



doc: It's unbearable



MOSLEY MYSTERY: NEW AGONY

# Wife of missing T By ED SOUTHGATE, in Symi THE wife of missing TV doctor Michael Mosley last night described the past few days as "unbearable" for his family. Dr Clare Bailey, 62, issued a statement after CCTV showed her husband, 67, walking with an umbrella in searing heat on the Greek island of Symi.

Full Story - Pages 4 and 5

#### PARTIES' BIG POLICY CLASH

By KATE FERGUSON

RISHI Sunak will look get his election campaign back track with a manifesto vow to slash £12bil-

lion a year off the bloated welfare bill.

The PM told The Sun on Sunday he is on a "moral mission" to end the scandalous "waste of potential" of Brits languishing on welfare.

But Labour's Rachel Reeves hit back, saying Brits cannot trust Mr Sunak as he is taking "the same approach as Jeremy Corbyn".

The shadow chancellor makes an "iron clad" manifesto commitment not to raise income tax, national insurance or VAT.

The Tories and Labour go to war this week as they both launch make or break election manifestos.

Writing exclusively in The Sun on Sunday, the pair do battle over tax and welfare.

Mr Sunak unveils a crack-down on welfare to get Brits back to work, wean the country off immigration and save billions in taxes.

He writes: "I won't accept more and more of our young people being parked on benefits, this wouldn't be right or fair."

The number of Brits off sick has rocketed up 800,000 to 2.8 million since the pandemic. The benefits bill is set to rise £2lbillion to hit £90billion within five years unless action is taken.

The PM added: "Tony Blair and Gordon Brown might have been prepared to place large numbers of people on out of work benefits while importing foreign workers. I am not. I want to reduce immigration every year and

I won't accept more young people parked on benefits

- RISHI SUNAK

He is taking the same approach as Jeremy Corbyn - RACHEL REEVES

that means we must get our own people back to work."

The welfare plan includes looking at how to replace some disability cash benefits – known as PIP – with other support and treatment. People who can work but refuse for 12 months will be stripped of benefits. A new crackdown on benefit fraud will also be launched.

Responsibility for signing

Responsibility for signing off sick notes will be moved from GPs to specialists. The

Tories will also unveil a promise to abolish National Insurance Tax on workers eventually — although they will not set a date on when. They will also vow to ignore the European Court of Human Rights if it tries to stop Rwanda flights.

Meanwhile, Ms Reeves savaged the Tories in her piece. She writes: "The Conservatives' claims about our tax plans are lies. Our manifesto will contain an iron-clad

commitment to working people that there will be no increase in national insurance, income tax or VAT.

"Everything in our plans is fully funded and fully costed through the tax loopholes we would close. Nothing in our plans requires any new taxes."

Slamming Mr Sunak, she added: "The approach the Conservatives are taking now is the same as the approach Jeremy Corbyn took — and I totally reject it. I'm not

going to offer you a fantasy manifesto that writes cheques we could never

manifesto that writes cheques we could never cash. I will never do this."
Labour plans to increase the minimum wage.

ABOUR is heading for a 416 majority, a Deltapoll survey for the Mail on Sunday said last night. Even Mr Sunak would lose his seat.

The Sun Savs – Page 14

The Sun Says - Page 14

**BATTLE OF MANIFESTOS** PAGES 14 AND 15



#### Penny's TV roles to 'target Rishi job'

By KATE FERGUSON

PENNY Mordaunt will use her TV election debate role as a spring-board for the Tory lead-ership, party insiders say. The Cabinet minister represented the Government in the BBC's election bout on Friday night. Ms Mordaunt has even produced a General Election Spotify playlist, with Tina Turner's The Best and Take A Chance On Me by Abba on it.

With the Tories miles behind in the polls, campaigns to replace Rishi Sunak are cranking up.

Ms Mordaunt is tipped to throw her hat into the ring if she is re-elected Portsmouth North MP.

A minister said: "The TV debates help to make her the heir apparent."

Others in with a shout include Kemi Badenoch and Robert Jenrick.

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#### Labour's courts to hit rapes

LABOUR plans to set up 80 new rape courts to fast-track cases in a bid to tackle violence against

Tast-track cases in a bid to tackle violence against women and girls. The courts will aim to target a backlog that has soared by 346 per cent in five years, with just 2.6 per cent of rape reports resulting in charges. Sir Keir Starmer said halving violence against women and girls and having tougher sentences was part of his "missions" for government. Shadow justice secretary Shabana Mahmood said: "It is a stain on this government's record that the victims of rape are waiting so long to see justice done."

#### Voter ire at D-Day but Keir is 'smug'

EXCLUSIVE by SOPHIA SLEIGH

by SOPHIA SLEIGH

VOTERS are furious with
Rishi Sunak over quitting
D-Day early but don't
trust Sir Keir Starmer, a
focus group reveals.
Our group of seven,
asked by More In Common, backed Boris Johnson in 2019, and are now
split between the Tories,
Labour, and Reform UK.
Pensioner Priscilla took
aim at Mr Sunak for
leaving France early.
She said: "He disappeared to give an interview about finances. It
wasn't Prime Ministerial.
He let himself down."
Undecided Jim is lean-

He let himself down."
Undecided Jim is leaning towards Labour but
wants to hear more about
the party leader's plans.
Engineer Greg branded
Sir Keir "smug" while
Priscilla feared he would
be influenced by "very
tough" Angela Rayner.







Reform will Farage aside is wafer-thin PAGE 13









# VER **By LEN READ** LOVE Island star India Reynolds is a bombshell in black undies. The model, 33, poses in Pour Moi lingerie in a new campaign for the British fashion brand. for the British fashion brand. India — third on the ITV dating show in 2019 with basketball player Ovie Soko, 33 — recently moaned about a lack of sex. She reckoned: "My love life is such a bloody disaster. I've been on my own for ages. on my own for ages. "I've dated a couple of people but it's been nothing serious. "My sex life is literally so bad. I actually need to meet someone who's good in bed. Please God."

#### **NEW JUDGE**

# Give us a verdict n BGT, KSImon



Chair to fill . . . Ant & Dec with Alesha, Amanda and Si

#### STAND-IN FOR BRUNO

YOUTUBE star KSI is set to stand in for Bruno Tonioli Britain's Got Talent when there

is a filming clash.

Auditions will be earlier on the next series so Dancing with the Stars with the judge Bruno, 68, will not always be on the panel. His US commit-

ments may open the door for celebrity boxer and rapper KSI, 30, who has a huge Instagram following as an influencer.

He is in talks, with bosses keen to pull in a younger audience for the ITV show. A source said: "Simon Cowell

Stand-in talks . . KSI

knows KSI is a huge hit with the younger generation.
"He would be a great addition to pull in teenage fans, which is something the producers are keen to do.
"KSI is chatting to bosses in the hope of agreeing a deal that would also work with his hectic schedule."
Recent series of BGT, also featuring hosts Ant and Dec and judges Alesha Dixon and Amanda Holden, have run from April to June.
But it will now be screened later in the year, replacing Saturday Night Takeaway.
KSI, who has starred on Channel 4's Celebrity Goglebox, is also in negotiations to fight ex-world champion Amir Khan, 37, through the YouTuber's Misfits Boxing promotions.

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SURO 2024 STRIKGRS



EURO 2024 kicks off on Friday with host nation Germany taking on Scotland, while England play their first match next Sunday. To celebrate the festival of football, we've scattered some flashback moments from tournaments gone by through your Sun on Sunday. Back of the net!

## RACE AGAINST CLOCK TO

By ED SOUTHGATE, in Symi, and EMILY-JANE HEAP

distraught wife of missing TV doctor Michael Mosley last night described the past few days as "the longest and most unbearable" — but bravely vowed she "will not lose hope".

who are working tirelessly to help find Michael. We will not lose hope."

The couple's children — Alexander, Jack, Daniel and Katherine — are understood to have joined in the search yesterday afternoon. Earlier in the day, the island's deputy mayor Nikitas Gyllis said they had been denied permission because they did not have the right gear. Health guru Dr Mosley had left his wife and two friends on Agios Nikolaos beach at 1.30pm, saying he was feeling unwell and would walk back to their holiday home, where he had left his phone.

He set off on what should have been a 20-minute walk back to Symi Town. The alarm was raised at 7.30pm.

been a 20-minute walk back to Symi Town. The alarm was raised at 7.30pm.

Dr Mosley, who has often appeared on The One Show and This Morning, was initially thought to have got into trouble or fallen from a height on a coastal route.

But CCTV showed him shortly before 2pm using a brolly to shelter from the sun as he walked past a shop in the village of Pedi.

Footage taken by a house camera and released yesterday appeared to show him embarking on what would be a three-hour long trek back to his accommodation, across rocky, hilly terrain, in blazing temperatures.

There were some reports investigators had found later CCTV of him without his umbrella.

The mayor of Symi, Eleftherios Papakalodouka, told The Sun on Sunday that searchers had been looking in the wrong spot for the first two days.

The search area has now been expanded to cover a radius of 7km — or 4½ miles — including areas which officials have described as "treacherous".

It is centred around Agia Marina

"treacherous".

It is centred around Agia Marina which is 3km from Pedi and accessible only by foot or water taxi.

The fire service was exploring a sprawling network of caves, known as The Abyss.

as The Abyss.

The maze sits beneath a rocky outcrop off Agia beach and can fill rapidly with seawater.

Mr Papakalodouka said: "We know he came through Pedi and then walked onwards towards Agia

Marina.

"It is about two miles and a harder walk than from St Nikolas. If he did try and walk that way to

Symi then that is a big mistake. There are also many troubling questions here. Why did he leave the beach and his wife and friends? Why did he not take his telephone? "From the CCTV footage it's also clear he didn't stop for a drink in Pedi or take a rest."

Mr Papakalodouka pointed out Dr Mosley had no water with him, adding: "You cannot survive in this weather."

The mayor said he believes the

The mayor said he believes the TV star probably collapsed from heat exhaustion. He went on: "We're almost sure

he walked into the hills and up there it's about ten degrees hotter with no shade. If you ask me I think he collapsed with the heat. It was just too much."

He had previously expressed fears Dr Mosley may have been bitten by a snake.

Symi is home to the Ottoman Viper, one of Europe's most deadly. But he still hoped he will be found "safe and alive".

Mr Papakalodouka added: "All the community is so sad about this, it has never happened before."

And he insisted he will not call the search off until the TV doctor

is found. Meanwhile, it emerged that a helicopter was due to be brought in from mainland Greece, equipped with specialist thermal imaging cameras.

One rescue worker described Dr Mosley's decision to walk in the midday heat as "inexplicable" and said they were in a "race against time" to find the veteran journalist, known for popularising the 5:2 diet.

The rescue worker added: "The path is not easy to follow. If he took a wrong turn, he would be lost. He could be anywhere."

A police insider said temperatures were so high in the area that

they were "a real problem". He added: "Even the sniffer dog we brought in from the mainland could only be out there for an hour this morning."

Since starting their search on Thursday morning, cops on Symi – around 25 miles north of Rhodes – have been joined by firefighters, specialist search units from mainland Greece, the Red Cross, and a group of British volunteers, with assistance from military helicopters and drones. and drones

and drones.

Greek authorities initially concentrated their search on the sea, with a team of divers called in, before



## ISSING TV DOCI





# he longest and most unbearable days for myself and my children

#### -DR MICHAEL MOSLEY'S WIFE, CLARE

the focus moved inland. Firefighter Stergos Giakoumakis said his ten-strong team are searching multiple summits deemed too dangerous for

summits deemed too dangerous for large crews.

He said they were having to use umbrellas for shade and added: "Everything is dry and it is too dangerous for firemen to search."

Mosley's phone is now believed to be in possession of criminal investigators on the island.

But on Friday Mr Papakalodouka had spelled out: "I very much doubt there is a criminal aspect in this case, as least as far as the local community is concerned. I

very much doubt any of the inhabitants of the island acted in

that way.
"I do believe, however, an elderly

"I do believe, however, an elderly man walking on his own without a phone in an unknown island and that sort of heat could lead to many conclusions."

The doctor's brother Arthur Mosley said he had been in "good spirits" before he left the UK to holiday with his GP wife and another couple on Symi, which is famed for its beautiful beaches, colourful neoclassical houses and breathtaking harbour.

He said he still hoped there

would be a "good outcome", adding:
"Unfortunately, when you get to
Michael's age, accidents like this
can happen."

Dr Mosley has a newspaper
column and has fronted TV shows
including Channel 4's Michael
Mosley: Who Made Britain Fat?

He has been up front about his
own health, telling fans he is diabetic and has high blood-pressure.

Dr Mosley has also opened up
about his struggle with insomnia
and spoke about suffering an
episode of sudden short-term
memory loss in 2019.

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# MIGRANTS '

**MASS** immigration has made Britain's economy bigger but not made us richer, a report says. Mediocre economic performance since 2010 has been "flattered" by the six million population surge between population Concerns . . Mr Jenrick

By SOPHIA SLEIGH

then and 2023, said the Resothen and 2023, said the Resolution Foundation think-tank. The period saw a 0.7 per cent annual population rise — the fastest for a century — with three quarters linked to immigration. Spokesman Greg Thwaites said: "Britain's middling growth record has been propped up by a booming population. The extra

million people have certainly

six million people have certainly made the economy bigger, but has done little for GDP per capita.
"In fact, the UK's record on productivity — which is what really matters for living standards — is exceptionally bad."
Immigration is a key election battleground, with Prime Minister Rishi Sunak promising an annual cap to reduce numbers.
Labour leader Sir Keir Starmer

has also vowed to take steps but without saying how many immigrants he considers acceptable, nor over what time period.

Former immigration minister Robert Jenrick warned last month that immigration was not making the UK any richer. The possible Tory leadership contender also blasted the 'disastrous post-Brexit liberalisations' of immigration.

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The Sun Says - Page 14

WEATHER

ABERDEEN • (13)

EDINBURGH

(13) LEEDS

BRISTOL

(13)

BIRMINGHAM •

(12)

LIVERPOOL •

(15) CARDIFF

NEWCASTI F

(14)

NORWICH •

<u>(15)</u>

(19)LONDON

MANCHESTER

(12)

(11)

GLASGOW

BELFAST

(13)

DUBLIN



Active . . Israel system

#### Plans for **UK** 'Iron Dome' in the skies

By THOMAS GODFREY

PLANS for an Israeli-style Iron Dome air defence for Britain may be on the cards, Armed Forces chief Sir Tony Radakin said yesterday. The Chief of the Defence Staff said work

The Chief of the Defence Staff said work was already under way on options for a rocket interception system.

He said: "That gives the opportunity to provide advice to the next government in terms of, "These are your choices!"

He said plans included a pan-European "superdome" or "more modest" defence domes for big cities and infrastructure.

Israel's Iron Dome shoots down around 95 per cent of incoming missiles from groups like Hamas and costs around Hamas and costs around £2.5billion a year to run.

Hostages home — Pages 8 & 9

#### Choking sex teens

BOYS as young as 14 have been asking how to choke girls during sex, a teacher has warned.

teacher has warned.
Dr Tamasine Preece said some pupils thought choking was normal and asked if "a soft squeeze on the neck is OK".
She said: "They think girls really want to be choked, with one saying girls are mad for it."
Dr Preece has called for consent lessons at Bryntirion School in Bridgend, South Wales.
Sex expert Dr Kate Howells blamed porn use.



#### 20k ride for Dave

THOUSANDS of motorcyclists completed a mammoth ride from Lonmammoth ride from London to Cumbria yesterday to celebrate the life of Hairy Biker Dave Myers. The TV chef died in February, aged 66, after a battle with cancer. The event. dubbed

battle with cancer.

The event, dubbed Dave Day, saw a 16-milelong convoy of about 20,000 bikers travel from the capital to his home town, Barrow-in-Furness.

His widow Lili said: "It just makes me feel that I'm not on my own."

Rob Remembered - Page 27







Selected stores and lines. Subject to availability. Tamnavulin Speyside Single Malt Scotch Whisky 70cl, was £34 now £20 each. Text Father's Day Card 28p. each. Daddy Mug £1each. Nivea Gift Set was £20 now £12 each. May exclude Asda Express stores and small stores - see ASDA.com/smallstores



#### No more Gav and Staceys

By JADA BAS

GAVIN and Stacey will come to an end for a final time this Christmas,

come to an end for a final time this Christmas, says star Joanna Page.

The Welsh actress, 47, believes the new festive special will "100 per cent" be her last in the role of Stacey after I7 years.

But she doesn't know what's in store for the characters — with the BBC show's last outing in 2019 ending with Nessa proposing to Smithy.

Joanna said of reading that script: "I was like, 'What? Oh my god, where's the rest?".

Of the forthcoming special, she told her Off The Telly podcast: "I mean, there's so much they could do, isn't there?

"I'm older now than Mel [Walters] was playing Gwen on the first series."



GERMANY and Spain are tied for the most Euros titles with both having won the tournament on three occasions. France and Italy come next with two wins each.

## IS STAR IN SPI

# Grand glam ...Emma with Carlo in Paris THE RESERVE

**TENNIS** superstar Emma Raducanu has split from her boyfriend and has blocked him online.

The British sensation started dating Carlo Agostinelli last May and they were seen armin-arm at Paris Fashion Week. They frequently featured on each other's Instagram pages and shared

**EXCLUSIVE by RICHARD MORIARTY** 

snaps showing them on luxury holidays together in Greece and Mexico. But Wimbledon hopeful Emma, 21, and tycon's son Carlo, 23, a former head boy of private Harrow school before moving to California to study at Stanford University, have now unfollowed each other on Instagram. And Emma has also blocked Carlo from her social media account,

suggesting she is the one who called time on the relationship.

A source said: "Emma has 2.4million followers on Instagram but Carlo is no longer one of them.
"It seems their relationship has run its course."

run its course.

Former Spurs academy footballer
Carlo is the son of tycoon Robert
Agostinelli, who generated his
fortune as the co-founder and
chairman of private equity firm

Rhone Group. Robert is said to be worth more than £780million.

Emma has previously said she was banned from having boyfriends while growing up in Bromley, South East London. She said: "My parents were very much against it as it interfered with training."

She rose to stardom with her US Open win in 2021, but injuries have seen her world ranking drop to 212. richard.moriarty@the-sun.co.uk

## ELITE TROOPS SWOOP IN







Emotional call to family after joy of being freed from his Gaza hell



By THOMAS GODFREY

AN ISRAELI hostage who became a symbol of the October 7 attacks was one of four saved yesterday in one of the most daring ever rescue missions.

ever rescue missions.

Noa Argamani, who screamed "Don't kill me" as terrorists dragged her from a music festival on a motorbike, was heroically freed in a "high-risk" swoop after 245 days as a Hamas captive.

She was reunited with her father Yaakov moments after her return to Israeli soil. Both wept as he kissed her cheek.

She was reunited with her father Yaakov moments after her return to Israeli soil. Both wept as he kissed her cheek. Yaakov also handed his daughter a chilled bottle of Coca-Cola, which she was sipping during a medical evaluation.

Last night he said: "Today is my birthday, and what a present I received. It is the best gift I could ever expect."

Speaking about the other hos tages, he added: "We must do everything as soon as possible to bring them home."

With a beaming face that said "Th mome!", university student Noa said of her rescue by Israel Defence Forces: "There was a knock on the door. A voice said, 'It's the IDF. We've come to take you home."

Noa's mother Liora, 61, has stagefour brain cancer and pleaded with Hamas for months to grant her dying wish to see her return home. Three other hostages — Andrei Kozlov, 27, Shlomi Ziv, 40, and Almog Meir Jan, 21 — were rescued from a separate house nearby.

Yesterday, dozens of Almog's friends were filmed wildly celebrating as they saw him for the first time on a video call.

The Ilam rescue mission, codenamed Seeds of Summer, involved hundreds of specialist troops from the IDF and the Israeli Security Authority and took three weeks of painstaking planning.

One counter-terror officer, 36-year-old Chief Inspector Arnon Zamora, died in hospital after being rushed back to Israel in critical condition.

The hostages were being held in two buildings "in the heart of a

rushed back to Israel in critical condition.

The hostages were being held in two buildings "in the heart of a civilian neighbourhood" in Nuseirat, central Gaza.

The decision to storm both build-

central Gaza.

The decision to storm both buildings simultaneously was taken over fears the terrorists could murder hostages who were not recovered. Israeli commanders said they were almost killed when their extraction vehicle was pinned down by gunfire as they rescued the three men. They were saved by reinforcements who arrived with more cars minutes later. They were taken to a makeshift helipad, from where they were flown back to Israel.

Dramatic footage on social media showed the moment Noa was put on a military helicopter.

Israeli Defence Forces spokesman Rear Admiral Daniel Hagari said: "Our troops were under fire inside the buildings, under fire on the way out of Gaza.

"They underwent intensive training. They risked the lives to save the lives of our hostages. This is what we do in Israel."

Defence chief Yoav Gallant declared the rescue "one of the most heroic and extraordinary operations I have witnessed over the course of 47 years serving in Israel's defence establishment".



Freedom flight . . . footage shows Noa and her rescue helicopter

famed Israeli military raid on Entebbe Airport in Uganda in 1976, where 102 hostages were saved from dictator Idi Amin.

It is believed yesterday's mission is the most complex hostage recovery mission staged by Israel since.

Mr Gallant added that it was "daring in nature, planned brilliantly, and executed in an extraordinary fashion".

Noa had been among scores taken from the Nova music festival in southern Israel, along with fellow fan Almog – a full-time carer for his grandparents – and security guards Andrei and Shlomi. Footage

of terrified Noa screaming as she was seized was seen around the world. She became a symbol of Israel's campaign to save as many of the 250 hostages hauled away on that day as possible.

Her family only discovered she was among them when they saw the video online that evening. Noa's boyfriend, Avinatan Or, was also kidnapped at the festival and is still held by Hamas.

The brutes twice used photos of Noa to goad Israel in sick games — asking terror supporters to guess if she was still alive.

And her rescue comes a week

#### Sunday, June 9, 2024 Sun 9

# GAZA TO FREE ISRAELIS



after her captors uploaded a "psychological torture" video of her, under duress, pleading with Israeli PM Benjamin Netanyahu to halt operations in Gaza.

Yesterday Noa spoke face-to-face with him, saying: "I am very moved. I haven't heard Hebrew for so long."

Surrounded by friends and family, she added: "I'm so happy to be here."

The PM said: "We didn't give up on you for a moment. I don't know if you believed it, but we believed it, and I am glad it happened.

"Get better with your family, and hug your mother as well." Noa

spoke on the phone to Israeli President Isaac Herzog, telling him: "I am so happy to be here. Thank you for this moment."

He said: "I embrace you in the name of the entire nation of Israel. There is no one that doesn't know your face and has been waiting for this moment."

It is understood Mr Netanyahu, under intense pressure in Israel over his management of the war, scrapped cabinet meetings on Thursday to green-light the perilous mission.

mission.

He observed it with military generals from a war room at the Shin Bet security service headquarters.

The IDF used airstrikes as cover to clear a path for ground troops to locate the hostages.

The Hamas-run Gaza Health Authority claimed 93 Palestinians were killed by the Israeli strikes.

Last night Mr Netanyahu said: "Our soldiers performed in an unmatchable way.

"We are committed to getting the release of all hostages.

"We expect Hamas to release all of the hostages but if they don't, we will do whatever it takes to get them all home.

"Hamas is committing war crimes every day, including the holding of these hostages." In a statement

thanking the IDF, he added: "You have proven that Israel does not surrender to terrorism and acts with creativity and boldness that knows no bounds to bring home our hostages."

Prime Minster Rishi Sunak said: "It is a huge relief to see hostages returned after their unimaginable ordeal and heartwarming to see the pictures of them reunited with their families.

"We will continue to strive

families.

"We will continue to strive towards an end to the fighting as well as safety and security for all."

The Hostages Families Forum, which represents Israelis still held captive, said: "The heroic operation

by the IDF that freed and brought home Noa Argamani, Shlomi Ziv, Andrey Kozlov, and Almog Meir Jan is a miraculous triumph.

"Now, with the joy that is washing over Israel, the Israeli government must remember its commitment to bring back all 120 hostages still held by Hamas – the living for rehabilitation, the murdered for burial."

It is the third time Israeli hostages have been rescued alive.

Two men were freed in a similar operation in February. A smaller mission last October recovered one female hostage.

female hostage.

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# 100ml LIMIT BACK

the 100ml re-introduce limit on liquids in hand

limit on liquids in hand luggage from today.

Officials said the restriction on travellers was coming back to enable "further improvements" to scanners.

The airports affected are Newcastle, Leeds Bradford, London City, Aberdeen, Southend and Teesside. All six had been allowed to scrap the 100ml rule after

UK Government

installing Next Generation Security Checkpoints. The CT scanners create a 3D image of the contents of passengers' luggage. A Department for

A Department for Transport spokesman insisted the move was not in response to any threat. He said: "It's being done to enable further improvements to be

Checks . . . on hand luggage

made to the new checkpoint systems and will only affect a small number of passengers." The 100ml rule came in after a failed terror plot to blow up UK to US flights with home-made liquid bombs in 2006.

Teesside Airport, the first to drop the 100ml limit after investment in the new technology, said:
"We hope this nationwide issue is resolved as quickly as possible."

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EXCLUSIVE by HANNAH HOPE. Showbiz Editor

**DANCER Giovanni Pernice has blocked the release** of video tapes of his Strictly rehearsals with Amanda Abbington amid allegations of bullying.

Amanda Abbington amid allegations of bullying.
Sicilian professional Giovanni, 33, refused when Sherlock actress Amanda, 52, asked BBC bosses for the footage as she seeks to prove her claims.

One insider told The Sun on Sunday: "It raises the question, "What has he got to hide?". It doesn't look good."
The development is the latest twist in a row which flared after Amanda quit Strictly Come Dancing in October last year.
She cited health reasons for her decision — which had followed a request for their training sessions to be filmed.
Sources said Amanda asked to have the cameras over concerns about Giovanni's alleged behaviour but his camp claimed it was done at his suggestion.

Mum-of-two Amanda, who has made a formal complaint to

behaviour but his camp claimed it was done at his suggestion. Mum-of-two Amanda, who has made a formal complaint to the BBC, wants the footage to support her allegations.

The Corporation has launched an investigation into them.

She told friends last year that stress from dancing with Giovanni — who has faced complaints from other partners on the show — led to her being diagnosed with PTSD.

It has been claimed her foot was stamped on and she suffered bruising during rehearsals. At one stage, it is alleged, a mobile phone was thrown.

Amanda — represented by £700-an-hour law firm Carter-Ruck — formally requested BBC Studios hand over the practice session tapes five months ago. Sources said a data protection officer had to consult Giovanni while considering whether or not to release redacted footage, or to withhold it entirely.

One insider said: "Amanda's legal team asked for the tapes because she wants people to see how Giovanni spoke to her and over the tapes to her because they feature another person. Giovanni, not just her. "He's entitled for private information or content about him not to be disclosed without his authorisation."

The insider added: "The BBC will have reviewed the footage and considered if it was possible to redact content showing him. "Having spoken to him they have decided to withhold it completely at his request. The irroy is Giovanni, sham had a pals have insisted it was her. "If it was Giovanni, why

the impression it was his idea for cameras to monitor rehearsals even though Amanda's pals have insisted it was her.

"If it was Giovanni, why doesn't he want the footage to be released to Amanda?"

A number of his ex-dance partners have contacted lawyers over his alleged behaviour.

At least two said he used "brutal" training methods that left them "black and blue".

Telly host Laura Whitmore, 39, his partner in 2016, said she "felt broken... mentally and physically by the end".

Last week, a male celebrity also complained to the women's legal team about Giovanni, who quit the show last month and denies the claims he faces.

Giovanni, who is dating model Molly Brown, 24, said: "I am totally surprised and



Partners . . . Giovanni & Amanda

disappointed to learn of these allegations. I reject any sugges-tion of abusive or threatening behaviour, and I look forward to

tion of abusive or threatening behaviour, and I look forward to clearing my name.

"Those who have followed my journey on Strictly Come Dancing... will know that I am passionate and competitive.

"No one is more ambitious for my dance partners than me.
"I have always strived to help them be the very best dancers they can be. This has always come from a place of love and wanting to win — for me and my dance partners."

He is being represented by top London law firm Schillings. The BBC said: "If a complaint is made, we assess and take any necessary steps to establish the facts, whether there is a case to answer, and, if appropriate, what action should be taken."

We approached Amanda and Giovanni, who won Strictly in 2021 with actress Rose Ayling-Ellis, for comment. The BBC declined to comment.





## IN STRICTLY DANCE STORM





# Follow me on Twitter @TonyParsonsUK



QUICK EXIT . . . Sunak DAMAGE

RISHI SUNAK made a

catastrophic mistake when he cut short his visit to the

commemorations of the D-Day landings in France.
This was not a bit of a cock-up, like announcing the General Election in the middle of a rejectory.

middle of a rainstorm. This felt like a historic

error of judgment which will haunt our Prime Minister for the rest of

Leaving Normandy early would have been understandable – and forgivable – if the Prime

Minister was returning to the UK for a national crisis or family emergency. We would have

understood.
But leaving Normandy
early – especially at this
80th anniversary, which
feels like a historic
milestone – for an ITV

election interview was a scarcely believable mistake.

I do not for a moment believe Rishi Sunak does not love this country. I do not for a moment believe he does not

respect our veterans and

respect our veterans and the glorious dead.
And do not for one fleeting instant believe Sir Keir Starmer, Ed Davey and the bald bloke that leads the SNP are greater patriots than Rishi Sunak.
The PM has apologised.

His apologies seem sincere and earnest.

But frankly, the damage

understood.

WOULD those uninspired by Sunak v Starmer really prefer Biden v Trump?

Be thankful for these mild-mannered Englishmen! Joe Biden regularly "shows signs of slipping" during meetings, a new

newspaper claims, and speaks so softly he is frequently inaudible.

Not really what you want from a US President when World War Three

report in the Wall Street Journal

sleazemonger has yet to face the most serious allegations against him – that Trump sought to overturn the result of the 2020 presidential election.

cks off. Which was a bit more And meanwhile, the Tango-tinted important for democracy

than some slap and tickle with porn star Stormy Daniels. Whoever loses our General Election, they will accept the result

with grace, dignity and goodwill. They can't say the same in America.



MARATHONS . . . Swift

# TAYLOR

TAYLOR SWIFT'S Fras tour has arrived in the UK and the striking thing for old music fans is the

length of her shows.
Each gig is a musical
marathon, lasting three
hours and 15 minutes.
Some of Taylor's shows

have gone on for another 30 minutes after that.
In my experience, the only star who has

only star who has regularly played for anything like that long is Bruce Springsteen. The Rolling Stones are currently wowing them in the US with 18 songs played over two hours, and nobody is going home feeling short-changed.

changed. Only Bruce can match Taylor's stage stamina.
But Bruce is playing two
three-and-a-half-hour
shows at Wembley Stadium this summer.

While Taylor is playing Wembley EIGHT times. How does she do it? We are told she drinks we are told she drinks daily ginger shots, has IV drips and a gruelling fitness regime. But that doesn't explain it. When I was 23, I watched Bruce

watched Bruce
Springsteen play for
nearly four hours at the
Palladium in New York.
It was one of the
greatest shows I ever saw
in my life.
Here was a man who
looked as though he was
more hanny on stage than

more happy on stage than anywhere else in his life. I suspect the same is true of Taylor. Anyone who plays for well over three hours is powered by love.

#### **ALWAYS.**

THANK you to everyone who has suggested I get another dog to cope with the grief of losing Stan, our 12½-year-old Cavalier King Charles spaniel. I certainly miss my walks in all weathers with Stan and having the

Walks in all weathers with Stan, and having the priceless gift of being able to reach out and stroke him, and hearing him snore in the small hours.

snore in the small hours.
I know getting another
dog works for a lot of
people. But it wouldn't
work for me. Because I
feel like I still have a dog.
Just as I still have a
mum – even if Mum died in
1999. She's still my mum,
itst as Stan is still my dog.

just as Stan is still my dog.
They can't be replaced.
If you really love
someone - two-legged or
four-legged - then it turns
out that death changes
absolutely nothing absolutely nothing.

# I'm sickened by milkshake idiots piling into Farage

WHEN Nigel Farage had a milkshake thrown in his face by some smirking pea-brain, it went down a storm in the loony

bin of Labour's Left. "A work of art!" crowed one Corbynista commentator.

The social media platforms of Stand Up Racism – president, Diane Abbott – pre awash with emojis weeping with were awash with emojis weeping with helpless laughter.
And you can't help but wonder.
Would a milkshake thrown in, say, Diane Abbott's face be equally amusing?

Of course not. That would be outrageous!

But we have been here

before.

"I'm thinking, why bother with a milkshake when you could get some battery acid?" quipped comedian Jo Brand on BBC Radio 4 in 2019.

The BBC later ruled that Brand's "joke" about throwing battery acid in a politician's face "went beyond what was appropriate" — no kidding! — but "was not intended to be taken seriously".

But in a country where politicians of

But in a country where politicians of



SHAKE . . . Nigel

both major parties have been murdered in recent years, Brand's comments sounded like

Brand's comments sounded like an incitement to violence.

In a land where the memory of Labour's Jo Cox – shot three times in 2016 – and the Conservatives' David Amess, stabbed in 2021, is still raw, making light of a physical assault on any politician should turn the stomach.

It is the pious hypocrisy that stinks.

It is the craven double-standards.

Learny no candle for Reform LIK Every.

I carry no candle for Reform UK. Every vote for Nigel Farage's protest party is an act of national self-harm. Reform will

act or national self-harm. Reform will reform nothing.

Your vote for Reform means that we will be ruled for five years — or ten — by Keir Starmer and his high-taxing, kneetaking comrades.

But the bulling of E.

But the bullying of Farage sickens me. This ritual humiliation is counter-

This ritual numiliation is counter-productive.

Is throwing a milkshake in Farage's face meant to make him crawl away?

Not going to happen, comrade.

#### **Bitterly ironic**

That milkshake has now sealed Farage's success with voters.
The bookies – always the most reliable political pundits – say Farage is odds-on to become the MP for Clacton at the General Election.

General Election.

And with Reform neck-and-neck with the Tories in the polls, Farage can afford to laugh it off – cheerfully raising a McDonald's milkshake in salute, as if it was a pint of his beloved IPA.

I believe the rise of Reform will be harmful for this country.

If the patriotic, pro-business Right is divided, the patriotic, pro-business Right surely will certainly be defeated.

If, as the polls suggest, all those disappointed working-class former Tory voters defect to Reform, then they will soon be living under a Labour Government that they will despise with all their hearts.

I don't think Reform are going to bury ne Conservative Party at this election or

Conservative Party at this election or other.

Because I suspect that the talent base of Reform is wafer-thin and their motley crew of colourful candidates will look a lot less appealing in close-up.

But that pea-brain's milkshake has ensured that Reform will have at least one MP.

And how bitterly ironic that a milkshake was thrown in Farage's face in the week we remembered the Normandy landings.

the Normandy landings.

Those old heroes did not land on D-Day to obliterate freedom of

They fought, and died, to make



#### A GREAL **GAMBLE**

NO Jack Grealish in Germany! A big call by Gareth Southgate.

Leaving Jack the Lad at home for the Euros is perhaps the biggest call by an England manager since Alf Ramsev decided he did not need his goal-scoring sensation, Jimmy Greaves, in the 1966 World Cup Final. These historic calls

tend to be forgiven and forgotten. But only England win.

OUT... star Jack

"I HAD to get so drunk," recalls Joan Collins about filming steamy sex scenes in Seventies films including

The Stud.
"We all did. There was an orgy scene and I got really plastered beforehand."

But what was her poison?

Presumably not Cinzano

Bianco.
I recall watching Joan try
to drink bucketloads of the stuff in those classic ads she shot with Leonard Rossiter. But I don't recall a drop of it ever making it past her





RISHI Sunak has portrayed this election as a battle over tax.

The PM is spot on when he says that the key to a healthy, low-tax economy is slashing bills through welfare reform.

As both parties trade fresh blows before the launch of their manifestos, he warns that benefits are set to spiral by £20billion by the end of this decade.

It would be a dereliction of duty for any government to sit back and allow such a

crippling debt to mount.



Hefty bill . . . welfare

#### Labour's lacking a credible benefits strategy

Mr Sunak claims that his shake-up of benefits, a crackdown on fraud and expanding mental health care would save £12billion a the from vear welfare bill by 2029.

So what are Labour's plans?

Surely the party which created the welfare state should be uniquely placed to reform it?

But while Rachel Reeves is keen to distance Labour from its past under Jeremy Corbyn, there is no sign of either her Sir Keir Starmer getting to grips with this problem.

Shadow The Chancellor wants voters to believe her

party has been completely cured of its deep-seated impulse to throw taxpayers' money at everything.

She points out that the Tories have raised taxes 26 times, and insists Labour won't hike income tax, National Insurance or VAT if it wins power.

All very prudent.

But without a credible plan to control mushrooming welfare costs any future Labour government could not claim to be in full control of the nation's finances.

And that would mean higher taxes for everyone.

#### Myth of migration

HAND-WRINGING liberals who support mass migration often claim it has boosted the UK economy and made us all richer.

But now a left-leaning think-tank has shockingly exploded this myth.

Britain's population has ballooned by six million since 2010.

The Resolution Foundation says this vast influx has increased the size of the

But it found that efforts to attract the best brains and skills from around the world has failed to make the country any better off per person.

It leads to only one conclusion.

Setting serious and tough targets to limit migrant numbers must be a top priority for whoever forms the next government.



WHEN Sun readers go to the polls in a few weeks' time they will be asking themselves a few very simple questions: who do they trust to lead our country? Who do they trust to run our economy? And who do they trust to keep them safe over the next five years?

Keir Starmer and I have worked tirelessly over the past few years to

Keir Starmer and I have worked tirelessly over the past few years to regain your trust.

We have changed the Labour Party so we can put it back in the service of working people — and the manifesto we publish later this week will be the culmination of all that hard work.

It will be a serious plan for our country's future.

A plan that will be about change after years of chaos and decline. And the first chapter of that plan will be about delivering economic stability.

Because it is only with economic stability and tough spending rules that we can grow our economy to keep taxes, inflation and mortgages as low as possible.

Four years ago, the Conservatives promised the British people that they would tackle the cost-of-living crisis.

However, since then the typical household is £5,900 worse off. We have seen 26 Tory tax rises, with the tax burden now the highest it has been in 70 years.

Rishi Sunak is a high-tax Prime Minister because he is running a low-growth government.

I get angry about the state of our

economy because I know how much potential it has. Before entering politics, I worked at the Bank of England as an economist and in the private sector. I have seen first-hand the world-beating businesses we have here in Britain.

We are a nation of builders and inventors – from the next generation of cars to the latest phone apps. We have the brightest scientists working out of the best universities, and our creative industries mean millions of people across the world watch and listen to the films and music made right here in Britain.

And yet that economic potential is being held back. I'm sick and tired of meeting chief executives and entrepreneurs who tell me that they want to do more business in Britain but have been put off because of the constant churn at the top of government.

Five prime ministers, seven chancellors

because of the constant churn at the top of government.

Five prime ministers, seven chancellors and nine business secretaries. A minibudget that crashed the economy and triggered a financial crisis.

You would never run a business like that, so why on earth would you run our country like that?

So, Labour will stop the chaos and get on with the job of building an economy that works for Sun readers.

The Conservatives' claims about our tax plans are lies.

Our manifesto will contain an iron-clad commitment to working people that there

Our manifesto will contain an iron-clad commitment to working people that there will be no increase in National Insurance, income tax or VAT.

Everything in our plans is fully funded and fully costed through the tax loopholes we would close. Nothing in our plans requires any new taxes.

But a successful economy is not about how much taxes you pay, it's about how

much growth you can get. That's the only way we are going to be able to put more money in your pockets and in our public

much growth you can get. That's the only way we are going to be able to put more money in your pockets and in our public services.

So, we will back the wealth-creators by working with business to create 650,000 good jobs in the industries of the future and reform our planning system to build 1.5million new homes.

Contrast that with what you will see from the Conservative Party's manifesto this week. A desperate wish list of unfunded promises that will never happen or put our economy at risk.

The longest and most expensive manifesto in the party's history.

We have been here before. It was the approach Liz Truss took two years ago and it sent people's mortgages spiralling.

I want taxes to be lower. But unlike the Conservatives I am not going to promise you a tax cut without telling you where the money is going to come from or without being able to guarantee you it will be delivered.

And the approach the Conservatives are taking now is the same as the approach Jeremy Corbyn took — and I totally reject it. I'm not going to offer you a fantasy manifesto that writes cheques we could never cash. I will never do this. We are a changed Labour Party. I will never play fast and loose with your money.

We have an amazing future — but only if we choose it. On July 4 you have the chance to stop the chaos, turn the page and rebuild our country.

It won't happen overnight and there will be difficult decisions on the way.

But I know we can do it. We have stood proud in the world before and we can do so again. So, on July 4 trust us. Give change a chance and rouce Labour.



QUOTE OF THE DAY Change cannot be just a snappy election slogan.9 - GMB trade union chief Gary Smith's warning to Labour leader Sir Keir Starmer **ELECTION** WHISPERS PENNY Mordaunt sparked

comparisons with original lron Lady Margaret Thatcher with a new bouffant blow dry at the BBC election debate. Her secret weapon? Kelly the hairdresser in Parliament.

**EVERYONE** knows Nigel Far-

age enjoys a drink. So it was no surprise that when the Reform Party leader arrived for the election debate, Beeb bosses provided him with his own bottle of Rioja.

GREENS deputy leader Zack Polanski got in a huff after discovering there were no vegan options at the BBC's

buffet for Friday's debate. He was forced to walk away with an empty stomach.

## THE RIVAL MANIFEST



plan to save £12billion a year from the welfare bill by 2029.

We will do this by expanding mental health treatment so that people can get the help they need. We will reform the disability benefit system to halt the unsustainable rise in claims and make sure we target support at those who need it most. We will reform how the benefit system assesses someone's ability to work so it looks at what you can't — so we don't condemn those

you can't — so we don't condemn those who can contribute to a life on benefits.

We all know that the longer people stay

# 4 HUR Girl, 11, in hospital

By WILL McCURDY

FOUR people including an 11-year-old girl were rushed to hospital last night

giri were rusned to nospital last night after a fairground ride collapsed.

Onlookers described people "flying through the air" after the ride – thought to be the "Froggit Jump 'N' Smile" roundabout – failed.

Emergency services including a helicopter from London's Air Ambulance were called.

including a helicopter from London's Air Ambulance were called to the Lambeth Country Show in Brockwell Park, South London, at around 6.20pm.

Four people were taken to specialist trauma hospitals after being treated at the scene. Lambeth Police said the injured were "a man and a woman aged in their 40s, a man aged in his 50s and an II-year-old girl", adding: "None of the four is believed to be in a life-threatening condition. We await full hospital assessments.

"Enquiries are under



Country show . . . Lambeth

way. The Health & Safety Executive will be informed."

informed."

A Lambeth Council spokesman said: "The area around the ride is secure and the funfair has been closed."

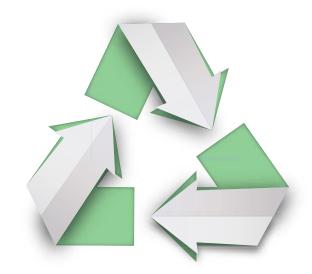
They added that safety checks were being made on other rides.



# REVOLUTIO

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Sources: Confederation of European Paper Industries (CEPI), 2020 and Eurostat, 2018. Europe: EU27 + Norway, Switzerland and the UK.





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will

## HOTEL DROID AT 3 LIONS EUROS H

2024 STRIKERS

THE USSR were eliminated in the semi-finals in 1968 on a coin toss — with the a coin toss — with the game against Italy still at 0-0 after 120 minutes and penalty kicks not yet used.



Action . . . by police

#### Terrorist suspect in Euros work bid

By THOMAS GODFREY and ROB PATTINSON

and ROB PATTINSON

A SUSPECTED terrorist has been arrested after he applied to work at Euro 2024 as a steward.

German police swooped on the Islamic extremist with IS links last week.

He had applied for a job in a fan zone outside Cologne's 40,000-seater stadium — which hosts England's match against Slovenia on June 25.

The man, identified as Soufian T, 23, was on a security watch list and deemed a threat.

Police who raided his apartment seized mobile phones, storage devices and semunication.

Police who raided his apartment seized mobile phones, storage devices and computers. Officials found he had also applied for jobs at the Rock am Ring music festival and 24 Hours of Nürburgring motor race. Prosecutors suspect he is a supporter of ISIS-K, believed to be responsible for an attack in Moscow in March that killed 130.

#### 2024 STRIKERS

DENMARK won in 1992 despite not qual-ifying. The team was drafted in a week tying. The team was drafted in a week before the tournament to replace Yugoslavia, which was embroiled in civil war.

#### Ollie gets mind aid

ENGLAND hotshot Ollie

ENGLAND hotshot Ollie Watkins has revealed he speaks to a life coach before and after games to get worries off his chest.

The Aston Villa ace, 28, sought out help in 2022 and said: "Belief was one thing that was holding me back. It's the best investment I've made."

The striker, who got 27 goals last season, told the High Performance Podcast: "I think the mind is probably the most powerful thing. People train every day physically in the gym, but it takes a lot to change your mindset."



#### MERCH MAKES HER £1MILLION A NIGHT

THE Eras tour has already broken the record for the highest gross earnings of any tour in history, knocking ELTON JOHN's five-year Farewell Yellow Brick Road off the top spot.

After the first year of the tour, Taylor has reached

Anter the inrist year of the tour, Taylor has reached billionaire status, having netted one billion dollars (about £800million) shortly after finishing the United States leg in November.

But I can reveal that the shrewd singer makes a whopping £1million a night just from the merchandise flogged at the venues. The quality gear has

fast become cult collectors' items for fans with hoodies costing £70, T-shirts costing £40, a bracelet at £30 and a water bottle fetching £15.

One worker told me: "The queues are miles long every night and sometimes we have been forced to close the

been forced to close the stands due to safety and crowd control.

"So many people want to buy the merch our systems have crashed a few times.

"I know on average the merch is making £'million a night. The Eras tour has become such an event appende. such an event, people want something to remember it by."

# STRUM THING IS

concert in six years, Taylor could barely contain her

excitement.

But she had to momentarily stop the show after getting

cramp.
During her intimate secret song section, where she mashed up an acoustic version of Would've, Could've, Should've and I Know Places, Taylor was forced

laylor was forced to stop strumming her guitar when her hands froze up.
Addressing her crowd she said: "My hand is frozen. This has never happened on this tour.

tour.
"I'm so sorry. I'm not sure
what my hand has decided to do
- it's forming a claw."
Giving it a quick massage,
while the crowd cheered

she was able to get back in

But she also stopped singing when a young person in the audience fainted due to the heat in the standing area and asked the crowd to check that they were OK before she continued.

A long-time Swiftie, who has been to 15 concerts, told me: "Taylor is aware that lots of her fans are very young and get very excited.

She has an eagleeye view from her stage vantage point so she always tries to alert the stewards if she sees anvone

looking unwell.
"It's really sweet and shows how much she cares about



TAYLOR embraced one lucky fan who was at the front of the stage.
She bent down and

wrapped her arms around the girl whose arms were covered in friendship bracelets. It seems that

Taylor really does have the best fans in the world.
One teenager started queuing 48 hours before the singer arrived in Edinburgh to kick off the UK leg of her Eras world tour.
Now that is dedication.

Now that is dedication.

THERE was a magical

IMERE was a magical moment when a couple got engaged during the song Cardigan.
And Taylor said: "I love performing this entire show in the sunlight, because I'm pretty sure I because I'm pretty sure I just saw somebody getting engaged over here." TAYLOR delighted fans with two surprise songs in the set. As well as her acoustic guitar mash-up of Would've, Could've, Should've and I Know Places, she played the piano for a second medley, 'Tis The Damn Season and Daylight.



## with **EMILY WEBBER** Got a story? Call or WhatsApp 07929 209431

AHEAD of singing Betty from Folklore, Taylor paid homage to Scotland for being the inspiration for the 2020 album.

She told fans: "Whenever I see the beautiful videos of Scotland and all the castles and the moss and the woods and all

the green, I always think about Folklore. "I started writing it two days into the pandemic. I just created an imaginary world that I lived in

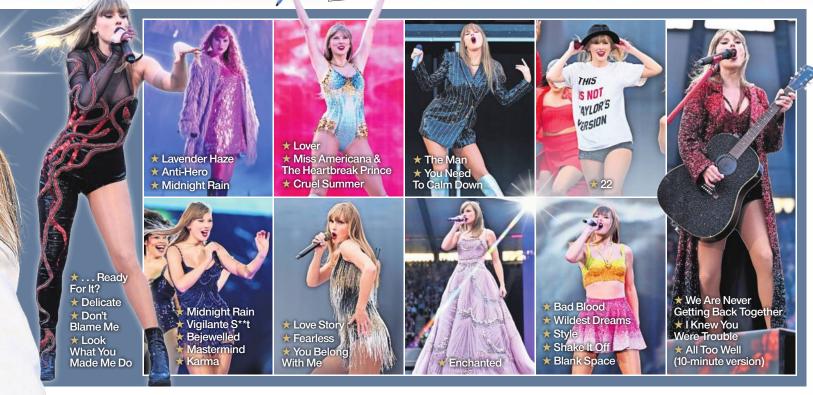
instead of just my reality, which was just so much TV, so much white wine covered in cat hair.

That was my actual reality."

She said the whimsical nature of the Highlands helped her create the framework for the

best-selling album.

Taylor added: "So I was like, I'm going to create a fake imaginary land where I live, and I'm going to call it Folklore, and I'm going to eacapp. into it " escape into it."





Tay's Merc kitted out like Prez's Beast

SHE'S the most powerful ex-secret service agents who operate her movements backstage with miliwoman in pop, raking in £10million a night on her Eras world tour - and TAYLOR SWIFT'S motorcade reflects her status.

I can reveal she's been driven around in a purp bulletproof purpose-built proof Mercedes Benz, similar to the US Presi-Presi-The dent's Beast, wor around £1million. dent's car

Security for Karma hitmaker

her movements backstage with imm-tary precision.

An insider tells me: "Taylor's car is made for world leaders. It can with-stand being shot at and explosives.

"It has its own air supply, tyres that can't be punctured and separate com-rectments for the diver

can't be punctured and separate compartments for the driver.
"There is a fleet of Mercedes at her beck and call, ensuring she can travel in convoy. She has close protection bodyguards who ensure she is safe, and her comings and goings backstage are kept secret. Several times on the tour she has had a police escort."

Security staff have been grading each arena's safety and hold a list of banned stalkers. Crew do regular spot checks and cases are searched for dangerous items.

Taylor even carries military-grade bandages in case she is wounded. She said: "After the Manchester Arena

bombing and the Vegas concert shooting, I was terrified to go on tour this time because I didn't know how we were going to keep three million fans safe over seven months.

"There was a tremendous amount of planning, expense and effort put into keeping fans safe.

"My fear of violence has continued into my personal life. I carry QuikClot army grade bandage dressing, which is for gunshot or stab wounds."

Taylor previously revealed she had "fought the idea of security", but admitted it's now a relief, adding: "The sheer number of men we have in a file who have showed up at my house, my mom's house and threatened to kill me, kidnap me or marry me. This is the strange and

sad part of my life that I try not to think about. I don't want to be walking down the street scared. And when I have security, I don't have to." Elsewhere, Taylor has been treating her crew to luxury catering with highend lasagne, salads and sweet treats. One backstage mole said: "This is the best we've ever heen treated."

One backstage mole said: "This is the best we've ever been treated."
The star's dressing room is pretty low-key and focused on maintaining her voice for her three-hour show.
White fabric drapes cover the walls, while bucket-sized Jo Malone candles create a relaxing atmosphere. She chews Wrigley's Extra gum for her voice, but incense sticks are banned as they can irritate the throat.

Plus, she needs to add the Greggs order we revealed yesterday to her tour rider, too...

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AND A GOOD-VALUE

#### **DEAL** OF DAY



BRIGHTEN up your home with the Halved rug from Ikea, down from £169 to £99 Ikea, down from £109 10 200 in the store's summer sale. SAVE: £70

#### CHEAP TREAT



CHOOSE one pizza, two sides and a drink for £12 at the Co-op, saving up to £5.55 – and members get an extra £2 off.
SAVE: up to £7.55

#### What's new?

GO large to watch the Euros with a projector screen from The Range, down from £79.99 to £49.99.



#### TOP SWAP



ORANGE and bergamot bath and shower gel from Molton Brown, above, is a luxurious gift for £25. Or make a big saving with Fragrance Society orange, bergamot and lemongrass shower gel, below, £7.50 at M&S.

SAVE: £17.50

**HEAD** to a pick-your-own farm

for good-value fruit and veg and a family day out to boot.
You can find your nearest at pickyourownfarms.org.uk and see what crops are ready to pick.

Get the most for your money with these juicy tips.

PICK YOUR TIME: Contact your local farm to find out

PICK YOUR TIME: Contact your local farm to find out whether you need to book a time slot in advance.

Most have websites that show you what is growing and the best times to pick.

Strawberries are hitting their peak around now, and there will be heaps of raspberries, courgettes and beans in a month or two. Head to the farm

early in the day to get the best selection before the crowds descend.

early in the day to get the best selection before the crowds descend.

POT LUCK: Some places will charge for containers, so take your own pots or punnets to keep costs down.

You may even get a discount if you come prepared with your own boxes.

To avoid squashing and wasting your haul, take lots of small containers rather than one big one. Bring more than you think you will need — once you start picking, it can be hard to stop.

WEIGH IT UP: With seasonal fruit sometimes on offer in the supermarkets, it can be hard to be sure that picking your own will save you money.

Generally, it should work out cheaper and there is a lot of extra value in it. Firstly, what you pick will be as fresh as can be, which should mean you waste less through your fruit going off. Many

farms offer discounts for buying bigger quantities and you can then preserve your produce in jams and chutneys, or freeze it for later use.

FAMILY FUN: It's not hard for family day out to top £50 — without much to show for it.

Some farms may charge a fee for each person picking, but most will deduct that from what you spend or ask that you pick a minimum amount, which is usually around £10.

For that, you get some fresh food and a memorable family experience. And at the same time, your kids get a lesson in how food grows.

APAC Megg

All prices on page correct at time of going to press. Deals and offers subject to availability.

#### Little helper

£7.50

A PACK of nine Gentle Clean Andrex Mega Rolls, 50 per cent more sheets than a usual roll, is down from £6.95 to £3.47 at Asda. Ends today.



#### **SHOP & SAVE**



BUY five bottles of selected ales at Morrisons for £5, includ-ing Marston's Pedigree amber ale, £2.50.

SAVE: Up to £7.50



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#### Ex-vicar jailed for , 2nd child sex raps

#### By RICHARD MORIARTY

AN ex-vicar of Liverpool's "Beatles Church" – where John Lennon met Paul McCartney – has been convicted a second time for historic sex crimes.

Paedophile John Roberts, 89, was clergyman at St Peter's Church in the city's Woolton area.

The music icons met there as teens in 1957 and Eleanor Rigby, whose name inspired the hit song, is buried there.

Roberts was convicted of sexual assault in 1989 but remained in the Church of England.

In 2020, he got nine years after convictions for ten historic assaults.

And he has now got a further three years as he watched via videolink from jail after being found guilty at Liverpool crown court of five more indecent assaults in the 1970s against a boy.

The victim said in a statement: "How dare he use his God to disguise the monster he truly is."



#### Pop star widow in tumour aid plea

By LEN READ

THE widow of The Wanted singer Tom Parker has called on the NHS to increase funding to support and find a cure for those with brain tumours.

Kelsey Parker has told how changes she made to her husband's life helped him live 18 months when nurses thought he would only survive three weeks.

Bolton-born Tom died aged 33 in March 2022.

Kelsey, 34, said of the disease: "There's no magic wand but it's so underfunded. It's the biggest killer of children and under-40s yet it gets one per cent of funding."

She said she did a lot research to help give Tom as much time as possible.

Kelsey added: "I had to study, and knowledge is king when you're in something like that."

She said: "His nurse never gave him a prognosis...I said don't give him one because he's going to be ticking off on the calendar."

## PRINCESS'S POIGNANT I



able to take the regiment's salute at yester-

day's Colonel's Review.

The Princess of Wales —
their new honorary Colonelin-Chief — explained she was
"very sorry" to miss out on
their Trooping the Colour
dress rehearsal.

Kate recovering from cancer

dress rehearsal.
Kate, recovering from cancer, told Major-General Sir Chris Ghika, former commander of the Household Division, that her role "remains a great honour".
Kate's letter said: "I wanted to write and let you know how proud I am of the entire Regiment ahead of the Colone's Review and Trooping the Colour. "I appreciate everyone trooping this year has been practising for months, and dedicating many



Camilla . . . and actress Elizabeth

hours to ensuring their uniforms and drill are immaculate. Being your Colonel remains a great honour, and I am very sorry that I'm unable to take the salute at this year's Colonel's Review.
"Please pass my apologies to the whole Regiment, however I do hope that I am able to represent you all once again very soon." Mother-of-three Kate, 42, signed the letter Colonel Catherine and added "Quis Separabit?", Latin for "Who shall separate us?" —

# **IONY'S EVIL MUM\_**

THE evil mother of Tony Hudgell, the tot abused so badly his legs were amputated, is back in jail after

a fling with a pervert.

Jody Simpson was recalled to prison after breaking her strict licence conditions by having "a relationship with a convicted sex offender".

Simpson, 30, and partner Anthony Smith got ten years in

2018 for torturing six-week-old Tony who had multiple injuries, organ failure and sepsis. She was released last February but Tony's adoptive mum Paula, 56, was notified last week she was back inside.

