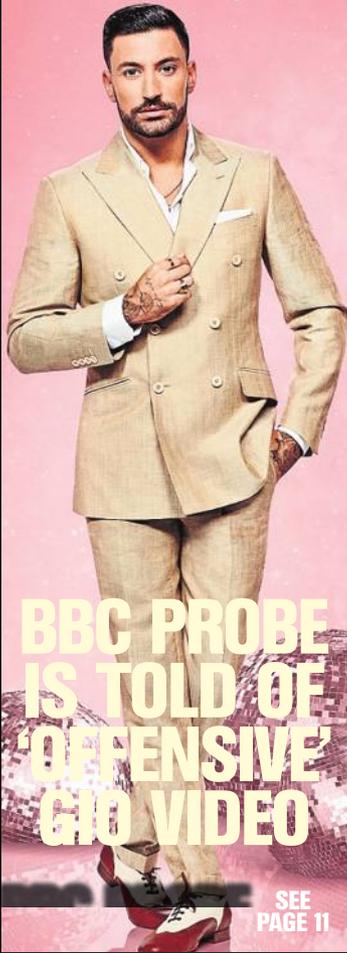


EXCLUSIVE



BBC PROBE IS TOLD OF 'OFFENSIVE' GIO VIDEO

SEE PAGE 11

THE Sun ON SUNDAY

Sunday, May 26, 2024

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TORY SHOCK
RISHI: I'M REVIVING NATIONAL SERVICE

SEE PAGES 8 & 9



TV GOLDEN PAIR SPLIT

Marriage over after 14 years . .
Ruth & Eamonn



NO WAY BACK

EXCLUSIVE

By STEPHEN MOYES

TELLY golden couple Eamonn Holmes and Ruth Langford announced they are divorcing yesterday — and she has confided to pals: "There's no way back."

The former ITV This Morning hosts confirmed the split after 14 years of marriage in an exclusive statement to The Sun on Sunday after drifting apart.

A source said: "Their work commitments took them in different directions." Eamonn plans to address the split on his GB News breakfast show tomorrow.

Full Story — Pages 4 and 5

Ruth's view as she divorces Eamonn

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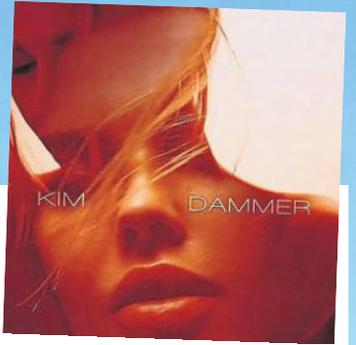




DAMMER'S DAMN FINE

By **LEN READ**

MODEL Kim Dammer is shaping up nicely as a pop singer. The 24-year-old German proved it's not just a bikini she can rock by recording a cover version of the George Michael 1984 classic Careless Whisper, right. Kim — a wow in her country's version of TV's Next Top Model — wrote on Insta: "Follow your dreams."



VERY EXCLUSIVE



By **EMILY WEBBER**

A POP-UP restaurant is rolling in it by serving hot dogs for **£55.20**.

Bubbledogs sells the humble street snack alongside a choice of champagnes — starting at £22 a glass.

A gourmet dog costs £48 with an additional 15 per cent service charge — taking the total to £55.20.

A glass of the cheapest bubbly — Veuve Fourny, Blanc de Blancs, Brut Nature — costs £22 with a bottle priced at £110.

But rather than indistinct meat and fried onions, the dogs come in a range of flavours, including lobster and Beluga caviar — and a vegetarian option.

Celebrity chef Rosemary Shrager, 73, tweeted after a visit: "We tried the lobster hot dog and the truffle hot dog. Both were absolutely delicious."

The pop-up opened on May 10 on the terrace of the five-star 45 Park Lane hotel in London's Mayfair and will serve until the end of September.

The hotel's Elliot Grover, who cooked at this year's Oscars, said: "For devoted Bubbledogs enthusiasts, it's the perfect chance to savour their beloved gourmet hotdogs again."

But one reviewer on OpenTable wrote: "Service was brilliant. But the hotdogs were so small, with no fries or even garnish."

But £1 from each gourmet dog will be donated to youth homelessness charity Centrepoint.

The pricey dogs' diner comes after TV's Gordon Ramsay was slammed for charging £24.50 for fish — with chips £7 extra — in his River Restaurant at London's Savoy hotel.

£55
HOT
DOG

...and it doesn't come with fries



CELEBRITIES will descend on the French Riviera today for the Monaco Grand Prix — where Dutchman Max Verstappen, leading the drivers' standings, will be looking for a hat-trick of wins on the circuit. To celebrate the flashiest of F1 venues, we've scattered star-studded facts through today's Sun on Sunday.

EXCLUSIVE: MARRIAGE OF



● No Eamonn and Ruth pic for 2yrs
● He's moved out of couple's house

EXCLUSIVE STATEMENT GIVEN TO **The Sun** ON SUNDAY

‘Ruth Langsford and Eamonn Holmes have confirmed their marriage is over and they are in the process of divorcing’



Expecting . . couple in 2001, and left, mag covers 2010 wedding



Last Morning . . . leaving daytime show in August 2021

SEPARATE

By **STEPHEN MOYES**, Associate News Editor, and **HANNAH HOPE**

EAMONN Holmes moved out of the mansion he shared with wife Ruth Langsford before their shock divorce announcement yesterday.

The popular presenter, 64, left the telly couple's home only recently for a property nearby.

Revealing their split after 14 years in an exclusive statement to The Sun on Sunday, their spokesperson said: "Ruth Langsford and Eamonn Holmes have confirmed their marriage is over and they are in the process of divorcing."

Sources said their work had taken them in different directions but they were determined to stay friends and keep things amicable.

Eamonn planned to talk about the split on his GB News breakfast

SHOWBIZ SPLIT 1

show tomorrow. A source said: "Eamonn is always frank on camera and knows it will be odd for him to discuss the day's news without mentioning his split so he'll say a few words."

"He is putting on a brave face and will be the true professional he always is. Focusing on work will be a welcome distraction."

He and Ruth, both 64 and based in Weybridge, Surrey, wed in 2010. Tellingly, they had not been pictured out together since The Television and Radio Industries Club awards in 2022.

Friends told how the couple drifted apart in recent months, although Ruth recently visited him when he had a spell in hospital. She has confided to her closest friends that there is no way back for the marriage.

Despite the break-up, Ruth has been helping to nurse Eamonn

back to health following a medical scare at the start of the month.

She visited him in hospital when back issues forced him off air. Just a few days ago Loose Women host Ruth told fans: "I look at Eamonn, who's had his back problems, and it makes you realise how important your health is. I don't know how much Eamonn's mobility will improve. We live in hope."

"He does the physio but there might have to be some acceptance that this might never be 100 per cent right."

Ruth, who presented This Morning on ITV1 with her hubby for 15 years, told how more than a year ago Eamonn had a back operation which went wrong, confining him to a wheelchair.

At one point, he fell and broke his shoulder. Giving no hint to the problems in their relationship, she added: "It's testing, but we manage as a family."

Earlier this month, Eamonn reposted a snap on Instagram of him and Ruth in happier times. It

had previously been shared by a photographer who called them "The best in the business".

Eamonn's re-post was the first time he had shared a picture of himself with Ruth for weeks.

Yesterday neither posted anything about the split on their social media – confirming it only in the brief statement released exclusively to The Sun on Sunday.

After his footie team Manchester United won yesterday's FA Cup Final 2-1 against Manchester City, Eamonn wrote: "My God, what a Cup Final, what a result", adding an image of him with ex-Red Devils boss Sir Alex Ferguson.

Eamonn married first wife Gabrielle in 1985. The couple have grown-up kids Declan, Rebecca and Niall, and separated in 1994.

He met Ruth in 1997 when they were introduced by mutual friends.

They dated for over a decade before he proposed. In 2002, Ruth gave birth to their son, Jack.

The couple started hosting ITV's This Morning together in 2006,

continuing to 2021. They finally got married at Elvetham Hall in Hampshire in 2010 and sold the rights to Hello! magazine.

Fans began speculating about the relationship earlier this month after Eamonn revealed he had "a lot to think about... one of those days" posting it on his Instagram next to a black-and-white picture of himself looking pensive.

Fans also questioned Ruth's whereabouts after Eamonn shared a picture from the christening of his son Declan's daughter.

The post led followers to wonder if Ruth had joined him at the family event in Northern Ireland.

One asked: "Where is your wife, Eamonn Holmes?"

It emerged she spent the day in Cobham, Surrey, enjoying an Easter egg hunt followed by a pub lunch with friends.

On a Loose Women chat last month, Ruth confessed it would not bother her as much if Eamonn left her for a 25-year-old woman, but it would sting if it was someone

STARS OVER AFTER 14 YRS



LAST PIC TOGETHER
Photo shared on Instagram in July 2022

HAYLEY IS DUMPED BY BEAST

Beauty and her Beast ... Mark and Hayley have split



SHOWBIZ SPLIT 2

THE Chase star Mark "The Beast" Labbett has split from girlfriend Hayley Palmer after a year of dating. Quiz whizz Mark, 58, ended the relationship just weeks after he and 42-year-old Hayley celebrated their anniversary with a Beefeater pub meal and walk on the beach.

A source said: "Mark had a lovely time with Hayley and has a lot of respect for her but they wanted different things. "She loves getting dressed up and going out to parties and showbiz events, whereas he prefers to stay at home."

"Mark felt there was too much of an age gap between them for long-term success. They are still friendly."

"Away from his job on telly and filming, Mark enjoys a quiet life and spending time with his son. He is still hopeful he can meet someone to settle down with one day."

A spokesman for Mark said: "I can confirm that Mark and Hayley have split. He won't be making any further comment at this time."

Mark, who has starred on the hit ITV quiz show for 15 years, first wooed his ex with his Toby Carvery Gold Card.

He said previously: "We found a bench in a peaceful spot by the beach and spent hours talking and getting to know each other."

"We've decided to go back there - to Southsea, Portsmouth - to celebrate our anniversary."

"As luck would have it, there's a nice Beefeater near to where her parents live. They already know Hayley's order - nachos and chips."

Smitten Hayley told the Sun on Sunday earlier this month: "He's very handsome. His cheekbones are better than mine. He should be the next James Bond."

"He makes me feel amazing. If there are other people

around, he always includes me and makes me feel really good. He's so respectful and kind. I couldn't be happier."

Mark, who has shed ten stone in recent years, married nurse Katie, 31, in 2014.

They went on to have a son but the relationship ended in 2020.

He blamed the 27-year age gap between them and said the lockdown had added to their marital woes.

It later emerged that Katie was seeing a 31-year-old man in a relationship that Mark was aware of.

Following their split, Mark said: "All that matters is what is best for our son."

Mark is estimated to be worth over £12million thanks to his success on The Chase in the UK, US and Australia.

He has been open about his desire to compete in Strictly but reveals he was turned down for I'm A Celeb because of his weight.

OLIVES

similar to their ages. She told the panel: "See I think, people go, 'Oh, you'd hate it if you were dumped for a younger woman."

"I go, 'No, I would hate it because...; then I could do the whole. 'Oh, Eamonn is such a cliché, he's going with a 25-year-old, how sad."

"But then I think, 'No, the worst thing for me is if he went off with someone the same age."

"I think that's harder than being dumped for someone younger. That's my worst fear."

In a poignant move, Ruth recently commented on her long-lasting marriage, musing: "I think always respect, mutual respect."

"And we laugh a lot. I think love and lust and everything's wonderful at the start of a relationship. "But you've got to have that connection as friends where you feel comfortable with each other."

She added: "I read recently that Camilla said that she and Charles often sit in companionable silence in the same room just reading

their books. Eamonn and I talk a lot and I love his company."

"But also on a Sunday morning, we can just be sitting reading the papers not talking to each other but not feeling awkward."

Ruth also told how her husband had been living with chronic back pain since 2021. She shared: "With any care situation - and there are millions of carers in this country - it isn't always easy."

"But if something happens to somebody you love, you help them as much as you can. It's testing but we manage as a family."

Eamonn opened up further on his health battle, telling of his upset after he could not attend his mother Josie's funeral.

He said: "It's as if somebody up there is playing with my life."

"In the past year I've had an operation on my back which went wrong and has confined me to a wheelchair. I've fallen and broken my shoulder. Honestly, you could not make it up."

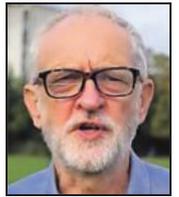
stephen.moyes@the-sun.co.uk



On crutches ... Eamonn last June

LABOUR POWER STRUGGLE

UNION BACKLASH OVER KEIR U-TURN



Independent... Jezza

Starmers rebel is backing Corbyn

By SOPHIA SLEIGH
Political Correspondent

SIR Keir Starmer is already facing mutiny after a Labour councillor backed Jeremy Corbyn. Phil Graham endorsed the ex-Labour leader on his Facebook page on Friday saying there is "only one candidate" voters should consider.

Labour has since suspended Mr Graham as it is against party rules to support candidates opposing the party. Mr Corbyn, who was blocked from standing for Labour, announced he will run as an independent in the Islington North seat he has represented for 40 years.

And insiders fear the race could turn nasty if hard-Left activists descend on the inner London seat. One said: "It will be like no other election. There will be a fallout whatever happens." Polling guru Lord Hayward said Mr Corbyn could hold on to the seat. Cllr Graham was contacted for comment.

By SOPHIA SLEIGH
Political Correspondent

LABOUR was savaged by a union boss last night after leader Sir Keir Starmer watered down his controversial workers' rights plan.

Unite general secretary Sharon Graham said the new scheme – quietly slipped out overnight – now has "more holes in it than Swiss cheese". Labour's document confirms the party's U-turn over a proposed ban on zero-hours contracts – toning it down to only mentioning "exploitative" zero-hours arrangements.

And it softens the party's pledge to introduce a legal "right to switch off" that would allow employees to ignore calls and emails outside of work hours.

Now Labour says workers and employers should have "constructive conversations" and "work together"

Row on workers' rights

on workplace policies or contractual arrangements.

It has also softened language around when measures will come into effect – emphasising the need for consultation with businesses.

The party has also renamed the package Labour's Plan To Make Work Pay: Delivering A New Deal For Working People, as it tries to woo swing voters and business.

It follows a power struggle over how hard the party should go on the reforms, designed by deputy leader Angela Rayner.

Shadow Chancellor Rachel Reeves has been trying to reassure business it can

Critical... Graham

trust Labour. But Unite's Ms Graham criticised the new scheme over a lack of detail on fire and rehire. She said: "The number of caveats and get-outs means it is in danger of becoming a bad bosses' charter."

And she warned the party must show it will "stick to its guns" on workers' rights.

However, Unison backed the new deal, not wanting to rock the boat with Labour when it is within reach of power.

Its general secretary, Christina McAnea, said: "It will make work fairer and boost the economy."

Labour's plan will still hand trade unions sweeping new powers if it wins the

General Election. Tory figures show Labour employment rule changes would cost business £205 billion over a five-year parliament.

Sir Keir defended the deal's rebranding during a visit to Staffordshire yesterday.

He told the BBC: "We have come to an agreement with the trade unions. There's been no watering down. This is the most significant set of protections for a generation."

"It's also something I think employers and good businesses would say, 'looking at the detail of it, this is what we're doing in good businesses'."

A Labour spokesman said: "Labour's New Deal For Working People is our plan to make work pay. It's how we'll boost wages, deliver secure work and support working people to thrive – delivering a genuine living wage, banning exploitative zero-hours contracts and ending fire and rehire."

"The New Deal is a core part of our mission to grow Britain's economy and raise living standards."

The Sun on Sunday Says – Page 14



Under-18 knife sale 'too easy'

POLICE have warned parents that teenagers can easily buy age-18 restricted weapons after a youth killed a 16-year-old boy with a sword.

The suspect, 17, was convicted of murder on Friday at the Old Bailey.

He slashed Rahaan Ahmed Amin last July with a red ninja-style sword at a park in Newham, East London.

The Met found an identical weapon had been bought online weeks before, using the passport of a friend's father, who denied any knowledge.

Det Chief Insp Kelly Allen urged parents "to keep their ID documents secure to ensure they are not misused by children".

Sentencing will take place in September.

Reeves goes to Iceland



By KATE FERGUSON

RACHEL Reeves meets Iceland boss Richard Walker – and accuses Tories of freezing Britain's economy. Labour's Shadow Chancellor slammed the Government as she toured a West London supermarket. Meanwhile, her boss Sir Keir Starmer knocked on Stafford doors, above, in his pitch for power.

CORRECTIONS & CLARIFICATIONS

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Keir: 'Let 16s vote'

SIR Keir Starmer has confirmed he wants the voting age lowered to 16. The Labour leader said on the campaign trail in Staffs: "If you can work, if you can pay tax, if you can serve in your Armed Forces, then you ought to be able to vote."

It would affect 1.5 million young people in the biggest change since 1969, when the voting age was lowered from 21.

It could boost the party as youngsters are more likely to vote Labour.

GAZA TALKS ON

TALKS between Israel and Hamas on a hostages deal are due to restart next week, an official has said.

The decision was made after Israel's Mossad intelligence agency met the CIA and Qatar's Prime Minister – one of the mediators.

The source said: "In the coming week negotiations

will open based on new proposals led by mediators, Egypt and Qatar, and with active US involvement."

Talks over the release of more than 120 Israeli hostages – abducted during Hamas's October 7 assault – have so far fallen short.

Both sides have blamed the other for the deadlock.

Some songs they could use

- Wind Beneath My Wings
- Sunshine On A Rainy Day
- Sultans Of Swing
- I Can See Keir Lead Now
- Super Cooper
- I'm Left, You're Right, Rishi's Gone

general election

BETTER HIT BID

LABOUR is searching for an election pop anthem to replace D:Ream's Things Can Only Get Better – because the Nineties song is considered too Blairite.

Their ex-PM made the tune his theme song in his winning 1997 campaign. But a party bigwig told The Sun on Sunday: "We want a new pop anthem. Something different from 1997 and Tony Blair. We want to be proud of our past but carve our own future."

It comes after leader Sir Keir Starmer denied being a "copycat Tony Blair" following a pledge card launch.

IN BRITAIN'S BEST-SELLING SUNDAY PAPER

TONY PARSONS There is apathy in the UK. We must all snap out of it and vote **PAGE 13**

JANE ATKINSON Letby probe must be on TV so we can see how this evil happened **PAGE 29**

FREE No1 for TV & fashion

WADDY WOMAN

IN MIDDLE OF PAPER

TAYLOR'S GOING ALL COUNTRY



Country club . . . Taylor will be near to Soho Farmhouse

EXCLUSIVE by EMILY WEBBER
Deputy Showbiz Editor

TAYLOR Swift has booked a £3.3million cottage in the Cotswolds for the duration of her tour in the UK.

And it is believed that boyfriend Travis Kelce, 34, will join her at the rural bolthole.

Superstar Taylor, 34, has long been a fan of the English countryside.

The British leg of her blockbuster Eras tour kicks off in Edinburgh on June 7.

A source said: "Taylor has booked the cottage while she is over in the UK."

"She wants a place to unwind away from the tour and the countryside is her happy place."

"Taylor loves dressing up in sequins on stage but is most at home in muddy boots in the fresh air."

When Taylor was with British boyfriend Joe Alwyn, 33, in 2021, the couple were spotted at The Fleece Inn in

Bretforton, Worcestershire. The singer and actor Joe — who broke up last March — stopped by while staying with fashion designer Stella McCartney.

Landlord Nigel Smith revealed that Taylor had popped in "a number of times" and enjoyed the home-cooked food.

The Cotswolds base means Shake It Off star Taylor will be just a stone's throw from celebrity haunt and private members' club Soho Farmhouse near Chipping Norton.

Foreign Secretary David Cameron and wife Samantha live in the area, as do Kate Moss and Britain's Got Talent's Simon Cowell and his co-star Amanda Holden.

Taylor — now dating NFL star Travis, 34, above — is due to perform three shows at Murrayfield Stadium on June 7, 8 and 9 before making her way down to Liverpool and Cardiff.

After that she has a string of dates at Wembley Stadium, London, to end on August 20.

Her 15 shows are expected to boost the country's economy by almost £1billion as her loyal fans are set to fork out £848 on average to see her perform on stage.

emily.webber@thesun.co.uk



LOOK COTT YOU MADE ME DO

Star rents £3m cottage

OOH AH LOOK WHO'S A FAN

ERIC Cantona is a secret Taylor Swift fan and went to see her play in Portugal last night.

The French actor and former footballer, 58, got tickets to Taylor's Eras Tour as she took to the stage at the Estádio da Luz

By EMILY WEBBER

stadium in Lisbon on Saturday. An insider said: "Eric is a Swiftie and was very excited to get a ticket."

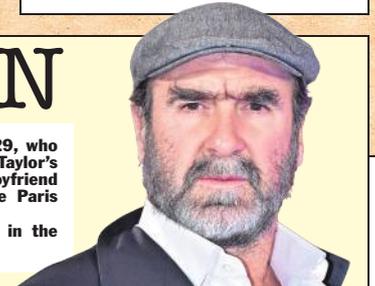
"There has been no shortage of A-listers on Taylor's Eras Tour and

fans love spotting celebrities partying in the crowd."

Cantona — who played for Man United from 1992 to 1997 — pursued an acting career after his retirement from football. The Swiftie joins actor Bradley Cooper,

49, and model Gigi Hadid, 29, who partied and danced with Taylor's American footballer boyfriend Travis Kelce, 34, during the Paris leg of her tour.

Travis said: "We were all in the suite having a blast."



ELECTION 2024

EVERY 18YR-OLD



NEVER MIND THE BALLOTS...HERE'S THE GOSS

Wanted on the campaign trail... former PM

MPs 'NEED BOJO'... BUT HE'S AWAY

By SOPHIA SLEIGH

BORIS Johnson will be out of the country for most of the election in a massive snub to Rishi Sunak. The news will be a big disappointment for some Tory MPs who were hoping he would support them. No10 and Boris aides had suggested the men would team up on the campaign trail. But the former PM already had trips in the diary before Mr Sunak called the General Election for July 4. Friends said they include professional speaking engagements and personal holidays. Tory MPs have been privately writing to Mr Johnson begging for his help in the campaign. Mr Johnson has recorded a video of support for the Tory candidate running in the seat of his close ally Nigel Adams. He said: "It's Boris Johnson here and I am urging you to vote for Charles Richardson as your Conservative candidate for Selby. "He's a fantastic candidate because he is a local man and he knows Selby." One Boris loyalist has even publicly called on Mr Sunak to let him stand as an MP. Tory MP Andrea Jenkyns posted on X: "With so many MPs retiring, I think Boris should stand in one of those seats. We need him."



Block the boats... Tory voters want them stopped

MIGRATION HALT CALL

EXCLUSIVE by SOPHIA SLEIGH

THREE quarters of Tory voters want a halt on all immigration other than that essential to the NHS. And more than eight in ten want the overall rate of net migration reduced to the tens of thousands, according to the Centre for Migration Control survey for a report to be published on Tuesday. Net migration was 685,000 in the year to December 2023, a ten per cent fall from 764,000 a year earlier. Legal Migration minister Tom Pursglove said: "Only Rishi Sunak has a clear plan to bring down migration levels by 300,000."

QUOTE OF THE DAY

"He jumps from the tenth floor of a building, we will follow."

— FINSBURY PARK CAFE OWNER HUSSEIN JABAR, 22, ON FORMER LABOUR LEADER JEREMY CORBYN, WHO IS STANDING AGAINST LABOUR AS AN INDEPENDENT

WINNER OF THE DAY

DAVID Tennant, who was revealed as Shadow Home Secretary Yvette Cooper's favourite Doctor Who star.

LOSER OF THE DAY

SHOPPERS in an Iceland store in West London, who had to dodge a press pack and cameras which were following Rachel Reeves on the campaign trail while they picked up frozen peas.

ELECTION WHISPERS

DRAMA at the BBC Today Programme.

Broadcaster Emma Barnett has joined the flagship politics morning show and is hogging the microphone with her angry rants.

Her Beeb colleagues are furious after politicos started branding it The Emma Barnett Show.

FORMER Labour MP Keith Vaz is said to be thinking about standing for Parliament again — five years after he quit over a cocaine and rent boy scandal.

Vaz — who told male escorts he was a washing machine salesman named Jim — set tongues wagging when Leicester East residents received leaflets about his campaign to lift an import ban on mangoes.

CHIEF political strategist at No10 Isaac Levido is said to have told a Tory MP that a July election would be "a disaster" just a couple of days before his boss Rishi Sunak called one!

WITH ministers off on the campaign trail after the PM's rain-soaked election announcement, Home Office staff headed off to a pub quiz. Their team name? No10 Drowning Street.

By KATE FERGUSON and SOPHIA SLEIGH

THE TORIES will bring back compulsory National Service if they win the election, Prime Minister Rishi Sunak today vows.

Every British 18-year-old man or woman will be expected to serve their country for a year under the proposed scheme.

Teens will be able to choose between two options — a full-time placement in the Armed Forces, or volunteering with charities or civic groups at weekends.

A Royal Commission will be set up to look at how to roll out the scheme. But The Sun on Sunday understands those who refuse to take part will not face criminal sanctions.

Mr Sunak said: "This is a great country but generations of young people have not had the opportunities or experience they deserve — and there are forces trying to divide our society in this uncertain world.

"I have a clear plan to address this and secure our future.

"I will bring in a new version of National Service to create a shared sense of purpose among our young people and a renewed sense of pride in our country."

The PM announced the radical pledge after warning the world is more dangerous now than at any point since the Cold War.

Meanwhile, the Army is at its smallest size since the Napoleonic Wars 200 years ago.

Defence Secretary Grant Shapps has said Britain is in a "pre-war world" and must be prepared for conflicts involving Russia, China, Iran and North Korea.

And Home Secretary James Cleverly said National Service will help bottle the "Blitz Spirit" we saw during the pandemic.

Writing exclusively in The Sun on Sunday, he said the plan would deliver a triple-whammy boost to Britain — protecting the country, training young people, and forging a new sense of patriotism and civic pride.

He said: "This compulsory National Service will forge shared values, pull us together as a nation and develop critical skills of our younger generations.

"Conservatives know what a great country we are, the best country in the world, in fact, but we need to boost our resilience and secure ourselves against future shocks.

"We also need to protect British values, of generosity, duty and patriotism," because it is our values that make us great."

The Sun on Sunday understands teenagers serving under the scheme will not be sent to active war zones.

National Service will build on the sense of civic pride unleashed by The Sun on Sunday's Jobs Army campaign to roll out the Covid vaccine, Mr Cleverly added.

He said: "I hope we never have to confront another global pandemic, but without questioning the wider security challenges we face are growing."

The radical manifesto pledge is the most eye-catching announcement of the election so far.

There have been growing calls for a return to National Service in the wake of Vladimir Putin's invasion of Ukraine.

The head of the Army said Britain should train a "citizen army" to be ready to fight on land.

Speaking earlier this year, Gen Sir Patrick Sanders, said: "Ukraine brutally illustrates that regular armies start wars; citizen armies win them."

Our Armed Forces have seen personnel numbers shrink by a third since 2000, according to the Ministry of Defence.

Britain is woefully under-prepared and could not fight a "high-intensity" war, MPs on the Defence Committee warned.

Army numbers have plummeted from 109,600 in 2000 to 76,950 last year. The Navy shrank from 42,800 to 32,590. And the RAF went from 54,600 to 31,940.

Sweden, Switzerland and Israel already have National Service. In France, President Emmanuel Macron has announced plans to bring back National Service.

Under the Tory plan, every 18-year-old will either join up with a branch of the Armed Forces, or a cyber defence team, for a year.

Or they can volunteer for one weekend per month at a charity or a community group, including organisations such as the police, fire or ambulance services.

Ministers are also open to letting older adults voluntarily do it. The first pilot will

Brilliant way for young to gather skills



By JEROME STARKEY
Defence Editor

NATIONAL Service is a great idea. It exalts the idea of giving something back. It gives people a chance to be part of something bigger.

Covid showed there was no shortage of those ready to help a crisis.

But opportunities are scarce, especially for youngsters who are not qualified for teaching or health roles.

It will train youngsters in skills our predecessors took for granted.

It's not about stripping a rifle or polishing boots. It's about self-reliance, camaraderie and teamwork.

Those that choose the military route will learn how to cope when the power is out and the wi-fi is down.

The skills and confidence they learn will help them get better jobs and lead better lives.

National Service lets the country build the structures it would need for mass conscription if the flag went up for all-out war.

Ukraine has shown us — and our generals have warned us — that if Britain fought a state-on-state war of survival, the professional Army would wear out fast.

Our best chance of victory would be calling up reserves and using professionals to train the volunteers.

It would also solve the Forces' recruitment crisis. The Army, Navy and RAF have struggled to fill their vacancies. National service would

return the Armed Forces to the heart of British life, where they rightfully belong.



Atten-shun!... National Service in UK in 1952

be open for applications from September 2025 — before rolling it out nationally to everyone by the end of the parliament, 2029/30.

It is expected to cost £2.5 billion a year and will be paid for with cash from the UK Shared Prosperity Fund — created to help level up Britain, and by cracking down on tax avoidance. It comes amid alarm at a

rise in young Brits not in work or education. Around 850,000 18 to 24-year-olds are not in education, work or training, up 20,000 in a year, according to the Office for National Statistics. It is the highest since 2006 — and was driven by young men.

Britain introduced National Service in 1947 as the country recovered from the Second World War. Able-bodied men aged 18 to 21 were called up to help the nation maintain its diminishing Empire around the world.

They also helped provide the Army with a large garrison force in post-war Germany and a smaller one in Japan.

National Service was scrapped in 1960. The PM's plan comes as Sir Keir Starmer's Labour Party are over 20 points ahead in the polls.

The Tories are battling to close the gap by making the race about national security — saying only they can be trusted to arm and defend Britain and stand by our allies.

Mr Sunak has also vowed to hike defence spending to 2.5 per cent of GDP by 2030. Labour have said they want to hike it to 2.5 per cent only when they can afford it.

Kate.ferguson@thesun.co.uk

The Sun Says — Page 14

WILL BE CALLED TO SERVE

Brothers in arms . . . Army can help build teamwork



Drive . . . vaccination volunteers

The duty to protect our values

By **JAMES CLEVERLY**
Home Secretary

WHEN the miracle vaccine landed to lift us out of the darkness of the pandemic, the NHS needed an entire squadron of vaccinators.

The Sun led the Jabs Army campaign and thousands of heroes helped get our country back on its feet.

It was an amazing effort, a moment of Blitz spirit to save lives and serve our country.

We have made progress after the shocks of the pandemic and Russia's invasion of Ukraine.

The economy is stabilised and back to growth, but young Brits are growing up in a more uncertain, more unstable world than previous generations.

Russia has started a war on the European continent. Iran's proxies are firing at British ships in the Red Sea. China is conducting cyberattacks.

And technology is changing our society at a dizzying speed, leaving young people uncertain about the future and bombarded with enviable images of their peers' lives online.

It's having a profound effect on their well-being, sense of belonging and ability to find a purpose. Over 15 per cent of 18 to 24-year-olds are not in education or employment.

One in four young people wouldn't consider being friends with someone who supports a political party they don't like.

We must urgently reverse the trends of disengagement and division. We need to regain the sense of duty from the Jabs Army, make our country more secure and forge a stronger national culture.

That's why a Conservative government would reinvent compulsory National Service for all 18-year-olds.

Teens can apply to a year-long placement in the Armed Forces or cyber-defence, gaining life-changing expertise and boosting our ranks of engineers and military personnel.

Those that don't want to do military service will build up skills by volunteering in civic roles, such as a local first aider or supporting flood defences.

Compulsory National Service will forge shared values, pull us together and develop critical skills of younger generations.

Conservatives know what a great country we are, the best country in the world, in fact, but we need to boost our resilience against future shocks.

We also need to protect British values, of generosity, duty and patriotism, because it's our values that make us great.

We did it before and with a Conservative government led by Rishi Sunak, we can do it again now.



PM: Global threat means return of national service

YOUR COUNTRY NEEDS TO

'Purpose' . . . Rishi Sunak

Test lads save Sir

TWO sixth-form students have been hailed heroes after they saved an exam supervisor who collapsed during their A-level test. Charlie Holyer and Oliver Roden, both 18, heard a "crash" and saw him on the floor. They risked being disqualified by getting up to put him in the recovery position, awaiting medics. They later resumed their economics exam at Bishop Wand School, Sunbury, Surrey.

CHIPTO CURRENCY

Crypto millionaire Tyrelle Anderson-Brown, 25, bought fish and chips for 100 people on a visit to home town Nottingham.

GOVER AND OUT

Parting shot on housing crisis after shock resignation



TORY big beast Michael Gove says the failure to tackle the housing crisis is one of the biggest challenges facing Britain.

The political heavyweight made the warning hours before his bombshell resignation on Friday night. He told Levelling Up department I'm off... Michael Gove

EXCLUSIVE by SOPHIA SLEIGH
Political Correspondent

officials that housing and planning will be the toughest issues they face in the next parliament. And he warned a "tangle of factors" make delivering housing a challenge - with power in the hands of the Treasury, Bank of England and international markets. He said: "I think it will be the housing and planning team here who will be asked to do the most and show the greatest level of

ambition - whoever wins the election." Major reforms to the sector have often hit the buffers due to mutiny by Tory MPs. Early in his leadership, PM Rishi Sunak had to drop compulsory housebuilding targets to see off a backbench rebellion. Mr Gove became the latest big name in a mass exodus of Tory MPs stepping down this election. He cited the "toil" of public office after a political career spanning nearly 20 years. His announcement was followed by

one from Brexiteer Dame Andrea Leadsom, who said she was leaving after "careful reflection". A post-war record of 78 Tories have announced they are off, surpassing the 72 who quit before Tony Blair's 1997 landslide. More are anticipated after the PM announced a July 4 election. Minister Bim Adofomi told Times Radio on Saturday: "It's not unnatural if you've got people who served for 20, sometimes 30 or 35 years in Parliament." *sophia.sleigh@thesun.co.uk*

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SERIOUS ABOUT SUMMER



Critic... Sir Jacob

Ofcom in £70k bill for WFH

EXCLUSIVE by ANDY BUCKWELL

TAX-funded TV watchdog Ofcom is spending £70,000 so its staff can work from home. The money is going on specially fitted desks and chairs - and advice on posture involving measuring their arms and legs. They will be trained to use a new computer mouse to ease discomfort. The £70,416 paid to a Sussex firm is funded by £1million a year Ofcom receives from taxes. Many of its 1,256 staff are thought to work from home at least sometimes. Sir Jacob Rees-Mogg has slammed WFH.

Chancellor Jeremy Hunt has said: "I worry when people are permanently working from home." Ofcom said the money is for "workspace adjustment equipment".

FERRARI driver Charles Leclerc was born in Monte Carlo and is one of only five Formula One drivers to have hailed from Monaco in the sport's history.

New car dad dies

A DAD of three died on his birthday after crashing a second-hand car he bought that day. Leighton Curtis, 26, was over the speed limit when he lost control on a bend and hit another car in Chulmleigh, Devon. An inquest heard he had cocaine in his system and did not have a valid licence or insurance. His VW Polo had two dangerous tyres in last July's smash. Verdict: Road traffic collision.

TALK WEATHER
With NAZANEEN GHAFFAR

MON 18°
TUE 18°
WED 19°

Locations: ABERDEEN, EDINBURGH, GLASGOW, NEWCASTLE, BELFAST, LIVERPOOL, MANCHESTER, BIRMINGHAM, NORWICH, DUBLIN, CARDIFF, BRISTOL, LONDON, SOUTHAMPTON, PLYMOUTH

TODAY: An unsettled day with scattered showers which are possible quite widely and some of these will be heavy bringing rumbles of thunder. Sunny spells will develop between the showers.
TONIGHT: Daytime showers will ease and largely clear during the evening to reveal late sunny spells. Mainly dry overnight with clear intervals but there will be a few showers, mostly in the west.
OUTLOOK: Bright tomorrow with sunny spells and scattered showers, some of which will be heavy and thundery in nature. There will be more cloud around on Tuesday with showers developing.

HUGE hailstones left a football-sized hole in a British Midland holiday jet's nose when it ran into a severe thunderstorm over Germany while flying from Cyprus to Manchester on May 26, 2003.

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LAST NIGHT'S LOTTO BALLS

LOTTO: 6, 28, 30, 40, 53, 58. Bonus 13.
HEALTH LOTTO: 2, 19, 28, 41, 49. Bonus 12.

Selected stores. Subject to availability. Shows serving suggestion. Extra Special Gourmet Burger £3.75, 340g (£110 per 100g). Extra Special 6 Caramelised Red Onion Pork Sausages £2.95, 400g (74p per 100g). Asda Succulent Beef Fillet Steak £32 per kg. Extra Special Jumbo King Prawns £4.20, 150g (£2.80 per 100g). Asda 2 Delicate Sea Bass Fillets £2.89, 180g (£1.60 per 100g). Taste tests May - Dec 23. For detail & verification see ASDA.com/TasteMatch May exclude Asda Express and small stores, see ASDA.com/smallstores Minimum basket and delivery charge may apply, delivery and collection slots subject to availability.

NEW STRICTLY PROBE ROW



Backer... Ferrell

Will films support message for Leeds

By RICHARD MORIARTY

HOLLYWOOD star Will Ferrell has made a good luck video for Leeds United ahead of today's Championship play-off final against Southampton.

The 56-year-old Elf and Anchorman star sent a message after pumping his own cash into the American 49ers Enterprises company, which now owns the Whites.

A source said: "Will can't be at the game tomorrow but he wanted to give the players as much encouragement as he can and to let them know he is with them."

"All the players will see it before the game."

The Championship final is regarded as the richest game in football as the winner moves into the Premier League and gets a share of the billions of pounds of TV money.

Pilot pay offer 'no'

A VIRGIN Atlantic summer strike loomed closer last night after pilots rejected a minimum 29.1 per cent pay rise.

Nearly three-quarters of cockpit crew rejected the offer which included scheduling and holiday leave changes.

Pay would rise by 19.2 per cent in the first year of a three-year deal.

But pilots' union Balpa has threatened action if the deal is not improved.

Virgin Atlantic said: "We are confident we will find a way forward."



AT the 2004 race a £250,000 diamond fitted to Christian Klien's Jaguar car to promote the film Ocean's 12 was lost after the Austrian driver crashed out.

U.S. prez nuke win

ROLLS-ROYCE is to help build a Doomsday plane for the US president and military leaders in case of a nuclear attack.

The converted Boeing 747 will be equipped to dodge enemy missiles.

It will also be fitted with refuelling equipment so it can stay airborne until it is safe to land.

The £6.2billion project, replacing 1970s aircraft, is likely to take ten years.

The Derby-based company said: "We are proud to ensure military leaders have the platform to protect national security."



Investigation Strictly star Giovanni



On hols... in Dubai with girlfriend Molly

EXCLUSIVE by HANNAH HOPE Showbiz Editor

A BBC investigation into Giovanni Pernice has been told he sent a celebrity dance partner an offensive video clip.

The broadcaster's team were presented with the new claim last week as they look into the Strictly pro's workplace conduct.

Giovanni, 33, is alleged to have sent the clip via WhatsApp ahead of filming one of the live Saturday night shows.

He did not make, commission or appear in the video.

The BBC has launched an internal investigation after receiving complaints from his previous dance partners, including TV presenter Laura Whitmore and actress Amanda Abbington, who are being represented by lawyers.

A source said: "The BBC was told about the video clip and that someone found the content completely inappropriate, grossly offensive. The BBC was told the celebrity was shocked and upset to receive it on a WhatsApp message, hours before the couple were meant to be dancing together on live television."

"They were told they felt intimidated by it. The women are being incredibly brave in speaking out, especially as a lot of them are going up against vicious messages from his loyal fans."

Giovanni, represented by London-based legal company Schillings, declined to comment, as has the BBC. The dancer recently returned to London after holidaying with girlfriend Molly Brown.

We can also reveal the BBC is using female experts in trauma and abuse to interview the women.

Yesterday, The Sun revealed how at least two of Gio's dance partners accused him of "brutal" training methods that left them "black and blue".

They claim to have photographic evidence of their injuries, which allegedly go beyond the "occupational hazards" of dancing, which Gio's friends have cited.

Last weekend, the Sun on Sunday revealed Sherlock actress Amanda told pals her foot was bruised after being stamped on in training with Giovanni.

His style of training was said to be "toxic", leaving her "sad and despondent". He has vehemently denied the allegations.

hannah.hope@thesun.co.uk



Partner... with Laura

GIO'S VIDEO SHOCK

Claim he sent star dancer film she found offensive

NICKI IN DRUGS ARREST



PAGES 24 & 25

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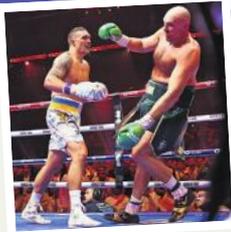
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Tony Parsons

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BRAVE . . . Usyk v Fury

TYSON IS STILL A HERO

NO British sportsman has ever shown more bravery than Tyson Fury in the ninth round of his title fight against Ukraine's Oleksandr Usyk.

Fury divides opinion – although most of the negativity about him comes from the behaviour of his lively entourage.

But nobody can doubt the raw courage it took for the Gypsy King to stay on his feet when every brain cell was telling his body to collapse.

After the fight Fury blurted out that the judges had favoured Usyk because Ukraine is at war.

It was impossible not to cringe.

But nobody should be interviewed immediately after being punched in the head for 36 minutes.

Muhammad Ali made the same kind of graceless comment after Smokin' Joe Frazier beat him flat and square in 1971.

All refused to admit defeat, claiming the judges' verdict was "a white man's decision".

Frazier deserved more respect. So did Usyk.

Yet Tyson Fury is a great British hero.

And his nation should be proud of him.



HOT on the heels of Jonathan Yeo's controversial fifty-shades-of-red depiction of King Charles comes a portrait of the Princess of Wales that will adorn the cover of society mag *Tatler*, above.

It is by Hannah Uzor. "She has risen to her role," says Hannah. "She carries herself with such dignity, elegance and grace."

The portrait of Kate has, as we say in the art game, "divided critics". Which is a polite euphemism for "looks nothing like her".



DISGRACED former Post Office CEO Paula Vennells repeatedly broke down in tears when publicly grilled about the Horizon computer scandal.

I wonder how many tears were shed by the innocent sub-postmasters and their families who were mercilessly hounded by Vennells' goon squad. Over 900 sub-postmasters

were wrongly prosecuted for theft, fraud and false accounting after the Post Office supplied them with faulty accounting software.

They were hounded into public disgrace, prison – and the grave.

Sub-postmaster Martin Griffiths was



falsely accused of taking £60,000 at his Cheshire branch.

Martin took his own life in 2013.

Paula Vennells, left, with a lack of Christian compassion – she is an Anglican priest – once sniffed that Mr Griffiths may have had "mental health issues". So I feel no

sympathy for the wretched woman as she sobbed again while apologising for a disgraceful comment she made to MPs about sub-postmasters "being tempted to put their hands in the till".

Whatever Vennells is suffering now, it is nothing compared to the misery she heaped on all those innocent men and women.



LOSS . . . pooch Stan

READER WORDS SO KIND

THANK you for all your messages about the death of our dog, Stan.

You wrote to me about dogs who died on exactly the same day as Stan – Saturday May 11.

And you wrote to me about dogs who died a week later, and dogs who died years ago, but who have left their paw prints on your heart for ever.

"We lost our beloved Yorkshire terrier, Ben, two years ago and it still feels raw," wrote Dave Gittins of Cannock, Staffs. "You never forget them."

That's so true, Dave. Our dogs give us a pure and unconditional love and when it is gone, oh how we yearn for it.

Grief is indeed the price we pay for love. But when I look back on the 12-and-a-half happy years Stan spent as part of our family, and all the laughs we had, and the way Stan made me smile every day, and all the sunrises and sunsets we saw in every kind of weather, then I know one thing for certain.

This grief is a price worth paying.

THE General Election will be ten days before the final of the Euros in Olympiastadion, Berlin. So ten days before England win their first major football trophy since 1966.

Back home, the lads will no doubt be invited to 10 Downing Street for tea, biscuits and a photo shoot. And our newly elected Prime Minister will get the greatest PR boost since the besuited Beatles collected their MBEs in 1965.

CRAIG MACKINLAY, Tory MP for South Thanet, can teach us all lessons about the human spirit. Last September, Craig became ill with sepsis, a life-threatening condition where the body damages its own organs in response to infection.

He was put into a coma. When he woke, 16 days later, his arms and legs were blackened by blood clots and lack of circulation. Just before Christmas, he had a quadruple amputation.

This week the "bionic MP" returned to the Commons with four prosthetic limbs, calling on the PM to do more to recognise early signs of sepsis. The House came together to give Craig three standing ovations.

His resilience, courage and spirit are incredible to behold. Craig Mackinlay is a credit to Westminster. And the human race.

There is Apathy in the UK. Let's snap out of it and vote

If you are tired of the Tories but leery of Labour, then I can understand why you might skip voting for anyone at all at the General Election on Thursday, July 4.

I get it. I really do. The Tories have been in power for 14 long years but taxes are at a historic high. The police don't seem to give a flying fig about rising crime. The trains don't work. Sometimes it feels as if the

country doesn't work. The bright, sunlit uplands that we were promised after Brexit never really materialised, did they?

But not voting – or wasting your vote on the Monster Raving Reform UK party – would be a mistake.

Because our future will be decided by the people who vote. And how could anyone not want their voice to be heard?

It's a lie that voting changes nothing.

Only choosing to abstain from democracy changes nothing. Only not voting is a meaningless gesture. There is

apathy in the UK and we need to snap out of it – now.

Or sleepwalk our way to an incompetent socialist Government.

I don't think that Keir Starmer is a bad man. I believe that rescuing the Labour Party from the lunatic Left who worshipped Jeremy Corbyn was a huge political achievement.

I think that Starmer's strategy of wrapping himself in the Union Jack is a shrewd move after the last Labour leader, who got weak at the knees dreaming about Hamas, Hezbollah and the IRA.

But I know that everything will get far worse if Labour get in.

All of it. Under Labour, I know that taxes will rise even higher.

I know that the emboldened trade unions will make our lives hell.

I know we will be weaker in the face of foreign aggression.

And I know that wondering aloud if unskilled immigration is possibly just a tad too high will get you called a racist.

In my blood and my bones, I know that things can get far, far worse than they are right now. And you know it too.

There are things that Rishi Sunak can't change. Our fresh-faced PM can't change the fact that the Tories have been in power for 14 years.

Smug certainty

Rishi can't change the fact that a lot of working-class voters changed the habit of a lifetime to vote Conservative at the last General Election, and then felt betrayed by Boris Johnson's lockdown-breaking Partygate.

Sunak can't change the legacy of Tory economic incompetence left by Liz Truss. But Rishi is young, smart, brave, decent and he loves this country.

Keir Starmer's greatest asset is that he does not frighten ordinary Brits.

Starmer only bores us. Doesn't our great country deserve better than that?

Rishi explicitly warned Conservative Party members what would happen to the economy if they chose Liz Truss for leader – it would tank. They didn't listen.

Today Sunak warns the wider electorate what will happen if they let Starmer into Downing Street – it will tank.

Are they listening today?

Perhaps, as all the polls and the pundits predict with smug certainty, the General Election is already a done deal, and it will be Keir Starmer's Labour Party by a landslide.

But no General Election is won until the British people have spoken.

And we have not spoken until we have put our cross in that box.

Previous generations sacrificed everything to preserve our freedom to vote. Voting is a privilege.

Our right to vote is more than priceless. It is sacred.

We have a choice. And we have a vote. And on July 4, we should crawl across broken glass to cast it.



GLAM AND GLUM . . . Jen and hubby Ben

Just look on the bright side, Ben

IT is always difficult to judge how the marriage of Jennifer Lopez and Ben Affleck is progressing.

Jen always looks glad to be alive. Affleck always looks like the most miserable git in Hollywood.

J-Lo was her usual sunny, radiant self

as she promoted her new sci-fi movie *Atlas* in Mexico. Affleck looked like he had the weight of the world on his shoulders when he dined out with pals in LA.

How does a man who is married to Jennifer Lopez always manage to look so glum?

THE Sun
ON SUNDAY
SAYS 26 | 5 | 24

RISHI SUNAK says this election is about being prepared to deliver bold action.

He has certainly lived up to that pledge with his game-changing new plan to bring back National Service for 18-year-olds.

A policy of compulsory military placement will provoke massive debate.

Many teenagers will never have heard of National Service, which ended in 1960, and nobody under 80 will have any direct experience of it. But we live in a time of enormously increased global tension.

Vladimir Putin's Russia and Xi Jinping's China pose an open threat to the West.

The PM has already said he is convinced that "the next few years will be some of the most dangerous yet most transformational our country has ever known".

PM's bold gambit in world of danger

Yet our Armed Forces have been depleted by almost a third since the turn of the century. This plan could help solve that personnel crisis at a stroke.

It also draws a clear dividing line between the Tories and Labour on defence.

Already Sir Keir Starmer has refused to make a wholehearted commitment to match the Tory pledge of increasing defence spending to 2.5 per cent of GDP.

No doubt the Labour Left will be the loudest to shout this plan down. But while bolstering our defences, this 12-month scheme also offers youngsters world-leading training in cyber skills.

And those who choose to take a non-military route can devote one weekend a month to volunteer work, which may also be open to older Brits.

If the plan works, it will inject the spirit of our brilliant Jabs Army into the real Army.

Starmer's union flak

ANGELA Rayner hailed her New Deal for Working People as "the biggest levelling-up of workers' rights in decades".

Labour was to outlaw zero-hours contracts. And employees would enjoy the legal right to switch off – meaning they could ignore calls and emails outside of working hours.

All of this was to be introduced inside the party's first 100 days in government.

But late on Friday night the final package emerged – now rebranded as Labour's Plan To Make Work Pay and watered down more than the beer in a dodgy seaside nightclub.

Less than two weeks ago Sir Keir Starmer told unions he was fully committed to the original policy.

Now furious union boss Sharon Graham said the revised scheme "has more holes in it than a Swiss cheese".

Even the barons know the truth.

The Labour leader will U-turn on any pledge.

ELECTION 2024

LABOUR'S



BY KATE FERGUSON
Sun on Sunday Political Editor

YVETTE Cooper has vowed to unleash a major crackdown on people-smuggling gangs within the first 100 days of Labour coming to power.

The Shadow Home Secretary revealed her first move would be to set up a Border Security Command with counter-terror powers to crack illegal migration.

In her first major newspaper interview since the snap election was called, Ms Cooper insisted Labour could be trusted with Britain's borders.

She told The Sun on Sunday: "We will bring the full force of the law crashing down on the criminal boat gangs and take back control of our borders. This is urgent. Dangerous boat crossings are undermining border security and putting lives at risk. People-smuggling gangs – we are coming for you."

Trust on border control is likely to be a major election battleground. And it is one of only a handful of policy areas where the Tories and Labour are at odds.

In a wide-ranging chat on the campaign trail in Wakefield, West Yorks, Ms Cooper savaged the Tories' record on illegal migration. And she sought to draw a line under Labour's past reputation for being soft on borders by vowing to get tough.

Her plan centres on the new Border Security Command unit, set up within 100 days and involving hundreds of officers working with other European countries to crush trafficking gangs.

She also wants to strike more deals so illegal immigrants can be returned to their home countries.

Labour also wants to tear up the plan to deport illegal migrants to Rwanda – and overturn the Government's ban on boat migrants claiming asylum here. Rishi Sunak's Tories say it will amount to an amnesty for illegal immigrants and hammer taxpayers for the cost of housing, clothing and feeding them.

But Ms Cooper, 55, denied Labour was a soft touch on illegal migration.

The Rwanda plan is a gimmick which has cost taxpayers hundreds of millions of pounds, she believes.

She pointed out that not a single person has been deported to Rwanda and, even when flights begin, only a few hundred would be sent there. Meanwhile, more than 10,000 Channel migrants have arrived so far this year.

"It was a con," Ms Cooper said. "All the Government has been doing is writing cheques – cheque after cheque after cheque. And for a scheme that was only ever going to cover a few hundred people. There was no plan at all. So that's not a deterrent."

Ms Cooper said Britain has already handed over £300million – and counting – to Rwanda. "You could literally send thousands of people on a trip into space for that," she added.

The Labour veteran says she will bring down eye-watering asylum costs by arresting smuggling gangs and clearing the deportation backlog.

But pressed repeatedly by The Sun on Sunday, she refused to say when she would cut boat numbers by, only saying the party wanted "to make progress as rapidly as possible".

Meanwhile, her criticism of the Rwanda plan risks being out of step with other countries. Austria says 14 EU members want to adopt a Rwanda-style scheme.

Currently, Britain sends France hundreds of millions of pounds to crack down on Channel boat migrants.

But critics have accused the French border force of standing back as gangs launch boats from the beaches.

Asked if the deal was good value for



Tough-talking ... Yvette Cooper insists Labour is not soft on borders

WE'RE COMING FOR GANGSTERS

RWANDA IS NO PLAN IT'S A CON

Picture: BEN LACK

money, Ms Cooper simply said that, under Labour, Britain would carry on "working with France".

The Tory government uses the foreign aid budget to help pay for the soaring costs of housing, feeding and clothing illegal immigrants and asylum-seekers.

So, will Labour carry on using aid money – £4.3billion last year – or bow to critics who say it should be spent abroad and leave the Home Office to raise the cash from stretched taxpayers instead?

Ms Cooper sidesteps the question – saying it is one for Shadow Chancellor Rachel Reeves if Labour comes to power. On net legal migration – which stood at 685,000 people last year – Ms Cooper

agreed it was too high and should come down. But she would not say if she would cap work or student visas.

Instead, she says Labour will pump resources into training British people for jobs in industries with vacancies.

"If you have got an increase suddenly in visas for a particular job or a particular occupation, the first question you should be asking is, hang on, what are we doing to get proper training here in the UK in those areas?" she said.

Labour has been out of power for 14 years and not won an election since 2005. Ms Cooper, who is married to fellow Labour big hitter-turned-Good Morning Britain presenter Ed Balls, is one of the

BOATS CHIEF ON MIGRANTS

END SHOPLIFT 'SWEEPS'

THE shoplifting epidemic is so bad louts are acting as if they are on TV's Supermarket Sweep, says Yvette Cooper. Crooks are swiping entire shelves of stuff into washing bags before fleeing, she said. The Shadow Home Secretary said: "I've spoken to staff who say it's got so bad

the thieves just clear shelves. It's like Supermarket Sweep. "Fabric conditioner is being chained to shelves so it's not taken. It's shocking." Ms Cooper also said elderly shoppers no longer feel safe in town centres due to anti-social behaviour. She added: "It's awful for

people to feel that way, and damaging for the shops. "We have to get back to neighbourhood patrols." If elected, Labour aim to toughen the law by scrapping rules which effectively mean police do not pursue shoplifters if they steal goods valued at under £200.



QUICK-FIRE QUESTIONS

- **BEST** election moment? Winning in 1997.
- **WORST** election moment? Soaking wet in the rain in the 2019 election!
- **STRICTLY** or I'm a Celebrity? Totally Strictly (her hubby Ed Balls appeared on it).
- **YOU** were housemates with Ed Miliband — what was his most annoying habit? He never cooked!
- **YOU** wanted to be a Doctor Who assistant when you were younger. Who is your fave Doctor? Now David Tennant. It used to be Peter Davison.
- **TAYLOR** Swift or Beyonce? Beyonce!
- **NAUGHTIEST** thing you've done? (Laughs) I can't repeat it!

My 100-day



Dinghy danger... Channel-crossers

border blitz

BY YVETTE COOPER **SHADOW HOME SECRETARY**

only a handful of Labour frontbenchers who knows what it is like to sit at a Cabinet table. She was Work and Pensions Secretary under Gordon Brown. Under Sir Keir Starmer, the keys to No10 are once again within Labour's reach. They are at least 20 points ahead in the polls and heavy favourites to win. But after years of being seen as soft on illegal migration, can Labour be trusted to get a grip on our borders? Ms Cooper insists it can. "You've had the Conservatives who have made grand promises. Instead, what they've done is actually some of the opposite. What Labour would do is set out practical plans." *kate.ferguson@thesun.co.uk*



Cup for it... Sir Keir

STARMER DULL BUT STEADY

By **LORD IAN AUSTIN**
Former Labour MP

TRADITIONALLY, people voted Conservative because they thought they could run the country and trusted them with their money. Sunak's done his best but voters had probably made up their minds about the Tories before he came in. They blew their reputation on the economy when Kwasi Kwarteng's disastrous budget sent mortgage rates

soaring. Law-breaking parties in Downing Street didn't look like competence and five PMs in eight years doesn't look like stability. They're now more than 20 points behind and no

party has ever come back that far to win. But Labour's massive defeat in 2019 means they still have a mountain to climb. The good thing about this election is Labour now has a credible candidate for PM. Last time, they wanted us to vote for that crazy old commie Corbyn. Under him, Labour was poisoned by racism. Decent Brits

knew whose side they were on and gave Labour the hammering it deserved. It is a credit to Keir Starmer that my old party is even in the game after that, let alone so far ahead. You can see him on the doorstep of No10 or negotiating with Biden. He might not be exciting but comes across as serious and looks like he could do the job.

200 FEARED DEAD AS KHARKIV DIY STORE HIT



AT least 200 shoppers were feared dead yesterday after two Russian missiles hit a DIY store.
The S-300 warheads hit the shop in a busy retail
Huge losses . . . Putin

From PAUL SIMS in Kharkiv
park outside Kharkiv just after 4pm local time.
The impact set off chemical explosions and President Volodymyr Zelensky said: "More than 200 could be inside."
Brit volunteer Tony Ferret, 34,

of Rye, Kent, used his vehicle to clear a path for fire engines.
He said: "No one came out. It's like hitting a Tesco. They have no respect for human life."
Kharkiv's mayor Ihor Terekhov added: "People came for shopping. This is real terror."
The attack came two days

after seven died in a rocket strike on a city printing press.
Ukraine says deaths among Vladimir Putin's battlefield forces have passed 500,000 as the assault on Kharkiv stalls.
In the past day Ukraine said it had killed 1,100 Russians trying to seize border towns.



Singer's double . . . e-fit

Hunt for Denver lookalike 1981 killer

By LEN READ

POLICE have launched a fresh appeal over a John Denver lookalike who stabbed a man to death in a toilet 43 years ago.
The bespectacled murderer knifed pub worker Jimmy Adams 22 times early on May 26, 1981.
He fled the scene, leaving a mile-long trail of his own blood but has never been caught.
Witnesses said that, with his glasses and long blond hair, he resembled country singer Denver.
Now, police in Bradford are hoping the anniversary of the killing will jog witnesses' memories.
Det Sgt Richard Ord said: "West Yorkshire Police never closes undetected serious offences.
"Any information, however small, could be the line of inquiry we need to identify this man."

Ice jingle 'plays on'

AN ice-cream salesman has pledged to carry on playing his van chimes despite being threatened with legal action.
Harrison's Ices boss John Barton, 33, was sent a council letter after a complaint his Blue Peter jingle was too loud.
John, who has four vans in Grimsby, Cleethorpes and Louth, in Lincs, said: "They hate seeing children happy and joyful. Its only 12 seconds of music and its not in your ear."
North Lindsey District Council said "We must investigate all complaints."

