansari Road Darya Gangj New Delhi-110002.<br>M/s Shree Swastik Sales Corporation Pvt.Ltd., Plot No.236, Pocket-C IFC Gazipur Delhi-110096<br>Sanjiv Jain, S/o Vijendra Kumar Jain, 32/19 Alipur Road Civil Lines, New Delhi<br>Rajiv Jain S/o Vijendar Kumar Jain, 32/19 Aipur Road Civil Lines New Delhi-110054<br>Sarika Jain W/o Sanjiv Jain, Civil lines New Delhi-110054<br>Seema Jain W/o Rajiv Jain, 32/19 Alipur Road, Civil Lines New Delhi-110054<br>Jaguar paper products Pvt.Ltd. Regd.office, 4261 1st Floor, Ansari Road Darya Gangj New Delhi-110002 | A) 02.01.2016                                             | 1. ALL THAT PART AND PARCEL OF PROPERTY i.e. Flat bearing No.A-203 having super built up area of 107.00 sq.mtrs on Ground Floor of Block A in the complex "Castle Rock" at Landscape Town Phase-I situated in the village of Taleigao, Tiswadi Taluka, Panaji, Goa along with undivided rights admeasuring 107.52 sq.mtrs upon 8751 sq.mtrs in the name of Sh.Rajiv Jain and Sh.Sanjeev Jain both sons of Sh.Vijendra Kumar Jain.<br><br>2. ALL THAT PART AND PARCEL OF PROPERTY i.e. Residential Villa bearing no.B-3 admeasuring 220.00 sq.mtrs in residential complex "SHOLK" situated at village Nerul,Taluka Bardez,North Goa,Goa standing in name of Sh.Sanjeev Jain s/o Sh.Vijendra Kumar Jain(Original Title Deed seized by EOW,N.Delhi) | Property No.1<br>A) Rs.75.00 Lakh<br>B)Rs.8.00 Lakh 15.07.2024<br>C) Rs.25,000/-  | 16-07-2024<br>11:00 AM to 04:00 PM | Mr. Sanjeev Srivastava<br>Mobile no- 8130456352         | Not Known                                                  |
|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | B) Rs.49.86 crores + further interest                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                   |                                    |                                                         |                                                            |
|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | C) 05.03.2016                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                   |                                    |                                                         |                                                            |
|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | D) Physical Possession(Both)                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                   |                                    |                                                         |                                                            |

BRIEF TERMS AND CONDITIONS OF E-AUCTION SALE: The sale shall be subject to the Terms & Conditions prescribed in the Security Interest (Enforcement) Rules 2002 and to the following further conditions: (1) The properties are being sold on "AS IS WHERE IS BASIS" and "AS IS WHAT IS BASIS" and "WHATEVER THERE IS BASIS". (2) The secured asset will not be sold below the reserve price. The first bidding should start at any amount higher than Reserve Price. (3) The particulars of Secured Assets specified in the Schedule herein above stated to the best of the information of the Authorised Officer, but the Authorised Officer shall not be answerable for any error, misstatement or omission in this proclamation. (4) The sale will be done through e-auction platform provided at the Website <https://www.msstcecommerce.com> on date and time of auction specified above. (5) For further details and complete Terms & Conditions of the sale, please refer : [www.ibapi.in](http://www.ibapi.in), [www.msstcecommerce.com](http://www.msstcecommerce.com), <https://eprocure.gov.in/publish/app>.

STATUTORY SALE NOTICE UNDER RULE 8(6) OF THE SARFAESI ACT, 2002

Date: 13-06-2024, Place : New Delhi

AUTHORIZED OFFICER, PUNJAB NATIONAL BANK

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# Understanding the psychology of goals can help tick things off your to-do list

KIM M CAUDWELL

Psychology has long been interested in our goals – our mental representations of desirable outcomes. Much of this research is on how we form, pursue and attain goals, plus how goals make us feel. Across studies, we see a consistent pattern of successful goal pursuit and wellbeing. So, having time to work toward our goals is important.

With this in mind, what is the best way to get things done – and how can we get better at achieving our goals, especially when we feel time poor?

## Make a list

Most of us approach multiple goals with the age-old “to-do” list. First, you write down everything you need to do. Then you “check” or tick things off as you do them.

One reason to-do lists are useful is because we are more likely to remember things we haven’t completed, rather than things we have. This is known as the Zeigarnik effect.

While to-do lists are easy to write, they don’t always work. There are however various approaches for to-do lists that may improve their effectiveness.

Another thing to consider is the wide range of apps, tools and platforms that can make tasks more fun and outsource mental load. Adding elements of game play like point scoring or competition – called “gamification” – can help people work toward goals in educational and work settings. Similarly, app-based reminders can help people reach physical rehabilitation goals and form good exercise habits

## Juggling goals – 4 to-do tips

So, what happens when we have multiple – perhaps even competing – goals, or goals that aren’t so enjoyable? We might want to finish writing a report or assignment, then

read a few chapters of a textbook – but also go to the gym and binge a few episodes of our favourite TV show.

In such scenarios, psychological science offers some insights into how we might stay task-focused, and on track to tick more items off our to-do list.

**1** Beware the planning fallacy. This happens when we underestimate the amount of resources (such as time) it will take to reach a goal. As writer and religious thinker William Penn put it: “Time is what we want most, but what we use worst”. Think through the all the steps and time required to complete your goal.

**3** Focus on mastery. Self-concordant goals and tasks feel easier, and their underlying tasks may be less subject to forgetting. Tedious but necessary goals (such as doing the dishes or filling out forms) are less intrinsically motivating. This means planning, reminders and support become more important to goal progress.

With time being frustratingly finite, it is inevitable we will run out of time to do all of the things on our to-do list. Finding an approach that works for us will take time and effort. But it’s probably a worthy goal in itself.

**2** Monitor your progress. Incorporating goal monitoring into an activity can boost progress. And reviewing your estimations and expectations against your actual times and achievements can be used to calculate a “fudge ratio” to aid future planning. For instance, you could multiply your expected time on tasks by 1.5 to help buffer against the planning fallacy.

**4** Plan for derailments. People vary in their ability to plan and might forget to take a goal-directed action at an appropriate time. Implementation intentions bring our attention back toward our goals by linking them to an environmental marker. These simple “if-then” plans are shown to help overcome issues with self-regulation. Such a statement might be “if I see the ‘next episode’ icon appear, I will get up and turn off the TV so I can read a chapter of my textbook”.

## Finding your why

Researchers have focused a lot on the psychology of why people pursue goals – and how this affects their approach to tasks.

For example, some people want to complete a university degree because they want to get a job. Others may be more interested in developing skills or knowledge. In both cases, there is a desired outcome – albeit with differing reasons.

Our goals can be differentiated by who or what is driving them. Goals that feel like our own, and for which we experience a sense of intrinsic motivation, are known as “self-concordant”. These goals represent enduring personal interests, are aligned with values and are positively linked to wellbeing.

Goal orientation theory offers a similar perspective. Using the same example, you may study so you score well on a test (a performance goal) or because you want to be sure you develop your knowledge (a mastery goal). Mastery goals tend to lead to better results and self-regulation.

## Apple watch used to track lions heart health

Veterinarians in Australia are pioneering a new approach to wildlife health monitoring using the Apple Watches. Dr Chloe Buiting, a wildlife vet shared a fascinating video on Instagram showcasing this innovative technique.