She said: "The fact she's been having a relationship with a convicted sex offender is shocking. It proves

New life . . . Tony

she's still a risk to society and belongs behind bars." Paula, from West Malling, Kent,

Paula, from West Malling, Kent, said that when she broke the news to Tony, now nine, he said: "Good, that's where she needs to be."
Paula hopes Simpson's jail return will quash any new parole plea. HM Prison and Probation Service said: "We don't hesitate to recall offenders to custody if they break the rules."

es. emily-jane.heap @the-sun.co.uk



## DISCOVERY



Support thanks ... Eamonn with GB News co-host Isabel Webster

**EXCLUSIVE by STEPHEN MOYES and HANNAH HOPE** 

TELLY golden couple Ruth Langsford and Eamonn Holmes separated after she found messages between and another woman on a laptop computer,

after ne suttered a fall down stars of their home in November 2022.

And last month she was a visitor when he had a spell in hospital following another medical scare.

Earlier this year, Eamonn detailed his ongoing "epidemic of pain" which has left him relying on a walking stick and wheelchair.

And he said the "harsh reality" could be he may never be able to walk unassisted again. Last year he was unable to attend his mother Josie's funeral due to his health.

Discussing his woes, he said: "It's as if somebody up there is playing with my life.
"In the past year I've had an operation on my back which went wrong and has confined me to a

# Helly golden couple Ruth Langsford and Eamonn Holmes separated after she found messages between him and another woman on a laptop computer, The Sun on Sunday can reveal. Her shock discovery six weeks ago led to the announcement that they were splitting up after 14 years of marriage. Her shock discovery six weeks ago led to the announcement that they were splitting up after 14 years of marriage. The shock discovery six weeks ago led to the announcement that they were splitting up after 14 years of marriage. The shock discovery six weeks ago led to the announcement that they were splitting up after 14 years of marriage. The shock are should be a shock as a relationship counsell of the messages led to the announcement that they were splitting up after 14 years of marriage. The shock are should be a shock as week ago led to the announcement that they were splitting up after 14 years of marriage. The Shuff of the should be a divorce in her 40s – who works as a relationship counself. The should be not on outings with her and showered them they as a safaripark in February where the woman is thought to be visible through the rear window of a vehicle. A source said: "Ruth was completely taken by surprise when she as the as a safaripark in February where the woman is thought to be visible through the rear window of a vehicle. A source said: "Ruth was completely taken by surprise when he sa she are yupset but she was a she are as a safaripary to the prevent the woman to a Beyonce concert, a Center Parcs visit and tickets to see his beloved Manchester United at Old Trafford. They became friends after she made a comment on one of his social media and they inmediately invest up and they interest the suffered and they interest the suffered with the means and they interest the suffered with the suffered with the means and they interest the

wheelchair. I've fallen and broken my shoulder. Honestly, you could not make it up."

In 2018, Eamonn was hit by a bout of shingles — a viral infection that causes a painful rash.

He reckoned it was brought on by a stressful tax row with HMRC over whether he was classed as staff or a freelancer while a presenter at This Morning.

Ruth publicly addressed their split for the first time on Thursday when she thanked fans for their messages of support during a live stint on shopping channel QVC.

Prior to news of their separation, in a discussion on Loose Women last month, Ruth confessed it would not bother her as much if her husband left her for a 25-year-old. She said: "The worst thing is if he went off with someone the same age. That's my worst fear."

Eamonn and Ruth jointly presented ITV's flagship show This Morning until 2021. He now hosts GB News with Isabel Webster. The Sun on Sunday approached both Eamonn and Ruth for comment.

GB News with Isabel Webster. The Sun on Sunday approached both Eamonn and Ruth for comment. stephen.moyes@the-sun.co.uk

# LED TO STAR COUPLE'S SPLIT



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and other legendary rider requests PAGE 30

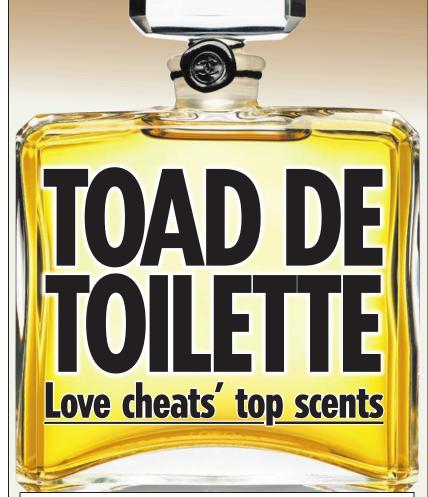
#### By ANNABEL BATE

not model Kendall Jenner's first star-spangled rodeo as she poses in a rhinestone bikini.

poses in a rhinestone bikini.
She donned the limited edition burgundy two-piece from Calzedonia's Precious Beauty range and also had a towel on her head for a new photoshoot.
Last month Kendall, 28, was in Miami wearing a lime bikini from the same collection, right.
She last week enjoyed a holiday in Majorca on a yacht with sister Kylie, 26, and mum Kris, 68.



#### WHAT A STINKER!



#### By DAVID JARVIS

#### WOMEN who smell a rat in their relationship should check out their partner's aftershave.

their partner's aftershave.

Cheats could be given away by the scent they choose, according to a poll.

Dior Sauvage was a favourite for one in four philanderers. And Chanel Allure was second, being splashed on by 17 per cent.

Third was Versace Eros – which was worn by 12 per cent of lotharios.

Website IllicitEncounters.com quizzed 2,000 women whose partners had played away.

Spokeswoman Jessica Leoni said: "Scent is directly linked to memory and emotion. "Choosing a particular fragrance for an affair is a strategic move to create a memorable and passionate experience."

Nine per cent of cheats used Giorgio Armani Acqua di Gio and eight per cent preferred Paco Rabanne. Appropriately named Bad Boy Eau de Toilette by Carolina Herrera was tenth in the survey.



Calvin Klein Eternity 3% Carolina Herrera Bad Boy 2%

Other 10%

# LYMPICS: DON'1

**OLYMPIC** chiefs sparked a woke row — after advising that an athlete should not be called a "sportsman".

Instead, the IOC suggests the

gender-neutral term "sports-person" be used instead.

The directive to use bias-free language applies for a number of others titles – including "mankind" becoming "humankind" – in a 33-page guide issued for the Paris

**EXCLUSIVE by ANDY ROBINSON** 

Games, that start on July 26. The Games, that start on July 26. In IOC Portrayal Guidelines bookle also puts "transgender sportspeople under a "problematic language" heading and bans saying some-one is biologically born male or female.

Ex-Olympic swimmer Shar-ron Davies, 61, said: "The IOC never fails to disappoint me with their utter hypocrisy.

Fury . . . Sharron

They are trying to curtail journalists from telling the public the truth when males are in races against females with an unfair advantage. At the same time they're boasting of being the first games with gender equality—you couldn't make this stuff up."

An IOC spokesman said: "The Olympics are about athletes from many different backgrounds and different beliefs, competing in peaceful competition."

## ON INTERNATIONAL SEX DAY: 15 RULES FOR GREAT SEX

TODAY marks international sex day
– always celebrated in the 6th
month and on the 9th day in homage

month and on the 9th day in homage to the saucy love-making position.

Experts believe this is the time our libidos spring back to life as the sun comes out, giving a much-needed boost to our senses after the winter months, when low levels of vitamin D mean we crave sleep, TV and comfort food over hanky panky.

As sexpert Kate Taylor tells The

By JESS WILSON

Sun on Sunday: "This year's dreary spring hasn't helped us feel lusty. But tonight marks the official beginning of summer loving. You'll naturally start to feel more passionate as we finally swap winter woollies for skimpy summer clothes, socialise more during the long evenings - and go to bed starkers." Here are 15 new rules of great sex, all backed up by science . . .



Laugh them into bed: Turns out sex really is a laughing matter. Recent studies found that the more couples joked around between the sheets, the more desire and satisfaction they felt. Knock knock...

Play Lego: How relaxed you are before sex correlates to how turned on you will feel later. Doing something playful and creative (such as building a Lego model or sketching saucy portraits of each other) helps to lower stress and ramp up lust.

Keep it clean: Get the Marigolds out. Research has found search has found that clean, organ-ised environments increase couples' sex drives.

4 Eat from the "Testicle Tree": "Testicle Tree":
Ancient Aztecs called
avocado trees "testicle
trees" because of their
supposed aphrodisiac qualities. Modern research backs
it up, finding the fruit's
healthy fats and vitamins can
help maintain a healthy
libido.

Take a cold shower:
A study in the
North American
Journal of Medical
Sciences found that cold water immer— sion can increase testosterone levels, which do the job of enhancing sexual desire.

**6** Dirty diary: Keep a journal of your filthiest fantasies. The simple act of writing about your sexual desires has been shown to increase your levels of lust.

Reader, I Boffed Him:
Watching romantic films and
reading steamy books increases
your overall levels of desire and
arousal, according to a study in
the Archives of Sexual Behavior.

8 Masticate: Get those jaws going. Chewing gum boosts cognitive function, improves mood and increases how much interest you have in sex.

O Lads, eat celery: Celery contains androsterone, a pheromone levels in men, making them more attractive to women.

Ladies, drink pomegranate juice can help to increase women's testosterone levels and even testosterone levels and even

strengthen their orgasms.

trengthen their orgasms.

Theady, Player Two:
Add some Grand
Theft Auto to your
foreplay. Couples who
played video games
together regularly
reported higher levels
of relationship satisfaction and sexual
desire in a recent
urvey.

survey.

Get back to Gardening, simply walking through green spaces and even just watering your pot plants can all help to lower your mood and rev up your sex drive.

Bleavy petting: Looking after a pet can heighten your levels of oxytocin, the body's most powerful bonding hormone. In turn, that increases how much affection trust you feel with your ler. and partner.

The birds and the bees: Honey is a natural aphrodisiac. It contains boron, which helps regulate hormone levels, and nitric oxide, which helps to boost blood flow during arousal.

Blow your horn: Playing a musical instrument is a known libido booster. If you can't hold a tune, just listening to music before (and during) sex will heighten your desire and could even improve your orgasm.









SONY MUSIC



We often use the fact that records have made No.1 in the charts as a yardstick for choosing the most memorable hits of a decade, but the fact is that there are just as many great records that got stuck at No. 2 or 3 that if you said they'd been chart-topper's no-one would argue.

On this 60-track 3-CD set, there are 60 such gems from what was one of the most exciting and dynamic musical eras of them all - the 1960s - all of them stunning classics that you'd hate to miss out on.

"River Deep, Mountain High" by Ike & Tina Turner, "You Can't Hurry Love" by The Supremes, "Rag Doll" by Frankie Valli & The Four Seasons, "Dock Of The Bay" by Otis Redding, "Downtown" by Petula Clark, "Halfway To Paradise" by Billy Fury, "Wild Thing" by The Troggs, "Delilah" by Tom Jones - were these REALLY not No. 1s?!

All these and many more can be found on this fabulous 3-CD collection for the great-value price of just £8.99 including p&p.

- Disc 1
  River Deep Mountain High Ike & Tina Turner
  2 You Can't Hurry Love The Supremes
  3 Then He Kissed Me The Crystais
  4 You've Got Your Troubles The Fortunes
  5 When You Walk in the Room The Searchers
  6 Bend Me Shape Me Amen Corner
  7 A Little Bit Me, A Little Bit You The Monkees

- Rag Doll Frankie Valli & The Four Seasons 1 Rag Doll — Franke Vallı & Ine Four Seasons
  2 Take Good Care of My Baby — Bobby Vee
  3 The Price of Love — The Everly Brothers
  4 Halfway To Paradise — Billy Fury
  5 Dream Baby (How Long Must I Dream) — Roy Orbison
  6 Heyl Baby — Rrue Channel
  7 The More I See You — Chris Montez
  14 Bobby's Girl — Susan Maughan

- Disc 3
  In the Ghetto Elvis Presley
  I ha har Theavy He's My Brother The Hollies
  3 Sloop, John B The Beach Boys
  (Stittin' On) The Dock of the Bay Otis Redding
  5 Yester-Me, Yester-Tou, Yesterday Stevie Wonder
  Build Me Up Buttercup The Foundations
- 8 Monday, Monday The Mamas & The Papas 9 I Just Don't Know What to Do with Myself Dusty Springfield 10 Downtown Petula Clark 11 Giff Don't Come Sandie Shaw 12 Bang Bang (My Baby Shot Me Down) Cher 13 Eve of Destruction Barry McGuire 14 Wild Thing The Troggs

- 8 Save the Last Dance for Me The Drifters 9 Walk Away Renee Four Tops 10 This Old Heart of Mine (Is Weak for You) The Isley
- and The First Edition 8 All I Have to Do Is Dream Glenn Campbell & Bobby
- 2 He Aim't Heavy He's My Brother The Hollies
  3 Sloop John B The Beach Boys
  4 (Sittin' on) The Dock of the Bay Otis Redding
  5 Yester-Me, Yester-You, Yesterday Stevie Wonder
  6 Build Me Up Suttercup The Foundations
  7 Ruby, Don't Take Your Love to Town Kenny Rogers
  11 Hong- Bobby Goldsboro
  12 Sealed with a Kiss Brian Hyland
- 13 You've Lost That Lovin' Feelin' Cilla Black
  14 Almost There Andy Williams
  16 Unust Be Him Uniki Carr
  16 Come Back and Shake Me Clodagh Rodgers
  17 Someone Eise's Baby Adam Faith
  18 Delliah Tom Jones
  19 Hole in My Shoe Traffic
  20 My Ship is Comipo In The Mellore Pershare.

15 We've Gotta Get Out of This Place – The Animals 16 Gimme Some Lovin' – The Spencer Davis Group 17 I'm the One – Gerry & The Pacemakers 18 You Were Made for Me – Freddie & The Dreamers 19 Do You Want to Know a Secret? – Billy J. Kramer

& The Dakotas 20 A Groovy Kind of Love – The Mindbenders

15 Don't Treat Me Like a Child – Helen Shapiro 16 Speak to Me Pretty – Brenda Lee 17 Brown Eyed Handsome Man – Buddy Holly

18 Lazy River – Bobby Darin 19 (I Don't Know Why) But I Do – Clarence 'Frogman' Henry

20 Ain't Got No / I Got Life (From "Hair") — Nina Simone

- 20 My Ship Is Coming In The Walker Brothers

Sun readers can view the full track listing and order a copy of this wonderful 60 track collection for just £8.99 including p&p either for yourself or as a gift for a friend or loved one, visit allthemusic.co.uk/sixties



Buy now at allthemusic.co.uk/sixties



#### 'Girls clip' cam cop case loss

#### By RICHARD MORIARTY

By RICHARD MORIARTY

A FORMER police speedcam operator accused of
focusing his kit on young
female pedestrians lost
an employment tribunal.

John Richards was said
to have made colleagues
"a tad uncomfy" when
they checked recordings.

A notice of alleged
standards breaches said
the camera was "deliberately moved" and there
was "prolonged focus" on
passing females, "some of
them in school uniform".

He claimed the clips
were "heavily edited" and
misconduct papers served
were later withdrawn
with no further action.

But Richards, a cop for
more than 30 years in
North Wales, brought victimisation, disability discrimination and unfair
dismissal claims after losing his job in November
2021. All were dismissed. ing his job in November 2021. All were dismissed.

#### N. Korea trash hell

NORTH Korea has resumed flying balloons over the southern border. South Korea issued a new alert yesterday fol-lowing two previous efforts since May 28 to

efforts since May 28 to dump manure and rubbish on the South.

It is not yet known if any balloons have landed.
The North first took offence when South Korean activists sent balloons carrying anti-Kim Jong Un leaflets.
Seoul has since suspended the two Koreas' 2018 military agreement.



#### Police in gas gaffe

POLICE closed a major road to remove four gas canisters — then found they owned them.

Angry A3 drivers faced gridlock amid fears the "bombs" could explode.

Upon examination, the canisters were found to be flash-bang distraction devices used by police armed response teams.

A controlled explosion was later carried out in Guildford on Tuesday.

Surrey Police said: "The incident is being reviewed to identify any learning for those involved."

**JANE ATKINSON IS AWAY** 



# INDRAISER



#### A GANGLAND killer is begging for cash for an appeal using TikTok videos from his cell.

Jail chiefs are probing after The Sun on Sunday uncovered the clips by mobster Eugert Merizaj. The Albanian, serving 32 years for the shotgun slaying of a rival drug dealer, seems

Cell phone . . . clip of Merizaj

#### EXCLUSIVE by SCARLET HOWES

to be using a banned mobile as he asks his 63,000 social media followers for cash.

Merizaj, 33, also apparently splashes out on designer gear including £250 trainers and a £99 pair of Hugo Boss shorts.

Despite a ban on mobiles, he has repeatedly broadcast live conversations in recent weeks at HMP Manchester.

Last week he spoke from

his cell to Albanian Kozak

his cell to Albanian Kozak Braci, who calls himself the "King of Instagram". In the video, seen by The Sun on Sunday, Braci tells Merizaj: "You will have &2,000 from me, &2,000 from Fabio .. as a support for you to get out of prison." Fabio is an Albanian mur-derer serving life in Greece. Merizaj also brags he has spent £50,000 on lawyers. He said: "No one will let me out. My money has gone."

In another clip, a supporter tells him he will send him €1,000 "because you are a good boy and in prison".

Merizaj, who also chats to women online, was part of a gang who shot dead cannabis dealer Hemawand Ali Hussein in Hartlepool in 2019.

He was jailed after being extradited from Belgium.

The Prison Service said:
"Mobile phones are not tolerated." Sources said jail chiefs were investigating the videos.

# ECO-LOONS PLOT

CLIMATE change activists plan a summer of airport chaos for travellers across Europe.

Britain's Just Stop Oil has teamed up with similar cells across the continent to target hundreds of holiday flights.

There are fears they are planning actions at airports in Spain.

Portugal, France and the Netherlands. Flights to and from Germany for the Euro 2024 footie tournament could also be hit, as well as airfields used by celebrities such as Farnborough, Hants.

In a message to supporters,

countries have agreed to work together.
That means this summer's actions will be internationally coordinated.
"People across Europe will be taking the fight to airports, the heart of the fossil economy. This summer's actions will go down in history."

Just Stop Oil is part of the A22 Network of climate protest groups, which has mem-



KRONENBOURG fans are hopping mad after the lager became the latest to

lager became the latest to slash its alcohol strength. The French golden pale lager, recently rebranded 1664 Bière, has gone from five to 4.6 per cent ABV. One punter blasted: "It's shocking, nothing

"It's shocking, nothing like the original." Another wrote: "Another beer

wrote: "Another beer bites the dust in the UK." Brewer Carlsberg Mars-ton said British punters preferred weaker drinks.





# CASA AMOR STAR IN INTENSIVE CARE





LOVE Island legend Paul Danan had to be brought back to life suffering respiratory by failure his triggered addiction to vapes.

addiction to vapes.

The 45-year-old, who took up the habit after years of smoking, collapsed last month and had to be given CPR before he was rushed to hospital.

He then spent a week in intensive care, where he contracted pneumonia.

While in the high dependency unit at Whipps Cross hospital, East London, doctors warned his loved ones "he might not make it through the night".

Speaking exclusively to The Sun on Sunday, the former Hollyaaks actor, who was taken ill at his parents' home, said: "I was dead — it's a miracle I'm here."

He added: "I'm upstairs puffing away on my vape then suddenly I lost my breath and collapsed. My family called for an ambulance and started giving me CPR, then police arrived and took over before paramedics took me to hospital. I was on a machine in ICU and ended up with pneumonia. My family were warned I might not make it through the night. I'm so lucky."

Paul, who was in the original series of Celebrity Love Island in 2005, says he was told by doctors that his addiction to e-cigarettes sparked his collapse.

He explained: "The doctor was so, so harsh with me. She told me, 'Paul, you don't know how serious this was and you are going to be in here for a while now, on this oxygen'.

#### 'Over the edge'

any more."
Vapes still contain nicotine, which is addictive, and potentially dangerous chemicals that can cause lung and organ damage.
Experts say vaping is better for users than smoking, but the NHS says it "is not completely





KISS . . . on Celeb Love Island, 2005

Vaping

nearly

Kilen

Channel 4 soap Hollyoaks as tearaway teen Sol Patrick between 1997 and 2001.
After his success on Celebrity Love Island, he bagged his own ITV series with co-stars Calum Best and Fran Cosgrave, but his partying took its toll, sparking stints in rehab for drug and alcohol addiction.

In 2017, he made his reality TV comeback in Celebrity Big Brother and also featured on Celebrity Coach Trip in 2022.

His brush with death has given him a new perspective on life, making him determined to lead a healthier one. Now recovered, he is focusing on landing theatre roles and raising money for Little Havens children's hospice in Essex.

Paul explained: "It was the kick up the a\*\*e I needed and it really has worked.

"I feel like a different person and I'm ready to kick on with my career.

"I'm in the best place mentally I've been for ages and can't wait to see what's around the corner."







Pages 38 & 39



Selected stores and lines, Subject to availability, Shows serving suggestion, All products 2 for £8, Asda Aromatic Chicken Shawarma with Fajita Yogurt Drizzle \$80g £4.95 (84p per 100g), Asda Chinese Inspired Salmon Sizzlers 200g £5 (£2.50 per 100g), Asda Slow Cooked BBQ Pulled Pork 500g £4.95 (99p per 100g), Asda Smoly Fajita Chicken Sir Fry Kit 650g £4.40 (68p per 100g). Minimum basket and delivery charges may apply, delivery and collection slots subject to availability. May exclude Asda Express and small stores, see ASDA.com/smallstores

#### AFTER GREGGS...ACTS' RIDERS

seven dwarfs, **a square** melon and rose petals in the loo

FROM shepherd's pie to kittens and, er. prunes, touring music acts have requested some odd stuff on their riders, the list of what they want in their dressing rooms. Taylor Swift this week but in a marship order. put in a massive order for Greggs sausage rolls and steak bakes for her backstage team as she kicked off her Eras Tour in Edinburgh. But who has had the weirdest wants? JOHN SIDDLE reveals all . .



O LL.

comic Bob Hope, right, and a brand of cigarettes he didn't like to throw in a bin"

one show

#### and slush machine

AXL ROSE

JENNY From The Block singer is ON a 2012 tour, Guns N' Roses frontman Axl Rose, *below*, is said to reported to have requested "white flowers, white tablecloths, have asked for a white curtains. white candles and white couches" for

#### CHER

CAN you Believe that one of the legend's requests for her 2019 Here We Go Again tour was said to be a chocolate fountain

#### **ROLLING STONES**

THE rockers revelled in their wild boys image but the band's rider apparently requested shepherd's pie, paint brushes – and a telly so they could keep up

#### BARBRA STREISAND

SHE sang You Don't Bring Me Flowers, but Barbra apparently asks for rose petals sprinkled in her toilet bowl when travelling.

stores and lines. Subject to availability. Shows serving suggestion, All products 2 for £8, Asda Aromatic Chicken Shawarma with urt Drizzle 580g £4,95 (84p per 100g), Asda Chinese Inspired Salmon Sizzlers 200g £5 (£2,50 per 100g), Asda Slow Cooked BBQ

Pulled Pork 500g £4,95 (99p per 100g), Asda Smoky Fajita Chicken Stir Fry Kit 650g £4.40 (68p per 100g). Minimum basket and delivery charges may apply, delivery and collection slots subject to availability. May exclude Asda Express and small stores, see ASDA.com/smallstores

THE Real Slim Shady rapper was reported to have requested live koi carp in 2011. The Real Fin Shady, perhaps.

#### **VAN HALEN**

AMERICAN rockers but "absolutely no brown ones" and a large tube of KY jelly lubricant. They did it to check venues were reading their contract.



TROUBLED singer is said to have demanded McDonald's cheeseburgers (minus the buns), 100 figs and prunes and a fish and chips supper when she played at London's O2 arena in 2011.



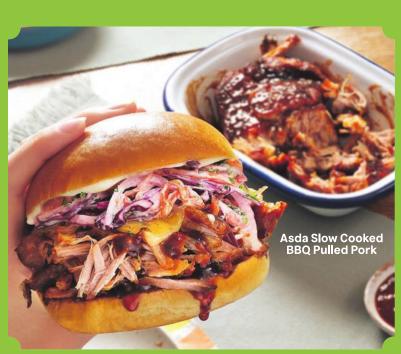
DIVA is said to have asked for 20 white kittens and 100 white doves when











#### Italy fear over fizz

PROSECCO production could be fizzling out due to climate change-related extreme weather. PROSECCO

commate transpersed to the textreme weather.

Growers in the hilly Veneto region in northern Italy are using nets to protect grapes from hail.

Others are blasting gas into clouds to try to stop the icy stones forming.

Blistering sun is also damaging the vines and grapes. Wine exporter Valentina Pozza said: "You wait and hope everything will be OK but it's not you who decides."

#### LEAGUE OF HIS OWN

A 1963 Second Division medal won by Stoke City ace Sir Stanley Matthews, then 48, could net £20,000 in Northants on June 18.

## VERMIN CRAWL OVER

is overrun rodent plaque

**EXCLUSIVE** by THOMAS GODFREY

A PRISON suffered a plague of rats — with some even crawling over lags at night.
One told inspectors

One told inspectors a rodent defecated in his bed as he slept, while others could not sleep for scurrying sounds. Inmates at 330-capacity HMP Springhill, an open jail in Bucks, were said to be "very distressed". The Independent Monitoring Board said the prison faced a "major rat infestation" which grew "increasingly worse" during 2023.

Live rats were "frequently seen" in and around the accommodation huts in the day and "constantly heard at night", leaving the lags "understandably distressed".



Pest infestation . . . Springhill jail

The report also said rats were getting into kitchens through holes in the walls. It added: "It was rare for IMB members not to see

live rats during monitoring visits."

It said a design fault meant rats that had died beneath the buildings could not be retrieved, "leaving

stench

carcasses for weeks".

Live rats were also found

carcasses for weeks".
Live rats were also found near new temporary accommodation blocks for lags.
Rentokil visited the jail – home to around 70 lifers – twice a week to rid it of the pests, putting out more traps with stronger bait.
A prison worker, who has been in the job more than 15 years, said rats were drawn by "food left lying around" and were a menace in most prisons.
He added: "The exercise yards are normally covered in bags of crisps and chocolate wrappers and bits of bread from sandwiches.
"It's no surprise the rats are getting bigger and breeding more than ever.
"If prisoners want them gone, they need to clean up after themselves or they'll just get bigger and braver."



Selected stores and lines, Subject to availability, Shows serving suggestion, All products 2 for E8, Asda Aromatic Chicken Shawarma with Fajita Yogurt Drizzle 580g £4,95 (84p per 100g), Asda Chinese Inspired Salmon Sizzlers 200g £5 (£2,50 per 100g), Asda Slow Cooked B80 Pulled Pork 500g £4,95 (99p per 100g), Asda Smoky Fajita Chicken Stir Fry Kit 650g £4,40 (68p per 100g). Minimum basket and delivery charges may apply, delivery and collection slots subject to availability, May exclude Asda Express and small stores, see ASDA.com/smallstores

## **BANGERS 'N' CRAS**

DRIVERS were left in tail-backs for hours after a lorry tipped over on a motorway and spilt ten tons of sausages. Police arrived on the scene to find strings of bangers "scattered across the road". tipped and sp

By WILL BARKER

Emergency services were called after a collision on the M40 near Junction 9, for Bicester, Oxon, on Friday. It led to widespread disruption with the northbound

"scattered across the road". It led to widespread The driver was trapped in disruption with the northbound the lorry and had to be carriageway blocked for sev-freed by fire crews before eral hours, and five miles of being passed to paramedics. traffic on the southbound side.



ONE of the greatest upsets came in 2004 when Greece — who hadn't previously won a match at a major tournament — triumphed after beating Portugal in the final.



Instore | Delivery | Click & Collect



#### £1 book is a rare £15k 007

#### By LEN READ

By LEN READ

A RARE first edition of the debut James Bond novel — bought at a car boot sale for £1 — is set to sell for £15,000.

The 1953 copy of Ian Fleming's Casino Royale is one of only 4,750.

It was bought by a woman at a car boot sale in North Yorks because she liked the love hearts on the dust jacket.

She then left the book in her loft for eight years. It it expected to sell for up to £15,000 at auction later this month.

The unnamed owner, 48, said: "It is so exciting. I don't know what I'll spend the money on —maybe a holiday."

Chris Surfleet, of Adam Partridge Auctioneers in Hele, Devon, said: "She was thrilled. It is truly the stuff of legend to find such a valuable item at a car boot sale."

Casino Royale was made into a film in 2006 starring Daniel Craig as suave spy 007.





On reflection, that was a mistake and I apologise 5



€ Our armed Forces carried out their duty with a humbling sense of resolve and determination. Very



■I might be dressed up and away from the kids for a night but quite often I'm hiding in the toilets texting my real friends about how I really feel



Send me to Parliament



#### IT'S A HATCHBACK

BMW driver David Collinson, 77, found a bird's nest with four eggs inside under the car's bonnet in Kings Clipstone, Notts.

**AVATAR STAR ON FAMILY, FEMAL** 



AS one of Hollywood's most bankable stars, Zoe Saldana has become known as the queen of the franchise.

queen of the franchise.

Now the Avatar actress is calling for more females to reach the top in the movie industry, and says of the men who are backing them: "It's so sexy when a man truly celebrates a woman".

Zoe, 45, spoke out while promoting her latest flick Emilia Perez, a musical drama which received a nine-minute standing ovation at the Cannes Film Festival in France last month.

The star revealed: "I think that women, we're going to keep creating stories about us, for us and for the world, forever.

"But we need more female CFOs We

#### 'Marco keeps me young'

think I keep him young too."

Zoe has fought and overcome the odds to have a voice in Hollywood.

She was raised in crimeridden Queens, New York, where her parents emigrated to escape poverty and unrest in the Dominican Republic.

Spanish was the first language spoken at home and her father died in a car crash when Zoe was nine.

car crash when Zoe was nine.

She threw herself into dance lessons having discovered a passion for music during time spent in her mum's Car-ibbean homeland with her sisters, Cisely and Mariel.

After performing with the New York Youth Theatre, she took on an agent and landed her first movie and television roles in her early twenties.

Zoe received early recog-



that I've be A little girl be able to movie, and a full-blow ues to educ "I mean, I planned happened. "And I opened eveme and wa Telling career, the

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"I was b

# ES...AND HER GANGSTER MOVIE







# e's nothing se when a man ebrates a w

ys **ZOE SALDANA** 

LOVING THE ALIEN ... playing hunter Neytiri in sci-fi flick Avatar

en given at a very early age. from Queens, New York, to be in a James Cameron for that to catapult me into a sort of career that contin-tate me.

I can only be so lucky. Had this, it would have never

took every opportunity. I ry door that felt unlocked to lked in."

lked in."
now Avatar changed her
movie beauty added: "I went
leing in small and big proleing in small and big proleing in small way.
know, this princess from
a planet — it reached the

able to get meetings with and directors that I never ould ever meet. eing offered roles, where I

always thought that I needed to fight and work really hard for them."

In 2009 Zoe was also selected to play Nyota Uhura in the Star Trek reboot directed by J.J. Abrams. The movie and its sequel, Star Trek Into Darkness, earned around £400million, which cemented her reputation for having the Midas touch when it came to choosing her roles. Next came the part of Gamora, in Guardians Of The Galaxy, which became the third highest-grossing Marvel movie behind The Avengers and Iron Man 3. She also made history as the first actress to feature in four movies that grossed more than \$250lillon each, including Avatar sequel The Way of Water, Avengers: Infinity War and Avengers: Endgame.

So it is no surprise that Zoe was

So it is no surprise that Zoe was named the second highest-grossing actress of all time behind Scarlett Johansson in April this year. While her

net worth is estimated to be around £30million, Zoe says she uses her instinct to choose roles. She explained: "I can't pick a project for any other reason than how it makes my heart beat. That's my lottery ticket."

Zoe saw her latest role in Emilia Perez as an opportunity to "branch out" and it "reignited a fire in me that I was the one putting out myself".

Along with co-stars Karla Sofia Gascon and Selena Gomez, Zoe jointly won Best Actress at the 77th Cannes Festival for the crime musical, which brought the audience to tears.

She plays disgruntled lawyer Rita, who assists a Mexican cartel leader to undergo sex reassignment surgery.

Karla, the first openly trans actress to net worth is estimated to be around

Karla, the first openly trans actress to triumph at Cannes, plays gangster Emilia Perez – and the cast, including actor Edgar Ramirez, all saw it for the first time together at the festival – a

new experience for Zoe. She said: "As an artist, I'm never saitsfied. I'm really hard on myself, so I'm watching it with such a critical eye. But this film was different. The story was so moving.
"So every time I was watching Karla, or I was watching Selena or Edgar and listening to the songs, I forgot that I was in it. So I was really happy."
She admits that at times she has selfdoubt. Zoe said: "I'm extremely shy. I am in the closet of my mind more than I am interacting with the world. And it is dark in there and it is so freeling isolating. So I'm tired of that. Then also, I'm a middle-aged woman. I'm 45.
"So immediately there's this anxiety of, like, 'Oh my God, my time is up'.
"I can't stop dreaming. I just want to continue making art because if I don't, I don't know what else to do.
"I still want to grow as an artist. There's still so much that I want to do."



THERE'S SO **MUCH MORE** TO COME...



Mrs Crunch Lunch Pages 34 & 35



Money Page 36



**Pets** Page 37



Health Pages 38 & 39



**Puzzles** Pages 40-42



Travel Pages 47-49



**18 pages** of Sport



HEADING off on holiday often means its a hand-luggage only kind of trip – which means space for liquids will be limited. So, I've put three skincare travel kits to the test to see which is best.

# with TARA LEDDEN



Pictures: DAN JONES

Byoma Brightening Starter Kit, £14.99, cultbeauty.co.uk: No matter your age or skin type, you can't go wrong with Byoma. The brand's Brightening Serum is one of my favourite skincare products so naturally I think this set is great.

As well as the serum, it contains a cleanser and a rich obstruiser that's preaf for sup-parched skin But you will

moisturiser that's great for sun-parched skin. But you will

need extra products as the cleanser isn't great at removing stubborn make-up, and the travel sizes are on the smaller size so won't last much longer than a week.

A great budget option, but you get what you pay for.



Farmacy Beauty Farm Fresh Bestsellers Kit, £38, spacenk.com: I have incredibly dry lips and can't leave the house without slapping on

and can't leave the house without slapping on some lip balm, so I very much welcomed the addition of one in this kit.

On top of that, it includes the only balm cleanser I've tried that doesn't break skin out, and everyone I've ever recommended it to has come back with high praise. Plus, there's a great moisturiser and a vitamin C-rich eye cream which is great for brightening the under-eye area and refucion dark





GREEN CLEAN



The sizes are perfect for a week or two away, and as they're all pots they are easy to refill and reuse with products from my stash for future trips. I'd definitely buy again.



Elemis X Shrimps Travel Icons Skincare Set, £89, uk.elemis.com: So much more than a travel kit, it's an entire skincare routine that will last [ar longer than

a holiday. There are six products including a cleansing balm big enough to last a month, as well as a foam cleanser, chemical exfoliant,

cleanser, chemical exfoliant, moisturiser, eye cream and, very excitingly, a shower gel. The quilted toiletries bag, made in collaboration with British fashion designer Shrimps, is a collectors' item and I'll be reusing it for my make-up once I get home. But there's no doubt this is the triciset extino of the three priciest option of the three





THERE are two budget skincare items I use for reducing spots – The Inkey List Succinic Acid, £11, and hydrocolloid patches.

Now the Inkey List



Now the Inkey List Hydrocolloid Invisible Pimple Patches, for £9, combines the two.
They're clinically proven to reduce spots in just four hours, and are super-thin so can sit under make-up.
Shop now at theinkeylist.com and in Boots stores nationwide.

#### Sün BING

PLAY smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Find out more: sunbingo.co.uk/smart-tips

BeGambleAware.org

My husband's been sleeping with his cousin for years

deardeidre PAGE 44

Seafood bisque

MIGUEL says: "This dish looks so posh! But it's actually just a few pan-fried cherry tomatoes with some frozen

seafood.
"This is my sort of cooking. A few simple ingredients, very little effort and something restauranty in under 20 minutes."

#### PORTION:

¼ onion, roughly diced A few cherry tomatoes, quartered 1 garlic clove, sliced Pinch of dried chilli flakes

1 frozen white fish fillet Small handful of cooked and peeled prawns Pinch of dried (or chopped fresh) parsley 2 slices of bread Olive oil Salt and pepper METHOD: Pan-fry the

onion and tomatoes in a glug of olive oil over a medium heat for a few

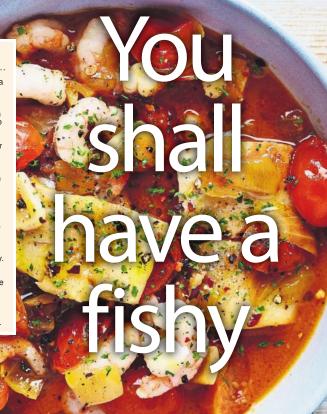
minutes.

Just before the onion starts to colour, add the garlic and chilli flakes. Meanwhile, cut the frozen fish fillet into four pieces using a serrated knife. And, just before the garlic starts to brown, add it to the pan along with a big splash of water. Simmer for ten

Simmer for ten minutes, then add the prawns. Simmer for another 5 minutes until the fish is cooked, then remove

from the heat and garnish with the parsley For the bread, simply rub a little olive oil and salt into each side of the slices

And either griddle them or toast them in a pan, until charred or browned on both sides.



#### Fish en papillote

MIGUEL says: "This is what frozen fish was made for: Hassle-free and delicious meals at a moment's

notice.

"Here, I have used an old refer, I nave used an old technique of cooking ingredients in greaseproof paper – it locks in the moisture and steams the

fish, potatoes and fennel. "Everything inside the

happens parcel, leaving you with more free time and no washing

delicious meals at a moment's notice9

Hassle-free,

TO MAKE ONE PORTION:

A few small potatoes, thinly sliced

½ fennel bulb, thinly sliced 1 frozen white fish fillet Wedge of lemon (optional) Olive oil Salt and pepper

METHOD: Preheat your

METHOD: Preheat your oven to 190C/gas 5.
Grab a square sheet of greaseproof paper and lay the sliced potatoes in the middle, season with salt and pepper, then add a layer of sliced fennel and

place the frozen fish fillet on top. Add a glug of olive oil and season with a pinch of salt and plenty of cracked

black pepper. Wrap the paper around the fish and fold it tightly

to make a parcel, then place it in the oven on a baking tray for about 40 minutes, until the fish is

cooked through.
Unwrap the parcel and
enjoy your meal straight
from the paper, with a
wedge of lemon if you like.



Food Money Pets **Motors Health Puzzles Deidre** Travel



#### **Smoked** mackerel paté

MIGUEL says: "This is something I make all the time. I love the smoky flavour of the mackerel and the way it balances so perfectly with the creme fraiche. "This is a sophisticated tuna mayo

for hipsters, so make sure you have char lines on your toasted sourdough

#### TO MAKE ONE PORTION:

1 smoked mackerel fillet, flaked 1 tbsp crème fraîche 2 slices of sourdough bread Small handful of rocket

Olive oil

Salt and pepper METHOD: Mix the mackerel and crème fraîche together in a bowl, then season with a tiny bit of salt and loads of penper

season with a tiny bit of salt and loads of pepper.
Heat a dry griddle pan over a high heat. Drizzle both sides of the bread slices with olive oil, add a sprinkle of salt then griddle on each side, until toasted, with char marks.
To serve, thickly spread the mackerel paté on the toast and garnish with a few rocket leaves and more black pepper.





#### White bean fish cassoulet

MIGUEL says: "Frozen fish is a great no-hassle ingredient for cooking elegant and sophisticated meals on a budget. So if you haven't already tried using it, just grab yourself a bag and give this recipe a

go.
"You won't believe that rou won't believe that with just two minutes of prep and an awkwardly balanced frozen fillet, you'll be sitting down to eat this amazing White Bean Fish Cassoulet."

TO MAKE ONE PORTION: 1/4 leek, rinsed and cut into roughly 7mm-thick circles 200g cannellini beans (from a 400g tin) 1 garlic clove, crushed

1 frozen white fish fillet Olive oil

Salt and pepper
METHOD: Preheat your
oven to 190C/170C fan/gas
5. Throw the leek circles

5. Throw the leek circles into an ovenproof dish, along with the cannellini beans, garlic and milk. Season well with salt and pepper, give it a quick stir and place the frozen fish fillet on top, straight from the freezer.

Drizzle everything with a big glug of olive oil and don't forget to season the fish with salt and loads of cracked black pepper (the oil will help it stick to the fish).

Bake for about 25 minutes, until the fish is cooked through.

## **FREE INSIDE TODAY**



# Fabilii & Sumhealth all week

Monday

Sex Love Tuesday Health

Wednesday Homes

Thursday Beauty Families | Celebrity

Friday Fashion

Saturday All about you

#### AIRPORT DROP-OFF FEES ARE UP BY 20%

AIRPORT drop-off charges are up to 20 per cent pricier than last year, we

Gatwick now charges £6, up from £5, for a

Gatwick now charges £6, up from £5, for a ten-minute stop.

We checked prices at 28 UK airports and seven had upped their prices – Aberdeen, Birmingham, Bristol, Gatwick, Glasgow, Glasgow Prestwick and Leeds Bradford.

The most expensive was Stansted, which now levies £7 for a 15-minute pick-up although it has not increased its charge this year.

Four UK airports – London City, Cardiff, nverness and Newquay – do not charge. But London City does not allow drivers to

wait at all, whereas at Newquay and Inverness you get ten minutes' stopping time and at Cardiff it is five minutes.

Drivers could be hit by a penalty charge notice of up to £80 if they break wait-time rules.

Holidaymakers are being warned to check

Holidaymakers are being warned to check for alternative drop-off areas in the mid or long-stay car parks.

For example, drop-offs at any of Heathrow's various long-stay zones is free for 30 minutes. From here, travellers can get on a transit bus taking them to the terminal free of charge. Passengers travelling from London Luton can be dropped off for free at its mid-stay car

park, which is only a ten-minute walk from the terminal.

Rod Dennis, RAC road safety spokesman, said: "It's hard to see these sky-high drop-off fees as anything other than a money-making opportunity for the car-park operators.
"If public transport to an airport is poor or non-existent, travellers will inevitably have to drive, and it's not right they can be stung by such costs even if they're stopping for no more than a matter of minutes to drop off a friend or family member.

friend or family member.
"Sadly, though, drivers are a captive audience in these situations, so an airport is free to charge whatever it likes."

#### **MOST EXPENSIVE AIRPORTS**



#### HOLIDAY SPECIAL

Email us at money@the-sun.co.uk or write to Sun Money, News UK, 1 London Bridge Street, London SE1 9GF

# ON SUND

Money news and advice to help you fix your finances



#### DON'T put a dampener on a sunny holiday by paying a fee every time

you use your card.
Credit and debit cards routinely add fees of almost three per cent when used abroad, and ATM char-

when used abroad, and ATM charges can be as much as 7.95 percent, which would add £8 to a £100 withdrawal.

Andrew Hagger, personal finance expert at Moneycomms.co.uk, said: "Being smart with your plastic when travelling means more of your spending money goes on the things you enjoy rather than expensive overseas card fees."

Here, HARRIET COOKE looks at the options.

the options.

#### **ASK YOUR BANK**

ASK YOUR BANK
MANY debit cards charge a fee of around 2.75 per cent for spending outside the UK, which would mean paying an extra £1.40 for every £50 meal out.

But the best cards for overseas travel have no fees, so you can use them as if shopping at home.

Big-name banks are increasingly offering customers these perks to deter them from taking out specialist accounts elsewhere.

You might not get the best rates but it's better than paying standard card fees and it's super-easy to set up.

dard card fees and it's super-easy to set up.

NatWest's new free travel account allows you to hold euros on your existing debit card and spend them without paying the usual 2.75 per cent fee, as well as withdrawing up to €200 cash from an ATM abroad.

You'll need a NatWest current account, but it's not available for joint account-holders.

Some premium NatWest accounts, such as Reward Silver, already do not charge for foreign transactions.

transactions.
HSBC customers with a Global HSBC customers with a Global Money Account receive a separate debit card for use abroad, which they can use to withdraw cash or make card purchases without fees. Paulomi Debnath, 44, from Romford, East London, recently took out an HSBC Global debit card to use abroad.

use abroad.

The jewellery designer, who founded handmadebytinni.com, said:
"It was handy on a business trip to Singapore earlier this year when I forgot to take Singaporean dollars. I went to a bureau at Heathrow airport to exchange and the transfer rate was shockingly bad. But my husband Avik said, 'Don't worry, just use your card, and put some dollars into our Global account'.

RATE , a Poulomi

'Don't worry, just use your and put some dollars ir our Global account'.

"The exchange rate wasn't quite as good as Google's (which uses Interbank data) but it was a lot better than what the travel desk was offering. It is was offering. It is

very convenient to be able to convert currency instantly within your main banking app — and the card worked perfectly during the trip."

Santander customers with Edge or Edge Up accounts are not charged fees for making purchases abroad or withdrawing cash, but there is a fee of £3 or £5 respectively for holding the accounts.

Watch out for the exchange rate — not just fees. If a bank is offering Interbank, Mastercard or Visa rates, you are getting a pretty good

deal. Banks that offer different rates, such as HSBC and Nat-West's travel accounts, charge a mark-up to cover their costs, but not a significant one. For example, NatWest advertised £1.1384 for £1 on Wednesday this week, against the Interbank rate of £1.1739.

#### **JOIN A NEW BANK**

IF your bank does not offer decent travel perks, it might be worth applying for a specialist debit card. You can do this along-side your main account and transfer money across. Chase Bank's

card is fee-free and gives one per cent cashback on all your spending, paying up to £15 a month for the first year. Starling's current account also offers free spending, and like Chase, offers the Mastercard exchange rate.

The Sun's Travel Editor, Lisa Minot recommends Currensea, a travel debit card which uses open banking technology to allow people to spend directly from their existing current accounts if abroad. Currensea's free cards charge 0.5 per cent above the Interbank rates for transactions, and nothing for

withdrawals under £500 a month. withdrawals under £500 a month. Remember to always opt to pay in local currency, as paying in ster-ling usually means getting a dis-mal rate from the merchant you are buying from.

#### **CREDIT CARDS**

CREDIT CARDS

SOME credit cards also charge foreign currency fees of up to 2.95 per cent and up to 7.95 per cent for ATM withdrawals. But travel-free versions are great for shops and restaurants, and they offer special protections if your purchases are not up to standard.

The Barclaycard Rewards card does not charge any fees on spending or ATM withdrawals.

There is also no interest on any cash withdrawn as long as you pay it back in full when your next bill is due. The Halifax Clarity is also a good pick as it has no charges on overseas spending.

Try to avoid withdrawing cash on a credit card as it can damage your credit score. Remember that overseas cash machines may charge their own fees, even if your card is fee-free, so it is a good idea to buy currency at home.

Niki Woods, 47, from Leeds, frequently travels for work and reckons she has saved hundreds in fees with her Halifax Clarity card. The author, who trains women and businesses about midlife and the menopause, said: "I use it to pay for everything while abroad as it doesn't charge foreign transaction fees and I pay the balance off every month to avoid interest.

"The only disadvantage is it means I tend to go to supermarkets more, rather than markets, where they don't take cards."

BEST PREPAID CARD

PREPAID cards are not directly linked to a bank account. You add money to them which you then

PREPAID cards are not directly linked to a bank account. You add money to them, which you then spend while on holiday.

The big advantage is you can choose to exchange cash in advance, locking in a rate, and cannot go overdrawn. The downside is there are often hidden fees, and some places do not accept them.

Sainsbury's and Asda's Travel Money cards are decent options. You can load up to 15 currencies on them and spend and withdraw cash abroad without fees.

Be aware that if you do not use your card for 18 months (for Sainsbury's) or 12 months (Asda), an inactivity fee of around £2 a month will be taken off your balance.

#### **FOREIGN CASH**

FOREIGN CASH
FIND the cheapest place for cash
currency using moneysaving expert.
com's Travel Money Max tool. Do
not buy currency using a credit
card as it counts as a cash
withdrawal, so you might be charged
fees and a higher rate of interest.



# Paws & Claws



#### **STAR** of the **WEEK**

POPPY the mini-Shetland pony visits care homes, schools and hospitals, bringing joy wherever she goes. Owner Sarah Woodland, 42, from

Oxford, has even taught her to travel in an elevator so she can visit more people who are bedbound, and her big heart has made her a

heart has made her a social media star. Sarah said: "Poppy is a very special pony. She has such a caring and quiet manner and is super-patient. "She has intuition and often knows when

often knows when someone needs a little more help or support.
She travels in lifts to visit people who cannot leave bed to enjoy everyday activities

See her online @dinkyponies.

## **Automatic** ball-launcher

FOR summer fun with dogs, The Sun on Sunday has teamed up with Petsafe Brand to give two lucky readers the opportunity to win an Auto-

matic Ball Launch-er – the ultimate game of fetch for pups -which is worth more

£180. For a chance to win our super prize, just send an email headed LAUNCHER to sundaypets@the-sun. co.uk by June 23. See uk.petsafe.net.

T&Cs apply.

# Feathers in need of lift

## PETER'S LOOKING DOWN

I HAVE taken in a parrot from someone who hasn't been well, to give him a new home, but Peter's feathers are looking

to give him a new home, but Peter's feathers are looking really sorry for themselves.

He hasn't had the right diet for a while. I want to help him recover as quickly as possible. Can you give me any tips to help that happen, please?

SARAH SANDERSON, Edinburgh Sean says: Feather problems develop over long periods and take quite some time to improve — it often takes several moult cycles for them to be replaced with shiny new ones.

Much also depends on the cause of the problem. If it's dietary or nutritional you're in luck as they will eventually improve, but it can be hard to move a parrot to a healthier diet than they are used to.

I recommend looking at the Harrison's parrot-food website for tips. If it's psychological issues such as boredom or anxiety and Peter is damaging his feathers himself, that is a harder nut to crack.

Parrots can have the intellect of a three or four-year-old child, so need lots of stimulation — both environmental and behavioural enrichment.

Depending on species, they may also need parrot company.

Sadly, we've normalised keeping parrots alone in cages in our homes, when that is often not good for them.

PEANUT, my one-year-old cat, hites a lot.

PEANUT, my one-year-old cat, bites a lot.

I want to deter him. What's the best way to do it?

PETE MATTHEWS, Whitley Bay, North Tyneside

PETE MATTHEWS, Whilley Boy, North Tyneside
Sean says: I'm guessing this may
stem from how you played with him
as a kitten. Lots of people make
the mistake of playing hunting and
pouncing games with their kittens,
using their hands as lures.
Unfortunately, this is a really bad
idea because it encourages the
behaviour in later life.
Puppies and kittens interact with
their own species by play-fighting.

ruppies and kitteria interact with their own species by play-fighting, using their mouths and paws. But we need to teach them bite-inhibition — by redirecting that type of play on to appropriate toys or other objects — when playing with us.

I HAVE inherited a tortoise, George, and he has a long beak. Can I get it trimmed?

HELEN MAITLAND, Bexley, Kent Sean says: You can, but it's impor-tant this is done by an experienced vet and preferably with an electronic



HE is on a mission to help our pets ... and is here to answer YOUR questions. Sean, who is the head vet at tailored pet food firm tails.com, has helped with owners'

queries for ten years. He says: "If your pet is acting funny or is under the weather, or you want to know about nutrition or exercise, just ask. I can help keep pets happy and healthy."

#### Send your questions for the Pet Vet to vet@the-sun.co.uk

dental burr which rasps down the excess growth evenly and safely.

Make sure you are feeding him an appropriate diet — this depends on species, but the Tortoise Trust website a great source of information.

And many tortoine

And many tortoise owners provide a cuttlefish bone or calcium block for their tortoise to chew on, which may help keep the beak trim.

five-year-old dog, barks at people who walk past our front window.

He does this while standing on the ack of the sofa, and it is driving

back or the sound me crazy.

Other than have the curtains drawn all day, what can I do?

CHIOE BRIGHT, Manchester

Sean says: I saw a clever solution to this recently — which completely stopped the problem and resulted in a much calmer household.

a much calmer household. The issue was addressed by applying an opaque sticky film to the lower half of the window so the dog wasn't constantly triggered by people walking outside. Cheap and easy, it didn't block out any light, and may work for you and Wolfie too.

too

If he's still going for it, you could just try to limit his access to that spot in the house.

# with MAGGIE INNES

#### ARIES March 21 - April 20

It's hard to count all the ways
Mars matters to you. But as
your mentor planet moves
on, start with money. Being
in charge of cash is second
nature this week. If you see
ways to save, or reasons to spend, you
can push them through. Love also has
hidden worth, and giving yourself time
and space to see this is key.

#### GEMINI May 22 - June 21

Staying strong on certain principles will take you towards creative and emotional freedom by the end of the week. You are the one person you can and should believe in. If you have been doubting feelings, this can end. Passion speaks your pame in a quiet compelling way.

your name in a quiet, compelling way, while luck travels round a family circle.

#### LEO July 23 - August 23

Your ambition zone is on fire Your ambition zone is on fire but it is your dreams that are number one, not other people's. So try to organise your schedule to include more time to write or create as this can reap rewards. If you are single, a hands-on teaching session can lead to romance. In a relationship? This week, love means listening without judging.

#### LIBRA September 23 - October 23

It's tempting to brush off any doubts about love or life and push on. You are ready for the truth, and telling or hearing it gives you special success power. The moon brings focus to specific work projects putting your name on a newly drafted document. In the family, try to separate who people are from what they do.

#### SAGITTARIUS November 23 - December 21

Building on what's working and dealing with what's not is the effect Mars can have.

Dates or decisions can progress quickly, and it is much easier to tell family members what you feel. Your love potion links to motion - you will meet a soulmate travelling. Current couples could both by whospiring the some your list company. both be rehearsing the same words.

#### **AQUARIUS** January 21 – February 18

The moon's path this week takes you from meeting to matching within days. It's so important to be authentic and not try to play any part. If you're attached, dig deep and be honest about where you need more from a partner, and accept responses that may come. The luck factor is first in line to choose random numbers.

#### TAURUS April 21 - May 21

Your chart over the next few weeks is part rebel, part warrior. Where you have stood back before, you are now ready to speak up and step up. Best of all, you trust your judgment – even when it takes an unexpected twist. Love-wise, a communication moon can take key talks all the way to a conclusion. the way to a conclusion.

#### CANCER June 22 - July 22

Holding back on big ideas and waiting for the perfect moment is not the Mars way, so get ready to reveal what you are really thinking and dreaming of. The people who respond best to this can be a surprise. In love? The mo

treats. Luck listens to a Spanish song.

#### VIRGO August 24 - September 22

The moon may raise some The moon may raise some deep questions about who is really there for you. Answering these can get relationships on a new, exciting level. Coupled-up Virgos have such a caring chart but with a streak of naughtiness. If you are single, this can be your week to go from casual to committed with a hot-cold Aquarius.

#### SCORPIO October 24 - November 22

It's good to be patient and understanding, but unless you set your own limits you could get overwhelmed. Lay out ground rules, both in a love bond and with family. Sensitive Neptune makes you perceptive of subtle signals. This can be your passport to a fulfilling career. Luck factor selects "76".

#### CAPRICORN December 22 - January 20

You are not a risk taker but Mars is out to change this, so stay alert. If your heart says to stop trying in love, listen to your head, too.

Many aspects of a relationship have been misplaced recently but are on the way back. Single? Guard your heart carefully until you are sure perhaps when an Aries responds.

#### PISCES February 19 - March 20

There's a directness to your communication chart that makes difficult subjects a dream to discuss - and you can ask all those questions can ask all those questions you've been storing inside. Any role talking on behalf of a group can be a great fit. Your sign is so sensitive but you know exactly when and how to activate tough love.

Phone Meg's psychics for chat on 0905 005 8102

Or to pay by credit/debit card call **08000 356 684** or mobile users call 020 7111 6406

Text a psychic. Just text **MEG** then a space and your que<u>stion</u> to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMs cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM19HH.

## HELP FOR DOGS TO ZONE OUT AT FESTIVAL

CHILL-out zones for dogs are popping up at festivals this summer. Research in Finland, at

the University of Helsinki, has found 75 per cent of pooches have some kind of anxiety-related behavioural

Now Sarah Jones, founder of My Anxious Dog, has set up Yellow Space Zones where anxious pups at canine-friendly festivals can sit quietly in relaxing

tents and enjoy snacks and

tents and enjoy snacks and calming activities. Sarah, 56, of Binfield, Berks, whose anxious Cocker Spaniel Bella, 12, inspired her, said: "Being around so many dogs and people, and new smells, can be stressful for dogs

beophe, and new streets, can be stressful for dogs.

"So I had the idea to create dedicated zones where dogs and their owners can get support from pet professionals."

Niki French, author of

Stop Walking Your Dog, said: "It's great to be able to chat to people with anxious dogs and answer questions." "Some dogs are stored to the store that the s

"Some dogs can relax by finding treats in snuffle mats or licking or eating an enrichment toy.

"The humans also get a chance to take a breath, knowing their dog is in a relaxing environment."

For festivals with Yellow

Space Zones check out my anxiousdog.co.uk.



CALM . . Sarah & Bella

**Used car** specialist

Q TWO years ago, I bought a Honda Jazz from a reputable dealership. It recently had an MOT then began to have starting issues. It's a 2018 plate and has done little more than 18,000 miles. After a lot of drama, it was taken to a Honda garage and I was told a sticky substance had leaked from the cupholder on to the battery.

leaked from the cupholder on to the battery.

I am 80. I don't have cups in the drinks holder under any circumstances – I keep my spare glasses in it.

It cost £370 for a new battery and a load of tests. Are Honda trying it on?

CAROLE SPURDON

A I have never heard any-one suggest something in a cupholder might have led to battery issues.

In a 2018 Jazz, the battery is under the bonnet so I have no idea how the cup-

have no idea how the cup-holder could be relevant.

Send your questions to motors@the-sun.co.uk

But no car battery would be under warranty after six years, so if the car needed a new battery then there's not

alot you can do.
Although I don't think
Jazz battery should cost
£370. After-market ones are
about £150. So I would get
on to the Motor Ombudsman about this, if I were you.