CRISTIANO Ronaldo, Serena Williams and Kris Jenner have all been spotted hanging out with F1 drivers behind the scenes in Monaco this week ahead of today's race.



On fire . . . smoke billows from retail park



Blitzed . . . devastation at DIY warehouse

SIP SIP HOORAY IT'S BANK HOLIDAY

save **25%** when you buy 6 or more



£15 70cl, each

PRICE DROP

~~£18~~

£14

24 pack



SUMMER Deals

ASDA

THAT'S MORE LIKE IT

If you want to buy alcohol you will need to prove your age. Challenge 25. No I.D. No sale. You must be 18 or over to purchase alcohol. Selected stores and lines. Subject to availability. Budweiser Lager Beer bottles 24x300ml, was £18 now £14 (£1.94 per litre). Smirnoff Premium Vodka 70cl £15 (£2.14 per 100ml). Gordon's special London Dry Gin 70cl £15 (£2.14 per 100ml). All wine bottles shown 75cl. Asda Extra Special Côtes De Provence Rosé 75cl, awarded bronze by Decanter World Wine Awards 2023. Buy 6 save 25% offer ends 29th May. Due to minimum unit pricing in Scotland and Wales, alcohol prices may be higher. In Wales, products in the offer may vary. Offer excludes Scotland. Minimum basket charges may apply. Delivery & collection slots subject to availability. May exclude Asda Express and small stores - see ASDA.com/smallstores



Drunk is court out

A DRUNK who groped a woman in a hospital was refused entry to court - for turning up blotto.
Jonathan Saunt, 44, was convicted of sexual assault in his absence.
He targeted the woman while she was with her two-year-old daughter in A&E at Leicester Royal Infirmary last May.
Saunt, said to have a serious alcohol problem, was stopped by court security staff.
He was then handed a 24-month community order with £714 costs by the city's magistrates.

EXCLUSIVE

**ITV DOC
AMIR IN
ROW ON
FAT JAB**



Jab... Ozempic's possible heart benefits were discussed by Dr Khan

He got drug firm fee

ITV doctor Amir Khan has been accused of a conflict of interest after he praised weight-loss jabs on screen despite previously being paid £28,000 by their maker.

Dr Khan discussed semaglutide injections — offered by the NHS to tackle diabetes and sold under the brand names Wegovy and Ozempic — on Good Morning Britain on May 14.

But he was paid consultancy fees of £12,112 in 2021, and £16,000 in 2020, by their manufacturer Novo Nordisk, The Sun can reveal. Dr Khan

spoke to GMB hosts Susanna Reid and Ed Balls about recent research, funded by Novo Nordisk, which revealed that the jabs also cut the risk of heart attacks and strokes in people even if they failed to lose much weight.

GMB shared a video of his comments on X/Twitter, where it was watched by nearly a million people.

One viewer shared a screenshot of his payments and said: "This is a blatant conflict of interest. This ought to have been declared."

A source close to Dr Khan denied a conflict of interest and said: "He didn't make a link between the drugs and the manufacturer who paid him when he did the broadcast. He was paid to create a tutorial on managing diabetes, nothing to do with semaglutide."

"He didn't even remember his relationship with them as it was

three years ago." But GP Margaret McCartney said: "TV companies should make sure that if someone has an alleged conflict of interest, it's clearly stated and explained."

Tory MP David Morris said: "Experts in any field must be transparent to avoid accusations of misleading the public."

GMB said: "On May 14 Dr Amir was reporting a fair, accurate and balanced analysis of research issued that day. He did not at any point advocate any drugs or medication. He went as far as to suggest that improving lifestyles is the best way to deal with health issues. Dr Amir has always worked within General Medical Council guidelines and hasn't broken any Ofcom rules."

By SCARLET HOWES and HANNAH HOPE



**IRIS AND
TRENT'S
FORMULA
FOR LOVE**

EXCLUSIVE by RYAN PARRY
in Monte Carlo, Monaco

ACTOR Jude Law's daughter Iris wears her F1 racing stripes — as she goes on a second date with England footballer Trent Alexander-Arnold.

The pair were spotted having dinner on Friday night in Monte Carlo, Monaco, ahead of today's Grand Prix.

The Liverpool footie star, 25, and the model, 23, met last month on a fashion shoot and dated in London.

An onlooker said: "They looked very happy together. I suppose he was on a break before playing for England in the Euros."

DEMI: WHY I'LL BARE ALL AGAIN AT 61



**PAGES
34 & 35**

PILOT'S KILLED IN 'SPIT' CRASH



Horror... wreckage of Spitfire after crash

WW2 plane hell

By LUKE CHAFER

AN RAF pilot died when a World War Two Spitfire crashed in a field yesterday.

The single-seater aircraft came down near RAF Coningsby in Lincolnshire. Its crumpled fuselage was pictured where it rested in thick undergrowth by the side of a building.

An RAF spokesman said: "It is with great sadness that we must confirm the death of an RAF pilot in a tragic accident."

"The pilot's family have been informed and we ask that their privacy is respected at this time."

The Spitfire was said to be heading to perform at the Lanc, Tank and Military Machines event in nearby East Kirkby.

Hundreds were in attendance for the event, which included displays by other wartime aircraft.

The crash happened just ten minutes before the schedule had the Spitfire set to fly past at 1.30pm.

The aircraft, capable of just over 360mph, was one of only 70 Spitfires still flightworthy.

A rescue helicopter was dispatched from Humber-side to the crash site.

A spokesman for Lincolnshire police said: "Nobody else is thought to have been involved."

Coningsby is home to the RAF's Battle of Britain Memorial Flight.



War fighter... Spitfire

It maintains historic aircraft to commemorate service members who lost their lives in service.

The scheme operates six Spitfires flown by regular RAF crew.

The Prince and Princess of Wales tweeted: "Incredibly sad to hear of the news this afternoon from RAF Coningsby. Our thoughts are with the pilot's loved ones, the Battle of Britain Memorial Flight, and the wider RAF family."

Prince William was Honorary Air Commodore of RAF Coningsby from 2008 to 2023 before handing over to Kate.

GRUBBY PLAN

CHIRPY insects which disappeared from our shores 30 years ago are set to be reintroduced from Europe. The New Forest cicada has not been spotted since the 1990s at the national park in Hampshire.

Now the Species Recovery Trust plans to capture some of them in Slovenia and start a new population. A spokesman said: "Bringing live adult insects back to the UK has never been attempted before."

They added that the grubs live six to eight years underground before emerging, so no one will know if the scheme is a success until 2030 at the earliest.

CBB STAR REVEALS LOVER



TELLY TRIUMPH... pair emerge as Love Island winners in 2022. Below: Sun reveals Davide has snorted white powder



Timeline of Davide's cheating

AUG 1, 2022: Wins Love Island with Ekin-Su and they become official couple
AUG 28, 2022: Filmed leaving a nightclub with two Icelandic blondes
SEPT 2022: Ekin-Su claims she saw photos on his phone of two other women, Harriet Wilson and Phoebe Wintle, while being filmed for ITV2 Homecomings
NOV 2022: Moves in with Ekin-Su in London
MAR 2023: Cheats on Ekin-Su with Harriet Wilson
APR 2023: Ekin-Su confronts Harriet, with The Sun on Sunday reporting on the spat
JUN 29, 2023: Davide breaks up with Ekin-Su while she is in Turkey, accusing her of cheating on him
JUL 2, 2023: Davide filmed snorting a white powder while away in Ibiza
JUL 20, 2023: Ekin-Su and Davide rekindle romance after leaving ITV's summer party together

END JUL 2023: Takes another woman, a doppelganger for Ekin-Su, on a secret trip to Morocco
AUG 2023: Ekin-Su and Davide post loved-up snaps in Turkey for her birthday
SEPT 2023: Ekin-Su films The Traitors in Scotland, Davide pictured partying with Harriet
CHRISTMAS 2023: Ekin-Su and Davide's families holiday together in Rome and are seen rowing outside the Colosseum
JAN 2024: Ekin-Su joins Davide on birthday ski trip in Alps then on return they break up
MAR 2024: Ekin-Su features on Celebrity Big Brother. Davide filmed ranting "f*** Ekin-Su" while in Dubai and flies to Sweden to date a model
MAR 30, 2024: Davide filmed preparing hippy crack balloons at a party and is dropped by major brands

EXCLUSIVE by **FELICITY CROSS**
Deputy TV Editor

DEFIANT Ekin-Su Culculoglu has revealed how Davide Sanclimenti cheated with multiple women - leaving her emotionally battered as she fell from grace on Celebrity Big Brother.

The fallout of their 18-month relationship, which ended in January, left her so broken she should never have gone on the ITV reality show.

She said: "I saw two blonde girls on his phone. It was like a knife through my heart."

Ekin-Su revealed Davide's deceit began days after they won Love Island in August 2022.

She believes he cheated with as many as four other girls, and the final straw was when he told her mum to "f*** off".

The model, 29, said: "I need to speak the truth. Hiding what's really going on just makes me look like I'm playing a game and people see right through that."

"I was mindful that I didn't want to give the sob story, but nobody could see what was really going on with me. I should never have gone into the Big Brother house. I was angry, hurt, maybe a bit bitter, definitely insecure - Big Brother is not where you go to heal heartache."

"I never wanted to believe the allegations against Davide, but people would tell me I was being cheated on all the time."

"This sort of stuff doesn't happen in the Disney movie, right? Prince Charming never once cheated on Cinderella with the sisters."

"I was so in love with this man, he had become my world."

"After one massive row I fainted. My mum had to call an ambulance. It was like I'd been punched in the stomach. I was hysterical. It was horrific. I wasn't eating, sleeping. I wore the same clothes for four days."

'I was in tears'

Just 27 days after they won Love Island, cracks emerged when he was filmed leaving a bash with two blonde models from Iceland - named in The Sun as Anita Gunnarsdottir and Matthildur Porsteinsd.

Ekin-Su said: "I was in tears. I didn't deserve to be treated like that. I rang him maybe six or seven times, no answer. I was always made to feel I was the 'psycho girlfriend', and at times I admit I was."

"I wrote him a message saying, 'How could you do this to me?' and he replied something like, 'Excuse me?' It made me feel worthless."

The couple forged on and were swept into filming for their spin-off series, Homecomings. But Ekin-Su claims she was confronted by Davide's deceit even while the ITV2 cameras were on her.

She said: "There's a scene in that where I'm looking at Davide's phone and I saw a picture of two blonde girls in his flat in Manchester, wearing his hoodies."

"I was conscious of the cameras and I didn't want to come across like a psychopath going off on him. But it was like a knife through my heart. I'd been introduced to one of the girls at a New Year's Eve party. She was sweet to me and asked if I wanted to go for coffee some time."

Ekin-Su would later learn that Davide had cheated on her with that girl - who Ekin-Su refused to name - but The Sun on Sunday revealed it was Harriet Wilson.

In April 2023 we told how Ekin-Su found messages between Davide and Harriet and had fired off an F-word rant to the love rival.

Another blonde girl, Phoebe Wintle, was also revealed by us to be partying with them.

Asked about Harriet, Ekin-Su said: "Did he actually cheat on me? Yeah. I have messages from one girl who told me she had hooked up with him when we were together."

"Another time he left his laptop open. I saw explicit messages, sexual ones, between him and the girl I'd



BLONDE 1

MODEL Harriet Wilson shared explicit messages with Davide in which pair talked about how much fun they'd had together.

BLONDE 2

MATTHILDUR PORSTEINSD was one of two Icelandic beauties who hopped into cab with Davide following night out.

CHEATED AND EVEN SWORE AT MUM



SHOCK...
Ekin-Su studies Davide's phone in Homecomings



HEARTACHE
... she finds snaps of girls as cameras roll

I saw two blonde girls on Davide's phone...it felt like a knife to my heart

Says EKIN-SU

BOUNCING BACK...
Ekin-Su

met on New Year's Eve. The messages talked of how much fun they'd had together the other night. I felt worthless. "Seeing those messages, confirming my worst fears broke something in me. "But this is the crazy thing, I felt bad for him. He was crying and saying he'd make it up to me. Part of that was to protect him, but also I was so embarrassed. I was in this relationship everyone had followed, it was supposed to be the fairytale, but it wasn't." Davide and Ekin-Su split for the first time at the end of June 2023 after Ekin-Su says he wrongly accused her of cheating on him in Turkey. They rekindled their love at ITV's summer party around three weeks later. She said: "It's like we were

addicted to each other, we knew we weren't good for each other, but neither of us wanted to let the other go." At the end of July, Davide went on a secret break to Morocco with another model - a doppelganger of Ekin-Su. Ekin-Su said: "He went away and when he came back he had this guilty look on his face. I asked where he had been because he had a tan. He said Morocco. I knew something wasn't right." In September, Ekin-Su went to Scotland to film the celebrity version of The Traitors. She emerged from the two-week run to find he had been partying in Manchester with love rival Harriet. "When I got my phone back after, there were loads of messages from Davide saying how much he missed me. But then I saw messages with pictures of him partying with the girl he had cheated on me with. "Then I see messages from fans telling me about another Only Fans model he's

been with and saying he was in Morocco with her. It all fell into place. "There was another cheating incident before a trip to New York, [early this year], but I haven't seen concrete proof like I did with the others." Ekin-Su says her wake-up call came when he disrespected her mum. She said Davide called photographers to capture them on a family trip to the Colosseum in Rome, where he proceeded to create a fake "engagement" shoot. When her mum Sezer asked him not to, Ekin-Su claims Davide told Sezer to "f*** off". "I knew I had to leave him," said Ekin-Su. It meant when she checked in to the Celebrity Big Brother house, newly single a few weeks later, she was in pieces. She said: "I look at the girl on Big Brother, and I think who the hell is that? I f***ed up. I should never have gone into the Big Brother house."

SunSAVERS

sunsavers.co.uk

Instagram: @sunsaver

Facebook.com/thesunsavers

DEAL OF DAY



AT Asda today and tomorrow, the £25 Lego Classic Creative Space set is £12. Plus, Asda Rewards members get £2 into their cash pot. **SAVE: £13**

CHEAP TREAT



CELEBRATE Superdrug's 60th birthday with a range of items for 60p, including this body puff, originally £2. **SAVE: £1.40**

SEED BOMBS – GREAT FOR KIDS AND WILDLIFE



Sow much fun

THROW a bit of fun around this half-term by creating some home-made wildflower seed bombs.

The low-cost activity will help your children enjoy the great outdoors and you can sow a few happy family memories at the same time.

EXPLOSION OF COLOUR: A seed bomb is a small cluster of seeds, often stuck together with clay or wet paper.

It can be thrown into a pot, flowerbed or wild patch of land and the seeds should grow into colourful clusters of wildflowers.

They will attract bees, butterflies and other insects.

By MEL HUNTER

MIX IT UP: To make a seed bomb, the Wildlife Trust recommends using wildflower seeds, peat-free compost and powdered clay (from craft shops).

Mix together a cup of seeds with five cups of compost and two or three cups of clay powder.

Slowly mix in water with your hands until everything sticks together, then roll the mixture into firm balls and leave them to dry in a sunny spot.

Plant your seed bombs by throwing them at bare parts of the garden and wait to see what pops up!

PACKET IN: The easiest way to get a good variety of plants is to buy a pack of mixed seeds. Aim for wildflowers that are native to the UK. You can buy a Butterfly Seed Bombs Kit at B&Q for

£1.75, down from £3.50, as well as a pack of Scatter and Grow Meadow Garden Seeds, down from £4.50 to £2.25.

WHAT A GIFT: Seed bombs are great to have fun with in your own garden, and they also make a lovely present.

You could wrap the bombs in tissue paper tied with string or ribbon.

They would make a thoughtful gift for Father's Day or even a lovely thank you to teachers. For more inspiration on making your own using scraps of paper instead of clay take a look at bakerross.co.uk/craft-ideas.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

TOP SWAP



£32

THE Urban Outfitters bath mat, above, is £32. Or get a zest for life with the Sassy B mat, below, for £14 from amazon.co.uk. **SAVE: £18**



£14

What's new?

MEMBERS of the Ikea Family benefits scheme get £10 off a shop when spending £100 or more in store until next Sunday. It also has half-term activities, half-price meatballs and other meal deals. Join for free.



Little helper



ANIMAL-mad kids will love the free My Pet Pals workshops at Pets at Home. The 45-minute sessions run until June 2 with slots bookable now at community.petsathome.com/events.

THE Sun

RAFFLE

250 PRIZES TO BE WON



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Opt in to The Sun Raffle



Enter your unique code

PLUS! You can use this code for Sun Savers competitions and offers too...

IS YOUR CODE WORTH £100?

YOUR CODE

18+ UK only (excludes Isle of Man & Channel Islands). Multiple code collect. See full T&Cs at sunsavers.co.uk/terms

Need help with Sun Savers? Email help@thesun.co.uk

SHOP & SAVE



SAVE on kids' crafting this Bank Holiday at Hobbycraft, including the colour-in castle, down from £20 to £10. **SAVE: £10**

HOT RIGHT NOW

TO mark The Garfield Movie, the first 2,000 people to pre-book at frankieandbennys.com to dine in June will get a code for a free lasagne, usually £13.45.



Mortgages . . . bank

TSB axe buy-to-let rule after protests

By THOMAS GODFREY

TSB Bank has reversed a controversial buy-to-let mortgage policy after 30 branches were occupied by union activists.

Landlords can now offer tenants contracts longer than 12 months after Acorn's campaign.

Mortgages were only being approved if borrowers committed to offer tenancies less than a year.

Acorn said the rule had forced renters to renegotiate terms or move house each year.

Protesters set up tents inside branches across the UK last week.

Acorn said it persuaded TSB to extend the maximum buy-to-let tenancy period to three years.

TSB said: "Following a review, we will apply the option to allow assured shorthold tenancies up to 36 months to all ASTs."

Alec's kill trial blow

ACTOR Alec Baldwin will stand trial for manslaughter over a film-set shooting — after a judge rejected his bid to have the charge dismissed.

But his lawyers insisted: "We look forward to our day in court."

Cinematographer Halyna Hutchins, 42, was shot dead with a gun Baldwin, 66, was using during a rehearsal on the set of *Western Rust* in New Mexico in 2021.

Baldwin, who denies pulling the trigger, will stand trial for involuntary manslaughter in July.



Bad day at Office

STEPHEN Merchant says he wishes he had brought in a team of writers to keep *The Office* going.

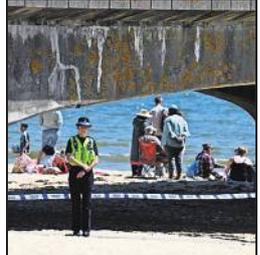
He said he regretted being influenced by *Fawlty Towers*, which ran for a similar 12 episodes.

Stephen, who co-wrote the hit comedy with Ricky Gervais, said the nine-series run of the US version proved there was scope to continue.

Stephen, 49, said: "They had 12, 15 brilliant writers all in a room, all throwing ideas around. "We should have maybe brought other writers in."

1 WOMAN DEAD, 1 INJURED

BOY, 17, HELD ON BEACH STAB KILL



Police . . . near scene yesterday

A TEEN boy has been arrested on suspicion of murder after a woman was stabbed to death and another injured on a beach.

Police launched a manhunt after the pair were knifed just before midnight on Friday.

A 34-year-old woman from Poole, Dorset, died at the scene at Durley Chine beach, Bournemouth.

A second woman, aged 38,

was taken to hospital with serious injuries. A 17-year-old boy from Lancashire was later arrested.

The popular beach, a 15-minute walk from Bournemouth Pier, was cordoned off yesterday, with police officers searching the sand for evidence.

Beach huts, the promenade and a car park were also closed and businesses inside the cordon remained shut.

Families who turned up for a day out yesterday were

turned away. Cops have asked for witnesses or anyone with more details of the incident to come forward.

Supt Gavin House, of Dorset Police, said: "Officers are searching the area and a full and detailed investigation is under way."

Det Supt Richard Dixey added: "We have worked tirelessly throughout the night since the initial report. "A cordon remains in place and is likely to remain for some time."

Bournemouth West MP Sir Conor Burns said: "One will want to reassure the public

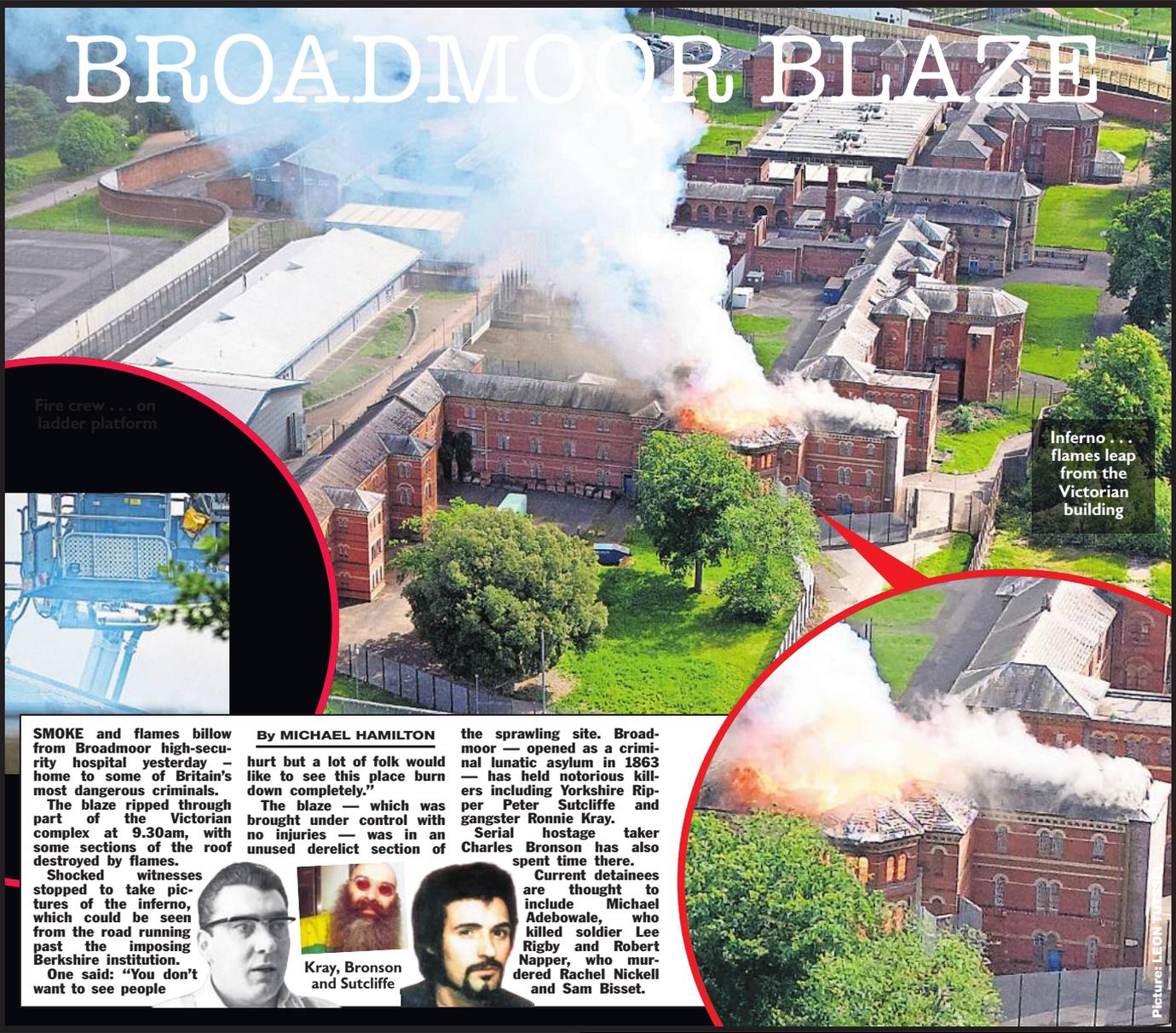
that one of the reasons that these events are still so newsworthy is that they are still so relatively rare.

"We want to hear quickly from the police what they are finding and hope that this is an isolated, random act of violence, as so often these things are."

Thousands of families were expected to flock to the beach for the Bank Holiday weekend.

It is a popular spot for families as it is usually quieter and less rowdy than the pier beach area.

julia.atherley@the-sun.co.uk



By MICHAEL HAMILTON



£1bn DIY savings

CASH-strapped homeowners have saved £1 billion in the cost-of-living crisis by tackling DIY instead of hiring experts. Seven in ten are confident enough to try to do jobs themselves but more than half admit they are learning as they go. They felt happiest building flat pack furniture, decorating and putting up fixtures and fittings. Three out of ten said they had saved between £1,000 and £5,000. Theresa Lindsay, of Novuna Personal Finance, which did the poll, said: "A refresh can make you feel happier at home and will also help the property when you sell."

Political bets soar

GENERAL Election bets will make this year one of the biggest for political gambling, bookies say. Punters are wagering millions on the July 4 poll as well as on November's battle for the White House in the US. Betfair Exchange revealed £2million was gambled in the 48 hours following PM Rishi Sunak's poll announcement on Wednesday. Labour remains favourite to win most seats at 1/18 – and to bag an overall majority at 1/6. Betfair's Sam Rosbottom said: "This is expected to be one of the biggest years in political betting history."

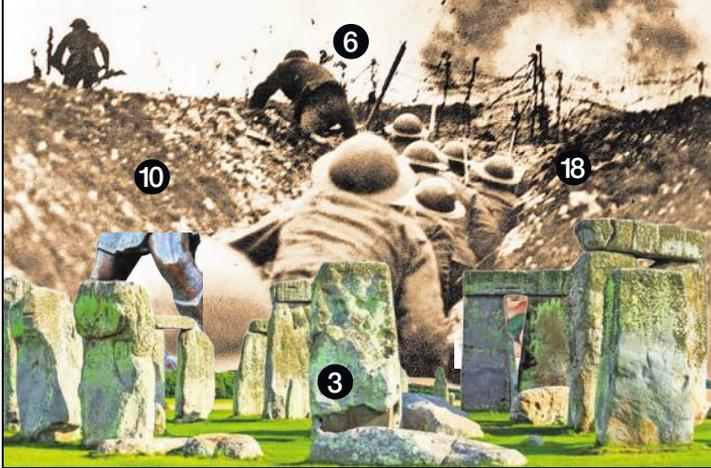
SEE IF YOU'RE SMARTER THAN 10-YEAR-OLD

ARE you a bit hazy about the distant past? Many parents struggle with kids' history homework – and a quiz set by ten-year-olds based on their Year Six lessons found a lot of adults haven't the

foggiest. One in four did not know when the Battle of Hastings was and three per cent reckoned the victor was, er, Robin Hood. The results, analysed by Trainline, revealed 23 per cent do not know

which animal carried the Black Death and 40 per cent have no clue who built Hadrian's Wall. SAMANTHA YULE sets some history questions for readers to find out if they are smarter than a ten-year-old.

History...are you past it?



- 1 What year was the Battle of Hastings?
A) 1066
B) 1666
C) 1966
- 2 What was Queen Victoria's husband called?
A) Charles
B) Boris
C) Albert
- 3 When is Stonehenge thought to have been built?
A) 30 BC
B) 300 BC
C) 3,000 BC
- 4 What animal carried the Black Death?
A) Badgers
B) Rats
C) Dogs
- 5 Who built Hadrian's Wall, above?
A) Romans
B) Vikings
C) Normans
- 6 When did World War One take place?
A) 1939 to 1945
B) 1914 to 1918
C) 2003 to 2011
- 7 When did the Great Fire of London break out?
A) 1066
B) 1666
C) 1806
- 8 Who was caught trying to blow up the Houses of Parliament, above, in 1605?
A) King Charles II



- 9 Who did Boudicca fight when they came to take her land?
A) Victorians
B) Normans
C) Romans



- 10 Who won the Battle of Hastings, above?
A) Robin Hood
B) William I
C) King Harold

- 11 Who was Prime Minister of the UK at the beginning of World War Two?
A) Winston Churchill, inset
B) Margaret Thatcher
C) Neville Chamberlain



- 12 How many wives did Henry VIII have?
A) 6
B) 7
C) 8

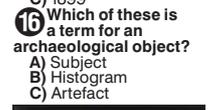
- 13 What is Romeo's surname in Romeo and Juliet?
A) Beckham
B) Capulet
C) Montague

- 14 Who was the Lady with the Lamp, inset?
A) Florence Nightingale
B) Mother Teresa
C) Mary Seacole



- 15 In which year in Victorian times did a law pass to make all children go to school?
A) 1850
B) 1870
C) 1899

- 16 Which of these is a term for an archaeological object?
A) Subject
B) Histogram
C) Artefact



- 17 Where did Neil Armstrong go in 1969, above?
A) The Moon
B) Mars
C) Venus

- 18 Who was Queen for most of William Shakespeare's life?
A) Elizabeth I
B) Elizabeth II
C) Mary I

- 19 When did Romans invade Britain?
A) 43 AD
B) 410 AD
C) 252 AD

- 20 In which period did Florence Nightingale live?
A) Edwardian
B) Victorian
C) Tudor

ANSWERS: 1) A, 2) C, 3) C, 4) B, 5) A, 6) B, 7) B, 8) C, 9) C, 10) B, 11) C, 12) A, 13) C, 14) A, 15) B, 16) C, 17) A, 18) A, 19) A, 20) B




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Records... Harry

'Stigma' behind Harry US secrecy

By WILL McCURDY

PRINCE Harry's future in the US hangs in the balance as his visa application faces new scrutiny from lawyers. The Heritage Foundation, a right-wing think-tank, wants to know how Harry entered and remains in the US, after he wrote in his biography Spare of taking drugs. It has taken legal action against the Department of Homeland Security, seeking access to his visa records, focusing on if he admitted using drugs. The DHS has refused the disclosure request, citing privacy protection. In court it said there will be "stigma" attached if the records are made public, because many of the documents are "law enforcement records". A judge will rule on disclosure within weeks.

£4k fuel trick thief

A THIEF used a van modified with extra tanks to steal £4,200 in fuel from petrol stations. Jonathon Lawrence, 24, repeatedly drove off from pumps without paying. He sometimes used vans with added tanks to target stations in Lancs, Cheshire, West Yorks and North Wales, Preston crown court heard. Lawrence, of Liverpool, admitted the theft, driving without a licence and driving without insurance. He was jailed for two years and banned from driving for 36 months.



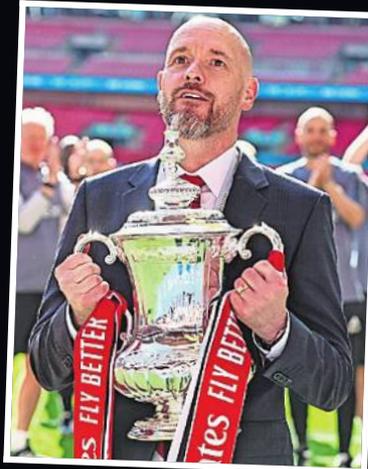
Bag killer pair jailed

TWO teenage brothers who killed a dad of three in a row over a designer bag have been jailed. Jack and Ben Milton stabbed Aaron Parrington, 34, six times last year. He suspected Ben stole his Trapstar man bag. The brothers, of Torquay, Devon, blamed each other at Exeter crown court. They were cleared of murder but convicted of manslaughter. Jack, 20, was jailed for 15 years and Ben, 19, for 14. Aaron's mum Kathy said: "We are living in a real-life tragedy."

NOT UP FER CUP, GEORGE?



Unimpressed... Prince George



Under threat... manager Erik ten Hag

By JOE MORGAN

MANCHESTER United's former manager Sir Alex Ferguson roared with joy as the Reds scored a goal in the FA Cup final but Prince George was not blown away. The unimpressed ten-year-old royal later helped his dad, the Prince of Wales, present the trophy to United, who beat their rivals Manchester City 2-1. United manager Erik ten Hag, who is expected to be axed, appeared to say goodbye to his players on the pitch.



Royals... with FA Cup

EUROS FOOTIE TRIP SHOCK

Crowded Haus



GERMAN SECURITY FEAR ON 500,000 UK FANS



HALF a million England and Scotland football fans are planning to travel to Germany to watch the Euros - sparking security fears.

Thousands of supporters will not have tickets, with just 10,000 issued for each team at the initial three group games. Authorities had expected 300,000 Brits to visit during the month-long tournament, but have now sharply

EXCLUSIVE by NICK PARKER

revised estimates upwards to 350,000 England and 150,000 Scotland supporters. The prospect of huge numbers of ticketless followers raises already serious security concerns, with policing now being ramped up further over terrorist and job threats. And thousands of fans are expected to be out of the UK on July 4 for the General Election - the day before the first quarter-final. Gareth Southgate's Three

Lions are favourites to win, so should still be battling for glory. A UK-based German diplomatic source told The Sun on Sunday: "The sheer numbers will mean greater resources will have to be directed to host cities where England and Scotland are playing. "They will all be welcome, but our priority will always be their safety and security." Up to 40,000 England fans will be expected at the team's qualifying group games against Serbia in Gelsenkirchen, Denmark in Frankfurt

and Slovenia in Cologne. Many without match tickets will throng fan zones and bars to watch on TV. Munich is drafting in more than 2,000 extra cops and fire brigade staff ahead of the arrival of thousands of Scots for the Euros curtain-raiser against Germany on June 14. Concerns are also spiking for England's first game - a June 16 clash with Serbia, who are known to have violent fans who back Vladimir Putin's Russia. Jihadist IS has also issued attack warnings in the host cities.

This week who I would...

STOOG



SINGER RITA ORA for giving us glam

girls a fabulous new hair care brand, Typebea.

MARRY



RAPPER SNOOP DOGG has added to

his wine range with the delicious Cali Blanc. Cheers!

AVOID



ASKING singer J-LO about the state

of her marriage to actor **BEN AFFLECK**. Awks.

HANNAH HOPE'S



EDDIE: INTERVIEW LIES DIDN'T WORK

Turns out celebs also tell fibs in job interviews – even Oscar-winning actor **EDDIE REDMAYNE**.

He was keen to impress a legendary film director, but dug himself into a big hole.

He said: "I met with **MARTIN SCORSESE** and he talked about 1930s Japanese

cinema. I lied saying I'd seen some of the films, but then had to keep up the conversation."

On the Happy, Sad, Confused podcast, he added: "The words vomited out of me before I realised I was lying. I didn't get the part."

Ouch. We've all been there, Eddie. . .



SCENTS . . . singer

ADELE'S EAU SO FANCY

ADELE has revealed her new fancy for posh perfumes.

She recently learned about layering multiple scents, and splashed out on some French cologne.

On stage in Las Vegas, she said: "I'm surprised it took me this long to know there was a whole world of perfumes and layering."

"I met this lady at a dinner party and she smelled f***g delicious. I was like: 'What are you wearing?' She said: 'Three different perfumes.'"

"Tonight I'm layering a couple, but it's a very expensive hobby."

"Perfume is a personal preference – others might think you smell disgusting."

"I don't want to be too pungent."

JADE'S BIG F* YOU... BUT WHO IS IT TO?**

LITTLE MIX star **JADE THIRLWALL** will feature **ANOTHER** bombshell song on her highly anticipated debut solo album.

The talented singer has written a diss track with the working title **F***k You**, which appears to take aim at a friend who betrayed her.

She has already had a pop at her former **X Factor** boss **SIMON COWELL** in track **Angel Of My Dreams**, as I revealed last month, and broken the internet with a **RAYE** collab.

Fans might wonder if the latest pointed song is about her ex-bandmate **JESY NELSON**, who left the girl group in 2020.

A source tells me: "Everyone who has heard the song thinks it sounds like it could be about **Jesy**. It will definitely get people talking. **Jade's** music is amazing and her lyrics are so poignant. Fans are in for a treat."

However, **Jade's** spokesman insisted: "**Jade** hasn't written a diss track about **Jesy Nelson**."

Opening up three years ago, **Jade** said she and her bandmates **PERRIE EDWARDS** and **LEIGH-ANNE PINNOCK** relied on therapy to deal with **Jesy's** departure.

She said: "When such a big change happens in your life it's really hard."

"Getting through that and moving forward. I think for us as well, we were still promoting the album (*2020's Confetti*) and doing TV shows. We were just cracking on, and I think we were in a bit of shock for a long time."

"It wasn't until we had time off at Christmas that it dawned on us what had happened."

"It was hard. It would have been for anyone and we've got each other, we have group therapy, we have our own therapists."

In April last year **Jesy** confirmed she hadn't spoken to the girls since she left.

She told *The Sun*: "Being in a girl band, you are a machine going all the time. You don't have a minute to breathe and take time out if you just need space. That was something I struggled with."

"For me, my mental health issues were an ongoing thing while I was in **Little Mix**. I was struggling with my body issues, I was constantly being trolled – and I really, really struggled with it."

"I don't have any regrets because I had to do what was right for me. I will always cherish the memories I had in **Little Mix**."

"So no, we haven't talked since then. Never say never, but I honestly wish them the best on their solo journeys."

I can't wait to hear the track . . .



FIRING OFF . . . Jade, left, and former bandmate Jesy



PALS . . . Harri, Saff

HARRI'S LOOKING FOR LOVE

MEET **Love Island's** sexy new recruit **HARRI BLACKMORE**, stunning personal shopper and BFF of **YouTuber SAFFRON BARKER**. She feels very comfortable in a bikini and recently topped up her tan on a Dubai trip with her bestie.

A source said: "Harri is no stranger to living in the fast lane and often joins **Saffron** on trips around the world and to glamorous parties. She is recently single and thinks **Love Island** will be the perfect way to put herself back out there."

The new season, hosted by **MAYA JAMA**, launches on Monday June 3 at 9pm on **ITV1, ITV2** and **ITVX**.

FAWLTY TOWERS

@ Apollo Theatre, London



RATHER than taint the TV hit's legacy, West End stage show **Fawlty Towers** was an almighty celebration of it.

Creator **JOHN CLEESE** replicated the magic of the comedy at London's **Apollo Theatre**, as **Basil** and co were revived in hilarious fashion.

ADAM JACKSON-SMITH had **Basil** down to a tee in the 90-minute slapstick production, and **PAUL NICHOLAS** was outstanding as the Major.

You cannot Fawlt it.

JOEL IS SCOTT'S WEDDING DJ



HE is the DJ **Sorry** hitmaker who famously "defrosts" for summer with no shortage of club anthems up his sleeve.

But **JOEL CORRY**, left, has taken time out of his schedule to DJ for **SCOTT MILLS** as the **Radio 2** presenter ties the knot with his fiancé **Sam Vaughan** in Sitges, Spain, next weekend.

The star-studded ceremony will see guests including **RYLAN CLARK** and **ZOE BALL** party the night away as **Joel** takes to

the decks. At **Radio 1's Big Weekend**, **Joel** told me: "Scott and I have been mates for years. He was one of the first people to support my music. So when he asked me to go to his wedding, of course I saved the date."

The DJ, who is dating **ex-Love Island** star **COCO LODGE**, added: "It will be a weekend for me that I am not touring, so I'll be having a bit of a party myself."

It sounds like the wedding guests are in for a treat . . .

WHO HAVE YOU SPOTTED?



CAITIE BASER, ZARA McDERMOTT, and **JESS WRIGHT**, left, at the **Sol de Janeiro Rio Radiance SPF50** launch bash in London on Wednesday.



JASON DONOVAN'S actress daughter **JEMMA** queuing for food at the launch of **Thorpe Park's Hyperia** rollercoaster on Thursday.

ON SUNDAY



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ELLA HENDERSON found fame on The X Factor aged 16 and she has now opened up about her struggles as a female singer. She admits she did not fit the mould of the perfect pop star in an age of fad diets and social media filters. But now, 12 years on from her time on the talent show, Ella has talked to me about her journey to accepting her true self. Speaking backstage after her set at Radio 1's Big Weekend, Ella, *left*, said: "I knew I wasn't the perfect-looking Polly Pocket pop princess star. But I have found my feet at 28. It has taken ten years to get where I am with my confidence."



NICKI NICKED

FANS INSIDE ARENA AS GIG AXED OVER DRUG ARREST

NICKI MINAJ was arrested and fined for carrying weed in Amsterdam yesterday – leading to her UK gig being axed as fans waited in the arena.

She was released after being seized at Amsterdam's Schiphol Airport as she was set to fly to Manchester.

She had hoped to make it back to the Co-Op Live arena and fans were allowed in.

But at 9.40, ten minutes after she was due to appear, it was announced that the gig was off.

It was yet another blow for the £365million Co-Op Live venue, which finally opened this month after technical problems and axed shows.

Superbass rapper Nicki, *right*, live-streamed much of the airport drama, using her phone to film her run-in. She claimed officials made her undergo additional luggage security checks. But soon afterwards a local news outlet reported she was arrested on suspicion of "carrying drugs".



Despite denying that she had been in possession of anything illegal, she was told she needed to report to the local police station, according to a live video captured on her Instagram.

In the clip, a man tells her that she "will get a lawyer at the office" and that they need her to go "as fast as possible".

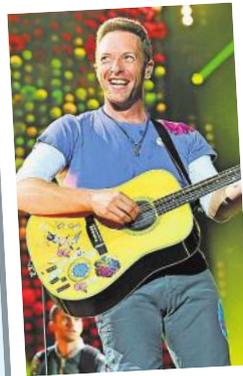
The Trinidad-born star, who is based in the States, told fans in her Instagram Live airport staff ordered her to "get into this [police] van and go into the precinct with no lawyer present".

She also claimed someone who worked for the airport security team asked that she make a "statement with no lawyer present", after she said they found "pre-rolls in bags" that they were "not authorised to take".

A LiveNation spokesperson for Co-Op Live said: "Despite Nicki's best efforts to explore every possible avenue to make tonight's show happen, the events of today have made it impossible.

"We are deeply disappointed by the inconvenience."

LITTLE SIMZ' SUPER TIME WITH COLDPLAY



COLDPLAY have recorded a song with **LITTLE SIMZ** ahead of their headline slot at Glastonbury next month, I can reveal.

The band filmed a video in East London with the rapper, *right*, last week. The track, with the working title *Supernova*, is set to be the lead single for upcoming album *Moon Music*.

It's also hoped Little Simz – who is on stage before them – will join the band during their Sunday night set.

A source said: "Both artists

were excited to make a collaboration work. No expense was spared on the high-end production."



Frontman **CHRIS MARTIN**, *far left*, has worked with amazing artists in the past, including **RIHANNA** and **SELENA GOMEZ**, but has admitted it's not great for his ego.

Last year, he said: "We've had some amazing guests. But it's slightly deflating as you realise, 'Oh, this person is so much more talented.'"

You're not so bad, Chris...

MABEL was a lady in red as she hit the stage at Radio 1's Big Weekend. The star was all smiles yesterday as she wowed the crowd with hits including *Mad Love*, *Don't Call Me Up* and *Finders Keepers* in the sun at Luton's Stockwood Park. Mabel recently returned with new song *Vitamins* about the importance of being a supportive partner. The daughter of music legend **NENEH CHERRY** said: "This song is a reminder to the man I love to take care of himself but also that in difficult times I'll always be in his corner."



FORMER boxer CHRIS EUBANK arriving at Turkish restaurant *Sheesh*, in Central London, on Wednesday.



FOOTBALLER and Love Islander TOM CLARE jetting off on his holidays from Heathrow Airport on Friday.



COUNTRYFILE presenter HELEN SKELTON playing golf at Ridding Park Hotel, Harrogate, on Thursday.

MOST LOVE RATS LIKE A QUICK JAG

THREE in ten love rats have romped in their car with their lovers — with Jaguar drivers the worst.

Sixty per cent of cheating Jag owners admit using their prestige motor for illicit sex.

BMW fans (49 per cent) are the second biggest back-seat betrayers.

Audi drivers came third with 47 per cent steaming up the windows behind their partner's back.

Fiat (45 per cent) and Kia (40

By **DAVID JARVIS**

per cent) complete the top five, according to the poll for used car dealership Big Motoring World.

The company's Ian Hajyzamanali said: "The Jaguar is the ultimate symbol of British motoring and represents style and quality.

"Unfortunately, our research also shows the

Cheats' No1... Jag



car is more desirable to cheat in — for love rats who own one."

Overall, 58 per cent of drivers have romped in a motor although they were not all cheating.

Another 14 per cent have had sex in a car in the past year.

A further 14 per cent said they have performed a sexual act in a car at some point.

TOP TEN LOVE-RAT CAR MAKES: 1. Jaguar, 2. BMW, 3. Audi, 4. Fiat, 5. Kia, 6. Hyundai, 7. Citroen, 8. Honda, 9. Ford, 10. Peugeot.

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The UEFA Euros 2024 kick off on Friday, June 14 in Munich, with the final on Sunday, July 14 in Berlin.

Will Italy retain their title, having beaten England on penalties at Wembley in 2021? Or could we live the

dream and see England lift the trophy for the first time?

Gareth Southgate's men start their bid for glory on Sunday, June 16 when they take on Serbia in the group stage before going on to face Denmark and Slovenia.

To claim your pack, just visit thesuneuros.co.uk and fill in your details.

Your pack will be sent to your door in time for the start of the Euros. There is a £1 fee for postage and packaging.

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TERMS & CONDITIONS: Promotion open May 25 – 26, 2024. Open to residents of the United Kingdom (exc NI) aged 18 or over, except staff of the promoter, its affiliated companies or promotional partners or their families. Each pack contains one England or Scotland flag and a pair of England or Scotland thundersticks per redemption. Postage and package costs of £1 per packet apply. 8,000 England and 2,500 Scotland supporters packs available on a first-come, first-served basis. Maximum three packs per household. Please allow 14 days for delivery. No cash alternative, product is non-transferable. Your information will only be used to administer this promotion in accordance with our privacy policy. Promoter is News Group Newspapers Limited.

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Surprise . . . creature

Jaxon, 9, hauls in monster seahorse

By LUKE CHAFER

ONE of the largest seahorses recorded off Britain has been caught – by a boy of nine.

Jaxon Guy captured the mysterious creature, measuring 10in head to toe, while out with his crab fisherman dad, Robin.

He caught it in a net by accident and, after taking a snap to show its size, returned it to the sea.

The spiny seahorse, caught off Studland Bay, Dorset, is thought to be the fourth largest recorded off Britain.

Robin said: "Everyone was amazed at the size of this seahorse. It was released unharmed."

The biggest specimen recorded so far was caught nearby and measured more than 13in.

They are protected by law and it is illegal to disturb them deliberately.

Pitch star drive ban

CHAMPIONSHIP footballer Mahlon Romeo has been banned from the road for drink driving.

The Cardiff City defender, 28, was stopped in the Welsh capital and breathalysed in February.

Romeo – the son of Soul II Soul star Jazzie B – had 58mcg of alcohol per 100ml of breath. The legal limit is 35mcg.

At the city's magistrates' court, he admitted drink driving and an aggravated public order offence for abusing a cop.

He was banned for 14 months and fined £7,740.



BEFORE the race weekend all the manhole covers on the circuit have to be welded down to avoid the F1 cars ripping them off due to the strong vacuum effect.

Mr Snow drug sale

A TEENAGE cocaine dealer who called himself Mr Snow to advertise his drugs on social media has been jailed.

Harrison Richards, 19, repeatedly sold the Class A drug to an undercover police officer.

He even asked her to look after his drugs when he was raided by cops.

Plymouth crown court heard Richards, of the city, used Snapchat and other apps to sell coke.

He admitted eight drugs charges, including possession and supply, and got three years' jail.



Time for a little paddle . . . seaside fun in Weymouth

By LUKE CHAFER

WHAT'S that big glowing ball in the sky at the start of the Bank Holiday weekend?

It's not the sun, but the so-called Flower Moon, which signals the opening of spring blooms near the end of May.

The pic was captured at Mudeford Sandbank, Dorset.

Meanwhile, sun worshippers made the most of yesterday's fine weather in Weymouth, Dorset, and Southend, Essex.

This long weekend was expected to be the busiest since the pandemic with four million hitting the roads.

But the Met Office warned of thunderstorms in parts of England and Wales today.

Tomorrow will bring a mix of "sunshine and showers".



Good in-tent . . . setting up on Southend beach for day

FLOWER MOON POWER

Delight . . . beach huts at Mudeford Sandbanks



Picture: WILL EVANS

REFUGEE IS BOATS MR BIG

THE CHICKEN SHOP PEOPLE SMUGGLER



Extradition . . . Sivagankan

A REFUGEE granted asylum in Britain ran a people-trafficking ring while working in a chicken shop.

Sathasivam Sivagankan, 58, organised clandestine Channel crossings from his rented home, court documents show.

A judge has now ordered the dad of two's extradition to France, where last year he was convicted of people smuggling and given a five-

EXCLUSIVE by MIKE SULLIVAN and LEE SORRELL

year jail term in his absence.

Sivagankan had been granted indefinite leave to remain in Britain after fleeing the war in Sri Lanka in 2003 with his wife and sons, who are UK citizens.

The 58-year-old Tamil, of Colliers Wood, South West London, was working part-time at Morley's chicken shop in Brixton – and receiving universal credits, according to documents.

But he was also a ring-leader in a gang which smug-

gled Sri Lankans into several European countries over two years. Fourteen people were accused of involvement.

One Channel crossing was thwarted in June 2021.

Sivagankan, who has no UK convictions, was first arrested in London in March 2022 on behalf of French authorities.

A judge originally ordered his extradition in November 2022 on a warrant based on accusations made in France.

He fought extradition saying his wife, who is housebound with physical and mental conditions, needed him as a carer. But on Friday a judge

rejected his claims at Westminster magistrates' court.

Court papers said: "He is described as an organiser within a European wide criminal group operating in many countries."

In January 2023 Sivagankan was sentenced in absence at a court in Beauvois near Paris.

The High Court discharged the initial extradition warrant in October 2023, but a new one, based on his conviction, was issued the next month.

Following Friday's decision, Sivagankan is on £10,000 bail, a curfew and must wear a tag while he awaits extradition.

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Jane Atkinson

Letby probe must be on TV so we can see how such evil happened



HOSTS . . . John, Gregg

STICK TO THE RECIPE

MASTERCHEF has just finished its 20th series. And the format has barely changed. You know the drill. A load of hopefuls desperate to get their mitts on an apron, invention tests going badly wrong, Gregg Wallace annoying wannabe chefs as they try to cook under pressure and John Torode getting emotional and tearful about a plate of food as they head towards the final.

This series – won by vet Brin Pirathapan, *inset* – it was a dish with cod belly and pickled plums that led the chef to “well up”. Ridiculous. Formulaic. But I absolutely love it. MasterChef proves that if it ain't broke, don't fix it.



AN OWN GOAL, ETHAN

I GET a little bit excited every time I get *that* email from The National Lottery telling me I've won a “prize”, only to feel disappointed when I “sign in” as instructed and discover it's £5 and not £5million.

But imagine the heartache for poor Ethan Conway, *pictured*, who staked £219 on a Premier League punt but cashed out minutes before full time. He predicted Brighton 0, Manchester United 2; Liverpool 2, Wolves 0; and Sheffield United 0, Tottenham Hotspur 3.

He took £5,130 with United leading 1-0 but if he'd held his nerve he'd have won £814,000. Utterly devastating.

He says he won't be having a flutter for a while. I bet he won't.

PRIMARK fans have hit back at ballet pumps being back in fashion. I am with them.

The Nineties shoe trend always looked stylish on Princess Di, Kate Moss and Alexa Chung, *right*. But for those who aren't quite, erm, so “petite” they put the flat in unflattering.



IT really is unimaginable that a killer nurse was somehow able to murder seven babies and attempt to kill six others while working on an NHS hospital's intensive care unit.

The Lucy Letby case is one of the most heartbreaking and hideous this country has ever seen. Thankfully, this week she was prevented from appealing her 14 life sentences.

Now the opportunity for proper answers will come in the form of a public inquiry starting in September.

It will delve into how the nurse was able to murder those babies at the Countess of Chester, the conduct of others at the hospital and the culture in the wider NHS.

At the preliminary hearing, the devastated families said they wanted the proceedings to be publicly broadcast to help stop social media conspiracy theories continuing to spread. So do I.

Speak openly

This inquiry needs to be open and in full view, for us all to know what went on, so lessons can be learned and parents can leave their babies in the arms of a nurse without feeling utter terror.

But shockingly, the hospital doesn't seem as keen.

Despite the atrocities that took place under its roof, a lawyer for the Countess of Chester told the hearing the staff have a “high level of anxiety” at the prospect of their evidence being streamed.

Andrew Kennedy KC said if the prospect of live-streaming was

removed, it would “encourage candour, frankness and openness”. This makes my blood boil.

Because at the end of the day the staff are public servants. They are paid for by you and me and should want to do the right thing and speak openly, whether the public are scrutinising them on TV or not.

Sunlight is said to be the best of disinfectants and, in this case more than any other, transparency is desperately needed because the Lucy Letby trial was shrouded in secrecy from the get go.

Pain and anguish

Open justice was chucked out of the window as anonymity orders were swiftly brought in after some medical professionals said they would suffer distress if they were named while giving evidence.

They can no longer fear they are incriminating an innocent colleague because the killer nurse is behind bars. So this inquiry must be free of any taint of secrecy.

Because, as the infected blood and Post Office scandals show, one thing we know for sure is that when things go badly wrong, there is an attempted cover-up.

One of the most shocking aspects of both these cases was the lies and deceit that cost lives, ripped families apart and caused pain and anguish for years.

There is no doubt that Lucy Letby's colleagues have been through a terrible trauma.

But that is nothing compared to the unimaginable agony of the families of those small babies.

So Lady Justice Thirlwall must do the right thing when she launches her inquiry.

That is, to shine the brightest light she can into every dark corner of the Letby case.

It is the only way to ensure it never happens again.



TRIAL . . . Letby

I'M not quite sure what kind of warped bubble the BBC bosses are living in.

They have just signed up the bad boy of tennis, Nick Kyrgios, *pictured*, to cover this year's Wimbledon.

On the court he spits at fans, throws tantrums and swears in front of children, including young Prince George. And off

court, he pleaded guilty last year to assaulting his ex, and he supports misogynist Andrew Tate.

Tennis has always been seen as a gentleman's sport.

Centre Court is not where a domestic abuser should be given a platform to give his views. He is a vile role model and a hideous human being. They should hang their heads in shame.



WE all knew Anne Robinson was a smart cookie.

Now we know Anne, *inset*, has managed to amass a £50million fortune and has shrewdly already given it away to her family before she pops her clogs.

Taxman, you are the weakest link, goodbye.



SAINTLY . . . Carlo

PRAISE BEYOND BELIEF

THE story of the British-born teenager who is to become the Catholic Church's first millennial saint really is a modern-day miracle.

Carlo Acutis, who died of leukaemia in 2006 aged 15, spread the teachings of the church online and launched websites to document reported Eucharist miracles. Now he's been approved for canonisation by Pope Francis following two miracles attributed to him.

The first was when a Mexican child was healed of a congenital heart disease, and then a Costa Rican mother prayed at the tomb of Carlo in Italy for her daughter who then recovered following a serious bike accident.

The teenager told his mum he was happy to die because he had lived his life “without wasting even a minute of it doing things that wouldn't have pleased God”.

Proud parent could really never cover it.



TREAT . . . pea pud

HOW TO PEASE

A NORTH-South eating divide means millions of Brits have never tried a Lancashire hotpot, Cornish pasty or haggis. Which means that there will be plenty who have never tried the North East delicacy of pea pudding.

It sounds vile. It's made of split yellow peas cooked with water and is then left to go cold. But it is an absolute lush delight when slathered, very thickly, on to a ham sandwich.

For me, it's worth the trip to Newcastle just to eat it.

SAINSBURY LEAVES DRINK FANS SOUR

SAINSBURY'S has triggered a bitter row by axing its full-sugar lemonade in favour of artificially sweetened versions.

The classic drink was one of the few left that did not contain sweeteners and was re-rated for high levels of sugar.

But the retailer has now branded the product a poor performer and discontinued it – infuriating sugary

By **HARRIET COOKE**

lemon-loving purists. Customer Claire-Louise posted on X/Twitter: "Not everyone can tolerate sweeteners."

Michaela added: "There is so little choice since the sugar tax. Your lemonade was a godsend."

And Ashlea said: "This war on sugar needs to stop."

Sainsbury's classic lemonade contained 10.6g of sugar per

Axed... classic lemonade



100ml – more than twice as much as Schweppes and 7UP and three times more than Morrisons, Asda and Tesco's own-brand alternatives.

The 2018 "sugar tax" is 24p a litre on drinks with more than 8g of sugar per 100ml.

Most of its rivals contain sweeteners such as saccharin, acesulfame K and aspartame.

Tam Fry, of the National Obesity Forum, said: "Sainsbury's have done the right thing. Fans should switch to a healthier flavour."

PARENTS SHARE



EXCLUSIVE by **JANE ATKINSON**
Features Editor

AT just six years old, little Mercy Cuthbertson could light up the room with her infectious laugh and amazing dance moves.

Even after she was diagnosed with a rare, inoperable brain tumour which led to three surgeries, 28 radiotherapy sessions and intense physiotherapy, her positive attitude shone through.

And that is why she captured the hearts of so many people – including YOU, our readers – leading to a £100,000 fundraising target being smashed for her medical treatment, care and specialist equipment.

But tragically, despite exploring every avenue possible, Mercy passed away last Sunday in the arms of her devoted parents, Paul and Lorraine.

Now, despite their overwhelming grief, the couple have vowed that Mercy's legacy will live on.

They plan to set up a charity, Mercy's Mighty Foundation, to support other families facing the same life-shattering pain as them.

Lorraine, 43, from North Tyneside, says: "The grief is horrific but we have gratitude for the six glorious years we had with Mercy."

"We were so grateful to call her our daughter and she was utterly adored by us."

"She was brilliant. Nobody can ever take that from us and that is keeping me strong. If I didn't have that, I would crumble to the floor and not get back up."

Lorraine told how she and Paul comforted Mercy in her final days, along with their pet dogs.

'She didn't suffer'

She recalls: "During her last six days with us it was just me, Paul and our bichon puppies, Teddy and Coco Junior, with her at home, constantly touching her, so she knew she was never alone."

"The hospital staff came and put her on machines to keep her out of pain. She didn't suffer and we take great comfort from that."

Paul adds: "In her last couple of days all she wanted was her puppies. They never left her side. They were right there with her when she went to that better place."

After nursing their daughter through her illness, Lorraine told how it is the little things that hammer home their grief.

She explains: "I saw her wheelchair last night and broke down as the grief and trauma we have experienced over the past nine months hit me. It happens to us when we least expect it."

The couple, both police officers, say they will be "forever thankful" for the support Mercy received from our readers.

Paul, 53, explains: "We know that, without the support, the love and the fundraising from so many, we wouldn't have been able to give Mercy the best quality of life until the very last minute. We had cared for her 24/7 for nine months and wanted to do everything possible for her."

The Sun on Sunday started fundraising for Mercy in January. We told how last July she suddenly stopped "racing" around the family home and began feeling tired and dizzy, not even wanting to play.

Lorraine, a chief inspector, and Paul, a constable, took her to their GP and she was referred for tests, which revealed her tumour.

Radiotherapy started within weeks because the growth had already affected her vision and mobility.

Mercy then needed a wheelchair and became too sick to go to school.



APPEAL... our funds plea

Where your cash will go

LORRAINE and Paul honoured their vow to help sick kids with money remaining in Mercy's fund by donating to Abbie's Army and The Brain Tumour Charity.

The couple have made substantial cash pledges in their daughter's name.

Abbie's Army is a children's diffuse intrinsic pontine glioma research charity, founded by parents of Abbie Mifsud, who died shortly after diagnosis aged six.

The Brain Tumour Charity is the world's leading good cause of its kind and the largest funder of global research into the illness.