The video shows a sedated lion with an Apple Watch strategically placed on its tongue. This “off-label” use, as Dr. Buiting describes it, highlights the potential of technology in animal conservation. The caption reads: “@apple Watch can measure a lion’s heart rate if you strap it to the tongue... a true ‘technology meets conservation’ story.”



## They’re not drunks and whores..!

He was resting at the well. I knew he’d sent his followers away, to get a much needed respite away from his busy schedule of teaching and preaching and healing. But as his head touched the side of the brick wall, a woman appeared. I knew who she was and tried to shoo her away. He was a holy man, and she a woman of low repute.

“He’s resting!” I whispered to her, “Go away and draw water from another well!” But like all women of such character, women who had no respect for reputable men like me, she did not heed my voice and went to the well, waking my sleeping Lord.

“Will you give me some water to drink?” my Lord asked.

“Lord!” I wanted to shout, “Don’t talk to her. She’s a prostitute!”

But my Lord continued his conversation with her, and soon I saw her, the Samaritan woman going away, her eyes sparkling.

“How could you, Lord!” I cried out silently.

“What did you see Bob?” asked my Lord.

“I saw a woman of low character, one who has slept with all the men in the village!”

“And I saw why she had to do that!” whispered my Lord, “That she was looking for security, and each man she turned to, used her body but gave her none! She looked for marriage, from five different men, but not one of them shared wedding vows with her! What else did you see in her eyes?”

“Lust!” I said.

“Loneliness!” sighed my Lord.

I hear sounds and see her bringing others to the man at the well. I leave my Lord and come back to the present and notice those shunned by society all around me. I see an alcoholic, and it seems I hear my Lord’s voice coming all the way from that old well, “What do you see in his eyes Bob?”

“Craving!” I whisper.

“Defeat!” says my Lord, “Rejection!”

I look around and see them; vagabonds, homeless, drug addicts, whores, all slinking away from me in shame, “Look deeper!” cries my Lord, “See what I saw in the eyes of that woman!”

I look deeper, and see despair! “Give him hope!” whispers my Lord urgently.

I see shame, “Give her confidence!” pleads my Lord.

I hear the slurred speech of a drunk, “Give him new focus!” cries my Lord. “Will you look deeper?” He asks you and me, “and stop branding them as drunks, whores, cheats and other words you’ve coined for despair and hopelessness? Will you?”

[feedback@thegoan.net](mailto:feedback@thegoan.net)

## BOB’S BANTER

BY ROBERT CLEMENTS



# Celebrating the Glorious life of St Anthony of Padua

DR. ALVARINHO J. LUIS  
THE GOAN I PANAJI

St. Anthony of Padua, a revered saint in the Catholic Church, was a well-known Franciscan teacher and preacher, often depicted holding a book, a lily, an infant Jesus, or a combination of these objects. Preaching, teaching, prophecy, knowledge, faith, healing, and kindness were his gifts.

The life of St. Anthony of Padua exemplifies the virtues every Christian should aspire to: steady courage in facing life’s challenges, a call to love and forgiveness, concern for others, adeptness in managing crises, and unwavering trust in God. Revered worldwide, St. Anthony is known for his receptiveness to all needs and his remarkable intercessory abilities.

Miracles and Traditions of St Anthony

The life of the Saint is marked by many wonders that he is called “the miracle worker.” In a family crisis, Anthony intervened when a man refused to hold his newborn, suspecting infidelity. Anthony asked the infant to reveal its true father. Unable to move its hands, the baby replied, “Here is my father!”

The reason for invoking St. Anthony’s help in finding lost items traces back to an incident in his life. Anthony had a treasured book of Psalms, which included his notes for teaching students in his Franciscan Order. A disillusioned novice took Anthony’s Psalter upon leaving the community. Anthony prayed for its return, and the novice, along with the Psalter, returned to the Order, who was welcomed back. Legend claims a devil, wielding an axe, threatened

the novice, compelling him to return the book.

Many donate to St. Anthony Bread in gratitude for blessings received through his intercession. One legend dates back to 1263, when a child named Tommasino drowned near the Basilica of St. Anthony, still under construction. The mother promised to give the poor an amount of bread equal to the child’s weight if he was restored to life. Her prayer was answered, and the boy was revived, giving rise to the tradition of St. Anthony Bread.

The story of Anthony “preaching to the fish” originated in Rimini, where heretics treated him with contempt. Anthony went to the shore of the Marecchia River and preached until a crowd of fish gathered before him. Astonished, the heretics flocked to witness this miracle. Anthony then pointed out that the fish were more receptive to his message than the heretics, which moved the people to listen to him.

In another story from Rimini, a heretic challenged Anthony to prove Christ’s presence in the Eucharist. The heretic brought out a starved mule and offered it fresh fodder. Anthony presented the monstrosity with

the Blessed Sacrament, and the mule ignored the fodder, bowing instead before the Blessed Sacrament. While dining with heretics in Italy, Anthony discovered poisoned food. Despite their challenge, he blessed and ate it, unharmed, affirming Mk (16:18) “... and if they drink any deadly thing, it will not harm them.”

During a money lender’s funeral, Anthony preached that the man’s soul suffered in hell as his heart

wasn’t in his body but in his treasure chest, fulfilling the Gospel: “For wherever your treasure

is, there will your heart be too (Mt 6:21; Lk 12:34). Opening the chest revealed the missing heart. Anthony’s unwavering courage intimidated even tough leaders. His political boldness is exemplified in his encounter with Ezzelino da Romano, a feared Ghibelline leader holding Guelph prisoners. Anthony fearlessly confronted him, urging conversion from his treacherous ways and advocating for the release of the prisoners.

A man confessed to kicking his mother to Anthony, who sternly admonished him. Overcome with remorse, the man cut off his foot. Anthony prayed and miraculously re-

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attached it, bringing joyous healing. Elsewhere, the religious asked Anthony to find water near their monastery. Upon his prayer, clean water gushed forth at his feet, which also possessed healing properties, drawing people for miraculous healings.

Various legends surround Anthony’s death on 13 June 1231 at Arcella. One claims that when he died, children cried in the streets, and church bells rang on their own. When his body was exhumed 30 years later, only his tongue remained intact, symbolising his preaching prowess. His tongue, jaw, and vocal cords are preserved relics.

Pope Gregory IX canonised Anthony in 1232, calling him the “Ark of the Testament” and the “Repository of Holy Scripture.” Anthony is often depicted holding a burning light or Scriptures. In 1946, Pope Pius XII declared him a Doctor of the Universal Church.

The Franciscans introduced Christianity to Bardez, with the construction of the church in Siolim in 1568. In a later rebuilt church along the Chapora River, St. Anthony is depicted holding a serpent on a stick, symbolising an incident where a snake bit workers and halted the construction work until a statue of St. Anthony intervened, trapping the snake. He’s revered in churches, chapels, homes for blessings. Patron saint of Brazil, Portugal, sailors, pregnant women, elderly, and horses, his thirteen miracles are honored during the Trezen. His feast is celebrated at various locations in Goa including St. Anthony’s cross, Miramar, Aquem Tolebando Chapel, Deussua Chapel, Goa Velha, Nomxint Chapel-Taleigao, and St. Anthony Church, Siolim and Monte Guirim.











