

THE Sun

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THE PEOPLE'S PAPER

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ELECTION 2024



PM WANTS SIX KEIR TV DEBATES

By RYAN SABEY

RISHI Sunak yesterday challenged Sir Keir Starmer to six live TV debates – as senior Tories dubbed the reluctant Labour boss the “Knight Afraid to Fight”. The Tories will today unveil a

plan to keep energy bills lower than they were in 2023 for every year of the next Parliament.

Full Story – Pages 10 and 11

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SEE PAGE 20



8 OUT OF EVERY 10 PINTS IN PUBS POURED SHORT

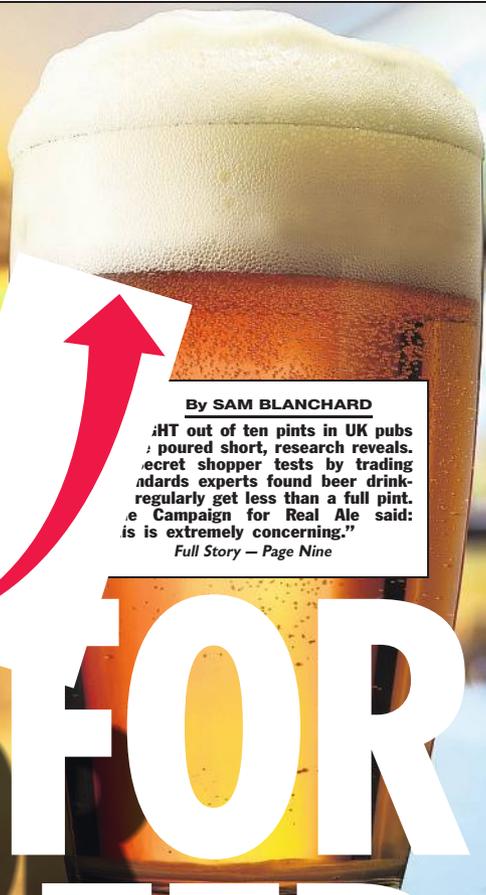


Judge... Alesha Dixon

EXCLUSIVE BGT IN £100M DEAL

SEE PAGES 6 & 7

ONLY UP TO HERE FOR THE BEER



By SAM BLANCHARD

Eight out of ten pints in UK pubs are poured short, research reveals. Secret shopper tests by trading standards experts found beer drinkers regularly get less than a full pint. The Campaign for Real Ale said: "This is extremely concerning."

Full Story – Page Nine

**Dah
da da da
dah dah
dah dah**

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BATTLE OF UK BORDERS

685K MIGRANTS... BUT TOTAL IS DOWN



Channel crossing... illegal entry

By JACK ELSOM
NET migration was cut by a tenth last year — but still stood at 685,000.

Officials figures for 2023 came out yesterday amid a General Election row over control of Britain's borders. Rishi Sunak trumpeted his recent crackdown on visas and the Rwanda plan as solutions to stop arrivals. Yet

'Unusually high' figs

the Home Office stressed the figures — including legal and illegal arrivals — were recorded before the visas crackdown kicked in. And Oxford University's Migration Observatory said it was "unusually high". The figures, from the Office for National Statistics, marked a ten per cent drop

from the 2022 record of 764,000. Yet it was still three times higher than 2019, when Boris Johnson promised to cut it from 250,000. Mr Sunak may come under further attack today as Channel crossings are set to pass 10,000 for the year. Yesterday he insisted that flights to Rwanda will take

off only if the Tories win the election. He said: "There is no way to stop this problem unless you can have a deterrent, unless it's clear that if someone comes to our country illegally they will be removed." Labour's Yvette Cooper blasted: "This General Election is a choice — more chaos with the Conservatives, or a Labour government that can fix the chaos and get a grip on the immigration and asylum system again." *The Sun Says — Page 12*



Escape... smokes law

Bills halt on footie and cigs

By NOA HOFFMAN and MARTINA BET

THE anti-smoking Bill under which people born in or after 2009 could never legally buy cigs was put on ice yesterday. Plans for a new football regulator under the Football Governance Bill will also have to wait as Parliament shuts down today for the election. The regulator would increase fans' rights to have a say in their club's management. Both Bills were backed by most Labour and Tory MPs. Also set for delay is the long-promised Renters' Reform Bill, which would have outlawed no-fault evictions.

Bills to compensate the infected blood and Post Office victims will be passed today, as should the reform of England's hated leasehold system.

WALES EUROS OWN GOAL

By MARTINA BET

RISHI Sunak's attempt at football banter on the campaign trail ended in an awkward silence yesterday. The PM was met with an awkward silence when he asked staff at the Vale of Glamorgan Brewery, in Barry, if they were "looking forward to all the football" at Euro 2024. But Wales did not qualify for the tournament, which kicks off next month. The visit was part of Southampton FC fan Mr Sunak's whistlestop tour of all four UK nations a day after he announced a July 4 general election.



Looking forward to all the football?

KNIGHT AFRAID TO FIGHT: PAGES 10 & 11

CORRECTIONS & CLARIFICATIONS

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Rail staff walkout

WORKERS on Northern Rail are to stage two strikes in a dispute over pay and conditions. Members of the Rail, Maritime and Transport union, who work at Northern Rail ticket gates, will walk out today and again on June 8. The union said its members, employed by a private contractor, are paid less than directly employed staff. The RMT's Mick Lynch said: "We cannot allow this injustice to continue."

DON EVAN HOPE

DONALD Trump claimed Russia will free wrongly jailed Evan Gershkovich "almost immediately" if he wins the US election. The Wall Street Journal reporter, 32, has been held for more than a year on trumped-up spying charges. He was snatched by Putin's secret police last

year and is being held at Moscow's Lefortovo spy jail. He was due to be freed in February in a deal arranged by Roman Abramovich but a prisoner swap collapsed. Trump said: "Gershkovich will be released almost immediately after the election. He will be home, safe, and with his family."

NEW PLANET IS '2ND EARTH'

THE discovery of a new Earth-sized planet could mean boffins are able to prove that aliens exist. Gliese 12 b, which is 40 light years away, is potentially habitable for humans. Experts say studies of the atmosphere could show if other lifeforms have existed on it.

SNP FILE D-DAY

COPS have sent a report to Scotland's prosecution service in relation to Peter Murrell after the ex-SNP chief was charged with embezzling party funds. Mr Murrell, 59 — husband of former First Minister Nicola Sturgeon — was charged on April 18. It came more than a year after he

was originally arrested as part of an inquiry into how the party used more than £600,000 of crowdfunding. The Crown Office will now decide if there is enough evidence to prosecute Mr Murrell. Investigations into Ms Sturgeon and ex-party treasurer Colin Beattie remain ongoing.

16 ABERDEEN
14 GLASGOW
13 EDINBURGH
15 BELFAST
13 NEWCASTLE
13 LIVERPOOL
17 LEEDS
13 MANCHESTER
17 BIRMINGHAM
16 NORWICH
15 CARDIFF
15 BRISTOL
18 LONDON
15 PLYMOUTH
18 SOUTHAMPTON

TALK TV WEATHER With NAZANEEN GHAFFAR

TODAY: Largely dull and grey with cloudy skies and just a few bright breaks. Light showers will develop, mostly across northern and western areas.
TONIGHT: Dry for most overnight with lengthy clear periods however variable cloud and patchy light rain will linger across Scotland until dawn.
OUTLOOK: Dry with sunny spells and a few light showers. Clouds will thicken from the west later. Sunny spells and scattered showers on Sunday, some may be heavy.

SAT 23° SUN 24° MON 18° TUE 18°

SUJIKO

PLACE the numbers 1-9 in the spaces so that the number in each circle is equal to the sum of the four surrounding spaces. Solution on Puzzles page.

3			
	13	18	
	23	18	
		9	

PUZZLES: PAGE 42

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TODAY'S BIRTHDAYS

SINGER **BOB DYLAN, 83**, left, actors **DAISY EDGAR-JONES, 26**, right, **JIM CRAWFORD, 75**, **JOHN C REILLY, 59**, **ALFRED MOLINA, 71**, **PRISCILLA PRESLEY, 79**, **KRISTIN SCOTT THOMAS, 64**, and singer **PATTI LABELLE, 80**.
 ●LAST night's Health Lottery numbers: 11, 14, 15, 29, 35. Bonus Ball: 24.



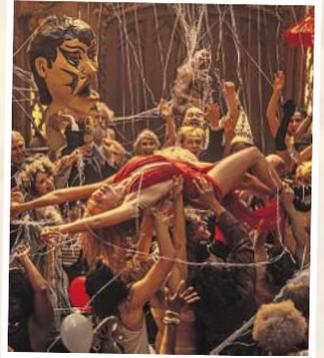
Picture: CALZEDONIA

BREGJE OF SIGHS

By HOWELL DAVIES

MODEL and actress Bregje Heinen proves she's top of the spots in this leopard-print bikini.

The Dutch 31-year-old — due to wed Vampire Diaries star Michael Trevino this year — posed for swimwear brand Calzedonia following her movie role in black comedy movie Babylon, starring Margot Robbie, right.



EXCLUSIVE

POSH 'N' PLECS!

Beckhams' son Cruz is wannabe No1 guitarist

By ELLIE HENMAN

GUITAR fan Cruz Beckham is on course to become the new Slash — after signing with a top management team who look after rockers.

Cruz, 19, is busy honing his new sound and has hopes of emulating the Guns N' Roses axe-man with C3, who steered US indie heavyweights The Strokes.

Insiders confirmed Cruz has left TaP Music Management, which looked after pop acts including Dua Lipa, to focus on a "more guitar-led organic sound".

Cruz — Victoria, left, and David's youngest son — is working with studio producers to refine his sound.

A source said: "His move from TaP was amicable but he's signed with C3 who manage rock bands like Thirty Seconds to Mars and Modest Mouse. They are more in line with where his music is evolving.

"Playing live is going to be a big part of the roll-out of his music and Cruz and his new team want to be sure it's perfect before he launches."

Guitar "obsessive" Cruz began his music career in 2016 at 11 years old and in 2021 he worked with Richard "Biff" Stannard who wrote a string of hits for the Spice Girls in the 1990s.

He signed with TaP in 2022 and last year performed at The Lore of the Land pub in Marylebone, central London, stunning punters. Victoria filmed him playing guitar and singing in the crowded bar.

ellie.henman@the-sun.co.uk



Don't fret... it's Cruz in our Slash mock-up

Sweet Child O' Mum

Fab, fit and 50



Pages 18 & 19

BGT BOOSTED BY 24BN



Judge... Alesha Dixon



CALUM SCOTT (2015)
390M VIEWS

SINGER was part of a Maroon 5 tribute band when he auditioned for series nine and got Simon Cowell's golden buzzer after performing Robyn's hit *Dancing on My Own*. Calum made it to the final but finished in sixth place.

● **ITV TO STRIKE NEW £100M DEAL**
● **IT'S STRETCHED TO 3-MONTH RUN**

BRITAIN'S GOT EVEN MORE

TALENT

BRITAIN'S Got Talent bosses are poised to sign a £100million deal that would see the hit show extended over three months.

ITV aims to make it their jewel in the crown that could overtake BBC's *Strictly*.

Expanding BGT – from February to May next year – would also fill the gap left by the axing of *Ant and Dec's Saturday Night Takeaway*.

Recent BGT series have run for seven weeks from mid-April to early June. The show, produced by Thames, is reaching the end of its five-year contract in 2025.

ITV – boosted by 24billion total BGT views online – is expected to agree a three-year deal, or another five-year deal.

On the night and seven-day catch-up, the show rakes in seven million views on average, down from over 13million in 2009. But BGT has

EXCLUSIVE by ROD MCPHEE

huge potential earnings in online advertising. A TV insider said: "BGT has been on since 2007 and viewing numbers are higher than ever – it's just fans are watching it differently."

"Having over seven million viewers makes it the most watched entertainment show after *I'm A Celebrity*."

"Stretching BGT over three months could make it even more of a presence. Online is where advertisers are now pumping in their money, but to get the clips they need the show."

"So BGT's creators have the upper hand as they strike a new deal."

The current series' first episode was watched eight million times on the night and via catch-up.

BGT's YouTube channel has 20million subscribers. Most viewed clip is Calum Scott singing *Dancing On My Own* in 2015 (390million views).

In contrast, *Strictly's* YouTube has 772,000 subscribers. Its most watched is the pro dancers doing a routine to Cotton Eye Joe (nine million views).

In all, BGT's latest series has been viewed 660million times across Instagram, Twitter, Facebook, Snapchat, TikTok and YouTube.

Episode one singer Sydney Christmas's audition has been viewed 54million times in six weeks.

The insider added: "BGT has often, unfairly, been criticised for including a mix of British and foreign acts. But these can be enjoyed by anyone, anywhere in the world. Compare that to *Strictly* whose stars are mostly known only to British audiences."

A three-month BGT would be filled with roughly six Saturdays of audition shows, followed by six Saturdays of semis, then a final. There is even scope for a Sunday results show.

Currently semis and final all air in a week. This year it ends on June 2.

A call for acts for the 2025 season has already gone out, with auditions expected to be earlier, in October.

ITV and Thames did not comment. Above, we have listed BGT's Top Ten viewed clips online.

Ally Ross – Page 17



By **ROD MCPHEE**
TV Editor

WHAT does this mean for Saturday night telly?

ITV are well and truly drawing the battle lines with the BBC.

Sure, the three-month series won't go head-to-head with the Beeb's entertainment goliath. But there'll be more of a comparison.

The talent show has 12 weeks to build up a momentum and it might just help to boost ratings.

The Beeb will fear big shows like *Gladiators* may have to fight harder to get people tuning in.

For a long time it felt like ITV cowered to the BBC's dominance of Saturday night telly – now they're playing to their strengths with the bigger, better BGT.

And the corporation can no longer rest on its laurels.

VIEWS OF CLIPS ONLINE



SUSAN BOYLE (2009) 262M VIEWS

THE Scot blew everyone away with a perfect rendition of *I Dreamed A Dream* from *Les Miserables*.

Susan reached the final but lost to dance troupe Diversity. She went on to huge international success, thanks to her audition clip going viral.



BARS & MELODY (2014) 251M VIEWS

RAPPER Leondre Devries and singer Charlie Lenehan teamed up for series eight and made the live semi-finals with their school bullying spin on Faith Evans track *Hope*.

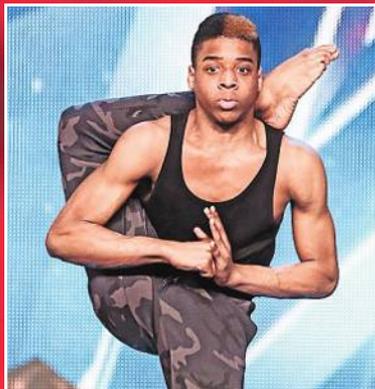
The pals, who met online, lost out to Collabro, ending up in third place.



PAUL POTTS (2007) 195M VIEWS

THE tenor won the first series after stunning the judges with his version of opera classic *Nessun Dorma*.

Paul went on to become a star, and in a film about his rise to fame — called *One Chance* — he was played by James Corden.



BONETICS (2015) 171M VIEWS

VIEWERS cringed at seeing 17-year-old Shak Alade contort his body in weird and wacky ways.

He impressed the judges when he told them dancing had helped him overcome behavioural issues, but left them shocked with his routine.



JONATHAN & CHARLOTTE (2012) 148M VIEWS

FANS fell in love with opera singer Jonathan Antoine as he appeared to be hit by stage fright in series six.

But he and partner Charlotte Jacorelli then got a standing ovation for their performance of *The Prayer* and ended up coming second overall.



NATALIE OKRI (2009) 129M VIEWS

THE ten-year-old schoolgirl started singing aged four. She stunned the judges with her version of the Alicia Keys hit *No One* and got a standing ovation from Kelly Brook. Natalie reached the semi-finals and later signed with Cowell's Syco label.



DARCY OAKE (2014) 126M VIEWS

THE Canadian illusionist made birds appear from burning feathers. Judge David Walliams hailed his series eight magic act the best he'd seen.

Darcy made the final, where he was suspended above a bear trap on a burning rope, but came fifth.



ASANDA JEZILE (2013) 107M VIEWS

ASANDA was 11 when she performed Rihanna's track *Diamonds*. As she brought her sass to the stage judge Alesha Dixon told her: "Your voice is incredible!" She made the series seven final and in 2018 competed to represent the UK at Eurovision.



NICO & PADDY (2014) 92M VIEWS

SALSA loving pensioner Paddy Jones and her dance partner Nico lit up the stage with their acrobatic routine in series eight.

They finished ninth in the finals, but became firm favourites with the judges, especially Amanda Holden.



Judge...
Amanda
Holden

FOUR DIE IN MAJORCA RESTAURANT COLLAPSE



Emergency teams . . . at scene

AT least four people were killed last night as part of a restaurant in Majorca collapsed.

The two-story beachfront building was in an area of the Spanish holiday island popular with Brits.

Two young tourists were among the four dead, although their nationality was unknown. Nearly 30 people were also

By **JOE MORGAN**

hurt in the incident, which happened at 8.30pm local time.

Seven were reportedly in a critical condition after being crushed under falling rubble.

Police and firefighters rushed to the scene where the top terrace of the Medusa Beach Club in Playa de Palma had caved in, dropping into the basement.

Several tourists were said to have tried to get inside as they

suspected friends were there. Pictures showed medics treating survivors in the street.

Meanwhile emergency crews were working to try to pluck people from the rubble. One person with a broken arm was found trapped in a "cavity".

Raul, who works at a next door shop, said: "Everything fell completely. It was very loud and there were a lot of people inside. People were eating upstairs — the top floor fell." A

source at the scene said: "The number of dead stands at four and the injured at 27. More may be trapped under rubble."

Locals are likely to be among the casualties, but an insider said: "The victims are certainly going to include tourists."

"We're talking about a place right on the beachfront." Every year more than two million Brits flock to Majorca, making up a quarter of the island's tourists.



Victim . . . Johanita

Killer of Johanita jailed for 32 years

By **JULIA ATHERLEY**

A **KILLER** refused to attend court yesterday as he was jailed for at least 32 years for knifing a woman to death.

Somali Mohamed Nur, 34, killed Johanita Dogbey, 31, with a makeshift blade on May 1 last year in Brixton, South London.

He had admitted murder and was found guilty of three other knife attacks two days earlier.

He refused to appear at his unlawful wounding trial and also said there was "no point" going to his sentencing hearing.

Judge Angela Rafferty KC requested her remarks at the Old Bailey be read to Nur at HMP Belmarsh as she jailed him for life.

In court — with some of Johanita's family present — she told Nur: "You are a very dangerous man and the risk you pose is incalculable."

She added that he may face further punishment over his court absences.

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DO YA THINK I'M ZEBBY?

By **JONATHAN KANENGONI**

SIR Rod Stewart toes the line — as he dresses from head to foot in striped gear. The 79-year-old singer wore a striped blazer as well as striped shoes and socks. He was out in central London with American singer Richard Marx, who said: "The people who say 'never meet your heroes' never met Rod Stewart."



Accused . . . Phillips

'Brit spy offered Russia MP info'

By **THOMAS GODFREY**

A **BRIT** alleged to have spied for Russia tried to feed secrets about an MP to Moscow's security service, a court heard.

Howard Phillips, 64, is said to have tried to reach out after receiving "small but sensitive" information on an unnamed politician.

He is charged under the National Security Act with assisting a foreign intelligence service following a "proactive" counter-terror operation.

Unemployed Phillips, from Harlow, Essex, spoke only to confirm his name and date of birth at Westminster magistrates' court yesterday.

He was first arrested by Met counter-terror cops last week.

They said his arrest is not linked to other recent investigations or charges which are also related to alleged spying for Russia. He was remanded in custody to appear at the Old Bailey on June 14.

ANYA'S ON THE LASH



Role model . . . as Furiosa
By HOWELL DAVIES

ACTRESS Anya Taylor-Joy's dress may be split but early reviews of new film *Furiosa* are far from it.

The actress, 28, plays the lead in the *Mad Max* spin-off, and wore the seemingly lashed-together red outfit to promote it on a talk show in New York this week.

As the title suggests, Anya's character gets a little hot under the collar among the evils of the movie's post-apocalyptic wastelands.

Anya said it was good to see females on screen get angry, rather than crying. She added: "I've developed a bit of a reputation for fighting for feminine rage. We have reactions that are not always dainty or unmessy."

Furiosa review — Page 41



SOBERING NEWS

BREW BEEN HAD

Average drinker being cheated of £114 a year

PUNTERS are being stung for up to **£114** a year by pubs short-measuring their beer and wine.

By SAM BLANCHARD

Tests by trading standards experts found beer drinkers get only 96 per cent of a pint each time because bar staff do not properly fill the glass.

purchases and found 96 drinks were not full. Beer was more likely to be under-poured, with 86 per cent short measured, compared to 43 per cent of glasses of wine.

Inspectors said beers were coming up short even though the head is legally included in the measurement.

On average, four per cent was missing from the drinks – but three out of ten were missing five per cent or more.

Wine lovers get only 95 per cent of the size they order on average.

The CTSI said British pubs and bars sell more than 26million pints per week – 1.4billion a year – meaning customers could be losing millions of pounds between them.

The shortfalls may seem small but add up to a loss of between £88 and £114 for the average drinker.

A pint of beer costs an average of £4.44 in the UK, while a medium glass of wine is £5.05.

In total, seven out of ten drinks in UK pubs are poured short, according to research by the Chartered Trading Standards Institute.

Labour MP Jess Phillips, also vice-president of the CTSI, said: "The cost of living means people can hardly afford a drink and to discover you're being served short measures adds insult to injury. You should get what you pay for."

The CTSI said: "There is more work to be done in ensuring that customers get what they pay for.

Nik Antona, chairman of the Campaign for Real Ale, added: "Consumers shouldn't have to feel short-changed when they support their favourite pubs, clubs and taprooms.

"This is the first time that we have been able to build a national picture of how widespread short measuring of alcoholic drinks is.

"The idea that 80 per cent of all beer bought at the bar is being short measured in the UK is extremely concerning. You are well within your rights to ask the bar staff for an immediate top-up."

"We simply don't have the resources to undertake spot checks.

"We are calling on the hospitality sector to ensure customers are getting value for money by correctly measuring the drinks they are serving in the nation's pubs and bars."

The CTSI conducted 137 test

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The Sun Says — Page 12

Campaign kicks off . . . Rishi in Ilkeston, Derbys, yesterday



KNIGHT WHO'S AFRAID TO FIGHT

- Tories: Sir Keir dodging TV
- PM vow to cut energy bills

A person earning £35,000 is getting a £900 tax cut
— RISHI SUNAK YESTERDAY



Kent visit . . . Rayner and Starmer

PM RISHI Sunak threw down the gauntlet to Sir Keir Starmer last night — challenging him to six live TV showdowns.

The Labour boss has been branded as the “Knight Afraid to Fight” by senior Tories, who demand he commits to the multiple telly debates.

It came as the Tories prepared to pledge today to cut energy prices if they stay in power — keeping bills below 2023 levels for five years.

The Prime Minister is demanding a once-a-week campaign face-off with Sir Keir in a bid to test his mettle and prove Labour have no plan for Britain.

And The Sun has invited both PM candidates to a head-to-head on our Never Mind the Ballots show, to be filmed with an audience of Sun readers.

However, only Mr Sunak has

By RYAN SABEY and HARRY COLE

agreed at the moment — with Sir Keir so far ducking the showdown.

The Tories want to use every chance they can to close Labour’s 20-point poll lead and convince the public of the Conservatives’ record after 14 years in office.

The Prime Minister’s inner circle is looking to lock in dates for viewers after Mr Sunak made the surprise election announcement on Wednesday.

But they will struggle to find many nights that do not clash with Euros football matches in the run-up to polling day.

A senior Tory campaign source said of Sir Keir: “He is the Knight who is afraid to fight.”

Another source close to the PM added: “Rishi Sunak is up for debating Keir Starmer as many times as he likes.

“And if Starmer doesn’t want to do it, what is he hiding? If he has all these great plans, why doesn’t

he come out and say what he wants to do?”

Energy Secretary Claire Coutinho even claimed Sir Keir and Labour are trying to “skate through” to election day “without telling anyone what they really think”. She added: “That’s why we should have weekly debates — so people know exactly where we stand.”

Signing up to six telly showdowns would be more than any leader has agreed to since they were introduced in 2010.

In January, Sir Keir was asked if he would “duck” debates when the issue was raised.

At the time, he hit back: “Well, that is just nonsense.

“Look, I’ve been saying ‘Bring it on’ for a very, very long time. I’m happy to debate any time.”

But the TV debates will have to be scheduled around matches involving the home nations at the Euro 2024 football tournament.

The group stage has televised matches every evening between

June 14 and June 26. The telly controversy took place as both Mr Sunak and Sir Keir clocked up the miles on the first full day of campaigning.

It came the day after Mr Sunak kick-started the campaign with a rain-soaked TV address to the nation from Downing Street, where he declared it was time for Britain to “choose its future”.

Sir Keir launched his offer to the nation by saying the PM rushed the decision of calling an election to avoid scrutiny of his Rwanda migrant deportation plan.

He made his first election visit with deputy Angela Rayner to Gillingham, Kent, which is seen as a Tory heartland and would be a prize win for Labour.

Rosie Duffield, the county’s only Labour MP, who has been at odds with the leadership over women’s rights, only found out about the visit on social media.

On the Rwanda plan, Sir Keir said of the PM: “I don’t think he’s

SIX LIVE TELLY DEBATES...

Pledge card...
Sir Keir at
Gillingham's
footie stadium



I've been saying 'Bring it on' for a very, very long time

— WHAT SIR KEIR SAID IN JANUARY

ever believed that plan is going to work, and so he has called an election early enough to have it not tested before the election."

Meanwhile, Mr Sunak started his day in the East Midlands, where he was quizzed by Tory party staff.

He then visited a brewery in Wales before travelling to Scotland. Today, he heads to Northern Ireland to complete his UK tour.

The PM was at pains to point out that the public will pay more tax under a Labour government, highlighting the economy will be front and centre of the campaign.

He said: "Because of what we've been able to do, an average person earning £35,000 is getting a £900 tax cut.

"That's what you get with the Conservatives, your taxes being cut so your hard work is rewarded, your family has financial security.

"That is a contrast at this election because, as I said, the Labour Party are going to spend more money, and that is just going to put

your taxes up. There's no other way to pay for it. They can pretend all they want. More spending equals more taxes, and I don't want to see that happen."

The Tories will today pledge to drive down energy bills if they remain in power, announcing a five-point plan. Energy regulator Ofgem will also announce today the level of the quarterly price cap from July – with domestic energy bills predicted to fall by another seven per cent.

Energy Secretary Ms Coutinho said the cap will be retained under the Tories and confirmed the cost of energy bill levies will be lower in every year of the next Parliament than they were in 2023.

The Tory plan to help lower energy bills also includes improving price comparison tools, regulating energy brokers and setting new standards for customer service and smart meters. But yesterday, Cabinet Minister Penny Mordaunt said the Tories are the "underdog" in

the General Election. And she warned the Commons: "The fact is nothing matters more to the Labour Party than the interests of the Labour Party and their paymasters.

"Ruthless socialists led by a weak and unformed leader. In six weeks' time we will know the answer from the British people."

The contest comes as four prominent Tories have decided to leave politics. Eleanor Laing, who is Deputy Speaker of the Commons, and Rail Minister Huw Merriman will not contest their seats.

Red Wall MP James Grundy and Work and Pensions Minister Jo Churchill will also stand aside.

But last night the Tory whip was restored to ex-Health Secretary Matt Hancock and Col Bob Stewart who are also both stepping down.

Tories yesterday warned voting Reform will bring in a Labour government. The party unveiled a new poster campaign, stating in bold letters: "Starmer needs you to vote Reform." *ryan.sabey@thesun.co.uk*

NEVER MIND THE BALLOTS...HERE'S THE GOSS



QUOTE OF THE DAY

"I was thinking of Singing In The Rain... with Rishi Sunak starring as Gene Kelly"

— JACOB REES-MOGG ON PM'S SOGGY SPEECH

WINNER OF THE DAY

PENNY Mordaunt blasted the "Britain-bashing brigade" of "ruthless socialists" and Labour MPs.



LOSER OF THE DAY

PO boss Paula Vennells had "a good day to bury bad CEOs", said one justice campaigner.



ELECTION WHISPERS

ONE Labour front-bencher had kind words for a former teacher-turned-Tory MP who is facing looming defeat.

They said: "At least you'll help us hit our target to recruit more school staff!"

TORY MPs in marginal seats gathered in a Westminster watering hole to hold "a wake".

One of them declared: "This must be what it feels like to be shipping out to war knowing none of us is going to come back."

LOADS of MPs are using Ozempic but some have a new diet plan.

"I love elections" said one not-so-slender member — "all the leafleting means I'll be shedding pounds and pounds!"
FitBits at the ready...

SOME of Rishi Sunak's closest aides and advisers will be secretly delighted that his ban on disposable vapes has gone up in smoke.

Plenty of them openly puff away all day inside their No10 offices.



Not standing... Nigel Farage yesterday

FARAGE'S EXIT HELP FOR RISHI

By MARTINA BET

NIGEL Farage yesterday announced he will not stand in the General Election — in a boost for Rishi Sunak.

The Brexit supremo announced he will not directly fight in the election and will instead focus on getting Donald Trump re-elected in the US.

Tories had feared his comeback could have strengthened Reform UK's efforts to win over disgruntled voters.

But in a move which created some Tory jitters, Mr Farage quit his GB News show to give him more time to spend supporting Reform's candidates.

Honorary party president Mr Farage wrote: "I will do my bit to help in the campaign, but it is not the right time for me to go any further."

"Important though the General Election is, the contest in the United States of America on November 5 has huge global significance."

Pollster James Johnson of J.L. Partners said Reform's Richard Tice "doesn't have the same bite" as Farage.

He said: "Sir Keir Starmer probably won day one of the election campaign, but with Nigel Farage standing back, Rishi Sunak won day two."

The Sun Says — Page 12

JEZ'S SET TO STAND

JEREMY Corbyn is expected to announce today that he will run for election as an independent.

The ex-Labour chief's team refused to deny he is set to go head-to-head with his old party in a bid to cling to his Islington North seat in London.

He lost the Labour whip in 2020 over comments he made playing down institutional anti-Semitism under his leadership.

Mr Corbyn, 74, left, would likely stand on a pro-Palestine platform — calling for Britain to tear up ties with Israel.

Labour's candidate is yet to be named but it is between Sem Moema or Praful Nargund.



THE Sun SAYS

Migrant mess

THERE can be no sugar-coating the latest vast and unsustainable immigration numbers.

OK, the 2023 total is down ten per cent on 2022, as the Government says.

It is also true that they are still inflated by genuine refugees we are rightly taking in from Ukraine and Hong Kong. That the Tories' recent curbs should slash the totals dramatically this year.

And that Labour opposes just about every effort to do so because at heart it is squeamish about border controls.

But those are excuses. Net migration of 685,000 in a year – the vast majority here legally – is still a mind-boggling number, especially after 764,000 the year before.

These are city-sized populations. Imagine how many new homes, hospitals, schools and roads we would need to complete each year to cope with those alone. What actually gets built is a minuscule fraction of that.

The public was aghast when the levels were a third of what they now are.

That is not "racism", as dim Left-wingers tediously claim. It is a justified anguish over the impact of such a population rise on housing, transport, the NHS and other public services.

This doesn't bother Labour, or its voter base of affluent middle-class graduates. Maybe because waiting lists and other hardships don't much affect them.

The rest of Britain wants proper, enforced controls of the sort we believed we were getting from Brexit and the Tories' victory in 2019.

With an election in less than six weeks, which party will give a cast-iron manifesto guarantee to get these numbers down to truly manageable levels?

Non-runner

NIGEL Farage's refusal to stand for election should simplify matters for disaffected Tories considering voting for Reform.

They may want to damage or destroy the Conservatives. But without Farage leading it from the front, Reform is just a ragtag protest outfit unlikely to win a seat and vanishingly unlikely to replace the Tories as the main party of the Right.

So each Reform vote from an ex-Tory will put Keir Starmer nearer victory, perhaps with a majority big enough to secure a decade in power.

Given Labour's instincts on immigration, tax and wokery, Reform voters would loathe every second.

The Tories can hammer this message home relentlessly now.

Pour show

NOTHING gets a drinker frothing mad like a pint poured short.

So it is scandalous to discover seven in every ten drinks in our pubs is not the full measure. Especially when pints nationwide cost a fiver or more.

Top them up, bar staff! Or we'll be bitter.

AS ELECTION BEGINS... TO LITTLE GUSTO

Labour's pitch is: 'We can't do any worse than the Tories.' Not quite Blair in '97, is it?



THEN AND NOW
... Blair celebrates landslide win in 1997.
Inset, Starmer and Angela Rayner on campaign trail in Gillingham, Kent, yesterday

THERE'S an age-old saying about elections that wise folk like to remind us of at the start of every political campaign.

"Oppositions don't win elections, governments lose elections." Never has that adage been more true than for the snap election announced by Rishi Sunak for July 4.

Time and again, voters tell pollsters that they are fed up with the current Tory Government, but they also say they don't have much faith in Labour to do a better job.

After 14 long years of Conservative rule and plenty of talk about how people want change, there is surprisingly little enthusiasm for a Starmer government.

Indeed, there is remarkably little enthusiasm for either of the two leaders: Mr Mediocre vs Mr Boring is hardly the big box office draw of the century.

Not-very-merry men

(Frankly, if you've made it this far into this column then congratulations – you've lasted longer than most of us can stay awake during a Sunak or a Starmer stump speech.)

But we're going to be hearing a lot about how voters want "change" over the next six weeks.

Whether it's from Labour or the smaller parties, such as Reform UK, the Lib Dems and the Greens, they'll be telling us until they are blue in the face that they are offering the country **CHANGE**.

Rishi Sunak, meanwhile, will lead his Tory band of not-very-merry men in one long chorus of: "Our plan is working, stick with the plan. Labour don't have a plan."

Let's just be grateful for small mercies that we're getting a snap election and only being forced to endure this stuff for **SIX WEEKS** instead of six long **MONTHS**.

In all honesty, there can't be many people who are thinking, "Yep, this is all going swimmingly well! More of the same, please, Rishi!"

If there are, don't worry, the men in white coats will be heading round soon. Everyone knows our country isn't



working any more. Our economy is in a mess, we don't control our own borders, crime is out of control, our NHS is creaking under its own weight, our Armed Forces aren't equipped to defend the realm, too many of our young people don't want to work while too many of our old people are being left to rot in inadequate social care.

Meanwhile, our schools are crumbling, our roads are full of potholes, our public transport is unreliable, our water is full of sewage, our energy supply is expensive and unreliable and, to add insult to injury, we are also in need of a couple of million more houses for people to live in.

But, apart from that, everything is just fine.

To adapt Monty Python, we might well ask: What have our politicians ever done for us?

So, yes, the situation is pretty bad and the list of problems is endless.

And, yes, change would be a darned good thing. Plenty of it, and quickly! But what kind of change?

What exactly is on offer from Keir Starmer, who is, after all, the only alternative Prime Minister waiting in the wings?

An economy that is even more dependent on immigrant workers and unreliable green energy than it already is?

Reform of the NHS – but what reform will actually deliver better healthcare and value for taxpayers?

Rationalising our railways is a popular policy but what would it actually achieve in terms of the train service on offer?

A "fairer" immigration system, yes, but fairer to whom?

The Tories may have failed on many major issues in recent years, but there is little evidence that Labour's plans

won't make things even worse. After all, Keir Starmer will face exactly the same in-tray as the current PM – as well as all the same economic constraints and global events that continue to rock our nation.

But Mr Flip Flop has shown himself to be as unreliable as he is deathly dull.

Can anyone really trust Starmer on defence or the economy when he happily campaigned **TWICE** to elect Jeremy Corbyn to be Prime Minister of this country?

Can we trust him to stick to any of his pledges to voters when he worked for years to betray Brexit? Or trust him to tackle law and order when he took the knee to Black Lives Matter?

Oh, and, while we're at it, has he worked out what a woman is yet?

Labour's pitch to voters is nothing more than "we can't be any worse than the current bunch". But all the evidence points to the contrary.

This is a far cry from 1997, when Tony Blair rode into office on a landslide wave of enthusiasm.

Cat among pigeons

Where's the inspiration? The vision? The ambition? Instead, Starmer is just offering us a mediocre alternative to Sunak's managed decline of our once great country.

Is it any wonder that so many voters are looking to other alternatives, such as Reform UK, or planning not to vote at all?

Certainly, Nigel Farage has set the cat among the pigeons by announcing that, while he won't be standing as an MP himself, he will be leaving his GB News show to campaign for Reform UK, meaning the Tories are now being flanked on the left **AND** on the right.

With six weeks until polling day, voters are sick and tired of our country being run into the ground by politicians on all sides. We want – and deserve – change.

Tony Blair campaigned in 1997 to the tune of Things Can Only Get Better.

But Keir Starmer has yet to convince many voters that the change he is offering is a change for the better, not the worse.

●Listen to Julia on TalkTV, 10am-1pm, every Monday to Thursday.

HARRY COLE'S COLUMN WILL BE BACK ON JUNE 7

TEARS FOR 'BUBBLY GIRL'



Campaign... Brooke

Kids age ten want a knife to feel safer

By **MIKE SULLIVAN**

A QUARTER of kids believe a knife makes them safer and some as young as ten have considered carrying one, a shock survey found.

Almost two thirds feel anxious about knife crime in their area, and 43 per cent of girls felt unsafe.

The two-year survey was conducted by the Ben Kinsella Trust, set up in memory of the 17-year-old fatally stabbed in North London in 2008.

Ben's sister, former EastEnders star Brooke Kinsella, 40, urged better education to shatter the myth that knives "keep you safe". More than 9,500 children, teenagers, teachers and youth workers took part in the poll.

A quarter knew someone who carried a knife.

Brooke added: "The number of young people, especially girls, who feel unsafe is deeply shocking and shows how much work we have to do."



Battle... Delyth

Cancer drug call petition hits 250k

By **SAM BLANCHARD**

A QUARTER of a million people have signed a petition for a life-prolonging breast cancer drug to be given to those denied it on the NHS.

Breast Cancer Now aim to overturn a watchdog's ruling on Enhertu.

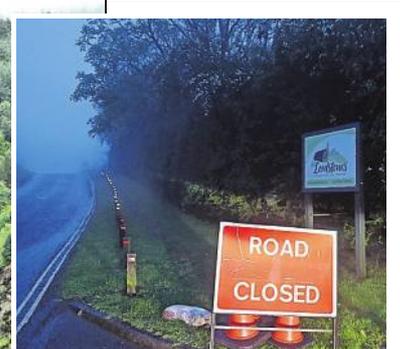
It was refused for incurable cancer that has spread, despite evidence it can add six months or more to people's lives.

It is also offered on the Scottish NHS. England's National Institute for Health and Care Excellence said the drug was not good enough value.

It is estimated 1,000 women per year in England could benefit.

Baroness Delyth Morgan, chief of the charity, said: "This must happen or women's lives will be tragically cut short."

Some women are eligible to get it on the NHS but campaigners want it offered to those who cannot be cured.



Sealed... scene on Wednesday

By **RYAN PARRY**

A "BUBBLY" girl of ten killed in a mudslide on a school trip dreamed of playing football for England's Lionesses, her family said yesterday.

Leah Harrison died on an outdoor education forest walk on Wednesday.

She was on a residential trip meant to be a treat for Year 6 pupils at Mount Pleasant Primary School in Darlington following their SATs.

But the area had been soaked by a month's worth of rainfall in 12 hours. Dozens of emergency responders raced to the scene near Carlton Bank in the North York Moors just after 1pm.

It is not clear whether Leah was swept away by a mudslide or had fallen as the rain-soaked ground opened up.

Yesterday, Leah's family described her as "the happy, bubbly, go-lucky little girl".

They added: "The beautiful smile, the giddy laugh, the silly jokes. You will never ever be forgotten baby girl. You will achieve your dream and become a player for the Lionesses."

"Spread those wings. May you rest in paradise."

Nick Blackburn, of the Lingfield Education Trust, which runs the school, described the mudslide as a freak event and said the route the children had taken had been risk-assessed by trained instructors.

He added: "The activity was a walk on a normal path to a woodland area. They were on their way back from the woods having made shelters when the mudslide happened."

"It's a shock. Students and staff are stunned, shocked and devastated. Leah was a big personality, a bubbly child. She started every day with a big smile on her face."

Yesterday, a plush toy football that reads "Leah No1 goal!" was among tributes and notes left at the school.

Police and the Health and Safety Executive are investigating.

Site operator, Hartlepool Council, has suspended all outdoor activities.



Tributes... football toy and note

Tragedy... Leah died on walk near Carlton Bank

LEAH, 10, KILLED BY MUDSLIDE

Freak accident on school moors trip

Kids hurt in bus hit

A CHILD remains in a serious condition in hospital after a school bus crashed with a tractor. The pupil, whose age and name is not known, was on the bus when its side was ripped open. They were taken from Meopham, Kent, to King's College Hospital, London. In all, 17 people were injured on Wednesday. A man, 33, from East Sussex, was arrested on suspicion of causing serious injury by dangerous driving and later bailed.

OLYMPIC MEDDLE

An alleged woman-hater has been arrested over fears he planned to attack the Olympic torch relay in Bordeaux, France.

TEARS TO JEERS

Anger as PO boss Vennells is grilled at inquiry



SHAMED ex-Post Office chief Paula Vennells was jeered yesterday as she faced fresh questioning over the Horizon scandal.

Her latest grilling came the day after she broke down in tears at the public inquiry. She was quizzed over an email

Vennells... arriving yesterday

By EMILY-JANE HEAP

suggesting a wide-ranging review into convictions of sub-postmasters were dropped amid fears it would make "front page news". As Ms Vennells tried to deny Press coverage was a factor, there were jeers in the public gallery. An independent report in 2013 had identified bugs in Fujitsu's Horizon software, raising doubts about the reliability of data used to prosecute hundreds for false

accounting. Inquiry counsel Jason Beer KC showed Ms Vennells an email to senior Post Office staff in which she asked why the review did not cover convictions which were up to ten years old. Then PR chief Mark Davies suggested there was a "real danger" in probing past cases as it could make "front page news". Ms Vennells replied: "You are right to call this out. I will take your steer." In an earlier email, she suggested all Press should be

"scoured for negative comment and refuted". Ms Vennells denied knowing of email conversations advising staff to "answer no" on whether system defects resulted in wrongful convictions. She struggled to respond when Mr Beer pointed out the email began: "Paula would like to say we have agreed the following." Ms Vennells, who walked away with £4.5million, is due to give more evidence today. emily-jane.heap@the-sun.co.uk

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'Dear mum'... Emma

Tributes to blaze OAP, 96

By ED SOUTHGATE

THE family of a 96-year-old suspected murder victim found dead after a fire at her house have paid tribute to her. Emma Finch's relatives said her death had "left a huge void in our lives, more so because of the circumstances". They also thanked the emergency services, adding: "The professionalism shown by all involved – the dignity shown to mum – brings much comfort to us at this very difficult time, for which we are so very grateful." Mrs Finch's body was found by fire crews who were called to a blaze in Liss, Hants, in the early hours of last Friday. Joshua Powell, 26, of Lindford, has been charged with her murder. He was remanded in custody by Portsmouth JPs yesterday and is due to appear at the city's crown court today.

Pro-Gaza rally raps

RIOT police arrested pro-Palestine student activists trying to confront an Oxford University boss. The group staged an impromptu sit-in yesterday after targeting the vice-chancellor's office. Footage showed four cops removing one protester using a stretcher. Sixteen were arrested for aggravated trespass, and one for common assault. Oxford Action for Palestine said: "The administration would rather assault its students than confront its enabling of Israel's genocide in Gaza."

CAT OUT OF HELL

Six-year-old cat Dexter had his face rebuilt in a life-saving op after being blasted with a shotgun in Wakefield, West Yorks.

Gleam bill of health

By JONATHAN KANENGONI

THE Duchess of York dazzles in a glittering silvery gown after her cancer scares. Sarah Ferguson, 64, posed in the frock for a charity event at the Cannes Film Festival in France. She also wore a bracelet with the initials of youngest daughter Princess Eugenie. Prince Andrew's ex recently got the all-clear after her skin cancer diagnosis. She has also been treated for breast cancer.

COMEDY RETURNING FOR XMAS



Flagged up ... offside

VAR use at Euros 'risk' after court bid

EXCLUSIVE
by **ROB PATTINSON**

VAR-decided offsides may be axed from the Euros because the inventor of a similar system is taking football chiefs to court.

Dutch firm Ballinno has filed an injunction against Uefa and German software firm Kinexon — alleging unauthorised use of its ball-tracking tech.

It is unclear whether the claimant alleges the whole of VAR has infringed its original patent or just offsides.

The court showdown in Hamburg is ten days before the Euros start on June 14. If an injunction is granted, it may prevent Uefa using the system.

Patent law expert Florian Müller said the timing was designed to put Uefa under pressure.

An England fan said: "Imagine if we go out because VAR isn't there."

Uefa claimed it was "not overly concerned" by Ballinno's case.



Trick or treat ... grub

Deep-fry Greggs for batter or worse

By **WILL BARKER**

A FAMILY-run fish and chip shop has divided the nation — with its deep-fried Greggs steak bake.

J-Henry's has been inundated with responses after uploading a video of its preparation.

It sees manager Sonny Lee, 29, roll the £2.35 steak bake in rice flour, and then batter, before putting it in the oil.

The video has had 1.6million views across Facebook and TikTok.

Sonny, who devised the "recipe", said: "The reaction to the video's been surreal and the viewers responding are definitely in two camps.

"One group says they'd like to try it while the others say it looks like a heart attack on a plate."

Sonny, of Southampton, added: "I tried it and it was all right but you only want a couple of bites. It's not the healthiest."

Greggs commented on the video: "Speechless."



Family gathering ... stars Ramona Marquez, Daniel Roche and Tyger Drew-Honey

Picture: DAN LOVEDAY



KAREN



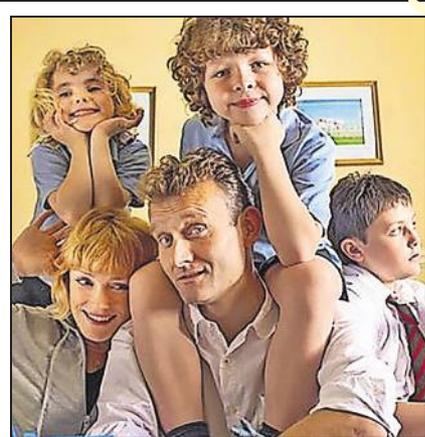
BEN



JAKE

OUTNUMBERED KIDS ARE BACK

(but my how they've grown!)



Kids and chaos ... Brockman clan in BBC sitcom

FAMILY comedy Outnumbered is returning with its original cast — and the three cheeky kids are now adults.

By **JESS LESTER**

The hit sitcom following the Brockmans, last seen as a Christmas special in 2016, is to air in another festive episode this year.

It will find parents Pete and Sue, played by Hugh Dennis, 62, and his real-life partner Claire Skinner, 59, living in a smaller home having downsized.

Actors Tyger Drew-Honey, 28, Daniel Roche, 24, and Ramona Marquez, 23, are back as off-spring Jake, Ben, and Karen.

In the original BBC show, which ran for seven years from 2007, many scenes including the children were semi-improvised — with only the adults using a script to direct the actions.

News of the show's return was confirmed by BBC director of

comedy Jon Petrie at the broadcaster's Comedy Festival in Glasgow yesterday.

Its creators, Guy Jenkin and Andy Hamilton, will write and direct the special.

Star Hugh said: "I can't wait for the Brockmans to be back together."

"Pete and Sue have downsized and the children are no longer children — but I'm sure family life will prove to be just as chaotic as ever."

The special will see the mum and dad grapple with the challenges of parenting kids who are now adults with their own lives.

In a moment of adversity, they gather them together — with a grandchild in tow — to try to celebrate a traditional family Christmas. In true-

to-the-show style, fate, neighbours, hyenas and a bus replacement service manage to get in their way.

The grown-up Brockman siblings previously reunited in character for Comic Relief's Red Nose Day in March.

It followed a series of controversies which saw Daniel snapped with what appeared to be drugs on a trip to South East Asia in 2023.

Last year Tyger was targeted by a hacker group Celeb Busted which allegedly obtained X-rated photos of him.

And Ramona was accused on social media of taking drugs at the Reading Festival in 2016.

She hit out at trolls' "really horrible" comments.

jessica.lester@the-sun.co.uk

Parents ... real-life pair Hugh & Claire



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Ally



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Ross

Unexpected morons in the bagging area

THE Weakest Link, Romesh Ranganathan: "In music festivals, which former member of The Beatles was a headline act at Glastonbury in 2022?" Liv Cooke: "Queen." Romesh: "In football, the

former Chelsea and England midfielder was appointed manager of Everton in 2022 is Frank who?" Tia Kofi: "Skinner." The Finish Line, Roman Kemp: "What loyalty card is

named after the drink of the Gods?"

Aaron: "Asda." And Roman Kemp: "How is the actor Phillip Andre Rourke Jr better known?" Claudia: "Peter Andre."

BBC1 cancelling The Finish Line so political trainspotters could stare at 10 Downing's Street door.

The tearful, woke and deeply annoying new Doctor Who. Bruno Tonioli's fake BGT

Random irritations

laugh. The world's neediest woman, Carol Vorderman, chasing applause in the same way a spaniel chases

pigeons in Trafalgar Square. And Joe Lycett overestimating his own worth by 20 quid, when he told his audience: "We're selling off bits of our set on eBay and got £19.69 for the giant c**k."



CLASS APART . . . Rebus

REBUS HAS GOT HEART(S)

SPOKE too soon. Maverick cops who don't play by the rules . . . but get results are back in the shape of Richard Rankin's superb version of BBC One's Rebus.

Not a man who could ever be accused of being in love with life.

Rebus has a self-destructive relationship with drink, women, gangsters and his barely-tolerated work colleagues, but an unambiguous loathing of rich socialists, students, cyclists and anyone else who treats Edinburgh: "Like it's Denmark, or something."

He's got a bad side as well, though. He



TELLY quiz. What was C5's Sue Perkins talking about in Phuket, when she said: "It should go back to being one massive gibbon love tunnel?"

- A) The Thai rain forest?
- B) Her dating profile?



supports Hearts. Yeah, Rebus is THAT dark and I know some of you will be put off by the resulting violence and the fact there are almost as many abductions, in this six-part, as there are staggering coincidences.

But, in a television world overrun by diversity and inclusion lectures masquerading as dramas (see Granite Harbour), Rebus is a class apart and should be embraced like a long-lost friend (Saturday, BBC One, 9.25pm).

GREAT TV lies and delusions. Saturday Kitchen Live, Donal Skehan: "I feel like I'm in the presence of greatness, it's Eddie Izzard."

The Fortune Hotel, Stephen Mangan: "This is a fascinating evening."

And BGT, Bruno Tonioli on boyband Blitzers: "That was as good as anything I've seen around the world in the last 50 years."

Then get out more, all of you.

A comedian with no comic timing? It's BGT's best act

VERY occasionally, the right act turns up on the right show at almost exactly the right time.

Saturday's Britain's Got Talent, for instance, which was going nowhere until the appearance of a knife-throwing duo, with a combined age of 132, called Janette and Angelo, who looked like he couldn't operate beyond a distance of about three feet without presenting a clear and present danger to his partner and Ant & Dec as well.

He was giving it everything, though, and Alesha Dixon was so filled with excitement or condescension that she said out loud: "I want to be like that when I'm 69." An ambition and a half, but why wait all those years, I say?

Strap Alesha into Angelo's wheel of death this instant, throw in Bruno Tonioli for company and then replace them with someone funny who'd do something more than greet every single act with open-mouthed astonishment and press their golden buzzer at the first hint of a sob story.

Brass neck

It'd be a decent start to the makeover ITV urgently needs to perform here, but wouldn't begin to address the central issue with a show that's been deceiving the public on an industrial scale, ever since ITN's Charlene White kicked things off by claiming: "This series of Britain's Got Talent has taken the nation by storm."

There's a small element of truth in her words, of course.

Yet I still can't quite work out if the nation in question is South Korea or Japan.

Both have arrived mob handed and full of energy as they clog up the running order with acts like Ssaulabi, Sarukani, CyberAgent Legit and some tuneless wonders called Blitzers who, like so many BGT stars, are already an established act in their own country and the vanguard of Simon Cowell's plans to conquer the world with his new Netflix talent show, I'm assuming.