LEGACY... Mercy's memory will live on through new charity

'The grief is horrific but we have gratitude for the six glorious years we had with Mercy. She was utterly adored by us'

Her aggressive tumour was a diffuse intrinsic pontine glioma (DIPG), which can manifest quickly between the ages of five and ten. It affects only about 20 to 30 children in Britain each year and does not respond well to chemotherapy.

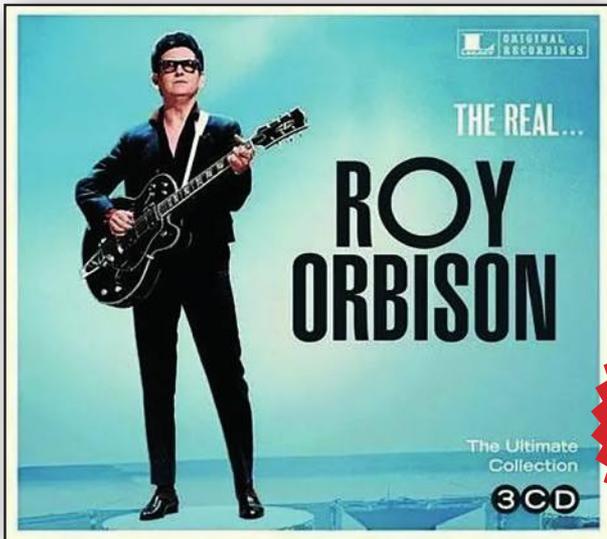
Donations poured in from Mercy's community, her parents' police colleagues and companies including SCS and Tesco.

It meant that for six months she could take a drug called ONC201, which was shipped from abroad in a bid to prolong her life.

As the fundraising target was smashed, it meant Lorraine and Paul could explore overseas treatment options, such as clinical trials.

ALL the MUSIC PROUDLY PRESENTS

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The Big O was one of rock'n'roll's pioneers whose career spanned more than four decades. Roy's music was, and still is today, instantly recognisable with its rhythmically advanced melodies, his three-octave vocal timbre, an occasional use of falsetto - and not forgetting his signature dark glasses. Roy sold more than one hundred million albums worldwide, many of which featured hits he wrote himself, that were also recorded by his many friends in the business, such as the Everly Brothers "Claudette", Don McLean "Crying", Linda Ronstadt "Blue Bayou" to name just three, all of which Roy sings on this album. **SUN readers can now purchase this classic 3-CD collection for £8.99 including P&P.** It features all of Roy's greatest hits, including the biggest hit of them all "Pretty Woman" which in 1964 alone sold over seven million copies.

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- 5 Blue Angel

- 6 Uptown
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- 8 Paper Boy
- 9 I Can't Stop Loving You
- 10 Candy Man

- 11 I'm Hurtin'
- 12 Pretty Paper
- 13 Falling
- 14 Summer Song
- 15 With the Bug

DISC 2:

- 1 Blue Bayou
- 2 Crying
- 3 In Dreams
- 4 Mean Woman Blues
- 5 Only With You

- 6 Yo Te Amo Maria
- 7 Pretty One
- 8 Dream Baby (How Long Must I Dream)
- 9 Love Hurts
- 10 (They Call You) Gigolette

- 11 Goodnight
- 12 Working for the Man
- 13 The Crowd
- 14 Here Comes That Song Again
- 15 Distant Drums

DISC 3:

- 1 Lana
- 2 Running Scared
- 3 Oh, Pretty Woman
- 4 It's Over
- 5 Raindrops

- 6 Shahdaroba
- 7 Come Back to Me (My Love)
- 8 Evergreen
- 9 Leah
- 10 Dance

- 11 The Actress
- 12 Mama
- 13 Borne On the Wind
- 14 Sleepy Hollow
- 15 Beautiful Dreamer

SUN readers can view the full track listing of this wonderful 3-CD 45 track collection and order a copy, either for yourself or as gift for a friend or loved one, visit, [visit allthemusic.co.uk/roy](http://visit.allthemusic.co.uk/roy)

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GRIEF AS DAUGHTER LOSES HER BATTLE

Brave little Mercy was a fighter to the end



DETERMINED
... Mercy with parents Paul and Lorraine. Below, brave youngster in hospital



Mercy's TV idols, Ant and Dec, shot a video sending her love and kisses and the young train fanatic enjoyed days out including a journey to Edinburgh in March, thanks to rail firm Lumo.
But Lorraine says: "Not long after, she started using her wheelchair more and we were carrying her around a lot."
"Two weeks ago, a charity arranged for us to go to a caravan specially adapted for families in our position. She loved it because it had an amusement arcade on site."
"But while there, we noticed she wasn't using her left arm as much. Then she went downhill so, so fast."
The family had planned to take Mercy for specialist radiother-

apy in Zurich, Switzerland. But Lorraine admits: "We woke up one morning and realised it was too much."
"It would have put her through so much pain and the swelling could have killed her."
'She made us so proud'
"We phoned the consultant and she agreed we were acting in Mercy's best interests."
"We continued on the ONC and accessed a special steroid infusion. But it didn't work."
Now Lorraine and Paul have had to face the agonising task of arranging their daughter's funeral.
The grieving mum says: "There will be flowers shaped like life-sized bichon puppies and pink bows, as she loved them in her

hair. Mercy is having four horses and we will play the Titanic tune, Nearer My God To Thee and her favourite song, Touch Me by Rui Da Silva, that she loved to dance to."
"We are not having a small, private funeral as we feel like Mercy is not just ours. People across the country took her into their hearts."
Wellwishers are already fundraising for Mercy's Mighty Foundation,

including the family's local high school, which is holding a special non-uniform day.
Paul says: "Mercy never complained. She just got on with it, remaining determined, resilient and positive until the end."
"She could put some adults to shame."
"Mercy's might was utterly amazing and she made us so, so proud."
"We will never let her down with the legacy we create in her name."
●To help provide respite for paediatric brain tumour families through Mercy's Mighty Foundation, visit justgiving.com/crowdfunding/lorraine-cuthbertson?utm_id=1&utm_term=bQB8RKPMe.

Pictures: GLEN MINIKIN

A FULL METAL JUNKET

MoD's £97m hotels

MILITARY top brass are being put up in plush £1,000 per night hotels while working away, we can reveal.

Ministry of Defence bosses and senior service staff spent £97million on rooms and accommodation last year, data released under Freedom of Information laws shows.

One hotel stay in Wiesbaden, Germany, cost £6,000 for six nights. Another 24-night jaunt at a Paris hotel cost £13,000, or £542 per night.

A hotel in The Hague, Netherlands, cost £509 for a night, while nine nights in Virginia, USA, came to £5,130 – £570 a night.

Bookings for 269 rooms in London came to a total of £136,000, working out at £505 per night.

It came as a report last month revealed many rank and file military personnel are housed in unfit homes.

Properties are often plagued with mould,

EXCLUSIVE
by MICHAEL HAMILTON

damp, electrical faults and pest infestations. John O'Connell, boss of the TaxPayers' Alliance, said: "As budgets are squeezed and defence chiefs warn of shortages, MoD mandarins are living a life of luxury."

Last night, the Ministry of Defence said: "Travel expenses must be signed off and strive to ensure value for taxpayers' money."



Big costs... MoD

mike.hamilton@thesun.co.uk

THE Sun SUPERDAYS

GRAB A GREAT DAY OUT

A SCREAMING GOOD TIME ... Thorpe Park is home to thrilling rollercoasters



SAVE UP TO £58 ON 2 TICKETS



THERE'S still time for you to save up to £58 on two tickets to Thorpe Park, thanks to Sun Superdays.

With more than 25 thrilling rides, attractions and live events, it is the home of feel-good thrills. Calling all horror fans! Did you know Thorpe Park is home to the world's only SAW movie themed rollercoaster?

Not only is SAW – The Ride a one-of-a-kind coaster, it features a terrifying 100ft beyond-vertical drop reaching speeds of up to 55mph.

There is also the world's only rollercoaster based around The Walking Dead, a terrifying dark ride into the apocalypse.

The awesome line-up of record-breaking rides, includes Colossus, the world's first ten-looping coaster and THE SWARM, the UK's first winged rollercoaster.

Plus awesome new coaster Hyperia, towering above the park and whisking you along at speeds in excess of 80mph, and Stealth, which launches you from 0-80mph in

under TWO SECONDS. We have thousands more weekend and school holiday dates for readers this year, and to make this possible we have introduced a cost for tickets on busy dates. But we do still have 21,000 tickets available at NO COST – saving you up to £58 – but these will be limited to quieter days, such as in school term.

62,000 WEEKEND AND SCHOOL HOLIDAY TICKETS

To book your tickets, just follow these steps.

- 1 Either download the Sun Savers app or visit sunsavers.co.uk.
- 2 Go to Offers and click "Start Collecting" on the Sun Superdays – Thorpe Park page.
- 3 Collect NINE Sun Savers codes. We will print one daily until June 4. Today's is on Page 20. Enter or scan your codes on the app or website as you collect them.
- 4 Booking opens at 11am on May 28. Click "Redeem booking code", hit "Book" and you will be directed to the Sun Superdays Thorpe Park website to claim your tickets.

TERMS AND CONDITIONS: 18+ UK only (exc. IoM & Channel Islands). Multiple code collect May 18-June 4, 2024. Two tickets per household, all bookings must be made in pairs. Non-transferable, non-refundable, strictly subject to availability, and daily allocation limits apply (200,000 total tickets available, including 21,000 no-cost tickets). Remaining tickets available from £10-£25 per ticket. Online access required. Saving against advanced online ticket prices and varies per date, applies to the main season only. Dates and periods are subject to change without notice. Saving correct at time of print. For full T&Cs, including ticket prices and allocation breakdown, see sunsavers.co.uk.

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B&Q

Quick & the dead

AN undertaker jumped red lights and shook off cops in a high speed chase on his motorbike. Matthew Tudhope, 22, sped at 90mph down a one way street. Nottingham crown court heard Tudhope called cops later and apologised. He said he was suffering emotional issues. Tudhope, of the city, drove in Mansfield on a 500cc bike – which he was not qualified for. He admitted dangerous driving and driving without insurance or licence. Tudhope was given a six month suspended sentence, 180 hours of unpaid work and banned from roads for 18 months.

Hobbit's £31k sale

A COPY of The Hobbit found by a woman in a chest of drawers she had inherited sold for £31,200. The first edition of JRR Tolkien's 1937 novel, with a mistake on the dust jacket, is one of only 1,500 original pressings. The unnamed woman had invited Kinghams Auctioneers, of Moreton-in-Marsh, Glocs, to value items at her home in Berkshire. She only showed them the book, which had lain at the back of the drawers for years, "as an afterthought". Auctioneer Adrian Rathbone said: "I've never handled a first edition before, it's a rare find."

POST OFFICE LAWYER IN OZ



Refused to attend inquiry ... MacLeod

From **STEPHEN D'ANTAL** in Sydney

A FORMER Post Office lawyer who refused to appear at the Horizon scandal inquiry has been tracked down by The Sun on Sunday to her £2million home in Sydney. Jane MacLeod, 62, was lead counsel during Alan Bates' High Court battle for justice. On Friday, former Post Office boss Paula Vennells blamed Mrs MacLeod for pursuing aggressive legal action against Mr Bates and 554 other former sub postmasters. Postmasters called her decision not to appear "despicable".

Ex PO boss ... Vennells

Picture: AUSTRALIA MEDIA

TRIPLE KILLER GOT £30K IN LEGAL AID

TRIPLE-killer Valdo Calocane got £30,000 in legal aid to help avoid jail.

And the total is set to soar further after his cushy indefinite sentence in a secure hospital was upheld last week. The 32-year-old fatally stabbed

By **DOMINIK LEMANSKI**

Nottingham University students Grace O'Malley-Kumar and Barnaby Webber, both 19, and caretaker Ian Coates, 65, last June. He was locked up in a high-security hospital in January after admitting manslaughter on the grounds of diminished responsibility. Prosecutors

dropped murder charges due to his mental state. An appeal claiming the hospital sentence was too lenient was rejected by judges.

Barnaby's mum Emma said the rejection "proves how utterly flawed the criminal justice system is". Previously it was reported Calocane had received almost £12,000 in legal aid to help fight his case. Now

the Ministry of Justice has said his crown court legal aid bill has reached £28,248, made up of £13,274 for solicitors and £14,973 barristers. The MoJ said: "Anyone facing a crown court trial is eligible for legal aid, subject to a strict means test." It said not all the legal claims "associated with recent proceedings" have been received.

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be drinkaware.co.uk Ends 28th May. Buy 6 or more bottles of selected wine, champagne or sparkling and save 25%. Excludes bottles under £6 in England or £7 in Wales, fortified wine, boxed wine and gift sets. Max 36 bottles per customer. Excludes Locals and Scotland. Subject to availability. Please drink responsibly.

Sainsbury's



Stolen... bottles

'Meister criminals' £1m haul

By LEN READ

A GANG presumably planning a monster party has stolen 60,000 bottles of Jägermeister worth around £1.26million.

Their haul was enough for more than a million shots of the popular drink, which is usually downed with Red Bull.

The bottles were taken from a warehouse in Bloxwich, West Midlands, although police have not given any details of how it was spirited away.

But officers have now appealed for help tracing the stolen bottles.

They say they are easily identified as they have a white spot sticker on the back instead of showing the pink UK duty paid stamp.

West Midlands Police want anyone who has one of the bottles, which were taken in February, to let them know where they bought it from.

Jägermeister is a 35 per cent alcohol spirit made with 56 herbs and spices.

QUOTES OF THE WEEK

Sir Keir Starmer
Labour leader reacting to General Election announcement

“If they get another five years they will feel entitled to carry on exactly as they are”

Paris Hilton
Socialite on plans to relaunch her music career

“I’m here to save pop music”

Erling Haaland
Man City star on winning a second Premier League title and getting the golden boot

“If this is a bad season, I’ll take it”

Tyson Fury
Gypsy King on his first ever defeat

“We punched the f*** out of each other for 12 rounds”

King Charles
At Chelsea Flower Show

“There’s nothing more fun than eating the things you’ve grown”

Richard Marx
American singer on pal Rod Stewart

“The people who say ‘never meet your heroes’ never met Rod Stewart”

DUCKY BREAK

Nine orphaned ducklings saved from M4 traffic which killed their mum near Swindon, Wilts, are with the RSPCA.

A-LISTER ON STRIPPING OFF 33



EXCLUSIVE by
LEE PRICE

SHE may be 61 and a grandmother, but Demi Moore says she loved stripping off again for her latest movie.

The actress goes nude in horror film *The Substance*, which premiered in Cannes last week, and was excited to still be pushing her boundaries as she enters her seventh decade.

In an exclusive interview, Demi reveals: “I’ve always looked for roles that pushed me out of my comfort zone, and also are thoughtful and provocative.”

“If I look at something and it scares me a little bit, I usually know that maybe there’s something in it.”

“Because if I don’t do things where I step out of my own comfort zone, then I can’t grow.”

“It’s not always easy watching yourself. But it’s exciting. It’s wonderful to feel the excitement.”

Demi is renowned for making bold career choices.

In 1991 she stripped off for the cover of *Vanity Fair* magazine when seven months pregnant with Scout LaRue, the second of three daughters she has with ex-husband Bruce Willis, 69.

Her clothes were off again in 1996 film *Striptease* before she showed off rippling muscles – and became the highest-paid actress in Hollywood – with the role of a female soldier in 1997’s *GI Jane*.

Now *The Substance*, which is due for release here later this year, has become the most talked-about premiere at the Cannes Film Festival in France.

It received a 13-minute standing ovation, with critics even talking about a potential Oscar for Demi.

‘Vulnerability and rawness’

She plays a faded Hollywood fitness instructor whose desperation to be young again leads her to take a black market age-reversing injection.

This results in the creation of a younger version of herself, played by 29-year-old Margaret Qualley, whose body she can only ever inhabit for seven days at a time before reverting back to her older self.

If she breaks the rules – spoiler alert, she does – things go wrong.

In one scene, Demi studies her naked body for a long time, with Margaret’s character then doing the same to observe her new, younger skin.

Demi credits *Maid* star Margaret, the daughter of actress Andie MacDowell, 66, with soothing her nerves about appearing naked on camera again.

She says: “The script was very unique, very complex. And it really required a real level of vulnerability and exposing oneself in a very raw sense.”

“I had a great partner in Margaret, who I felt very safe with.”

“We obviously were quite close – naked. We got a lot of levity in those moments at how absurd those certain situations were.”

“Going into it, it was really spelled out, the level of vulnerability and rawness that was required to tell the story.”

“It was a very vulnerable experience and required a lot of sensitivity and a lot of conversation about what we were trying to accomplish.”

Demi’s character has a dramatic descent into ageing, so the actress had to spend eight hours a day in make-up having prosthetics applied.

She says: “The transformation that takes place is really dramatic. It’s not glamorous, I’ll just warn you.”

Nudity has been a recurring theme throughout Demi’s career, since her first major movie,

“I’ve always looked for roles that pushed me out of my comfort zone, and also are thoughtful and provocative”

Why to bare scre

Say

Blame It On Rio, in 1984. Her 1990 blockbuster *Ghost* spawned one of cinema’s all-time classic moments thanks to her potter’s wheel love scene with Patrick Swayze.

She then starred in 1993 erotic drama *Indecent Proposal* and appeared nude in 1995’s *The Scarlet Letter*.

By the time she banked a record-breaking £10million to appear topless in *Striptease* in 1996, it was the sixth time she had bared her breasts on the big screen.

But Demi reveals that one of the most terrifying roles of her entire career was in *Charlie’s Angels: Full Throttle* in 2003, when she was 40. She tells of the moment that director

Joseph McGinty Nichol, known as McG, called her to say that filming had been brought forward – and he wanted her in a swimsuit.

Demi says: “Getting the call from McG saying, ‘Can you start the movie three weeks earlier? And hey, what do you think about being in a bikini?’, scared the s*** out of me.”

“It wasn’t on my agenda. But there you go, you just roll the dice.”

The actress has managed to defy the years with her looks and there has been huge speculation about what treatments she may – or may not – have had.

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PREMIERE... at Cannes last week

YEARS AFTER HER FIRST TIME

GREEN RETURN...
in The Substance



KIT OFF... in Striptease, 1996

TONED...
aged 40 in Charlie's Angels



I'm not afraid to show my body on screen again at 61

50 Years DEMI MOORE

"I think what's more important is how you hold yourself, not how the camera is holding you. Because what we think is what we see. And if you buy into it... that's exactly what The Substance is about... it's about this male perspective of the idealised woman we see as women have bought in to, what somebody's doing to us. And I think we are changing right now. We are living the change right now. As well as her looks, her love life has also always remained in the spotlight. Moore and Die Hard actor Bruce Campbell have daughters Rumer, 35, Scout, 30, and Tallulah, 30 - split after 13 years in 1998 but remain close. She even attended her 2005 wedding to actor Ashton Kutcher, 46. She

sadly suffered a stillbirth pregnancy and the pair split in 2011. Now she and Bruce's new wife, actress and model Emma Heming Willis, 45, are both supporting him after he was diagnosed with aphasia - a language disorder that affects how you communicate - in 2022. In March 2023 they announced that his condition had developed into frontotemporal dementia. A month later Demi was with daughter Rumer when she gave birth to her baby girl Louetta, turning Demi into what she calls a "Glam-ma". For Demi, family is the most important thing in her life - and the acting is just a job. She says: "My family, it really helps you just keep a sense of what's really important. I mean, this is all wonderful. And

the realisation that what I do isn't who I am. It's just what I do." And one of the most important members of her family is Pilaf, her Chihuahua, a present from one of her daughters. Demi describes the pet as her "friend, my partner". Pilaf was even at Cannes with her. Laughing, she says: "She's my little travel mate. And she's just a joy. That's it. I love it. I usually have her in my little sling. We go everywhere. I mean, she's been to the French Open tennis, The Louvre art gallery. "She's been to Broadway shows. She just saw Romeo & Juliet with Tom Holland in London. "She is a pound and a half, the runt of her litter, but she is a star... and she knows it." Just like her human mum.



CLOSE... with former husband Bruce in 2018

the Sunday

THERE'S SO MUCH MORE TO COME...

Food
Pages 36 & 37

Money
Page 38

Pets
Page 39

Health
Pages 40 & 41

Puzzles
Pages 42-44

Travel
Pages 49-51

19 pages of Sport

TV and listings pullout

FACE powder is the No1 product for controlling shine and getting make-up to last longer - but there's a huge choice. Today I go back to basics as I test three leading loose-setting powders.

you

BEAUTY

with TARA LEDDEN



budget

Natural Collection setting powder (£4 for 9g, boots.com): For a long time I've struggled to find a decent budget setting powder.

I can count on one hand how many I rate, and this one just shot straight to the top of the list. It's super-fine, so it doesn't look dusty on skin or settle into fine lines, and the translucent shade is slightly pink rather than white so you don't end up looking like Casper The Friendly Ghost. I do have just one gripe - the packaging is quite messy, and I always end up covered in powder when I screw the lid back on, so it's not one to take travelling. But for the great price, I can deal with that.



mid-range

Fenty Beauty Pro Filt'r Instant Retouch setting powder (£26 for 28g boots.com): I have loved every Fenty Beauty base product I've tried, so I had high hopes for this setting powder.

Unfortunately, they weren't quite met. Firstly, the tub is so big it doesn't fit in my make-up bag, but even looking past that I don't love the formula.

It's more drying than I'm used to, and I found it made my make-up look quite patchy by the end of the day - and if I didn't wait for my foundation to dry down before applying the powder, it made it look cakey. Swerve this one!



luxury

Laura Mercier Translucent loose setting powder (£38.50 for 29g, spacenk.com): Every make-up artist I've ever worked with has had this setting powder in their kit.

It's the original, and pretty unanimously regarded as the best across the industry - so much so, the brand has launched tens of different versions over the last few years yet the original outperforms them all. It sets make-up almost invisibly, isn't drying or cakey and a tub lasts forever - although, if you want a cheaper alternative, then the Natural Collection comes in a very close second.



pick of the week

IT might seem early to be thinking about Father's Day already, but M&S has just launched the perfect gift you won't want to miss. M&S Beauty The Grooming Edit, £30 (but worth a whopping £100) contains seven beauty staples. There's two fragrances, a hand cream, post-shave balm, face scrub and a full-sized L'Occitane shower gel and Ren EverHydrate cream, so you'll quickly be Dad's favourite!



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the Sunday

thesun.co.uk



COOL cauliflower is no longer a vegetable that is just seen as a cheesy side dish. The low-carb favourite is more popular than ever since fans realised it could be transformed into a healthy steak or rice alternative. Today Sun on Sunday

chef Miguel Barclay, who is responsible for the #OnePoundMeals social media phenomenon and has written a series of One Pound Meal cookbooks, shares four of his favourite cauliflower dishes that all cost less than £1 per head.



A cauli good show

Sun ON SUNDAY FOOD

Cauliflower steak

MIGUEL says: "By basting cauliflower in butter, look how this boring vegetable has been transformed into an amazing steak."

"The creamy beans act as a sauce and really set the dish off."

TO MAKE ONE PORTION:

- Thick slice of cauliflower
 - 1tbsp butter
 - 1 garlic clove, sliced
 - 100g haricot beans (from a 400g tin), drained
 - 100ml single cream
 - Small handful of spinach
 - Olive oil
 - Salt and pepper
- METHOD:** Season the slice of cauliflower generously with salt and pepper and pan-fry it in a splash of olive oil

with the butter over a medium heat for 15 to 20 minutes, turning it over every three to four minutes while continuously basting it with the melted butter using a tablespoon.

When the cauliflower is a lovely golden brown colour, remove it from the pan and set it aside.

Meanwhile, in a separate pan, fry the garlic in a splash of olive oil over a medium heat, and just before the garlic starts to brown, add the haricot beans, then the cream.

Season with a pinch of salt and pepper. Then, as the sauce starts to simmer, add the spinach and allow to wilt. Serve the creamy haricot beans and spinach with the cauliflower steak.

• The creamy beans act as a sauce and set the dish off •



Torn apart by my fiancé's swinging sex betrayal

dearheidre PAGE 46

- Food ● Money ● Pets ●
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Roasted cauliflower salad

MIGUEL says: "Trust me on this – the best part of the cauliflower is actually the outer leaves."

"By drizzling them with some olive oil, seasoning them with salt and pepper, then baking them in the oven, you can create something amazing from an ingredient you would ordinarily just throw away."

"So give it a try and see what you think, I'm sure you'll be pleasantly surprised."

TO MAKE ONE PORTION:
½ cauliflower (including outer leaves)
Olive oil
Salt and pepper

METHOD: Preheat your oven to 190C/gas mark 5.

Cut the cauliflower into medium florets, toss them into a roasting tray with a glug of olive oil and a generous seasoning of salt and pepper, then cook in the oven for about 20 minutes.

Halfway through cooking, toss the cauliflower leaves in a glug of olive oil and season generously with more salt and pepper and add them to the roasting tray.

The cauliflower should be served as a warm salad, drizzled with the olive oil and the seasoning from the roasting tin.



Cauliflower & roast tomato tabbouleh

MIGUEL says: "Oven-roasting cherry tomatoes magnifies their flavour and creates the most amazingly intense and tangy ingredient for this hot tabbouleh."

"I like to roast the tomatoes for as long as possible to intensify the flavour."

"Traditionally, tabbouleh is made with bulgar wheat and served cold as a salad or side dish to accompany grilled meats. But here, I have substituted the wheat for cauliflower and transformed it into a standalone vegetarian main dish."

TO MAKE ONE PORTION:

A few cherry tomatoes, halved
1 red onion, quartered
¼ cauliflower
1 garlic clove, crushed
Pinch of dried (or chopped fresh) parsley
Olive oil
Salt and pepper

METHOD: Preheat the oven to 190C/gas mark 5. Put the tomatoes and onion in an ovenproof dish, toss with a generous glug of olive oil, season with plenty of salt and pepper and roast for at least 30 minutes, until they start to colour.

Meanwhile, chop the

cauliflower very finely, season it with salt and pepper and pan-fry it in a splash of olive oil over a medium heat.

After about ten minutes, as the cauliflower starts to soften, add the crushed garlic and continue to fry for a further ten minutes until the cauliflower is cooked through but still has a bit of bite.

To serve, mix everything together while the tomatoes, onion and cauliflower are still warm, sprinkle with parsley and dress with a little splash of olive oil and a pinch of salt and pepper.



with **MIGUEL BARCLAY**

Pictures: DAN JONES

Goan cauliflower curry

MIGUEL says: "You wouldn't expect it, but this dish actually has no cream in it."

"By using just flour and milk, you can create an amazingly rich and creamy sauce with a fraction of the calories, without compromising on eating the food you love."

TO MAKE ONE PORTION:
¼ cauliflower
¼ white onion, sliced
1 tsp curry powder
1 tsp turmeric
1 tsp plain flour
200ml milk
Handful of spinach
Olive oil
Salt and pepper

METHOD: Cut the cauliflower into individual florets and gently pan-fry them with the onion in a splash of olive oil over a medium heat.

After about five minutes, add the curry powder, turmeric and flour, season



well with salt and pepper then fry for a further minute until the onion is soft.

Slowly add the milk, stirring to create a sauce, then simmer gently for 15 minutes, stirring

occasionally. One minute before serving, add the spinach and stir it into the sauce, allowing it to wilt slightly.

Serve in a shallow bowl and enjoy.

FREE INSIDE TODAY

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MAY 26, 2024

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FAULTY METER BILL SHOCK

MILLIONS of households with smart meters are at risk of shock energy bills.

More than half of homeowners now have one of the gadgets, but technical problems mean they are being exposed to so-called catch-up bills, says Citizens Advice.

Faults can stop automatic readings being taken from the meters, and delays in fixing the issues mean this can drag on over long periods of time.

Suppliers can then back-bill customers for an entire year if they



have been underpaying. Painful catch-up bills of £1,000 and upwards have been sent to customers after smart meters went unchecked by suppliers, in cases seen by Citizens Advice.

One in five households with a smart meter still have to regularly submit manual readings because their faulty device is not doing this automatically, a survey by the charity found.

Almost a third experienced issues with their in-home display (IHD) screen that tracks energy

usage and costs. The charity has called for new rules that force providers to fix problems quickly.

Citizens Advice chief executive Dame Clare Moriarty said: "The whole point of smart meters is to empower households to save energy and money, but in reality millions are missing out due to problems with technology and poor supplier service."

"Energy companies are very keen for customers to get a smart meter, but when issues arise they are often nowhere to be found."

"Suppliers have been far too sluggish in fixing issues."

LANA CLEMENTS

SWERVE SPOOF CAR SITES

DRIVERS are being urged to double-check their insurer's website before revealing personal details, after a surge in scams.

Motorists are believed to have been duped out of thousands of pounds after unwittingly handing details to fraudsters posing as their insurer, the Association of British Insurers (ABI) has revealed.

Scammers are paying to appear at the top of Google searches, even above the real insurer's website, and "spoofing" the genuine web page to appear identical. Customers trying to make a claim then call the number

listed on the fake site or input personal details and unknowingly sign up to services costing them thousands. For example, they might end up paying inflated repair costs compared to if they went through their insurer or a genuine garage.

While the ABI said there is currently limited data on how many people have been ripped off, it said it has seen examples of people being pursued for more than £50,000.

The ABI said its research found more than 81 per cent of



customers had never heard of ad spoofing before.

Mark Allen, head of fraud and financial crime at the ABI, told The Sun: "People think of cold-calling, but in reality 90 per cent of insurance fraud is perpetrated online. When using a search engine to find your insurer, always double check the URL and look for extra or missing letters – scammers typically change one digit to try to trick you."

LANA CLEMENTS

Got money worries? We can help. Email us at money@the-sun.co.uk or write to Sun Money, News UK, 1 London Bridge Street, London SE1 9GF

Money news and advice to help you fix your finances

Sun ON SUNDAY MONEY

Edited by TARA EVANS

Car boot bargain or total con?

FAKE GOODS

MORE and more bogus products are being sold at car boot sales, Trading Standards has warned. Common counterfeits include designer clothing and bags, perfume, make-up and electronics.

The main problem with these is they are likely to be cheaply made and fall apart quickly. Electronic items might not work or even be dangerous, while imitation perfume and cosmetics can contain harmful chemicals.

Victoria Wilson, cabinet member for Trading Standards at Staffordshire County Council says: "We all love a bargain and you can pick them up *[at car boot sales]* but you do need to be careful.

"Buying fakes will most certainly leave you out of pocket. It not only fuels illegal activities and harms genuine businesses but poses serious health-and-safety risks."

She recommends shoppers check packaging – misspelled words can be a sign of fakes. And research brands in advance to learn how to identify genuine goods.

CHANGE SCAMS

CASH is king at the car boot sale and this means you need to be alert for change scams if buying or selling.

Common ones include someone confusing you and giving you a smaller note than you're owed.

I fell for this in my first car boot sale as a seller. There were several people taking my attention on my stall when a man tried to rush me into selling him a pair for shoes for £8.

He gave me a £20 note, I gave him £10 back and he said he'd return later for the shoes and the £2 coins. But when he came back an hour later, he insisted I hadn't given him any change before and he needed the full £12.

It meant I ended up £2 and a pair of shoes down, instead of £8 up.

My advice would be to never take any money until a buyer is ready to take an item away, and make sure you carry plenty of change in a money belt so you can hand it over immediately.

AMAZON RETURNS

YOU may see stalls at car boot sales offering mystery "Amazon returns" packages for £1. Sellers claim these are unwanted items returned to Amazon, which they are selling on.

It can be tempting to spend a pound to see if you get a bargain.

But Maddy Alexander-Grout, founder of the Mad About Money app, warns often these aren't genuine returns at all, but items of no value put into old Amazon packaging.

"Usually the stuff is worthless rubbish from people's houses, so don't fall for the mystery parcel line because you will almost certainly waste £1," she advises.

SPOT FAKE ITEMS AND ROGUE SELLERS

CAR boot sales are a great way to make extra cash or get things cheaply. But they are often targeted by rogue buyers and sellers.

Here, ROSIE TAYLOR reveals some of the most common scams to be on the lookout for, and how best to avoid the ...

ON THE HUNT for a bargain at a car boot sale

TOO GOOD TO BE TRUE

AT one car boot sale, I was delighted to find a French Connection dress, with the label still in, for £2.50.

It showed the frock had cost £210 new and it looked in great condition although I suspected it may have been worn once, with the tags kept in, because there were a few snags in the fabric.

I thought I'd be able to resell it on Vinted or eBay for a decent price, but when I got home and turned it inside out to wash, I discovered it had definitely been worn before because it had stains in the lining.

The stains were not noticeable when I bought it but I should have realised there was a reason something that looked like it was worth £210 was on sale for £2.50.

Check items as thoroughly as you can before you buy them – and if it seems too good to be true, it probably is.

RESELLING CON

ANOTHER car-boot trick is for experienced dealers to swarm round your car as you're unloading, buy stuff off you cheaply then take it to their stall to resell at a higher price.

Maddy Alexander-Grout has a warning about this classic con: "When people want to buy things off you before you've even unloaded your car, you may think you've got lucky.

"But if someone tries to make you think an item won't sell, so they'll do you a favour by buying it, it probably means they want to get it off you cheaply because they know they can resell it for more money."

She advises asking eager early buyers what they're prepared to pay for an item, turning them down and selling it later for a slightly higher price than they had then quoted.

STOLEN GOODS

IT'S worth being aware that criminals can use car boot sales to offload stolen goods.

Signs of this may include stalls selling lots of brand-new, higher-value items, such as tools, gardening equipment or perfumes. Again, watch out for prices that seem too good to be true.

Be aware that bikes and scooters may well have been stolen, and don't be afraid to ask the seller where they came from originally.

Honourable sellers will be happy to tell you if something is a genuine item that is no longer wanted by their family – if anyone gets aggressive or gives very vague responses, avoid buying.

Surrey Police Force advises anyone looking to buy items such as tools from car boot sales to bring a pocket ultra-violet pen torch to check items for invisible markings like a name or postcode.

IN ASSOCIATION WITH



Paws & Claws



STAR of the WEEK

FORMER racehorse Lucky Star mended his owner's broken heart when her other horse sadly died.

Now the 17-year-old thoroughbred is the emblem of an online community for riders across the world.

Owner Andrea Busfield, 52, from Lincoln, said: "When my first horse Achilles died from colic, I took on Lucky Star.

"He saved me in every conceivable way, as I had to get up when my heart was still in pieces.

"Friends say that Lucky was lucky to have found me, but it was me who was lucky to find him.

"He inspired me to set up an online community for horse lovers to support one another."

See mumshaynet.com for useful information on the animals.

WIN

Reward Trainer



WANT to help your dog to overcome unwanted behaviour like whining, barking and pawing?

The Sun on Sunday has teamed up with the PetSafe brand to give two readers the chance to win a Teach And Treat Remote Reward Trainer worth £188.99.

To enter, send an email headed **TRAINER** to: sundaypets@the-sun.co.uk by June 9.

See uk.petSAFE.net for info. T&Cs apply.

Hammy's on a roll

KEEP HAMSTERS HAPPY

WHAT enrichment toys do you recommend for a hamster?

I've read somewhere that the balls you get aren't good for them. What is your view? How big a cage should they have? Should I swap the toys around? Do I keep the sleep quarters in the same place? I want to make Hammy as happy as possible, and would love your advice.

EMILY ROGERS, Chichester, West Sussex
Old toilet-roll tubes, cardboard boxes, hay and straw, hamster toys from the pet shop, of course, but a DIY approach is more fun. Twigs, branches, pipes, deep litter, dried vegetation (make sure it's hamster-safe), food treats, things that make Hammy work for a reward like a ball to roll around that treats fall out of.

And rotation to provide novelty value is absolutely recommended. What about a hamster obstacle, course? Search for "hamster enrichment" on YouTube for hours of time-wasting... I mean fun.

MY dog Morgan is really scared of water.
I'd love to take him to the beach, as we live near the sea but he'll cower in terror there. What can I do?
SIMON SMITH, Lyme Regis, Dorset

Sean says: I bet he's a whippet? Or maybe a dachshund?
Certain breeds tend to be scaredycats when it comes to water, though obviously every dog is unique.

Anyway, I would ask why you want Morgan to swim? If he doesn't want to, that's fine. You may make him more fearful, or at least enjoy beach trips less, if you try to force him.

For some breeds, it's dangerous for them to attempt to swim, as their bodies make it very difficult or even dangerous for them.

I'm thinking the brachycephalic or flat-faced breeds like pugs and bulldogs, or short-legged ones like dachshunds and bassets, for example.

If your dog cowers at the beach, it may also be other factors. Crowds, too many children, too much pale British skin on show - who knows?

CAN cats have too much catnip? My Luna and Bella go crazy.

MOLLIE CARPENTER, Hastings, East Sussex
Sean says: In a word, yes. Too much catnip all at once can sometimes have negative effects, mainly with digestive upsets and symptoms such as vomiting or diarrhoea. Over-indulgence can also build



Pet VET
SEAN MCCORMACK

HE is on a mission to help our pets... and is here to answer YOUR questions. Sean, who is the head vet at tailored pet food firm tails.com, has helped with owners' queries for ten years.

He says: "If your pet is acting funny or is under the weather, or you want to know about nutrition or exercise, just ask. I can help keep pets happy and healthy."

Send your questions for the Pet Vet to vet@the-sun.co.uk

tolerance, and even in the short term immunity to its euphoric effects.

It's probably best to use it in small amounts, every few days at most. Like everything fun, moderation is key, or you ruin the buzz.

IS there anything I can do to stop my two-year-old cat Jasper marking his territory at home?

It's so frustrating. He does it near the door and also behind the sofa. I've scrubbed the carpet but the problem persists. Please help.

SIAN DAVIES, Cardiff
Sean says: I'm hoping the obvious issue of neutering him is sorted, because living with an "entire" male cat with his full equipment is a guaranteed recipe for a very stinky and territorially marked home.

Are there other cats stressing him out or trying to come into the house? Is he stressed for any other reason? Cats and stress are quite subtle things. Breaking the habit in persistent areas is difficult, and scent is the key driver - so you need to work hard to eliminate it, with pet-safe enzymatic cleaning products ideally.

Never use ammonia. Changing the surface of walls or objects he's marking to something that will spatter can work too. Temporary plastic sheeting might just do the trick, by reflecting his whiffy efforts back on him.

RID YOUR DOG OF PESKY PICA BEHAVIOUR

WE all know the old classic "my dog ate my homework" excuse, but new research reveals it may be true.

A study from rover.com found 73 per cent of dogs exhibit "pica behaviour", a compulsive urge to eat non-food items.

Paper is the most commonly ingested item, with 43 per cent of dogs who eat things chewing it, along with toilet roll (36 per cent), their own dog toys (32 per cent)

and plants (27 per cent) as well as cushions (13 per cent) and even stones (13 per cent).

The survey also found that nearly half (48 per cent) of pet owners are unaware of the dangers it can pose, including vomiting and intestinal problems.

Adem Fahmi, Rover's canine behaviourist, said: "Calmly take control of the situation or diffuse it by popping your dog on a lead

and moving them away or offering a "swap" with a high-value food item or loved toy. Meanwhile, ensure you give your dog plenty of exercise and mental stimulation, and always create a safe space for them when you can't supervise.

"By implementing these strategies, we can keep our furry friends safe and happy."

To find out more, visit rover.com/uk.



PAPER BOY... mutt

Mystic Meg

with MAGGIE INNES

ARIES March 21 - April 20



Any sense of life opening up is accelerated by Jupiter's arrival in your communication sector. Talking to people, and impressing them, comes naturally and when you choose to lead, others follow, so pick the best direction. The lighter you can carry love the more it can mean, so steer clear of demands this week.

TAURUS April 21 - May 21



Riches can flow when you aren't looking - this can be anything from a forgotten debt to a ticket bought for you. But the best gifts this week are in emotional gold. Trust can return when you're free from suspicion and a daring moon brings a love truth to your lips. Mercury writes your name on a business plan.

GEMINI May 22 - June 21



As Jupiter joins the planet celebration in your sign, you are not just a party person, but an inspiring one who energises the world. This can be the moment to revisit plans for a leadership role. A conversation linked to your birthday carries a hidden love question. When you need Mars fire to assert yourself, it's there.

CANCER June 22 - July 21



You're a deep well of emotional secrets - but for the next year or so, starting this week, the most generous planet encourages you to share more. Be sure to tell special people how you feel. At work, you can discover a flair for honesty and negotiation, and resentments wither away. Luck and love link to "G" names.

LEO July 23 - August 23



You are a friend in a million, and can question the words or actions of a loved one - to change a decision. Never doubt that love is the bedrock that stays solid. Mars in your travel zone can make you restless, so start planning that special trip again - even if you have to start it solo. Luck links to a famous athletic number.

VIRGO August 24 - September 22



Lift your eyes from the prize to appreciate the fun presence of Jupiter in your chart. This doesn't mean being less determined - it's just adding more creativity. If you've hesitated in a romance race, now you are in front. So enjoy it. Single? The moon suggests a dreamer who reads your mind - and body.

LIBRA September 23 - October 23



You are starting to see how restrictions are imposed by yourself. But as Jupiter generosity takes centre stage, freedom can follow. You allow yourself to make mistakes, as well as extend kindness to others. This can be the breakthrough a family needs. Love is a journey, try not to be in too big a rush to arrive.

SCORPIO October 24 - November 22



The "new" you is the true you that's been there the whole time. As your chart regrouping into positive positions, you can be who you really are - no more apologies. This may take a partner a moment to adjust to, but you'll both benefit. Single? Seek a soulmate you want, rather than one you feel you need.

SAGITTARIUS November 23 - December 21



Team-playing is your star talent, and you have the ability to help people get together. You see simple ways to get complex cash or work deals moving. In love terms, wandering eyes stand still maybe for life - when you spot a tall red-head across a noisy room. Current couples have great ideas for a future for two.

CAPRICORN December 22 - January 20



You're not a risk-taker, but the moon can make you emotionally daring. Giving everything up for someone may feel like a strength but it can set up points of passion weakness. You deserve equality. If you're single, work romances can get messy - but with "M" you could find a clear future. Luck plays "O" music.

AQUARIUS January 21 - February 18



Whatever the idea in your heart may be, it can leap forward now. Play your part by celebrating your unique skills, instead of hiding them. This can include a gift for pairing music with events or pictures. A dreamy moon can take a vague "T" attraction all the way to a definite date. Luck opens a green door.

PISCES February 19 - March 20



Looking back at your history and forward to your future is easier now and more productive. You can accept mistakes, rather than carry them with you. An address surrounded by trees can be part of this. Cash that has felt out of control can benefit from making three firm choices, and sticking to them.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HJ.

ask alfie



Used car specialist

Q I BOUGHT a white Hyundai i20 in 2015 from a non-main dealer. But I am having issues with the paint peeling and bubbling.

I have seen other white Hyundais with paint problems in the UK, US and Canada, but I cannot get any joy from Hyundai. Where do I stand legally?
KAREN TAYLOR

A While some manufacturers have an eight-year warranty on paint, Hyundai Europe's is five years' worth of cover.

So, sadly, your car is well beyond the point that the manufacturer would do anything about it for a customer.

I'm afraid all you can do is find a good bodyshop, an independent one, and have the work done as affordably as you can. But make sure it's a proper job so you don't

Q&A

Send your questions to motors@the-sun.co.uk

suffer any further issues. However, Hyundai does have a 12-year anti-corrosion warranty, so if you can prove the paint is bubbling because the bodywork is rusting underneath, you might be in luck.

Q WE bought a Ford Focus EcoBoost in 2017. It was two years old and had done 47,000 miles.

Ford said the wet-belt (cambelt) wouldn't need changing until 150,000

miles, but on our car it snapped and destroyed the engine after 60,000 miles.

They weren't interested when we contacted them and the breaker who collected our Focus suggested this was a common fault with these engines. What is our next move?
DAVID COWLAND

A This is a very thorny issue, David, and I have to be careful what I say.

Ford's EcoBoost engines are known to have issues with this belt. But there are also various "get-outs" that the manufacturer can use about maintenance, oil used and so on, which might make it hard for you to prove the engine was not "fit for purpose".

My best advice to you is to contact the Motor Ombudsman and see if you have a case, then go from there.



READER'S CAR OF THE WEEK

A STUNNING car, one of my faves, and in a terrific colour too – they're normally white or black.

Anyway, over to owner Lisa Jones, from Lincolnshire, who says: "This is my pride and joy, my Honda Integra Type R DC5i. I've

owned the car for just over two years, previously owning a Honda S2000. Cars are my therapy! The Integra has done nearly 95,000 miles. I'm a complete car nut, trying to keep the classics on the road."

● Send pictures of your beloved motor, with details, to motors@the-sun.co.uk.

THREE . . . MODERN CLASSICS UNDER £20k



1983 (X) Mercedes-Benz 230 E 4dr, 67k, £15,900, John Holland Sales, Sheffield (johnhollandsales.co.uk): First, a classic old Benz: Not fast, not flashy, just fabulous. The "W123" is a lovely old, solid waffer and this one has super-low mileage for its age.



1988 (E) Peugeot 309 GTI 3dr, 58k, £15,995, SCC Leeds, Guiseley, West Yorks (sccleeds.co.uk): The thinking person's 205 GTI. Where Peugeot's smaller pocket rocket from the Eighties commands silly money, the ace 309 GTI – some argue it was better – is not as costly.



1999 (T) Subaru Impreza 2.0 RB5 Limited Edition 4dr, 89k, £16,995, private seller, Pudsey, West Yorks ([via autotrader.co.uk](http://autotrader.co.uk)): You might remember its heyday as being chavvy big wings, but this is a bona fide investment piece. The RB5 is a much sought-after special edition.

COSTLY CALL FOR DRIVERS

USING a phone at the wheel is: A) stupid; and B) expensive.

You're four times more likely to be involved in a crash. And getting caught will cost you more than £500.

That's a £200 fine and a £369 hike in the cost of car insurance.

According to research by go.compare, 45 per cent of those who drive daily admitted to using their phone.

Tom Banks, a car insurance expert at go.compare, said: "It's alarming that



such a significant number of motorists are taking such a dangerous gamble.

"It simply isn't worth the safety consequences. Then there's the financial repercussions, too."

● **McLAREN** is now selling electric mountain bikes from £7,200. What? There's a mint 2013-reg Audi TT roadster on Auto Trader for the same money.

● **MITSUBISHI** is organising a 50th anniversary tour for owners – even though it stopped selling cars in the UK three years ago. The after-sales business is still running.

DON'T MISS **motors** EVERY THURSDAY

● Food ● Money ● Pets ● Motors

TRIED & TESTED



with JANE ATKINSON

YOUR digestive system breaks down food and liquid into carbohydrates, fats, proteins, vitamins and minerals so your body can absorb them for nutrition, energy and immunity.

Healthy digestion means less chance of constipation, heartburn and bloating. Ahead of World Digestive Health Day on Wednesday, JANE ATKINSON looks at how to keep your system in tip-top shape...

PROBIOTIC CAPSULES

ELEMENTS have devised a new probiotic with a mega dose of gut-friendly bacteria that is perfect for those who take antibiotics.

More than 1.5million doses of antibiotics are administered daily in the UK, which cause great harm in the microbiome leading

to a host of health issues from weight gain to infections. Supreme Microbiom includes a high dosage of 100 billion CFU friendly bacteria, with a diverse formula including 14 strains of live cultures. The doctor-formulated probiotic is combined with vitamin B complex. £35.99 for a two-week supply. lmnts.eu.



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Sun ON SUNDAY

By LUCY GORNALL

FROM weight gain to hair loss and mood swings – we have good news: It might not be you that's to blame.

Have you ever considered a greater power might be at play?

Andy Daly, nutritionist at Dr David Jack, tells Sun on Sunday Health it's likely that your hormones are ruling your roost.

"Hormones are chemical messengers and play critical roles in regulating physiological processes and keeping the body in balance," he explains. "Hormonal imbalances can disrupt these processes, leading to a broad range of symptoms and health issues."

And before you decide this only affects women, Andy points out that men live at the mercy of their hormones too.

Here, we look at how your hormones might be behind your worrying symptoms...

BELLY FAT: Cortisol

CORTISOL is the body's "stress hormone". Dr Colleen Fogarty Draper, a registered dietician and Holland & Barrett's women's health adviser, says: "When we feel under threat, we produce more cortisol. In short bursts, it's not harmful. However, when frequent or prolonged, it can result in various effects," including increased fat storage.

"Cortisol belly" can more typically occur during stressful periods, such as the menopause transition.

Colleen says: "The stress of midlife can lead to unwanted elevations in cortisol which can worsen visceral fat accumulation (the type that wraps around your organs)."

Stress itself can also cause long-term physical problems such as heart disease, obesity, type 2 diabetes and hypertension. Therefore, taking the time to de-stress could help you lose belly fat and ward off disease.

Spend more time outside, do exercise such as brisk walking and resistance training and try breathing exercises.

Try box breathing – breathe in for a count of four, hold for four and breathe out for four. Repeat this four times.

Colleen adds: "Plan your meals wisely and control your portion size. Make sure every meal is packed with fresh fruits and vegetables, alongside plenty of lean protein and healthy fats."



It's not it's your

LOW MOOD, WEIGHT GAIN: Oestrogen/progesterone

OESTROGEN and progesterone levels shift daily in women, as well as over their lifetime.

Colleen says: "During the build-up to your period, oestrogen levels start to decline, while progesterone levels increase."

"This triggers the brain to release a chemical called norepinephrine, which causes a decline of dopamine and serotonin (happy hormones)."

There are more than 150 PMS symptoms that can strike up to two weeks before your period, including acne, feeling tearful, greasy hair as well as breast tenderness and bloating.

Oestrogen starts declining in

most women from their early 40s, known as perimenopause.

Symptoms, which can continue into old age, include hot flushes, mood swings, fatigue and sleep issues. Colleen says: "Muscle and joint pain during menopause may be caused by declining oestrogen levels, too."

Caffeine, spicy foods, alcohol, and smoking are thought to exacerbate symptoms, but foods high in phytoestrogens such as soy products, flaxseeds and legumes may help, says Andy.

He adds: "Women may want to consider HRT which can be effective in managing menopausal symptoms, especially hot flushes and vaginal dryness."

"HRT may not be suitable for everyone and can have potential

See Tuesday's Sun for **3 PAGES** of health

DIGESTIVE BREATH TESTER

FOODMARBLE is a digestive breath tester that reads how a person's microbiome responds to different foods and how slowly or effectively they pass through their digestive system.

The device can help identify any foods that cause excessive gas or bloating, helping you to

tailor your diet to relieve any uncomfortable symptoms and in turn avoid the food types giving you a reaction.

You just breathe into the little machine connected to an app, which reads how much hydrogen and methane are in your system.

You need to like a

gadget, though, given you use it about ten times a day. But the device is not invasive and it's a good health hack.

You can also log your meals, symptoms, stress and sleep.

It comes with a carry case and charger.

£199 for the AIRE 2 device, foodmarble.com.



FOOD-SENSITIVITY TEST

THERE are plenty of food-sensitivity tests on the market.

But the founder of Supply Life UK, Ricky Singh, launched this because he was suffering from IBS.

It involves a finger-prick blood test at home, which is sent off to detect what foods you

produce Immunoglobulin G antibodies to.

This occurs when the immune system considers the food as "foreign", therefore mounting a response.

I have never really had problems, but of the 220 different foods tested, it did flag that I shouldn't have barley,

peas, egg white and melon.

The eggs baffled me but melon made sense as it gives me a tingly tongue whenever I eat it, and I quickly feel really bloated after peas.

Supply Life prices range from £134 to £239. supplylife.com.



HEALTH+



Edited by **LIZZIE PARRY**



ASK Dr Zoe

Expert advice from Dr Zoe Williams, our resident specialist and NHS GP

Q I AM a 58-year-old male and think I'm in reasonable shape. But over the last 12 months I find myself waking up to take a pee.

This doesn't happen every night. I also find when I wake my mouth is very dry and I need to drink which might be making things worse?

A It's not uncommon for men in their 40s and 50s to urinate once a night, and for men in their 60s and 70s to urinate twice a night.

Benign enlargement of the prostate is the common cause for men needing to urinate more as they get older. Other common symptoms include finding it difficult to start urinating and feeling as though you've not fully emptied the bladder. Prostate cancer is a rarer cause but has the same symptoms.

What you're describing isn't unusual, but if you're concerned it's worth doing an online consultation or seeing your GP.

There are a few other reasons why you might be urinating in the night, and these may need to be eliminated.

A bladder or urinary tract infection can increase the need to pee, as can conditions such as high blood pressure, and certain kinds of heart disease.

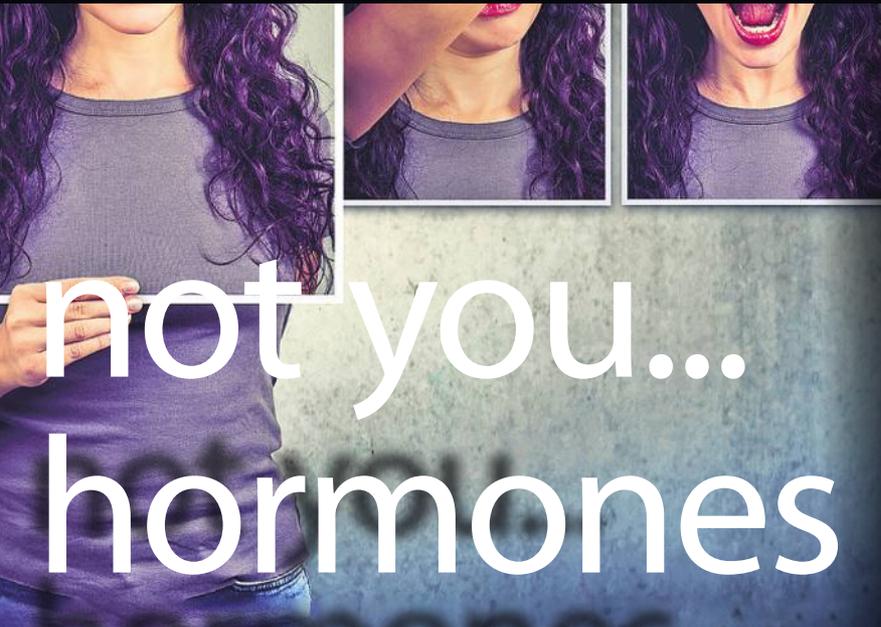
A dry mouth could be unrelated and caused by breathing (or snoring) through your mouth at night.

But a condition like diabetes could cause an increased need to urinate, a dry mouth, and heightened thirst.

TIP: Cooking fats add extra fat and calories to your food. Olive oil is usually a healthier option than saturated fat sources such as lard, ghee, coconut oil and vegetable oils. Try steaming or grilling foods instead.

EMAIL **Dr ZOE**

health@thesun.co.uk



side-effects so it's best to discuss this with your GP."

In men, too little oestrogen can lead to an increased risk of osteoporosis or bone fractures, erectile dysfunction, mood swings and abdominal fat, while too much can cause the development of breast tissue, Andy says: "High oestrogen may interfere with sperm production, leading to fertility issues."

Meanwhile, an imbalance of progesterone can lead to a loss of libido and sleep disturbances.

LOW SEX DRIVE, NO ENERGY, HAIR THINNING: Testosterone

TESTOSTERONE is the primary male sex hormone but it is needed by women too. In men,

levels generally stay steady, while in women testosterone drops during the menopause.

Colleen says: "When testosterone is combined with oestrogen [in women], it helps with the growth, maintenance and repair of reproductive tissues, muscle and bone mass."

Men lose around one per cent of testosterone per year from around the age of 35. The drop can be followed by a fall in libido, low energy, difficulty concentrating and headaches.

Erectile dysfunction, mood swings and loss of muscle mass are also common.

Hypogonadism – when the testes produce less testosterone, usually from birth – can occur later in life, particularly in men

who are obese or have type 2 diabetes.

DHT is a sex hormone responsible for facial and body-hair growth during puberty.

Andy says: "An imbalance of DHT is typically associated with male pattern baldness. However, it can also contribute to hair loss in women."

Men may see a receding hair-line and thinning at the crown, and women overall thinning.

Andy says: "Omega 3 fatty acids found in fish oil, flax-seeds, chia seeds, walnuts, hemp seeds and pumpkin seeds may help reduce inflammation and support hair growth."

"Some people find Biotin (vitamin B7) helpful in improving hair quality too."

EARLY MENOPAUSE, WEIGHT CHANGES: Thyroxine

THE thyroid is a small gland in the neck that produces the hormones thyroxine and triiodothyronine.

An underactive thyroid [hypothyroidism] does not produce enough hormones, while an overactive thyroid [hyperthyroidism] produces too many.

Andy explains: "Hypothyroidism can lead to a slowing down of the metabolism, leading to symptoms such as weight gain, fatigue and feeling cold."

"Hyperthyroidism can cause an increase in metabolism, leading to symptoms such as weight loss, increased appetite and heat intolerance."

Hyperthyroidism can cause an increased heart rate, palpitations and high blood pressure, while hypothyroidism can cause a slow heart rate and changes that may increase the risk of heart disease.

Colleen says thyroid disorders can cause puberty and menstruation to occur abnormally early or late, or periods that are either light, heavy, irregular or completely absent.

Andy says: "If you are experiencing typical symptoms such as hair thinning, fatigue, weight changes, intolerance to temperature and/or have concerns, book an appointment with your GP."

THIRSTY, PEEING MORE, ITCHY GENITALS: Insulin

INSULIN is a hormone that carries glucose from food into the body's cells for energy.

Without it, blood glucose levels can become too high and you can be diagnosed with diabetes. People with type 1 diabetes can't make insulin at all, while those with type 2 either don't produce enough insulin or it fails to work effectively.

Dr Zulqarnain Shah, medical director and GP at SSP Health, says: "The symptoms of diabetes include increased urinary frequency, excessive thirst and weight loss."

Dr Shah adds: "Most people have no symptoms at all."

"If you have a family history of diabetes you might benefit from a health check."

An estimated 850,000 people are currently living with type 2 diabetes but are yet to be diagnosed, says Diabetes UK.

To prevent diabetes, Dr Shah says: "Watch your weight, cut out sugars and manage stress."

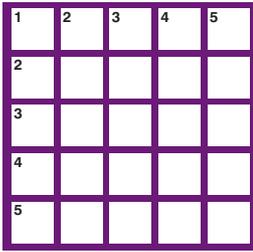
"In women, insulin resistance can lead to more male hormones [testosterone]."

"Polycystic ovary syndrome can develop, leading to problems conceiving and excess facial hair."

WORD SQUARE

ACROSS

- 1 Bangs (a door shut)
- 2 Legal
- 3 Make amends
- 4 Flung
- 5 Transmits

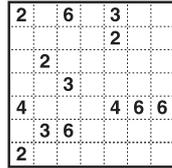


DOWN

- 1 Venetian blind strips
- 2 Agile
- 3 Seed of the oak
- 4 Dug (for coal)
- 5 Boils slowly

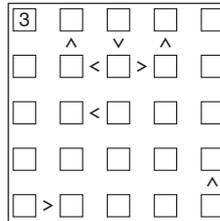
CELL BLOCKS

Divide the grid into blocks that are either square or rectangular. Each block must frame a single number, and each block must contain the same amount of cells as the number it frames.