» BIZ BULLETIN

India Inc looking for credit to fund capex: SBI Chief

State Bank of India Chairman Dinesh Kumar Khara has said there is a growing demand for credit from the corporate sector and loans worth Rs 5 lakh crore are in the pipeline. Unlike the past few years, when the corporates had sufficient cash surplus on their balance sheet, they have started looking for credit to fund working capital requirements and capacity expansion, he told PTI in an interview. "Now we have come to a stage where they (corporates) have started approaching banks for augmenting their capacity or for working capital purposes. Of course, this I can say with confidence because when we look at our unavailed term loan percentage, it has come down from 25 per cent to 18 per cent and when we see the working capital utilisation, even that has improved," he said.

Aurionpro Payments gets RBI nod to operate as online payment aggregator

Aurionpro Payment Solutions on Thursday said it has received Reserve Bank's nod to operate as an online payment aggregator via its payment gateway brand AuroPay. The authorisation from the apex bank enables the company to operate as an online payment aggregator to provide digital payments services to merchants across the country.

Zepto set to raise \$650 mn at \$3.5 bn valuation

Quick grocery delivery platform Zepto is geared up to raise nearly \$650 million from existing and new investors. According to sources, the funding will take Blinkit closest rival's valuation to around \$3.5 billion. Sources told IANS that Nexus and its limited partner StepStone will lead the new funding round. The company did not immediately comment on the development.

Samsung partners with Paytm

Consumer electronics brand Samsung has partnered with Paytm parent One97 Communications Ltd to integrate travel and entertainment services to Samsung Wallet in India. Through the partnership, users of Samsung Galaxy smartphones can access Paytm's suite of services, including flight and bus bookings, movie ticket purchases, and event bookings, through the digital wallet. Galaxy users using the Paytm and Paytm Insider app can add their tickets directly to Samsung Wallet using 'Add to Samsung Wallet' functionality, a company statement said on Thursday.

Trai mulls charges for existing, newly allocated numbering resources to ensure efficient use

PTI / New Delhi

Telecom regulator Trai has sought stakeholders' view on whether charges should be introduced for existing and newly allocated numbering resources to ensure their judicious and efficient use. The Telecom Regulatory Authority of India (Trai) has also hinted it would consider imposition of financial disincentive for telecom service providers who retain allocated numbers that lay unutilised beyond a set timeframe, and sought stakeholder

views on the issue. Trai in its recent consultation paper - 'Revision of National Numbering Plan' - has asserted that numbers represent an exceedingly valuable public resource which is not infinite.

As of now, telecommunication identifier (TI) resources for both mobile and fixed-line services are allocated to service providers free of charge. The ownership of the numbering space resides with the government, granting service providers usage rights over the designated number resource during

Mercedes Benz to make ₹3,000 cr investment in Maharashtra: Min

PTI / New Delhi



German car-maker Mercedes Benz will make an investment of Rs 3,000 crore in Maharashtra, The development state Industries Minister Uday Samant said on Thursday. In a post on X, Samant said while on a tour of Germany, he met top executives of Mercedes Benz on Thursday and discussed investment opportunities in the state. "Mercedes Benz will invest Rs

3,000 crore in Maharashtra this year. This will help create employment opportunities in the state," he said.

The development ment could give a shot in the arm, ahead of assembly elections, to the Shiv Sena-BJP-NCP government which has been battling charges from the opposition that Maharashtra is losing big-ticket industrial projects to other states including Gujarat.

Dr. Rahul Raghunath Patil, Deputy FA & CAO, Pune achieves sucess in Comrades Marathon South Africa



Dr. Rahul Raghunath Patil, Dy. Finance Advisor & Chief Accounts Officer (Const.), Pune has achieved glorious sucess in one of the toughest marathons in the world, Comrades Marathon, 87km. Comrades marathon is started in 1921, from Durban to Petermeritzberg uphill Run covering distance of 87 kms. and eleavtion of 1800 Metres. Comrades Marathon is the oldest marathon. Dr Rahul Completed this marathon in 9 hrs 59 minutes and got prestigious Robert Mithsali medal. He is the first from

Railway account service to finish this race. 20000 runners form different countries participated in this marathon and is the largest marathon in the world. He has participated in 30 half 2 full and 5 ultra marathons. He has covered distance of more than 5000 km in running and around 10000 km in cycling in last five years. Dr Rahul has completed Ironman 70.3 Astana, Kazakhstan in 6 hrs 59 min and stood first in Deccan difhanger cycling race from Pune to Goa 644 km in relay category.

AMBUJA CEMENTS ACQUIRES PENNA CEMENT FOR ₹10,422 CR

PTI / New Delhi

Billionaire Gautam Adani-led Adani Group on Thursday said it will acquire Hyderabad-based Penna Cement at an enterprise value of Rs 10,422 crore, which will add 14 million tonnes of annual capacity to the country's second largest cement manufacturer.

The deal will increase Adani's market share in cement in southern India and give an entry into Sri Lanka, where Penna Cement Industries Ltd (PCIL) operates a unit through a local subsidiary. Besides, this deal will also provide sufficient limestone reserves to the growth-hungry Adani group firm, which is aspiring to achieve a 140 MTPA (million tonnes per annum) capacity by FY28.

A binding agreement for the acquisition has been signed and Ambuja Cements, an Adani group firm, will acquire 100 per cent shares of PCIL from its existing promoter group P Pratap Reddy and family, said a state-



ment.

After the acquisition, the total production capacity of Adani Cement would climb up to 89 MTPA, it added.

"This acquisition will be fully funded through internal accruals," said Ambuja Cements.

Ambuja Cements CEO & Whole Time Director Ajay Kapur said it is a "significant step" forward in the company's accelerating growth

journey.

"By acquiring PCIL, Ambuja is poised to expand its market presence in south India and reinforce its position as a pan-India leader in the cement industry," he said.

PCIL has 14 MTPA cement capacity in Andhra Pradesh, Telangana, and Rajasthan, of which 10 MTPA is operational, and the remaining is under-construction at Krishnapatnam (2 MTPA) and Jodhpur (2 MTPA) and will be completed within 6 to 12 months, it added.

The deal 'strengthens Adani Cement's sea transportation logistics with five bulk cement terminals at Kolkata, Gopalpur, Karaikal, Kochi and Colombo to serve peninsular India." Besides, the acquisition will also improve Adani Cement's market share pan-India by 2 per cent and 8 per cent in south India, it added. The company expects to complete the acquisition "within 3-4 months", however said it will be subject to necessary government/regulatory approvals.

Jio Satellite Communications seeks trial spectrum after IN-Space clearance

PTI / New Delhi

Jio Satellite Communications has sought spectrum from the Department of Telecom (DoT) to start trial of satellite broadband services following authorisation granted by In-Space, sources aware of the development said.

The Department of Telecom has already granted satellite communication service licence GMPCS and internet service provider licence to Jio Satellite Communications. "Jio Satellite Communications has applied for trial to spectrum last month. The commercial rollout will start once the government finalises spectrum for satellite communication," a source told PTI.

Reliance Industries Group

Renee Cosmetics raises ₹100 crore

PTI / New Delhi

Beauty brand Renee Cosmetics on Thursday said it has raised Rs 100 crore fund led by existing investors Evolve India and Edelweiss Group.

The company's valuation has reached up to Rs 1,400 crore after the recent fundraising, which is 60 per cent higher than the Rs 850 crore raised during the last funding round in December 2022, according to a statement. So far, the company has raised a total of USD 45 million in funding from external investors, it said.

"This funding round will enable us to push the boundaries of beauty innovation and reach new heights in delivering products that encourage and celebrate diverse beauty," its co-founder and director Ashutosh Valani said.