Japan just seems to have the edge, however, because as well as the slick professionals,



CUT ABOVE . . . knife-throwing double act Angelo and Janette perform. Left, fast-talking comic Darren Watson

they've also got bungling amateurs like Keiichiro Tani, who demonstrated just how far that country has fallen since Pearl Harbor by trying and failing to hang a shirt up by drone, multiple times.

It's an intrusion I resent, frankly. For if there's one thing Britain can still produce, in vast quantities, it's bungling amateurs, like comedian/plumber Darren Watson, a man with not a hint of comedy talent or timing about

him. Yet, by simply reading out Christmas cracker jokes at Irish horse race commentator pace, he was funnier than anything I've seen on Live At The Apollo in years.

He's the lifeblood of the show, in fact, and should be prioritised way above Simon Cowell's empire-building plans.

If, in future years, though, someone like Darren thinks "Sod that for upgrading a shower head", then you could hardly blame him, given the

vast number of ringers and re-treads that are now being processed through BGT.

Week one the show was stolen by Sydnie Christmas, a sweet, innocent-looking girl who turned out to be a seasoned West End performer in Starlight Express and Grease.

And week two it was the same story, with an English National Opera singer, ironically named Innocent Masuku, and animal impersonator Genevieve Cote, who'd already

passed through the French, American and Canadian versions of Talent.

New territory was breached, on Saturday, however, with the arrival of an outrageously talented and charismatic juggling pair called The Messoudi Brothers, who were asked, by Cowell: "Is this really unique? Never seen before?" which took some brass neck when it was Simon himself who put them through to the semi-finals of America's Got Talent, in 2019, before they progressed via the German, Italian and French franchises as well.

The one standard question that was on nobody's lips, though, was: "What would it mean to perform for the Royal Family?"

Why? Well, it's almost certainly because The Messoudi Brothers have already done that at the 2021 Royal Variety Show, alongside James Blunt and the cast of Matilda.

A significant biographical detail to omit and one that should have everyone who isn't on Simon Cowell's payroll wondering exactly the same thing.

If hardly any of the contestants are from the host country and the best act has already won first prize, what the hell is the point of Britain's Got Talent?

Great sporting insights

ALAN McINALLY: "It's not your duty, but when your country calls, you do your duty and go." Paul Merson: "Everton won't want to lose with a loss."

Daniel Mann: "Doncaster are in their change kit. Back to their regular hoops." *Compiled by Graham Wray*



CHANNEL 5, Tuesday, 9pm, Robson Green, right: "I'm losing myself in the Amazon." Warehouse or deliveries? I'll alert security.

TV GOLD

THE award-worthy pay-off to Wednesday night's brilliant Mulberry Close episode of Inside No.9.

Iain Rankin's love letter to Edinburgh, Rebus.

BBC Two repeating Elvis Presley's '68 Comeback Special, right, which is still,

arguably, the greatest event in rock 'n' roll history. And Lee Mack responding to The 1% Club contestant, Heather, who said she was embarrassed to be the only contestant who'd gone out on this week's dolly drop 90 per cent question: "You don't have to be embarrassed. You should be ashamed."



lookalike of the week



THIS week's winner is real-life Baby Reindeer dingbat Fiona Harvey and Constance Nebbercracker, from Monster House. Sent in by Michele M.

DOCTOR Who: Ratings update/prediction. First Space Babies episode of the new Ncuti Gatwa series was a thinly disguised plea on behalf of asylum-seekers and got 4.01million viewers.

COMPARE and contrast. Have I Got News For You, week seven, Ian Hislop, below, earnestly to Jess Phillips, on the subject of Angela Rayner: "It's about the principle, Jess. It's not about the property, it's about honesty. Telling the truth matters."

HIGNFY, week one, Ian Hislop, very dismissively to the audience: "Angela Rayner may have fiddled up to £1,500 on her council tax . . . says a book by Lord Ashcroft, who avoided £112million when he was a non-dom! That means she's guilty!" Yes, Ian, but it's not about the property, it's about honesty. Telling the truth matters.



AFTER DENISE VAN OUTEN



Stage star . . . Holland

15+ rating for Tom's Romeo & Juliet

By JONATHAN KANENGGONI

THE new Romeo & Juliet theatre production starring Spider-Man actor Tom Holland has been given a 15+ age rating.

The bracket for the West End show is higher than the 12A certificate for the 1996 film version of the play starring Leonardo DiCaprio.

The Duke of York's Theatre recommends only those aged 15 and above come to see the play, which has been hit by technical issues.

Audiences are warned online: "The production contains scenes that some audiences might find difficult to watch."

It is thought the suicides in the Shakespeare play have contributed to the move.

This is despite the production, which also stars Francesca Amewudah-Rivers, having all the violence of the tale removed and left to be implied on stage.



One punch . . . Turner

Brit held on £167k 'kill' debt to family

By NICK PARKER

A BRITISH man has been arrested after failing to pay "blood money" to the family of an OAP he killed with one punch.

Holidaymaker Mark Turner wrongly thought Mario Saucó, 66, had sexually harassed his daughter at a bar in Fuengirola on Spain's Costa del Sol.

He attacked the pensioner, who fractured his skull on the ground and died in hospital in 2018.

Turner, 52, was convicted of manslaughter and got a suspended jail term after agreeing a deal with prosecutors to pay £167,000 in compensation.

The Brit, of Dagenham, East London, has blamed payment delays on bank problems. An international arrest warrant was issued and he now faces extradition after being arrested in the UK.

Mr Saucó's family lawyer said Turner had been "mocking" Spanish justice and his victim's relatives.



HANNAH WADDINGHAM

MEL C

LOUISE REDKNAPP

KATE MOSS

We've hit

THEY'RE the nifty 50s – the women with the wow factor who have reached their half century and are definitely not out.

There was a time when turning 50 meant you were past it, but the fabulous females who are celebrating the milestone birthday in 2024 seem like they are only just getting started.

And there must have been something in the water when they were born back in nineteen seventy phwoar, because Victoria Beckham, Kate Moss, Louise Redknapp and Penelope Cruz, to name just a few, look as if they've been drinking from



By NIKKI WATKINS

the fountain of youth. With glowing skin, impressive six-packs, sizzling sex lives and successful careers, this year's new 50-year-olds prove it's no time to be slowing down.

This week TV's Denise van Outen dazzled as she stepped out just days before her 50th to record the video for her new single, *Discoliscious*.

Spice Girl Mel C, DJ Sara Cox and actresses Eva Mendes, Amy Adams, Elizabeth Banks and Hannah Waddingham all turn 50 this year too.

Psychologist Emma Kenny says:

"Fifty is a time for women to finally reclaim their life.

"They've spent their 20s on their career, and if they have a family, their late 20s, 30s and 40s would likely have been dedicated to raising the kids and working to pay the bills.

"Then perimenopause and menopause sneaks up on you around 40. But into your 50s – finally – you are the star of your own show again."

Dubbed the Spice Girl who couldn't really sing, Victoria Beckham – who admits her microphone used to be turned off – is 50 and flourishing.

Having long since ditched her solo pop career, she is now a fashion and beauty mogul. Last month she launched her first high street collection for her fashion label, Victoria by Victoria Beckham, with a collabor-

ation with Mango. Meanwhile, her Victoria Beckham Beauty business reports a tripling of customers and has won 28 industry awards, with one £30 Satin Kajal Liner reportedly sold every 30 seconds.

Now the rumour mill suggests she may reprise her Posh Spice role in a reunion with the Spice Girls.

Not only that, mum-of-four Victoria is also in the shape of her life, with up to six gym sessions a week.

On turning 50 last month she said on Instagram: "I feel so incredibly blessed to have reached this milestone... blessed, but also accomplished and deeply content."

Kate Moss, who turned 50 in January, has gone from all-night clubbing and rumours of substance abuse to yoga, ice baths and health retreats.

WOWS, STARS LOOKING FAB AT 50



DENISE VAN OUTEN

ELIZABETH BANKS

PENELOPE CRUZ

VICTORIA BECKHAM

big five oh!

And now she is looking better than ever as she sits in pride of place on every catwalk's front row. She also has her own skincare range, Cosmoss, and a beauty range believed to be launching this year. She has also banked millions in profits through her modelling agency Kate Moss Agency, which looks after her daughter Lila, 21, and Rita Ora. Actress, singer and presenter Hannah Waddingham, who turns 50 on July 28, is the epitome of a late bloomer, with her TV acting career only starting at the age of 45. The single mum only became an A-lister in 2020, when she landed a leading role in TV comedy drama *Ted Lasso*, winning an Emmy for her portrayal of Rebecca Welton in 2021. Last year she hosted Eurovision

and had her own one-woman Christmas show for Netflix. Not afraid to speak her mind, last month she scolded a photographer for asking her to show him some leg. Louise Redknapp shot to fame in Nineties band Eternal, then took a rest from the limelight to raise her two kids with footballer hubby Jamie. After they split in 2017 she said: "I have spent most of my life pleasing everyone else, worrying about being judged and thinking I should always do the right thing by staying home, looking after my kids and husband. I became a sort of Stepford Wife, wanting to be perfect at it." But in the past few years she has relaunched her pop career, become a fashion influencer and has found new love with former military officer

Drew Michael. Oscar-winner Olivia Colman turned 50 in January, and with her dyed blonde hair and Prada gowns, many are calling this her fashion era, while Olivia proudly confesses to tweaks such as Botox. Once a lager-swilling ladette, Radio 2's Sara Cox will be 50 in December and is in her best shape ever, from cycling, riding and the gym – which is how she now has a six-pack. It's not just our stars who look fab at 50 – Penelope Cruz joined the club on April 28 after huge accolades for her latest role in hit film *Ferrari*. Similarly, Amy Adams and Elizabeth Banks are flourishing in their careers, while Eva Mendes has stepped back from acting to raise her family with Ryan Gosling, and has become a children's author.

'I CAN'T WAIT FOR IT'

SUN writer Natasha Harding, 49, *inset* lives in Bude, Cornwall, with her husband, Paul, 55, who works in insurance, and children Zak, 17, and Lexi, ten. She says: "I can't wait to be 50 in a few months. Women are calling their 50s the power decade, which I agree with. By this mature age, you know who you are and you don't do things you don't want to. Life is tricky for women, building a career in your 20s, halting your job prospects if you start a

family and then the menopause hits. But everything calms down in your sixth decade. Also, you look your best as you know the make-up and clothes that suit you. For me, my fitness is top notch as I teach yoga classes, something I wouldn't have had the energy for in my 30s with my career and parenting. These hot celebs have me excited for my next big thrill – and I can't wait to see what is around the corner. Hitting the big five oh is going to be oh so exciting."



Cash out cost me £800K FAN'S BET AGONY

A LIVERPOOL fan missed out on £800,000 in a Premier League punt — by cashing out minutes before full-time.

Ethan Conway, 24, staked £219 on three exact season-end scores last Sunday.

He predicted Brighton 0, Manchester United 2; Liverpool 2, Wolves 0; and Sheffield United 0, Tottenham Hotspur 3.

He cashed out for £5,130 with United leading 1-0 and was "over the moon" at his luck — before Rasmus Højlund's 88th-minute second for Liverpool's arch rivals. If the scaffolder had held his nerve he would have won £814,000 on the 3,717/1 punt.

"I'm heart-broken", he said. "It's just the 50/50 chance of it. "You either

By ALEX WEST
Gutted... fan Ethan

or you don't. My family and friends were in disbelief as well — but they're happy I won the five grand."

Ethan, of Mountain Ash, South Wales, added: "It was just a rough guess and it came in. Pure luck. "There's no chance I'll be betting again soon. I'll have to get over this one first. I've won and run." alex.west@the-sun.co.uk



THE Sun SUPERDAYS

GRAB A GREAT DAY OUT

THRILLER... magnificent rollercoaster Hyperia is new for 2024



SAVE UP TO £58 ON 2 TICKETS

SUN Superdays are back and you can now get two tickets to Thorpe Park, for a saving of up to £58.

With over 25 thrilling rides, attractions and live events, the theme park is a must-visit for those looking for adventure.

Thorpe Park is home to an awesome line-up of record breaking rides, including Colossus, the world's first ten-looping coaster, and THE SWARM, the UK's first winged coaster. Plus, taking you from 0-80mph in under TWO SECONDS, Stealth is the UK's fastest coaster.

New for 2024, find your fearless on Hyperia, the UK's tallest and Fastest rollercoaster, where you will reach heights of 236 feet, and speeds in excess of 80mph, and experience a world-first inversion.

Dust off your lederhosen and prepare to yodel as Oktoberfest returns.

Tuck into classic German delights or chill out with a Stein of traditional Oktoberfest beer while soaking up the atmosphere with top Bavarian beats and German treats.

TERMS AND CONDITIONS: 18+ UK only (exc. IoM & Channel Islands). Multiple code collect May 18-June 4, 2024. Two tickets per household, all bookings must be made in pairs. Non-transferable, non-refundable, strictly subject to availability, and daily allocation limits apply (200,000 total tickets available, including 21,000 no-cost tickets. Remaining tickets available from £10-£25 per ticket). Online access required. Saving against advanced online ticket prices and varies per date, applies to the main season only. Dates and periods are subject to change without notice. Saving correct at time of print. For full T&Cs, including ticket prices and allocation breakdown, see sunsavers.co.uk.

We have thousands more weekend and school holiday dates for readers this year, and to make this possible we have introduced a cost for tickets on busy dates. But we do still have 21,000 tickets available at NO COST — saving you up to £58 — but these will be limited to quieter days, such as during the school term.

62,000 WEEKEND AND SCHOOL HOLIDAY TICKETS

To book your tickets, just follow these steps.

- 1 Either download the Sun Savers app or visit sunsavers.co.uk.
- 2 Go to Offers and click "Start Collecting" on the Sun Superdays - Thorpe Park page.
- 3 Collect NINE Sun Savers codes. We will print one daily until June 4. Today's is on Page 24. Enter or scan your codes on the app or website as you collect them.
- 4 Booking opens at 11am on May 28. Click "Redeem booking code", hit "Book" and you will be directed to the Sun Superdays Thorpe Park website to claim your tickets.

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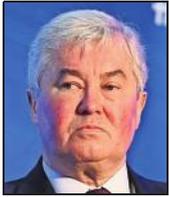
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SUN TEAM IN UKRAINE BOMBING



Criticism... Barrons

Budgets for Army pounded

EXCLUSIVE
by JEROME STARKEY

THE Army's budget is being slashed for two years in a row – demolishing the Government's claims it is bolstering Britain's Armed Forces.

Troops face swingeing cuts despite the PM's pledge of a £75billion lift. Army coffers are being raided to fund the RAF's new Tempest fighter jet and plug a £20billion hole in MoD accounts.

Plans for a new air defence system could be put on hold, along with orders of new kit.

Army numbers are due to shrink to 74,000, down from the 82,000 in 2021.

Rishi Sunak has vowed to up Defence spending to 2.5 per cent of GDP by 2030. Ex-Joint Forces chief General Sir Richard Barrons said: "Defence is running on fumes."

The MoD said budgets are "routinely flexed" to deliver its priorities.



Take-off... fighter jet

China Xi in Taiwan war drills

By NICK PARKER

CHINA yesterday started two days of rehearsal drills for a full-scale attack on nearby Taiwan.

President Xi Jinping ordered naval, air and army forces to encircle the self-ruled island as a "strong punishment".

William Lai, Taiwan's president since May 20, is seen as a "dangerous separatist" by China.

Yesterday's drills were the biggest military exercises around the break-away island for years.

Experts said they simulated an armed invasion rather than a blockade.

Taiwan's defence ministry called the operation an "irrational provocation and actions that disrupt peace and stability in the region".

President Xi has vowed to "reclaim Taiwan" by force if necessary – a move which would trigger a US military response.



DEVASTATION

Bodies are carried out of the destroyed building



Cruel strike... Sun's Paul Sims at the print site

Words:
PAUL SIMS
Pictures:
PETER JORDAN
in Kharkiv, Ukraine

KHARKIV was pounded by a missile blitz yesterday that left seven dead and at least 16 injured.

At least 15 S-300 surface-to-air rockets were fired at Ukraine's second largest city, but mayor Ihor Terekhov told The Sun: "These dark days won't defeat us."

Explosions rang out across the city as residents raced for bomb shelters, while plumes of smoke rose across the skyline.

The Sun's team was among the first at the scene of the attack – which destroyed the Kharkiv Vivat printing house.

We joined brave firefighters – exhausted by the relentless bombardment of recent weeks – clambering through the rubble as smoke billowed out.

Charred remains of a woman lay nearby. A man in his 40s lay lifeless before he was transferred to a body bag.

Others followed as the pile of corpses from this indiscriminate rocket attack increased.

War crimes prosecutors took photos and sifted through the debris to locate the warheads.

We were then forced to run for cover amid alerts of a "double tap" attack before another rocket was downed over Dnipro.

Mayor Mr Terekhov said: "Kharkiv is an indomitable city, a hero city, we are a Ukrainian city."

"We hold on, we will endure. Yes, we are going through very difficult times, but together we will win."

"This is a very dark day for our city but brighter days are ahead."

He said 50 people were in the Kharkiv Vivat premises – which prints notebooks for schoolchildren – when it was struck.

He said: "This place has nothing to do with the military. Seven people have died and 16 who were wounded are now receiving treatment in hospital."

Kharkiv's Military Administration boss Oleh Synchubov added: "This was an extremely brutal Russian attack. Fifteen rockets were fired at once."

Fire chief Eugene Vasylenko said: "The people of Kharkiv – what can I say? – they are heroes. They constantly withstand these blows."

"We will never give up or get scared, we are strong – and we will remain so."

Russian tyrant Vladimir Putin has insisted his troops are creating a buffer zone but fears of a full-scale assault on the city remain.

paul.sims@the-sun.co.uk

These dark days won't defeat us

- 7 KILLED BY MISSILE BLITZ
- KHARKIV STAYS DEFIANT



Defiant... mayor

PROMOTED CONTENT

60 SECONDS WITH...



ASHLEY CAIN

Reality star and former Coventry City footballer on his dream trip to Rhodes

Where will you be jetting off to this summer?

A family holiday to Rhodes - I've never been but it looks so beautiful. Amazing golden beaches and the perfect mix of chilling, nightlife and delicious food.

What's the vibe?

I want to recreate the holidays I had as a kid. It will be my son Aliyas's first trip abroad and I want to share it with my parents, my brothers and sisters, everyone. I lost my daughter, Azaylia, to leukaemia in 2021 so now more than ever, family time together is priceless.

What are you looking forward to most?

I'll really need this rest with my family after completing 2,799 miles for the Ultraman challenge, travelling between Land's End and John o'Groats three times - once running, once cycling, once kayaking - to raise funds for the Azaylia Foundation. My dad and I are history nerds, so I want to take him to the Lindos Acropolis, then the Palace of the Grand Master of the Knights of Rhodes.

Do you travel light?

As long as I have my passport and phone, I'm sorted. Not sure about everyone else, though! But with Jet2holidays you get a generous 22kg of baggage included, so the whole family can fit plenty into their suitcases.



LIKE FATHER, LIKE SON ... ASHLEY WITH ALIYAS

Hotel or villa?

Hotel - and we'll go all-inclusive as that leaves more time for family fun.

Culture or nightlife?

Both. I love other cultures and food, and Rhodes Old Town has great restaurants. I'm a thrill seeker too, and there's a waterpark in Faliraki so we can muck about like kids again!

What makes a great holiday for you?

Being by the ocean, taking in new experiences and doing all that with my family will be just perfect.

HOLIDAY LIKE A STAR

Fantastic child-friendly all-inclusive resorts, award-winning service and 22kg baggage? Nothing beats a Jet2holiday! And this summer's Price Drop has slashed the cost of thousands of getaways. Book yours now at Jet2holidays.com



*On bookings made ten weeks or more before departure. Full payment required by balance due date

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Jada supports Bad Boy Will

THEY have been living separate lives for seven years but WILL SMITH still had estranged wife JADA by his side at the premiere of the star's movie *Bad Boys: Ride Or Die* in Dubai on Wednesday.

The fourth film in the *Bad Boys* franchise will be out on June 5, and I expect it will be another hit - but not the painful sort he landed on CHRIS ROCK at the Oscars two years ago.

RAPPER'S ARRD PARTY ON YACHT

BRITISH rapper ARRDEE almost died on his 20th birthday after a storm hit the yacht he was on in Ibiza.

He said people were "knocked out" and DJ decks went "flying off the boat".

Recalling the captain's actions, ArrDee, *inset*, told the *Saving Grace* podcast:

"He's thrown the anchor down and we've just heard this snap. The anchor's broken off. We got back and I'm like, 'How close was we to capsizing?'"

He was like, 'There were two times I was gonna dive off the boat.'

That's not reassuring for my summer holidays.

ArrDee is back today with new tune *Heavyweight*, while other releases include *Caught Up*, by FLO, *Turn It Up*, by PINKPANTHERESS, and *Love Bites* by NELLY FURTADO featuring TOVE LO and SG LEWIS.



BECKY: MY ASSAULT

BECKY HILL has revealed she was sexually assaulted by a male friend when she was 21.

The two-time Brit Award winner, now 30, said she reported it to the police and that it has still been "eating away" at her over the years.

Becky, *right*, said: "I had to keep it to myself because I knew none of the friends I had at the time would believe me."

"I've always classed myself as a strong bitch. I like to think I can take a lot of s**t, but with that, it felt like something had left me that will never come back."

"I'll never get that bit back of me. That moment will stay with me for the rest of my life."

In an interview with the *Glamour* UK May digital issue, which is online now, she

said about reporting the incident: "With rape and sexual assault, the numbers on reporting are so low that I wanted to be able to sit with my future children and if, God forbid, the same happens to them, say, 'You know what? When I was your age, I went to the police and reported it, and it was really powerful for me.'"

She sings about the experience in new single *True Colours*, which is released this morning, and hopes it will encourage schools to teach kids about consent.

Becky added: "It was something I was never taught about, nor any of the other people in my age group."

"And I feel like I was let down by the education system because of that."



BRAVE... Becky
Picture: BACKGRID

IN just five weeks we'll join the hordes at Worthy Farm. But before I moan about Glasto's gross long-drop loos, warm pints and our freezing/boiling tent, I have great news.

Block 9, *right*, brings back its outdoor dance zone for the first time since 2019. HONEY DIJON, who has worked with BEYONCE and LADY GAGA, will open it with the *Genosys Returns* party.

And FRANCOIS K will headline an NYC Downlow daytime rave on the Saturday. At least the glo-sticks will take my mind off the toilets.



LIZZO: THE CLOUD IS CLEARING

LIZZO has almost completed her first album in two years - but this one won't be as joyous as usual.

She had her name dragged through the mud last August by former backing dancers who accused her of inappropriate behaviour, which she denies.

Now she has revealed the anguish caused by the allegations.

Lizzo, *right*, wrote on Instagram: "I'm the happiest I've

been in ten months. The strange thing about depression is you don't know you're in it until you're out of it."

"I'm definitely not as carefree as I used to be. But the dark cloud that followed me is finally clearing up."

"I thought my album was finished... but I gotta get some of these good vibes off in a banger real quick. Thanks for your patience."



bi *z* arre

ELLIE HENMAN'S

With
HOWELL
DAVIES
& JACK
HARDWICK



Who the
Ek is that
with Cara?

CARA DELEVINGNE took a break from treading the boards in Cabaret in the West End to rub shoulders with Love Island's **EKIN-SU CULCULOGLU**, of all people.

The A-lister, *above*, jetted out to Cannes on a whirlwind trip on Wednesday to attend a swanky film festival bash, where she wore this plunging black blazer with chunky gold jewellery.

Ekin-Su, *left*, somehow managed to blag an invite to France too following her stint in Celebrity Big Brother.

I doubt Cara will be following her into the ITV2 house any time soon.

PARTY ...
Ekin-Su

HOMIE ALONE MARV: 'A**HOLE BONO'

Is this the unlikeliest feud ever?

NEVER mind **NOEL v LIAM** or **SHARON OSBOURNE v AMANDA HOLDEN** - there is a new feud rocking the world of showbiz.

And it is the most unlikely grudge match I've ever heard.

Remember crook Marv Murchins from the Home Alone movies? It turns out he, well, the actor who played him, **DANIEL STERN**, went toe-to-toe with **BONO** after working himself up into a fit of rage over a late-night party the **U2** rocker was having at his neighbouring house in Malibu, California.

Daniel revealed the row in his new book, imaginatively called Home And Alone, where he details his fury at the Irish singer and his pals - who he branded "pretentious a**holes" because they had the music blaring at lam.

The actor claimed it was as noisy as a nightclub and that: "By one in the morning, I was out of my mind."

'Pretty insane and scary'

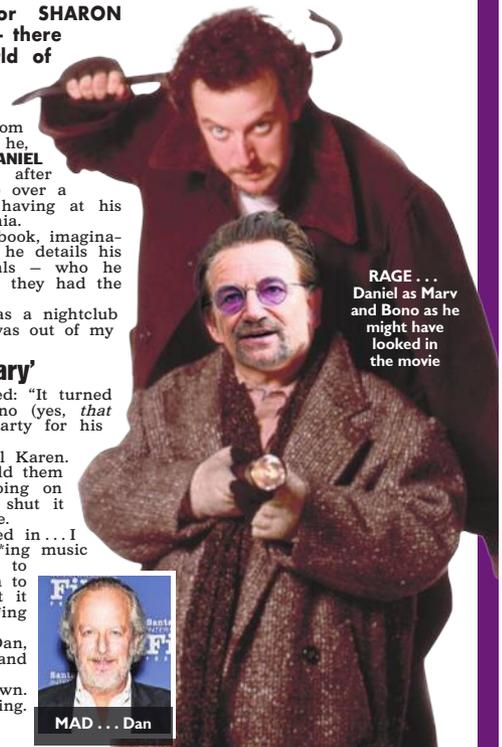
He called a neighbour, and continued: "It turned out he had rented the house to Bono (yes, that Bono), who was having a birthday party for his daughter."

Then, according to Dan, he went full Karen. Dan wrote: "I called the police and told them that there was an unlawful party going on and that I was going over there to shut it down and I hoped they would join me.

"I hopped in my truck... and headed in... I lost it. I started ranting, 'Shut the f***ing music off'. Families with children are trying to sleep and instead we all have to listen to this s**ty music all night long? Shut it off! You don't even live here, you f***ing pretentious a**holes."

Security at the bash tried to stop Dan, who said he can look "pretty insane and scary when I lose my s**t".

Local coppers shut the party down. They do say silence is the Sweetest Thing. *Bono, over to you...*



RAGE... Daniel as Marv and Bono as he might have looked in the movie



MAD... Dan

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DEAL OF DAY



DRY and style your hair with Revlon's one-step volumiser, down from £59.99 to £28.50 at justmylook.com.

SAVE: £31.49

CHEAP TREAT



GIVE your pout some shine with Essence's Juicy Bomb lip gloss, 97p, from Wilko.



WATER'S WAY TO GO WHEN KIDS GET BORED WITH THEIR USUAL TOYS

Bowl 'em over

IS your home chock-a-block with toys the kids seem to have lost interest in?

Ahead of school half term, save on splashing out on new stuff or pricey days out. Instead, keep children entertained with the gear they already own.

Here are some ideas...

JUST ADD WATER: A little bit of water-play works wonders for engaging small children and can give existing toys a new dynamic.

Try setting up a bowl of soapy water and asking kids to give dolls a bath – or you can pretend it's a car wash for any toy vehicles. It's even better if you get the toys a little dirty

beforehand. If you have toy kitchen sets, children can easily be entertained by pouring water in and out of cups, teapots and bowls. This is ideal play for warmer days, too.

LAY IT OUT: You will be surprised how readily children start playing with their toys when they are laid out and easily accessible, rather than packed away in boxes.

If you have a load of dinosaur figures, for example, set them up a Jurassic-themed area where you want them to play, and they'll soon get involved. But regularly rotate the layout of your children's toys to keep them interested.

ROLE PLAY: Create a fantasy world with existing toys, and kids are usually quick to get involved. Pretend to go to the

shops with a bag and some play food, for example. Or set up a doctors' surgery and say cuddly toys or dolls are poorly and need nursing.

SET A CHALLENGE: Children love a task that can give them a sense of accomplishment. You could use their toys to set simple missions they'll love getting stuck into.

For example, try asking if they can find all their red toys and put them in a pile. You could also ask them to line up dolls in size order, from biggest to smallest. Or try challenging them to build a Lego tower that is, say, bigger than your hand.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

TOP SWAP



£95

MAKE a style statement with this slogan T-shirt, above, £95 at ganni.com. Or go to boohoo.com for this on-trend cherry T-shirt, below, for £11.20.



£11.20

SAVE: £83.80

What's new?

HEINZ has teamed up with Richmond to launch both beans and spaghetti with sausages, each £2, from Asda.



Little helper

VOXI mobile customers can get a free Sainsbury's meal deal, worth £3.50, through the Voxi drop section on online accounts.



THE Sun

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SHOP & SAVE



THESE outdoor table and chairs are perfect for the patio this summer. The set is reduced from £50 to £42.50 at Ikea.

SAVE: £7.50

HOT RIGHT NOW

SUBWAY is relaunching its customer loyalty programme, offering points on purchases that can be used to buy menu items.



Habit... young vaper

Nicotine high with one-use vape rise

By **SAM BLANCHARD**

DISPOSABLE vapes are driving up the use of nicotine, a study shows. Rates of smoking and vaping were stable or declining in all age groups until 2021, it said. But since disposables became popular in June that year, vaping is up across the board – especially among the 18 to 24s. University College London analysed vaping and smoking data for 132,252 people in England from July 2016 to May 2023. Dr Harry Tattan-Birch said disposable e-cigs had triggered a big rise in vaping among young people, some of whom would “otherwise have avoided nicotine entirely”. Cancer Research UK’s Dr Ian Walker added: “Evidence shows vapes are far less harmful than cigarettes, but they can’t be considered risk-free and certainly shouldn’t fall into the hands of children or those who have never smoked.”



Yesterday... Camilla

Queen at memorial for close hunt pal

By **ALEX WEST and MATT WILKINSON**

QUEEN Camilla attended a memorial service for a prominent huntsman and firm friend of herself and the King yesterday. Captain Ian Farquhar had been an equerry to the Queen Mother and was the father of Prince William’s first love, Rose Gemmell. He was born into a hunting family and, after leaving the Army, became joint-master and huntsman of the much-admired Duke of Beaufort’s Hunt in 1985. Both Camilla and Charles – as Prince of Wales – and the Princess Royal could be seen riding with him. In his final years Capt Farquhar lived in a farmhouse on the Highgrove estate, Gloucs. He died in March aged 78. Almost 500 people attended the service to honour him in Badminton, Gloucs.

ISLA BE THERE, BRIDGET



Picture: SPLASH

By **HOWELL DAVIES**

ACTRESS Isla Fisher gets back to work for the first time since her divorce — as she shoots scenes for the new *Bridget Jones* film. The newly-single Aussie star, 48, announced her separation from actor Sacha Baron Cohen, 52, last month. The couple married in 2010. Isla, who has three children with her ex, was seen filming in London opposite Renée Zellweger, above. She will play a single mother who bonds with Renée’s Bridget in the movie, titled *Bridget Jones: Mad About The Boy*, which is due out on Valentine’s Day next year.

EXCLUSIVE: LEGEND’S TV TALKS

MUST WATCH TERRY

JT tell-all documentary

FORMER England star John Terry is in talks with TV companies for a tell-all documentary about his life.

It will see him follow in the footsteps of fellow footballing greats David Beckham and Wayne Rooney, who lifted the lid on their lives in their own revealing hit shows. Ex-Chelsea captain JT, 43, made more than 500 appearances for the Blues and is their most successful skipper, leading them to five Premier League titles and the same number of FA Cup wins. Insiders said he was at the centre of a bidding war, with big TV streaming services interested in a deal. Leading the charge is Raw TV, which created *Don’t F*** With Cats* and *The Tinder Swindler* for Netflix. As well as taking in John’s footballing achievements, insiders said the series would also feature his highs and lows away from the pitch. A source said: “John is one of football’s most recognisable and popular figures. “He has had multiple offers to make a series like Beckham and

Final stunt... Terry



By **ELLIE HENMAN**

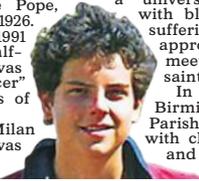
Rooney and is mulling them over. It’s a big decision to lay your life open to the public.” They added that his wife Toni is “a bit like Posh Spice” and will be a hit on camera “as she’s brilliantly funny”. The source said: “She and JT have incredible chemistry, which they think viewers will love. “Given John’s popularity at Chelsea and Aston Villa, as well as England, production companies know a documentary or series would be a hit.” Dad-of-two John is currently working within the coaching team at the Chelsea academy. After he retired from playing in 2018 following a season at Aston Villa, he remained at the West Midlands club as assistant head coach. Spells coaching at Chelsea and Leicester City followed. In 2012, he famously posed with Chelsea team-mates in full kit after their Uefa Champions League final win over Bayern Munich, despite not playing. And in 2011 he was accused of racially abusing Rio Ferdinand’s brother Anton. He was found not guilty by Westminster magistrates — but was then fined £220,000 by the FA after a hearing and got a four-match ban. ellie.henman@the-sun.co.uk

MIRACLE BOY, 15, IS MADE A SAINT

A BRITISH-born teen who died of leukaemia at the age of 15 is set to become the Catholic Church's first millennial saint. Carlo Acutis, who died in 2006, will be canonised after Pope Francis attributed a second miracle to him. Of the 912 people who have been previously canonised by the Pope, the most recent was born in 1926. Carlo, born in London in 1991 to an Italian mum and half-English, half-Italian dad, was known as "God's influencer" after spreading the teachings of the church online. His family returned to Milan when he was young. Carlo was

By **JOE MORGAN**

beatified – the first step towards sainthood – in 2020 after he was attributed with his first miracle, the healing of a Brazilian child with a congenital disease affecting his pancreas. The second miracle – the healing of a university student in Florence with bleeding on the brain after suffering a head trauma – was approved by the Pope after a meeting with the Vatican's saint-making department. In 2020, the Archbishop of Birmingham established the Parish of Blessed Carlo Acutis, with churches in Wolverhampton and Wombourne, to remember the teenager.



Balloon's death fall

A HOT-AIR balloon pilot died after his amateur craft "stalled" and crashed in a competition. Peter Gregory, 25, was making a rapid climb when an open vent was unable to reseal itself. The Ryanair pilot, of Cirencester, Gloucs, died at the scene last June, in Ombersley, Worcs. The Air Accident Investigation Branch said strong winds and the balloon's design likely contributed.

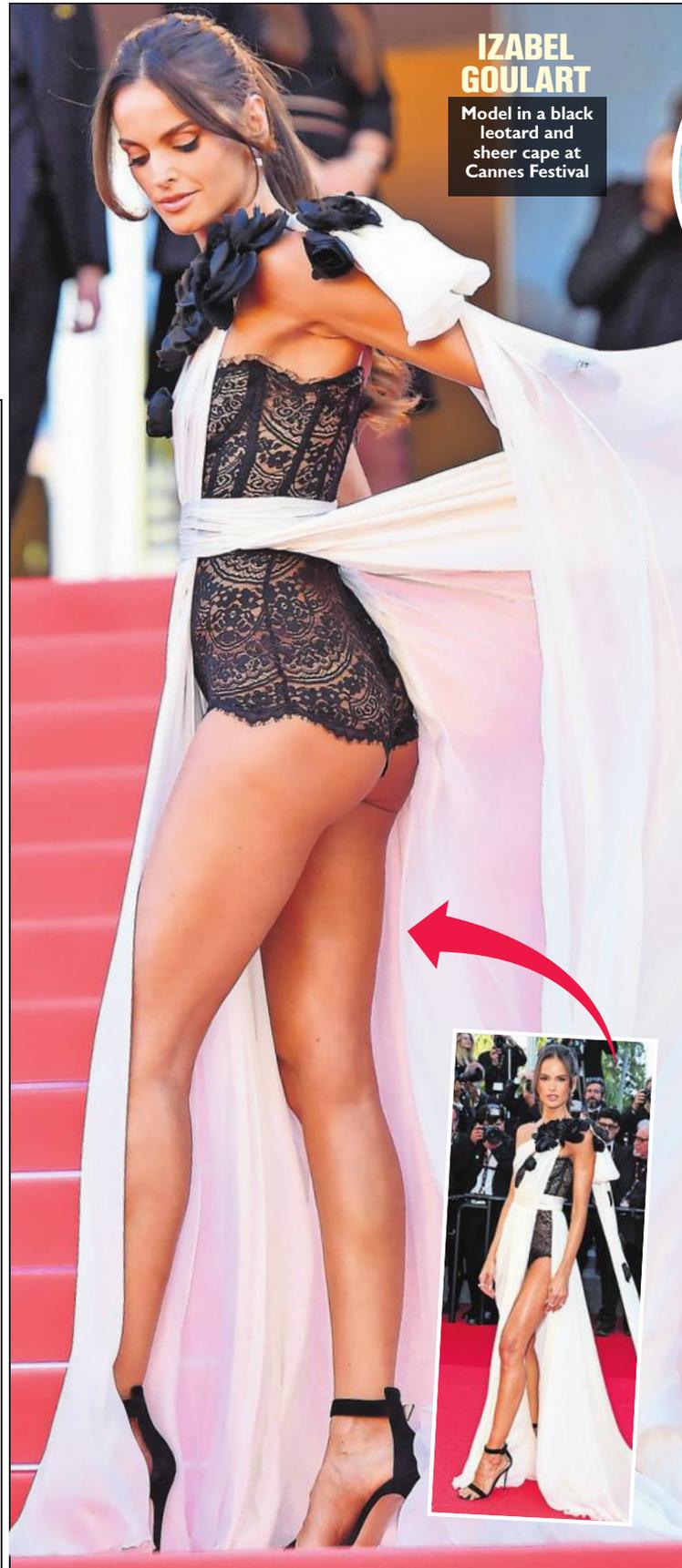
VLAD BOSS HELD

Senior Russian military boss Lt Gen Vadim Shamarin has been arrested for "large-scale bribery", Moscow reports say.

SHAWL IS

IZABEL GOULART

Model in a black leotard and sheer cape at Cannes Festival



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ROCKER DEAD

BASSIST Charlie Colin, a founding member of US rockers Train, has died after slipping in the shower. The 58-year-old had been house-sitting for friends who found his body five days later in Brussels. Colin formed Train in San Francisco in 1993, and played on 2001 hit Drops of Jupiter. He left in 2003 due to drug problems. The band said yesterday: "He was the sweetest guy. His unique bass playing helped folks notice us. Go charm the pants off those angels."

Sun

ICE cream boss John Barton, 33, has been threatened with legal action over the "loud" Blue Peter-style chimes of his Harrison's Ices vans in Lincolnshire.

SPOT

REVEALED



BELLA HADID

HEIDI KLUM

IZABEL'S NET GALA

By JACK HARDWICK

IT could be curtains for model Izabel Goulart as she nets a revealing outfit at a Cannes Film Festival premiere. The Brazilian beauty, 39, wore a black lace leotard under a sheer shawl with black flowers on the red carpet for a new French version of *The Count of Monte Cristo*. Meanwhile, German model Heidi Klum, 50, opted for a cutout white gown complete with silver detailing at the Knights of Charity gala in the South of France. And Bella Hadid, 27, wore a red gingham dress while tucking into an ice cream on a stroll along the coast.

LAD IS SHOT FOR FETCHING A BALL

A BOY of 11 was shot in the head while trying to retrieve his football from a next-door garden.

The lad suffered a fractured skull when he was struck in the head with a metal pellet – with his mum saying it narrowly missed his brain. He was playing with pals in a back garden in Leyland, Lancs, just after 7pm on Monday. The lad jumped over a fence to

By DANIEL HAMMOND and SARAH RIDLEY

get his ball and was shot with what is believed to be an air rifle. He was taken to Alder Hey Hospital in a serious condition, where he had surgery on his skull. He is now recovering. The lad's mum said: "Someone shot him in the head with a metal bullet from a BB gun. It's come from over a fence, nothing to do with where he was playing. It's narrowly missed his brain

but fractured his skull. He's 11 – a smaller child. It could have been a lot worse if it got to his brain. "We don't know where it came from, or who did it or why, so police are dealing with it." The mum was yesterday seen returning home with her son, whose head was bandaged. She added: "He's doing OK considering he's been shot in the head." Lancashire Constabulary said it had now identified a juvenile in connection with the shooting. daniel.hammond@the-sun.co.uk

Wine OF THE Week

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ALDI

BUCK BACK BID

A GROOM who broke her spine riding a "dangerous" horse is suing the stables' owner for up to £1.5million. Amy Mahon, 45, was thrown while exercising thoroughbred Cisco at Stonehouse Equestrian Farm, Leics, in 2019. She claims employer Helena O'Regan hid that the horse was "abnormally difficult and prone to bucking" with a history of throwing riders. But Mrs O'Regan claims: "There were no issues." The London's High Court negligence case continues.

Sun

AN ONLINE fancy dress tool, created by sponsor BetMGM, helped darts fans pick costumes for last night's Premier League Play-Offs at London's O2 arena.

SPOT

In Scotland and Wales, in store alcohol prices may be higher and alcohol may not be sold before 10am in accordance with Scottish laws. Castellore Prosecco Spumante DOC 75cl, £4.75 per 75cl. Subject to availability. Offer available while stocks last. Products and prices may vary in store. Scotland, Wales and Aldi Local and online.

I TAKE £300 POT NOODLES ON HOLIDAY

A FUSSY eater spent £1,400 on an all-inclusive holiday — and another £300 to take British food. John Phillips, 40, ate only chips on one trip so got wife Rebecca to pack Pot Noodles and biscuits for their next. The couple expanded their treats and now bring an electric grill so John can enjoy bacon and sausage butties. It often means Rebecca dines alone at holiday buffets, with

By **RICHARD MORIARTY**

John admitting that he goes all-inclusive only for the “free” beer. The HGV trainer said: “I’ve always been a fussy eater. I like my home comforts — good old English food, chips, sausage, and gravy. “Why go on holiday and worry about the food when I can take it with me?” On their £1,400 trip to



Different tastes . . . couple

Egypt last year, the couple took 21 Pot Noodles, 86 bags of crisps, two packets of bacon, a pack of 30 sausages, cans of tuna, a block of cheese and brown sauce. The stash, plus the check-in charge for its own suitcase, cost an extra £300. They have also hauled grub on breaks to the Gambia and Lanzarote. Carer Rebecca, 29, of Stoke-on-Trent, said: “I wouldn’t enjoy the holiday if he wasn’t eating.”

OUR PICK OF THE

SOUTH

Roskill’s Farm, St Keverne, Cornwall: The ultimate day out for animal lovers, this organic farm invites kids to meet furry friends, watch cow milking and explore 20 acres of open farmland. See roskillys.co.uk.

Cumberland House Natural History Museum, Portsmouth: Watch a colony of 9,000 bees at work behind glass, get up close to the butterflies and walk through the A to Z of natural history, where you can marvel at a huge dinosaur. See portsmouthnaturalhistory.co.uk

Pooh Corner, Sussex: Ashdown Forest was author AA Milne’s inspiration for

the 100 Acre Wood, so play on the real-life Poohsticks Bridge and see book locations like Eeyore’s Sad And Gloomy Place. See poohcorner.co.uk
Devon flapjack trail, Plymouth: Feeling sweet? Grab a free map from the Flapjackery shop in Plymouth’s Barbican, follow the historic trail to learn about ancient seafarers and return your completed quiz for a delicious prize . . . See visitplymouth.co.uk.

Natural History Museum, London: Home to 80million specimens, it’s a classic but worth it. Some exhibitions are paid for but the majority are free. Book in advance and for more info see nhm.ac.uk.



Enjoy some Jurassic la with the k

HALF term can be a tricky time for cash-strapped families. With parents desperate to find purse-friendly ways to keep kids occupied, low-cost days out can be a lifesaver. KIRSTEN JONES reveals the best boredom-busting family days out around the country - and they needn’t cost you a penny. Plus The Sun’s garden guru gives you ideas for getting kids involved with nature and the outdoors.



NORTH

Freight Island, Manchester: Step inside the city’s historic former train station each weekend for free family crafting stalls, Xbox stations, games and movies. Mayfield Park is right next door with a kids’ play zone and six slides. See escapetofreightisland.com.

National Railway Museum, York: All aboard, train fans. Find plenty of vintage engines to peek inside, plus a road train to ride, a Flying Scotsman exhibit and workshops for budding scientists. See railwaymuseum.org.uk.

Durham Cathedral: Kids can climb the cathedral’s 325-step tower to enjoy views over the city for free with a paying adult. Keep an eye on the website for free activities including wizard spotting

and silent discos. See durhamcathedral.co.uk.
Gruffalo Trail, Lake District: This popular sculpture trail in Keswick is pram friendly, but prepare for hills. See the characters from the books plus there is an adventure playground and water splash park on warm days. See forestryengland.uk.

Ouseburn Farm, Newcastle: It’s free to enter this city farm with an orchard, grazing animals and play spaces. For a small fee kids can join in the gardeners’ club, guinea pig petting and reptile bathing, too. See ouseburnfarm.org.uk



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SUMMER DEALS

ASDA

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BEST FREE THINGS TO DO IN HALF TERM

MIDLANDS

Raf Museum Midlands, Cosford: Kids will spend hours ogling vintage aircraft, trucks and tanks. There's a themed playground and, from tomorrow, it's Second World War Week. Meet costumed, kids' trails and more. See rafmuseum.org.uk.

Redon Country Park and Old Rectory, Birmingham: Explore 300 acres of parkland, meet farm animals, collect insects and watch planes take off from Birmingham Airport. See redonpark.co.uk/sheldonpark

Nicholas Park, Warwick: Become an archer. Detective from 10am to 3pm on May 29. Kids and adults can

try water marbling art and being a river scientist while learning about water pollution with the Mizuiku Family Workshop. Free to join, see eventbrite.co.uk.

Medieval Legends Weekend, Nottingham Castle: A three-day celebration begins tomorrow with cave tours, a medieval encampment, archery and a meet and greet with Robin Hood. Kids under 15 go free (three per paid adult, £15). See nottinghamcastle.org.uk.

Victoria Park, Ilkeston: Half term fun sees Mr Magic take the stage on Monday at the Barefeet in the Park Kiosk, while Paw Patrol arrive Tuesday. See facebook.com/ilkestonvictoriapark



EAST

Ashford Outlet Adventure Playground: Shop and let kids explore this augmented reality play area, climb tree house towers and use a phone to see fairytale characters magically appear. See mcarthurglen.com.

Barsham Brewery, Norfolk: Bring the whole family on May 31 for an evening of local brews, bands and street food. Kids and dogs welcome. It kicks off at 4pm. See barshambrewery.co.uk.

Norwich Games Festival: From May 30 to June 1, all ages can enter an interactive zone inspired by classic arcade games – and play them for real. Open from 10am to 4pm. See norwichgamesfestival.co.uk.



IBCC Evacuee free family activity day, Lincoln: All ages are invited to the International Bomber Command Centre to step into the shoes of a 1940s evacuee. Dress in wartime clothes and take part in craft and activities. There are prizes for the best dressed. See internationalbcc.co.uk.

Colchester Roman and Medieval Festival: June 1 and 2 sees brave knights and Roman soldiers roaming the grounds. Kids under 14 go free, £10 per day per adult, for a full day of silent disco, mini history tours, costume competitions and exciting reenactments. See visitcolchester.com.



EASY TIPS TO GET 'EM GARDENING

By **VERONICA LORRAINE**
Gardening Editor

BEING in nature makes 87 per cent of children and young people "very happy", a government survey found.

While a King's Fund report on the health benefits of gardening has uncovered a string of other positives, including reductions in depression and anxiety as well as improved social functioning.

Royal Horticultural Society Children's Gardening Ambassador Lee Connelly, aka Skinny Jeans Gardener, who was a CBBC Blue Peter Gardener, said: "If you think back to your childhood, what do you remember most? Climbing trees, making dens, playing hide and seek."

"Very rarely do I sit down and talk about that great episode of Chucklevision that I watched in 1998. Getting kids gardening is great for them mentally and physically and is vital for the future of our planet."

With the start of National Children's Gardening Week tomorrow, here are Lee's top tasks to get kids outside, taken from his book *How To Get Kids Gardening*.

Mini allotment bowl: Drill drainage holes in the bottom of a washing up bowl. Add compost to the bowl to just a few centimetres from the top.

Plant tomato and pepper plants to one side of the bowl, then sow salad seeds in a line on the other side and water carefully.

Leave your new allotment outside in an easy-to-get-to place and to ensure the plans are watered and cared for.

FROG POND: Get a washing up bowl then dig a hole in the garden for the bowl so the rim is level with the ground.

Place a brick in the bowl as an easy way for frogs to get in and out and so hedgehogs won't get trapped.

Use a roof tile or slate to put over the top, leaving gaps for the frogs to enter and exit.

Finally, fill with water and add plants around the sides to make the frogs feel more secure.



WILDFLOWER SEED BALLS: Put a handful of compost, a pinch of red clay, a sprinkle of chilli powder (to stop other animals taking them) and your wildflower seeds in a bowl then mix together. Slowly add water to the mix, turning it into a doughy mixture.

Roll the mixture into little balls on a tray and place on a window sill to dry out.

Weed the area you want the flowers to grow so the seed balls don't have too much growing competition, then simply throw your seed balls on to the soil, sit back and watch them grow.

BUG HOTEL: Get a small cardboard box and decorate it by colouring in. Then find an area you're happy to have insects and away from seedlings etc. Fill it with leaves and twigs from the garden or park, then check back in a couple of weeks to see who has moved in and make a list.

BUTTERFLY BOTTLE: Attach string to the bottom of a plastic bottle with sticky tape then quarter-fill the bottle with water and a teaspoonful of sugar and give it a good shake.

Cut the corner off a piece of sponge, then push this piece of sponge into the spout of the bottle and hang in the garden so the sponge is damp with the butterfly fizzy pop. Then watch the butterflies appear.

HEDGEHOG SUPER HIGHWAY: Make sure hedgehogs can roam from one garden to another with a hole at the bottom of your fence.

me arks kids



ROAR-SOME TIMES . . . at the Natural History Museum in London



WALES

Fagans National Museum of History, Cardiff: Blacksmith demos to create crafts and a real-life historic set, this open-air museum will keep you entertained for hours. Stick around for the farm animals and huge play area on sunny days. See museum.wales/fagans.

Cardiff International Kite Festival, St Talbot: Kites of all shapes and sizes fill the sky from Saturday to Monday – you can watch them for free. Visitors can bring their own kites or enjoy the spectacle. See cardiffmargaminternationalkitefestival.org.uk.

Liberton Library, Edinburgh: Drop by at



11am on Saturdays for a free Lego club where children from age three can show off what they can make and give mum and dad a spot of quiet time. Keep an eye on the website for regular free activities including story and rhyme time, creative writing and even a homework club. See cardiffhubs.co.uk.

RSPB Conwy Nature Reserve: Kids aged three to eight are invited on May 31 for FunPlay Friday, a full day of den building, chalk drawing, badge making and more. It is free to play, with a small charge for some activities. 11am to 3pm, weather permitting. See events.rspb.org.uk.

SCOTLAND

The Potter Trail, Edinburgh: Don your Hogwarts capes and grab a wand for a free Harry Potter walking tour. See locations that inspired the books, learn about real witches and wizards and discover the final resting place of Lord Voldemort. Daily tours begin at 12pm on Victoria Street. See pottertrail.com.

Fullarton Fairy Trail, Troon: Challenge toddlers to find all the fairy doors and carvings. They will love the adventure playpark, too. The sweeping, sandy Troon Beach is a five minute drive away. For info see south ayrshirelifeline.org.

Camperdown Country Park, Dundee:

There's a wildlife centre filled with bears and an enchanting array of birds (at £6 per head) plus a free pirate-themed play complex with slides, climbing nets and bridges. See dundeecity.gov.uk.

Ness Islands, Inverness: Head to this scenic spot and challenge kids to spot the wooden statue of the Loch Ness Monster. Whin Park is a short stroll away with playgrounds, climbing frames and slides. See visitinvernesslochness.com.

Gallery of Modern Art, Glasgow: Kids aged five to 12 can join the free Saturday Art Club for two hours of drawing and more. See glasgowlife.org.uk.