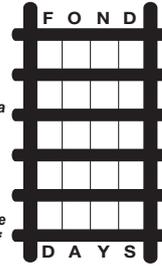
FUTOSHIKI

Use the greater than (>) and less than (<) signs to fill in the squares with the numbers 1-5. The same number cannot occur more than once in any row or column.



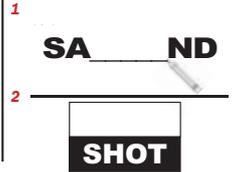
WORD LADDER

Change one letter at a time (but not the horizontal position of any letter) to make a new word - and move from the word at the top of the ladder to the word at the bottom using the exact number of rungs provided.



SPOT THE SAYING

Which two well-known sayings or expressions can be found below?



WORDSEARCH

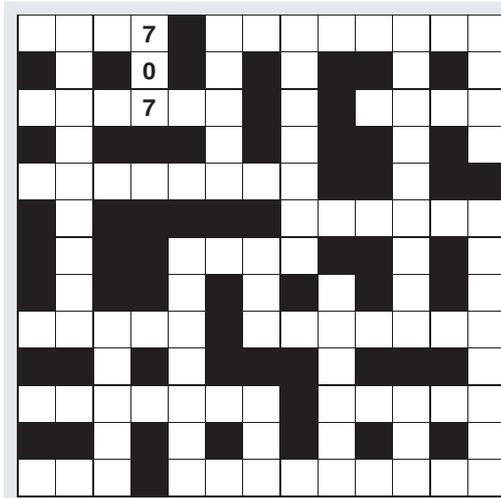
These items relating to baseball can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction, but always in a straight, unbroken line.



- | | | | |
|-----------|--------------|------------|--------------|
| BALLPARK | FASTBALL | MOUND | STRIKE |
| BAT | FLYBALL | PITCHER | TEAM |
| CATCHER | GLOVE | PLATE | THROW |
| COACH | HELMET | RAIN CHECK | TOUCH BASE |
| CURVEBALL | HOME RUN | SCORE | UMPIRE |
| DIAMOND | INNING | SCREWBALL | WALK |
| DUGOUT | MAJOR LEAGUE | SLIDE | WORLD SERIES |

NUMBERFIT

All of the listed numbers fit into the grid and there's only one way to do it. One number has been provided to get you started.

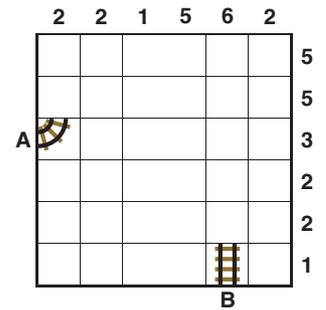


- | | | | | |
|----------|----------|----------|----------|-----------|
| 3 digits | 4 digits | 6 digits | 8 digits | 9 digits |
| 210 | 1474 | 104740 | 18870801 | 130078746 |
| 655 | 3594 | 208533 | 63621500 | 655438061 |
| 707 | 7927 | 727811 | 88778101 | 920335028 |
| 923 | 9027 | | | |
| 961 | | | | |
| | 5 digits | 7 digits | | |
| | 23763 | 1600677 | | |
| | 55228 | 3584616 | | |
| | 78208 | 7368074 | | |
| | 83085 | 8073656 | | |

SOLUTIONS TO ALL PUZZLES ARE IN THE SUN TOMORROW

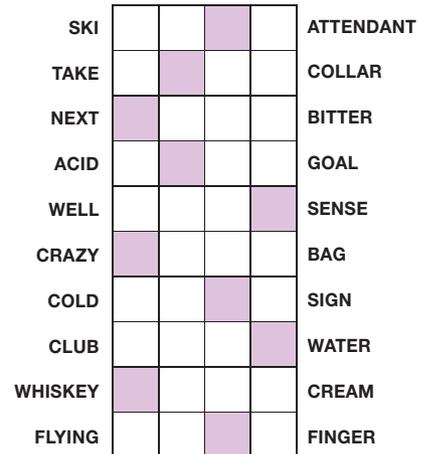
TRAIN TRACKS

Lay tracks to enable the train to travel from town A to town B. The numbers indicate how many sections of rail go in each row and column. There are only straight rails and curved rails. The track cannot cross itself.



MISSING LINK

Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the shaded squares will spell out a building material.



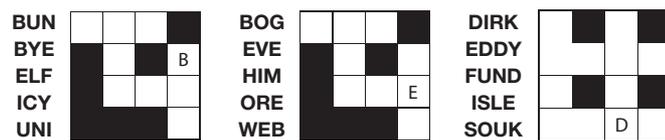
NUMBERCRUNCH

Starting at the top with the number provided, work your way down the three lines one at a time, applying all the mathematical instructions to your running total.

EASY	MEDIUM	HARDER
66	148	548
÷ 3	- 49	25% of it
+ 268	2/3 of it	- 49
Half of it	+ 483	Half of it
- 49	Third of it	+ 154
÷ 6	- 75	5/6 of it
+ 214	÷ 9	+ 2404
÷ 5	× 10	÷ 7
- 37	- 48	- 68
× 11	÷ 12	÷ 13
ANSWER	ANSWER	ANSWER

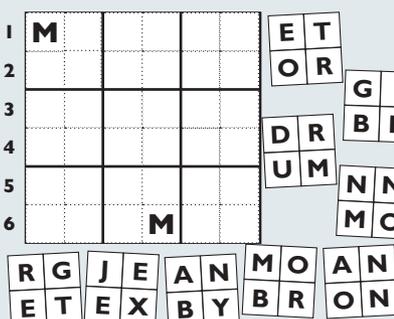
MINI FIT

Which one of the listed words won't fit in each of these mini grids?



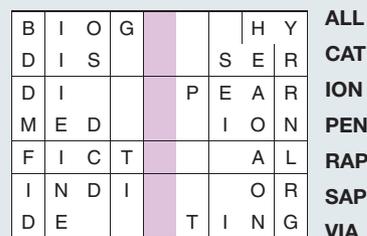
MINI JIGSAW

Fit the pieces in the grid to spell out a type of horse or pony in each row.



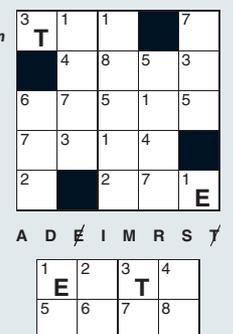
MIND THE GAP

Place one of the three-letter words in the space of each row to reveal a seven-letter word in the shaded squares.



MINI CODE

Eight letters have been given a number from 1 to 8. Break the code to complete the crossword.



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Edited by
SALLY LAND
Team: Jane Allton, Hilary
Freeman, Kally Lewis, Catherine
Thomas and Chloe Stratton

No matter what the issue, I answer every single problem

SEX-HELP CLINIC

Dear Deidre

I'M desperate to role-play with my wife, but these days she won't even consider having sex.

She and I are in our forties. We've been married for ten years and had always had a great sex life, but about four years ago she stopped sleeping with me entirely.

If I even try to touch her sexually, she just pushes me away.

Now, I'm desperate to have sex and have started fantasising about different role-play scenarios.

I'd love to pretend that I am a fireman or a soldier rescuing her, or that she is a nurse taking care of me.

I've made the suggestion several times, but she turns me down flat.

Around the time my wife lost interest in sex, she started therapy for a trauma she had experienced during her twenties.

She's told me it's unrelated to the issues she's having around sex now, but I can't help but wonder if it's more than a coincidence.

I adore my wife, and I want to reignite our sex life, as I now feel like we're friends rather than lovers. What can I do?

■ **DEIDRE SAYS:** It sounds as though your wife has had a difficult time, and dealing with this trauma could be affecting your sex life.

You haven't stated what the trauma was, but if it's related to sex then working this through is likely to affect the physical side of your relationship.

However, with the right help, you will be able to get closer again. Patience is the key to accomplishing this.

Your wife needs to feel safe in any situation, and this will happen with time.

Role-play at the moment is likely to make her feel on edge, so I'd strongly recommend you pause the suggestion, until she is comfortable with some basic intimacy again.

Find time to sit down with her and explain that you want to express how much you love her by feeling close to her again.

Reassure her that you won't pressure her into anything but that you think it would be good for you both to speak to a counsellor to help things get back on track.

My pack, How Sex Therapy Helps, will assist.

hot topic

STEROIDS may seem tempting if you want a bigger, more muscular physique, but they come with serious health risks.

The side-effects include trouble sleeping, nerve damage, mood swings, aggression or depression and skin changes including acne scarring.

It's estimated that one million people in the UK use steroids and 56 per cent reported using them to improve their body image.

If you are considering them, my support pack Are Steroids Safe? can help you.

stories deidre's photo casebook

REGGIE'S SUSPICIOUS RASH: FINAL DAY



REGGIE, YOUR TEST RESULTS ARE BACK

OK, GREAT. WELL, WHAT HAS SHE GIVEN ME? IS IT BAD?



WHY ARE YOU HERE REGGIE? I THOUGHT YOU DIDN'T WANT TO TALK TO ME...

I OWE YOU A HUGE APOLOGY MADDY. IT'S NOT AN STI. I'M ALLERGIC TO LATEX

THE LATEX IN THE CONDOMS CAUSED A MASSIVE ALLERGIC REACTION. CAN YOU EVER FORGIVE ME?

Dear Reggie LATEX allergy affects up to six per cent of the population.

Now you have been diagnosed with an intolerance to it, you can buy latex-free condoms. But some substitutes are more likely to break so do research the most effective ones.

It isn't surprising you jumped to the wrong conclusion, but it is always better to find out the facts before accusing anyone of cheating.

Even if you had been diagnosed with an STI, many lie dormant for long periods, so you could have got an infection from a previous partner.

Keep apologising to Maddy and work on your communication. My Looking After Your Relationship support pack will help.

Deidre

Clothes by boohoo and boohooMAN

Dear Deidre

MY in-laws have accused me of being a gold-digger.

I was with my partner for 30 years until he passed away last year from cancer. Sadly, he spent his last few months in hospital.

I am 63. I spent every day with him but right at the end I popped home for a shower. Devastatingly, by the time I got back he'd passed away.

His family have since said I didn't care for him.

They are demanding I pay for his headstone and interment, which I can't afford.

Now they say if there is any money left I don't deserve it.

This is taking a huge toll. What can I do?

■ **DEIDRE SAYS:** It is you who knows the depth of the relationship that you and your partner shared and no one can take that away from you.

Unmarried partners, and partners who have not registered a civil partnership, cannot inherit from each other unless there is a will.

So you need to establish if your partner left a will and get advice urgently from your Local Citizens Advice Bureau.

Dear Deidre

I ALWAYS fancied myself as a bit of a comedian but lately it has become undeniable that my wife can't stand my jokes.

We're in our sixties and have been married for 11 years. I've always been a prankster and, while she is more serious than me, she used to go along with the joke and would even laugh along.

But now she openly gets annoyed or upset whenever I joke around.

When I took the hint and gave up the fun, she then

asked, "Have you run out of jokes?" It seems to me that no matter what I do, I cannot get it right.

She seems miserable all the time yet I don't know what I've done wrong.

■ **DEIDRE SAYS:** It does sound like it's time to talk things through.

Ask your wife how she feels when you make jokes around her, then try to clarify and understand any boundaries that she wants to discuss.

Also let her know how you're starting to feel. My pack Looking After Your Relationship can help.

Torn apart by his swinging sex betrayal

Dear Deidre

MY fiancé's endless gym sessions were a cover-up for his threesomes.

We're in our thirties and have been together for nine years.

When he proposed last year, my life finally felt complete.

However, for the last few months he has been pushing me away and rejecting me. I felt anxious and confused and wondered if he didn't love me any more.

He has always been a real gym bunny, spending hours working out, but recently I noticed his sessions were lasting longer.

However, rather than looking any fitter, he actually seemed to be losing definition.

Then a friend who is a swinger told me she had seen him on a popular website. I laughed until I saw photos of his naked body on my laptop.

At that moment, my world came crashing down.

When I confronted him, he admitted he had met a female couple online and he'd been having regular threesomes with

HERE TO HELP YOU



IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response within one working day.

deardeidre@the-sun.co.uk

them. As if that wasn't enough to digest, he also admitted he had been having a virtual affair with a woman in Italy.

He even showed me the naked pictures they had exchanged. I was horrified.

He insists he doesn't know why he behaves this way, as he loves me and wants to be with me. He tells me it's "only sex", but I feel disgusted.

I torture myself worrying about what it is that I am lacking.

I'm considering moving out

of our home, as there is no relationship without trust.

He has apologised and said I deserve better, yet he's made it clear that he has no intention of fighting for our relationship.

I don't know what to do. I love him, and want to make this work somehow.

■ **DEIDRE SAYS:** It sounds as if your fiancé may be addicted to sex. He's having intercourse with multiple partners and shows no remorse for the hurt he is causing you.

I'm sorry, but you would be unwise to stay in this relationship, let alone marry this man, unless he commits to understanding and making up for all his betrayals.

If he is not willing to fight for your relationship, it is unlikely that things will change.

He might need help for his addiction and pivotalrecovery.org would be able to support him.

If he is unwilling to take this step, please put yourself first.

My support pack Mend Your Broken Heart will help you move on.

Whether you decide to stay or not, it is essential you get a health check. Please talk to your doctor or contact a sexual health clinic via nhs.uk.

GET IN TOUCH

My team is here to help. Please feel free to contact us and follow us.
Online: thesun.co.uk/deidre Instagram: @deardeidre Facebook: @DearDeidreOfficial
X: @DearDeidre Post: Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Dear Deidre

MY daughter's email to a politician has led to her getting bullied in school.

She's in Year 11 and has always wanted to make a difference in the world, which is how she began taking an interest in politics.

I've always been so proud of her interest in current political affairs.

Unlike other teenagers, she has been unaffected by social media trends and it's stood her in good stead with her studies.

She has written plenty of campaigning emails but her latest one to our MP about the crumbling concrete crisis in schools has led to a nasty bullying campaign against her.

She'd spent hours learning about it and composing her email.

When she told her friends, they told her she needed to get a life and it was embarrassing. They even told her no

SO WORRIED FOR BULLIED DAUGHTER

one cared. Since then, whenever she's gone to sit with them at lunch or in the school playground, they've just walked away, calling her names.

She's always felt different from them because they spend all their time watching and making TikTok videos, which doesn't interest her. She doesn't even have an account on the app.

At the moment, she's concerned about the concrete crisis and the Ukraine war.

She's passionate about helping any displaced Ukrainians and has donated to various charities and even organised a small bake sale at school to help raise money.

She hasn't asked for help yet, but I

know she needs it. I'm beginning to feel desperate. How can I help her?

■ **DEIDRE SAYS:** It's fantastic your daughter has a keen interest in politics, as this passion could lead to a brilliant career.

Her friends may not appreciate her but she can still genuinely make a positive impact on the world.

Encourage her to stick to her interests and perhaps even join clubs and groups that will encourage her dedicated campaigning spirit.

There should be a non-bullying policy at her school. Your daughter is a teenager so it's better to involve her in any plan. With her permission, speak to her teacher to give them the opportunity to set this right.

If they don't, then go to the board of governors and, if you need to, your local education authority if things start to escalate further.

My support pack on bullying has more information if you need it.

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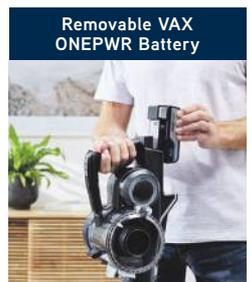
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CA1H-1

● EUROSTAR has revealed its £8.5million preparations for the European Entry Exit System, which is set to come into force on October 6. Designed to strengthen European borders, the new system will require all Brits travelling by air, train or ferry to register their passport, facial image and fingerprints as well as answer four questions about their trip. The details will need to be updated every three years and

will be checked by a French customs officer before you are cleared to travel. At the St Pancras rail terminal, the high-speed rail company is creating three new areas containing 49 self-service kiosks for passengers to register. A Benugo coffee shop will be transformed into the largest kiosk. A second area on the mezzanine level will soak up demand at peak times and a third space for business passengers and

those requiring assistance will be built opposite the main entrance for Eurostar. Officials claim passengers will take no longer than 90 seconds to complete the checks, which will then be confirmed by French border officers once a passenger has cleared English passport control. Eurostar chief stations and security officer Simon Lejeune assured: "We're still going to maintain the current check-in times."



hot spot
MALTA is 26C: Seven nights' self-catering at the 3★ Luna Holiday Complex is from £646pp, including Birmingham flights on May 30. Near Mellieħa Bay, the hotel has pools, a restaurant, bar and gym. See onthebeach.co.uk.



Edited by **LISA MINOT** Follow me on X @lisaminot

TRAVEL

● JET2 has announced its biggest winter sun programme for next year. Holidays and flights are now on sale with routes from its 12 airport bases including latest addition, Bournemouth. Among the 14 destinations on sale are Palma in Majorca, Faro in Portugal, Tenerife in the Canary Islands and Paphos in Cyprus. There has also been an expansion of operations to Morocco for winter 2025/26 with a new route from Newcastle International to Marrakesh and additional services to Agadir. See jet2.com and jet2holidays.com.

hot spot
IT'S 30C IN TURKEY: Seven nights' all-inclusive at the 5★ Grand Ideal Premium Hotel in Marmaris is from £613pp, including Luton flights on June 18. Family-friendly, it offers activities for all ages. See easyjet.com.

SLEEPER A RAIL PLUS FOR ITALY

A NEW sleeper train will take to the tracks in Italy, travelling between Milan in the north and Lecce in the south. Run by national railway operator Trenitalia, it is slated to launch next month. The firm already operates a handful of daily services between the two locations, but the new weekend offering will be its first sleeper option on the route, making minibreaks much easier for those who want to explore Pugliese towns like Brindisi and Bari. Journeys will take nine hours, leaving Milan at 10.45pm and arriving in Lecce at 7.57am the following morning. In the other direction, the train will leave Lecce at 9.05pm and arrive at Milano Centrale at 7.35am. Tickets start at €39 (£33) for "FrecciaYoung" passengers – those aged under 30 – and €55 (£47) for full-paying adults. New daily connections will also begin to operate across the country. These include eight between Milan and Reggio Calabria, two between Venice and Reggio Calabria, 16 between Rome and Reggio Calabria and 13 between Rome and Puglia.

£4,500 VILLA HOLIDAY? DO IT FOR £1,000 WITH CARAVAN

CLOSE CALL... ramparts of Ville Close in Concarneau

POPULAR... main beach in Benodet

DELIGHTFUL... 150-year-old Pontusval Lighthouse

Enjoy Brittany's cheap van blanc!

PITCH PERFECT... Camping du Poulquer



TROMSO A BA FIRST

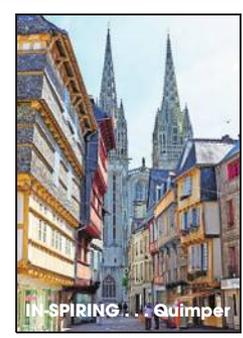
BRITISH AIRWAYS is thinking about Christmas already, with the launch of its first ever flight to Tromso in Norway. From December 1, the airline will operate two services a week, on Thursdays and Sundays, until March 27, 2025. Return tickets will start at £153. It will be the firm's most northerly destination and customers can bag British Airways Holidays packages with deposits from £60pp. Three nights' room-only at the Comfort Hotel Xpress Tromso is from £379pp, including flights from Heathrow in January 2025 when you book by May 31. See ba.com/holidays.

AS the summer holidays draw closer, an increasing number of package holiday deals drop into our inboxes.

Scrolling through the photos is like a slice of digital sunshine. But then I immediately think of the impact of the cost-of-living crisis on our holiday fund. If, however, you own a caravan, exploring Europe can be cheaper and easier than you think. Last year, I received details of a fantastic villa holiday that included flights and car hire. Perched on the edge of a coastal town in Brittany, it had a pool and was a short stroll from the beach. With school-age kids, peak-season prices are unavoidable, so a seven-day break for our family of four in August was an eye-watering £4,500. In the swinging Sixties, one in seven Brits would holiday in a caravan, so I wondered how much cash I could save by taking a Bailey Phoenix+ 650 caravan to a similar location with comparable facilities. Could we holiday as a family for a around £1,000 instead of £4,500? I began by searching for cost-effective ways to cross the Channel with a caravan. A comparison website looked to be an early winner until I spotted a combined deal with The Caravan and Motorhome Club that saved £200 on the crossing alone if I

GO: BRITTANY

GETTING / STAYING THERE: The return Dover-to-Calais ferry crossing plus stays at campsites en route and in Benodet were booked through the Caravan and Motorhome Club and came to £834. See caravanclub.co.uk.
FUEL COSTS: I use a caravan-friendly satnav when towing, and although it lists fuel stations along our chosen route, the (free) Waze navigation app allows me to select one based on price. We filled up with diesel just 300 yards from the dual-carriageway, saving 30 euro cents (26p) per litre. Fuel costs for the whole journey totalled £266.
FOOD & DRINK: Restaurants on the promenade tend to be more expensive than those a street or two away. Google Maps will reveal those away from the main thoroughfare. They are often cheaper. Google lets you check the reviews, too.



booked the ferry and campsites at the same time. Moreover, our caravan holiday was ABTA bonded. And while air travel is quick, land travel is immersive, and the savings meant we could enjoy seven nights in Brittany plus an additional four nights in the Hauts-de-France and Normandy as we wound our way towards the Bay of Biscay. The extra days felt like a free holiday as we made the most of the trip's "there and back" element. The Gallic sunshine was a welcome start with a stop-off at the 5★ Camping La Bien Assise, just outside

Calais. Set in lush parkland, it features a restaurant in a lovely rustic former farm building. Our next stop was Risle-Seine les Etangs, a lake-side site with a pool. It was the perfect base as we traced the footsteps of family members who landed in Normandy on D-Day. Our final destination in Brittany was Benodet, a popular spot for French holidaymakers thanks to the wide, sandy beach and bars and cafes that line the promenade. The 4★ Camping Du Poulquer, sits on the eastern edge of the beach and was chosen not just for the

location, but also for facilities that rivalled that of the villa holiday. The villa promised sun-filled dips in the pool and sand between our toes, but the caravan holiday delivered all of this along with a sizeable discount. The outside pool upped the ante with some great slides and rides in the water park. And for the days when the sun wasn't shining, there was a heated indoor pool my wife loved, with a free hammam, sauna, hot tubs and hydromassage chairs to boot. While we may not have had the privacy of the villa, our pitch, surrounded by hedges and apple trees, was just as good and came with electric included. The campsite has a snack bar for lazy days and the big supermarkets in Benodet kept us under budget and well fed. With the car on hand, we alternated between relaxing by the pool and delving into the area nearby. We enjoyed trips to the walled coastal fishing town of Concarneau, with its medieval centre, and the picturesque city of Quimper, with its twin-spired cathedral and pretty half-timbered houses. Flying to a villa or hotel may be the norm for many, but towing your accommodation behind you allows you to really explore while saving a serious amount of money.

LEE DAVEY



UTAH FEAST
... Miller
in Horizon

WE'VE had our eye on the Cannes Film Festival, where Kevin Costner was brought to tears earlier this week by a staggering ten-minute standing ovation for his latest project, *Horizon: An American Saga*.

The Western film series is due to be released next month, but after it emotional response, we are not sure we can wait that long to see what it is all about.

Luckily, we have had an insight into Chapter One, which also stars Sienna Miller and Tom Payne.

Much of it was filmed in and around Utah, a mountainous region towards the west of the US with twisted red rocks and plunging canyons – and we

are already itching to explore it.

This Wexas Travel package will give you a flavour of Costner's masterpiece on a 16-day bucket-list road trip, starting in the wild city of Vegas and ending in the quiet desert town of Sedona.

You'll tick off key sites like Monument Valley, a well-known backdrop to countless Hollywood Westerns and the Grand Canyon.

The self-drive Canyon Country and National Parks trip is from £3,690pp, including flights, UK airport lounge access, 15 days' car hire and 14 nights' accommodation on a room-only basis.

Call 020 7838 5892 or see wexas.com.

stay with the stars

lates

CRUISE: Twelve nights' full-board on P&O Cruises' *Aurora* is from £829pp, departing Southampton on June 22 and calling at Haugesund, Skjolden, Alesund, Trondheim, Andalsnes, Nordfjordeid, Kristiansand and Zeebrugge. See pocruises.com.

WALES: Seven nights' self-catering at The Old Dairy in Mathry is from £103pp, based on eight sharing. Arrive on June 7. See coastalcottages.co.uk or call 01437 765 765.

PORTUGAL: Seven nights' B&B at the 4★ Pestana Viking Beach & Golf Resort is from £556pp, including flights from Liverpool on June 18. See easyjet.com.

DUBAI: Five nights' B&B at the 4★ The First Collection at Jumeirah Village Circle is from £557pp, including flights from Stansted on June 13. See thomascook.com.

essential



Studio Creator podcast and vlogging kit, £18, argos.co.uk

LOOKING for something that will ensure a tech-mad teen is entertained throughout holiday?

This vlogging kit will keep them happy for hours, either making TikTok videos or capturing moments to share with their pals.

It comes with several nifty features: an LED light, a microphone and a mini tripod so that you can balance it on a wall or table.

The phone holder can carry any sized phone, including iPhones and the back of the tripod features a handle for when you're filming on the go.

The addition of a microphone above the light means they can capture clear and high-quality vocals, while the light comes with three brightness settings.

Best of all, this handy bit of vlogging kit is small enough to fit in any suitcase or piece of hand luggage.

It's ideal for any budding travel influencer.

EXPLORE CRETE AND THE NEARBY ISLAND

TAKE THE PLUNGE... Domes' adult pool. Inset below, hotel suite and Tholos restaurant



Next time we'll stay Spinalonga

THERE is an island in Greece that is more popular with holidaymakers than ever. Hundreds arrive every day.

However, it has no bar, no night-life, no vehicles, no hotels, no restaurants, no shops, no inhabitants and little in the way of fun.

Even when people DID live there, they were banned from ever leaving – their existence was miserable and short-lived.

Spinalonga, off the north-eastern coast of Crete, is sun-drenched and surrounded by crystal clear sea, but it has a dark history.

Made famous by Victoria Hislop's hit novel *The Island*, it was a home for lepers who were cut off from society in case they infected others. A cure wasn't found until around the 1950s.

Now it is a tourist attraction, and after taking a short boat trip you can wander around its little

GO: SPINALONGA

GETTING / STAYING THERE: Seven nights' half-board at the 5★ Domes of Elounda is from £1,216pp including flights from Gatwick on October 5, 23kg of luggage and private transfers. See easyjet.com/en/holidays or call 0330 365 5005.

windy lanes and explore the abandoned community with its church, school and tiny houses.

There is a real air of mystery and sadness as you walk round the maze of paths, the sea twinkling temptingly at the end of shadowy alleyways.

We based ourselves back on Crete, opposite Spinalonga near the pretty coastal town of Elounda, an hour's drive from Heraklion airport.

Fishing and tourist boats jostle with each other in the quaint harbour, which is surrounded by busy restaurants, cafes and souvenir shops.

It is no surprise celebs flock to this part of Crete; in fact the stars of *Love Island* love this island.

Lucy Mecklenburgh and

Molly-Mae Hague have been spotted here, as have A-listers such as Leonardo DiCaprio and Ronaldo.

This corner of Crete has it all, from glittering waves and white-sand beaches to ancient monuments and incredible food.

Plus, while prices are soaring in other parts of Europe, Greece seems to give you a little bit more for your Euro.

With architecture that mirrors the clustered nature of Spinalonga's buildings and the round roofs of Greece's churches, we stayed at Domes of Elounda, a resort perfect for families and couples.

In fact, similar to the geography of Spinalonga, it feels more like a community spread out over a wide area than a typical hotel. Built into the steep hillside, drivers with wide smiles in golf buggies whizz guests around along the resort's cobbled paths.

As Europe baked under a heatwave and the temperature hit the high-30s we took refuge in the huge family pool.

We also enjoyed the little stretch of coastline, where instead of umbrellas, the hotel's sun loungers are shaded by ancient olive trees, providing much needed relief from the midday sun.

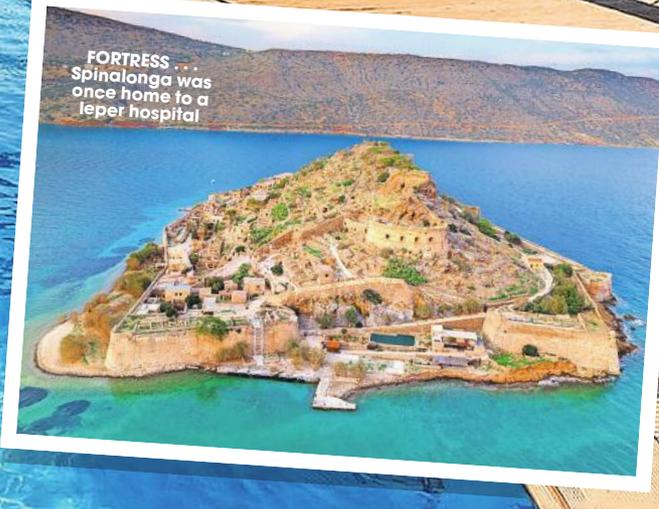
There are no "normal" hotel rooms here, which means even the cheapest accommodation comes with a living area. Our suite was perfect for our family of four.

Two good sized bedrooms and a sofa bed in the middle room meant we all had



ELOUNDA FAN... Lucy

WITH A SECRET HISTORY



our own space, and all had a sea view. The kids loved the balcony, which came with a Jacuzzi.

Those after proper five-star treatment can book a luxury villa or "residence" – many with their own private pool and, in some cases, even a personal butler.

There's even access to an area serving free snacks and drinks all day – a bit like a posh airport lounge.

It was tempting to stay put, but we wanted to explore.

White sand beaches

In Greek mythology the labyrinth at Knossos held the Minotaur, a terrifying half bull half human, who had to be fed seven boys and seven girls every year.

Gazing at the ancient ruins, I was fascinated by the frescoes in the Throne Room, the kids were more interested in a different type of throne. Knossos has the world's first example of an ancient flushing toilet.

We hit the beaches too, of course. Vouliasma beach takes your breath away. Its white sand means the sea is as clear and turquoise as you would find in the Maldives.

Agios Nikolaos is another pretty seaside town; its imposing lake is at

its heart with plenty of restaurants along its edge.

Legend has it that the lake is bottomless and goddesses Athena and Artemis used to bathe there under the moonlight, so as not to be disturbed by mortals.

We didn't go for a dip but did join other mortals for a spot of shopping.

Back at Domes, we were spoilt for choice for dinner.

In Tholos restaurant, a buffet overflows with Mediterranean and European choices.

Another evening we had a table at Topos 1910 on the jetty by the beach, tucking into delicious seafood as we watched the deep yellow super moon rise over Spinalonga island.

For a more relaxed evening, we headed to the resort's central open area with art installations, entertainment and food trucks.

While the children headed for the games room, we headed to one of the resort's "quiet zones", sipped our drinks and gazed out at Spinalonga, grateful holidays are back after we suffered isolation and lockdown not too dissimilar from those poor souls with Leprosy more than half a century ago.

JONATHAN SAMUELS

STICK TO BAG RULE SAYS ABTA

ABTA is reminding holiday-makers to adhere to the current hand-luggage rules to avoid getting caught short this half-term.

The Government announced last year that the 100ml liquid rule would be scrapped by June 2024. However this deadline was recently extended to give airports time to implement the new security scanners required.

The advanced CT scanners are fully in place at two airports in the UK, but others that are yet to fit the equipment are still abiding by the old hand-luggage rules at security.

Abta has advised that all travellers follow the old rules, regardless of which airport they are flying from, to ensure they are not delayed and to avoid bottlenecks at security.

Passengers travelling over half-term should ensure liquids do not exceed 100ml and are placed in a clear plastic bag. Electronic devices must be removed from hand luggage during the scanning process.

With many overseas airports still not fitted with updated equipment, holidaymakers will likely need to follow the old rules on their return journey too.

Airports now have until June 2025 to fit the CT scanners. The new tech will allow passengers to carry liquids of up to two litres through security, and keep all electronics, including laptops, in their bags.

Currently only London City and Teesside have fully introduced the new scanners, while other airports have only implemented one or two machines.

Abta's Luke Petherbridge said: "To help everyone enjoy a stress-free experience this half-term, our message is simple – you can't go wrong if you stick to the current rules around liquids and laptops when preparing your hand luggage."



WATER FORT . . . new lagoon

STARFISH LAGOONA KEY MOVE

CARNIVAL Cruise Line is opening a new kids' area on its private island in the Caribbean.

Starfish Lagoon on Celebration Key will feature two 350ft water slides that will wrap around a central ten-storey castle.

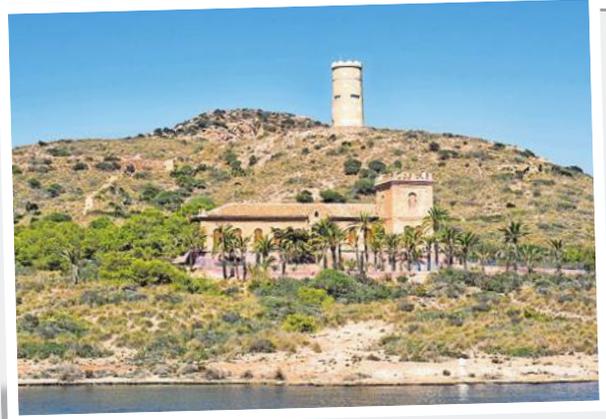
For small children there will be a coral-reef-themed splash pad with a two-foot deep pool.

The pavilion will feature several table games, while a sports court offers volleyball, basketball and pickleball.

AquaBanas – floating cabanas – holding up to eight people, will be available to rent.

Active teens and adults will also be catered for with kayak and paddleboard rentals, sun-loungers and a swim-up bar.

Starfish Lagoon will open in July 2025 and guests will be able to visit via 18 Carnival ships. See goocl.co.uk.



FORGOTTEN WORLD . . . volcanic isle seems in a timeline of its own

BARON SIGHTS SO MOORISH ON SECRETIVE ISLE

"I'VE lived in La Manga all my life. I saw the island every day, yet I never knew what was there."

Our guide, Alejandro, gestures across the water towards Baron Island. It is hunkered down a couple of kilometres from the high-rise apartments, restaurants and bars.

"Now, each time I go there, it's such a privilege. I get goosebumps."

Until this year, the private island was strictly off-limits. It's the best-kept secret in Southern Spain.

Locked in time and with a fascinating past, it sits in the Mar Menor, Europe's largest saltwater lagoon.

But tour company Flippa Boat has reached an agreement to take visitors on a two-hour tour of Baron Island.

With no idea what's in store, we file aboard, feeling like we're on a secret mission to visit Mr Bond.

Our first glimpse of the volcanic island makes us think it must have been hard to keep under wraps.

At just over 230 acres (that's 130 football pitches), it's the largest island in the Mar Menor. Baron Island was originally acquired in the 1870s by the Baron of Benifayó, a friend of the King of Spain. Following a duel, said to be over a Russian princess, in which his opponent was killed, the Baron's "punishment" was a couple of years confined to the isle.

He fell in love with the place and promptly bought it. Then, when he passed away, it was sold to the Figueroa family and has remained in their hands ever since. It's used as the family's summer residence. And as holiday homes go, it's spectacular.

The island looms closer as we approach the wooden jetty and see buildings dotted around. Alejandro explains we're not permitted to take photos while on the island, which adds to the mystery.

The Bond theme continues as we walk past a helipad and up to an eerily silent, yet brightly painted, collection of

dwellings, originally stabling for horses. As we walk, Gonzalez, the island's guardian, follows, constantly watching for intruders. We stroll up to the palace, built in Moorish style in 1875 from honey-coloured local stone and faced by a romantic palm garden.

It's said the Baron held lavish parties here. We stop as Alejandro points out a herd of goat-like animals, with curly horns and dark coats, trotting along the shoreline.

A ripple of excitement passes through the group. Moufflon!

The 30-strong wild herd, introduced by the Baron, keep vegetation in check. Rain is scarce here, yet Baron Island is self-sufficient, with rainwater harvested and stored in underground tanks. And there's no shortage of sunlight. Power comes from discreet solar panels.

Sublime views

We walk along a dusty path snaking up and around the extinct volcano to the island's tower, perched 330ft above the gleaming sea.

Previously a lookout for pirates, it was renovated in the 1950s in the style of a giant chess piece. It's now accommodation for the Figueroas, but the shuttered windows suggest they aren't home.

We linger outside, imagining their sublime views.

The island is a great example of a thriving ecosystem. Alejandro points out some stumpy palm trees, telling us the island has the largest forest of Palmetto palms in the Med.

Our time there almost over, we wander back to the boat, past inviting signs pointing to Playa de la Concha (Shell Beach) and Cueva de la Contrabandista (Smugglers Cave).

Half an hour later, we pull into La Manga past its swanky yachts. Baron Island, frozen in time, seems as though it belongs to another world.

CATHY ROBINSON



YACHT'S NOT TO LIKE . . . sailing out to beautiful Baron Island

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In 2015, the DieselGate scandal sent shockwaves through the automotive industry, revealing the use of Diesel Cheat Devices to bypass emission regulations in both the United States and Europe. Volkswagen Audi Group (VAG) paid a substantial £193 million in May 2022 as compensation. To date, they've disbursed over €40 billion in settlements, all without any admission of guilt.

Our legal partners are now checking vehicles across 6 manufacturers and your vehicle could be eligible. If you have leased or owned a diesel vehicle from; Renault, Citroen, Peugeot, Nissan, Vauxhall, Jaguar or Landrover between September 2009 - 2018, you could be eligible for compensation.

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SCOTTISH CUP FINAL
CELTIC (0) 1 RANGERS (0) 0
 Idah 90 Att: 48,556

WOMEN'S CHAMPIONS LEAGUE FINAL
BARCELONA (0) 2 LYON (0) 0
 Bonmati 63 Puellos 90

LA LIGA - Almeria 6 Cadiz 1, Osasuna 1 Villarreal 1, Rayo Vallecano 0 Athletic Bilbao 1, Real Madrid 0 Real Betis 0, Real Sociedad 0 Athletic Madrid 2

SERIE A - Juventus 2 Monza 0, AC Milan 3 Salernitana 3

COUPE DE FRANCE: Final - Lyon 1 PSG 2

DFB POKAL: Final - FC Kaiserslautern 0 Bayer Leverkusen 1

BASKETBALL
NBA PLAY OFFS: Western Conf Final - Minnesota Timberwolves 108 Dallas Mavericks 106 (Dallas Mavericks lead best-of-7 series 2-0)

CRICKET
COUNTY CHAMPIONSHIP
DIVISION ONE
Durham v Somerset
Riverside: Somerset 171 (52.1 overs; M Pretorius 53; B A Stokes 4-54) and 88 (33.4 overs; B A Stokes 4-23), Durham 265 (61.5 overs; B G Bedingham 101; J T Ball 5-62).
Durham (20pts) beat Somerset (5pts) by an innings and 6 runs.

Hampshire v Surrey
The Rose Bowl: Surrey 127 (46.3 overs; K J Abbott 5-24), Hampshire 495-4 (143.0 overs; T E Albert 114, N R T Gubbins 103, B C Brown 99no, A L Dawson 74no, J M Vince 52).

Kent v Essex
Canterbury: Essex 591-7dec. (142.4 overs; J M Cox 207, S Snelter 83no, M K S Pepper 82, D Elgar 77, N L J Browne 65), Kent 118-4 (47.0 overs).

Lancashire v Warwickshire
Old Trafford: Warwickshire 284 (110.5 overs; A L Davies 127no), Lancashire 66-3 (29.1 overs).

Worcestershire v Nottinghamshire
New Road: Worcestershire 80 (31.1 overs), Nottinghamshire 234-3 (72.0 overs; Haseeb Hameed 100, J M Clarke 73no).

DIVISION TWO
Gloucestershire v Derbyshire
Bristol: Derbyshire 526 (125.4 overs; M Lamb 207, B D Guest 95, A H T Donald 67, Anuj Dal 62; B J Webster 6-100), Gloucestershire 243-4 (66.0 overs; J R Bracey 87no, G L van Buuren 61no).

Leicestershire v Glamorgan
Leicester: Glamorgan 387 (104.5 overs; E J Byrom 86, K S Carlson 80, S A Northeast 61; S W Currie 5-64), Leicestershire 280-5 (85.0 overs; P S P Handcock 102no, L J Hill 92).

Middlesex v Sussex
Lord's: Sussex 554-9dec. (164.3 overs; J A Simpson 167, C A Pujara 129), Middlesex 62-1 (19.0 overs).

Northamptonshire v Yorkshire
Northampton: Yorkshire 362 (104.1 overs; A Lyth 103, Shan Masood 60, J A Thompson 53), and 0-1 (0.3 overs) Northamptonshire 301 (82.0 overs; L Procter 116no; M V T Fernando 4-48).

THIRD T20 INTERNATIONAL
United States v Bangladesh
Houston: United States 104-9 (20 overs; M M Rahman 6-10); Bangladesh 108-0 (11.4 overs; T H Tammam 58no). **Bangladesh win by 10 wickets (US win series 2-1).**

CYCLING
GIRO D'ITALIA: Stage 20 (Alpago to Bassano del Grappa, 175km) - 1 T Pogacar (Slo) UAE Team Emirates UAE Team Emirates 4h 58m 23s, 2 V Paret-Peintre (Fra) Decathlon AG2R La Mondiale at 2m 07s, 3 D Martinez (Col) BORA-hansgrohe, 7 G Thomas (GB) INEOS Grenadiers both same time.
Overall - 1 Pogacar 76h 22m 13s, 2 Martinez +9m 56s, 3 Thomas +10.24.

RIDELONDON CLASSIQUE: Stage 2 (Maldon to Maldon, 142.6 km) - 1 L Wiebes (Hol) Team SD Worx-Protime 3h 33m 26s, 2 C Kool (Hol) Team SD Worx-Protime, 3 L Kopylov (Bel) Team SD Worx-Protime, 4 L Paternoster (Ita) Liv AlUla Jayco both at same time. **Overall - 1 Wiebes 7h 39m 26s, 2 Kopylov +26s, 3 Paternoster +21, 4 Kool at same time, 18 L Deignan (GB) Lidl-Trek +53.**

TOUR OF NORWAY: Stage 3 (Sola to Egersund, 162km) - 1 J Meusels (Bel) BORA-hansgrohe 3h 53m 33s. **Overall: 1 A Laurance (Fra) Alpecin-Deceuninck 12h 16m 06s, 8 E Hayler (GB) INEOS Grenadiers +46.**

GOLF
SOUAL OPEN (Antwerp): 3rd Rnd (Gbr & Ir unless stated) - 195 I Elvira (Spa) 64 & 67, 199 R Langasque (Fra) 64 & 67, 200 G Tarrabin (Sui) 69 & 70, 201 T Pieters (Bel) 67 & 68, 202 A Wilson 64 & 68, 203 J Deane 68 & 65, 204 A Wilson 64 & 68, 205 T Pieters (Bel) 67 & 68, 206 G Migliozzi (Ita) 70 & 66, 207 L Donald 68 & 65, 208 P Mansell 67 & 67, 209 A Cocke (Can) 68 & 66, 210 P Wang 68 & 68, 211 M Lorenzo-Vera (Fra) 69 & 65, 212 S Bairdow 74 & 65, 213 J Jones (Nz) 62 & 70, 214 C Canter 69 & 67, 215 JABRA LADIES OPEN (Evan-les-Bains, France): **Final Rnd - 203 M Metraux (Sui) 67 & 72, 206 G Tarrabin (Sui) 69 & 70, A Sainz (Fra) 66 & 71, 209 J Walsh 69 & 70, 210 K Spikova (Cze) 73 & 67, A Krauter (Ger) 71 & 69, M Kobori (Nz) 72 & 71, 211 J Gustavsson (Swe) 68 & 71, 212 M Folke (Swe) 70 & 69, 213**

SENOR PGA CHAMPIONSHIP (Benton Harbor, Michigan): **3rd Rnd** (USA unless stated): 205 G Chalmers (Aus) 69 & 66, E Els (Sai) 70 & 64, 204 R Bland (Eng) 64 & 66, 206 C DiMarco 68 & 65, 207 R Green (Aus) 64 & 71, 208

WORLD CHAMPIONSHIPS (Prague): Semi-Finals - Sweden 3 Czech Republic 7-Canada 2 Switzerland 3 (SO).

NHL PLAY OFFS: Eastern Conf Final - New York Rangers 2 Florida Panthers 1 (OT) (best-of-7 series level 1-1).

MOTORCYCLING
MOTOCOP OF CATALUNYA (Barcelona-Catalunya, Montmeló) - **Sprint:** 1 A Espargaro (Spa) Aprilia 20mins 1.478secs, 2 M Marquez (Spa) Ducati at 0.892secs, 3 P Acosta (Spa) KTM at 1.169.

NETBALL
VITALITY SUPERLEAGUE - London Pulse 59 Cardiff Dragons 48, Surrey Storm 55 Leeds Rhinos 63.

RUGBY LEAGUE
BETRED SUPER LEAGUE
CATALANS (2) 8 WARRINGTON (2) 16
 Catalans - Tries: Davies. Goals: Mourque (2), Warrington - Tries: Williams, Ashton. Goals: J. Thewis (4).

Team	P	W	D	L	F	A	Pts
St Helens	12	9	0	3	329	124	18
Warrington	12	9	0	3	302	151	18
Wigan	10	8	0	2	312	132	16
Catalans	12	8	0	4	252	168	16
Hull K R	11	7	0	4	262	169	14
Salford	11	7	0	4	210	226	14
Leeds	12	6	0	6	214	238	12
Huddersfield	12	5	0	7	250	245	10
Leigh	11	4	1	6	244	194	9
Castleford	12	3	1	8	214	374	7
Hull	12	1	0	11	144	416	2
London Br	11	1	0	10	116	412	2

BETRED CHAMPIONSHIP - Toulouse 28 Widnes 20.

Team	P	W	D	L	F	A	Pts
Wakefield	8	8	0	0	298	94	16
Sheffield	9	7	0	2	270	139	14
Widnes	9	6	1	2	238	153	13
Fatherstone	8	6	0	2	238	144	12
Feulster	9	5	0	4	224	166	10

WOMEN'S SUPER LEAGUE - Warrington 4 Wigan 48.

RUGBY UNION
CHAMPIONS CUP FINAL
LEINSTER (6) 22 TULOUSE (9) 31
 Leinster - Tries: van der Flier. Cons: Frawley, Pens: R. Byrne (4), Frawley.
 Toulouse - Tries: Lebel. Cons: Ramos. Pens: Kinghorn (4), Ramos (4).

RFU CHAMPIONSHIP - Cambridge 28 Amphil 37, Ealing 59 Bedford 12, Hartpury 43 Doncaster 14, Lond Scots 27 Cornish P 38.

Team	P	W	D	L	F	A	Pts	
Ealing	20	16	0	4	18	253	417	82
Cornish P	20	15	1	4	13	590	407	75
Coventry	20	14	0	6	17	583	428	73
Bedford	20	12	0	8	17	590	563	65
Hartpury	20	11	0	9	15	627	551	59

ALLIANCE PREMIERSHIP WOMEN'S RUGBY - Ealing 18 Loughborough 19, Harlequins 25 Bristol 47, Leicester 21 Sale Sharks 36, Saracens 33 Gloucester-Hartpury 31.

SPEEDWAY
CHAMPIONSHIP - Worthington 46 Oxford 44.

SQUASH
MANCHESTER OPEN (National Squash Centre): Semi-finals, Men - G Lobban (Sai) bt F Dessouky (Egy) 3-2, J Makin (Wal) bt I Ibrahim (Egy) 3-0. Women - N El Tayeb (Egy) bt R El Araby (Egy) 3-0; G Kennedy (Eng) bt S Haney (Egy) 3-1.

TENNIS
ATP GENEVA OPEN (Switzerland): Semi-Final - C Ruud (Nor) bt F Cobolli (Ita) 1-6 6-1 7-5 (7-4). Final - C Ruud (Nor) bt T Machac (Cze) 7-5 6-3.

ATP LYON OPEN (France): Final - G Mpeshi Pericard (Fra) bt T Etcheverry (Arg) 6-4 1-6 7-6 (9-7).

WTA INTERNATIONAUX DE STRASBOURG (France): Final - M Keys (USA) bt D Collins (USA) 6-1 6-2.

WTA GRAND PRIX DE SAR LA PRINCESSE LALLA MERVEY (Rabat, Morocco): Final - P Stearns (USA) bt M Sherif (Egy) 6-2 6-1.

TRIATHLON
WORLD CHAMPIONSHIP SERIES (Cagliari, Italy): Men - 1 A Yee (GB) 1h 39m 44se, 2 H Wilde (Nz) 1:39:46, 3 C Lehmann (Hun) 1:40:27. Women - C Beaugrand (Fra) 1h 47m 25s, 2 Tertsch (Ger) 1:47:28, 3 B Potter (GB) 1:47:31.

TODAY'S SPORT
SKY BET CHAMPIONSHIP PLAY-OFF FINAL
Leeds v Southampton 3.0 (Live on Sky Sports Main Event)

SCOTTISH PREMIERSHIP PLAY-OFF FINAL SECOND LEG
Ross County (2) v Raith (1) 12.0 (Live on Sky Sports Football)

Women's Second ODI: England v Pakistan (Taunton, 11am).

Third Twenty20 International: West Indies v South Africa (Kingston, 9pm).

Country Championship (day 3, 11am): IPL Final: Kolkata Knight Riders v Sunrisers Hyderabad (Chennai, 3.0).

CYCLING
Giro d'Italia - Stage 21 (Roma, 125km). **Ridelondon Classique - Stage 3** (central London, 91.2km).

FORMULA 1
Monaco Grand Prix (Monte Carlo 2.0).

GOLF
Charles Schwab Challenge (Fort Worth, Texas). **Champions KitchenAid Senior PGA Championship** (Benton Harbor, Michigan).

Soudal Open (Antwerp, Belgium). **Jabra Ladies Open** (Evan-les-Bains).

RUGBY LEAGUE
Betfred Super League (3.0): London Broncos v Hull K R, Salford v Wigan. **Betfred Championship (3.0):** Barrow v Featherstone, Batley v Bradford, Halifax v Doncaster, Swinton v York, Whitehaven v Wakefield.

Betfred League 1 (3.0): Hunslet v Cornwall RFC (1.0), Keighley v Oldham, Midlands Hurricanes v North Wales Crusaders (2.0), Newcastle v Rochdale.

Betfred Women's Super League: Barrow Raiders v Featherstone Rovers (12.0), Huddersfield Giants v York Valkyrie (2.0).

TENNIS
French Open (Roland Garros, Paris).

Top Catt tames Taylor



JACK WHACK... Catterall lands a left on his way to victory

JACK CATTERALL got rematch revenge over Josh Taylor after two painful years of waiting.

By WALLY DOWNES Jr

A ridiculous 819 days since their first clash ended in a controversial split decision for 33-year-old Scot Taylor, they reran the super-lightweight action and the right man finally won.

clash of heads in the second but thankfully no cuts opened up. Then El Gato Catterall landed a peach of a left hand and Taylor lost another stanza.

Chorley's Catterall, 30, was robbed of undisputed glory that night and the two years that have passed cost Taylor all the belts, so only bragging rights were on the line in Leeds.

Taylor won the third with a left that buzzed Catterall for the first time in their two meetings.

But the judges were unanimous settling the score with cards of: 117-111, 117-111 and 116-113.

Catterall's right-hand jab was superb in the fifth, peppering Taylor's undefended face and the Scot was battered into the ropes right on the bell.

And Catterall said: "I can now close the Josh Taylor chapter. I took more risks this time. I knew I had done it."

Taylor was getting schooled but three big left hands in the seventh gave him a boost.

Catterall started with plenty of southpaw jabs and the Tartan Tornado lost the opener.

Braveheart Taylor was pushing the pace but still getting caught and was gagged by his nemesis right up until the final bell.

There was a horrible

end with Catterall fuming as Taylor celebrated before the scores were announced - but the Chorley man had won it.

PUNCH STATS	
Taylor	Catterall
491 TOTAL PUNCHES	531
162 PUNCHES LANDED	176
33% % PUNCHES LANDED	33%

Source: CompuBox

TENNIS FRENCH OPEN

GAME, SET & MATCH!



Muzza targets plane chat pal Stan

ANDY MURRAY hopes it is PLANE sailing for once against Stan Wawrinka at the French Open - following their natter at 36,000 feet.

By ROB MAUL

Tonight the pair, who share six singles Slams between them and have a combined age of 76, will face off for the fourth and final time on Roland Garros clay.

talking about the matches we have played and the difficulties psychologically of the players that we were competing against.

"And the matches we were playing against them. All the Major finals.

"For him, Roger Federer was someone that he grew up probably idolising and watching and then, all of a sudden, he's seeing him on the other side of the net.

"For me, when I was playing in Major finals, I was always opposite Roger or Novak Djokovic, who have gone on to achieve what they have.

"It's not easy to break that mould. Those guys, they've had gone on to do amazing things anyway.

"But winning the first one for me, in particular, was really hard. If you look at the players that Roger, Novak and Rafa Nadal won

against to win their first Slam, they were all players that hadn't won a Slam themselves.

"It's a bit different coming up against them in finals where they have won ten, 11 Majors.

"Stan and I both had different journeys in terms of how things worked out for us. But there are lots of similarities there as well."

This will be Murray's 51st match on Parisian clay in a tournament where he has reached one final, losing to Djokovic in 2016.

But it will also be the first time he uses a Yonex racquet after 20 years of playing with Head gear.

It seems an odd move in the twilight of his career but he said: "I don't know if I will play past the summer. But the mentality around my racquets, rehab or whatever, it's always to try to get better."

"I felt like now is the time to see whether it can make a difference. I have really enjoyed it as well."

DRAPER IN TOP SHAPE

From ROB MAUL in PARIS

JACK DRAPER has enjoyed an injury-free existence since his French Open debut nightmare a year ago.

the day before the last tournament with my arm. It was a really tough moment.

"I've come a long way since then to be honest, with my body. I've been injury-free.

"Now I'm at a career high this week. I'm proud of the progress I've made.

"I've improved because I've been putting in the work and mentally pushing myself.

"I come here with a hell of a lot more confidence than I did last year."



PROUD... Draper

FEAT OF CLAY... Murray practising in Paris

CRICKET ENGLAND v PAKISTAN

JOF TO A FLIER

T20 World Cup boost with Archer right up to speed ...at 90mph



ARCH ENEMY ... Archer roared in



FAST START ... Archer takes his first wicket for 14 months

ALD DAVIES claimed a superb sixth successive F63 shot put title at the World Para Athletics Championships. The 33-year-old Welshman's final-day gold means Britain leave Japan with seven world champions.

SPORTS UPDATE

Brit goes Yee whiz

ALEX YEE laid down a marker ahead of the Paris Olympics with a superb Italian Job.

The Brit outsprinted New Zealander Hayden Wilde to win the World Triathlon Championship Series in Sardinia by just TWO SECONDS.

Yee (below) was more than 30 seconds off the lead after the first half of the 1500m swim.

But he recovered sufficiently to be among the front runners as the race moved to the 38km bike leg.

And the Olympic mixed relay champion prevailed in the final strides of the 10km run, winning in a combined 1:39:44.

In the women's event, Beth Potter took bronze behind Cassandre Beaugrand of France and runner-up Lisa Tertsch.

BEATRICE CHEBET smashed the women's 10,000 metres world record by almost SEVEN seconds.

The Kenyan, 24, ran 28min 54.14sec at the Prefontaine Classic in Oregon, USA, beating Ethiopian Letesenbet Gidey's record time.

Geraint a Tad back

GERAINT THOMAS will finish third in the Giro d'Italia and admitted: There was nothing more I could do.

The Welshman (below), 38 yesterday, was more than 10 minutes behind winner Tadej Pogacar in the overall standings.

Slovenian Pogacar, 25, thrillingly won the penultimate stage with a solo attack in the mountains.

Thomas, who crashed on Friday, was second in 2023. This time he was overtaken by Daniel Martinez.

The former Tour de France winner said: "I did my best. We did pretty well. There was just nothing more I could do."

"I raced against a lot of good guys. Pogacar is versatile, offensive, complete — it's incredible."

PGA TOUR golfer Grayson Murray has died at 30.

The American withdrew from the Charles Schwab Challenge during round two on Friday due to illness.

PGA Tour chief Jay Monahan said: "We are devastated."

JOFRA ARCHER enjoyed a superb return to international cricket as England began their T20 World Cup prep with a big win.

The fast bowler, 29, conceded 15 runs in his opening over but then took a wicket with the first ball of his second and finished with figures of 4-0-28-2.

Earlier, he whacked a six and a four in the final over of England's innings on the way to a 23-run victory over Pakistan at Edgbaston.

Archer nudged the speedo to 90mph and looked fluent and pain-free after years of back and elbow problems. This was his first England game since March 2023 and his first at home since September 2020.

England have been patient with Archer, always offering him contracts.

And they could be rewarded during the next few weeks because he will be key to his side's defence of the T20 World Cup.

Captain Jos Buttler said: "I thought Jofra was brilliant."

"You can see the emotion, his taking wickets again is just fantastic."

"He's not just going to be the Jofra Archer of old straightaway but this was a really positive performance."

"It's about trying to get overs into Jofra but looking after him as well."

"I thought the whole bowling group was brilliant."

A comfortable win in the second of four games against Pakistan — the first match at Headingley on Wednesday was washed out — provides optimism that England will go well in the tournament in the Caribbean and United States.

Buttler could be called away from England at any moment but he sure made the most of his appearance yesterday.

Expectant dad Buttler scored 84 from 51 balls — just what the skipper and England needed as they prepare for the global event next month.

He has been under some pressure because of England's

miserable 50-over World Cup campaign in India last autumn — even though he is one of the best white-ball batters on the planet.

The 33-year-old will attend the birth of he and wife Louise's third baby even if it means missing the start of the World Cup.

England leave for the tournament on Friday.

Moeen Ali will take charge of the team while Buttler is away.

Buttler scored two centuries in this year's Indian Premier League and his fine form continued in Birmingham with a string of trademark powerful and unorthodox shots until his mis-hit long-on.

One of the three sixes he struck was an incredible reverse hit off leg-spinner Shadab Khan.

Buttler added: "I feel I'm hitting the ball well, which is great."

Will Jacks provided strong support in a second-wicket stand of 71 in seven overs.

But then England's innings fell away from 144-2 to 169-7 before Archer struck his two hefty blows at the end.

England were 96-1 at the halfway mark so they will be disappointed not to score more than 183-7.

But Pakistan's run-chase never caught fire even though left-hander Fakhar Zaman hit his first four deliveries to the boundary.

After making 45 he fell to a steeping skier that was pocketed in the deep by Harry Brook.

Moeen snared two valuable wickets with his off-spin and after his expensive opening over, Archer helped apply the squeeze as the tourists were all out for 160 with four balls left.

Meanwhile, Test captain Ben Stokes proved his fitness to bowl once again.

The paceman completed his second four-wicket haul as Durham thrashed Somerset by an innings and six runs.

Stokes, who underwent surgery on his left knee last November, sent down ten overs on the trot and finished with 4-23 to follow his 4-54 in the first innings.

By JOHN ETHERIDGE

SCOREBOARD

Second T20 International

England v Pakistan
EDGBASTON: Pakistan won the toss. England beat Pakistan by 23 runs.