●WE printed a letter from a reader about problems he was having with his Toyota C-HR's battery. A few of you wrote in with your experiences. Here are a few to help others who

experiences. Here are a few to help others who might be going through the same thing - Alfie.

I HAD plenty of problems in November 2021 with my CH-R. I reported them to Toyota at the time, but it seems this has not led to any improvement.

SUE K. C. LEWIS

I THINK you will find Toyota fitted the wrong battery to some of the 2.0-litre C-HRs. They should have had a 70kW battery but some were fitted with the 50kW battery from the 1.8.

VINCE SMITH

SOON after I bought my Toyota C-HR, I had the same trouble. When I looked at the starter battery it was a deal of the starter battery it was a deal of the starter battery.

the starter battery, it was a small, 12-volt, old-fashioned one. I got nowhere with Toyota so bought a new, proper Toyota battery and have had no trouble since

TERRY MCKENZIE



SOME of us spend years trying to hunt down the perfect example of our dream motor.

For others, though, it can simply be a case of hanging on to something and let-ting the passage of time do the rest in turn-ing the vehicle into a stone-cold classic. And that's the category which Neil Smith, of

Moray, falls into with this tin-topped version of the classic Spit-fire. He tells me: "Here is my Mk1 THE WEEK Triumph GT6. It's one of the earliest

versions, as it was registered in 1967, and has been in the same family all that time."

Send pictures of your beloved motor, with details, to motors@the-sun.co.uk.

#### THREE . . . £6,000 LUCKY DIPS



2011 (11) Mini Countryman 1.6 Cooper S ALL4 5dr, 63k, Drivestar Autos Ltd,

Hinckley, Leics
(drivestarautos.co.uk):
A classy crossover with the strongest 1.6 turbo engine giving 184hp through all four wheels. Ad says it has crising lattrough as the says the s optional extras worth almost £6k when new.



2011 (11) Mercedes-Benz E 350 CDI 3.0 V6 Sport 2dr, 93k, JLC Motors Ltd, N. Benfleet, Essex (jlc-N. Benfleet, Essex (Ilc-motors.co.uk): Massive V6 turbodiesel coupe with a prestige badge, and all in Alfie's old stomping ground as well. Looks great, goes quick and won't cost the earth to run.



2014 (14) Ford Mondeo 1.6 TDCi Titanium X Business Edition 5dr, 73k, Midland Motorhouse Ltd, Hinckley, Leics (midlandmotor house.com): This is a last-of-the-line Mk4 Mondy – so is fully loaded, with gear like a reversing camera, heated and cooled front seats, rear blinds and more

#### I'M LOVING THE LANDO ROVER own bespoke Defender to sit proudly alongside his collection of head-

McLAREN don't do MPVs - so Lando Norris customised this old Land Rover Defender to tool around Monaco in with

First, the F1 star had the roof chopped off. Then he added air suspension, blue leather seats, longer rear bench seats and a pop-out Marshall speaker to play music anywhere. His famous

LN logo from his

the 2001 3.9-litre V8. The resto-mod was carried out by Yorkshire-based Retro Automotive who typically sell custom Defenders for £130k.

Boss Ben Davies said:
"Lando sent
us a DM. Now he's created his

Lucky boy.

ACCORDING to a study by Direct Line
EV Insurance, drivers considering an electric car put price and range way ahead of brand status.

We could

dancefloor is clear for Chinese brands like

DON'T MISS MOTOR'S EVERY THURSDAY



WARM summer weather can cause

warms summer weather can cause havoc with our sleep.
Studies have shown that the body's core temperature must drop slightly for you to nod off.
If this doesn't happen – because your

room is too hot, for example - it can affect

sleep.
On the right, I also put three of the latest sleep aids to the test . . .

#### RELAXING GUMMIES

FEEL GUD mushroom gummies contain 2,800mg pure extract of fungi including reishi, lion's mane, cordyceps and chaga varieties

Lion's mane is said to be calming, cordyceps help your kip quality by rebalancing sleep-wake cycles while chaga helps to

**.**.........

combat anxiety and stress. It all enhances your focus and immune system, promotes healthy skin and boosts energy

levels.
The gummies have a natural raspberry taste and did help me snooze. Costs from £19.99, see

feelaud.co.uk.



**→** FITNESS **FAMILY HEALTH →** DIET & NUTRITION **→** SLEEP & WELLBEING **★** MENTAL HEALTH



By LYNSEY HOPE

IT is back - along with those signature bright white smiles beaming those from your telly.

Love Island returned for its lith series this week, inviting the usual drama and romance. There have already been plenty of twists and turns, with

Ilth series this week, inviting the usual drama and romance. There have already been plenty of twists and turns, with the first axing and the arrival of Joey Essex.

The show, presented by Maya Jama, has fuelled a surge in demand for cosmetic tweakments over the years.

These include new sets of gnashers, as more and more contestants enter the villa with strikingly straight and unnatural-looking large teeth.

Molly-Mae Hague did so in 2019's series five, before having her composite bonds removed in 2021 to be more natural.

But it has driven wannabe Islanders to extreme lengths to emulate their reality idols, travelling abroad to places such as Turkey, lured by cheaper prices. The demand for so-called "Turkey teeth" has soared, with the hashtag reaching 748million views on TikTok.

In 2022, more than 1.2million foreigners visited Turkey for medical procedures, with the number of Britons growing.

One clinic in Antalya reported a 20 per cent increase in British patients last year.

Series three's Sam Gowland paid £6,000 for his last year, but trolls say they look like "a gum shield" and "unnatural".

In the UK, veneers are typically £500 to £1,000 per tooth. But dentists warn against cutpriced dental care abroad due to potential complications, from severe pain to tooth loss.

Katie Price, who vlogged getting a set of Turkey teeth in 2020, revealed on her podcast last year a tooth had fallen out. Dr Shabnam Zai, dentist and practice owner of West House Dental, in North West London, has seen many horror stories. She says: "Some cases are so complex that every tooth in the

Dental, in North West London, has seen many horror stories.

She says: "Some cases are so complex that every tooth in the patient's mouth needs treatment afterwards, and often the place they had treatment abroad was no longer running.

"Many people fly over with the treatment already booked, not knowing what it really involves or what the risks are or long-term costs."

term costs."

Here, experts delve into the

dangers . . CHEAP DEAL: While Turkey has skilled dentists, Britons typically choose cheaper ones.

Dr Zai says: "Those offering cheap deals are unlikely to be

Want a Love Isle smile? Then know the risks

skilled. I'd be extremely wary."
Dr Safa Al-Naher, a dental and
facial aesthetics specialist in
Knightsbridge, central London,
adds: "The quality of work we
are seeing, most often, is lacking.
"Most cases I have seen do go

"Most cases I have seen do go wrong."

Turkey teeth have a distinctive look but everyone's dental needs are different.

Dr Zai says it is dangerous to think you can buy a dentistry look "off the shelf", adding: "Not all smiles will suit everyone's face."

"There may be some options which are better for an individual but not be offered. This is

because when treatment is done abroad it is often rushed to fit in with the time the person is in the country."

Rushed treatments can lead to complications and UK dentists may be reluctant to treat issues due to further repercussions.

Dr Al-Naher says: "I think dental tourism is a false economy. You end up paying less initially.

omy. You end up paying less initially.

"However, the problems that are likely to happen will see you paying for constant dental treatment in the future."

POTENTIAL COMPLICATIONS: British people wanting Turkey teeth typically get crowns, which

See Tuesday's Sun for 3 PAGES of health



.....

#### CREAMY DRINK POWDER

TELLY host and fitness fan Davina McCall has collaborated with Foodspring to create two new protein powders, one of which is aimed at helping us sleep.

Protein + Relax has 22g of protein per serving and just 108 calories. It contains vitamins B,

C and D plus the mineral magnesium, which helps you sleep.

It is also rich in ashwagandha, an adaptogen derived from a plant which helps our body manage physical and mental stress and combats insomnia.

It has been used in

Avurvedic medicine for years to help people get a good night's rest. I liked it.

It's a really creamy drink with a hint of honey and a strong cinnamon flavour.

On offer at hollandandbarrett.com, £25 for 480g.



#### SUPER-SOFT SLEEP MASK

was trolled for 'gum shield'

Katie Price's

badly fitted

tooth fell out

Filing teeth to

pegs can cause inflammation

YOU do not need fancy blackout blinds or curtains with this eye mask because it does the blocking-out for you. Earth's Secret Sleep Mask is super-soft, and 3D contoured eye cups screen any light for deeper, uninterrupted sleep. I love this.

Some masks have to go really tight around your head

to block out the light - but

not with this one.

The little eye pads are detachable so you can move them around to fit perfectly and they put zero pressure on eyelids. The best sleep mask I've

ever tried.

£19.99, earthsecret. com/products/sleep-mask.

Edited by LIZZIE





**FANS HOPING TO GET CELEB LOOK** WITH CUT-PRICE 'TURKEY TEETH'
COULD FACE A LIFETIME OF PAIN

and eventually tooth loss, which is very, very sad. I can think of a patient who had 20 crowns done and she presented to me with long-term gum problems. "These crowns were placed too close to the underlying bone and not very well, with ledges, which is a constant trap for bacteria and plaque. "She wasn't able to clean them properly, so it meant her gums were perpetually inflamed, causing bad breath, bleeding and pain."

GET A WINNING SMILE: There

GET A WINNING SMILE: There are cheaper alternatives in the UK, including composite bonding which uses materials to

build on the natural tooth. Dr Zai adds: "Composite bonding is great as a test run for the smile and can always be upgraded to porcelain veneers.

porcelain veneers."

All dentists and dental therapists in the UK are on the General Dental Council register.

Dr Zai advises asking for pictures of a dentist's work years after a procedure took place, adding: "Lots of things look good on day one but may look terrible a few years down the line."

Although it is possible for problems to occur in the UK, it is the responsibility of the dentist to help fix the issue.



# **ASK**

Expert advice from Dr Zoe . Williams, our resident specialist and NHS GP

Q UNTIL my early fifties, I never suffered from hay fever-type allergies, nor did any of my family. Then one day about 15 years ago a strong, crushing feeling started in my chest and forearms.

I saw a doctor about an hour later who assured

I saw a doctor about an hour later who assured me it wasn't heart-related. This has happened periodically ever since.

Only this year did I realise, when feeling quite bad, that it was a response to hawthorn and cow parsley. Is there a prescription antihistamine I can take rather than over-the-counter?

When you mention a crushing feeling in the chest to a doctor, their first thought is ruling out a heart problem such as angina or even a heart attack.

You say that you have been

You say that you have been reassured by your doctor, but have you had an ECG and blood tests? And do you have any risk factors for heart disease?

Dr ZOE

disease?

If the last time your heart was checked was 15 years ago, it would be a good idea to get looked at again.

But you are right that allergies can indeed cause chest pain. While seasonal ones most commonly cause nose, throat and eye symptoms, the same histamines that lead to these may also trigger inflammation in the chest.

If over-the-counter antihistamines are not cutting it for you then your GP can prescribe stronger medication.

TIP: Unbranded hav-fever antihistamines (cetirizine TIP: Unbranded hay-fever antihistamines (cetirizine or loratadine) are much cheaper than branded ones, and if you shop around online you can get several weeks' worth for less than £5.

If you use a nasal spray, don't make the mistake of putting the nozzle too far back and sniffing it back to the throat. It's meant to coat the nostril inside.

Direct the nozzle to the inside of the nostrils and only sniff lightly.

health@thesun.co.uk

cover the entire tooth and are cover the entire tooth and are designed to treat a badly damaged one. Veneers, on the other hand, are thin shells that attach to the natural tooth, covering its imperfections.

Teeth are filed down to make the cover for the grown to attach

Teeth are filed down to make space for the crown to attach. The invasiveness of the procedure, on top of unskilled work, language barriers and time constraints, can increase the risks. Dr Al-Naher says: "The kind of issues I have seen are overpreparing teeth, filling teeth right down to small pegs, which exposes the nerve and blood supply to problems such as inflammation or bacteria, which supply to problems such as inflammation or bacteria, which

can lead to extreme tooth pain and an emergency. In those cases, we generally offer the option of removing the nerve (root canal) or removing the tooth altogether."

Before getting such extreme dentistry work, it is essential to check for signs of gum disease or tooth decay.

But Dr Al-Naher warns: "Sometimes dentists abroad cover the issue with a crown and something like tooth decay is festering underneath for a very long time.

"When you start this slippery slope early on in life, it can lead to many, many problems



## Your fantastic three-page

#### TODAY'S TEASER Call 0905 757 0156 for clues or solutions. Cost £1 per minute plus network access charge.

4			8					
		2						
	8	6				1	2	5
	5		1	6	8	4		
			3			8 7		
	1		4	2	9	7		
	6	8				9	1	3
		1						
3			9					

#### **TODAY'S TOUGHIE** Call 0905 757 0152 for clues or solutions. Cost £1 per minute plus network access charge.

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	4	1	7		5			
		3	8					
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	1	2					7	8
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2				5	3	1	4	

Calls cost £1 per minute from BT landlines plus

#### YESTERDAY'S SOLUTIONS

	Teaser									T	วน	g	h	ie			
5	8	3	4	6	7	9	1	2	9	4	3	1	2	6	5	7	8
4	6	1	9	2	5	7	8	3	1	2	8	9	7	5	6	4	3
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6	7	8	2	5	4	1	3	9	8	9	5	6	3	2	7	1	4
1	2	5	8	3	9	6	7	4	2	7	1	5	4	8	3	6	9
9	3	4	1	7	6	8	2	5	6	3	4	7	1	9	8	2	5
3	4	9	6	1	8	2	5	7	3	8	9	2	6	1	4	5	7
7	1	6	5	4	2	3	9	8	4	5	6	8	9	7	1	3	2
8	5	2	7	9	3	4	6	1	7	1	2	3	5	4	9	8	6

#### MINDBENDER

1) Courage 2) Rained 3) Witchy

#### RRAINROXFR

Chris was cycling faster, and first lapped Dave

#### **HAPPY BIRTHDAY TO**

MAPT BIRTHDAY

MOVIE stars NATALIE PORTMAN, 43, right, JOHNNY DEPP, 61, Back To The Future's MICHAEL J FOX, 63, and Back To Black's EDDIE MARSAN, 56, Muse singer MATT BELLAMY, 46, former Dutch footie star WESLEY SNEIJDER, 40, crime writer PATRICIA CORNWELL, 68, and TV drama Emily In Paris' LUCIEN LAVISCOUNT, 32.



#### **SUNDIAL**



SEE how many words of four or SEE now many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word.

No proper names or plurals ending in 's'. Words from Collins Concise

BRILLIANT: 23. EXCELLENT: 19. GOOD: 14. GREAT SCORE FOR KIDS: 9.

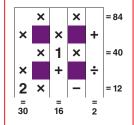
YESTERDAY: Bier, bireme, bonier, brim, brine, brio, bromine, cine, coin, coir, combine, crib, crime, emir, ermine, icon, income, iron, merino, mice, micro, microbe, micron, mien, mince, mincer, mine, miner, minor, mire, nice, nicer, niece, noir, rei rice, rime, robin, RECOMBINE.

Check today's answers by calling 0905 757 0155 before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary). Helpline: 0333 202 3390 (9am-5.30pm). Service provider: Spoke, W1T 4HD

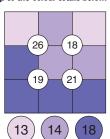
#### SET SQUARE

Place each of the digits 1 to 9 in the grid to make the sums with two numbers. Solve the calculations in order, left to right, or top to bottom.



#### **Sun** SUKO®1

Enter the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.



# Sunday Quizword

- 1 Pain or stiffness in the hand (7,5)
- 8 Kent town adjoining Walmer (4)
- 12 Sharpshooter in Buffalo Bill's Wild West show (5,6)
- 13 Indonesian island (7)
- 14 New World Symphony composer (6)
- 15 First name of ballroom dancer Du Beke (5)
- 16 North polar region (6)
- 20 Current conductor (9)
- 22 Country between Honduras and Costa Rica (9)
- 23 Dennis the Menace's dog in the comic The Beano (7)
- 25 British late actress Ms Blackman (5)
- 26 Monetary unit of Thailand (4)
- 29 Singer whose hit Thank You was sampled by Eminem in Stan (4)
- 30 Winner of the 1982 and 2006 World Cups (5)
- 31 Capital of Maine, USA (7)
- 35 Common painkiller (9)
- British liner sunk in 1915 by a U-boat (9) 36
- King of Camelot (6)
- Spanish poet and dramatist (5)
- Annual American golf tournament (2,4)
- Chemical element, symbol S (7)
- 46 Famous Apollo landing craft (5,6) 47 Second World War alliance (4)
- 48 Notice outside a sheriff's office? (6,6)

- 2 Author of Swallows And Amazons (7)
- 3 Eighth letter of the Greek alphabet (5)
- 4 First name shared by actors Reynolds and Gosling (4)
- 5 Part of a car engine in which the piston moves (8)
- 6 First woman to fly solo from UK to Australia (3,7)
- 7 'Leaning Tower' city (4)

#### YESTERDAY'S SOLUTION

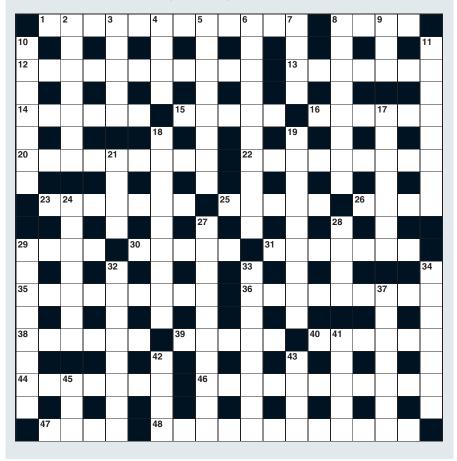
ACROSS: 1 Great Lakes, 6 Tom Burke, 12 Tudor,
13 Hobnobs, 14 Epsom, 15 Terylene, 16 Kensington,
18 Delphi, 20 Far East, 22 Mads, 25 Yew, 26 Dhoti,
27 Red Enisin, 29 Ore, 30 Perpignan, 31 Trevi, 32 Set,
34 Tuck, 36 McClure, 37 Family, 40 Ionosphere,
42 Tapenade, 45 Aqaba, 46 Mis-Teeq, 47 Irish,
49 Yeomanry, 50 Coco Chanel.
DOWN: 1 GMT, 2 Elderflower, 3 Tyrol, 4 Athens, 5 Elba,
7 Oasis, 8 Boeing, 9 Rosetta, 10 Edmondson,
11 Home Secretary, 15 Teddy, 17 National Trust, 19 Hedwig,
21 Sydney, 23 Cognac, 24 Indira, 28 Inspiration, 30 Pituitary,
33 Thyme, 35 Cinzano, 38 Asmara, 39 Banquo, 41 Homer,
43 Edith, 44 Hero, 48 Hal.

- 8 Brown sugar from Guyana (8)
- 9 Formicary insect (3)
- 10 Perfumery company established in 1770 (7)
- 11 Graph with blocks (3,5)
- 17 Old Scottish TV detective (7)
- 18 England's easternmost town (9)
- 1983 James Bond film starring Roger Moore (9)
- 21 Hardy heroine executed at Wintoncester Prison (4)
- 24 Gwen Stefani's group (2,5)
- 27 North Wales town famous for the International Eisteddfod (10)
- 28 First name of sci-fi author Mr Vonnegut (4)
- 29 Japanese car maker (8)
- 32 Alternative name for the board game checkers (8)
- 33 Popular winter coastal resort of SE Spain (8)
- 34 Prince who married Grace Kelly (7)
- 37 Roman sea god (7)
- 41 Lowland language (5)
- 42 First name of US actress Ms Barrymore (4)
- 43 Barnaby's raven in Barnaby Rudge (4)
- 45 Unit of illumination (3)

Check today's answers before midnight by calling 0905 757 0157 for Across and 0905 757 0160 for Down.

Calls cost £1 per minute plus your telephone company's network access charge.

Purchase the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 from the HarperCollins website harpercollins.co.uk or phone 0141 306 3100



## **bumper Puzzles section starts here**

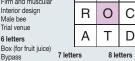
#### More puzzles than any other paper

#### **CLUE SQUARE**

Using the nine letters provided, can you answer these clues? Every answer must include the highlighted central letter. There may be more than one.

Famous Interior design Male bee

Mouse, ea



D 8 letters Beat easily Circular building

Ε Ν

#### **BRICKWORK**

Answer each clue so that every word contains the same letters as the previous word, plus or minus one.

Brief letter (4) 3 Make amends (5) 4 Highly decorated (6) National disloyalty (7)

1 Smallest number (3)

6 Relative in the past (8) 7 Senior US politician (7) 8 Logic (6)

9 Sleeping noise! (5) 10 Smelling organ (4)

11 Boy child (3)

#### **PATHFINDER**

Beginning with the highlighted letter, follow a continuous path in the grid to find the listed items relating to honey. The path passes through each and every letter once, and may twist up, down or sideways, but payor displayed.

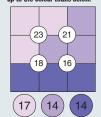
aow	n or	siae	ways	, but	neve	er al	agon	any.
Υ	М	Ε	D	Τ	Ν	Α	L	Ν
Н	Т	М	Ε	С	1	Z	W	Ε
1	Α	Р	Ε	Т	Ν	Ε	Α	R
С	Α	Т	S	1	Α	D	L	Α
Α	С	1	С	Т	0	Ν	Α	Т
Υ	U	R	Υ	Κ	Α	S	Т	С
N	Ν	Т	1	С	D	Α	Ν	Ε
М	В	S	Ν	0	Н	Ε	М	Α
0	С	Υ	Е	М	Α	Ν	U	Κ

**ACACIA** ANTISEPTIC HONEYCOMB MANUKA MEAD MEDICINAL **NECTAR** NEW ZEALAND

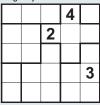
RUNNY STICKY THYME TOAST

#### Sun SUKO®2 | SUGURU®

Enter the numbers 1 to 9 in the paces so that the number in ach circle is equal to the sum of its four surrounding squares.



Each cell in an outlined block block contains the digits 1 and 2. a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally.



#### EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an actor:



Christian, physicist who discovered the effect that makes ambulances sound different after they go past you 6 He had the first British number one single with 2 & 1 Brazilian footballer who was the top scorer at the 2002

World Cup while sporting a wedge haircu Mr Steel, leader of the Liberal Party from 1976 until 1988 (first two letters of name)

#### William, 25th president of the USA, who was assassinated in 4 & 8 esterday: Singer PETER COX (George (Layton), Alex (Jones), s Pine, (J.R.R.) Tolkien, Rachel (Johnson)). Another Name Game in

■ If you can't wait until tomorrow for the answers, just call 0901 293 6298. Calls cost £1 plus your telephone company's network access charge.

4

Making

a noise

like a frog

Lout

nigh fat die

the neck

8 8 4 6

#### As normal Sudoku using digits from 1 to 4 3 1 2

Crush

underfoot

(ingredients)

with a spoon

Swimming

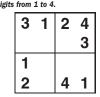
tition

Shoot or

of a tree

Monarch'

3



for honing pencils

veteran TV actor

ARROWORD The arrows show the direction in which the answer to each clue should be placed.

Takes

oleasure (in)

Trade

vehicle

auickly

Loathe

Kent port

Sick

certain of

#### **PUB QUIZ**

#### 1 Movies

In which of the Wallace and Gromit films did Shaun the Sheep make his first appearance?

#### 2 Music

Which band won the 2004 Ivor Novello Songwriters of the Year award for songs including I Believe In A Thing Called Love?

Although filmed in Liverpool, which Channel 4 soap opera is set in a fictional suburb of Chester?

Which jockey rode the winner in the Derby in 2007 at his fifteenth attempt?

#### 5 Geography

The Australian city of Brisbane stands on which river?

#### 6 Science

Which element is most commonly needed for combustion to occur?

before May

eased clot

The Last

Leg host

Chair or

stool, eg

#### 7 Art & Literature

The Ode series, which included Ode To A Nightingale and Ode On A Grecian Urn, was written by which poet?

#### 8 People

In 2004, which singer's used bubble-gum was sold on eBay for \$14 000?

What is someone if they are described as poddy? a) Overweight b) Neurotic c) Very rude

10 The British Isles Which Roman general and statesman led the first Roman forces to invade Britain in

#### 11 Food & Drink

Cornish Yarg cheese has an outer coating of what unusual item?

#### 12 Pot Luck

Measure of

Tumbler

In heraldry, "sable" refers to which colour?

Coat of

family

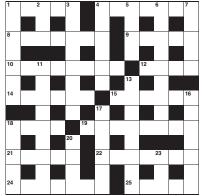
insignia

head-dress

To be paid

Came face

#### Two sets of clues but the answers are the same



Check today's answers before midnight by calling 0905 757 0150 for Across and 0905 757 0151 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

#### Coffee time

#### ACROSS Municipal (5)

Fellow soldier (7) Lure or entice (7) Hourglass, eg (5)

Confuse (8) Revise text (4)

14 Novice (6)

Novice (6)
Tough chicken (6)
Medicate (4)
Independent sort (4,4)
Patriarch in Genesis (5)
Church spire (7)

24 Acorn producer (3.4)

25 Principle (5)

#### DOWN

1 Assembly room (7)
2 Wine vessel (3)
3 Military cleric, eg (8)

Food portion (6 Small arachnid (4)

Plated mammal (9)

White marsh wader (5)

1969 festival (9) Lucid and logical (8) Throw back (7)

Whipped dessert (6)

Spanish name (5)

20 Norse deity (4)

6 Animal limb bad: bother bandaging that? (9)

#### 23 Play on words (3)

3 Tea taken by simple clergyman (8)

4 Copper allowed to grab last of meat chop (6)

5 Little creature warps time (4)

7 Bird in water gets up (5)

16 Contemplate in mirror (7)

#### Cryptic clues 1 Room to keep horse in Sussex resort (7) 2 Tax on barrels? (3)

# Military brass arresting four about city (5) Firm forced to engage right associate (7) CROSSWOR 8 Draw dustcart taking back bottles (7)

ACROSS

9 Watch male in band (5) 10 Show less discipline in puzzle (8)

12 Better writing from tutored Italian (4)

14 Fleece that is for beginner (6)

15 British monarch keeps fuel in

home heater (6)

18 Oddly drowsier with this medicine (4)
19 Solitary type fellow struggling to

carry on (4,4)

21 Tory Kemi ditching worthless Powell? (5)
22 Tower spelt wrong includes double E (7)

24 Sawn teak or ultimately sustainable

ED wood source? (3.4)

#### 17 Timid person carries small dish (6) 18 Two passes needed for Maradona? (5)

11 Log pile found near Oxford? (9)

13 In bed here knight not delirious (8)

20 God puts height into rocky peak (4) 25 Doctrine whichever way you look at it (5) 23 Joke from deep underground (3)

YESTERDAY'S SOLUTION ACROSS: 1 Ache, 4 Pr-in-c-ess, 8 Run out, 9 Myriad, 10 A-bridge-d, 12 Site (sight), 13 Matter,

15 A-z-ale-a, 17 Wo-r-k, 19 Breeches (breaches), 21 Daniel, 22 Amazon, 23 No-velis-t, 24 Crew. DOWN: 2 Crumb, 3 Egotist, 4 Pet, 5 Im-media-te, 6 Co-r-ps, 7 Startle. 11 G-a-ribald-i, 14 A-voca(l)-do, 16 Arch-aic, 18 K-n-i-fe, 20 Erode, 22 Apt.

> 14 15 16 17 18

**WORD WORKOUT** THIS is the world's best brainteaser. The Sun's clueless crossword. Here is how to play: Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter Y, write Y in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will

ACROSS: Kimono, Harm, Mews, String, Jeopardised, Craved, Fury, Wilt, Square. DOWN: Kite, Gossip, Horseradish, Char, Bronze, Earwig, Influx, Vote, Rare

print the answers tomorrow. YESTERDAY'S SOLUTION

For 4 Extra Clues Call 0901 293 6299

Calls cost £1 plus network access cha or text SUNWORD to 64343. Texts cost £1 plus your standard network rate.



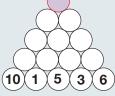
22

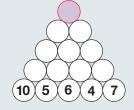
24 25

#### ADD UP









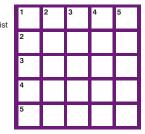


#### **WORD SQUARE**

- Shiny fabric
  - Building-site hoist Light wash
  - Enquired
  - Vermin

#### DOWN

- Abolish Come about
- Army vehicles 4 Added small
- 5 Requires



#### **CELL BLOCKS**

Divide the grid into blocks that are either square or rectangular. Each block must frame a single number, and each block must contain the same amount of cells as the number it frames.

3					4 3
4			2		3
	6				
	4			4	
		 			5
	3	 	4		
		 7			

#### **FUTOSHIKI**

Use the greater than (>) and less than (<) signs to fill in the squares with the numbers 1-5. The same number cannot



#### WORD LADDER

Change one letter at a time (but not the horizontal position of any letter) to make new word - and move from the word at the top of the ladder to the word at the bottom using the exact number of



#### SPOT THE *SAYING*

Which two well-known savings or expressions can be found helow?

#### **GLUTTONY**

**→**WRATH

GERMAN SHEPHERD

#### WORDSEARCH

These items relating to weddings can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction. but always in a straight, unbroken line.

В	М	Р	Υ	K	Χ	С	Н	U	R	С	Н	Н	Α	Т	S
U	Ε	С	Q	Ν	Т	Ν	Ε	М	Ε	Т	I	С	Χ	Ε	Р
Т	Ν	0	S	W	0	٧	Α	Е	D	Α	Н	Р	Α	D	Α
Т	I	U	Κ	R	Α	М	U	С	Ρ	М	W	Υ	D	R	E
0	S	Р	Α	1	Т	Q	Ε	Α	0	R	0	Κ	М	Ν	G
N	U	L	Ε	1	R	L	Т	R	G	Ν	I	0	0	Ν	Α
Н	0	Ε	F	Α	Α	D	Ε	D	Ε	S	F	0	R	R	s
0	М	Ν	M	1	Α	R	Н	Т	S	С	М	Ε	Е	G	R
L	1	Р	Α	1	Α	Ε	L	Е	F	Υ	L	G	Т	Ν	0
E	L	R	S	M	Ν	S	S	G	Ε	L	Ν	Ι	Е	Т	С
D	1	L	Α	Ν	Т	S	Т	Ν	U	I	0	L	٧	Υ	- 1
1	Ε	Ε	Ι	D	L	S	0	R	Υ	Ε	0	W	G	Ι	Ν
R	1	G	S	Α	K	Н	Ε	R	Е	٧	S	Т	Е	R	С
В	Н	R	Α	Т	L	Α	С	В	Е	Ν	Е	Т	Α	R	В
Т	M	Α	I	D	0	F	Н	0	Ν	0	U	R	1	L	s
Р	S	В	Ε	L	L	S	W	Е	D	Ν	Α	В	S	U	Н

AISLE **ALTAR BELLS BEST MAN** BRIDE

**CRYING BUTTONHOLE DRESS EXCITEMENT** CHURCH

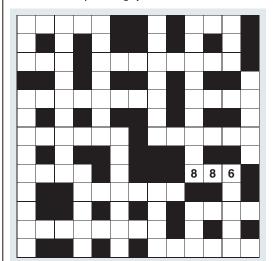
CIVIL CEREMONY **FLOWERS** CONFETTI **GROOM** CORSAGE **GUEST** COUPLE HATS

HEN NIGHT HONEYMOON HUSBAND

HYMN **KISSES** LIMOUSINE LOVE MAID OF HONOUR **MARQUEE** VOWS

#### NUMBERFIT

All of the listed numbers fit into the grid and there's only one way to do it. One number has been provided to get you started.



5127 6205 948 966

550275 6275 777512 5 digits 7 digits

4 digits

2646641 5127780 64056 80425 5161737 87016

6 digits

120301

412363

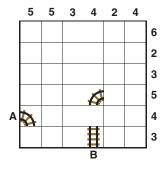
55637106 585266748 913852028 63643318

9 digits

SOLUTIONS TO ALL **PUZZLES ARE IN** TOMORROW

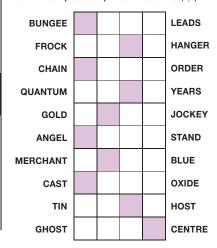
#### TRAIN TRACKS

Lay tracks to enable the train to travel from town A to town B. The numbers indicate how many sections of rail go in each row and column. There are only straight rails and curved rails. The track cannot cross itself.



#### MISSING LINK

Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the shaded squares will spell out a classic novel (7,3).



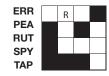
#### NUMBERCRUNCH

Starting at the top with the number provided. work your way down the three lines one at a time, applying all the mathematical instructions to your running total.

EASY	MEDIUM	HARDER
85	112	173
÷ 5	+ 431	+ 2686
+ 64	Third of it	Third of it
÷ 9	- 77	- 468
× 7	3/4 of it	80% of it
- 24	+ 302	+ 1212
÷ 3	÷ 5	Quarter of it
+ 61	- 68	- 328
Half of it	Double it	÷ 6
- 28	+ 477	500% of it
ANSWER	ANSWER	ANSWER

#### MINI FIT

Which one of the listed words won't fit in each of these mini grids?



**MINI JIGSAW** 

relating to cleaning in each row.

2

3

4 S

5

6

0

Fit the pieces in the grid to spell out a word

POSH

Е

DHO

**EGG EGO** GAB TWO WOE

GL

WI

DU

SP

E S

OW

S



ST

RU

L

0 V

ER

C

CHAR **FORM HAKE** RIDE SKID

8 digits

43662833



## MIND THE GAP

Place one of the three-letter words in the space of each row to reveal a seven-letter word in the

								007
G	R	1	Ε			С	Ε	СОТ
N	Ε			R	K	E	R	DEN
Α	٧	Α	1			L	Е	LAB
Н	0	Р	S			С	Н	MAT
D	R	Α			Ι	S	Е	ROD
S	Е			Т	Α	R	Υ	TWO
R	Е	Р			U	С	Е	VAN

#### **MINI CODE**

Eight letters have been given a number from 1 to 8. Break the code to complete the crossword.





## STARTING FROM JUST £159.99!

# Vax BLADE 4

**CORDLESS VACUUM RANGE** 

## Proven to clean carpets better than the UK's top 3 bestselling cordless vacuum cleaners\*

#### Cord Free Cleaning

The VAX Blade 4 cordless vacuum cleaner range is powered by the VAX ONEPWR battery, giving up to 45 minutes runtime<sup>†</sup> for cleaning carpets, hard floors, up high, down low – and everywhere in between. Combining the battery, brushless motor and innovative design, the Blade 4 range is proven to clean carpets better than the UK's top 3 best-selling cordless vacuum cleaners\*. With no cord holding you back, this cordless vacuum cleaner range also gives you the cleaning performance of the UK's best-selling corded uprights.\*\*

#### Vax Technology

The brushless motor, controlled by VAX Core<sup>™</sup> technology, continuously monitors and ensures optimal cleaning performance, whilst 3-stage filtration captures up to 99.8% of particles and fine dust down to 0.3 microns in size.<sup>△</sup> The dirt bin is also easily removed for simple and hygienic emptying, and with a removable brushbar and filter, maintenance of a VAX Blade 4 is made simple.

#### Compact & Lightweight

Weighing just 3.1kg, it's lightweight, balanced and easy to use. It features our DustTracker headlights, leaving nowhere for dirt to hide, and with the removable ONEPWR battery, charging can be done separately with the handy charging dock.

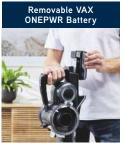
#### Upstairs, Downstairs & The Car

Fingertip controls allow you to choose the right mode for the job – select having the brushbar on or off and boost mode gives you up to three times the power to tackle tougher jobs. Easily turn the VAX Blade 4 into a handheld, perfect for cleaning stairs, pet beds, cars and upholstery. Plus, when you buy direct from Vax, get an additional free toolkit worth over £50.























\*UK Market data Jan 2023 - Dec 2023 (by sales volume), tested in boost mode on carpet according to IEC 62885-4:2020 part 5.3. For further information email claimsinfo@vax.co.uk \*\*UK Market data Jan 2023 - Dec 2023 (by sales volume), tested in boost mode on carpets and hard floors according to IEC 62885-2:2019 part 5.2. and 5.4. For further information email claimsinfo@vax.co.uk \*Tested in boost mode according to IEC 62885-2:2016 clause 5.8. Orders before 7pm Monday-Friday, next day additional validation for a function of the form low labels exclosed by the form labels exc

VAXUK341

SAVE UP TO £120 ON THE BLADE 4 RANGE! STARTING FROM JUST £159.99 + FREE TOOLKIT + FREE DELIVERY ORDER NOW AT vax.co.uk or CALL 0800 031 4970



# Sunday dear deidre

Edited by

SALLY LAND

No matter what the issue, I answer every single problem

#### **SEX-HELP CLINIC**

#### Dear Deidre

HOW can I help my girlfriend feel more relaxed about having sex?

We're in our fifties and have been together for six months.

She's always been very nervous around the subject of intercourse, having only had sex a handful of times with previous partners.

with previous partners.
Now she's worried that because she hasn't had it for so long, it will be painful or I'll find it disappointing.
I'm so head over heels in love with her that it doesn't matter how experienced she is, I just want to show her how much I love her.
I fell for her when we met through work 20 years ago.
Unfortunately, I let her slip through my fingers because I was too terrified to tell her how I'elt.

how I felt.
Life went on and eventually
she moved to another job.
I thought I'd missed my
chance until our paths
crossed in a coffee shop.
This time I got her number
and asked her out for a drink.
Eventhing is perfect and I.

Everything is perfect and I couldn't ask for a better woman. The only stumbling block is that I would like to make love to her and she is

shying away from this. She even finds her smear tests traumatic, although she's fine whenever we've had oral sex.

She's been checked for STIs and any conditions that could make sex painful, but all of the tests have come

land the test lake combe
back clear.

I want to help her grow her
confidence so things can
begin to progress in our
relationship.

DEIDRE SAYS: If she
hasn't experienced any pain
during oral sex, then it's
unlikely she will during
intercourse.

Take your time and
initiate intercourse slowly.
Make sure she is relaxed
every step of the way and

every step of the way and don't go all in too quickly. A woman's body is

A woman's body is incredible and, because the vagina can stretch to accommodate a baby's head, it can certainly adapt during sex. The key is that your girlfriend needs to be able to relax.

My support packs, Understanding Foreplay and Understanding Female Pleasure, will help you. I also have a support pack called Afraid To Have Sex, which will help you to understand better why your partner may be feeling this way.

#### hot topic

FOR many people, thinking about having sex for the first time can be exciting, but for others it can induce feelings of fear and anxiety.
It's natural to feel nervous

about doing something you haven't done before, but what's important is that you feel ready and comfortable

with the person you're with. In a recent study, 20 per cent of women said they and their partner had not been equally willing to have sex on the first encounter. If you're worried, my support pack, First-time Fears, can help.

### stories deidre's photo casebook SARAH'S SUSPICIOUS IN-LAW: FINAL DAY





Dean Sarah PARENTS often struggle to see when their child is at fault. But after making the big commitment to buy somewhere together – and even live temporarily with Ben's parents – he has let you down badly. The sooner you move out, the sooner you will be able to start putting your life back together again. As hurtful as this has been, it is better to have discovered his infidelity now before you actually bought somewhere together.

Once you are feeling stronger, get out there again and socialise. It may be hard to imagine at the moment, but you will find Deidne

Clothes by boohoo and boohooMAN

#### Dear Deidre

MY 13-year-old daughter is drinking heavily with her mother and I'm so worried.

I'm in my forties and split from my wife last year because I couldn't handle

her binge-boozing.

We are getting divorced and share custody of our two children. But my daughter recently refused to come home and, when I last saw her, her eyes were sunken and she was hungover.

My youngest, who is 11, admitted that my ex-wife encourages her sister to have a drink at dinner, but

it's clear she has more than just one glass. I'm terrified just one glass. I'm terrified she'll be an alcoholic before she even chooses her GCSEs. What can I do to stop this?

DEIDRE SAYS: It's very concerning that your child might be drinking at such an early age.

might be drinking at sucn an early age.
Contact the NSPCC about your concern. It has advice on keeping a child safe when parents are alcoholic or addicted to drugs. Also get in touch with social services.
My support pack.

My support pack, Worried A Child's At Risk,

#### Dear Deidre

AM I betraying my boss if I move to another job?
I'm a 40-year-old man and have worked in the same office in customer relations for over 15 years.

l've always loved my job.
During Covid, my manager helped me out during some difficult times.

More recently I had an injury that put me out of work for a couple of months and he paid me more than

the statutory sick leave.
I recently received a job offer for a similar position but with much higher pay

that means I could afford to move in with my girlfriend.

We're desperate to live

together.
But my loyalty to my boss is stopping me from taking it. What should I do?

it. What should I do?

DEIDRE SAYS: It is understandable that you are struggling to decide.
People change jobs for many reasons, and better pay is a very good one especially when you so badly want to move in with your difficient. your girlfriend.

But it's always worth

speaking to your manager, as they may offer to match the salary.

# Devastated by husband's affair with his cousin

#### Dear Deidre

#### **DISCOVERED** recently that my husband has been having an affair for years with his cousin.

years with his cousin.

We are in our late fifties and married 20 years ago. We have two grown-up sons.

I thought we were happy, but last week I came home from work to see a note from him.

All he told me was he couldn't live a lie any longer and was leaving. In shock, I called my mother-in-law, who was in tears on the phone.

mother-in-law, who was in tears on the phone.

She said he had been sleeping with his cousin for years, and that she only found out that morning when he shared his plan to move away with this other woman. I was mortified and embarrassed.

My husband has always been

My husband has always been close with his family — especially this cousin, who is of a similar age to us.

always found their relationship a bit odd and, at times, unsettling. They used to regularly go for dinner at fancy restau-rants and he would always seek



IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response within one working day.

her out at family gatherings. I've even come home from work to find them alone in our home.

I had questioned it a few times but my husband always insisted she was like a sister to him, as her father had passed away when she was only five.

There is even a family photo on my mother-in-law's fireplace and his cousin is at the centre of the children.

I'm struggling to accept how he can leave me and our sons, who are young adults but still

living at home, for her. His family have been very supportive, as they feel embarrassed, but ultimately he is still their family. I feel so alone. I can't open up to his relatives, my parents have died and I have no siblings.

My husband was my life and I have few friends.

■ DEIDEE SAYS: You will still be in shock after this devastating news, so allow yourself the space to be

kind to yourself.

Your husband has let you down badly by having this affair – and for

Your husband has let you down badly by having this affair – and for such a long time.

But you know the truth now and, given time, you can start to come to terms with this reality.

Please do not bottle up these feelings. Talk to your friends and, if you don't feel comfortable doing that, then letting out your fears to a counsellor would be hugely helpful.

Think about opening up to your sons, too. They will already know something is seriously wrong.

Allow them to help you. They may already know, and may have been keeping quiet to protect you.

My support pack, Mend Your Broken Heart, explains where you can get counselling help and how you can pick up the pieces.

## GET IN TOUCH

My team is here to help. Please feel free to contact us and follow us.

Online: thesun.co.uk/deidre Instagram: @dear.deidre Facebook: @DearDeidreOfficial

X: @DearDeidre Post: Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

#### Dear Deidre

WHEN I question my partner over her clingy and possessive behaviour, she accuses me of being paranoid.

We're both in our twenties and have been together for just under three years. I'm not sure why, but recently her behaviour has changed.

Now she checks up on me whenever I'm out with my mates. If she's not calling, she's messaging, checking my socials and I'm pretty sure she's secretly tracking me.

I'll often be out at the pub with the lads and she'll call repeatedly until answer the phone.

answer the phone.

If I don't answer quickly enough, she'll even ring my friends to ask if I'm there with them.

Last week she got one of them to take a secret photo of me to prove

where I was where I was.
She'd threatened to turn up and drag
me home if they didn't take the picture.
It's even worse if we're together in pub-

## SMOTHERED BY CLINGY BEHAVIOUR

lic. She insists on draping herself over me, or constantly feels the need to kiss me.

A few times I've even tried to move

away, which only results in her screaming at me then accusing me of being drunk and saying that I need to stop

drunk and saying that I need to stop drinking.

In reality, I've only had one or two drinks, and I feel smothered.

I've tried to bring it up privately but, if I say this, she just calls me crazy and refuses to talk about it.

I'm not even sure I love her any more.

I'm not even sure I love her any more. I don't feel the same way as when we first got together at university. I fell head over heels in love and thought I'd won the lottery, but now it all feels so very different. How can I resolve this situation?

situation?

DEIDRE SAYS: Your girlfriend is extremely insecure and has started to develop controlling behaviour.
When she is calm you can explain you're worried about her, and ask why she's so upset about you going out with your friends all of a sudden. Is something worrying her?
But you will also need to be firm. Explain that her behaviour is deeply unsettling and pushing you way.

Explain that her behaviour is deeply unsettling and pushing you away.

My support pack, Standing Up For Yourself, will have some helpful tips to get the message across.

It does sound like she needs some urgent help and that she'd benefit from talking to someone.

My support pack, Counselling, explains where to find a reputable therapiet.

explains where to find a reputable therapist.

If your girlfriend refuses to try and change her behaviour, I am sorry but you do need to think about what is best for you.

A unique commemoration of an iconic engine, featuring sound and movement!



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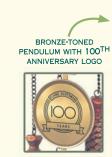
CONFIGURATION TOP SPEED:

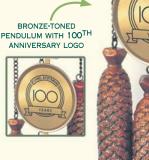
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Measures 22 inches (55,8 cm) in height, Requires 1 x 'AA' battery (not included), an adaptor (included); train runs 12 x 'D' batteries (not included). | Produced under license for SCMG Enterprises Ltd. Flying Scotsman tradema designs 9CCMG. Flying Scotsman is a National Railway Museum locomotive. Every purchase supports the must railwaymuseum.orguk. | © The Paradrof Exchange. 'S&S- Shipping & Service, Offer applies to UK only. Our guarantee is in addition to the rightsprovided to you by consumer protection regulations, 426-ETE01.01U

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Chris \*\*\*

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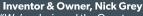
Lisa ★★★★★

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Mark ★★★★★



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hot

hot

# **\$** Sunday

**Food** Money **Pets Motors** Health **Puzzles Deidre Travel** 

STRICTLY is heading to the seas this summer, with the dancing stars on board Saga Cruises from next month.

The over-fifties cruise line has partnered with BBC Studios to give guests a behind-the-scenes look at BBC programmes including Strictly Come Dancing and The Sky At Night.

Cruise passengers will be able to attend shows and talks from experts.

attend shows and talks from experts,

including presenter Dame Maggie Aderin-Pocock, explorer and comic Ella Al-Shamahi and Strictly professionals Luba Mushtuk and Vito Coppola.

The special programme will run between July 2024 and March 2025 across seven no-fly itineraries. Trips will be on Spirit of Adventure and Spirit of Discovery. Strictly fans can book on to a 22-night

Croatia and the Treasures Of The Adriatic

Croatia and the Treasures Of The Adriatic cruise where Luba and Vito will talk about their careers and the Strictly ballroom, as well as perform routines in the ship's Playhouse theatre.

Those who prefer The Sky At Night may want to sail on the 49-night all-inclusive Caribbean And Central America Discovery cruise with the show's presenter Dame Maggie.



EASYJET passengers will now be able to enjoy one of the UK's favourite coffee brands while in the clouds. The low-cost airline has joined forces with Costa Coffee to serve up favourite brews

during flights.

Launching this summer, customers will be able to select from cappuccinos, lattes and salted caramel lattes, as well as decaf options, on 1,000 routes across 35 countries in Europe.

Lanzarote Active Resort is from £879pp, including flights from Gatwick on selected dates in July. Book by June 14. See britishairways.com/ lanzarote.

EGYPT is 37C seven nights' all-inclusive at the 4★ Regency Plaza Aqua Resort and

IT'S 24C in LANZAROTE:

Seven nights' all-inclusive at

the 4★ Barcelo

Spa in Sharm el Sheikh is from £634pp, including flights from Manchester on June 26. To book, see onthebeach.co.uk.



Edited by LISA MINOT Follow me on @lisaminot

#### **GREECE CLEANS UP** ON COST

GREECE offers
holidaymakers the most
bang for their buck.
The hotspot ranks best
value out of 28 popular
destinations, beating Spain
and Portugal to the No1 in
Post Office's Travel Money
Holiday Spending Report.
It comes after research
showed three quarters of us

showed three quarters of us exceed our getaway budget – by on average £312 – and overspending levels have doubled since pre-Covid.

Travellers blamed this on the increased costs of restaurant meals, supermarket shopping and

drinks while abroad. Last month's Worldwide Holiday Cost Barometer rated the Algarve best value in Europe, with Athens

among the top five cities.
Laura Plunkett, Head of
Travel Money at Post Office,
said: "Given the rising concerns about resort costs. we urge holidaymakers to think back to the overall cost of their last holiday and set a budget based on that.



SHOT SPOT . . . lavender

#### A PURPLE **PATCH FOR PICTURES**

THE Instagram generation will be making a beeline for this flower-filled photo spot in the Hampshire countryside.
The Lavender Fields at Hartley Park Farm, near

Alton, open on Tuesday with the vibrant blooms at their peak in late June and July. Guests can pose for snaps

Guests can pose for sinaps in the fields and buy lavender products. It costs £5 per adult and £2.50 per child.

See thelavenderfields.co.uk.

Meanwhile, Dover Castle in Meanwhile, Dov

Meanwhile, Dover Caste in Kent is opening a children's attraction next month called Dover Castle Under Siege at the English Heritage site built in the 12th century.

The experience will feature

re-imagined medieval tunnels and barracks and will "tell the story of the castle's most difficult times, defending the crown from rebels and French forces in 1216-17".
Entry costs £29 per adult

and £18 per child. See english-heritage.org.uk.



# "WHO knew they'd have so much fun playing ham-sters?" I laughed, as we watched our kids trying to run inside giant inflatable balls on water.

balls on water.

My partner Dan and I were at Cove Holiday Park's Seal Bay in Selsey with our kids Jessica, nine, Isabelle, seven, and six-year-old Eva.

The sprawling West Sussex venue is filled with caravans and lodges, and has tonnes of entertainment. That's where the Waterwalkerz (or hamster balls) came in.

The kids loved getting zipped up inside the sphere and having air pumped in to inflate them, before tentatively rolling their way towards the swimming pool.

Jessica couldn't contain her giggles as she desperately tried to run across the pool, but Eva and Isabelle were a little more cautious – that is until Eva realised she could manage just as well on all fours.

Probably more relaxing for Dan and I was half-an-hour spent in the pottery studio, where the kids painted mugs and plates with their

#### **GO:** WEST SUSSEX

STAYING THERE: A three-night break in a classic two-person lodge at Seal Bay costs from £399 in total. For more information, see cove.co.uk.

own colourful mermaid and turtle

own colourful mermaid and turtle designs.

Our luxury lodge would easily sleep eight so had plenty of room for the five of us. The living room was huge and the kitchen had loads of space to unpack the crateload of "essentials" you need when you travel with children.

The real jewel in the crown of this place, though, was the garden.

As well as a hot tub big enough for us all to sit comfortably, there were two seating areas, a barbecue and – best yet for the kids – a massive hammock.

Of course that was all fun and games until each and every one of them managed to fall out, but the writing was on the wall as soon as we saw it.

The holiday park itself is vast, but you don't need to walk everywhere as there is a handy bus service that

saves tired legs at the end of the day. We gave the climbing wall and bounce nets a go on the first day, which initially had the kids' eyes bulging. We had expected trampolines attached to the walls, but they were nets suspended from the ceiling which the kids could bound around on, metres above our heads. All three listed this as one of their highlights — a sure sign it's a must-do if you visit as a family.

#### Merry-go-round

For bigger kids there are things like archery, laser tag or even axe throwing – probably best practised when there's no sibling rivalry.

There's also lots of fun to be had

There's also lots of fun to be had without having to splash cash. The park has the usual amusements with toy grabbers and 2p machines, plus the beach is under a minute away by foot.

Bear in mind it's not the golden sand some might want, but our kids love collecting interesting stones (the smoother the better, apparently) so it was perfect for us.

For those who don't love the ocean, there's a massive swimming pool back at Seal Bay resort, which

has slides and a lazy river. We spent loads of time zipping along, being tossed and turned as we went. Isabelle loved it so much she declared swimming was her favourite part of the holiday. When it comes to food, you won't have to venture far from your lodge with plenty of great entires on site.

when it comes to loud, you won't have to venture far from your lodge with plenty of great options on site. We ate a great (and purse-friendly) breakfast at Smokey's Ocean Bar, had a relaxed lunch at Cafe Lido and dinner with stunning views across the sea at Smugglers, which serves pies, fish and chips, pasta and burgers. There are also fast food vans, pizza places and on-site shops if you would rather cook at home then munch in your hammock. An on-site fun fair was another hit for our trio, who gave the bouncy castle, merry-go-round and trampolines a good test, but we drew the line at the dodgems after the hammock fiasco.

The action-based activities made sure our kids were conked out in

are action—based activities made sure our kids were conked out in the car on the way back, making for a peaceful journey.

If only we could bring the hamster balls with us.

HANNAH FERRETT X > X



#### **FILM MEMORIES ON** STEAM RAIL BREAK

the

WERE you a fan of The Railway Children? If so, you can now book a nostalgic coach trip based on the 1970s

movie.
The two-day
coach break takes
travellers to the heart of stars Yorkshire for a steam journey on the famous Green Dragon locomotive, which featured in the which featured in the movie. While on board, guests can listen to talks from actors that starred in the original film – including Graham Mitchell, who played the train guard, and Chris Witty, who played rescued

lad Jim. The five-mile round trip will also take passengers to another memorable site

from The Railway Children – the Edwardian-style Oakworth Station.

The package costs from £169pp, departing on September 29. This includes return

coach travel from coach travel from selected pick-up points in England as well as one night's accommodation with breakfast and dinner, the train journey and a goodie bag. For details, see

justgoholidays.com.

CYPRUS: Seven nights' self-catering at the 3\* Paphos Gardens Hotel and Apartments is from £539pp, including flights from Stansted on June 20. See jet2holidays.com.

WYMOUTH: Four nights' half-board at the 3\* Hotel Prince Regent is from £224pp, based on two sharing and for arrival on June 14. Coach pick-up available. See daishs.com.

PORTIIGAL' Seven nights' all-inclusive at the 5\* PORTUGAL: Seven nights' all-inclusive at the 5★ Pestana Blue Alvor Beach from £821pp, including flights from Manchester on July 11. See tui.co.uk. tilights from Manchester on July 11. See tui.co.uk. KENT: Two nights' self-catering in a shepherd's hut at Stone Pit Meadows, Sandhurst, is from £130pp, based on two sharing. See pitchup.com. SPAIN: Seven nights' all-inclusive at the 3★ Villamarina Club in Tarragona is from £478.55pp, including flights from Bristol on June 13. See onthebeach.co.uk.



Expedition insect repellent, from £6.99, lifesystems.co.uk

IF you are travelling to warmer climates this summer, consider protecting yourself against mosquito and insect bites. A one-size-fits-all approach is not necessarily the best idea and the protection your skin type.

your skin type.

These Expedition sprays contain ingredients for different environments.

For UK trips such as camping adventures, hikes and canoeing, the Natural spray is ideal. It is created with a chemical-free formula that relies on the oil of the eucalyptics that are the second in the content of the

chemical-free formula that relies on the oil of the eucalyptus citriodora tree as a natural repellent.

Expedition MAX, however, is better suited to tropical regions that need greater protection. It is made from 50 per cent DEET. Children and people with sensitive skin should opt for the Sensitive formula.

They come in 50 or 100ml bottles that are made from aluminium so can be dropped without causing damage.

## THREE EUROS HOST CITIES HAVE



**GERMANY** is not all football, frankfurters and beer

Admittedly, it is usually outstanding at all three.
With the Euros starting

there next week, the focus is on Der Mannschaft - as the national team is known - on the field of play. But if you can tear yourselves from the

wooden benches serving lager and sausages near the stadiums, Germany's cultural experience away from Berlin and Munich might just surprise you.

Sure, go for the footie, but once the game is over and the plastic pint cups have been cleared, these cities have a lot to stay for, as DEAN SCÓGGINS reveals.

#### TUTTG

STADIUM: MHPArena (Stuttgart Arena), home of club Stuttgart in Bundesliga. Capacity 50,000. Focus match: Scotland v Hungary,

Focus ine 23.

Focus match: Scotland v Hungary, June 23.

FAMOUS FOR: Being the home of Mercedes and Porsche — and most of the 660,000 residents seem to drive one. Tours of the museums are available.

BUT DON'T MISS: The vineyards. We have not deviated too far from beer, but Stuttgart is located in the Neckar Valley and is a producer of high-quality wine.

Down in the city, the beautiful Schlossplatz and Schillerplatz are main squares to enjoy the buzz of the area. Warning: There will be fan zones here during the tournament.

Do not miss the Market Hall. It is indoors and features incredible stalls that are great for lunch, including unbelievable pretzels in the city that claims to have invented them.

The climate and soil here are ideal for growing and the steep hills all around city are used by small and large growers. Unusually, a couple of minutes from the centre, you see vines growing in gardens between buildings. As they drink most of it locally, not too much gets exported, so do not miss your chance.

At Weimmanufaktur Stuttgart — yes,

too much gets exported, so do not miss your chance.

At Weinmanufaktur Stuttgart — yes, literally a wine manufacturer — you can get a brilliant tour of the cellars and, whisper it, a couple of free glasses of wine, a short taxi ride out of the city. Tip: The Sauvignon Blanc is a steal at €13.

Do not drink too much, though, as a

11): The Sauvignon Bianc is a steal at £13.

Do not drink too much, though, as a hike up to the Sepulchral Chapel is recommended. Expect gorgeous views over Stuttgart at sunset, taking in the whole Neckar Valley.