6am Breakfast (S)
9.30 Rip Off Britain (S)
10.15 The Moment Of Proof (R,S)
10.45 Defenders: Busting The Bad Guys (R,S)
11.15 Homes Under The Hammer Property auctions. (R,S)
12.15 Bargain Hunt Roo Irvine celebrates quirky antiques and collectibles in Glasgow. (S)
1.00 BBC News (S)
1.30 Regional News (S)
1.45 Hope Street Marlene has to spearhead the investigation into Siobhan's stolen car. (S)
2.30 Money For Nothing Furniture restyler Chloe Kempster attempts to give an old tallboy a new lease of life. (R,S)
3.00 Escape To The Country Nicki Chapman helps a couple find s home in Wiltshire. (R,S)
3.45 RHS Chelsea Flower Show Rachel De Thame revels in the beauty of wildflowers. (S)
4.30 The Finish Line Roman Kemp and Sarah Greene host. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong. (S)
6.00 BBC News (S)
6.30 Regional News (S)

6.30 am Homes Under The Hammer (R,S)
7.30 Marcus Wareing Simply Provence (R,S)
8.00 Sign Zone: Antiques Roadshow (R,S,SL)
9.00 BBC News (S)
12.15 Politics Live (S)
1.00 Impossible (R,S)
1.45 Mastermind (R,S)
2.15 Great Coastal Railway Journeys Michael Portillo heads towards the Farne Islands. (R,S)
2.45 The Farmers' Country Showdown Cider-makers Liz and Mike visits the South of England Agricultural Show. (R,S)
3.15 Yellowstone Summer returns to the American national park. (R,S)
4.15 Who Do You Think You Are? Actor Ralf Little researches his family tree. (R,S)
5.15 Flog It! From Sandon Hall. (R,S)
6.00 Richard Osman's House Of Games With Dr Maggie Aderin-Pocock, Cariad Lloyd, Gareth Malone and Mike Wozyniak. (R,S)
6.30 RHS Chelsea Flower Show Rachel De Thame revels in the beauty of wildflowers. (S)
4.30 The Finish Line Roman Kemp and Sarah Greene host. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong. (S)
6.00 BBC News (S)
6.30 Regional News (S)

6am Good Morning Britain News, current affairs and lifestyle features. (S)
9.00 Lorraine Entertainment and fashion news. (S)
10.00 This Morning Celebrity chat and lifestyle features. (S)
12.30 Loose Women Celebrity interviews and topical debate from a female perspective. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal David Dickinson and his team of experts assess items in Weston-super-Mare. (R,S)
3.00 Lingo Liverpool sisters Brodie and Terrilea, Derbyshire couple Ian and Jacqui, and mother and daughter Alex and Nicola from Leeds take part in Adil Ray's quiz. (R,S) Then **Local Weather**
4.00 Tipping Point Arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Quiz show hosted by Bradley Walsh. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

6.30 am 3rd Rock From The Sun Triple bill. (R,S)
7.45 Everybody Loves Raymond Four episodes. (R,S)
9.40 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA Luigi's in Orange County, California. (R,S)
12.05 C4 News (S)
12.10 Ramsay's Kitchen Nightmares USA Park's Edge restaurant in Atlanta, Georgia. (R,S)
1.05 Find It, Fix It, Flog It Simon O'Brien and Henry Cole head to Surrey and Hampshire. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 Narrow Escapes Jack and Gabby make an announcement. Last in the series. (S)
5.00 Come Dine With Me: The Professionals Chefs in Northern Ireland battle it out in the kitchen. (S)
6.00 Four In A Bed Payment Day promises to be a fiery affair after two sets of B&Bers in particular participated in tit-for-tat marking throughout the week. (S)
6.30 The Simpsons Homer becomes a food critic. (R,S)

6am Milkshake!
9.15 Jeremy Vine (S)
11.15 Storm Huntley (S)
12.45 Friends Double bill. Monica celebrates her engagement. Then, Monica starts making wedding plans. (R,S)
1.40 5 News (S)
1.45 Home And Away Justin is in disbelief when Kirby tells him the truth about Theo. (R,S)
2.15 Lies Between Friends A wealthy family's life is upended when the 18-year-old daughter of a family friend comes to live with them for a few months. Thriller starring Zibby Allen. (2022) (S) (S)
4.00 Bargain-Loving Brits In The Sun Cameras follow Beckii and Simon on a big day as the newest member of their family is coming home. (R,S)
5.00 5 News At 5 (S)
6.00 Police Interceptors Charlie and Wayne are in hot pursuit of a van, but the driver crashes and runs away, while officers track down a 17-year-old suspected of a serious robbery. (R,S) Then **5 News Update**

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7.00 The One Show Alex Jones and Roman Kemp host, featuring a mixture of chat and stories of interest. (S)
7.30 RHS Chelsea Flower Show (11/15) Sophie Raworth and Joe Swift reveal the winner of this year's BBC RHS People's Choice Award. Guest Mary Berry learns how to create a stunning floral cutting garden. (S)
8.00 Would I Lie To You? (5/11) With Claudia Winkleman, the Rev Kate Bottley, Sara Barron and Ed Gamble. (R,S)
8.30 Outnumbered (1/7) Ben auditions for the school musical. (R,S)
9.00 Have I Got News For You (8/10) Phil Wang hosts the satirical quiz, inviting former politician Ruth Davidson and writer Richard Osman to join regular team captains Ian Hislop and Paul Merton. (S)
9.30 The Young Offenders (3/6) Conor is becoming an increasing nuisance, and when Healy shares that he's going on a fishing trip to where he grew up, Mairead insists he bring Conor. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 Spider-Man: Far From Home The webslinger's European vacation leads to a battle with elemental monsters from another dimension. Superhero adventure sequel starring Tom Holland. (2019) (S) (S)
12.40 Rebus (R,S) Then **Weather**
1.35-6am BBC News (S)

7.00 Beechgrove Garden (8/26) Kirsty Wilson and Lizzie Schofield look at plants suited to wet conditions and plant pumpkins and squash in the polytunnel. Lizzie also improves the soil in the herb garden. (S)
7.30 Grand Tours Of Scotland's Rivers (6/6) Paul Murton explores the River Oykel in Sutherland, and learns about the loneliest war grave in Britain and the Duke's gigantic toothpick. (S)
8.00 RHS Chelsea Flower Show (12/15) It's the end of the week at the RHS Chelsea Flower Show 2024. Monty Don and Joe Swift provide their expert analysis of the winning garden in the BBC RHS People's Choice Award. (S)
9.00 Hidden Treasures Of The National Trust (3/6) A missing masterpiece returns to its stately home after two centuries and a treasured table from Scotney Old Castle in Kent undergoes renovation. (S)
10.00 QI With Tom Allen, Cariad Lloyd and Jamie MacDonald. (R,S)
10.30 Newnight (S) Followed by **Weather**
11.05 Rob And Rylan's Grand Tour (2/3) Rob Rinder and Rylan Clark head to Florence. (R,S)
12.05 Secrets And Spies: A Nuclear Game (R,S) **1.05 Sign Zone:** Andi Oliver's Fabulous Feasts (R,S,SL) **2.05 Great British Railway Journeys** (R,S,SL) **2.35-3.05am** David & Jay's Touring Toolshed (R,S,SL)

7.30 Emmerdale Ella holds a secret, Ruby is left rattled, and Caleb is delighted to see Chas back from Scotland. (S)
8.00 Coronation Street Abi accuses Dean of distributing videos of her. Evelyn and Roy start a book club. Simon shows Carla a photo of Peter with his arms around a woman. (S)
9.00 Beat The Chasers (1/5) Bradley Walsh hosts the return of the quiz in which contestants from across the UK take on a team of Chasers hoping to win big money. (R,S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 ITV Studio Sessions (4/6) Clara Amfo is joined by Sekou from Leicester, whose rich, soulful voice is already attracting a wide audience and who was nominated for this year's Brit's Rising Star. Sekou performs some of his music and covers of songs by two artists who have inspired him. (S)
11.15 Dr No James Bond investigates a criminal mastermind in the Caribbean who is plotting to sabotage the US space programme. Spy thriller with Sean Connery and Ursula Andress. (1962) (S) (S)
1.05 Shop On TV **3.00** The Larkins. The family hosts a barbecue and everyone is welcome, including the dubious Jerebohms. (R,S,SL) **3.50** Unwind With ITV (S) **5.05-6am** Katie Piper's Breakfast Show. With Nina Wadia. (R,S,SL)

7.00 C4 News (S)
7.30 Unreported World Krishnan Guru-Murthy explores South Korea's K-pop dance schools, investigating the hidden cost of becoming the next big idol. (S)
8.00 Double The Money (4/6) The remaining eight teams are given two weeks to double their £2,000 stake. Half of the teams decide to host events and most of the rest attempt food-based ideas. (S)
9.00 Gogglebox The armchair critics share their opinions on what they have been watching during the week with cameras capturing their instant reactions. (S)
10.00 The Nevernets (1/6) Documentary meeting Brits who have all fallen madly in love online as they each make the potentially life-changing decision to cross international waters to meet their long-distance lovers for the very first time. (S)
11.05 Joe & Katherine's Bargain Holidays (6/6) On a budget break in Montenegro, Joe Wilkinson and Katherine Ryan seek the healing benefits of art over the beautiful bay of Kotor. (S)
12.10 Micky Flanagan: Back In The Game (R,S) **1.35** Ramsay's Kitchen Nightmares USA (R,S) **2.20** Come Dine With Me (R,S) **4.30** Location, Location, Location (R,S,SL) **5.20** Sunday Brunch Best Bits (R,S) **5.40-6.05am** Beat The Chef (R,S)

7.00 Jane McDonald: Lost In Japan (4/4) In Osaka, the singer takes a food tour that includes the best katsu that the region has to offer. She also visits the downtown Dotonbori district. (R,S) Then **5 News Update**
8.00 The Big Steam Adventure: Here We Go Again! (4/4) John Sergeant, Peter Davison and Paul 'Piglet' Middleton explore the Scottish Highlands, visiting the Cairngorms Mountain range, Aviemore and Loch Ness. (S)
9.00 Sue Perkins: Lost In Thailand (3/3) Sue visits the country's heady capital, Bangkok, looking at one of the ways its pollution problem is being addressed. She also examines tiger exploitation. (S)
10.00 The Cancellation Of Jim Davidson The comedian and presenter offers an in-depth exploration of his life, unique career, and the controversies that have surrounded him. (S)
11.30 When 80s TV Goes Horribly Wrong A look at some of the small screen disasters. (R,S)
1.25 PlayOJO Live Casino Show (S) **3.25** 10 Years Younger In 10 Days (R,S) **4.10** Tesco: Panic In The Aisles (R,S) **5.00** House Doctor (R,S,SL) **5.25** Entertainment News On 5 (S) **5.30** Peppa Pig (R,S,SL) **5.35** Thomas & Friends: Big World! Big Adventures! (R,S,SL) **5.45-6am** Paw Patrol (R,S,SL)

REGIONAL VARIATIONS

S4C: 6am Cwyl 12.00 Newyddion S4C Ar Tywydd 12.05 Codi Pac 12.30 Heno 1.00 Y Sin 1.30 Cais Quinnell 2.00 Newyddion S4C Ar Tywydd 2.05 Prynhanwn Da 3.00 Newyddion S4C Ar Tywydd 3.05 Y Fets 4.00 Awr Fawr: Clobobs 4.05 Digbi 4.20 Bendithwyls 4.30 Pentre Papur Pop 4.45 Awyr Iach 5.00 Swinsh: Dennis A Dannedd 5.15 Byd Rwtsh Dai Potsh 5.25 Swime Ni 5.30 Un Cwestiwn 5.50 Newyddion Ni 6.00 Garddio A Mwy 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C Ar Tywydd

FILMS ★★★★★ Brilliant ★★★★ Very Good ★★★ Good ★★ Not Bad ★ Poor (R) Repeat (S) Subtitles (SL) Sign Language



By **ROD McPHEE**
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Sun **tvbiz**

FAMILY... Ryan and Danny

DANNY'S AFTER BIG LAUGHS

DANNY DYER bares his, er, soul for his new role in Sky comedy *Mr Bigstuff*. The former *EastEnders* hardman shows a lot of leg as he lounges on a shagpile rug wearing a lady's kimono. And his manhood is barely covered – with a tin of his screen dad's ashes. He joins *Brassic* star RYAN SAMPSON in the show, which follows estranged brothers Glen and Lee as they try to mend their sibling rivalry. Making his comedy debut as Lee, Danny crashes into the near-perfect lives of Glen and his fiancée Kirsty, played by HARRIET WEBB. An alpha male with a prescription drug addiction, Lee is on the run from a murky past that's catching up with him as he bids to lie low. And the trio soon start unravelling faster than a cheap carpet. The series airs from July 17 on Sky Max and on streaming service NOW.

● THE premiere of series three of *Bridgerton*, focusing on Colin and Penelope's romance, was seen by 3.6million Netflix viewers in its first week. This makes it Britain's third most watched streaming show behind *Fool Me Once*, also on Netflix, and Amazon Prime Video's *Clarkson's Farm*.

RETURN OF MACK ON BEEB

THE BBC is bringing back three of its beloved comedies this year. LEE MACK's *Not Going Out*, the longest-running UK sitcom currently on air, will be back for more after celebrating its 100th episode last Christmas. Lee said: "I grew up watching this genre of sitcom on BBC, and to be part of it myself is still a dream come true, even after 18 years. Here we go again!"



● **SIÂN GIBSON, CONLETH HILL and ROSIE CAVALIERO** return with *The Power of Parker* – about a troubled businessman in 1990s Stockport – with six new episodes due to hit our screens later this year. And hit comedy *Mammoth*, about a Seventies PE teacher getting his second chance at life, has been granted a second series on BBC One.

More listings: Pages 32 & 33

Prue: My shock at Bake Off role

FEARED SHE DIDN'T TICK DIVERSITY BOXES

PRUE LEITH says she thought she would be turned down for the judging job on *The Great British Bake Off* – because she didn't "tick the diversity box".

The food writer has presided over the classic Channel 4 cooking show for seven years with fellow judge **PAUL HOLLYWOOD**, after taking over from **MARY BERRY**, who left when it moved from BBC One. Now she has revealed: "I just jumped at it. I had begun to think about it, once I knew Mary Berry was not going to go on. I thought, 'Oh, I'd love that job', but I dismissed the thought. "I thought, 'They'll get someone younger, someone more... probably a young Asian chef or something, that would tick all the diversity boxes and stuff'. But no, they chose me."

Even so, Prue accepts that she was more than qualified for the role. She said on the *Sliding Doors* podcast: "If you think about my past

career, I'd had 11 years sitting at [*BBC Two cooking contest*] the *Great British Menu* as a judge and every plate has about ten tastes on it – it makes *Bake Off* look really simple. "With cake, with one spoonful, you can get the icing, the filling and the crumb. "I knew all the top chefs, I had a Michelin restaurant of my own so I knew that level of cooking very well."

Renewed deal

Bake Off will return for its 15th series this autumn with Prue on board, though I understand she is not returning for the celebrity version in aid of *Stand Up To Cancer*, as she is booked to film the US version instead. It comes after I exclusively revealed that telly's favourite cooking contest will remain at its current home on C4, as its maker, Love Productions, has renewed its deal with the broadcaster.

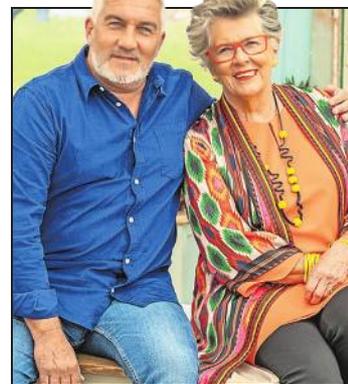
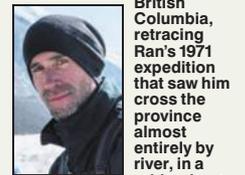


PLATE MATES... Prue and fellow judge Paul

FIENNES BANG IN TROUBLE

THERE are plenty of dangers in the Canadian wilderness – but the biggest threat to actor **JOSEPH FIENNES** in his new travelogue was a dodgy gas connection.

In the National Geographic channel's *Fiennes: Return To The Wild* – to be screened on May 31 – *The Handmaid's Tale* star and his cousin, the explorer **SIR RANULPH 'RAN' FIENNES**, travel across



GAS... Joseph

British Columbia, retracing Ran's 1971 expedition that saw him cross the province almost entirely by river, in a rubber boat. Producer **Kate Beal Blyth** said: "We'd gone through all the dangerous bits, the wild bears, the rapids, the glacier, and then there was an explosion in the hotel next to where we were filming."

Joseph added: "There were lots of people around us to make sure we didn't get hurt, lost or eaten. "But it's the odd gas leak you never thought would happen that you can never be prepared for."

● A NEW series about a gay couple on their adoption journey is finally coming to BBC one. *Lost Boys & Fairies*, starring **SION DANIEL YOUNG**, sees pair **DANIEL YOUNG**, fight to convince social worker **JACKIE (ELIZABETH BERRINGTON)** they are ready for the challenge. It will air from June 3 at 9pm.

BEST MAN... Ronnie, circled, at Olivia and Bradley's wedding

PAL RON FOLLOWS OLIVIA UP THE ISLE

THIS football hunk is looking to score in the *Love Island* villa this summer, I can reveal – and he already comes with an impressive showbiz credit. Lewes FC defender **RONNIE VINT** is close mates with series three star **OLIVIA ATTWOOD**. He was even best man at her wedding to **BRADLEY DACK** last year. A source said: "Ronnie is the total package and ticks every single box for *Love Island* bosses. He's good-looking with a great body, has top chat and even has links to former show legends. Fans are still obsessed with Olivia and now Bradley, too, thanks to their ITV spin-off *Olivia Meets Her Match*. "This is an amazing way to keep those OG fans in the loop while introducing them to hot new singles. "Ronnie is going to be amazing." He joins rugby player **Ciaran Davies**, make-up artist **Samantha Kenny** and models **Grace Jackson** and **Patsy Field** in the line-up jetting to Majorca for the show's kick-off on June 3.

HUNK... Ronnie relaxing in the sun

A HOL LOT MORE TO OUTLAWS

STEPHEN MERCHANT plans to rest *The Outlaws* after its third season in Bristol – but is up for taking it overseas, preferably somewhere he can get an exotic holiday. He told *The Sun's TV Mag*, free with the paper tomorrow: "The idea was finishing this, and then doing a series of community service people in Liverpool, Manchester, anywhere. "Maybe that could still happen. "It's just a nice way to input a crime story that doesn't involve police or criminals directly. We could do it in America, a Parisian version, an Aussie version – bucket-list destinations. "I definitely think there should be a Hawaii version." The *Outlaws* returns on Thursday at 9pm on BBC One.



HIT... Stephen

Friday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE *Freeview 23*

7pm My Mate's A Bad Date; The Catch Up **7.25** **FILM** The Witches. Fantasy with Anne Hathaway. (2020) **9.00** Paranormal: The Girl, The Ghost And The Gravestone **10.00** **FILM** Late Night. Comedy drama starring Emma Thompson and John Lithgow. (2019) **11.35** Dinosaur **12.30** Paranormal: The Girl, The Ghost And The Gravestone **1.30-2.15am** I Kissed A Girl

BBC FOUR *Freeview 9*

7pm TOTP: 1996 **8.00** TOTP: 1988 **8.30** TOTP: 1978 **9.00** TOTP: 1984 **10.10** Tina Turner At The BBC **11.10** When Tina Turner Came To Britain **12.10** Tina Turner: Simply The Best **12.55** The 80s: Music's Greatest Decade? With Dylan Jones **1.55-2.25am** TOTP: 1988

ITV2 *Freeview 4*

6am CITV: Craig Of The Creek **6.15** Looney Tunes Cartoons **6.25** Jurassic World Camp Cretaceous **6.50** Teen Titans Go! **7.20** Scooby-Doo! Mystery Incorporated **7.45** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35** Scooby-Doo And Guess Who? **9.00** Totally Bonkers Guinness World Records **9.10** Catchphrase Celebrity Special **10.00** Veronica Mars **11.00** Dawson's Creek **12.00** Secret Crush **1.00** Dress To Impress **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Dawson's Creek **5.00** Dress To Impress **6.00** Celebrity Catchphrase **7.00** Family Fortunes **8.00** Bob's Burgers **9.00** **FILM** Horrible Bosses 2. Comedy starring Jason Bateman and Jason Sudeikis. (2014) **11.15** Family Guy **12.15** American Dad! **1.15-2.10am** Bob's Burgers

ITV3 *Freeview 10*

6am Classic Emmerdale **7.00** Classic Coronation Street **8.05** Endeavour **10.15** The Royal **11.20** Heartbeat **1.30** Classic Emmerdale **2.35** Classic Coronation Street **3.45** Marple **5.55** Heartbeat **8.00** Doc Martin **9.00** Shetland **11.35** Lewis **1.15-2.10am** Upstairs, Downstairs

ITV4 *Freeview 26*

6am The Derby Through The Years **6.15** Minder **7.15** The Sweeney **8.15** The Adventures Of Sherlock Holmes **9.25** Magnum, PI **10.25** Kojak **11.30** BattleBots **12.30** Magnum, PI **2.40** Kojak **3.45** Minder **4.50** The Sweeney **6.00** BattleBots **7.00** The Grand Fishing Adventure **8.00** The Motorbike Show **9.00** **FILM** Mad Max Beyond Thunderdome. Sci-fi adventure sequel starring Mel Gibson and Tina Turner. (1985) **11.15** All Elite Wrestling: Dynamite **1.25-2.20am** The Chase Celebrity Christmas Special

E4 *Freeview 13*

6am Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** Brooklyn Nine-Nine **10.00** Young Sheldon **11.00** Modern Family **12.00** The Big Bang Theory **2.00** Brooklyn Nine-Nine **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Modern Family **8.00** Teen First Dates **9.00** **FILM** Meet The Parents. Comedy starring Robert De Niro and Ben Stiller. (2000) **11.10** Naked Attraction **12.15** The Big Bang Theory **1.15-2.15am** Brooklyn Nine-Nine

MORE4 *Freeview 18*

8.55am A Place In The Sun **10.25** A New Life In The Sun **11.25** Find It, Fix It, Flop **12.30** Come Dine With Me **6.30** Four In A Bed **5.50** Château DIY **6.45** PopMaster TV **9.00** The Twelve: Cinderella Murder

ENTERTAINMENT



Sky Showcase 11.05pm Richard Ayoade guest on Never Mind The Buzzcocks

SKY SHOWCASE

6am Sky News Breakfast **7.00** Breakfast With Anna Jones **8.00** Caught On Dashcam **9.00** Nothing To Declare **10.00** Wildlife ER **12.00** The Flash **1.10** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** The Simpsons **6.00** The US Office **7.00** The Simpsons **8.00** The F1 Show **9.00** A League Of Their Own: Mexican Road Trip. The gang have an adventure around Mexico. **10.00** The Tattooist Of Auschwitz. Gita grows worried over the whereabouts of Lali. **11.05** Never Mind The Buzzcocks. With Richard Ayoade, DJ Majestic and Mollie King. **11.50** Hold The Front Page **12.50** Resident Alien **1.50-2.40am** Brit Cops: Frontline Crime UK



WHIT'S END . . . BBC's promotional shot for last night's episode

10.05 24 Hours In A&E **12.10** 8 Out Of 10 Cats Does Countdown **1.15-2.20am** 24 Hours In A&E

SKY MIX *Freeview 11*

7am Border Security: America's Front Line **8.00** Nothing To Declare **9.00** Motorway Patrol **10.00** Highway Patrol **11.00** Stop, Search, Seize **12.00** Motorway Patrol **1.00** Border Patrol **2.00** Border Security: America's Front Line **3.00** Nothing To Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: Voyager **8.00** The Rookie **9.00** Forensics: Catching The Killer **10.00** An Unexpected Killer **11.00** Britain's Most Evil Killers **12.00** Grimm **1.00-2am** Night Cops



BBC Three 7.25pm Anne Hathaway in Robert Zemeckis's The Witches

DAVE *Freeview 19*

7.10am Secrets Of The Supercars **8.00** World's Most Dangerous Roads **9.20** Top Gear Vietnam Special **11.00** Top Gear: Polar Challenge **12.00** Storage Hunters UK **2.00** Gadget Man **3.00** Top Gear **5.00** Hairy Bikers' Best Of British **6.00** Pick Stein's French Odyssey **7.00** QI XL **7.40** Richard Osman's House Of Games **9.00** QI XL **9.40** Would I Lie To You? **11.00** Taskmaster **12.00** Mock The Week **12.40** Would I Lie To You? **1.20-2am** QI XL

DRAMA *Freeview 20*

7.10am All Creatures Great And Small **8.00** Doctors **9.20** Classic Holly City **10.40** Casualty **11.40** The Bill **12.45** Classic EastEnders **2.00** Pie In The Sky **3.00** Lovejoy **4.15** All Creatures Great And Small **5.20** Birds Of A Feather **6.00** Keeping Up Appearances **6.40** Last Of The Summer Wine **8.00** Father Brown **9.00** Sister Boniface Mysteries. A serial killer resurfaces in Great Slaughter. **10.00** New Tricks **11.20** Soldier, Soldier **12.30** Lovejoy **1.40-2.50am** When The Boat Comes In

SKY ATLANTIC

6am Fish Town **7.00** The Guest Wing **7.55** True Blood **10.05** Billions **12.15** Game Of Thrones **1.20** Ray Donovan **3.30** True Blood **5.40** Billions **7.55** Game Of Thrones. The fate of Jon Snow is revealed. **9.00** The Pacific. Leckie and his comrades fall ill. **10.00** The Tattooist Of Auschwitz. Gita grows worried over the location of Lali. **11.05** The White Lotus **12.35** House Of The Dragon **1.45-2.50am** Euphoria

SKY WITNESS

6am Stop, Search, Seize **7.00** Border Patrol **8.00** Caught On Dashcam **9.00** Send In The Dogs **10.00** The Force: Manchester **11.00** FBI **12.00** New Amsterdam **1.00** 9-1-1 **2.00** FBI: Most Wanted **3.00** Caught On Dashcam **4.00** Nothing To Declare **7.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **8.00** Chicago Med. An expecting father claims to be telepathic. **9.00** Chicago Fire. A hazmat call at a dialysis centre leads to a shocking discovery. **10.00** Chicago PD. Upton teams up with SVU on a kidnapping case. **11.00** The Equalizer **12.00** The Cleaning Lady **1.00-2am** Blue Bloods

GOLD

7.15am Desmond's **8.15** Keeping Up Appearances **9.30** Ever Decreasing Circles **10.10** Are You Being Served? **10.50** Porridge **11.25** Last Of The Summer Wine **12.40** Keeping Up Appearances **1.20** Ever Decreasing Circles **2.00** Porridge **2.40** Dad's Army

REALLY *Freeview 17*

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Salvage Hunters **10.00** The Yorkshire Auction House **11.00** Antiques Road Trip **12.00** Money For Nothing **1.00** The Repair Shop **2.00** My 600lb Life **4.00** Animal Cops Philadelphia **6.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Help! My House Is Haunted **10.00** Ghost Adventures **11.00** Help! My House Is Haunted **12.00** Unexplained: Caught On Camera **1.00-2am** Paranormal: Caught On Camera

YESTERDAY *Freeview 27*

6.10am The Architecture The Railways Built **7.10** Hornby: A Model World **8.00** Abandoned Engineering **10.00** Narrow Escapes Of World War II **11.00** War Factories **12.00** Great British Railway Journeys **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Narrow Escapes Of World War II **5.00** War Factories **6.00** Antiques Roadshow **7.00** Canal Boat Diaries. Double bill. A low canal tunnel in Staffordshire proves to be problematic. Then, Robbie Cumming continues across the Pennines. **8.00** Secrets Of The London Underground **9.00** Abandoned Engineering **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00** Great British Railway Journeys **1.00-2am** Railway Murders

W *Freeview 25*

6.10am Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook **6.35** MasterChef Australia **8.00** Tipping Point **11.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** My Dream Home **6.00** Tipping Point: Lucky Stars **8.00** 999 Rescue Squad **9.00** Inside The Ambulance. Paramedics treat a woman with dangerously high blood pressure. **11.00** The Catherine Tate Show **1.00-2am** Inside The Ambulance

QUEST *Freeview 12*

6am How Do They Do It? **6.30** Shed And Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Outback Car Hunters **12.00** How Do They Do It? **1.00** Money For Nothing **2.00** The Repair Shop **3.00** Shed And Buried **4.00** Salvage Hunters **5.00** The Yorkshire Auction House **6.00** Wheeler Dealers **7.00** Find It, Fix It, Flop **8.00** Salvage Hunters: The Restorers **9.00** Saving Lives At Sea. A frantic search for three fishermen whose boat has capsized. **10.00** Cornwall Air 999 **11.00** How Do They Do It? **12.00** Wheeler Dealers **1.00-2am** Supertruckers

3.20 Are You Being Served? **4.00** Last Of The Summer Wine **5.20** Porridge **6.00** Keeping Up Appearances **6.40** Dad's Army **8.00** Only Fools And Horses. Rodney goes it alone. **8.40** Blackadder II. Edmund is challenged to a drinking contest. **9.20** Dinnerladies. The girls attend their work party. **10.00** The Fast Show. With Bob Fleming. **10.40** Mrs Brown's Boys **12.00** Blackadder II **12.40** Dinnerladies **1.15** Only Fools And Horses **1.55-2.40am** The Fast Show

COMEDY CENTRAL

8am Most Ridiculous: Full Throttle **8.35** Most Ridiculous: Bonkers Beasts **9.00** Impractical Jokers: Dinner Party **10.00** Home Improvement **11.00** Last Man Standing **1.00** Friends **9.00** Lee Evans Live From The West End. Manic comedy from London's Lyric Theatre. **10.30** **FILM** Idiocracy. Sci-fi comedy starring Luke Wilson. (2006) **12.05** The Comedy Central Chat Show. Rapper Platnum has a score to settle. **12.10** The Ricky Gervais Show **1.15-2.10am** South Park

ALIBI

7.10am Murdoch Mysteries **9.00** Miss Scarlet And The Duke **10.00** Elementary **11.00** Shakespeare & Hathaway: Private Investigators **12.00** Father Brown **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** Elementary **5.00** Father Brown **6.00** Shakespeare & Hathaway: Private Investigators **7.00** Elementary. Captain Gregson's home is invaded by a gunman. **8.00** Death In Paradise. A local diver is found dead in shallow waters. **9.00** Father Brown.

EASTENDERS

BBC One
AFTER 16 years in Albert Square, Whitney Dean has finally made her escape. And it was a fitting finale for the popular character, who's been plagued with depressing storylines – she wasn't afforded a taxi into the sunset like most leavers, but instead was plonked on the No48 to Kings Cross as the soap's alternative Julia's Theme ending rang out. EastEnders had heavily teased the market trader's exit in the build up to last night's episode by questioning whether Whitney would finally get her happy ending. And boy did she deserve one



last night

after all she's been subjected to since her arrival on April 1, 1998. This Walford stalwart, played by the brilliant Shona McGarty, was groomed as a child by her paedophile stepdad, tricked into prostitution by a pimp posing as a friend, had an affair with her father-in-law, was jilted at the altar by her fiancé (who turned out to be gay) and spent time behind bars for killing her stalker, who happened to be her stepdad's son. There's more. She saw her next fiancé thrown under a train

by serial killer Gray Atkins, before suffering the trauma of having a stillborn baby. And in recent weeks, seconds before she was due to tie the knot, she discovered her latest fiancé had slept with her best friend Lauren Branning. Guantanamo Bay would have been more joyful for Whit than Albert Square, but now she's setting off for Yorkshire where, knowing her luck, she'll probably develop a deadly reaction to Wensleydale. She left Walford in tow with

SPORT



Sky Sports Main Event 7.30pm Jonny Lomax and St Helens' face Leeds Rhinos

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Good Morning Sports Fans **10.00** Sky Sports News **12.00** **LIVE** F1. The Monaco Grand Prix first practice session. **2.00** **LIVE** Formula 2 Championship. The Monaco Grand Prix qualifying session. Start-time at 2:10. **3.00** Sports Desk **3.45** **LIVE** F1. The Monaco Grand Prix second practice session. **5.15** **LIVE** Women's Super League. St Helens v Leeds Rhinos. Kick-off at 5.30. **7.30** **LIVE** Betfred Super League. St Helens v Leeds Rhinos. Kick-off at 8.00. **10.00** **LIVE** Fight Night. Lukasz Rozanski v Lawrence Okolie. Coverage of the bout for the WBC World Bridgerweight title. **11.30** Fight Night International **12.30** Women's Super League **12.45** Betfred Super League Highlights **1.00** Betfred Super League **5.30-6am** **LIVE** Super Rugby. Moana Pasifika v NSW Waratahs. Kick-off at 5.35.

SKY SPORTS PREMIER LEAGUE

8am PL Best Goals **9.00** PL 100 Club **10.00** Sky Sports News **12.00** Gary Neville's Soccerbox **1.00** PL Years **3.00** PL Greatest Games **4.00** PL Best Goals **5.00** PL 100 Club **5.30** Ssn: Euro Exclusive **6.00** PL Legends **6.30** WSL **7.00** Premier League Stories **8.00** Southgate: Life As England Manager **8.30** Ssn: Euro Exclusive **9.00** Premier League Stories **10.00** WSL **10.30** PL Retro **12.30** Premier League Icons **1.00-3am** PL Years

SKY SPORTS FOOTBALL

8.30am EFL **9.00** SPFL Highlights **9.15** EFL Greatest Games **10.00** Championship Retro **12.00** EFL Highlights **1.00** EFL **2.00** EFL Highlights **3.00** EFL Greatest Games **3.45** SPFL Highlights **4.00** EFL Cup Retro **6.00** WSL **7.00** Scottish Premiership Title Race

8.00 EFL **9.30** EFL Highlights **10.30** Scottish Premiership Title Race **11.30** EFL Greatest Games **1.00-2am** EFL Cup Highlights

SKY SPORTS ACTION

8am **LIVE** Super Rugby. Chiefs v Hurricanes. Kick-off at 8.05. **10.00** Betfred Super League Highlights **10.30** **LIVE** Super Rugby. Brumbies v Melbourne Rebels. Kick-off at 10.35. **12.30** Betfred Super League Highlights **1.00** NFL Highlights **2.00** Betfred Super League Highlights **3.00** Fight Night International **4.00** NFL Highlights **5.00** **LIVE** Women's Super League. St Helens v Leeds Rhinos. Kick-off at 5.30. **7.30** **LIVE** Betfred Super League. St Helens v Leeds Rhinos. Kick-off at 8.00. **10.00** **LIVE** Fight Night. Lukasz Rozanski v Lawrence Okolie. Coverage of the bout for the WBC World Bridgerweight title. **11.30** Fight Night International **12.30** Women's Super League **12.45** Betfred Super League Highlights **1.00** Betfred Super League **5.30-6am** **LIVE** Super Rugby. Moana Pasifika v NSW Waratahs. Kick-off at 5.35.

SKY SPORTS ARENA

6am Premier League Darts **9.00** PDC Classics **10.00** Premier League Darts **1.30** Unbeatable **2.00** PDC Classics **2.30** Premier League Darts **5.30** NBC's Pro-Football Talk **7.30** Betfred Super League Highlights **7.45** My Icon: Leon Pryce **7.55** **LIVE** Betfred Super League. Huddersfield Giants v Leigh Leopards. Kick-off at 8.00. **10.00** Betfred Super League Highlights **10.30** One Championship Weekly **11.00** PDC Classics **12.00-1am** The Insiders

SKY SPORTS CRICKET

6am IPL **10.10** Best Of England V India **10.30** Best Of ICC WT20 **11.00** Best Of England V Pakistan **11.50** Best Of The Women's World T20 **12.00** Women's International One-Day Cricket **1.00** IPL **2.50** **LIVE** Indian Premier League. Sunrisers Hyderabad v Rajasthan Royals. **7.00** ICC Men's T20 World Cup: The Experts View **8.00** Best Of ICC WT20 **9.00** **LIVE** **10.00** Women's International One-Day Cricket **11pm-4.10am** IPL

SKY SPORTS GOLF

6am PGA Tour Golf **7.00** Golf Academy **8.00** PGA Tour Golf **11.00** Chronicles Of A Champion Golfer **12.00** **LIVE** DP World Tour Golf. The Soudal Open. **5.00** **LIVE** PGA Tour Golf. The Charles Schwab Challenge. **12.00** LPGA Tour Golf **1.00-2am** Golf Academy

RADIO



Virgin Radio 6.30am Rafe Spall chats with Chris Evans on the Breakfast Show

VIRGIN RADIO *DAB virginradio.co.uk*

6.30am The Chris Evans Breakfast Show With Webutanyar **10.00** The Ryan Tubridy Show **1.00** Jayne Middlemiss **4.00** Ricky Wilson **7.00** Ben Jones **10.00** Stu Elmore **1.00** Harp Kaur **4.00-7am** Rich Williams

TALKRADIO *DAB talkradio.co.uk*

6.30am Mike Graham **10.00** Alex Phillips **1.00** Ian Collins **4.00** Peter Cardwell **7.00** Kevin O'Sullivan **10.00** Andre Walker **1.00** Martin Kelner **5.00-7am** Cristo Fofas

TALKSPORT *1053.1089MW talksport.com*

6am TalkSPORT Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan

her newly adopted daughter Britney and newborn baby Dolly, who was taken far too easily from the clutches of cheating dad Zac.

He really could have put up more of a fight to keep the tot, telling weeping friends and family: "I'm stronger on my own," as they attempted to convince Whit to stay put.

But that wasn't before she was given a mini-send off at the Vic, where Whitney was surprised with a personalised picture slideshow on the big screen, recalling her happier moments on the Square.

No surprise it lasted just over 30 seconds.

STUART PINK



SWEET MEET . . . Jay and Veena

THE NEVERMETS, Channel 4, 10pm: Providing the voiceover for this documentary, comic Dawn French says: "These are the 'Nevermets', couples who have met online and formed long-distance relationships – without ever meeting face to face."

Over six episodes, viewers will meet five ordinary Brits who have found themselves in an extraordinary situation, having fallen in love with someone on the other side of the globe.

As they reveal the unlikely roots of their romance, cameras will capture the moment they meet – with varying degrees of success.

Episode one introduces us to Sarah, 38, who wants to start a family with her 27-year-old

partner Jgo, from the Philippines, while student Jay is flying to India to stay with his girlfriend Veena.

You can't help wanting to know the outcomes.

SUE PERKINS: LOST IN THAILAND, Channel 5, 9pm: Sue turns adrenaline junkie in Bangkok on the last leg of her trip.

First on her agenda is ascending 1,000ft to walk across a glass viewing platform that overlooks the chaotic city.

She then steps into the boxing ring to take on an inspiring Muay

Sun TV picks

Thai champion fighter, who puts her through her paces.

And Sue still finds time to feed some tigers, drive a tuk-tuk and jam with funky folk musicians.

HAVE I GOT NEWS FOR YOU, BBC One, 9pm: He's a presenter on Radio 4's heavyweight Today programme and is a former newspaper editor, so Amol Rajan knows the news inside and out.

Now he steps in as guest host for the first time, and his calm demeanour as University Challenge host should help him keep things under control.

Tonight's panellists include author and TV host Richard Osman.

HIDDEN TREASURES OF THE NATIONAL TRUST, BBC Two, 9pm: Two grand estates take centre stage in this week's episode.

At Wiltshire's Stourhead, a painting from the past – Angelica Kauffman's Penelope And Euryclea – is making its grand return, but requires a little TLC.

Elsewhere, in the gardens, a replica Roman temple dedicated to the goddess of plants is under threat.

Meanwhile, at Scotney Castle in Kent, a treasured table is in need of careful conservation.

KATE NOBLE

TNT SPORTS 1

8am Fishing: On the Bank **9.00** Ultimate Pool **10.30** Reload **10.45** **LIVE** AFL: Fremantle Dockers v Collingwood Magpies. Bounce-up at **11.10**. **2.00** European Rugby Challenge Cup **7.00** **LIVE** European Rugby Challenge Cup. Gloucester v Sharks. Kick-off at **8.00**. **10.30** No Filter Boxing **11.00** PL Review **12.00** Inside Serie A **12.30** NBA Tip-Off **1.30** **LIVE** NBA: Minnesota Timberwolves v Dallas Mavericks. **5.00-7.30am** **LIVE** AFL: North Melbourne Kangaroos v Port Adelaide Power.

TNT SPORTS 2

8am **LIVE** MotoGP: The Grand Prix of Catalunya free practice session. **10.45** MotoGP Rewind **12.15** **LIVE** MotoGP: The Grand Prix of Catalunya second practice session. **3.15** **LIVE** MotoE: The qualifying session at the Grand Prix of Catalunya. **4.00** Inside Serie A **4.30** PL Netbusters **5.00** WWE SmackDown **6.00** **LIVE** WWE Friday Night SmackDown **8.00** Fight Night Live **10.00** No Filter Boxing **10.30** UEFA Champions League Magazine **11.00** UEFA Europa League & Conference League Magazine **11.30** MLB: Off the Bat **12.00** **LIVE** MLB: Cincinnati Reds v Los Angeles Dodgers. **4.30-7.30am** **LIVE** AFL: Carlton Blues v Gold Coast Suns.

TNT SPORTS 3

8am ABB FIA Formula E World Championship Highlights **10.00** **LIVE** ABB FIA Formula E World Championship. **11.00** Serie A – Full Impact **11.30** Original Documentary **1.00** NBA Action **1.30** Hockey **3.30** PSA Squash Highlights **4.30** UEFA Europa League **6.00** T20 Cricket Highlights **7.00** Inside Serie A **7.30** **LIVE** Serie A: Genoa v Bologna. Kick-off at **7.45**. **9.45** AFL **11.45** Badminton Weekly **12.00** Fishing: On the Bank **1.00** **LIVE** ABB FIA Formula E World Championship. Shanghai E-Prix second free practice session. **1.45** Reload **3.00-5am** **LIVE** ABB FIA Formula E World Championship.

PREMIER SPORTS 1

8am United Rugby Championship **10.00** NHL Ice Hockey **12.00** LaLiga **2.00** LaLiga News **2.30** Transworld Sport **3.30** Marathon Des Sables 2024 **4.00** Sporting Countdowns **4.30** LaLiga Show **5.00** URC In 60 **6.00** Viva LaLiga **7.30** **LIVE** LaLiga: Girona v Granada. **10.30** Football's Greatest **11.00** IIHF World Championships **1.00-4am** **LIVE** NHL Ice Hockey: New York Rangers v Florida Panthers.

1.00 Hawksbee And Jacobs **4.00** TalkSPORT Drive With Andy Goldstein And Darren Bent **7.00** Thank Friday It's Football **10.00** Sports Bar **1.00-1am** Extra Time With Martin Kelner

TALKSPORT2 *DAB talksport.com*

6am Sportsday **9.00** TalkSPORT Exclusives **1.00** The TalkSPORT 2 Social **5.00** TalkSPORT Exclusives **12.00-9am** TalkSPORT Exclusives

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Chloe Tilley And Calum Macdonald **10.00** Matt Chorley **1.00** Times Radio Afternoons **4.00** Cathy Newman **7.00** Ed Vaizey **10.00** Henry Bonsu **1.00** The Story **1.30** Highlights From Matt Chorley **2.00-6am** The Best Of Times Radio

RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

6.30am Best New Pop **7.00** Greg James **10.30** Anthems **11.00** Big Weekend **12.45** Newsbeat **1.00** Big Weekend **5.45** Newsbeat **6.00** Big Weekend **11.00** Pete Tong **1.00** Essential Mix **3.00** Dance Presents **4.00** Chillout Anthems **5.00-6am** Relax

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Scott Mills **4.00** Sara Cox **7.00** Michelle Visage **9.00** The Good Groove With DJ Spooky **11.00** The Rock Show With Johnnie Walker **12.00** Romesh Ranganathan: For The Love Of Hip-Hop (R) **1.00** Mica Meets Gladys Knight (R) **3.00** Eagles At The BBC **4.00** Sophie Ellis-Bextor's Kitchen Disco **5.00-6am** Radio 2 In Concert (R)

MOVIES



Sky Cinema Premiere 8pm Xolo Maridueña stars in fantasy Blue Beetle

SKY CINEMA PREMIERE

8.55am The Starling Girl (15, 2023) ★★★ **10.55** Blue Beetle (12, 2023) ★★★ **1.05** The Inseparables (U, 2023) ★★★ **2.40** My Big Fat Greek Wedding 3 (12, 2023) ★★★ **4.25** Cult Killer (15, 2023) ★★★ **6.20** The Blackening (15, 2023) ★★★ **8.00** Blue Beetle (12, 2023) ★★★ **10.10** The Equalizer 3 (15, 2023) ★★★★★ **12.00-1.40am** Monolith (15, 2023) ★★★★★

SKY CINEMA COMICS

9.15am The Lego Batman Movie (U, 2017) ★★★★★ **11.05** Teenage Mutant Ninja Turtles: Mutant Mayhem (PG, 2023) ★★★★★ **12.50** Blue Beetle (12, 2023) ★★★ **3.10** The Amazing Spider-Man (12, 2012) ★★★★★ **5.30** The Amazing Spider-Man 2 (12, 2014) ★★★★★ **8.00** Batman Begins (12, 2005) ★★★★★ **10.25** The Punisher (18, 2004) ★★★★★ **12.35-2.25am** Red (12, 2010) ★★★

SKY CINEMA MAD ACTION

8.15am Suicide Squad (15, 2016) ★★★ **10.20** Spider-Man: Far From Home (12, 2019) ★★★★★ **12.35** Charlie's Angels (15, 2000) ★★★ **2.20** Charlie's Angels: Full Throttle (12, 2003) ★★ **4.10** Warcraft (12, 2016) ★★ **6.15** Haywire (15, 2011) ★★★★★ **8.00** John Wick (15, 2014) ★★★★★ **9.50** John Wick: Chapter 2 (15, 2017) ★★★★★ **12.00-1.50am** Accident Man: Hitman's Holiday (15, 2022) ★★★

FILM4 *freeview 14*

11am Two Way Stretch (U, 1960) ★★★ **12.45** Payroll (PG, 1961) ★★★ **3.00** The Nevadan (U, 1950) ★★★★★ **4.35** The Golden Voyage Of Sinbad (U, 1974) ★★★ **6.50** The Italian Job (12, 2003) ★★★ **9.00** Three Thousand Years Of Longing (15, 2022) ★★★★★ **11.10** A Banquet (15, 2021) ★★★★★ **1.05-4am** The Handmaiden (18, 2016) ★★★★★

TALKING PICTURES *freeview 82*

12.30pm The Four Just Men **1.00** Melvyn's Talking Pictures **1.10** Rich And Strange (U, 1931) ★★★ **2.50** Melvyn's Talking Pictures **3.05** The Gallant Hours (U, 1960) ★★ **5.25** One Mile Square **6.00** Worzel Gummidge ★★ **6.30** Fireball XLS **7.05** Look At Life **7.20** Waterfront (PG, 1950) ★★★★★ **9.05** The Fly (PG, 1958) ★★ **11pm-12.50am** Deadly Instincts (18, 1997) ★★★

GREAT! MOVIES *freeview 34*

1pm Killer Family: A Nanny Nightmare (12, 2020) ★★ **2.55** Did I Kill My Mother? (PG, 2018) ★★ **5.00** Obsession (U, 2011) ★★ **6.55** Street Fighter (12, 1994) ★★ **9.00** Rambo: Last Blood (18, 2019) ★★★★★ **10.50pm-12.45am** Escape Plan 2: Hades (15, 2018) ★★

GREAT! ACTION *freeview 42*

1pm Gunfighters (PG, 1947) ★★★★★ **2.55** Abilene Town (15, 1946) ★★★★★ **4.55** Loophole (PG, 1981) ★★★★★ **7.05** Pompeii **9.00** Contract To Kill (15, 2016) ★★ **11pm-1am** Area Of Conflict (2017) ★★

THE Sun

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dear deidre

Edited by **SALLY LAND**

No matter what the issue, I answer every single problem

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS, CHLOE STRATTON

CAST OUT OF THE LOOP BY MY WALKING GROUP MATES

Dear Deidre

REJECTION hurts. I feel so down after my walking group decided to leave me out of our weekend walk.

I've been running the club for a few years and I look forward to socialising and getting out of the house as I'm a 53-year-old single woman with no children.

Every week I usually organise a walk for the group, which consists of about ten people, but a fortnight ago I was forced to cancel as I was feeling under the weather.

Nobody seemed to mind, and I even suggested that they go without me.

Yet ever since I've felt completely isolated by them. Last weekend when I sent a message to our group chat about our next walk, everyone seemed keen but eventually dropped out one by one.

Then the next day photos of them all out together popped up on Facebook.

I'm convinced I've been shut out and I can't understand why.

DEIDRE SAYS: Being left out can feel horrible, especially when you're putting so much effort in to organising these walks.

Unfortunately, you cannot change how other people behave or make them join your walks, but you can tell them how you feel.

If they are really your friends they will understand why you are upset and try to mend what has happened.

If not, perhaps it would be better to focus your energy elsewhere and find a new group. My support pack Widening Your Social Scene will help.

Guilt over Thai massage fling

Dear Deidre

My dream holiday went badly wrong when I had sex with my Thai masseuse.

Six years on and the guilt of being unfaithful to my husband still keeps me up at night. It's got to the point where I feel the only way out is to tell him the truth.

I'm 35 and he's 37 and we've been married for seven years.

Apart from this, we've always been open and honest with each other. This, as far as I know, is the only fly in the ointment.

When my friends suggested booking a holiday to Thailand together I was so excited. It had always been on my bucket list.

From visiting historic temples to swimming with elephants, there was plenty I wanted to do and see.

This also included trying a Thai massage. A friend had raved about how relaxing and therapeutic they were, so when I saw that it was available at our hotel I jumped at the chance.

To say that I enjoyed it would be an understatement. While I expected

HERE TO HELP YOU



IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response within one working day.

deardeidre@the-sun.co.uk

it to be a full-body experience, things escalated further than they should have and the woman brought me to a climax.

Looking back, I know I should have stopped her, but in the moment I enjoyed the feeling of her touch too

much. After the first session, I couldn't stop myself from returning.

I got several messages from the same woman before the holiday ended. Each time she brought me to orgasm and I enjoyed returning the favour for her also.

Now I'm home the guilt has fully set in and I feel awful for how I've betrayed my husband. I simply don't know what got into me.

I know I need to confess but I'm worried about how he'll take it.

DEIDRE SAYS: It's understandable that you're feeling guilty, but ask yourself if telling your husband will solve anything. While it may make you feel better for a few seconds, it will deeply hurt him and almost certainly destroy your otherwise happy relationship.

While he might not dump you, he'd never trust you in quite the same way again. As long as you have learned from your mistake, I wouldn't advise off loading your guilty conscience on your husband.

Instead, wouldn't it be better to get it off your chest by talking to a counsellor, in confidence?

My Counselling support pack will tell you where to access this help.

ILLNESS ROBBED ME OF MY FREEDOM

Dear Deidre

SIX months ago my life was turned upside down when I got diagnosed with multiple chronic illnesses. My energy levels and fitness plummeted.

I started to struggle with pain and fatigue and became so ill I had to leave my job. I've not been well enough to look for a new one and have had to go on benefits.

I'm a 32-year-old man and I used to pride myself on my fitness and was an avid gym goer. Then I was diagnosed with osteoporosis and chronic fatigue syndrome and everything changed.

Suddenly I didn't recognise my life any more and many of my friends drifted away.

My girlfriend has been so supportive but I feel guilty that she spends much of her time caring for me.

I'm trying my best to start accepting my new life but I'm devastated. My self-esteem has hit rock bottom and I feel so ashamed of myself.

I feel like a failure and have no hope for my future.

DEIDRE SAYS: Try to remember that what has happened to you isn't your fault and is completely out of your control.

Being unwell does not make you a failure and your girlfriend clearly doesn't think so either.

It's important you start trying to build some positive feelings about yourself. My support pack on Raising Self-esteem will help.