After the funding, the company can introduce more products, and also wants to increase its omnichannel presence, its co-founder Priyanka Shah said.

AWS offers \$230 million in Cloud credits to generative AI startups

IANs / New Delhi

Amazon Web Services (AWS) on Thursday announced a \$230 million commitment in Cloud credits to generative AI startups and the expansion of the global Generative AI Accelerator, which is aimed at helping 80 founders and innovators (including 20 from Asia-Pacific and Japan).

Over the course of the 10-week global programme, which kicks off on October 1, founders of selected generative AI startups will receive up to \$1 million in AWS credits, business and technical mentorship within founders' industries and networking opportunities with industry experts.

The applications for the AWS Generative AI Accelerator are open and will be accepted till July 19. The Amazon-owned company also announced the launch of new AWS Generative AI Spotlight programme in Asia Pacific and Japan (APJ), a four-week initiative to nurture pre-seed and seed-stage ready startups in the region who are building genera-



tive AI applications.

The programme will select up to 120 pre-seed and seed-stage ready startups across the region, including 40 from India, the company said in a statement.

"These two complementary accelerator programmes will help startups at various stages of growth in the APJ region to drive innovations on our generative AI stack," said Matt Taylor, Head of Startups Solutions Architecture, APJ at AWS.

In India, AWS is collaborating with venture capital firm Accel for the Generative AI Spotlight programme. Last year, AWS collaborated with Accel to launch 'ML Elevate 2023', a six-week accelerator programme that supported 35 generative AI startups in India.

CHAIRMAN N CHANDRASEKARAN SAYS

'TCPL aspires to be a full-fledged FMCG Co, to double capex to ₹785 cr in FY25'

PTI / New Delhi

Tata Consumer Products Ltd is aiming to become a full-fledged FMCG company with plans to enter new categories and has more than doubled its capex to Rs 785 crore for FY25, primarily on a new plant in Vietnam, company Chairman N Chandrasekaran said on Thursday.

Responding to shareholders' queries at the company's annual general meeting, Chan-

drasekaran -- also the Tata Sons Chairman -- said the company will consider further acquisitions to fuel growth depending on the financial viability and growth opportunity.

Millet is an area the company wants to focus and introduce more products, he said.

Asked if the company will be focused only on beverages and foods, or if it would become a full-fledged FMCG company, Chandrasekaran said, "The plan is to



become a full-fledged FMCG company." "So what is the next segment? What are the next few seg-

FAME 3 in the Works: New Incentives for EVs

BY TEJI MANDI



As the NDA government enters its third term, one of its first major initiatives will be launching the third edition of the FAME (Faster Adoption and Manufacturing of Electric Vehicles) scheme, with a substantial outlay of Rs 10,000 crores. The FAME scheme aims to enhance local manufacturing and sales of electric vehicles by offering demand incentives to customers. Let's explore the key aspects of the FAME 3 scheme and understand how it will accelerate the adoption of electric vehicles in India's automotive sector.

What's Happening?

In its ongoing efforts to decarbonise the transport sector and promote electric vehicles, the government is all set to launch the third phase of the flagship EV incentive scheme, FAME, with a budget exceeding Rs 10,000 crores. In this year's interim budget, the finance minister allocated Rs 2,671.33 crores for the FAME III scheme. The new government is expected to make detailed announcements in the main budget, scheduled for July 2024.

Brief History of the FAME Scheme



The FAME India scheme was first launched on April 1, 2015, with a total outlay of Rs 895 crores. The FAME II scheme, introduced in 2019 with a budget of Rs 10,000 crores for three years, aimed to support the adoption of 7,000 e-buses, five lakh e-3 wheelers,

Teji Manti (TM Investment Technologies Pvt Ltd) is a SEBI registered Research Analyst (RA). Information in this article should not be construed as investment advice. Please visit [www.tejimandi.com](http://www.tejimandi.com) to know more.

Rajib Kumar Mishra ceases to be chairman of PFS, CMD of PTC India after Sebi's order

PTI / New Delhi

Rajib Kumar Mishra ceased to be chairman of PTC India Financial Services Ltd (PFS) as well as CMD of PTC India Ltd following the order passed by markets regulator Sebi that restrained him from holding the director's post for six months, the two companies said on Thursday.

PFS, promoted by PTC India Ltd, is a non-deposit-taking NBFC classified as an infrastructure finance company. Mishra held office in PFS in the capacity of chairman and non-executive director and was also holding the position of Chairman & Managing Director of PTC India Ltd.

"Pursuant to...regulatory order issued by Sebi, Rajib Kumar Mishra ceases to be the chairman, non-executive director of the company with effect from the



date of issue of the said order i.e. June 12, 2024," PFS said in a regulatory filing to the stock exchanges.

In a separate filing, PTC India said that Mishra ceased to be in his position in the company with effect from the date of the order.

On Wednesday, the regulator prohibited Mishra from "holding any position of director or key managerial personnel in any listed company or any intermediary registered with Sebi or associat-

ing himself with any listed public company or a public company which intends to raise money from the public or any intermediary registered with Sebi, in any capacity, for a period of six months" for corporate governance lapses at PFS.

Also, Sebi slapped a fine of Rs 10 lakh on him.

Apart from Mishra, the watchdog prohibited the company's former MD and CEO Pawan Singh from holding the post of director in any listed company for two years and also imposed a penalty of Rs 25 lakh on him. In its order, Sebi noted that Pawan Singh had "grossly misused" his position as the MD and CEO of PFS to prevent Ratnesh from joining as Whole Time Director (Finance) and Chief Financial Officer (CFO), which was approved by the company's board.

NCLT directs Byju's to keep status quo on shareholding

FPJ BUREAU / Mumbai



The National Company Law Tribunal (NCLT) Bengaluru on Wednesday told edtech firm Byju's to maintain the status quo with regard to existing shareholders and their shareholding. Business Standard reported.

"Status quo with regard to existing shareholders and their shareholding shall be maintained till the disposal of the main petition," the order that was made available on June 13 said.

This means that Byju's is restricted from issuing shares and using funds raised from a \$200 million rights issue until the tribunal decides the matter.

The matter will be heard on July 4.

The second rights issue started on May 13 and was to end on June 13. With that, Byju's won't be allowed to utilise any funds that it has so far collected from the second rights issue and the amount from the second rights issue will be deposited in a separate account.

India's consumer market represents a long-term structural opportunity, driven by population, a growing middle class, rapid urbanisation, increasing disposable incomes and raising aspirations, Tata Consumer Products Ltd Chairman N Chandrasekaran said on Thursday.

The Tata group's FMCG arm is well positioned to capitalise on the significant opportunity, he said, while addressing the AGM of TCPL.

ments that we will enter? I can't answer it now. There are many things on the table."

Replying to a question about the acquisition, Chandrasekaran said the company is always looking for such opportunities.

"I can not say about any specific acquisitions, but the company always looks for acquisitions, but we have been more in looking at health-oriented and, and food products, but also other other products," he said.



Gardening tips

A guide to growing vegetables indoors

**SAVITHA B**

Growing vegetables indoors is an increasingly popular practice, particularly for urban dwellers, those with limited outdoor space, or anyone interested in sustainable living. With the right conditions and care, you can successfully cultivate a variety of vegetables indoors. This guide explores the benefits, challenges, and practical tips for growing specific vegetables indoors.

