

How did platforms not do a sanity check before mistaking another person for me?

Soumya Vajpayee

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inger Sonu Nigam who quit X (formerly Twitter) in 2017 itself found himself in the middle of an unsavoury controversy on Tuesday, right after the Lok Sabha results. Another user, who goes by the handle Sonu Nigam Singh posted an angry outburst against Ayodhya voters, and soon enough, media channels started misattributing it to the singer. This followed trolling of singer Sonu Nigam, who was not amused.

"I wonder how the media platforms that mistook him for me didn't do their basic sanity check by reading the description of the account. His handle says 'Sonu Nigam Singh' and the description says that he's a criminal

lawyer from Bihar," says Nigam, talking exclusively to HT City. Apparently, the handle @sonunigamsingh, with a blue tick and 59.2K followers, and also followed by PM Narendra Modi and Minister of Commerce & Industry Piyush Goyal makes politically charged statements and has earlier also been mistaken for the singer's account.

"I don't believe in making any sensational political remarks and I only focus on my work. But yeh incident alarming hai, not just for me, but also for my family's safety," says Nigam.

How does he plan to address this? He says, "My well-wishers often send me screenshots of [Singh's] posts. My team reached out to him and insisted he fix his handle name, as millions of people are being misled by him using my surname. We'll find a way to fix it."

I don't believe in making any sensational political remarks. The incident is alarming for me and my family. SONU NIGAM, Singer अयोध्या में BJP की हार बर्दाश्त नहीं कर पाए सोनू निगम! Sonu Nigam @ @SonuNigamSingh · 12h जिस सरकार ने पूरे अयोध्या को चमका दिया, नया एयरपोर्ट

दिया, रेलवे स्टेशन दिया, 500 सालों के बाद राम मंदिर बनवाकर दिया, पूरी की पूरी एक टेंपल इकोनॉमी बनाकर दी उस पार्टी को अयोध्या जी सीट पर संघर्ष करना पड़ रहा है।

शर्मनाक है अयोध्यावासियों! Q 12K 13 18K Q 83K III 2M Q 1

(Above) A screengrab of a website's report that was picked up by panelists on news channel debates; (left) Sonu Nigam Singh's post on X

PHOTOS: INSTAGRAM

Sanjeeda Shaikh (L), who was married to Aamir Ali (R), spoke of "partners who demotivate you" in a recent interview

Washing dirty linen in public not my class: Aamir Ali

ctor Aamir Ali has ruled out ex-wife, actor Sanjeeda Shaikh referring to him when she, in a recent interview, brought up the subject of 'partners who try to demotivate you'. Ali, who was married to Shaikh for eight years before they split in 2020, says she was likely referring to another juncture of her life. "We haven't been together for nearly five years. She could have gone through something in that period," Ali told News18. "Ours is an old story now that

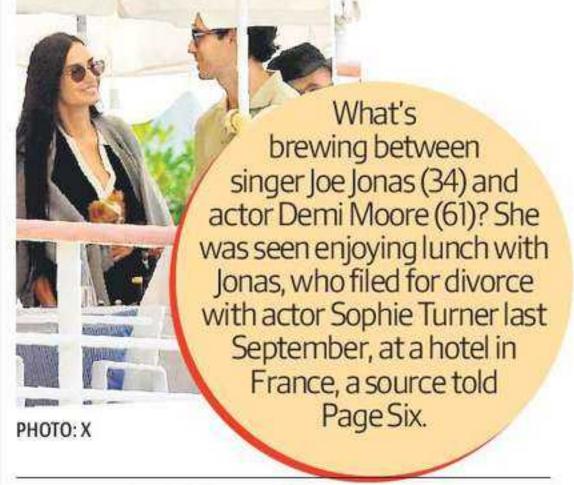
is over. I know what I went

through in that separation

period and what happened to me. But washing dirty linen in public is not my class," added Ali, who has a six-year-old daughter with Shaikh.

Recently, Shaikh, who was seen in Heeramandi: The Diamond Bazaar, told Hauterrfly: "There are men, and there are partners who try to demotivate you, who tell you that you can't do anything. It's better to be away from such people. There are phases in a relationship where you're happy, and some when you are not. Then you take a call for your life and that's what I did."