Please also consider calling the Samaritans on 116 123 and contact Calm, the Campaign Against Living Miserably (thecalmzone.net, 0800 58 58 58) for support for your mental health.

hot topic

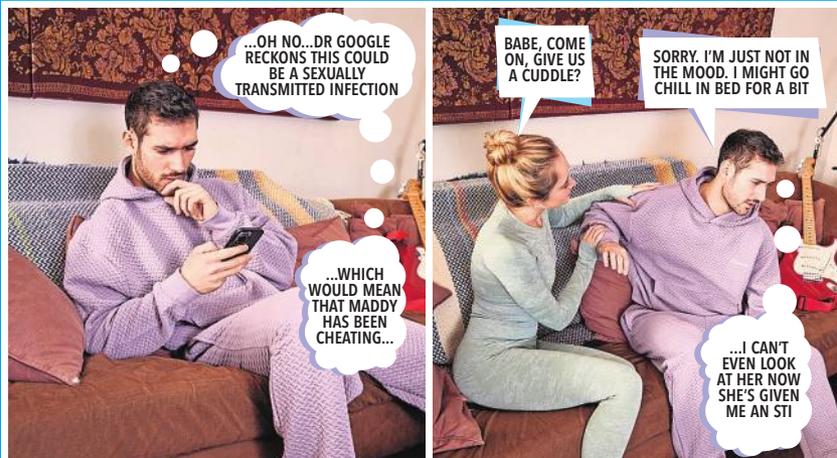
MANY women write to me as they have fallen for a younger man after experiencing a bad relationship with one closer to their age.

In the UK, the number of women marrying men their junior has increased by 15 per cent in the last decade.

My support pack With A Younger Man? has more information for you.

stories deidre's photo casebook

REGGIE'S SUSPICIOUS RASH: DAY 5



Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

Dear Deidre

A NEW colleague has me completely bewitched – despite the fact I'm happily married with kids.

Every day I wake up thinking about this woman, and while I try my best to ignore it, it is consuming me. I'm 42, my wife is 38 and we've been married for nine years. We have two daughters together; one is five, the other is two.

Over the last year, our sex life has completely died and I can't remember the last time that we were intimate.

While I still love her dearly and can't imagine my life without her, I would be lying if I said I didn't miss feeling close to someone. I had never found myself

BEWITCHED BY SEXY WORK PAL

looking elsewhere, but when a gorgeous blonde woman joined my work team everything changed.

She was everything I like in a woman – smart, funny and confident.

Over the last couple of months, we've got to know each other better and my feelings for her have blossomed. Thoughts of her constantly swarm my mind.

Recently our conversations have become progressively flirtier and I'm starting to wonder if she feels the same. The last thing I want is to hurt my

wife, but I can't shake this feeling. Should I tell her how I feel?

DEIDRE SAYS: While it's normal to fancy other people while in a committed relationship, it is whether you choose to act on it that matters.

Your relationship with this other woman is merely a fantasy. It's your wife that you've made a commitment to, so you should focus on fixing your relationship.

I would recommend sex and relationship therapy to help bring you both closer. The College of Sexual and Relationship Therapists (cosrt.org.uk) can put you in touch with reputable counsellors. My support pack Different Sex Drives will also help.

THE Sun

YOUR FREE TV MAG



This week, ahead of the Britain's Got Talent semi-finals, Ant and Dec open up on the privilege of presenting the precious show.

EVERY SATURDAY ONLY IN THE Sun

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us. Online: thesun.co.uk/deidre Instagram: @dear.deidre Facebook: @DearDeidreOfficial X: @DearDeidre Post: Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

FabDAILY

FASHION



By YASMIN HARISHA

ON her hit TV makeover show *What Not to Wear*, she dished out candid advice on ill-fitting clobber, but Susannah Constantine has a surprising guilty pleasure.

While the fashion guru started her career working as a shop girl at Harrods and Giorgio Armani, one of her favourite stores is discount chain TK Maxx. The mum of three, who found fame with pal Trinny Woodall in the Noughties, says: "I love TK Maxx. What's not to like about a fashion retailer that sells everything you need under one roof, and all at a discount price?"

"From their Nineties-style skirts and quality cashmere sweaters to denim-on-denim outfits, they have clothes in every style imaginable, meaning every type of person can express their individuality."

A subsidiary of US brand TJX Companies, TK Maxx opened its first UK store in Bristol in 1994. On the 30th anniversary of the move, Susannah recalls some of her visits to the budget retailer.

She says: "For me, it is a trip down memory lane. Each piece tells a story. I love that."

"I usually set aside a couple of hours once a month to go there. It's like a therapy session. I can switch off. It's like an exciting sartorial adventure."

She says TK Maxx has unique items: "In every other store, you'll probably see 20 other people walking down the high street wearing the top you just bought. At TK Maxx, there's always that element of surprise."

'Taking your time is how you find the best discounts'

But Susannah did not become a convert of the brand until the Noughties.

She says: "The first time I set foot in the place, around 20 years ago, I looked around, thought, 'F**k this!' and walked straight out. I thought it was extremely overwhelming."

"The second time I went in, I realised it is very well laid out. The trick is to go in with an open mind. Enjoying and taking your time with the process is how you find the best items and, even better, the big discounts."

"Today, everything is online and boring. But TK Maxx is an immersive experience and that is how shopping should be."

TK Maxx is known for its carousel of ever-changing collections and discounts of up to 60 per cent on designer products.

Some of Susannah's best buys have included items by designers like Spanish brand Hoss Intropia, and cashmere knits.

"Friends will often ask me where I get my clothes from and they're always shocked when I tell them where," she continues.

"Not so long ago, I bought a leopard-print mac and I took such pride in saying that it was from TK Maxx, not Yves Saint Laurent."

"The feeling of smugness was wonderful."

"I do wish my younger self had gone to TK Maxx more often, as I only really started going after becoming a mum."

"It's a destination, it's not somewhere you just walk by and think, 'I'll pop in there'."

"But the point is, you can experiment and truly be yourself throughout the store. I guess that's what makes it such a guilty pleasure."

FASHION FAN
... Susannah

HUNTING OUT THE TOP BARGAINS

EMILY SPRIDGENS worked for nine years in two of the chain's shops.

The 26-year-old, from Loughborough, says: "Red labels mean a product has been marked down."

"A yellow label is the biggest bargain because it's a final clearance."

"Each label has the week number in which the product arrived in store. Six weeks after it arrives, it gets discounted by almost a third."

"Once an item has been in store for eight weeks, it will be discounted again – by another 15 to 20 per cent. That discounting continues every two weeks until they reach 20p."

By ALLEY EINSTEIN

That's the lowest price. Most of these items are sold in the store's final clearance sales.

"There are usually three final clearances a year – in April, October or November, and January."

"Shoppers can tell a final clearance sale is coming up because staff will be making space in large areas of the store."



I LOVE DRESSING TO THE TK MAXX

Says fashion guru
SUSANNAH CONSTANTINE

The £7 trick to make white trainers sparkle for summer. At fabulousmag.co.uk

PROMOTED CONTENT

GET THE GANG TOGETHER



Celebrate the bank holiday - without breaking the bank

GET READY for the ultimate bank holiday feast this spring with Iceland and The Food Warehouse. Whether you're planning a backyard BBQ bash or a picnic in the park, they've got everything you need to make it a sizzling success, come rain or shine.

Fire up the grill

Enjoy an unbeatable selection of BBQ essentials, from mouthwatering burgers and juicy sausages to tasty skewers and kebabs. And with the frozen BBQ range offering 3 for £10, you can fill your freezer without emptying your wallet.

Cool as ice

Don't forget to cool off with some irresistible ice lollies and refreshing ice creams, starting at just £1. Plus, score a sweet deal on Magnum three-packs: Classic or White Chocolate are just £2.

Hey presto, al fresco

The 5 for £5 deal has you covered with picnic must-haves like Richmond thick sausages, Dairylea Lunchers, Greggs sausage rolls and more. It's the perfect way to keep the whole family happy, well fuelled and ready for adventure.

Kick back and relax

When cooking is the last thing on your mind, stock up on the 10 for £10 Easy Teas offer and fill your freezer with a range of simple, delicious meal solutions. From Goodfella's pizzas to Birds Eye fish fingers. And with exclusive products from Greggs, TGI Fridays and more, you can enjoy restaurant-quality meals without having to leave the house.

Ready to (sausage) roll

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FabDAILY

FASHION

Edited by **LYNSEY CLARKE** and **JOEL COOPER**

THE FAB DAILY TEAM:
Digital Commissioning Editor Claire Dunwell, Contributing Editor Nikki Watkins, Senior Feature Writers Kirsten Jones and Alex Lloyd, Feature Writer Yasmin Harisha, Fashion Editor Clemmie Fieldsend, Deputy Fashion Editor Abby McHale



The low plunger

ALL-IN-ONES are great for smoothing your body all over. Not only is this one a bargain, it has a particularly plunging neckline - great if you still want to wear v-necklines. It's ideal for wearing under summer dresses, too - great for when you're on holiday and want to control wobbly bits. **Bodysuit, £14, George at ASDA**



The VPL banisher



The strapless dress

THE perfect introduction to shapewear, this dress is an absolute steal. Either wear it as a dress, or you can move it down and turn it into a skirt. It's so versatile. **Dress, £12, Peacocks**

SMOOTH OPERATOR

Say goodbye to lumps and bumps with shapewear. Deputy Fashion Editor **ABBY McHALE** reveals great buys from just £12

VISIBLE panty lines can be frustrating and unsightly – as the last thing you want is the outline of your knickers distracting from your outfit. Shapewear is a great way of eliminating that element, while also sculpting the contours of your body. This all-in-one set from Spanx is perfect as it is seamless all around the edge, with soft, flexible fabric that means there won't be a trace of a VPL in sight.

Plus, this bodysuit has a shorts finish, which will help eliminate any chafing. That's a bonus during summer months as the weather warms up.

Bodysuit, £79, Spanx at Harrods



The bum booster

THIS bodysuit has extra rear padding to create the illusion of a fuller bum. It's held up by two straps, but you'll still need to wear a bra as the front is uncovered.

However, if you're looking for shapewear that will smooth your waist and hips, but also boost your butt, then this has you covered.

Bra, £8, Primark; bodysuit, £15, Pretty Little Thing

The high knicker

WHILE thigh-shorts have benefits, if you wear a dress with a shorter hemline, you could be at risk of flashing your shapewear.

That's why these high-rise knickers from Next are the perfect solution.

They offer firm tummy control in the middle, with a thick waistband for extra support.

The briefs have a thong-style back, with the point of the garment being the tum-trimming tech in the front.

Bra, £18, Body by Marks & Spencer; brief, £16, Next



The waist cincher

LIKE a corset, a waist cincher pulls you in for a smooth finish. But it features flexible boning and is breathable, which many corsets are not.

Wear as shown here, with shorts for extra shaping, or on its own for tummy control that won't show through clothes.

Waist cincher, £66, and shorts, £30, Spanx at Next; bra, £16, M&S



The arm smoother

ARM-SMOOTHING shapewear isn't something you see often, but M&S has come to the rescue.

A long-sleeve top made with Flexifit technology, it's super-stretchy and aims to gently contour your arms.

The fabric is super-smooth and can be worn under other clothes too and it comes with matching shorts.

Bra, £47, Wacoal; top, £18, shorts, £15, both M&S Collection at Marks & Spencer



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Letters

The page where you tell Britain what you think

HOW stupid of eco-energy tycoon Dale Vince to call for a tax on meat eaters, to encourage more people to become vegan.

He is the vegetable! Meat is good for us. Trying to force us to follow his way is not the answer.

SARAH KENSIT
Ripley, Derbys

KING CHARLES looked so relaxed and happy at his Prince's Trust awards this week, having loads of fun as he bumped fists with DJ Tyler West.

After what he has been going through with his cancer treatment, occasions such as this must be a blessed relief compared with

all those tedious meetings with Rishi Sunak.

SYLVIA MONK
Hayling Island, Hants
STRICTLY judge Anton Du Beke should not back the show's



BUMP FOR JOY . . . King and Tyler

embattled former pro dancer Giovanni Pernice over the recent bullying allegations.

Anton was not in rehearsals with Giovanni, his accusers were.

DIANE SILVA

Bournemouth

TOMORROW will see the long-awaited boxing rematch between Josh Taylor and Jack Catterall.

Let us hope Jack gets his just revenge on Taylor. The verdict for Taylor in the previous bout, which Jack clearly won by a mile, was the biggest robbery since Brink's-Mat in 1983.

GARY LILLEY

South Shields, Tyne and Wear

Will it be sun wot wins it?

£50 LETTER

WHAT a cunning plan, Baldrick. Rishi Sunak has pulled a masterstroke by going for a July 4 election.

Hopefully the sun will be shining, Harry Kane and the boys will be winning in the Euro 24 footie – and there will be a feel-good factor.

That wave of happiness may just be enough for people to decide to give Rishi and the Tories another chance.

STEVIE JOHNSON
Bolton

RISHI SUNAK has done the right thing by calling the General Election for July 4.

Labour and the Lib Dems, also known as Dumb and Dumber, aren't prepared for an election, despite what they say.

They never lay down concrete plans, either. So I hope that the people see sense and return to power the only party able to run this country properly.

RONNIE ANDERSON
Exmouth, Devon

THE Prime Minister is either very foolish or very wise to decide to call an election sooner rather than later.

It could be that Rishi realises he will not win, whenever he holds it, but knows whoever does will have to sort out the Post Office scandal and the infected-blood fiasco.

It could be he is acting wisely to pass the two hot potatoes to Sir Keir Starmer.

DAVID FOAKES
Leeds

WITH the upcoming election, I can understand the public wants change – but what is the real alternative to the Tories?

Labour are now just left-wing

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NIGEL FARAGE not standing for Reform at the upcoming election is no surprise. All he cares about is Donald Trump, in America.

ANN, Herts

IF the Tories want to stand a chance in the election, I suggest they hide away the two-faced Michael Gove.

KIT, Liverpool

THE Tories got rid of their great asset, Boris, all over a bit of cake, and now that will come back to bite them.

GEORGIE, Co Durham

IF Sir Keir Starmer wins the election, the unions will rule.

JON, Solihull, West Mids

Conservatives – led by Sir Keir Starmer, who has the charisma of a hibernating tortoise.

STEVE WHATTLING
Leiston, Suffolk

SIR Keir Starmer has declared he would make changes from day one if elected on July 4.

He says he would cut unemployment and NHS waiting lists, and increase numbers of police, teachers, doctors and nurses, while making all buildings safe.

He states he would stop the small boats, return new illegal migrants to where they came from and give priority housing to British people. He also says he would deliver low inflation, taxes and energy bills.

So will he now pledge that if

he has not made at least a big dent in this plan after two years, he will call another election so the public can decide if they still want him in power?

MARGARET FENNER
Pelterborough

IT would be just our luck for Russia to interfere in the election and we end up with another Tory Government.

TERRY THOMPSON
Deal, Kent

IN my older years I am hard of hearing. So I struggled to follow what the PM was saying as he announced the election outside Number 10, and was drowned out by the music which protesters boomed out by loudspeaker.

Professional agitators posing as protesters are a public nuisance.

Why is their right to protest more important than our right to listen to what the PM is saying?

GARY HALL

Princes Risborough, Bucks

OUR Prime Minister was trying to make a speech when he was drowned out by blaring protest music. It just shows you what our country has come to.

RAY BURNSIDE
Manchester

PAULA VENNELL'S' crocodile tears when giving evidence to the Post Office scandal inquiry made for a pathetic sight.

The Post Office's former CEO admitted having made mistakes – but for years showed little or no remorse.

Thousands of Post Office workers shed tears night after night and no one cared as they were robbed of their livelihoods and sent to prison, all over a dodgy computer system.

Cry me a river, Paula, because your fake tears reveal nothing but a guilty conscience.

SANDRA COULTER
Dungannon, Co Tyrone

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with **MAGGIE INNES**

ARIES March 21 – April 20



Saturn is your business and success mentor all day, so you can aim higher. A role you once considered out of reach is now perfect for you. When you fix in your mind exactly how you want the world to see you, it can start to happen. In love, you can be caring and unselfish, but beware of using false compliments.

TAURUS April 21 – May 21



With Venus in your values zone, you are principled and passionate. Someone who shares these qualities could be your soulmate. You will always be there to listen and advise each other, so running a business together could be in your shared destiny. In love? Don't let your eat too much into together time.

GEMINI May 22 – June 21



Love planet Venus makes your own personal sign so tender, playful and passionate. But it could also intensify your need to be the centre of attention and tempt you into the wrong arms. Gemini's work approach flips between shyness and showing off. When a VIP chance comes up, you know which to choose.

CANCER June 22 – July 22



Being the most intense romantic sign is a gift, but it can make relationships hard to handle. Venus helps you take a step back today and, as confidence grows, your love moves show their strength. A moon of talent means you can impress a panel of formidable experts – or just one fussy individual.

LEO July 23 – August 23



Venus ensures trust and friendship are key factors in your decisions today. A relationship that has been recently tested can be back to its best when you discuss true feelings. Mars in your learning sector keeps you open-minded and ready to let others have their say. Your love style is naturally charming.

VIRGO August 24 – September 22



A chart of positive planets means that your optimistic attitude, energy and sense of fun all shine today. Just when you feel sure a passion future is wishful thinking, you may be asked a thrilling love question. Mars adds a strong sense of justice to your deepest self and you could speak up for a cause you believe in.

LIBRA September 23 – October 23



The deep mind power of Mercury makes you the zodiac's most intuitive sign. You sense what people are thinking, even if it doesn't match what they say. So you can stay one step ahead, in business and family plans. In love, however, the less you know the better, as some sensational "S" surprises are coming.

SCORPIO October 24 – November 22



Even under a casual surface, deep love can be growing stronger, according to your chart today. An equally intense Scorpio can be key to future bliss, but this will need careful handling. With Mars in your career sector, quick decisions are easier to pursue. Revisiting a family money mystery can make you richer.

SAGITTARIUS November 23 – December 21



Venus settles in the "happy ever after" part of your chart and speeds up the pace of a relationship. Yes, you are ready to lead the way in long-term decision-making. But do bear in mind that being bold doesn't have to mean being reckless. A family picture or video that makes everyone smile could have commercial potential.

CAPRICORN December 22 – January 20



The sun shines on your work and wellbeing zone and colleagues who appreciate your skills mean a lot. You get to grips with finances and realise the difference between being generous and being a soft touch. Your prize sector thrives on Jupiter's generosity, and sharing cash and questions can double luck.

AQUARIUS January 21 – February 18



Venus makes you the zodiac's most surprising lover, with so much passion concealed behind a calm, cool outlook. But you want a partnership to be perfect and this can edge you towards being controlling. Luck-bringer Jupiter can revisit a special "4" address you had to let go. Yes, this time it could be yours.

PISCES February 19 – March 20



You might not be money minded, but a cash offer for a household item that you design could be hard to resist. Try not to fix your views too firmly before you start talks. The moon and Mars encourage impulsive spending. You could set yourself a limit or enlist a money buddy. Love waits around "D".

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Something

● MOVIES ● GAMES ● MUSIC ● BOOKS

for
the

Weekend

EXCLUSIVE: The folk singer inspired The First Time I Saw Your Face

By SIMON COSYNS

THE First Time Ever I Saw Your Face is a song for the ages.

Covered a thousand times in a thousand ways, it captures the overwhelming sensation of love at first sight.

Popularised by Roberta Flack's sensual, soulful take, it also held Elvis Presley, Diana Ross, Johnny Cash and George Michael under its spell.

Three poetic, impossibly romantic verses were written by one folk singer, Ewan MacColl, for another, Peggy Seeger.

"The first time ever I saw your face/I thought the sun rose in your eyes," it begins.

MacColl experienced that intense thrill on Tuesday, March 27, 1956, at a smoky basement flat in Chelsea – and he turned it into a song.

He was 41 at the time, a folk firebrand and socialist activist known for Dirty Old Town, about his birthplace of Salford.

He was among a small gathering looking on as Seeger, less than half his age at 20 and newly arrived in the UK, sang traditional ballad The House Carpenter, banjo in hand.

The daughter of a musicologist father and composer mother, she was part of an American music dynasty which included her half-brother, folk icon Pete Seeger, and the brother she often sang and recorded with, Mike Seeger.

All these years later, Peggy is speaking to me via video call from her home in Oxford – city of dreaming spires on the Thames, not the one in Mississippi.

'In his midlife crisis'

Having played at the first Cambridge Folk Festival in 1965, she's taking this year's US legend slot with her musician sons Calum and Neill MacColl and daughter-in-law Kate St. John.

Just shy of her 89th birthday, she's forthright, funny and never far from throwing her head back with a glorious smile. The sun really does still rise in her eyes.

Over the decades, Peggy has been a tireless campaigner for women's rights, typified by her anthem I'm Gonna Be An Engineer, and a staunch environmentalist but that doesn't stop her embracing one of the greatest love songs of all time.

Only last year, she released a wistful new recording of First Time Ever.

"My voice has slipped down lower," she reports. "And I've found that the song has an entirely new feeling to it."

Recalling that fateful day in 1956, she adds: "I think Ewan probably fell in love with the whole deal."

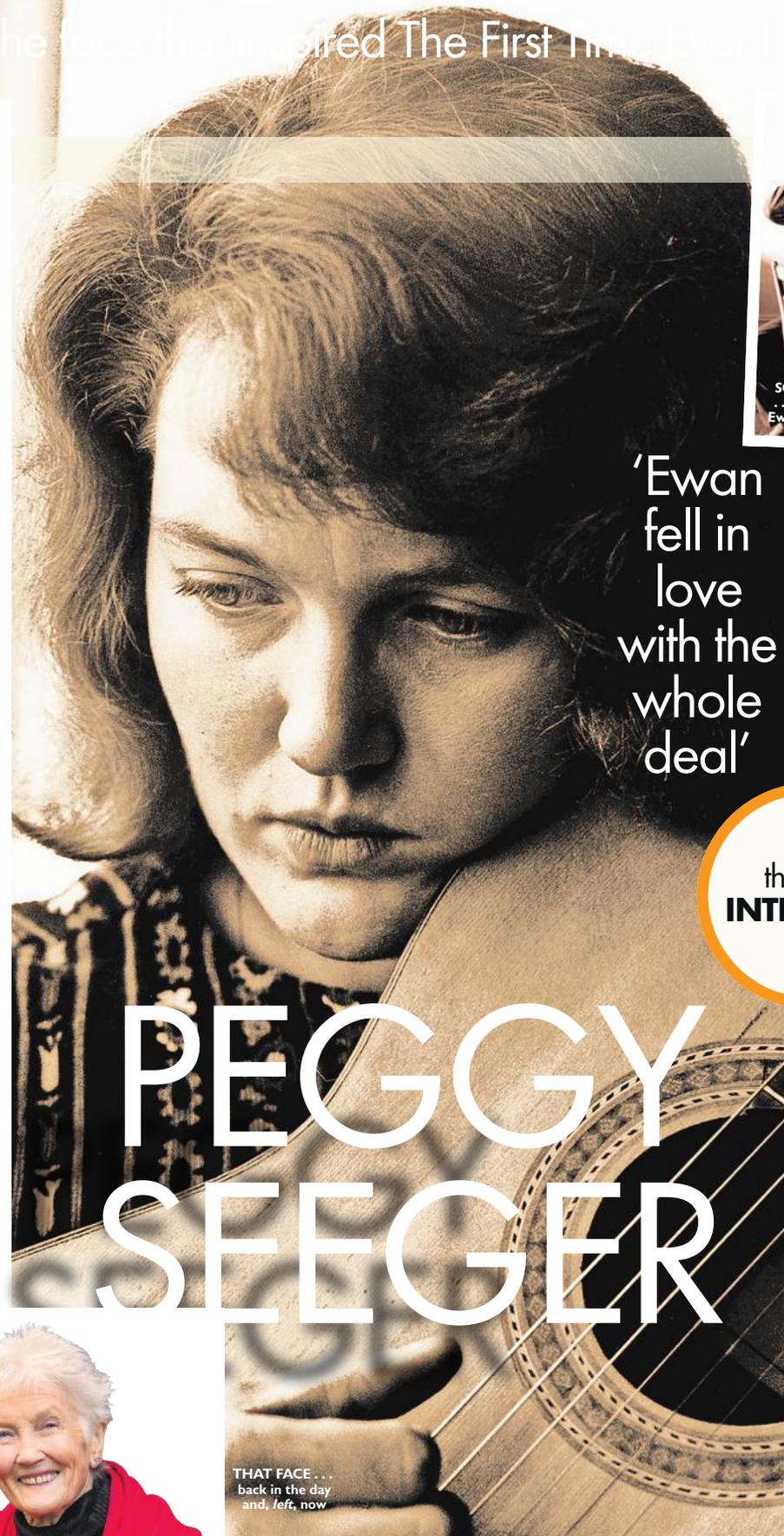
"He was past 40. He was in his midlife crisis. He had a five-year-old son and a tired marriage in which both parties had already been unfaithful."

"Then along came this just-out-of-teenage American girl with long brown hair and a big banjo with songs that he loved."

We know MacColl was sn but how did the object of desires feel about him?

"The first time I saw Ewan I thought he was the funniest thing I'd ever seen admits Peggy. "Red bear black hair, big ears, smoking." "And he was very, very amorous... shall we put it that!"

The rest, as they say history, with the two folk si



SOULMATES ... Peggy with Ewan in the 60s

'Ewan fell in love with the whole deal'

the BIG INTERVIEW

PEGGY SEEGER



THAT FACE... back in the day and, left, now

from different sides of the Atlantic becoming an item – having children, eventually marrying in 1977 and staying together until his death in 1989.

It's important to note that after MacColl began his affair with Peggy, his second wife, Jean Newlove, gave birth to their daughter, Fairytale Of New York singer Kirsty, in 1959.

Peggy says Ewan was the first love of her life and "my work soulmate". The second is her current partner, traditional singer Irene Piper-Scott.

"I had known Irene for a long time but the first time I REALLY saw her was like a lightning bolt," says Peggy.

She tells me that though Irene has moved to the opposite end of the earth – to New Zealand – they talk every day via WhatsApp in the small window when both are awake.

This brings us to First Time Ever's second verse, which starts: "And the first time ever I kissed your mouth/I felt the earth move in my hand."

"When I sing it, I always remember the first kiss with either Irene or Ewan," says Peggy.

"With Ewan, it was fantastic. He really knew how to do it – I'd been dealing with boys up to then."

The third verse demonstrates the rapid progression of Ewan's relationship with Peggy, from crush to lover.

It goes: "And the first time ever I lay with you/I felt your heart so close to mine/And I knew our joy would fill the earth/And last 'til the end of time my love."

Peggy says: "When it comes to 'lay with you', I have to think of the second time with Ewan because the first time was a disaster. The first time with Irene was incredible, so there you go."

Another aspect of the First Time Ever story is MacColl's less than favourable opinion of the numerous cover versions, what he called "the chamber of horrors".

In the Sixties, other folk artists such as The Kingston Trio, Peter Paul & Mary, Bert Jansch and Gordon Lightfoot felt compelled to record the song but it was soul singer Roberta Flack who gave it global recognition.

It was a sleeper hit, appearing on her debut album First Take in 1969 and only reaching No 1 in the US three years later after featuring in Clint Eastwood's haunting thriller Play Misty For Me. Peggy

Turn to next page

From previous page picks up the story, “Ewan and I opened the post one morning and there was a cheque for something like \$75,000.”

“At the time, we had been groping for work and for money to keep two families.”

“Though we hadn’t heard of Roberta Flack’s version, it turned out that it had whizzed up to the top in America.”

Peggy well remembers their reaction to hearing the song in its chart sensation mode.

“We were both horrified because, as Ewan put it, he wrote it as an hors d’oeuvre and Roberta had turned it into the main meal,” she says.

“My way of singing it takes two minutes and hers takes about five. She milks it but I’ve gotten to like it.”

So what does Peggy think of the Elvis cover?

“Well for one thing, he never got to sleep with her in his song – he danced with her,” she replies with one of those smiles.

“Ewan used to say it was like Romeo down on the ground calling up to Juliet at the top of the Post Office Tower.”

“I have trouble with other people’s versions because I can’t hear them telling their own experiences. I feel that they’re just thinking about singing the song.”

Long after Ewan died, Peggy heard Johnny Cash sing First Time Ever on the fourth instalment of his American Recordings, The Man Comes Around, the last album of his lifetime.

‘Extreme version’

“When I first heard it, I hated it,” she says. “It was the singing of a broken old man.”

To Peggy, this wasn’t what she expected from the singer who had walked the line to resist alcoholism and violence, who had swept June Carter off her feet and had proposed to her on stage.

But, as with Roberta Flack, she changed her mind. “Since thinking about singing things lower, I absolutely love the way Cash sings it,” she confesses.

Of all the various attempts at First Time Ever, Peggy believes that one of hers is the most “off-the-wall”.

She’s talking about a pumping electronic dance rendition on a 2012 album called Folksploitation complete with her vocals.

She says: “I recorded it as low as I could singing Roberta’s tune, not the one Ewan wrote, and a friend of my daughter’s turned it into this dance track.”

“So I was responsible for one of the most extreme versions of that poor little song. You must hear it!”

Our thoughts turn to another stunning MacColl song, The Joy Of Living, written by a man approaching the



COVER... Roberta

‘The Roberta Flack version horrified us ... but I got to like it’



STILL SMILING ... Peggy on stage in later years

end of his life and set in the mountains of Scotland, Wales and England where he loved to ramble.

Peggy provides this moving insight: “The tune is not Ewan’s – it is Sicilian – but it is his swan song.”

“They say that men face death with more fear than women and he was very, very afraid of dying.”

“I’ve tried to figure out if I’m afraid of dying,” she continues. “I will be afraid if I’m in great pain and it is drawn out and undignified... just give me an easy way out with a chance to say goodbye to my kids and my partner.”

Peggy believes that “women are more attached to life than men. Men risk their precious bodies so easily – they jump off the sides of mountains, they stand at the bottom of avalanches, they take risks.”

“They go to war and face other soldiers, and do these soldiers think they’re going to come back? All of them? Why do they do it?”

Her words bring to mind her recent anti-war song How I Long For Peace and a classic written by Pete Seeger in 1955, Where Have All The

Flowers Gone? With wars in Ukraine, Gaza and other places around the world still raging, protest songs new and old stay relevant.

She says of Pete, who died aged 94 in 2014: “Well, we loved each other dearly but it was impossible for us to perform on stage together. We had completely different ways of dealing with things.”

“Pete would just throw himself out there, embrace everybody and make wonderful, wonderful songs without naming any names.”

Peggy says the closest he came to pointing the finger was on Waist Deep In The Big Muddy which appeared during the Vietnam War.

“That suggests a president [Lyndon B Johnson] has taken us into the big muddy and has a wish that he had drowned.”

Peggy laughs when she adds: “I named names though. I did a song about Prince Charles’s wage rise way back. And I can’t remember a word of it!”

Another of her name and shame efforts is called Donald’s In The White House. As you may have guessed, she’s not a Trump fan. “The country will go into civil war if he gets back in. It’s headed that way,” she affirms. “Enough numbskulls!”

After all Peggy’s wonderful recollections, we arrive at the

present day and her upcoming Cambridge Folk Festival show, for which she has suffered a big setback.

On February 4th, I had a bad back injury,” she says. “I’ve been practically out of orbit since then.”

“Now, I can walk with one stick but, for three months, I wasn’t able to lift the banjo. Physically, I was catapulted into a later time of life.”

“I’m doing physiotherapy and I’ve just started to pick up the banjo. I don’t even know if I’ll be able to play it again.”

“But I’ve been singing every day – thank God for my voice!”

Whether it’s with or without her banjo, Peggy has a huge back catalogue of songs to draw on, including those from her acclaimed recent albums, Everything Changes (2014) and First Farewell (2021).

A song from the latter, The Invisible Woman, written with son Neill, has received much attention. It’s about how people don’t look at older women.

“And into my teens I was never not seen,” she sings.

Then she muses wryly: “Eighty years have gone by in the blink of an eye/Now it seems that I’m not here at all.”

Having spent an hour in her company, all I can add is that Peggy Seeger, as she enters her 90th year, remains a vibrant, vital, very visible woman.

Cambridge Folk Festival
CHERRY HINTON HALL
25-28 JULY
2024

THIS year’s edition of the enduring festival finds Led Zeppelin legend Robert Plant presenting Saving Grace featuring Suzi Dian (Fri). Other highlights include Ralph McTell (Thurs) and Transatlantic Sessions, Larkin Poe, Turin Brakes (Sat). Peggy Seeger & Family play on Sunday as do Blue Rose Code and Oysterband.



DEE C LEE

Wham! offered me my first taste of life as a pop star

BEST known for her work with Wham! and The Style Council, Dee C. Lee has always been more than a backing singer. Effortlessly stylish, with a voice suited to jazz and soulful R&B, she has been a solo artist since the early Eighties. She tells JACQUI SWIFT how the artists she has worked with have helped her and about her brilliant second solo album ...

IT HAS been 25 years since you released an album – why was the time right now?

I never really stopped writing, but there was so little time and head space when you have two kids. Once they left home and my children were having children, it felt that life was starting to fly by and that I had better get my act together and make some more music.

You wrote Walk Away with Mick Talbot

He’s always someone I go to when I’m looking for backing tracks and we came up with this over a coffee and a keyboard. I was just a kid when I started working with Paul, Mick and Steve White and I consider myself very fortunate to still have them in my life.

What are your memories of The Style Council?

How long have you got? All of my memories are happy; of growing musically, as well as stretching and learning about my voice in a pushed-up-front, thrown-in-at-the-deep-end kinda way. Making life-long friends and so much fun and laughter.

How would you describe your sound on this album?

Happy jazz pop – everything from funk, acid jazz, Motown and more. I wanted this album to represent my journey through music, taking in my work with Wham!, Slam Slam, Central line, Guru’s Jazzmatazz and The Style Council.

Everyday Summer was written by your daughter Leah

Leah and I have always talked about working together but in the future, when she’s ready and I’ve established myself again. We hang out together all the time and know each other musically very well. When I was putting together Just Something I was looking for a track with a different vibe. I’m so pleased it’s on the album and I’m so proud of her.

Your children are both creative – are you happy they both followed in their parents’ footsteps?

It means the most that both of my children are happy in whatever they chose to do. Me and their dad [Paul Weller] have never been particularly pushy – other than to enjoy what they do, stick with it and see it through.

What are your memories of your Wham! days and working with George Michael in particular?

Wham! gave me my first introduction to living as a fully fledged pop star in the musically amazing Eighties. George made a point of looking after me and took me under his wing, even though he was also green to the business. I’m still friends with Andrew and Shirley and we get together from time to time. I have nothing but wonderful memories of that time.

What can you remember about Top Of The Pops?

I even appeared twice on the same episode with Wham! and The Style Council. Top Of The Pops was huge at that time – and I remember meeting Thin Lizzy and trying to escape the clutches of Rick James. I’m still grateful to George for holding on to me as I was nearly being kidnapped by him. It was all fun.

Girls Aloud had a hit with your song See The Day

All I can say is that to have such an amazing and brilliantly successful female pop group select one of my songs to cover is one of the biggest compliments to my career I could ask for. I’ve got nothing but love for those girls and the lovely Sarah Harding who sadly passed. I hope they have a wonderful tour.

You recently played at Rough Trade East. Will there be more live shows soon?

I really do hope so. I’m raising to go. Plans are being made, so news on that soon.

Just Something is out now and single Back In Time is out June 14



DEE C LEE
Just Something
★★★★

NEW RELEASES

PAUL WELLER
66

The title here refers to Weller’s 66th birthday this weekend – and there’s a reflective and introspective mood to his most collaborative album to date.

Ship Of Fools is crafted from a poem by Madness star Suggs, while the uplifting Rise Up Singing started life as a musical sketch on Dr Robert.

Laidback and soulful, Nothing has a brass section tooting softly in the background and a blissful, mellow vibe which is all-enveloping.

Noel Gallagher guest-vocals on the guitar-driven and tightly wound Jumble Queen – already a live favourite. This is Weller’s 17th solo album and he still has the passion to create.

★★★★ JS



LENNY KRAVITZ
Blue Electric Light

HEAVY on funk and boasting monster riffs, Kravitz’s 12th album doesn’t stray far from what he’s best at but it’s still a punchy body of work.

He keeps his upbeat funk-rock contemporary on this self-produced album, made in the Bahamas, on which he plays most of the instruments.

TK421 has a growling bass line and a strutting swagger, while Let It Ride is synth-heavy, slow and seductive. Honey is a mellow and soulful ballad, although the lyrics are a bit cheesy.

It’s Just Another Fine Day (In This Universe Of Love) is an anthemic funk banger which will fill arenas with a good-time vibe of love for all.

★★★★ JS



ISOBEL CAMPBELL
Bow To Love

THE Scots singer is noted for her work as a founder member of Belle & Sebastian, gracing such early wonders as If You’re Feeling Sinister, and her three ravishing duet albums with late, great Mark Lanegan.

Now she’s really back in the swing of her solo career with the follow-up to 2020’s There Is No Other. Though her vocals remain hushed and intimate, her arrangements lovely and laidback, the bite comes with lyrics that take aim at woes both personal and universal.

“Everything falls apart, you son of a bitch,” she intones softly ... and that delicious duality makes this a rewarding listen.

★★★★ SC



s f t w MOVIES

TOP 5 FILMS THIS WEEK

- 1 If
 - 2 Kingdom Of The Planet Of The Apes
 - 3 The Fall Guy
 - 4 The Strangers: Chapter 1
 - 5 Challengers
- Chart from britinfo.net

CRIME BOOKS ROUND-UP

Edited by **NATASHA HARDING**

PICK OF THE WEEK

THE WILD SWIMMERS
William Shaw, £20

THE wild swimmers regularly go for a dip in the sea off Dungeness – until the body of one, Mimi Greene, washes up and is found by the daughter of local cop Alex Cupidi.

It soon emerges it was no accident and Mimi's boyfriend Malcolm, a charming ne'er do well, has vanished. Meanwhile, Alex's colleague Jill is in shock when a convicted killer claims to be her dad.

Clever, understated and believable, Shaw's atmospheric DS Cupidi books are one of the great British crime series.

★★★★★ SJC



THINK TWICE

Harlan Coben, £22

SPORTS agent Myron Bolitar's client, basketball star Greg Downing, died years ago. Myron gave the eulogy at the funeral.

So how come the FBI are in his office telling him Downing's DNA has just been found at a double murder scene?

Myron has a history with Greg – the latter ruined his hopes of a career as a top-flight basketball player. So if he IS alive, then Myron wants to know what's going on.

It's another gripping tale from the modern master of the impossible plot twist.

★★★★★ SJC



HUNTED

Abir Mukherjee, £14.99

DURING the presidential election campaign, a suicide bomber kills 65 people in an LA mall.

The Islamist terror group responsible threatens to kill the candidates at their rallies so the FBI goes all out to stop it.

Then it emerges a radicalised British teenager and an ex-US soldier are involved. But could they actually be innocent? And can their respective parents find them before more tragedy ensues?

This intelligent chase thriller – it's Mukherjee's first – is extremely timely.

★★★★★ SJC



THE INSTRUMENTS OF DARKNESS

John Connolly, £20

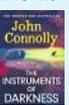
PI Charlie Parker takes on the case of a wife accused of killing her young son and hiding the body.

Everyone in the Maine town where Colleen Clark lives thinks she is guilty, including her husband.

Then a psychic claims she can hear the boy's cries, leading Parker to a creepy house in the woods...

Connolly has invented his own rather brilliant genre, mixing crime fiction, ghost stories and horror, but this 21st in the series does seem a bit tired.

★★★★★ SJC



THE BEACH BOYS
(16+) 114mins

★★★

from his boat while drunk. Director Frank Marshall prefers to focus on the group's musical development.

The main talking heads on show, singer Mike Love and guitarist Al Jardine, give

the impression that in general all was well with the quintet.

This film could have done with someone kicking up a little bit more sand.

GRANT ROLLINGS

WHAT do you get when you cross a Monday-hating, lasagna-loving orange tabby named Garfield with a popular Marvel actor?

The answer is: a disappointingly unremarkable adaptation of a much-loved cartoon creation.

Created by Jim Davis almost five decades ago, popular comic strip, Garfield, is on its third movie. The first and second came out in 2004 and 2006, respectively, with each film garnering less enthusiasm than its predecessor.

The Garfield Movie, follows our favourite lazy tabby, voiced by Star-Lord himself, Chris Pratt, as he is unexpectedly reunited with his long-lost father Vic (Samuel L. Jackson).

As he and his canine best friend Odie are forced out of their pampered life with owner Jon (Nicholas Hoult), the two must battle Jinx, an



THE GARFIELD MOVIE
(U) 101mins

★★

evil mastermind kitty voiced by Hannah Waddingham, to help Vic out of a tight spot.

Sadly, director Mark Dindal often fails to grasp the nuances of Davis's original work in a film that feels out

of its depth in its storytelling. For an origin tale, there is little here that's truly reminiscent of the simple comic strip about a lazy cat and his long-suffering owner.

LINDA MARRIC



Dulcie Pearce AT THE MOVIES

"WE don't need another hero," warbled Tina Turner as the end credits rolled on 1985's Beyond Thunderdome.

FILM OF THE WEEK

It was a tuneless end to the final instalment of Aussie director George Miller's original and wonderfully grim Mad Max trilogy. But Miller would change his mind about those lyrics.

Nine years ago, his post-apocalyptic series roared back to life with the thrilling Fury Road.

Tom Hardy replaced Mel Gibson's Max, but most of the heroics were performed by Charlize Theron's one-armed warrior Furiosa.

In the striking fifth film in what is now, a "Mad Max saga" Miller ditches Max to focus on his brilliant new heroine Furiosa, a Theron-free prequel to Fury Road, has all the ingredients of a classic Mad Max movie.

We are served stomach-churning carnage, sun-blasted desert landscapes and hi-octane chases.

Crucially, it also has an achingly cool lead. Furiosa is a heroine of few words. She does her talking with her fists, her trigger finger and, after Anya Taylor-Joy takes over from child actress Alyla Browne, a pair of huge, unblinking eyes.



FAST AND FURIOSA ... Taylor-Joy as Furiosa and, inset, Hemsworth's Dr Dementus



Anya takes it to the Max

FURIOSA: A MAD MAX SAGA
(15) 148mins

★★★★★

There is, though, a noticeable change of pace. The 2015 movie was one, long action sequence that played out over 36 hours.

Here, the action spans around 15 years and is split into five episodic "chapters". Chapter one is a belter. A pre-teen Furiosa (Browne) is

kidnapped by a gang of leather-clad bikers from her secret community of normally dressed farmers.

Her mum grabs a sniper and gives chase, picking them off as they make their way to Dr Dementus, their hammy leader, played by Chris Hemsworth with a dodgy prosthetic nose.

The first half of the movie chronicles Furiosa's troubled childhood as she witnesses Dementus crucify her mum, vows revenge and then is

forced into the service of the warlord, Immortan Joe (Lachy Hulme).

The most jaw-dropping stunts appear in the second half, after Furiosa (now Taylor-Joy) partners up with "war-rig" driver Praetorian Jack (Tom Burke) to ferry Joe's petrol down Fury Road.

The time jumps between chapters can be confusing. But the revenge plot is propulsive, the action stunning and Taylor-Joy tremendous.

ANDY LEA

FILM NEWS

DWAYNE JOHNSON plays an MMA fighter in *The Smashing Machine*.

● **GLEN POWELL** will star in a new adaptation of *Heaven Can Wait*.

● **THE Phantom Menace** will be remastered in 4K to celebrate its 25th anniversary this year.

The NightBazaar Fatboy Slim makes a great role model

By **MARK GWINNETT**



EVERYONE loves Fatboy Slim – a multi-talented, home-grown chameleon of dance music and treasured UK house ambassador.

While Norman Cook defines what it means to be a household name, his Southern Fried Records imprint has co-existed somewhat under the radar in comparison.

Yet few labels have stood the test of time quite like it, topping off with the release of its 500th single and a party at Akasha, Ibiza this week. New track Role

Model welcomes back the label head himself, marking his first original piece of music this year.

We caught up with Fatboy this week, where he talked us through ten essential records from Southern Fried – including Elton John's No1 hit Are You Ready For Love from 2003.

Head to thesun.co.uk/music to listen to the interview and read what he had to say. And find out how Elton and Ian Brown inspired a stellar edition of The Night Bazaar Music Show this month.

GAMES



Edited by **DEREK BROWN**

SENUA'S SAGA: HELLBLADE II PC/Xbox – £49.99 or free on Game Pass

IF you like your video games to look as good as movies, then Senua's Saga: Hellblade II is for you. It may be the most visually arresting game I've seen.

Set in 10th Century Iceland, it is full of grumpy, bloody sword fights and enchanting environmental puzzles.

It's also very short – at just six hours, you can blast through it on a weekend, but it is quite a journey. The controls are tight, every fight feels real and there are some

genuinely wow moments. Worth dipping into Game Pass for. ★★★★★

PAPER TRAIL All formats, £15

THIS gorgeous puzzler is one of the most charming games I've played this year.

You play a girl called Paige, who is trying to get to university to study astrophysics.

The world you move through is made up of sheets of paper you must fold in order to proceed. It starts simple-ish and gets very head scratchy, but is usually satisfying. ★★★★★

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Tools For Every Task

Complete with an Advanced Home & Pet Tool Kit, the SpotWash Home Pet-Design is equipped to help you clean anywhere in the home and car. For those particularly unsightly messes, there is also a dedicated messy tool, so you'll not need to worry about any cross contamination of cleaning tasks. And when the accidental spills and stains are in hand, it's great for cleaning soft furnishings, and refreshing and reviving upholstery.

Compact & Convenient

The VAX SpotWash Home Pet-Design is designed to be easy to 'grab & go' for when those unexpected messes appear. With its compact design, it fits neatly into cupboards for storage and the tools and tanks are easily removed for cleaning and emptying. Plus, for added reassurance, each of the cleaning attachments have an antimicrobial treatment which helps protect against the growth of bacteria and fungi.

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By **ASHLEY ARMSTRONG**

✉ ashley.armstrong@the-sun.co.uk

🐦 @AArmstrong_says



Cash bonus... Nationwide

MUTUAL'S FRIENDS' £100 GIFT

MEMBERS at NATIONWIDE will be getting a £100 bonus for the second year in a row.

The mutual is dishing out £385million under the Fairer Share scheme to customers who have a savings or mortgage account.

Only those who were members before March 31 qualify. Nationwide is also trying to woo new customers by offering £200 cashback and the promise of future bonuses when they open a current account.

Chief exec Debbie Crosbie said the bonus was "only possible because we are owned by members and all our profits are reinvested for their benefit".

Most banks such as LLOYDS are owned by investors.

The payout came as Nationwide reported pre-tax profits had dipped 22 per cent, from £2.2billion to £1.7billion.

The bonus payment may sweeten members who felt miffed to be denied a vote on Nationwide's £2.9billion takeover of VIRGIN MONEY.

SHARES

- BARCLAYS** up 3.55 to 215.00p
- BP** up 0.85 to 482.55p
- CENTRICA** down 3.40 to 143.90p
- HSBC** down 1.40 to 691.40p
- LLOYDS** down 0.60 to 55.78p
- M&S** up 4.60 to 292.60p
- NATWEST** down 6.30 to 307.20p
- ROYAL MAIL** down 12.80 to 314.80p
- SAINSBURY'S** down 6.00 to 277.40p
- SHELL** up 12.00 to 2,772.50p
- TESCO** up 0.30 to 312.30p

£6.2M HIT FOR HSBC

HSBC has been hit with a £6.2million fine for being unfair to customers who had fallen behind on payments or were in difficulty with money.

The financial watchdog said that the bank put around 1.5 million people at risk of greater harm by taking "disproportionate action" between June 2017 and October 2018.

The fine from the FCA would have been £2.7million more had HSBC not come forward itself about its bad practice.

GRID TO PYLON £31BN INTO LECCY

NATIONAL GRID is spending £31billion on more pylons and connections after the Ukraine war made home-based electricity all the more important. The Grid, which transports energy from generators to households and businesses,

will double infrastructure investment over five years, partly via a £7bn rights issue. Households pay around £22 of their average £1,800 energy bills for energy transmission. Grid boss John Pettigrew said that while the transmis-

sion charge may go up, overall bills should come down with cheaper electricity. The Grid has been criticised for being slow to offer connections for wind and solar farms. But Mr Pettigrew said that the log-jam was largely

due to developers clogging the queue for connections only to later abandon projects. Octopus Energy boss Greg Jackson said: "We desperately need to build this infrastructure fast so users get cheaper, more secure electricity."

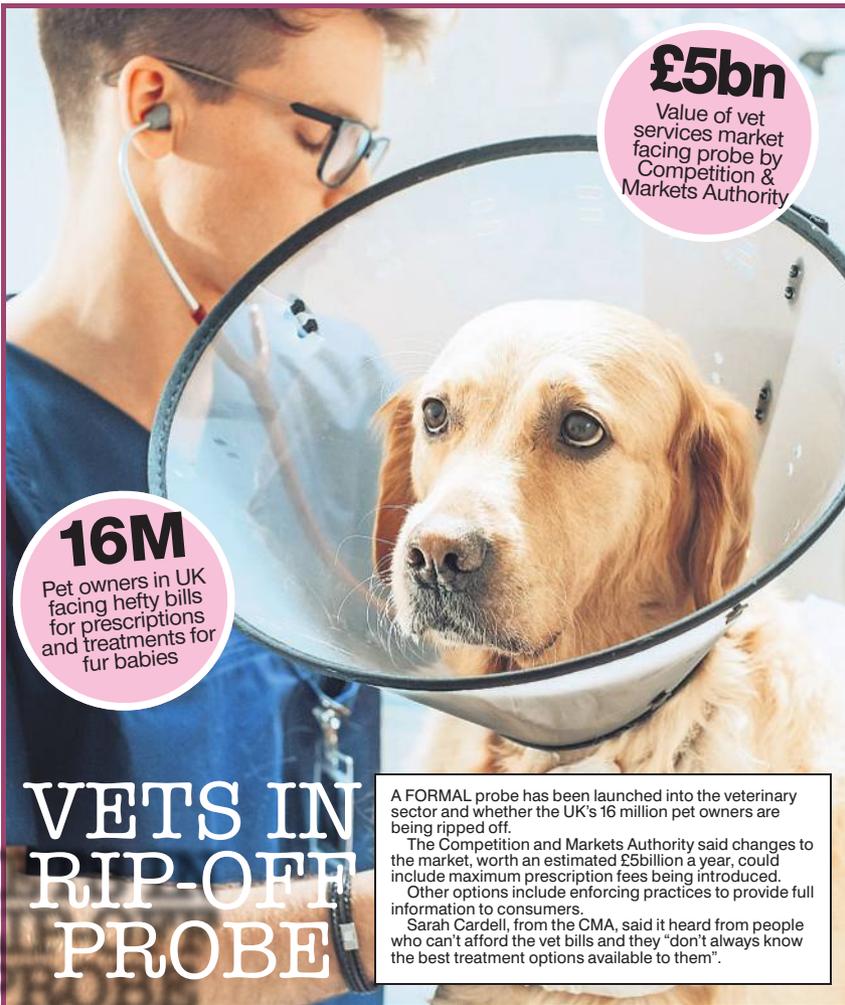


● **VOTING HALTS NATWEST SALE**

● **THAMES WATER DECISION DELAY**

● **BANK GUV'NOR TO STAY QUIET**

POLLAXED!



£5bn
Value of vet services market facing probe by Competition & Markets Authority

16M
Pet owners in UK facing hefty bills for prescriptions and treatments for fur babies

VETS IN RIP-OFF PROBE

A FORMAL probe has been launched into the veterinary sector and whether the UK's 16 million pet owners are being ripped off. The Competition and Markets Authority said changes to the market, worth an estimated £5billion a year, could include maximum prescription fees being introduced. Other options include enforcing practices to provide full information to consumers. Sarah Cardell, from the CMA, said it heard from people who can't afford the vet bills and they "don't always know the best treatment options available to them".

BEST laid business plans have been thrown into chaos by Rishi Sunak's announcement of a General Election.

Officials were expected to start the Government's sale of shares in **NATWEST** in June. But this has now been put on hold by the decision to send Britain to the polls on July 4.

Calling an election triggers a purdah period that restricts government activity in the run-up to the vote. And July is not possible because of the timing of NatWest's financial results.

But it could be revived in the autumn. It is understood that Shadow Chancellor Rachel Reeves also believes the bank should be in private hands but could opt to just keep selling shares in the market, as has already been done, rather than stage one big event. The City had been so confident the NatWest share sale was about to kick off that rival bank **BARCLAYS** placed full-page ads in newspapers yesterday advising people to sign up for alerts and how to invest in shares.

The fate of **THAMES WATER** is on even shakier ground as the regulator Ofwat will have to delay its decision from June 12 on whether it can raise bills by 56 per cent. Thames Water has also put forward a £20billion investment plan to fix its leaky pipes. But it cannot raise critical lifeline funds from investors until they know its business plan has approval. If that is rejected by Ofwat, the



Silenced... Mr Bailey

alternative is a government-backed form of bankruptcy known as "special administration".