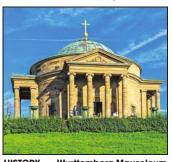
It is also a brief walk to the city's best-kept secret for dinner — restaurant Rotenberger Weingartle.

Here, you can sample the Swabian (local) food. I had the amazing Swabian plate, which features slow-cooked pork in a rich wine sauce, and pasta, reminiscent of mac 'n' cheese. All washed down with stunning regional wine or beer as the sun sets over the valley. What football?

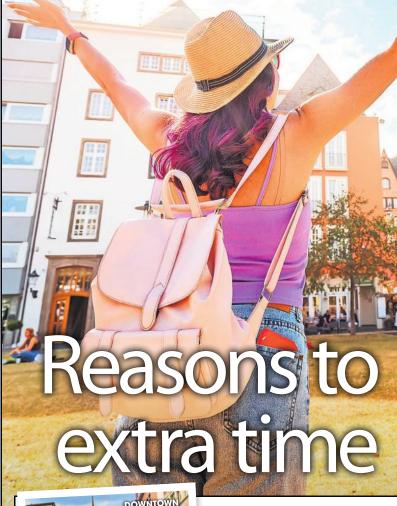
WHERE TO STAY: Kronenhotel, Stuttgart. Modern but family-run and a short walk to city centre. Around £100 per night including a brilliant breakfast. See kronenhotel-stuttgart.de/en.

FE

1



**HISTORY...Wurttemberg Mausoleum** 



**STADIUM:** Deutsche Bank Park, home of Eintracht Frankfurt in Bundesliga, capac-

FOCUS MATCH: England v Denmark, June

FAMOUS FOR: It is where the German money is. The German banks are situated in Frankfurt. Oh, and sausages.

BUT DON'T MISS: The skyline is obviously impressive with the banking district high-rises dominating. But downtown Frankfurt is known as the "newest old town in the world". After much of the city needed to be rebuilt after World War Two, Frankfurt invested in rebuilding the Romerberg main square and surrounding area as it was before.

It is like being on the set of Chitty Chitty Bang Bang, minus the Child Catcher, so taking a leisurely walk among the overhanging buildings is

#### Don't miss Tuesday's travel EXTR

## **FOOD, BOOZE AND CULTURE**

## **STADIUM:** RheinEnergie Stadium, home of FC Koln in 2. Bundesliga (second division), capacity 55,000. Focus match: England v Slovenia, June 25.

**COLOGNE** 

Focus match: England v Slovenia, June 25.

FAMOUS FOR: Eau du Cologne... but the locals prefer to think of the cathedral, a World Unesco Heritage site, and their local beer as the reasons to sniff out another visit.

BUT DON'T MISS: Standing in front of the Cologne Cathedral of St Peter and St Mary's Chapel is a wow moment.

The Shrine of the Three Kings is here and the gothic architecture is incredible, dominating the city skyline and sitting on top of the hill, yards from the river and central station.

tral station.

from the river and central station.

A walk around is a must and it was incredibly left unfinished for more than 350 years — perhaps the builders were enjoying a local beer.

Did someone say beer? OK, so this is not just supposed to be about German brews. But a trip to Cologne, or Koln, is not complete without visiting the local brauhauses.

The brauhauses are

The brauhauses are pubs where the beer is served in very small, thin "stange" rod glasses, holding only 200ml of lager. Before you complain, this is specifically so the beer does not go flat and warm after being exposed to too much oxygen.

And before you get two-thirds down one, brauhauses are The

another one is served by waiters called kobes carrying a wreath tray of a dozen beers.

To stop them, you must put a beer mat on top of your glass! To count the beers drunk on your table, they tally up on the nearest bar mat.

Beer in Koln is unique. If — and only if — it is brewed in the city, it is called kolsch.

brewed in the city, it is called kolsch.

The atmosphere in the brauhaus is unlike any-where else, with families playing cards and cus-tomers breaking out into

tomers breaking out into impromptu singing.
There are dozens of breweries in the city. We went to one called Fruh.
Locals say Cologne "is a feeling" and I can't disagree, as it will be the place I go back to first. Kolsch me!

Kolsch me!

WHERE TO STAY: Lindner

Hotel has large, modern
rooms, is near the cathedral and has a great buffet breakfast. From £100
a night with breakfast.
See lindnerhotels.com.



**POPULAR DISH** 

#### FRANKFURT

100 000 000 000 000 CO

fantastic, with plenty of places to stop for a sausage. I know, it is not meant to be only about beer and sausage but when in Frankfurt...

The cathedral is stunning and so is the amazing Carmelite Monastery.

It is a place where the monks help feed the local homeless and, incredibly, is virtually silent — only steps away from the hustle and bustle of the city.

Frankfurt sits on the Rhine, so take a river cruise in the evening and enjoy a glass of local wine as the city's buildings start to light up. End the evening in Lorsbacher-Thal.

This restaurant, a favourite with the locals (you will have to book), is not to be missed. It is place where the wealthy bankers sit alongside the locals.

It serves the city's apple wine (which is like a flat cider that some tourists add sparkling water to) and the best schnitzel I've ever had. You sit on wooden benches, tight to tables around you, while waiters fly around serving sharing starters and ceramic jugs of apfelwein.

It is buzzing and the food is everything you'd want after a day around the city.

WHERE TO STAY: Lindley Lin-

day around the city.

WHERE TO STAY: Lindley Lindenberg, quirky rooms close to the river, specialising in vegan food for breakfast. Very cool rooftop bar. Around £90 per night including vegan breakfast. See thelindenberg.com/en/hotels/lindley.

#### TAKE PART IN MEDIEVAL

SEE what life was like for a medieval soldier with the new Under Siege attraction at Dover Castle.

The English Heritage site in Kent was originally built in the 12th century by King Henry II.

And a spokesman says the new attraction will "tell the story of the castle's most challenging times, defending the Crown from English rebels and French forces in 1216-17". It

will also feature a series of re-imagined tunnels and barracks that show what life was like for a soldier stationed at the castle in 1800s.

tne castle in 1800s.
Interactive activities and multimedia elements will be included when it opens in July but specific details are being kept under wraps.
Entry to the castle costs £29 (children £18).
See english-heritage.org.uk.



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MJ097	Touch & Close Fastening	Extra Wide	Navy	7,8,9,10,11,12,13
MJ236	Slip-On	Regular	Beige, Grey & Navy	6,7,8,9,10,11,12
MJ508	Slip-On	Wide	Beige, Grey & Navy	7,8,9,10,11,12,13
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Each style offers a fully adjustable opening making the shoe easy to pull on or off, select from Touch & Close Fastening, Slip-On and traditional Lace Up. These top quality classic canvas shoes are fabricated with 100% cotton canvas uppers and stylish cotton linings for cool breathable feet. Flexible lightweight man-made soles designed for comfort and ease for all day wear. Order today to avoid disappointment and purchase these cotton canvas shoes for just £28 for 2 pairs! Price for one pair £23\*.

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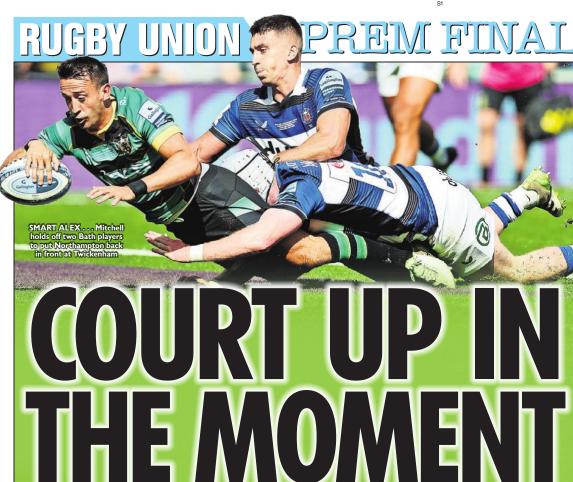
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# Lawes: We couldn't have played worse

By ADAM HATHAWAY

COURTNEY LAWES will leave Northampton as a title winner again — but still got the hump at his

still got the hump at his leaving do.
Brive-bound Lawes, part of the last Saints side to win the Premiership crown in 2014, managed to haul his men to glory on his 283rd and final appearance for the club.
But it so nearly all ended in tears at Twickenham as Bath refused to buckle after having prop Beno Obano sent off with just 21 minutes gone for a head shot on No8 Juarno Augustus.
Fly-half Finn Russell proved his rehab in the Bahamas was money well spent and flanker Sam Underhill found full bulldozer mode, smashing into tackles.



#### Northampton.....25 Bath.....21

the West Country outfit after a moment of magic from replacement wing George Hendy, who danced through Bath's defence to set up England's scrum-half.

Shirtless Lawes did his post-match duties with a pair of goggles he had been using to protect his eyes from booze spraying around the dressing room on his forehead.

And the 35-year-old former England flanker moaned: "I can't believe we won it. We tried so hard to lose it but we had to do." I don't

to do.
don't "I think could nough."
Obano's card was stone cold and the prop is the second player to be sent off in a Premierwe ( have played any That

actually still livid from the game.
"I was thinking what have I gotta do to get this game over the line?'"

The Saints legend added: "I

The Saints legend added: "I said it would be the icing on the cake and it is.

"We might not have deserved to win it today because we were awful but I think we were the best side this season.

"Sometimes when you receive a red card it galvanises you a bit. All of a sudden all of the pressure is piled on to the side with 15 and we really felt that.

"We didn't fire on all cylinders and didn't get our game on the pitch enough."

Obano's card was

ship final – after Saints' Dylan Hartley back in 2013. That one cost Hartley dear as he missed that year's Lions tour.
And any Obano of had of going with England to

Japan and New Zealand this summer could also be up in smoke. Either way, it cost Bath the match here.
Obano, 29, was in tears as he sat on the bench knowing how he had dumped his mates in it. But they refused to lie down with Russell and scrum-half Ben Spencer running things.
Boss Johann van Graan said: "Beno is disappointed but we win together and we lose together."

but we win together and we lose together.

"It is part of the game but it makes difficult to play with 14 men. I don't believe it is foul play, it is a collision between two extremely powerful players.

"We spoke about being tough to beat and we were tough to beat and we were tough to beat. We stuck in it until the last play of the game and I can't be more proud of the team."

Bath were hit with a sucker punch as soon as Obano was sent off with Tommy. Freeman going over

Obano was sent off with Tommy Freeman going over and Ollie Sleightholme's try made it look like a hammering was on the cards.

Prop Thomas du Toit and wing Will Muir, plus Russell's boot levelled it at 18-18 before the Scotland star nudged Bath ahead. But Hendy sure Lawes made Lawes got a proper send-off.



BY GEORGE ... Russell celebrates taking pole in Canada

# George nicks Verst position

down Red Bull's chances in Montreal – suggesting the aggressive kerbs would not suit their car. He said: "The Brit, whose only other appearance on the front of the grid came in Hungary in 2022, gets that privilege again after the dead heat because he clocked his time of Imin 12.000sec before the world champion.

Mercedes ace Russell, 26, who finished fifth in Monaco a fortnight ago, beamed and said: "It feels so good.

"So much hard work back at the factory has gone into this.

"We said it in Monaco but we hope this is the start of something for our season. I think it is.

"I have missed this feeling and I'm excited for tomorrow.

"First step down but we've got our eyes on Sunday and that win."

Russell insisted he has faith that he can keep his Mercedes ahead of Verstappen in the race.

He added: "Why not? Of course, let's go for it.

"The car has been tricky for us.
"To be P2 going into usalifying taken that. "It was that close at the end, which makes it the top three were separated by just two thousandths of a second, with Lando Norris lining up third and his with Lando Norris lining up third and his element to for the second circuit Gilles villeneuve – fell away at the end to finish seventh after appearing in the battle for pole.

Two weeks on from his glorious home win in faith that he can keep his Mercedes ahead of Verstappen in the race.

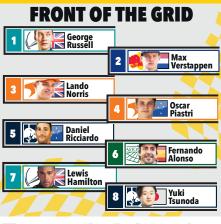
He added: "Why not? Of course, let's go for it.

"The serrari suffered a shock double elimination in Q2.

That dented his hopes of further clawing into the last three grands prix. The second Red Bull driver, Sergio Perez, was knocked out in the first session for the second consecutive race. an identical time to Max Verstappen as he

#### By HARRY TALBOT

down Red Bull's chances



RORY McILROY has spearheaded new PGA talks with the Saudi Arabian-backed rebel LIV Golf tour. McIlroy (right), who had resigned from the PGA Tour Board, joined negotiations in New York remotely with the gulf state's Public Investment Fund, as hopes of a deal "continue to accelerate". The PGA Tour said: "We want to get this right and we are approaching discussions with careful consideration for our players, our fans, our partners and the game's future."

by Australia and now face an early World Cup exit if they make any

more mistakes

And the 36-run defeat

means defending the

champions must no

# Rashid leaves Kiwis in a spin

RASHID KHAN described Afghanistan's thumping victory over New Zealand as one of their "greatest T20 performances".

The leg-spinning captain

The leg-spinning caj (right) took 4-17 as the Kiwis slipped to an 84-run defeat at the World Cup. Rahmanullah Gur-baz blasted 80 to help Afghanistan post 159-6.

Fazalhaq Farooqi nd Rashid bagged four wickets each as New Zealand were skittled out for just 75. Rashid added: By JAKE SANDERS

"It's a great feeling to be leading this side?

SOUTH AFRICA survived a big scare against NETH-ERLANDS, who have beaten them in the

last two World Cups.
Chasing 104, they
were 3-3 and 88-6 but David Miller's 59 saw them home in New York.

BANGLADESH beat SRI LANKA by two wickets in Dallas after chasing down their target of 125 with six balls to spare.

#### SPORTS ROUND-UP: RESULTS & FIXTURES

INTERNATIONAL MATCHES 3 LUXEMBOURG (0) 0 BELGIUM (1) Lukaku 43 (pen), 57 Trossard 81 DENMARK (2) 3 NORWAY (0)

Hojbjerg 12 Vestergaard 21 Haaland 72

PORTUGAL (0) CROATIA (1) Jota 48 Modric 8 (pen) SPAIN (4) 5 N IRELAND (1) 1

Gonzalez 12, 30 Ballard 2

SWEDEN (0) O SERBIA (1) S Milinkovic-Savic 18 Mitrovic 60 Tadic 70

SLOVENIA (1) 1 BULGARIA (1) Despodov 4 (pen) 3 ISRAEL (0) Sporar 14 HUNGARY (3)

Sallai 11 Varga 19, 22

#### **ATHLETICS**

EUROPEAN CHAMPIONSHIPS (Rome): Finals - Men, 100m: 1 L Marcell Jacobs (Ita) 10.02, 2 C All (Ita) 10.05, 3 G [lave (GB) 10.06. 5000m: 1 J Ingebrigtsen (Norway) 13:20.11, 2 G Mills (GB) 13:20.11.

#### CRICKET

ICC MEN'S T20 WORLD CUF **GROUP B** 

Australia v England
Bridgetown: Australia 201-7 (20.0 overs).
England 165-6 (20.0 overs). Australia (2pts) beat England by 36 runs.

	P	W	L	т	NR	Pts	RR
Australia	2	2	0	0	0	4	1.875
Scotland	2	1	0	0	1	3	0.736
Namibia	2	0	1	1	0	2	-0.309
England	2	0	1	0	1	1	-1.800
Oman	2	0	1	1	0	0	-0.975
		CP	OHI	9			

New Zealand v Afghanistan ovidence: Afghanistan 159-6 (20 overs Gurbaz 80); New Zealand 75 (15.2 overs arooqi 4-17; R A Khan 4-17). Afghani an (2016) wiin by 84 runs

							RR
Afghanistan	2	2	0	0	0	4	5.225
West Indies	1	1	0	0	0	2	0.411
Uganda	2	1	1	0	0	2	-2.952
PNG	2	0	2	0	0	0	-0.434
N Zealand	1	1	0	0	0	0	-4.200
		GR	OUI	P D			

Sri Lanka v Bangladesh allas: Sri Lanka 124-9 (20 overs; M M ahman 3-17; M R Hossain 3-22); Bangla-sh 125-8 (19 overs; I D N Thushara 4-18). angladesh (2pts) win by 2 wkts.

Netherlands v South Africa
New York: Netherlands 103-9 (20 overs; C
E G Baartman 4-11); South Africa 106-6 (18.8
overs; D A Miller 59no). South Africa
Overs; D A Miller 59no). South Africa E G Baartman 4-11); South Africa 10 overs; D A Miller 59no). South (2pts) win by 4 wickets

	Р	W	L		NK	Pts	KK
S Africa	2	2	0	0	0	4	0.789
Bangladesi	11	1	0	0	0	2	0.379
Netherland	s 2	1	1	0	0	2	0.024
Nepal	1	0	1	0	1	0	-0.539
Sri Lanka	2	0	2	0	0	0	-0.777

#### VITALITY T20 BLAST NORTH GROUP

NORTH GROUP
Birmingham v Durham
Edgbaston: Durham 194-9 (20.0 overs)
D G Bedingham 63). Birmingham 168 (40.0 overs; J Bethell 50; B A Raine 5-21). Durham (2pts) beat Birmingham by 26 runs.

#### **CYCLING**

CYCLING
CRITERIUM DU DAUPHINE: Stage 7
(Alberville to Samons, 145.5km) - 1 P Roglic (Slo) Bora-hansgrohe 4h 29m 16s, 2 M
Jorgenson (US) Team Visma I Lease A Bike
at same time, 3 G Ciccone (Ita) Lid-Irek +02.
Overall - 1 Roglic 21h 16m 50s, 2 Jorgenson +01m 0s2, 3 D Gee (Can) Israel-premier
Tech +0113.

WOMEN'S TOUR OF BRITAIN: Stage WOMEN'S TOWN OF BRITAIN: Stage
3 (Warrington, 10.6.8 km) - 1 L Wiebes (Ned)
Team SD Worx-Protime 2h 44m 42s, 2 C Kod
(Ned) Team SD wors-frenien PostNL at same
time. **Overall** - 1 L Kopecky (Bel) Team SD
Worx-Protime 10h 25m 49s, 2 A Henderson
(GB) Great Britain +17s.

#### DARTS

NORDIC MASTERS (Copenhagen): Final -G Price (Wal) bt R Cross (Eng) 8-5.

VITALITY SUPERLEAGUE - Cardiff Dragons 43 Leeds Rhinos 51.

GOLF
SCANDINAVIAN MIXED (Helsingborg, Sweden): 3rd Rnd (6hr & Irl unless stated) - 195 S Soederberg (Swe) 63 66 66, 203 C Hill 69 67 67, 204 A Hewson 69 68 67, A Bjork (Swe) 69 67 68, 5 Tartio (Sya) 71 68 65, 205 J Svensson (Swe) 68 67 70, J Dantorp (Swe) 86 67 70, S Jameson 67 65 73, A Sullivan 69 69 67, R Cabrera (Spa) 68 70 (7, 206 (selected) A Fitzpatrick 65 71 70, D Law 67 70 69.

#### RUGBY LEAGUE

CHALLENGE CUP FINAL
WARRINGTON (2) 8 WIGAN (12) 18
Warrington - Tries: Dutly. Goals: J. Thewlis
(2). Wigan - Tries: Eckersley, French, Farrell.
Goals: Smith (3). Att. 64,845
WOMEN'S CHALLENGE CUP FINAL

LEEDS (0) O ST HELENS (10) 22 St Helens - Tries: Gaskin, Hook, McColm, Crowl. Goals: Gaskin 3.

THE 1895 CUP FINAL - Sheffield 6 Wakefield 50.

#### **RUGBY UNION**

#### GALLAGHER PREMIERSHIP FINA NORTH'PTN (15) 25 BATH (10) PSHIP FINAL

NORTHPTN (13.25 BATH (10) 21
Northpton - Tries: Freeman, Sleightholme,
Mitchell, Cons: F. Smith, Furbank, Pens: F.
Smith, Drop Goals: F. Smith,
Bath - Tries: du Toit, Muir. Cons: Russell.
Pens: Russell (3).
UNITED RUGBY CHAMPIONSHIP

QUARTER-FINA	LS			
<b>BLUE BULLS</b> (17)	30	B TREVISO (8)	23	
GLASGOW (6)	27	STORMERS (0)	10	
LEINSTER (17)	43	ULSTER (0)	20	
MUNSTER (17)	23	OSPREYS (7)	7	

#### SPEEDWAY

BRITISH FINAL (Belle Vue) - 1 D Bewley (Belle Vue); 2 T Woffinden (Sheffield); 3 T Brennan (Birmingham/Poole); 4 C Harris (Ox-

#### **SQUASH**

BRITISH OPEN (Birmingham): Semi-finals, Men - A Farag (Egy) bt J Makin (Wal) 3-0; M Asal (Egy) bt PColl (Nz) 3-2. Women - N El Sherbini (Egy) bt N El Tayeb (Egy) 3-1; N Gohar (Egy) bt H El Hammamy (Egy) 3-1.

#### **TENNIS**

ERENCH OPEN (Boland Garros Paris) Women's Singles finals
(1) I Swiatek (Pol) bt (12) J Paolini (Ita) 6-2 6-1

Men's Doubles finals

(9) M Arevalo (Esa) & M Pavic (Cro) bt (11) S Bolelli (Ita) & A Vavassori (Ita) 7-5 6-3 Men's wheelchair doubles final

#### (1) A Hewett & G Reid (GB) bt (2) T Miki & T Oda (Jpn) 6-1 6-4 TODAY'S SPORT

IODAI J JFORI
INTERNATIONAL MATCHES
France v Canada8.15
Italy v Bosnia-Herzegovina7.45
Mexico v Brazil 1.30
Slovakia v Wales7.45
CRICKET

ICC World Twenty20 - Group A: India v Pakistan (New York, 3.30pm). Group B: Oman v Scotland (North Sound, 6).

Vitality T20 Blast - North Croup: Leicestershire v Worcestershire (Grace Road, 2.30pm), Nottinghamshire v Lancashire (Trent Bridge, 2.30pm), Yorkshire v Derbyshire (Headingley, 3pm).

(Preadingley, Spiri).

South Group: Gloucestershire v Sussex (Bristol, 2.30pm), Kent v Middlesex (Canterbury, 3.30pm), Somerset v Hampshire (Taunton, 2.30pm).

#### CYCLING

Women's Tour of Britain - Stage 4 (Greater Manchester, 99 km).

FORMULA 1

Canadian Grand Prix (Montreal, 7.0). GOLF

Memorial Tournament (Dublin, Ohio).

LIV Colf (Houston).

Scandinavian Mixed (Helsingborg, Sweden). LPGA ShopRite Classic (Galloway, New Jersey). NETRALL

Vitality Superleague: Saracens Maver icks v Surrey Storm (4.0). RUGBY UNION Allianz Premiership Women's Rugby semi-finals Saracens v Bristol (2.0), Gloucester-Hartpury v Exeter (4.30).

French Open (Roland Garros).

#### By JOHN ETHERIDGE

CRICKET TRO WORLD CUP

ADAM PUTS BUTTLER BOYS ON BRINK

matches - against Oman and

Mamibia – improve their net run-rate and pray there is not another washout.

Australia batted first with openers Travis Head and David Warner plundering 70 runs in the first five overs.

Bowling Jacks — after More mistakes.

As soon as part-time spinner
Will Jacks bowled the second
over and was whacked for 22
runs, Jos Buttler's side looked
destined to lose in Barbados.
The Aussies' own spinner
Adam Zampa took the wickets
of both openers in a man-ofthe-match display.

And the

runs in the first five overs.
Bowling Jacks — after
another spinner Moeen Ali
had delivered the first over —
looked like England were
trying to be too clever.
It meant left-handers Head
and Warner were hitting
Jacks with the wind to the
short boundary.
Speedster Mark Wood also
conceded 22 in his first over
and the Aussies struck six
sixes in 16 balls at one point.
Ex-England captain Mike

Atherton described Buttler's players as looking "rattled and shell-shocked" on TV as they could not halt Australia, who became the first team to

who became the first team to reach 200 in the tournament in the 17th match. With the pitch tired and offering low bounce, Austra-lia's total was way above par England skipper Buttler said.

England skipper Buttler said:
"Australia came out with a lot
of intent, played really well
and put us under pressure.
"It was tough to drag things
back after the powerplay.
Then Australia bowled really
well in their middle overs.
"We have to keep playing
with confidence. We lost to
a good team but it's laid
out what we need to do."
Salt and
Buttler

created a decent foundation with 54-0 in the six-over powerplay before being dismissed by leggie Zampa. Salt had his bails shaved

Salt had his bails shaved and Buttler was caught at backward point attempting a reverse sweep.

A mid-innings squeeze by the Aussies choked the life out of their rivals with Jonny Bairstow managing just seven runs from 13 balls and Harry

runs from 13 balls and Harry Brook frustrated.
England's first game against Scotland was abandoned and next up they face Oman, in Antigua on Thursday.
Zampa said: "It was difficult to hit fours and sixes into the wind and our gameplan was to force England to try to do that."

## must now win their final two two B Group SCOREBOARD ICC T20 World Cup UNHAPPY Group R Australia v England BRIDGETOWN: England won the toss. Australia (2pts) beat England by 36 runs. AUSTRALIA T Head b Archer D Warmer b Aii 'M Marsh et Butlier b Livingstone G Maxwell C Sait b Rashid M Storinis c Brook b Jordan T David c Livingstone b Jordan th Wade not out P Cummins run out M State not out Extras (N AUSTRALIA M Starc not out 0 (0b) Extras (lb1, w6) 201 Total (7 wkis, 20 overs) 201 Falt: 70, 74, 139, 141, 168, 200, 200. Bowling: Ali 2-0-18-1, Jacks 1-0-22-0, Archer 4-0-28-1, Wood 3-0-32-0, Rashid 40-041-1, Jordan 4-0-44-2, Livingstone 2-0-15-1. dan 4-0-44-2, Livingstone 2-0-15-1. P Salt b Zampa The Buttler Cummins b Zampa W Jacks o Starc b Stoinis J Bairstow c Maxwell b Hazlewood M Alic Warner Cummins J Bairstow c Maxwell b Hazlewood M Alic Warner Cummins Livingstone c Starc b Cummins C Jordan not out Extras (fig. w/s) Total (6 wkts 20 overs) Tell: 73.02 9, 61 (44) 128. 152. BOWling: Starc 3-0-37-0, Hazlewood 4-0-28-1. L Cummins 4-0-28-2, Maxwell 2-0-22-0. Umpires: J S Wilson & N N Menon.



CAUDERY . . . qualified

# **LLY STRIKES A CA**

SALT 'N SHAKE ... Zampa bowls the England opener for 37

CAUDERY shed her Queen of Chaos tag as she targets a maiden European gold tomorrow night.

tomorrow night.

The Cornish high-flier qualified first overall for the women's pole vault final at the European Athletics Championships with a first-time clearance of 4.50 metres in Rome.
And world indoor champion Caudery, 24, intends to wrap herself in cotton wool ahead of the Paris Olympics next month.

She said: "I haven't been doing anything too crazy — it's been a

anything too crazy — it's been a more controlled chaos recently."

On current form Caudery looks a great bet for an Olympic medal.

She added: "Indoors I proved I can perform at the championships.
"To get that first outdoor medal

"To get that first outdoor medal would give me so much confidence going into the Olympics."

GEORGE MILLS secured Britain's first medal of the championships, taking men's 5,000 metres silver.

The son of former England defender Danny finished second in 13min 21.38sec on his international outdoors debut — behind Norwegian superstar Jakob Ingebrigtsen.

Mills, 25, said: "It's a step in the right direction. It's still early in the season and just my third race. "But it's reassuring I'm on the

right track. It was a messy race. I expect myself to be winning medals on this stage now — I train hard. I've worked for it."

ROMELL GLAVE won bronze in the men's 100m final in 10.06 — just 00.01 off silver.

Italy's Olympic champion MARCELL JACOBS took gold despite pulling up at the finish line.

AMY HUNT, 22, who lives and trains in Italy, navigated the heats of the women's 100m in 11.26 on her senior European debut.

And Sheffield's 21-year-old LOUIE HINCHLIFFE clocked 9.95 to

And Sheffield's 21-year-old LOUIE HINCHLIFFE clocked 9.95 to become the first European to win the men's 100m at America's NCAA Championships in Oregon.

# ROLAND GARRO

From ROB MAUL

GROWING UP Spain, southern Carlos Alcaraz would rush home from school around this

rush home from school around this time of year and turn on the TV to watch the French Open.

Many hours were spent marvelling at his fellow countrymen winning this tournament – none more emphatically than 14-time champion Rafa Nadal.

Where the Brits learn their tennis on grass in the rain, the Spanish hone their skills on clay under clear blue skies.

And Alcaraz (below) can today fulfil a lifelong ambition here and write his name on The Musketeers' Trophy.

The Wimbledon champ faces Alex Zverev in the final at Roland Garros.

Alcaraz, 21, said: "I've a special feeling to this tournament.

"I remember when I finished school. I was

tournament.

"I remember when I finished school, I was running to my home just to put the TV on and watch the matches here at the French Open.

"Of course, Rafa No.3.1 course, Nadal Rafa

Rafa Nadal dominated this tournament for 14-15 years. It's something unbelievable. "Tve always wanted to put my name on that list of Spanish players who won this tournament. "Not only Rafa. [Juan Carlos] Ferrer, [Carlos]

#### Carlos fulfilling a childhood dream the world had success on

Moya, [Albert] Costa. A lot of Spanish players, legends from our sport." Alcaraz will aim to emulate Nadal, Novak Djokovic and Roger Federer as the only men this century to win Grand Slams in London, New York and Paris.

The world No 3 added: "I always wanted to be one of the best players in the world. "I've got to be a good player on every surface like Roger, Novak, Rafa, [Andy] Murray.

"The best players in

the world had success on every surface.

"I feel more comfortable playing on hard courts.

"But I grew up playing on clay and think my game suits it very well."

Zverev, 27 – who eliminated Nadal in the first round – saw his domestic abuse trial in Berlin discontinued on Friday.

A settlement was reached between the German and his former partner Brenda Patea – who had alleged he pushed and strangled her – following a lengthy legal battle. Dropping the case does not mean any

acknowledgement of guilt by Zverev.

Asked about it before the final, Zverev – who denies all the allegations – snapped: "I told you so from the start. I'm happy that it's over.

"Nothing else more to say. That's it. Four years.
"We move on. I never ever want to hear another question about the subject again."

• Alfie Hewett and Gordon Reid won the men's wheelchair doubles for a fifth straight year.

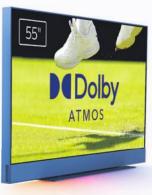
The British top seeds beat Japan's Takuya Miki and Tokito Oda 6-1 6-4.



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irrow then Beva

#### By **PHIL** THOMAS



IN HINDSIGHT, perhaps it was always written in the stars that Bevan French would be

that Bevan French would be Wigan's Wembley hero.
They could certainly have found no one better suited to the role, on a day the rugby league family rose as one to salute its greatest of all.
It will go down as the Challenge Cup final when the sporting world paid tribute to Rob Burrow, the Leeds legend who lost his battle with motor neurone disease a week are aged 41

It will go down as the Challenge Cup final when the sporting world paid tribute to Rob Burrow, the Leeds legend who lost his battle with motor neurone disease a week ago, aged 41. And also the final which ended in Aussie live-wire French's dancing feet leading his side to a 21st Cup victory...on an afternoon laced with tragic irony.

For two years ago, the Lance Todd Man of the Match winner lost his own mother, Tiffany, to the same disease.

So how fitting, how heart-breakingly and heartwarmingly appropriate, that French — a half-back like Burrow — should steal the show by scoring one try and creating another as Wigan sealed a historic quadruple.

Although stealing the show in the very loosest sense of the word.

For this was a day when shirts of all clubs came together in the most moving of minute's silences, then rousing of minute's silences, then rousing of minute's vorations, to its fallen hero Burrow.

And ended the game paying an equally loud, if not-within-a-mile, tribute to the matchwinner.

French's heroics meant that Matt Peet's Wigan are the first team since 2007 to hold the Super League title, the League Leaders' Shield, the World Club Challenge and the Challenge Cup.

The final itself could never claim to be a Challenge Cup.

The final itself could never claim to be a Challenge Cup.

The final itself could never land in the sin bin for a head shot on Josh Thewlis, even though it was a tad harsh as the winger was falling.

But, in virtually the next play, Warrington had a player back on the sidelines as well.

Matt Dufty was the guilty party, catching Liam Marshall with a blow to the head. Again ref Chris Kendall flashed yellow — again it was a correct call.

Just as it was when Warrington decided to take two points on offer when Thewlis booted a penalty to edge the Wolves ahead.

After all, this was tipped to be one of the tightest finals in the modern era.

And it was for the thick end of 23 minutes, at least.

French.
First, the Wigan stand-off stabbed an inch-perfect kick behind the Wire backline and Zach Eckersley shot through for a try full of irony.
Eckersley was only on the field because first-choice centre Adam Keighran could not be, after his red card at Warrington a week ago for flattening Aaron Lindop. Talk

about one man's misery being another man's joy – and there was plenty of that for the young Warriors scorer. And six minutes later, even more

And six minutes later, even more so for the whole team.

While French, 28, was creator for the first, he was the killer touch behind the second, with the sort of score that has become his trademark in the five years since he came from Australia.

There was nothing obviously on when Harry Smith slipped the ball to his half-back partner but so many opponents have felt the same. With a dance, then a dart and a rub-your-eyes shimmy, French jinked through a gap only he saw and the lead was suddenly ten

points. Bang on half-time it looked to be game over, as well, when you-know-who sidestepped and stretched out a hand to touch down. Or so we thought.

Referee Kendall did not, ruling no try on the field and sending it to video official Liam Moore.

He did not see enough to overturn the call and the Wolves still had half a chance.

Although a flicker of hope effectively became no hope just before the hour.

That is when Jai Field sent Liam Farrell haring through a gap and although Matty Nicholson caught him a yard or so out, the Wigan veteran rolled over to score.

Dufty gave Warrington brief hope

by cutting back inside to finally find a way over. By then the mountain was too great for them to climb

was too great for them climb.

By then French had already planted his—and Wigan's—flag at the summit.

St Helens stormed to their fourth women's Challenge Cup crown on the trot with a 22-0 rout of Leeds.

Faye Gaskin, Phoebe Hook, Luci McColm and Chantelle Crowl all went over for tries at Wembley.



BOSS ... Peet





# istoric qua





his thoughts as he celebrated victory. The swift-footed Aussie revealed: "With Rob being such a legend, it has connected to me emotionally. "The first trophy I won when I came back to England after she passed away was the Challenge Cup, so it makes it even more special." Wigan became the first team since St Helens in 2007 — and only the second ever — to hold the Super

League, League Leaders Shield, World Club Challenge and Challenge Cup at the same time.
Coach Matt Peet said: "This is the best one. Warrington had a lot of momentum behind them, there was a lot going on around the game."
Wolves coach Sam Burgess admitted the occasion got the better of his young side.

his young side.

He said: "Twelve of them had never played in a final and I'd like to think we'll be better next time."

# Sunday, June 9, 2024 Sun 55 Alan Nixon

SUNSPORT'S MAN IN THE KNOW FOR RED-HOT TRANSFER NEWS

**MANCHESTER** UNITED target lg Tyjon has signed

#### **Swans eye** bid for Sid

SWANSEA are looking into a surprise £500,000 move for St Johnstone's Gambia international striker Adama Sidibeh. The Welsh club have scouted speedy Sidibeh since he joined from non-league side Warrington Rylands.

Sidibeh (below), 25, has a fixed price in his contract after signing for the Scottish Premiership side in January — and he could be tempted by a second quick step up the football ladder. However, Sidibeh is also feeling loyalty upwards Saunts upper Saunts who

second quick step up-the football ladder. However, Sidibeh is also feeling loyalty towards Saints, who gave him the chance to come into senior foot-ball and soon put him in their first team.

#### MANCHESTER

A CHAMPIONSHIP

side have suspended their academy chief while they probe claims of racism in team selection. Parents lodged complaints accusing the employee of leaving out three players because of

three players because of the colour of their skin.

#### **BRIGHTON**

vner Tony Bloom seen to buy into a

also part-owns
an side Royale Unic
-Gilloise, was kee
Hibernian until
ournemouth's Tom
Foley moved in.

DEFENDER Charlie Cresswell is on his way out of Leeds – with Germans Hannover and

French side Toulouse both interested. Leeds are looking for around £3million plus extras for the home-grown defender, 21.

#### **BLACKBURN**

Rushworth is wanted by Premier League new boys — who would buy

Ipswich — who would buy or take him on loan.
Rushworth (right), 22, may get his big chance in the top flight after he excelled at Swansea — having also played in the other two divisions.
The Welsh side would like him back but Ipswich are keen because they may lose

Vaclav Hladky, who has yet to sign a new three-year contract and could leave. Brighton have a dilemma

Brighton have a dilemma as they are set to send James Beadle back to Sheffield Wednesday while MK Dons are looking to sign Tom McGill on loan. Tractor Boys manager Kieran McKenna also hopes to pick up midfielder Lewis O'Brien, 25, from Nottingham Forest.



# Trafford's

JILTED James Trafford has a £30million price tag slapped on his head as Chelsea and

Newcastle chase the keeper.

Burnley's England Under-21 stopper missed out on the Euro 2024 squad but could escape relegation with a move as his old

relegation with a move as his old coach Enzo Maresca wants him and Toon are considering a bid. However the Clarets will ask for **DOUBLE** the fee they paid Manchester City a year ago to make Blues and Newcastle think again about the 21-year-old. Trafford was left out by ex-boss Vincent Kompany at the tail end of the season but his valuation has still soared since moving from Etihad back-up to the Premier League.

The League One outfit have already made an inquiry but Bristol City and manager-less Sunder-land may join in the auction.



## **Vat about Q**

watford are monitoring Ben Osborn after Sheffield United let him go.

The Hornets like the midfielder's experience and want him to sign in case the Blades come back for him when their takeover bid is settled. Derby also fancy (right), 29, but have other targets. John Fleck is training through the summer in a bid to win a new deal at Blackburn.

Midfielder Fleck, 32, joined on a shorterm contract in February and picked up a shin injury on debut. But now he hopes to prove he is fit enough for a longer stay.



WHICH transfer-seeking out-of-contract star wants to move because he cannot get on with the manager? The international has been offered top terms but is at loggerheads with his boss and may go elsewhere for less money.

less money.

A 'he-goes-or-l-go' ultimatum
has not helped to smooth the
process much either.



### Erik has LVG vote

By JAKE SANDERS

By JAKE SANDERS
LOUIS VAN GAAL says
Manchester United should
not bin off Erik ten Hag—
like they did with him
after he won the FA Cup.
Fellow Dutchman LVG
managed the Red Devils
between 2014-16 and got
axed days after beating
Crystal Palace at Wembley.
Ten Hag lifted the Cup
last month but is at risk
after United came eighth

after United came eighth in the Prem, their worst league finish in 34 years. Van Gaal, 72, said: "I also needed more time, I won the FA Cup when no

won the FA Cup when no one had for 12 years.

"Erik won the FA Cup and in his first year got in the Champions League, you don't have to sack him—he needs more time.

"He hasn't done fantastically but has shown he can be a good manager."

DAVID DE GEA banked a huge £22 Smillion in image.

huge £22.5million in image rights while at United, new

rights while at United, new accounts have shown.

The keeper — who has not played since leaving Old Trafford last July — built up £22,488,340 in his 'media representation' company Bedamarse Ltd.



HURZELER . . . target

## **Brighton** in for Fab

By HENRY TOMLINSON

BRIGHTON have edged closer to appointing St Pauli boss Fabian Hurzeler

Pauli boss Fabian Hurzeler after the American was granted a work permit.

The Seagulls are in talks with the German outfit but there is no agreement yet.

Hurzeler, 31, would be the youngest permanent manager in Premier League history if he succeeds Roberto De Zerbi, who left the Amex last month. last month.

last month.
Texas-born Hurzeler was named St Pauli No 2 in December 2022 but quickly became interim and then permanent head coach, having helped them beat the drop to the third tier.
Last season he led the

Last season, he led the Hamburg-based club to the Bundesliga 2 title with

the Bundesiga 2 true with 69 points, one ahead of Holstein Kiel. Hurzeler signed a new contract with St Pauli in March but the lure of the Prem looks to be too good to turn down.

Brighton chased Kieran McKenna before he signed a new deal at Ipswich.





GREENWOOD . . . target

## Mour bid for Mase

EXCLUSIVE By RICHARD MORIARTY

TURKISH club Fenerbahce are plotting to sign Mason Greenwood — but he is not keen on working with boss Jose Mourinho.

The Manchester United striker's future is up in the air after his loan at Spaniards Getafe expired.

Several Premier League and European clubs are interested in taking on the controversial player.

And just days after his former Old Trafford chief Mourinho took over as TURKISH club Fenerbahce

And just days after his former Old Trafford chief Mourinho took over as manager, Fenerbahce joined the race for Greenwood, who could be allowed to leave United for about £50million.

Former United midfielder Nicky Butt has told how Mourinho identified Greenwood as a future star when he was just 15.

Greenwood was arrested in 2022 following allegations of attempted rape and assault. Prosecutors later dropped all charges, which the player denied.

A club review ruled he should ply his trade away from United

should ply his trade away from United but he remains a retained player.



TEXTOR . . . Palace stake

## Textor is on hold

By ALAN NIXON

JOHN TEXTOR is prepared to wait until after a takeover before making another move for Everton. The Crystal Palace coowner revealed in May his Eagle Football Holdings aim

Eagle Football Holdings aim to sell a 45 per cent stake in the Selhurst Park club. Textor had hoped for exclusivity from Everton to help persuade the Prem to let him have shares in two clubs before selling Palace. But he was told he is second in the £600million race — so may have to

second in the £600million race — so may have to wait until favourites Andy Bell and George Downing are running the Toffees.
But the American is still planning to win in the long term once he has sold his shares in Crystal Palace.
Bell and Downing have a huge stake in Everton's new ground at Bramley-Moore Dock and have help from US financiers.
Everton owner Farhad Moshiri is under pressure to sell to the group, who can put in cash instantly.
Textor told fellow Palace shareholders he will do a "sweet" deal for his stake if they agree a fast sale.



clouds

WHEN Manchester United reached the FA Cup final, new investor Sir Jim Ratcliffe told staff they would have to pay their own way down to Wembley.
When Warrington Wolves made yesterday's Challenge Cup final, owner Simon Moran immediately told their Aussie players he would stump up to fly their parents over.
As the man behind the hugely successful SJM Concerts, clearly Simon isn't short of a bob or two. But he didn't have to do it.
Then again, Ratcliffe will never be hunting down the back of the sofa for loose change either, and it didn't stop him.
Both of them would claim to be die-hard fans and lifelong supporters...only one of them acts like it.

team

backroom

the

**GARETH** SOUTHGATE

SOUTHGATE is so convinced Luke Shaw will be fit for the business end of the Euros, it can surely mean only one thing. In all the controversy of who missed the England cut, clearly no one noticed Eileen Drewery sneaking in through the side door.

As Shaw has not played a game in more than three months, Glenn Hoddle's old faith healer could be the most important member of the backroom



KOMPANY . . . left club

## It's lot of money to Burn

EXCLUSIVE By RICHARD MORIARTY

BURNLEY face a huge following financial their relegation as they

must repay a chunk of a £65million loan.

The Clarets will already lose millions in income by falling into the Champians in t

by falling into the Championship after only one year in the Prem.

Their £65m loan was taken out as part of the club's takeover by ALK Capital in December 2020. It was due to be repaid in May 2027, with interest-only payments required up to that point. The club are paying interest of 11 PER CENT—which adds up to £7.2m a year.

— Which agus up to £7.2m a year.

But the Lancashire outfit's latest accounts revealed: "For any period the club is not in the Prethe club is not in the Premier League, the timeline within which the requirement on the Group to make principal payments is brought forward."

The Clarets spent 597.5m on 15 players last summer but will now have to offload a few to help balance the books.

balance the books.

Burnley have also lost boss Vincent Kompany,

boss Vincent Kompany, who took over at Bayern Munich last month.
Along with Luton and Sheffield United, they face losing more than £60m a year in TV revenues following their relegation.
The Clarets were contacted for comment.



Boss of Goss: P55

## Page still confident

ROBERT PAGE believes Wales will bounce back from their Gibraltar embarrassment.

The Dragons face Slova-kia in a friendly tonight, fresh from being left red-faced by Thursday's goalless draw with the world No 203 side.

Wales will this time field a more experienced line-up with Ethan Ampadu

named as captain.

Boss Page, who faced boos from Welsh fans in the Algarve, said: "We were disappointed with the Gibraltar game but we

must move forward.

"The lads were on the back of three weeks off, so it was unrealistic to start with our strongest team for the two games."

# Ad it right first

TWO weeks ago this column suggested midfielder Adam Wharton should be a nailed-on pick for the Euros — and was even good enough to make Gareth

Southgate's starting line-up.

Cue texts and emails from many who disagreed, some more strongly than others. And just for the record, by the way, I have never been able to get my head up my backside.

Now it appears the rest are starting to cotton on to the fact that the Wharton (right) for England call wasn't such a daft one after all.

If I wasn't such a God-fearing church-goer, I'd be tempted to tell all you doubters how you should go away.



## Clarke in ta-Tartan Euro vow

By BILL LECKIE

SCOTLAND stars jet to the Euros today fired up by a three-word pep talk from boss Steve Clarke: Full steam ahead.

steam ahead.
Clarke and his men will
be welcomed to their
training camp by a piper
and a brass band tonight
after their preparations
finally ended with no more

finally ended with no more injury worries.

And he promised the Tartan Army they will now see the best of their heroes in Germany.

Boss Clarke said: "Will the nerves be gone now the friendlies are over? One hundred per cent.
"As of now, the competition."

"As of now, the competitive edge will be back, we'll have that desire not to lose once again.
"We're on our way and it's full steam ahead.

"We're on our way and it's full steam ahead.
"I'm not saying we went out to try and lose against Finland but we all know what was in the back of

what was in the back of their minds.

"I said it before — they're only human, they all worry about injuries and they were all spooked by what happened to

by what happened to Lyndon Dykes.
"Now, we'll be on it 100 per cent and we can't wait to get there."
Clarke gave his men a day off at their Glasgow city-centre HQ yesterday in the wake of Friday's 2-2 draw with the Finns in front of 40,000 fans at Hampden.

The squad land at tea-time tonight and will get the full red-carpet treatment a couple of hours later at the swish ski resort of Garmisch-Partenkirchen, near Austrian border.

## Martinez: Ron's key

ROBERTO MARTINEZ sees Cristiano Ronaldo as a vital part of the Portugal dressing room regardless of which club he plays for. Ronaldo, the all-time top goalscorer in the men's international game — with 128 goals — is set to play at his sixth Euros.

128 goals — is set to play at his sixth Euros.
The superstar, 39, made the 2004 final on his tournament debut and lifted the Euro 2016 title.
He quit elite club football to join Saudi Pro League side Al-Nassr in December 2022.
But his Portugal boss Martinez said: "There is no doubt that Ronaldo is an incredible scorer.

no doubt that konado is an incredible scorer. "He is the only player who has played in five Euros and his experience is important for us. "Cristiano is prepared to

'Cristiano is prepared to "And there is no other player in the world who can bring what he can to the dressing room."



SCORING for England for the first time. Against Brazil. In

first time. Against Brazii. in the Maracana.

It was a life-changing experience. But not just for John Barnes—because another player registered his first senior international goal for the Three Lions in the 2-0 win on that famous night, which marks its 40th anniversary tomorrow.

And, if anything the impact on Mark Hateley was greater and more instant.

And, if anything, the impact on Mark Hateley was greater and more instant.

Hateley, 62, recalled: "It was a crazy, crazy six weeks. Everything changed for me – from Second Division football to playing for one of the biggest clubs in the world."

Within days of scoring the second goal in England's only ever away triumph in Brazil, Hateley was on his way to join AC Milan from Portsmouth for a fee of £1.2million. It was an astonishing turn of events for a young man who had defied his dad, Tony, a former top-flight striker for Aston Villa, Chelsea and Liverpool, to drop down from First Division Coventry to

play for Pompey. Hateley hit 22 goals in 38 league games for the South Coast club and caught England boss Bobby Robson's eye with his exploits for the Under-2ls. When the Young Lions won the European Championship in 1984, he scored six goals in the knockout stages and one in the second leg of the final against Spain.

Hateley said: "I'd booked a holiday to go away with the lads. Magaluf, I think it was.
"Sir Bobby gave me a call and asked me if I would like to go to South America as a precursor to the World Cup qualifying campaign."

to the world Cup quantying campaign.
"I was disappointed not to make the trip to Spain but out of the blue everything opened up for me." Before flying across the Atlantic, Hateley made his senior debut as a substitute at Wembley against the USSR.

substitute at wembley against the USSR.

A 2-0 defeat sparked chants of "Robson out", with the Three Lions boss already under the cosh after failing to qualify for that summer's

9

**GOALS** 



# MARACANA WIN 40

# By **DAN KING**

Euros in France. Hateley thought he was going on the trip to learn the ropes but injury stopped Paul Mariner travelling, so the 22-year-old found himself making his first start for his country in the legendary Maracana Stadium.

Brazil were fast out of the blocks and Peter Shilton made some good early saves.

Hateley said: "It took us a while to get used to the surface. "It was bobbly underneath but if you look at the footage, you can't really see the football boots because the grass was that long. "They seemed to be able to scoop the ball up off the floor very easily, like they were playing on the beach."

Robson's team weathered the free means the result of the store of the store of the same weathered the store of the same weathered the store of the same weathered the same weathe

Robson's team weathered the storm and in the final minute of the first half, Hateley rose high to

win and control the ball, before sweeping it out to Barnes on the

win and control the ball, before sweeping it out to Barnes on the left flank.

He said: "I am actually claiming the assist! I'm looking for the ball back, basically. Centre-forwards only ever lend the ball.

"But Barnessy had such ability had

the assist! I'm looking for the ball back, basically. Centre-forwards only ever lend the ball.

"But Barnesy had such ability, he went past three or four players.

"When we get to the edge of the box, I'm level with him looking for the little cutback and a side-foot into an open goal.

"But Barnesy dropped his shoulder, put the goalkeeper on his backside and scored.

"The only thanks I got from that was that I copped a right good elbow from Barnesy, right on my jaw, as he celebrated."

Such was the quality of Barnes' goal that it has always overshadowed Hateley's own magic moment, in the 65th minute.

Hateley, who also shares his November 7 birthday with Barnes, said: "It was a good, old-fashioned centre-forward's goal from a good, old-fashioned winger's cross to the

post Barfrom

"He just hung it up and said, 'Get on the end of that!"

Brazil keeper Costa Roberto did not himself in cover glory, failing to stop Hateley's header.

The home team, missing stars in over-seas leagues, was hardly vintage. But the victory

vintage. But the victory eased pressure on Robson and was transformative for Hateley. He said: "Ray Wilkins signed for AC Milan in the Easter. "Two or three days after the Brazil game, he came to me and said, 'Milan have contacted me —

would vou be interested

would you be interested in joining them in the summer?'
"This was how young and naive I was, I said, 'I've got two years left, Ray, I don't think Portsmouth will sell me'

don't think rottes sell me'.

"He said, 'Apparently, that deal has already been done. It's just about personal terms now.'

"I said, 'Yes, is the answer!'."

Hateley loved Milan and

"I said, 'Yes, is the answer!."
Hateley loved Milan and Milan loved Hateley.
The header he scored to win his first derby against Inter is still talked about to this day.
The self-confessed old-school British centre-forward learned plenty from boss Nils Liedholm, the former AC and Sweden striker and from Fabio Capello, then coach of the Primavera youth team, on how to play like a European No9.
The arrival of Silvio Berlusconi as club supremo led to Hateley leaving after three seasons. But a certain young

manager named Arsene Wenger made the England frontman his first signing for Monaco in 1987. Playing alongside Three Lions team-mate Glenn Hoddle, Hateley helped the club become French champions.

All was going wall suffered.

helped the club become French champions.

All was going well until he suffered an horrific ankle injury in a European Cup quarter-final against Galatasaray in 1989.

Hateley bounced back to become a legend at Rangers, where he won five Scottish titles and where he is about to resume the role of club ambassador.

But his success can be traced to that night in Rio de Janeiro.

Hateley added: "This is what I say to any young player, 'You never know where you can be next week in the game of football'.

"'Always play like it's going to be the last game you ever play. If you do that, you'll never leave yourself short'. It completely changed my life. "And to be the last player to score in England's only away win over Brazil? I'll take that plaudit."







## Mit ends drought

By JAKE SANDERS

FORMER Aleksandar Mitrovic Dusan Tadic fired Serbia to a convincing victory ahead of facing England in their Euro 2024 opener

next Sunday.

Ex-Fulham striker Mitrovic's first international vic's first international goal since October doubled the lead following Sergej Milinkovic-Savic's first-half opener against SWEDEN.

opener against SWEDEN.
Tadic, who played for
Southampton between
2014-18, sealed a statement 3-0 victory in Solna
with a fine volley.
DENMARK, the Three
Lions' second group-stage
opponents, beat NORWAY
3-1 and head into the
Euros on the back of one
defeat in 12 games.

defeat in 12 games.

Spurs' Pierre-Emile
Hojbjerg, Leicester centreback Jannik Vestergaard
and Yussuf Poulsen scored

and Yussuf Poulsen scored for the Danes, with Manchester City's Erling Haaland netting for Norway. SLOVENIA, who face Gareth Southgate's side in Cologne in 17 days' time, played out a 1-1 draw with BULGARIA, thanks to Andraz Sporar's equaliser.



# Bad Tripp at Spurs

By JAKE SANDERS

KIERAN TRIPPIER revealed the biggest regret of his career is the way he left Tottenham.

The England full-back moved to Atletico Madrid in 2019 for £20million.

That came less than two months after playing for Mauricio Pochettino's side in the Champions League final defeat to Liverpool.

Trippier, 33, had three years left on his deal but opted for Spain after talks with chairman Daniel Levy.

Asked about his biggest regret, the Newcastle star admitted: "The way I left. I talked with Daniel and

the manager.
"It was difficult. I just asked, 'Am I part of the plans?" He said to speak

plans?' He said to speak to the manager.
"I went to the manager and asked if I was part of his plans and he said, 'Speak to Daniel'.
"I kept getting thrown around like a yo-yo. You just want clarity.
"If I need to move on then that's all I need to hear. Just a bit of honesty. "Players come and go.

"Players come and go, that's no problem."



LUKE SHAW put his Euro 2024 the price for pushing himself too hard to be fit for Manchester United.

Manchester United.

England's first-choice left-back has not returned to full contact training yet following a hamstring injury he sustained in February.

Shaw, 28, knows he is extremely fortunate to be included in Gareth Southgate's 26-man squad that flies to Germany tomorrow.

But he is targeting a return to be available from the bench in the Three Lions' second Group C match against Denmark in Frankfurt in 11 days.

Shaw's injury nightmare started when he limped off at half-time against Aston Villa on February 11.

And his hamstring problem was made worse when he played at Luton a week later.

The only left-footed defender in Southgate's squad then tried to rush back quickly in a bid to be fit for United's FA Cup final date with

By **CHARLIE WYETT** 



neighbours Manchester City on May 25 at Wembley.

But he suffered another "devastating" setback as his Euros spot was placed in jeopardy.

With England preparing for Sunday's Euros opener against Serbia, frustrated Shaw has opened up on his hugely disappointing injury-hit season.

his hugely disappointing injury-hit season.

Shaw, who scored the opener in the Euro 2020 final loss to Italy, said: "My season has been so frustrating, injury after injury.

"My first hamstring could have been avoided. That wasn't the case, things happen and I've just got to move on from that.

"People have seen that there was a setback but I was actually very close

setback but I was actually very close to returning to team training. "I was pushing to try and get back

for the Premier League games and the Cup final and I think I pushed too hard.

"I came back too quickly and I actually ended up getting another injury in my hamstring, which was a two centimetre tear, when I was three weeks from the final.

"They said it was a six-week injury, so that's obviously why there was that setback. Of course, I was devastated.
"At that point the Euros wasn't my focus. My focus was fully on United.
"Every day, I was thinking about the final, thinking about the couple of games that were actually left for United that I was going to try and be involved in.
"The biggest disappointment for me.

United that I was going to try and be involved in.

"The biggest disappointment for me was that I was missing the final."

Shaw hit back last month at abusive fans on social media who questioned his loyalty to United.

And the 31-cap defender reiterated his point once again when he added:

"Now, I have had a few people coming up to me, saying, 'How can you not be fit for United but fit for England?' But

the circumstances were that I did push to do everything to be fit for United.

"It's better for me to come out and say what happened, because I think there were a lot of questions over how I could be here and not at United.

"That's been playing on my mind."

"That's been playing on my mind a little bit."
Shaw was not the only Red Devils'

Shaw was not the only Red Devils' star who was pushing to be fit for United's surprise 2-1 FA Cup victory. Centre-half Harry Maguire was also in a fitness race but he suffered a setback with his calf injury a few days before the Wembley showdown and failed to recover enough to be selected in Southgate's final 26.

Yet former Southampton defender Shaw — although not fit yet — has been given that chance by Southgate, so it is hardly a surprise he is incredibly grateful.

Shaw said: "I've had a tough few months, really.

"But I think things are looking much more positive now and I'm











# Arnor puts his shirt on pal Ad

WHARTON

KIERAN TRIPPIER

ADAM WHARTON is ready to star at Euro 2024, says his old Blackburn pal Arnor Sigurdsson.

The Iceland midfielder left Wembley with his former team-mate's England shirt (below) fol-

lowing Three Lions' shock
1-0 defeat on Friday.
And he posted a photo
of Wharton's No 23 on X
with the message "So

of Wharton's No 23 on X with the message "So nice to see you, brother. Keep shining." Wharton and Sigurdsson played together in the Championship until the 20-year-old made an £18million move to Crystal Polese in Jenuery. tal Palace in January.