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Migration

travel to the

targeted areas

Absorption

exosomes are

absorbed into

These

deeply

the hair

follicles

PHOTOS: HTCS

Release of

growth factor -

rich exosomes

on the scalp

Targeting

They find

and latch

damaged

hair cells

Repair and

promoting repair *

healing

essential

nutrients,

and growth

They deliver

onto

exosome

Initiate the

process by

releasing

HEALTH on Thursday

Dr Batra's® introduces XOGEN, an advanced hair regeneration treatment in India How Xogen works?

XOGEN is effective in treating all types of hair loss, including hereditary hair loss for both men and women

Scan here to visit HTHealth

s hair loss continues to affect millions across India, Dr Batra's® healthcare, with a legacy built on decades of excellence in holistic healthcare, introduces the world's most advanced hair regeneration treatment in India. Dr Batra's® XOGEN is launched

with a vision to reshape India's hair loss story by using the potential of exosomes. This revolutionary treatment stimulates hair regeneration and reduces treatment time. Unlike traditional treatments, it targets hair follicles directly, using a targeted approach. The emphasis on addressing the problem from its root cause gives much faster and longer-lasting results, sometimes as quick as three months, while other hair treatments available on the market today usually take 5-6 months to show visible results.

Dr Batra's® XOGEN is designed to tackle a wide range of hair loss issues, in both men and women, from hormonal to hereditary. Hereditary hair loss, often considered untreatable, finds a new hope in XOGEN. Hereditary hair loss is often caused by increased sensitivity of hair roots to androgen receptors. XOGEN contains mRNA, miRNA, and 1,470 growth factors that help reduce the sensitivity of androgen receptors, thereby treating the root cause of hereditary hair loss (androgenetic alopecia).

WHAT ARE EXOSOMES? Exosomes are at the forefront of medical research and industry attention. These biomarkers hold tremendous potential in drug delivery, regenerative medicine, and diagnostics. Originating from body cells, they are biological molecules that play a crucial role in cell communication and tissue regeneration. They contain growth factors, proteins, and genetic material that stimulate

RECENT RESEARCH AND DEVELOPMENT Researchers in the healthcare industry are exploring exosome-

PHOTOS: SHUTTERSTOCK(FOR REPRESENTATIONAL PURPOSE ONLY)

cellular repair and regeneration.

based treatments for various medical advancements, including cancer treatment and neurological issues. Their discovery opens doors to personalised medicine, offering hope for more targeted and effective treatments across a wide range of medical conditions.

Exosome-based formulation

Benefits of Xogen

SAFETY AND EFFICACY Arrests hair follicle miniaturisation: According to research published in ScienceDirect, hair follicle miniaturisation was arrested by 50% and exosome therapy has shown significant improvements in hair density and quality with zero side effects compared to traditional

treatments. Increases hair follicle activity: In another study by the National Centre for Biotechnology Information, there was a 60% increase in hair follicle activity with exosome therapy.

Ensures patient safety: Clinical trials confirm that exosome-based treatment is safe, gentle, non-surgical with no side effects. Research shows

it works well with different hair types.

directly

HOW DOES XOGEN WORKS? THE SCIENCE BEHIND THE TREATMENT

Targets hair follicles

Xogen utilises exosomes to increase blood flow to the scalp. This process, known as angiogenesis, involves the formation of new blood vessels. These new vessels improve the delivery of oxygen and essential nutrients to hair follicles, promoting healthier and more long-lasting hair growth, creating an ideal environment for hair regeneration. Stimulates dormant hair follicles: The exosomes in xogen contain 1,470 growth factors, coenzymes, proteins, and genetic material. When applied to the scalp, these exosomes penetrate deep into the hair follicles and stimulate dormant hair follicles, encouraging them to enter the active growth phase. This results

Reduces inflammation: Inflammation is a common cause of hair loss. The antiinflammatory properties of exosomes help reduce scalp

in the production of new, healthy

hair strands.

regeneration: Xogen has 2 billion hair growth cells. These cells work Highly effective for tirelessly to accelerate the natural hereditary hair loss process of hair growth, helping you achieve thicker, fuller hair quickly.

needs.

inflammation, preventing

This promotes hair growth.