As a result, Thames Water could be a big political headache that Labour would inherit should Sir Keir Starmer's party win the election.

But the City will be spared the endless roadshow of Bank of England officials, such as governor Andrew Bailey, spouting conflicting views on inflation and interest rates. It has cancelled all public statements but will still make a decision on interest rates on June 20.

CASH PINCH EASING

BRITS are feeling the most upbeat about their finances since December 2021, figures show.

The Gfk Index is now at -17, a two-point gain from April on the consumer confidence tracker, and ten points better than this time last year.

Separate stats showed the services sector's growth has slumped to the weakest level in six months.

The closely watched S&P Purchasing Managers Index also showed services inflation had fallen, which could be good news in the bigger battle to tame consumer inflation.

GOT A STORY?

✉ ashley.armstrong@the-sun.co.uk

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Sunemployment

Jobspot

SUPERCAMPS has summer roles for Lego instructors, camp managers and cooking instructors at its kids' venues. Applicants must be DBS cleared. For details, see supercamps.co.uk/summer-camp-jobs-uk.



LIFEGUARD . . . pool work

BAG THAT SUMMER POSITION

WITH fewer summer jobs around this year, competition will be tougher.

A spokesman from recruiters Pertemps said: "Not only is the summer a great time for garden parties, but it's also a peak time for work."

"Many industries have a huge rise in traffic and sales over the summer holidays, meaning vacancies also increase."

Here are the firm's insider tips to secure the job you want.

- 1 Start now. Companies are already searching for their summer staff so apply early.
- 2 Be flexible. Many summer roles are temporary with changeable hours depending on demand. The greater your availability, the more likely you are to be in with a chance.
- 3 Stand out from the crowd. Tailor each application to the specific company, thinking about the benefits you will bring to their organisation. Putting in that little extra effort is worth it.
- 4 Search in new places. As well as job boards and recruiters, try approaching hiring managers directly on LinkedIn or find their contact details. Call companies you would like to work for and see when they are hiring. Look in newspapers and shop windows, too.
- 5 Don't worry if you don't have the qualifications. Summer work is a way to get your foot in the door and learn new skills. You can draw on any element of experience – academic or practical. Apply and see what happens.

Jobspot

GET into the coolest summer gigs for free. E4S has almost 100 vacancies for staff to work at top summer festivals. You can search and apply at e4s.co.uk/jobs/1-summer-festival-jobs.htm.

Edited by Jane Hamilton



The section that helps you find work jobs.thesun.co.uk

SPRUCE UP INCOME

HOUSEHOLDERS are tidying up their pads for summer entertaining – so if you have DIY or cleaning skills, it's a chance to make extra cash.

Local services platform Airtasker reports demand for cleaners is up 250 per cent, gardening 165 per cent and house painting requests have jumped by more than a third. Hourly pay on the site ranges

from £15 to £65, depending on the job, and you can work when it suits you.

Douglas Toy, Airtasker UK country manager, said: "With the delay in the hot weather this spring, we expect to see people planning summer spruce-ups from now until July."

For further details about jobs available see airtasker.com/uk/earn-money.

ENJOY PARK LIFE

LOVE to be beside the seaside? Then a summer job in a holiday park could be for you.

Haven has 361 positions, including sports and leisure assistants, chefs and grounds and garden team members.

A spokesman said: "If you've just finished school, college or uni or just want to earn some extra cash, we have summer jobs available." For details, see

jobs.haven.com/search. Butlins has vacancies for cleaners, bar managers, funfair team members and electricians. See jobs.butlins.com.

Pontins and sister firm Britannia Hotels is hiring beauty therapists, cleaners, bar staff and cafe attendants.

Discover the full range of roles at britanniahotels.com/careers-in-hospitality.



HAVEN . . . holiday park jobs

THE weather is finally getting warmer - and the summer jobs market is hotting up too.

The last May Bank Holiday is the traditional time to start searching for a seasonal role, and the latest figures show there are almost 16,000 available across the UK.

Although numbers are lower than last year, there are still plenty of positions in key industries, including hospitality, cleaning, education, sports and administration.

Taking a summer position can be a great way to gain experience, get back into work, or to earn extra cash to beat the cost-of-living crisis.

Jobs board Adzuna has reported a spike in roles for catering, sales and retail, which are ideal for those who are entering work for the first time.

Co-founder Andrew Hunter explained: "For young jobseekers, summer jobs also provide valuable experience and connections, setting you up for future success."

Starting point

You can use temp work to try out a new sector. Just like Christmas employment, around one in eight summer positions leads to a permanent job offer.

Merlin Entertainments is a huge seasonal employer with hundreds of roles available at top attractions including Chessington, Alton Towers and Warwick Castle.

The jobs are open to anyone over the age of 16 with completed GCSEs and include lifeguards, housekeeping, sales and admissions, ride operators and retail assistants.

Kahera McDonald started working at the London Eye aged 21, with a summer job delivering VIP experiences, and now, at 28, is the senior ride manager.

She said: "A summer job is a starting point, and we must begin somewhere."

"Even if it is only for a short period of time, it is important to enjoy the process, be open to new experiences, learn, grow and absorb the opportunities that come your way. You don't know where they could lead."

"I never thought I would be in a

16,000 SEASONAL ROLES TO BE FILLED

HERE WE GO . . . summer jobs likely at Alton Towers

Get the thrill of a new job



EYE FLIER . . . Kahera

role like this long-term but the opportunities that I have had the privilege of experiencing and the relationships that I have built at the London Eye have truly shaped me into the person that I am today."

You can apply for a role with Merlin at merlinincareers.com.

A Department of Works and Pensions spokesman said: "Summer jobs are a brilliant first step for people into the world of work, or a stepping stone for those moving back into employment."

"If you're keen to get stuck in

this summer, go online to the Find a Job website or speak to your local Jobcentre to see what exciting options are out there."

SIX QUICK WAYS TO START YOUR SUMMER JOB SEARCH

- 1 Consider where you want to work. Are you looking for a job at the coast, at a major attraction or closer to home? Decide which suits you best, then tailor your search.
- 2 Use a recruiter. Manpower.co.uk/jobs and brookstreet.co.uk/jobs are two of the UK's top specialists in summer posts.

3 Target firms likely to be hiring. Hospitality, outdoor activities, airlines and airports plus holiday parks are among the biggest seasonal employers.

4 Ask locally. Nearby pubs and restaurants, care homes and summer camps will all need extra staff.

5 The National Careers Service offers a very helpful guide at nationalcareers.service.gov.uk/seasonal-work.

6 You can also search for roles at findajob.dwp.gov.uk/search?q=summer+seasonal.

Search over 50,000 jobs from the UK's top companies at jobs.thesun.co.uk

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streaming services. Bluetooth 4.2 links to other devices, like your car speakers.

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By L L, 02 Dec 2022

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SPORTS ROUND-UP
RESULTS & FIXTURES

CINCH SCOTTISH PREMIERSHIP
PLAY-OFF FINAL FIRST LEG
RAITH (0) 1 ROSS CNTY (0) 2
Slanton 82 Dhandra 53 (pen)
Baldwin 71
Att: 6,216

SERIE A - Cagliari 2 Fiorentina 3.

BASKETBALL

NBA PLAY OFFS: Western Conf Final
- Minnesota Timberwolves 105 Dallas Mavericks 108 (Dallas lead best-of-7 series 1-0).

CRICKET

WOMEN'S FIRST ODI
England v Pakistan
Derby: England 243-9 (50 overs), Pakistan 206-9 (50 overs). **England beat Pakistan by 37 runs.**

TRI-NATION T20I SERIES

Ireland v Scotland
Voorburg: Scotland 157-9 (20.0 overs; M R Adair 3-36; C A Young 3-31); Ireland 158-5 (19.3 overs; A Balbinnie 56; L J Tucker 55; C B Sole 3-28). **Ireland win by 5 wickets** (Ireland win Tri Nations Series).

CYCLING

GIRO D'ITALIA: Stage 18 (Fiera di Primiero to Padova 166km): 1 T Merlier (Bel) Soudal Quick-Step 3h 45m 44s; 2 J Milan (Ita) Lidl-Trek 3 K Groves (Aus) Alpecin-Deceuninck both at same time. **Overall:** 1 T Pogacar (Slo) UAE Team Emirates 67h 17m 2s; 2 D Martinez (Col) BORA-hansgrohe +7m 42s; 3 G Thomas (Gbr) INEOS Grenadiers +8m 04; 4 B O'Connor (Aus) Decathlon AG2R La Mondiale +9:47.

TOUR OF NORWAY: Stage 1 (Voss, 142km) - 1 T Nys (Bel) Lidl-Trek 3h 21m 34s; 2 A Holter (Nor) Uno-X Mobility +4s; 3 A Laurance (Fra) Alpecin-Deceuninck at same time.

GOLF

SOUDAL OPEN (Antwerp): **1st Rnd** (GB & Ir unless stated) - 62 S Jones (Nz), 64 R Langstaffe (Fra), I Evira (Spa), M Jordan, N Nørsgaard Moeller (Den), A Wilson, 65 C Syme, 66 M Baldwin, A Cookerill (Can), A Fitzpatrick, A Del Rey (Spa), R Fisher, J Bixt (Swe), N von Dellingshausen (Ger).

JABRA LADIES OPEN (Evian-les-Bains, France): **1st Rnd** (GB & Ir unless stated): 66 A Sauzon (Fra), I Lakelach (Mor), 67 J Melichova (Cze), M Metraux (Swi).

DARTS

PREMIER LEAGUE FINAL (O2 Arena, London): **Semi-finals** - L Littler (Eng) bt M Smith (Eng) 10-5; L Humphries (Eng) bt M van Gerwen (Ned) 10-5. **Final** - L Littler (Eng) bt L Humphries (Eng) 11-7.

ICE HOCKEY

NHL PLAY OFFS: Eastern Conf Final
- New York Rangers 0 Florida Panthers 3 (Florida Panthers lead best-of-7 series 1-0).

SPEEDWAY

ROWE MOTOR OIL PREMIERSHIP
- King's Lynn 45 Ipswich 45 (Ipswich win superheat 6-3, Ipswich win agg bonus pt), Oxford 46 Belle Vue 44 (Belle Vue win agg bonus pt), Sheffield 50 Leicester 40 (Sheffield win agg bonus pt).

TENNIS

ATP GENEVA OPEN (Switzerland): **Qtr-finals** - T Machac (Cze) bt A Michelsen (USA) 6-3 7-6 (7-2); N Djokovic (Ser) bt T Griekspoor (Hol) 7-5 6-1; F Cobolli (Ita) bt A Shevchenko (Kaz) 6-4 6-4; C Ruud (Nor) bt S Biazek (Arg) 6-3 3-6 6-4.

ATP LYON OPEN (France): **Qtr-finals** - L Darderi (Ita) bt A Rinderknech (Fra) w/o T Elcheverry (Arg) bt D Koepfer (Ger) 6-4 6-1; A Bublik (Kaz) bt P Kotov (Rus) 6-7 (4-7) 6-7 (7-4) 6-3; G Mpetshi Perricard (Fra) bt H Gaston (Fra) 6-4 4-6 6-3.

WTA INTERNATIONAUX DE STRASBOURG (France): **Qtr-finals** - L Samsonova (Rus) bt B Maia (Bra) 6-3 6-0; M Keys (USA) bt M Linette (Pol) 6-1 6-3; D Collins (USA) bt C Burel (Fra) 6-1 6-3.

WTA GRAND PRIX DE SAR LA PRINCESSE LALLA MEYEM (Rabat, Morocco): **Qtr-finals** - V Tomova (Bul) bt L Siegemund (Ger) 6-4 6-3; P Stearns (USA) bt L Bronzetti (Ita) 6-4 4-6 7-5; M Sherif (Egy) bt S Sarmbes Tomo (Spa) 6-3 6-3; K Rakhimova (Rus) bt E Cocciardi (Ita) 7-5 7-5.

FRENCH OPEN QUALIFYING (Paris): **Men's Singles 3rd Rnd** - V Vacherot (Moc) bt B Harris (GB) 7-6 (7-2) 7-5.

TODAY'S SPORT

FOOTBALL
Friendly: A-League All Stars v Newcastle (8.05am).

UEFA U17 European Championship Group D: Portugal v England (6.30).

CRICKET
County Championship (day 1 of 4, 11am) - **Division One:** Durham v Somerset (Riverside), Hampshire v Surrey (The Rose Bowl), Kent v Essex (Canterbury), Lancashire v Warwickshire (Old Trafford), Worcestershire v Nottinghamshire (New Road).

Division Two: Gloucestershire v Derbyshire (Bristol), Leicestershire v Glamorgan (Leicester), Middlesex v Sussex (Lord's), Northamptonshire v Yorkshire (Northampton).

Second Twenty20 International: Netherlands v Ireland (Amstelveen, 10am).

IPL Qualifier 2: Sunrisers Hyderabad v Rajasthan Royals (Chennai, 3.0).

CYCLING

giro d'italia - Stage 19 (Mortigliano to Sappada, 157km).

London classique - Stage 1 (Saffron Walden to Colchester, 159.2km).

NETBALL
Vitality Superleague: Loughborough Lightning v Sirens (6.0), Severn Stars v Saracens Mavericks (7.30), Team Bath v Manchester Thunder (7.30).

RUGBY LEAGUE
Betfred Super League (8.0): Castleford v Hull, Huddersfield v St Helens v Leeds. **Betfred Championship** (7.30): Sheffield v Dewsbury.

Betfred Women's Super League (5.30): St Helens v Leeds Rhinos.

RUGBY UNION
European Challenge Cup Final (8.0): Gloucester v Sharks. **RFU Championship** Nottingham v Caldy (7.45).

DARTS TIME FOR CHANGE?

Our new Premier League Minister



HUMPH CALLS FOR FANS' VOTE ON LEAGUE FORMAT

LUKE HUMPHRIES wants arrows fans to go to the polls this summer — and decide on Premier League Darts' future.

The eight-person invitation tournament — which carries the second-richest purse in the sport, celebrates its 20-year anniversary in 2025.

It originally started out as a round-robin league format, where tungsten throwers had one match each night and draws were part of the fun.

In 2022, it changed to a nightly knockout contest involving eight players, where there is one winner each evening.

Michael van Gerwen, in particular, is a critic of the change and hates the regularity of playing the same top stars week in, week out.

And the day after a General Election was called, reigning world champion Humphries, 29, said there should be a proper discussion among the paying public.

Cool Hand Luke, who lost last

By ROB MAUL

night's Prem final to Luke Littler, said: "It's all about what works for the fans. I'm happy to play in whatever the fans want, whether it's one game a night or a knockout format.

"They should do a poll. What do the fans want? What do the fans want to see?"

"At the end of the day, this is for the fans. Maybe they would have a good choice. And whatever they choose, none of us can moan.

"At the moment, you have got the likes of me and Michael van Gerwen, that is a special game in darts. So, too, me and Luke Littler.

"But we have played each other about six or seven times this year already in the Premier League. So it takes away that special moment."

The PDC have no plans to change the format and are satisfied with how it is structured, having consulted supporters.

Officials say that the knockout competition encourages fans in the arenas over 16 weeks to stay until the very end as they want to witness an overall winner.

Van Gerwen, a three-time world champion, said: "For me, as a player and as a darts fan, I'd rather not play all the top players all the time in a row. It becomes less special.

"On the other side, if you are in the venue, watching the darts and they bring in the money, buying the tickets, they want to see a winner at the end of the night.

"I get it. But for me, as a player, I prefer one game on the night.

"Back in the day, at the beginning of the Premier League, let's say I was playing Phil Taylor, it's week seven, everyone was leading towards those games.

"Now it's a little bit special. For the people in the crowd, I get it. It is better for the people in the crowd."



LUKE AT THIS . . .
Littler with his trophy

LUKE

From Back Page
Humphries on January 3 in the final of the World Darts Championship at Ally Pally.

As he collected the pyramid-shaped trophy, Littler roared to the punters: "One thing I want to say, for all the doubters: 'Hello, I have just picked up this . . .'"

"You're not doubting me any more. Best night of my life? 100 per cent yes.

"I couldn't believe it. When I went over to Luke, he said: 'Go and celebrate with your family.'"

Fans sang "Walking in a Little Wonderland" as he emulated the likes of Phil Taylor, Michael van Gerwen and Gary Anderson by succeeding on his debut appearance.

Littler — the most famous darts player on the planet — received £275,000 for this stunning triumph at the climax of the eight-player invitational tournament.

He will also get a £40,000 bonus for the four nightly victories, which saw him top the table.

Littler, who thumped Michael Smith 10-5 in the first semi-final, managed to cope with the adrenalin of a nine-darter to secure victory in leg 18 on double tops.

Humphries, who beat Van Gerwen 10-5 in the other semi, cut a frustrated figure, claiming there was a draught on stage which was affecting his throw.

The Berkshire thrower, who banked £165,000 in tournament prize money, said: "I tried to stick in there. There was a massive breeze all night to deal with. Credit to Luke, he handled it well.

"He played much better. He is a fantastic player. Me and Luke are the two greatest players in the world.

"I love playing him. He deserved it throughout the season. We're living in a Luke world and hopefully we will have a lot more battles like this."

NO HEAT ON SKIV MAKING A MARK

By ADAM HATHAWAY

GLOUCESTER boss George Skivington says he is under no pressure at the club to get **Champions Cup** qualification.

The Cherry and Whites face South African side Sharks in tonight's Challenge Cup final with a place in the top Euro competition up for grabs.

But despite a second-from-bottom Premiership finish, Skivington is not feeling the heat ahead of the Tottenham Hotspur Stadium clash.

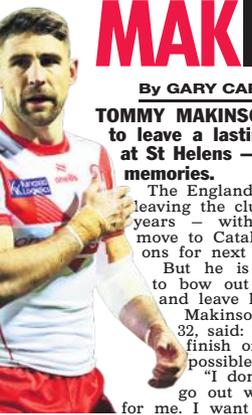
He said: "No one has talked to me and said it'd be great to win this as we get in the Champions Cup. "Winning the trophy is the important thing for me and



the Champions Cup is a nice additional piece. "I am not sure of the financial side of it but I do know the Champions Cup does not guarantee us massive crowds."

After his break this summer, Skivington will analyse the poor league

campaign. He said: "It's been a bit of a mad year and we all need a break from each other now."



By GARY CARTER

TOMMY MAKINSON hopes to leave a lasting legacy at St Helens — not just memories.

The England winger is leaving the club after 14 years — with a likely move to Catalans Dragons for next season.

But he is desperate to bow out a winner and leave his mark.

Makinson (left), 32, said: "I want to finish on the best possible terms. "I don't want to go out with a win for me. I want to go out



with another Grand Final win for everyone else — and hopefully kick-start another great era for the club.

"I'd like to think I can have my own little impact here, that those coming in behind me can be inspired."

Makinson, who faces Leeds tonight, added: "I have so many amazing memories. "I'm leaving the club of my dreams. This is my club. "But sometimes opportunities come up that you just can't turn down."

Herman's race row

HERMAN ESE'ESE faces a six-match ban after claims he used racist language.

The Hull FC forward was charged with a Grade F offence of 'verbal abuse' after an allegation at London Broncos this month.

Kiwi Ese'ese, 29, is clear to face Castleford tonight but will face a disciplinary panel on Tuesday.

The Rugby Football League referred the incident for 'further investigation' and ref Chris Kendall said: "I've got doubt over what was said there."

But after the Broncos supplied more evidence, a charge has been levelled.

FORMULA 1 MONACO GRAND PRIX

Max dad to return after rant

From **BEN HUNT**

RED BULL are braced for a powder keg as the Monaco Grand Prix sees the return of Jos Verstappen for the first time since his explosive rant at racing boss Christian Horner.

The father of driver Max flipped his lid in Bahrain and said the team was "in danger of being torn apart" if

Horner (left) stayed on as team principal.

Horner was cleared after an internal investigation into an allegation of inappropriate behaviour.

Verstappen Snr has not been to a race since but is scheduled to be in Monaco, given he lives in the principality.

It is understood that the son of the late Red Bull co-founder Dietrich Mateschitz, Mark, is also set to attend the event.

Horner was earlier given a show of support from Mateschitz Jr's RB co-owner Chalerm Yoovidhya.



IF THE CAP FITS... Norris signs autographs in Monaco, where Verstappen (below) sees him as a big threat

LANDO'S STAPPEN AT MY HEELS

Max fears Norris title charge

From **BEN HUNT** in Monaco

WORRIED Max Verstappen claims Lando Norris is a serious threat to his Formula One world crown.

Brit Norris broke his grand prix duck with a Miami triumph earlier this month before pushing Red Bull's champ to the wire in last Sunday's Emilia Romagna GP.

McLaren driver Norris is a whopping **60 POINTS** behind Verstappen in the drivers' table.

But although all-conquering triple world champ Verstappen has won five of this season's first seven races, he insists Norris has put the wind up him and his team.

Verstappen, 26, said: "Lando is really in the mix."

"He is quite a few points down but that can turn around quickly and that makes it very important to be at our very best. We need to be on it."

Verstappen is a two-time winner of the Monaco GP but admits his team have struggled to find the right set-up of late.

Ahead of F1's glamour race this weekend, he added: "It is not going to be our best track because our car struggles off the kerbs and in the low speed."

"I don't think it is going to be a very easy weekend. McLaren have been ramping up their

CATCHING UP? 2024 DRIVER STANDINGS

1	Max Verstappen	161
2	Charles Leclerc	113
3	Sergio Perez	107
4	Lando Norris	101
5	Carlos Sainz	93

performances in the past two races. The last grand prix at Imola started off badly. We managed to turn it around but I wouldn't want to have a weekend like that again."

The rise of Norris, 24, has given F1 a major boost with Verstappen's recent domination stifling the sport.

But he says he has not even thought about winning the championship this year.

Norris said: "I am 60 points behind Max. It is a long way to go and our recent results don't change anything. We have not thought about the championship."

"We lost a lot of points at the first few races of the year and that has hurt us."

"But we're only a third of the way through the season, so there are plenty of opportunities."

Norris, who is pals with

Verstappen, lives in Monaco and is relishing staying at his home this weekend.

But, given the choice, he would rather win July's British GP than Sunday's Monaco race.

He added: "I would prefer to win at Silverstone because I would rather win my home race than Monaco."

"That is the one that would mean so much to me and have the most enjoyment - but Monaco is always one you'd want to tick off at some point."

Meanwhile, Britain's seven-time world champion Lewis Hamilton, 39, has welcomed McLaren's resurgence.

Hamilton, who started his F1 career with McLaren, is seeing out his time with Mercedes before joining Ferrari next term.

And while he is not in the title hunt himself, he enjoys watching his old team fight back.

Hamilton, who had his own title fight with Verstappen in 2021, said: "Lando doesn't need any tips."

"He's doing a great job. I am excited for McLaren."

"To see them up there, it warms my heart because it feels such a long time ago that they gave me my break."

"It's cool and I hope we can get closer as well because it shows you can close the gap with the job they have done."

Stan in plan Mott's man

By **ROB MAUL**

ANDY MURRAY will begin his final French Open against Stan Wawrinka - who inflicted one of his worst-ever Grand Slam defeats.

Muzza (right), 37, faces the Swiss star, 39, next week in the first round in Paris.

The pair share six singles Slams between them and the Scot has won 13 of their 22 clashes - but Wawrinka romped to a 6-1 6-3 6-2 victory at Roland Garros four years ago.

A Murray win could set up an all-British clash with Cameron Norrie, 28, if he can get past Russia's world No57 Pavel Kotov.

Dan Evans takes on Dane Holger Rune, while fellow Brit Jack Draper, who first faces a qualifier or lucky loser, could play Wimbledon champ Carlos Alcaraz in the second round.

The 14-time champion Rafa Nadal, 37, who is set to retire this year, plays Alex Zverev.



By **JOHN ETHERIDGE**

ENGLAND cricket chiefs have re-hired the psychologist who helped Manchester City dominate football.

And head coach Matthew Mott says David Young is already improving how he gets his message across to the white-ball stars. Young has previously worked with England's players and many believe he was crucial to the 50-over World Cup triumph in 2019.

He is now head of psychology for Pep Guardiola's squad and will help City prepare for tomorrow's FA Cup final against Manchester United.

After that he will join the cricketers in Cardiff on Monday and stay with the squad for the T20 World Cup in the Caribbean and USA.

Mott insisted: "One of the exciting things we've done is get David on board. He's been a great ally, making sure my messages are clear. We feel it's time to get our mojo back."

THE Sun

EUROS PREVIEW NIGHT

JUNE 6, LONDON BRIDGE. TICKETS £5.

HARRY REDKNAPP, JACK WILSHERE AND JÜRGEN KLINSMANN, WITH ANOTHER GREAT GUEST TO BE ANNOUNCED. HOSTED BY SHAUN CUSTIS, HEAD OF SPORT, THE SUN.

Join us for an evening of opinions and stories with our panel of special guests. Tickets just £5 and includes one free drink. 7.15pm start, doors open from 6pm.

BUY TICKETS AT [THESUN.CO.UK/EUROSEVENT](https://thesun.co.uk/eurosevent)

NEXT week is National Croquet Week and promises a 'festival' of 23 Inter-County teams. I've been to a few festivals and returned with tinnitus and a spinning head. It's hard to picture the Middlesex v Oxfordshire mallet showdown being quite the same.

Andrew Dillon

OUR COLUMNISTS ARE THE TALK OF SPORT



BOWEN... Toon target

Ed plans for shock Isak exit

By EMILLIA HAWKINS

NEWCASTLE are looking to make big-money moves for Jarrod Bowen and Dominic Calvert-Lewin — if they sell Alexander Isak. Boss Eddie Howe does not want to lose the striker valued at £100million plus. But Toon are exploring their options should a huge bid come in for the 24-year-old Sweden star.

And West Ham's £70m-rated forward Bowen and Everton striker Calvert-Lewin are on the list.

West Ham would only sell versatile England star Bowen, 27, for an eye-watering amount.

Everton need to sell to balance their books with huge debts and fears of administration so striker Calvert-Lewin, 27, could leave for around £30m.

Howe is determined to bolster his squad. But the Magpies will have to sell players before buying to remain in line with the Prem's Profitability and Sustainability Rules.

Callum Wilson is likely to leave as a result, with Saudi Pro League clubs interested. Miguel Almirón is also expected to go.

Newcastle reached an agreement to sign Bournemouth defender Lloyd Kelly on a free. They have also been linked with Arsenal keeper Aaron Ramsdale.

Sport

DARRELL CLARKE was hired as Barnsley's new head coach.

Clarke, 46, joins from Cheltenham and has signed a two-year deal.

He said: "I didn't need to be sold on the club, it's got huge potential!"

SHORT

We're Still looking

By ELLIE GRANT

FORMER Reims boss Will Still is in talks with Norwich as he targets his first job in England.

The Canaries axed David Wagner eight days ago following the crushing 4-0 Championship play-off semi-final defeat to Leeds.

And Still, 31, visited Norwich's training ground this week.

Carrow Road's sporting director Ben Knapper has previously dealt with him while working as loans manager at Arsenal.

Still led Reims to a 19-game unbeaten run and 11th-placed finish in France's Ligue 1 but left by "mutual consent" earlier this month.

He was born in Belgium to English parents and admitted his love of coaching came through playing Football Manager.



SLOT... Prem challenge

Hoping Slot will see Red

PEP GUARDIOLA'S gushing tribute to exiting Liverpool manager Jurgen Klopp was really touching.

Pep is also very warm and cuddly with Arsenal boss Mikel Arteta — it's a proper old pals' act.

And given these teams made up the top three of this season's Premier League, it's been a cosy threesome for far too long. Yuck.

Where's the snarly growling, resentment and open animosity we all used to enjoy between Alex Ferguson, Arsene Wenger and Jose Mourinho?

Everything rests on the arrival of new Reds boss Arne Slot to rock up and start swinging to make it interesting again.

You only have to look at the bloke to see what a beast he is. Grrrrrr!

Look's terrific

ADEMOLA LOOKMAN'S solo destruction of Bayer Leverkusen was heroic.

Like Superman, the Atalanta ace stood up to the bad guys and won the Europa League final with a brilliant hat-trick.

Leverkusen can be an unsavoury bunch and showed it with bust-ups on and off the pitch as they beat West Ham in the last eight with too much aggression and theatrics.

And that kind of thing makes the German champions hard to like.

Luckily, London-born Lookman shone through and proved himself to be the best thing to come out of Wandsworth since Young's Bitter.

EMOTION SICKNESS

Modern pros just can't win



THERE'S NO CRY FREEDOM... Rice reacts and (below) Madueke jokes with Grealish

YOU have to laugh or else you cry — so sang The Piranhas back in the 1980s.

But do either of those things as a footballer today and you're going to cop it.

Poor old Declan Rice fell victim to an unfortunate camera angle as the curtain fell on his dream to win the Premier League title in his first year with Arsenal.

Bottom lip trembling, England's finest defensive midfielder looked like a schoolboy who has had his Panini stickers confiscated by a teacher.

Naturally, football fans everywhere — particularly those of his old club West Ham — were gushing with sympathy.

One caller "Steve" even told talkSPORT in the run-up to the final weekend of fixtures that, "I'll be a lot better on Sunday when I see Rice lying on the floor with his head in his hands crying because he hasn't won the title."

Just a few weeks prior, Chelsea lost the FA Cup semi-final to Manchester City at Wembley.

The score was 1-0. It was a tight game and for Chelsea's young team to go toe-to-toe with the eventual Prem champions can be seen as very creditable.

Yet winger Noni Madueke undid all the good work by being caught laughing at the end of the game. Laughing?!!!

While the cameras framed his despairing Chelsea team-mate Thiago Silva crushed by the result, Madueke could be seen smiling in the background. Smiling?!!! The young winger was chuckling

slightly at a joke told to him by City forward Jack Grealish, who was being characteristically playful after the final whistle.

Chelsea had played OK, wasted chances, but 22-year-old Madueke had done well, as he has done since. Giving it everything.

But that's not enough for supporters who demand passion.

Yet when a player shows it, like in the case of Rice especially, they pillory them.

Arsenal fans will tell you that their £105million midfielder has settled in remarkably quickly following his move across London last summer.

Far quicker than West Ham have taken adjusting to life without him. A vocal minority of Chelsea diehards simply can't stomach the sight of one of their own enjoying life if they have lost any match of any sort by any score.

This is mirrored up and down the country, in all divisions, but mainly where the spotlight burns brightest in the Premier League.

Players are increasingly seen hugging, back slapping and exchanging secret messages behind cupped hands at the end of games.

In every other business it's the same. At the end of the working shift, rival journalists might pop to the pub, defence and prosecution barristers frequent the well-known hostellers around the High Court having just been at each other's throats in court.

In football it used to be called sportsmanship, now it is regarded as treachery or weakness.

With the worrying rise of artificial intelligence, maybe it's best if all our footballers simply learn to switch off their feelings. Then of course they'd be labelled "robots" and slaughtered for it.

It's almost as if they can't win. And yes, that is the purpose of professional football but you get my point.



WINS SOME, BLUES SOME!

MAURICIO POCHETTINO and I have something in common this week.

I have had my appraisal at The Sun, he had his at Chelsea... that went well. Which has made me think: Who does Paul Winstanley's appraisal?

Chelsea's sporting director has just lost the coach who was finally getting a tune out of his expensive squad and got the men's team back into Europe. He has also lost the best

women's coach in the business. For those reasons alone I wouldn't leave my car keys with him on a night out.

And then there's Conor Gallagher, the home-grown midfielder who has captained the team through sticky times this season and the only current player fans sing about.

Proper 'Chels', a cracking servant to the club. But still not put pen to paper on a new contract — just like Mason Mount didn't.

Winstanley (left) has a partner in Lawrence Stewart and it's not been a good 12 months for the Blues Brothers. Pochettino

was their man. The selection process was thorough... and he's gone inside 12 months.

Oh and don't forget the £62million shelled out for Mykhailo Mudryk while academy graduate Callum Hudson-Odoi joined Nottingham Forest for £3m.

For the record, eight league goals to five in Hudson-Odoi's favour last season.

Of course, Winstanley and his mate will have done some good work, too, but it's hard to see them getting a bonus on the back of all this. Although being Chelsea, they'll probably get a ten-year deal!



ART 'N GRAFT

By MARTIN LIPTON

ARSENAL could be handed a nightmare Champions League draw – thanks to Atalanta's Europa League triumph.

The Italian side's 3-0 win over Bayer Leverkusen on Wednesday earned them a first European trophy – and is set to have a significant knock-on effect for next season's expanded tournament.

Italy and Germany had already been assured of a fifth Champions League place – meaning Spurs will play in the Europa League rather than joining the big boys.

But Atalanta's win is set to give Italy **SIX** places in the Champions

Gunners face CL nightmare

League if they stay in their current fifth spot in Serie A.

Roma, guaranteed to finish sixth, have a higher five-year Uefa coefficient score than Barcelona, who will then drop into the second seeding block of nine clubs – alongside the Gunners.

Under the new rules, every team will play two clubs from each of the four seeding pots.

Clubs cannot meet sides from the same country in the initial phase, so Arsenal will not play top seeds Manchester City and Liverpool. But

with seeding pots now determined by coefficients, compared with the previous system where the holders, Europa League winners and champions of the top-six leagues were all in the top tier, it means Mikel Arteta's side – and Aston Villa – could face horrific draws.

In the worst-case scenario, Arsenal may have to play Bayern Munich and Paris Saint-Germain from Pot 1 alongside Barcelona and Juventus from Pot 2.

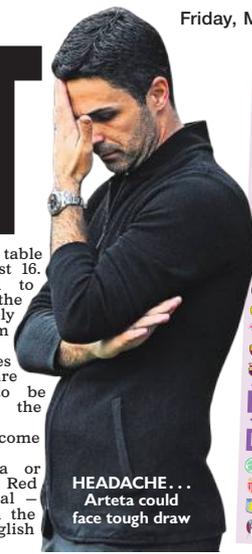
All teams will play eight matches in the initial phase, with

the top eight in the league table automatically making the last 16. The teams placed ninth to 24th will then play for the right to join them in a fully seeded draw, with the bottom eight teams KO'd.

So far, 25 of the 36 places for next term's competition are known, with four more to be confirmed by the end of the season.

The final seven teams will come through the play-off system.

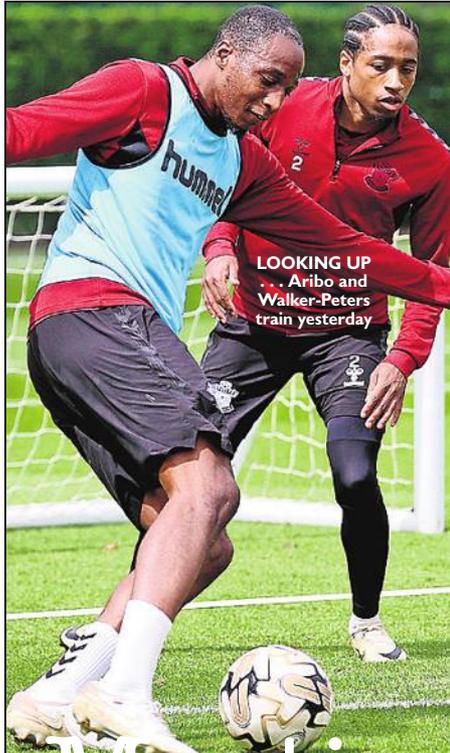
Spurs and either Chelsea or Manchester United – if the Red Devils win the FA Cup final – will face the same set-up in the Europa League, with the English sides sure to be top seeds.



HEADACHE... Arteta could face tough draw

POT LUCK CHAMPIONS LEAGUE SEEDS SO FAR	
Pot 1	Pot 2
Man City	Barcelona (if Roma are Pot 1)
B Munich	A Madrid
R Madrid	Leverkusen
PSG	A Madrid
Liverpool	Atalanta
Inter	Juventus
Dortmund	Leipzig
Leipzig	Roma or Barcelona
Roma or Barcelona	PSV Eindhoven
Pot 3	Pot 4
Celtic	Girona
Monaco	Stuttgart
Aston Villa	Sturm Graz
Bologna	Brest

BATTLE FOR PREM



LOOKING UP... Aribo and Walker-Peters train yesterday



GRUEV... confident

Ilia's got a Gruev going on

Championship Play-off final



Sunday, 3pm, play sports football

By CHRIS HUGHES

ILIA GRUEV is aiming for Prem promotion after his "most important goal" fired Leeds to Wembley.

Daniel Farke's side face Southampton in the Championship Play-off final on Sunday, with both clubs looking to bounce back to the top flight at the first attempt.

Leeds narrowly missed out on automatic promotion behind Leicester and Ipswich after a poor run-in.

But following a goalless draw at Norwich in the play-off semi-final first leg, they swept to a 4-0 win at Elland Road – where Gruev struck the crucial first goal with an opportunistic free-kick.

The Bulgaria midfielder, 24, said: "It was early in the game and I thought the goalkeeper was not watching me, so I decided to try and score.

"It was an amazing feeling. It's probably the most important goal of my career so far.

"This is going to be one of the biggest games I have played – it is why we play football."

The Whites' play-off fate was sealed on the final day when Ipswich beat Huddersfield and Farke's side lost 2-1 at home to the Saints.

Gruev added: "We were disappointed because we wanted to go directly up but the good thing is we have another chance.

"When you play such a semi-final, 4-0 at home, it gives you lots of confidence and that is important for Sunday."

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Martin is all in

RUSS EMOTIONAL

By CARL LONG

SOUTHAMPTON boss Russell Martin gets emotional just thinking about promotion.

Ahead of Sunday's Championship Play-off final with Leeds, the Scot admitted taking Saints back into the Prem would be special.

Martin, 38, said: "It'd mean everything – I get emotional thinking about it.

"I am really proud. The responsibility of leading this club is big anyway and to do it at Wembley is a huge honour and privilege.

"It would be the biggest achievement of my life outside of being a father, for sure.

"I want to make it really memorable by winning. To show how brave and good they can be on the biggest stage, we can really go about doing that. We're one game away."

Saints did the double over Leeds during the regular season by winning 3-1 at home and then 2-1 at Elland Road.

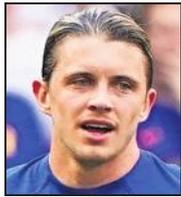
Martin added: "The players know they can beat Leeds but the occasion takes over.

"We have to make sure we carry on doing what we did in those games."

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GALLAGHER... crunch

Conor's future up in the air

EXCLUSIVE
By ANDREW DILLON

CONOR GALLAGHER is ready to resist Chelsea's attempts to sell him this summer — potentially costing them £50million.

Mauricio Pochettino was a big fan of the midfielder and was desperate for him to stay put and be at the heart of his team.

With the head coach now gone, the Blues board will find it easier to try to offload their home-grown star.

But with one season left on his contract, England squad member Gallagher, 24, is ready to dig in and leave for nothing next year.

He was close to leaving before, with Tottenham, Newcastle, Aston Villa and West Ham all interested.

Pochettino said in January he wanted £50m-rated Gallagher to stay and not be sold.

He has been at Chelsea since he was eight and scored seven goals in all competitions this season.

Chelsea lost big-name defenders Antonio Rudiger and Andreas Christensen for free in 2022 after failing to agree new deals.

And midfielder Mason Mount joined Manchester United for £55m last summer when he could not agree a contract with the Blues' new owners.

Meanwhile, the club will request permission from Leicester to speak to boss Enzo Maresca about the Stamford Bridge vacancy.

Talks have been held with Ipswich boss Kieran McKenna, who is also in discussions with Brighton, while Brentford's Thomas Frank has been considered.

Chelsea's home win

By MARTIN LIPTON

CHELSEA fans could play a key role in blocking any plans to play Prem games outside the UK.

Fifa last week paved the way for domestic matches to take place anywhere in the world.

But Blues supporters could ride to the rescue.

In 1993, then-owner Ken Bates formed Chelsea Pitch Owners, issuing shares in the club's playing surface.

The CPO was given ownership of the name Chelsea Football Club Limited.

That was licensed back to the club on the condition that ALL first-team home matches are played at Stamford Bridge.

And it means that even if a majority of Premier League club chiefs voted in favour of playing games abroad, the CPO would be able to prevent Chelsea from taking part.

EUROPA CHARLTON TO CHAMPION

TAKE A LOOK AT ME NOW!

All of Ademola's hard work finally pays off



ADEMOLA LOOKMAN has finally grown into the player everyone knew he could be.

The Londoner made history on Wednesday as the first person to score a Europa League final hat-trick as he ended Bayer Leverkusen's incredible 51-game unbeaten run and grabbed the trophy for Atalanta.

His brilliant display in Dublin not only earned an extremely rare 10/10 rating from French daily sports paper L'Equipe but also made English football sit up and take notice.

Lookman's hat-trick was the sixth to be scored in the final of a major Uefa competition — and the first for **49 YEARS**, since Jupp Heynckes' for Borussia Monchengladbach in the 1975 Uefa Cup.

It is crazy to think that in November 2020, Lookman had his head in his hands and his name in the headlines for all the wrong reasons following a failed attempt at a 'Panenka'.

He had been given a glorious chance to make it 1-1 in Fulham's clash against West Ham. But his chipped penalty was read by Lukasz Fabianski, who easily caught it, condemning the Cottagers to a 1-0 defeat.

The winger, 26, looked like a teenage sensation at Charlton but across spells with Everton, Fulham and Leicester — as well as RB Leipzig — he never really got going.

He had always shown flashes of talent but it has taken a manager in Gian Piero Gasperini to be patient and strip back his game to fulfil his potential.

Steve Avory, Addicks' academy director who oversaw Lookman's time in South London after he signed at age 16, said: "It was a case of developing into a mature

By JACK ROSSER

tactical player. It took a manager also being prepared to stick with him, give him a run of games and accept there might be some disappointment."

Lookman won the Under-20 World Cup with England in 2017 and rejected Nigeria three times before switching his allegiance.

Following his £11million move to Everton, where he played under three managers in 2½ years, he joined Leipzig for £22.5m in July 2019 before loan spells at Fulham and Leicester and, finally, a switch to Serie A's Atalanta two years ago.

Brendan Rodgers had Lookman at Leicester for the 2021-22 season. The Celtic chief said: "We could have bought him for £14m but we couldn't sign any players."

"One of my guys who I worked closely with at Celtic and Leicester is Lee Congerton and by then Lee was Atalanta general manager."

"When he knew we weren't able to take him, he took him there."

"He scored some massive goals for me at Leicester. He scored the winner against Liverpool at home — it was a brilliant individual goal."

"But I am so, so pleased for him because he has travelled the world to be the best player he can be and I am so happy he has flourished his talents on such a big occasion."

Lookman praised Gasperini for his belief and guidance.

He said: "The club and coach have supported me in terms of giving me minutes. It's helped me elevate my game to a new level."

"The first conversations we had made me look at football differently."

"It made it simpler in my mind in terms of what he expected from me."

"It made me play my game in a different light. I'm very grateful."



TREBLE TOP

Lookman has soared from Charlton (left) to Euro glory (above), via Fulham and his Panenka miss (right).

LOOKMAN'S CAREER		Games	Goals
2015-17	Charlton	49	12
2017-19	Everton	48	3
2018	RB Leipzig (loan)	11	5
2019-22	RB Leipzig	13	0
2020-21	Fulham (loan)	35	4
2021-22	Leicester (loan)	42	8
2022-	Atalanta	76	30





CROUCH... belief

Football governor bill axed

By MARTIN LIPTON

THE planned football regulator has been put on ice because of the looming general election. Debate on the Football Governance Bill to set up the new independent body had reached the vital committee stage in the Commons.

But the dismissal of parliament next week ahead of the July 4 vote means the process ends — and the bill disappears.

While there was all-party support for the bill, the next government will have to begin the entire process from scratch.

However, former sports minister Tracey Crouch — in charge of the 'fan-led' review that recommended a regulator — believes the new governance WILL come about in the future.

The MP — who will not be standing for re-election — confirmed on X: "Unfortunately the Football Governance Bill will progress no further."

"Although there is a ready-made bill for the next government, I won't be here to see it pass."

"A massive thank you to everyone who helped shape this bill."

"I am 100 per cent convinced there will be an independent regulator for football, thanks to the efforts of others."

"My final plea is to the Premier League and EFL: Please, for the sake of football, sit back down and start negotiating. The impasse is infuriating."

Some within the game believe the bill could return with more 'teeth' than the initial proposals.

ROO

From Back Page

Green Army stayed up at Birmingham's expense on a thrilling final day.

Rooney became Blues boss on October 11 following the controversial axing of John Eustace, with the club sixth in the table.

They lost nine of 15 games and plummeted to 20th, with Rooney sacked on January 2 after a 3-0 loss at Leeds.

Speaking in February, he said: "I definitely want to get back into management. It was a setback at Birmingham but I'm a fighter."

Plymouth would be Rooney's third crack at a Championship club, having landed his first job at Derby in 2020.

He saved the cash-strapped Rams from relegation in his first season in charge but they went down the following year.

Rooney left in the summer of 2022 for a 14-month spell at DC United.

PAQ OF CARDS

From Back Page

West Ham have promised to stand by and support their player.

In an emotional statement, Paqueta said: "I'm extremely surprised and upset the FA has decided to charge me."

"For nine months, I have co-operated with every step of their investigation and provided all the information I can."

"I deny the charges in their entirety and will fight with every breath to clear my name."

"Due to the ongoing process, I will not be providing further comment."

In 2022, Stratford Town defender Kynan Isaac was banned for a decade for his role in a spot-fixing scheme with friends.

An independent commission gave him the longest ban since the 1964 match-fixing scandal, which led to several players being

jailed and given life bans. Paqueta is not accused of betting himself, which players are barred from.

The bets in question were placed by accounts registered in Paqueta Island — just off Rio de Janeiro — where the West Ham star was born. Hammers sources say the FA should have involved the police if the allegations are so serious — given spot-fixing is a criminal offence — and believe the evidence is only circumstantial.

West Ham responded: "The club acknowledges receipt of the FA charge received by Lucas for alleged breaches of their rules."

"Lucas categorically denies the breach and will continue to robustly defend his

position. The club will continue to stand by and support the player throughout the process."

Paqueta was booked against Leicester for a lunge on Boubakary Soumare, for a late tackle on Villa's John McGinn, against Leeds for pulling back Crysenio Summerville and versus Bournemouth for handling the ball in added time, the offence which triggered the probe.

The FA were alerted after being tipped off by integrity officers who had seen an unusual amount of betting activity on those bookings, much of it traced to Paqueta Island.



SOU SUSPICIOUS... trips Soumare against Foxes



THIRD DEGREE... yellow No3 in win over Leeds



ENOUGH... Cherries booking saw FA tipped off

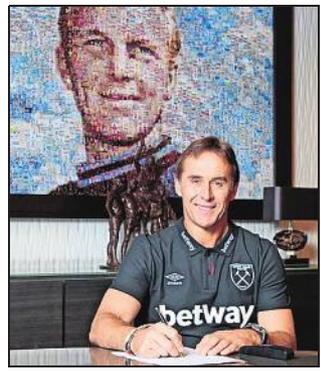


McGINN THE BOOK... Paqueta fouls Villa's John McGinn in March 2023



NOT ME... cautioned

YOU'VE HAD MOYESY, NOW FOR...



By JACK ROSSER

WELCOME to West Ham, Julen Lopetegui.

At 11am yesterday, the new Hammers boss promised to make a "big noise" with the club.

Five hours later there was plenty around him as star man Lucas Paqueta was hit with a series of extraordinary betting charges.

The FA have accused the Brazil international of intentionally getting booked in order for others to profit from betting.

The spot-fixing charges relate to four Premier League games between November 2022 and August 2023.

Paqueta has had the cloud of the investigation hanging over him for nine months.

It has already scuppered a dream move to Manchester City once and now looks to have done so again.

West Ham were preparing to lose the former Lyon man to the champions this summer — with Paqueta's £85million release clause coming into effect.

There was no way the new boss could have seen it coming.

But the former Spain, Real Madrid and Wolves chief could hardly have imagined a worse start to his new gig with an £85m hole blown in his budget on day one.

Lopetegui and the Hammers

NOISY

Lopetegui roars in to Hammers storm



WELCOME... Lopetegui (left) with Steidten

hierarchy had talked up the benefits of getting the Spaniard in early in order to plan for a crucial summer.

This news on Paqueta — just hours after Lopetegui was unveiled as successor to David Moyes — turned those plans upside down.

The new boss will now have no idea for some time as to whether his best player will be leaving, staying or suspended.

Paqueta, 26, continues to protest his innocence and the club are standing by their star.

Speaking before news of Paqueta's charge broke, Lopetegui said: "We came here with the idea and the thought to make a big, big noise."

"That's why we came here and we are excited by this challenge."

"Of course, we are going to do our best to help the club and the team to achieve the best level and to

achieve our aims. I assure the fans that they are going to be key in all our achievements."

"I feel that we have a fantastic platform. I think the last few years have been very good years to have this base, of course."

"But my ambition as a coach is always to be better and better, to achieve more and have bigger aims."

Lopetegui, who had a modest playing career as a goalkeeper in Spain, was appointed coach of the national team in 2016 and took them to the 2018 World Cup finals.

But he was sacked while out in Russia when it emerged he had agreed to become Real Madrid boss after the tournament.

Lopetegui's stay at the Bernabeu was brief but he did win the Europa League with Sevilla before joining Wolves in November 2022. Yet he

quit days before the start of last season over limited transfer funds.

He had been linked with AC Milan and Bayern Munich but insists the East Londoners were always his first choice.

Lopetegui said: "We had other opportunities but I am very happy that West Ham chose me because I chose West Ham, too."

The players will get a first taste of their new manager in early July before the squad head off for their pre-season tour to Florida.

Technical director Tim Steidten said: "Julen was a standout candidate to become our head coach and I am personally delighted that we have chosen to work together."

Co-chairman David Sullivan added: "We believe this appointment will ensure a strong opportunity to build on the positive progress made in recent seasons."

FA CUP FINAL



MAN CITY v



MAGUIRE ... Cup KO

FUEL

From Back Page

down can also give fuel, and that is what I see in training. He looks good. He will be highly motivated — you speak with your feet. “He is highly intelligent, he has had a big career. I’m sure he will get over this and get more goals.”

Ten Hag is set to be axed after the Wembley clash and refused to be drawn on his future.

Despite a third cup final in two seasons, Ten Hag is expected to pay the price for a disastrous Champions League campaign and ending eighth in the Prem — United’s lowest finish.

Kieran McKenna, Mauricio Pochettino, Graham Potter and Thomas Tuchel are all candidates to replace the Dutchman.

But when asked if Wembley would be his farewell, Ten Hag replied: “I have nothing to say. I’m just focusing on the job I have to do and that is first win the game on Saturday and then the project, to keep going with the project.”

It is a project which Ten Hag has been speaking recently about with Sir Jim Ratcliffe, which points to him possibly staying.

He added: “There are some very good things, players coming through and on Saturday we have a big opportunity to win the next trophy.”

“After every season you review it and we will see where we are in the project, things we have to change.”

Seeking to land his second trophy in less than 15 months as United boss, he said: “I came here to win trophies. Saturday is the next opportunity.”

“We earned this opportunity as a team and now we have to go for it.”

“In the last ten years, not so many trophies have been won in this club but we have a chance to win two trophies in two years.”

Ten Hag will have to try to do that without Harry Maguire, who is injured.

He looks set to gamble with Lisandro Martinez and Raphael Varane at centre-back against City despite a lack of game time.

Maguire has not played since April 27 when he suffered an unspecified muscle injury. But it is not believed to be bad enough to keep him out of Gareth Southgate’s England squad for this summer’s Euros.