He only made his England debut ingianu uozza igainst Bosnia and against Bosnia and Herzegovina on Monday, yet Sigurds-son insists Wharton would not be fazed by facing Serbia in Sunday's Group C opener.

Sigurdsson said: "He is so calm, he does not get nervous. He has that kind of mentality and talent so if he started the first game, he could do it. "He is an amazing football player and he is just getting started. We all knew he

knew

would go to the Premier League at some time but six months from Black-burn to the Euros? I did

burn to the Euros? I did not expect that.

"I told him it is just crazy but also beautiful, seeing it from the outside and also knowing him.

"He is pretty quiet but also such a nice person. He is just the same as he was at Blackburn.

"I am sure he will keep on being like that because that is how he was raised by his family."

Sigurdsson, 25, also insists there is no

insists there is no need for England fans to start panicking despite

fans to start panicking despite Friday's shocker. He added: "They are going to the Euros and are one of the favourites so they were not 110 per cent at it like

we were.
"I don't think they will play as high defensively in Germany as they did against us.

"Playing at the Euros is not the same. They will be more passive. They know how to do it at the big tournaments."

feeling good. Things are looking much better than they were a few weeks ago.
"The biggest thing for me now is putting my full focus on getting back fit and helping England win the Euros.
"I'm definitely progressing much better than I think they thought I would.
"I don't want to look too far ahead.

would.
"I don't want to look too far ahead. I'm very grateful for Gareth picking me and showing the faith he has in me. "It's about repaying that and doing everything I can to try and get fit and try and help the team win this Euros."

England cortain."

Euros."

England certainly need a fit and firing Shaw at left-back, where he was a key player at the last two major tournaments, the pandemic-delayed Euro 2020 and the Qatar World Cup in 2022.

Shaw has become a leader in the dressing room.

Shaw has become a local dressing room.

And he also made an impression in Qatar when he revealed he has a tattoo of the Coco Pops monkey on his arm in a heartwarming tribute to

his young son, Reign. England were knocked out in the World Cup quarter-finals by France and if they are to go further in Germany, there must be a clear improvement on Friday's 1-0 loss to Iceland.

Shaw added: "Gareth made that very clear in the changing room.
"I'm not going to repeat what was said but we know we need to be better.

Im not going to repeat what was said but we know we need to be better.

"The mentality needs to be better, attitude, performance — everything.

"It's been a tough couple of days in camp, with the decisions over squad selection. It's never an easy one to deal with.

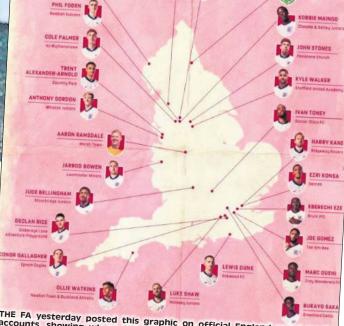
"I'm not saying that had a massive effect on the Iceland result but it could have made a little difference. We know we need to be better.

"This could have been the best thing to happen to us.

"It made us realise going to Germany is not going to be an easy ride.

"It's going to be very, very hard and it's going to need a lot of determination from the team to do that."

ON TRACK ... defender Shaw saw defeat to Iceland  DON'T MISS **OUR FREE RO GOALS** THURSDA



THE FA yesterday posted this graphic on official England social media accounts, showing where Gareth Southgate's 26-man squad hails from and the youth teams where they kicked off their footballing journeys. The map also gives an idea of the North-South spread of Three Lions players, proving that grassroots paths into the game are open the around London and the North West.

# SOUTHGATE VOW



From Back Page mentality is right and make sure we're working on the areas that need to be bet-

ter than against Iceland.
"We are not putting everything on Jude.

"We've got a lot of good players and it is a collec-tive thing to go and try to win this tournament.

"If we are relying on one person, that isn't going to be a team that wins."

be a team that wins."
Bellingham, 20, had a stellar first season with Real, winning LaLiga then clinching Euro glory with a 2-0 victory over Borussia Dortmund at Wembley.
Southgate gave the ex-Birmingham and Dortmund midfield star extra time off to recharge.
He missed both the 3-0 friendly win over Bosnia

friendly win over Bosnia

and that disastrous final warm-up against Iceland.

Now all eyes are on getting England firing for the Euro 2024 Group C

the Euro 2024 Group C
opener against Serbia in
Gelsenkirchen next Sunday.
Southgate added: "He
is, of course, a player with
fabulous mentality and
will have a big impact on
the whole group.
"But the biggest thing
over the last couple of
games is we've never had
the collective together on
the pitch at the same time.
"There are still players
we are finding out about
and it sharpens the focus
leading into Serbia."

John Stones is a fitness.

John Stones is a fitness orry after his ankle worry after his a knock against Iceland.

defender will be sed by England's The

assessed by England's medical staff today.
With Harry Maguire out of the squad due to a calf injury, Liverpool's Jarell

# England's week ahead

TODAY: 26-man squad meet at 5t George's Park.
TOMORROW: Fly off to Germany and set up base at luxurious Weimarer Land Colf Resort and Spa in Blankenhain.
TUESDAY AM: Uefa media duties posing in front of a green screen for graphics used on TV.
PM: Some light training watched by kids, fans and dignitaries at fourth-tier FC Carl Zeiss Jena's ground, followed by meet-and-greets.

by meet-and-greets.

by meet-and-greets.
WEDNESDAY to FRIDAY
AM: Training. PM: Media
duties and downtime
including Xbox, golf or
just chilling out.
SATURDAY AM: Training
before taking flight to
Celsenkirchen to prepare
for Group C opener.
NEXT SUNDAY, 8pm:
Serbia v. England

# 

**ICELAND SHOCK 'WILL SHARPEN OUR FOCUS'** 

SOUTHGATE claims the fiasco is just the "jolt"

lealand fiasco is just the "jolt"

England needed for Euro 2024.

The Three Lions boss was fuming after Friday's 1-0 home defeat and did not pull any punches in delivering his verdict to the Germany-bound stars post-match in the dressing room.

But Southgate believes the setback was a timely reminder for his talented squad – billed as favourites – and will give England an edge with the Group C opener against Serbia seven days away.

Southgate said: "We've spoken after the game about what needs to be better. "I understand some of the reasons for it but equally it is a jolt at a good time for us because we'll have to get that preparation next week spot on.

"It means we'll have an edge to things, which we need."

The woeful Wembley show in the final pre-Euros friendly was a reality check. Iceland were arguably the better team overall, certainly in the second half, and should have scored at least one more.

Defender John Stones suffered an ankle injury, while a relatively inexperienced side struggled to gel and find the required intensity. Southgate said: "There are a lot of factors we need to think about. There is the physical aspect, is the balance right?

"Of course, when you're one game away from a tournament there is also a little bit of not wanting to get injured and slightly different focus. I've played in those games myself.

"In the games we had at Middlesbrough before Euro 2020 we won but they weren't flowing performances with great intensity. Sometimes a performance like that can really sharpen the focus, sharpen the attention to the fundamentals of the game that have to be right.

"Maybe in the last few weeks we've talked a little bit too much about what we want to be with the ball and if you are not bright without the ball, which we weren't, then you can have problems against any side.

"Iceland played well but we gave them too much space and too much time, and the game was too comfortable for them when they had possession of the ball."

For all the talk of England's fantastic attacking options, they

By **DAN KING** 

brings. For a decent part of the game, Marc Guehi was a rare positive but the Crystal Palace man, only just back from injury, looked less secure in the second half even before he was poleaxed by a ball smashed into his head from close range.

England followed all the concussion protocols and Guehi continued.

With Harry Maguire

Guehi continued.

With Harry Maguire
axed after failing to
recover from a calf
problem, Southgate is
relying on Guehi to step
up into the starting ll at his first
major tournament.

up into the starting 11 at his first major tournament.
Southgate said: "I will need to watch the fine details back. But he is an accomplished defender. He is positionally always good, he is composed with the ball. He has lost a centre-back partner halfway through the game.

"I thought Ezri Konsa did well when he came on as well but by the end, because we needed to look after Trippier and Walker, we are a young back four that hasn't really played together.

said.

hasn't really played together.
"Where you want to be solid at the back and pushing forward and patient to try and get the result you desire, that area of the team was very insperienced and

that area of the team was very inexperienced and fere loss after loss and the cach other."

Southgate also needs more chemistry in midfield.
Out of Trent Alexander-Arnold, Kobbie Mainoo and Conor Gallagher, who will partner Declan Rice against Serbia?

partner Declan R against Serbia? But Southgate said "It's the balance of the whole team and not just one position. "There are uncer-tainties physically,

"There are uncertainties physically, there is no question about that.

"That's why we had to make the decision with Harry Maguire and with Hendo [Jordan Henderson, both left out of the squad].

"But that's the hand we've got. The performance against Iceland gives me as the manager a real clear focus as to what we have to push next week."



# TO GET 3 LIONS ROA

# bUE



CARRY ON
The fact remains this is one of the most talented groups of players England have ever sent

o a tournament.
Given all the issues, things are unlikely to go perfectly in the

opening game.

England simply need to progress from the group, build momentum and hope team chemistry builds and injuries fade in time for the knockout stage.

Southgate has the experience and emotional intelligence to cope.



SUITE AS . . . England and Palace's Eze is hot property

# Tottenham box clever over Eze

MANCHESTER UNITED will battle Tottenham for Crystal Palace star

for Crystal Palace star
Eberechi Eze — but
are way behind on the
charm offensive.

Spurs look to be in the
box seat after Eze's
friends and family were
again seen in his agency's
hospitality suite at the
Tottenham Hotspur
Stadium late last season.

Sources say the new
regime at United want to
make the England
attacker a marquee signing in their first summer
window — with the star
having a £60million
release clause.

United finished the
season with a negative
goal difference and
scored just 57 times.

Eze managed 11 goals
and four sessits despits

scored just 57 times.

Eze managed 11 goals and four assists despite injuries restricting him to 27 appearances.

He has also been linked to champions Manchester City.

The Eagles do not want to lose the 25-year-old or Michael Olise, the creative heart of a team that ended the campaign

By DAN KING

strongly under new boss Oliver Glasner.
United would also probably have to sell players before they could afford a major signing like Eze and are yet to decide the future of boss Erik ten Hag.

Spurs are financially stable and one of the few Prem clubs who can spend this summer without worrying too much about Profitability and Sustainability Rules.

But boss Ange Postecoglou has other areas he wants to strengthen and might be reluctant to spend too much on Eze.

The player's agents, CAA Base, have had good connections at Spurs for many years and current players Son Heung-min and James Maddison are among their clients.

Eze's entourage were guests in Base's box for Palace's away defeat in

among their clients.
Eze's entourage were
guests in Base's box for
Palace's away defeat in
March and again for
Spurs' penultimate home
game against Burnley.
Tottenham want bigname signings after earning a Europa League spot.

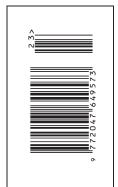


ENGLAND'S squad numbers seemingly with an insight into what boss Gareth Southgate considers his strongest XI. But injuries to the likes of Luke Shaw and John Stones may scupper his plans.



PHIL FODEN is set to be the highest-paid British player in history when he returns from the Euros. Manchester City want to tie down their jewel in the

crown with a near double-your-money deal that will rocket his wages to around £375,000 a week. Foden has three years Turn to Page 56



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Turn to Page 4



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#### 2 Sum Sunday, June 9, 2024

# Favourite HOME OF RACING FIRST PAST THE POS

#### GOING: GOOD (GOOD TO FIRM IN PLACES)

**TEMPLEGATE** 

	COCOONS .
2.10 WILLIAM HILL EPIC BOOST HANDICAP (Class 3) winner £12,885; 7f (9 runners)  1 049-60 FINN'S CHARM 9 (D) (3) C Johnston 4-10-2 Joe Fanning 92 Runs: 14 Wins: 2 (GS.G) Places: 1 £65,030 Dropping in the weights, return to 7 will help, can bounce back to form 2 09-382 TOIMY SON 16 (D) (9) D Menulsier 5-9-13 Kyle Strydom —99 Runs: 19 Wins: 3 (GS) Places: 5 £92,866 Finished well over track & trip latest, yard strong here, leading hope 3 15-304 SIR WINSTON 114 (D) (7) G Baker 5-9-11 Pat Cosgrave 93 Runs: 16 Wins: 3 (EP.G) Places: 6 £30,451 In decent form in Bahrain, goes best on quick ground, check betting (4) G & J Moore 5-9-11 Torn Queally 96 Runs: 26 Wins: 9 (9A) Places: 3 £75,924 Won four on the bounce, shade unlucky last time, on the shortlist  5 5-0-650 DARKNESS 9 (V;D) (8) D O'Meara 6-9-8 Daniel Tudhope 91 Runs: 34 Wins: 4 (F,G) Places: 7 £132,659	6 6-1 NAKHEEL 30 (T;D) O Burrows 9-2 William Buick 9 Runs: 2 Wins: 1(GS) £3.15 Travelled like a smart filly when winning at Ascot, type to progress 7 1 SEA JUST IN TIME 37 (D) W Haggas 9-2 Tom Marquand 9 Sunning performance on debut, looks a Group filly, the one to beat sunning performance on debut, looks a Group filly, the one to beat 9-8 8 417-30 SEAWARD 9 (3) R Beckett 9-2 Hector Crouch 9 Runs: 5 Wins: 1(G) £29,7 Went too fast when last of 12 in the Oaks, drops in class, respected 9 9 621-45 STRUTTING 16 (4) J & T Gosden 9-2 Shane Foley 8 Runs: 5 Wins: 1(A) Places: 1 Fittings 9-4 Sea Just In Time, 5 Nakheel, 6 Seaward, 13 Beeley, 8 Bolsena, Ambiente Amigo, 12 Strutting, 14 Lava Stream WHERE FAVOURITES FINISHED: 3 1 1 2 1 2023: Al Asifah 9-2, Jim Crowley 4-7 Fav (J & T Gosden), dr 3, 7 ran.
Runs: 34 Wins: 4 (F.G) Places: 7 £132,659 Quirky but talented, dropped to competitive mark but be a surprise 6 1735-0 SON OF MAN 15 (1) J Chapple-Hyam 3-9-6 David Egan 87 Runs: 5 Wins: 1 (GS) Places: 1 £13,385 Lightly raced, below best at Haydock latest, plenty to prove now 67 67-004 RACINGBREAKS RYDER 16 (D) (6) C Hills 4-9-6William Buick 99 Runs: 15 Wins: 4 (35, G) Places: 2 £53,415 (2) R Hannon 3-8-9. Alec Voikhansky (3) 97 Runs: 7 Wins: 1 (S) Places: 2 £59,705 Shaped better than the bare result at Epsom last week, do better 99 243 FAHRENHEIT SEVEN 19 (5) M Usher 3-8-2	AMBIENTE AMIGO (9-2) 12-1 not clear run, headway 2 out, rieden clear run, headway 2 out, rieden clear run, headway 3 out, steyed on strongly, held on place of the clear run, headway 2 out, rieden clear run, headway 3 out, steyed on strongly, held on place of the clear run, headway 3 out, beaded final furlong, no extra close home, 3rd of 6 (bit 11/4) to Forest Fairy (9-2) BEELEY (9-2) 7-1 midfield, pushed along, some headway 37 out, held, 5th (bit 4/4) (6 ran) (heater pushed along 30 out, stayed on, 3rd of 9 (bits 12-4) to Devoted Queen (9-2) (York im Listed (1) £39,697 good). LAVA STREAM (9-7) 9-4 headway to track leader 27 out, pushed along to lead final furlong, ran on, bt Blake (9-4) 2/4 (4 ran) (Doncaster im head (9-4) 2/4 (4 ran) (Donca
WHERE FAVOURITES FINISHED: 6 5 4 1-3 2023: Mister Bluebird 5-9-0, B Loughnane 9-2 JtFav (H Main), dr 1, 9 ran.  SUPPLIED FOR HAME (9-0) 17-2 prominent, ridden 2f out, faded, 1th of 15 (btn 3l) to Documenting (9-8) DARKNESS (9-8) 12-1 rear, no show, last (btn 17) (Chelmsford 7f hacq (3) 218,842 AW). TOIMY SON (9-9) 14-1 rear, headway 11 out, stayed on, btn 2/2 ib y Wild Tiger (9-1) RACINGBREAKS RYDER (9-4) 17 (10-1) DARKNESS (9-6) 9-1 led until 16 tout, tith to 10) (12 ran) (Epsom 7f to 12 (10 ran) (Epsom 7f to 12 (10 ran) (Epsom 7f to 12 (10 ran) (Epsom 7f to 13 (10 ran) (Epsom 7f to 14 (10 ran) (Epsom 7f to 15 (10 ran) (Epsom 7f to 16 ran) (Epsom 7f	(3); winner £12,885; 2m (11 runners)  1 20-405 FLEURMAN 59 (B;D)  1 0 Murphy 6-9-11 Kieran Shoemark 8 Runs: 15 Wins: 4 (2A,255) Places: 3 £67,38  Struggled on Flat of late, mark sliding but bit to prove, back up in tri  2 /7-890 SPIRIT MIXER 30 (P)  3 A Balding 6-9-10 Oisin Murphy 8 Runs: 23 Wins: 5 (2F,A26) Places: 4 £65,88 Raced sparingly of late and form weak, handicapper helping but risl  3 63R-8 ALRIGHT SUNSHINE 24 (V)
12-1 rear, pushed along 2f out, stayed on, 4th (bit Myl) (12 ran) (Epsom Cap (13 ran)	(11) M Murphy & M Keady 9-96. Darragh Keenan & Runs: 35 Wins: 6 (S,F,GS,3G) Places: 7 £136.4 Tricky customer, very hard to trust, not getting any younger, avoid 4 4053-4 VINO VICTRIX 16 (CD) (4) H Morrison 6-9-6 Benoit Sayette \$95.41 (20) Goes well here, solid on return, has won here off higher mark, player 5 114-47 YORKINDNESS 15 (D) (5) C Johnston 5-9-1 Joe Fanning \$100 Flaces: 7 \$
2   3   BILLBOARD STAR E. J-Houghton 9.7   Charles Bishop — 3   3   3   CARRADOS 12 (BF) A Wiston 9.7   James Doyle 9 6   4   7   SMTHICKAL COMPOSER 24 C Cox 9.7   Tooks B Nys 88   5   7   2 PRINCIPALITY 21 R Hannon 9.7   Oisin Murphy 98   6   6   CRARE CHANGE 24 R Hughes 9.7   Finely Marsh 71   7   6   S THE OUTLAW 24 R Beckett 9.7   Finely Marsh 71   8   7   WictorRy SOUND C Hills 9.7   Tom Marquand — BETTIMS 2. P Intopality, 4 Carrados, 5 Abstract Art, 6 The Outlaw, 10 Billboard Star WHERE FAVOURITES FINISHED: 5   8   1   1   2023: Thunder Blue 9-7 Kevin Stott 13-8 Fav (D F Davis) drawn 3, 7 ran.   3.20   STAKES (3): 2-y-o; winner £10,468; 5f. (8 runners)   1   2033: Charles Bishop 91   Char	6 0-0833 CRESCENT LAKE 15 (C) G & J Moore 7-9-1 Tom Queally 9 Runs: 27 Wins: 5 (F;3A,GS) Places: 4 £50,1 Solid the last twice, repeat and barg in mix, yard like a winner here 7 332453 TENERIFE SUNSHINE 19 (P) (9) C Johnston 4-9-1 James Doyle 9 Runs: 15 Wins: 2 (A,G) Places: 3 £26,55 Consistent, should figure again, mark fine, yard are hitting top gear (7) J Goldie 12-9-0 David Egan 8 Runs: 82 Wins: 12 (S,3F,6A,2G) Places: 15 £312,04 Not the force of old at 12, needs major revival, others look better (8) O Murphy 8-8-12 Sean D Bowen (5) Runs: 17 Wins: 2 Places: 4 £25,5

Lightly raced, below best at Haydock latest, plenty to prove now	Listed (1) £34,026 good).  SEAWARD (9-2) 17-2 led, ridden 2f out,  NAKHEEL (9-2) 7-1 went 2nd 1f o
67-004 RACINGBREAKS RYDER 16 (D)	SEAWARD (9-2) 17-2 led, ridden 2f out, led run-in, strongly pressed finite headed final furlong no extra close
(6) C Hills 4-9-6 William Buick ●99	headed final furlong, no extra close home, 3rd of 6 (btn 11/4) to Forest Fairy (9-2) BEELEY (9-2) 7-1 midfield, midn (4) 28,100 good to soft).
Runs: 15 Wins: 4 (3S,G) Places: 2 £53,415	Fairy (9-2) <b>BEELEY</b> (9-2) 7-1 midfield, mdn (4) £8,100 good to soft).
Costly to follow, but showed plenty here latest, big threat with Buick up	pushed along, some headway 3f out, held. 5th (btn 41/2) (6 ran) (Chester headway 2f out, led 1f out, can
8 5314-9 SPEEDING BULLET 9 (D)	1m 3f Listed (1) £67,224 good). clear, stayed on strongly, bt Precio
(2) R Hannon 3-8-9 Alec Voikhansky (3) 97	BOLSENA (9-2) 6-1 tracked leader, Jewel (9-2) 43/4l (6 ran) (Newman
Runs: 7 Wins: 1 (S) Places: 2 £9,705	pushed along, some headway 3f out, held, 5th (bth 4/4) (6 ran) (Chester Im 3f Listed (f) £67,224 good).  BOLSENA (9-2) 6-1 tracked leader, pushed along 3f out, stayed on, 3rd of 9 (bth 2/4) to Devoted Queen (9-2) (Vork Im Listed (f) £39,95 good).  LAVA STREAM (9-7) 9-4 headway to track leader? four, ushed along to 1 track leader? four ushed along to 1 track leader.
Shaped better than the bare result at Epsom last week, do better	(York 1m Listed (1) £39,697 good). SEAWARD (9-2) 40-1 tracked lead ridden 3f out, lost place 2f out, last
9 243 FAHRENHEIT SEVEN 19	LAVA STREAM (9-7) 9-4 headway to 12 (well btn) to Ezeliya (9-2) (Eps
(5) M Usher 3-8-2Tyler Heard (3) 90	
Runs: 3 Places: 1 £5,268	lead final furiond, ran on, bt blake   SIRUTTING (0-3) /-1 pusited along
Ran well enough on all three starts over 5f, one to watch closely	(9-4) 21/4 (4 ran) (Doncaster Im hcap lead 3f out, headed final furlong,
	(5) £4,397 good to soft).  LOVE YOU DARLING (9-2) 11-2 tracked  of 11 (btn 9l) to Ayyab (9-11) (Goo wood 1½m hcap (3) £25,770 good)
TTING: 7-2 Toimy Son, 4 Sir Winston, 6 Cephalus, Son Of Man,	
renheit Seven, 15-2 Finn's Charm, 8 Speeding Bullet	ROD GASKIN GARDEN MACHINERY HCAP
HERE FAVOURITES FINISHED: 6 5 4 1-3	(3); winner £12,885; 2m (11 runners
23: Mister Bluebird 5-9-0, B Loughnane 9-2 JtFav (H Main), dr 1, 9 ran.	
20. Mister Bidebird 3-3-0, B Loughnaire 3-2 off av (11 Main), di 1, 3 fant.	20-405 FLEURMAN 59 (B;D)
Sunracing FORM	(1) O Murphy 6-9-11 Kieran Shoemark 8
	Runs: 15 Wins: 4 (2A,2GS) Places: 3 £67,38
I'S CHARM (9-0) 17-2 prominent, final furlong, ran on, 4th of 12 (btn 3l)	Struggled on Flat of late, mark sliding but bit to prove, back up in tri
den 2f out, faded, 11th of 15 (btn to Documenting (9-8) DARKNESS (9-9) 12-1 rear, no show, last (btn 17l)	7-890 SPIRIT MIXER 30 (P)
	(3) A Balding 6-9-10 Oisin Murphy 8
hcap (2) £38,655 good to soft). (Chelmsford 7f hcap (3) £18,842 AW). SPEEDING BULLET (8-5) 4-1 ridden 2f	Runs: 23 Wins: 5 (2F,A,2G) Places: 4 £85,86
NAC   12   5.38,000 good to Sort).	Raced sparingly of late and form weak, handicapper helping but risl
(10-2) DARKNESS (9-6) 9-1 led until	
1 rear, pushed along 2f out, stayed hear (2) 538 655 good to soft)	63RR-8 ALRIGHT SUNSHINE 24 (V)
1 rear, pushed along 2f out, stayed , 4th (btn 4½) (12 ran) (Goodwood SON OF MAN (9-5) 14-1 no show, 10th	(11) M Murphy & M Keady 9-9-6. Darragh Keenan 8
ncap (3) F10.468 (0000). of 12 (btn 11) to Nollio Loylov (0.2)	(11) M Murphy & M Keady 9-9-6 . Darragh Keenan 8 Runs: 35 Wins: 6 (S,F,GS,3G) Places: 7 £136,4
WINSTON (9-0) 12-1 ridden 1f out, (Havdock 1m hcap (2) £51,540 soft).	Tricky customer, very hard to trust, not getting any younger, avoid
pt on one pace, close home, 4th FAHRENHEIT SEVEN (9-5) 13-2	4053-4 VINO VICTRIX 16 (CD)
9 (btn 23/41) to Pure Dreamer (9-0) chased winner, ridden and lost 2nd 1f	(4) H Morrison 6-9-6 Benoit Sayette •9
ahrain 7f Grp 2 £17,500 good). out, weakened, 3rd of 5 (btn 21/21) to	Runs: 25 Wins: 3 (A,GS,G) Places: 7 £95,47
HALUS (9-7) 17-2 rear, headway General Assembly (9-8) (Nottingham	Goes well here, solid on return, has won here off higher mark, player
out, not clear run and switched 5f mdn (5) £3,780 good to soft).	
HALLGARTEN & NOVUM WINES NOVICE STAKES (4);	(大) #5 114-47 YORKINDNESS 15 (D)
2-y-o; value to the winner £10,468; 6f. (8 runners)	(5) C Johnston 5-9-1 Joe Fanning
ABSTRACT ART G Boughey 9-7William Buick —	Runs: 26 Wins: 6 (S,2F,GS,2G) Places: 5 £63,29
BILLBOARD STAR F. JHoughton 9-7	Poor twice this season but can bounce back, mark is fine, e-w playe
3 CARRADOS 12 (BF) A Watson 9-7	6 0-0833 CRESCENT LAKE 15 (C)
6 MYTHICAL COMPOSER 24 C Cox 9-7Rossa Ryan 88	(6) G & J Moore 7-9-1 Tom Queally 9
2 PRINCIPALITY 21 R Hannon 9-7Oisin Murphy ●99	Runs: 27 Wins: 5 (F,3A,GS) Places: 4 £50,1
2 PRINCIPALITY 21 R Hannon 9-7 Oisin Murphy  999 0 RARE CHANGE 24 R Hughes 9-7 Finley Marsh 71	Solid the last twice, repeat and bang in mix, yard like a winner here
o THE OUTLAW 24 h Deckett 9-7nector Crouch 75	
y VICTORY SOUND C Hills 9-7	332453 TENERIFE SUNSHINE 19 (P)
RE FAVOURITES FINISHED: 5 3 1 1	(9) C Johnston 4-9-1 James Doyle 9
: Thunder Blue 9-7 Kevin Stott 13-8 Fav (D F Davis) drawn 3, 7 ran.	Runs: 15 Wins: 2 (A,G) Places: 3 £26,55
WILLIAM HILL LENGTHEN YOUR ODDS SELLING	Consistent, should figure again, mark fine, yard are hitting top gear
STAKES (2): 2 v av vinnar C10 4C0: Ef (0 vinnars)	8 6-0009 SIR CHAUVELIN 72 (C,D)
STAKES (3); 2-y-o; winner £10,468; 5f. (8 runners)	(7) J Goldie 12-9-0 David Egan 8
842 CLAY SHOVELER 55 (H★) P Evans 9-1 Oisin Murphy 95	Runs: 82 Wins: 12 (S,3F,6A,2G) Places: 15 £312,04
333 COILED 39 (BF) E J-Houghton 9-1Charles Bishop 97	Not the force of old at 12, needs major revival, others look better
842 CLAY SHOVELER 55 (IH*) P Evans 9-1	6139- <b>TRONADOR J28</b>
248 ΔSHEN GLOW 27 (P±) A Watson 8-10 Hollie Dovle 85	(8) O Murphy 8-8-12 Sean D Bowen (5)
0 BRIGHT ERA 51 J Moore 8-10Georgia Dobie (3) 70	(8) O Murphy 8-8-12 Sean D Bowen (5) 9 Runs: 17 Wins: 2 Places: 4 £25,5
	Not seen on Flat for a while, mark could be generous, interesting
A HETTIE JACK 22 G Scott 8-10 Darragh Keenan 93	
ING: 2 Double O One, 10-3 Coiled, 5 Clay Shoveler, 6 Roysdelight, Hettie Jack	10 3041-2 HEDONISTA 30 (T★;D)
RE FAVOURITES FINISHED: 3 3 1 1 : : Call Glory 9-1 Charles Bishop 6-5 Fav (J Channon) drawn 1, 5 ran.	(10) E Walker 4-8-11 Tom Marquand 9
	Runs: 7 Wins: 2 (2A) Places: 2 £17,67
AGNES KEYSER FILLIES' STAKES (LISTED)	Less exposed than most, good second at Ascot, more to come now
(1); 3-Y-0; £39,697; 1m 2f (9 runners)	11 12-225 TRADESMAN 21 (B;D)
^	(2) D Simcock 5-8-9 Hayley Turner 9
(a)1 118-84 AMBIENTE AMIGO 15 (H)	Runs: 18 Wins: 4 (4A) Places: 4 £27,72
(2) J Owen 9-2 Oisin Murphy 92 Runs: 6 Wins: 2 (S,A) Places: 1 £17,949	Blip latest but usually runs his race, up in grade, ew sniff at best
Runs: 6 Wins: 2 (S,A) Places: 1 £17,949	BETTING: 7-2 Crescent Lake, 4 Hedonista, 9-2 Vino Victrix,
Strong traveller, showed plenty here in the Height Of Fashion, fancied	
2 2-25 BEELEY 32 (B★)	Tenerife Sunshine, 7 Tronador, 10 Tradesman, 12 Fleurman, Spi
(8) J & T Gosden 9-2 Kieran Shoemark 88	Mixer, Yorkindness, 66 Sir Chauvelin, Alright Sunshine
Runs: 3 Places: 2 £10,013	WHERE FAVOURITES FINISHED: 1 1 3 1
Highly-tried maiden, hated the track at Chester, blinkers on, bit to find	2023: Pons Aelius 4-9-1, O Murphy 5-2 Fav (C Johnston), dr 4, 7 ran
	Total of the state
3 25-513 BOLSENA 23	Sunracing FORM
(9) K Ryan 9-2James Doyle 97 Runs: 5 Wins: 1 (G) Places: 2 £22,952	
	FLEURMAN (9-9) 11-1 in touch, ridden to Tides Of War (8-9) (Goodwo
Well regarded, kept on trying at York latest, likely to relish this trip	and weakened if out, 5th of 7 (bth 5l) to True Courage (8-13) (Chelmsford TENERIFE SUNSHINE (9-13)
4851-1 LAVA STREAM 38 (H)	to True Courage (8-13) (Chelmsford In 6 hcap (3) £7,851 AW).  SPIRIT MIXER (8-8) 33-1 no threat 13th stayed on one pace, 3rd of 7 (btn
(7) D O'Meara 9-2 Daniel Tudhope 86	SPIRIT MIXER (8-8) 33-1 no threat, 13th stayed on one pace, 3rd of / (bth
Runs: 5 Wins: 2 (S,GS) £8,767	of 16 (btn 11l) to Zoffee (8-7) (Chester to Trooper Bisdee (9-11) (Nottingh
Easy win in a modest hoap at Donny latest, needs more improvement	2m 3f (2) £86,632 good to firm). 2m hcap (4) £5,496 good).
35 245-21 LOVE YOU DARLING 16 (D)	4f out, tailed off, 8th of 12 (well btn) 9th of 13 (btn 101) to Prydwen (9

# ey 85 £14,361 (4) C Appleby 5-9-3.......William Buick 98 Runs: 16 Wins: 5 (2F,A,2GS) Places: 4 £272,176 Career best when beaten a nose by a smart type at Newbury, go close 660703 PASSION AND GLORY 16 (CD) (1) S bin Surroor 8-9-3..... Oisin Murphy 94 Runs: 29 Wins: 7 (S,A,2GS,2G) Places: 2 £377,846 Tough stayer, best when allowed his own way in front, more needed 5 1/294- THREE PRIESTS 350 (D) (5) R Varian 5-8-12...... Jack Mitchell 88 Runs: 9 Wins: 1 (F) Places: 3 £16,418 Stays well, but this is a big ask on her first start of the season, ignore **BETTING:** 2 King Of Conquest, 5-2 Aimeric, Deauville Legend, 6 Passion And Glory, 14 Three Priests WHERE FAVOURITES FINISHED: 1 1 1 3 3 2023: Peripatetic 4-8-12, David Egan 10-3 (R Varian), drawn 4, 4 ran. Sunracing FORM AMERIC (9-9) 5-4 far went 2nd 2f out, led 11 out, stayed on well, bt True Middle Earth (9-2) (8 ran) (Newbury 19-2) (9 ran) (Newbury 19-2) (19 ran) (19 ran) (Newbury 19-2) (19 ran) (19 ran) (Newbury 19-2) (19 ran) (19 r sky Sf Grp 3 (1) £78,428 good). KING OF CONQUEST (9-2) 10-1 handy, pushed along 3f out, headway to lead 1f out, soon two lengths clear, 11/3rn Listed (1) £44,816 good to firm). 5.40 RACINGCLUB.COM HANDICAP (4) value to the winner £10,808; 6f (8 runners) 2 15-611 CHANGE SINGS 11 (D) (4) E J-Houghton 4-9-12. George Downing •99 Runs: 11 Wins: 5 (4A,C) Places: 2 £35,899 Has kicked on this season, up another 4lib, looks the one to beat now 3 /420-5 INGRA TOR 42 (D) (2) J Channon 5-9-11 ...... David Probert Runs: 13 Wins: 2 (A,G) Places: 3 947; Midfield on return, not won for a while, best on quick ground, sniff Toroping down weights but for reason, avoid unless market talks 7 797-40 MISTER BLUEBIRD 29 (P;C,D) (1) H Main 6-9-1 ... ... Jack Mitchell 85 Runs: 35 Wins: 5 (F,GS,3G) Places: 9 £62,840 ELost way for a while, best with some juice in ground, risky proposition 8 40-810 TEMPLE BRUER 29 (P,T;D) (8) M Murphy & M Keady 6-9-1 Oisin Murphy 91 Runs: 45 Wins: 8 (2A,4F,2G) Places: 11 £101,532 Poor at Ascot, vulnerable again, top jockey on today, inconsistent

### TIC-TAC: Undulating tricky right-handed switchback track with two bends. There is a fast and straight 5f track. DRAW: Low best in sprints, though a fast start is equally important. FAVOURITES: (2019-2024): 218 have won out of 654 races (33%). At corresponding meetings, 39 have won out of 97 races (40%). JACKPOT: 1-6. LIVE ON RACING TV **TOM PEPPER** 2.10.....TOIMY SON (nap) 2.45.....The Outlaw 3.20.....Clay Shoveler 3.55....Sea Just In Time TEMPLEGATE'S TRID: Double O One and Sea Just In Time (double) with King Of Conquest (all Goodwood). TOM PEPPER'S DOUBLE: Toimy Son and King Of Conquest (both Goodwood). SURRATINGS' NAP: RACINGBREAKS RYDER (2.10 Goodwood). SIRIUS, Sun On Sunday, nap: SEA JUST IN TIME (3.55 Goodwood). HOT 'N NOT TRAINERS with best record in last 14 days: E Walker 8 winners from 25 runners; J Owen 9 from 38; E J-Houghton 5 from 25; G Boughey 6 from 30; R Beckett 9 from 50; A Watson 7 from 46; D O'Meara 9 from 61. JOCKEYS with best record in last 14 days: O Murphy 15 wins from 69 rides; James Doyle 7 from 35; D Probert 6 from 32; D Tudhope 8 from 47; T Marquand 9 from 53; R Ryan 10 from 59. TRAINERS who have had the most runners since last win: J Osborne 32; G Baker 32; W Haggas 20. JOCKEYS who have had the most rides since last win: C Bishop 42; D Keenan 30. 5.05 WILLIAM HILL TAPSTER STAKES (LISTED) (1); winner £39,697; 1m 4f (5 runners) 1881-1 AIMERIC 29 (D) (2) R Varian 59-3. ... James Doyle 96 Runs: 11 Vins: 5 (F,4/3) Places: 1 £68,862 Visually impressive in a hcap at Lingfield, steps up in class but respected

#### **TOP TRAINERS**

2019-2024 A Balding 40-259, W Haggas 29-141, R Hannon 22-262, J & T Gosden 20-106, R Beckett 19-143, C Hills 17-131, C Appleby 16-63, D Menuisier 15-81, D O'Meara 13-84, G Moore 12-128.

#### TOP JOCKEYS

**2019-2024** W Buick 39-179, O Murphy 38-219, T Marquand 36-227, James Doyle 20-123, D Probert 14-142, David Egan 12-141, Rossa Ryan 11-90, H Doyle 11-98, H Crouch 11-108, J Fanning 10-114.

#### TRAINER TRACE

FIRST RACE FOR NEW YARD: No qualifiers. RACEFAX: J & T Gosden won 3.55 in 2014, 2017 & 2023. R Varian won 5.05 in 2015, 2016, 2022 & 2023. P Evans won 3.20 in 2019 & 2022. LONGEST TRAVELLERS: Sir Chau

LONGEST TRAVELLERS: Sir Chau-velin (430) trained by J Goldie, Glas-gow, round trip of 928 miles; Finn's Charm (2.10), Tenerife Sunshine (4.30), Yorkindness (4.30) trained by C Johnston, Middleham, round trip of 582 miles; Bolsena (3.55), K Ryan, Hambleton, round trip 546 miles.

#### IN THE MONEY

MONEY TALKS: Lava Stream (3.55) opened 7-2, won at 9-4; Passion And Glory (5.05) opened 8-1, third at 6-1. TOP EARNERS: 5.05 Deauville Legent £616,295; 5.05 Passion And Glory £377,846; 4.30 Sir Chauvelin £376,462; 5.05 King Of Conquest £272,176; 4.30 Alright Sunshine £148,650.

#### UNDER ORDERS

SEVEN-DAY WINNERS: None. BLINKERED FIRST TIME: 3.55 Beeley. VISORED FIRST TIME: None. VISORED FIRST TIME: None. FIRST RUN SINCE WIND OP: None. WEIGHTWATCHER: 4.30 Sir Chauvelin (won off 88 down 7lb to 81); Alright Sunshine (won off 99, down 12lb to 87); JOB JOCKEY: D Probert rides Double O One (3.0), Ingra Tor (5.40) for J Channon, 11 from 41, 27%. O Murphy rides Passion And Glory (5.05) for S bin Suroor, 86 from 329, 26%.



Trainer Jack Channon landed every chance again with this filly second at Brighton last time.

As you might expect on just he green before staying on well in the Experience of that tiffly track

can get off the mark
SEA JUST IN TIN



filly to follow wh market last tim Stars tanked ald ing through to la That was over more to offer for KING OF CONQUE

good second at this I here. He ran a mighty race when b 3 Aston Park Stakes at Newbury le be more than good enough to take GOD'S OWN GETAWAY (3.07 Pert since going chasing with two win He has been hiked a fair 5lb for s

and this trip is right up his street.

6 Ingra Tor, 10 Eminency, Temple Bruer, 14 Danger Alert an. 2023: Royal Parade 4-9-3, B Loughnane 5-1 (M Appleby), dr 2, 6 ran.

5 245-21 LOVE YOU DARLING 16 (D) (B) B Brookhouse 9-2... Alistair Rawlinson Runs: 5 Wins: 1 (G) Places: 2 Stays well, but scrambled home in a novice at Bath, hard to fancy

SUPER SPEED: CHANGE SUPER SPEED: CHANGE SINGS (5.40 Goodwood) clocked a good time when winning at Kempton. GAMBLED ON: BISHOP HILL (1.27 Perth) was

backed at Perth latest.

**DETIS** 

ham and can go one better.

HANG IN

to True Courage (8-13) (Chelmsford Im 5f heap (3) £7,851 AW).

SPIRIT MIXER (8-8) 3-3-1 no threat, 13th of 16 (bit 11) to Zoffee (8-7) (Chester 2m 3f (2) £86,632 good to firm).

ALRIGHT SUNSHINE (9-11) 50-1 ridden 4f out, tailed off, 8th of 12 (well bith) to Yellow (10 Chotalsh 9-6) Salisbury 10 Yellow (10 Chotalsh 9-6) Salisbury WiNO WCTRIX (9-1) 11-2 rear, headway when short of room and switched left 1f out, then switched right and stayed on, 4th of 7 (bith 3f'-3) to Pledgeofallegiance (9-8) (Goodwood 2m heap (3) 10,308 good).

YORKINDNESS (8-10) 14-1 middivision, pushed along 3f out, 7th of 13 (bith 13) to Divine Comedy (8-10) (Haydock 2m heap (2) £25,770 soft).

CRESCENT LAKE (8-6) 10-1 tracked leaders, fidden 3f out, switched 2f out, held, kept on, 3rd of 8 (bith 2/4)

Sunracing FORM

out, weakened, 5th of 11 (btn 3l) to Al Barez (9-2) **RHYTHM N HOOVES** (9-4) 12-1 one pace, 7th (btn 3l/sl) (Southwell 6f hcap (3) £14,850 AW). **HAYMAKER** (9-6) 7-4f ran on well, led FLEURMAN (4.30 Goodwood) has plenty of staying power and is tumbling right down the weights. He could hit the frame in what looks a wide open contest.

WHERE FAVOURITES FINISHED: 6

RHYTHM N HOOVES (9-11) 11-2 led 1f out, found extra, bt Another Investment (9-1) 19-4 (9 ran) (Doncaster 6f hcap (4) 55,653 good to soft).

CHANGE SINOS (9-8) 3-1 tay feed 17 out, headed run-in, rallied gamely, led on line, bt Tyger Bay (8-13) ink (11 ran) (Kempton 6f hcap (4) 55,757 AW).

INGRA TOR (9-2) 6-1 pushed along 2f out, weakened, 5th of 11 (btn 3) to Al Barze; (9-2) RHYTHM N HOOVES

MISTER BLUEBIBD (9-1) 11-1 weakened final funlong, 15th of 28 (8)

BETTING: 5-2 Change Sings, 3 Haymaker, 9-2 Rhythm N Hooves,

weakened final furlong, 15th of 26 (8I) to Northcliff (8-6) **TEMPLE BRUER** (9-6) 14-1 rear, no threat, 24th (btn 18I) (Ascot 6f hcap (4) £10,808 good).

# ERTH IUMPERS

#### **TEMPLEGATE**

1.27	Clodders Dream
1.57	Dapper Gent
	Malangen
	God's Own Getaway
	Ballygrifincottage
	No Regrets
4.52	Fever Dream
	Paddy Elvis
	Fauty Eivis

#### TOM PEPPER

1.27	Bishop Hil
1.57	Marty Mcfly
2.32	Kilbrain
3.07	Fix At Al
3.42	Statuario
4.17	Cap Du Nord
	Dequal
5.27	Paddy Ėlvis

TIC-TAC: Right-handed course of 1m 2f with tight turns, eight fences per circuit, 283yd run-in. **FAVOURITES**: (2019-2024): 189 have won out of 525 races (36%). LIVE ON RACING TV

#### **HOT 'N NOT**

TRAINERS with best record in last 14 days: D Skelton 14 wins from 29 runners; A M Thomson 3 from 11; L Russell 4 from 7. JOCKEYS with best record in last 14 days: H Skelton 14 wins from 26 rides; H Brooke 5 from 19; J Tudor 5 from 20. TRAINERS who have had the most runners since last win: A Nicol 77; M Barnes 71. JOCKEYS who have had the most rides since last win: S Coltherd 49; P Kavanagh 41.

#### **TOP TRAINERS**

2019-2024 G Elliott 46-143, L Russell 36-320, D McCain 22-65, N Mulholland

#### TOP JOCKEYS

**2019-2024** B Hughes 65-282, S Bowen 50-170, D McMenamin 16-137, D R Fox 16-149, C O'Farrell 15-131, C Nichol 12-95.

#### TRAINER TRACE

FIRST RACE FOR NEW YARD: 2.32
Burgundy Man M Campion to R Smith;
4.17 General Probus K Burke to C
Williams, RACEFAX: G Elliott won the
127 in 2015, 2022 & 2023. P. & M Bowen
von the 3.42 in 2016 & 2021. LDNGEST
TRAVELLERS: Inferno Sacree (2.32)
& Watchoutitscookie (5.27) trained
by N Hawke, Tiverton, round trip of
992 miles; Francky Du Berlais (3.07),
Statuario (3.42), Methusalar (5.27)
trained by P. & M Bowen, Haverfordwest, round trip of 894 miles.

#### **UNDER ORDERS**

UNDER URDERS
SEVEN-DAY WINNERS: None. FIRST
TIME BLINKERS: None. VISORED
FIRST TIME: 5.27 Bullion Boss. FIRST
RUN SINCE WIND OP: Northern
Cardinal (1.57). WEIGHTWATCHER:
3.07 Francky Du Berlais (won off 139,
down 7lb to 132): 4.17 Brandy Mcqueen
(won off 119, down 6lb to 13); Cap Du
Nord (won off 127, down 6lb to 121)
JOB JOCKEYS: B Hughes rides Belle
Of Annandale (2.32) for A Keatley, 6
from 19, 32%. A Doyle rides Toucan Sam
(4.17) for A B Hamilton, 4 from 17, 24%. (4.17) for A B Hamilton, 4 from 17, 24%.

# MULLEN, OFFICIALLY NG'S NO1 TIPSTER

oney (3.20 Goodwood, nap). this race 12 months ago and has who showed promise when a close

second run, she was still pretty

e closing stages. will come in handy here and she under David Probert. IE (3.55 Goodwood, nb) looked a

L (3.5) Goodwood, nb) looked a ken bolting up on debut at Newe out. This daughter of Sea The ng just off the pace before burst-ind a convincing victory. this Im2f trip and she has a lot William Haggas (left).

ST (5.05 Goodwood, treble) was a

51 (5.05 Goodwood, treble) was a sisted level on his last run around eaten in a head bob for the Group ist time and a repeat of that would this.

h, treble) has been in great form

s and a second from three starts. coring at Market Rasen last time

....GOD'S OWN GETAWAY .... SEA JUST IN TIME KING OF CONQUEST

## BET365 NOVICES' HURDLE (Class 4); value to the winner £4.225; 2m 4f. (9 runne (9 runners) 4/03-13 CLODDERS DREAM 7 G Elliott (Ire) 6-11-8. 2PP1-12 BUY SOME TIME 13 (P) R Smith 6-11-1..... 2 2PP1-12 BUY SOME TIME 13 (P) R Smith 6:11. Callum Bewley 13 5,552 BIGHLAND FASHION 32 (Duncan 5:1-1. Conor O'Farrell 94 4 F;643-6 THE JEWELLER'S PET 24 (Duncan 5:1-1. Sean Guinlan 8 5 365223 BISHOP HILL 25 (Hr. ¥F)F. I Russell 5:10.8 Patrick Wadge (3) ●9 6 6F. KINLIOY 46 S Crawford (Ire) 6:10-8. Brian Hughes 89 7 3/289. MONGIBELL D 59 Crawford (Ire) 6:10-8. Derek Fox 81 8 8,46-7 TREAD SOFTLY NOW 25 I Duncan 5:10-8. Derek Fox 81 9 BELL LAGUNE 25 S Crawford (Ire) 4:10-2. Sean Bowen 73 BETTING: 2 Clodder's Dream, 11-4 Bishop Hill, 4 Kimjoy, 6 Mongibelio, 10 Highland Fashlon, 14 Bigle Lagune, 16 Buy Some Time, 50 The Jeweller's Pet WHERE FAVOURITES FINISHED: 2 1 1 1

	2023: An Mhi 6-11-8 Sean Bowen 4-9 Fav (G Elliott(Ire)), 8 ran.								
1	BET365 NOVICES' LIMITED HANDIC	AP HURDLE (5);							
LE	value to the winner £4,225; 2m.	(10 runners)							
1	3/4577- LEMOINE 65 J Ewart 5-11-12	Brian Hughes 92							
2	/7287-4 MARTY MCFLY 22 (BF) A Thomson 6-11-8								
3	352/PP- BLUE CLOVER 51 (P,T) L Quinlan 6-11-7								
4	978592- NORTHERN CARDINAL 45 L Russell 5-11-4	Derek Fox 98							
5	/6P670- ONE STEP UP 44 W Coltherd 6-11-4								
6	76/7-22 DAPPER GENT 22 (T) M Barnes 7-11-1								
7	/2777-0 HEART ABOVE 30 (BF) D Sayer 6-10-10								
8	65437-5 DON'T LOOK BACK 24 W Young Jnr 6-10-6								
9	F97453- FOXWOOD 174 (P★) G Bewley 6-10-5								
10	3FP/P-0 STAR OF MARKINCH 30 H Graham & G Rutherfor								
	TING: 11-4 Northern Cardinal, 7-2 Marty Mcfly, 5 Dap								
	wood, Heart Above, 12 Blue Clover, 16 Don't Look Back								
WH	ERE FAVOURITES FINISHED and 2023: No correspond	onding race.							

#### 2 22 \BET365 HANDICAP HURDLE (4); value to the winner

4	.UL /	£5,281; 2m. (13 runne	rs)
1		INFERNO SACREE 24 (B;CD) N Hawke 6-12-0 Miss Ella Herbison (7)	
2	2143P0-	BELLE OF ANNANDALE 51 (P*;CD) A Keatley 5-11-13 Brian Hughes	95
3		CARRAREA 99 (T;D) H McMahon 7-11-12 Edward Austin (5)	
4		KILBRAINY 234 (BF) A Thomson 8-11-12Ryan Mania	
5	5/587-3	KINBARA FIRSTDRAFT 24 S Crawford (Ire) 5-11-9J J Slevin	99
6	/18F76-	BIX BEIDERBECKE 92 (H;CD) L Russell 6-11-7 Patrick Wadge (3)	93
7	P8U034/	BURGUNDY MAN 1094 R Smith 7-11-2 Ben Smith (7	/) —
8	648-9	MUHTALUZA 24 (T) G Elliott (Ire) 5-11-2Sam Ewing	92
9		ALDBOURNE 73 L Russell 5-11-2 Craig Nicho	
10	44543-4	MALANGEN 8 (CD) L Harrison 9-11-0Peter Kavanagh (3)	93
11	425730-	THATS JET 44 (P★,T) D Bourke 4-10-12 Callum Bewley	95
12	17668-0	DARKEST DAY 19 (P,T;D) W Young Jnr 9-10-6Derek Fox	90
13	5P126P-	SOLWAY MOLLY 200 (D) L Harrison 9-10-6Conor Rabbitt (5)	91
BE	TTING: 7	-2 Kinbara Firstdraft, 4 Kilbrainy, 5 Muhtaluza, 7 Solway Mo	olly.
		2 Inferno Sacree, Burgundy Man, 14 Malangen, Belle Of Annandale	

# where FAVOURITES FINISHED: 4 1 3 2023; Russian Virtue 6-1141 Nathan Mescrop 8-1 (R Menzies), 12 ran. 3.07 CHASE (3); £10,562; 2m 4f (9 runners)

1 84250- FRANCKY DU BERLAIS 58 (P★,T;D)
P & M Bowen 11-12-2. James Bowen 97
Runs: 55 Wins: 9 (28,7G) Places: 16 £187,060
Tough, dropping in the weights, freshened up and can get involved

4 P227-5 PARISENCORE 32 N Richards 8-11-11 Danny McMenamin 89 Runs: 18 Wins: 3 (265,G) Places: 9 £50,499 Can race keenly, best form is over shorter and may lack staying power

P1414- FINDTHETIME 46

P575-2 PLANNED PARADISE 33 (P;BF,D) 

BETTING: 11-4 Fix At All, 3 God's Own Getaway, 6 Parisencore, 8 Planned Paradise, Motown Maggie, 10 Findthetime, Presentandcounting, 12 Francky Du Berlais, 14 Ganapathi WHERE FAVOURITES FINISHED: 1 3 1 4

2023: Cedar Hill 9-11-5, Ryan Mania 13-2 (A M Thomson), 5 ran.

#### **Sunracing FORM**

PRANCKY DU BERLAIS (10-7) 80-1 ridden 3 out, 16th of 24 (well bth) to Arizona Cardinal (10-10) (Aintree 2m 5th pacp (1) 1841,95 soft) (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 80-1 held, 8th of 12 (bth 28th) 185 be (10-10) 7th 2 held up in rear, detached 4 out, tailed off, 7th of 11 (bth 28th) 185 be (10-10) 7th 2 held up in rear, detached 4 out, tailed off, 7th of 11 (bth 28th) 185 be (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110) to Guy thin 10 (belso 2m th cap che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110) to Guy thin 10 (belso 2m th cap che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 to Guy thin 10 (belso 2m th cap che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 to Guy thin 10 (belso 2m th cap che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 (belso 2m th cap che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 to Guy the che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 to Guy the che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 120) 18 held up in rear, headway 4 out, this of 10 (bth 110 to Guy the che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 to Guy the che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 110 to Guy the che (10-10) 7th 2 held up in rear, headway 4 out, this of 10 (bth 120) 18 held up in rear, headway 4 out, this of 10 th 10 th

#### **EACH-WAY THIEF**

RACINGBREAKS RYDER (2.10 Goodwood) came right back to form here last time and a repeat would see him in the frame. Have an ew double with **INGRA TOR** (5.40 Goodwood) who has been given a chance by the handicapper.

#### **GOING: GOOD**



#### WHERE FAVOURITES FINISHED: PU 1 1 1-FE 2023: Ballykeel 7-10-9, Sean Bowen 11-4 JtFav (G Elliott Ire), 8 ran. **Sunracing FORM**

ANG IN THERE (11-7) 33-1 headway
4 out, led 2 out, headed next, stayed
one (10-12) (12 rm) (7 chellen has
fi heap of 52 (1) 239-865 good).

DUFFLE COAT (10-2) 14-1 led last,
ridden and kept on well, bt Salvador
Ziggy (11-5) 81 (16 ran) (8allinrobe 2m
71 Listed heap ch (1) 650,000 good).

KARL PHILIPPE (11-11) 7-2 fav upsides
2 out, led last, stayed on well runin,
asserted final strides, bt Unanswered
savet of 13 12 5,05 good).

BALLYGRIFINCOTTAGE (11-8) 7-2 co
fav led 3 out until run-in, 3rd of 9 (btn
1/14) to Imperial Alex (10-2) (Uttoxeter

3m hcap ch (2) £18,004 soft),
GOLD CUP BAILLY (10-9) 6-1 pushed
along 3 out, kept on one pace, 3rd
of 4 (bin 22)) to Born Braver (11-5)
(Down Royal 3m hdle 99,300 good),
DEFINITE PLAN unseated rider latest,
earlier (11-7) 16-1 led until 3 out, 5th of
16 (bin 11) to Twig (10-11) (Uttoxeter
3/um hcap ch (2) £3,902 good).
SAINT ARVANS (11-6) 33-1 led 2 out,
beardet last ollupace on bits 8 by

SAINT ARVANS (11-6) 33-1 led 2 out, headed last, plugged on, btn 81 by Collectors Item (11-9) (12 ran) (Ultoxeter 3m hcap ch (3) £6,179 soft).

STATUARIO (12-1) 12-1 headway to press leaders 2 out, led run-in, bt Busty Boy (11-3) /4 (6 ran) (Perth 3m hcap ch (4) £5,892 good to soft).

## 4.17 BET BOOST AT BET365 HANDICAP CHASE (4); value to the winner £6,337; 3m. (12 runners)

# 2259-0P HAVEYOUGOTMYMONEY 19 (P-D) P Robson 6-12-0. Dylan Johnston (5) 92 365/42-FEVER DREAM 86 (T,BF) C Williams 5-19. Jack Tudor 96 542/22 EUCHAN FALLS 25 (Y,BF) R Smith 7-18-5. Danny McMenamin 97 /946-39 WARRIORS STORY 19 (P,T,BF) N Alexander 8-18-5. Bruce Lynn (3) 93 5/PP-7 THE BLAME GAME 32 J Evart 10-13-5. 5 5/PP-7 THE BLAME GAME 32 J Ewart 10·11-3 Brian Hughes 87 22P30-9 SPUTINIX 25 J Stephen 9·11-2 Jamiel Hamilton 80 7 56435-5 REAGROVE LORD 19 (T) G Bewley 6·11-0 Edward Austin (5) 92 8 58988-2 DEOUALL 1-9 [8] W Colherd 8·10-6 Peter Kavanagh (3) ●99 745/PO MRINDEPENDANT 225 (T) M Barnes 7·10-4 Conor Rabbitt (5) 76 10 6476/0° BOLT MAM 19 (P) I Duncan 6·10-3 Charlie Magas (7) 74 1 P0/P6 MIDNIGHT ALKINICKY 25 (P) A Nicol 6·10-2 Derek Fox 86 BETTING: 4 Fever Dream, 9-2 Dequall, 6 Euchan Falls, 13-2 Haveyougotmymoney, 8 Warriors Story, 10 Sputnik, 12° The Blame Game, 16 Reagrove Lorrd WHERE FAVOURITES FINISHED and 2023: No corresponding race.