ENGLAND

P Salt c Afridi b Westin	13	(9)
*J Buttler c Shadab Khan b Rauf	84	(51)
W Jacks c Shadab Khan b Rauf	37	(23)
J Bairstow c Ahmed b Afridi	21	(18)
H Brook b Wasim	1	(2)
M Ali c Rizwan b Afridi	4	(7)
L Livingstone not out	2	(3)
C Jordan c Rauf b Afridi	3	(3)
J Archer not out	12	(4)
Extras (b5, w1)	6	
Total (7 wks, 20 overs)	183	

Fall: 25, 96, 144, 147, 164, 165, 169.

Bowling: Shaheen Afridi 4-0-36-3, Mohammad Amir 4-0-34-0, Imad Wasim 4-0-19-2, Harris Rauf 4-0-34-2, Shadab Khan 4-0-55-0.

PAKISTAN

Mohammad Rizwan c Livingstone b Ali	0	(3)
Saim Ayub c Salt b Topley	2	(7)
*Babar Azam lbw b Ali	32	(26)
Fakhar Zaman c Brook b Livingstone	45	(21)
Shadab Khan c Jordan b Rashid	3	(4)
*Azam Khan c Ali b Archer	11	(10)
Ifkhar Ahmed c Jordan b Topley	23	(17)
Imad Wasim c Livingstone b Archer	22	(13)
Shaheen Afridi c Salt b Topley	9	(11)
Mohammad Amir b Jordan	5	(3)
Harris Rauf not out	3	(2)
Extras (w4, nb1)	5	
Total (19.2 overs)	160	

Fall: 0, 14, 67, 78, 91, 100, 140, 147, 154.

Bowling: All 4-0-26-2, Topley 3-2-0-41-3, Archer 4-0-28-2, Jordan 4-0-31-1, Rashid 3-0-25-1, Livingstone 1-0-9-1.

Umpires: M J Saghgers & M Burns.

THE Sun

EUROS PREVIEW NIGHT

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ANT MAN... Dupont lifts Champions Cup

Credit's Du to Antoine

Leinster.....22
Toulouse.....31

AET, CHAMPIONS CUP FINAL
By ADAM HATHAWAY

ANTOINE DUPONT broke his Irish jinx as Leinster fluffed their lines in a final exam yet again.

Dupont's Toulouse got revenge for losing three semis to Leo Cullen's men in the last five seasons to win a record-extending sixth Champions Cup title.

A Test match intensity club clash went to extra-time locked at 15-15 but James Lowe's yellow turned the tide early in the added period.

Toulouse opened up a ten-point lead with wing Lowe off and Leinster could not claw it back, despite the French having lock Richie Arnold dismissed.

Leinster also lost the last two finals to La Rochelle and their boss Cullen admitted: "There's lot of character here and they're going to need it but once they get over the line they will kick on."

"It is pretty devastating for the lads because we know what they put into it. "We've been on the losing side on a few occasions but this game came down to pretty tight calls. It is not a lack of belief that we can do this."

England flanker Jack Willis was great for Toulouse but Dupont starred. Le Stade assistant Jerome Kaino said: "He's incredible and it happens all the time - Antoine getting kudos."

With Lowe off, Matthis Lebel out-ran Leinster's defence and Thomas Ramos' penalty earned a ten-point buffer.

Josh van der Flier's converted try reduced the deficit to three but two more Ramos penalties saw Leinster off.

Thew, what a scorcher!

Catalans.....8
Warrington.....16

SUPER LEAGUE
By GARY CARTER

JOSH THEWLIS showed Warrington can genuinely compete on two fronts.

Having hammered Huddersfield last Sunday to make the Challenge Cup final, a defensive masterclass in Perpignan put Wolves joint-top of Super League.

Tries from George Williams and Matty Ashton plus four goals from Thewlis (below) sunk hosts Catalans.

And Warrington coach Sam Burgess said: "That's my most enjoyable win to date. We've been gradually improving with the ball but this is a different style of win. Tough and gritty."

"It was really special and capped off a great week." After handing Dragons a first home loss this term, Warrington - said to be signing Huddersfield skipper Luke Yates for 2025 - now face a Cup-League

double-header with world champs Wigan. Wolves survived 17 tackles from the off but on 43 minutes Williams dived over for the visitors before normal service resumed as Matt Dufty and Matty Nicholson denied Arthur Romano.

And with ten minutes left, Williams' wide ball bounced to Ashton for the clincher. Davies finally broke through on 73 minutes but Thewlis' goal settled it.

Catalans boss Steve McNamara said: "It's frustrating. We had a lot of possession but didn't do enough with it."

And Warrington coach Sam Burgess said: "That's my most enjoyable win to date. We've been gradually improving with the ball but this is a different style of win. Tough and gritty."

"It was really special and capped off a great week." After handing Dragons a first home loss this term, Warrington - said to be signing Huddersfield skipper Luke Yates for 2025 - now face a Cup-League

F1 MONACO GRAND PRIX 2pm sky sports



PICTURE PERFECT... Hamilton's Mercedes against an amazing backdrop in Monaco - but the Brit could only finish seventh on the grid for today's race

Charles the 3rd

LECLERC EYEING CROWN IN HOME RACE

CHARLES LECLERC hopes to make it third time lucky as he bids to end his Monaco hoodoo.

The Monte Carlo-born Ferrari ace grew up in the Principality but, despite taking two previous Formula One pole positions here, he is yet to finish on the podium.

In fact, the 26-year-old has yet to finish in the top three in ANY form of racing here.

But after again taking first on the grid, Leclerc (right) said: "The feeling after a qualifying lap is very special here. I'm really happy about the lap."

"The excitement is so high. It feels really good. However, now I know more often than not in the past, qualifying is not everything."

"As much as it helps, we need to put everything together."

"In the past here we didn't manage to do so but we are in a stronger position and a stronger team. I'm sure we can achieve great things, the win is the target."

Leclerc's pole came after three-time F1 champion and 2023

From BEN HUNT in Monaco

Monaco winner Max Verstappen could only qualify in sixth.

He hit the barriers on his final flying lap and moaned about the handling of his usually reliable Red Bull.

The Dutchman said: "I'm not disappointed with the position, but with our performance."

"It's not come as a surprise to me as I knew our limitations coming into this weekend. It's been bad. I can't take any kerbs."

"It feels like I'm driving a go-kart, with no suspension."

Red Bull boss Christian Horner added: "It's been a struggle all weekend. The car hasn't suited the characteristics of this circuit."

"The race is pretty much done barring safety cars. But we will come back fighting."

McLaren's revival continued with Oscar Piastri taking second place on the grid. The Aussie, 26, was this time ahead of team-mate Lando Norris, who managed fourth. And another GB

racer, George Russell, qualified his Mercedes in fifth.

Fellow Brit Lewis Hamilton was seventh after topping the time sheets on Friday but was "lost for answers" as he winds down his time with Mercedes.

Hamilton, heading to Ferrari next season, said: "The team have worked really hard to bring an upgrade to the last two races but we only have one, which George has."

"I anticipated it being difficult to out-qualify him as he

has the new component but it's great to see that we are bringing upgrades.

"Once we got to qualifying, I don't understand. I already know that I'm going to lose two tenths going into qualifying."

"That's definitely frustrating and something I don't have an answer for. I'm not driving any different. The laps were great. Just lacking for some reason."

Sergio Perez's Red Bull future was hanging by a thread after another poor qualifying.

The Mexican was once dubbed "the king of the streets" for his love of these circuits but after this horror show he'll likely be turfed out on the pavement by Red Bull.

Perez, 34, failed to make it out of the first part of qualifying and will start in 18th.

Two-time world champ Fernando Alonso was also out in Q1 and qualified 16th - the Aston Martin man falling at the first hurdle for the second race running.



MONACO GRAND PRIX - FRONT OF GRID											
1		Charles Leclerc	3		Carlos Sainz	5		George Russell	7		Lewis Hamilton
2		Oscar Piastri	4		Lando Norris	6		Max Verstappen	8		Yuki Tsunoda
DRIVER STANDINGS		1 Max Verstappen	161	3 Sergio Perez	107	5 Carlos Sainz	93	7 George Russell	44		
		2 Charles Leclerc	113	4 Lando Norris	101	6 Oscar Piastri	53	8 Lewis Hamilton	35		

Alan Nixon

BOSS OF GOSS

SUNSPORT'S MAN IN THE KNOW FOR RED-HOT TRANSFER NEWS



FULHAM are close to signing attacking midfielder Bobby Decordova-Reid on a new two-year deal. The 31-year-old has become a key part of Marco Silva's squad and they do not want to see him go this summer on a free.

LUTON are ready to make an opening bid for Coventry midfielder Ben Sheaf as they face up to losing Ross Barkley. The Hatters will have to spend more than £10million of their parachute payment from relegation on the 26-year-old.



McATEE... target

Girona loan suits City to a McAtee

MANCHESTER CITY'S Spanish 'cousins' Girona are keen to take James McAtee on loan — and give him Champions League football.

The midfielder, 21, is back from a second spell at Sheffield United and also wanted by old City youth coach Enzo Maresca at Leicester.

But Girona, who are part of the City Group of clubs, want McAtee and could offer him a dream move to LaLiga with Europe thrown in.

McAtee needs game time to stay sharp and keep his transfer value high, so Girona has a lot of appeal to all parties. The Foxes tried for McAtee before but he chose the Blades.

They are also an ideal home for him but will probably be in a survival fight in the top flight.

City will make the big decision this summer and hope McAtee agrees. Meanwhile, Maresca, 44, wants to bring in new backroom members from his previous clubs to bolster his staff.

SUNDERLAND left-back Oliver Bainbridge is wanted by Bradford City — with the Black Cats' Under-21s in the Premier League 2 final today at Tottenham. Bainbridge, 18, could be loaned out to City. Halifax fancy midfielder Caden Kelly, 20.

JIM'S NOT KIDDING!

Now Man U eye teen Igor

MANCHESTER UNITED co-owner Jim Ratcliffe says he wants to find a new superstar rather than fork out millions.

And the Ineos billionaire (right) has been good to his word with Old Trafford's recruitment team now going after 16-year-old Blackburn striker Igor Tyjon.

United's move comes after we told you about their swoop for Port Vale forward Baylee Dipeba, 17.

And they are also in the running for Aussie right-back James Overy, 16, ahead of rivals Everton and West Ham.

Tyjon has already been on

Rovers' first team bench and their plans to tie him down are boosted by the fact that he wants to play senior football for them first.

Blackburn picked up Tyjon from Rochdale and will demand the biggest fee possible amid fears

United will come in hard for the teenager.

Rovers lost defender Ashley Phillips, 18, to Tottenham last season for just £2million but did

cash in on 20-year-old Adam Wharton when he went to Crystal Palace in January in a deal which could eventually

be worth £22.5m.

Tyjon has also been tracked by both Palace and Brighton

but signing for United may be too attractive an opportunity for him to resist.

Overy left Perth Glory when his family returned to England to live in Devon and is currently with Newton Abbot Spurs.

But the Aussie has been to train with United and given the VIP treatment with accommodation in Hotel Football, right beside Old Trafford.

Hammers also invited Overy for talks after they saw him in a pre-season friendly last year while Everton also plan a move.



REDS ALERT... Blackburn teen Igor Tyjon is on United's radar



JAMES... promise

Lop sizes up James bid

WEST HAM are ready to fight Leicester and Atalanta for Birmingham City's young Welsh wizard Jordan James.

Hammers' new boss Julen Lopetegui had James on his radar when he was at Wolves and has contacted the Blues.

Foxes also have James, 19, shortlisted while the Italians made a bid during the last window.

Meanwhile, West Ham are struggling to agree a deal with keeper Wes Foderingham after he left Sheffield United.

Ivo will go to Spain

IVO GRBIC will be allowed to leave Sheffield United — and the keeper wants a club in Spain.

The Croat, 28, was a reserve for Atletico Madrid before his move to the Blades in January but flopped in the Prem.

Meanwhile, United's US takeover bidders want to bring in former Burnley and Bournemouth scout Des Taylor as their football supremo.

HULL'S Greg Docherty is wanted by top Polish side Legia Warsaw after the end of his contract. The Scottish midfielder, 27, is willing to go abroad despite interest from the Championship and will fly out soon.

ALL ROVER UMEH

CRYSTAL PALACE'S exciting teenage winger Franco Umeh is wanted on loan by Blackburn.

The Republic of Ireland youth star, 19, has caught the eye after impressing for the Eagles at Under-21 level.

Palace have given ex-Cork City starlet Umeh (right) a chance in their Prem first-team squad but may let him out for the season if Championship Rovers are going to use him.

Meanwhile, League One side Stevenage want to buy Palace midfielder Malachi Boateng, 21, after his two seasons on loan in Scotland with Queen's Park and Dundee.



BIG AL'S Wicked Whisper

WHICH English side's American owners are going to shock their squad and boss by changing work hours and routines?

The Yanks have been there long enough to believe the club needs to follow other sports and plan to have staff on call every day of the week.

It means daily training when not playing matches and the suggestion has already caused concern in the camp.

THE RICHEST GAME IN FOOTBALL

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LEEDS v SOUTHAMPTON

15:00 K.O talkSPORT



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ON RADIO ONLINE ON THE APP



APPARENTLY Mauricio Pochettino will be right up for the England job if boss Gareth Southgate is one of those playing managerial musical chairs this summer. Which brings to mind that memorable line from wheelchair-bound Brian Potter (right) in Peter Kay's Phoenix Nights ... "and I wanna moonwalk son, but life's a s***house."



Phil Thomas



NO-NONSENSE ATTITUDE AND GRITTY OPINION



JOR NOT GOING ... Henderson with Southgate



LOW MARC ... Rashford is absent

IN?

ADAM AND EVE IT ... Wharton is good enough to make England's starting line-up at the Euros



MOYES ... Fergie's top choice

Go to Wharfedale Gareth Southgate BRAVE CALLS...NOW HE MUST START KID ADAM

FAIR play to England boss Gareth Southgate for having the balls to call up the kids and finally kick out some of the old guard.

Now let's hope he goes full Buster Gonad – one for the Viz readers – and is bold enough to unleash a couple on the main stage, rather than leaving them watching from the wings.

Which, above all, means having the nerve to hand Adam Wharton a starting slot alongside Declan Rice when England's Euro assault kicks off in three weeks.

A big call, admittedly, for a manager whose mentality has long been caution over carefree. But he's already broken one habit of a lifetime by choosing untried instead of merely trusted.

So it's not such a giant leap of faith to picture an England team sheet for their Euro opener against Serbia with Wharton's name on it.

Believe me, he's good enough – and plenty of good judges agree. Those who have seen a little more of him than the odd clip on Match of the Day.

In five astonishing months he has gone from the nether regions of the Championship with Blackburn to bossing Premier League midfielders with Crystal Palace.

Remember how Manchester United's Kobbie Mainoo took the Prem by storm when he burst through? Well Wharton has done the same with knobs on at Selhurst Park.

And, as my colleague Dave Kidd pointed out this week, he has made mugs out of the starry-eyed snobbery among the big boys who think anyone a level below them is, er, below them.

Bayern Munich certainly don't and have

already told Palace to save them a front-row seat in the sales ring when they decide to cash in. They would take him now if they could.

Few, if any, in England's squad can match Wharton for passing ability. The same goes for having an eye for the right one, as well.

Unless the Three Lions coaching team are all suffering from tunnel vision, you would imagine they will see it on the training ground too.

Naturally this column will be something of a lone voice in calling for him to start. It would be different, of course, if he played for a City, Arsenal or one of the more sexy names.

And the chin-strokers who smugly think they see things us mere mortals never do? They still haven't cottoned on yet.

Plenty of room on the bandwagon when you do, lads.

But what if England were trying to see it out against France or Germany in the latter stages of the Euros?

How could you fancy Wharton above Jordan Henderson then, they scoff haughtily?

Well very easily actually. It's a no-brainer. Sure, there would be more of a debate if Henderson was still one of the midfield marshals in a title-chasing Liverpool side.

But not the one which headed to Al-Etifaq in the Saudi league, where gates sometimes didn't even reach four figures, and the standard was more low-level Championship.

Or the Henderson who tried to save his Euros dream with a January move to Ajax – only to find he had joined a club in turmoil, and played just 12 games as they limped home in fifth. So yes, Wharton is

definitely a better bet. Just as that plethora of attacking talent all merit a place ahead of Marcus Rashford, for all some misguidedly refuse to see it.

In Harry Kane, Phil Foden, Jude Bellingham and Bukayo Saka England have four offensive players who would walk into any side in the tournament.

It's quite possible we could see the first case of defenders being treated for twisted blood if that lot are on their game.

The likes of Cole Palmer, Jack Grealish, Anthony Gordon, Ebere Eze, Ollie Watkins and Ivan Toney – although a couple may not make the final cut – aren't a bad back-up squad either.

So attacking-wise, the skies couldn't be any clearer for the Three Lions... it's behind them where things are a little cloudier.

Keeper Jordan Pickford and Kyle Walker are defensive certs, but questions of form, fitness and availability surround every other backline slot.

Which makes it even more vital Southgate picks the right man to partner Rice when it comes to the midfield anchors.

If Wharton gets his chance in the warm-up friendlies against Bosnia and Iceland, it will be an easy decision.

UNITED WAS MOY DESTINY

TIMING is everything, as they say – a phrase you imagine has come to mind more than once for David Moyes in recent weeks.

A decade ago he was The Chosen One, newly anointed as Sir Alex Ferguson's successor at Manchester United.

From the manager who achieved the Impossible Dream to one taking on the Impossible Job.

And although taking it

was a no-brainer, deep down Moyes knew it as well. He was also aware the offer may never come again. If he stayed at Everton some would forever call him a bottler, though not to his face.

Of course, we all know what happened next. Brutally sacked after ten months and then various stop-offs along a long road to rebuilding his reputation.

Yet he did so well in the ensuing years that when he left West Ham, his stock was as high as ever – and that's where the question of timing comes in.

As the debate rages over Erik ten Hag's future, the list of potential successors grows by the week. Proof perfect there is no outstanding candidate, no obvious front-runner.

The irony being that if Moyes hadn't been hand-picked by Fergie in 2013, there would have been – him!

When I mentioned it after his final post-match media duties as Hammers boss at the Etihad last week, it will come as no surprise his only response was a modest smile.

Regretful and rueful, only he knows. Unquestionably correct, though, we all do.

PAQ CHARGE SO SERIOUS

BEING charged with four counts of spot-fixing is jaw-dropping but the final game that West Ham's Lucas Paqueta is accused of influencing makes it even more so.

It was the season opener against Bournemouth, just two weeks before the Brazil midfielder (below) was set to join Manchester City.

If you think this is a can of worms, imagine if he'd actually put pen to paper. As it is, Paqueta will be lucky to play again for anyone should he be found guilty.

Don't for one minute bracket this alongside the gambling transgressions of Ivan Toney, Sandro Tonali and others. It is far, far more serious.

Clearly they were stupid to bet on football. But Paqueta is accused of influencing games – and that's why any penalty will be massively more severe.



EURO 2024 NEW LION IS HAILED

HAPPY EBE

Old boss Warburton tips Eze to write Euro fairytale

EBERECHI EZE is being backed to shine at the Euros by his former QPR boss Mark Warburton.

The Crystal Palace forward was named in Gareth Southgate's provisional England 33-man squad after his superb recent performances helped the Eagles finish the season with six wins from their last seven games.

Eze flourished under Warburton's management in the season before his £15million move to Selhurst Park.

And the former Brentford chief sees Eze's call-up as a richly-deserved reward for bouncing back from rejection by Arsenal, Fulham, Reading, Sunderland and Millwall to make a big impact at Loftus Road.

Warburton (right) said: "It is always a pleasure to work with players with a natural talent, but then you get certain players that every day in training do something special and that was Ebe."



Eze made his Rangers debut as an 18-year-old in 2017 but announced himself as one of the best talents outside of the Premier League with a stunning solo goal at Stoke two years later.

Warburton is not surprised to see him shining at the highest level.

He said: "He has the ability to go past people, great balance and assuredness in his feet and a great change of pace."

"As you watch him in the Premier League he is doing the same as what he was doing in the Championship."

"But he has had to bounce back from a torn Achilles which is such a serious injury. To see him regain full fitness and retain that ability to go

By IAN McCULLOUGH

past players on both the left and the right is a great sight to see."

In addition to his displays on the field, Warburton was equally impressed with Eze's attitude away from the pitch especially during Covid when football was shut down for three months during the height of the pandemic.

He said: "I learnt more about Ebs as a person during that lockdown period."

A lot of important work went on to keep in contact with vulnerable people and I saw the type of character he is.

"His ability to speak to people, his willingness to have different conversations was impressive and mature for a young man."

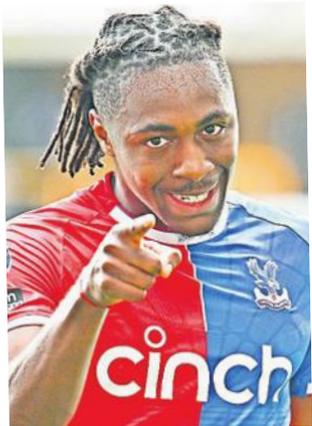
"I had several people ring and tell me what a credit to the club and his family he was. He's a genuine character on and off the field."

"I still send him the odd message, like anyone would, when he scores a good goal for Palace and he is always still so humble and polite when he replies. I am so proud for him."

Eze faces tough competition from the likes of James Maddison, Jack Grealish, Jarrod Bowen, Anthony Gordon and Cole Palmer to make the final cut for Germany but Warburton believes he can prosper on the big stage.

He added: "I hope very much he gets through to the squad, but he is up against some talented players, but I have no doubt about the quality he possesses and the impact he can have."

"Set-piece delivery, penalties, finishing, he has so many attributes that he can bring to the England squad."



POINTER... Eze has been in brilliant form



HOOPS HERO... Eze enjoys a QPR goal



XHAKA WHACKER... Xabi Alonso lifts the DFB Cup trophy (above) Xhaka celebrates scoring a stunner to win it for Leverkusen

Not 2 Xabi a season, lads

GRANIT XHAKA'S early stunner proved just enough for 10-man Bayer Leverkusen to clinch an unbeaten domestic double.

Xabi Alonso's runaway Bundesliga champions saw off second-tier Kaiserslautern 1-0 to lift the German Cup.

Ex-Arsenal midfielder Xhaka crashed home a ferocious 25-yarder in the 17th minute.

But Leverkusen were up against it when Odilon Kossounou saw red just before half-time.

The Ivory Coast defender stamped on Boris Tomiak's foot to earn a second yellow.

Leverkusen had suffered a shock 3-0 defeat to Atalanta in the Europa League final on Wednesday to end their amazing

By JON WEST

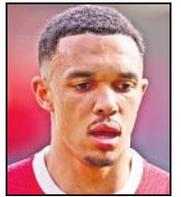
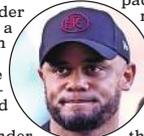
51-game unbeaten run. But they bounced back to win their first German Cup since 1993 when they beat Hertha Berlin reserves!

BAYERN MUNICH have agreed a £10.2million compensation package with Burnley to make Vincent Kompany their new manager.

The former Manchester City captain (left), 38, will succeed Thomas Tuchel as boss on a three-year deal.

Kompany led Burnley to the Championship title in 2022-23 but could not keep them in the Prem this season.

He will be joined in Bavaria by his coaches Floribert Ngalula and Bram Geers but not his No2, Craig Bellamy.



TAA... faith in board

He'll Slot in at Kop

By SAM ALEXANDER

TRENT ALEXANDER-ARNOLD has confidence that the Liverpool board picked a winner in Arne Slot.

Dutchman Slot, 45, left Feyenoord to succeed Jurgen Klopp at Anfield.

Slot has never played or managed outside Holland.

But Reds and England defender Alexander-Arnold, 25, said: "I have trust in the club and who we have appointed."

"As a player all you can ask for is to have trust in what the higher-ups have brought in. I'm sure it will be a smooth transition."

Alexander-Arnold is set to play a big role at the Euros this summer — but will not be drawn on the Three Lions' chances.

He said: "I don't know what people are making us, we go there trying to do our best and hopefully come back successful."

Sport

CHRIS COLEMAN is Cypriot side AEL Limassol's new boss.

Coleman, 53, who led Wales to the Euro 2016 semi-finals, has not worked since quitting Greek top-flight club Atromitos last October.

SHORT

Ends with a Bomp

Barcelona.....2
Lyon.....0

By SANDRA BROBBEY

ALEXIA PUTELLAS' classy cameo inflicted defeat on incoming Chelsea boss Sonia Bompastor in her last game as Lyon gaffer.

The Spain midfielder came on in injury time of the Women's Champions League final to score a stunner and seal victory.

Putellas had an injury-hit season but ensured her side retained their title against the eight-time champions.

Team-mate and England defender Lucy Bronze said: "Alexia's the queen of Barcelona for a reason."

"She's had to work really hard to get back fit and showed why she's a two-time Ballon d'Or winner."

Aitana Bonmati hit Barca's 63rd-minute opener in Bilbao. And Bronze, who won the Champions League for a fifth time, added: "This team will go down as one of the best in Europe."

Sport

KYLIAN MBAPPE won a 15th trophy with Paris Saint-Germain to sign off his seven-year career at the club.

The star, 25, is set to go on a free but helped PSG beat Lyon 2-1 to lift the French Cup.

SHORT

CHAMPIONSHIP PLAY-OFF FINAL



FARKE... bonanza

Finalists fight for a smaller windfall

By DAN KING

CHAMPIONSHIP play-off final victory is worth £60million LESS today than it was last year.

Daniel Farke's Leeds or Russell Martin's Southampton will "only" be around £140m better off if they win at Wembley, according to finance experts Deloitte.

That is because the losers will still receive a Premier League parachute payment, having been relegated in 2022-23.

In contrast, last year's finalists Luton and Coventry fought for £200m over three seasons.

That included at least £100m of TV money in a Premier League campaign, and the same again in two years of parachute payments should they suffer immediate relegation.

Ipswich, back in the top flight after more than two decades, are guaranteed the same £200m upturn as Luton were.

Clubs usually spend most of the extra money. Nottingham Forest splurged £150m on new players in the summer of 2022 as well as making £21m in promotion-related payments and bonuses.

So winning "the most lucrative game in world football" is not worth as much as it seems — but it's way better than losing.

This season, relegated Leeds, Southampton and Leicester were given parachute payments equivalent to 55 per cent of the central funds each top-flight club received.

But in the second year, that falls to 45 per cent.

Clubs only receive a third year at 20 per cent if they had been in the Prem for more than one season before relegation.

Southampton made a transfer profit of nearly £140m last summer — but may need to sell again if they don't beat Leeds.

That is another reason why clubs are more likely to bounce back from relegation straight away than after a longer spell out of the top flight.

Of the last 30 clubs to go down from the Prem, 18 have returned, 11 of them immediately — including Leicester and today's winning side.

Leeds and Saints well know how relegation can turn into a vicious circle.

After going down in 2003-04 and 2004-05 respectively, both sank into League One and suffered administration.

So there's more than £140m at stake today.

I'm happy to take a £140m penalty DAN TO STEP UP DESPITE WALES MIST



FEELING ROAR... Dan James will take pressure penalty if the play-off final goes to a shootout



DAN JAMES will be ready to take a penalty that could be worth £140MILLION to Leeds if today's richest game in football goes down to a shootout.

The Yorkshire-born winger saw his last spot-kick saved in March which was decisive as Wales were heartbreakingly eliminated from this summer's Euros on penalties in their play-off with Poland.

But James, 26, bounced back from that agony (left) with a 45-yard wonder goal against his boyhood club Hull in April which brought the house down at Elland Road.

And he will not shy away from the challenge if the Championship play-off final with Southampton goes the distance.

James has already been successful in taking a penalty in a shootout in a major final — for Manchester United in the Europa League against Villarreal, which they eventually lost.

He said: "When taking a penalty, you make up your mind where to shoot and stick with it.

"You've got to be confident and trust all

By **JUSTIN ALLEN**



EXCLUSIVE

the tips and tricks you've learned down the years.

"But we've all also got to be mentally and physically ready after 120 minutes.

"You're going to be tired mentally so it's important to relax.

"When I scored the penalty in the Europa League final, there were no fans because it was during Covid, so it'll be much different with 90,000 at Wembley on Sunday.

"Having the supporters there won't add pressure. It'll be better because it gives you extra motivation.

"Having the penalty saved for Wales was disappointing. There's always going to be someone who misses and unfortunately it was me that night. It only makes you stronger.

"I felt disappointed for the nation because they didn't get to experience the

Euros this summer. Our supporters weren't able to go in 2021 from Wales to Baku, Azerbaijan, for the Switzerland and Turkey games because of Covid, nor Amsterdam for the Denmark match.

"I've got to live with that penalty now and it'll always be at the back of my mind even when I finish football.

"But you go through those things. If I was to do it again, I'd not be afraid. You've got to be mentally ready in your head — pick your spot and get on with it."

Leeds can count themselves unfortunate not to be automatically promoted having posted 90 points during the season — thanks to the extraordinary campaigns of both Leicester and Ipswich.

But history is on their side as only Sunderland in 1998 have ever reached 90 points and not been promoted.

Although one piece of history will not help their cause — Leeds have NEVER been promoted via a play-off and this is their SIXTH attempt.

James, who also played at Wembley in a FA Cup semi-final loss to Chelsea in 2020, said: "There's always a lot of talk about the play-offs and what's gone on before.

LEEDS v SOUTHAMPTON

3pm
sky sports football
talkSPORT

Russell Saint on his way

By JACK ROSSER

RUSSELL MARTIN has no interest in joining the managerial merry-go-round if he leads Southampton back into the Premier League.

Both of the Championship's already promoted managers, Enzo Maresca and Kieran McKenna, are set to leave Leicester and Ipswich respectively after securing the top two spots.

But if Saints triumph over Leeds in today's play-off final, their boss Martin is not expecting to be linked with the likes of Manchester United and Chelsea and instead wants to focus on continuing at St Mary's.

He said: "I don't think so, no. The Championship's full of very good coaches. It is great for them and shows the quality of the Championship this season, for sure."

"I've not spent longer than two seasons at a club for various reasons."

"It was painful to leave both of my last two teams and I don't want to feel the pain of having to leave someone else so quickly as we love it here and really enjoy it."

"I hope we have a chance to keep building for a long time."

"There is no rush to do anything as it is a really exciting project here."

Martin's side did the league double over Leeds during the season but finished three points behind Daniel Farke's Whites in the table.

And the Saints boss is expecting an incredibly tight and entertaining encounter at Wembley.

He added: "Both teams had really good seasons."

"Externally, maybe some people see us and Leeds in third and fourth as not having a good season but it's been a really unique Championship season in that sense, with the four top teams and amount of points they got."

"My feeling is it's two really good teams going toe-to-toe on the biggest stage and it is going to be a really exciting game, a really tight one and also really interesting."

"It is one we've really enjoyed preparing for."

"Both teams have some really top performers that can create moments out of nowhere."

Saints captain Jack



JUMPING JACK ... Saints ace Stephen is up for the challenge

Stephens is expecting to have nerves but insists the south coast club are treating the final as just another game.

The Saints defender, 30, said: "I'm very excited and looking forward to the challenge."

"It has all been very similar to how we would treat and prepare for any other league game."

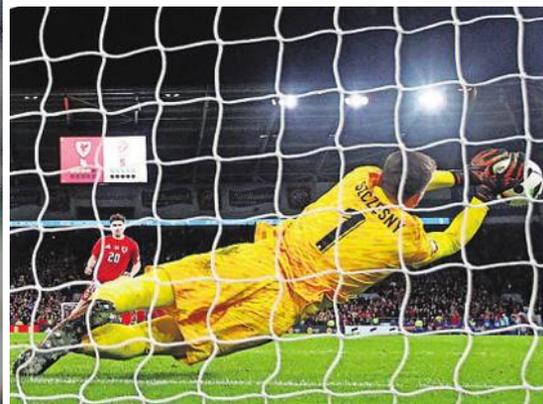
"I am more excited than nervous but there's certainly a few nerves in there too."

"And you need to have that to drive you to go and do well."

"That is also what the manager believes works, so we won't change."

"And we won't change any of our approach as it has worked up until this point and we have had success."

"How hard do we go in training? I think it's important to go as hard as we have done."



PEN PAIN ... Wojciech Szczesny denies James in Euros play-off



PEN JOY ... James nets for Manchester United in Europa League

SECOND TIER SHOOTOUTS IN PLAY-OFF FINALS

IN 37 second-tier play-off finals, there have been four shootouts.



Charlton v Sunderland
D4-4 (aet)
Charlton won 7-6 on pens



Huddersfield v Reading
D0-0 (aet)
Huddersfield won 4-3 on pens



Birmingham v Norwich
D1-1 (aet)
Birmingham won 4-2 on pens



Luton v Coventry
D1-1 (aet)
Luton won 6-5 on pens

Leeds' play-off jinx

LEEDS hope it will be SIXTH TIME lucky today as they bid for a first promotion via the play-offs to end a hoodoo stretching back 37 years ...

The Elland Road club's most recent play-off failure was a dramatic one after spies sent by Marcelo Bielsa (below) were caught snooping on training sessions at their Championship rivals Derby in mid-season.

Leeds then cruised into a 2-0 lead when the clubs met in the two-legged play-off semi-final - only for Rams to score four in the second half at Elland Road.

Derby boss Frank Lampard and his players celebrated the win by mimicking holding up binoculars to mock their opponents.

Leeds were in their second season of three in League One when they faced Millwall in the semi-finals.

Neil Harris' goal gave the Lions an advantage to take to Elland Road but Luciano Becchio provided hope for the

West Yorkshire faithful when he handed his team the lead in the second leg. But it all ended in tears when Najim Abdou scored late on for Millwall.

Having dropped into the third tier for the first time in their history, Simon Grayson and his side were hopeful of bouncing straight back after reaching the play-off final by coming from 2-0 down to beat Carlisle.

But James Hayter's Wembley winner sent Doncaster into the Championship instead.

Two seasons after relegation from the Prem, Leeds reached the final by beating Preston 3-1 over two legs. But the final was a disaster as Watford romped home 3-0.

Back when play-off finals were also two legged, Leeds got past Oldham on away goals before sharing two 1-0 home wins with Charlton.

The replay at Birmingham was 0-0 in extra-time until John Sheridan struck - but Peter Shirliff got two for Addicks.



binoculars

It's not an extra thing we're playing in our heads.

"We see this as an opportunity to win promotion at Wembley, which would be an unbelievable achievement."

"Our mindset is to put everything we can into making that happen - and not coming off that pitching thinking we could've done a little bit more."

"We've got to go into it with energy and confidence."

Rival fans love singing at this time of year "Leeds Are Falling Apart Again" to the tune of Love Will Tear Us Apart by Joy Division.

The Yorkshire side lost four of their last six league games, winning just once, to allow Leicester and Ipswich to pull clear.

The home loss to Blackburn and 4-0 thumping away at QPR were particularly hard to take.

Leeds also endured a tough start to the season while the transfer window was open with players queuing up to jump ship after relegation.

And it was only when the transfer window closed and new signings such as Joel Piroe, Ethan Ampadu, Ilija Gruev, Glen

Kamara and Sam Byram were able to settle that Daniel Farke's men got motoring.

James said: "After the first five games we were near the bottom. A lot of people were doubting us but we really picked up from there."

"We started 2024 unbelievably. We were 17 points behind Leicester at one stage and ended up being top of the league for a couple of games."

"However, we went through a rough patch - which every team has - but unfortunately ours was at the end."

"QPR was a bit different but the games against Sunderland and Blackburn, where we dominated but didn't have that ruthlessness to finish the games off, was hard to take."

"The team got 90 points which is nearly always enough to go up. So you must give credit to Ipswich and Leicester who thoroughly deserved to go up."

"For us, it was about dusting down the disappointment and going again. And we showed that in the two play-off semi-finals against Norwich."

Leeds were close to perfect as they dispatched the Canaries 4-0 at Elland Road

after being pragmatic and solid at the back in a goalless draw at Carrow Road.

That home rout of Norwich and 4-0 win against Ipswich at Elland Road in December were without question the two stand-out performances of the season.

And there is no Championship team with a richer array of attacking talent in their ranks than Leeds with the likes of James, Piroe, Crysencio Summerville, Georginio Rutter and Wilfried Gnonto.

James said: "There's a lot of competition there. There have been a lot of goals from everyone who has played, which is brilliant for us as a team."

"It's hard for a manager to go and pick a team from there."

"Southampton have the same attacking qualities and have goals in them."

"For us it's how we can defend from the front. It's not just the back four and the keeper, it's from the front. That will be a big factor."

"Keeping a clean sheet is so important. The last two games we've done that."

"And if we can go into the game on Sunday with the same mindset, we'll have a great chance."



HANDS ON ... Martin (right) with Leicester boss Maresca

I'VE GOT A PAD HABIT!

Klopp's ace time in Spain

JURGEN KLOPP is up fit creek with a padel as he settles into life after Liverpool.

The German, 56, has been soaking up the sun in Spain after stepping down as Anfield boss.

Following an emotional exit last week, he posted pictures of himself (right) playing padel tennis in Majorca.

Klopp said in an Instagram video: "I'm still trying to process everything, what happened that day and then in the days around. Slightly settled now."

"Now I follow my other passion – trying to improve my padel game."

"Today is my third session and I started on an extremely low level – didn't play for a while and felt it immediately."

Klopp previously confessed he is "addicted" to the sport and even had a court installed at Liverpool's Kirby training ground.

He also has a custom-made

By **JON WEST**

£280 padel racket from Wilson with his name embossed on the side.

Klopp said: "Besides football, it's the best game I've ever played."

And he kept fit with a set or two at the exclusive Mallorca County Club – where Prince Albert of Monaco and tennis legend Novak Djokovic are also honorary members.

He and wife Ulla are staying at the five-star Kimpton Aysla Hotel while their island mansion undergoes building work.

Meanwhile Klopp's Kop replacement, Arne Slot, began his new life in Merseyside by dining at the swish Moor Hall restaurant.

Chef-patron Mark Birchall posted a photo with former Feyenoord boss Slot, 45, on the restaurant's Instagram.



NOT PAD FOR A BEGINNER – here's how Jurgen Klopp would look as a top Padel player – but the former Liverpool boss admits he is starting at an "extremely low level"

WHAT IS PADEL?

PADEL is played by around 25million people in almost 100 countries. It has the same scoring system as tennis but is played on a slightly smaller court.

Rackets are solid, serves are made from below the waist and there is a wall the ball can be played off, like squash.



COME DINE WITH ME... Arne Slot with Moor Hall chef-patron Mark Birchall



TRAFFORD... target

Blues in a Ford drive

By **ALAN NIXON**

CHELSEA are ready to make a £20million bid for Burnley keeper and England hopeful James Trafford.

The Stamford Bridge club see Trafford as a long-term No1 despite a bumpy start to his Premier League career at Turf Moor.

Many feel the stopper will come good even though he was dropped by Vincent Kompany before the Claret's slipped out of the top flight.

Trafford, 21, is in the initial 33-man England squad for Euro 2024 and looks set to be thrown a Premier League lifeline.

Chelsea want to sign future stars and Trafford is in that category.

He joined Burnley from Manchester City for £15m last summer following his Young Lions heroics – not conceding a single goal as England won the Under-21 Euros.

Newcastle fancy Trafford but sources close to the deal see Chelsea winning the race and Burnley will be happy to make a profit within 12 months.

WAZZA BACK IN DUGOUT

Rooney buys into life as Pilgrim

HE CAN FINALLY SPEND

WAYNE ROONEY will finally be able to BUY a player after being appointed as Plymouth boss.

The Manchester United legend, 38, is back in the dugout five months after he was axed by Birmingham.

During his spell at cash-strapped Derby, Rooney was unable to spend a penny – relying solely on free agents and loan signings.

But his switch to Home Park should finally allow him to properly take part in a transfer window.

His Pride Park stint was dominated by financial uncertainty and points deductions, meaning funds were not available.

Then he was sacked just two days into the January window as his 15-game spell at Birmingham ended earlier this year.

Rooney did sign a handful of stars during his time as DC United boss with the former striker responsible for bringing in

By **JAKE SANDERS**

Christian Benteke, Ravel Morrison and Mateusz Klich.

But he has never had that luxury with a club in England.

Moments after Rooney's return to management was confirmed, he was on the BBC's coverage for the FA Cup final.

He said: "I'm really excited to go in as the new head coach at Argyle."

"It was a thorough process with a lot of managers interviewed for the job."

"Thankfully the club found that I was the best person for the job and I can't wait to get started and meet the players and staff."

Rooney was then interrupted by host Gary Lineker, who said: "Hopefully sign a footballer, which you've never done yet!"

To which he replied: "Yeah! Obviously there's a lot of work to do over the next month before we start pre-season training."

Rooney, who has penned a

three-year contract, added: "This is an opportunity to be part of an exciting project."

"This feels like the perfect next step in my career." Rooney's Birmingham side lost a 3-1 lead to draw 3-3 at Plymouth in December.

And he added: "I have experienced first-hand how talented the existing group of players is here – and also the incredible atmosphere at Home Park."

"The club is on an exciting long-term journey, with a progressive plan in place."

"I can't wait for the Championship season to start in August." But the Pilgrims manager will have to juggle his new job with his summer gig as a pundit.

Rooney has signed up to BBC's Euro 2024 coverage alongside the likes of Lineker, Joe Hart and Cesc Fabregas.

PILGRIMAGE... Rooney is back in management



METEORIC... Bradley

Bradley's Reds rise

By **CHRIS HUGHES**

LIVERPOOL are planning a bumper new deal for defensive star Conor Bradley this summer.

Bradley, 20, only signed a new deal until 2027 last December.

The attacking right-back was a revelation after breaking into Jurgen Klopp's side in January following an injury to Trent Alexander-Arnold.

Bradley's 23 appearances included a starring role in Liverpool's Carabao Cup final success over Chelsea at Wembley.

With the Northern Ireland international one of the lowest earners in their first-team squad, the Reds are keen to reward him for his meteoric rise.

Liverpool have high hopes for Bradley and he could play a key role under new boss Arne Slot next season – particularly if Alexander-Arnold is moved into a midfield role on a permanent basis.

ROONEY BOSS RECORD

Seasons	Club	Games	Win rate
2020-22	Derby County	85	28%
2022-23	DC United	53	26%
2023-24	Birmingham City	15	13%
TOTAL		153	26%

SCOTTISH CUP FINAL CELTIC 1 RANGERS 0
IDAHO 90

IT'S CHEERY JOE!



Hart hails Hampden glory as he hangs up his gloves

JOE HART signed off his career in style – lifting a seventh trophy in three years at Celtic.

But the 37-year-old was helped out by VAR after his blunder almost gave Rangers a Scottish Cup final lead.

The ex-Manchester City keeper got nowhere near a corner just before the hour at Hampden Park, allowing Abdallah Sima to convert.

Yet Hart was given a reprieve on his final appearance before retiring when Nico Raskin was adjudged to have pushed the veteran and the goal was ruled out.

Then on 90 minutes Celtic took full advantage when Jack Butland spilled Paulo Bernardo's strike for Adam Idah to blast in the winner.

The 1-0 victory was the perfect end to a silverware-laden spell in Glasgow for Hart, who has secured three

By **JAKE SANDERS**

league titles, two League Cups and now two Scottish Cups.

The former England No1 said: "I'm all drained out. I'm just happy that we won."

"I know it's the end of my career – but my focus was on this game and it's so important to the club."

"To double up the title with the Scottish Cup is a special feeling."

"Oh my word! I'm worried something bad is going to happen to me because over the last couple of weeks life has felt really good."

"I've loved every minute of my career. Football has been everything to me."

"And it's everything I am as a person. I'll have to find out who I am

now. I'm sure I will miss it one day but right now I have so much joy and thanks to everyone who has made it special for me."

It was goal No9 for striker Idah, 23, since arriving on loan from Norwich in January. The Irishman (*below*) said: "I came here to try to score as many as I could."

"I didn't think I would score a goal like this in front of all these fans."

"It's hard to put into words. I've always supported Celtic, it's amazing."

"I love it here. I'll go back to Norwich in the summer, then who knows?"

Rangers boss Philippe Clement said: "It was really close. We need to build on it. The mentality is there."



HART-ING GIFT ... Celtic goalkeeper Joe Hart bows out after beating Rangers in the Scottish Cup final.

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EDERSON ... extension

Ed 'n Ort lined up for deals

By PHIL THOMAS

MANCHESTER CITY plan talks over an extended Etihad stay with BOTH their senior goalkeepers.

And they are confident Ederson and back-up Stefan Ortega will still be at the club next season.

There have been whispers of interest from Saudi Arabia in their first-choice No1, who is nursing a fractured eye socket.

Boss Pep Guardiola has long insisted he will not stand in the way of any player who wants to leave — yet the champions will demand £60million for Ederson if that is the case.

But Ederson, 30, has given no hints he wants out and sources claim he is far likelier to sign new terms with a slight hike towards £150,000 a week.

The Brazilian, who has won six titles since his £35m arrival from Benfica, has two years left on his deal and City hope to add another 12 months.

There were fears Ortega, 31, may seek a move to get more regular football but the German is happy in Manchester.

He is set to agree a two-year extension, taking his contract to 2027, and a near 25 per cent salary boost to about £90,000.

Meanwhile promoted Leicester are keen on City midfielder James McAtee, who was on loan at Sheffield United last season.

But Leeds will go head to head with the Foxes if they are promoted in today's play-off final.

Eriksen's Ajax offer

By PHIL THOMAS

CHRISTIAN ERIKSEN will be handed the chance to rejoin first club Ajax this summer — if Manchester United agree to a pay-off.

But the Danish midfielder, 32, is set to sit tight until Erik ten Hag's future is sorted, in case his old Spurs gaffer Mauricio Pochettino comes in.

Eriksen has 12 months left on his £150,000-a-week contract but United are keen to get some of the higher earners off the books to help fund Sir Jim Ratcliffe's planned rebuild.

Yet with no chance of players matching their Old Trafford wages elsewhere, United face using a hefty slice of the summer budget to ease them out.

United would not ask for a fee for Eriksen as long as that is factored into any agreement over the remainder of his contract.

Poch was linked with an Old Trafford switch after leaving Chelsea and Eriksen spent five years at Spurs under the Argentine.

FA CUP FINAL



BIG-

Cup, Cup ..and away

ERIK STILL DOESN'T MERIT 3RD SEASON



WELL, at least he can go with a puffed-out chest, head held high and pride and dignity both restored.

A triumphant warrior carried out on his shield, victorious in his final battle, rather than one beaten and bowed, sneaking away in the shadows.

But FA Cup winner or not, silencer of noisy neighbours or nay, go he still must. It may have been a pretty hefty gulp, but one swallow can and will never make a summer.

So when Sir Jim Ratcliffe makes the thumbs-up, thumbs-down call on Erik ten Hag's future, it absolutely **MUST** be the latter.

He cannot be dazzled by the glint of silverware. It was sunshine and smiles all the way at Wembley, but he cannot disregard the months of dark and gloom.

Doubtless some would see it as cruel and harsh and others

By PHIL THOMAS



would be horrified if the Dutchman didn't get the chance to at least go into a third season as Manchester United manager.

Yet if Sir Jim, sidekick Dave Brailsford and the Ineos crew are intent on rebuilding and reshaping United into genuine title challengers, it remains a no-brainer.

Yes, the Wembley game plan worked magnificently and in their double Double-chasing neighbours, the nature of the prey was particularly sweet.

City, four-time Premier League champions City, kings of Europe for another week yet City, were undone and downed by a man who has been mercilessly mocked all season.

Ten Hag packed the midfield, played with a false nine, happy



UNITED IN JOY ... ETH waves to fans



YES SIRs ... Brailsford, Fergie 'n Ratcliffe

FA CUP FINAL
PLAYER MOSTS

3 SHOTS ON TARGET
Alejandro Garnacho (Man Utd)

95 PASSES
Rodri (Man City)

5 TACKLES
Bruno Fernandes (Man Utd)

9 TOUCHES IN OPPOSITION BOX
Jeremy Doku (Man City)

MATCH VERDICT



MAN, OH MAN...
United's heroes are all smiles after their 2-1 FA Cup final win over bitter rivals City at Wembley

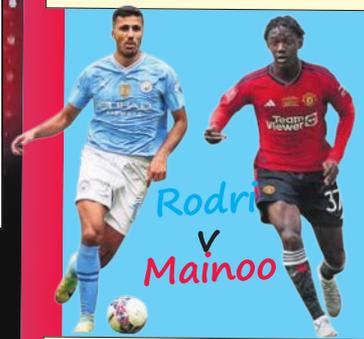
3 KEY CLASHES



THE United defender's heart was in his mouth when he shoved Haaland in the back in the first couple of minutes — but got away with it. From then on he played the City star well, reminding fans what they have missed for much of the season. Haaland hit the bar but had a quiet day. Eventually Martinez's lack of match fitness got the better of him and he was given a breather — but it was a job well done.



A FOOT race inside the first couple of minutes suggested Walker would get the better of his England teammate but credit to Rashford, he got his own back a couple of times. And the homegrown United man had a key role in his team's second with a floated pass to the right. Rashford's influence waned in the second half and Ten Hag opted for defensive stability. Walker had a couple of long-range efforts saved.



IT takes a special player to get the better of City's 'Mr Invincible' but the England youngster managed it. Early on he stopped Rodri getting on the end of a Kovacic pull-back. And what a lovely finish, sweeping home a Fernandes cross. A clumsy challenge on Haaland could have been a pen but his man-of-the-match award was deserved. Rodri ended up on the losing side for the first time in 74 games.

still been too few, by the way — there have been way, way too many lows. In years to come they will look back on the Ten Hag era with obvious fondness. The man who brought the FA Cup back to United and wrecked the neighbours' Double dream in doing so. The man who stuck two fingers up at his critics and they say you are never more than a yard away from at least two of them — by winning the world's most famous domestic Cup competition of them all. But they will also recall the squandered leads, dismal defending and powder puff attacking. They will recall United's worst league season in the Prem era. A campaign of 19 defeats, and a negative goal difference,

one which regularly stumbled from bad to farce. How England's biggest club was in danger of becoming its biggest laughing stock. And they will never, ever forget the eternal shiver-down-the-spine whenever that seven-goal humiliation at Anfield is mentioned. Before yesterday's final — and what a fairytale this truly is for young Kobbie Mainoo — many made reference to Louis van Gaal's sacking following the 2016 Cup win. But there is actually a more pertinent comparison to be drawn. One from May 1981 when United — just like this year — finished eighth. Dave Sexton knew it wasn't good enough but, after United had ended with seven wins on the bounce, was equally confident that he was moving things forward and the future was bright. Rather like Ten Hag has been of late, only on a little dodgier

foundations than Sexton in terms of the long-term league situation rather than short-term Cup one. But in 1981 the Old Trafford board decided the football was simply too dour, the entertainment and excitement too rare. They needed a new man calling the shots. So out went Dreary Dave and in came Ron Atkinson. Although the title never arrived under Big Ron, the smiles did, the fun did, the memorable nights did. In many ways that was also a time when the initial steps were taken down a path ultimately to become two dominant decades under Sir Alex Ferguson. Now Sir Jim finds himself having to make a similar call to the one which saw off Van Gaal and — even more relevant — Sexton before him. Just like back then, the decision must be one of change... and one day in the Wembley sun must not be allowed to alter that.

to suck it up and hit them on the break, demanding United slowed it down to frustrate and stall their rivals. So, to that end it was definitely job done. And on the back of last year's League Cup final victory, gives him two trophies in two years. But Sir Jim cannot — surely will not — let his judgment be coloured by yesterday. In the long term, it is not about finishing one goal in front of City at Wembley. It is about finishing 31 points behind them in the Premier League. And for all the heights of the one-off — of which there have



FLYING THE FLAG... Bruno and Dalot

Toon doom as United boom!

NEWCASTLE were dumped out of Europe by Manchester United's win. And Chelsea are demoted to the Conference League despite finishing sixth in the Premier League. United will now take Blues' Europa League spot alongside Tottenham, going straight into the league stage. Chelsea must qualify for the third-tier competition in a two-legged play-off while Toon miss out despite seventh-place in the Prem.



STAR MAN... Cameroon ace Onana



SOB STORY... Rashford is emotional

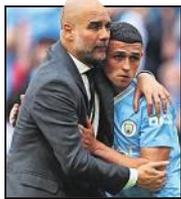
INTERCEPTIONS
3 Aaron Wan-Bissaka (Man Utd)

TOTAL CROSSES
5 Kevin De Bruyne (Man City)

DUELS WON
9 Bruno Fernandes (Man Utd)

TOUCHES
107 Rodri (Man City)

POSSESSION WON
7 Sofyan Amrabat (Man Utd)



WOE... Pep and Foden

Double trouble's my fault says Pep

By CHARLIE WYETT

PEP GUARDIOLA blamed himself after Manchester City failed to lift a second successive Double.

The City boss admitted he got his tactics completely wrong in the first half as Manchester United grabbed a two-goal lead before their 2-1 triumph.

Guardiola said: "I think my game-plan was not good. Due to my decisions, we were not in the right positions to attack them. My mistake.

"Tactically, it was not good, I was not good.

"You plan a game for different positions but it didn't work.

"They made one goal from one shot and the goal from Kobbie Mainoo and no more than that.

"The second half was much, much better. We were more intense, in part because we were 2-0

Tactically, it was not good, I was not good

- PEP GUARDIOLA

down and had nothing to lose. It was a tight game."

City will still hold an open bus parade today after securing a record-breaking fourth successive Premier League title.

And Guardiola maintained this loss will not take the shine off the party for Phil Foden 'n Co.

He said: "When you lose a final, you are disappointed. We have to be so proud and celebrate what we have done."

Guardiola also denied City partied too hard after pipping Arsenal to the title last Sunday.

He said: "No, completely the opposite. They were completely focused."

City skipper Kyle Walker also backed his manager's assessment.

He said: "It's six days. If us athletes can't recover in six days, we've got no chance for everyone.

"Four in a row has never been done until we did it. It's right that we celebrate with our fans.

"Would we have wanted it off the back of this result? Of course not. I'd have liked to get an extra trophy."

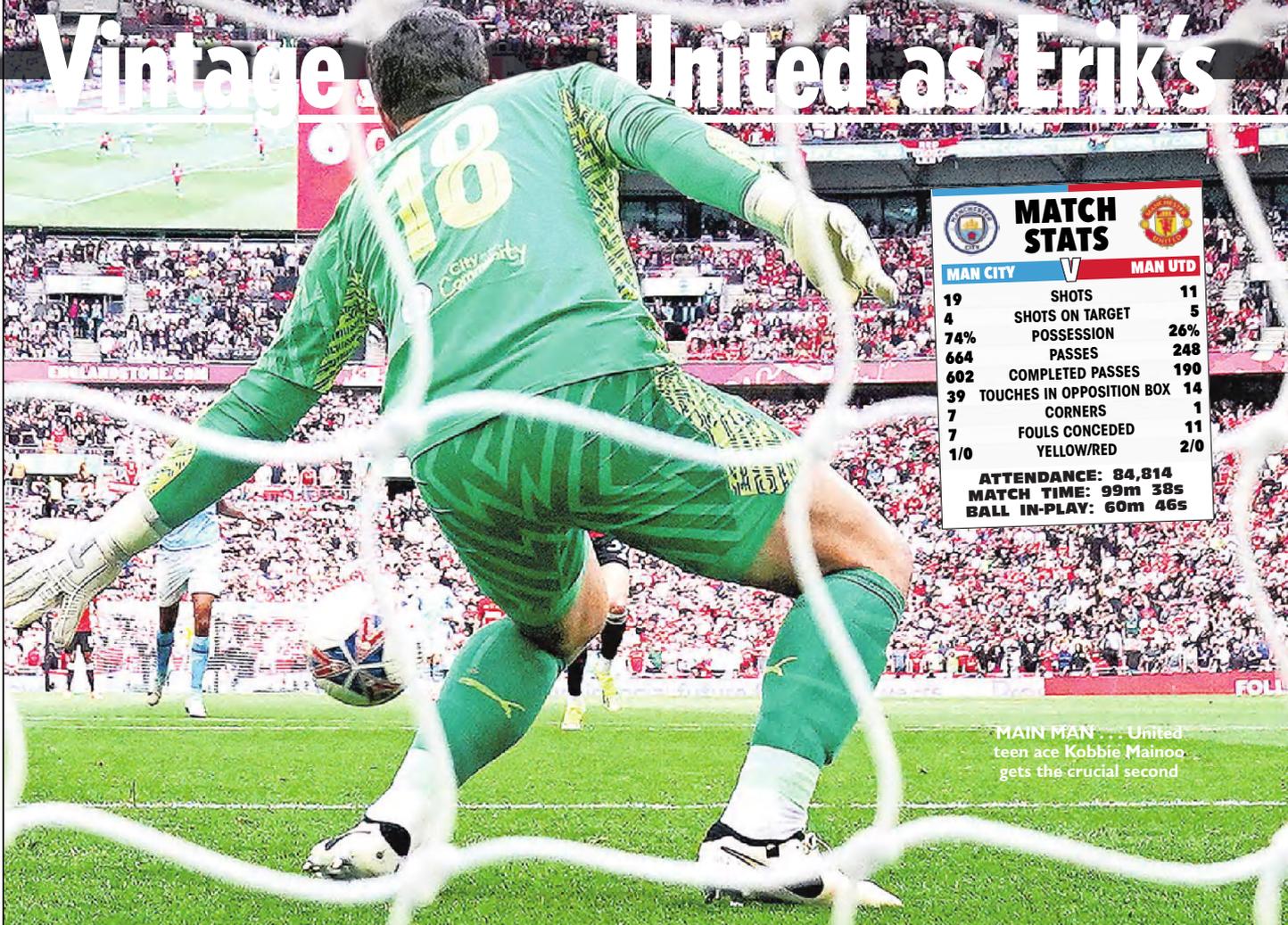
FA CUP FINAL



MAN MAN

SHOCK IT

Vintage United as Erik's



MATCH STATS	
MAN CITY	MAN UTD
19	11
4	5
74%	26%
664	248
602	190
39	14
7	1
7	11
1/0	2/0
ATTENDANCE: 84,814	
MATCH TIME: 99m 38s	
BALL IN-PLAY: 60m 46s	

MAIN MAN... United teen ace Kobbie Mainoo gets the crucial second

'FOOTBALL, bloody hell!' as they used to say when Manchester United really were Manchester United.

With a manager on the brink of the sack, against a Manchester City side who hadn't lost in almost six months - and at odds of 8-1 - United completed one of the greatest FA Cup final upsets of recent times.

Pep Guardiola's men had been white-hot favourites to become the first team in 135 years of English footballing history to win the 'Double Double', to retain both the title and the Cup in the same season.

But the finest team on Earth, the first team to win four consecutive English titles; this relentless, state-funded, finely-tuned trophy machine,

By **DAVE KIDD**



CHIEF SPORTS WRITER

was derailed by local rivals who had achieved laughing-stock status for most of the season.

Suddenly, City looked all too human. Rodri lost in a City shirt for the first time in 75 matches.

Kevin De Bruyne was dragged off early in the second half.

Erling Haaland drew a blank.

Footballer of the Year Phil Foden had a stinker.

Josko Gvardiol and Stefan Ortega staged the mother of all mishaps to provide Alejandro Garnacho with the opening goal.

Then, Kobbie Mainoo added a second to cap a glorious move, started

by Marcus Rashford - frozen out by England but proving his value to United after a miserable campaign at Old Trafford.

In the manner of United's ridiculously dramatic Cup run, boss Erik ten Hag pulled off a tactical masterclass to ambush the one-time 'noisy neighbours' who had dominated them for a decade.