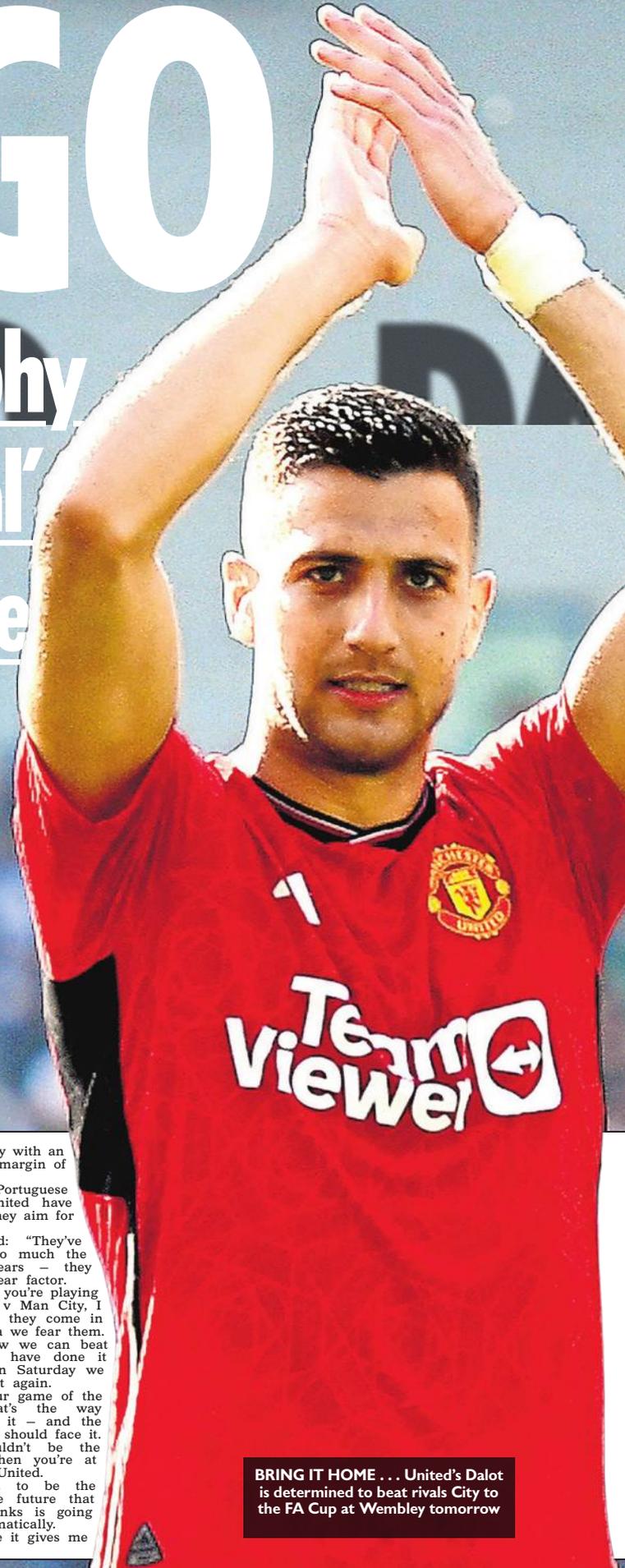
Sport

MANCHESTER CITY have handed No3 keeper Scott Carson a new 12-month contract. The ex-England man, 38, has spent the last five years at the Etihad but has made only two appearances for City.

SHORT

DIOGO

Star wants trophy to repay ‘special’ support at Palace



GROUNDING ... Dalot and Co were humbled as United lost 4-0 at Palace

DIOGO DALOT has told Manchester United’s “special” supporters: **We owe you the FA Cup.**

The Red Devils full-back admits Erik ten Hag’s men “didn’t deserve” the backing they received after the “awful” 4-0 hammering at Crystal Palace earlier this month.

United’s fans chanted their backing as the players went over to applaud them at Selhurst Park after full-time. Dalot, 25, wants to give them something back by stunning bitter rivals Manchester City in tomorrow’s FA Cup final at Wembley.

He said: “After that game against Palace, the way the fans were supporting us, it was almost like a feeling that we didn’t deserve that.”

“After you concede four goals against Palace, a 4-0 defeat, they were still there, pushing us.”

“This is the type of thing that shows why these fans are

By **NEIL CUSTIS**



special. Every time there is a United game, they always think something special will happen — that’s the beautiful thing about this club.

“They are always expecting something special, so we’re going into this game to try to give them a special afternoon.”

“And realise this special feeling that they always feel is going to happen.”

Dalot wants it to be the last time Manchester United enter a Cup final as the underdogs. And he believes — with the help of new part-owner Sir Jim Ratcliffe — it will be.

The Red Devils face a repeat of last year’s FA Cup final, which Manchester City won 2-1.

Even those in red are not expecting anything other than another City win and this

time probably with an even bigger margin of victory.

But the Portuguese ace says United have no fear as they aim for revenge.

Dalot said: “They’ve dominated so much the last few years — they create this fear factor.”

“But when you’re playing Man United v Man City, I don’t believe they come in with the idea we fear them.”

“They know we can beat them — we have done it before, so on Saturday we have to do it again.”

“This is our game of the season. That’s the way we’re facing it — and the way that we should face it.”

“You shouldn’t be the underdog when you’re at Manchester United.”

“We want to be the team in the future that everyone thinks is going to win automatically.”

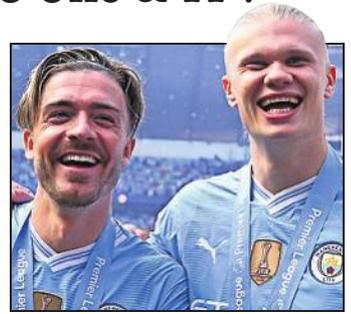
“So for me it gives me

BRING IT HOME ... United’s Dalot is determined to beat rivals City to the FA Cup at Wembley tomorrow

MAN UNITED

Tomorrow, 3pm, BBC One & ITV

DALOWE



PLAUDITA... Grealish with pal Haaland

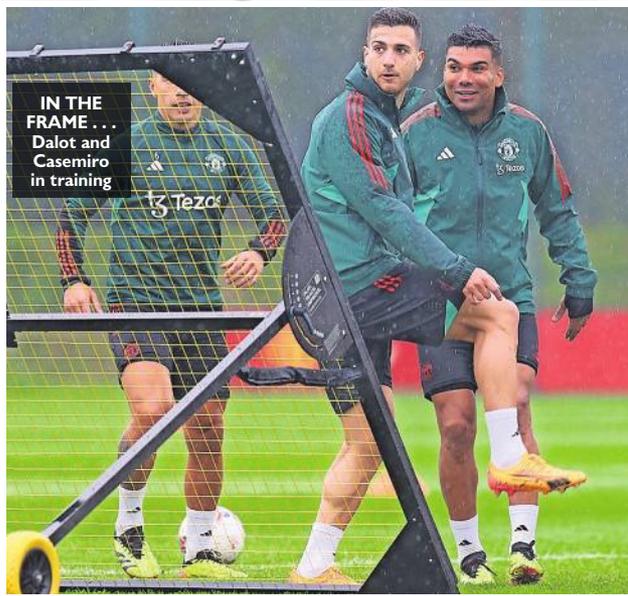
Erl a pearl says Greal

By CLIFF HAYES

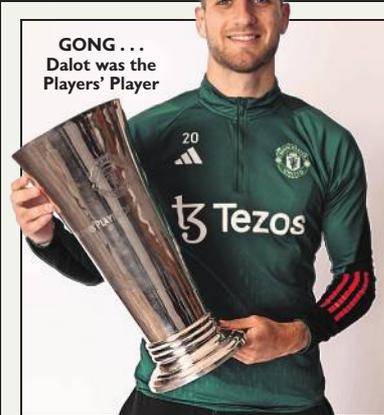
JACK GREALISH claims "unbelievable" Manchester City team-mate Erling Haaland does not get enough respect.

Manchester United legend Roy Keane cruelly branded Haaland a "League Two player" after a toothless display in the Etihad 0-0 with Arsenal in March. But the Norwegian striker won another Golden Boot and fired City to a fourth successive top-flight crown. Haaland has bagged 90 goals in 97 games for the club and Grealish said: "He's just unbelievable - a killer. I can't speak highly enough of him. This season he's scored 27 goals in the league. It's a bit disrespected - as if it's not good. But he's there every time the ball is in the box and I've never seen anyone with his work ethic."

City are targeting a domestic Double tomorrow when they face United in the FA Cup final - a repeat of last year's Wembley showpiece, which City won 2-1. And another win will see Grealish, 28, land an **EIGHTH** trophy in just three years at the club under Pep Guardiola. He told talkSPORT: "He's an unbelievable manager - easily the best ever. There have been times this year where I've struggled off the pitch and he's been there for me."



IN THE FRAME... Dalot and Casemiro in training



GONG... Dalot was the Players' Player

CLASS OF PORT



DIOGO DALOT has become the fourth Portuguese star to play 100 Prem games for United - and the 20th overall from the country to reach the milestone.

UNITED'S PORTUGUESE PREM STARS

	Games	Goals	Win%
Cristiano Ronaldo	236	130	64%
Bruno Fernandes	159	54	53%
Nani	111	26	65%
Diogo Dalot	106	3	48%

DALOT BY SEASON AT UNITED

	Games	Mins	Goals	Assists	Win%
2018-19	23	1,527	0	2	48%
2019-20	11	578	1	0	45%
2020-21	1	90	0	0	100%
2021-22	30	2,332	0	0	43%
2022-23	42	3,245	2	2	64%
2023-24	49	4,273	3	5	47%



BACKED... fans hailed United stars despite rout at Selhurst

energy because I don't want to be in that position. I've been at this club for a while now.

"And I want to feel that feeling of dominance in every game and every competition we play, everywhere we go."

But that has not been the case for some time.

New co-owner Ratcliffe and his team have come to Old Trafford to change that - and Dalot believes they can.

He said: "They come ready to go. They come ready to look at what changes they can make to build the team and put it back on top."

"They had amazing conversations with us, with players and staff."

"Everybody knows that they came here for actual change. I'm really excited and hoping that in the near future things look a bit different."

That is for the future but for now you are talking about a team that has just finished the season in their lowest-

ever Premier League position of eighth. Plenty of fans have taken much joy from the demise of a club that under Sir Alex Ferguson dominated the domestic landscape and, at times, Europe as well.

For Dalot, the negativity and the mocking from the blue side of Manchester makes him even more determined to upset the odds at Wembley and begin the rebuilding process.

Dalot, United's Players' Player of the Year, said: "It gives me even more energy to want to win the final."

"The energy inside Carrington has to be, 'OK, if they think they're going to win, let's see if they're going to do it,' and that's the kind of push that I'm trying to give my team-mates."

"We're trying to build up for this game and we are going to go there with the right mentality."

Facing the problem is one thing but solving it against a

side like Pep Guardiola's Manchester City is another.

So just how can United actually do that?

Portugal defender Dalot said: "You can talk about the tactical side of it but it comes a lot from your heart, from your head, to be able to be at your best level, be able to suffer."

"Because there are going to be times when you have to suffer."

"And at the same time, when you have the ball, you have to have the personality to play because you can play against City."

"Without the ball, be ready to suffer when we have to suffer and defend well."

"Be compact and, when we have the ball, try to hurt them in the spaces."

"These fans and the club, we are hungry for trophies."

"So we have an opportunity and the pressure will always be high."



UP FER IT... United's Bruno Fernandes with Fans' Player of the Year award

ROD HAILS BERT

RODRI has told his Manchester City pals to copy the spirit of club legend Bert Trautmann tomorrow.

The keeper won the 1956 FA Cup final despite breaking his neck.

Rodri said: "Bert's story talks about the mentality you need to win a final. We'll have to suffer."

It's Silva and old

By MARTIN BLACKBURN

BERNARDO SILVA says he has grown old at Manchester City and is now one of the veterans setting standards in the Etihad dressing room.

And the 29-year-old's message to the young guns in Pep Guardiola's squad is to maintain their competitive spirit in the FA Cup final against Manchester United at Wembley tomorrow. Silva was 22 when he first moved to England from Monaco in 2017 and was in awe of the big stars at the Etihad.

Seven years later - and with six Prem titles, a Champions League gong, two FA Cups and four League Cups in his pocket - he is one of the OAPs.

The younger players look to the long-serving stars for inspiration and Silva has taken on the new responsibility.

The Portugal playmaker said: "When I got here I was fulfilling a dream of a very young kid of playing in the best league in the world."

"Guys like Vincent Kompany, David Silva, Kun Aguero and Fernandinho were setting the standards. Now I am one of the oldest guys."

"So we have to set the standards and show the young guys how the team wants to play. We will try to be very competitive as we want this FA Cup."

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HERE WEE GO, LUKE

LUKE LITTLER celebrated a nine-dart finish — as he became the youngest-ever Premier League champion.

By **ROB MAUL**

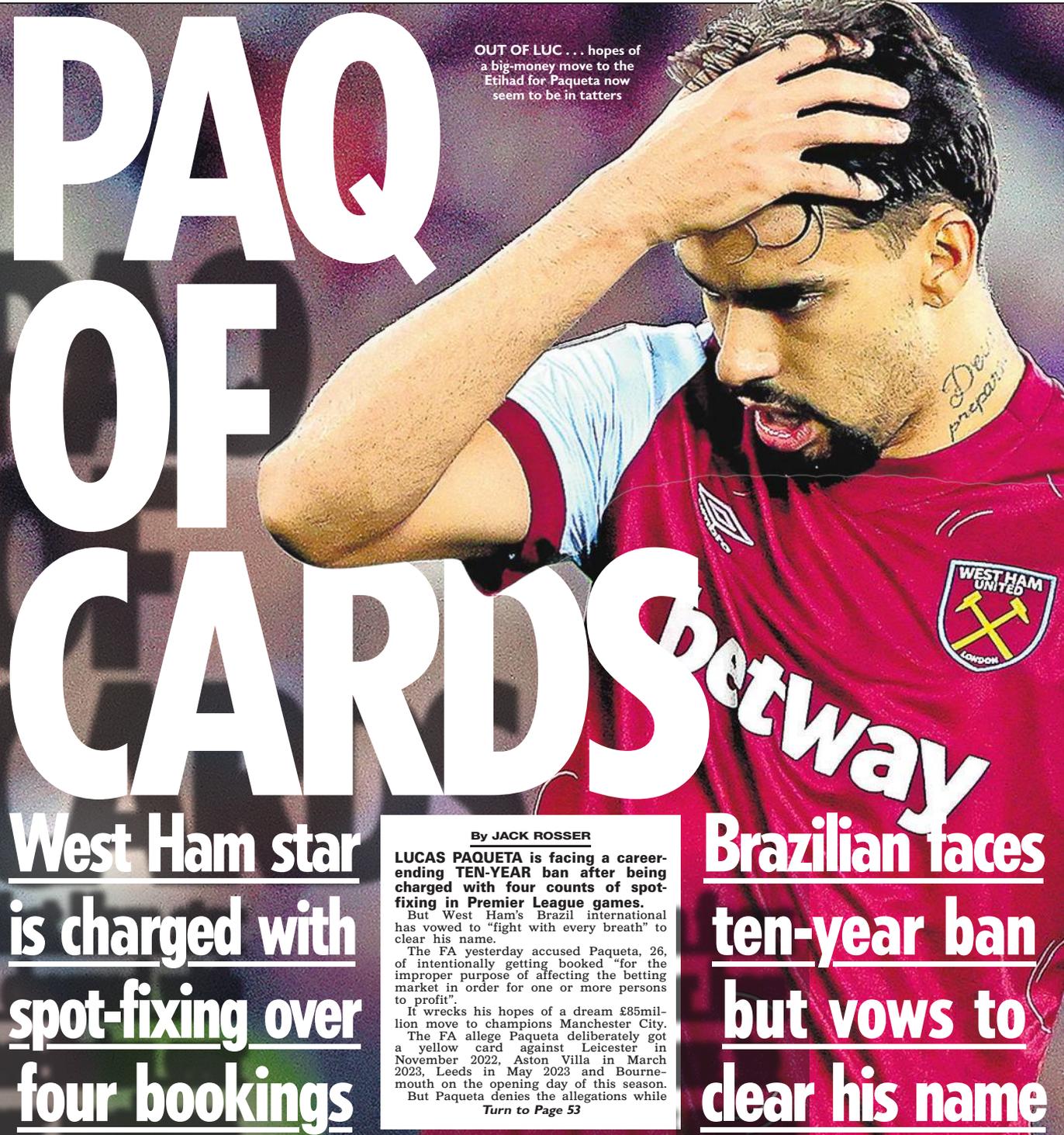
And the teenager did it all after busting for the toilet for **EIGHT** legs! The Warrington ace broke down in tears as he banked £315,000 following an 11-7 win over world No1 Luke Humphries in the O2 Arena final. Following a quick loo break

during the TV ads, Luke the Nuke, 17, hit a magical moment of perfection in leg 11 in front of a record PDC UK crowd of 14,000. Littler said: "When it went 2-0 to me, I needed the toilet. I had to wait until the break. "I went to the toilet. I thought, 'This is it, we are on until the end. Let's do it!'. "All of us players love a

break and then come back on and do what we do. "It's so good to win in front of my family, girlfriend and manager. I don't know what to do with this trophy." The stunning nine-darter was the first one hit in a Prem final since Phil Taylor struck two in the 2010 finale against James Wade at Wembley. It means he has gained sweet revenge for losing to

Turn to Page 48

FA CHIEFS ACCUSE LUCAS



OUT OF LUC... hopes of a big-money move to the Etihad for Paqueta now seem to be in tatters

PAQ OF CARDS

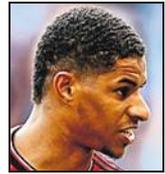
West Ham star is charged with spot-fixing over four bookings

By **JACK ROSSER**

LUCAS PAQUETA is facing a career-ending **TEN-YEAR** ban after being charged with four counts of spot-fixing in Premier League games. But West Ham's Brazil international has vowed to "fight with every breath" to clear his name. The FA yesterday accused Paqueta, 26, of intentionally getting booked "for the improper purpose of affecting the betting market in order for one or more persons to profit". It wrecks his hopes of a dream £85million move to champions Manchester City. The FA allege Paqueta deliberately got a yellow card against Leicester in November 2022, Aston Villa in March 2023, Leeds in May 2023 and Bournemouth on the opening day of this season. But Paqueta denies the allegations while

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Brazilian faces ten-year ban but vows to clear his name



RASHFORD... axed

Rashford given fuel

By **NEIL CUSTIS**

ERIK TEN HAG told Marcus Rashford to use his England snub as fuel to save his Manchester United career. Forward Rashford, 26, was axed from Gareth Southgate's Three Lions squad on Tuesday. It followed a poor season which has seen the Old Trafford academy product score just eight goals in all competitions. Ahead of tomorrow's FA Cup final against City, boss Ten Hag said: "That is a career, ups and downs. A

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Roo's off to Devon

By **ALAN NIXON**

WAYNE ROONEY is in line to become the new boss of **PLYMOUTH**. The former England and Manchester United captain is understood to have been approached by the Championship club, four months after getting the boot at Birmingham. A move from his Cheshire mansion to Devon would not put off Roo following his time in America at DC United. Plymouth have met former Sheffield United boss Paul Heckingbottom but look unlikely to persuade him to take the job — opening the door for Rooney, 39. Ironically, the

Turn to Page 53

Rab win so Sweet

RAB HAVLIN warmed up for a crack at the Derby with a last-gasp win on Sweet William at Sandown.

The veteran jock had to cajole John Gosden's tricky five-year-old home in a nip and tuck finish with Caius Chorister in the Henry II Stakes.

Havlin has been controversially called up to replace Callum Shepherd on Derby hope Ambiente Friendly.

And that unpopular jockeying off came just a few days after he rode

JACK KEENE at Sandown

shock 22-1 winner Audience in the Group 1 Lockinge.

There has been a backlash about the decision of owners Bill and Tim Gredley to replace Shepherd with Havlin but he is ignoring the noise.

He said: "When I got the phone call it felt like I'd just got six numbers up on the lottery. I have a lot of

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ECO WARRIOR... easy Dante hero Economics

Hag: It's EcoNOMics

By TOM PEPPER

WILLIAM HAGGAS has said putting easy Dante winner Economics back in the Derby just didn't add up.

The colt romped to a six-length win in York's ten-furlong Group 2 but Haggas believes the track and trip at Epsom are not right.

He said: "It's the reason we took him out of the Derby in the first place. That was the whole point."

After discussions with owner Sheikh Isa Salman Al Khalifa, Haggas said: "We want to give the

horse more time. He's a big lovely, scopey horse and I just want to let him mature more. Don't forget the Dante was just ten days ago.

"He's Sheikh Isa's horse, but he's very respectful of his trainers and this is a team decision.

"My view never changed, even after the Dante. I feel a mile and a quarter is his trip at this stage. "We do what's best for the horse."

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SCOTT SLAMS SHEP KO

Support for jockeyed-off Callum

TRAINER George Scott has backed his man to bounce back from his Derby disappointment.

His stable jockey Callum Shepherd will ride Scott's **Isle Of Jura** in the Listed Goodwood feature today.

And Shepherd, 26, could do with a tonic after he was told he would not partner 4-1 second favourite **Ambiente Friendly** in the Classic at Epsom on Saturday week.

Scott said: "I think Callum is an outstanding young rider. He deserves every success

EXCLUSIVE

By CALLUM JAMIESON

he is getting. Mentally he has grown so much.

"What's great about Callum is that he is ice cool, nothing phases him. He would have handled the pressure.

Shepherd rode **Ambiente Friendly** to win the Lingfield Derby Trial – and Scott says it won't be long before Shepherd's back in the big time.

Scott is divorced from Polly Gredley, the family who own Britain's top Derby hope. New-

market-based Scott said: "He would have been entirely capable of giving **Ambiente Friendly** the best ride possible.

"He's one of the rising stars in the weighing room. He has amazing hands and rides in a way that can't be taught – he's like Jamie Spencer!

"Callum gets horses to relax and he rides them with confidence. He will get many, many more chances at the top table.

"Isle Of Jura could be a flag bearer for us and hopefully Callum can prove himself – not that he needs to – on him today and at Royal Ascot."



ISLE PROVE MY POINT... Callum Shepherd (left) has big Goodwood ride on Isle Of Jura for George Scott (right)



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see your top Group races run on good or better ground, but that is unlikely to be the case at Haydock even though the forecasts are lot more positive now. "He is a pretty versatile regarding the ground and that is one of the beauties about him as he has raced on a variety of conditions. "He is a massively exciting horse and if we get a smooth run with him he could be a real flag bearer for years to come."

Although Rogue Lightning showed plenty of promise as a two year old the Newmarket handler believes the decision to geld him early in his three-year-old career, together with the work put in by his regular gallops partner Carrie Browning, have been crucial in unlocking his talents. He added:

"Since we have cut him, and dropped him back in trip to five furlongs he seems to have sharpened up and he enjoys being a racehorse now. "He seems to also have become more tractable as he was always a little bit headstrong."

"Carrie Browning rides him every day and she has an extremely good rapport with him. "He has to go out first lot otherwise he gets a bit stropy. "She is a big part of the reason he has become a good race horse. She is an exceptionally talented rider and is very good at working them out."

Away from the race-track Clover is very much a hands-on dad-of-two to his daughter Lizzie, 3, and son George 1, together with his wife Jackie. But results on the big days are what matter on the track. Clover acknowledges just what a boost victory for Rogue Lightning on his seasonal return would mean to the team at Kremlin House Stables. Clover added: "It is the best thing being a dad. "The kids are brilliant fun and they have me in hysterics at times. "There are lots of days that inevitably don't go right, but having the kids around helps you reset a bit. "It would be absolutely huge for the yard if Rogue Lightning could win. These Group races are so exciting and to be competing in them is where we want to be. "A Group 1 eluded Rogue Millennium last season and I'm yet to win a Group 1. "The dream this year would be to try and win a Group 1 with him and repay the faith shown in myself and the team by Wathan Racing."

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LIGHTNING QUICK... Tom Clover (left) has high hopes for £1million buy Rogue Lightning



PONTEFRACT WITH FORM GOING: GOOD

TEMPLEGATE		TOM PEPPER	
6.15.....Do I Dream	6.15.....Do I Dream		
6.45.....Love Wars	6.45.....Espirit Queen		
7.15.....Gordon Grey	7.15.....Joie De Vivre		
7.45.....Eighteen Fourteen	7.45.....Under The Sea		
8.15.....Breathaking	8.15.....Savvy Warrior		
8.45.....Princess Karine	8.45.....Moulin Boj		

■TIC-TAC: Left-handed oval, undulating track of 2m, stiff 3f uphill climb to the finish. ■DRAW: Low numbers best in sprints. ■LEADING TRAINERS (2019-2024): T. Easterby 32, R Fahy 30, B Hardie 28, F Fell & S Murray 20, K R Burke 20-11. THIS SEASON: M Hammond 2, Craig Lidster 2, B Haslam 1. ■TOP JOCKEYS (2019-2024): J Hart 20-158, H Doyle 13-51, C Hardie 11-91, F Norton 7-53. THIS SEASON: W Pyle 2, B Garrity 1, C Hardie 1. ■LONGEST TRAVELLER: Praetorian (7.45) trained at Upper Lambourn. Round trip of 354 miles. ■TRAINERS' FAX: M & D Easterby won the 6.15 in 2019 and 2022. ■FIRST RUN SINCE WIND OP: Shimmering Sands (6.15). ■LIVE ON RACING TV.

6.15 MR LEIGH SUTTON NIFTY 50TH BIRTHDAY HANDICAP (Class 5); winner £3,664; 1m. (12 runners)

- 1 (9) 31870 SHIMMERING SANDS 257 (T) M & D Easterby 5-9-9.....Shane Gray 93
- 2 (4) 322 RUNNING STAR 193 H Palmer 4-9-9.....Jason Hart 99
- 3 (12) 06032 HARSWELL DUKE 26 (BF,D) R Fell & S Murray 6-9-9.....Harry Russell 97
- 4 (3) 700897 MILLION THANKS 168 (T,D) R Menzies 5-9-5.....Oisin Orr 86
- 5 (6) 197-57 HOSTELRY 18 (P) R Carr 7-9-2.....Hollie Doyle 94
- 6 (10) 7-4213 DO I DREAM 18 (CD) B Haslam 5-9-9.....Sam Fildes 98
- 7 (8) 1490-6 MY HONEY B 32 (D) M & D Easterby 4-8-12.....Billy Garrity 89
- 8 (7) 73-8058 KING SHARJA 20 R Carr 4-8-11.....Tom Eaves 85
- 9 (2) 6-48580 GLOBAL SPIRIT 45 (CD) R Fell & S Murray 9-8-9.....William Pyle 50
- 10 (1) 0459 PENNY GHENT 18 (H) M & D Easterby 6-7.....Oisin Orr 91
- 11 (5) 00090-9 MHAJIM 14 (H) C Banham 5-8-4.....Joey Haynes 77
- 12 (10) 197742 DISTINCTION 18 (V) J Mackie 6-8-4.....Andrew Breslin (3) 93

BETTING: 5-2 Running Star, 4 Harswell Duke, 5 Do I Dream, 7 Hostelry, Distinction, 12 Shimmering Sands, 11 Million Thanks, Global Spirit
WHERE FAVOURITES FINISHED: 5 1-2-4, 2-5-3
2023: Westernesse 4-9-10 Jason Watson 5-1 (D O'Meara) drawn 2, 11 ran.

Sunracing FORM

SHIMMERING SANDS (9-13) 15-2 towards rear, never showed, 12th of 13 (btn 11) to Anjo Bonita (9-3) (York 1/1m hcap) (4) £10,468 good.

RUNNING STAR (9-4) 13-5 always prominent, 2nd inside final furlong, no impression on winner, btn 7/4 by Light Speed (9-3) (11 ran) (Walthampton 1m tv ov 5) (£14.4V).

HARSWELL DUKE (9-6) 6-4 fav with leaders, every chance final furlong, always held by winner near finish, btn 7/4 by Astral Spirit (7) (11 ran) (Wetherby 1m hcap) (£5,359 soft).

MILLION THANKS (9-2) 9-1 held up, still a lot to 3rd out, ridden inside final furlong, kept out, never near, 7th of 12 (btn 4) to Star Shield (9-6) (Newcastle 1m hcap) (£5,129 AV).

DO I DREAM (8-12) 3-4 mid-division, pushed along (5) £3,496 good to soft.

GLOBAL SPIRIT (9-10) 9-1 tracked leaders, ridden 3rd out, weakened 2f out, 11th (well 3) (12 ran) (Thirk 1m hcap) (£5,234 soft).

PENNY GHENT (8-13) 80-1 slowly away, always in rear, never a factor, 14th of 15 (btn) to Orchestra (9-5) (Pontefract 1m hcap) (£5,466 good to soft).

MHAJIM (9-3) 40-1 always towards rear, ridden if out, soon weakened, 8th of 11 (87/4) to Sol Dao (9-5) (Nottingham 1m hcap) (£4,527 good).

DISTINCTION (9-3) 17-2 mid-division, headway under pressure to go 2nd over 1f out, not reach winner, btn 7/4 by Astral Spirit (7) (11 ran) (Beverly 1m hcap) (£4,527 good).

6.45 NORTHERN COMMERCIAL VEHICLES FILLIES' NOVICE STAKES (5); winner £3,780; 5f. (6 runners)

- 1 (1) 772 PENDLEBURY LANE 22 (H) Camacho 4-9-10.....Ryan Sexton 94
- 2 (3) 1-ENCHANTED LIFE 221 C Appleby 3-9-9.....Hollie Doyle 99
- 3 (5) 1-LOVE WARS 370 (D) J & S Quinn 3-9-9.....Jason Hart 97
- 4 (2) 3BARE ELEGANCE 22 B Haslam 3-9-2.....Andrew Breslin (3) 85
- 5 (4) 9-ESPRIIT QUEEN R Varian 3-9-2.....Cameron Noble 87
- 6 (6) 990 MILITARY QUEEN 352 (H) S Woods 3-9-2.....Dylan Hogan 71

BETTING: 11-10 Enchanted Life, 3 Espirit Queen, 4 Love Wars, 11-2 Pendlebury Lane, 33 Bare Elegance, 50 Military Queen
WHERE FAVOURITES FINISHED: 2 3
2023: Quandyry 3-9-2 Callum Rodriguez 9-1 (E Bethell) drawn 4, 9 ran.

Sunracing FORM

PENDLEBURY LANE (9-12) 10-1 led, headed if out, soon easily held by winner, btn 4/4 by Not Res (9-2) (11 ran) (Redcar 6f nov) (£4,050 soft).

ENCHANTED LIFE (9-2) 6-4 fav tracked leaders, going well 2f out, soon led, on top towards finish, bt Topanga (9-2) hd (14 ran) (Kempton 7f 11 nov stks) (£2,156.462 AV).

LOVE WARS (9-2) 15-2 in rear, pushed along 2f out, ran on strongly last 110 yards to lead final strides, bt Tallulabelle (9-2) 1/4 (12 ran) (Thirk 5f mdn) (£5,400 good to soft).

BARE ELEGANCE (9-3) 80-1 close up, pushed along if out, no impression, 3rd of 4 (btn 10) to Pocklington (9-9) (Newcastle 6f nov) (£3,840 AV).

MILITARY QUEEN (9-2) 28-1 dwelt, in rear, pushed along halfway, no progress, 9th of 10 (btn 17) to Beautiful Diamond (9-2) (Nottingham 5f mdn) (£5,098 good to firm).

ESPRIIT QUEEN came from a good family and related to Group-class Royal Rhythme.

7.15 MARTIN PERRINS MEMORIAL - PART 2 HANDICAP (5); value to the winner £3,664; 1m 4f. (9 runners)

- 1 (7) 134247 UNPLUGGED 226 (C,D) M & D Easterby 8-9-11.....Lewis Chalkley (7) 91
- 2 (4) 52316-0 WHATACRACKER 9 (H) M Wallford 4-9-10.....Ryan Sexton 85
- 3 (9) 527-4-2 JOIE DE VIVRE 51 (D) M Toothunter 9-9-8.....David Nolan 88
- 4 (2) 55322-7 MY HARRISON GEORGE 29 (BF) R Fahy 4-9-5.....Oisin Orr 94
- 5 (6) 93922-2 GORDON GREY 24 (T,B,F) B Brookhouse 4-9-4.....Jack Gilligan 99
- 6 (3) 5-20444 SWINGING LONDON 14 (P,T) J Mackie 6-9-2.....Andrew Breslin (3) 92
- 7 (5) 5/864-0 SEA MASTER 28 J Ward 4-9-2.....Cam Hardie 89
- 8 (1) 5045-9 MYTHICAL 28 S Whitaker 7-9-0.....Rowan Scott 84
- 9 (6) 590 STORM SPIRIT 66 B Hammond 6-9-10.....Billy Garrity 78

BETTING: 9-4 Joie De Vivre, 5-2 Gordon Grey, 4 My Harrison George, 8 Swinging London, 10 Unplugged, 12 Whatacracker, 16 Storm Spirit, 33 Mythical, 50 Sea Master
WHERE FAVOURITES FINISHED: 5 1 4 1-6
2023: Carrighilly 5-9-3 David Allan 3-1 JFav (T Easterby) drawn 5, 8 ran.

Sunracing FORM

UNPLUGGED (9-6) 10-1 always in rear, one pace final furlong, 7th of 8 (btn 9/4) to Stressfree (9-1) (Nottingham 1/1m hcap) (4) £5,234 heavy.

WHATACRACKER (8-9) 66-1 midfield, pushed along 3f out, 12th of 20 (btn 22) to Dancing in Paris (8-13) (York 1/1m hcap) (4) £12,885 good to firm).

JOIE DE VIVRE (9-11) 16-1 in rear, ridden to chase winner final furlong, stayed on near finish, btn out by Clear White Light (9-7) (11 ran) (Catterick 1/1m hcap) (£3,664 heavy).

MY HARRISON GEORGE (9-6) 5-2 fav held up, short strided, pushed along 2f out, soon beaten, last of 7 (btn) to Where's Jeff (9-11) (Beverly 1/1m hcap) (£4,527 soft).

GORDON GREY (9-11) 7-4 fav led, ridden 1f out, headed inside final furlong, kept on, btn 1/4 by Am For The Moon (9-9) (9 ran) (York 1/1m hcap) (£3,768 good).

SWINGING LONDON (8-11) 15-2 towards rear, ridden 1f out, stayed on towards finish, 4th of 8 (btn 6) to Chase The Dollar (9-9) (Chestor 1/1m) (£10,192 good to firm).

MYTHICAL (9-0) 33-1 close up, ridden when weakened, 16th of 16 (well btn) to Fiddlers Green (8-4)

SEA MASTER (8-12) 100-1 close up, pushed along and weakened 3f out, 12th of 16 (well btn) (Doncaster 1/1m hcap) (£5,437 soft).

STORM SPIRIT (9-11) 100-1 11th of 12 (well btn) to Tokyo Bay (8-10) (Ripon 1/1m mdn) (£5,187 heavy).

LONG SHOT ANGLE LAND (5.10 Goodwood) has winning form at this tricky track and likes a bit of cut in the ground. He's fit from a run on the all-weather and has come nicely down the weights.

7.45 BRITISH STALLION STUDS EBF RESTRICTED MAIDEN STAKES (2); 2-y-o; winner £16,200; 6f. (16 runners)

- 1 (9) 6BEAUHAATHER 32 A Murphy 9-7.....Frederick Larson 93
- 2 (2) 6CUDA BEEN A ROWLEX 14 R Fell & S Murray 9-7.....Harry Russell 89
- 3 (6) 3EIGHTEEN FOURTEEN 30 Pears 9-7.....Hollie Doyle 99
- 4 (15) 8I NEED YOUR LOVE 8 M & D Easterby 9-7.....Billy Garrity 74
- 5 (8) 8LOVE GAMES 20 K Ryan 9-7.....Tom Eaves 77
- 6 (16) PELLITORY A Owen 9-7.....Franny Norton 97
- 7 (5) PRAETORIAN A Watson 9-7.....Hollie Doyle 99
- 8 (12) RAYSHAM D Carroll 9-7.....Zak Wheatley 77
- 9 (10) REGAL GEM Tony Coyle & Kaine Wood 9-7.....David Nolan 97
- 10 (4) TACTICAL PLAN E Dunlop 9-7.....Jason Hart 97
- 11 (13) 3UNDER THE SEA 21 A Haynes 9-7.....Rowan Scott 98
- 12 (3) 4LATE ARRIVAL 11 K Frost 9-5.....Oisin Orr 91
- 13 (1) PERFDIA T Easterby 9-5.....Connor Murtagh 97
- 14 (11) VAULT OF HEAVEN K Frost 9-5.....Andrea Pinna 97
- 15 (7) EXPENSIVE ROSE C Johnston 9-2.....Oisin Orr 91
- 16 (14) 7GREEN GIFT 18 K Burke 9-0, 3-9-1.....Shane Gray 87

BETTING: 9-2 Eighteen Fourteen, 5 Expensive Rose, 6 Praetorian, 7 Under The Sea, 8 Greek Gift, 10 Pellitory, Tactical Plan, 11 Need Your Love
WHERE FAVOURITES FINISHED AND 2023: No corresponding race.

Sunracing FORM

EIGHTEEN FOURTEEN (9-7) 9-1 midfield, kept on inside final furlong, not reach leader, 3rd of 12 (btn 2/4) to Hot To Dot (9-0) BEAUHAATHER (9-4) 16-1 midfield, minor headway final furlong, 6th (btn 8) (11 ran) (Pontefract 5f mdn) (£5,231 soft).

CUDA BEEN A ROWLEX (9-5) 16-1 held up, outpaced 3f out, never a factor, 6th of 9 (btn 10) to Do I Dream (9-7) (Ripon 5f mdn) (£4,771 good).

I NEED YOUR LOVE (9-7) 50-1 mid-division, weakened over 2f out, 8th of 11 (btn 7/4) to Andesite (9-7) (York 6f nov stks) (£2,462 good).

LOVE GAMES (9-1) 1 in rear, some late headway, never dangerous, 8th of 13 (9) to End Of Story (9-7) (Thirk 1m hcap) (£5,140 good to soft).

UNDER THE SEA (9-4) 3-1 prominent, ridden 2f out, kept on one pace, 3rd of 7 (btn 2/4) to Gallius (9-4) (Fontainebleau 5f claim £10,435 soft).

GREEK GIFT (9-2) 8-1 slowly away, in rear, late headway final furlong, 7th of 12 (btn 8) to Call Me Harvord (9-2) (Beverly 5f mdn) (£2,616.200 soft).

PELLITORY 32,000m Sergei Prokofiev colt out of Daphnia.

PRAETORIAN €38,000 Romaneised colt out of Ghand.

RAYSHAM €32,000 New Bay gelding out of Contida.

REGAL GEM €28,000gns Zoustar colt out of Sassy Dresser.

TACTICAL PLAN Kodiac colt out of Game Plan.

LUGGIE €14,000gns Circus Maximus colt out of Estonia.

PERFDIA €15,000 Dandy Man colt out of Final Treat - closely related to dual Guineas winner Finiscoe Sea.

VAULT OF HEAVEN €24,000 Far Above colt out of Precariously Good.

EXPENSIVE ROSE €36,000 Australia filly out of Iveagh Gardens.

8.15 NAPOLEONS CASINO BRADFORD MAIDEN HANDICAP (5); value to the winner £3,664; 1m 2f. (11 runners)

- 1 (8) 58439-9 TIME TELLS ALL 20 D Carroll 4-10-2.....David Nolan 84
- 2 (6) 077-33 FIFTYSHADEARESEV 23 M Hammond 5-9-9.....Billy Garrity 97
- 3 (1) 284-536 LADDON 21 (S) Ender 4-9-8.....Harrison Shaw 97
- 4 (7) 25-95 LOVE WARRIOR 19 C Johnston 3-9-5.....Jason Hart 89
- 5 (7) 9-43 BREATHAKING 23 A Murphy 3-9-5.....Frederick Larson (3) 92
- 6 (4) 4376-4 SAVVY WARRIOR 39 S Woods 3-9-2.....Dylan Hogan 95
- 7 (5) 83-33 MINSTREL KNIGHT 27 (BF) E Bethell 3-9-2.....Hollie Doyle 99
- 8 (4) 24-2145 MULBERRY 23 (D) Scott 4-9-5.....Jason Hart 90
- 9 (2) 9P277-8 LILLSTAR 25 M Hammond 4-9-0.....Aiden Brookes (5) 82
- 10 (1) 60-542 VENTURA 13 C Johnston 3-9-0.....Franny Norton 96
- 11 (10) 9823-27 GLISTENING NIGHTS 15 R Fahy 3-8-11.....Billy Garrity 92

BETTING: 9-2 Spanish Vega, 5 Minstrel Knight, 6 Savvy Warrior, 7 Pippes, Breataking, 8 Glistening Nights, Love Warrior, 10 Fiftysadesreyed
WHERE FAVOURITES FINISHED: 1-3 3
2023: A Shining Moon 5-9-10 Graham Lee 25-1 (P Hildesley) drawn 2, 11 ran.

Sunracing FORM

PRINCESS KARINE (9-8) 11-4 fav in touch on outside, driven over 2f out, stayed on same pace inside final furlong, 4th of 12 (btn 1/4) to Mattice (9-9) £3,771 good.

DICKIEBURD (9-1) 17-2 prominent, shaken up 2f out, ridden to lead 1f out, headed final strides, btn 7/4 by Haymaker (9-8) (11 ran) (Nottingham 5f hcap) (4) £5,496 good).

VENTURA EXPRESS (9-9) 4-1 fav chased leaders, pushed along 2f out, ran on, 3rd of 13 (btn 1) to ZARZYNI (9-9) 9-1 mid-division, ridden and not extra 1f out, 11th of 13 (btn 87/4) to Star Of Lady M (9-5) (Thirk 5f hcap) (3) £9,421 good to soft).

MOULIN BOOJ (9-4) 9-2 held up in last pair, struggling in rear when hung right final 2f, never involved, last of 8 (15) to Walthampton (8-13) (Ascot 5f hcap) (4) £7,851 good to soft).

MILBANKE (9-3) 11-4 fav tracked leader, led 2f out, ridden and headed inside final furlong, kept on one pace, 3rd of 9 (2) to Pockley (9-2) (Newcastle 5f hcap) (4) £5,129 AV).

LATE ARRIVAL (9-6) 17-2 in touch, headway final furlong, ran on, 3rd of 13 (btn 1/4) to Secret Road (9-3) (Southwell 6f hcap) (£5,234 AV).

SAY thanks to **MANXMAN** (2.25 Goodwood, nap). He rose quickly through the ranks last season for the Crifords, winning and impressive five times over different trips. This son of Cracksman showed his liking for this sort of test when winning a Pontefract marathon and all going comes the same. His mark of 80 gives him scope for more as a four-year-old. Follow another multiple winner in **ISLE OF JURA** (3.35 Goodwood, nb). He has been a machine Bahrain with four wins from five starts. His UK form is strong too and this trip is right up his street. **DOHA** looked more than a handicapper when winning at Windsor last time out (4.55 Haydock, treble). She stormed home over a mile in soft ground and, being a Sea Stars filly, this distance is perfect.

LEGENDARY trainer Dermot Weld is quietly confident **Ezeliya Wright** can give him a second victory in the Oaks at Epsom. In total, Weld has won 24 English and Irish Classics and he's gunning for a 25th with his Salsabil heroine, who's a 9-2 chance. Weld said: "Ezeliya has lots of good qualities - she's a battler. She was good at Navan and I think she will handle Epsom."

PROBETS VERDE (4.30 Bath) clocked a good time when winning at Lingfield last time out. **GAMBLER** ON MALHAM TARN COVE (4.00 Bath) was backed from 7-1 to 7-2 before finishing second here last time out. **EYECATCHER**: BITTAL-LEMON (5.00 Bath) was a good sixth in a big field on debut at Newbury latest. **SUPER SPEED**: CINQUE

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TEMPLEGATE		TOM PEPPER	
1.50	The Flying Seagull	1.50	Siegen
2.25	MANXMAN (nap)	2.25	Pledgeofallegiance
3.00	Ya Hafhd	3.00	True Wisdom
3.35	Isle Of Jura (nb)	3.35	Mujtaba
4.10	Wild Tiger	4.10	WILD TIGER (nap)
4.40	Rukaana	4.40	Mr Baloo
5.10	Bishop's Crown	5.10	Fair Wind (nb)

TEMPLEGATE'S TRIO: Manxman and Isle Of Jura (double, both Goodwood) with Doha (Haydock).
TOM PEPPER'S DOUBLE: Wild Tiger and Fair Wind (both Goodwood).
SUNRATINGS NAP: YA HAFHD (3.00 Goodwood).
SIRIUS, Sun On Sunday, nap: TRUE WISDOM (3.00 Goodwood).

TRACKFAX ...
TIC-TAC: A tricky right-handed undulating switchback track with two bends. There is a straight 5f track. **DRAW**: Low best in sprints. **FAVOURITES**: (2019-2024): 226 have won out of 669 races (34%). At corresponding meetings, 22 have won out of 65 races (34%). **JACKPOT**: 1-6. **LIVE ON RACING TV**

HOT 'N NOT
TRAINERS with best record in last 14 days: C Hills 5 wins from 20 runners; R Beckett 8 from 39; J Owen 5 from 26; J & T Gosden 9 from 47; A Balding 10 from 61; C Cox 4 from 28; K R Burke 7 from 50; W Haggas 6 from 43; G & J Moore 4 from 38; R Hannan 4 from 58. **JOCKEYS with best record in last 14 days**: P Dobbs 5 wins from 18 rides; O Murphy 16 from 66; W Buick 12 from 50; C Beasley 7 from 37; R Havlin 5 from 33. **TRAINERS who have had the most runners since last win**: S Hosie 35; H Evans 30. **JOCKEYS who have had the most rides since last win**: H Turner 33; G Wood 28; J Leavy 25.

TOP TRAINERS		TOP JOCKEYS	
2019-2024	A Balding 42-261, W Haggas 29-140, R Hannan 24-266, J Egan 12-140, R Havlin 11-53, J Fanning C Hills 17-131, D Menuisier 16-80, G & J Moore 13-132, C Cox 11-82. THIS SEASON: J Channon 3.	2019-2024	O Murphy 44-233, W Buick 39-173, P Dobbs 12-116, David Egan 12-140, R Havlin 11-53, J Fanning C Hills 17-131, D Menuisier 16-80, G & J Moore 13-132, C Cox 11-82. THIS SEASON: R Havlin 2.

TRAINER TRACE
FIRST RACE FOR NEW YARD: None. **RACEFAX**: G & J Moore won the 2.25 in 2019 & 2022. **LONGEST TRAVELLERS**: Royal Rhyme (3.35) trained by K R Burke, Leyburn, round trip of 596 miles; Yorkindness (2.25) & True Wisdom (3.00) trained by C Johnston, Middleham, round trip of 582 miles; Robert Johnson (2.25), P Kirby, Richmond, round trip 580 miles.

IN THE MONEY
MONEY TALKS: Juana Ines (3.00) opened 6-1, third at 7-2; Maxident (2.25) opened 5-2 third at 15-8; Angle Land (5.10) opened 5-1, unplaced at 7-2; Spanish Blaze (4.40) opened 10-1, unplaced at 6-1; Acklam Express (5.10) opened 8-1, unplaced at 6-1. **TOP EARNERS**: 3.35 Isle Of Jura £570,690; 3.35 Passion And Glory £371,390; 5.10 Acklam Express £250,201; 5.10 Lihou £176,998; 3.35 Royal Rhyme £148,706; 5.10 Dream Composer £140,770.

UNDER ORDERS
SEVEN-DAY WINNERS: None. **BLINKERED FIRST TIME**: 3.35 Mujtaba. **VISORED FIRST TIME**: None. **FIRST RUN SINCE WIND UP**: Acklam Express (5.10), WEIGHTWATCHER: 4.10 Able Kane (won off 8f down 5lb to 82); RacingBreaks Ryder (won off 9f, down 5lb to 85); 5.10 Spring Bloom (won off 84, down 3lb to 81); Watchya (won off 85, down 4lb to 81); Angle Land (won off 80, down 8lb to 72); Dream Composer (won off 96, down 9lb to 87); Safari Dream (won off 82, down 9lb to 73); Lihou (won off 82 down 11lb to 71). **JOB JOCKEY**: P Dobbs rides Fair Wind (4.10) for Owen Burrows, 3 from 11, 27%. O Murphy rides Wild Tiger (4.10) for S Bin Suror, 85 from 328, 26%. O Murphy rides Vino Victrix (2.25) for H Morrison, 44 from 200, 22%. J Leavy rides Dream Composer (5.10) for H Evans, 11 from 49, 22%.

1.50 BRITISH STALLION STUDS NOVICE STAKES (Class 4) 2-Y-O; £7,851; 6f (10 runners)

1	ARABIAN SUN	Clifford Lee	—
(10)	C Cox 9-7	Saxon Warrior colt out of Gheeda	Cost 50,000gns as a yearling, bred for speed, yard been in the winners, e-w
2	ASHEN	Hayley Turner	—
(5)	M Tregoning 9-7	Phoenix Of Spain colt out of Fly On The Night	Cost 27,000gns as a yearling, yard been quiet, others likely to be smarter today
3	BERKSHIRE KAMEO	Oisín Murphy	—
(3)	A Balding 9-7	Kameko colt out of Terry	Cost 52,000gns as a foal, sold for £90,000 as yearling, trainer/jock in good form
4	59 BOWNDER 39	David Egan	80
(7)	J Portman 9-7	Twice found wanting in lesser contests, up in trip now but hard to make case for	
5	HUCKLESBROOK	Joe Leavy (5)	—
(1)	R Teal 9-7	Acclaim colt out of Tumblewind	Cost 25,000gns as a foal, sold for 85,000gns last month, should be speedy
6	INCA TRAIL	Trevor Whelan	—
(8)	M Tregoning 9-7	Mohaather colt out of Raymi Coya	Cheap buy at just 18,000gns as a yearling, bred to need further than this trip
7	ORIGINAL OUTLAW	Hector Crouch	—
(9)	R Beckett 9-7	Wootton Bassett colt out of Dreams With You	Cost a big 300,000gns as a yearling, yard in great form, should be in the mix
8	2 RED SAND 18	Saffie Osborne	●99
(4)	E Walker 9-7	Fine debut at Bath over 5f, showed pace and good attitude, the one to beat	5
9	5 SIEGEN 18	Pat Dobbs	94
(2)	R Hannan 9-7	Cost 250,000gns as a yearling, solid debut, be better for run, on the shortlist	£0
10	3 THE FLYING SEAGULL 15	William Buick	97
(6)	H Palmer 9-7	Showed ability to chase down two experienced rivals at Chester, more to come	£4,784

BETTING: 7-2 Red Sand, 4 The Flying Seagull, Original Outlaw, 5 Berkshire Kameo, 6 Arabian Sun, Siegen, 14 Hucklesbrook
WHERE FAVOURITES FINISHED: 3 6 2
2023: Barnwell Boy 9-7, O Murphy 5-1 (C Johnston), dr 5, 11 ran.

2.25 WILLIAM HILL EXTRA PLACES HANDICAP (3) winner £10,308; 2m (10 runners)

1	62103-1 TEMPORIZE 212 (C)	Kevin Stott	90
(10)	S Hosie 5-9-12	Won marathon here on last visit, 5lb higher, certain to stay, chance	£72,457
2	04053- VINO VICTRIX 170 (CD)	Oisín Murphy	97
(9)	H Morrison 6-9-11	Likes track and stays strongly, soft suits, fair weight, major player	£94,262
3	1031-3 PLEDGE OF ALLEGIANCE 26 (P;D)	Luke Morris	94
(4)	Sir M Prescott 4-9-8	Yard loves a stayer, 3lb above last win, soft ideal, won't be far away	£31,319
4	120-32 ROBERT JOHNSON 35 (D)	Connor Beasley	98
(7)	P Kirby 6-9-8	Went close in good Newbury race, stays well but 13lb above last win	£61,411
5	3114-4 YORKINDNESS 14 (D)	Joe Fanning	95
(6)	C Johnston 5-9-7	Good run at Chester, stays well, any ground, fair weight, place hope	£63,293
6	347-23 MAXIDENT 20 (BF)	David Egan	93
(5)	D F Davis 4-9-4	Just tipped here over 1m 2 last, likes soft, will try to dictate from front	£21,799
7	1111-2 MANXMAN 21 (V;D)	Robert Havlin	95
(8)	S & E Crisford 4-9-3	Good form in lower grades, went close here latest, right in the hunt	£26,374
8	44-6U HURTLIE WALL OP	Pat Cosgrave	86
(1)	J Boyle 4-9-1	Unseated at start latest, modest maiden form, not one to rely on	£1,896
9	811-34 PLUS POINT 20	George Wood	91
(3)	H Eustace 4-9-0	Good form over 1m4f, maybe didn't stay 2m latest, bit to prove now	£13,244
10	2644-2 HAVAILA 20	William Buick	●99
(2)	G & J Moore 5-8-13	Good hurdler, solid Flat comeback latest, Buick up, won't be far away	£14,690

BETTING: 9-2 Manxman, 5 Maxident, 11-2 Robert Johnson, 6 Pledgeofallegiance, 13-2 Havaila, 15-2 Yorkindness, 8 Vino Victrix, Plus Point, 12 Tempozize, 50 Hurtle Wall Op
WHERE FAVOURITES FINISHED: 8 1 3 5
2023: First Emperor 4-9-5, R Havlin 6-1 (J Ryan), dr 7, 11 ran.