- Hot Peppers**

Hot peppers are another excellent choice for indoor gardening, offering both aesthetic appeal and culinary versatility. They can add a spicy kick to your dishes and a splash of color to your indoor space. Use pots that are at least 8-10 inches in diameter with well-draining soil enriched with organic matter. They need 6-8 hours of direct sunlight or grow lights. Water regularly, letting the top inch of soil dry out between waterings, and maintain a warm environment of 70-80°F (21-27°C).
- Tomatoes**

Tomatoes are a popular choice for indoor gardening due to their versatility and the rewarding nature of their fruit. While they require a bit more attention, the effort is well worth it. Use large containers, at least 12 inches in diameter, filled with high-quality potting soil and organic matter. Tomatoes need 14-18 hours of light daily, so use grow lights if necessary. Maintain consistent moisture with good drainage and use stakes or cages to support the plants as they grow and bear fruit.
- Challenges of growing vegetables indoors**

Keep these challenges in mind as you nurture your indoor plants:

  - **Light:** Most vegetables require substantial light for photosynthesis. Natural light might not be sufficient, necessitating artificial grow lights.
  - **Space:** Indoor spaces may limit the number and size of plants you can grow.
  - **Temperature and humidity:** Maintaining the right temperature and humidity levels can be challenging but is crucial for plant health.
  - **Pollination:** Indoor plants may need manual pollination for fruiting vegetables like tomatoes and peppers.

**Lettuce**

Lettuce is one of the easiest and fastest-growing vegetables for indoor gardening. It's a great choice for beginners and can provide fresh, leafy greens for your salads and sandwiches. Shallow pots or trays with good drainage work best, along with a light, nutrient-rich potting mix. Provide around 12 hours of indirect light daily. Keep the soil consistently moist but not soggy. Harvest leaves as needed by snipping them off, allowing the plant to continue producing more.



**Carrots**

Carrots are a root vegetable that can be surprisingly easy to grow indoors. The key to successful indoor carrot cultivation is selecting the right variety and providing the appropriate growing conditions. Use deep containers, at least 12 inches, filled with loose, well-draining soil. Carrots need 12-16 hours of light daily, so place them near a sunny window or use grow lights. Keep the soil consistently moist but not waterlogged to avoid root rot.

**NEETA SENACHA**

The skincare industry is booming worldwide, with new products appearing on the shelves daily, from cosmetics to supplements. The pressure from social media and advertisements is creating unrealistic expectations about how our skin should look. Besides following elaborate skincare routines, many people are now consuming an excess of vitamins and minerals that claim to enhance skin health. While maintaining healthy, glowing skin is a priority for many, we often overlook the significant roles that diet and lifestyle play. Let's explore what science says about using supplements for skin health and debunk some common skincare myths.

**Collagen**

Collagen supplements have gained immense popularity for their purported benefits in reducing wrinkles and improving skin hydration. Collagen is a structural protein that provides elasticity and strength to the skin. As we age, our body's collagen production decreases, leading to signs of aging.

**The flipside:** While studies show that collagen supplements may improve skin elasticity and hydration, they are not a magic bullet. A balanced diet rich in protein from sources like chicken, fish, beans, and eggs can help support your body's natural collagen production.

Do you really need supplements for better skin?

Know the flipside



**Vitamin C**

Vitamin C is a powerful antioxidant that helps protect the skin from oxidative stress and supports collagen synthesis. It is often included in skin care supplements for its potential to brighten skin and reduce the appearance of fine lines.

**The flipside:** You can boost your vitamin C intake through your diet by consuming fruits and vegetables like oranges, strawberries, bell peppers, and broccoli. Topical vitamin C serums are also effective in delivering this nutrient directly to the skin.

**Biotin**

Biotin, or vitamin B7, is often touted for its benefits to hair, skin, and nails. It plays a role in the health of your skin by supporting the function of enzymes involved in fat metabolism.

**The flipside:** Biotin deficiencies are rare, and most people get enough biotin from their diet. Foods such as eggs, nuts, seeds, and leafy greens are excellent sources of biotin. Over-supplementation can lead to imbalances and potential skin issues.

**Omega-3 fatty acids**

Omega-3 fatty acids, found in fish oil supplements, are known for their anti-inflammatory properties. They can help manage conditions like acne and psoriasis by reducing inflammation.

**The flipside:** Instead of relying solely on supplements, you can boost your omega-3 intake by consuming fatty fish like salmon, mackerel, and sardines, or plant-based sources like flaxseeds, chia seeds, and walnuts. A diet rich in these foods can provide the benefits of omega-3s without the need for supplementation.

**Probiotics**

Probiotics, the beneficial bacteria found in supplements and fermented foods, are praised for their ability to improve gut health, which in turn can impact skin health. They may help manage conditions like acne and eczema by balancing the gut microbiome.

**The flipside:** Incorporating probiotic-rich foods like yogurt, kefir, sauerkraut, and kimchi into your diet can provide similar benefits without the need for supplements. A healthy gut is best maintained through a diet rich in fiber and fermented foods.

**So, are supplements necessary for healthy skin?**

Even though supplements can help improve certain skin conditions, such as acne, and are necessary for people who don't or can't get enough nutrients from their diet, they're not usually necessary for skin health. The truth is, when it comes to skin care, supplements can't take the place of a nutritious diet. If you're generally healthy and simply want to take care of your skin from the inside out, take a look at your diet to see what is missing.

**To maintain skin health, try your best to:**

- **Maintain optimal hydration:** Drink plenty of water throughout the day.
- **Eat plenty of fruits and vegetables:** These are rich in vitamins, minerals, and antioxidants that support skin health.
- **Limit sugary and ultra-processed foods:** These foods are linked to poor skin health and can exacerbate conditions like acne.
- **Include healthy sources of fat and protein:** Incorporate foods like avocados, nuts, seeds, fish, and lean meats into your diet.

Anosmia (Loss of smell): Causes, complications and treatment

**AMRITHA K**

The sense of smell is something all of us take for granted - well why shouldn't one (and that's where you are wrong). Losing the sense of smell can be quite difficult, where you would not be able to sense the smell of anything and in medical terms, the condition is termed as anosmia. Anosmia is the partial or complete loss of the sense of smell, which can be temporary or permanent. The condition is not life-threatening but can pose massive limitations in the life of an individual affected by it. Individuals affected by anosmia may not be able to fully taste foods. This, in turn, can lead to healthy weight loss and malnutrition, as well as irritation and sadness with the way the condition is affecting one's quality of life.

**Causes of anosmia**

Nasal congestion from a cold, allergy, sinus infection or poor air quality is the most common cause of the condition. Apart from the aforementioned, the following also causes anosmia.

- Injury to the nose and smell nerves from surgery / head trauma
- Old age
- Alzheimer's disease
- Parkinson's disease
- Multiple sclerosis
- Nutritional deficiencies
- Congenital conditions
- Hormonal disturbances
- Certain medications such as heart medications, antibiotics, anti-inflammatory medication, antidepressants
- Exposure to toxic chemicals, such as pesticides or solvents
- Nasal polyps
- Radiation treatment of head & neck cancers
- Cocaine abuse
- Bony deformity inside your nose
- Acute sinusitis (sinus infection)
- Common cold
- Hay fever
- Zinc deficiency
- Schizophrenia
- Influenza (flu)
- Non-allergic rhinitis
- Huntington's disease

**Symptoms of anosmia**

The sign which indicates that one has developed this condition is obvious - the loss of smell. For some people, a change in the way things smell can be noticed in the initial stages of the condition.