Ten Hag is likely to go irrespective of this triumph, a second win in three domestic cup finals in two seasons.

United had achieved an epic 4-3 success over Liverpool in the quarter-final, then tossed away a 3-0 lead and survived a last-gasp defeat against Championship side Coventry in the semi-final.

This final wasn't anywhere near as dramatic but it was a highly impressive spoiling job against a City side who had been touching invincibility.

And if he does receive a P45, Ten Hag can keep it in a drawer alongside a Cup winner's medal - and in the knowledge that he had out-foxed football's greatest tactician.

Ten Hag played without an authentic centre-forward, sucked City in and won due to two long diagonal passes which stretched their rivals' defence and led to those first-half goals.

Jeremy Doku set up a nervy finale with an 87th-minute strike but United held on through seven minutes of injury-time.

Since the departure of Sir Alex Ferguson - the man who uttered 'football bloody hell!' after the 1999 Champions League final - United have won cup finals against Crystal Palace, Southampton, Ajax and Newcastle.

But this was the first time they had done so against the odds.

Still, sadly for Ten Hag, United

MOST FA CUP WINS

14
ARSENAL

13
MAN UTD

8
CHELSEA

8
LIVERPOOL

8
SPURS

19 KOBBI MAINOO (19y 36d) is the first English teenager to score in an FA Cup final since Steve MacKenzie for Man City in 1981.



CITY 1 MAN UTD 2

GARNACHO 30; MAINOO 39



SHAKY GROUND... Sir Jim greets Ten Hag

HAG

From Back Page

you need the players to be available and a strong squad — especially in England and Europe.”

Ten Hag insisted in an interview with Dutch TV earlier in the day that INEOS had told him they want him to stay.

But he looks certain to get the chop with United speaking to other bosses.

Urged to clarify his comments after the game, Ten Hag said: “That is what they always tell me.”

Ratcliffe smiled and walked off without answering when asked after the game if Ten Hag would be staying.

On whether changing manager now would be a mistake, Ten Hag said: “I don’t think about this.”

“I don’t have to make this decision. When you see the last decade there were not so many finals and trophies for this club.”

“Two trophies in two years is not bad.”

“Three finals in two years is not bad.”

“We have to keep going. I’m not satisfied with it —

We have strengthened the squad by our coaching

— ERIK TEN HAG

we have to do better.” Ten Hag snapped when a journalist asked why United — who finished eighth in the Prem — had been poor so often.

He said: “No, you don’t understand managing a football team. When the players aren’t there I can’t train them and coach them and we will not get the results we want.”

“I enjoyed this final, in terms of lifting the trophy but especially the way we played against the best team in the world.”

Captain Bruno Fernandes, who set up Mainoo’s goal with a fine pass, sidestepped questions about Ten Hag’s future.

He said: “That’s not for me to decide — I’m just a football player.”

Fernandes also incredibly said Ten Hag often gets his tactics WRONG.

He added: “He prepares every game well. Sometimes it works, sometimes it doesn’t.”

“We knew what we needed to win the game.”

“We know they are a brilliant team — but we knew if we did the right things we could win.”

TO THEM

heroes upset the neighbours



THAT’S AL, FOLKS... Alejandro Garnacho gets first



WHAT’S UP DOK... Jeremy Doku pulls a goal back

PHIL THOMAS' BIG-MATCH VERDICT
SEE PAGES 64 & 65

managers aren’t judged on domestic cups. They are judged on the Premier League, in which they have just finished in a lowest-ever eighth place.

And in the Champions League they crashed out, bottom of their group.

Whoever is in charge, United will now compete in the Europa League next term, with Chelsea dropping into the Conference League and Newcastle missing out on Europe altogether.

Before kick-off, there was the usual pomp and ceremony, hymns and arias, pyrotechnics and servicemen.

Then United hoped to keep things tight for the opening 20 minutes rather than the 12 seconds they had managed before Ilkay Gundogan opened the scoring in last season’s Cup final between the same clubs.

But within a minute, Guardiola was hopping mad, demanding a penalty for a Lisandro Martinez shove on

Haaland, which ref Andy Madley and his VAR ignored.

United packed the midfield, often had 11 men behind the ball waiting for a City mistake — and on 30 minutes it arrived.

Right-back Diogo Dalot, United’s best player this season, spotted Garnacho and delivered a brilliant diagonal ball from deep.

Croatian £77million summer buy Guardiola panicked and headed over an onrushing Ortega, offering the Argentinian winger an open goal, to which he gleefully tapped in.

United’s tails were up and Rashford soon found the net only for Garnacho to be ruled offside in the build-up.

No matter, six minutes before the break United doubled their lead.

Rashford picked out Garnacho with a masterful crossfield pass, then Bruno Fernandes teed up Mainoo on

slot past Ortega. At half-time, Guardiola sent on Doku for Mateo Kovacic in a desperate bid for more width, while Manuel Akanji replaced the struggling Nathan Ake in defence.

City peppered the United goal but to no avail.

Rodri tried to beat Andre Onana from inside his own half, Foden fell over his own feet, then Haaland thudded against the bar.

Guardiola dragged off the ineffective De Bruyne and sent on Argentina World Cup winner Julian Alvarez.

City skipper Kyle Walker let rip from 35 yards but United keeper Onana dived to push wide before Alvarez blazed over.

Next, Foden slipped a gorgeous pass through to release Alvarez who stabbed wide when he ought to have scored and got his side back into it. Garnacho had a shot beaten away

by Ortega as United’s counter-attacking threat remained.

Martinez and Walker staged a rutting match, just as United’s Argentinian Red Dwarf centre-half was taken off with cramp.

Then, with three minutes of normal time left, Doku’s daisy-cutter from outside the area beat Onana at his near post to set up a tense finale.

Including injury-time there was still 10 minutes to play and City sensed an equaliser but United clung on.

At the final whistle, Ten Hag embraced Martinez and cavorted around the red end of Wembley.

What a way to go.

HOW THEY LINED UP

MAN CITY: Ortega, Walker, Gvardiol, Kovacic (Doku 46), Stones, Ake (Akanji 46), Bernardo, Rodri, Haaland, De Bruyne (Alvarez 56), Foden.

MAN UTD: Onana, Wan-Bissaka, Dalot, Mainoo, Varane, Martinez (Evans 73), Garnacho (Lindelof 90), Amrabat, McTominay (Mount 90), Fernandes, Rashford (Hojlund 74).

2 ALEJANDRO GARNACHO became only the second Argentinian to score in an FA Cup final after Ricky Villa for Spurs v Man City in 1981.

4 FOUR of the last five goals by teens in FA Cup finals have been by United — Norman Whiteside 1983, Cristiano Ronaldo 2004 plus Garnacho and Mainoo.

9 THIS was City’s ninth major final under Pep Guardiola and only the second time they have failed — also losing 2021 Champions League final v Chelsea.





CHAMPIONSHIP PLAY-OFF FINAL: LEEDS v SOUTHAMPTON

DAN JAMES EXCLUSIVE

See Pages 60-61



THE FA CUP FINAL



WHAT A CARRY ON!

Manchester City.....1
Manchester United..2

By CHARLIE WYETT

DOOMED Erik ten Hag delivered a defiant message to Manchester United's owners after their shock FA Cup final victory over City.

Ten Hag claimed even if he does get sacked by Sir Jim Ratcliffe, he will simply go somewhere else and carry on winning trophies.

First-half goals from Alejandro Garnacho and Kobbie Mainoo saw the Red Devils qualify for the Europa League – and prevent Pep Guardiola's men from securing a Double Double.

Jeremy Doku pulled one back late on for the champions but City suffered their first defeat over 90 minutes since December 6.

Ten Hag said: "When I started, I said 'I am here to win and also I want to build a team'.

"I am doing both but, if they don't want me any more, I will go somewhere else and win trophies.

"I am in a project and we are exactly where we want to be. We are constructing a team for the future.

"When I took over we were in a mess. The team is developing, the team is winning and plays to an identity. But

Turn to Page 67

SEALED WITH A KISS . . . Ten Hag gets a lift from Lisandro Martinez and with the FA Cup after United's stunning triumph



Ten Hag inspires United to epic win but still faces sack

He tells Sir Jim: I'll go somewhere else & win trophies



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2 1 >

SINGER'S ON SONG

RYAN MOORE hopes Opera Singer can hit the high notes in the Irish 1,000 Guineas to get Coolmoore on the board in this year's Classics.

French Group 1 winner Opera Singer (3.45) missed the 1,000 Guineas at Newmarket due to a setback. But she has roared back to full fitness on the Ballydoyle gallops and Moore said: "She was impressive in France last season. It's a tough race but she's a very good filly."

Moore is also back on board Aidan

By OWEN GOULDING

O'Brien's dual Derby and Breeders Cup hero Auguste Rodin who bids to put a dismal last run behind him in the Tattersalls Gold Cup (3.10).

Moore said: "We've been here before with Auguste Rodin. "He gets knocked down but keeps getting back up."

"He will take some stopping if he's at his superb best — I hope he will show his true worth."



WAR BABY... Hayley Turner flies home on Tides Of War

HAY STAR HAYLEY

By OWEN GOULDING

SUN jockey Hayley Turner capped a fabulous across-the-card four-timer for lucky owner Fitri Hay.

The Hay family's Mitbaahy flew home under a classic Jamie Spencer ride to win the Greenlands at the Curragh, before Jakarta and Starlust struck at Goodwood and York. Hayley completed a brilliant day by getting Tides Of War up in the dying strides of a 1m6f slog at Goodwood. She said: "I fancied him to run a

big race. It was close but I thought we'd get there. I'm delighted."

Meanwhile, dual Group 1 winner Vandeek lost his unbeaten record when only third to impressive Inisherin in the Sandy Lane at Haydock.

However Adam West was delighted with Live In The Dream's Temple second to Kerdos. West said: "I'm very happy. It was top, top effort on that ground and he's had a nice blow."

THE HOME OF RACING Favourite

Sunday, May 26, 2024



THRILLER... Rosallion (far side) just gets up to beat stablemate Haatem

FREE WITH



in association with



By OWEN GOULDING

RICHARD HANNON gave his rivals the old one-two with Rosallion's last-gasp Irish 2,000 Guineas win.

Loyal Sean Levey rode the race of his life to pick off stablemate Haatem in the dying strides of a nip-and-tuck finish.

Hannon and Levey had said Haatem — one place behind Rosallion in third in the Guineas at Newmarket — would be better suited by the Curragh's galloping test.

And it looked set to be the case when Haatem and Jamie Spencer powered to the front two furlongs out.

However a devastating gear-change from brilliant Rosallion in the final furlong saved a relieved Levey's blushes.

Swaziland-born Levey (below) said: "I've great memories of this track, but I've never come here with a horse like Rosallion. It's great for the gaffer to train the first and second."

"I thought Haatem would be a lot better horse on this track and he'd take all the beating."

"I wasn't far wrong — he ran a blinder but my lad's turn of foot got me

Turn to P2-3



HEART OF A LION

ROB THE BOSS AS HANNON'S CHAMPION WITH A Classic 1-2

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Favourite HOME OF RACING FIRST PAST THE POST

IRISH 1,000 GUINEAS DAY AT THE CURRAGH

EAMONN HAMES

- 1.25 Cold Hearted
- 2.00 Zaynab
- 2.35 Rogue Millennium
- 3.10 Auguste Rodin
- 3.45 Purple Lily
- 4.15 Spoken Truth (nb)
- 4.50 Hanalia
- 5.25 HARSH (map)

TOM PEPPER

- 1.25 Heavens Gate
- 2.00 Cheeky Wink
- 2.35 Orchid Bloom
- 3.10 Elegant Man
- 3.45 Opera Singer
- 4.15 Mundi
- 4.50 Cathedral Peak
- 5.25 Valleyoftheeagles

TEMPLEGATE'S TRIO: Big Blue Moon and Next Left (double, both Uttoxeter) with Five Dollar Fine (Kelso). **TOM PEPPER'S DOUBLE:** Your Darling (Uttoxeter) and Mistral Nell (Kelso). **SUNRATINGS' NAP:** GO BOY (2.50 Kelso). **SIRIUS, Sun On Sunday, nap: MIDNIGHT GOLD (3.50 Fontwell).**

GOOD (GOOD TO FIRM)

1.25 TRAINER STONE AND TILE IRISH EBF FILLIES (MAIDEN; 2-y-o; winner €14,999; 6f. (13 runners)

- 1 (12) AL ROJO VIVO D Bryan 9-2..... Billy Lee
- 2 (11) AND SO TO BED J O'Brien 9-2..... Dylan McMonagle
- 3 (13) COLD HEARTED 27 J Harrington 9-2..... Shane Foley 85
- 4 (8) FAR AT SEA B Fitzgerald 9-2..... Luke McAteer 97
- 5 (3) GRANDE MARQUES J Stack 9-2..... Seamie Heffernan
- 6 (2) HEAVENS GATE 19 A P O'Brien 9-2..... Ryan Moore 99
- 7 (6) HUGO'S GIRL 16 T Dowling 9-2..... Oisín McSweeney 93
- 8 (10) JANUARY A P O'Brien 9-2..... Wayne Lordan
- 9 (2) MARYS NOT CONTRARY J Harrington 9-2..... Nathan Cross
- 10 (7) QUEENS FURY 7 A Murray 9-2..... David Egan 96
- 11 (9) RED VEIL 27 M O'Callaghan 9-2..... Colin Keane 89
- 12 (4) SHELAKA 33 D Weld 9-2..... Chris Hayes 94
- 13 (1) TWINKLING TOES 16 C Weld 9-2..... Niall McCullagh 94

BETTING: 11-8 Heavens Gate, 6 Cold Hearted, 13-2 January, 8 And So To Bed, 10 Hugo's Girl, 12 Twinkling Toes, Queens Fury, 14 Red Veil

WHERE FAVOURITES FINISHED: 5, 2, 6, 2, 4, 4

2023: Matricca 9-2 Ryan Moore 64 (A P O'Brien) drawn 7, 9 ran.

2.00 QUINBET SPRING FILLIES HANDICAP; 3-y-o; value to the winner €30,000; 1m. (11 runners)

- 1 (2) 4139-1 ASIAN DAZE 20 (C) J Murtugh 9-12..... Rory Mulligan (7) 98
- 2 (10) 188-7 SHELLEN 27 G Cromwell 9-9..... Gary Carroll 96
- 3 (8) 5-15 CHEEKY WINK 14 J Murtugh 9-7..... Ben Coen 92
- 4 (3) 5-34 FLIGHT OF FANCY 15 A P O'Brien 9-7..... Ryan Moore 96
- 5 (11) 15-32 SLUCE 20 (BF) J O'Brien 9-3..... Dylan McMonagle 97
- 6 (7) 316-7 PROFIT REFUSED 7 K Prendergast 9-2..... Rory Cleary 89
- 7 (6) 19-2 SHELAKA 33 D Weld 9-2..... Chris Hayes 94
- 8 (1) 139-70 LIA FAIL 16 (M) M Mulvaney 8-13..... Wesley Joyce (5) 79
- 9 (9) 51 ZYANAB 36 (C) G Elliott 8-13..... Declan McDonogh 99
- 10 (6) 3-33 EVENING BLOSSOM 16 (BF) J O'Brien 8-12..... Wayne Hassett (5) 92
- 11 (4) 755-SEPTEMBER LEAVES 184 (V) J Harrington 8-7..... Kathleen Kennedy (7) 96
- 12 (12) 11-4 Asian Daze 9-2 Sluce, 5 Flight Of Fancy, 6 Evening Blossom, 7 Shelaka, 8 Cheeky Wink, 10 Zaynab, 12 September Leaves

WHERE FAVOURITES FINISHED: 4, 7, 1, 2, 2

2023: Bellaphina 9-2 Conor Maxwell 13-2 (J A Kinsella) drawn 7, 10 ran.

2.35 LANWADES FILLIES STAKES (GROUP 2); winner €72,000; 1m (9 runners)

- 1 1640-3 GIRL RACER 32 (H*)
- (2) J Murtugh 4-9-2..... Ben Coen 89
- Runs: 5 Wins: 1 (A) Places: 1 €9,375
- Bit to find on overall form, needed the run at Gowran Park, bit to find
- (2) 38-312 GOLDANA 18 (BF,C,D)
- (9) J P O'Brien 5-9-2..... Declan McDonogh 98
- Runs: 17 Wins: 5 (2S,GS) Places: 7 €108,799
- Strong stayer at this trip, loves the mud so could do with rain, go well
- (3) 2757-1 GREGARINA 20 (H,C,D)
- (3) J P O'Brien 5-9-2..... Mikey Sheehy 92
- Runs: 16 Wins: 4 (2S,GS) Places: 5 €145,008
- No fluke about her Group 3 win here latest, leading contender

(7) 6640-6 MAMMAS GIRL 69

(7) A Murray 4-9-2..... David Egan 90

Runs: 8 Wins: 2 (GS,G) Places: 1 €71,975

Inconsistent, plenty of pace so not sure if she stays a mile, ignore

(5) /3158- OCEAN JEWEL 260 (H)

(6) W McCreery 4-9-2..... Billy Lee 97

Runs: 7 Wins: 2 (2G) Places: 2 €50,104

Proven at 7f but yet to prove stamina for a mile, decent chance if she stays

(6) 2132-6 ORCHID BLOOM 22 (BF,D)

(8) W Haggas (UK) 4-9-2..... Tom Marquand 96

Runs: 7 Wins: 2 (2S) Places: 4 €40,659

Progressing through the ranks, never showed up at Goodwood, do better

(7) 15205- ROGUE MILLENNIUM 218 (D)

(1) J P O'Brien 5-9-2..... Dylan McMonagle 99

Runs: 14 Wins: 3 (2F,G) Places: 5 €340,493

Classy, won at Royal Ascot and competitive at Group 1 level, one to beat

(8) 1786-4 VILLANOVA QUEEN 18 (D)

(5) J Harrington 5-9-2..... Shane Foley 94

Runs: 12 Wins: 3 (2G) Places: 1 €76,467

Quirky but has talent, loves quickening off a fast gallop, can get involved

(4) 126-42 YOU SEND ME 20

(8) J Stack 4-9-2..... Seamie Heffernan 92

Runs: 6 Wins: 1 Places: 2 €38,554

Kept on well when runner-up here latest, could do with rain, respected

BETTING: 6-4 Rogue Millennium, 7-2 Orchid Bloom, 9-2 Ocean Jewel, 10 You Send Me, Villanova Queen, 12 Goldana, 14 Gregarina

WHERE FAVOURITES FINISHED: 2, 1, 4, 1, 5

2023: Just Beautiful 5-9-2, W Lee 4-1 (P Tomey), dr 8, 8 ran.

Sunracing FORM

- (8-9) MAMMAS GIRL (10-0) 18-1 tracked leader, led 3f out, beat 2/4 out, dropped to 6th (over 10 f) on impression, 6th (6th 12f) (10 ran) (Curragh 1m Gr 3 (1) €41,000 heavy).
- (9-2) ROGUE MILLENNIUM (9-7) 12-1 rear of mid-division, ridden 2f out, stayed on well final furlong, bit 1/4 by Tahiyra (9-2) OCEAN JEWEL (9-2) 66-1 (1) (near, outpaced, never a factor, 8th (btm 8/1) (12 ran) (Leopardstown 1m Gr 1 (1) €244,247 good).
- ORCHID BLOOM (9-7) 5-2 fav held up, ridden 2f out, weakened, 8th of 8 (btm 11) to Royal Dress (9-7) (Goodwood home, headed on line, hd (10 ran) (Curragh 7f Gr 3 (1) €40,500 good).
- GOLDANA (10-0) 6-4 fav led 2 1/2 out, kept on well, 11th (11) to Big Rock (9-3) pace, 3rd of 10 (btm 1/4) to Brilliant

3.10 TATTERSALLS GOLD CUP (GROUP 1); value to winner €300,000; 1m 3f (8 runners)

- 1 1011-0 AUGUSTE RODIN 57 (C,D)
- (7) A P O'Brien 4-9-5..... Ryan Moore 99
- Runs: 11 Wins: 7 (F,2S,3G) Places: 1 €410,676
- Multiple Group 1 winner, either wins or blows out, hard to beat on form
- (2) 171-67 CRYPTO FORCE 28 (C)
- (3) A Murray 4-9-5..... Rossa Ryan 76
- Runs: 5 Wins: 2 (C) Places: 1 €70,183
- Looks to be in here to set a nice gallop for his stablemate, best watched

(5) 12-11 ELEGANT MAN 58 (D)

(5) A Murray 4-9-5..... David Egan 94

Runs: 4 Wins: 3 (3A) Places: 1 €127,901

All form is on the a-w, but trainer reckons he will handle turf, respected

(4) 180-15 HANS ANDERSEN 16 (C)

(4) A P O'Brien 4-9-5..... Wayne Lordan 87

Runs: 9 Wins: 3 (S,A,G) Places: 2 €84,012

Group 3 performer at best, struggled at Chester latest, hard to fancy

(5) 442-32 LORD MASSUSUS 20 (C)

(6) J Murphy 4-9-5..... Gary Carroll 92

Runs: 16 Wins: 5 (S,G) Places: 3 €73,022

Useful, can race keenly but chance of hitting the places if he settles

(6) 156-84 MASHHOOR 16 (P,CD)

(8) J Murtugh 6-9-5..... Ben Coen 90

Runs: 16 Wins: 5 (S,G) Places: 2 €133,050

Likes it here, goes best from the front but may find a few too classy

(2) 384-11 WHITE BIRCH 20 (T,CD)

(2) J Murphy 4-9-5..... Colin Keane 97

Runs: 9 Wins: 4 (3S,A) Places: 2 €340,061

Classy, well on top when putting up here in the Mooresbri, big danger

(8) 42136- LUMIERE ROCK 204 (CD)

(1) J P O'Brien 4-9-2..... Dylan McMonagle 92

Runs: 12 Wins: 2 (S) Places: 6 €318,672

Tough filly, stays well and has every chance of placing if ready to roll

BETTING: 4-7 Auguste Rodin, 5 White Birch, 6 Elegant Man

WHERE FAVOURITES FINISHED: 1, 1, 2, 3, 4, 5

2023: Luxembourg 4-9-5, R L Moore 11-4 (A P O'Brien), dr 2, 6 ran.

Sunracing FORM

- AUGUSTE RODIN (8-13) 11-8 fav behind, never involved, last of 12 to Rebel's Romance (9-0) (Meydan 1 1/4m Gr 1 €2,702,834 good).
- CRYPTO FORCE (9-2) 33-1 no extra, 7th of 9 (4) to Haya Zark (9-2) (Longchamp 1 1/4m Gr 1 (1) €149,061 soft).
- ELEGANT MAN (9-12) 11-4 fav led 8f out, clear 3f out, kept on well, bit Penzance (9-2) 1/4 (14 ran) (Newcastle 1 1/4m hcap (2) €103,000 AW).
- MASHHOOR (9-3) 14-1 soon led, headed final furlong, no extra, 4th of 6 (btm 7/1) to Passenger (9-3) HANS ANDERSEN (9-3) 11-2 kept on same pace, 5th (btm 8) (6 ran) (Chester 1 1/4m Gr 2 (1) €72,869 good to firm).
- WHITE BIRCH (9-5) 2-1 led 2f out, easily, bit LORD MASSUSUS (9-5) 20-1 kept on in out, 3 1/4 (5 ran) (Curragh 1 1/4m Gr 2 (1) €72,000 soft).
- LUMIERE ROCK (8-8) 18-1 no extra, 6th of 12 (3) to Inspiral (8-12) (Santa Anita 1 1/4m Gr 1 (1) €886,667 good to firm).

3.45 TATTERSALLS IRISH 1,000 GUINEAS (FILLIES) (GR 1) 3-Y-O; €290,000; 1m, 14 runners

- 1 11-1 A LILAC ROLLA 49 (C)
- (6) P Tomey 9-2..... Colin Keane 95
- Runs: 3 Wins: 3 (2S,G) Places: 1 €56,306
- Tough Gr 3 win at Leopardstown, beat Opera Singer last season, respected
- (2) 21-251 ALPHERATZ 12 (D)
- (12) J Murphy 9-2..... Gary Carroll 89
- Runs: 5 Wins: 2 (S) Places: 2 €40,994
- Tough, nice confidence boost at Killamey latest, this is much tougher

(2) 1-AZADA 218

(2) D Weld 9-2..... Chris Hayes 94

Runs: 1 Wins: 1 (S) Places: 1 €38,496

Impressive on debut, trainer rates her but lack of experience is a concern

1-7 BLEUDRUM 20

(1) J Harrington 9-2..... Shane Foley 86

Runs: 2 Wins: 1 Places: 1 €8,496

Hard to work out how talented she is, struggled here latest, bit to find

1-32 BUTTONS 14 (BF)

(10) A P O'Brien 9-2..... Wayne Lordan 94

Runs: 3 Wins: 1 (G) Places: 2 €22,409

Improving, given poor ride at Leopardstown, worth another chance

(1) 71-43 EVERLASTING 29 (D)

(1) A P O'Brien 9-2..... Dylan McMonagle 90

Runs: 4 Wins: 1 (S) Places: 1 €17,266

Strong stayer, big effort when third in the Blue Wind at Navan, e-w

(3) 1211-8 FALLEN ANGEL 21 (BF,C)

(3) K Burke (UK) 9-2..... Daniel Tudhope 97

Runs: 5 Wins: 3 (F,G) Places: 1 €260,415

Won Moylagre here last season, no show in 1,000 Guineas, bit to prove

(4) 74-302 FINSCAL LUAS 14 (T,BF)

(4) J Bolger 9-2..... Rory Cleary 75

Runs: 5 Wins: 1 Places: 2 €5,764

Rank outsider, bred to be good but yet to break her maiden, ignore

(13) 8121-1 OPERA SINGER 238 (CD)

(13) A P O'Brien 9-2..... Ryan Moore 99

Runs: 5 Wins: 3 (S,G) Places: 1 €271,681

Class act, electric Gr 1 win in France on final start, hard to beat if ready

(7) 22582-2 PEARLS AND RUBIES 239

(7) A P O'Brien 9-2..... Ben Coen 92

Runs: 6 Wins: 1 (G) Places: 3 €102,306

Plenty of quirks but she does have talent, must be ridden with patience

(8) 1-12 PURPLE LILY 29 (BF,D)

(8) P Tomey 9-2..... Billy Lee 96

Runs: 3 Wins: 2 (2S) Places: 1 €31,115

Talented, lost unbeaten record in the Blue Wind, drop in trip will suit

(12) 32- QUEEN OF THUNDER 263 (BF)

(14) K Condon 9-2..... Ronan Whelan 82

Runs: 2 Wins: 1 Places: 1 €7,146

Useful maiden, trainer does not run horses in classics for the fun of it

(9) 412- SKELLET 226 (BF)

(9) R Beckett (UK) 9-2..... Rossa Ryan 91

Runs: 3 Wins: 1 (F) Places: 1 €29,313

UK raider, useful level as a juvenile and scope to progress further

(5) 3212-3 VESPERTILIO 14 (C)

(5) W McCreery 9-2..... Declan McDonogh 97

Runs: 5 Wins: 1 Places: 4 €192,516

Promising, finished well for third in the French Guineas, strong fancy

BETTING: 15-8 Opera Singer, 5 Vespertilio, Fallen Angel, 8 Purple Lily, Buttons, 10 A Lilac Rolla, 14 Azada, 16 Skellet

WHERE FAVOURITES FINISHED: 1, 6, 7, 2, 1

2023: Tahiyra 9-2, C Hayes 2-5 Fav (D K Weld), drawn 1, 10 ran.

Sunracing FORM

- A LILAC ROLLA (9-2) 9-2 led final 150 yards, kept on well, bit Kitty Rose (8-2) hd BOUTONS (9-2) 17-2 stayed on 1f out, 3rd (btm 3) ALPHERATZ (9-2) 10-3 fav one pace, 5th (btm 3/4) FINSCAL LUAS (9-2) 18-1 no extra, 10th (btm 8/1) (11 ran) (Leopardstown 7 Gr 3 (1) €33,000 heavy).
- ALPHERATZ (9-6) 10-11 fav made all, all out close home, bit Illura (8-13) nk (4) (Killarney 1m 3yo flt €13,200 soft).
- AZADA (9-2) 4-1 towards rear, stayed on to lead 100 yards out, ran on well, bit Harbour Gem (9-2) 2/1 (12 ran) (Leopardstown 7 mdn €9,700 heavy).
- BLEUDRUM (8-1) 8-1 no impression 1f out, 7th of 10 (6/1) to Gregarina (9-9) Curragh 7f Gr 3 (1) €40,500 soft).
- BUTTONS (9-2) 6-5 fav held up, headway 1f out, kept on one pace, 7/4 by Wendla (9-2) (7 ran) (Leopardstown 1m Gr 3 (1) €31,500 good).
- PURPLE LILY (9-2) 5-4 fav led 1f out, soon headed, one pace, bit 7/4 by Zeyliya (9-2) EVERLASTING (9-2) 6-1 no extra, 3rd (btm 1) (7 ran) (Navan 1 1/4m Gr 3 €39,000 good).
- FALLEN ANGEL (9-2) 10-3 fav tracked leaders, one pace final furlong, 8th of 16 (4/1) to Elmalka (9-2) (Newmarket 1m Gr 1 (1) €297,019 good).
- FINSCAL LUAS (9-1) 11-4 1f fav kept on same pace 1f out, bit 2/1 by Lope De Lias (9-1) (9 ran) (Leopardstown 1 1/4m mdn €9,000 good).
- OPERA SINGER (8-1) 6-4 made all, bit Rose Bloom (6-1) 5/1 (10 ran) (Longchamp 1m R 1222,000 good).
- PEARLS AND RUBIES (9-2) 33-1 held up, ran on final furlong, 1/4 by Porta Fortuna (9-2) (11 ran) (Newmarket 7 Gr 3 (1) €15,952 good to firm).
- QUEEN OF THUNDER (8-1) 4-6 fav kept on and pressed winner to line, headed 3rd by The Caribbean (9-3) (4 ran) (Cork 7-1 €18,318 good).
- SKELLET (9-2) 7-4 fav led 1f out, headed near finish, bit nk by Dance Sequence (9-2) (7 ran) (Newmarket 7 Gr 3 (1) €34,026 good to soft).
- VESPERTILIO (8-13) 12-1 ridden final furlong, snatched 3rd close home, 3rd of 16 (1/2) to Roumy (8-13) (Longchamp 1m Gr 1 €301,304 good).

4.15 HEIDER FAMILY STABLES GALLINIE STAKES (GROUP 3) 3-Y-O; €36,000; 1m 2f (9 runners)

- 1 2122-3 CHIEF LITTLE ROCK 33 (BF)
- (1) A P O'Brien 9-5..... Wayne Lordan 99
- Runs: 5 Wins: 1 (G) Places: 3 €60,935
- Experienced, disappointing in a Derby Trial at Epsom, rejected by Moore
- (8) 14 ECUREUIL SECRET 20
- (8) E O'Grady 9-5..... Oisín Murphy 86
- Runs: 2 Wins: 1 (S) Places: 1 €10,174
- Showed up well in a Listed contest here latest, top rider booked
- (6) 261- FORMAL DISPLAY 198
- (6) G Lyons 9-5..... Colin Keane 95
- Runs: 3 Wins: 1 (A) Places: 1 €13,628
- Well regarded, only workmanlike at Dundalk in Nov, more to come

(1) 1 MUNDI 44

(1) A P O'Brien 9-5..... Ryan Moore 93

Runs: 1 Wins: 1 (A) Places: 1 €6,783

Nothing special about his debut win at Dundalk, but scope to improve

(4) 6-112 NORWALK HAVOC 20

(4) J Harrington 9-5..... Shane Foley 95

Runs: 4 Wins: 2 (2S) Places: 1 €28,604

Progressive, gave it a good go when second here latest, strong fancy

(5) 4-1 SPOKEN TRUTH 30 (D)

(5) D Weld 9-5..... Chris Hayes 97

Runs: 2 Wins: 1 (S) Places: 1 €7,230

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KELSO JUMPERS

TIC-TAC: Left-handed oval track of 1m 3ft, nine fences per circuit and uphill run-in. Hurdle course runs inside the chase course. FAVOURITES: (2019-2024): 189 have won out of 508 races (37%). At corresponding meetings, 20 have won out of 50 races (40%). LIVE ON RACING TV

HOT 'N NOT TRAINERS with best record in last 14 days: N Alexander 4 winners from 10 runners; J Teal 4 from 11; D McCain 7 from 25; S England 4 from 18. JOCKEYS with best record in last 14 days: E Callwood 2 wins from 2 rides; J Teal 5 from 12; J Hogan 2 from 6; B Lynn 3 from 10. TRAINERS who have had the most runners since last win: M Barnes 69; B Hillman 34. JOCKEYS who have had the most rides since last win: H Reed 43; S Colthard 42.

TOP TRAINERS 2019-2024 L Russell 45-340, A M Thomson 37-174, N Alexander 29-227, D McCain 20-107, R Dobbin 20-120, W Colthard 17-119, J Jardine 13-96, F O'Brien 11-25.

TOP JOCKEYS 2019-2024 B Hughes 45-272, R Mania 39-174, Sean Quinlan 31-190, C Nichol 31-195, D R Fox 26-164, B Lynn 18-108, D McMenamin 16-152, C O'Farrell 13-152, P W Wadge 11-57.

TRAINER TRACE FIRST RACE FOR NEW YARD: 2.15 Someone You Loved B Nedrostek (Ger) to F O'Brien. RACEFAX: None. LONGEST TRAVELLERS: Melusine De Paill (4.00) trained by Noel Williams, Blewbury, round trip of 686 miles; Slievegear (5.10) trained by M Comley, Cirencester, round trip of 640 miles; Coolidge Bog (5.10), Miss A Jackson-Fennell, Chipping Norton, round trip 622 miles.

JOB JOCKEYS JOB JOCKEYS: Mr M Herbert rides Yippee Ki Yay (5.30) for Mrs N Sheppard, 3 from 6, 30%; H Brooke rides Gale Mahler (5.45), 4 from A Keatley, 5 from 12, 42%. Miss E Callwood rides Bothwell Bridge (5.10) for Miss K Morgan, 8 from 20, 40%.

plegate EVE MULLEN IS G'S NO1 TIPSTER in the Irish 1,000 Guineas... favourite for the Newmarket version... trainer Tom... last year and roll after her market. BLUE MOON... trainer Tom... smaller obse form with fast time out... than fair comprehension... front... which is a... at direction... racing at the... in at War... strong-ger distance... with that first run under his belt... record at the track... (reble) has won his past two races... cank... and he can bring up the hat-trick... WTHORNE BANKER (5.35 Fontwell)... despite being badly hampered...

FIVE DOLLAR FINE BIG BLUE MOON NEXT LEFT CAWTHORNE BANKER

Table with 2 columns: TEMPLEGATE and TOM PEPPER. Lists race numbers, names, and jockeys.

Table for J.A. WILSON CONTRACTORS NOVICES' HURDLE (Class 4). Lists race number, name, jockey, and odds.

Table for SCHLOSS ROXBURGH HOTEL CHASE (4). Lists race number, name, jockey, and odds.

Table for 3435-P IMPULSIVE ONE 15 (T). Lists race number, name, jockey, and odds.

Table for 0/123-GO BOY 57. Lists race number, name, jockey, and odds.

Table for 42P1-FIVE DOLLAR FINE 15. Lists race number, name, jockey, and odds.

Table for 110P-7 HIDDEN COMMANDER 18 (P,T;CD). Lists race number, name, jockey, and odds.

Table for 5F34-5 CHAPEL GREEN 15 (P). Lists race number, name, jockey, and odds.

Table for 1447-2 EVERYDAY CHAMPAGNE 18 (P). Lists race number, name, jockey, and odds.

GOING: GOOD TO SOFT

Table for FIVE STAR TAXIS MARES' HANDICAP HURDLE (4). Lists race number, name, jockey, and odds.

Table for 384F-7 LONE STAR 17 (T). Lists race number, name, jockey, and odds.

Table for 1749-BLUE BALOO 67. Lists race number, name, jockey, and odds.

Table for P217-2 MISTRAL NELL 19. Lists race number, name, jockey, and odds.

Table for 3518-6 BRIGHT SUNBIRD 16 (P;D). Lists race number, name, jockey, and odds.

Table for 9604-U-AAZZA 78. Lists race number, name, jockey, and odds.

Table for 4769-G-STARLYTE 18 (P,T). Lists race number, name, jockey, and odds.

Table for 55F5-SOMEBODY'S FORTUNE 31 (T,V*). Lists race number, name, jockey, and odds.

Table for 3212/9-GOODTIMES BADTIMES 77. Lists race number, name, jockey, and odds.

Table for BORDERS DISTILLERS CORINTHIAN SPIRIT HUNTERS' CHASE x FINAL (3). Lists race number, name, jockey, and odds.

LION HEART From Page One... a little bit special and we built him up quite a lot so it's lovely to see him win a Classic. Both horses ran the races of their lives. Rosallion will go to Ascot now and it'll be a great race for everybody. Haatem's day will come too. Rosallion was cut to 7-4 (from 3) for the St James's Palace on June 18 where he will get a tasty second bite at his Newmarket conqueror Notable Speech. Aidan O'Brien had been going for a 13th win in the race but River Tiber was only third leaving him still searching for his first Classic win of the season.

EVERYDAY CHAMPAGNE (2.50 Kelso) was beaten in a photo here last time and is in the hunt again. Have an each-way double with BALLYFIN (3.50 Fontwell) who makes his handicap debut off a fair mark in an open race.

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28 MAY - 1 JUNE 2024

THE Sun ON SUNDAY

TV
SO

7-DAY
TV LISTINGS

BIGGER!
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CHANNELS!

EastEnders

All's fair in

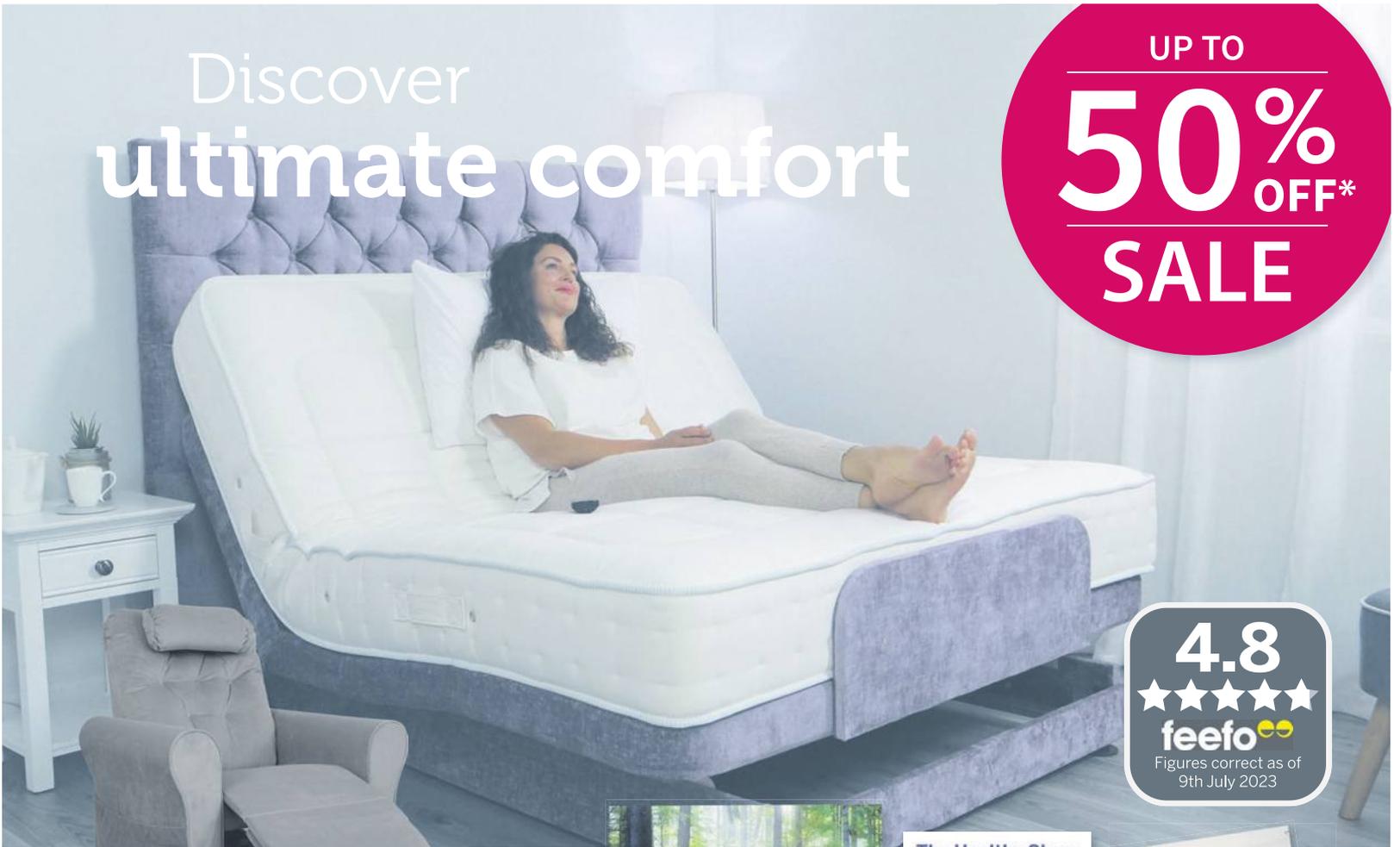
LOVE &

LAAU

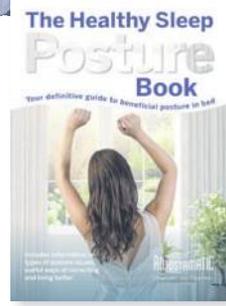
ZACK
WANTS
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BUT SHE
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★ CORONATION STREET ★



KILLER TWIST!

IT'S SUPER SOAP WEEK!
Corrie airs weeknights at 7.30pm

You're probably thinking: 'But what about Nathan?' Well... At the start of the week, Bethany is freaked out when the guy who groomed her drives past in his van – in fact, she's so fearful that she vows to leave Weatherfield. She and Sarah report Nathan for breaching the terms of his licence, but Sarah then visits Nathan at the building site to remind him that he's been *paid* to disappear. Nathan laughs in Sarah's face so, desperate to save her daughter from suffering any more trauma, she comes up with a plan to plant a hair bobble that belonged to Lauren, which she left at the Platts', in Nathan's van – but she's caught by Kit. Kit continues to search the van and, finding

some USB sticks inside, arrests Nathan for his breach. The loose-lipped copper then tells Sarah that he also found a stray hair but he assumes that she dropped it and vows to keep her name out of it. With Nathan now in custody, DS Swain tells him that his girlfriend has withdrawn her alibi and questions him about his penchant for young girls...

But Bethany isn't content to let the police do their job and gets in touch with sex worker Ellie, who admits that one of her clients showered her with gifts and became more like a boyfriend. And then Bethany shows Ellie a picture of Nathan and asks her if he's the man who groomed her... Oh, the suspense is killing us!

With the anticipation of finding out who killed Lauren Bolton having reached fever pitch, we *finally* learn who's guilty this week, over five edge-of-your-seat episodes as *Britain's Got Talent* goes live.

Of course, everybody *hopes* that gentle café owner Roy Cropper is innocent, but there is *one* person who wants – or needs? – him to own up to the heinous crime: vile racist-gang leader Griff Reynolds. And there could be deadly consequences, especially when there's an ominous sign in the form of Roy's book with a broken spine lying in a pool of tea in his cell... Meanwhile, on the outside, Hope finds a necklace – *that* necklace? – and Bobby is arrested on suspicion of perverting the

course of justice with his false statement, leading Dee-Dee to despair for her client's defence.

Later, Griff orders Roscoe to lure Roy to the prison library so he can slip into his enemy's cell unnoticed. On Roy's return, he's shocked – and terrified – to see Griff waiting for him. Griff then pulls a knife out and demands that Roy tell him where to find Lauren's body. But when Roy refuses to confess to murder, Griff holds the knife to his throat and tells him to say his last words...

As if that wasn't enough heart-thumping drama for one week, new evidence is revealed and all of us watching are at last let into the secret of who Lauren's killer really is. Who's your money on?



Nothing to see here... Move along...

HAIR we go!

★ EMMERDALE ★

Ethan quite literally ran away from his troubles when he abandoned Nicky after their car crash, but he's since realised that it's best to face up to the consequences of his actions after Charles reported him to the cops. This week, the lawyer will find out his fate as his day in court arrives...

"Charles has been helping Ethan cope with the accident and what he's due to be facing, whatever the punishment will be," says Kevin Mathurin (inset), who plays the vicar. "He has reassured his son that he has got the full support of the family."

And while it seems as though Ethan is finally coming to terms with his future, he's torn when he overhears a shocking conversation between Ruby

and Rose. Knowing that this revelation impacts Dawn, he asks his dad for a few words of advice.

"Ethan's very vague about it, he doesn't give the full details, just enough for Charles to give some sound advice and suggestions on the matter," continues Kevin. "It kind of coincides with doing the right thing, which is sort of the moral of the whole of this storyline."

Having taken his father's advice on board, Ethan decides to leave Dawn a voicemail, before turning his attention

back to his forthcoming sentencing. As he prepares to leave for court, it

looks as though he's finally building bridges with Charles as the father and son share a heart-to-heart.

"There were issues where Ethan kind of didn't want anything to do with Charles because he called the police on him, and made Ethan confess and take responsibility for the accident," explains Kevin. "But on the day of the hearing, they're bonding. Charles is letting Ethan know how proud he is of his son, that he's doing the right thing and whatever happens they'll face it together. But he realises that he's not getting any response, so he goes back from the kitchen and sees Ethan on the floor. He just goes into emergency mode, he has no clue what is going on."

Panic sets in as Charles attempts to help his son. Thankfully, Manpreet arrives and tries to resuscitate him, but the pair begin to fear the worst when Ethan remains unresponsive.

"Charles is suffering – he's panicking," reveals Kevin. "He hasn't got any idea where this has come from and, if anything, he thinks it's probably to do with Ethan's accident being a hit-and-run. Charles is focused on making sure that his son is going to be all right."

"People have come in and out of the family, and each time someone has left it's sort of broken them – they're just kind of finding and putting the pieces together again."

IT'S SUPER SOAP WEEK!
Emmerdale airs weeknights at 7pm



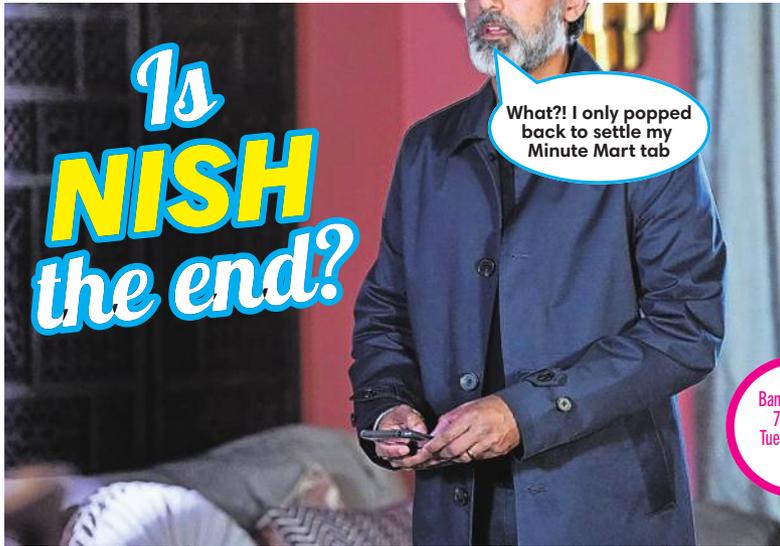
CRUEL INTENTIONS

Tom's behaviour towards Belle reached horrifying new heights when he switched her schizophrenia medication and got her admitted to a mental-health crisis assessment centre. Sadly, nothing is ever enough for the controlling vet, as he soon gets to work on his next plan when Lydia reveals that Belle has asked her to visit her in the unit. Tom's furious that Belle has requested to see Lydia, rather than him, and he soon realises that if she's left alone with Lydia, it could lead to his cruel schemes being exposed. Desperate to get a hold of the situation for good, Tom sets a new plot in motion that will put Belle *exactly* where he wants her.



DOWN AND OUT?

★ EASTENDERS ★



Is NISH the end?

What?! I only popped back to settle my Minute Mart tab

Bank Hol Mon 7.15pm & Tues to Thurs 7.30pm

Other than that little distraction where a dead Keanu was found under Kathy's café floor and Dean Wicks went on to be framed for his murder, it's been a relatively calm and peaceful time for Suki and the Panesars since they happily kicked Nish out of their lives. But his return this week signals a *big* crash down to earth.

He conveniently (or rather inconveniently) turns up at Suki's door to drop off divorce paperwork the solicitor sent to him in error. While she and Eve give him short shrift and refuse to let him over the threshold of the house, he worms his way in via Avani, and once inside, drops a bombshell – he's

dying! The family are doubtful about his claims – after all, this is a man who would lie, steal and manipulate at any given point, and they see this as another way for him to insert himself in their lives, so they boot him out once again.

But later in the week, Nish catches up with young Nugget at McClunkys. When Ravi spots them, he hits the roof, and a row ensues in which Ravi pushes Nish to the floor and he ends up being taken to hospital. While he's there, will the doctors reveal whether he is telling the truth about suffering from a terminal disease, or will he be exposed as the liar his family assumes he is?

Ever since she returned to Walford, there's been simmering romantic tension between Lauren and Peter. Will they or won't they get back together? Well, this week it looks closer than ever when Peter comes to his ex's aid after a run-in with Zack.

The drama begins as Lauren and Zack are both feeling gutted about Whitney's departure from the Square thanks to their dalliance. While Peter tells mum Cindy to stop sniping at Lauren, Zack is busily drowning his sorrows in The Albert. In fact, he gets so smashed, Felix has to send him home, but when he can't get hold of Sharon or Martin, he asks Lauren to escort him. Once home, she's

horrified when Zack makes a pass at her, and knocks him back. In the aftermath, she reveals her role in Whitney's decision to leave, and it infuriates drunk Zack so much, he lashes out, leaving Lauren shocked and frightened.

It's Peter who Lauren turns to in her time of need and, incensed by Zack's actions, he marches over and has a go at him, leaving the chef feeling sheepish and guilt-ridden. Later, Lauren agrees to spend the evening with Peter, during which she lets him know how grateful she is to him for having her back when nobody else has. Do we spy a rekindling of a former romance on the Walford horizon?



LOVE TRIANGLE

★ HOLLYOAKS ★

With Carter having been arrested for kidnapping Lucas and trying to drown John Paul during an impromptu baptism, Sienna's old flat is handily back on the market. Which is lucky, as she, Liberty and Dilly need to quickly vacate Harcourt Grove in the wake of Rafe passing and seemingly leaving Sienna and Dilly with absolutely nothing. But as they move back to the village, the sisters learn that Rafe did bequeath Sienna a sizeable sum after all.

Out for answers, she storms over to James' office and, under her powerful interrogation, it's not long until he cracks and admits that he stole the hundreds of thousands of pounds that Rafe had

stashed at the manor house for his sort-of wife-to-be. Sadly, having used the money to pay off Kane in prison and help Romeo go on the run, there's zero chance that James can give Sienna a refund.

Fuming, Sienna flounces off, but not before running into another of James' clients – played by Sherrie Hewson, who fans will be aware has joined the soap as Sienna's long-lost gran. Of course, Sienna's unaware of this little nugget of information, and she heads home, where Liberty reveals that she's selling the Love Boat to help pay for Sophie and Sebastian's education. But could someone else also have designs on the sisters' cash?

Weeknights 7pm E4, with first-look episode streaming on Channel 4 from 7.30pm



I'm sure there should be a gift voucher for the beret shop in this card

SUSPICIOUS minds



If you're good, you can watch another episode of Bad Education

LEX BE HAVING YOU

Freddie's having a drink in The Dog when he overhears Scott pouring his heart out to Maxine about losing Vicky to her estranged father Donny. While the would-be hard man isn't really in touch with his emotions, this does hit a nerve and when he later pays another of his very regular visits to see Grace in prison, he tells her that being separated from Lexi is becoming unbearable.

His fiancée advises him to wait until they're married before approaching his daughter (after all, having two parents who've been behind bars will surely help sway social services in letting him get Lexi back). But Freddie's too impatient and

later follows Lexi home from school (again, not the actions of a responsible father figure) to tackle her foster parents, and is rightly surprised to discover that his brother Robbie has custody of the youngster.

Freddie kicks off at his sibling, but as the dust settles, he finds a suitable shoulder to cry on in Mercedes. She later spots Lexi in the village, and when she realises that Robbie is with her, Mercy gives the freshly returned Roscoe a piece of her mind. Freddie, meanwhile, is taking advantage of the prison's open-door visiting policy with yet another meeting with Grace – is he getting cold feet about their planned jail escape?

★ DOCTORS ★



AL GATHGA Christie

Bank Hol Mon
1.30pm & Tues
to Thurs
1.45pm

Al's been asked by Hugo Carleton, the son of Lord Rodney Carleton, to visit the family's stately home in the Cotswolds. Why? Well, Al's been invited to record a podcast about a Carleton family mystery, and he asks Jimmi and Scarlett to accompany him.

Arriving at the Manor, the trio are welcomed by Hugo (played by Danny Mac, inset), along with his sister Daphne, who explains to Jimmi and Scarlett that Rodney's twin brother, Percy, disappeared 25 years ago in mysterious circumstances. Later, Jimmi tells Al that he doesn't understand why they'd be investigating a missing uncle, only for Al to admit that it was a cover story – the real reason

they're there is to get their hands on a blood sample from Rodney because Hugo and Daphne believe he's being poisoned by his nurse.

That evening, everybody assembles for a pre-dinner drink. With a storm brewing outside, Rodney shocks everyone by announcing that he's changed his will and now neither Hugo nor Daphne will inherit anything – much to their outrage. Suddenly, there's a clap of thunder and a power cut plunges the house into darkness. When they finally get some light, Lord Rodney is worryingly still, and Jimmi reveals to the shocked group that he's dead. Has he been bumped off by one of them?

We wouldn't dream of suggesting that Sid is a commitment-phobe, but his freak-outs whenever someone suggests that his relationship with Paige is getting serious speak for themselves. And this week, things look set to move to a new level of awkwardness when Paige tells him that they've been invited to her parents' house for dinner.

He feigns excitement but Sid is actually horrified by the thought of meeting her folks – a feeling that's made worse by some ill-timed teasing from Michelle, Ruhma and Kirsty. Luca, however, gives him some sound advice, telling Sid that if he really doesn't want to go, he should just tell Paige the

truth. He doesn't do that, of course, and the next day he finds himself arriving at the house of Paige's parents, Tony and Cathy. During dinner, Sid feels beyond uncomfortable, particularly when the couple allude to his and Paige's sex life.

Worse is to come, when Tony takes Sid to his man cave and puts pressure on him, expecting him to ask for Paige's hand in marriage. A mortified Sid tries to explain that they're not at that stage yet, when Paige suddenly arrives to rescue him. However, his relief is only temporary, as Paige takes Sid to her bedroom and shows him her old 'dream wedding album'. Will Sid be scared off?



MEET THE PARENTS

★ HOME AND AWAY ★

Weddings in soapland are never uneventful, and Leah and Justin's is no exception. (Though considering everything they've already survived, it's relatively smooth sailing.) Firstly, Leah does some snooping on the eve of their nuptials, which backfires when she comes across a folder of Justin's titled 'The VJ Issue', leaving her fretting that her beloved boy won't make it to the wedding.

Finally, the big day dawns, and Leah is escorted to the beautiful vineyard venue by a proud-as-punch Alf, who then stuns the bride by stepping aside and revealing the person who is *actually* going to walk her down the aisle – it's VJ!

Meanwhile, Justin is nervy thanks to a late arrival by his best man, Theo, who arrives with troublemaker Valerie. Familiar faces including Justin's sister Tori and his daughter Ava return to wish the happy couple all the best, and John almost steals the show by wowing everybody as the celebrant (he's no Susan Kennedy, though).

With the ceremony complete, the newlywed couple would be forgiven for feeling relieved that everything went off okay. Alas, this *is* Summer Bay, and Justin realises that Theo is on drugs. Despite his protests, Justin declares that Valerie must go. Let's hope she at least left a toaster as a gift!

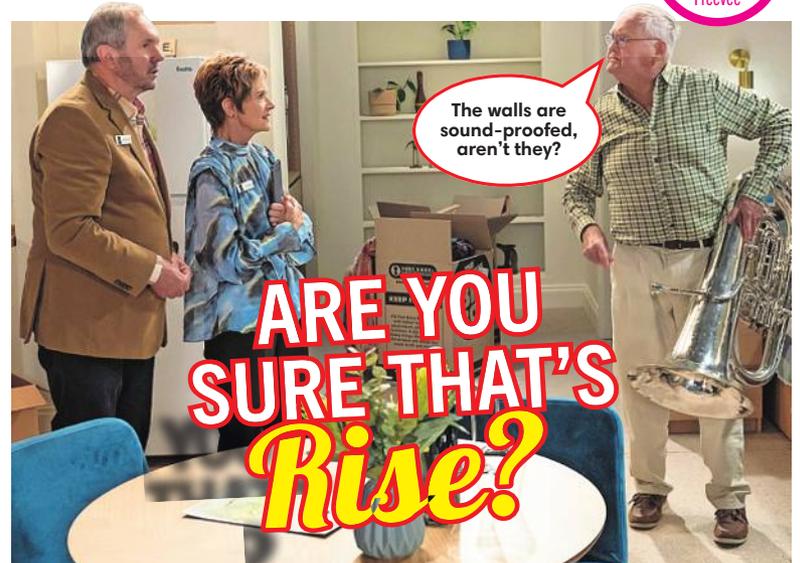


Weekdays
1.45pm

WITHOUT A HITCH?

★ NEIGHBOURS ★

Streams
Bank Hol Mon
to Thursday from
7am Amazon
Freevee



ARE YOU SURE THAT'S Rise?

Does *TV Soap* enjoy checking the spelling of Eirini Rising each and every week, dear reader? No, but we do it for you, so you never miss a beat in the exciting journey to completion of Terese and Susan's new retirement complex that's curiously also part of Erinsborough High. And there's big news as the development is ready to open – and two more of the fancy apartments have been sold.

Terese hits the roof when she learns that one has been scooped up by Hilary Robinson, thinking that Paul has again interfered in her business affairs by getting his relative to invest. Hilary, though, reveals that it was entirely her decision to move closer to

the Robinsons so that she's free to snoop around in their daily dealings once more. Then, Harold Bishop turns up with his tuba, and informs Karl and Susan that he's done with travelling and is ready to call Erinsborough his home once again. Yay!

However, as the retirees and schoolkids gather on Tuesday to watch Terese, Susan and Jane officially open the complex, there's danger as no one realises that one of the bottles of wine supplied by the vineyard has been tampered with. In fact, it now contains *poison*. Yikes. It's certainly a day that none of the locals will forget, especially one resident who is about to feel *very* unwell...