Strengthens hair

enhances their ability to

for men and women with

experienced 96% success in

zero side effects, making it a

various types of hair loss.

THE COMPREHENSIVE

APPROACH OF DR

BATRA'S® XOGEN

hair follicle activity and arrests

in hair follicle miniaturisation.

These results are achieved with

safe and effective treatment for

This treatment is not just about

about creating a healthier scalp

environment to support holistic

hair health. The combination of

advanced diagnostics, targeted

approaches, and homeopathy ensures that each treatment is

personalised to the individual's

stimulating hair growth; it's

hereditary hair loss.

On average, patients

SUCCESS RATE

further damage to hair follicles.

follicles: By delivering essential

nutrients and growth factors

directly to the follicles, xogen

produce thicker, stronger hair.

This is particularly beneficial

Targeted approach: Xogen utilises a state-of-the-art, safe, painless, and non-surgical technique. With the targeted application, exosomes are applied using a specialised delivery system that ensures deep penetration and maximum efficacy. Later, they get absorbed into the hair follicles.

release the growth factors, and

Billion hair growth cells for

promote regeneration. It targets bald areas, ensuring a concentrated treatment. This precision enhances its effectiveness.

Highly effective for hereditary hair loss: Exosomes improve follicle resilience, battling the progressive thinning characteristic of hereditary.

ADVANCED DIAGNOSTICS Dr Batra's® XOGEN captures highresolution scalp images, which are then analysed by advanced AI algorithms. They meticulously count hair follicles, measure their thickness, and detect scalp

conditions with precision.

can experience noticeable

months after starting the

treatment.

improvements within three

PERSONALISED CARE FOR **EVERY PATIENT** Xogen's adaptability is its key strength. It ensures both men and women receive personalised treatment, tailored to their specific hair and scalp conditions. Through Dr Batra's® XOGEN, one

Disclaimer: The veracity of the claims made in this article is the responsibility of the doctor/hospital concerned.

SUSHMA HOLIDAY HOMES IN KASAULI

DAILY HOROSCOPE Thursday, June 06, 2024

Dr Prem Kumar Sharma (Astrologer and Vaastu expert) can be contacted at: Delhi: 011-47033152, 40532026 (Sat to Mon); Panchkula: 91-172-2562832, 2572874 (Tues to Thurs); Mumbai: 09716145644 (Last week of every month)

It is best to nip a minor

ailment in the bud.

Someone may try to be

one-up on you at work.

Fun times with friends or family can-

not be ruled out. A property dispute

LOVE FOCUS: Someone you are

attracted to may give positive signals.

LUCKY NUMBER: 5 LUCKY COLOUR:

appears inevitable for some.

ARIES

MAR 21-APR 20

TAURUS

APR 21-MAY 20

deadline.

Dark Grey

GEMINI

MAY 21-JUN 21

♥PREMASTROLOGER



You are likely to compensate for bad eating habits with regular workouts. Those in high

Eating right will be the key

to good health. You may

experience a financially

fluid situation, but things

will turn in your favour. Delegating

tasks will become essential to meet a

LOVE FOCUS: It is a fine day for

LUCKY NUMBER: 22 LUCKY COLOUR:

lovebirds to spend time together.

positions hold sway over important decisions. Travelling will be a welcome break from routine.

LOVE FOCUS: Those looking for love are in for a pleasant surprise. LUCKY NUMBER: 5 LUCKY COLOUR: Purple

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LEO

JUL 23-AUG 23

VIRGO AUG 24-SEP 23

Cream

Some might become interested in healthy foods. You will need to keep your priorities right on the professional front. An exciting event is likely to bring the family

LOVE FOCUS: A thrilling time is foreseen for those in love. LUCKY NUMBER: 2 LUCKY COLOUR: Light Pink

CAPRICORN DEC 22-JAN 21

ASKPREMASTROLOGER

NOV 23-DEC 21

SAGITTARIUS

A medical issue can cause

problems if you are not

vigilant enough. You are

likely to exercise your

authority on a professional front to

defuse an ugly situation. Excellent

LOVE FOCUS: Love life is likely to get

LUCKY NUMBER: 5 LUCKY COLOUR:

time is foreseen on a long journey.

rejuvenated through your efforts.