**Complications of anosmia**

With the loss of the sense of smell, life can get quite difficult for individuals affected by the condition. Some of the complications related to the condition are as follows:

- Lack of appetite
- Unhealthy weight loss
- Malnutrition
- Depression

**Diagnosis of anosmia**

Loss of smell caused by colds, allergies or sinus infections usually clears up on its own after a few days, but if it doesn't, you must consult a doctor immediately. The doctor will check for a polyp or growth, which may be impairing your ability to smell. They will also check for the possibilities of infections. Sometimes a CT scan will be advised.

The causes of anosmia, as aforementioned, can be classified into different groups depending upon the location or part of the body affected by it and the classifications are as follows:

- Damage to your brain or nerves
- Obstructions of your nasal passages
- Irritation to the mucous membranes lining the nose

**Treatment for anosmia**

The medical care provided for the condition will be dependent on the cause. As mentioned before, if the loss of smell occurs with a cold, allergy, or sinus infection, it typically will clear up on its own in a few days. Treatments that can help relieve anosmia caused by nasal irritation include the following:

- Antibiotics
- Decongestants
- Antihistamines
- Steroid nasal sprays

If the condition is caused by polyps, surgery would be required - which will help in removing the obstruction causing the blockage of smell. Some of the other means of treatment used for relieving the condition are reducing exposure to nasal irritants and allergens and cessation of smoking.

Know about the social stigma against viral hepatitis

**DR AMEET MANDOT**

Head - Department of Adult Hepatology and Liver Transplantation, Gleneagles hospital, Parel

The liver is responsible for removing toxins from the blood, storing vitamins, and hormone production. Viral hepatitis tends to disrupt the function of the liver owing to which one can encounter various problems. Are you aware? 5 viruses that lead to viral hepatitis are A, B, C, D, and E. When it comes to transmission, Hepatitis A and E can be acquired through contaminated food or water, while hepatitis B and C are transmitted through blood or bodily fluids. Hepatitis D can only infect those who are infected with hepatitis B. It is the need of the hour to take enough precautions to keep viral hepatitis at bay. Moreover, many patients with viral hepatitis tend to suffer in silence owing to the stigma attached to it.

The social stigma surrounding viral hepatitis persists, despite advancements in treatment options. Individuals with hepatitis often face discrimination and misunderstanding, leading to feelings of isolation and shame. This stigma is fueled by misconceptions that the virus is highly contagious or solely transmitted through risky behaviors, such as drug use or unsafe sexual practices. Viral hepatitis can be transmitted via blood transfusions or even during childbirth. By breaking stereotypes and misinformation about the disease, it is essential to help one improve his/her quality of life. It's crucial to challenge these misconceptions and educate the public on the facts about viral hepatitis to promote empathy and support for individuals affected by this condition. One common taboo is the association of hepatitis with lifestyle choices or personal behavior, leading to stigma and discrimination against those affected. This harmful stereotype not only impacts efforts to raise awareness and promote prevention but also creates barriers for individuals seeking testing and even treatment. The misconceptions can have detrimental effects on their mental health and overall well-being.

It is crucial to challenge these taboos surrounding viral hepatitis through education, advocacy, and destigmatization efforts. By fostering open conversations, debunking myths, and giving accurate information about the disease, it is possible to create a more inclusive and supportive environment for those affected by hepatitis. Breaking down these taboos is essential to ensure that everyone has access to proper care, support, and resources for managing this serious health condition.

Guidelines for weaning: Transitioning from breastfeeding to solid food

**Signs baby that your baby is ready to wean from breastfeeding**

- When your baby starts to sit without any support or can balance their head on their own.
- They can swallow breast milk without throwing up.
- When they seem least interested or become cranky and fussy while being feed.
- The feeding time gets shorter over time.
- Curious when the family members are eating food, and trying to grab food from your plate.
- Constantly chewing their thumb or fingers.
- The baby is sucking the breast for comfort but isn't drawing out the milk.

**Approaches to start feeding solid food**

- **At the right age:** Parents or family members are advised not to be in too hurry and to start early weaning. It could lead to several health issues and concerns in the baby such as asthma, digestive problems like loose stool, constipation or gas, obesity, and allergic reactions. Parents should wait for the right time and the right age to start feeding solid food. The ideal age to start complementary feed is 6 months but in selected cases pediatricians consider early initiation at 4 months.
- **Please do not focus on quantity:** In the initial days, parents should focus more on feeding the right quantity of food instead of force-feeding them. The goal should be to make them eat and not how much they are eating. Once they get used to the idea of eating solid food and get habituated, eating will become interesting. Force-feeding or overeating could lead to vomiting right after eating, getting constipated, or experiencing loose motions.

**DR. SANJU SIDARADDI**

Consultant - Pediatrician and Neonatologist, Motherhood Hospitals, Kharghar, Navi Mumbai

- **Don't go cold turkey with breastfeeding:** Mothers are advised not to abruptly stop breastfeeding their babies, it is essential to give them space and time to get used to this new transition in their lives. Going cold shoulders can make them cranky and fussy throughout the day which can ruin the whole family environment as well as their health. Instead, shorten their nursing time gradually, or just spoon-feed or bottle-feed them for the whole day and only breastfeed them at night, this can help create a habit.

**The last word:**

After starting with solids, parents or family members are advised to pay close attention to the baby after every meal for any signs of indigestion or allergic reaction. It can be very normal for them to be fussy and reject solids at first, but it is also important to not force feed. Weaning is considered one of the significant changes that the baby undergoes which resembles growth and development. Consulting a pediatrician can help get personalized medical guidance and diet plans for the baby according to the body's nutritional requirements and needs.



# LOVE REVISITED

The makers launched the trailer at an event in presence of the film's cast and others in Mumbai

**SAGARIKA CHOUDHARY**

The trailer of Ajay Devgn and Tabu's much-awaited 'timeless romance' *Auron Mein Kahan Dum Tha* was released by the makers on Thursday and at the event, the lead stars shared their idea of love and romance with the audience. *The Free Press Journal* was present at the event.

In the trailer, Ajay and Tabu's characters can be seen getting separated due to circumstances in their youth only for the romance to get rekindled when they meet each other 22 years later. Ajay feels that though the times have changed, the feeling of love is still the same. "Love in 2024 is the same as how it was in the past decades. Just the way of expression has changed but the feelings are still the same. The whole process has been the same ever since humanity exists," he shared.

He went on to say, "As we age, our feelings become even more intense. We feel more deeply, more passionately. A lot of times you realise and cherish your true feelings after a certain age when that rush of youth washes away."

Asserting how people have finally started accepting love irrespective of age, Tabu added, "Today, we see society has become more accepting of love, especially after a certain age. Our movies are a reflection of society. So as and when the society changes, we try to imbibe the same in our films too so that the audience can relate better. The notion that one can fall in love only until a certain age is fading away and people are finally accepting that love can happen between people of any age group."

"If we say that romance only happens for a certain age group then its entire definition changes. I believe there's no barrier when it comes to love and relationships. And these relationships have often played the main characters in our cinema. There's so much to explore on the screen through storytelling when it comes to love and relationships and the dy-

namics between two people," she averred. Director Neeraj Pandey, who has films like *MS Dhoni, Special 26* and *Baby* among others to his credit, revealed that helming a love story was always on his bucket list. "The first film that I wanted to make 16 years ago was a love story, but unfortunately, no producer supported me back then. But I'm happy that after 16 years I can finally make a love story and that too with such a stellar cast," he shared.