5.27 EACH WAY EXTRA AT BET365 HANDICAP HURDLE (DIV 2) (5); winner £4,225; 3m. (10 runners)

| U/P89.3 DMANND STATE 25 (P.) It Nussell 8:1-20. Alan Duyle (5) 84 | 12 (888.82 PADDY LEVIS 16 (P.) S. Cawford (Pe) 5-11-12. J. Sievin ®9.0 12 (888.82 PADDY LEVIS 16 (P.) S. Cawford (Pe) 5-11-12. J. Sievin ®9.0 14 (148.84 PAMI) 42 (B.) C. Cawford (Pe) 5-11-12. J. Sievin ®9.0 14 (148.84 PAMI) 42 (B.) C. Cawford (Pe) 5-11-12. J. Sievin ®9.0 14 (148.84 PAMI) 42 (B.) C. Cawford (Pe) 5-11-12. J. Sievin ®9.0 14 (148.84 PAMI) 42 (B.) C. Cawford (P.) C. Cawford (P.) C. Cawford (P.) C. Cawford (P.) Caw

WHERE FAVOURITES FINISHED and 2023: See Division 1.

#### From Page One

got bigger cars than me . . . so I leave it alone."
Brown added: "She only cost £10,000 as she was a late foal and small. But they small is beautiful, she goes like an absolute rocket!"
Another debutant who booked a ticket to Royal Ascot was Shareholder.
The Karl Burke colt cost a

The Karl Burke colt cost a bit more than Perfect Part at €460,000 but is 4-1 second

favourite for the Norfolk Stakes after James Doyle gave the colt a brilliant ride to win the Two-Year-Old Tro-ply at the Yorkshire track. Burke said: "I was holding my breath in the last furlong as he did a lot wrong. "We've only had him three weeks. He will improve a lot for that run and is everting"



18+, UK & ROI only, Daily rewarder available daily between 9:00am to 9:00pm, Max 1 reward/ offer per player per day, Rewards: Super Booster Token, Free Bet (min £/0,50 max £/£5), Coral Coins (min Fast 150); Evclosive Trading Specials and Evolusive Offers & Enhanced Markets. No cashout, restrictions and T&Cs apply. Full terms at coral co.uk. PLEASE BET RESPONSIBLY begambleaware.org - Need Hejt? Call the National Gambling Helpline on 0808 802 1133.

# PUNCHESTOWN JUMPERS

į	40	THANK V	OLI TOM	MACHIE	E DIINCL	IESTON	N HURDLE:
L							(8 runners)
1	485-603	FASCILE M	ODE 13 (C	) T Mullins 6	i-11-12		Jack Foley ●99
2	031144/	<b>SCARAMAI</b>	IGA F314	W P Mullins	9-11-12	Kieran	Callaghan (5) -
3							Smithers (7) 92
4	1141-71	ASH TREE	MEADOW	27 (T) G Elli	ott 8-11-6	C	arl Millar (7) 98
5	21/	<b>ROCKY BLI</b>	JE F1424	T Mullins 9-1	1-6	Sarah	Kavanagh (7) —
6	U-U4836	AND STILL	I RISE 10	J O'Neill 7-11-	2	Ambro	se McCurtin 88
7	09613-	QUEEN NEI	. 77 E Dela	any 5-11-1			Eoin Walsh 90
8	5-5	<b>GETAWAY</b>	SALLY 43	E Broderick	5-10-9	John	Shinnick (7) 81
					anga, 11-2 Fa	scile Mod	e, 8 Striking
		OURITES F					
							Butlor) E ron

1.45 \( \)	RYAN MEMORIAL ner €9,600; 3m	NOVICE CH	ASE 7 runners)
WIII	1161 €3,000, JIII		/ Turnicis)
( ) 1	P48P1- ANOTHER		
	Smith 7-11-10		
Runs	: 18 Wins: 3 (3G)	Places: 7	€30,577
Gritty	win at Downpatrick, second h	as since won a valu	able hcap, go well
2	1212-1 EASY FELL	A 31	

٩	H Bromhead 7-11-10	Mike O'Conno	or (3) ●99
	Runs: 13 Wins: 3	Places: 5	
L	Jumped like an old pro when hacki	ng up at Tipp latest, h	ard to beat
N	<b>3133-1 REVEREND</b>	HUBERT 17	
ď	C Byrnes 6-11-10	Shane FitzGe	erald 96

а	CByr	nes o-n-iu	Snane Fitzue	eraid 96
١	Runs: 6	Wins: 2 (F,G)	Places: 2	€18,555
•	Travelled w	ell when winning on c	hasing debut at Limerick, r	nore to come
6	4 1	212-1 SOLITAR	Y MAN 28	
٢		ger 6-11-10	Charlie O'Dwye	er (5) 97
١	Runs: 12	Wins: 4 (S,G)	Places: 4	`€48,683

	rogressive, lots to like about debut win over fences latest, dange	erous
<b>9</b> 5	P KARLSSON VOM DACH 14	
_	P Hassett 7-11-4 Aidan Kelly (5)	_
	uns: 1	€0
A T	ailed off when nulled up in a Point plenty to prove now ignore	

	lanca on when panea up in a rount, pienty to prove now, ignore						
X	6	89	P0-2 <b>STU</b>	ZZIKINI 1	7		
M	G	Ellic	ott 6-11-4		Ke	in Sexton	93
M	Runs:	18	Wins: 2 (S	)	Places: 7	€3 k, can only im	4,107
	Quirky	but	talented, did r	not run too bac	lly at Limeric	k, can only im	prove
Ø	7 2523-1 SAYLAVEE 28 W P Mullins 7-11-3 Kieran Callaghan (5) 97						
V.	, W	PN	Aulline 7-11-3	i k	Geran Cal	laghan (5)	97

	Runs: 15	Wins: 5 (2G)	Places: 3 chasing debut, leading cor	€56,977
	Smart mare	e, cruised home on	chasing debut, leading cor	ntender
BETTIN	G: 2 Easy	Fella, 7-2 Saylave	ee, 4 Reverend Hubert	, 5 Solitary

	Man, 7 Stuzzikini, 10 Another Choice, 66 Karlsson Vom Dach						
	HERE FAVOURITES FINISHED and 2023: No corresponding race.						
O	On \PUNCHESTOWN HANDICAP CHASE; value to the						
4	PUNCHESTOWN HANDICAP CHASE; value to the winner €13,200; 2m 4f. (14 runners)						
1	10250-5 MARS HARPER 37 (P,T) G Elliott 8-11-12Carl Millar (7) 95						
2	43F6-P0 FLANKING MANEUVER 13 (B★,T) N Meade 9-11-6Liam McKenna (5) ●99						
3	00P0-00 HEREDITARY RULE 19 (T;C) J McConnell 9-11-4Shane O'Callaghan (5) 92						
4	02130-0 IRISH BLAZE 28 (H) C Collins 8-11-3Eoin Walsh 90						
5	/24217- REXEM 218 (D) J McConnell 7-11-3Alex Harvey (7) 95						
6	223F8-5 RAILWAY HURRICANE 23 (B,T;D) G Cromwell 9-11-1 C Stone-Walsh (5) 97						
7	051/4P- ELLE PERFECTA 203 (T) C Murphy 8-10-13 Shane FitzGerald —						
8	387/59- SLIP OF THE TONGUE 105 (P,T★) P Roche 7-10-13A P Kelly (5) 85						
9	65383-1 JASMIN DE COTTE 23 (H:D) P Nolan 5-10-11Richard Deegan 94						
10	61533-4 MACGILONEY 28 D Hogan 11-10-11Philip Donovan (5) 94						
11	1381/3- SLANE HILL 203 (P★;BF) B Connell 7-10-11Ricky Doyle —						
12	32324-5 THE FRIDAY MAN 17 M McCabe 7-10-11Kevin Sexton 96						
13	3911-01 MOUSEY BROWN 7 (T;D) D McLoughlin 7-10-4P J O'Hanlon (3) 90						
14	6/2670- GATEAU DE MIEL 211 (P,T) H Bromhead 8-10-2 Mike O'Connor (3) 94						

14 6/26/0- GATEAU DE MIEL 211 (P.) I H Bromhead 3-10-2.... Mike O'Connor (3) 94 BETTING: 3 Mousey Brown, 5 Slane Hill, Jasmin De Corte, 15-2 Rexem, 10 Elle Perfecta, Slip Of The Tongue, Railway Hurricane, 16 Flanking Maneuver WHERE FAVOURTIES FINISHED: 7 1 2-4 2023: Arrycan 9-10-4 E Walsh 7-1 (L P Cusack), 7 ran.

are reaping the rewards.

"She was definitely more straightforward here.

"Rab Havlin told me he thought she'd go very well in a with more pace on and nicer ground, less hard work.

"She was really easy to ride and I loved the way she finished and galloped out.

"I think she'll get further, but whether she needs to go further than a mile and a half I don't know yet.

"When I was pulling up I

"When I was pulling up I was thinking Prix de Royal-lieu, the mile and six race on Arc weekend for her. I'm sure John Gosden and Sheikh Fa-had will make a plan."

had will make a pian.

Meanwhile, George
Boughey's Believing was a
decisive winner of the Listed

PROFIT last 12 naps to a £10 stake to SP...

# From Page One so there is more to come from her. "She's obviously been slow to come to hand, but she's been looked after and now we are reaping the rewards. "She was definitely more straightforward here. "Rab Havlin told me he thought she'd so we he to the King Charles "I"

in a nightmare effort.
Believing was cut to 20-1
for the King Charles III
Stakes on Tuesday week after hitting the front a furlong
home for Danny Tudhope and
easing clear

home for Danny Tudhope and easing clear.
But Steve De'Lemos, the owner of Live In The Dream, was left scratching his head after his sprinter went out like a light to finish fifth in the Listed race.
De'Lomos said: "I'm shocked and can't believe he's run that badly. "He has been doing some great work at home and we feel he's matured and is a better horse than last year. "Something is clearly not

"Something is clearly not right. We are very down."

...£254

## NAP-TASTIC TEMPLEGATE

AC	e mbarer :		2001		, ruii
08/06	3.00 Haydock	Queen Of The Pride	WON	9-2	+£45
07/06	9.00 Bath	Johnjay	L	5-6	-10
06/06	3.05 Haydock	Cool Dividend	WON	2-1	+£20
05/06	3.10 Newt Abbot	Saint Bibiana	WON	7-2	+£35
04/06	6.15 Lingfield	Damascus Steel	L	11-4	-10
03/06	2.30 Brighton	Kondratiev Wave	WON	6-1	+£60
02/06	4.10 Hamilton	Align The Stars	L	11-8	-10
01/06	4.30 Epsom	Ancient Wisdom	L	6-1	-10
31/05	4.30 Epsom	Ezeliya	WON	13-2	+£65
30/05	5.00 Lingfield	So Obsessed	WON	13-8	+£16
29/05	7.12 Kempton	Change Sings	WON	3-1	+£30
28/05	2.15 Brighton	Jacquelina	WON	9-4	+£23

**TOM PEPPER** 

1.10	Scaramanga
1.45	Saylavee
2.20	Jasmin De Cotte
	MUST BE DREAMING (nap)
3.30	Just For Love
4.05	Uncle Pat
4.40	Donkev Years (nb)
	Aruntothequeen

in De Cotte	2.20	Slane Hil
AMING (nap)		Joveux Viv
st For Love	3.30	Two Become On
Uncle Pat	4.05	Lightkeepe
Years (nb)	4.40	Bella Bliss
othequeen	5.15	Fillusiı
d undulating, track of	of two mile per circuit.	s. Hurdle track runs inside the LEADING TRAINERS WITH

.....Ash Tree Meadow Solitary Man

TIC-TAC: Right-handed undulating, track of two miles. Hurdle track runs inside the chase course. Eight hurdles and 11 fences per circuit. ■LEADING TRAINERS WITH HUNNERS (2019-2024): WP Mullims 161-872. 6 Elliott 99-964. H De Bromhead 43-360, G Cromwell 35-274. ■TOP JOCKEYS WITH RIDES (2019-2024): D O Comor 12-82, C P McNamara 7-105, Jack Foley 6-79, K Sexton 6-87. ■UNGEST TRAVELLER: Karkson Vom Dach (14-5) & Simpletwistidistid (255) trained at Clare. Round trip of 272 miles. ■JACKPOT: 3-6. PLACEPOT: 1-6. ■LIVE ON RACING TV

#### **GOING: GOOD**

2	55 >	CHEERS	TO THE I	PUNCHES	TOWN	MOMEN	I HANDICAP (17 runners
	<u> </u>	HURDLE	; €6,900	; 2m 31. (	Lady ri	aers) I	(17 runners
1	43112-4	COSTANU	CI 28 J Que	ally 7-12-0		Miss O	M Queally (7) 9
2	02F5P5-	<b>BIG DEBA</b>	TES F36 R 1	vner 11-11-12		Anna M	cGuinness (7) 9
3	26026-3	JOYEUX V	IVO 29 (BF)	John E & Kie	lv 5-11-12	Miss A	B O'Connor 99
4	1525-91	PURSE PF	ICE 8 (T) G	Elliott 7-11-11		Mi	ss C Butler (4) 9
5	57U43-7	SAN MAR	TINO F6 S N	1illar 6-11-9		Aileen	O'Sullivan (7) 9
6	31/5P-2	WINDING	RIVER 16 (F	T;D) O McK	iernan 7-1	1-6Sarah	Kavanagh (4) 9
7	23241P-	<b>ROOM TO</b>	<b>ROAM 227</b>	J McConnell	10-11-3	Miss	S A Carter (7) 9
8							non-runner 8
9	3294-61	MISSUS B	EETON 10 (	D) S Nolan 6	-11-1	Miss	G Benson (4) 9
10	7/887-2	SARGENT	LIGHTFOO	T 23 (D) A M	urray 10-11	-1M	iss S Doyle (7) 9
11	34565-P	DOWN AR	OUND 40 (F	P) P Rothwell	7-10-12	N	liss P Elvin (4) 9
12							liss T Quail (4) 9
13	0/654-9	DREAMIN	GS FREE 23	J O'Neill 5-10	)-5	Mrs	E Costello (7) 9
14	5U85-44	MUST BE	DREAMING	8 (P) G Aher	n 7-10-5	Mi	ss J Townend 9
15	P3PPP-0	DAICHEAL	DACUIG 1 B	Mortell 9-10-	D	Miss	L Costello (7) 7
16	F6U-13P	PETITE MI	KE 6 G Ahe	m 6-10-0		Ms S	McNamara (7) 8
17	2F0P0-0	BENKEI 19	(P) H Roge	rs 14-10-0		Mis	s M Walsh (7) 8
							se Price, Sarger
Ligh	ntfoot, Sm	allcraftwar	ning, 10 Wi	nding River,	Big Deb	ates, Roon	n To Roam
WH	FRF FAV	OUBITES	FINISHED:	8 2 3			

023: Warm In Gorey 5-10-1 Miss Jane Walton 11-2 (P J Rothwell), 10 ran.					
on V	LILY & WILD MARES MAIDEN HUR	DLE; value to the			
au 🖊	winner €7,500; 2m 6f.				
69826P-	ASHDALE FLYER 97 J Harrington 5-11-7	Conor Smithers (7) 95			
41-	BIRMINGHAM ALABAMA 92 E Delany 5-11-7.	Eoin Walsh 97			
6	BUILT BY ROSSIES 19 T Gibney 5-11-7	Kieren Buckley 88			
39-	COTTESLOE SUNSHINE 45 J O'Brien 5-11-7	Oakley Brown (5) 94			
3P5P4-1	DAWN ESCAPE 34 L Casey 5-11-7	Alex Harvey (7) 92			
22P3-	DEAR ORLA 56 S Carey 5-11-7	Conor Clarke (7) 89			
6	DONTCALL 30 P Rothwell 6-11-7	P J O'Hanlon (3) 78			
P-PP	KIPEEN LADY 22 (T★) R Rath 5-11-7	Ambrose McCurtin —			
F-FP	NANNY BETTY 22 B Walsh 5-11-7	Liam McKenna (5) —			
1/4-3	ROSALYS 29 (T;BF) H Bromhead 5-11-7	Mike O'Connor (3) 97			
40724-7	SMILING BESS 31 (BF) K Prendergast 5-11-7	Ricky Doyle 91			
FF/FB3-	TELL ME THIS 97 R O'Sullivan 6-11-7	Tom Harney (7) 90			
P	THEONEIWANT 24 P Maher 5-11-7	Hugh Morgan —			
3/6-2	TWO BECOME ONE 23 G Elliott 5-11-7	Kevin Sexton 96			
5	WESTERNERSUNRISE 15 J Fahey 5-11-7	Ben Kennedy (7) 88			
		yer, 14 Tell Me This			
	69826P- 41- 6 39- 3P5P4-1 22P3- 6 U- 1- P-PP 070- 070- 174-3 40724-7 FF/FB3- 5/5PF1-3 TING: 7- Shine, Sm	20 LILY & WILD MARES MAIDEN HUR			

WHERE FAVOURITES FINISHED: 1
2023: Something Abouther 7-11-5 Aidan Kelly 5-4 Fav (P Roche), 18 ran.

		0		
4.	05 X	OHN DOWLI	ING MEMORIAL M er €7.500: 2m 7f	AIDEN HURDLE; value . (14 runners)
1				Niall Moore (7) 96
2				Jake Coen (5) 73
3	7	JOHN STOREY	13 L Cusack 6-11-12	Richard Deegan 77
4	22345-3	LIGHTKEEPER	19 (P★) G Elliott 6-11-12.	Kevin Sexton 97
5				Cian Cullinan (7) 73
6				Ricky Doyle 70
7				Tom Harney (7) 87
8				Liam McKenna (5) -
9	63/P7-5			-12Conor McNamara 80
10				Paddy Hanlon (7) 93
11				Kieran Callaghan (5) •99
12	/2403-3	<b>INNATENDUE 1</b>	11 (T) J McConnell 6-11-5	Alex Harvey (7) 98
13	0-00	STRAWBERRY	DIAMOND 19 L Casey	5-11-5Aidan Kelly (5) 70
14	005-	SUMMERTIME	ROMANCE 243 C McB	ratney 6-11-5 Shane FitzGerald 70
BET	TING: 2 U	Incle Pat, 4 Innat	tendue, Chosen Thyme	e, 5 Lightkeeper, 7 Topgun Simmy

BETTING: 2 Uncle Pat, 4 Inmaterious, 5.1.55...,
WHERE FAVOURITES FINISHED: FE
2023: Easy Fella 6-11-5 Niall Moore 15-8 (R P Cody), 14 ran.

2020. Lasy Felia 0-11-5 Hall Moore 10-0 (111 Gody), 14 fail.						
4.40 K-MECH MECHANICAL HANDICAP HURDLE; value to the winner €9,000; 2m 7f. (15 runners)						
1 125F4-6 BARRY LYNDON 39 (C) D McLoughlin 6-11-12 P J O'Hanlon (3) 94						
2 4/PPP-7 ALDO THE APACHE 27 (T;C) C Murphy 8-11-10 Richard Condon (5) 78						
3 F/6658- EVERGLOW 176 (P,T)   Donoghue 9-11-7Kieren Buckley 81						
4 PP/04-3 DONKEY YEARS 23 (T) E McNamara 10-11-6Conor McNamara 97						
5 512P0-9 MISTER BEETON 39 (P:C) S Nolan 7-11-5Shane FitzGerald 88						
6 00534-2 BELLA BLISS 17 (T) J McConnell 7-11-0Alex Harvey (7) ●99						
7 21974-6 GINNETS GIRL 7 (P★) G Elliott 6-11-0						
8 5610- MEYO 105 T Gibney 6-11-0						
9 0P7P1-8 IT COULD BE YOU 24 (B) T Mullins 10-10-11Sarah Kavanagh (7) 94						
10 0358-32 DORANS LAW 19 M Hourigan 6-10-9Kevin Sexton 97						
11 8/350- SO THEY TELL ME 46 (H;BF) P Roche 5-10-9Aidan Kelly (5) 86						
12 04/P64- DARK VOYAGER F100 (B,T) A McCann 7-10-7 Jake Coen (5) 91						
13 36424-4 MILANAWAY 27 D Hogan 6-10-5Philip Donovan (5) 94						
14 /852PP- OUNCE OF GOLD 180 P Fahy 7-10-0Sarah Kavanagh (7) 90						
15 P6542-P MISS VIVACIOUS 25 T Gibney 6-10-0 Mike O'Connor (3) 88						
BETTING: 9-2 Donkey Years, Dorans Law, 5 Bella Bliss, 15-2 Milanaway, 10 So They						
Tell Me, Ginnets Girl, Barry Lyndon, 12 lt Could Be You						

WHERE FAVOURITES FINISHED: 1 5
2023: Mister Beeton 6-10-10 Shane FitzGerold 12 2 (5 Notes)

023: Mister Beeton 6-10-10 Shane FitzGerald 13-2 (S Nolan), 10 ran.						
IRISH STALLION FARMS EBF MARES (PRO/AM	) FLAT					
RACE; winner €7,200; 2m 1f. (16)	runners)					
1 FILLUSIN 9 G Elliott 5-11-11Miss H M Smul	len (7) •99					
PF6P-71 PEPPERPOTS 16 B Walsh 6-11-11Mr B J V	Valsh (7) 96					
62535-1 SANSRISK 30 J Dempsey 5-11-11 Mr F	Maguire 98					
/U18-96 YOURE A DERRY GIRL 6 S Walsh 7-11-11Miss E						
0/2 ARUNTOTHEQUEEN 25 J Harrington 5-11-4 C Smi						
DOLLY'S CALL C Byrnes 5-11-4						
0/053-5 FLORANCE 10 (H;BF) A McCann 6-11-4Mr D C	Connor 90					
05- INTO THE UNKNOWN 255 J Hanlon 6-11-4Paddy Ha						
U- LIGHT HER UP 106 H Finegan 6-11-4Mr È Fi						
88 PARGA DIAMOND 10 (H) H McLoughlin 5-11-4 Mr J L Gle						
3/3933- PENELOPE'S CHARM 71 D O'Sullivan 6-11-4Mr E P O'						
SAVANTE C Murphy 5-11-4						
THE ROAD NOT TAKEN J Nash 5-11-4Ben Ke						
TURN OF ABBEY A McCann 5-11-4Miss A B (						
UPPER CHURCH S Byrne 6-11-4						
P YEAHGOONSO HONEY 22 G O'Connor 5-11-4 Miss C F MacM						
ETTING: 3 Fillusin, 9-2 Sansrisk, 11-2 Penelope's Charm, 13-2 Aruntothequeen						

BETTING: 3 Fillusin, 9-2 Sansrisk, 11-2 Penelopes Charm, 13-2 Aruntotnequeen WHERE FAVOURITES FINISHED: 2 1 1 2023: Four Clean Aces 5-11-11 Mr Patrick Mullins 2-5 Fav (W P Mullins), 10 ran.

#### **RACING RESULTS**

RACING RESUL

BANGOR

1.40: 1 NOT NOW NATHANIEL B
Hughes (1.3 fav); 2 Upagainstit (6-1);
3 Kintaro (6-1); 14 ran, 9/3; 61. D
McCain, T. £1.34; 1.4 ran, 9/3; 61. D
McCain, T. £1.34; 1.4 ran, 9/3; 61. D
McCain, T. £1.34; 1.2 (2 Edway Glory (7-2); 3
Rebellious Gale (8-1), 10 ran (Daranova
3-1 fav), 39/1; 6/1, C. Longsdon, T.:
£13.70; £3.50; £1.70; £2.40; £x; £53.60.
Triv; £3.86; T. Trif; £56.50; £7.57; £3.60; £7.57;
£7.70; £3.50; £7.70; £2.40; £7.70

4.25: 1 WALTER HARTRIGHT David Egan (4-1); 2 Miss Gltana (11-0 fay); 3 Wannabeawallaby (12-1); 6 ran. 2/4; 4.1 E Duning, 11-70; 6.180; 9.2 Ex-5.00: 1 THIS YEARS LOVE Joanna Mason (7-2); 2 Evelyn's Phoenix (even say); 3 Port And Starburd (9-1) (oran. /4;1. M. & D Easterby; 1: 24-50; 5.150; 5: 1.0, 12; Ex- 88.60. Tricast: 22-850. Triesta: 25:80.0. Tricast: Jesnondon: 22-70. QPOT: 24-70.

28.30.1 (Fields 27.0 G)PDT: 64.70

28.TERICK
2.10: 1 PAPIDO GIRL IW Pyie (5-2): 2
Asinara (5-6 fav): 3 Morral Standards (8-1), 7 ran. 1t; 14. C Lidster, 1: E3.60, E1.30, 21.01. Tr. E3.60, E1.30, 21.01. Ex. E3.60, E1.30, E1.01. Ex. E3.60, E1.00, E7.2 fav). E3.60, Ex. E118. Tricast: £532.45. Trift: £895. CF: £100.96, NR: Bits And Bobs. 3.20: 1 WITHOUT DELAY F Norton (13-2); 2 Sumny Orange (6-1); 3 Pearl Sands (25-1), 12 ran (Miss Willows 7-2 fav). 21. E3.60, E7.60, E7.6

2.70, 22.10, Ex; 225.90, Tricast; E171.09.
Trifocta 2217.20, CF: 233.82
5.40:: 1 STARSHINE LEGEND D
Muscutt (11-8 fav); 2 Made In China
(8-1); 3 Livinthelife (9-2), 7 m., 7 l/4; 11,
J Ferguson, T. 52.38; 52.50, 56.30, Ex;
25.30, Trifecta: 1704, CF: 226.52, 7 l/4; 16.
6.10:: 1 RESILIENCE: Tawweste. 24, 7 l/4; 16.
6.10:: 1 RESILIENCE: CF: 14.
6.10:: 1 RESILIENCE: RESILIENCE: CF: 14.
6.10:: 1 RESILIENCE: RESILIENCE:

21. W Muir & C Grassick.

JACKPOT: Not won, 513,610.12 e/o.

P/POT: £52.26.80, Q/POT: £307/20

NAVAN

1.45: 1 CELTIC CHIEFTAIN W M

Lordan (8-1); 2 Red Evolution (11-8
fav); 3 Flash The Cash (12-1); 4 Rebel
Diamond (7-1); 6 ran, hr, 41,4 fl/4, hr
fav); 2 Red Evolution (11-8
fav); 3 Flash The Cash (12-1); 4 Rebel
Diamond (7-1); 6 ran, hr, 41,4 fl/4, hr
ce: £28.50, Trifecta: £33.60, CF: £13.72

NR: Ace King Gueen, Oitentinha.

2.20: 1 THUNDERBEAR C T Keane
(5-1); 2 Arnhem (12-1); 3 Never Shout
Never (9-1), 7 ran (Mehman 15-8 fav).

17/4; 7/4, J Davison, T: £6; £230, £4.80

Ex. £47.60, Trif: £477.70, CF: £58.03, £4.80

Ex. £47.60, Trif: £477.70, CF: £58.03, £4.80

Ex. £47.60, Trif: £12-13, 8 Realtin Fantasy
(20-1); 4 Cuban Grey, (11-2), 16 ran, 1/4, id.; 1/4, 1.2-1); 3 Realtin Fantasy
(20-1); 4 Cuban Grey, (11-2), 16 ran, 1/4, id.; 1/4, 1.2-1); 3 Realtin Fantasy
(20-1); 4 Cuban Grey, (11-2), 18 ran, 1/4, id.; 1/4, 1.2-1); 3 Realtin Fantasy
(20-1); 4 Cuban Grey, (11-2), 18 ran, 1/4, id.; 1/4, 1.2-1); 3 Realtin Fantasy
(20-1); 4 Cuban Grey, (11-2), 18 ran, 1/4, id.; 1/4, 1.2-1); 3 Realtin Fantasy
(20-1); 4 Cuban Grey, (11-2), 18 ran, 1/4, id.; 1/4, 1.4-1); 4 Lyanm. T: £2.68; £1.20,

\$3.00; 1 EVERLASTING F L Moore
(3-4); 4 Cuban Grey, (11-2), 18 ran, 1/4, 1/4, 1.4-1); 4 Lyanm. T: £3.0, £1.20, £1.

P/POT: €2:90

PUNCHESTOWN
1.22: 1 NAPPER TANDY J Smith
4.5: 2 teste Desbois (4-6 kay: 3 Ta
Na La (3-10.0 Ex: 67.30. Trifecta:
€2:50. CF: €7.35.
1.57: 1 The BANGER DOYLE C P
Millar (3-1) iftay: 2 Great Bear (3-1) iftay:
3 Gaelic Arc (10-3). 7 ran. shif; 81. J
Queally. T: €4: €1.80. €1.70. Ex: €12.10.

Tricast: €30.04. Trifecta: €41.30. CF: €22.52. NR: Lieutenant Highway.
2.32: 1 MARRONSTOWN A Harvey (9-1); 2 Land Jet (14-1); 3 Thehairyfella (41-1). 3r an (Jump The Shark 10-3 fav). Bi; /4. D M. Christe. T. €10.50; €2.90, €4.50. Christe. T. €10.50; €2.90, €4.50. €1.80. Ex. €180.20. Tricast: €2.80. €1.80. Ex. €180.20. Tricast: €2.80. €1.80. Ex. €180.20. Tricast: €2.80. €

62.90. Ex: 6112.70. Tricast: 6327.72. Triflectat: 670.80. OF: 680.25. Ms. 4.52: 1 FLASHTIELIGHTS Gavin Brouder (7-1); 2 Papa Barns (15-2); 3 Kalaroun (22-1); 4 Mac's Xpress (15-2). 3 Kalaroun (22-1); 4 Mac's Xpress (15-2). 7 ran (Birdsandthebes 5-1 fay), 47; 57; 11, N. Kelly, T. 63. 41.80. 45; 57; 11, N. Kelly, T. 63. 41.80. Kells (15.80. CF: 66.1.60. NR: H Honey Katherine, Mayos Vendangeur, Toor Moon. 5-27: 1 FATAL FLAW Mr D O'Connor (5-1); 2 Base Of Fire (4-1); 3 Chart Topper (7-2); 4 Ned In The Park (9-1). Topper (7-2); 4 Ned In The Park (9-1). Sweeney, T. 66.50. 42. 61.50. Ex: 62.9.30. Triflect: 6333.10. CF: 625.11.

629.30. Trifecta: 6333.10. CF: 625.81. P/POT: 633.31.0. CF: 625.81. P/POT: 633.31.0. CF: 625.81. P/POT: 633.31.0. CF: 625.81. P/POT: 634.01.2. SWedge-wood (8: 26: 46.81.2. SF: 46.81.2. SF

Ex. £60.80. Tricast: £153.57. Trifecta: £239.90. CF: £57.38.
7.30: 1 BAMA LAMA O Searle (13-2); 2 Vape (9-1); 3 Lupset flossy Pop (14-1). 10 ran (Diamonds)irthesand 5-2 fav). 14-10 for an Obamonds)irthesand 5-5 fav). 14-10 for an Obamonds irthesand 5-5 fav). 14-10 for an Obamonds irthesand 5-5 fav). 14-10 for an Obamonds irthesand 5-5 fav). 15-10 fav).

LINGFIELD 5.45: 1 PFINGSTBERG C Fallon (5-2);

5.45:1 PRINOSTBERG C Fallon (6-2):
2 Taxing (15-2): 3 Anisoptera (12-1): 7
2 Taxing (15-2): 10 Miscoptera (12-1): 7
3 Miscoptera (15-2): 10 Miscoptera (12-1): 7
3 Miscoptera (15-2): 10 Miscoptera (12-1): 10 Mis

#### GREYHOUND ROUND-UP

Chost 5-2f (4-5-1 E16.02 TC E38.53), 4.59
Cooga Alan 4-5f (5-6-1 E07.4 TC E54.67),
5-18 Titanium Wildcaf 7-2 (6-2-3 E14.89 TC
E45.89), 5-37 Wraysbury Turbo 9-2 (4-3-2
E22.65 TC E56.92), 5-56 Canny Adelaide
15-4f (6-2-5 E07.5 TC E20.69),
11-52-6 BAGS F E.6.97), 11-27 Uncle 8id 5-1
(6-3-4 E58.82 TC E239.23), 11-33 Young
Feather 5-1 (1-3-6 E16.07 TC E48.61),
12-01 Second Fiddle 4-1 (4-2-2 E40.7 TC C 155.74),
12-01 Second Fiddle 4-1 (4-2-2 E40.76 TC C 155.74),
12-18 Millions Dream Evensf
(5-3-2 F.7.82 TC E22.01), 12-34 Hot Sauce
15-2-3 (1-2-2 TC E22.01),
12-34 Hot Sauce
15-2-3 (1-3-2 E07.2 E

















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#### **★ CORONATION STREET ★**

For the last time, it's the cushions or me

Corried an hour of a second second

Two of our favourite residents take a tumble this week, and although neither Ken nor Paul is in a critical condition, it does signify changes ahead...

At Stu's birthday drinks, Bobby apologises to Ken for his false police statement causing Daniel to become a murder suspect (not your average party conversation!) and notices that Ken appears unsteady on his feet. Sure enough, Ken declares himself to be unwell and heads home. Bobby is worried about the old timer and goes to No.1 to check on him, but when he knocks on the door, there's no answer. He peeks through the letterbox and is shocked to see Ken face down at the foot of

the stairs (not for the first time — remember when Daniel pushed him down the stairs in 2017?), and wastes no time in calling an ambulance. At the hospital, Ken is frankly cheesed off to be told that he'll need 24/7 care during his recovery, but the patient manages to force a smile when Steve insists that the family will all help.

Elsewhere, Summer arrives back from America with a man, Felix, in tow and tells Billy and Paul that he's waiting to meet them at the Rovers. As they're heading out, Paul falls down the stairs. Fortunately, he doesn't require medical treatment, but it's yet another sign of his MND deterioration.

Toyah discovers to her horror that her sister Leanne has betrayed her to a stranger with an agenda... But she quickly proves that she's no angel as she returns the favour by snogging her brother-in-law!

A bouquet of flowers is usually a declaration of affection, but when Toyah receives a mystery bunch of yellow roses, she tells Nick the significance of the flower — a symbol of love for her baby daughter — and it means it can only be conniving Rowan who shopped her. Confronting Leanne, Toyah is devastated to learn that she *did* blab to Rowan about the baby. Nick is so knocked for six by the revelation, he tells fixated Leanne to choose between their marriage and Rowan and her beloved Institute.

Later, Nick interrogates Leanne about her feelings for Rowan and she assures him that she's not a cheater. What she doesn't know is that Nick is, and he and Toyah agree that their kiss was a mistake. Er, you think?! When Rowan thunders up to the Bistro on his motorbike saying he has a surprise for Leanne, she jumps on the back, Top Gun-style. At a hotel, he introduces her to the CEO of the Institute, Willow, via video call (surely there's wi-fi at the Bistro?) who says she'll soon be recruiting new members herself.

Meanwhile, Toyah heads to her defamation hearing, but gets a call on the way telling her that Leanne has been in a motorbike accident!



**★ EMMERDALE ★** 

Belle has made it clear to violent Tom that she's not ready to start a family yet, so she's blindsided when she finds out that she's pregnant. Given the horrific abuse she's faced over the past few months, it's no surprise that Belle keeps the news quiet and decides to visit the doctor to discuss her options.

Meanwhile, Tom is taken aback when Cain confronts him about selling Belle's car without telling him. The vet puts two and two together and assumes that Belle must have been speaking about him behind his back. Belle makes it very clear that she has no idea what he's on about, but her words fall on deaf ears and she's terrified as Tom raises

his hand to hit her. Without thinking, Belle reveals that she's pregnant, and Tom's dark demeanour quickly changes to one of pure joy as he pulls his wife in for a hug — but Belle cries tears of sadness.

While Tom promises to be a better husband, he soon backtracks and tells Rhona their baby news, despite Belle urging him to keep it quiet. She confronts Tom but, as usual, he worms his way out of it and even convinces her that they should just tell everyone. The following day, things go from bad to worse for Belle when she finds herself locked in Dale Head, and as she drifts off to sleep, she's unaware that a fire has started in the kitchen...



BOMBSILELL

Young Samson is playing a dangerous game as he continues to lie about his stabbing at HOP last week. Cain demands that he tell the truth, but Samson stands firm in his decision. The mechanic's not the only one hoping to get through to him, as Matty also attempts to convince Samson to be honest. While Matty is hopeful that he's made Samson see sense, he's gobsmacked when PC Swirling arrives to reveal that the lad has reported him for putting pressure on him. Matty loses it and angrily confronts the young Dingle, but it all goes horribly wrong and he finds himself in the back of a police car!

The following day, Matty is nervous when a police

officer arrives at his cell and reveals that they'll be leaving for court soon. Sadly, the situation is just as bleak outside as Amy finds out that the robbery investigation is being dropped due to no evidence. At The Woolpack, the gravity of what's happening finally dawns on Samson when Cain reveals that Matty is being held on remand, and it's not long before there's tension between Sam and Cain.

Elsewhere, Matty is terrified when a police officer suggests that he keep quiet in prison that he's transgender, and Amy also has serious concerns for her husband when she sees him being put into a police van. Will Samson do the right thing?

#### **★ EASTENDERS ★**



We've all been there — sunk a few too many pinots and said something we shouldn't. But when that something is perhaps the biggest secret there's ever been in Albert Square and could impact the freedom of six women, not to mention leave the lives of their families totally shattered, well, it's probably more vital than ever to keep schum. And somebody should tell Linda that...

She's having an absolutely rotten week with Father's Day approaching. Ollie starts asking questions about his dad and, missing Mick like crazy, it's not long before Linda turns to the demon booze. But things get even worse when Bernie

shows up in The Vic and reveals that they are holding Keanu's funeral this week. Before you can say "guilty as charged", Elaine is agreeing to host the wake in the pub, and Linda feels so stressed that she could vomit on her hot-pink high heels.

She tells Johnny that she'll go to let Sharon know about the funeral, but instead hides in the barrel store and drinks herself into a stupor. Bernie gets to Sharon first, and when she hears from Johnny that Linda already knew, she's fuming. But their conversation is interrupted by a big bang from the barrel store, where Linda has stacked it and looks set to make a big — and very loud — confession...

There was heartbreak last week for Sonia and Reiss when they were informed that she was, in fact, not pregnant, and their dream of having a baby together was brought to a sudden and devastating end. But Sonia is keen for the couple to try again. She wants another round of IVF, but the process is costly and Reiss is struggling with money at the moment. He decides to secretly attempt to bag some bucks—first, by trying to sell his car to Jay, then seeing if he can swindle cash out of Kat by pretending that she forgot to pay her tax bill for February.

Sadly, both schemes fall flat, and desperate Reiss decides on a new plan –

to take the money from his ailing wife Debbie. He makes his way to her care home, but unbeknown to Reiss, Bianca has become suspicious of her sister's partner, who she has taken a dislike to. She follows him to the care home and looks on as he talks to his wife, who is in a coma following a stroke, and asks whether he can "borrow" some more money.

Disgusted, Bianca confronts him, saying Sonia would be devastated to learn that's where the cash was coming from. And she

then tells Reiss that he has to come clean about it – or she'll tell Sonia herself.



I don't know if you're

aware, but there's a

hole in your jeans

I really need to get

my eyes tested again - everything looks

#### **★ HOLLYOAKS ★**

Grace doesn't have the best track record when it comes to successful wedding days — who can forget the time her beloved Trevor died at the altar after being stabbed by teen serial killer Nico? But we're sure that things will go much better this time round as she prepares to marry Freddie — the man who killed her father — as part of an elaborate plot to free her from prison, where she's serving a lengthy sentence for armed robbery.

The day doesn't get off to the best start when Freddie ends up in another battle with Warren over the money needed for Grace's escape, which Fraser stashed at The Loft. When Freddie then goes to

collect Lexi from Robbie so that his daughter can both enjoy the nuptials and facilitate a key piece of the plot, it doesn't take his sibling long to notice that Freddie has also taken their passports — and Robbie finds himself tied up for sharing his doubts.

Soon, Freddie and Grace are all set to say 'I do', with just Cindy and Lexi as their witnesses. But that's when Grace's plan appears to start going wrong, as Freddie's surprisingly personal vows leave her raging in tears. Then Robbie turns up to rescue Lexi, before a maddened Grace smashes the flower display and impales herself on the metal rod from inside it. Crikey! Is this really part of her scheme?



Beau's been asked to speak at Hunter's funeral, and while he's keen to say some touching words about his late colleague, he's also highly emotional in the wake of his and Kitty's unintentional killing of Declan. As he becomes ever more volatile, the teacher loses his temper with Vicky at school and Sally sends him home, where he encounters Kitty and asks her how she's able to play it so cool after her father's death.

However, Kitty's barely holding things together too and she reveals that she's planning to go to the police to confess. Beau tries to make her see that if he loses her, then he's got nothing, and she later has a change of heart — unbeknown to Beau, who arrives at the police station hoping to change her mind. Thankfully, the cops are none the wiser and the couple are later reunited.

That's when they learn that John Paul is determined to track down all of Carter's conversion-therapy accomplices and that his first port of call will be the cabin where Declan's body is currently residing. Kitty and Beau are panic-stricken and race back to the cottage, determined to move the corpse — but will John Paul catch them in the act? And where on earth can they hide dastardly Declan's body, especially with a funeral in process?



You've got to hand it to Victor — his desire to finally do right by the family he failed in his dying days is certainly admirable. He's determined to splash his fortune on a business his kids can run together, while also making things up to Jane for being such a lousy husband. One thing on his bucket list is to complete a family hike in the Dandenong mountains, which he always promised Nic and Byron he'd take them on, but is a sickly Vic biting off more than he can chew?

As the trio set off on their adventure, Jane is still resolute about not joining them, feeling that a ramble with her ex wouldn't be appropriate when

she's engaged to long-distance lover Mike. However, she soon regrets her decision and knocks off work early, as Victor, Byron and Nicolette are already enjoying their hike. When they later return to the car park and see Jane's motor, though, they worry that she's gone after them and is lost in the bush.

So Nicolette and Byron set off in search of her, instructing their dad to stay just where he is and rest up. But Victor doesn't listen and embarks on his own search — unaware that his kids have found Jane. They soon stumble across Victor sprawled across a trail and rush him to hospital, where Jane's so distressed, she misses a phone call from Mike...

TV Soap's been saying it for months — mixing a high school with a retirement complex is a pretty odd thing to do, and we were proved right last week when a bunch of unruly students snuck into Eirini Rising and let off some stink bombs (which, in the grander scheme of youth crime, seems delightfully quaint). Now Karl's put to work cleaning up the mess, while unhappy co-workers Terese and Susan try to move forward.

Terese places the blame on Curtis and lets rip at the teacher, accusing him of being out of his depth in a senior position, but Susan calmly intervenes and supports the poor guy. However, when he fails to update Terese later that day, she again goes on the warpath before Susan manages to make her see that she has a nasty tendency to micromanage everything and everyone around her.

Left to sort things out himself, Curtis soon has a breakthrough and comes across the key that the kids used to sneak into Eirini Rising's courtyard. But when he hands it to Terese, she realises that the key belongs to Jane and kicks off again! Susan once more calms her down, but this time Terese reacts by giving Susan a big hug, thanking her for keeping her balanced. Have this good-cop, bad-cop pairing finally found a formula for working together?



## **★ HOME AND AWAY ★**

Remember the early days of *Home And Away*, when Saint Pippa and her first husband Tom arrived in the Bay from 'the city' with a bunch of troubled foster children? Well, it looks like the show might be going back to its roots, and *TV Soap* couldn't be happier.

Tane's rash actions over baby Poppy set the possible new direction in motion. Firstly, a supportive Felicity visits her ex, where he admits that he has no regrets but he is scared of facing jail time. Meanwhile, Roo — inspired by her involvement with baby Poppy and her mum Sonia — intends to become an emergency foster carer. She just wants her dad's blessing to open their

home to children in need. However, Alf appears to be less than thrilled at the idea, and Roo is heartbroken when she later hears Alf on the phone referring to the whole enterprise as one of Roo's "little projects". Ouch.

Not to be put off, Roo confronts Alf, saying he should have spoken to her directly about his concerns. Alf tries to reason with Roo, explaining that he's worried about her taking on such a huge responsibility. During a heart to heart, Roo firmly tells her dad that she won't be changing her mind about this. Are a new batch of foster kids heading to the Bay? Or will Alf talk Roo out of it?



Mackenzie is pacing up and down like a caged animal, wondering if Levi has told Imogen that their marriage is over, and soon enough he assures Mack that he plans to end things with his wife tomorrow. As Levi ponders how best to detonate the bombshell, an unsuspecting Imogen arrives home from a conference. Sensing that her life is about to unravel, she tries to distract Levi with breakfast, then attempts to delay things with a shower. But smashed avo on toast isn't enough this time, sadly, and Levi insists that they need to talk. To make matters more excruciating, Imogen thinks Levi is worried about them not having kids, but he

rips the plaster off quickly and reveals that he's having an affair — and he's leaving Imogen. Blindsided, she tells Levi to pack his bags and get out. Still in shock at things being out in the open, Levi heads home to Mackenzie and the lovers embrace, finally together at last.

Yes, I'm using a fancy shampoo and it does make a difference

Meanwhile, Imogen phones her sister-in-law Eden and tears into her over Levi's affair bombshell. Imogen is unwilling to listen to Eden's protests that she only recently found out, but she softens when Eden heads round to her place to talk in person. Soon, Eden and Imogen have worked things out, which could become a headache for Levi...

## **SUNDAY 9 JUNE**

## BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S) 9.00 Sunday With Laura Kuenssberg (S)

10.00 Politics England (S) 10.30 Sunday Morning Live (S) 11.30 Homes Under The Hammer Featuring properties in Port Talbot, Stoke-on-Trent

and Folkestone. (R,S) 12.30 Bargain Hunt Eric Knowles presents the show from the Southwell Racecourse Antiques Fair. (R.S)



1.00 BBC News (S)

1.15 Songs Of Praise (S) 1.50 Points Of View (S)

.05 Money For Nothing (R,S)

2.50 FILM A Dog's Journey
Drama sequel, starring
Dennis Quaid and Henry Lau. (2019) ★★★ (S) **4.35 The Green Planet** (R,S)

**5.35 BBC News** (S)

5.50 BBC Regional News (S) 6.00 Countryfile (S)

7.00 Antiques Roadshow (14/18) Fiona Bruce presents from the shores of Lake Windermere in the Lake District. (R,S)

8.00 FILM Darkest Hour Winston Churchill rallies Britain as Germany advances across western Europe. Period 

10.00 BBC News (S) 10.25 BBC Regional News (S)

10.30 High: Surviving A Dubai Drugs Bust (1/5) A musician is arrested on drugs charges in

Dubai. (R,S)

11.00 High: Surviving A Dubai
Drugs Bust (2/5) Karl and
his friends are driven to the desert at gunpoint. (R,S)

11.30 High: Surviving A Dubai Drugs Bust (3/5) (R,S) 12.00 Celebrity Bridge Of Lies

(R,S) Followed by Weather 12.50-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 10.00-10.30am Politics Wales 4.35pm Springwatch In Wales 5.05-5.35 Iolo's Valleys

## BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.15 am Glorious Gardens From

Above (R,S) 7.00 Countryfile (R,S) 8.00 Our Coast (R,S)

9.00 Beechgrove Garden (R,S) 9.30 Landward (S)

10.00 Saturday Kitchen Best Bites Series highlights. (S) 11.30 Ready Steady Cook (R,S)

12.15 FILM The Big Country
Western, starring Gregory Peck and Jean Simmons. (1958) \*\*\*\* (S)



On Thin Ice: P

2.55 Gregory Peck: Talking Pictures (R,S)

3.30 Galapagos: Islands Of Change - Natural World Documentary. (R,S) 4.15 FILM Pride & Prejudice

Period drama, starring Keira Knightley. (2005) ★★★★ (S)

6.15 Flog It! (R,S)

7.00 This Farming Life (11/12)
Robert's cattle get their first taste of freedom and fresh grass in the Cairngorms. (R,S)

8.00 The Americas With Simon Reeve (4/5) The explorer travels from Texas to

southern Mexico. (R,S)
9.00 NEW On Thin Ice: Putin Vs Greenpeace (1/6) Climate activists try to disrupt Russia's Arctic oil production. (S)

9.30 On Thin Ice: Putin Vs Greenpeace (2/6) Sini and Kruso are captured by the

Russian coastguard. (S)
10.00 FILM PREMIERE The
Phantom Of The Open
Sporting comedy drama,
starring Mark Rylance.

(2021) ★★★★ (S) 11.40 Best Of Glastonbury 2017 Festival highlights. (R,S)

1.45 Sign Zone: Question Time From Chester. (R,S,SL)

2.45-3.15am Thief At The British Museum (R,S,SL)

10.30-11.00 Match Of The Day Wales 12midnight High: Surviving A Dubai Drugs Bust 12.30am Celebrity Bridge Of Lies 1.15-6am BBC News BBC ONE NORTH WEST As main BBC ONE except: 10.00-10.30am Politics North West BBC TWO WALES As main

## ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.30 am James Martin's Spanish Adventure (R.S)

7.25 Ainsley's National Trust Cook Off (R,S) 8.25 Katie Piper's Breakfast

Show (S)

9.25 ITV News (S) 9.30 Love Your Weekend (S)

11.25 Alan Titchmarsh's
Gardening Club (R,S)
12.25 ITV News (S)
12.40 FILM The Croods

Animation. (2013)  $\star\star\star$  (S)

# LIVE

2.30 Tipping Point: Best Ever Finals (R,S)

3.00 NEW Soccer Aid: The Warm Up Behind the scenes of the training camps for the two teams. (S)

4.00 NEW D-Day 80 At The Royal Albert Hall Music and story-telling to commemorate the 80th

anniversary of D-Day. (S) **5.30 ITV News** (S) 5.45 Regional News (S)

6.00 LIVE Soccer Aid For UNICEF 2024 England v Soccer Aid World XI Kick-off at **7.30.** Dermot O'Leary and Alex Scott present live coverage of the charity fixture, which takes place at Stamford Bridge (S)

10.00 ITV News (S) 10.15 NEW Maternity: Broken

Trust An Investigation into alleged failures in maternity care at Nottingham University Hospitals Trust, told through the experiences of families who have

campaigned tirelessly. (S)

11.35 Absolutely India: Mancs
In Mumbai (5/6) (R,S)

12.00 Shop On TV

3.00 Motorsport UK (R,S) 3.50 Unwind With ITV (S)

5.05-6am Ainsley's National Trust Cook Off (R,S,SL)

BBC TWO except: 2.55pm Galapagos: Islands Of Change – Natural World 3.40 FILM Pride & Prejudice (2005) 5.45-6.15pm Weatherman Walking S4C 6am Cyw 8.50 Penblwyddi Cyw 9.00 Wrecsam – Clwb Nil 10.00 Garddio A Mwy

## **CHANNEL 4**

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104 Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.15 am Everybody Loves

Raymond (R,Ś) 6.40 Frasier Double bill. (R,S)

7.35 The Simpsons (R,S) 8.30 F1 Canadian Grand Prix

Qualifying Highlights The battle for pole in the ninth round of the season. (R,S)

9.30 Sunday Brunch With live music from Alfie Templeman. (S)

12.30 The Simpsons Three stories of revenge. (R,S)



1.00 The Simpsons (R,S) 2.30 FILM Kindergarten Cop Comedy, starring Arnold Schwarzenegger

(1990) ★★★★ (S)

4.35 FILM The Day The Earth
Stood Still Sci-fi remake, starring Keanu Reeves. (2008) ★★★ (S)

C4 News (S) Then Party Election Broadcast By The Liberal Democrats

7.00 The Great Celebrity Bake Off For Stand Up To Cancer (1/5) Emma Willis, Clara Amfo, Alex Horne and Blake Harrison take part in the challenge. (R,S)

8.00 Secret France With Dick And Angel (2/3) The Strawbridgès viśit an antiques market in

Gascony. (\$)

9.00 The Piano: The Final (7/7) The performers battle last minute nerves as the final concert arrives. Claudia Winkleman hosts. (S)

10.15 Celebrity Gogglebox A rolling cast of famous faces appraise the week's

television. (R,S)

11.20 Gogglebox (6/16) Our
Dementia Choir Sings Again with Vicky McClure is appraised. (R,S)

12.20 F1: Canadian Grand Prix

Highlights (S)

1.45-3.35am Rooney (R,S)

10.30 Beicio Mynydd Redbull Hardline 11.30 Dechrau Canu Dechrau Canmol 12noon Cerys Matthews A'r Goeden Faled 12.30pm Y Fets 1.30 Cymru Wyllt Gudd 2.30 Dan Do 3.00 Dan Do 3.25 Pum Merch, Tri Chopa Un Cwch 3.50 Yr Anialwch 4.50 Cysgu O Gwmpas

## **CHANNEL 5**

HD: Freeview 105 Sky 105 Virgin 105 FreeSat 105

.00 am Milkshake! 8.45 SpongeBob SquarePants (R,S) Followed by

Entertainment News On 5 9.10 Jane McDonald: My **Yorkshire** Jane visits the station featured in The Railway Children. (R,S)

10.00 Cruising With Jane McDonald (R S)

12.00 Isle Of Wight: Jewel Of The South The annual steam fair. (R,S)



1.00 Isle Of Wight: Jewel Of The South (R,S)

2.00 LIVE UK's Strongest Man 2024 Coverage of the final in Cardiff. (S)

5.00 Some Mothers Do 'Ave 'Em: 50 Years Of Laughs (R,S)

Then 5 News Weekend 6.30 Michael Crawford: Mr **Entertainment** (R

8.00 NEW The World's Most Luxurious Retirement Homes A look at the regal glamour of the Palace in Miami, the state-of-theart wellness facilities at the Ridge in Colorado, and a Downton Abbey lifestyle at Danny House in West Sussex. (S)

9.00 Shetland: Scotland's Wondrous Isles A look at Scalloway's annual fire festival, following JR Umphray as he has the honour of being the main organiser and ceremonial leader of the Scalloway event. (S)

10.00 Tommy Cooper: 30 Funniest Moments The most memorable sketches and routines from the comedian's career. (R,S)

12.00 Greatest Ever Celebrity Wind Ups Hilarious celebrity pranks. (R,S) 1.50-3.50am PlayOJO Live Casino Show (S)

5.20 Ffermio 5.50 Pobol Y Cwm Omnibws 7.00 Newyddion A Chwaraeon 7.15 Sgorio Rhyngwladol 10.00 Hen Dy Newydd 11.00-11.35pm Cymry Ar Gwnfas

11.15am Dress To Impress 1.15 In For A

Penny 2.00 In With A Shout For Soccer Aid 3.00 Celebrity Catchphrase 4.00 Bob's Burgers 4.55 FILM! Cloudy With A Chance Of Meatballs. An inventor's machine has a strange effect on the weather. Animated comedy, with the voice of Bill Hader. (2009) **6.45 FILM!** Pitch Perfect 2. The singers try to win the a cappella world championships after being beset by scandal. Comedy sequel, starring Anna Kendrick. (2015) **9.00 NEW EPISODE!** Love Island. The islanders begin their second week. 10.00 NEW SERIES Love Island: Aftersun. Companion programme. 11.05 Family Guy 12.05 American Dad! 1.05-2.05am All American

12noon Marple 8.00 Vera 10.00 Wire In The Blood 11.45 Endeavour 1.30 Bless This House 2.20-2.30am Unwind With ITV

11am LIVE SPORT! British Touring Car Championship. Coverage from Thruxton. 6.15 The Best Of The 90s 6.25 Mr Bean 7.00 Cycling: Criterium Du Dauphine Highlights 8.00 Cycling: Women's Tour Of Britain Highlights 9.00 FILM! Total Recall. Sci-fi thriller, starring Arnold Schwarzenegger (1990) 11.15 Monster Carp 12.15 The Sweeney 1.15 Lost Car Rescue 2.10 The Protectors **2.40-3am** Unwind With ITV

## **BBC THREE**

7pm Doctor Who 7.45 Doctor Who:

Unleashed 8.15 NEW EPISODE Shark Tank. Pitches include a portable product meant for beach hangs. **8.55** Ryan Tricks On The Streets 9.00 Crashed: \$800m Festival Fail 10.00 FILM! Blue Story. (2019) 11.30 **Bad Education** 12.30 Dave's Games 12.45 | Kissed A Boy 1.35 Such Brave Girls 2.55-3.55am Bad

## **BBC FOUR 7pm** Life Of A Mountain: A Year On

Helvellyn. Documentary capturing a year in the life of the Lake District's most popular peak. 8.30 NEW EPISODE! Inside Classical: Brahms Symphony No 4. The BBC Scottish Symphony Orchestra perform a symphony by Johannes Brahms. 10.00 NEW

Renny Rye Remembers: Karaoke, Director Renny Rye looks back on the part he played in Karaoke. 10.15 Karaoke. Starring Albert Finney. 1.50 Scuffles,

Swagger & Shakespeare: The Hidden Story Of Enalish 2.20-3.50am Life Of A Mountain: A Year On Helvellyn

## E4

11.15am The Great Celebrity Bake Off For Stand Up To Cancer 12.20 FiLM! Zathura: A Space Adventure (2005) 2.25 FILM! Peter Rabbit (2018) 4.10 The Big Bang Theory 7.05 FILM! 13 Going On 30 (2004) 9.00
FILM! Terminator 3: Rise Of The Machines.
With Arnold Schwarzenegger. (2003) 11.05
Open House: The Great Sex Experiment 12.15 The Inbetweeners 1.20 Naked Attraction 2.25 First Dates 3.20 Modern Family 3.45-6am Hollyoaks Omnibus

## **MORE4**

12noon Location, Location, Location 1.00 Come Dine With Me 3.40 Four In A Bed 6.20 Come Dine With Me 9.00 NEW EPISODE! 999: On The Front Line **10.00** 24 Hours In A&E **11.05** Emergency Helicopter Medics 12.10 999: On The Front Line 1.15 24 Hours In A&E **2.15** Emergency Helicopter Medics 3.20-3.50am A Place In The Sun

## **SUNDAY 9 JUNE**

### DAUF

7.10am Cop Car Workshop 8.00 Storage Hunters UK 9.00 Abandoned Engineering 11.00 Top Gear 1.00 Storage Hunters UK 3.00 Rick Stein's French Odyssey 5.00 Motorhoming With Merton & Webster 6.00 Cornwall With Simon Reeve 7.00 Storage Hunters UK 8.00 World's Most Dangerous Roads 9.00 Have I Got A Bit More News For You 10.00 QI 10.35 Mock The Week 12.00 Live At The Apollo 1.00 Red Dwarf 2.20 Two Pints Of Lager And A Packet Of Crisps 3.30-4am Whose Line Is It Anyway? USA

### **5USA**

9.10am Blue Bloods 1.05 NCIS 7.00 NCIS 10.00 Law & Order: Special Victims Unit 1.50 The Blacklist 2.50 Law & Order: Special Victims Unit 3.35-4am 999: Criminals Caught On Camera

### **5STAR**

8am Shoplifters: Catch Me If You Can 9.00 Shoplifters: Catch Me If You Can 12.00 When All Inclusive Holidays Go Horribly Wrong 1.00 Traffic Cops 5.00 Police Interceptors 9.00 FILM! Kinky Boots. Comedy drama, starring Chiwetel Ejiofor. (2005) 11.15 FILM! Dead Calm (1989) 1.20 It's Your Fault I'm Fat 2.20 Dogs Behaving (Very) Badly 3.05-3.55am Casualty 24/7: Every Second Counts

## SKY MIX

6am Border Patrol 8.00 The Brilliant World Of Tom Gates 2 8.30 Impossible Animals: Kids 8.45 Let's Game 9.15 Highway Patrol 11.00 999 Frontline 12.00 Brit Cops: Law & Disorder 1.00 Caught On Dashcam 3.00 Border Security: America's Front Line 5.00 Highway Cops 6.00 Caught On Dashcam 8.00 Nothing To Declare 9.00 The Pacific 10.00 FBI: Most Wanted 11.00 Forensics: Catching The Killer 12.00 The Real Manhunter 2.00 Motorway Patrol 4.00-6am Border Patrol

## REALLY

6am Celebrity Fantasy Homes 8.00
Celebrity Fantasy Homes 10.00 Dr Pimple
Popper 12.00 A Place In The Sun 7.00 The
Travelling Auctioneers 8.00 The Repair
Shop 9.00 Body Bizarre 10.00 Goddess
Face Tumour: Body Bizarre 11.00 Man With
Three Legs: Body Bizarre 12.00
Unexplained: Caught On Camera 1.00
Paranormal: Caught On Camera
4.00-6am Fantasy Homes By The Sea

### W

6.10am Tipping Point 11.00 My Family 1.00 Miranda 3.00 Michael McIntyre's The Wheel 7.00 Inside The Operating Theatre 9.00 Brothers & Sisters 11.00 Gemma And Gorka: Life Behind The Lens 12.00 Katie Piper's Face To Face 1.00 Wife Swap USA 2.00-3am The Undateables

## VESTERDAY

6.10am Secrets Of The Transport Museum 8.00 The World At War 12.00 The Yorkshire Steam Railway: All Aboard 3.00 Bangers & Cash 8.00 'Allo 'Allo! With Gordon Kaye.