3.00 SUNRACING FORM

TEMPORIZE (10-1) 14-1 tracked leader, led 2f out, headed 1f out, kept on, 3rd of 7 (btn 2/4) to Cimon Kenny (8-1) (Kempton 2m hcap (3) £7,731 AW).
VINO VICTRIX (8-1) 12-1 prominent 2f, tracked leaders, effort 2f out, every chance, kept on one pace, 3rd of 14 (btn 2/4) to Duke Of Oxford (7-13) (Kempton 2m hcap (2) £41,232 AW).
PLEDGE OF ALLEGIANCE (8-4) 14-1 soon led, went clear after 3f, reduced led 10f out, pushed along 3f out, ridden and headed 1f out, 3rd of 9 (btn 1/4) to Prydwen (9-12) (Southwell 2m hcap (2) £39,255 AW).
ROBERT JOHNSON (8-4) 13-2 in touch, headway 2f out, kept on, btn 1/4 by Prince Alex (8-5) (Newbury 2m hcap (2) £23,183 good to soft).
YORKINDNESS (9-6) 11-1 close up, pushed along and headway 1f out, kept on, 4th of 16 (btn 7/1) to Alphonse Le Grande (8-10) (Chester 2m 3f hcap (2) £25,480 good to firm).
HAVAILA (9-0) 17-2 mid-field, travelling okay 3f out, ridden, stayed on, btn (8-1) 9-5 fav led, pressed for lead and ridden 3f out, soon headed, kept on, 3rd (btn 7/4) to PLUS POINT (9-4) 5-1 mid-field, ridden 4f out, kept on one pace, 4th (btn 8/1) (7 ran) (Goodwood 2m hcap (4) £10,805 soft).
MANXMAN (9-7) 5-2 tracked leader, pushed along to join leader and every chance 2f out, led briefly close home, headed run-in, btn hd by Rathgar (9-10) (5 ran) (Goodwood 1/2m hcap (4) £5,621 heavy).
HURTLIE WALL OP unseated rider latest, earlier (10-2) 28-1 fly ridden 4f out, on impression 2f out, 6th of 8 (btn 12/1) to Belhaven (10-0) (Sligo 1/2m hcap £15,600 yielding to soft).
ENTRANCEMENT (9-5) 20-1 in touch, ridden and headway final furlong, kept on same pace, 7th of 18 (btn 5/4) to Qassid (9-2) (Newbury 1/2m hcap (4) £10,805 good to soft).
AVON LIGHT (10-1) 11-1 in touch, headway 2f out, one pace, 3rd of 10 (btn 4/1) to Wards Janna (9-0) (Ascot 1/2m hcap (4) £10,805 good).
YA HAFHD (9-5) 4-5 fav headway final furlong, stayed on towards finish, btn 1/1 by Turner Girl (9-4) (7 ran) (Doncaster 1/2m hcap (5) £4,337 soft).
STRUTTING (9-2) 14-1 outpaced and struggling 3f out, no extra, 4th of 8 (btn 18/1) to Friendly Soul (9-2) (Newmarket 1/2m Listed (1) £34,026 good).
MALLAVEY (9-2) 9-2 led inside final 2f, headed 1f out, hung right final furlong, no extra, 3rd of 6 (btn 7/4) to Sea Just In Time (9-2) (Newmarket 1/2m mdn (2) £20,616 good).

3.00 BRITISH STALLION STUDS EBF FILLIES' HCAP (3); £25,770; 1m 4f (11 runners)

1	78112- DIVINA GRACE 230 (D)	Darragh Keenan	98
(10)	R Guest 4-10-2	Consistent, likes this trip, 7lb higher than last win and best on fast	£60,204
2	117-62 SWEET FANTASY 27 (D)	Callum Shepherd	97
(8)	J Owen 5-10-0	Solid second last time, likes this trip, best with some out, shortlisted	£36,695
3	317-23 AYDAB 48	Robert Havlin	91
(4)	S Woods 4-9-11	Bits of form on the AW, shapes like a stayer, more needed for this	£13,220
4	513- JUANA INES 231 (H)	William Buick	95
(7)	H Charlton 4-9-11	Maiden winner in France, promise on UK debut, yard in hot form	£13,465
5	6480-4 NO NIKI NO 19 (B)	Kevin Stott	89
(2)	E O'Neill (Fr) 8-9-10	Went close off this mark at Sligo, stays strongly, best efforts so far	£89,222
6	2072-7 ENTRANCEMENT 34 (C)	Oisín Murphy	91
(9)	D Menuisier 4-9-8	Runs: 13 Wins: 2 (2S) Trainer: 3 Last win here last May, should stay, place in form, needed last run	£18,331

7	42113 AVON LIGHT 13 (T)	Saffie Osborne	91
(8)	W Muir & C Grassick 4-9-7	In good form over 1m2f on AW, will stay, on fair mark, place player	£20,912
8	41-2 YA HAFHD 28 (BF)	Ray Dawson	●99
(1)	R Varian 4-9-4	Went close over 1m2f latest, trip will suit, on the upgrade, one to beat	£6,801
9	014-2 TRUE WISDOM 44	Joe Fanning	96
(3)	C Johnston 3-8-8	Good comeback second, longer trip ideal, more to come, contender	£3,702
10	621-4 STRUTTING 19	Tyler Heard (3)	94
(11)	J & T Gosden 3-8-6	Listed too hot last time, longer trip should help, don't write her off yet	£12,851
11	96-23 MALLAVEY 21	Hayley Turner	93
(6)	J Chapple-Hyam 3-8-5	Promise in maidens, bred for this trip, yard flying, won't be far away	£10,879

BETTING: 5 Ya Hafhd, 11-2 Mallyvey, 13-2 Juana Ines, 7 Divina Grace, Strutting, 8 True Wisdom, Sweet Fantasy, Ayyab, 10 Avon Light, 12 Entrancement, 16 No Niki No
WHERE FAVOURITES FINISHED: 7 1 2 1
2023: Good Morals 8-8-1, J Fanning 13-8 Fav (C Johnston), dr 4, 9 ran.

3.35 SUNRACING FORM

AVON LIGHT (9-1) 13-2 prominent, ridden 2f out, stayed on, btn 7/4 by Vera Verto (9-10) (9 ran) (Newmarket 1/2m hcap (2) £26,072 good to firm).
SWEET FANTASY (10-1) 17-2 tracked leader, led 3f out, ridden and headed final furlong, one pace, btn 2/4 by Flash Bardot (9-13) (7 ran) (Doncaster 1/2m hcap (3) £10,468 soft).
AVON LIGHT (9-1) 10-1 went 2nd 1f out, led finish, but Roxanne (9-5) 1/4 AYYAB (9-9) 3-1 led, driven 1f out, headed finish, 3rd (btn 7/4) (6 ran) (Cheimselford 1/2m hcap (4) £5,621 AW).
JUANA INES (9-5) 7-2 headway 1f out, kept on one pace, 3rd of 8 (btn 6/1) to Hampton Park (9-0) (Ascot 1/2m mdn (3) £10,805 good).
NO NIKI NO (9-9) 25-1 led and soon clear, 15 lengths advantage halfway, pushed along 2f out, ridden 1f out, headed inside last 50 yards, 4th of 11 (btn 1/4) to Belhaven (10-0) (Sligo 1/2m hcap £15,600 yielding to soft).
ENTRANCEMENT (9-5) 20-1 in touch, ridden and headway final furlong, kept on same pace, 7th of 18 (btn 5/4) to Qassid (9-2) (Newbury 1/2m hcap (4) £10,805 good to soft).
AVON LIGHT (10-1) 11-1 in touch, headway 2f out, one pace, 3rd of 10 (btn 4/1) to Wards Janna (9-0) (Ascot 1/2m hcap (4) £10,805 good).
YA HAFHD (9-5) 4-5 fav headway final furlong, stayed on towards finish, btn 1/1 by Turner Girl (9-4) (7 ran) (Doncaster 1/2m hcap (5) £4,337 soft).
STRUTTING (9-2) 14-1 outpaced and struggling 3f out, no extra, 4th of 8 (btn 18/1) to Friendly Soul (9-2) (Newmarket 1/2m Listed (1) £34,026 good).
MALLAVEY (9-2) 9-2 led inside final 2f, headed 1f out, hung right final furlong, no extra, 3rd of 6 (btn 7/4) to Sea Just In Time (9-2) (Newmarket 1/2m mdn (2) £20,616 good).

3.00 TEMPLEGATE'S VERDICT

YA HAFHD was a good second on handicap debut at Doncaster last time. She looked in need of this step up in distance and should be fitter for that experience. **Juana Ines** has shown promise in maidens including when third at Ascot in October. There's more to come now she steps into handicaps. **True Wisdom** was an improved second at Kempton and would be a contender if able to repeat that form back on grass. It's early days and this trip should suit. **Sweet Fantasy** went close at Doncaster last time and is back from the same mark. She likes some cut and has solid place claims.

3.35 WILLIAM HILL FESTIVAL STAKES (LISTED) (1); winner £34,026; 1m 2f (8 runners)

1	12-11 ISLE OF JURA 7 (D)	Callum Shepherd	97
(8)	G Scott 4-9-6	Listed winner in Bahrain, likes trip, unproven on soft but major player	£570,680
2	10115- ROYAL RHYME 216 (T;C;D)	Clifford Lee	98
(5)	K Burke 4-9-6	Due to run last night, trip and track ideal, big chance if turning up	£148,706
3	2-6476 J CHAPPLE-HYAM 37 (D)	David Egan	90
(7)	J Clapley-Hyam 5-9-3	Hits and miss for a while, not disgraced in Gr3 latest, trip fine, bit to find	£106,434
4	1/2-68 MUJTABA 34 (B+;T;D)	William Buick	●99
(6)	W Haggas 6-9-3	Won hot hcup last year, poor last two runs, best form would win this	£85,681
5	66070 PASSION AND GLORY 55 (C;D)	Kevin Stott	87
(2)	S Bin Suror 8-9-3	Not been showing much in Dubai, likes longer, getting on a bit now	£371,390
6	21106- ELEGANCIA 195 (H;D)	Trevor Whelan	92
(3)	H Charlton 4-8-12	Best form over this trip, prefers quick ground, trainer in flying form	£23,390
7	72364- EMPRESS WU 199 (D)	Luke Morris	91
(4)	D Simcock 4-8-12	Few miles on clock, has run well here before, may need this comeback	£33,497
8	250-43 SEA OF ROSES 20	Oisín Murphy	94
(1)	A Balding 4-8-12	Good run here latest over 1m4f, up to this grade, likes soft, chance	£54,152

BETTING: 2 Royal Rhyme, 7-2 Isle Of Jura, 9-2 Mujtaba, 15-2 Sea Of Roses, 8 Passion And Glory, 10 Claymore, 12 Empress Wu
WHERE FAVOURITES FINISHED: 1 4 1 2
2023: King Of Conquest 4-9-3, J Doyle 4-1 (C Appleby), dr 2, 5 ran.

3.00 EACH-WAY THIEF

SWEET FANTASY (3.00 Goodwood) should have the bit of cut in the ground she needs over a trip that suits. Have an each-way double with ZAIN BLUE (4.40 Goodwood) who went close at Ascot last time and looks capable of improvement.

Sunracing

ISLE OF JURA (9-2) 11-10 fav mid-field in main group, driven 2f out, challenged 1f out, led final 150yds, stayed on strongly, bit Sovereign Spirit (8-13) 2/2. **PASSION AND GLORY** (9-3) 16-1 led main group, asked for effort 2f out, no extra, 7th (btn 6/1) (10 ran) (Bahrain 1/2m Listed £262,500 good to firm).
ROYAL RHYME (9-3) 16-1 tracked leaders, ridden to lead 2f out, no extra, 11th of 21 (btn 4/1) (10 ran) (Ascot 1/2m Grp 1) £737,230 soft).
CLAYMORE (9-2) 33-1 pushed along 2f out, ridden and beaten 2f out, 6th of 8 (btn 6/4) to Ottoman Fleet (9-2) (Newmarket 1m Grp 3) £484,204 good).
MUJTABA (9-2) 7-1m touch, pushed along 2f out, weakened 1f out, 8th of

TEMPLEGATE

ISLE OF JURA swerved your Stakes to run in this and He had a lucrative to have improved sort of trip. M a little but he seasons ago would bring More rain the was a good th She likes to get could be an asset. Empre visit here and sees out this run but would have a chance Jane Chapple-Hyam.

4.10 WILLIAM HILL EXTRA PLACES HANDICAP

1	1/241 WILD	S Bin Suror	—
(3)	Runs: 4 Wins: 2 (A,C)	Impressive latest, likes this	
2	146-12 STREET	K De Foy	—
(2)	Runs: 29 Wins: 5 (3A,3B)	Quirky but has pace and w	
3	009-38 TOIMY	D Menuisier	—
(11)	Runs: 18 Wins: 3 (G)	Not won for a while, held o	
4	2-1227 SMOKE	C Follow	—
(8)	Runs: 9 Wins: 2 (2A)	Likes this trip on AW, soft	
5	34130 HIERONYMUS	G Baker 7	—
(1)	Runs: 41 Wins: 5 (5A)	All wins have been on the	
6	067-00 RACING	C Hills 4-9	—
(12)	Runs: 14 Wins: 4 (3S)	Been struggling for a while	
7	187-40 CARA	R Teal 4-9	—
(4)	Runs: 12 Wins: 2 (F,G)	Best form on the sand, not	
8	117-4 BE FR	H Candy	—
(10)	Runs: 6 Wins: 2 (F,G)	Best form over 6f so far, fav	
9	038-74 ABLE	B Millmar	—
(6)	Runs: 45 Wins: 8 (5,2)	Held in lesser race last time	
10	3121-5 AUROC	E Walker	—
(5)	Runs: 8 Wins: 2 (F,G)	Solid form over this trip, fav	
11	500-00 BOOK	J Williams	—
(7)	Runs: 12 Wins: 1 (A)	Been struggling for a while	
12	3931-7 TAHITI	G Baker 7	—
(9)	Runs: 24 Wins: 5 (2A)	Best on the sand, fair 3lb a	

BETTING: 10-3 Wild Tiger, 11-2 Aurora Dawn, 10 Able Kane, RacingBreaks Ryder, 14 Tahitian
WHERE FAVOURITES FINISHED: 2023: Roney Guest 6-9-6, T Quinn

BEST FOR COLOURS AND FORM CORAL

TEMPLEGATE VERDICTS

GOING: GOOD TO SOFT

ng FORM

10 (btn 13) to Hamish (9-5) (Newbury 17m Grp 3) £48,204 good to soft.
PASSION AND GLORY (9-2) 150-1 handy, ridden 2f out, faded, 10th of 15 (btn 13) to Towel of London (6-10) (Meydan 2m Grp 2) £450,472 good.
ELEGANCIA (9-1) 12-1 held up rear, headway 1f out, no threat, 6th of 13 (btn 57/4) to Mukaddamah (9-4) (Newcastle 17m Listed) £229,600 AW.
EMRESS WU (9-0) 9-1 prominent, pushed along 2f out, ran on, 4th of 14 (btn 47/4) to Safety Catch (8-0) (Lingfield 5m 5f Listed) £335,160 AW.
SEA OF ROSES (9-2) 7-1 held up in rear, switched 3f out, every chance 1f out, 3rd of 7 (btn 3) to Gather Ye Rosebuds (9-2) (Goodwood 17m Listed) £34,026 good to soft.

ES VERDICT

Yesterday's Brigadier Gerard did not patience and can pay off winter in Bahrain and looks fed since moving up to this **ujtuba** has gone off the boil was a hot handicapper two and anything like that form him right into the picture. better for **Sea Of Roses** who dird here over 1m4f last time. her toe in and her stamina **ess Wu** ran well on her last strip well. She may need the nce if wound up by in-form

IC BOOST HANDICAP (3) £10,468; 7f (12 runners)

TIGER 20 (P;D)
 Poor 5-9-11 **Oisín Murphy** 97
 Places: 2 £19,849
 Trip on soft, could defy 7lb weight rise

ET KID 33 (P;D)
 6-9-10 **Hector Crouch** 98
 Places: 11 £114,412
 Went close latest, trip fine, on fair weight

Y SON 33 (D)
 4-9-10 **Kyle Strydom** 94
 Places: 4 £87,954
 In turf return latest, hard to fancy here

Y MOUNTAIN 76 (D)
 4-9-4 **Callum Shepherd** 91
 Places: 5 £32,396
 Ground fine on turf, 7lb above last success

ONYMUS 34 (P;D)
 9-9-4 **Charles Bishop** 96
 Places: 11 £78,045
 Sand, trip suits, poor on turf last time out

NGBREAKS RYDER 20 (D)
 4-9-10 **William Buick** 94
 Places: 2 £52,187
 Trip suits on soft, Buick booking a plus

GIO 13 (P;D)
 4-9-10 **Clifford Lee** 95
 Places: 1 £17,715
 Disgraced in Victoria Cup latest, each-way

HANK 21
 4-9-3 **Trevor Whelan** 99
 Places: 5 £13,263
 In run over this trip latest, has more to offer

KANE 18 (T;D)
 7-9-1 **Ross Coakley** 94
 Places: 9 £138,065
 Best with some cut, coming down weights

RA DAWN 39 (D)
 4-9-1 **Saffie Osborne** 96
 Places: 1 £14,212
 5lb above last win, any ground, chance

OF LIFE 33 (D)
 4-9-1 **David Egan** 82
 Places: 3 £26,596
 Coming down weights but hard to fancy

IAN PRINCE 23 (P;T;D)
 8-13 **Pat Cosgrave** 90
 Places: 5 £59,790
 Above last win, looks short of this standard

Street Kid, 6 Be Frank, 8 Caragio, 7 Toimy Sun, Smoky Mountain, Prince, 20 Hieronymus

ED: 4 1 1 2
 Really 4-1 (G Margaron), dr 4, 9 ran.

ng FORM

prominent, driven 2f out, 13th of 14 (btn 13) to Titan Rock (8-7) (Thirsk 1m hcap) £25,770 good to soft.
CARAGIO (8-4) 22-1 in touch, headway 3f out, every chance 2f out, 12th of 21 (btn 67/4) to The Wizard Of Eye (9-2) (Ascot 7f hcap) £25,540 good.
BE FRANK (8-13) 11-1 headway far side of group 1f out, stayed on, 4th of 10 (btn 27/4) to Noble Dynasty (9-12) (Newmarket 7f hcap) £25,770 good.
ABLE KANE (9-1) 11-1 prominent, every chance 1f out, kept on one pace, 4th of 9 (btn 47/4) to Tiriac (8-11) (Windsor 6f hcap) £4,281 heavy.
AURORA DAWN (9-7) 11-2 last to break held up in last pair, shaken up to close and hung right 2f out, held, 5th of 6 (btn 77/4) to Oliver Show (9-9) (Kempton 7f hcap) £4,281 AW.
TAHITIAN PRINCE (9-8) 16-1 in touch mid-division, headway and switched 2f out, one pace, 7th of 14 (btn 6) to Whitoa Rockstar (9-2) (Kempton 1m hcap) £4,257 AW.

TEMPLEGATE'S VERDICT

4.10 **WILD TIGER** was an easy winner at Yarmouth last time so a 7lb rise in the weights shouldn't be enough to put the brakes on. This son of Frankel has been hard to train but powered home over this trip and can follow up. **Street Kid** is in fine form and followed a Wolverhampton win with a game success at Musselburgh back on turf. He throws his head about a bit but is certainly genuine and will be right there again. **Be Frank** has few miles on the clock and was far from disgraced when trying this trip at Newmarket last time. He is 5lb above his last win but is on the upgrade. **Aurora Dawn** won her last turf start at Newbury and looked very rusty after 10 months off at Kempton. She will show her true colours today and could place.

4.40 SHARES FROM £45 AT RACINGCLUB.COM HCAP (4) 3-Y-0; £6,621; 1m (11 runners)

1 284-52 **ARAGON CASTLE 27 (T)**
 (7) A Balding 9-9 **Oisín Murphy** 98
 Runs: 7 Wins: 1 (F) Places: 2 £15,378
 Good run in the mud at Haydock, trip suits, on the premises again

2 317-4 **QUEEN'S REIGN 24**
 (5) E Walker 9-7 **Saffie Osborne** 92
 Runs: 4 Wins: 1 (G) Places: 2 £6,251
 Finished well over 7f latest, down weights, looks capable of better

3 13-141 **MR BALOO 23 (D)**
 (9) R Hannon 9-7 **Joe Leavy** (5) 95
 Runs: 13 Wins: 4 (F,2A,G) Places: 2 £33,350
 In fine form, trip suits, best on quicker ground, only up 2lb for last win

4 6441-7 **BOYFRIEND 14**
 (1) R Hannon 9-7 **Pat Dobbs** 91
 Runs: 6 Wins: 1 (S) Places: 1 £10,411
 Needed comeback, best with some cut, fair mark, can run well

5 59-360 **BETTIES BAY 20**
 (3) G Nicholls 9-6 **Joshua Bryan** 82
 Runs: 8 Wins: 1 (G) Places: 2 £12,219
 Best recent form over shorter, poor last time, needs much more here

6 416- **MR MONACO 224**
 (11) R Beckett 9-6 **Hector Crouch** 90
 Runs: 3 Wins: 1 (F) Places: 2 £5,624
 Promise in maidens, trip, should suit, yard in fine form, watch betting

7 224-32 **ZAIN BLUE 14**
 (8) J Butler 9-5 **Luke Morris** 95
 Runs: 5 Wins: 1 (G) Places: 4 £31,530
 Went close on hcap debut latest, trip suits, fair weight, contender

8 13130- **SPANISH BLAZE 224**
 (2) M Trengoning 9-4 **Trevor Whelan** 91
 Runs: 6 Wins: 2 (2G) Places: 1 £19,716
 Solid form over 7f, handles some cut, gone up weights, needs more

9 891-61 **RUKAANA 13 (D)**
 (6) C Hills 9-3 **William Buick** 99
 Runs: 6 Wins: 2 (A,G) Places: 2 £7,408
 Bit in hand at Nottm latest, trip and ground fine, looks hard to beat

10 104-27 **MIGUEL 53 (D)**
 (4) J Channon 9-2 **George Bass** (3) 94
 Runs: 8 Wins: 2 (2G) Places: 3 £17,279
 Best turf form over this trip, coming down weights, chance if on soft

11 952-49 **THE SMILING WOLF 14**
 (10) J Channon 8-13 **Charles Bishop** 89
 Runs: 10 Wins: 1 (GS) Places: 2 £10,565
 Promise over 7f, didn't stay a mile last time, needs to raise his game

BETTING: 4 Rukaana, 11-2 Zain Blue, 6 Mr Monaco, Mr Baloo, Aragon Castle, 13-2 Spanish Blaze, 10 Miguel, Queen's Reign, 14 Boyfriend, 33 Betties Bay, The Smiling Wolf

WHERE FAVOURITES FINISHED: 3 5 4
 2023: Sudden Ambush 9-5, O Murphy 15-2 (A Balding), dr 7, 11 ran.

Sunracing FORM

ARAGON CASTLE (9-7) 4-1 tracked leaders, ridden and headway to chase winner 1f out, stayed on finish, btn 27/4 by Nellie Lyle (9-5) (Newmarket 7f hcap) £15,462 good.
MR MONACO (8-13) 14-1 rear half-way, stayed on steadily from 1f out, 8th of 16 (btn 37/4) to Apiarist (9-0) **SPANISH BLAZE** (9-3) 6-1 rear, ridden and no impression 2f out, soon well held, 15th (well btn) **MIGUEL** (9-3) 11-1 prominent, ridden and lost position 2f out, soon well beaten, last (well btn) (York 7f 2yo siks) £50,960 soft.
RUKAANA (9-3) 6-1 held up in last, outpaced 3f out, stayed on strongly, led final furlong, asserted, bt Phoenix Duchess (8-13) 27/4 (7 ran) (Nottingham 1m hcap) £5,437 good.
MIGUEL (9-5) 4-1 tracked winner, pushed along 2f out, last of 7 (btn 57/4) to Rocking Tree (9-9) (Whampton 1m 1f hcap) £4,237 AW.

TEMPLEGATE'S VERDICT

4.40 **RUKAANA** got the job done nicely when winning at Nottingham last time and can improve with William Buick taking over in the saddle. He relished this trip and this is just his fourth run in a handicap. **Zain Blue** looks a contender after going close on his handicap debut at Ascot last time. The slight worry is the softer conditions he will face here but he's back from the same mark with every chance. **Mr Baloo** has been flying on the all-weather over this trip and is only 2lb higher than his Kempton success earlier this month. He has coped with softish turf ground and has place prospects. More rain the better for **Aragon Castle** who was second in the mud at Haydock last time. He is a strong stayer who held his own in decent company. **Queen's Reign** stayed on well when fourth over 7f at Yarmouth and could improve for this stiffer test.

5.10 GOODWOOD HEALTH RETREATS HCAP (3) value to winner £10,468; 5f (10 runners)

1 4-5038 **DREAM COMPOSER 14 (P;CD)**
 (9) H Evans 6-9-9 **Joe Leavy** (5) 97
 Runs: 42 Wins: 8 (F,A,G,S,2G) Places: 10 £140,770
 Went close on last run here, likes soft, down weights, can't be ignored

2 321-12 **BISHOP'S CROWN 21**
 (8) E Houghton 4-9-7 **Charles Bishop** 98
 Runs: 10 Wins: 2 (S,G) Places: 7 £27,564
 Flying form over 6f, track suits on soft ground, chance if pacey enough

3 67000- **ACKLAM EXPRESS 230 (CD)**
 (6) C Cox 6-9-6 **Kevin Stott** 90
 Runs: 28 Wins: 3 (2GS,G) Places: 6 £250,201
 Had wind up after a few poor runs, likes it here but this looks tough

4 4201-2 **FAIR WIND 23 (D)**
 (3) Burrows 4-9-6 **Pat Dobbs** 99
 Runs: 8 Wins: 2 (S,A) Places: 4 £26,610
 Went close at Ascot on return, trip ideal, yard in form, major player

5 242215 **NIGHT ON EARTH 15 (T;D)**
 (1) I Williams 6-4-4 **Saffie Osborne** 95
 Runs: 58 Wins: 10 (F,5A,4G) Places: 11 £120,310
 Good run from bad draw at Chester, track suits but 7lb above last win

6 3286-6 **SPRING BLOOM 38 (D)**
 (2) R Eddery 7-9-3 **Darragh Keenan** 93
 Runs: 36 Wins: 4 (3F,G) Places: 16 £62,933
 Running well without winning, trip suits, down weights, place player

7 50-060 **WATCHYA 4**
 (4) G Baker 5-9-3 **Pat Cosgrave** 88
 Runs: 20 Wins: 3 (2A,F) Places: 1 £24,792
 Not been firing lately, best further, hard to fancy on current form

8 7-8033 **SAFARI DREAM 19 (P;BF,D)**
 (5) B Millman 4-8-9 **Oisín Murphy** 96
 Runs: 18 Wins: 3 (F,2G) Places: 3 £48,284
 Hampered last time, trip suits on soft, on fair weight, top jockey rides

9 443-86 **ANGLE LAND 25 (V;CD)**
 (10) R Cowell 5-8-8 **Hayley Turner** 90
 Runs: 41 Wins: 6 (S,4A,G) Places: 12 £77,750
 Down weights but been in modest form, won this last year, not out of it

10 563854 **LIHOU 19 (CD)**
 (7) P Evans 8-8-7 **David Egan** 95
 Runs: 83 Wins: 11 (2S,F,6A,2GS) Places: 17 £76,998
 Goes well here, likes any ground, down weights, getting long to tooth

BETTING: 10-3 Bishop's Crown, 7-2 Fair Wind, 13-2 Night On Earth, 15-2 Safari Dream, 8 Acklam Express, 10 Lihou, Dream Composer, Angle Land, 12 Spring Bloom, 20 Watchya

WHERE FAVOURITES FINISHED: 3
 2023: Angle Land 4-8-8, H Turner 9-2 (R Cowell), dr 1, 6 ran.

Sunracing FORM

DREAM COMPOSER (9-2) 15-2 held up off the pace in rear, never involved, 8th of 9 (btn 47/4) to Glenfinnan (9-5) (Ascot 6f hcap) £310,900 good.
BISHOP'S CROWN (9-3) 7-2 tracked leaders, came near side 2f out, r every chance 1f out, ran on, btn 7/4 by Baldomero (9-4) (8 ran) (Goodwood 6f hcap) £10,468 heavy.
SPRING BLOOM (8-4) 16-1 chased leaders, pushed along halfway, ridden 1f out, faded, 8th of 13 (btn 5) to Badri (9-0) **ACKLAM EXPRESS** (9-0) 6-1 mid-division hung right and behind final 2f, 12th (btn 97/4) (13 ran) (Ascot 5f hcap) £23,193 good.
FAIR WIND (9-6) 5-1 went 2nd final furlong, ran on, always held, btn 7/4 by Isle Of Lismore (9-9) (8 ran) (Ascot 3f hcap) £7,891 good to soft.
NIGHT ON EARTH (10-1) 11-1 led, ridden over 1f out, headed entering final furlong, no extra, 5th of 11 (btn 17/4) to Democracy Dilemma (9-12) (Chester 5f hcap) £22,932 good.
SPRING BLOOM (8-11) 16-1 rear, headway 2f out, one pace, 8th of 14 (btn 37/4) to Tees Spirit (9-0) **DREAM COMPOSER** (9-4) 4-1 fav never a threat, 11th (btn 57/4) (Newmarket 5f hcap) £3,889 good.
WATCHYA (9-10) 9-1 pulled hard, ridden 1f out, no extra, 10th of 11 (btn 97/4) to Rocking Ends (9-10) (Windsor 5f hcap) £5,653 good to firm.
SAFARI DREAM (10-2) 11-4 fav tracked leaders, ridden 1f out, kept on, 3rd of 5 (btn 2) to Sub Thirteen (8-10) **LIHOU** (10-1) 10-3 tracked leader, ridden 1f out, faded, 4th (btn 57/4) (Salisbury 5f hcap) £5,458 heavy.
ANGLE LAND (10-0) 7-2 hampered by rival start, held up in last, pushed along 2f out, never involved, 8th of 7 (btn 8) to Pro Brono Alexander (9-9) (Whampton 5f hcap) £5,716 AW.

TEMPLEGATE'S VERDICT

BISHOP'S CROWN looks quick enough for this drop to the minimum after going close over six furlongs here last time. He scored well at Windsor and Doncaster before that excellent second and looks ahead of the handicapper. **Fair Wind** finished last season winning at Windsor and came back from seven months off with a close second at Ascot earlier this month. He goes on any ground and will be right there off 2lb higher. **Angle Land** has come down the weights and has place claims under Favourite columnist Hayley Turner. **Safari Dream** has put in a couple of solid efforts at Windsor and Salisbury and his best over this distance with Oisín Murphy in the saddle. **Night On Earth** did well from the car park at Chester last time and has place claims, while **Spring Bloom** hasn't had much luck with a run of decent efforts. He is another with an each-way shout.

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CORAL

ng FORM

prominent, driven 2f out, 13th of 14 (btn 13) to Titan Rock (8-7) (Thirsk 1m hcap) £25,770 good to soft.
CARAGIO (8-4) 22-1 in touch, headway 3f out, every chance 2f out, 12th of 21 (btn 67/4) to The Wizard Of Eye (9-2) (Ascot 7f hcap) £25,540 good.
BE FRANK (8-13) 11-1 headway far side of group 1f out, stayed on, 4th of 10 (btn 27/4) to Noble Dynasty (9-12) (Newmarket 7f hcap) £25,770 good.
ABLE KANE (9-1) 11-1 prominent, every chance 1f out, kept on one pace, 4th of 9 (btn 47/4) to Tiriac (8-11) (Windsor 6f hcap) £4,281 heavy.
AURORA DAWN (9-7) 11-2 last to break held up in last pair, shaken up to close and hung right 2f out, held, 5th of 6 (btn 77/4) to Oliver Show (9-9) (Kempton 7f hcap) £4,281 AW.
TAHITIAN PRINCE (9-8) 16-1 in touch mid-division, headway and switched 2f out, one pace, 7th of 14 (btn 6) to Whitoa Rockstar (9-2) (Kempton 1m hcap) £4,257 AW.

TEMPLEGATE'S VERDICT

4.40 **RUKAANA** got the job done nicely when winning at Nottingham last time and can improve with William Buick taking over in the saddle. He relished this trip and this is just his fourth run in a handicap. **Zain Blue** looks a contender after going close on his handicap debut at Ascot last time. The slight worry is the softer conditions he will face here but he's back from the same mark with every chance. **Mr Baloo** has been flying on the all-weather over this trip and is only 2lb higher than his Kempton success earlier this month. He has coped with softish turf ground and has place prospects. More rain the better for **Aragon Castle** who was second in the mud at Haydock last time. He is a strong stayer who held his own in decent company. **Queen's Reign** stayed on well when fourth over 7f at Yarmouth and could improve for this stiffer test.

THE Placepot is a bet where you select a horse to be placed in the FIRST SIX races of any meeting. You can pick more than one horse in a race - you just multiply the number of selections in each race to calculate your stake. So for staking it's 2x2x2x2x2x2 which adds up to 64 lines.

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TODAY'S PICKS AT GOODWOOD

LEG 1 Red Sand, The Flying Seagull
LEG 2 Manxman, Havaila
LEG 3 Ya Hafid, Juana Ines
LEG 4 Isle Of Jura, Muftaba
LEG 5 Wild Tiger, Street Kid
LEG 6 Rukaana, Zain Blue

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Favourite MORE OF TODAY'S RUNNERS 'N RIDERS HAYDOCK COLOURS AND SUNFORM

TEMPLEGATE

2.05Lady Ava
2.40Thewind Cries Mary
3.15Seagulls Eleven
3.50Toomuchforme
4.20Azure Blue
4.55Doha
5.25Amancio

TOM PEPPER

2.05Miners Gamble
2.40Mizumi
3.15Yarough
3.50Far Above Mary
4.20Queen Of Zafeen
4.55Pearl Eye
5.25Amancio

TIC-TAC: L-H oval track of 1m 5f with a 4f straight. 5f-6f races on straight track. **DRAW:** Low best in prints. **FAVOURITES:** (2019-2024): 377 have won out of 1,123 races (34%). At the previous corresponding meetings, 16 have won out of 58 races (27%).

LIVE ON RACING TV

HOT 'N NOT

TRAINERS with best record in last 14 days: C Appleby 8 wins from 23 runners; C Hills 5 from 20; M Dods 8 from 37; R Beckett 9 from 39; J & T Gosden 9 from 47; D Tudhope 9 from 24; D O'Meara 7 from 50; K R Burke 7 from 50; W Haggas 6 from 43.

JOCKEYS with best record in last 14 days: H Davies 6 wins from 26 rides; Rossa Ryan 11 from 55; D Tudhope 7 from 36; C Rodriguez 4 from 21; T Marquand 9 from 51; P Mulrennan 6 from 40.

TRAINERS have had the most runners since last win: Alice Haynes 40; B Ellison 33.

JOCKEYS who have had the most rides since last win: F Marsh 46; F McManoman 41.

TOP TRAINERS

2019-2024 W Haggas 47-186, R Beckett 29-115, T Dascombe 28-220, K Burke 27-219, E Walker 24-131, T Easterby 24-308, D O'Meara 21-206, C Appleby 20-62. **THIS SEASON:** K Burke 2.

TOP JOCKEYS

2019-2024 T Marquand 24-137, J Crowley 22-92, D Tudhope 20-176, D Allan 14-147, S De Souza 12-72, R Ryan 12-80, C Rodriguez 11-53, P Mulrennan 10-116, K Shoemaker 8-61. **THIS SEASON:** P Jamin 2.

TRAINER TRACE

FIRST RACE FOR NEW FLYNN: 2.05 Dandy Lichious P Flynn (Ir) to T Davidson; 4.55 Golspie E J-Houghton to P Morris; Light Speed A Balding to G Tutty.

LONGEST TRAVELLERS: Enigmatic Princess (3.50) trained by B Millman, Cullompton, round trip of 434 miles; Shemozzle (2.40), Chelsea Embankment (3.15), Doha (4.55) trained by R Beckett, Kimpton Down, round trip of 430 miles; Hello Cotai (2.05), A West, Epsom, round trip 424 miles.

IN THE MONEY

MONEY TALKS: Raqiya (4.20) opened 3-1, unplaced at 9-4; Between Me And U (2.05) opened 9-4, third at 10-3; Lady Ava (2.05) opened 4-1, won at 10-3.

TOP EARNERS: 4.20 Azure Blue £215,811, 4.20 Sophia's Starlight £105,451.

UNDER ORDERS

SEVEN-DAY WINNERS: None. **BLINKERED FIRST TIME:** 2.05 Hello Cotai, VISORED FIRST TIME: 5.25 Overlooked. **FIRST RUN SINCE WIND UP:** None. **WEIGHTWATCHER:** None.

JOB JOCKEY: D Tudhope rides Cavallo Bay (3.15) for C Appleby, 7 from 22, 32%. D Tudhope rides Rogue Raider (5.25) for P Chapple-Hyem, 4 from 14, 29%. D Tudhope rides Raqiya (4.20) for O Burrows, 99 from 387, 26%. R Ryan rides Shemozzle (2.40), Chelsea Embankment (3.15), Doha (4.55) for R Beckett, 116 from 503, 23%. C Rodriguez rides Thewind Cries Mary (2.40), Arkendale (4.55) for E Bethell, 41 from 185, 22%. Jason Watson rides Pearl Eye (4.55) for D Holland, 16 from 76, 21%.

2.05 BETFRED MACMILLAN HANDICAP (Class 5) 3-y-o; winner £4,187; 1m (10 runners)

1	8-354 MYSTERYOFTHESANDS 18	(9)	T Easterby 9-10	David Allan	98
Runs: 4 Wins: 1 (25%) Places: 2 £1,530					
Ran a big race on hcap debut, new trip should suit, looks dangerous					
2	165-93 BETWEEN ME AND U 22 (P;D)	(6)	A Haynes 9-9	Silvestre De Sousa	96
Runs: 9 Wins: 1 (GS) Places: 2 £8,627					
Hasn't got home over 1m of late, drop in trip can help, one to beat					
3	455-1 KORROOR 18	(8)	J Camacho 9-9	Callum Rodriguez	85
Runs: 5 Wins: 1 (A) Places: 1 £3,876					
Beaten a long way on stable debut, yard struggling for winners, avoid					
4	3623-1 LADY AVA 244	(10)	E Dunlop 9-9	Rossa Ryan	99
Runs: 5 Wins: 1 (S) Places: 2 £8,619					
Did well to win over 7f last time, 3lb rise is far from harsh, one to beat					
5	25-5 MIASWELL 25 (T*)	(7)	D O'Meara 9-8	Daniel Tudhope	90
Runs: 3 Wins: 1 Places: 1 £2,028					
Went backwards in three opening runs, hcap debut, watch the market					
6	906-21 DANDY LICHIOUS 77	(10)	T Davidson 9-9	Andrew Mullen	97
Runs: 10 Wins: 1 (A) Places: 1 £11,141					
Won a Dundalk claimer when last seen, stable debut, very interesting					
7	654 QUESTIONABLE 19	(1)	D & C Kubler 9-6	Jim Crowley	92
Runs: 3 Wins: 1 Places: 1 £5,71					
Showed ability in opening runs, hcap mark demands more, each-way					
8	53705 REVEAL 21	(8)	L Perratt 9-5	Tommie Jakes (5)	83
Runs: 7 Wins: 1 Places: 1 £1,887					
Well beaten in two starts since being gelded, would be a shock winner					
9	48-352 MINERS GAMBLE 27 (V)	(9)	B Ellison 9-4	Ben Robinson	95
Runs: 6 Wins: 1 Places: 1 £5,372					
Form of recent course run is decent, still lightly raced, not out of this					
10	75-472 HELLO COTAI 21 (B*)	(4)	A West 9-4	Sean Kirrane	96
Runs: 7 Wins: 1 Places: 1 £3,358					
Relished step up to the mile last time, blinkers should help, in the mix					

BETTING: 4 Lady Ava, Hello Cotai, 5 Mysteryofthesands, 6 Between Me And U, 7 Dandy Lichious, 10 Miners Gamble, Miaswell

WHERE FAVOURITES FINISHED: 7 2 8 2

2023: Pearl Eye 9-9, David Egan 9-2 (D Holland), drw 5, 9 ran.

Sunracing FORM

MYSTERYOFTHESANDS (9-2) 9-1 tracked leader, ridden 2nd 2f out, challenged 1f out, led final 150 yards, ran on, bt Masonbrook Meadow (8-5) 11 (14 ran) to Dundalk 7f claim (£6,300 AW).

BETWEEN ME AND U (9-6) 15-8 led, pushed along well over 2f out, and plugged on gamely, ridden 1f out, headed final 70 yards, faded, last of 3 (bt 2/4) to Keares (9-7) (Redcar 1/4m hcap (5) £5,574 soft).

LADY AVA (9-4) 10-3 fav held, kept up rear, awkward on bend 4f out, good headway between horses over 1f out, went 2nd inside final furlong, strong challenge near finish, led post, bt Half Moon Rising (9-7) ns (9 ran) (Catterick 7f hcap (5) £4,527 soft).

MIASWELL (8-13) 11-2 tracked leader, pushed along 2f out, faded, last of 5 (bt 16) to Old Cock (9-2) (Ayr 1m hcap (5) £4,320 good).

DANDY LICHIOUS (8-8) 13-8 fav ridden into 2nd 2f out, challenged 1f out, led final 150 yards, ran on, bt Masonbrook Meadow (8-5) 11 (14 ran) to Dundalk 7f claim (£6,300 AW).

QUESTIONABLE (8-13) 11-2 tracked leader, effort 2f out, held, 4th of 7 (bt 6/4) to Fast Society (9-9) (Skelton 9f hcap (4) £4,860 heavy).

REVEAL (9-1) 20-1 slowly into stride, in rear, ridden 3f out, some headway 2f out, no impression, 5th of 6 (bt 14) to Gull of Gull (9-10) (Musselburgh 7f hcap (5) £3,664 good).

MINERS GAMBLE (8-6) 8-11 dwelt, keen in touch in rear, ridden and headway over 1f out, stayed on to go 2nd inside final furlong, bit 2/4 by Princess Alex (8-12) (6 ran) (Haydock 7f hcap (4) £7,851 soft).

HELLO COTAI (9-1) 18-1 wide in touch, ridden and headway 1f out, challenged final furlong and every chance, held close home, bit nk by Phoenix Passion (9-7) (ran) (Goodwood 1m hcap (5) £5,574 heavy).

1-3 SHEMAZZLE 27 (BF) (4) R Beckett 9-9 Rossa Ryan 99
Runs: 2 Wins: 1 (S) Places: 1 £5,588
Impressive on debut, no show on return at 2-5, something to prove

2-1 D FLAWLESS 15 (D) (3) J & T Gosden 9-7 non-runner 98
Runs: 2 Wins: 1 (A) Places: 1 £5,911
Well bred, brushed aside rivals on step up to the mile, taken out

1- MIZUMI 163 (D) (2) M Botti 9-5 Morgan Cole (5) 95
Runs: 1 Wins: 1 (A) Places: 1 £3,672
Green on debut but toughed it out, this is much tougher, one to note

DESERT TIME (7) H Candy 9-2 non-runner
Footstepsithansand fillly out of a Dalakhani mare
Bred to be speedy, yard's first 2yo runner, ruled out yesterday

FOSSDALE (6) E Bethell 9-2 Daniel Tudhope
Ten Sovereigns fillly out of a Mastercraftsman mare
Expensive purchase, yard can ready them for debut, not discounted

SONG OF APPIN (5) B Meehan 9-2 Tom Marquand
Masar fillly out of a Danehill Dancer mare
Doesn't catch the eye on breeding, yard is 0-8 with 2yos this year

3 THEWIND CRIES MARY (1) E Bethell 9-2 Callum Rodriguez 97
Runs: 1 Wins: 1 Places: 1 £1,227
Kept on well after a slow start on debut, yard in good form, dangerous

BETTING: 13-8 Shemozzle, 11-4 Thewind Cries Mary, 9-2 Mizumi, 8 Fossdale, 10 Song Of Appin

WHERE FAVOURITES FINISHED: 1

2023: Zouzanna 9-2, R Kingscote 10-11 Fav (Charltons), d8, 14 ran.

Sunracing FORM

SHEMAZZLE (9-7) 2-5 fav led, joined 3f out, weakened final furlong, 3rd of 5 (bt 14) to Bright Thunder (9-2) (Haydock 1m nov stak (4) £5,400 soft).

D FLAWLESS (9-1) 1-6 fav made all, stayed on strongly, unchallenged, bt Breckenridge (9-0) 6f (7 ran) (Chelmsford 1m mdn (5) £4,187 AW).

3.15 BETFRED SUPPORTING MACMILLAN NOVICE STAKES (3): 2-y-o; winner £5,400; 7f. (8 runners)

1	(7) CAVALLO BAY C Appleby 9-7	non-runner
2	(8) CHELSEA EMBANKMENT R Beckett 9-7	Rossa Ryan
3	(5) GREEN STORM C Johnson 9-7	Daniel Muscutt
4	(3) MOON SNIPER W Muir & C Grassick 9-7	Lewis Edmunds
5	(2) SEAGULLS ELEVEN H Palmer 9-7	Harry Davies
6	(1) 7 YAROUGH 19 W Haggas 9-7	Tom Marquand 99
7	(4) APHRODITES ROCK T Dascombe 9-2	Pierre Jamin
8	(6) BAILEYS HONEYMOON A Murphy 9-2	Silvestre De Sousa

BETTING: 9-4 Chelsea Embankment, 5-2 Yarough, 3 Green Storm, 5 Moon Sniper

WHERE FAVOURITES FINISHED AND 2023: No corresponding race.

4.20 A&B ENGINEERING EBF MAIDEN FILLIES' STAKES (3): 2-y-o; value to the winner £5,400; 6f. (13 runners)

1	(2) BINIORELLA BAY T Clover 9-2	non-runner
2	(13) EARTHY A Murphy 9-2	Daniel Tudhope
3	(10) ENIGMATIC PRINCESS B Millman 9-2	Lewis Edmunds
4	(8) 30 GO ON ROSIE 14 N Tinkler 9-2	Faye McManoman 87
5	(5) KHUTULUN 23 J Ferguson 9-2	Rossa Ryan
6	(3) LOCH LEVEN O Sangster 9-2	non-runner
7	(7) PURE ARTISTRY M Bell 9-2	non-runner
8	(11) 6 STAGE EFFECT 23 Walker 9-2	Tom Marquand 84
9	(9) 2 TOOMUCHFORME K Burke 9-2	Sam James
10	(12) 4439 FAR ABOVE MARY 15 H Palmer 9-0	Harry Davies 99
11	(6) 11 HELEN 9-0	non-runner
12	(1) JOHN'S DRAGON T Dascombe 8-12	Pierre Jamin
13	(4) 96 LIBERTY BIRD 11 C Johnson 8-12	Silvestre De Sousa

BETTING: 7-2 Toomuchforme, 5 Loch Leven, 6 Far Above Mary, 14 Stage Effect, John's Dragon, Earthy

WHERE FAVOURITES FINISHED: 1 4 3

2023: Sarakana 9-2 Callum Shepherd 404 (E De Giles) drawn 11, 11 ran.

4.20 CECIL FRAIL STAKES (FILLIES LISTED) (1) winner £28,355; 6f (10 runners)

1	/116-7 AZURE BLUE 9 (D)	(5) M Dods 5-9-7 Paul Mulrennan 99
Runs: 16 Wins: 7 (F,A,2GS,3G) Places: 5 £215,811		
14lb clear on ratings, ran well in a better race on return, tough to beat		
2	11-2 ELECTRIC STORM 35 (D)	(7) J Tate 4-9-7 Daniel Tudhope 98
Runs: 3 Wins: 2 (2A) Places: 1 £18,310		
Improving, still a bit green when second in a Listed race at Bath, player		
3	21-1 MIDREAM 27 (D)	(9) E Walker 4-9-7 Tom Marquand 94
Runs: 3 Wins: 2 (S,G) Places: 1 £11,344		
Took another step forward under a penalty, this is tougher, down list		
4	-13798 PREMIERE BEAUTY 20 (H;D)	(4) S Williams 4-9-7 Rossa Ryan 84
Runs: 16 Wins: 3 (F,A,G) Places: 1 £17,176		
Weakened quickly when upped to Listed level last time, best watched		
5	902-74 SOPHIA'S STARLIGHT 35 (D)	(3) G Tuer 4-9-7 Silvestre De Sousa 92
Runs: 17 Wins: 5 (F,A,2GS,G) Places: 5 £105,151		
Gutsy, holds no secrets but she's a game filly who keeps finding, e-w		
6	15-167 GOT TO LOVE A GREY 23	(10) K Burke 3-9-1 Sam James 94
Runs: 6 Wins: 3 (S,F,A) Places: 1 £70,427		
Listed win on return, has struggled at Grp 2 level since, not ruled out		
7	41- GUTSY GIRL 275 (D)	(1) C Fellows 3-8-12 non-runner 90
Runs: 2 Wins: 1 (F) Places: 1 £5,271		
Won well at Carlisle, falls into the could be anything category, pulled		
8	1123 QUEEN OF ZAFEEEN 21	(2) R Hughes 3-8-12 Finley Marsh 97
Runs: 4 Wins: 2 (2A) Places: 1 £28,567		
Improving with each start, gets weight from her main rivals, dangerous		
9	415- RAIQYA 244 (BF,CD)	(8) O Burrows 3-8-12 non-runner 95
Runs: 4 Wins: 2 (2G) Places: 1 £23,437		
Likes better ground, capable of building on last year, ruled out of this		
10	31 THELMA'S ANGEL 22 (D)	(6) G Tutty 3-8-12 Joanna Mason 86
Runs: 2 Wins: 1 (G) Places: 1 £6,121		
Won well at Ayr but the form of that race is suspect, would be a shock		

BETTING: 11-8 Azure Blue, 11-2 Queen Of Zafeen, 6 Got To Love A Grey, 7 Electric Storm, 12 Sophia's Starlight

WHERE FAVOURITES FINISHED: 6 1 5 1 1

2023: Get Ahead 4-9-7, R Kingscote 7-4 Fav (C Cox), drw 7, 9 ran.

Sunracing FORM

AZURE BLUE (9-7) 14-1 close up, ridden 2f out, weakened final furlong, 7th of 14 (bt 3/4) to Mill Stream (9-10) (York 6f Grp 2 £35,065 good).

ELECTRIC STORM (9-8) 11-1 held up rear, not clear run 2f out, soon switched right and closed, went 2nd final furlong, ran on, bit 1/4 by Aday in Devon (8-12) SOPHIA'S STARLIGHT (9-8) 14-1 chased leaders, ridden 1f out, kept on inside final furlong, 4th (bt 3) (13 ran) (Bath 5f Listed (1) £28,355 good).

MIDREAM (9-7) 8-13 fav made all, stayed on final furlong, comfortably, bt Cuan (9-0) 4/4 (3 ran) (Doncaster 6f nov stak (5) £4,320 soft).

PREMIERE BEAUTY (9-8) 4-10 led until final 2f, faded, last of 8 (bt 12) to Unequal Love (9-2) (Newmarket 6f Listed (1) £34,026 good).

GOT TO LOVE A GREY (9-0) 10-1 raced keenly, chased leader until ridden inside final 2f, weakened, 7th of 10 (bt 8) to Jasour (9-3) (Ascot 6f Grp 3 (1) £45,368 good to soft).

GUTSY GIRL (9-2) 9-2 tracked leading pair, led going well final furlong, quickened clear, easily, bt Suicide Blonde (9-2) 3/4 (8 ran) (Carlisle 6f mdn (5) £4,320 good to firm).

QUEEN OF ZAFEEEN (9-0) 13-2 tracked leader, led inside final 2f, ridden over 1f out, headed final 100 yards, lost 2nd final stride, 3rd of 4 (bt 7/4) to Boiling Point (9-5) (Newmarket 7f Listed (1) £31,190 good).

RAIQYA (9-2) 9-4 fav held up, ridden 2f out, headway 1f out, one pace, 3th of Grp 2 £32,844 (good to soft).

THELMA'S ANGEL (9-1) 9-2 chased leaders, took keen but challenged 2f out, led 1f out, stayed on well final furlong, bt Jungle Land (9-6) 2/4 (5 ran) (Ayr 6f mdn (5) £4,320 good).