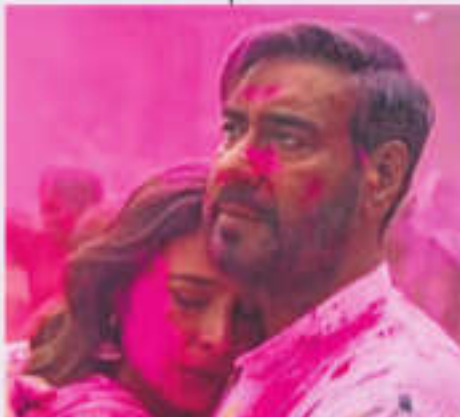
Ajay also added how he was apprehensive of *Auron Mein Kahan Dum Tha*'s box office collection but it was Neeraj who convinced him to light the green signal. "When Neeraj had narrated the script to me, I loved it but before giving my nod, I remember telling him that the story is great but I'm not sure about the box office. But he asked me to not worry about it and said he'll handle it, and thus, I said yes to the film," he said.

Highlighting the importance of experimenting in cinema, Ajay added, "The doubt whether a film will work financially or not is always there but it's important that we go against the trend and do something different. I've been doing it since the time no one else would do it, and the things I learnt back then help me a lot to this day."

Besides Ajay and Tabu, *Auron Mein Kahan Dum Tha* also stars Shantanu Maheshwari and Saiee Manjrekar in key roles, and for both the youngsters, the film was nothing short of a learning experience. The music of the film has been composed by Oscar winner, MM Kreem. *Auron Mein Kahan Dum Tha* will hit the silver screens on July 5, 2024.



Director Neeraj Pandey



A still from the film



PIC: VARINDER CHAWLA

# SEQUEL ALERT

Sunny Deol to return with *Border 2*, the sequel to India's most loved war epic

CJ DESK

Director J P Dutta's cult classic *Border* completed 27 years on Thursday and actor Sunny Deol treated fans with a big surprise by announcing a sequel of *Border 2*.

Taking to Instagram, Sunny dropped an announcement post. In the post, he says, "*27 saal pehle ek fauji ne vada kiya tha ki vo vapas aayega. Ussi vaade ko poora karne, hindustan ki miitti ko apna salaam kehne, aa raha hai* (Twenty-seven years ago, a soldier made a promise that he would return. To fulfill that promise, to salute the soil of India, he is coming), loosely translated.

Sharing the post, he wrote, "*Ek fauji apne 27 saal purane waade ko pura karne, aa raha hai phirse*. India's biggest war film, *#Border2*. Produced by Bhushan Kumar, Krishan Kumar, JP Dutta & Nidhi Dutta will be directed by Anurag Singh." As soon as he shared this exciting news, fans and industry members chimed in the comment section.

Sunny's sister Esha Deol reacted with evil eye emoji.

*Border 2* is written by Nidhi Dutta and produced by Bhushan Kumar and Krishan Kumar and JP Dutta and Nidhi Dutta. It will be directed by Anurag Singh.

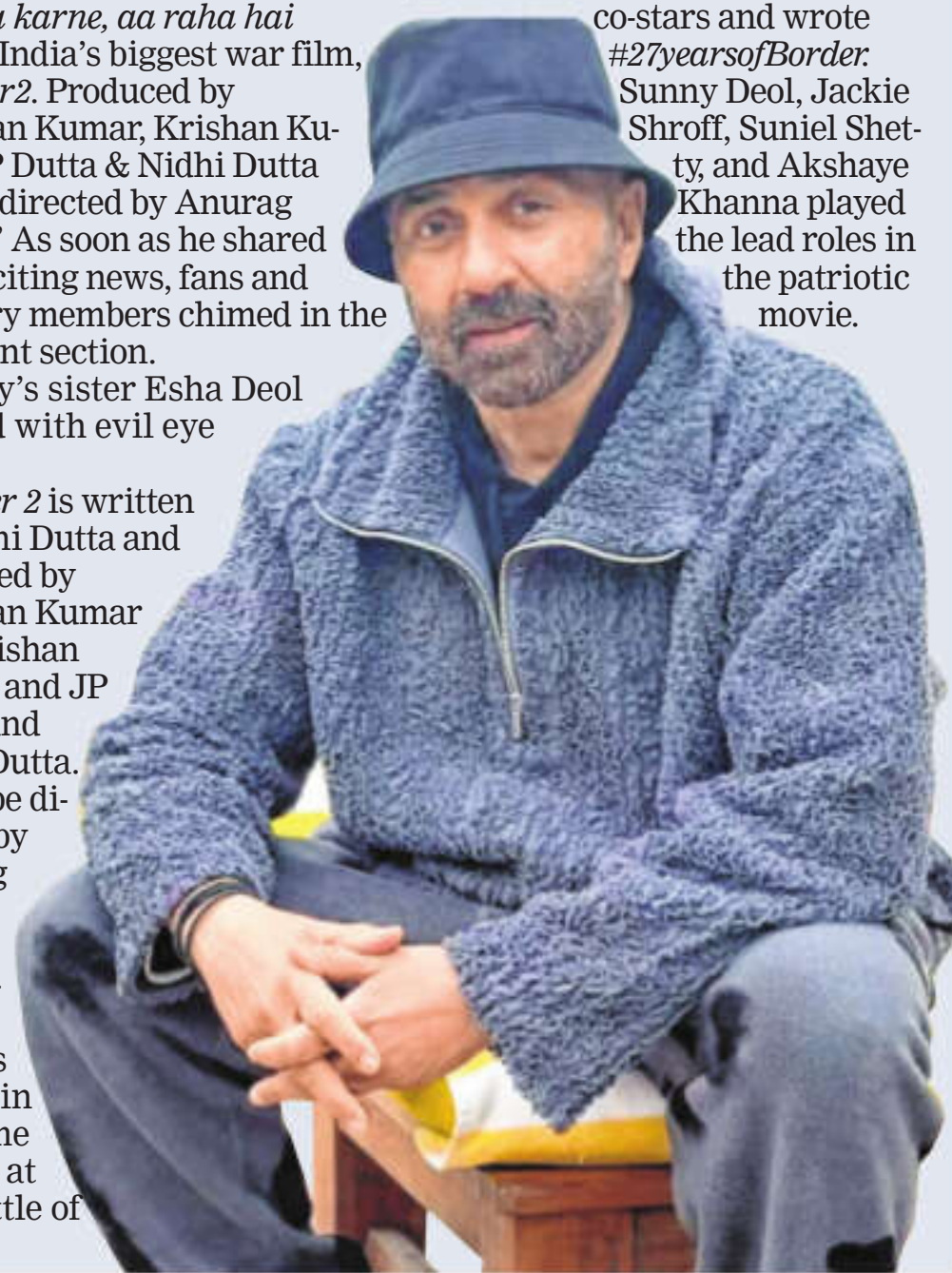
Reportedly, the story is placed in the same setting at the Battle of



A still from Border

Longewala and will start shooting sometime in October this year. Released in 1997, *Border* is set during the period of the India-Pakistan war of 1971. Meanwhile, actor Jackie Shroff also dropped a post on social media. Recalling his acting stint in the movie, Jackie posted a clip featuring his scene on his Instagram stories.

Sharing the post, he tagged his co-stars and wrote *#27yearsofBorder*. Sunny Deol, Jackie Shroff, Suniel Shetty, and Akshaye Khanna played the lead roles in the patriotic movie.