Sky Sports Main Event

10.20 Bangers & Cash: Restoring Classics 11.20 How To Build A Motor Car 12.20 Bangers & Cash: Restoring Classics 1.20-2.15am Hornby: A Model World

## TALKING PICTURES

6am FILM! Undercover Girl (1958) 7.20
FILM! Open All Night (1934) 8.35 Look At
Life 8.50 FILM! The Gentle Trap (1960)
10.00 One Step Beyond 10.35 FILM!
Hangman's Wharf (1950) 11.45 FILM! High
Lonesome (1950) 11.25 Batman 2.00 The
Adventures Of Robin Hood 2.35 FILM! The
Malta Story (1953) 4.40 Look At Life 5.00
The Footage Detectives 6.00 Those British
Faces: A Tribute To Alastair Sim 6.30 Jane
Eyre 8.45 Look At Life 9.00 Crime Story
10.05 FILM! Room At The Top (1959) 12.25
FILM! The Light At The Edge Of The World
(1971) 2.55 The Heritage Chart Show
4.00 FILM! The Voice Of Merrill (1952)
5.40-6am FILM! The Grayson Case (1955)

### SKY ATLANTIC

6am Fish Town 9.00 True Blood 2.25 Billions 8.00 House Of The Dragon: War Room 9.00 The Tattooist Of Auschwitz 10.10 The Making Of The Tattooist Of Auschwitz 10.50 The Sympathizer 12.05 Euphoria 2.10 House Of The Dragon 3.15 The Time Traveler's Wife 4.10-6am Fish Town

### **SKY WITNESS**

6am Bondi Rescue 8.00 Border Patrol 11.00 Air Ambulance ER 12.00 Sun, Sea And A&E 1.00 Bondi Rescue 2.00 Nothing To Declare 8.00 NEW EPISODE! Caught On Dashcam 9.00 The Equalizer 10.00 Fire Country 11.00 The Cleaning Lady 12.00 FBI 1.00 FBI: International 2.00 NEW EPISODE! The Cleaning Lady 3.00 FBI: Most Wanted 4.00-6am Nothing To Declare

## GOLD

7.10am Are You Being Served? 9.00 Only Fools And Horses 8.20 Dad's Army 9.00 Ghosts 9.40 The Office 11.40 Ghosts 12.20 The Office 2.25 The Thin Blue Line 2.55-4am Lenny Henry's Race Through Comedy

## **COMEDY CENTRAL**

8am Most Ridiculous 8.35 Most Ridiculous Dangerous Dads 9.00 Friends 1.00 FILM! Bring It On (2000) 2.50 Friends 9.00 FILM! Austin Powers: The Spy Who S\*\*\*\*\*d Me. Comedy, starring Mike Myers. (1999) 10.55 Lee Evans: The Ultimate Experience 12.40 Jimmy Carr: Being Funny 1.40 The Ricky Gervais Show 2.40 South Park 4.00 Beavis And Butt-Head 4.15-5am Guessoble?

## SKY COMEDY

8am The Conners 10.30 Entourage 1.30 Veep 4.00 Will & Grace 6.30 The US Office 9.00 And Just Like That 10.30 Jerrod Carmichael: 8. Stand-up performance from 2017. 11.40 Divorce 1.00 Barry 2.15 Mrs Fletcher 3.55 Flatbush Misdemeanors 4.25-5am High Maintenance

## SKY MAX

6am Highway Patrol 7.00 NCIS: Los Angeles 12.00 Grimm 4.00 The Walking Dead 9.00 S.W.A.T 10.00 The Walking Dead: The Ones Who Live 11.05 A Discovery Of Witches 12.00 A League Of Their Own: Mexican Road Trip 1.00 Brassic 2.00 There's Something About Movies 3.00 Road Wars 4.00-6am Stop, Search, Seize

## SKY SCI-FI

6am Most Haunted 11.00 The Outpost 4.00 Quantum Leap 9.00 FILM! RoboCop 3 (1993) 11.00 Fantasy Island 12.50 FILM! Robot Apocalypse (2020) 2.25 The Outpost 3.15-6am Stargate SG-1

## **DISCOVERY**

6am Wheeler Dealers 12.00 Building Off The Grid 5.00 Deadliest Catch: Legend Of Jake Anderson 6.00 Gold Divers 7.00 Buying Alaska 8.00 Alaskan Bush People 9.00 Alaska: The Last Frontier 10.00 Wheeler Dealers World Tour 11.00 Roadworthy Rescues 12.00 Diesel Brothers 4.00-5am How Do They Do It?

### TIC

7am Say Yes To The Dress: Atlanta 8.00 Say Yes To The Dress 10.00 Little People, Big World 12.00 My Lottery Dream Home 1.00 My 600lb Life. Double bill. 3.00 7 Little Johnstons 5.00 Sister Wives 6.00 Brother Vs. Brother 7.00 Dr Pimple Popper 12.00 Body Bizarre 1.00 Body Invaders 2.00 Dr Pimple Popper 4.00 Brother Vs. Brother 5.00 Dr Drimple Popper 4.00 Brother Vs. Brother 5.00-6am Say Yes To The Dress: Atlanta

## **SKY CINEMA PREMIERE**

6.50am The Inseparables (2023) 8.25 Boonie Bears: Guardian Coda (2023) 10.15 Blue Beetle (2023) 12.35 Meg 2: The Trench (2023) 2.35 PREMIERE! Am I OK? (2022) 4.15 My Big Fat Greek Wedding 3 (2023) 5.50 Blue Beetle (2023) 8.00 Meg 2: The Trench (2023) 10.00 Am I OK? (2022) 11.35 The Royal Hotel (2023) 1.10 Ride On (2023) 3.30 Boonie Bears: Guardian Code (2023) 5.10-6.10am Sky Cinema Preview

## SKY CINEMA COMEDY

**7.20am** Clear History (2013) **9.10** Goon (2011) **10.50** My Big Fat Greek Wedding 2

The Memorial Tournament presented by Workday. 11.00 LIVE SPORT! LPGA Tour Golf. The ShopRite LPGA Classic Presented by Acer. 12.00-6am Sky Sports News

## **SKY SPORTS FOOTBALL**

6am EFL Cup Highlights 8.45 EFL Greatest Games 10.00 Championship Retro 12.00 EFL Greatest Games 1.00 Championship Season Review 2.00 EFL Trophy Football 2.30 Best Moments From The League 1 & 2 Play-Off Final (1993-2019) 3.00 EFL Cup Retro 5.45 EFL Greatest Games 7.00 Championship Season Review 8.00 EFL Trophy Football 8.30 EFL Rivalries 9.00 EFL Cup Retro 11.45 EFL Greatest Games 1.00 Championship Season Review 2.00 Best Goals: Eff Cup 2021-22 2.30 EFL Trophy Football 3.30 Old Firm Derby Best Goals 3.30 SPL: Edinburgh Derby Best Goals 4.00-6am SPFL Greatest Games

### **TNT SPORTS 1**

6am LIVE SPORT! AFL. Sydney Swans v Geelong Cats. Bounce-up at 6.20. 9.00 WWE SmackDown Highlights 10.00 LIVE SPORT! AFL. Essendon Bombers v Carlton



(2016) **12.35** Popstar: Never Stop Never Stopping (2016) **2.10** Failure To Launch (2006) **4.00** Jackie Chan's The Tuxedo (2002) **5.50** Talladega Nights: The Ballad Of Ricky Bobby (2006) **8.00** Barbie (2023) **10.05** Housesitter (1992) **11.50** Relax, I'm From The Future (2023) **1.30** Clear History (2013) **3.15** Goon (2011) **4.50-6.55am** 

Everybody Wants Some!! (2016)

## **SKY CINEMA ACTION**

6.40am Section 8 (2022) 8.25 Welcome
To The Punch (2013) 10.15 Ghost Rider:
Spirit Of Vengeance (2011) 12.00 XXx:
The Return Of Kander Cage (2017)
1.55 Section 8 (2022) 3.40 Mad Max: Fury
Road (2015) 5.50 Spider-Man (2002)
8.00 Spider-Man 2 (2004) 10.15 The
Scorpion King (2002) 11.55 Clean (2021)
1.30 Jackie Chan's Police Story 2 (1988)
3.35 Welcome To The Punch (2013)
5.20-6.55am Agent Game (2022)

## **GREAT! MOVIES**

9am FILM! Pretty Little Stalker (2018)
10.45 FILM! Fatal Getaway (2019) 12.25
FILM! Witness Unprotected (2018) 2.15
FILM! The Water Horse: Legend Of The
Deep (2007) 4.30 FILM! Fly Away Home
(1996) 6.45 FILM! Twins (1988) 9.00 FILM!
Out Of Sight (1998) 11.30 FILM! Bullet To
Beijing. Spy thriller sequel, starring Michael
Caine. (1995) 1.35 FILM! A Mother Betrayed
(2015) 3.30 Wild West Chronicles
4.00-4.55am FILM! The Rachels (2017)

## SKY SPORTS MAIN EVENT

6am Sky Sports News 7.00 LIVE SPORT! NRL.
Penrith Panthers v Manly Warringah Sea
Eagles. Kick-off at 7.05. 9.00 Good
Morning Sports Fans 10.00 Sky Sports
News 11.30 LIVE SPORT! DP World Tour Golf.
The Volvo Car Scandinavian Mixed. 3.00
LIVE SPORT! ICC Men's T20 World Cup. India
v Pakistan. 6.55 LIVE SPORT! F1. The
Canadian Grand Prix. Start-time at
7.00. 9.00 LIVE SPORT! PGA Tour Golf.

Blues. Bounce-up at 10.20. 1.00 Premier League Stories 1.30 LIVE SPORT! Premiership Women's Rugby. Saracens Women v Bristol Bears Women. Kick-off at 2.00. 4.15 LIVE SPORT! Premiership Women's Rugby. Gloucester-Hartpury Women's Rugby. Gloucester-Hartpury Women's Expert Chiefs Women. Kick-off at 4.30. 6.45 Wembley Stadium: A Stage For Icons 7.30 LIVE SPORT! Spanish Women's Liga F. Barcelona Women v Real Betis Women. Kick-off at 7.30. 9.30 NWSL 11.30 WNBA 12.30 NBA On Fire 1.00 LIVE SPORT! NBA. Boston Celtics v Dallas Mavericks. Tip-off at 1.00. 3.30 NBA On Fire 4.00 NBA Action 4.30-6am Ultimate Pool.

## **TNT SPORTS 2**

6am TNT Sports Reload 6.30 Gallagher Premiership Rugby Union 8.00 Hockey 10.00 LIVE SPØRT! Hockey. Germany v Australia. Push-back at 10.00.12.00 UEFA Europa League Gools Reload 12.15 LIVE SPØRT! Hockey. India v Great Britain. Push-back at 12.15. 2.15 UEFA Champions League Gools Reload 2.30 LIVE SPØRT! MLB. New York Mets v Philadelphia Phillies. 6.30 Premiership Rugby Union 10.00 Premiership Women's Rugby 12.00 LIVE SPØRT! MLB. New York Yankees v Los Angeles Dodgers. 3.15 MLB Plays Of The Week 3.45 MLB Highlights 4.45 What I Wore 5.00-6am Down The Clubhouse

## **TNT SPORTS 3**

6am LIVE SPORT! Badminton. The Indonesia Open finals. 11.30 Badminton Unlimited 12.00 NWSL 1.00 PSA Squash 2.30 LIVE SPORT! Hockey. Great Britain v India. 4.30 Inside Serie A 5.00 TNT Sports Goals Reload 5.15 LIVE SPORT! Hockey. Australia v Germany. 7.15 Sign Up – Into Football 8.00 Hockey 9.00 WWE SmackDown 10.00 Hockey 1.00 Gallagher Premiership Rugby Union 2.30 Investec Champions Cup 3.30 HSBC SVNS 4.30 Badminton Unlimited 5.00 Between The Lines 5.30 Badminton Weekly 5.45-6am MotoGP Rewind

## DON'T MISS

## MORE OF TODAY'S BEST TELLY













## **MONDAY 10 JUNE**

## BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S) 9.30 Morning Live (S) 10.45 NEW Scam Interceptors Rav Wilding and Jim Browning help to hunt down more cyber

criminals. (S) 11.15 Homes Under The Hammer Properties in Suffolk, Bexley and Staffordshire. (R.S)

12.15 Bargain Hunt The contestants search Wetherby Racecourse. (S)



1.00 BBC News At One (S) 2.00 Rip Off Britain (R,S) 2.30 Animal Park (R.S) 3.00 Escape To The Country (S) 3.45 Garden Rescue (R,S) 4.30 The Finish Line (S)

5.15 Pointless (R,S) 6.00 BBC News At Six (S)

6.30 BBC Regional News (S) 7.00 The One Show Live topical reports. (S)
7.30 SOAP EastEnders Johnny

and Elaine rally round Linda as she becomes emotional about Mick ahead of Father's Day. (S)

8.00 Panorama In-depth current affairs report. (S)

8.30 The Bidding Room Featuring a 1960s chair, a zodiac gyroscope, and a fairground game. (R,S)

9.00 Lost Boys And Fairies (2/3)

With preparations for the adoption well under way, a shocking event changes the new-found family's lives for ever. (S)

10.00 BBC News At Ten (S) 10.30 BBC Regional News (S) 10.40 Have I Got A Bit More News For You (10/10) With guests Carol Vorderman and Jack Dee. (R,S)

11.25 High: Surviving A Dubai Drugs Bust (4/5) (R,S)

11.55 High: Surviving A Dubai Drugs Bust (5/5) (R,S) 12.30-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 6.55-7pm Party Election Broadcast 8.30-9.00 The Crash Detectives 10.40 The Young Offenders 11.40

## BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.45 am Bargain Hunt (R,S)7.30 Clive Myrie's Caribbean Adventure Clive visits the district of Vedado, the most modern and affluent part of Havana. (R,S)

8.00 Sign Zone: Mammals
David Attenborough narrates a look into the lives of mammals. (R,S,SL) 9.00 BBC News (S)

12.15 Politics Live The latest stories from Westminster (S)



1.00 Impossible (R,S)

1.45 Mastermind (R,S) 2.15 Five Bedrooms (R,S)

3.00 Five Bedrooms (R,S) 3.45 The Farmers' Country Showdown (R,S)

4.15 Big Cats About The House Following the work of big cat expert Giles Clark. (R,S)

**5.15 Flog It**! (R,S) 6.00 Richard Osman's House

Of Games (R,S) 6.30 Clive Myrie's Caribbean Adventure (S)

7.00 Amazon: Earth's Great Rivers (1/3) The latest discoveries and secret locations of the

Amazon river. (R,S) 8.00 Springwatch (9/12) Megan McCubbin and loló Williams celebrate the wildlife in Britain's cities. (S)

9.00 On Thin Ice: Putin Vs **Greenpeace** (3/6) The Arctic Sunrise is captured and towed to Murmansk. (S)

9.30 On Thin Ice: Putin Vs Greenpeace (4/6) (S)

10.00 The Young Ones (5/6) (R,S) 10.30 Newsnight (S)

11.05 Hidden Treasures Of The National Trust (5/6) (R,S) 12.05 Best Of Glastonbury 2019

Highlights. (R,S)

2.10 Sign Zone: Countryfile

Rural reports. (R,S,SL) 3.05-3.35am Great British Railway Journeys (R,S,SL)

Hawe I Got A Bit More News For You 12.25am High: Surviving A Dubai Drugs Bust 1.25-6am BBC News ITV WALES 6.20-6.30pm Party Election Broadcast The Welsh Labour Party 10.45-11.45pm Sharp End \$4C 6am Cyw 12noon Newyddion \$4C A'r Tywydd

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain News, current affairs and lifestyle features. (S)

**9.00 Lorraine** Entertainment and fashion news. (S)

10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. Including

Local Weather. (S)
12.30 Loose Women Celebrity interviews and studio discussion. (S)



1.30 ITV Lunchtime News (S)

1.55 Regional News (S) 2.00 Dickinson's Real Deal (R,S) 3.00 Lingo (R,S)

4.00 Tipping Point (R,S) 5.00 The Chase (R,S)

6.00 Regional News (S) Then Party Election Broadcast By The Conservative Party 6.30 ITV Evening News (S)

7.30 SOAP Emmerdale Belle feigns illness to hide her

pregnancy from Tom. (S)
8.00 SOAP Coronation Street A sinister delivery for Toyah prompts Nick to issue Leanne with an ultimatum. (S)

9.00 NEW Long Lost Family: Born Without Trace Foundlings track down blood relatives. (S)

10.00 ITV News (S) 10.30 Regional News (S) 10.45 Unbelievable Moments Caught On Camera A

father saves his children from an alligator. (R,S) 11.45 Maternity: Broken Trust Investigating maternity care at Nottingham University

Hospitals Trust. (R,S) 12.55 Shop On TV 3.00 My Mum, Your Dad (R,S,SL) 3.50 Unwind With ITV (S) 5.05 Gino's Italy: Like Mamma

Used To Make (R,S,SL) 5.35-6am Gino's Italy: Secrets Of The South (R,S,SL)

12.05pm Sain Ffagan 12.30 Heno Aur 1.00 Dan Do 1.30 Welsh Whisperer - Ni'n Teithio Nowr! 2.00 Newyddion S4C x2.05 Prynhawn Do 3.00 Newyddion S4C A'T jwydd 3.05 Beito Mynydd Redbull Hardline 4.00 Awr Fawr: Brethyn A Fflwff 4.05 Awr Fawr: Caru

## CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104 Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am Cheers Two shows. (R,S) 7.25 Everybody Loves Raymond Sitcom. (R,S)

9.10 Frasier (R,S) 9.40 F1: Canadian Grand Prix Highlights (R,S)

11.10 Ramsay's Kitchen Nightmares USA (R,S)

12.05 C4 News (S) 12.10 Ramsay's Kitchen Nightmares USA A family-owned restaurant in Monrovia, California, (R.S)



1.10 Car S.O.S (R,S)

2.10 Countdown (S) 3.00 A Place In The Sun (R,S) 4.00 A Place In The Sun (S)

5.00 Sun, Sea And Selling Houses (S)

6.00 Four In A Bed (R,S)

6.30 The Simpsons (R,S)
7.00 C4 News (S) Followed Party **Election Broadcast The Scottish National Party** 

8.00 NEW Bake Off: The Professionals (1/10) A new batch of professional pastry chefs compete for the title, beginning by creating 36 tarte aux fraise and one chocolate amenity in just three and a half hours. (S)

9.00 NEW 24 Hours In A&E A 38-year-old is rushed in after coming off his motorbike, a skydiver has landed badly and a six-year-old has swallowed

an unknown object. (S) 10.00 Football Cops (2/4) Paul is in pursuit of the person who threw a flare in the Scunthorpe stands, while Macca tries to keep two groups of aggressive fans apart at the Walsall v Crewe game. (\$) 11.05 Italia 90: When Football

Changed Forever (R,S,SL) 1.55-2.40am Ramsay's 24 Hours To Hell And Back (R,S,SL)

Canu A Stori 4.15 Awr Fawr: Dreigiau Cadi 4.25 Awr Fawr: Pablo 4.40 Awr Fawr: Ne-wff-ion 5.00 Stwnsh: Lego Ffindiau: Amdani Ferched! 5.10 Stwnsh: Prys A<sup>\*</sup>T. Pryfed 5.25 Stwnsh: Lolipo 5.50 Stwnsh: Newyddion Ni 6.00 Colleen Ramsey: Bywyd A Bwyd 6.30 Rownd A

## CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake! **9.15 Jeremy Vine** The broadcaster and guests discuss the issues of

the day. (S)
11.15 Storm Huntley Debate on the day's talking points continues. (S)

12.45 Friends Double bill. Chandler goes missing. Then, the search for Chandler continues. (R,S) Followed by 5 News



10pm The Hospital: Life On The Line

1.45 SOAP Home And Away Dana does a runner. (R,S)

2.20 FILM Seduced By Murder Thriller, starring Katie
Reese. (2022) ★★ (R,S)

4.00 Bargain-Loving Brits

In The Sun (R,S)

5.00 5 News At 5 (S) 6.00 Police Interceptors (R,S) Followed by 5 News

7.00 Traffic Cops (6/12) Officers pursue a reckless getaway driver in a stolen car. (R,S)

Followed by 5 News 8.00 Motorway Cops: Catching **Britain's Speeders** (9/10) A driver refuses to stop for PC Brian Camsell and

ditches his car. (S)

9.00 Inside The Force (12/12) Officers deal with alcohol-related incidents in Middlesbrough town centre, attending a serious assault outside a club that left a man unconscious. (S)

10.00 The Hospital: Life On The Line Chuck Maclean and his team carry out a complex operation on 60-year-old Margo, who is in urgent need of lifesaving heart surgery. (S)
11.05 999: Critical

Condition (2/8) (R,S) 12.05 Ultimate Police

Interceptors (R,S) 1.00-3am PlayOJO Live Casino Show (S)

Rownd 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C Ar Tywydd 8.00 Y Byd Yn Ei Le 8.25 Garddio A Mwy 8.55 Newyddion S4C Ar Tywydd 9.00 Ffermio 9.30 'Gymracg: Hawl Pob Petnyn 10.30 Ein Llwybrau Celtaidd 11.00-11.35pm Gerddi Cymru

## FREEUIEW AND SATELLITE CHANNELS

12noon Dress To Impress 1.00 Wheel Of Fortune 2.00 Family Fortunes **3.00** Veronica Mars 4.00 Dawson's Creek 5.00 Dress To Impress 6.00 Celebrity Catchphrase 7.00 Deal Or No. Deal 8.00 Bob's Burgers 9.00
NEW EPISODE! Love Island 10.05 NEW SERIES! Olivia Attwood: The Price Of Perfection 11.05 Family Guy 12.05 American Dad! 1.05 Bob's Burgers 2.05 Totally Bonkers Guinness World Records 2.35-3am Unwind With ITV

## ITV3

11.20am Heartbeat 1.40 Classic Emmerdale **2.40** Classic Coronation Street **3.45** Inspector Morse **5.55** Heartbeat **8.00** McDonald & Dodds **10.00** Wire In The Blood 11.50 The Royal 12.50 Upstairs, Downstairs 1.55-2.30am Unwind With ITV

11.25am BattleBots 12.30 The Return Of Sherlock Holmes 1.40 Magnum, Pl 2.40 Kojak 3.40 Minder 4.50 The Sweeney 6.00 BattleBots 7.00 The Chase Celebrity Special **8.00 FILM** Moonraker (1979) **10.40 FILM** The Silence Of The Lambs (1991) **12.55** Motorsport UK **1.50** Auto Mundial 2.20 Motorsport Mundial 2.45-3am Unwind With ITV

## <u>bb</u>c three

**7pm** The Fast And The Farmer-ish 7.30 NEW EPISODE! Shark Tank 8.50 The Catch Up; Ryan Tricks On The Streets 9.00 Roman Kemp: The Fight For Young Lives **10.00** Bad Education: Reunion Special. A reunion party that descends into mayhem. 10.45 Dubai Hustle 11.45 I Kissed A Boy 12.35 Confessions Of A Teenage Fraudster

1.20 Bad Education: Reunion Special 2.05 Dubai Hustle 3.05 My Mate's A Bad Date 3.30-3.55am Doctor Who: Unleashed

### BBC FOUR

**7pm** Great British Railway Journeys **7.30** Villages By The Sea **8.00** Michael Palin And The Ladies Who Loved Matisse 9.00 NEW! Easter Island Origins 10.00 NEW EPISODE! The Sky At Night 10.30 Queen Victoria's Letters: A Monarch Unveiled **11.30** Gilbert And George: No Surrender: Imagine 12.20 Great British Railway Journeys 12.50 Villages By

The Sea 1.20 Easter Island Origins 2.20-3.20am Michael Palin And The Ladies Who Loved Matisse

12noon The Big Bang Theory 2.00
The Goldbergs 3.00 Modern Family
4.00 Young Sheldon 5.00 The Big
Bang Theory 7.00 NEW EPISODE!
Hollyaaks 7.30 Come Dine With Me 8.00 Dance Moms 9.00 NEW EPISODE! Made In Chelsea 10.00 Gogglebox 11.05 First Dates 12.10 The Big Bang Theory 1.10 Brooklyn Nine-Nine 2.10 Modern Family 2.35 Dance Moms 3.25 Made In Chelsea **4.20** The Neighborhood **5.10-6am** Brooklyn Nine-Nine

11.25am Find It, Fix It, Flog It 12.30 Come Dine With Me 3.10 Four In A

Bed 5.50 Château DIY 6.55 Car S.O.S **7.55** Grand Designs **9.00 NEW EPISODE!** PopMaster TV 10.00 8 Out Of 10 Cats Does Countdown 11.05 24 Hours In A&E 12.10 PopMaster TV 1.15 999: On The Front Line 2.15 24 Hours In A&E 3.20-3.50am A Place In The Sun

11am Went The Day Well? (1942) 12.50 Footsteps In The Fog (1955) **2.35** Pool Of London (1951) **4.20** Von Ryan's Express (1965) **6.45** Charlie's Angels (2019) **9.00** Infinite (2021) **11.05** The Grey (2011) 1.20-3.25am Upgrade (2018)

11 35am The Outer Limits 12 40 FILM Yellow Sky (1948) 2.35 A Chance To Learn 3.00 The Saint 4.00 FILM Man On The Run (1949) 7.00 The Flum Out Of The Fog (1962) 7.00 The Footage Detectives 8.00 Enemy At The Door 9.05 FILM The Wild Affair (1965) 10.55 Harold Shipman: Doctor Death 12.50 FILM Flight From Vienna (1956) 2.00 Maigret 3.50 Look At Life 4.00 Justice 5.00 The Lloyd Bridges Show **5.30-6am** Honey West

### **GREAT! ACTION**

12noon Wild West Chronicles 1.00 FILM The Stranger Wore A Gun (1953) **2.55 FILM** The Last Days Of Frank And Jesse James (1986) **5.15 FILM** Hijack (1999) **7.10 FILM** Arctic Apocalypse (2018) **9.00 FILM** Stash House (2012) **11.10 FILM** The Defender (2004) 1 00 FILM Son Of A Gun (2015) **3.15** The Blitz On Berlin 4.20-4.50am Wild West Chronicles

## **TUESDAY 11 JUNE**

## BBC1

## HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S) 9.30 Morning Live (S) 10.45 Scam Interceptors (S)

11.15 Homes Under The Hammer Property auction. (S) 12.15 Bargain Hunt Natasha

Raskin Sharp presents the show from Harrogate, while the experts Richard Madley and Roo Irvine lend a hand to the Reds and Blues before battling it out at auction. (R.S)



1.00 BBC News At One (S) 2.00 Rip Off Britain (R,S)

2.30 Animal Park (R,S) 3.00 Escape To The Country Rural retreats. (R,S)
3.45 Garden Rescue (R,S)

4.30 The Finish Line (S)

5.15 Pointless (R,S) 6.00 BBC News At Six (S) 6.30 BBC Regional News (S) Followed by Party Election Broadcast

7.00 The One Show Lauren Laverne and Jermaine Jenas present another mix of nationwide reports and live studio-based chat. (S)

7.30 SOAP EastEnders Johnny and Sharon desperately try to sober Linda up. (S)

8.00 Sort Your Life Out With Stacey Solomon (4/6) Stacey helps the Daniels family get rid of unnecessary clutter including 905 items of baby clothing and 492 DVDs. (R,S)

9.00 The Great British Sewing Bee (4/10) The sewers compete in Reduce Reuse Recycle week. (S)

10.00 BBC News (S) 10.30 BBC Regional News (S)

10.40 Panorama (S) 11.10 Tokyo Vice (9 & 10/10) Crime drama, starring

Ansel Elgort. (S)
1.10-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 6.55-7pm Party Election Broadcast 8.00 Wales' Home Of The Year 8.30-9pm The Crash Detectives

## BBC2

## HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.45 am Bargain Hunt (R,S) 7.30 Clive Myrie's Caribbean

Adventure (R,S)
8.00 Sign Zone: The Great
British Sewing Bee The sewers make a summer blouse from old tablecloths and outfits inspired by the French Riviera. (R,S,SL)

9.00 BBC News (S) 12.15 Politics Live The latest stories from Westminster and beyond. (S)



1.00 Impossible (R,S)

1.45 Mastermind (R,S)

2.15 Five Bedrooms (R.S)

3.00 Stanley Tucci: Searching For Italy (R,S)
3.45 The Farmers' Country

Showdown (R,S)
4.15 Big Cats About The House
Maya the jaguar begins to
explore the house. (R,S)

5.15 Flog It! (R,S) 6.00 Richard Osman's House

Of Games (R,S) 6.30 Clive Myrie's Caribbean

Adventure (S) 7.00 Nile: Earth's Great Rivers (2/3) Following the wildlife, landscapes and

people of the world's longest river. (R,S) 8.00 Springwatch (10/12) (S) 9.00 On Thin Ice: Putin Vs

Greenpeace (5/6) (S) 9.30 On Thin Ice: Putin Vs

Greenpeace (6/6) (\$) 10.00 Meet The Richardsons (4/6) Jon and Lucy attend a Halloween party. (R,S)

10.30 Newsnight (S) 11.05 FILM Effie Gray Fact-based period drama, starring
Dakota Fanning and Tom
Sturridge. (2014) ★★★ (S)

12.45 Sign Zone: Hidden

Treasures Of The National Trust (R.S.SL)

1.45 David & Jay's Touring Toolshed (R,S,SL) 2.15-3.15am The Outlaws (R,S,SL)

BBC TWO WALES As main BBC TWO except: 1.45pm First Minister's Questions 2.45 Mastermina 3.15 Five Bedrooms 4.00 Stanley Tucci: Searching For Italy 4.45-5.15pm The Farmer's Country Showdown ITV WALES 6.20-6.30pm Party Election Broadcast By

## ITV1

## HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain News, current affairs and lifestyle features. (S)

9.00 Lorraine Entertainment and

fashion news. (S)
10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather, (S)

12.30 Loose Women Topical debate from a female perspective. (S)



1.30 ITV Lunchtime News (S) 1.55 Regional News (S)

2.00 Dickinson's Real Deal (R,S) 3.00 Lingo (R,S) 4.00 Tipping Point (R,S) 5.00 The Chase Quiz. (R,S)

6.00 Regional News (S) Then

Party Election Broadcast By The Labour Party 6.30 ITV Evening News (S)

7.30 SOAP Emmerdale Tom interrogates a nervous Belle, and Ruby is riddled with guilt as Manpreet confides in her. (S)

8.00 The Martin Lewis Money Show: Summer Special The money-saving expert gives holiday financial advice. (S)

9.00 Long Lost Family: Born Without Trace Rachel and Steve search for DNA connections. (S)

10.00 ITV News (S) 10.30 Regional News (S)

10.45 FILM Skyfall James Bond hunts the mastermind behind a terrorist attack on MI6, and discovers a former agent with revenge in mind. Action thriller, starring Daniel Craig. (2012) \*\*\*\*\* (S)

1.05 Shop On TV 3.00 My Mum, Your Dad (R,S,SL) 3.50 Unwind With ITV (S)

5.05-6am James Martin's Spanish Adventure (R.S.SL)

The Welsh Conservative Party
\$4C 6am Cyw 12noon Newyddion S4C A'r Tywydd
12.05pm Bwrdd 1 Dri 12.30 Heno 1.00 Ceffylou,
Sheikhs A Chowbois 1.30 Fermio 2.00 Newyddion
S4C A'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion

## **CHANNEL 4**

## HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126 Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

30 am Cheers Two shows. (R,S) **7.20 Everybody Loves Raymond**Four episodes. (R,S) 9.10 Frasier (R,S)

11.10 Ramsay's Kitchen Nightmares USA (R,S)

12.05 C4 News (S) 12.10 Ramsay's Kitchen Nightmares USA Part one of two. Gordon visits Mill Street Bistro in Norwalk, Ohio, where he encounters a difficult owner. (R.S)



1.10 Car S.O.S (R,S)

2.10 Countdown (S) 3.00 A Place In The Sun (R,S) 4.00 A Place In The Sun (S) 5.00 Sun, Sea And Selling

Houses Documentary. (S) 6.00 Four In A Bed (R,S)

**6.30 The Simpsons** (R,S) **7.00 C4 News** (S) 8.00 Bake Off: The Professionals

(2/10) The teams must reimagine the classic custard tart. (S)

9.00 NEW The Fall: Skydive Murder Plot (1/3)

An in-depth look at Victoria Cilliers' apparent skydiving accident. (S)

10.00 Queenie (5/8) A long

line of rejection and betrayal bring Queenie to breaking-point as the past catches up with her. (S) 10.35 Queenie (6/8) The true

extent of Queenie's childhood trauma

becomes apparent. (S)
11.05 The Rest Is Politics: Election Special Alastair Campbell and Rory Stewart discuss the latest from the election campaigns. (S)
12.10 NEW The Silence Croatian

and Ukrainian drama. (S)

1.10 Imposter: The Man Who Came Back From The Dead (R,S)

2.05-3am Taskmasterclass With Greg Davies. (R,S,SL)

S4C 3.05 Hen Dy Newydd 4.00 Awr Fawr: Y Tralalas 4.05 Awr Fawr: Sam Tan 4.15 Awr Fawr: Byd Tad-Cu 4.30 Awr Fawr: Sion Y Chef 4.45 Awr Fawr: Sigldfigwt 5.00 Stwnsh: Mwy O Stwnsh Sadwrs 5.25 Stwnsh: Bwystfil 5.35 Stwnsh: Lego DREAMZzz 6.00 Cymry Ar

## **CHANNEL 5**

## HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!

9.15 Jeremy Vine (S) 11.15 Storm Huntley Debate on the day's talking points continues. (S)

12.45 Friends Rachel tries to

decide what to do next, while Phoebe takes some of the heat off her by claiming she is the one who is pregnant. Jennifer Aniston and Lisa Kudrow star. (R.S)



1.10 Friends Comedy. (R,S) Followed by 5 News

1.45 SOAP Home And Away Dana sneaks out of Xander's place, but

forgets her phone. (R,S)
FILM The Teacher: Secrets **That Kill** Thriller, starring Rhonda Dent and Kaden Connors. (2021) ★★★ (R,S)

4.00 Bargain-Loving Brits In The Sun Documentary. (R,S)

5.00 5 News At 5 (S)

6.00 Police Interceptors Jen and her dog Quantum search for a dangerous suspect. (R,S) Followed by 5 News Update
7.00 NEW The Motorway

Hotel (1/4) A look inside a family run business, vards from the M6 in Staffordshire. (S) Followed

by 5 News Update
8.00 The Yorkshire Vet David Melleney attempts to treat an injured alpaca. (S)

9.00 Police Raid: Minute

9.00 Police Raid: Minute
By Minute (3/3) An elite
task force track down a
crime gang suspected of
supplying drugs. (S)
10.00 My Mother, My Abuser (R,S)
11.05 Crimes That Shook Britain

(6/6) Documentary. (R,S) 12.05 Ultimate Police

Interceptors (R,S)

1.00-3am PlayOJO Live Casino Show (S)

Gynfas 6.30 Ma'i Off 'Ma 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C 8.00 Pobol Y Cwm 8.25 Rownd A Rownd 8.55 Newyddion S4C A'r Tywydd 9.00 Y Llinell Las 10.00 Y Byd Yn Ei Le 10.30 Pum Merch, Tri Chopa, Un Cwch 11.00-11.35pm Codi Hwyl

## FREEVIEW AND SATELLITE CHANNELS

12noon Dress To Impress 1.00 Deal Or No Deal **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Dawson's Creek 5.00 Dress To Impress 6.00 Celebrity
Catchphrase 7.00 Deal Or No Deal 8.00 Bob's Burgers 9.00 NEW EPISODE! Love Island 10.05 NEW EPISODE! Extraordinary 10.40 Family Guy 11.35 American Dad! 12.35 Bob's Burgers 1.35 G'wed 2.05 Totally Bonkers Guinness World Records 2.35-3am Unwind With ITV

11.20am Heartbeat 1.40 Classic Emmerdale **2.40** Classic Coronation Street **3.45** Inspector Morse **5.55** Heartbeat **8.00** Midsomer Murders 10.00 Wire

In The Blood 11.55 The Royal 12.50 Upstairs, Downstairs 1.55-2.30am Unwind With ITV

### HTU4

11.25am BattleBots 12.25 The Return Of Sherlock Holmes 1.35 Magnum, Pl 2.40 Kojak 3.40 Minder **4.50** The Sweeney **6.00** BattleBots **7.00** The Chase Celebrity Special 8.00 FILM Hulk. Comic-book adventure, starring Eric Bana. (2003) 10.45 All Elite Wrestling: Rampage 11.55 Auto Mundial 12.20 Motorsport Mundial 12.50 Minder 1.50 The Chase Celebrity Christmas Special **2.45-3am** Unwind With ITV

7pm The Fast And The Farmer-ish 7.30 NEW EPISODE! Shark Tank

8.50 Ryan Tricks On The Streets 9.00 FILM The Others. Period supernatural thriller. (2001) 10.40 Fresh Cops 11.40 Confessions Of A Teenage Fraudster 12.25 I Kissed A Boy 1.10 Charlotte In Sunderland 2.10 The Fast And The Farmer-ish 2.40 Fresh Cops 3.40-4am My Mate's A Bad Date

7pm Great British Railway Journeys 7.30 Villages By The Sea 8.00
Rigs Of Nigg 9.00 One Foot In The Grave 9.30 Butterflies 10.00 NEW EPISODE! Copa '71: The Lost Lionesses – Storyville. A look at the 1971 watershed football tournament in Mexico City. 11.20 Fever Pitch: The Rise Of The Premier League 1.20 Great British Railway Journeys 1.50 Villages By The Sea 2.20-3.20am Rigs Of Nigg

12noon The Big Bang Theory 2.00 The Goldbergs 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory 7.00 NEW EPISODE! Hollyoaks 7.30 Come Dine With Me 8.00 Dance Moms 9.00 Gogglebox 10.00 Naked Attraction 11.05 First Dates 12.10 The Big Bang Theory 1.15 Brooklyn Nine-Nine 2.10 Modern Family 3.00 Dance Moms 3.50 Ramsay's Kitchen Nightmares USA 4.40-6am The Neighborhood

11.25am Find It, Fix It, Flog It 12.30 Come Dine With Me 3.10 Four In A Bed **5.50** Château DIY **6.55** Car S.O.S **7.55** Grand Designs **9.00 NEW EPISODE!** PopMaster TV. With contestants from Worcester, Perth,

Glasgow, Southport and Bedford, 10.00 Sounds Like The 80s 11.05 24 Hours In A&E 12.10 PopMaster TV 1.15 999: On The Front Line 2.15 24 Hours In A&E 3.20-3.50am A Place In The Sun

**11am** True Grit (1969) **1.50** The Sons Of Katie Elder (1965) **4.25** Jason And The Argonauts (1963) 6.35 The Eagle (2011) 9.00 Monster Hunter. Fantasy adventure, starring Milla Jovovich. (2020) 11.05 The Big Man (1990) 1.25-3.45am Kes (1969)

## **TALKING PICTU**

12noon Worzel Gummidge 12.35 FILM Rogue's Yarn (1957) 2.10 Jane Eyre 4.25 FILM Smokescreen (1964) 5.55 The Beverly Hillbillies

6.30 Scotland Yard 7.05 Four Star Theatre **7.35** Dangerous
Assignment **8.05** Manhunt **9.05** Maigret 11.15 Cellar Club With Caroline Munro 11.20 FILM Christine (1983) **1.35** Cellar Club With Caroline Munro **1.40 FILM** Pin (1988) 3.45 Cellar Club With Caroline Munro 3.50-5.25am FILM A Stranger In Town (1957)

## **GREAT! ACTION**

12noon Wild West Chronicles 1.00 FILM Aces 'N' Eights (2008) 2.45 FILM Mackenna's Gold (1969) 5.15 FILM Surface To Air (1997) 7.10 FILM Asteroid-a-geddon (2020) 9.00 FILM Killing Salazar (2016) 11.05 FILM Contract To Kill (2016) 1.05 FILM 6 Below: Miracle On The Mountain (2017) 3.00 Battle For Warsaw 3.50-4.50am War Machines

## **WEDNESDAY 12 JUNE**

## BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S) 9.30 Morning Live (S) 10.45 Scam Interceptors

Investigating the scammers

hurling a barrage of abuse at their victims. (S) 11.15 Homes Under The Hammer A double dose of Dorset dwellings and a missing

toilet in Cumbria. (R,S) 12.15 Bargain Hunt From the Kent County Showground in Detling. (R,S)



1.00 BBC News At One (S)

2.00 Rip Off Britain (R,S) 2.30 Animal Park (R.S)

3.00 Escape To The Country
Searching in Suffolk. (R,S)
3.45 Garden Rescue (R,S)

4.30 The Finish Line (S)

5.15 Pointless (R,S) 6.00 BBC News At Six (S)

6.30 BBC Regional News (S)

Followed by Party Election Broadcast 7.00 The One Show Presented by Alex Jones and

Jermaine Jenas. (S) 7.30 SOAP EastEnders Sharon finally tells Albie about

Keanu's death. (S) 8.00 The Repair Shop (6/25) Experts restore a 1990s BMX bike, a dress that once belonged to drag queen Danny La Rue, a painting from Holloway Fire Station and a

dynamometer. (S) 9.00 Who Do You Think You Are? (3/7) Alex Scott finds out about the Jewish ancestry on her mum's side and travels to Jamaica to learn about the ancestors of her

grandparents. (R,S) 10.00 BBC News At Ten (S) 10.30 BBC Regional News (S) 10.40 The Traitors US Double bill of the backstabbing game.

Alan Cumming hosts. (R,S)
12.45-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 6.55-7pm Party Election Broadcast 9.00-10.00 Max Boyce At 80 10.40 BBC Wales Live 11.10 The Traitors

## BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.30 am Homes Under The

Hammer (R,S)
7.30 Clive Myrie's Caribbean

Adventure (R,S) 8.00 Sign Zone: Rick Stein's

Food Stories (R,S,SL)

8.30 Great British Railway

Journeys Michael Portillo travels to Dundee. (R,S,SL)

9.00 BBC News (S)
12.15 Politics Live The latest stories from Westminster and beyond. (S)



1.00 Impossible (R,S)

1.45 Mastermind (R,S)

2.15 Five Bedrooms (R.S)

3.00 Stanley Tucci: Searching
For Italy (R,S)
3.45 The Farmers' Country

Showdown (R,S)
4.15 Big Cats About The House
An injured cheetah needs Giles's help. (R,S)

5.15 Flog It! (R,S) 6.00 Richard Osman's House

Of Games (R,S) 6.30 Clive Myrie's Caribbean

Adventure (S) 7.00 Your Garden Made Perfect (6/6) A couple's West

Sussex garden. (R,S) 8.00 Springwatch (11/12) Iolo
Williams dives into the
secret lives of little owls. (S)

9.00 The Misadventures Of Romesh Ranganathan

(3/3) Romesh travels to the island of Madagascar. (S) 10.00 Inside No 9 (6/6) The final episode of the award-winning anthology. (S)

10.30 Newsnight (S)
11.05 Unspun World With John Simpson (S)
11.30 FILM The Conversation

Starring Gene Hackman. (1974) ★★★★★ (S)

1.20 Sign Zone: Race Across The World (R,S,SL) 2.20-3.20am The Misadventures

Of Romesh Ranganathan Visiting Uganda. (R,S,SL)

US 1.10-6am BBC News ITV WALES 6.25-6.30pm Party Election Broadcast By Plaid Cymru \$4C 6am Cyw 11.00 Cyw 12noon Hewyddion \$4C A'r Tywydd 12.05pm Richard Holt: Yr Academi Felys 12.30 Heno 1.00 Codi Hwyl 1.30 Garddio A Mwy 2.00

## ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain News, current affairs and lifestyle features. (S)

9.00 Lorraine Entertainment and fashion news. (S)

10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather, (S)

12.30 Loose Women Topical debate from a female perspective. (S)



1.30 ITV Lunchtime News (S)

1.55 Regional News (S)

2.00 Dickinson's Real Deal (R,S) 3.00 Lingo (R,S)

4.00 Tipping Point (R,S) 5.00 The Chase (R,S)

6.00 Regional News (S) Then Party Election Broadcast By The Liberal Democrats

6.30 ITV Evening News (S) 7.00 Tonight: The Leadership Interviews – Rishi Sunak Paul Brand interviews Prime Minister Rishi Sunak. (S)

7.30 SOAP Emmerdale Vinny leans in for a kiss with Gabby. (S)

8.00 SOAP Coronation Street Toyah receives frightening news about Leanne. (S)

9.00 Long Lost Family: Born Without Trace Liz from Birmingham and Susanne from East London search for their families. (S)

10.00 ITV News (S)

10.30 Regional News (S) 10.45 Peston Political magazine show, hosted by Robert

Peston. (S)
11.40 Absolutely India: Mancs

In Mumbai (6/6) (R,S)
12.05 ITV Studio Sessions (R.S)

12.30 Shop On TV

3.00 Tonight: The Leader Interviews (R,S) 3.25 Unwind With ITV (S)

4.40-6am D-Day 80 At The Royal Albert Hall (R,S,SL)

Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Y Gymraeg: Hawl Pob Plentyn **4.00** Awr Fawr: Timpo **4.10** Awr Fawr: Octonots 4.20 Awr Fawr: Anifelliaid Bach Y Byd **4.30** Awr Fawr: Crawc A'i Ffrindiau **4.45** Awr Fawr: Kim A Cet A Twrch

## **CHANNEL 4**

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am Cheers Two shows. (R,S) **7.20 Everybody Loves Raymond**Four episodes. (R,S)

9.10 Frasier (R,S) 11.10 Ramsay's Kitchen Nightmares USA Mill Street Bistro proprietor slips back into his old ways. (R,S)

12.05 C4 News (S) 12.10 Ramsay's Kitchen Nightmares USA A Greek restaurant with a menu unchanged since 1984. (R)



1.10 Car S.O.S (R,S)

2.10 Countdown (S) 3.00 A Place In The Sun (R,S) 4.00 A Place In The Sun (S)

5.00 Sun, Sea And Selling

Houses (S) 6.00 Four In A Bed (R,S) **6.30 The Simpsons** (R,S) **7.00 C4 News** (S)

8.00 Location, Location, **Location** The hosts catch up with house-hunters who wanted to leave London. (S)
9.00 The Fall: Skydive Murder

Plot (2/3) Victoria describes her recollection of the parachute jump and what made her question her marriage. (S)

10.00 Queenie (7/8) With her birthday due, Queenie ponders her relationship with her mother. (S)

10.35 Queenie (8/8) Decisions

torment Queenie. (S)

11.10 Married To A Psychopath Part one of two. The hunt for a murderer who targeted wealthy women for their money. (R,S,SL)

12.10 Married To A Psychopath Part two of two. (R,S,SL)

1.05 The Piano: The Final With

Claudia Winkleman. (R,S,SL)
2.15-3.50am FILM Two Of Us

Romantic drama, starring Barbara Sukowa. (2020) \*\*\*\* (S,SL)

5.00 Stwnsh: Dennis A Dannedd 5.10 Stwnsh: Chwarter Call 5.25 Stwnsh: Seligo 5.30 Stwnsh: Potsh 5.50 Stwnsh: Newyddion Ni 6.00 Cais Guinnell 6.30 Rownd A Rownd 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C A'r Tywydd 8.00 Pobol Y Cwm 8.25

## **CHANNEL 5**

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake! **9.15 Jeremy Vine** The broadcaster discusses the

issues of the day. (S)
11.15 Storm Huntley Debate on the day's talking points continues. (S) 12.45 Friends Double bill. Rachel

reveals the identity of the father of her baby. Then, Ross and Rachel argue about why they slept together. (R,S) Then **5 News** 



1.45 SOAP Home And Away Eden answers the phone to a distressed and

angry Imogen. (R,S)

2.15 FILM PREMIERE Blood In The Water Thriller, starring Lindsey Dresbach.
(2024) \*\*\* (S)

4.00 Bargain-Loving Brits In

The Sun (R,S)

5.00 5 News At 5 (S) 6.00 Police Interceptors A dangerous driver leads the team on a white-knuckle ride. (R,S) Then **5 News** 

7.00 The Motorway Hotel (2/4) Emily and Ness try to sell the hotel as a wedding venue. (S) Followed by **5 News Update** 

8.00 The Motorway The entire motorway must be shut down after a high-speed

motorbike crash. (S)
9.00 Casualty 24/7: Every
Second Counts (5/16) Due to a shortage of space, the department is at risk of

complete gridlock. (\$)

10.00 Trauma Room One (5/8)

A patient is sped into

theatre after a stroke. (R,S)

11.05 999: Emergency Call Out
(9/10) A team responds to à hit-and-run. (R,S)

12.05 Motorway Cops: Catching Britain's Speeders (R,S) 1.00-3am PlayOJO Live Casino **Show** Gambling show. (S)

Ma'i Off 'Ma **8.55** Newyddion S4C A'r Tywydd **9.00** Pawb A'i Farm: Etholiad 2024 **10.00** Ceffylau, Sheikhs A Chowbois **10.30-11.35pm** Yr Anialwch

## FREEUIEW AND SATELLITE CHANNELS

12noon Dress To Impress 1.00 Deal Or No Deal **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Dawson's Creek 5.00 Dress To Impress 6.00 Catchphrase Celebrity Special 7.00 Deal Or No Deal **8.00** Bob's Burgers **9.00 NEW EPISODE!** Love Island. More drama from the villa. 10.05 G'wed 10.40 Family Guy 11.35 American Dad! 12.35 Bob's Burgers 1.35 Extraordinary 2.10 World's Funniest Videos 2.40-3am Unwind With ITV

11.40am Heartbeat 1.40 Classic Emmerdale **2.40** Classic Coronation Street **3.45** Inspector Morse 5.55 Heartbeat 8.00 Midsomer Murders, Drama,

10.00 Wire In The Blood 11.55 The Royal 12.50 Upstairs, Downstairs 2.00-2.30am Unwind With ITV

11.30am BattleBots 12.25 The Return Of Sherlock Holmes 1.35 Magnum, Pl 2.35 Kojak 3.40 Minder 4.50 The Sweeney 6.00 BattleBots 6.55 The Chase Celebrity Special **8.00** Isle Of Man TT **9.00 FILM** Total Recall (1990) Sci-fi adventure. 11.15 All Elite Wrestling: Collision 1.10 The Sweeney 2.05 The Protectors 2.30-3am Unwind With ITV

7pm NEW SERIES! The Traitors US 8.00 NEW EPISODE! The Traitors US 9.00 NEW EPISODE! Confessions Of A Teenage Fraudster

**9.45** The Young Offenders **10.45** Back To Life **11.35** Confessions Of A Teenage Fraudster **12.20** I Kissed A Boy 1.05 Boot Dreams: Now Or Never 2.05 Back To Life 2.55-3.55am Roman Kemp: The Fight For Young Lives

### BBC FOUR

7pm Great British Railway Journeys 7.30 Villages By The Sea 8.00 Full Circle With Michael Palin 8.50 Michael Palin: The Art Of Travel 9.00 Rise Of The Nazis: The Manhunt 10.00 NEW! Don Warrington And Tony Jordan Remember Death In Paradise 10.15 Death In Paradise 11.15 Fever Pitch: The Rise Of The Premie League 1.15 Full Circle With Michael Palin 2.05 Great British Railway Journeys 2.35-3.35am Rise Of The Nazis: The Manhunt

12noon The Big Bang Theory 2.00 The Goldbergs 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory 7.00 NEW EPISODE! Hollyoaks 7.30 Come Dine With Me 8.00 Dance Moms 9.00 Gogglebox 10.00 Naked Attraction 11.05 First Dates 12.10 The Big Bang Theory 1.15 Brooklyn Nine-Nine 2.10 Modern Family 3.00 Dance Moms 3.50 Ramsay's Kitchen Nightmares USA 4.40-6am The Neighborhood

11.25am Find It, Fix It, Flog It 12.30 Come Dine With Me 3.10 Four In A Bed **5.50** Château DIY **6.55** Car S.O.S **7.55** The Dog House 9.00 NEW EPISODE! **Emergency Helicopter Medics** 

10.00 999: On The Front Line 11.05 24 Hours In A&E 12.10 Emergency Helicopter Medics 1.15 999: On ront Line 2.20 24 Hours In A&E 3.25-3.55am A Place In The Sun

11am Gunfight At The OK Corral (1957) 1.25 Three Hours To Kill (1954) 3.05 Buchanan Rides Alone (1958) **4.45** Hobson's Choice (1953) **6.55** Keeping Up With The Joneses (2016) **9.00** Bad Boys For Life, Action sequel, starring Will Smith and Martin Lawrence. (2020) 11.25 Hustlers (2019) 1.35-**3.55am** Sweet Country (2017)

## ALKING PICTURES

11 05am FILM Hide And Seek (1964) **12.55 FILM** Serious Charge. Starring Anthony Quayle. (1959)

3.00 Saddle Up 3.05 FILM The Adventures Of Bullwhip Griffin (1967) **5.15** Saddle Up **5.20** Johnny Ringo **5.55** Bonanza **7.00** Dixon Of Dock Green 8.05 The Human Jungle **9.05** Gideon's Way **10.10** FILM The Nanny (1965) **12.00** Tell Me Another 12.30 Maigret 1.35 FILM Millions Like Us (1943) 3.35 FILM Hide And Seek (1964) 5.25-6am Sherlock Holmes

## **GREAT! ACTION**

12noon Wild West Chronicles 1.00 FILM Cripple Creek (1952) 2.45 FILM The Proud Rebel (1958) 5.00 FILM Hell In Normandy (1968) 7.10 FILM Mega Shark Vs Mecha Shark (2014) **9.00 FILM** The Missing. With Cate Blanchett. (2003) **11.50 FILM** Hitman: Redemption (2018) **2.00** FILM Area Of Conflict (2017) 3.55-5am The Blitz On Berlin

## **THURSDAY 13 JUNE**

## BBC1

## HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S) 9.30 Morning Live (S) 10.45 Scam Interceptors

Scammers target a man's £100,000 savings pot. (S)

11.15 Homes Under The Hammer Tommy Walsh sees the potential in a bungalow in the beautiful Norfolk

Broads. (S)
12.15 Bargain Hunt Roo Irvine hosts the show from Nottinghamshire. (R,S)



1.00 BBC News At One (S)

2.00 Rip Off Britain (R,S) 2.30 Animal Park (R.S)

3.00 Escape To The Country (R,S)

3.45 Garden Rescue (R,S)

4.30 The Finish Line (S)

5.15 Pointless (R,S)

6.00 BBC News At Six (S)
6.30 BBC Regional News (S) Then Party Election Broadcast

7.00 The One Show Alex Jones and Ronan Keating host. (S)
7.30 SOAP EastEnders It's the

day of Keanu's funeral and Kathy and Linda hold a private memorial for Sharon at The Arches. (S) 8.00 Question Time Fiona Bruce

chairs the topical debate, inviting a panel of politicians and other

guests in Edinburgh. (S) **9.00 The Outlaws** (3/5) While Gabby considers motherhood, the Dean's defence is winning his case, and the police are closing in on the gang. (S)