SUNDAY 26 MAY

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am **Breakfast** (S)
- 8.25 **MOTD: FA Cup Highlights**
Manchester City v Manchester United. (R,S)
- 9.00 **Sunday With Laura Kuennsberg** (S)
- 10.00 **Politics England**
Regional political news and debate. (S)
- 10.30 **Animal Park** (R,S)
- 11.00 **LIVE Great Manchester Run**
Coverage of the annual event. (S)



9pm **The Responder**

- 1.00 **BBC News** (S)
- 1.15 **Songs Of Praise** (S)
- 1.50 **Points Of View** (S)
- 2.05 **Lifeline** (S)
- 2.15 **Escape To The Country** In Northumberland. (R,S)
- 3.15 **FILM A Shaun The Sheep Movie: Farmageddon**
Animated comedy, with the voice of Justin Fletcher. (2019) ★★★★★ (S)
- 4.35 **The Green Planet** (R,S)
- 5.35 **BBC News** (S)
- 5.50 **BBC Regional News** (S)
- 6.00 **RHS Chelsea Flower Show**
Highlights of the week. (S)
- 7.00 **Countryfile** Adam Henson and Charlotte Smith explore the Camel Trail in North Cornwall. (S)
- 8.00 **Antiques Roadshow** (6/18)
Fiona Bruce and the team head to Windermerre Jetty Museum. (R,S)
- 9.00 **The Responder** (4/5) Chris has a choice to make. (S)
- 10.00 **BBC News** (S)
- 10.25 **BBC Regional News** (S)
- 10.30 **NEW Coldplay: Big Weekend** (2/2) Coldplay close Radio 1's Big Weekend at Stockwood Park in Luton. (S)
- 11.30 **FILM 47 Meters Down: Uncaged** Thriller sequel, starring Sophie Nélisse. (2019) ★★ (S)
Followed by **Weather**
- 12.55-6am **BBC News** (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 10.00-10.30am Politics Wales 4.35pm Our Food, Our Family With Michela Chiappa

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.30 am **Countryfile** (R,S)
- 7.25 **Our Coast** (R,S)
- 8.25 **Breakfast** (S)
- 9.00 **Beechgrove Garden** (R,S)
- 9.30 **Landward** (S)
- 10.00 **Saturday Kitchen Best Bits**
Series highlights. (S)
- 11.30 **Nigel Slater's Simple Suppers** (R,S)
- 11.45 **FILM D-Day The Sixth Of June**
Second World War drama, starring Robert Taylor. (1956) ★★★★★ (S)



9pm **Rob And Rylan's Grand Tour**

- 1.30 **LIVE Rowing World Cup**
Coverage from Lucerne, Switzerland. (S)
- 3.00 **LIVE Cycling: Ride London**
Coverage of the event from the capital. (S)
- 6.00 **This Farming Life** (R,S)
- 7.00 **Race Across The World** (7/9)
The teams navigate their way through the Indonesian island of Sumatra, tackling ad-hoc transport, limited accommodation options and almost no English spoken. (R,S)
- 8.00 **The Americas With Simon Reeve** (2/5)
Simon reaches the United States, travelling down the Rocky Mountains from the wide-open prairies of Montana to a Colorado town that depends almost entirely on 11 prisons. (R,S)
- 9.00 **Rob And Rylan's Grand Tour** (3/3)
Rob Rinder and Rylan Clark go on a cultural tour of Rome. (S)
- 10.00 **FILM PREMIERE Tenet**
Action thriller, starring John David Washington and Elizabeth Debicki. (2020) ★★★★★ (S)
- 12.20 **FILM Memento** Thriller, starring Guy Pearce. (2000) ★★★★★ (S)
- 2.10-3.10am **Sign Zone: Blue Lights** (R,S,SL)

5.05-5.35pm Weatherman Walking BBC ONE NORTH WEST As main BBC ONE except: 10.00-10.30am Politics North West ITV WALES 7pm Backstage 7.30-8pm Fishlock's Choice 5.4C 6am Cym 8.50 Penlwyddi Cw

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.30 am **James Martin's Spanish Adventure** (R,S)
- 7.25 **Ainsley's National Trust Cook Off** (R,S)
- 8.25 **Katie Piper's Breakfast Show** (S)
- 9.25 **ITV News** (S)
- 9.30 **Love Your Weekend** (S)
- 11.25 **Alan Titchmarsh's Gardening Club** (R,S)
- 12.30 **ITV News** (S)
- 12.40 **Britain's Got Talent** Hosted by Ant and Dec. (R,S)



9.05pm **Red Eye**

- 2.00 **In For A Penny** (R,S)
- 2.30 **FILM Dr Seuss' The Lorax**
Animated fantasy, with the voice of Danny DeVito. (2012) ★★★★★ (S)
- 4.15 **FILM From Russia With Love**
Thriller, starring Sean Connery. (1963) ★★★★★ (S)
- 6.30 **ITV News** (S)
- 6.45 **Regional News** (S)
- 7.00 **Deal Or No Deal** (10/20)
Game show, hosted by Stephen Mulhern. (R,S)
- 8.00 **Britain's Got Talent** Ant and Dec host as more performers take to the stage in the final batch of auditions. (S)
- 9.05 **Red Eye** (6/6) A flashback to the night of the crash puts events at the conference centre and nightclub in a new perspective as the truth is revealed. (S)
- 10.05 **ITV News** (S)
- 10.25 **Ellie Simmonds: Finding My Secret Family** The Paralympian swimmer attempts to find her birth mother. (R,S)
- 11.20 **English Football League Championship Final Highlights** (S)
- 12.15 **Shop On TV**
- 3.00 **Motorsport UK** (R,S)
- 3.50 **Unwind With ITV** (S)
- 5.05-6am **Ainsley's National Trust Cook Off** (R,S,SL)

9.00 N&I G'r Gweryll 10.00 Garddio A Mw 11.00 Ein Llywbrau Celtaid 11.30 Dechrau Canu Dechrau Canmol 12noon Y Sin 12.30pm Y Fets 1.30 Stori'r Iaith 2.30 Dan Do 3.00 Ffasiwn Drefn 3.30 Pum Merch, Tri Chopa, Un Cwch 4.05 Yr Anialwch

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104
Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.00 am **The King Of Queens**
Two episodes. (R,S)
- 6.45 **Cheers** Two shows. (R,S)
- 7.40 **Everybody Loves Raymond**
Double bill. (R,S)
- 8.30 **The Simpsons** (R,S)
- 9.30 **Sunday Brunch** Tim Lovejoy and Simon Rimmer are joined by Danny O'Donoghue, Bradley Riches, Rafe Spall and Anthony Horowitz. (S)
- 12.30 **The Simpsons** (R,S)



4.55pm **Our Dream Farm With...**

- 3.00 **FILM Clueless** Comedy, starring Alicia Silverstone. (1995) ★★★★★ (S)
- 4.55 **Our Dream Farm With Matt Baker** The remaining three hopefuls face Giles and Sally for the final time. Last in the series. (S)
- 6.00 **C4 News** (S)
- 6.30 **F1: Monaco Grand Prix Highlights** Action from the eighth round of the season, held at the Circuit de Monaco. (S)
- 9.00 **The Piano** (5/7) Claudia Winkleman, Mika and Lang Lang's search for the last pianist in the final brings them to Liverpool Lime Street Station. (S)
- 10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. (R,S)
- 10.55 **Gogglebox** (7/16) An edition from October 2022, with opinions on I Can See Your Voice, Emmerdale, Strictly Come Dancing, Unbreakable, The Ex-Wife and Bargain Hunt. (R,S)
- 12.00 **FILM Saturday Night Fever**
Drama, starring John Travolta. (1977) ★★★★★ (S)
- 2.05-3.45am **The Gathering**
Adam's world is thrown into disarray. (R,S,SL)

5.05 Cysgu O Gwmpas 5.35 Ffermio 6.10 Pobol Y Cwm Omnibus 7.15 Newyddion A Chwaraeon 7.30 Dechrau Canu Dechrau Canmol 8.00 Cynelfin 9.00 Eisteddfod Yr Urd 2024 10.00 Hen Dy Newydd 11.00-11.35pm Cymry Ar Gyntas

CHANNEL 5

HD: Freeview 105 Sky 105 Virgin 105 FreeSat 105

- 6.00 am **Milkshake!**
- 8.50 **SpongeBob SquarePants**
Squidward takes out a restraining order against SpongeBob. (R,S) Followed by **Entertainment News**
- 9.10 **The Yorkshire Vet**
Documentary following life at a veterinary practice. (R,S)
- 9.35 **Cruising With Jane McDonald** Four episodes of the travel show. (R,S)



9pm **Shetland: Scotland's...**

- 1.30 **FILM The Dam Busters**
Fact-based Second World War drama, starring Michael Redgrave. (1955) ★★★★★ (B/W,S)
- 4.00 **Dad's Army: Secret Lives & Scandals** (R,S) Followed by **5 News Weekend**
- 5.35 **ShoPlifters: Catch Me If You Can** (R,S)
- 6.30 **The Bailiffs** (R,S)
- 7.30 **NEW Secrets Of Your Favourite Chocolate Bars**
Documentary exploring the history of chocolate and looking at how the nation's favourite confectionery is made, taking illuminating tours of some of the factories. (S)
- 9.00 **NEW Shetland: Scotland's Wondrous Isles** Life on the archipelago, beginning on the tiny island of Noss with wardens Jen and Sally, who are the only residents and live a truly off-grid existence. (S)
- 10.00 **Morecambe & Wise: 30 Funniest Moments** The comedy duo's most memorable sketches. (R,S)
- 12.00 **World's Funniest TV Ads With Jason Manfred**
Jason takes a look at commercials from around the world. (R,S)
- 1.00-3am **PlayOJO Live Casino Show** (S)

SUNDAY'S TOP TV

ITV2

- 11.10am **Dress To Impress** 12.10 **In For A Penny** 12.40 **Family Fortunes**: Gina's Best Bits 1.05 **Celebrity Catchphrase** 2.05 **FILM! Cats & Dogs: The Revenge Of Kitty Galore**. Comedy sequel, starring Chris O'Donnell, with the voice of Bette Midler. (2010)
- 3.50 **Britain's Got Talent**. More performers take to the stage. 5.15 **FILM! Johnny English Reborn**. Spy comedy sequel, starring Rowan Atkinson and Gillian Anderson. (2011) 7.15 **FILM! Liar Liar**. A boy makes a wish to prevent his lawyer father from telling lies. Comedy, with Jim Carrey. (1997)
- 9.00 **Family Guy** 11.30 **American Dad!** 12.30 **CelebAbility** 1.15 **All American** 2.15-3am **Unwind With ITV**

ITV3

- 11am **FILM! Carry On Don't Lose Your Head**. Comedy, starring Sid James. (1966)
- 1.00 **Marple** 9.00 **Long Lost Family** 10.00 **Poirot** 12.55 **Scott & Bailey** 1.50 **Bless This House** 2.15-2.30am **Unwind With ITV**

ITV4

- 10.50am **LIVE SPORT!** British Touring Car Championship. Coverage of the third round.
- 6.20 **World Of Sport** 6.25 **Mr Bean** 7.25 **FILM!** The Train Robbers. Western, with John Wayne. (1973) 9.30 **River Monsters** 10.00 **English Football League Championship Final Highlights** 11.05 **FILM!** Lucy (2014)
- 12.50 **The Sweeney** 1.55-3am **Minder**

BBC THREE

- 7pm **Doctor Who** 7.50 **Doctor Who: Unleashed** 8.20 **NEW EPISODE!** Shark Tank 9.00 **NEW EPISODE!** I Kissed A Girl. Emotions run high. 9.45 **FILM!** Late Night. Comedy drama, with Emma Thompson and John Lithgow. (2019) 11.20 **Bad Education** 12.20 **I Kissed A Girl** 1.05 **Charlotte In** Sunderland 2.35 **My Mate's A Bad Date** 2.55-3.55am **Bad Education**



BBC3 9.45pm **Late Night**

BBC FOUR

- 7pm **A Branch Line Railway** With John Betjeman 7.30 **NEW EPISODE!** Inside Classical: Music Night From Alexandra Palace. The BBC Concert Orchestra perform classics at London's famous Alexandra Palace. 9.00 **NEW!** Maya Angelou At The BBC. Cultural critic Bonnie Greer looks back on the life and work of Maya Angelou. 10.00 **Angelou On Burns** 10.50 **Maya Angelou: And Still I Rise - Imagine** 12.25 **The Secret History Of Writing** 1.25 **Inside Classical: Music Night From Alexandra Palace** 2.55-3.55am **Maya Angelou At The BBC**

E4

- 11.35am **FILM!** Playing With Fire (2019)
- 1.35 **Brooklyn Nine-Nine** 4.05 **The Big Bang Theory** 7.05 **FILM!** Skyscraper. Action thriller, starring Dwayne Johnson. (2018) 9.00 **FILM!** Logan. Fantasy adventure, starring Hugh Jackman. (2017) 11.45 **The Inbetweeners** 12.50 **Gogglebox** 1.55 **First Dates** 2.55 **The Inbetweeners** 3.50-6am **Hollyoaks Omnibus**

MORE4

- 12noon **Location, Location, Location** 1.05 **Come Dine With Me** 3.40 **Four In A Bed** 6.20 **Come Dine With Me** 9.00 **NEW EPISODE!** 999: On The Front Line. A driver has collided with another car outside a school. 10.00 **24 Hours In A&E** 11.05 **Emergency Helicopter Medics: Mountain Emergencies** 12.10 **999: On The Front Line** 1.15 **24 Hours In A&E** 2.15 **Emergency Helicopter Medics: Mountain Emergencies** 3.20-4am **A Place In The Sun**

SUNDAY 26 MAY

DAVE

7.10am Secrets Of The Supercars **8.00** James May's 20th Century **11.00** Top Gear **1.00** Storage Hunters UK **3.00** Rick Stein's India **5.00** Motorhoming With Merton and Webster **6.00** The Lakes With Simon Reeve **7.00** Storage Hunters UK **8.00** World's Most Dangerous Roads **9.00** Have I Got A Bit More News For You **9.55** QI XL **10.35** Mock The Week **11.55** Live At The Apollo **12.55** Red Dwarf **2.15** Whose Line Is It Anyway? USA **2.40** Secrets Of The Supercars **3.40-4am** The Indestructibles

SUSA

9.10am Blue Bloods **1.05** NCIS **6.00** NCIS **10.00** Law & Order: Special Victims Unit **1.55** The Blacklist **2.55-3.45am** Law & Order: Special Victims Unit

5STAR

8am Shoplifters: Caught Red Handed **1.00** Traffic Cops **5.00** Police Interceptors **9.00** FILM! The Commuter (2018) **11.10** FILM! The Hangover Part III (2013) **1.15** My Lover, My Killer **2.10** 10 Years Younger In 10 Days **3.00-3.50am** GPs: Behind Closed Doors

SKY MIX

6am Border Patrol **8.00** The Brilliant World Of Tom Gates **2.8.30** Impossible Animals: Kids **8.45** Let's Game **9.10** Highway Patrol **11.00** 999 Frontline **12.00** Brit Cops: Rapid Response **1.00** Caught On Dashcam **3.00** Border Security: America's Front Line **5.00** Highway Cops **6.00** Caught On Dashcam **8.00** Nothing To Declare **9.00** The Pacific **10.00** FBI: Most Wanted **11.00** Forensics: Catching The Killer **12.00** What The Killer Did Next **1.00** Brit Cops: Rapid Response **2.00-4am** Motorway Patrol

REALLY

6am Fantasy Homes By The Sea **8.00** Fantasy Homes By The Sea **10.00** Dr Pimple Popper **12.00** A Place In The Sun **7.00** The Yorkshire Auction House **8.00** The Repair Shop **9.00** Body Bizarre **10.00** Born With Four Legs: Body Bizarre **11.00** Joined At The Waist: Body Bizarre **12.00** Unexplained: Caught On Camera **1.00** Paranormal: Caught On Camera **4.00-6am** Fantasy Homes By The Sea

W

6.10am Tipping Point: Lucky Stars **7.00** Tipping Point **9.00** Tipping Point: Lucky Stars **10.00** Tipping Point **11.00** My Family **1.00** Miranda **3.00** Michael McIntyre's The Wheel **7.00** Inside The Operating Theatre **9.00** Red Flag **10.00** Trial In The Outback: The Lindy Chamberlain Story **11.00** Gemma And Gorka: Life Behind The Lens **12.00** One Born Every Minute **1.00** Bang On Budget **2.00** Nigel Slater's Simple Suppers **2.25-3am** Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook

YESTERDAY

6.10am The Architecture The Railways Built **7.10** Hornby: A Model World **8.00** The World At War **12.00** A Year On The Yorkshire Steam Railway **3.00** Bangers & Cash



BBC4 9pm
Maya Angelou At The BBC

7.00 Find It, Fix It, Flag It **8.00** 'Allo 'Allo! **10.00** Bangers & Cash: Restoring Classics **11.00** How To Build A Motor Car **12.00** Bangers & Cash **1.00** A Year On The Yorkshire Steam Railway **2.00-3am** Scouting For Toys

TALKING PICTURES

6am FILM! Courageous Mr Penn (1940) **7.35** FILM! There Is Another Sun (1951) **9.30** Four Star Theatre **10.00** One Step Beyond **10.35** FILM! The Sea Shall Not Have Them (1955) **12.25** FILM! Forty Guns (1957) **2.00** The Adventures Of Robin Hood **2.35** FILM! The 39 Steps (1959) **4.25** Scotland Yard **5.00** The Footage Detectives **6.00** Look At Life **6.10** FILM! Shipwrecked (1990) **8.00** Miss MacTaggart Won't Lie Down **8.30** A Lifetime Ago With The Baim Collection **9.00** Crime Story **10.05** FILM! What A Crazy World. Drama, with Joe Brown. (1963) **11.50** FILM! Timeslip (1955) **1.40** The Heritage Chart Show **2.45** FILM! Fuzz (1972) **4.35-6am** FILM! Johnny On The Spot (1954)

SKY ATLANTIC

6am The Guest Wing **7.00** Fish Town **10.00** True Blood **3.25** Billions **9.00** The Tattooist Of Auschwitz **10.10** The White Lotus **11.40** Euphoria **12.55** House Of The Dragon **2.05** NEW SERIES! The Sympathizer **3.15** Ray Donovan **4.15-6am** The Guest Wing

SKY WITNESS

6am Bondi Rescue **8.00** Border Patrol **11.00** Air Ambulance ER **12.00** Sun, Sea And A&E **1.00** Bondi Rescue **2.00** Nothing To Declare **8.00** NEW EPISODE! Caught On Dashcam **9.00** The Equalizer **10.00** Fire Country **11.00** The Cleaning Lady **12.00** FBI **1.00** FBI: International **2.00** NEW EPISODE! The Cleaning Lady **3.00** FBI: Most Wanted **4.00** Blue Bloods **5.00-6am** Nothing To Declare

GOLD

7.10am Are You Being Served? **7.40** Desmond's **8.40** Are You Being Served? **10.00** The Story Of Only Fools And Horses **11.00** Only Fools And Horses **8.45** Dad's Army **9.25** Ghosts **11.10** Billy Connolly Does **12.10** Ghosts **2.00** The Rebel **2.40** Billy Connolly Does **3.30-4am** Desmond's

COMEDY CENTRAL

8am Friends **9.00** FILM! Last Vegas. Comedy. (2013) **11.05** Lee Evans Live From The West End **12.35** Rhod Gilbert's Growing Pains **1.35** The Ricky Gervais Show **2.40** South Park **3.30-5am** Friends

SKY COMEDY

8am The Conners **10.30** Entourage **1.30** Veep **4.00** Will & Grace **6.30** The US Office **9.00** And Just Like That **10.35** Divorce **11.50** Jerrod Carmichael: Love At The Store **12.55** Barry **2.15** Mrs Fletcher **3.25** Betty **4.30-5am** How To Make It In America

SKY MAX

6am NCIS: Los Angeles **11.00** Grimm **3.00** The Walking Dead **9.00** S.W.A.T **10.00** A League Of Their Own: Mexican Road Trip **11.00** Brassic **12.00** A Discovery Of Witches **1.00** Hold The Front Page **2.00** There's Something About Movies **3.00** Road Wars **4.00-6am** Sun, Sea And A&E

SKY SCI-FI

6am Most Haunted **11.00** Fact Or Faked: Paranormal Files **12.00** The Outpost **5.00** FILM! 2025 Armageddon (2022) **7.00** FILM! Ape Vs Monster (2021) **9.00** FILM! RoboCop (1987) **11.00** Fantasy Island **1.00** FILM! My Bloody Valentine (2009) **3.00-6am** Stargate SG-1

DISCOVERY

6am Wheeler Dealers **12.00** Building Off The Grid **6.00** Gold Divers **7.00** Buying Alaska **8.00** Alaskan Bush People **9.00** Alaska: The Last Frontier **10.00** Wheeler Dealers World Tour. In Southern France. **11.00** Roadworthy Rescues **12.00** Diesel Brothers **4.00-5am** How Do They Do It?

TLC

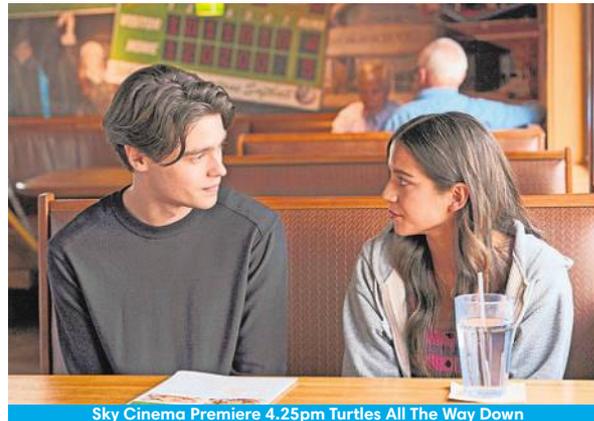
7am Say Yes To The Dress: Lancashire **8.00** Say Yes To The Dress **9.00** Say Yes To The Dress: UK **10.00** Little People, Big World **12.00** My Lottery Dream Home **1.00** My 600lb Life **3.00** 7 Little Johnstons **5.00** Sister Wives **6.00** Brother Vs. Brother **8.00** Dr Pimple Popper **12.00** Body Bizarre **1.00** Extreme Couponing **2.00** Dr Pimple Popper **5.00-6am** Say Yes To The Dress: Lancashire

SKY CINEMA PREMIERE

6.55am PREMIERE! Turtles All The Way Down (2024) **8.50** Force Of Nature: The Dry 2 (2024) **10.45** The Equalizer 3 (2023) **12.35** Blue Beetle (2023) **2.45** My Big Fat Greek Wedding 3 (2023) **4.25** PREMIERE! Turtles All The Way Down (2024) **6.20** Boonie Bears: Guardian Code (2023) **8.00** Blue Beetle (2023) **10.10** Out Of Darkness (2022) **11.45** The Equalizer 3 (2023) **1.45-3.45am** Force Of Nature: The Dry 2 (2024)

SKY CINEMA COMEDY

7.15am Drop Dead Fred (1991) **9.05** Along Came Polly. With Ben Stiller. (2004)



Sky Cinema Premiere 4.25pm Turtles All The Way Down

10.50 Scott Pilgrim Vs The World (2010) **12.45** Daddy Day Care (2003) **2.30** Trainwreck (2015) **4.45** Bean (1997) **6.25** Along Came Polly (2004) **8.00** Central Intelligence (2016) **10.00** The Machine (2023) **12.05** Disaster Movie (2008) **1.45** Drop Dead Fred (1991) **3.35** Sharp Stick (2022) **5.20-7.05am** Little Monsters (2019)

SKY CINEMA ACTION

6am White Elephant (2022) **7.40** Raging Fire (2021) **9.55** Mad Max (1979) **11.40** The Beekeeper (2024) **1.40** Pain & Gain (2013) **3.50** Black Adam (2022) **6.00** Total Recall (2012) **8.00** Mad Max: Fury Road (2015) **10.05** Bad Boys II (2003) **12.35** Iron Monkey (1993) **2.10** Rumble Through The Dark (2023) **4.10** Bullet To The Head (2012) **5.45-7.25am** White Elephant (2022)

GREAT! MOVIES

9am FILM! The Perfect Stalker (2016) **10.50** FILM! Fatal Acquittal (2014) **12.40** FILM! Murder 101: If Wishes Were Horses (2007) **2.35** FILM! Street Fighter (1994) **4.40** FILM! Volcano (1997) **6.50** FILM! It Could Happen To You (1994) **9.00** FILM! Patriots Day (2016) **11.45** FILM! The Shallows (2016) **1.35** FILM! I Am Wrath (2016) **3.30** Wild West Chronicles **4.00-4.55am** FILM! Deadly Paradise (2016)

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Good Morning Sports Fans **10.00** Sky Sports News **10.30** LIVE SPORT! Women's International One-Day Cricket. England v Pakistan. **12.30** F1. Build-up to the 2024 Monaco Grand Prix. **1.55** LIVE SPORT! F1. The Monaco Grand Prix. Start-time at **2.00**. **2.45** LIVE SPORT! EFL. Leeds United v Southampton. Kick-off at **3.00**. **6.30** LIVE SPORT! Indycar. The 108th Indianapolis 500. Start-time at **6.00**. **9.00** LIVE SPORT! PGA Tour Golf. The Charles Schwab Challenge. **11pm-6am** Sky Sports News

SKY SPORTS FOOTBALL

6am EFL Highlights **9.00** SPFL Highlights **9.15** EFL **9.45** EFL Highlights **10.45** EFL **11.15** SPFL Highlights **11.30** LIVE SPORT! SPFL. Ross County v Raith Rovers. Kick-off at **12.00**. **2.00** LIVE SPORT! EFL. Leeds United v Southampton. Kick-off at **3.00**. **6.30** Sky Sports News Special **8.00** EFL Highlights **9.00** EFL **10.00** EFL Highlights **11.00** SPFL Highlights **11.15** EFL Greatest Games **12.00** EFL **2.00** SPFL Highlights **2.15** EFL Greatest Games **3.00** EFL **5.00-6am** Championship Season Review

TNT SPORTS 1

6am LIVE SPORT! AFL. Melbourne Demons v St Kilda Saints. **9.00** LIVE SPORT! AFL. Adelaide Crows v West Coast Eagles. **10.30** TNT Sports Reload **10.45** LIVE SPORT! Hockey. Argentina v India. **12.45** TNT Sports Reload **1.00** LIVE SPORT! Hockey. United States v Belgium. **3.00** Serie A **5.00** LIVE SPORT! Serie A. Atalanta v Torino. **7.00** Tom Aspinall's Fight Lab **7.30** LIVE SPORT! Serie A. Empoli v AS Roma. **9.45** Tom Aspinall's Fight Lab **10.15** Around The Block **10.30** UEFA Champions League

DON'T MISS MORE OF TODAY'S BEST TELLY



Sky Sports Main Event 10.30am Live Women's International One Day Cricket



ITV2 2.05pm Cats & Dogs: The Revenge Of Kitty Galore



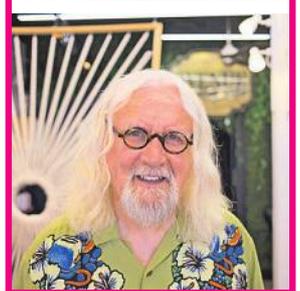
ITV2 7.15pm Liar Liar



Dave 8pm World's Most Dangerous Roads



E4 9pm Logan



GOLD 11.10pm Billy Connolly Does

11.00 T20 Cricket Highlights **12.00** NBA Tip-Off **1.00** LIVE SPORT! NBA. Dallas Mavericks v Minnesota Timberwolves. **3.30** Inside The NBA **4.30** NBA Action **5.00-6am** UEFA Champions League Greatest Nights

TNT SPORTS 2

8.30am LIVE SPORT! MotoGP. The Grand Prix of Catalunya MotoGP warm-up session. **9.00** LIVE SPORT! MotoGP. The Grand Prix of Catalunya Moto3 race. Start-time at **10.00**. **11.00** LIVE SPORT! MotoGP. The Grand Prix of Catalunya Moto2 race. Start-time at **11.15**. **12.15** LIVE SPORT! MotoGP. The Grand Prix of Catalunya MotoGP race. Start-time at **1.00**. **2.00** MotoGP Chequered Flag **3.00** LIVE SPORT! PSA Squash. The Manchester Open. **5.30** MLB Plays Of The Week **6.00** MLB: Off The Bat **6.30** LIVE SPORT! MLB. Cincinnati Reds v LA Dodgers. **9.45** WWE SmackDown **10.45** ABB FIA Formula E World Championship **11.45** TNT Sports Reload **12.00** LIVE SPORT! MLB. St Louis Cardinals v Chicago Cubs. **3.15** MLB Plays Of The Week **3.45** WRC Magazine **4.15** What I Wore **4.30** 1967: When LA Wolves Conquered The USA **5.00-6am** HSBC SVNS Highlights

TNT SPORTS 3

7am LIVE SPORT! ABB FIA Formula E World Championship. The Shanghai E-Prix second race. **9.30** WWE Raw **10.30** WWE SmackDown **11.30** UEFA Women's Champions League **1.00** NWSL **3.00** TNT Sports Reload **3.15** LIVE SPORT! Hockey. Belgium v Ireland. **5.15** TNT Sports Reload **5.30** LIVE SPORT! Hockey. Argentina v India. **7.30** UEFA Champions League Goals Reload **7.45** LIVE SPORT! Serie A. Frosinone v Udinese. **9.45** MotoGP **10.45** MotoGP Chequered Flag **11.45** Investec Champions Cup **1.15** TNT Sports Reload **1.30** ABB FIA Formula E World Championship **2.30** Down The Clubhouse **3.30** Fishing **4.30-6am** Ultimate Pool

BANK HOLIDAY MONDAY 27 MAY

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am Breakfast (S)
- 9.30 Rip Off Britain (S)
- 10.15 The Moment Of Proof (R,S)
- 10.45 Expert Witness (R,S)
- 11.15 Homes Under The Hammer A trio of terraces in Norfolk, Mid Glamorgan and Essex. (R,S)
- 12.15 Bargain Hunt A team of teachers hope to go to the top of the class as they take on a team of lecturers at Detling showground. (S)



6.30pm The One Show

- 1.00 BBC News At One (S)
- 1.20 BBC Regional News (S)
- 1.30 SOAP Doctors An invite to meet Paige's parents leaves Sid on the fence. (S)
- 2.00 The Famous Five (S)
- 3.30 Escape To The Country The search for a new home in West Yorkshire. (R,S)
- 4.30 The Finish Line (S)
- 5.15 Pointless (S)
- 6.00 BBC News At Six (S)
- 6.20 BBC Regional News (S)
- 6.30 The One Show (S)
- 7.15 SOAP EastEnders Suki and Eve are rattled when Nish turns up on the doorstep of No 41. (S)
- 7.45 FILM PREMIERE Spider-Man: No Way Home Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. Comic-book adventure sequel, starring Tom Holland. (2021) ★★★★★ (S)
- 10.00 BBC News At Ten (S)
- 10.20 BBC Regional News (S)
- 10.30 Have I Got A Bit More News For You (8/10) Amol Rajan hosts an extended edition of the quiz. (R,S)
- 11.15 I Kissed A Girl (7/10) Emotions run high as the girls return from their dates. (R,S)
- 12.00 I Kissed A Girl (R,S)
- 12.55-6am BBC News (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.45 am Bargain Hunt Roo Irvine celebrates quirky antiques and collectibles in Glasgow. (R,S)
- 7.30 Marcus Wareing Simply Provence Marcus learns how to make a popular local artichoke dish. (R,S)
- 8.00 Sign Zone: MasterChef The finalists jet across the globe for the trip of a lifetime to Singapore. (R,S,SL)
- 9.00 BBC News (S)



6pm House Of Games

- 1.00 Impossible (R,S)
- 1.45 Mastermind (R,S)
- 2.15 Great Coastal Railway Journeys (R,S)
- 2.45 The Farmers' Country Showdown (R,S)
- 3.30 Five Bedrooms (R,S)
- 4.15 Cornwall: This Fishing Life Documentary. (R,S)
- 5.15 Flog It! (R,S)
- 6.00 Richard Osman's House Of Games (R,S)
- 6.30 NEW Clive Myrie's Caribbean Adventure The newsreader explores his heritage of the region. (S)
- 7.00 NEW Thief At The British Museum The theft of items from the British Museum. (S)
- 7.30 Saving Lives At Sea (7/10) An RNLI crew race to the rescue of a diver off the Dorset coast. (R,S)
- 8.00 NEW Springwatch The team returns to RSPB Arne in Dorset. (S)
- 9.00 NEW D-Day 80: We Were There Rachel Burden traces the stories of the UK's D-Day veterans. (S)
- 10.00 FILM Hope And Glory Drama, starring Sebastian Rice-Edwards. (1987) ★★★★★ (S)
- 11.50 FILM The Road Dance Drama. (2021) ★★★★★ (S)
- 1.45 Sign Zone: Question Time Topical debate. (R,S,SL)
- 2.45-3.40am Countryfile (R,S,SL)

Kissed A Girl 12.30am I Kissed A Girl 1.20-6am BBC News S4C 6am Cym 10.30 Eisteddfod Yr Urdd 2024 12noon Newyddion S4C 12.05pm Eisteddfod Yr Urdd 2024 2.25 Newyddion S4C 2.30 Eisteddfod Yr Urdd 2024 3.00 Eisteddfod Yr Urdd 2024 6.30 Y Coridor

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.00 am Good Morning Britain News, current affairs and lifestyle features. (S)
- 9.00 Lorraine Entertainment and fashion news. (S)
- 10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. (S)
- 12.30 Loose Women Celebrity interviews and studio discussion from a female perspective. (S)



8pm Britain's Got Talent

- 1.45 ITV Lunchtime News (S)
- 1.50 Regional News (S)
- 2.00 Dickinson's Real Deal (R,S)
- 3.00 FILM Nanny McPhee And The Big Bang Fantasy comedy, starring Emma Thompson and Sam Kelly. (2010) ★★★★★ (S)
- 5.00 Tipping Point: Best Ever Finals (R,S)
- 5.30 The Chase (R,S)
- 6.30 Regional News (S)
- 6.40 ITV Evening News (S)
- 7.00 SOAP Emmerdale Leyla is suspicious of Ella. (S)
- 7.30 SOAP Coronation Street When Nathan ridicules her efforts to banish him from Weatherfield, Sarah plans to implicate him in Lauren's murder. (S)
- 8.00 Britain's Got Talent Ant and Dec host the first live semi-final. (S)
- 10.00 ITV News (S)
- 10.25 FILM The Invisible Man An abused woman flees for her life, but then fears her apparently dead partner has come after her. Thriller, starring Elisabeth Moss. (2020) ★★★★★ (S)
- 12.30 Shop On TV
- 3.00 My Mum, Your Dad (R,S,SL)
- 3.50 Unwind With ITV (S)
- 5.05 Gino's Italy: Like Mamma Used To Make (R,S,SL)
- 5.35-6am Gino's Italy: Secrets Of The South (R,S,SL)

6.40 Y Coridor 6.50 Newyddion Ni 6.57 Newyddion S4C 7.00 Heno 7.45 Newyddion S4C Ar Tywydd 8.00 Eisteddfod Yr Urdd 2024 9.30 Ffermio 10.00 Gerddi Cymru 10.30 Iaith Ar Daith 11.30pm-1.05am Eisteddfod Yr Urdd 2024

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104
Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.30 am 3rd Rock From The Sun American comedy. (R,S)
- 7.45 Everybody Loves Raymond Comedy. (R,S)
- 9.40 Frasier Double bill. (R,S)
- 10.40 FILM Annie An orphan wins the affections of a billionaire, but someone is out to ruin her chances of happiness. Musical, based on the stage play, starring Aileen Quinn and Albert Finney. (1982) ★★★ (S)



8pm Our Welsh Chapel Dream

- 1.05 Find It, Fix It, Flog It (R,S)
- 2.10 Countdown (S)
- 3.00 A Place In The Sun (R,S)
- 4.00 A Place In The Sun (S)
- 5.00 Come Dine With Me: The Professionals (S)
- 6.00 Four In A Bed At Home Farm B&B in Milton Keynes. (S)
- 6.30 C4 News (S)
- 7.00 The Great Celebrity Bake Off For Stand Up To Cancer (5/5) With Deborah Meaden, Jay Blades, Judi Love and Mike Wozniak. (R,S)
- 8.00 Our Welsh Chapel Dream (4/4) Keith and Marj sleep in a shipping container in their car park. (S)
- 9.00 Kill Zone: Inside Gaza - Dispatches Examining the toll of Israel's military campaign on Gaza as vital services break down. Told through the testimony of children, journalists and doctors at the centre of it all. (S)
- 10.15 24 Hours In Police Custody Feature-length special telling the inside story of an armed siege in a tower block. (R,S)
- 11.55 Kingpins (2/3) Ben Zand travels to Lebanon and encounters a high-level arms dealer. (S)
- 12.50 Ramsay's 24 Hours To Hell And Back (R,S,SL)
- 1.40-2.30am The Simpsons (R,S)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

- 6.00 am Milkshake!
- 9.15 Jeremy Vine The broadcaster discusses the issues of the day. (S)
- 11.15 Storm Huntley The day's debate continues. (S)
- 12.45 Friends Double bill. Monica tries to re-create a secret recipe belonging to Phoebe's grandmother. Then, an attractive but unqualified man applies to be Rachel's assistant (R,S)



9pm Mysteries Of The Pyramids...

- 1.10 Friends Rachel wrestles with a dilemma. (R,S) Followed by 5 News
- 1.45 SOAP Home And Away Mali gets in Rose's way. (R,S)
- 2.15 FILM A View To Kill For Thriller, starring Tiffany Montgomery and Samuel Whitten. (2023) ★★★ (S)
- 4.00 Bargain-Loving Brits In The Sun (R,S)
- 5.00 Bargain-Loving Brits In The Sun (R,S) Followed by 5 News Update
- 6.00 Police Interceptors The officers chase two separate runaways. (R,S) Followed by 5 News
- 7.00 Traffic Cops (6/22) A scooter is driven the wrong way down a dual carriageway. (R,S) Followed by 5 News Update
- 8.00 Motorway Cops: Catching Britain's Speeders (7/10) PC Martain Anderson stakes out a suspect at a fast-food outlet. (S)
- 9.00 NEW Mysteries Of The Pyramids With Dara O Briain (2/2) A look at the battle between tomb raiders and tomb builders. (S)
- 10.00 Inside The Force (11/14) (S)
- 11.05 Police: Suspect No 1 (5/6) Factual crime. (R,S)
- 12.35 Traffic Cops (R,S)
- 1.25-3.25am PlayOJO Live Casino Show (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 10.30pm Paranormal: The Girl, The Ghost And The Gravestone 11.00 Have I Got A Bit More News For You 11.45 I

FREEVIEW AND SATELLITE CHANNELS

ITV2

- 12noon Secret Crush 1.00 Dress To Impress 2.00 Family Fortunes 3.00 Veronica Mars 4.00 Deal Or No Deal Celebrity Special 5.00 Britain's Got Talent 6.00 Celebrity Catchphrase. Gameshow. 7.00 Family Fortunes 8.00 Bob's Burgers 9.00 Family Guy 11.30 American Dad! 12.30 Bob's Burgers 1.30 Hey Tracey! 2.25-3am Unwind With ITV

ITV3

- 11.20am Heartbeat 1.30 Classic Emmerdale 2.35 Classic Coronation Street 3.45 Marple 5.55 Heartbeat 7.00 Vera 9.00 Mr Bates Vs The Post Office 10.00 The Thief, His Wife And The Canoe 11.00 Wycliffe 11.55 The Royal 12.45 Upstairs, Downstairs 1.45 Bless This House 2.10-2.30am Unwind With ITV

ITV4

- 12noon Made In Britain 12.30 FILM The Train Robbers (1973) 2.35 FILM Jeremiah Johnson (1972) 4.45 FILM Flash Gordon (1980) 7.00 The Grand Fishing Adventure 8.00 MotoGP Highlights 9.00 NEW SERIES! No Room For Error. The cream of the road racing crop eagerly await a TI like none before. 10.00 FILM Mad Max Beyond Thunderdome (1985) 12.15 Motorsport UK 1.15 Auto Mundial 1.40 Motorsport Mundial 2.10-3am From Dusk Till Dawn

BBC THREE

- 7pm The Next Step 8.05 NEW EPISODE! Shark Tank 8.45 Quiet Life 9.00 NEW EPISODE! I Kissed A Girl 9.50 NEW! Dave's Games 10.05 Juice 11.00 Dubai Hustle

BBC FOUR

- 7pm Great British Railway Journeys 7.30 War Walks. The battlefield at Hastings. 8.00 Britain's Lost Masterpieces 9.00 NEW! Cumbria's Red Squirrels. A look at Cumbria's red squirrels and those dedicated to protecting them. 10.00 Civilisation: A Personal View By Kenneth Clark 11.40 Inside The Mind Of Robert Burns 12.40 Angelou On Burns 1.30 Great British Railway Journeys 2.00 War Walks 2.30-3.30am Britain's Lost Masterpieces

E4

- 12noon The Big Bang Theory 2.00 Brooklyn Nine-Nine 3.00 Modern

- Family 4.00 Young Sheldon 5.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Modern Family 8.00 Teen First Dates. Apprentice builder Adam goes on a date with special effects make-up student Amy. 9.00 NEW EPISODE! Made In Chelsea. Tristan is reeling from the chaos of Mauritius. 10.05 Gogglebox 11.05 First Dates 12.10 The Big Bang Theory 1.10 Brooklyn Nine-Nine 2.10 Modern Family 3.00 Made In Chelsea 3.55 Ramsay's Kitchen Nightmares USA 4.45-6am Brooklyn Nine-Nine

MORE4

- 11.35am Come Dine With Me 2.10 Four In A Bed 4.50 FILM The Italian Job (1969) 6.55 Car S.O.S 7.55 Grand Designs 9.00 NEW EPISODE! PopMaster TV 10.00 8 Out Of 10 Cats Does Countdown

- 11.05 24 Hours In A&E 12.05 PopMaster TV 1.10 999: On The Front Line 2.15 24 Hours In A&E 3.20-4am A Place In The Sun

FILM4

- 11am Ferdinand (2017) 1.10 Bridge To Terabithia (2007) 3.00 Percy Jackson & The Lightning Thief (2010) 5.20 Babe: Pig In The City (1998) 7.10 10 Things I Hate About You. Comedy, starring Heath Ledger and Julia Stiles. (1999) 9.00 Flight. Drama, starring Denzel Washington. (2012) 11.45 Valkyrie. Thriller, starring Tom Cruise. (2008) 2.05-3.55am The Guilty (2018)

TALKING PICTURES

- 11.35am The Outer Limits 12.40 FILM Three Young Texans (1954) 2.15 Scotland Yard 3.00 The Saint

- 4.05 FILM The Smart Aleck (1951) 5.20 FILM Her Favourite Husband (1950) 7.00 The Footage Detectives 8.00 Energy At The Door 9.05 Hot Money 11.10 FILM Wide Boy (1952) 12.25 Scotland Yard 1.00 The Gold Robbers 2.00 Maigret 3.50 Look At Life 4.00 Justice 5.00 The Lloyd Bridges Show 5.30-6am Home West

GREAT! ACTION

- 11.40am FILM Wild Wind (1985) 1.30 FILM Bitter Victory (1957) 3.40 FILM Genghis Khan (1965) 6.15 FILM Waterloo (1970) 9.00 FILM Renegades. Action adventure, starring JK Simmons and Sullivan Stapleton. (2017) 11.15 FILM Battle Of The Bulge (2017) 12.55 FILM Polar Storm (2009) 2.50 The Blitz On London 3.55-5am The Heroes Of WW2

TUESDAY 28 MAY

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am **Breakfast** (S)
- 9.30 **Rip Off Britain** (S)
- 10.15 **The Moment Of Proof** (R,S)
- 10.45 **Expert Witness** An expert witness uses soil analysis to find the body of a missing woman. (R,S)
- 11.15 **Homes Under The Hammer** Properties in Stoke, east London and Kent. (S)
- 12.15 **Bargain Hunt** Roo Irvine hosts the show from Nottinghamshire. (R,S)



8pm **Cheap Flights: What They...**

- 1.00 **BBC News At One** (S)
- 1.30 **BBC Regional News** (S)
- 1.45 **SOAP Doctors** Sid meets Paige's parents. (S)
- 2.15 **Money For Nothing** (S)
- 3.00 **Escape To The Country** (S)
- 3.45 **Garden Rescue** (R,S)
- 4.30 **The Finish Line** (S)
- 5.15 **Pointless** (S)
- 6.00 **BBC News At Six** (S)
- 6.30 **BBC Regional News** (S)
- 7.00 **The One Show** With Lauren Laverne and Jermaine Jenas. (S)
- 7.30 **SOAP EastEnders** Ravi orders Nish to stay away from the family. (S)
- 8.00 **NEW Cheap Flights: What They Really Mean For You** Michelle Ackerley finds out what the government's net zero targets means for holidaymakers and asks if it's possible to make an environmentally responsible decision on a budget. (S)
- 9.00 **The Great British Sewing Bee** (2/10) The sewers face challenges inspired by the world of sport. (S)
- 10.00 **BBC News** (S)
- 10.30 **BBC Regional News** (S)
- 10.40 **Tokyo Vice** (5 & 6/10) Double bill. Sato and Hayama strategise a way forward. Then, Chihara-kai attempt to regroup after a devastating shootout. (S)
- 12.40-6am **BBC News** (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.30 am **Bargain Hunt** A team of teachers take on a team of lecturers at Detling showground. (R,S)
- 7.15 **Money For Nothing** A beachy theme is applied to a bookshelf. (R,S)
- 8.00 **Sign Zone: MasterChef** The final four take charge of one of the last ever restaurant services at Le Gavroche. (R,S,SL)
- 9.00 **BBC News** (S)



9pm **Blood On The Dancefloor...**

- 1.00 **Impossible** (R,S)
- 1.45 **Mastermind** (R,S)
- 2.15 **Great Coastal Railway Journeys** (R,S)
- 2.45 **Five Bedrooms** (R,S)
- 3.30 **The Farmers' Country Showdown** (R,S)
- 4.15 **Cornwall: This Fishing Life** Documentary. (R,S)
- 5.15 **Flog It!** (R,S)
- 6.00 **Richard Osman's House Of Games** (R,S)
- 6.30 **Clive Myrie's Caribbean Adventure** (S)
- 7.00 **Hairy Bikers: Route 66** (R,S)
- 8.00 **Springwatch** Presenter Iolo Williams heads to Hengistbury Head. (S)
- 9.00 **NEW Blood On The Dance Floor - Spotlight** The murder of a police officer that shattered the gay scene in Belfast. (S)
- 10.00 **Meet The Richardsons** (2/6) Jon is given career advice from Jack Dee. (R,S)
- 10.30 **Newsnight** (S)
- 11.05 **International T20 Cricket** England v Pakistan. (S)
- 12.05 **Sign Zone: Secrets And Spies: A Nuclear Game** Documentary. (R,S,SL)
- 1.05 **Hidden Treasures Of The National Trust** (R,S,SL)
- 2.05 **Great British Railway Journeys** (R,S,SL)
- 2.35-3.05am **The Crime Bosses Who Terrorised A City - Panorama** (R,S,SL)

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.00 am **Good Morning Britain** News, current affairs and lifestyle features. (S)
- 9.00 **Lorraine** Entertainment and fashion news. (S)
- 10.00 **This Morning** A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather. (S)
- 12.30 **Loose Women** Topical debate from a female perspective. (S)



7.30pm **Coronation Street**

- 1.30 **ITV Lunchtime News** (S)
- 1.55 **Regional News** (S)
- 2.00 **Dickinson's Real Deal** (R,S)
- 3.00 **Lingo** (R,S)
- 4.00 **Tipping Point** (R,S)
- 5.00 **The Chase** (R,S)
- 6.00 **Regional News** (S)
- 6.30 **ITV Evening News** (S)
- 7.00 **SOAP Emmerdale** Ethan collapses, Charles is terrified, and Dawn is concerned. (S)
- 7.30 **SOAP Coronation Street** After failing to get the truth out of Carla, DS Swain pays Roy a visit. (S)
- 8.00 **Britain's Got Talent** More semi-finalists compete for a place in the grand final. (S)
- 10.00 **ITV News** (S)
- 10.30 **Regional News** (S)
- 10.45 **On Assignment** Emma Murphy meets the widows being abandoned by their families in India. (S)
- 11.20 **Absolutely India: Mancs In Mumbai** (1/6) Ryan, Adam and Scott Thomas trace their family roots in India. (R,S)
- 11.45 **Absolutely India: Mancs In Mumbai** (2/6) (R,S)
- 12.10 **ITV Studio Sessions** (R,S)
- 12.35 **Shop On TV**
- 3.00 **My Mum, Your Dad** (R,S,SL)
- 3.50 **Unwind With ITV** (S)
- 5.05-6am **James Martin's Spanish Adventure** (R,S,SL)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.30 am **3rd Rock From The Sun** Triple bill. (R,S)
- 7.45 **Everybody Loves Raymond** Four episodes. (R,S)
- 9.40 **Frasier** Triple bill. (R,S)
- 11.10 **Ramsay's Kitchen Nightmares USA** (R,S)
- 12.05 **C4 News** (S)
- 12.10 **Ramsay's Kitchen Nightmares USA** The chef heads to Mike & Nellie's Steakhouse in Oakhurst, New Jersey. (R,S)



10pm **My Sexual Abuse: The Sitcom**

- 1.05 **Find It, Fix It, Flog It** (R,S)
- 2.10 **Countdown** (S)
- 3.00 **A Place In The Sun** (R,S)
- 4.00 **A Place In The Sun** (S)
- 5.00 **Come Dine With Me: The Professionals** (S)
- 6.00 **Four In A Bed** (S)
- 6.30 **The Simpsons** (R,S)
- 7.00 **C4 News** (S)
- 8.00 **Emergency Helicopter Medics** Air ambulance crews respond to headteacher Andy who has collapsed after a cardiac arrest. (S)
- 9.00 **The Gathering** (5/6) Promise of getting his sister to the UK safely leaves Bazi with a decision to make. (S)
- 10.00 **NEW My Sexual Abuse: The Sitcom** Following comedian Mark O'Sullivan's journey as he creates a sitcom about the sexual abuse he survived as a child. (S)
- 10.55 **Sky Coppers** (5/6) Following a passenger fleeing from a hit and run. (R,S)
- 11.55 **Taskmaster** (9/10) Sophie Willan is baffled by mirror writing. (R,S,SL)
- 12.55 **Ramsay's 24 Hours To Hell And Back** (R,S,SL)
- 1.55-3.35am **FILM Maffie** Romantic drama, starring Kai Luke Brummer. (2019) ★★★ (S)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

- 6.00 am **Milkshake!**
- 9.15 **Jeremy Vine** Jeremy Vine and Storm discuss the latest news and get your views and opinions of the day. (S)
- 11.15 **Storm Huntley** Storm Huntley carries on the discussion and takes your calls to discuss the biggest stories of the day. (S)
- 12.45 **Friends** Double bill of the American comedy. (R,S)



9pm **Into The Amazon With Robson...**

- 1.45 **SOAP Home And Away** Irene asks Dana what's going on with Harper. (R,S)
- 2.20 **FILM Secrets By The Shore** Thriller, starring Christina DeRosa. (2022) ★★★ (S)
- 4.00 **Bargain-Loving Brits In The Sun** Documentary. (R,S)
- 5.00 **5 News At 5** (S)
- 6.00 **Police Interceptors** (R,S) Officers go in pursuit of a drunk driver. Followed by **5 News Update**
- 7.00 **30 Tips To Cut Your Bills** Household energy saving tips and advice on cutting bills with ingenious hacks. (R,S) Followed by **5 News Update**
- 8.00 **The Yorkshire Vet** An emaciated sheep is rushed to the Huddersfield hospital. (S)
- 9.00 **Into The Amazon With Robson Green** (2/3) Robson pedals out on a water bike to see the meeting of the waters, two rivers running side by side that refuse to come together. (S)
- 10.00 **NEW Stormy** Following the story of the unlikely American icon Stormy Daniels. (S)
- 12.05 **Ultimate Police Interceptors** Highlights of the documentary. (R,S)
- 1.00-3am **PlayOJO Live Casino Show** (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 10.40-11.40pm Slammed: The Eighties 12.35am Tokyo Vice 1.35-6am BBC News

S4C 6am Cyw 10.00 Bociuau Rhif 10.05 Ein Byd Bach 10.15 Ne-wff-ion 10.30 Eisteddfod Yr Urdd 2024 12noon Newyddion S4C 12.05pm Eisteddfod Yr Urdd 2024 2.25 Newyddion S4C 2.30 Eisteddfod Yr Urdd 2024 3.00 Eisteddfod Yr Urdd 2024 6.30 Y Coridor

6.45 Y Coridor 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C Ar Tywydd 8.00 Eisteddfod Yr Urdd 2024 9.25 Newyddion S4C Ar Tywydd 9.30 Y Llinell Las 10.30 Pum Merch, Tri Chop, Un Cwch 11.00 Codi Hwy! 11.30pm-1am Eisteddfod Yr Urdd 2024

FREEVIEW AND SATELLITE CHANNELS

ITV2

12noon **Secret Crush** 1.00 **Dress To Impress** 2.00 **Family Fortunes** 3.00 **Veronica Mars** 4.00 **Britain's Got Talent** 6.00 **Celebrity Catchphrase** 7.00 **Family Fortunes** 8.00 **Bob's Burgers** 9.00 **NEW EPISODE!** Hell's Kitchen 10.00 **Plabs** 11.00 **Family Guy** 12.00 **American Dad!** 1.00 **Bob's Burgers** 1.55 **Hey Tracey!** 2.50-3am **Unwind With ITV**

ITV3

11.20am **Heartbeat** 1.30 **Classic Emmerdale** 2.35 **Classic Coronation Street** 3.45 **Marple** 5.55 **Heartbeat** 9.00 **Mr Bates Vs The Post Office** 10.00 **The Thief, His Wife And The Canoe** 11.00 **Wycliffe** 12.00 **The Royal 12.50 Upstairs, Downstairs** 1.50 **Bless This House** 2.15-2.30am **Unwind With ITV**

ITV4

11.25am **BattleBots** 12.30 **The Adventures Of Sherlock Holmes** 1.40 **Magnum, PI** 2.45 **Kojak** 3.50 **Minder** 4.55 **The Sweeney** 6.00 **BattleBots** 7.00 **The Grand Fishing Adventure** 8.00 **Monaco Historique Grand Prix Highlights** 9.00 **No Room For Error** 10.00 **FILM Hellboy II: The Golden Army** (2008) 12.25 **Auto Mundial** 1.00 **Motorsport Mundial** 1.30 **Minder** 2.25-3am **Unwind With ITV**

BBC THREE

7pm **NEW SERIES!** Phoenix Rise 8.00 **NEW EPISODE!** Shark Tank 8.40 **NEW EPISODE!** The Catch Up 8.45 **Zen Motoring** 9.00 **Freddie Flintoff's Field Of Dreams** 10.00 **FILM Tenet** (2020) 12.20 **Fresh Cops** 1.20 **Paranormal: The Girl,**

The Ghost And The Gravestone 1.50 **Freddie Flintoff's Field Of Dreams** 2.50-3.50am **Fresh Cops**

BBC FOUR

7pm **Great British Railway Journeys** 7.30 **War Walks** 8.00 **Yes, Prime Minister** 8.30 **The Perfect Morecombe And Wise** 9.00 **Eric Morecombe: My Comedy Hero** By Miranda Hart 10.00 **NEW EPISODE!** Dalton's Dream: Storyville 11.30 **Coming Out!** A Fabulous History Of Gay Scotland 12.30 **Parkinson** With Kenneth Williams, Maggie Smith And John Betjeman 1.55-2.25am **Great British Railway Journeys**

E4

12noon **The Big Bang Theory** 2.00 **Brooklyn Nine-Nine** 3.00 **Modern**

Family 4.00 **Young Sheldon** 5.00 **The Big Bang Theory** 7.00 **Hollyoaks** 7.30 **Modern Family** 8.00 **Teen First Dates** 9.00 **Celebrity Gogglebox** 10.00 **Gogglebox** 11.05 **First Dates** 12.10 **The Big Bang Theory** 1.10 **Brooklyn Nine-Nine** 2.10 **Modern Family** 3.00 **Celebrity Gogglebox** 3.55 **Ramsay's Kitchen Nightmares USA** 4.45-6am **Brooklyn Nine-Nine**

MORE4

11.25am **Find It, Fix It, Flog It** 12.30 **Come Dine With Me** 3.10 **Four In A Bed** 5.50 **Château DIY** 6.55 **Car S.O.S.** Tim and Fuzz are off to Southampton to take on a 1969 Jensen Interceptor. 7.55 **Grand Designs** 9.00 **NEW EPISODE!** PopMaster TV 10.00 **Do You Remember.. 1994?** 11.05 24 Hours In A&E 12.10 **PopMaster TV**

1.15 **Do You Remember.. 1994?** 2.20 24 Hours In A&E 3.25-3.55am **A Place In The Sun**

FILM4

11am **Jason And The Argonauts** (1963) 1.10 **The Last Hurrah** (1958) 3.35 **Reach For The Sky** (1956) 6.20 **First Knight** (1995) 9.00 **Born On The Fourth Of July**. Fact-based Vietnam War drama, starring Tom Cruise. (1989) 11.50 **The Vanishing** (2019) 2.00-4am **Savage** (2018)

TALKING PICTURES

12noon **Worzel Gummidge** 12.35 **FILM** A Child Is Waiting (1963) 2.40 **FILM** Echo Of Diana (1963) 3.55 **FILM** The Day The Earth Caught Fire (1961) 5.55 **The Beverly Hillsbillies** 6.30 **Scotland Yard** 7.05 **Four Star Theatre** 7.35 **Dangerous**

GREAT! ACTION

12noon **Wild West Chronicles** 1.00 **FILM** Massacre Canyon (1954) 2.30 **FILM** Johnson County War - Part 1 (2002) 5.05 **FILM** Hell In Normandy (1968) 7.10 **FILM** Sub Zero. Action adventure, starring Costas Mandylor. (2005) 9.00 **FILM** Alone We Fight (2018) 11.00 **FILM** The Foreigner (2003) 1.10 **FILM** Brothers In Arms (2019) 3.15-4.20am **The Blitz On Cologne**

WEDNESDAY 29 MAY

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am Breakfast (S)
- 9.30 Rip Off Britain (S)
- 10.15 The Moment Of Proof (R,S)
- 10.45 Expert Witness (R,S)
- 11.15 Homes Under The Hammer
Properties about to be auctioned in Dunfermline, Torquay and south-east London. (R,S)
- 12.15 Bargain Hunt Two teams buy items in Harrogate to sell for profit at auction in Beverley. (R,S)



9pm Race Across The World

- 1.00 BBC News At One (S)
- 1.30 BBC Regional News (S)
- 1.45 SOAP Doctors Sid's decision backfires. (S)
- 2.15 Money For Nothing (S)
- 3.00 Escape To The Country In Argyll and Bute. (R,S)
- 3.45 Garden Rescue (R,S)
- 4.30 The Finish Line (S)
- 5.15 Pointless (R,S)
- 6.00 BBC News At Six (S)
- 6.30 BBC Regional News (S)
- 7.00 The One Show Presented by Alex Jones and Jermaine Jenas. (S)
- 7.30 SOAP EastEnders
The Panesars vote on whether to let Nish back into their lives or not. (S)
- 8.00 The Repair Shop (5/25)
Experts restore a 40-year-old armchair, a model carousel and a bodhran drum. (S)
- 9.00 Race Across The World: The Final (8/9) The teams head to Lombok where a prize of £20,000 awaits the winners. (S)
- 10.00 BBC News At Ten (S)
- 10.30 BBC Regional News (S)
- 10.40 Race Across The World: The Reunion (9/9) The five teams reunite. (S)
- 11.40 FILM The Prestige
Period mystery thriller, starring Hugh Jackman. (2006) ★★★★★ (S)
- 1.50-6am BBC News (S)

REGIONAL VARIATIONS

S4C 6am Cyw 10.00 Brethren A Ffluff 10.05 Caru Canu A Stori 10.15 Kim A Cet A Twrch 10.30 Eisteddfod Yr Urd 2024 12noon Newyddion S4C

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.30 am Money For Nothing
Sarah Moore upcycles a quirky dining set. (R,S)
- 7.15 Escape To The Country
Alistair Appleton is on a property-hunting mission in the Cotswolds. (R,S)
- 8.00 Sign Zone: MasterChef
The finalists must deliver a three-course menu in their final chance to impress. (R,S,SL)
- 9.00 BBC News (S)



9pm The Misadventures Of Romesh...