PICS: VARINDER CHAWLA

# Hard work pays off

Gurmeet Choudhary to participate in national sprinting competition

**CJ DESK**

Actor Gurmeet Choudhary is all set for his OTT debut with *Commander Karan Saxena*. The actor has treated fans with some amazing news and updates about participation in a national sprinting competition.

He expressed his excitement by sharing a preparation post, in which he is seen running. Sharing the news on platform X, he wrote, "Thrilled to share that I got selected for the national sprinting competition! While preparing for *Commander Karan Saxena*, I worked so hard, training morning, afternoon, and evening. Seeing the teaser on air now makes me feel proud of myself. It's all about hard work, dedication, and consistency. There's some magic in the word 'commander' itself. Nevertheless, I'm off to nationals—wish me luck! *Jai Hind*."

Gurmeet has inspired fans with his intense hard work. The teaser of Gurmeet Choudhary and Iqbal Khan starrer *Commander Karan Saxena* was unveiled on Monday. The plot revolves around a RAW agent unravelling a high-stakes mystery amidst political intrigue and betrayal. It is directed by Jatin Wagle, and produced by Rajeshwar Nair and Krishnan Iyer and is written by Amit Khan. It is set to stream from July 8 on OTT platform.

SHEFALI FERNANDES

The highly anticipated trailer of *Kill* was unveiled at a grand launch in Mumbai on Wednesday, with *The Free Press Journal* in attendance. The film marks the Bollywood debut of newcomer Lakshya Lalwani and features TV personality and choreographer Raghav Juyal as the antagonist, alongside Tanya Maniktala.

Expressing gratitude to producers Karan Johar and Guneet Monga, Lakshya said, "It's been 9 years since I came to Bombay and my dream was to become a film star one day and it will be with Dharma Productions."

Lakshya, who has been a part of several television shows, talked about his transition to the movies and called it 'special'. He said, "I still can't believe that all this is happening around me. I have worked in TV for six years, but ultimately, the goal was to become a film star one day. I am new to this and I think I almost cried. I couldn't understand that this is how it feels on such a big screen."

Raghav Juyal added, "I came here to become a back dancer. I'm getting all the bonuses right now. It's been 13 years since I've been here. I can tell people that I can act. However, I've done dance, choreographed, and hosted. This is a new experience."

When Karan was asked about Lakshya being cast for *Kill*, he said, "As a filmmaker, I think it is very important to hone your instinct. Everything I have ever done in my career, right or wrong, has al-



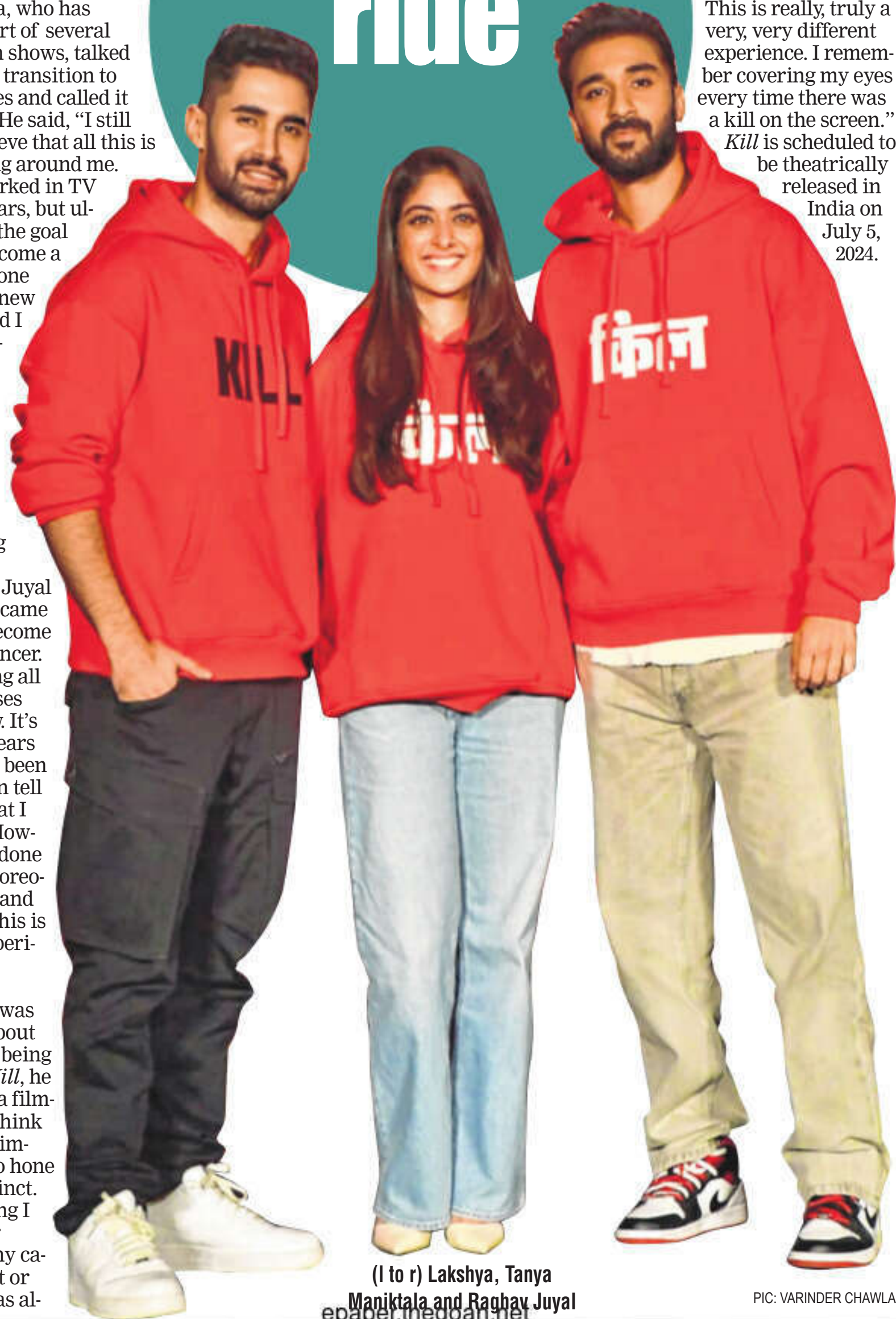
A still from Kill

ways been born out of instinct. When I saw his audition, it was immediately. In two minutes, I knew we were going to do something solid and special with him. I had not seen anything of his on TV. I saw the two-and-a-half-minute audition and I was like, 'We have to cast him'. It was just an instinct. I remember feeling that instinct when I auditioned Alia (Bhatt) for *Student Of The Year*."

Guneet Monga revealed that the film required close to 150 litres of fake blood to accommodate all the intense action.

Karan added, "Those who have seen my trajectory as a filmmaker, where the only action I've had in my film has been a tight slap. This is really, truly a very, very different experience. I remember covering my eyes every time there was a kill on the screen."

*Kill* is scheduled to be theatrically released in India on July 5, 2024.



(l to r) Lakshya, Tanya Maniktala and Raghav Juyal

PIC: VARINDER CHAWLA

# CAUGHT ON CAM



The cast and several other celebrities marked their presence at the special screening of *Kudi Haryane Val Di* in Mumbai on Wednesday

Ammy Virk

Sunny Singh

Sonam Bajwa

Geeta Basra