10.00 BBC News At Ten (S) 10.30 BBC Regional News (S) 10.40 Not Going Out (2/6) Lee and Lucy plan a friendly night of quizzing with Toby and Anna in the pub. (R,S)

11.05 Newscast (S) 11.35 Rebus (4/6) Cafferty's suppliers seek vengeance for the drug theft. (R,S) 12.30-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 6.55-7pm Party Election Broadcast 84C 6am Cyw 12noon Newyddion S4C A'r Tywydd

## BBC2

## HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.45 am Escape To The Country People search for their ideal rural retreats. (R,S)

7.30 Clive Myrie's Caribbean Adventure (R,S)

8.00 Sign Zone: Gardeners' World Monty Don reveals his plans for planting up pots. (R,S,SL)

9.00 BBC News (S)

12.15 Politics Live The latest

stories from Westminster and beyond. (S)



1.00 Impossible (R,S)

1.45 Mastermind (R,S) 2.15 Mastermind (R,S)

.45 Five Bedrooms (R,S) 3.30 Stanley Tucci: Searching For Italy (R,S)

4.15 Great Bear Stakeout (R,S)

5.15 Flog It! (R,S) 6.00 Richard Osman's House

Of Games (R,S)
6.30 Clive Myrie's Caribbean
Adventure The newsreader

explores La Vega in the Dominican Republic. (S)

7.00 Mississippi: Earth's Great Rivers (3/3) A journey along the American river. (R,S)

8.00 Springwatch (12/12) 9.00 N

The team looks back on highlights of the series. (S) NEW Chinook: Zulu Delta 576 (1/2) A look at the 1994 helicopter crash in the Mull of Kintyre. (S)
10.00 Mortimer & Whitehouse:

Gone Fishing (6/6) (R,S)

10.30 Newsnight (S) 11.05 The Misadventures Of Romesh Ranganathan (3/3) Romesh travels to the

island of Madagascar. (R,S)

12.05 Sign Zone: The Wrong Man

– 17 Years Behind Bars Documentary. (R,S,SL)

1.05 Blood On The Dance Floor: Spotlight (R,S,SL)

2.05 Doctor Who (R,S,SL)

2.50-3.50am Sign Zone: Lost Boys and Fairies (R,S,SL)

12.05pm Bois Y Rhondda 12.30 Heno 1.00 Ein Llwybrau Celtaidd 1.30 Cerys Matthews A'r Goeden Foled 2.00 Newyddion S4C A'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C A'r Tywydd 3.05 Cyprifin 4.00 Awr Fawr: Shwshaswyn 4.10 Awr Fawr: Nos Da Cyw

## ITV1

### HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain News, current affairs and lifestyle features. (S)

9.00 Lorraine Entertainment and

fashion news. (S)

10.00 This Morning Celebrity
chat, topical discussion,
health and beauty advice and more (S)

12.30 Loose Women The women invite a celebrity guest to chat about what they are up to. (S)



1.30 ITV Lunchtime News (S)

1.55 Regional News (S) 2.00 Dickinson's Real Deal (R.S)

3.00 Lingo (R,S)
4.00 Tipping Point (R,S)
5.00 The Chase (R,S)

6.00 Regional News (S)

6.30 ITV Evening News (S) 7.30 SOAP Emmerdale Belle finds herself in danger, and Ruby fears the worst as Charles reveals a cause

of death for Ethan. (S)
8.30 NEW The ITV Election Debate 2024 Julie

Etchingham hosts a debate to which seven parties in the General Election campaign have been invited, ahead of the poll on July 4th. With Leaders or senior representatives from the Conservatives, Labour, the Liberal Democrats, the SNP, Reform UK, the Green Party and Plaid Cymru. (S)
10.10 ITV News (S)

10.45 Regional News (S)

11.00 Emergency Nurses: A&E Stories Emergency nurses Kat and Becca help student nurse Meredith through her first trauma call. (R,S)

12.00 Shop On TV 3.00 In For A Penny (R,S,SL) 3.35 Unwind With ITV (S)

5.05-6am Katie Piper's Breakfast Show (R,S,SL)

4.15 Awr Fawr: Ein Byd Bach 4.25 Awr Fawr: Blero Yn Mynd I Ocido 4.40 Awr Fawr: Dal Dy Ddannedd 5.00 Stwnsh: Oil Osgar 5.10 Stwnsh: Y Doniolis 5.15 Stwnsh Byd Rwtsh Dai Poths 5.30 Stwnsh: Tekkers 6.00 Dan Do 6.30 Arfordir Cymru: Bae Ceredigion 6.57 Newyddion

## **CHANNEL 4**

## HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126 Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

30 am Cheers Two shows. (R,S) **7.20 Everybody Loves Raymond**Four episodes. (R,S)

**9.10 Frasier** (R,S) 11.10 Ramsay's Kitchen Nightmares USA The Prohibition Grille in Everett, Washington. (R,S)

12.05 C4 News (S)

12.10 Ramsay's Kitchen Nightmares USA Chappy's Cajun restaurant in Nashville, Tennessee. (R.S)



1.10 Car S.O.S (R,S) 2.10 Countdown (S)

3.00 A Place In The Sun (R,S) 4.00 A Place In The Sun (S)

5.00 Sun, Sea And Selling Houses (S)

6.00 Four In A Bed (R,S)

**6.30 The Simpsons** (R,S) **7.00 C4 News** (S)

8.00 NEW The Supervet: Noel Fitzpatrick (1/5) A rescue special, featuring the stories of some of the animals for whom Noel has provided extraordinary and life-

saving treatment since the series began in 2014. (\$) 9.00 The Fall: Skydive Murder **Plot** (3/3) As the trial reaches a dramatic conclusion, the women at the heart of the case reveal the effects of coercive control in their

relationships. (S)
10.00 We Are Lady Parts (5/6) The band record their

debut album. (S) 10.35 We Are Lady Parts (6/6) The label begins to interfere with the band's debut album. (S)

11.20 Celebrity Gogglebox
Famous faces appraise the

week's television. (R,S,SL)

12.25 Sky Coppers (R,S)

1.15 Ramsay's 24 Hours To
Hell And Back (R,S,SL) 2.00-3.45am Queenie (R,S,SL)

S4C 7.00 Heno 7.30 Newyddion S4C A'r Tywydd 8.00 Pobol Y Cwm 8.25 Rownd A Rownd 8.55 Newyddion S4C A'r Tywydd 9.00 Y Byd Ar Bedwar 9.30 Drych: Chdi, Fi Ac IV 10.30 Y Llimel Los 11.30 Grid 11.45pm-12.20am Ffasiwn Drefn

## **CHANNEL 5**

### HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

## 6.00 am Milkshake!

9.15 Jeremy Vine The broadcaster and guests discuss the issues of the day, with Storm Huntley joining him for phone-ins and reading out viewers' correspondence. (S)

11.15 Storm Huntley Debate on the day's talking points continues. (S)

12.45 Friends Double bill. (R,S) Followed by 5 News



1.45 SOAP Home And Away Marilyn suspects that

Roo's avoiding her. (R,S)
FILM The Gold Digger **Killer** Thriller, starring Julie Benz. (2020) ★★ (S)

4.00 Bargain-Loving Brits In

The Sun (R,S) 5.00 5 News At 5 (S)

6.00 Police Interceptors Officers hunt for two suspects allegedly armed

with a gun. (R,S) Followed by 5 News Update 7.00 The Motorway Hotel (3/4) New joint co-ordinator Chloe needs to navigate her first wedding. (S) Followed by 5 News Update

8.00 Happy Campers: The Caravan Park

A 15-year-old dislocates his knee and has to make a trip to A&E. (S)

9.00 The Hotel Inspector

Alex Polizzi returns to Loughborough Grange. (S)
10.00 Belmarsh: Serial Killers &

High Security (2/2) Documentary focusing on one of London's high

security prisons. (R,S)

11.05 FILM King Of Thieves
Crime drama based on the Hatton Garden heist, starring Michael Caine. (2018) \*\*\* (S) 1.15-3.15am PlayOJO Live

Casino Show (S)

## FREEVIEW AND SATELLITE CHANNELS

12noon Dress To Impress 1.00 Deal Or No Deal **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Dawson's Creek 5.00 Dress To Impress 6.00 Celebrity
Catchphrase 7.00 Deal Or No Deal 8.00 Bob's Burgers 9.00 NEW EPISODE! Love Island. The temperature rises for the couples 10.05 NEW EPISODE! Tell Me Everything 11.05 Family Guy 12.05 American Dad! 1.05 Bob's Burgers 2.05 Don't Hate The Playaz 2.45-3am Unwind With ITV

11.35am Heartbeat 1.40 Classic Emmerdale **2.40** Classic Coronation Street **3.40** Inspector Morse **5.55** Heartbeat **8.00** Vera **10.00** Wire In The Blood **11.50** The Royal 12.45 Upstairs, Downstairs 1.50-2.30am Unwind With ITV

11.30am BattleBots 12.25 The Return Of Sherlock Holmes 1.35 Magnum, Pl 2.35 Kojak 3.40 Minder 4.50 The Sweeney 6.00 River Monsters 6.30 British Tourin Car Championship Highlights 8.00 Isle Of Man TT **9.00 FILM** Moonraker (1979) **11.40 FILM** Mechanic: Resurrection (2016) 1.30 The Sweeney 2.25 Auto Mundial 2.50-3am Unwind With ITV

## **BBC THREE**

**7pm** Top Gear **8.00 NEW EPISODE!** The Traitors US **9.00 FILM** Alan Partridge: Alpha Papa. Comedy starring Steve Coogan. (2013) 10.25 High: Surviving A Dubai

Drugs Bust 10.55 | Kissed A Boy 11.45 Confessions Of A Teenage Fraudster 12.30 Drugs Map Of Britain 1.25 Top Gear 2.25 Bad Education: Reunion Special 3.10-3.55am Confessions Of A Teenage Fraudster

## BBC FOUR

7pm Great British Railway Journeys 7.30 Villages By The Sea 8.00 A House Through Time 9.00 NEW! King Otto & Football's Greek Gods. How German football coach Otto Rehbagel led the Greek football team to victory. 10.30 FILM The Graduate (1967) Comedy drama, starring Dustin Hoffman. 12.15 The Sky At Night 12.45 Queen Victoria's Letters: A Monarch Unveiled 1.45 Great British Railway Journeys 2.15-3.15am A House Through Time

12noon The Big Bang Theory 2.00 The Goldbergs 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory **7.00 NEW**EPISODE! Hollyoaks **7.30** Come

Dine With Me **8.00** Dance Moms 9.00 Gogglebox 10.00 Naked Attraction 11.05 First Dates 12.10 The Big Bang Theory 1.15 Rick And Morty 1.45 NEW **EPISODE!** Smiling Friends **2.10** Brooklyn Nine-Nine **3.00** Dance Moms 3.50 Modern Family
4.40-6am The Neighborhood

11.25am Find It, Fix It, Flog It 12.30 Come Dine With Me 3.10 Four In A Bed 5.50 Château DIY 6.55 Car S.O.S 7.55 Grand Designs 9.00 24 Hours In A&E 10.00 Rescue:

Extreme Medics 11.05 24 Hours In A&E 1.15 Rescue: Extreme Medics 2.20 24 Hours In A&E 3.25-3.55am

11am Pool Of London (1951) 12.45 The Blue Lamp (1950) 2.30 The Ghost And Mrs Muir (1947) 4.35 Daleks' Invasion Earth: 2150 AD (1966) **6.20** Only The Brave (2017) **9.00** Scream. Horror sequel, Courteney Cox. (2022) 11.15 Monster (2003) 1.25-3.50am To Live And Die In LA (1985)

## **TALKING PICTURES**

11.30am FILM The Green Cockatoo (1937) **12.50** Stage 7 **1.20 FILM** The Big Boodle (1957) 3.00 Crown Court 4.30 Danger

UXB 5.30 Colonel March Of Oxb 5.30 Colone March Or Scotland Yard 6.05 FILM Sea Devils (1953) 7.50 What's On TPTV With Noel 8.00 The Brothers 9.05 Van Der Valk 10.10 FILM The Falcon And The Snowman (1985) 12.50 FILM Woman On The Run (1950) **2.25 FILM** Hannibal Brooks (1969) **4.25** The Road To D-Day 5.35-6am Twist Or Stick

## **GREAT! ACTION**

12noon Wild West Chronicles 1.00 FILM The War Wagon (1967) 3.10 FILM Battle Of Rogue River (1954) 4.45 FILM Revolution (1985) 7.10 FILM Stormageddon (2015)
Fantasy thriller. 9.00 FILM Battle Of
The Bulge (2017) 10.40 FILM
Phantom (2013) 12.50 FILM USS Poseidon: Phantom Below (2004) 2.50 The Blitz On Cologne 3.55-5am The Blitz On London

## **FRIDAY 14 JUNE**

## BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S) 9.30 Morning Live (S) 10.45 Scam Interceptors A man

in a remote community is targeted by scammers. (S)

11.15 Homes Under The Hammer Properties in Leicestershire, Somerset and Blackpool are appraised. (R,S)

12.15 Bargain Hunt A pet-themed edition to celebrate the RSPCA's 200th anniversary. (S)



1.00 BBC News At One (S)

2.00 Hope Street (S) 2.45 Escape To The Country Buyers seek a move from the USA to the East Midlands. (R,S)

3.45 Garden Rescue (R,S)

4.30 The Finish Line (S) 5.15 Pointless (R,S)

6.00 BBC News At Six (S) 6.30 BBC Regional News
(S) Followed by Party

**Election Broadcast** 7.00 The One Show Live chat and topical reports. (S)

7.30 Make It At Market A woodturner and an upcycler both receive

business advice. (R,S) 8.00 Would I Lie To You? (8/11) With Maya Jama, Roisin Conaty, Roman Kemp and Xand van Tulleken. (R,S)

8.30 Outnumbered (4/7) (R,S) 9.00 Death In Paradise (1/8) The New Year's Eve celebrations are cut short when a masked man stabs a woman. (R,S)

10.00 BBC News At Ten (S) 10.30 BBC Regional News (S) 10.40 MOTD: UEFA Euro 2024

Highlights (S)
FILM Tinker Tailor Soldier Spy Espionage thriller, starring Gary Oldman. (2011) \*\*\*\*\* (S) 1.25 Euro 2024 Match Replay (S)

3.10-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 6.55-7pm Party Election Broadcast 7.30 lolo's Valleys 8.00 Wales' Home Of The Year 8.30-9.00 Kiri's TV

## BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.30 am Homes Under The **Hammer** Tommy Walsh sees the potential in a bungalow in the beautiful Norfolk Broads, (R.S)

7.30 Clive Myrie's Caribbean Adventure (R,S) 8.00 Sign Zone: Mammals

Documentary. (R,S,SL)

9.00 BBC News (S)

12.15 Politics Live The latest stories from Westminster and beyond. (S)



1.00 Impossible (R,S)

**1.45 Mastermind** (R,S) 2.45 Five Bedrooms (R.S)

3.35 Stanley Tucci: Searching
For Italy (R,S)
4.15 Great Bear Stakeout (R,S)

5.15 Flog It! (R,S)

6.00 Richard Osman's House Of Games (R,S) 6.30 Clive Myrie's Caribbean

Adventure (S)
7.00 Digging For Britain: The
Greatest Discoveries (3/4)
With Alice Roberts. (R,S)

7.30 Beechgrove Garden
(11/26) Kirsty Wilson
discusses what to plant in order to attract birds. (S)

8.00 Gardeners' World (13/32) The team are Birminghambound for the annual Gardeners' World Live event. (S)

9.00 Hidden Treasures Of The National Trust (6/6) A mysterious portrait

reveals its secrets. (S) 10.00 QI (13/18) (R,S) 10.30 Newsnight (S)

11.05 FILM PREMIERE Dear Evan Hansen Musical

drama, starring Ben Platt. (2021) ★★★★ (S) 1.10 Sign Zone: Panorama

Current affairs. (R,S,SL)

1.40 Andi Oliver's Fabulous

Feasts (R,S,SL) 2.40-3.10am David & Jay's

Touring Toolshed (R,S,SL)

Flashback 10.40 Paranormal: The Village That Saw Aliens 11.40 MOTD: UEFA Euro 2024 Highlights 12.25-1.25am Pitch Invasion: How The Scottish And Irish Changed Football BBC TWO WALES As main BBC TWO except: 7.30-8pm Springwatch In Wales

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain News, current affairs and lifestyle features. (S)

9.00 Lorraine Entertainment, current affairs and fashion news, as well as showbiz stories and celebrity gossip. Presented by Lorraine Kelly. (S)

10.00 This Morning (\$) 12.30 Loose Women Topical debate from a female perspective. (S)



1.30 ITV Lunchtime News (S) 1.55 Regional News (S)

2.00 Dickinson's Real Deal The Dealers set up at

Crewe Hall. (R,S)
3.00 Lingo Quiz, hosted by Adil Ray. (R,S)

4.00 Tipping Point (R,S) 5.00 The Chase (R,S) 6.00 Regional News (S)

6.15 ITV Evening News (S) 6.30 LIVE UEFA Euro 2024 Germany v Scotland. Kick-off at **8.00**. (S)

10.45 ITV News (S) 11.20 Regional News (S) 11.30 FILM Terminator 2:

Judgment Day A cyborg is sent back in time to protect the future saviour of the human race from a shape-changing assassin. Sci-fi adventure sequel, with Arnold Schwarzenegger and Linda Hamilton. (1991)

\*\*\*\* (S) 1.40 Shop On TV

3.00 The Larkins The family do all they can to get Pop out of prison. (R,S,SL)

3.50 Unwind With ITV Daily escape designed to calm the mind and encourage relaxation and reflection. (S)

5.05-6am Katie Piper's Breakfast Show With Alexandra Burke. (R,S,SL)

ITV WALES 6.10-6.15pm Party Election Broadcast By

the Welsh Liberal Democrats
\$4C 6am Cyw 12noon Newyddion S4C A'r Tywydd
12.05pm Bwyd Bach Shumana A Catrin 12.30 Heno
1.00 Cais Quinnell 1.30 Ma'i Off 'Ma 2.00 Newyddion

## CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am Cheers Two shows. (R,S) 7.20 Everybody Loves Raymond
American comedy, starring Ray Romano (R,S)

9.10 Frasier (R.S)

11.10 Ramsay's Kitchen Nightmares USA Arizona bistro owners who have a contempt for customer

feedback. (R,S) 12.05 C4 News (S)

12.10 Ramsay's Kitchen Nightmares USA (R,S)



1.10 Car S.O.S (R,S)

2.10 Countdown (S)

3.00 A Place In The Sun (R,S) 4.00 A Place In The Sun (S)

5.00 Sun, Sea And Selling

Houses (S) 6.00 Four In A Bed (R,S)

**6.30 The Simpsons** Marge begins a new life protecting endangered aquatic

creatures. (R,S) 7.00 C4 News (S)

8.00 The Dog House (2/7) Trini from London contends with sassy fluffball Balloo. (R,S)

9.00 Celebrity Gogglebox A rolling cast of famous faces – including Rylan, Mel B, Nick Grimshaw, Zoe Ball, Clare Balding and Jane McDonald critique the week's biggest TV shows. (S)

10.00 The Nevermets (4/6) Leah and Matt meet the objects of their online affections. (S)
11.05 FILM The Inbetweeners

Movie Awkward teenagers Simon, Will, Jay and Neil head to Greece for a wild holiday - but things do not go to plan. Comedy, with Joe Thomas and Simon Bird. (2011) ★★★★ (S) -2.35am FILM Skyscraper

12.55 Action thriller, starring Dwayne Johnson and Neve Campbell. (2018) ★★★ (S)

S4C 2.05 Prynhawn Da 3.00 Newyddion S4C 3.05 Y Fets 4.00 Awr Fawr 5.00 Stwnsh: Larfa 5.05 Stwnsh: Rhyfeddodau Chwilengoch A Cath Ddu 5.25 Stwnsh: Siwrne Ni 5.30 Stwnsh: Un Cwestiwn 5.50 Stwnsh: Newyddion Ni 6.00 Gerddi Cymru 6.30 Garddio A Mwy

## CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake! 9.15 Jeremy Vine Jeremy Vine and Storm discuss the latest news and get your views and opinions of the day. (S)

11.15 Storm Huntley Storm Huntley carries on the discussion and takes your calls to discuss the biggest stories of the day. (S)

12.45 Friends Rachel considers moving out. (R,S)



1.10 Friends Rachel tells her father she is pregnant.

(R,S) Followed by 5 News SOAP Home And Away Bree struggles to leave

Remi in the past. (R,S)
2.15 FILM Dangerous Love Thriller, starring Vivica A Fox. (2022)  $\star\star\star$  (S)

4.00 Bargain-Loving Brits in The

Sun Documentary. (R,S) 5.00 5 News At 5 (S)

6.00 Argos: How Do They Really Do It? (R,S) Followed by 5 News Update

7.00 The Motorway Hotel
(4/4) Head Chef James tries out new apprentice Kaylan, and the annual national Maize Maze awards is meant to be in town, but snowfall causes chaos. (S) Followed by 5 News Update

8.00 Dalgliesh Adam and Miskin attend the murder scene of Rita O'Keefe, whose nephew Garry Ashe emerges as chief suspect. Drama, starring Bertie Carvel. (R,S)

10.00 LIVE UK Vs Germany Fight Night Macaulay McGowan v Abass Baraou. (S)

12.05 Ultimate Police

Interceptors (R,S)
1.15-3.15am PlayOJO Live Casino Show Interactive gambling. (S)

6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C A'r Tywydd 8.00 Heather Jones 8.55 Newyddion S4C A'r Tywydd 9.00 Siwma Scandi Chris 10.00 Cynefin 11.00-11.35pm Welsh Whisperer - Ni'n Teithio Now!

## FREEUIEW AND SATELLITE CHANNELS

12noon Dress To Impress 1.00 Deal Or No Deal **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Dawson's Creek 5.00 Dress To Impress 6.00 Celebrity
Catchphrase 7.00 Deal Or No Deal 8.00 Bob's Burgers 9.00 NEW EPISODE! Love Island 10.05 NEW **EPISODE!** The Stand Up Sketch Show. With Rhys James. **10.35** Family Guy 11.35 American Dad! 12.35 The Sex Lives Of College Girls 1.45 Don't Hate The Playaz 2.30-3am Unwind With ITV

## ITV3

11.35am Heartbeat 1.40 Classic Emmerdale **2.40** Classic Coronation Street **3.40** Inspector Morse **5.55** Heartbeat **8.00** Doc Martin **9.00** Shetland **11.30** Lewis 1.10 Upstairs, Downstairs 2.05-2.30am Unwind With ITV

11.25am BattleBots 12.25 The Return Of Sherlock Holmes 1.35 Magnum, PI 2.40 Kojak 3.40 Magnum, Pl 2.40 Kojak 3.40
Minder 4.50 The Sweeney 6.00
LIVE SPORT! World Series Of Darts
10.00 All Elite Wrestling: Dynamite
12.00 Made In Britain 1.00 The
Sweeney 1.55 The Protectors 2.25-3am Unwind With ITV

## BBC THREE

7pm Top Gear 8.00 NEW EPISODE! The Traitors US 9.00 NEW SERIES! Paranormal: The Village That Saw Aliens 10.00 A Very British Cult 11.00 Ladhood 11.50 | Kissed A Boy 12.40 Confessions Of A Teenage Fraudster 1.25 Boot

Dreams: Now Or Never 2.25 Ladhood 2.50 Paranormal: The Village That Saw Aliens 3.50-4am Press X To Continue

**7pm** TOTP: 1996 **8.00** TOTP: 1987 **8.30** TOTP: 1982 **9.00** Disco At The BBC: Volume 2 10.00 Disco: Soundtrack Of A Revolution 11.00 Boogie Fever: A TOTP2 Disco Special **12.30** Sounds Of The 70s 1.00 Disco At The BBC: Volume 2 2.00 TOTP: 1996 3.00 TOTP: 1987 3.30-4am TOTP: 1982

12noon The Big Bang Theory 2.00 The Goldbergs 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory 7.00 NEW EPISODE! oaks 7.30 Come Dine With

Me 8.00 Dance Moms 9.00 FILM Terminator 3: Rise Of The Machines. Sci-fi adventure sequel, starring Arnold Schwarzenegger Nick Stahl, and Claire Danes. (2003) 11.05 Naked Attraction 12.10 The Big Bang Theory 1.10 Brooklyn Nine-Nine 2.15 Modern Family 3.30 Dance Moms 4.15 The Neighborhood **5.05-6am** Brooklyn Nine-Nine

11.25am Find It, Fix It, Flog It 12.30 Come Dine With Me **3.10** Four In A Bed **5.50** Château DIY **6.55** PopMaster TV 9.00 Astrid: Murder In Paris 10.05 24 Hours In A&E 12.10 8 Out Of 10 Cats Does Countdown 1.15 NEW EPISODE! The Twelve: Cinderella Murder 2.25 24 Hours In A&E 3.30-4am A Place In The Sun

11am 13 Rue Madeleine (1946) 12.55 Anne Of The Indies (1951) **2.35** Rio Grande (1950) **4.45** A Beautiful Day In The Neighborhood (2019) **6.55** Sleepless In Seattle (1993) **9.00** Mission: Impossible Fallout. Action thriller sequel, starring Tom Cruise and Henry Cavill. (2018) **11.55** Con Air (1997) **2.10-3.55am** Slice (2018)

## **TALKING PICTURES**

10.40am FILM The Night Caller (1965) **12.20** What's On TPTV With Noel **12.30** The Four Just Men **1.00** Melvyn's Talking Pictures 1.10 FILM Mimi (1935) 3.00 Melvyn's Talking Pictures 3.10 FILM Rebecca (1940) 5.45 Look At Life 6.00 Worzel Gummidge 6.30 Fireball XL5 7.05 FILM Millions Like Us (1943) 9.00

Cellar Club With Caroline Munro 9.05 FILM Without Warning (1980)
10.55 Cellar Club With Caroline Munro 11.00 FILM Serpent's Lair (1995) 12.50 Cellar Club With Caroline Munro 12.55 FILM Unearthly Stranger (1963) 2.30 FILM Deathsport (1978) 4.10 The Road To D-Day 4.45 Look At Life 5.00-6am Bonanza

## **GREAT! ACTIO**

**12noon FILM** McLintock! (1963) **2.40 FILM** Lone Rider (2008) **4.30** Wild West Chronicles **5.00 FILM** Bomb At 10:10 (1967) **6.50** The Blitz On Hamburg **8.05 FILM**Disaster Zone: Volcano In New York (2006) 10.00 FILM Kiss Of The Dragon (2001) 12.00 FILM Kickboxer: Vengeance (2016) 1.55 FILM Evasive Action (1998) 3.50-4.50am War Machines

## **SATURDAY 15 JUNE**

## BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
9.00 Saturday Kitchen Live With chefs Theo Randall and Sophie Wyburd. (S)

10.30 NEW Trooping The Colour 2024: The King's Birthday Parade Clare Balding introduces coverage of the ceremony, performed by British and Commonwealth army regiments, from Horse Guards Parade in London (S)



1.10 BBC News (S)

1.25 Bargain Hunt (R,S)

2.10 Money For Nothing (R,S) 2.55 Escape To The Country

Cornwall. (R,S)

3.55 FILM Wreck-It Ralph Animated adventure, with the voice of John C Reilly.  $(2012) \star \star \star \star \star (S)$ 

**5.30 BBC News** (S)

5.45 Celebrity Bridge Of Lies (S) 6.30 Doctor Who (S)

7.20 LIVE MOTD: UEFA Euro

2024 Italy v Albania. Kick-off at 8.00. Coverage of the Group B match from BVB Stadion Dortmund. (S)

10.10 BBC News (S)

10.30 NEW Rooney 2004: World At His Feet A first-hand look back at Wayne Rooney's impact at Euro 2004 in Portugal, when he scored four goals in the tournament at the age of just 18. (S)

11.00 Pitch Invasion: How The Scottish And Irish Changed Football (3/3)

Documentary. (R,S) 12.00 MOTD Top Ten: Euro 2024 - Best Matches (S)

12.30 Doctor Who: Unleashed Steffan Powell catches up with the team at UNIT. (R,S) 1.00 Superman & Lois (S)

1.40 Euro 2024 Match Replay

Spain v Croatia. (S)
3.25-6am BBC News (S)

## REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 2.25pm Escape To The Country 3.25 FILM Wreck-It Ralph (2012) 5.00-5.30 Weatherman Walking 11pm-

## BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.15 am Children's Programmes 8.20 Blue Peter (R.S)

8.50 Newsround (S) 9.00 Gardeners' World (R,S) 10.00 Christine's Garden (R,S) 10.30 Coast To Coast Food

Festival (R,S) 11.30 Jay's Yorkshire Workshop

With Jay Blades. (R,S)
12.30 FILM The Titfield Thunderbolt Comedy, starring Stanley Holloway. (1953) \*\*\*\* (S)



1.55 FILM A Man For All Seasons Oscar-winning historical drama, starring Paul Scofield and Robert Shaw.

(1966)  $\star\star\star\star\star$  (S) 3.50 The Great British Sewing Bee The sewers compete in Reduce Reuse Recycle week. (R,S)

4.50 Flog It! (R,S)

5.50 NEW Trooping The Colour Clare Balding introduces highlights of the military display. (S)

7.20 Celebrity Antiques Road

**Trip** (10/20) Zoe Lyons and Noreen Khan turn their hand to antiquing in

Shropshire. (R,S)
8.20 Casualty (31/36) A tragedy forces Cam to make a

tough decision. (S) **9.10 Rebus** (5/6) John faces difficult questions from Gill Templer and Malcolm Fox. (S)

9.55 Later... With Jools Holland (5/6) With Richard Hawley, Řemí Wolf, Nia Archives, Stephen Wilson Jr and Sahra Halgan. (S)

10.40 LGBTQ+ Hits At The BBC

Featuring George Michael, Boy George and Freddie Mercury. (R,S) 11.40 Pride Hits At The BBC

A musical celebration. (R,S) 12.40-2.50am Best Of Glastonbury 2016 (R,S)

12midnight Slammed: The Seventies BBC TWO WALES As main BBC TWO except: 5.20-5.50pm Wynne's Welsh 70s 7.20 lolo: A Wild Life 7.50-8.20 The Hairy Bikers' Bakeation 10.40-11.40pm LGBTQ+ Hits At The BBC

## ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am FILM Thunderball James Bond spy adventure, starring Sean Connery. (1965) ★★★ (S) 8.25 Katie Piper's Breakfast

Show With Al Murray. (S)

9.25 ITV News (S) 9.30 James Martin's Saturday

Morning (R,S) 11.40 Ainsley's National Trust Cook Off (S)

12.40 James Martin's Great British Adventure (R S)



1.05 ITV News (S) 1.15 LIVE UEFA Euro 2024

Hungary v Switzerland. Kick-off at **2.00**. Coverage of the Group A match from Cologne Stadium, as both teams kick off their campaigns. (S)
4.15 LIVE UEFA Euro 2024 Spain

v Croatia. Kick-off at **5.00**. Coverage of the match from Olympiastadion in Berlin, ás Ġroup B gets

under way. (S)
7.30 ITV News (S) 7.40 Regional News (S) 7.50 FILM Dirty Dancing

A dance instructor at a 1960s resort teaches a naive teenager about self-expression as they perform in an important show. Romantic drama, with Patrick Swayze and Jennifer Grey. (1987) \*\*\* (S)

9.50 ITV News (S) 10.10 It'll Be Alright On The Night

The funniest mistakes. (R,S)
11.05 Long Lost Family: Born
Without Trace (1/3) (R,S) 12.10 UEFA Euro 2024 Highlights The latest matches. (S)

1.10 Shop On TV 3.00 Maternity: Broken Trust (R,S,SL)

4.10 Unwind With ITV (S) 5.10-6am Deal Or No Deal Game show. (R.S.SL)

\$4C 6am Cyw 8.00-10.00 Stwnsh Sadwrn 8.00 Stwnsh Sadwrn Byw 8.05 Seligo 9.00 Siwrne Ni 9.10 Larfa 9.15 Prys A'r Pryfed 9.30 Tekkers 10.00 Radio Fa'ma 11.00 Cymry Ar Gynfas 11.30 Gardio A Mwy 12noon Ffermio 12.30pm Hen Dy Newydd 1.30 Sgwrs Dan Y

## **CHANNEL 4**

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104 Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.10 am Everybody Loves Raymond (R,Ś)
7.00 Frasier Double bill. (R,S)

7.50 FILM Alvin And The Chipmunks Children's

comedy, starring Jason Lee. (2007) \*\*\* (S) 9.40 The Simpsons (R,S)

11.40 FILM The Kid Who Would Be **King** Fantasy adventure, with Louis Ashbourne Serkis and Rebecca Ferguson. (2019) \*\*\*\* (S)



2.00 Couples Come Dine With **Me** (R,S)

3.00 Four In A Bed (R,S) 3.30 Four In A Bed (R,S) 4.00 Four In A Bed (R,S) 4.35 Four In A Bed (R,S)

5.05 Four In A Bed (R,S)

**5.35 A Place In The Sun** (R,S) **6.30 C4 News** (S)

7.00 Devon And Cornwall:

**Fishing Lives** A special episode celebrating the counties' shared heritage of fishing, meeting some of the people whose lives revolve around fishing the bountiful waters of Devon and Cornwall. (R,S)

8.00 FILM Fisherman's Friends A music executive heads out to a Cornish fishing village to recruit the local fishermen to record an album of sea shanties.

Comedy, starring James
Purefoy. (2019) \*\*\*\* (S)

10.10 FILM Air Force One The
American president takes on Russian terrorists who have hijacked his plane and are threatening his family. Action thriller, with Harrison Ford and Gary Oldman. (1997)  $\star\star\star\star$  (S)

12.30-3.05am FILM Transformers: The Last Knight Sci-fi adventure, starring Mark Wahlberg and Anthony Hopkins. (2017)  $\star\star\star$  (S)

Lloer **2.00** Y Sin **2.30** Alun, Chris A Kiri Yn Seland Newydd **3.30** Cysgu O Gwmpas **4.00** Wrecsam – Clwb Nii **5.00** Jason Mohammad: Stadiymau'r Byd **5.55** Adr **6.20** Taith Bywd **7.15** Newyddion A Chwaroecon **7.30** Eisteddfod Yr Urdd 2024 **9.00** Canu Gyda Fy Arwr

## **CHANNEL 5**

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!

**8.50 SpongeBob SquarePants** (R,S) Followed by

Entertainment News On 5
9.05 Bargain-Loving Brits In The
Sun Triple bill. (R,S)
11.45 Dogs Behaving (Very) Badly
With Graeme Hall. (R,S)

12.40 Dogs Behaving (Very) Badly Graeme Hall meets a French bulldog that likes to hurl itself at buses and cyclists. (R,S)



1.40 Dogs Behaving (Very) Badly

A Chihuahua. (R,S)

2.40 Our Yorkshire Farm (R,S)

3.40 Our Yorkshire Farm At

Christmas (R,S) 4.35 Man About The House: 50 Years Of Laughs (R,S) Then 5 News Weekend and Party Election Broadcast

By The Green Party
6.15 Bruce Forsyth: Mr Saturday
Night A look back at the entertainer's years in showbiz. (R,S)

7.30 The King's Birthday: Charles At 75

Documentary exploring the relationship between Elizabeth II and her eldest son, charting significant moments in both their lives. (R.S) 9.00 NEW Kate & Queen

Elizabeth: A Special Relationship The bond between the Princess of Wales and Elizabeth II. (S) 10.00 When TV Favourites Go

Horribly Wrong Clips featuring less-than-perfect moments from TV shows. (R,S)

11.55 NEW Greatest Ever Wind

**Ups** Revisiting classic hidden camera pranks. (S) Followed by **Entertainment** News On 5

1.00-3am PlayOJO Live Casino Show Gambling. (S)

10.00 Am Dro! 11.00-11.35pm Arfordir Cymru: Bae

## FREEUIEW AND SATELLITE CHANNELS

11.30am Dress To Impress 1.30 **NEW SERIES!** American Ninia Warrior **3.25** Catchphrase **4.10** Bob's Burgers **5.10 FILM** Cloudy With A Chance Of Meatballs (2009) **7.00 FILM** Evan Almighty (2007) 9.00 NEW EPISODE! Love Ìsland: Unseen Bits 10.05 Olivia Attwood: The Price Of Perfection

11.05 Family Guy 12.05 American Dad! 1.05 Iain Stirling's CelebAbility 1.50 All American 2.45-3am Unwind With ITV

10.45am Inspector Morse 1.00 Poirot 3.10 Endeavour 5.05 Midsomer Murders **9.00** Grantchester. Double bill. **11.05** Endeavour 12.55 Poirot 2.00-2.30am Unwind With ITV

11.35am The Best Of Saint & Greavsie 12.35 Made In Britain Greavise 12.35 Made in Britain 1.05 The Derby Through The Years 1.30 LIVE SPORT! ITV Racing: From York 4.00 FILM The Far Country (1954) 6.00 LIVE SPORT! World Series Of Darts 10.00 FILM The Silence Of The Lambs (1991) 12.15 Made In Britain 1.15 The Sweeney 2.10-2.40am The Protectors

## **BBC THREE**

7pm NEW EPISODE! The Film Fan's Guide To John Krasinski **7.20 NEW EPISODE!** Doctor Who: Unleashed 7.50 EastEnders 8.50 Zen Motoring 9.00 Suits 10.25 Two Pints Of Lager And A Packet Of Crisps 11.25 Laugh Lessons 11.30 Paranormal The Village That Saw Aliens 12.30 I Kissed A Boy 1.10 Confessions Of

A Teenage Fraudster 1.55 Boot Dreams: Now Or Never **2.55-3.55am** Two Pints Of Lager And A

**7pm** How The Wild West Was Won With Ray Mears 8.00 Castles Britain's Fortified History 9.00 NEW EPISODE! Jana: Marked For Life **10.35** Ian Rankin And The Case Of The Disappearing Detective: Imagine 11.35 Mark Lawson Talks To Ian Rankin 12.35 One Foot In The Grave 1.05 Butterflies 1.35 Castles: Britain's Fortified History 2.35-3.35am How The Wild West Was Won With Ray Mears

11.45am Modern Family 12.50 FILM Zathura: A Space Adventure

Family sci-fi adventure, starring Josh Hutcherson. (2005) 2.50 FILM Peter Rabbit. Family comedy, with the voice of James Corden. (2018) **4.40** The Big Bang Theory **7.05** FILM 13 Going On 30. Romantic comedy, starring Jennifer Garner. (2004) 9.00 Celebrity Gogglebox 10.00 Gogglebox 12.05 First Dates 2.20 Gogglebox 4.10-6am Modern Family

## **MORE4**

11.25am A Place In The Sun 12.30 Bake Off: The Professionals 1.35 PopMaster TV 3.40 Come Dine With Me **6.20** Four In A Bed **9.00** 24 Hours In A&E **11.05** 8 Out Of 10 Cats Does Countdown Christmas Special **12.10** 8 Out Of 10 Cats Does Countdown
1.15 24 Hours In A&E 3.25-3.50am A Place In The Sun

11am The 7th Voyage Of Sinbad (1958) **12.45** Madagascar: Escape 2 Africa (2008) **2.30** Galaxy Quest (1999) 4.30 Star Trek: Nemesis (2002) **6.45** Charlie's Angels (2019) **9.00** Commando. Action adventure, starring Arnold Schwarzenegger. (1985) 10.50 Dead Man's Shoes (2004) 12.35 No One Lives (2012) 2.15-4am The Autopsy Of Jane Doe (2016)

## TALKING PICTURES

12noon Hawkeye & The Last Of The Mohicans 12.30 Colonel March Of Scotland Yard 1.00 FILM Unearthly Stranger (1963) 2.35 Designing Women 3.00 Captain Scarlet And The Mysterons 3.35 FILM Valley Of The Dragons (1961) **5.15** Batman **5.50** Look At Life **6.00** In Suspicious

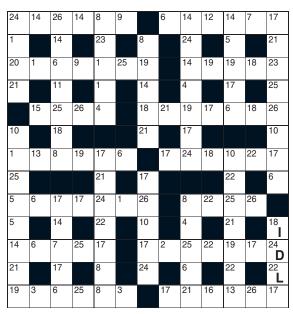
Circumstances 7.00 Dixon Of Dock Green **8.00** Budgie **9.00 FILM** The Two Faces Of Dr Jekyll (1960) 10.45 The Edgar Wallace Mystery Theatre 11.55 FILM The Light At The Edge Of The World (1971) 2.25 FILM Sierra Baron (1958) 4.05 Look At Life 4.20 The Road To D-Day 5.30-6am The Law & Mr Jones

## GREAT! ACTION 12noon FILM Cripple Creek (1952)

1.45 FILM Battle Of Rogue River (1954) 3.20 Wild West Chronicles 5.00 FILM The Quick And The Dead (1963) 7.00 Snipers 8.10 FILM (1903) 7.00 Silpers 6.10 Film NYC: Tornado Terror. Disaster thriller, starring Nicole de Boer. (2008) 10.00 FILM Machete (2010) 12.15 FILM Escape Plan: The Extractors (2019) 2.15 FILM Active Stealth (1999) 4.20-4.50am Wild West Chronicles

## Code word

In this crossword, each letter of the alphabet appears as a code number. Crack the code to complete the grid. We have given you some letters to start you off. Once you've completed the puzzle, transfer the appropriate letters to the smaller grid to spell out the name of a Coronation Street character.



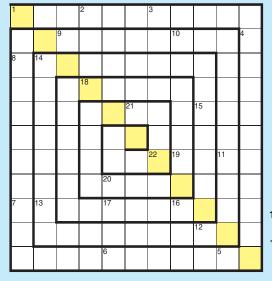
A B C Ø E F G H V J K V M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18 <b>[</b>	19	20	21	22 <b>L</b>	23	24 <b>D</b>	25	26
19	1	13	3 1	4 3	3	3	14	10	17	17	1	0

## Puzzles

## **Word spiral**

In this puzzle, the last letter of each solution word is the first letter of the next. Once completed, the shaded diagonal letters – read left to right – will spell out the name of a former *EastEnders* character.



- 1 Male monarch (4) 2 Lady \_\_\_\_, Poker
- Face singer (4)
- 3 Bead counting frame (6)
- 4 Poor-quality (11)
- 5 Images in sleep (6)
- 6 Surrender, give in (to) (7)
- **7** Grizzly's baby (4,3)
- 8 Boast (4)
- 9 Bubbling sound of water as of from a bottle (6)
- 10 November in the order of months (8)
- 11 Widespread destruction and great disorder (5)

- 12 Seller of used motors (3,6)
- 13 Italian meat-filled pasta dish (7)
- 14 Domestic hardware dealer (10)
- 15 Bring to mind (6)
- \_\_ Schreiber. Hollywood actor (4)
- 17 Computer fun activity (5,4)
- 18 Widespread disease in an area (8)
- 19 Miley , Hannah Montana star (5)
- 20 Energy to withstand fatigue (7)
- 21 India's continent (4)
- 22 Own up, come clean (5)

## Mind the gap

Fill these three-letter words into the spaces on the right, so that each row spells out a word. Once completed, the shaded column - read top to bottom will spell out the surname of an Emmerdale actor.

**ARE** PIP **PRO** GIN MAT TEN PET WAR

В	L	0	W			Ε
Α	R	0			-1	С
Ι	Ν			D	L	Υ
С	L	-1	Ν			G
Р	R	Ш			O	Ш
Α	Р			_	H	Ш
Α	М			Т	Т	0
D	I	S			٧	Ε

## Arrow word

Follow the arrows to fill in your answers. Then rearrange the letters in the shaded squares to spell out the first name of a Home and Away character.

Walters, Paddington actress	•	Confident walk	•	Fragrant wood	▼	Meaning or reason	▼	Submissive and easily imposed on	Applications
Image out of focus		Stand for a golf ball	-			Australian bird		•	•
				Hills of sand					
Singlet		Healy, Irish singer				View, look at			
<b>&gt;</b>				Smells awful	-				

## Kriss kross

Using logic, fit all the words in the grid. Then rearrange the shaded squares to spell out the name of a Neighbours character.

3 letters	5 letters	
DEB	AWFUL	
FLU	BIBLE	
NIL	EXT0L	
NUT	FABLE	
SKY	IDLER	
TRY	SOLVE	
4 letters	9 letters	
EPIC	FADDINESS	
IBEX	TURPITUDE	
PLUS		
SARI		

## 3 O U T I 9 R U T П Е И I Г В J U J W A E L I C L I N S R I B C E

YAT

**KRISTA SINCLAIR** 

KEISS KEOSS



**ARROW WORD** 

DISPROVE ,OTT38AMA **APPETITE** PRETENCE CTINCINC' INWARDLY, **JITAMOAA B**FOMbIbE<sup>1</sup>

MIND THE GAP



O X H P F R G S K B Q V Y CODE WORD: THBUSHMENZYME TOYAH HABEEB



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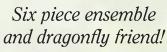
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little hand. They quickly become friends. Now, you too can help Little Explorer make new friends and collect more nature souvenirs. Introducing the Little Explorer Doll from Ashton-Drake.

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A TOP midfield makes your Dream Team XI tick — how many of these stars can you afford to leave out?

## BRUNO FERNANDES (£6m)

One of the strongest midfield options in the game. Instrumental in Portugal's qualifiers, the Manchester United

ne Manchester United ace bagged six goals and eight assists to ensure his country booked their place in Germany with ten wins from ten.

### JUDE BELLINGHAM (£6m)

England upstart will be one of easy to see why. Bellingham, 20, was pivotal in Real Madrid's LaLiga and European Cup wins. If used in an advanced role could be seen to be see

advanced role could really rack up points



KEVIN DE BRUYNE (£7m)

No discussion of top midfielders is complete without De Bruyne.

Gaffers eyeing the

Gaffers eyeing the fixture lists will be excited by the prospect of his Belgium side facing Slovakia, Romania excited and Ukraine.

### **ANTOINE GRIEZMANN** (£6.5r

Mainly a striker for Atletico Madrid now but a midfielder in

**Dream Team Euros** as he plays a deeper role for France. Griezmann

helped push Les
Bleus to the
2022 Woo
Cup final a
hope for a World and will a similar impact in Germany.

## **SCAN HERE** rrigitus



VIRGIL VAN DIJK (Holland) DEFENDER



Mike Maignan Manuel Neuer Jordan Pickfor Marc-Andre Germany £4.0m ter Stegen Gianluigi Italy £4.0m Donnarumma Diogo Costa Unai Simon Koen Casteels Matz Sels Portugal Spain Belgium Belgium £3.5m £3.5m Dominik £3.5m Croatia Livakovic Bart Verbrugge Holland £3.5m Verbruggen
David Raya
Kasper
Schmeichel
Aaron Ramsda
Alphonse Areo
Guglielmo
Vicario
Rui Spain £3.5m Denmark £3.0m England France Italy £3.0m Portugal £3.0m £3.0m £3.0m Portugal Slovenia £3.0m Switzerland Somme Austria £2 5m £2.5m Belgium Kaminski Peter Gulacsi Hungary



I I I I I I

England der-Arnold Theo Theo Hernandez Kieran Trippier Giovanni Di Lorenzo France Harry Maguire John Stones Antonio
Rudiger
Alex Grimaldo
Joao Cancelo
Denzel
Dumfries
William Salib: Acerbi
Dani Carvajal
Luke Shaw
Nathan Ake
Aymeric
Laporte
Federico Dimarco Jonathan Tah Ruben Dias Dayot Upamecano

England Italy England England Germany Spain Portugal Holland France England Italy Spain Spain Italy Germany Portugal

自由

MOOD

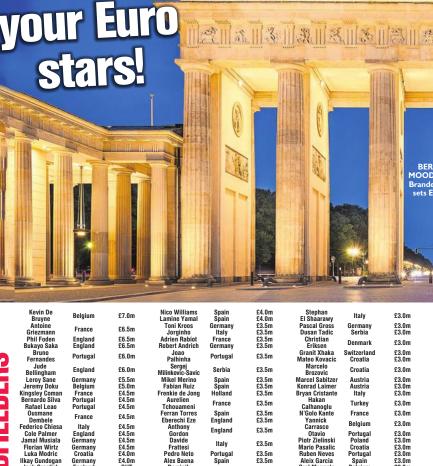
**We give** 

DREAM TEAM'S Euros fantasy game is available to play right now.

Test your skills against footy-mad fans from all over the world while also competing for a slice of the £50,000 prize pot.

You get an initial £50million budget to build an XI of European superstars set to compete in Germany.

There is no limit on the number of players you can sign from any one team so load up on England favourites



Ilkay Gundoga Jack Grealish England England

Portuga

England

Germany Belgium

France Portugal Portugal

France

Italy

England Germany Germany Croatia

Germany England

Belgium

Belgium

Italy England

Spain Spain Spain Spain Netherlan

Leandro Trossard Youri Tielemans

Nicolo Barella Jarrod Bowen

Dani Olmo Rodri

£6.5m £6.5m

£6 0m

£5.5m £5.0m £4.5m £4.5m £4.5m

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Toni Kroos Jorginho Adrien Rabiot Robert Andrich Germany Italy France Germany Joao Palhinha Sergej Milinkovic-Savic Portuga £3.5m Serhia Mikel Merino Fabian Ruiz Frenkie de Jong Aurelien Spain Spain Holland Aurelien Tchouameni Ferran Torres France £3.5m Spain England Ferran Torres
Eberechi Eze
Anthony
Gordon
Davide
Frattesi
Pedro Neto England Italy Portugal Spain Alex Baena Dominik Szoboszlai Hungary Youssout Fofana Eduardo Camaving Warren £3.5m France France £3.5m

France

Holland

Crnatia

Zaire-Emery Georginio Wijnaldum Ivan Perisic

£3.5m £3.5m

£3.5m

£3.0m

£3.0m

El Shaarawy
Pascal Gross
Dusan Tadic
Christian
Eriksen
Granit Xhaka
Mateo Kovacic
Marcelo
Brozovic
Marcel Sabitzer
Konrad Laimer Konrad Laimer Bryan Cristante Hakan Calhanoglu N'Golo Kante Yannick Carrasco Otavio Piotr Zielinski Mario Pasalic Ruben Neves Aleix Garcia Orel Mangala Lorenzo
Pellegrini
Marcos
Llorente
Steven

Germany Serbia £3.0m £3.0m £3.0m Denmark £3.0m £3.0m Crnatia £3 0m £3.0m £3.0m £3.0m Austria Austria Italy Turkey £3.0m France £3.0m £3.0m Belaium Portugal Poland Croatia Portugal £3.0m £3.0m £3.0m £3.0m Spain Belgium £3.0m £3.0m £3.0m Italy Spain £3.0m Holland £3.0m Berawiin £3.0m England Declan Rice Teun

£3.0m

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## DOWNLOAD THE APP & ENTER ON YOUR PHONE



THATT

Store

	0	00.5
Manuel Akanji Jonathan	Switzerland	£3.5m
Clauss	France	£3.5m
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Pau Cubarsi	Spain	£3.5m
Matteo Darmian	Italy	£3.0m
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Ricardo	Switzerland	00.0
Rodriguez	Switzerland	£3.0m
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Meunier		
Fabian Schar	Switzerland	£3.0m
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Ezri Konsa	England	£3.0m
Nelson Semedo	Portugal	£3.0m
Marc Guehi	England	£3.0m
Raoul	Italy	£3.0m
Bellanova		
Josip Juranovic	Croatia	£3.0m
Waldemar Anton	Germany	£3.0m

Wout Faes Victor Nelsson Josip Sutalo	Belgium Denmark Croatia	£3.0m £3.0m £3.0m
Alessandro Buongiorno	Italy	£3.0m
Lutsĥarel Geertruida	Holland	£3.0m
Dani Vivian Ian Maatsen Alexander Bah	Spain Holland Denmark	£3.0m £3.0m £3.0m
Riccardo Calafiori	Italy	£3.0m
Jarrad Branthwaite	England	OUT
Victor Kristiansen	Denmark	£3.0m
Andrea Cambiaso	Italy	£3.0m
Jesus Navas	Spain	£2.5m
Domagoj Vida	Croatia	£2.5m
Loic Nego	Hungary	£2.5m
Jannik Vestergaard	Denmark	£2.5m
Willi Orban	Hungary	£2.5m
Milan Skriniar	Slovakia	£2.5m
Silvan Widmer	Switzerland	£2.5m
Kevin Danso	Austria	£2.5m
Phillipp Mwene	Austria	£2.5m
Stefan Lainer	Austria	£2.5m
Abdulkerim	Turkey	£2.5m

Turkey

£2.5m

# your disposal which, if played at right moments, will send you flying if you think football is coming home. React to the unfolding drama by making transfers as the tournament progresses. And things ramp up for the quarterfinals when your budget rises to £53m. You select a captain each matchday who has their points doubled as a result. Your vice-captain's points double if your first-choice skipper does not play at all. Most excitingly, you get three boosters

at your disposal which, if played at the right moments, will send you flying up the leaderboard.

Maximum Captain removes the captaincy dilemma by ensuring the player who earns most points for your team is the one who gets their score doubled.

Twelfth Man allows you to select an additional player from any position to score points for your team for free.

Goal Bonus increases the value of a goal to TEN POINTS — instead of six — so make sure your XI is full of attacking talent when this booster is activated.

Each booster can only be played in one of the seven matchdays. Get your timing right and the points roll in but it will be curtains if you get your booster strategy wrong!

As always with Dream Team, our Euros game is best enjoyed with family, friends and colleagues, battling in a Mini League.

The deadline for matchday 1 is 7pm on Friday, June 14 — an hour before the Germany v Scotland opener kicks off. Play via Dream Team's app or website now!



ALVARO MORATA

(Spain)

**STRIKER** 

**WINNER:** £25,000

**EUROS** 

**RUNNER-UP:** £5,000 HAMPIONS

> 3rd TO 22nd: £1.000 each

## **HOW TO SCORE**

	ALL	PLA	<b>YERS</b>
Goal			+

Assist	+3pts
Shot on tar	get+1pt
Big chance	
	+1pt

Tackles (per two)...+1pt
Appearance (up to 60
minutes)....+1pt
Appearance (60 min or Red card.....-3pts Own goal .....-2pts
Penalty miss....-3pts
GOALKEEPERS AND
DEFENDERS ONLY

Clean sheet (minimum 60 min played).....+5pt Each goal conceded over one.....1pt GOALKEEPERS ONLY

Saves (per two).....+1pt

Soves (per two).....+1pt
Penalty save......+3pts

All players are also
able to earn Bonus
Points (maximum of
five per fixture! by
accumulating Player
Performance Marks.
They are determined
by the following
statistics — successful
dribbles, accurate
crosses, pass completion rate, interceptions,
blocks, fouls won and
goals scored outside
the penalty area.
Players will lose
performance marks
for offsides, fouls

for offsides, fouls conceded and errors that lead to goals.

Nicolo Fagioli Lovro Maier	Italy Croatia	£3.0m £3.0m	
erdy Schouten loev Veerman	Holland Holland	£3.0m £3.0m	
Conor Gallagher	England	£3.0m	
Tijjani Reijnders	Holland	£3.0m	
Vitinha	Portugal	£3.0m	
Ryan Gravenberch	Holland	£3.0m	
Chris Fuhrich	Germany	£3.0m	
Amadou Onana	Belgium	£3.0m	
uinten Timber	Holland	£3.0m	
Francisco Conceicao	Portugal	£3.0m	
Mykhailo Mudrvk	Ukraine	£3.0m	
Martín Zubimendi	Spain	£3.0m	

Relaium

Spain Portugal

£3.0m

£3.0m £3.0m

£3 0m £3.0m £3.0m

£2 5m

IN THE

Barcola Aleksanda

	Kylian Mbappe	France	£7.5III £7.5m	Kramaric	Croatia	£3.0m
	Cristiano Ronaldo	Portugal	£6.0m	Ante Budimir Wout Weghorst	Croatia Holland	£3.0m £3.0m
	Romelu Lukaku Alvaro Morata	Belgium Spain	£5.5m £5.5m	Ivan Toney Yussuf Poulsen	England Denmark	£3.0m £3.0m
	Robert Lewandowski	Poland	£5.0m	Gianluca Scamacca	Italy	£3.0m
	Olivier Giroud	France	£4.5m	Patrik Schick	Czechia	£3.0m
40	Diogo Jota	Portugal	£4.5m	Artem Dovbyk	Ukraine	£3.0m
S	Kai Havertz	Germany	£4.5m	Jonas Wind	Denmark	£3.0m
	Joao Felix	Portugal	£4.5m	Khvicha	Georgia	£3.0m
	Thomas Muller	Germany	£4.0m	Kvaratskhelia	-	
	Niclas Fullkrug	Germany	£4.0m	Brian Brobbey	Holland	£3.0m
	Aleksandar	Serbia	£4.0m	Mateo Retegui	Italy	£3.0m
	Mitrovic	001010	2	Deniz Undav	Germany	£3.0m
	Marcus Thuram	France	£4.0m	Charles De Ketelaere	Belgium	£3.0m
	Dusan Vlahovic Cody Gakpo	Serbia Holland	£4.0m £4.0m	Maximilian Beier	Germany	£3.0m
<u>~</u>	Randal Kolo	понани	24.0111	Marko		
	Muani	France	£4.0m	Arnautovic	Austria	£2.5m
	Rasmus	Denmark	£4.0m	Joselu	Spain	£2.5m
	Hojlund			Michael	Austria	£2.5m
	Memphis Depay	Holland	£3.5m	Gregoritsch Beniamin Sesko	Slovenia	£2.5m
	Ollie Watkins	England	£3.5m	Avoze Perez	Spain	£2.5m
	Donvell Malen	Holland	£3.5m	Énes Unal	Turkey	£2.5m
	Mikel			Breel Embolo	Switzerland	£2.5m
	Ovarzabal	Spain	£3.5m	Roman		
	Lois Openda	Belgium	£3.5m	Yaremchuk	Ukraine	£2.5m
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