TEMPLEGATE'S VERDICT

AZURE BLUE has her sights firmly lowered here after finishing last season in Group 1 company. She earlier won a couple of times at this level before landing the Duke of York Stakes over this trip. She looked rusty back on the Knavesmire last time and should be at least a stone all round if this was a handicap.

She has won on soft ground and should be too good. **Electric Storm** enjoyed some underfoot when going close in a Bath Listed contest last month. She was coming back from a long break and that was her first turf run so there should be more to come. **Queen Of Zafeen** has enough stamina for 7f which should be an asset in these conditions. She has gone close in this class on her past two runs and is another with few miles on the clock. **Midream** didn't have a lot to beat at Doncaster but she enjoyed the soft ground and has an each-way chance upped in grade. **Sophia's Starlight** was held in this grade latest and needs a lot more to figure under Silvestre De Sousa.

4.55 MACMILLAN DAY HANDICAP (4) value to the winner £6,281; 1m 2f (9 runners)

1	544-14 PEARL EYE 15 (P;C)	(8) D Holland 4-9-11 Jason Watson 93
Runs: 19 Wins: 6 (F,S,A,G) Places: 4 £46,925		
Won this year last, has kept improving since, good last time, player		
2	5518-4 NEVER ENDING 22 (T*;D)	(7) D O'Meara 4-9-9 Daniel Tudhope 95
Runs: 8 Wins: 2 (S,F) Places: 1 £21,860		
Unexposed, disappointed on return but might have needed it, chance		
3	137-63 ARKENDALE 23 (P)	(9) E Bethell 4-9-7 Callum Rodriguez 97
Runs: 9 Wins: 1 (S) Places: 1 £13,605		
Ran well behind Pearl Eye latest, this trip suits him better, in the mix		
4	341- DOHA 221	(2) R Beckett 4-9-6 Rossa Ryan 99
Runs: 3 Wins: 1 (S) Places: 1 £6,768		
Improving, well bred and decimated rivals when last seen, one to beat		
5	18-099 LIGHT SPEED 38 (D)	(3) G Tutty 4-9-6 Joanna Mason 89
Runs: 8 Wins: 3 (3A) Places: 1 £13,337		
Stopped improving for A Balding but could resume progress, risky		
6	388-60 BODORGAN 20 (T)	(1) C Hills 4-9-3 non-runner 94
Runs: 11 Wins: 1 (GS) Places: 2 £13,469		
Ran well on return but poor spine, stamina to prove at this trip, out		
7	-62459 BASHFUL 25 (P;T;D)	(5) J Jardine 6-9-1 non-runner 89
Runs: 34 Wins: 6 (2S,2A,2GS) Places: 9 £53,731		
Out of form, has won six times but may need help from the hcapper		
8	1722-6 TESSY LAD 17 (D)	(6) S England 5-9-0 Daniel Muscutt 93
Runs: 18 Wins: 4 (F,A,G,S,G) Places: 5 £27,356		
Stout stayer, on a good mark but vulnerable to speedier types, left		
9	65526 GOLSPIE 244	(4) P Morris 4-9-0 Jim Crowley 97
Runs: 7 Wins: 1 (S) Places: 1 £9,902		
Inconsistent, starts off with new stable in tricky race, best watched		

BETTING: 11-8 Doha, 4 Pearl Eye, 5 Arkendale, 13-2 Never Ending, 8 TESSY LAD, 10 Light Speed, 12 Golspie

WHERE FAVOURITES FINISHED: 6 3 1 2

2023: Spirit Of The Bay 5-9-6, R Kingscote 17-2 (C Cox), drw 6, 7 ran.

Sunracing FORM

PEARL EYE (9-7) 12-1 held up towards rear, pushed along and headway over 1f out, stayed on, 4th of 11 (bt 3/4) to Tony Montana (9-6) (Chester 1/4m hcap (3) £15,288 good).

NEVER ENDING (9-7) 11-2 chased leaders, pushed along 2f out, no impression, faded final 100 yards, 4th of 6 (bt 7/4) to Baryshnikov (9-4) (Redcar 1/4m hcap (3) £7,851 soft).

Write Your Own Future In Relays

DOWNPATRICK

5.05 MAIDEN HURDLE; winner €6,000; 15 runners

- 0 BRINGSY 14 (T) N Kelly 6-11-22 J McGeorge
- 3P2. EC PETE 28 (P/D) P Rothwell 7-11-22 S Torrens
- 4 POINT GELLIBRAND 28 G O'Leary 5-11-22 C Cullinan (7)
- 0 HIGH HONOUR F7 D Kinella 4-11-24 R Doyle
- 22.2 BIG STAGE 14 (BF) G Elliott 6-11-24 S Ewing
- 04.9 KALRMAN 14 (T) S Crawford 5-11-24 B Harvey
- 75.4 SHINNILL 18 (T*) N McCreagh 7-11-24 B Harvey
- 20.2 STEP OUT 14 (T) S Crawford 5-11-24 J Sheehan
- 64.0 ZHYOTOV 14 (T) S Crawford 5-11-24 J Sheehan
- 10 ASH COURT F98 L Lennon 5-10-11 A Kelly (5)
236. BAYONETTA 252 G Quinn 6-10-11 R Deegan
090. FLY WITH ME GRK 19 (T) D McLaughlin 6-10-11 Henton (3)
- 73P. FRENCH MILAN 225 J Foley 6-10-11 K Sexton
- PPP. MENHIR 160 (H) M Rice 6-10-11 P Egan
- 0 WESTERN ABILITY 20 D Christie 5-11-24 RESERVE
- 46.9 AUGUSTA GEORGE 14 W Bryson 6-11-24 RESERVE
- 7 THE HE WEA 21 (T) S Crawford 5-11-24 RESERVE

Big Stage 99.5 Step Out 95. Point Gellibrand 94

4-5 Big Stage, 3 Step Out, 6 Shinnill, 8 Point Gellibrand, Ec Petete

5.35 HANDICAP HURDLE; winner €6,000; 15 runners

- 66.3 HIDDEN LAND 14 (H/C/D) A Kinross 7-12-0. Mr B Barry (3)
- WINNIE BOB 9 (P/T/C/D) O McKernan 7-12-0. G Smith (7)
- 3IGZ BELIEF 8 (B/T) M Smith 7-11-17 G Smith (7)
468. DARKENED F18 (B/T) N Kelly 8-11-10 J McGeorge
- 49.3 YOUNG WARRIOR 316 (C) H Smyth 6-11-11 D Doyle
- 00.3 JUSTICIALM 14 (B) G Quinn 6-11-17 R Deegan
- 7P7. LUCKY STORM 16 (T) G Elliott 6-11-17 J Gairford
506. JINKS 14 (C) R Blythe 8-11-3. S O'Keefe (2)
- 56P. GOLDEN TEMPL 8 (B/T) N Meade 4-11-21 S Ewing
870. FASSBENDER 120 (T/C) M McNeill 6-11-20 P Byrne (3)
019. ASK THE CHIEF 21 (C) M O'Keefe 8-10-11 O'Keefe (7)
- 30.5 BALTINGLASS HILL 17 (P) P Rothwell 7-10-10 S Torrens
- 19.6 SULA WARRIOR 316 (C) Gairford 8-10-10 S Flanagan
- 75.7 THE RHINO 14 (H) S Crawford 6-10-11 D Doyle
- 00.5 DUCHAMP ART 13 Mags Mullins 4-10-3. D Mullins

Hidden Land 99.5 Justicialm 99. Lucky Storm 97

3 Hidden Land, 4 Callaghan, 8 Lucky Storm, 10 Baltlinglass Hill, Golden Templ, Bigz Belief, 12 Darkened, Willyouwalkwithme

6.05 CONDITIONAL HANDICAP HURDLE; winner €6,000; 2m 6f. 9 runners

- 66P. SUE BIAN 17 (P) D Hogan 5-11-22 P Donovan (2)
047. THAT'S ABOUT RIGHT 38 P Rothwell 6-11-12 C Owens (4)
289. PADDY EEL SWITHE 232 (C) D O'Keefe 8-10-11 O'Keefe (7)
008. ROMAN PADDY 34 (P/T) D O'Brien 8-11-10 C Millar (4)
005. ALUNING 150 (H) M Rice 7-11-18 P Byrne (3)
47. WHISKEY 150 (H) M Rice 7-11-18 P Byrne (3)
- 071U. MOSAAB 270 (P) J Hanlon 6-11-24 S Fenelon (4)
- 66.9 REHABILITATION 14 (H) M Rice 7-11-24 S Fenelon (4)
097. JOHNNY CAKES 28 (P) P Rothwell 5-11-13 P O'Hanra (7)

Rewrite The Script 99.5 Whiskey Lady 98. Roman Paddy 97

3 Whiskey Lady, 92 Anthony, 7 The Script, 88 Whiskey Lady, 8 Roman Paddy, Rewrite The Script, Sue Bian, 12 Johnny Cakes

6.35 BEGINNERS CHASE; winner €6,000; 2m 3f 100yds. 13 runners

990. BILLABLE GRANT 122 C McBratney 7-11-12 S Torrens
- 3P9. CEANNDANA 236 (BF) R O'Sullivan 7-11-12 S Flanagan
289. GOALWALKER 289 (T) D O'Connell 5-11-12 C Cullinan (7)
- 33.3 ERIC 14 (BF) G Elliott 6-11-22 S Ewing
097. FALVIO 28 (P) C McBratney 6-11-12 S FitzGerald
- 19.8 MINNIE 14 (H) M Rice 6-11-12 S FitzGerald
- 072 ONE AND ONLY 14 (T) O McKernan 6-11-12 P Egan
- 03.5 WARM IN GOREY 7 (T) P Rothwell 6-11-12 D O'Keefe
- 14.8 BABY ON THE BAY 14 (H) M Rice 6-11-12 J Gairford
- 78.7 GAYE WINNIE 14 G Elliott 6-11-15 J Gairford
- 0PP. MAY CALL YOU BACK 32 S Jones (UK) 6-11-15 B Hanlon (3)
- 50.8 MIKITA 235 (P/T) M Smith 6-11-15 P O'Hanra (7)
542. STOCKDALE 27 P Rothwell 6-11-15 J Hanlon (3)

Warm In Gorey 99.5 Enginor 96. One And Only 94

5-2 Warm In Gorey, 4 Enginor, 6 One And Only, 9 Gaye Winnie

From Page One

sympathy for Callum, but I'm ignoring everything that is being said and written about me. I'm just looking forward to the big day.

"I rode the horse the other day in a couple of canterers and he felt great."

As for Sweet William, he is my top-rated 14.1 for the Gold Cup at Ascot after his narrow win in the Group 3.

Both he and the runner-up travelled strongly into contention, but the 5-2 shot just edged ahead of the mare (15-8f) in the dying strides, with a first-time visor apparently working a treat.

Havin continued: "He is a very talented horse and the visor has just helped him keep his mind on the job."

"There is still plenty more to come, you'd think, and I have no worries about stepping up to two and a half miles at Royal Ascot in the Gold Cup. He'll be a lovely

GOING GOOD

EMAMONN HAMES Big Stage
5.35 Lucky Storm
6.05 That's About Right
6.35 Dgalwayallivator
7.05 Big Girl Betty
7.35 Gorthill
8.05 Bigcitylights

TOM PEPPER: 5.05 Step Out, 5.35 Justicialm, 6.05 Paddy Elvis, 6.35 One And Only, 7.05 Gairford, 7.35 Billaway, 8.05 Diamond Head

■TIC-TAC: Right-handed undulating track, 11f round with tight bends and a stiff uphill finish. 6 fences per circuit. ■LEADING TRAVELLER: Bewley The Script (6f). Round trip of 238 miles. G Cromwell, 16-12-14. W Phillips 15-6-11. THIS SEASON: G Elliott 1, 2 A McLaughlin, 1. ■TOP JOCKEYS (2019-2024): D J O'Keefe 13-10, J Gairford 12-63, K M Donoghue 12-75, S Flanagan 9-11. THIS SEASON: K M Donoghue 2, ■LONGEST TRAVELLER: Bewley The Script (6f). Round trip of 238 miles. ■JACKPOT: 3-6. PLACEPOT: 1-6. ■LIVE ON RACING TV.

7.05 MAIDEN HUNTER CHASE; winner €6,000; 2m. 9 runners

- 4P7. COUSIN ZELEZIN 18 D McLaughlin 10-10. Mr D O'Dwyer (7)
- 3F3. FOREST BREEZE 5 (H) B Walsh 7-12-0 Mr B Walsh (7)
- 13.3 GRAGEN 12 W Murphy 6-12-0 Mr P King (5)
- 64.9 HARDY BUCK 18 (B*) J Hanlon 12-0. Mr P Maguire
- 36.9 NEVERMINDSTRANGER 231 D Christie 7-12-0 Mr B O'Neill
- 42-U SHEEPHAVEN FLYER 20 (T) E Mullins 6-12-0 J Gairford
- 2P7. WINE AN DINE 24 (B*) J Hanlon 12-0. Mr P Maguire
- 21.4 BIG GIRL BETTY 18 M McNeill 6-11-17 Mr B Barry (3)
- 11.2 HOWYA LUVVIE 12 (H*) N O'Sullivan 6-11-17 Mr L P Shanahan (7)

Sheephaven Flyer 95. Big Girl Betty 95. Wine An Dine, 6 Howya Luvvie

7.35 HUNTER CHASE; winner €10,000; 2m 3f. 5f. 9 runners

- 2-10 AU FLEURON 11 D Christie 7-12-0 Mr S Cotter (7)
- 2-FU JOURNEULEROYEN 11 (T) G Elliott 11-20. Mr J Hanlon (7)
- 25-6 BILLAWAY 21 (P/T) W P Mullins 12-2-0. Mr P Mullins
- 1-P2 GORTHILL 6 (C) C McCallan 8-12-0. Mr N McParlan
- 21.4 PERFECT PIRATE 21 L Morgan 12-2-0 Mr S O'Connor (7)
- 15-1 PRIVATE RAY 21 S Doyle 7-12-0 Mr J Scallan (7)
- 43-3 SAMURAI CRACKER 13 (T) C McCallan 11-20. Mr O McGill (7)
- 35-5 VALUETTE 21 D Christie 9-12-0 Mr B Barry (3)
- 51.3 SHIROCCOLOGEM 6 (P) P Rothwell 7-12-0 Mr J O'Brien (3)

Billaway 99.5 Vaucelet 97. Shiroccologem 95

2 Billaway, 11-4 Vaucelet, 9-2 Private Ray, 6 Shiroccologem, 10 Sallaweyoven, Perfect Pirate, 14 Au Fleuron, 16 Gorthill

8.05 NAT HUNT FLAT; winner €6,000; 2m 2f. 11 runners

- US: BIGCITYTHES 166 E Mullins 5-12-0 G Elliott (5)
- PPP. MICROSCOPE 83 P Buchanan 5-12-0. Mr O McGill (7)
- 4-11 MYLENO 6 P Turley 6-12-0 Mr D Hanlon (7)
- P-3 REVOLUT NED 12 (H) W Murphy 9-11-22 Mr P King (5)
- FP1-3 KEYS KISS 54 P Rothwell 4-11-18 Mr J Dunne (7)
- 5-8U CLOUGHAN CASTLE 12 M McCarthy 4-11-18 Mr R James (7)
- 6-8 SOUTHEY 13 (T*) S Crawford 4-11-18 Mr S Connor (7)
- 3-1 BORN BRIGHT 26 G O'Connell 5-11-17 Mr B Barry (3)
- 6P7. PEPPERPTS 15 B Walsh 6-11-17 Mr B Walsh (7)

Born Bright 99.5 Bigcitythes 97. Myleno 95

2 Bigcitythes, 9-4 Myleno, 6 Chers Kiss, 6 Born Bright, Mrs Mc Go

KING WILLIAM . . .
Rab Havlin (near) gets up on Sweet William (2)

earn a crack at the Group 1 Prince Of Wales's Stakes at Ascot. He is 20-1 (from 25) for that race with Coral.

Lee said: "He is a lovely horse, his work has been great at home over the winter and he will come on for this."

"You'd like to think he can compete at Group 1 level this year. I'm not sure if he will go to Royal Ascot but he does have the energy."

THE CORRAGH

4.45 IRISH EBF AUCTION SERIES MAIDEN; 2-y-o; value to the winner €14,999; 6f. (24 runners)

- NO SUCH THING G Lyons 9-7. Colin Keane
- 40 ERIC LOCK 18 N Meade 9-3. Robert Whearty (5) 84
- FAIRHAVEN M O'Creary 9-3. Billy Lee
- BARTON KEY 14 J O'Brien 9-1. Dylan McMonagle 79
- OWEN GALL K Prendergast 9-1. Chris Hayes
- BOOKLIGHT N Lupini 9-0. Wayne Lordan
- ANCHORS AWAY S Dawson 8-13. Rory Cleary
- FLYNN RYDER E O'Neill 8-13. Declan McConogh
- IMMORTAL JOCK A Oliver 8-7. Shane Foley 95
- THE RUBENIAN S O'Murphy 8-13. Nathan Cross
- 25 NEW THEORY 14 (BF) J Stack 8-12. Seamie Heffernan 99
- VOVATIA S Lavery 8-12. Robbie Colgan
- MOONHALL LASS A McIntyre 8-10. Killian Leonard
- ULLENWOOD (T*) J Davidson 8-8. Ronan Whelan
- COUTLYS WAY P Magee 8-8. Mikey Sheehy
- DECKER N Meade 8-8. Jamie Powell (3) 8
- EL FORTENARO J Fahy 8-8. Leigh Roche
- GAZELLE D'OR 13 G Grassick 8-8. Danny Sheehy 98
- GLORIOUSLY GLAM 18 Harrington 8-8. Shane Foley 95
- HAPPY FOR EVA S Lavery 8-8. Siobhan Rutledge (3) 8
- MYSTIC ROSE M Mulvaney 8-8. Wayne Hassett (5) 2
- ORCHIDAEVA 25 A Oliver 8-8. Andy Slattery 71
- SEARCOG P Magee 8-8. Joseph Sheridan
- THE BLACK STUFF P Magee 8-8. Keithen Kennedy (7) 2
- 3 CAMPARI SODA 31 D Wald 8-8. Chris Hayes 90
- 7 GO ON GREEN 13 C Oogan 8-13. RESERVE 77

BETTING: 4 New Theory, 9-2 Gazelle D'Or, 5-0 No Such Thing, 13-2 Gloriously Glam

WHERE FAVOURITES FINISHED: 3 4

2023: Nemote 81-10 Mikey Sheehy 20-4 J P O'Brien draw 14, 17 ran.

5.15 JAMES NOLAN'S BAR KILDARE IRISH EBF FILLIES MAIDEN; winner €12,000; 6f. (14 runners)

- 27-22 APRICOT ICE 12 (BF) G Lyons 3-9-3. Colin Keane 99
- 4-BEATRYX FLYER 17 E Lyan 3-9-3. James Ryan 51
- CAMPARI SODA 31 D Wald 3-9-3. Chris Hayes 90
- 2-15 EBANZA 16 (H/BF) J Murtugh 3-9-3. Ben Coen 97
- 4-10 ECCELLENTE D Bunyan 3-9-3. Neve Bennett (7) 7
- 322225-2 EMERALD BANNER 14 (P*,T,BF) J Harrington 3-9-3. Shane Foley 98
- 0-21 GLEN OF ARDINIA 19 D Bunyan 3-9-3. Rory Cleary 70
- 30-04 GABRIEL'S SPIRIT 25 (P) K Condon 3-9-3. Chris Hayes 90
- 0-10 MIO (H) A Kinross 3-9-3. Robbie Colgan 85
- 33-22 UGW LEGACY 17 A Slattery 3-9-3. Andy Slattery 71
- 0-21 OVER THE BLUES P Foley 3-9-3. Luke McAteer
- 63-15 VIERSON 14 (H) J Stack 3-9-3. Joseph Sheridan 96
- 3-15 MEAGLE 16 (H) J Stack 3-9-3. Declan McConogh
- 47- VIERSION 196 (H*) C Murphy 3-9-3. Dylan McMonagle 84

BETTING: 3 Apricot Ice, 7-2 Ebanza, Emerald Banner, 11-2 Pansy Poe, 6 Ojw Legacy

WHERE FAVOURITES FINISHED: 4 5

2023: Ostraka 3-9-3 Ronan Whelan 50-4 M Hallford & T Collins draw 9, 13 ran.

5.50 IRISH STALLION FARMS EBF FILLIES HANDICAP; value to the winner €13,500; 6f. (10 runners)

- 12627-DANCE NIGHT ANDDAY 13 (C) O'Sullivan 4-10-1. Colin Keane 99
- 8264-3 SCREEN SIREN 33 (P) E Lyan 6-9-13. Chris Hayes 91
- 30-04 GABRIEL'S SPIRIT 25 (P) K Condon 3-9-3. Declan McConogh
- 77-21 TRANSCENDANT 27 (C/D) G Cromwell 6-9-2. Robert Whearty (5) 98
- 10-1-10 CHARLISSE 84 Cullen 5-12-0. Leigh Roche 88
- 4-19-61 SATURN SEVEN 34 (C) E Lyan 4-8-10. Declan McConogh 93
- 8-21 ANVIER (D) S Lavery 4-8-10. Rory Cleary 95
- 727-21 BLACK DUCK UNDER 8 (BF) P Harrington 3-8-7. Keithen Kennedy (7) 87
- 115-050 GLAMOROUSLY 18 (V*,D) J Harrington 3-8-7. Siobhan Rutledge (3) 85
- 48-2000-2 WACE SQUEEZE 217 (T) K Condon 3-8-7. Jamie Powell (3) 89

BETTING: 7-2 Dance Night Andday, 4 Back Down Under, 9-2 Transcendant, 15-2 Screen Siren, 14-1 Anvier, 14-1 Gabriella's Spirit, 14-1 What A Squeeze

WHERE FAVOURITES FINISHED: 8

2023: Transcendant 5-9-0 Gary Carroll 10-4 (G Cromwell) draw 3, 15 ran.

6.20 CAVALOR EQUINE NUTRITION IRISH EBF MAIDEN; value to the winner €12,000; 7f. (10 runners)

- 9-8 GOLDEN GOOSE 28 T Cogan 4-0-5. Paddy Hammett (5) 73
- BALYAN J Murtugh 3-9-8. Ben Coen
- 2-GALEN ST 9 O'Brien 3-9-8. Dylan McMonagle 99
- 4544-3K KORTZ BAY 13 S Lavery 3-9-8. Robbie Colgan 97
- PARADISE DANCE W Dwyne 9-8. Seamie Heffernan
- 4-PRINCE OF EYERIES 10 C O'Connell 3-9-8. Donagh O'Connor 89
- THE REAL SCREAMER P Flynn 3-9-8. Robert Whearty (5) 98
- 2- DUCHES WANNABE J Stack 3-9-3. Joseph Sheridan
- NEVER THOUGHT J Fahy 3-9-3. Ronan Whelan
- 32 SUPER SOX 28 (BF) Toney 3-9-3. Billy Lee 96

BETTING: 2 Galeon, 8 Prince Of Eyeries, 8 Prince Of Eyeries, 10 Balyan

WHERE FAVOURITES FINISHED: 2 1

2023: Subzero 3-9-8 Ryan Moore 8-11 Fav (A P O'Brien) draw 7, 8 ran.

6.50 MONEGY COMMUNICATIONS HANDICAP; value to the winner €12,000; 7f. (16 runners)

- 8550-30 NEW DEFINITION 6 (D) R O'Brien 4-10-0. Jack Kearney (5) 83
- 08760-HURRICANE IVOR (E) J Harrington 7-9-12. Shane Foley 89
- 1362-3 GENUINE ARTICLE 5 G Keane 4-9-10. James Ryan 51
- 3305-9 THY PALK 14 (H*) M Lyons 4-9-10. Leigh Roche 80
- 9-11-15 ANVIER (D) S Lavery 4-9-10. Colin Keane 99
- 12-7485-85 PHYSIQUE TALK 25 (T) G Fontana 4-9-10. Gary Carroll 95
- 13-22-4132 BENEVENTE 41 (D) K Coleman 6-9-6. Seamie Heffernan 97
- 10-173-40 DAGODA 25 (C/D) M Lynch 6-9-6. Adam Caffrey (5) 86
- 0-21-2000-2 PINAR DEL RIO S (P,C,D) J Conlon 5-9-6. Ronan Whelan 98
- 5-2-40-7300-10 PAVANUS 15 (B,F) D O'Connell 5-9-6. Donagh O'Connor 89
- 26-2700-7 VOLATILE ANALYST 14 (P) A McGuinness 7-9-6. Cian MacRedmond (5) 84
- 0-10-4-1 EXPRESSIVA 30 (H) J O'Brien 4-9-5. Wayne Hassett (5) 95
- 4813-5 BLANC DE NOIR 6 (C) J Murtugh 4-8-12. Ben Coen 91
- 90379-0 ICE COLD IN ALEX 258 (T,C/D) K Condon 10-8-11. Jamie Powell (3) 87

7.05 CHELMSFORD

5.10: 1 WANNABE BRAVE Wesley Joyce (3-1 fav); 2 Further Measure (7-2); 3 Pringsberg (7-2), 8 Trif: 11/4; 9 Fanchoux; 10: 21/10; 11: 11/4; 12: 11/4; 13: 11/4; 14: 11/4; 15: 11/4; 16: 11/4; 17: 11/4; 18: 11/4; 19: 11/4; 20: 11/4; 21: 11/4; 22: 11/4; 23: 11/4; 24: 11/4; 25: 11/4; 26: 11/4; 27: 11/4; 28: 11/4; 29: 11/4; 30: 11/4; 31: 11/4; 32: 11/4; 33: 11/4; 34: 11/4; 35: 11/4; 36: 11/4; 37: 11/4; 38: 11/4; 39: 11/4; 40: 11/4; 41: 11/4; 42: 11/4; 43: 11/4; 44: 11/4; 45: 11/4; 46: 11/4; 47: 11/4; 48: 11/4; 49: 11/4; 50: 11/4; 51: 11/4; 52: 11/4; 53: 11/4; 54: 11/4; 55: 11/4; 56: 11/4; 57: 11/4; 58: 11/4; 59: 11/4; 60: 11/4; 61: 11/4; 62: 11/4; 63: 11/4; 64: 11/4; 65: 11/4; 66: 11/4; 67: 11/4; 68: 11/4; 69: 11/4; 70: 11/4; 71: 11/4; 72: 11/4; 73: 11/4; 74: 11/4; 75: 11/4; 76: 11/4; 77: 11/4; 78: 11/4; 79: 11/4; 80: 11/4; 81: 11/4; 82: 11/4; 83: 11/4; 84: 11/4; 85: 11/4; 86: 11/4; 87: 11/4; 88: 11/4; 89: 11/4; 90: 11/4; 91: 11/4; 92: 11/4; 93: 11/4; 94: 11/4; 95: 11/4; 96: 11/4; 97: 11/4; 98: 11/4; 99: 11/4; 100: 11/4; 101: 11/4; 102: 11/4; 103: 11/4; 104: 11/4; 105: 11/4; 106: 11/4; 107: 11/4; 108: 11/4; 109: 11/4; 110: 11/4; 111: 11/4; 112: 11/4; 113: 11/4; 114: 11/4; 115: 11/4; 116: 11/4; 117: 11/4; 118: 11/4; 119: 11/4; 120: 11/4; 121: 11/4; 122: 11/4; 123: 11/4; 124: 11/4; 125: 11/4; 126: 11/4; 127: 11/4; 128: 11/4; 129: 11/4; 130: 11/4; 131: 11/4; 132: 11/4; 133: 11/4; 134: 11/4; 135: 11/4; 136: 11/4; 137: 11/4; 138: 11/4; 139: 11/4; 140: 11/4; 141: 11/4; 142: 11/4; 143: 11/4; 144: 11/4; 145: 11/4; 146: 11/4; 147: 11/4; 148: 11/4; 149: 11/4; 150: 11/4; 151: 11/4; 152: 11/4; 153: 11/4; 154: 11/4; 155: 11/4; 156: 11/4; 157: 11/4; 158: 11/4; 159: 11/4; 160: 11/4; 161: 11/4; 162: 11/4; 163: 11/4; 164: 11/4; 165: 11/4; 166: 11/4; 167: 11/4; 168: 11/4; 169: 11/4; 170: 11/4; 171: 11/4; 172: 11/4; 173: 11/4; 174: 11/4; 175: 11/4; 176: 11/4; 177: 11/4; 178: 11/4; 179: 11/4; 180: 11/4; 181: 11/4; 182: 11/4; 183: 11/4; 184: 11/4; 185: 11/4; 186: 11/4; 187: 11/4; 188: 11/4; 189: 11/4; 190: 11/4; 191: 11/4; 192: 11/4; 193: 11/4; 194: 11/4; 195: 11/4; 196: 11/4; 197: 11/4; 198: 11/4; 199: 11/4; 200: 11/4; 201: 11/4; 202: 11/4; 203: 11/4; 204: 11/4; 205: 11/4; 206: 11/4; 207: 11/4; 208: 11/4; 209: 11/4; 210: 11/4; 211: 11/4; 212: 11/4; 213: 11/4; 214: 11/4; 215: 11/4; 216: 11/4; 217: 11/4; 218: 11/4; 219: 11/4; 220: 11/4; 221: 11/4; 222: 11/4; 223: 11/4; 224: 11/4; 225: 11/4; 226: 11/4; 227: 11/4; 228: 11/4; 229: 11/4; 230: 11/4; 231: 11/4; 232: 11/4; 233: 11/4; 234: 11/4; 235: 11/4; 236: 11/4; 237: 11/4; 238: 11/4; 239: 11/4; 240: 11/4; 241: 11/4; 242: 11/4; 243: 11/4; 244: 11/4; 245: 11/4; 246: 11/4; 247: 11/4; 248: 11/4; 249: 11/4; 250: 11/4; 251: 11/4; 252: 11/4; 253: 11/4; 254: 11/4; 255: 11/4; 256: 11/4; 257: 11/4; 258: 11/4; 259: 11/4; 260: 11/4; 261: 11/4; 262: 11/4; 263: 11/4; 264: 11/4; 265: 11/4; 266: 11/4; 267: 11/4; 268: 11/4; 269: 11/4; 270: 11/4; 271: 11/4; 272: 11/4; 273: 11/4; 274: 11/4; 275: 11/4; 276: 11/4; 277: 11/4; 278: 11/4; 279: 11/4; 280: 11/4; 281: 11/4; 282: 11/4; 283: 11/4; 284: 11/4; 285: 11/4; 286: 11/4; 287: 11/4; 288: 11/4; 289: 11/4; 290: 11/4; 291: 11/4; 292: 11/4; 293: 11/4; 294: 11/4; 295: 11/4; 296: 11/4; 297: 11/4; 298: 11/4; 299: 11/4; 300: 11/4; 301: 11/4; 302: 11/4; 303: 11/4; 304: 11/4; 305: 11/4; 306: 11/4; 307: 11/4; 308: 11/4; 309: 11/4; 310: 11/4; 311: 11/4; 312: 11/4; 313: 11/4; 314: 11/4; 315: 11/4; 316: 11/4; 317: 11/4; 318: 11/4; 319: 11/4; 320: 11/4; 321: 11/4; 322: 11/4; 323: 11/4; 324: 11/4; 325: 11/4; 326: 11/4; 327: 11/4; 328: 11/4; 329: 11/4; 330: 11/4; 331: 11/4; 332: 11/4; 333: 11/4; 334: 11/4; 335: 11/4; 336: 11/4; 337: 11/4; 338: 11/4; 339: 11/4; 340: 11/4; 341: 11/4; 342: 11/4; 343: 11/4; 344: 11/4; 345: 11/4; 346: 11/4;

FREE 8-PAGE
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Cost of living

Bank hol
SPECIAL

Budget buys and gardening guide

Page 3

12 fun and FREE activities for kids

Pages 4 & 5

5 great half-price buys for half-term

Page 5

4 meals for a family of 4 for £20

Pages 6 & 7



By JANE HAMILTON

IT'S a double whammy for families with a bank holiday leading into the half-term break. As the home of savvy saving, we know exactly how to get the full quota of fun for half the price.

We've got easy meals at bargain prices and great booze buys for money-saving mums and dads.

And check out our low-cost boredom busters for kids on Pages 4&5, from making music playlists to going exploring for geocaches.

Turn the page to get started!

TIPS AND TRICKS TO MAKE YOUR MONEY GO FURTHER

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Boom. Cheapest Basket again



Super Grocer 33
Cheapest Basket April 2024

5

BRILL BOOZE DEALS

SIP sip hooray! It's the Bank Holiday weekend. Raise a good-value glass with these tasty tips.

NAMED
GHI's best supermarket retailer, Lidl has some great value wines, including its highly-rated Chianti Riserva, £6.49.



FOR a popular wine at a purse-pleasing price, Asda has reduced McQuigan Black Label Chardonnay from £7 to £6.



WITH an expanded wine selection, Morrisons has some good value rosés, including Nectar & Nurture IGP Méditerranée, down from £7 to £6.50.



FOR an award-winning wine for under £7, Lidl's New Zealand Sauvignon Blanc, £6.99, won a silver medal in the International Wine and Spirit Competition.



IT'S a beer and barbecue kind of weekend, so head to Sainsbury's for two packs of Corona Extra Premium Lager, 12 x 330ml, for £22. They're £15 each, saving £8.



By **VERONICA LORRAINE** Gardening editor

WELCOME to spring bank holiday - one of the best times in the gardening year.

For a short period, your outside space is a haven of hope, of promise, of short-lived dreams that this will finally be the year where everything grows right for a change.

Gone are the risks of late frosts, your mowing routine is hopefully well under way and your garden sofa cushions are firmly out from wherever you've been hiding them since October.

The barbecue's been dusted off, you've got lots of seedlings bursting through – and there's almost certainly one or ten you forgot to label, adding a joyful element of surprise later in the year.

Your perennials are appearing and the first flashes of bright summer colours are glinting in the morning sun.

If you're really organised, your tomato plants will be ready to go in the ground or pots – or maybe they're already in.

Get ready to feel really good about growing your own – before wondering what on Earth you're going to do with 43 courgettes and 18 aubergines when your children refuse to eat them.

It truly is a wonderful time of year. But don't let it fool you. Whether you grow in pots, on a patio, on windowsills or in borders round a luscious lawn, it's one of the busiest times for a gardener.

First things first. By now the annoying daffodil and tulip waste should be almost gone.

But remember, if it's still green, leave it – it's storing valuable energy from the sunshine and means there's a better chance it will come back next year. So while they may not look pretty by the end, they're saving you from splashing the cash on new bulbs.

Choose perennials

Snip off any seed heads that are still dotted around, but otherwise have patience and trust in nature.

And now the soil has warmed up, the joy of weeding begins again.

Ignore a lot of the nonsense about certain tips boasting of ways to get rid of weeds forever.

The best antidote is to get down on your hands and knees with a handfork and dig them out – including the roots, otherwise they'll just come back.

The days of blasting your soil with frightening chemicals are pretty much over. It's all about loving your garden and everything that comes along with it. Remember, weeds are just plants in the wrong place.

One of the easiest ways of saving money in your outside space is to choose perennials.

They come back year after year, so you don't have to spend on renewing your favourites. Gaura, peonies, clematis, jasmine, honeysuckle, alliums, roses and my favourite, verbena bonariensis, are a great way of creating a cottage garden feel you can rely on to return.

I've actually bought a lot from Lidl in the past, and its perennials are a really decent buy. My passion flower from last year is kindly covering most of my dodgy fence.

If you're going for a more tropical feel, then try fatsias, bananas, ferns and canna lilies – all of which add a lush green to your garden.

And if you're into pots, go for a filler, a spiller (which tumbles over the side) and a thriller (which adds the splash of colour).

Keep an eye out for hanging baskets, making sure you regularly feed and water them as they dry out really quickly.

Finally, and perhaps most importantly, add some lights, sparkle and fun to your outside space.

Items such as mirrors, glitter balls and solar lights have a real impact – and nowadays you really don't have to spend a fortune.

Read my gardening page - in tomorrow's Sun



PUT SPRING IN YOUR STEP ... plant bright daffodils, lush tomatoes and hanging baskets



GET YOUR HANDS DIRTY THIS BANK HOL

Our gardening editor makes those essential jobs simple

A CUT ABOVE ... Veronica gets to work
Picture: OLIVIA WEST

KEEPING your garden looking great does not need to cost the Earth. Check out Veronica's five brilliant buys ...

HOW TO PRUNE YOUR COSTS

I'VE used these Dex Fit gloves for years, working in clients' gardens. You can even swipe your phone screen with them on. Get a pack of three for £14.49 on Amazon.



PEONIES are the under-appreciated stars of the garden. And at £8.99, this pot from Lidl is great value.



THIS £10 mirror from B&M adds depth, reflection and light to any garden. It's weather-proof, too.

THE blue of these Homebase pots really pops in the garden and reminds me of being on holiday. Snap one up for just £5.



THERE'S nothing more satisfying than a good old prune – and these Lidl loppers are only £4.99.

5 CREATIVE IDEAS FOR RAINY DAYS

WITH some rainy days forecast for the half-term holiday, it pays to be prepared.

Make your own "Boredom Buster" jar by cutting out the ideas below and popping them into a clean jam jar labelled "Wet Weather".

Every time you hear "I'm bored", let your kids pick an activity at random – then top the jar up with extra ideas of your own throughout the week.

Best of all, every activity costs less than £5 – so let's get started.

HOLD YOUR OWN BAKE OFF:

Everyone loves a home-made cake, so get creative in the kitchen and hold a cake-making – and tasting – competition.

Try: Belbake plain flour, 1.5kg for 79p, and Belbake sprinkles, 99p for 85g, both at Lidl.



DEN BUILDING: Fun and free, this is a great way to spend rainy days. Make your cosy indoor den from cushions, sheets and duvets to curl up in.

Cost: Free.



HOLD A MOVIE DAY: Grab some popcorn, snuggle under a duvet and stream your favourite films together.

Try: Sweet & salted popcorn 110g, 99p at Tesco.

ENJOY CLASSIC GAMES: Bring out your old board games and teach the kids how to play them. Not got any? Check out your local charity shops for bargain buys for a couple of quid.

Cost: Free to low.



GET CRAFTING: Keep little hands busy with a craft kit. It will also teach them fine motor skills, too. Add in any spare paper, foil and other items you have lying around to make it even more exciting.

Try: Craft It Kit, was £12.95 now £4.95 at bakerross.co.uk.

SAVE WITH LIDL PLUS

JUST when you thought you couldn't save more on your shopping, there's Lidl Plus.

Lidl's great rewards app is here to make those big savings even bigger, with weekly coupons and prizes plus loads more.

Simply scan the QR code printed here to download it to your phone.



1. Macro explore

PICK a place you know very well – a local wood or park, for example – and imagine you've never been there before.

Actively look for ten new details you have never noticed. Maybe it's a tiny forget-me-not poking up through the grass. Perhaps a bird's nest, snail or a colourful piece of bark. Observe the world above your head and at your feet. The idea is to appreciate all the tiny details you don't normally take the time to look for.



2. Interview an older relative

DO you have an older relative or friend full of stories about their youth? If so, ask if you can interview them.

Quiz them about their childhood – what it was like, where they visited, who they spent time with and their earliest memories.

This can be a fascinating and intimate experience for both of you. The interviewee enjoys reminiscing about their childhood, and you learn how different it was from today.

You can also type it up and share with relatives for a family archive.

It is a great way to record these memories and events.



3. Make a feel-good playlist

CREATE a playlist of your favourite uplifting tracks to listen to during a walk or hike – or just for dancing around the kitchen and singing in the shower (nobody's judging you!).

You could pick fairly up-tempo tunes that will help you keep a good walking pace while raising your spirits.



4. Try geocaching

THIS activity is treasure-hunting for the digital generation.

Using a smartphone or GPS-enabled device, participants search for a geocache – a small waterproof box hidden in a specific location – which they are guided to by co-ordinates on an app.

Inside, you will find a mini logbook where you can add your name and the date. Plus, there's often a surprise, such as a trinket, left behind by the last person to find it. If you take the treasure, be sure to leave another in its place. With 3million caches in 191 countries, you can do it almost anywhere (geocaching.com).



FILLING half-term days with fun-packed activities does not have to cost a fortune – or anything at all, in fact.

You just need a little imagination.

The book *No-Spend Days*, by Miranda Moore, is full of tips and ideas to help you enjoy life for free.

Miranda, who is trained in forest schooling and bushcraft, said: "A rich life full of experiences needn't cost the Earth –

By NATASHA HARDING

and tightening the purse strings doesn't have to come at a cost to personal fulfilment. We simply need to become more creative with our time and find new ways to remain active, engaged and joyful." Here, in an exclusive extract, we reveal 12 ideas from the book.

● *No-Spend Days*, by Miranda Moore, is out now (Summersdale, £8.99).



No-spend are no e

5. Painting stones

GETTING arty with pebbles and stones is a simple way to while away a few hours.

You can use a paintbrush or glitter marker pen, and go for an image or pattern.

A simple "mandala" pattern can look great. Start with a large dot in the middle, then create a circle of dots of a different colour around it. Continue with different colours and different sized dots, and you'll be surprised at how good it looks.

Choose stones with a smooth surface and clean off any dirt first.



6. Beach litter pick

COMBINING a day on the beach with making the world a better place – what could be more satisfying?

If you have children, going on a beach litter-pick is a great way to get them thinking about looking after our natural world and feeling good about themselves at the same time.

Together, you are taking care of the environment for future generations while also enjoying a day outdoors at the same time. Fantastic!

Remember to bring a bin bag and gloves for everyone participating.



KEEP KIDS ENTERTAINED, RAIN OR SHINE **Sun**



12
fab free
ideas for
half-term

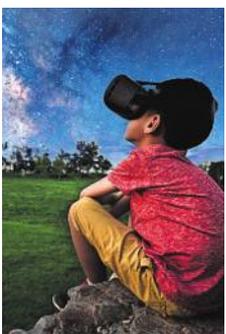
end days
nd of fun

7. Stargazing

WHETHER it's the Big Dipper (also known as the Plough) or Ursa Major (Great Bear) that dominates your night sky, a spot of stargazing can be a humbling and mind-blowing way to connect with the cosmos and, no doubt, inspire a profound thought or two.

There's something timeless about staring out into the depths of space that is both magnifying and minimising.

Many local observatories do not charge an entry fee, so you can try one of those, too



8. Draw what you saw

SKETCH or doodle something from your day out to remind you of the carefree enjoyment you had – and to extend the fun time.

If you aren't a fan of drawing, you can use symbols, squiggles, words or anything you like. Refer back to this any time you need a quick pick-me-up to make you smile.



12. Pond-dipping

FOR this simple and fun activity, you'll need a net and a bucket or jar. You could bring a magnifying glass if you have one, or even just a spoon to pick up and view tiny creatures up close.

You're likely to find all sorts of shrimps, beetles, frogs, dragonflies and various fish and birds in and around rivers and ponds, often hiding under the rocks and in crevices.

If you bring an identification chart, you'll be able to recognise all the different little critters hiding in the shallows.



11. Create a mood board

CUT a sheet of card into a rectangle (or whatever shape you like) and transform it into a mood board.

Gather all the items you'd like to include – photos, magazine cuttings, drawings, words, pieces of fabric, items from nature and anything else you like – and arrange them before gluing them on to your board.

You could pick a theme, such as family, friends, an interest or a particular holiday, era or year.

Or maybe just a loose concept you'd like to explore. Display it on your wall, or gift to a friend if it matches their interests, too.



10. Garden bird count

SPEND an hour in your garden, if you have one, or in a nearby park or wood. Note down any birds you see, keeping a tally of the different species.

If you need help identifying them, print off a page detailing common species or download a bird ID app.

Listen out for different bird calls, too.



9. Write a song

DOWNLOAD a songwriting app such as GarageBand or Reaper and you'll be amazed at how quickly you can put together the foundations of a decent-sounding track.

Pick a tempo and key, add a drum beat – you can choose from many different styles and sequences – and add instruments as you choose.

"Auto loops" mean you can repeat sections, and there are digital notes, keyboards and fretboards on some versions so you don't need your own instruments.

You can also add vocals and download free audio samples.

Experiment with different sounds and rhythms, and change the tempo to see how it changes your track.



HALF-TERM can double your usual spend, with parents typically paying out an average £133.50 to keep the kids entertained, according to a survey by discount site voucherbox.co.uk.

However, it can also be the best time to snap up some savvy buys ahead of the long summer holiday.

Here's our guide on what to buy this week to halve your costs long-term.

Plus we share parent-approved tips on always getting the best possible price.

What to buy at half-term for half-price

WHAT TO BUY: Winter coats. This Champion junior boys hooded padded jacket in black was £41.99, now £19.99, at mandmdirect.com. Grab one now for those cold days ahead.

HOW TO GET IT HALF PRICE: Buying out of season will bag you a bargain. Snap up winter coats now as shops are clearing out old stock.



WHAT TO BUY: School shoes. These Miss Fiori Shelly Em girls' shoes were £19.99, now £9, at sportsdirect.com.

HOW TO GET IT HALF PRICE: The back-to-school rush begins in August, so the best way to beat it is by buying now. Get your child's feet measured in-store first to make sure there is enough growing room for the months ahead.



WHAT TO BUY: Beach goods. July sees the start of the summer holidays, so stock up on your sunshine essentials such as beach towels and sun shelters now.

This Rocktrail beach shelter with built-in door is just £12.99 at Lidl.

HOW TO GET IT HALF PRICE: Try the Middle of Lidl for great "buy it now" summer bargains.



WHAT TO BUY: Small kitchen appliances. Snap up this Russell Hobbs 40-litre rapid digital air fryer, was £94.99, now £52.99 at Amazon.

HOW TO GET IT HALF PRICE: The spring bank holiday is the cheapest time of the year to buy kettles, toasters and other small appliances, according to deals sites myvoucher codes.co.uk.

Use voucher codes and free delivery deals for even more money off.



WHAT TO BUY: Tech. This Asus 11.6in CX1 Chromebook laptop was £229, now £159, at ao.com.

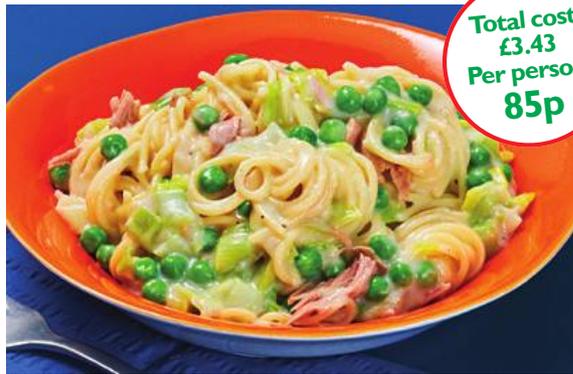
HOW TO GET IT HALF PRICE: As students finish their exams, the market is flooded with second-hand laptops, which pushes prices down. Either snap up a bargain pre-loved computer or haggle hard on an older model. The latest models will still have higher price tags as students trade up to those.



MORE CHEAP MEAL IDEAS

FILL up your family with these other cheap and easy meal ideas for under £1 a portion:

- Jacket potato with beans and cheese.
- A simple risotto with rice, bacon, peas, broccoli and soft cheese.
- Easy Bolognese, using minced beef bulked out with chopped carrot and a tin of beans.
- Chicken drumsticks marinated in barbecue sauce, then cooked in the air fryer.
- Creamy pasta with a tin of salmon, frozen peas and pack of soft cheese.
- Chicken thighs marinated in equal amounts of soy sauce, sweet chilli sauce and peanut butter, then baked or air fried.
- Vegetable curry with coconut milk, Thai red curry paste, chopped and peeled sweet potatoes, beans and red pepper.



Total cost: £3.43
Per person: 85p

Pea, leek and tuna spaghetti

TASTY, cheap and easy to make, this dish will go down brilliantly with all the family.

(Serves 4)

YOU NEED:

- 350g leeks
- 650ml semi-skimmed milk
- 2 large garlic cloves
- 40g plain flour
- 400g spaghetti
- 300g frozen British garden peas
- 145g tuna in spring water

METHOD: Slice the leeks in half lengthways, keeping them attached at the base, and rinse in cold water to get rid of any grit. Shake dry then

slice the leeks and put them in a medium saucepan with 500ml of the milk and some seasoning.

Crush in the garlic and bring to a simmer.

Cook for about eight minutes partially covered, taking care that the milk doesn't boil over, until the leeks are softened and sweet.

Meanwhile, put the flour in a bowl and gradually whisk in the remaining 150ml of milk to make a smooth paste.

Add the spaghetti to a pan of boiling salted water and cook for six minutes. Stir some of

the hot milk and leeks into the floury paste, then tip it all back into the leek pan.

Bring to a simmer, stirring until thickened, and cook for three to four minutes.

Add the frozen peas to the spaghetti for freshness and cook for a further two to three minutes until the pasta is ready, then drain and return to the pan.

Mix in the creamy leek sauce and flake in the tuna (including the liquid from the tin).

Toss it all together thoroughly, season to taste and serve in warmed bowls.

Four family

IT may be half-term break for kids, but for mums and dads this week is busier than ever.

You can cook up some special family time, however, by making a few easy and affordable meals.

Try these four tasty and healthy recipes for four. They cost just £20 - that's only 55p per meal.

● Recipes from recipes.lidl.co.uk. Cost per serving based on proportion of ingredients used to make the dish. Prices correct at time of going to press.



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£8.99

12 pack



BRILLIANT BUDGET-FRIENDLY RECIPES **Sun**

feeds for £20

Gnocchi with garlic butter greens

Total cost:
£7.32
Per person:
£1.83

GNOCCHI is a real midweek treat, and combined with garlic butter greens, this vibrant and texture-rich recipe will soon become a go-to.

(Serves 4)

YOU NEED:

- 500g asparagus, trimmed
- 250g broccoli
- 1tbsp olive oil
- 500g gnocchi
- 50g butter
- 1tbsp garlic, crushed
- 70g rocket

METHOD: Bring a large pan of water to the boil and cook the asparagus and broccoli for two minutes, then quickly drain and plunge into cold water (this will help them keep their colour).

Place a griddle pan over a medium to high heat.

Pat the vegetables dry, then brush with oil and cook on the hot

griddle for two to three minutes, turning to give them an even char – it may be easier to do this in batches.

Bring another pan of salted water to the boil and cook the gnocchi according to packet instructions.

Drain and set to one side.

Meanwhile, combine the butter and garlic in a large frying pan, heating until the butter bubbles and the garlic is fragrant.

Add the drained gnocchi and fry for a minute or two, until golden, then add the asparagus and broccoli and toss in the butter for a further one to two minutes.

Stir through the rocket leaves, mix and season generously with salt and pepper.

Divide between plates and serve.



Champion chicken noodles

THIS easy chicken stir-fry is super-quick to cook, which makes it a great filling meal to serve up after a day of fun.

(Serves 4)

YOU NEED:

- ½tbsp sunflower oil
- 200g chicken breast fillets, chopped into chunks
- 2 carrots, cut as batons
- 1broccoli head, cut into florets
- 200g mushrooms, quartered

- 1pack oyster and spring onion sauce
- 250g egg noodles fresh (or cooked if dried)
- ½pack coriander, chopped

METHOD: Heat the oil in a large wok and add the chicken. Fry for about five minutes, or until cooked,

then add the carrots and broccoli. Stir in the mushrooms and oyster and spring onion sauce and mix well.

Total cost:
£5.22
Per person:
£1.30

Then add the noodles and toss to coat everything evenly in the sauce.

Cook for about two minutes until the noodles have warmed through, then divide between bowls and garnish with coriander.



Total cost:
£4.45
Per person:
£1.11

On target tortilla pizzas

THIS delicious lower-carb pizza recipe is a great way of using up leftover tortillas, and can be adapted to include your family's fave toppings.

(Serves 4)

YOU NEED:

- 2red peppers
- 2red onions
- 4slices ham
- 4tortilla wraps
- 4tbsp tomato purée
- 4handfuls baby spinach
- 4handfuls mozzarella, grated

METHOD: Preheat the oven to 200C/180C fan/gas mark 6. Begin by preparing the

veg. De-seed the pepper and chop into even lengths. Finely slice the onion and shred the ham into small pieces.

Place the tortilla wraps on a baking sheet and spread the tomato purée evenly across, starting in the middle and working your way out to the edges.

Scatter over the spinach, then the peppers and onions.

Top with the ham and grated cheese.

Bake in the oven for eight to nine minutes, until the tortilla becomes crispy and golden.



£1.29

99p



£9.99

£7.99

10 pack



99p

79p



£6.49

£5.49



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