Some of you can experience a spot of bad

Peach

health. It is best to avoid a confrontation on the work front. A trip abroad may be delayed due to some unforeseen circumstances.

LOVE FOCUS: You will be able to enjoy a few tender moments with lover. LUCKY NUMBER: 18 LUCKY COLOUR: Brown

LIBRA SEP 24-OCT 23

together.

Health can be your weak point. You will need to prepare thoroughly for a professional presentation. Don't disclose a property deal to

those you don't know well. LOVE FOCUS: Love life is likely to give immense pleasure.

LUCKY NUMBER: 8 LUCKY COLOUR: White

together. Easing off on the academic front is possible, so tighten your belt. LOVE FOCUS: Spending time with a lover will prove most fulfilling today. LUCKY NUMBER: 1 LUCKY COLOUR: Light Green

You will be regular in your

workouts and enjoy good

health. An exciting event

is likely to bring the family

AQUARIUS JAN 22-FEB 19



You will regain total fitness through your efforts. It is best not to splurge till the financial front is fully stabilised.

LOVE FOCUS: Anticipation will save you from obvious pitfalls on the

romantic front. LUCKY NUMBER: 3 LUCKY COLOUR: Yellow

CANCER JUN 22-JUL 22

senior merely by words.

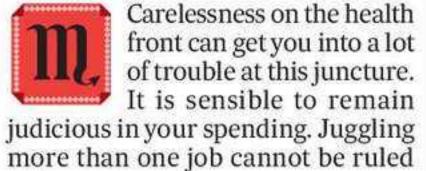


by those wanting to get back in shape. Something not budgeted for may have to be bought in an emergency. It may become difficult to impress a

Efforts need to be doubled

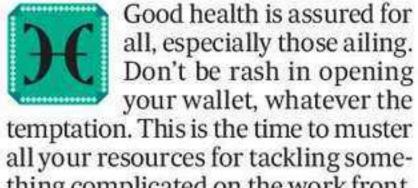
LOVE FOCUS: The one you like may make the first move. LUCKY NUMBER: 17 LUCKY COLOUR: Magenta

SCORPIO OCT 24-NOV 22



find the day blissful. LUCKY NUMBER: 8 LUCKY COLOUR: Silver

PISCES FEB 20-MAR 20



thing complicated on the work front. LOVE FOCUS: Love birds are likely to There is a good chance of setting out for a happening destination. LOVE FOCUS: Love life will be vibrant. LUCKY NUMBER: 6 LUCKY COLOUR: Blue



MANE

Dermatologist Dr Anil KV Minz recommends using mild shampoos and conditioners with a lightweight formula to battle the grease. For oily hair, he suggests using clay conditioners to keep your locks fresh.

Minz also advises against tight caps for long periods to for healthy hair. Here's what tofu and tempeh have a high she recommends to nourish protein score. Protein: Protein is essential

Kavita Devgan, eating the right

foods makes all the difference

preventing hairfall. Pistachios,

cheese and soy products like

your strands:

for hair growth and

fish, poultry, eggs, milk,

Vitamin A and C: Vitamin A aids cell growth while vitamin C helps repair damaged hair. Pumpkin, amla and leafy greens like spinach and kale are good sources for both.

acids are important fats that help hydrate the scalp and hair. Nourish your hair with fish, avocado, chia seeds and walnuts.

Healthy fats: Omega-3 fatty

Harshita

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Entertainment & Promotional Features

BOLLYWOOD GETS SOUTH INDIA WRONG MOST OF THETIME



Actor Jyotika feels she made her comeback to Bollywood during the 'best phase' of Hindi cinema but says the industry still relies on stereotypes to represent the south

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yotika has had a successful Bollywood comeback this year with back-to-back films, Shaitaan and Srikanth. "The comeback was a surprise for me. It happened very organically. For 25 years, there was no sound and suddenly these two films made such noise," says the actor who made her Hindi film debut with Doli Saja Ke Rakhna (1998).