- 1.00 Impossible (R,S)
- 1.45 Mastermind (R,S)
- 2.15 Great Coastal Railway Journeys (R,S)
- 2.45 Five Bedrooms (R,S)
- 3.30 The Farmers' Country Showdown (R,S)
- 4.15 Cornwall: This Fishing Life
Documentary. (R,S)
- 5.15 Flog It! (R,S)
- 6.00 Richard Osman's House Of Games (R,S)
- 6.30 Clive Myrie's Caribbean Adventure (S)
- 7.00 Hairy Bikers: Route 66 (6/6)
The duo visit a taco festival. (R,S)
- 8.00 Springwatch (3/12)
Chris and Michaela commentate on the drama from the live nests. (S)
- 9.00 NEW The Misadventures Of Romesh Ranganathan (1/3)
The comedian visits Uganda. (S)
- 10.00 Inside No 9 (4/6)
A family try out their local escape room, The Killer's Lair. (S)
- 10.30 Newsnight (S)
- 11.05 Unspun World With John Simpson (S)
- 11.30 Hidden Treasures Of The National Trust (3/6) (R,S)
- 12.30 Sign Zone: Rob And Rylan's Grand Tour (R,S,SL)
- 1.30 The Great British Sewing Bee (R,S,SL)
- 2.30-3am David & Jay's Touring Toolshed (R,S,SL)

12.05pm Eisteddfod Yr Urd 2024 2.25 Newyddion S4C 2.30 Eisteddfod Yr Urd 2024 3.00 Eisteddfod Yr Urd 2024 6.30 Yr Coridor 6.45 Yr Coridor 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C A'r Tywydd 8.00 Eisteddfod Yr Urd 2024

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.00 am Good Morning Britain
News, current affairs and lifestyle features. (S)
- 9.00 Lorraine
Entertainment and fashion news. (S)
- 10.00 This Morning
A mix of celebrity chat, lifestyle features, advice and competitions. Including Local Weather. (S)
- 12.30 Loose Women
Topical debate from a female perspective. (S)



7pm Emmerdale

- 1.30 ITV Lunchtime News (S)
- 1.55 Regional News (S)
- 2.00 Dickinson's Real Deal (R,S)
- 3.00 Lingo (R,S)
- 4.00 Tipping Point (R,S)
- 5.00 The Chase (R,S)
- 6.00 Regional News (S)
- 6.30 ITV Evening News (S)
- 7.00 SOAP Emmerdale
Leyla is determined, Belle feels guilty, and Tom's plan is working. (S)
- 7.30 SOAP Coronation Street
Roy unwittingly allows himself to be lured from the sanctuary of his cell to the prison library. (S)
- 8.00 Britain's Got Talent
Ant and Dec host as more acts compete in the semi-finals. (S)
- 10.00 ITV News (S)
- 10.30 Regional News (S)
- 10.45 The 1% Club Quiz. (R,S)
- 11.45 Absolutely India: Mancs In Mumbai (3/6)
Ryan, Adam and Scott Thomas are on the trail of a very special cousin. (R,S)
- 12.10 Absolutely India: Mancs In Mumbai (R,S)
- 12.35 Shop On TV
3.00 Tonight: How Broke Is Your Council? (R,S,SL)
- 3.25 My Mum, Your Dad (R,S,SL)
- 4.15 Unwind With ITV (S)
- 5.30-6am For The Love Of Dogs
With Alison Hammond
A whippet puppy. (R,S,SL)

9.25 Newyddion S4C A'r Tywydd 9.30 30 Stén: Brwydr Fawr Geth A Monty 10.30 Yr Anialwch 11.30pm-1am Eisteddfod Yr Urd 2024

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.30 am 3rd Rock From The Sun
Three episodes. (R,S)
- 7.45 Everybody Loves Raymond
Four episodes. (R,S)
- 9.40 Frasier
Triple bill. (R,S)
- 11.10 Ramsay's Kitchen
Nightmares USA (R,S)
- 12.05 C4 News (S)
- 12.10 Ramsay's Kitchen
Nightmares USA
A Georgia restaurant debate played by mismanagement. (R,S)



9pm The Gathering

- 1.05 Find It, Fix It, Flog It (R,S)
- 2.10 Countdown (S)
- 3.00 A Place In The Sun (R,S)
- 4.00 A Place In The Sun (S)
- 5.00 Come Dine With Me: The Professionals (S)
- 6.00 Four In A Bed (S)
- 6.30 The Simpsons (R,S)
- 7.00 C4 News (S)
- 8.00 Location, Location,
Location
Kirstie Allsopp and Phil Spencer scour the south coast between Southampton and Bognor Regis, where both the tide and the pressure to find properties are running high. (S)
- 9.00 The Gathering (6/6)
Drugs, alcohol and simmering emotions explode into multiple showdowns and a violent assault at the beach rave. (S)
- 10.00 Britain's Most Expensive Houses
Sales broker John has a vast family home to sell in the stunning New Forest. (R,S)
- 11.05 The Piano (5/7)
Claudia Winkleman hosts from Liverpool Lime Street Station. (R,S,SL)
- 12.10 24 Hours In A&E (R,S)
- 1.05 Imposter: The Man Who Came Back From The Dead
Documentary. (R,S)
- 2.00-3.05am Kill Zone: Inside Gaza - Dispatches (R,S,SL)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

- 6.00 am Milkshake!
- 9.15 Jeremy Vine
Jeremy Vine and Storm discuss the latest news. (S)
- 11.15 Storm Huntley
Debate on the day's talking points continues. (S)
- 12.45 Friends
Double bill. Janice wheedles a wedding invitation from Chandler and Monica. Then, Tag visits for Thanksgiving. (R,S)
Followed by 5 News



9pm Casualty 24/7: Every Second...

- 1.45 SOAP Home And Away
On Justin and Leah's big day, Theo and Valerie cut it close. (R,S)
- 2.15 FILM PREMIERE Rear-View
Mirror
Thriller, starring Kayla Fields and Mike Markoff. (2023) ★★★ (S)
- 4.00 Bargain-Loving Brits In The Sun (R,S)
- 5.00 5 News At 5 (S)
- 6.00 Police Interceptors (R,S)
Then 5 News Update
- 7.00 Pounder: Can You Get It Cheaper?
Behind the scenes of the chain of retail stores. (R,S) Followed by 5 News Update
- 8.00 The Motorway
A four-car crash in Manchester's rush hour puts the patrollers under pressure and a family are left stranded at the side of the motorway. (S)
- 9.00 Casualty 24/7: Every Second Counts (3/16)
Walk-in and ambulance patients start to queue up rapidly on the hottest day of the year. (S)
- 10.00 Trauma Room One (3/8)
A hi-tech operation. (R,S)
- 11.05 999: Emergency Call Out (7/10)
A car has ended up on its roof. (R,S)
- 12.05 Motorway Cops: Catching Britain's Speeders (R,S)
- 1.00-3am PlayOJO Live Casino Show (S)

FREEVIEW AND SATELLITE CHANNELS

ITV2

- 12noon Secret Crush 1.00 Dress To Impress 2.00 Family Fortunes 3.00 Veronica Mars 4.00 Britain's Got Talent 6.00 Celebrity Catchphrase 7.00 Family Fortunes 8.00 Bob's Burgers 9.00 NEW EPISODE! Hell's Kitchen. The final two contestants battle for the crown. 10.00 Plebs 11.00 Family Guy 12.00 American Dad! 1.00 Bob's Burgers 1.55 Shopping With Keith Lemon 2.50-3am Unwind With ITV

ITV3

- 11.20am Heartbeat 1.30 Classic Emmerdale 2.35 Classic Coronation Street 3.45 Marple 5.55 Heartbeat 9.00 Mr Bates Vs The Post Office 10.00 The Thief, His Wife And The Canoe 11.00 Wycliffe 12.00 Heartbeat

- 12.50 Upstairs, Downstairs 1.45 Bless This House 2.10-2.30am Unwind With ITV

ITV4

- 11.45am The Adventures Of Sherlock Holmes 12.55 Magnum, PI 2.00 Kojak 3.05 Minder 4.10 The Sweeney 5.20 BattleBots 6.20 FILM The Man With The Golden Gun (1974) 9.00 No Room For Error 10.00 All Elite Wrestling: Rampage 11.10 FILM Lucy (2014) 12.55 Monster Carp 1.55 The Protectors 2.25-3am Unwind With ITV

BBC THREE

- 7pm NEW EPISODE! Phoenix Rise 8.00 NEW EPISODE! Shark Tank 8.40 NEW EPISODE! The Catch Up 8.45 Zen Motoring 9.00 FILM Spider-Man: Far From Home.

BBC FOUR

- 7pm Great British Railway Journeys 7.30 War Walks 8.00 Full Circle With Michael Palin 8.50 Michael Palin: The Art Of Travel 9.00 Double Cross: The True Story Of The D-Day Spies 10.00 Bernard Hill Remembers Boys From The Black Stuff 10.10 Boys From The Blackstuff 3.20-3.50am Great British Railway Journeys

E4

- 12noon The Big Bang Theory

- 2.00 Brooklyn Nine-Nine 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Modern Family 8.00 Teen First Dates 9.00 Celebrity Gogglebox 10.00 Gogglebox 11.05 First Dates 12.10 The Big Bang Theory 1.10 Brooklyn Nine-Nine 2.10 Modern Family 3.00 Celebrity Gogglebox 3.55 Ramsay's Kitchen Nightmares USA 4.45-6am Brooklyn Nine-Nine

MORE4

- 11.25am Find It, Fix It, Flog It 12.30 Come Dine With Me 3.10 Four In A Bed 5.50 Chateau DIY 6.55 Car S.O.S 7.55 The Dog House 9.00 To Catch A Copper 10.00 999: On The Front Line 11.05 24 Hours In A&E 12.10 Emergency Helicopter Medics: Coast & River Emergencies 1.15 999: On The Front Line

- 2.15 24 Hours In A&E 3.20-3.50am A Place In The Sun

FILM4

- 11am Mandy (1952) 12.55 40 Guns To Apache Pass (1967) 2.50 The Guns Of Fort Petticoat (1957) 4.30 The Golden Voyage Of Sinbad (1974) 6.40 Lion (2016) 9.00 PREMIERE Fresh Comedy horror, starring Daisy Edgar-Jones. (2022) 11.15 Red Sparrow (2018) 2.00-4am Venus (2006)

TALKING PICTURES

- 11.05am FILM The Quiet Woman (1951) 12.35 FILM Bulldog Drummond Comes Back (1937) 1.45 FILM Witness In The Dark (1959) 3.00 Saddle Up 3.05 FILM Return Of The Texan (1952) 4.50 Saddle Up 4.55 Johnny Ringo

GREAT! ACTION

- 12noon Wild West Chronicles 1.00 FILM Ride Lonesome (1959) 2.35 FILM Johnson County War - Part 2 (2022) 5.10 FILM Surface To Air (1997) 7.05 FILM Storm Cell. Thriller, with Mimi Rogers. (2008) 9.00 FILM The Great War. War drama, starring Billy Zane. (2019) 11.00 FILM Inheriting The Viper (2019) 12.45 FILM Arctic (2018) 2.40 War Machines 3.40 Battle For Warsaw 4.30-5am Wild West Chronicles

THURSDAY 30 MAY

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am Breakfast** (S)
- 9.30 Rip Off Britain** People left cut off after their home phones were switched to a new system. (S)
- 10.15 The Moment Of Proof** (R,S)
- 10.45 Expert Witness** (R,S)
- 11.15 Homes Under The Hammer** Properties in Lancashire and Cheshire. (R,S)
- 12.15 Bargain Hunt** Two teams go head to head in Newark, Nottinghamshire. (R,S)



9pm The Outlaws

- 1.00 BBC News At One** (S)
- 1.30 BBC Regional News** (S)
- 1.45 SOAP Doctors** Zara and Michelle look forward to some relaxation. (S)
- 2.15 Money For Nothing** (S)
- 3.00 Escape To The Country** A buyer seeks a property in south-west Wales. (R,S)
- 3.45 Garden Rescue** (R,S)
- 4.30 The Finish Line** (S)
- 5.15 Pointless** (R,S)
- 6.00 BBC News At Six** (S)
- 6.30 BBC Regional News** (S)
- 7.00 The One Show Magazine** show, hosted by Alex Jones and Roman Kemp. (S)
- 7.30 SOAP EastEnders** Ravi struggles to stand firm against Nish. (S)
- 8.00 Dragons' Den** (13/14) The purveyors of a new type of cocktail hope their product will be to the Dragons' taste. (R,S)
- 9.00 NEW The Outlaws** (1/5) Everyone is moving on with their lives, but then Rani shows up with a secret and needs their help. Return of the comedy drama, with Rianne Barreto. (S)
- 10.00 BBC News At Ten** (S)
- 10.30 BBC Regional News** (S)
- 10.40 Question Time** Fiona Bruce presents topical debate from Epsom. (S)
- 11.40 Newscast** (S)
- 12.15-6am BBC News** (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.15 am Homes Under The Hammer** Featuring properties in Stoke, east London and Kent. (R,S)
- 7.15 Money For Nothing** Zoe Murphy tries to save a dated dining table. (R,S)
- 8.00 Sign Zone: Rick Stein's Food Stories** (R,S,SL)
- 8.30 Great British Railway Journeys** (R,S,SL)
- 9.00 BBC News** National and international stories. (S)



6.15pm International T20 Cricket

- 1.00 Impossible** (R,S)
- 1.45 Mastermind** (R,S)
- 2.15 Great Coastal Railway Journeys** (R,S)
- 2.45 Five Bedrooms** (R,S)
- 3.30 The Farmers' Country Showdown** (R,S)
- 4.15 Cornwall: This Fishing Life** How small fishing boats are coming under threat from industrialisation. (R,S)
- 5.15 Flog It!** From Cuzelan Castle, Ayrshire. (R,S)
- 6.15 LIVE International T20 Cricket** England v Pakistan. Live coverage of the fourth and final T20 match of the series, staged at the Oval. (S)
- 10.00 Mock The Week** (3/7) With Jen Brister, Rhys James, Laura Lexx, Glenn Moore and Ahir Shah. (R,S)
- 10.30 Newsnight** The day's important national and international news stories with Kirsty Wark. (S)
- 11.05 The Misadventures Of Romesh Ranganathan** (1/3) Romesh Ranganathan visits Uganda. (R,S)
- 12.05 Sign Zone: Saving Lives At Sea** (R,S,SL)
- 1.05 Doctor Who** (R,S,SL)
- 1.50-2.50am Cold Case Investigators: Solving Britain's Sex Crimes** Part one of two. (R,S,SL)

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.00 am Good Morning Britain** News, current affairs and lifestyle features. (S)
- 9.00 Lorraine** Entertainment and fashion news. (S)
- 10.00 This Morning** Celebrity chat, showbusiness news, lifestyle features, topical discussion and more. Including Weather. (S)
- 12.30 Loose Women** The women put the world to rights once more. (S)



2pm Dickinson's Real Deal

- 1.30 ITV Lunchtime News** (S)
- 1.55 Regional News** (S)
- 2.00 Dickinson's Real Deal** (R,S)
- 3.00 Lingo** (R,S)
- 4.00 Tipping Point** (R,S)
- 5.00 The Chase** (R,S)
- 6.00 Regional News** (S)
- 6.30 ITV Evening News** (S)
- 7.00 SOAP Emmerdale** Manpreet confesses, Liam is jolted into action, and Ruby breaks down. (S)
- 7.30 SOAP Coronation Street** Sarah regrets her reckless actions, and Griff relies on deadly threats to force a confession from Roy. (S)
- 8.00 Britain's Got Talent** As the semi-finals continue, acts compete against one another to land themselves a place in the grand final at the end of the week. Ant and Dec host. (S)
- 10.00 ITV News** (S)
- 10.30 Regional News** (S)
- 10.45 FILM From Russia With Love** James Bond is sent to steal a top-secret Soviet decoding machine - but the mission is a trap set by crime syndicate Spectre. Spy thriller, with Sean Connery. (1963) ★★★★★ (S)
- 12.45 Shop On TV**
- 3.00 My Mum, Your Dad** (R,S,SL)
- 3.50 Wind With ITV** (S)
- 5.05-6am Katie Piper's Breakfast Show** (R,S,SL)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.30 am 3rd Rock From The Sun** Three episodes. (R,S)
- 7.45 Everybody Loves Raymond** Four episodes. (R,S)
- 9.40 Frasier** Triple bill. (R,S)
- 11.10 Ramsay's Kitchen Nightmares USA** In Philadelphia. (R,S)
- 12.05 C4 News** (S)
- 12.10 Ramsay's Kitchen Nightmares USA** A failing restaurant in Fremont, California. (R,S)



10pm We Are Lady Parts

- 1.05 Find It, Fix It, Flog It** (R,S)
- 2.10 Countdown** (S)
- 3.00 A Place In The Sun** (R,S)
- 4.00 A Place In The Sun** (S)
- 5.00 Come Dine With Me: The Professionals** (S)
- 6.00 Four In A Bed** (S)
- 6.30 The Simpsons** (R,S)
- 7.00 C4 News** (S)
- 8.00 The Truth About Temu: Dispatches** Journalist Ellie Flynn investigates the legitimacy of Temu. (S)
- 8.30 Kirstie And Phil's Love It Or List It: Brilliant Builds** Kirstie and Phil look back on their time in Waterbeach with Amber and Martin. (R,S)
- 9.00 Taskmaster** (10/10) In the grand final, Sophie Willan impresses on keyboards and Steve Pemberton is surprised in a field. (S)
- 10.00 NEW We Are Lady Parts** (1/6) Comedy about a Muslim punk band. (S)
- 10.35 We Are Lady Parts** (2/6) The band are left with no rehearsal space. (S)
- 11.10 Gogglebox** (R,S,SL)
- 12.10 First Dates** (R,S,SL)
- 1.05 Ramsay's 24 Hours To Hell And Back** (R,S,SL)
- 1.55-3.45am FILM The Art Of Racing In The Rain** Comedy drama, starring Milo Ventimiglia and Kathy Baker. (2019) ★★★ (S,SL)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

- 6.00 am Milkshake!**
- 9.15 Jeremy Vine** The broadcaster and Storm Huntley discuss the latest news and get your views and opinions. (S)
- 11.15 Storm Huntley** Storm Huntley carries on the discussion and takes your calls to discuss the biggest stories of the day. (S)
- 12.45 Friends** Double bill. (R,S) Followed by **5 News**



9pm The Hotel Inspector

- 1.45 SOAP Home And Away** In an unknown location, Tane holds baby Maia close, both appearing unharmed. (R,S)
- 2.15 FILM Twelve Desperate Hours** Thriller, with David Conrad and Samantha Mathis. (2023) ★★ (S)
- 4.00 Bargain-Loving Brits In The Sun** (R,S)
- 5.00 5 News At 5** (S)
- 6.00 Amazing Railway Journeys With Nick Knowles** Exploring Norway. (R,S) Followed by **5 News Update**
- 7.00 Escape To The Farm With Kate Humble** (4/8) Kate embraces innovative treehouse accommodation and an intriguing business model. (S) Then **5 News**
- 8.00 Reuben: Life In The Dales** (6/6) A plumbing project turns into a disaster when rainwater lifts the septic tank out of a hole. (S)
- 9.00 The Hotel Inspector** Alex Polizzi revisits a Folkestone hostelry. (S)
- 10.00 Rose West: Making Of A Monster** A look at the serial killer's childhood. (R,S)
- 11.35 5 Clues That Caught The Killer** (R,S)
- 12.35 Criminals: Caught On Camera** (R,S)
- 1.00-3am PlayOJO Live Casino Show** Gambling. (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 8pm Wales' Home Of The Year 8.30-9pm The Crash Detectives

S4C 6am Cyw 10.30 Eisteddfod Yr Urdd 2024 12noon Newyddion S4C 12.05pm Eisteddfod Yr Urdd 2024 2.25 Newyddion S4C 2.30 Eisteddfod Yr Urdd 2024 3.00 Eisteddfod Yr Urdd 2024 6.30 Y Coridor 6.45 Y Coridor 6.57 Newyddion S4C 7.00 Heno 7.30

Newyddion S4C A'r Tywydd 8.00 Eisteddfod Yr Urdd 2024 9.25 Newyddion S4C A'r Tywydd 9.30 Pawb A'i Farn 10.30 Y Llinell Las 11.30 Grid 11.45pm-1.15am Eisteddfod Yr Urdd 2024

FREEVIEW AND SATELLITE CHANNELS

ITV2

- 12noon** Secret Crush **1.00** Dress To Impress **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Britain's Got Talent **6.00** Celebrity Catchphrase **7.00** Family Fortunes **8.00** Bob's Burgers **9.00** Family Guy **11.30** American Dad! **12.30** Bob's Burgers **1.30** Don't Hate The Playaz **2.10-3am** Unwind With ITV

ITV3

- 11.20am** Heartbeat **1.30** Classic Emmerdale **2.35** Classic Coronation Street **3.45** Marple **5.55** Heartbeat **9.00** Mr Bates Vs The Post Office. Fact-based drama. **10.00** The Thief, His Wife And The Canoe **11.05** Wycliffe **12.00** Heartbeat **12.50** Upstairs, Downstairs **1.45** Bless This House **2.15-2.30am** Unwind With ITV

ITV4

- 11.25am** BattleBots **12.25** The Adventures Of Sherlock Holmes **1.40** Magnum, PI **2.40** Kojak **3.45** Minder **4.55** The Sweeney **6.00** River Monsters **6.30** British Touring Car Championship Highlights **8.00** Monaco Historique Grand Prix Highlights **9.00** No Room For Error **10.00** All Elite Wrestling: Collision **12.10** Monster Carp **1.10** The Sweeney **2.05** Auto Mundial **2.35-3am** Motorsport Mundial

BBC THREE

- 7pm LIVE SPORT!** Athletics: Diamond League Oslo. The Bislett Games. **9.00 NEW EPISODE!** Shark Tank. Comedy drama. **9.40** Spud **10.00** The Young Offenders **10.30** High: Surviving A Dubai Drugs Bust **11.00** Becoming The Doctor

- 11.20** I Kissed A Girl **12.55** Charlotte In Sunderland **1.55** High: Surviving A Dubai Drugs Bust **2.25** Drugs Map Of Britain **3.25-3.55am** Charlotte In Sunderland

BBC FOUR

- 7pm** Great British Railway Journeys **7.30** War Walks **8.00** A House Through Time **9.00** Bloody Omaha: Timewatch **10.00** FILM Blazing Saddles (1974) **11.30** Mel Brooks: Unwrapped - Imagine **12.40** Cumbria's Red Squirrels **1.40** Great British Railway Journeys **2.10** War Walks **2.40-3.40am** A House Through Time

E4

- 12noon** The Big Bang Theory **2.00** Brooklyn Nine-Nine **3.00** Modern Family **4.00** Young Sheldon

- 5.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Modern Family **8.00** Teen First Dates **9.00** Celebrity Gogglebox **10.00** Gogglebox **11.05** First Dates **12.10** The Big Bang Theory **1.10** Rick And Morty **1.45 NEW EPISODE!** Smiling Friends **2.15** Brooklyn Nine-Nine **3.05** Celebrity Gogglebox **4.00** Ramsay's Kitchen Nightmares USA **4.50-6am** Modern Family

MORE4

- 11.25am** Find It, Fix It, Flog It **12.30** Come Dine With Me **3.10** Four In A Bed **5.50** Chateau DIY **6.55** Car S.O.S. **7.55** Grand Designs **9.00** NEW EPISODE! GPs: Treating Rural Britain. Dr Kieran sees a patient who is experiencing severe abdominal pain. **10.00** 24 Hours In A&E **12.05** Emergency Helicopter Medics: Late Night Emergencies

- 1.10** 24 Hours In A&E **3.20-3.50am** A Place In The Sun

FILM4

- 11am** A Lawless Street (1955) **12.40** Oliver! (1968) **3.40** The Sound Barrier (1952) **6.00** Cast Away (2000) Drama, starring Tom Hanks. **9.00** Men In Black: International. Fantasy sequel, starring Chris Hemsworth. (2019) **11.15** The Iceman (2012) **1.25-3.55am** Neds (2010)

TALKING PICTURES

- 11.25am** FILM The Lone Wolf Strikes (1940) **12.45** FILM Love Is A Ball (1963) **3.00** Crown Court **4.30** Danger UXB **5.35** FILM Lost In The Desert (1969) **7.15** FILM Rhubarb. Comedy short, directed by and starring Eric Sykes. (1968)

- 8.00** The Brothers **9.05** Van Der Valk **10.10** FILM Bagdad Cafe (1988) **12.20** Look At Life **12.30** Sex Education **1.00** Brides In The Bath **3.05** FILM The Challenge (1960) **4.55-6am** FILM A Little Of What You Fancy (1968)

GREAT! ACTION

- 12noon** Wild West Chronicles **1.00** FILM Coroner Creek (1948) **3.00** FILM The Pledge (2008) **5.05** FILM Tracker (2010) Period action adventure, starring Ray Winstone and Gareth Reeves. **7.10** FILM Jet Stream. Disaster movie, starring David Chokachi. (2012) **9.00** FILM Passchendaele. First World War drama, starring Paul Gross. (2008) **11.25** FILM In The Ashes (2019) **1.25** FILM Ice Twisters (2009) **3.15** The Blitz On Cologne **4.20-4.50am** Wild West Chronicles

FRIDAY 31 MAY

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am Breakfast (S)
- 9.30 **Rip Off Britain** The hacked hotel emails that could cost viewers their holiday. (S)
- 10.15 **The Moment Of Proof** (R,S)
- 10.45 **Expert Witness** (R,S)
- 11.15 **Homes Under The Hammer** Featuring properties in Cambridgeshire, Cumbria and London. (R,S)
- 12.15 **Bargain Hunt** Teams in Exeter look for items to sell at auction. (S)



9.30pm **The Young Offenders**

- 1.00 **BBC News At One** (S)
- 1.30 **BBC Regional News** (S)
- 1.45 **Hope Street** (S)
- 2.30 **Money For Nothing** (R,S)
- 3.00 **Escape To The Country** A couple search for a home in the Herefordshire countryside. (R,S)
- 3.45 **Garden Rescue** (S)
- 4.30 **The Finish Line** (S)
- 5.15 **Pointless** (R,S)
- 6.00 **BBC News At Six** (S)
- 6.30 **BBC Regional News** (S)
- 7.00 **The One Show** (S)
- 7.30 **Make It At Market** (13/15) Dom China helps artist Jack and potter Jeanet make their passions into businesses. (R,S)
- 8.00 **Would I Lie To You?** (6/11) With Sara Pascoe, Dan Walker, Nicola Coughlan and Mr Motivator. (R,S)
- 8.30 **Outnumbered** (2/7) (R,S)
- 9.00 **Have I Got News For You** (9/10) Chris McCausland and Sophy Ridge are the guest panellists. (S)
- 9.30 **The Young Offenders** (4/6) Fake Billy Murphy steals Conor's most prized possession. (S)
- 10.00 **BBC News At Ten** (S)
- 10.30 **BBC Regional News** (S)
- 10.40 **FILM Dunkirk** Drama, starring Kenneth Branagh. (2017) ★★★★★ (S)
- 12.20 **Rebus** (R,S)
- 1.10-6am **BBC News** (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 7pm Live Match Of The Day Wales Live 9.15 Weatherman Walking 9.30-10.00 Have I Got News For You 10.40

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.45 am **Money For Nothing** Sarah Moore saves an old boot stretcher. (R,S)
- 7.30 **Clive Myrie's Caribbean Adventure** The newsreader explores his heritage. (R,S)
- 8.00 **Sign Zone: Antiques Roadshow** (R,S,SL)
- 9.00 **BBC News** (S)
- 12.50 **Lifeline** Gyles Brandreth presents an appeal on behalf of Rainbow Trust Children's Charity. (R,S)



9.30pm **Hidden Treasures Of The...**

- 1.00 **Impossible** (R,S)
- 1.45 **Mastermind** (R,S)
- 2.15 **Great Coastal Railway Journeys** (R,S)
- 2.45 **Five Bedrooms** (R,S)
- 3.30 **The Farmers' Country Showdown** (R,S)
- 4.15 **Cornwall: This Fishing Life** Documentary. (R,S)
- 5.15 **Flog It!** (R,S)
- 6.00 **Richard Osman's House Of Games** (R,S)
- 6.30 **Clive Myrie's Caribbean Adventure** The newsreader explores his heritage. (S)
- 7.00 **Beechgrove Garden** (9/26) Carole Baxter looks at bedding plants. (S)
- 7.30 **Springwatch** (4/12) Chris Packham and Michaela Strachan are joined by Iolo Williams at RSPB Arne. (S)
- 8.30 **Gardeners' World** (11/32) Monty Don reveals a new outdoor eating area. (S)
- 9.30 **Hidden Treasures Of The National Trust** (4/6) A showstopping clock needs restarting. (S)
- 10.30 **Newsnight** (S)
- 11.05 **Rob And Rylan's Grand Tour** (3/3) (R,S)
- 12.05 **Sign Zone: Undercover: Can Probation Keep Us Safe?** (R,S,SL)
- 1.05 **Andi Oliver's Fabulous Feasts** (R,S,SL)
- 2.05-2.35am **David & Jay's Touring Toolshed** (R,S,SL)

The Young Offenders 11.10 **FILM Dunkirk** (2017) 12.45am Rebus 1.35-6am BBC News BBC TWO WALES As main BBC TWO except: 7.00-7.30pm The One Show 5.4C 6am Cym 10.30 Eisteddfod Yr Urdd 2024 12noon

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.00 am **Good Morning Britain** News, current affairs and lifestyle features. (S)
- 9.00 **Lorraine Entertainment**, current affairs and fashion news, as well as showbiz stories and celebrity gossip. (S)
- 10.00 **This Morning** Celebrity chat and lifestyle features. (S)
- 12.30 **Loose Women** Topical debate from a female perspective. (S)



10.45pm **ITV Studio Sessions**

- 1.00 **ITV Lunchtime News** (S)
- 1.20 **Regional News** (S)
- 1.30 **LIVE ITV Racing: The Oaks** The opening day of the Derby Festival from Epsom. (S)
- 5.00 **The Chase** (R,S)
- 6.00 **Regional News** (S)
- 6.30 **ITV Evening News** (S)
- 7.00 **SOAP Emmerdale** Cain considers a change and Manpreet betrayal. (S)
- 7.30 **SOAP Coronation Street** Nathan voices suspicions about Sarah. (S)
- 8.00 **Britain's Got Talent** Ant and Dec host as acts compete to land themselves a place in the grand final. With Simon Cowell, Amanda Holden, Alesha Dixon and Bruno Tonioli. (S)
- 10.00 **ITV News** (S)
- 10.30 **Regional News** (S)
- 10.45 **ITV Studio Sessions** (5/6) Vocalist Becky Hill chats to Clara Amfo about her life and career, and performs some new tunes. (S)
- 11.20 **When English Football Ruled Europe** (1/2) English clubs' dominance of the European Cup between 1977 and 1984. (R,S)
- 12.20 **Shop On TV**
- 3.00 **The Larkins** (R,S,SL)
- 3.50 **Unwind With ITV** (S)
- 5.05-6am **Katie Piper's Breakfast Show** (R,S,SL)

Newyddion S4C 12.05pm Eisteddfod Yr Urdd 2024 2.25 Newyddion S4C 2.30 Eisteddfod Yr Urdd 2024 3.00 Eisteddfod Yr Urdd 2024 6.30 Yr Coridor 6.45 Yr Coridor 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C A'r Tywydd 8.00 Eisteddfod Yr Urdd

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126 Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.30 am **3rd Rock From The Sun** Triple bill. (R,S)
- 7.45 **Everybody Loves Raymond** Four episodes. (R,S)
- 9.40 **Frasier** Triple bill. (R,S)
- 11.10 **Ramsay's Kitchen Nightmares USA** (R,S)
- 12.05 **C4 News** (S)
- 12.10 **Ramsay's Kitchen Nightmares USA** A Baltimore restaurant owner who has upset the locals. (R,S)



8pm **Double The Money**

- 1.05 **Find It, Fix It, Flog It** (R,S)
- 2.10 **Countdown** (S)
- 3.00 **A Place In The Sun** (R,S)
- 4.00 **A Place In The Sun** (S)
- 5.00 **Come Dine With Me: The Professionals** (S)
- 6.00 **Four In A Bed** (S)
- 6.30 **The Simpsons** (R,S)
- 7.00 **C4 News** (S)
- 8.00 **Double The Money** (5/6) The remaining teams gather for the semi-final, where they must turn £4,000 into £8,000 in just three weeks. Tensions run high as they find out who's made it into the final. (S)
- 9.00 **Gogglebox** Britain's sharpest armchair critics share their insightful and passionate takes on the best TV shows of the latest series. (S)
- 10.00 **The Nevermets** (2/6) A couple who connected through Instagram must decide whether to meet in real life. (S)
- 11.05 **FILM Team America: World Police** Satirical puppet comedy, with the voices of Trey Parker and Matt Stone. (2004) ★★★ (S)
- 12.55 **FILM Save Yourself!** Sci-fi comedy, starring Sunita Mani and John Reynolds. (2020) ★★★ (S)
- 2.25-3.15am **Ramsay's 24 Hours To Hell And Back** (R,S,SL)

2024 9.25 Newyddion S4C A'r Tywydd 9.30 Welsh Whisperer - Ni'n Teithio Nawr! 10.00 Pêl-Droed Rhyngwladol 11.00 Ni Yw'r Cymry 12midnight-1.30am Eisteddfod Yr Urdd 2024

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

- 6.00 am **Milkshake!**
- 9.15 **Jeremy Vine** Jeremy Vine and Storm discuss the latest news. (S)
- 11.15 **Storm Huntley** The debate on today's talking points continues. (S)
- 12.45 **Friends** Double bill. Monica turns up uninvited at her cousin's wedding. Then, Ross and Joey get trapped on the roof. (R,S) Followed by **5 News**



9pm **The Hoover Dam: Building...**

- 1.45 **SOAP Home And Away** Tane faces reality with Mali and Harper, returning to the police station. (R,S)
- 2.20 **FILM The Stepister** Thriller, starring Annika Foster. (2022) ★★★ (S)
- 4.00 **Bargain-Loving Brits In The Sun** (R,S)
- 5.00 **5 News At 5** (S)
- 6.00 **Police Interceptors** (R,S) Then **5 News Update**
- 7.00 **NEW Smart Motorways: The Shocking Truth** How drivers have been affected by the installation of smart motorways. (S) Followed by **5 News Update**
- 8.00 **NEW Motorway: Hell On The Highway** Drivers and experts return to assess traffic incidents from the UK motorways and roads across the globe. (S)
- 9.00 **The Hoover Dam: Building The Impossible** (3/6) Rob Bell discovers how the Hoover Dam was built. (S)
- 10.00 **Only Fools And Horses: Britain's Favourite Sitcom** Celebrity fans discuss why they love the classic comedy. (R,S)
- 11.30 **Bob Monkhouse: Master Of Laughter** A celebration of the comedian and quiz show host. (R,S)
- 1.20-3.20am **PlayOJO Live Casino Show** (S)

FREEVIEW AND SATELLITE CHANNELS

ITV2

- 12noon **Love Bites** 1.00 **Dress To Impress** 2.00 **Family Fortunes** 3.00 **Veronica Mars** 4.00 **Britain's Got Talent** 6.00 **Celebrity Catchphrase** 7.00 **Family Fortunes** 8.00 **Bob's Burgers** 9.00 **FILM** We're The Millers. Comedy, with Jason Sudeikis and Jennifer Aniston. (2013) 11.15 **Family Guy** 12.15 **American Dad!** 1.10 **Bob's Burgers** 2.05 **Don't Hate The Playaz** 2.45-3am **Unwind With ITV**

ITV3

- 11.20am **Heartbeat** 1.30 **Classic Emmerdale** 2.35 **Classic Coronation Street** 3.45 **Marple** 5.55 **Heartbeat** 8.00 **Doc Martin** 9.00 **Shetland** 11.35 **Lewis** 1.10 **Heartbeat** 2.00-2.30am **Unwind With ITV**

ITV4

- 11.40am **BattleBots** 12.40 **The Adventures Of Sherlock Holmes** 1.50 **Magnum, PI** 2.55 **Kojak** 3.55 **Minder** 5.05 **The Sweeney** 6.10 **BattleBots** 7.15 **LIVE SPORT!** UEFA Euro 2025 Qualifier. England v France. Kick-off at 8.00. 10.25 **Isle Of Man TT** 11.20 **All Elite Wrestling: Dynamite** 1.35 **Isle Of Man TT** 2.35-3am **Unwind With ITV**

BBC THREE

- 7pm **NEW EPISODE!** Phoenix Rise 8.00 **NEW EPISODE!** Shark Tank. Demonstrations include a fun tool that takes snacking to the next level. 8.40 **NEW EPISODE!** The Catch Up 8.45 **FILM** Spider-Man: No Way Home. Comic-book adventure sequel, starring Tom Holland. (2021) 11.00 **Dinosaur**

- 12.25 **I Kissed A Girl** 2.00 **Dinosaur** 3.25-3.55am **High: Surviving A Dubai Drugs Bust**

BBC FOUR

- 7pm **TOTP:** 1996 8.00 **TOTP:** 1980 8.30 **TOTP:** 1976 9.00 **TOTP:** 1984 10.00 **Cyndi Lauper At The BBC** 10.30 **Madonna At The BBC** 11.30 **Phil Collins At The BBC** 12.30 **Killing Me Softly: The Roberta Flack Story** 1.30 **TOTP:** 1996 2.30 **TOTP:** 1980 3.00-3.30am **TOTP:** 1976

E4

- 12noon **The Big Bang Theory** 2.00 **Brooklyn Nine-Nine** 3.00 **Modern Family** 4.00 **Young Sheldon** 5.00 **The Big Bang Theory** 7.00 **Hollyoaks** 7.30 **Modern Family** 8.00 **Teen First Dates** 9.00 **FILM** Logan. (2017) 11.45 **Naked**

MORE4

- Attraction 12.50 **The Big Bang Theory** 1.45 **Brooklyn Nine-Nine** 2.40 **Modern Family** 3.30 **Naked** Attraction 4.25 **Ramsay's Kitchen Nightmares USA** 5.15-6am **Brooklyn Nine-Nine**
- 11.25am **Find It, Fix It, Flog It** 12.30 **Come Dine With Me** 3.10 **Four In A Bed** 5.50 **Château DIY** 6.55 **PopMaster TV** 9.00 **NEW EPISODE!** The Twelve: Cinderella Murder. New testimonies come from Marianne's accountant Pix. 10.10 **24 Hours In A&E** 12.15 **8 Out Of 10 Cats Does Countdown** 1.20 **24 Hours In A&E** 3.25-3.55am **A Place In The Sun**

FILM4

- 11am **The Nevadan** (1950) 12.40 **Outcast Of The Islands** (1951) 2.45

- The Desert Rats (1953) 4.30 **The Moonraker** (1958) 6.15 **Catch Me If You Can** (2002) 9.00 **Jack Reacher**. Action thriller, starring Tom Cruise and Rosamund Pike. (2012) 11.40 **Hancock** (2008) 1.30-3.25am **The First Purge** (2018)

TALKING PICTURES

- 10.10am **FILM** Thunder Rock (1942) 12.15 **Look At Life** 12.30 **The Four Just Men** 1.00 **Melvin's Talking Pictures** 1.10 **FILM** Blossom Time (1934) 2.55 **Melvin's Talking Pictures** 3.05 **FILM** The Story Of Robin Hood And His Merry Men (1952) 4.50 **FILM** A Little Of What You Fancy (1968) 6.00 **Worzel Gummidge** 6.30 **Fireball XL5** 7.05 **Cinebox Memories** 7.10 **FILM** Shipwrecked. Disney adventure, starring Gabriel Byrne. (1990) 9.00 **Cellar Club** With Caroline Munro

GREAT! ACTION

- 12noon **Wild West Chronicles** 1.00 **FILM** Man Of The West (1958) 3.10 **FILM** The Quick And The Dead (1987) 5.20 **FILM** Suicide Mission (1956) 7.05 **FILM** Solar Attack. Sci-fi adventure, starring Louis Gossett Jr. (2006) 9.00 **FILM** Phantom (2013) 11.05 **FILM** A Dangerous Man (2010) 1.05 **FILM** Solar Flare (2008) 2.50 **The Heroes Of WW2** 3.55-5am **The Blitz** On London

SATURDAY 1 JUNE

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

- 6.00 am Breakfast (S)**
- 10.00 Saturday Kitchen Live** Matt Tebbutt presents a Pride Month special, joined by guests Sarah Keyworth and Layton Williams. (S)
- 11.30 Simply Nigella** Recipes include griddled bavette steak, and a pavlova. (R,S)
- 12.00 Homes Under The Hammer** The progress of properties in Bury, Dudley and Burton-upon-Trent. (R,S)



6.50pm Doctor Who

- 1.00 BBC News (S)**
- 1.15 Bargain Hunt (R,S)**
- 2.00 Money For Nothing (R,S)**
- 2.45 Escape To The Country** A Somerset retreat. (R,S)
- 3.45 The Bidding Room (R,S)**
- 4.15 The Repair Shop (R,S)**
- 5.00 Garden Rescue (R,S)**
- 5.45 BBC News (S)**
- 5.55 BBC Regional News (S)**
- 6.05 Celebrity Bridge Of Lies (S)**
- 6.50 Doctor Who** The residents of a planet fail to see the threat they live under. (S)
- 7.35 Michael McIntyre's The Wheel (10/12)** With guests including Jonathan Ross and Sara Cox. (R,S)
- 8.30 Casualty (29/36)** Tariq must choose between his family and his career. (S)
- 9.20 Rebus (3/6)** John discovers a connection between McJagger and an old colleague. (S)
- 10.10 BBC News (S)**
- 10.30 NEW Pitch Invasion: How The Scottish And Irish Changed Football (1/3)** Players and managers from Scotland and Ireland on the English game. (S)
- 11.30 MOTD Top Ten: Wingers** Top 10 wingers in Premier League history. (S)
- 12.00 Doctor Who: Unleashed** Ncuti Gatwa's first day. (R,S)
- 12.30 Superman & Lois (S)**
- 1.20-6am BBC News (S)**

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

- 6.15 am Children's programmes**
- 7.05 Shaun The Sheep (R,S)**
- 7.15 Pokémon Horizons (R,S)**
- 7.35 The Next Step (R,S)**
- 8.20 Blue Peter (R,S)**
- 8.50 Newsround (S)**
- 9.00 Gardeners' World (R,S)**
- 10.00 Interior Design Masters With Alan Carr (R,S)**
- 11.00 Jay's Yorkshire Workshop** From Leeds. (R,S)
- 12.00 Coast To Coast Food Festival** In Stranraer. (R,S)



9.30pm Jon Bon Jovi: Reel Stories

- 1.00 Hollywood Greats: Judy Garland (R,S)**
- 1.40 FILM Meet Me In St Louis** Musical, with Judy Garland. (1944) ★★★★★ (S)
- 3.30 The Great British Sewing Bee** Sporting clothes. (R,S)
- 4.30 Richard Osman's House Of Games (R,S)**
- 5.00 LIVE Super League** Leeds Rhinos v Castleford Tigers. Kick-off at 5.30. (S)
- 7.30 Celebrity Antiques Road Trip (8/20)** Actors Robert Daws and Mark Curry go antique hunting in Lancashire. (R,S)
- 8.30 NEW Bon Jovi At The BBC** The band's greatest BBC performances. (S)
- 9.30 NEW Jon Bon Jovi: Reel Stories** The singer chats about the pivotal moments of his life. (S)
- 10.15 Later.. With Jools Holland (3/6)** Music by the Black Keys with Noel Gallagher, Shaznay Lewis, Ghetts and Beth Gibbons. (S)
- 11.00 Bon Jovi In Concert** A live performance from 2013. (R,S)
- 12.00 FILM A Cock And Bull Story** Comedy, starring Steve Coogan and Rob Brydon. (2006) ★★★★★ (S)
- 1.35-3.30am FILM Master Cheng** Romantic drama, starring Pak Hon Chu. (2019)

BBC TWO WALES As main BBC TWO except: 5pm Coast 5.15 Live Scrum V 7.40 Blue Planet II 8.30 Rewind: 60 Years Of Welsh Pop 9.00-9.30 Mike Peters: The Alarm Live 11pm-12midnight Bon Jovi At The BBC 5.45 6am Cw 8.05-10.00 Stwnsh Sadwm 8.05 Seligo

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

- 6.00 am Love Your Garden (R,S)**
- 6.30 Love Your Weekend With Alan Titchmarsh (R,S)**
- 8.25 Katie Piper's Breakfast Show (S)**
- 9.25 ITV News (S)**
- 9.30 ITV Racing: The Opening Show Derby** preview. (S)
- 10.30 James Martin's Saturday Morning** With Jordan North and William Hanson. (S)
- 12.40 James Martin's Great British Adventure (R,S)**



7pm In With A Shout

- 1.10 ITV News (S)**
- 1.30 LIVE ITV Racing: The Derby** Coverage of the second day of the Derby Festival from Epsom. (S)
- 5.00 ITV News (S)**
- 5.20 Regional News (S)**
- 5.30 Celebrity Catchphrase** With Stephen Mulhern. (R,S)
- 6.30 In For A Penny (S)**
- 7.00 In With A Shout (6/6)** Game show hosted by Joel Dommett. (S)
- 8.00 FILM Quantum Of Solace** James Bond sets out on a personal mission of vengeance and uncovers a plan to cause a coup in a Latin American country. Spy thriller sequel, with Daniel Craig and Olga Kurylenko. (2008) ★★★ (S)
- 10.00 The 1% Club Quiz**, hosted by Lee Mack. (R,S)
- 10.55 ITV News (S)**
- 11.15 When English Football Ruled Europe (2/2)** Aston Villa's European Cup win in 1982. (R,S)
- 12.15 Keane & Vieira - Best Of Enemies** The on-field rivalry between Roy Keane and Patrick Vieira. (R,S)
- 1.15 Shop On TV**
- 3.00 Next Level Chef USA** A brunch dish task. (R,S,SL)
- 3.50 Unwind With ITV (S)**
- 5.05-6am Deal Or No Deal** Game show. (R,S,SL)

8.30 Oil Osgar 9.10 Bwystfil 9.25 Prys Ar Pryfed 9.35 Cic 10.00 Cymry Ar Gynfas 10.30 Eisteddfod Yr Urdd 2024 12noon Eisteddfod Yr Urdd 2024 2.45 Cwib Rygbi 5.00 Newyddion A Chwaraeon 5.10 Eisteddfod Yr Urdd 2024 8.00 Cwmni

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104
Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

- 6.20 am Cheers** Two shows. (R,S)
- 7.15 Everybody Loves Raymond** Double bill. (R,S)
- 8.05 The Simpsons (R,S)**
- 12.55 FILM The Next Karate Kid** Wise mentor and karate expert Mr Miyagi helps another teenager and takes her to a Zen monastery to hone her martial arts skills. Adventure, starring Pat Morita and Hilary Swank. (1994) ★★★ (S)



7pm A Royal Guide To The Armed...

- 3.00 Four In A Bed** Five back-to-back episodes. (R,S)
- 5.35 A Place In The Sun** From Jalón Valley, Spain. (R,S)
- 6.30 C4 News (S)**
- 7.00 NEW A Royal Guide To The Armed Forces** The royal family's connections to Britain's armed forces, from historical monarchs leading their armies into battle to Prince William flying a search and rescue helicopter. (S)
- 8.00 NEW D-Day: Hour By Hour** Archive materials provide a new insight into the Normandy Landings, featuring personal testimony that allows viewers to hear the voices of those who were there on the day. (S)
- 9.00 FILM Military Wives** With their partners serving in Afghanistan, a group of women form a choir and find themselves at the centre of a global movement. Comedy drama, with Kristin Scott Thomas. (2019) ★★★ (S)
- 11.10 FILM The Sum Of All Fears** Action thriller, starring Ben Affleck and Morgan Freeman. (2002) ★★★★★ (S)
- 1.25 Ramsay's 24 Hours To Hell And Back (R,S,SL)**
- 2.15-3.10am The Gathering** Kelly is heartbroken. (R,S,SL)

Theatr Maldwyn Yn 40 9.30 Deuawdaw Rhys Meirion 10.30 Wrecsam - Cwib Nll 11.30pm-12.05am Arfordir Cymru: Bae Ceredigion

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

- 6.00 am Milkshake!**
- 8.50 SpongeBob SquarePants (R,S)** Followed by Entertainment News On 5
- 9.05 Bargain-Loving Brits In The Sun** A caterer is looking to expand his business, The Saucy Pig. (R,S)
- 10.00 22 Kids & Counting** Double bill. (R,S)
- 12.00 Dogs Behaving (Very) Badly** Triple bill. Presented by Graeme Hall. (R,S)



7.30pm Inside Windsor Castle

- 3.00 Our Yorkshire Farm** Triple bill of the series. (R,S)
- Then 5 News Weekend**
- 6.05 Last Of The Summer Wine: 50 Years Of Laughs** A celebration of the comedy that ran from 1973 to 2010. (R,S)
- 7.30 Inside Windsor Castle: A Royal Residence (6/6)** Recollections of Windsor during the pandemic in terms of the Queen Elizabeth II's lockdown routine at the castle and her final journey to Windsor upon her death. (S)
- 8.30 NEW The 1970s: Those Were The Days (2/2)** The documentary concludes by looking back at life in the mid to late 1970s, a time of the Silver Jubilee, inflation and the first flush of populist feminism. (S)
- 10.00 When Comedy Goes Horribly Wrong (4/4)** Mishaps from comedy shows, including a stunt fight that ended badly for Russell Howard and the end of Tony Hancock's live performing career. (R,S)
- 12.00 NEW Greatest Ever Celebrity Wind Ups!** A compilation of pranks pulled on celebrities. (S)
- 1.45-3.45am PlayOJO Live Casino Show (S)**

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 5pm Hairly Bikers Short 5.15-5.45 Pizzo Boys: World Cup Adventure 10.30-11.30pm Slammed: The Seventies

FREEVIEW AND SATELLITE CHANNELS

ITV2

- 11.35am Dress To Impress** 12.30 Celebrity Catchphrase 1.30 FILM Cats & Dogs: The Revenge Of Kitty Galore (2010) 3.10 Britain's Got Talent 5.10 FILM Johnny English Reborn (2011) 7.15 FILM Liar Liar. Comedy, starring Jim Carrey. (1997) 9.00 FILM Girls Trip. Comedy, starring Regina Hall. (2017) 11.25 Family Guy 12.25 American Dad! 1.25 CelebAbility 2.10-3am All American

ITV3

- 11am Endeavour** 1.00 Marple 7.00 Vera 9.00 Grantchester 10.00 Grantchester. Sidney and Georgie must join forces when Reverend Sam Milburn goes missing. 11.00 Endeavour 12.40 Poirot 1.35 Bless This House 2.00-2.30am Unwind

ITV4

- 11.30am 5 Minutes To Go** 12.05 Road To UEFA Euro 2024 12.35 The Grand Fishing Adventure 2.40 FILM Jeremiah Johnson (1972) 5.00 World Series Of Darts: US Masters 9.00 Isle Of Man TT 10.00 FILM Shaun Of The Dead. Comedy horror, starring Simon Pegg. (2004) 12.05 Isle Of Man TT 1.05 SailGP 2.35-3am Unwind With ITV

BBC THREE

- 7pm Ryan Tricks On The Streets** 7.05 EastEnders 7.35 NEW EPISODE! Doctor Who: Unleashed. Behind the scenes on Ncuti Gatwa's first day of filming. 8.05 NEW EPISODE! Shark Tank. A line of health products using nature's most powerful superfood. 8.45 Jobless 9.00 Suits 10.25 FILM 47

BBC FOUR

- 7pm How The Wild West Was Won** With Ray Mears 8.00 D-Day: The Last Heroes 9.00 FILM PREMIERE Lie With Me. Drama, starring Guillaume de Tonquédec and Victor Belmondo. In French. (2022) 10.30 NEW EPISODE! Juliette Binoche: This Cultural Life 11.05 FILM The Truth. Drama, starring Catherine Deneuve. (2019) 12.45 Eric Morecambe: My Comedy Hero By Miranda Hart 1.45-2.45am How The Wild West Was Won With Ray Mears

E4

- 11.35am Ramsay's Kitchen Nightmares USA** 12.35 FILM Playing With Fire (2019) 2.35 Modern Family 5.05 The Big Bang Theory 7.05 FILM Skyscraper. Action thriller, starring Dwayne Johnson and Neve Campbell. (2018) 9.00 Celebrity Gogglebox 10.00 Gogglebox 12.10 First Dates 2.20 Gogglebox 4.10 Brooklyn Nine-Nine 5.25-6am Modern Family

MORE4

- 12noon Four In A Bed** 2.10 FILM The Italian Job (1969) 4.10 PopMaster TV 6.20 Come Dine With Me 9.00 Guy Martin's D-Day Landing 11.05 24 Hours In A&E 12.10 8 Out Of 10 Cats Does Countdown 2.15 24 Hours In A&E 3.20-3.50am A Place In The Sun

FILM4

- 11am Spider-Man: Into The Spider-Verse** (2018) 1.15 Kung Fu Panda 2 (2011) 3.05 Ferdinand (2017) 5.10 The Golden Child (1986) 6.55 Secret Headquarters (2022) 9.00 Angel Has Fallen. Action thriller sequel, starring Gerard Butler. (2019) 11.20 The Forever Purge. Horror sequel, starring Ana de la Reguera. (2021) 1.25-3.20am February (2015)

TALKING PICTURES

- 12noon Hawkeye & The Last Of The Mohicans** 12.30 Colonel March Of Scotland Yard 1.05 FILM Atomik Rulers (1965) 2.45 Look At Life 3.00 Captain Scarlet And The Mysterons 3.35 FILM Slave Girls (1966) 5.25 FILM A Hole Lot Of Trouble (1971) 6.00 In Suspicious Circumstances

GREAT! ACTION

- 10.05am FILM Cromwell** (1970) 1.10 Wild West Chronicles 1.40 FILM North To Alaska (1960) 4.15 FILM The Big Trail (1930) 6.50 FILM The Comancheros (1961) 9.00 FILM Stratton. Thriller, starring Dominic Cooper. (2017) 10.55 FILM Reprisal. Action thriller, with Frank Grillo and Bruce Willis. (2018) 12.55 FILM The Foreigner (2003) 2.50 The Blitz On Cologne 3.55-5am The Blitz On London

ADVERTISEMENT FEATURE

Ryobi's Cordless Patio Cleaner easily removes weeds, moss and grass from your paths and patios

With Spring now upon us it's time to tackle all those outdoor cleaning jobs that have been neglected over the summer months. But don't let unsightly weeds, overgrown grass, and nasty moss get in the way of your beautiful outdoor space.

With the Ryobi 18V ONE+™ Cordless Patio Cleaner, you can power through even the toughest outdoor mess with consummate ease.

No more bending or kneeling down

Say goodbye to bending or kneeling down to clean your paths and patios. The ONE+™ Patio Cleaner with wire brush spins at an incredible 1350rpm to power through the task effortlessly! Whether you need to clear weeds, grass, or moss from your patio, paths, driveway or bricked areas, this patio cleaner is the tool for the task.

Innovative design for easy cleaning

The Ryobi 18V ONE+™ Patio Cleaner features an innovative telescopic height adjustment handle, which means easy upright cleaning for any user.

The two-handed design ensures it is ergonomic and easy to use, while the wire brush



guard protects the user from any debris. Plus, with the tool-less brush changing mechanism, you can quickly and easily switch between different types of cleaning brushes for hard or delicate surfaces, even with gloves on.

And when it's time to put it away, the handle design allows for quick and easy storage, taking up less space in your shed or garage.



18V CORDLESS PATIO CLEANER WITH 2.0AH BATTERY STARTER KIT

Spotless patios in minutes with complete cordless convenience!



TELESCOPIC SHAFT TO SUIT ALL USERS

No backache and supremely clean patio and drive
Peter, Verified Purchaser



SWIVEL HANDLE FOR HOLD-STEADY COMFORT

POWERFUL LONG LASTING 2.0AH BATTERY



Incredible results in no time without stooping or scraping!



The wire brush wheel spins at high speed to leave surfaces clean and debris-free

Ryobi 18V Cordless Patio Cleaner Kit
What you get

- Patio Cleaner (RY18PCA-120)
- Ryobi ONE+ 2.0Ah Battery
- Ryobi ONE+ 2.0A Charger
- 3-Year Warranty*
- Free Delivery (GB mainland only)

Owners of this 18V Cordless Patio Cleaner couldn't be happier! "I was so impressed with the Ryobi ONE+™ Patio Cleaner," says Jenny. "It made cleaning my patio so easy, and I loved the wire brush that just powered through the weeds and overgrown grass. I'm so glad I added this to my collection of Ryobi tools." Jenny P (verified buyer).

Another regular customer said: "It's powerful, easy to use, and perfect for keeping my outdoor space looking great." Dave R (verified buyer).

Cordless, convenient outdoor cleaning

Order the Ryobi 18V ONE+™ Patio Cleaner today and power through even the toughest of outdoor messes with ease.

Save £90 now!
Order today for just £129.99 and get your patio cleaner with wire brush wheel, a 3-year warranty and fast, free GB mainland delivery.

"Takes all the strain out of this laborious task!"

John, Verified Purchaser

18V ONE+ CORDLESS BATTERY SYSTEM
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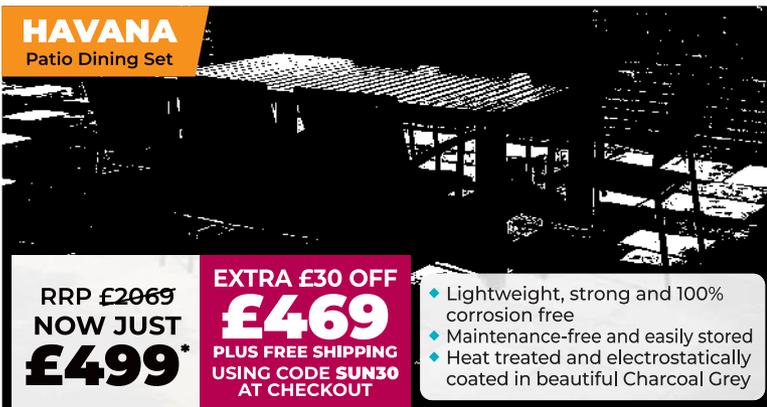
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