During these 25 years, the actor has been busy with Tamil cinema and has films such as Raatchasi (2019), Udanpirappe (2021) and Chandramukhi 2 (2023) to her credit. While she believes that she has retuned to Hindi films during the "best phase" of Hindi cinema, Jyotika reveals she is still waiting for roles like the ones she is used to in South films. "I chose Shaitaan and Srikanth as they are beautiful stories, but I am looking for more as an actor, in terms of the length of my role in a film," she elaborates.

As she talks about the differences in both industries, the actor also admits that the Hindi film industry often sticks to stereotypical portrayals of the south. "I agree that some things are over-the-top in the south; we love idlisambar and action films, but how it's depicted is definitely overdone. It might be done in good spirits, but frankly, they do get it wrong most of the time," she asserts.

Despite her success in Tamil cinema, Jyotika shares that venturing into south films wasn't her first choice. After the "upsetting" failure of her first film, she shares that looking for work in Bollywood after her debut felt futile: "Your first film has to be a hit for you to be recognised. After that, I did one film in the south, which didn't do well either, but they recognised my talent. That is a difference I saw in both industries." But, she acknowledges that things are changing. "On the sets of Shaitaan, (actor) R Madhavan and I were treated with a lot of respect. They recognised us as big artistes, not just regional actors," she ends.

So grateful: Evangeline Lilly retires from acting ctor Evangeline Lilly has announced **ACTOR** that she will be taking a hiatus from **EVANGELINE** acting. In an Instagram post, the 44-year-old, known for her roles in the LILLY POSTED A series Lost and Ant-Man and The Wasp (2018), said she is "so filled with joy and contentment" and ready to "live out [her] vision." The actor posted an almost 20-year-old video of herself while shooting Lost. The throwback FROM ACTING video shows a young Lilly laying out her dreams for the future. "Ideally, 10 years **EARLIER THIS** from now I'd like to be a retired actress and WEEK have a family," she tells the camera, adding that she would like to be a writer and spend her time doing humanitarian work. Lilly wrote, "Praise God, I feel so grateful for my blessings. Stepping away from what seems like the obvious choice (wealth and fame) can feel scary at times, but stepping into your dharma replaces the fear

PHOTO: INSTAGRAM/EVANGELINELILLYOFFICIAL



with fulfilment." She adds, "I might return to

HAPPY (sic)."

Hollywood one day, but, for now, this is where I belong.

A new season has arrived, and I AM READY ... and I AM

Love, I Want Power which was released in 2021 and produced by Nine Inch Nails frontman Trent Reznor and music producer Atticus Ross.



responsibility and celebrities are increasingly using their platforms to raise awareness about environmental issues and ecological

sustainability. Actors Debinna Bonnerjee and Randeep Hooda as well as former cricketer Sachin Tendulkar were among the celebs who championed green initiatives during World

Wednesday. Bonnerjee posted a Reel showing off her green thumb as she planted trees with her children while Hooda posted a picture he shot of a tiger clawing at a tree and urged his followers to "go hug a tree today." Tendulkar also posted a Reel of himself and wife Anjali on a safari, and captioned it, "There's no limit to how beautiful our planet Earth can be. Here's to staying in awe and Environment Day celebrations on doing our bit."

Debinna Bonnerjee with daughters Lianna and Divishha

Randeep Hooda posted a shot from his wildlife photography



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Sachin Tendulkar and wife Anjali PHOTOS: INSTAGRAM



 GURUGRAM 306, City Center, Sector 29 (Near Hotel Pllazio) PUNCHKUIAN ROAD, Garwal Bhawan, (Near Jhandewalan, Gole Chkr.) WAZIRPUR A-5, Near Richi Rich Banquet (Opp. Shalimar Bagh) JANAKPURI B-1/2, Main Najafgarh Road, Opp. Metro Pillar 543 NOIDA, Nirula's Sec-2, Near Metro Station, Sec-15, Noida, UP LAJPAT NAGAR, 49, Main Ring Road, Adj. Haldi Ram, Near Moolchand Crossing



